

Walking Sierra Madre...The Social Side

REMEMBERING JOHN DAVIS

by Deanne Davis

"He has shown you, O mortal, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God." Michah 6:8

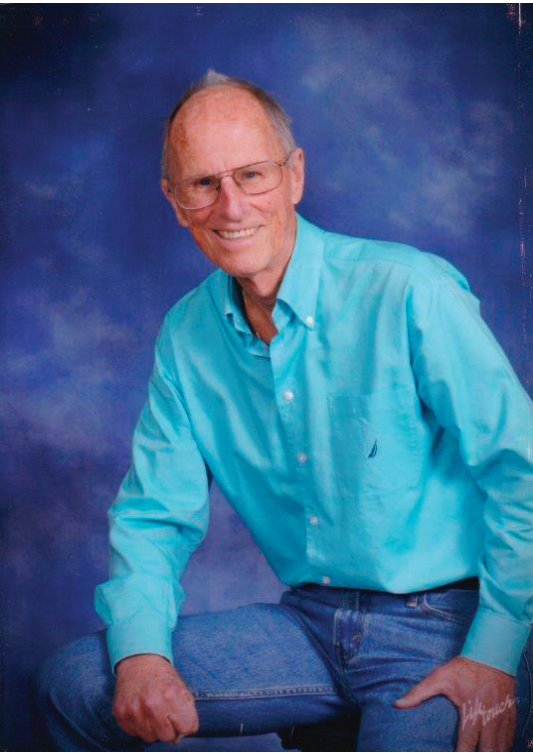
That, friends and neighbors, was the life verse and conduct code of my best friend, my walking buddy, my oatmeal cookie aficionado, my Dancing With The Stars critique partner and the one and only love of my life, John Davis. John left us Monday morning, October 9th at about 6:30 a.m. as a result of complications of pneumonia coupled with a virulent lung infection that none of us can figure out how on earth he encountered such a thing.

Some years ago when our oldest grandson, Michael, was born, I took our Texas daughter, Crissy, who was then 8 years old, with me and we flew to Connecticut where our daughter, Leah, was living... small side trip here... we loved seeing pictures of pregnant Leah scraping snow off her windshield while wearing sandals. You can take the girl out of California but you can't take the California out of the girl! Anyway, I wrote John a note and told him then, "You are the other half of my heart." That never changed. We have been married 50 years as of last April 1st and while I am walking and talking and doing all the things that one has to do at this sort of time, I am doing it with half of my heart. So many people, hundreds actually and that's not exaggerating, have sent me notes on Facebook and other places telling me how John changed their lives and loved them unconditionally. He was, literally, the kindest, dearest person I've ever known.

John did things like taking my hand, looking deep into my eyes, when I was in my late 30's and saying, "It's really important to me that you floss!" "Fine," I said, "I'll floss." Now it's habitual. He did the same thing to our daughter, Patti, made her promise she'd floss for a year. John was a gentle soul who loved serving breakfast to the homeless of Pasadena at Church in the Park with Pasadena First Church of the Nazarene. He was in charge of grits and of telling people how happy he was to see them and just generally being a sweet and loving guy.

One of the happiest times of his life, mine too, was when we taught the young singles Sunday school class at church. We started with four girls who were in their early twenties and eventually we had over 30. The Jabez Group. How we loved them and how they loved him. Many marriages and babies have come out of that group of young singles. They speak of him and the advice he gave, always solid, always loving.

John was born in the California Hospital in Los Angeles on June 16, 1933. His parents, Jay and Leila, supported him in whatever he needed to do, including drilling holes in the walls to rewire certain areas to work the way he wanted them to. Of course, he also let me paint our kitchen bright orange and yellow and our bathroom bright yellow and green without complaining. He attended USC where he received his Bachelor of Engineering degree in 1955 and his Master's in Engineering in 1959. He loved the radio business and did technical work for so many stations. In fact, he loved radio so much that we built and owned our own radio station, KROR-FM, The Mighty Roar of the Desert from 1988-1994 when we got out by the skin of our teeth. We always referred to our radio years as, "The Best of Times and The Worst of Times!" He also hosted folk music radio programs starting in the 1950's on the first FM station in Los Angeles, KCBH-FM and later on KPFK-FM, "Heartfelt Music." This song, "My Baby's Gone," he played so many times came to me when I knew he was gone: "Hold back the rushing minutes, make the wind lie still.



Don't let the moonlight shine across the lonely hill.
Dry all the raindrops, and hold back the sun.
My world has ended, my baby's gone"

John loved Sierra Madre. When we were going to get married in 1967, there was no question about where we'd live. Sierra Madre...where you see deer wandering in the street, where people are friendly, where we found the house of our dreams, a 100 year old beauty on 2/3 of an acre where we raised our children, Leah, Patti, John and Crissy. Where we've had hundreds of parties, barbecued tons of hamburgers and hot dogs, sat around the pool with so many friends and laughed and talked.

When we knew that John's days were coming to an end, that's what we did, the family - which has grown to be quite a few wonderful people, 13 grandchildren, 5 great-grandchildren - and I, we sat and stood around his bed and laughed and talked and told stories, and prayed and wept and hugged and so many people came in and read the 23rd Psalm: "The Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me..." John loved God with all his heart and soul and prayed frequently to be a better disciple for Him.

Walking Sierra Madre will not be nearly as much fun without my walking buddy to talk to and laugh with and admire the gardens all over town with, but I will do my best as that's what he would want. He's dancing with the angels! And has heard the words, "Well done, thou good and faithful servant. You have been faithful over a little; I will set you over much. Enter now into the joy of your Master!" Mt. 25:21

John's memorial service will be Saturday, November 4th at 1:00 p.m. at First Church of the Nazarene, 3700 E. Sierra Madre Blvd., Pasadena 91107. In lieu of flowers, donations to World Vision's Clean Water Project would be greatly appreciated. John's ID/ Pledge Number is D10002667. The address: World Vision, PO Box 70399, Tacoma, WA 98481-0399.

CITY PASSES NEW DEBT ISSUANCE AND MANAGEMENT POLICY

At the last meeting of the Sierra Madre City Council, City Manager Gabe Engeland presented the council with a revised debt policy aimed at improving the manner in which the city handles its finances, specifically it's debt. The new policy is as follows: (Excerpts from staff reports)

I. PURPOSE

The purpose of this Debt Issuance and Management Policy (the "Policy") is to provide written guidelines for issuing debt and managing outstanding debt and to provide guidance to policy makers regarding the timing and purposes for which debt may be issued, types and amounts of permissible debt, and method of sale that may be used. Adherence to a debt policy helps ensure the City's debt is prudently issued and managed in order to maintain a sound financial position and optimal credit ratings. The policies and procedures herein are subject to and limited by applicable provisions of state and federal law and commonly accepted debt management principles.

This Policy is intended to comply with the requirements of Senate Bill 1029, codified as part of Government Code Section 8855 (i), effective on January 1, 2017. This Policy is applicable to all entities for which the City Council acts as legislative body. These entities include, but are not limited to, the City of Sierra Madre, the Sierra Madre Public Financing Authority, the Sierra Madre Successor Agency, and the City's Community Facilities District. When used in this Policy, the term "City" shall refer to each of such entities and "debt" or "bonds" refers to all indebtedness and financing lease obligations of the City.

II. POLICY OBJECTIVES

The City recognizes that a fiscally responsible debt policy is required in order to:

- Maintain the City's sound financial position.
 - Ensure the City has the flexibility to respond to possible changes in future service priorities, revenues, and operating expenses.
 - Protect the City's creditworthiness.
 - Ensure the City's debt is consistent with the City's planning goals and objectives and capital improvement program and/or budget, as applicable.
- The main objectives of this Policy are to establish conditions for the use of debt:
- To ensure debt capacity and affordability are adequately considered.
 - To minimize the City's interest payments and issuance costs.
 - To achieve the highest practical credit ratings, when applicable.
 - To provide complete financial disclosure and reporting.
 - To ensure the City is in compliance with all relevant State and Federal securities laws and other applicable laws and regulations.

The new policy includes acceptable uses of debt proceeds both Long Term and Short Term, the types of debt, and the structure and term of debt.

Engeland pointed out several loopholes, shortcomings and problems in the way the city has handle debt management in the past and presented a convincing case for adopting the new policy.

The council approved the new policy unanimously. You can view the entire policy at www.cityofsierramadre.com. MVNews

SPERO FOUNDATION HOPS FOR HOPE DINNER FUNDRAISER AT SANTA ANITA RACE TRACK

Sierra Madre, California - October 8, 2017. The Spero Foundation announced its major fall fund raising event for 2017 Hops for Hope, a five course gourmet dinner and California Craft beer pairing will be held at Santa Anita Race Track in the Mezzanine Sports Lounge on Saturday November 4th starting at 6:00PM.

This year's event will recognize the accomplishments of some of the



community's best from Sierra Madre Playhouse, Creative Arts Group, Pasadena Adaptive Arts Program and The Friends of The Sierra Madre Library. A member from each group was nominated by their respective organizations as ones who give so generously and make a difference with their volunteerism in the community.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: HISTORICAL LANDMARK DESIGNATION & MILLS ACT CONTRACT
Applicant: Wyatt and Jaqueline Renee Sullivan
Project Location: 49 E. Alegria Ave., in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider a request to designate the Casa de Monte Lado residence, located at 49 E. Alegria Ave., as a Historical Landmark and designated in the City's Register of Historic Resources. The property owners are also requesting concurrent approval of a Mills Act contract subject to approval of their request for historic nomination of the property. Pursuant to Sierra Madre Municipal Code Section 17.82.050, a property may be designated a historic landmark if it meets prescribed historic or architectural criteria. Also pursuant to Code Section 17.80.060, Mills Act contracts are one of several benefits available to owners of designated properties in the City.

At the meeting of October 5, 2017, the Planning Commission conducted a public hearing and recommended to the City Council the landmark designation and approval of the Mills Act contract.

DATE AND TIME OF HEARING	PLACE OF HEARING
City of Sierra Madre City Council meeting Tuesday, October 24, 2017 (Hearing begins at 6:30 p.m.)	City of Sierra Madre City Council Chambers 232 W. Sierra Madre Blvd. Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The request for designation qualifies for a Categorical Exemption, pursuant to Sections 15301 and 15331 of the California Environmental Quality Act (CEQA) as it involves no expansion of an existing structure and pertains to preservation of a historic resource.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

A Murder of Crows Is In Sierra Madre and Now It's Time To Vote!

Gentle citizens of Sierra Madre a convention of crows (a murder of crows) have arrived for their annual rally in our quiet village. Thus marks the beginning of fall and Sierra Madre's 6th Annual Scarecrow Festival with scarecrows appearing throughout town!

Individuals, families, businesses, civic and religious organizations have provided for a home for these Scarecrows all over town. Take a good look and then cast you VOTE for your favorite by Thursday, Oct. 19. Voting ends at noon. On Friday, Oct. 20, there will be an Awards ceremony at Creative Arts Group 7pm.

Go to: www.creativeartsgroup.org/scarecrow-festival to cast your vote before it's too late! Let's show our appreciation for these Scarecrows so that the crows won't come back until next year!



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Tues:	Sunny	Hi 90s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 50s
Thur:	Sunny	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR October 24, 2017
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

Regular City Council Meeting
Tuesday, October 24., 2017,
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
October 24, 2017 at 6:30 pm

Planning Commission
October 19, 2017 at 7:00 pm

Community Service Commission
October 16, 2017 at 6:30 pm

Senior Community Commission
October 5, 2017 at 3:00 pm

Library Board of Trustees
October 25, 2017 at 7:00 pm

Energy, Environment, and Natural Resource Commission
October 18, 2017 at 7:00 pm

SIERRA MADRE POLICE BLOTTER

October 1, to October 8, 2017

During this time period, the Sierra Madre Police Department responded to approximately 295 day and night time calls for service.

Tuesday, October 3

A residential burglary occurred in the 1900 block of Liliano Pl., at about 1:35 p.m., unknown suspect(s) shattered a sliding glass door pane using an unknown tool and entered the home. It appears that the master bedroom was the only room ransacked, and items were missing. Suspect(s) fled in an unknown direction. Case to Detectives

Friday, October 6

At about 1:30 p.m. officers were notified by a passerby in the 00 block of E. Highland Ave. that there was a gun inside a parked vehicle. Responding officers looked through a window and saw the gun inside the vehicle. The owner of the vehicle came to the location and was asked about the weapon. The owner stated that the gun was not real, in fact it is an Air-Soft gun that resembles a real gun and it belonged to her son. The son arrived at the scene and admitted the gun was not real and did belong to him. It was discovered during the investigation that the subject had two outstanding warrants. The subject was arrested and transported to the Pasadena PD Jail and booked for both warrants. Case referred to DA's office



KIWANIS CLUB OF SIERRA MADRE

TUESDAY, October 17, 2017
12 NOON

GUEST SPEAKER: REV. DICK ANDERSON

THE HISTORY OF SIERRA MADRE'S
CONGREGATIONAL CHURCH

Meetings are held at The Lodge 33 E. Sierra Madre Blvd., Sierra Madre, Ca. Lunch begins at Noon and is \$10. Programs begin at 12:40 and are free. Call 626-688-2273 to reserve your seat!

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Pasadena Guild of Children's Hospital



TREASURES AND TRIVIA - 2017 Benefit Rummage Sale

When:	Friday, October 27, 2017 11:00 AM - 5:00 PM
	Saturday October 28, 2017 11:00 AM - 3:00 PM
	Sunday October 29, 2017 11:00 AM - 4:00 PM
Where:	3841 East Sierra Madre Blvd Pasadena, CA 91107
	Located on the corner of Sierra Madre and Michillanda (previously Albertson Market) Shopping site is close to bus stops and parking is available on the north side of the building
What:	Vintage Couture, Gently Used Merchandise Including: Designer Labels, Women's Clothing, Shoes, Purses, Scarves, Accessories, Furniture, Art, Estate Items, Jewelry, Crystal, Silver, China, Children's Clothing, Toys, Sport Clothes and Equipment, Linens, Household Items, Gardening Items, Holiday Items, Men's Clothing, Notions, and many other Treasures Free Admission Visa and MasterCard accepted
Why:	All profits from the sale benefit Children's Hospital Los Angeles (www.childrenshospitalla.org). The purpose of the Pasadena Guild is to raise funds for the hospital's research, education, and patient services programs.
Contact:	For information or to be added to the mailing list, please call (626) 792-GIVE (4483) or email: info@treasuresandtrivia.org

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BOO SIERRA MADRE!



The City of Sierra Madre offers many activities during the Halloween season. The season is kicked off with the Halloween Window Painting Contest sponsored by the Sierra Madre Civic Club. Where community youth paint local business windows throughout the downtown area (Application Required).

Tuesday, October 31, 2017

Coordinated by the Sierra Madre Chamber of Commerce, local businesses hand out candy in Kersting Court, on Sierra Madre Blvd. between Baldwin Ave. and Lima Ave., on Baldwin Ave. between Sierra Madre Blvd. (and select businesses on East Montecito Ave.). Participating businesses

will have a trick-or-treating sign placed in their window.

