

# Mountain Views News

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Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, AUGUST 20, 2016

VOLUME 10 NO. 34

## SIERRA MADRE LENDS ASSISTANCE TO BLUE CUT FIRE FIGHTING EFFORTS



Sierra Madre Water Tender 41 was dispatched to the Blue Cut Fire located in the Cajon Pass (San Bernardino County) on Wednesday, August 17th. Captain Richard Snyder and Engineer Ed Hughes attended the briefing and were assigned to Division Alpha supplying water to a US Forest Service Strike Team and a CAL Fire Strike Team.

Photo courtesy City of Sierra Madre

## RESIDENTS RALLY TO SAVE YET ANOTHER TREE

It was almost five years ago (December 1, 2011), when tragedy struck the City of Sierra Madre and did millions of dollars of damage to structures. Fortunately, there was no loss of human life but unfortunately hundreds of trees were lost. Trees that for the most part have not been replaced and have altered the beauty of Sierra Madre somewhat. Far too many Sierra Madreans did not realize until they were gone how important to the ambience of this city trees are. They took for granted the seemingly endless tree lined streets until Mother Nature removed them from sight.

What followed was a greater appreciation for every single leaf on every single tree in the city. (When the Pepper Tree in Kersting Court had to be removed, there was a gathering that was just short of a funeral to mourn the natural landmark.) Since the windstorm, no longer was the Tree Commission (now the Energy, Environment and Natural Resource Committee - EENR) and their like-minded friends the only champions of protecting what was left of the town's trees. Support now comes from everywhere. Case in point: The Ficus Tree in front of 85 S. Baldwin.

This particular tree, pictured left, has grown beyond the confines of the sidewalk and has created a dilemma for tree lovers and city officials alike. On July 29, 2016, the Sierra Madre Department of Public Works posted notice on the tree that indicated it was scheduled to be removed due to "continuous damage to the surrounding hardscape". What followed was a flurry of activity in an effort to save the tree. Because the tree is so close to the Post Office the notice no doubt attracted more than the normal amount of attention, upsetting more than a few residents. They want the city to find alternatives that will save the tree.

In a telephone conversation with Public Works Director Bruce Inman, he explained that the current state of the tree and the sidewalk pose a public safety hazard. The potential hazard is not limited to people with disabilities, but also the general public as the sidewalk currently is quite uneven.

Inman noted that the public has until August 31, 2016 to file an appeal and hopefully that will help the city come up



with a manageable alternative. One couple on E. Alegria does intend to do just that. In a communication with the Mountain Views News the following options were suggested:

Option 1. Secure a Second Opinion. Though the City's regular consulting Arborist is a certified and responsible professional, his analysis is necessarily incomplete, because a full sense of any possible root pruning to alleviate buckled sidewalk could only be made upon temporary removal of the damaged sections of sidewalk slabs. A Second Opinion from a certified Arborist at that point seems in order. It took 24,000 days, more or less, for this tree to reach its mature splendor, but it would take less than 24 hours to remove it.

*The only way to truly gauge the root structures would be to have the City lift the two sidewalk slabs in question. Given the two large trees that sit on private property at 85 S. Baldwin, we might, in fact, also discover upon lifting the sidewalk slabs that the buckling has been caused or partially caused by the roots of those trees. But for complete diagnosis, access underneath the slabs is essential.*

*If root pruning is impossible*

*without destabilizing the ficus or killing it outright, and the two Arborists were in agreement on this analysis, see Option 2:*



Option 2. The City could try to seek an easement from the property owners to create a gentle loop in a new area of sidewalk that would curve away from the root area and leave a smooth, new path for walkers and those in wheelchairs. There is City precedent for such an action step that would protect the public safety, comply with ADA access criteria, and leave the Ficus in place.

Even allowing for the time and expertise of the City Attorney and others in securing an easement, as well as costs of diagnostic removal of sidewalk slabs and getting a second opinion from a certified Arborist, the City would still save considerable costs, compared to the safe removal of this large tree.

If the appeal is filed in a timely manner, the issue will come before the EENR commission at its September 21<sup>st</sup> meeting.

For more information regarding the removal of the tree and/or the appeals process, contact James Carlson at City Hall - (626) 355-7135.

S. Henderson/MVNews



Bean Town Coffee House  
(45 N. Baldwin Ave., Sierra Madre)  
and Bethany Church of Sierra Madre  
(93 N. Baldwin Ave., Sierra Madre)  
invite the entire community to a special  
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## Weather Wise

6-Day Forecast Sierra Madre, Ca.



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 Mon: Sunny Hi 90s Lows 70s  
 Tues: Sunny Hi 90s Lows 70s  
 Wed: Sunny Hi 90s Lows 70s  
 Thur: Sunny Hi 90s Lows 60s  
 Fri: Sunny Hi 90s Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:  
 Tuesday September 13, 2016  
 6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

SIERRA MADRE CITY  
MEETINGS

*Regular City Council Meeting*  
 Tuesday, September 13, 2016, 6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [cityofsierramadre.com](mailto:cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Tuesday, September 13, 2016, 6:30PM  
 City Council Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

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## Inside this week:

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## SECTION B:

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VALLEY B1

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**Sierra Madre CERT**  
 COMMUNITY EMERGENCY RESPONSE TEAM

**WHEN:**  
 September 2016  
 Saturday 10th 8:00-5:30  
 Tuesday 13th 6:30-9:30  
 Wednesday 14th 6:30-9:30  
 Thursday 15th 6:30-9:30  
 Saturday 17th 8:00-3:30

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 • You must be 18 or older  
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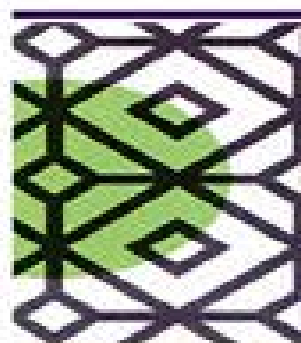
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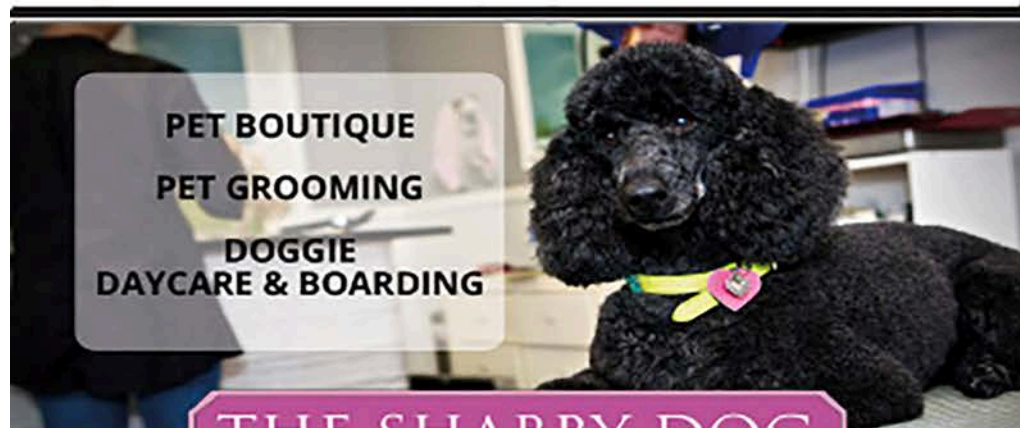


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## Pasadena News Briefs

### City moves forward on construction of hotel

The city council approved Monday night the Environmental Impact Report for the YWCA/ Kimpton Hotel project that would rehabilitate the historic YWCA building and-construct a new two to six-story building across the street from city hall

The, approximately, 127,912-square-foot, 179-room Hotel with restaurant and banquet would be bound by Garfield Avenue on the east, Union Street on the south, Marengo Avenue on the west and Holly Street on the north.

During the five hour meeting nearly 50 people spoke, of those only four people were in support of the project. Many of the speakers were opposed to the removal of parkland and the encroachment on Jackie and Mack Robinson memorials.

The group Pasadena Civic Center Coalition said they are seeking a lawsuit.


All parking for the proposed project would off-site and valet only and would be provided something many were also upset at.

**Pasadena hotel hacked, credit cards compromised**

Authorities are warning the public that an undisclosed number of patrons at 20 hotels across the country, including the Westin Pasadena, may have had their credit card data compromised after hackers used malware to collect names and account numbers though their computer payment systems.

HEI Hotels & Resorts, which operates the Westin, said that data may have been collected starting early December through late June. They assured customers Monday that the data breach had been contained. They also said for a list of affected locations or other information about the incident visit [heihotels.com/notice](http://heihotels.com/notice).

### Pet of the Week



J.J. (A403288) is an adult, male, white and tan guinea pig looking for a new home. This sweet boy enjoys petting and burrowing in his bedding for a good nap. J.J. got along well with other guinea pigs in his previous home. Guinea pigs aren't able to produce their own Vitamin C, so a proper diet should include plenty of timothy hay and leafy green vegetables, and occasional fresh fruit.

The adoption fee for guinea pigs is \$10.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A403288, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at [pasadenahumane.org](http://pasadenahumane.org).



## Pasadena Fire Sends Crew to Blue Cut Fire

By Dean Lee

As part of a joint effort with nearby fire departments, Pasadena sent a number of firefighters and equipment Wednesday to help fight the fast moving Blue Cut Fire, which began Tuesday morning in the Cajon Pass, in San Bernardino County.

The fire has forced more than 80,000 people to evacuate, with numerous structures lost, including the iconic route 66 restaurant The Summit Inn.

“We sent eight firefighters and two engines as part of a strike team with Burbank and Glendale personnel,” said Pasadena Fire Spokesperson Lisa Derderian. “They will serve in structure defense surrounding homes and

other structures. This is part of state mutual aid in place to assist other agencies.”

Derderian added that the department uses “back fill” or hires back personnel to make sure the city is covered should something happen in Pasadena. She also said that the city is currently not at a red flag, “but still, high fire danger with low humidity and high heat.”

As of late Thursday night, according to [inciweb.nwcg.gov](http://inciweb.nwcg.gov), there are 1584 fire personnel on scene including 178 engines, 26 crews, 10 air tankers, 2 Very Large Air Tankers (VLATS), and 17 helicopters, including night flying helicopters. The fire has burned more than 35,969 acres. Approximately 34,500 structures

remained threatened in the communities of Wrightwood, Oak Hills, Phelan, Lytle Creek, Baldy Mesa, West Cajon Valley, South Hesperia, and Summit Valley.

Although dozens of homes and structures have been seen destroyed, the exact number of losses has not been given as assessors have not been able to get into the area.

Authorities said the fire has been moving to the north, northwest and northeast towards Wrightwood, Victor Valley, Phelan, Baldy Mesa and South Hesperia. The fire was reported as 22 percent contained.

## Labor Day Fun BBQ and Dance

Bring friends and family for a fun and festive Labor Day barbecue Monday, Sept. 5, at noon at the Pasadena Senior Center, 85 E. Holly St.

The Scott Pavilion will be specially decorated for the occasion as everyone enjoys a tasty menu of barbecued chicken, pulled pork sandwiches, cornbread, beverages, dessert and more. The Great American Swing Band will entertain with music for listening and dancing.

All ages are welcome. The cost is only \$10 for members of the Pasadena Senior and \$12 for non-members. Reservations are required at [www.pasadenaseniiorcenter.org](http://www.pasadenaseniiorcenter.org) or at the Welcome Desk by Wednesday, Aug. 31.

For more information call 626-795-4331.

## City to Hold Screenings of TellMeNovela

The public is invited to attend upcoming screenings of “TellMeNovela” by Betty Marin, a bilingual and participatory outdoor screening series of popular Latin American soap operas.

The next screenings will be 7:30-9:30 p.m., Friday, September 2 and Saturday, September 3, in the Courtyard at Pasadena City Hall, 100 N. Garfield Ave. The events are free

The screenings are part of the “My Pasadena” public art project presented by the Planning and Community Development Department’s Cultural Affairs Division and Side Street Projects, [www.cityofpasadena.net/arts](http://www.cityofpasadena.net/arts), through a federal “Our Town” grant award from the National Endowment for the Arts, (NEA), [www.arts.gov](http://www.arts.gov). For online information about “TellMeNovela,” go to <http://sidestreet.org/betty-marin-2/>.

“TellMeNovela” is the latest installment of 13 public art works funded by the NEA and presented through the My Pasadena projects that are intended to transform the Civic Center District into a vibrant public forum that expands community awareness and engagement in the contemporary role of government in civic life. Produced in a variety of media to reflect the diversity of civic engagement themes, projects include live performances, walking tours and visual art installations as well as dance, theater, animated projection, oral history and audio installation.

## Tours of Tournament House to Conclude

FreetoursofTournamentHouse, the operating headquarters for the Tournament of Roses Association, which oversees the annual Rose Parade and the Rose Bowl Game, will conclude for the year at the end of the month. The last tours will be offered, at no cost, is scheduled on August 25 at 2 p.m. and 3 p.m. Reservations are not required except for groups of 15 or more. Tours of Tournament House will resume in February.

The house, Located at 391 S. Orange Grove Blvd., was once the home of chewing gum magnate William Wrigley Jr. and his wife, Ada. After Ada’s death in 1958, the Wrigley family presented the property to the city of Pasadena, with the request that it become the base of operations for the Tournament of Roses. The Wrigley family had long enjoyed the Rose Parade as it unfolded

just beyond their front yard.

Guided tours allow visitors to see the 21-room Italian-Renaissance-style mansion designed and built by architect G. Lawrence Stimson and his father George W. Stimson.

Tournament of Roses volunteers from its Heritage Committee, well-versed in the organization’s history as well as in the details of the house itself, conduct the tours. The interior of the house features richly paneled rooms, inlaid marble floors and an ornate molded plaster ceiling - a design element that Stimson would later become famous for creating. Displays related to Rose Bowl Games, Rose Queens and Royal Courts, Grand Marshals and Tournament Presidents also are part of the décor.

Groups of 15 or more may call (626) 449-4100 for reservations for the remaining tour dates.



## Pasadena Scientists Study ‘Hot Spot’ Methane Sources

In an extensive airborne survey released Monday, a NASA-led team has analyzed a previously identified “hot spot” of methane emissions in the Four Corners region of the United States, quantifying both its overall magnitude and the magnitudes of its sources. The study finds that just 10 percent of the individual methane sources are contributing half of the emissions.

Scientists from NASA’s Jet Propulsion Laboratory and Caltech, both in Pasadena, California; the National Oceanic and Atmospheric Administration (NOAA), Boulder, Colorado; and the University of Michigan, Ann Arbor, used two JPL airborne spectrometers to identify and measure more than 250 individual sources of methane. The sources emitted the gas at rates ranging from a few pounds to 11,000 pounds (5,000 kilograms) per hour. Results are published this week in the

Proceedings of the National Academy of Sciences in a paper titled “Airborne methane remote measurements reveal heavy-tail flux distribution in Four Corners region.” Christian Frankenberg of JPL and Caltech is the lead author.

As a greenhouse gas, methane is very efficient at trapping heat in Earth’s atmosphere, contributing to global warming. In the Four Corners region, where Arizona, Colorado, New Mexico and Utah meet, methane emissions are primarily associated with the production and transport of natural gas from coal beds. The odorless, colorless gas is difficult to detect without scientific instruments.

The experiment was a proof of concept for airborne detection of methane, according to Frankenberg. “That we could observe this distribution in a widespread geographical area and collect enough plumes to perform a statistical analysis was a pleasant surprise,” he said.

## Free Events Roundup at the Pasadena Senior Center

There is something for everyone at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations.

