



SIERRA MADRE COMMUNITY YARD SALE



The City of Sierra Madre Senior Community Commission is hosting the 7th Annual Community Yard Sale on Saturday, June 3, 2017 from the hours of 8:00 a.m. to 12:00 p.m. located at Sierra Vista Park 611 E. Sierra Madre Blvd. Community Organizations and members are invited to come together with their neighbors to participate in a community yard sale. Participants have the opportunity to clean out their garages, attics, storage sheds and closets without sending those items to landfill!

\$35.00 Fee for individual spaces - no yard sale permits need be purchased; and all proceeds will benefit our senior programs and activities. Registration is required to be done in person beginning on Monday, April 10th in City Hall at the Community Services Department - 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Registration deadline is Thursday, May 18th or until

spaces are filled. Yard Sale spots are reserved on a first come, first serve basis. You do not want to miss out!

Participants must provide their own tables, chairs, canopies (12'x12' maximum) and cash boxes if needed. No electricity will be provided and selling areas must be self-sustaining. Live animals, large canopies, and selling of food or beverages are prohibited. All business must be conducted within your space. Note: Event may be canceled due to inclement weather.

Don't wait as there are a limited number of spaces offered. For more information, please contact the Hart Park House Senior Center (626) 355-7394; or the Community Services Department at (626) 355-5278.

[www.cityofsierramadre.com/cityhall/departments/community\\_services\\_department/](http://www.cityofsierramadre.com/cityhall/departments/community_services_department/)

TRAIL RACE VOLUNTEERS NEEDED

Saturday, May 27, 2017 celebrates the 109th anniversary and 51st running of the Mount Wilson Trail Race (MWTR).

The 8.6 mile running race is a unique, historic event, revered by the Sierra Madre community and by the 350 competitors who measure themselves against the mountain. As the second oldest run trail race in California, the Mount Wilson Trail Race is rich in history and has over the years developed strong ties to community members and organizations alike, making this event one to look forward to year after year.

This Memorial Day weekend tradition brings together over 1,000 runners, volunteers, and spectators. Activities include training runs for adults and kids, Kids' T-shirt Design Contest, Pre-Race Pasta Dinner and Raffle and much more. Runners enjoy the small town charm of Sierra Madre prior to and after their grueling, yet scenic climb of the Mount Wilson Trail. From novice to elite runners, this event has something for everyone!

Participants can register in person at Sierra Madre City Hall or on line by clicking the link below.

For more volunteering information please contact Clarissa Lowe or Tim Shepard at (626) 355-5278, [clowe@cityofsierramadre.com](mailto:clowe@cityofsierramadre.com) or [tshepard@cityofsierramadre.com](mailto:tshepard@cityofsierramadre.com)



SIERRA MADRE RESIDENTS ARE STILL URGED TO CONSERVE WATER

Despite improved statewide conditions, we are still striving to return to our local groundwater supply. Consider the variety of rebates that are being offered by our friends at the San Gabriel Valley Municipal Water District here: <http://sgvmwd.org/CONSERVATOR/Rebates>



COMING TO PASADENA MAY 20-21? ARRIVE EARLY, DRIVE CAREFULLY AND READ ADVISMENT FOR TRAFFIC AND SAFETY INFO.

PASADENA, Calif.—If you plan to be in Pasadena May 20 or May 21 for one of the many special events here this weekend, City officials remind the public to arrive early; drive carefully; bring money for food, parking & souvenirs; have fun but celebrate responsibly; take precautions from sun exposure, and don't forget to have a lot of extra patience.

The upcoming weekend is packed with several special events that are guaranteed to attract tens of thousands of people to Pasadena on both days. The plethora of exciting activities include two, sold-out U2 rock concerts at the historic Rose Bowl Stadium; the two-day annual Open House at the world famous Jet Propulsion Laboratory (JPL) and the final leg of the Amgen Tour of California with dozens of professional, road-rocket cyclists racing

through Pasadena on Saturday to the Final Finish Line in front of the Pasadena Convention Center.

"Arrive early and give yourself plenty of time to get here, park and enjoy your event," urged Pasadena Police Chief Phillip L. Sanchez. "All motorists are advised to use extra care; follow the directions of on-scene public safety officials and electronic message signs and take heed of all temporary and permanent No Parking zones because illegally parked vehicles are subject to ticketing and towing."

Helpful URL website: [http://www5.cityofpasadena.net/.../coming-to-pasadena-may-20-...](http://www5.cityofpasadena.net/.../coming-to-pasadena-may-20-.../)

Online links to event information, maps, road conditions and other details are provided below per event. Pasadena Fire Department and Public Health official s remind attendees to wear hats and layered clothing; use sunscreen; drink plenty of water or nourishing fluids; seek shade as necessary and smoke only in designated smoking areas. Always celebrate responsibly; designate a driver and/or consider using public transit—cheaper than a DUI; better

SMPD WARNING: LOCK YOUR CARS!

The Sierra Madre PD is advising that all residents please remember to keep your vehicles locked at all times. Day or night, in your driveway, on your street and of course, anywhere you go. Listed below is a list of the recent theft from vehicles

ALL FROM UNLOCKED VEHICLES!

Theft from unlocked vehicle

A grand theft from an unlocked vehicle occurred

at the 300 block of W. Laurel Ave. This incident occurred on Monday, May 15, 2017, between 7:00 pm to Tuesday, May 16, 2017 at 6:30 am. The victim parked his unlocked vehicle in the driveway of the residence. Unknown suspect(s) entered the vehicle, ransacked and stole miscellaneous items, from the interior and fled. Unknown amount of loss at this time as of this writing.

Vehicle Tampering

A vehicle tampering occurred at the 300 block of Manzanita Ave. This incident occurred on Monday, May 15, 2017, between 7:00 pm to Tuesday, May 16, 2017 at 6:30 am. Victim parked her unlocked vehicle in the driveway of residence. Unknown suspect(s) tampered the unlocked vehicle, but no loss was reported.

Theft from unlocked vehicle & Vehicle Tampering

A theft from an unlocked vehicle occurred at the 200 block of Manzanita Ave. This incident occurred on Monday, May 15, 2017, between 7:00 pm to Tuesday, May 16, 2017 at 6:30 am. The victim's second vehicle was tampered but no loss was reported. The victim parked her unlocked vehicles in the driveway of the residence. Unknown suspect(s) entered the first vehicle and stole loose change.

Vehicle Tampering

Two vehicles were tampered, which occurred at the 400 block of Manzanita Ave. This incident occurred on Monday, May 15, 2017, between 10:00 pm to Tuesday, May 16, 2017 at 7:45 am. The victim parked her vehicles in the driveway. Unknown suspect(s) tampered the vehicles, however no loss was reported.

Thank you and BE SAFE!



See something.  
Say something.

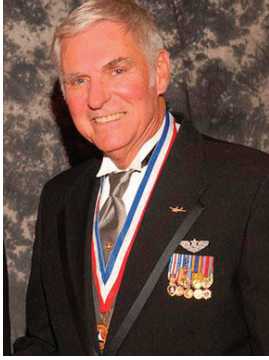
for the environment and less stress.

To help keep us all safe, public safety officials also remind everyone that "If You See Something, Say Something" by calling (626) 744-4241 for suspicious, non-emergency situations and/or to contact the nearest uniformed officer on scene. For immediate, life-threatening instances, always call 9-1-1. When calling, remain calm, speak clearly, identify your location and the nature of the call.

Caltrans reminds the public that active construction projects, lane realignments and temporary barriers are on the I-210 Freeway. For the JPL and Rose Bowl Stadium areas, Caltrans estimates the (currently closed) eastbound I-210 Berkshire P lace on-ramp and Arroyo Boulevard off-ramps will reopen by 5 a.m., Saturday, May 20 and remain open through May 21. Due to the Amgen race route, however, the east and westbound I-210 off-ramps for Arroyo Boulevard will temporarily close for about 30 minutes, from about 1:20 p.m. to 1:50 p.m., as cyclists pass through the area on Saturday. This may impact arrival times at JPL.

VETERANS OF FOREIGN WARS OF THE UNITED STATES MEMORIAL DAY CEREMONIES

Lt. Kenneth Bell VFW Post 3208 invites patriotic Veterans, families and friends to attend our special Memorial Day Ceremonies honoring our deceased War Veterans at Sierra Madre Pioneer Cemetery, Monday, May 29 at 11:00 A.M. Please arrive early to get a seat. In recent years, the ceremony has attracted standing-room only crowds. A sandwich lunch will be served following the ceremony, courtesy of Post 3208. Patriotic and WW II music will be played



before and after the ceremony. Our scheduled keynote speaker is retired Air Force Lt. Col. Richard G. (Dick) Rutan, highly decorated, ace Vietnam War Air Force fighter pilot, test pilot, pilot of historic world-record holder aircraft Voyager, and recipient of the Presidential Citizen's Medal of Honor from President Ronald Reagan. VFW Post 3208 urges all who are available and able to come and honor America's deceased war veterans at our solemn Memorial Day Ceremony.



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## Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi 70s	Lows 50s
Mon:	Ptly Cldy	Hi 70s	Lows 50s
Tues:	Ptly Cldy	Hi 70s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR May 23, 2017  
6:30 pm

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CITY MEETINGS

Regular City Council Meeting  
Tuesday, May 23, 2017,  
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [cityofsierramadre.com](mailto:cityofsierramadre.com) before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council  
May 23, 2017 at 6:30 pm

Planning Commission  
May 18, 2017 at 7:00 pm

June 1, 2017 at 7:00 pm

Community Service Commission  
May 15, 2017 at 6:30 pm

Senior Community Commission  
June 1, 2017 at 3:00pm

Library Board of Trustees  
May 24, 2017 at 7:00 pm

Energy, Environment, and Natural Resource Committee  
May 17, 2017 at 7:00 pm



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Rotary of Sierra Madre

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### Closing Sale

Store Closing May 20, 2017.

*A furniture and fixture sale  
will begin Wednesday May 24  
thru May 27, 17.*

*12 noon to 6pm  
Everything must go!*



### LUNCH WITH KIWANIS.... BE A MEMBER FOR A DAY

Tuesday, May 23, 2017

THE REAL DEAL: SIERRA MADRE'S  
WATER SITUATION AND THE STATUS  
OF UNFUNDED MANDATE

Guest Speaker: Councilman John Capoccia

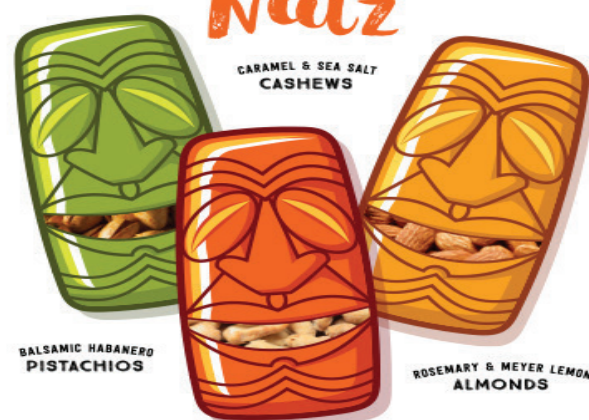
Tuesday, May 30, 2017

EMERGENCY COMMUNICATIONS -  
Presented by Allen Wolfe,  
CERT/HAM RADIO OPERATOR

Meetings are held at The Lodge  
33 E. Sierra Madre Blvd., Sierra Madre, Ca.  
Lunch begins at Noon and is \$10.  
Programs begin at 12:40 and are free.  
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## SIERRA MADRE 4TH OF JULY PARADE ENTRIES OPEN NOW!

Parade Registration is also OPEN now through June 1. If you'd like to enter this hometown event, as an organization or business or individual group featuring community members, organizations, classic cars, a marching band, kids on their decorated bikes and so much more. Join us for the 2017 parade on July 4, from 10:00am - 12:00 pm. The parade route will begin at the corner of Sierra Madre Blvd. and Sunnyside Avenue, and will travel the length of Sierra Madre Blvd. to Sierra Vista Park.

Parade participation is open to all; young, young-at-heart, and everything in between. There is NO FEE to participate in the parade thanks to Official Sponsor of the 2017 Parade a The Kensington. The Kensington-Sierra Madre is an assisted living and memory care residence in the heart of Sierra Madre. The committee and community join us in thanking them for their partnership this year as we work together

to bring the community and outstanding All-American Celebration.

