

CHAMPS! SIERRA MADRE LITTLE LEAGUE DIVISION 17

Since its inception in 1958, Sierra Madre 11/12s division has never won District 17 Championship!

On Sunday night July 9, Sierra Madre's 2017 11/12-year old Little League All-Stars became the City's first group of boys to ever win the District 17 Championship. The win came after 6 games against other teams in the District (comprising of San Marino, Pasadena Southwest, Central Altadena, East Altadena, Arcadia National, Arcadia American...).

Their fairytale journey began on June 29th when they faced Central Altadena.

Jack Stipa began the game and pitched four innings with three strikeouts. Daniel Latshaw went 4 for 4; singling in the first and second innings, and hitting two doubles. With Latshaw on base in the first inning, Jack Stipa hit a home-run bringing in three runs. In total Stipa had 5 RBIs in the game. Sierra Madre scored four runs in the third inning thanks to a double by David Mysza and a single by Jack Stipa. In total, the team had 13 hits, including hits by Casey Skett, Nolan Aldoroty, and Justin Lee. Latshaw came in to pitch the last two innings, struck out 4, and gave up no hits. At the end of 6 innings Sierra Madre won 12-4.

A few days later "Madre", as they fondly refer to themselves, faced Arcadia American. Our Madre boys shut them out 12-0. Remarkably, Sierra Madre committed zero errors on the field, and had some great hitting by many. There were two a piece by Adam Amerio and Maximo Newhardt. Amerio hit a homerun in the first, followed by doubles by Nathan Savarese, Maximo Newhart, and Camden Andrews. The game ended after four innings on account of the "mercy" rule with Daniel Latshaw doing the bulk of the pitching, followed by Nathan Savarese to close.

Coming off that big win, Sierra Madre hit a bump in the road three days later when they faced Pasadena American on their home field. With just four hits (coming from David Mysza, Camden Andrews, Nathan Savarese and Maximo Newhart) even their flawless game in the field could not carry the day. Despite a solidly pitched game by Jack Stipa, David Mysza, Nolan Aldoroty and Nathan Savarese, Madre lost 3-1.

Forced into the loser's bracket, Sierra Madre then faced San Marino the very next day. Based on reputation and historical record, most bets were on San Marino, but Sierra Madre proved otherwise. The loss the day before may have been what "Madre" needed. Madre jumped out to an early lead in the first inning. Daniel Latshaw and David Mysza landed singles, as did Jack Stipa and Camden Andrews. A hit by Maximo Newhart drove in Daniel Latshaw, followed by another single by Nathan Savarese to bring in Camden Andrews. In the 2nd, a solid double by Jack Stipa drove in Daniel Latshaw. The third inning began with a strikeout and finished with a double

play by David Mysza at shortstop. Madre's stellar defense brought DaEdnieilt Lwaitthsh athwe t oD tohce sp laapetp who hit a line drive home run in the fourth. Thanks to Adam Amerio's line drive to left field, Camden Andrews scored. Moments later, Evan Barner singled on a line drive to right field, bringing in Nathan Savarese. Continuing the rally, David Mysza hit a hard ground ball up the center to bring in Casey Skett.

Because Pasadena American was undefeated at that point in the tournament, Sierra Madre would then be forced to turn around and beat this team to whom they had suffered their only loss of the tournament, the very next day on July 8th and then again on July 9th. With pitching limits on each player, that's not an easy thing to do. But they did it.

Ready to fight back, Madre came out guns blazing on the 8th of July against Pasadena American. Pasadena American pitched every pitcher on their roster, yet Madre amazingly hit three home runs, a double by Jack Stip and Adam Amerio, (Daniel Latshaw, Justin Lee, and Camden Andrews) Final score was 9-2.

Finally on a beautiful baseball evening of July 9th, our Madre boys finished what they set out to do from the start; win the District championship by beating Pasadena American for the second and final time 5-2. Since its inception in 1958, Sierra Madre 11/12s have never won District 17s banner till that night. It was something the boys will never forget and our community will forever remember these boys of summer.



SMLL Team Roster

Maximo Newhardt
Nolan Aldoroty
Adam Amerio
Camden Andrews
Evan Barber
Dru Beltran
Daniel Latshaw
Justin Lee
Aiden Joel (AJ) Lopez
David Mysza
Nathan Savarese
Casey Skett
Jack Stipa

Manager: Mike Amerio
Coach: David Mysza
Coach: Jeff Savarese
Coach: Ben Olivades
Coach: Vince Stipa

AN IMPORTANT MESSAGE FROM THE SIERRA MADRE POLICE DEPARTMENT

The City of Sierra Madre will never send utility workers to visit customers' homes looking to get personal and/or account information. Nor will the City solicit door to door.

Seniors are often targeted in an attempt to gain information or access to the home. Never give personal or financial information to anyone you do not know, whether at the door, in the mail, over the phone, or online.

City representatives will wear a uniform or carry City identification and drive City vehicles with prominently displayed Sierra Madre logos. Failure to display these should raise a red flag.

Protect yourself from door-to-door scams:

- Never respond to unsolicited offers of service
- If you need repairs, schedule them
- Verify the company by looking them up online or calling City Hall at (626) 355-7135
- Never give cash to door-to-door salespeople demanding immediate payment and be cautious of people that demand payment up-front
- Look for suspicious behavior such as looking in car windows, testing doors for locks, or entering back yards.
- Report aggressive or suspicious solicitors to law enforcement immediately

And remember – If You See Something, Say Something

Report any suspicious activity to the Sierra Madre Police Department, (626) 355-1414.

SERVING YOU SINCE 1949

GEM PLUMBING
Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE & INSTALLATION

We Do It All!

COPPER RE-PIPES
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER
HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR BRANDS

Emergency Service Available

355-3496

140 E. Montecito | Sierra Madre

VISA
MasterCard
DISCOVER
AMERICAN EXPRESS

State Contractor Lic. #111308

FREE ESTIMATES

FREE ESTIMATES



Janette Ledea
Realtor/Consultant E-Pro, GRI, CDPE, and SRES®
"From beginning to end and everything in between!"
RE/MAX Tri-City Lic. # 01480942
jledea@remax.net Cell: (626) 242-3244
www.janetterealty.com



Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi 90s	Lows 60s
Mon:	Sunny	Hi 90s	Lows 60s
Tues:	Sunny	Hi 90s	Lows 60s
Wed:	Sunny	Hi 90s	Lows 60s
Thur:	Sunny	Hi 90s	Lows 60s
Fri:	Sunny	Hi 90s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR July 25, 2017
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, July 25, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
July 25, 2017 at 6:30 pm

Planning Commission
July 20, 2017 at 7:00 pm

Community Service Commission

Library Board of Trustees
July 26, 2017 at 7:00 pm

Peter Dills Loves Our Nuts!

U GOT TABEE Nutz



- NON-GMO NUTS • NO TRANS FATS • DRY ROASTED
- GLUTEN FREE • MADE WITH NATURAL INGREDIENTS
- GREAT SOURCE OF PROTEIN & FIBER • NO MSG

Available at Pavilions
Peter Dills
KLA 830 AM Sundays

NATIONAL NIGHT OUT, TUESDAY, AUGUST 1, 2017!!!

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community.

Unlike previous years when the SMPD hosted this event in Memorial Park, we've found that other cities have been able to reach out to their communities more effectively by going to Neighborhood Watch (NW) block parties or individual parties throughout their cities. It is our intention this year to visit the NW block parties or individual parties. As we schedule the Department's events for the evening, we need to know who will be participating. If you are scheduling a block party, let us know and we'll coordinate with the city in providing barricades if necessary.

We will have representatives from the department stop by to say hello, no presentations, just pass out a few goodies and answer questions if you like. I've listed a few points to remember when you respond.

Time of your party
Street address

Do you need barricades for your street closure
Please respond by 7/21/17 to:

Lou Ornoz
Community Service Officer
Sierra Madre Police Department
242 W. Sierra Madre Bl.
Sierra Madre, CA. 91024
Office: 626/355-4596
Fax: 626/355-5468
E-mail: lornoz@cityofsierramadre.com



1927

WAS A VERY GOOD YEAR!

THE KIWANIS CLUB OF SIERRA
MADRE WAS BORN!

Join us as we celebrate our
90th Birthday ON

AUGUST 6, 2017
at the
SIERRA MADRE CONCERT IN
THE PARK WITH THE FRIENDS
OF THE SIERRA MADRE
LIBRARY featuring

THE GEM CITY JAZZ CATS!



Reward a deserving hero publically.
Make a difference for someone you know who has
Made a difference as a Humanitarian.
Now accepting nominations in the above categories.
Go to RHSTAR.org for applications.

Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2017 110 Years
Founded February 28, 1907 - "Living the Volunteer Life" in Friendship
Member of Global Federation of Women's Clubs - gfwc.org

Rent The 1914 Eschick House

Biz Meetings, Memorials
Anniversaries, Parties, Weddings
Facebook 310-200-1004

Explore Opportunities & Membership with Us
Join us for Member - Only Meetings/Pool Tuesdays, 10 am
GFWC Sierra Madre Woman's Club.org
Facebook/SierraMadreWomensClub 310-4339
Victoria Thrift Shop 310-7739
Accepts Clean, Gently Used Donations Wednesdays to 3 pm

Leonora Moss

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS



See something. Say something.

2017 CONCERTS IN THE PARK

PRESENTED BY THE KENSINGTON

JUNE 10

JUNE 25

PASADENA COMMUNITY ORCHESTRA (Classical)
Sponsored by Pasadena Community Orchestra

JULY 2

Sierra Madre Music Co. (Local Talent)
Sponsored by Sierra Madre Music

JULY 9

Cori Cable Kidder playing Patsy Cline
Sponsored by Rotary of Sierra Madre

JULY 16

Larry Larson (Classic Rock & Roll)
Sponsored by Sierra Madre Civic Club

JULY 23

JJ Jukebox (Rock from the 60's and 70's)
Sponsored by Sierra Madre Senior Community Commission

JULY 30

Skinny Ties (Rock from the 80's)
Sponsored by Sierra Madre Community Services

AUG 6

NOCONA (Country Rock)
Sponsored by Berkshire Hathaway Home Services

AUG 13

GEM CITY JAZZ CATS (Big Band)
Sponsored by Sierra Madre Kiwanis Club & Friends of the Sierra Madre Library

AUG 20

Pat O'brien and the Priests of Love (Rock)
Sponsored by Sierra Madre Firefighters' Association

AUG 27

Cash Up Front (Johnny Cash)
Sponsored by Sierra Madre Community Foundation

All concerts are free and held from 6:00pm-8:00pm at the Memorial Park Bandshell, located at 222 W. Sierra Madre Blvd. Seating is on the green. Be sure to bring blankets and lawn chairs. Alcohol is prohibited. Spectators are encouraged to support local organizations that may provide refreshments.

FOR MORE INFO CONTACT THE COMMUNITY SERVICES OFFICE AT 626.355.5278

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

The Bottle Shop

Wine & Spirits

sierra madre · california · since 1963



The Bottle Shop
 58 W. Sierra Madre Blvd, Sierra Madre
 626-355-1262
 Testing Room open Wed. Thru Sat.

"IF IT'S GLASS WE FIX IT"

SIERRA GLASS & MIRROR, INC. CROWN CITY GLASS

One of the Most Complete Glass Companies Anywhere
 License #627218

(626) 355-3407 • (626) 795-4201 • Fax (626) 355-8396
 347 W. Sierra Madre Blvd. • Sierra Madre, CA 91024

FREE ESTIMATES

- High Rise Replacement
- Store Fronts
- Windows Alum. & Wood
- Patio Doors
- Shower & Tub Enclosures
- Mirrors (All Types)
- Wardrobe Doors
- Fine Crystal Repair
- Leaded Glass Repair
- Tempered Safety Glass
- Thermal Insulated Glass
- Laminated Safety Glass
- Wire Glass
- Window & Plate Glass
- Beveled Glass
- Picture Glass
- Obscure Glass
- Table Tops 1/16" - 1"



GROOMING FOR DOGS AND CATS

SPA PACKAGES

626-836-0701



187 West Sierra Madre Blvd.
 Sierra Madre, CA 91024

BY APPOINTMENT ONLY

Tuesday-Saturday
 8:00 AM - 6:00 PM

FRONTIER HARDWARE CO., INC.



www.frontierhardware.com

ACE



7 Days a Week

Arnold's Frontier Hardware & Gifts
 297 W. Sierra Madre Blvd.
 Sierra Madre, CA 91024
 626-355-3365 Fax 626-355-8300

"Where Old-Fashioned Service Is Never Out-dated"

Brown's Classic Interiors

Designs For Your Taste

For That Very Special Ornament or Hostess Gift!

64 W. Sierra Madre Blvd.
 Sierra Madre, CA 91024
 Fax (626) 836-1258



Dee Walker
 (626) 355-2712

Walking Sierra Madre...The Social Side

by Deanne Davis



"What I'd like to say to the Nation is go down to your local Fire Department or your EMS, shake their hands and tell them thank you. Because they risk their lives every day for you... it's important. We need to go and give them a hug, shake their hands and tell them thank you."

Dr. George Smith, West TX EMS Director

OK, you're watching TV, something goes terribly wrong and somebody yells, "Call 911! CALL 911!! So somebody does and the next thing you hear is sirens and amazing people are picking somebody up off the street, putting bandages on bloody wounds, giving CPR and, just generally, displaying heroic behavior. Deep in our hearts we all hope that nobody ever has to call 911 for us. But it does happen.

911 has been called three times for us in the 50 years we've lived in Sierra Madre. The first time was in 1974 when our little girl, Crissy, then four years old, was hit by a car in front of our house, dragged down the street and terribly damaged. We really didn't have a paramedic unit then, but George Maurer and another gentleman, to whom we will be eternally grateful, took a look at our little girl, scooped her up off the street and rushed her to Arcadia Methodist. She survived that horrible accident - a miracle right there, folks - and is now alive and well and living in Texas with our granddaughters, Jessie and Emily, and her husband Chris. That was our first encounter with EMT guys. We wept with gratitude for years every time we saw George Maurer.

The second time was about four years ago when I was changing the sheets on our bed. I turned some weird way, found myself on the floor and my left knee really hurt. I, of course, did not let that slow me down. I managed to get myself up off the floor and finished making the bed. By then I realized my knee hurt really really bad so I put myself down on that newly made bed and sort of waited for it to go away. It did not. As the day wore on, my knee got more and more swollen and when I needed to visit the powder room, John and I both realized I was in a lot of trouble as I couldn't walk. So we called 911 and said, no emergency, no hurry, I'm not bleeding and don't have chest pains. We could hear the sirens as they left the fire station all the way up Baldwin. A whole lot of the best looking and nicest people in the world crowded into the dressing room where I was reclining on the floor and asked me how I was doing. I said, "OK, don't touch me!" Well, after giving me morphine while being charming, I did let them touch me and eventually they got me down to Huntington Hospital. The doctor said, "You have an explosion of your kneecap!" I had surgery, went home, and wrote our guys a thank you letter. They were so nice, so delightful, so terror and pain displacing that this whole thing is sort of a good experience.

SIERRA MADRE POLICE BLOTTER

July 9 to July 16 2017 During this time period, the Sierra Madre Police Department responded to approximately 418 day and night time calls for service.

Tuesday, July 11 In the 100 block of N. Sunnyside Ave. an unknown suspect(s) walked onto the property and proceeded to the backyard through the unlocked gate, and shattered a single pane of a sliding glass door window. No access was gained into the house and no property was taken. 1:30 p.m. Officers responded to the 200 block of Santa Anita Ct. regarding a theft of a package. The resident stated she saw an individual walking away from her porch with a package. The suspect threw the package in the back seat of the vehicle and left the location, with a female driving the vehicle. The officers were contacted by Arcadia PD that they had detained the suspects based on the descriptions given. The package was discovered in the vehicle and returned to the victim. The victim confirmed the identity of one of the suspects who was then arrested and

transported to the Pasadena Police jail for booking. Case to Detectives

Wednesday, July 12 Officers responded to Santa Anita Canyon Rd. and Arno at about 10:14 p.m. for a welfare check of a driver that was passed out behind the wheel of a parked vehicle. Upon further investigation, it was determined that the subject was under the influence of methamphetamine, possession of a controlled substance and drug paraphernalia. Suspect was arrested and booked into Pasadena Jail. Suspect's vehicle was impounded. Case to Detectives

Saturday, July 15 At about 2:43 p.m., officers responded to call of a male committing a lewd act in his vehicle in the 100 block of E. Montecito. Following the interview, officers determined that the statement by the witness was true, arrested the suspects and transported him the Pasadena Police jail for booking. Case referred to the DA's office

REFLEXOLOGY CAN HELP!

Reduce Pain ☞ Promote healing ☞ Stress relief ☞ Improve overall well being



FootsmArts Reflexology

Bs. Lic. #21422

Despina Tsiknas-Arzhouman

Certified Reflexologist

Located in Sierra Madre

(626) 355-3414

By Appointment Only

Visit our website:

www.footsmarts-reflexology.com



Fine Furniture, Art, & Apparel

Karen Byrne
 Proprietor

26 N Baldwin Ave, Sierra Madre, CA 91025 Tel. 626.488.2226

THE SHOPS ON BALDWIN IN SIERRA MADRE



CAPELLI COURT SALON
51 N Baldwin Ave.
Sierra Madre CA 91024

Ester Gorena
Stylist- Owner
capellicourt@yahoo.com
626-836-1242

facebook.com/capelli.court



Sheila Vietro, Agent, Lic. #0569790

19 Suffolk Avenue, Sierra Madre, CA 91024
Bus 626 355 1485 Toll Free 800 585 5662
Fax 626 355 3308

sheila.vietro.bts6@statefarm.com

The greatest compliment you can give is a referral.