**Stay Connected with Social Media – Tuesdays and Thursdays, to Aug. 25, from 9 to 11 a.m.** Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You’ll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

**Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, to Aug. 25, from 10 to 11 a.m.** Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps.

**“Xocalati” (Chocolate) – Monday, Aug. 22, at 1 p.m.** Learn the captivating history of chocolate from the discovery of the cacao tree hundreds of years ago to the present day – a story of intrigue and desire with wondrous culinary and scientific aspects. Chocolate tasting will follow the talk. Reservations are required at the Welcome Desk or 626-795-4331. Presented by Dr. Lee Scott Thiesen, an expert on food, culture and Latin American history.

**Hearing Issues: Loss and Technology – Thursday, Aug. 25, at 10 a.m.** Learn about the human ear, hearing loss

as we age, hearing aids and breakthroughs in technology. Presented by Ellen Simon of the HEAR Center.

**Lower Your Cancer Risk Through Nutrition – Thursday, Sept. 1, at 10 a.m.** Nutrition, weight management and a healthy lifestyle play active roles in lowering the risk of developing cancer. Learn about American Cancer Society guidelines for cancer prevention. Presented by Adern Yu, City of Hope.

**Friday Movie Matinees – Fridays, Sept. 2, 9, 16 and 30, at 1 p.m.** Everyone enjoys movies and the pleasures they bring. Sept. 2: “Me Before You” (2016, PG-13) starring Emilia Clark and Sam Claflin. A young woman in a small town forms an unlikely bond with a recently paralyzed man when she becomes his caretaker. Sept. 9: “My Big Fat Greek Wedding 2” (2016, PG-13) starring Nia Vardalos and John Corbett. A Portakalos family secret brings the beloved characters back together for an even bigger wedding. Sept. 16: “Casablanca” (1942, PG) starring Humphrey Bogart and Ingrid Bergman. A cynical American expatriate meets a former lover in Morocco in 1941 with unforeseen complications. Sept. 30: “The Letters” (2014, PG) starring Juliet Stevenson and Rutger Hauer. The life of Mother Teresa is explored through letters she wrote to her longtime friend and spiritual advisor Father Celeste van Exem over a nearly 50-year period.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and over.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

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Monrovia

## ARCADIA CHAMBER PRESENTS SIGNATURE EVENT ON SEPTEMBER 26, 2016

*The Taste of Arcadia and Business Showcase at the iconic LA Arboretum and Botanic Garden*

If you have not already circled the date in your planner, created a reminder on Google Calendar, or are preparing a signal in the sky for the Arcadia Chamber of Commerce's signature event...may we suggest that you do, because you will not want to miss it.

On September 26, from 5:30 pm - 9:00 pm, the Arcadia Chamber of Commerce presents the annual Taste of Arcadia and Business Showcase at the iconic Los Angeles County Arboretum and Botanic Garden. Originally inherited in 1999 from the Arcadia Tournament of Roses Association and relocated after a residency at Santa Anita Park, the event has grown into a community building familiarity with over 1,500 in attendance. The evening will feature over 40 vendor booths of the San Gabriel Valley's best "tastes" and beverages, a Business Showcase exhibition with giveaways, a classic and contemporary car display, and live musical entertainment. This year, look forward to the exclusive Breeders' Cup Beer Garden with Monday Night Football Lounge in anticipation of its return to Santa Anita Park in November. The sponsored event unites connoisseurs of all types – foodies, professionals, and community enthusiasts joined together for an unforgettable occasion at a remarkable venue.

Returning and new vendors to offer samples from their menus include The Derby, D'Aquino Italian Importing Company, ONEHOPE Wine, Olive Garden Italian Restaurant, City Café, Paco's Mexican Restaurant, Dave & Buster's, Sweet Nothings Cake Shop, Benihana, Anheuser-Busch Golden Road, Anheuser-Busch Goose Island, Anheuser-Busch Stella Artois, Yogurtland, dusitD2 Hotel Constance Pasadena, Twohey's Restaurant, 38 Degrees Ale House & Grill, Dickey's Barbecue Pit, Matt Denny's Ale House Restaurant, Paul Martin's American Grill, The Four Seasons Tea Room, St. Michelle Wine Estates, Max's Mexican Cuisine, Hot N Sweet Chicken, Tito's Handmade Vodka, BJ's Restaurant and Brewhouse, Arcadia Gardens Retirement Hotel, Villa Catrina Mexican Restaurant & Cantina, DoubleTree by Hilton, Embassy Suites by Hilton-Peacock Grille, Clearman's Galley, Clearman's North Woods Inn, Regency Park Senior Living, Rita's Italian Ice, Santa Anita Park, Methodist



Hospital of Southern California, Vendome Wine & Spirits, Courtyard by Marriott, Bella Sera Trattoria, Cabrera's Mexican Cuisine, Blend It Healthy, Del Frisco's Grille, Jake's Roadhouse, Nothing Bundt Cakes, PRP Wine International, Upper San Gabriel Valley Municipal Water District, and Wine of the Month Club.

Thank you to our Gold Sponsors for their support: Westfield Santa Anita, Methodist Hospital of Southern California, Los Angeles County Arboretum and Botanic Garden, Arcadia Association of Realtors, Century Rooter Service & Plumbing, BMW of Monrovia, dusitD2 Hotel Constance Pasadena, Foothill Credit Union, Professional Advisory Services, and USC Roski Eye Institute.

*Purchase tickets early and save \$20 until August 31, 2016 by shopping our website at [www.arcadiacachamber.org/taste-of-arcadia-2016](http://www.arcadiacachamber.org/taste-of-arcadia-2016), by calling the Chamber at (626) 447-2159, or by visiting the Chamber office located at 388 W. Huntington Dr. during business hours.*

## ARCADIA POLICE BLOTTER

*For the period of Sunday, August 7th, through Saturday, August 13th, the Police Department responded to 957 calls for service of which 145 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, August 7:

1. At about 2:16 a.m., an officer conducted a traffic stop on a vehicle near the intersection of First Avenue and Huntington Drive for an unsafe turning movement. As the officer exited his vehicle to contact the driver, the driver sped off. A high speed pursuit ensued and ended when the driver hit a dead end and fled on foot. An investigation revealed the vehicle was stolen. The 23-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

2. Just after 7:12 p.m., an officer responded to the 000 block of Bonita Avenue regarding the report of a suspicious occupied vehicle. An investigation revealed the subject had an outstanding warrant for her arrest and she was in possession of drug paraphernalia. The 34-year-old female from Los Angeles was arrested and transported to the Arcadia City Jail for booking.

### Monday, August 8:

3. At about 1:14 a.m., Officers contacted subjects in a vehicle parked behind a closed business in the area of Randolph Street and Kardashian Avenue. A consensual search of the vehicle revealed the subjects were in possession of drug paraphernalia. The 30-year-old male from Montclair and the 27-year-old female from El Monte were arrested and transported to the Arcadia City Jail for booking.

4. At approximately 1:55 p.m., officers responded to a residence on the 1700 block of Rodeo Road regarding a domestic disturbance. An investigation revealed the suspect attempted to harm the victim with a knife. The victim managed to lock the suspect outside and then called the police. An emergency protective order was issued and the 33-year-old female from Arcadia was arrested and transported to the Arcadia City Jail for booking.

### Tuesday August 9:

5. At about 5:26 p.m., officers responded to the area of Baldwin Avenue and Arboretum Way regarding the report of a fight in progress. Three juveniles were contacted and one fled the scene. An investigation revealed one of the juveniles had been reported missing. Two of the juveniles were in possession of stolen property taken from stores inside Westfield Santa Anita. The 13-year-old female from Pasadena and the 14-year-old male from San Gabriel were issued citations and released to their parents.

6. Around 11:15 p.m., an officer responded to a residence on the 1500 block of South Baldwin Avenue regarding a burglary. The officer determined unidentified suspect(s) entered the residence through an open sliding glass patio door, stole a camera bag containing a camera with lenses and a bicycle left in

the patio, before fleeing. No suspects were seen and no witnesses were located. The investigation is ongoing.

### Wednesday, August 10:

7. At approximately 3:35 a.m., officers responded to a residence on the 1100 block of Arcadia Avenue regarding an unknown suspect on the resident's second story balcony. An investigation revealed the resident was asleep when he awoke to the sound of someone jumping onto his balcony. The resident called the police and held the suspect at gunpoint until officers arrived. An investigation revealed the suspect was under the influence of a controlled substance. The 24-year-old male from Los Angeles was issued a citation, then transported and released to Arcadia Methodist Hospital for treatment.

8. Just after 2:40 p.m., officers responded to a parking garage at 411 East Huntington Drive regarding a suspicious occupied vehicle. An investigation revealed a subject was seen exiting the vehicle and attempting to open the doors of other vehicles parked at the location. Officers contacted three subjects inside the vehicle and discovered one subject was in possession of drug paraphernalia. The 28-year-old male from Monrovia was issued a citation and released at the scene.

### Thursday, August 11:

9. At about 7:20 a.m., officers responded to the 600 block of West Camino Real Avenue regarding the report of a hit and run. An investigation revealed the suspect was driving westbound on Camino Real Avenue when he struck the elderly pedestrian who was walking westbound in the street. The suspect stopped briefly to check his vehicle then continued southbound on Baldwin Avenue.

The suspect is described as male, Asian, approximately 70-years-old, with grey hair, clean shaven, wearing a short sleeved shirt and slacks. The suspect vehicle is described as a newer model white Mercedes sedan with paper plates.

10. At approximately 1:13 p.m., officers responded to the parking lot of IHOP, 1113 Baldwin Avenue regarding a vehicle burglary. An investigation revealed an unknown suspect smashed the front passenger side window of the vehicle and stole an iPad and wallet. The suspect then fled the scene in an unknown direction. No suspects were seen, and no witnesses were located.

### Friday, August 12:

11. At approximately 6:48 p.m., officers responded to the parking lot of Westfield Santa Anita, 400 South Baldwin Avenue, regarding the report of a subject attempting to open doors of parked vehicles. The suspect was seen leaving the scene in a vehicle. The vehicle was blocked by a mall security vehicle and the suspect was apprehended. An investigation revealed the vehicle driven by the suspect was reported stolen. The 14-year-old male from Pasadena was detained and transported to the Arcadia City Jail for booking.

# MONROVIA - DUARTE

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## MALDEF ISSUE UPDATE

As you may be aware, last week, the City received a demand letter from a group known as the Mexican American Legal Defense and Education Fund, or MALDEF. In that letter, MALDEF has demanded that the City of Monrovia change our current at-large based system for electing City Council members to a district-based electoral system.

In the letter, MALDEF cites both the California Voting Rights Act of 2001 and the lack of Latino representation on the City Council as the basis for their demand. Furthermore, in their letter, MALDEF states their intention to seek judicial relief if they do not receive a satisfactory response from the City by August 24, 2016.

Here at the City, we are taking the issues raised by MALDEF seriously, especially in light of the fact that Monrovia has such a rich history of electing individuals that represent a diverse range of backgrounds and perspectives to serve on the City Council. To that end, the City Council held a special closed session meeting yesterday (Tuesday, August 16, 2016, at 5:00 p.m.) to further discuss the overall matter. As this issue unfolds, please feel free to let me know if you have any questions regarding this matter.

## FORMER FIRE CAPTAIN JOHN ROOKS PASSES AWAY, SERVED MONROVIA FOR 29 YEARS AND RETIRED IN NOVEMBER 2015

It is with a heavy heart that we share the passing of retired Fire Captain John Rooks. Captain Rooks passed away unexpectedly last week while at home. He retired in November 2015 after serving the Monrovia community with distinction for 29 years. Captain Rooks loved our City, loved the Monrovia Fire Department, and loved the fire service, as he served with great passion and heart. We will be certain to pass along additional information regarding funeral arrangements as soon as those details have been made available.

## MONROVIA RENEWAL – SEWER ENHANCEMENTS CONTINUE ON AUGUST 22, 2016, ON MONTEREY AVENUE JUST SOUTH OF HUNTINGTON DRIVE

Beginning on Monday, August 22, 2016, additional infrastructure improvement work on the sewer segment located on Monterey Avenue just south of Huntington Drive (across from the Toys 'R' Us and Panda Express parking lot) will begin. The sewer improvement work is expected to last approximately 5 – 7 business days, and working hours for this project will be from 8:00 a.m. to 5:00 p.m., Monday through Friday. Given the extent of the work, some overnight construction work may take place from 8:00 p.m. to 5:00 a.m., in an effort to allow our construction crews to finish the

identified improvements in a way that will limit the impacts on traffic and sewer services in the area. A copy of the work notice for the project has been included as an attachment to this email, and also, the City has placed our electronic message boards out at the site to alert travelers of upcoming construction.

## PUBLIC ART COMING TO OLD TOWN MONROVIA ON AUGUST 17, 2016!

The long awaited bronze sculpture by the talented artist Daniel Stern (of Home Alone acting fame!) is scheduled to be installed on Myrtle Avenue this coming Wednesday, August 17, 2016! The new artwork will be installed on the east side of 400 block of Myrtle Avenue near the Krikorian Theatre.

The life-sized sculpture is comprised of three life-sized pieces, including an old fashioned movie director, a free standing movie camera, and a tall director's chair. The director's chair is designed to be interactive and you will actually be able to sit in it and have your picture taken! Furthermore, the art has movement, whimsy ties into the history and present of the City, as the Art in Public Places Committee recommended that The Monrovia Feature Film Company and The Argonauts of 49 (which was filmed in Canyon Park) be incorporated into the piece. A sketch of the artwork that has been produced is as follows:

## BOARD AND COMMISSIONER TRAINING PURSUANT TO AB 1234 SCHEDULED TO TAKE PLACE ON SEPTEMBER 15, 2016 AT 6:00 P.M.

Just a quick note to let everyone know that all of the City's board and commission members will be invited to participate in a special AB 1234 Ethics Training, set to take place on Thursday, September 15, 2016, at 6 p.m. The 2-hour training is required by State law for designated positions within 1 year of being appointed, and every 2 years following their initial appointment.

## SOCALGAS ISSUES NOTICE REGARDING DEFECT IN ADVANCED GAS METERS THAT CAUSED AN UNDERBILLING SITUATION, 11,000 CUSTOMERS IMPACTED

This week, the City was notified that SoCalGas has had a problem with their advanced gas meters. The problem has resulted in the under-reporting of natural gas usage by customers, and it appears that around 11,000 customers have been impacted. If you did not receive a notice from the Gas Company contact the gas company at 1-877-238-0092

## MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Driving Under the Influence / Child Endangerment – Suspect Arrested August 11 at 10:44 a.m., staff at a middle school in the 300 block of E. Foothill called police to report an intoxicated parent that was leaving the school in a vehicle. Officers responded and located the vehicle at Ivy and Foothill. A traffic stop was conducted and, through investigation, the officers determined the driver was too intoxicated to operate a motor vehicle safely. The vehicle was occupied by the driver and her 12-year-old son. The female driver was arrested for driving under the influence and child endangerment. The child was released to family members and the Department of Children and Family Services was notified.

Driving Under the Influence – Suspect Arrested August 14 at 11:05 p.m., an officer was dispatched on the report of a vehicle stopped in the roadway with a male subject slumped over and asleep behind the wheel. The investigation determined the driver was too intoxicated to operate a motor vehicle; he was arrested for driving under the influence and taken into custody. He was held for a sobering period.

Disturbing Subjects / Driving Under the Influence / Drunk in Public – Suspects Arrested August 15 at 9:55 p.m., officers were dispatched to a business in the 200 block of E. Foothill regarding two subjects in a dispute with employees. The disturbing subjects left in a silver vehicle, heading north on May, prior to police arrival. An officer searched the area and located the vehicle at May and Greystone. Both driver and passenger were determined to be under the influence of alcohol. The driver was arrested for driving under the influence and the passenger for being drunk in public.

