

SIERRA MADRE FIRE DEPARTMENT PARAMEDIC PROGRAM CELEBRATES 10th ANNIVERSARY



The city of Sierra Madre and the county of Los Angeles recognized the Sierra Madre Fire Department Paramedic Program Tuesday night at the City Council meeting. The ceremony was to recognize the 10 year anniversary of the program, and the remaining original personnel who were there from the beginning.

Captain Gregory Christmas is the Paramedic Captain and EMS Coordinator. He has been the driving force of the program from day one. His leadership, knowledge, and EMS experience has made the program the success it is today. The citizens of Sierra Madre know that if they call 911 for a medical emergency, they will get top quality patient care on scene in minutes. The program owes a tremendous amount of gratitude to Captain Christmas.

Honored recipients include (from left to right) Paramedic/Engineer Paul Razo, Paramedic Lou Manjarrez, Paramedic Ryan Tornello, Paramedic Sabrina Somma, and Paramedic/Captain Gregory Christmas.

Paramedic Cece Maria Hoschet, who was tragically killed in a domestic violence incident two years ago, was also recognized. Engineer Ted Walters accepted her award on behalf of her family. Also recognized was Suzette Otlewis. Suzette has been with the program since its inception as the Quality Assurance/Clinical Educator.

Congratulations to all the recipients and their years of dedication to our outstanding paramedic program.

UPS DRIVER SAVES CHOKING 5 YEAR OLD



From the City of Sierra Madre

Last week 5 year old Sofia Ayala was choking on a piece of hard candy. Her mother desperately tried to save her as Sofia's 8 year old and 3 year old sisters watched in horror. UPS driver Rachel Gonzales stepped in just in time to perform the Heimlich Maneuver and was successfully able to dislodge the piece of candy. Last night Mayor Rachelle Pastor Arizmendi recognized Ms. Gonzales with the Mayor's Certificate of Recognition for life-saving, heroic efforts.

Pictured here are Mayor Arizmendi, the Luis A. Ayala family, and Rachel Gonzales Childs.

Photo courtesy City of Sierra Madre

BELOVED SIERRA MADREAN GORDON CALDWELL PASSES

He had a smile a mile wide. His caring spirit was contagious. He was Gordon Caldwell, beloved community leader and friend. On Saturday, July 22, 2017 at age 93, Gordon died shortly after returning home from the hospital with his wife of 30 years, Mary Lou by his side.



Gordon meant a lot to the community of Sierra Madre. He moved to the city in 1958 where he and his partner Hal ran GEM plumbing for 37 years. That year he also joined the Sierra Madre Volunteer Fire Department. He was a member of VFW Post 3208, a faithful member of the Sierra Madre Kiwanis Club, and was recognized many times for his extensive volunteer efforts in Sierra Madre. He was a recipient of the George Maurer Award for a lifetime of Volunteer Service, was Grand Marshal of the Sierra Madre 4th of July Parade and so much more. He organized blood drives as a volunteer for the American Red Cross and was responsible for the collection of more than 2,000 units of donated blood.

However, Gordon was probably best known as one of the few survivors of World War II. He was drafted into the U.S. Navy in 1943 and served aboard the Carrier USS Saratoga in the Pacific, surviving seven battles, the last of which was Iwo Jima. Also the recipient of many military honors, he was a member of the Saratoga Association and last year donated to the nations WWII Museum a gun that he retrieved after a Kamikaze attack on the Saratoga.



Born on a farm in Louisburg, Missouri on February 24, 1924 he was the youngest of five boys and three girls. He lost his mother to cancer when he was just 5 years old. When he graduated High School in 1943 his military service began.

After the war, Gordon moved to California where he worked for Shell Oil in Ventura. He married Mary Evelyn Hyde and their family consisted of 3 girls and 1 son. They moved to Sierra Madre in 1958 where they raised their family. His wife passed away in 1985 after a long battle with cancer. A few years later, Gordon married 'the girl next door', Mary Lou Caldwell to whom he remained married until the time of his death.

He is preceded in death by his parents, his brothers Virgil, Milford, Leland, and sisters Hazel, Lucile, and Wilma and his daughter Judith Ann.

He is survived by his wife Mary Lou; daughters Connie (David), Luzan Terri Curtis, and son Jerry (Jodi) Caldwell, and Brother Lowell (Gayle) Caldwell; 7 grandchildren and 7 great grandchildren; 2 nieces, 6 nephews and a host of other grand and great grand family members.

Viewing will be on Monday, July 31, 2017 from 5-9 pm at Douglas Zook Mortuary, 600 E. Foothill Blvd., Monrovia.

Funeral services will be held on Tuesday, August 1, 2017 at Sierra Madre Congregational Church, 170 W. Sierra Madre Blvd., Sierra Madre at noon.

In lieu of flowers, please donate to your favorite charity or the Sierra Madre Volunteer Firefighters Association P.O. Box 911, Sierra Madre, Ca. 91025 or VFW Post 3208, P.O. Box 0695, Sierra Madre, Ca. 91025.



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Tues	Sunny	Hi 90s	Lows 60s
Wed	Sunny	Hi 90s	Lows 60s
Thur	Sunny	Hi 90s	Lows 60s
Fri	Sunny	Hi 90s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR July 25, 2017
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

Regular City Council Meeting

Tuesday, July 25, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
July 25, 2017 at 6:30 pm

Planning Commission
July 20, 2017 at 7:00 pm

Community Service Commission

Library Board of Trustees
July 26, 2017 at 7:00 pm

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NATIONAL NIGHT OUT,
TUESDAY, AUGUST 1, 2017!!!

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community.

Unlike previous years when the SMPD hosted this event in Memorial Park, we've found that other cities have been able to reach out to their communities more effectively by going to Neighborhood Watch (NW) block parties or individual parties throughout their cities. It is our intention this year to visit the NW block parties or individual parties. As we schedule the Department's events for the evening, we need to know who will be participating. If you are scheduling a block party, let us know and we'll coordinate with the city in providing barricades if necessary.

We will have representatives from the department stop by to say hello, no presentations, just pass out a few goodies and answer questions if you like. I've listed a few points to remember when you respond.

For more information please contact:

Lou Oronoz
Community Service Officer
Sierra Madre Police Department
242 W. Sierra Madre Bl.
Sierra Madre, CA. 91024
Office: 626/355-4596
Fax: 626/355-5468
E-mail: loronoz@cityofsierramadre.com

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2017 CONCERTS IN THE PARK
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JUNE 10	PASADENA COMMUNITY ORCHESTRA (Classical) Sponsored by Pasadena Community Orchestra
JUNE 25	Sierra Madre Music Co. (Local Talent) Sponsored by Sierra Madre Music
JULY 2	Cori Cable Kidder playing Patsy Cline Sponsored by Rotary of Sierra Madre
JULY 9	Larry Larson (Classic Rock & Roll) Sponsored by Sierra Madre Civic Club
JULY 16	JJ Jukebox (Rock from the 60's and 70's) Sponsored by Sierra Madre Senior Community Commission
JULY 23	Skinny Ties (Rock from the 80's) Sponsored by Sierra Madre Community Services
JULY 30	NOCONA (Country Rock) Sponsored by Berkshire Hathaway Home Services
AUG 6	GEM CITY JAZZ CATS (Big Band) Sponsored by Sierra Madre Kiwanis Club & Friends of the Sierra Madre Library
AUG 13	Pat O'brien and the Priests of Love (Rock) Sponsored by Sierra Madre Firefighters' Association
AUG 20	Cash Up Front (Johnny Cash) Sponsored by Sierra Madre Community Foundation

All concerts are free and held from 6:00pm-8:00pm at the Memorial Park Bandshell, located at 222 W. Sierra Madre Blvd. Seating is on the green. Be sure to bring blankets and lawn chairs. Alcohol is prohibited. Spectators are encouraged to support local organizations that may provide refreshments.

FOR MORE INFO CONTACT THE COMMUNITY SERVICES OFFICE AT 626.355.5278

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Walking Sierra Madre...The Social Side

by Deanne Davis

"I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crisis. The great point is to bring them the real facts, and beer." Abraham Lincoln

amount of roasting the grains undergo create the tastes of chocolate or coffee. Let me go back to that brewing is complicated thing! There is no facet of brewing upon which Ryan is not a consummate expert. In short, best craft beer any of us has ever



"Beer is proof that God loves us and wants us to be happy." Benjamin Franklin

I first met Kelly and Ryan Rogers, the genius guys behind RT Rogers Brewing Company, last March then checked back with them this week to see how it was going. Well! When I first stopped in, I found Ryan and good buddy Dave Bergman up to their armpits, wielding shovels in a trench in Units 1 and 2 of the 38 E. Montecito site. Now the trench has been filled in, the new restrooms, which will be ADA compliant are piped, there is a lovely cement floor and framing all over the place. Shelves, bar rails, storage, flooring for the beer vats are all under construction and it's going to be so nice when it's all finished. You can see the guys here with some of their tools. Kelly, Ryan's dad, is the one with the brand new bandsaw sort of thing.

I asked Ryan about what kind of beer he is planning for RT Rogers Brewing Company and he got that beatific expression on his face that all true artists have when talking about their art. There will be four confirmed beers to start with at their soft opening, which will be mentioned when the moment arrives: First, a French Saison which, according to Wikipedia, began as a pale ale brewed in the cooler, less active months in farmhouses in Wallonia, the French-speaking region of Belgium and stored for drinking in the summer months. These were generally a group of refreshing summer ales made by farmers. Modern Saisons are generally highly carbonated, fruity and spicy.

There will be a Belgian Saison, which is gold to light amber in color and craft brewers, like Ryan, are adding a variety of ingredients to enhance the yeasty flavor.

There will be two pale ales, Belgian, noted for its yeast flavor and American, which is more heavily flavored with hops and malt. Ryan intends to add a variety of beers and ales, including two varieties of IPAs. There will also be a number of seasonal rotational beers and ales and the occasional experimental. Here's what I learned: Brewing is complicated! Ryan is opening with a 15 barrel system producing stouts and IPAs.

Starting with an on-line course in brewing, and experimenting constantly since he was just 16, Ryan has read everything there is to read on grains, hops and yeast. For instance, California IPAs are very heavily hopped, creating a brew which is higher in alcohol, not sweet, leaning toward a bitter taste. Hops lend aroma, a fruity or bitter taste and the

experienced is coming our way!

For those of you in the know, there will be an English Brown Porter – which falls somewhere between dark stout but with less coffee and more chocolate and a Milk Stout made with milk sugar/lactose.

The walled garden with partial shade, pleasing the sun lovers and the shade seekers, right outside the glass doors of the main tap room, where one can sit and enjoy a moment of peace and a refreshing glass, is still very much under construction, but it's coming! Ryan and Kelly are creating space for Quoits – the traditional game which involves the throwing of metal, rope or rubber rings over a set distance to try to land over or near a spike – in case you didn't know. Inside there will be standard dart boards and, for all the bicycle enthusiasts who make Sierra Madre their destination, a hanging bike rack on the outside wall.

Kelly and Joanna, Ryan's mom and dad, are both retired from the Los Angeles Unified School District where he started as a maintenance engineer and worked his way up to Complex Projects Manager, while Joanna was that woman no school can do without who ran the book store, got all the text books ordered and, in general, made it work for the teachers. Son, Jesse, is the family artist-webmaster-social media guy, who teaches art in the LAUSD and his wife, Deanna, is a speech pathologist. And Ryan is a brewing genius! The whole family is heavily involved in R T Rogers Brewing Company and all of Sierra Madre will benefit when they are ready to roll this October.

You can check out their website at rtrbrew.com or come by and say hello. The welcome sign on the door really does mean welcome, come on in and take a look! They're on Instagram, too. Really looking forward to October! Quoits anyone?

My book page: Amazon.com: Deanne Davis
Blog: www.authordeanne.com

"A Tablespoon of Love, A Tablespoon of Laughter" is now available at Sunrise Books + Coffee at Pasadena First Church of the Nazarene – just down the road on Sierra Madre Blvd.

Kindle readers, give yourself the gift of: The Crown – An Easter Story It's on Amazon.com on my book page!

Follow me on Twitter, too! <https://twitter.com/playwrightdd>

SIERRA MADRE POLICE BLOTTER

During this time period, the Sierra Madre Police Department responded to approximately 366 day and night time calls for service.

Monday, July 17 At about 4:07 p.m. officers responded to the 00 block of E. Montecito Ave., to investigate a reported vandalism. It appears that unknown person(s) broke several window panes and a damaged screen door protector. Case to Detectives for follow up

Wednesday, July 19 Officers made contact with two male subjects who were riding a bicycle and skateboard on the roadway. During the contact, it was revealed that the subjects were in possession of hypodermic needles. The subjects were arrested, booked and cited at the Sierra Madre Police Department. Case referred to Detectives

Thursday, July 20 At approximately 5:50 a.m., officers responded to Bethany Church regarding suspects

breaking into a donation bin. A suspect was arrested and transported to the Pasadena jail. Case to Detectives 7:30 p.m. At about 9:00 p.m. officers were dispatched to the 100 block of Esperanza Ave., regarding a theft of a bicycle report. The victim reported that his red Cannondale M700 was taken from his open garage earlier that evening sometime between 7:30 and 8:50 p.m. by an unknown person(s). Case to Detectives

Saturday, July 22 Unknown suspect(s) entered the rear yard through an unlocked gate and entered the home by removing a screen and smashing a window in the 200 block of S. Canon Ave. The suspect(s) ransacked two rooms placing items in pillow cases, then exited the residence at the same point of entry in an unknown direction. Case to Detectives

NOTE: Several traffic stops made during this time period for drivers operating their vehicles with suspended and/or expired driver's licenses. Make sure your driver's license is current!

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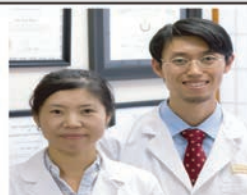
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Shooting Victim Succumbs To Injuries



Pasadena Police are asking for the public's help after a man was shot and killed Monday night near the 210 freeway. Police said the suspects may have been on bicycles.

According to police, officers arrived on scene in the 400 block of N. Marengo Avenue at about 11:36 p.m. and found a single gunshot victim, a Hispanic male in his 30's. Paramedics transported the victim to a local hospital where he succumbed to his injuries.

Witnesses said they heard gun shots and then a male yelling. No information on a motive or description of the suspects was given.

Detectives said the investigation is on-going.

The identity of the victim is being withheld pending notification to the next-of-kin. The Los Angeles County Coroner's Office will make available the identity of the victim.

It is unknown whether the incident was gang related. A motive for the homicide is also unknown at this time. The homicide investigation is in its early stages so limited information is available. As more information develops an update will be provided.