Fine Furniture, Art, & Apparel
Karen Byrne
Proprietor

26 N Baldwin Ave, Sierra Madre, CA 91025 Tel. 626-488-2226



Now Offering Gourmet Burgers

• Coffee • Conversation • Community

COFFEE HOUSE & BAKERY

45 N. Baldwin Ave. Sierra Madre, CA 91024 / T: (626) 355-1598



GYM (626)836-1236
PILATES (626)836-2000

PRO PILATES
PERSONAL TRAINING
FULL FITNESS FACILITY



www.SierraFit.com



CASA DEL REY - SIERRA MADRE

Family Owned Since 1972 - Originally located in Temple City

31 N. Baldwin Ave.
Sierra Madre, CA 91024

626-355-6060

www.casadelreyrestaurant.com



HAND SELECTED &
UNIQUELY HANDMADE GIFTS

55 N. Baldwin Ave.
Sierra Madre, CA 91024
626-355-0200 info@bellesnest.com

RUIZ SHOE REPAIR
EST. 1954



COMPLETE LEATHER, SHOE,
PURSE, LUGGAGE, SADDLE
REPAIR & RESTORATION

51 NORTH BALDWIN AVENUE
SIERRA MADRE, CA 91024
(626) 355-8111

SHOES
HEELS
ORTHOPEDIC
ADJUSTMENT
DYEING
RE-STYLING
LUGGAGE
REPAIR
PURSE
REPAIR &
SADDLE
SERVICES



East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,
On one avenue - "East Montecito Avenue" at Baldwin, Sierra Madre CA

LADISLAV CZERNEK FURNITURE

Euro-American design and craftsmanship, serving 31 years LA/NYC
Arts & Crafts • Victorian • Modern • Custom cabinetry
epochstudio@earthlink.net, Images: Google+ Ladislav Czernek

213.253.8958

471/2 East Montecito Ave. Sierra Madre



SIERRA FITNESS PILATES

51 East Montecito Avenue Sierra Madre, CA 91024
(626) 836-2000 (Pilates) (626) 836-1236 (Gym)
www.sierrafit.com

AKA Fotografix LLC
Custom Framing, Fine Art, Photography,
& Portraiture.

Gallery & Studio : 39-41 East Montecito
Sierra Madre CA 91024
Andrew Kasiske, Photographer
626.862.8946



Botox • Juvéderm • Kybella • Latisse
Medical Grade Peels/Facials
Full Face & Body Waxing
Permanent Makeup: Eyebrows, Eyeliner, Lip Color
61 East Montecito Avenue, Sierra Madre, CA 91024



Children's Activity Center
41 1/2 E. Montecito Ave, Sierra Madre

www.kidzcottage.org | 626-863-0805
Legos-Wii-Playhouse-Games-Movie Nights-Much More!!
**Drop off Welcome

PET BOUTIQUE

PET GROOMING

DOGGIE
DAYCARE & BOARDING



THE SHABBY DOG



www.TheShabbyDog.com
31 E. Montecito Avenue, Sierra Madre (626) 836-5452

East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,

CARTER PLAZA MERCHANTS

38 E. Montecito - Sierra Madre



Charles Martin, Agent

38 E Montecito, Suite 3
Sierra Madre, CA 91024
626-606-3600
charlesismyagent.com

Designers, makers, restorers & teachers of fine stained glass windows



Susan Wallis
Custom stained and leaded glass

38 E. Montecito Ave. #7
Sierra Madre CA 91024
ladre 910 91

Est. 1946



WoodHill
Designs

Michael Hill

Fine furniture: Original
designs and reproductions
of the Arts & Crafts and
Greene & Greene era

38 E Montecito #6
Sierra Madre, CA 91024
(626) 423-2639

woodhilldesigns@yahoo.com

ROCKIN' ROLLERS

Music Lessons From The Heart... Not The Book!

uke, guitar, bass, piano, drums, rockband n' songwriting classes
First Lesson FREE w/ ad (626) 355-0101
First 5 to respond this month www.RockinRollersUSA.com 38 E. Montecito Ave, Suite #10, Sierra Madre

Sean Paul
Insurance Agency

Ca Lic #0626852

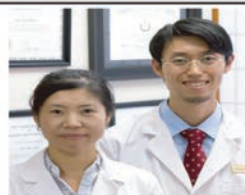
Ed McFaul

ed.mcfaul@gmail.com

38 E. Montecito #12
Sierra Madre, CA 91024
P. 626-733-4191 F. 626-355-3668



YoonMin
Acupuncture
& Herbs



SunYoung Min, L.Ac.
JooHun Yoon, L.Ac.

We accept most insurance, Auto Injuries,
Covered California, Workers Compensation.

(626) 800-9086

www.YoonMinAcu.com

Mon~Fri: 8am~5pm, Sat by Appointment
80 Montecito Ct. Sierra Madre, CA 91024 / Behind Playhouse

Extended Family Child Care

Maria Thompson - License #198017322

Full Time / Part Time
Drop-Ins / After School Care
Evening & Weekend Drop-Ins

- * Fun Daily Activities
- * Arts & Crafts
- * Music & Movement
- * Nutritious Snacks
- * After School Pick Up
- * Homework Help



City of Sierra Madre
Quality Child Care
State Licensed / CPR & First Aid Certified

626-483-8028

PasadenaAltadena

News From Your CommunityFor Your Community

Encouraging Lower Energy Use during Solar Eclipse

“Do Your Thing for the Sun”

In an effort to lessen dependency on fossil fuel-based energy during the solar eclipse on August 21st, Assembly Committee on Utilities and Energy Chair, Chris Holden, introduced House Resolution 50. The measure encourages all Californians to reduce energy use, and pledge to “Do Your Thing for the Sun” during the hours of 9 a.m. to 10:30 a.m. on August 21.

“On Monday, August 21st our hardworking sun will be taking a break, and maybe you should too,” says Assemblymember Holden. “We are encouraging all Californians to postpone major energy use until after the solar eclipse.”

“Do Your Thing for the Sun” is an effort in partnership with the California Public Utilities Commission for millions to take action during the Great Solar Eclipse of 2017, an event that happens only once every 50 years. If consumers lower energy use during the eclipse, a time when California’s solar energy production will dip, fewer fossil fuels will be burned.

“This campaign creates a unique opportunity to educate Californians on energy-saving strategies that can extend past the hours of the solar eclipse, leading to a cleaner and more environmentally-conscious state,” said Holden.

For more information go to a41.asmdc.org

Pet of the Week



Strudel (A416309) is a very energetic 2-month-old kitten. She loves to run around with her siblings and play with toys. She’s very vocal and always asks to be picked up. Her foster mom says that she just meows out of happiness when you walk into the room. She has a big personality and is a total sweetheart. Strudel is litter box trained and will make a great pet for any family.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A416309, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

The Pasadena Humane Society is offering \$20 spay/neuter surgery for cats one year and younger the entire month of July. Make an appointment at pasadenahumane.org/snip.



Public Input on Bridge Suicide Barriers

Pasadena’s public safety committee heard everything Wednesday night from criticism on temporarily fencing off all 20 alcoves along the Colorado Street Bridge as a solution to a sudden increase in suicides, to planting trees and shrubs under the bridge to detour jumpers. The issues were taken up during an information meeting on suicide mitigation proposals.

Pasadena Mayor Terry Tornek, although not on the committee, sat in. He said the subject was difficult to deal with, “This whole discussion tonight is very upsetting and I think it’s entirely appropriate and that I appreciate, the help of the Heath Department, there are all kinds of ways people commit suicide, this is the most dramatic way. Putting this is the larger context of public health has a real value.”

He also said the city should immediately, as part of an emergency basis, close off the railing at each end of bridge. He also apologized for the look of fencing off the alcoves, “It’s aesthetically offensive but I don’t see any alternative and I commend staff for moving aggressively.”

Both Sue Mossman Executive Director Pasadena Heritage and Claire Bogaard Pasadena Heritage Board Member suggested planting trees and working with Pasadena

architects, “working on solutions that might not be investigated yet,” Mossman said.

The mayor agreed, “Most of us would agree that planting trees makes sense, I think that one of the great ideas is having some sort of engagement with our local Pasadena architects and engineers and brainstorm this and enhance community participation. Come up with an idea that is cost effective and successful and aesthetically pleasing.”

Residents spoke up over the current temporary fencing.

“My concern is the way the temporary barriers are being installed, a lot of holes have been drilled in the sidewalk, and the uprights bolted in,” said resident Diana Britt. “It seems to me that it should have been possible to think of some sort of opportunity or way to block access to the alcoves attaching whatever fencing to the exiting railing [without damaging the bridge]. I think this is purely cosmetic and poorly thought out.”

Councilmember Tyron Hampton said whatever the cost something needed to be done even it only prevents one death. Others suggested they also look at other bridges including the newly reconstructed John K. Van de Kamp Bridge, “there is no railing on that bridge at all,” someone said.

for the gifted Joe Pass. Their For Django album, a harbinger of many more collaborations together, culminated with Duets in 1991. Mr. Pisano wrote the hit So, What’s New, which appeared as the B-side of Herb Alpert’s hit single Flamingo in 1966.

Gene Bertoncini is one of the pre-eminent jazz guitarists’ active today. His fluid technique and lyricism have won him international praise and accolades as the “Segovia of jazz.” An eloquent and versatile improviser, Mr. Bertoncini has been heard with an extraordinary range of jazz greats, including performances and recordings with Benny Goodman, Buddy Rich, Wayne Shorter, Hubert Laws, and Paul Desmond among others, as well as such distinguished singers as Tony Bennett, Lena Horne, Nancy Wilson, Vic Damone, and Eydie Gorme.

For tickets or more information visit friendsindeedpas.org or call 626-797-2402.

ALTADENA POLICE BLOTTER

Sunday, July 9th

5:10 PM – A robbery of a Lyft driver occurred in the 3300 block of N. Lincoln Ave. Two juveniles were arrested and the item stolen was recovered.

Monday, July 10th

11:08 AM – A vehicle was reported stolen from the area of Lehigh Street and Windsor Avenue. Vehicle described as a red 1996 GMC Sierra. Vehicle recovered by San Bernardino Sheriff’s Department.

2:58 PM – Cory Macy, 31 years old of Altadena was arrested in the 1800 block of N. Allen Avenue for vehicle vandalism.

Tuesday, July 11th

10:00 AM – A residential burglary occurred in the 2300 block of Porter Avenue. Suspect(s) entered the residence by removing the window screen. Stolen: black jewelry box.

1:15 PM – A grand theft of landscaping equipment occurred in the 4200 block of Canyon Crest Road. Stolen: green/red Honda lawn mower, orange/black Stihl blower, orange/steel Stihl hedge trimmer, orange/black TMC hedge trimmer, and orange/red Stihl weed eater.

4:45 PM – A grand theft of

landscaping equipment occurred in the 2000 block of Midwick Drive. Stolen: red/organge Echo blower and orange/gray Stihl hedge trimmer.

Wednesday, July 12th

6:12 PM – A robbery occurred in the area of Fair Oaks Avenue and Loma Alta Drive. Suspect has been identified as the victim’s ex-boyfriend. Suspect is not in custody.

Thursday, July 13th

9:20 PM – Alejandro Garcia, 40 years old of Altadena and Ramon Cruz, 45 years old of Altadena were in the area of Sacramento Street and Raymond Lane and were arrested for possession of a controlled substance and possession of drug paraphernalia.

Friday, July 14th

7:00 PM – A vehicle burglary occurred in the 200 block of Harriet Street. Suspect(s) entered the vehicle via unknown means. Stolen: brown military boots.

Saturday, July 15th

11:30 PM – A residential burglary occurred in the 100 block of W. Mountain View Street. Suspect has been arrested and the investigation is on-going.

Non-structural interventions such as phones/intercoms Bridge patrols pedestrian exclusion, along with structural solutions like, wire strand installation, mesh barriers, netting and picket extensions were discussed.

Public information officer William Boyer said currently the metal pipe framework over the 20 alcoves has been completed. “We anticipate the mesh fencing will be installed possibly Tuesday or Wednesday, next week.”

Pasadena National Night Out

The Pasadena Police Department invites the public to participate in the 34th annual National Night Out (NNO), August 1, crime, drug and violence prevention program. This year’s event will kick-off at 5 p.m. at Jefferson Park.

Meet first responders from the Pasadena police and fire departments, city council officials and representatives from the Heath Department and library. There will be free food, games and activities for the whole family, free bike registration and giveaways from local organizations and businesses including Child ID, the Pasadena Federal Credit Union and Target.

The purpose of NNO, sponsored by the National Association of Town Watch (NATW) is to build strong partnerships between the police and community and to promote crime awareness programs such as Neighborhood Watch.

Jefferson Park is located 1501 E. Villa Street. Anyone wishing to host a gathering/block party in their neighborhood or business, or find an event can contact the Community Services Section at (626) 744-4551.

Free Concert at the Central Library

The Second Sunday Concert presented By the Tuesday Musicale will be at 2:30 pm on Sunday, August 13, in the Pasadena Central Library, 285 E. Walnut. Featured will be Paul Shemet, classical accordionist, with soprano Ingrid Helge, solo pianist Bonnie Shemet and accompanist Tomoko Takasugi. Transcriptions of classical works for accordion, voice and piano will be heard. Admission and parking is free and it is disabled accessible.

Wiggle Waggle Volunteers Needed

Volunteer at the Wiggle Waggle Walk. Join more than 250 animal lovers who lend a hand with event set-up, registration, activities and clean-up. It’s a great opportunity for individuals and groups to get involved. Individuals, email volunteer@pasadenahumane.org with “Volunteer” in the subject line. Groups can sign up via the group volunteer page.

Huntington Hospital Names New President CEO

Huntington Hospital announced Wednesday the appointment of Lori Morgan (pictured), MD, MBA, as president and chief executive officer effective early- to mid-September.

According to a statement Morgan brings nearly 30 years of healthcare and healthcare administration experience with a focus on developing programs that support patient care, strengthening physician relationships and enhancing financial performance. She most recently served eight years as corporate vice president of Legacy Health, Portland’s largest local health system, and as president of Legacy Emanuel Medical Center, the system’s largest hospital.

Paul L.H. Ouyang, chairman of the board, said, “Dr. Morgan stood out as the top candidate for Huntington Hospital due to her excellent operating and financial track record and her outstanding working relationships with physicians. Lori is an accomplished trauma surgeon and intensivist, a natural leader and a superb communicator, and the entire Search Committee is honored and delighted that she has accepted our offer. We are pleased to welcome Lori to Huntington Hospital as we begin the next 125 years of service to the San Gabriel Valley community.”

He continued, “Dr. Morgan’s appointment follows a nationwide search that attracted many exceptional candidates. I want to thank all the Search Committee members, especially Jaynie Studenmund, chair, Search Committee, and vice chair, board of directors, who led the comprehensive search with the assistance of Witt/Kieffer, a nationally recognized executive search agency specializing in health care.”

Dr. Morgan said, “It is an honor and a privilege to be



asked to lead this prestigious hospital and support its vision to be the leader in creating community well-being through world-class health care. I see great opportunity for further growth and development as we execute on our mission to bring together outstanding physicians, caring nurses, professional staff and advanced technologies.” Stephen A. Ralph, current president and CEO, announced in April 2017 his intention to step down from his roles when the new CEO is in place.

Mr. Ouyang said, “The board and I want to thank Steve Ralph for his significant contributions to the community and the hospital. Over 33 years of service to the hospital with 22 of those as CEO, Steve has been a pillar of one of our community’s most important institutions and leaves a remarkable legacy of achievement.”

Mr. Ralph stated, “I am pleased that this exceptional hospital and its caring and professional staff will be in the hands of such a capable leader. I know Dr. Morgan will continue Huntington Hospital’s legacy of offering world-class care to our patients, their families and our community.”

Dr. Morgan joined Legacy Emanuel Medical Center as president and Legacy Health as corporate vice president in 2009. Legacy Health is the largest local health system in Portland with seven hospitals, allied clinics/outpatient facilities and 11,000 employees.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in July at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

Scenic Walkers Club – Wednesdays, to July 26, at 10 a.m. Enjoy a series of leisurely walks to enjoy the great outdoors, make new friends and get some exercise. July 26: Lower Arroyo Seco Trail. To sign up, email alancolville@charter.net or call 626-221-3741 for the meeting location for each walk, a list of items to bring and what to expect.

Diabetes Empowerment Education Program – Thursdays, to Aug. 24, from 12:30 to 2:30 p.m. If you or someone you care for is diabetic or pre-diabetic, this series will encourage you to make lifestyle changes while learning more about your diabetes and how it affects your overall health. Presented by Health Services Advisory Group.

The Domino Effect – Thursdays, to July 27, at 1 p.m. If you’ve never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday...it’s contagious! For more information call Vicki at 928-478-4654.

A Toast to the Joys of Music – Tuesdays to July 25, from 9:30 to 11:30 a.m.

Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Xocalatl (Chocolate) – Monday, July 24, at 1 p.m. Learn the captivating story of chocolate, from the discovery of the cacao tree to the present day – a story of intrigue and desire with wondrous culinary and scientific aspects. Afterward, guests will enjoy a discussion and tasting of different varieties of chocolate. Reservations are required at the Welcome Desk or by calling 626-795-4331. Presented by Dr. Lee Scott Thiesen, an expert on food, culture and Latin American history.

Osteoarthritis, Rheumatoid Arthritis and the New Medications – Thursday, July 27, at 10 a.m. Learn about diagnoses, basic facts and new medications for arthritis, a manageable condition that takes more than 100 different forms and affects people of all ages. Presented by the Arthritis Foundation and Michael’s Pharmacy.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

NOTICE OF PUBLIC HEARING BEFORE THE ARCADIA CITY COUNCIL

NOTICE IS HEREBY GIVEN that on Tuesday, August 1, 2017, at 7:00 p.m. at the Arcadia City Hall Council Chambers, 240 West Huntington Drive, Arcadia, California, the Arcadia City Council will conduct a public hearing for the proposal to establish district boundaries for district-based elections.

In accordance with Elections Code section 10010 (a)(1), the City Council will conduct an initial public hearing regarding the establishment of district boundaries for district based elections. The public is invited to provide input regarding the composition of

the districts. Those desiring to be heard in favor of, or opposition to, this item will be given an opportunity to do so during such hearing.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting, contact the City Clerk's Office at (626) 574-5455 at least three (3) working days before the meeting or time when such special services are needed. This notification will help City staff in making reasonable arrangements to provide you with access to the meeting.

CONCERT IN THE PARK, NATIONAL NIGHT OUT, AND ARCADIA'S 114TH BIRTHDAY!

- National Night Out promotes crime prevention and awareness through police-community partnerships. Arcadia's Police and Fire Department will be joining us for this very special occasion. Free fingerprinting for the kids, crime prevention materials, and other information will be available. Stop by and show your support to Arcadia's finest. But wait...that is not it! Help Arcadia celebrate our 114th birthday by enjoying some birthday cake (while supplies last).

The Swing Cats Big Band with the Swing Kittens is Southern California's freshest and most dynamic swing band around. Composed of top musicians dedicated to the performance and preservation of

big band music, The Swing Cats will take you back to the 30's, 40's, and 50's with their high-quality, authentic sound. Come dance with a jump tune, foxtrot, jitterbug, ballad, mambo, or waltz – this band has a towering repertoire of music to suit your dancing needs! The band is led by trumpeter, Dan Methe, who has been an active member of the SCSBOA and CAJ for many years. With a love of swing music and a desire to pay homage to it, Dan Methe has paved the way for the band to play in Disney, Hotel del Coronado, aboard the S.S. Lane Victory and Queen Mary, and numerous joints, dives, and fine establishments throughout Southern California.

DRIVER CHARGED WITH HIT AND RUN

At about 12:15 AM, on Tuesday July 18, 2017, several persons called to report a reckless driver, and several traffic collisions, in the area of Duarte Road west of Baldwin Avenue. The vehicle turned southbound on Baldwin Avenue and stopped in the area of Camino Real Avenue. The driver left the vehicle, and it became fully engulfed in flames. A witness followed the driver, as he walked southbound on Baldwin Avenue, until officers arrived. Arcadia Fire Department personnel also responded to the scene, where they extinguished the fire and ultimately transported the driver to a hospital for treatment of a minor injury.

Officers conducted an investigation, and they determined the driver was driving while under the influence while he fled the areas of several traffic collisions. David Santillan, a 47-year-old resident

of Temple City, was arrested for violations of CVC 23152(a) – Driving under the influence of an alcoholic beverage and CVC 20002(a)(1) – Hit and run. Santillan was released from the hospital and he is being housed at the Arcadia Police Department's jail. Santillan will be booked and then released with a citation.

This incident is being investigated by Arcadia Police Department Detectives. Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5151, case #1703673. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), use your smartphone by downloading the "P3 Tips" Mobile APP on Google play or the Apple App Store, or by using the website <http://lacrimestoppers.org>.

ARCADIA POLICE BLOTTER

For the period of Sunday, July 9th, through Saturday, July 15th, the Police Department responded to 1,035 calls for service, of which 129 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, July 9:

Shortly before 12:12 a.m., an officer responded to a residence in the 1000 block of Oakdale Avenue regarding a burglary report. An investigation revealed unknown suspects broke into the residence through a rear window, rummaged through one bedroom, and fled undetected. The loss is unknown at the time of this report. No suspects were seen and no witnesses were located.

Monday, July 10:

At approximately 6:43 a.m., an officer responded to a residence in the 1300 block of Loganrita Avenue regarding a vandalism report. The officer discovered unknown suspect(s) placed a live firework in the victim's mailbox causing an explosion. A similar incident was reported around the same time in the 1100 block of Altern Street. The investigation is ongoing.

Just after 3:52 p.m., an officer responded to a residence in the 600 block of Sunset Boulevard regarding a burglary report. The victim reported an unknown suspect entered his residence through an open window, lightly ransacked the bedroom, and fled with a glass bong, marijuana, and a pair of sunglasses. No suspects were seen and no witnesses were located.

At approximately 8:31 p.m., an officer responded to Ralphs Grocery Store, 211 East Foothill Boulevard, regarding a theft report. The store manager confronted three suspects as they exited the store, failing to pay for a bag of baby formula and toothpaste. The suspects dropped the stolen property and fled in a bronze Infinity SUV.

The suspects are described as a black female, 20 to 25-years-old, 6', 200 pounds, with long braided hair. Suspect 2 is described as a black female, 30 to 35-years-old, 6', 150 pounds, with shoulder length hair. The third suspect was a black male, 20 to 25-years-old, 5'8", 220 pounds, with short hair. The investigation is ongoing.

Around 9:03 p.m., officers responded to a residence in the 2700 block of Warren Way regarding a burglary report. The officers discovered the suspect entered the residence by unknown means, encountered the victim, and fled without stealing anything. The suspect was gone by the time officers arrived. The investigation is ongoing.

Just before 10:44 p.m., an officer responded to a residence in the 00 block of Naomi Avenue regarding a possible burglary in progress. The reporting party witnessed three suspects enter the rear of a nearby residence. The arriving officer located two suspects hiding inside their vehicle parked in front of the same residence. Upon contacting the suspects in the car, the officer located gloves and a mask. The occupants inside the vehicle, a 21-year-old male from Palmdale and a 22-year-old male from Lancaster were arrested and transported to the Arcadia City Jail for booking. The three suspects seen entering the backyard were not located during an area search. The investigation is ongoing.

Tuesday, July 11:

Shortly after 1:37 p.m., an officer responded to CVS Pharmacy, 1401 South Baldwin Avenue, regarding a fraud report. The reporting party, a loss prevention specialist, discovered a male suspect altered a Coinstar receipts to falsely obtain money.

The suspect is described as a 40 to 50-year-old white male,

with short black hair, and a thin build. The investigation is ongoing.

Before 7:06 a.m., an officer responded to 24 Hour Fitness, 125 North First Avenue, regarding a theft report. The victim discovered the suspect entered an unlocked locker and stole the victim's car keys, makeup bag, and some clothing items. The victim saw the suspect attempting to unlock her car but the suspect fled.

The suspect is described as a Hispanic female in her late 20's, 5'5" tall, average build, with dark hair. The investigation is ongoing.

At about 1:40 p.m., an officer conducted a traffic stop on a vehicle in the area of Rancho Road and Hacienda Drive for not having license plates on the vehicle. A records check of the driver revealed she had three outstanding misdemeanor warrants. During a consensual search of the vehicle, the officer located a package that had been stolen out of Sierra Madre. The suspect was also in possession of numerous items of stolen mail. The driver, a 28-year-old female from El Monte and a 22-year-old female passenger from Azusa were arrested and transported to the Arcadia City Jail for booking.

Thursday, July 13:

Before 9:07 a.m., an officer conducted an enforcement stop on a vehicle in the Extended Stay parking lot, 401 E. Santa Clara Avenue, because a records check revealed the registered owner had an outstanding no bail warrant. Upon contacting the driver, the 29-year-old male from Los Angeles, allowed the officer to search the vehicle. During the search, the officer located a duffel bag containing \$118,000 cash. The driver would not confirm or deny if the money was related to drug sales. Therefore, the suspect was arrested for Possession of Over \$100,000 Used in Drug Sale and was transported to the Arcadia City Jail for booking. The investigation is ongoing.

Around 6:35 p.m., an officer responded to a condominium complex in the 900 block of West Duarte Road regarding a possible mail theft report. A witness reported seeing a male suspect near the mail boxes. A short time later, the witness saw fresh pry marks on the mailbox.

The suspect is described as a male suspect, in his mid-20's. He fled in an awaiting grey vehicle. The investigation is ongoing.

Friday, July 14:

At about 8:05 a.m., an officer responded to Bonita Park, 100 South Second Avenue, regarding an explosion and screams for help. The officer determined two juvenile males were injured while playing with fireworks. Both juveniles were transported to nearby hospitals for evaluation and treatment.

Saturday, July 15:

Shortly after 7:06 p.m., an officer responded to Nordstrom, 400 South Baldwin Avenue, regarding a theft report. Surveillance footage revealed two suspects entered the store, cut security cables to four handbags, and fled with the stolen merchandise in a black Jaguar. The total loss was \$8,790.00.

The suspects are described as one black male and one black female. The investigation is ongoing.

At approximately 11:30 p.m., officers responded to the 1000 block of Portola Drive regarding an assault report. An investigation revealed the victim was struck on the head, back, and arms with an unknown metal object by approximately seven or eight male suspects. The victim knows three of the suspects and explained there has been an ongoing dispute between the victim and the suspects. The investigation is ongoing. Arcadia Fire responded to provide medical attention.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

SANTA ANITA FAMILY SERVICE SHARES RESOURCE INFORMATION

Santa Anita Family Service has been serving the San Gabriel Valley since 1951. Their mission is to create healthier and more stable children and adults through high quality educational, mental health, social services and senior programs provided by impassioned and dedicated professionals. Dr. Karla Perez-Pussman is one of those impassioned and dedicated professionals. She shared her story and the story of Santa Anita Family Services at a recent Duarte Kiwanis Club meeting. Their key programs include: Counseling and Social Services Domestic Violence Prevention and Intervention Seniors, Disabled Adults and Caregivers Support Veterans and their Families Support Drug and Alcohol Prevention and Intervention. Court Mandated Programs

One of the unique elements of their programs is the opportunity to serve their clients in the client's home eliminating issues of transportation and allowing the counselor a better look at the "whole" person.



(from left), Cheryl Reynolds, Duarte Kiwanis President and Dr. Karla Perez-Pussman. For further information on speaking or joining the club, contact Dr. Diane Hernandez at drdiane@drhernandezoptometry.com

NATIONAL NIGHT OUT EVENT WITH THE MONROVIA POLICE DEPARTMENT SET TO TAKE PLACE AT LIBRARY PARK ON TUESDAY, AUGUST 1, 2017, 6:30 P.M. – 8:30 P.M.

Save the date for the Monrovia Police Department's 2017 National Night Out! On Tuesday, August 1, 2017, from 6:30 p.m. to 8:30 p.m. at Library Park, the Monrovia Police Department will be hosting our National Night Out program, which is an annual community-building initiative that helps promote

police and community partnerships with a sense of neighborhood camaraderie. This event is a fantastic opportunity for citizens to come together to promote crime awareness, drug awareness, and to meet some of the amazing men and women of the Monrovia Police Department!

MAJOR RENOVATIONS TO JULIAN FISHER PARK UNDERWAY UNTIL LATE FALL 2017!

Julian Fisher Park will be closed beginning July 17th

Renovations at Julian Fisher Park are set to begin July 17th, and are expected to be complete in October 2017. The park will remain closed throughout the renovation.

What improvements will be taking place?

The park renovation includes:

Installation of new lighting

New basketball courts

A seat wall

Improved walkways

Installation of a new public restroom - the first to use the "Portland Loo" design!

Where can I go to play basketball and enjoy the playground or a picnic during construction?

During construction, we encourage residents to utilize the basketball courts at the Mary Wilcox

Youth Center Gym, and the playground / picnic space at Recreation Park.

Mary Wilcox Youth Center - 843 E. Olive Avenue

Open gym hours will be offered for recreational basketball at the following times:

Monday - Friday from 6:00 to 10:00 p.m.

Saturday - Sunday from 12:00 to 5:00 p.m.

Recreation Park - 620 S. Shamrock Avenue

Open daily from sunrise to 10:00 p.m.

To learn more about our parks, visit the Park Directory page.

Questions or Concerns?

For any questions or concerns regarding construction, please call Lauren Marshall, Management Analyst, at (626) 932-5579.

Injury Traffic Collision

July 13 at 11:00 a.m., a vehicle collision involving injuries was reported at a business lot in the 1400 block of S. Shamrock. A staff member was driving a customer's vehicle and hit another employee that was driving a golf cart. The driver of the golf cart suffered a minor head injury and was taken to a hospital for treatment.

Vehicle Burglary

July 14 at 7:03 a.m., a vehicle burglary was reported in a business parking lot in the 500 block of S. Mountain Avenue. The victim parked and locked her vehicle in the parking lot and 6:00 a.m. When she returned at 7:00 a.m., she noticed her rear passenger side window was shattered. The victim reported that she had left her satchel on the rear seat of the vehicle. The suspect smashed the window, reached in and fled with the satchel. The investigation is continuing.

Shoplifting / Battery – Suspect Arrested

July 14 at 12:43 p.m., an officer was dispatched to a business in the 1600 block of S. Mountain Avenue. A suspect was attempting to leave the business with store merchandise without paying. As the suspect approached the exit doors, he was confronted by the victim who tried to detain him. The suspect battered the victim and attempted to flee. The suspect was detained by loss prevention personnel and placed under citizen's arrest for battery. The suspect was arrested and taken into custody.

Criminal Threats – Suspect Arrested

July 14 at 8:15 p.m., officers responded to a business in the 700 block of E. Central regarding a subject threatening an employee at the location. The suspect drove to Monrovia from Bakersfield after speaking to a salesman on the phone and confirming they had a vehicle he wanted to buy at the price he wanted to pay. When the suspect arrived at the dealership, the vehicle had already been sold. This infuriated the suspect because he had driven so far and he began threatening to harm the salesman. The suspect was arrested form criminal threats.

Residential Burglary

July 15 at 12:37 p.m., a residential burglary was reported in the 800 block of W. Hillcrest. The victim called police to report she had just returned home and found a female suspect inside her residence. The suspect fled, running east and out of sight. Officers responded and searched the area, but were unable to locate the suspect. The investigation revealed the suspect made entry into the home through a back sliding glass door and fled when she was confronted by the homeowner. Miscellaneous

jewelry was missing. The investigation is continuing.

Fight in Progress / Possible Hit and Run Traffic Collision – Suspect Arrested

July 15 at 7:14 p.m., officers responded to a residence in the 100 block of Los Angeles regarding subjects fighting and a gun was reportedly seen. When officers arrived, there were multiple subjects and multiple vehicles in the area, including an unoccupied abandoned vehicle. The driver of that vehicle was found hiding on the roof of a home in the area. He was apprehended by officers, arrested and cited for resisting and delaying officers. No gun was located and the reporting party admitted she did not see a gun. Further investigation revealed only a minor conflict had occurred and no other arrests were made.

Public Intoxication – Suspect Arrested

July 16 at 1:58 a.m., officers responded to a residence in the 200 block of W. Lemon regarding a subject trying to break into a home. The officers arrived and found a male subject outside the residence and he was extremely intoxicated. He thought he was at a friend's house. The subject was too intoxicated to care for his own safety. He was arrested for public intoxication.

Domestic Violence – Suspect Arrested

July 16 at 6:43 a.m., a witness called police and reported a male suspect battering a female in the 300 block of W. Chestnut. Officers arrived and detained both parties involved. The investigation revealed that although there were no visible injuries, the male had battered the female subject, who is his girlfriend. The suspect was arrested and taken into custody.

Possession of a Controlled Substance – Suspect Arrested

July 16 at 9:45 a.m., an officer was on patrol in the 400 block of W. Olive when he observed a male subject on a bicycle that ran a stop sign. The officer stopped the subject and found he had an outstanding warrant for his arrest. During a search of his person, drugs were found in his pocket. The suspect was arrested for drug possession and the warrant.

Trespassing – Suspect Arrested

July 16 at 3:30 p.m., a suspect was reported trespassing at a business in the 700 block of E. Huntington. The suspect has been served with a no-trespassing order for the location. Officers arrived, located the suspect and detained him. The video surveillance confirmed the suspect had entered the store in violation of the trespassing order. The suspect was arrested and issued a citation to appear in court on the charges.

GREAT BOOKS TO GET KIDS EXCITED FOR SCHOOL

(StatePoint) As kids head back to school, you can help put them in a learning mindset by beefing up your home library.

Here are a few new books to consider that can make learning fun, as well as support STEAM education initiatives.

It's Elemental

Created in association with the Smithsonian Institute, "The Elements Book: A Visual Encyclopedia of the Periodic Table" is an easy-to-understand guide to the 118 chemical elements that make up our world.