Grand Theft August 16 at 1:48 p.m., a grand theft was reported at a business in the 100 block of W. Foothill. The male suspect entered the business, placed over 40 containers of baby formula in a cart and left the store without paying. The suspect was not located and the investigation is continuing.

Defrauding an Innkeeper – Suspect Arrested August 16 at 6:52 p.m., officers responded to a restaurant regarding an intoxicated subject refusing to pay. The suspect entered the restaurant and ordered food and alcohol from the bar area. Employees confronted the suspect when he attempted to leave without paying the bill. The suspect had no means or intentions of paying for the services. The suspect was arrested for defrauding an innkeeper and being drunk in public.

Injury Traffic Collision August 16 at 8:46 p.m., a traffic collision was reported at Myrtle and Foothill. A vehicle hit a bicyclist in the intersection.

An officer responded to investigate the collision. The bicyclist was riding on the sidewalk and entered traffic in front of the vehicle. The bicyclist sustained small scratches on his leg.

Possession of Drug Paraphernalia – Suspects Arrested August 17 at 3:50 a.m., possible drug activity or sales taking place in a business parking lot in the 200 block of W. Huntington was reported to police. Officers responded to the location and contacted a female and male subject in the lot. A consent search of the subjects revealed both had methamphetamine pipes on their person. Both were arrested for possession of drug paraphernalia.

Injury Traffic Collision August 17 at 9:20 a.m., officers responded to the report of a vehicle collision at Myrtle and Duarte. The vehicle that was involved in the collision was now stopped near the Metro Rail tracks. Officers arrived and the vehicle was moved away from the tracks. The elderly female driver said she became dizzy and light headed as she went through the intersection. She veered into the number one lane and struck the crossing arm for northbound traffic, then proceeded to cross the railroad center median and struck the crossing arm for southbound traffic. Her vehicle came to a rest in southbound lanes of traffic, near the railroad tracks. There were no other vehicles involved. Metro personnel were notified.

Man with a Gun / 72 Hour Mental Evaluation August 17 at 7:26 p.m., police received two calls reporting a man with a gun in his waistband, walking through a bank parking lot in the 200 block of S. Myrtle. The suspect was seen walking through the parking lot towards the rear of a preschool. Police responded to the area. An officer located the suspect sitting in a chair outside a restaurant on Foothill. He could see the suspect still had the gun in his waistband. The officer detained the suspect at gunpoint until assisting officers arrived. The suspect was detained and the investigation revealed the weapon was a BB gun. The suspect was not making sense and appeared to be mentally ill. He was taken to a hospital, where he was held for a 72-hour mental evaluation.

Possession of a Controlled Substance / Possession of Drug Paraphernalia – Suspects Arrested August 18 at 12:50 a.m., officers on patrol stopped a vehicle for a traffic violation at Myrtle and Colorado. The vehicle was occupied by two female and two male subjects. One of the male subjects claimed he was seventeen and was taken into custody for curfew violation. The other male adult was found to be on probation for drug and weapon violations. A search of the vehicle revealed methamphetamine, pills and drug paraphernalia. All three adults were arrested for the drug charges. Further investigation revealed the subject that claimed he was a juvenile was an adult who was wanted for smuggling narcotics into the jail system.



## PATRICIA MATTERA NAMED HIGHLAND OAKS ELEMENTARY SCHOOL PRINCIPAL



ARCADIA-- Patricia Mattera has been selected as the new Principal of Highland Oaks Elementary School. The Arcadia Unified School District Board of Education approved the recommendation of Superintendent Dr. Vannasdal and staff at its most recent meeting on August 9, 2016.

"Patti brings a wealth of knowledge and leadership experience to our district, and really shares our vision of innovation with a student-first approach," said Arcadia Unified School District Superintendent Dr. Vannasdal.

Mrs. Mattera brings more than 20 years of experience with her to Highland Oaks Elementary School. She was most recently the principal at Naramake Elementary School in Norwalk, Connecticut. In addition to having experience as a principal, she has also been an assistant principal, elementary classroom teacher, literacy resource coach, and a district coach.

"Patti is actually one of several out-of-state candidates that applied for the position. We are very fortunate to have had a large

pool of qualified candidates that applied," said Arcadia Unified School District Assistant Superintendent of Human Resource Services Kevin Hryciw.

Mrs. Mattera has a Master of Arts Degree in Teaching from Sacred Heart University where she also earned her Administrative Credential. She also has a Bachelor of Science Degree in Elementary Education from Southern Connecticut State University.

"I am thrilled to be joining AUSD as the new Principal of Highland Oaks Elementary School. I look forward to working collaboratively with the Highland Oaks Community," remarked Mattera.

Highland Oaks is one of the highest rated elementary schools in California. The Blue Ribbon school has a distinguished music program, offers numerous extracurriculars, and is rated 10 out of 10 by GreatSchools.

Mrs. Mattera and her husband Larry have three daughters, Toni-Ann, Alyssa, and Nicole.

## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: agillick@alverno-hs.org

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: www.barnhartschool.org

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Principal: Dr. William Walner  
website: www.bcsions.org

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
info@foothilloaksacademy.org  
preschool@foothilloaksacademy.org

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: jenny@frostig.org

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Interim Head of School, Merrily Dunlap  
website: www.goodenschool.org

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: www.highpointacademy.org

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: www.lasallehs.org  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson  
Email: schools@monrovia.k12.ca.us

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: www.odysseycharterschool.org

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: http://phs.pusd.us

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: www.st-rita.org

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: newsom.garrett@pusd.us

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
www.waldenschool.net

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: resseln@pusd.us

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: www.pusd@pusd.us  
Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: www.monroviaschools.net

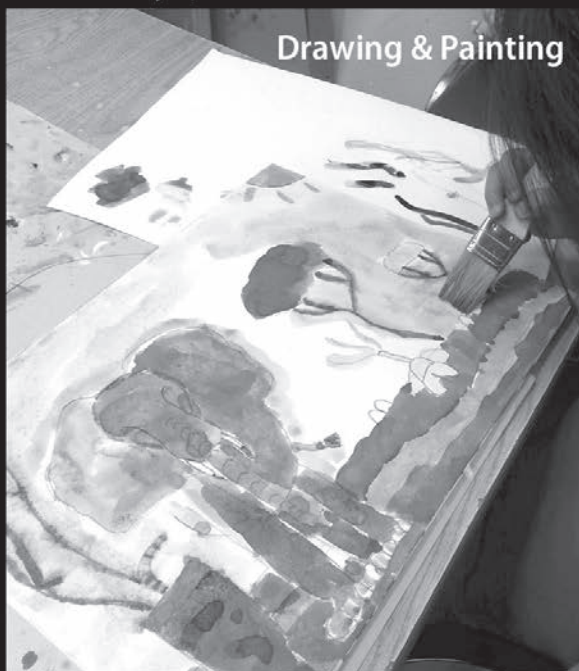
Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: www.duarte.k12.ca.us

## Creative Classes for Creative Kids

Registration is now open! Fall Session begins **Sept. 19**  
To view all kids classes visit **CreativeArtsGroup.org**  
Register online or by phone



Ceramics



Drawing & Painting

## Creative Arts Group



108 N. Baldwin Ave. Sierra Madre  
626.355.8350 www.creativeartsgroup.org

## 3 TIPS FOR KEEPING YOUR KIDS DRUG-FREE THIS SCHOOL YEAR

All parents want to feel confident that their children are happy, healthy and focused on the future. The unfortunate reality is that drug use can derail these goals and put a strain on families.

Parents can do a lot to curtail their child's risk. Here are three tips to help keep kids drug-free this school year and beyond.

1. Get kids active in extracurricular activities.

Adolescents aged 12 to 17 who participate in extracurricular activities are less likely to use alcohol, cigarettes and illicit drugs, according to the National Survey on Drug Use and Health (NSDUH).

Many extracurricular activities are known to have positive effects on students' grades, attention span and behavior. Afterschool activities will keep kids engaged in something positive while they are outside the classroom and also provide an incentive for staying healthy. If your school lacks a particular activity in which your child expresses interest, investigate offerings at local community centers.

2. Open the lines of communication.

The importance of communicating with your child can't be overstated. A regular, open dialogue will make children more likely to talk to you about peer pressure and stress—the kinds of factors that can lead to drug use.

You can foster communication by regularly sitting down to dinner as a family and checking in on homework and school projects. Encourage children to invite friends over, so you know more about others with whom they spend their time.

3. Test your child.

If you suspect your child is experimenting with drugs, there are tools that can help you find out for certain in the privacy of your own home. Seventy-five percent of high school students have used addictive substances, according to CASAColumbia. Additional research by NSDUH showed that 1.8 million adolescents had used marijuana in the past month since the time of the study. Home drug testing kits are readily available at your local pharmacy so you can get answers quickly and confidentially. For example, First Check home drug tests detect up to 12 of the most commonly abused drugs in five minutes with over 99 percent accuracy. Testing tips and resources for parents can be found at firstcheckfamily.com.

Be proactive. You have the power to help kids make healthy choices this school year and beyond.

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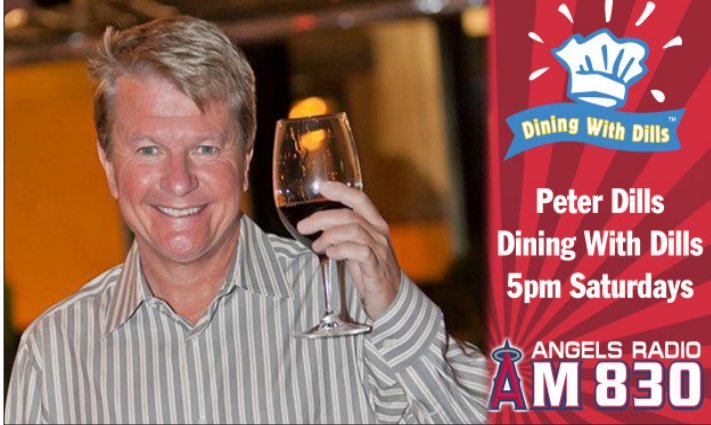
making. Bravo!

Dills Score

Each week I will give you my Dills Score. I have added points for value. I'm starting with a base of 50 points; I added 7 points for color, 8 points for aroma or "nose", 8 points for taste, 9 points for finish, and 9 points for my overall impression, which includes

France, which also has their fair share of wonderful chardonnays, though the terrain is not as smooth as our friends in Napa and Sonoma have it. Located in the southern part of Burgundy, at the north edge of Beaujolais, Pouilly Fuisse is one of top wines of these regions.

This is my first non-bubbles review of French wines - a 2013 Jadot Pouilly Fuisse made with 100% chardonnay grapes. While we tend to give California wines labels like "buttery", I'll go with "crisp". This wine is a medium-bodied chardonnay with notes of honey and melon, and if you close your eyes long enough, a touch of oak. I will admit, however, on my review I did cheat - my bottle was way above their recommended 12 degrees Celsius, and my wine's food companion was red seedless grapes. An interesting wine maker note: one part of the wine is fermented in stainless steel vats and in oak barrels, a combination that delivers a silky, smooth finish. The wine maker recommends a fish or cream sauce pairing. Pouilly Fuisse is a great representation of old world wine



my value rating.

Total Score 91, retail \$25 on Sale, around \$21 at most area supermarkets including Bristol Farms and Whole foods

Tune into Dining w/ Dills Sunday 5 pm PM on KLAA 830 AM check on my website www.peterdills.com for local events and wine tastings.

## FOOD AND DRINK

Sierra Madre Kiwanis Club's  
Pancake Breakfast

**Saturday, September 17, 2016**  
**7:00 to 11:00 a.m.**  
**in Memorial Park**  
**\$5.00 donation**



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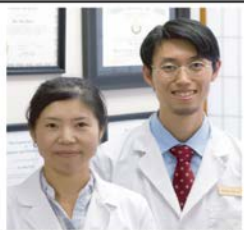
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## HOW TO TRACK DOWN THINGS YOU ROUTINELY MISPLACE

Dear Savvy Senior,  
Can you recommend any products or devices to help seniors track down lost or misplaced items, like car keys, wallet, cell phone, etc. My husband has become forgetful in his old age, so we spend a lot of wasted time looking for things.

Frustrated Spouse

Dear Frustrated,  
There are actually a wide variety of tracking devices that can help you and your husband find items that are commonly misplaced or lost. Here are some top options to consider depending on how tech savvy you are.

Smartphone or Tablet Users

If you or your husband uses a smartphone or tablet, you can easily track down lost or misplaced items like keys, a purse, wallet, remote control, smartphone, tablet or laptop with a Bluetooth tracker like TrackR (thetrackr.com, \$25 or \$30 per tag) or Tile (thetileapp.com, \$25 per tag). Both of these products pair with an Apple or Android smartphone or tablet app, which will help you locate the missing item.

All you do is attach a small TrackerR or Tile tag to the items you want to keep track of with an adhesive sticker, a key ring or you can just slip it inside the item.

Then, when a tagged item goes missing, you simply access the app on your smartphone or tablet to see how far away you are from the item or last known location on the map. If you're within 100 feet, you can make the tracking device ring so you can follow the sound.

Or, if you or your husband loses your phone or tablet, both TrackR and Tile work in reverse, allowing you to press a button on the device to make your phone or tablet ring (even if it's on silent) as long as it's nearby. And to help you avoid leaving items behind, TrackR can be set to sound an alarm when there's too much distance between your phone and device.



Low-Tech Finders

If, however, you or your husband don't have a smartphone or tablet, there are radio frequency devices like Click 'N Dig (clickndig.com) that can help you find lost/misplaced items. This device comes with one finder fob/remote and four or six tags for \$26 or \$39 respectively. Attach a tag to the items you want to keep track of with adhesive or a key ring. Each tag is color-coded and corresponds to a colored button on the finder.

When an item goes missing, you simply press the colored button on the finder fob and the tag will flash and beep. The signal will go through walls and cushions, but you'll need to be within at least 60 feet of your lost item. Make sure you keep the finder fob in a safe spot, because if you misplace it, you won't be able to find the tagged items.

Another good option, and one that doesn't require a finder fob, is Find One Find All or FOFA (findonefindall.com). This device can manage up to six items. It comes in a key-fob finder and/or a flat, credit card sized finder for your wallet, remote, phone, tablet, etc.

These finders can be attached to items you wish to keep track of, and because each finder is also a transmitter, as long as you can find one FOFA tagged item, you can locate the rest.

FOFA finders sound an alarm when signaled so you can follow the sound to locate the missing item, but the range for this device is only 30 feet. Cost: \$25 for two finders.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse.....This and That

## JUNK --A CAUTIONARY TALE

"A place for everything, and everything in its place." This is a familiar platitude along with other classics such as, "Cleanliness is next to godliness" and "Have nothing in your home that you do not know to be useful or believe to be beautiful." And then there's my personal favorite, "If there is righteousness in the heart, there will be beauty in the character. If there is beauty in the character, there will be harmony in the house." I wonder if the dusty pile of sneakers and flip flops in my closet implicates a questionable character, a disharmonious dwelling, or both? But it gets worse, "If there is harmony in the house, there will be order in the nation. If there is order in the nation, there will be peace in the world." Shoot! Now I've got the responsibility for world peace on my guilty conscience!

Although keeping ahead of my own junk is a challenge, I can only begin to imagine the physical and mental exhaustion of going through someone else's stuff! This is the daunting feat my parents are dealing with at the moment. Before they retired, neither of them had the time or energy to sort through the things they had accumulated over the years. And when my grandparents passed, my parents inherited even more stuff. Some people prefer to keep their things out of sight and out of mind in storage, but that's expensive! Therefore, my parents' things occupied the living room for a while, and then spilled over into the back room. They finally condensed it all into a tightly packed area in the garage while the house was being remodeled.