Anyone with information about this case is encouraged to call Pasadena Police at (626)- 744-4241 or you may report information anonymously by calling "Crime Stoppers" by dialing (800) 222-TIPS (8477).

Pet of the Week



Are you looking for an energetic, big dog? Meet Pepper (A417738), a 10-month-old Great Dane mix in need of a new home. Pepper is very friendly and outgoing. According to her previous owner, Pepper walks well on leash and already knows her "sit," "down" and "stay" commands. She's still learning her basic house manners, however, so she'll need a patient family who'll laugh at her puppy antics while continuing to provide basic training.

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A417738, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



'One Arroyo' Effort, a Singular Vision

The public got their first chance Tuesday night to hear efforts being made by the Arroyo Advisory Group (AAG) to enhance and preserve Arroyo Seco as one continuous space from Hahamongna to the Lower Arroyo. Ideas included, preserving natural habitats to adding an amphitheater, museum, restaurant and coffee bar to showing outdoor movies and live plays.

During the public comment most of those in the community wanted less or no commercial activity in the Arroyo. Many also suggested that Altadena and South Pasadena residents be included in any decisions.

"One Arroyo means we are all connected," said long time Altadena resident Dorothy Wong. "We are the hearts and souls of Altadena, the mountains, Pasadena all the way to Los Angeles. And that should be what One Arroyo represents, not a commercial hub, but the soul of our city."

Wong also suggested they look

at corridors for animals, hikers, walker and bicycles, saying they need to replace cars with busses and more bike valet. Other residents also said that the Arroyo is the only place in Pasadena that does not have a bus stop.

Managing Director of the Arroyo Seco Foundation Tim Brick (pictured above) cautioned that the group needed to work with L.A. County and make comments on the Hahamongna sediment removal plan Environmental Impact Report. He added that the AAG should engage the Pasadena city council to work with the county on a reasonable, slow, sediment removal plan.

Brick said the "big dig" in Hahamongna will stop the area from being a hub for wildlife, "There is going to be tremendous devastation and it's not just going to be during their excavation period because they're going to maintain permanent 50 acre scare zone right in the middle of the

stream."

He added "they are going to rip the guts out of the environment in the Arroyo Seco and anything you do as committee will be undone as soon as the county trucks start running."

Brick said the community consensus is to naturalize the entire Arroyo Seco and to connect and unify all 30 parks along the Arroyo from Hahamongna to the Los Angeles River. The effort is "The Arroyo River Parks" plan. More information can be found at arroyoseco.org/riverparks.htm.

The deadline for the sediment removal EIR is September 8.

The meeting was facilitated by Bill Bogaard, Former Mayor of Pasadena, Co-Chair AAG; Doug Kranwinkel, RBOC Board Member, Co-Chair AAG and Don Hahn, film Producer, Advisory Group Member.

AAG is set to hold 'One Arroyo' Day on Nov. 18th at Brookside Park. For more information visit onearroyo.org.

WhosNext playing at Farnsworth Park



Free concert at Farnsworth Park tonight at 7:00pm at the amphitheater. The Sheriff's Support Group of Altadena presents the 21st Annual Summer Concert Series at Farnsworth Park, located at 568 E. Mount Curve Ave.

WhosNext is a powerful realistic tribute to THE WHO with an incredible resemblance to THE WHO both musically and visually. WhosNext's professional and energetic performance is a must see for classic rock fans young and old and will leave fans screaming for more!

Along with the Beatles and the Rolling Stones, THE WHO complete the trinity of British rock and roll. The list of their smash hits including "Behind Blue Eyes", "Won't Get Fooled Again", "Who Are You", "Baba O' Riley" (Teenage Waste Land),... goes on and on with numerous top hits. THE WHO were one of the great rock bands of the 1960s and 1970s playing at Woodstock in 1969. Due to the complex musical arrangements, harmonies and various instruments soloing simultaneously, today there are very few WHO tribute bands to recreate the music and attitude of THE WHO. So in honor of the most powerful, influential and greatest rock band, we bring to you WhosNext the next best thing!

WhosNext is a professional band formed in 2016 and comprised professional Southern California tribute band veterans playing casinos, private events, club events and outdoor summer concerts.

Tournament Foundation Elects New Board Members



The Tournament of Roses Foundation announced, last week, the election of Alex Aghajanian, Mark S. Harmsen, Diana Peterson-More and Michael K. Riffey to the 2017-2018 Board of Directors. These new members replace outgoing board members Rick Jackson, Katherine Martinez Kleine, Charlie Martinson and Robert B. Miller who provided a combined 20 years of outstanding service and leadership.

The Foundation Board also elected officers: Maxine Harris, President; Norma Garcia Kachigian, Vice President; Shannon Boalt, Treasurer; and Jerri Price-Gaines, Secretary. Members continuing to serve on the Foundation Board are Nancy Neal Davis, Mitchell Ing, Philip V. Orozco, Amy Wainscott and Libby Evans Wright.

Aghajanian has been a volunteer member of the Tournament of Roses Association since 1989. He will serve as president for the 2023 Tournament of Roses, providing leadership for the 134th Rose Parade and 109th Rose Bowl Game.

Mark S. Harmsen is a lifelong Pasadena resident and a 35-year volunteer member of

the Tournament of Roses Association serving on 16 committees ranging from Music to Queen and Court to Football.

Diana Peterson-More has been a volunteer in the Pasadena community since 1996. She has served on numerous Pasadena nonprofit boards, and been appointed by elected officials to commissions, task forces and agencies that fit with her workplace philosophy: helping others to achieve their defined success.

Peterson-More is a former practicing labor lawyer and corporate executive, who currently heads The Organizational Effectiveness Group, LLC, a local consulting firm that focuses on people strategies and systems that support strategic workplace goals and align individuals to those goals.

Michael K. Riffey has been a volunteer member of the Tournament of Roses Association since 1968. He served as the 2004 Tournament of Roses President overseeing the Rose Parade and Rose Bowl Game and chaired five volunteer committees including Music, Equestrian, Food Services, Float Construction, and Motion Picture Trophy.

Chris Holden set to hold 18th Annual Block Party

Join Assemblymember Chris Holden on Saturday, August 5 for our 18th Annual Block Party and Community Resource Fair. We will be in the 500 block of Jackson Street in Pasadena from 11 a.m. - 3 p.m.

Residents can discuss legislative ideas and community issues with Holden while enjoying live music, a classic car show, game trucks and lots more! Information on local and state

resources will also be available. A brief community recognition program starts at noon, so please give yourself time to park, walk, or use public transportation. This year, we are proud to announce that we have partnered with Go Day One and Bike SGV to offer free bike valet. We hope that bike parking options will encourage you to travel green. Space is limited, so swing by the Go Day One booth (west end of Jackson St.) early.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in August at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

A Toast to the Joys of Music - Tuesdays, Aug. 1 to 29, from 9:30 to 11:30 a.m. Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Concerts in the Park - Tuesdays, Aug. 1 to 29, from 6 to 7 p.m. The Gold Shell at Memorial Park, just behind the Pasadena Senior Center, will be bustling with entertainment with during this concert series for people of all ages. Aug. 1: Susie Hansen Latin Band. Aug. 8: Paddy's Pig. Aug. 15: Cirque di Sarray. Aug. 22: Lisa Haley and the Zydekats. Aug. 29: The Great American Swing Band. Bring a lawn chair and a picnic for the perfect summer experience with family and friends.

A Matter of Balance - Tuesdays, Aug. 1 to Sept. 19, from 1 to 3 p.m. Are you concerned about falling? Learn how to reduce the fear of falling and increase balance and activity levels during this eight-week, interactive workshop that combines discussion, video and exercise. Reservations are required: 626-685-6732.

Scenic Walkers Club - Wednesdays, Aug. 2 to 30, at 10 a.m. Enjoy a series of leisurely walks in the great outdoors. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. For more information or to sign up, email alancolville@charter.net or call

626-221-3741.

Legislation Affecting Seniors - Thursday, Aug. 3, at 10 a.m. Significant progress has been made in expanding services for seniors in the past five years, but recent State of California budget issues have resulted in cutbacks to funding for senior programs. A representative from Wise & Healthy Aging will explain how these cutbacks may affect individual seniors.

Domino Club - Thursdays, Aug. 3 to 31, at 1 p.m. If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday...it's contagious! For more information call Vicki at 928-478-4654.

Autumn Allergies - Thursday, Aug. 10, at 10 a.m. As autumn approaches do you dread allergies that come with the changing of the seasons? Dr. Karl von Tiehl will explain common autumn allergies, such as hay fever, as well as testing and treatment options.

Friday Movie Matinees - Fridays, at 1 p.m. The two films in August are based on true events. Aug. 11: "A Street Cat Named Bob" (2016, NR) starring Luke Treadaway and Bob the Cat. A homeless, recovering drug addict on the streets of London is given a second chance through an unlikely friendship with an injured stray cat that helps the man heal his own life.

Founded in 1960, the Pasadena Senior Center is an independent nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA CHAMBER OF COMMERCE

The Arcadia Chamber of Commerce would like to congratulate the following winners of the 2017 Business Awards, (recipients will be

honored at the Arcadia Chamber Networking Breakfast on Thursday, August 17, 2017 at Embassy Suites).



New Member of the Year Recipient
David Lamb of ActNOW CPR and First Aid



Chamber Service Award Recipient
Jennifer Stone of Imprintability!



Business Person of the Year Recipient
Rosa Jaime of The Four Seasons Tea Room



Business of the Year Recipient
Embassy Suites by Hilton

Come out for the official naming of the

Floretta K. Lauber Museum Education Center!

Naming dedication by Mayor Peter Arcandine

August 1, 2017
4:30 - 5:30pm
Free
All are welcome!

Gift display honoring Floretta K. Lauber's life & accomplishments
Refreshments & entertainment: Top Notch Quarter
Food & beverage served by the friends of the Arcadia Museum!

302 West Huntington Drive, Arcadia, CA 91007 626-574-5443

MONROVIA - DUARTE

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ATHENS SERVICES TRASH AND RECYCLING RATES INCREASED 4.32% BEGINNING JULY 1, 2017, COST ADJUSTMENT ATTRIBUTABLE TO CPI, MINIMUM WAGE INCREASES, AND STATE MANDATED RECYCLING PROGRAMS

During the past week, City staff received some feedback regarding the recent cost increase for trash services provided by Athens Services. As you may recall, beginning July 1, 2017, trash service rates increased by 4.32%. This meant that for the typical residential customer, solid waste services increased by \$1.24 / month, from \$28.79 / month to \$30.03 / month.

Based on the questions that we have received, we certainly should have spent more time articulating the reasons why the trash service costs increased by 4.32%, and we apologize for not being more clear! There were several components that blended together to account for the total cost increase. Those components included:

- 2.66% - CPI cost factor increase (calculation from April 2016 – April 2017)
- 1.00% - enhanced State environmental compliance and landfill cost factor increase
- 0.66% - State minimum wage cost factor increase
- 4.32% - Total Cost Increase July 1, 2017

Our current contract with Athens Services allows the City to veto any rate increase above 5% per year. Simultaneously, the contract also allows Athens Services the ability to implement reasonable cost adjustments based on external factors, such as CPI increases, State regulatory impacts, and minimum wage increases.

We did want to share that City staff analyzed the proposed adjustments that Athens Services submitted, and the proposed increase did meet all of our contractual obligations. Furthermore, as part of our assessment, we also compared our monthly cost for trash service with other communities in our service area. That assessment illustrated that Monrovia's trash service costs continue to remain among the lowest in our region, ranking 5th lowest out of 14 identified cities. The overall monthly trash service cost comparison includes the following:

What is also important to keep in mind is that not only are Monrovia's trash services among the lowest in the region, we also have an overall solid waste services program that is among the most environmentally robust in the region. The City has developed with Athens an overall organics recycling program to keep the City in compliance the State

mandates contained in AB 1826 and also AB 1594. AB 1826 requires that all commercial and multi-family properties recycle organics trash.

The State requires that all municipalities divert 50% of all trash away from landfills. Prior to the adoption of AB 1594, green waste was counted towards that diversion rate. Since the adoption of AB 1594, the State no longer accepts green waste as part of the mandated diversion rate calculation, which required the City to develop a plan to continue to meet our diversion rate without counting green waste.

Given both of those pieces of legislation, the City and Athens Services partnered together to develop the overall Organic Recycling Program to keep the City in compliance with State requirements. In an effort to obtain additional value for our community, the City's contract with Athens Services also provides that residents be provided with compost and mulch at no additional charge. On an annual basis, City staff coordinates with Athens Services to develop mulch and compost give away events, and we are currently working to coordinate a future give-away event for later in Fall 2017.

Finally, given the trash / recycling cost increase that has been implemented, the City has also developed a unique program for Athens Services customers. There are times when adjusting solid waste service levels can end up saving a customer money, without impacting their trash service needs. To that end, if any Athens Services customer would like to have a 1-on-1 Solid Waste Services Optimization Meeting to explore possible ways of saving money for on your trash / recycling services bill, Alex Tachiki, Management Analyst, can help! Alex can be reached at (626) 932-5553, or via e-mail at atachiki@ci.monrovia.ca.us. Alex will review each individual situation and work with each customer to determine the feasibility of making service changes that save money but don't impact trash / recycling needs.

We hope that this overview provides some more context for the recent trash services cost increase. If you have any additional questions, feel free to contact Alex Tachiki, Management Analyst, at (626) 932-5553, or via e-mail at atachiki@ci.monrovia.ca.us.

ARCADIA POLICE BLOTTER

For the period of Sunday, July 16th, through Saturday, July 22nd, the Police Department responded to 972 calls for service, of which 121 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, July 16:

Shortly before 11:04 a.m., an officer responded to a residence in the area of West Live Oak Avenue and McCulloch Avenue regarding a vandalism report. The victim discovered unknown suspects damaged her vehicle by spray painting graffiti and dousing it in gasoline sometime during the previous night. No suspects were seen and no witnesses were located.

At approximately 5:22 p.m., an officer responded to Aldo, 400 South Baldwin Avenue, regarding an embezzlement report. An investigation revealed the store manager had embezzled more than \$11,000 over the past 4 years from the company. The suspect, a 24-year-old male from Azusa, was arrested and transported to the Arcadia City Jail for booking.

Monday, July 17:

Just after 2:20 a.m., an officer responded to 24 Hour Fitness, 125 North First Avenue, regarding a vehicle burglary report. The officer determined an unknown suspect broke the rear passenger window of the vehicle, rummaged through some paperwork, and fled without any property. No suspects were seen and no witnesses were located.

At approximately 12:47 p.m., an officer responded to a residence in the 100 block of East Wistaria Avenue regarding a grand theft report. An investigation revealed an unknown suspect entered the unsecured backyard and stole more than \$7,000 worth of new pool equipment sometime during the previous week. No suspects were seen and no witnesses were located.

