

## REMEMBRANCES

### RAE V. ANDERSON JR. 1923 - 2016

*"They broke the mold  
after they made Rae!"  
"What an inspiration!"*

Another of the Greatest Generation has left us. Rae V. Anderson, 51 year resident of Sierra Madre, passed away September 9, 2016. World War II Submariner and Korean War veteran, member and past president of the Search & Rescue Team and daily hiker of the Mt. Wilson Trail for many years, Rae was a naturalist of the finest kind with an encyclopedic knowledge of birds, plants, trees, flora and fauna of every description.

Born May 30, 1923, Rae was a resident of Alhambra and Southern California all his life, except for stretches in the Navy, where he served his Country with pride and excellence. Rae joined the Navy in 1942 at a very young 19 and served on a submarine in the Pacific as a radio-sonar-radar operator and technician. He was part of the commission crew of the SS-402 Sea Fox Balao-class submarine. Rae served 'duration plus six months' exiting active duty in 1946, then went into the Reserves. Rae was on Midway Island when the atomic bombs were dropped on Japan.

Commissioned as a Reserves officer in the Peacetime Navy, Rae was sent back to Japan where he worked with and made friends with the Japanese officers who made up what was called the Japanese Maritime Defense Force after the War, training them on Patrol Frigates, notably, the USS Newport. Rae is pictured here on the bridge of the USS Newport on which he was the Executive Officer during the Korean War. Rae frequently commented that these Japanese officers, the finest surviving officers following WW2 had forgotten more about seamanship than he ever knew!

Rae was part of the shore support team in the shelling of the Inchon invasion and had his share of Korean Service medals. Rae loved the Navy but not so much his time in the Korean conflict.

Rae attended Pasadena JC (now PCC) then went on to graduate from UC Berkeley with a BS in business. He was a long-time employee of Pacific Telephone, seeking employment with a company that would afford him the ability to take care of his family. As a child growing up in the Depression, that stability was something he greatly valued for his family. He retired from Pacific Telephone at age 63 and devoted himself to his real love, pursuit of knowledge in natural history and the natural sciences.

Rae married Geraldine Mary Griest in October, 1942 – just before he entered the Navy. They were blessed with four children: Kenneth Rae, Eric Van, and twins Kurt Scott and Heidi Lucille. Kurt laughingly stressed that he was by far the senior twin, being 13 minutes older than Heidi! Rae and Gerry were the proud grandparents of ten grandchildren and numerous great-grands. Gerry passed away just two months short of their 60th wedding anniversary.

Rae's home, hidden away in the Sierra Madre Canyon, is one of those lovely places where it's just plain peaceful to be. As part of the group celebrating Rae's 93rd birthday, I had occasion to sit out on his back deck with many of his friends and admire the trees and Rae's Koi pond. Ah, the Koi pond...very deep, straight down with an overhang – designed to defeat the miserable raccoons and herons, eventually became a sushi platter for our bears. Over the years, Rae spent a fortune on Koi and at this moment, his least two favorites are still swimming happily and awaiting their next helping of TetraPond Koi Growth Food!

A past president and member, of the Sierra Madre Search & Rescue Team, Rae organized and took part in searches, ran and organized base camps and was heavily involved in the bloodhound training as one of the family dogs, Jinx, was a bloodhound and the Anderson sons quickly became the "bait" in training these search dogs. "You guys go up the trail there and hide!" The process would repeat with the tracking distances increasing, a few feet at a time until the hounds became proficient at finding the right scent and tracking the victim for miles.

At age 75, Rae met Anne Garbarine and they became fast friends and fellow Trail hikers, undertaking a backpack trip into the Sierras and, along with a group of ladies, who called themselves the Rae-ettes, went to Africa in 2008, visiting Uganda to see the gorillas. This arduous two day adventure to be close to gorilla families was a huge thing for Rae and he frequently spoke of the gorillas, even having them as his screen saver. Two of his Rae-ettes took him to Catalina for his 92nd birthday, to show him the place he hadn't seen since the 1940's.

Rae was one of those people who would bend over backward to help a friend and, as a result, had many friends who loved him dearly. He was a frequent dog-sitter and did his best to corrupt the best behaved dogs. He was an aviculturist, involved particularly with the spectacularly beautiful Lady Gouldian Finch, and was renowned for his success in keeping and breeding them.

Rae's picture is proudly displayed on our own Veteran's Memorial Wall in Sierra Madre Memorial Park. A memorial will be held at Ascension Church in Sierra Madre at 9:00 AM, Saturday, October 29, 2016.

Submitted by Deanne Davis

### RUSSELL W. KING

Russell W. King passed away September 16, 2016. He resided in Sierra Madre for over 50 years.

He was born April 2, 1928 in Rosiclare, the third child of Floyd and Hildred King. He is survived by his five children: Rebecca Floyd, Steven King, Suzanne Hammersmith, Leslie McLeod and Carol LaCorte, along with eleven grandchildren and his sisters Wanda Kinscherff and Norma Lawless. His wife of 64 years, Ruth Eleanor (Young) King, passed away in 2015.

Russell was a submariner in the Navy from 1946-1948, and then earned a bachelor's degree in Physics from Southern Illinois University. He founded Medi/Nuclear Corporation, Inc., which provides radio-aerosol lung delivery systems for nuclear medicine, with a dozen patents for his product designs. He owned a number of affiliated companies and a ranch in Northern California.

More than his considerable accomplishments, Russell



was especially proud of his family.

A private service was held at Rose Hills Memorial Park in Whittier, CA. Donations in his memory may be made to the Golden Circle Senior Citizen's Council in Elizabethtown, IL, or the Arkansas Inland Maritime Museum, home of the USS Razorback submarine.

## VICTOR A. RANDALL OF SIERRA MADRE ARRESTED ON POSSESSION OF CHILD PORNOGRAPHY CHARGES

On September 20, 2016, detectives from the Los Angeles Police Department's (LAPD) Juvenile Division, Internet Crimes Against Children Unit (ICAC), assigned to the Los Angeles Regional Internet Crimes Against Children (LAICAC) Task Force, arrested a resident of the City of Sierra Madre, identified as Victor A. Randall, 38 years of age, for violation of 311.11(a) Penal Code, a Felony, Possession of Child Pornography.

Randall was charged on two counts of California Penal Code Section 311.1(a) which reads, "311.1. (a) Every person who knowingly sends or causes to be sent, or brings or causes to be brought, into this state for sale or distribution, or in this state possesses, prepares, publishes, produces, develops, duplicates, or prints any representation of information, data, or image, including, but not limited to, any film, filmstrip, photograph, negative, slide, photocopy, videotape, video laser disc, computer hardware, computer software, computer floppy disc, data storage media, CD-ROM, or computer-generated equipment or any other computer-generated image that contains or incorporates in any manner, any film or filmstrip, with intent to distribute or to exhibit to, or to exchange with, others, or who offers to distribute, distributes, or exhibits to, or exchanges with, others, any obscene matter, knowing that the matter depicts a person under the age of 18 years personally engaging in or personally

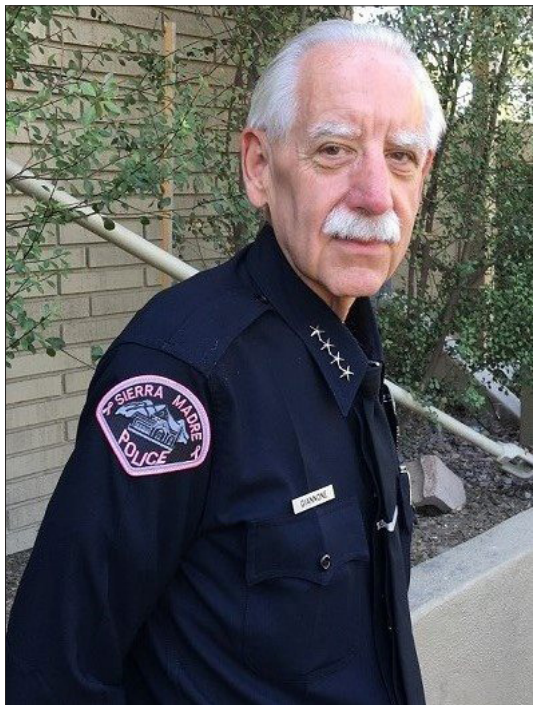
simulating sexual conduct, as defined in Section 311.4, shall be punished either by imprisonment in the county jail for up to one year, by a fine not to exceed one thousand dollars (\$1,000), or by both the fine and imprisonment, or by imprisonment in the state prison, by a fine not to exceed ten thousand dollars (\$10,000), or by the fine and imprisonment."

Investigators initiated the investigation after receiving reports from the National Center for Missing and Exploited Children (NCMEC).

Randall was booked at the LAPD, 77th Street Jail on the aforementioned charge, and was subsequently released on \$20,000 bail. Randall was given a Notice to Appear at the Clara Shortridge Foltz Criminal Court Building, Division 30 on October 14, 2016.

The LAPD is the principal agency for the Los Angeles Regional Internet Crimes Against Children Task Force, with 69 Federal, State and Local affiliate Law Enforcement agencies that detect and investigate child predators that use the Internet as a means to contact children for the purposes of sexual exploitation or deal in child pornography. For further information contact LAPD's Media Relations section at (213) 486-5900.

## CITY LOSES PUBLIC SAFETY AND PUBLIC WORKS DIRECTORS TO RETIREMENT



Department with one goal in mind -- that was to make it a stronger and more professional police department. As I recently reflected on the Department as a whole, I realized that not only has my goal been met, but the Police Department is strong and in the best position it has been in for many years. The Department will be back to full staffing, providing 24/7 service to the community starting October 30, 2016. I have been involved in the Law Enforcement profession for 44 years; it is now time to pass the torch to my strong management team to continue to move this Department forward and to continue providing the best possible service to the Sierra Madre Community." City Manager Aguilar added, "Larry is truly amazing; not only is he a great Chief, but he also possesses skills and professional insight that extend beyond his public safety background and he is always ready to step in to help with whatever is needed. But most significantly, he is a true example of a tireless, dedicated public servant, public safety professional, and a leader." Giannone last day will be December 10, 2016

When giving notice of his retirement, Bruce Inman stated, "As I prepare to leave Sierra Madre I am filled with pride over the accomplishments of the Public Works Department over the last twenty years. (cont. page2)

The City of Sierra Madre announced this week the retirements of Sierra Madre Public Safety Director and SMPD Chief Larry Giannone (left) and Public Works Director Bruce Inman, (below) with Public Safety Director Larry Giannone at the end of the year. This announcement comes on the heels of City Manager Elaine Aguilar's retirement earlier this month.

Inman, the senior of the three, has been employed by the city since 1997. Both Aguilar and Giannone joined the city in 2007.

Mayor Gene Goss noted that the city will begin the process of replacing these individuals as soon as possible. The first priority is anticipated to be a replacement for City Manager Aguilar whose Assistant Elisa Cox left the city for another position a few months ago. The Police Department has Captain Joe Ortiz and Lt. Donna Cayson to fill in until a new chief is named. In addition, Sierra Madre native Chris Cimino has been Inman's 'right hand' for many years.

Giannone began his employment with Sierra Madre in March 2007, as a Captain in the Police Department. He was promoted to Chief of Police in 2012, and then was appointed Public Safety Director in November 2014, overseeing both the Police and Fire Departments. Giannone's public safety career began 44 years ago, as a Police Cadet with the Huntington Beach Police Department.

When Giannone was asked about his service to Sierra Madre, he replied, "In 2007 I joined the Sierra Madre Police



SERVING YOU SINCE 1949

## GEM PLUMBING

Locally Owned & Operated

**AIR CONDITIONING & HEATING  
SALES, SERVICE &  
INSTALLATION**

FREE ESTIMATES

# We Do It All!

COPPER RE-PIPES  
FAUCETS | LEAK DETECTION  
KITCHEN AND BATH REMODELS  
DRAIN AND SEWER CLEANING | WATER  
HEATERS | WE TACKLE OLD FIXTURES

FREE ESTIMATES

ALL MAJOR BRANDS

Emergency Service Available

355-3496

140 E. Montecito | Sierra Madre

State Contractor Lic. #111308



Family owned, AAHA certified Animal Hospital & Boarding Facility for Dogs, Cats, Rabbits, Guinea Pigs, Rats, Mice, Turtles and Tortoises.

Come see our facility any time without an appointment!

**Dr. Gueniat**  
with Teddie



[www.MonroviaPet.com](http://www.MonroviaPet.com)  
**626.358.1146**



Boarding is Veterinary Supervised at all times. We offer large indoor runs with natural daylight, 3-4 daily outdoor play times on real grass, and quality Royal Canin prescription food. Your Pet will receive the same personal attention and care we would expect if boarding our own pets. Feline guests have their own feline-friendly boarding area. We offer soothing spa treatments, nail trims and other grooming services while your pet is visiting.





## Weather Wise

6-Day Forecast Sierra Madre, Ca.



Sun:	Sunny	Hi 90s	Lows 60s
Mon:	Sunny	Hi 90s	Lows 60s
Tues:	Sunny	Hi 90s	Lows 60s
Wed:	Sunny	Hi 90s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:  
Tuesday September 27, 2016  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

SIERRA MADRE CITY  
MEETINGS

Regular City Council Meeting  
Tuesday, September 27, 2016, 6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [cityofsierramadre.com](mailto:cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

Monday, September 19, 2016, 6:30 pm  
Community Services Commission Meeting

Wednesday, September 21, 2016, 7:00 pm  
Energy, Environment and Natural Resources Commission Meeting

Wednesday, September 28, 2016, 7:00 pm  
Library Board of Trustees Meeting

LIBRARY EVENTS - GET CARDED! SEPTEMBER IS  
NATIONAL LIBRARY CARD SIGN UP MONTH!

Come in to the Library to replace your lost or damaged card for free or to get your first Sierra Madre Library card from September 1 through October 31.

## TAKE THE ADULT READING CHALLENGE

Take the challenge and expand your horizons by reading outside your comfort zone. This month, read Science Fiction or Fantasy to qualify for prize drawings.

## COLORING NIGHT

Monday, September 19, and every third Monday, 5:00 – 8:00 pm. Relax in the Library with a variety of coloring books and materials.

## BOARD GAME NIGHT

Tuesday, September 20, and every third Tuesday, 5:00 – 8:00 pm. Games for all ages and volunteers to teach.

## TEEN BOOK CLUB

Wednesdays at 4:00 pm for those in grades 7 – 12. Free books, snacks, and lively discussion.

<http://www.cityofsierramadre.com/services/library>

## Inside this week:

CALENDAR Pg. 2

SIERRA MADRE NEWS Pg. 4

PASADENA/ALTADENA Pg. 5

ARCADIA NEWS Pg. 6  
MONROVIA/DUARTE Pg. 6

THE GOOD LIFE Pg. 7

THE WORLD AROUND US Pg. 8

BEST FRIENDS  
HEALTHY LIVING Pg. 9

## SECTION B:

AROUND SAN GABRIEL  
VALLEY B1

THE ARTS B2

BUSINESS NEWS/FOOD B3

OPINION B4

LEGAL NOTICES B5-8



9 Kersting Court Sierra Madre, Ca. 91024  
626-355-1180

EXTRAORDINARY  
CUSTOM FLORAL  
ARRANGEMENTS

## THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.  
THAT'S 85 YEARS OF COMMUNITY SERVICE!

WE MEET WEEKLY AT THE LODGE (FORMERLY  
THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON,  
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH.

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,  
AND HAVE SOME FUN!

Sierra Madre  
Woman's Club

550 W. Sierra Madre Blvd.

Founded February 1907 – Dedicated to Charitable Service and Friendship  
Member of General Federation of Women's Clubs [cfwc.org](http://cfwc.org) & [gfwc.org](http://gfwc.org)

## Come Enjoy Ragtime Music

With Meister Ruth Wheeler

Wed, Sept 28 11:30 am

## Blue &amp; Gold Tea

RSVP 626-841-8873 by 9/26

\*\*\* Lattes & Mysteries 10/29 \$20 \*\*\*

Explore Opportunities & Membership with Us

Come Join us for Member-Only Yoga w/ Paul Tuesdays, 10 am

Facebook/SierraMadreWomansClub 355-4379

Rent Our 1914 Historic Essick House 310-200-1004

Shop Award-Winning Wistaria Thrift Shop 355-7739



Rotary Is Being A Part Of Our Town.

More willing hands, caring hearts and Inquisitive minds. Plus breakfast created By Chef Mario.

For more info go to FB or Meetup.

Rotary of Sierra Madre

We meet Tuesdays: 7-8:30 a.m.

The Hart Park House,  
222 W. Sierra Madre Bl.,  
Sierra Madre, CA 91024



Reduced!

\$1,150,000  
619 West Alegria, Sierra Madre

~ 3 Bedrooms  
~ 2 Bathrooms  
~ Year Built 1929 (2016)

~ 1879 Square Feet (per assessor)  
~ 11,803 Square Foot Lot (per assessor)  
~ 2-Car, Direct Access Garage

Carol Canterbury  
BRE #01243298  
(626) 355-1600 Office  
(626) 252-6322 Cell



BERKSHIRE  
HATHAWAY  
HomeServices  
California Properties

This information is deemed reliable, but has not been verified and is not guaranteed.

~ COMPLETELY REMODELED in 2016 ~

Everything has been updated and or replaced! All new main water lines, sewer line, electrical and copper plumbing! A gorgeous designer kitchen, with new solid maple cabinets and Carrera marble counter tops, opens to a dining area. The fireplace is in the large living room complete with Carrera marble accents. The whole house has brand new hardwood floors and is freshly painted inside and out. Both full size bathrooms have Carrera marble counters also with beautiful marble flooring! The yard has been landscaped with drought resistant grass, new patio in the front and back of home, along with new fencing. This home is a masterpiece!



Berkshire Hathaway HomeServices is independently owned and operated.

HELP DECORATE SIERRA  
MADRE FOR HALLOWEEN

Students between the ages of 9-17 are invited to participate in Sierra Madre's spooktacular Halloween Window Painting Contest. Applications and guidelines will be distributed in private schools and can be found coming home with students in PUSD the week of September 6. They can also be picked up at the front desk of City Hall and at the Library where they have been available since the middle of August. Completed applications are due back to City Hall or the Library by 5 pm on Tuesday, October 11.

Teams of up to four students of the same age group can work on a window design. At least one participant must be a Sierra Madre resident. Painting will be done from 2:30-6:00 pm on Friday, October 21, and from 7:30-10:00 AM on Saturday, October 22. Judging will follow and awards by age group will be given at 12:15 on Saturday.

Our local merchants are critical to the success of this event. They support us by allowing us to use their windows for the painting contest, through monetary donations to cover the cost of materials, and through the donation of other items that enhance the experience of the participants. We thank them for their help.

This year's Halloween Window Painting Contest is sponsored and underwritten by the Sierra Madre Civic Club and is free to participants. Specific questions may be directed to Margaret Switzer, event chair, Sierra Madre Civic Club at 626 355-8207. Last year's participation enjoyed a record turnout as 275 children painted 88 windows offered by 65 merchants. This was an increase of 40%. We look forward to your participation in this annual fun, fall activity.