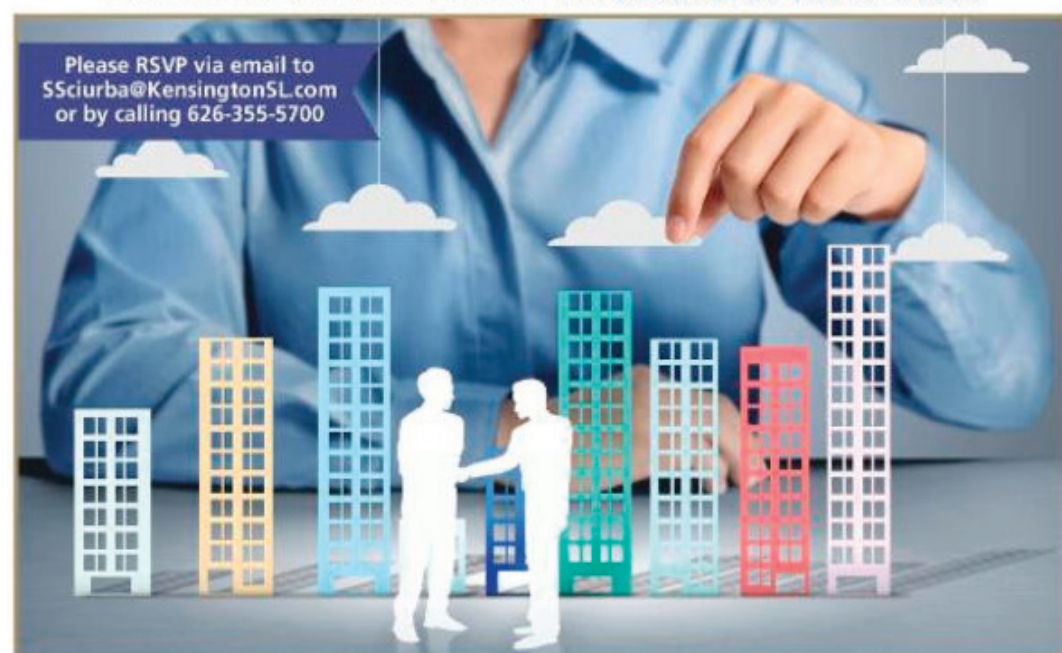
Parade registration is now open and all applications must be submitted by Thursday, June 1st. Due to staging concerns, no late entries will be accepted. Please make sure to fill out all fields and hit the submit button!

For questions regarding parade registration please contact the 4th of July Committee at [4thofjulysiemramadre@gmail.com](mailto:4thofjulysiemramadre@gmail.com) or the Community Services Department at 626.355.7135

Remember that registration closes June 1st. Due to staging concerns, no late entries will be accepted. To register visit our website at <https://sierramadre4thofjuly.wordpress.com/>

For more information on all of the 4th of July Festivities, please visit [www.sierramadre4thofjuly.com](http://www.sierramadre4thofjuly.com).

YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE



### Sierra Madre Chamber of Commerce Mixer at The Kensington – Join Us!

The Kensington Sierra Madre is excited to welcome you for this rewarding event. Engage with your community and keep abreast on topics and issues that matter to you!

Guest speaker, Sierra Madre Chief of Police, Joe Ortiz will be joining us to give an update on the status of his department as well safety issues that concern all residents of Sierra Madre. Please feel free to invite neighbors and friends to this meeting.



Speaker: Sierra Madre  
Chief of Police Joe Ortiz



#### EVENT DETAILS

THURSDAY, MAY 25, 2017  
From: 6:00pm – 8:00pm

at The Kensington  
245 West Sierra Madre Blvd.  
Sierra Madre, CA 91024  
(626) 355-5700



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## Try Something New & Creative

Spaces still available in these upcoming workshops



### Marbling & Batik

Saturday & Sunday

May 27 & 28, 10:00am-4:30pm

Learn how to combine marbling (multi-colored swirled patterns on paper or fabric) and Batik (wax-resist dyeing applied to fabric) in a modern artistic way.



### Mosaics

Sunday, June 4, 1:00-5:00pm

Sunday, June 11, 1:00-4:00pm

Learn the pique assiette style of mosaics and create a garden sculpture using a variety of recycled materials.

Register online, by phone or in person

## Creative Arts Group

108 N. Baldwin Ave. Sierra Madre

626.355.8350 [CreativeArtsGroup.org](http://CreativeArtsGroup.org)

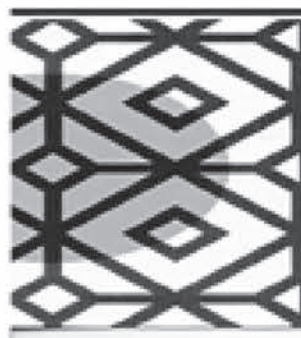








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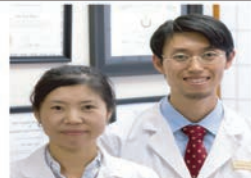
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# Pasadena Altadena

News From Your Community For Your Community

## South Pasadena Bans Sale of Dogs, Cats, and Rabbits

The South Pasadena City Council passed an ordinance Wednesday banning the sale of dogs, cats, and rabbits in pet stores. The unanimous vote followed appeals by the South Pasadena Animal Commission, local rescue group The Dog Rescuers, local residents, and PETA representatives.

"Cruel puppy, kitten, and rabbit breeding mills churn out animals into a world that's already bursting at the seams with homeless animals," says Tracy Reiman, PETA's executive vice president and a South Pasadena resident. "PETA hopes South Pasadena's progressive example will inspire other cities across the country to ban the sale of animals in pet stores."

According to PETA, every year, more than 6 million dogs and cats end up in U.S. animal shelters, and half of them are euthanized because there aren't enough good homes for them. Countless more end up on the street, where they may starve, freeze, get hit by cars, or endure abuse. PETA encourages caring people to adopt from local animal shelters and never buy from breeders or pet stores.

Pet stores also obtain animals from breeding mills, where animals are denied socialization, exercise, and veterinary care. Mother animals spend lonely lives inside miserable cages, producing litter after litter like breeding machines. Once their bodies wear out and they're no longer profitable, they're killed or abandoned they said.

Reiman said the group is also sending rabbit-shaped vegan chocolates to the mayor and city council members and South Pasadena Police Capt. Mike Neff, who was instrumental in putting forth the ordinance.

## Pet of the Week



Lavender (A417410) is a 6-month-old, spayed female, brown and white pit bull mix who's full of puppy energy. Whether she's chasing a ball or playing tug of war with a rope toy, Lavender is always ready to play. She is also very sweet and enjoys being petted. She even likes crawling into our volunteers' laps! Lavender is a smart pup who already knows how to sit on command, and would likely benefit further from some basic obedience training in her new home.

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A417410, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at [pasadenahumane.org](http://pasadenahumane.org).



## New Information in Missing 5-year-old Boy

*County officials have increased a reward to \$20,000 for information leading to the arrest of individuals involved in the disappearance.*

New information and an increase in the reward currently offered to \$20,000 for information leading to the apprehension and/or conviction of anyone involved in concealment or kidnapping of a 5-year-old South Pasadena boy had police Thursday intensely searching the Arroyo Seco for clues.

The intensified search was called after detectives, received, what they said was a credible tip that Aramazd Andressian Jr. was in the park. An eight hour search involving 80 sheriffs' deputies found nothing they said.

The search look place just hours after a press conference and a number of new details including that his father, Aramazd Andressian Sr.'s, car

had been doused in gasoline and that he may have tried to commit suicide. The mother of Andressian Jr. also spoke out for the first time.

"My son's disappearance is my worst nightmare; it has been 32 days and 3 hours, since I last hugged my son, or told him how much I love him," Ana Estevez said. "There are no words to describe how devastating and heartbroken I am."

Estevez also said she believes her son, who goes by Piqui, is alive.

LASD Lieutenant Joe Mendoza told reporters that the press conference timing and search were unrelated.

According to police on Saturday morning, April 22, five year old Andressian Jr. was reported missing by his mother to San Marino Police after Aramazd Jr.'s father failed to show up for their child custody exchange. At the time of the report, San Marino Police discovered that prior to the time of the exchange, the father had been found unconscious next to his

vehicle at Arroyo Park in South Pasadena. South Pasadena Police transported Aramazd Sr. to a local hospital for medical treatment. At the time of this discovery, the missing child, Aramazd Jr., was not with his father.

There was also an intensive search done April 23 that was conducted by South Pasadena Police Department as well as Los Angeles County Sheriff's Department.

Anyone with information on the case is being asked to contact, LASD/Homicide Bureau Lieutenant Joe Mendoza at (323) 890-5564 or the Los Angeles Regional Crime Stoppers Hotline at (800) 222-TIPS (8477).

## Space Tech Expo USA Returns to Pasadena

Space Tech Conference returns to Pasadena Convention Center with an insight-packed three-day agenda, Tuesday through Thursday, that will help commercial, military, government and academic organizations navigate the opportunities and challenges of doing business in an increasingly complex landscape.

Pasadena Convention Center is located 300 East Green Street.

Through keynotes, panels and audience-interactive discussion sessions, the conference will examine questions and issues including:

Implementing 'Space Enterprise Vision' – adapting to a new era in Air Force space requirements.

New space and old space – how will incumbents and start-ups work together co-operating instead of competing?

Commercial, government and military collaboration in future space.

Space funding and new space finance.

How do you accelerate from being a start up to a real market player?

Improving US commercial space competitiveness – increasing space exports.

Small launch vehicles – addressing the bottleneck of getting into space.

Space traffic management/ space situational awareness – managing congested space and assuring safety.

Scaling operations and manufacturing capabilities to support growth of mega constellations.

There will be thousands of participating companies including hundreds of vendors.

The free-to-attend Open Technical Forum is also back with over 30 not to be missed presentations. For more information visit: [spacetecheexpo.com/visit/free-sessions-agenda](http://spacetecheexpo.com/visit/free-sessions-agenda).

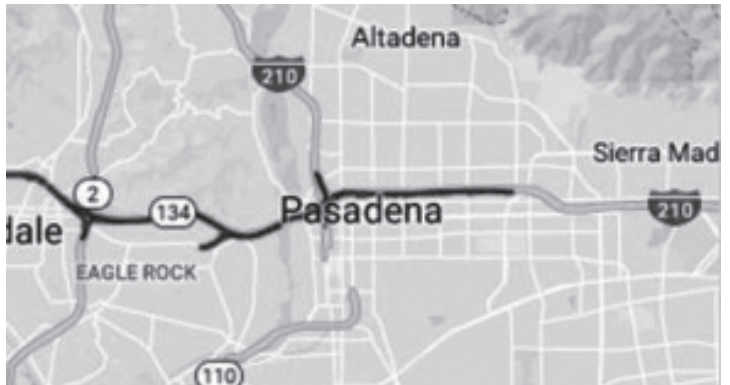
## Memorial Day Barbecue

Enjoy a Memorial Day barbecue Monday, May 29, from noon to 2 p.m. at the Pasadena Senior Center, 85 E. Holly St.

The barbecue lunch will include hamburgers, hot dogs, salad, baked beans and ice cream.

The cost is \$10 for members of the Pasadena Senior Center and \$12 for non-members. For more information visit [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) or call (626) 795-4331.

## Proposal to Name Freeway Obama Passes State Senate



Senator Anthony Portantino's proposal to name the segment of the CA-134 freeway between the Glendale CA-2 and the Interstate 210 Freeway the "President Barack H. Obama Freeway," passed the State Senate with overwhelming bi-partisan support with a 34 to 1 vote. The resolution now heads to the State Assembly.

President Obama began his college education in California, attending Occidental College in Eagle Rock from 1979 to 1981. He lived in Pasadena during his sophomore year where he travelled the 134 freeway from his apartment to his college campus. His attendance at Occidental College influenced his political trajectory and led him to become one of the most revered and respected presidents in American history.

Senator Portantino, who represented Eagle Rock in the State Assembly and currently represents the Glendale side of the 134 and the Pasadena junction of the 134 and 210 freeways, commented:

"I am very pleased by the support this freeway naming has garnered in Sacramento and across California. President Obama left office with high approval ratings for his eight terrific years of service to our country. His leadership and time as a District 25 resident played a significant role in determining his future and tremendous legacy. I am very grateful to the residents of my district for suggesting the idea of naming the 134 for our former President."

Assemblymember Jimmy Gomez, who currently represents Eagle Rock, is a principal co-author on this resolution.

## Explore JPL Booked Solid

City officials are reminding the public that the two-day event this weekend at Jet Propulsion Laboratory, known as "Explore JPL" -- the event is booked solid; and is not open to the public without tickets, event organizers said there are no exceptions. You must have advanced reservations / tickets that were distributed earlier this year, they said.

For those with tickets, Explore JPL runs, 9 a.m. to 4 p.m., today and Sunday. It is also being advised to get there early, wear comfortable walking shoes and have plenty of patience for



parking. Tips: bring cash for food and souvenir purchases. Maps and other info at [jpl.nasa.gov/events/faq/](http://jpl.nasa.gov/events/faq/). Or twitter: [@NASAJPL](https://twitter.com/NASAJPL) #NASAJPL and facebook.com/NASAJPL

## Free Events Roundup at the Pasadena Senior Center

There is something for everyone in February at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations.

**Smart Phones, Tablets and Computers – Tuesdays and Thursdays to May 25, at 10 a.m.** Get the answers you need about personal technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail set an alarm, navigate the Internet and download apps is easier than you may think!

