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*Proceeds will help fund the Creative Arts Group "Imagine Art Program" benefiting the students of Sierra Madre Elementary School and other youth activities.

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SIERRA MADRE'S NEW POLICE CHIEF-JOE ORTIZ



City Hall was packed to capacity on Wednesday night when Sierra Madre honored its 47th Police Chief, Joe Ortiz. The audience was filled with supporters of Chief Ortiz including former SMPD Chiefs (retired) Larry Giannone and Marilyn Diaz and members of the LA County Sheriff's Department, the SMPD and SMPD Volunteers, the Arcadia, Monrovia, Azusa, El Monte, Pasadena, Alhambra, Glendora and South Pasadena Police Departments and the Sierra Madre community witnessed the swearing in of Ortiz. The Honorable Judge Donna Hollingsworth administered the Oath of Office. Newly appointed Captain Donna Cayson was the MC for the evening.

City Manager Gabe Engeland welcomed the Chief to his new position and Ortiz was 'pinned' by his wife Shawna and sons Dillan and Damien (pictured above). Monsignor Richard Krekelberg, Pastor of St. Rita Church in Sierra Madre provided the Invocation.

Chief Ortiz received a standing ovation at the end of his remarks, the biggest hug and welcome a community could give!

MVNews/ Photos By Dave Felt (above) and City of Sierra Madre



4TH OF JULY CELEBRATION PROCEEDS KEY IN HISTORIC HEASLEY FIELD RENOVATION



Every year at this time, the top Baseball and Softball teams from many neighboring cities come to our treasured Heasley Field for playoffs. This year they have been noticing something bigger than the delicious burgers at the Heasley Diner (supplied by Taylor's).

Through the Winter and Spring, the new Sierra Madre Little League board invested nearly \$50,000 to upgrade Heasley to Major League standards.

"For generations Heasley has been a regional destination," SMLL President Noka Aldoroty offered, "not only during the regular season but for many leagues over the course of each year. It was with huge pride in Sierra Madre, and memories made at Heasley for over 100,000 annual visitors, that we committed to these aggressive investments, and to raise the extra money to subsidize them."

Sources of these funds include popular new Heasley and Little League apparel designed by Clauson Arts, a Methodist Hospital, and the Darlas, Nolan and Peterson Families operating the busy Heasley Diner formerly run by Lisa Carlson.

Many locals are also unaware that the famous Sierra Madre Beer Garden, held every July 3rd at Memorial Park as part of the massive family celebration, is the biggest annual benefit for SMLL. The producer of this event is the "Friends of Sierra Madre Little League", a division of the SM Civic Club, who donates the majority of proceeds from this event to SMLL.

"We are reaching out to make sure everyone possible stays in town for Independence day festivities, from the Beer Garden July 3 through the parade on July 4," says Beer Garden committee chair Russ Meek. "These are the biggest events anywhere East of the Rose Bowl, and it is so special to be involved during our town's proudest hours. Helping throw these events has become its own fun tradition for many locals, so we welcome new faces to join this great team."

Russ Meek, Beer Garden Event Chair, 626.827.5011 / bestwinela@gmail.com

4TH OF JULY GRAND MARSHAL NAMED



The volunteers of the Sierra Madre 4th of July Committee are pleased and excited to announce that the 2017 Fourth of July Parade Grand Marshal will be Sierra Madre's very own Derek Podrebarac.

"The Grand Marshal is a person or persons whose efforts over a long period of time has been beneficial to the community of Sierra Madre. The title of Grand Marshal is intended to honor a person or persons' volume of work, dedication and overall enhancements to our community." Derek is an inspiring leader and volunteer and has demonstrated time and time again he is the Spirit of Sierra Madre, giving every time he can.

Derek Podrebarac who has spent the last 17 years calling Sierra Madre home with his family grew up in the San Gabriel Valley, born in Pasadena, growing up in La Crescenta, living in South Pasadena and Monrovia and then Sierra Madre. Derek exemplifies what it means to be a true Sierra Madread through his passion for giving back to his community. In addition to his position as a Real Estate Agent for Podley Properties, the impacts of Derek's volunteer efforts are felt throughout numerous organizations. He is frequent volunteer at Children's Hospital Los Angeles, regularly giving blood to save the lives of those who rely upon his rare blood type. A tireless advocate for others in need, Derek volunteers for Habitat for Humanity, having previously used his vacation time to help rebuild homes in the aftermath of Hurricane Katrina, and more recently Habitat for Humanity projects in Mississippi. He has generously donated his time to homeless shelters in Pasadena, and is an active leader in his local church. Derek's passion for baseball has led him to become a devoted leader with Sierra Madre Little League, having coached and managed baseball teams in the league for the past 7 years, often contributing his talents and energy to multiple teams and age groups simultaneously.

continued on page 3

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Tues:	Ptly Cldy	Hi 70s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR May 23, 2017
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, May 23, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
May 23, 2017 at 6:30 pm

Planning Commission
May 18, 2017 at 7:00 pm

June 1, 2017 at 7:00 pm

Community Service Commission
May 15, 2017 at 6:30 pm

Senior Community Commission
June 1, 2017 at 3:00 pm

Library Board of Trustees
May 24, 2017 at 7:00 pm

Energy, Environment, and Natural Resource Committee
May 17, 2017 at 7:00 pm



THE SIERRA MADRE KIWANIS CLUB

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WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH.

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Proceeds Support SMWC's Spring Scholarships

FIVE LOCAL STUDENT WIN EDUCATION AWARDS FROM SIERRA MADRE CIVIC CLUB

After much deliberation five local Sierra Madre graduating seniors have each won an Education Award given by the Sierra Madre Civic Club at their May 9th meeting at the Hart House in Memorial Park. The recipients include Elijah Griffin from La Salle High School, Erica Whiting from Pasadena High School, Aidan Crochietiere from Polytechnic, Katie Stapenhorst from Polytechnic, and Axel Tanner from Pasadena High School. All five of these award recipients were presented to the ladies of the Sierra Madre Civic Club on Thursday night as their families watched the ceremonies. Each child had personal information presented about them including their plans for the future and received their stipends.

2017 PHILANTHROPIES FUNDED BY THE SIERRA MADRE CIVIC CLUB

At the Sierra Madre Civic Club's May 9th meeting the philanthropies that will be funded for the 2017 year were announced. Funds were raised over the last year from a variety of fund raisers including the Concert in the Park, Confetti Eggs sales for the Fourth of July, The Community Garage Sale, the Shoppe that sells hand-made items the weekend after Thanksgiving in Kersting Court, recycled cans, bottles and ink cartridges, and the "Welcome Spring" Fundraising Luncheon held on April 22 at St Rita's church. By the end of the evening well over \$20,000 had been given back to the community including the funds for the Education Awards presented that same evening to deserving high school seniors. The actual presentations of the funding will take place at the City Council meeting on May 23rd at 6:30 pm, as each philanthropy will be receiving their check.

A NEW SLATE OF OFFICERS FOR THE SIERRA MADRE CIVIC CLUB 2017-18.

Following the announcement of the Educational Award recipients and the philanthropy grants the 2017-18 Civic Club Board was elected. The new officers are Jane Zamanzadeh, president, Jeanne Martin first vice-president. Geri Wright, second vice-president, Virginia Mullaney and Pat Krok co-third vice-presidents, Sharon Murphy, recording secretary, Sue Quinn (Correspondence), Judie Cimino (Website), and Alice Clark (Newsletter) tri chairs for communications secretary, Darlene Traxler, treasurer, and Judie Cimino, Parliamentarian. These officers will be installed at the Installation dinner to be held at Raffi's Restaurant on May 18.

The Sierra Madre Civic Club is a civic and philanthropic organization. We meet the second Thursday of every month at 7:30 in the Hart Park House.

SIERRA MADRE 4TH OF JULY PARADE ENTRIES OPEN NOW!

Parade Registration is also OPEN now through June 1. If you'd like to enter this hometown event, as an organization or business or individual group featuring community members, organizations, classic cars, a marching band, kids on their decorated bikes and so much more. Join us for the 2017 parade on July 4, from 10:00am - 12:00 pm. The parade route will begin at the corner of Sierra Madre Blvd. and Sunnyside Avenue, and will travel the length of Sierra Madre Blvd. to Sierra Vista Park.

Parade participation is open to all; young, young-at-heart, and everything in between. There is NO FEE to participate in the parade thanks to Official Sponsor of the 2017 Parade a The Kensington. The Kensington-Sierra Madre is an assisted living and memory care residence in the heart of Sierra Madre. The committee and community join us in thanking them for their partnership this year as we work together to bring the community and outstanding All-American Celebration.

Parade registration is now open and all applications must be submitted by Thursday, June 1st. Due to staging concerns, no late entries will be accepted. Please make sure to fill out all fields and hit the submit button!

For questions regarding parade registration please contact the 4th of July Committee at 4thofjulysiemramadre@gmail.com or the Community Services Department at 626.355.7135

Remember that registration closes June 1st. Due to staging concerns, no late entries will be accepted.

To register visit our website at <https://sierramadre4thofjuly.wordpress.com/>

For more information on all of the 4th of July Festivities, please visit www.sierramadre4thofjuly.com.



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Mosaics

**Sunday, June 4, 1:00-5:00pm
Sunday, June 11, 1:00-4:00pm**
Learn the pique assiette style of mosaics and create a garden sculpture using a variety of recycled materials.

Register online, by phone or in person

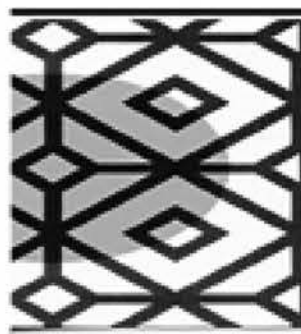
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Local Area News Briefs

Pasadena Man Gets 9 Years in Federal Prison for Child Porn

US Department of Justice officials announced Tuesday that a Pasadena resident has been sentenced to nine years in federal prison for distributing child pornography over a peer-to-peer file-sharing network.

Michael Brian Perry, 38, was sentenced on Monday by United States District Judge Otis D. Wright II.

Perry pleaded guilty on February 15 to one count of distribution of child pornography. In a plea agreement filed in court, Perry admitted that in October 2014 he "used peer-to-peer software on his computer hard drive to knowingly share with other peer-to-peer user files that defendant knew contained visual depictions of minors engaged in sexually explicit conduct."

Perry was convicted as part of Operation "Wide Net," an investigation conducted by the Los Angeles Internet Crimes Against Children (ICAC) Task Force.

Stolen Sheriff's Vehicle Recovered in Pasadena

Officers from the Pasadena Police Department recovered a stolen Sheriff's vehicle Wednesday around 5:00 a.m., in the 100 block of West California Street.

A man, sleeping inside the vehicle, was taken into custody.

According to police on Sunday, at approximately 5:30 a.m., a 2016 Dodge Charger belonging to the L.A. County Sheriff's was stolen from an Alhambra Dodge dealership, located at 1100 W. Main St., Alhambra.

The vehicle was equipped with an emergency light package and a Los Angeles County Sheriff's Department radio. There were no weapons or other emergency equipment inside the vehicle.

Pet of the Week



Mellow (A962838) is a 3-year-old, neutered male, black cat with adorable white spots on his chin and chest. When you approach him, Mellow rushes to the front of his kennel to say hello before happily accepting as many head rubs and pets as you'll give him. This sweet boy truly lives up to his name. Mellow's previous owner reports that he is a calm kitty who makes a great lap cat.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A962838, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



Caltech Geology Celebrates 90 Years

By Dean Lee

Caltech's Division of Geological and Planetary Sciences (GPS) celebrated their 90th anniversary Thursday with an event that featured those contributing to the division throughout its history—including 100-year-old Geologist Mel Levet (pictured cutting cake) who graduated from the department in 1940.

"When I graduated I got into very basic geology, I was a roustabout for an oil company digging ditches, literally," Levet said. "Then I went into

the service [military] and then came back working in a technical oilfield services company and then Standard Oil, now Chevron, as a research geologist."

John Grotzinger, Chair of the Division of GPS (pictured lower, far right) said that it was because of alumni like Levet that they celebrated the occasion.

