



Mountain Views News

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Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, JULY 9, 2016

VOLUME 10 NO. 28

SIERRA MADRE - A TRUE ALL AMERICAN CITY CELEBRATES JULY 4TH



Above, Mayor Gene Goss and Sierra Madre's First Family. Above left, the beginning of the 2017 Sierra Madre Rose Float entry complete with Princesses. Photos by Bill Coburn



LA County Supervisor Michael Antonovich, Sierra Madre Citizens of the Year, Clem and Nine Bartolai and U.S. Congresswoman Judy Chu were among the dignitaries that participated in the parade. (Photos by Dean Lee/MVNews)

COUNCIL TO DISCUSS VACANT PROPERTY MAINTENANCE STANDARDS

On Tuesday, July 12th, the Sierra Madre City Council will address the concerns that have been expressed by residents over vacant houses in the city. In May, several residents on W. Alegria came before the council regarding, as stated in the staff report cited here, "a prevalence of vacant residential properties in the City that have been purchased by investors. The issue is when such properties remain vacant for extensive periods of time as to become unsightly or in such condition of deterioration or disrepair that the property could potentially cause depreciation of property values of surrounding homes."

Based on complaints from residents, staff identified seven known vacant properties in the City and opened code enforcement cases for each. With the exception of four properties pending code enforcement action or pending plan check approval, property owners have been responsive to code enforcement requests to abate overgrown vegetation, accumulation of debris, and to secure the property from vandalism. Staff will continue to monitor and enforce existing and new cases as they arise.

In response to City Council's request, staff is providing this report highlighting the City's code enforcement procedures as stipulated in Title 8 in the Health and Safety Code to inform a discussion regarding the potential establishment of a vacant property registration program.

Vacant Property Registration Program

Vacant property nuisances are not widespread throughout Sierra Madre communities. Out of a total of 3,877 single family homes in the City, only seven have been brought to the attention of staff. These seven properties represent a fraction of one percent of the total housing units in the City.

At the February 18, 2016 meeting, the Planning Commission discussed the option to establish more stringent code provisions requiring vacant property to be registered with the City. The Commission discussed the creation of a registration program as a mechanism to protect

residential neighborhoods and commercial areas from becoming blighted through the lack of adequate maintenance and/or security of vacant properties. The Commission reviewed the model used by the City of Norwalk, California attached herein as Exhibit B.

The Planning Commission discussed the establishment of a new ordinance to require property owners to register a property with the City in the event the property will not be occupied or rented. One option is to require the property owner to notify the city within 90 days of acquiring the property that it will not be occupied. The wait period is to allow adequate time for recordation of the property at the Los Angeles County Registrar Recorder's Office. Staff will also need to establish an appropriate fee to account for the cost to enforce the ordinance. After discussing this matter, the Planning Commission did not take any action to establish a vacant property registration program.

Code Enforcement Procedures

Over the years, the City has taken a reactive approach to code enforcement, primarily due to limited enforcement staffing, only responding to complaints brought to the attention of staff. While this practice is continued, code enforcement activity is significantly increasing, placing an additional burden on staff resources. Code enforcement was staffed with one part-time position, which offered challenges in responding to new cases and follow-up on existing enforcement actions (the recruitment is currently being conducted for a full-time Code Enforcement Officer). Nevertheless, staff is offering a high-level of response time to reported complaints. Compliance by property owners is often not so forthcoming and requires multiple site visits, courtesy notices, and issuance of citations. This information is entered into a detailed code enforcement log for each case which has multiple entries for site visits and courtesy notices issued for non-compliance."

Council will review the matter on July 12th.

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 Tues: Sunny Hi 80s Lows 60s
 Wed: Sunny Hi 80s Lows 60s
 Thur: Sunny Hi 80s Lows 60s
 Fri: Sunny Hi 80s Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
 Tuesday July 12, 2016
 6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

Regular City Council Meeting
 Tuesday, July 12, 2016, 6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Monday, July 18, 2016, 6:30PM
 Community Services Commission Meeting

Wednesday, July 20, 2016, 7:00PM
 Energy, Environment and Natural Resources Commission Meeting

Thursday, July 21, 2016, 7:00PM
 Planning Commission Meeting

Tuesday, July 26, 2016, 6:30PM
 City Council Meeting

Wednesday, July 27, 2016, 7:00PM
 Library Board of Trustees Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



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 Say something.

Inside this week:

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CITY OF SIERRA MADRE Library & Community Services Department

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GREASE	JULY 2
THE NATURAL	JULY 8
TOY STORY 3	JULY 22
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ZOOTOPIA	AUG. 12

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Mountain Views News

Sierra Madre Arcadia Pasadena Altadena Duarte Monrovia

SATURDAY, MAY 14, 2015 VOLUME 1 NO. 32

SIERRA MADRE: 24th Safest Statewide of Cities With Populations of 10,000 or more. Topped ranked San Gabriel Valley City

24. SIERRA MADRE

Sierra Madre was ranked 24th safest city in the state, based on the number of crimes per 1,000 residents. The ranking was based on data from the California Department of Justice, which reported that Sierra Madre had the lowest rate of violent crimes among all cities with populations of 10,000 or more.

BARTOLAI'S NAMED 4TH OF JULY GRAND MARSHALS

Barbara Bartolai was named the 4th of July Grand Marshal for the 2015 celebration. She will be leading the parade on July 4th at 10:00 AM.

SUSPECTS ARRESTED FOR ATTEMPT ROBBERY AND POSSESSION OF STOLEN PROPERTY

Two suspects were arrested for attempted robbery and possession of stolen property. The suspects were identified as [names redacted].

COMMUNITY INPUT SOUGHT TO HELP BALANCE SIERRA MADRE'S BUDGET

The City of Sierra Madre is seeking community input to help balance the city's budget. The input will be used to make decisions about various city services and programs.

TOTAL GENERAL FUND EXPENDITURES

The chart shows the distribution of general fund expenditures across various categories. The largest portion is for Public Safety, followed by Public Works and Community Development.

See our issues online on your 'mobile DEVICE!
 at
<http://issuu.com/mtnviewsnews>



Photos by Dean Lee/Mountain Views News

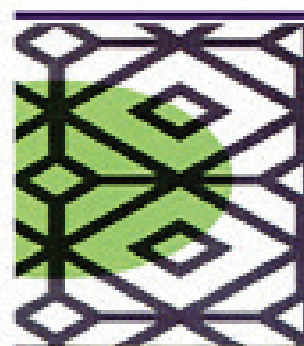


We'd like to hear from you!
What's on YOUR Mind?

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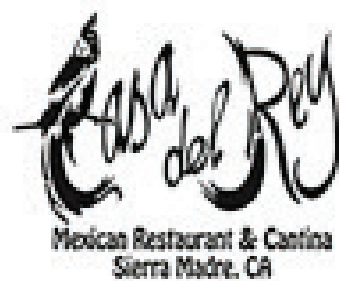


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Pasadena Altadena

News From Your Community For Your Community

Child Killed in Altadena Shooting

Los Angeles County Sheriffs are asking the public's help in catching a suspect who shot two people on the front porch of an Altadena home Tuesday evening —killing a 4-year-old boy and injuring a 27-year-old man. Altadena Station deputies were in the area patrolling when they heard the gunshots.

Investigators said an unidentified man fired at least 13 shots, around 10:30 p.m., as he walked up to the residence and fired at the victims on the porch of a home in the 300 block of Figueroa Drive. The boy, later identified as Salvador Esparza III, was pronounced dead at a nearby hospital. The man, described as a family friend and not related to the child was also taken to the hospital with non-life threatening injuries.

The suspect fled the scene, running south on Olive Avenue before entering a dark colored vehicle that sped away south on Olive Avenue. The shooter was only described as a black male. Authorities said it was also not known how many people were in the car.

Detectives believe the incident stemmed from an argument that occurred earlier that evening, just down the street from the residence on Figueroa Drive. The boyfriend of the child's mother, who has no relation to the child, was involved in an argument with other individuals.

"We don't know if its gang related or something that was personal that went down earlier in the day evening, we are trying to figure that out, said LASD homicide bureau Lt. John Corina.

Corina did say that they know a semiautomatic hand gun was used.

Anyone with more information is asked to call Los Angeles County Sheriffs at (323) 890-5500. Anyone wishing to remain anonymous can call Crime Stoppers at (800) 222-8477 Corina said.

Pet of the Week



Friendly Martin (A400219) is a four-month-old, male, grey kitten. Martin loves being petted; he starts purring the moment you start petting him and keeps purring long after you stop. He also enjoys sitting in laps. After taking a moment to say hello after being picked up, this easy-going kitty is more than happy to nap in your lap. Martin enjoys playing with other cats and would do very well in a household with other felines.

The adoption fee for cats is \$70 (or two for \$85), which includes the spay or neuter surgery, microchip, and vaccinations.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A400219, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

City to Ban Polystyrene Containers

The city council is set Monday night to hear first reading of a new ordinance that will ban citywide the distribution or sale of prepared food or beverages in any polystyrene food service ware.

According to city staff the purpose of the ordinance "is to regulate the use of polystyrene food packaging in order to reduce and prevent the presence of this type of litter in the environment, and promote environmentally sustainable practices in the city."

The ban is part of a Zero Waste policy initiative.

The ban applies to all food providers required to have a business license by Pasadena Municipal Code that distribute or sell prepared food or beverages.



The ban also includes city hall, city sponsored events, activities and city meetings open to the public. This includes city departments, city contractors, agents, and employees acting as officials to the city.

The city council first took up the issue at a May meeting.

Proponents said the ban would stop Styrofoam from turning

up in the Arroyo Seco River, along roads or nature spaces. Opponents said the cost would hurt many small businesses.

If passed the ordinance would take effect in 30 days but not implemented until 12 months following its adoption.

City Parking Permit Applications Backlogged

Residents are advised that the Transportation Department's Parking Division continues to clear a backlog of pending preferential parking permit applications. This year, the Department experienced an increase in the number of parking permit applications which caused a delay in issuing some parking permits. All parking permits should be processed and delivered by July 31.

The Department's preferential permits are normally valid from July 1 to June 30. However, expired 2015-2016 permits will continue to be honored, including 1-day hangtag permits, until the replacement permits are delivered. To date, the Division has processed approximately 13,800 preferential permits and has about 700 applications remaining to process.

For more information, call the Parking Division Office at (626) 744-7665. Additional information is online at cityofpasadena.net/transportation/parking-permits/.

Free Senior Scam Seminar

This free event is focused on awareness and prevention of scams targeting senior citizens, hosted by the offices of Senator Carol Liu, Assembly-member Ed Chau, the City of San Marino and the Contractors State Licensing Board.

Join us and learn how to protect yourself. Seniors, their families, and caregivers are encouraged to attend this free seminar.

Senior Scam Stopper Friday, Aug. 5, from 12p.m. to 2p.m. at the Crowell Public Library - 1890 Huntingon Dr., San Marino.

For more information and/or to RSVP, please contact Senator Liu's office at 818-409-0400 or Assembly-member Chau's office at 323-264-4949.

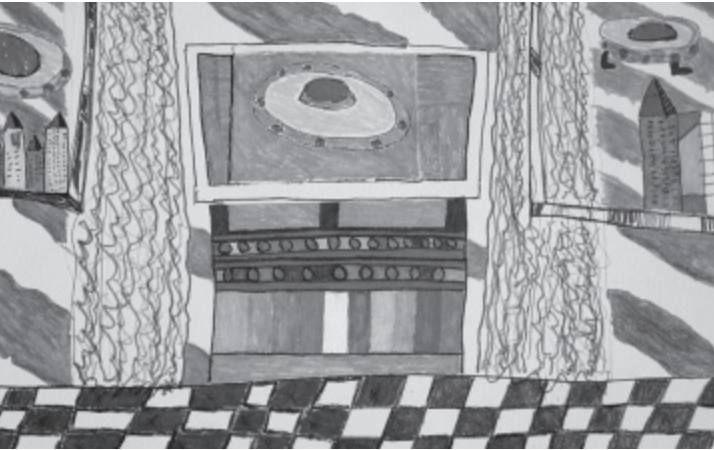
Free Concert: The Walking Phoenixes

The Johnny Cash tribute band will be performing at Farnsworth Park in the amphitheater located 568 E mount Curve ave. at 7:00 pm this Saturday July 9th. Free admission to this concert.

It is more than just a band or a likeness of Johnny Cash. It's an experience.

The Walking Phoenixes give these classic songs a re-birth, a modern and sometimes hot-rod sound created out of their liking and love for Johnny Cash. They don't sound like any particular band. They do have all kinds of influences, but that just brings a very colorful and layered sound to what they do with the Johnny Cash songs. Some songs are sped up, and some are even slowed down. It depends on the content, style, and story of the song. There are different band members, with different perspectives. Each has a very different palette of paint to work from. You add all that together, and you get their sound with the Johnny Cash overtone essence and presence.

'The Future' is now as Art Show Arrives in Pasadena



Travel through time and space as part of a free, fun, futuristic-themed art show as pictures of the future will be displayed by participants in the City's popular Adaptive Recreation Art program starting Saturday, July 16 through September 9, 2016 at Pasadena's Armory Center for the Arts, Community Room, 145 N. Raymond Ave.

A special opening reception will be held 3-5 p.m., Saturday, July 16 at the Armory. Light refreshments will be served. Admission is free and several of the artists will be there with their artwork. Booklets of the exhibit should be available for purchase with a suggested, \$10 minimum, tax-deductible to the Pasadena Recreation and Parks Foundation, prpf.org.

This year's cover is by artist Mark Anderson of San Marino, whose fanciful depiction of space invaders coming to Earth is captured in views on television

as well as from the home's windows. The colorful drawing is entitled, "The Martian Invasion will be Televised"

For the duration of the special exhibit, the Armory Center's Community Room will be open free of charge to the public on Saturdays and Sundays, Noon to 5 p.m. Visit armoryarts.org/thefuture for more information, or call (626) 792-5101.

The City's Human Services and Recreation Department provides the Adaptive Recreation Art program for artists with disabilities who live in the greater Pasadena area. Contact Jackie Scott, Adaptive Recreation Specialist, at (626) 744-7257 or jackiescott@cityofpasadena.net for more information about the weekly art program.

Artist pictured above: Mark Anderson, of San Marino, artwork is "The Martian Invasion will be Televised"

Pasadena Minimum Wage Ordinance Begins

Workers, employers and businesses operating in Pasadena are reminded that the new minimum wage ordinance approved by the City Council began last week. The first phase of the ordinance that took effect July 1 only pertains to companies with 26 or more employees in Pasadena. For them, the minimum wage is now \$10.50 per hour.

Under the City's ordinance, companies with 25 or fewer employees in Pasadena must raise the minimum wage to \$10.50 per hour by July 1, 2017.

Hourly wages will NOT automatically jump to \$15 per hour on July 1 and it is anticipated that most employees in Pasadena will not receive any raise, especially if their hourly rate already is more than \$10.50 per hour. The ordinance is a multi-phase, multi-year approach to elevating the minimum wage to \$15 per hour by 2020.

