

SIERRA MADRE NEWS BRIEFS

SMFD NOW HAS A RAPID RESPONSE APP

The Sierra Madre Fire Department is proud to announce the launch of the PulsePoint Respond mobile app. PulsePoint Respond is a pre-arrival solution designed to support public safety agencies working to improve sudden cardiac arrest (SCA) survival rates through improved bystander performance and active citizenship.

PulsePoint Respond works by alerting CPR-trained bystanders to nearby SCA events and the location of the nearest AED. The purpose of the app is to increase the survival rates of cardiac arrest victims by reducing collapse-to-CPR times by increasing citizen awareness of cardiac events beyond a traditional "witnessed" area. The app is only activated if the event is occurring in a public place and will not alert bystanders to incidents occurring at a private residence. The availability of the PulsePoint app in the City of Sierra Madre has been made possible thanks to the Verdugo Fire Communications Center.

PulsePoint Respond is available in the iOS and Android app stores. Find out more information by visiting the Sierra Madre Fire Department's _____ website or visit PulsePoint.org.

LAURIE COOPER MEMORIAL BENCH

The Sierra Madre Environmental Action Council mourned the loss of their beloved member, Laurie Cooper in August, 2016. (<http://mtvnewsnews.com/v10/htm/n35/index.htm>) Laurie's long involvement with SMEAC began just after the formation of the organization in 1971. She managed Southern California's first community recycling center, located in Sierra Vista Park. She also spear-headed SMEAC's stewardship of Bailey Canyon Wilderness Park, serving for years as a docent and educator of the natural benefits of the park for local elementary school children.

An effort began to memorialize Laurie with a bench in her beloved Bailey Canyon Wilderness Park, but after some research, the expense of a durable concrete bench became prohibitive. SMEAC President Alison Snow and recently retired Director of Public Works, Bruce Inman came up with the idea of a more natural bench, one that could possibly be simply "notched out" from a recently felled Deodar Cedar tree. The City's contractor, West Coast Arborist, was approached with this idea. WCA was issued a work order to clear some of the recently felled trees and debris, and was asked about creating a bench of one of the larger trunks in lieu of removal. WCA was receptive and enthusiastic with the idea, and contributed their time and expertise to the creation of one or two benches for a Laurie Cooper memorial. Work began 2 weeks ago and the current plan is to create a large bench and a smaller bench for children to rest in the beautiful scenery of the park after a nice hike.

ALMOST READY FOR THE BIG DAY!



overnight and available for viewing the evening of January 3rd . On Jan. 4th SMRFA will be there from about 9:30 a.m. until approximately 4:30 p.m. with excess flowers. If there is rain or a prediction of rain, the float will go directly to the Float Barn at 587 E. Sierra Madre Blvd., Sierra Madre. On January 4th, at 9:30 a.m., you will be able to view the float.

Where can you see the Sierra Madre Rose Float???

On January 1st, approximately 4:00 p.m., the float will leave the barn heading towards Kersting Court, arriving approximately 4:30 p.m. The Float will remain there about 20 minutes, then continue on to the designated line-up spot on Orange Grove, where the Sierra Madre Float will sleep overnight before the parade on January 2nd. (Remember, the Tournament of Roses does not hold any events when New Year's Day falls on a Sunday.)

If it's raining, we'll wave as we sail by Kersting Court without stopping but don't despair, after the Parade, the float will be in the post parade viewing area, near Pasadena High School, the remainder of January 2nd and all day on January 3rd. We will be in the "Showcase Lot" area. And wait, there's more, on the evening of January 3rd we will move the float back to Sierra Madre when we're allowed to leave.

If there is no rain, the float will be in Kersting Court



SIERRA MADRE CERT RECEIVES END OF YEAR GRANTS



The Sierra Madre Community Emergency Response Team received a number of end of year grants to help support the city in case of a major disaster. Last month CERT President Robert Gjerde received a \$500 grant from Sierra Madre Rotary Club president Alan Unell at their weekly meeting at the Hart Park House. On December 14th, Mr. Gjerde received a \$450 grant from the Arcadia Association of Realtors. The check was presented by Andy Bencosme, the Managing Broker of Sierra Madre's Century 21 Village Realty, at the AAR's Annual Holiday Breakfast in Arcadia. Then in a surprise move, Southern California Edison came through with a last minute grant for \$2500 which had been denied earlier in the year. The SCE grant was for a thousand dollars less than originally requested, so thanks to the grants from the Rotary Club and the Arcadia Association of Realtors, CERT was able to meet its funding goals for 2016.

The grants will be used to upgrade the generator in CERT's Emergency Operations Trailer, for training and community education, and for additional medical supplies. This completes a six year process of outfitting the Emergency Operations Trailer that started with the donation of the trailer by Gary Hood in 2010. CERT's Emergency Operations Trailer is a self-contained unit with solar panels, batteries, a generator, medical supplies, and communications equipment. When called upon by the city, it can function as a triage

and communications center after a major disaster.

Other grants have been received this year from the Sierra Madre Civic Club, Sierra Madre Woman's Club, and the Sierra Madre Community Foundation. Thanks to these organizations, and generous donations from many citizens in Sierra Madre, our city has one of the best prepared CERT programs around. Since its creation in 2009, Sierra Madre CERT has trained over 150 CERT members.

Sierra Madre CERT is a non-profit organization made up of a group of volunteers trained to assist the fire department during a major disaster. A twenty hour FEMA certified CERT training course is provided free of charge each year in September which teaches organizational skills, fire suppression, medical triage, and light search and rescue. This year's training involved almost 100 participants in its final exercise. CERT also attends many community events to help educate the public about preparing for emergencies. Continuing education is conducted at monthly meetings at the Hart Park House, the fourth Thursday of the month at 7:00 PM. The public is welcome to attend these training sessions.

For more information on the annual CERT training and meetings please email info@sierramadrecert.org, visit our website at www.sierramadreemergency.org, or like us on Facebook by searching for "Sierra Madre CERT".



Photo Credit: Top left and right courtesy Ilona Linden, SMRFA. Lone Teacup and Volunteer, Dean Lee/Mountain Views News

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Weather Wise

6-Day Forecast Sierra Madre, Ca.



Sun	Sunny	Hi 50s	Lows 40s
Mon:	Ptly Cldy	Hi 50s	Lows 40s
Tues:	Ptly Cldy	Hi 50s	Lows 40s
Wed:	Ptly Cldy	Hi 50s	Lows 50s
Thur:	Rain (50%)	Hi 50s	Lows 50s
Fri:	Rain (50%)	Hi 50s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR JANUARY 10, 2017
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, JANUARY 10, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

Upcoming Public Meetings

Monday, December 19 - Community Services Commission - MEETING CANCELLED

Wednesday, December 21 - Energy, Environment, & Natural Resources Commission MEETING CANCELLED

Tuesday, December 27 - City Council - MEETING CANCELLED

SIERRA MADRE CHRISTMAS TREE RECYCLING AND HOLIDAY TRASH SCHEDULE

Athens Services will once again collect Christmas trees after the holidays for recycling. Trees will be collected on your normal pickup day beginning on December 26th and until the end of the second week in January.



Please remove stands, ornaments, lights and tinsel. Place trees next to your regular trash containers. Trees over 6 feet in length must be cut in half. Trees with flocking or fire retardants are acceptable.

If you miss the regular tree collection period, please make arrangements to have Athens collect your tree as part of their bulky item pickup program by calling 888-336-6100. Residents should also be aware that holiday collection days this year will not be delayed by the usual single day due to the Christmas Holiday and New Year's Day Holiday landing on Sundays.

SIERRA MADRE POLICE BLOTTER

December 18, to December 25, 2016

During this time period, the Sierra Madre Police Department responded to approximately 247 day and night time calls for service.

Monday, December 19

At about 7:16 p.m. officers arrived to take a report of a non-injury traffic accident in the 100 block of W. Montecito Ave. Victim's vehicle was struck by a driver traveling east on Montecito Ave. causing damage to both vehicles.

Case closed

8:30 a.m.

A resident reported that he parked his vehicle on the street at about 3:00 p.m. on 12/18, when he returned to his vehicle on 12/19 he noticed that his left rear tire was deflated apparently caused by nail(s) in the tire. It appears that an unknown suspect(s) placed nails around the victim's vehicle in an attempt to puncture the tires. The suspect(s) were successful in making the victim drive over the nails and puncture the tire. Later that afternoon another nail was placed under the tire, the victim this time noticed the nail before driving over it. The unknown suspect(s) also placed a liquid based oil on the windshield of the vehicle to obstruct the drivers view once the windshield wipers were activated. The suspect(s) are in violation of tampering with a vehicle.

Case to Detectives

Friday, December 23

A case of vandalism was reported in the 100 block of W. Highland Ave. at the Elementary school. The principal reported that sometime between 12/22 at about 4:45 p.m. and 12/23 at 6:00 p.m. unknown suspect(s) broke a window pane in the door of the main entrance.

Case to Detectives



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A Question For You:

WHAT IS THE GOSPEL?

What is the gospel? The "gospel" (ev-angelion) is the good news of God's invasion into human history. In other words, it is God bumping into us—and this is no small thing.

This message is unique in that only in the Christian gospel is there good news for all humanity, and in which God Himself pursues us in our brokenness. In other religions, man is searching for God, however, in the Christian gospel, God goes after man. But many today doubt this claim.

I recently ran into someone at Starbucks who argued that the gospel was no longer relevant, but was in his words, "A tired and ancient message from long time ago, which no longer appeals to enlightened people." He is not alone. Many believe the gospel is old news. However, we don't need anyone to tell us that the world is full of bad news; things are messed up. Global disaster and potential disaster loom large in addition to our own personal tragedies and battles.

And according to the Bible, the ancient gospel of Jesus Christ is still the greatest and best news for humanity. It's a message that gets better with age, like a good wine. The longer we live, the better the gospel should become to us, for it addresses every stage of life, every struggle we face and it fills our every need. According to the gospel, Jesus' death not only makes us acceptable to God; it also changes us through the Holy Spirit and infuses us with God's own life—that same

life that raised Jesus from the dead. It is for this reason Paul writes (Romans 1:16) "I am not ashamed of the gospel for it is the power of God unto salvation for all who believe."

So, the gospel is God's invitation to experience His abundant life, which changes everything. The gospel is not a get-out-of-jail card. In the gospel, God collides with us and invites us to a radical new life in the present and not just in the afterlife.

Have you tried living in the power of the gospel? In other words, are you inviting God into your daily grind? If God is still alive today, the best test of His aliveness will be experienced in the good news of Jesus Himself as He collides with your daily life. So is the gospel an ancient and tired message, or is it still, as Paul argued, the power of God?

For the next thirteen weeks, I will be exploring the relevance of the Christian gospel in a new series of messages. I invite you to join us each Sunday at Bethany Christian Church in Sierra Madre at 9:30 am to discover how the ancient gospel of Jesus can still be the most relevant message and power you will ever experience.

If you have questions or would like to know more, you can email me at Briant@bethanychurchsm.org or drop by my office on 93 N. Baldwin Avenue in Sierra Madre.

Blessings,
Pastor Briant



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Sept 13 – Nov 18 (10 weeks)

Drama & Musical Theatre
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In this scene study course, we will use contemporary dramatic and comedic material to build character development and acting technique.
HAIR TO HAMILTON (Ages 11-18)
Thursdays 5:30–7:30 pm
We'll explore songs from current musical hits such as Hair, Rent, Spring Awakening, and the hottest show in town, HAMILTON!

Acting & Singing
JR. SHOWSTOPPERS (Ages 5-7) **SHOWSTOPPERS** (Ages 8-10)
Thursdays 3:45–5:15 pm Tuesdays 4–5:30 pm
This is a combined musical theatre and scene study class. We will rehearse show-stopping production numbers and develop your acting technique with dynamic theatre scenes.

Dance
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5:30–7 pm (Ages 11-18)
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The Final Showcase will be on
Thursday, Nov. 17th and
Friday, Nov. 18th at 7 pm.

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For more information and to register
ActingUpWorkshops.com or 626.325.3018

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Pasadena Altadena

News From Your Community For Your Community

Local Area News Briefs

Pasadena pharmacy robbed mid-day

Police on Friday were still looking for two men involved in a brazen midday robbery Wednesday of a North East Pasadena pharmacy, the suspects made off with duffel bags filled with opioid medications.

According to police, two men entered Pasadena City Pharmacy at 1648 E. Washington Blvd. about 12:10 p.m., jumped the counter and began filled two duffel bags with drugs. The men gestured as though they had guns but according to employees none were seen.

The suspects, described as between 25 and 30 years old wearing dark clothing, fled on foot. Police said it was not known how much drugs were taken.

Anyone with information is asked to call Pasadena police at 626-744-4241 or anonymously at 800-222-8477.

Metro to Offer Free Fares New Year's Eve

Metro will once again offer holiday free rides on all Metro Bus and Rail lines operating New Year's Eve.

New Year's Eve, Dec. 31: Metro Bus and Rail will operate on a regular Saturday schedule with overnight, 24-hour service on all Metro Rail lines. Free fares will be in effect from 9 p.m. to 2 a.m. After 2 a.m.

New Year's Day Observed, Jan. 2: Metro will operate on a Sunday/Holiday schedule with enhanced Metro Rail service for the Rose Parade and Rose Bowl Game in Pasadena. The Gold Line will begin Pasadena-bound service at 3 a.m.