"We have two people [alumni] that are 100 this year, so that makes it special," he said. "Caltech is a place where modern seismology was invented... and then back in 1960s here, the merger of chemistry with geology occurred... the Apollo mission returned the first [rock] samples from another planet, the moon they were studied here... that gave birth to cosmochemistry."

He said they also had two faculty members this year that



received a MacArthur 'genius' prize, both in geobiology, another field the department pioneered.

GPS began as the Department of Geology in 1926. The department originally partnered with the then-independent Seismological Laboratory, which was established in 1921 in the hills above Pasadena and managed jointly by Caltech and the Carnegie Institution of Washington until Caltech took full charge of its administration in 1937 Grotzinger said.

Police Seek Stolen Truck with Firearm, Police Gear

The Pasadena Police Department is asking for the public's help locating a stolen vehicle containing a semi-automatic firearm.

According to police, Wednesday, between 4:15 p.m. and 6:15 p.m., a white, 2000 Ford F250 crew cab pick-up with a matching camper shell (pictured above), California license plate number 6J54905, was stolen from the 1100 block of Rosemont Avenue in the City of Pasadena.

Police said, the vehicle, owned by a Pasadena Police Department reserve police officer, contained a semi-automatic handgun and other law enforcement equipment to include a duty belt (no radio), ballistic helmet, ballistic vest, gas mask, and ammunition.

Anyone that has information regarding the theft, or sees the vehicle is asked to contact



law enforcement immediately. Police also reminded the community that persons leaving a handgun in an unattended vehicle are required to secure the handgun in a locked container out of plain view or in the vehicle's locked trunk.

The department said they are reviewing whether the handgun was properly secured at the time of the theft.

Anyone who may have information is encouraged to call the Police Department at (626) 744-4241. Or anonymously by calling "Crime Stoppers" by dialing (800) 222-TIPS (8477).

ALTADENA POLICE BLOTTER

Sunday, April 30th

11:15 AM – A grand theft by false pretenses occurred in the 2300 block of New York Drive. Stolen: gift cards.

10:30 PM – A vehicle vandalism occurred in the 1400 block of Valencia Avenue. Damage: scratches on doors.

Monday, May 1st

1:00 PM – A vehicle burglary occurred in the 1700 block of N. Altadena Drive. Suspect(s) entered the vehicle by punching the door lock. Stolen: credit cards and currency.

3:00 PM – A vandalism occurred in the 2600 block of Glenrose Avenue. Damage: wall spray painted.

7:45 PM – An attempted theft from an unlocked vehicle occurred in the 400 block of W. Palm Street. Suspect described as a male, 18 to 20 years old, 6 feet and 180 pounds.

10:00 PM – A vandalism occurred in the 2900 block of El Nido Drive. Damage: windows, phones, and light fixtures.

Tuesday, May 2nd

9:00 PM – A petty theft from an unlocked vehicle occurred in the 300 block of Buena Loma Drive. Stolen: black Adidas gym bag, Adidas sweatshirt, sweatpants, brown leather shoes, red pants, black pants and bag containing toiletries.

Wednesday, May 3rd

1:44 PM – A residential burglary occurred in the 3400 block of N. Marengo Avenue. Suspect(s) entered the residence by removing the window screen. Stolen: rose gold Hamilton watch and titanium Breitling watch.

3:45 PM – Jamaul Harvey, 34 years old of Pasadena and Cesar Barragan, 27 years old of Altadena were arrested in the 2300 block of Pine Crest Drive for vehicle burglary. Items recovered: landscaping equipment.

7:24 PM – A vehicle was reported stolen from the 2100

block of Lincoln Avenue. Vehicle stolen: silver 1997 Honda Accord 4-door.

8:15 PM – A commercial burglary occurred in the 2900 block of El Nido Drive. Suspect(s) entered the location via the unsecured window. Stolen: laptop.

Thursday, May 4th

11:00 AM – A vehicle burglary occurred in the 2100 block of Lincoln Avenue. Suspect(s) entered the vehicle by shattering the window. Stolen: DJ stabilizer, DJ light, Fovitec lights, and wallet.

11:07 AM – A vehicle was reported stolen from the 100 block of W. Harriet Street. Vehicle stolen: silver 2008 Honda Civic 4-door.

9:45 PM – Tywon Johnson, 28 years old of Altadena was arrested in the 2100 block of N. Raymond Avenue for battery.

Friday, May 5th

3:30 PM – A trailer was reported stolen from the 2300 block of Lincoln Avenue. Trailer stolen: 1990 white and orange U-Haul trailer.

5:14 PM – A residential burglary occurred in the 2900 block of Reposa Lane. Suspect(s) entered the residence by shattering the glass door. Stolen: white gold ring and white gold tennis bracelet.

8:00 PM – Malcolm Buchanan, 23 years old of Duarte was arrested in the 3600 block of Fair Oaks Avenue for assault with a deadly weapon.

9:00 PM – A strong arm robbery occurred in the 3000 block of Lincoln Avenue. Suspect has been identified as a male juvenile.

Saturday, May 6th

4:30 PM – A petty theft from a vehicle occurred in the 2000 block of Glenrose Avenue. Stolen: catalytic converter.

8:45 PM – A petty theft from a vehicle occurred in the 200 block of Crosby Street. Stolen: catalytic converter.

Celebrate Mother's Day at the Historic Castle Green

Take a step back in time for the Mother's Day Tour Sunday, from 1:00 until 5:00 p.m., of the historic Castle Green including the original Moorish, Turkish and Victorian style salons, and visit many private apartments, each uniquely decorated and as individual as the residents. See the progress on the interior restoration of the bridge once known as Promenade Hall. Watch artist Yoshiko Yamamoto printing her new Castle Green woodblock print.

Mother's Day at the Castle GreenTour \$30 per person, \$35 on tour day at the gate after 1:00 p.m.

A complimentary Mother's Day photo of your group in included.

Tour and Tea Combo \$85 per person, noon seating.

Come early and enjoy a full service sit-down tea in the Ballroom complete with classic tea sandwiches, salad, scones, pastries, dessert, seasonal tea and a keepsake for Mom.

Presented by Tea Rose Garden and Perfect Equation Catering. Advanced reservations required.

Reserve tickets online at Brown Paper Tickets. All proceeds benefit the ongoing restoration of the Castle Green.

Please note the antique elevator will not be in service during the event. We are disabled accessible in all rooms of the first floor including tea service, restrooms, sunroom, Grand Salon, Moorish and Turkish rooms, lobby, library and ballroom as well as front veranda and lawn. A ramp is located via the back driveway.

The Castle Green is located at 99 South Raymond Avenue in Old Pasadena. Gates open at 1:00 p.m. You can arrive at your convenience through 5:00 p.m. Tickets available day of at the gate.

For further information call (626) 824-8482 or email contact@friendsofcastlegreen.org.



Castle Green

Art Takeover of Old Pasadena is Calling for Submissions

Old Pasadena Management District is seeking submissions from artists for BoldPas, a one-day "art takeover" of historic Old Pasadena. The event is designed to build public awareness of Old Pasadena's unique urban and historic spaces and to encourage visitors to enjoy the space, history, and character of the district. The installations will be large-scale, site-specific,

and public installations; they should be community friendly and showcase color, fun, surprise, and playfulness.

Art takeover will take place Saturday, August 12 – one day only—throughout historic Old Pasadena

The application deadline is Tuesday, May 30. To apply or for more information visit oldpasadena.org/boldpas.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in February at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations.

Smart Phones, Tablets and Computers – Tuesdays and Thursdays to May 25, at 10 a.m. Get the answers you need about personal technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail set an alarm, navigate the Internet and download apps is easier than you may think!

A Toast to the Joys of Music – Tuesdays to May 30, from 9:30 to 11:30 a.m. Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Scenic Walkers Club – Wednesdays to May 17, at 10 a.m. Enjoy a series of leisurely walks in the great outdoors. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. For more information or to sign up call 626-221-3741.

Domino Club – Thursdays, to May 25, at 1 p.m. If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday... it may be contagious! For more information call Vicki at 928-478-4654.

Friday Movie Matinees – 1 p.m. Everyone enjoys movies and the pleasures they bring. May 19: "How to Marry a Millionaire" (1953, NR) starring Marilyn Monroe and Lauren Bacall. Three fashion models of modest means rent an expensive Manhattan penthouse apartment and

pretend to be wealthy so they can snare rich husbands.

A Matter of Balance – Tuesdays and Thursdays, to May 23, from 1 to 3 p.m. Are you concerned about falling? Learn how to reduce the fear of falling and increase balance and activity levels during this interactive workshop that combines discussion, video and exercise. Reservations are required: 626-685-6732.

Stroke Awareness – Thursday, May 18, at 10 a.m. Stroke-related prevention, treatment and rehabilitation can be successful only when patients do their part. Learn what to do to protect yourself from strokes and recover from a stroke.

California Health Fair – Friday, May 19, from 9 to 11 a.m. Services include glucose, blood pressure and hearing screenings as well as counseling and health/community resources. Bring your list of medications, doctors and emergency contacts for a free personal identification card sponsored by New York Life. Representatives from Cancer Support Community Pasadena will provide information about psychosocial support for individuals and families impacted by cancer, Life Line will offer materials about free cell phones for low-income seniors and Clear Captions will be on hand with information about free phones for hearing-impaired seniors. For more information call 626-685-6732.

UCLA Memory Training – Thursdays, to June 1, from 1 to 3 p.m. UCLA Memory Training is an innovative education program for people with age-related memory concerns. This four-week workshop will focus on the top four concerns: forgetting names and faces, forgetting to keep appointments and other future plans, forgetting where you put things such as keys and eyeglasses, and overcoming tip-of-the-tongue forgetfulness. Participants will engage in memory quizzes and skill-building exercises through small-group discussions in a low-stress environment. Reservations are required by calling 626-685-6732.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

INCIDENT: GRAND THEFT / EVADING / GRAND THEFT VEHICLE

On Thursday, May 11, 2017, at about 6:39 p.m., Arcadia Police Officers were dispatched to the 1600 block of Holly Avenue on a GPS package theft activation. Officers tracked the package to a parking lot in the city of Hacienda Heights. Upon arrival, a suspect vehicle was located which led officers on a vehicle pursuit. The pursuit was terminated for safety reasons; however another agency assumed the pursuit, which terminated in the 8600 block of Garfield Avenue in the city of South Gate. Arcadia officers arrived at that location and with the assistance of multiple agencies, took



the suspect into custody without incident. The driver was arrested and identified as Christopher Cook, 27 years old, of La Mirada. Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5156, case #17-2480. If you prefer to provide information anonymously, you may call “Crime Stoppers” by dialing (800) 222-TIPS (8477), use your smartphone by downloading the “P3 Tips” Mobile APP on Google play or the Apple App Store or by using the website <http://lacrimestoppers.org>.

TASTE OF ARCADIA

The Arcadia Chamber of Commerce in collaboration with venue host Los Angeles County Arboretum and Botanical Gardens will be hosting its 14th annual Taste of Arcadia on September 25, 2017. Arcadia’s big annual exhibition, which has aptly become known as “The Taste,” is a chance for the local community to sample from 45 different food and drink vendors as well as peruse the Business Showcase which consist of 40 business vendors offering a wealth of freebies, sales and special opportunities. Tickets are currently on sale: 1 for \$50 or 2 for \$80. Please contact the Arcadia Chamber of Commerce at (626) 447-2159 for more information or visit their website www.ArcadiaCaChamber.org



CANCER IMMUNOTHERAPY

Arcadia Senior Services in partnership with Methodist Hospital is having a free health presentation on Tuesday, May 23 at 1:30pm. This lecture will take place at the Arcadia Community Center at 365 Campus Drive. Dr. Daniel H. Kim, Radiation Oncologist, will discuss recent advances in cancer immunotherapy which have been called “game changers” and a turning point in the fight against cancer. Dr. Kim will highlight some of the major breakthroughs, and limitations, as well as future directions for this new exciting medical advancement. If interested in attending please call the Arcadia Community Center at 626.574.5130. This program is for individuals age 50 and over.

About the City of Arcadia Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the “Community of Homes” and has twice been designated the “Best City in California in which to Raise Kids” by Business Week Magazine.