**A Toast to the Joys of Music – Tuesdays to May 30, from 9:30 to 11:30 a.m.** Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

**Domino Club – Thursdays, to May 25, at 1 p.m.** If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday... it may be contagious! For more information call Vicki at 928-478-4654.

**A Matter of Balance – Tuesdays and Thursdays, to May 23, from 1 to 3 p.m.** Are

you concerned about falling? Learn how to reduce the fear of falling and increase balance and activity levels during this interactive workshop that combines discussion, video and exercise. Reservations are required: 626-685-6732.

**UCLA Memory Training – Thursdays, to June 1, from 1 to 3 p.m.** UCLA Memory Training is an innovative education program for people with age-related memory concerns. This four-week workshop will focus on the top four concerns: forgetting names and faces, forgetting to keep appointments and other future plans, forgetting where you put things such as keys and eyeglasses, and overcoming tip-of-the-tongue forgetfulness. Participants will engage in memory quizzes and skill-building exercises through small-group discussions in a low-stress environment. Reservations are required by calling 626-685-6732.

**Senior Pet Care 101 – Thursday, May 25, at 10 a.m.** Learn about pet care and pet resources, questions you should ask when considering taking on a new pet and what type of pet or breed is best suited to your lifestyle and activity level.

For more information visit [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) or call (626) 795-4331.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.



## La Cañada Leader Dave A. Spence Dies of Heart Attack

Long-time City Council member and six-time mayor David Spence died Tuesday in his home. Preliminary indications are that Council member Spence suffered a heart attack at his home. He was 80.

"David Spence was an invaluable source of wisdom, guidance and support, both to the La Cañada Flintridge community and to me personally," said La Cañada Flintridge Mayor Michael T. Davitt. "His tireless dedication and legacy of excellence set the standard for our community."

Supervisor Kathryn Barger issued the following statement on the passing of Spence: "I am shocked by the news of Dave's passing. I spent a great deal of time with him over the last week at various functions. Dave was a friend who I admired greatly for his dedication and commitment to public service. We attended the same college, Ohio Wesleyan, and I often referred to him as my 'Battling Bishop.'"

In addition to his deep love for his family, he truly cared about his city and was tireless in his efforts to ensure that the residents of La Cañada received the very best representation and service from their local government. He leaves a

significant legacy and will be truly missed. Eric and I send our prayers and condolences to his sons, Steve and Andy.

Council member Spence was appointed to a four-year term on the Public Safety Commission in 1988. First elected to the City Council in 1992, he served for the past 25 years and was elected and appointed mayor six times. Spence is survived by his two sons, Steve and Andy. He was preceded in death by his wife Alice Spence.

A service celebrating his life is pending. For more information, visit the City's website: [lcf.ca.gov](http://lcf.ca.gov) where information on funeral services will be posted.

## ALTADENA POLICE BLOTTER

### Sunday, May 7th

6:20 PM – A residential burglary occurred in the 600 block of W. Altadena Drive. Suspect entered the residence by cutting the window screen. Suspect described as a male between 18-25 years old, 5 feet 10 inches and 160 pounds. No items were taken.

8:00 PM – A residential burglary occurred in 600 block of Devirian Place. Suspect(s) entered the residence via unknown means. Stolen: jar full of coins.

### Tuesday, May 9th

10:10 AM – A vehicle burglary occurred in the 2100 block of Lincoln Avenue. Suspect(s) entered the vehicle the vehicle by shattering the window. Stolen: black leather purse and black iPhone.

3:00 PM – A commercial vandalism occurred in the 2900 block of El Nido Drive. Suspects have been identified as juveniles.

### Wednesday, May 10th

1:01 AM – Andre Ross, 27 years old of Pasadena was arrested in the 1700 block of Los Robles Avenue for possession of a controlled substance.

### Thursday, May 11th

4:15 AM – A robbery occurred in the 1800 block of N. Lake Avenue. Suspect described as a male adult, between 30 – 40 years old, 5 feet 11 inches, and 160 pounds. Stolen: pack of cigarettes and currency.

10:11 PM – Lawrence Garcia, 40 years old of Altadena was arrested in the 400 block of Figueroa Drive for discharging a firearm in a negligent manner. No injuries were reported.

### Friday, May 12th

10:42 PM – A domestic battery occurred in the area of Windsor Avenue and Weimar Street. Suspect has been identified.

### Saturday, May 13th

11:00 AM – A residential burglary occurred in the 3000 block of Maiden Lane. Suspect(s) entered the residence by cutting the screen. Stolen: unknown.

2:10 PM – Terry Harmon, 55 years old of Altadena was arrested in the area of Figueroa Drive and Lincoln Avenue for possession of a billy club.

8:12 PM – Michael Taylor, 59 years old of Altadena was arrested in the area of Lake Avenue and Marcheta Street for public intoxication.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## ARCADIA UNIFIED DOUBLES TAXPAYERS SAVINGS TO \$80 MILLION

ARCADIA-- It was only a couple of months ago that the Arcadia Unified School District announced a bond refinance plan that would result in an estimated \$40 million in savings to Arcadia taxpayers. With the refinancing process complete, that figure has more than doubled to over \$80 million. In its presentation of the bond refinance results at the May 9 Board of Education meeting, Arcadia Unified’s Business Services revealed that it has secured Arcadia taxpayers over \$80 million in tax savings.

The increased savings come by way of several favorable factors, but at the forefront is Arcadia Unified’s adherence to fiscally responsible practices as reflected by the District’s credit rating. The District began the bond refinance process by having two industry-leading credit rating agencies, S&P Global Ratings and Moody’s Investors Service, review its credit rating. Each agency rated Arcadia Unified higher than anticipated, AA and Aa1, respectively, citing reasons for the increased rating as Arcadia Unified’s conservative management of funds and responsible financial practices along with the District’s extremely strong financial condition and high reserve levels.

Out of all of the school districts in California that issued bonds last year, less than 16% received as high a credit rating as Arcadia Unified from either agency. As a result of this exceptional rating, the District received very competitive bids for the bonds, with Bank of America Merrill Lynch, who submitted the lowest bid, selected as the winning underwriter. Another key component to the savings is that the bonds were refinanced as current interest bonds, eliminating all of the previous, more expensive capital appreciation bonds.

“Our district would be hard-pressed to operate at the remarkable level we do without Arcadia taxpayer support,” said Arcadia Unified Superintendent Dr.



David Vannasdall. “I am incredibly proud of the work our team does in ensuring our district’s sound financial status and for exemplifying best practices in management of our taxpayers’ money. These savings are exclusively for the taxpayers and come at no cost to the district. I can’t be happier with these results.”

“It’s fantastic to see that just weeks after our voters passed Measure A, securing \$77 million for our schools over the next 18 years, we can offer our generous community \$80 million in tax savings,” expressed Arcadia Unified Board of Education Member Kay Kinsler.

The majority of the refinanced bonds originated from Arcadia Unified’s Measure I, Facilities Bond. Approved by voters in November 2006, Measure I, or the Arcadia Neighborhood Schools, Health, Safety, and Repair Measure, authorized \$218 million of general obligation bonds to be spent solely for the 1 improvement and modernization of Arcadia Unified School District schools and facilities. Fiscal management of the bonds has been overseen by Arcadia Unified’s Business Services, headed by Assistant Superintendent Christina Aragon.

## ARCADIA POLICE BLOTTER

*For the period of Sunday, May 7th, through Saturday, May 13th, the Police Department responded to 1,006 calls for service, of which 122 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

**Sunday, May 7:**  
Shortly before 10:33 p.m., an officer conducted an enforcement stop on a vehicle on Sierra Madre Boulevard, just west of North Canon Avenue in Sierra Madre, for having suspended registration. A records check of the occupants revealed the driver, a 36-year-old male from La Crescenta, was driving without a license and the passenger, a 53-year-old male from Van Nuys, had two outstanding felony warrants and provided the officer with a false name. An investigation revealed the vehicle was stolen and the passenger was in possession of drug paraphernalia. Both were arrested and transported to the Arcadia City Jail for booking.

**Monday, May 8:**  
At approximately 2:16 a.m., an officer conducted a traffic stop on a vehicle in the area of Camino Real Avenue and Baldwin Avenue for speeding. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 20-year-old male from Temple City was driving under the influence of an alcoholic beverage and had a blood alcohol content of .137%. The suspect was arrested and transported to the Arcadia City Jail for booking.

Just after 7:25 a.m., an officer responded to the 1000 block of Don Robles Street regarding a vehicle burglary report. The officer discovered an unknown suspect broke the passenger window of the vehicle and stole the vehicle registration. Surveillance footage revealed an unknown suspect exited a light-colored Ford Mustang and committed the burglary. The investigation is ongoing.

Around 8:29 a.m., an officer responded to Souplantation, 301 East Huntington Drive, regarding a commercial burglary report. The officer discovered unknown suspects attempted to burglarize the business by cutting a hole through a wall of the restaurant’s utility room. The investigation is ongoing.

Around 4:09 p.m., an officer responded to REI, 214 North Santa Anita Avenue, regarding a grand theft report. Surveillance footage revealed two suspects entered the store, selected at least four backpacks, and fled through the emergency exit to an awaiting vehicle.

The suspects are described as a white male, early 40’s, thin build, approximately 5’9” with many tattoos and a white male, 20 to 30-years-old, approximately 5’9”, with an average build. They fled in a tan 4-door sedan. The investigation is ongoing.

**Tuesday, May 9:**  
Just before 11:50 a.m., an officer responded to a residence in the 900 block of Paloma Drive regarding a commercial burglary report. An investigation revealed an unknown suspect stole a generator from a storage shed in the backyard sometime between December 2016 and March 2017. No suspects were seen and no witnesses were located.

Shortly after 9:11 p.m., an officer responded to a residence in the 500 block of East Lemon Avenue regarding a burglary report. Surveillance footage revealed three suspects smashed a rear window, entered the residence, and fled empty-handed.

The suspects were seen driving away in a dark-colored 4-door

sedan with dark-colored paper plates. The investigation is ongoing.

**Wednesday, May 10:**  
At about 8:20 a.m., an officer responded to a residence in the 200 block of East Haven Avenue regarding a theft from vehicle report. The officer discovered an unknown suspect entered the unlocked vehicle, stole an insurance card and vehicle registration, and fled undetected. No witnesses were located.

At approximately 1:34 p.m., an officer responded to the 600 block of Vaquero Road regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 28-year-old female from Rosemead and a 29-year-old female from Monterey Park had the stolen package, property, and tracking device in their vehicle. The 28-year-old was also in possession of stolen credit cards and methamphetamine. Both were arrested and transported to the Arcadia City Jail for booking.

**Thursday, May 11:**  
Just before 6:39 p.m., officer responded to the area of San Antonio Road and Colorado Boulevard regarding an activation of an Arcadia Police Department GPS tracker. The officer attempted to initiate a traffic stop but the suspect fled and a pursuit ensued. The pursuit was terminated but the Pasadena Police Department airship continued to follow the suspect to an Edwards Cinema parking lot in South Gate where the suspect fled on foot into the theater. The suspect was located, arrested, and transported to the Arcadia City Jail for booking. An investigation revealed the 27-year-old male from La Mirada was driving a stolen vehicle, had an outstanding felony warrant, and was in possession of methamphetamine, burglary tools, and stolen property.

Around 8:44 p.m., an officer responded to a residence in the 300 block of Camino Real Avenue regarding a burglary report. Surveillance footage revealed three suspects smashed a rear window, ransacked the residence, and fled with cash and jewelry. The investigation is ongoing.

**Friday, May 12:**  
At about 1:22 a.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a battery report. The officer discovered an altercation occurred between a boyfriend and girlfriend resulting in the male hitting the female victim in the back of the head and pulling her hair. Witnesses nearby intervened and punched the suspect. The witnesses fled by the time officers arrived. The boyfriend, a 30-year-old male from Covina, was arrested and transported to the Arcadia City Jail for booking.

**Saturday, May 13:**  
Just before 10:57 a.m., an officer responded to a residence in the 1100 block of Rancho Road regarding a vandalism report. The victim discovered his mailbox lock had been broken by an unknown suspect sometime during the previous evening. No suspects were seen, no witnesses were located, and no loss was reported.

Shortly after 10:17 p.m., an officer responded to a residence in the 1000 block of Oakdale Lane regarding a burglary report. An investigation revealed unknown suspects smashed a rear glass door, ransacked the interior, and fled with a 5’ tall safe containing firearms, ammunition, and jewelry. The investigation is ongoing.

# MONROVIA - DUARTE

Sierra Madre

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## PUBLIC SAFETY ISSUES CONTINUE TO BE A FOCUS AS THE CITY WORKS WITH LA COUNTY SUPERVISOR KATHRYN BARGER’S OFFICE, THE LOS ANGELES COUNTY SHERIFF’S DEPARTMENT, AND THE CITY OF DUARTE TO ADDRESS REGIONAL GANG VIOLENCE

During the past year, regional gang violence in the areas surrounding Monrovia has become a significant public safety issue that local law enforcement agencies have been working hard to address. These issues began in early 2016 when gang activity turned violent in our region, and has been primarily driven by conflicts between the Crip gang located in the unincorporated Los Angeles County areas surrounding Duarte / Monrovia, the Hispanic gang in Duarte, and a Blood gang in Pasadena.

