

HEAT WAVE TO CONTINUE ANOTHER WEEK

Be Red Cross Ready

Heat Wave Safety Checklist

In recent years, excessive heat has caused more deaths than all other weather events, including floods. A heat wave is a prolonged period of excessive heat, often combined with excessive humidity. Generally temperatures are 10 degrees or more above the average high temperature for the region during summer months, last for a long period of time and occur with high humidity as well.

Know the Difference

Excessive Heat Watch—Conditions are favorable for an excessive heat event to meet or exceed local Excessive Heat Warning criteria in the next 24 to 72 hours.

Excessive Heat Warning—Heat Index values are forecast to meet or exceed locally defined warning criteria for at least 2 days (daytime highs=105-110° Fahrenheit).

Heat Advisory—Heat Index values are forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs=100-105° Fahrenheit).

How can I prepare?



- ❑ Listen to local weather forecasts and stay aware of upcoming temperature changes.
- ❑ The heat index is the temperature the body feels when the effects of heat and humidity are combined. Exposure to direct sunlight can increase the heat index by as much as 15° F.
- ❑ Discuss heat safety precautions with members of your household. Have a plan for wherever you spend time—home, work and school—and prepare for the possibility of power outages.
- ❑ Check the contents of your emergency preparedness kit in case a power outage occurs.
- ❑ Know those in your neighborhood who are elderly, young, sick or overweight. They are more likely to become victims of excessive heat and may need help.
- ❑ If you do not have air conditioning, choose places you could go to for relief from the heat during the warmest part of the day (schools, libraries, theaters, malls).
- ❑ Be aware that people living in urban areas may be at greater risk from the effects of a prolonged heat wave than are people living in rural areas.
- ❑ Get trained in first aid to learn how to treat heat-related emergencies.
- ❑ Ensure that your animals' needs for water and shade are met.

What should I do during a heat wave?



- ❑ Listen to a NOAA Weather Radio for critical updates from the National Weather Service (NWS).
- ❑ Never leave children or pets alone in enclosed vehicles.
- ❑ Stay hydrated by drinking plenty of fluids even if you do not feel thirsty. Avoid drinks with caffeine or alcohol.
- ❑ Eat small meals and eat more often.
- ❑ Avoid extreme temperature changes.
- ❑ Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun's rays.
- ❑ Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- ❑ Postpone outdoor games and activities.
- ❑ Use a buddy system when working in excessive heat.
- ❑ Take frequent breaks if you must work outdoors.
- ❑ Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.
- ❑ Check on your animals frequently to ensure that they are not suffering from the heat.

Recognize and care for heat-related emergencies ...



- Heat cramps** are muscular pains and spasms that usually occur in the legs or abdomen caused by exposure to high heat and humidity and loss of fluids and electrolytes. Heat cramps are often an early sign that the body is having trouble with the heat.
- Heat exhaustion** typically involves the loss of body fluids through heavy sweating during strenuous exercise or physical labor in high heat and humidity.
- ❑ Signs of heat exhaustion include cool, moist, pale or flushed skin; heavy sweating; headache; nausea; dizziness; weakness; and exhaustion.
- ❑ Move the person to a cooler place. Remove or loosen tight clothing and apply cool, wet cloths or towels to the skin. Fan the person. If the person is conscious, give small amounts of cool water to drink. Make sure the person drinks slowly. Watch for changes in condition.
- ❑ If the person refuses water, vomits or begins to lose consciousness, **call 9-1-1** or the local emergency number.
- Heat stroke** (also known as sunstroke) is a life-threatening condition in which a person's temperature control system stops working and the body is unable to cool itself.
- ❑ Signs of heat stroke include hot, red skin which may be dry or moist; changes in consciousness; vomiting; and high body temperature.
- ❑ Heat stroke is life-threatening. **Call 9-1-1** or the local emergency number immediately.
- ❑ Move the person to a cooler place. Quickly cool the person's body by giving care as you would for heat exhaustion. If needed, continue rapid cooling by applying ice or cold packs wrapped in a cloth to the wrists, ankles, groin, neck and armpits.

Let Your Family Know You're Safe

If your community experiences a disaster, register on the American Red Cross Safe and Well Web site available through RedCross.org to let your family and friends know about your welfare. If you don't have Internet access, call 1-866-GET-INFO to register yourself and your family.



For more information on disaster and emergency preparedness, visit RedCross.org.

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LOCAL GIRL SCOUT ENGINEERS LEGO PROGRAM FOR THE SIERRA MADRE PUBLIC LIBRARY

When local Girl Scout, Maya Ledesma, requested to complete her Gold Award Project at the Sierra Madre Public Library, no one could have imagined she'd reach such great heights.

Along with local Daisy Troop 5871 from Sierra Madre Elementary, Maya collaborated with the Library and local schools to hold a LEGO donation drive, cleaned and sorted the donations, and started a weekly Friday LEGO program which attracted nearly 600 people during 9 programs this summer.

This isn't the end for Maya and the Library LEGOs. The weekly LEGO Play Day has become a programming staple and will continue every Friday throughout the school year with new hours. Congratulations to Maya and the Troop 5871 for a job well done.



EQUESTRIANS SET TO RIDE IN 2018 ROSE PARADE®

PASADENA, Calif. (August 31, 2017) – Tournament of Roses® 2018 President Lance Tibbet is proud to announce 20 outstanding equestrian groups to ride in the 129th Rose Parade presented by Honda, themed "Making a Difference."

The equestrian groups selected are (listed alphabetically):

- 1st Cavalry Division Horse Cavalry Detachment (Fort Hood, Texas)
- Broken Horn Ropers (Baldwin Park, California)
- Budweiser Clydesdales (St. Louis, Missouri)
- California Highway Patrol Mounted Patrol Unit (Sacramento, California)
- Long Beach Mounted Police (Long Beach, California)
- Los Angeles County Sheriff's Department Mounted Enforcement Detail (Los Angeles, California)
- The Los Angeles Police Department Metropolitan Division Mounted Platoon, Honor Guard, Bagpipe & Drum Band (Los Angeles, California)
- Los Hermanos Bañuelos Charro Team (Altadena, California)
- Mane Attraction Equestrian Drill Team (Riverside, California)
- Mini Therapy Horses (Calabasas, California)
- The New Buffalo Soldiers (Shadow Hills, California)
- The Norco Cowgirls & The Little Miss Norco Cowgirls Rodeo Drill Teams (Norco, California)
- Ramona - California's Official Outdoor Play (Hemet, California)
- Scripps Miramar Ranch (San Diego, California)
- So Cal Mini Horse Sanctuary, Inc. (Hemet, California)

Spirit of the West Riders (Leona Valley, California)
United States Marine Corps Mounted Color Guard (Barstow, California)

The Valley Center Vaqueros (Valley Center, California)

The Valley Hunt Club (Pasadena, California)
Wells Fargo Stagecoaches (Meeker, Oklahoma)

Equestrians participating in the Rose Parade showcase a variety of breeds as well as unique tack and costumes. All riders must have previous parade riding experience. In addition to riding in the five and a half mile-long Rose Parade route on Monday, January 1, these equestrian groups are invited to take part in Equestfest presented by Wells Fargo, which will take place on Friday, December 29, 2017, at the Los Angeles Equestrian Center. During Equestfest, groups perform trick riding, drills, dancing and roping skills, and attendees can walk through the stables and speak with the riders.

About the Pasadena Tournament of Roses®

The Tournament of Roses is a volunteer organization that hosts America's New Year Celebration® with the Rose Parade® presented by Honda, the Rose Bowl Game® presented by Northwestern Mutual and a variety of accompanying events. 935 volunteer members of the association will drive the success of 129th Rose Parade themed "Making a Difference," on Monday, January 1, 2018, followed by the College Football Playoff Semifinal at the 104th Rose Bowl Game. For more information, visit www.tournamentofroses.com. Like us on Facebook and follow us on Twitter, Instagram and YouTube.

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Mon	Sunny	Hi 100s	Lows 80s
Tues	Sunny	Hi 100s	Lows 80s
Wed	Sunny	Hi 100s	Lows 70s
Thur	Sunny	Hi 100s	Lows 70s
Fri	Sunny	Hi 100s	Lows 70s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR September 12, 2017
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

Regular City Council Meeting
Tuesday, September 12, 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council

August, 2017 - Dark
September 12, 2017 at 6:30 pm
September 26, 2017 at 6:30

Planning Commission

September 7, 2017 at 7:00 pm
September 21, 2017 at 7:00 pm

Community Service Commission

August, 2017 - Dark
September 18, 2017 at 6:30 pm

Senior Community Commission

August, 2017 - Dark
September 7, 2017 at 3:00 pm

Library Board of Trustees

August, 2017 - Dark
September 27, 2017 at 7:00 pm

Energy, Environment, and Natural Resource
Commission

August, 2017 - Dark
September 20, 2017 at 7:00 pm



See something.
Say something.



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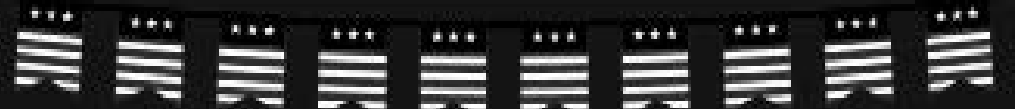
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Walking Sierra Madre...The Social Side

by Deanne Davis

"Keep your face to the sunshine and you will never see the shadows. It's what sunflowers do!"

Helen Keller

"Advice from a sunflower: Be outstanding in your field.
* Hold your head high * Spread seeds of happiness *
Feed the birds * Think solar * Keep on the sunny side
* Grow Up!"

We were walking past the Sierra Madre community garden, next to Memorial Park on Mariposa, the other day, my favorite walking buddy and flower enthusiast, John, and I, when we spotted these sunflowers. We took their picture just before our part of the world was engulfed in the heat wave from you know where! There were several and all of them were over 6' tall! Now these are sunflowers, friends and neighbors! The kind van Gogh went wild over. He painted two series of sunflower pictures; the one executed in Paris in 1887 shows his sunflowers lying on the ground while the second set, the ones we're most familiar with, shown in a vase, were painted in Arles. Here's something interesting: sunflowers can grow to 16' high!

Anyway, the rest of the garden looked pretty much like everybody's garden does now, sort of like somebody needs to pull out all those squash vines and deal with the weeds. About all anybody has left this time of year is zucchini, which keeps cranking out those squash whether you want them or not. My tomato is still putting out green leaves and yellow blossoms so I gave it some tomato food and said, "go for it, big guy!" The tomatoes have been awesome. I gave some to a friend and he created a bacon, lettuce, and tomato sandwich that was truly a work of art. He sent me pictures. The giant pumpkins down the street are going to be the biggest ones ever! Halloween is coming and the Creative Arts Group's 6th Annual Scarecrow Festival will start in early October. You can attend their free Scarecrow Workshop on Sept. 16th. Give them a call: 626-355-8350

Our daughter, Leah, showed up at lunch last Sunday with her newest cookbook, "Thug Kitchen, eat like you give a ----, The Official Cookbook." We were falling off our chairs laughing. This #1 New York Times Bestseller is put out, believe it or not, by the Rodale Press, which specializes in wholesome diet, exercise and inspirational literature. They quote Julia Child on the first page, "The only real stumbling block is fear of failure. In cooking you've got to have a what-the-hell attitude." Which she certainly did, i.e., dropping the chicken on live television, picking it up off the floor, dusting it off and continuing the recipe...which, apparently is (sadly) only a rumor. She did drop a potato pancake once, picked that up and continued to cook it, which she readily admitted, but she adamantly denied ever dropping a chicken and continuing to cook it. Anyway, The Thug Kitchen is available from Amazon.com and is actually quite a fine (though punctuated with expletives) cookbook. I sent one to our Texas daughter and she was laughingly shocked... which is good. It's too hot to cook but a salad with avocado, cold asparagus, tomatoes and maybe some



hard boiled egg slices would be nice.

Took a look at T-Neer and the sign in the window asks us to be patient while the new people refurbish. The big banner overhead says, "Toro Coffee & Tea - Spanish Coffee Bar & Tea House Fusion." They'll be open at 7 a.m. when they're ready and I'm looking forward to a new business here in town. Wish somebody would rent the storefront next door which was a bicycle shop.

Thinking about our current heat wave brought some old songs to mind... remember these?

"Summer in the City" - The Lovin' Spoonful - 1966
- We met John Sebastian once at the old Ash Grove and he admired our baby, Crissy.

"Hot Fun In The Summertime" - Sly & The Family Stone - 1967

"Good Day Sunshine" - The Beatles - 1966

"Summer Breeze" - Seals & Crofts - 1971

And who could ever forget Marilyn Monroe singing, "We're Havin' A Heat Wave" in the movie, "There's No Business Like Show Business." I won't say what year, it's that old! Stay hydrated out there and if you can give to help out the folks in Houston, that would be good. World Vision has a page and it's easy to do.

My book page: Amazon.com: Deanne Davis

Blog: www.authordeanne.com

"A Tablespoon of Love, A Tablespoon of Laughter" is now available at

Sunrise Books + Coffee at Pasadena First Church of the Nazarene - just down the road on Sierra Madre Blvd.

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It's on Amazon.com on my book page!

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SIERRA MADRE POLICE BLOTTER

August 20 , to August 27 , 201 7 During this time period, the Sierra Madre Police Department responded to approximately 404 day and night time calls for service.

Monday, August 21

At about 11:42 a.m., officers responded to the 00 block of Kersting Ct. regarding a female subject who was refusing to leave a store after taking food and eating it without paying for it. The officers transported her to the Pasadena Jail for booking and released her to the jail staff. Case forwarded to DA's office for filing on Petty Theft charges.

11:24 p.m.

Officers responded to the area of Lima St. and Grandview Ave. where Southern California Edison

employees were working on a utility pole. A female subject called the SoCal Edison dispatch center at about 9:20 p.m., and became upset and said, "I need the power to be turned on or I will get a gun and shoot everyone". Case to Detectives for follow up investigation

Friday, August 25

A report of trespassing was responded to by officers in the 400 block of E. Montecito at about 8:20 a.m. The caller reported that when she checked her surveillance footage earlier that morning she had two separate recordings that showed her male neighbor, in her backyard without any clothes on. It appears the subject entered the backyard through unknown means without the permission of the resident. Case forwarded to the DA's office for filing considerations

Our Fall Session is Around the Corner
Registration is now open. Classes begin September 18!





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Pasadena Altadena

News From Your Community For Your Community

Labor Day, Reminders

Pasadena residents and businesses are reminded that City Hall and many City services will be closed on Monday in observance of Labor Day.

The City Council will not meet the next two Mondays, Sept. 4 or Sept. 11. The next regularly scheduled meeting will be Monday, Sept. 18.