ARCADIA POLICE BLOTTER

For the period of Sunday, April 30th, through Saturday, May 6th, the Police Department responded to 1,066 calls for service, of which 121 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 30: Shortly before 11:34 a.m., an officer responded to 7-Eleven, 102 East Huntington Drive, regarding a robbery report. The officer discovered the suspect, who visits the store regularly, concealed merchandise, and exited the store, failing to make payment. On this occasion, an employee blocked the suspects exit path causing the suspect to push the clerk out of his way. The suspect then fled with the stolen property. Officers identified, located, and arrested the 58-year-old male transient of Arcadia and transported him to the Arcadia City Jail for booking. Around 11:31 p.m., an officer responded to an office complex in the 300 block of North Santa Anita Avenue regarding a commercial burglary report. An investigation revealed an unknown suspect kicked in the door to two offices in the complex and fled undetected with a laptop. The investigation is ongoing.

Monday, May 1: At approximately 8:06 a.m., an officer responded to a residence in the 500 block of Los Altos Avenue regarding a vehicle burglary report. The officer determined an unknown suspect entered the unlocked vehicle and stole tennis equipment, the victim’s vehicle registration, and an article of clothing. No suspects were seen and no witnesses were located. Just after 9:39 p.m., an officer responded to a residence in the 2400 block of South Sixth Avenue regarding a burglary report. An investigation revealed unknown suspect(s) shattered a rear bedroom window, ransacked the residence, and fled with a guitar, suitcase, and a cellphone. No suspects were seen and no witnesses were located.

Tuesday, May 2: Around 12:04 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding the activation of an Arcadia Police Department GPS tracker attached to a bicycle. Officers located a 37-year-old male from Los Angeles in possession of the stolen bicycle. He was arrested and transported to the Arcadia City Jail for booking. Just before 5:09 p.m., an officer responded to the front counter of the Arcadia Police Department regarding a threat report. The victim stated she received threatening text messages from her boyfriend’s wife. The suspect is a 29-year-old female from Bradbury. The investigation is ongoing.

Wednesday, May 3: Shortly after 3:17 a.m., an officer responded to the 500 block of West Huntington Drive regarding suspicious suspects loitering in the area. A witness stated three suspects were seen opening a mailbox before walking to their vehicle with mail in their hands. Suspect 1 is described as a heavy set Hispanic female in

her 20’s. The other two suspects are described as having thick Spanish accents. The investigation is ongoing. At about 6:29 a.m., officers responded to AU 79 Tea House, 815 West Naomi Avenue, regarding a burglary alarm activation. An investigation revealed Arcadia Fire responded to a fire at the business and tripped the alarm. The fire spread to a secondary business, The Barn, before it was extinguished. The cause of the fire is under investigation by the Arcadia Fire Department.

Thursday, May 4: At approximately 8:31 a.m., an officer responded to a residence in the 2300 block of Ivyland Avenue regarding a fraud report. The officer discovered an unknown suspect charged 20 fraudulent transactions, each for \$50.00, to MailChimp.com on April 5th to the victim’s Sam’s Club credit card. The victim does not know how the suspect obtained her personal information as she maintained possession of the credit card. The investigation is ongoing. Around 12:44 p.m., an officer responded to the intersection of California Avenue and Longden Avenue regarding the activation of an Arcadia Police Department GPS tracking device. An investigation revealed a 37-year-old male from Los Angeles and a 32-year-old female from Arcadia were in possession of the stolen package, tracking device, and property. Both suspects were arrested and transported to the Arcadia City Jail for booking.

At about 8:28 p.m., an officer responded to a residence in the 400 block of Stanford Drive regarding a suspicious circumstances report. The reporting party stated his address on the curb had been scraped off and the suspect(s) left behind a metal scraper. The reporting party did not witness the incident; however, during the time the crime occurred, he saw a white or tan, late model 4-door vehicle parked in front of his residence occupied by a male driver, possibly Hispanic, and a passenger with long hair. The investigation is ongoing.

Friday, May 5: Just before 9:26 a.m., an officer responded to LA Fitness, 1325 South Baldwin Avenue, regarding a commercial burglary report. The officer discovered an unknown suspect broke into two secured lockers in the men’s locker room and fled with both victims’ phones and cash. No suspects were seen and no witnesses were located. Shortly after 3:13 p.m., an officer responded to a residence in the 600 block of Gloria Road regarding a burglary report. An investigation revealed unknown suspects smashed a bedroom window, ransacked the bedroom, and fled undetected. The loss is unknown at the time of this report and the investigation is ongoing. At about 9:33 p.m., an officer was informed of a nearby stolen vehicle that the Los Angeles County Sheriff Department was in search of. The officer located the vehicle and initiated a traffic stop in the area of Santa Anita Avenue and Lower Azusa Road. A 29-year-old male from Azusa was arrested and transported to the Arcadia City Jail for booking. He also had an outstanding felony no-bail warrant.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

THE MONROVIA-ARCADIA-DUARTE TOWN COUNCIL

By Joan Schmidt
HISTORY: In Dec., 1992, after deputies were shot at Temple Station Cpt. Mirabella called a community meeting to introduce deputies, and residents voiced their concerns/problems. Supervisor Antonovich’s Field Deputy Sarah Flores attended. At a second meeting, a Sun Village Town Council Member explained their formation. Cpt. Mirabella asked Joan to nominate David Hall as Chairperson of the Town Council Formation Committee which met every week from Mar-June, 1993. After an “election workshop”, newspapers were contacted, solicited candidates, and held a candidate forum. The election was held, and the seven winners were featured in various newspapers. Antonovich swore in the first Council Members. Then he held a breakfast meeting to introduce the Town Council Members to the Arcadia, Monrovia and Duarte City Council Members. At a later meeting, Antonovich introduced the Community Development Commission which brought Habitat for Humanity to the community.
FUNCTIONS: The MADTC is basically the liaison between residents, Temple Sheriff’s Station, and various county agencies. As facilitators, residents brief us with their problems/concerns. Previously, NO County TRANSIT service whatsoever existed. Now county funding provides all three unincorporated areas- Monrovia, Duarte, and Arcadia with “Monrovia Transit”. For 25 years a problem existed in South Arcadia. MADTC alerted LASD, Antonovich and Traffic and Lighting. Now a stop sign is at Daines/ Tyler Avenues. On Longden, Arcadia Baseball League’s parking blocked views. After MADTC contact, red curbs were extended. At Pamela Park, bathroom stalls had no doors so the Department of Parks and Recreation was contacted, and doors appeared in three days! People attend the Town Council Meetings and can bring ANY issue. MADTC will contact the agency who can assist them.
SOME MAJOR EVENTS SINCE OUR INCEPTION:
* An annual March Against Gangs and



Drugs with LASD and CHP.
* Youth Appreciation Day at Pamela Park.
* July 4th Mayflower Village Parade- Certificates for community members.
* Recognition of LASD/CHP Personnel at Town Council Meetings: Certificates from MADTC and local dignitaries.
* Station Square Concerts with Monrovia City Council.
COMMUNITY INVOLVEMENT:
* Reyna Diaz, Duarte School Board President; Terrence Williams, Monrovia School Board Vice President,
* Selection Committee Members for the Duarte Habitat for Humanity Houses, Duarte Education Foundation, Duarte Kiwanis, Friends of Duarte and Live Oak Libraries
* Temple Station Community Advisory Committee, Gang Advisory Committee, Community Mediation Committee.
* LASD City Council Academy, Department of Defense Anti-Hate Crime Conference, “Know gangs, No Gangs” Seminar on Asian Gangs.
* David Hall and Terrence Williams, Elders at their Churches.
* David Hall, NAACP President.
* Linda Sells, John Nicoloro, New Building for Live Oak Library
* Attendance at annual Veterans Fair and Veteran Events.
* Work closely with Monrovia City Council and Chamber of Commerce to establish a good rapport and working relationship with the City.
* With grant from So CA Edison and LASD, Provided CERT Training at All Nations Church.
WE ARE NOT UNIQUE! THERE ARE SEVERAL TOWN COUNCILS IN SUPERVISOR BARGERS’ DISTRICT.
Meeting Locations-
• All Nations Church 1948 Peck Rd. Monrovia: Jan, Apr, Jul, Oct
• Annunciation Hall 1307 E. Longden Arcadia: Feb, May, Aug, Nov
• Pamela Park 2236 Goodall, Duarte: Mar, Jun, Sept, Dec
SEE YOU WEDNESDAY, May 17, 7pm, Annunciation Church Hall, 1307 E Longden Ave. Arcadia

From The City Manager’s Report: WHY THE CITY UTILIZED DIFFERENT STREET REPAIRS FOR VARIOUS ROADS AS PART OF THE MONROVIA RENEWAL PROJECT

Recently, the City has received questions asking why we have implemented different repair techniques for various streets from throughout town. For example, some streets have been totally reconstructed, and other streets have been maintained using a treatment known as a cape seal. Still other streets will be slurry sealed. A natural question to ask is why! As part of the City’s overall Monrovia Renewal project – which is a \$51.7 million infrastructure improvement initiative aimed at making priority repairs to our road, sidewalk, water system, and sewer system infrastructure – we developed the overall program by combining the results of a street master plan, water system master plan, and sewer system master plan. Regarding the street master plan specifically, it was established utilizing the Pavement Condition Index (PCI) of every street in town. The PCI rating is a numerical rating between 0 – 100 that is given to each street segment which outlines the relative health of the road in question based on a civil engineering review. The lower the PCI rating of the street, the worse condition that particular road is in. Our overall Monrovia Renewal project is aimed at repairing every single street in town with a

PCI rating of under 70. However, the repair / maintenance technique that has been applied to each street varies based on the existing PCI rating of the street. Utilizing industry best practices, we developed different street maintenance techniques based on the relative PCI rating of each street in question. The overall repair methodology we used includes the following:
PCI 100 – 71: No treatment
PCI 70 – 56: Slurry Seal
PCI 55 – 41: Cape Seal
PCI 40 – 26: Street overlay
PCI 25 – 0: Street reconstruction
As we move forward with completing the work in the Southwest and Southeast sections of the Monrovia Renewal project (which together are bordered to the north by Colorado Boulevard, to the south by the I-210 Freeway, and extends east & west to the City boundaries), we have at this point completed all street reconstruction work and street overlay work, and are currently working to finalize streets which have been identified for cape seal and slurry seal treatments. Additional information regarding all of the work associated with the project can be found by visiting our Monrovia Renewal website online for updates and news!

ST. LUKE’S MONROVIA PRESENTS FINAL EVENSONG OF SEASON ON SUNDAY, MAY 21

May 9, 2017—St. Luke’s Episcopal Church in Monrovia will present the final Evensong performance of the 2016-2017 season on Sunday, May 21, at 4 p.m. at the church, 122 South California Avenue at Foothill Boulevard in Monrovia. A wine and cheese reception in Guild Hall will follow the public performance, and a freewill offering will be taken. “Evensong . . . is a very tiny fragment of the worship offered to God by Christian people every hour in every part of the world,” notes a description by England’s Coventry Cathedral. “When you come to Evensong, it is as if you were dropping in on a conversation already in progress — a conversation between God and people which began long before you were born and will go on long after you are gone.” The program, directed by St. Luke’s Music Director Kent Bennett Jones, will include John Blow’s Let My Prayer Come

Up, William Smith’s Preces and Responses in G, and Richard Farrant’s Magnificat and Nunc Dimittis in G Minor. Declare His Honor, by Henry Purcell, will feature staff singers Caitlin Stave, Trisha Rivera, Colin Stave and Sean Gabel. About St. Luke’s Formally admitted to the Episcopal Diocese of California on April 30, 1891, St. Luke’s has been a part of the Monrovia community for 125 years. The inclusive church welcomes all to its community. The superb acoustics of its landmark 1924 Romanesque house of worship make it a popular site for a variety of music performances. Eucharist services are held on Sundays at 8 a.m. and 10 a.m. and Wednesdays at 12:10 p.m. The Reverend Neil Tadken is Rector. The church’s website is saintlukesmonrovia.org.

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FROSTIG SCHOOL STUDENTS TOUR JONES COFFEE TO LEARN THE ART AND SCIENCE OF FINE COFFEE

Pasadena, CA.—Frostig School students have learned to brew a wide variety of coffee drinks while working this year in the school café. The owner of Jones Coffee in Pasadena recently gave the young baristas a special lesson on coffee making with a tour of his roasting operation.