## REFLEXOLOGY CAN HELP!

Reduce Pain us Promote healing us Stress relief us Improve overall well being



## FootsmArts Reflexology

Bs. Lic. #21422

Despina Tsiknas-Arzuoman

Certified Reflexologist

Located in Sierra Madre

(626) 355-3414

By Appointment Only

Visit our website:

[www.footsmarts-reflexology.com](http://www.footsmarts-reflexology.com)









## THE SHOPS ON BALDWIN IN SIERRA MADRE



CAPELLI COURT SALON  
51 N Baldwin Ave.  
Sierra Madre CA 91024

Ester Gorena  
Stylist- Owner  
capellicourt@yahoo.com  
626-836-1242

facebook.com/capelli.court



Sheila Vietro, Agent, Lic. #0589790

19 Suffolk Avenue, Sierra Madre, CA 91024  
Bus 626 355 1485 Toll Free 800 585 5662  
Fax 626 355 3308

sheila.vietro.bts6@statefarm.com

The greatest compliment you can give is a referral.



Fine Furniture, Art, & Apparel

Karen Byrne  
Proprietor

26 N Baldwin Ave, Sierra Madre, CA 91025 Tel. 626.488.2226



Now Offering Gourmet Burgers

• Coffee • Conversation • Community

COFFEE HOUSE & BAKERY

45 N. Baldwin Ave. Sierra Madre, CA 91024 / T: (626) 355-1598



GYM (626)836-1236  
PILATES (626)836-2000

PRO PILATES  
PERSONAL TRAINING  
FULL FITNESS FACILITY



www.SierraFit.com



CASA DEL REY - SIERRA MADRE

Family Owned Since 1972 - Originally located in Temple City

31 N. Baldwin Ave.  
Sierra Madre, CA 91024

626-355-6060

www.casadelreyrestaurant.com



HAND SELECTED &  
UNIQUELY HANDMADE GIFTS

55 N. Baldwin Ave.  
Sierra Madre, CA 91024  
626-355-0200 info@bellesnest.com

RUIZ SHOE REPAIR  
EST 1954



COMPLETE LEATHER, SHOE,  
PURSE, LUGGAGE, SADDLE  
REPAIR & RESTORATION

51 NORTH BALDWIN AVENUE  
SIERRA MADRE, CA 91024  
(626) 355-8111

SIERRA  
HEELS  
ORTHOPEDIC  
ADJUSTMENT  
DYING  
RE-STYLING  
LUGGAGE  
REPAIR  
PURSE  
REPAIR &  
SADDLE  
SERVICES



## East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,  
On one avenue - "East Montecito Avenue" at Baldwin, Sierra Madre CA

LADISLAV CZERNEK FURNITURE



Euro-American design and craftsmanship, serving 31 years LA/NYC  
Arts & Crafts • Victorian • Modern • Custom cabinetry  
epochstudio@earthlink.net, Images: Google+ Ladislav Czernek

213.253.8958

471/2 East Montecito Ave. Sierra Madre



SIERRA FITNESS PILATES

51 East Montecito Avenue Sierra Madre, CA 91024  
(626) 836-2000 (Pilates) (626) 836-1236 (Gym)  
www.sierrafit.com

AKA Fotografix LLC  
Custom Framing, Fine Art, Photography,  
& Portraiture.

Gallery & Studio : 39-41 East Montecito  
Sierra Madre CA 91024  
Andrew Kasiske, Photographer  
626.862.8946



Botox\* • Juvéderm\* • Kybella\* • Latisse\*  
Medical Grade Peels/Facials  
Full Face & Body Waxing  
Permanent Makeup: Eyebrows, Eyeliner, Lip Color  
61 East Montecito Avenue, Sierra Madre, CA 91024



Children's Activity Center  
41 1/2 E. Montecito Ave, Sierra Madre

www.kidzcottage.org | 626-863-0805  
Legos-Wii-Playhouse-Games-Movie Nights-Much More!!  
\*\*Drop off Welcome



PET BOUTIQUE  
PET GROOMING  
DOGGIE  
DAYCARE & BOARDING

THE SHABBY DOG



www.TheShabbyDog.com  
31 E. Montecito Avenue, Sierra Madre (626) 836-5452

## East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,

CARTER PLAZA MERCHANTS  
38 E. Montecito - Sierra Madre



Charles Martin, Agent

38 E Montecito, Suite 3  
Sierra Madre, CA 91024  
626-606-3600  
charlesismyagent.com

Designers, makers, restorers & teachers of fine stained glass windows



Susan Wallis  
Custom stained and leaded glass

38 E. Montecito Ave. #7  
Sierra Madre CA 91024  
Madre 910 91

Est. 1946



WoodHill  
Designs

Michael Hill

Fine furniture: Original  
designs and reproductions  
of the Arts & Crafts and  
Greene & Greene era

38 E Montecito #6  
Sierra Madre, CA 91024  
(626) 423-2639  
woodhilldesigns@yahoo.com

ROCKIN' ROLLERS

Music Lessons From The Heart... Not The Book!

uke, guitar, bass, piano, drums, rockband n' songwriting classes  
First Lesson FREE w/ ad  
First 5 to respond this month  
www.RockinRollersUSA.com  
(626) 355-0101  
38 E. Montecito Ave, Suite #10, Sierra Madre

Sean Paul  
Insurance Agency

Ca Lic #0626852

Ed McFaul

ed.mcfaul@gmail.com

38 E. Montecito #12  
Sierra Madre, CA 91024  
P. 626-733-4191 F. 626-355-3668

- ◆ Locally Sourced Books, Cards, Gifts, & Gourmet
- ◆ Healing Crystals, Tarot Cards & Readings,  
Moon Celebrations
- ◆ Fairy Gardens, Garden Décor

- ◆ Fair Trade Products
- ◆ Large Selection Of Teas & Coffee
- ◆ UPS Packing & Shipping Services
- ◆ Private Mail Box Rentals

ALTADENA'S OWN



HOOPLA!  
AN EMPORIUM OF GOOD THINGS

2591 Fair Oaks Avenue Altadena, CA 91001  
626-797-1135 FAX 626-797-5889

ShopAtHoopla@gmail.com ShopAtHoopla.com

FACEBOOK: WEBSTERSFS TWITTER: @HOOPLAEMP

INSTAGRAM: @HOOPLAEMPORIUM PINTEREST.COM/SHOPATHOOPLA



Named Best Gift Shop by LA HOT LIST voters

Gorgeous Gift Wrap is Always Complimentary!



# Pasadena Altadena

News From Your Community For Your Community

## Pasadena News Briefs

### Man sentenced to two years in prison for Disneyland Ticket Scam

A 43-year-old man, last week, was given two years in jail and ordered to pay restitution in a scam that advertised fraudulent Disneyland tickets for sale through craigslist.

Brian Edward Anderton, pleaded guilty to one felony count of grand theft and four misdemeanor counts of petty theft. He was sentenced to two years in state prison and ordered to pay \$2,430 in restitution by Los Angeles County Superior Court Judge David Horwitz.

Anderton advertised the tickets for sale over an eight-month period between January and August, pocketing more than \$2,400 from five people.

Prosecutors said the victims learned of the scam when they arrived at Disneyland and were notified that the tickets were invalid.

### Thieves caught on video stealing packages

Police are looking for two thieves that were seen steeling mail from a housing complex in the middle of the night Friday, less than two week after video at the same condominium shows another suspect steeling mail.

Video shows a man enter the complex on Mar Vista Avenue with a key, fills a backpack with packages and mail, and leaves. He also appears to use a master key to open all the mailboxes. Anyone with information should call Pasadena police at (626) 744-4241.

### Anonymous donor gives \$8,000 in cash to the Human Society

Officials at the Pasadena Human Society said they are looking for a person that visited the Neely Cat Center and anonymously left \$8,000 in the collection box Wednesday morning. The shelter's staff said they are truly grateful and would like to thank the person.

## Pet of the Week



Happiny (A402209) is a 1-year-old, spayed female, tortoiseshell cat. Happiny is an absolute sweetheart; upon meeting you she'll instantly ask you for head rubs and begin to purr. Stick your hand out in front of her, and she'll reward you by placing her paw on it! The life of our adult communal room, she also enjoys chasing after toys. If you're looking for an active kitty who loves both playtime and cuddle time, Happiny is your gal!

The adoption fee for cats is \$70, which includes the spay or neuter surgery, microchip, and vaccinations.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A402209, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



## Rose Bowl May Host 2024 Olympic Soccer

In anticipation of a possibility that Los Angeles could be selected as the host city for the 2024 Olympic Games, the Pasadena city council is set to vote Monday night to allow up to seven Olympic soccer matches to be played at the Rose Bowl —in conjunction with another 14 to 15 non-Olympic events at the stadium in 2024.

The issue was set for discussion at last Monday's council meeting but was held after Councilman Victor Gordo could not attend the meeting. Gordo is president of the board for the Rose Bowl Operating Company. The stadium is also in his District 5 area. Councilmembers Tyron Hampton and Steve Madison were also absent from the meeting.

A vote would allow the stadium to hold more than the current imposed limit of 15

displacement events— more than 20,000 attendees. According to city staff, Los Angeles is a finalist to host the 2024 Olympic Games.

Monday night's vote would authorize the Pasadena Mayor, Terry Tornek, "to submit a letter to the International Olympic Committee in order to express its commitment to work with the City of Los Angeles in an effort to bring the Olympics to Southern California," according to a city staff report.

The letter also states that the International Olympic Committee would compensate the city at least \$2 million, in improvements and to cover all costs for the events and security. Upgrades could include such things as betting lighting or Wi-Fi.

If selected, this would be the third time Los Angeles has been

host to the games. In 1984 the Rose Bowl held men's soccer matches and in 1932 the Rose Bowl played host to cycling. It is anticipated that both men's and women's Olympic soccer would be played at the Rose Bowl in 2024.

## Institutions Join Great California ShakeOut

Pasadena City College will join other colleges, schools, and civic institutions around California to take part in the Great California ShakeOut On October 20, at 10:20 a.m.

Officials said this emergency safety drill is designed to help the college community better prepare for an earthquake. The drill will consist of recognizing how you would best protect yourself in your immediate environment by following the recommended steps of Drop Cover and Hold On; these steps should be practiced during the drill at PCC, CEC/ Foothill Campus, Rosemead, and the Child Development Center.

The drill will be followed by a complete evacuation of all rooms and buildings at each of the campuses and CDC. Once the all clear signal is given, everyone will be allowed back into the buildings.

A key aspect of the ShakeOut is the integration of comprehensive science-based earthquake research and the lessons learned from decades of social science research about why people get prepared. The result is a "teachable moment" on par with having an actual earthquake (often followed by increased interest in getting ready for earthquakes).

Last year, over 43 million people participated in Great ShakeOut Earthquake Drills. The International ShakeOut Day of Action is the third Thursday of October each year.

For more information on evacuation locations on PCC's various campus, visit Police and College Safety page at [pasadena.edu/police-and-college-safety](http://pasadena.edu/police-and-college-safety).

More information on the procedure to follow in the event of an earthquake is available at [shakeout.org/california](http://shakeout.org/california).

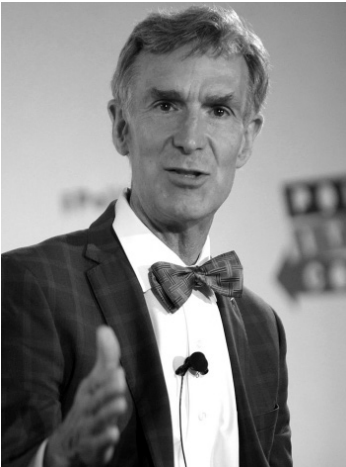
## Altadena Coffee with the Captain



Altadena Sheriff's Station is hosting a Coffee with the Captain on Thursday October 13, from 6:30-8:30pm at McDonalds. The community is invited to meet with Altadena Sheriff's Station Captain Vicki Stuckey and her staff.

Learn about recent crime trends, how to start a Neighborhood Watch program or stop by to say hi. McDonald's is located at 2157 N. Lincoln Ave. Altadena CA, 91001

## Astronomy Week to Host World Renowned Scientists



Bill Nye

City officials announced Monday night that a coalition of the world's leading space science and astronomical institutions based in Pasadena are partnering to produce Astronomy Week, October 16-22. The week-long series of public events, open houses, lectures and other activities celebrates Pasadena's rich history as an innovative "City of Astronomy" and an international leader for telescopic celestial discovery and robotic space science.

The week culminates with the first Pasadena Astronomy Festival, 2-8 p.m., Saturday, Oct. 22 at the Pasadena Convention Center, 300 E. Green Street.

"We have an unprecedented level of astronomy efforts and space science organizations here that have been woven into the fabric of our Pasadena community for decades," Pasadena Mayor Terry Tornek said. "Astronomy Week brings them together for the first time to show our community, and the world, that Pasadena is the center of the universe for more than the Rose Parade."

For social media platforms,

tag and curate data via the #cityofastronomy and #Pasadena hashtags. The event coincides with Innovate Pasadena's third annual Connect Week where design, start-up entrepreneurship, science, technology and now, astronomy, converge for a week of inspiration and sharing.

City of Astronomy events include:

Carnegie Observatories Open House, 2-5 p.m., Sunday October 16, at its Pasadena campus, 813 Santa Barbara Street.

"Astronomy on Tap" 7:30 p.m., October 17-19, hosted by the Caltech Astronomy Outreach Office. Events occur in a bar (open only to 21 and older) with two, 10- to 15-minute talks on general astronomy/ astrophysics.

Mt. Wilson Observatory hosts a special Public Night, Wednesday October 19. This will be a ticketed, but free, event.

Public Talk on Pluto and the Mysterious Exoplanets at 6 p.m., Thursday October 20, hosted by City of Astronomy partner, American Astronomical Society, Division for Planetary Sciences (DPS).

See the Planetary Society's CEO, Bill Nye, publicly present the organization's prestigious "Cosmos Award for Outstanding Public Presentation of Science" to the winner during the DPS public events on October 20.

Pasadena Astronomy Festival, 2-8 p.m., Saturday October 22, at the Convention Center with free family fun astronomy activities including an inflatable, digital planetarium, special telescopes for both daytime and nighttime.

A complete description of City of Astronomy events and activities are posted at [www.cityofastronomy.org](http://www.cityofastronomy.org).

## Chamber Names SIP-tember Winners

The Pasadena Chamber of Commerce announced Thursday that the 2016 Taste of Pasadena at the Rose Bowl voted Julio's Passion from Ruth's Chris Steak House the winner of the SIP-tember Cocktail Bracket Challenge. Pasadena's Cocktail of the Year won out over a/k/a Bistro's Spiced Mango Mule, Clearman's Galley's Wild Berry Sangria and the Rye.P.A. from White Horse Lounge. Ruth's Chris, which won the inaugural SIP-tember Cocktail Bracket Challenge in 2012 with the Broad Street Hurricane is the

first SIP-tember repeat winner. Julio's Passion is made from Pom Wonderful, lime juice, sour mix, Don Julio Silver and Passionfruit Syrup, garnished with a Lime Twist.

The SIP-tember Cocktail Bracket Challenge is a friendly competition among local bartenders to determine Pasadena's Cocktail of the Year. 32 drinks were entered in a head-to-head bracket competition.

Over three rounds, online voters narrowed the field to the four finalist cocktails. Restaurants that took part in the competition were: a/k/a Bistro, Alondra Hot Wings, bar 1886 at the Raymond, Bistro 45, Clearman's Galley, Perry's bluRoom at the Constance Hotel, PitFire Pizza, Ruth's Chris Steak House and White Horse Lounge.

## Free Events Roundup at the Pasadena Senior Center

There is something for everyone at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations.

**Friday Movie Matinees— Friday, 30, at 1 p.m.** "The Letters" (2014, PG) starring Juliet Stevenson and Rutger Hauer. The life of Mother Teresa is explored through letters she wrote to her longtime friend and spiritual advisor Father Celeste van Exem over a nearly 50-year period.

**Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, to Sept. 29, from 10 to 11 a.m.** Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps.

**Citizenship Classes – Wednesdays, to Nov. 9, from 6 to 7:30 p.m.** Make your dreams come true by attending this eight-week session to become a U.S. citizen! The first four weeks will cover some of the American history and U.S. government questions on the citizenship exam, along with discussions about the rights and responsibilities of citizenship. The four remaining classes will cover more questions on the exam as well as strategies for completing the application for citizenship and having a successful interview.

**Dial-A-Ride and Access Services – Thursday, Sept. 22, at 10 a.m.** Getting around town

without a car can be easier if you know your options. Learn about Dial-A-Ride, Pasadena Transit (formerly known as Pasadena ARTS) and Access Services and get your questions answered. Presented by the City of Pasadena Transit Division and County of Los Angeles Access Services.

**Five Wishes/Advance Directives – Thursday, Sept. 29, at 10 a.m.** Do you know what kind of care you want if you become seriously ill? By filling out a simple form, you can tell your family and friends about your healthcare wishes ahead of time and spare them the uncertainty and confusion that can be associated with trying to make decisions without such a directive. Learn how a healthcare power of attorney is used in California and how to communicate your wishes using a concise yet comprehensive document. This class will highlight Five Wishes, the advance directive used by most doctors and health plans. Attendees will receive forms at no cost. Presented by Vitas Innovative Hospice Care.

For more information visit [www.pasadenaseniiorcenter.org](http://www.pasadenaseniiorcenter.org) or call (626) 795-4331.

**Sample Classes for Fall – Monday and Tuesday, Oct. 3 and 4, from 9 a.m. to noon.** As the registration period for fall classes approaches, anyone can sit in on mini versions of more than 20 of the most popular classes from arts and computers to foreign languages and Zumba Gold, meet the instructors and learn more about the courses.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## CITY OF ARCADIA FATHER DAUGHTER DANCE!

Friday, September 30, 2016 – 6:30-9pm

Fathers, Grandfathers and Uncles, treat your princess to a night filled with fun and excitement while creating wonderful memories together. Come dressed in your most elegant attire for an evening featuring gourmet dining, a DJ, dancing, exciting games, and activities. This event is for girls ages 4-13 and is \$40 per couple, \$12 for an additional daughter and will take place at the Arcadia Community Center, 365 Campus Drive, Arcadia. Advance registration is required. No registration will be taken on site. For more information please call 626.574.5113.



Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

About the City of Arcadia

## ARCADIA NAMED MOST BUSINESS-FRIENDLY CITY FINALIST

The City of Arcadia was announced as an Eddy Awards finalist for Most Business-Friendly City by the Los Angeles County Economic Development Corporation (LAEDC) for cities with a population under 68,000. This is the first time the City of Arcadia has been selected as a finalist for this award.

Finalists are selected by a blue ribbon panel that evaluates and recognizes Los Angeles County cities that are doing the most to encourage job creation and facilitate the ease of doing business within their communities. "This has been a long time coming," said Mayor Tom Beck. "It is recognition that the City Council, City staff, and our business partners in the community are working together to promote prosperity and to ensure the economic vitality of Arcadia for decades to come."

Over the past several years, the City has taken great

strides to cut red tape, streamline processes, and enhance customer service through a business assistance program. "It's an exciting time to be doing business in Arcadia," said Assistant City Manager/Development Services Director Jason Kruckeberg. "We invite entrepreneurs and businesses of all sizes to see Arcadia and experience our commitment to a business friendly environment, and a great business experience above and beyond their expectations."

Winners of the 2016 Eddy Awards will be announced on Thursday, November 10, 2016 at the Beverly Hilton hotel in Beverly Hills. The annual gala began in 1996 to support fulfillment of the LAEDC's mission to recognize excellence by celebrating individuals, organizations, and cities that demonstrate exceptional contributions to economic development in the region. For more information, please visit the LAEDC website at [www.laedc.org/eddy-awards](http://www.laedc.org/eddy-awards).

## BATTERY

At about 6:39 AM, on Friday September 23, 2016, officers responded to a battery call at the Santa Anita Race Track. Both parties were still there. The victim advised he was pushed to the ground by the suspect. The victim made a private person's arrest of the suspect. The suspect was identified as Steven Jiro Miyadi, who was a 59-year-old resident of Arcadia. Miyadi was charged with a violation of PC 242 – Battery. Miyadi was booked at the Arcadia Police Department, and then he was released with a citation to appear in court.