The Pasadena Fire and Police departments will continue to be staffed for all patrol, jail, fire, paramedic and other emergency services. For any life-threatening emergencies, always remember to call 9-1-1. "If You See Something, Say Something" is an instrumental part of keeping the Pasadena community safe, every day. Report suspicious activity by calling (626) 744-4241.

For any power emergencies, call (626) 744-4673. For water-related emergencies call (626) 744-4138. PWP's Customer Service Call Center will be closed, customers can still access their accounts and make payments by phone at (626) 744-4005 or online at PWPweb.com. The City's Municipal Services Payment Center at City Hall also will be closed Labor Day.

During the week of Sept. 4, refuse and recycling services will be postponed one day. There will be no bulky item pickups on Saturday.

The Citizen Service Center, www.cityofpasadena.net/Citizen-Service-Center, will be closed Sept. 4 in observance of Labor Day, but resumes regular hours Sept. 5 and also will be open 8 a.m. to 2 p.m., Saturday, Sept. 9 to take calls.

Pasadena Public Libraries will be closed on Sunday and Labor Day, returning to regular schedules on Tuesday.

The City's Pasadena Transit will not operate on Labor Day. All parking meters not posted as "No Parking" will be free and time limits will not be enforced. All parks will be open.

Pet of the Week



Buddy (A442504) is a tiny 2-month-old kitten looking for a new best friend. This young brown and white tabby is full of energy and loves to play with toys. She grew up in a foster home with her kitten siblings and a small dog. She can be a bit shy at first, but quickly becomes a social and curious girl. She's available for adoption with her three littermates in the Neely Cat Center at Pasadena Humane Society.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A442504, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

Registration is now open for the 19th Annual Wiggle Waggle Walk on Sunday, September 24 at Brookside Park at the Rosebowl. Register at wigglewagglewalk.org.



Limb Falls Injuring 3 at Daycare Center

A group of young children were injured, including a 2-year-old critically, when a large tree limb fell Tuesday crushing a play area at Linda Vista Children's Center near the Arroyo Seco. A 3-year-old and 4-year-old were also treated with minor injuries according to Pasadena Fire Spokeswoman Lisa Derderian.

The children were outside for lunch around noon when the 20 foot eucalyptus limb snapped trapping the 2-year-old. She was transported to the hospital in critical condition Derderian said.

It was unknown Tuesday if the tree located in Linda Vista Park, next to the center, is city owned. The land was part of Pasadena Unified School District until an agreement between the PUSD and city turned it into a park.

According to an updated statement, Wednesday, by Public Information Officer William Boyer, the property continues to be owned by the Pasadena Unified School District, but a portion of it, including where the tree is located, has been used by the city for the past several

years as a neighborhood park under a joint-use agreement with the school district. Part of the school property that is adjacent to the park is being used for the private preschool.

The park is currently closed and there is no time estimate yet for when it will reopen he said.

The City has no further details on the girl's condition that can be shared due to patient health disclosure restrictions. "City officials have expressed sincere concern for her health and full recovery. The City remains committed to ensuring the public's safety as a top priority" Boyer added.

The incident remains under investigation.

Just three weeks, a group of men from the Providence Christian College soccer team escaped serious injury Aug. 9 after a 20 foot pine tree branch, in Villa Park, snapped crushing a chain link fence and a bench where the players were sitting. The tree was city owned.

Last week, city officials settled a \$1.95 million lawsuit

involving another tree that fell in Brookside Park outside Kidspace Children's Museum injuring eight kids in July of 2015.

The lawsuit came after lawyers, representing the children, claimed that the 85-foot pine tree was not maintained.

City officials said they are currently still reviewing the settlement information.

Photo courtesy of Pasadena Fire

Tournament of Roses Royal Court Tryouts

Round 1 tryouts will take place on September 9 and 11.

The Tournament of Roses invites applicants from the greater Pasadena area to become a part of history in the search for the 2018 Royal Court and the 100th Rose Queen.

Young women who meet the eligibility requirements are encouraged to apply and participate in Round 1 on September 9 and 11 at Tournament House. Participants are selected based upon a combination of qualities, including public speaking ability, poise, academic achievement, youth leadership, and community and school involvement.

Seven young women will be named to the 2018 Royal Court on October 2, 2017 and one will be crowned the 100th Rose Queen on October 18.

Round 1 of Royal Court Tryouts will take place: Saturday, September 9 at 9 a.m. – 4 p.m. and Monday, September 11 at 3 p.m. – 5 p.m. at the Tournament House 391 South Orange Grove Boulevard

The Tournament of Roses assigns each participant a number to prevent bias and maintain anonymity.

Future Royal Court Event Dates:

Royal Court Finalists on September 27 at 2:30 p.m. at the Tournament House.

Royal Court Announcement on October 2 at 9:00 a.m. at the Tournament House.

Rose Queen Announcement and Coronation Ceremony October 18 at 5:30 p.m. at the Pasadena Playhouse.

Participants can pre-register for the 2018 Royal Court Tryouts by applying at tournamentofroses.com.

Museum Grand Reopening

USC Pacific Asia Museum announced this week the grand reopening on December 8, with the special exhibition Winds from Fusang: Mexico and China in the Twentieth Century as part of the Getty's Pacific Standard Time: LA/LA. In addition to the special exhibition, the building will reopen with a refreshed 21st century look, featuring an updated gallery flow and a new visitor center and gift shop. The museum's temporary closure for the seismic retrofit of its 1924 Chinese Qing Dynasty-inspired home strengthened the building's foundation and added additional gallery space for special exhibitions.

A new selection from the museum's collection of 17,000 objects from across Asia and the Pacific Islands, spanning more than 5,000 years will also be on view for the grand reopening.

Winds from Fusang: Mexico and China in the Twentieth Century is the first major exhibition on the heretofore unexamined influence of Mexican art and artists on the development of art in China in the twentieth century. The exhibition, its accompanying publication, and dynamic public programs will present the trans-Pacific ties between the creative communities of Mexico and China in the last century.

"Many believe the Western

influence since the 'opening of China' in the late 1980s is the motivating force of Chinese contemporary art. Very few acknowledge other influences occurring prior to the Cultural Revolution, especially during the mid-twentieth century when China was isolated from the outside world," said exhibition co-curator Shengtian Zheng.

Winds from Fusang identifies, analyzes, and presents the forces from the Pacific Rim that helped shape the development of art in the twentieth century, through material including artwork, documentations, video interviews, and research records.

Winds from Fusang: Mexico and China in the Twentieth Century is presented by USC Pacific Asia Museum as part of Pacific Standard Time: LA/LA.

Pacific Standard Time: LA/LA is a far reaching and ambitious exploration of Latin American and Latino art in dialogue with Los Angeles. Supported by grants from the Getty Foundation, Pacific Standard Time: LA/LA takes place from September through January at more than 70 cultural institutions across Southern California, from Los Angeles to Palm Springs, and from San Diego to Santa Barbara. Pacific Standard Time is an initiative of the Getty.

ALTADENA POLICE BLOTTER

Monday, August 21st

2:25 AM – Christopher Tolbert, 26 years old of Lake View Terrace was arrested in the area of Altadena Drive and Lake Avenue for possession of drug paraphernalia.

7:45 AM – A vehicle vandalism occurred in the 2100 block of Lincoln Avenue. Damage: slashed convertible top.

10:00 PM – A residential burglary occurred in the 2600 block of Maiden Lane. Suspect(s) entered the residence via the unsecured doors. Stolen: white/blue Cervelo radio bicycle, grey/copper road bike, grey iPad, and currency.

Tuesday, August 22nd

9:06 AM – A residential burglary occurred in the 1500 block of MoradaPlace. Suspect(s) entered the residence via the unsecured door. During this incident a vehicle was reported stolen from location. Vehicle described as a red 2002 Honda Accord. Vehicle was later recovered by Gardena Police

Department.

12:00 PM – A vehicle vandalism occurred in the 2000 block of Madison Avenue. Damage: shattered windshield.

3:30 PM – Juan Cortez, 30 years old of Altadena was arrested in the 3000 block of N. Lincoln Avenue for possession of drug paraphernalia.

Wednesday, August 23rd

4:00 AM – Taylor Ruddell, 26 years old of San Gabriel was arrested in the 1100 block of Lake Avenue for being under the influence of a controlled substance.

9:59 AM – An attempt burglary occurred in the 1500 block of N. Roosevelt Avenue. Suspects attempted to enter the residence via the rear door. No entry was made.

5:40 PM – A domestic violence incident occurred in the 400 block of Figueroa Street. Suspect was taken into custody.

Thursday, August 24th

4:45 AM – Juan Vasquez, 27 years old of Pasadena was

arrested in the 1000 block of E. Washington Boulevard for being under the influence of a controlled substance.

Friday, August 25th

4:32 PM – A vehicle was reported stolen from the 200 block of Wapello Street. Vehicle described as a tan 2004 Toyota Tacoma.

8:20 PM – Tyler Ferrante, 23 years old of Glendale was arrested in the area of Woodbury Road and Los Robles Avenue for possession of a controlled substance.

Saturday, August 26th

4:00 AM – Edward Bello, 50 years old of Burbank was arrested in the area of Altadena Drive and Calanda Avenue for possession of a controlled substance.

1:00 PM – A package theft occurred in the 400 block of W. Terrace Street. Stolen: package containing a shed.

10:00 PM – A petty theft occurred in the 400 block of W. Palm Street. Stolen: cellphone.

NASA Working to Provide Hurricane Harvey Response



Photo by U.S. Army

NASA officials announced Wednesday they are using assets and expertise from across the agency, including from NASA's Jet Propulsion Laboratory in Pasadena, to help respond to Hurricane Harvey -- now Tropical Storm Harvey -- which has been a disaster of unprecedented proportions for those who live and work in Southeast Texas. With no atmospheric steering mechanism to move the storm once it made landfall, Harvey has been producing rainfall totals measured in feet, rather than inches, presenting exceptional challenges to local, state and federal emergency managers and first responders.

"This is an immense weather event that is creating a unique challenge," said Thomas Zurbuchen, associate administrator for NASA's Science Mission Directorate at the agency's headquarters in Washington. "NASA is working to enable and enhance the capabilities of our partners across federal agencies and elsewhere to ensure they are able to do the best job possible in assessing the threat and providing rescue and response services."

At the forefront of the agency's efforts, the NASA Earth Science Disasters Team is providing support to local, state and federal agencies in their response to the extreme flooding in the Houston area and related damage associated with Harvey. As a result of this team's activation, scientists at NASA centers and external partners are working closely with the state of Texas, the United States Geological Survey Hazards Data Distribution System, the Federal Emergency

Management Agency (FEMA), the National Guard and other partners to leverage their science and application experience to provide analysis of satellite imagery, output products and other decision-support aids to inform disaster mapping and response efforts.

Coordination so far has included the generation and distribution of flood maps, using NASA analyses applied to data from several synthetic aperture radar (SAR) instruments on international partner satellites. The orbiting SAR instruments penetrate clouds and operate day and night, providing detailed, high-resolution, all-weather imagery of Earth's surface. NASA's partners tasked their spacecraft to make measurements of Southeastern Texas after the United States activated the humanitarian International Charter on Space and Major Disasters. Feedback from FEMA and other responders indicates these maps have been helpful in confirming coastal and river flood depths and identifying areas where inundation may be ongoing.

Beyond the technical assistance and scientific expertise the agency is providing, NASA is working to ensure the continued safety of its employees and their families in the path of the storm, communicating closely with the recovery team at the agency's Johnson Space Center in Houston, which continues to assess conditions onsite in an effort to ensure a smooth transition back to normal operations once the center re-opens next week.

For more NASA resources on Harvey and other tropical systems, visit: nasa.gov/hurricane.

Free Events Roundup at the Pasadena Senior Center

There is something for everyone in August at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

Friday Movie Matinees – Fridays at 1 p.m. Sept. 8: "Beauty and the Beast" (2017, PG) starring Emma Watson and Dan Stevens. A young woman is taken prisoner by a beast in his castle only to discover there is a kind heart and the soul of a true prince underneath his gruff exterior. **A Toast to the Joys of Music – Tuesdays, Sept. 5 to 26, from 9:30 to 11:30 a.m.** Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Memory Loss Education – Tuesdays, Sept. 5 to 26, from 1 to 2:30 p.m. The four-part Brain Health Series will focus on memory loss. Sept. 5: Let's Talk About It: Memory Loss and Alzheimer's. Sept. 12: How to Keep Your Brain Healthy. Sept. 19: Alzheimer's Disease Research Update. Sept. 26: Are They Doing That to Annoy Us? Behaviors and Alzheimer's Disease. Presented by Alzheimer's Greater Los Angeles.

Scenic Walkers Club – Wednesdays, Sept. 6 to 27, at 10 a.m. Enjoy a series of leisurely walks in the great outdoors at Los Angeles County Arboretum, Descanso Gardens and other enjoyable locations. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. For more information or to sign up, email alancolville@charter.net.

Take the Mystery out of Moving – Thursday, Sept. 7, at 10 a.m. If you or someone you know feels buried under a lifetime of treasures, this interactive workshop will feature discussions about downsizing and provide tips for dealing with practical issues without becoming overwhelmed. Presented by Gentle Transitions.

Domino Club – Thursdays, Sept. 7 to 28, at 1 p.m. If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday...it's contagious! For more information call Vicki at 928-478-4654.

For more information visit www.pasadenaseniorecenter.org or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

DRAFT DISTRICT MAPS ARE AVAILABLE FOR PUBLIC COMMENT

August 28, 2017 – In accordance with the California Voting Rights Act (CVRA) and AB 350, the City of Arcadia has released proposed district maps as part of the transition to district based elections. The drawing of City Council districts is regulated by state and federal law, and districts must be drawn to account for equal population according to the latest federal census data. In establishing the boundaries for the districts, the City may give consideration to the following factors:

- Topography;
- Geography;
- Cohesiveness, Contiguity, Integrity, and Compactness of Territory; and
- Community of Interest of the Districts.

The draft maps are available for review on the City's website at www.ArcadiaCA.gov/districts. The community is invited to provide input on the draft maps at the next scheduled public hearing on September 7, 2017 at 6:00PM at Arcadia City Hall located at 240 W. Huntington Drive. Additional

comments may be submitted to the City via email to mbruckner@ArcadiaCA.gov.

Per the CVRA and AB 350, the City must complete the transition to district based elections by October 2017; however, the implementation of district based elections will begin with the next General City Council Election.

About Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five member City Council, elected at-large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

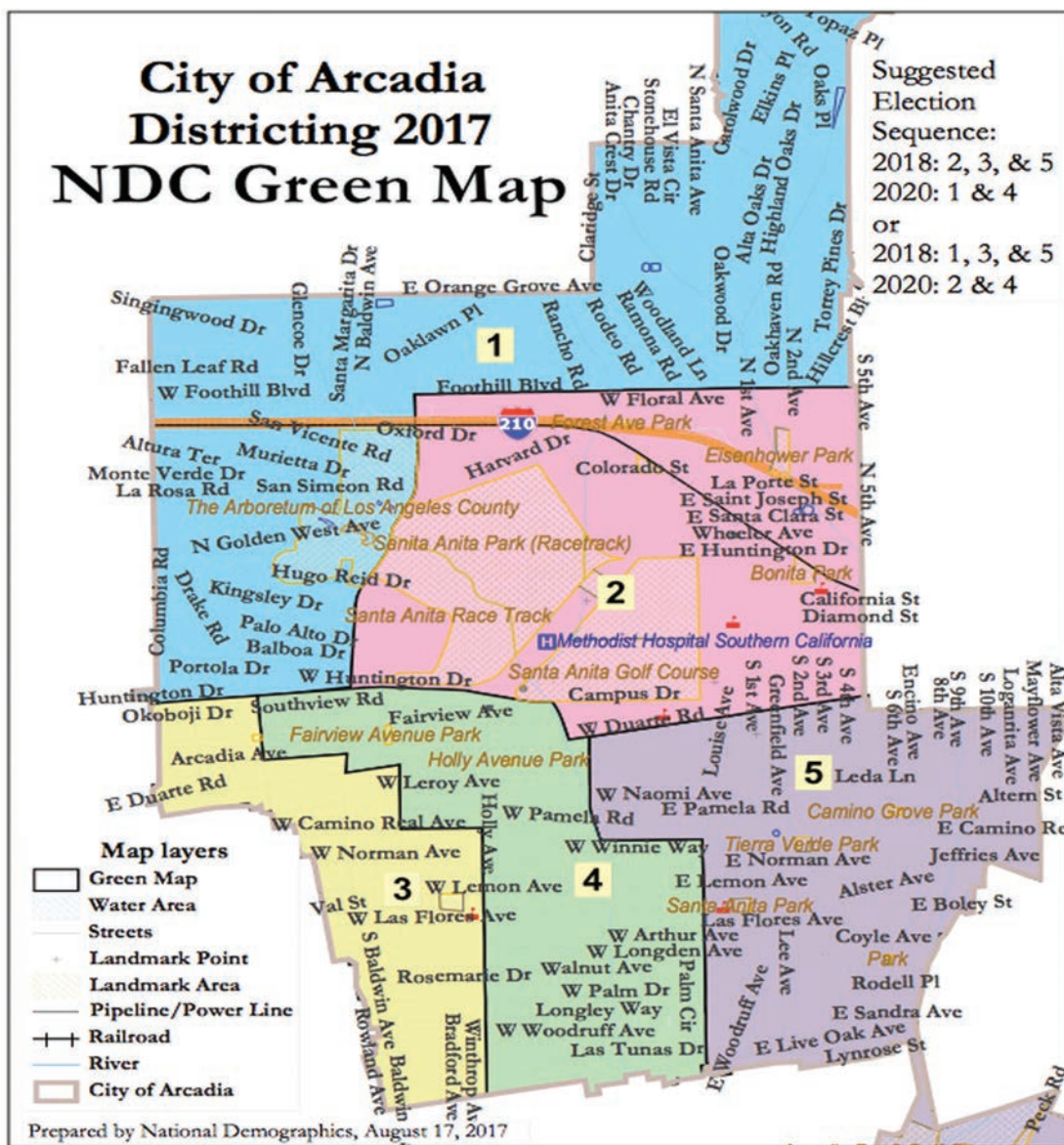
THE ARCADIA CITY COUNCIL HAS TAKEN ACTION TO CONSIDER TRANSITIONING TO A DISTRICT-BASED VOTING SYSTEM TO SELECT ITS CITY COUNCIL MEMBERS, REPLACING ITS CURRENT AT-LARGE ELECTION SYSTEM.

On June 6, 2017, the City of Arcadia ("City") received a letter from Kevin L. Shenkman of the law firm of Shenkman & Hughes. The letter asserts that the City's current citywide (or "at-large") voting system is not in compliance with the California Voting Rights Act (Elec. Code § 14025 et seq.) ("CVRA"). The letter demands that the City transition from at-large to district-based City Council elections and threatens litigation if that demand is not met.

In order to stay within the State's safe harbor

protections and avoid potentially costly legal exposure in the event of a CVRA challenge, this process must be completed within a short 90-day window.

Initiating the process does not require that the City convert to district-based elections. The City Council must subsequently adopt an ordinance to accomplish that result. By remaining within the timing constraints of the safe-harbor statute, the City will limit its exposure to potential litigants if it ultimately transitions to district-based voting.



CITY OF ARCADIA LAUNCHES INNOVATIVE SOCIAL MEDIA PROGRAM

August 31, 2017 – The City of Arcadia is announcing the launch of Connect Arcadia, a new social media program designed to provide residents, businesses, and visitors with City information without clogging up your news feed. Beginning with Twitter, this new medium groups similar City functions and services into one account in order to provide followers with maximum exposure to City information with the least amount of clutter.

"Social media has become the primary tool for many to consume news and information. With so many competing interests, it's hard to keep up with everything without being overwhelmed," said City Manager Dominic Lazzaretto. "Connect Arcadia's innovative

approach cuts through all the noise by combining 10 City departments into 4 distinct channels. This is the future for social media."

Follow the City of Arcadia on Twitter using the following handles. For more information, please visit the City of Arcadia's website at: www.ArcadiaCA.gov/socialmedia

@DiscoverArcadia – Explore your community with Discover Arcadia. Stay current on City news, special events, and the happenings at City Hall and around town. (General City)

@ProtectArcadia – Quality of life is our mission. Protect Arcadia offers public and life safety tips, and information on crime prevention to preserve and

protect your home or business. (Police & Fire)

@EnrichArcadia – Enrich Arcadia has something for everyone. Our goal is to provide inclusive programs and services to foster health and wellness, lifelong learning, and community. (Recreation & Community Services, Library, & Museum)

@ShapeArcadia – Shape Arcadia keeps you up to date on City projects and smart strategies that promote economic growth and sustainability to enhance Arcadia's unique cultural and historical character. (Development Services & Public Works)

For additional information, please contact Laena Shakarian at lshakarian@ArcadiaCA.gov or 574-5434.

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MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

KRIKORIAN THEATRE BEING SOLD TO STUDIO MOVIE GRILL, FAÇADE IMPROVEMENTS AND UPGRADED HIGH-BACK RECLINING SEATS SET TO BE INSTALLED IN THE COMING MONTHS!



Last week, Krikorian Theatres reached an agreement to sell their theatre in Old Town Monrovia (along with theatres that they owned in Redlands and Downey) to a company based in Texas called Studio Movie Grill. City staff has had discussions with representatives from Studio Movie Grill (SMG), and while SMG operates primarily out of Texas, it appears the company is preparing for a big expansion push into California. At this point in time, they have only one theatre in California, located in Simi Valley, and with this recently completed transaction, their presence in the Golden State will be expanded to include Redlands, Downey, and Monrovia.

In a bit of exciting news for Monrovia, during our discussions with SMG representatives, we did lay the groundwork for a variety of improvements and enhancements that SMG plans on making at our downtown theatre, an overview of which includes the following:

SMG will be working to coordinate several significant renovations of the existing theatre

The first change that patrons will see at Monrovia's

theatre is a transition to a reserved seating system, whereby patrons will be able to purchase a specific seat for the movie that they are going to watch.

Moving forward, SMG representatives will be working with the City on initial movie theatre upgrade plans that involve an exterior façade improvement and the installation of high-back reclining seats

The exterior façade improvement will be coordinated through the City's existing approval processes, which includes an assessment of the new signage by the Historic Preservation Commission

In addition, the new seats that will be installed are going to decrease overall seating capacity in the theatre, but will contribute to an enhanced customer movie-watching experience

SMG hopes to have the initial upgrade complete in time for the opening of Star Wars: The Last Jedi, which is set to be released on December 15, 2017

More news about this exciting transition will be available in the coming weeks!

EAGLE SCOUT RECGONITION

On Thursday, August 24th, 2017, Joseph De Francisco achieved the rank of Eagle Scout from Boy Scout Troop 147 in Monrovia, California. This journey began at the age of five when Joseph was a cub scout with Troop 136. As he moved up in rank and into Boy Scouts, he has learned many valuable life and leadership lessons while earning over 34 merit badges, both religious medals, serving in his community and camping and hiking in the snow, on the beach, in the desert, on rivers rafting and even on trains to Camp Baker in Oregon.

For his Eagle Scout project, Joseph De Francisco organized his friends and fellow troop members to build and plant a community vegetable garden in the city of Monrovia. His goal along with Pastor Neil Tadken was to help the growing homeless population in the city of Monrovia. Using skills he learned in the welding, carpentry and gardening merit badges, he constructed, sanded, stained and waterproofed the planter as well as created a water drip system for the planter using the plumbing skills learned in the home maintenance badge. He implemented his leadership skills to organize fellow scouts on various work days to complete the project. He also used skills learned in the communications and personal finance badges to elicit funds for the project and to collect and utilize donations from local church members.

As a Boy Scout, a citizen of Monrovia and a faithful member of his church Fellowship Monrovia, Joseph De Francisco has volunteered in many ways. As an avid baseball player, one of his favorite forms of volunteering has been working with the physically and mentally disabled baseball players on the Challenge Little League team. Another favorite volunteer opportunity that Joseph enjoys on a weekly basis is helping at his church's youth group by leading worship time through song and prayers. Joseph enjoyed earning badges but the three he utilizes almost on a weekly basis are the Theatre, Music and Cooking badges. When Joseph is not camping or playing baseball, he is either at rehearsal for an upcoming musical production with Center Stage Inc., singing with Foothill Academy of Vocal Arts Festive Choir or taking culinary art lessons from Chef Scot Daffron at the Boys and Girls Club in Monrovia.



Joseph's favorite leadership position was Senior Patrol Leader and Assistant SPL. He was able to use his creative leadership abilities to organize camping trips, meetings and interactive ways to teach lashings, knots and first aid. He often incorporated relay games and team work to encourage the scouts to work together and hone their own leadership skills.

Joseph De Francisco was highly recommended for the Eagle Scout Award by his scout master, his pastor, his church youth group leader, several of his teachers, his baseball coach, his employer and fellow Eagle Scouts. The Eagle award will be presented to Joseph De Francisco on Oct. 18th, 2017 at the Court of Honor Ceremony.

The City wants to hear from you!

Public Scoping Meeting

Alexan Residential Development

- Learn about the proposed development at 1625 S. Magnolia Avenue, Monrovia
- Proposed 395-420 residential units: 5-story residential building; 6-story parking structure; directly west of Metro Gold Line Station
- Share your comments

Thursday, September 7, 2017
5:30 pm to 7:30 pm

The meeting will be held at:
Knights of Columbus Hall
130 W. Pomona Avenue

For more information please contact:
Shree Bernero, Planning Division Manager
(626) 932-5539 | sbernero@ci.monrovia.ca.us

Project Location Map

FOUR PASADENA UNIFIED HIGH SCHOOLS PLACED ON TOP HIGH SCHOOLS LIST

Washington Post Pasadena, CA -- All four of the Pasadena Unified School District's comprehensive high schools - Blair School, John Muir High School, Marshall Fundamental, and Pasadena High School - have for the first time been placed on America's Most Challenging High Schools 2017 list by The Washington Post. The list annually ranks how successfully schools challenge their students to take advanced and college-level classes. Only 12 percent of the nation's high schools qualify for the honor.

"This is a wonderful accomplishment for our high schools and our district, and I congratulate the students, faculty and staff, families, and supportive communities of each of these schools for their great work," said Superintendent Brian McDonald. "To have all four PUSD comprehensive high schools named to the America's Most Challenging High Schools list is a validation of the phenomenal programs and high quality education offered to all students in PUSD so that they can succeed in college and careers. Congratulations to everyone!"

Schools are ranked by the number of Advanced Placement, International Baccalaureate, and Advanced International Certificate of Education tests given at a school each year, divided by the number of seniors who graduated that year. Public



schools that achieved a ratio of at least 1.00, that had as many tests as they had graduates, were put on the national list. Schools are ranked in the order of that ratio.

Marshall Fundamental ranked 318; Pasadena High School ranked 1,350; Blair High School, which offers the International Baccalaureate Programme, ranked 1,404. John Muir, new to the list in 2017, ranked 1,512.

Pasadena Unified high schools offer college and career academies that link students' passion with what they learn throughout their high school career. Themed academies include Engineering and Environmental Science, the App Academy, Creative Industries, and Health Careers. Students in the academies take courses that meet college admission requirements; develop plans for post-secondary career and education; complete work-based learning or capstone research projects; and obtain college credit and/or college credit and/or a nationally-recognized professional certification. For more information on Pasadena Unified's college and career academies, visit www.pusd.us/Domain/97

The Washington Post's Challenge Index is designed to identify schools that have done the best job in persuading average students to take college-level courses and test.

AN EVENING WITH BILL NYE THE SCIENCE GUY & CO-AUTHOR GREGORY MONE

Presentation/Booksigning for Jack and the Geniuses Book 2: In the Deep Blue Sea

La Cañada Flintridge, CA - On Thursday, September 14 at 7 PM, Flintridge Bookstore & Coffeehouse is thrilled to welcome BILL NYE the Science Guy and co-author GREGORY MONE for a presentation and signing of In the Deep Blue Sea, Book 2 in their New York Times bestselling Jack and the Geniuses series (for readers grades 3-7).

THIS IS A TICKETED EVENT. Your pre-ordered book purchase provides an entry ticket for one person. If you buy a book, \$5 entry tickets are available to you for up to 4 additional people. Orders can be placed over the phone, but you must pick up your ticket by 3 PM on September 14th. The Jack and the Geniuses series combines real-world science along with a mysterious adventure that will leave kids guessing until the end, making the books ideal for STEM education.

In the second installment, In the Deep Blue Sea, Jack, his genius siblings Ava and Matt, and inventor Dr. Hank Witherspoon travel to the Hawaiian island home of Ashley Hawking, a technology billionaire. Hawking and engineer Rosa Morris have built a revolutionary electricity plant that harvests energy from the deep ocean, but someone has been sabotaging the project.

In their search for the culprit, Jack and crew navigate an unusual world of characters and suspects, including Hawking and her obnoxiously intelligent son, Steven; a family of surfers who accuse the billionaire of trespassing on sacred land; an ex-Navy SEAL with a fondness for cat photos; and a cigar-chomping man who calls himself the Air-Conditioning King of Hawaii.