Jones gave a tutorial on the art and science of roasting beans. The students watched as beans from Guatemala gradually turned from pale green to a deep brown in the roaster. By the end of the tour, students understood how coffee is produced, from farm to coffee cup.



Jones Coffee roaster Rafael Batiz releases beans from the roaster to cool.

Chuck Jones welcomed 15 Frostig students to the Jones Coffee roastery and coffeehouse on South Raymond Avenue. Mr.

The students have an appreciation of coffee because of their work in Frostig's student-run cafe. Frostig created the Fly-By café



Jones Coffee owner Chuck Jones passes coffee beans to Gerard Hopkins for a close look.

last year to give high school juniors and seniors an opportunity to gain work experience and job skills. The students work as baristas, cashiers and cooks in the Fly-By, which serves breakfast and lunch to students and staff at Frostig. In addition to learning how to operate an espresso machine and process orders using an iPad, students are learning about teamwork and responsibility.

"The Fly-By Café is a series of teachable moments," said Dean

Conklin, executive director of The Frostig Center. "The kids are learning inventory, how to greet people. It's a hands-on opportunity for our kids to grow."

Frostig School offers a full range of academic and support services for children with learning differences, such as dyslexia, dyscalculia, high-functioning autism and ADHD. Frostig School enrolls children who live throughout the greater Los Angeles area.

ALVERNO HEIGHTS ACADEMY STUDENTS SHARE CHILDREN'S STORIES WITH ST. RITA SCHOOL

The creative writing class recently created and read their stories to first graders

Sierra Madre, CA (May 8, 2017) – Students in Alverno Heights Academy's Creative Writing class recently wrote and illustrated children's stories to share with the first grade students at St. Rita Catholic School in Sierra Madre.

As a preparation for their writing, Alverno's Creative Writing teacher Ms. Jannifer Heiner invited St. Rita's first grade teacher and Alverno Alumna Ms. Ellen Behrens Hoffman '74 to share some of the stories that her students enjoyed reading. Ms. Hoffman shared that her students enjoyed humorous stories, stories about animals, and stories that had an element of predictability within them.

Charged with the task, the members of the Creative Writing class got to work creating wonderful stories that fit the mold described by Ms. Hoffman. After working through several drafts, creating illustrations, and receiving feedback from Ms. Heiner over a few weeks, the Alverno students headed over to St. Rita to share their stories with the students.

In total, there were five books shared with the students that included exciting themes, adventures, and beautiful illustrations. The stories shared were:

Noah Goes to School by Moondera Rabb (12th Grade)- Noah Goes to School is the story of an owl named Noah who excitedly and accidentally heads to school on Saturday only to realize that no one is there! He almost makes the same mistake twice when he tells the principal, "I'll see you tomorrow."

Mr. Babu by Natalie Scigliano (11th Grade)- Mr. Babu is the story of a young boy who desperately wants to play outside but finds that desire impeded by the weather.

The Topsy Turvy Farm by Julia Landis (12th Grade)- In this adorable story, the residents of the Topsy Turvy Farm decide that they would like to switch roles for the day only to discover that they are not as good at everyone else's jobs as they are at their own.

The Alien King by Kate Samaniego (11th Grade)- In The Alien King, an alien king invades Earth planning to take over but he quickly finds his plan thwarted by a young boy who banishes him to the outer universe and gains freedom for the planet and his minions.

The Tail of Mila the Mermaid by Amanda Coscarelli (11th

Grade)- Mila is a young girl who has just one desire in life—to learn to swim to fulfill her dream of becoming a mermaid. At the end of the story, young Mila finally earns her fins.

"I really love having Alverno students come to my classroom, to share their work with my first graders," said Ms. Ellen Behrens Hoffman, St. Rita First Grade Teacher and Alverno Class of 1974 Alumna. "I'm always so impressed with their creativity, but also with their poise and confidence. It makes me proud to be an Alverno alumna myself! My first graders were completely engaged and entertained again this year. When the girls left, I asked my kids which story they liked best, and every one of the titles was mentioned! Another successful year!"

"The girls really enjoyed working on these stories and created some beautiful final products," said Ms. Jannifer Heiner, English and Creative Writing Teacher. "The first graders at St. Rita loved them and really engaged with the girls as they were reading, which provided a positive experience for both groups. We look forward to creating some more works to be able to share in the future."

About Alverno Heights Academy

Alverno Heights Academy is an all-girls, independent, progressive Catholic, college preparatory school dedicated to its mission of empowering each young woman to be exactly the person she wants to be. Located on the property of the former Barlow Estate in Sierra Madre, California, Alverno Heights Academy was founded in 1960 by the Sisters of St. Francis who sought to create an environment in the San Gabriel Valley where young women could become informed and knowledgeable persons. Later renamed Alverno High School and sponsored by the Immaculate Heart Community, Alverno's program—academic, spiritual, aesthetic, social, and physical—has been shaped by the staff, trustees, and students. As Alverno Heights Academy once again, the school remains committed to its mission by encouraging each of their young women to be who they imagine. For more information about Alverno Heights Academy, please visit www.alvernoheightsacademy.org.

GOLDEN WORDS.....Advice for Students & Parents

HOW A SUMMER JOB CAN CHANGE A TEEN'S LIFE--NOW AND FOREVER

If you're a teenager or a college-bound recent high school graduate, it's not too late to find and make the most of a summer job. Any job, really. Here's a distillation of the key benefits of having a summer job:

--You'll make money! Yay! However modest the income, it's yours to use or save--and determining what to do with this money is a great introduction to becoming financially literate.

If you're college-bound, no matter how much money you're bringing, you need more. Those rolls of quarters for your laundry, late-night pizza and skyrocketing book costs all await you.0

--Speaking of financial literacy: Study your first pay stub--it's an introduction to the mysteries of withholding deductions to pay for Federal and State income taxes, FICA and other acronyms that you'll want to understand now as you begin your life in the work force.

--Think your paycheck is already shrunken? Let's make it that much smaller for a very big reason. You should consider starting a Roth IRA retirement account with a small portion of your summer earnings. Many mutual fund companies and brokerages offer low-fee Roth IRA options for kids and teens. Sock away some money now and consider making your investment in an aggressive posture--time and compound interest will be your best friends!

--Your summer job will teach you a lot more than financial basics. It will help you grow up, big time!

As one of my students who worked in a fast-food setting commented: "My job taught me how to show up, on time, every time. It taught me how to step up--to show initiative without being asked by my boss. And it taught me that the hero of heroes is the guy who changes out the oil in the Fryolator. In our restaurant he's a 35 year old learning disabled worker who takes a train and a bus to and from work every day, and he's always on time, upbeat and smiling with everyone. It's kind of hard to be in a teenage romantic funk when I compare myself to him!"

Turns out there's no such thing as a job that's 'too small'--only people who think they're too big!

Bus the tables, bag the groceries, clean the bathrooms--keep in mind that for many people this is the only work they'll have for their entire lives, and this is your chance to show solidarity and comradeship with millions of workers often left faceless and nameless in our labor force.

In the end, a summer job is a testing ground for your maturation, for your early forays into learning what it means to be professional about yourself. By the way, if you keep a 'job journal' at home and make notes to yourself occasionally about intriguing incidents, strange customers, bizarre overheard conversations, you'll learn that much more about your experience.

But it's mid-May? Isn't it too late to find a summer job?

Nope. There are still lots of jobs, but you have to put yourself physically into motion and not assume you'll find your summer job at this point by surfing employer websites. With some common-sense choices of your wardrobe and accessories, you should hit the street.

But before you put down your laptop or smart phone, review

this Jobstar web page for tons of links and good advice, including resources for camp jobs and other employment targets:

<http://jobstar.org/socal/adjobs/summer.php>

Though larger corporate employers usually do expect you to apply through their website, when you go into a retail branch store and ask, "I wonder if the person who oversees your summer hiring is on the floor and available for me to meet?" you will likely get to meet a manager who will take an interest in your interest. Maybe you'll get a tip or two about how to apply and fill out their forms?

If you score a job with a national company and are off to college in the fall, find out if there's a branch store near your university where you could continue part time work. And find out if you can return in December during your winter break for some lucrative double shifts during the holiday season!

Still in high school? See if you can win that job in part because you promise the employer a 'package deal' of summer hours and continuing shifts during the school year and when you are on breaks.

Employers of students still in school will likely help you to get your "Work Permit" (actually it's the Certificate of Age), which usually is issued by your high school or record.

One final story about the power of summer jobs: When I was a college dean, one of my students worked her way up the food-service system, starting out in the dreaded hairnet as a kitchen helper, progressing to student manager and senior Intern in her final year of college. The international catering firm that managed our food services offered her a management trainee position upon graduation, fast-tracked her through catering and sales and food and beverage positions. She'd taken Mandarin Chinese in college, too. The combination marked her for further successes as a senior hospitality manager in Singapore and now Beijing.

And her starting high school summer job? Swirling frozen custard into waffle cones at a local ice cream joint. Your professional path can start this summer, too. Get a job! Get a Roth IRA! Get life experiences that help you to grow and to grow up, and put some dollars in your pocket!

About the author: Dan Golden is the former founding director of Life Planning at the Vistamar School in El Segundo. He's also been a dean, career director and fellowship advisor at Wheaton College (MA) as well as a tenured film and literature professor. Dan now consults with schools, districts and individuals on college access and success issues. dangolden0@gmail.com



Dan Golden, PhD

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(626) 294-0661 Principal: Phil Clarke
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WHO DO YOU LOVE?

Lessons Learned From Unlikely Animal Affection

In a world where human beings often have a hard time getting along, it is encouraging to know that some beings are making unprecedented progress when it comes to bonding with creatures very different from themselves. In fact, many non-human animals are now breaking down major barriers by forming friendships with members of species historically considered to be their enemy or even their prey.

I once viewed a PBS Nature documentary, Animal Odd Couples, and I liked it so much I watched it several times over. It is an awe-inspiring, well-put-together program that tells a tale about animals of different species coming together for various reasons and choosing to be friends rather than enemies, as our understanding of nature might have had it.

The unlikely cross-species relationships that can develop between animals has always fascinated me, and the particular pairs highlighted in this program are mind-boggling. In the past, scientists have refrained from using the term "friendship" when referring to social bonds between non-humans, but as this documentary points out based on recent findings, the scientific terminology used to refer to animal relationships is quickly changing.

One odd couple featured in the PBS program consists of a stunning cheetah named Kasi and an adorable Labrador retriever named Mtani, both of whom were rescued at a very young age and given refuge at Busch Gardens in Tampa, Fla. Kasi was born a healthy cub in captivity at a nearby zoo. Her two siblings died at birth and her mother was unable to care for her, leaving her in need of human intervention.

Mtani was rescued from a local shelter and brought to the park just in time to avoid being euthanized. The staff at Busch Gardens embarked on a pioneer project when they intentionally put Kasi and Mtani together as babes, and as it turned out the two bonded immediately. According to the trainer who works with Kasi and Mtani on a daily basis, it was a choice they both had to make; to accept each other as friends, regardless of their differences.

The interesting thing is, although Kasi and Mtani come from two entirely different species, in many ways they aren't really all that different. When they play and chase together in the enormous space they live in, it becomes clear that the size and shape of their bodies are indeed very much alike. And while dogs bark and cheetahs chirp, they both growl in a similar manner, and Kasi and Mtani seem to have formed a language all their own, just between the two of them.

My favorite story in the program is that of a remarkable union between two unlikely four-legged friends; a blind horse named Charlie and an elderly goat named Jack. The two met after having been rescued and brought to Wild Heart Ranch outside of Claremore, Oklahoma, by the founder Annette King Tucker. Annette shares the story in an interview with the production crew, about how Jack the goat took it upon himself to befriend the



Happy Tails

by Chris Leclerc



blind horse, apparently realizing Charlie needed a friend to help guide him through the property to find the best grazing spots.

Anyone with a heart who watches this part of the program is bound to shed a few tears when they see that old goat leading the blind horse through the woods to his favorite grassy spot, then waiting patiently for him to finish grazing at which time he guides him back to the safety of the barnyard. What goat makes it his mission to assign himself official field guide to a horse? It is so heartwarming to know Jack had that kind of affection for his elderly equine friend.