This incident is being investigated by Arcadia Police Department Detectives. Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5151, case #1605125. If you prefer to provide information ANONYMOUSLY, you may call "Crime Stoppers" by dialing 800-222-TIPS (8477), or use your smartphone by downloading the "P3 MOBILE APP" on Google play or the App Store, or by using the website <http://lacrimestoppers.org>.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## MONROVIA SET TO SERVE AS A VOTE-BY-MAIL DROP-OFF LOCATION FOR THE NOVEMBER 8, 2016, GENERAL ELECTION

Voters can drop off their ballot at Monrovia City Hall beginning on October 11, 2016

During the past few weeks, the City has been working with the LA County Registrar-Recorder/County Clerk's office to coordinate a new service for voters during the upcoming November 8, 2016, election. In an effort to provide the electorate with another option through which they can vote during what is anticipated to be a very busy Presidential General Election, Monrovia will be participating in the Vote by Mail (VBM) Ballot Drop-Off Program. This service will allow voters to drop off their VBM ballot here at Monrovia City

Hall beginning on October 11, 2016.

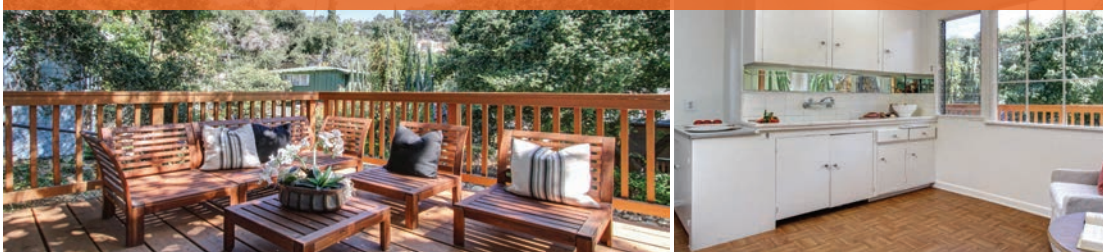
Our City Clerk, Alice Atkins, has worked to coordinate this program for our community, and we will have a ballot box publically available in a visibly secure location during normal business hours at City Hall from October 11, 2016, through November 7, 2016. Credentialed, identifiable teams from Los Angeles County will exchange the ballot boxes on an ongoing basis leading up to Election Day on November 8, 2016. We are excited to offer this program during the upcoming election cycle!

OPEN HOUSE  
SUNDAY 2-4PM

Podley  
PROPERTIES



570 BROOKSIDE LANE  
SIERRA MADRE



Charming Cottage in Sierra Madre Canyon  
Offered at: **\$475,000**

1BR/1BA. Charming Cottage in the sought after Sierra Madre canyon. Located on gorgeous 4,142 sf lot, this home features a quaint kitchen, amazing deck offering stunning views and canyon ambience.

30 N. Baldwin Avenue, Sierra Madre | 626.355.2384

Visit [PODLEY.COM](http://PODLEY.COM) for additional open houses, news and events!

## ARCADIA POLICE BLOTTER

For the period of Sunday, September 11th, through Saturday, September 17th, the Police Department responded to 946 calls for service of which 134 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 11:

Shortly before 7:39 a.m., an officer responded to China Red Restaurant, 855 South Baldwin Avenue, regarding a commercial burglary report. An investigation revealed unknown suspect(s) entered the business by cutting a hole in the roof, rummaged through the office where they cut the wires to the alarm and camera system, and fled with \$2,500 in cash and 27 boxes of "Abalone", worth an estimated value of \$800.00. The investigation is ongoing.

Around 7:38 p.m., an officer responded to a residence in the 00 block of East Longden Avenue regarding a burglary report. The officer discovered suspect(s) entered the residence through an unlocked window, ransacked the master bedroom, and fled with designer watches and jewelry. The investigation is ongoing.

Monday, September 12:

At about 1:44 a.m., an officer initiated a traffic stop on a bicyclist near the intersection of First Avenue and Foothill Boulevard for riding without a headlight at night. During a consensual search of the subject, the officer located a bag of methamphetamine. The 47-year-old male from Eagle Rock was arrested and transported to the Arcadia City Jail for booking.

Just after 9:47 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a grand theft report. The officer determined an unknown suspect stole the victim's designer purse and wallet from an unsecured storage locker in the employee area of the store. The total loss is estimated at \$1,150.00. The investigation is ongoing.

Tuesday, September 13:

Around 3:02 p.m., an officer responded to Springhill Suites, 99 North Second Avenue, regarding a fraud report. The officer discovered an unknown suspect charged more than \$12,000 to the victim's personal and business accounts without her permission. The suspect(s) also opened accounts in the victim's name. The victim does not know how the suspect obtained her personal information. The investigation is ongoing.

Just before 3:56 p.m., an officer responded to the Arcadia Police Department front counter regarding a battery that occurred at Arcadia High School, 180 Campus Drive. An investigation revealed a physical altercation occurred when a group of 25 students confronted the juvenile victim about fighting their friend. The investigation is ongoing.

Wednesday, September 14:

Shortly after 6:54 a.m., officers responded to a residence in the 00 block of East Christina Street regarding a theft report. Officers determined an unknown suspect stole two backpacks from the trunk of an unlocked car. The investigation is ongoing.

At about 4:51 p.m., an officer responded to Burlington Coat Factory, 1201 South Baldwin Avenue, regarding

a burglary report. An investigation revealed Suspect 1 offered Suspect 2 monetary compensation for committing a commercial burglary. Suspect 2 concealed approximately \$1,200.00 worth of merchandise before fleeing the store, failing to make payment. Officers located and detained the suspect. The 22-year-old male from Santa Ana was arrested and transported to the Arcadia City Jail for booking. Suspect 1 is outstanding at the time of this report.

Thursday, September 15:

At approximately 10:28 a.m., an officer responded to a residence in the 9900 block of Garibaldi Avenue regarding a domestic dispute. An investigation revealed a physical altercation occurred between a mother and daughter resulting in the mother punching her 16-year-old daughter. Then the suspect punched her 67-year-old mother. The 34-year-old female from Temple City fled the location before officers arrived. The investigation is ongoing and the suspect is outstanding at the time of this report.

Around 2:21 p.m., an officer responded to 7-Eleven, 1003 South Baldwin Avenue, regarding a possible theft report. The officer discovered the suspect attempted to pay for two packs of cigarettes with a counterfeit \$50 bill. When the clerk told her it was fraudulent, she took it back, paid for the items with a credit card, and quickly fled on foot.

The suspect is described as a white female, approximately 65-years-old, with blonde hair. The investigation is ongoing.

Friday, September 16:

At about 6:26 a.m., an officer responded to a residence in the 400 block of Cortez Road regarding a vehicle burglary report. The officer determined an unknown suspect stole the victim's designer sunglasses and cash from his unlocked vehicle sometime during the previous night. No suspects were seen and no witnesses were located.

Just before 10:06 p.m., an officer responded to a residence in the 2200 block of Lenta Lane regarding an attempted burglary report. An investigation revealed unknown suspect(s) entered the backyard, cut the window screen, and used a window punch to break into the residence. The suspects were unsuccessful and fled the location undetected. No witnesses were located.

Saturday, September 17:

Shortly after 5:36 a.m., an officer responded to Georgio Realty, 159 East Huntington Drive, regarding an audible alarm. The officer discovered unknown suspect(s) pried open the front door and were scared away as the business was not ransacked and no items were missing. The suspect(s) were gone by the time officers arrived. The investigation is ongoing.

At approximately 10:36 p.m., an officer responded to a residence in the 200 block of South Baldwin Avenue regarding a domestic dispute. An investigation revealed a physical altercation occurred between a husband and wife, resulting in the husband hitting and pushing the victim causing her to fall and scratch herself. The 39-year-old male from Arcadia fled the scene prior to the officers' arrival. The investigation is ongoing and the suspect is outstanding at the time of this report.

## MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

**Under the Influence of a Controlled Substance – Suspect Arrested** September 15 at 8:08 p.m., officers were dispatched to the 300 block of S. Mountain regarding a subject acting erratic and throwing objects. The officers arrived and determined the subject was under the influence of drugs. He was arrested and taken into custody.

**Driving Under the Influence / Hit and Run Traffic Collision / Weapon Offense – Suspects Arrested** September 15 at 11:10 p.m., an officer was on patrol when he observed a vehicle driving north on California crash into a pole as it crossed the train tracks. Both the driver and passenger exited the vehicle and fled east, along the train tracks. Officers detained both suspects at Shamrock and the tracks. The driver was found to be intoxicated and a weapon was found in the vehicle. Both suspects were arrested.

**Driving Under the Influence / Evading a Peace Officer – Suspect Arrested** September 16 at 12:19 a.m., officers were dispatched to the 2600 block of S. Peck on the report of a possible drunk driver. As officers were responding to the location, they saw the driver heading north without any headlights. The officers attempted to stop the vehicle for the violation, but the vehicle failed to yield and continued driving. The driver eventually yielded at a dead end street by his residence. The driver was found to be driving under the influence and was arrested.

**Theft of Package** September 16 at 2:58 p.m., a theft of mail was reported in the 1800 block of S. Fifth Avenue. The victim reported that he was notified a package was delivered by UPS to his residence. When he arrived home, the package was gone. The investigation is continuing.

**Burglary / Warrant – Suspect Arrested** September 16 at 8:57 p.m., a business in the 100 block of W. Foothill called police to report a shoplifter that fled the location. Officers responded and conducted an area search. The suspect was located and detained in the 200 block of W. Palm. The suspect also had a warrant for his arrest. He was arrested for both the burglary and the warrant.

**Public Intoxication / Vandalism – Suspect Arrested** September 17 at 1:30 a.m., officers were on patrol in the downtown area. One of the officers heard glass breaking and saw an intoxicated female who looked like she was talking on her phone. She had her hand up to her ear, but upon closer inspection, the officer saw she had a credit card to her ear and her cell phone was on the ground. She then threw an object at the glass window of a business, causing damage. She was arrested and taken into custody for being drunk in public and vandalism.

**Traffic Offense / Evading a Police Officer – Suspect Arrested** September 18 at 3:59 a.m., an officer attempted to stop a vehicle for a vehicle code violation in the area of California and Cypress. The vehicle failed to yield, accelerating through numerous red lights and stop signs, before stopping his vehicle and fleeing on foot. The suspect was identified by the pursuing officer and the vehicle was impounded. A wanted person's entry was made into the law enforcement system for his arrest. At 8:14 p.m., the suspect called police asking how he could get his car out of impound, claiming that his vehicle was stolen. He came to the police department and filed a grand theft auto report, claiming an unknown person had stolen his vehicle. After signing the CHP form reporting his vehicle was stolen, the suspect was arrested for making a false report and for evading a police officer.

**Vandalism / False Information / Warrant – Suspect Arrested** September 19 at 1:35 a.m., officers were dispatched to the 200 block of Kruse regarding three subjects painting graffiti on a vehicle. The officers arrived and detained three subjects, two males and a female. One of the male subjects was a minor. The male adult suspect who painted the graffiti on the vehicle was identified by the victim. A can of spray paint was recovered and the suspect had fresh paint on his fingers. The suspect was arrested and charged with vandalism, contributing to the delinquency of a minor and giving false information. It was later determined through fingerprints that the suspect gave a false name to police and he also had an outstanding warrant for his arrest.

**Attempt Grand Theft** September 19 at 6:48 a.m., residents at an apartment complex in the 1000 block of Royal Oaks reported that someone attempted to remove and take copper piping from the complex, which caused flooding. The investigation is continuing.

**Vandalism** September 19 at 7:18 a.m., a vandalism incident was reported at the school district office in the 300 block of E. Huntington. It was reported that someone threw a baseball bat through an office window sometime during the night. The investigation is continuing.

**Theft From a Vehicle** September 19 at 8:14 a.m., a theft from a vehicle was reported in the 1000 block of E. Lemon. The victim called to report that someone entered her unlocked vehicle sometime during the night. The vehicle was ransacked and it was unknown if anything was taken. The investigation is continuing.

**Strong-arm Robbery – Suspect Arrested** September 19 at 2:47 p.m., officers responded to the report of a strong-arm robbery in the area of Magnolia and the railroad tracks. The victim stated that he had just been assaulted and the suspect took his bicycle. Officers detained the suspect in the 1800 block of S. Mayflower and the bike was recovered. The suspect was arrested and taken into custody.

**Theft of Vehicle Registration Tabs** September 19 at 9:24 p.m., an officer was on patrol in the 700 block of E. Huntington when he saw a male subject crouched down behind a parked vehicle and there was a female subject with him. As the officer approached, the male subject ran. The officer requested assistance and he followed the suspect in his police unit. The suspect tripped in the area of Huntington and Mountain and was detained by officers. Further investigation revealed the suspect is a gang member and was crouching down removing the registration tabs from a vehicle when the officer saw him and attempted to detain him. The female suspect left the area and was not identified.

**Grand Theft Auto Recovery** September 19 at 9:57 a.m., an officer was on patrol in the 900 block of W. Huntington when he saw a parked vehicle that looked abandoned. A computer check of the license plate revealed the vehicle was reported stolen on August 26. The vehicle did not appear damaged and the owner was notified.

**Vehicle Burglary** September 20 at 12:49 p.m., the owner of the business in the 800 block of Royal Oaks reported that one of his vehicles had been broken into over the weekend. It was unknown if anything was stolen. The investigation is continuing.

**Grand Theft Auto** September 21 at 8:07 a.m., a vehicle was reported stolen from the 800 block of E. Foothill. The victim reported that her silver, two-door, 2000 Honda Civic had been stolen sometime during the night. The investigation is continuing.



## PASADENA UNIFIED STATE OF SCHOOLS AND TOWN HALL IS SEPTEMBER 27

### Event Live Stream Broadens Access and Participation

This year's annual Pasadena Unified School District (PUSD) State of the Schools address by School Board President Kimberly Kenne is September 27, 2016, and will be streamed live and feature an interactive town hall that invites viewer questions and comments via email, texts, and social media. The annual address is required to be delivered each September by city charter.

The address will include a town hall on technology and parent engagement moderated by NBC4 Southern California general assignment reporter Kim Baldonado.

President Kenne stated, "This year's live stream of our annual speech will hopefully encourage broader participation by families, students, and community members and helps to emphasize the many ways that people can engage with our district using technology. Improving our parent and family engagement is a top priority for our district and the Board of Education this academic year."

The State of Schools features an Innovation Exhibit of student inventors and innovators hosted by the Pasadena Educational Foundation, themed science and technology childcare for school-aged children will be available free of charge from Pasadena LEARNs, and showcase by PUSD's Food and Nutrition Services.

Pasadena Unified State of Schools and Town Hall Live Stream  
Tuesday, September 27, 2016  
5:30 – 6:30 p.m. Innovation Exhibit hosted by the Pasadena Educational Foundation  
6:30 – 7:30 p.m. State of the Schools Address & Town Hall  
7:30 – 8:00 p.m. Reception by PUSD Food & Nutrition Services

## PASADENA UNIFIED SEEKS APPLICANTS FOR VACANT SEATS ON COMMUNITY ADVISORY COMMITTEE

The Pasadena Unified School District (PUSD) Community Advisory Committee (CAC) seeks applicants to fill vacant seats on its executive board. The volunteer committee is a parent-run group established by the state to give parents a voice in Special Education implementation. The Advisory Committee is a collaborative partnership between parents of children with disabilities and PUSD staff that promotes positive experiences that result in educational and social advancement for students.

"Whether you are a parent of a special needs child, teach someone with special needs, or if you are a community member who desires to make a difference, we invite you to join this vibrant group of parents and professionals that is making a differences in the educational lives of children," said Jerrell Hill, Assistant Superintendent of Special Education.

Monthly meetings feature training on topics related to Special Education and opportunities to network with other families and District personnel. Meetings are generally attended by representatives from local regional centers and city or county departments.

Location: McKinley School Gym, 325 S. Oak Knoll Ave., Pasadena, CA 91101

\*\*Note that entrance closest to the Gym is on El Molino Ave. at Del Mar Blvd.

Parking:

1. El Molino at Del Mar Blvd.
2. Pasadena Unified School District offices parking on Oak Knoll @ Del Mar Blvd.

Watch Live Stream: [goPUSD.com/stateofschools](http://goPUSD.com/stateofschools)

To Participate:

Send questions and comments prior to and during the event:

text message: 321-323-PUSD (321-323-7873)

e-mail: [communications@pusd.us](mailto:communications@pusd.us)

Twitter: #PUSDStateOfSchools

Share reactions and perspectives at [facebook.com/PasadenaUnifiedSchoolDistrict](https://www.facebook.com/PasadenaUnifiedSchoolDistrict)

Stay connected to the Pasadena Unified School District! Visit us online at [www.pusd.us](http://www.pusd.us); follow us on Twitter @PasadenaUnified, [www.twitter.com/PasadenaUnified](https://www.twitter.com/PasadenaUnified); like us on Facebook at [www.facebook.com/PasadenaUnifiedSchoolDistrict](https://www.facebook.com/PasadenaUnifiedSchoolDistrict); subscribe to PUSD Today! at [gopusd.com/today](http://gopusd.com/today); subscribe to our YouTube channel at [www.youtube.com/klrnpasadena](https://www.youtube.com/klrnpasadena). Or call the Communications Office, 8 a.m. to 5 p.m., Monday through Friday at (626) 396-3606.

The CAC advises and assists in the development, revision, and review of the Local Plan for Special Education, recommends annual priorities, and encourages parent and community involvement.

Applications for chair and executive board positions are available at schools, online at [pusd.us](http://pusd.us) and at the Special Education office. The application must be submitted no later than 4:00 p.m. on October 19, 2016:

Via mail to: Special Education Office, Pasadena Unified School District, 351 S. Hudson Ave., Pasadena, CA 91101  
Via email to [coleman.karla@pusd.us](mailto:coleman.karla@pusd.us)

Stay connected to the Pasadena Unified School District! Visit us online at [www.pusd.us](http://www.pusd.us); follow us on Twitter @PasadenaUnified, [www.twitter.com/PasadenaUnified](https://www.twitter.com/PasadenaUnified); like us on Facebook at [www.facebook.com/PasadenaUnifiedSchoolDistrict](https://www.facebook.com/PasadenaUnifiedSchoolDistrict); and subscribe to our YouTube channel at [www.youtube.com/klrnpasadena](https://www.youtube.com/klrnpasadena). Or call the Communications Office, 8 a.m. to 5 p.m., Monday through Friday at (626) 396-3606.

## HOW CLASSROOMS ARE CHANGING TO BETTER TEACH 'STEAM' SUBJECTS

(StatePoint) The U.S. may be short as many as three million high-skilled workers by 2018, according to National Math + Science Initiative predictions. In response, more educators and schools are embracing the idea that today's curriculum must include Science, Technology, Engineering, Arts and Math (STEAM), in order to adequately prepare children for the future.

With this shift comes the need for new educational tools. Here are three big ways that classrooms are changing to keep up with this year's curriculum.

Cohesive Lesson Plans

You may remember shuffling from one class to another during your school days, learning subjects in a siloed style. After you graduated, you probably realized that's not how the real world works. Luckily, schools that are focused on STEAM-related subjects appreciate this fact and, as a result, many teachers today are synthesizing the principles of multiple subjects at once for greater cohesion.

From art projects that incorporate math concepts to science projects that require an artistic hand, students today can expect their teachers to use games, hands-on learning stations and interactive digital technology to go beyond recitation in order to invent, create and discover.