Given this recent increase in regional gang violence occurring around us, during the past several weeks, we have been in contact with our partners at Los Angeles County Supervisor Kathryn Barger’s Office, the Los Angeles County Sheriff’s Department, and the City of Duarte. Through those discussions, we have been excited to learn additional details about some terrific public safety initiatives being pursued by our regional partners, which includes the reinstitution of joint patrols between members of the Monrovia Police Department and the Los Angeles County Sheriff’s Department to further combat the rise in gang activity.

In particular, we wanted to share with our community details related to the efforts being undertaken regionally. First, our thanks to Los Angeles County Supervisor Kathryn Barger, who has authorized the use of discretionary funding to deploy a special LA County Sheriff’s Department Summer Enforcement Team (SET) to combat the rise in gang violence occurring in unincorporated LA County and in Duarte. This team will begin working on May 14, 2017, and will remain intact through September 2017. In addition, Supervisor Barger has used her discretionary funds to pay for a short-term special operations team to focus on gang activity prior to the time when the SET team becomes available in May.

Additionally, the LA County Sheriff’s Department has deployed multiple law enforcement response mechanisms, including ongoing parole / probation searches and engaging in multi-jurisdictional efforts to combat gang activity. Furthermore, we wanted to share with our community that the LA County Sheriff’s Department has already deployed their Operation Safe Streets (OSS) Bureau staff to address the increased gang activity in the region. OSS is the agency within the LA County Sheriff’s Department that is responsible for providing suppression, intelligence, and expert investigation against criminal street gangs, and some of the special activities being pursued by OSS include:

Participation in saturation patrols in the region

Collection and distribution of key intelligence information through compilation of a list of the most active gang members in the region, and providing that information to the LA County Sheriff’s Department Summer Enforcement Team and

Temple Station patrol deputies.

• Work with LA County Probation Officers and Parole Agents to conduct probation / parole compliance checks on gang members who have recently been released from custody and are residing in the region

• OSS personnel are actively working with Temple Station to train LA County Sheriff’s Department patrol deputies in the enforcement of gang laws, including enforcement of the gang injunction in unincorporated LA County adjacent to Monrovia.

All of these efforts have been paying off, as our counterparts at the LA County Sheriff’s Department have shared with us that during the past few weeks, law enforcement officials have arrested the top five most active Duarte Eastside gang members.

By coordinating joint patrols between the Monrovia Police Department and LA County Sheriff’s Department, establishing a special LA County Sheriff’s Department Summer Enforcement Team, and engaging the efforts of the LA County Sheriff’s Department OSS Bureau, a tremendous amount of attention and resources are being deployed to quell the rise of gang activity in the region.

Supervisor Barger has supported this collaboration with the LA County Sheriff’s Department and the City of Duarte, and these terrific initiatives will certainly help to supplement the strategies that Monrovia has employed for years, and which we will continue to pursue. Moving forward, the City will continue working alongside our neighborhood leaders and with our Monrovia Area Partnership program to advance the two primary strategies we have engaged to fight gang violence in Monrovia, which includes the continued use of our gang injunction and the continuation of our efforts to evict criminal tenants from living in our City. As you may recall, Monrovia was able to institute a preliminary gang injunction in 2009, which was eventually expanded to serve as a permanent injunction against gangs based out of the community in 2010. The injunction is still in place today and serves as a critical tool in our efforts to identify and remove gang members from our City. Additionally, the Monrovia Police Department has during the past decade worked to coordinate with community members to put pressure on landlords who rent to criminals. Working with our residents, the pressure that we have been able to exert together has resulted in landlords evicting more than 150 gang members / drug dealers from Monrovia during the past ten years.

Working together with LA County, the LA County Sheriff’s Department, and the City of Duarte, we will continue to partner to implement aggressive measures to address the current gang violence occurring in the region.

## MONROVIA POLICE BLOTTER

*During the last seven-day period, the Police Department handled 402 service events, resulting in 82 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.*

### Shoplifting – Suspect Arrested

May 15 at 11:56 a.m., loss prevention personnel at a business in the 300 block of W. Huntington called police to report subjects shoplifting. A male and female adult had concealed merchandise while inside the store and left without paying for the items. The suspects split up outside of the store and went in different directions. Officers responded and located the female suspect. The female phoned the male suspect and told him she was being detained by officers. The male suspect returned with the stolen property and admitted to the crime. He was arrested and the female was released, as she did not have property and was not seen taking the property.

### Shoplifting – Suspect Arrested

May 15 at 4:03 p.m., a shoplifting incident was reported at a business in the 300 block of W. Huntington. A male adult left the store without paying for merchandise he had concealed. Officers arrived and located the suspect sitting on the front porch of a residence nearby. The homeowner appeared puzzled and said he did not know the suspect. The homeowner told officers that the suspect ran onto his porch and sat down next to him. The suspect was arrested for the crime and taken into custody.

### Vehicle Burglary

May 15 at 7:10 p.m., the victim of a vehicle burglary called police to report that sometime between 5:00 and 7:00 p.m. someone broke into his vehicle in the 100 block of S. Mayflower. The rear passenger side window was shattered and his backpack was taken. The investigation is continuing.

### Grand Theft

May 15 at 7:22 p.m., a grand theft was reported in the 400 block of S. Alta Vista. The victim parked his vehicle on the street and went inside for the night. The following morning he returned to his vehicle at 6:00 a.m. and started the ignition. There was a loud sound coming from under the vehicle. He looked underneath and saw the catalytic converter had been stolen. The investigation is continuing.

### Grand Theft Auto

May 16 at 9:25 a.m., a vehicle was reported stolen in the 1000 block of S. Mountain Avenue. The victim parked her vehicle on the street on May 14. When she returned to her vehicle on May 16, she discovered it had been stolen. There were no signs of forced entry. The vehicle is a grey, 2000 Honda CRV. The investigation is continuing.

### Possession of a Controlled Substance / Possession of Drug Paraphernalia – Suspects Arrested

May 16 at 4:29 p.m., a caller reported several subjects using drugs near a silver vehicle parked in a business parking lot in the 200 block of E. Lime Avenue. Officers responded and located the vehicle and several subjects. During the investigation, two subjects were found to be in possession of narcotics and drug paraphernalia. They were arrested and taken into custody.

### Fight in Progress / Assault with a Deadly Weapon – Suspect Arrested

May 16 at 6:50 p.m., officers responded to a business parking lot in the 400 block of S. Myrtle regarding a large fight in progress. When officers arrived, the fighting had stopped. The fight was over a parking situation involving employees and patrons from another business location. During the altercation, the victim fell to the ground and was kicked in the head multiple times by the suspect. The suspect was arrested and taken into custody for the assault.

## MONROVIA’S OFFICIAL POPULATION IS NOW 38,514!

Just a quick note to let everyone know that the California State Department of Finance recently released its new population projections. As of January 1, 2017, Monrovia’s official population is

estimated at 38,514, which represents a 2.9% increase (+1,103 people) over 2016. The chart below outlines our comparative growth rate, as identified and developed by the State.



## SIERRA MADRE ELEMENTARY STEAM CLASSROOM RIBBON CUTTING



Pasadena, CA – Sierra Madre Elementary School students, faculty, parents, elected officials and community members will celebrate a ribbon cutting ceremony Monday, May 22, 2017 at 7:45 a.m. to mark the opening of the school's new Science, Technology, Engineering, Art, and Math (STEAM) portable classroom. The ceremony will be held during the school's regular morning assembly.

The ribbon cutting will be followed by a tour of the classroom and interactive STEAM activities.

The STEAM classroom consists of science labs and learning spaces, including an outdoor learning lab and planter boxes, engineering blocks, and a 3D printer.

Opening of the STEAM classroom enhances science and environmental learning at Sierra Madre Elementary and supports the Next Generation Science Standards. In addition to a drought-resistant garden and koi pond, the school conserves water by collecting rainwater in barrels which is then used to irrigate landscaping.

The ceremony marks the completion of the portable classroom which was funded by Measure TT, the \$350 million school bond initiative approved by voters in 2008.

Built in 1930, the Sierra Madre campus serves 694 prekindergarten through fifth grade students.

## NORTHVIEW BUILDERS CLUB "GRADUATES"



Ashley Leone has been the advisor for the Northview Builders Club for a number of years. The Duarte Kiwanis Club honored Ashley with a DSA (Distinguished Service Award) for all her hard work and commitment to the Builders Club. Next year, as DUSD transitions to K-8 Elementary Schools there will be a different vision for Builders Clubs.

Ashley is hoping to begin one for her new site - Royal Oaks. Pictured left are Board Members from the Northview Builders Club, Ashley Leone and Duarte Kiwanis President, Cheryl Reynolds. For further information on speaking or joining the club, contact Dr. Diane Hernandez at [drdiane@drhernandezoptometry.com](mailto:drdiane@drhernandezoptometry.com)

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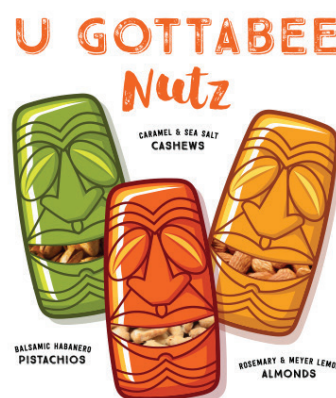
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## SCHOOL DIRECTORY

ALVERNO HEIGHTS ACADEMY  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Interim Head of School, Merrily Dunlap  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Mrs. Courtney Kassakhian

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave. Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

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Lisa Feldman: Head of School

Wilson Middle School  
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(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
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## DOGGIE DOOMSDAY

*Are Your Pets Prepared for a Potential Disaster?*

Happy Tails  
by Chris Leclerc



Being prepared to successfully endure, survive and thrive through a major earthquake, tornado, hurricane or any other type of "doomsday disaster" is by no means a new concept to Southern Californians. However, if you are anything like me, you will agree that it can't hurt to re-visit the issue now and then, and allow yourself to subscribe to any fresh ideas or suggestions on disaster preparedness, when and if one should occur.

I read an article in "Dog Fancy" magazine entitled "Ready for Anything", by Kitson Jazynka, about a true experience had by the Anastasias, a Maryland family who found themselves dealing with three very frightened dogs, two of which went missing during Hurricane Irene in 2011. During the onset of the ordeal, the Anastasias began to think that they might never see their precious pups again.

It happened while they were running across the yard, trying desperately to escape their home after a huge oak tree had been pushed over by the high winds and landed on their roof. They ran to find refuge at a neighbor's house, and were making their way across the field when two of their three dogs broke away and ran randomly into the dark & stormy night.

I could so relate to how the Anastasias must have felt when their dogs got away and ran in fear, and I could imagine that happening at my house if I should find myself in a similar situation. The article forced me to face the fact that, although I love my dog, and I consider myself to be a responsible pet owner, I am no where near as 'pet-ready' for a major disaster as I should be. It also brought to mind the fact that I would never forgive myself if my dog went missing or perished during a major disaster, knowing that I had not done everything in my power to avoid loss of life or limb on her behalf.

Fortunately, the Anastasias did manage to find their two frightened dogs and gathered them into safety before they were injured, but the end result could have been grim, considering their lack of preparedness. The positive result that came from that experience was the fact that the family realized how important pet preparedness is for potential disasters and they shared what they learned. First and foremost, they realized how important it is not to wait until the night of the disaster, to prepare! To really be ready, one must take the time to plan ahead.

Preparing your cats and dogs for a potential doomsday event includes several factors and should begin with writing out a plan. Ideally, the plan will include a list of various scenarios with corresponding actions to be taken. For example, how can you best be prepared to care for your pets in the case of a mandatory evacuation due to a fire or flood? Or, as in the case of the Anastasias, what if you are forced to flee from your home during a raging storm? Conversely, what steps of preparation should you take to protect your pets if you are forced

to stay inside your house without power during a blizzard? We may not have blizzards in Sierra Madre, but this could happen while you are on vacation in the mountains, or visiting another part of the country. Preparation plans will vary depending on the specific needs of your pet, but here are a few basic tips that pertain to nearly any home with domestic pets:

Microchip your dog. Collars and tags can easily fall off, and the appearance of your pet may vary depending on the elements and whether your dog is injured. A registered chip implanted under your dog's skin will ensure it's unmistakable identity. Ask your veterinarian about microchip implants and registering.

Crate train your dog, and if the scenario pertains, train him to be accustomed to walking in and out of a storm cellar or underground crawl space. If a dog is fearful of a crate or small spaces, he may not be willing to take shelter when it is best for his safety.