Cataloged by type, each element's properties and atomic structure is explained. More than 1,000 full-color photographs showcase the natural forms of each element, as well as a wide range of unexpected everyday objects in which each is found, to make them relevant to a child's world. This guide brings the periodic table to life for children ages 9 and above.

Creative Coding

For kids ages 10 and over, "Coding Projects in Python" teaches those with some experience already how to build graphics, games and useful apps. All they need is a desktop or laptop, and an Internet connection to download Python 3.

Instructions illustrated with pixel art teach essential coding basics, like loops and conditionals, and outline seven fun projects, including a script that cracks secret codes, a quiz to challenge family and friends and a tic-tac-toe game. Once kids are feeling confident, they can creatively use the tips and tricks provided to personalize each project.

Coding is a sought-after skill that teaches kids how to think creatively, work collaboratively and reason systematically.

Kitchen Adventures

With easily prepared recipes, visual step-by-step instructions and charming designs, "Look I'm a Cook" is a great activity book for parents and little ones to share. From ice pops to chocolate muffins, more than 20 hands-on recipes for kids aged 3-6 will help children discover everyday science and cook up fun-filled food.

Scientific Discovery

More than 20 hands-on projects await kids aged 3-6 in "Look I'm a Scientist." From an iceberg animal rescue to stretchy slime, each



sensory-friendly activity becomes an exciting science experiment that's easy to prepare and create. Visual step-by-step instructions make it a fun activity book for parents and kids.

Fun Formations

Colorful and informative, "My Book of Rocks and Minerals" gives kids the expert knowledge they crave and will have them digging deep to discover all they can about rocks, minerals, gems, and fossils, from the deepest caves to outer space.

From crystals to glow-in-the-dark minerals, illuminating images provide a closer look at amazing geological formations. Kids can take their fascination one step further and use the catalog and activity pages to help them collect and group rocks to discover how different rock types fit into the world around them.

Applied Science

"Maker Lab" includes 28 projects and crafts requiring only household materials. From exploding volcanoes to race balloon rocket cars, photographs and facts detail the "why" and "how" of each experiment using real-world examples.

Help make this school year a success by offering kids fun learning opportunities outside the classroom.

Photo by: Andrey Kiselev - Fotolia.com

DUARTE UNIFIED SCHOOL DISTRICT ANNOUNCES VACANCY ON BOARD OF EDUCATION

Due to the resignation of Cheryl Taylor, Board Vice President, the Duarte Unified School District will have a vacancy on its Board of Education, effective July 31, 2017. At the next regular meeting of the Board of Education, scheduled for July 20, 2017, the process to fill the vacancy will be decided.

Pending the decision made at the July 20, 2017, meeting of the Board of Education, either the process for a provisional appointment or a special election will begin on July 21, 2017.

If you have an interest in serving on the Duarte Unified School District Board of Education and would like to be placed on a list to receive further information, please send your full name and contact information to mruiz@duarteusd.org. For forthcoming announcements you are invited to visit the district website, www.duarteusd.org.

On hot days wear sunscreen,...

...sunglasses and light-colored clothing.

Kids: color stuff in!

Newspaper Fun!

www.readingclubfun.com

Animills LLC © 2017 V14-28

Dog Days of Summer

Hot, sticky days that make us sweat! Days when nothing seems to be happening...dog days of summer!

Dog days are here when the Dog Star, Sirius, appears over the horizon just before sunrise. At one time, people who were superstitious thought Sirius drove dogs mad in the heat of the summer. Sirius shines with a bluish-white light. It is the brightest star in our sky besides our sun. Sirius is in the constellation Canis Major, the Great Dog. Try to keep cool!

Tips to Keep Cool:

- drink lots of water
- visit an air-conditioned library or mall
- slow down
- keep shades drawn
- use fans
- wear light-colored clothing

Where I live we have hot summers. We are used to the heat, but lately it's been **too hot**. I've been feeling as sick as a dog. **Woof!**

Did you know that dogs don't sweat the way humans do? Although dogs have a few sweat glands, they cool off mainly by panting.

A star is called a "sun" if it is in the center of a solar system.

The hottest place in the U.S. is Death Valley (CA, NV). Temperatures there have been recorded above 130 degrees F.

Sorry about the intense heat!

I don't understand why these blisteringly hot days are called the "dog days of summer." I'm so miserable!

Me too!

1. _____ are tossing and turning, trying to sleep.

2. pesky _____ are buzzing and biting.

3. _____ are wilting from lack of rain.

4. air conditioners hum and _____ whir.

5. garbage and trash _____ are smelling bad!

6. _____ is parched because there is a drought.

7. chocolate _____ are melting.

8. _____ is protecting our skin from the sun's rays.

9. bicycle _____ are sinking into heated tar.

10. our _____ is running overtime to keep food cold.

11. our bare _____ are cooling on the green grass.

12. our _____ is sweating to cool our bodies.

SCHOOL DIRECTORY

ALVERNO HEIGHTS ACADEMY
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Interim Head of School, Merrily Dunlap
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: http://phs.pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

The Book Rack

NEW BOOKS ALL THE TIME

Do you have too many books at home? Wondering what to do with them? Come to The Book Rack and trade them in for a book you have not read.

We have 1000's used and New books for your reading pleasure.

204 S. First Ave Arcadia Phone 626-446-2525
website: bookrackarcadia.com

COMMUNICATING WITH THE CANINE

I've often wondered what my dog is thinking when she behaves a certain way or responds in a particular manner. For example, when she suddenly awakes from a deep sleep, furrows her brow, perks up her ears and proceeds to stand and stare at me with nothing having incited her. Or, when she suddenly begins to paw at me while I am working at my computer to get my attention, for no apparent reason.

When this happens, I am tempted to apply human logic to her behavior in an attempt to make sense of it, but is that really appropriate? There are various schools of thought among animal behaviorists as to what is going on inside the mind of a canine, and like most things that matter in life, the quest to know best about what a dog is thinking requires time and effort to research and discern before formulating an opinion.

I don't claim to be a dog psychic, a clairvoyant, or an expert of any kind when it comes to understanding and communicating with animals, but I do make it my mission to have the best relationship I possibly can with them. I've always felt that animals are capable of deep thoughts and feelings, and in fact there are times when I'm sure my dog is having deeper thoughts than I am, so applying the precepts of human cognition would be somewhat of an insult to her.

When my bloodhound, Tater (may she rest in peace) was 2 years old I took her to a behavioral training course at the Pasadena Human Society. The trainer told me she was a sensitive being who could get her feelings hurt by nothing more than a stern look from across the room. For me this was good news. It meant it would take very little to get Tater's attention and I would certainly make all efforts not to scare her or hurt her feelings. It also made me think about how we humans communicate with our pets without realizing it. The trouble is, we rarely concentrate enough to know what our pets are trying to say back.

My first introduction to animal communication was through a "Dog Planet" TV program featuring Victoria Stilwell. At first I was quite skeptical. In fact, I had a good gut laugh when Victoria claimed to know what the dog was thinking and told the owner what they could do to solicit a more positive response from the dog.

That was years ago, and I've since spent countless hours observing numerous animals in a wide variety of settings. This coupled with my experiences as a youth owning horses, dogs, cats, chickens and rabbits has convinced me that if we humans would just take the time to pay attention, we can indeed understand what the animals are trying to tell us, and thereby form much more healthy and meaningful bonds with them.

Since I've gotten past my pessimism, it has become second nature for me to try to accurately interpret animal behavior, which has allowed me to work more effectively with them for the desired results. I once invited Cindy Wood, a highly-respected and well-known animal communicator, to spend time with me and my two dogs in hopes of helping facilitate a more peaceful dynamic in our home.

Cindy has had 30+ years practicing the craft of understanding animals through the interpretation of mental

pictures, and she came highly recommended by one of my clients. It was the first time I had ever called on a professional animal communicator, and I could hardly wait for her to arrive. Let me just say that I was astounded at what she told me my two dogs were thinking!

Cindy shared a list of things that Tater and Molly were picturing in their minds. Things she could not have possibly known about otherwise. Suffice it to say that I had chill bumps throughout the entire consultation. Among the many mental pictures my dogs shared with Cindy during our visit, most remarkable was when Molly shared thoughts about how much she missed playing "The Ups Game". Cindy had no clue what this meant, but she envisioned a set of steep stairs and I knew exactly what Molly was thinking about.

You see, I got Molly after her owner, Fred suddenly passed away. The stairs at Fred's house - Molly's original home - were very steep, as were the stairs at Fred's hair salon in town. When Molly was recovering from distemper, Fred used to play a game to encourage her to go up the stairs as a means of therapy to help her get stronger and overcome the neurosis resulting from the disease. It was clear that Cindy was interpreting Molly's unique thoughts and memories about her time with her now deceased dad, and simply put, it blew my mind!

There were several other amazing things Cindy relayed to me based on the thoughts my two dogs had during our visit. One of the tidbits that Tater shared through Cindy was that she wanted me to know she acted out at times to distract me from my sadness over Fred's death. This made total sense to me. When I had to stop and correct Tater for doing something I didn't want her to do, it automatically took me out of the darkness I was feeling from missing my good friend.

Cindy said it was clear that Tater considered it her job to distract me from my sadness and I thought that was the sweetest thing my precious pup could possibly want to do! It brought it all together for me, as far as figuring out why I had such tender feelings toward Tater, in the midst of and in spite of her less-than-desirable behavior. If I'd tried to apply my human thought patterns to this scenario, I would have been foolish and frustrated, and I'd have been doing Tater a great disservice.

Both Tater and Molly seemed comforted by the experience of having Cindy visit us and interpret what they had been trying to tell me for so long. It was an experience of a lifetime that I will treasure forever. It inspired me to nurture my own ability to understand what my canine companions are thinking and to appropriately reciprocate my canines' gentle kindness.



SWEET CHELSEA

Katnip News!



My name is Chelsea, age 4. I am a calico kitty, and a beautiful feline. I was a young mommy to my 5 babies! I raised them well, and they all have their own forever homes. It took me a little while to come out of

my shell but I am doing really well now. I get lots of pets from my human friends, and in return I love to purr and give them affectionate rubs. I'd like to have my own home and I am ready to continue the good progress I've made. I just need some continued patience, love and stability.

Adoption fee is \$100, which includes spay, microchip,

exam & vaccines. A great savings! Our cats are negative F E L V / F I V unless otherwise indicated.

See more pictures, videos, adoption info & application on our website, www.lifelineforpets.org. Call 626-676-9505 for a Meet & Greet. Can't adopt? Visit our website for our easy Sponsor A Kitty campaign.

Chelsea's video: <https://www.youtube.com/watch?v=nsBAOsTf1w8>

GOOD NEWS: Leland and Nigella have been adopted together.



HOW ABOUT A NEW BEST FRIEND?

Luna Lovegood is a beautiful American Staffordshire terrier, about 3 years old, weighing around 60 pounds. Her short coat of black fur with white highlights is easy to care for and her grooming requirements are minimal.

If you are looking for some good loving, Luna Lovegood might be just the girl for you! She is full of love and affection for people. She is respectful when volunteers enter her kennel, and is patient while she is harnessed to go for a walk. She has a medium energy level and enjoys going for walks. Although she is a strong dog, she does not pull much and is easy to redirect.

Luna is curious about other dogs, but has not been reactive to them. Luna knows some basic commands, like "sit" and "down" and is eager to learn more. She is happy to take a break on her walk to roll on her back in the grass while she gets a belly rub and shares some affection with her handler.

If you are ready to share your home and life with a big bundle of love, please consider meeting



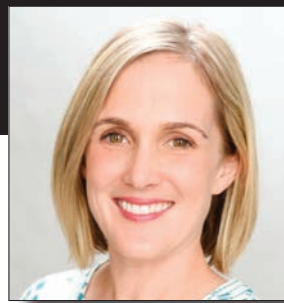
Luna Lovegood. She deserves to be an honored family member, and will return your affection and loyalty many times over. Her adoption fee is \$145, which includes spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more

information on Luna Lovegood. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

Go to smile.amazon.com and find the San Gabriel Valley Humane Society and every time you buy something 0.5% will be donated to the shelter! It's easy to do and helps the shelter with every purchase you make! Let your friends know about this simple way to make a difference!

HEALTHY LIFESTYLES

THE JOY OF YOGA QUIET, CALM AND COOL



Relax into the ease of summer and steer clear of excess frustration by using yoga to stay quiet, calm

and cool. The heat itself brings a level of intensity that can be hard to contend with. It's important to support ourselves through diet and yoga as well as mental and emotional balance.

Remember to drink lots of water and include recommended hydrating and cooling foods such as watermelon and cucumber in your diet. The internal heat is burning through liquid and if we don't have enough, the body and mind can become dry and irritated.

Watch your level of intensity and heat. Seek out slower moving and restorative yoga practices during this time. Overexertion and strenuous effort add to existing intensity. Develop the habit of not delving into complex problems after dinner or at nighttime. Avoid political debates if possible.

Arguing for a cause-- even if the cause is absolutely valid and honorable-- can disconnect you from a calm state of mind. Strive to consciously interact from a serene state of mind.

It's ok to occasionally give into the feeling of laziness and drift into relaxation. Spend the day at the pool or beach and then take a restorative yoga class afterwards. Or maybe engage in a slower moving morning practice and spend the rest of your day reading. Sounds like a summer dream, right?

Don't forget to breathe and seek out the calm and quietness that yoga and meditation have to offer. Stick with what you connect with most and grow from there.

Come see us at Yoga Madre. Visit the website at www.yogamadre.com for information on daily classes and events. Please email me with questions and discussion, keely@yogamadre.com.

Namaste friends,
Keely Totten, E-RYT 500

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual



THOSE GLORIOUS DOUBLE D'S!

Sometimes I hear people using the word dream negatively as if having a dream or being a dreamer is a bad thing or worse a dumb thing. It's fascinating because I can't think of anything special that didn't first start as a dream. An idea that comes from the imagination is the foundation for everything in life. I believe that having a dream is far superior to having a plan. Executing the dream may at some point require some planning, but the vision will compel us to endeavor toward realizing our dream. We all remember the "I Have a Dream Speech." The politicians that have berated us over the years with their three, ten or nine point plans were forgotten.

It is enough to have a dream, or is there something more required?

We can't just sit around and dream. The laws of the Universe don't work that way. We must do something to achieve our dreams. The double D's require that we dream and do. We must take action in the direction of our dreams.

Sometimes our fears can be a block to taking action. That's why it's important to train ourselves to make an effort even though we are afraid because there will never be a time when we are not afraid, but we will learn how to manage the fear.

Sometimes our vision scares us because we have hidden beliefs. "Like I can't pursue my passion and keep my profession." What if you could have both? Maybe it's not either/or, maybe it's a both/and.

<http://nbc4i.com/2017/07/11/americas-got-talent-contestant-dies-before-his-performance-airs/>

This week people have been sharing the story

of this young doctor in social media. I encourage you to watch this video because there are so many gold nuggets we can learn from the young, singing doctor. Perhaps his training helped him to live the principle of memento mori, to remember death. You can see glimpses of his life that he shared on Instagram here. Dr. Brandon, the singing doctor! You will see that he was actively pursuing his dreams, note the plural. You see that he lived a purpose driven life and he practiced gratitude.

Do you have to choose which of your dreams to pursue? Is it possible to have it all? Yes, you can have it all! You could have beautiful romantic, family, and friendship relationships. You could have fun and creative joy. You could have satisfying and lucrative work. You could love your whole life, but it's going to require action.

My client, Ellie, hated almost every aspect of her life; then she signed up for the DreamBuilder program, and she took action to change her entire life. Within a few weeks, she found inspiring work, started making more money, met a person that became one of her best friends and moved to Italy for three months!

What's your dream?

Maybe you are like Ellie, afraid that you won't have the time or the money to start a program. You will never know unless you try. It all starts with signing up for the discovery session.

Easy peasy, just click here: <http://LoriAHarris.com/chat>.

I can't wait to work with you!

All love and ever grateful,

Lori



PET SITTING OF ALL KINDS

DOG WALKS

15 Min.-\$10 (small dogs) 30 Min.-\$15 45 Min.-\$20

MORNING & EVENING DOG VISIT & WALK

\$20 per visit \$35 day * without a walk -\$15 per visit

PET VISIT

Feeding & Belly Rubs - \$15

PET TRANSPORT

3 mile radius of Sierra Madre- \$10

* \$5 for each additional mile



Call/Text Lois:

626-590-4689

Email - walknthedog9@gmail.com



Walter Cailleteau, DVM

927 N. Michillinda Ave.

Pasadena, CA 91107

(626) 351-8863

Free Exam!

For New Clients

Bring this coupon to save!



Sierra Madre
ANIMAL HOSPITAL



TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

SIDE B - Cabernet Sauvignon is one of the world's most widely recognized red wine grape varieties. It is grown in nearly every major wine-producing country among a diverse spectrum of climates from Canada's Okanagan Valley to Lebanon's Beqaa Valley where it found new homes in places like California's Santa Cruz Mountains, Napa Valley, and Sonoma. Its popularity is often attributed to its ease of cultivation—the grapes have thick skins and the vines are hardy and naturally low-yielding, budding late to avoid frost and other dangers. I have seen cabernets for as little as \$8 and as high as, well the sky is the limit.