While free fares are in effect, fare gates will be unlatched and anyone who accidentally taps their TAP card will not be charged. Metro's one-way fare is \$1.75 with two hours of free transfers. If you purchase a Metro Day Pass, it is valid until 3 a.m. the following day. For more information visit metro.net.

Pet of the Week



Clara (A409511) is a 10-year-old, spayed female, calico kitty looking for a new home. After her previous owner passed away, Clara came to PHS for some temporary shelter while she waits for the purr-fect family to spend her golden years with. Clara is very affectionate. She enjoys head rubs and petting, purring from the moment you open her kennel to the moment you close it. Easy to pick up and hold and easy to love, Clara is looking for a forever family who'll make her their queen.

The adoption fee for cats is \$70 and includes the spay or neuter surgery, microchip, and vaccinations. Clara qualifies for our Seniors for Seniors program, waiving her adoption fee for adopters 60 and over (\$20 microchip fee still applies).

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A409511, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday. The Pasadena Humane Society will close at 3 p.m. on New Year's Eve and be closed on New Year's Day.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

Last Minute Rose Parade Preparations



Rose parade float builders get an extra day this year for any last minute necessities as this year holds the Tournament of Roses' "never on Sunday" policy meaning the parade will be held Monday starting at 8 a.m.

Pictured above is the opening banner float that will welcome this year's 128 parade with three pop-soul singers surrounded by 250 dancers. The parade will start with a blast of fireworks in front of the Wrigley Mansion. Tournament of Roses President, Brad Ratliff, will kick off the parade with a cheer of "go roses."

Pictured bottom are Hawaiian Sea Turtles getting ready to be put on Dole Packaged Foods float "Spirit of Hawaii." This float will have four waterfalls consisting of more than 2,000 gallons of cascading recycled water according to the lead builder. The float symbolizes the rich history of Hawaii with King Kamehameha the Great leading

the float.

Pictured lower right, a 42-foot giraffe bathes in the sunshine Thursday as the UPS Store gets their float "Books Bring us Together" gets ready for Monday's parade. A mouse perched atop a colorful tower of books hold a book so the giraffe can read comfortably. UPS is

the sponsor of Toys for Tots Literacy Program, the float's theme.

There are 40 float entries that will participate in the 128th Rose Parade presented by Honda, themed "Echoes of Success."

For a complete list of entrees visit tournamentofroses.com.



ALTADENA POLICE BLOTTER

Sunday, December 18th

12:01 AM – A petty theft from an unlocked vehicle occurred in the 1300 block of Skywood Circle. Stolen: battery charger, charging cords, shoes, vitamins and books.

5:00 PM – A vehicle burglary occurred in the 2000 block of Meadowbrook Road. Suspect(s) entered the vehicle by shattering the window. Stolen: burgundy backpack, black Kindle and books.

10:00 PM – A vehicle vandalism occurred in the 200 block of E. Alta Loma Drive. Vehicle damage: scratches and dents.

Monday, December 19th

1:25 PM – A vehicle was reported stolen from the 300 block of Acacia Street. Vehicle described as a green 1997 Honda Accord. Vehicle was recovered on 12/20/2016 by LAPD Southwest Division.

8:11 PM – A battery occurred in the 20 block of E. Woodbury Road. As the victim was walking out of a business the suspect punched the victim in the face for unknown reasons. Suspect last seen leaving the area in a Dodge Magnum.

Tuesday, December 20th

11:00 AM – A grand theft occurred in the in the 1100 block of E. Altadena Drive. Stolen: diamond ring.

4:30 PM – A residential burglary occurred in the 2500 block of E. Washington Boulevard. Suspect(s) entered the residence via unknown means. Stolen: currency.

11:15 PM – An assault with a deadly weapon occurred in the area of Mountain View Street and Glenrose Avenue. Investigation is on-going.

Wednesday, December 21st

1:30 PM – A25 years old Man from Sherman Oaks was arrested in the 300 block of

Ventura Street for identity theft.

2:35 PM – A package theft occurred in the 1500 block of New York Drive. Suspect described as a female Black, approximately 25 years old, 5 feet 3 inches, 130 pounds, wearing a white beanie, black long sleeve shirt with pink short sleeve shirt, red pants, white sneakers and a red blanket. Stolen: package containing a step ladder and storage boxes.

Thursday, December 22nd

2:30 PM – A garage burglary occurred in the 700 block of Neldome Street. Suspect(s) entered the garage by prying the door frame. Stolen: unknown.

4:00 PM – A petty theft from a residence occurred in the 100 block of Figueroa Drive. Stolen: ring.

10:00 PM – A petty theft occurred in the 1500 block of Homewood Drive. Stolen: golf bag, golf clubs, vehicle keys and house keys.

Friday, December 23rd

9:05 PM – A residential burglary occurred in the 2800 block of Rubio Canyon Road. Suspect described as a male White or Hispanic, approximately 35 years, 6 feet, medium build, 190 pounds, black hair with slight graying, and wearing dark clothing. Suspect entered the residence by shattering the glass door. No items stolen.

Saturday, December 24th

9:50 AM – A vehicle was reported stolen from the 400 block of Figueroa Drive. Vehicle was recovered the same day.

9:20 PM – A robbery occurred in the 2200 block of Lincoln Avenue. Suspect described as a male, Black, 6 feet, 170 pounds, wearing a Raider's beanie, black and gray sweater, and black shorts. Suspect was armed with a revolver. Investigation is on-going.

Freeway to be Named after President Obama

State Senator Anthony Portantino last week introduced Resolution SCR 8, which will name the segment of the CA-134 freeway between the Glendale CA-2 and the Interstate 210 Freeway the "President Barack H. Obama Freeway". President Obama attended Occidental College in Eagle Rock from 1979 to 1981 and lived in Pasadena during his sophomore year. His attendance at Occidental College influenced his political trajectory and led him to become one of our most revered and respected Presidents in American history. President Obama is leaving office with tremendous approval from across our country.

For his contributions as a community activist, constitutional scholar, United States Senator and President, it is only fitting to honor our 44th President by naming a part of a freeway he most certainly used while living in the area. Over this past weekend, local activists in the 25th Senate District suggested to Sen. Portantino that given the President's connection to Southern California and Eagle Rock in particular, it would be appropriate to memorialize his time in Southern California with a freeway naming. Sen. Portantino spoke with Asm. Jimmy Gomez who currently represents Eagle Rock and he will be the principal co-author on this resolution. Portantino represented Eagle Rock while in the Assembly.

"I am honored to be in a position to bring appropriate respect to President Obama's leadership, his fond memories of living in the 25th Senate District, his college days in the 51st Assembly District and his tremendous legacy. California has a long history of designating our freeways as reminders of the accomplishments of important leaders who have shown character, strength, and passion. President Obama is a laudable person to showcase and for Southern Californians to appreciate," commented Sen. Portantino.

Barricades to be Used along the Rose Parade

This year the Secret Service under the U.S. Department of Homeland Security will be in charge of federal agencies as part of massive anti-terrorism efforts for this year's Rose Parade and Rose Bowl game.

Police Chief Phillip Sanchez said water barricades will be placed on 56 side streets along the parade route beginning at 5 p.m., Sunday. He said Colorado Blvd. will not close until 7 a.m. Monday morning.

He said the decision to use barricades comes in the wake of a number of terrorist attacks in the world using vehicles, including Dec. 19 in which a semi-truck struck was used in Berlin that killed 12 people at a Christmas Market. Sanchez said speed is the main factor in these types of attacks and something the barricades prevent.

He also said they will have more than 1,500 uniformed and undercover officers and bomb sniffing dogs and cameras along the entirety length of the parade. Sanchez said, said that

parade and game gores should "pack a lots of patience."

He said vehicles close to the parade route can be searched. He also said to bring only permitted items to the Rose Bowl game as listed on the Rose Bowl's website.

Secret Service Special Agent Rob Savage said the agency is a natural fit for parade security and will be working with the FBI, ATF, Border Patrol, Coast Guard along with Homeland Security.

Sanchez added "If You See Something, Say Something," by calling the Pasadena Police Department at (626) 744-4241.

Visitor Hotline is also dedicated to all things Rose Parade and Rose Bowl The toll free number is (877) 793-9911.

Hotline Hours of Operation Thursday, Dec. 29 10 a.m.-5 p.m. Friday, Dec. 30 10 a.m.-5 p.m.

Saturday, Dec. 31 10 a.m. - 2 p.m. Sunday, Jan. 1 10 a.m. - 2 p.m.

For all life-threatening emergencies, always call 9-1-1.



Shooting a Gun into the Air is a Felony

The Los Angeles County Sheriff's Department asks to Celebrate New Year's Eve safely.

Each return of New Year's Eve brings the opportunity to symbolically say good bye to old habits and outmoded things, and begin a new chapter in one's life with fresh ideas and a brighter outlook.

Unfortunately and all too often, the celebration of brooming-out the old and welcoming-in the new is disrupted by indiscriminate gunfire into the air. The adage of "what goes up, must come down" rings especially true in this case, and

with the acceleration of gravity, physics determine free-falling objects speed up as they return to earth. The danger of injuring someone with firing even a single round into the air is a lethal prospect.

Despite public warnings and common sense, many people discharge firearms into the air to celebrate the arrival of the new year.

The Los Angeles County Sheriff's Department wants all to know shooting into the air is not only irresponsible, but a felony-level crime. Willfully discharging a firearm in a grossly negligent manner which could result in injury or death to a person is a violation of section 246.3(a) of the California Penal Code.

If you see someone discharge a firearm in public or into the air, take immediate shelter and call 9-1-1. Do not attempt to confront the shooter.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in January at the Pasadena Senior Center, 85 E. Holly St.

You do not have to be a member to attend. Some events require advance reservations.

Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, Jan. 3 to 26, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

A Toast to the Joys of Music – Tuesdays, Jan. 3 to 31, from 9:30 to 11:30 a.m. Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Scenic Walkers Club – Wednesdays, Jan. 4 to 25, at 10 a.m. Join this new group for a series of leisurely walks to enjoy the great outdoors and get some exercise. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. Destinations this month will include Descanso Gardens, Lower Arroyo Seco, Los Angeles County Arboretum and Botanic Garden and Eaton Canyon Natural Area. For more information or to sign up, email alancolville@charter.net or call 626-221-3741.

Moving: Things to Know When Leasing or Buying – Thursday,

Jan. 5, at 10 a.m. Moving can be daunting at any age. Learn what to focus on and what to consider before you decide to make your move. Presented by Pat Lile/Norma Mardelli, Realtor

Friday Movie Matinees – Fridays, Jan. 6 to 20, at 1 p.m.

Movies provide a window to a wider world that broadens our perspectives. Jan. 6: "Baked in Brooklyn" (2016, PG-13) starring Todd Bartels and Evangelo Bousis. After losing his job, a young man comes up with a think-outside-the-box solution before realizing he's in over his head. Jan. 13: "Sully" (2016, PG-13) starring Tom Hanks and Aaron Eckhart. After making a heroic emergency landing on the Hudson River, airline pilot Chesley "Sully" Sullenberger and his copilot must justify their actions to the National Transportation Safety Board. Based on true events. Jan. 20: "The King and I" (1956, NR) starring Yul Brynner and Deborah Kerr. A British widow is hired by the King of Siam to tutor his many wives and children in modern western culture and soon finds herself in a culture clash of her own. Based on true events.

Throw It Away? No Way! – Saturday, Jan. 7, from 10 a.m. to 1 p.m. Come to the Repair Café where tinkers, tailors and blade sharpeners will be on hand to repair your appliances, electronics, clothing, toys, tools, knives, jewelry and other items for free. There will also be a seed and seedlings swap, gardening advice, music, special Really Free Market sale and more. For more information or to volunteer as a repairer, email contact@repair-cafe-pasadena.org. For more about the Senior Center visit pasadenaseniiorcenter.org or call (626) 795-4331.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



ARCADIA HIGH SCHOOL BAND TO PERFORM IN ROSE BOWL PARADE

By Joan Schmidt

Arcadia High School has an exceptional band of 375 members under the direction of Kevin Sherill and Seth Murphy. It is truly one of the largest and most accomplished bands in the country, so this writer was very thrilled when the Media was invited to attend its rehearsal on Thursday, prior to the Parade. The rehearsal involved the Band marching on Campus Drive from the High School to El Monte Avenue. After the rehearsal, there was an opportunity to interview both directors and several band members.

The 2017 Rose Parade marks the 16th time in the past 50 years that Arcadia High School Band will participate. It has marched in two Inaugural Parades-Dwight Eisenhower, 1957 and George W. Bush in 2005. The band also performed at the very first Super Bowl in 1967, in the 1981 World Series, Gator Bowl, Alamo Bowl, was featured in an NFL Super Bowl commercial last year, and has won countless field show competitions.

When I arrived in the Parking Lot, I saw three small planes (Replicas of Air Force planes) that were going to be in the Parade. I was told that the Air Force Band was using the Performing Arts Center to practice. (The Performing Arts Center had been such a great addition!)

After the first march across Campus Drive, the Band was stopped. Assistant Superintendent Jeff Wilson thanked band members for their hard work during the Winter Break-practicing many hours and the District is very proud of them. Superintendent Dr. Dave Vannasdall, explained to me that in addition to the two band directors, there were three or four assistants, section leaders and many wonderful volunteer parents that have made all of this possible.