When I say that they used the garage for storage, I don't just mean that they stacked things up. Oh no! Every last cubic inch of available space was jam packed to the gills. This meant that some furniture was taken apart so that it would better fit into the limited space. When my husband and I moved

into our house in February, my parents said we could have their old dining room table (to replace the TV trays we're accustomed to eating off of). I suppose there's something inherently disorderly and tacky about TV trays --that's probably why we haven't achieved world peace yet. Anyway, our table was trapped in "the core" of stuff for a long time. Every so often I'd catch a glimpse of a leg sticking out at an odd angle like an appendage in a Picasso painting.

At last their building project is done, and now they're faced with deconstructing the core in the garage. Mind you the garage dates back to the 50's. It vacillates between freezing in the winter

and sweltering in the summer. So you can imagine my parents' discomfort toting boxes around and dodging avalanches of "the sands of time" --literally! But any physical exertion pales in comparison to the difficulty of their decisions as to which of the things they should keep and which they should get rid of. One small box often holds a multitude of miscellaneous items from generations ago, all with a certain amount of sentimental value.

It doesn't seem to help much whether or not there's a logical reason to keep the stuff in question. The other day my mom asked me if I wanted my old bassinet or any of its blankets or other things. "Did you make any of them?" I asked. "Yes, a couple of blankets," she said. "Okay, I'll keep them." "What are you going to do with them?" she asked. "I don't know. I can't get rid of them. You made them!"

Well, after many weeks and much deliberation, the clutter in the garage is starting to thin out. My dad's work bench is almost visible, so hopefully he'll be able to return to his ship model building before 2015. And my husband and I just recently brought home our very first proper dining table and chairs. Maybe world peace is within our grasp!



## SENIOR HAPPENINGS



### HAPPY BIRTHDAY! ....August Birthdays

Bill Nelson, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, John Luke, Jacquie Pergola, Maury Whitaker, Pat Miranda, Phyllis Chapman, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Dorothy Quentmeyer, Genevieve Stubbs, Miep Tulleners, Joy Barry, Ellie Baudino, Marcia Bent, Daryls Brechwald, Joan Spears, Ruth Torres, Jane Zamanzadeh and Harry Enmark. \* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**YWCA San Gabriel Valley - Intervale Senior Cafe**

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Will resume in the fall.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00 - 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be cancelled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11:00am - 12:00pm. No appt. necessary.

Brain Games: Thursday, August 18, 10:30 - 11:30am. Improve your memory and strengthen your brain. Activities facilitated by senior volunteers.

Free Legal Consultation: Wednesday, August 17 from 10:30am - 12:00pm. Attorney Lem Makupson is available for legal consultation. He specializes in family law, wills, trusts, estates, and injury. Appointments are required by calling 626-355-7394.

Sing-A-Long: Music brings joy to the soul. Come join us Thursday, August 11, 10:30 - 11:30am. No music skills needed! This month: "Silly Folk Songs".

Balance Class: Monday, August 15, 11:00 - 11:45am with Paul Hagen. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Chair Yoga: Mondays and Wednesdays from 11:00 - 11:45am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the second Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45 - 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am.

### LUNCH AND LEARN - Wednesday, August 24, 2016 12:15 - 12:45pm

The Grossman Burn Center and the Grossman Burn Foundation is offering a short presentation on burn prevention for seniors. Older adults are at particularly high risk of scalds, burn injury and accidental fires. Changes in vision, comprehension and mobility that accompany aging put seniors at higher risk. If you are interested in having lunch with the Senior Café during the presentation please call 626-355-0256 to make a reservation.



### SENIOR CINEMA August 17 at 1:00pm

#### Big Eyes (2014)

In the late 1950s and early 60s, artist Walter Keane achieves unbelievable fame and success with portraits of saucer-eyed waifs. However, no one realizes that his wife, Margaret, is the real painter behind the brush. It isn't until the Keanes' marriage comes to an end and a lawsuit follows that the truth finally comes to light. (Runtime 1h 46m)

### Senior Excursion: Queen Mary (Long Beach)

Date: Thursday, August 25, 2016  
Time: 9:00am - 4:00pm  
Meeting location: Hart Park House  
Cost: \$55 (includes lunch)  
Level of walking: High

Limited space available! You've heard the stories, the myths and legends, now get the straight scoop on the Queen Mary. The Glory Days Tour is full of interesting anecdotes, fun facts and compelling true stories. Participants will enjoy lunch at the Promenade Café. Entrée choices are: Queen Burger, grilled chicken ciabatta sandwich, Queen Mary Club Sandwich, and Caesar salad with chicken. Dessert and beverage are also included. Please call the Hart Park House to make your meal selection.

Participants should bring money for souvenirs. For more information call the Hart Park House at 626-355-7394.

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Looking Up  
with Bob Eklund



TWO PAIRS OF PLANETS PERFORM IN THE AUGUST TWILIGHT

Step outside as the stars come out, look southwest, and you'll see an eye-catching pattern. For the next few days, bright orange Mars shines to the right of Saturn and the reddish supergiant star Antares. The three form a tall triangle that changes every night.

Mars is moving leftward on its way toward passing between the other two. On August 23 and 24, the triangle shrinks down to a nearly vertical line of three shining points.

After that, Mars will continue leftward and the triangle will widen again, now pointing in the opposite direction.

Not that the three have anything to do with each other. Mars is the nearest of them, 7 light-minutes from Earth (79 million miles). Saturn is almost a dozen times farther away: 82 light-minutes (914 million miles). Antares, the lowest of the three in the sky, is about 550 light-years in the background, or 3.3 quadrillion miles into deep space.

Fainter stars of the constellation Scorpius glimmer in the area too.

Notice that, being a star, Antares is the only one of the bright three that twinkles. That's not the star's own doing; twinkling is caused by the slight heat waves that are always rippling through in Earth's atmosphere, mostly just a few miles from your eyes. Planets appear larger from our viewpoint, so the separate twinklings of each point on a planet's face generally average out to a steady glow.

VENUS AND JUPITER TOO. Meanwhile, the two brightest planets—Venus and Jupiter—are going through a dance of their own.

They're very low in the sky, due west after sunset. Look for them close to the horizon, somewhat left of where the Sun went down, 20 or 30 minutes after sunset. If you have a very low view and clear air, you'll see that Venus and Jupiter are drawing closer together every evening. Venus is the lower one. If the air is hazy, binoculars will help.

The brightest of all the planets, Venus recently returned to the evening sky after spending several months as our "morning star." We

will continue to enjoy its presence as the "evening star" through the fall and winter months.

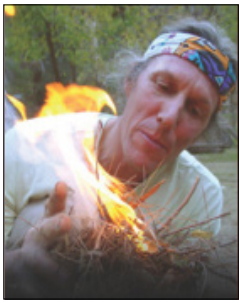
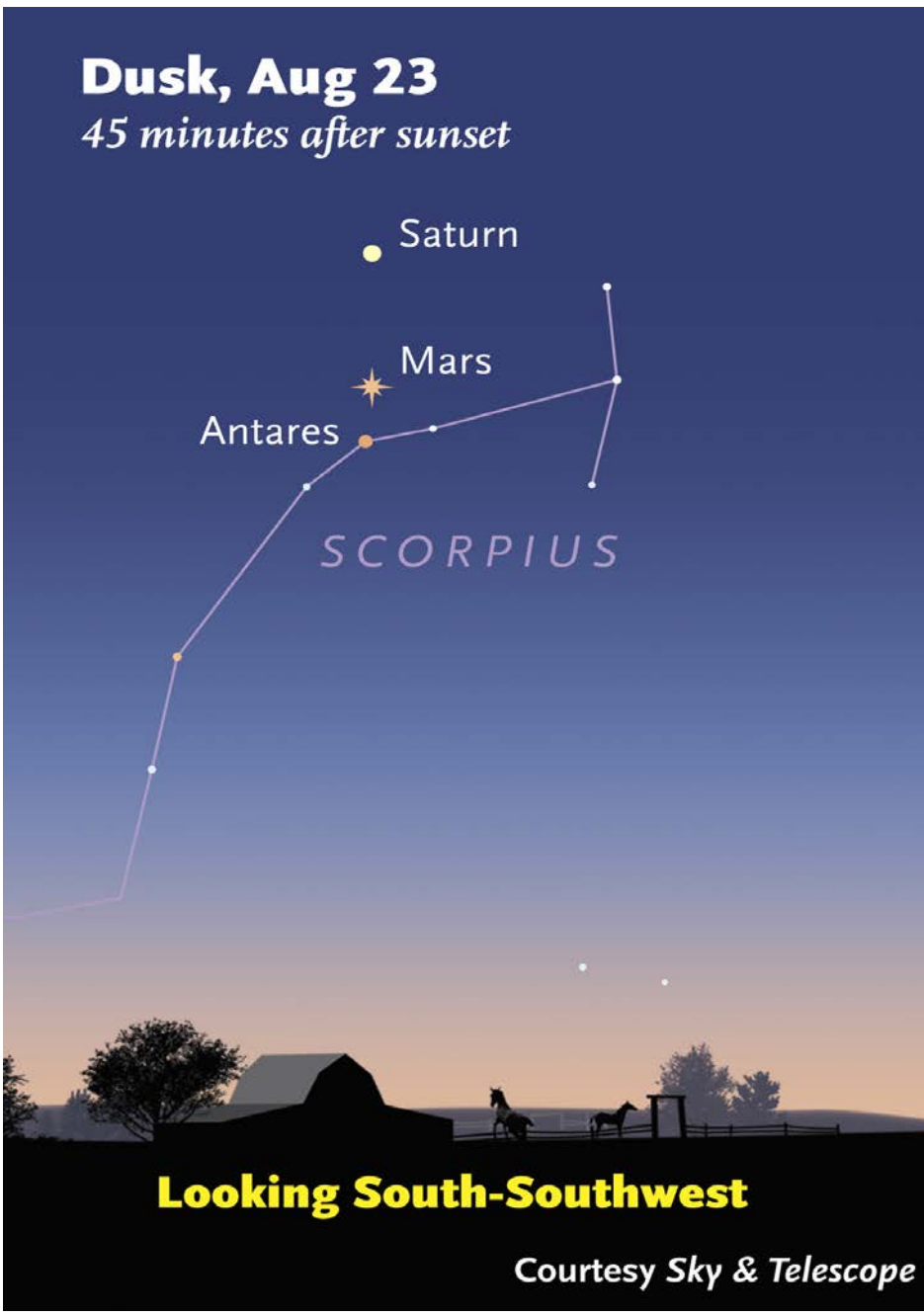
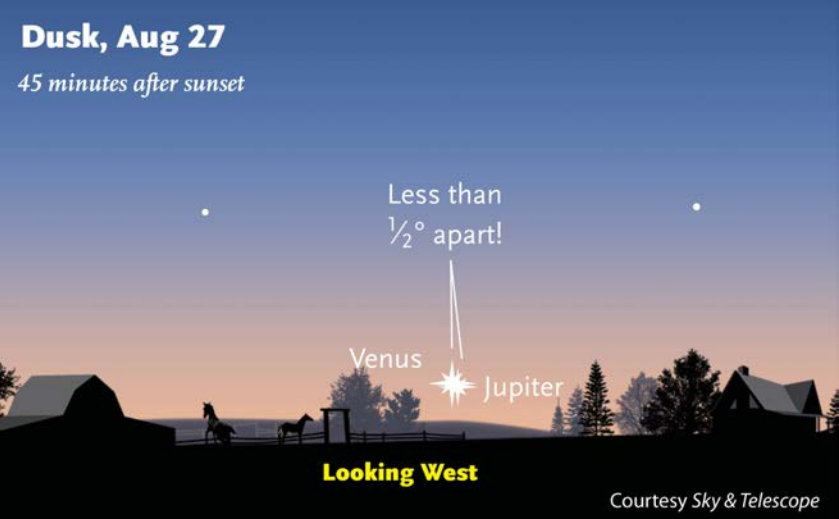
By August 24th, Venus and Jupiter will appear separated by just two finger-widths at arm's length. On the 26th they'll be less than one finger apart. Then on August 27th, they'll have such a close conjunction that you may need binoculars to see that they're two objects, not one!

Again, looks are deceiving. The two planets merely happen to be along our same line of sight. Venus on August 27th is 13 light minutes from Earth (144 million miles), while Jupiter is four times farther: 53 light-minutes away, or 592 million miles.

Astronomers refer to such close apparent pairings as conjunctions, and this is the last of a recent trio of very close ones involving Venus and Jupiter. The other two occurred before dawn on August 18, 2014, and on October 26, 2015.

For skywatching information and astronomy news, visit SkyandTelescope.com or pick up Sky & Telescope magazine. Sky & Telescope and SkyandTelescope.com are divisions of F+W, a content and ecommerce company. F+W also publishes SkyWatch (an annual guide to the night sky) as well as books, star atlases, posters, prints, globes, apps, and other astronomy products.

You can contact Bob Eklund at: b eklund@ MtnViewsNews.com.



CHRISTOPHER Nyerges  
HOW I EARNED AN INCOME AND  
LEARNED TO SPEND LESS

[Nyerges is the author of various books including "Extreme Simplicity" and "How to Survive Anywhere." For information about his classes and books, go to [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com), or Box 41834, Eagle Rock CA 90041]

From 1977 until 1979, I was a squatter in an abandoned house in Los Angeles. The following is adapted from a book I wrote about that period called "Squatter in Los Angeles," available as a Kindle book.

I had no regular job during this period, though I earned \$5 each week by writing an outdoor column for a local paper. It wasn't much money, but it seemed to add up when I got a check at the end of each month. It also got my name out there, and I began to get requests to give talks to local groups and to lead walks for schools.

Even though I paid no rent, I did have a utility and phone bill to pay, so I needed a bit more than \$5 a week. I sought out part time work here and there which would still allow me to attend the various small classes offered by the non-profit during the week. I found work doing such tasks as roofing, framing, writing magazine articles.

I landed a part-time job doing typesetting, which also led to my writing for that little newspaper, the Altadena Chronicle, owned by Sue and Rich Redman. I thought I was on top of the world with that income and my \$5 a week income from the local paper. I also ended up doing some framing and painting at the newspaper office when they remodeled.

In reality, I was on the edge of poverty financially, and yet I felt good, at peace most of the time, and loved to try new things and experiment. My primary source of mental stimulation was through my classes and involvement with the non-profit next door, and I believed this was the most important work I could do. In fact, there was no reason why I could not have gotten some full-time job like all my friends, or enrolled back into college full-time and gotten a degree that would enable me to earn a reasonable income. But somehow I convinced myself that -- for better or worse -- my lifestyle was more important for the solace of my soul, and for the salvation of the planet. Still, my soul wasn't always solaced by my "lifestyle" because I always had a nagging fear anytime anyone came up the driveway. Furthermore, I constantly wavered between confidence and doubt that my way of life had any effect whatsoever on the direction the planet was taking.

My time was divided between my work, my studies and research with the non-profit organization that brought me to Highland Park in the first place. I drove a Honda 90 motorcycle at the time that got 100 miles to the gallon so my transportation costs were very low.

I derived great pleasure from experimenting and learning all the ways I could provide for my daily needs, and even my wants, using things

that I made, grew, found on the property, or obtained from discards. Had I been married with children, I believe this would have been an impossible pursuit, for obvious reasons. But I was essentially alone.