I found a gem recently for \$25 a bottle. Hailing from Napa Valley Side B Cabernet Sauvignon is a blend of cabernet sauvignon California grapes and five other grapes. I first sampled the Side B at the Sonoma Film Festival (Go Figure) and have been enjoying ever since. The Cabernet has a rich color and splendid fruit flavors, I suggest two bottles, one for now and one for a special occasion, this wine will get better with age. The name you ask? B Side Cabernet Sauvignon tells the story of the flip-side of Napa Valley. Nestled in rural areas and rolling hills along the eastern edge of the Valley, these vineyards are just a few miles from the glamorous, high-priced wineries featured along Highway 29. The eastern side of Napa Valley includes areas such as Pope Valley, Chiles Valley, Wooden Valley, Stags Leap District and lower Calistoga. Vines in these areas are grown in thin volcanic soils, which yield smaller, more concentrated fruit, producing Bordeaux-style Cabernet Sauvignons with classic berry and cassis flavor.



Side B Cabernet 2015 retails for \$25, and can be found on sale at many fine retailers for \$21 if bought in the six pack. I find that to be a bargain

Dills Score: 89

Each week I will give you my Dills Score. I have added points for value. I'm starting with a base of 50 points; I added 8 points for color, 8 points for aroma or "nose", 8 points for taste, 7 points for finish, and 8 points for my overall impression, which includes my value rating.

Join me this Sunday at 5 PM for Dining w/Dills AM 830 KLAA

Dining With Dills
The King of Cuisine
KLAA AM 830 • 5pm Sundays
Speak with Peter @ 714-2-830-830

- Win Gift Cards!
- Interviews with Top Restaurateurs & Chefs
- Restaurant Reviews

Visit Us @ peterdills.com

CORFU RESTAURANT
VIC cell (626) 372-2681
48 W. Sierra Madre Blvd.
Sierra Madre, CA 91024
(626) 355-5993

Serving: Breakfast, Lunch, Dinner, And Catering

Visit Our Gallery

For unique one-of-a-kind items and original artwork

Gallery Hours
Mon.-Fri. 10am-5pm
Saturdays 10am-2pm

Creative Arts Group
108 N. Baldwin Ave. Sierra Madre
626.355.8350 CreativeArtsGroup.org

DO YOU NEED HELP CARING FOR A LOVED ONE?

Right at Home offers caregiving services for almost any family and practically any situation. Our in-home care lets loved ones enjoy life in the comfort of a familiar environment. And we tailor all of our services to your unique situation through a Custom Care Plan.

WE OFFER

- Safety Supervision & Transportation
- Ambulation, Dressing & Bathing Assistance
- Daily Health Reminders, Meal Planning & Preparation
- Alzheimer's, Stroke Recovery & Hospice Support

All caregivers are highly screened, trained and insured to meet your quality standards.

Faith filled business serving the San Gabriel Valley

626.584.8130
www.righthome.net/pasadena

Right at Home
In Home Care & Assistance
The Right Care, Right at Home®

Blessed are the merciful, for they will be shown mercy - Matthew 5:7

WE'RE YOUR PLACE WHEN YOU'RE OUT OF SPACE!

Do you need extra space for your home and/or business?
Let **CALIFORNIA BUSINESS COMPLEX & SELF STORAGE** help.
2600 S. California Ave. Monrovia, CA 91006

Our Facility Features:

- Month to Month Rental
- Many sizes to fit your needs
- Convenient location/Easy access
- Professional Management
- Well-Lit and Fenced
- Small and Large Units available

California Business Complex & Self Storage
Please ask for Ashley **626.303.7917**

COME TO ALTADENA!

- LIFETIME BRAKES
- WHEEL ALIGNMENT
- LUBE & OIL CHANGE
- GENERAL AUTO REPAIR

Javier Vega
Service Manager
(626) 345-9777
Fax: (626) 345-9218
www.brakemasters.com
2095 N. Lake Ave., Altadena, CA 91001
An Honest Brake® Since 1983

Growers of Rare Camellias and Azaleas since 1935

Nuccio's Nurseries

3555 Chaney trail
Altadena, California 91001
(626)794-3383

We are open daily except Wednesdays and Thursdays
Business hours are from 8:00 to 4:30.
Closed Sundays - June 1 through December
On rainy days we normally close early, so please call first.

PARK BENCH GRILL
626.797.2740
2470 N. Lake Ave.

Call in your order or just stop by.
8am - 4pm Tuesday-Thursday
8am - 7:30pm Friday & Saturday

PATTICAKES DESSERTS

-Full Service Bakery-
Birthdays - Anniversaries- Weddings
Mention Ad for 10% off any cake
1900 N Allen, Altadena CA 91001
626-794-1128

Big savings for safe drivers.

John T Diehl, Agent
Insurance Lic#: 0075608
835 E. Mariposa St.
Altadena, CA 91001
Bus: 626-791-9915

Get a discount up to 50%.
I can help lower your premium through Drive Safe & Save*.
Get to a better State*. Get State Farm.
CALL ME TODAY.

State Farm

1301900 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

HOW TO FIND AND CLAIM YOUR FAMILY'S UNCLAIMED MONEY

Dear Savvy Senior,

I've heard that there are free online search tools that can help people look for lost or forgotten money left behind by deceased relatives. Can you refer me? When my father passed away his financial affairs were in such a mess, I'm wondering if there was anything he left behind.

Wondering Daughter

Dear Wondering,
Forgotten or lost money is actually quite common in the United States. According to the National Association of Unclaimed Property Administrators, there is around \$42 billion in unclaimed funds sitting in state treasuries and other agencies just waiting to be found.

These unclaimed funds are from accounts that are inactive or whose owners, or their heirs, cannot be located. Unclaimed funds can include things lost or forgotten saving or checking accounts, stocks, utility security deposits, tax refunds, life insurance proceeds, un-cashed dividend checks, contents of safe-deposit boxes and more.

This typically happens because of a change of address (the owner moved), a name change (the owner got married or divorced), or the owner dies and the estate was unaware of the money or the heirs could not be located. By law, companies and financial institutions that can't find the owner or their next of kin within two to five years must turn the property over to the state where it's held indefinitely.

Where to Search

It's very possible that your father, or you, have some unclaimed money out there and you don't even know it. To start your quest go to Unclaimed.org, which has links to all state programs that will let you to do a state benefits search online for free. Or, you can do a multi-state search in 40 states at MissingMoney.com.

Check every state in which your father or you have lived, worked or conducted business.

Also, if you're married, make sure to check under your maiden name as well. Using a first initial and your last name is also encouraged to make sure everything comes up. Every state can tell you immediately if you or your dad have some unclaimed money, as well as how to go about collecting it.



Look Here Too

In addition to state treasuries, here are some other agencies that can help you find unclaimed money.

IRS: Each year thousands of refund checks totaling millions of dollars are returned to the IRS by the post office. To look for lost Federal tax refund checks go to IRS.gov/refunds, or call 800-829-1954.

U.S. Treasury: To find out if there are any savings bonds your dad didn't claim dating back to 1974, go to TreasuryHunt.gov. For older bonds or those still drawing interest use form 1048, which you can download at TreasuryHunt.gov/forms/sav1048.pdf, or call 844-284-2676 to request a form by mail.

Pension Benefit Guaranty Corporation: If your dad worked for a company that went out of business or ended its defined benefit pension plan, you may be entitled to some of his benefits. To look for lost pensions, use the pension-search tool at PBGC.gov/search/unclaimed-pensions, or you can call 800-400-7242 and get help over the phone.

National Association of Insurance Commissioners: To track down a lost or forgotten life insurance policy, the NAIC, an insurance regulatory support organization, offers a national policy locator service at Locator.NAIC.org.

PenChecks Inc. and Millennium Trust Co.: To search for lost or forgotten retirement benefits or 401(k) funds left behind with an old employer, go to UnclaimedRetirementBenefits.com and MTrustCompany.com/unclaimed-retirement-funds.

Federal Deposit Insurance Corporation: To search for unclaimed bank accounts at firms that were shut down between January 1, 1989 and June 28, 1993 go to ClosedBanks.FDIC.gov/funds. State treasuries hold assets from shutdowns after 1993.

Social Security: To find lost Social Security benefits, including the \$255 death benefit, call 800-772-1213.

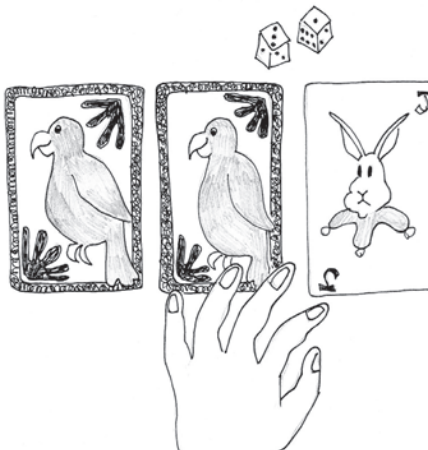
Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE TseThis and That SUNDAY PUNDAY!



* The following is very, VERY corny. Proceed at your own risk. Also, you may not "get it" if you are not of a certain age. Other than that, knock yourself out!

A guy walked into a Vegas casino and sat down at a slot machine. A cocktail waitress came by and he ordered a drink. As she walked away he noticed that her dress had a fancy parrot design and said "Parrot Bar." When she returned with his drink, it, too, was in a festive parrot patterned glass with a matching parrot coaster. After sitting there a while he won \$50! When he redeemed his voucher the receipt said, "Thank you for playing Parrot Slots!" He then decided to place some bets at the sports book. There also, he noticed a recurring parrot theme on the score cards and pencils. Overall



he won \$100 on football and horse racing. The cashier thanked him for betting in the Parrot Sports Book. Feeling lucky, the man meandered over to a black jack table. After two or three games he won \$200 at Parrot Black Jack. Excited to see how long his luck would hold out, he then played a few rounds of Parrot Roulette and won \$400. Just when he was ready to leave the casino, he noticed that a crowd had formed around a table where they were playing a game he had never seen before. Intrigued, he decided to join the next game. Each player was dealt cards and then had to come up with combinations using their cards and dice. Try as he might, he could not get the hang of it. A young lady sat down next to him and was about to pay to join the game when the man gave her his cards instead, saying, "You may as well take my hand. I'm a stranger in Parrot Dice."

SENIOR HAPPENINGS



HAPPY BIRTHDAY!July Birthdays

Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Eunice Banis, Betty Hansen, Christine Durfort, Shahrzad Azrani, Jeanne Borgedahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, Dorothy Jerneycic, and Betty Dos Remedios.

.....

ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre



Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each!

Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Thursdays, 10:30a.m. to 11:30a.m., improve your memory and strengthen your brain. Activities facilitated by Senior Volunteers.

Free Legal Consultation: Wednesdays from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Tax Assistance: Every Wednesday beginning on February 1st through April 12th from 1:00p.m. to 2:00p.m. - Don Brunner is available for income tax consultation. Appointments are required by calling 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Monday of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in a poker game. Other games are offered to all. Please note time change.

Free Strength Training Class: Every Friday from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance training. All class materials are provided.

Stress, Resilience, Positivity: Finding Balance - by The Kensington Sierra Madre Four Tuesdays, March 7 - 28th from 2:00 - 4:00p.m. Register by calling 213-821-6919 or 213-821-6908.

YOUR AD COULD BE HERE!
Call Patricial @ 626-818-2698
Today!



At The Kensington,
we promise to love
and care for your family
as we do our own

An Assisted Living and Memory Care Residence
serving seniors and families of Sierra Madre
and neighboring communities



THE KENSINGTON
An Assisted Living Residence

SIERRA MADRE

626-355-5700

245 W Sierra Madre Blvd, Sierra Madre, CA 91024

www.TheKensingtonSierraMadre.com

RCFE
License
198601953



LUAU

Benefiting Sierra Madre Community Services

Saturday, July 29th
6 pm - 12 am
611 E. Sierra Madre Blvd., Sierra Madre, CA 91024

Food, Drinks, Dancers and Music
Tickets on sale at the Bottle Shop
or at the Door
Adults \$60 Kids \$15

all proceeds are being donated
to Sierra Madre's Community Services
Youth Programing



At first, Dad and I didn't
see eye to eye about moving to
The Kensington, but since
he did, we're both thrilled

Limited Senior Living Suites Still Available
Call or Visit to Reserve Yours Today



THE KENSINGTON
An Assisted Living Residence

SIERRA MADRE

626-355-5700

245 West Sierra Madre Blvd
Sierra Madre, CA 91024

www.TheKensingtonSierraMadre.com



RCFE
License
198601953

Looking Up
with Bob Eklund



A NEW SEARCH FOR EXTRASOLAR PLANETS WITH THE ARECIBO RADIO TELESCOPE:
BARNARD’S STAR WILL BE STUDIED SIMULTANEOUSLY FROM DIFFERENT OBSERVATORIES

The National Science Foundation’s Arecibo Observatory and the Planetary Habitability Laboratory of the University of Puerto Rico at Arecibo have joined the Red Dots project in the search for new planets around our nearest stars. This new collaboration will simultaneously observe in both the optical and radio spectrum Barnard’s Star, a popular star in the science fiction literature.

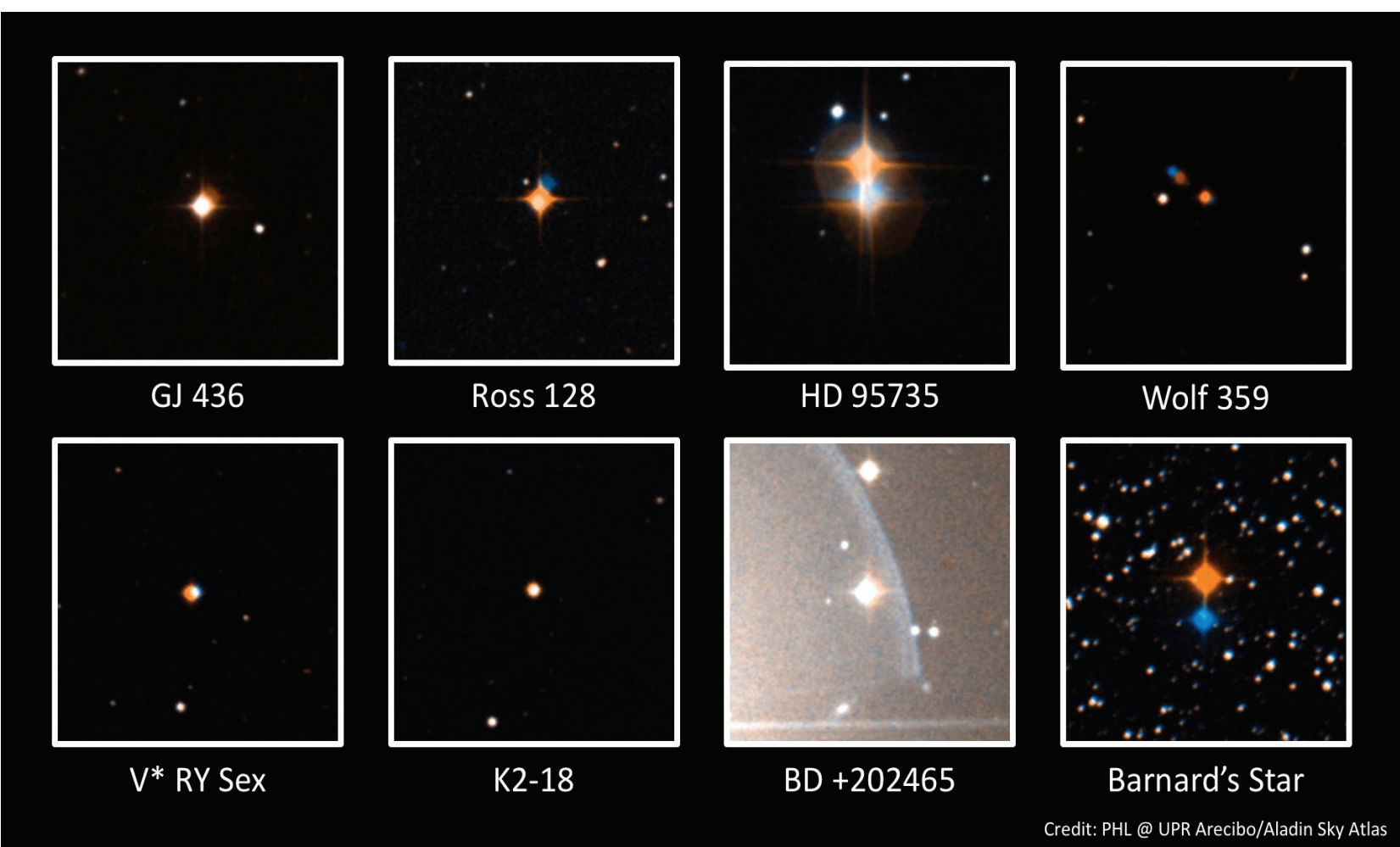
Barnard’s star is a low-mass red dwarf almost six light-years away and the second-closest stellar system to our Sun after the Alpha Centauri triple-star system. There are hints of a possible super-Earth mass planet in a cold orbit around this star.

The Arecibo Observatory’s giant radio dish will be used in a new campaign to observe nearby red dwarf stars with planets. The purpose of this campaign is to detect radio emissions from these stars, such as from flares, to help characterize their radiation and magnetic environment and any potential perturbations due to other bodies. These perturbations might reveal the presence of new sub-stellar objects including planets.