Everyone is invited to participate in the Sierra Madre Costume Parade led by the Sierra Madre Fire Department and sponsored by the Kiwanis Club of Sierra Madre. The parade begins in Kersting Court and will travel west on Sierra Madre Blvd. finishing at Memorial Park. The costume contest begins at 5:30PM sharp and all costume contest participants must complete a waiver prior to participating.

Please note that the neighborhood trick-or-treating on Alegria is not a City-sponsored event.

For more information please call the Community Services Office at 626-355-5278.

HALLOWEEN HAPPENINGS

TUESDAY, OCTOBER 31, 2017

FREE EVENT

TRICK OR TREATING

3:30-5:00PM DOWNTOWN SIERRA MADRE

- Downtown Sierra Madre businesses will be handing out treats!
- Participating business will have a sign in window indicating involvement

COSTUME PARADE

5:00PM KERSTING COURT

- Follow the Sierra Madre Fire Department Engine down Sierra Madre Blvd.
- Parade should only last 15 minutes. Starts at Kersting Court and ends at Hermosa Ave.
- Costume parade is open to all ages and registration is not required to participate

COSTUME CONTEST

5:30PM MEMORIAL PARK

- All contestants must fill out a waiver form in Kersting Court from 4:00 - 5:00 pm - late contestants can fill one out in Memorial Park
- Categories: Group (All ages - Must include 1 youth under 17), 2 and under, 3 to 4 years old, 5 to 7 years old, and 8 to 13 years old
- Prizes will be given to the top 3 group and age category contestants.
- Strong efforts are being made to keep the contest to under an hour. Please arrive for a prompt start of 5:30pm

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Local Area
News Briefs

Two Teens Shot
in Pasadena

A gunman opened fire last week in Northwest Pasadena, during a birthday party, sending two teenagers to the hospital with non-life threatening gunshot injuries.

According to police and news reports, Pasadena police received calls of gunshots Oct. 5 in the 1700 block of Summit Ave. shortly after 8:30 p.m.

According to reports the suspect walked up to the home and began shooting striking a 19-year-old and grazing a 16-year-old, both are expected to survive.

The suspect was last seen on foot. No other information was given. Police said the investigation is ongoing. Anyone with information is asked to call Pasadena police at 626-744-4241.

Man Stabbed at
Gold Line Station



An unidentified man was stabbed in the face early last week after an argument at the Fillmore Gold Line Station. According to deputies, the victim was stabbed early Oct. 5 around 1 a.m. prompting officials to shut the station down while police investigated. The suspect was tracked down and arrested after getting onto the train and then off at a nearby station.

The victim was taken to a nearby hospital and underwent surgery. He is expected to survive.

No other information about the attacker was given. Anyone with information should call police at 626-744-4241.

Pet of the
Week



Alexa (A443924) is an energetic 5-year-old shepherd/greyhound mix. This goofy girl is incredibly playful with toys and gets along with other dogs while out with our Wiggle Waggle Wagon. Alexa is very treat and toy motivated and is a quick learner. She already knows her sit, down and paw commands. Looking for a smart cookie? Alexa just may be your gal.

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A443924, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



Civic Center Task Force to hold Meeting

Pasadena's new Civic Center Task Force is set to hold their first meeting later this month — issues include reuse the YWCA building and pedestrian right-of-way around city hall.

The task force was established by the city council in July to provide recommendations to the council regarding:

- New construction or development and/or land-use standards of the YWCA and YMCA blocks that are consistent with the existing Central District Specific Plan;
- Possible recommendations for the public rights-of-way within Centennial Plaza, Holly Street and Garfield Avenue; and
- Potential landscape/hardscape improvements for the Civic Center area.

The meeting will be held at 6

p.m., Thursday, October 26, in the City Hall Basement Training Room, 100 N. Garfield Ave., room S018.

Following any city council action, the city may issue a new request for proposals for development projects that would rehabilitate and reuse the YWCA building, as well as any other supporting new construction consistent with the city council's direction.

Task Force members are: Andrea Rawlings and Vince Farhat, Mayor appointees; and Council appointees Raphael Henderson, District 1; Chris Peck, District 2; Joel Bryant, District 3; Lambert M. Giessinger, District 4; Cecilia Estolano, District 5; Wendy Cobleigh, District 6; and Gail Price, District 7. Other Task Force members include Gary Floyd, Historic

Preservation Commission; Stephanie DeWolfe, Planning Commission; Blair Miller, Transportation Advisory Commission; Alan Loomis, Design Commission; Claire Bogaard, Pasadena Heritage; and John Byram, Downtown Pasadena Neighborhood Association.

Information about the task force can be found at cityofpasadena.net/planning/civic-center-task-force. Future meeting agendas and other information will be posted on this webpage when available. Additional public meetings will be held during the following six months after the initial meeting. The dates and times of future meetings are expected to be determined by the Task Force at its Oct. 26 meeting.

The meetings will be facilitated by Patrick Ibarra of the Mejorando Group.

Regional
Transportation
Information
Meeting

As chair of the Assembly Select Committee on Regional Transportation and Interconnectivity Solutions Assemblymember Chirs Holden is set to hold an informational hearing Nov. 2, "Advancing Sustainability in Regional Transportation Projects," to discuss and address timely transportation issues for the region and state.

Holden will be joined by state government officials and experts who will discuss how we can advance our sustainability goals in current and future transportation projects — from creating sustainable communities to fixing our roads and highways — while advancing our economy and creating jobs. This hearing will bring stakeholders and the public together to lay the groundwork for solutions at both the local and statewide levels.

The hearing will be Thursday, November 2 from 10 a.m. - 1 p.m. at the Richard Chambers U.S. Court of Appeals 125 South Grand Ave. Pasadena. Please RSVP to (909) 624-7876 or via email at Assemblymember.Holden@assembly.ca.gov.

Free Howlin'
Halloween
at the
Humane
Society

Trick or treat! Join Pasadena Humane Society & SPCA on Tuesday, October 31 for Howlin' Halloween, a community for families from 2 to 5pm. There will be a Halloween-inspired crafts, trivia games with giveaways, and candy. Costumes are welcome, but please leave your pets at home.

For more call the Pasadena Humane Society at (626) 792-7151. there are located at 361 S. Raymond Ave.

Bill Freeze Rent on
Caltrans SR 710 Homes

Governor Jerry Brown signed a state bill Monday that requires Caltrans to freeze the rent of its tenants who participate in the "Affordable Rent Program" until January 1, 2020. The bill, SB 400, was authored by Senator Anthony Portantino.

"I would like to thank Governor Brown for signing this important district bill. SB 400 will provide long-standing tenants financial relief and the opportunity to purchase their homes at an affordable price," Portantino said. "Though I'm disappointed that we could not capture every tenant in this bill with a rent freeze, I am pleased that those in the most need of help received it."

Earlier this year, the LA County Metropolitan Transportation Authority



(MTA) voted on a measure that recommends an alternative approach to the region's transportation needs other than building the SR 710 tunnel. MTA's action is the de facto end to the threat of the 710 tunnel and clears the way for the homes to be sold.

SB 400 passed the legislature with bipartisan support. The bill was supported by the mayors of Los Angeles, Pasadena and South Pasadena.

Altadena Historical Society
Toasts New Mount Lowe website

In celebration of their new Mount Lowe website, the Altadena Historical Society is raising a glass of ale later this month, with a fundraiser, at the Mount Lowe Brewing Company.

"Mount Lowe Brewing Company is generously donating 10 percent of the day's proceeds to us, so we're urging everyone we know to pack the house on Thursday, Oct. 26," said AHS President Kathy Hoskins.

The fundraiser will be from 6 to 9 p.m. and a food truck will be on the premises at 150 E. St. Joseph St., Arcadia, though the Brewing Company will be open its regular Thursday hours of 3 p.m. to 10 p.m.

"The brewery is family-friendly and pets are welcome, so the lack of a sitter is no excuse to stay home that night," Hoskins laughed.

Just north of Huntington Drive in downtown Arcadia, the brewery is within blocks of the Arcadia Gold Line station.

"We hope everyone who loves the lore of Prof. Thaddeus Lowe and his Mount Lowe Railroad, and of the San Gabriel Mountains,

will join us at the brewery to celebrate the upcoming launch of our Mount Lowe website and the opening of our new exhibit, 'Inspired by the San Gabriels: Five Men and the Mountains,'" Hoskins said.

The Historical Society will hold a free, public opening of the new exhibit and launch of the Mount Lowe website from 2 to 4 p.m. Saturday Nov. 4 at its archives and museum in the Altadena Community Center, 730 E. Altadena Drive.

The Mount Lowe website will provide detailed information and scores of photos of the famous incline railway that climbed from Altadena to the top of Mount Lowe, while the new exhibit will feature the lives and accomplishments of San Gabriels conservationists George Wharton James, Theodore Lukens, Will Thrall, Don McClain, and L.T. Gotchy.

The AHS archives and museum are open from 9 a.m. to 1 p.m. Mondays, Tuesdays and Fridays, and by appointment at (626) 797-8016; email altadenahistorical.society@yahoo.com.



#BeTheMedia

CITIZEN JOURNALISM WORKSHOP

Facilitator is Dean Lee, City Editor of this Newspaper

SELECT TUESDAYS
7:00 - 8:30PM

Small Meeting Room
Main Library
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Altadena 91001

Each workshop consists of a formal lecture and then a group discussion about topics participants bring in from the community, similar to a typical newsroom setting, pitching ideas and determining as a group which issues qualify as news stories.

TUESDAY, OCTOBER 10TH Identifying News

What makes information news-worthy? Learn how to use "news determinants" to understand information's importance in the community.

TUESDAY, OCTOBER 24TH Digging for Information

Peel back the "layers of truth" from press releases to investigative news.

TUESDAY, NOVEMBER 7TH Interviewing

Learn the types of interviews, from "in person" to the use of email correspondence. This will also cover "on the record" and "off the record."

TUESDAY, NOVEMBER 21ST Structure of a News Story

Break down how to use "leads," including understanding the three different mediums of news, audio, video and writing to tell stories.

Registration is required, and workshops have limited space. To sign up for a specific workshop or multiple workshops, call (626) 798-0833 ext.117 or email cchiu@altadenalibrary.org!

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MAYOR AMUNDSON JOINS GROUNDBREAKING COALITION OF 134 MAYORS TO LAUNCH 10-MINUTE WALK TO A PARK CAMPAIGN

Mayor Amundson endorses 10-minute walk to a park campaign led by The Trust for Public Land, National Recreation and Park Association, and Urban Land Institute

At 10:10 a.m. on October 10, City of Arcadia Mayor Amundson joined The Trust for Public Land, National Recreation and Park Association, and Urban Land Institute in launching an historic “10-minute walk” parks advocacy campaign, establishing the ambitious goal that all Americans, and all residents of the City of Arcadia should live within a 10-minute walk (or half-mile) of a high-quality park or green space.

This bipartisan group includes mayors from all across the country and represents cities large and small, including America’s four largest cities (New York, Los Angeles, Chicago, and Houston) and diverse communities across the country. The U.S. Conference of Mayors, which represents more than 1,000 U.S. mayors, also unanimously passed a resolution at the 85th Annual Meeting urging all mayors to actively pursue the 10-minute walk to a park goal.

“Park access is important to all of our cities. I am proud to join this incredible group of mayors,” said City of Arcadia Mayor Amundson.

Studies show that high-quality parks provide a wide range of benefits to urban residents and cities themselves. These include physical and mental health benefits, by providing opportunities to be physically active and to interact with nature; economic benefits by boosting business and helping to revitalize neighborhoods; community-building benefits by providing opportunities for neighbors to interact with each other and work together to improve their surroundings; and environmental benefits by cleaning and cooling the air, improving climate resilience, and providing opportunities for environmental education.

Partnering with cities to advance the 10-minute vision The campaign marks the start of a multi-year partnership with cities and Mayors across the country. Beginning in 2018, the campaign—led by The Trust for Public Land in partnership with the National Recreation and Park Association, and Urban Land Institute—will be working with select cities across the country on measurable policies and strategies to advance the 10-minute walk vision. Reaching 100 percent served in cities nationwide will require major advances in park finance and construction; zoning changes to encourage park development; embedding this goal into city parks master plans; the expansion of “joint use” agreements that open school playgrounds, tracks, and gyms for public use after hours and on weekends; and other innovations.

Partner organizations on the 10-minute walk campaign “Everyone deserves to have a park within a 10-minute walk—that is why we are in the midst of mapping park access for every city and town across America through our new platform, ParkServe,” said Adrian Benepe, senior vice president and director of city park development for The Trust for Public Land. “We have already mapped more than 100,000 parks in close to 7,700 communities across the country, and as our research shows, more than 100 million Americans currently don’t have access to the countless benefits parks provide. These Mayors deserve enormous credit for endorsing the 10-minute walk.”

“Thoughtfully designed parks make a positive difference in the quality of life in communities, serving as a respite, a source of civic pride, and a draw for investment activity,” said Patrick

L. Phillips, global chief executive officer for the Urban Land Institute. “We are excited to work with these distinguished mayors and other urban leaders to promote the 10-minute walk campaign and help improve park access in their cities as well as urban areas across the country.”

134 mayors/cities endorsing the 10-minute walk standard. (The full list can be found at 10minutewalk.org).