When Charlie passed away, Jack was a bit beside himself, but at the same time he seemed to understand it was meant to be for his good friend to move on. Not long after Charlie's passing, Jack followed his footsteps over that rainbow bridge where one might imagine he is probably in a better place, serving another being in a loving way, just as he did here on earth with Charlie.

Meanwhile, at Keepers of the Wild, a rescue ranch in Valentine, Arizona, Anthony the lion and Riley the coyote are setting yet another unprecedented example of what can happen when one chooses to befriend a creature far different from oneself. Jonathan Kraft, founder of Keepers of the Wild introduced Anthony and Riley when they were a month old and he has observed their atypically friendly bonding behavior ever since.

As adults, Riley and Anthony are still getting along famously and even after having worked with wild exotic animals all his life, Kraft admits he has learned epic lessons watching those two interact. He finds it amazing how much nature can teach us through unlikely relationships between animals of separate species. It is clear to Kraft that forming friendships and showing affection to others, regardless of species, plays a big part in maintaining one's physical, mental and emotional health. He sees this in full color by observing Anthony and Riley rousting about, playing and resting together on the ranch.

As Temple Grandin so aptly put it in the documentary, "Some people just can't accept the fact that non-human animals have emotions." She doesn't buy into that theory, and neither do I. Contemporary observational studies of animals crossing the boundaries to form unlikely friendships blows the conventional theory that animals are incapable of having emotions similar to that of humans. I think it's awesome that animals can teach us humans important life lessons and I hope we will all allow ourselves to learn from them.

HEALTHY LIFESTYLES

THE JOY OF YOGA
NAVEL POWER

Scientists have been saying for years that the gut is a "second brain" of sorts. A multitude of neurons in the enteric nervous

system connects in the gut and function in many ways. It's a power center for digestion of food and emotion. Serotonin is also said to be produced in the belly. Energetically, it's a place for transformation and assimilation of experiences making development of the navel center important work in yoga.

Physically, having a strong belly helps support the lower back and paves the way for healthy digestion, creating a feeling of steadiness. By building heat and strength in the belly, we ignite our will to evolve and gather energy which may otherwise be scattered.

There are a number of ways to work in this area. Yoga poses that focus on straight up core building are wonderful. Plank pose or Boat pose (navasana)

are excellent core builders. Twists are probably the best category of yoga asana for improving digestion, building clarity and power, and cultivating transformation. They strike a perfect balance between energizing and calming. Twists from a standing position are safest, with supine twists following. Great care should be taken with seated twists as the hips are in such a fixed position. Working with a qualified teacher on the energetic locks of the body-- the Bandhas-- is one of THE most powerful ways to build strength at the navel. Your practice will never be the same!

Ultimately, working at the navel center nurtures the internal organs, encourages healthy digestion and elimination, and ignites the fire of transformation. Enjoy the feelings of clarity and focus that also come with this hard work!

Please join us for a class at YOGA MADRE and we'll help you get started.

Love and Namaste,
Keely Totten, E-RYT 500, Teaching at Yoga Madre

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

THIS MIGHT BE BETTER THIS WEEK,
YOUR LIFE AND YOUR SHOPPING LIST

A few weeks ago, I reminded you that you should put at least as much effort into your life as you do when you go to the grocery store. The similarity between your life and that trip to the market is the activity of writing down what you want. Many nutritionists recommend that consumers go to the store with a written list, knowing what they want. Otherwise, there is a risk of being tempted to make an unconscious choice, that would sabotage their goals.

The experts say don't go to the market hungry, well you should approach your life with a hunger and thirst for living your best life!

Did you know that writing your goals down increases your likelihood of success ten fold?

So are you asking yourself powerful questions? How about, what could I do today to make today the perfect day? Great days start with intentional, great minutes and hours.

You might try this question, what is the challenge that is calling me today?

Ask yourself a question that inspires you to dream. Ask yourself questions that will advance your vision and turn it into the life you are living.

Now write down your answer, and you will be on your way to living a life you imagine. My goal is that you are living a truthful and inspired life. When we push ourselves, we experience a greater sense of fulfillment, and we inspire others to do the same.

We can make the world a better place, first by being our best self and living our best life.--

Lori A. Harris is a lawyer and empowerment coach that helps women that women live their best lives. You can find out more about her at www.LoriAHarris.com and download her free app the Gratitude Train in Google Play and the App Store.



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Katnip News!



LOOKING FOR A BEST FRIEND

Twix is one of the most affectionate girls in Meow Manor and will come forward to greet visitors. Once petting starts, she will melt and ask for more attention. She is a gracious and beautiful 2-year-old young lady. Twix loves hanging out in boxes, especially when they are girly pink or lined with pink edged blankets. Her play style is attack and capture anything that moves. She will chase the laser dot, flying feathers, and anything marinated in catnip! She gets along well with her roommates so will do well in an multi-cat household, or will be content as an only companion. Twix is waiting for her forever family to come in



Twix, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

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BEST BURGER

Just had a burger with Scott Slater he owns/runs my favorite burger joint in Pasadena Slater's 50/50, not only do they make arguably the best burger in town, the whole experience is one I look forward to. I have been there many times and Slater's has delivered each and every time. What is a 50/50? It's a burger made of half ground beef and half bacon. On my most recent visit I opted to go all beef. I ordered from the Design It Yourself menu where you pick the size of the burger (from 1/3 lb to 1 a full pound), bread, cheese, toppings, and sauce. I got the 1/3-lb burger on the thick sliced rye bread with pickle chips and roasted red peppers, accompanied by a Munich Pilsner beer -- this kid was in heaven. This burger is truly one that I would go out for and save the time of firing up the BBQ. On this visit I also enjoyed the fried dill pickle chips. The only item that isn't five stars is the chicken wings, kind of pedestrian!

The beer selection is vast, with your choice of pilsners, lagers, ales, many names you know, and others that you should get to know. Too many gastropubs offer beer I have never heard of -- I get the idea, but I just might be

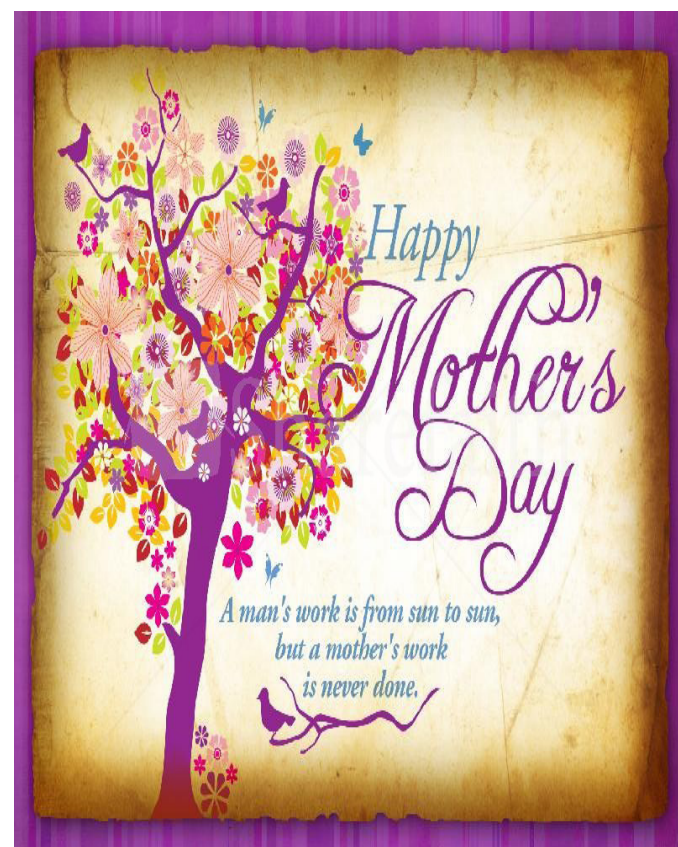
TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

in the mood for a Pabst!!!

The service at the bar, where I usually do my best eating, was top notch. Bartender George greeted us with a handshake and a hello and asked if it was our first time at Slater's. He explained the process and even asked what type of beer we liked. Nice touch George! You get high marks for service! Prices for beer are in the \$7 range, burgers from \$10 and up. I will return for a 50/50 soon and another Pilsner, please. The Bar has ample room to dine or just have a beer, and features more than 10 big screens for your sporting pleasure.

Slater's 50/50 61 N. Raymond Ave. Pasadena (626) 765-9700

Close Second: The Hook on Foothill Blvd. Pasadena. for \$7 you can beat it and the beer prices are very reasonable. The service is wonderful. Check out all my weeks food photos at www.peterdillstumblr.com.

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Julie's Favorite Family Recipes

JULIE'S APPLE-BANANA CAKE

INGREDIENTS

- 1 cup coconut oil, softened
- 1 1/2 cup sugar (half brown, half white)
- 3 eggs
- 1 teaspoon vanilla
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 1 1/2 cups shredded peeled Granny Smith apples (about 2 medium apples)
- 3 to 4 mashed bananas
- 3/4 cup chopped walnuts or mixed nuts

STEPS

1. Heat oven to 350°F. Spray 13x9-inch cake pan with baking spray oil.
2. In large bowl, beat oil and sugar with electric mixer on medium speed until light and fluffy. Beat in eggs, one at a time. Stir in vanilla, flour with dry ingredients. Stir in apples, bananas and nuts. Spoon into pan.
3. Bake 35 to 38 minutes or until toothpick inserted in center of cake comes out clean. If you prefer a topping, put 1 cup chocolate chips on top of cake the last 8 minutes of baking. Cool 20 minutes. Remove from pan to cooling rack. Cool 10 minutes longer. Serve warm with ice cream.

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CAN I INHERIT MY PARENT'S DEBT?

Dear Savvy Senior,
What happens to a person's debt after they die? My mother has taken on a lot of medical and credit card over the past few years and I'm worried that my brother and I will be responsible for it when she dies. What can you tell me?

Worried Daughter

Dear Worried,
In most cases when a person with debt dies, it's their estate, not their kids, that is legally responsible. Here's how it works.

When your mom dies, her estate – which consists of the stuff she owns while she's alive (home, car, cash, etc.) – will be responsible for paying her debts. If she doesn't have enough cash to pay her debts, you'll have to sell her assets and pay off her creditors with the proceeds.

Whatever is left over is passed along to her heirs as dictated by the terms of her will, if she has one. If she doesn't have a will, the intestacy laws of the state she resides in will determine how her estate will be distributed.

If, however, she dies broke, or there isn't enough money left over to pay her "unsecured debts" – credit cards, medical bills, personal loans – then her estate is declared insolvent, and her creditors will have to eat the loss.

"Secured debts" – loans attached to an asset such as a house or a car – are a different story. If she has a mortgage or car loan when she dies, those monthly payments will need to be made by her estate or heirs, or the lender can seize the property.

There are, however, a couple of exceptions that would make you legally responsible for her debt after she passes away. One is if you are a joint holder on a credit card account that she owes on. And the other is if you co-signed a loan with her.

NOTE TO SPOUSES: These same debt inheritance rules apply to surviving spouses too, unless you live in a community property state – Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Texas, Washington or Wisconsin. In these states, any debts that one spouse acquires after the start of a marriage belongs to the other spouse too. Therefore, spouses in community property states are usually responsible for



their deceased spouses debts.

Protected Assets

If your mom has any IRAs, 401(k)s, brokerage accounts, life insurance policies or employer-based pension plans, these are assets that creditors usually cannot get access to. That's because these accounts typically have designated beneficiaries, and the money goes directly to those people without passing through the estate.

Settling Her Estate

You also need to be aware that if your mom dies with debt, and she has no assets, settling her estate should be fairly simple. Her executor will need to send out letters to her creditors explaining the situation, including a copy of her death certificate, and that will probably take care of it. But, you and your brother may still have to deal with aggressive debt collectors who try to guilt you into paying.

If your mom has some assets, but not enough to pay all her debts, her state's probate court has a distinct list of what bills get priority. The details vary by state, but generally estate administrating fees, funeral expenses, taxes and last illness medical bills get paid first, followed by secured debts and lastly, credit card debts.

Need Help?