The Band was going to Disneyland; there is a band fest at PCC and viewing the floats! Hope they have a GREAT TIME and CONGRATS to the APACHE BAND! WELL DONE!



NEW ARCADIA LIBRARY & MUSEUM DIRECTOR APPOINTED

The Library Board of Trustees have appointed Darlene Bradley to the position of Library & Museum Services Director after a nationwide search. Ms. Bradley is currently an Assistant Library Director and will succeed Mary Beth Hayes who will retire on December 30. The appointment will be effective December 31, 2016.

"Making a person's day a little brighter and making a difference in people's everyday lives is one of the most rewarding parts of my job," said Bradley. "Working with a supportive Library Board of Trustees, the Friends of the Arcadia Public Library, and talented staff, it will be an absolute honor to continue to serve the community as the new Director of Library and Museum Services."

Bradley's 30 year career began as a Shelver and Circulation Clerk at the Arcadia Public Library while in high school and college. After earning her undergraduate degree in Business Administration from Cal Poly Pomona and Master's degree in Library Science from San Jose State University, Bradley became a Children's Librarian for the City of Pasadena in 1989 and was promoted to Research and

Reference Librarian in 1992. In 2004, Bradley returned to Arcadia as a Principal Librarian for Children's Services. Since 2007, she has held the position of Library Services Manager.

"Darlene has demonstrated a passion for not just for the Library and the Museum, but for the City of Arcadia itself," said City Manager Dominic Lazzaretto. "The Library Board made an excellent decision. I look forward to helping Darlene achieve her vision as she guides the Department through its next exciting chapter." Unlike other executive positions, according to the City Charter, the Library Board of Trustees is responsible for appointing the City's Librarian.

Bradley is a 15-year native of Arcadia and enjoys spending time with family, friends, and the great outdoors. When asked about her new role, she said, "public libraries and museums provide an essential service not found elsewhere. They connect people to books and information, past and present, but they are also so much more. They are community places where people can learn, explore, create, connect, be inspired and pleasantly delighted."

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

BRADBURY CSO PARTNERSHIP PROGRAM BEING DEVELOPED

During the past few months, staff has had several discussions with the City of Bradbury regarding the development of a Community Services Officer (CSO) partnership program. Under the proposed program Bradbury has proposed sharing the costs of an in-field Community Services Officer with our Police Department. Should this program be developed and implemented, an in-field CSO would certainly serve as an asset for our police officers here in Monrovia. The non-sworn in-field CSO is a position that can take over the investigation of crimes that have already occurred which have little or no workable leads, investigate non-injury traffic collisions, enforce parking restrictions, write crime reports, and handle other public safety related tasks for our

sworn police officers. This position would take over these tasks that are currently being handled by our sworn Police Officers, thereby freeing our cops of administrative processes so that they can focus on higher priority items.

We have discussed the possibility of sharing a CSO with Bradbury whereby we would equally split the costs associated with funding the position. As staff has assessed this possibility, we believe that having the in-field CSO position working at least 20 hours / week in Monrovia would be beneficial to our overall public safety / law enforcement operation, and during the next few weeks, we plan on pursuing the discussion with Bradbury in greater detail.

PASADENA HUMANE SOCIETY SET TO BEGIN SHOWCASING ADOPTABLE PETS AT CITY COUNCIL MEETINGS IN 2017

This past week, Mayor Adams, Police Chief Hunt, and I met with Julie Bank, the new President / CEO of the Pasadena Humane Society (PHS). Ms. Bank just started in her role as President / CEO of PHS a few months ago, and incidentally, she is also a new resident of Monrovia! Our discussion was intended to serve as a meet-and-greet, and we discussed a few ways that we could partner with the PHS as we move into 2017.

During our meeting, one of the programs we discussed was having a representative of the PHS attend a City Council meeting each month and introduce an adoptable pet! Preliminarily, we plan on rolling this program out beginning with at our January 17, 2017 City Council meeting, and once a month moving forward, the PHS will bring an adoptable animal every month to introduce to our community!

CANYON PARK AND HILLSIDE WILDERNESS PRESERVE: NORMAL OPERATING HOURS DURING THE HOLIDAY SEASON!

Just a quick note to let everyone know that the City's Canyon Park and our Hillside Wilderness Preserve will be operating under normal hours throughout the holiday season for our residents to use and enjoy! This means that all pedestrian gates will be open at

6:00 a.m. each day, and will be closed at 9:00 p.m. every evening. Everyone here at the City hopes that you and your loved ones enjoy the holiday season, and if you have some time, feel free to take a hike in our beautiful hillsides here in Monrovia!

The Four Seasons Tea Room



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TheFourSeasonsTeaRoom.com

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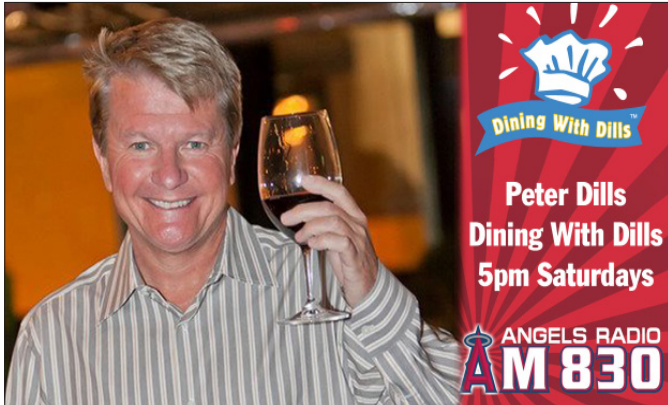
OLD TOWN MONROVIA
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THE 10 COMMANDMENTS OF 2017 FOR PETER DILLS

1. I resolve to drink more water when I drink.
- Translation – add more ice to my drinks
2. I resolve to send back cold food, even if I'm starving.
Translation – No Mr. Nice Guy
- 3 I resolve to ask to be moved if there are screaming kids next to me.
Translation – “Two things I can't stand crying women and crying babies.”
4. I resolve to send back my meat if its not cooked to my liking.
Translation – I want more perfection in 2016
5. I resolve to order a Grande at Starbucks instead of a Venti to save money.
Translation – Watch out Starbucks a big dip in the stock in 2016
6. I resolve to smoke more cigars this year.
Translation – I always smoke with my friends.
7. I resolve to ask the dumb question, is it really a Champagne Brunch or a Sparkling Wine Brunch?
Translation – It is always a Sparkling Wine Brunch
8. I resolve to ask, is it really World Famous?

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

Translation – Never World Famous, often people in the neighborhood don't know the place.
9. I resolve to tip 10% if the service warrants it.
Translation - Yeah right - I know I am a coward when it comes to stiffing these waiters, even when they deserve it.
10. I resolve to cook one meal a week at home.
Translation – One more than I am now!
Bonus When ordering to-go food I will have my order ready before getting on the phone!
Please Watch to Dining w/Dills 3 PM to 5 PM on KLCS TV. Sunday



JUST FOR BEST FRIENDS

A TRIBUTE TO TATERTOTTS

This holiday season has been a busier one than usual for me. My canine (and feline) clients have kept me on my toes this month, leaving very little time to write something new to share with you. I say that to explain why I've chosen to re-print this article, written Sept. 24, 2014 in memory of my dear sweet bloodhound and dog-love of my life, Tatertotts.

Tater has been on my mind so much over the past few months, so I thought it would be appropriate to bring her memory to the printed page yet again. Thank you, my dear readers for your kind understanding and for appreciating these precious memories of my girl along with me. Happy New Year everyone!

For the relatively short time I've been writing this column, I never before considered using it as an obituary. It never crossed my mind that I'd write a story announcing the death of my dear dog, Tatertotts. However, as fate would have it, this small printed space is a place where I can pour my heart out while at the same time, hopefully offer a word of encouragement to other dog owners who may, one day have a similar experience to my own.

Tatertotts was a beautiful, pedigree bloodhound who found me when she was just a 1 ½ years old, after having been to the show ring twice. Her original owner, a bloodhound breeder/handler in Saddleback Ranch had plans for Tater and her siblings to be champs at show! In fact, a couple of Tater's siblings did turn out to be notorious as best in breed and beyond, wherever they went to compete.

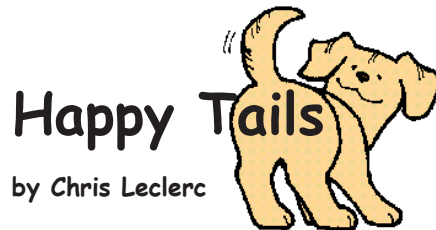
Tater, on the other hand, apparently had other plans for her life. She chose to be a domestic dog, which by definition literally means, a dog “belonging to the home”. I must say, considering her plan, she picked the right human with whom to carry it out! She somehow knew I would cater to her every need and desire and let her “rule the roost” for as long as she lived.

It was a bit of a challenge at first, when Tater was a youngster. She'd jump up to greet me as I came in the door, and knock me flat on my back! She insisted on having whatever treasure she wanted, with no chance of bantering or bargaining. She knew this soft-hearted human she'd picked to be her forever friend would give in and let her have her way, because I wanted her to be happy.

It didn't take long before this humble human realized that way of cohabitating was not going to work out well for either of us, without proper discipline and balance of will. So, I took her to BEST training, at Pasadena Humane Society for a 6 month course where we were both subjected to some basic behavioral training along with several other dogs.

Tater did not like being on a slippery floor with a bunch of strangers, at first. However, she eventually figured out that this was what we were going to do, like it or not! Soon she succumbed to a few simple tricks that made all of our lives a lot easier in the home.

Tater loved hiking local trails and



cooling off in the foothill streams and pools during our weekend getaways together. Later, as she got older and less agile, she enjoyed putting the top down and taking a drive to the beach or up to Big Santa Anita Canyon to Chantry Flat where we visited the animals at Adam's Pack Station. She seemed to connect well with the donkeys, goats and chickens there, and made friends with the cats. She always got along famously with kitties.

As life went on with Tater by my side, she continued to show me unconditional love and affection as most loved dogs do. Tater had a very close relationship with my husband as well, and he was always there for her when I started my dog walking and sitting business. She recognized that there were times when I needed to be away to help with other people's pets and poppa would be there to take care of her and she never once made me fret or feel guilty about it.

Last Tuesday, Sept. 23, 2014, at the ripe ole age of 12 years 8 months, my sweet Tatertotts crossed what we dog lovers like to call that “Rainbow Bridge” into doggie heaven. Her body of 110 lbs. had had enough, and gave clear signs that it was time. She did not suffer, nor did she have to experience the disgrace of physical frailty that many of we humans will, when it is our turn to get old and pass on.

Tater brought me so much joy during her brief yet happy life here on earth. She taught me so much about loving life. I have so many beautiful memories of the fun times we had together - her strapped into the passenger seat with top down and ears flopping in the wind! We conquered the world, she and I, when it felt like an overwhelming place to live in.

No other dog will ever take the place of my precious bloodhound, Tater. No memories of other loved ones can compare to the times we had. She will always be in my heart, and in my mind at times when reminders of her being herself come to me. That girl was a character, and one of the very best friends I will ever have in my life.

Thank you, Tater, for all that you gave. Thank you for loving unconditionally. Carry on, my sweet girl. Go well and go peacefully. We will keep your majesty, be on your way.



LOOKING FOR A BEST FRIEND

Cosmo is a very easygoing guy, wise beyond his 3 years. He is a handsome orange domestic medium haired boy. He will hang around and be your companion teddy bear. Cosmo is sweet, affectionate and loves to be petted. When it comes to playing, his style is slow and steady. Cosmo likes that feathery toy or laser dot to come to him, because he just knows they will if he waits. He gets along well with his roommates too, so he'd probably do well in a multi-cat family. Or he'll be fine as your only best pal. Either way, his vibrant orange color will complement any decor. Come meet Cosmo in the shelter's Meow Manor.

Cosmo's adoption fee is \$99 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Cosmo. ID#19294. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off



San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Cosmo, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

Julie's Favorite Family Recipes

CHICKEN PARMESAN QUINOA BAKE

INGREDIENTS

1 cup quinoa
1 green pepper, diced
1.5 cup mushrooms, diced
½ cup yellow onion, finely diced
2 cups Marinara Sauce
(any kind of spaghetti sauce will work!)
1 cup low-sodium chicken broth
1 tablespoon minced garlic
1 egg
2 tablespoons flour (I used white whole wheat, but white or gluten-free will work, too!)
1 cup shredded parmesan cheese
2 teaspoons garlic powder
4 large chicken breasts (or 6 medium chicken breasts)
salt and pepper, to taste

INSTRUCTIONS

Preheat oven to 375°F and spray a casserole dish with coconut oil cooking spray.
Prep veggies by dicing a whole green pepper

and 1.5 cups of mushrooms. Finely dice ½ a yellow onion (~1/2 cup).

Place 1 cup of uncooked quinoa on the bottom of your casserole dish and then layer on veggies.

Add 2 cups of marinara sauce, 1 cup of chicken broth, and a tablespoon of minced garlic to the casserole dish and mix everything together. Set aside.

In a medium-size bowl, mix together flour, shredded parmesan, and garlic powder. Then, crack an egg into a small bowl and whisk.