For businesses with 26 or more employees in Pasadena, the following schedule applies. For companies with 25 or fewer employees, the same schedule is delayed by one year.

Starting July 1, 2016, increases the minimum wage to \$10.50 per hour.

Starting July 1, 2017, increases the minimum wage to \$12 per

hour. Starting July 1, 2018, increases the minimum wage to \$13.25 per hour.

After further City Council Action:

Starting July 1, 2019, increases the minimum wage to \$14.25 per hour.

Starting July 1, 2020, increases the minimum wage to \$15 per hour.

The City has appointed Jon Pollard, Code Compliance Manager for the Planning Department's Code Enforcement Division, to oversee the Minimum Wage Ordinance program, including compliance and outreach. Pollard has served for the past 12.5 years as the City's Code Compliance Manager. He can be reached at jpollard@cityofpasadena.net

For complaints, workers can contact the City via the Citizen Service Center, by phone at (626) 744-7311 or www.cityofpasadena.net/citizen-service-center. Additional information will be available at the consumer kiosk stations at the Jackie Robinson Community Center, 1020 N. Fair Oaks Ave., and the Villa-Parke Community Center, 363 E. Villa St.

For other updated information from the city go online to cityofpasadena.net/MinimumWage.

July Events Roundup at the Pasadena Senior Center

There is something for everyone in June at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

Sample Classes for Summer – Monday and Tuesday, July 11 and 12, from 9 a.m. to noon. As the registration period for summer classes approaches, anyone can sit in on mini versions of more than 20 of the most popular classes from arts and computers to foreign languages and Zumba Gold, meet the instructors and learn more about the courses.

Memories in the Making – Mondays, July 11 to Aug. 15, at 10 a.m. This program developed by the Alzheimer's Association helps people in early-stage dementia preserve distant memories and capture precious moments through art. Memories in the Making focuses on skills people still have rather than teaching new concepts. No previous art experience or artistic skills are necessary. Reservations are required by calling 626-683-6733.

Healthier Living – Tuesdays, July 12 to Aug. 16, from 9:30 to 11:30 a.m. Learn how to live an overall healthy life and feel better about yourself. Explore

common health concerns such as fatigue, frustration, anxiety and depression and learn how to set weekly goals, reduce stress, receive support from others and thrive. Reservations are required by calling 626-685-6755.

Understanding Clutter and Hoarding – Thursday, July 14, at 12:15 p.m. Are you or someone you know overwhelmed by clutter or hoarding? Hoarding disorder is estimated to affect between two and five percent of the population. Explore the symptoms and possible causes of this newly identified disorder; get your questions answered and learn about available resources for anyone who wants to get treatment. A boxed lunch will be served to the first 50 people who RSVP to 626-795-4331.

Health Fair – Friday, July 15, from 9 to 11 a.m. Services include screenings for varicose veins, vascular health, glucose, blood pressure and hearing as well as counseling and health/community resources. Please note the medical safety identification program will not be available this month.

For more information about the Pasadena Senior Center visit pasadenaseniorcenter.org or call (626) 795-4331.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

APPRENTICE CHAD LINDSAY:

A Texan With a Big Dream



By Joan Schmidt

Recently I had the opportunity to sit down with apprentice Chad Lindsay. Again I was surprised. Unlike Billy Antongeorgi, Chance Boulanger, Joe Talamo, Jose Delgadillo, and several others, Chad, like Jose Barnes, has no family ties to horse racing. In fact, Chad didn't get on a horse till he was nineteen! Since he's only twenty-three, that's not that long ago!

Chad was born and raised in Aledo, Texas, not far from Fort Worth. I asked him why he became a jockey, and he said that after seeing a race on TV, it looked like something easy to do. (Of course, there's A LOT more than we realize.) And Chad DOES make it look easy!

Chad began in Lexington, Kentucky at Churchill Downs. Then he went to Tampa Bay Downs in Florida where he was working as an exercise rider for Ian Wilkes. One day, as a late replacement for fellow apprentice, Eduardo Gallardo, Chad had his first win on Invasion Point. First win means being doused with a bucket of ice water, sprayed with a hose, smeared with shaving cream and blanketed by baby powder! But Chad thought it was awesome- the worst part was powder in his eyes- enjoyable, and a lot of fun!

I wondered what brought Chad all the way to Southern California from Florida. He was winning several races- three in one day, and was contacted by Santa Anita trainer Doug O'Neill and Agent Vince De Gregory. Santa Anita, aka The Great Race

Place has so many great trainers like Bob Baffert and many great horses like California Chrome, American Pharoah, Nyquist-just to name a few! So Chad jumped at the chance to come out here!

Days begin early for Chad-4:45 and it's off to the track to exercise horses. If there's no races scheduled, most jockeys go to the gym to workout. They have to eat right and keep their weight down. The days of races, after they have finished the workouts of specific horses, they go to the Jockey Room. There they have lunch, and usually get prepared by looking at the horses and races of the day. Some of the older ones actually catch a nap there, but Chad says he can't sleep there! After the races, most go home, have dinner, relax by reading or watching TV and retire early. Many people see the wins and all the fanfare, but don't realize what a jockey's lifestyle is. They can't be out partying all hours of the night; they work on holidays and sometimes miss their own kids' events because of race commitments.

Recently Chad traveled to Paris for five days to participate in races there. All expenses were paid, and in between, he saw the Eiffel Tower, Notre Dame and Arch of Triumph. That was pretty awesome! But he told me there were no race outriders and no one inside gates to keep the horses still! That was VERY DIFFERENT from here in the states! I hope Chad realizes his dream of winning many races and having a successful career in horse racing.

INCIDENT – RESIDENTIAL ROBBERY

On July 5, 2016, at approximately 10:55 P.M., Arcadia Police responded to a home in the 500 block of West Live Oak Avenue on the report of a possible residential robbery. Two elderly victims were home sleeping when they woke to three suspects in their bedroom. The suspects demanded cash and jewelry. The suspects fled with an undetermined loss. No weapons were seen by the victims. Both victims reported minor injuries as a result of the incident however neither required medical treatment.

Suspect #1 was described as a male, dark complexion, 20-30 years old, 5'-5", thin build,

wearing a hooded sweat shirt. Suspect #2 was described as male, 20-30 years old, wearing dark clothing. Suspect #3 was described as a male, 20-30 years old, wearing dark clothing.

Anyone with information about this incident is encouraged to contact the Arcadia Police Department at 626-574-5151, case #1603602. If you prefer to provide information ANONYMOUSLY, you may call "Crime Stoppers" by dialing 800-222-TIPS (8477), texting the letters TIPLA plus your tip to CRIMES (274637), or using the tip web page at Los Angeles Regional Crime Stoppers.

WHO NEEDS KNEE SURGERY

Arcadia Senior Services in partnership with Methodist Hospital is having an informative health presentation regarding knee replacement. Dr. Gregory Heinen who specializes in orthopedic surgery will be the guest speaker. The event will take place at the Arcadia Community Center, 365 Campus Drive on Tuesday, July 26 at 1:30pm and is free.

Knee replacement surgery is performed when bone and cartilage is damaged. Osteoarthritis is the most common reason for knee replacement operations in the United States. Individuals may consider surgery if they have stiff, painful knees and normal daily activities are difficult to perform. Surgery can also be considered if other treatments are no longer working. Dr. Heinen will talk about partial and total knee replacement, the risks and advantages of surgery. If interested in attending this lecture, please call Arcadia Senior

Service 626.574.5130 to reserve your space. This program is for individual's age fifty and over.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

ARCADIA POLICE BLOTTER

For the period of Sunday, June 26th, through Saturday, July 2nd, the Police Department responded to 1,004 calls for service of which 131 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 26:

1. At about 1:01 a.m., an officer initiated a traffic stop on a vehicle in the area of Live Oak Avenue and Second Avenue for failing to stop at a stop sign. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 28-year-old male from Arcadia was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

2. Just after 11:31 a.m., an officer responded to the parking lot of CM Express, 11621 Clark Street, regarding a stolen vehicle report. An investigation revealed the victim left his truck and trailer with its doors locked, parked in the parking lot. He returned to discover it had been stolen. No suspects were seen and no witnesses were located.

Monday, June 27:

3. Just after 10:27 a.m., officers were dispatched to the 400 block of East Longden Avenue regarding the report of a domestic disturbance. An investigation revealed the suspect choked and punched the victim in his car. When a witness attempted to help the victim, the suspect picked up a rock and threatened the witness. The 29-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

4. At approximately 11:40 a.m., officers were dispatched to Pizza Hut, 121 East Foothill Boulevard, regarding a robbery. An investigation revealed the suspect entered the location holding a knife. He demanded money from the cash register. The cashier, fearing her life, gave the money to the suspect. The suspect fled the scene in a vehicle westbound on Foothill Boulevard. The investigation is ongoing.

The suspect is described as a male black, 18 to 20-years-old, with a medium build. The suspect vehicle is described as an older model silver sedan.

Tuesday June 28:

5. At about 8:54 a.m., an officer was dispatched to Denny's, 7 East Huntington Drive, regarding a subject who fled the scene without paying for his meal. Upon contacting the subject, the officer discovered the subject had an outstanding warrant for his arrest. The 28-year-old male from Compton was arrested and transported to the Arcadia City Jail for booking.

6. At approximately 8:18 p.m., an officer initiated a traffic stop on a vehicle on the 100 block of West Duarte Road for an equipment violation. An investigation revealed the driver was driving with a suspended license. He also had two outstanding warrants for his arrest. The 36-year-old male from Monrovia was arrested and transported to the Arcadia City Jail for booking.

Wednesday, June 29:

7. Around 9:52 a.m., an officer responded to the front counter of the Arcadia Police Department, 250 West Huntington Drive, regarding a theft report. An investigation revealed two suspects stole the victim's gardening equipment from the front of a residence on the 1500 block of Hyland Avenue. The investigation is ongoing.

Both suspects are described as male Hispanics,

approximately 20-years-old.

The suspect vehicle is described as an older model light blue Ford sedan.

8. Just after 11:46 p.m., officers initiated contact with two subjects in the rear parking lot of First Cabin Bar, 46 East Huntington Drive. Upon contacting the 33-year-old male from Arcadia and the 25-year-old male from Covina, officers noticed symptoms of alcohol intoxication and determined the suspects were unable to care for themselves. One suspect was also in possession of cocaine. Both subjects were arrested and transported to the Arcadia City Jail for booking.

Thursday, June 30:

9. At about 12:29 a.m., officers responded to the area of First Avenue and Santa Clara Street regarding an indecent exposure report. An investigation revealed the victim was seated in her parked vehicle when she noticed the suspect standing near her passenger side window. The suspect stared at the victim while he masturbated. The 22-year-old male from Los Angeles was arrested and transported to the Arcadia City Jail for booking.

10. At approximately 12:37 p.m., officers received a license plate reader notification of a stolen vehicle in the area of Huntington Drive and Fifth Avenue. Officers located the vehicle and detained the driver. The 35-year-old female, from Las Vegas, Nevada was arrested and transported to the Arcadia City Jail for booking.

Friday, July 1:

11. At approximately 2:20 a.m., an officer was dispatched to the area of Sixth Avenue and Lemon Avenue regarding the report of a suspicious subject pushing a bicycle. The subject was located riding a bicycle with equipment violations. The officer made contact with the subject and a consensual search of the subject's backpack revealed drug paraphernalia. The 23-year-old male from Monrovia was arrested and transported to the Arcadia City Jail for booking.

12. At about 11:04 p.m., an officer conducted a traffic stop on a motorcycle in the area of El Dorado Street and First Avenue for an equipment violation. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the suspect. Through a series of tests, the officer determined the 39-year-old male from Arcadia was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

Saturday, July 2:

13. At about 1:45 p.m., an officer responded to LA Fitness, 1325 South Baldwin Avenue, regarding a theft report. An investigation revealed the victim secured his belongings inside a locker in the men's locker room with a combination lock. Upon returning to retrieve his things, the victim noticed the lock had been tampered with and his sunglasses had been stolen from his backpack. No suspects were seen and no witnesses were located.

14. Around 11:34 p.m., an officer responded to the Santa Anita Race Track, 285 West Huntington Drive, regarding a theft report. An investigation revealed two suspects stole merchandise from the Stussy booth inside the 626 Night Market. They concealed the stolen items inside bags and on their person. The suspects were detained and the merchandise was recovered. The 20-year-old male and the 19-year-old female, both from West Covina, were cited and released at the scene.



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MONROVIA - DUARTE

Sierra Madre Arcadio Pasadena Altadena Monrovia

GAS COMPANY NOTIFIES THE CITY THAT THEIR
LOCAL MONROVIA BRANCH OFFICE WILL BE
CLOSING AT SOME POINT AFTER SEPTEMBER 1, 2016

Last week, we received notification that the Southern California Gas Company (SoCalGas) plans on shutting down their local Monrovia branch office at 141 South Myrtle Avenue. It appears that SoCalGas was recently authorized by the California Public Utilities Commission (CPUC) to close the branch payment office in Monrovia due to declining transactions and the high costs of services. In addition, SoCalGas reported that the closure was also due to the fact that customers

are increasingly conducting service transactions online or by phone, instead of in-person. Based on reports from SoCalGas, they plan closing their local Monrovia office at some point after September 1, 2016. SoCalGas did commit to providing significant advance warning prior to the closure of the office, and that they would be sure to provide customers with information regarding other ways to make payments and service arrangements.

PHASE IV OF
MONROVIA'S WATER
CONSERVATION PLAN
NOW IN EFFECT

MONROVIA, Calif. – On July 21, 2015, the Monrovia City Council adopted Phase IV of the City's Water Conservation Plan requiring additional water use restrictions. The regulations in Phase IV will take effect immediately due to the severity of California's drought, while the enforcement plan and penalty structure will take effect following a 45-day educational period, ending on September 5th. The City Council's adoption of Phase IV includes the following elements:

- Mandatory 28-percent water conservation for Monrovia as a whole in order to meet the reduction level mandated by the State;
 - Outdoor watering should be limited to about once per week or no more than every fourth day for a maximum of fifteen minutes per watering station or landscaped area before 8 a.m. or after 6 p.m. only; and
 - An enforcement plan that focuses on achieving water conservation primarily through the use of education and outreach.
- The enforcement mechanism included with Phase IV restrictions includes the following six-step Enforcement Plan:
- First violation results in a door hanger containing water conservation information.
 - Second violation results in phone or in-person Staff contact providing conservation information.
 - Third violation results in a formal written notice containing information on the fines that may be issued if additional violations occur.
 - Fourth violation may result in a \$100 fine.
 - Fifth violation may result in a \$200 fine.
 - Sixth or more violations may result in a \$300 fine.
- The City wants to emphasize that the goal is to conserve water and comply with State mandates, not to issue a high number of fines or collect more money from our residents and businesses. Furthermore, the City Manager or his designee can issue variances for customers who have received a violation notice and have extenuating circumstances that require them to conserve less water. Additional water conservation restrictions remain in effect, including:
- No turf irrigation within 48 hours following

- measurable rain or during high winds.
- All water leaks must be fixed within 48 hours of discovery.
- Hoses should be equipped with a nozzle or quick relief shutoff valve.
- No washing hard or paved surfaces with potable water except as is required for sanitary purposes.
- No water shall be used to clean, fill, or maintain levels in decorative fountains, ponds, lakes or other similar aesthetic structures unless such water is part of a recirculating system.
- No person shall permit or cause irrigation water to spray or flow to any impermeable private or public surface, including driveways, sidewalks, streets, or storm drains.
- City Staff will be conducting significant outreach to the community to help raise awareness of the Phase IV mandatory regulations during the educational period, and the new penalty structure will not be enforced until September 5th.