Tuesday, July 18:

Around 12:15 a.m., officers responded to the intersection of Baldwin Avenue and Camino Real Avenue regarding a car on fire. The officers discovered the suspect collided into several parked cars before coming to a stop, then the vehicle caught fire. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from his breath. Through a series of tests, it was determined the 47-year-old male from Temple City had a blood alcohol content of .146%. The suspect was arrested and transported to the Arcadia City Jail for booking.

Wednesday, July 19:

Shortly after 3:01 p.m., an officer responded to Britton Chiropractic, 638 West Duarte Road, regarding a grand theft report. The victim stated she left her necklace at the location and, upon returning the next day, the business was unable to locate the missing property. No suspects were seen and no witnesses were located.

At about 3:19 p.m., an officer responded to a residence in the 00 block of West Santa Anita Terrace regarding

a burglary report. The officer discovered an unknown suspect broke into the home through a kitchen window, ransacked a bedroom and closet, and fled undetected. The loss is unknown at the time of this report. The investigation is ongoing.

Just before 7:09 p.m., an officer responded to the Arcadia Police Department front counter regarding a fraud report. The victim stated her wallet was stolen out of her purse while eating at Olive Garden, 430 East Huntington Drive, and a short time later, she began receiving notifications that her credit cards had been used without her permission. The investigation is ongoing.

Thursday, July 20:

Before 10:15 a.m., an officer responded to a residence in the 1800 block of Elevado Avenue regarding a mail theft report. An investigation revealed an unknown suspect stole mail and a small package from the victim's mailbox. No suspects were seen and no witnesses were located.

Around 12:57 p.m., an officer responded to the front counter of the Arcadia Police Department regarding a theft report. The victim stated an unknown suspect stole one hub cap from their vehicle and attempted to steal a second one sometime during the previous night. No suspects were seen and no witnesses were located.

At about 7:11 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a grand theft report. An investigation revealed an unknown suspect stole the victim's wallet from her unattended purse. The investigation is ongoing.

Friday, July 21:

Just before 11:40 p.m., an officer conducted a traffic stop on a vehicle in the area of Huntington Drive and Old Ranch Road for not having any license plates. A records check of the driver revealed he was a wanted fugitive out of the State of Montana for felony forgery. The 47-year-old male from Monterey Park was arrested and transported to the Arcadia City Jail for booking.

At approximately 9:11 p.m., an officer responded to a residence in the 300 block of Vaquero Road regarding a burglary report. The officer determined unknown suspect(s) pried open a rear exterior garage door, forced their way through the interior garage door into the house, ransacked the residence, and fled with firearms, a men's watch, and a laptop. The investigation is ongoing.

Saturday, July 22:

Shortly after 7:28 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles with tracking devices to combat the increase in bike thefts throughout the city. An investigation revealed a 54-year-old male from Los Angeles was in possession of the stolen bicycle and GPS tracker. The suspect was arrested and transported to the Arcadia City Jail for booking. A records check revealed the suspect was on probation.

MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Driving Under the Influence of a Controlled Substance / Possession of Drug Paraphernalia - Verified Complaint Filed July 20 at 6:00 p.m., a disturbing subject was reported at a business in the 200 block of E. Duarte. An officer responded and located the subject driving a vehicle near the location. Through investigation, the officer determined the subject was driving under the influence of a controlled substance and he was found to be in possession of hypodermic needles. He was taken to a hospital for treatment. A verified complaint will be submitted to the District Attorney for filing consideration.

Injury Traffic Collision / Missing Person Located July 20 at 10:15 p.m., an officer responded to the report of an injury traffic collision in the 800 block of W. Chestnut. A vehicle traveling east on Chestnut moved to the right and collided with a parked vehicle. The driver, a 94-year-old male, suffered injuries and was taken to a hospital for treatment. He was disoriented and he thought he was in another city. The subject had been reported as a missing person from Los Angeles.

Residential Burglary July 20 at 10:45 p.m., a residential burglary was reported in the 200 block of El Nido. The resident left the location at approximately 1:00 p.m. When she returned at 10:45 p.m., she found her home and been broken into and ransacked. A small safe and other miscellaneous items were taken. The investigation is continuing.

Battery - Verified Complaints Filed July 21 at 12:31 a.m., a battery incident was reported in the area of Primrose and Linwood. Two subjects were involved in a fight. The suspects know each other and both desired prosecution. Verified complaints will be completed and submitted to the District Attorney's office for filing consideration.

Violation of Restraining Order - Suspect Arrested July 21 at 8:30 a.m., officers were on patrol in the 200 block of W. Huntington when they saw a male and female that are the subjects involved in a restraining order. The female subject has a valid domestic violence court order to protect her from the male subject. Officers contacted the male as he was leaving the area and took him into custody for violation of the court order. The suspect was booked and is being held pending his court appearance.

Warrant - Suspect Arrested July 21 at 3:47 p.m., officers were on patrol in the 400 block of E. Walnut when they recognized a subject they knew had a number of outstanding warrants. The suspect has been evading arrest. Officers contacted the suspect and placed him under arrest. The suspect was booked and is being held pending his court appearance.

Elder Abuse - Suspect Arrested July 21 at 9:03 p.m., officers responded to the 800 block of W. Duarte regarding a disturbing subject. The suspect threatened his 84-year-old grandmother and pushed her. She was fearful because of prior acts of violence. The suspect was arrested for elder abuse.

Warrants / Possession of Drug Paraphernalia - Suspect Arrested July 21 at 10:43 p.m., officers contacted two subjects in the 1300 block of S. Magnolia. One subject was found to have warrants for her arrest. When she

was searched, she was also found to be in possession of hypodermic syringes. She was arrested and later released to an outside agency on the warrants.

Resisting and Delaying a Peace Officer - Suspect Arrested July 22 at 1:29 a.m., an officer was dispatched to the 1600 block of S. Mountain regarding suspicious persons in the area. Upon their arrival, one of the subjects ran. A foot pursuit ensued and the suspect was taken into custody. He was arrested for resisting and delaying a peace officer. He was booked and released on a citation to appear in court.

Driving Under the Influence - Suspect Arrested July 22 at 3:12 a.m., an officer observed a vehicle commit several traffic violations at the intersection of Mountain and Huntington. He followed the vehicle and noticed the driver was swerving. The vehicle was stopped and the driver was determined to be under the influence of alcohol. He was arrested for DUI and taken into custody.

Vehicle Burglary July 22 at 6:00 a.m., the victim parked and locked her vehicle in front of her home the night before. Sometime during the night, unknown suspects entered her vehicle and stole the registration from the glovebox. Nothing else was taken. The investigation is continuing. **Bicycle Theft** July 22 at 8:30 a.m., a theft of bicycles was reported in the 1800 block of S. Alta Vista. Two bicycles were taken from an open garage. No evidence or witnesses were located and nothing else in the garage had been disturbed. The investigation is continuing.

Domestic Violence - Suspect Arrested July 22 at 1:49 p.m., a domestic violence incident was reported in the 1300 block of S. Mayflower. A male and female were reported to be verbally arguing in a parked vehicle. Officers arrived and contacted the female, who was now standing outside the car and had visible facial injuries. The male subject had left the area. The victim was treated at the scene, but refused to be taken to the hospital. The investigation revealed her boyfriend had battered her during an argument and fled prior to police arriving. Officers located the suspect a short distance away and arrested him. The suspect was booked and is being held pending his court appearance.

Driving Under the Influence - Suspect Arrested July 22 at 7:04 p.m., an officer on patrol in the 300 block of E. Lemon saw a vehicle attempting to park. The officer saw the vehicle collide into a parked vehicle. The officer contacted the driver and, through investigation, determined he was driving under the influence of alcohol. The driver was arrested for DUI and taken into custody. **Driving Under the Influence / Hit and Run Traffic Collision - Suspect Arrested** July 23 at 12:04 a.m., dispatch received numerous calls reporting a vehicle had crashed into a structure in the 100 block of S. Mountain. Officers arrived and found the driver had fled the scene on foot. The occupant of the house the vehicle crashed into was uninjured and none of the vehicle occupants were injured. The driver was located at Mountain and Olive. He was identified by several witnesses and showed signs of intoxication. An investigation was conducted and the driver was arrested for DUI. **Driving Under the Influence - Suspect Arrested** July 23 at 1:49 a.m., officers were working a DUI patrol assignment and observed a vehicle speeding on Myrtle. A traffic stop was conducted and the driver showed signs of intoxication. A DUI investigation was conducted and the driver was determined to be too intoxicated to operate his vehicle safely. The driver was arrested for DUI.

YOUR AD COULD BE HERE!

CALL PATRICIA 626-818-2698

SIERRA MADRE CITY COUNCIL HONORS LITTLE LEAGUE CALIFORNIA DISTRICT 17 CHAMPIONS



At the last Sierra Madre City Council meeting for the summer, the SM Little League was honored after their historic District 17 Championship! The council presented the players Certificates of Recognition and the Players presented the council with official SMLL hats and replicas of the pins that were presented to the team by the league. Look closely and you can spot our city officials!

SMLL Team Roster

Maximo Newhardt
Nolan Aldoroty
Adam Amerio
Camden Andrews
Evan Barber

Dru Beltran
Daniel Latshaw
Justin Lee
Aiden Joel (AJ) Lopez
David Mysza
Nathan Savarese
Casey Skett
Jack Stipa

Manager: Mike Amerio
Coach: David Mysza
Coach: Jeff Savarese
Coach: Ben Olivades
Coach: Vince Stipa

BACK-TO-SCHOOL TIPS TO HELP REDUCE STRESS

(StatePoint) School can be a stressful place, from finding a seat at lunch to making new friends, but don't let supplies be one of those stressors. Make life just a bit easier with the right supplies, so students have more time to focus on the important things. To help reduce stress, consider the following tips and tricks.

Lighten the Load

Students are always on the go -- shuttling to and from school, attending rehearsals, practices and other extracurricular activities, and moving about from class to class. Managing mobility is crucial toward alleviating physical stress.

Use multifunctional tools that can help them carry less, such as the Five Star Flex Hybrid NoteBinder. It acts like a notebook and works like a binder with flexible, durable rings that open and close, allowing students to add, remove or re-sort their papers. Carrying less means less to worry about.

Further lighten the load by carrying only what is needed. Pack backpacks the night before to avoid bringing textbooks or binders that won't be used. Another tip is to look for a backpack that features ergonomic straps to help distribute weight evenly and reduce physical stress. A backpack that has this feature is the Five Star Expandable Backpack; not only that, it also has expanding compartments offering extra room when needed. Other things to look for are pockets to help keep small supplies organized and easy to find, and padded sections for holding and protecting technology.

Stay Organized

Being organized can reduce so many headaches. Yet somehow, it's all too easy to let backpacks, lockers and even bedroom floors get messy. Use effective organizational tools to ensure assignments aren't misplaced in the shuffle. For example, the Five Star Storage & Organization Divider features mesh storage pockets that are great for smaller school supplies; plus, it can snap into a notebook or be stored in a binder for easy organization of important papers.

Write it Down

Write down assignments as soon as they are given. Being proactive will make sure there are no surprises. A planner is great for accessing information anytime, however you may want to display this crucial information on a wall calendar or planner at home as well.

Remain Balanced

Beyond selecting smart gear, students can help ensure a successful school year by making room in their schedules for activities that help reduce stress, whether that's listening to music, going for a run or spending time with friends.

Find a few systems that help keep mental and physical stress low, and work hard to keep them in place throughout the year.

SCHOOL DIRECTORY

ALVERNO HEIGHTS ACADEMY
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, Ca. 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca.
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcschools.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzk
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Interim Head of School, Merrily Dunlap
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca.
91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
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(626) 471-2800 Principal: Darwin Jackson
Email: schools@monrovia.k12.ca.us

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725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: http://phs.pusd.us

St. Rita Catholic School
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Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

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141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

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Host a get-together or visit a park or zoo.



Kids: color stuff in!



Is summer vacation starting to feel too loooong? Are you having **summer blues** because swimming lessons or camp is finished? Are all of your friends away on vacation? If so, then this page is for you! It is full of ideas to keep you busy and having fun during the long days of summer!



Hike, Bike or Walk!

Choose a place...a tower, a fishing spot...**hike, bike**

or walk to it. Pack light lunches and extra water.

Check for free concerts too!

Rainy Day Fun

Chase The Blues Away!

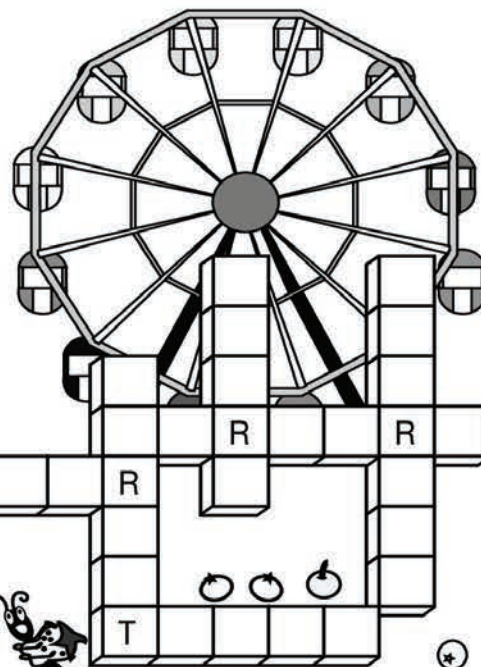
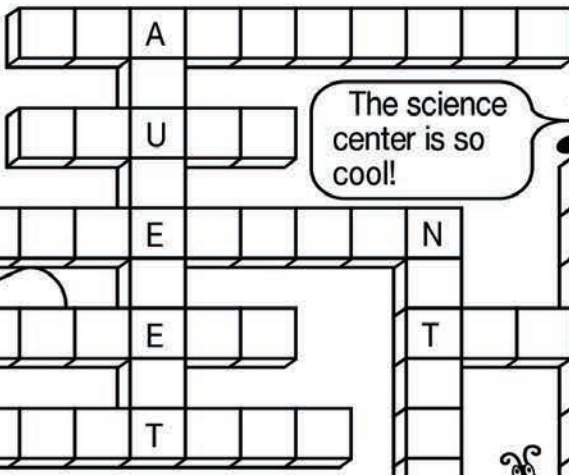
Ask friends to bring board games or any games that can be played in less than one hour. Take turns playing one or two games.

Everyone can bring a snack.

Picnic in the Park

Picnic in the park, at the lake or in the yard!

- Set a place, date and time; call your friends
- Ask everyone to bring a lunch as well as equipment for one activity or sport such as:
 - giant bubble wands and soap
 - soccer or kickballs
 - wiffle ball and plastic bat
- Be a good host: speak with and include *everyone* in *all* activities



Places to Go!