• Alameda, CA, Trish Herrera Spencer	• Hartford, CT, Luke Bronin
• Alexandria, VA, Allison Silberberg	• Hemet, CA, Linda Krupa
• Anaheim, CA, Thomas Tait	• Hoboken, NJ, Dawn Zimmer
• Andover, MN, Julie Trude	• Holland, MI, Nancy DeBoer
• Ann Arbor, MI	• Honolulu, HI, Kirk Caldwell
• Christopher Taylor	• Houston, TX, Sylvester Turner
• Arcadia, CA, Peter Amundson	• Kansas City, MO, Sly James
• Arlington, VA, Jay Fiset	• Kearney, NE, Stanley Clouse
• Atlanta, GA, Kasim Reed	• Killen, TN, Jose Segarra
• Atlantic City, NJ, Don Guardian	• Lacey, WA, Andy Ryder
• Aurora, CO, Steve Hogan	• Lakeland, FL, R. Howard Wiggs
• Austin, TX, Steve Adler	• Las Cruces, NM, Ken Miyagishima
• Baltimore, MD, Catherine Pugh	• Las Vegas, NV, Carolyn Goodman
• Baton Rouge, LA, Sharon	• Lewisville, TX, Rudy Durham
• Westborough, MA	• Little Rock, AR, Mark Stodola
• Bloomfield, NJ, Michael Venezia	• Los Angeles, CA, Eric Garcetti
• Bloomington, IN, John Hamilton	• Lynnwood, WA, Nicola Smith
• Boca Raton, FL, Susan Haynie	• Macon, GA, Robert Reichert
• Boise, ID, Dave Bieter	• Manchester, NH, Ted Gattas
• Boston, MA, Martin Walsh	• Melrose, MA, Rob Dolan
• Bozeman, MT, Carson Taylor	• Memphis, TN, Jim Strickland
• Bridgeport, CT, Joseph Ganin	• Miami Gardens, FL, Oliver Gilbert
• Brookline, MA, Bill Carpenter	• Minneapolis, MN, Betsy Hodges
• Buena Park, CA, Elizabeth Swift	• Montpelier, VT, John Hollar
• Burlington, VT, Miro Weinberger	• Mount Vernon, NY
• Carmel, IN, Jim Brainerd	• Richard Thomas
• Central Falls, RI, James Diossia	• Murfreesboro, TN
• Charlotte, NC, Jennifer Roberts	• Shane McFarland
• Chattanooga, TN, Andy Berke	• Myrtle Beach, SC, John Rhodes
• Chicago, IL, Rahm Emanuel	• New Orleans, LA, Mitch Landrieu
• Clarksville, TN, Kim McMillan	• New York, NY, Bill de Blasio
• Clearwater, FL, George Cretikos	• Newark, NJ, Ras Baraka
• Cody, WY, Matt Hall	• New Haven, CT, Toni Harp
• Coeur d’Alene, ID, Steve Widmyer	• New Rochelle, NY
• College Station, TX, Karl Mooney	• Neum Branson
• Colorado Springs, CO	• Niagara Falls, NY, Paul Dyster
• John Suthers	• Oklahoma City, OK, Mick Cornett
• Columbia, SC, Stephen Benjamin	• Orlando, FL, Buddy Dyer
• Covina, CA, Jorge Marquez	• Palmdale, CA, Jim Ledford
• Cupertino, CA	• Pembroke Pines, FL, Frank Ortis
• Sanita Vaidyanathan	• Philadelphia, PA, Jim Kenney
• Dallas, TX, Mike Rawlings	• Plano, TX, Harry Lariosiliere
• Danville, VA, John Gilstrap	• Portland, ME, Ehan Strimling
• Davie, FL, Judy Paul	• Portland, OR, Ted Wheeler
• Denver, CO, Michael Hancock	• Providence, RI, Jorge Elorza
• Des Moines, WA, Matt Pina	• Queen Creek, AZ, Gail Barney
• Des Moines, IA, Frank Cownie	• Reno, NV, Hillary Schieve
• Dolton, IL, Riley Rogers	• Richardson, TX, Paul Voeller
• Doral, FL, Juan Carlos Bermudez	• Richmond, VA, Levar Stoney
• Dublin, CA, David Haubert	• Riverside, CA, Rusty Bailey
• Durham, NC, Bill Bell	• Rochester Hills, MI, Bryan Barnett
• East Hartford, CT, Marcia Leclerc	• Rochester, NY, Lovely Warren
• East Point, GA, Jamquell Peters	• Rockford, IL, Tom McNamee
• Edmond, OK, Charles Lamb	• San Francisco, CA, Ed Lee
• Elgin, IL, Dave Kaptain	• Santa Clara, CA, Lisa Gillmor
• Elizabeth, NJ, J. Christian Bollwage	• Santa Fe, NM, Javier Gonzales
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• Catherine Blakespear	• St. Paul, MN, Chris Coleman
• Eugene, OR, Lucy Vinis	• Sumter, SC, Joe McElveen
• Evansville, IN, Lloyd Winnecke	• Tallahassee, FL, Andrew Gillum
• Fort Collins, CO, Wade Troxell	• Thornton, CO, Heidi Williams
• Fort Myers, FL	• Thousand Oaks, CA, Claudia
• Randall Henderson, Jr.	• Bill-de la Pena
• Fort Worth, TX, Betsy Price	• Toledo, OH, Paula Hicks-Hudson
• Frederick, MD, Randy McClement	• Vancouver, WA, Tim Leavitt
• Gadsden, AL, Sherman Guyton	• Virginia Beach, VA, William
• Gainesville, FL, Lauren Poe	• Sessions
• Gary, IN, Karen Freeman-Wilson	• Washington, DC, Muriel Bowser
• Golden, CO, Marjorie Sloan	• Wenatchee, WA, Frank Kuntz
• Grand Prairie, TX, Ron Jensen	• Westminster, CO, Joe Donatnick
• Grand Rapids, MI, Rosalynn Bliss	• Wichita, KS, Jeff Longwell
• Greensboro, NC, Nancy Vaughan	• Wisconsin Rapids, WI
• Greenville, MS, Derrick Simmons	• Zach Vruwink

ARCADIA POLICE BLOTTER

For the period of Sunday, October 1st, through Saturday, October 7th, the Police Department responded to 942 calls for service, of which 120 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, October 1:

At about 2:16 p.m., an officer patrolling the area of Huntington Drive and Baldwin Avenue attempted to conduct a traffic stop on a vehicle for reckless driving. Witnesses saw the driver park the vehicle and flee the scene on a bicycle. The suspect was detained and further investigation revealed he had been driving a stolen vehicle and was in possession of methamphetamine and drug paraphernalia. The 47-year-old male from Rosemead was arrested and transported to the Arcadia City Jail for booking.

Around 3:17 p.m., an officer was dispatched to Vons, 745 West Naomi Avenue, regarding the report of a suspect in custody for theft. An investigation revealed, the suspect placed 52 items into a shopping cart and attempted to exit the market without paying for them. The 36-year-old female from El Monte was arrested and transported to the Arcadia City Jail for booking.

Monday, October 2:

At approximately 1:49 p.m., an officer responded to the parking lot of the Santa Anita Racetrack, 285 West Huntington Drive, regarding the report of a theft of a vehicle. The victim claimed that he had parked his vehicle in the lot two days prior and got a ride home. He returned to pick up his vehicle and discovered it missing along with his keys. No suspects were seen and no witnesses were located.

Around 9:08 p.m., officers responded to Westfield Santa Anita, 400 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles containing tracking devices to combat the increase in bicycle thefts around the city. An investigation revealed a 34-year-old male from Arcadia took the bicycle and fled the scene. He was located with the bicycle, arrested and transported to the Arcadia City Jail for booking.

Tuesday, October 3:

Just before 6:31 a.m., an officer responded to the 400 block of Los Altos Avenue regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 23-year-old male from Arcadia and a 29-year-old female from West Covina had the stolen package, property, and tracking device in their vehicle. The female also had an outstanding warrant for her arrest and was found to be in possession of methamphetamine and drug paraphernalia. Both suspects were arrested and transported to the Arcadia City Jail for booking.

At approximately 9:40 p.m., an officer responded to a residence in the 1300 block of Santa Margarita Drive regarding a burglary. An investigation revealed unknown suspect(s) entered the home by breaking a rear window located on the second floor, stole \$20,000 in cash as well as several thousand dollars’ worth of jewelry, and fled undetected. No witnesses were located.

Wednesday, October 4:

Around 1:59 p.m., an officer responded to Residence Inn, 321 East Huntington Drive, regarding reports of a disturbance. An investigation revealed a couple’s argument had escalated when the male subject pinned the female victim down and punched her several times to the back of her head and face. He also

covered her mouth to keep her from screaming. The 20-year-old male from Los Angeles was arrested and transported to the Arcadia City Jail for booking.

Just after 4:08 p.m., an officer responded to Westfield Santa Anita, 400 South Baldwin Avenue, regarding a female detained for shoplifting. A loss prevention specialist witnessed the suspect enter Sephora and conceal numerous items in her purse before exiting the store, failing to make payment. Further investigation revealed the suspect was in possession of stolen merchandise (totaling \$1,087 in value) from Sephora, Old Navy and Burlington Coat Factory. The 24-year-old female from Pasadena was arrested and transported to the Arcadia City Jail for booking.

Thursday, October 5:

Around 1:42 a.m., an officer responded to Night Owl Cafe, 168 Las Tunas Drive, regarding a commercial burglary report. An investigation revealed unknown suspect(s) smashed the front door, stole the cash register, and fled undetected. The investigation is ongoing.

Around 9:30 a.m., an officer responded to the parking lot of 24 Hour Fitness, 125 North First Avenue, regarding a vehicle burglary report. An investigation revealed an unknown suspect pried the driver side door handle of the vehicle and stole the victim’s wallet. No suspects were seen, and no witnesses were located.

Friday, October 6:

At approximately 7:55 a.m., an officer responded to Denny’s, 7 East Huntington Drive, regarding a subject. An investigation revealed the subject entered the restaurant and ordered a meal. After consuming the meal, she began yelling at employees and throwing several dishes causing them to shatter. She then left the restaurant without paying for her meal. The subject was contacted and found to have two outstanding warrants for her arrest. She was arrested and transported to the Arcadia City Jail for booking.

Around 5:00 p.m., officers were dispatched to Knockout’s Gentleman’s Club, 1580 Clark Street, regarding a fight involving several subjects. An investigation revealed four suspects approached two victims and punched and kicked them in the head several times. They then stole their jewelry and fled the scene. The investigation is ongoing.

Just after 11:27 p.m., officers responded to the rear parking lot of Drinker’s Hall of Fame, 151 East Huntington Drive, regarding a traffic collision involving a solo vehicle and a wall. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 36-year-old male from Temple City was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

Saturday, October 7:

Just before 9:52 a.m., an officer responded to a residence located in the 200 block of Alice Street regarding a report of mail theft. The victim told the officer that he discovered several pieces of advertisement mail on the ground next to his mailbox. He also noticed his mailbox was empty and several of his neighbor’s mailboxes were left open. During the investigation, the officer was made aware that Sierra Madre police officers had detained a subject who was in possession of several pieces of stolen mail belonging to residents in Arcadia and Sierra Madre. The 23-year-old male from La Puente was arrested by Sierra Madre police officers.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

DUARTE CHAMBER OF COMMERCE CELEBRATES GRAND “RE-OPENING”



DUARTE, Calif., October 5, 2017 – The Duarte Chamber of Commerce has experienced a lot of change during the past few months. Long time CEO, Jim Kirchner, is retiring and newly appointed CEO, Sheryl Lefmann has been busy preparing the Chamber’s new location on Route 66. On September 27th, the entire community came to celebrate the Duarte Chamber’s Ribbon Cutting. The crowd included City Council members, Duarte Unified School District Board Members, representatives from Congress Member, Grace Napolitano’s office,

Assembly Member, Blanca Rubio’s office, State Senator, Anthony Portantino’s office, City Staff, Chamber Board Members and Ambassadors, Residents, Duarte Chamber staff and many others. Numerous chamber members dedicated food and services to make the evening a huge success.

The Duarte Chamber’s new office includes a Visitor’s Center that shares information and items celebrating Route 66 – The Mother Road – and Duarte’s place along the route. The Chamber’s new address is 1735 Huntington Drive, Duarte.

NEW MONROVIA TRANSIT BUSES HAVE ARRIVED AND WILL BE PUT INTO SERVICE THIS MONTH!

Over the past several months, staff has been working to coordinate the order and delivery of new Monrovia Transit buses, and they have finally arrived! The City Council approved purchasing five new buses back in April 2017 to replace buses that were put into service in 2007/8, all of which have over 200,000 miles on them! At this time, the Public Works team is working on obtaining the vehicle registration and training staff with the hopes of putting the vehicles into service in mid-late October. Once these are put into service, this will mark the completion of another project off the City’s ambitious list of Capital Improvement Projects!



DUARTE MUSEUM SETS DOCENT TRAINING SESSION

Historian Steve Baker will conduct a docent training session at the Duarte Historical Museum, 227 Encanto Parkway, Duarte, at 1:30 p.m. Saturday, November 4. If you are a docent or are thinking about volunteering, the session will take you on an in depth walk through

the museum with information on all of the exhibits. Docents serve once every other month and may choose Wednesday or Saturday duty. New docents will always serve with a seasoned docent. For more information, call Sheri Uhlig at (626) 298-6784.

INCREASE IN MOUNTAIN LION SIGHTINGS IN THE FOOTHILLS – FOLLOW THESE TIPS FOR YOUR SAFETY!



There have been a few recent sightings of mountain lions in the Monrovia foothills and along Canyon Park trails by residents, hikers, and park rangers. Mountain lion sightings are not an uncommon occurrence in our foothill community, but as a reminder, we wanted to share a few tips of what to do when encountering these majestic and elusive creatures. If you see a mountain lion, keep your distance and take the encounter seriously. Making eye contact will ensure you have the animal’s attention. If you have children or a small pet with you, pick them up, so they do not panic and run. Do your best to pick them up without bending over or turning away from the mountain lion. The best advice is to not crouch down or bend over, if at all

possible. Other helpful tips include:

- Seem as large as possible
- Make noise
- Act defiant, not afraid
- Slowly create distance
- Protect yourself

We encourage never to traverse alone at night on our hiking trails. Be sure to take some safety items with you on your journey in case it gets dark while you’re still out on the trails. Helpful items include flashlights, reflective clothing, water, hikers’ medical kit, a light backpack to keep extra clothes for warmth, and sturdy hiking shoes. Be safe and have fun enjoying our wonderful open space park and preserve!

HALLOWEEN IS JUST AROUND THE CORNER... AND WHAT BETTER WAY TO GET INTO THE SPOOKY SPIRIT THAN BY STOPPING BY CANYON PARK TO BUILD YOUR OWN HALLOWEEN BAT HOUSE PROJECT!

In honor of the Halloween season, Monrovia Canyon Park is hosting a Build-a-Bat Box event at their Nature Center on Sunday, October 29, 2017, from 1:00 to 3:00 p.m.! Bats are amazing and often misunderstood creatures that play important roles in our ecosystem. They help keep the insect population down – a common little brown bat can eat between 800 and 1,000 mosquitoes in a single night! And some plant species rely on bats for pollination, including mangos, bananas, agave, and the cocoa plant (where chocolate comes from)! The Build a Bat Box Event is a great opportunity for Monrovia residents to help conserve the bat population by providing a place for bats to shelter and raise their

young. When you take the bat box home, it must be installed 15 feet above the ground and in a place that receives good sunlight to keep those bats toasty warm in the winter. With some luck, bats will occupy it within a year and hopefully leading to fewer pesky mosquitos. If you are interested in building a bat box for your home and learning more about these cool creatures, please stop by the Nature Center in Canyon Park (1200 N. Canyon Blvd.) during this wonderful event just in time for Halloween! Monrovia Canyon Park staff will provide supplies, tools, and instructions. Supplies are limited. For more information, please call Canyon Park Rangers at (626) 256-8282.

ONLY IN SIERRA MADRE: COOKIES WITH A COP



October 4th. was National Coffee with a Cop Day! This Sierra Madre PD visited with the students at St. Rita School with our first, Cookies With A Cop Day! Mrs. Harabedian, her faculty and students were visited by Chief Ortiz, Capt. Cayson, Sgt. Enriquez, Ofcr. Barrientos, CSO Oronoz, Cadet Hernandez and Admin. Assist. Varn with a basket full of cookies! Courtesy City of Sierra Madre

8TH ANNUAL DON'T GAMBLE WITH OUR KIDS' EDUCATION" TEXAS HOLD 'EM POKER TOURNAMENT

The Pasadena Education Network (PEN) presents their 8th Annual "Don't Gamble with Our Kids' Education" Texas Hold 'Em Poker Tournament on Friday, October 27 at the Scott Pavilion, Pasadena Senior Center, 85 East Holly Street, Pasadena. Doors open at 6 p.m. with play beginning at 6:30 p.m. The money raised goes to support the nonprofit organization's programs and services that help parents explore, evaluate, and engage with our local public schools as well as representing a collective voice for parents in the Pasadena Unified School District.