Prep chicken breast by dipping into the egg and then into the parmesan mixture making sure everything is generously coated. Place chicken breast on top of quinoa mixture

Finally, sprinkle on the leftover parmesan mixture and even more cheese if you desire. Season with salt and pepper, to taste.

Bake at 375°, uncovered for 20 minutes. Then, cover with tin foil and bake for an additional 40 minutes or until the quinoa is fully cooked.

Serves 6

HEALTHY LIFESTYLES

THE JOY OF YOGA THANKS FOR THE LESSONS 2016



In with the new, out with the old! Happy last day of 2016, I'm sure a year filled with joy and sorrow, good and bad. It's an ideal time for self-reflection.

Given all the experiences of the past year, what are your biggest take away lessons? What do you want to do more of and what do you never want to do again?

Going forward, it's all about creating contentment for the best life possible. So, how can we enrich our lives?

Maintaining a healthy state of being is always at the top of my list. A whole person approach means tending to physical, mental and spiritual health. A diet rich in whole foods and plenty of exercise help immensely physically and mentally.

For enrichment, I always commit to learning something new. Often, I'll take a class or several classes to satisfy my intellectual side. A mentor

told me once, 'always be in school', somehow I've taken this to heart! It's can work for you, too. Yoga school, art school, writing, science, woodworking, or whatever interests you!

Additionally, some additional devotion is made towards my yoga and spiritual practice. The two for me go hand in hand. My body is the temple in which I get to live this life and be of service to others. To stay connected and joyful, meditation is essential and a cherished period of each day. I stay close to my asana practice, at home and at group classes.

Intentions for next year are definitely percolating, but I am also in thankful contemplation of what was learned in 2016 and grateful for those experiences as a point of reference. What are ideas are stirring in you for the next year? What experiences are you grateful for in 2016?

Namaste friends.

Come visit us at Yoga Madre.

Love, Keely Totten

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**See details on back.

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Visit www.yogamadre.com

NEW Year, NEW Kitties! FERN & WILBUR are all ready for a NEW home! Take a NEW look at them—they are ever so sweet and friendly! Bonded siblings, age 3, they will be adopted together. Fern is tabby/white, and Wilbur is all white, with the look of the oriental cat breed. Named after the beloved characters of the children's classic, Charlotte's Web, these two are precious. Please make it a Happy NEW year



for them!
Lifeline for Pets is a small no-kill rescue. We show some cats most Sunday afternoons at PetSmart, 3347 E. Foothill Blvd. in Pasadena, 12:30-3:30. Call 626-676-9505.

Katnip News!



Adoption fee is \$100 for both, which includes spay, microchip, exam & vaccines. Our cats are negative FELV/FIV unless otherwise indicated. See more pictures, adoption info & application on our website, www.lifelineforpets.org. Sorry, we are not accepting cats at this time.



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* \$5 for each additional mile



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HOW TO SPOT AND FIX MEDICAL BILLING MISTAKES

Dear Savvy Senior,

After a recent hospital stay, I have a stack of confusing medical bills at home I need to decipher. I've heard these bills frequently contain mistakes. How do I spot them to ensure I'm not paying more than I need to be?
Cautious Carol

Dear Carol,

Medical billing errors and overcharging is not uncommon. According to the American Medical Association, 7 percent of medical bills in 2013 had errors, and other groups estimate that figure to be much higher. Unfortunately, untangling those mistakes is almost always up to you. Here are some tips and tools that can help.

Check For Errors

To help you get a grip on your medical bills and check for errors, you need to familiarize yourself with what your insurance does and doesn't cover. Then you need to carefully review the explanation of benefits from your insurer, and the invoices you receive from your doctor, hospital and/or outpatient facility providers.

These invoices need to be itemized bills detailing the charges for every procedure, test, service and supply you received. If you didn't receive an itemized invoice, request it from your health care providers. And if the invoices contain any confusing billing codes or abbreviations that you don't understand, ask them for an explanation. You can also look up most medical billing codes online by going to any online search engine and typing in "CPT" followed by the code number.

Once you receive and decode the invoices, keep your eyes peeled for these mistakes:

- Typos: Incorrect billing codes, a misspelled name or a wrong policy number.
- Double billing: Being charged twice for the same services, drugs, or supplies.
- Canceled work: Charging for a test your doctor ordered, then canceled.
- Phantom services: Being charged for services, test or treatments that were never received.
- Up-coding: Inflated charges for medications and supplies.
- Incorrect length of stay: Most hospitals will charge for the admission day, but not for day of discharge. Be sure you're not paying for both.
- Incorrect room charges: Being charged for a private room, even if you stayed in a semi-private room.



• Inflated operating room fees: Being billed for more time than was actually used. Compare the charge with your anesthesiologist's records.

To make sure the charges on your bill are reasonably priced, your insurance provider may offer an online price transparency tool, or use the Healthcare Blue Book (healthcarebluebook.com) or Guroo (guroo.com). These are free resources that let you look up the going rate of many procedures, tests or services in your area.

Make Corrections

If you find errors or have questions about charges, contact your insurer and your health care provider's billing office. When you call, be sure you write down the date, time and name of the person you speak to and a summary of the conversation, in case you need to refer back to it at a later time.

If there's a billing code error or some other mistake that's easily correctable, ask your health care provider to resubmit a corrected claim to your insurance company.

Get Help

If you aren't able to resolve the dispute on your own, you may want to consider hiring a medical billing advocate to work on your behalf. To find someone, try sites like billadvocates.com or claims.org. Most advocates charge an hourly fee – somewhere between \$50 and \$200 per hour – for their services, or they may work on a contingency basis, earning a commission of 25 percent to 35 percent of the amount they save you.

If you're a Medicare beneficiary, another resource is your State Health Insurance Assistance Program (SHIP). They provide free counseling and can help you understand your medical bills and Medicare coverage. To find a local SHIP counselor visit shiptacenter.org, or call 800-633-4227.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...December Birthdays*

Pat Karamitros, Joan Hufnagel, Mary Alice Cervera, Carol Horejsi, Shirley Anhalt, Mignon Grijalva, Helen Reese, Levon Yapoujian, Toni Buckner, Lottie Bugl, Pat McGuire, Sheila Wohler, Nan Murphy, Eleanor Hensel, Sylvia Curl, Elizabeth Levie, Gayle Licher, Cindy Barran, and Melissa Stute.

* To add your name to this distinguished list, please call the paper at 626.355.2737.

YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Will resume in the fall.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00 - 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00 pm. Cards are only \$0.25 each! Everyone is welcome to join. May be cancelled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11:00am - 12:00 pm. No appt. necessary.

Chair Yoga: Mondays and Wednesdays from 11:00 - 11:45am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the second Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00 pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45 - 1:30 pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am.

SENIOR EXCURSION -

Proposed 2017 Trips

January	The Broad Museum (Sold Out)
February	St. Sophia's Cathedral
March	Walt Disney Concert Hall
April	Tanaka Farm Strawberry Tour
May	The Getty Villa
June	Guided Dogs of America and The Wildlife Learning Center
July	Gardens of the World
August	Gondola Getaway
September	Riley's at Oak Glen
November	Japanese American National Museum
December	Mission Inn

Excursion Refund Policy

Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued; 1) for medical excuse or 2) if the Department is able to fill the patron's spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$13 Cancellation Fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Library & Community Services Dept.

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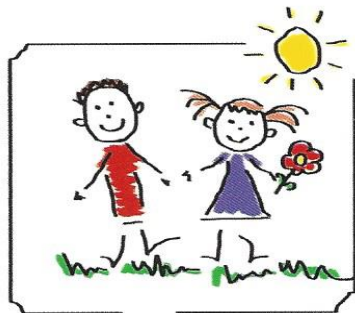
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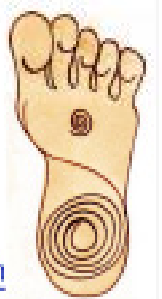
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Looking Up
with Bob Eklund



VERA RUBIN, WHO CONFIRMED “DARK MATTER,” DIES



Renowned astrophysicist and National Medal of Science awardee Vera Rubin passed away in Princeton, N.J., the evening of December 25, 2016, at the age of 88. Rubin confirmed the existence of dark matter—the invisible material that makes up more than 90% of the mass in the universe. She was a retired staff astronomer at the Carnegie Institution’s Department of Terrestrial Magnetism in Washington, D.C.

“Vera Rubin was a national treasure as an accomplished astronomer and a wonderful role model for young scientists,” remarked Carnegie president Matthew Scott. “We are very saddened by this loss.”

In the 1960s, Rubin’s interest in how stars orbit their galactic centers led her and colleague Kent Ford to study the Andromeda galaxy, M31, a nearby spiral. The two scientists wanted to determine

the distribution of mass in M31 by looking at the orbital speeds of stars and gas at varying distances from the galactic center. They expected the speeds to conform to Newtonian gravitational theory, whereby an object farther from its central mass orbits slower than those closer in. To their surprise, the scientists found that stars far from the center traveled as fast as those near the center.

After observing dozens more galaxies by the 1970s, Rubin and colleagues found that something other than the visible mass was responsible for the stars’ motions. Each spiral galaxy is embedded in a “halo” of dark matter—material that does not emit light and extends beyond the optical galaxy. They found it contains 5 to 10 times as much mass as the luminous galaxy. As a result of Rubin’s groundbreaking work, it has become apparent that more than 90% of the universe is composed of this

invisible material. The first inkling that dark matter existed came in 1933 when Swiss astrophysicist Fritz Zwicky of Caltech proposed it. But it was not until Rubin’s work that dark matter was confirmed.

Besides her remarkable scientific contributions, as noted by colleague Neta Bahcall of Princeton University, “Vera was an amazing scientist and an amazing human being—a pioneering astronomer, the ‘mother’ of flat rotation curves and dark-matter, a champion of women in science, and a mentor and role model to generations of astronomers.”

She was an ardent feminist, advocating for women observers at the Palomar Observatory, women at the Cosmos Club, Princeton, and she even advised the Pope to have more women on his committee.

Rubin was born July 23, 1928. She arrived at Carnegie’s Department of Terrestrial Magnetism

in Washington, D.C., in 1965. A Washington native, she graduated from Calvin Coolidge High School and went on to receive her B.A. from Vassar College. She obtained her M.A. from Cornell University and her Ph.D. from Georgetown University, where she then taught for 10 years. Rubin was the first woman allowed to observe at the Palomar Observatory.

In 1993 Vera Rubin received the National Medal of Science—the nation’s highest scientific award. She was elected to the National Academy of Sciences in 1981, and in 1996 became the first woman to receive the Royal Astronomical Society’s Gold Medal since Caroline Herschel, who was awarded the prize in 1828.

You can contact Bob Eklund at: beklund@MtnViewsNews.com.



CHRISTOPHER Nyerges
GATO BARBIERI’S GIFT OF “EUROPA”
Death, Life, and a New Year

[Nyerges is the author of several books, including “Extreme Simplicity,” “Self-Sufficient Home,” “How to Survive Anywhere,” and others. He has led field trips and taught classes in self-reliance since 1974. More information on his books and classes is available at www.SchoolofSelf-Reliance.com, or Box 41834, Eagle Rock, CA 90041]

I had just been told that a friend had died. It was sad to realize I’d never see him again. The musical chairs of life goes on, but I always have to stop when I hear of death, at least a death of one who is close. For me, life is about the people around me. When they die, a piece of me dies.

Gato Barbieri’s “Europa” is playing on the radio. That’s Ramah’s song. Ramah was my purebred pitbull who came on my field trips. When she died many years ago, I was holding her in my arms as she gave out her last goodbye cry, as the eerie nostalgic sound of Europa was playing on the radio. Since then, Europa has been “Ramah’s song,” her goodbye rite-of-passage song. I think of Ramah when I hear Europa, and I think of death and the seeming impermanence of life.

It is time for work so I drive away with the radio off. I want to hear the silence. I arouse a cooper’s hawk as I go down the long driveway and he swoops away under the oaks with a pocket gopher in his claws. More death.

I think about the pocket gopher which devours my root crops, and I feel no sadness. Still, I only shudder to think that he’ll be ripped apart and eaten while still alive. Is that good? Is it bad? A local Sierra Club hiker wrote about his chancing upon a mountain lion killing a deer. He said he could have interrupted it, but he didn’t. He watched it. He said it was beautiful. He said it was part of the beauty of nature.

Beauty? Certainly the kill is part of nature, part of The Way. Eat or be eaten. But “beautiful”? The deer would have had its throat slit from behind, and while it struggled, the lion would have ripped open his underside and begun eating the deer while it was still alive. Nope, not beautiful. Brutal, vicious, sobering.

Part of The Way, yes. Beautiful, no.

Death is not beautiful. To the dead, I presume it is peaceful. To the living, painful, especially when a close one goes and you experience their absence, and the pain of separation. You’re forced to acknowledge the temporary nature of life. You’re forced to make each moment count, to make each moment matter.

Off to my work of the day, I think about the immediate now, the temporary world of timeclocks and responsibility and bills and rents and taxes. I am only mildly cheered up by telling myself this is only temporary.

I sip my coffee at a downtown coffeehouse in the dense fog of the early morning before my work begins. The fog drifts and flows, like the drifting landscape of my thoughts of life and death and work and bills.