There are lots of places to go with fun things to do!
Can you fit the underlined words into the puzzle above?



1. museum
2. theater
3. library
4. ferry
5. airport
6. aquarium
7. train station
8. nature walks
9. recreation center
10. friend's house
11. petting zoo
12. playground
13. amusement park
14. farmers' market

WHERE ARE YOU AT, SCAREDY CAT?

Over the course of the 7 years I've been in this business, I've noticed a few of the felines I care for respond with some semblance of fear the first time I entered their home. It's a classic story told by many cat owners, wherein a person with whom the cat is unfamiliar, walks through the front door only to see the kitty's bouncing behind disappear down the hallway, as he high-tails it into another room to seek refuge beneath a bed or a couch.

Although there is usually no apparent reason for a typically-friendly feline's fearful response to a stranger, it happens quite often. And even though most of the time, the individual who just arrived and entered the home is indeed a cat lover, they are still a person whom the cat has yet to get to know, so the cat assumes there may be danger and runs to take cover. Why do cats behave in this manner, and how can we humans help them relax and enjoy the company of a new-found friend when they come calling?

One reason why a cat might run and hide upon the arrival of a stranger, is because he had limited exposure to humans other than his owner as a youngster. If a kitten is not introduced to a variety of people during his socialization stage (3-9 weeks old), he will likely be more apprehensive of interacting with strangers as an adult. Another reason is that a visit from a human friend is often accompanied by increased noises and movement during the initial greeting, and from a cat's perspective that might be interpreted as chaos to be avoided at all costs.

There are a few simple techniques that have proven to be helpful in preventing a cat from becoming afraid of people whom they've never met, and as it is with most exercises, the more consistently you are willing to practice these techniques with your kitty, the better are your chances for success.

First, provide your cat with a "safety-zone" in an out-of-the-way location, such as a back room where the sound of knocking or a door bell will be muffled. Be sure to include a comfortable resting spot, a fresh bowl of water and a litter box. Give the cat a special treat along with a favorite interactive toy when you take him to the safe area, just moments before your guest arrives. Allow the cat to remain in the safe place for the duration of the visit, the first few times you have a guest in your home.

Next, try to follow this series of behavioral modification steps consistently, to help your cat become more comfortable around visitors: Ask a friend or relative who does not live with you to act

as a stranger coming to visit. As usual, put your cat in the safe place just moments before their arrival, then when your friend arrives, open the door to the safe area and allow the cat to come out at it's own will and in it's own time.

Once your cat has decided it is safe enough to emerge from the back room, have the invited "stranger" stand at a distance from where the cat decides is comfortable, and reward the cat with a treat and/or a soothing praise each time he is willing to get closer to the visitor. The goal is to gradually decrease the space between the two, by rewarding the cat each time he remains calm and allows the newcomer to come closer.

Take note that the "approaching process" should begin from a distance at which your cat shows no signs of anxiety or arousal. He should be completely calm to start with, and remain calm and confident as your friend moves into the cat's space, eventually coming close enough to reach out and pet the cat. Keep your voice calm and offer comments of praise along the way. Try to avoid excessive movement until the cat becomes more comfortable over time. Repeat these simple steps as frequently as you possibly can. It may take some time for your cat to show progress, but be patient and be aware that your efforts are helping to improve your cat's quality of life.

This process of coaching a cat into becoming more familiar with other humans may seem silly to folks who are not friends of the feline, but I know there are many devoted cat lovers out there who will benefit from this bit of information to help make a difference in the relationship they have with their cat.

I hope you do find these tips helpful and I wish you all the best success as you work toward socializing your kitty cat. Try to understand what is going on in the mind of our feline. We humans like to think we relate to our pets, so it behooves us to do our best to understand their perspective, and work on the relationships we have with them. Most importantly, as humans we must be kind to the animals, always. Don't forget to love and let live!

Source: Best Friends Magazine

Happy Tails

by Chris Leclerc



HEALTHY LIFESTYLES

THE JOY OF YOGA BUILDING YOUR PRACTICE



There are many integral parts of a well-rounded yoga practice. What many people think is yoga is not really

yoga at all. It's just exercise or another distraction from life. A student could practice asana, the physical practice, without really experiencing yoga. And a student who's experienced yoga through meditation for example, could have never practiced asana.

Yoga means union. It's a practice and a state of being. It's a union of the body and mind with the soul, our highest self and divinity within. To make this possible, it's important to tame the mind and create a peaceful, calm, and (mostly) undistracted state.

In yoga we use the physical practice or asana as a way to create free flow of energy and build awareness. As a student progresses in practice, we begin to use all tools yoga has to offer: Pranayama, Meditation and Mantra. Over time, other advanced practices that include the Bandhas (energetic locks of the body), Kriya, and Mudra

are woven in as well. Pranayama and Mantra are the two fastest ways to change the mind. Pranayama regulates the breath and immediately changes physiology. Mantra practice soothes and nourishes the mind through sustained one-pointed focus and absorption of the meaning of the sound. Meditation is a continual opportunity to find this oneness with body, mind and soul. It's the time to observe, listen and experience moments of bliss.

In short, yoga is more than just asana. It's all of these tools I mentioned and much more. Yoga is a state of being, a philosophy and a practice. In building a practice, we want to be moving towards this "union" or "yoke" of finite self and infinite self: body, mind, soul.

Come see us at Yoga Madre, and let us help you build a solid practice that makes life joyful and comfortable. Visit the website at www.yogamadre.com, or feel free to email me at keely@yogamadre.com.

Namaste and Love,
Keely Totten
E-RYT 500, Yogi, Teacher Trainer, Mom

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual



Hey, You!

I know we are all here in these streets making big plans and doing big things, right?

What? You aren't exactly doing anything, have you been stuck thinking and wondering? Are you in a perpetual state of inertia? Why might that be?

If fear has you stuck, then fear is keeping you from your destiny. The life of your dreams can be yours for the living, but you will need to learn to handle your fear. Do not make the mistake of waiting for the fear to disappear, and then plan to take action, because that's never going to happen. Fear is here to stay, think of it as the eternal hook up. Historically, fear played an essential role in our survival as a species and helped us to stay alive. Fear is hard wired into us to help to recognize and appreciate dangerous conditions and situations. As we have evolved as humans, we do not encounter danger as regularly as we once did. Most of us have a regular source of food, and it's as easy as making a call or going to the market. We don't encounter wild animals at every turn. Our brains that are designed to use fear to keep us safe have not caught up with our relatively safe lives.

If fear isn't going anywhere, then how do we get the lives of our dreams? It requires us to be

strategic.

We have talked about the power of decision before.

We must decide to act. We must determine what our dream and that's the fun part. Asking ourselves inspiring questions sparks our imaginations.

My favorite question to ask myself is, "What would I love?"

Rather than make a vague general statement like I want to travel more, I'd identify the locations I want to visit and set a timeframe. "I want to go on a Mediterranean cruise in the Spring of 2018."

Identify what you want. Set a target date and quantify the goal with specificity.

As allow your imagination to soar, sink into the feelings you want to experience.

Train yourself to act in spite of your fear and watch what happens.

I would love for you to share how you will use this tip. Write to me at Lori@LoriAHarris.com and share one of your dreams.

Lori A. Harris is a lawyer and success coach that helps women who want to live their very best lives now. You can learn more about her at www.LoriAHarris.com and download her app the Gratitude Train; find it free in Google Play and the App Store.

TWIN TABBY GIRLS

Katnip News!



than Chloe (aka Luna Lovegood), who has the lighter colored nose. They are very bonded and will be adopted together. Use our TWOFUR OFFER. Zoey and Chloe are such lover bugs. Kiss Chloe's face and she just loves it, and will kiss you back.

Chloe's (Luna) video is <https://youtu.be/momqph67A0I>

Still waiting! Zoey & Chloe are adorable sister twins, now age 1. They are a mix of tabby and tortoiseshell and soooo cute!! Zoey (aka Bellatrix) has the black nose and is a bit tinier

Zoey's (Bella) video is <https://youtu.be/6cjlPB7fAgk> Adoption fee is \$100 for both, which includes spays, microchips, exams & vaccines. A great savings! Our cats are healthy & negative FELV/FIV unless otherwise indicated.

See more pictures, videos, adoption info & application on our website, www.lifelineforpets.org.

Call 626-676-9505 for a Meet & Greet. Can't adopt? Visit our website for our easy Sponsor A Kitty campaign.



HOW ABOUT A NEW BEST FRIEND?

Mystery is beautiful calico with an affectionate and calm personality. When a visitor sits in front of her condo, she will walk right out and onto their lap. And once she settles in, she loves to be petted and brushed. Then her soft purring will bring calm to any day. Sometimes her favorite place is snuggling around her companion's neck. With her lovely tri-colored coat of black, orange and white, she's like a miniature crazy quilt brightening up any room and compliments any décor. Mystery was surrendered to the shelter along with her companion, Madeleine, when their care-giver passed away. It was his wish that they come to our shelter to find new homes. Mystery obviously had a lot of attention from her former care-giver. She's looking for a new person to share all that love in a new forever home. Please come in and meet this



lovely calico girl and see if she's the one to complete your family. As a senior lady, Mystery qualifies for the shelter's "Senior for Seniors" adoption discount. Please come in and meet this lovely calico girl and see if she's the one for you. Her adoption fee is \$99 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org. ID#29260.



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TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

What is the fascination with our love of the hot dog? I know that food trends are cyclical but hot dogs I found have been a staple of our diets since the first Ferris wheel went up in Coney Island years ago. The setting at Dog Haus is industrial, with picnic tables and self service fountain drinks. The menu boasts a lengthy list of selections, including the Haus Dog signature all beef skinless hot dog on a grilled King's Hawaiian Bread bun. Let me tell you I love the bread, it is a great touch. I suggest to you that you get the bread untoasted so that you may savor the true taste of the bread. The manager told me that the customers like the grill mark on the bread, but trust me fellow foodies, do it my way.

The manager could sense my frantic devotion to downing enough dogs to make this story credible; I mean what kind of critic would I be if I just had one dog! So here comes the Cowboy with smoked bacon, bbq sauce white American Cheese and crispy onions.

So, I know if you are on the same page as I am for all these years blabbing on AM 830 KLAA and KRLA 870, you ask, ok...

Peter... what's the hook, there are several Hot Dog spots around, heck even Sam Club has a Hot Dog. Well, my answer is that any true foodie has to stay clear of being a creature of habit. The Dog Haus delivers some great Dogs and they make their own French Fries, and that alone makes me a fan. I have been very critical of certain "Gastropubs" shelling out frozen fries and rings and wings. They get it here at the Dog Haus.

A burger fan? You bet try the Hang Over, again with smoked bacon and chili plus a fried egg. All entrees are under \$10 and that is nice!!

Loads more is offered I ran out of time or room!

Dog Haus 105 N. Hill Ave. #104 Pasadena

www.doghaus.com

Listen in to my radio show this Sunday at 5 PM on AM 830 KLAA and soon on KRLA 870



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HOW TO CHOOSE THE RIGHT TYPE OF WALKER

Dear Savvy Senior,
How does one go about choosing a walker? I have some balance issues along with arthritis in my knee and could use a little more help than a cane provides. Unsteady at 70

Dear Unsteady,
When it comes to choosing a walker, there are various styles and options to consider, but selecting the best one for you will depend on your needs, as well as where you'll be using it. Here are some tips that can help you choose.

Types of Walkers

There are three basic types of walkers on the market today. To help you choose, consider the type of support you'll need. Then, pay a visit to a medical equipment store or pharmacy (see Medicare.gov/SupplierDirectory) that sells walkers so you can test-walk a few. Here are the different types you'll have to choose from.

Standard walker: This is the most basic style of walker that has four legs with rubber-based feet (no wheels), is very lightweight (around 6 pounds) and costs between \$50 and \$100. This type of walker must be picked up and moved forward as you walk, so it's best suited for people who need significant weight bearing support, or who are walking very short distances.

Two-wheeled walker: This has the same four-leg style as the standard walker except it has wheels on the two front legs that allow you to easily push the walker forward without lifting, while the back legs glide across the floor providing support while you step forward. These are best for people with balance issues, and are priced at around \$60 to \$120.

Rollator: This is a rolling walker that has wheels on all four (or three) legs. These work best for people who need assistance with balance or endurance inside or outside the home, but require some upper body strength to prevent them from rolling out from under you. Rollators typically come with a built-in seat, basket and hand-breaks. Or, for those with hand arthritis or gripping problems, there are rollators with pushdown brakes that engage with downward pressure, and will lock if you sit on the seat. Rollators typically run between \$75 and \$225.



Other Tips

After deciding on a type of walker, there are a few additional things you need to double-check to ensure it meets your needs.

First, if you're a large person, make sure the walker's weight capacity will support you. And if you choose a rollator, check to see if your body can fit between the handgrips when sitting.

Also make sure the height of the walker is set appropriately for you. To do this, stand with your arms relaxed at your sides. The handgrips of the walker should line up with the crease on the inside of your wrist.

You also need to check that the walker folds easily for transport and storage, and that it's light enough to lift into your car. Test the handgrips to make sure they're comfortable. And, be sure you measure the doorways in your home to ensure your walker will fit through them. If you have narrow doorways consider installing "swing clear" offset door hinges as a simple and affordable way to widen them an extra two inches.

Walkers also have lots of accessories that can be added for your convenience such as food tray attachments, tote bags for carrying personal items, oxygen tank holders, and tennis ball walker glides that go over the feet of a standard walker to help it slide more easily across the floor.

For more tips on how to choose and use a walker, visit Mayoclinic.com/health/walker/HA00060. It's also a smart idea to work with your doctor or a physical therapist, and be sure to get a written prescription, as Medicare will cover 80 percent of the cost.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY!July Birthdays

Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Eunice Banis, Betty Hansen, Christine Durfort, Shahrzad Azrani, Jeanne Borge Dahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, Dorothy Jerneycic, and Betty Dos Remedios.

.....

ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre



Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each!

Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Thursdays, 10:30a.m. to 11:30a.m., improve your memory and strengthen your brain. Activities facilitated by Senior Volunteers.

Free Legal Consultation: Wednesdays from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Tax Assistance: Every Wednesday beginning on February 1st through April 12th from 1:00p.m. to 2:00p.m. - Don Brunner is available for income tax consultation. Appointments are required by calling 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Monday of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in a poker game. Other games are offered to all. Please note time change.

Free Strength Training Class: Every Friday from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance training. All class materials are provided.

Stress, Resilience, Positivity: Finding Balance - by The Kensington Sierra Madre Four Tuesdays, March 7 - 28th from 2:00 - 4:00p.m. Register by calling 213-821-6919 or 213-821-6908.