Beer, wine, soft drinks, snacks, and poker chips are included in the \$50 ticket price. Re-buys are permitted

during the first hour, and blackjack is available after poker play. Prizes are awarded to the top 10 finishers; past prizes have included Lakers and Rams tickets, Disneyland tickets, restaurant certificates, electronics, retail gift cards, and more.

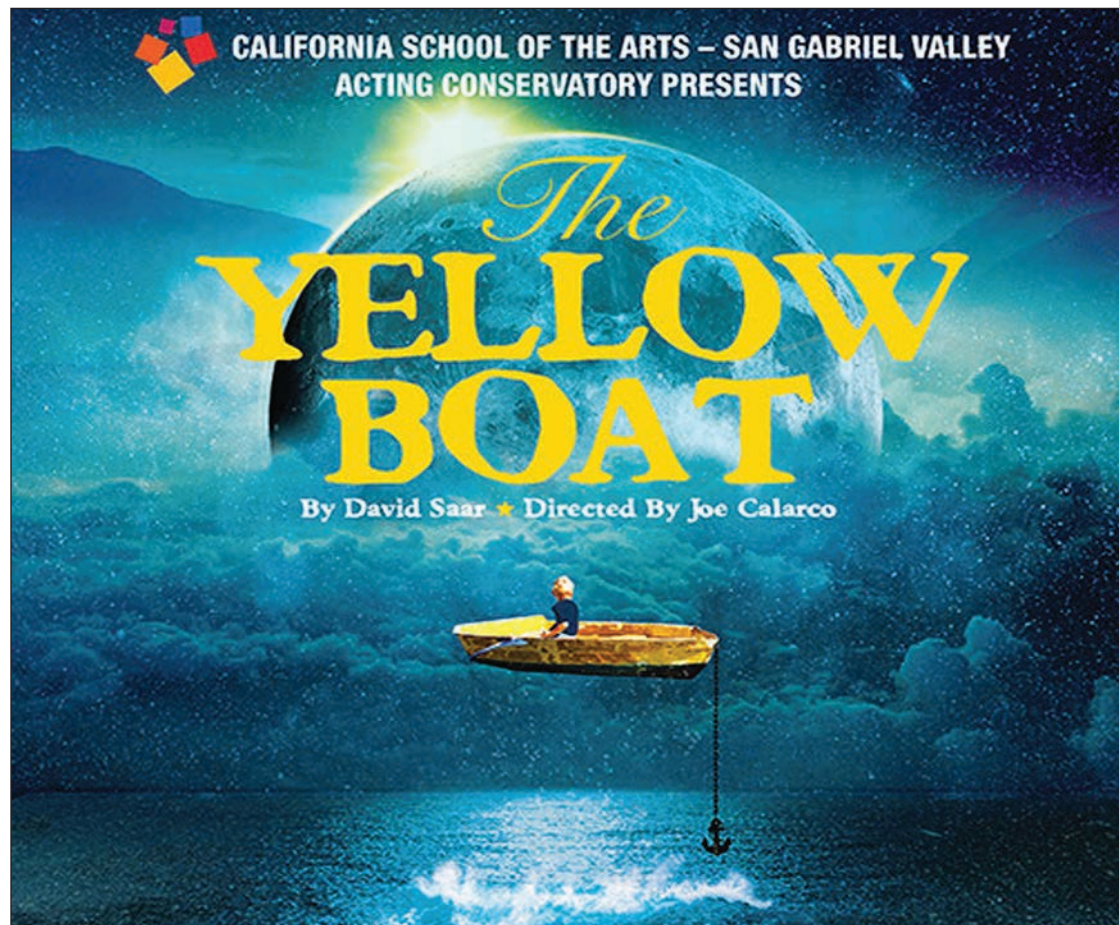
Sponsors include Craftsman Brewery, Little Machine Shop, Risk Solutions & Investigations, Inc., and Jersey Mike's Subs.

Light dinner is available for purchase. Childcare is available at Kids Klub for a special discounted price.

For more information or to reserve a spot, visit <http://penfamilies.org/news-events/poker-tournament> or contact info@penfamilies.org.

CALIFORNIA SCHOOL OF THE ARTS – SAN GABRIEL VALLEY'S ACTING CONSERVATORY PARTNERS WITH THE SIERRA MADRE PLAYHOUSE TO OPEN THE SCHOOL'S INAUGURAL PLAY, "THE YELLOW BOAT"

"The Yellow Boat" runs Oct. 20-28 at the Sierra Madre Playhouse



Duarte, Calif. – Oct. 12, 2017 – In partnership with the Sierra Madre Playhouse, students within the California School of the Arts – San Gabriel Valley (CSArts-SGV) Acting Conservatory open the school's performance season with its inaugural play, "The Yellow Boat," a story about family, creativity and community. Seeking to build strong community partnerships throughout the San Gabriel Valley region, CSArts-SGV has formed a relationship with the emerging theater, who shares similar values, and can provide an intimate venue suitable for the Acting Conservatory, while the school's Performing Arts Center is in need of renovation. The common goal of both organizations is to forge a strong community arts alliance by creating educational opportunities and producing live theater performances. This unique partnership allows the two organizations to bring together generations of theater artists and patrons.

"The Yellow Boat" was selected as the conservatory's first play to illustrate the vision and values inherent in the culture of the CSArts-SGV Acting Conservatory, which offers comprehensive acting, voice and movement training to talented students with aspirations of careers on stage or in film and television.

"The Acting Conservatory is an ensemble growing together as artists and individuals," says CSArts-SGV Chair of Theatre Jay Wallace. "We set out to develop young artists who are empathetic and empowered, goal-oriented, effective communicators who will impact society as innovative, passionate leaders."

Written by David Saar, "The Yellow Boat" has been described as an imaginative, stylistic and adventurous journey, filled with humor, color, heartbreak and ultimately, hope. Detailing the short life of a young, high-spirited child living with a terminal illness, the ensemble piece spotlights the healing that art can bring in times of trouble, and the importance of family and community. It is a celebration of the strength of children and an inspiring piece for all ages.

"This rich material, based on a true story, offers a unique

opportunity to our CSArts-SGV Acting students to delve into personal and rich elements of character and story that contain the potential to impact our audiences in a powerful way," continues Wallace.

Students are led by Joe Calarco, a well-respected Los Angeles director and the associate artistic director of Coeurage Theatre Company, who is also the school's playreading instructor. Calarco mounted a successful and critically acclaimed version of "The Yellow Boat" with Coeurage Theatre Company several years ago, and has been using this experience to guide CSArts-SGV's young actors through the creative process and mentor them as they develop professionalism and a sense of craft.

Students have been rehearsing since the second week of the school year. Beginning Oct. 2, Acting and Production & Design Conservatory students transitioned into the Sierra Madre Playhouse theater space, where they rehearse after a rigorous day of academic and arts conservatory classes. More than 100 student actors auditioned, and 12 were cast, ranging from grades seven through 11.

"The Yellow Boat" marks the beginning of an exciting CSArts-SGV theater season, which also includes the all-school musical "Pippin," presented with a Steampunk aesthetic, as well as two additional plays. In the spring semester, the School of Theatre presents "Elephant's Graveyard," an ensemble character piece based on a true story, and produced as sight-specific immersive theater. This is followed by Oscar Wilde's hilarious period comedy, "The Importance of Earnest," which renews the partnership with the Sierra Madre Playhouse and takes place in March.

"The Yellow Boat" takes place Oct. 20-21 at 7:30 p.m., Oct. 22 at 2 p.m., Oct. 27 at 7:30 p.m., and Oct. 28 at 2 p.m. and 7:30 p.m. Season ticket holders of the Sierra Madre Playhouse enjoy a special preview performance on Oct. 18, which includes a cast talk-back following the show. Tickets are \$20 online and \$22 at the door. To purchase, visit sgvcsarts.net/theyellowboat.

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E-mail address: jfanara@alvernoheights.org

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website: www.barnhartschool.org

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Co-Principals Nancy Lopez and Diane Kieffaber
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website: www.goodenschool.org

High Point Academy
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91107
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La Salle High School

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(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
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(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

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NO MORE WOOF

Too weird for words, or too precious to pass up?

Technology is terrific. No really, I think it is just great, and typically I am willing to go along with just about any new idea coming down the pike that might make life easier to navigate. However, I do think that some of today's technological advances have the potential to, slowly but surely, rob us of our innate drive to think for ourselves.

What ever happened to simply using one's head to work out a problem, rather than asking an exponential number of strangers who happen to be on-line, for the answer? And, how much has our relatively new-found, newly-formed dependence on the information-super-highway of data exchange taken from our ability to think and solve problems independently?

I agree that some of life's challenges have been made more surmountable now that we have access to instant answers to questions that used to take a lot more time and energy to have answered. But, is it really necessary to reinvent every cog in the wheel of human thought?

I think there is a fine line between what most consider to be a remarkable resource for information, and what could soon become an addictive means for getting from point A to point B with limited or no effort on our own part. And, who's to say that the answers we gain from our good friends at Google or Wikipedia are worth their weight in gigabytes? A wise web-user will continue to employ his or her own common sense when asking the net to resolve a problem that really matters in life.

My recent concerns about the potentially problematic results of our dependence on technology was prompted by an ad I saw (on the internet, of course) for a high-tech device called "No More Woof". The device is designed to read the mind of a dog and interpret the dog's thoughts into human language, so the human can know and respond to what the dog is thinking.

Really? I mean, come on...really? First of all, from what I understand, No More Woof is nothing more than an oversized tightly-fitted headset with EEG censored appendages that curve around and press down on the dog's forehead, where they supposedly pick up on the dog's thought patterns, presumably via brain waves.

Theoretically, the data gathered by the sensors is then transferred to the interpretative voice device located elsewhere on the headset, which then sends out an audible verbal message to the human through a tiny speaker. For example, if the animal is having fears of abandonment, the verbal response might be, "Where are you going, how long will you be gone?" And if the dog is feeling curious or concerned due to a change in the human's typical daily routine, the message might be, "What's going on, are you (we) OK?"

Although the inventor/manufacturer - a Swedish group known as The Nordic Society for Invention and Discovery - is careful to iterate that the product is in the developmental stage; "a work in progress"; as they like to call it, they do clearly claim that the EEG micro-sensors are able to pick up

on what the animal is thinking and that the messages given in human language are accurate interpretations of those thoughts.

I don't know about you, but when I heard of this new canine mind-reading apparatus, my first thought was, "Even if it does work, I already kind of know that my dog is curious about where I am going and when I'll return each time she sees me pick up my keys and head for the door." This is made clear by the concerned look in her eyes, or a sudden change in her body language. But, then again it might be kind of neat to know if my dog is stressing out about something I am not yet aware of, such as an impending storm or an earthquake soon to occur.

Some thoughts my dog has are made all-too-obvious by her facial or bodily expressions, but some are not so clear. In fact, it would sure be great to know if my Molly is experiencing pain, because it's my understanding that animals have a pretty high threshold for it and they do a great job of hiding it from humans. If I could have known that my previous dog, Lady was hurting months before I decided it was time to let her go, I might have made that difficult decision much earlier, for her sake.

I have to admit, the idea of a device that can read a dog's mind and interpret it into human language is intriguing, but at the same time I think it's kind of creepy. Say, just say this thing takes off and every dog owner goes out and purchases one for their pet. Will it change the way we humans interact with the animals we already know and love so much?

And what about the dog's perspective on wearing a device that continuously tells his/her inner thoughts and secrets? Will the constant human voice broadcasting every thought they have drive them crazy? It might even drive the human crazy to hear some strange voice calling out what the dog is thinking every time they have a thought. Maybe, just maybe the dog would like to keep some thoughts private. Ever think of that?

Only time will tell if the No More Woof device becomes a hit and yet another "must-have" household pet appliance to add to the growing list of high-tech gadgetry littering our every day lives. Meanwhile, I suppose I'll just have to assume what my dog is thinking when she looks up at me with those precious, pouting pup's eyes, tilts her head sideways and places a paw on top of my foot. After all, who doesn't know that means she loves me?



SOOO SWEET!

Katnip News!



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Adoption fee is \$100, which includes neuter, microchip, exam & vaccines. Our cats are negative FELV/FIV unless otherwise indicated. See more pictures, videos, adoption info & application on our website, www.lifelineforpets.org. Can't adopt? Visit our website for our easy Sponsor A Kitty campaign. GOOD NEWS: Little Dusty has an adoption pending.

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Feel free to call us at (626) 286-1159 for more information. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.



Bob



Happy Tails

by Chris Leclerc

HEALTHY LIFESTYLES

THE JOY OF YOGA

RELAX INTO IT



Yoga is about becoming free of struggle. There may be a challenge and we may push our limits, but we

don't struggle in yoga. There are many techniques used to accomplish this. Accessing a nourishing, full, deep breath and finding a sense of relaxation are probably two of the most important.

Have you noticed how a deep breath can change things? Finding even, smooth breaths changes our physiology and greatly affects the Sympathetic and Parasympathetic Nervous Systems. When we breathe in a deliberate way, the energy and the mind are soothed and refined. The road to freedom and letting go can be found this way.

With the breath as a catalyst, yoga allows us to find relaxation and cultivate a sense of ease. It's when we

find the rhythm of relaxation that we are able to go deeper in yoga. Deep physical relaxation is found in savasana, the final resting pose. However, mentally, the mind is being soothed throughout practice. If the practice is approached by trying "too hard" or wanting to accomplish, then the profound sense of relaxation and letting go is not going to happen.

You've probably come upon this principle in other areas of life. Letting go allows abundance and exerting too much self-will is ultimately limiting. Relaxing into practice and agreeing to be fully present will break down resistance and create freedom on all levels.

Come and practice with us at Yoga Madre, Learn what exerting great effort and feeling comfortable feels like at the same time!

Love and Namaste,
Keely Totten, E-RYT 500 @ Yoga Madre,
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THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

WHEN THE HORSE DIES

"Where there is no vision, the people perish..."
Proverbs 29:18

I often write about having a clear vision of what you want as an essential component of living your best life. Just as it is important to have a destination in mind on any journey, we must know what we want to be happy. In my work as a coach, I sometimes encounter clients that are unsure of their desires. It isn't that they don't know what they want, it's that they are having difficulty articulating their needs. I tell them to use the polar opposite to get clarity. When you can't say what you want, usually you are very clear about what you don't want. For example, a woman could know that she abhors dishonesty which could lead her to fine tune her desire for honesty and integrity in her romantic relationships.