Readers will learn about the mysteries of the deep

ocean, the scientific process, and the potential of green energy as Jack and his brilliant siblings use all their brainpower to survive. Integrating real science facts with humor and suspense and featuring a multiethnic cast of boy and girl characters, this engaging series is an irresistible combination for middle-grade readers.

With easy-to-read language presented in a fun and accessible way, these books are great for both inquisitive kids and reluctant readers. In the Deep Blue Sea: Jack and the Geniuses Book 2 includes information about the science discussed and used to solve the mystery, as well as a cool project that kids can do at home or in the classroom.

Bill Nye is a scientist and media personality best known for his television show Bill Nye the Science Guy. He has appeared on numerous television programs, including Larry King Live and Real Time with Bill Maher. Nye's new talk show series for Netflix, Bill Nye Saves the World, premiered on April 21, 2017. He splits his time between New York and Los Angeles.

Gregory Mone is a novelist and science journalist who has written several books for children. He lives in Martha's Vineyard, Massachusetts.

For more information, contact Gail Mishkin at (818) 790-0717. Flintridge Bookstore and Coffeehouse is located at 1010 Foothill Blvd., La Canada, CA 91011, at the intersection of Foothill Blvd. and the Angeles Crest Hwy. Take the Angeles Crest exit off the 210, turn south, make a right onto Foothill Blvd., and turn left onto Chevy Chase. Parking is in the rear of the store.

NEW BOOK PROVIDES HELP FOR TODAY'S PARENTS & STUDENTS

Fall brings the familiar sounds of children playing on the playground. The sounds of bells ringing as students head back to the place that they left a few short months ago. While parents hustle to take advantage of back-to-school sales. It is rite of passage that goes back as far as anyone can remember—it's the opening of school.

As the students traverse through the halls of the various types of school schools, one question is abound, does this school place my child in the best position to be successful? Moreover, what went into making the decision on deciding on a school is as varied as the different types of flowers that came be found on a Rose Parade float.

"I have never met a parent that does not want to help their child," said Kenneth Banks, author of the new book, Ask the Counselor: A Parent's and Student's Toolkit for Successfully Navigating through the K-12 Schools and Beyond. "Unfortunately," he continued, "Most parents don't know how to help their children when it comes to helping them achieve a quality education."

According to Banks, a retired guidance counselor, just about every parent is in search of a "good" school for their child. Exactly what constitutes a "good" is not easy to define. "Choosing a good preschool, primary or elementary school is not a science. Selecting a good secondary school, be it, middle school, intermediate school or junior high school, is equally important as finding a good high school. The term "good school" is a loaded one. There is good in every school. You just need to know where and for what to look. "Banks said.

Helping parents at that question and many others was the motivation for Banks to write, Ask the Counselor: A Parent's and Student's Toolkit for Successfully Navigating through the K-12 Schools and Beyond. In the book, that will be available in early October, Banks points out that public education is an enormous bureaucracy.

"In California, where I reside, Californians have chosen to spend, by law, a minimum of 39% of the state's budget on education. Public school funding is the largest program in the state budget, receiving more than 40 percent of the state's general fund resources. "According to Banks, The 2012-13 state budget included \$38 billion for kindergarten through grade twelve (K-12) education. Overall spending for California public schools was about \$68 billion in 2013 when federal funds and other funding sources were added. The amount of money spent on public education in California is more than the gross national product of many of the world's industrialized countries.

Transforming a gargantuan bureaucracy such as the public school system in the United States is not very practical Banks said he believes. He points out if a parent knows how to successfully navigate the school system, or work the system; it can be extremely



advantageous for their children.

"I am convinced that the educational system in the United States is too large to reform, although many have tried," Banks writes. Some of the many ideas that have been tried by various educational reformers in the early 21st century include: Increasing the school day or school year; increased after-school tutoring; reduce class sizes; improved training for teachers; creation of publically funded charter schools; On-Line Schools; and allow for school choice.

In a parent's quest to identify a "good" school for their child, Banks said, "In the parental quest to identify a "good" school, research has shown that parental expectations for children's academic achievement predict educational outcomes more than do other measures of parental involvement, such as attending school events. It really isn't the school that is the biggest factor in predicting student academic achievement. Parents' expectations influence child outcomes through multiple pathways.

He points out that parental expectation are more likely to affect their children when parent-child relationships are characterized by closeness and warmth. Parental expectations directly affect student outcomes. In addition, families with high educational aspirations for their children provide more out-of-school learning opportunities for them. Students who reported that their parents expected them to attend college had better attendance and more positive attitudes toward school, according to one study. Parental expectations also affect the child's own aspirations and expectations; for instance, studies suggest that parent expectations for their children's academic attainment have a moderate to strong influence on students' own goals for postsecondary education. Further, both sets of expectations are moderated by characteristics of the parent, child, and community.

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(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson

Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527

Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcschools.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528

E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
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(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
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(626) 791-1255

Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
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(626) 355-2410

Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
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Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
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Lisa Feldman: Head of School

Wilson Middle School
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SEARCH DOG FOUNDATION DEPLOYS IN RESPONSE TO HURRICANE HARVEY

When I am tempted to complain about the intense heat wave we've been having these past couple of weeks, I am quickly reminded of what a ridiculous notion that is, in light of what is going on in Houston, Texas right now.

I could be sitting on a mat on the floor of a public make-shift shelter with nothing more than my dog and the clothes on my back, amongst hundreds of others whose homes were engulfed beneath Hurricane Harvey's fierce flood waters.

Indeed, any time I am tempted to complain, all I have to do is look around me and realize that there is someone else suffering far and away worse circumstances than my own.

I will say that if there is one good thing that can be extrapolated from the deadly disaster that was reeked upon the citizens of southeast Texas this past week, it is the fact that there are thousands of people from all around the country who have taken it upon themselves to run to the rescue.

Among those who've volunteered are the dear and devoted people at Search Dog Foundation, a group that makes it their mission to lend a helping hand (or paw, as it were) to those in need of their services.

Some of you may remember an article I wrote about this awesome organization a year or so ago, wherein I shared stories of their unrelenting dedication and willingness to be of service to folks who've fallen victim to disaster. Well I honestly can't think of a better example than that of the current aftermath of Hurricane Harvey.

On Friday, August 25, Tropical Storm Harvey was upgraded to hurricane status, made landfall with a vengeance in Houston Texas, and became the first of it's magnitude to do so on US soil since Wilma hit the Florida peninsula in 2005.

Over the weekend, Harvey continued to pummel Houston and the nearby communities, killing 33 people and injuring countless others in it's path. No one in the vicinity could possibly have been properly prepared to withstand Harvey's hard hit, indeed an estimated 30,000 have been rendered homeless by the enormity of it's impact.

During the nightmarish moments, hours and days that have followed Harvey's landfall, the emergency response entities in the affected jurisdictions all went immediately to work, rescuing people and saving lives. But the local agencies were overwhelmed in short order, with complete communities barely keeping their heads above water.

Many of the victims were (and potentially still are) trapped in their homes, on their rooftops, in their cars, and even in trees with their survival depending fully upon someone to come to their rescue. In many cases, only a trained canine would have the accessibility to reach trapped individuals, and that is where the Search Dog Foundation has focused their efforts.

Search Dog Foundation (SDF) is

Happy Tails

by Chris Leclerc



the leading volunteer rescue response organization in the US that uses trained rescued canines to seek out and retrieve victims during and after a disaster. With the lessons learned from Hurricane Katrina and a number of other past disasters, both natural and unnatural, SDF is confident in the skills of the 14 Canine Disaster Search Teams they deployed in response to Hurricane Harvey.

While it is sometimes challenging to get timely updates from the field during a deployment as serious and major as this one, SDF promises to continue updating their Deployment Report page, which can be viewed on one of their website pages. Here is the URL link to that page: searchdogfoundation.org/hurricane-harvey.

As you can imagine, deploying 14 trained canine rescue teams in response to a major disaster is no small task, and even just the basic costs associated with such an on-taking can be exorbitant. SDF does have it's loyal supporters, many of whom have proven to be consistent givers throughout the years since they began operations in 1995.

However, the immensity of their current project is such that SDF is appealing to any and all who are able and willing to donate to their worthy cause, and I personally decided I wanted to be a part of ensuring that their teams have everything they need to carry out their mission.

I may not be able to physically go and assist in the rescue effort myself, but I can be a part of making the rescue of many victims possible. I found it easy to take part in SDF's mission by donating a money gift to help purchase food and other supplies needed for their teams to provide their unique brand of assistance to the desperate souls they will be able to save.

All I had to do was visit the webpage highlighted above and click on the "donate today" link. By giving a money gift, I feel I am coming alongside the good folks at Search Dog Foundation, and I'm making an appeal to my readers to do the same. Are you willing to get on board and do your part to help SDF help the victims of Hurricane Harvey? I hope you will.

Remember to be grateful for something each day - your life, your health, your family, your pets, your friends...and above all, don't forget to love and let live!



CUTENESS PURR-SONIFIED!

Katnip News!



Adorable twins, CHARLOTTE & PARKER, are at the great age of 3 months. Hard to beat this twosome! What's cuter than 2 identical gray tabby kittens, snow white paws, and sweet little

faces, all wrapped up in a cuddly, friendly, and loving package of double trouble? These two cuties will energize your home, and make you laugh at their antics! Adopt them together, as they are very bonded. Use our Twofur Discount of \$100 for both, and they will come already spayed & neutered, current on vaccines, and microchipped. Call to make an appointment for a Meet & Greet:



626-676-9505 or visit www.lifelineforpets.org for adoption info and application. See more pictures, adoption info & application on our website, www.lifelineforpets.org. Can't adopt? Visit our website for our easy Sponsor A Kitty campaign. GOOD NEWS: Zephyr & Zinnia have been adopted.

HOW ABOUT A NEW BEST FRIEND?

Whiskers is a handsome young guy who is aptly named with dramatic white whiskers above his lips and eyes standing out against his glistening black fur. He wears his tuxedo with the confidence of a debonair leading man, charming his fans. Whiskers was found in an apartment building wearing a black leather collar with bandana attached. He is healthy and sociable, so he was definitely was someone's companion. Whiskers is now at the shelter waiting eagerly for his new home. He is an adventurous boy and still acts like a kitten. He is very playful and loves chasing strings and trying to catch flying feathery things. One of his favorite toys is a stuffed fish that he especially loves when marinated in catnip! Once Whiskers has had enough play time, he enjoys being petted.



He's energetic and would do very well in a family with additional cats or no cats, as long as there is someone to play with him. Please stop by and meet this cute little fellow with the big charismatic personality. His adoption fee is \$99 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which

is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org. ID#29022.

HEALTHY LIFESTYLES

THE JOY OF YOGA UNFOLD THE BEAUTY OF PRACTICE



A few friends tried yoga for the first time recently. Both were in wonder and awe over the practice, particularly the

physical and mental effect produced by yoga. "Why does it work?" they asked. How does it work so well? My simple answer is energy.

Did you know each and every practice has an effect on you? Depending on the kind of practice, the body and mind can end up invigorated or completely calm and relaxed. Yoga Teachers really are artists weaving in techniques and creating practices for a multitude of reasons: balance, calm, energy, focus, creativity, or healing. It's interesting to practice with different teachers and different styles just to find out what the effects are of the practice. As both lab rat and observer, we can learn a lot. Every practice creates an effect or feeling at the end.

As you continue in your yoga practice, more layers of the onion are peeled away and the subtleties of how you're changing can seep into your awareness.

You might gravitate toward a specific practice because it makes you more productive during your work day or because it grounds you during times of upheaval. It becomes important to observe this about yourself. Once you know, you have the ability to practice yoga that's right for you and supports you in all areas of your life. And conversely, stay away from practices that aren't ideal for your body, your mental or emotional state, or your spiritual health.

Next time you are practicing or attending class, place your point of view in both the experience of one who is practicing and one who is observing. See what you notice. How does your day go after practice? We have a few great workshops coming up at Yoga Madre, one of them just on THIS topic... "Unfold the Beauty of Practice." We'll take a closer look at postures and energetics with time for questions and answers. Come if you want to deepen your practice and come if you're curious! Check out all the information here: www.yogamadre.com. Please email me at any time with questions or inquiries: keely@yogamadre.com.

Namaste and Love,
Keely Totten, E-RYT 500, Yogi, Teacher Trainer

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

GUARD THE PORTAL OF YOUR MIND



We are co-creators in the life we're living. Everything in life is created twice, first in our imaginations and then again as a physical manifestation of our thoughts and vibrations. It is essential that we be aware of our thoughts. Ralph Waldo Emerson said, "Stand guard at the portal of your mind." We must take control of where we place our attention.

I am very protective of my mind. I am careful with what I read, listen to, and watch. And still, it's a challenge! I recently read a social media post written by a young, single mother and it bugged me. It bothered me because it affirmed a negative view of men and the possibility of finding authentic, empowered love.

Here is a quote from her much longer post:

"... that leaves us at this juncture where women who have done the work and are ready to love and be loved at a level that supports continued healing, begin to feel that we cannot find a loving male partner."

Rather than be aggravated by her post and then read the many supportive responses, I posted my own.

Here's a portion of my response:

"I understand your disappointment, but you have to understand your power in this situation and turn it around. State your disappointment, but state with clarity and power what you want and shall have for

yourself and your family. There are more than 7 billion people on the planet. I am meeting women every day that stopped their patterns. I know that you can too. Stand in your power and be prepared for your man to show up fully, ready to look you in the eye and meet you as an equal."

She said more, and so did I, but there is a lesson here. In order have a different experience, we must change the story we tell ourselves. We cannot say to ourselves, "I am open and available for love" while telling our neighbors, colleagues and Facebook friends, "there aren't any good men, they don't exist." As long as that is the internal narrative, that will be the external experience.

Recognize your part in every experience. Release your attachment to blocks and limiting beliefs. Take responsibility for past thoughts and decisions and stop being a victim. Look for the lesson from every experience and opportunities for growth. Turn your attention to life and love you want to create, rather than focusing on the difficulties you hope to avoid. Fill the void with your desire. Tune into the feelings. How does the life of your dreams feel?

What love will you co-create for yourself? You've got the power.

Lori is a Lawyer and coach helping women over 40 find love and have fun doing it. Learn more about her at her website www.LoriAHarris.com.



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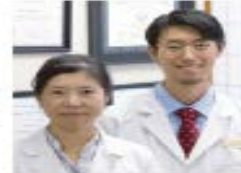
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TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

COLOMBO'S

Eagle Rock is certainly the up and coming place to live. Many hipsters and new money are making Eagle Rock their home. Sound Familiar? For a city to thrive, I think you need good restaurants. No... not chains, I guess some people think it is a big deal if Souplantation opens near them. For me, the neighborhood restaurant is KING!!!