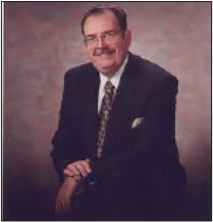
I read Thoreau's Walden Pond for the first time during this period, and found my state of mind frequently resonating with the basic themes in the book. Remember, Thoreau wasn't a bum, or a drop-out, or an alcoholic. Actually, for that matter, he was no squatter either, for the land where he was given permission to do his "experiment" was owned by fellow writer and friend William Emerson. He built for himself a little house (a "shack" by most accounts), and did a lot of his writing there. It would be accurate to say that Thoreau -- like me -- was profoundly interested in the very meaning of life and wanted to discover the point of all the rushing about to get somewhere. Unable to discover these answers in his town, Thoreau built and moved into his little shack in the woods and learned how to grow the food that he ate, and found it nourishing and satisfying. Indians and trappers would visit and talk, and somehow through this unprejudiced intercourse, he found that all people were more alike then different, and a life lived for purely material reasons is a life wasted.

Now I found myself in a similar setting, though it wasn't in the woods but a ruralish part of Los Angeles. I had no pond nearby, but I did manage to get over the Arroyo Seco which was as close to my personal Walden Pond as I felt I would get.

At night, thinking over the day's classes and studies, typing up my notes and insights, I often ruminated over how life should be lived, and wondered why we take up so much time and waste so much of life on trivial pursuits.

I did learn some years later when Thoreau was mentioned by the academics he was regarded as a brilliant intellectual who discovered the simple reality that was right in front of everyone. Be here now. Imagine. The kingdom is within. Which is why I naturally assumed that his own peers would have regarded him as a saint and savior. Wrong! I have actually spoken to descendants of Thoreau's peers and they said that in the day, Thoreau was by no means universally respected. Rather, many regarded him as a bum, an outsider, someone who had rejected society to hang out with the Indians in the woods. I was starting to see that there were more parallels with me and Thoreau than were originally apparent.

So I did my best -- though usually unsuccessfully -- to not be seen as a freeloading bum who chose not to work and who just sat around listening to the birds and who saw secret messages in the clouds.



OUT TO PASTOR  
A Weekly Religion Column by Rev. James Snyder

HOT... AND I LOVE IT

Recently it has been rather hot around here. A little hotter than usual, in my estimation. I really don't know if it is getting hotter or as I get older, I'm not able to handle the hot weather.

Whoever invented air-conditioning needs to have a Nobel peace prize offered him (or her). I have been enjoying the luxuries of air-conditioning inside while the outside is boiling hot.

I was enjoying the A/C with all of its amenities when the Gracious Mistress of the Parsonage came inside literally sweating.

"My goodness," she said hardly able to get the words out, "it's hot outside."

That did it for me. I did not need to go outside to check to see if it was hot outside, I did not have to listen to the weather report to see how hot it was, the wife said it was hot and therefore it was hot.

I have learned after a gazillion years of marriage that life is a lot more pleasant when you agree with your spouse. I would not say this in public, but, she is not always right, but I will never tell her when she is wrong. Of course, I cannot think of any time right now when she was ever wrong. However, that does not close the book for the future.

Truthfully, I must admit that she has been right concerning the weather. It has been hot and everybody is complaining about how hot it is, even her better half.

When she complains about it being too hot, it is too hot, guaranteed!

Not only is it too hot, but the humidity has gone out of sight.

"The air is so heavy outside," my wife said which means the humidity is really bad.

For the longest time I was also complaining about how hot it was outside. Then I had one of those, what do you call it, euphoric moments. You know what I mean, a moment when something bad all of a sudden has a good side to it. Well, I had mine.

I found that being too hot outside is a great advantage, at least for someone like me.

I did not realize this until the other day when my wife said something along the line, "Don't you think you should go out and mow the backyard?"

At the time, I was busily engaged in reading a book. I cannot remember what book it was but I did not want to stop where I was at and go out and mow the backyard. As I was reaching for my bookmark to put in my book so I could come back and pick up where I left off, a brilliant thought exploded in my mind.

I love it when a plan comes together!

The conversation went something like this.

"I would love to go out and mow the backyard," I said with a deep sigh, "but it's just too hot outside today." When I said that I was expecting a little confrontation from the other side of the room. But I was greatly surprised.

"Yes," she said stammering a little bit, "it's too hot to go outside and mow the grass."

That was it! I won this battle. I was so excited, this is probably the first time ever I won anything like this but I could not get back to reading my book. I wanted to break out into my happy dance. It is not every day that I accomplish something this significant.

Then, not surprisingly, she wanted to know if I could help her go outside and do something. I rather forget what it was but I took it as an opportunity to try my new ploy.

"That sounds like a wonderful thing," I said as cheerfully as I could grind it up, "but don't you think it might be just a little too hot to go out and do that kind of work?"

I had no idea if this would work, but I was holding my breath.

"You know," she said rather slowly, "I think you're right. It's probably too hot for us to go out and work up such a sweat." She then walked away.

Talk about wanting to break into your happy dance! Did I discover something or what?

Just this morning she said something to the effect that we needed to go to the store to get a few things. I was just about ready to open my mouth when she said, "And, if you mention how hot it is outside, you will be in deep, deep trouble." And she was not smiling.

"Oh, no, my dear," I said as I got up out of my chair, "the weather is perfect to go to the store."

Obviously, there was no perchance of breaking into my happy dance; however, I did put on a happy smile.

One thing I have learned and that is no matter how bad a situation may be, there is always something good that you can discover. Sometimes it's rather difficult to find anything good in some situations.

Jeremiah, known as the weeping prophet, discovered this sort of thing. "It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness" (Lamentations 3:22-23).

Every cloud has a silver lining, and sometimes you have to really work hard to find that silver lining.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). His web site is [www.jamesnyderministries.com](http://www.jamesnyderministries.com).



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## EQUINE THERAPY: SERENITY FOR THE SOUL, TRANQUILITY FOR THE TROOPS

The concept of using canines for comfort therapy is nowhere near new to most of us dog lovers and others alike. In fact, the idea of dogs helping bring up the spirits of people who are sick or distressed has been around for centuries. And in this day and age, the culture of having comforting canines come to hospitals, nursing homes, rehab centers and schools to lend a helping paw to people in pain has become common practice.

Dogs doing what they do best - loving unconditionally - is certainly not a foreign concept, but how often do you hear about horses bringing hope to a broken soul or healing to a broken heart? Actually, equine therapy is more common than you might think. Spending time with the equine has indeed proven to be just the right medicine for many people seeking some semblance of serenity in their lives.

I happened to pick up a free magazine in front of a real estate office during a dog walk in town this past week, and in it I read about one amazing lady who is very aware of how a human/horse relationship can have a remarkably positive impact on the mind, body and soul. For Jennifer O'Neill, equine therapy has played a big part in living a peaceful life since she was a young child.

Most folks (at least the ones from my generation) best know O'Neill as an awesome actress. She played several major roles in a list of Hollywood hits such as "MASH", "Love Story", "The Exorcist", "The Godfather" and many more. Most of her films came out years ago, so while we 'older folks' may have memories of her on the silver screen, the younger generation may not. But with the numerous globally-good things O'Neill is currently involved in, she need not rely on the roles she played in her early acting career to maintain a good name.

One of the many notable accomplishments Jennifer O'Neill has achieved in recent years is her special way of reaching out to a part of our population that is, far too often, overlooked. Early in life, she recognized the amazing healing affect that spending time and sharing love with horses had on herself and others. As she grew older she also began to recognize the need for such healing among the brave souls who put their lives on the line for our nation's freedom.

With a deep compassion and a strong conviction that interaction with horses has a healing affect, O'Neill decided to create a place where she could freely share that rare and natural source of peace and comfort with the people whom she believes deserve it most - veterans of war, active military troops, first responders and their families.



At Hillenglade, O'Neill's sprawling horse ranch located in the rural outskirts of Nashville, Tennessee, welcomed visitors are known to find new hope through kind equine interaction and other relaxing and therapeutic activities designed to bring serenity to the soul and healing to the heart.

Having been raised in a military family herself, O'Neill understands and appreciates the unique needs many of our troops and first responders are left with after the fact. For many, the mind, body and spirit are depleted and weary due to trauma stemming from the extreme, unsettling and life-threatening experiences they've had to endure. They are often left in desperation for all three forms of nourishment with no idea where to go to get it.

To O'Neill, it just seemed like the natural thing to do, to open up her heart and offer up her horses as comforting companions to those she considers to be America's greatest hero's. She is a sincerely patriotic woman with a strong drive to help others thrive, and the best way she could think of to accomplish that goal was to introduce the troops, first responders and their loved ones to her furry, four-legged, kind equine friends.

I know from personal experience that horses can heal the heart and lend serenity to the soul. They just do it, because that's what they do. They don't have to work themselves up to it. They don't dread doing it or feel as if they are being put out. It just comes natural for them to be a comfort to us. I find that amazing. And equally amazing to me is a remarkable lady like Jennifer O'Neill. This is a woman who possesses a unique brand of kindness and willingness to reach out and help others.

O'Neill makes it her business to be a burden-bearer on behalf of those who fight for our freedom and put themselves in harm's way to protect the lives of others. It is heart-warming to know there are people out there like Jennifer O'Neill, and it tells you something about what happens to the heart of a human who spends a lot of time with horses. Love and let live.



## LOOKING FOR A BEST FRIEND?

Cat Eastwood is a new Leading Man in Meow Manor, winning fans' hearts with his charm and good looks! He is a stunning 1-year-old with a silky black coat that he loves to have stroked. He greets admirers boldly and will often climb into an empty lap for adoration. Cat Eastwood's play style is stalk and attack anything that moves...a toy, a dangling feather, a laser dot, or somebody's shoe laces! He loves hanging out in boxes, looking out to survey his kingdom. When a camera comes his way, he strikes a pose, with his glowing pale green eyes demanding attention. This guy will be an entertaining and loveable star in any household.

Cat Eastwood will be fine in a multi-cat household, or as a sole companion. He qualifies for the \$25 reduced adoption fee in honor of National Black Cat Appreciation Day from 8/15-8/31/2016. This adoption fee includes neuter surgery,



a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Frederick. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Cat Eastwood, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org. Cat Eastwood would love to audition for a place in your forever home.

Go to [smile.amazon.com](http://smile.amazon.com) and find the San Gabriel Valley Humane Society and every time you buy something 0.5% will be donated to the shelter! It's easy to do and helps the shelter with every purchase you make! Let your friends know about this simple way to make a difference!

## PET OF THE WEEK: BOO BOO: ANIMAL ID #A4981640

Boo Boo (A4981640) is a gregarious 7-year-old white male Maltese and Miniature Poodle who was surrendered to the Baldwin Park Animal Care Center on August 9th for no good reason. Weighing 13 pounds, Boo-Boo is quite scared in the shelter and is looking for familiar faces, eagerly scanning the surroundings in the shelter yard. He walks well on leash, showed signs of being housebroken, and likes other dogs. In fact, when he saw another white dog about his own size, he became overjoyed, excited, and tried to get the other pup's attention by barking. Once he was taken over to meet that dog, he sniffed him and instantly settled down by him, seemingly feeling like he was with a friend (we think he might have had a buddy in his former home who resembled this dog). Boo Boo has a skin condition on parts of his body and around his eye that the shelter hasn't named but that we think is likely to clear up once he is in a less stressful living situation and getting good care and nutrition. He should, of course, be seen by an outside vet for these issues. Boo-Boo was cooperative with the groomer and shows every sign of being a sweet and easygoing family dog for any household. We also think he'll be classically fluffy and gorgeous once he's been given proper love and care.



for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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## THE JOY OF YOGA YOGI COOL DOWN



Inspired by the recent high temperatures, I thought I'd give a few of my favorite techniques for an

effective yogi cool down.

Begin with a cooling asana practice and stay out of hot yoga, at least for the summer. There are practices that can be satisfying from a cardiovascular point of view and still cool the body while calming the mind. Gravitare toward a gentler, less rigorous practice that may hold poses longer.

Second, add a cooling pranayama, or breath practice, to your day. Sitali (rolling the tongue lengthwise) and Sitkari (inhaling through the teeth) are excellent for transforming your inhalations into an air conditioner for you! Sitkari is practiced by inhaling through the teeth, closing the mouth, then exhaling through the nose. With

Sitali, the tongue is rolled lengthwise and saliva is gathered in the center. Then inhale, bringing in the cool air and saliva down the throat. Close the mouth and exhale out the nose. Repeat several times. Both can aid in soothing excess heat and hot emotion.

Lastly, try giving as much attention to what you are putting into your body with food and drink as you would your physical asana practice. My favorite summer foods include: watermelon, cucumber, cilantro, and coconut. I also use spices such as cardamom and turmeric for their calming and anti-inflammatory properties.

Are you feeling overloaded? Think of cooling excess heat by balancing your schedule too. Strive to lessen the burden in some way to steer clear of overheating, exhaustion, and irritation.

Stay cool, friends, and I will see you in class!

Namaste, Keely Totten

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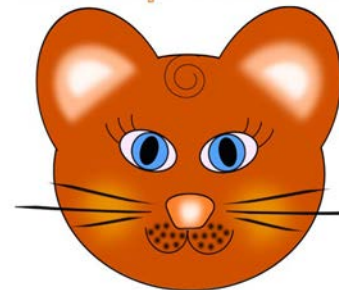
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## Katnip News!



Meet PEACHES! Born 2009, this sweet and spunky miss likes people of all ages! Come and meet her and give her a little sweet-talk, and she can't do enough for you! She likes to roll over, play with the string toy, and just generally be entertaining.

She loves to just be pet anywhere, mostly her tummy, and likes walking around and then just chilling. She definitely likes attention--doesn't really sit on your lap but will lay next to you and help you watch tv or read. She is fine with other relaxed cats, but would maybe just like to be your one and only. Peaches had a tough early life, but, thankfully, that did not stop her happy spirit! This special girl is a winner!

Lifeline for Pets is a small no-kill rescue organization, and we know our cats well. We show some of our cats



most Sunday afternoons at Petsmart, 3347 E. Foothill Blvd. in Pasadena, 12:30-3:30.

Adoption fee is \$100, which includes spay, microchip, & vaccine. Our cats are negative FELV/FIV unless otherwise indicated.

See adoption application, more pictures, & videos on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org). Or call 626-676-9505. Sorry, we are not accepting cats at this time.

Facebook: [www.facebook.com/lifelineforpets](http://www.facebook.com/lifelineforpets). Pasadena. Email: [info@lifelineforpets.org](mailto:info@lifelineforpets.org)

GOOD NEWS: The "Panda Triplets" have been adopted!



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AROUND SAN GABRIEL VALLEY

ANTONOVICH HONORS THE 2016 NISEI WEEK  
QUEEN AND COURT

LOS ANGELES COUNTY – Supervisor Michael D. Antonovich honored the 2016 Nisei Week Japanese Festival Queen and Royal Court at the Board of Supervisors meeting. Founded in 1934, the annual Nisei Week Japanese Festival promotes Japanese culture and heritage through exhibits, sporting events, martial arts exhibitions, street art festivals, a grand parade and a car show in Little Tokyo.

On August 13, with a crowd of nearly 700 in attendance at the Aratani Theatre in Little Tokyo, the 2016 Nisei Week Queen and Royal Court were chosen. Queen Jaclyn Hidemi Tomita is a 24-year-old and a graduate of San Diego State University,

Princess Heather Yoneko Iwata is 25-years-old and a graduate of the University of Southern California, where she received her Bachelor of Arts degree in Communications. She plans to be a leader in cultivating diversity within the entertainment industry by opening a small business in Little Tokyo. Heather represents the East San Gabriel Valley Japanese Community Center and will support the pediatric cancer research program as her platform.