I invite you to envision your perfect romantic relationship. What do you want? Do you want you a partnership that includes exercise or physical activity? What about intellectual stimulation? What kinds of things would you like to do for fun? The sky is the limit! Ask for what you want, because anything is possible; however, you will

have to relinquish something. To make love welcome you will need to make space for it. Just as you must clean the clutter from closets to accommodate a new wardrobe, you must check your heart and spirit for blocking or negative beliefs. Have you been harboring resentments from past relationships? Are you protecting yourself from being hurt by being unavailable? Are you hanging onto a relationship that doesn't meet your needs? Stop it. When the horse dies, get off. Release those things, people, and habits that no longer serve you that are preventing you from having the relationship of your dreams. Prepare yourself to receive love. Be kind to yourself, love yourself. The Universe is prepared to meet all of your needs and desires.

Prepare yourself and create space to make love welcome.

Lori is a lawyer and coach. You can learn more about her at LoriAHarris.com and on her app the Gratitude Train, it's free in Goggle Play and the App Store.



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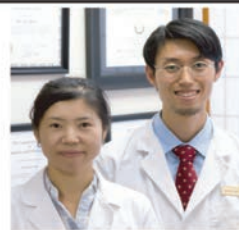
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TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

ATHENS IN LOS ANGELES

Many of you know that I was born in Athens, Greece. I flew back just a few years ago. Expensive trip, but you don't have to fly to Greece for the real deal Greek food! Recently (last week) I stopped by Papa Cristos on Pico in Los Angeles for an all-you-can-eat, Bar-B-Que Country-Style Lamb ribs feast, it came with a Greek salad and red rub seasoned potatoes, Yum! It is served on their patio every Saturday from 3:00 until 7:00 and Sunday from 12:00 until 3:00. Available also a menu that includes Chicken, Beef, Veggie kebabs, Moussaka and Spanakopita. A huge selection of Greek pastries including Galactoboureko (layers of Phyllo with custard inside) and the Loukoumades (fried dough balls topped with honey, crushed walnuts and cinnamon.) Of course no meal would be complete without Baklava which Cousin/owner Mark will tell you is specially engineered not to go to your hips! How do they do that? It's scientific and too difficult to explain in layman's terms.

Every Thursday night they have "Big Fat Greek" family-style meal (endorsed by Nia Vardalos and attended by various cast members from the movie). This is a party, which you invite yourself to. The evening begins at 6:30 with a Greek wine-tasting and a couple nibbles (Greek sausage & Dip). Everyone sits together and shares Spanakopites, Tiropites, Dolma, Feta Cheese, Olives, Tzatziki & pita followed by Greek Salad; then platters of Lemon-Oregano



Chicken, Rack of Lamb chops, (Vegetarian entrees are available), Greek-style Green beans, Papa Cristos potatoes and fresh-baked bread.

With my belly full, I watched a belly dance show and people were encouraged to join in. After that, Greek coffee and Baklava.

They are closed on Mondays. Tuesday is a short day 10:00 - 3:00. Wednesday through Saturday 10:00 until 8:00 and Sundays we close at 4:00. Parking is always free.

Papa Cristos 2771 W. Pico Blvd. Los Angeles 323-737-2880

Listen to Dining with Dills at 4:30 Saturday AM 870 KRLA

Julie's Favorite Family Recipes

PUMPKIN ORANGE BREAD BY MARTHA STEWART

Ingredients

- 1 stick unsalted butter, melted, plus more for pan
- 2 cups unbleached all-purpose flour, plus more for pan
- 1 cup sugar
- 1 teaspoon kosher salt
- 2 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/4 teaspoon ground allspice
- 1/4 teaspoon freshly grated nutmeg
- 1 1/4 cups pure pumpkin puree (from a 15-ounce can)
- 3 large eggs, room temperature
- 2 teaspoons grated orange zest, plus 1/4 cup fresh juice (from 1 large orange)
- 1 teaspoon pure vanilla extract
- 1/3 cup pepitas

Directions

1. Preheat oven to 375 degrees. Brush a standard 9-by-5-inch loaf pan with butter and dust with flour, tapping out excess.
2. In a large bowl, whisk together flour, sugar, salt, baking powder, baking soda, allspice, and nutmeg, 30 seconds. In another bowl, whisk together butter, pumpkin, eggs, orange zest and juice, and vanilla until smooth. Make a well in flour mixture and pour pumpkin mixture into it. Stir together just until combined and no dry flour remains (do not overmix). Transfer to prepared pan and sprinkle top evenly with pepitas, pressing lightly to adhere.
3. Bake until a tester inserted into center comes out clean, 1 hour to 1 hour, 10 minutes. Let cool in pan 10 minutes, then transfer loaf to a wire rack and let cool completely. Bread can be stored at room temperature, wrapped in parchment-lined foil, up to 3 days.

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Catfish Pot Boy



Meatloaf Plate



Wedge Salad

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HOW TO SEARCH FOR FORGOTTEN 401(K) MONEY

Dear Savvy Senior,
How do I find an old 401(k) that I think I contributed money to at a former employer?

Approaching Retirement

Dear Approaching,
If you think you may have lost track of a 401(k) retirement account, you aren't alone. As Americans jump from job to job, many leave scraps of their company sponsored 401(k) plans behind, believing they'll deal with it later, but never do. To help you look for an old 401(k), here are some suggestions along with some free resources that can help you search.

Contact Employer

The first way to find a previous 401(k) account is to contact your old employer's human resources department. Ask them to check their plan records to see if you ever participated in their 401(k) plan, and if so, how much it's worth. You'll need to provide them your Social Security number and the dates you worked for them.

They should be able to either get you the forms necessary to roll over your retirement money to a different 401(k) or to an IRA, or to give you contact information for any outside financial institution overseeing the plan on your employer's behalf. By following the appropriate instructions you get, you'll be able to move your retirement money where you want.

If you don't have contact information for your old employer, check your old records to see if you kept an old 401(k) statement. Statements will typically have the information you need to get in contact with either your employer or a plan administrator.

If you need help tracking down your former employer because it may have moved, changed owners or merged with another firm, free help is available from sources like the Labor Department (AskEBSA.dol.gov, 866-444-3272) and the Pension Rights Center and Pension Action Center (PensionRights.org/find-help).

These services can tap into public databases that list incorporations and bankruptcies and may be able to help you dig up a plan's most recently filed Form 5500, the annual report that must be filed with the IRS, PBGC and the Labor Department.



This form contains the plan's contact information and the employer's identification number, which can be used to locate any plan that inherited the assets in a merger, acquisition or sale.

You can also find recently filed 5500s yourself at websites like FreeERISA.com.

Search Tools

Finding a lost 401(k) account can be trickier if it's worth less than \$5,000, because your former employer can transfer the money to a default individual retirement account without consent. Your cash may go into an interest-bearing, federally insured bank account or to your state's unclaimed property fund.

To search for a lost plan, use the National Registry of Unclaimed Retirement Benefits at UnclaimedRetirementBenefits.com. This website matches former employers with past employees who have unclaimed retirement funds. This is a secure and free service, but you'll need to provide your Social Security number to search.

It can also be challenging to track down a lost 401(k) account if your former employer goes bankrupt and abandons the plan. In this case, use the U.S. Department of Labor's Abandoned Plan Database at AskEBSA.dol.gov/abandonedplansearch.

Starting in 2018, the Pension Benefit Guaranty Corporation (PBGC.gov) will start accepting transfers of missing participants' accounts from terminating 401(k) plans. When the participants are found, it will pay them that money plus interest. The agency also plans to launch a registry of terminated 401(k) plans that sent money elsewhere, so missing participants can more easily find their accounts.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY!October Birthdays

Janda Ferris, Darlene Traxler, Margit Johnson, Sole Krieg, George Maurer, Dick Anderson, Eva Poet, Mary Jane Baker, Dixie Coutant, Cathleen Cremens, Alma Mays, Adie Marshall, Darlene Crook, Susan Gallagher, Maggie Ellis, Gloria Giersbach, Elva Johnson, Ellen O'Leary, Jenny Piangenti, Gail Ann Skiles, Anita Thompson, Linda Boehm and Angela Stella. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - *New Activity*: Join us on Thursday July 20th, at 10:30a.m. to 11:30a.m. for Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, no experience needed. Great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, August 16th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00 to 11:45a.m. with Paul Hagen. 3rd Mondays of each month, a variety of balance exercises are practiced. All ability levels are encouraged and welcomed!

*A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Case Management Services are provided by the YWCA and offer assistance in a variety of areas. Appointments are required and can be scheduled by calling the Hart Park House Office at 626-355-7394.

Birthday Celebrations: Every 2nd Thursday of the month at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights for low impact resistance and training conditioning. All class materials are provided.

UPCOMING EXCURSIONS:

OCTOBER EXCURSION

(Huntington Beach)
Date: Thursday, October 19th, 2017
Time: 9:30a.m. – 3:00p.m.
Cost: \$18.00 (Including Lunch)

The Old World Oktoberfest Celebration includes live bands playing the most popular German Oom Pa Pah Music. The crowd is entertained with a variety of dancing, singing, music and Heidi, the Contortionist Act. Oktoberfest Menu includes potato salad, coleslaw, bratwurst, baked chicken, Spaetzle, sauerkraut, apple streusel cake, coffee and water. Alcohol is available for purchase. Participants should bring money for shopping at the market deli and bakery. Level of Walking: Low.

Call the Hart Park House at 626-355-7394

Watercolor Painting with Kt Boyce

Monday, October 30, 2017, 12:30p.m. - 1:30p.m. at Hart Park House
Learn basic watercolor painting and get in the mood for Fall. We will be painting on card stock with water color paint. Color pencils will be used to enhance and for those who do not wish to paint can enjoy drawing. Come learn and share memories about pumpkins, growing history, and carving. Instructor Kt will teach beginners to even the most advanced painter. All art materials and supplies will be provided, however spaces are limited. Reservation are required to save your spot!

...Please call the Hart Park House 626-355-7394...

SENIOR CINEMA -

October 18th at 1:00p.m.

An American in Paris (1951)

A 1961 American Musical film inspired by the 1928 orchestral composition by George Gershwin. Jerry Mulligan (Gene Kelly) is an American Ex-GI who stays in post-war Paris to become a painter, and falls for the gamine charms of Lise Bouvier (Leslie Caron). However, his paintings come to the attention of Milo Robert, a rich American heiress, who is interested in more than just art. Run time: 1h 55m.

LUNCH AND LEARN - Transit 101 Class
Wednesday, September 27th 12:15p.m. – 1:00p.m. at the Hart Park House If you haven't used public transportation before or it's been a long time since you tried and you don't know where to start, THIS CLASS IS FOR YOU! No need to stress over mobility or other limitations - Feel confident enough to go out on your own! Come join us for this FREE Transit Training Class
-Please call the Hart Park House at 626-355-7394. make a reservation-

KATIE TseThis and That



HALLOWEEN --YET AGAIN!

Every year it seems like I could recycle this article earlier and earlier. It hasn't changed much since last year, or even since I first published it eight years ago. But I hope you enjoy it anyway!

My husband and I were at Home Depot the other day and I swear it looked like Party City on October 30th! Giant spiders, inflatable Frankensteins, and wrinkly motorized witches dominated the front of the store. I'm

sure it's only a matter of time before elaborate yard decorations start springing up around town. Aside from the people who celebrate Christmas by festooning their houses and yards with super-sized Santas and mammoth reindeer, Halloween seems to be the holiday for which people go all out.

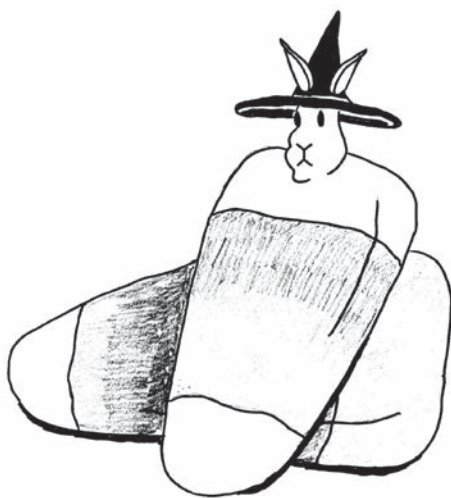
Why is Halloween so popular? Of course it's fun for kids to dress up and binge on candy, but why go to all the effort of transforming your yard into a labyrinth of doom? And for that matter, why spend hundreds of dollars and weeks of planning the perfect costume when you're older than 17? (My apologies to any 30 year old Halloween enthusiasts I've offended!) After careful consideration, I've come up with a few possible explanations.

Halloween's place in the order of holidays allows for more energy to be spent on it. After the Fourth of

July, we get the rest of July and all of August to relax. There's Labor Day in September, but who decorates for that? Some people might have a BBQ, but it's not really big on the holiday hit parade. Columbus Day is in October, but you never hear of Columbus parties either. (Besides, modern culture has vilified Columbus so much that hardly anyone even gets the day off.) So, there's been a lot of latent holiday energy building since the last firework fizzled away on July 4th.

Also, Halloween isn't a "milestone" holiday. As kids, we all enjoyed our birthdays. But as we get older, we hide ourselves for failing to achieve goals. We say, "I'm [30, 40, 50...], and I'm still not married, earned my masters, bought a house, or [fill in the blank]." New Year is another "celebration" famous for this kind of melancholy. Heck, just listening to "Old Lang Zine" is depressing enough! You can count on Halloween to not be sentimental. There are no tear-jerker songs like "I'll be home for Halloween,"

or "Have Yourself a Merry Little Halloween." So, deck your lawn with tombstones and stock up on Snickers and Twix. But be sure to save some Twix for yourself --you'll need the energy for Thanksgiving and all that lies beyond. Come to think of it, you might as well save all the Snickers, too. So many kids have peanut allergies these days. "Happy Snacking!"



We'd like to hear from you! What's on YOUR Mind?