KATIE TseThis and That
REBILD FEST!

Although Fourth of July has passed, I thought I'd share about my mom's friend, Donna, and her husband, John Andersen's, recent trip to Denmark to celebrate

the Fourth of July, as only Danish-Americans can! Sort of like how Americans seem to celebrate Cinco de Mayo in a bigger way than Mexicans do, the Danes turn out a bigger Fourth of July festival than anyone in the states.

It started in 1912 when Danish immigrant to the United States, Max Henius, organized fellow Danish-Americans to purchase 200 acres in the Rebild region of Denmark. They presented this land to the Danish government to be used as a national park and the setting of the annual Fourth of July festivities. Since that time the Danes have been gathering every year to celebrate America's birthday, with the exception of WW1 and WW2. It is a symbol of friendship between the United States and Denmark and a wonderful opportunity for catching up with family and friends.

The party starts on July 2nd and continues through the 5th. Denmark, for the most part, is flat, but Rebild is hilly and offers a pleasant venue for the event. The main pathway is lined with flags from each of the 50 United States, and large tents are set up for gathering. The food and entertainment is a

mix of Danish and American fares. This year a blue grass group from Kentucky performed.

There are picnics, fireworks, and speeches by politicians and other notable people. Richard Nixon, Walt Disney, Victor Borge, and Danny Kaye have all spoken there. Walt Disney is said to have gotten the idea for the look of his theme park from Tivoli Gardens. One night features a formal gala dinner and dance. If you'd like to support the Rebild National Park Society, you can sponsor a state flag or have your name engraved on a stone at the entrance to the Rebild hills. Each year the Danish-American Friendship organization awards special recognition to one person who has exemplified the bond between the US and Denmark. This year Donna's husband, John, was honored with the award!

When Danish-Americans aren't celebrating the Fourth of July, they are keeping up with a variety of reunions and celebrations throughout the year. Each spring, the Danish-American Friendship organization puts on a conference in a different state. This year it was in the US Virgin Islands. I believe Donna and John went to it, and I'm pretty certain they're going this coming spring to the meeting in Kentucky. All in all it looks like Donna sees more of America by being married to a Danish-American than she would otherwise!



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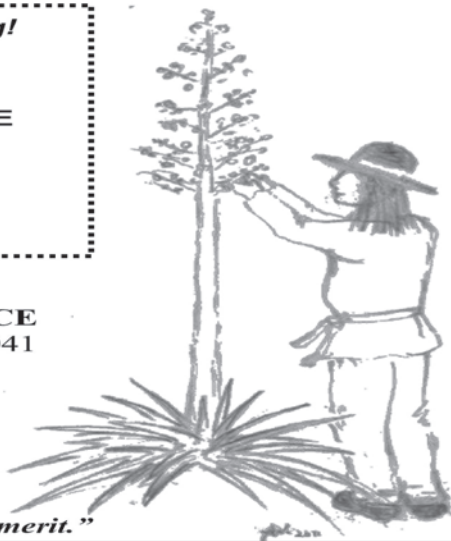
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Looking Up
with Bob Eklund



A FINAL FAREWELL TO LISA PATHFINDER

With the push of a button, final commands for the European Space Agency’s LISA Pathfinder mission were beamed to space on July 18, a final goodbye before the spacecraft was powered down.

LISA Pathfinder had been directed into a parking orbit in April, keeping it out of Earth’s way. The final action this week switches it off completely after a successful 16 months of science measurements.

While some spacecraft are flashy, never sitting still as they zip across the solar system, LISA Pathfinder was as steady as they come -- literally.

It housed a space-age motion detector so sensitive that it had to be protected against the force of photons from the Sun. That was made possible thanks to a system of thrusters that applied tiny reactive forces to the spacecraft, cancelling out the force of the Sun and allowing the spacecraft to stay within 10 nanometers of an ideal gravitational orbit.

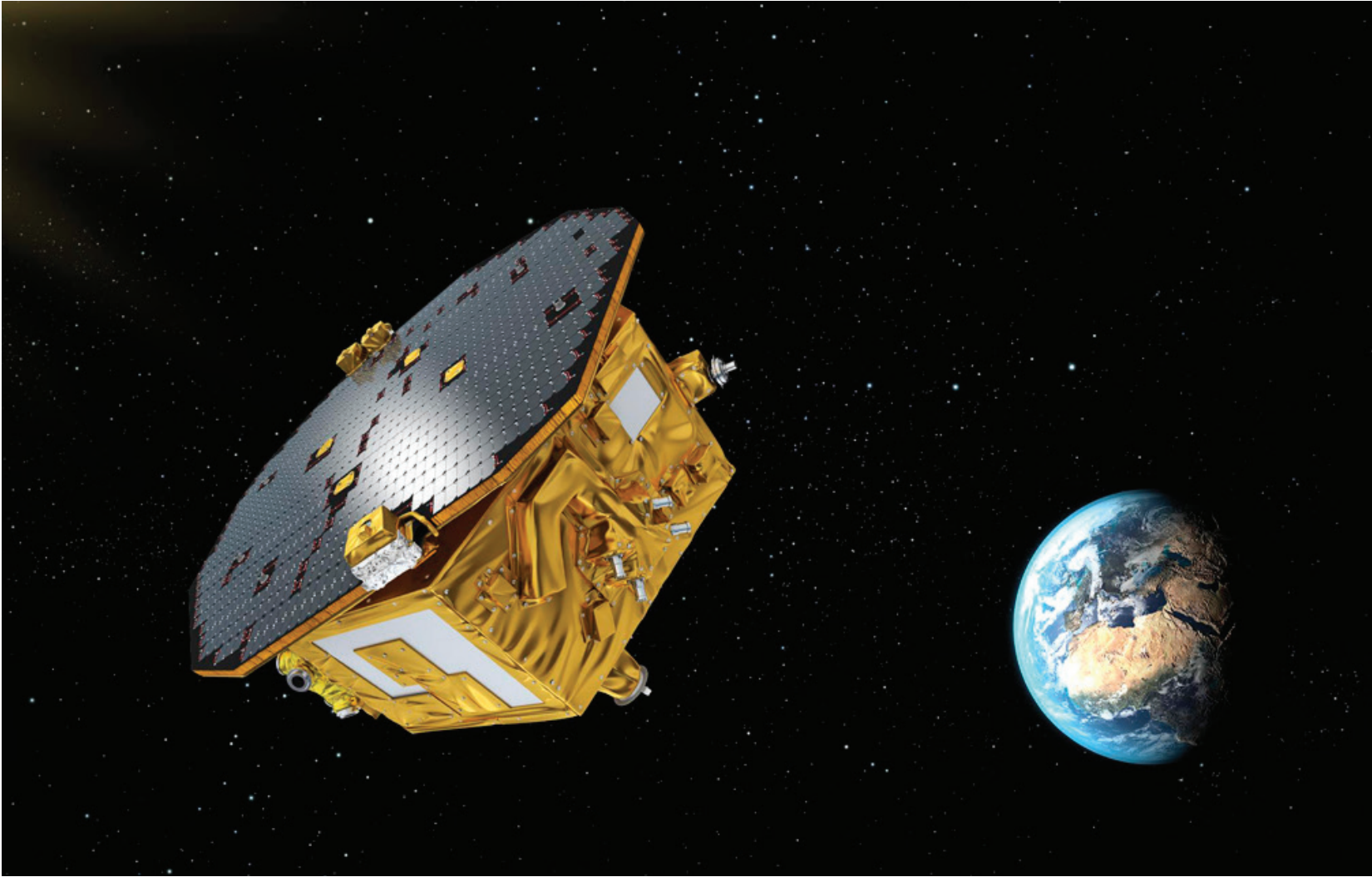
These requirements for Pathfinder were so challenging and unique that LISA Pathfinder flew two independent systems based on different designs -- one provided by NASA and one by ESA -- and ran tests with both during its 16-month mission.

“We were trying to hold it as stable as the width of a DNA helix,” said John Ziemer, systems lead for the U.S. thruster system at NASA’s Jet Propulsion Laboratory in Pasadena, California. “And we went down from there to the width of part of a DNA helix.”

JPL managed development of the thruster system, formally called the Space Technology 7 Disturbance Reduction System (ST7-DRS). The thrusters were developed by Busek Co., Inc., Natick, Massachusetts, with technical support from JPL. During the U.S. operations phase, Pathfinder was controlled using algorithms developed by ST7 team members at NASA’s Goddard Space Flight Center in Greenbelt, Maryland. This control system took inputs from the European sensors and sent commands to the thrusters to precisely guide the spacecraft along its path.

JPL finished primary mission experiments in the fall of 2016. In March and April of this year, they continued validating the algorithms used in stabilizing the spacecraft. They improved them through a number of tests.

“The main goal for us was to show we can fly the spacecraft drag-free,” Ziemer said. “The main force on the spacecraft comes from the Sun, from



photons with extremely tiny force that can subtly move the spacecraft.”

So why build something this sensitive to begin with?

LISA Pathfinder was just a starting point. The mission was led by ESA as a stepping-stone of sorts, proving the technology needed for an even more ambitious plan, the Laser Interferometer Space Antenna (LISA): a trio of spacecraft proposed to launch in 2034. With each spacecraft holding as still

as possible, they would be able to detect the ripples sent out across space by the merging of black holes.

These ripples, known as gravitational waves, have been a source of intense scientific interest in recent years. The ground-based Laser Interferometry Gravitational Wave Observatory detected gravitational waves for the first time in 2015.

But there’s a bigger role for thrusters like the ones on LISA Pathfinder. Ziemer said the operation of super-steady thrusters could serve as an alternative

to reaction wheels, the current standard for rotating and pointing spacecraft.

“This kind of technology could be essential for space telescopes,” Ziemer said. “They could potentially hold them still enough to image exoplanets, or allow for formation flying of a series of spacecraft.”

The thrusters are an enabling technology, opening up a magnitude of precision that simply wasn’t available before.



CHRISTOPHER Nyerges
THE URBAN WILDERNESS
Living with Coyotes

[Nyerges is a naturalist who teaches classes in botany and biology. He is the author of several books including “Enter the Forest,” “Extreme Simplicity,” “How to Survive Anywhere,” and others. He can be reached at www.SchoolofSelf-Reliance.com or Box 41834, Eagle Rock, CA 90041.]

Coyotes are fascinating members of the dog family. Today, there are found in virtually every city in the lower 48 states, and they seem to be able to survive anywhere.

I can recall my first coyote encounters during summer camp and while backpacking in the local Angeles National Forest just north of Sierra Madre. At first, I was sure that I was hearing other children and adults howling. The voices had such a chilling human-like quality that I could not believe they were coyotes. But my friends assured me were hearing a pack of coyotes, and we could hear

been here for perhaps thousands of years, and that it plays an important role in the local ecology.

According to U.S. Forest Service Wildlife Biologist Bill Brown, coyotes are mostly carnivorous. He explains that they are excellent hunters, often working in pairs, who feed primarily on rats, mice, ground squirrels, rabbits, insects, and carrion. (Did you notice that at least half of the animals eaten by coyotes can be carriers of plagues?)

Berries and backyard fruit comprise only a small portion of the coyotes’ diet, according to Brown (whom I interviewed for my “Enter the Forest” book). Still, coyotes are regarded as opportunists, and will not hesitate to capture and eat cats, small dogs, poultry, sheep, and other domestic animals as long as they are easier to capture than other wild animals.

All too often, people who move into mountain locations fail to adequately protect their pets, which become easy prey for a coyote. Brown points out that coyotes do not go after people,, and in the very



maybe 50 distinct voices.

That human-like voice is the reason so many scary camp-fire tales are told about coyotes, usually involved disappearing children who get raised in

Back then, during the naivete of childhood, it was easy to believe in the magical, mysterious, and mystical qualities of the coyote. These nocturnal animals could survive where few others animals could, and so supernatural qualities were often attributed to the coyote in myth and lore.

In fact, an entire branch of American Indian lore pertains to stories about Coyote, a Trickster who usually ends up getting caught in his own machinations. Coyote Trickster tales were akin to the morality stories found in all cultures.

Today, as we humans in the valleys below the mountains ever-expand our range, we encounter coyotes more and more frequently. A friend from South Pasadena who would get up around 4 a.m. for work, would report that he frequently saw a line of up to a dozen coyotes calmly walking down his hilly urban street. Yes, they are urban dwellers.

As the urban sprawl continues to sprawl, people move into the remote sites in the foothills and mountains and discover that their family cat has disappeared; all too often, it was some indigenous coyote’s dinner. These homeowners generally regard the coyote as a menace and an animal to be rid of. They quickly forget that the coyote has

rare instances where this has occurred, it was with unprotected toddlers in the mountain areas. To the coyote, the young child is a “fat hairless dog.”

Increased sightings of coyotes can occur for many reasons, such as lack of food in their normal area, or after wildfires when their territory is disrupted. But in general, coyotes – like bears and mountain lions – want nothing to do with people and will usually depart before they are spotted.

The coyote is a very adaptable animal, and its range is by no means restricted to the foothills. Its home range is about 16 square miles, and in some cases, as much as 100 square miles. Coyotes are known to travel through flood control channels, along freeways and city streets, and even sidewalks. The Los Angeles River and the Arroyo Seco are two easy routes for them to get from place to place. I’ve spotted them on the streets of Sierra Madre, Pasadena, Altadena, and surrounding areas.

It is not unusual to see coyotes running on the streets at night around the Rose Bowl. Coyotes are frequently found in foothill neighborhoods in Sierra Madre, especially on the night the trash cans are put out. (Make sure to have tight lids on your trash cans).

Wildlife Biologist Brown says we have no accurate idea how many coyotes are living in the Angeles National Forest, but that it could be in the thousands.



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
THE AMAZING WONDER OF A.G.E.

I have just celebrated my recent birthday. By now, it is getting to be old business

for me. Just another day of the year to celebrate something, which just happens to be my birthday.

I believe that if it is my birthday, I should be able to celebrate whatever birthday I want to celebrate. You are only as old as you celebrate.

I am not embarrassed at how old I am, I just sometimes cannot remember the exact figure. Some of my friends are rather legalistic along this line and are demanding the exact number of my birthday. Is it really that important? Does it really matter how old you are?

Well, if you spoke to some of my friends it matters to them. For those of us, however, who have experienced a succession of birthdays it does not really matter.

Thinking of my birthday this past week I was trying to figure out what was my best birthday. All of them had certain significance to them. For example, my 16th birthday allowed me to drive the car. However, I could only drive the car when my father said I could drive the car.

My 21st birthday was very important because I then could get married. Back then, you could not get married unless you were 21 years of age. Before that, you had to have your parent’s permission. I have asked my parents for many things throughout the years, but I think asking to get married is just crossing the line somewhere.

