

Sierra Madre Edition: Sierra Madre - Arcadia - Monrovia - DuartePasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

TWENTY INNOVATOR HUMANITARIAN NOMINEES ANNOUNCED SIERRA MADRE'S Dr. William 'Bill' Patzert Among Nominees

Rotary of Sierra Madre is proud to announce the Communicates the power of NASA's exploration

The Rotary Humanitarian STAR (Science, Technology, Aerospace, Robotics) Awards recognize and celebrate scientific achievements that significantly improve lives. Our goal is to raise public awareness of scientific advances and their positive impacts on humanity.

To honor and bring to light achievements to support, advance and inspire humanitarian accomplishments, the Rotary Club of Sierra Madre, embodying the pursuit to serve humanity, offers the Rotary Humanitarian STAR Awards.

Within today's science and technologically advanced society, public focus can become dominated by searches for information and entertainment, while previously inconceivable innovations addressing our most crucial humanitarian needs remain unknown.

Beyond screens and devices are creative minds discovering ways to explore oceans and skies, methods of information sharing, disaster relief, and healing for overcoming obstacles to personal and planetary well being. From outer to inner space; from satellites to robotics and microchips, the impossible becomes our promise for the future.

The nominees are:

Kimberly A. Shriner, M.D., F.A.C.P.
Director, Founder, The Phil Simon Clinic
Pasadena medical teams bring medical science to Tanzania through lectures, workshops & clinics to sustainably relieve diseases such as HIV, parasites and much more within the country, saving lives.

Jack Lloyd, Chairman Bioengineering Industrial Advisory Board at Berkeley. Developed the first pulse oximeter, measuring oxygen in blood, leading the way to a fundamental breakthrough in anesthesia and critical care.

Albert Waldo, MD, PhD, Walter H. Pritchard Professor of Cardiology, Professor of Medicine, & Biomedical Engineering, Case Western Reserve University. Discovery of a pacing method; enabling diagnosis and termination of Arrhythmia.

Nagin Cox, Tactical Mission Lead - Curiosity Rover
NASA JPL, STEM speaker for the US State Department.

story, cutting through political & cultural issues, reminding us what humankind can do together.

Frances H. Arnold, Ph.D. Professor of Chemical Eng., Bioengineering & Biochemistry; Director, Donna and Benjamin M. Rosen Bioengineering Center
Developed highly active enzymes (cellulolytic and biosynthetic enzymes) and microorganisms to convert renewable biomass to fuels and chemicals.

Jeff and Karen Weigel
Coordinated efforts with locals & professionals worldwide to bring clean water & sanitation infrastructure to Fiji.

Titanium Robotics Team
Promoting STEM research and education to inspire the future generation locally and globally

Allan Y. Lee Ph.D. Aeronautics & Astronautics
NASA JPL Preliminary design of a human Mars lander using a Hyper-sonic Inflatable Aerodynamic Decelerator entry technology with descent and landing trajectory subsystem.

Jim Lux Ph.D., Telecommunications Specialist V at JPL. FINDER: Portable device using radar technology to find victims trapped beneath rubble.

Richard Myers, Ph.D., President, Science Director & Faculty Investigator
Hudson Alpha Institute for Biotechnology. Integrates functional genomics, epigenetic and genetic data to understand how genomes are involved in cancer, brain disorders, ALS, children born with developmental disorders, autoimmune diseases and other traits.

(continued on page 11)



COUNCIL APPROVES REORGANIZATION OF SIERRA MADRE FIRE DEPARTMENT

The Sierra Madre City Council unanimously approved the reorganization of the city's fire department in an effort to correct the current deficiencies in staffing. City Manager Gabe Engeland brought the issue to the council's attention at a previous meeting in September noting that due to changes in among other things, personnel, Sierra Madre could no longer afford to have a fully or partially Volunteer Fire Department and provide the services the city needs.

Currently the department is woefully understaffed and is not capable of receiving Automatic Aid from neighboring departments.

Several former Firefighters including recent retiree's Bob Burnett and Christine Lowe and retired SMFD and LA City Firefighter Gary Hood were among those who spoke and stressed the importance of making the necessary changes to restore SMFD to Automatic Aid status.

The plan presented is Phase I of the department's overhaul said Engeland. The goal in Phase I is to bring the department to what is known as a 3/2 model. The second phase to be implemented in the future is known as the 4/2 Model. An analysis of the changes as presented in the staff report is as follows:

The current staffing structure of the Fire Department consists of a Fire Chief, three (3) full-time Captains, along with one (1) part-time Captain, five (5) part-time Engineers, sixteen (16) part-time paramedics, and seven (5) auxiliary Firefighters.

After evaluating the operations and structure of the Fire Department and the realization that our current model is not adequate, staff is recommending implementing a 3/2 model consisting of a full-time Captain, Engineer, and a Firefighter/Paramedic to operate the fire engine and two single-function paramedics in the rescue ambulance (RA) for each of the three shifts. The term "3/2" indicates three paid personnel on the Fire Engine and two paid personnel staffing the ambulance.

In order to move forward with the transition, staff is recommending creating four new classifications of full-time Engineer, full-time Firefighter/Paramedic, full-time singlefunction firefighter, and full-time single-function paramedics. If adopted, the new staffing structure of the Fire Department will consist of a Fire Chief, three (3) full-time Captains, three (3) full-time Engineers, three (3) full-time Firefighter/Paramedics, fulltime single-function firefighters and paramedics, part-time paramedics, and auxiliary firefighters. (The new classification descriptions for the full-time Engineer and full-time Firefighter/paramedic classifications are attached to the Resolution 17-52)

As part of the reorganization, the following positions will be eliminated: five (5) parttime Engineer positions, and one (1) part-time Captain position. The newly created positions will be posted as an internal promotional opportunity and any current employee meeting the minimum criteria of the position will be eligible to apply.

Staff recommends the reorganization go into effect immediately upon approval and that staff be directed to begin implementing the new Fire Department staffing structure; by beginning the internal promotional recruitment as soon as possible. The City will implement its existing layoff procedures for any employee in an eliminated classification who does not promote into one of the newly created classifications.

The proposed changes to the Sierra Madre Fire Department will make the Sierra Madre Fire Department more like our peer agencies in the Verdugo system. This is important to maintain our mutual aid relationship with our peer agencies.

Engeland has identified the funds to support the changes in the city's existing budget without increasing taxes or cutting other city services. He will begin the process with a search for the Fire Chief who will in turn lead the selection and training of all personnel.

The complete report is available on the city's website.
S. Henderson/MVNews

SIERRA MADRE ROSE FLOAT ASSOCIATION IS PLEASED TO PRESENT OUR 2018 PRINCESSES



Announcement Ceremony was held Sunday, October 1st at The Lodge at Sierra Madre. We thank Roger Joe, DDS for his gracious donation of the use of the facility.
Emily Verdin (Alverno Heights Academy). Petra Shair (Pasadena High School), Emma Allen (Pasadena High School), Amy Stapenhorst (Westridge School)
For information, please call Donna Sutcliffe at 626-355-8579.

City of Sierra Madre

PUBLIC HEARING NOTICE

TO: CITYWIDE
FROM: THE CITY OF SIERRA MADRE
SUBJECT: ORDINANCE 1394-AMENDING THE MUNICIPAL CODE TO AMEND THE 2016 CITY BUILDING CODE
CITY OF SIERRA MADRE
PROJECT LOCATION: CITYWIDE

APPLICANT: PROJECT LOCATION: CITYWIDE

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct public hearings to consider Ordinance 1394, amending the Municipal Code to amend the City Building Codes. The amendments to the Building Code would eliminate the permit requirement for fences up to six (6) feet in height and permit wood roof coverings on buildings except in the Very High Fire Hazard Severity Zone.

DATE AND TIME OF HEARING: City of Sierra Madre
City Council meeting
Tuesday, October 24, 2017
(Hearing begins at 6:30 p.m.)

PLACE OF HEARING: City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: Pursuant to Section 15061(b)(3), this project is categorically exempt from the California Environmental Quality Act (CEQA).

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing.

For further information on this subject, please contact the Development Services Department at (626) 355-7138.

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OCTOBER 14, 2017
Saturday 8:00-5:30
• Introduction
• Disaster Preparation
• CERT Organization
• Search & Rescue
• Triage

OCTOBER 17, 2017
Tuesday 6:30-9:30
• Triage Review
• Disaster Medical - Part 1

OCTOBER 18, 2017
Wednesday 6:30-9:30
• Disaster Medical - Part 2
• Medical & Search & Rescue
• Disaster Psychology

OCTOBER 19, 2017
Thursday 6:30-9:30
• Terrorism
• Fire Safety
• Cribbing

OCTOBER 21, 2017
Saturday 8:00-3:30
• Review and Disaster Exercise
• 8:00-9:00 Backpack Prep
• 9:00-10:00 Cribbing & Fire Suppression
• 10:00-12:30 Disaster Exercise
• 12:30-1:00 Lunch
• 1:00-2:30 Review
• 2:30-3:00 Critique & Debrief
• 3:00 Graduation

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Wed:	Sunny	Hi 70s	Lows 50s
Thur:	Sunny	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR October 24, 2017
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, October 24., 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
October 24, 2017 at 6:30 pm

Planning Commission
October 19, 2017 at 7:00 pm

Community Service Commission
October 16, 2017 at 6:30 pm

Senior Community Commission
October 5, 2017 at 3:00 pm

Library Board of Trustees
October 25, 2017 at 7:00 pm

Energy, Environment, and Natural Resource Commission
October 18, 2017 at 7:00 pm

SIERRA MADRE POLICE BLOTTER

During this time period, the Sierra Madre Police Department responded to approximately 302 day and night time calls for service.

Sunday, September 24
A vehicle stop for a traffic violation occurred at about 7:21 p.m. After investigation, it was determined that the driver was driving with an expired driver's license and was using license plates from another vehicle. The driver was issued a citation and released.

Friday, September 27
At about 4:01 p.m., an officer conducted a traffic stop of a vehicle in the area of Santa Anita and Sierra Madre Bl. The driver was driving on a suspended license. The driver was cited and the vehicle was impounded.

Saturday, September 28
Sometime between 5:15 p.m. and 7:05 p.m. on Friday the 27th a residential burglary occurred in the 00 block of Baldwin Ave. An unknown suspect(s) entered the residence through a locked front door and allegedly took an envelope with an undisclosed amount of cash. Case to Detectives

Sunday, October 1
An investigation of a driver stopped for a vehicle

violation at about 2:23 a.m. revealed he was driving on a suspended license and in possession of stolen property. The driver was arrested and transported to the Pasadena Police jail, where he was released on a citation and the vehicle was impounded. Case to Pasadena DA's office

Sunday, October 1
An officer was dispatched to the 100 block of W. Sierra Madre Blvd. at about 1:05 p.m. regarding a package delivered to a business. The postal package from India was addressed to a person that works at the location and contained tablets of Hydrochloride. The officer brought the package of tablets back to the station to be destroyed.



KIWANIS CLUB OF SIERRA MADRE

**TUESDAY, October 10, 2017
12 NOON**

**REKNOWNED AUTHOR &
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CHRISTOPHER NYERGES**

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Walking Sierra Madre...The Social Side

by Deanne Davis



"I'll miss you most of all, Scarecrow!" L. Frank Baum
The Wizard of Oz

Being a connoisseur of scarecrows, when I came across this lovely couple, I had to stop and take their picture for posterity. Now I ask you, are these guys not incredible!!

It's officially Fall and persimmons are appearing here, there, and everywhere and I, being a persimmon lover, want to share my persimmon story with you, dear friends and neighbors..

Some years ago, my Dad lived on four acres of lime trees in Valley Center, a community up in the hills between Temecula and San Diego. As Valley Center is not far from the Mexican border, my Dad always had plenty of guys who were looking for work to help him with the trees. He would practice his Spanish with them, give them food, spend time talking to them about their lives in the country they had just left and what they hoped to find in America. My Dad loved to talk to people, any kind of people. Many of these guys who wandered into his yard were from Guatemala, which is a very long way from the border. They told tales of murder, desperate hunger, desperadoes waiting to rob these migrants and were beyond grateful for a few sandwiches and a bottle of water. But I digress...we were talking about persimmons.

While he still lived in Valley Center, before his wife passed away and he moved to Ajijic, Mexico himself, he had an extremely prolific Hachiya persimmon tree. I would go down for the day to visit them and he would give me a big bag of persimmons. I would send some to my cousin, Cindy, eat a lot of them and occasionally make persimmon cookies. I'm still mad that he sold that lovely home and moved to Mexico. He's been in heaven for a while now, but I treasure the memories of those days in Valley Center, Dad's persimmons, and the delicious champagne we occasionally sampled together.

At one time a persimmon tree grew down in the lower reaches of our yard. It sat down there doing its job for years and then one day, apparently tired of life, it broke in two. What a disappointment, as the fruit was delicious and I had finally learned how to do something with them, other than just wait greedily for them to ripen and devour them.

Fortunately, it was overlooked. No one was in a hurry to tear it away from the last shred of stump the tree was still clinging to. For a while, I forgot about it and then one morning walked down to look at it, and discovered there was more fruit than I could count! Hard and pale orange, but they would ripen beautifully by November. Persimmon cookies!

One windstorm too many separated the tenuous coupling between branch and root and that was that. Some years later I planted a persimmon down there in the lower region, a Fuyu. I have never had even one persimmon from that tree. It's really in a bad spot, forced to fend for itself as far as water and sunlight are concerned. If it ever bears anything, the squirrels get to

them first.