The good news is that Monrovia's are doing more than their part to conserve water in the midst of our current drought. As a community, we have been able to reduce our overall water usage levels by 34.5% in June 2015 when compared with June 2013. As a water customer, the City reduced its water usage by 46% in May 2015 as compared with May 2013. The City is taking additional steps to use water efficiently at City facilities, including:

- Conducting water audits at four parks within the City, namely Highway Esplanade Park, Lucinda Garcia Park, Recreation Park, and Rotary Park; and
 - Drought-tolerant landscape renovations within Julian Fisher Park, along Myrtle Avenue in Old Town Monrovia, at City Hall, and on street medians.
- The Public Services Department will be hosting Water Conservation Outreach booths at the Friday Night Street Fair through September 4th. Feel free to stop by to ask questions, pick up informational materials, and win free giveaways!
- For more information or to read the complete Water Conservation Ordinance, visit www.cityofmonrovia.org.

Tina Cherry
Director, Department of Public Services
(626) 932-5575
tcherry@ci.monrovia.ca.us

BRADBURY LAW ENFORCEMENT SERVICES UPDATE

On June 28, 2016, Police Chief Hunt participated in a special meeting with the Bradbury City Council to address additional questions regarding the possibility of having Monrovia assume oversight for law enforcement services in Bradbury. As you may recall, earlier this year, Bradbury requested that Monrovia provide a proposal for providing police services for their community. Bradbury has been considering alternative ways of providing law enforcement services, which they currently handle through a contract with the Los Angeles County Sheriff's Department. Given their current review process, Bradbury is weighing competing options that have been put forth by the Sheriff's

Department and by Monrovia. Subsequent to the special meeting, staff received additional feedback from Bradbury representatives that Police Chief Hunt's presentation was very well received. However, the Bradbury City Council requested that their staff conduct some additional research to compare the costs associated with the proposals submitted by the Sheriff's Department and Monrovia, and moving forward, it appears that Bradbury will be re-agendizing this matter for review at the next meeting of their city council. We will of course be certain to keep everyone informed as to the status of this matter moving forward.

BOARD APPROVES OCSA PARTNERSHIP

The Duarte Unified School District Board of Education voted 5-0 to enter into an agreement with the Orange County School of the Arts (OCSA) at the June 30, 2016 Board meeting to create the California School of the Arts - San Gabriel Valley. The nationally renowned charter school is committed to provide high-quality visual and performing arts education to the children of the Duarte Unified School District. The agreement includes a comprehensive K-6 curriculum and a 7-8 conservatory program that mirrors the current program at OCSA's 7-12 school in Santa Ana. In a communiqué after the Board decision, OCSA

Founder, President, and Executive Director Dr. Ralph Opacic extended his sincere appreciation to the Board of Education for their support. He went on to say, "Our team is very excited to partner with DUSD. I can assure you that our team will work in collaboration with the entire district to create a meaningful partnership and experience for the students of Duarte and the greater Duarte community." The partnership with OCSA is one of seven strategies that comprise DUSD's new 5 year strategic plan called the Competitive Advantage. It's a great time to be a kid in Duarte. Have a great week!

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 470 service events, resulting in 67 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Violation of Court Order / Possession of Drug Paraphernalia – Suspect Arrested June 27 at 1:12 p.m., an officer stopped a driver for a vehicle code violation in the area of Grand and Foothill. The officer recognized the male and female subject in the vehicle from prior contacts and knew the female had a restraining order against the male. The male subject was arrested for violation of the court order. An inventory search of his property revealed drug paraphernalia, which was added to his charges.

Warrant – Suspect Arrested June 27 at 4:06 p.m., an officer on patrol in the area of Chestnut and Magnolia ran a computer check on a vehicle, which revealed a warrant for the registered owner, a male adult. The officer stopped the vehicle and arrested the driver for the warrant.

Vehicle Burglary June 27 at 5:15 p.m., a vehicle burglary was reported in the 800 block of Alta Street. The victim locked his vehicle, and sometime during the early morning hours, someone broke into his vehicle by unknown means and stole several small items. The investigation is continuing.

Possession of a Controlled Substance – Suspect Arrested June 27 at 6:42 p.m., officers responded to the area of Mayflower and Huntington regarding a male and female having a dispute in a vehicle. The caller was following the vehicle and reported that the female attempted to jump out of the vehicle, but the male pulled her back inside. Officers arrived and stopped the vehicle in the 100 block of E. Lime. The female claimed they were having a verbal dispute. A search of the vehicle revealed controlled substances. The male driver was taken into custody for drug possession.

Possession of a Controlled Substance – Suspect Arrested June 28 at 1:46 a.m., an officer stopped a vehicle for a traffic violation. The female driver did not have any means of identification, and both driver and passenger denied ownership of a backpack that was between the passenger's feet. Further investigation revealed methamphetamine in the backpack. The female driver was taken into custody for no means of identification and the passenger was arrested for possession of the methamphetamine.

Warrant – Suspect Arrested June 28 at 6:00 a.m., officers responded to the 300 block of Norumbega regarding the report of a suspicious male adult loitering near a property. Officers responded and contacted the male suspect, who was found to have a no-bail, parole warrant for his arrest. The suspect was arrested for the warrant.

Vehicle Vandalisms June 28 at 7:36 a.m., officers were dispatched to the report of two separate vehicle vandalism incidents. One incident occurred in the 400 block of N. Encinitas and the other in the 1600 block of Venice. Unknown suspect(s) punched holes in the tires of the two vehicles sometime during the night. The investigation is continuing.

Under the Influence of a Controlled Substance – Suspect Arrested June 28 at 10:15 a.m., officers responded to the 600 block of S. Shamrock on the report of a subject crawling on the ground acting bizarre. Officers contacted the male adult and determined he was under the influence of drugs. He was arrested and taken into custody.

Vehicle Burglary June 28 at 3:37 p.m., a vehicle burglary was reported in the 100 block of N. Grand. The victim stated he parked and locked his work van across the street from his house. In the morning the victim discovered tools missing out of the back of the van. The investigation is continuing.

Possession of Drug Paraphernalia – Suspect Arrested June 29 at 4:08 a.m., officers were on patrol in the area of Myrtle and Duarte when they saw a male subject jump off his bicycle and run into a fast food restaurant, where he attempted to hide a methamphetamine pipe. The suspect was arrested for possession of the pipe and released on a citation to appear in court.

Warrant – Suspect Arrested June 30 at 5:30 p.m., officers were dispatched to a business in the 500 block of W. Huntington regarding a suspicious person inside the store who employees believed was attempting to shoplift merchandise. Officers located the suspect and a computer check revealed an outstanding warrant for her arrest. She was arrested for the warrant and held pending her court appearance. The shoplifting incident could not be substantiated.

Possession of Drug Paraphernalia / Warrant – Suspect Arrested June 30 at 10:52 p.m., an officer was on patrol in the 600 block of S. Shamrock when he noticed a group of male adults in a park who appeared nervous and suspicious. He contacted the subjects and a computer check of one of the males revealed he had a warrant for his arrest. During a search of his bags, a methamphetamine pipe was discovered. The male was arrested and taken into custody.

Public Intoxication – Suspect Arrested July 1 at 2:42 a.m., an officer was on patrol in the area of Myrtle and Pomona when he saw an adult male and female standing in the middle of the street in traffic, arguing with each other. The female was upset because her boyfriend was too intoxicated to care for himself. The officer conducted field sobriety tests and arrested the male for being drunk in public.

Vehicle Burglary July 1 at 7:40 a.m., a vehicle burglary was reported in the 700 block of W. Colorado. The victim parked and locked his work truck in front of his home and went in for the evening. When the victim returned to his vehicle in the morning, he found his door lock punched and tools stolen from his truck. The investigation is continuing.

Possession of Drug Paraphernalia – Suspect Arrested July 1 at 4:30 p.m., officers were dispatched to the 900 block of S. Mayflower. A resident called to report his son and the son's girlfriend were smoking drugs in the bathroom of his home. Officers arrived and contacted the male and female. The investigation revealed the female had drug paraphernalia in her possession. She was arrested and taken into custody.

Driving Under the Influence / Non-Injury Traffic Collision – Suspect Arrested July 2 at 3:12 a.m., an officer was on patrol in the 800 block of W. Duarte when a vehicle traveling at a high rate of speed with no headlights passed him. The officer attempted to catch up to the vehicle to stop it, however, he saw the vehicle crash into a light pole at Duarte Road and First Avenue in Arcadia. The male driver and female passenger were not injured. Arcadia police officers responded to investigate the collision, while Monrovia police officers conducted field sobriety tests on the driver. It was determined that the driver was too intoxicated to operate a motor vehicle safely and he was arrested for DUI.

Vandalism – Suspect Arrested July 2 at 8:44 a.m., officers were dispatched to the 1600 block of Venice regarding a vandalism incident. The victim called to report their tires had been slashed. Further investigation revealed additional victims and one suspect was identified. The suspect was later arrested for the vandalism. He admitted to committing additional vandalisms in the area. The investigation is continuing.

Welfare Check July 2 at 10:49 a.m., officers responded to the 900 block of Orange regarding a welfare check. The caller had not heard from his 80-year-old brother in a week. When officers arrived at the location, they were able to see a male subject on the floor inside the house. Officers forced entry into the residence and discovered the victim was alive, but disoriented. It appeared the victim had suffered a medical emergency and had been down on the floor for several days. The subject was taken to a hospital for treatment.

Hit and Run Traffic Collision July 2 at 1:32 p.m., officers were dispatched to the area of California and Lime regarding a hit and run traffic collision. The driver struck a parked vehicle and fled the scene. The area was checked, but the suspect was not located. The investigation is continuing.

Hit and Run Traffic Collision July 2 at 5:20 p.m., an officer responded to a hit and run traffic collision that occurred in the 500 block of W. Huntington. The driver of the suspect vehicle struck a parked vehicle in a shopping center parking lot and fled the scene. The investigation is continuing.

Under the Influence of a Controlled Substance / Possession of Drug Paraphernalia – Suspect Arrested July 2 at 9:14 p.m., an officer was on patrol in the area of Huntington and Magnolia when he observed a female subject walk across the street against a red light. The subject was detained and determined to be under the influence of narcotics. While the officer was talking with the female, she dropped a methamphetamine pipe on the ground. She was arrested and taken into custody.

Under the Influence of a Controlled Substance – Suspect Arrested July 3 at 12:56 a.m., officers were dispatched to the 400 block of Hurstview regarding a male subject that was standing in an alley screaming. Officers arrived and detained the subject. He was determined to be under the influence of narcotics and was arrested and taken into custody.

Weapon Offense – Suspect Arrested July 4 at 10:46 p.m., officers were on patrol in the area of Lime and California when they saw three male subjects walking south on California. One of the subjects was attempting to conceal something under his clothing near his waistband. As the male adjusted his clothing, the officer could see a hard unknown object under his shirt. The officer asked the subject what he had concealed, but the subject did not respond and continued to walk towards them. Fearing the subject had a weapon, the officer drew his duty weapon and ordered the subject to stop. The subject put his arms in the air and said he had a knife. The subject was found to have a 14-inch knife concealed under his clothing. The suspect was taken into custody for felony possession of a weapon.

Burglary – Suspects Arrested July 5 at 1:41 a.m., officers were dispatched to a storage facility in the 2100 block of S. Myrtle regarding a burglary in progress. The caller reported hearing what sounded like someone drilling and breaking into the storage units. When the officers arrived, they discovered one of the suspects sitting in a parked vehicle and another was located hiding on the property. The suspect was wearing gloves and was in possession of a drill and additional burglary tools. Further investigation revealed the suspect inside the property was using a drill and burglary tools to open storage shed locks. The suspects had cut the vehicle gate lock to enter the property. They were arrested and taken into custody.

Driving Under the Influence of Alcohol – Suspect Arrested July 6 at 12:09 a.m., an officer was on patrol in the 400 block of W. Hillcrest when he noticed a red Toyota traveling west on Colorado approaching Fifth Avenue. The Toyota was following too close behind the vehicle in front of it, weaving back and forth. The officer followed and stopped the driver of the Toyota. He approached the female, adult driver and, after further investigation, he determined she was intoxicated. The driver was arrested for DUI.

Domestic Violence – Suspect Arrested July 7 at 12:38 a.m., officers were dispatched to a nearby hospital regarding a domestic violence incident that occurred in the 1000 block of Winding Oak Lane. A male and female adult who are in a dating relationship were at the male subject's home when they began to argue. The male picked up a broken glass bottle and threw it at the female. The bottle struck the female, causing a cut. The female went to a nearby hospital to have her injury treated and the hospital called the police. After further investigation, the male suspect was located and arrested for domestic violence.

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www.1450Rutherford.com



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LA SALLE RETIRES NUMBER 11

Pasadena, CA – Bowdien “Bubba” Derby, who is a 2012 graduate of La Salle High School in Pasadena, had his baseball jersey and number retired during a ceremony at the baseball diamond at Arcadia County Park, the Lancers’ home field.

Derby’s high school career began by being called up to varsity as a freshman then helping win La Salle’s first ever Del Rey League championship. He then capped his career by pitching three outstanding playoff games in the tough CIF Division III bracket including two no hitters against Bishop Montgomery and St. Paul, two great hitting teams.

His stellar baseball career continued at San Diego State after Derby was personally recruited to pitch for the Aztecs by the late baseball great and head coach Tony Gwinn.

Derby started his Aztec career by striking out college great Kris Bryant (now with the Chicago Cubs) with the bases loaded, and then ended his collegiate career going head-to-head with Dillon Tate (first round draft pick for The Texas Rangers) in the first game of the NCAA Baseball Regionals. The Aztecs won three conference championships in a row riding on Derby’s arm.

In June 2015, Bubba was drafted in the 6th round of the MLB Draft to play professionally for the Oakland Athletics. Darby was recently traded to the Milwaukee Brewers.

Former Lancer Baseball Head Coach, Harry Agajanian, said, “Bubba, you have brought attention and class to La Salle and to



Lancer Baseball. I can speak for the entire baseball program and the athletic department when I say that it has been a joy and a privilege to watch you perform and mature through your high school years and beyond. To commemorate your accomplishments as a student of the game, your jersey and number 11 will be retired and displayed on our outfield fence knowing that you will forever be regarded as a great Lancer.”

ALVERNO HIGH SCHOOL WELCOMES NEW DIRECTOR OF COLLEGE GUIDANCE

Alverno is pleased to announce the hire of Megan Hoover as the New Director of College Guidance

Alverno High School is pleased to announce the hire of Megan Hoover, M.Ed. as its new Director of College Guidance. Megan will fill the vacancy created by the retirement of Alverno’s former Director of College Guidance, Eileen Garabedian, who retired in June after 29 years at Alverno.