Princess Kaya Minezaki is 24-years-old and a graduate of the University of Hawaii at Manoa, where she received her Bachelor of Arts degree in Biology with a Minor in English. She plans to



Pictured left to right: Supervisor Mark Ridley-Thomas, Princess Kaya Minezaki, Princess Shannon Aiko Rose Tsumaki, First Princess Megan Tomiko Ono, Queen Jaclyn Hidemi Tomita, Supervisor Hilda Solis, Supervisor Michael D. Antonovich, Nisei Foundation President Terry Hara, Supervisor Don Knabe, Miss Tomodachi Julia Kiyomi Tani, Princess April Leilani Nishinaka, and Princess Heather Yoneko Iwata

where she received her Bachelor of Arts degree in Art and Multimedia. She plans to become a Registered Nurse. Jaclyn represents the San Fernando Valley Japanese-American Community Center and will support the “Michael J. Fox Foundation” as her platform.

1st Princess Megan Tomiko Ono is 23-years-old and a graduate of the California State University of Long Beach where she received her Bachelor of Arts degree in Communications Studies and a Minor in Marketing. She plans to attend graduate school and pursue a career in the nonprofit field where she hopes to utilize her marketing and communication skills. Megan represents the Orange County Nikkei Coordinating Council and will support “Lakers Youth Foundation” as her platform.

“Miss Tomodachi” Julia Kiyomi Tani is 24-years-old and a graduate of the California Maritime Academy where she received her Bachelor of Science degree in International Business and Logistics. She plans on becoming a special education teacher or speech pathologist. Julia represents the Pasadena Japanese Cultural Institute and will support “path” as her platform.

attend medical school and specialize in emergency medicine. Kaya represents the Japanese Restaurant Association of America and will support “Project Angel Food” as her platform.

Princess April Leilani Nishinaka is 23-years-old and a graduate of the University of Southern California, where she received her Bachelor of Arts degree in Physics with a minor in American Studies and Ethnicity. She plans on teaching high school math or science. April represents the Evening Optimist Club of Gardena and will support “Expanding Your Horizons Network” as her platform.

Princess Shannon Aiko Rose Tsumaki is 22-years-old and a graduate of Whittier College, where she received her Bachelor of Arts degree in Sociology and a Minor in Anthropology. She is currently working as a cost planner/analyst at Northrop Grumman Aerospace Corporation and ultimately plans to attain a management role in human resources. Shannon represents the West Los Angeles Japanese American Citizens League and Venice Japanese Community Center and will support the “Susan G. Komen for The Cure” as her platform.

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THE FUTURE OF ALTADENA????

DID YOU KNOW that the County is planning to make changes to the Community Standard District (CSD) guidelines for Altadena that could allow developers to build five story buildings along Lake Avenue and other commercially zoned areas? The changes proposed for would also allow for more drive-thru establishments to be built in the commercial areas in Altadena.

The CSD says....

**NEW PROPOSED CSD IS:** P.23 Bii "Height. Except in the Lake Ave. Mixed Use Zone, maximum height shall be 35 feet.... and P. 33 Lake Avenue Specific Development Standards.

1. Height limits. The maximum height limit permitted in the area for a commercially zoned property is 48 feet (up from 35)
2. Drive through will be allowed within twenty feet from a residential area and does not require a concrete block wall between residential and commercial drive thru. Will allow 24 hour operation.
3. Will have enforcement of fence and hedge heights.

**SEE INFORMATIONAL VIDEO:**  
<http://cfpup.org/2016/08/altadena-csd-revisions-and-why-you-need-to-be-concerned/>

A CSD committee has been put together by the County made up of 11 people that claim to represent the 43,000+- people living in Altadena. Do you know who they are and are they representing your desires for Altadena?

What you need to do NOW....

Contact Supervisor Antonovich and his Land Use deputy, Adel Vizcarra and demand

1. That meetings be held in Altadena to allow those that will be affected by these changes have an opportunity to learn about the CSD plans and provide input.
2. Restart the CSD committee selection process.
3. Notification to every household in Altadena of where and when CSD meetings take place and agendas of the meetings is provided (**no more secret meetings**).
4. Visionary meeting of the proposed changes to the CSD for the entire community.

**ATTEND the next Altadena Town Council meeting on August 16<sup>th</sup> at the Altadena Community Center 7:00PM.**

CALL AND/OR WRITE TO:

Michael D. Antonovich  
Supervisor, Fifth District  
500 West Temple St Room 869  
Los Angeles, California 90012  
213-974-5555  
Fax #: 213-974-1010  
<http://antonovich.com>  
E-mail: [FifthDistrict@lacbos.org](mailto:FifthDistrict@lacbos.org)

Adel Vizcarra  
Land Use Deputy  
500 West Temple St Room 869  
Los Angeles, California 90012  
213 893-2456  
**See other contact routes below**

If You object to the Aldi, if you object to design standards written and passed without any real public notification, if you want to keep Altadena's tradition of fences and hedges, then please follow this link and sign our petition that will go to the Board Of Supervisors and the regional planning commission.  
<https://www.change.org/p/los-angeles-county-regional-planning-commission-save-altadena-s-front-yards-rebuild-the-aldi-reform-the-csd>

Adel Vizcarra, Land Use Deputy on Face Book

[https://www.facebook.com/edel.vizcarra/media\\_set?set=a.777068810862.2218347.15102378&type=3](https://www.facebook.com/edel.vizcarra/media_set?set=a.777068810862.2218347.15102378&type=3)

Edel Vizcarra, Land Use Deputy on LinkedIn

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On the Marquee:

Notes from the Sierra MadrePlayhouse

LEARNING LESSONS

By Artistic Director, Christian Lebano

I've mentioned before that I am a work in progress as an Artistic Director. I have learned so much these last few years – but still, I get walloped by events and have to muster the fight and energy to keep moving forward.

The 25th Annual Putnam County Spelling Bee closes this Sunday with a completely sold-out weekend. This follows an almost sold-out weekend last week. After running for six weeks this Ovation Recommended and extremely well-reviewed show started selling. The difference – Frances Baum Nicholson's review appeared in the Star-News. I have discounted the value of reviews before, but now I've had to adjust my thinking and accept that some reviews in certain outlets CAN make a difference. I wish it had happened sooner – for the cast, who played for houses some nights of 35 and for the Playhouse, which still relies on box office to make our budget. We'll end up losing money on this show and we shouldn't have.

CarneyMagic is on stage next from Thursday, August 25 through Sunday, August 28. For those of you who missed John Carney's show in May, here's your chance to see one of the world's best sleight-of-hand magicians. There are still tickets available for every show. I do hope you'll come out to see him – you will be so glad you did.

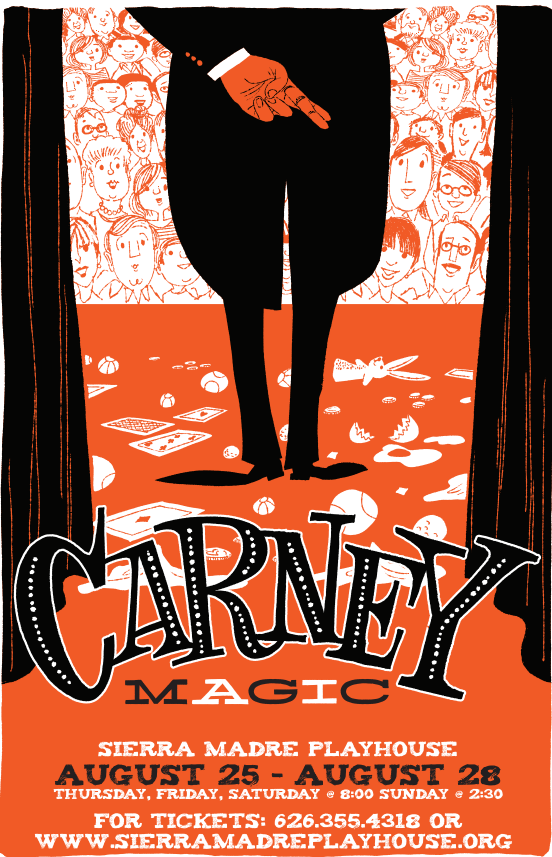
We've had to postpone Bee-luther-hatchee until January. Suddenly one of the creative team members became unavailable and we decided to postpone the show rather than go on without them. This may be a blessing in disguise as it gives us more time to properly market this unknown show AND will allow it to coincide with Black History Month. A more natural fit for the show. I'm very disappointed, however, as it was going to be my return to acting. I know the cast was disappointed when I contacted them, but we felt we had to make this decision. I do hope it goes off as plan – I think it is a very worthy show.

We now have a hole in our programming and I'm going to have to do some dancing to fill it. We have a couple of prospects, but nothing sure.

We also had to cancel the Off the Page Reading of Foxfire this Monday night. We didn't get the rights in time to properly cast and rehearse the reading. I'm sorry to disappoint the many patrons who look forward to this new series, but again, given our small staff, it became too difficult to substitute something else at the last minute.

So these are the lessons I'm learning. Lessons that keep me up at night. I still think my time at the Playhouse is worth the stress. I'm proud of what we've accomplished and thrill to hear the wonderful comments we get.

This is your Playhouse. Please let me hear from you. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to purchase tickets.

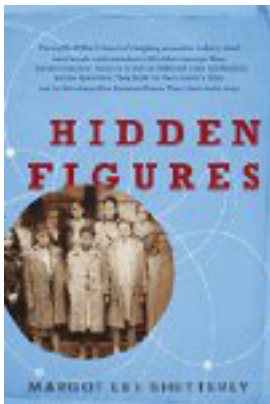


Jeff's Book Pics

By Jeff Brown

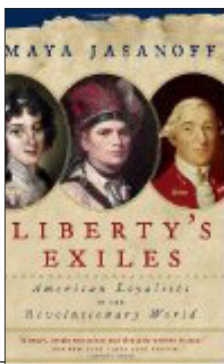
HIDDEN FIGURES: THE AMERICAN DREAM AND THE UNTOLD STORY OF THE BLACK WOMEN MATHEMATICIANS WHO HELPED WIN THE SPACE RACE

by Margot Lee Shetterly



The phenomenal true story of the black female mathematicians at NASA whose calculations helped fuel some of America's greatest achievements in space. Soon to be a major motion picture starring Taraji P. Henson, Octavia Spencer, Janelle Monae, Kirsten Dunst, and Kevin Costner. Before John Glenn orbited the earth, or Neil Armstrong walked on the moon, a group of dedicated female mathematicians known as "human computers" used pencils, slide rules and adding machines to calculate the numbers that would launch rockets, and astronauts, into space. Among these problem-solvers were a group of exceptionally talented African American women, some of the brightest minds of their generation. Originally relegated to teaching math in the South's segregated public schools, they were called into service during the labor shortages of World War II, when America's aeronautics industry was in dire need of anyone who had the right stuff. Suddenly, these overlooked math whizzes had a shot at jobs worthy of their skills, and they answered Uncle Sam's call, moving to Hampton, Virginia and the fascinating, high-energy world of the Langley Memorial Aeronautical Laboratory. Even as Virginia's Jim Crow laws required them to be segregated from their white counterparts, the women of Langley's all-black "West Computing" group helped America achieve one of the things it desired most: a decisive victory over the Soviet Union in the Cold War, and complete domination of the heavens. Starting in World War II and moving through to the Cold War, the Civil Rights Movement and the Space Race, Hidden Figures follows the interwoven accounts of Dorothy Vaughan, Mary Jackson, Katherine Johnson and Christine Darden, four African American women who participated in some of NASA's greatest successes. It chronicles their careers over nearly three decades they faced challenges, forged alliances and used their intellect to change their own lives, and their country's future.

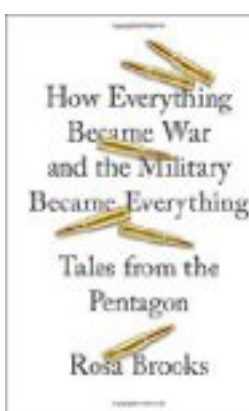
LIBERTY'S EXILES: AMERICAN LOYALISTS IN THE REVOLUTIONARY WORLD



by Maya Jasanoff  
This groundbreaking National Book Critics Award Winning book offers the first global history of the loyalist exodus to Canada, the Caribbean, Sierra Leone, India, and beyond. At the end of the American Revolution, sixty thousand Americans loyal to the British cause fled the United States and became refugees throughout the British Empire. Liberty's

Exiles tells their story. This surprising new account of the founding of the United States and the shaping of the post-revolutionary world traces extraordinary journeys like the one of Elizabeth Johnston, a young mother from Georgia, who led her growing family to Britain, Jamaica, and Canada, questing for a home; black loyalists such as David George, who escaped from slavery in Virginia and went on to found Baptist congregations in Nova Scotia and Sierra Leone; and Mohawk Indian leader Joseph Brant, who tried to find autonomy for his people in Ontario. Ambitious, original, and personality-filled, this book is at once an intimate narrative history and a provocative analysis that changes how we see the revolution's "losers" and their legacies.

HOW EVERYTHING BECAME WAR AND THE MILITARY BECAME EVERYTHING: TALES FROM THE PENTAGON



by Rosa Brooks  
The first serious book to examine what happens when the ancient boundary between war and peace is erased. Once, war was a temporary state of affairs—a violent but brief interlude between times of peace. Today, America's wars are everywhere and forever: our enemies change constantly and rarely wear uniforms, and virtually anything can become a weapon. As war expands, so does

the role of the US military. Today, military personnel don't just "kill people and break stuff." Instead, they analyze computer code, train Afghan judges, build Ebola isolation wards, eavesdrop on electronic communications, develop soap operas, and patrol for pirates. You name it, the military does it. Brooks traces this seismic shift in how America wages war from an unconventional perspective—that of a former top Pentagon official who is the daughter of two anti-war protesters and a human rights activist married to an Army Green Beret. Her experiences lead her to an urgent warning: When the boundaries around war disappear, we risk destroying America's founding values and the laws and institutions we've built—and undermining the international rules and organizations that keep our world from sliding towards chaos. If Russia and China have recently grown bolder in their foreign adventures, it's no accident; US precedents have paved the way for the increasingly unconstrained use of military power by states around the globe. Meanwhile, we continue to pile new tasks onto the military, making it increasingly ill-prepared for the threats America will face in the years to come. By turns a memoir, a work of journalism, a scholarly exploration into history, anthropology and law, and a rallying cry, this book transforms the familiar into the alien, showing us that the culture we inhabit is reshaping us in ways we may suspect, but don't really understand. It's the kind of book that will leave you moved, astonished, and profoundly disturbed, for the world around us is quietly changing beyond recognition and time is running out to make things right.

All Things Considered

By Jeff Brown

MEDAL MONETARY AWARDS

Michael Phelps swims fast, but not fast enough to beat Uncle Sam, who awaits him at the finish line each time he wins a medal. His total income tax bill for the 2016 Games? Up to about \$55,000 for his five golds and one silver. Olympic athletes who bring home medals also bring home cash — \$25,000 for gold, \$15,000 for silver and \$10,000 for bronze — paid for by the United States Olympic Committee. Like any prize winner, from a jackpot hitter to a Nobel Prize recipient, the athletes are taxed because Olympic medals and cash bonuses are considered income, said Steven Gill, associate professor of accounting at San Diego State University. The maximum possible "victory tax" on the bonus for each gold medal, using the top tax rate of 39.6% for the nation's highest earners, is \$9,900, according

to Americans for Tax Reform. For silver, it's \$5,940, and for bronze it's \$3,960. Athletes in lower tax brackets would owe less — and keep in mind that some or all of their massive training expenses would likely be deductible, whether they treat their sport as a business or a hobby. Congress has tried to give Olympic athletes a tax break. In 2012, Sen. Marco Rubio, R-Fla., introduced a bill to shield medals and bonuses from Uncle Sam, but it died. "We can all agree that these Olympians who dedicate their lives to athletic excellence should not be punished when they achieve it," Rubio said in a statement then. As for Phelps and his maximum Olympic tax bill of \$55,440, don't worry. He probably won't have a hard time paying up. His net worth is about \$55 million, according to Celebrity Net Worth.