Now that our persimmon tree is gone, Dad and his persimmon tree are no longer within my reach, I look longingly at the few persimmon trees in our area and consider introducing myself to their owners, somewhat like Oliver Twist, "Please sir, could I have some more?"

Persimmon Cookies

Preheat oven to 350 degrees

- 1 tsp. baking soda
- 1 cup persimmon pulp (Hachiya persimmons, not Fuyu)
- 2 cups flour
- ½ tsp. cinnamon (I like cinnamon so my tsp. tends to be heaping)
- ½ tsp. ground cloves
- ½ tsp. nutmeg
- ½ tsp. salt
- ½ cup butter (softened)
- 1 cup sugar
- 1 egg

You can also add a cup of chopped nuts, raisins, chocolate chips or some of all three.

Puree persimmon pulp in blender. If you cut the top off the persimmon and squeeze the ripe fruit over the blender, it will spill right out. Then dissolve the soda into the pulp. It will become very thick, like pudding.

Blend together flour, cinnamon, cloves, nutmeg and salt.

Stir in dry ingredients, persimmon-soda mixture and raisins/nuts/chocolate chips.

Drop by teaspoonfuls onto well-greased cookie sheets.

Bake at 350 10-12 minutes. Makes 5-6 dozen. These freeze well.

Drop a dozen in a Ziploc bag and give them to someone you love, or someone who needs to be loved. Or hide them in your freezer and eat them all yourself one rainy day (I use that term laughingly as Southern Californians get a spoonful of rain infrequently) in February.

Watch for scarecrows! They're popping up everywhere!

My book page: Amazon.com: Deanne Davis
Blog: www.authordeanne.com

"A Tablespoon of Love, A Tablespoon of Laughter" is now available at Sunrise Books + Coffee at Pasadena First Church of the Nazarene – just down the road on Sierra Madre Blvd.

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Extractions \$25

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Pasadena Altadena

News From Your Community For Your Community

Director of Earthquake Center Jailed Over Scheme



A former director of South Korea's Earthquake Research Center at the Korea Institute of Geoscience and Mineral Resources (KIGAM) was sentenced to 14 months in federal prison for using a local bank account to launder bribes he received from two seismological companies, one based in Pasadena.

Heon-Cheol Chi, of South Korea, was sentenced last week by United States District Judge John Walter on one count of engaging in financial transactions with criminally derived property stating that this sentence "should send a clear message that this will not be tolerated by the law." Chi was convicted in July of the money laundering charge following a four-day jury trial in United States District Court.

According to trial testimony, from 2009 through 2015, Chi used his official position at KIGAM to demand and receive over \$1 million in bribes from two seismological companies in exchange for unfair business advantages in the South Korean seismological market. Evidence showed that Chi advocated the purchase and use of equipment from these two companies by KIGAM and other South Korean customers. He also provided these companies with market intelligence and inside information, including confidential information about their competitors and the KIGAM bidding process.

Pasadena based Kinematics, a company that works closely with Caltech, JPL and the USGS to prototype and test seismological equipment, was named in the criminal case.

The case against Chi is part of an ongoing investigation by the FBI's International Corruption Squad in Los Angeles.

Pet of the Week



Button (A444255) is a friendly white and brown female rabbit. This playful gal loves to hop around. You'll often find her doing binkies and running through the bunny agility course in our enrichment area. Button is also incredibly affectionate, easy to hold and enjoys sitting in laps. Swing by the PHS Critter House to meet this cutie-pie today.

The adoption fee for rabbits is \$35. All rabbits are spayed or neutered and microchipped before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A444255, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

Arroyo Group Launches One Arroyo Survey

Survey Results to be Part of the Arroyo Advisory Group's Report to City Council

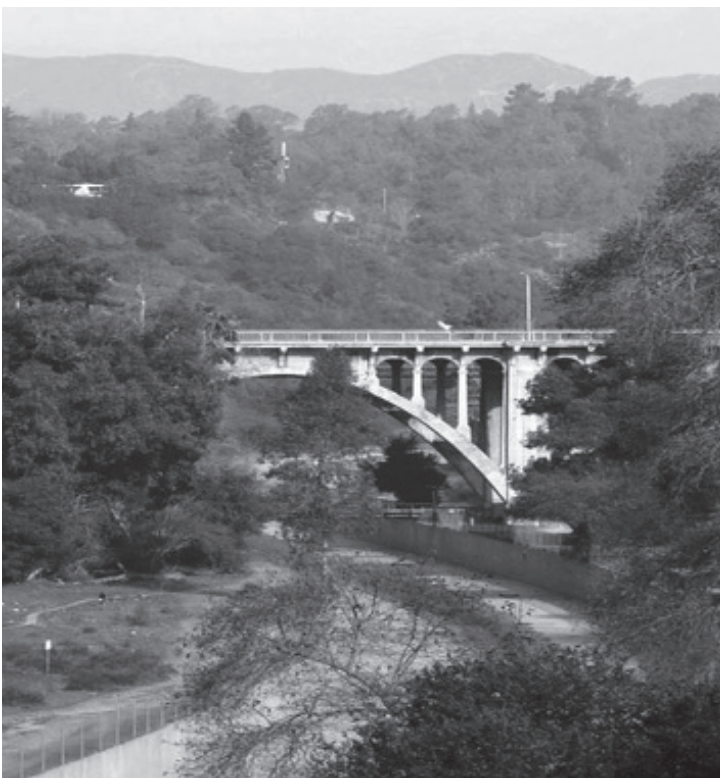
The Arroyo Advisory Group (AAG) announced last week that the survey for public input on Pasadena's One Arroyo, "great city park" has launched online at: onearroyo.org/survey. It will remain there until midnight, November 30.

"The One Arroyo survey is a vital component of our outreach effort and the data gathered will guide AAG in identifying opportunities consistent with public input", said AAG Co-Chairs Doug Kranwinkle and Bill Bogaard. "Moreover, it will help refine the One Arroyo vision and ultimately the AAG's recommendations to City Council."

According to the group, the One Arroyo concept was identified by the AAG after extended review and discussion as a way to unite the three areas of the Arroyo—Hahamongna, Central Arroyo and Lower Arroyo—under a singular vision.

The survey will also be available at Mayor Terry Tornek's One Arroyo Walks with the Mayor. During this walks, the mayor will highlight trail connectivity issues and opportunities that will be addressed through the AAG's trail concept study now in process.

In addition, in-person surveys will be conducted throughout the fall at a dozen or so



community events and public spaces. Various incentives will be offered to survey participants, while supplies last.

Taking the survey and joining the mayor on his 'Walks' offer a unique opportunity to engage with the AAG and learn more about the One Arroyo Vision. One Arroyo: Walks with the Mayor Dates and Locations Saturday, October 14th, 9 a.m.- Lower Arroyo (Meet at the Casting Pond Entrance) Parking: Available adjacent to the Casting Pond area. Thursday, October 26th, 8 a.m.- Central Arroyo (Meet at Rose Bowl Gate A under the marquee) Parking: Available in

Lot F of the Rose Bowl.

For more details about the AAG the "One Arroyo" concept visit onearroyo.org.

The Arroyo Advisory Group (AAG) formed by the City of Pasadena, was established to identify opportunities to enhance and preserve the Arroyo Seco for current and future generations. The 'One Arroyo' effort endeavors to bring awareness to the work by the AAG, and others, to restore the legacy of Pasadena's historic Arroyo Seco and unite all three areas of the Arroyo—Hahamongna, Central Arroyo and Lower Arroyo—under a singular vision.

2017 Doo Dah Queen Tryouts

Parade Officials announced this week that royal mayhem will take place as individuals of all genders, shapes, ages, and persuasions, including a dog, will test their fate to become this year's Doo Dah queen.

Tryouts, open to all, are Saturday, October 21st, at the American Legion Bar, 179 N. Vinado St., in Pasadena

Contestants are usually outnumbered by equally-costumed judges, who include many former queens, and veteran parade entrants, tryout supporters and the curious public.

Each Queen Hopeful will have three minutes to WOW the Judges. Microphone and boom box, even drumroll, provided. They will be ready to show and tell why they should be Queen. People can buy their way into being judges by purchasing two beers for the parade organizers.

Many former Queens, all judges, will be there including, Naughty Mickie, Tequila Mockingbird, Queen Susann Edmonds, 2015 Queen Veronika MeowMeowz, 2017 Queen Ruby Chard, Goofball Judges, Prizes, Cheap drinks, and Lots of Dancing. SCHEDULE: 2:00 - Doors Open to the Public, Bands 4:00 - 5:00 pm - Arrival of Queen Hopefuls and Judges 5:45-8:00 pm - Tryouts Duration 8:15-8:30 (approximately) - Doo Dah Queen is crowned. Free to first 20 Queen Contestants to arrive, \$5.00 Cover charge for all who enter after. For more information go to: pasadenadoodahparade.info.

Pasadena One City, One Story Selection

Please join us as Mayor Terry Tornek unveils the 2018 One City, One Story book title at ArtNight, Friday, Oct. 13, 6:15 p.m. in Central Library's Great Hall. 2018 Finalists Tattoos on the Heart: the Power of Boundless Compassion by Gregory Boyle Ready Player One by Ernest Cline Exit West by Mohsin Hamid Rise of the Rocket Girls by Nathalia Holt Last Days Night by Graham Moore Just Mercy by Bryan Stevenson

The 2018 Royal Court Selected



Caption, from left to right; Julianne Elise Lauenstein, La Canada High School; Sydney Grace Pickering, Arcadia High School; Savannah Rose Bradley, Pasadena High School; Georgia Jane Cervenka, La Canada High School; Lauren Elizabeth Buehner, Arcadia High School; Isabella Marie Marez, La Salle High School; Alexandra Marie Artura, Flintridge Sacred Heart Academy.

The Tournament of Roses announced Monday the seven members of the 2018 Royal Court. The Royal Court will attend nearly 100 community and media functions, acting as ambassadors of the Tournament of Roses and the Pasadena community at large. The grand finale for the 2018 Royal Court will be riding on a float in the 129th Rose Parade presented by Honda and attending the College Football Semifinal at the Rose Bowl Game® presented by Northwestern Mutual, both on Monday, January 1, 2018.

Nearly 1000 people applied to participate in the interview process. The Tournament of Roses Queen and Court Committee made its selections based on a number of criteria including poise, speaking ability, academic achievement, youth leadership, and community and school involvement.

"The 2018 Royal Court consists of seven extraordinary young women who are now ambassadors for the Tournament of Roses," said Dave Link, chair of the Tournament of Roses Queen and Court Committee. "By attending events throughout southern California, the members of the Royal Court will Make A Difference through contributing acts of kindness by helping others."

The seven members of the 2018 Royal Court are

(in alphabetical order): Alexandra Marie Artura, Flintridge Sacred Heart Academy; Savannah Rose Bradley, Pasadena High School; Lauren Elizabeth Buehner, Arcadia High School; Georgia Jane Cervenka, La Cañada High School; Julianne Elise Lauenstein, La Cañada High School; Isabella Marie Marez, La Salle High School; and Sydney Grace Pickering, Arcadia High School.

The Announcement and Coronation of the 100th Rose Queen® and Presentation of the Royal Court is on Wednesday, October 18, 2017 at the Pasadena Playhouse; the event is sponsored by Citizens Business Bank. A limited number of tickets are available for purchase from Sharp Seating Company.

The Tournament of Roses is a volunteer organization that hosts America's New Year Celebration with the Rose Parade® presented by Honda, the Rose Bowl Game® presented by Northwestern Mutual and a variety of accompanying events. 935 volunteer members of the association will drive the success of 129th Rose Parade themed "Making A Difference," on Monday, January 1, 2018, followed by the College Football Playoff Semifinal at the 104th Rose Bowl Game. For more information, visit tournamentofroses.com.



#BeTheMedia

CITIZEN JOURNALISM WORKSHOP

Facilitator is Dean Lee, City Editor of this Newspaper

**SELECT TUESDAYS
7:00 - 8:30PM**

**Small Meeting Room
Main Library
600 E. Mariposa Street
Altadena 91001**

Each workshop consists of a formal lecture and then a group discussion about topics participants bring in from the community, similar to a typical newsroom setting, pitching ideas and determining as a group which issues qualify as news stories.

TUESDAY, OCTOBER 10TH Identifying News

What makes information news-worthy? Learn how to use "news determinants" to understand information's importance in the community.

TUESDAY, OCTOBER 24TH Digging for Information

Peel back the "layers of truth" from press releases to investigative news.

TUESDAY, NOVEMBER 7TH Interviewing

Learn the types of interviews, from "in person" to the use of email correspondence. This will also cover "on the record" and "off the record."

TUESDAY, NOVEMBER 21ST Structure of a News Story

Break down how to use "leads," including understanding the three different mediums of news, audio, video and writing to tell stories.

Registration is required, and workshops have limited space. To sign up for a specific workshop or multiple workshops, call (626) 798-0833 ext.117 or email cchiu@altadenalibrary.org!

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ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

LOS ANGELES MAN IDENTIFIED IN CHANTRY FLAT SHOOTING INCIDENT

The Los Angeles County Sheriff Department investigators and the Coroner's office, they have identified the dead man involved in last week's Father-Daughter In Law shooting in Chantry Flats.

The deceased Nery Estrada, 57 from Los Angeles is alleged to have shot his Daughter In Law and then turned the gun on himself, inflicting a fatal gunshot wound. The gunshot was to the head and the Coroner's office has ruled it a suicide.

The daughter in law, 33, who survived the incident was shot in the leg and managed to drive down from Chantry Flat to Santa Anita Avenue where she could get a cell phone signal.