If you have questions regarding your situation, you should consult with a consumer law attorney or probate attorney. Or, if you just need a question or two answered, call your state's legal hotline if available (see LegalHotlines.org), or legal services provider.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...May Birthdays*

Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathieson, Dorothy Murphy, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck, Jane Thomas, Ray Burley.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Thursdays, 10:30a.m. to 11:30a.m., improve your memory and strengthen your brain. Activities facilitated by Senior Volunteers.

Free Legal Consultation: Wednesdays from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Tax Assistance: Every Wednesday beginning on February 1st through April 12th from 1:00p.m. to 2:00p.m. - Don Brunner is available for income tax consultation. Appointments are required by calling 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Monday of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in a poker game. Other games are offered to all. Please note time change.

Free Strength Training Class: Every Friday from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance training. All class materials are provided.

Stress, Resilience, Positivity: Finding Balance - by The Kensington Sierra Madre Four Tuesdays, March 7 - 28th from 2:00 - 4:00p.m. Register by calling 213-821-6919 or 213-821-6908.

SEASONAL FUN AT THE SENIOR CENTER

Thursday, May 25th from 10:30a.m. – 11:30a.m. at the Hart Park House!

Just in time for spring! Join us in making a silk flowers planter. All supplies will be provided. Let's get creative... Please call the Hart Park House, 626-355-7394, to make your reservations.

Invite your friends and family for some arts and crafts fun and take home your planters for the season



SENIOR EXCURSIONS MAY EXCURSION

BOWERS MUSEUM - SANTA ANA

Date: Tuesday, May 30th
Time: 9:15a.m. to 3:00p.m.

Meeting Location: Hart Park House
Cost: \$15.00 (Not including Lunch)

The Bowers Museum is an art museum located in beautiful Orange County. The museum's permanent collection includes more than 100,000 objects featuring notable strengths in areas of pre-Columbian Mesoamerica, Native American art, the art of Asia, Africa, and Oceania, and California plein-air painting.

Participants will have time to explore the museum and have lunch on their own. Restaurant is open in the museum and fast food places are a short walk away. There will be a docent-guided tour in the afternoon which will feature highlights of galleries throughout, providing a great overview of the museum's unique collections. Level of walking: Medium – High; please call us at the Hart Park House for reservations at 626-355-7394!

SCAM ALERT: WHO'S CALLING?

By Monica Vaca
Acting Associate Director, FTC

The millions of people who reported scams last year told us that imposters were the top fraud of the year. Imposters have called many of us – maybe even most of us, pretending to be anyone from the IRS to a family member in trouble, from fake tech "help" for your computer to a business selling things that turned out to be bogus.

Their goal? To get your money as quickly as possible. Thanks to the Legal Aid Society of Hawaii, we recently heard about scammers calling to ask for contributions to the "Legal Aid Society" and pretending to be from the "national legal aid/defenders office." A quick search of the phone number the callers used showed complaints for different kinds of imposter scams. (Of course, scammers can make caller ID show any number – even the name that shows up on the display.

So don't rely on caller ID to help you decide if a call is legit.) Imposters can pretend to be anyone, but the twist on this imposter scam is that the scammers are pretending to be from well-respected community service organizations and appealing to your civic spirit.

To make sure your donation dollars are doing the good you want them to, learn more about giving wisely. If you get a dubious call, or one that pressures you to donate right away, tell the FTC so we can investigate. We rely on you – and our partners in your community – to tell us what you're seeing. In fact, our most recent imposter scam case – against a company that pretended to be from a community help center, the government, radio stations, and companies like Walmart – came about because of a tip from a legal services group in Washington, DC. So every report, from everyone, makes a difference.

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Guest speaker, Sierra Madre Chief of Police, Joe Ortiz will be joining us to give an update on the status of his department as well safety issues that concern all residents of Sierra Madre. Please feel free to invite neighbors and friends to this meeting.



Speaker: Sierra Madre Chief of Police Joe Ortiz



EVENT DETAILS

THURSDAY, MAY 25, 2017
From: 6:00pm – 8:00pm

at The Kensington
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Looking Up
with Bob Eklund

SURPRISE! WHEN A BROWN DWARF STAR IS REALLY A PLANET

Sometimes a brown dwarf is actually a planet—or planet-like anyway. A team led by Carnegie's Jonathan Gagné, and including researchers from the Institute for Research on Exoplanets (iREx) at Université de Montréal, the American Museum of Natural History (AMNH), and University of California San Diego, discovered that what astronomers had previously thought was one of the closest brown dwarfs to our own Sun is in fact a planetary-mass object.

Smaller than stars, but bigger than giant planets, brown dwarfs are too small to sustain the hydrogen fusion process that fuels stars and allows them to remain hot and bright for a long time. So after formation, brown dwarfs slowly cool down and contract over time. The contraction usually ends after a few hundred million years, although the cooling is continuous.

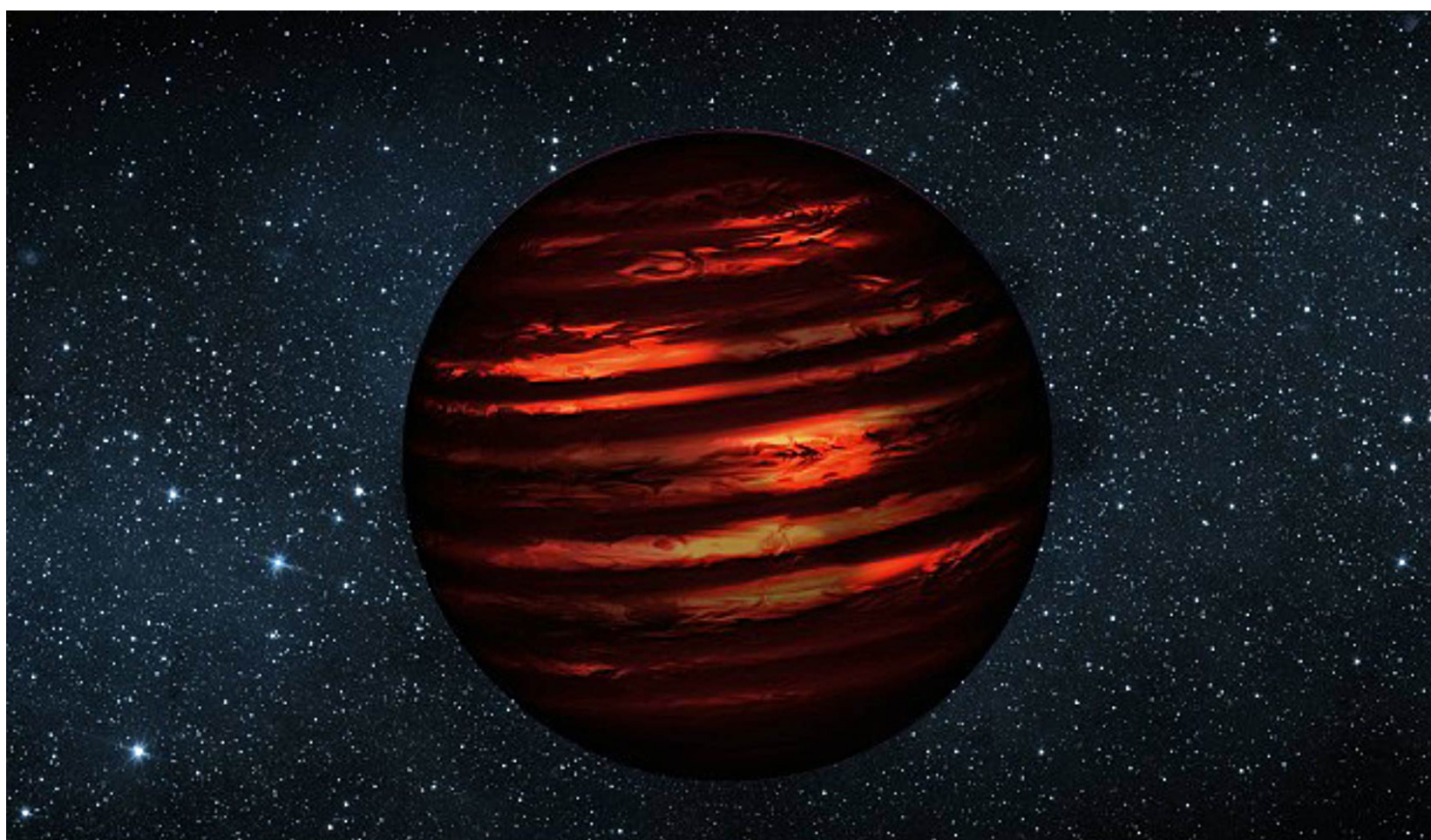
"This means that the temperatures of brown dwarfs can range from as hot as stars to as cool as planets, depending on how old they are," said the AMNH's Jackie Faherty, a co-author on this discovery.

The team determined that a well-studied object known as SIMP J013656.5+093347, or SIMP0136 for short, is a planetary like member of a 200-million-year-old group of stars called Carina-Near.

Groups of similarly aged stars moving together through space are considered prime regions to search for free-floating planetary like objects, because they provide the only means of age-dating these cold and isolated worlds. Knowing the age, as well as the temperature, of a free-floating object like this is necessary to determine its mass.

Gagné and the research team were able to demonstrate that at about 13 times the mass of Jupiter, SIMP0136 is right at the boundary that separates brown dwarf-like properties, primarily the short-lived burning of deuterium in the object's core, from planet-like properties.

Free-floating planetary-mass objects are valuable because they are very similar to gas giant exoplanets that orbit around stars, like our own solar system's Jupiter or Saturn, but it is comparatively much easier to study their atmospheres. Observing the atmospheres of



An artist's conception of SIMP J013656.5+093347, or SIMP0136 for short, which the research team determined is a planetary like member of a 200-million-year-old group of stars called Carina-Near. Image is courtesy of NASA/JPL, slightly modified by Jonathan Gagné.

exoplanets found within distant star systems is challenging, because dim light emitted by those orbiting exoplanets is overwhelmed by the brightness of their host stars, which blinds the instruments that astronomers use to characterize an exoplanet's atmospheres.

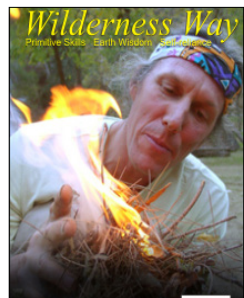
"The implication that the well-known SIMP0136 is actually more planet-like than we previously thought will help us to better understand the atmospheres of giant planets and

how they evolve," Gagné said.

They may be easier to study in great detail, but these free-floating worlds are still extremely hard to discover unless scientists spend a lot of time observing them at the telescope, because they can be located anywhere in the sky and they are very hard to tell apart from brown dwarfs or very small stars. For this reason, researchers have confirmed only a handful of free-floating planetary like objects so far.

Étienne Artigau, co-author and leader of the original SIMP0136 discovery, added: "This newest addition to the very select club of free-floating planetary like objects is particularly remarkable, because we had already detected fast-evolving weather patterns on the surface of SIMP0136, back when we thought it was a brown dwarf."

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

MUSICAL MEMORIES:

Cream's "We're Going Wrong" invokes memories of survival.

[Nyerges is the author of "How to Survive Anywhere," "Extreme Simplicities," "Foraging California," and other books. He can be reached at www.SchoolofSelf-reliance.com]

Everyone from every culture has musical memories: a song that brings back the memory of a significant moment, the song you heard when you met your spouse, the song you heard while driving to the Grand Canyon that made you change the course of your life, the song you heard when your mother died, etc.

And when we call a song "classic," we mean that the song is so good that it captured and epitomized our very thinking and feeling at that time. Though there is always the intellectual question: Did that particular song really capture my feeling, or did I merely embrace that song to allow it to represent a particular time? The answer is that we'll never really know, especially if you're not a song-writer. For most of us, we simply know that the song embodies the memory of the time.

For me, when I was trying to figure out the meaning of life, and more particularly my life during the mid-1960s to the early 1970s, music was a big part of my mental world. Sometimes the words and music inspired me. Musicians such as Bob Dylan, Traffic, the Doors, Cream, and the Chamber's Brothers were much a part of the network of ideas that I wove together to create my inner reality and my outer plan of action.

There was a feeling of change in the air, and the expectation of a new world, if we only were brave enough to make the inner and outer changes necessary.