Keep extra copies of your pet's vaccination records and photos on hand to help identify and prove ownership of your pet, should the necessity arise.

Establish a buddy system with one of your neighbors as a backup to keep your dog out of harm's way, in case you are unable to get home during a disaster.

Keep a box of extra pet foods and any other pet supplies you may need in case the stores are closed for an extended period of time after a disaster. The pet supply box should be stored along with your own "human survival kit" for easy retrieval in case of an evacuation.

Regardless of the circumstances, it is very important that you secure your pet on a leash or in a crate, in the case that you must flee during a major storm, hillside fire or earthquake. If your pet is not secured, he is much more likely to escape and run into the street where he could be hit by a car, or roam randomly into the neighborhood or into the forest where you may not be able to find him.

Animals often become very nervous during a storm or earthquake and they also pick up on our negative energy if we ourselves are nervous or afraid. If you plan ahead, and practice the basic steps of preparedness before a disaster hits, you will be much more apt to remain calm throughout the ordeal, and in that way help your pets to do the same. Take the time now, to be disaster-prepared and let your pets depend on you to keep them safe in the case of an emergency.

Meet tiny tabby sisters, PANCAKE & WAFFLE, age 2 months. Such cute little tabby sisters! One has a bit more pronounced stripes, and the other has more of a fluffier face. Both sweet as pie! They are being shown and fostered at Petsadena Animal Hospital, 959 S. Raymond Ave., Pasadena, where you can call to arrange a visit, at 626-441-1137.

Adoption fee is \$75 this month only for a female cat or 2 bonded kittens, which includes spay, microchip, exam & vaccines. A great savings! Our cats are negative FELV/FIV unless otherwise indicated.

See more pictures, videos, adoption info & application on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org).



## Katnip News!



org. Call 626-676-9505 for a Meet & Greet. Can't adopt? Visit our website for our easy Sponsor A

Kitty campaign.

Good news: Naomi has an adoption pending, as does Katniss.

## LOOKING FOR A BEST FRIEND

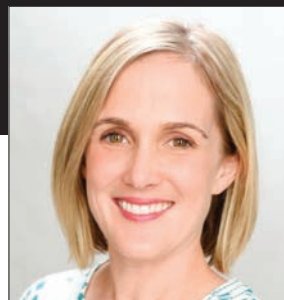
Hope is a Chihuahua mix girl, about 2 ½ years old, weighing 12 pounds. Hope is a sweet, friendly girl who was surrendered to the shelter by her family who did not have the time to care for her. She no doubt misses being in a home, but she is adjusting to shelter life more each day.

Hope can be a little shy at first, but once she feels comfortable, she is quite affectionate. Hope enjoys being with people, loves getting pets and treats, and thrives on lap time. She also enjoys playing with other dogs. Hope is easy to harness and enjoys going for walks with the other dogs at the shelter. She is a social girl who would do well in many family situations where she can get love and attention.



'Meet and Greet' with Hope, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: [www.sgvhumane.org](http://www.sgvhumane.org).

## HEALTHY LIFESTYLES

THE JOY OF YOGA  
STAY VIBRANT IN SPRING

Invite yoga and Ayurveda (sister science to yoga) into your life for a vibrant last month of

spring! If this time of year is feeling heavy and lacking energy, it's important to stay light, dry and warm. Allergies can be at all-time highs and inflammations can flare. To create vibrancy and boost the immune system, here are a few tips to practice:

1. Go for a walk first thing in the morning. It's important to get moving to increase circulation and improve mood. If the morning is not available, consider a walk after dinner.

2. Exert more effort in your yoga practice. Stay safe and do what's right for your individual body, but don't be afraid to go for those sun salutations. Inversions (such as shoulder stand or supported

inversion with a block) are wonderfully healing and boost the immune system.

3. Eat fresh vegetables that are in season. Add them into your freshly cooked meals. Light soups, leafy greens, and foods that are well-spiced are excellent choices.

4. Get a full night's rest and try not to sleep during the day. Do have a relaxation practice, meditation, or rest period to help restore the body and mind. It's important to remember when stagnation sets in that there's always a starting place. It is possible to shed layers of accumulation and create new ways of moving, thinking, and being. Cheers to this rich, ancient practice of yoga! Bring this practical wisdom in your life and watch it change.

Namaste,  
Keely Totten, E-RYT 500, Teacher at YOGA MADRE

## THE MISSING PAGE

*Real Life Tips from Life's Instruction Manual*  
**CREATING YOUR IDEAL LIFE, START WITH A QUESTION**



Each week I encourage my readers to ask themselves a power question. The frequency of the question determines the answer received. I have one for you: Are you better now than you were three years ago?

Ronald Reagan asked a similar question of the American people in 1980, and he landed in the Oval Office. It required voters to look within and to imagine life under a Reagan administration. He won two terms, so his message resonated with voters. They voted for him with thoughts of a better future for themselves and the country.

It is a relevant inquiry because an affirmative answer represents life on a growth path. A negative response means stagnation or regression. Do you want to have a better life? What would that look like for you? Would you be experiencing more fun? Would your relationships be richer? Would you have more satisfying work? Would you be using your creativity? We have only one life to live, and it is important that we are actively engaged in living rather than merely existing.

We can live and actively create a life that we love or

we can settle into habits and live on repeat. We get to choose.

I invite you to find 15 minutes this weekend in quiet contemplation. Grab a journal or paper and consider new questions. Ask yourself if you could do anything at all, without fear of failure or consideration of finances, training or age, what would you do? Look at your life and fast forward three years. Craft a vision of your PERFECT LIFE. Describe perfect health for yourself. What kind of friendships do you have? Do you desire a fulfilling romantic relationship? What are you doing for fun? What do you do for work? It's 2020, craft your perfect life for yourself. If you would like some help with crafting your vision, write to me at [Lori@LoriAHarris.com](mailto:Lori@LoriAHarris.com) or here at the paper. I would love to share your vision.

Lori A. Harris is a lawyer and empowerment coach that helps women that women live their best lives. You can find out more about her at [www.LoriAHarris.com](http://www.LoriAHarris.com) and download her free app the Gratitude Train in Google Play and the App Store.

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## HAPPY HOUR PASADENA STYLE

A friend in the wine business says that selling wine to restaurants and supermarkets is like "hand-to-hand combat".

I guess what he means is there is a lot of competition. Wines lists have certainly evolved in the past twenty years. The happy hour scene in the San Gabriel Valley has really heated up. It used to be that McCormick and Schmick's was the only game in town for upscale surroundings and low prices. Although the time of the \$1.99 burgers and \$3 beer is long gone, there are four restaurants in a one-mile radius that are fighting for your last dollar with some pretty impressive wine/beer selections.

First, how did the happy hour first come into our lives? It was an old Navy term - the sailors would get a break from their daily activities and drink beer and fight on the ship. Drinking on the ship was soon outlawed and the "happy" part went away. During Prohibition, adults would meet in speakeasies or friends' homes before going out to dinner. Since it was illegal, alcohol could not be served in restaurants, so friends would say, "let's meet for happy hour". It took some forty years for restaurants and bars to catch on with drinks and food specials, though some states, to this day have banned the term "happy hour".



**TABLE FOR TWO by Peter Dills**  
thechefknows@yahoo.com

Sip and share at Del Frisco's from 4 PM to 6:30 PM. Their menu has what is called "food to fight over", including deviled eggs, pork nachos and waygu corn dogs, a nice selection of wines (including a Josh Cellars Cab that will go well any other appetizers). What I like is that they have all of their tap beers for \$6, and all sip and share items are reasonably priced at \$7. Get the White Sangria, a perfect drink for summer, plus it comes with a popsicle! I wish

they had a bit more food to fight over, but the price is right. 55 S. Lake Ave Pasadena. Various locations

Paul Martins', also on South Lake, starts at 3 PM and has \$6 beers and wines from \$6 to \$10. If you get the burger for \$16, they throw in the beer gratis. The educated Guess Cabernet (\$14) is a stand-out. 455 S. Lake Pasadena. Various locations

As far the food, Ruths Chris gets the nod over the others. Their Swizzle and Stir menu is \$9 and includes a steak sandwich that is the bargain of all bargains. Happy hour includes selected mixed drinks and wines by the glass. 369 E. Colorado Blvd. Pasadena. Various locations

Alexander's, located at the aforementioned McCormick's old spot, offers their Social Hour. This is definitely a business hour with no shortage of incredible eats at more of a white linen price, but still a reduced price point. Try the Waygu Burger (\$17) and the Imperial Waygu Pastrami (\$23) which goes great with Simmone Brut \$9. If draft beer is your style, try Anderson Valley ale (\$4). Stop here Monday through Friday 5 PM-6:30PM. 199 N. Los Robles Pasadena

A wide choice of prices for my Happy Hour Round Up. Be safe. Don't drink and drive. Did I miss a spot? Listen in to Dining with Dills on AM 830 KLAA on Sundays at 5 PM. Don't miss the Taste of Duarte this Wednesday Night from 5 PM to 8 PM

## CIMINO, ENGELAND AND HENDERSON WIN KIWANIS CHILI COOK-OFF



The Sierra Madre Kiwanis Club held its' annual Chili Cook Off on Saturday to a full house at the city's recreation center. Rocking to the beat of JJ's Jukebox, members were able to judge the culinary skills of 9 amateur contestants in two categories. Celebrity Food Critic Peter Dills awarded the Critic's Choice Award to Sierra Madre Public Works Director Chris Cimino for his special recipe bourbon enhanced Chili. Attendee's voted and gave the People's Choice Award to none other than Kiwanis' own Immediate Past President and Mountain Views News Publisher Susan Henderson (pictured above with current President Judy Webb-Martin). Henderson served up her secret recipe NOLO-West (New Orleans/West Coast) Turkey Chili over jalepeno cornbread.

There was also another competition among the city employees who entered and City Manager Gabe Engeland now has a new nameplate on his desk which identifies him as the, "2017 Best Chef At City Hall". Engeland's chili was good and *spicy*! City staffer James Carlson also was a runner up in the main competition. The guys at city hall proved one thing.....they sure can cook!

The event, formerly known as the Boot Skootin' Boogy, is the brain child of Kiwanian Joe Pergola and over the last six years has raised thousands of dollars to support the Paul Magaris Grant Fund which provides financial support to the community's youth activities.

The Sierra Madre Kiwanis Club was founded in 1927 and is a part of Kiwanis International. The SM Club is celebrating its 90th year. It's motto is, "Serving the children of the world, one child, one community at a time. In addition to the individual grants, the group also supports the city's Halloween Contest, Christmas Trees in Kersting Court, the Huck Finn Derby, the Library's Summer Reading Program (Sierra Madre Public Library) and much more!

Stop by The Lodge any Tuesday at noon and learn more about Kiwanis and listen to the Guest Speakers on a wide variety of topics.

Photo courtesy of F. Arizmendi

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## SHOULD ALL BABY BOOMERS GET TESTED FOR HEPATITIS C?

Dear Savvy Senior,  
I've recently read that all baby boomers should get tested for hepatitis C. Is this really necessary, and if so, what are the testing and treatment procedures?  
Healthy Boomer

Dear Healthy,  
It's true. Both the U.S. Preventive Services Task Force and the Centers for Disease Control and Prevention (CDC) recommend that all baby boomers - people born from 1945 through 1965 - get a hepatitis C test.

The reason is because baby boomers account for 75 percent of the 3 million or so hepatitis C cases in the U.S. Those that are infected are at very high risk of eventually developing liver cancer, cirrhosis or other fatal liver diseases.

Most hepatitis C infections occurred in the 1970s and 1980s, before there were tests to detect them and before the nation's blood supply was routinely screened for the virus.

Hepatitis C is transmitted only through blood, so anyone who received either a blood transfusion or an organ transplant prior to 1992 is at increased risk too. So are health-care workers exposed to blood, and people who injected drugs through shared needles. The virus can also be spread through microscopic amounts of infected blood that could occur during sex, from sharing a razor or toothbrush, or getting a tattoo or body piercing at an unsterile shop.

Most people that have hepatitis C don't know they're infected because there are no symptoms until their liver becomes severely damaged. It can actually take 30 years for people to show any signs of the virus, but by then, it may be too late to treat. But if it's detected in time, new treatments are now available that can cure it.

### Testing and Treatment

If you're between ages 52 to 72, or fall into one of the previously listed high risk categories, you should see your primary care doctor for a basic blood test to determine whether you have ever been infected with hepatitis C. This is a relatively inexpensive test and typically covered by health insurance under routine medical care.



If the test is negative, no further tests are needed. But, if the test is positive, you'll need another test called HCV RNA, which will show whether the virus is still active.

If you test positive, you have chronic hepatitis C and will need to talk to your doctor about treatment options. If you're infected, but have no liver damage, your doctor should monitor your liver at your annual physical.

The main treatments for chronic hepatitis C today are several new FDA approved antiviral medications that have a 95 percent cure rate. Compared to older treatments, these new medications have minimal side effects. Unfortunately, all the new drugs are very expensive, a 12-week treatment course can cost anywhere from \$50,000 to \$90,000.