Various news sources have attributed the shooting to a domestic dispute, however at press time that has not been confirmed. N

COFFEE TALK: DANIEL HENNESSY

Fascinated by Arcadia history? Join us for a hot cup of coffee on brisk Saturday mornings when local historians will share new, original research on the history of Arcadia!

On Saturday, October 21 at 10 a.m., local historian Daniel Hennessy will talk about Arcadia in 1927 and the Police Officer Murder that July," the story—and the history—surrounding the death of Arcadia police Officer Albert E. Matthies – the only department

officer ever slain in the line of duty.

For more information, please call 626.574.5440 or visit the website at www.ArcadiaCa.gov/museum. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum Education Center is located at 382 W. Huntington Drive. The Museum is open Tuesday through Saturday from 10:00 a.m. to 4:00 p.m. (closed 12-1). Admission is always free. You can also follow the Museum on Facebook and Twitter.

KIDSFEST 2017

5TH ANNUAL KIDS BIKE RACE

Sunday, October 15, 2017 9:30am



Kids Fest and Family Expo would like to invite you to attend the grand opening ceremony of a very special community and family event – the KidsFest 2017 5th Annual Kids Bike Race, a unique family and children event and fundraiser for the Arcadia community. This year we are working with the Recreation and Community Services Department with the event. We expect over 1,000 people to attend this year's KidsFest and help raise funds for Children's Hospital Los Angeles. The event is on Sunday, October 15, 2017 at the Arcadia Community Center, 365 Campus Drive, Arcadia. Registration begins at 9:30am and the race starts at 10am. Free parking is available at Arcadia Performing Arts Center, 188 Campus Drive. The cost is \$15 when registering online at

www.KidsBikeRace.org. This event is open to all youth ages 2-14 and every rider must bring his or her own bike or trike and wear a helmet. The day of the event the cost is \$25. Races are scheduled by age & bike type; the event will follow a rolling start beginning with Tricycles group, followed by the Bikes w/Wheels group and the Regular Bikes group. Parents are not allowed to run with their children. All bikers finishing the race receive a medal and certificate. For more information please call 323.728.7200 or email info@lajajakids.com. You can also visit the City of Arcadia's website at www.arcadiaca.gov.



ARCADIA POLICE BLOTTER

For the period of Sunday, September 24th, through Saturday, September 30th, the Police Department responded to 879 calls for service, of which 109 required major investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 24:

Shortly before 8:07 a.m., an officer responded to 76 Gas Station, 102 East Duarte Road, regarding a commercial burglary report. An investigation revealed an unknown suspect entered the location by damaging a garage door, they ransacked the front counter, and fled undetected with nearly \$7,800 worth of cigarettes. The investigation is ongoing.

At approximately 6:29 p.m., an officer responded to Zales, 400 South Baldwin Avenue, regarding a commercial burglary report. The clerk handed the suspect a ring to look at and once the suspect was in possession of it, he fled on foot.

The suspect is described as a black male, 20 to 25-years-old, 5'11", 170 pounds, wearing a necklace, ring, and bracelet. The investigation is ongoing.

Monday, September 25:

Just after 2:48 a.m., an officer initiated contact with a suspicious vehicle in the parking lot near 400 West Duarte Road. A records check of one of the occupants revealed the 34-year-old female from Arcadia was on probation. During a consensual search of the vehicle, the officer located a bag of methamphetamine. She was cited and released in the field.

At approximately 2:59 p.m., an officer responded to the Arcadia Police Department front counter regarding a fraud report. The victim received an email from her bank stating a new credit card would be mailed to her to an unknown Los Angeles address. The victim did not request a new credit card be mailed to her. A check of her credit history revealed past unauthorized inquiries. The victim does not know the suspect or how they obtained her personal information.

Tuesday, September 26:

Around 1:36 a.m., an officer responded to a residence in the 800 block of Arcadia Avenue regarding two suspects looking in mail boxes. Officers located the suspects and discovered they were in possession of stolen mail. The 27-year-old male from Los Angeles was arrested and transported to the Arcadia City Jail for booking. The 30-year-old female from Alhambra was arrested and transported to the Pasadena Police Department Jail for booking.

Just before 1:36 p.m., an officer responded to Foothill Credit Union, 30 South First Avenue, regarding a fraud report. The subject attempted to pass a fraudulent check and a records check revealed he had an outstanding misdemeanor warrant. An investigation revealed the subject came into possession of a fraudulent check by legitimate means. The subject, a 49-year-old male from Chino Hills, was arrested and transported to the Arcadia City Jail for the outstanding misdemeanor warrant.

Wednesday, September 27:

Shortly after 8:18 a.m., an officer responded to a residence in the 700 block of Sunset Boulevard regarding a threat report. The officer discovered the suspect was making criminal threats and was brandishing a metal object against his neighbors. The suspect, a 20-year-old male from Arcadia, was arrested and transported to the Arcadia City Jail for booking.

At about 2:58 p.m., an officer responded to a residence in

the 1500 block of South Eighth Avenue regarding a residential burglary report. The officer determined unknown suspects shattered a rear window, opened a few dresser drawers, and fled with an unknown amount of property. No suspects were seen and no witnesses were located.

Thursday, September 28:

Before 12:49 a.m., an officer contacted a subject driving an unsafe vehicle near the intersection of Goldring Road and Varus Street. A records check of the driver revealed the 22-year-old female from El Monte was driving with a suspended license and did not have any proof of insurance. During a consensual search of the vehicle, the officer discovered the passenger, a 24-year-old male from El Monte, was in possession of drug paraphernalia. The female suspect was issued a citation and her vehicle was impounded for 30 days. The male suspect was arrested and transported to the Arcadia City Jail for booking.

Around 2:06 p.m., officers responded to the 300 block of North Santa Anita Avenue regarding a woman who had been shot. An investigation revealed a father-in-law had been shot and killed and the daughter-in-law had been shot, but was expected to survive. Arcadia Fire responded and transported the victim to Huntington Memorial Hospital for treatment. The investigation is ongoing and is being handled by the Los Angeles County Sheriff's Department.

Friday, September 29:

At about 8:29 a.m., an officer responded to the 500 block of La Sierra Drive regarding a theft from vehicle report. The officer determined unknown suspect(s) entered the victim's unlocked vehicle, stole her purse, and made fraudulent purchases on her debit card. No suspects were seen and no witnesses were located.

Just before 9:08 p.m., an officer responded to a residence in the 300 block of West Norman Avenue regarding a residential burglary report. The officer discovered two unknown suspect(s) smashed a rear glass door, lightly ransacked the home, and fled with an unknown amount of property. A witness reported the suspects fled eastbound on Norman Avenue in a dark-colored sedan. The investigation is ongoing.

Saturday, September 30:

Shortly after 8:39 a.m., an officer conducted an enforcement stop on a vehicle in near the intersection of Live Oak Avenue and Santa Anita Avenue for not having license plates on the vehicle. A records check of the occupants revealed the passenger, a 26-year-old male from Monrovia, had an outstanding misdemeanor warrant. During a consensual search of the vehicle, the officer located drug paraphernalia and bolt cutters. The suspect was arrested and transported to the Arcadia City Jail for booking. During the booking process, it was revealed the suspect had provided a false name and, upon searching his correct name, the officer discovered the suspect had two outstanding misdemeanor warrants.

At approximately 10:50 a.m., an officer responded to the Santa Anita Race Track, 285 West Huntington Drive, regarding a theft report. Surveillance footage revealed the suspect was seen stealing parking meters. The suspect was identified as a past employee and the 38-year-old female from Arcadia was located, arrested, and transported to the Pasadena Police Department Jail for booking.

MONROVIA - DUARTE

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MARIJUANA ORDINANCE REVIEWED BY PLANNING COMMISSION, WHICH RECOMMENDS THAT OUTDOOR CULTIVATION BE ALLOWED

At their most recent meeting, the Planning Commission reviewed a proposed ordinance regulating marijuana cultivation and commercial marijuana uses in Monrovia. Based on discussions with the City Council, the proposed measure was drafted to prohibit all commercial cannabis uses, such as retail sales or commercial cultivation. However, the manufacture and / or testing of cannabis would continue to be classified as a manufacturing use / research and development use, and would be regulated as such as long as there was no retail commercial activity occurring at the business location. The proposed regulatory framework is similar to how the City regulates alcoholic beverage production.

Additionally, the ordinance as it was drafted sought to allow personal cultivation on residential properties consistent with State regulations, with a maximum of six plants per dwelling. The initial ordinance also only allowed for marijuana plant cultivation in an enclosed structure (e.g. house, accessory structure or green house).

At the public hearing, there was only one speaker (Phil Cannon) who advocated allowing retail sales of marijuana in Monrovia. The Planning

Commission had a spirited discussion, and after considerable dialogue, voted to recommend that the City Council expand the allowance of residential cultivation to include outdoor cultivation with the following restrictions:

Cultivation must be in a rear yard.

Cultivation must not be visible to the general public.

Cultivation must occur in a secured location, such as behind a locked gate.

During the discussion, staff shared that one of our primary concerns about outdoor cultivation is the odor associated with live cannabis plants. It was for that reason that the initial ordinance was drafted to require that the plants be grown in an enclosed structure. While the Planning Commission did discuss the possibility that the regulations make the property owner responsible for containing the smell, ultimately, the group left the ordinance silent on the matter and simply allowed for outdoor cultivation with the limited exceptions outlined above.

This overall matter will come before the City Council for formal consideration at our October 17, 2017, meeting.

ALAN SANVICTORES APPOINTED AS MONROVIA'S NEXT POLICE CHIEF

MONROVIA, CA – City Manager Oliver Chi announced today the appointment of Captain Alan Sanvictores as Monrovia's next Police Chief. Alan will assume command of the Monrovia Police Department to succeed current Police Chief James Hunt, who is retiring on November 2, 2017.

"We are so fortunate in Monrovia to have an individual of Alan's character and ability to serve as our next Police Chief. In our organization, we operate in a mission driven and team based environment, and Alan's approach is perfectly aligned with our core values of serving with humility, hunger, loyalty, and smarts. I am confident that Alan will continue building upon the legacy of success at the Monrovia Police Department as he steps into this new leadership role."

Alan began his career with the Monrovia Police Department 22 years ago, having first been hired as a Police Recruit in 1995. During his time with the City, he has served in the role of Police Officer, Police Agent, Detective, Sergeant, and Lieutenant. Most recently, he was promoted to the rank of Captain in January 2010.

"Alan has served as our senior Captain for nearly eight years," said Police Chief Jim Hunt. "During that time, he has done just a phenomenal job of supporting the initiatives in the Monrovia Police Department, and he has displayed integrity, innovation, and leadership at the highest levels. I know that Alan will be a simply tremendous Police

Chief for the community."

During his time with the City, Alan has served in a number of special assignments, including as the Team Commander for the Foothill Special Enforcement Team, the Assistant Team Leader for the Monrovia Tactical Response Team, and as the Sergeant assigned to run Monrovia's famed Community Activist Policing Bureau. He holds a Bachelor's of Science degree from California State Polytechnic University, Pomona, along with a Master's of Arts degree in National Security from California State University, San Bernardino.

"I am truly humbled to have the chance to serve the people of Monrovia as Police Chief," said Alan. "Having the opportunity to lead the Monrovia Police Department is the highlight of my professional career, and I am looking forward to serving with the men and women in our department as we all work together to continue making Monrovia an even better community than it is today."

In his spare time, Alan enjoys spending time with his wife Lisa and their two daughters, and they all enjoy trying new and exotic cuisine. Additionally, Alan served our country as a member of the Army, and he works to stay in touch with other veterans who also served in the armed forces.

Alan will be formally sworn in as Monrovia's next Police Chief on November 7, 2017, before our regularly scheduled City Council meeting that evening

DUARTE KIWANIS SUPPORTS THE CHIK PROGRAM

Naelh Othman, Student Service Coordinator for Duarte Unified School District was honored at the Duarte Kiwanis 2017-2018 Installation Dinner with a Distinguished Service Award (DSA). Naelh was honored for her continuing support of the CHIK program - Community Homeless Initiative for Kids. All school districts in the country are responsible for removing barriers to learning for kids who are defined as homeless under the McKinney-Vento Act. This includes kids who are doubled up with multiple families in one home, kids living in cars, kids living in motels, garages, etc. Naelh has been on the front lines in supporting these kids and their families. She told a story of learning of a grandmother raising 5 grandchildren - none of the kids had beds. She reached out through the CHIK program and within a day, beds, mattresses, sheets, pillows and blankets had been donated for those kids. Duarte Kiwanis looks forward to continuing their partnership with CHIK and Naelh!

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com



FIRE PREVENTION WEEK WILL BEGIN ON OCTOBER 9, 2017... AND IT WILL END WITH AN OPEN HOUSE EVENT THAT FEATURES AN AUTO EXTRICATION DEMONSTRATION ON OCTOBER 14, 2017!

We are excited to share that the Monrovia Fire Department is participating in Fire Prevention Week from October 9 – 14, 2017. The main theme for the event, "Every Second Counts: Plan 2 Ways Out!" is to encourage residents to have an escape plan should an emergency occur.

As part of the campaign, Monrovia firefighters will be visiting all Monrovia Unified School District 4th grade classrooms during the week to educate students about the importance of developing a family escape plan for their home, along with sharing safety tips about the issue.