“We are very excited to announce the hire of Megan Hoover as the new Director of College Guidance at Alverno High School,” said Julia V. Fanara, Head of School. “Megan brings with her a diverse background in college counseling, which includes experience with both domestic and international students in an all-girls setting. In addition to working with other independent schools across the country, Megan brings extensive knowledge of east and west colleges, as well as others throughout the United States. She believes in the value of taking college tours and works with students to create individual college plans aligned with their goals and interests. Megan’s broad experience with 21st century technology and collegiate opportunities make her a great fit for our campus and we look forward to the new insight and perspective she will bring to our community.”

Megan originally hails from Bethesda, Maryland. As a graduate of Georgetown Visitation in Washington, D.C., she has first-hand knowledge and great respect for the benefits of educating young women in an all-girls school setting. She is thrilled to be able to take on her new role as Director of College Guidance at Alverno High School. Megan has a bachelor’s degree in Human Services from Elon University and master of education degree from The Catholic University of America in School Counseling.

Most recently, Megan served as the Director of College Counseling at Oldfields School, an all-girls private boarding school in Glencoe, Maryland. Prior to that, she worked as the Assistant Director of College Counseling at Sandy Spring Friends School in Sandy Springs, Maryland.

When not working, Megan enjoys spending time with family



and friends. On weekends, she enjoys swimming, hiking, kayaking, and attending sporting events of all kinds. Megan will arrive at Alverno High School after a week-long trip exploring college campuses and BBQ establishments as she drives across the country from her family vacation home in Virginia Beach, VA. She will be writing a blog about her visits and experiences that she looks forward to sharing with the Alverno community upon her arrival in the fall.

“I look forward to becoming a member of the Alverno High School community in my new role as the Director of College Guidance,” remarks Megan. “I am especially looking forward to the opportunity to get to know all of the unique young women that make up the Alverno community. After interviewing for the position and learning more about Alverno, I am confident that my experience and Alverno’s commitment to academic excellence and individual experiences will work together to continue to produce exceptional young women.”

About Alverno High School

Alverno High School is an independent, progressive, Catholic, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno’s program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno’s mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,200 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

PASADENA UNIFIED ANNOUNCES THE SELECTION OF SIERRA MADRE ELEMENTARY SCHOOL PRINCIPAL

Pasadena, CA – The Pasadena Unified School District (PUSD) is pleased to announce the selection of Lindsay Lewis as Principal of Sierra Madre Elementary School. “We are fortunate to have strong leaders who are experienced and can transition into principal roles, as exemplified by newly appointed Sierra Madre Elementary School Principal Lindsay Lewis,” said Superintendent Brian McDonald. “She brings a strong vision, a proven track record and a collaborative approach to creating opportunities for all children to become authentic learners.”

Ms. Lewis is already an integral part of the Sierra Madre Elementary community, having served as the school’s Curriculum Resource Teacher since 2011. She worked closely with former Principal Esther Salinas, faculty, and the community in transitioning instruction to

the new state learning standards. During her time of service, Sierra Madre was named a California Gold Ribbon School and earned the California Exemplary Arts Education Award in 2016.

“I am so excited to serve and support the Sierra Madre Elementary School community as we embark on this new journey!” said Ms. Lewis. “Together, we will continue to nurture learners as they grow into brilliant, creative, strong and true-hearted leaders within a safe and supportive community. I am proud to carry on that ‘gold ribbon’ spirit alongside this exemplary staff, families and community to continue Sierra Madre School’s legacy of excellence.”

In addition to being a resource teacher, Ms. Lewis has taught every grade level from kindergarten through eighth grades. She began

her educational career in San Diego Unified School District as a first grade teacher. Ms. Lewis also taught in Lemon Grove, Poway, and El Cajon Unified School Districts before joining the Pasadena Unified School District in 2001.

A product of Pasadena Unified Schools, Ms. Lewis attended Burbank Elementary School and graduated from John Muir High School.

She received a Bachelor of Arts degree with a double major in Psychology and Teacher Education from the University of California, San Diego; a teaching credential from San Diego State University; a Master of Arts degree in Counseling Psychology from National University; and holds an administrative preliminary credential.

Ms. Lewis was selected after a competitive process that included

input provided by Sierra Madre Elementary stakeholders, students, employees, and parents that informed the development of the new principal profile.

Ms. Lewis’ appointment was effective July 1, 2016. Former principal Dr. Esther C. Salinas has been selected as the district Ombuds Officer.

Stay connected to the Pasadena Unified School District! Visit us online at www.pusd.us; follow us on Twitter @PasadenaUnified, www.twitter.com/PasadenaUnified; like us on Facebook at www.facebook.com/PasadenaUnifiedSchoolDistrict; subscribe to PUSD Today! at gopusd.com/today; subscribe to our YouTube channel at www.youtube.com/klrnpasadena. Or call the Communications Office, 8 a.m. to 5 p.m., Monday through Friday at (626) 396-3606.

LOCAL RESIDENT GRADUATES FROM VIRGINIA MILITARY INSTITUTE

LEXINGTON, Va., July 7, 2016 - more than 300 cadets received Bachelor of Arts and Bachelor of Science degrees from Virginia Military Institute during its commencement ceremony May 16. Commencement speaker U.S. Sen. Timothy M. Kaine addressed the Class of 2016 in VMI’s Cameron Hall. Graduating cadets included the following:

Connor W. Chow of Sierra Madre, Calif., received a Bachelor of Arts degree in International Studies with a Military History Minor. Graduating honors include Army Commission. Cadet Chow’s parents are Mr. and Mrs. Vincent C Chow.

Founded in 1839, Virginia Military Institute is the nation’s oldest state-supported military college. Consistently ranked among the top public liberal arts colleges in the nation by both U.S. News and World Report and Money magazine, VMI offers Bachelor of Arts and Bachelor of Science degrees in 14 majors. It is the mission of VMI to prepare honorable and dedicated leaders ready for the challenges of 21st-century citizenship.

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Principal: Dr. William Walner
website: www.bcsions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Interim Head of School, Merrily Dunlap
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O’Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://pchs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

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TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

It's time to give the small retailer some love and affection. Fred and Lewy Fedial have owned Gerlach's Liquor store in Pasadena for many years. I think when I was a student at nearby Blair High School is when they took over. These guys truly know their wines. Recently I talked to owner Fred on how they buy wines for their limited space and how they can compete with the big box boys. Fred told me straight out they can't compete, but where else can you go where the owners have gone to over 200 wine tastings and their knowledge of wines is available on a day to day basis? I asked Fred to give me a stand-out good value wine. I was told that when they do find a wine that they can personally recommend they simply buy more of it so they can pass the savings on to their customers.

Fred suggested one that I wrote about several years ago, Leese Fitch's Cabernet Sauvignon from Sonoma County. A steal at \$11 a bottle, this cabernet sauvignon is a blend of cabernet sauvignon California grapes from the region. I first sampled the Leese-Fitch at the Sonoma Wine Festival, and Fred's recommendation is right on! This cabernet goes great with a goat cheese salad, crusty sourdough bread, or even goat cheese pizza. The blending of this cabernet brings the alcohol content down to a modest 13.5%. Its flavor starts with a hint of blackberry and then somehow bursts into a dark cherry, with notes of vanilla that come from the French and American oak barrels.

Cabernet Sauvignon is one of the world's most widely recognized red [wine grape varieties](#). It is grown in nearly every major [wine-producing country](#) among a diverse spectrum of climates from [Canada's Okanagan Valley](#) to [Lebanon's Beqaa Valley](#) where it found new homes in places like [California's Santa Cruz Mountains](#), [Napa Valley](#), and [Sonoma](#). Its popularity is often attributed to its ease of cultivation—the grapes have thick skins and the vines are hardy and naturally [low-yielding](#), [budding](#) late to avoid frost and other dangers.

Leese-Fitch Cabernet 2014 retails for \$14, and can be found on sale at many fine retailers for \$12. I found this bargain at Gerlach's on Fair Oaks in Pasadena.

Dills Score: 89

Each week I will give you my Dills Score. Starting with a base of 50 points, I have added points for value - 8 points for color, 8 points for aroma or "nose", 8 points for taste, 7 points for finish, and 8 points for my overall impression, which includes my value rating.

Join me this Sunday at 5 PM for Dining w/Dills AM KLAA 830 follow me on twitter kingofcuisine



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Lunch: Salads • kebobs • sandwiches • appetizers

Dinner: Steaks • seafood • pasta • Greek cuisine

48 W. Sierra Madre Blvd., Sierra Madre (626) 355-5993

**INGREDIENTS:**

- 1 cup (6 ounces) uncooked orzo
- 6 ounces green beans, trimmed and cut into 2-inch lengths
- 2/3 cup bottled Italian dressing
- 1 (4-ounce) jar fancy pimientos, drained and diced
- 8 cups torn salad greens
- 4 large ripe plum tomatoes, sliced
- 12 small balls fresh mozzarella
- 1 (6-ounce) jar marinated artichoke hearts, drained
- 8 thin slices baked ham, cut in half lengthwise
- 16 long, thin breadsticks

DIRECTIONS:

Bring a large saucepan of lightly salted water to a boil. Add the orzo and cook it according to the package directions, or just until tender, about 8 minutes. Add the beans to the water for the last 2 minutes of cooking. Drain out the hot water, rinse the orzo and beans under cold water, and drain again well. Return the cooked ingredients to the pot. Add 1/4 cup of the dressing and the pimientos and toss to mix.

Arrange the salad greens on individual plates. Divide the tomatoes, cheese, and artichoke hearts evenly among the plates and then drizzle each salad with the remaining dressing. Top each salad with a helping of orzo.



First and foremost we want to thank the wonderful City of Sierra Madre and surrounding communities for your support and for welcoming our family into your community.

We look forward to embracing and becoming an integral part of the community.

Thank you again for the warm and sincere welcome.

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THURSDAY

\$12 Burger & Beer

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FRI & SAT

\$10 OFF

(over \$40 menu)

SUNDAY

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1st & 2nd entree only. cannot be combined w/ any other offer, special or promotion. Expires 7/16/16

GREAT GADGETS FOR AGING GOLFERS

Dear Savvy Senior,
Can you recommend any products that can help older golfers? I love to play golf, but at age 74, I have hip and back problems that make bending over to tee up or pick up the ball difficult. And I have arthritis in my thumbs that makes griping the club a problem.

Ailing Eddy

Dear Eddy,
There are actually a wide variety of nifty golf accessories and adaptive equipment that can help older golfers who struggle with injuries, arthritis or loss of mobility. Here are several products for different needs.

Bending Substitutes

The game of golf requires a lot of repetitive bending and stooping that comes with teeing up the ball, repairing divots, marking the ball on the green, retrieving a ball or tee on the ground, along with picking up a club, sand rake or flag stick off the ground.

For teeing up the ball without bending over, consider one of the Northcroft Golf Tee-Up devices. These are long-handled tools (1.5 to 3 feet long) that have trigger-style handgrips and a jaw that holds the ball and tee for easy placement. They cost between \$69 and \$72 and are available at NorthcroftGolf.com. For other tee-up solutions, see the Tee Pal (\$55, TeePalPro.com) and Joe's Original Backtee (\$15, UprightGolf.com).

NorthcroftGolf.com and UprightGolf.com also offer a variety of stoop-proof ball pickup accessories, divot repair and magnetic ball marker products ranging between \$5 and \$12.

Or, if you just want a great all-around golf picker-upper, consider the Graball GrabAll Jaw – sold through Amazon.com for \$10 for a package of two. It attaches to the handle end of your putter and chipper and is designed to pick up golf balls, flagsticks, putters and green side chippers.

Gripping Aids

To help alleviate your golf club gripping problem, there are specially designed golf gloves and grips that can make a big difference.

The best gloves are the Bionic Golf Gloves (BionicGloves.com) that have extra padding in the palm and finger joints to improve grip. And the Power Glove (PowerGlove.com) that has a small strap attached to the glove that loops around the club grip to secure it in your hand. These run between



\$20 and \$30.

Another option is to get oversized grips installed on your clubs. This can make gripping the club easier and more comfortable, and are also very good at absorbing shock. Oversized grips are usually either one-sixteenth-inch or one-eighth-inch larger in diameter than a standard grip, and cost around \$10 per grip. You can find these grips and have them installed at your local golf store or pro shop.

Or, for a grip-and-glove combination fix, consider the Quantum Grip (QuantumGrip.com) that incorporates Velcro material recessed in the golf club grip and a companion golf glove that has mating Velcro material in the palm. Cost: \$20 per grip, plus \$35 per glove.

Vision Helper

If vision problems make finding the ball difficult, Chromax golf balls (ChromaxGolf.com) can make a big difference. These are reflective colored golf balls that make them appear larger and brighter. Cost: \$10.50 for a three-pack.

Ergonomic Carts

There are also ergonomically designed golf carts that can help you transport your golf clubs around the course. If you like to walk, the Sun Mountain Sports Micro-Cart, V1 Sport Cart or Reflex Cart are great options. These are three and four-wheeled, lightweight push carts that that fold into a compact size for easy transport. Available at SunMountain.com for \$200, \$210 and \$230.

Or, for severe mobility loss, the SoloRider specialized electric golf cart (SoloRider.com) provides the ability to play from a seated or standing-but-supported position. Retailing for \$9,450, plus a \$550 shipping fee, this cart is lightweight and precisely balanced so it can be driven on tee boxes and greens without causing any damage. Federal ADA laws require that all publically owned golf courses allow them.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That

BUSTED!

I hope you had a wonderful Fourth of July! In fact, I hope it was so wonderful that you completely forgot that I failed to send in a new story last week and recycled an old one. But this week you're in luck! Not because anything new or exciting happened to me personally (and I'm fine with that!), but because we recently had dinner with my dad's cousin, Phil, a.k.a. "The Most Interesting Man in the World!"

If you read my column often you probably remember Phil from stories such as "Here's Lookin' at You, Kid," "Kinkajou," and "Grease Ball, the Chicken." He is my go-to guy when I need writing ideas or just a good laugh. This latest story is from Phil's childhood growing up in Sierra Madre in the 1930's. Although Phil's over 80, he and his wife, Joyce, are the kind of people who put a lot of younger folks to shame because they are so vibrant, good looking, and sharp. When I'm 80 I want to be like that. Heck, I want to be like that now! But back to the story...

Phil's mom, Muriel (Phil's one of those people who refers to his parents by their first names) gave Phil a few dimes to go to the market (where Howie's was) to buy her a pack of cigarettes. Keep in mind that Phil

was about five at the time. So Phil left for the market and met up with his friend. I forget the friend's name, so we're going to call him "Davey" for now. Phil and Davey went to the market, but even though these were the good old days when kids could get away with more than they can now, they still wouldn't sell a five year-old cigarettes.

This left Phil and Davey with Muriel's money and some time to kill. Davey had the bright idea of buying candy, so that's what they did. Phil described this retro delight as a giant fan-shaped lollipop with jelly animals around the edge. While Phil and Davey sat down to enjoy their treats, Muriel had become worried about Phil and called the police. After about one or two jelly animals, a big cop car pulled up in front of the boys and the officer sternly called out, "Phil!" Davey bolted and left poor Phil clutching his lollipop.