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Looking Up
with Bob Eklund

HAUMEA, THE MOST PECULIAR OF PLUTO COMPANIONS, HAS A RING AROUND IT

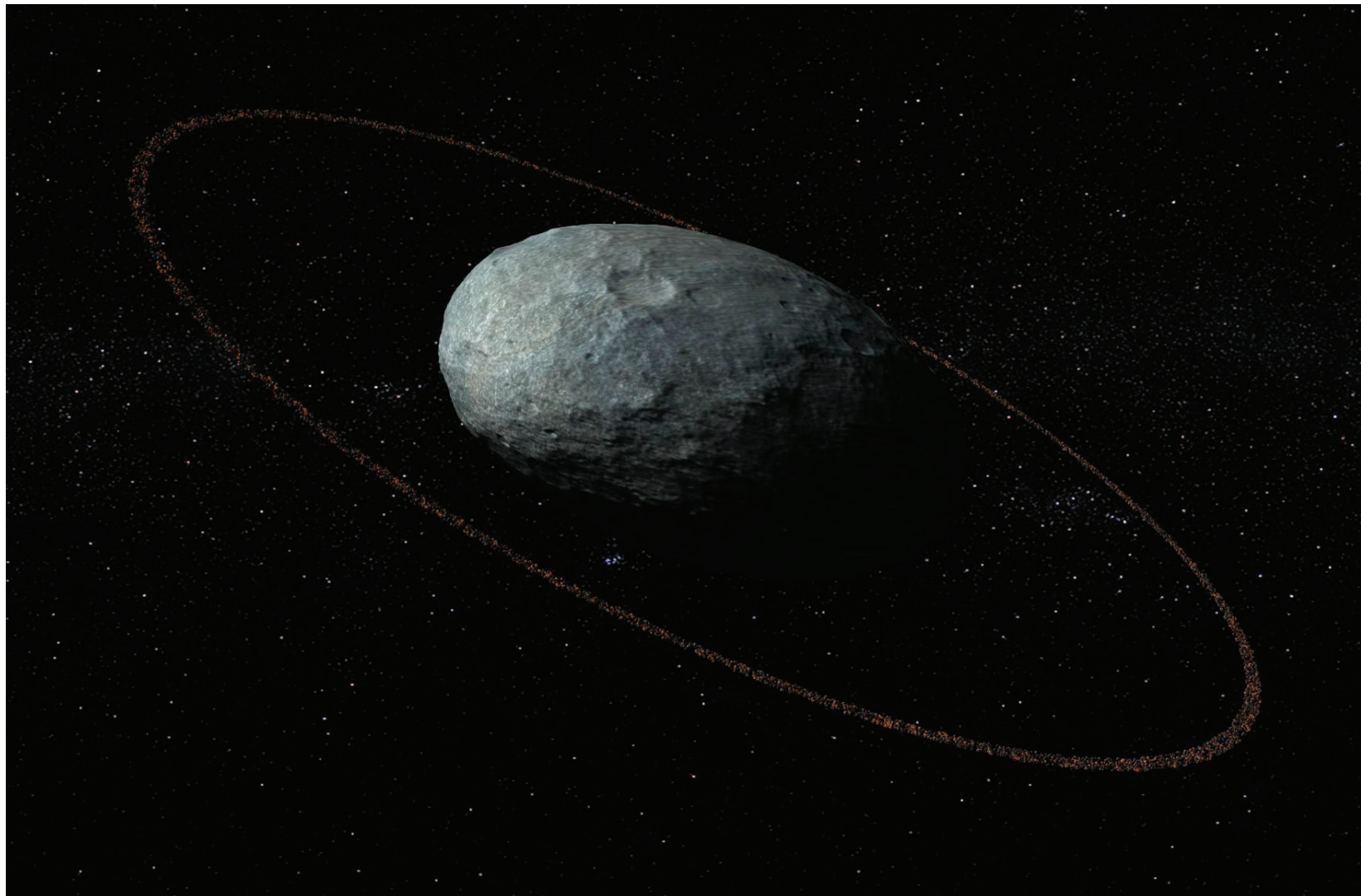
At the ends of the Solar System, beyond the orbit of Neptune, there is a belt of objects composed of ice and rocks, among which four dwarf planets stand out: Pluto, Eris, Makemake and Haumea. The latter is the least well known of the four and was recently the object of an international observation campaign which was able to establish its main physical characteristics. The study, led by astronomers from the Institute of Astrophysics of Andalusia (IAA) in Granada, Spain, and published in the journal Nature, reveals the presence of a ring around the planet.

Trans-neptunian objects are difficult to study because of their small size, their low brightness, and the enormous distances that separate us from them. A very efficient but complex method lies in the study of stellar occultations, or the passing of these objects in front of a star. It allows astronomers to determine the main physical characteristics of an object (size, shape, and density) and has been successfully applied to dwarf planets Pluto, Eris and Makemake.

"We predicted that Haumea would pass in front of a star on the 21st of January 2017, and twelve telescopes from ten different European observatories converged on the phenomenon," says José Luis Ortiz, researcher at IAA in charge of the study. "This allowed us to reconstruct with a very high precision the shape and size of Haumea, and discover to our surprise that it is considerably bigger and less reflecting than was previously believed. It is also much less dense than previously thought."

Haumea is an interesting object: it rotates around the Sun in an elliptic orbit which takes it 284 years to complete (it presently lies fifty times further from the Sun than the Earth), and it takes 3.9 hours to rotate around its axis. This rotational speed causes it to flatten out, giving it an ellipsoid shape similar to a rugby ball. The recently published data reveal that Haumea measures about 1,400 miles in its largest axis—almost the same as Pluto—but lacks the global atmosphere that Pluto has.

"One of the most interesting and unexpected findings was the discovery of a ring around Haumea. Until a few years ago we only knew of the existence of rings around the giant planets; then, recently, our team discovered that two small bodies



situated between Jupiter and Neptune, belonging to a group called centaurs, have dense rings around them, which came as a big surprise. Now we have discovered that bodies even farther away than the centaurs, bigger and with very different general characteristics, can also have rings," says IAA's Pablo Santos-Sanz.

According to the data obtained from the stellar

occultation, the ring lies on the equatorial plane of the dwarf planet, just like its biggest satellite, Hi'iaka, and it displays a 3:1 resonance with respect to the rotation of Haumea, which means that the frozen particles which compose the ring rotate three times slower around the planet than it rotates around its own axis.

Haumea is the name of the goddess of childbirth

and fertility in Hawaiian mythology. The name is particularly apt, as the goddess Haumea also represents the element of stone and observations of Haumea hint that the dwarf planet is composed largely of stony material with a crust of pure ice.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

VISITING WITH KIWANIS,
SIERRA MADRE

[Nyerges has been teaching survival and self-reliance classes since 1974. He is the author of 17 books,

including "How to Survive Anywhere," "Foraging California," and "Extreme Simplicity." He can be contacted at www.SchoolofSelf-Reliance.com, or Box 41834, Eagle Rock, CA 90041.

I spent an enjoyable lunch this last week giving a short talk to the Sierra Madre Kiwanis Club. This is a Club that was incorporated way back in 1927, 90 years of serving the community.

Between bites of delicious mashed potatoes and coleslaw, I was able to share a brief overview of the work I do, and my vision for the future.

I began with my teenage roots of hiking and backpacking, and disliking having to carry heavy canned goods to my destinations. Gradually, I learned to travel light with dried foods, but I also began to study the ethnobotany of our geographical ancestors, the Native peoples who resided throughout the local mountains and valleys before the Spanish invasion.

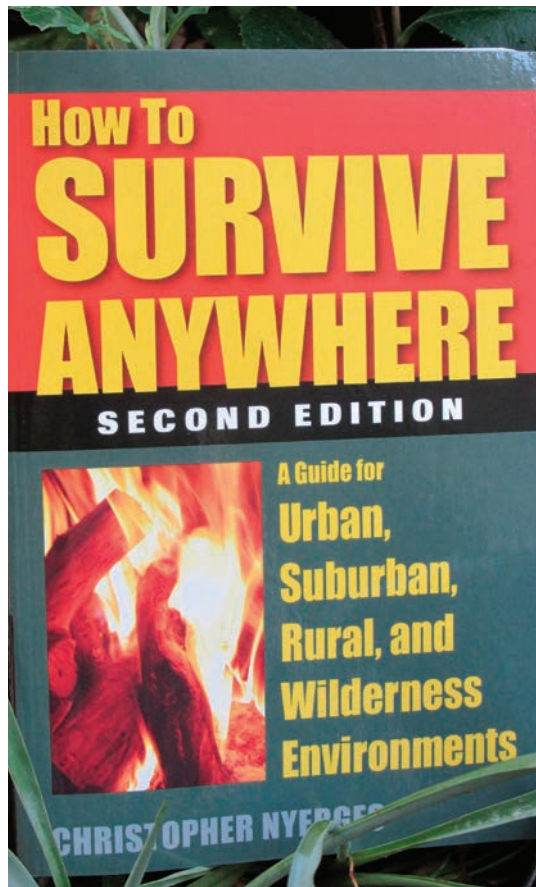
The foods are still with us, though the native plants have fewer and fewer places to grow as a growing population ever-pushes for more development of homes and roads. Still, the useful native plants can be found if you take the time to look. In addition, the overwhelming majority of the so-called weeds in people's yards are introduced plants from Europe, the majority of which are good foods or medicines.

One Kiwanis member asked me to tell him what key poisonous plant he should watch out for. I told him that if he intended to begin collecting foods from the wild that all he needed to know was the identity of the plant he was eating. He never needs to know a single poisonous plant, but must absolutely know the identity of any plants he expects to eat.

Yes, I have gone into the local mountains taking no food with me on several occasions, and was always able to feed myself and my friends. That's not particularly hard to do once you know a handful of common edible plants. But could the entire population of Los Angeles ever expect to "live off the land" by eating weeds and edible portions of the landscape? Of course not! We have too many people living here, and the local ecology cannot support everyone who resides here with food and water. That's why so much of our food and water come from afar.

I recommended that people skip the lawn, and begin using that space to grow fruit trees, vegetables, herbs, and other commonly used and needed plants. Why waste the time and energy growing something that is strictly "ornamental."

And as for water, I reminded Kiwanis members that there is not enough local water to supply the population here. We have approximately enough water to supply the water needs of about one-quarter of our residential population! That's why we pipe the rest of our needed water from the northern California and Colorado. It's also why everyone – residential users, industry, and farmers – must do everything we can to save water, and to use less water. This includes sending our used bath and kitchen water into our yards and gardens, and that necessarily means never using any soaps that contain dyes and colors and unnecessary additives. Though FEMA has advocated the mantra of storing one gallon of water per person per day,



that's an unrealistic expectation. I explained to the good-natured Kiwanis group that a U.N. study indicated that everyone needs about 11.2 gallons of water daily for all health and hygiene issues. That is contrasted with the average residential American using about 80 gallons a day, and the average L.A. County resident using about 200 gallons a day, pre-drought. Currently, according to DWP figures, water usage is down to about 131 gallons per person per day! Wow, that's still a tremendous volume of water to be always expecting to be there.

I didn't want to cause indigestion for the Kiwanis members who'd just had their lunch, but I also pointed out that whole civilizations fell and disappeared (probably with lots of civil unrest along the way) because their water supplies dried up. This was at least contributory to the decline into extinction of the Anasazi, the great Maya culture, the culture along the Chinese Silk Road, Ancient Egypt, the Mogollan and the Hohokam, and so many others. None of these cultures used anywhere near the water that the great vast sprawling metropolis of Los Angeles County uses, and yet we are under the illusion that this way of life is sustainable forever. I proffered to the group that such is probably not the case. Which, of course, is why I have made the study and application of practical survival skills my life's work.

I had a good time chatting with some of the members, such as the editor/publisher of this paper, Susan Henderson, and other old-time members. My allotted time was quickly over, and I barely had the time to show some of the native plants I'd brought along, and let some of the members taste toyon berries and wild cherries. We had no time to walk into the back parking lot of the Kiwanis Club and check out all the acorns dropping, but I was able to explain how Native peoples of the past used acorns.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHY I AM SUSPICIOUS OF
ALL YARD SALES

One of the passions that I really do not have is going to yard sales. The Gracious Mistress of the Parsonage is another story.

It is my sincere belief that yard sales were created with her in mind. There is not a yard sale within a 150-mile radius she does not know about. If she does not know about a yard sale, it probably is not a legitimate yard sale.

Long ago I have come to the point that I will not go anywhere with my wife on a Saturday morning. That is usually when most of the yard sales are and she has several times tricked me into going with her.

At the time, I thought we were going to a restaurant, but along the way, there were 175 stops at yard sales. By the time we got to the restaurant, I was so yard sale out that I couldn't order lunch. Fortunately, the Yard Sale Lady was in such high spirits she ordered for me.

Throughout the years I have made the mistake of seeing a cup and making casual conversation, "That's a nice cup, where did you get it?"

I'm looking for the answer to be, "I really don't know, I've forgotten." That is what I was expecting, but what I got was a detailed explanation of where she got it, what she paid for it, when she got it and every item that was at that yard sale that day.

By the time she is done, I had forgotten the question.

Going to yard sales is not the worst thing in the world. The worst thing in the world is when my wife plans and organizes a yard sale. Every year she organizes the church yard sale, and as you would guess, it gets bigger and bigger.

At least three months leading up to the yard sale I am on pins and needles. I need to tiptoe around the Parsonage because I know that someone, not me, is on the prowl for items for the yard sale. I'm surprised I haven't been sold at the yard sale yet.

She will come into my office area, casually look around and say something like, "You sure have a lot of books in this library, don't you?"

What she is doing is not appreciating my library, but trying to trick me into donating books from my library to her church yard sale. It is a very dangerous time in our house.

She will then come into my office area, pick up one of my special fountain pens, and say something like, "How long have you had this pen?"

Again, she is not inquiring about the pen, but trying to trick me into donating that fountain pen to the yard sale.

Nobody knows this, so do not let it get around, but I have a small pocketknife collection. I have been collecting these pocketknives ever since I was a young boy. I enjoy looking at them and I always have one on my person wherever I go, except in the shower.

I was looking at my collection the other day and my wife happens to come in and started admiring my collection. I must confess she caught me off guard because I was admiring my collection as well. And I happened to smile.

That is one thing you do not do in front of my wife. Because when you smile, she's got you!

So, not realizing what was happening, I smiled.

Then it happened!

Looking at my pen-knife collection, she said something like, "Look at these two knives." And she picked them up very carefully and looked at them. "They look alike don't day? Do you need two knives that look the same?"

It was then that I firmly closed the lid on my knife collection and slowly walked away.

As the church yard sale got closer, I got more nervous. I do not mind donating to good causes, but I am not going to donate something that I am tricked into donating.

The week before the yard sale, my wife was walking around the house graciously looking in my office and smiling at me. Each day I got more nervous. Each day she smiled at me a smile that began to worry me to the very core of my being.

What was she smiling about? What was she doing or taking from my office that I did not know about?

All week long leading up to the yard sale I was very nervous. I was so nervous and concerned about the situation that I did the only thing I possibly could do at the time. I volunteered to help at the church yard sale.

That way, I could see if any of my things were at the church yard sale.

That night after the yard sale, we were sitting in the living room just resting. My wife said, "Thanks so much for helping in the yard sale today."

It was then I realized what had happened. She was playing me every day of the week. She was not going to take any of my stuff, but she wanted me to think it so I would volunteer to help at the yard sale. She wins this one, for certain.

Jesus said it best when he said, "But when thou doest alms, let not thy left hand know what thy right hand doeth," (Matthew 6:3).

True giving is between you and the Lord.

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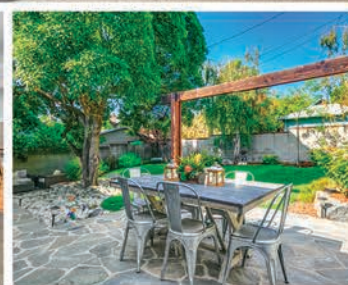
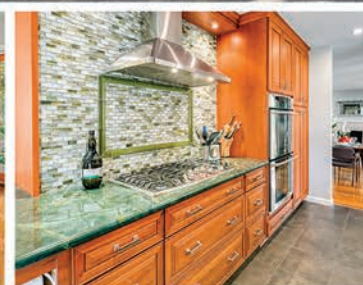
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SATURDAY, OCTOBER 14, 2017

SECTION B

AROUND SAN GABRIEL VALLEY

CITRUS COLLEGE'S ADMINISTRATION OF JUSTICE PROGRAM PREPARES STUDENTS FOR EXCITING CAREERS



By Dr. Edward C. Ortell
Citrus College Governing Board Member

Criminal justice is one of the fastest growing career sectors in the United States. According to the U.S. Bureau of Labor Statistics, more than three million people were employed in criminal justice occupations in 2016.