And as a special activity, to conclude Fire Prevention Week, on Saturday, October 14, 2017, the Monrovia Fire Department will be opening its

doors at Station 101 (141 East Lemon Avenue) to the general public between the hours of 10:00 a.m. - 2:00 p.m. During the open house, Monrovia Fire & Rescue will host a Junior Firefighter Challenge, which is a course designed for kids to simulate firefighter drills. In addition, our terrific firefighters will perform an auto extrication demonstration! The demonstration will include an overview of the tools and procedures the Fire Department uses to extricate individuals who are trapped from an automobile accident!

For more information about Fire Prevention Week, please feel free to contact Jeremy Sanchez, Division Chief, at (626) 256-8111, or visit Monrovia Fire & Rescue online!

JUDSON STUDENTS ENHANCE STEM LEARNING THROUGH FIELD TRIPS



Judson International Students at La Brea Tar Pits L to R: Marie Petrosyan, Taleesa Ofumbi, Jihoo Kim

One of Judson International School's core values is knowledge through investigative learning. This focus enhances Judson's STEM program, teaching children the value of research at an early age. Judson's International Christian Curriculum, developed uniquely for Judson International School, is an integrative curriculum that teaches children from the earliest age about understanding the world through research and investigation. Judson make a priority for students to get out exploring the world in order to learn by doing and seeing. Already this school year our Judson elementary teachers have

been busy taking their students on field trips. The first and second graders went to the La Brea Tar Pits as part of their student of paleontology. To learn about astronomy, the third and fourth graders went to the Griffith Observatory. Fifth and sixth graders went to the California Science Center to learn more about anatomy and physiology. 8th graders went to the Los Angeles Arboretum to sketch nature. Such investigative learning opportunities complement our STEM curriculum and provide students with memorable experiences that enhance their classroom learning.

Tips to Improve Your Child's Math Scores

At a time when math is becoming an increasingly important subject for students to master, students are exploring ways to better understand the subject of math and improve their test scores. To help students stand out from the pack and increase their math grades and scores, consider the following.

Don't Skip Ahead
One math skill builds on another. The same way that skipping an episode of a plot-driven show will make you feel lost when you return to the program, missing a math lesson can create confusion all semester long. To keep up, be sure to pay careful attention in class, taking copious notes, doing all your assigned homework, and being sure to talk to the teacher about what you missed on sick days. Don't move to the next chapter until you have full comprehension of the current chapter. If the class is moving at a pace that feels too fast, visit your teacher before or after the school day for some extra help, or consider working with a tutor.

Better Math Gear
Higher level math courses require the right tech

tools. Since tests are most often timed, be sure to select a calculator with fast processing speeds, an easy interface that reduces the amount of time it takes to work out an equation, and is permitted on standardized tests.

For example, the intuitive icon-based menu of the fx-CG50 PRIZM from Casio, has a natural textbook display that makes it easy to use. Supporting students from middle school to college, it also offers USB connectivity that helps students take their lessons from calculator to computer. More information can be found at CasioEducation.com.

Form a Study Group
The benefits of being in a study group are numerous, from accountability to expanded opportunities to explain the material to others. Different students will bring different skills to the table, helping everyone fill in knowledge gaps. Consider forming such a group with classmates, and setting regular meetings to go over the latest material together. Math class doesn't need to seem so formidable. Improve your grades and test scores with the right tools and study habits.

What are 'STEAM' Subjects and Why Do They Matter?

(StatePoint) If you've heard your child's educators talking about "STEAM" subjects, they are referring to Science, Technology, Engineering, Arts and Math. And these subjects are growing in importance, as more industries require a strong mastery of the concepts and skills involved.

What's more, a growing body of research shows that exposure to the arts can have a positive impact on one's performance in science and math-oriented subjects. As your children prepares to succeed in all their classes, keep these things in mind:

The Right Classes
Talk to your children about ensuring they stack their class schedules with courses that challenge but don't overwhelm them. It's easy to overload a schedule with far too many advanced science courses in one semester that can make success unattainable. By the same token, it's important to ensure that your student is taking enough of the right classes to build a strong foundation for future endeavors. A guidance counselor can help your child strike the right balance.

The Right Tools
STEAM success is built on having the right tools, so be sure students are well-equipped. New models of calculators are taking into account the demands on today's students and offer expanded features that give

students the ability to easily draw three dimensional graphs and view them from various angles to better analyze their shapes. For example, the fx-CG50, the newest model in Casio's calculator portfolio, features a picture plot function and color LCD with a full textbook-style display.

Likewise, students can build a strong arts foundation by learning to play an instrument. Modern music students may prefer using the most cutting-edge instruments, such as Casio's Compact Grand Piano CGP-700, which features a touch display that gives them the option to choose tones, select rhythms and split and layer sounds, as well as the ability to record and playback music. This digital piano has been engineered to have an authentic piano feel and concert grand piano sound.

The Right Programming
After school programming can be an ideal opportunity to reinforce STEAM learning in a way that is fun, creative and social. From the robotics club to the orchestra, find out what your school and larger community offer, and encourage your child to get involved. This programming will likely improve grades and test scores, as well as help your child draw connections between disciplines. While not all trends are worthy of your attention, the importance of STEAM learning can't be understated and, as a parent, you can help bolster success in these subjects.

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"TWO FUR TWO"*A Second Dog in the Household*

There are various reasons why people choose to find a mate for their four-footed friend. Among the most common reasons are companionship for their canine and hopes that the new dog will act as a help-meet in buffering the blow of saying goodbye to the older dog, when his time comes.

These are reasons why people choose to have a second dog, but there are times when such a scenario can play out for reasons other than intention or choice. A few years ago, I suddenly had a second dog in my home due to the unexpected passing of a very dear friend, and I learned some valuable lessons through the experience.

When my next door neighbor called saying he felt sick and asked me to come over, I went immediately. At the time, I had no idea he would be rushed to the hospital, never to return home, leaving his 3-year-old dog "Molly" in my care. I never gave it a second thought as to whether I would take care of Molly, but I would be lying if I said I wasn't overwhelmed by the sudden loss of my friend and the addition of a second dog to our home.

You see, I already had a 10-year-old bloodhound named "Taterott's". I had adopted Tater when she was 18 months old because she was aggressive in the show ring. Her unpredictable behavior may have been the result of in-breeding, at least that's what I believe caused her social shortcomings. For this reason, Tater was a challenge when it came to interaction with others. She was fine at home with me and my husband, but as soon as another person - human or animal - was introduced, trouble ensued.

For the first two weeks, Tater and Molly got along fine and I was so relieved and happy that Tater would not have to live out the rest of her life lonely with no social interaction other than her human mom and dad. Unfortunately, the fun-loving ended about halfway through the third week of having Molly in our home.

I guess Tater got tired of sharing her space and decided it was time to put her foot down! (In case you never met Tater, I'll tell you, she had a big foot to put down!). That's when the "fun" started for me. I soon found myself rotating the 2 dogs - one in the crate, the other out of the crate...one into the yard, the other back into the house. Our home had become a three-ring circus.

Finally, I called my vet and asked her what I should do to help facilitate the new relationship. Her first bit of advice was that I continue giving Tater lots of positive reinforcement. I was to allow Tater to be "top-dog" on her turf. She also gave me some very specific tips on how to deal with Tater and Molly to ensure the best outcome.

First of all, she said that if a fight broke out, I should not yell or get excited (easy for her to say), rather I should keep an even tone and talk to Tater calmly, saying such things as "It's ok girl, I know you're just protecting your territory, and "We know you're number one, now let Molly have a little space too, and "Just be yourself and Molly will know you're the boss".

The bottom line was I needed to confirm Tater's position over Molly, and not reprimand her for behaving according to her instincts. Well, I'll tell you that was a challenge when I found my 108-pound bloodhound holding Molly, who weighed about 40 pounds, down on the floor with her two enormous front paws. Still, I got the logic behind my vet's advice and I trusted her opinion, so I did my best to

carry it out.

At first I kept Molly and Tater separate most of the time, but I worked toward allowing short, closely monitored visits together in the back yard. I took them on frequent walks around the block together because the leash seemed to act as a gentle equalizer and I continued to practice the tips my vet had given me. It took about a year, but eventually I was confident enough to let Tater and Molly to be alone together in the house.

My situation was one in which I did not choose to adopt a new dog, but I loved Molly and made a promise to Fred that I would always be there for her, so I was committed to making it work. Eventually, my two girls were able to cohabitate and tolerate one another and we were able to enjoy them both without the risk of blood shed.

Unlike my situation, most pet owners make the choice to adopt a second dog, and with so many in shelters I think that is a wonderful idea! But it is important to find the best match for your existing pet. Although each dog is an individual, some handle change better than others.

There are some basic factors to be considered before adopting dog #2. Age, gender, size and energy level are among the most important to be considered. It is also important to recognize that, unless the existing dog allows otherwise, the new dog will most likely have to play 'second fiddle'. If your dog has lived in your home for a long time, unless he happens to be very passive and allows the new pup to dominate, he will likely assume the position of "top dog".

Another concern to be aware of is that the new dog should not be too energetic or hyper-active, compared to the energy level of the existing dog. For example, bringing a rambunctious puppy into the home of an elderly, perhaps even deaf or blind dog could create a disaster for all involved. If the purpose is to find a friend for an older dog, do your best to find a younger dog that will follow the lead of his elder rather than take over like a tornado.

Dogs are, by nature, territorial, so if a dog has lived in his home for a significant period of time, he will defend his territory against a potential predator, even another dog. Be aware of your dog's level of territorial tendencies, do not punish him for such behavior, and try to find another dog who will respect those boundaries.

There is much more to know before adopting a second dog, so take the time to research the issues and ask questions. Retain a good trainer who can guide you through the process. The more you know and understand about the nature of dogs and how they interact, the better your chances of maintaining an harmonious home with more than one pup on the premises.

**Happy Tails**

by Chris Leclerc

**HEALTHY LIFESTYLES****THE JOY OF YOGA****REJUVENATION FOR THE MIND**

Nourishment and rejuvenation are at the top of the list when it comes to yoga. Yoga and the sister science to yoga, Ayurveda,

promote healing and surrender to innate peace and joy. In midst of life, stress accumulates as we navigate our way through. This stress contributes to worry, fear, or anger, over circumstances or people which we cannot control! Left unchecked, this leads to disturbances in the mind and stagnant energy in the body. We know exercise and yoga work well for the body, but what about the mind? Worry and disturbance are draining. It's important to remember that bringing rejuvenation to the mind is just as important as rejuvenating the body.

Here are a few ways to conserve, rejuvenate, and reconnect with your inner spirit which gives the mind the rejuvenation it needs:

1. Silence. From the sacred scriptures, the Vedas, comes a statement: "Silence cures all." Silence supports clearing accumulated waste in the mind. Additionally, many answers can be found in silence.

2. Connect with Sound. Calming mantras such as OM, So-Hum, and others are excellent sources of inspiration. Longer mantras such as the Gayatri come later. Remember OM is said to be the sound of

creation itself. What could be more connected?

3. Give the senses a break and enjoy time in nature! This changes perspective and helps to clear the mind, allowing us to soak in the beauty of our surroundings.

4. A pure diet of easily digestible foods is ideal for calming the mind. Avoid stimulants as much as possible and eat organic, freshly cooked meals.

5. Don't hesitate to add aromatherapy into your routine. Oils such as sandalwood, rose, rosemary, or lavender are excellent for the emotions.

6. Get still through meditation and monitor the physical level of exertion. You can conserve energy by not spending it and gather energy through devotion and openness to the divine.

These are just a few of the ways to deeply restore balance and equanimity. Pay attention to the body but give the mind what it needs too! When the mind is less disturbed, functionality in the world increases and we gravitate toward opportunity, gratitude, and positive experiences.

Take good care and do lots of yoga! Please contact me with questions via email: keely@yogamadre.com. Check out the class schedule at Yoga Madre: www.yogamadre.com

Namaste,
Keely Totten, E-RYT 500, Yogi,
Teacher Trainer

THE MISSING PAGE**Real Life Tips from Life's Instruction Manual****MOVING FROM ME TO WE - A PARTNERSHIP ¹**

Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.

Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

We live in a connected universe. It is natural and healthy to seek, create and celebrate connection. The process of building a committed romantic relationship can seem arduous and even impossible. I invite you to imagine the relationship of your dreams. What if having such a relationship could be fun? What if the love you seek is seeking you? As you design your very best life, do not neglect the area of relationship. It is tempting to believe that having a fulfilling relationship is impossible; it's not. When you feel the temptation to give up, ask yourself why?

A fulfilling and connected relationship is not only possible it could be an essential component of you living your best life and sharing it. What will be required of you to have love? Who will you need to be? Authenticity and genuine sincerity are needed. You need to be fully you. I often speak of truth-telling. The first person to get honest with is yourself. The first step is to admit that you want a relationship. The next is to give real consideration to what such a relationship would look like for you. Do you long to share your life on a day to day basis? Do you want a lifelong partner? Would that include co-habitation? Do you want to get married?

Many women get into a relationship, and they won't want to reveal they're true desires from the beginning. That's a mistake because the best foundation of the relationship is one built on truth. As you start designing the love of your dreams, get clarity on what you're seeking. It will be easier to attract what you want and reject what you don't. Your potential mates will be most appreciative, and some will self-eliminate when they know their desires are not a match to yours.

¹Ecclesiastes 4:9-12 New International Version (NIV):

Lori is lawyer and coach; she helps women find love and have fun doing it. Find out more about Lori on her website LoriAHarris.com and her free app Gratitude Train, a journal to record your gratitude.