My best friend Neil and I would talk about the world as we saw it, and the various particulars of what would happen as western civilization could no longer maintain itself, and how the vast infrastructure that so many depended upon would crumble all around us. Somehow, we felt that we were above it all, as if we were on top of Mount Olympus looking down objectively at the doings of mortal humans, wondering and picturing how the collapse would occur. We had no doubts that another fall of the Roman Empire was slowly unfolding all around us.

We listened to the enigmatic words and mournful tune of "We're Going Wrong" by Cream, and discussed the many layers of meaning

that were not found in the words. Was it about someone personally going wrong, or was it about the fall of western civilization, and the very collapse of what some called "modern Babylon"? We didn't know, but that song was a sort of anthem to us. We didn't really know how grossly ignorant we were of the ways of the world, and the intricate network that kept churning out food for everyone's table, and the profits that were earned all along the way.

We knew really very little, but that song by Cream was one of our inspirations to begin studying ethno-botany, and the rich botanical and earth knowledge that our ancestors somewhat took for granted in the pre-electrical and pre-computer days. We were short on details, but we felt that if we could just learn to feed ourselves – even just a little – from local resources, then we'd be on our way to becoming a part of the solution. We didn't know how electricity was created, stored, or transported, but we felt that if we could provide some of our daily needs without the use of electricity, then we believed that we'd relieve an over-burdened system at least a little, and we'd be on the road to being part of a solution.

We were just high school boys, interested in adventure, and girls, and wondering how we'd ever support ourselves. Even then, we knew that an increasing population stresses all resources, and we did our best to educate ourselves on how to live better by using less.

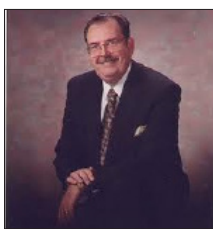
That was over 40 years ago. Life has continued, and for various reasons, some of the situations on earth have gotten better, but many have gotten worse. Neil and I knew back then, as we know today, that they who do not learn from the lessons of their past are doomed to repeat them, as we were told by philosopher George Santayana. (Some of our school mates insisted that was a quote by Carlos Santana!)

We ruefully listened to the words of "We're Going Wrong," realizing that collectively we do not seem to learn from the past, because of our pride, our ego, or our belief that somehow we are better than all that, that we have overcome all that silly stuff from the past and therefore we are immune from the consequences of our actions. Neil and I never were soothsayers or psychics, but we knew that we could not go wrong if we pursued the best of the past, and the ways of our ancestors that were sustainable for millennia.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

"YOU CAN'T HAVE YOUR CAKE AND EAT IT TOO"



I was waiting in line at the grocery store minding my own business, which is a full-time job these days. I have worked hard over the years to master this "minding my own business." I have not been all that successful, but I still try.

As I was standing in line I heard the woman behind me say, "Johnny, you can't have your cake and eat it too."

I did not know the background story because I did not hear the whole conversation. When I heard that my mind took me back to those thrilling days of yesteryear when my parents, both of them addicted to this phrase, said to me, "You can't have your cake and eat it too."

I cannot remember the reasons that this phrase kept popping up in my parents' conversation. But I never could figure out what in the world they were talking about.

Through the years, I have noticed people say things they have no idea what they are saying or what it even means. Sometimes people will say some odd phrase or a quote in order to bring the conversation to a standstill.

My parents were not interested, particularly when we were out in public, for me to carry the conversation. Many times, they would shut me down so that I would not embarrass them.

Also, I never could figure out why somebody on the stage would be encouraged to "break their leg." It is not a rather mean thing to say to someone who is about to go out on stage and do some kind of performance? What mean person would hope that someone would break their leg in front of an audience?

Someone said to me recently, "May the force be with you." I knew the movie he was quoting from but I had no idea what he meant for me. What is the force he wanted to be with me? Moreover, what if I didn't want that force to be with me?

We often say things we do not understand or mean and I am as guilty as anybody else.

When something tragic happens some religious minded person will say, particularly someone on television, "My thoughts and prayers are with you."

What in the world does that mean? What thoughts do they have, what prayers do they have, and how in the world can they transfer it to me? Usually the person saying this is someone who is not very religious.

I do not know what came over me, but once somebody, I forget the situation, said, "My thoughts and prayers are with you." For the life of me, I do not know what I was thinking about, but all of a sudden, I heard myself saying to that person, "Thanks but I don't need your prayers."

Why I said that I don't know, but I do know that the person that said it to me was about his religious is a dead cockroach. If you don't pray on a regular basis, why do I want your prayers?

But back to my days of youth. I cannot remember how many times my parents, both just as guilty as the other, said to me, "You can't have your cake and eat it too."

I am still as confused today as I was then. If I have my cake, why in the world can't I eat it? After all, it's my cake. If it wasn't my cake, I don't think I would eat it.

However, the most disturbing thing was whenever my parents told me that there was no cake in view. For example, the young boy standing in the line behind me had no cake on his mind when his mother told him that.

Once when my parents said that to me, I said, "What cake?"

My mother looked at me and said, "If you don't know, I'm sure I can't tell you."

Now I was really confused. She is talking about a cake but she cannot tell me what cake it is. Her assumption is that I know about the cake she is talking about when in fact, I have no idea about the cake she is talking about. I have no scruples about eating my cake, but I like to know where it is at.

My father tried to explain to me one time by saying, "Once you eat the cake, it's no longer yours."

Where are parents trained to be parents? If I eat the cake, whose cake is it? In fact, if I do not eat the cake there is a danger that somebody else might eat my cake and I sure do not want that to happen.

I think the most disturbing time in a person's life is when they find themselves talking like their parents. I distinctly remember the time when my kids wanted to do something and I responded by saying, "You can't have your cake and eat it too." Saying things that we do not quite understand often gets us into difficulty particularly with family. I wonder if the apostle Paul had this in mind when he writes, "Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers" (Ephesians 4:29).

I must be careful that I am using words that encourage people rather than confuse them.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.



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SECTION B

AROUND SAN GABRIEL VALLEY

BARGER SEEKS TO EXPAND CRITICAL FUNDING FOR LOCAL SERVICE PROVIDERS OF DEVELOPMENTALLY DISABLED

LOS ANGELES COUNTY – The Board of Supervisors unanimously approved a motion by Supervisors Kathryn Barger and Shelia Kuehl to support Assembly Bill 279 (D-Holden) which seeks to remedy a critical funding issue for the developmentally disabled local service providers that are at great risk of closing down. AB 279 will extend necessary authority to the Department of Developmental Services (DDS) and regional centers to adjust the rates of service providers to comply with legally binding local mandates enacted in the jurisdiction in which they employ workers to meet service needs under the Lanterman Developmental Disabilities Act.

“The 1969 Lanterman Developmental Disabilities Services Act proclaimed that people with developmental disabilities and their families have a right to get the services and supports they need to live like people without disabilities,” said Supervisor Barger. “Unfortunately, state funding reductions over the past 20 years

coupled with increased costs have significantly eroded developmental services and the quality and access to care provided. The state must help address the wage gap and ensure that vital services can continue for many of our most vulnerable residents.”

When California raised the minimum wage, it recognized a responsibility to provide a mechanism and funding to adjust rates that are impacted. AB 279 extends that recognition to local ordinances raising minimum wage at a different pace than the state. There are currently 80,000 residents in Los Angeles County living with developmental disabilities, who along with their families and loved ones, rely on community-based programs to provide vital services and support. Service providers across the county have expressed their ardent support for this issue.

Without an increase to reimbursement rates to meet local mandates, many service providers will have to shut their doors, leading to a shortage of services available to people with disabilities.

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I was reaching out to you because we'll be in your neighborhood next month! Our upcoming sales and management career fair will be in Pasadena on May 31st. I'd be grateful if you were able to post this to any relevant community calendars, or to share with potential job seekers. We need your help in reaching candidates in your community and spreading the word about our event to the surrounding areas. Any sort of editorial, promotional or display opportunity would be greatly appreciated!

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REMEMBRANCE BERNARD LAWRENCE GAUS



Mr. Bernard Lawrence Gaus, of Sierra Madre, Ca., passed away on Monday, May 8, 2017 at the age of 73. Bernard was born to parents Herman and Gertrude Gaus on June 11, 1943 in Buffalo, NY. He grew up with brothers Herman, Bob, and Jerry. In 1968 he graduated from Buffalo University with a BS in Civil Engineering and moved his family to Los Angeles. He worked for the City of L.A. Bureau of Engineering for 14 years. In 1982, he joined J. M. Montgomery Consulting Engineers in Pasadena. He headed the instrumentation Group at the Hyperion Wastewater Treatment Plant. He retired as a Vice President with the company in 2000 and began his own consulting firm. Bernard married Cynthia in 1979.

The couple inherited 2 children from previous marriages. They enjoyed 42 years together traveling the US and Europe.

He is survived by his wife Cynthia, his son Hans (Edlyn), daughter Monica Johnson (Jason) and grandchildren Nicolas, Jake, Jordan and Allison; neice Jill Hernandez and brothers Bob (Paula) and Jerry (Andrea).

A Rosary will take place at Cabot & Sons in Pasadena on May 18 at 7:00pm. The service will take place at St. Rita Catholic Church, Sierra Madre on May 19 at 11:00am.

Family and Friends are invited to attend. In lieu of flowers donations may be made in Memoriam for Bernard Gaus through the JDRF Los Angeles Chapter.

BILL PATZERT TALKS GODZILLA EL NIÑO, DROUGHT



By Dean Lee

NASA Jet Propulsion Laboratory Climatologist Bill Patzert bluntly told a group of Sierra Madre residents Tuesday that the city would most likely continue with water restrictions in the years to come —if not forever. “From here on out, it all conservation,” he said.

Patzert said that drought busting is not all just rainfall and snow and partly blamed the city's water troubles on trees and the city of Arcadia.

“There are way too many trees in Sierra Madre and they are all dying because there are so many,” he said. “And then the biggest reason [for low groundwater levels] is that we share our water basin with Arcadia and Arcadia over pumped their portion. Arcadia stole all our water.”

He said Sierra Madre is unique and that the groundwater levels have severely dropped, over the last few years, throughout the entire San Gabriel Valley.

“It was so dry that whatever rain we got bypassed the groundwater basins in the National Forests,”

he said. “And so, as I understand it we are under water restrictions this year, and the next year, and the next...”

Patzert said the city would also likely continue to buy water from Metropolitan Water District (MWD) forever.

“The real drought buster is sustainable water use, smarter water management by the water managers of the great water basins and the MWD from the Colorado River.

He said everyone needs to plan for future droughts.

Patzert mentioned the “Godzilla El Niño” although said the 2014–16 event, of unusually warm waters in the Pacific Ocean, did not deliver rain locally, it caused significant damage throughout the world including, Africa, South America and Asia.

“For us, it didn't deliver,” he said. “And that will follow me to my grave. On my gravestone they'll put ‘Godzilla El Niño.’”

Patzert was the guest speaker at the Sierra Madre Kiwanis Club regular meeting.

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City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: Environmental Initial Study and Mitigated Negative Declaration for City of Sierra Madre Solar Project
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice pursuant to State of California law, that the City Council will conduct a public hearing to consider an Initial Study and Mitigated Negative Declaration for the City of Sierra Madre Solar Project installation. The project consists of constructing approximately 11 photovoltaic (PV) arrays at 621 East Sierra Madre Boulevard and one PV array at 232 West Sierra Madre Boulevard in the City of Sierra Madre, California. The PV system would be installed on elevated structures at all of the proposed sites. The total footprint of the PV system would be approximately 50,300 square feet and is broken down by each site as follows:

- City Hall: One array covering approximately 5,400 square feet.
- Aquatics Center (west side along access road): Three arrays covering approximately 6,600 square feet.
- Water Settling Basins and City Yard Facility: Eight arrays covering approximately 38,300 square feet.

The Planning Commission conducted a public hearing on Thursday, April 20, 2017, at which time the Commission forwarded a recommendation to the City Council to approve the environmental document and project.

DATE AND TIME AND PLACE OF HEARINGS

The City Council meeting will be held on Tuesday, May 23, 2017, at 6:30 p.m., in the in the City Council Chambers at Sierra Madre City Hall located at 232 West Sierra Madre Blvd.