Barnard’s Star will be the eighth red dwarf star to be recently observed by the Arecibo Observatory. Results from Gliese 436, Ross 128, Wolf 359, HD 95735, BD +202465, V* RY Sex, and K2-18 are currently being analyzed. These observations are led by Prof. Abel Méndez, Director of the Planetary Habitability Laboratory of the University of Puerto Rico at Arecibo in collaboration with Dr. Jorge Zuluaga from the Universidad de Antioquia in Colombia.

The Red Dots team will be joining the observations with the Arecibo Observatory of Barnard’s Star in coordination with other observatories. They are planning simultaneous photometric and spectral observations from SNO, LCO, TJO, and CARMENES from Spain, and earlier with ASH2 from Chile. All these observations will be used to understand the star, but more observations by the Red Dots team will be necessary for the detection of any new planet.

The first extrasolar planets were discovered from the Arecibo Observatory in 1992. They were three small planets named Draugr, Poltergeist, and Phobetor around the Lich pulsar, a fast-rotating



Credit: PHL @ UPR Arecibo/Aladin Sky Atlas

neutron star that emits a beam of electromagnetic radiation. The first planet around a Sun-like star was later discovered in 1995 and today we know of more than 3,500 of them.

The first and only time that Barnard’s Star was observed from the Arecibo Observatory was during the SETI Institute’s Phoenix Project (1998-2004), as part of SETI’s search for extraterrestrial intelligence. The new observations are in a different frequency (4 to 5 GHz) where radio emission from stellar flares have been observed in other similar or

cooler objects. This is the first time Barnard’s Star is seen with such frequencies and sensitivity.

Barnard’s Star is named after its discoverer, E.E. Barnard, a pioneer American astronomer who used Yerkes Observatory’s 40-inch refracting telescope in the early 1900s to photograph the nearby stars in the Milky Way Galaxy and create an atlas of their positions and distances. To determine the distances to the stars, he would photograph the same star-field in both the spring and fall—and then measure changes in a star’s position

compared to other nearby stars in the two seasons as the Earth moved in its orbit around the Sun.

He found that one star, a “red dwarf” later named for him, had an extreme change in position. A simple calculation using trigonometry showed it to be only about six light-years away from us—the closest known star after the Alpha Centauri star system.

You can contact Bob Eklund at: beklund@MtnViewsNews.com.



CHRISTOPHER Nyerges
BUILDING A LEAN-TO

[Nyerges is the author of “How To Survive Anywhere,” and other books. He leads regular outdoor skills classes. For more information, go to www.ChristopherNyerges.com or Box 41834, Eagle

Rock, CA 90041]

Should you build a primitive shelter if you get lost in the woods and you know you need to spend the night there? Perhaps. But if you were alert, you might

So let’s say you’ve determined that we need to build a shelter. How do you begin?

Just like with real estate, the primary consideration is location. You need to build your shelter where there is the necessary abundance of natural materials. You want a location that provides some natural protection, if possible. But you don’t want rocks or branches to fall on your shelter. You don’t want to be too close to water for many reasons: mosquitoes, possibility of flooding, inability to hear people approaching. Etc. You’ve found your ideal spot. A simple lean-to begins



be surprised how many ready-to-occupy shelters abound in the wilderness. Why build something if you can simply find some shelter for the night, whether man-made or natural? You know, hollow trees, caves, rock overhangs, old cabins, outhouses, utility shacks.

But if there is nothing around to protect you from the cold, the snow, the rain, then you must build something.

At one of our survival skills courses, we built a simple lean-to shelter and one of our students spent a few nights in it. Though the lean-to is only one of many possible emergency shelters, it is relatively easy to construct, assuming there are sufficient natural materials available.

Since the student, Christopher Reamer, spent a few nights in the shelter without blankets or a sleeping bag, I asked him if he had a comfortable night.

“I was plenty warm without blankets in my lean-to motel,” says Reamer. “But that’s only because I got underneath all the leaves and duff that was supposed to be the padding that I slept on top of. I was really sorry that we hadn’t picked out all the sharp pointy twigs when we built the shelter.”

Reamer pointed out that, when sleeping in such a shelter, it is always well-worth the time to spend as much time as possible to make the bedding comfortable. “It’s a better use of your time to make the bedding as thick and soft as possible,” he explains, “than to lie awake all night from the cold.”

Reamer said that he had a fairly comfortable night in the lean-to, except “there were some sort of weird animals roaming around outside the shelter, which was kinda scary.”

with a tripod so that one length is as long as your body. The simple tripod is the frame for your shelter. And in an emergency survival situation, you don’t start with a high tripod, like a tipi. You want a low ceiling in order to capture your heat. Then you simply lean branches onto your frame, keeping in mind where your entrance will be.

Once you’ve covered the frame with branches, you add little branches and leaves, and eventually cover the shelter with a thick layer of insulation.

You then add thick layers of grass or leaves into the floor of the lean-to for your bedding. I try to avoid using pine needles for insulation because it pokes into your body, and you get full of the bits of sap that seep out of it. But if there is nothing else, use it.

If possible, add a layer of large rocks to define your bedding area to keep all the leaves and grass from flattening out too much.

Reamer said that someday he wants to try sleeping in a shelter with massive loads of cattail fluff for bedding. Cattail down has been used in the past as a substitute for the goose down in sleeping bags.

Another way to begin a lean-to is to simply lean a solid ridge post onto a low branch of a standing tree. Then lean your smaller poles onto the ridge post, and continue from there.

Shelter is extremely important, whether you’re in the extreme heat of the desert, or exposed to the winter snows. But the process of shelter-building need not be a daunting task. After all, children all build “forts” and “hideouts” in the woods.

Perhaps the best way for adults to make shelters is to become like a child again, not worry about getting dirty, and just go and learn by doing.



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder

GO AHEAD, CALL ME IF YOU DARE

I don’t think it was in the mind of Dr. Bell when he invented the telephone for people like me to be harassed by people who are only after my money. Don’t get me wrong here. The telephone has been a great blessing to many people. But lately, the wrong people have my number.

It finally came to a head this past week. At least as far as I was concerned.

The Gracious Mistress of the Parsonage and I had a very busy week and by Thursday we had accomplished a lot, or at least we thought we had. We had lunch with a very good friend and enjoyed ourselves tremendously.

On our way home from lunch I mentioned the fact to my wife that I was feeling very tired and I probably could do with a Power Nap, as they call them today. She just looked at me and said, “Go ahead and get your nap in.”

Being the husband that I am, I always obey my wife. And so, off to the parsonage I headed to get in a well-deserved, at least I thought it was, Power Nap to rejuvenate what little energy I had left.

Nothing feels better to me than stretching out on my easy chair, closing my eyes and drifting off into Lala land, of which I am a frequent visitor.

I am not quite sure how long I was sleeping, but suddenly I heard a weird noise that awakened me. That weird noise was the telephone ringing. I never know who’s calling and I never know if it might be important, so I answered the phone.

I am so tired of getting telephone calls that just interrupts my day. I get calls from somebody who has a solution for my student loan and how to pay it off. I never went to college and therefore I don’t have a student loan. At my age, if I had a student loan it would be a tragic situation.

The call was from some health agency that had a deep concern about my health. More particularly, they had solutions for pains that I was experiencing. “I understand,” the person on the other end of the telephone said very businesslike, “that you are having problems with pain in your body.”

I do not know where he got that understanding or why he would be interested in any of my pain.

“No, sir,” I said with a healthy yawn, “there ain’t no pain here.”

“Is there someone in your house,” he went on to say, “that has some back pain?”

Without giving me time to respond, he continued, “I believe you qualify for one of our back braces to help manage your back pain.”

“No, sir,” I said most pathetically, “nobody here has that kind of pain.”

Not hindered in his salesman pitch, he said, “Is there someone in your home that has an ankle pain? I have a wonderful solution that I would like

to send you to deal with that pain?”

I still was a little dizzy because of being awakened from my Power Nap that I was not quite able to comprehend what he was talking about. He just kept on talking.

Finally, he said, “What kind of pain does anybody in your household have that we could address today?”

Obviously, he had solutions for pain, but the problem was I did not have any pain for him to address.

I was about to hang up on him when a few gray cells woke up from their Power Nap and nudged me with a thought.

“Now that you mentioned it,” I said as seriously as possible, “there is a pain here that perhaps you could help me with.”

“Yes, sir,” he said most enthusiastically, “we want to help you with all the pain that you might have. How can we help you today? What is your pain?”

“Well, sir,” I said rather slowly, “I have this throbbing pain in my neck. How in the world can you help me with that?”

I noticed his pause at the other end of the telephone. Then I heard the question I was waiting for.

“Where did you get this pain in the neck? And how in the world can I help?”

Without any pause, I jumped in and said, “My pain in the neck is from people like you calling me and disturbing me in my nap. The only way you can help me is to quit calling me!”

[Click]

With that click, he cured my pain in the neck. If all pain could be solved that quickly this world would be a much better place I am sure.

A little while later my wife came into the parsonage, took one look at me and said, “Why do you look so happy? Did your nap work for you today?”

“No,” I said with a little giggle, “I just got rid of a pain in the neck.”

I could not help but think of one of my favorite Proverbs. “A merry heart doeth good like a medicine: but a broken spirit drieth the bones” (Proverbs 17:22).

With all the agitation in the world, a person is sometimes tempted to get all caught up with bitterness and anger. I have learned the hard way, that the best way to deal with agitation is to make fun of it so that somebody laughs, particularly me.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

Archives of
our issues
are available at:
www.mtnviewsnews.com

Podley
PROPERTIES

TOP PRODUCERS

2010 2011 2012 2013 2014 2015 2016



**Luther & Georgina
Tsinoglou**

Real Estate Experts You Can Trust

(626) 507-3029 | Luther@Tsinoglou.com | www.tsinoglou.com



CalBRE #01135433

CalBRE #01393982



LEASED

669 W. SIERRA MADRE BLVD.

SIERRA MADRE

For Lease | \$2,995/mo.

- 2BR/3BA + Bonus Room
- Newly Updated Floors
- Fireplace
- Central AC
- Attached 2-Car Garage
- Community Pool



COMING SOON

**PRIME PASADENA
LOCATION**

- 6 Spacious Units
- S. Lake Avenue Business District
- Access to Shops, Restaurants & More
- Wonderful Income Opportunity



LEASED

293 W. GRANDVIEW AVENUE

SIERRA MADRE

For Lease | \$2,650/mo.

- 2BR/1BA
- Separate Laundry Room w/Hook-Ups
- Private Yard
- Detached Garage
- Covered Parking



COMING SOON

**COMING SOON
NORTH SAN GABRIEL**

- 4BR/4BA
- 3,000 Sq. Ft. of Living Space
- 9,930 Sq. Ft. Lot

Are you on the right track in attaining your dream home? LET US HELP YOU FIND THE ANSWER! Call today! 626.695.8650

Broker does not guarantee the accuracy of room dimensions, square footage, lot size, or other information regarding the condition or features of the property provided by the seller or obtained from public records or other sources.

FOR LEASE



MONTH TO MONTH RENTAL

\$2400.00 per month

Absolutely darling, quintessential Sierra Madre carriage house available now. Two story rear cottage offers 2 bedrooms, 1 bath, living room with fireplace, dining area with built-in hutch, kitchen and office. Freshly painted with new carpet. Parking for one car in carport. Landlord pays water, trash and gardener. No smoking/No pets.

JUDY WEBB-MARTIN

C 626.688.2273

P 626.507.3028

judywm@podley.com

CalBRE #00541631

KATIE ORTH

C 626.688.0418

P 626.507.3034

katieo@podley.com

CalBRE #00942500

Podley
PROPERTIES

THE
WEBB-MARTIN
GROUP

30 N. Baldwin Avenue | Sierra Madre, CA 91024

Julia Rocks
Skin Care Studio

Julia Rocks

Licensed Clinical Esthetician

Randal May M.D.

Cosmetic Dermal Injection Specialist

Medical Grade Peels
Custom Blended Facials
Full Face & Body Waxing
Permanent Make Up
Cosmetic Dermal Injections



626.836.6522

61 East Montecito Avenue
Sierra Madre CA 91024

www.juliarocks.net

ELLEN M. BURRY.....Your Hometown REALTOR!

Offering World Class Service & Real Solutions!

CALL: 818-309-6330

Ellenburry@yahoo.com



Listings

Sales

Probates

Consulting

CAL, CSP, CMP, MIRM Candidate CAL BRE #0139385



HOMESMART
Professional Partners Realty

SATURDAY, JULY 22, 2017

SECTION B

AROUND SAN GABRIEL VALLEY

CITY OF SOUTH PASADENA, ELECTED OFFICIALS, AND HEALTH AND ENVIRONMENTAL ORGANIZATIONS CELEBRATE CITY AS FIRST IN NATION TO HAVE AN "AGZA GREEN ZONE® GOLF COURSE"



Photo by Dean Lee

-- The City of South Pasadena, joined by California State Senator Anthony Portantino, the American Lung Association and environmental organizations, today celebrated the City's status as the first city in the nation to convert its municipal golf course to an "AGZA Green Zone® Golf Course." Certified by the American Green Zone Alliance, the City was previously the first in the nation to convert all of its park and median maintenance to emission and gas-free equipment. "South Pasadena continues to be a leader in sustainability and reducing the harmful health and environmental impacts of its municipal operations," said Michael Cacciotti, the mayor of the City of South Pasadena. "We're proud to have partnered with AGZA, the AQMD and Donovan Brothers Golf to provide cleaner healthier air and more peace and quiet to everyone who lives in, works in, or visits our city."

Working with the city's golf course maintenance contractor, Donovan Brothers Golf, LLC, the Arroyo Seco Golf Course is now maintained using electric equipment, which replaced equipment run on gasoline. The City's action has significantly reduced air pollution and noise, and is another demonstration of the City's commitment to sustainability to the benefit of residents and visitors.

"The City of South Pasadena has been a leader on green strategies for many years, and today is another great example of that leadership," said California State Senator Anthony Portantino, whose district includes the City. "I applaud the City, Donovan Brothers and the American Green Zone Alliance and look forward to working with them to extend their work."

The celebration took place at the City's Arroyo Seco Golf Course, an attractive 18-hole par-3 course. The course is nestled next to a quiet neighborhood, so slashing noise pollution is a benefit for nearby homeowners as well as patrons of the golf course, driving range, putting greens, mini-golf, and café.

"As one of the nation's leading advocates for clean air, we are pleased to praise the City's leadership," said John Yi, Director of Advocacy, American Lung Association. "Particulate pollution has long been identified as a leading cause of lung cancer, and by eliminating pollution from small gasoline engines, the City will be helping in the fight against this terrible disease."

Today's action followed 2016's successful AGZA Certified Green Zone City campaign. Eliminating toxic, carcinogenic, and particulate emissions from gas combustion not only prevents the creation of smog and greenhouse gasses, but improves the health and safety of the grounds maintenance crew who use these machines for hours every day.

"The Pasadena Group of the Sierra Club commends the City of South Pasadena for using only emission-free electric equipment to maintain its golf course and median strips, the first city in the nation to do so," said Don Bremner with the Sierra Club. "Emissions from gasoline-powered lawn and landscape maintenance equipment are a significant source of nitrogen oxide and other pollutants that are precursors to ozone formation in the Los Angeles air basin. Reducing these emissions is an important step in addressing the region's serious air pollution. Becoming the first AGZA Green Zone Golf Course underscores the significance of this achievement."

"By certifying the nation's first AGZA Green Zone® Golf Course, Arroyo Seco and the City of South Pasadena are taking bold steps to demonstrate that you can have clean quiet golf greens without the noise, health, and environmental damage inherent with gasoline-powered equipment," said Dan Mabe, Founder American Green Zone Alliance. "Golf is a sport and a lifestyle that prides itself on pristine landscaping and quiet beauty, which until now have been marred by small gas engines — the least efficient, dirtiest, and most polluting mechanisms around."

OUR REGION IS STILL IN A SERIOUS DROUGHT... HELP CONSERVE WATER DURING THE HOT SUMMER MONTHS WHEN WATER USE IS AT ITS HIGHEST!

Did you know that water use increases dramatically over the summer due to outdoor watering? In fact, approximately half of a household's total water use is spent outdoors, much of which is lost due to overwatering, water runoff on sidewalks and driveways, and evaporation from the sun.

In Monrovia, there is a continued need to work together to conserve water, as our region continues to grapple with the effects of the historic years-long drought in California. In fact, even though the drought is over for nearly all of the State, here in the Main San Gabriel Basin (which is where Monrovia gets its water), the situation is still incredibly dire. Groundwater levels in the Main San Gabriel Basin are still at historic lows, which means our water pumps and wells have to work harder to draw less water. In addition, while we did get some rain this past winter, the rainfall we did receive only amounted to what we would typically get in an average year. Following 5+ years of serious drought we experienced prior to this winter, the rain we did get has not been enough to lift the Main San Gabriel Basin out of a critically dangerous drought situation.

There is an infographic* from WaterSense showing ways you can help reduce your outdoor water use this summer to be part of the solution! Also, be sure to visit us online at Monrovia Conserves for more tips on how individuals can help our community save water together! Go to: <http://www.cityofmonrovia.org/your-government/city-manager-s-office/city-manager-s-update>

Inside This Section:

**ARTS AND ENTERTAINMENT
BUSINESS NEWS & TRENDS**

**OPINION
LEGAL NOTICES**

GLORIA HUSS HONORED BY M.A.D. By Joan Schmidt



(l to r) Yvonne Bullock, Joan Schmidt, Gloria Huss Dave Hall, Linda Sells, Terrence Williams

The July Monrovia Arcadia Duarte Town Council Meeting was very special. The first order of business was recognition and "Thank You" for Gloria Huss who served selflessly on The Monrovia Arcadia Duarte Town Council for twelve years from 2004-2016.