Every birthday starts a new year of adventure and excitement. When you get older, adventure and excitement sort of goes away a little bit. It can be exciting to celebrate another birthday and wonder where you going to be at when your next birthday comes around.

Some people feel it’s a little negative to get older. If you do not get older, it means that you have... Well, you know the rest of that sentence. I find nothing negative about getting older. I find certain amenities are associated with getting older that I could not cash in when I was younger.

When I was younger, I could not get away with much of anything. Now that I am older, I can get away with things because I have a few niches I can use. “I’m sorry,” I often say to the Gracious Mistress of the Parsonage, “I forgot all about that. You know I’m getting older now.”

She smiles and shakes an understanding head. It is wonderful to have an excuse for things of that nature.

For my birthday this year, I discovered something rather interesting. This year I discovered the amazing wonder of A.G.E. If you look at age from the proper perspective, you do get some very interesting enjoyments.

I suppose I should explain to you what I mean by A.G.E. It never occurred to me until this birthday celebration. A.G.E. is simply Aggressive Grumpy

Elegance. I never saw this before, but then of course I was not old enough to appreciate it.

When I was young, I noticed my grandfather had some rather grumpy sessions and I did not quite understand. Now that I am approaching my grandfather’s age, I appreciate that grumpy attitude. Oh, the wonder of Aggressive Grumpy Elegance.

If I ever thought youth was exciting, it is nothing compared to this A.G.E. that I am experiencing right now. It is so wonderful to be grumpy whenever you choose.

I know some people are grumpy because they are just grumpy. That has nothing to do with this wonderful Aggressive Grumpy Elegance that I have discovered.

It takes quite a few decades to master this kind of attitude. I am delighted to say I have reached that stage in my life and I am mastering this part of Aggressive Grumpy Elegance. I just cannot say it often enough.

For example, when I want a quiet afternoon and maybe take a little bit of a nap, the result of this would be somebody saying, “Stay away from grandpa, he’s acting a little grumpy today.” The key to that is “acting.”

Some people are grumpy because they are grumpy, but those of us who have reached a certain level in life are grumpy because we are acting grumpy and to act grumpy takes a great deal of thespian skill.

If someone, and I will not mention the real name here, wants me to go shopping with her, all I need to do is put on the grumpy act. “Well,” she will say, “I guess you’re too grumpy to go shopping with me today!”

The person who has reached this level of A.G.E. can turn it on when needed and turn it off when not needed. That is the “elegance” part of this whole business.

When the grandchildren are around making noise and excitement, I do not have to act grumpy. When their parents, however, come around that is the time when grumpy kicks in.

You have to know when to act grumpy and when not to act grumpy. That is the wonderful aspect of getting to the age I am at right now.

I believe Solomon understood this when he wrote, “The glory of young men is their strength: and the beauty of old men is the grey head” (Proverbs 20:29).

One of the great privileges in life is to earn that “grey head.” More important, to use that grey head in a positive, affirmative fashion.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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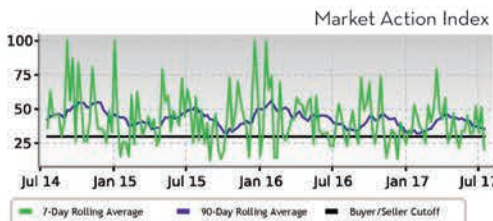
This Week in Sierra Madre

the median list price is \$1,012,000

Inventory has been decreasing lately, but the market action index is falling also. With the number of days-on-market climbing, these are relatively negative implications for the market.

Supply and Demand

The market has been cooling off consistently for several weeks, as more homes are available and demand is less. We have begun to see prices move lower as a result. If the MAI falls into the Buyer's zone, it is likely that prices continue their downward trend until we see some turnaround in Market Action.



The Market Action Index answers the question "How's the Market?" by measuring the current rate of sale versus the amount of inventory. Index above 30 implies Seller's Market conditions. Below 30, conditions favor the buyer.

Real-Time Market Profile	Trend
Median List Price	\$1,012,000
Asking Price Per Square Foot	\$590
Average Days on Market (DOM)	89
% with Price Decrease	35%
% Relisted (reset DOM)	31%
% Flip (price increased)	4%
Median House Size (sq. ft.)	2,314
Median Lot Size	8,001-10,000
Median # of Bedrooms	3.0
Median # of Bathrooms	2.5
Market Action Index	Seller's Advantage 35.7

Price

Again this week we see a downward notch for prices. Pricing has been weak in recent weeks and versus their absolute-high level. The Market Action Index is a good indication for the durability of this trend.



Quartiles

Characteristics per Quartile Investigate the market in quartiles, where each quartile is 25% of homes.

Quartile	Median \$	Sq. Ft.	Lot Size	Beds	Baths	Age	Inventory	New	Absorbed	DOM	
First	\$2,519,000	4,114	.5-1 acre	5.0	5.2	26	6	0	0	121	Upper 25%
Second	\$1,483,000	2,585	.25-.5 acres	3.0	3.0	70	6	0	1	131	Upper Middle 25%
Third	\$995,000	1,818	8-10,000 sq. ft.	3.0	2.0	79	7	2	0	60	Lower-Middle 25%
Fourth	\$858,000	1,456	8-10,000 sq. ft.	3.0	1.5	84	7	0	0	54	Lowest 25%

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SECTION B

AROUND SAN GABRIEL VALLEY

JOCKEY BRYAN PENA:

The Little Guy with the ENORMOUS Heart

By Joan Schmidt

It's been less than five years that I become an avid racing fan. Only because LA Mayor Villraigosa announced Santa Anita Park's Breeders Cup from Los Angeles, excluding Arcadia City officials! One phone call to Santa Anita Park, a ground's tour, and an interview with Jockey Joe Talamo at Ralph's; I was hooked.

Writing for the Mountain Views News opened the door to many memorable experiences-American Pharoah returning after winning the Triple Crown and Arrogate after Dubai. I have met so many wonderful people in the Industry-not only the jockeys, but owners, trainers and agents. I have been so impressed how unaffected everyone is, how they are never too busy to answer a question or pose for a photo.

Today I would like to give a shout out for Brayan Pena. He is truly one of the kindest guys around. Linda, also an avid fan recalled an incident which I must share. After races, the jockeys head back to the Jockey Room, pressed for time as they shower and put on new silks. Along the way are several benches, where one day, several special needs people sat. Brayan was heading back to the Jockey Room, but stopped and "high-fived" EACH one of them which was quite impressive. After a few minutes, Brayan came back outside with a big bag of goggles for each of them! Linda said she had never seen anything so wonderful-it meant so much to them.

One day, I was at Los Alamitos, and it was a boy's 4th birthday; he already had goggles, but his dad stopped Brayan in the tunnel, saying it was his son's birthday. Brayan didn't mind the boy already got his goggles; gave him another pair and posed for a photo with him. Later, I saw the thrilled boy and Dad run inside to tell Grandpa!

Brayan is a devoted husband and father and



so proud of his family. When I took photos on Mother's Day, he was so gracious, he asked Chance (Boulanger) to be in a photo too. Brayan was born in Guatemala; he came to this country at age seventeen and began by working horses. That was seven years ago. He has been in 877 races; 63 wins, 82 places, and 103 shows.

Thoroughbred racing is currently at Del Mar through September 4: Wednesdays-Sundays. If you can't get down there, Santa Anita has Simulcast Racing on those days with FREE admission and parking. Then The Thoroughbreds travel to Los Alamitos from September 7-24, Thursdays-Sundays; again Simulcast Racing at Santa Anita which opens officially September 29! See you there.

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Human trafficking is an epidemic across the world. This insidious modern day slavery is a hellish existence for those who are victim to it. In order to spread awareness of this phenomenon, the YWCA Pasadena is holding a discussion on Human Trafficking. We will have speakers joining us from A21, a non-profit organization who's mission is to end slavery, and the Coalition to Abolish Slavery and Trafficking, a Los Angeles-Based non-profit organization that is working to put an end to modern slavery and human trafficking through services to survivors and legislative action. They will be speaking on recognizing the signs of human trafficking, how to help, and sharing experiences of survivors.

SPEAKERS
Ashely Preston - A21
Jimmy Lopez - CAST Survivor Caucus
MODERATOR - Ernst Fenelon Jr.

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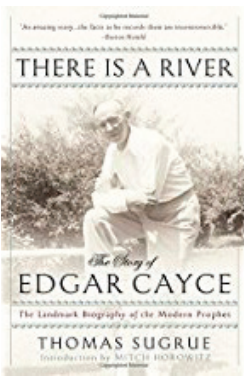
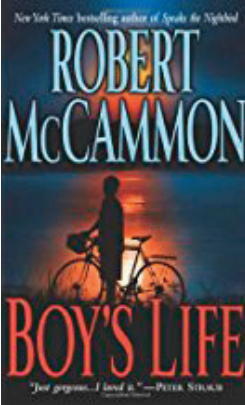


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Jeff's Book Pics

By Jeff Brown

Henry David Thoreau: A Life by Laura Dassow Walls
“Walden. Yesterday I came here to live.” That entry from the journal of Henry David Thoreau, and the intellectual journey it began, would by themselves be enough to place Thoreau in the American pantheon. His attempt to “live deliberately” in a small woods at the edge of his hometown of Concord has been a touchstone for individualists and seekers since the publication of Walden in 1854. But there was much more to Thoreau than his brief experiment in living at Walden Pond. A member of the vibrant intellectual circle centered on his neighbor Ralph Waldo Emerson, he was also an ardent naturalist, a manual laborer and inventor, a radical political activist, and more. Two hundred years after his birth, and two generations after the last full-scale biography, Walls restores Henry David Thoreau to us in all his profound, inspiring complexity. Walls traces the full arc of Thoreau’s life, from his early days in the intellectual hothouse of Concord, when the American experiment still felt fresh and precarious, and “America was a family affair, earned by one generation and about to pass to the next.” By the time he died in 1862, at only forty-four, Thoreau had witnessed the transformation of his world from a community of farmers and artisans into a bustling, interconnected commercial nation. What did that portend for the contemplative individual and abundant, wild nature that Thoreau celebrated? Drawing on Thoreau’s copious writings, published and unpublished, Walls presents a Thoreau vigorously alive in all his quirks and contradictions: the young man shattered by the sudden death of his brother; the ambitious Harvard College student; the ecstatic visionary who closed Walden with an account of the regenerative power of the Cosmos. We meet the man whose belief in human freedom and the value of labor made him an uncompromising abolitionist; the solitary walker who found society in nature, but also found his own nature in the society of which he was a deeply interwoven part. And, running through it all, Thoreau the passionate naturalist, who, long before the age of environmentalism, saw tragedy for future generations



in the human heedlessness around him.” “The Thoreau I sought was not in any book, so I wrote this one,” says Walls. The result is a Thoreau unlike any seen since he walked the streets of Concord, a Thoreau for our time and all time.

Boy's Life Mass Market by Robert McCammon
Don't miss the thrilling novel from a award-winning author McCammon, in a book that Publishers Weekly calls “both a mystery that will satisfy the most finicky aficionado and a boisterous travelogue.” Zephyr, Alabama, is an idyllic hometown for eleven-year-old Cory Mackenson—a place where monsters swim the river deep and friends are forever. Then, one cold spring morning, Cory and his father witness a car plunge into a lake—and a desperate rescue attempt brings his father face-to-face with a terrible vision of death that will haunt him forever. As Cory struggles to understand his father's pain, his eyes are slowly opened to the forces of good and evil that are manifested in Zephyr. From an ancient, mystical woman who can hear the dead and bewitch the living, to a violent clan of moonshiners, Cory must confront the secrets that hide in the shadows of his hometown—for his father's sanity and his own life hang in the balance. A wonderful book!

There Is a River: The Story of Edgar Cayce by Thomas Sugrue
A new edition of the landmark, worldwide bestseller on the life of the famed medical clairvoyant and founding father of the New Age: Edgar Cayce. Edgar Cayce (1877-1945) is known to millions today as the grandfather of the New Age. A medical clairvoyant, psychic, and Christian mystic, Cayce provided medical, psychological, and spiritual advice to thousands of people who swore by the effectiveness of his trance-based readings. But Cayce was not always a household name. When a young, skeptical journalist named Thomas Sugrue first met Cayce in 1927 the world had not yet heard of the “sleeping prophet.” During years of unique access, Sugrue completed his landmark biography, which on its publication in 1942 brought national attention to Cayce and stands as the sole record written during the seer's lifetime.

FAMILY MATTERS

By Marc Garlett



DO YOU REALLY NEED A WILL?

Most Americans do not have a simple will as part of their estate plan. You might believe that a will is only for the rich and famous, and not the average person who has a far smaller net worth. Or, you may think that a will is entirely unnecessary if you have a trust, jointly owned property, or have named beneficiaries on your insurance. So, to the question of the day – do you really need a will? The short answer is “yes.” In fact, everyone who owns anything - no matter how much or how little - should have a will. This is because a will puts you in charge of directing your wishes and the distribution of assets upon your death. Without a will or other estate plan you forfeit control and state law determine who gets what after your death. Even if you have a trust, jointly owned property, or have named beneficiaries on your insurance, a will is critically important as a “backup” plan. As a practical matter, the simpler your affairs are (and the fewer assets you own) the less complicated your will and overall estate plan needs to be. But keep in mind, it does not take much to complicate your estate, legally speaking. For example, if you have minor children you must name a guardian for those children in the event of your death – and not only in your will as most traditional estate plans do, that leaves holes which could cause your minor children to be placed into temporary foster care, something which no parent wants. Many people believe if they have made beneficiary designations on life insurance policies, property deeds or retirement accounts that a will is not necessary at all. While it is true those particular designations ensure the

people you intended receive benefits or inherit those assets, the distribution stops there. If there are other assets you own - such as a car, a china set, or jewelry for examples - or if you would like to give part of your estate to a charitable organization, a will becomes essential. Furthermore, when a person dies without a will (referred to as intestate), the estate goes into probate. Probate is a judicial process by which the court decides the rightful heirs and distribution of the assets of a deceased person. Going through probate without a will can be both more time consuming and expensive than it is with a will. This is because your will can waive certain probate requirements (like having the executor post a bond or obtain judicial approval to have an estate sale). And again, probate without a will follows the state's intestacy laws which may likely result in a less-than-perfect split of assets that may not be in line with the deceased's wishes and often leaves many surviving loved ones unhappy. Family dynamics also play a part in estate planning, something state intestacy laws do not account for. Many people have blended families. There may have been second or third marriages. Older couples may choose to cohabitate after a death or divorce and never legally get married. You may have to treat your children differently on current accounts due to distance, and without a will, those assets will not be distributed equitably. It is important to note that a will can also include a no contest clause, reducing the likelihood of potential heirs arguing over its contents. Creating a will as part of your estate plan is primarily about passing your wealth to your loved ones after you die since a will only “works” after it's gone through the probate court process. A will gives you both independence and control of what happens to your assets after your death. Instead of leaving the distribution of your property to California's intestacy laws, a will can put your wishes down on paper and direct a selected person to carry out your desires exactly as expressed. But before you decide a will is all you need, read my article next week to learn more about another, more comprehensive strategy -- the revocable living trust. Dedicated to empowering your family, building your wealth, and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