I think of the new year beginning. I pause as I sip my coffee, and acknowledge the endless cycle of year after year, life and death and life and death, and each new year provides new opportunities to improve and to do what has not been done yet.

Still, death is everywhere. It is inescapable. And yet it is perhaps our blessing. It is the sobering element that forces us to reconsider everything, and to strive to do the right thing in each moment. Death forces us to think larger than just our own interests, and forces us to think about what is best for the most people, and what is best for the next generation. It forces us to treat everyone around us even better, and we never need to wait for a “new year” in order to do that....



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
IS THE CUP HALF EMPTY OR HALF FULL?

Many things in life have me in a tangle of confusion. I try to put on a good face so that nobody knows how confused I am at the time. I think I get away with it, at least most of the time.

The only person I cannot fool is the Gracious Mistress of the Parsonage. According to her evaluation, I am confused all the time. I would like to set her straight sometime, but I am really confused as to when would be the right time.

If I do not pick the right time, my confusion will be accelerated to the point of no return.

There is one thing, despite my professional confusion, I have not been able to understand. And it just bugs me to no end. Why are some things more confusing than others?

There is a positive side to confusion.

For example, someone is trying to explain to me something that is rather boring I can say, “That’s too confusing for me.”

What that does is help the other person think that he’s a lot better than I am which is not a bad thing to get out of some boring situation at the time. Believe it or not, this is not too confusing for me.

Another side of this would be, somebody wants me to explain something and I am not really in the mood to do a lot of explaining, I say many confusing things and the person comes to the point where he says, “That’s too confusing for me.”

Winning is so wonderful.

Not long ago, I overheard somebody say, “Is that cup half full or half empty?”

For some reason I just cannot get that out of my head and it has confused me like nothing else in my life.

If, for example, a cup is half-full is it not also half-empty? And, if it is half-empty is it also half-full?

I do not know if this is intentional confusion or if it is not supposed to make any sense at all.

I think “the half empty/half full” scenario is just for plain ordinary fools. In my experience, I have never met a half fool. Either they are all fool or they are not a fool at all. Just when you think you met a half-fool, they spiral into a complete fool. There is a question whether any fool can be complete or not, but that is too confusing for me.

Several times my wife will look at me and say, “Are you acting a fool?”

I would like to set her straight sometime, but I am a little confused as to be the right time. But I am not acting a fool. I have absolutely no skill in the thespian art of acting. Of course, when she addresses me with that question, I act like I am not a fool which I am not sure qualifies in the thespian arts category.

The confusion here is, if I am not acting a fool, how can I act like I am not a fool? What is the real difference here? Is there any difference at all? Oh, how confusing it all is.

I am afraid that confusion runs very deep in my life.

If I wanted to get out of the confusion syndrome, all I have to do is approach my wife and say, “I don’t understand this, could you explain it to me?” After that, I am too confused to really understand that I am confused about it at all. Thanks, of course, to my wife who is confused about nothing that I know.

With her great skill in this area, she has helped me out of many a confusing situations.

Perhaps that is the primary difference between a husband and wife. The husband is afflicted with the confusion syndrome and the wife knows how to unconfuse her husband. She has a remedy, according to her, that will cure him immediately.

This is the great joy of my life to be able to ignore my confusion and trust my wife’s judgment in this area. I can balance the checkbook, but I have a hard time balancing these confusion elements in my life. Thanks to my wife, I do not have to worry about it.

At my present junction in life, I do not know if I am really confused or not. It is rather a confusing aspect to think about right now. Am I confused or am I not confused. If I am confused, what are the symptoms? If I am not confused, how will I know?

Perhaps the most comforting aspect of life, at least for someone my age, is knowing you are confused, accept it and get on with life. Nothing is more satisfying in life than knowing what you are and being able to accept yourself as you are and then enjoy the rest of your life.

With so much to do in the world today, it is always comforting to know that there is something you do not have to do. I like what the apostle Paul said. “And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him” (Colossians 3:17).

In the midst of all your supposed confusion, sit back, take a deep breath and give thanks to God for his grace in accepting you as you are.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34483, where he lives with the Gracious Mistress of the Parsonage. Telephone 1-866-552-2543, e-mail jamesnsnyder2@att.net. Website is www.jamesnsnyderministries.com.



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SATURDAY, DECEMBER 31, 2016

SECTION B

AROUND SAN GABRIEL VALLEY

GREAT OPENING DAY AT SANTA ANITA



By Joan Schmidt

Some things never change. December 26, the day after Christmas is the opening day of the Winter Meet at the Great Race Place. This year, 46, 514 attended. Adults received the beautiful 2017 Calendar with awesome pictures of jockeys on winning horses and gifts cards; the kids a huge cuddly horse. (Stuffed toy) Thank you Mathis Brothers! There was a best-dressed contest, a silent auction for a painting of Shared Belief and much more.

The opening race was won by Tyler Baze on Cioppino Pasadino. Agapito Delgadillo won the second race on Classic Ruler and was congratulated by his sweet granddaughter Jacqueline. Rafael Bejarano seemed to win Race 3, but was moved down to 4th place; Mario Gutierrez got the win on So Conflated. Veteran Brice Blanc took the 4th race on Professor Berns, and Stewart Elliott on Ruby Trust, the 5th Race.

Riders Joel Rosario and Julian Leparoux traveled from back East for the day. Rosario won both the \$100,000 San Simeon Stakes on Bettys Bambino and the \$300,000 Malibu Stakes on Mind Your Biscuits. Longtime racing fans remember Rosario's successful career of several years here before relocating to the East Coast in 2012.

Flavien Prat had two stakes victories; he rode Constellation in the \$300,000 La Brea Stakes and Conquest Enforcer in the \$200,000 Mathis Brothers Mile. It was great to see Flavien riding; he had been out for about a month after a Del Mar spill.

Jockey Edwin Maldonado was due back, but his horse was scratched. Edwin was seriously injured—a collapsed lung and several broken ribs and was out

four months. Everyone is looking forward to his return.

Some highlights and info about Santa Anita Park:

Free General Admission and General Parking (Every Thursday and Friday during the Winter Meet.)

Free Infield Admission and Parking (Every Saturday and Sunday; Enter through Gate 6 off Colorado Place.)

January 7-Hall of Fame Meet “N” Greet. Don't miss your chance to visit with Mike Smith

Saturday, January 14-Burger and Beerfest. Please visit santaanita.com for more info.



ASSEMBLYMEMBER CHRIS HOLDEN APPOINTED CHAIR OF THE ASSEMBLY COMMITTEE ON UTILITIES AND ENERGY

Sacramento, CA – California State Assembly Speaker Anthony Rendon (AD – 63) appointed Assemblymember Chris Holden (AD – 41) as chair of the California State Assembly Committee on Utilities and Energy.

“I thank Speaker Rendon for appointing me as Chair of the Utilities and Energy Committee,” said Holden. “I appreciate his belief in my leadership to set forward-thinking energy policy for California's future.”

The Assembly Committee on Utilities and Energy primary jurisdictions includes public utilities, the California Public Utilities Commission, energy companies, telecommunications and international trade among others.

“Serving nearly 24 years on the Pasadena City Council, with responsibility over the city's Water and Power Company, provided me with a strong foundation and understanding of the utility industry and the need to be smart and thoughtful as we plan our energy future,” said Holden.

Earlier this year Assemblymember Holden was elected by his colleagues to chair the California Legislative Black Caucus (CLBC).

“I'm extremely proud to serve as chair for the Black Caucus and together with my colleagues, I look forward to continuing our efforts to advance equality, justice, and opportunity for all Californians,” said Holden.

LAHSA SGV HOMELESS COUNT JAN 24TH- NEEDS VOLUNTEERS

“The 2017 San Gabriel Valley Homeless Count is coming up on the night of Tuesday January 24th and the Los Angeles Homeless Service Authority (LAHSA) needs 2,000 volunteers to help in this effort. All volunteers will participate in the Street Count, where volunteers will make a visual only tally of those on the streets from 8pm to about midnight. All volunteers will be trained through a video before and on the night of the count and will receive all the materials they need when they arrive to their volunteer site. All cities in San Gabriel Valley will be offering a site, even Altadena, Rowland Heights

and Hacienda Heights will offer community centers for the count. This will make it easier for volunteers to volunteer in their city or close to their city. Volunteers will also receive a shirt and certificate of appreciation for their help. Volunteers can sign up on the theycountwillyou website and be contacted for locations. LAHSA is also looking for volunteers to help out at volunteer sites on the night of the count. If there are interested volunteers, please contact the SPA3/SGV Regional Coordinator, Daniella Alcedo at dalcedo@lahsa.org or 213-225-8462.



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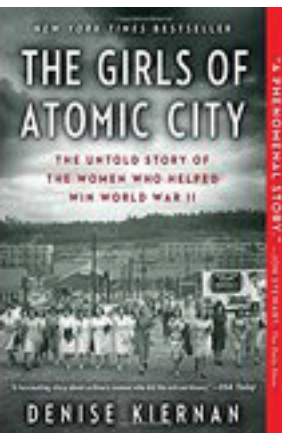
Jeff’s Book Pics By Jeff Brown

Hidden Figures: The American Dream and the Untold Story of the Black Women Mathematicians Who Helped Win the Space Race by Margot Lee Shetterly

The phenomenal true story of the black female mathematicians at NASA whose calculations helped fuel some of America’s greatest achievements in space. Now a major motion picture .Before John Glenn orbited the earth, or Neil Armstrong walked on the moon, a group of dedicated female mathematicians known as “human computers” used pencils, slide rules and adding machines to calculate the numbers that would launch rockets, and astronauts, into space.Among these problem-solvers were a group of exceptionally talented African American women, some of the brightest minds of their generation. Originally relegated to teaching math in the South’s segregated public schools, they were called into service during the labor shortages of World War II, when America’s aeronautics industry was in dire need of anyone who had the right stuff. Suddenly, these overlooked math whizzes had a shot at jobs worthy of their skills, and they answered Uncle Sam’s call, moving to Hampton, Virginia and the fascinating, high-energy world of the Langley Memorial Aeronautical Laboratory.Even as Virginia’s Jim Crow laws required them to be segregated from their white counterparts, the women of Langley’s all-black “West Computing” group helped America achieve one of the things it desired most: a decisive victory over the Soviet Union in the Cold War, and complete domination of the heavens.Starting in World War II and moving through to the Cold War, the Civil Rights Movement and the Space Race, Hidden Figures follows the interwoven accounts four African American women who participated in some of NASA’s greatest successes.

Rise of the Rocket Girls: The Women Who Propelled Us, from Missiles to the Moon to Mars by Nathalia Holt

An Amazon Best Book of 2016.The riveting true story of the women who launched America into space.In the 1940s and 50s, when the newly minted Jet Propulsion Laboratory needed quick-thinking mathematicians to calculate velocities



and plot trajectories, they didn’t turn to male graduates. Rather, they recruited an elite group of young women who, with only pencil, paper, and mathematical prowess, transformed rocket design, helped bring about the first American satellites, and made the exploration of the solar system possible. For the first time, The book tells the stories of these women--known as “human computers”--who broke the boundaries of both gender and science. Based on extensive research and interviews with all the living members of the team, The book offers a unique perspective on the role of women in science: both where we’ve been, and the far reaches of space to which we’re heading.

The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War 2 by Denise Kiernan

An incredible true story of the top-secret World War II town of Oak Ridge, Tennessee, and the young women brought there unknowingly to help build the atomic bomb.“The best kind of nonfiction: marvelously reported, fluidly written, and a remarkable story...As meticulous and brilliant as it is compulsively readable.” —Karen Abbott.The height of World War II, Oak Ridge, Tennessee, was home to 75,000 residents, and consumed more electricity than New York City, yet it was shrouded in such secrecy that it did not appear on any map. Thousands of civilians, many of them young women from small towns across the U.S., were recruited to this secret city, enticed by the promise of solid wages and war-ending work. What were they actually doing there? Very few knew. The purpose of this mysterious government project was kept a secret from the outside world and from the majority of the residents themselves. Some wondered why, despite the constant work and round-the-clock activity in this makeshift town, did no tangible product of any kind ever seem to leave its guarded gates? The women who kept this town running would find out at the end of the war, when Oak Ridge’s secret was revealed and changed the world forever.Drawing from the voices and experiences of the women who lived and worked in Oak Ridge, The book rescues a remarkable, forgotten chapter of World War II from obscurity.

All Things By Jeff Brown

SOME NEW YEAR QUOTES!

Cheers to a new year and another chance for us to get it right. – Oprah Winfrey
We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year’s Day. – Edith Lovejoy Pierce
A year from now, you’re gonna weigh more or less than what you do right now. – Phil McGraw
May the New Year bring you courage to break your resolutions early! My own plan is to swear off every kind of virtue, so that I triumph even when I fail! – Aleister Crowley
If you asked me for my New Year Resolution, it would be to find out who I am. – Cyril Cusack
May the long time sun shine upon you, all love

surround you, and the pure light within you, guide your way on. -Mike Heron

New Year’s Resolutions that will guarantee your best year yet.
1. Put your phone down during life’s important moments
2. Pursue your passion
3. Get your finances in order
4. Get out of your comfort zone and take advantage of opportunities
5. Be less of a couch potato
6. Tidy up and revamp your home
5. Have good food around and watch your alcohol and drug intake
7. Practice gratitude and positivity

BUSINESS NEWS & TRENDS

FAMILY MATTERS

By Marc Garlett



WHY GO TO THE TROUBLE OF ESTABLISHING A TRUST?