SEAN'S SHAMELESS REVIEWS:

By Sean Kayden



In 2014, Young The Giant's second album "Mind Over Matter," which debuted at No. 7 on the Billboard Top 20, showcased the band evolving artistically from their straightforward rock debut. The quintet's self-titled first record,

dating back to 2011, featured radio hits like "Cough Syrup" and "My Body." The Orange County natives went with a louder, more synth driven record on "Mind Over Matter," an approach deemed necessary to differentiate from their first album. Now another two years have gone by and the band is at crossroads. Where do they go from here professionally? There's seems to be a limit on how many directional changes one band can make in rock music these days. After all, many people think rock and guitars are simply dead in this new generation. As they've attempted to do so before, the band has been given the task (by themselves) to make another daring change with the recently released third LP, "Home of the Strange." Personally, I've always thought the band was good, but have yet to reach greatness with any of their overall albums. The act definitely have crafted some wonderful songs within their repertoire, however these handful songs come off two records that more or less don't stand out in the complete sense. Honestly, YTG have always took second fiddle to another SoCal band of the name, Local Natives, a much superior and refined five-piece act. However, as another few years have gone by, can Young The Giant finally take the true artistic leap forward they're anxiously searching for?

The step forward begins with opening number, "Amerika." It's a leading contender for the best track off the record and proves to have some deeper lyrical undertones. "It's a rich kids game / And I didn't grow up with a throne / It's all it really is," is taken from "Amerika," the dreamy, dynamically layered, and synth driven starter. The band has said it's taken the political road with "Home of the Strange." In such a time like this, the youth movement is huge and Young the Giant have a voice too, as they have self-proclaimed. That voice being actually heard is another story, but the band explores what the American Dream means in 2016 – lust, excess, power and sex. One side of the coin is wonderment and the other is disappointment. So far, the start here is solid. The low-key anthem second single is "Something To Believe In," the follow-up track on the record to "Amerika." It's definitely radio-friendly with another robust showcase for lead vocalist Sameer Gadhia, who sings with absolute fortitude. It's a prime example of the group exploring different echoes, which are a bit darker and more complex. Lyrically, I'm not captivated but the contemporary feel and catchy phrase, "I'll give you something to believe in" certifies something charming for me. One of my favorite tracks off the record is titled, "Mr. Know-It-All." It's not my favorite for obvious reasons, I like purely for the overall composition and the sound of Gadhia's voice. It won't spin heads with the corny

lyrics, but it's downright addicting. Musically, Young the Giant push their once known boundaries into new elevations. It's such a convincing showcase on the technical side, but lyrically it falters in becoming something engrossing or quotable. The lyrics "You're Mr. Know-It-All / She's staring at her phone / And even though you sit together / You feel so alone / It's such a tragedy / When people hardly speak / Try to live up to the

Young The Giant – "Home of the Strange"  
Artist: Young The Giant  
Album: Home of the Strange  
Label: Fueled By Ramen  
Release Date: August 12th, 2016

person you pretend to be / You're Mr. Know-It-All," are sung here as if something really important needs to be stated, but it's a simple set up and a painfully distinctive observation of today's youth culture (when's the last time you saw someone under the age of 23 not on their cellphone?). If you don't look beyond the surface of the track, there's much to fall in love with. "Repeat" starts off with an acoustic guitar, bringing us back to Young The Giant's roots. However, not too long after it begins, the arrangement blossoms into a full-fledge rock song. In another attempt and a successful one I might add, the band comes together with a tune that ignites into something wonderfully dynamic. Young The Giant covers a bountiful sonic space with their third full-length record. A standout track, "Repeat," features the band's best lyric—"The world's not empty / It's how you want it to be." It's sort of what the album is striving for thematically. A record inspired and created by young individuals going through an identity crisis, a time of directionless, and finding the greater meaning to everything from the search to the achievement and from failure to success (and remaining there for as long as possible). Unfortunately, the band comes up tragically short in making a strong or memorable finish with "Nothing's Over" and title track, "Home of the Strange." Both tracks are sorely generic in execution leaving the listener savagely disappointed after a string of solid tracks like the aforementioned "Repeat," the melodic and only track featuring additional vocals, "Titus Was Born" and the slow tempo endeavor, "Art Exhibit." "Home of The Strange" is an album caught up with ideas, concepts, and beliefs. Does it clearly execute and flesh out those thoughts completely? Not entirely. In a world where music seems too artificial and missing any substance, Young The Giant try to mix carefree vibes with a strong voice. I'm not totally sure they have reached their lofty goals, but there's plenty to embrace here to dismiss many, but not all of the band's shortcomings.

Grade: 7.5 out of 10  
Key Tracks: "Amerika," "Mr. Know-It-All," "Titus Was Born," "Repeat"

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## FAMILY MATTERS

By Marc Garlett



## FIVE REASONS TO NEVER GIVE AN OUTRIGHT INHERITANCE TO YOUR CHILDREN - AND WHAT TO DO INSTEAD!

If you're like me, you want to leave an inheritance for your children. It's likely a big part of the reason you work so hard. But far too often, the way an inheritance is left actually does more harm than good. And that's something no parent wants.

Giving outright ownership of our assets to our kids could put everything you've left behind at risk. Why, how, and what can you do about it?

Let me share with you the five reasons leaving an outright inheritance to your kids is a mistake and then show you the way to protect your kids' inheritance - not just for them, but for generations to come.

### Your Child's Future Divorce

According to current statistics, forty-two percent (42%) of our children will divorce during their lifetime. In most divorces property is divided evenly. So if you have a married child, or a child who will get married in the future, and you leave them an inheritance, and they later divorce, as much as half of their inheritance could go to their ex-spouse. You aren't working as hard as you are to support your child's future ex-spouse, right?

### Bankruptcy

Your child may incur such extreme debt that the only possible relief will come through bankruptcy.

Possible causes of such debt are a business venture gone bad or a major health event such as addiction, mental illness, accident, or disease that results in either a temporary or permanent inability to work in combination with staggering bills.

Bankruptcy does happen to good people so why not ensure the inheritance you leave behind will never be at risk due to a mistake or health issue?

### Lawsuit

Unintentional neglect that injures someone else's person or property could wipe out an inheritance you leave your children. For example, consider these recent lawsuit judgments:

\$49 million in California for an automobile accident where the family of 21-year-old college student sued drivers of two vehicles involved in the multi-vehicle crash. The plaintiff's counsel claimed one defendant was sleep-deprived, while the other was on their cell phone. The plaintiff was in a coma for one month and is expected to require lifetime 24-hour care.

\$20 million in Florida for an ATV accident where a teenage male was killed while riding an ATV on the neighbor's property. The neighbor had invited him to drive the ATV, permitting him to operate it without proper safety equipment and without adult supervision. The teenage male struck a fence and was killed.

\$11.9 million in Florida for an internet defamation suit brought by a Florida consultant against a Louisiana woman for posting defamatory statements about the plaintiff on an internet bulletin board. The defendant called the plaintiff a "crook" and a "fraud."

\$5.9 million in Maryland in a dog-bite case where a 16-month-old child was attacked and killed by a pit bull kept at the home of a family friend.

It is easy to see how well intended, but neglectful behavior on the part of your children could completely wipe out any inheritance you leave them.

### 4. Mismanagement

I have many clients who tell me they do not trust their children to manage money. This could mean that their children are spendthrifts, unwise investors, or easily manipulated out of the money. And, the statistics support this for nearly 20% of inheritors.

According to Prof. Jay L. Zagorsky of Ohio State University, 40% of individuals inheriting less than \$100,000 will spend or lose the entire inheritance with about half as many who inherit more than \$100,000 spending or losing the entire inheritance. It's quite likely that if that inheritance was left in a different way those numbers would greatly improve. I'll share more with you about that below.

### 5. Lost Work Ethic:

Some people simply can't handle prosperity. In fact, that may even be most people.

For example, Thomas Stanley and William Danko in their book, *The Millionaire Next Door*, uncovered research showing that children who received an inheritance were worth four-fifths less than others in their same profession who didn't.

Vic Preisser, of the Institute for Preparing Heirs, says that unprepared children who inherit money are susceptible to excessive spending, identity loss, and guilt over receiving money they didn't earn. Preisser says, "In a year to 18 months, everything falls apart -- marriage, finances -- and if there is a drug problem it becomes worse." Thus leaving an outright inheritance to our kids may do more harm than good.

As you can see, an outright inheritance is usually NOT the best answer for your kids.

Most lawyers would tell you that the answer is to leave your kids' their inheritance in a Trust and they'd be right, but they would likely still distribute that Trust outright to your kids at specific ages or stages.

But there's an even better plan ( far better, in fact).

### The Alternative

An alternative to an outright inheritance to your children ("outright" meaning they both personally own and can personally lose the inheritance) is to gift your assets to your children at the time of your death via a Legacy Asset Protection Trust.

A Legacy Asset Protection Trust can be drafted to give your children full control of their inheritance (if you choose), but ensure they never own the inheritance. And because the rule of law is you can't lose what you never owned, you are gifting your children with lifetime, airtight asset protection, of the kind they couldn't give themselves at any price.

When you gift an inheritance to your children via a Legacy Asset Protection Trust, the trust owns the property, not your children. Thus, if your children ever get divorced, file bankruptcy, or are ordered to pay damages in a lawsuit, they can't lose the inheritance, simply because they never owned it.

And if they use their inheritance wisely (and the trust can be set up to help them do that too), those assets can grow and be passed down via another Legacy Asset Protection Trust from your children to their children and so on. In fact, this tool is something that really helps families grow their assets and build wealth from generation to generation.

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A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.



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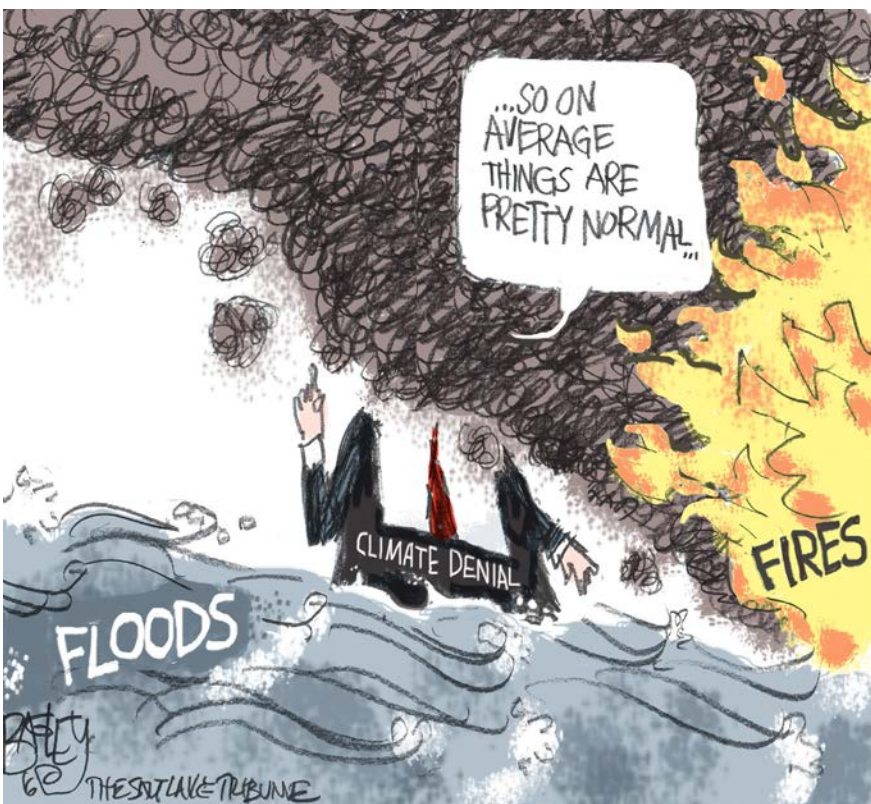
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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## DICK Polman ROGER AILES AND DONALD TRUMP DESERVE EACH OTHER



If you read Superman comics as a kid, you're probably familiar with Bizarro World — the planet where everything is the opposite of life on Earth. I bring this up because it's clear Donald Trump is running

for president of Bizarro World.

Trump is on track to lose female voters like no other candidate in modern times — a new poll in pivotal Florida says that he's losing white women by 17 points — so you would think, here on Earth, that he'd want to prepare for the autumn debates by enlisting an adviser who's politically savvy about women. But no. Hewing to the rules of Bizarro World, Trump will take debate advice from Roger Ailes — the Fox News chairman who lost his job amidst allegations that he sexually harassed at least 20 women.

Trump is bursting with Bizarro behavior these days. He has no chance — zero, nada — of winning Maine or Connecticut or Wisconsin ... so naturally he has campaigned this month in all three. He's trying to pitch himself to black voters ... so naturally he staged a rally in a white suburb. He badly needs to broaden his "appeal" beyond the fever swamp ... so naturally he announced this week (in yet another staff shakeup) that his new campaign CEO is Steve Bannon, the notorious chairman of Breitbart News, a fever swamp website that's pitched to people who think Fox News is too nice.

Bannon is bad enough — conservative critic Erick Erickson says the Trump campaign is "moving from dumpster fire to Chernobyl" — but the fateful pairing of Trump and Ailes is what fascinates me most. Two serial sexists, jointly plotting their last hurrah. They deserve each other.

Even as various Trump flacks tried to deny that Ailes is on board, it's patently obvious why Trump wants him around. Ailes is the acknowledged master of using television to fool gullible viewers. Long before he ever worked his magic at Fox News, creating a misinformation propaganda shop that masquerades as

journalism, Ailes made his bones repairing and honing the TV images of Republican candidates. And no candidate has ever needed image repair more than Trump.

Ailes won't be the only voice in Trump's ear as debate season draws near, but he alone brings expertise dating back to Dick Nixon in 1968. His task that year, as Nixon's media adviser, was to package a New Nixon in place of the Old Nixon. The Old Nixon was paranoid and polarizing; the New Nixon was wise and mature. It was all fakery, of course, but Ailes did his job well. He crafted 30-minute infomercials that featured Nixon taking a lot of softball questions in TV studios from citizens pre-chosen by Ailes. The studio spectators applauded every answer.

It'll be the challenge of Ailes' career to soften Trump's detestable image, especially during his debates with Hillary Clinton. It's one thing to fool the credulous viewers of Fox News, but it'll be tough to foist a New Trump on the broader, skeptical public.

During debate prep, Ailes will probably try to shave down Trump's rough edges, try to make people forget the divisive bellowing buffoon. Heck, even an alleged sexual harasser understands that female viewers won't vote for an alpha male who yells at a woman.

But there are two big problems: (1) Trump doesn't listen to anybody, and (2) The rest of Trump's brain trust — new CEO Steve Bannon, Putin-compromised Paul Manafort, and new campaign manager Kellyanne Conway (who has toiled in vain for 20 years trying to get more women to vote Republican) — will be competing to make Trump listen. Bannon, for instance, is not big on image makeovers; he thinks that Trump should just be Trump.

How sad for Roger Ailes. He may have launched his political career as a genius, but now, after leaving Fox News in disgrace, he risks going down in the smoking wreckage.

*Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Pennsylvania.*

# LEFT TURN/RIGHT TURN

JOHN L. Micek



## TWO CAMPAIGN CONTROVERSIES VOTERS SHOULDN'T SHRUG OFF

If you ever wonder why some people think the game is rigged, why they believe the rich get access to government and power and influence the way the average working stiff doesn't, then two headlines are instructive.

Earlier this week, The New York Times reported that Paul Manafort, the campaign manager for Republican presidential nominee Donald Trump, had popped up in a "secret ledger" showing \$12.7 million in cash payments were earmarked for him from a political party headed by Ukraine's former president, a pro-Russian strongman named Viktor F. Yanukovich.

That came on top of revelations last week of what appears to have been an entirely too cozy relationship between Democrat Hillary Clinton's State Department and major donors to the controversy-prone Clinton Foundation.

Both incidents are each, for their own reasons, profoundly troubling. And they would be, on their own, in a normal campaign year, a serious argument for disqualification for the respective candidates.

But this isn't any other year. The voting public has proven strikingly immune (or perhaps is now simply indifferent) to shocking, shameful or embarrassing things the Democratic and Republican nominees have said or done.

However, there is something more unsavory and unseemly about Manafort's Ukrainian payday and the reports that Clinton's State Department skated right up to the edge of "pay-to-play."

Let's stipulate up front that the skills of a political consultant like Manafort are entirely portable. Getting a candidate elected in Pretoria isn't that much different from getting one elected in Pittsburgh.

The difference here, of course, is the candidate. Yanukovich was a strongman whose stormy tenure was beset by allegations of police abuse and corruption, according to published reports.

There's no evidence Manafort, based on the ledgers, received any cash. And he has denied taking any. Even still, it's more than a little troubling that Trump would pick a guy who was apparently okay with shilling for someone as repellent as the pro-Russian Yanukovich.

Meanwhile, at issue for Clinton are two email conversations, dating from 2009 and made public by the right-leaning Judicial Watch.

They showed that Douglas J. Band, then the head of the Clinton Global Initiative, pressed senior Clinton aides Huma Abedin and Cheryl D. Mills to arrange a meeting between a foundation donor and a senior State Department official.

That donor, Gilbert Chagoury, has denied that a meeting with anyone at the State Department ever took place. And he says that he was just trying to relay information about his home country of Lebanon, The Post reported.

As The Post also notes, Clinton herself was not involved. But Abedin, who simultaneously (and improperly) worked at both the State Department and Clinton Foundation, was involved and apparently encouraged the interaction.

And, no, there's no direct evidence of illegality here. Even so, it doesn't pass the basic smell test. In the end, a deep-pocketed donor received favorable consideration in a way that is unimaginable (and unavailable) to the average citizen. And that's just unacceptable.

If Trump is serious about his bumper-sticker pledge to make America great (whether it needs to be made great "again" is open to debate), then he can't employ a guy who takes money from governments whose values are not consonant with our own.

And if Clinton is going to credibly champion the little guy on the stump, then she needs to thoroughly explain (and perhaps be held to account by voters) why the Clinton Foundation was not a favor bank for the rich and powerful.

And then she needs to reassure voters that it will never happen in the White House. And if neither thing happens, then ask yourself (again) why people think the game is rigged. It shouldn't be hard to answer.

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*An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at [jmicek@pennlive.com](mailto:jmicek@pennlive.com).*

MAKING SENSE by Michael Reagan

## TRUMP NEEDS MORE VOTES, LESS APPLAUSE

I've finally figured out what Donald Trump's main problem is. No jokes, please.

It's because at his core he's an entertainer who's looking for applause, not a politician who's looking for votes.

Applause makes you feel good on stage at the Improv or at the end of a Broadway play. But it doesn't get you elected.

If Trump really wants to save what's left of Western Civilization from four years of President Hillary Clinton, he's got to learn how to get his message out to more voters.

When he gives his big policy speeches, he does fine. The addresses he delivered recently about fighting terrorism and fixing the economy were generally good.

They'd make good stump speeches and he should shorten them to twenty minutes and repeat at least one of them every day.

But the most important thing about those careful, joke-free teleprompter speeches wasn't what Trump said or even how he said it.

It was that he was speaking to the whole country, not just the people in the auditorium. He wasn't seeking the instant approval of the audience with his "Crooked Hillary" shtick or promises to build a border wall and make Mexico pay for it.

In those two serious policy speeches Trump did what my father did in Berlin in 1987 at the Brandenburg Gate, when he told Mikhail Gorbachev to "Tear down this Wall!"

My father wasn't merely speaking to the huge crowd in front of him, he was speaking beyond them to all the people on the other side of the Berlin Wall who were not free. Trump has to start speaking to a wider, broader, larger audience -- the independents and Republicans that he's got to get to vote for him.

He needs to do it every day. He can't slip back to delivering his applause lines. We've heard those jokes.

We'll soon see whether Trump's new team of Kellyanne Conway and Steve Bannon can make a difference in his behavior or focus.

Conway is a pro who knows what she's doing. But you can hire the best people on the planet and it won't help if you don't listen to them.

While Team Trump is in a hiring mood, how about finding someone who actually knows how to stage a campaign speech?

When Trump was in Wisconsin earlier this week talking about the economy and how the Democrat Party's has failed and betrayed black people, I don't think I saw a single black person.

It was incredibly amateurish stagecraft.

It'd be like giving an important policy speech about the plight of out-of-work coal miners to an audience of nuns or guys in three-piece suits.

I realize Trump isn't exactly surrounded by black supporters. And I know the part of Wisconsin he was in was 95 percent white.

But couldn't someone in his campaign have found fifty black people to be in the crowd so the media couldn't react in the knee-jerk way they did?

My father's media genius, the late deputy chief of staff Michael Deaver, would have had a thousand blacks in that audience even if he had had to pay them to be there.

Trump has to do a lot more learnin' and a lot more hirin'.

And if he doesn't do it real soon he'll be back running his business empire, living a quiet life in Trump Tower and getting in almost as many rounds of golf each week as President Obama.

*Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at [www.reagan.com](http://www.reagan.com) and [www.michaelereagan.com](http://www.michaelereagan.com). Send comments to [Reagan@caglecartoons.com](mailto:Reagan@caglecartoons.com). Follow @reaganworld on Twitter.*



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AN INDIVIDUAL. Signed: JOSE MA OSORIO-GALINDO. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-189275 The following person(s) is (are) doing business as: PZ SOCIAL DASH; PZ SO-CAL DASH, 555 W 5<sup>th</sup> ST., L.A., CA 90013. Full name of registrant(s) is (are) JACQUELYN THOMAS, 1527 JUNIPERO AVE. APT 19, LONG BEACH, CA 90804. This Business is conducted by: AN INDIVIDUAL. Signed: JACQUELYN THOMAS. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-185227 The following person(s) is (are) doing business as: R & J PALLETS, 901 E SLAUSON AVE., L.A., CA 90011. Mailing address: 7126 MAKEE AVE., L.A., CA 90001. Full name of registrant(s) is (are) JUAN CAMPOS, 7126 MAKEE AVE., L.A., CA 90001. This Business is conducted by: AN INDIVIDUAL. Signed: JUAN CAMPOS. This statement was filed with the County Clerk of Los Angeles County on 07/25/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-167232 The following person(s) is (are) doing business as: RED CARPET READY, 13111 S SAN PEDRO ST. STE 54, L.A., CA 90061. Full name of registrant(s) is (are) BRIDGET PONEY, 13111 S SAN PEDRO ST. STE 54, L.A., CA 90061. This Business is conducted by: AN INDIVIDUAL. Signed: BRIDGET PONEY. This statement was filed with the County Clerk of Los Angeles County on 07/05/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/2016. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-188976 The following person(s) is (are) doing business as: ROBERTO'S WROUGHT IRON, 2322 CARLYLE PL., L.A., CA 90065. Full name of registrant(s) is (are) ROBERTO VAZQUEZ GOMES, 2322 CARLYLE PL., L.A., CA 90065. This Business is conducted by: AN INDIVIDUAL. Signed: ROBERTO VAZQUEZ GOMES. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/19/83. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-189142 The following person(s) is (are) doing business as: RODRIGUEZ GUILLEN TRUCKING, 4554 W 18<sup>th</sup> ST., L.A., CA 90019. Full name of registrant(s) is (are) RODRIGUEZ GUILLEN TRUCKING, INC., 4554 W 18<sup>th</sup> ST., L.A., CA 90019. This Business is conducted by: A CORPORATION. Signed: ANGEL GUILLEN. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-189097 The following person(s) is (are) doing business as: RREZINATE, 17808 ELAINE AVE., ARTESIA, CA 90701. Full name of registrant(s) is (are) FEDERICO G. MANALOTO, 17808 ELAINE AVE., ARTESIA, CA 90701. This Business is conducted by: AN INDIVIDUAL. Signed: FEDERICO G. MANALOTO. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious

Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-169408 The following person(s) is (are) doing business as: SCRATCH & MATCH, 1219 N ALAMEDA AVE., AZUSA, CA 91702. Full name of registrant(s) is (are) PETER RODRIGUEZ, 1219 N ALAMEDA AVE., AZUSA, CA 91702. This Business is conducted by: AN INDIVIDUAL. Signed: PETER RODRIGUEZ. This statement was filed with the County Clerk of Los Angeles County on 07/07/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/13/15. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-185259 The following person(s) is (are) doing business as: SDSCOOTERPARTS.COM, 515 W PICO BLVD., L.A., CA 90015. Full name of registrant(s) is (are) SCDOTER DYNASTY, LLC, 515 W PICO BLVD., L.A., CA 90015. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: VINCE Q. NGO. This statement was filed with the County Clerk of Los Angeles County on 07/25/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/2016. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-185548 The following person(s) is (are) doing business as: SEE INSIDE VIRTUAL TOURS, 480 W MONTEREY AVE., POMONA, CA 91768. Full name of registrant(s) is (are) CONCIERGE BUSINESS SERVICES, INC., 480 W MONTEREY AVE., POMONA, CA 91768. This Business is conducted by: A CORPORATION. Signed: CLINT BERRY. This statement was filed with the County Clerk of Los Angeles County on 07/25/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/2016. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-185865 The following person(s) is (are) doing business as: SMD DRYWALL, 12531 PRAMOUNT BLVD. #B, DOWNEY, CA 90242. Full name of registrant(s) is (are) SMC DRYWALL, INC., 12531 PRAMOUNT BLVD. #B, DOWNEY, CA 90242. This Business is conducted by: A CORPORATION. Signed: SALVADOR POLINA ARROYO. This statement was filed with the County Clerk of Los Angeles County on 07/25/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-185534 The following person(s) is (are) doing business as: TASTY FRESH FRUITS, 251 STONEWOOD ST., DOWNEY, CA 90241. Mailing address: 8426 TAVANO PL., RANCHO CUCAMONGA, CA 91730. Full name of registrant(s) is (are) WAHEED RAHMAN, 8426 TAVANO PL., RANCHO CUCAMONGA, CA 91730. This Business is conducted by: CO-PARTNERS. Signed: WAHEED RAHMAN. This statement was filed with the County Clerk of Los Angeles County on 07/25/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-184603 The following person(s) is (are) doing business as: THAT'S SO VOGUE BOUTIQUE, 356 E ALONDRA BLVD., GARDENA, CA 90248. Full name of registrant(s) is (are) BLANCA A LEON, 14801 ORANGE AVE., PARAMOUNT, CA 90723. JESSICA SERRANO-INZUNSA, 14801 ORANGE AVE., PARAMOUNT, CA 90723. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JESSICA SERRANO-INZUNSA. This statement was filed with the County Clerk of Los Angeles County on 07/22/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on

12/2015. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-188945 The following person(s) is (are) doing business as: VARTA PACKAGING, 222 S 9<sup>th</sup> AVE., CITY OF INDUSTRY, CA 91746. Full name of registrant(s) is (are) TONY FRIAS, 15728 BARLETTA DR., HACIENDA HTS., CA 91745. This Business is conducted by: AN INDIVIDUAL. Signed: TONY FRIAS. This statement was filed with the County Clerk of Los Angeles County on 07/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/2010. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-188252 The following person(s) is (are) doing business as: VST HEALTH CENTER, 2389 S HACIENDA BLVD., HACIENDA HTS., CA 91745. Full name of registrant(s) is (are) JPC HEALTH CORP., 745 E VALLEY BLVD. #226, SAN GABRIEL, CA 91776. This Business is conducted by: A CORPORATION. Signed: CHARLES C. PANG. This statement was filed with the County Clerk of Los Angeles County on 07/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FILE NO. 2016-187807 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) DEBBIE POWELL, has/ have abandoned the use of the fictitious business name: CHARLIES WINDOW SERVICES, 1022 E 1<sup>st</sup> ST. #1, LONG BEACH, CA 90802. The fictitious business name referred to above was filed on 06/10/2013, in the county of Los Angeles. The original file number of 2013119644. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 07/27/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: DEBBIE POWELL/OWNER. Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FILE NO. 2016-185941 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) MANJU GURUNG, 220 W ANAHEIM ST. #C, WILMINGTON, CA 90744. NIR K. GURUNG, 220 W ANAHEIM ST. #C, WILMINGTON, CA 90744, has/ have abandoned the use of the fictitious business name: MAGIC EYEBROW, 220 W ANAHEIM ST. #C, WILMINGTON, CA 90744. The fictitious business name referred to above was filed on 05/14/2012, in the county of Los Angeles. The original file number of 201090890. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 07/25/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: NIR K. GURUNG/OWNER. Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FILE NO. 2016-186889 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) HUI LING JIANG, 6231 SULTANA AVE A, TEMPLE CITY, CA 91780. YILI WANG, 1704 S 6<sup>th</sup> ST. #1, ALHAMBRA, CA 91803, has/ have abandoned the use of the fictitious business name: MM NAIL'S, 406 E VALLEY BLVD., SAN GABRIEL, CA 91776. The fictitious business name referred to above was filed on 03/02/2016, in the county of Los Angeles. The original file number of 2016050487. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 07/26/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: YILI WANG/GEN PARTNER. Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

FILE NO. 2016-185942 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) SONY TAMANG, 12161 DROXFORD ST., ARTESIA, CA 90701. JIWAN TAMANG LAMA, 12161 DROXFORD ST., ARTESIA, CA 90701, has/ have abandoned the use of the fictitious business name: VENUS EYEBROW THREADDIG, 4501 S ALAMEDA ST. UNIT 68, VERNON, CA 90058. The fictitious business name referred to above was filed on 01/27/2016, in the county of Los Angeles. The original file number of 2010404046. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 07/25/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JIWAN TAMANG LAMA/OWNER. Publish: Mountain Views News Dates Pub: July 30, August 06, 13, 20, 2016

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## Sierra Madre Police Department Presents:

# ACTIVE SHOOTER INFORMATIONAL PRESENTATION

This presentation is intended to provide the public with guidance on how to prepare for and respond to active shooter crisis situations. It will provide valuable information for those working in or attending schools, churches, office settings, and other similar venues.

### WHEN:

**Tuesday, September 6<sup>th</sup> 6:30PM**

### LOCATION:

**Sierra Madre City Hall Council Chambers  
242 W. Sierra Madre Blvd.**

### OPEN TO THE PUBLIC

For additional information contact Lt. Donna Cayson @

[dcayson@cityofsierramadre.com](mailto:dcayson@cityofsierramadre.com)



**RUN  
HIDE  
FIGHT**

**Run:** Can you safely escape?

**Hide:** Is there a good place to hide?

**Fight:** Would you, should you, confront the assailant?

Training Hosted By  
**Sierra Madre Reserve Police Officers**

### Presenter:

**Reserve Officer Ben Palmer**

**Active Shooter Preparedness**  
Are You Prepared?

**Free Exam!**  
**For New Clients**

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(Expires 9/30/16)

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