Phil describes the ride home as one of the most frightening experiences of his young life. The patrol car was cavernous on the inside, and as he sat down the immense policeman sifted his massive gun to show Phil who was boss. Needless to say, it was a long time before Phil and Davey used Muriel's cigarette money for candy again!



SENIOR HAPPENINGS



HAPPY BIRTHDAY!July Birthdays

Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Eunice Banis, Betty Hansen, Christine Durfert, Shahrzad Azrani, Jeanne Borge Dahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, Dorothy Jerneycic, and Betty Dos Remedios.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00 - 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be cancelled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, June 16, 10:30 - 11:30am. Improve your memory and strengthen your brain. Activities facilitated by senior volunteers.

Free Legal Consultation: Wednesday, June 15th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Sing-A-Long: Music brings joy to the soul. Come join us Thursday, June 9, 10:30 - 11:30am. No music skills needed! This month: "Silly Folk Songs".

Balance Class: Monday, June 20, 11:00 - 11:45am with Paul Hagen. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

Lunch and Learn - Thursday, June 23 - 12:30 - 1:00pm

Did you know 1 out of 5 people 65 or older is eligible for a SilverSneakers membership! This active adult wellness program is offered through many Medicare plans. Increase your energy and your overall well-being is possible with SilverSneakers. A representative from Healthways SilverSneakers will give a brief presentation about this wonderful benefit and find out if your health plan offers the SilverSneakers Fitness program. If you are interested in having lunch with the Senior Lunch Café before the presentation please call 626-355-0256 to make a reservation.



UPCOMING EXCURSIONS:

LAKE ARROWHEAD QUEEN

Date: Wednesday, July 20
Time: 9:00am - 4:00pm
Meeting Location: Hart Park House
Cost: \$17.00 (Does not include lunch)



Description: Ride in style in the enclosed Lake Arrowhead Queen paddlewheel boat. Experience the beauty and excitement of a narrated tour of Lake Arrowhead aboard the elegant Arrowhead Queen. The splendor and serenity of Lake Arrowhead's lush forest, sparkling water and blue skies glide by, as you sit back and enjoy close-up of exquisite lakefront homes and learn about the fascinating history of the lake. Lunch is on your own around Lake Arrowhead Village. Participants should bring money for lunch and souvenirs. Level of walking: Medium. Please call the Hart Park House 626-355-7394.

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Looking Up

with Bob Eklund



TEENAGERS ON WORK EXPERIENCE AT KEELE UNIVERSITY DISCOVER NEW PLANET

A group of teenagers on work experience at Keele University in Staffordshire, England, may have discovered a new planet.

Twenty four students in years 10, 11 and 12, boys and girls aged 15 to 17, from local schools and colleges came together for the week in the Lennard-Jones building at Keele to work on a research project that aimed to discover exoplanets—planets that orbit other stars—and to characterize eclipsing stellar binary systems.

The highlight of their week at Keele has been the discovery of at least one new strong exoplanetary candidate—a Neptune-sized planet in a 19-day orbit around a Sun-like star. The potential planet orbits a star, much like the Sun, that is about 800 light-years away in the constellation of Virgo. The star was previously an anonymous object, about 100 times fainter than you could see with the naked eye.

The results of their work are feeding into Keele's ongoing research into exoplanetary systems and binary stars, and some of the discoveries will be followed-up immediately by Professor Rob Jeffries [http://www.astro.keele.ac.uk/~rdj], of Keele's Astrophysics group, with spectroscopy at the 2.5-m Isaac Newton Telescope in the Canary Islands.

During this week, Professor Jeffries, Dr. Pierre Maxted and the Astrophysics group at Keele hosted "Project Tootie." A key focus of the project was to search for rare examples of "circumbinary exoplanets"—those planets that orbit around a double star, like the fictional Tootie from the film "Star Wars."

The students carefully examined thousands of light curves: precise measurements of stellar brightness taken every 30 minutes over the course of 75 days by NASA's Kepler satellite observatory. In teams, they characterized the light curves, identified eclipsing binary systems and searched for the elusive transit signals of orbiting exoplanets. They collated their results, produced a final report and delivered a presentation of their work to each other and the Astrophysics group.

Professor Jeffries said, "The project entailed the students rapidly assimilating a great deal of new knowledge about stellar variability and astrophysical measurements. They also had to practice and improve many transferable skills: team building, time management, information retrieval, communication and presentation, computing and problem solving. They also had the opportunity to visit the observatory at Keele University."

YOUR SCHOOL MAY ALSO DISCOVER AN EXOPLANET. School, colleges, and individual citizen scientists everywhere have the opportunity to do their own research with the Kepler Telescope data. To find out more about accessing the Kepler data, go to: <http://keplerscience.arc.nasa.gov/agersonworkexperienceatkeeleuniversitydiscovernewplanet.html> [https://en.wikipedia.org/wiki/Kepler_\(spacecraft\)#/media/File:Kepler_spacecraft_artist_render_\(crop\).jpg](https://en.wikipedia.org/wiki/Kepler_(spacecraft)#/media/File:Kepler_spacecraft_artist_render_(crop).jpg)

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

GET TO KNOW YOUR NEIGHBORS

[Nyerges is the author to "How to Survive Anywhere," "Foraging California," and other books. His schedule of classes is available at www.SchoolofSelf-Reliance.com.]

Real Survival is not a sport. It is not a computer game. Survival is not a "reality" TV show. Survival is not a concept that intellectuals discuss over latte. Nor is it a topic for science fiction novels.

Real Survival is that live-or-die feeling that emanates from our deepest desire to continue our life. It is the deepest instinct of human kind and the entire animal kingdom.

We joke about "the apocalypse" and zombies and "the end of the world," and yet, due to our ability to adapt and to condition ourselves, we live all the time with factors that threaten our very survival. But we continually address those factors, and we modify and change, and we survive.

Human society stands as a testament to human ingenuity, adaptability, and the desire to survive. Our growth, and our ability to harness and utilize nature, all arose from our desire to survive. Now, the main threat to our survival as a species seems to be — ourselves.

We know the natural threats to our survival: earthquakes, mudslides, tsunamis, volcanoes, hurricanes, tornadoes, and maybe even occasional millennia where a comet hits the earth.

The so-called "acts of God" will be contended with when they happen, and it seems they will always be with us.

But as our urban centers grow ever-larger, we wonder if we will ever turn into a Bladerunner-type world, where we're all cramped into ever-tighter quarters.

We have to be concerned about the "acts of man" that continue to threaten our survival: terrorism,

war, bombs that nations point at nations, crazy leaders, economic chaos that drives our lives into the dirt, rampant plague and disease from poor hygiene, and so many other preventable crises.

Some of these "acts of men" we can do something about, and most we cannot. But we can inform ourselves, and we can organize with like-minded individuals. This is perhaps the most important step we can take, since as our society has grown ever larger, and vastly more technologically-oriented, and "leaders" that seem ever-distant, we realize that it's important to try to take control of whatever we can of our individual lives. We realize that knowledge is power, and my increasing our personal sense of responsibility, and awareness, we can at least move our lives in the right direction.

Self-sufficiency and neighborhood coopera-tiveness is the path to sustainability and survival.

An associate of mine who told me he hates his neighbors, said that his ace in the hole in the event of a major disaster is his uncle in Minnesota who has a self-sufficient farm and home, and produces his own power.

"Really?" I mocked. "And how do you expect to get to Minnesota after some major catastrophe?" (My friend lives in urban California).

Like it or not, we're all in this same boat. In an emergency, your neighbors are your family. Get to know them, now, not later. Get back to our roots of neighbors helping neighbors, and learn to share and support among yourselves. That is our tradition, and that is what made this country great.

There is no threat that stout-hearted people working together cannot overcome.

There are no simple answers to life's many problems, but it's a step in the right direction to always learn new things, and get to know your diverse community.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

BACK IN THE SADDLE AGAIN

During vacation time, I have some anxiety points that becomes a little more serious each year. It is not that I do not like vacation, I just don't like going on vacation. It's the "going" aspect that frustrates me. I just hate stopping what I'm doing and changing gears. I usually end up in neutral.

I'm not quite sure who invented this vacation idea, but I wished he would have been on vacation that week. I do not mind getting away for a little break now and then, but a whole week's vacation! Do you know what a whole week's vacation cost? Don't ask me what I could do with that kind of money!

Once again this year the Gracious Mistress of the Parsonage and I took a vacation.

I was reminded of my first day of first grade school. The bus came to pick me up and I fought like a crazy person and refused to get on that bus. No way was I going to go to school and nobody was going to make me.

My mother had to drive me to school and to put it mildly, she was not very happy. When she got me to the school, she said, "You will take the bus home tonight!" Then she added those infamous words, "... or else!"

I found my way, somehow, to my class and to my great surprise, I had a wonderful day. I did not know school was so fun. Then the time came for me to go home. And then, I wasn't happy.

I did not want to go home. I did not want to leave school. I refused to get on the bus and my mother had to come pick me up.

When I got home I was introduced to the "or else" aspect of my mother's displeasure with my actions for the day.

Isn't that just the way life is? I had the same feeling when it came to vacation time this year. To avoid the issue I leave all the preparation to my wife who begins six months before the actual time. She is anxious for vacation time to come and can hardly wait for it to arrive. All she talks about is what we're going to do on "our vacation."

It was this year I finally realized what was going on. While my wife was making all the preparations and plans for our vacation, I ended up footing the bill. And then, I wasn't happy.

She usually does a great job in the planning of these things, especially the flights where she knows where to get the cheapest ones.

This year on our plane flight, we did not set together. I do not know if it was cheaper or how it actually worked out. On every plane, there are three seats on the right and three seats on the left. I happened to get the middle seat on the right.

I certainly am not a small person. I stand 6'

3" tall and almost as wide. I carry my weight with the most dignity I can. When I approached my seat, I noticed that on either side of my seat were men who made me look like a midget. I could barely sit down in my seat and for two hours I was crunched between these two sumo wrestlers.

I was afraid that somewhere along the flight I would have to sneeze and that would destroy everything. Fortunately, I did not sneeze and more fortunately, during those two hours I did not have to go to the bathroom. I am not sure what I would have done had I had to go.

When we finally got to our destination, it turned out to be wonderful. We were staying at my son's home in Ohio with his wife and four children. I only get to see these four grandchildren once a year and it is always a great time together.

When the time came for us to leave and fly back home, I wasn't very happy. I just didn't want to go home. I could have spent the rest of the summer there with the grandchildren.

The flight back home was not quite as stressful as the other flight. Sitting next to me was a two-year-old who hardly took up his own seat. I could stretch out, relax and enjoy the flight and I even enjoyed the nonstop chatter of this two-year-old.

During the flight, I had some reflective thoughts. I came to what I will refer to as the grandfather's dilemma. As a grandfather; do I have the best grandchildren or, do my grandchildren have the best grandfather?

All the way home, I thought about that and concluded that my grandchildren are the best grandchildren in the world who happen to have the best grandfather in the world. I think that solves both sections.

I suppose flying high in the air makes the air so thin that a person cannot think straight. That being so, it was wonderful to land and then finally get back home and back into the saddle again.

Flights of fancy have their place, but so does getting back to work and doing the things you love.

I love what Solomon writes in Ecclesiastes 3:1, "To every thing there is a season, and a time to every purpose under the heaven."

For me, the best time is coming home and getting back in the saddle again.

Rev. James L. Snyder is pastor of the Family of God Fellowship Ocala, FL 34483 where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net. His web site is www.jamesnyderministries.com.

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THE INS AND OUTS OF FELINE FRIENDSHIP

A couple of years ago, after all the excitement of having seen 2 enormous mountain lions sitting on the front porch of my neighbor's house, the question as to whether or not pet kitties should be confined to the inside became more a thought of focus for me.

Whether or not domestic cats should live indoors "24-7", verses being allowed to wander in and out of the house, has been an on-going debate for years. As for me, I guess you could say that I am still sitting on the fence. On one hand, I acknowledge that our furry feline friends are safer from harm and more secure indoors, but on the other hand I also realize that cats, even domesticated ones, possess a natural instinct to explore the great outdoors.

Are cats really happy being pent up in a home constantly? Are they truly content with simply taking part in the daily life activities of the human being? Or, are they frustrated living the domestic life, looking through windows and seeing trees, grass, and other creatures scampering about outside while they sit within the confines of four walls? Would they rather be out enjoying the sunshine, sounds and smells of nature? And finally, would the freedom they naturally long for give them a healthier, more satisfying experience in life, or a stronger will to live?

These are very good questions to which I don't claim to have all the answers, however I will admit that in my experiences with having cats I have always allowed them to go in and out, at will. However, one day back in 2012 I was forced to me re-think how I feel about this issue when my cat went missing never to return. His name was "Schatt" and I first met him in the garden department at Home Depot one Saturday morning while shopping for flowers.

I heard a high pitched screech coming from somewhere in there and I assumed it was a bird in distress. I followed the cries until I discovered the tiniest jet-black kitten I'd ever seen, yelling at the top of his lungs from inside a shopping cart covered with cardboard. Apparently one of the ladies who worked there had found him wandering in the parking lot when she arrived early that morning, and put him in the cart to keep him safe until someone came along to take him home.

When I opened the cart, that boy jumped up on my chest and put his nose to mine with his brilliant green eyes bulging desperately. He then proceeded to crawl up on my shoulders and wrapped himself around the back of my neck. He didn't scratch me at all, he just muscled himself up under my chin, then slid behind my neck with his face hidden under my hair as if he knew he'd found the right person to go home with.

I was smitten by that little kitten, I must say, so I didn't even bother calling my husband to ask if it was okay, I just carried him out to my car and off we went. In case you're wondering why his name became Schatt, it was inspired by a little accident that happened during the ride home - use your imagination.

Schatt seemed happy to have adopted us, and he lived indoors for the first couple of days, then in keeping with my typical philosophy that a cat must be happier when allowed to roam outdoors, I opened the bathroom window to allow him to go out only during the day. For several years it proved to be a successful setup. My little guy lived a very exciting life. He would

spend most of his time in our yard, but now and then he'd venture to visit the neighbors and talk to their kitties through screened windows or doors. He was quite the hunter, bringing home all sorts of trophies to make us proud. He loved to wonder the neighborhood, but he always came home for dinner.

Then one day he didn't come home, and I called to him until midnight to no avail. I continued to call him throughout the neighborhood the next morning, but there was no sign of my precious cat. After the second day of his absence I started making calls to neighbors and placing "LOST" signs around town, hoping that someone had taken him in. I contacted the SPCA and checked all the shelters, but unfortunately I never saw Schatt again.

He was such an important part of our lives for several years, and he will always be missed in our home. At first I struggled with the guilt of having allowed him to run free but I eventually let it go. After all, he was rescued from a parking lot. I would love to have another cat, but I hesitate now because I'm not sure I like the idea of keeping one inside on a constant basis. So, therein lies my dilemma.