MID-YEAR BUSINESS PROGRESS CHECKLIST

Now that you have had almost a full month to compile and review information from your first six months of operations, are you satisfied with what you have been able to accomplish with your business this year? At the start of the year when you envisioned what was ahead, certainly you envisioned where you would like to be at year's end. Now is an ideal time to review your progress and update your gameplan to take you through the rest of the year. Begin with a review of your current goals and plans for this year, then determine if you have reached the milestones you noted for the first half of the year? If yes, pat yourself on the back. Congratulations are still in order if you have taken steps to make progress that was meaningful and measurable. You may not have hit the mark yet, but if you have moved closer to your goals, you can feel confident that you are on the right track. Now it's time to assess where you are now in relation to those goals, then recommit to the ones that remain relevant to your business success. It is equally important to remove the goals from the list that are no longer relevant to what you want or what you're willing to do. Win or lose, after every professional sports competition, there is some type of review process and analysis. Whether it is an individual or team sport, all athletes understand the importance of taking a look at what they did, and how they performed throughout the competition. This process always begins with the post-competition reflection that happens immediately following the game. Coaches and player alike are bombarded with questions as soon as the game has ended, and usually before they can make it off of the field of play. It is a

good idea to conduct the same type of “on the spot” interview with yourself to reflect on your performance as an entrepreneur, and be attentive to how you feel about how you executed your plan? What was done well? What can be done better? Is the outcome satisfactory? How is the business doing financially? Any important trends with sales so far this year? When are they higher or lower, and are you able to identify what is causing the fluctuation? Most importantly, what is the profit for the year? If you are unable to answer the financial questions easily, do you need to upgrade your accounting system or update your records to answer these fundamental questions? How are you doing in other areas like staffing, inventory, marketing, etc. The next step in the process is typically a more formal, structured review that includes everyone with direct involvement in the business. In sports, this usually entails a review of game footage to allow participants to isolate specific plays and moves, rewinding and freezing frames. It also allows for meaningful discussion about ways to improve next time. All entrepreneurs should schedule time to conduct a thorough review of each major aspect of their respective businesses and ask more indepth questions. Start by answering three questions for each major area of business operations. In what areas has the business performed best so far this year? What can be improved? What do I need to do and what am I willing to do to make the necessary improvements? This review process will give you the information needed to propel your business toward a strong finish during the second half of the year.

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PHYLLIS BATTLE PERFORMS AT SIERRA MADRE WOMEN'S CLUB ICE CREAM SOCIAL



Members of Sierra Madre Woman Club were treated to an up-close-and-personal performance by jazz recording artist, Phyllis Battle at the Essick House for the Annual Ice Cream Social and Concert event on Tuesday, June 25, 2017. Hands were clapping and feet were tapping as she performed classic jazz songs like Route 66 and Fever. She led the members in a lively sing-along during a medley of several songs she sang many times during the 16 years she was a member of the legendary 5th Dimension. She closed with “You're A Classic,” a song from her Grammy-nominated CD, “Night Flight” produced by the late, iconic jazz drummer, Billy Higgins and pianist Cedar Walton.

Her performance was like a delicious cherry to top off a sweet afternoon.

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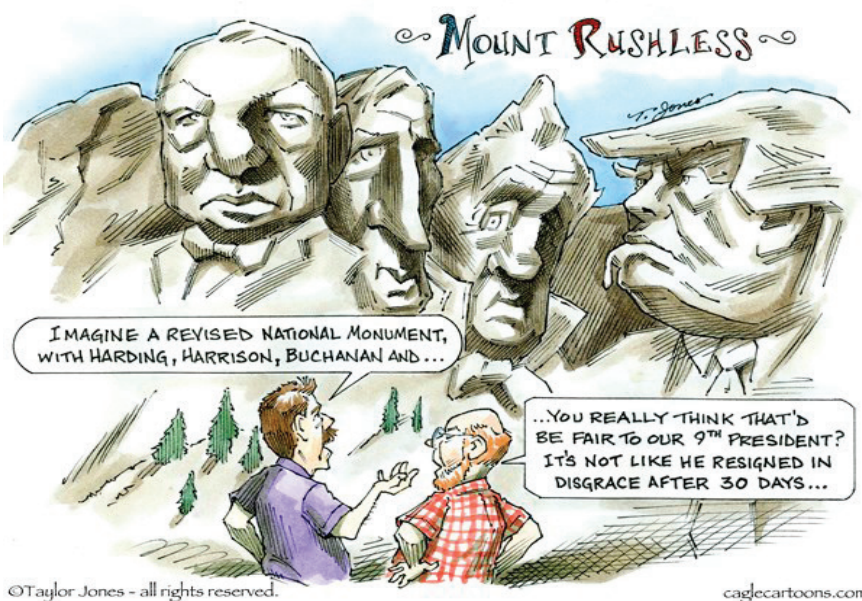
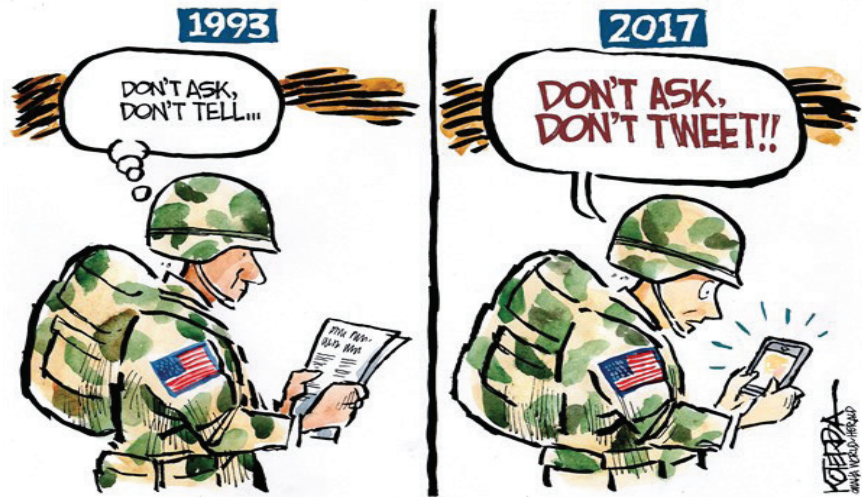
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



TOM PURCELL

TURN OFF D.C.'S AC



I went to an outdoor event in Washington, D.C., last week. Boy, was it hot under the noon sun.

It was so hot, I saw a mother swipe a Popsicle from her own child. I saw a Republican share an air-conditioned cab with a Democrat. I saw senators engage in civil conversation with each other so they could spend more time in their air-conditioned chambers.

In any event, I read, with interest, a Washington Post story that described how D.C. used to be, prior to the advent of air conditioning.

As it goes, in 1909 President William Howard Taft used electric fans blowing over bins of ice in the attic to attempt to cool the White House. It didn't work so well. Taft slept outside on a specially built White House porch to keep cool at night.

In 1914, Woodrow Wilson avoided the unbearable heat by moving into a tent in the Rose Garden.

President Calvin Coolidge "fought the humid summer months by making sure 'a gadget filled with chemicals supposed to purify, or at least deodorize, the air' was on his desk at all times," according to WhiteHouseHistory.org.

Air conditioning sure has changed Washington and the rest of the country - and not always for the better.

Before air conditioning, the heat drove us outside and brought us together. In the old days, friends sought the shade of trees or a refreshing dip in a lake or river. In the evening, neighbors sat on front porches, sipping lemonade and telling stories. At night, folks slept in groups at parks or, in Washington, along the banks of the Potomac.

Even in the 1970s, when I was a kid, few homes had air conditioning. Our windows were always open. At night, you could hear neighbors talking, a distant baby crying and Pirates announcer Bob Prince calling a game on somebody's porch radio: "He missed it by a gnat's eyelash!" In the mornings, I'd wake early to the sound of chirping birds. I could smell the cool dew outside my window and the toast and scrambled eggs my father was cooking in the kitchen.

But air conditioning has ruined such sensations. In the neighborhood where I grew up, every house is sealed these days. All you hear outside is the constant hum of air conditioners running.

Air conditioning has changed our architecture. Homes used to have high ceilings, cross-ventilation and large hallways to dissipate heat. Now we live in efficient ranches or over-designed suburban monstrosities that put the porch in the back and the garage in the front.

Commercial buildings used to have windows that opened, but that isn't necessary anymore. Today's glass-plated buildings are designed to keep the light and air out, so that we are oblivious to whatever season it may be.

But these annoyances are nothing compared to the way air conditioning has changed Washington. Before air conditioning, federal agencies routinely shut down when the heat got too high, giving them that much less time to think up ways to spend our money.

When Congress got air conditioning in the late 1920s, America took a turn for the worse. Before air conditioning, Washington was empty from mid-June to September. Now, free from worries about the heat and humidity, our Republican Congress is finding all kinds of opportunities to renege on their promises to fix health care, lower our taxes and unleash the economy.

Perhaps if we shut off their taxpayer-funded AC they might be more prone to come to a much-needed consensus?

We've had enough of their hot air. Maybe a dose of Mother Nature's hot air will bring them to their senses.

©2017 Tom Purcell. Tom Purcell, author of "Misadventures of a 1970's Childhood" and "Wicked Is the Whiskey," a Sean McClanahan mystery novel, both available at Amazon.com, is a Pittsburgh Tribune-Review humor columnist

LEFT TURN/RIGHT TURN/CENTER

JOHN L. MICEK



TRUMP'S TRANSGENDER BAN IS A DISGUSTING POLITICAL TRICK

President Donald Trump, who went to a private military academy and avoided service in Vietnam while heroes like Sen. John McCain languished in North Vietnamese prison camps, has made one of the most appallingly cynical calculations of his appalling cynical presidency.

In a series of Tweets, and apparently without apprising the Pentagon, Trump announced Wednesday that he was banning transgender Americans from serving in the military, possibly expelling thousands who are already serving.

"After consultation with my generals and military experts, please be advised that the United States Government will not accept or allow transgender individuals to serve in any capacity in the U.S. military," Trump wrote. "Our military must be focused on decisive and overwhelming victory and cannot be burdened with the tremendous medical costs and disruption that transgender in the military would entail."

It rapidly became apparent, however, that when Trump talks about "overwhelming victory," what he actually means is shoring up his base in the Rust Belt states he won or narrowly won in 2016 (including my home state of Pennsylvania.).

Speaking to the online news service Axios, an "administration official" quickly laid bare this dysfunctional White House's true motivations for the ban:

"This forces Democrats in Rust Belt states like Ohio, Michigan and Wisconsin to take complete ownership of this issue," the unnamed official told White House reporter Jonathan Swan. "How will blue-collar voters in these states respond when senators up for re-election in 2018 like [Sen.] Debbie Stabenow [of Michigan] are forced to make their opposition to this a key plank of their campaigns?"

Even by the odious standards of this administration, that's a politically disgusting calculus and a morally repugnant argument to make.

As The Washington Post's Greg Sargent reports, citing a RAND Corp. study, about 4,000 transgender Americans now serve in the military. Their blood, one assumes, is just as red as any other soldier's. And they serve, one presumes, just as proudly as any other soldier. The only difference being one of gender identity.

Trump's about-face (surely, he remembers the term from his years at New York Military Academy) reverses an Obama administration policy.

Defense Secretary James Mattis, who supports trans service, and who, as Slate reports, "vigorously lobbied" against a narrowly defeated amendment barring the military from providing transition-related medical services to trans soldiers, was conducting his own review of the policy.

That review was supposed to be completed in December, as The Post reported. And it's not clear why Trump put it on the fast track. Nor is it clear, as Slate notes, which "generals and military experts" were pushing for a ban on trans service.

As Slate reported, the trans policy formulated by former Defense Secretary Ash Carter enjoyed "broad" support, particularly in the wake of the successful lifting of the "Don't Ask, Don't Tell" policy that barred gay and lesbians from serving openly.

In June, Mattis imposed a six-month delay, citing, per Slate, the "views of the military leadership and of the senior civilian officials now arriving" in the Defense Department.

Trump was also facing external pressure from conservative activists, such as the Family Research Center, to undo the Obama-era policy.

Still, there is no evidence to suggest, as Trump claims, that transgender service imposes unreasonable costs on the military. A 2014 journal article indicates that the opposite is true. Nor is there any deleterious effect on unit morale or cohesion - which was the same ridiculous argument made to keep women out of certain military roles.

The only answer, sadly, is naked politics. And that's an insult to every service member who has pledged to defend the Constitution that protects all Americans, including the transgender ones whom Trump so cruelly targeted with his heartless announcement.

An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.

JOE GUZZARDI



TRUMP VOTERS TO PREZ: KISS AND MAKE UP WITH SESSIONS

Succinctly stated, President Trump needs all the friends he can get. When Trump was a 1,000:1 long-shot presidential candidate, then-Senator, now Attorney General Jeff Sessions went to bat for the embattled real estate mogul, a courageous move that estranged him from most of his congressional colleagues.

Sessions was drawn to Trump because of his strong immigration enforcement platform. Since Trump's election, much of his immigration agenda, including most prominently the wall, has been stalled. President Trump has waffled on several immigration pledges, too, like ending deferred action for childhood arrivals, DACA, and tightening up on employment-based temporary visas. Only Sessions' vigorous commitment to internal enforcement - vigorous at least when compared to previous administrations - has saved President Trump from an open revolt championed by his base.

Under the new administration's leadership and prompted by President Trump's executive orders that gave broader authority to agents, Immigration and Customs Enforcement's stepped-up removals have led to a sharp decline in illegal border crossings. ICE has arrested more than 41,300 aliens since President Trump's inauguration and through April 29, a 38 percent increase from the same period in 2016. Nearly 75 percent of the arrested aliens have convictions for violent crimes that include homicide, rape, kidnapping and assault. The AG's next removal targets are criminal aliens harbored in the nation's 300 sanctuary cities.

Sessions has overseen the escalated campaign to remove aliens, especially criminals, but also as Department of Homeland Security John Kelly stated in February anyone illegally present.

But the recent dust-up between President Trump and Sessions threatens all the AG has accomplished. In, of all places, a New York Times interview, President Trump excoriated Sessions for recusing himself from the Russia investigation, and piled on when he said that he would never have appointed the Alabama senator had he known beforehand his intentions. The media, always eager to stir up trouble, made much of President Trump's criticism, and futilely hoped that Sessions would resign.