A good stiff drink at a reasonable price, friendly service and portions still big enough to get a doggy bag to take home with you. Colombo's in Eagle Rock is such a place. Everything aforementioned plus nightly entertainment.

This isn't Arnie Morton's, but the prices aren't either. The menu includes pizza (\$14 range), pasta, a better than average Lasagna, daily fish specials, steaks and wines by the glass.


IsthisthegreatestmealthatIhaveeverhad?Well,Ican't say that, honestly. I am still in search of that meal. But

I can say the best \$25 Porterhouse in Los Angeles.

The restaurant has been in business for over 50 years and has the red leather seats, corked ceilings and a long bar. Go on to their website at colombosrestaurant.com for updated pictures and prices. Old School at it's finest!

Back to the food and what to order? Two ways to order here - Family style for the pizzas and lasagna or, if it is date night, the Porterhouse Steak and Grilled Salmon. On my visit I was trying, and I do mean trying, to stay at 170 pounds so I skipped dessert but am told that they are yummy as well.


Entrees come with either Baked Potato or Spaghetti. Colombo's Italian Steakhouse and Jazz Club 1833 Colorado Blvd. Eagle Rock (323) 254-9138 Log onto their website for hours and additional prices Join me every Sunday Night at 5 PM on AM 830 KLA



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WE'D LIKE TO INTRODUCE YOU TO SAVOR THE FLAVOR'S MADELINE ROMO.

Madeline, can you briefly walk us through your story - how you started and how you got to where you are today.

Established in 1998, Savor the Flavor has been focusing on the International Fancy Food Show award winners. We decided on this venture because of our love for food and entertaining friends and family. We refer to ourselves as the Gourmet Gals! We try everything before bringing it into the shop. If it doesn't WOW us, then it doesn't get put on our shelves.

We travel all over to find all these specialty foods and gifts. We go to Las Vegas, New York, Atlanta, Chicago, San Francisco, Philadelphia (just to name a few) and attend all these international gift and food shows and bring back the best-of-the-best and the award winners... Our goal has been to find the best tasting specialty foods as well as gourmet gifts, home decor and personal luxuries and offer them to any and all who share our passion.

We're always bombarded by how great it is to pursue your passion, etc - but we've spoken with enough people to know that it's not always easy. Overall, would you say things have been easy for you?

Being that we've been in business for 19 years, we've come across some rough patches but we made it through and we always come out stronger. There have been times when the economy has left the shop pretty quiet and we needed to find a way to get out name out there and remind people to keep shopping and supporting their small towns. That's when we incorporated our loyalty program and we also reinvested a lot of time and energy into social media and branding. Every tough patch gives us a chance to build up our business and find new ways to improve.

So, as you know, we're impressed with Savor the Flavor - tell our readers more, for example what you're most proud of as a company and what sets you apart from others.

We are a family owned and operated business and we take pride in that. We also focus on customer service and our goal every day is to make every customer who walks through our door leave happier than when they walked in. We take pride in all of our products and we gift wrap all our items so it's a one-stop shop.



So, what's next? Any big plans?
I'm looking to try and get better with branding my business and getting a bigger and better online presence.

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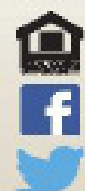
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CHECK-IN SERVICES THAT CAN HELP SENIORS STAY PUT

Dear Savvy Senior,
Are there any services you know of that check in on elderly seniors who live alone. I worry about my 84-year-old father falling or having a medical emergency, and not being able to get to the phone to call for help. And he won't wear a lifeline help-button.

Desperate Daughter

Dear Desperate,
Depending on where your dad lives, there are check-in call services, volunteer visiting programs, and a variety of technology options you can turn to that can help you keep tabs on him. Here are several to check into.

Daily Check-in Calls

To make sure your dad is OK every day, consider signing him up with a daily check-in call service program. These are telephone reassurance programs run by police or sheriff's departments in hundreds of counties across the country and are usually provided free of charge.

Here's how they work. A computer automated phone system would call your dad at a designated time each day to check-in. If he answers, the system would assume everything is OK. But if he didn't pick up or if the call goes to voice mail after repeated tries, you (or whoever his designee is) would get a notification call. If you are not reachable, calls are then made to backup people who've also agreed to check on your dad if necessary.

The fallback is if no one can be reached, the police or other emergency services personnel will be dispatched to his home.

To find out if this service is available in your dad's community, call his local police department's nonemergency number.

If, however, the police or sheriff's department in your dad's community doesn't provide a daily check-in call program, there are a number of companies you can turn to that offer similar services offered directly to consumers for under \$15 per month. Some to check into include the CARE senior calling program (Call-Reassurance.com), CareCheckers (CareCheckers.com) and IAmFine (Iamfine.com).

Volunteer Visiting Programs



Another option you may also want to investigate is volunteer visiting programs, which are usually run by churches, community groups, or social service agencies.

These programs provide volunteers who will visit an older adult in their home usually for an hour or two once a week, providing companionship as well as the reassurance that someone is checking in on a regular basis. They can also alert you if they notice your dad's health or living conditions start to decline.

To find out if these services are available, check with local churches or the area agency on aging near your dad – call the Eldercare Locator at 800-677-1116 for contact information.

Technology Solutions

Technology also offers a number of ways to help keep your dad safe at home, and help you keep an eye on him from afar. For example, for safety and peace of mind there are medical alert systems, which provide a wearable "help button" that would allow him to call for help anytime he needed it. Some of these systems (like Bay Alarm Medical, BayAlarmMedical.com) also offer wall-mounted buttons that can be placed near the floor in high fall risk areas like the bathroom or kitchen, if he didn't wear a help button.

And to help you keep daily tabs on your dad, there are wireless sensor-monitoring systems (like Silver Mother, Sen.se/silvermother) you could put in his home that will notify you if something out of the ordinary is happening; and video monitoring cameras (like the Nest Cam, Nest.com/camera) that have built-in motion and sound detection that will let you know when something is detected, and two-way audio that will let you talk and listen to him.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY!September Birthdays

Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaure, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Yvonne Osti, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - *New Activity*: Join us on Thursday July 20th, at 10:30a.m. to 11:30a.m for Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, no experience needed. Great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, August 16th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Mondays of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management Services are provided by the YWCA and offer assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance and training conditioning. All class materials are provided.



AUGUST EXCURSION

Gondola Getaway in Long Beach
Date: Friday, August 25th
Time: 9:15a.m. to 2:30p.m.
Cost: \$35.00 (Not including Lunch)

Gondola Getaway brings old world charm and a thousand year old tradition to Southern California. Authentic Venetian Gondolas gently cruise the enchanting canals and waterways of Naples Island, near the resort area of Belmont Shore in Long Beach. It's a unique way to enjoy the architecture of Naples Canals and its beautiful homes and yachts. The cruise is approximately one hour. Lunch is on your own around 2nd Street, Belmont Shore District with many dining options and shops. Level of Walking: Medium; please call the Hart Park House for reservations at 626-355-7394.

Draw from History with Kt Boyce - Free Art Class -

Monday, August 28th at 12:30p.m. – 1:30p.m. at Hart Park House
Join us as we use color pencils to learn color theory and value. Portraits of Sierra Madre's heroes are ready for you to shade and bring them back to life as we enjoy learning about their history. Kt will read the bios of Geronimo and Lucky Baldwin and a few others. Participants will reflect on their legacy, how things have changed, and others stayed the same in Sierra Madre. All art materials and supplies will be provided freely, however spaces are also limited. Reservations are required to save your spot! Please call the Hart Park House 626-355-7394.

SENIOR CINEMA -

THE IRON LADY

August 16th at 1:00p.m.

Former British Prime Minister Margaret Thatcher (Meryl Streep) reflects on her life and career as she finally prepares to dispose of the belongings of her later husband. Daughter of a Grantham grocer, she successfully broke through a double-paned glass ceiling of gender and class. Thatcher became the first female prime minister of the United Kingdom and remained as such for 11 years, until declining popularity forced her to resign. Run time: 1h 45m.



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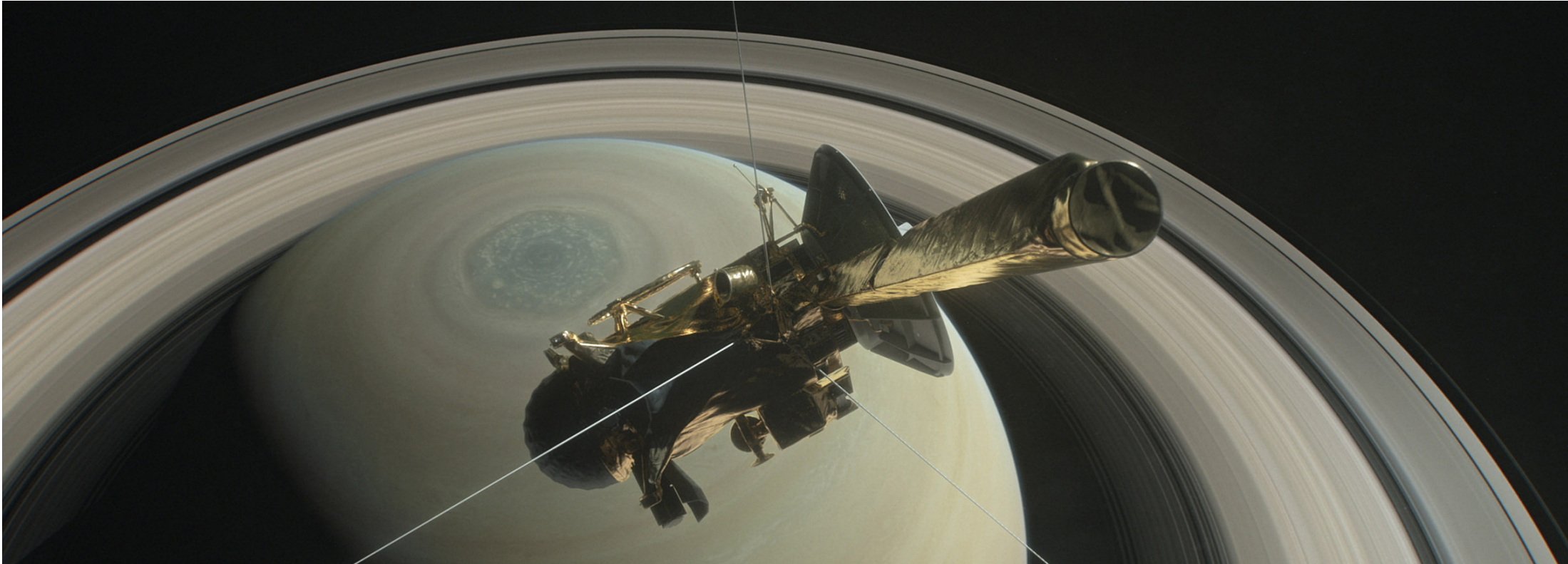




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Looking Up with Bob Eklund



SATURN PLUNGE NEARS FOR CASSINI SPACECRAFT



NASA's Cassini spacecraft is just days from its mission-ending dive into the atmosphere of Saturn. Its fateful plunge on Sept. 15 is a foregone conclusion—an April 22 gravitational kick from Saturn's moon Titan placed the two-and-a-half ton vehicle on its path for impending destruction. Yet several mission milestones have to occur over the coming two-plus weeks to prepare the vehicle for one last burst of trailblazing science.

"The Cassini mission has been packed full of scientific firsts, and our unique planetary revelations will continue to the very end of the mission as Cassini becomes Saturn's first planetary probe, sampling Saturn's atmosphere up until the last second," said Linda Spilker, Cassini project scientist from JPL. "We'll be sending data in near real time as we rush headlong into the atmosphere—it's truly a first-of-its-kind event at Saturn."

The spacecraft is expected to lose radio contact

with Earth within about one to two minutes after beginning its descent into Saturn's upper atmosphere. But on the way down, before contact is lost, eight of Cassini's 12 science instruments will be operating. In particular, the spacecraft's ion and neutral mass spectrometer (INMS), which will be directly sampling the atmosphere's composition.

In its final week, Cassini will pass several milestones en route to its science-rich Saturn plunge:

Sept. 9 -- Cassini will make the last of 22 passes between Saturn itself and its rings—closest approach is 1,044 miles above the clouds tops.

Sept. 11 -- Cassini will make a distant flyby of Saturn's largest moon, Titan. Even though the spacecraft will be at 73,974 miles away, the gravitational influence of the moon will slow down the spacecraft slightly as it speeds past. A few days later, instead of passing through the outermost fringes of Saturn's atmosphere, Cassini will dive in

too deep to survive the friction and heating.

Sept. 14 -- Cassini's imaging cameras take their last look around the Saturn system, sending back pictures of moons Titan and Enceladus, the hexagon-shaped jet stream around the planet's north pole, and features in the rings.

Sept. 14, 2:45 p.m. PDT -- Cassini turns its antenna to point at Earth, begins a communications link that will continue until end of mission, and sends back its final images and other data collected along the way.

Sept. 15, 1:37 a.m. PDT -- The "final plunge" begins. The spacecraft starts a 5-minute roll to position INMS for optimal sampling of the atmosphere, transmitting data in near real time from now to end of mission.

Sept. 15, 4:53 a.m. PDT -- Cassini enters Saturn's atmosphere. Its thrusters fire at 10 percent of their capacity to maintain directional stability, enabling the spacecraft's high-gain antenna to remain pointed

at Earth and allowing continued transmission of data.

Sept. 15, 4:54 a.m. PDT -- Cassini's thrusters are at 100 percent of capacity. Atmospheric forces overwhelm the thrusters' capacity to maintain control of the spacecraft's orientation, and the high-gain antenna loses its lock on Earth. At this moment, expected to occur about 940 miles above Saturn's cloud tops, communication from the spacecraft will cease, and Cassini's mission of exploration will have concluded. The spacecraft will break up like a meteor moments later.

"The end of Cassini's mission will be a poignant moment, but a fitting and very necessary completion of an astonishing journey," said Earl Maize, Cassini project manager at JPL.

You can contact Bob Eklund at: beklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

AFTER THE DISASTER:

The Necessity of Sanitation, toilets and otherwise [part 1]

[Nyerges has been teaching survival skills since 1974. He is the author of several books including "How to Survive Anywhere," which has a complete section about emergency toilets, natural soaps, and the necessity of sanitation after emergencies. He can be reached at www.SchoolofSelf-Reliance.com.]