Projecting the Future

Today's teachers are saying goodbye to the old school projectors you may remember from your own childhood, and with good reason. New projectors are designed to bring lesson plans to life within seconds.

For example, Casio's line of Ultra Short Throw projectors offers teachers the ability to present interactive multimedia content directly from a mobile device, USB stick, laptop or even the internal memory of the machine itself. Plus, no time is lost in getting the lesson set up once the bell rings, as an image can be displayed at full brightness in a matter of seconds.

The icing on the cake is that these new projectors are environmentally-friendly and can be easy on a school's budget, reducing power consumption by up to 40 percent and offering an operating life of 20,000 hours. Savvy schools can use the saved money on other STEAM-related programming needs.

Add it Up

Math class is more important than ever, and students and teachers are gearing up accordingly with up-to-date graphing calculators that can enhance understanding of mathematical principles. New calculators, such as the PRIZM fx-CG10 from Casio, are allowing students to create their own graphs over pictures of real-life scenes to better understand the functions from the graphs. Additionally, today's calculators feature color LCD with a full textbook-style display to make classroom learning, as well as homework, easier to digest. To learn more, visit [Casio.com](http://Casio.com).

As the world changes, so does the classroom. New tools are helping educators prepare students for tomorrow and for challenges solvable by better STEAM knowledge.



### High Point Academy

Awakening the



of Learning

**ADMISSION EVENTS 2016-2017**

**OPEN HOUSES 9:00-11:00am**

October 26, November 17, January 19

**TOURS 10:30-11:30am (RSVP Required)**

October 6, 11, 13, 18, & 20

November 1, 8, & 10

December 1, 6, 8, & 13

January 10 & 12

**[www.HighPointAcademy.org](http://www.HighPointAcademy.org) (626) 798.8989**

Where Academics & the Arts Come Together  
**Gooden**

Join us for an Open House!

October 22, 2016

January 11, 2017



**An Independent Episcopal School K - 8**

192 North Baldwin Avenue • Sierra Madre, CA 91024 • **626.355.2410** • Visit us online @ [www.goodenschool.org](http://www.goodenschool.org)

## SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463

Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)  
Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527

Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
8400 Huntington Drive

San Gabriel, CA 91775

Phone: 626-286-3108 ext. 172

FAX: 626-286-1528

E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255

Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410

Interim Head of School, Merrily Dunlap  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204

Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)  
Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)



Do you have too many books at home? Wondering what to do with them? Come to The Book Rack and trade them in for a book you have not read.

We have 1000's used and New books for your reading pleasure.

204 S. First Ave  
Arcadia

Phone 626-446-2525

website: [bookrackarcadia.com](http://bookrackarcadia.com)



Here's an oldie-but-goodie problem: I myself got caught in the net. I have preached a hundred times to make sure you look at your receipt when dining out. Last week my friends and I ventured out and about town watching college football at three different Pasadena watering holes. My turn to buy was at the legendary Mijares restaurant. This gem is the oldest restaurant in the San Gabriel Valley. We ordered two rounds of margaritas - their taste was magnificent! Then came time to pay, and my bill was just short of \$90! How could that be for just six drinks? I would understand at the Langham or at a beach side resort, but come on. The bartender explained to me that one of my friends, unbeknownst to me, is a regular and always orders Patron. Well, I didn't know that, but okay, I paid the bill, and I hope my loss is your gain. Read the bill, and make sure when you order a house glass of wine or a margarita that you read the fine print.

“Let The Buyer Beware!” You have heard the old adage time and time again, and sometimes a good deal really is too good to be true. Two emails caught my attention this week, so I thought I would share some wine knowledge with you.

TABLE FOR TWO by Peter Dills  
thechefknows@yahoo.com

Close-out sales on wine can be the source of a real bargain or they can leave you with some expensive cooking wine. Reader Randy from Altadena was excited to purchase several bottles of wines at a “going out of business” sale, only to discover that the wines had gone bad.

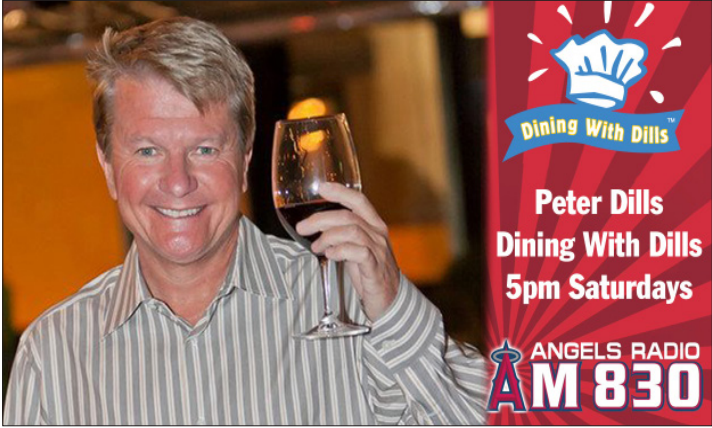
There are four things to look for to determine if a wine has turned bad:  
- Has the wine changed color? Does the red wine now have a hint of brown, or has the white wine turned darker?  
- Does the wine still have “legs”, meaning are there streaks of wine attached to the glass after a good swirl of the wine?  
- Does it still smell like wine?  
- Is the cork pushing its way out of the bottle? This usually means that the wine has been exposed to the heat or has been mishandled.  
If your answer to any of these is “yes”, stay away from this wine.

Reader Sally from Whittier tried to find a 2011 vintage of her favorite Pinot Noir. She ended up with a 2006, and said the bottle was a little dusty. When you do find a bargain on a bottle of wine make sure the wine has been stored on its side and is not too dusty, and once the cork is pulled it should be moist.

My own experience for sparkling wine at a restaurant, if you are buying by the glass, is to ask the server/ bartender to open a fresh bottle. Sparklers are susceptible to losing their bubbles within a few hours after opening. Most importantly, there should be a “pop” sound when uncorking, and if the cork comes out too early beware.

Happy wine hunting!!

Listen to Dining with Dills Sundays at 5 PM AM 830 KLAA and follow me on twitter @kingofcuisine



# FOOD AND DRINK

## Julie’s favorite family Recipes

Blueberry Barbecue Sauce  
Ingredients  
2 cups fresh or frozen blueberries  
¾ cup ketchup  
½ cup cider vinegar  
½ cup packed light brown sugar  
1 tablespoon light molasses  
1 teaspoon chili powder  
1 teaspoon ground black pepper

Instructions  
Combine blueberries, ketchup, vinegar, brown sugar, molasses, chili powder and black pepper in medium saucepan  
Stir in ½ cup water  
Bring the mixture to a boil over high heat, stirring constantly  
Reduce heat to low and simmer, stirring occasionally until sauce is slightly thickened and chunky  
Cool to room temperature then refrigerate until ready to use

Valerie Bango | 626.325.3854

49 W. SIERRA MADRE BLVD., SIERRA MADRE CA, 91024

Mediterranean Dining

Breakfast: Omelets • waffles • egg dishes • coffees

Lunch: Salads • kebobs • sandwiches • appetizers

Dinner: Steaks • seafood • pasta • Greek cuisine

48 W. Sierra Madre Blvd., Sierra Madre (626) 355-5993

Save The Date!  
Saturday, October 22, 2016

BOOT SKOOTIN' BOOGIE & CHILI Cook Off  
6 - 10 p.m.

Mark your calendars Now! Get ready for the most fun you have had on a Saturday night in a long time! Want more info? Call 626-627-3363

YoonMin Acupuncture & Herbs

SunYoung Min, L.Ac.  
JooHun Yoon, L.Ac.

We accept most insurance, Auto Injuries, Covered California, Workers Compensation.

(626) 800-9086  
www.YoonMinAcu.com

Mon~Fri: 8am~5pm, Sat by Appointment  
80 Montecito Ct. Sierra Madre, CA 91024 / Behind Playhouse

FOREST SERVICE PARTNERS TO HOST PILOT SHUTTLE TO CHANTRY FLAT

The Forest Service in collaboration with a variety of local community partners are using a grant from Car-less California to operate a weekend “pilot” shuttle to Chantry Flat beginning this Saturday, September 24 running through Oct. 9. This pilot project will run for the next three weekends to assess the feasibility and interest for future transportation projects that may be possible by partnering with local communities and organizations.

Three 18 passenger shuttles will transport visitors to and from the “Arcadia” Gold Line Station. Pick up and drop off will be from the adjacent REI parking lot at E. Santa Clara St. The shuttles will run throughout the day to the Chantry Flat picnic area with the first trip of the day beginning at 7:00 a.m. and the last shuttle leaving Chantry at 4:00 p.m. (\*Estimated 30 to 45 minutes intervals between the stops.)

This pilot program was created as a small-scale version of what might be possible, in a large urban area, if we work collectively together to connect underserved communities with their public lands. “Our hope is that this pilot will be seen as a positive way to connect visitors to the Forest in a more engaging, convenient and environmentally green way,” said Jeffery Vail, Forest Supervisor of the Angeles National Forest - San Gabriel Mountains National Monument.

In honor of National Public Lands Day (NPLD), this pilot program kicks off on Sept. 24 and will run on weekends through Oct. 9 in commemoration of the establishment of the San Gabriel Mountains National Monument in 2014. During the opening weekend, the public is invited to join Forest Service staff, volunteers, REI, National Forest Foundation, the Wilderness Society, and Friends of the Angeles and others for hiking and other environmental education experiences. For example, you can connect with REI who will be conducting camping, hiking, and outdoor cooking demonstrations.

The mission of the U.S. Forest Service, part U.S. Department of Agriculture, is to sustain the health, diversity and productivity of the nation's forests and grasslands to meet the needs of present and future generations. The agency manages 193 million acres of public land, provides assistance to state and private landowners, and maintains the largest forestry research organization in the world. Public lands the Forest Service manages contribute more than \$13 billion to the economy each year through visitor spending alone. Those same lands provide 20 percent of the nation's clean water supply, a value estimated at \$7.2 billion per year. The agency has either a direct or indirect role in stewardship of about 80 percent of the 850 million forested acres within the U.S., of which 100 million acres are urban forests where most Americans live.

www.mountainviewsnews.com

74 west sierra madre blvd  
sierra madre, ca 91024  
626.336.8700

www.zugoscafe.com



## MEAL SERVICE DELIVERY OPTIONS FOR SENIORS WHO DON'T COOK

Dear Savvy Senior

What types of healthy meal delivery options can you recommend for seniors who live at home, but don't cook and don't get out much. Since mom passed away, my dad's diet is terrible and I worry about his health.

Long-Distance Daughter

Dear Long-Distance, There are various healthy meal service delivery options available to non-cooking seniors who live at home, but what's available to your dad will depend on his location and budget. Here are several to check into.

### Senior Meal Programs

A good place to start is to find out if there's a senior home delivery meal program in your dad's area. Meals on Wheels is the largest program that most people are familiar with, but many communities offer senior meal delivery programs sponsored by other organizations that go by different names.

To find services available in your dad's area, visit MealsOnWheelsAmerica.org, which offers a comprehensive directory on their website, or call the area aging agency near your dad. Contact the Eldercare Locator at 800-677-1116 to get the number.

Most home delivered meal programs across the U.S. deliver hot meals daily or several times a week, usually around the lunch hour, to seniors over age 60 who have problems preparing meals for themselves, as well as those with disabilities. Weekend meals, usually frozen, may also be available, along with special diets (diabetic, low-sodium, kosher, etc.). Most of these programs typically charge a small fee (usually between \$2 and \$6) or request a donation, while some may be free to low-income seniors.

### Online Meal Delivery

Another option that's a bit more expensive is to purchase your dad's meals online and have them delivered to his home. There are a number of companies that offer this type of service like Magic Kitchen (magickitchen.com), Home Bistro (homebistro.com), Personal Chef To Go (personalcheftogo.com), Good Measure Meals (goodmeasuremeals.com), and many others.

These companies offer a wide variety of tasty



meal choices, and will usually post the nutrition information for their meals right on their website. Most companies will also cater to a host of dietary and medical needs, such as low-sodium and low-carb meals, diabetic meals, gluten-free, dairy-free, and vegetarian options.

Most of the food arrives frozen, but a few companies ship food fresh. Prices generally start at around \$10 to \$13 per meal, plus shipping, however most companies provide discounts or free shipping when you order meals in bulk.

### Grocery Stores and Restaurants

Depending on where your dad lives, he may also be able to get home delivered meals from local grocery stores or restaurants. Some grocery stores offer a selection of pre-cooked meals and foods, including roasted chicken, mashed potatoes, and fresh soups and salads. Contact the grocery stores in your dad's area to inquire about this option. Or check with some of his favorite restaurants to see if they offer home delivery.

### Personal Chefs

Another option for non-cooking seniors with a bigger budget is to hire a personal chef from time to time. A personal chef can provide your dad with a do-it-all service that will help plan his meals, do the grocery shopping and prepare him several weeks worth (or more) of tasty meals in his home, which he can freeze and eat whenever he wants. Or, they can prepare it in their own kitchen and deliver it. Chef's fees range between \$200 and \$300 plus groceries. He may be able to save money by sharing meals with you or another family member, or a friend or neighbor.

To find a personal chef in your dad's area, check the listings at the American Personal & Private Chef Association (personalchef.com) or the United States Personal Chef Association (hireachef.com).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## SENIOR HAPPENINGS



### HAPPY BIRTHDAY! ...September Birthdays

Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaure, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Yvonne Osti, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner.

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.

### ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre



### YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Will resume in the fall.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00 - 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00 pm. Cards are only \$0.25 each! Everyone is welcome to join. May be cancelled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11:00am - 12:00 pm. No appt. necessary.

Chair Yoga: Mondays and Wednesdays from 11:00 - 11:45am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the second Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00 pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45 - 1:30 pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am.

## SENIOR EXCURSION -

### THE GETTY CENTER (WEST LOS ANGELES)

September 16, 2016

Time: 9:00am to 4:00 pm

Meeting Location: Hart Park House Senior Center

Cost: \$ 10.00 (Does not include lunch)

Discover the museum's historic collection and the Getty Center's architecture and gardens by participating in a rich selection of engaging talks and tours that bring the Getty Center's unique setting and the visual art to life. There are several gardens and fountains and landscaping for the public enjoyment. Lunch will be on your own. Choose from elegant dining in the Restaurant (reservations are recommended, 310-440-6810), to casual meals, coffee, and snacks at the Café, Garden Terrace Café, or the Coffee Carts.

Participants should bring money for lunch and souvenirs. Level of walking: High. Please call the Hart Park House 626-355-7394.

## AARP SMART REFRESHER DRIVER COURSE

The Smart Refresher Driver Course focuses on learning current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment. You'll also learn how you can manage and accommodate common age-related changes in vision, hearing and reaction time. Must pre-register. (Requirement of 10 students; drivers over 70 must take DMV written test.) \*Checks

payable to AARP and brought to the first day of class.

Days: Wednesday, October 12, 2016  
Times: 1:00pm-5:30pm  
Fees: \$15.00 AARP Member, \$20.00 Non Member  
Instructor: Certified AARP Instructor  
Location: Hart Park House (Senior Center)

## HEALTHY LIFESTYLES

### THE JOY OF YOGA

#### "SILENCE CURES ALL" (FROM THE VEDAS)



Getting quiet is nearly impossible with all of life's responsibilities!

Do you identify with feeling as though you are being pulled from one thing to the next? Over time, this leaves little room for a "no plan" day. Stress accumulates and this feeling of being off center begins to develop. Our body and mind often do not have the chance to catch up and digest the events going on in our lives. In this case, silence is what's needed for replenishment and self-reflection.

You're probably thinking – yes, but how do I get there? "When I try to be quiet, all I can hear is the chatter in my head." Yoga and pranayama are great vehicles for preparing to get quiet. The body needs movement and regulation first. In particular, during times of stress – we need the overall physical practice of yoga (asana). When combined with breath work, the effects can be profound. Through practice, the parasympathetic

nervous system--or the "rest and digest" response--is activated. The mind, in turn, experiences the feeling of being ok. The more the mind experiences this feeling, the better. It's easier to get there the next time. It's at this point that we truly become ready to experience the beauty of silence. Silence becomes a joy and makes space for self-reflection.

In Ayurveda, negativity is looked at as an accumulation of waste in the mind. To purify the mind, we must use silence as the remedy. Wouldn't it be wonderful to be rid of waste in the mind?

Try this: Plan a day when you can be silent for a good chunk of time. Let the thoughts get as loud as they will and just observe, notice how you feel. Note any self-reflections that are relevant for you. What other practices can lead you to times when silence can do its good work?

Namaste, and see you in class!

Keely Totten

### YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE

Please RSVP via email to  
SSciurba@KensingtonSL.com  
or by calling 626-355-5700



Dr. Kenneth C. Howaycek  
Health Success Educator, Author, and  
Retired, Board Certified Foot & Ankle Surgeon

## Bone Health Made Easy

Assessments will be available on a first come first serve basis.

### Learn to keep your bones healthy with Dr. Kenneth C. Howaycek

- What activities really help bone health –and what really does not! (*You're going to be surprised!*)
- Does dairy consumption really help bone health – or does it not?
- How to commit to memory the ENTIRE array of actions representing a more successful bone-healthy lifestyle.
- Some rather stunning statistics about osteoporosis that will no doubt make you take bone health much more seriously.
- The ironies around when cooking affects food "negatively" for bone health, and when they actually don't do so.
- Best foods for Vitamin D, calcium.
- Best fruit for bone health (by far) – and how it's been made easy and practical to consume easily every day.
- When to consider the medications for bone health – and when NOT to.
- How to actually use colors to best measure and to motivate one against osteoporosis.

### EVENT DETAILS

WEDNESDAY, OCTOBER 5, 2016  
From: 6:30pm – 8:00pm

at The Kensington  
245 West Sierra Madre Blvd.  
Sierra Madre, CA 91024  
(626) 355-5700



THE KENSINGTON

An Assisted Living Residence

SIERRA MADRE

www.TheKensingtonSierraMadre.com



RCFE License  
198601953

## COME SEE WHAT'S NEW IN TOWN AND GET A FREE YOGA CLASS IN OUR NEW LOCATION

16 W. SIERRA MADRE BLVD  
UPSTAIRS, ENTER FROM BACK OF BUILDING  
CHECK ONLINE FOR CLASS TIMES & DIRECTIONS

Yoga Madre  
yogamadre.com

626 355 2010

Yoga Studio and Wellness Center  
Yoga Classes for all ages and all levels  
Private Yoga Classes • Structural Yoga  
Therapy • Structural Integration • Reiki  
16 W. Sierra Madre Blvd, Sierra Madre, CA 91024

## REFLEXOLOGY CAN HELP!

Reduce Pain ☞ Promote healing ☞ Stress relief ☞ Improve overall well being



### FootsmArts Reflexology

Bs. Lic. #21422

Despina Tsiknas-Arzuoman

Certified Reflexologist

Located in Sierra Madre

(626) 355-3414

By Appointment Only

Visit our website:

[www.footsmarts-reflexology.com](http://www.footsmarts-reflexology.com)





# Looking Up

with Bob Eklund



## INTRODUCING THE DAILY MINOR PLANET: DELIVERING THE LATEST ASTEROID NEWS

Have you ever wondered what piece of cosmic debris is whizzing past the Earth right now? Do you crave up-to-the-minute information about asteroids large and small? Well you're in luck because today you can subscribe to a new service: the Daily Minor Planet.

Developed through a partnership between scientists at the Minor Planet Center and volunteers from the Oracle Corporation, the Daily Minor Planet will deliver reports on the latest asteroid happenings straight to your inbox.