There are a few thoughts that should probably play a part in deciding whether or not to keep an open door policy with a feline friend. I believe each cat should be understood and treated like an individual. Some felines have a stronger sense of danger or risk when wandering outside, while others have a more trusting spirit and less likely to be vigilant about their surroundings. Also, some feline breed characteristics are more conducive to handling the challenges of nature than others.

Indeed these and other variables should be considered before the final straw is drawn. Another part of the equation is whether or not the cat has been de-clawed. This brings on a whole new subject matter that is constantly under debate, but one thing is for sure - no de-clawed cat should ever be allowed to roam free. Every cat owner must make their own decision as to whether their kitty will be allowed out or kept inside. Take the time to get to know your pet, and do what you feel is right.

If you intend to let your cat roam free, help him prepare for the great outdoors. Use consistent commands such as the cat's name, a specific whistle call or a yelp that he gets to know well enough to respond to before opening that door. If you prefer the more secure approach of indoor living, there are some amazing toys and interactive activities to help keep cats stimulated and content within the home. It takes a little time and energy, but the benefits are definitely worth it. Put down those electronic devices and let your cat make you smile a while! And last but not least, if your cat does go missing, don't beat yourself up. Give them the best life you can, and enjoy them while you have them.



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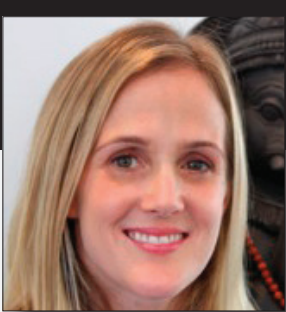
PET OF THE WEEK YUKON: ANIMAL ID #A4961941

It just doesn't get any more adorable than this! Meet Yukon (A4961941), a regal 3-year-old silver-and-white male Siberian Husky who was found in Covina on June 16th and brought to the Baldwin Park Animal Care Center. Weighing 60 lbs, Yukon strikes us as a true sportsman: athletic, attentive, and committed. He walks well on leash already and may be housebroken; he impressed our volunteers with his knowledge of basic commands like "sit" and "down." Yukon is eager to meet other dogs, and approaches them with a friendly attitude. An all-around-awesome dog, Yukon will be a fantastic companion for an active person or family seeking an intelligent, athletic companion. To watch a video of Yukon, visit the following link: <https://youtu.be/4aCpQC4T3eg>

To meet Yukon in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). He is currently available now. For any inquiries about Yukon, please reference his animal ID number: A4961941. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Yukon



or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



THE JOY OF YOGA CHANGING NEEDS

Part of our yoga practice is developing a quality of awareness about ourselves.

This awareness spans from the present moment and the grand scale of what we know about our personality, our health and our time of life. Through cultivating awareness and being conscious in life, we gather information, in yoga we would have a practice that's going to support us in the best way possible. We want to live life to the fullest and experience happiness, joy and fulfillment. Knowing where we are and what we need at any given time is key! This is where the rubber meets in road in living yoga. It's our job in practice to adjust to our ever-changing needs. This is a daily realization. Practicing from what we need and not from where we think we should be. The hard part is the continual need to re-assess. Where am I now? How do I feel? What do I have going on in my life?

We cannot exist on yesterday's accomplishments or revelations. Yes, certain inspirations linger and sustain us for a while. But, for the most part, our needs physically, mentally/emotionally and spiritually change. You've probably discovered this when something you used to love doesn't have the same effect anymore. Maybe it's a practice or a meditation or specific community. You get the point.

There's a learning opportunity coming our way. Always, I find this challenging with the feeling that I think I should be further along than I am. Or "I should know this by now". This applies to advanced yogic practice or plain old life performance.

The solution is in assessing where we are now, and then creating a practice that supports that place. It's honoring and accepting. So, going forward - assess your needs daily, weekly and monthly. Ask how yourself, how am I doing physically, mentally, and spiritually? Incorporate your ambitions and goals, what can you do nurture what you want in your life? Last point - very important - look for points of resistance and "rightness" - ask yourself - is this really true for me?

Namaste and see you in class!!
Keely Totten

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7 SIMPLE WAYS TO REDUCE TOXINS IN YOUR LIFE



Dr. Tina is a traditional naturopath and nutritionist

It's a fact, we are exposed to toxins every day, from our food, from the air and even from water! It's a good thing that our bodies have a built in detoxification system that works hard to eliminate these toxins, through the use of our liver, skin, gut, kidneys and lungs.

Our liver is our main filtration system. The liver detoxifies the body in 2 phases. Phase 1 breaks toxins

apart so that hopefully they can be removed by the kidneys. In some cases the toxins can't be broken down and can even become more toxic. The phase 2 process repackages the parts of the toxins so they are neutralized and can be taken out of the body through the urine. If phase 2 is sluggish, we run the risk of building up toxins in the liver.

The best advice is avoid exposure to toxins in the first place. Here are some simple ways to reduce your toxin exposure and to eliminate the toxins that you do take in:

Avoid plastic water bottles. Drink water, lots of water all day but not from plastic bottles as they contain harmful toxins called BPA (Bisphenol A). These toxins actually induce phase 1 to create more

free radicals which in turn depletes the antioxidant reserves of the body.

Stop eating canned foods (even if it's low sodium or organic). Cans are also lined with BPA.

Read skin care products carefully! Many skin care products contain chemicals that are absorbed through the skin and must be processed by the liver. Many are endocrine disrupters which means they mimic hormones. Your skin care products should contain only natural ingredients, meaning if you can't eat it don't apply it to your skin.

Make sure you are sleeping well. This is the time that your body takes the garbage out so to speak. This is the optimum time for repair and maintenance. If you are not sleeping well, get evaluated to help you determine why this is. Many people have nutritional deficiencies that hinder good sleep.

Keep the sewer system working! Our gut actually performs the 3rd phase of detoxification. Everyone needs to avoid constipation. Once the liver has done its job, the body needs to eliminate the waste via the stool. Constipation leads to recirculation of toxins in the body.

Shake things up! Regular exercise or movement releases toxins through the skin via sweat. It also keeps our lymph system working well, promoting lymph drainage. Yoga is especially good for this.

Take deep breaths! Practice slow deep breathing a few times a day. This slow deep breathing releases toxins through the lungs.

Hopefully some of these suggestions will help reduce the stress put on your body, especially your liver, to eliminate toxins.

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LOOKING FOR A BEST FRIEND?

Perry is a handsome dog who came to the shelter as a stray with his buddy, Como. Perry is being called a Chihuahua mix, but he is larger and sturdier than most Chihuahuas, so he no doubt is more "mix."

He weighs about 20 pounds, about 6-years-old and has a short coat of brown fur with white highlights. Perry is friendly with people and seems to enjoy being with other dogs as well. He is an active dog who enjoys going for walks with our volunteers. Perry is also quite playful, and is very interested in fetching and chewing toys. If he has no one to play with, he will toss a toy into the air and then catch it. He is able to entertain himself, and anyone who is there to watch him. He needs a daily walk or run to burn off some of his energy, and lots of playtime in a nice shady yard. Perry is looking for a home with an active family who can give him the exercise and training he needs to live up to his potential of being a great

pet. His adoption fee is \$130 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on



Perry. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Perry, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

Join the San Gabriel Valley Humane Society for a fun and delicious event this Sunday, July 10th at Shakey's Pizza Parlor on 866 E. Las Tunas Drive in San Gabriel from 12pm to 3pm. Drop your receipt in the box labeled San Gabriel Valley Humane Society and they will donate 20% of the proceeds to the shelter.

Katnip News!



Meet young JOEY, adorable gray tabby, age 7 months. He gets along well with others, and will make a good buddy to another friendly cat in your home. Like to laugh? Joey will be happy to oblige, by his funny antics! Joey is looking for his forever home and his forever people to help him grow up into the great cat he is meant to be! Lifeline for Pets is a small no-kill rescue organization. We show some of our cats most Sunday afternoons at Petsmart, 3347 E. Foothill Blvd. in Pasadena, 12:30-3:30. Adoption fee is \$100, which includes spay/neuter, microchip, & vaccines. Our cats



are negative FELV/FIV unless otherwise indicated. We know our cats very well to find the right match for you, and when you adopt from Lifeline for Pets, you know you are getting a healthy, much loved pet who will fit well into your family and have a lifelong home. Call 626-676-9505. Convenient adoption application, more pictures, and videos on our excellent website, www.lifelineforpets.org. www.facebook.com/lifelineforpets. pasadena, Email: info@lifelineforpets.org.

Good news: Lulu has an adoption pending!



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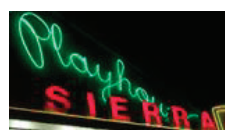
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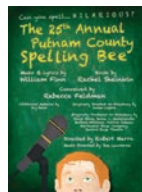
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Christian Lebono, Artistic Director

MEDITATIONS ON A LEAF BLOWER

By David Arzouman

Every week, the same scenario plays out on one of my neighbors' property: a small commando force deploys from their pick up truck, wearing jet packs and waving their nozzles frantically over the ground. If noise and exhaust were any indication of thrust, these guys would be flying around the neighborhood Buck Rodgers style and you'd hear no complaint from me. But for all the commotion, only clouds of dust get airborne. Their backpacks—gas-powered leaf blowers—are apparently as underpowered and polluting as the 1967 Volkswagen microbus I used to plead up to freeway speeds, and flight isn't on the agenda at all; it's gardening. Foolish of me to expect more, although flight-ready yard tools can be found in witches' lore. By some accounts, they had flying brooms. Assuming they could still sweep, they would put to shame the single-purpose jet packs of today's gardeners.

Once flight is ruled out, we face the mundane fact that leaf blowers do only one thing: move stuff away, perplexing in a society whose main purpose seems to be getting things. But this is specifically unwanted stuff. Since "away," just about anywhere in Southern California, is somebody else's "here," the problems with this system shouldn't require explanation. And what don't we want? Leaves, fallen leaves.

Since we're in a naturally hot, dry environment (in fact, a desert), drought or not, leaf blowers are also dirt/dust blowers. The ensuing dust clouds and litter know nothing of property lines, but hire your own mercenary crew to blow the stuff back... or, blow it forward; let's see how much economy can be generated blowing the same cloud all over town. Those leaves no one wants laying around are nature's way of keeping water from evaporating, keeping the soil cooler, rich with nutrients and alive, all while requiring less water, a "win-win." The added dust on nearby cars will need to be cleaned sooner than they might have, presumably using more water, a "lose-lose." And if you hang laundry outside—another win-win that saves energy and adds sunshine freshness to clothes—you may not appreciate the dusting, but ask the guys to dry off your clothes while they have their blowers going.

It's the same on walks through our park-like town. I used to think Sierra Madre was a relatively quiet and peaceful community, until I realized that there is never a day I don't encounter leaf-blowers and other gas-powered gardening equipment filling the air with dust, exhaust and outrageous noise pollution. In fairness, some newer blowers seem less polluting, but they still blow, and that sucks. Wouldn't those dust clouds also carry all the chemicals folks spray, or animal feces, urine, mold, allergens, spores? By wearing facemasks, some workers acknowledge these things don't belong up in the air and down lungs. But I've yet to see a worker hand out masks to neighbors, bystanders or passersby. And what is the accumulating toxic load for workers not wearing masks? Do I worry about their jobs? Sure. But did rakes and brooms suddenly stop working with the advent of the digital age?

A convenient symbol for the leaf-blowing lifestyle is the lawn. Maybe there's a kind of hypnosis to tidy green lawns that we don't see their cost in resources, commotion and pollution, as if a nano-sized gardening crew were injected into awareness and blew that observation clean. They don't produce food like a vegetable garden or fruit trees. They're not drought tolerant like cacti or other indigenous plants. They don't inspire contemplation like a Zen garden. They usually require chemicals and tons of water, and for all that return a rather unimaginative, uninspiring example of close-cropped uniformity.

"Brown is the new green," they say, but the old green wasn't that "green" to begin with. The history of the lawn is essentially the "everyman" aspiring to the privilege and ostentation of royalty. There's nothing particularly environmental or intrinsically beautiful about it, other than the mind conditioning seeing it so. Likewise, there is nothing intrinsically ugly about the beneficent, yellow-flowered dandelion, other than that it disrupts the uniformity of our lawns and prejudices. It's a common mistake—people confuse neat and orderly with beautiful all the time.

Such confusions, and the tenacious desires built upon them, is where this little issue shares a pattern with "important," seemingly-intractable global problems. If a desire requires an increasingly-convoluted support structure, exposing a true cost greater than the reward ("the cure is worse than the disease"), or if each solution ushers in new problems, those are signs found heading down the wrong path and clues to

reconsider the original desire. Maybe the only problem was one of perception. Are the leaves a nuisance, or a gift? Unfortunately, backing out is practically un-American. If overburdening the environment with synthetic chemicals creates problems, use more or different chemicals to fix the damage. If problems then erupt in human bodies, try ingesting or injecting the chemicals advertised to restore physical, emotional or mental health, and then those to handle the side-effects....

With higher stakes, the economic interests built upon consumers' desires will spin those desires in terms of freedom, fun, patriotism, sex appeal, your rights, fitting in, keeping up, luxury, what's deserved, etc., anything to distract away from the fact that there's big money in getting folks to undermine their own best interest. Beyond that are ever more insidious levels of manipulation, such as the sly sophistication of problem and solution collaborating in a corporate venture or national policy. Tacitly propping-up or creating a problem, usually by instilling heavy doses of fear, and then providing the cure is the long way around through rich fields of false economy. How much of our culture and history amount to little more than this elaborate shadow boxing, fighting our own projections as if they had independent existence? Why isn't more attention paid to the underlying partnerships institutions and individuals hold with problems they purport to battle?

We can, for example, hold grand debates on national health care, but not on the ways we first undermine health. Honesty requires a much broader view than was taken during the national health care debate. That truer picture (even putting aside the spiritual implications in health's root meaning of "wholeness"), would at least include adulterated, devitalized, or genetically-modified factory "food" delivering antibiotics, pesticides and herbicides, among thousands of other environmental assaults. Is this toxic trail meant to lead into the grip of pharmaceutical giants and their various minions, like a tag-team maneuver? Given our world's-largest U.S. healthcare economy, it's curious how dismal our report card is on actual health. How did we ever come to have such abiding faith in petro-chemical solutions to everything, anyways?

In a recent television commercial, a "regular guy" does battle against dandelions on his lawn by spraying Monsanto's Roundup. It all seems so innocuous; the camera angle gives the man a slightly heroic stature, humorous, but still a good foot-soldier upholding certain values. The scene's ordinariness belies the controversy and scope of Monsanto's actions, with complicit government agencies, patenting one crop after another with genetic modifications to withstand the staggering tonnage of Roundup applied annually around the world, all while actively obscuring the public's guinea pig status in this grand experiment. The company that brought you Agent Orange, dioxin, PCBs, DDT, bovine growth hormone (rBGH), and Roundup wants to monopolize your food needs. Funny how that didn't warrant a mention in a national health care debate.