Not all health insurance plans, including Medicare Part D plans, cover all prescribed medications for hepatitis C. And due to the expensive nature of these medications, most insurance plans require that you meet several requirements in order to get coverage.

If your insurance provider doesn't cover the antiviral therapy your doctor recommends, there are financial assistance options available. To look for help, visit [HEPC.liverfoundation.org](http://HEPC.liverfoundation.org) and put your cursor on "Resources" and click on What if I need Financial Assistance to Pay for Treatment?

And for more hepatitis C information, along with a quick online quiz you can take to determine your risks, see [CDC.gov/knowmorehepatitis](http://CDC.gov/knowmorehepatitis). You can also get information over the phone by calling the national toll-free HELP-4-HEP helpline at 877-435-7443.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of *The Savvy Senior* book.

## SENIOR HAPPENINGS



### HAPPY BIRTHDAY! ...May Birthdays\*

Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathieson, Dorothy Murphy, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck, Jane Thomas, Ray Burley.

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**Hawaiian & Polynesian Dance Class:** Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

**Bingo:** Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

**Free Blood Pressure Testing:** 2nd Tuesday of the month from 11a.m. to 12p.m. No appt. is necessary.

**Brain Games: Thursdays,** 10:30a.m. to 11:30a.m., improve your memory and strengthen your brain. Activities facilitated by Senior Volunteers.

**Free Legal Consultation:** Wednesdays from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

**Senior Club:** Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

**Tax Assistance:** Every Wednesday beginning on February 1st through April 12th from 1:00p.m. to 2:00p.m. - Don Brunner is available for income tax consultation. Appointments are required by calling 626-355-7394.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Monday of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

\*A suggested donation of \$5 at one of the classes is requested, but is not required.

**Case Management:** Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

**Birthday Celebrations:** Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:00p.m. Come join this group of Seniors in a poker game. Other games are offered to all. Please note time change.

**Free Strength Training Class:** Every Friday from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance training. All class materials are provided.

**Stress, Resilience, Positivity: Finding Balance** - by The Kensington Sierra Madre Four Tuesdays, March 7 - 28th from 2:00 - 4:00p.m. Register by calling 213-821-6919 or 213-821-6908.

### SEASONAL FUN AT THE SENIOR CENTER

Thursday, May 25th from 10:30a.m. - 11:30a.m. at the Hart Park House!

Just in time for spring! Join us in making a silk flowers planter. All supplies will be provided. Let's get creative... Please call the Hart Park House, 626-355-7394, to make your reservations.

Invite your friends and family for some arts and crafts fun and take home your planters for the season



### SENIOR EXCURSIONS MAY EXCURSION

#### BOWERS MUSEUM - SANTA ANA

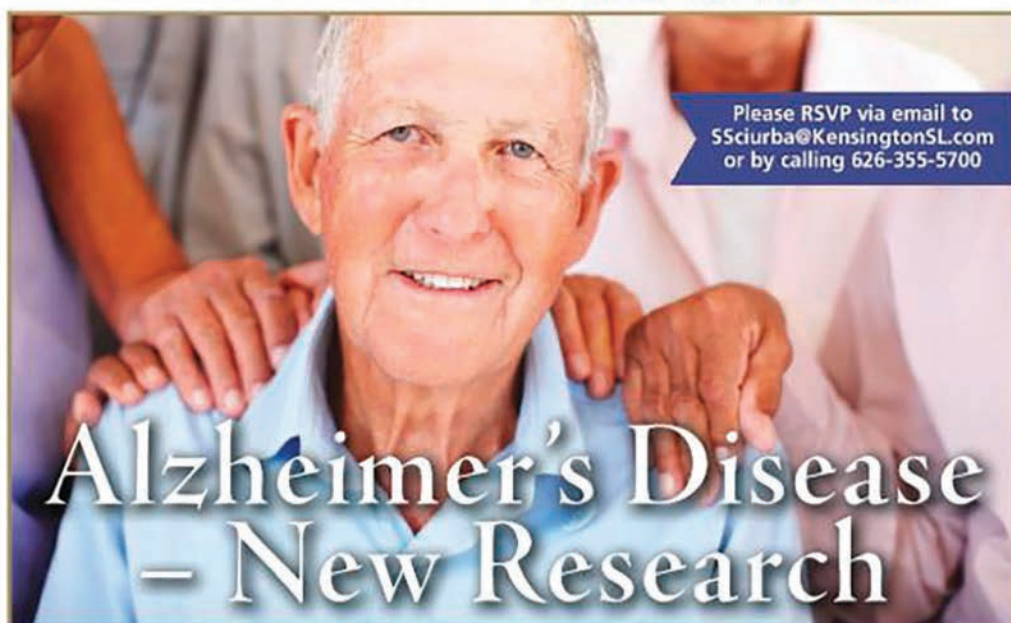
Date: Tuesday, May 30th  
Time: 9:15a.m. to 3:00p.m.

Meeting Location: Hart Park House  
Cost: \$15.00 (Not including Lunch)

The Bowers Museum is an art museum located in beautiful Orange County. The museum's permanent collection includes more than 100,000 objects featuring notable strengths in areas of pre-Columbian Mesoamerica, Native American art, the art of Asia, Africa, and Oceania, and California plein-air painting.

Participants will have time to explore the museum and have lunch on their own. Restaurant is open in the museum and fast food places are a short walk away. There will be a docent-guided tour in the afternoon which will feature highlights of galleries throughout, providing a great overview of the museum's unique collections. Level of walking: Medium - High; please call us at the Hart Park House for reservations at 626-355-7394!

### YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE



Please RSVP via email to [SSciurba@KensingtonSL.com](mailto:SSciurba@KensingtonSL.com) or by calling 626-355-5700

Dr. Richard Shubin graduated from Stanford University in 1977 with a degree in Chemistry before getting a Master's degree in Philosophy and an MD from the University of Pittsburgh in 1982. He did a residency in neurology and a fellowship with emphasis on Neuroimmunology with the University of Southern California (USC) School of Medicine. Dr. Shubin is a board certified neurologist specializing in movement and sleep disorders as well as degenerative disorders such as Alzheimer's Disease and Multiple Sclerosis. He was named in L.A. West's Magazine in the Best Physicians in Los Angeles. At this time, Dr. Shubin is a Clinical Professor for the Department of Neurology at USC. He sees patients in Arcadia and at Casa Colina in Pomona, Ca. In addition to his clinical practice, Dr. Shubin is active in research. As the Director and Principal Investigator of



Speaker: Dr. Richard Shubin  
Director, Neuro-Therapeutics, Inc.

#### EVENT DETAILS

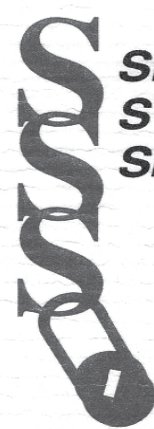
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TAKING THE FIRST STEPS TO EXPLORE CLIMATE ON PROXIMA B

The quest to discover whether a planet orbiting our closest neighboring star, Proxima Centauri (4.2 light-years or 25 trillion miles from Earth), could support life has taken a new, exhilarating twist.

The planet was only discovered in August 2016, and is thought to be of similar size to Earth, creating the possibility that it could have an Earth-like atmosphere. Scientists from the University of Exeter have embarked on their first, tentative steps to explore the potential climate of this exoplanet, known as Proxima B.

Early studies have suggested that the planet is in the habitable zone of its star Proxima Centauri—the region where, given an Earth-like atmosphere and suitable structure, it would receive the right amount of light to sustain liquid water on its surface. Now, the team of astrophysics and meteorology experts has undertaken new research to explore the potential climate of the planet, towards the longer term goal of revealing whether it has the potential to support life.

Dr. Ian Boutle, lead author of the paper, explained: “Our research team looked at a number of different scenarios for the planet’s likely orbital configuration using a set of simulations. As well as examining how the climate would behave if the planet was ‘tidally-locked’ (where one day is the same length as one year), we also looked at how an orbit similar to Mercury, which rotates three times on its axis for every two orbits around the Sun (a 3:2 resonance), would affect the environment.”

Dr. James Mannors, also an author on the paper added: “One of the main features that distinguishes this planet from Earth is that the light from its star is mostly in the near-infrared. These frequencies of light interact much more strongly with water vapor and carbon dioxide in the atmosphere, which affects the climate that emerges in our model.”

The team found that both the tidally-locked and 3:2 resonance configurations result in regions of the planet able to host liquid water. However, the 3:2 resonance example resulted in more substantial areas of the planet falling within this temperature range. Additionally, they found that the expectation of an eccentric orbit, could lead to a further increase in the “habitability” of this



world.

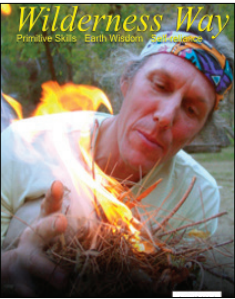
TRAVELING AT THE SPEED OF LIGHT, a radio message from Earth could reach inhabitants of Proxima B in just 4.2 years. Whether it would be feasible—or desirable—to send such a message is another matter, and how that message could be

designed to be understood by extraterrestrials is yet another.

But the fact that we can even ask such questions shows how far we have come in the 39 years since 1978, when Wisconsin Senator William Proxmire awarded his annual “Golden Fleece Award” for “fleecing” the public to the fledgling SETI (Search

for Extraterrestrial Intelligence) program—resulting in this program being removed from the NASA budget. Today, nearly every major observatory on Earth is conducting searches aimed at detecting habitable distant worlds.

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



CHRISTOPHER Nyerges  
ON MULTI-TASKING

[Nyerges is the author of “Extreme Simplicity,” “Self-Sufficient Home,” “How to Survive Anywhere,” and other books. He can be reached at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com) or Box 41834, Eagle Rock, CA 90041.

My friend and I were checking out at a small grocery store. The clerk was on her cell phone, an obviously personal call, and yet she managed to check each item with mechanical efficiency. She smiled towards us, without actually looking at us. She spoke the price, I handed her some bills, and she returned the correct change. The groceries were bagged and we walked away.

I was a bit nonplussed, even though this scene has become way too normal. To speak on a cell phone to someone else while handling a paying customer is the antithesis of service. My friend told me I was making a big deal out of nothing.

“Besides, I do that all the time at my office and home,” she smiled. “Multi-tasking.”

“Really?” I responded. “So that’s your fancy word for doing two things at the same time and doing them both poorly?”

“But that clerk didn’t do her job poorly, “ my friend protested. “You got the correct change, right?”

“Yes, I got the correct change but that’s not the point. Let’s just say that if she were my employee, she’d get one warning and then I’d fire her.”

“But that was a small store,” my friend said. “How do you know that she wasn’t the boss?”

“I don’t know that,” I said, trying to explain why I felt that we’d just had less than an ideal interaction. Perhaps it was because the clerk’s mind was elsewhere, and that I believe you really cannot do two things simultaneously, and do them each well, which is why it is illegal to talk on a cell phone and drive. I asked my friend to explain what sort of “multi-tasking” she does at work.

“You know, the usual,” she responded. She described a variety of tasks such as paperwork, letters, taking phone calls, reading e-mails. “If you don’t give a task your full attention, do you think the task suffers?” I asked.

She thought about it. “Not really,” she said. “As long as I do an adequate job, there’s no problem.” “But what if you are talking face-to-face to someone and you’re still typing or shuffling papers. Don’t you feel that the person will feel slighted?” I asked.

“Well, I suppose it depends on the person,” she responded.

I dropped the subject for fear that if I pushed my point further, a friend would soon be a former friend.

I’m not a big fan of so-called “multi-tasking.” I think it’s a somewhat fraudulent, self-deceptive concept where you believe you’re doing more than you actually can do. It’s a belief that by moving a lot of stuff around, that your quantity is more important than quality. This is probably one of the reasons why the quality of goods and services has declined.

In a similar vein, today there are many multi-purpose tools now on the market, such as a tool which promises to be a hammer, a screwdriver, a saw, a shovel, a can opener and pliers. Such tools do about 40 tasks poorly and none well.

I do believe that Swiss Army knives pack a lot of quality into a little package, though they cannot handle big jobs. The Leatherman tool is also generally a good combination tool because it is well made.

But as a rule of thumb, the more tasks a tool claims, the more poorly it performs. And, generally, as the price lowers, so does the performance and longevity of the tool.

In my world view, it is better to have just a few quality tools that a tool box full of cheap tools that mostly result in frustration.

My friend reminded me that the benefit of her “multi-tasking” is that she gets more done at a lower cost, more quickly. I had to think about what that means.

Yes, true quality – in a service or in a product – takes more time and costs more. And because most of us want it now and want it cheap, we’ve created a frustrating world of low quality service and goods. Change will only come slowly, when enough of us realize that fast and cheap is just a quick thrill with no lasting satisfaction



OUT TO PASTOR  
A Weekly Religion Column by Rev. James Snyder  
MY ADVICE: TWICE IS JUST AS NICE

Nothing is more important to a blissful marriage than finding a point of agreement.