During that time on the Council, she served as Secretary and every expense she had while performing her duties came out of her pocket. She ran off Meeting Agendas and Minutes, flyers, at her business. As proprietor of Monrovia Floral, she provided the beautiful wreath for the Supervisor's Annual Veterans Fair in May. Gloria served as unofficial liaison between the City of Monrovia and the Town Council. She kept both acquainted with each other's happenings. As a business owner in Monrovia, she was an integral part of the Monrovia Chamber of Commerce and well known around the community for all her hard work and many donations to so many causes. She began the "pet food bank" at Foothill Unity Center. For her volunteerism, she received the City of Monrovia's

prestigious Dick Lord Award a few years ago.

At the Meeting, Gloria received a beautiful plaque presented by Town Council President Dave Hall who was joined by members, Yvonne Bullock, Joan Schmidt, Linda Sells and Terrence Williams. Presentations were made by Senior Field Deputy Debby Mendelsohn for Supervisor Bargar, Alfonso Somilleda for Assemblywoman Blanca Rubio, Marco Lungren for Senator Anthony Portantino, Becky Shevlin for the City of Monrovia and also for Congresswoman Grace Napolitano and the City of Arcadia.

Deputy April Nelson spoke of Gloria's generosity when providing food for various Pamela Park and LASD events. Later, Deputy Nelson, LASD Captain Flores and APD Mike Vercillo all gave updates on crime. A lot is caused by Prop 47 which changed some felonies into misdemeanors. They all stressed the importance of calling local law enforcement if you see something unusual.

JUST SOLD WITH MULTIPLE OFFERS! 136 VISTA CIRCLE DRIVE, SIERRA MADRE



Contemporary Cape Cod with Views

Welcome to an amazing contemporary cape cod that has been remodeled throughout and offers unparalleled views in the sought-after Sierra Madre community. This impeccable 3 bedroom, 4 bath home with family room is done wrapped in windows that welcome in light and offer incredible vistas across the verdant valley to Downtown Los Angeles's twinkling city lights and beyond.

LISTED AT: **\$1,250,000**

MORE INFO: **136VistaCircle.com**



JAN GRETEMAN
TOP PRODUCING AGENT 2016



REALTOR®, SRES, GREEN
626.975.4033 | Jan@JanGreteman.com
www.JanGreteman.com
30 N. Baldwin Avenue, Sierra Madre 91024

CalBRE #01943630 Podley Properties® does not guarantee the property information obtained from public records or other sources. Equal Housing Opportunity. ©2017 Podley Properties. All rights reserved. Marketing materials produced by Podley Studio. ©2017 EGP Imaging.



Real Estate by JAN GRETEMAN

REALTOR®, SRES, GREEN

*When it's time to **BUY OR SELL** a home,
I can help you make the right decision at the right price!*

www.JanGreteman.com | 626.975.4033 | Jan@JanGreteman.com

30 N. Baldwin Avenue, Sierra Madre 91024



CalBRE #01943630

Jeff's Book Pics

The Miracle of Dunkirk: The True Story of Operation Dynamo by Walter Lord

The true story of the World War II evacuation portrayed in the Christopher Nolan film Dunkirk, by the #1 New York Times–bestselling author of Day of Infamy. In May 1940, the remnants of the French and British armies, broken by Hitler's blitzkrieg, retreated to Dunkirk. Hemmed in by overwhelming Nazi strength, the 338,000 men gathered on the beach were all that stood between Hitler and Western Europe. Crush them, and the path to Paris and London was clear. Unable to retreat any farther, the Allied soldiers set up defense positions and prayed for deliverance. Prime Minister Winston Churchill ordered an evacuation on May 26, expecting to save no more than a handful of his men. But Britain would not let its soldiers down. Hundreds of fishing boats, pleasure yachts, and commercial vessels streamed into the Channel to back up the Royal Navy, and in a week nearly the entire army was ferried safely back to England. Based on interviews with hundreds of survivors and told by “a master narrator,” The Miracle of Dunkirk is a striking history of a week when the outcome of World War II hung in the balance (Arthur Schlesinger Jr.).

Stick with It: A Scientifically Proven Process for Changing Your Life—for Good by Sean D. Young

An award-winning psychologist and director of the UCLA Center for Digital Behavior shows everyone how to make real, lasting change in their lives in this exciting work. Whether it's

absent-minded mistakes at work, a weakness for junk food, a smart phone addiction, or a lack of exercise, everyone has some bad habit or behavior that they'd like to change. But wanting to change and actually doing it—and sticking with it—are two very different things. Dr. Young, an authoritative new voice in the field of behavioral science, knows a great deal about our habits—how we make them and how we can break them. Stick with It is his fascinating look at the science of behavior, filled with crucial knowledge and practical advice to help everyone successfully alter their actions and improve their lives. As Dr. Young explains, you don't change behavior by changing the person, you do it by changing the process. He explains why change can be difficult and identifies the crucial forces that combine to make transformation permanent, from the right way to create new habits to how to harness emotional meaning to motivate change. He also helps us understand how the mind often interferes with creating lasting change and how we can outsmart it, including using “neurohacks” to shortcut the brain's counterproductive instincts. In addition he provides a powerful corrective to the decades old science of habits, offering a next generation discussion of how habits can change behavior with the right approach. Packed with pragmatic exercises and stories of real people who have used them successfully, Stick with It shows that it is possible to control spending, stick to a diet, become more social, exercise regularly, stop compulsively checking e-mail, and overcome problem behaviors—forever.

All Things

DRAMATIC BEACH RESCUE PROVES THAT ANYONE CAN BE HERO.

Over 80 pedestrians on the Panama City Beach in Florida formed a human chain to save a family of nine from a dangerous rip tide. Events began to unfold on Saturday evening when Roberta Ursrey and her husband saw their two young sons screaming for help from 100 yards out into the ocean. A nearby couple attempted to rescue the boys, but they also became caught in the current. Several of the other family members attempted to rescue the struggling swimmers, and they became trapped as well. There was no lifeguard on duty, and police had opted to wait for a rescue boat – but the situation was getting more dire by the second. The rip tide victims had already been struggling to keep their heads above water for twenty minutes, and they were exhausted. Beach goers started yelling at the crowd of onlookers to form a human chain. Dozens of people – several of which reportedly said they couldn't even swim themselves – linked arms and marched into the ocean. Among the onlookers was Jessica Simmons, whose husband told the crowd to form a chain. “To see people from

different races and genders come into action to help Total strangers is absolutely amazing to see!” wrote Simmons. “People who didn't even know each other went hand in hand in a line, into the water to try and reach them.” As she watched the 80-person chain stretch towards the swimmers, she knew she could help. Simmons and her husband then grabbed boogie boards and swam down the chain until she reached the exhausted swimmers. First, they helped the two young boys reach the human chain. Then, they went back for Roberta, who was just starting to black out. Next, they rescued Roberta's mother who had begun to have a heart attack. Finally, after everyone was brought back to the beach, the crowd began to cheer. Jessica says that while she was hailed as a hero, she credits the rescue to everyone on the beach. “I was calm because I knew they were coming out alive. I knew how to get out of a rip tide and I knew I could swim for long periods of time. But what really got me was how a entire beach jumped into action to save these people.”

FAMILY MATTERS



DOESN'T EVERYTHING AUTOMATICALLY GO TO MY SPOUSE AND KIDS WHEN I DIE ANYWAY?

Many people think that if they die while they are married, the law dictates everything they own goes directly to their spouse or children. They're thinking of state rules that apply if someone dies without leaving a will. In legal jargon, this is referred to as dying “intestate.” In California's case, the specifics will vary depending on the type of property held and the number of children you have, if any. However, the general rule is that your spouse will receive a certain share and the rest will be divided among your children.

Now that may seem like, “So far, so good,” right? Your spouse is getting an inheritance and so are the kids. But wait. Here are some examples of how the intestacy laws can – and do – fail many common family situations.

First off, if both parents of minor-aged children die intestate, then the children are almost always left without a legal guardian. Kids won't automatically go to a godparent, even if that's what everyone knew the parents had intended. Instead, a court will appoint someone to be the children's guardian. In such situations, the judge may not make the decision that you, as a parent, would have made. In fact, sometimes

the judge appoints the last person you would have wanted to have custody of your children.

It's important to note that when it comes to asset division, in most cases, state intestacy law presumes that a family consists of a husband, wife, and their natural-born children. But, that's not the way all families are structured, and things can become legally complicated for those other families quickly.

According to Wealth Management, one analysis counted 50 different types of family structures in American households – 50! Almost 18% of Americans have been remarried, and through adoption and stepfamilies, millions of children are living in blended families. The laws just haven't kept up, and absurd results often occur for these types of families if they've relied on intestacy as their estate plan. For example, stepchildren that you helped raise (but didn't legally adopt) may end up with no inheritance, while a soon-to-be-ex-spouse may inherit everything from you.

Of course, with proactive estate planning, you can control your assets and essentially eliminate the risk of these crazy results.

Also, keep in mind that intestacy provides no asset protection or preservation benefits. Without any protections in place, an estate's assets are vulnerable to creditors, lawsuits, and others who may claim entitlement to the property. These claims would take precedence over the statutory requirements for inheritance. In other words, the family won't be first in line; they'll be last. They'd only be able to inherit the scraps and leftovers.

The best way to safeguard and pass along what you've worked so hard to build is to do your own estate planning rather than leave things to the laws of intestacy. Protect yourself, your family and your assets by talking to a qualified estate planning attorney today.

Dedicated to empowering your family, building your wealth and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA

IS SUCCESS IN YOUR DECK?

Previously submitted Nov 23 2013

Some people have faced hardships that have caused them to think they may have been dealt the wrong deck of cards during this round of life. Everyone faces challenges along this journey called life as certain cards are dealt, unexpectedly creating situations where it seems that they are holding the cards that don't provide them with a chance of winning. Those who make the decision to become entrepreneurs understand that, in spite of the cards dealt by life, there is always the option to keep shuffling the deck and exchanging cards to create a winning hand.

Each of us can decide whether the deck we're holding suits us, or we can create a brand new deck to begin the journey in the direction of success in business and in life.

Decide on what you want. It is important to write your goals, along with a plan of how you foresee achieving them. This plan will serve as a roadmap, and outline, with the understanding that you will need to make adjustments as you incur unforeseen roadblocks and detours. However, by having a well-laid plan, you'll always know whether you're moving toward your ultimate goals as you navigate the challenges to get back on track.

Execute your plan with fervor. Embark on the execution of your plan as if your life depends on it. “Anything worth having, is worth fighting for” and if your dreams and aspirations are important, you will do whatever necessary to hit the milestones noted in your written plan. No one attains success on an island, so it will entail collaborating with others along the way in some manner, whether

through partnerships, alliances, or simply an exchange of encouragement or support.

Consistency will provide you with momentum when the going gets tough. Maintaining diligence in the face of challenges that may make you want to quit will create a level of internal discipline that is shared only by an elite family of achievers across many industries and disciplines. By doing what you know that you should do, in the timeline that you know you should be working on it will propel you from average to extraordinary in terms of your progress and achievements that you desire.

Keep moving forward, with the knowledge that “every journey begins with a single step.” If you will simply continue to put one foot in front of the other by focusing on the key things in your plan, you'll find some parts of the journey to feel effortless at times. These moments don't come often, but when they do, you will find yourself propelled farther along that you'd anticipated.

Look through your deck. Don't like it? Shuffle it and dare to make a decision in the direction of your heart's desire and you'll be amazed at what you will accomplish. By taking time to put your decision in writing along with a gameplan, you will lay the groundwork to get started with the execution of your plan, and with a commitment to being consistent with your efforts you're develop the muscle to keep moving in the midst of what may seem to be insurmountable challenges.

“The journey of a thousand miles begins with one single step.” – Lao Tzu

HEALTH SHARING: AN ATTRACTIVE OPTION TO THE BROKEN HEALTH INSURANCE SYSTEM

For the past 70 years, either the insurance model or the government has dominated the economic and day to day model of healthcare. About 30 years ago, health sharing programs appeared on the scene. Their mandate is “bearing one another's burdens” by sharing healthcare costs in a similar fashion. Members of the community literally share one another's medical bills.

Fast-forward to 2010 when the Affordable Care Act (ACA), also referred to as “Obamacare” was signed into law. It went into effect starting January 2014 and made it mandatory for every American to have health insurance. By that time, the impressive growth of the “health sharing” movement had led to hundreds of thousands of individuals and families not using an insurance model, but rather trusting to the sharing of needs as administered by these health care sharing groups. Recognizing the effectiveness of these groups and their sound legal history, the federal government recognized the legitimacy of health sharing by



granting an exemption from ACD penalties for individuals who choose to participate in a legally recognized health sharing plan, instead of purchasing health insurance.

The hefty savings of 30% to 60% under a health sharing plan are one of the features that attracts people to join, in comparison to the cost of health insurance. They are essentially self-paying patients, but a majority of their expenses are shared by the community. Members can typically utilize services from any doctor or hospital they choose. Naturopathic and chiropractic services are usually an option too.

The two charts below provide an overview of how health insurance and health sharing compare in a typical medical situation where a middle-age man falls and injures his knee.

For more information about health sharing programs, contact Idelle Steinberg (626) 710-2316, or email her at idelle@securemoney101.com.

Health Insurance	Sedera (Health Care Sharing)
<ul style="list-style-type: none">• Dr. Visit 1 - Co-Pay \$35 + Prescription \$25• Dr. Visit 2 - Co-Pay \$35 + Prescription \$25• Dr. Visit 3 - Co-Pay \$35 + Injection \$125• Dr. Visit 4 - Co-Pay \$35 + Injection \$125• Specialist Visit 1 - Co-Pay \$35• Surgery Cost (Surgeon Fee, Facility Fee, & Anesthesiologist Fee) \$1,800	<ul style="list-style-type: none">• Dr. Visit 1 + Prescription #1• Dr. Visit 2 + Prescription #2• Dr. Visit 3 + Injection• Dr. Visit 4 + Injection• Specialist Visit 1• Surgery Cost (Surgeon Fee, Facility Fee, & Anesthesiologist Fee)
Total Out of Pocket Cost: \$2,275	Total Cost for this “Need”: \$2,275 Total Out of Pocket Cost: \$500 <i>(Remaining discounted balance is then paid by the community through health care sharing)</i>

Sierra Madre Playhouse Presents

THE MARVELOUS
Wonderettes

Written & Created by Roger Bean
Musical Arrangements by Brian William Baker
Orchestrations by Michael Borth
Vocal Arrangements by Roger Bean & Brian William Baker
Directed by Robert Marra
Music Directed by Sean Paxton

Secret Love – You Don't Own Me – Wedding Bell Blues – Stupid Cupid – Rescue Me – It's in His Kisses – Son of a Preacher Man – Hold Me Thrill Me –

July 14 - August 27, 2017

87 W. Sierra Madre Blvd. SM 91024 626. 355. 4318 SierraMadrePlayhouse.org

See us online at:
www.mountainviewsnews.com

Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

PASADENA CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

BUSINESS EDITOR
LaQuetta Shamblee

PRODUCTION
Richard Garcia

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

DISTRIBUTION
Kevin Barry

CONTRIBUTORS

Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Rich Johnson
Merri Jill Finstrom
Rev. James Snyder
Dr. Tina Paul
Katie Hopkins
Deanne Davis
Despina Arouzman
Renee Quenell
Marc Garlett
Keely Toten

Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.

Mountain Views News is wholly owned by Grace Lorraine Publications, Inc. and reserves the right to refuse publication of advertisements and other materials submitted for publication.

Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024

Phone: 626-355-2737
Fax: 626-609-3285
email:

mtnviewsnews@aol.com

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

SUSAN Henderson, Publisher



182 DAYS, 10 HOURS, 39 MINUTES AND 24 SECONDS.....

That's entirely too long! That is how long at the moment I began writing this article that this country has had a President that is out of control, a Congress that doesn't know what to do with him and an economy that for the last 8 years has improved but won't be able to sustain the benefits of that without leadership. Why? Because the new 'Leader of The Free World' is choosing to send this country straight to hell in a handbasket! That is of course, except for his 'friends and family'.