"Most people don't realize how common asteroid flybys are," said Matt Holman, director of the Minor Planet Center and astronomer at the Harvard-Smithsonian Center for Astrophysics (CfA). "We want the Daily Minor Planet to educate readers in an entertaining way, so the next time they see a doom-and-gloom asteroid headline, they'll know where to go to find the facts."

The Daily Minor Planet's name cleverly combines the title of the fictional newspaper home of Superman's Clark Kent, the Daily Planet, with the historical name of asteroids, or minor planets. In a nod to the real-life newspaper world, it will be available in two HTML formats: classic and modern.

Almost every day, a known asteroid passes within a few million miles of Earth. On those dates, the Daily Minor Planet will list the flyby asteroid along with the time and distance of its closest approach. On days without a cosmic flyby, the report will feature a newly discovered asteroid. It will also highlight an article from the popular press.

The Daily Minor Planet continues a collaboration that began with Asteroid Explorers, a website designed to increase public awareness of asteroids and their impact and risks to the world. That website's interactive tools allow visitors to investigate questions like "Which asteroids have the highest risk of impacting Earth?" and "Which asteroids are easiest to travel to?"

"I want to thank the Oracle volunteer team and the others for their excellent work on the Daily Minor Planet and the Asteroid Explorer," said Victoria Friedensen, the Planetary Defense Program Executive for the Asteroid Grand Challenge at the NASA Planetary Defense



Coordination Office. "These are two excellent examples of how government, academia, and the private sector can work together to improve our defense from an impact on Earth."

Smithsonian astronomer J. L. Galache served as project lead on both the Daily Minor Planet and Asteroid Explorers. His colleague at the Minor Planet Center, Michael Rudenko (CfA), played a key role in designing and implementing both websites.

For the Daily Minor Planet, the Oracle team focused on taking the Minor Planet Center's

complex data sets and creating intuitive visualization tools.

"Humans are visual creatures. And although our target audience is everyone, we found that even the experts can understand the data better if it's well visualized," said DJ Ursal, senior director for the Oracle User Experience Organization.

"Our measure of success is community impact," Ursal added. "It's all about community and participation, cross-organizationally at Oracle and out in the wider world."

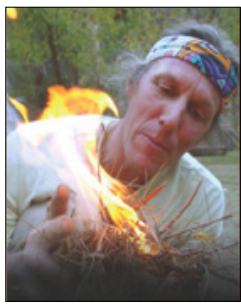
Jeremy Ashely, Oracle Group Vice President,

agreed and pointed out that the relationship between Oracle and the Minor Planet Center has been mutually beneficial.

"A project like this gets people to stretch their minds," Ashely said. "It's easy to get into a rut, but when you gather different people together and they bring different perspectives, new ideas start to emerge. That's the definition of innovation."

To subscribe to the Daily Minor Planet, go to <http://minorplanetcenter.net/daily-minor-planet>

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).



## CHRISTOPHER Nyerges

### WHAT WE THINK OUR HEALTH IS MORE THAN MERELY OUR PHYSICAL BODY

*[Nyerges is the author of "Extreme Simplicity," "How to Survive Anywhere," and other books. He can be reached at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com).]*

The following is a section of a book-in-progress entitled "Integral Health."

#### THE IMPORTANCE OF ATTITUDE

Joseph Nemeth of Fort Collins, Colorado, made some noteworthy observations in the September 1989 Mensa Bulletin (Mensa is the international high IQ society). He writes, "Occasionally, we need to be reminded how very peculiar and unbalanced our mainstream concept of medicine is. First, we are all mortal and will die regardless of the efforts of any practitioner of any brand of medicine. Second, we forget that no physician has ever healed anyone -- the physician merely stabilizes the body (or mind) in a crisis, allowing the body (or mind) to heal itself. Because we hold the physician responsible for the healing, we split physicians into two camps -- the real doctors and the quacks -- and identify the former with medical conservatism and the latter with anything else. This leads to comments like 'raising false hopes' -- in spite of the fact that all hopes are false in the long term, while in the short term hope itself may be the most important factor in healing.

"Spontaneous remission is a well-documented category of healing which baffles physicians. If there are any reproducible factors associated with spontaneous remission, they appear to lie in the areas of faith healing, prayer, laying-on of hands, meditation, and other sources of 'false hope.' Who is going to perform the rigorous studies to test these instances, if not parapsychologists? How many conservative physicians or medical researchers are going to put their reputation and future livelihood on the line by really studying this 'crank medicine=?"

People who are experiencing severe grief need a good friend more than they need pills. A study done by Mount Sinai School of Medicine in New York showed that men whose wives had died experienced a significant decline in the activity of lymphocytes, white blood cells involved in the body's disease-fighting system. An estimated 700,000 Americans over 50 lose their spouses each year, and about 7,000 deaths a year are attributed to bereavement. Know someone whose spouse has recently died? Call them every day for a week or a month or longer and let them know someone still cares.

#### THE VALUE OF EMPATHY

Immunoglobulin-A (IgA) is our immune system's first line of defense against upper respiratory infections. IgA works by killing many viruses. Psychologist David McClelland and colleagues spent several months studying the responses of Harvard students after

viewing such scenes as Mother Theresa of Calcutta working among India's poor. McClelland measured a sharp increase in the IgA content of the saliva of the students who had just viewed the films.

McClelland also discovered that the "healers" who cheer up people and make them feel better about themselves invariably raise the IgA level of the patients. This, according to McClelland, is one factor that contributes to the healing that takes place.

#### MUSIC

A related factor is the inclusion of "uplifting" music in our daily lives. In general, music with a regular rhythm and tempo (as opposed to spacey New Age music) is best. We have found Bach's well-tempered clavichord, and Mendelssohn's Spinning Song very integrating to the nervous system.

#### DON'T WORRY, BE HAPPY

Occasionally, a student will ask us, "Aren't you worried about getting poison oak?" They may also ask if we're worried about tics, snakes, or any of the other things we could encounter in the outdoors. I respond that, no, I am not worried, since worry is bad for the heart and is known to actually increase the body's cholesterol level, thicken the arteries, and increase the blood pressure. The point wasn't to be flip, since next I tell the students how to deal with poison oak, tics, whatever. The point is to not worry.

Worry, hate, anxiety, fear -- these and other negative emotions are bad for our health. Though this is a vast subject upon which many books have been written, the emotion of hate causes (among other things) excess hydrochloric acid to secrete into the stomach, and the emotion of fear causes (among other things) an excess flow of andrenalin which weakens the kidneys.

Are there viable alternatives to fear, to hate, to worry? Yes, definitely. But you must first CHOOSE to abandon hostility. Try doing two "good" things for every "bad" thing that enters your life. And should you find yourself entertaining destructive thoughts about another person, immediately say to yourself, "regardless whether that thought about so-and-so is true, he or she has these outstanding traits" and then remind yourself of those good traits.

We must emphasize that we are not referring to some sort of "positive thinking" where we affirm things to be so which are not so; rather, we're talking about retraining our brain so we don't continue to allow our own thoughts and emotions to result in our own sickness and disease.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### PURSUING A COURSE IN APPLE-FRITTEROLOGY

Recently, and by that I mean within the last month, my cell phone has been ringing out of my shirt pocket. It is rather frustrating because I rarely give my number to anybody. But there it goes, ringing and ringing and ringing.

Usually the calls are for political polls of which I am not the least bit interested. If they want to know whom I am voting for they are going to have to come up with a little bit of coin for me. Why should I give them information they are going to sell to someone else? We all know politics goes to the highest bidder.

The only difference between a pollster and a polecat is... I'm not sure there is any.

Then, there are those called Robo calls. I still do not understand what in the world they are. The phone rings and there is nobody on the other end. I can say "Hello" 100 times and still nobody answers. If I ever find out who this Robo is, I will be tempted to give them a piece of my mind.

Does everybody have my cell phone number? Most of the time I cannot remember what my number is and I have to look at my phone.

Then I started getting phone calls the other week concerning furthering my education.

"I understand," they always begin which makes me a little suspicious, "that you are interested in furthering your education."

Well, I try to learn something every day if that is what they mean. But it's not what they mean. "From your recent application on the website," they say is if they know exactly what they are talking about, "you have indicated that you are interested in our university." Then they pause to catch their breath I guess, "What are you interested in pursuing?"

The first dozen calls I explained to them that there must be a mistake, I was not on their website and I am not interested in anything that they are providing.

From a practical standpoint, you would think that would settle it. But oh no. These people have a script and they stick to their script.

"So what is the interest of your further education?"

It must be the Pennsylvania Dutch in me or something because I can only take this kind of thing for so long. Then, the real me oozes out of my system. Suddenly I had an idea.

It takes a lot for me to get an idea and these calls were pushing me to my limit. And so I came up with a brilliant idea. At least I thought it was brilliant.

The next one that called I said, "Yes, I am interested in furthering my education."

"Wonderful," they said reading from their script, "what area of study are you interested in?"

Now I had them eating out of my hand, and I have not washed my hands all day.

"I would like to pursue a course," I said as seriously

as I possibly could manage, "in Apple-fritterology." Of course, I had never heard of such a thing, but who knows what's out there?

There was a slight pause on the other end of the phone and finally the person said, "What did you say?"

"I would like to pursue a course in Apple-fritterology."

"Would you mind," the other end of the phone muttered, "spelling that for me?"

"A-p-p-l-e-f-r-i-t-t-e-r-o-l-o-g-y."

"I'm not sure we have a class for that. I've never heard of that before."

At that point, I knew I have them. "That is what I am interested in and that is what I want to sign up for how can I go about that?"

"Sir," and I could tell this point they were off script, "would you explain to me what that is? I've never heard that before."

"It is the study of Apple fritters and their impact in modern-day psychosomatic society."

Following that, there was a distinctive "click" as the other end of the phone hung up abruptly.

After that telephone conversation, I got to thinking about it. That would be a wonderful course of study. I plan to do some adequate research on the subject of which will consist of eating Apple fritters. I plan to be an Apple-fritterologist.

I am sure I will be the first of its kind and I should be planning and preparing a course of study on this tremendous subject. After all, who wouldn't be interested in such a study?

Since then I have received several other calls asking about my interest in furthering my education. Now, I am reading from my script and confusing the person on the other end of the phone. I cannot wait for the next phone call to come in. I am having a wonderful time. For every phone call that comes in, I eat two Apple fritters.

If I never had received any of these phone calls, I never would have come up with such a wonderful plan. So why should I complain about my cell phone ringing out of my shirt pocket? For every frustrating experience in life, there is a shiny rainbow littered with Apple fritters.

I was reminded what the old preacher said, "Whatsoever thy hand findeth to do, do it with thy might; for there is no work, nor device, nor knowledge, nor wisdom, in the grave, whither thou goest" (Ecclesiastes 9:10).

One of the joys of life when somebody is frustrating you is to return the favor.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34483, where he lives with his wife. Call him at 1-866-552-2543 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). His web site is [www.jamesnsnyderministries.com](http://www.jamesnsnyderministries.com).



**We'd like to hear from you!**  
**What's on YOUR Mind?**



Contact us at: [editor@mtnewsnews.com](mailto:editor@mtnewsnews.com) or [www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews) AND Twitter: [@mtnewsnews](https://twitter.com/mtnewsnews)



## UNITED HOPE FOR ANIMALS

People Uniting, Helping Animals, Creating Hope

I am among the lucky ones in today's population who can say, "I'm over a half century old", and I'm okay with that. It's an age that allows me to blend in easily with people of all generations. I'm happy hanging out with my contemporaries, but I am just as content when I'm with those who happened to be born before and after me.

I still have the mental wherewithal to keep up with the young pups (debatable, I know), yet I can totally relate to my elders because I'm nowhere near as young as I used to be! Granted, these conclusions are based on my own perspective, so an on-looker may beg to differ. But if there is one thing I can say with absolute certainty about getting older, it's that age has instilled in me a stronger desire to pursue the things I am most passionate about.

Ever since I was a kid, I've had an intense sense of compassion for animals, and now as an adult I have an undying desire to share whatever resources I have to make a change for the better on their behalf. One of my most vivid childhood memories is from when I was about 6 years old and my dad took me and my sister to the local animal shelter to pick out a dog. Although I don't remember every detail of that day, I do remember us choosing what most people would have considered to be a "mongrel".

He was a multi-mutated, mixed-up mutt and I thought he was the most beautiful beast I'd ever seen. He was a shepherd sort of mix with chocolate brown eyes and a perpetual puppy-face smile. Being the "baby of seven", I often felt sort of lost in the crowd myself, so I guess I could relate to that poor little fella in some strange way.

After a moment of contemplation, my dad did the paper work and we took the young dog home to be our own. We called him "Rex". About a year later, Rex got out of the back yard gate and ran into the road where he was hit by a car. I was sure my world would come to an end, but miraculously my dad was able to rescue Rex yet again. He picked him up off the street, cuddled him in a blanket, brought him inside and set his leg with some wood and masking tape.

For the next few weeks, the family worked together to nurse Rex back to good health and he ultimately gave us many years of happiness. The kind of happiness only a truly grateful dog knows how to give. I believe that childhood experience with Rex being rescued by my dad probably played a big part in my becoming such an avid animal lover as an adult.

So, at the ripe ole age of 53 my passionate pursuit is to be an advocate for the animals. As part of my pursuit, I try to support others who care equally, and are actively involved in practical ways to make a difference for the better. Particularly those who help otherwise-euthanized pets get a second chance at life.

United Hope for Animals (UHA) is a non-profit organization that has wiggled its way into my heart. They are a dedicated group of volunteers



whose goal is to place as many shelter pets into loving forever homes as possible. They recognized a dire need for adoption facilitation assistance at that the Baldwin Park Shelter, and they came to the plate. By providing some very practical pro-bono services that the LA County budget does not provide for, they have become real life hero's for animals in need.

UHA goes about helping save animals' lives at the Baldwin Park Shelter by first holding professional glamour shot sessions during which they take photographs of freshly-bathed adoptable pets. They then post the photos along with a detailed, creatively written description of each pet in promotional listings on-line for potential adopters to view and respond to. When a potential adopter makes contact in response to a listing, UHA sets up a meet and greet to allow the interested party and the animal to get to know each other and determine whether or not they make a good match.

In addition to their "match-making" endeavors, UHA also has other practical programs in place to help enhance the quality of life for the animals at Baldwin Park. For example, they collect donated items such as beds, bowls and blankets for the animals and their qualified volunteers are always willing to take the dogs out for some fresh air and much needed exercise.

UHA's main objective is to find forever homes for as many shelter animals as possible before their time is up, and they've succeeded in doing so time and time again. They have been a "dog-send" for more shelter pets than you can imagine. The dedicated volunteers at UHA are literally walking the walk, not just talking the talk. They are self-appointed stewards on behalf of the animals, and for that they have earned my unrelenting respect and gratitude.

For more information about United Hope for Animals, visit their website at: [unitedhope4animals.org](http://unitedhope4animals.org) where you'll have the opportunity to get involved. Whether it be a volunteer opportunity, or a monetary contribution, there is a wide variety of ways to help pave the way to a better future for our furry, four-footed friends. You can also visit their Facebook page where you'll find listings of animals currently available for adoption. Let's all do our best to help ensure that rescue is the only resolution for animal shelter overpopulation. Love and let live.



## LOOKING FOR A BEST FRIEND?

When you first meet Courtney, you might be reminded of a beautiful deer. Her slender body, long legs, expressive ears, and delicate movements are all very doe-like. This lovely girl is a white 11-year-old Chihuahua mix who found herself at the shelter after being struck by a car. She was treated for her injuries, which resulted in part of her tail being amputated. She is doing well now, and is ready for a loving home.



patiently offer her the security she seeks.

Courtney is a dainty, gentle girl who would do best in a quiet home where she does not have to worry about her safety. If you are looking for a loving companion to share your lap, please consider meeting sweet Courtney. Her adoption fee is \$130, which includes spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Courtney. ID#22038 She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in

San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Courtney, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: [www.sgyhumane.org](http://www.sgyhumane.org). Courtney qualifies for the "Senior for Senior" discount.

### Car Heat Dangers

Elapsed Time (minutes)	Outside Air Temperature (°F)					
	70	75	80	85	90	95
0	70	75	80	85	90	95
10	89	94	99	104	109	114
20	99	104	109	114	119	124
30	104	109	114	119	124	129
40	108	113	118	123	128	133
50	111	116	121	126	131	136
60	113	118	123	128	133	138
More than 1 hour	115	120	125	130	135	140

Know the facts, please.

SIERRA MADRE POLICE

**WARNING**

**DON'T LEAVE DOGS IN HOT CARS**



Want a purrfect male cat? Look no further than princely PANTHER, age 3. Panther is a very friendly and cuddly boy. His fur is so soft and sleek, just like a real panther! He



likes to be held, and will rub and love all over you! He is also playful. He gets along well with other cats, too. He is healthy, neutered, and current on all his shots. Adopt Panther and help us debunk the fact that black cats are the hardest to get adopted. He's been waiting for a forever home since he was a baby.

Lifeline for Pets is a small no-kill rescue, and we know our cats well. We show some cats most Sunday afternoons at Petsmart, 3347 E. Foothill Blvd. in Pasadena, 12:30-3:30.

Adoption fee is \$100, which includes spay, microchip, exam & vaccine. Our cats are negative FELV/FIV unless otherwise indicated.

See adoption info & application on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org). Or call 909-561-7700. Sorry, we are not accepting cats at this time.

GOOD NEWS: Felix has been adopted!

## Upcoming Creative Workshops

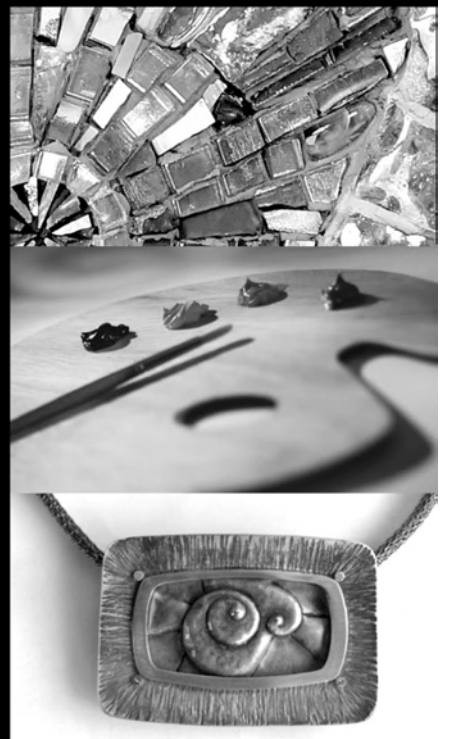
**Sculpture Art Jewelry**  
Sunday, October 9, 10:00 am - 5:30 pm

**Introduction to Folding Form**  
Sunday, October 16, 9:30 am - 4:00 pm

**Color Mixing**  
Sundays, Oct. 16 & Oct. 23  
10:00 am to 5:00 pm

**Visual Art Journaling**  
Sunday, October 23, 12:30 - 4:30 pm

**Mosaic Mirror**  
Sundays, Nov. 13, 1:00 - 4:30 pm &  
Nov. 20, 1:00 - 3:00 pm



Reserve Your Spot Today! Visit [CreativeArtsGroup.org](http://CreativeArtsGroup.org)

**Creative Arts Group**  
108 N. Baldwin Ave. Sierra Madre  
626.355.8350 [www.creativeartsgroup.org](http://www.creativeartsgroup.org)

## FORECLOSURE DEFENSE EXPERTS

**Know Your Rights!**  
**Don't Lose Your Home!**



- Sue The Bank
- Foreclosure Reversal

**Call Us Today**  
**626-584-7800**

SRG STEPHEN R. GOLDEN & ASSOCIATES



**It's Not Too Late**

**Attorney Stephen R. Golden**

**We Are Open Weekends & After Hours**

600 N Rosemead Blvd. Suite 100, Pasadena, CA 91107 (626) 584-7800

Visit Us @ [stephengoldenlaw.com](http://stephengoldenlaw.com)

## California Business Complex & Self Storage Monrovia

2600 California Ave. Monrovia, 91016

**We're your place when you're out of space!**

- Many Sizes to fit your needs
- Convenient location/easy access
- Professional Management



**Call: 626-303-7917**



Fine Furniture, Art, & Apparel

Karen Byrne  
Proprietor

26 N Baldwin Ave, Sierra Madre, CA 91025 Tel. 626.488.2226



**Podley**  
PROPERTIES

TOP PRODUCERS  
2010 2011 2012 2013 2014 2015



Luther & Georgina  
**Tsinoglou**

Real Estate Experts You Can Trust

(626) 507-3029 | Luther@Tsinoglou.com | www.tsinoglou.com



CalBRE #01135433  
CalBRE #01393982

FOR LEASE



**575 S. ORANGE GROVE  
PASADENA**

Prime Pasadena! Beautifully Updated  
2BR/2BA. Owners' Unit, approx. 1,600 sf.  
Near Downtown Los Angeles

FOR LEASE



**196 SANTA ANITA COURT #A  
SIERRA MADRE**

Cozy 1BR/1BA back upstairs unit.