Every veteran husband knows if he wants to change his wife’s mind about anything, just agree with her. It is amazing how this works. The technical name for this is “re-wife psychology.”

The Gracious Mistress of the Parsonage and I have been married since 1971 and have not had a serious argument or disagreement. (She does not allow me to talk back.) We have had rough times, but not with each other.

We have survived nine congregations, 19 homes, three children with nine grandchildren and all without compromising our relationship. My sanity is another issue.

Throughout our marriage, we have always held to the advice not to go to bed angry. Of course, there have been a few sleepless nights. I have a simple rule: do not close your eyes if there is an angry woman in the vicinity.

I honestly can say our marital relationship through the years has been most amicable. Since our marriage, my wife and I spend a lot of time working together and we never seem to get bored with one another.

for Extraterrestrial Intelligence) program—resulting in this program being removed from the NASA budget. Today, nearly every major observatory on Earth is conducting searches aimed at detecting habitable distant worlds.

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).

The Good Book, all warrants multiple readings in my opinion. I must confess that some things I enjoy more the second time around.

Around Thanksgiving time, everyone seems to enjoy the turkey the second and third day just as well, if not more than the first day. In fact, you can tell a really good meal by how many times you can reheat it and enjoy it.

Thank God for microwave ovens. What did those Pilgrim mothers do without them?

My favorite movie of all times is “Old Yeller.” Thanks to the invention of video, I own my own copy of this classic and never tire of watching it.

My wife, on the other hand, tires of me watching it. There is nothing quite like curling up in my favorite chair with a soda and a mountain of popcorn watching “Old Yeller” on a winter’s eve.

If you have seen the movie, you know the closing scene is the real tearjerker. I do not want Old Yeller to die. Every time I watch, I cross my fingers and hope this might be the time Old Yeller makes it.

I do not like to be negative. I want to be optimistic about things and put a positive spin on everything. One day, I am sure, I will watch it and to my happy surprise, Old Yeller will make it.

I have seen it 973 times so far and it has not changed. Nevertheless, you never know. Stranger things have happened.

My experience has taught me that the really good things in life, only improve the more they are repeated. The quality of some things increases with age.

We are a great team. She puts up with me and I let her. It works wonderfully and we have been able to accomplish a good deal together.

Only one area where we disagree and there may not be much of a remedy for this departure in company.

Never fear. Our marital dissolution is not near. We have just learned to live with this dissent and, I might add, have survived quite happily.

I suppose no relationship is absolutely perfect this side of the Pearly Gates. Not to boast, but I have my wife beat in this one area. I do not often get the upper hand with her; in fact, I cannot remember any other occasion where this has occurred.

Nevertheless, we have come to a meeting of the minds on this subject. Really, if you don’t mind, the meeting doesn’t matter.

Where my wife and I disagree concerns reruns. She hates reruns and I love them. If I enjoy a book or a movie or a television program, I like seeing it again and again. Not my wife. “There are too many things I haven’t seen yet,” she argues, “to watch something the second time.”

Of course, there is something to what she says. Nevertheless, I still enjoy seeing or reading something I like the second time or more.

Like a classic, something you can enjoy over and over and it never loses its fascination or charm. In fact, each new exposure reveals some level you did not notice before.

The reason they are classics is the quality about them that bears repeating. A good book, especially

I know the older I get, the better I become. (I absolutely refuse to qualify that statement.)

Although the Bible is more than a classic, it does bear much repeating. I have found that the more I read the Bible the more I get out of it. A passage that I have read 20 times before becomes new and fresh the next time I read it.

I cannot explain this wonderful phenomena, but it has happened to me many times.

King David understood this as no other person in the Bible. In one passage, he testifies to the importance of God’s Word in his own life. “Thy word have I hid in mine heart, that I might not sin against thee” (Psalms 119:11).

The Apostle Paul said this about the Bible, “All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:” (2 Timothy 3:16). The Bible is a marvelous book that bears repeating. The more I read it, the more I enjoy it.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage in Silver Springs Shores. Call him at 352-687-4240 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). The church web site is [www.whatafellowship.com](http://www.whatafellowship.com).

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**SATURDAY, MAY 20, 2017**

**SECTION B**

## AROUND SAN GABRIEL VALLEY

### LA COUNTY'S DYNAMIC DUO:

*Kathryn Bargar and Debra Mendelsohn to the Rescue!*

By Joan Schmidt

A few years ago, a term limit was set for the LA County Board of Supervisors and I was upset. For the 25+ years, Supervisor Antonovich worked tirelessly to improve our area. He endorsed Kathryn Bargar as his successor. I had met this awesome lady, but could she fill his shoes? Supervisor Bargar brought in Debra Mendelsohn, another change, as her Chief Deputy.

At last night's Town Council Meeting, Mendelsohn gave a report on Bargar's activities and I couldn't write fast enough to record the updates!

- California Avenue-The deplorable condition was mentioned at the April Meeting. Mendelsohn and Bargar discussed and prioritized it. Funding was secured for improvement and work began within days. One must realize the vast size of our Fifth District. To put us first WAS a big deal.
- Supervisor Bargar and Deputy Mendelsohn are working with all three cities-Monrovia, Arcadia, and Duarte and surrounding county areas to combat crime. Dialogue and their working together has been encouraged.
- Supervisor's aggressive approach to crime includes a LASD Summer Enforcement Team made available by some of her discretionary funds.
- Funding also provides two additional deputies for increased weekend saturation patrol and LASD's Operations Safe Streets.
- A special grant for the Monrovia-Arcadia-Duarte Town Council to sponsor the Summer Concert Series at Station Square and for operational costs such as printing flyers and Certificates, purchasing awards and other needs.
- A future LA County Fair Day with the MAD Unincorporated areas. Currently "Cities" have days with reduced admission and special events.
- Town Council will have a Booth at Supervisor



Bargar's Annual Veterans Fair. The Monrovia-Arcadia-Duarte Town Council, Los Angeles County Sheriff's Department and Los Angeles County Parks and Recreation Department are VERY GRATEFUL to Supervisor Bargar and Chief Deputy Debra Mendelsohn. Both of these fine ladies are working nonstop to bring positive changes to our areas.

At the Town Council Meeting, Captain Dave Flores thanked Supervisor Bargar and Chief Deputy Mendelsohn for their great support and funding. He introduced the Special Summer Enforcement Team- Sgt. Jeff Serpa, Deputies Eric Marbach, Steven Provenzano, Monique Moreno and Jose Villanueva and OSS Gang Investigator Deanna Ballesteros.

When Sam Estrada, Pamela Park Director gave his update, he also acknowledged Bargar and Mendelsohn and their great support and funding which helps with special events such as Youth Appreciation Day and Parks after Dark Program.

Thank You to LA County's Dynamic Duo Supervisor Bargar and Chief Field Deputy Mendelsohn for so much assistance in four short months. The Monrovia-Arcadia-Duarte Town Council is VERY grateful to you and looks forward to working together in the upcoming years to bring positive changes to our area.

#### SPECIAL EVENT:

SATURDAY, May 27th, 10am-2pm  
Supervisor Bargar's 20th Annual Salute to Veterans  
Saturday, May 27th, 10am-2pm,  
Special Memorial Day Tribute at 11am  
Event includes skydivers, military vehicle/equipment display,  
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Los Angeles, Calif.- The Riboli family of L.A.'s original urban winery San Antonio Winery, now celebrating 100 years, is very excited to announce concert goers can now enjoy their award-winning wines at the iconic Greek Theatre. Now music fans have the opportunity to experience the perfect pairing of wines from Southern California's most awarded winery, while reveling in their favorite music under the stars.

"We're honored to be able to give Southern California concert goers the opportunity to enjoy our wines at such a historic, beautiful venue as the Greek Theatre," said Steve Riboli, vice president of Riboli Family Wines. "This partnership makes the celebration of our 100 years even more special, as two storied L.A. establishments, are coming together for the first time to offer fans the ultimate experience."

From crisp and refreshing white wines, such as Maddalena Chardonnay, recently awarded 91 points from the Beverage Tasting Institute, and the brand new San Simeon Sauvignon Blanc, perfect for warm nights, to bold, quality reds, including Maddalena Cabernet Sauvignon (92 points, Beverage Tasting Institute) and San Simeon Merlot (91 points, Beverage Tasting Institute), Riboli Family Wines offers something for everyone. For those wanting to enjoy some bubbly, there is also the Diama sparkling rosé, a delicious Prosecco with hints of red berries, crisp citrus, and fragrant flowers, ideal for summer.

These wines can all be purchased throughout the theatre by the glass or bottle, which concert goers could then enjoy from a plastic carafe in the comfort of their seats. They could also relax before the show in the specially branded Riboli Family Wine lounge (pictured right), just below the Fandango VIP lounge.

Those in the box suites can choose from an additional selection of wines from Riboli Family Wine's estate vineyards in Paso Robles, including San Simeon Cabernet Sauvignon, recently awarded 90 points from Wine Spectator, and Opaque Zinfandel, earning Best Zinfandel and a Double Gold Medal at the San Francisco International Wine Competition. They can also enjoy the stellar Riboli Family Cabernet Sauvignon from the family's estate vineyard in Napa Valley's prestigious Rutherford appellation.

"The Greek Theatre is proud to partner with Riboli Wines for the 2017 event season," said Becky Colwell, Greek Theatre General Manager. Their commitment to excellence and award-winning brands is a perfect match for the nation's premier outdoor venue, Los Angeles' Greek Theatre!

Fans with access to the Fandango VIP lounge will also get to enjoy a tasting of Riboli Family Wines at specially designated shows, including the upcoming Bryan Adams concert Saturday, May 20, John Legend with Gallant May 28 and 29, Sheryl Crow June 8, Boston June 16, and Prince Royce July 15, to name a few.

About Riboli Family Wines: The Riboli family has been producing award-winning wine for four generations. Headquartered at San Antonio Winery in Los Angeles, Riboli Family Wines produces 18 different brands, including award-winning San Simeon, Maddalena, and Opaque. Its vineyards are located in Paso Robles, Monterey, and Napa, and it is the most awarded winery in Southern California. For more information, visit [www.riboliwines.com](http://www.riboliwines.com) and for media requests, please contact Melissa Gonzalo at 323-330-8789 or [mgonzalo@sanantoniowinery.com](mailto:mgonzalo@sanantoniowinery.com).

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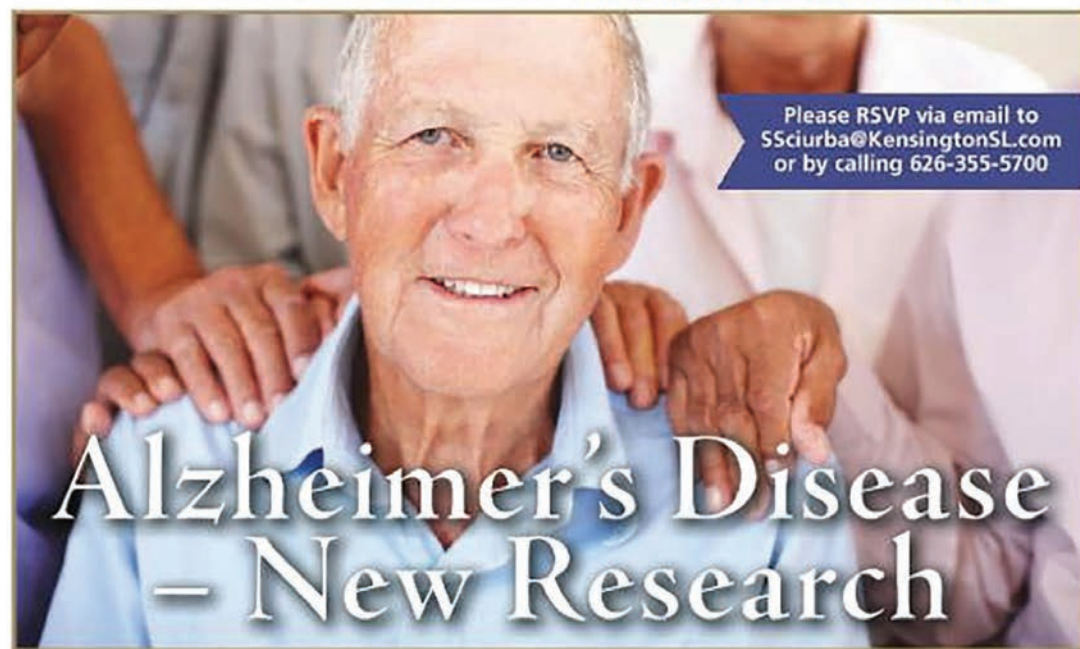


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Dr. Richard Shubin graduated from Stanford University in 1977 with a degree in Chemistry before getting a Master's degree in Philosophy and an MD from the University of Pittsburgh in 1982. He did a residency in neurology and a fellowship with emphasis on Neuroimmunology with the University of Southern California (USC) School of Medicine. Dr. Shubin is a board certified neurologist specializing in movement and sleep disorders as well as degenerative disorders such as Alzheimer's Disease and Multiple Sclerosis. He was named in L.A. West's Magazine in the Best Physicians in Los Angeles. At this time, Dr. Shubin is a Clinical Professor for the Department of Neurology at USC. He sees patients in Arcadia and at Casa Colina in Pomona, Ca. In addition to his clinical practice, Dr. Shubin is active in research. As the Director and Principal Investigator of Neuro-Therapeutics, Inc., he continues to provide opportunities to his patients to be involved in cutting edge research breakthroughs in neurology.