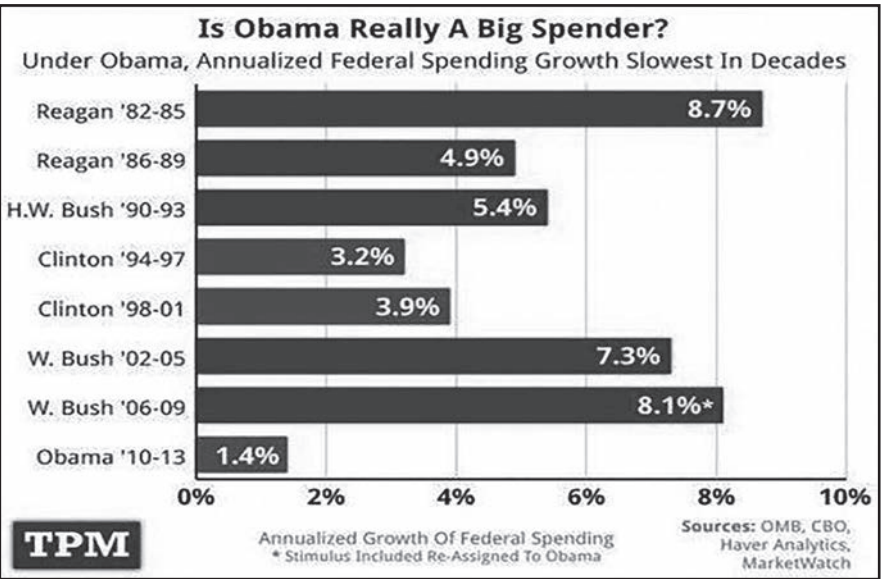
Rather than pick up from where President Obama left off and continue to move us forward with an agenda that will benefit all Americans, he has spent the last 182+ days whining about what Hillary did or didn't do (She lost the election so she should not be a concern of his), what Obama did wrong (Really? See chart below), how the media isn't doing their job, that all bad Trump news is fake, and the dog ate his homework! Blah Blah Blah. He blames Congress for recognizing that not everyone likes the way he wants to leave 22-30 million people uninsured, and in case you haven't noticed, he not only has appointed his Wall Street cronies to everything under the sun, he has deregulated the very industries that created the most recent collapse of our economy.

Every time I think perhaps he is going to put the American people first again for a moment, (yes I do have faith that all occupants of the Oval Office put American's first), he does something else that makes our form of governance appear to be incompetent, insensitive, corrupt and immoral. We are no longer a nation to be respected, we are a nation to be ridiculed because, for the last 182+ days we have had a man of questionable sanity leading us. He and his buddies aren't cleaning up the swamp, they are overpopulating it!

Speaking of Friends and Family, Donald J. Trump, the man who requires mindless loyalty from everyone, is the most disloyal of them all. Can you imagine that in one week he very publicly turned his back on two people who have followed him like a lovesick puppy? The first of whom was Attorney General Jeff Sessions. Mind you, I am no fan of Jeff Sessions but like him or not he has compromised his reputation and possibly his career for DJT as required only to be excoriated publicly for recusing himself from all things Russian, AS HE SHOULD HAVE DONE!.

The second victim of the thankless one is Sean Spicer who allowed his professional career to be tainted by lying, feigning ignorance and appearing to be totally incompetent for the 'protection' of the thankless one!

I don't know what the next 182 days will bring, but DJT could be my very best friend if he would just resign. He's so bad that in my opinion Mike Pence looks like a really good alternative. We could however, use that old popular expression, "throw the bums out" and start all over again, but that is too time consuming and costly. So, DJT, can you do us all a favor and go back to the tower that you came from voluntarily? America is not deserving of another 182 days of your madness! FYI, the chart below shows you which party really is the big federal spender. I'm just saying.....



RAGING MODERATE by WILL DURST

FAKE SONS



And now, a few choice words about Donald Trump... Junior. Seems as if the eldest son of the Trump Crime Family is not the brilliant hotheaded tactician that Santino was in the Corleone Crime Family, but instead more in the mold of Fredo. The Trump most likely to make people offers they can't understand.

To say the collusion trail is convoluted is like intimating that Wimbledon has found that ripe strawberries are not an adequate substitute for tennis balls. On the advice of lawyers, Jared Kushner amended his security clearance application three times, setting off bells loud enough to wake Richard Nixon's dead dog, Checkers.

This led to the revelation that Don Jr. held a meeting at Trump Tower with a Russian lawyer, described as a "nothing burger meeting" about Russian adoptions and nobody else was there. And isn't it time we focus on what really matters to the American people? Hey, look over there... a squirrel.

Well, okay, so maybe the lawyer had some vague connections to the Russian government, but doesn't everybody? And Paul Manafort and Jared Kushner were there, but they had no idea why. A month before the Conventions, the campaign manager and lead advisor attended a meeting for no apparent reason. With a Russian lawyer. About adoption. And linoleum is edible.

It was so boring, the two left early. And okay, it wasn't about orphans, but had nothing to do with seeking damaging information about Hillary Clinton. Which wouldn't be illegal, even if it did. Which it didn't. Okay, it did. So maybe it was a marinated flank steak meeting.

Then, to beat the New York Times to the punch, Junior released some grass-fed, prime-cut, filet mignon emails that portrayed him as eager to receive the promised damaging information about Hillary Clinton. From an American-born Russian record producer. And an oligarch pop star. Don't ask.

But absolutely nothing happened and we know that because Donald Trump Jr., Paul Manafort, Jared Kushner and the Russian lawyer all said nothing happened. And why shouldn't we believe the people who haven't told us the truth ever. Not once. Oh yeah: this time, for sure.

And a former Russian Intelligence officer also attended the meeting. But don't worry, because he's a former Russian Intelligence officer. And maybe a couple other folks were there. No one knows. Doesn't matter. Look away.

To recap: Donald Trump Jr. colluded with the Russians to uncover proof that Hillary Clinton was involved in Russian collusion, because colluding with Russians would prove a person unqualified to be President. Then again, collusion is not such a bad thing. Everybody does it. As a matter of fact, you'd be a fool not to collude. And nobody wants a fool as president, do they? Too late.

Capo di capo, Donald Trump Sr. applauded Son Number One's transparency for releasing the grass-fed, prime-cut, filet mignon emails detailing the campaign's attempt to enlist foreign help to discredit Hillary. Which is like complimenting the bear that mauled you for maintaining such sharp claws.

Soon the senior Don will tweet warnings to the press to totally ignore Don Jr. because he's not a real Trump son. And neither are Eric or Jared. The only true Trump son is Ivanka. The rest are just Fake Sons. Just like fake news, only different.

Copyright © 2017, Will Durst, distributed by the Cagle Cartoons Inc. syndicate. Will Durst is an award-winning, nationally acclaimed columnist, comic and former sod farmer in New Berlin, Wisconsin. For a calendar of personal appearances, including his new one-man show, "Durst Case Scenario," please visit willdurst.com.

LEFT TURN/RIGHT TURN/CENTER

JOHN L. MICEK



FROM 'I ALONE CAN FIX IT' TO 'I WON'T OWN IT'

A year ago this week, newly anointed as his party's candidate for president, Donald J. Trump capped the Republican National Convention in Cleveland by ascending the podium in the Quicken Loans Arena, and offering these words:

"Nobody knows the system better than me, which is why I alone can

fix it."

A year later, as the latest iteration of an Obamacare repeal lay in smoking ruins, Trump said this:

"I think we're probably in that position where we'll let Obamacare fail. We're not going to own it. I'm not going to own it," he said Tuesday. "I can tell you the Republicans are not going to own it. We'll let Obamacare fail and then the Democrats are going to come to us."

But Trump, along with Congressional Republicans, does own the healthcare bill's failure for this simple reason: His party controls the White House and Capitol Hill. Trump cut Democrats out of the process, and neither House Speaker Paul J. Ryan, R-Wisc., nor Senate Majority Leader Mitch McConnell, R-Ky, made any meaningful attempt to include them in talks.

"This White House, like the last one, has outsourced healthcare to Congress," U.S. Rep. Charlie Dent, R-Pa., told MSNBC last month. "That's what happened with this bill. Congress is largely writing this bill."

Lest you think Dent, who hails from the moderate 15th District in Pennsylvania's Lehigh Valley, here's Tiana Lowe, writing in The National Review, which can hardly be confused for liberal:

"Rather than begin his tenure with legislation set to gain bipartisan, or at least Republican, approval, Trump dived into the most complex cornerstones of GOP dogma without a real plan or the discipline to sell it to the American people," Lowe wrote. "After publicly pressuring Paul Ryan to ram through a notoriously unpopular bill in the House, Trump slammed it as 'mean.' The Senate then had to rewrite major aspects of it — while navigating even more difficult political terrain, because Republicans have a smaller majority in the upper chamber than they do in the House."

On Wednesday, as it became clear that McConnell faced consistent and steady opposition to repealing Obamacare without a replacement in hand, pundits faulted Trump for failing to do the hard work of selling the bill to voters.

"The fact is Donald Trump did a terrible job selling healthcare because he didn't really try to sell healthcare," Joe Scarborough, the former GOP congressman from Florida who hosts the daily "Morning Joe" gabfest on MSNBC, observed Wednesday.

In fact, Trump did the exact opposite of trying to sell the bill to the public - let alone to the Congressional Republicans with whom he allegedly works in common.

At various times, Trump threatened to primary Republican holdouts in the House. Then he said he hoped the Senate would come up with a better bill than the "mean" one passed by the House.

With that lack of message discipline, coupled with the fact that, despite seven years of big talk, Republicans failed to do much else than cobble together a set of unworkable talking points into legislation, it's no wonder the bill failed.

"Constantly distracted, never really focused. A lot of them complained that he didn't even understand what was inside the bill, so he really couldn't rally the base to support it. And you know, he can talk about 48 and 4, but the fact is he is 0 and 1," Scarborough observed.

Trump's greatest selling point in Cleveland - that he was a political outsider, a pragmatist and consummate deal-maker who could cure what ailed Washington has now become his greatest liability.

He has thus far demonstrated he is none of those things.

Six months into his presidency, Trump has vacillated between pushing healthcare and tax reform, ending up with neither. Away from Capitol Hill, questions about his campaign's ties to Vladimir Putin's Russia linger and seemingly get worse by the day. Pathological tweeting has distracted attention away from his legislative agenda.

In fact, here is little evidence that Trump has the knowledge or patience to spend the long hours it takes getting a piece of legislation from to get a bill from the conception stage to the finish line. Nor is there any evidence that he has surrounded himself with those who can.

Passing legislation is a pain-staking and deliberative process. Some members of Congress spend years working to get their bills onto the president's desk.

Sticktoitdness is part of the job description.

And for those who say, give Trump a chance, it is worth pointing out that, at similar points in their respective presidencies, Trump has signed fewer bills into his law than his predecessors. And those he has signed are remarkable for being mostly unremarkable.

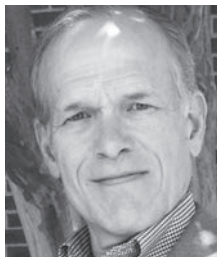
Right now, Trump, the president, looks more like Trump the real estate developer, walking away from ruinous deals, abdicating responsibility, and leaving others holding the bag.

That's a long way from "I alone can fix it."

© Copyright 2017 John L. Micek, distributed by Cagle Cartoons newspaper syndicate. An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.

MICHAEL SHANNON

LOSING THE HOUSE TO WIN THE FUTURE



Former House Speaker Newt Gingrich is worried about the failure of Republican governing reality to match Republican campaign rhetoric. Newt told Fox News, "I would say the highest focus ought to be on getting the tax bill through because if we don't have economic growth next year, I think we're in real danger of having Speaker Nancy Pelosi."

Big time Texas donor Doug Deason has already told Curator of the Senate Mitch McConnell that his wallet is a dry hole until McConnell and Speaker Paul Ryan "produce results on health care and tax reform." And Deason isn't the only donor heading for the customer service window hoping someone is there to ask for a refund.

Sean Lansing, of the Koch brother's Americans for Prosperity, told Lifefette there should be "consequences" for repeated failure.

Now that "legislative mastermind" McConnell has failed to "repeal and replace Obamacare" followed by failure to just repeal, it looks like Deason is going to have a long-term increase in his disposable income.

Members of the base like you and I can't pressure the likes of McConnell and Ryan individually with our wallets, but we can pressure them with our votes in aggregate.

That's why I propose conservative voters to join together and help make Newt's fears come true: Let's "Lose the House to Win the Future."

The corporate Republicans running the House and Senate view the conservative base, which loyally keeps them in office, in much the same way arrogant Victorian explorers viewed the natives in Africa: Dangerous savages who are useful for toting ballot boxes on their heads, but need to be house-broken before allowed into polite society.

That's why the bubble-dwelling GOP establishment must be sent a message that will break through the impervious barrier of complacency and arrogance that surrounds their Capitol Hill offices. And Nancy Pelosi is just the person to deliver it.

This requires conservatives to change their voting behavior in November 2018. In the past conservatives held their nose and voted for RINO Republicans, because the thought of the Democrat alternative in office was too terrible to contemplate.

As a result the base was rewarded with accommodationist weaklings who preside over the Vichy government that currently rules us.

Now it's time to embrace the alternative. Conservatives must refuse to vote for all Republican House incumbents - unless your representative is a member of the House Freedom Caucus. This doesn't mean you vote for the Democrat.

Instead conservatives will vote for a write-in candidate. Resist the temptation to write in Mickey Mouse. Cartoon character votes, although relevant to the current GOP leadership, will only serve to have your write-in dismissed as a frivolous vote.

Instead I suggest all participants in my "Lose the House to Win the Future" campaign write in Rep. Mark Meadows, the chairman of the genuinely conservative Freedom Caucus. Thousands of write-in votes for Meadows, spread across the country will be an obvious protest vote by conservatives that cannot be ignored by the Rep. Barney Fife's cowering in DC.

There's nothing like listening to Speaker Pelosi diesel on about evil Republicans to demonstrate to McConnell and Ryan that serial conservative betrayals come with a cost. Ideally the two founding members of the Can't Do Caucus will be ruminating on their failures from the backbenches of the respective houses after they've been ousted from their pitiful leadership charade.

Meadows and the rest of the Freedom Caucus will be the framework around which a new conservative House leadership can be built - ready to resume power when conservatives vote for House Republicans in 2020.

Let me stress House votes are to be the only change for conservatives. Votes for Senate GOP candidates will remain unchanged, even if your only choice is a nose-holder like media parasite Lindsey Graham (R-MSNBC). It simply takes too long to regain control of the Senate. Besides, just the shock of the House loss may inspire Graham and his ilk to find those conservative campaign promises that have evidently slipped down between the sofa cushions.

Sure Democrat wild-eyed pistol takers in the House will pass gun confiscation bills, grant illegal aliens citizenship and demand Baptists dance at same-sex weddings, but it won't matter. The same McConnell-sclerosis that clogs the Senate will stop those bills, too.

My "Lose the House to Win the Future" is like the old joke about the farmer and the mule. Before every turn the farmer would jump down from the wagon seat and hit the mule with a 2X4. A passerby saw this and asked why hit the mule, since the wagon made all the turns?

The farmer replied, yes that's true, but first you have to get the mule's attention. Losing the House in 2018 will be the biggest attention-getter possible.

© Copyright 2017 Michael Shannon, distributed by Cagle Cartoons newspaper syndicate. Michael Shannon is a commentator and public relations consultant, and is the author of "A Conservative Christian's Guidebook for Living in Secular Times." He can be reached at mandate.mmp@gmail.com.

We are more than just a candy store!
Book your next party with us!

www.thegoodybags.org 626.512.6095
49 W. SIERRA MADRE BLVD., SIERRA MADRE CA, 91024

STARTING A NEW BUSINESS ?

FILE YOUR DBA HERE

Doing Business As,
Fictitious Business Name Filing

MAIL BOX & POSTAL

80 W. Sierra Madre Blvd., Sierra Madre
626-836-6675

Obtain Street Address - Business Stationary - Flyers
Rubber Stamps - Business Cards - Mailing Service

YOUR AD COULD BE HERE!
Call Patricial @ 626-818-2698
Today!

WEEKEND
OPEN HOUSES

215 W. MONTANA STREET
PASADENA 91103

Offered at: \$788,000 | OPEN SATURDAY 2-4PM

Visit 215MontanaSt.com for more information

30 N. Baldwin Avenue, Sierra Madre | 626.355.2384
Visit PODLEY.COM for listings, open houses & news!

10
CELEBRATING
YEARS
2007 - 2017

Where Your
Community News Comes First

Mountain Views News

Sierra Madre Edition: Sierra Madre - Arcadia - Monrovia - Duarte

Pasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

Subscribe To The
Mountain Views News
Today!

How can I get the paper
delivered to my home?

If you live in Sierra Madre,
Arcadia, Pasadena, South Pasadena,
Altadena, San Marino, Monrovia,
or Duarte , you can receive the pa-
per at your front door each week for
\$60 per year.

Can I still subscribe if I don't
live in one of those cities?

If you live anywhere the US Postal
Service delivers to, the *Mountain
Views News* can be mailed to you
each week. The cost for mail
subscriptions is \$100 per year.
For delivery outside the U.S.,
please call 626-355-2737 for a
quote.

Subscribe Today!

First Name:	
Middle Initial:	
Last Name:	
Address:	
Apartment No.:	
City/State/Zip:	
E-Mail:	
Phone Number :	()
Type of Service:	Make Your Life Easier... Use Your Credit Card and you can process your subscription payment securely, online. [] Check here, fill out the form and an invoice will be sent to the email address listed above. YOU MUST HAVE AN EMAIL ADDRESS.....ORmail your check to:
HOME DELIVERY	
\$60 12 months	
\$30 6 months	
MAIL:	
\$100 12 months	
\$50 6 months	
[] Sierra Madre	
[] Pasadena	
	Mountain Views News 80 W. Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024

Sierra Madre
ANIMAL HOSPITAL

Walter Cailleteau, DVM

927 N. Michillinda Ave.
Pasadena, CA 91107
(626) 351-8863

Free Exam!
For New Clients

Bring this coupon to save!