Few other job sectors can boast the same above-average pay and benefits, alternative work schedules, and careers that are challenging and interesting, while providing job satisfaction that comes with serving the community, the state or the nation. There are hundreds of career options in the field, which includes such diverse disciplines as forensic science, the courts, cybersecurity, corrections, child protective services, fish and game, academia, various legal services, and many others.

Citrus College's Administration of Justice Program, which focuses on both theoretical background and practical, real-world applications, prepares students for a wide range of careers. The program offers an associate degree or certificate in criminal justice or correctional science and an associate degree for transfer in administration of justice. Each year, the program enrolls more than 700 students from a variety of age groups, genders, cultures, ethnicities and backgrounds. The majority of faculty work or have worked in the field that they teach, ensuring that classes are

practical, up-to-date and interesting.

Azusa Chief of Police Steve Hunt is one of many of the program's success stories. Chief Hunt earned his associate degree in administration of justice from Citrus College and went on to earn a bachelor's degree from California State University, Long Beach, and a master's degree from Woodbury University. In addition to serving as Azusa's Chief of Police, he also teaches the next generation of administration of justice professionals at Citrus College.

Starting salaries in law enforcement are excellent, ranging from \$60,000 to \$83,000 a year, and agencies in the region are continuously hiring. Major employers include the Los Angeles Police Department, the California Highway Patrol and the Los Angeles County Sheriff's Department. In addition, recruiters from around the country frequently visit the Citrus College campus from cities like Dallas, Phoenix and San Francisco.

Citrus College's Administration of Justice Program is continuously evolving to keep up with the increasing demands and changing needs of this dynamic profession. Given the vast array of careers in the field, those who earn an associate degree, an associate degree for transfer or a certificate in the program will find career opportunities that offer interesting work, good pay and personal satisfaction.

ARE YOU LIVING IN A TOXIC ENVIRONMENT? DO'S AND DON'T IF YOU HAVE MOLD

I grew up in a 900-square home where I was exposed to toxic mold. Every spring, I did what my mother called "Spring Cleaning My Room." I moved my bed away from the walls and sprayed a bleach compound on the mold covering my walls from floor level up 3-feet high. If my mother had known then what I now know about mold, we would not have cleaned the mold ourselves. We would have also known not to have me sleeping next to a moldy wall and that my bedroom was not a safe place for me to be. Because of my long-term exposure, I am highly sensitive to mold.

Most people are not aware of the detrimental affect mold can have on their health or just how toxic mold is when we breath it. For some people, exposure to mold can be fatal. Infants, elderly and immune-compromised people have a higher sensitivity to mold.

Physical symptoms to look for after mold exposure include:

- nose bleeds
- allergy-like symptoms
- coughing
- scratchy throat
- eye or skin irritation
- vomiting
- headaches
- nausea
- respiratory problems
- feeling tired or exhausted

It is important to hire professionals to properly remove mold rather than risk your health by cleaning it on your own. Professionals who are certified in

the proper removal of mold wear respirators and protective clothing for protection, which should tell you just how harmful mold is to our health.

The color and appearance of mold can vary from black, white, green and can appear fuzzy or mushroom-like. If you smell a musty odor, see mold, have physical symptoms or suspect you have mold in your home, immediately limit your exposure. Touching or being around mold when spores are actively growing is not recommended. Mold spores become airborne once sprayed and can then be breathed into your lungs. Spraying bleach or other cleaning chemicals, wiping or cleaning mold is not recommended.

If you see mold, placing fans or blowers to help dry moisture after water damage will cause mold spores to become airborne and to settle in other areas of your home. Once moisture is introduced into these areas, mold can grow quickly.

Getting rid of mold properly is more important than determining the type of mold. Protect your health by hiring professionals who are certified in removing mold properly.

Jenee' Child is a public speaker, Consultant and CEO of SOS Solutions, Inc., which provides free help to home and building owners, realtors, insurance agents and interior designers in calling and scheduling specialty contractors for them or their clients to address plumbing leaks, water and fire damage and removal of mold, lead and asbestos.

THE PASADENA HUMANE SOCIETY AND A LOT MORE!

By Joan Schmidt

Every first Thursday of the month at 8AM, the Arcadia Chamber of Commerce holds its Community Connections and Coffee Meetings. Guest speakers have come from Secret Service, Metro Gold Line, CA Earthquake Authority, and most recently Sylvia Rosenberger, CEO of Pasadena Humane Society since 2016.

Sylvia's presentation was so interesting; I never realized all the services the PHS offers! But first she gave a short history.

The PHS was founded in 1903 by a local Methodist group. In the early years, PHS worked to ensure humane treatment of draft animals as well as rescuing and finding homes for orphaned and abused children. The PHS serves 11 contract cities and some county areas.

I was surprised to hear that but Sylvia explained further. The ASCPA (American Society for Prevention of Cruelty to Animals) was founded by 54 year old philanthropist and diplomat Henry Bergh on April 10, 1866.

In 1863, Bergh had been appointed by President Abraham Lincoln to a diplomatic post in Russia and was appalled to see horses beaten by their peasant drivers there! In 1865 while traveling home to America, he stopped in London to visit the Royal Society for the Prevention of Cruelty to Animals which made him determined to incorporate the ASPCA and exercise the power to arrest and prosecute violators of the law. He began in New York speaking at public meetings and eventually convinced the New York Legislature to pass the charter incorporating the ASPCA in New York on April 10, 1866. In 1867, the ASPCA had the first ambulances for horses and was the model for 25 other humane organizations. By the time Bergh passed away in 1888, 37 of 38 states had passed anticruelty laws.

What services are provided by the Pasadena Humane Society? It provides food, shelter and veterinary services for thousands of rescued animals-domestic, exotic, wildlife and livestock each year. In addition the PHS provides Pet Adoption (People



even come from Northern CA to do so!) and offer ID tags and microchips to aid in Lost and Found. Because of their goal of peaceful coexistence with native wildlife, wildlife seminars are offered during the year.

Other services include Community Outreach, Mobile Outreach and Disaster Response, Wellness and Spay/Neuter and Shelter Shop and Boarding. PHS is the ONLY shelter in southern CA to have a rehabilitation permit. They recently established a "Kitten Hotel"-took in 90 kittens which otherwise would have been euthanized; 60 have been adopted. They had Tina the Alligator for 18 years and now she is with Reggie at LA Zoo. They housed several alligators till a sanctuary was found in Colorado.

I do not have enough space to say enough about PHS. PLEASE go on line to learn more. They provide tours of their beautiful expanded facility and are even accessible by Metro. It's a "must" fun activity for our grandson Jacob.

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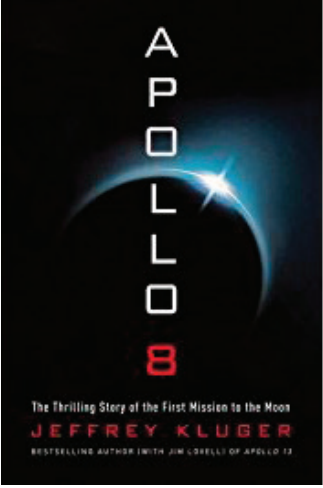
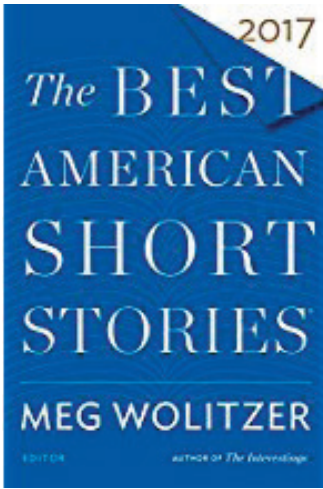
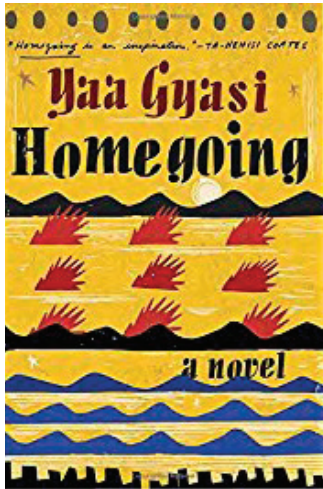


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Jeff's Book Pics

By Jeff Brown

Homegoing: A novel by Yaa Gyasi
Winner of 2017 PEN Hemingway award for debut fiction. The book begins with the story of two half-sisters, separated by forces beyond their control: one sold into slavery, the other married to a British slaver. Written with tremendous sweep and power, Homegoing traces the generations of family who follow, as their destinies lead them through two continents and three hundred years of history, each life indelibly drawn, as the legacy of slavery is fully revealed in light of the present day. Effia and Esi are born into different villages in eighteenth-century Ghana. Effia is married off to an Englishman and lives in comfort in the palatial rooms of Cape Coast Castle. Unbeknownst to Effia, her sister, Esi, is imprisoned beneath her in the castle's dungeons, sold with thousands of others into the Gold Coast's booming slave trade, and shipped off to America, where her children and grandchildren will be raised in slavery. One thread of Homegoing follows Effia's descendants through centuries of warfare in Ghana, as the Fante and Asante nations wrestle with the slave trade and British colonization. The other thread follows Esi and her children into America. From the plantations of the South to the Civil War and the Great Migration, from the coal mines of Pratt City, Alabama, to the jazz clubs and dope houses of twentieth-century Harlem, right up through the present day, Homegoing makes history visceral, and captures, with singular and stunning immediacy, how the memory of captivity came to be inscribed in the soul of a nation.



War was getting hotter by the month, and President Kennedy's promise to put a man on the moon by the end of the decade seemed sure to be broken. But when Frank Borman, Jim Lovell and Bill Anders were summoned to a secret meeting and told of the dangerous mission, they instantly signed on. Apollo 8 takes us from Mission Control to the astronaut's homes, from the test labs to the launch pad. The race to prepare an untested rocket for an unprecedented journey paves the way for the hair-raising trip to the moon. Then, on Christmas Eve, a nation that has suffered a horrendous year of assassinations and war is heartened by an inspiring message from the trio of astronauts in lunar orbit. And when the mission is over after the first view of the far side of the moon, the first earth-rise, and the first re-entry through the earth's atmosphere following a flight to deep space the impossible dream of walking on the moon suddenly seems within reach. The full story of Apollo 8 has never been told, and only Jeffrey Kluger, Jim Lovell's co-author on their bestselling book about Apollo 13 can do it justice. Here is the tale of a mission that was both a calculated risk and a wild crapshoot, a stirring account of how three American heroes forever changed our view of the home planet.

The Best American Short Stories 2017 by Meg Wolitzer (Editor), Heidi Pitlor (Editor)
Best-selling author Meg Wolitzer guest edits the premier annual showcase for the country's finest short fiction. "If you know exactly what you are going to get from the experience of reading a story, you probably wouldn't go looking for it; you need, in order to be an open reader of fiction, to be willing. To cast a vote for what you love and then wait for the outcome," writes Meg Wolitzer in her introduction. The Best American Short Stories 2017 casts a vote for and celebrates all that is our country. Here you'll find a man with a boyfriend and a girlfriend, naval officers trapped on a submarine, and a gay man desperate to be a father—unforgettable characters waiting for an outcome, burning with stories to tell.

Apollo 8: The Thrilling Story of the First Mission to the Moon by Jeffrey Kluger
The untold story of the historic voyage to the moon that closed out one of our darkest years with a nearly unimaginable triumph! In August 1968, NASA made a bold decision: in just sixteen weeks, the United States would launch humankind's first flight to the moon. Only the year before, three astronauts had burned to death in their spacecraft, and since then the Apollo program had suffered one setback after another. Meanwhile, the Russians were winning the space race, the Cold

All Things

By Jeff Brown

DESPITE BEING TRAPPED, BAKERS SPEND DAYS MAKING BREAD FOR OTHER HURRICANE VICTIMS

by McKinley Corbley
By the time these Mexican bakers were ready to go home, the floodwaters were already too high. So they decided to put their talents to good use and bake hundreds of loaves of bread for their fellow hurricane victims. The four bakers of El Bolillo Bakery in Houston, Texas had been working a late shift when the water levels on the street became too dangerous. The bakery, which specializes in Mexican pastries and sweet treats, was able

to stay relatively dry throughout the storm. Additionally, the facilities still had electricity. So, the cooks got to work making pan dulce – a kind of Mexican sweet bread – all through the day and night. By the time they were rescued, the bakers had already used over 4,000 pounds of flour. The cooks then spent the next couple days distributing the bread to emergency shelters around the city. The gesture is even sweeter than the bread they were handing out.

FAMILY MATTERS

By Marc Garlett



NEW BABY? TIME TO CREATE YOUR ESTATE PLAN

Estate planning is often one item that gets pushed back on nearly everyone's to-do list. The reasons you might be delaying vary: lack of time, not thinking you have enough assets, not knowing how to start, or the uncomfortableness of contemplating death. Whatever the reason for not putting an estate plan together, it is important to understand that if you just had a baby – there is no better time to meet with an estate planning attorney to implement a plan. In general terms, an estate plan is a set of legal documents that outline your wishes on how your assets should be distributed and who is responsible for your dependents, in the event of your death or legal incapacity. An estate plan should be developed with a qualified estate planning attorney to ensure that it will work as intended and fully protect your family. Here's how an estate plan can you protect the newest addition to your family.

Protect Your Children
Perhaps the top reason to put together an estate plan is to dictate who will care for your children in the event you and your spouse die early or become legally incapacitated and therefore unable to care for your kids yourselves. Your estate plan can designate someone you trust and who shares your values as a guardian of your minor children - this is the person who will essentially be a surrogate parent and raise the children through adulthood. When selecting a guardian, it is important to choose people who will be willing participants in your estate plan, who share your values and parenting philosophy, and who you trust to raise your children.

Distribute Your Stuff
While some assets have purely financial value, others have deep emotional attachments. Not only will a trust-based estate plan eliminate the probate process, but it will save your heirs stress, time, and money. As you may already know, probate is the court-supervised process of wrapping up a deceased person's affairs. This consists of multiple steps, including presenting a deceased's last will and testament (if they had one - otherwise the probate court uses the government's default plan known as intestacy), gathering assets, paying off debts, and distributing what's left over to the deceased's heirs. Using a trust to provide specific instructions on distribution of assets not only avoids probate altogether but it can help ward off fights among surviving relatives, too. Additionally, special features in your trust, sometimes called lifetime asset protection trusts, also allow you provide long-term financial stability and support for your children. These types of trusts can prevent a financially immature heir from blowing their inheritance.

Provide for Your Loved Ones
Beyond your children, creating an estate plan will inform your loved ones what final health care decisions should be made on your behalf in the event you become incapacitated and are unable to make decisions. Serving as healthcare proxy is an enormous responsibility for the person you name, but you can help lessen the burden by communicating your wishes about medical decisions. One significant advantage of properly planning is that your intentions can be clearly stated so that your surviving family members do not have to guess what your desires are.