President Trump can count on one hand his Capitol Hill friends, and last week he called out GOP leaders for their failure to get on board. In a series of frustrated tweets, President Trump wrote that it is "very sad" that Republicans "do very little to protect their president," including those in Congress during the 2016 election who he carried "over the line on my back."

Although President Trump didn't name names, top on his list should be Senate Majority Leader Mitch McConnell and House Speaker Paul Ryan. McConnell, during his 30-year Senate career, has supported more overseas workers, and been weak on ending amnesty enticements. Ryan isn't much better, and is a particularly strong refugee resettlement advocate. McConnell and Ryan should be President Trump's staunchest advocates, but they're more aligned with the Democratic opposition.

President Trump is the nation's first dogless chief executive since William McKinley, 1897-1901. Without a pet pooch, President Trump needs to keep his friends close. Sessions' credentials as an ally are impeccable, and President Trump is foolish to publicly malign him.

Joe Guzzardi is a Californians for Population Stabilization Senior Writing Fellow. Contact him at joeguzzardi@capsweb.org and on Twitter @joeguzzardi19.



We'd like to hear from you! What's on YOUR Mind?

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-164718 The following person(s) is (are) doing business as: THE DELI STOP, 927 S CEDAR AVE, INGLEWOOD, CA 90301. Full name of registrant(s) is (are) STEVE MARTIN SOTO, 927 S CEDAR AVE, INGLEWOOD, CA 90301. This Business is conducted by: AN INDIVIDUAL. Signed: STEVE MARTIN SOTO. This statement was filed with the County Clerk of Los Angeles County on 06/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-166995 The following person(s) is (are) doing business as: TOPAZ ENTERPRISE, LLC, 554 E. BRETT ST. #B, INGLEWOOD, CA 90302. Full name of registrant(s) is (are) TOPAZ ENTERPRISE, LLC, 554 E. BRETT ST. #B, INGLEWOOD, CA 90302. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: KELVIN L. WILKINS. This statement was filed with the County Clerk of Los Angeles County on 06/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-167148 The following person(s) is (are) doing business as: VENTURE CHUMS, 3118 OHIO AVE, SOUTH GATE, CA 90280. Full name of registrant(s) is (are) CHRISTOPHER DANIEL DELUCO, 3118 OHIO AVE, SOUTH GATE, CA 90280; JORGE RAMOS, 3118 OHIO AVE, SOUTH GATE, CA 90280. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JORGE RAMOS. This statement was filed with the County Clerk of Los Angeles County on 06/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

The use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-167236 The following person(s) is (are) doing business as: VICTOR'S BODY SHIP, 5860 S. LOS ANGELES ST., LOS ANGELES, CA 90003. Full name of registrant(s) is (are) VICTOR MANUEL VASQUEZ LOPEZ, 5860 S. LOS ANGELES ST., LOS ANGELES, CA 9003; JOSE B VASQUEZ LOPEZ, 843 W 80TH ST APT 10, LOS ANGELES, CA 90044. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: VICTOR MANUEL VASQUEZ LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 06/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2016. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-163712 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: ADRIANA SHERNA, 1535 E HELMAN ST # 4, LONG BEACH CA 90813, has/ have abandoned the use of the fictitious business name: ADRIANA'S PROCESSING CENTER, 1535 E HELLMAN ST #4, LONG BEACH CA 90813. The fictitious business name referred to above was filed on 12/23/2016, in the county of Los Angeles. The original file number of 201631144. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/23/2017. The business information in this statement is true and correct. (A registrant who declares above information which he or she knows to be false, is guilty of a crime.) ADRIANA SHERNA/ OWNER. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-166256 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: POMEROY AVE, LOS ANGELES, CA 90033, has/ have abandoned the use of the fictitious business name: BANLANCE VITAMIN, 2710 POMEROY AVE, LOS ANGELES, CA 90033. The fictitious business name referred to above was filed on 05/26/2017, in the county of Los Angeles. The original file number of 2017157405. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/27/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) KEVIN AGUAYO/ OWNER. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-163856 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: JIE QING HUANG, 5038 CLOVERLY AVE, TEMPLE CITY, CA 91780, has/ have abandoned the use of the fictitious business name: N FRIEGHS, 9250 SWINTON AVE., NORTH HILLS, CA 91343. The fictitious business name referred to above was filed on 01/31/2013, in the county of Los Angeles. The original file number of 2010429441. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/27/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JIE QING HUANG/ OWNER. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-163029 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: MARIA GONZALEZ FLORES, 1017 S. BLUFF RD APT 10, MONTEBELLO, CA 90640, has/ have abandoned the use of the fictitious business name: REDBOUQUET, 1017 S. BLUFF RD APT 10, MONTEBELLO, CA 90640. The fictitious business name referred to above was filed on 03/22/2017, in the county of Los Angeles. The original file number of 2017072661. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/29/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) MARIA GONZALEZ FLORES/ OWNER. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-168211 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: DUNIA ALEX SAMARIN, 5621 PIONEER BLVD., WHITTIER, CA 90601, has/ have abandoned the use of the fictitious business name: WOOLFER BRAND, 5621 PIONEER BLVD., WHITTIER, CA 90601. The fictitious business name referred to above was filed on 01/20/2017, in the county of Los Angeles. The original file number of 2017016333. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/29/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) LUIS POSADA/ PRESIDENT. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FILE NO. 2017-167245 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: ADAT NETZER YISRAIL INC., 25085 ALTA VISTA DR., MORENO VALLEY, CA 92557, has/ have abandoned the use of the fictitious business name: ADAT NETZER YISRAIL, 25085 ALTA VISTA DR., MORENO VALLEY, CA 92557. The fictitious business name referred to above was filed on 07/27/2012, in the county of Los Angeles. The original file number of 2012151210. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/28/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) LUIS POSADA/ PRESIDENT. Publish: Mountain Views News Dates Pub: JULY 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017166789 The following person(s) is (are) doing business as: GRANDIER BORDEN, 12813 BORDEN AVE., SYLMAR, CA 91342. Full name of registrant(s) is (are) ANDY MIRANDA 12813 Borden Ave., Sylmar, CA 91342 and JOSE A. JIMENEZ 12813 Borden Ave., Sylmar, CA 91342. This Business is conducted by: General Partnership. Signed: Andy Miranda, Partner. This statement was filed with the County Clerk of Los Angeles County on 6/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017161612 The following person(s) is (are) doing business as: ISLAND COIN LAUNDRY 7143 SEPULVEDA BLVD., VAN NUYS, CA 914601. Full name of registrant(s) is (are) OASIS COIN LAUNDRY, LLC, 2906 W. VICTORY BLVD., BURBANK, CA 91505. This Business is conducted by: LLC. Signed: Oasis Coin Laundry, LLC by Jasuis Menendez, Member. This statement was filed with the County Clerk of Los Angeles County on 6/22/17. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2017165249 The following person(s) is (are) doing business as: ARS JEWELRY 610 S. BROADWAY, LOS ANGELES, CA 90014. Full name of registrant(s) is (are) GREEN CLOSET MARKETING GROUP INC., 6123 ATOLL AVE. VAN NUYS, CA. 91401. This Business is conducted by: A Corporation. Signed: Green Closet Marketing Group, Inc., Bradley Dawn, Secretary. This statement was filed with the County Clerk of Los Angeles County on 6/27/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017164132 The following person(s) is (are) doing business as: LACP 15419 KADOTTA STREET SYLMAR, CA 91342. Full name of registrant(s) is (are) LEONARDO FUENTES MUNZO 15419 KADOTTA STREET SYLMAR, CA 91342. This Business is conducted by: An Individual. Signed: LEONARDO FUENTES MUNZO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 6/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017166926 The following person(s) is (are) doing business as: ARS JEWELRY 610 S. BROADWAY, LOS ANGELES, CA. 90014. Full name of registrant(s) is (are) ARSEN OIHANYAN 610 S. BROADWAY, #414 LOS ANGELES, CA. 90014. This Business is conducted by: An Individual. Signed: Arsen Oihanyan, Owner. This statement was filed with the County Clerk of Los Angeles County on 6/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017166932 The following person(s) is (are) doing business as: HAPPY PAWS GROOMING SALON 16156 SAN FERNANDO MISSION, GRANADA HILLS, CA. 91344. Full name of registrant(s) is (are) IRLANDA RIOS TORRES 9250 SWINTON AVE., NORTH HILLS, CA. 91343 and SAUL TORRES CHAVEZ 9250 SWINTON AVE., NORTH HILLS, CA. 91343. This Business is conducted by: General Partnership. Signed: Kevin Torres, Partner. This statement was filed with the County Clerk of Los Angeles County on 6/28/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017167482 The following person(s) is (are) doing business as: SYDNEE ROSE FOOT SPA AND NAIL SALON 9647 RESEDA BLVD., NORTHBRIDGE, CA. 91324. Full name of registrant(s) is (are) NGUYET LAM 8349 OAKVIEW AVE., NORTH HILLS, CA. 91306. This Business is conducted by: AN INDIVIDUAL. Signed: NGUYET LAM, OWNER. This statement was filed with the County Clerk of Los Angeles County on 7/1/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017167722 The following person(s) is (are) doing business as: MIL ARMSTRONG, 1621 MONTANA ST., #1621, LOS ANGELES, CA. 90026. Full name of registrant(s) is (are) JOSE LORENZO COREAS 1621 MONTANA ST., #1621, LOS ANGELES, CA. 90026. This Business is conducted by: An Individual. Signed: Jose Lorenzo Coreas, Owner. This statement was filed with the County Clerk of Los Angeles County on 6/29/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017167997 The following person(s) is (are) doing business as: STARCRAFT TALENT AGENCY 27525 NEWHALL RANCH RD., STE. 7 2nd FLOOR, VALENCIA, CA. 91355. Full name of registrant(s) is (are) PAULA McCAFFEE 13311 NORRIS AVE., SYLMAR, CA. 91342. This Business is conducted by: An Individual. Signed: Paula McCAfee. Owner. This statement was filed with the County Clerk of Los Angeles County on 6/29/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017168524 The following person(s) is (are) doing business as: H & H INVESTMENTS 8728 ZELZAH AVE., NORTHBRIDGE, CA. 91325. Full name of registrant(s) is (are) EVERGREEN SOLAR & CONSTRUCTION, INC. 8728 ZELZAH AVE., NORTHBRIDGE, CA. 91325 and HUGO GUTIERREZ 3810 WILSHIRE BLVD., #1910, LOS ANGELES, CA. 90010. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: EVERGREEN SOLAR & CONSTRUCTION, INC. BY HARON HELMAR, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 6/29/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017168492 The following person(s) is (are) doing business as: ESOLIS LANDSCAPING & ASSOCIATES 8401

MINUET PL., PANORAMA CITY, CA. 91402 and ESOLIS LANDSCAPING & ASSOCIATES P.O. BOX 10084, BEVERLY HILLS, CA. 90213. Full name of registrant(s) is (are) EVERARDO SOLIS MORALES 8401 MINUET PL., PANORAMA CITY, CA. 91402. This Business is conducted by: Individual. Signed: Everardo Solis Morales, Owner. This statement was filed with the County Clerk of Los Angeles County on 6/29/2017.

The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017168859 The following person(s) is (are) doing business as: BISHOP FILMS 14142 VICTORY BLVD. - 204, VAN NUYS, CA. 91401. Full name of registrant(s) is (are) JUSTIN WIECZONEK 14142 VICTORY BLVD. - 204, VAN NUYS, CA. 91401. This Business is conducted by: An Individual. Signed: Justin Wiecezonek, Owner. This statement was filed with the County Clerk of Los Angeles County on 6/30/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/30/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017171271 The following person(s) is (are) doing business as: OHEL RACHEL 18750 OXNARD ST. #401, TARZANA, CA. 91356. Full name of registrant(s) is (are) OHEL RACHEL BETH MIDRASHI, INC. 18750 OXNARD ST. #401, TARZANA, CA. 91356. This Business is conducted by: A Corporation. Signed: OHEL RACHEL BETH MIDRASHI, INC., MEHRAN SIMON MAHPHRI, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 7/5/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017170270 The following person(s) is (are) doing business as: DARNELL MERCHANDISE 11146 KESWICK ST., SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) JOSHUA ZACHARIAS SAGE DARNELL 11146 KESWICK ST., SUN VALLEY, CA. 91352. This Business is conducted by: An Individual. Signed: Joshua Zacharias Sage Darnell, Owner. This statement was filed with the County Clerk of Los Angeles County on July 3, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017171482 The following person(s) is (are) doing business as: VILLA PRODUCE 27334 MANSANITA LN #202, CANYON COUNTRY, CA. 91387. Full name of registrant(s) is (are) GILDARDO VILLA NUNEZ 27334 MANSANITA LN #202, CANYON COUNTRY, CA. 91387. This Business is conducted by: An Individual. Signed: Gildardo Villa Nunez, Owner. This statement was filed with the County Clerk of Los Angeles County on 7/5/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017171605 The following person(s) is (are) doing business as: VISTA HAVEN ROASTERY, 3515 VISTA HAVEN ROAD, SHERMAN OAKS, CA. 91403. Full name of registrant(s) is (are) BEHSHAD SHOKOUIH 3515 VISTA HAVEN ROAD, SHERMAN OAKS, CA. 91403. This Business is conducted by: An Individual. Signed: Behshad Shokouhi, Owner. This statement was filed with the County Clerk of Los Angeles County on 7/5/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017171605 The following person(s) is (are) doing business as: SHERMAN OAKS, CA. 91403. Full name of registrant(s) is (are) BEHSHAD SHOKOUIH 3515 VISTA HAVEN ROAD, SHERMAN OAKS, CA. 91403. This Business is conducted by: An Individual. Signed: Behshad Shokouhi, Owner. This statement was filed with the County Clerk of Los Angeles County on 7/5/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017168524 The following person(s) is (are) doing business as: H & H INVESTMENTS 8728 ZELZAH AVE., NORTHBRIDGE, CA. 91325. Full name of registrant(s) is (are) EVERGREEN SOLAR & CONSTRUCTION, INC. 8728 ZELZAH AVE., NORTHBRIDGE, CA. 91325 and HUGO GUTIERREZ 3810 WILSHIRE BLVD., #1910, LOS ANGELES, CA. 90010. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: EVERGREEN SOLAR & CONSTRUCTION, INC. BY HARON HELMAR, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 6/29/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News July 8, 15, 22, 29, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017168492 The following person(s) is (are) doing business as: ESOLIS LANDSCAPING & ASSOCIATES 8401

NOTICE OF PETITION TO ADMINISTER ESTATE OF: RICHARD THOMAS SOKOL CASE NO. 17STPB04667

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of RICHARD THOMAS SOKOL.

A