Lori A. Harris

A BEAUTY**Katnip News!**

AURORA is gorgeous!! She's a Maine Coon, age 2, smart, young and healthy. You can see how fluffy she is. Loves to play with the cat teaser and nap on a pile of laundry. Aurora is learning that attention and



gentle petting are the nearest things to heaven! Aurora should be the only pet in the home, and responds best to gentle, quiet adults, and older, calm children. (Preference will be given to experienced adopters who know and love the breed.) Call 626-676-9505 for a Meet & Greet, or see Adoption pages for our adoption procedures. Adoption fee is \$100, which includes spay,

microchip, exam & vaccines. A great savings! Our cats are negative FELV/FIV unless otherwise indicated.

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TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

TO REVIEW OR NOT REVIEW?

This is the question: when is a restaurant fair game for a review? With the popularity of Yelp and message boards on the internet, it seems that the feeding frenzy of reviews begins as soon as a restaurant opens its doors. We can't blame social media, however. Even before everyone and their sister became a restaurant blogger, newspapers big and small wanted "their guy" to be the first to review the new kid in town. What is the difference between a movie review and restaurant review? In my mind, plenty. A movie will be edited to pieces and previewed a hundred times before it hits the screen - many times the ending will be changed or the musical score played with - you get the picture. I have been doing this long enough to know the opening day general manager and executive chef probably won't be around by the first anniversary anyway.

Merrill Shindler from KABC Radio feels that if a restaurant is charging full fare they are open to a full review. My dear departed dad, Elmer Dills, thought six months was sufficient time to iron out any kinks. He'd say, "the paint isn't dry yet!" and that's actually what led me to this article. I went to the new Nick's Restaurant on South Lake the other night, and I could smell the paint (I really could!). Pasadena "godfather" of restaurants, Gregg Smith, told me he felt six weeks was plenty of time to get the act together - if you can't succeed in six weeks, you are in trouble. The smart restaurants do what is called a soft opening - limited hours, limited menu, and discounted food. That gives the restaurant plenty of time to get to know their community and the guests can sample the menu. I tend to get pretty good vibes about a restaurant, maybe you do too? Will it make it, is there parking, is the bar area cool? Sure, during the first week the food may be slow to come out or your chosen drink isn't quite like the one by your favorite bartender, but the restaurant itself is fluid; it has life. My approach is simple: I'll write a "first impression" review, and then go back in six months for an update. I will usually find a totally different restaurant at that point. Or at least I hope I do.



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GETTING A HANDLE ON PRESCRIPTION MEDICATIONS

Dear Savvy Senior,

I'm concerned that my 80-year-old mother is taking too many medications. She currently takes 10 different drugs prescribed by three different doctors, which I think is causing her some problems. She also struggles to keep up with all the drug costs. Any suggestions?

Concerned Daughter

Dear Concerned,

There's no doubt that older Americans are taking more prescription medications than ever before. According to the Journal of the American Medical Association, around 40 percent of seniors, age 65 and older, take five or more medications. And the more drugs a person takes, the higher their risk for medication problems, and the more likely they are to take something they don't need.

Brown Bag Review

To help you get a better handle on the medications your mom is taking, gather up all her pill bottles – include all prescription drugs, over-the-counter medications, vitamins, minerals and herbal supplements – and put them in a bag and take them to her primary doctor or pharmacist for a thorough drug checkup. This "brown-bag review" will give you a chance to check for duplicate meds, excessive doses, and dangerous interactions, and for you to ask questions.

Medicare Part B covers free yearly medication reviews with a doctor through their annual wellness visits, and many Medicare Part D plans cover medication reviews with a pharmacist too.

You should also note that October 21, is "National Check Your Meds Day." A number of pharmacies – Albertsons, Costco, CVS, Sam's Club, Target, Walmart and many independents – have agreed to support the effort. Some may even have extra staff on hand to help you review your meds. Ask your local pharmacy whether it is participating.

When you get your mom's review, go over the basics for each medication or supplement, such as what it's for, how long she should take it, what it costs, and any side effects and potential interactions. Also ask if there are any meds she can stop taking, and find out if there are any nondrug options that might be safer, and whether she can



switch to a lower dose.

To help your mom avoid future medication problems, make sure her primary doctor is aware of all the medications, over-the-counter drugs and supplements she takes. You should also keep an updated list of everything she takes and share it with every doctor she sees. And, be sure that your mom fills all her prescriptions at the same pharmacy and informs her pharmacist of any over-the counter, herbal or mail order prescriptions she's taking so that there is complete oversight of her medications.

How To Save

To help cut your mom's medication costs, there are a number of cost savings tips you can try. For starters, find out if there are any generic alternatives to the drugs she currently takes. Switching to generics saves anywhere between 20 and 90 percent.

You should also ask your mom's prescribing doctors if any of the pills she takes could be cut in half. Pill splitting allows you to get two months worth of medicine for the price of one. And for the drugs she takes long-term, ask for a three-month prescription, which is usually cheaper than buying month-to-month.

Because drug prices can vary depending on where you buy them, another way to save is by shopping around (GoodRX.com will help you compare drug prices at U.S. pharmacies), and find out if your mom's drug insurance plan offers cheaper deals through preferred pharmacies or a mail-order service.

And finally, if your mom's income is limited, she can probably get help through drug assistance programs offered through pharmaceutical companies, government agencies and charitable organizations. To find these types of programs use BenefitsCheckUp.org.

Send your senior questions to: Savvy Senior, P.O.

SAN GABRIEL VALLEY CHORAL COMPANY PRESENTS ALL SOULS' EVE CONCERT OCTOBER 28 AT ST. LUKE'S MONROVIA



Monrovia, CA, October 4, 2017 — The San Gabriel Valley Choral Company will present All Souls' Eve, a concert honoring the souls of those dear to us who have departed, on Saturday, October 28, at 7:30 p.m. at St. Luke's Episcopal Church of [Monrovia, 122 S. California Ave.](#)

The concert will include selections from Moz Requiem, Moerten Lauridsen's Lux Aeterna and other works of remembrance old and new.

Tickets are \$20 for adults, \$15 for seniors and students, and \$5 for children under 12. They may be ordered online at [sgvccsingers.org](#) or via check payable to SGVCC and mailed to SGVCC, PO Box 2225, Monrovia CA 91017.

About The San Gabriel Valley Choral Company

The San Gabriel Valley Choral Company (SGVCC) was founded in 1995 to give local singers the opportunity to "stretch their minds and vocal chords." The ensemble includes singers from the San Gabriel Valley, the Inland Empire and other local communities. Its repertoire has included music from the Renaissance period to works of the late 20th century. Artistic Director Dr. Alexandra Grabarchuk is a Ukrainian-born musicologist and conductor who also conducts and organizes the Contemporary Choral Collective of Los Angeles (C3LA) and is a mezzo-soprano soloist. She teaches at Scripps College, Chaffey College and Chapman University, and works as a score reader for the Metropolitan Opera.

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ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - *New Activity*: Join us on Thursday July 20th, at 10:30a.m. to 11:30a.m for Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, no experience needed. Great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, August 16th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Mondays of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management Services are provided by the YWCA and offer assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance and training conditioning. All class materials are provided.

UPCOMING EXCURSIONS:

SEPTEMBER EXCURSION

RILEY'S at Los Rios Rancho in Oak Glen

Date: Wednesday, September 27th

Time: 10:30a.m. to 5:00p.m.

Cost: \$40.00 (including Lunch)

Enjoy the scenic beauty and breathe in the crisp, clean mountain air while enjoying your country meal at the oldest and largest ranch in Oak Glen. Lunch includes slow roasted Tri-Tip and BBQ chicken, potato salad, biscuit with apple butter, and a slice of apple pie or crisp for dessert. Entertainment by Riley's Mountaineers singing some of your favorites from bygone times. After your lunch, enjoy a 20 minute tour of the historic 1906 Packing House. The Farm Store will be open for shopping. Level of Walking: Low-Medium; Please call us at the Hart Park House for reservations at (626) 355-7394.

SENIOR CINEMA -

September 20th at 1:00p.m.

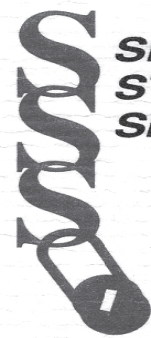
Fences (2016)

Troy Maxson (Denzel Washington) makes his living as a sanitation worker in the 1950's. He dreamed of becoming a professional baseball player but was too old when the major leagues began admitting black athletes. He creates further tension in his family when he squashes his son's chance to meet a College Football Recruiter. Rated PG13; Run time 2h. 19m.

INSURANCE RESOURCE TABLE

If you have any questions on your health plans, please come to the Insurance Resource Table at the Hart Park House on Monday, September 11th from 12:00p.m. - 1:00p.m. A licensed representative will be available. As a Medicare beneficiary, you have from October 15 to December 7, 2017, to review your coverage and make any changes for 2018. New coverage for changes made during the open enrollment begins January 1, 2018.

LUNCH AND LEARN - Transit 101 Class
Wednesday, September 27th 12:15p.m. - 1:00p.m.
at the Hart Park House If you haven't used public transportation before or it's been a long time since you tried and you don't know where to start, **THIS CLASS IS FOR YOU!** No need to stress over mobility or other limitations - Feel confident enough to go out on your own! Come join us for this **FREE Transit Training Class**
-Please call the Hart Park House at 626-355-7394. make a reservation-



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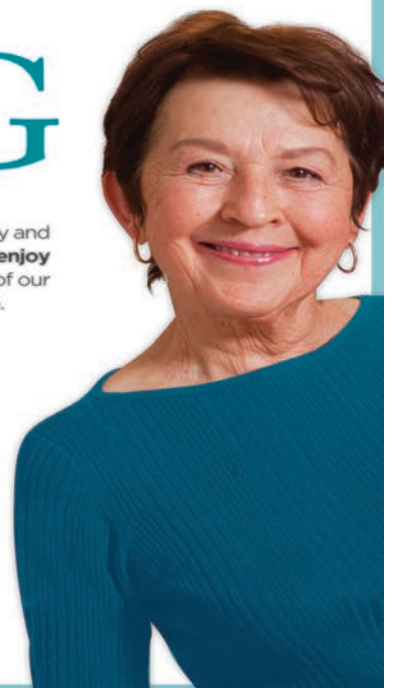
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Blessed are the merciful, for they will be shown mercy - Matthew 5:7



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Looking Up
with Bob Eklund



CALTECH SCIENTISTS AWARDED 2017 NOBEL PRIZE IN PHYSICS
FOR GRAVITATIONAL-WAVE DETECTION

The 2017 Nobel Prize in Physics has been awarded to three key players in the development and ultimate success of the Laser Interferometer Gravitational-wave Observatory (LIGO). One half of the prize was awarded jointly to Caltech's Barry C. Barish, the Ronald and Maxine Linde Professor of Physics, Emeritus and Kip S. Thorne (BS '62), the Richard P. Feynman Professor of Theoretical Physics, Emeritus; and the other half was awarded to MIT's Rainer Weiss, Professor of Physics, Emeritus.

On September 14, 2015, the National Science Foundation (NSF)-funded LIGO made the first-ever direct observation of gravitational waves—ripples in the fabric of space and time predicted by Albert Einstein 100 years earlier. The public announcement took place on February 11, 2016, in Washington, D.C. Each of the twin LIGO observatories—one in Hanford, Washington, and the other in Livingston, Louisiana—picked up the feeble signal of gravitational waves generated 1.3 billion years ago when two black holes spiraled together and collided. Two additional detections of gravitational waves, once again from merging black-hole pairs, were made on December 26, 2015, and January 4, 2017; and on August 14, 2017, a fourth event was detected by LIGO and the European Virgo gravitational-wave detector.

The detections ushered in a new era of gravitational-wave astronomy. LIGO and Virgo provided astronomers with an entirely new set of tools with which to probe the cosmos. Previously, all astronomy observations have relied on light—which includes X-rays, radio waves, and other types of electromagnetic radiation emanating from objects in space—or on very-high-energy particles called neutrinos and cosmic rays. Now, astronomers can learn about cosmic objects through the quivers in space and time caused by changes in gravitation.

The Nobel Prize recognizes Weiss, Barish, and Thorne for their “decisive contributions to the LIGO detector and the observation of gravitational waves.”

“I am delighted and honored to congratulate Kip and Barry, as well as Rai Weiss of MIT, on the award this morning of the 2017 Nobel Prize in Physics,” says Caltech president Thomas F. Rosenbaum, the



Sonja and William Davidow Presidential Chair and professor of physics. “The first direct observation of gravitational waves by LIGO is an extraordinary demonstration of scientific vision and persistence. Through four decades of development of exquisitely sensitive instrumentation—pushing the capacity of our imaginations—we are now able to glimpse cosmic processes that were previously undetectable. It is truly the start of a new era in astrophysics.”

“The prize rightfully belongs to the hundreds of LIGO scientists and engineers who built and perfected our complex gravitational-wave interferometers, and the hundreds of LIGO and

Virgo scientists who found the gravitational-wave signals in LIGO's noisy data and extracted the waves' information,” Thorne says. “It is unfortunate that, due to the statutes of the Nobel Foundation, the prize has to go to no more than three people, when our marvelous discovery is the work of more than a thousand.”

“I am humbled and honored to receive this award,” says Barish. “The detection of gravitational waves is truly a triumph of modern large-scale experimental physics. Over several decades, our teams at Caltech and MIT developed LIGO into the incredibly sensitive device that made the

discovery. When the signal reached LIGO from a collision of two stellar black holes that occurred 1.3 billion years ago, the 1,000-scientist-strong LIGO Scientific Collaboration was able to both identify the candidate event within minutes and perform the detailed analysis that convincingly demonstrated that gravitational waves exist.”