Find an Estate Planning Attorney
If you have experienced a recent life-event - such as a new baby, a work promotion, purchasing a home, moving to a new state, or any other milestone - you should discuss your situation with a trusted estate planning lawyer. If you already have a will or trust in place, those life events make it necessary to update it to ensure it fully provides for your family and loved ones. To learn how estate planning can protect you, your newborn, and the rest of your family, contact us today. Dedicated to building your wealth, empowering your family and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

FAKE INSURANCE TAX FORM SCAM AIMS AT STEALING DATA FROM TAX PROS, CLIENTS

WASHINGTON – The Internal Revenue Service today alerted tax professionals and their clients to a fake insurance tax form scam that is being used to access annuity and life insurance accounts. Cybercriminals currently are combining several tactics to create a complex scheme through which both tax professionals and taxpayers have been victimized. There may be variations but here's how one scam works: The cybercriminal, impersonating a legitimate cloud-based storage provider, entices a tax professional with a phishing email. The tax professional, thinking they are interacting with the legitimate cloud-based storage provider, provides their email credentials including username and password. With access to the tax professional's account, the cybercriminal steals client email addresses. The cybercriminal then impersonates the tax professional and sends emails to their clients, attaching a fake IRS insurance form and requesting that the form be completed and returned. The cybercriminal receives replies by fax and/or by an email very similar to the tax professional's email – using a different email service provider or a slight variation to the tax pro's address.

The subject line varies but may be "urgent information" or a similar request. The awkwardly worded text of the email states:

Dear Life Insurance Policy Owner,
Kindly fill the form attached for your Life insurance or Annuity contract details and fax back to us for processing in order to avoid multiple (sic) tax bill (sic).
The cybercriminal, using data from the completed form, impersonates the client and contacts the individual's insurance company. The cybercriminal then attempts to obtain a loan or make a withdrawal from those accounts.
The IRS reminds tax professionals to be aware of phishing emails, free offers and other common tricks by scammers. Those tax professionals who have data breaches should contact the IRS immediately through their Stakeholder Liaison. See [Data Theft Information for Tax Professionals](#).
Individuals who receive the insurance tax form scam email should forward it to phishing@irs.gov and then delete it. Individuals who completed and returned the fake tax form should contact their insurance carrier for assistance.

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SCREENING

October 20

6:00 pm – Film

7:30 pm – Curriculum
Preview and Discussion

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- Documentary featuring persons from the San Gabriel Valley who struggle with homelessness, hunger, loneliness, and other forms of poverty – breaking down stereotypes and stigma
- Creative and compassionate solutions
- Accompanying curriculum with scripture, resources and information, discussion-provoking questions, quotes and wisdom, and invitations to service for each chapter
- Curriculum chapters have material for adults, elementary aged youth, and high school youth.
- Excellent tool for introducing any Christian group to:
 - Local poverty
 - Hope and solutions
 - Hands-on ways to serve and get involved

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

DICK POLMAN



REPUBLICANS DECIDE SEX HARASSMENT IS VERY, VERY BAD

Wow, isn't it amazing how the GOP and Donald Trump Jr. are suddenly rocking the sexual harassment issue, now that deposed Hollywood mogul and liberal donor Harvey Weinstein has been outed as a serial pig? We never knew they cared so much.

I never knew that Donnie Junior was such a feminist. Yet there he is, on Twitter, wringing his hands about Weinstein's "3 decades of rampant sexual harassment" (sic); he's so upset about Hurricane Harvey's treatment of women that he can't even spell the word right. He's demanding that Hollywood liberals speak out against Weinstein (indeed, more of them should), and that Democrats could give up their dirty Weinstein money (many are already doing it). And he's getting assists from the Republican party chairwoman, who's tweeting sympathy for Weinstein's victims and demanding that we "stand up for women."

I'm frankly surprised by Junior's sudden feminist leanings, because, if memory serves, this is the same guy who said in a 2013 interview that a workplace is often "a guy's place," and it's too bad for the gals if that's the case. In his words, "If you can't handle some of the basic stuff that's become a problem in the workforce today, you don't belong in the workforce. You should go maybe teach kindergarten."

Which reminds me: Isn't this also the same guy who said last October that "I've never heard anything dumber in my life" - referencing the multiple allegations of sexual harassment lodged against his own father? By more than 10 women who publicly came forward and were willing to be named?

Must've slipped Junior's mind! Because, as I seem to recall, the Republican presidential nominee got peppered with highly specific allegations after the release of an "Access Hollywood" tape in which he bragged about groping female genitalia against the owners' wishes, about trying to seduce a woman against her will, and about how he liked to pop Tic Tacs into his mouth before he "just starts kissing" regardless of whether the ladies wanted to.

As I also seem to recall, Junior's dismissive reaction in October 2016 was matched by the GOP's thunderous silence, which was apparently motivated by the belief that the issue of sexual harassment was far less important than the tribal urge to elevate a manifestly ignorant incompetent to the world's most important office.

But since Junior and the GOP suddenly care so much about women who've been victimized by predatory men - and isn't it fascinating how they've suddenly embraced The New York Times, which broke the Weinstein story? - I propose that we forge a bipartisan agreement:

Since lots of Democrats have rightly condemned Weinstein and begun to move his donations to worthy causes, Republicans should reciprocate by condemning the predatory POTUS (it's never too late) and refusing to accept donations from pro-Trump Super PACs.

And since Weinstein's production company has already seen fit to kick him out of office, Republicans should reciprocate by taking the first steps to remove their predator from his office. Especially in light of the fact that his predatory behavior is one of the least of his offenses.

And since everyone agrees that Weinstein - long known for his unhinged temperament - can't be trusted any longer to wield any kind of power over women or men, Republicans (besides Sen. Bob Corker) need to publicly acknowledge that Trump - long known for his unhinged temperament - can't be trusted any longer to wield any kind of power over women or men, much less to command the nuclear launch codes.

And instead of the Republican National Committee tweeting, "Do you love waking up and remembering that Donald Trump is president?" perhaps the RNC would agree to tweet that it's important to stand up for all women who've been sexually harassed by all sexual predators, regardless of their political leanings.

How's that for a deal?

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BLAIR BESS



TRUMP PUSHING A BAD DEAL ON IRAN

We have yet to see clear evidence of the president's artistry as a dealmaker.

To date, Trump failed to cut any deal on health care or immigration reform. He may yet endure another failure should a tax plan be brought to a vote on the Senate floor next week. A more looming negotiation "tactic" is even closer on the horizon: the decision as to whether he will decertify the comprehensive Iran nuclear agreement, thus opening the door for Congress to impose new, tougher sanctions on Iran.

The president is less the dealmaker he believes himself to be, more a blue-sky kind of a guy. Like an adult ADHD patient off his meds, ideas pop into his head rapid fire. Unable to process them logically, he makes bellicose pronouncements via Twitter or in five second sound bites unleashed on the fly. While they may play well with the president's base, they have all the weight of empty thought balloons. He leaves it to his advisors and cabinet to fill in the blanks in hopes they will give his declarations any heft.

If the president truly wishes to put America first and make it great again, he will cast aside the need to take one more opportunity to slam the legislative agenda and policies of his predecessor and think about the consequences of his words and actions. There is a great deal at stake. The United States is not the only signatory to the Iran Nuclear agreement. We were joined by some of our closest allies, including England, France, and Germany, in addition to our oft-time nemeses, the Russian Federation and China.

It is highly doubtful that any, or all, of these partners to the agreement will go along with the president's decision to withdraw. Doing so is not in their nations' best interests, which are increasingly at odds with those of the president's. By going it alone the United States is becoming increasingly isolated and irrelevant, and the gap between what our leadership position once was and now is wider.

The world convinced the Iranians that it was in everyone's best interests to sign a nuclear agreement. Iran put in effect a moratorium on developing nuclear arms and gave up its uranium enrichment capabilities and stockpiles in exchange for lifting of sanctions and the opportunity to rejoin the world's economy. This was not "the worst deal ever" as the president insists. As is the case with any negotiated settlement, there were wins and losses on both sides. But granting Iran the ability to reenter the free market was a win-win for everyone involved.

Almost immediately upon signing the nuclear agreement, major U.S. corporations reached out to Iran to reestablish business ties; Boeing entered a contract to sell \$3 billion in jets to an Iranian airline. How does an agreement like that hurt U.S. companies - those needed to make America great again?

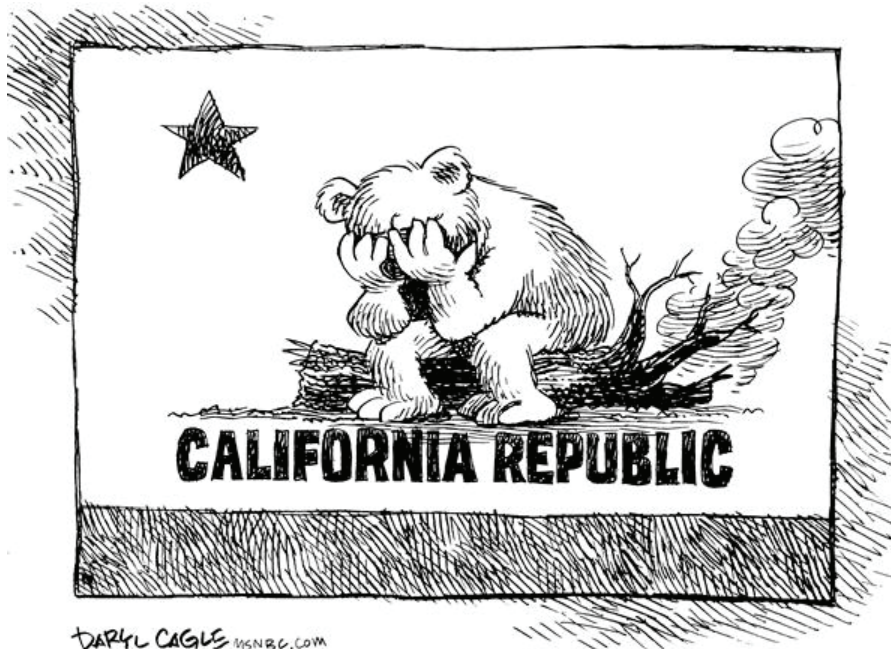
The Iranians need access to world markets. If this administration shuns them, there is no doubt they will reach accords with European industries at more favorable terms.

In the last year, Royal Dutch Shell signed an agreement to develop two Iranian oil facilities; two Iranian airlines entered prospective deals with the European aircraft manufacturer Airbus. Under terms of the Iranian agreement, the U.S. needed to give its approval for the Airbus deal to proceed. By not being party to the nuclear agreement, our blessing would be nothing more than a worthless appeal to empty skies.

Should we continue down the path the president is leading us and accept his ambiguous promises to renegotiate the Iran agreement under "better" terms, the United States will be nothing more than one nation alone, first in rhetoric, and last in logic.

Standing united as a democratic front against more oppressive regimes is of great import to our friends and allies, yet it is hard to imagine they will remain idle as the president takes a step back and relinquishes the part we as a nation have long played and coveted. While they may do so reluctantly, our closest international partners will inevitably come out of the wings and take center stage, thus leaving the U.S. to assume a new, unfamiliar role: that of understudy.

Blair Bess is a Los Angeles-based television writer, producer, and columnist. He edits the online blog Soaggregated.com, and can be reached at BBess.soaggregated@gmail.com.



JOHN L. MICEK

TRUMP SLAMS FAKE NEWS BY MAKING THREE FALSE CLAIMS



MIDDLETOWN, Pa. -- President Donald Trump, who likes to denounce the "fake" news media, threw himself into the warm embrace of Fox News host Sean Hannity on Wednesday night, where he regurgitated at least three claims that were demonstrably false.

Over the course of an hour-long interview in a cavernous hangar of the Pennsylvania Air National Guard's 193rd Special Operations Wing, Hannity seemed less an interrogator than an enabler. The host told Trump more than once how unfairly he'd been treated by the Washington press corps, how the president's tax cut package had been inaccurately portrayed, and he got a crowd of mostly truckers to offer up throaty cheers for the nation's 45th chief executive.

Calling his proposed tax cut program "the biggest in the history of country," Trump again repeated his inaccurate claim that the United States is the "highest tax country in the world." In fact, the United States ranks toward the middle of the international pack, CNBC reported, citing data compiled by the Organization for Economic Cooperation and Development.

The United States' tax burden lags behind such NATO allies as France and Germany, but does finish ahead of Canada and the United Kingdom, the international research body found. Hannity allowed that claim to pass unchallenged, observing later that "Anytime I talk to anyone else in the media but Fox, they call it tax cuts for the wealthy. It's not really true this is a tax cut for the wealthy like they're portraying it."

Except that claim isn't true either: Trump's tax plan eliminates the estate tax, a move that would help the wealthiest Americans, including the president himself. It also gets rid of the alternative minimum tax, which is designed to prevent tax avoidance. In 2005, that levy forced Trump to pay an additional \$31 million in taxes, The New York Times reported.

The nonpartisan Tax Policy Center also found that, rather than lowering taxes, the White House's plan "would raise taxes for almost 30 percent of filers making \$50,000 to \$150,000 per year," Bloomberg reported.

Those inconvenient truths didn't stop Trump from proclaiming to Hannity that working- and middle-class Americans are "going to get a massive tax break."

At the beginning of his interview, Hannity credited Trump for sparking economic growth, including a higher performing Wall Street, a higher labor-participation rate and "the lowest number people on food stamps in seven years."

That claim is true. But the reasons behind it are complicated. For one, states dropped waivers prompted by tough economic times. New work requirements have also driven people out of the program.

More people could lose benefits if Congress follows through on a committee's recommendation to trim \$150 billion to food stamps, or the Supplemental Nutrition Assistance Program, as it's officially known, over the next decade. Trump's own budget proposal called for a \$193 billion reduction.

Despite those unchecked whoppers, including Trump's ongoing insistence that claims of Russian meddling in the 2016 campaign were fabricated by Democrats, the president continued an attack on the press begun earlier in the on Wednesday.

"The media is bad. They're very dishonest people. They're very bad," he said. "There's such dishonesty."

Trump's comments came hours after he denied an NBC News report suggesting that he had pressed for expanding the United States' nuclear arsenal. He also questioned whether licenses should be taken from NBC stations as a consequence of the network's report.

"It's frankly disgusting the way the press is able to write whatever they want to write and people should want to look into it," Trump told reporters, as he met with Canadian Prime Minister Justin Trudeau, Bloomberg reported.

In suburban Harrisburg, with Hannity, however, Trump was all smiles as he wrapped up his second broadcast interview with a friendly media outlet in less than a week. On Sunday, Trump sat down for a softball interview with former Arkansas Gov. Mike Huckabee that aired on the Trinity Broadcasting Network.

"You have been so great and I am very proud of you. What you have done is incredible And it's an honor to be on your show," Trump told Hannity.

The host gushed back: "This is how I've always felt - I only want one thing ... to help the forgotten men and women, that's our prayer for you and for the country."

So this is what falling through the looking glass feels like.

An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.

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