Call Luther for details 626.695.8650

FOR LEASE



**5828 ROWLAND AVENUE  
TEMPLE CITY**

Front home on a tri-plex. 2BR/1.75BA,  
hardwood floors.

FOR LEASE



**10639 LYNROSE STREET  
TEMPLE CITY**

Newly Renovated 2BR/1BA home. Large kitchen  
with high-end appliances, laundry room w/hook-ups,  
AC, private backyard, 1-car garage, Arcadia schools.

Broker does not guarantee the accuracy of room dimensions, square footage, lot size, or other information regarding the condition or features of the property provided by the seller or obtained from public records or other sources.

## OCTOBER EVENTS

Eat. Explore. Enjoy.

### SEASONAL FAVORITES

**21-22 | HALLOWEEN WINDOW PAINTING**  
Times Vary • Checkline Kenting Court, SIERRA MADRE  
Halloween window painting contest for Sierra Madre  
residents aged 9-17. [cityofsierramadre.com](http://cityofsierramadre.com)

**15 | PUMPKIN FESTIVAL**  
10am-4pm • 725 E. Mauna Loa Ave., GLEN DORA  
Annual pumpkin patch w/food, games, crafts, pony rides  
& tours of the historic Hamilton House. [d.glenora.ca.us](http://d.glenora.ca.us)

**13-16 & 27-30 | RISE OF THE JACK O' LANTERNS**  
6-10:30pm  
15-16 LA Convention Center & 27-30 POMONA Fairplex  
Thousands of hand-carved jack o' lanterns arranged  
along a scenic walking path & set to music. [therise.org](http://therise.org)

### ART & ENTERTAINMENT

**21 | ART NIGHT**  
6-10pm • Locations Vary, PASADENA  
Enjoy a free evening of art, music and entertainment.  
FREE shuttles available! [artnightpasadena.org](http://artnightpasadena.org)

**22 | ARTWALK**  
11am-5pm • Playhouse District, PASADENA  
Pasadena's largest urban art fair highlighting local  
artists. FREE for all-ages. [playhousedistrict.org](http://playhousedistrict.org)

### EAT & DRINK

**8 | A TASTE OF SOUTH LAKE**  
11am-5pm • 251 S. Lake Ave., PASADENA  
Culinary celebration w/25+ restaurants, cooking  
demos, live music & more. [southlakeavenue.org](http://southlakeavenue.org)

**9 | TASTE OF MONROVIA**  
5-8pm • Myrtle Ave., MONROVIA  
Local merchants gather for a festival of food,  
music and spirits. [tastemonrovia.com](http://tastemonrovia.com)

**22 | BOOT-SKOOTIN' CHILI COOKOFF  
AND AUCTION**  
6-10pm • 33 E. Sierra Madre Blvd., SIERRA MADRE  
Come enjoy line dancing, silent auction and the  
chili dogs and chili contest. [sierramadrekidswar.com](http://sierramadrekidswar.com)

### HALLOWEEN HAPPENINGS

**31 | OLD TOWN MONROVIA HALLOWEEN**  
3-6pm • Library Park, MONROVIA  
Afternoon filled w/ghoulish fun! Costume contests,  
trick-or-treating & more! [cityofmonrovia.org](http://cityofmonrovia.org)

**31 | SIERRA MADRE TRICK-OR-TREAT**  
3:30-6:30pm • Downtown SIERRA MADRE  
Halloween festivities [cityofsierramadre.com](http://cityofsierramadre.com)  
Stop by Podley Properties: 30 N. Baldwin Ave.

### SCARECROW FESTIVAL IS COMING SOON!

Times Vary • 105 N. Baldwin Ave., SIERRA MADRE

10/1: Scarecrows appear around Sierra Madre.  
10/1: Maps are available and voting begins  
10/8: FREE Shuttle tour of scarecrows

10/20: Voting ends  
10/21: Awards Ceremony at Creative Arts Group  
For more info, visit: [creativeartsgroup.org](http://creativeartsgroup.org)

## FOR SALE



**155 N. Baldwin - Sierra Madre**

1908 Craftsman - Great Location - Walk To Town  
3 BR - 2BA, Den and  
LEGAL 1 BR/1 BA Guest House/Rental  
**\$998,000**

JUDY WEBB-MARTIN

C 626.688.2273 P 626.507.3028  
[judywm@podley.com](mailto:judywm@podley.com)

DRE #00541531

KATIE ORTH

C 626.688.0418 P 626.507.3034  
[katieo@podley.com](mailto:katieo@podley.com)

DRE #00942500

**Podley**  
PROPERTIES

THE  
**WEBB-MARTIN  
GROUP**

*Eileen Benson*  
Representing Addresses  
of Distinction



**FOR LEASE IN  
SIERRA MADRE**

REALTOR®  
626.278.0187



**61 WINDSOR LANE**

Historical Charming situated on a quiet picturesque street walking distance to town.  
3 Bedroom, 1 bath main house plus a separate Studio/Office with private access  
and a private 1/2 bath with kitchen area. The Beautiful cottage garden of colorful  
perennials and the brilliant blue front door enhance this homes stunning curb  
appeal. Property is available immediately. Furnished for \$3600 per month or  
unfurnished for \$3200 per month.

Call or Text Eileen for details @ 626-278-0187

**COLDWELL  
BANKER**

RESIDENTIAL  
BROKERAGE



Check out the video tour of Sierra Madre:  
[www.cityofsierramadre.com](http://www.cityofsierramadre.com)

Sierra Madre resident for 25 years  
[benson.eileen@gmail.com](mailto:benson.eileen@gmail.com) | CalBRE #01880650  
[www.eileenbenson.com](http://www.eileenbenson.com)



**Free Exam!**

For New Clients

Bring this coupon to save

(Expires 9/30/16)

**Walter Cailleteau, DVM**

927 N. Michillinda Ave.  
Pasadena, CA 91107

**(626) 351-8863**





## AROUND SAN GABRIEL VALLEY

### KEEP ZIKA OUT: L.A. COUNTY AGENCIES AND HUMANITARIAN ORGANIZATION TO HOST COMMUNITY TRAINING

Today, vector control districts, the Los Angeles County Department of Public Health and Tzu Chi, an international humanitarian organization, announced a community workshop to “Keep Zika Out.”The free event will be held on September 24, 2016 from 8 a.m. to noon, at B.O.C.A. (Dharma Seal Temple) at 3027 Del Mar Avenue, Rosemead, CA 91770.

“Keep Zika Out” will train residents and interfaith volunteers to prevent invasive Aedes mosquitoes from breeding in their homes and communities. After the morning workshop, volunteers will hit the streets and educate neighbors in the surrounding area.

To date, no local transmission of Zika virus has been reported in L.A. County. However, the Aedes mosquitoes that have the potential to transmit the virus is present in Los Angeles County.

“Everyone in L.A. County can help reduce the risk that Zika could spread here by ensuring mosquitoes don’t breed around their residences. We encourage residents to drain standing water and toss unused containers in the trash so they don’t become places where mosquitoes can breed,” said Dr. Benjamin Schwartz, Acting Director for the Acute Communicable Disease Control program of LA County Department of Public Health. “Additionally, during travel to Zika-affected areas, people should avoid mosquito bites by using insect repellent that contains an effective ingredient like DEET, wearing long-sleeved shirts and long pants, and staying in places with screens or air conditioning to keep mosquitos out.”

Year-to-date, there has been more than 60 travel-related cases of Zika in L.A. County. In addition, there are more than 50 L.A. County cities and communities with invasive Aedes mosquitoes.

“Vector control agencies in LA County cannot do it alone,” said Truc Dever, General Manager for the Greater Los Angeles County Vector Control District. “One of the most important and effective ways residents can help us prevent Zika virus from spreading in L.A. is to tip and toss anything that can hold water.”

Preventative community outreach about the threat is an important part of the Health Department and vector control district’s Zika preparedness plan. The public health agencies’ partnership with Tzu Chi strengthens the commitment to prepare Los Angeles County for a potential outbreak.

“Emergency preparedness is one of many ways Tzu Chi is helping residents,” said Executive Vice President of Tzu Chi, Debra Boudreaux. “Together, as a community, we can stand together to keep Zika out of our neighborhoods.”

About Tzu Chi:

Buddhist Tzu Chi Foundation, whose name means “compassion and relief,” is an international humanitarian organization with special consultative status at the United Nations Economic and Social Council. Founded by Dharma Master Cheng Yen in 1966, the non-profit organization has four major missions: charity, medicine, education, and humanistic culture. Tzu Chi also engages in international disaster relief, bone marrow donation, community volunteerism, and environmental protection. Tzu Chi has offices and chapters on five major continents and provides aid to more than 90 countries. To learn more about Tzu Chi and our disaster relief work in the USA and internationally, please visit: [www.tzuchi.us](http://www.tzuchi.us)

#### About Los Angeles County Department of Public Health

The Department of Public Health is committed to protecting and improving the health of the nearly 10 million residents of Los Angeles County. Through a variety of programs, community partnerships and services, Public Health oversees environmental health, disease control, and community and family health. Public Health comprises nearly 4,000 employees and has an annual budget exceeding \$900 million. To learn more about Public Health and the work we do please visit [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov), visit our YouTube channel at [www.youtube.com/lapublichealth](http://www.youtube.com/lapublichealth), find us on Facebook at [www.facebook.com/lapublichealth](http://www.facebook.com/lapublichealth), or follow us on Twitter: @LAPublicHealth.

#### About Vector Control:

The San Gabriel Valley Mosquito & Vector Control District (SGVMVCD) and the Greater Los Angeles County Vector Control District (GLACVCD) are two of five vector control agencies that provide services and programs in Los Angeles County. Since 2011, vector control districts have been consistently working together to fight the invasive Aedes mosquitoes that have the potential to transmit Zika, dengue fever, chikungunya, and yellow fever to people. For more information about SGVMVCD, visit [www.sgvmvcd.org](http://www.sgvmvcd.org). For more information about GLACVCD, visit [www.glacvcd.org](http://www.glacvcd.org).

#### About San Gabriel Valley Mosquito and Vector Control District

The San Gabriel Valley Mosquito and Vector Control District is a public health agency formed in 1989 to protect residents against vector-borne diseases. The District provides enhanced mosquito and vector control services to 23 cities and portions of unincorporated Los Angeles County within the San Gabriel Valley.

### CONGRESSWOMEN JUDY CHU AND GRACE NAPOLITANO PARTNER WITH KAISER PERMANENTE FOR ANNUAL DOMESTIC VIOLENCE AWARENESS CAMPAIGN AND COLLECTION DRIVE



By Joan Schmidt

This past Friday I attended the Kick-off Press Conference for the 13th Annual Domestic Violence Collection Drive. Thirteen years ago, Congresswoman Judy Chu (CA-27) saw firsthand domestic violence, her friend, an educator with an abusive husband. During the divorce, the abuser was going to get HALF of the victim’s retirement pay. Chu couldn’t believe this; hence her Assembly Bill 2018, protecting victims from being forced to share financial assets with abusive spouses. Also Chu penned AB 1288-This prevents perpetrators of abuse to purchase firearms. If they do so, victims are alerted.

Within the last three years, Congresswoman Grace Napolitano (CA-32) has joined with Chu. Rep. Napolitano said, “It is a privilege to continue working with Congresswoman Chu, Kaiser Permanente and so many other local heroes in our fight to end domestic violence. The emotional wounds inflicted by domestic violence are often invisible, so increased mental health awareness is critical to ensure those in need seek health.” (All in the 32nd District applaud Napolitano’s focus on Veterans and Mental Health issues-especially in our schools.)

Dr. Victor Cheng, Physician In-Charge, Kaiser Permanente, and on-board these twelve years spoke of victims of ALL ages, socio-economic/ ethnic groups. Also attending was Rena Del Haro, Director of Public Affairs, Baldwin Park Kaiser Permanente.

Other speakers included Mavis Hansen, Domestic Violence Awareness And Prevention Chair, and President of the General Federation of Women’s Clubs, and Personal Testimony from “Paulette”.

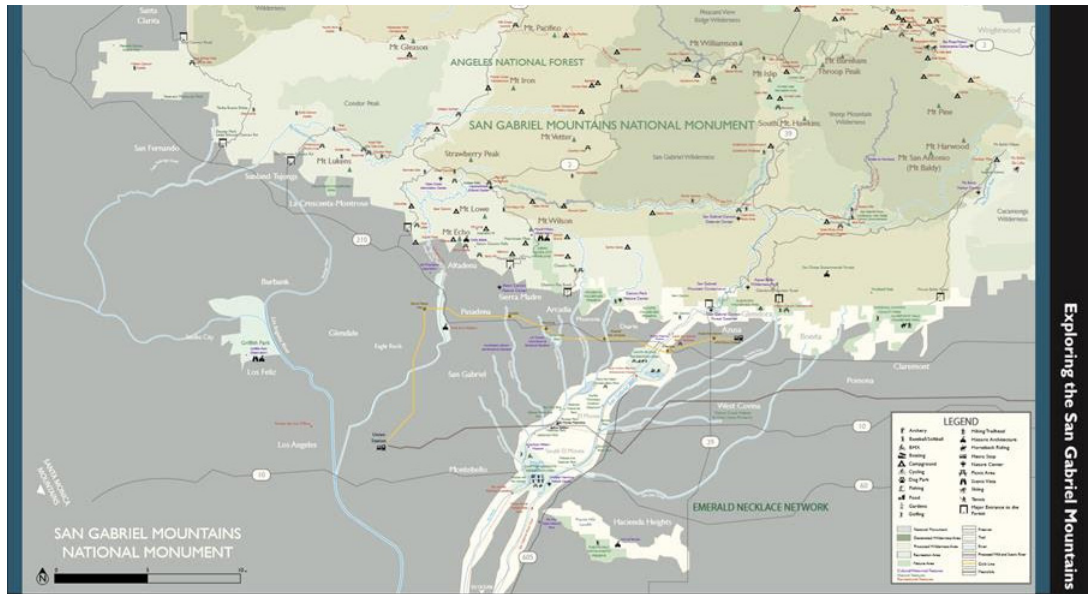
The Campaign lasts from October 1-November 1. It will support Domestic Violence Victims from Elizabeth House, Pacific Lifeline, Grace Services, Project Sister family Services and Shepherd’s Door. The Collection Locations are:

*Congresswoman Chu’s Pasadena Office*  
527 South Lake Ave. Suite 106, Pasadena  
*Congresswoman Chu’s Claremont Office*  
415 W. Foothill Blvd., Suite 122, Claremont  
*Alexander Hughes Community Center*  
1700 Danbury Road, Claremont

*Alhambra City Hall*  
111 S. First St. Alhambra  
*Altadena Community Center*  
730 E. Altadena Dr., Altadena  
*Altadena Senior Center*  
560 E. Mariposa St. Altadena  
*Arcadia Community Center*  
375 Campus Dr., Arcadia  
*Arcadia Woman’s Club (Wed./Thur. only)*  
324 S. 1st Ave., Arcadia  
*Bradbury City Hall*  
600 Winston Ave., Bradbury  
*Joslyn Adult Recreation Center*  
210 North Campus Dr. Alhambra  
*Garvey Community Center*  
9108 Garvey Avenue, Rosemead  
*Fiorina Clothing Store*  
124 N.Glendora Ave., Glendora  
*Monrovia Community Center*  
119W. Palm Ave. Monrovia  
*Monterey Park City Hall*  
320 W. Newmark Ave., Monterey Park  
*Rosemead Community Recreation Center*  
3936 N. Muscatel Ave., Rosemead  
*San Gabriel City Hall*  
425 S. Mission Drive San Gabriel  
*San Marino City Hall*  
2200 Huntington Dr., SanMarino  
*Sierra Madre’s Women’s Club*  
550W.Sierra Madre Blvd. Sierra Madre  
*South Pasadena City Hall*  
1414 Mission Street, South Pasadena  
*South Pasadena Woman’s Club*  
1424 Freemont Ave., South Pasadena

The month-long drive, part of the Domestic Violence Awareness Month in October, will collect gently used women’s and children’s clothing/school supplies, household cleaning products, toiletry items- NO BREAKABLE items, please- and other donations that will be distributed to victims at shelters throughout the San Gabriel Valley. Donations can also be dropped off at Kaiser Permanente Facilities in Baldwin Park, Diamond Bar, Montebello, San Dimas and West Covina. Thank you!

### DRAFT MAP OF THE PROPOSED SAN GABRIEL MOUNTAINS NATIONAL MONUMENT PREPARED BY THE AMIGOS DE LOS RIOS GROUP, SUGGESTED REVISIONS / CHANGES WELCOME AT THIS POINT IN TIME



This past week, the City was provided with a draft map of the San Gabriel Mountains National Monument (National Monument) area. The map was developed by the group Amigos de los Rios in concert with the US Forest Service as the federal government works to create handouts for visitors to the National Monument. Interested parties have been asked to provide input regarding the features

on the map. At first glance, it does appear that some features across the San Gabriel Mountains are misplaced, and staff will be providing comments to the group. However, if you have any feedback or comments you would like for us to take into consideration, please feel free to let me know and we’ll get the message passed along to the US Forest Service group that is coordinating this effort.

**SOLD by Jan Greteman**

Visit [www.JanGreteman.com](http://www.JanGreteman.com) to sign-up for Neighborhood News and a FREE Market Report!

When it's time to **BUY OR SELL**, I can help you get **TOP MARKET VALUE** for your property!

**JUST SOLD!**

263 E. Sierra Madre Blvd. # F, Sierra Madre | **\$628,000**

**SOLD!**

461 Santa Anita Ct., Sierra Madre | **\$1,040,000**

**SOLD!**

1800 N. Altadena Dr., Pasadena | **\$1,150,000**

Jan Represented these Buyers in Sierra Madre & Pasadena.