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges
A BEAR IN THE YARD

weekly on Preparedness Radio Network. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com

I've always liked the wildlife here I live butting right up against the Angeles National Forest, though it does mean that I have given up the idea of a food

compost bin – about 10 feet from my door -- to get to whatever yummy rotten food was inside, and he left some prints on my sidewalk. Once I went outside when a black bear was checking out the neighbor's trash, and the bear ran off so quickly that I could hardly believe my eyes.

This morning I photographed these tracks down on the dirt road west of my home that leads up into a local canyon. I put my reading glasses next to the track so you can see how big it is. I always figured that this was the path that the bear takes into his canyon hideout, but I never saw good track til today.

By the way, I naturally assume that each of you



garden (except wild foods). Between the gophers, squirrels, and deer, nothing lasts long enough for me to harvest. And the bird scene is incredible, with all the usuals, such as hawks, owls, jays, crows, ravens, woodpeckers, hummingbirds, the feral parrots, wrens, and many others.

I haven't seen a bear in the yard for a few years. The first encounter was when one broke apart my

HUMANITARIAN <i>(cont. from pg. 1)</i>	immunization outcomes in developing countries.	Need) providing a resource directory & web-based App for homeless & vulnerable youth.
Stephen Turner, N ASA Emergency Management Specialist - Michoud Assembly Facility. Directed efforts with the MAF Response and Recovery teams	William C. Patzert Ph.D. Research Scientist, NASA JPL Interpreting Satellite data, to further our understanding of climate and environmental problems.	Robert C. “Bud” Bishop Ph.D., M.B.A. President Pasadena Bio Collaborative Incubator Coordinates the nurturing of over 50 early stage companies working to translate scientific ideas into products for the improvement of health, quality of life, and the environment.
Sam Bloch, Founder of Communitere International Innovative approach to humanitarian aid, changing the scope of disaster response and community development.	Angelo Capozzi, MD. Founder & Medical Director Rotaplast International. Helping children and families worldwide by eliminating the burden of cleft lip palate, burn scarring, and other deformities.	Anna Stork,Andrea Sreshta and Mark Cuban LuminAID founders & partner. Invented solar powered inflatable light. Forty thousand units distributed to 100 countries for disaster relief and undeveloped areas.
Mark Minie Ph.D. Founder, BioSpherics Working Group. Bionic Leaf Development Kit for use in education and innovation.	Mark E. Davis, Ph.D., Warren & Katharine Schlinger Professor Chemical Engineering at CalTech, City of Hope Comprehensive Cancer Center, Experimental Therapeutics Program. Engineered nanoparticles that are made from polymeric materials specifically designed and created for human cancer therapeutics.	To purchase tickets & become a sponsor Go to RHSTAR.Org.
Nexleaf Analytics ColdTrace Team, Martin Lukac, Shahrzad Yavari, & Anita Sircar Technology platform ensures every child receives safe & effective vaccines by bringing powerful data analytics, real time detection of systems failures, and cost effective systemic improvement to	Denise McCain-Tharnstrom, Ph.D. Exec. Director - Our Children LA Developed an app, ‘WIN’ (What I	



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
ONE GOOD DEED DESERVES A KICK IN THE PANTS

Have you ever had the feeling that any good deed you try is counteracted by a good swift kick in the pants?

I recently grabbed a quick lunch at a local restaurant. I don't like eating at fast food restaurants, but, occasionally, I don't have much choice. Then, once in the restaurant the menu doesn't give me much choice, either.

I ordered my lunch and settled at a corner table. About halfway through my lunch an older couple took the table next to me. Being a “people watcher,” which is a fancy way of saying, “I’m nosy,” I watched this couple out of the corner of my eye.

I noticed right away the woman got her things situated immediately. Not so with the man.

He struggled to unwrap the plastic fork. He fumbled trying to break the plastic wrapping and free his fork so he could begin eating. Nothing he did seemed to advance his cause.

Without missing a beat, his wife reached over, took the wrapped fork from her husband, popped it open in one easy motion and handed it back to him. Without saying a word, he took it and began eating.

This incident reminded me of something that happened the week before.

A friend phoned, asking me if I could help a friend of his who was moving from Florida to Virginia and had nobody to help him. Immediately I agreed to help all I could. After hanging up my phone, I wondered what I had gotten myself into.

I told him to have this person call me. I figured if he doesn't call, I wouldn't have to help. No sooner had this thought rambled through the little gray cells, then the telephone rang. It was this person requesting my assistance.

I invited him to church on Sunday and we would see how we could help him. I hoped the “we” did not mean “me.” After hanging up the telephone, I told my wife the incident and she reassuringly said, “He may not even come to church.” I took comfort in her suggestion.

On Sunday morning, an hour before services, this person showed up at church. He introduced himself and we got acquainted.

“All I have,” he assured me, “are 25 boxes of books that I need to take to the post office so I can mail them to where I am going.”

Well, I mused, this may not be as bad as I thought.

On awakening Monday morning, second thoughts about the whole project bombarded my empty head. I was trying to think of some way to graciously bow out of the whole mess. I have a problem pronouncing the word “no.” You have no idea the trouble this has brought me. I’m thinking of consulting a speech therapist to help me.

My watch told me I was running a little late.

I wish my watch would tell me how to get out of such predicaments. But when I inquired, it didn't give a tick. Then an idea burst in my noggin. If he said anything about me being late I will get mad, turn around and go home. Or, if he wasn't ready to move the boxes when I got there, I would, in a huff, turn around and stomp off and go home.

It's been such a long time since I got mad or angry that I wasn't confident of my plan. But, I reasoned to myself, it's worth a try.

I found myself running about 45 minutes late. I was grinning to myself, thinking this would be enough to make him say something about my tardiness.

When I arrived, he was waiting for me with everything in readiness. He greeted me in a very cheery voice and made no mention whatsoever about my lateness.

This distressed me. Surveying the work before us, I figured it would only a few hours to load the truck, drive to the post office, which was only a couple blocks away.

I had the auspicious job of lifting every box from the truck up on to the dolly on the dock, several feet over my head. Complicating things even more, the post office personnel supervising the unloading of these boxes was a woman. This meant I could not groan nor complain about the strain of lifting boxes several feet over my head.

I guess it must be a man-thing.

I was wondering while working, just why he asked for help. Really, this was not a two-man job. He could have done this quite nicely all by himself.

Then the real reason slipped out from under a nearby rock where it had been hiding.

“The school where I will be teaching,” he began, “will reimburse me for all my expenses in moving. But ...” I was now ready for the rest of the story. “But, I am a little short on cash and was wondering if you could help me? I'll be glad to send the money back to you.”

Then I got mad. I thought he wanted a hand up when in reality he wanted a hand out.

Driving home I was reminded of what the Bible said, “And let us not be weary in well doing: for in due season we shall reap, if we faint not. As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.” (Galatians 6:9-10). I remembered what someone told me once. Nobody can take advantage of a Good Samaritan. Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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Are you Prepared for an Emergency?

As of July 2017, there have been nine weather and climate disaster events this year with losses totaling more than \$1 billion in the U.S. alone! More than 80% of Americans live in counties that have experienced a weather-related disaster! However, only 39% of Americans have created an emergency plan for their households. While it's almost impossible to predict when an emergency or natural disaster will occur, creating a plan may help keep your family safe in the event of one. The better prepared you are, the more comfortable you'll be if you have to put your plan into action.

Visit ready.gov/make-a-plan to download an emergency template you can tailor to your needs.

MAKE A PLAN that outlines all the information you'll need to know in the event of an emergency. Not only will it help you get to a safe location, it'll also allow you to let your loved ones know you're safe.

STEP 1: PLAN A SAFE EVACUATION ROUTE

If you're home when an emergency occurs, you may have to evacuate with little to no notice. Select several safe evacuation routes, and make sure everyone is familiar with them.

STEP 2: CREATE A LIST THAT INCLUDES:

- Names & Numbers of each Family Member
- Phone Numbers
- Email Addresses
- Names of Doctors
- Places of Work
- Schools

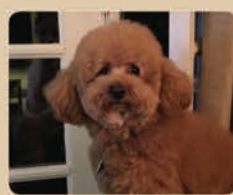
STEP 3: ASSIGN ROLES

Have someone turn off the utilities, while another person packs the important documents and another grabs pets. Giving everyone a responsibility will ensure nothing important is left behind.



Remember Your Pets!

Rocket, the Tsingoglou Family Dog



Our pets are family members, too. Don't forget to include them in your emergency preparation and your evacuation plans. Visit ASPCA.org to get a free Pet Safety Pack, which includes a window sticker to let rescue workers know if your pet is inside or if it has been evacuated.

YOUR PET'S EMERGENCY KIT:

- 3-7 days' worth of food & water.
- Documents, including copies of medical records & current photos, just in case you are separated.
- Sanitary items, such as garbage bags, litter and disposable trays for cats, and cage liners for dogs.
- Miscellaneous pet items, such as extra harness, collars, leashes, a travel carrier and a blanket.

Are you on the right track in attaining your dream home? LET US HELP YOU FIND THE ANSWER! Call us today! 626.695.8650

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From 1932 to 1943, this stunning early California Hacienda-style estate was owned by Herbert Hoover, Jr., son of the 31st president of the United States. President and Mrs. Hoover visited often and the home was known as "The Winter White House". It was originally built in 1928 by local businessman, Frank Picard, and the estate included almost 6 acres of land. In 1932, when the Hoovers moved in, they added a children's wing. Word has it that the playroom (accessed by a slide) was designed by family friend, A. A. Milne, the author of "Winnie the Pooh". This stately property and its colorful link with history reflects the graceful architecture of an earlier era.

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SECTION B

AROUND SAN GABRIEL VALLEY

SUPERVISOR BARGER ENCOURAGES BLOOD DONATIONS IN THE WAKE OF LAS VEGAS TRAGEDY

LOS ANGELES COUNTY — In response to the tragedy in Las Vegas, Nevada that has so far led to the deaths of 59 people and left 500 injured (including many Los Angeles County residents, employees, and Fire and Sheriff personnel), the Board of Supervisors unanimously approved a motion by Supervisor Kathryn Barger directing the Department of Health Services to engage with the American Red Cross to coordinate blood donations to Las Vegas area hospitals in the event of an immediate shortage.

"We have an opportunity to help our fellow Americans in their time of need, and we join them in mourning this tragic loss of life" said Barger.

"Although United Blood Services has met the immediate need for blood, they are still asking people to return and donate later this week."

Several Los Angeles County hospitals are equipped with blood donation centers and are able to assist Las Vegas hospitals in the event of a blood shortage.

The motion also directs the Department of Health Services to include upcoming Red Cross blood donation events on their website and encourage all County employees and department heads to voluntarily give blood at one of the participating Red Cross locations.

CAN YOU RECOGNIZE THE SIGNS? By Jenee' Child

Does Your Home Have Damage?

Mold and water damage are clear signs that your home either has a plumbing problem or other water intrusion issue. The sooner these are identified and addressed, the better chance you have of minimizing repair costs. To avoid incurring unnecessary expenses, do a cursory walk through of the interior of your home.

Knowing what to look for is important in identifying problem areas. Main areas to inspect are the ceilings, walls, cabinets, flooring and baseboards:

- inside bathroom and kitchen sink cabinets
- around the base of and behind toilets
- around showers and tubs
- above and beneath your water heater unit
- near dishwashers, refrigerators and washing machines
- directly below windows and around sliding glass doors
- near chimneys and fireplaces
- around air conditioning units

pipe leaking inside the shared bathroom shower wall or from a plumbing line leak in the concrete slab. You could see a stain or bubbling paint on your ceiling directly below your upstairs bathtub or toilet. If your home is single story, a ceiling stain could either be plumbing related or you could have a leaky roof. If you are smelling a musty odor, this could also mean that you have a moisture problem or leak.

First, conduct a visual check and then see if your home passes the touch test. The following signs could indicate that you have issues that need immediate attention:

- dampness or wetness
- small puddles or standing water
- peeling or bubbling paint
- dark stains or discoloration
- black, green or white mold
- mushrooms
- mildew
- rust or corrosion of pipes
- moisture or water on or around pipes and plumbing fixtures
- warping or buckling
- soft, mushy or brittle materials
- rot or deterioration

In next week's article, we'll review how to recognize a mold problem in your home, health symptoms to look for, who are most at risk if exposed to mold and the do's and don'ts of removing mold.

Jenee' Child is CEO of SOS Solutions, Inc., which offers free help to home and building owners in calling, scheduling and managing emergency contractor services. Mention "Mountain Views News" to receive 75% off (\$225.00 savings) on home inspection services when you call SOS at 1-888-589-1868.

It is a good idea to also inspect other rooms in the surrounding areas mentioned above in case water seeps through walls. Look for damage in rooms located on the other side of shared walls where sinks, toilets, showers, tubs and appliances are situated.

For example, you may find wet flooring in your dining room on the other side of the wall directly behind your refrigerator even though you don't see water in your kitchen. Clothing or shoes in your bedroom closet may be moldy from a hot water



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THOROUGHBRED RACING BACK AT SANTA ANITA AND WHAT A SPECTACULAR OPENING WEEKEND!

By Joan Schmidt

Thoroughbred racing has returned to the GREAT RACE PLACE and what an exciting weekend! On Saturday, all paid club admissions received a great windshield visor and with the hot CA sun, it was a most welcomed Freebie!

Saturday had FIVE great stakes races, "Win and You're In!"-The Breeders Cup with purses of \$300,000 each. Flavien Pratt had not won any races the day before on opening day, but he sure made up for it on Saturday! He won three of the stakes races: He rode Paradise Woods in the "Zenyatta Stakes", Moonshine Memories in the "Chandeler Stakes", and Avenge in the "Rodeo Drive Stakes" in addition to a win on Bolster in the 2nd race.