In the aftermath of an urban disaster, the greatest shock to the survivors will be the absence of certain social services that had been taken for granted. Chief among these expectations are the ready availability of food, availability of medical care, and good sanitation and trash removal. These 3 together, when lacking, create horrendous personal living conditions. Those terrible conditions result because residents came to depend on the modern city-society to provide these services. And since we've long depended on others in our urban setting to do these services, we've generally ceased trying to even think about how we would deal with these issues in an emergency. Hence, the predictable result after an emergency: panic, pain, disease, death.

Health officials have long pointed out that far more people die in the unsanitary conditions that follow a major disaster than the number of deaths from the disaster itself. If a hundred people died in the wreckage of a major urban earthquake, you could expect many hundred to a thousand more deaths from contaminated water supply, untreated infection from wounds, lack of electricity for certain medical procedures, etc.

This is why everyone should learn to grow and store their own food. This is why everyone should learn basic first aid, and should store basic first aid supplies. This is why everyone should learn all aspects of basic home hygiene and sanitation, in the event that we don't have running water, a working toilet, or a functional shower or bathtub.

HOSPITAL POTTY

When I was in my teens and still living with my parents, we wondered what we'd do for a toilet if an earthquake took out the sewer lines. My mother had grown up on a farm in rural Ohio, and with no indoor plumbing until after WWII, her family used an outhouse. So she knew that if you placed a closet-like room over a deep hole, all the toilet contents would eventually decompose. But we lived in urban Pasadena where backyard outhouses were illegal. My mother, who was also a nurse, came up with a solution. She obtained a used hospital porta-potti for our emergency use. It was just a chair with a pot under the seat, but we felt confident that we were now well-prepared in the event of an earthquake. We only had to use it once when my father was sick and couldn't walk to the bathroom.

We had a small garden in a side yard where we would make compost and add horse and chicken manure to the mix. We didn't figure there was any big deal about adding some human manure to the mix, though we were completely ignorant of the many ramifications thereof at the time.

RV TOILET

Later, I moved into a small house on a large property on the fringe of Los Angeles, and lived there as a squatter for a year and a half. The plumbing was fine, but among other things, I researched and practiced urban survival skills while living there.

In order to test the viability of an indoor non-flush toilet in the aftermath of an earthquake, a local non-profit commissioned me to test an RV toilet. The RV toilet was simply a standard plastic bucket inside a larger container. I put this RV toilet into the bathroom, and used it exclusively for a 30 day period. Even the occasional guest would use the RV toilet. Every few days it had to be emptied, so I dug a trench out in the yard for that purpose. The trench was about 3 feet deep, about 2 by 5 foot wide. I covered the toilet contents each time with a layer of straw, soil, and wood shavings. Eventually, I grew an amazing tomato patch in that trench.

I described the details of this experiment in my book, "Extreme Simplicity: Homesteading in the City," available from Dover Press.

BUCKET TOILET

We have also made toilets according to the manner often described in FEMA literature. We lined a plastic bucket with a plastic bag, and added a toilet seat to the top. You can buy toilet seats that snap onto a standard plastic bucket. After each use in this system, the ideal thing to add is wood chips or shavings that you can usually obtain for free from local wood shops. When the bag is half-full, you remove and discard. If you are expecting a long time with no trash removal, you can either store these bags for future use, or – assuming you have the space – bury the contents somewhere in your yard and cover after each addition.

STAY CLEAN

You should store soap in your household, and most soap will store for decades. Soap would also be a good trade article in the aftermath of a serious disaster. For long term revival, knowing how to make soap would be a valuable skill.

Lacking sufficient clean water, you could dilute vinegar or lemon juice for wiping your hands, or washing wounds.

You should also do your best to keep your clothes relatively clean and disinfected. If nothing else, shake out your clothes each day, turn them inside out, and hang them in the sun for a few hours.

You should also do your very best to regularly wash your hands, and take a shower. Lacking a city-provided water supply, you should have stored water for such an occasion. I have also long kept a solar shower, one of those bags that you will with water and lay out in the sun. These are real life-savers. You can fill with water and take your shower outside before the sun goes down, letting the water drain into your garden. You can also buy a shower booth from any of the backpacking catalogs and on-line stores now out there.

This is only the tip of the iceberg. More on this later.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

I DIDN'T WIN \$750 MILLION

During a recent lottery shindig, everybody was watching to see who was going to win all that money. Even I got all caught up in the excitement and was on the edge of my seat too.

"Why," the Gracious Mistress of the Parsonage said, "are you so interested in that lottery?"

"Well," I said as soberly as possible, "what if I win all that money? Wouldn't that be tremendous?" Then I flashed a gracious million-dollar smile at her.

She just stared at me, rolled her eyes and walked away. As she was walking away, she mumbled something like, "You gotta pay if you're gonna win."

Oh yeah, I thought to myself. I am sitting in my chair wondering what in the world I would do with all that money if I actually would win it when in reality I am not even playing the lottery. I just got all caught up with the idea of winning money.

Even if I did play, according to some statistics, only one person in 300 million had a chance of winning that lottery. I'm not sure how they come up with such statistics; I am rather suspicious of the whole thing.

I remember a favorite saying of the late Will Rogers, "All I know is what I read in the newspaper." That was long before all of this media electronic nonsense that we have today. I think he might change his saying something like this, "All I know is what I see on TV." Or, some of the younger group might include the Internet.

I am not a skeptic, mind you, I just do not believe everything I hear or see these days. I never guess how much change I have in my pocket, I always count it. I never want to guess at anything.

Some people believe everything they hear and see on TV these days. I think most of it is just entertainment. Entertainment has become such an obsession these days that it is hard to get away from it.

We watch programs that solve problems that don't even exist. We get all excited about somebody playing some role on some fictitious TV program. Don't get me started on those reality shows!

I can remember when the TV program Dallas was very popular. They ended one season with the mysterious killing of JR. All of the media went crazy, even across Europe, wondering, "Who killed JR?" I wonder how many people stopped to think that JR was not even a real person.

I am not against winning money, I want to win as much money as I can. However, I think it is a ruse to get people's attention. Even I was watching to see who was going to win all of that money. That is exactly what they wanted.

Again, I am not a skeptic, but I wonder if that person that won all that money was a real person? Or, was it some kind of ruse to get people to watch television at that point? From another angle, how much did they really pay that woman to say that she won all that money?

Okay, okay I admit it! I am a skeptic. But I'm a skeptic with good intentions. At least I believe they are good. I just do not want to be sold a bill of goods that somebody is trying to take advantage of me.

I do not believe everything I see and hear. I do not agree with everything I see or hear these days. How in the world could you? How in the world could anybody?

I try to be careful because I know not everybody has an agenda and not everybody is out to pick my pocket. It only takes one person to cause me to be very cautious about everything.

I think one of the great areas where I need to be very cautious is in religion. Religion has made many promises throughout the years that it has yet to make good on. I want something more solid than religion. Everybody is religious, one way or the other. Sometimes, I will not say always, religion is out to pick your pocket.

That is one of the reasons why I am a Christian. I do not have anything in my pocket that God would want to pick. There is nothing I have that would in any way enrich the heavenly coffers of God.

The other way around is where I am at. So much God has I desire and want in my life. I cannot enrich God, but God can enrich me beyond my wildest imagination. Believe me; my imagination can get pretty wild at times.

The only way I can really find out what God has for me is to commit myself to the systematic reading of God's word. I do not believe in that slogan, "A verse a day keeps the devil away." Read the story of the temptation of Jesus in the wilderness and you will see the devil used Scripture to attack Jesus.

I believe David in the Old Testament understood the riches that God had for his people. He wrote, "For the LORD taketh pleasure in his people: he will beautify the meek with salvation" (Psalms 149:4).

It would be wonderful to win \$750 million, but after all, it is only money and eventually that money runs out. God's pleasure never runs out.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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Monday, September 4, 2017, is **Labor Day**, in the U.S. The holiday will be celebrated by families around the country with picnics, barbecues, road trips, and sports events. It is the last blast of the summer vacation season. Labor Day now is a federal holiday and most Government offices, schools, and, businesses are closed.

Here Are 10 Labor Day Facts.

1. Labor Day in Canada began in 1872 in Toronto but quickly made its way south to the U.S. Originally it began as a significant demonstration demanding rights for workers.
2. The first U.S. Labor Day was celebrated on Tuesday, September 5, 1882, in New York City, planned by the Central Labor Union. The Labor Day parade of about 10,000 workers took unpaid leave and marched from City Hall past Union Square uptown to 42nd Street, and ended in Wendel's Elm Park at 92nd Street and 9th Avenue for a concert, speeches, and a picnic.
3. Oregon was the first state to make Labor Day a holiday in 1887.
4. On June 28, 1894, Congress passed an act making the first Monday in September of each year a legal holiday in the District of Columbia and the territories.
5. What are we celebrating? The contributions and achievements of the 155 million men and women who are in the U.S. workforce.
6. In the late 1800's, the average American worked 12-hour days and seven-day weeks to eke out a basic living. Children as young as 5-6 years old worked in factories and mines.
7. The year in which the 8-hour day was firmly established was 1916 with the passage of the Adamson Act. This was the first federal law regulating hours of workers in private companies.
8. Traditionally people do not wear white or seersucker clothes after Labor Day.
9. The football season begins every year during Labor Day weekend.
10. Labor Day is viewed as the unofficial last day of vacation before the start of the new school year (and mourned by students all over). Stated differently, it is the Back-to-School kickoff (cheered by parents all over!).

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AROUND SAN GABRIEL VALLEY

LATE ROCK N' ROLL LEGEND RITCHIE VALENS GETS HIGHWAY DESIGNATION

(SACRAMENTO) – Today, California approved Assemblymember Raul Bocanegra's (D-Pacoima) ACR 23, officially naming a portion of Interstate 5 between State Route 170 and State Route 118 in the northeast San Fernando Valley after rock and roll icon Ritchie Valens. The "La Bamba" singer was raised in the northeast San Fernando Valley community of Pacoima before appearing on the Billboard Hot 100 Chart.

"Ritchie Valens is a part of the cultural fabric of the 39th District and the northeast San Fernando Valley," said Assemblymember Bocanegra. "His music inspired and influenced a generation of Chicano artists in our community and throughout the world. It's only fitting to name this segment of the I-5 after a Rock n' Roll Hall of Famer who grew up right here in Pacoima."

"The Ritchie Valens family would like to express their gratitude for the legislation to be submitted by Assemblymember Raul Bocanegra on behalf of our brother Ritchie Valens in the renaming of a section of the I-5 freeway," said Connie Valens, sister of Ritchie Valens. "Ritchie became a Rock N' Roll icon at the age 17; he's not only a Rock N' Roll pioneer, but a role model for artists and youth all over the world."

Ritchie Valens attended Pacoima Junior High School and became popular for bringing his guitar to school to sing songs for his friends. He then went on to play at dances, gatherings, and parties throughout the northeast end of the San Fernando Valley with an up-and-coming group, "The Silhouettes." People began to take notice of his vocal and guitar skills, which drew large crowds, and he was dubbed as

"Little Richard of the Valley."

"Ritchie Valens represented the San Fernando Valley with honor and respect, at performances across the nation he would proudly announce he was from the valley," said Gil Rocha, who performed with Valens in The Silhouettes. "Ritchie loved his community, and had big plans to help young neighborhood kids."

After Ritchie was discovered in 1958 at an American Legion Hall in Pacoima, he recorded Come On, Let's Go and became an instant sensation, leading to an appearance on American Bandstand. He achieved even greater success with his second single, a dual-sided record featuring the songs "La Bamba," and "Donna." The record sold over a million copies.

"Ritchie's promising career ended prematurely after a tragic plane accident, but his memory lives on through his music and the cultural influences he had on society," said Assemblymember Bocanegra.

Over the coming months, the local CalTrans office will prepare both the sign design and an estimate of the production and installation costs, both of which will be paid from non-state resources. Bocanegra's office is working with family members and with non-profits in the area to organize a dedication event that will be open to the community.

Raul Bocanegra is the Democratic Majority Whip in the California State Assembly. He represents the 39th Assembly District, which includes the Los Angeles communities of Arleta, Granada Hills, Lakeview Terrace, Mission Hills, North Hollywood, Pacoima, Shadow Hills, Sun Valley, Sunland-Tujunga, Sylmar and the City of San Fernando.

COFFEE AND CONVERSATION WITH ASSEMBLYWOMAN RUBIO

By Joan Schmidt

This past Saturday, Assemblywoman Blanca Rubio sure "wowed them" at the Duarte Library. Mayor Pro Tem Fasana said, "I am a Republican and I like you"; Council Member Paras- Caraci commented, "I liked you before, but I am in love with you now." Rubio's positive energy blew me and all attendees away!

In an hour-and-a-half, we learned about this remarkable woman, how the Assembly operates and background info about various bills.

The day Elvis died, forty years ago marks the Rubio Family's arrival in California. Undocumented, her parents quickly obtained work visas and eventually the family became citizens.

Rubio attended Beaumont High School; her counselor told her to take home economics- Mexican, she'd probably just get pregnant after graduation. No, she proved him wrong, earning an Associate's Degree from East LA College and Bachelor's in Business from Azusa Pacific. Rubio worked in human resources in the Baldwin Park School District for several years and helped teachers get credentialed. A teacher's shortage brought encouragement for her to enter that field; Rubio obtained her Credential and a Master's in Education from APU.

During her tenure in human resources, Rubio was on the San Gabriel Valley Water Board. She also was a champion of keeping class sizes at a 20 to 1 ratio. As a teacher, she continued to speak in favor of a 20-1 ratio. Since Rubio wouldn't back down, she was encouraged to run for Baldwin Park School Board which she won. A conflict of interest, (One cannot teach and serve on a School Board in the same district) brought her transfer to Fontana School District. Rubio taught for thirteen years (Fontana) and was on the B.P. School Board for thirteen years.

The Assemblywoman describes herself as "Moderate" and "Progressive". Not a politician, she fights for what she believes in and won't back down no matter what pressure there is.



Rubio received a lot of flack because she voted "NO" on AB 42 (Eliminating bail). The consensus is bail is unfair because lower-income people cannot afford it. Rubio was accused of not caring about poor people. She voted "no" because "there were too many blank spaces in the bill".

SB 10 also dealt with the bail issue; Rubio would not sign it. CA Chief Justice Tani Cantil-Sakauye also expressed concern and established a panel to study it. Governor Drown advised a vote not be taken till the judge's report on the bail system comes out in December.

Rubio also discussed the GAS Hike. She FINALLY supported the bill AFTER it was guaranteed funding would come to the San Gabriel Valley and work begun immediately on the 605 Freeway.

Rubio explained her schedule-she is in Sacramento 4 days; but here Fridays-Sundays. (After being here 30 years, that's nice to finally find out!)