All interested persons may attend this meeting and the City Council will hear them with respect thereto. Anyone interested in this matter is invited to comment on the document by written response during the public review period or by personal appearance at the public hearings.

For further information on this subject, please contact the Public Works Department at 355-7135.



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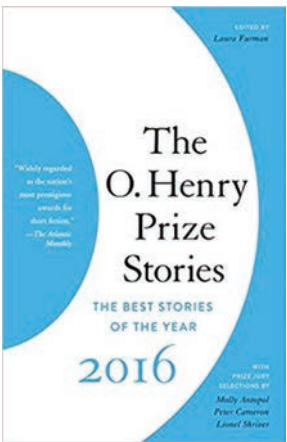
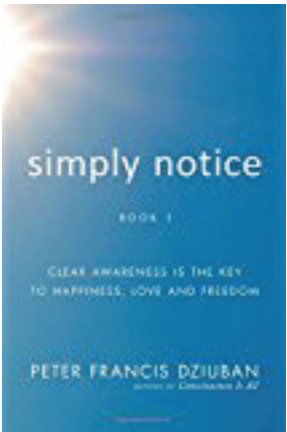
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Jeff's Book Pics

By Jeff Brown

Simply Notice: Clear Awareness Is the Key to Happiness, Love and Freedom by Peter Francis Dziuban

The power of noticing led to something huge that influenced the writing of this book. It is, as they say, a game changer. It may be the game changer. This doesn't mean you continue the same game, and change its outcome. It means suddenly you've got a brand new kind of game. The new game is an incredibly significant fact about the limitless nature of Life and awareness, consciousness. Bottom line is, there truly is only one universal consciousness. It is the very consciousness you are now aware of being—and it is not stuck inside the head of the body holding this book. Consciousness embraces the entire universe. These pages enable you to experience this, rather than merely reading theories about it. Amazingly, this has been known for centuries. Yet it has gone largely unnoticed by most of us, and continues that way today. The reason this is not more widely known is because it is hidden by an illusion. That illusion is the way the human senses—mostly sight and touch—make the everyday world appear. If all this sounds far-fetched, don't worry. Making it crystal clear is what this book is for, and simple steps of noticing walk you carefully through it all. It's like being invited backstage after a magician's show. You see firsthand how the tricks and illusions work. Exposing the illusion begins in Chapter Twelve, "Yes, We Have No Bananas." You are about to go way beyond "thinking outside the box." This is an adventure in getting altogether outside of thinking. You are going straight to pure consciousness, unlimited awareness—that which gives rise to, and notices all thinking.



This is similar to having a big Aha! To have an Aha! is great—but notice something about those, too. The Aha! itself is not really where it's at. What you want is where all the Aha's come from. That's the unlimited awareness you are.

Best European Fiction 2017 by Nathaniel Davis and Eileen Battersby

This anthology is the essential resource for readers, critics, and publishers interested in contemporary European literature. In this, the eighth installment of the series, the anthology continues its commitment to uncovering the best prose writing happening across the continent from Ireland to Eastern Europe. Also featuring an erudite prefatory essay written by Eileen Battersby of the Irish Times, Best European Fiction 2017 is another essential report on the state of global literature in the twenty-first century.

The O. Henry Prize Stories 2016 by Laura Furman (Editor)

The book gathers twenty of the best short stories of the year, selected from thousands published in literary magazines. The winning stories range in setting from Japan at the outset of World War II to a remote cabin in the woods of Wyoming, and the characters that inhabit them range from a misanthropic survivor of an apocalyptic flood to a unicorn hidden in a suburban house. Whether fantastical or realistic, gothic or lyrical, the stories here are uniformly breathtaking. They are accompanied by the editor's introduction, essays from the eminent jurors on their favorites, observations from the winning writers on what inspired them.

BUSINESS NEWS & TRENDS

FAMILY MATTERS

By Marc Garlett



HOW YOUR TRUST CAN HELP A LOVED ONE WHO STRUGGLES WITH ADDICTION

Substance addiction is by no means rare, impacting as many as one in seven Americans. Because of its prevalence, navigating a loved one's addiction is a relatively common topic in everyday life. But you should also consider it when working on your estate planning. Whether the addiction is alcoholism, drug abuse, or behavioral like gambling, we all want our loved ones to experience a successful recovery. And a properly created estate plan can help achieve just that.

The idea that money from a trust could end up fueling addictive behaviors can be particularly troubling. Luckily, it's possible to frame your estate planning efforts in such a way that you'll ensure your wealth has only a positive impact on your loved one during their difficult moments.

to help improve the behavior of the person in question. For example, the loved one who has an addiction can be required to maintain steady employment or voluntarily seek treatment in order to obtain additional benefits of the trust (such as money for a vacation or new car). Although it might seem controlling, this type of incentive structure can also help with treatment and recovery by giving a loved one something to work towards. This approach is probably best paired with funding for treatment (discussed above), so there are resources to help with treatment and then benefits that can help to motivate a recovery.

Lifetime discretionary trusts

Giving your heirs their inheritance as a lump sum could end up enabling addiction or make successful treatment more difficult. Luckily, there's a better way. Lifetime discretionary trusts provide structure for an heir's inheritance. If someone in your life does (or might eventually) struggle with addiction, you can rest easy knowing the inheritance you leave can't be accessed early or make harmful addiction problem even worse.

Of course, you want to balance this lifetime protection of the money with the ability of your loved one to actually obtain money from the trust. That's where the critical consideration of who to appoint as a trustee comes in. Your trustee will have discretion to give money directly to your beneficiary or pay on your loved one's behalf (such as a payment directly to an inpatient treatment center or payment of an insurance premium). When dealing with addiction, your trustee will need to have a firm grasp of what appropriate usage of the trust's funds looks like. Appointing a trustee is always an important task, but it's made even more significant when that person will be responsible for keeping potentially harmful sums of money out of the addicted person's hands.

Navigating a loved one's addiction is more than enough stress already without having to worry about further enmeshment through assets contained in your trust. But you can take that extra burden off your shoulders by building an estate plan that positively impacts your loved one and doesn't contribute to the problem at hand. That way, you can go back to focusing your efforts on the solution. Call us today if you're in this situation and would like some help.

Dedicated to empowering your family, growing your wealth and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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Funding for treatment
One of the ways your trust can have a positive influence on your loved one's life is by helping fund their addiction treatment. If a loved one is already struggling with addiction issues, you can explicitly designate your trust funds for use in his or her voluntary recovery efforts. In extreme cases where an intervention of some sort is required to keep the family member safe, you can provide your trustee with guidance to help other family members with the beneficiary's best interest by encouraging involuntary treatment until the problem is stabilized and the loved one begins recovery.

Incentive trusts
Incentive clauses can be included in your estate planning

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EDITORIALS



Congressman Adam Schiff, D-California

Originally Published in the Washington Post

WHY DID TRUMP REALLY FIRE COMEY? ONLY A SPECIAL
COUNSEL CAN TELL US.

By Congressman Adam B. Schiff, ranking Democrat on the House Permanent Select Committee on Intelligence

In the wake of President Trump's brazen interference with the independence of the FBI and the Justice Department, the country faces a crisis of confidence in the administration of justice not seen in more than four decades, and disturbing questions that demand immediate answers.

The firing of FBI Director James B. Comey offers Trump the ability to appoint a new director more beholden to him and perhaps more malleable than Comey, especially as it pertains to the investigation into contacts between the Trump campaign and Russia. That can't be allowed to happen. The FBI must have a strong, independent director.

Given the president's abiding and very literal conflict of interest in this case, Congress must also demand a full explanation of all the circumstances that led to Comey's firing, as well as supporting documentation from the Justice Department, lest the integrity of our justice system be called into even greater question.

In his letter dismissing Comey, the president thanked the director for thrice informing him that he was not under investigation. Because Comey had specifically refused to rule out an investigation of the president during testimony last week before the Senate Judiciary Committee, the president's representation is just that — a one-sided representation. Most of Trump's claims on the Russia matter have been false — from the fully debunked assertion that President Barack Obama wiretapped him to his recent misrepresentation that former director of national intelligence James R. Clapper Jr. testified that there was no evidence of collusion between Russia and Trump's campaign. As a result, anything the president represents on the Russia investigation should not be taken at face value. And, of course, even if correct, the president's campaign team is under investigation. Where that trail leads no one can be certain.

However, the president is not the only party in this case with serious conflicts of interest.

Indeed, the most troubling aspect of Deputy Attorney General Rod J. Rosenstein's otherwise fair critique of Comey's actions during the Hillary Clinton email investigation is to whom his memorandum is addressed — Attorney General Jeff Sessions, who misled his colleagues in the Senate about his contacts with the Russian government and was rightly forced to recuse himself from any decision-making role in the Russia investigation.

Because Comey was leading the FBI investigation into allegations that Trump campaign associates may have colluded in the Russian hacking of our election, how is it appropriate for Sessions to play any part in the firing of the man leading the Russia probe? For all the attention that Rosenstein pays to Comey's judgment and ethical obligations, he demonstrated no disquiet with the equally serious conflict of interest both Sessions and the president have in terminating the director while associates of the president are subjects of counterintelligence or criminal investigation.

Moreover, the stated rationale the White House has pushed for firing Comey is at odds with the president's own words during the campaign. After Comey violated department policy by discussing the Clinton investigation only days before the election, Trump praised the director for shining a new spotlight on Clinton's email troubles as Americans were heading to the polls. How were those actions praiseworthy then, and a firing offense now? Even for a president whose views are erratic and contradictory, the swiftness of his pivot on Comey is enough to induce vertigo.

All of this underscores the need for an independent prosecutor to oversee the FBI investigation. An independent prosecutor, or "special counsel," of unimpeachable integrity should be appointed, after a selection process free from any real or perceived political influence. Given the taint accompanying the president's decision, only this step will give the public any modicum of confidence that the investigation will be conducted fairly, rigorously and independent of political influence and interference. And while Congress continues to press forward with its own vigorous probe, the American people would likewise benefit from a congressionally empowered independent commission, fully staffed and immune from political pressure, to carry on a separate, nonpartisan review of the facts.

By firing Comey, Trump again has caused the public to wonder whether there is more here than meets the eye. To the long list of questions about his former national security adviser, his attorney general's flawed testimony before the Senate and his campaign's contacts with Russia, we must now add one more: Why, really, did the president fire James Comey?





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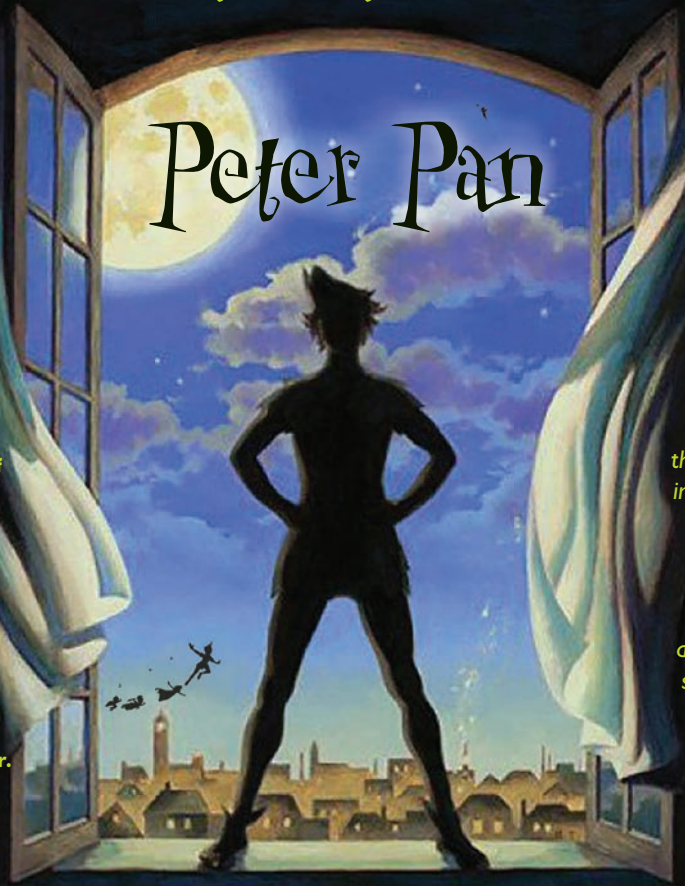
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