**SOLD!**

446 W. Manzanita Ave. | **\$1,359,000**

**SOLD!**

365 Toyon Rd. | **\$1,298,000**

**SOLD!**

445 E. Highland Ave. | **\$975,000**

**SOLD!**

99 E. Sierra Madre Blvd. #B | **\$598,000**

**IT'S A GREAT TIME TO SELL & VALUES ARE IMPROVING**

[www.JanGreteman.com](http://www.JanGreteman.com)

**JAN GRETEMAN**  
REALTOR®, SRES, GREEN

626.975.4033 | [Jan@JanGreteman.com](mailto:Jan@JanGreteman.com)

30 N. Baldwin Avenue, Sierra Madre 91024  
CalBRE #01943630

Podley Properties® does not guarantee the property information obtained from public records or other sources. Equal Housing Opportunity. ©2016 Podley Properties. All rights reserved. Marketing materials produced by Podley Studio.

◆ Locally Sourced Books, Cards, Gifts, & Gourmet

◆ Healing Crystals, Tarot Cards & Readings, Moon Celebrations

◆ Fairy Gardens, Garden Décor

◆ Fair Trade Products

◆ Large Selection Of Teas & Coffee

◆ UPS Packing & Shipping Services

◆ Private Mail Box Rentals

Gorgeous Gift Wrap is Always Complimentary!

**Named Best Gift Shop by LA HOT LIST voters**

**ALTADENA'S OWN**

**HOOPLA!**

AN EMPORIUM OF GOOD THINGS

2591 Fair Oaks Avenue Altadena, CA 91001  
626-797-1135 FAX 626-797-5889

ShopAtHoopla@gmail.com **ShopAtHoopla.com**

FACEBOOK: WEBSTERSFS TWITTER: @HOOPLAEMP

INSTAGRAM: @HOOPLAEMPORIUM PINTEREST.COM/SHOPATHOOPLA



On the Marquee:

Notes from the Sierra MadrePlayhouse

25 SCENIE AWARD RECOGNITIONS!

**By Artistic Director, Christian Lebano**  
Steven Stanley, a reviewer for Stage Scene LA, one of the biggest fans of LA theater, AND a wonderful supporter of the work we are doing at SMP just announced his Scenie Awards this week and SMP has been recognized with 25 of them for three different productions! One of the highest counts of all the small theaters in Los Angeles. I am so proud of the work that we are doing AND so glad that it is being noted. Steven divides his picks into two categories – Best and Outstanding of the year. The Best list being much smaller than the Outstanding. The Intimate designation means smaller theater as opposed to the big ones like CTG or Pasadena Playhouse. The Best category doesn't make the distinction between the bigger or smaller theaters.

Best Production of the Year: Glass Menagerie (making it one of his top ten picks of plays)  
Sound Designer of the Year: Jeff Gardner (Menagerie) & Crickett Myers (Spelling Bee)  
All the following are in the Outstanding Category:  
Play (intimate): Deathtrap  
Musical (intimate): Putnam County Spelling Bee  
Director Multiple: Christian Lebano (Menagerie & Deathtrap)  
Director Musical: Robert Marra (Spelling Bee)

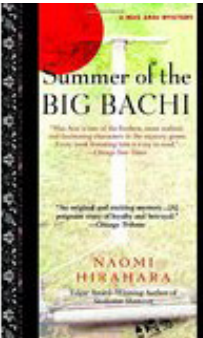
Musical Direction: Joe Lawrence (Spelling Bee)  
Actor Drama: Christian Durso (Menagerie)  
Actress Drama: Katherine James (Menagerie)  
Supp Actor Drama: Ross Philips (Menagerie)  
Supp Actress Drama: Andrea Muller (Menagerie)  
Supp Actor Musical: Stanton Kane Morales (Spelling Bee)  
Supp Actress Musical: Cristina Gerla (Spelling Bee)  
Ensemble Play: Deathtrap  
Ensemble Musical: Spelling Bee  
Production Design: Menagerie & Deathtrap  
Lights: Pablo Santiago (Menagerie)  
Costumes: Vicki Conrad (Deathtrap) & Jeffrey Schoenberg (Spelling Bee)  
Choreography: Cate Caplin (Menagerie)  
Props: Erin Walley (Deathtrap)  
Fight Choreography: Ken Mercx (Deathtrap)  
Scenic Artist: Orlando de la Paz  
As always we do it for you – our SMP family – whose support and loyalty mean so much to us and for whom we hope we bring pleasure and joy and moving experiences in the theater. Please let me know how you think we are doing. Reach me at [ArtisticDirector@SierraMadrePlayhouse.org](mailto:ArtisticDirector@SierraMadrePlayhouse.org)  
For tickets please call Mary in the box office at 626.355.4318

Jeff's Book Pics

By Jeff Brown

Summer of the Big Bachi

by Naomi Hirahara  
In the foothills of Pasadena, Mas Arai is just another Japanese-American gardener, his lawnmower blades clean and sharp, his truck carefully tuned. But while Mas keeps lawns neatly trimmed, his own life has gone to seed. His wife is dead. And his livelihood is falling into the hands of the men he once hired by the day. For Mas, a life of sin is catching up to him. And now bachi—the spirit of retribution—is .It begins when a stranger comes around, asking questions about a nurseryman who once lived in Hiroshima, a man known as Joji Haneda. By the end of the summer, Joji will be dead and Mas's own life will be in danger. For while Mas was building a life on the edge of the American dream, he has kept powerful secrets: about three friends long ago, about two lives entwined, and about what really happened when the bomb fell on Hiroshima in August 1945.A spellbinding mystery played out from war-torn Japan to the rich tidewaters of L.A.'s multicultural landscape, this stunning debut novel weaves a powerful tale of family, loyalty, and the price of both survival and forgiveness.knocking on his door

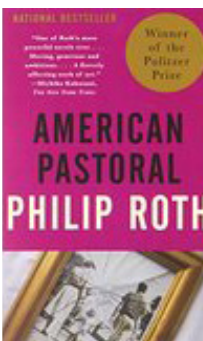
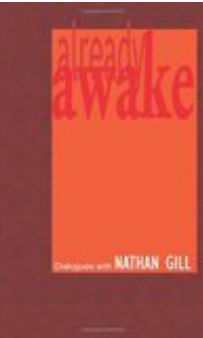


instead serve as its reinforcement. Compiled from transcripts of one-to-one dialogues and group meetings, the talks featured in Already Awake present the essential message of non-duality in a profound yet straightforward way. Also included by way of an introduction to the main text, is a revised version of Nathan's first book, Clarity.

American Pastoral: American Trilogy

by Philip Roth

As the American century draws to an uneasy close, Philip Roth gives us a novel of unequalled greatness that is an elegy for all our century's promises of prosperity, civic order, and domestic bliss. Roth's protagonist is Swede Levov, a legendary athlete at his Newark high school, who grows up in the booming postwar years to marry a former Miss New Jersey, inherit his father's glove factory, and move into a stone house in the idyllic hamlet of Old Rimrock. And then one day in 1968, Swede's beautiful American luck deserts him. For Swede's adored daughter, Merry, has grown from a loving, quick-witted girl into a sullen, fanatical teenager—a teenager capable of an outlandishly savage act of political terrorism. And overnight Swede is wrenched out of the longed-for American pastoral and into the indigenous American berserk. Compulsively readable, propelled by sorrow, rage, and a deep compassion for its characters, this is Roth's masterpiece. Soon to be a major motion picture



Already Awake

by Nathan Gill

Nathan Gill is a rare voice in contemporary spirituality. Speaking with consistent clarity, he points out that all prescriptions for escape from the drama of separation

All Things

By Jeff Brown

SOME WORDS BY RUPERT SPIRA

We are the open, empty, allowing presence of Awareness, in which the objects of the body, mind and world appear and disappear, with which they are known and, ultimately, out of which they are made. Just notice that and be that, knowingly.

Just as a screen is intimately one with all images and, at the same time, free of them, so our true nature of luminous, empty Knowing is one with all experiences and yet, at the same time, inherently free of them.

Our self – luminous, empty Awareness – knows no resistance and is, therefore, Peace itself; it seeks nothing and is, thus, happiness itself; it is intimately one with all appearances and is, as such,

pure love.

All experience is illuminated, or made knowable, by the light of pure Knowing. This Knowing pervades all thoughts, feelings, sensations and perceptions, irrespective of their particular characteristics. We are this transparent, unchanging Knowing.

To invest one's identity and security in something that appears, moves, changes and disappears is the cause of unhappiness.

In ignorance, I am something; in understanding, I am nothing; in love, I am everything. When everything that can be let go of is let go of, what remains is what we desire above all else. Be still and know that I am God! Psalm 46:10

FREE EVENT! SIERRA MADRE PLAYHOUSE PRESENTS THE QUALITY OF LIFE ON OCTOBER 3RD

Please note new date.  
For the eighth entry in its Off The Page series of monthly staged readings, Sierra Madre Playhouse will present The Quality of Life.  
From award-winning writer Jane Anderson (The Baby Dance, Looking for Normal) comes this "magnetic work of theater" (The San Francisco Chronicle) filled with compassion, honesty and humor. Dinah and Bill, a devout, church-going couple from the Midwest are struggling to keep their lives intact after the loss of their daughter. Dinah is compelled to reconnect with her left-leaning cousins in Northern California who're going through their own trials. Jeannette and Neil have lost their home to a wildfire and Neil has been battling illness. However they seem to have accepted their situation with astounding good humor, living in a yurt on their burn site and celebrating life with hits of pot and glasses of good red wine. Bill and Dinah are both moved and

perplexed by their cousins' remarkable equanimity. Still, the two couples are headed for a clash.  
"Remarkable and completely engrossing."---TheaterMania  
Gary Lee Reed directs a cast that includes Joe Colligan, D.J. Harner, Bonnie Bailey Reed and Gary Lee Reed.  
Off The Page series curator: Debra J. Harner. Sierra Madre Playhouse artistic director: Christian Lebano. Managing director: Estelle Campbell.  
Monday, October 3, 2016 at 7:00 p.m.  
Admission to The Quality of Life is free. Donations are accepted. Reservations are not required.  
Website: [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org)  
Phone: (626) 355-4318.

Sierra Madre Playhouse is located at 87 W. Sierra Madre, Blvd., Sierra Madre, CA 91024. This is just east of Pasadena. There is ample free parking behind the theatre.

PRIVATE PIANO LESSONS WITH TIGRAN MARTIKYAN

Let your child walk through a new musical journey in Martikyan Music Center where dreams become true! By using his own interactive teaching tools, such as the *Music Castle* and the *Baby Grand Piano Puzzle*, Tigran Martikyan seeks to make musical education fun and inspirational.

Mr. Martikyan holds a Masters in Music from the Manhattan Conservatory and a B.A. in Jazz Performance from the USC Thornton School of Music.  
**(Almost 20 years of teaching experience)**



**FREE TRIAL LESSONS!!!**  
(ages 7 and up)

**MARTIKYAN MUSIC CENTER**  
**330 South Rosemead Blvd Pasadena, CA 91107**  
(Near by Mammias Brick Oven Pizza & Pasta)  
**Email:** [info@tigranmartikyan.com](mailto:info@tigranmartikyan.com) / **PH:** 626. 616. 3870  
**Web:** [www.tigranmartikyan.com](http://www.tigranmartikyan.com)



300 W. Sierra Madre Blvd  
[www.skinrituals.com](http://www.skinrituals.com)  
626.441.7900

Specializing in:

- ❖ Men & Women
- ❖ Anti-Aging
- ❖ Teen Facials
- ❖ Waxing
- ❖ Acne

Since 1997

\*15% off  
first visit!

\*some restrictions may apply

COME TO ALTADENA!



- LIFETIME BRAKES
- WHEEL ALIGNMENT
- LUBE & OIL CHANGE
- GENERAL AUTO REPAIR

**Javier Vega**  
Service Manager

**(626) 345-9777**  
Fax: (626) 345-9218

[www.brakemasters.com](http://www.brakemasters.com)

2095 N. Lake Ave., Altadena, CA 91001

*An Honest Brake® Since 1983*

*Growers of Rare Camellias and Azaleas since 1935*

Nuccio's Nurseries

3555 Chaney trail  
Altadena, California 91001  
(626)794-3383



We are open daily except  
Wednesdays and Thursdays  
Business hours are from 8:00 to 4:30.  
Closed Sundays - June 1 through December

*On rainy days we normally close early, so please call first.*



**PARK BENCH GRILL**  
626.797.2740  
2470 N. Lake Ave

Call in your order or just stop by.  
8a.m. - 4p.m. Tuesday-Thursday  
8a.m. - 7:30p.m. Friday & Saturday

PATTICAKES DESSERTS

-Full Service Bakery-

Birthdays - Anniversaries- Weddings

Mention Ad for 10% off any cake

1900 N Allen, Altadena CA 91001

626-794-1128



Big savings for safe drivers.

**John T Diehl, Agent**  
Insurance Lic#: 0075608  
835 E. Mariposa St.  
Altadena, CA 91001  
Bus: 626-791-9915

**Get a discount up to 50%.**  
I can help lower your premium through *Drive Safe & Save*®.  
**Get to a better State®. Get State Farm.**  
**CALL ME TODAY.**



13013900 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

CLEAR INSIGHT COUNSELING

*Open Wednesday 9 AM - 9 PM in Sierra Madre*

WOMEN'S SUPPORT GROUP 6:30 - 8 PM

FIRST GROUP SESSION FREE

*Affordable Individual, Couples and Family Therapy*

Call Carol, LMFT (818) 606-1128 or  
Susan, LCSW (626) 710-2112



FAMILY MATTERS

By Marc Garlett



FAMILY FINANCIAL TRADITIONS

To one degree or another, we are all a function of the social environments in which we were raised. Of course, that encompasses both positives and negatives. When it comes to money, the first exposure we have to its management is in our families. That makes good money management practices a real gift that parents can pass on to their children. Don't Just Buy Your Kid a Car

The greatest motivator for a teenager is freedom, and their path to that freedom is a car. When you buy your kid a car, you are overlooking one of the greatest opportunities you have to support your child to learn to be self-sufficient.

Instead, why not support him or her to earn the money to buy the car him/herself? Or, if you have an extra car already available for your child, at least require your child to pay for the gas and insurance, which will support him or her to begin to be prepared for those requirements of life in the future, when you aren't there to provide for all the needs they have.

Kids Playing the Stock Market?

Introducing children to the stock market is not a far-fetched idea. There is plenty of information available that can be understood by kids. First off, children are very aware of products -- toys and games like the CashFlow Board Game, for example. They can be introduced to the fact that the companies that make these toys are owned by people like their parents, who hold shares of stock. From there, they can be shown the daily stock prices and how they change. As they grow older, your children can begin making

small stock purchases and become comfortable with investing.

Family Vacation Saving

Family vacations are usually looked back on fondly and may even be considered family traditions. Saving during the year, by children as well as parents, for an annual vacation can also be part of that tradition and help teach good money management techniques. Whether it be from jobs kids have like grass cutting or babysitting, or just from allowance savings, it will serve children well later in life to have learned the value of setting money aside for a deferred pleasure.

Estate Planning

Involve your children in your estate planning as soon as they are old enough to understand. They will feel secure knowing you've planned well for what would happen to them, if and when something happens to you. Have them meet the lawyer they will work with, tell them about how they will receive their inheritance and when. And, begin to talk now about how you can increase the overall family wealth you have and how you want to be cared for by them in the twilight of your life.

If you feel uncertain about how to approach these issues, contact us. Or read the books *Die Wise*, *Being Mortal*, and *Family Wealth: Keeping It in the Family*, all books that inform our firm's personal process as your family lawyer.

Early Entrepreneurship

Supporting your children to think like entrepreneurs can be one of the greatest gifts you give them. As the world shifts, we are moving into a new economy in which traditional jobs don't always provide the security they once did. In fact, technology is already replacing many of the jobs people relied on in the past. As that trend continues, the only real job security will be resourcefulness, creativity and entrepreneurship.

Consider reading the book *The Last Safe Investment* by Bryan Franklin and Michael Ellsberg for some more ideas around this topic or call us to discuss any of these financial management techniques further. Dedicated to your family's wealth, health, and happiness,

*MARC*

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

LETTER TO THE EDITOR

Also sent to:  
Honorable Mayor, Mayor Protem, Councilmembers, and City Manager:

Once again, and this is not the first time, I feel it necessary to bring attention to the shameful display of the City's American flag being flown in Kersting Court, our town square. It is torn, tattered, and faded.

A town square often is a physical statement that identifies our core values. Sierra Madre's iconic Kersting Court, as you are all aware, is a central focal gathering point and destination in Sierra Madre. It's where hundreds of school children meet each week for social interaction. What kind of message do you think you as leaders are sending to the community? Will flying a tattered flag become the normal and accepted condition for our next generation?

In a day and age when disrespecting the American flag and our National Anthem seems to be the flavor of the month, I find it bothersome that our city staff and elected officials would tolerate such a disrespectful display.

As an American citizen, a Sierra Madre resident, and a military veteran, I request that the flag be given the honor and respect it deserves by replacing it immediately and disposed of properly per the Federal Flag Code.

Sincerely,  
Glenn E. Lambdin

CONSTRUCTIVE NOTICE - STATE OF CALIFORNIA

REF: US\$6T-250 Intellectual Property  
CODE: MKF/PT/GCSMT-PFA/07SEP15/81-200003 TREATY

CERTIFIED COPY OF UCC FINANCING STATEMENT

FIBTREASURY STATUTORY TRUST  
DD Z. DEMERY, Trustee

TO: All Heirs of Don Hermogenes Rodriguez  
The Sovereign People of Aotearoa  
Her Majesty the Queen in Right an American Corporation, NY

All assets deposited in trust whereas, any portion of the alpha omega. F.E.M. and survey plan 779

Also to Heirs of; O.C.T. 01-4 to Mr. Rolando D.F. Mananghaya Further to DD Z. Demery Held in Trust Public-Finance Transaction  
A Debtor is a Transmitting Utility

Publish: Mountain Views News  
Dates Pub: Sept. 17, 24, Oct. 01, 08, 2016

City of Sierra Madre

PUBLIC HEARING NOTICE

To: Citywide  
From: The City of Sierra Madre  
Subject: ORDINANCE NOS. 1380 AND 1381 – AMENDING THE MUNICIPAL CODE TO AMEND AND ADOPT BY REFERENCE THE 2016 CALIFORNIA BUILDING STANDARDS CODE WITH CERTAIN EXCEPTIONS, MODIFICATIONS AND ADDITIONS; AND ORDINANCE 1381 RELATING TO THE ADOPTION AND AMENDMENTS TO THE 2015 INTERNATIONAL FIRE CODE AND THE 2016 CALIFORNIA FIRE CODE UPDATES

Applicant: City of Sierra Madre  
Project Location: Citywide

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct public hearings to consider Ordinance 1380 – updating the Building Code to include amendments to Building, Residential, Green Building Standards, Reference Standards, Mechanical, Electrical, and Plumbing codes and the Los Angeles Regional Uniform Code Program Technical Amendments to the 2016 California Building Code; and Ordinance 1381 – to adopt and amend the 2015 International Fire Code and the 2016 California Fire Code. The amendments to the Fire Code include requirements which address recreational fires, fire access road width, automatic sprinkler systems, and repeal of conflicting ordinances. Residential Code and Green Building Standards, and Fire Code updates are available for review at the Planning and Community Preservation counter at the Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA.

DATE AND TIME OF HEARING PLACE OF HEARING

City of Sierra Madre City of Sierra Madre  
City Council meeting City Council Chambers  
Tuesday, October 11, 2016 232 W. Sierra Madre Blvd.  
(Hearing begins at 6:30 p.m.) Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: Pursuant to Section 15061(b)(3), this project is categorically exempt from the California Environmental Quality Act (CEQA).

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing.