Her schedule in Sacramento enables her to be at her office by 9 A.M. Mondays. She and her staff are able to review all upcoming legislation prior to the 1pm session. Most Assembly Members arrive at 1 pm!

Residents of the 48th District, be grateful- we have someone in Sacramento who is above politics, working for her constituents!

REP. SCHIFF INTRODUCES AMENDMENT TO PROHIBIT EXPENDITURE OF SECRET SERVICE FUNDS TO BUSINESSES OWNED BY FIRST FAMILY

Washington, DC – Today, Rep. Adam Schiff (D-CA) announced he will be [introducing an amendment](#) to the Department of the Interior, Environment, and Related Agencies Appropriations Act that would prohibit the payment of Secret Service funds to entities owned or operated by the President or his immediate family. According to USA Today, the President and his family's frequent visits to locations owned by the Trump Organization have put an unprecedented strain on the Secret Service's budget and manpower. Based on General Accountability Office (GAO) estimates of comparable travel from previous administrations, each visit to a Trump Organization location by the President and his family costs an estimated \$3 million.

Much of this money is paid to the Trump Organization itself, including a substantial amount for the rental of golf carts – at an estimated cost of \$60,000 to taxpayers – and other expenses necessary for security.

"The immense honor and responsibility of serving as President of the United States should never be exploited for profit or personal gain," said Rep. Schiff. "That the Trump Organization is profiting off the Secret Service is an abuse of taxpayer money and an improper method of enrichment."

The Department of the Interior, Environment, and Related Agencies Appropriation Act allocates funding for government programs for Fiscal Year 2018. The bill will be considered by Congress in September.

REP. SCHIFF INTRODUCES AMENDMENT TO PROTECT DREAMERS

Washington, DC – Today, Rep. Adam Schiff (D-CA) announced he will be introducing an amendment to the Department of the Interior, Environment, and Related Agencies Appropriations Act that would prohibit any funds to be used for the deportation of individuals granted deferred action under the Deferred Action for Childhood Arrivals (DACA) program, the "DREAMers." Since the creation of DACA, more than 750,000 young undocumented immigrants have been granted work permits and deportation relief. Approximately one quarter of all DACA recipients live in California.

"For many DREAMers, America is the only home they've ever known, and deporting these young people would be cruel and wrong," Rep. Schiff said. "Hundreds of thousands of young people enrolled in the DACA program because they believed in the promise of America and were assured protection from deportation. This amendment will ensure that we keep our promise to these young people."

The Department of the Interior, Environment, and Related Agencies Appropriation Act allocates funding for government programs for Fiscal Year 2018. The bill will be considered by Congress in September.

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Historic Mission San Gabriel



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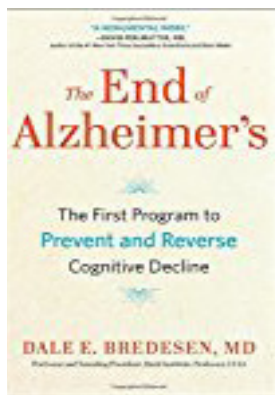


CalBRE #01943630

By Jeff Brown

Winston Churchill knew the power of words. In public speeches and published books, in newspaper and magazine articles, he expressed his feelings and vision for the future. His wartime writings and speeches have fascinated generation after generation with their powerful style and thoughtful reflection. This book contains one hundred extracts from his books, articles and speeches. They range from his memories of his schooldays, to his contributions to the debates on social policy and both world wars and his efforts after 1945 to see the world a better place. The book gives, from first to last, an insight into his life and thought, how it evolved, and how he made his mark on the British and world stage.

Everyone knows someone who has



survived cancer, but until now no one knows anyone who has survived Alzheimer's Disease. This paradigm shifting book offers real hope to anyone looking to prevent and even reverse Alzheimer's Disease and cognitive decline. Revealing that AD is not one condition, as it is currently treated, but three, The book outlines 36 metabolic factors (micronutrients, hormone levels, sleep) that can trigger "downsizing" in the brain. The protocol shows us how to rebalance these factors using lifestyle modifications like taking B12, eliminating gluten, or improving oral hygiene. The results are impressive. Of the first ten patients on the protocol, nine displayed significant improvement with 3-6 months; since then the protocol has yielded similar results with hundreds more. This brings new hope to a broad audience of patients, caregivers, physicians, and treatment centers with a fascinating look inside the science and a complete step-by-step plan that fundamentally changes how we treat and even think about AD.



Why You Should Include Estate

Planning in the Preparation

You may have been running around the last few weeks, getting your new college student off to school. It's exhilarating, and your heart likely is bursting at the seams. You're probably prouder than you can say, but you're a little afraid, too. How can you make sure your child is going to be safe at school, so far away from home? A new Bed Bath and Beyond matching sheet set for the dorm is great, but it doesn't provide any peace of mind. So what else can you do?

Actually, there is something, probably not yet on your to-do list, that can absolutely make a real difference. Bring your child to a local estate planning attorney.

You're undoubtedly aware of the fact that, having graduated from high school, your kid's an adult now—meaning that your child's going to spread his or her wings. But what is essential to remember: At 18, college students often still want Mom and Dad by their side if they get sick, but legally, decisions for medical care are theirs alone. If they were say, unconscious from a serious car accident, a parent couldn't authorize medical care without first going to court. And that costs time and money, and in the end it would still be up to a judge whether you could make decisions on your child's behalf or not.

We don't want to worry you, but the unfortunate reality is that, every year, some quarter of a million people between 18 and 25 wind up in the nation's hospitals, according to [Forbes](#), and their parents are often locked out of critical decisions.

Therefore, experts recommend that everyone over the age of 18 have a basic estate plan which includes a will or trust, a power of attorney, and medical directives that would allow someone they trust to take act on their behalf, if they aren't able to.

Here are some things to take care of as you send your kid away to college:

A FERPA Release: The Family Educational Rights and Privacy Act is designed to protect college student's privacy, but it can leave parents locked out in an emergency. A properly worded release allows school officials to talk with you and release your child's records to you.

A HIPAA Authorization: The Health Insurance Portability and Accountability Act was designed to protect a patient's privacy. Consider having your child sign an authorization so that—just in case—any necessary doctors can talk to you about your child's condition, care, and treatment.

A Durable Financial Power of Attorney: This is a legal document that allows you to take care of your child's checking or savings accounts, pay bills, etc., if the child's unable to—whether due to illness or even just location (for example, if the school is on the other side of the country).

A Durable Power of Attorney for Healthcare: Like the financial version, this allows you to handle medical decisions for your child, if your child is unable to do so.

A Will: At first glance, this may seem a little silly for the average broke college kid. But there could be a lot of hidden complexities: The average American has some 90 online accounts, for instance. Does your child have thoughts about who should manage and close down those social media accounts? Monitor emails? Who should get the Xbox or a bank account? It's also a great time in your young adult's life to instill responsibility by encouraging them to think about this early in life.

As personal family attorneys, we've been helping parents attain peace of mind for years. Feel free to reach out to us if you have questions about this topic or any other estate planning matters.

Dedicated to empowering your family, building your wealth and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



Establishing and maintaining a successful business begins and ends with an entrepreneur's state of mind. "The Little Engine That Could" is one of the most famous children's stories, extolling the benefits of what is possible when someone simply dares to believe they can accomplish something that may seem out of reach.

something that may seem out of reach.

Everyone who has any inkling of entrepreneurial aspiration must seize the moment at some point and take action in order to create the product or business they envision. The mind is defined as the part of a person that can think, reason, feel and remember. It is commonly thought of as the activity of the brain, which is an appropriate springboard to emphasize that activity or action aligned with aspiration is what distinguishes doers from mere dreamers.

Mind your business is used here as an expression to emphasize the importance of how entrepreneurs can use their own thought process to forge ahead toward achieving goals. The following mnemonic can be used as a guide to move forward and keep going in the direction of your business interests.

Make Up Your Mind

The first step is to get clarity about your vision, your dream to start a business. Do you want to earn extra income or build your idea into your primary livelihood? Do you want a small, easy-to-manage business or are you thinking of building a thriving enterprise? Either one will need to generate revenue and be profitable. It is important to determine the income goal as a certain amount per month, year or other timeframe. Finally, it

is imperative to commit to a date by which you expect certain goals to be attained.

Invest Your Time & Resources

Everyone on the planet is granted with 24 hours in a day, and those who have relished in the success of building a profitable understand that time is a commodity more valuable than money. Both should be used wisely, but unlike money, time wasted can never be recaptured. Take time to layout the gameplan, the roadmap as you understand it, to reach your goal.

Never Give Up

Follow the example of The Little Engine That Could and press forward, even when going uphill makes it a little more difficult.

Distinguish Yourself With Discipline

Executing your plan will build the bridge between your goal and your vision. Consistency fosters discipline, which results in a mastery of knowledge and skills that fuels the type of confidence that can help an entrepreneur to keep going when times get challenging.


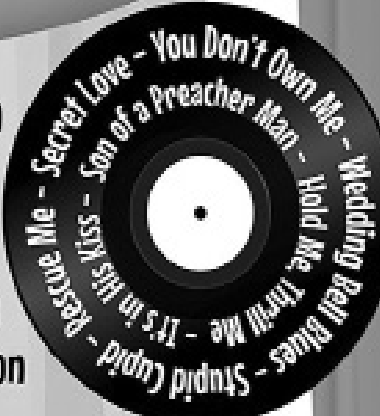
Move beyond thinking about starting a business, or if you're already in business, move beyond simply thinking about what you can do to expand and move to the next phase you envision. Make up our mind to have the level of success you desire as a business owner and go for it.

"The mind is everything. What you think you become."
- Buddha

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

PETER Funt



SIRI: WHAT IS FOOTBALL'S FUTURE?

Will football someday become the world's first virtual professional sport?

With the NFL's preseason underway, high school and college players back on the practice fields, and tens of thousands of fantasy leagues conducting their annual drafts, let's put the question another way:

Which will happen first: the collapse of the NFL due to a shortage of players willing to risk injury? Or the development of computer-based football so compelling and unpredictable that it actually replaces the pro game loved by millions of fans?

For now, both scenarios seem far fetched—but something's gotta give. Football is being jolted as never before by both scientific and anecdotal evidence about the effects of repeated blows to the head.

What could the long-term future possibly be for a sport in which, for example, 40 former pros conduct a charity golf tournament (in California this summer) to raise money for research on traumatic brain injuries? For a game in which more than 2,000 women turn to a Facebook page devoted to the health consequences faced by their loved ones employed as pro players?

The Federation of State High School Associations tabulates that participation in football has fallen for the fourth straight year—with the latest seasonal drop totaling roughly 26,000 players. If the pipeline of human pro players eventually dries up, perhaps replacements will emerge from computer labs.

In fact, pro football has been inching toward "virtual" status for over three decades. The crude computer efforts of the early 1980's, developed by companies such as Nintendo, have evolved into modern, high-definition versions so life-like that they are played by many NFL pros in their spare time.

The NFL has enthusiastically supported this—in large part because of the license fees, but also, I believe, with an eye toward the future. The league also backs fantasy football, which continues to grow in popularity as more and more fans create and manage their own teams in computer-based leagues.

The problem, of course, is that computer games and fantasy leagues depend, at least for now, on real players and real on-field results. But that might someday change.

Consider what two of my acquaintances, one a former pro player, the other an armchair fanatic, say when asked about the state of football today.

The fan explains that he never goes to games anymore—they're too expensive, too rowdy and, moreover, not as enjoyable as watching on a large-screen, high-def television. He prefers a comfy chair, with reasonably-priced snacks at hand and a computer propped on his lap to track multiple fantasy squads.

The former pro explains that if the average fan were ever to stand on the field during an NFL game he would be so sickened by the sounds of collisions and screams of pain that he would cease loving the sport. What you see on TV, he adds, are guys in helmets and pads looking very much like avatars in a video game. Football is the only sport in which you can watch a player for several seasons yet very possibly have no clue whatsoever about what he looks like in person.

To my mind, these two insightful fellows are describing the foundation for totally virtual football. The NFL could control it, the networks would cover it, and gamblers might even support it.

Given the pace at which computer science is advancing, a truly equivalent virtual game can likely be crafted in a decade's time.

Personally, I'm finding it increasingly difficult to rationalize my passion for a sport that is so clearly proving to cause lifelong suffering for its participants. I'm tired of all the dirty looks from my wife as she wonders why I so stubbornly support this game.

I've grown used to getting the scores and stats from Siri and Alexa. I suppose I'd be willing to have their colleagues play the game as well.

Peter Funt can be reached at www.CandidCamera.com

Peter Funt is a writer and speaker. His book, "Cautiously Optimistic," is available at Amazon.com and CandidCamera.com.

RAGING MODERATE

by WILL DURST



WHAT TRUMP SAYS VS. WHAT TRUMP MEANS

Most presidents try to avoid controversy by painstakingly parsing their words like a fifth grader conserving an allowance at the county fair. Reluctant to reflect even the hint of a whisper of a shadow of a rumpus. But Donald Trump is not most presidents.

He is as singular as a smokestack in a cotton field.

The former New York City real estate developer wields words the way a butcher employs a bone saw. Sometimes revealing more than he intends, such as claiming that reporters... "don't know how to write good." Other times intentionally dropping sticks of rhetorical dynamite into various honey wagons not caring who gets splattered with what.

Our nation's rookie Chief Executive utilizes a special language that is equal parts dog whistle, miscommunication and distinctive code. And usually there's a huuuge gap between what he says and what he means. A divide that we here at Durstco have gone to great lengths to decipher so that regular citizens can follow along in a segment we like to call... What Trump Says & What Trump Means.

WTS. "The media is totally unfair.

WTM. They insist on reporting the facts.

WTS. "A lot of people don't know this, but..."

WTM. Until being told that morning, he didn't know that.

WTS. "Many people are talking about this..."

WTM. One guy squatting in a cabin in Upper Michigan tweeted about it in 2014.

WTS. "He's an idiot." "A loser." "Weak."

WTM. Somebody who disagrees with him.

WTS. "He's a good person." "A fabulous find." "Major talent."

WTM. Somebody who agrees with him, but you wouldn't want them to babysit the kids.

WTS. "Tremendous." "Amazing." "Fantastic."

WTM. He likes it.

WTS. "Disaster." "Total catastrophe." "A disgrace."

WTM. Doesn't like it.

WTS. "Believe me. Believe me."

WTM. Don't believe him. Don't believe him.

WTS. "I have top people working on this."

WTM. He left a message on Jared Kushner's voice mail.

WTS. "I'm highly educated. I have the best words."

WTM. Which he highlights by limiting his usage to about 200 of them.

WTS. "That's a fact. You know it, I know it, everybody here knows it."