Intelligent, life-supporting alternatives don't get the media coverage, but represent sustainable approaches to work with nature's ways. Among those methods include crop rotation, biodiversity, forgoing petroleum-based fertilizers/pesticides, no till farming, and ground cover crops or mulching. The latter brings us back around to the topic at hand. Apparently we are enduring drought effects and climate-warming. Whether or not you buy the latter, few who have grown up in Southern California can doubt man's ability to pollute the skies as we transfer carbon from earth to air combusting various things for energy. But the greatest factor in all that carbon being up there is not automobiles, but farming and other land-management practices. The most effective agent in sequestering carbon out of the air is a living soil, the kind that results from not poisoning the ground and letting organic matter accumulate and decompose.

Do I think people are going to want fallen leaves or dandelions in their lives? Maybe not, but then let's manage that desire in a way fitting the "problem," and save the fire-drill commotion for the real emergencies such as firemen handle. Nature gives us the sound of falling leaves, and to that offense we react with the uproar worthy of a bombing raid. Let the clamor fit the crime. What do I propose? For starters, let's ban all gas-powered leaf blowers in Sierra Madre... that, and more mulching. Maybe we'll get to all the other stuff later. If someone shows up tomorrow blowing a swingin' version of Autumn Leaves on tenor leaf blower, I might reconsider.

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THE BASEBALL RELIQUARY AND THE ALLENDALE BRANCH LIBRARY PRESENT DODGERLAND: DECADENT LOS ANGELES AND THE 1977-78 DODGERS DISCUSSION AND BOOK SIGNING WITH MICHAEL FALLON



Dodgers 1977 Opening Day Starting Lineup

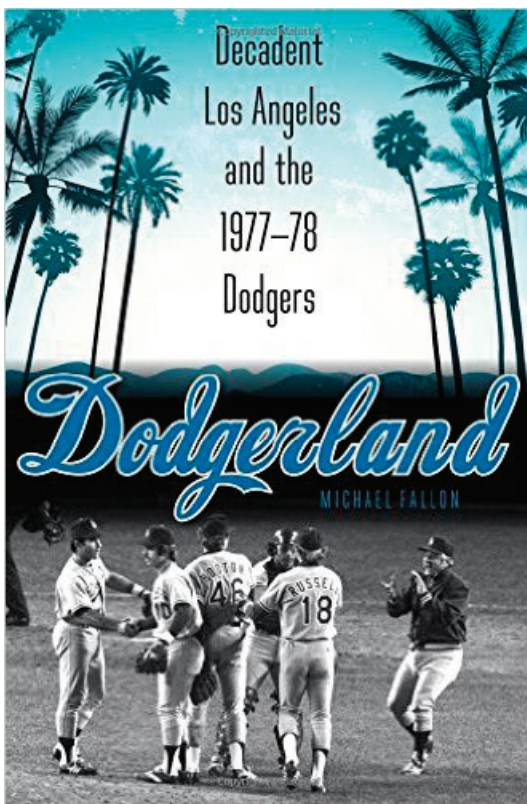
“Dodgerland is a fascinating study of American culture in Los Angeles in the 1970s. Among the characters marching across the pages are Tom Wolfe, Hugh Hefner, Charles Manson, Jim Bouton, Mayor Tom Bradley, Frank Zappa, and, of course, the men who bled Dodger blue, including imperfect heroes such as Steve Garvey, Don Sutton, Reggie Smith, and Glenn Burke. All came for the American Dream. Not all of them made it.” – Peter Golenbock, author of *The Bronx Zoo* and *Bums: An Oral History of the Brooklyn Dodgers*

The Baseball Reliquary and the Allendale Branch Library present a discussion and book signing with Michael Fallon, author of the newly-published book, *Dodgerland: Decadent Los Angeles and the 1977-78 Dodgers* (University of Nebraska Press, 2016), on Saturday, July 23, 2016, at 2:00 p.m., at the Allendale Branch Library, 1130 S. Marengo Ave., Pasadena. The program is free of charge, and light refreshments will be served.

The 1977-78 Dodgers came close. Their tough lineup of young and ambitious players squared off with the New York Yankees in consecutive World Series. The Dodgers' run was a long time in the making after years of struggle and featured many homegrown players who went on to noteworthy or Hall of Fame careers, including Don Sutton, Steve Garvey, Davey Lopes, and Steve Yeager. *Dodgerland* is the story of those memorable teams as Chavez Ravine began to change, baseball was about to enter a new era, and American culture experienced a shift to the “me” decade. Part journalism, part social history, and part straight sportswriting, *Dodgerland* is told through the lives of four men, each representing different aspects of this L.A. story. Tom Lasorda, the vocal manager of the Dodgers, gives an up-close view of the team's struggles and triumphs; Tom Fallon, a suburban small-business owner, witnesses the Dodgers' seasons and the changes to California's landscape – physical, social, political, and economic; Tom Wolfe, a chronicler of California's ever-changing culture, views the events of 1977-78 from his Manhattan writer's loft; and Tom Bradley, Los Angeles' mayor and the region's most dominant political figure of that era, gives a glimpse of the wider political, demographic, and economic forces that affected the state at the time. The “Boys in Blue” drew baseball's focus in those two seasons, but the intertwining narratives tell a larger story about California, late 1970s America, and great promise unrealized.



Michael Fallon



Michael Fallon is a writer based in the Twin Cities of Minnesota. He was born and raised in the quiet, suburban foothills of Southern California in the 1970s and '80s. Since 1997, he has published hundreds of reviews, feature articles, essays, and profiles on all

sorts of subjects, including art, Southern California, baseball, music, food, American social and cultural history, and more. The program is supported, in part, by a grant to the Baseball Reliquary from the Los Angeles County Board of Supervisors through the Los Angeles County Arts Commission.

Date & Time: Saturday, July 23, 2016, 2:00 p.m.

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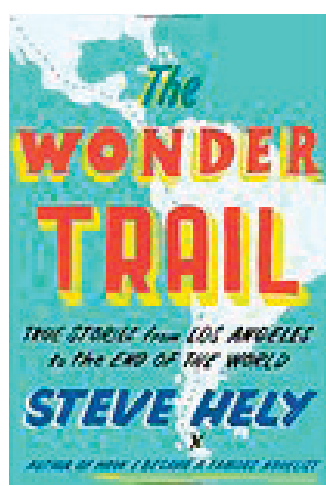
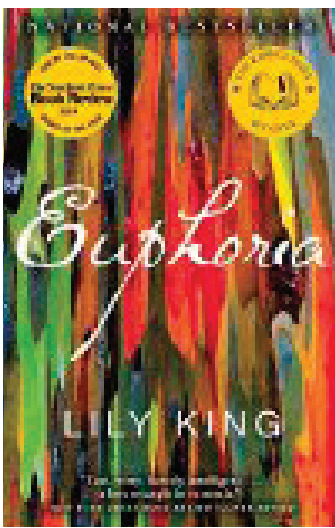
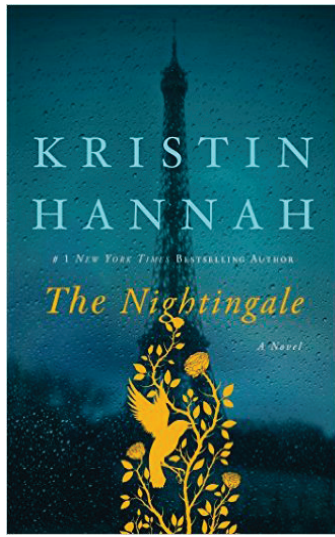
Jeff's Book Picks By Jeff Brown

The Nightingale by Kristin Hannah
France 1939. In love we find out who we want to be. In war we find out who we are. In the quiet village of Carriveau, Vianne Mauriac says goodbye to her husband, Antoine, as he heads for the Front. She doesn't believe that the Nazis will invade France ... but invade they do, in droves of marching soldiers, in caravans of trucks and tanks, in planes that fill the skies and drop bombs upon the innocent. When a German captain requisitions Vianne's home, she and her daughter must live with the enemy or lose everything. Without food or money or hope, as danger escalates all around them, she is forced to make one impossible choice after another to keep her family alive. Vianne's sister, Isabelle, is a rebellious eighteen-year-old girl, searching for purpose with all the reckless passion of youth. While thousands of Parisians march into the unknown terrors of war, she meets G etan, a partisan who believes the French can fight the Nazis from within France, and she falls in love as only the young can ... completely. But when he betrays her, Isabelle joins the Resistance and never looks back, risking her life time and again to save others. With courage, grace and powerful insight, bestselling author Kristin Hannah captures the epic panorama of WWII and illuminates an intimate part of history seldom seen: the women's war. *The Nightingale* tells the stories of two sisters, separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love, and freedom in German-occupied, war-torn France—a heartbreakingly beautiful novel that celebrates the resilience of the human spirit and the durability of women. It is a novel for everyone, a novel for a lifetime.

Euphoria by Lily King

Winner of the 2014 Kirkus Prize, the 2014 New England Book Award for Fiction, and a finalist for the National Book Critics Circle Award. Lily's novel is the story of three young, gifted anthropologists

in 1933 caught in a passionate love triangle that threatens their bonds, their careers, and ultimately their lives. English Anthropologist Andrew Bankson has been alone in the field for several years, studying a tribe on the Sepik River in the Territory of New Guinea with little success. Increasingly frustrated and isolated by his research, Bankson is on the verge of suicide when he encounters the famous and controversial Nell Stone and her wry, mercurial husband Fen. Bankson is enthralled by the magnetic couple whose eager attentions pull him back from the brink of despair. Set between World War I and II and inspired by events in the life of revolutionary anthropologist Margaret Mead, *Euphoria* is an enthralling story of passion, possession, exploration and sacrifice.



The Wonder Trail: True Stories from Los Angeles to the End of the World by Steve Hely

The Wonder Trail is the story of a trip from Los Angeles to the bottom of South America, presented in 102 short chapters. From Mexico City to Oaxaca; into ancient Mayan ruins; the jungles, coffee plantations, and remote beaches of Central America; across the Panama Canal; by sea to Colombia; to the wild Easter celebration of Popay n; to the Amazon rainforest; the Inca sites of Cuzco and Machu Picchu; to the Gal pagos Islands; the Atacama Desert of Chile; and down to wind-worn Patagonia at the bottom of the Western Hemisphere; Steve traveled collecting stories, adventures, oddities, marvels, bits of history and biography, tales of weirdos, fun facts, and anything else interesting or illuminating. Steve's plan was to discover the unusual, wonderful, and absurd in Central and South America, to seek and find the incredible, delightful people and experiences that came his way. And the book that resulted is just as fun. A blend of travel writing, history, and comic memoir, *The Wonder Trail* will inspire, inform, and delight.

All Things Considered By Jeff Brown

OZONE HOLE ON THE MEND, SAY SCIENTISTS.

The troublesome tear in Earth's protective blanket is getting stitched up. A gaping hole in the ozone layer had been opening up over Antarctica each spring for decades. And now there are signs that the slow process of healing has begun, according to a study published Thursday in the journal *Science*. Scientists credit this progress to the 1987 Montreal Protocol, an international treaty that phased out chemicals that eat away at the ozone layer, which shields our planet from deadly levels of radiation. Chlorofluorocarbons were commonly used as refrigerants and propellants for decades. “The healing of the Antarctic stratospheric ozone level is the most significant environmental success story of the 20th century,” Michael Newchurch, an atmospheric chemist at

the University of Alabama. The ozone layer in the atmosphere acts as a sort of sunscreen, blocking out harmful wavelengths of ultraviolet (UV) radiation that disrupt the very cells of living organisms. There would actually be no life on the planet's surface if we didn't have an ozone layer. “This is further evidence that phasing out the CFCs and other ozone depleting chemicals is working to heal the ozone layer,” David Doniger, director of the climate and clean air program at the Natural Resources Defense Council. “The bad news is that we really messed up the ozone layer,” he says. “The good news is that we can save the ozone layer and we are restoring it by eliminating these manmade chemicals that are responsible for the damage.”

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On the Marquee: Notes from the Sierra Madre Playhouse

A PERFECT BEE



By Artistic Director, Christian Lebano

The definition of a “bee” is a community social gathering centered around an activity. The opening of The 25th Annual Putnam County Spelling Bee provides a wonderful opportunity for all of our friends to gather at the Playhouse. I've written that I hope that our local friends will think of the Playhouse as an extension of their living rooms – come on down and plop into a red velvet seat and watch this very fun show.

We had a terrific invited dress rehearsal last night. The audience loved the show and the cast responded to the enthusiasm with great energy. A show like this one which is so dependent on the interactions between the cast and the audience is so difficult to rehearse. You never really know the show until you start putting it up in front of patrons.

There seems to be some confusion about the nature of this show – it is a musical comedy about a Spelling Bee. If you have ever seen the terrific documentary *Spellbound* about the national bee that will give you an idea of what happens in this show. All the kids in the bee are played by very talented adults. The humor is ripe and playful and sometimes a little off-color – that's why we have said that the show may not be appropriate for kids younger than 14 years old. This show won two Tony's when it was on

Broadway.

Robert Marra who did such a lovely job last year with *Always...Patsy Cline* directs and Joe Lawrence, who is new to the Playhouse, music directs. We have a wonderful design team and truly charming actors. I do hope you will make plans to see this funny and ultimately heartwarming show.

Putting a season together is about creating a mix – Spelling Bee is about as different from *The Glass Menagerie* which preceded it as two shows can be. And the next show, *Bee-luther-hatchee* is as different from both as possible. I plan on announcing our 2016-17 season next week, but know that I try to bring in a variety of shows because I know that we are appealing to a wide range of tastes and not everything will appeal to everybody.

We got amazing news yesterday about our LA County Arts Grant. It was twice as high as any we've ever gotten! I think this is a real testament to the work we've been doing at the Playhouse and our growing reputation. This money will be used to help us build our grant-writing and development functions.

This is your Playhouse. Please let me hear from you. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to purchase tickets.

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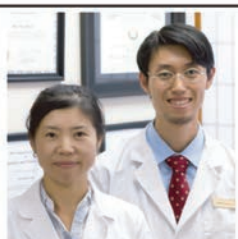


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FAMILY MATTERS

By Marc Garlett



KELLY CLARKSON STARTS BLENDED FAMILY: WHAT SHE NEEDS TO CONSIDER

Starting a new family is always exciting and even a bit scary. This natural apprehension can be enhanced when a couple creates a blended family. Bringing children from different parents together presents challenges - and those challenges are multiplied when the couple have new children of their own.

Former American Idol star Kelly Clarkson recently added a new baby to her family. Kelly and her husband, Brandon Blackstock, have been married a little over three years. Kelly and Brandon already had a little girl together and Brandon brought two children into the marriage. So the new baby, Remy, brings the couple's children to four.

The big risk of conflict for Kelly, Brandon and their children is that if Brandon dies before Kelly and specific and clear provisions are not made for Brandon's children from his prior marriage, significant conflict could result between Kelly and her step-children that is totally avoidable with advance planning now.

Merging two families into one presents financial issues which can cause significant disruption later if a couple does not deal with them early on.

These significant issues include: differing opinions on prenuptial agreements, different

financial goals, and different ideas about how assets should be handled after death. While these are not insurmountable problems, dealing with them upfront can prevent grief and hard feelings later.