For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

By Order of the City Council  
Vincent Gonzalez  
Director of Planning & Community Preservation

NOTICE OF TRUSTEE’S SALE

TS NO. 261579CA

Order No.: 1456609 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3)

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): MARCELO POLANCO, AN UNMARRIED MAN Recorded: 10/19/2006 as Instrument No. 06 2325216 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 10/17/2016 at 10:30AM Place of Sale: Near the fountain located at 400 Civic Center Plaza Pomona, California 91766 Amount of unpaid balance and other charges: \$656,830.98 The purported property address is: 97 E HIGHLAND AVE UNIT C, SIERRA MADRE, CA 91024 Assessor's Parcel No.: 5767-007-048 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924a of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: 261579CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 888-988-6736 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318

Quality Loan Service Corp.  
TS No.: 261579CA IDSPub #0114788  
9/24/2016 10/1/2016 10/8/2016

ACTING UP!

Performing Arts Workshops For Kids and Teens

New Fall 2016 Classes!

After a GREAT summer production we're ready for Fall classes to begin.  
Check out the schedule and register early so you don't miss out.

Sept 13 – Nov 18 (10 weeks)

**Drama & Musical Theatre**  
**SCENE IS BELIEVING** (Ages 11-18)  
Tuesdays 6–7:30 pm  
In this scene study course, we will use contemporary dramatic and comedic material to build character development and acting technique.  
**HAIR TO HAMILTON** (Ages 11-18)  
Thursdays 5:30–7:30 pm  
We'll explore songs from current musical hits such as Hair, Rent, Spring Awakening, and the hottest show in town, HAMILTON!

**Acting & Singing**  
**JR. SHOWSTOPPERS** (Ages 5-7) **SHOWSTOPPERS** (Ages 8-10)  
Thursdays 3:45–5:15 pm Tuesdays 4–5:30 pm  
This is a combined musical theatre and scene study class. We will rehearse show-stopping production numbers and develop your acting technique with dynamic theatre scenes.

**Dance**  
**FUN & FUNKY DANCE**  
3:30–4:30 pm (Ages 5-7) | 4:30–5:30 pm (Ages 8-10)  
5:30–7 pm (Ages 11-18)  
Develop coordination and rhythm in this upbeat and fun dance class

The Final Showcase will be on  
Thursday, Nov. 17<sup>th</sup> and  
Friday, Nov. 18<sup>th</sup> at 7 pm.

Classes held in Gates Hall at The Frostig Center, Pasadena, California  
For more information and to register  
**ActingUpWorkshops.com or 626.325.3018**



## Mountain Views News

**PUBLISHER/ EDITOR**  
Susan Henderson

**CITY EDITOR**  
Dean Lee

**EAST VALLEY EDITOR**  
Joan Schmidt

**BUSINESS EDITOR**  
LaQuetta Shamblee

**PRODUCTION**  
Richard Garcia

**SALES**  
**Patricia Colonello**  
626-355-2737  
626-818-2698

**WEBMASTER**  
John Avery

### CONTRIBUTORS

Chris Leclerc  
Bob Eklund  
Howard Hays  
Paul Carpenter  
Kim Clymer-Kelley  
Christopher Nyerges  
Peter Dills  
Joe Frontino  
Rich Johnson  
Merri Jill Finstrom  
Lori Koop  
Rev. James Snyder  
Dr. Tina Paul  
Mary Carney  
Katie Hopkins  
Deanne Davis  
Despina Arouzman  
Greg Welborn  
Renee Quenell  
Ben Show  
Sean Kayden  
Marc Garlett

**Mountain Views News** has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

*Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.*

Mountain Views News is wholly owned by Grace Lorraine Publications, Inc. and reserves the right to refuse publication of advertisements and other materials submitted for publication.

Letters to the editor and correspondence should be sent to:

Mountain Views News  
80 W. Sierra Madre Bl.  
#327  
Sierra Madre, Ca.  
91024

Phone: 626-355-2737  
Fax: 626-609-3285  
email:

[mtnviewsnews@aol.com](mailto:mtnviewsnews@aol.com)

### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## TOM Purcell



Hillary:  
Eleanor:  
Mahatma Ghandi:  
Hillary:  
Mahatma:  
FDR:  
Hillary:  
Eleanor:  
Mahatma:  
President Truman:  
Hillary:  
Truman:  
LBJ:  
Hillary:  
President Nixon:  
LBJ:  
Shirley MacLaine:  
LBJ:  
Shirley:  
Nixon:  
President Jefferson:  
Hillary:  
Jefferson:  
President Washington:  
Jefferson:  
Jimmy Hoffa:  
Hillary:  
Hoffa:  
Shirley:  
Ghandi:  
Ben Franklin:  
Bill Smith:  
Hillary:  
Bill Smith:

Shirley:  
Franklin:  
Hillary:  
Eleanor:  
Hillary:  
Truman:  
Eleanor:

(Silence.)  
Hillary:  
Ghandi:

## HILLARY SUMMONS THE DEAD FOR ADVICE

Journalists in the mass media love to dig up dirt on Republican presidential candidates. Well, I just dug up some dirt on Hillary Clinton. In Bob Woodward's 1996 book, "The Choice," Woodward reports that Hillary once conducted séances to summon the spirits of Eleanor Roosevelt and Mahatma Gandhi. Through some crack investigative work — I paid a Russian hacker 20 bucks to access Hillary's server — I determined that Hillary is still talking to dead people. Here's a transcript of her most recent séance:

It's tough being a strong, smart woman, Eleanor. What should I do? You must pretend to be humble, right Mahatma? Yes, humble, and she must change her hair style. Change my hair style again? Try the Mary Tyler Moore look from the old Dick Van Dyke show. Eleanor, come back to sleep, dear. President Roosevelt? Go back to sleep, you old philanderer. And try some zippy doo. Hillary, I have some advice for you. President Truman? If you can't take the heat, get out of the kitchen. I couldn't take it and I got out. Lyndon? You were run out, Lyndon! A subject you know well, Dick! Hello! Hello! MacLaine, what are you doing here? You're not dead! There is no death, Lyndon. No death to LBJ's commie government programs, anyway! Good God, what have you people done to the country! President Jefferson? It takes a village, my eye! Individuals get things done. Jefferson, how's it going, old boy? They've run up \$20 trillion in debt, George! You people want to keep it down? You're the real Jimmy Hoffa? Does a bear — Jimmy! Alberto VO5 also offers some products to make your hair shiny. What did you people do to the Constitution? Hey, Hillary, I've got a bone to pick with you. Who are you? A Trump supporter. I got so mad when you called me and my friends a basket of deplorables that I had a massive coronary and now I'm stuck in your damn séance. Anyone hear from George Burns? What happened to limited government! Eleanor, I summoned you and Mahatma for inspiration. But you're not getting inspired? No, I'm suffering more abuse than I get from the living. If you can't take the heat... Ignore them, dear. They've been moaning about FDR's programs for 60 years. I feel so down lately. I feel so heavy, like someone buried me in concrete. Lady, you don't know what you're talking about. Eleanor, I need your help. I'm falling in the polls. What do I do? Just as I was a revolutionary First Lady, you, the first major-party female presidential candidate, are a revolutionary. Revolutionaries ruffle feathers, dear. But I should be slaughtering Trump. If I'm not careful, I could lose this thing. What can I do to make people like me?

Eleanor?  
Eleanor left, Hillary. But she said you might try a good conditioner.

## JOHN L. Micek

## NO, YOU'RE NOT GOING TO BE KILLED BY A REFUGEE



You know what the great thing about Skittles is? You can never eat just one. They're just that tasty. So on behalf of fruit-flavored candy addicts everywhere - not to mention the huddled masses, yearning to breathe free, I plan to enjoy a bag of that childhood favorite just as soon as I finish thanking Donald Trump Jr. for the spectacularly dense thing he said on Twitter on Monday. In case you missed it (and it's hard to imagine how that happened), here it is: "If I had a bowl of Skittles and I told you just three would kill you, would you take a handful," the scion of the Trump empire mused. "That's our Syrian refugee problem." Then he added, just for good measure, "This image says it all. Let's end the politically correct agenda that doesn't put America first." There are a number of things wrong with Trump the Younger's assertion - putting aside the fact that, so far as anyone knows, Syrian refugees are neither chewy nor fruit-flavored. It is mainly that you possibly face a greater risk of choking to death on a Skittle (which is already astronomical) than you do of dying at the hands of a refugee. According to a report by the Libertarian Cato Institute released last week, *your risk of being killed by a refugee is a truly insane 1 in 3.64 billion*. That's billion. With a "buh."

By the way, you know who came into the country on tourist visas and killed a bunch of Americans? That would be the 9/11 hijackers, who largely entered the country on tourist and business visas, laid in wait, and then perpetrated catastrophic attacks that claimed nearly 3,000 American lives 15 years ago this month.

It is, in fact, much harder for a refugee to gain entrance to the United States than it is someone seeking entrance on a tourist or business visa.

As *The Week*, and other sources have reported, it actually takes up to two years for a refugee to gain entrance to the United States. And no matter what a Trump (full-sized or bite-sized) tells you, the vetting process is a complicated one.

It's also important to note one really other important thing about refugees: They're fleeing, amid great hardship and at tremendous personal risk, to avoid being killed in a horrible war back home or to escape some other tremendously dangerous situation.

They've bought into the notion of America as a welcoming safe haven. If you want to radicalize them, the best way to make sure that happens is to be as unwelcoming and hostile as possible.

Like, say, comparing them to a bag of bite-sized candies.

So before you go off half-cocked, thinking you're going to be killed by a refugee, consider a couple more things.

One, the bombings in New York and New Jersey over the weekend, as awful as they were, were committed by a naturalized American citizen of Afghani descent who was radicalized.

Yes, the suspect in the Minnesota mall stabbing that left 10 people injured, was a refugee - when he was three months old.

Vigilance is important, and yes, if you see something, you should say something.

But, again, your odds of being killed in a terrorist attack remain astonishingly low.

*The Washington Post* crunched the numbers a while back, citing data from a variety of sources including The National Safety Council (2004), the US Census Bureau and the Centers for Disease Control (2003).

They concluded Americans are, among other things, 17,600 times more likely to die from heart disease; nine times more likely to choke to death on their own vomit; 404 times more likely to die in a fall and 13 times more likely to die in a railway accident.

Put another way, your chances of dying like Jimi Hendrix (choking on your own vomit), while suffering from heart disease while falling off a ladder strategically positioned over a railroad track are better than your chances of dying in a terrorist attack -- let alone one perpetrated by a refugee. So have another Skittle.

*An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at [jmicek@pennlive.com](mailto:jmicek@pennlive.com).*

# LEFT TURN/RIGHT TURN



## DICK Polman CROOKED DON'S SLUSH FUND AND THE '16 DOUBLE STANDARD

Yes, folks, it's time for another episode of "Imagine The Outcry!"

Imagine the outcry if Hillary Clinton was outed for taking more than a quarter of a million dollars in other people's money - donations to the Clinton Foundation, donations that were intended to be used for charitable purposes - and spent it instead on herself, in a breach of federal tax laws, in order to settle all kinds of lawsuits filed against her. And to buy several paintings of herself.

Well, We know what would happen. Donald Trump would cite that as fresh evidence of Clinton crookedness, Democrats would double down on what they do best (panic), the pitiable Trump trolls would drag their knuckles on their keyboards, and the cable networks would feature wall-to-wall coverage not seen on the airwaves since that Malaysian plane vanished from radar.

I'm referring, of course, to the latest revelation from David Fahrenthold of The Washington Post, who has been digging deep all year into Trump's charitable work (or lack thereof), and repeatedly exposing the GOP nominee as a fraud. Fahrenthold - a cinch finalist for next year's Pulitzer - is the guy who recently outed Trump for taking money from his Donald J. Trump Foundation and funneling it to Florida Attorney General Pam Bondi (an illegal campaign contribution; nonprofits are barred from such giving), and shortly thereafter Bondi decided not to investigate phony Trump University's bilking of Florida consumers.

Anyway, his new article - which shows us copies of the relevant receipts --- is potentially the most damaging of all (or should be, if facts still matter), because it's so easily summarized in ways that anyone can understand: Trump took other people's money in apparent violation of the law, and spent it on himself.

The Donald J. Trump Foundation is supposed to make contributions to charitable causes. Trump himself hasn't donated a penny to the foundation since 2009; whatever money it has comes from outside donors. But it's clear from the available records that Trump's favorite charitable cause is himself. In 2014 he took \$10,000 from the foundation's coffers and spent it on a portrait of himself, just a few years after he took 2\$20,000 and spent it on a different portrait of himself. And because he gets sued a lot (big surprise), he has settled a number of these lawsuits by taking money from the foundation. Basically, he has used it as his personal slush fund.

Using a non-profit charitable foundation to pay off one's personal obligations (or, in the case of the portraits, to indulge one's personal narcissism) is known in the tax laws as "self-dealing," and it's apparently against the law to do it.

During the first debate next Monday, it would be nice if Trump were asked about all this. Why does he presumably believe he did not break the law? Why won't he release his tax returns, as every other nominee has done these last 40 years? Does he fear that the public would discover more instances of self-dealing? And would he not condemn Hillary Clinton if she were found to have engaged in exactly the same behavior? By what right does he get to benefit from the prevailing double standard?

Of course, the odds that he gets asked any of those questions is approximately zero. But perhaps we can content ourselves with Team Trump's hilarious responses to the self-dealing story. Top flack Jason Miller declared, "In typical Washington Post fashion, they've gotten their facts wrong" - without contesting, much less disproving, a single specific fact in the story. Miller also insisted that Trump is "generous" with his money, without once addressing the thrust of the story, which is that Trump hasn't been generous with his own foundation since 2009 and instead pays for lawsuits and portraits and toys (a \$12,000 autographed football) with other people's money.

But the best part was when Kellyanne Conway played a shrink on CNN and suggested that Post reporter Fahrenthold "seems a little obsessed with Donald Trump these days." Fahrenthold promptly responded on Twitter. Trump, he pointed out, happens to be "a major party's nominee for president."

And of all the facts, that one is still the most horrific.

*Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia ([newsworks.org/polman](http://newsworks.org/polman)) and a "Writer in Residence" at the University of Pennsylvania. Email him at [dickpolman7@gmail.com](mailto:dickpolman7@gmail.com).*

## MAKING SENSE by Michael Reagan LET TRUMP BE TRUMP



For months we've been hearing complaints from the pundits that Donald Trump has not given us a clear idea about how he plans to defeat ISIS.

The TV pundits - left and right - are frustrated because Trump won't say whether he'd use American ground troops.

He won't even automatically take the use of nukes off the table. Their complaints remind me of what Ronald Reagan did during the 1980 election against Jimmy Carter.

The pundits did the same thing to my father that they're doing to Trump. They never stopped asking him during the campaign what he was going to do to solve the Iran hostage crisis.

But he did the right thing. He never said anything.

The liberals spent the whole 1980 campaign saying Ronald Reagan was a war monger and he was going to turn Iran into a glass parking lot with nuclear weapons. You never saw a speech when he denied any of their most idiotic concerns because he didn't give one. My father was smarter than the pundits were.

He knew you should never forewarn your adversaries what your plans were.

So he never said anything. He just let the liberals scare the Iranians and the world with all the things he might or might not do as president.

Everyone gives my father credit for the hostages going free on the day he was sworn in, and they should. But one reason they went free was because he kept the Iranians guessing.

They never did know whether he'd nuke them until he didn't.

I find it interesting this election year that the right and the left keep asking the same questions of Trump. What will he do to defeat ISIS?

But the real story shouldn't be what Trump might do. It should be what Hillary Clinton won't do.

To appease her voters and liberal friends in the media, she's already said she won't use ground troops. I'm sure the monsters who run ISIS were relieved to hear that.

In the debates on Monday night I hope Trump doesn't make the mistake of coming up with his plan to take care of ISIS.

I want him to come out with that plan after he becomes president. I want it to be a surprise for MSNBC and ISIS.

I want Trump to tell us nothing. It's a no-brainer. When you go out to play an NFL game Sunday, you don't give your game plan to the other team beforehand and then wonder why you keep losing.

The left spends too much time wanting to give the game plan to the other team and then they're surprised when we lose.

Another thing I don't want to hear from Trump in the debate on Monday is a whole lot of specific talk about policy.

The 100 million people who are going to watch the most watched debate in world history are going to be looking to see who is the most presidential.

They won't be looking for the best policy wonk. If Trump starts talking about policy, you'll hear millions of TVs turning off.

In my father's first debate with Mondale in 1984 he was absolutely terrible because his advisers filled him with too much policy information.

In the second debate, they didn't do that. They let Reagan be Reagan. And he won the second debate with ease.

On Monday, Trump needs to show some self-control but most of all he just needs to be Trump. If he does that he should win the debate because Hillary can never stop being Hillary.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press).

*Editor's Note: Donald Trump is no Ronald Reagan! Not even close!*



















SoCalGas® joins Mountain View News, celebrating Hispanic Heritage Month. We're thankful for its contributions that bring awareness to the culture, heritage, and history of Southern California. Hispanic Heritage Month is a reminder to us all to focus our energy on improving, empowering and celebrating our community spirit.



socalgas.com

1-800-427-2000



© 2016 Southern California Gas Company. All trademarks are property of their respective owners. All rights reserved. N16B0134A

270 WEST HIGHLAND AVENUE  
SIERRA MADRE 91024

JUST LISTED

BEAUTIFUL CUSTOM BUILT HOME

- 4 bedrooms/2.5 bathrooms
- Built in 1990
- 3,616 sq. ft. on a 13,442 sq. ft. lot
- Formal living room with fireplace
- Formal dining room
- Family room with fireplace

SUZANNE WHEELER  
626.437.8240  
sue.wheeler@podley.com  
30 N. Baldwin Avenue  
Sierra Madre, CA 91024  
CalBRE #01044640

Estates  
DIVISION

MORE PHOTOS AVAILABLE: [270WestHighland.com](http://270WestHighland.com)

Equal Housing Opportunity. ©2016 Podley Properties. All rights reserved. Marketing materials produced by Podley Studio. ©2016 Kevin Edge Photography. 626.298.5973.

THE REAL ESTATE MARKET  
**IS HOT**  
LOOKING FOR INVENTORY

Home listings are in short supply.  
If you're been waiting to sell your home, consider acting NOW!  
Buyers are out there looking, & market forces are working in your favor.

TOP 5 REASONS TO SELL  
*your home!*

- LOW INVENTORY!
- HOME PRICES ARE UP!
- ALL TIME LOW INTEREST RATES!
- BUYER CONTRIBUTION!
- SHERRY CARR & JACEN CREHAN!

We have a proven marketing system that can sell your home in 30 days or less! See why homeowners are choosing Sherry & Jacen when it comes to selling their home!

We have **BUYERS** that can make you a cash offer. Call us today 626.272.0787!

YOUR TRUSTED REAL ESTATE ADVISORS

SherFryCarr

626.272.0787  
Sherry.Carr@podley.com  
SherryCarrSellsHomes.com

JACEN CREHAN

626.674.3514  
Jacen@AskJacen.com  
AskJacen.com

Equal Housing Opportunity. ©2016 Podley Properties. All rights reserved. Marketing materials produced by Podley Studio. CalBRE #01486693 & 01789762.

Sierra Madre  
ANIMAL HOSPITAL

Free Exam!  
For New Clients  
Bring this coupon to save  
(Expires 9/30/16)

Walter Cailleteau, DVM  
927 N. Michillinda Ave.  
Pasadena, CA 91107  
(626) 351-8863

Mountain Views News   80 W Sierra Madre Blvd.   No. 327   Sierra Madre, Ca. 91024   Office: 626.355.2737   Fax: 626.609.3285   Email: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com)   Website: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)