Drayden Van Dyke won the "Awesome Again Stakes" on Mutaahij over the favored Cupid with Rafael Bejarano aboard and Drayden also won Race 3 aboard Mourinho.

Corey Natatani took the "Frontrunner Stakes" on Bolt d'Oro, who I believe has no losses to date. Corey also won Race 10 on Storm the Hill.

The Autumn Meets lasts from September 29-October 29. Weekdays, Thursdays and Fridays, parking is free and also Club House Admission is free. The first post is at 1pm.

On Weekends, the first post in 12:30. General Admission is \$5; Club House Admission is \$10. There is free admission to the Infield. (Saturdays and Sundays only) Also, kids 17 and under are admitted FREE with parent on any day.

Upcoming FUN events include WINGS & BEERFEST-October 7; HOLIDAY RACING, October 9- Dollar beers, hot dogs and soda all day long; PINKTOBER-Saturday October 21-Pik's Hot Dogs are teaming with Santa Anita for trackside fun and loaded hot dogs. (A portion of each ticket benefits the American Cancer Society.) A CAJUN SHRIMP BOWL is planned for Saturday, October 28, and



Flavien Pratt

WEINER DOG RACES, with our lovable dachshunds will be Sunday, October 29. Register your dachshund at santaanits.com.

The FAMILY FUN ZONE and PUMPKIN FESTIVAL will run Saturday, October 21-October 29. There will be infield activities for the kids, inflatable jumpers, face painting, carnival games, pony rides, a playground and even a chance to meet Seabiscuit. Purchase your Family Fun 4 Pack online at santanita.com/events!

Clockers Corner offers great breakfasts and a chance to watch morning workouts. Often you will run into trainers, owners and even the jockeys. See you there!

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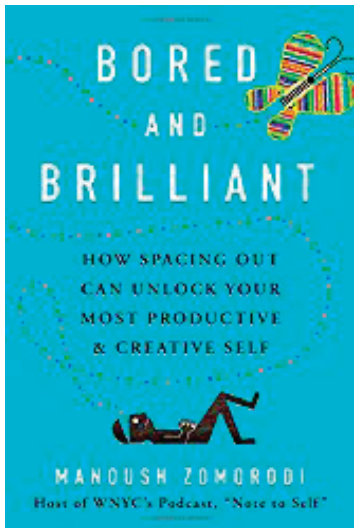
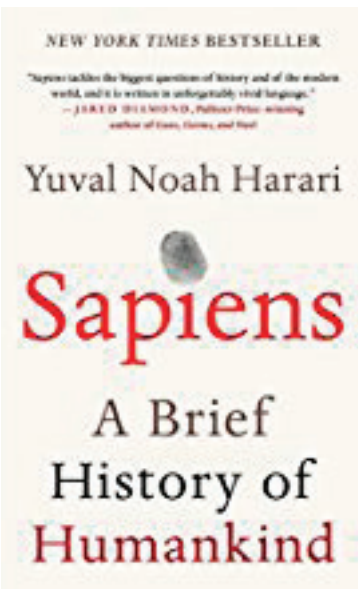
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Jeff's Book Pics

By Jeff Brown

Sapiens: A Brief History of Humankind by Yuval Noah Harari

From a renowned historian comes a bestseller groundbreaking narrative of humanity's creation and evolution that explores the ways in which biology and history have defined us and enhanced our understanding of what it means to be "human."One hundred thousand years ago, at least six different species of humans inhabited Earth. Yet today there is only one—homo sapiens. What happened to the others? And what may happen to us?Most books about the history of humanity pursue either a historical or a biological approach, but Dr. Yuval Noah Harari breaks the mold with this highly original book that begins about 70,000 years ago with the appearance of modern cognition. From examining the role evolving humans have played in the global ecosystem to charting the rise of empires, Sapiens integrates history and science to reconsider accepted narratives, connect past developments with contemporary concerns, and examine specific events within the context of larger ideas. Dr. Harari also compels us to look ahead, because over the last few decades humans have begun to bend laws of natural selection that have governed life for the past four billion years. We are acquiring the ability to design not only the world around us, but also ourselves. Where is this leading us, and what do we want to become?Featuring 27 photographs, 6 maps, and 25 illustrations/diagrams.



Bored and Brilliant: How Spacing Out Can Unlock Your Most Productive and Creative Self by Manoush Zomorodi

"Bored and Brilliant is full of easy steps to make each day more effective and every life more intentional. Manoush's mix of personal stories, neuroscience, and data will convince you that boredom is actually a gift."Charles Duhigg, author of The Power of Habit and Smarter, Faster, Better. It's time to move "doing nothing" to the top of your to-do list.In 2015 Manoush Zomorodi, host of WNYC's popular podcast and radio show Note to Self, led tens of thousands of listeners through an experiment to help them unplug from their devices, get bored, jump-start their creativity, and change their lives. Bored and Brilliant builds on that experiment to show us how to rethink our gadget use to live better and smarter in this new digital ecosystem. Manoush explains the connection between boredom and original thinking, exploring how we can harness boredom's hidden benefits to become our most productive and creative selves without totally abandoning our gadgets in the process. Grounding the book in the neuroscience and cognitive psychology of "mind wandering" what our brains do when we're doing nothing at all Manoush

includes practical steps you can take to ease the nonstop busyness and enhance your ability to dream, wonder, and gain clarity in your work and life. The outcome is mind-blowing. Unplug and read on.

All Things

By Jeff Brown

VETERAN GETS TRUCK, TRANSPORTS DOZENS TO HOSPITAL AFTER LAS VEGAS SHOOTING

Taylor Winston a Marine veteran ran from danger after a sniper opened fire on the crowd, but instead of leaving, he drove more than two dozen victims to the hospital.Winston said he loaded some of the most critical victims into a stolen truck and sped to Desert Springs Hospital Medical Center – all before ambulances had arrived on scene, reports "CBS This Morning"."Me and a friend went and got a few drinks and found our other friends near the side stage and we just kind of posted up there to watch and enjoy the concert." Winston said. Moments later, the gunfire began."People started scattering and screaming and that's when we knew something real was happening," Winston said. Winston, Lewis and thousands of others needed to get to safety, but were boxed in by a fence."The shots got louder and louder, closer to us and saw people getting hit, it was like we could be hit at any second. Once we got to the fence, I helped throw a bunch of people over, and got myself over,It was a mini war zone but we couldn't fight back." The 29-year-old veteran couldn't fight the threat, but he was able to drive."I saw a field with a bunch of white trucks. I tested my luck to see if any of them

had keys in it, first one we tried opening had keys sitting right there. I started looking for people to take to the hospital," There was just too many and it was overwhelming how much blood was everywhere."Victims squeezed into the backseat and spread across the bed of the truck."Once we dropped them off, we were like well, let's go back for round two and go get some more," he said. "I transported probably 20 to 30 people injured to the hospital."Winston joined the Marines at age 17, eventually serving two tours in Iraq. In 2011, he was honorably discharged as a sergeant."I think a lot of my training in the military helped me in the situation. We needed to get them out of there regardless of our safety," he said.Winston rejects the "hero" label. He said he saw many people – like him – doing good deeds."There was a lot of bravery and courageous people out there. I'm glad that I could call them my country folk," he said. Winston says he is just 100 percent lucky that he was not injured or killed. He returned the keys to the owner of the truck Monday night. While he doesn't know which of his passengers survived, he feels confident that his decision made a difference.

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FAMILY MATTERS

By Marc Garlett



PLANNING FOR THE FUTURE (WITHOUT A CRYSTAL BALL)

Creating a will, trust, or any type of estate plan has always involved dealing with an uncertain future. Consider that just 20 years ago in 1997, the estate tax had an astonishing 55% rate with only a \$600,000 exemption. Because of the low exemption and high rate back then, tax-driven estate planning was a mathematical necessity for a large segment of the population.

Fast forward to 2017. Not only do we now have a generous \$5.49 million exemption and a lower 40% rate, we also have renewed emphasis and action from the President and Congress on repealing the estate tax, as evidenced by the September 27, 2017 Unified Framework for Fixing Our Broken Tax Code. So what does this mean for you, as you're planning for the future?

Estate Tax Repeal Means No Need to Plan...Right? Nothing could be further from the truth! Although there was a lot of tax-driven planning in the past, in recent years estate planning has largely focused on preserving family unity, protecting assets, ensuring privacy, and effectively passing along financial and emotional legacies.

And, for those with high net worth, it's also worth mentioning that estate tax repeal isn't a foregone conclusion at this point either. The Unified Framework still must be crafted into legislation that and pass both houses of Congress before being signed by the President. Given the political division the country faces (and the likely stiff opposition to the President's tax proposal from Congressional Democrats), this will be no small feat.

Today, the focus of estate planning has shifted away from

death taxes to other concerns that affect most families. Good estate planners now work with clients to protect their families against costly, public probate, guardianship, or conservatorship court proceedings and also further their legacy goals.

You might be worried about some of these things happening to your family:

A financially irresponsible child or grandchild wasting their inheritance simply because they lack the financial maturity to handle wealth.

A divorcing spouse of one of your heirs taking advantage of family wealth.

Family discord lurking under the surface that tears your family apart, especially after the death of the patriarch or matriarch.

A lawsuit, judgment, or bankruptcy that causes your family to lose their inheritance.

Alzheimer's or another cognitive impairment affecting you or someone else in your family.

Luckily, we have well-developed, flexible legal strategies (such as lifetime asset protection trusts, standby special needs trusts, and robust incapacity planning, to name a few) for overcoming these issues. Although estate planning can't necessarily repair a damaged family relationship, proper planning can help make sure it does not get any worse. But these strategies only work when you implement or refresh your will, trust, and estate plan.

So, there's no crystal ball. Where should I go from here? According to WealthCounsel's 2016 Estate Planning Literacy Survey, about 74% of Americans find estate planning to be a confusing topic. So, you're not alone if you're unsure about your next steps.

If you don't yet have a will or trust, now is the time to explore getting one. If you have an "old" will or trust, now is the time to talk with us about whether you need an update. Modern families need modern estate planning solutions, and we are ready to help you create a flexible estate plan that works now, and will work in the future, even if the current tax laws change (even though no one has the proverbial crystal ball).

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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We'll still be providing the same high-quality estate and legacy planning services in the comfy, cozy, and homey atmosphere you've come to expect from us, but in addition, we'll now be able to expand our service offerings within the areas of trust administration, probate, business law and real estate legal counsel.

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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA

LESS WORK, MORE PLAY

I recall reading a passage in one of many books written by the late renowned best-selling author, Steven Covey that went something like this, "I worked hard to climb up the career ladder, then when I got to the top I realized it was leaning against the wrong wall." This conveys the experience of people who are so focused on the next promotion and the next raise until they lose sight of the things in life that are most important. Created from a combination of the words "work" and "alcoholic," a workalcoholic is defined as a person who is obsessively addicted to work.

It is a general belief that the word workalcoholic was introduced into the American lexicon in the late 1960's, but it was not until the 1990's that the term began to be used widely. Initially, being a workalcoholic was viewed as a positive character trait but over the years it has come to be associated with high levels of stress, and in its most extreme form may be classified as a work-related obsessive-compulsive personality disorder.

Working to provide for one's livelihood is a fact of life, and people who are able to make a living doing something they absolutely love is the best possible scenario. However, working excessive

hours on a consistent basis, without little to no regard for balancing work to allow for personal time, has it's own set of consequences. It is understandable that an employee may put in extra hours from time to time. But when the extra hours become the rule, as opposed to the exception, it's time to take an inventory – especially when the extra hours begin to interfere with one's ability to be available for other important things in life, like family, friends and fun from time to time.

A parent has the best of intentions when they work hard to ensure that their children have everything that they need and much of what they may want. This often requires long hours at work, and when those hours are extended on a regular basis, it reduces the availability of what children want most from their parents – personal time.

In the end, making time for personal relationships and taking time to pursue life's simple pleasures are the types of time investments that add meaning to life. Though I've not been able to identify the source of this quote, I find it appropriate to provide context, "No man ever said on his deathbed, I wish I had spent more time at the office."

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

SUSAN Henderson, Publisher
ENOUGH!