My last article talked about what a trust is. Now I’m going to tell you why someone would go to the trouble of creating a trust in the first place. Ready? The short answer is, because the trouble one goes through to create a trust is generally minuscule compared to trouble left for family members when someone dies without a trust. But let’s go a little deeper...

During our lifetime, we can transfer our assets with a simple stroke of the pen. By signing our name to a piece of paper - usually a contract of some sort - we can buy, sell, or exchange almost anything with almost anyone.
But after we die, how do we transfer the assets we own? It comes down to two options. We can either preplan to transfer our assets how and to whom we choose, or we can let the state transfer our assets for us once we’re gone. The first option is handled through a trust. The second option is handled through the court process called probate.
So why not just let the great state of California handle things for us? Well, probate is:
Expensive. Probate fees are statutory. In other words, they are written into California’s laws and based on a percentage of the total value of your estate (your estate = all your stuff). Probate fees consist of filing fees, court fees, attorney’s fees, executor’s fees, bond fees, referee fees, appraisal fees, etc. All

totalled, probate fees generally amount to between 5 and 10 percent of the value of the estate. The fees for administering a trust are generally significantly less than probate.
Public. Value privacy? Probate is a court proceeding so everything is a matter of public record. EVERYTHING. Not only can your reputation and legacy be dragged through the mud but anyone who cares to look (and there are plenty of scoundrels and con-artists who do look) will know how much your beneficiaries are inheriting, when they will receive it, and exactly where to find them. A trust, on the other hand, is completely private with no public record or court involvement necessary.
Time consuming. Probate in California takes on average, around a year-and-a-half. And that’s only if things don’t get complicated. Probate can, in fact, take years. And keep in mind, throughout the probate process, the surviving family members have little to no access to the assets being probated. A trust, however, usually only takes months to administer and distribute, not years.
Emotionally draining. Most people (other than lawyers, that is) don’t like being hauled into court. Not only does it cost time, money, and privacy, it also takes a toll emotionally. Rather than grieving for your loss on your timetable, you are forced onto the Court’s schedule. In comparison, administering a trust, because it is handled in private and not through court, can take place at the trustee’s pace and comfort level.
Loss of control. Finally, even with a will, probate means a loss of the ability to provide protection for your heirs’ inheritance against bankruptcy, lawsuits, and divorce. Going through probate also means giving up much of the ability provide your family with tax advantages, limits on how they may spend their bequest, or guidance as to what age (or maturity level) they should receive their inheritance.
It all comes down to making an already very difficult situation (your passing) more difficult or less difficult on the people you love most in the world. If your choice would be to opt for “less difficult” you understand why people go to the trouble of creating a living trust.
I sincerely hope you and yours have a wonderful new year and an outstanding 2017. Happy New Year!
Dedicated to empowering your family, enhancing your wealth and establishing your legacy,

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.



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Joan Schmidt**BUSINESS EDITOR**
LaQuetta Shamblee**PRODUCTION**
Richard Garcia**SALES**
Patricia Colonello
626-355-2737
626-818-2698**WEBMASTER**
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Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Blvd.
#327
Sierra Madre, Ca.
91024

Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnviewsnews@aol.com

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

**RAGING MODERATE**by **WILL DURST****THE CHRISTMAS GIFTS YOU DIDN'T GET BUT TOTALLY DESERVED**

Relax. Now breathe. And repeat.

The nonstop madcap insanity has finally reached its red and green holiday crescendo and its all downhill from here. Don't know if it had anything to do with the earth-shaking, democracy-twisting events of November 8th, but people were extra special amplified crazy this particular solstice season. Like frothing-at-the-mouth wacky. Hair-tearing bonkers. Nuttier than the Planters Hospitality Suite at a Flying Squirrel Convention crazy.

We salute all you stalwart consumers for navigating those Demolition Derby parking lots in the honorable quest of sinking heavily into debt to celebrate the birth of that Jewish hippie kid.

Anticipating the flash of horror across your face when the bills float in from the mail, let us offer up our annual WILL DURST'S XMAS GIFT WISH LIST. These are the presents that folks presumably did not find under their tree but most certainly deserved.

For Vladimir Putin: one of those extra long telescoping leashes to control his new pet. For Ronald McDonald: an extended vacation until the creepy clown sightings subside. 4 years ought to do it.

For Melania Trump: a couple of grey hairs to give her some gravitas. Cuff & collar. For Kim Kardashian: an itinerary of Melania Trump's movements so she can study up for 2024.

For Donald Trump: who is proud of saying anything that flies into his head: a tiny rabid West African Ruby- Throated Hummingbird.

For Speaker of the House Paul Ryan: a whip, a chair and thigh high boots for when he has to deal with the Executive branch.

For Elizabeth Warren: a set of portable Klieg lights to stay front and center for the foreseeable future.

For Ruth Bader Ginsburg, Anthony Kennedy & Stephen Breyer: the finest health care available.

For each Democrat in Congress: a 55 gallon drum of Vitamin D to put a little spine in their spine.

For Billy Bush: a job in the Trump administration's protocol division where all he does is follow POTUS around saying "The Donald scores again."

For Kellyanne Conway: a nap. Starting to look a little ragged around the edges.

For Anthony Weiner: a one-way ticket to a deserted South Sea Island populated mostly by poisonous snakes and omnivorous snails.

For Huma Abedin: a closed circuit camera recording every second.

For Roger Ailes: an appointment with the same counseling group now attended by Bill Cosby.

For the American Public: a case of antacid in order to get through the heartless pummeling the spineless cheered on by the clueless.

For the new host of Celebrity Apprentice, Arnold Schwarzenegger: his own kill phrase, something like, "You won't be back."

For British Prime Minister Theresa May: A copy of the Kama Sutra to discover a position that will allow her to twist out of Brexit.

For Mexican President Enrique Pena Nieto: a wall on the border to control our immigration.

For Canadian Prime Minister Justin Trudeau: same thing.

For Samsung: the quick introduction of the Galaxy VIII.

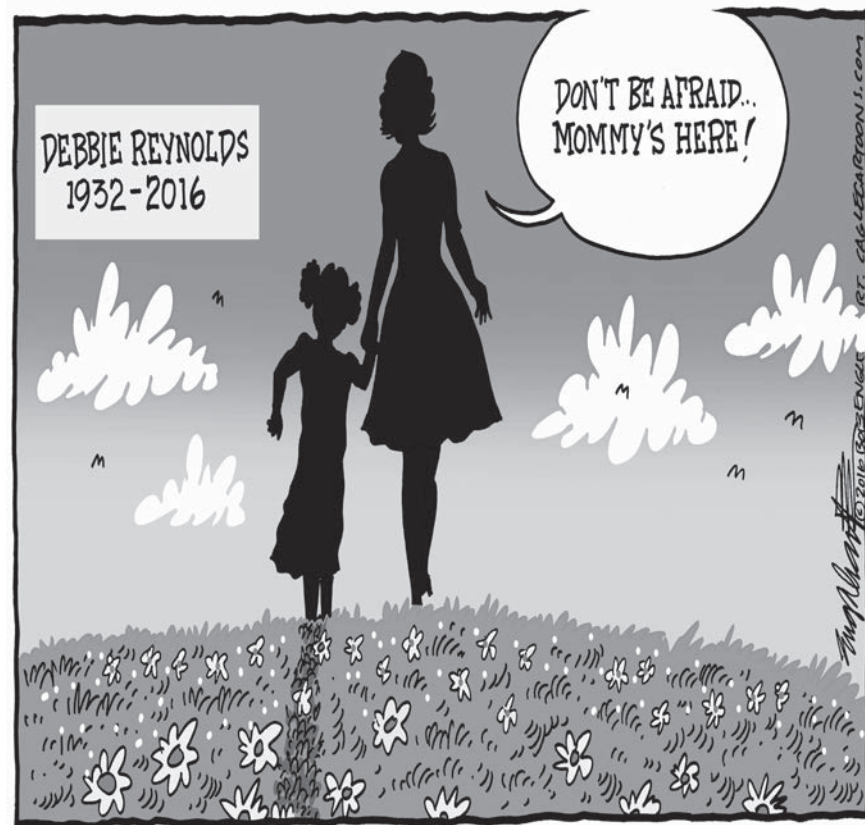
For Rudy Giuliani: a muzzle. Permanent. Steel. Welded with titanium rivets.

For Bashar Al Assad: something quick and painless: heart attack in bed.

For NATO Commanders: a gift subscription to the Coffee of the Week Club. Decaf option declined.

For Hillary Clinton: proof.

Will Durst is an award-winning, nationally acclaimed columnist, comedian and former assistant manager at a Pizza Hut in West Allis, Wisconsin. For a calendar of personal appearances, go to willdurst.com.



bye bye 2016

TOM PURCELL**END HEROIN'S DEVASTATION IN 2017**

I didn't know the young man well — I'd hired him to do some handyman work around my house — but it was awfully unpleasant to learn that he died at 24 with a needle in his arm.

It was a bad batch of heroin. The statistics will tell you he was one of the thousands of people to die from heroin addiction — a problem that is growing fast.

What the statistics can't tell is that the young man was smart, talented and worked hard. He had a wonderful work ethic and tremendous pride in his work. He could have gone on to college or mastered any trade. His addiction took it all away.

I had no indication he'd been struggling with this addictive drug — just as countless thousands of people from every walk of life are struggling with heroin addiction.

According to the National Institute on Drug Abuse, "nearly 80 percent of heroin users reported using prescription opioids prior to heroin." That is, they begin by using prescription medications, such as such as OxyContin, a morphine-like drug. They begin one of three ways: They acquire the drugs from family or friends or they are prescribed the drugs by a doctor.

In the 1960s, addicts tended to be street users who lived in impoverished neighborhoods. Today, addicts include soccer moms, business executives, and high school kids from suburban communities.

Once addicted, many users switch from prescription drugs to street heroin. Why? Because street heroin is only about 10 percent the cost of prescription medication, which can run up to \$80 a pill.

As heroin floods into the country from places like Mexico and Afghanistan, lives are being destroyed. The Centers for Disease Control and Prevention report that nearly 13,000 Americans died in 2015 from heroin overdoses — 2,000 more than the prior year.

In 2015, according to the CDC, for the first time, more lives were lost to heroin overdoses than to gun homicides. Just eight years earlier, gun homicides outnumbered heroin deaths by more than 5 to 1.

The powerful addictiveness of the drug is driving these statistics. Like any drug, the more heroin the addict uses, the more he needs to experience the same high. If the addict stops using, he'll go through a world of hurt: depression, nausea, jitteriness and extreme flu-like symptoms.

Most addicts can't bear the symptoms, so they keep getting more heroin.

Those with money have the means to fund their death spiral. The odds are that they'll keep buying more heroin until they finally overdose fatally — as happened to actor Philip Seymour Hoffman a few years ago.

Those who lack the funds frequently steal from family members or break into homes and businesses to fund their next fix — a bank a half-mile from my suburban home has been robbed four times in the past 18 months by heroin-addicted young men.

The only hope for addicts is that they get professional counseling and make it through a few weeks of painful detox. Even under the best-case scenario, they will be addicts for life.

The only hope for the country is that we take aggressive steps to deal with the heroin epidemic. The Obama Justice Department issued a three-part strategy last autumn — prevention, enforcement and treatment — to crack down on drug dealers and provide more treatment to help get addicts clean.

President-elect Donald Trump has promised to take aggressive steps to address the challenge. He pledges to stem the flow of heroin that is flooding across our borders, though he hasn't yet issued any specific plans.

Whatever the case, in 2017 we have to make a concerted effort to address this horrible epidemic. Otherwise, it will continue to devastate lives, families and communities all over the country.

Tom Purcell, author of "Misadventures of a 1970's Childhood" and "Wicked Is the Whiskey," a Sean McClanahan mystery novel, both available at Amazon.com, is a Pittsburgh Tribune-Review humor columnist.



Don't make this your designated driver...



FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016305557
The following person(s) is (are) doing business as: R&R MOBILE DETAILING, 10339 ZELZAH AVE APT #4, NORTHRIDGE, CA, 91326. Full name of registrant(s) is (are) R&R MOBILE DETAILING. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016305422
The following person(s) is (are) doing business as: SMARTANDSAFE ELECTRIC, 8411 AQUEDUCT AVE, NORTHRIDGE, CA, 91326. Full name of registrant(s) is (are) ADAM WILSON, 8411 AQUADUCT AVE, NORTHHILLS, CA, 91343. This Business is conducted by: an Individual. Signed: Adam Wilson, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on April 2013. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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File No. 2016305374
The following person(s) is (are) doing business as: HBA TRUCKING, 12591 MINOLEA ST, ARLETA, CA, 91331. Full name of registrant(s) is (are) HBA TRUCKING INC., 12591 MINOLEA ST, ARLETA,CA, 91331. This Business is conducted by: a Corporation. Signed: Hba Trucking, Inc., President. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/21/2012. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

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The following person(s) is (are) doing business as: MAX'S BARBER AND SALON, 7227 DESOTO AVE.,CANOGAPARK,CA;MAX'S BARBERAND SALON, 6926 KESTER AVE., #205, VAN NUYS, CA, 91405. Full name of registrant(s) is (are) VILMA WILSON, 6929 KESTER AVE, #205, VAN NUYS, CA. This Business is conducted by: an Individual. Signed: Vilma Wilson, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016305434
The following person(s) is (are) doing business as: SUNSHINE VISION, 12167 HAVANA AVE, SYLMAR, CA, 91342; VANESSA MONTANTES, 332 ORANGE GROVE AVE, SAN FERNANDO, CA, 91340. This Business is conducted by: a General Partnership. Signed: Dave Louiz Perez, Partner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016305965
The following person(s) is (are) doing business as: 533 GRAND PARTNERSHIP, 3495 MAPLEWOOD AVENUE, LOS ANGELES, CA, 90008; 533 GRAND PARTNERSHIP, 825 WILSHIRE BOULEVARD NO. 128, SANTA MONICA, CA, 90401. Full name of registrant(s) is (are) 533 GRAN LI, 1585 MADRONO AVENUE, PALO ALTO, CA, 94306; BRYCE GARDEN, 533 W. WOODCRAFT ROAD, SANTAMONICA, CA, 90402. This Business is conducted by: a General Partnership. Signed: James Hogan, 533 Grand LI, Managing Member. This statement was filed with the County Clerk of Los Angeles County on 12/19/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016309361
The following person(s) is (are) doing business as: CARS FOR THE STARS AUTO BROKER, 7530 DEERING AVE, CANOGA PARK, CA, 91303. Full name of registrant(s) is (are) TITUS GRAVES, 5565 CANOGA AV 115, WOODLAND HILLS, CA, 91367; CHRISTIAN GRAVES, 5565 CANOGA AV 115, WOODLAND HILLS, CA, 91367. This Business is conducted by: a General Partnership. Signed: Titus Graves, Partner. This statement was filed with the County Clerk of Los Angeles County on 12/21/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on Dec 19, 2016. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016306547
The following person(s) is (are) doing business as: VALASQUEZ ELECTRIC, 10661 ELERNOAKS BLVD SPACE 19, PACOMIA, CA, 91331. Full name of registrant(s) is (are) MYNOR VELASQUEZ RODRIGUEZ, 10965 GLENOAKS BLVD SPACE 19, PACOMIA, CA, 91331. This Business is conducted by: an Individual. Signed: Mynor Velasquez Rodriguez, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/19/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016306418
The following person(s) is (are) doing business as: TWENTY-FOUR KARAT ART, 17909 MAYERLING ST, GRANADA HILLS, CA, 91344. Full name of registrant(s) is (are) CHRISTOPHER LINQUATA, 17909 MAYERLING ST, GRANADA HILLS, CA, 91344. This Business is conducted by: an Individual. Signed: Christopher L. Inquata, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/19/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
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listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016304041
The following person(s) is (are) doing business as: SAMANTHA'S PET CARE, 28160A SLOAN CANYON RD, CASTAICA, CA, 91384. Full name of registrant(s) is (are) SAMANTHA SUAREZ, 28160A SLOAN CANYON RD, CASTAICA, CA, 91384. This Business is conducted by: an Individual. Signed: Samantha Suarez, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/15/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016304237
The following person(s) is (are) doing business as: MARIE'S TAILORING AND CARE, 11049 MC CORMICK ST #309, NORTH HOLLYWOOD, CA, 91601. Full name of registrant(s) is (are) MARIE CORNELIUS, 11049 MC CORMICK ST #309, NORTH HOLLYWOOD, CA, 91601. This Business is conducted by: an Individual. Signed: Mary Cornelius, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/15/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016305095
The following person(s) is (are) doing business as: TIRE PRINTS, 12574 MENDEL DR, GRANADA HILLS, CA, 91344; TIRE PRINTS, 12574 MENDEL DR, GRANADA HILLS, CA, 91344. Full name of registrant(s) is (are) AUDI KARADEMIR, 12574 MENDEL DR, GRANADA HILLS, CA, 91344. This Business is conducted by: a Corporation. Signed: Registrant's Name and Title. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. FROM STAMPA! THE TOP
The following person(s) is (are) doing business as: DELIVERY ON DEMAND, 19334 VICTORY BLVD, RESEDA, CA, 91335. Full name of registrant(s) is (are) JUAN FRANK ZUNIGA, 19334 VICTORY BLVD, RESEDA, CA, 90335; EDUARDO SALAZAR, 815 SATICOY ST #25, VAN NUYS, CA, 91406. This Business is conducted by: a General Partnership. Signed: Juan Frank Zúñiga, Partner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016308649
The following person(s) is (are) doing business as: SUMMIT PAINTING- CLEANING, 10159 DE SOTO NUIT 204, CHATSWORTH, CA, 91311. Full name of registrant(s) is (are) JOSE EDUARDO TRUCIOS, 817 18TH STREET APT 1 SANTA MONICA, CA, 90403. This Business is conducted by: an Individual. Signed: Miguel Benítez, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016307406
The following person(s) is (are) doing business as: THE SOCIAL WALK, 817 18TH STREET APT 1 SANTA MONICA, CA, 90403. Full name of registrant(s) is (are) JOSE EDUARDO TRUCIOS, 817 18TH STREET APT 1 SANTA MONICA, CA, 90403. This Business is conducted by: an Individual. Signed: Jose E. Trucios, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016307306
The following person(s) is (are) doing business as: EKK MINI MARKET, 7513 S WESTERN, L.A., CA, 90047. Mailing address: 1358 W 71st, L.A., CA, 90044. Full name of registrant(s) is (are) MIY SWET LIA, 3007 GRANDIFLORAS RD, CANYON COUNTRY, CA, 91387. Full name of registrant(s) is (are) CAMILLE EPPS, 3007 GRANDIFLORAS RD, CANYON COUNTRY, CA, 91387. This Business is conducted by: an Individual. Signed: Camille Epps, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/20/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016307287
The following person(s) is (are) doing business as: AYA PLUMMING, 14545 FRIAR STREET SUIT 101F, VAN NUYS, CA, 91411. Full name of registrant(s) is (are) JOSE GALTAMER, 650 W. 12TH STREET, APT #109, LOS ANGELES, CA, 90004. This Business is conducted by: an Individual. Signed: Jose Galtamer, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/20/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016307214
The following person(s) is (are) doing business as: HERNANDEZ WOODCRAFT SPECIALTIES, 619 RANDOLPH AVENUE, LOS ANGELES, CA, 90007. Full name of registrant(s) is (are) HERNANDEZ, 724 S MARIPOSA AVENUE, LOS ANGELES, CA, 90005. This Business is conducted by: an Individual. Signed: Faustino Hernandez, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/20/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016313925
The following person(s) is (are) doing business as: MARIANA'S TAILORING AND CARE, 11049 MC CORMICK ST #309, NORTH HOLLYWOOD, CA, 91601. Full name of registrant(s) is (are) MARIE CORNELIUS, 11049 MC CORMICK ST #309, NORTH HOLLYWOOD, CA, 91601. This Business is conducted by: an Individual. Signed: Mary Cornelius, Owner. This statement was filed with the County Clerk of Los Angeles County on 12/16/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/15/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ES Mountain Views News
Dec. 31, 2016; Jan.7,14 and 21, 2017

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) RAUL D. SALINAS 14748 BURBANK BLVD. #310 SHERMAN OAKS, CA 91411 has/have abandoned the use of the fictitious business name: PTIS CRAVINGS. The fictitious business name referred to above was filed on 03/04/2016, in the county of Los Angeles. The original file number of 2016052642. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 12/29/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime) SIGNED: RAUL D. SALINAS Publish: Mountain Views News
Dates Pub: Dec. 31, 2016, Jan. 14, AND 21, 2017

FILE NO. 2016-305054

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JUAN DE DIOS OLIVERA 1705 BRACKEN ST, ARLETA, CA, 91311 has/have abandoned the use of the fictitious business name: THE OLIVERA INSURANCE AGENCY 459 W. BROADWAY SUITE #6 GLENDALE, CA, 91024. The fictitious business name referred to above was filed on 11/26/2016, in the county of Los Angeles. The original file number of 20082098910. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 12/19/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime) SIGNED: JUAN SE DIOS OLIVERA Publish: Mountain Views News
Dates Pub: Dec. 31, 2016, Jan. 07, 14, AND 21, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-306724
The following person(s) is (are) doing business as: A DIVISION OF FORENSICS, 3414 W 75th ST., L.A., CA, 90007. Full name of registrant(s) is (are) BRANDON J DREW, 3414 W 75th ST., L.A., CA, 90043. This Business is conducted by: AN INDIVIDUAL. Signed: BRANDON J DREW. This statement was filed with the County Clerk of Los Angeles County on 12/19/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-309273
The following person(s) is (are) doing business as: TIRE PRINTS, 12574 MENDEL DR, GRANADA HILLS, CA, 91344; TIRE PRINTS, 12574 MENDEL DR, GRANADA HILLS, CA, 91344. Full name of registrant(s) is (are) BOOMYOUNG CORPORATION, 11017 SHOEMAKER AVE., SANTA FE SPRINGS, CA, 90670. Full name of registrant(s) is (are) BOOMYOUNG CORPORATION, 11017 SHOEMAKER AVE., SANTA FE SPRINGS, CA, 90670. This Business is conducted by: a Corporation. Signed: Registrant's Name and Title. This statement was filed with the County Clerk of Los Angeles County on 12/21/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-308669
The following person(s) is (are) doing business as: AZLAN I AUTO REGISTRATION SERVICE, 4276 E. OLYMPIC BLVD., STE A, L.A., CA, 90023. Full name of registrant(s) is (are) BOOMYOUNG CORPORATION, 11017 SHOEMAKER AVE., SANTA FE SPRINGS, CA, 90670. This Business is conducted by: AN INDIVIDUAL. Signed: RAMON VELAZCO CASTELLANOS. This statement was filed with the County Clerk of Los Angeles County on 12/21/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-309051
The following person(s) is (are) doing business as: CELESTINE S. ALVARADO, 1626 W. ESTHER ST., LONG BEACH, CA 90803. Mailing address: 2601 E. VICTORIA ST. SPC. 471, RANCHO DOMINGUEZ, CA 90220. Full name of registrant(s) is (are) SAM PARK, 2601 E. VICTORIA ST. SPC. 471, RANCHO DOMINGUEZ, CA 90220. This Business is conducted by: AN INDIVIDUAL. Signed: SAM PARK. This statement was filed with the County Clerk of Los Angeles County on 12/21/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-308920
The following person(s) is (are) doing business as: COSGEE SOFTWARE CONSULTING, 1255 S. LOS ROBLES AVE, UNIT 101, SANTA MONICA, CA 90401. Full name of registrant(s) is (are) ISAC AVRAM HILBURN, 1255 N. LOS ROBLES AVE. UNIT #4, PASADENA, CA 91104. This Business is conducted by: AN INDIVIDUAL. Signed: ISAC AVRAM HILBURN. This statement was filed with the County Clerk of Los Angeles County on 12/21/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/20/16. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-309205
The following person(s) is (are) doing business as: EKK MINI MARKET, 7513 S WESTERN, L.A., CA, 90047. Mailing address: 1358 W 71st, L.A., CA, 90044. Full name of registrant(s) is (are) MIY SWET LIA, 3007 GRANDIFLORAS RD, CANYON COUNTRY, CA, 91387. Full name of registrant(s) is (are) CAMILLE EPPS, 3007 GRANDIFLORAS RD, CANYON COUNTRY, CA, 91387. This Business is conducted by: AN INDIVIDUAL. Signed: Alexander Jacinto. This statement was filed with the County Clerk of Los Angeles County on 12/20/16. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-305591
The following person(s) is (are) doing business as: MORAST TRUCKING, 12710 BELHAVEN AVE., L.A., CA 90059. Full name of registrant(s) is (are) BENNY FRYE MORAST, 12710 BELHAVEN AVE., L.A., CA 90059. This Business is conducted by: AN INDIVIDUAL. Signed: BENNY FRYE MORAST. This statement was filed with the County Clerk of Los Angeles County on 12/16/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/19/96. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-305728
The following person(s) is (are) doing business as: FEI KITCHEN, 1517 STEVENS AVE. #C, SAN GABRIEL, CA 91776. This Business is conducted by: AN INDIVIDUAL. Signed: FEI ZHENG. This statement was filed with the County Clerk of Los Angeles County on 12/16/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News
Dates Pub: Dec. 24, 31, 2016, Jan. 07, 14, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2016-307126
The following person(s) is (are) doing business as: PLANET ENERGY SOUTH, CA, 6418 BOLLENBACHER DR, PICO RIVERA CA 90660. Full name of registrant(s) is (are) SILVIA ESCOBAR CASTRO, 6418 BOLLENBACHER DR, PICO

RIVERA, CA 90660. This Business is conducted by: AN INDIVIDUAL.