A well-drafted prenuptial agreement can prevent later misunderstandings. Some people are concerned that asking for a prenuptial agreement shows they lack confidence in the marriage right out of the box. In truth, however, a prenuptial agreement actually protects both parties and the relationship by surfacing hard issues earlier rather than later.

This is particularly important in blended families, where the partners may have different expectations of how assets will be split if the marriage ends or when one of the partners dies. With skilled counsel (who actually knows how to counsel, not just draft documents), the prenuptial agreement conversation can actually create more closeness.

Newly married couples may also have differences of opinion about budgets and financial goals. These issues are generally magnified in blended family situations. One or both partners may have accumulated assets or debts before their marriage, so it is critical that both consider and discuss their full financial picture including assets, debts, cash flow, budgets, and goals.

It is particularly important that partners in blended families talk about what they want to happen with their assets when they die. Working with a Personal Family Lawyer specifically trained in counseling blended families will help the couple clarify and document their goals so there is not a fight between the survivor's children and the survivor of the partnership after the death of the first to die.

Proper estate planning is always important, but it can be even more critical in blended families. If you have a blended family or are in the process of merging two families into one, prior planning can help you build a solid foundation for success.

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.



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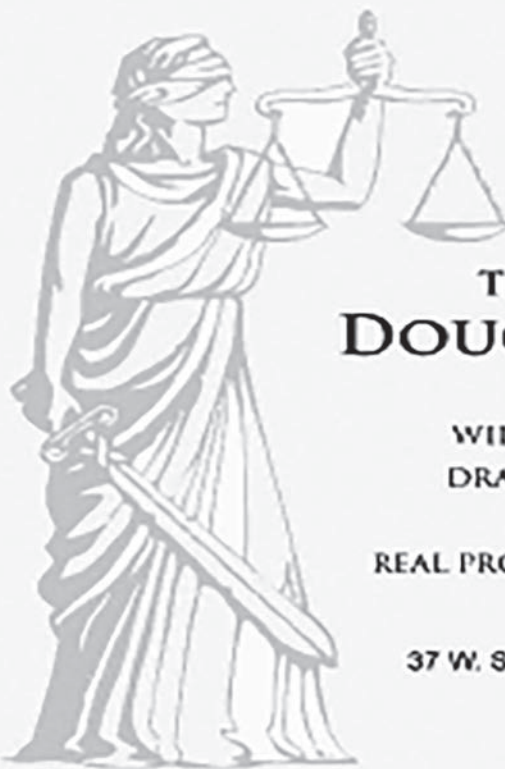
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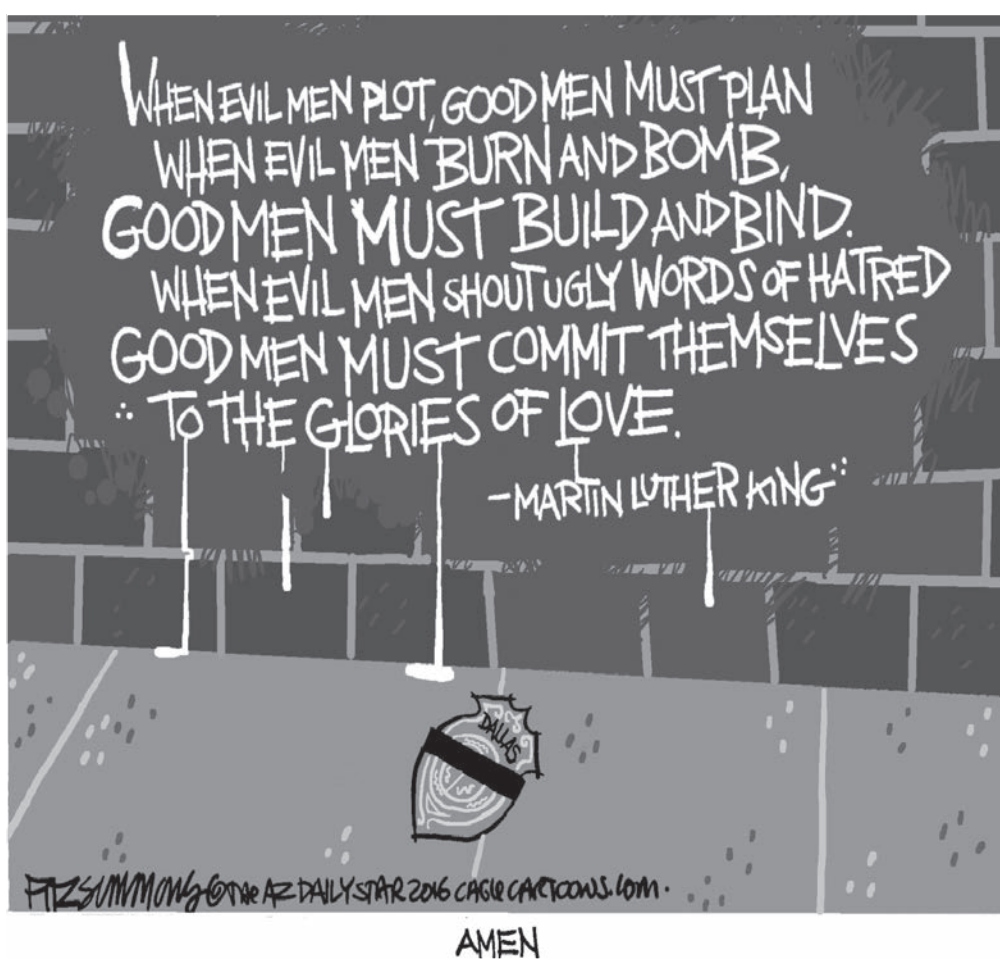
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



AMEN

WILL Durst - Raging Moderate



WHO WILL WIN THE DONALD TRUMP VEEPSTAKES?

Now that the presumptive nominees are set, the presidential campaign has officially entered its “begging for money like we’re raising bail for our little sister who’s being held in a Turkish prison” stage. And a pre-convention lull has descended upon the proceedings like a moist blanket of sulk. Not to be confused with the post-convention lull, which will be similar but ratcheted up by a desperation factor of four.

Both campaigns have stalled like interstate highways under construction during rush hour on a holiday weekend, and stumbling on any actual news is similar to finding football cleats in the Ballet Russe dressing room.

The big discussion right now is a little something called the “Veepstakes,” with all of Washington debating who the candidates should pick to make them more electable. You got your “top tier” list, your “short” list, and the “we’re only floating their names because they endorsed us and we need their mailing list” list.

So it’s time to play the only game in town, guessing who goes on the bottom of the bumper sticker, this week focusing on the Donald, which is tricky, because he’s insulted at least half the field of prospective suitors.

First off, old friend, Sarah Palin, because the two make such an adorable couple.

Bernie Sanders, who would give the New York businessman a partner with legislative experience, not to mention really sticking it in Hillary’s crotch.

Newt Gingrich, who shares with the Donald the unbreakable bond of two ex-wives.

Ted Cruz, because the chance to see the two of them snarl and bark at each other for four months would become must see TV.

Ted Nugent, because nothing says “sticking it to the man” like a crazy aging long-haired rock and roller.

Ted Turner, because he and Trump are the yin and yang of 80s business failures.

Continuing the Ted thread, Ted Levine who played serial killer Buffalo Bill in “Silence of the Lambs.”

Texas Senator John Tower. Sure he died in 1991, but the posters would all read Trump/Tower and, as the man himself would tell you, “free publicity is free publicity.”

Ed McMahon, who although also dead, remains the ultimate “yes” man.

Boris Johnson, to nail down the wackiest hair in history ticket.

Phil Robertson, the elder of the Duck Dynasty clan because in comparison, the Donald would seem tranquil and serene.

Caitlyn Jenner, because that would really double down on the woman card and confuse liberals.

George Lopez, to play the green card. And if he turns it down, give it to Carlos Mencia, which would really tick him off.

Mike Tyson, because he was an early endorser and could translate some of Trump’s more complex policies.

Kim Kardashian, because her butt counts as two electoral votes and come on, you know you want it.

Gary Bussey, in order to make the New York businessman look more presidential.

Dennis Rodman. See above.

Omarosa Manigault-Stallworth would act as assassination insurance because nobody would dare touch a hair on Trump’s head for fear of giving her power over our navies.

And finally, Chris Christie as a reward for climbing so high up the Donald’s butt he runs the risk of being arrested for impersonating a suppository.

Will Durst is an award-winning, nationally acclaimed columnist, comedian and former Pizza Hut assistant manager.

LEFT TURN/RIGHT TURN



DICK Polman

GOODBYE, BENGHAZI SLEUTHS. TAKE YOUR TINFOIL HATS.

To quote poet T. S. Eliot, the House Select Committee on Benghazi finally folded its tent Tuesday - “not with a bang, but a whimper.”

Most of us — with the exception of paranoid conspiracy theorists and fact-impaired trolls — have long assumed that this partisan Republican concoction would fail to nail Hillary Clinton for the deaths of those four Americans at the Libyan outpost in 2012. We have not been disappointed.

None of the previous investigations unearthed any evidence that Clinton, in her role as secretary of state, had done anything perfidious or criminal. The Republican-led House Intelligence Committee, in its 2014 report, had found no such evidence. The Senate Intelligence Committee found no such evidence. The Senate Armed Services Committee found no such evidence. The House Foreign Affairs Committee found no such evidence. The House Oversight & Government Reform Committee found no such evidence. The Senate Homeland Security and Government Affairs Committee found no such evidence.

Nor did the chairman of the Joint Chiefs of Staff. Nor did Benghazi investigator Thomas Pickering, a three-time ambassador who served Ronald Reagan, who concluded way back in 2013 that nobody in the Obama administration — Clinton or anyone else — had tried to conceal anything for political purposes. In Pickering’s words at the time: “The notion of a, quote, ‘coverup’ has all the elements of Pulitzer Prize fiction.”

At a cost to the taxpayer of \$7 million — money that would’ve been better spent shoring up the U.S. embassy security that Republicans profess to care so much about — Gowdy’s panel basically told us what we’ve long known already. I’m frankly too bored with this topic to detail the redundant findings, but suffice it to say that there was no politically motivated attempt to play down the terrorism angle.

In fact, Gowdy was asked if there was any evidence at all that the military could’ve saved those lives?

His reply: “I don’t know.”

Yes, that T.S. Eliot poem captures the essence of those Republican sleuths:

We are the hollow men

We are the stuffed men

Leaning together

Headpiece filled with straw

And thus ends the probe that took longer than investigations of Pearl Harbor, the 1983 Beirut bombing, Iran-Contra, 9/11 and George W. Bush’s “weapons of mass destruction” con job in Iraq.

Why in the world was this latest Benghazi panel created in the first place? Kevin McCarthy, a House Republican leader, gave the game away last October when he accidentally revealed, “Everybody thought Hillary Clinton was unbeatable, right? But we put together a Benghazi special committee. A select committee. What are her numbers today? Her numbers are dropping.”

Three weeks later, the committee grilled Clinton on live television for 11 hours and never laid a glove on her. All they got, as a video moment, was the coughing fit she suffered near the end, which prompted this headline on the right-wing Drudge Report: “Hillary Health Warning.” And last I checked, her “numbers” have been climbing anyway — at least when matched against Donald Trump, who is viewed by a landslide majority of Americans as unfit for high office.

Nevertheless, as we well know, Gowdy’s nothingburger won’t sate appetites on the Republican right. As the historian Richard Hofstadter wrote more than a half-century ago, there is “a paranoid style in American politics,” characterized by “heated exaggeration, suspiciousness, and conspiratorial fantasy.”

Which probably means we’ll get a new Benghazi committee to investigate the unfinished work of this Benghazi committee.

Perhaps there are ways to link Benghazi to the death of Vince Foster. Someone should look into that.

THE ONE TRUTH ABOUT BENGHAZI

The ancient Greek dramatist Aeschylus is often credited with that old chestnut about truth being the first casualty of war.

It’s a good thing Aeschylus wasn’t around last week for the release of the House Benghazi Committee report.

With four, competing narratives of the September 2012 attacks hitting the street within hours of each other, the truth not only became a casualty, it fell into that bottomless gap that separates fact and internet-fueled conspiracy theory.

Far from settling anything, which was its putative goal, the committee’s majority report (at a cost of \$7 million) and its disputations, alternate-reality hangers-on only served to push people further into their respective corners.

Democrats, Republicans, rabid conservatives and the conspiracy-minded each came away convinced this week that their version of reality was the right and true one.

Whether they came away any smarter is less clear.

Shocking no one, the Democratic report soft-pedaled any notion of culpability for Clinton and President Barack Obama, putting it all down to campaign season politics.

In this, they were ably assisted by House Majority Leader Kevin McCarthy, of California, who pantsed the committee and it’s chairman, U.S. Rep. Trey Gowdy (R-S.C.), and his committee by publicly admitting that it was all about politics from the start.

Then Gowdy, who said he wouldn’t release his report in the middle of the campaign season, went ahead and did it anyway.

The report by majority Republicans concluded that Clinton and President Barack Obama should have been more aware of the danger to Americans in Libya and done more to protect them.

The years-long probe has already produced its most damaging revelation: That Clinton, openly flouting secrecy rules, used a private email server while she was the nation’s top diplomat. It’s resulted in a still-unfinished FBI investigation that could yet topple her candidacy.

The minority-majority report by U.S. Reps. Mike Pompeo of Kansas and Jim Jordan of Ohio, concluded that Clinton’s actions during the attacks were “morally reprehensi-

JOHN L. Micek

ble,” MSNBC reported.

But when Pompeo was asked by NBC News to back that conclusion up, all he could manage was that it was something he believed “in my heart,” which is hardly guilt beyond a reasonable doubt.

The conclusions by that Citizens Commission should be familiar to anyone who’s spent time prowling the dark recesses of the right-wing web. It repeats, for instance, the fantastical charge that Obama and Clinton were running guns to al-Qaeda rebels in Libya.

But it’s the perfect metaphor for our hyper-partisan and hyper-polarized times.

In poll after poll, including one as most recently as this month, the divides between Republicans and Democrats are stark. And they have only been deepened by this year’s unusually combative presidential election.

For instance, more than half the Democratic respondents (55 percent) to a recent Pew poll said the Republican Party made them feel “afraid,” while a plurality (49 percent) of Republicans said the same.

And it’s worse among the more engaged, with seven in 10 Democratic respondents and nearly two-thirds of Republicans (62 percent) giving the same answer, the Pew canvass found.

More than half of Republicans (52 percent) said Democrats were “closed-minded,” and “dishonest” (47 percent), compared to the seven in 10 and 42 percent, respectively, of Democrats who said the same about Republicans, the Pew poll found.

A 2014 Pew poll, meanwhile, found liberals and conservatives were each more likely to get their information from a small cluster of sources.

So, if you’re a voter, who are you going to believe about Benghazi? The short answer is whichever group’s account most closely aligns to your worldview.

Expecting an objective account of the Benghazi attacks during an election year was only slightly more optimistic than expecting the Phillies to take home a pennant this season.

It’s a nice fantasy - but there’s no way it could ever happen.



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