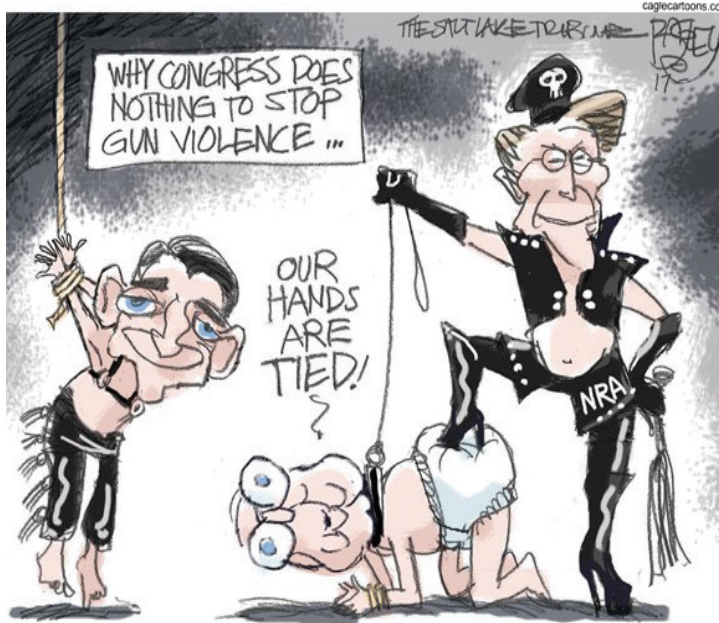
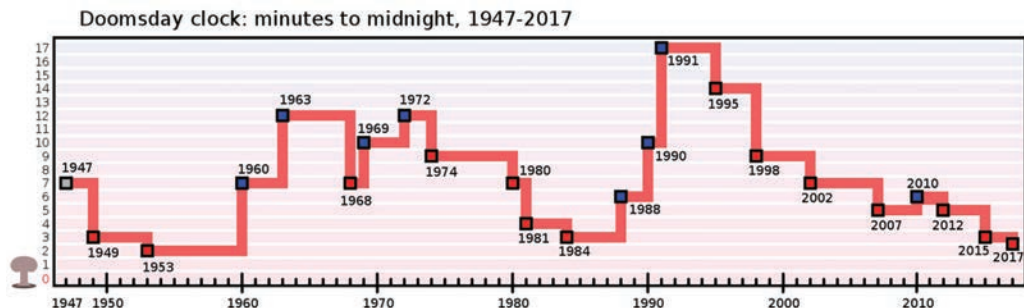
ENOUGH: Exclamation: used to express an impatient desire for the cessation of undesirable behavior or speech:

This has been a very difficult week. It's been a very difficult month, in fact, it's been difficult for quite a while. When I awakened this morning, there was a newflash that says Donald Trump had signed an Executive Order that allows employers and insurers to deny covering the cost of birth control pills for women. Really? We will now not cover pills that have many uses including helping a family decide when they want to bring a child into this world and a plethora of medicinal uses related to women's health issues? Now women will have to pay for these perscriptions? **BUT, MEN DO NOT HAVE TO PAY FOR VIAGRA. SERIOUSLY?** I don't believe I need to go into all of the reasons why this is a shameful set of circumstances. Women's Health and Family Planning are not a necessity but the ability of circumstance? (This is a family friendly publication so I won't go into any more detail.) **POLITICS HAVE GONE TOO FAR! ENOUGH OF PLAYING WITH PEOPLE'S LIVES AND USING THEM AS POLITICAL FOOTBALLS.**

ENOUGH!
Last week I attended funeral services for a dear friend, Attorney Richard Leonard. Richard and I had many differences, politically mostly, but he was a good man, a good person. I wanted to pick up the telephone and call Richard the other day when I heard about the shooting in Las Vegas because, Richard was an avid believer in the 2nd Amendment. He was a hunter and in fact had recently returned from an annual hunting trip with his friends. And, like my father believed that every law abiding citizen had the right to own firearms. However, even Richard and my Dad if he were alive, would certainly agree that with the changes in our society, we can no longer afford to live with such a broad interpretation of our 'right to bear arms'. I have lost both my father (shot to death in a case of mistaken identity) and my adopted son, shot in a random drive by shooting by a person who did not know him but was just cruising looking for people to shoot. Those are just my personal losses, but I have seen and/or heard so many, many more. So when is our society going to have enough? We don't have to dismantle the constitution, but we do have to be realistic. Weapons of war do not belong in the hands of ordinary citizens. We need bans on the manufacture and distribution of all automatic weapons and accessories that convert them or conceal them (silencers), now! Our tragedies are not diminishing, they are increasing. Being in Nevada, an open carry state, did not save even one life on Sunday. We need to ban the ability to purchase massive amounts of ammunition and explosives. We need to allow the creation of a shared database so that perhaps our federal agencies will have a heads up on who is trying to amass stockpiles of guns, ammunition and explosives. We should have had enough of death and sorrow by now to demand that our Congress create legislation that will protect us. Remember, there were NO automatic or semi automatic weapons when the second amendment was created. (Yes, the first such weapons were gatlin guns used in the civil war.) By the way, why are we all still wondering why the shooter killed and shot people for no reason? Simple answer, *because he could*. He could gain access to everything he needed, legally, to destroy so many lives. Get it? **ENOUGH OF PLAYING WITH PEOPLE'S LIVES AND USING THEM AS POLITICAL FOOTBALLS.**

ENOUGH!
I grew up in the 50's when among other things, our country lived in fear of an attack from Russia. Many American's built bomb shelters; every school held regular Air Raid Drills to prepare students in the event of an attack. We lived everyday with the fear that America might be hit with a catastrophic bomb. Well, it's been 259 Days, 1 hour, 14 minutes and 25 seconds at the time of this writing that Donald Trump has been President and guess what?, we are now facing the reality that we may be faced with an attack from foreign enemies just like in the 1950's! Those of us who remember air raid drill days live in the same kind of fear today. Now in many ways, Russia, who has always sought to destroy all democracies in order to propagandize their form of government, is the least of our current problems. Yes, their cyber attacks have inflicted what may prove to be irrevocable damage but what they have done is nothing compared to the threat of an attack from North Korea. A potential attack that is being baited by the President. In addition to that, Trump is hell bent on dismantling the Iran Agreement and thus possibly creating another nuclear enemy of the United States. And yet, there appears to be nothing that we can do to stop this man (Trump). Also as of this writing, there is talk of him removing the only sane cabinet choice he has ever made, Rex Tillerson, a man who understands that bullying is not the answer. I don't know about you, but I am completely done with this President. Yes he was elected and we try to respect the process but leaving the never ending scandals aside, his behavior in and of itself puts our lives and the lives of posterity in danger. This isn't a partisan statement, I've lived through many Presidents from both sides of the fence but never have I ever lived with a man who does not care about what his job requires of him, that is, serving all the people of the United States. A man who puts his popularity before the needs of his people. I've had enough of him, but more importantly I've had enough of CONGRESS (both houses) who cannot or will not find a way to do their job and recognize that this President is not a dictator and is not omnipotent. Their choices aren't easy but the alternative leaves the public at risk. American citizens including those in Puerto Rico are not widgets in a board game. **ENOUGH OF PLAYING WITH PEOPLE'S LIVES AND USING THEM AS POLITICAL FOOTBALLS.**

To quote Lin-Manuel Miranda, "You're going straight to hell, @realDonaldTrump," the Pulitzer Prize-winning playwright tweeted at the President. "No long lines for you. Someone will say, 'Right this way, sir.' They'll clear a path." Unfortunately, until we have had enough, he'll be taking all of us with him!



LEFT TURN/RIGHT TURN

DICK POLMAN



MEET THE NEW FACE OF
REPUBLICAN EXTREMISM

Thank you, Alabama Republicans! Thank you for choosing a Senate candidate whose reactionary ravings and paranoid fictions make Donald Trump look semi-sane.

Seriously, could Democrats have ever imagined receiving a better gift than Roy Moore, the bat-crazy theocrat who has twice been dumped from his post on the Alabama Supreme Court? Democrats are always on the lookout for a right-wing poster child - and few Republicans fill the bill better than this loon from Toontown, who defies federal orders (refusing to recognize gay marriage), and who says (among other things) that lesbian mothers are "a crime against nature" and that 9/11 was God's punishment for sodomy.

Moore, who won Tuesday night's GOP primary (beating Trump's candidate, incumbent Sen. Luther Strange) will probably defeat Democratic nominee Doug Jones in December's special election, because we're talking here about Alabama, where a Democrat hasn't won a Senate race in the last quarter century. But so what. More importantly, he'll resonate nationally - as a lawmaker who believes that "God's laws are always superior to man's laws" - and for Republicans, that's bad news.

Karl Rove, the ex-Bush guru and party strategist, says it better than I can. Moore will be "the Todd Akin of 2017 and 2018 for every Republican on the ballot." Akin, lest we forget, was the nut who won the Missouri Senate GOP primary in 2012 and lost a winnable election after he insisted that women can't get pregnant from "legitimate rape," because "the female body has ways to shut the whole thing down."

Akin, with gleeful Democratic assistance, epitomized Republican extremism and alienated women from the party nationwide. Moore is potentially the same kind of nightmare. As Rove and others point out, the GOP can't afford to get bogged down in God, gays, and rape. And Moore's win last night may well prompt similar reactionary populists to come out of the woodwork to challenge establishment Republican candidates in '18 House and Senate primaries. That too bodes ill for the party's battered image.

Katie Packer Beeson, a Republican strategist and deputy campaign manager for Romney-Ryan in 2012, laments that Moore "longs for the America we see on shows like 'Leave it to Beaver.' That show depicts a time when men were the heads of the house, women knew their place and children didn't question, they just obeyed. A time when homosexuality was whispered about but never displayed publicly. A time when women didn't pursue careers but stayed home, kept the house clean and had dinner on the table for their man."

Beeson acknowledges that Trump won in 2016 with largely-white supporters who yearned for a yesteryear. But women and minorities are still ascendant in the electorate - and she warns that Moore will send the wrong message: "(He) seems to embrace a 1950s Baptist Sunday School view of America and demands that everyone subscribe to that vision or keep quiet. But this vision of America doesn't make room for minorities, career minded independent women, gay people or others who were outside of the 1950 mainstream...A Republican party that is already carrying significant baggage brought on by the president cannot afford to reignite the culture wars with hateful, divisive rhetoric directed at those who disagree with them."

Ousted White House aides Steve Bannon (the white nationalist extremist) and Sebastian Gorka (the guy with Hungarian anti-Semitic links) campaigned heavily for Moore, because they firmly believe that the Trump regime and the Republican Congress are too moderate. That should tell you plenty about today's GOP. And it tells you plenty about Moore that not even Trump could stomach endorsing him.

The irony is that Moore shares Trump's talent for concocting paranoid lies. Just to give you a flavor, here's a recent exchange with a reporter:

Moore said, "There are communities under Sharia law right now in our country. Up in Illinois. Christian communities."

The reporter naturally asked, "Which American communities are under Sharia law? When did they fall under Sharia law?"

Moore replied, "Well, there's Sharia law, as I understand it, in Illinois, Indiana - up there. I don't know."

The reporter said, "That seems like an amazing claim for a Senate candidate to make."

Moore replied, "Well, let me just put it this way - if they are, they are; if they're not, they're not."

The reporter said, "I'd like to learn more about the communities in America you think are under Sharia law."

Moore replied, "I was informed that there were. But if they're not, it doesn't matter...I don't know if there are. I understand that there are some."

Um, whacko? There are none.

So welcome to the latest devolution of the Republican party, where the Trumpkins unleashed by Trump are in the hunt for candidates who can out-Trump Trump. They actually think they're doing Trump a favor, saving him from the Washington "swamp."

Or perhaps, by saddling him with people like Roy Moore, they'll all sink together.

Copyright 2017 Dick Polman, distributed exclusively by Cagle Cartoons newspaper syndicate. Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Pennsylvania. Email him at dickenpolman7@gmail.com.

MAKING SENSE by
MICHAEL REAGAN

GUNS & POLITICS



Today I'm counting my blessings. My wife Colleen, my daughter Ashley and I are huge country & western fans.

We go to lots of outdoor concerts and Country Music Association awards shows.

In fact, we were planning to attend the Route 91 Harvest Festival concert on Sunday night and stay at the spectacular Mandalay Bay Resort and Casino in Las Vegas.

In the end, we decided not to attend.

Otherwise, we might have been among the 59 killed and hundreds wounded by the monster who strafed the crowd of 22,000 from the 32nd floor of the Mandalay Bay Hotel. Many worried friends who expected us to be at the music festival - and sitting upfront -- called or texted us to make sure we were alright.

We were lucky we stayed home in L.A. But we were touched by what happened in Vegas. We know country music fans who were there and we know people who know some of the victims.

While I counted my blessings, I watched in anger as yet another terrible murderous event became an overnight political opportunity for gun-hating liberals.

Early on I tweeted, "Please don't let this become a political issue, because it's not." But by Monday morning the usual cries for more and tougher gun control laws were coming from the left and the liberal media.

Early calls for silencers to be outlawed were replaced by calls to outlaw "bump stocks," which the killer used so he could shoot his arsenal of semi-automatic weapons at a faster rate.

This week's knee-jerk calls for more laws to be passed as a way to prevent future mass murders reminded me again of what I was told right after my father was shot on March 30, 1981.

I remember asking the agent in charge of my Secret Service detail, "How can this happen with all the security around my father and family? How do you let this happen?"

The agent said, "Michael, as you know, we train 24/7 to protect you and your family. But one thing we can't train for is the crazies."

That's apparently what we're looking at in Las Vegas - a lone depraved killer intent on doing as much harm to innocent people as he could.

He was never on anyone's radar.

He bought his huge cache of weapons and ammunition legally.

He'd never been in trouble with police and didn't have known psychological problems.

We don't know why he did the terrible things he did - not yet. But sometimes with a crazy man there is no why and no reason.

All the new gun-control laws liberals can dream up will not stop future crazies intent on attacking concerts, ball parks or suburban malls.

The truth is, in the aftermath of the Vegas tragedy we should not look to the government and politicians to "fix" things.

It will be the private sector that will make another attack on innocents from the windows of a 32nd floor hotel room unlikely or impossible.

Hotels in Vegas and around the world already are thinking of ways to beef up their security.

They'll hire more armed guards. They'll put alarms on their windows and have guards outside looking up at them.

Hotels will do whatever they need to do and spend whatever they need to spend to protect their customers and assure the public it's safe to stay in Vegas or wherever else.

Trust me, an evil man with ten suitcases of guns isn't going to check into the Mandalay Bay ever again without being stopped.

Hotels will make it safer to come to Vegas and gamble your money away, not a political opportunist like Chuck Schumer.

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What's the Name of the Game?

Saturday, October 14th, 2017

Doors open at 6:30 - Bingo starts at 7:30



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