Speaker: Dr. Richard Shubin  
Director, Neuro-Therapeutics, Inc.

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Jeff's Book Pics

By Jeff Brown

**The Return (Pulitzer Prize Winner): Fathers, Sons and the Land in Between** by Hisham Matar

The acclaimed memoir about fathers and sons, a legacy of loss, and, ultimately, healing. When Hisham Matar was a nineteen-year-old university student in England, his father went missing under mysterious circumstances. Hisham would never see him again, but he never gave up hope that his father might still be alive. Twenty-two years later, he returned to his native Libya in search of the truth behind his father's disappearance. The Return is the story of what he found there. The Pulitzer Prize citation hailed The Return as "a first-person elegy for home and father." Transforming his personal quest for answers into a brilliantly told universal tale of hope and resilience, Matar has given us an unforgettable work with a powerful human question at its core: How does one go on living in the face of unthinkable loss?

**Uprooted** by Naomi Novik

Winner of the Nebula Award for best novel. Naomi Novik, author of the New York Times bestselling and critically acclaimed Temeraire novels, introduces a bold new world rooted in folk stories and legends, as elemental as a Grimm fairy

All Things

By Jeff Brown

ARCADIA POLICE GO HIGH-TECH TO ROUND UP PACKAGE THIEVES

Thieves stealing packages off front porches has gotten out of hand. If the Arcadia police have their way, the long arm of the law is going to bust you. Cindy Liu of Arcadia has been the unfortunate victim of package thieves. "It says it's been delivered, but it's not gotten here," she said. Fret no more. She and many of her neighbors were glad to learn that Arcadia police have a high-tech weapon up their sleeves. They have been leaving phony packages on porches to lure thieves. And those packages contain a GPS device to track every move. The police know where the package is at all times. "I'm really glad because I have packages coming almost every day," said Liu. The program has been in existence for two years but it was really put to the test Thursday evening. They placed a dummy package in the 1600 block of Holly Street and said it was picked up by 27-year-old Christopher Cook. He led officers on a chase in a stolen car. The suspect ended the chase and ran into a movie theater in South Gate, where police were able to apprehend him. Police said that since they have implemented the bait-package program, more than 100 people have been nabbed. "This program

tale. "Our Dragon doesn't eat the girls he takes, no matter what stories they tell outside our valley. We hear them sometimes, from travelers passing through. They talk as though we were doing human sacrifice, and he were a real dragon. Of course that's not true: he may be a wizard and immortal, but he's still a man, and our fathers would band together and kill him if he wanted to eat one of us every ten years. He protects us against the Wood, and we're grateful, but not that grateful." Agnieszka loves her valley home, her quiet village, the forests and the bright shining river. But the corrupted Wood stands on the border, full of malevolent power, and its shadow lies over her life. Her people rely on the cold, driven wizard known only as the Dragon to keep its powers at bay. But he demands a terrible price for his help: one young woman handed over to serve him for ten years, a fate almost as terrible as falling to the Wood. The next choosing is fast approaching, and Agnieszka is afraid. She knows—everyone knows—that the Dragon will take Kasia: beautiful, graceful, brave Kasia, all the things Agnieszka isn't, and her dearest friend in the world. And there is no way to save her. But Agnieszka fears the wrong things. For when the Dragon comes, it is not Kasia he will choose.

has been quite successful for us. And it wouldn't have been possible without the partnership that we have with the community," says Arcadia police Lt. Ray Nakamura. While police don't want to reveal too much about the bait program, neighbors say they're glad it's being used and that it's working. "I'm glad the police are doing their job and catching these guys, tracking them," says Daniel Prado.

**Student Creates First Synthetic Retina For the Visually Impaired**

Until now, all artificial retinal research has used only rigid, hard materials. The new research, conducted by Vanessa Restrepo-Schild, a 24-year-old researcher at Oxford University, is the first to successfully use biological, synthetic tissues, developed in a laboratory environment. The study could revolutionize the bionic implant industry and the development of new, less invasive technologies that more closely resemble human body tissues, helping to treat degenerative eye conditions such as retinitis pigmentosa.

"Know yourself as nothing, feel yourself as Everything," Rupert Spira

FAMILY MATTERS

By Marc Garlett



DONATE EMPTY PILL BOTTLES TO HELP OTHERS

When we pick up our prescriptions, we take the containers for granted. By contrast, in many countries medicine containers are very difficult to come by. Simply put, qualified medical care is scarce and expensive in impoverished communities.

In developing countries, medicines when actually obtainable are often dispensed into hands, pockets, leaves or any other available container.

Charitable organizations have started collection efforts to help those less fortunate than us. One example is the Malawi Project. The goal of the project was to provide clean, used pill bottles for reuse in Malawi, Africa. The method was simple: Collect your used pill bottles, remove the labels fully, then send them to the project's headquarters in Indianapolis, Indiana. The program ceased operation at the end of 2015, but M25m continues its collection of this typically disposable resource,

giving new purpose to something many of us take for granted.

Animal shelters and boarding kennels often also need prescription bottles to facilitate caring for animals. These organizations often lack adequate resources to purchase bottles for medication distribution.

While it may seem inconceivable that something as small as a pill bottle is worth much, its value as a basic medical resource can make a significant difference to people and animals all over the world. This ties into estate planning because I believe estate planning is about much more than simply passing on your money to the next generation. Instead, it's a whole lifestyle shift towards looking at how you can do the most good in the world while you are living and leave the world a better place after you are gone. And if you are a parent of young children, getting your little one's involved in efforts such as these early in life teaches them what you value and how even small contributions can have a big impact. Passing on your values begins with conscious choices made on a daily basis and estate planning is one of the best ways I know of to consciously plan for a life that truly matters.

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A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

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DICK POLMAN



YET ANOTHER IMPEACHABLE OFFENSE

Forgive my frequent references to Richard Nixon. It's just eerie how his impeachable behavior is being replicated by the current con man. As Yogi Berra reputedly said, "It's like déjà vu all over again."  
For instance: When Nixon decided to thwart the FBI's probe of Watergate, he farmed out the job to his top henchman, H.R. Haldeman. On June 23, 1972 - forever memorialized on an Oval Office tape - Nixon decreed that the CIA should tell the FBI to lay off. He told Haldeman to set up a CIA meeting, and he said: "They should call the FBI in and say that 'We wish for the country, don't go any further into this case, period.'"  
That was obstruction of justice. The only difference today is that Donald Trump didn't farm out his obstruction job to anybody. He did it all by himself. In accordance with his motto, as articulated during his 2016 Republican convention speech: "I alone."  
During a meeting on Feb. 14 - according to James Comey's contemporaneous memo - Trump ordered Mike Pence and Jeff Sessions to leave the room so that he could speak to the FBI director alone. As Comey later wrote, in a memo shared with associates at the time, Trump asked Comey to drop the FBI probe of paid Russian propagandist Michael Flynn: "I hope you can see your way clear of letting this go, to letting Flynn go. He is a good guy. I hope you can let this go."  
After this bombshell exploded, the Trump team predictably insisted that the memo wasn't "truthful or accurate." Decide for yourself who to believe: Comey (who has been writing detailed contemporaneous memos for years), or the sociopathic liar who apparently cleared the room because he didn't want any witnesses.  
If you believe Comey - whose memo will inevitably go public - then you'll surely be interested in 18 U.S. Code Section 1505, which deals with "Obstruction of proceeding before departments, agencies, and committees." The key passage:  
"Whoever corruptly, or by threats or force, or by any threatening letter of communication, influences, obstructs, impedes, or endeavors to influence, obstruct, or impede the due and proper administration of the law under which any pending proceeding is being had before any department or agency of the United States" is guilty of obstructing justice. (Emphasis mine.)  
After the Comey memo hit, virtually all the Republicans went AWOL. Fox News was so devoid of Trump defenders that it felt compelled to ignore the story entirely - opting instead to run giant headlines about the Clinton Foundation (I kid you not) and the breathtaking news that Tim Allen's TV show had been cancelled.  
Perhaps the Republicans are beginning to realize that they've lashed themselves to a sinking ship. One Republican lawmaker privately told a CNN reporter on Tuesday night that the reaction among his colleagues to the Comey news is "Wide-eyed and WTF."  
Jimmy Guralé, a Notre Dame law professor, former assistant attorney general under George H.W. Bush, and an ex-Treasury undersecretary for enforcement under George W. Bush, says, "If the [Comey] allegations are true, President Trump has committed a serious federal crime." Myra Adams, a McCain campaign aide in '08 and a Bush aide in '04, says, "Grounds for impeachment are defined by whatever the political market will bear. At this writing, one wonders just how much more the political market will bear after only four months of President Trump, and I say this after voting for him!"  
And commentator David Gergen, who advised three Republican presidents (including Nixon), connected the dots on CNN, saying, "I think we're in impeachment territory now for the first time ... It looks like [Trump] was trying to impede the investigation. He was using his power to do that, and when James Comey didn't go along with him, when he wasn't his boy, he fired him."

The GOP's current fig-leaf defense is basically, "We don't yet know if this Comey memo is real." Jason Chaffetz, chairman of the House Oversight Committee, is threatening to subpoena it. (Chaffetz, in his "request" letter to the FBI: "If true, these memoranda raise questions as to whether the president attempted to influence or impede the investigation.") But the big question is what the Republicans will do if or when they actually see the memo. Will they finally stand up for America and fulfill the oath they took to defend it?  
"This is no longer about Trump. We know what he is," said former Bush speechwriter David Frum. "It's about Congress and specifically Republicans in Congress. Who are they?"  
Copyright 2017 Dick Polman, distributed exclusively by Cagle Cartoons newspaper syndicate. Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Pennsylvania. Email him at dickpolman7@gmail.com.



MAKING SENSE by  
MICHAEL REAGAN  
CHANGING THE CHANNEL  
ON CONGRESS



I give up.  
Ten minutes after I started watching the Senate intelligence committee hearings Thursday morning, I got so frustrated I started looking for a good cartoon show.  
What's so aggravating about these staged Congressional hearings is that you know what the Republicans and the Democrats are going to say before you even turn on the TV.  
If it's healthcare reform, the right side says it's going to replace Obamacare with something that works -- but then they can't sell their conservative ideas to the public and they don't have the courage to really try.  
Meanwhile, the left side says the right is going to let poor people die or throw grandma off a cliff and that only more socialism will save us -- and of course the Big Liberal Media always agrees.  
If the hearing is about what ex-FBI Director James Comey did or did not say to President Trump before he was fired, as Thursday's was in part, we get the usual predictable partisan BS.  
Was anyone rally surprised that Democrats were against Director Comey and wanted his scalp for, they claim, causing their heroine Hillary to lose the election -- right up until the minute President Trump actually fired him?  
Now Schumer and the gang are defending Comey, making phony comparisons to Watergate and calling Trump's quick decision to fire his FBI director somewhere between Nixonian and Hilterian.  
The Democrats serving in Congress hate Trump, still can't believe he was freely elected and want to see him impeached, jailed or worse.  
At the same time, it's become obvious that most members of the Republican majority have no spines and no genuine conservative principles.  
Republicans and Democrats in Washington don't know how to solve anything. They don't know how to work together toward a common goal for us Americans. They only know how to work against us, because their only common bipartisan goal is to stay in office.  
They're politicians, first and foremost. They work much harder at self-preservation than they work at helping the rest of the country.  
Is it any wonder that every time I sit and watch Congress in action, I say to myself, "Why the heck do I even go to the polls anymore?"  
No matter how smart and sensible these people are when we vote for them, when they get to DC they turn into self-serving partisans.  
It's not a joke to say that if one party came up with the cure for cancer, the other party would be against it.  
It's already become clear to me that the only thing that can change in Washington is the White House.  
Nothing important is going to be solved in the House and Senate with healthcare or taxes in the next four years unless Donald Trump stands up and says to Congress, "Get behind me, Satan."  
No one else has the political courage to take a stand on anything, except for Trump. I used to be bothered by the president not apologizing for his mistakes. Now I appreciate him better.  
He's far from perfect. But at least he has a pair of you-know-whats -- which are surely lacking at other end of Pennsylvania Avenue.  
----

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Speaker: Sierra Madre Chief of Police Joe Ortiz

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