WTM: He either made it up, or saw it on InfoWars.

WTS. "I will let you know in a brief period of time."

WTM. He has no idea what's going on.

WTS. "There's 2 sides to every story."

WTM. White supremacists make up a large part of his base.

WTS. "I don't have time for political correctness."

WTM. He thinks demonstrating empathy makes him look weak.

WTS. "Absolutely. 100%."

WTM. Probably not.

WTS. "The failing New York Times is one of the worst newspapers."

WTM. They keep digging up facts.

WTS. "We're going to build a wall and get Mexico to pay for it."

WTM. Xenophobes make up a large part of his base.

WTS. "I'm not going to tell you, so as not to alert the enemy to my plans."

WTM. He has no idea what's going on.

WTS. "I love the poorly educated."

WTM. He loves the poorly educated. They make up a large part of his base.

WTS. "Everybody hates the United States."

WTM. Since last November 8.

WTS. "Fake news."

WTM. Once again, someone has unearthed evidence.

WTS. "We're going to Make America Great Again."

WTM. He has no idea what's going on.

Will Durst is an award-winning, nationally acclaimed columnist, comic and former sod farmer in New Berlin, Wisconsin. For a calendar of personal appearances, including his new one-man show, "Durst Case Scenario," please visit willdurst.com.

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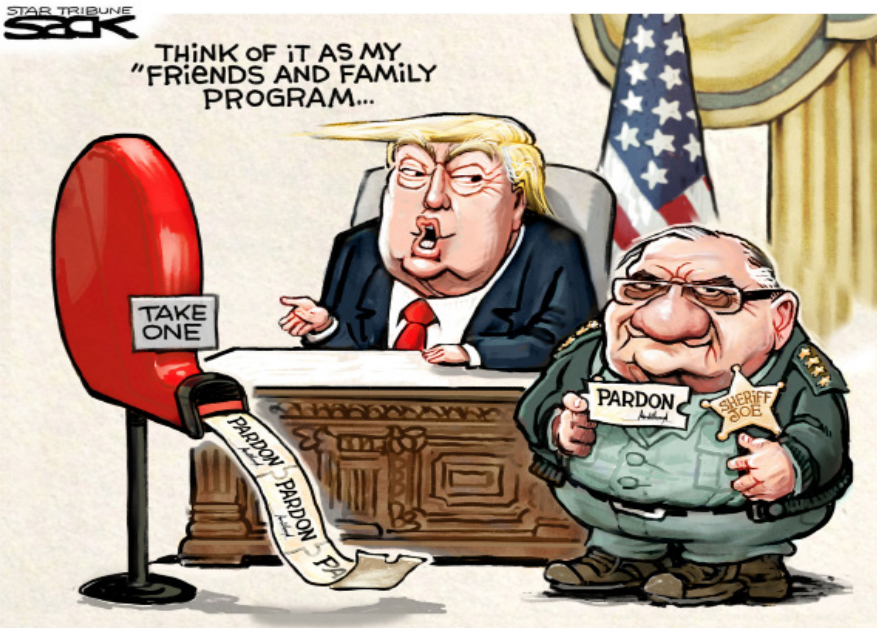
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MARIA FOTOPOULOS

WILDLIFE LOSES A DEVOTED PROTECTOR



Wildlife and the conservation community suffered a tremendous loss last week when Wayne Lotter was murdered in Dar es Salaam, Tanzania. A well-known conservationist committed to ending elephant and giraffe poaching, Lotter was co-founder of the PAMS Foundation, which works for sustainable conservation solutions with local partners and communities.

The elephant population in Tanzania has been particularly devastated by poaching, losing more than 66,000 members in the last decade according to PAMS. This is against the backdrop of a larger elephant genocide that has left more than 150,000 dead or mutilated in the last five years – all for their ivory. The largest land mammal on Earth, elephants were once common in Africa, numbering perhaps as many as 20 million on the continent at the beginning of the 19th century. Paul Allen's Great Elephant Census found 352,000 elephants in the whole of Africa now.

Lotter's efforts, including to educate about the extreme loss of elephant and giraffe life from massive poaching, were making an impact – 32,000 elephants and 7,000 giraffe protected. Lauded by the environmental community, but seen as a threat by wildlife traffickers, The Guardian reported that Lotter had received many death threats because of his work since he started PAMS in Tanzania in 2009.

An investigation has been launched into the shooting death of Lotter, but many are speculating it was a targeted killing due to his work. Sean Willmore, president of the International Rangers Foundation (IRF), said, "It's the most likely [motive], but we'll wait to see what the police come out with. Those who are close to the game probably think there's a strong correlation that it was due to his anti-poaching efforts."

World-renowned animal advocate Dr. Jane Goodall, who called Lotter a personal hero, wrote after the news of his death, "Wayne passionately believed in the importance of involving local communities in the protection of wildlife, and through his work with PAMS he helped train hundreds of village game scouts in many parts of the country. As a result he gained the support of many of the local people, but inevitably faced strong opposition from dealers and many high level government officials. He also worked to develop an intelligence-based approach to anti-poaching that undoubtedly helped to reduce the shocking level of elephant slaughter in Tanzania."

As I wrote recently for World Ranger Day, those holding the Thin Green Line in a war against wildlife have taken on what is today some of the most dangerous work in the world. More than 1,000 park rangers and guards worldwide have been killed. IRF says 80 percent of these murders were at the hands of organized poachers and militia groups. Environmental activists and conservationists also have been murdered.

Since Lotter's murder, reports and posts from conservationists have shared a resolve to carry on the essential work of Lotter. For us on the sidelines, those of us reading about this from afar, we need to do more to help those on the frontlines. What's at stake is the loss of species, and the implications of losing species are significant and far-reaching.

Beyond the balance of ecosystems, on the most basic level, how can we live in a world where we allowed the complete destruction of the elephant, the giraffe, the rhino, the tiger, the lion? What value does Man bring to the planet if he can only destroy?

If I had a genie and a few wishes right now, I'd asked for a ten-fold outpouring of conservation resources. They would be for more sustainability solutions, to better engage local communities where elephants and other wildlife are taking tremendous losses, and to educate and help those communities become the major stakeholders in protecting their unique wildlife.

As well, resources would go towards educating the end-consumers of ivory products regarding the impacts of their purchases, to ending trophy hunting, killing the ivory trade, and killing the trafficking of wildlife. Further, resources would go towards increasing wildlife habitat and educating about the impacts of too much human population growth, while advocating for stabilizing and reducing that growth through educating people to choose smaller families – or even choosing not to reproduce. The latter because wildlife threats go well beyond poaching. Increasing human populations and the need for more space for agriculture, industry, roads, housing and other infrastructure all lead to the destruction of wildlife habitat.


Admittedly, all very idealistic, but possible. It is one way to honor the memory of Lotter and the many other wildlife warriors committed to protecting the wild world who have lost their lives in the line of duty or who are out there every day fighting the good fight.

Condolences to Lotter's family, friends and colleagues, and to the world which has lost a much-needed voice for the protection of wildlife besieged.


A Senior Fellow with CAPS, Maria Fotopoulos writes from Los Angeles about the connection between human overpopulation, wildlife loss and the environment. Contact her @TurboDog50.

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LEGALS/F.Y.I.

NGUYEN, 660 S. GARFIELD AVE., #307, MONTEREY PARK, CA 91754, has/have abandoned the use of the fictitious business name: J'S SKINCARE & NAILS, 13013 BAILEY ST, WHITTIER, CA 90601. The fictitious business name referred to above was filed on 09/10/2012, in the county of Los Angeles. The original file number of 2012181502. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 08/01/2017. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SUONG T. NGOC NGUYEN/ OWNER. Publish: Mountain Views News Dates Pub: AUG 12, 19, 26, SEP 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017216540 The following person(s) is (are) doing business as: CANOGA THAI SPA 8378B TOPANGA CANYON BLVD., CANOGA PARK, CA, 91304. Full name of registrant(s) is (are) KULARB SAENKURANG 17011 SATICOY ST., VAN NUYS, CA, 91406. This Business is conducted by: An Individual. Signed: KULARB SAENKURANG, Owner. This statement was filed with the County Clerk of Los Angeles County on August 8, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017215221 The following person(s) is (are) doing business as: JM TRANSPORTS 11633 RINCON AVE., SYLMAR, CA, 91342. Full name of registrant(s) is (are) ELMER O GUILLEN VASQUEZ 11633 RINCON AVE., SYLMAR, CA, 91342. This Business is conducted by: An Individual. Signed: ELMER O GUILLEN VASQUEZ, Owner. This statement was filed with the County Clerk of Los Angeles County on August 7, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017208640 The following person(s) is (are) doing business as: DIAMOND ENTERPRISES & BOUTIQUE 6300 VAREL AVE. #250, WOODLAND HILLS, CA, 91367. Full name of registrant(s) is (are) ANGELINA DIAMOND 6300 VAREL AVE. #250, WOODLAND HILLS, CA, 91367. This Business is conducted by: Individual. Signed: ANGELINA DIAMOND, Owner. This statement was filed with the County Clerk of Los Angeles County on August 2, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 9/30/15. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement

does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017208569 The following person(s) is (are) doing business as: BRANDT CONSULTING SERVICES 2524 W. EMPIRE AVE., BURBANK, CA, 91504. Full name of registrant(s) is (are) JIM TAN 2524 W. EMPIRE AVE., BURBANK, CA, 91504 and MELISSA LLANES 2524 W. EMPIRE AVE., BURBANK, CA, 91504. This Business is conducted by: A Married Couple. Signed: Melissa Llanes, Owner. This statement was filed with the County Clerk of Los Angeles County on August 2, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017217611 The following person(s) is (are) doing business as: DE LA ROCHA AGEN 2430 N. NAOMI ST. 109, BURBANK, CA, 91504; DE LA ROCHA AGEN 2430 N. NAOMI ST. 109, BURBANK, CA, 91504; ROSEMARY DE LA ROCHA ENTERTAINMENT 2430 N. NAOMI ST. 109, BURBANK, CA, 91504. Full name of registrant(s) is (are) ROSMERY DE LA ROCHA 2430 N. NAOMI ST. 109, BURBANK, CA, 91504. This Business is conducted by: An Individual. Signed: Rosemary De La Rocha, Owner. This statement was filed with the County Clerk of Los Angeles County on August 9, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017208653 The following person(s) is (are) doing business as: D O C 411 14501 CALVERT ST. #206, VAN NUYS, CA, 91411. Full name of registrant(s) is (are) CALIFORNIA MPN PROVIDERS, INC. 14501 CALVERT ST. #206, VAN NUYS, CA, 91411. This Business is conducted by: A Corporation. Signed: California MPN Providers, Inc., Desiree Micaelian, President. This statement was filed with the County Clerk of Los Angeles County on August 2, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017215728 The following person(s) is (are) doing business as: STEELO GRIP TAPE 5835 KESTER AVE., SHERMAN OAKS, CA, 91411. Full name of registrant(s) is (are) JIMMY ROSALES 5835 KESTER AVE., SHERMAN OAKS, CA, 91411. This Business is conducted by: An Individual. Signed: Jimmy Rosales, Owner. This statement was filed with the County Clerk of Los Angeles County on August 8, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/7/2012. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017216207 The following person(s) is (are) doing business as: ORGANIZATION LATIN AMERICAN (OLA) 2300 W. OLYMPIC BLVD. UNIT 203, LOS ANGELES, CA, 90006. Full name of registrant(s) is (are) BOANERGE F. SANCHEZ 2300 W. OLYMPIC BLVD. UNIT 203, LOS ANGELES, CA, 90006. This Business is conducted by: Unincorporated Association Other Than A Partnership. Signed: BOANERGE F. SANCHEZ, Owner. This statement was filed with the County Clerk of Los Angeles County on August 8, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2012. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017217127 The following person(s) is (are) doing business as: PINK DOT MOTORS 1717 N SAN FERNANDO RD #J, LOS ANGELES, CA, 90065; PINK DOT MOTORS 2711 N SEPULVEDA BLVD. #730, MANHATTAN BEACH, CA, 90266. Full name of registrant(s) is (are) PINK DOT MOTORS, INC. 1717N SAN FERNANDO RD #J, LOS ANGELES, CA, 90065. This Business is conducted by: A Corporation. Signed: Pink Dot Motors, Inc., Angel A. Zozikov, President. This statement was filed with the County Clerk of Los Angeles County on August 9, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017217515 The following person(s) is (are) doing business as: CLAUDIA'S CLOUTIER PET SITTING SERVICE 6221 WILLOW CREST AVE., NO. HOLLYWOOD, CA, 91606. Full name of registrant(s) is (are)

CLAUDIA GIL 6221 WILLOW CREST AVE., NO. HOLLYWOOD, CA, 91606. This Business is conducted by: An Individual. Signed: Claudia Gil, Owner. This statement was filed with the County Clerk of Los Angeles County on August 9, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on March 7, 2013. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017219277 The following person(s) is (are) doing business as: COSMIC CAT PRODUCTIONS 1627 S. BUNDY DR. #4, LOS ANGELES, CA, 90025 Full name of registrant(s) is (are) KATHRYN M. FIELDING 1627 S. BUNDY DR. #4, LOS ANGELES, CA, 90025. This Business is conducted by: An Individual. Signed: Kathryn Fielding, Owner. This statement was filed with the County Clerk of Los Angeles County on August 9, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017189660 The following person(s) is (are) doing business as: MAIL BOX AND POSTAL 80 W. SIERRA MADRE BLVD., SIERRA MADRE, CA, 91024; MAIL BOX & POSTAL, 80 W. SIERRA MADRE BLVD., SIERRA MADRE, CA, 91024. Full name of registrant(s) is (are) ALEN KHACHATOURIAN 3404 W. VICTORY BLVD., BURBANK, CA, 91505 and HAIK PATIAN 3404 W. VICTORY BLVD., BURBANK, CA, 91505. This Business is conducted by: A General Partnership. Signed: ALEN KHACHATOURIAN, Partner. This statement was filed with the County Clerk of Los Angeles County on July 19, 2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Aug. 12,19,26, Sept. 2, 2017

NOTICE OF TRUSTEE'S SALE
TS No. 261579CA Order No.: 1456609
NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVIDED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3)

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/4/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial C ode and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): MARCELO POLANCO, AN UNMARRIED MAN Recorded: 10/19/2006 as Instrument No. 06 2325216 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 9/26/2017 at 10:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$667,516.38 The purported property address is: 97 E HIGHLAND AVE UNIT C, SIERRA MADRE, CA 91024 Assessor's Parcel No.: 5767-007-048 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sa le date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: 261579CA . Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return o f the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 O r Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: 261579CA IDSPub #0130814 9/2/2017 9/9/2017 9/16/2017



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