REJUVENATION CENTER, 18344 CLARK ST. #205, TAR, CA. 91356. FULL NAME OF REGISTRANT(S) IS MY ZEN APP. INC, 3562 ALANA DR. SHER, CA. 91403. THIS BUSINESS IS CONDUCTED BY: A CORPORATION, SIGNED: CHANNIE AMATO THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF LOS ANGELES COUNTY ON 11/18/16. THE REGISTRANT(S) HAS (HAVE) COMMENCED TO TRANSACT BUSINESS UNDER THE FICTITIOUS BUSINESS NAME OR NAMES LISTED ABOVE ON THE MIND BODY REJUVENATION CENTER. NOTICE- THIS FICTITIOUS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. THE FILING OF THIS STATEMENT DOES NOT OF ITSELF AUTHORIZE THE USE IN THIS STATE OF A FICTITIOUS BUSINESS NAME IN VIOLATION OF THE RIGHTS OF ANOTHER UNDER FEDERAL, STATE, OR COMMON LAW (SEE SECTION 14411 ET SEQ. BUSINESS AND PROFESSIONS CODE). PUBLISH: MOUNTAIN VIEWS NEWS ES DATES PUB: DEC. 3, 10, 17 AND 24, 2016

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 201628162

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: THE LEGAL SEAGULL, 3940 LAUREL CANYON BLVD. #1285, STUDIO CITY, CA. 91604. FULL NAME OF REGISTRANT(S) IS JUSTICE NAVIGATOR, LLC, 3940 LAUREL CANYON BLVD. #1285, STUDIO CITY, CA. 91604. THIS BUSINESS IS CONDUCTED BY: A LIMITED LIABILITY COMPANY, SIGNED: NEER LERNER THIS STATEMENT WAS FILED WITH THE COUNTY CLERK OF LOS ANGELES COUNTY ON 11/18/16. THE REGISTRANT(S) HAS (HAVE) COMMENCED TO TRANSACT BUSINESS UNDER THE FICTITIOUS BUSINESS NAME OR NAMES LISTED ABOVE ON THE LEGAL SEAGULL. NOTICE- THIS FICTITIOUS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. THE FILING OF THIS STATEMENT DOES NOT OF ITSELF AUTHORIZE THE USE IN THIS STATE OF A FICTITIOUS BUSINESS NAME IN VIOLATION OF THE RIGHTS OF ANOTHER UNDER FEDERAL, STATE, OR COMMON LAW (SEE SECTION 14411 ET SEQ. BUSINESS AND PROFESSIONS CODE). PUBLISH: MOUNTAIN VIEWS NEWS ES DATES PUB: DEC. 3, 10, 17, 24 AND 31, 2016

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NO. NS033071

TO ALL INTERESTED PERSONS: PETITIONER REGINALD EDMOND HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT – SOUTH JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name: REGINALD EDMOND Proposed Name: WAHEED RAMADAN AMID. A HEARING on the petition will be held on 12/29/2016 at 8:30 A.M. in Dept. S26 at 275 Magnolia, Long Beach, California, 90802. THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Mountain Views News
December 24, 31, 2016 and January 7, 14, 2017

REGINALD EDMOND
Petitioner Appearing Pro Per
1030 W. 253rd Street
Harbor City, Ca. 90710

NOTICE OF PETITION TO ADMINISTER ESTATE OF URSULA CSENTERY aka URSULA S. CSENTERY Case No. 16STPB06610

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of URSULA CSENTERY aka URSULA S. CSENTERY

A PETITION FOR PROBATE has been filed by Marc Csentery in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Marc Csentery be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 13, 2017 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
MAURICE ABADIA ESQ SBN 159766
LAW OFFICE OF MAURICE ABADIA
301 E COLORADO BLVD STE 616
PASADENA CA 91101
CN931639 CSENTERY Dec 17,24,31, 2016



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Happy, healthy New Year, everyone!



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It's a great time for new beginnings!

Kids: color stuff in!



Happy New Year, Everyone!

A happy, healthy New Year to you and your family.



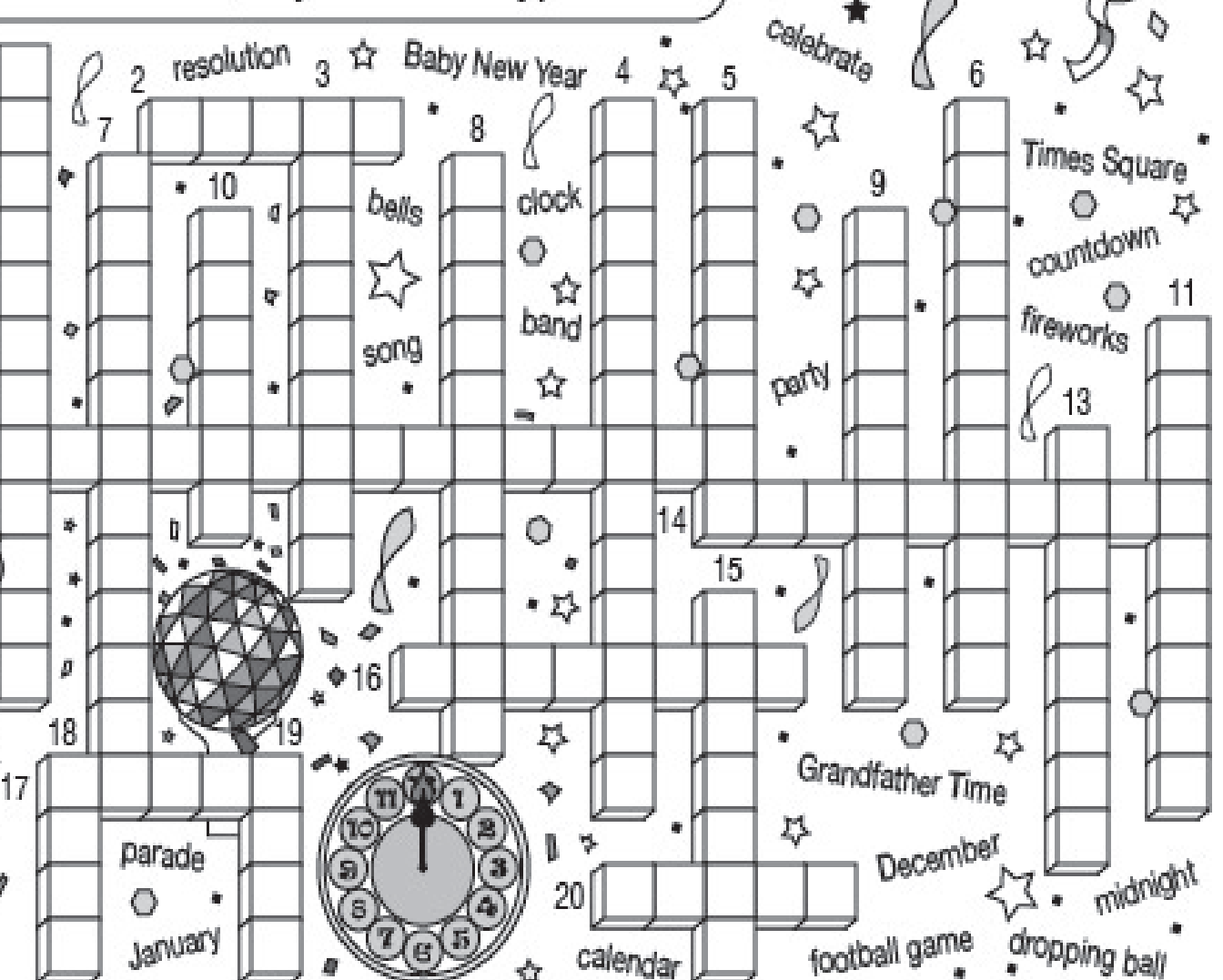
- falling, shining globe
- its hands tell us the time
- what we do when we gather at parties
- the new year can give us a clean slate
- last month of the old year
- the world's most famous New Year's party is held here
- the Rose Bowl is always played on New Year's Day
- when you see this infant, it means new beginnings
- explosions in the sky
- a march through the center of town
- 5, 4, 3, 2, 1
- old man, stands for the past year, history
- the exact moment when the old year becomes new
- a promise to yourself to change
- first month of the new year
- tool to keep track of dates in the new year
- these 'ring in' the new year
- group of people playing instruments
- Auld Lang Syne is a very popular one
- great time had by friends, family with music and food

I love celebrating on New Year's Eve and Day! I decorate, bake and make little snacks for my family's party. I write a short list of my *resolutions* – promises and ideas for little changes that I can work on – and then welcome in the New Year at midnight.

What do you like best about the New Year? Read my clues to fill in my puzzle:

I'm full of energy and raring to go!

Whew! I'm tired and ready to go.



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TOURS 10:30-11:30am (RSVP Required)

October 6, 11, 13, 18, & 20

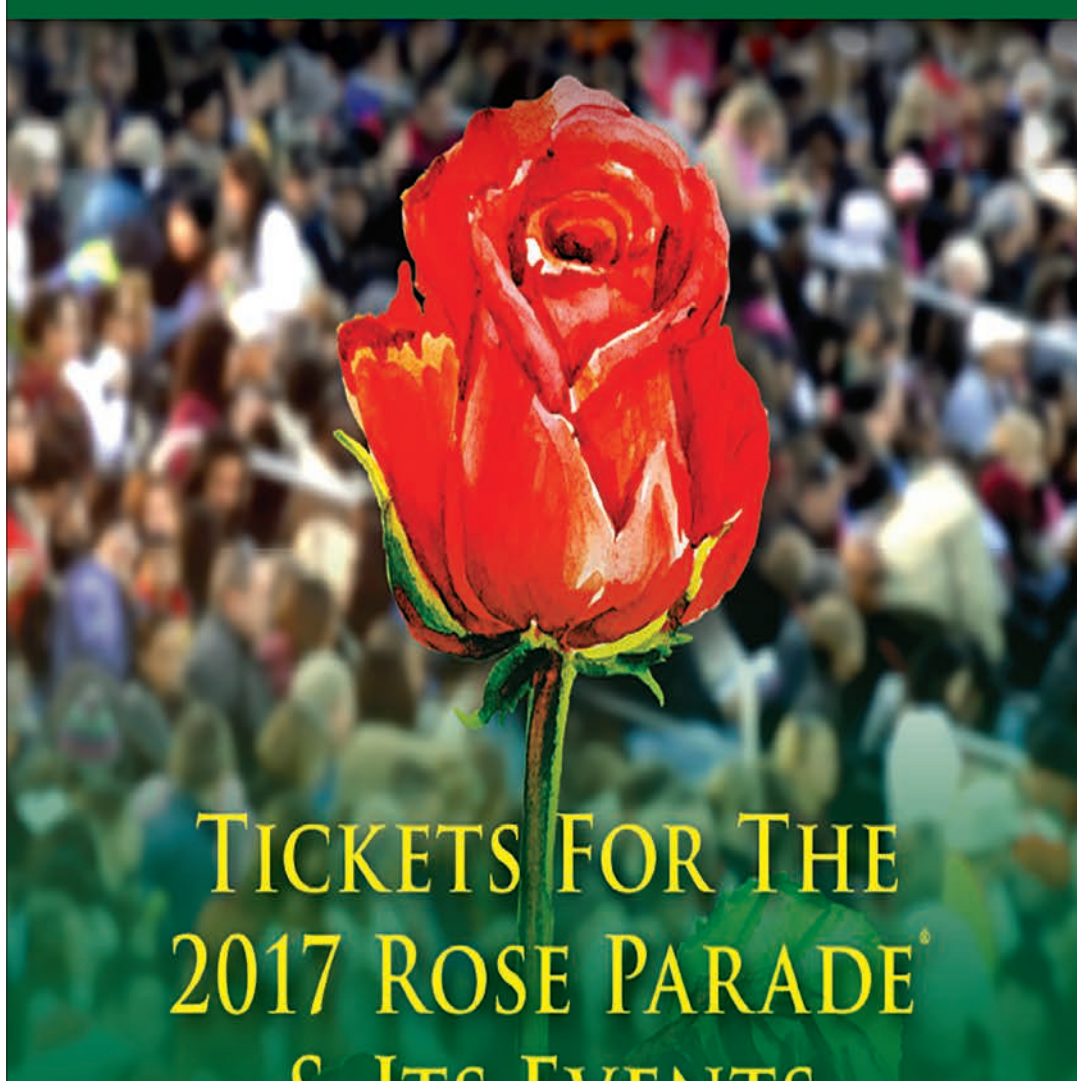
November 1, 8, & 10

December 1, 6, 8, & 13

January 10 & 12

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97 E. Highland #C SIERRA MADRE
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Tri-level 3BR/2BA townhome with comforts of a single family residence. Near downtown Sierra Madre. Living Room has cathedral ceilings, rock fireplace w/wood mantel and plantation shutters. Dining room/family room overlook the living room. Small yard perfect for small pet.

499 W. Sierra Madre Blvd. #B SIERRA MADRE
\$559,000
2-story 2BR/3BA townhouse w/double door entry. Large LR has gas fireplace, high ceilings, DR with skylight, wet bar. Spacious private patio. Kitchen has walk-in pantry & direct access to attached 2-car garage. Master BR has dual closets, vaulted ceilings, built-in book shelves, slate hearth fireplace, & skylight. 2nd BR has large windows and sliding glass door to spacious patio.


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Janette Ledea
Realtor/Consultant E-Pro, GRI, and CDPE
Seniors Real Estate Specialist

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Sierra Madre Osteoporosis Group (SMOG)

Dr. Kenneth C. Howayek
Health Success Educator, Author,
and Retired, Board Certified Foot
& Ankle Surgeon

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EVENT DETAILS
2ND WEDNESDAY OF EACH MONTH
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