

SATURDAY, DECEMBER 2, 2017

VOLUME 11 NO. 48

# The Season Is Here!

## Sierra Madre Winter Festival Brings Snow, Santa, Shopping and Fun to Town!

On Saturday, downtown Sierra Madre was transformed into an enchanting Winter Village to kick off the holiday season. The annual Festival, which coincides with Small Business Saturday brought hundreds of residents and visitors who dined, shopped and had fun.

Children of all ages enjoyed the horse drawn carriage rides, snow sledding down the Bank of the West slopes, and of course, welcomed Santa Claus and his elves, the Sierra Madre Rose Float Princesses to town.

Mayor Rachelle Arizmendis, right, with her husband Fili, pose in front of the Sierra Madre Christmas Tree which was decorated with ornaments donated by the Sierra Madre Community Foundation and Bows made by students of the Sierra Madre Middle School Kiwanis Builders Club.

The event is sponsored annually by the Sierra Madre Chamber of Commerce.



## IT'S SO HARD TO SAY GOODBYE!

Residents come out to honor retiring SMPD Sgt. Ruben Enrique



After 25 years with the Sierra Madre Police Department Sgt. Ruben Enrique (center) bid farewell to a friends, co-workers and residents at the Hart Park House on Thursday. Enriquez fought back the tears in this photo with Chief Joe Ortiz and Captain Donna Cayson, right. Photo by Dave Felt

## SIERRA MADRE HONORS AWARDEES SELECTED

Pat and De Alcorn chosen as Citizens of the Year; Sandy Duvall, Owner of Shabby Dog, Sierra Fitness and Sierra Fitness Pilates Win Business(s) of the Year



On Thursday, December 7, 2017, the City of Sierra Madre and the Sierra Madre Chamber of Commerce will honor those Sierra Madre residents and business owners who have exemplified the true character of the town through volunteerism and community involvement.

The event will be held at the Sierra Madre Recreation Center at 5:30 pm. Sierra Madre Attire required!

In addition to the Alcorns and Ms. Duvall, awards will be given to the following outstanding community minded individuals/organizations:

Mayors Special Award :  
Sierra Madre Civic Club

George Maurer Award :  
Arnold Gaffrey, SMSR

Treasure of Sierra Madre:  
H. Susan Henderson

Spirit of the Community:  
Carol Canterbury

Wistaria Award :  
Friends of the Library

Public Safety Award:  
SMPD Reserve Officers & Volunteers

Community Youth Service Award:  
Owen Braudrick

Public Services Award/ Employee of the Year: Tim Hunsicker

Public Services Award for Exemplary Service: Clare Lin



Top, De and Pat Alcorn; Above Sandy Duvall. To reserve a seat at the event, call 626-355-7135.

## COUNCIL PREPARES FOR 2018 ELECTION

On Tuesday, the Sierra Madre City Council discussed five resolutions that will begin the process of preparing the city for the 2018 elections. The election, scheduled for April 10, 2018 will determine who will fill 3 Council seats as well as a ballot measure on whether or not the city should repeal its' User Utility Tax.

The resolutions covered:

1. Notice of the Election and the City Clerk's election compensation;
2. Regulations regarding Candidates Statements;
3. A request to the County of Los Angeles for election services;
4. Definition of the process for rebuttal argument filings and
5. A resolution authorizing the five current council members to submit arguments regarding the ballot measure to repeal the city's UUT.

The effort to repeal the UUT began in 2014 but was only qualified for the 2018 ballot.

While repeal of the UUT will certainly be a controversial matter, the resolution that garnered most of

the council's attention was the election compensation for the city clerk. In the past, the city has paid the City Clerk a stipend of \$7,500.00 just to handle the election, however, the council unanimously voted not to pay that stipend for 2018. Councilman John Capoccia saw "no compelling argument why Sierra Madre has to be different", noting that it was time for the city to follow the model of other cities with an elected City Clerk. South Pasadena was the example given where the City Clerk is elected and handles those duties required by law, but election activities are handled by the election consultant and city staff. The city of Sierra Madre has used Martin and Chapman as the election consultant for years and will continue to do so. However, for the 2018 election, city staff, namely the Assistant City Clerk who is already on the payroll and has assisted with at least 3 other elections will handle other administrative duties.

The stipend of \$7,500 per election was an agreement with former City Clerk Nancy Shollenberger who held the position for 32 years.

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## Weather Wise

### 6-Day Forecast Sierra Madre, Ca.

<b>Sun</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Mon:</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Tues:</b>	Sunny	Hi 70s	Lows 50s
<b>Wed:</b>	Sunny	Hi 70s	Lows 50s
<b>Thur:</b>	Sunny	Hi 80s	Lows 50s
<b>Fri:</b>	Sunny	Hi 80s	Lows 50s

Forecasts courtesy of the National Weather Service

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR December 12, 2017  
6:30 pm

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CITY MEETINGS

Regular City Council Meeting  
Tuesday, December 12, 2017,  
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [cityofsierramadre.com](mailto:cityofsierramadre.com) before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council

December 12, 2017 at 6:30 pm

Planning Commission  
December 7, 2017 at 7:00 pm

Community Service Commission  
December 18, 2017 at 6:30 pm

Senior Community Commission  
December 7, 2017 at 3:00 pm

Library Board of Trustees  
December 27, 2017 at 7:00 pm - Location TBD

Energy, Environment, and Natural Resource Commission  
December 20, 2017 at 7:00 pm

### SIERRA MADRE POLICE BLOTTER

During this time period, the Sierra Madre Police Department responded to approximately 272 day and night time calls for service.

Monday, November 20 A theft from an unlocked vehicle was reported to have occurred on the driveway in the 400 block of E. Grandview Ave. The theft occurred from 5:00 p.m. to 6:45 a.m. All property taken was recovered with the exception of a digital camera. Case to Detectives

4:01 p.m. A case of fraud was reported to have occurred sometime between 8/23/17 and 11/15/17. The victim was able to provide bank statements showing \$4378.64 was fraudulently withdrawn from her savings account. Case forwarded to Detectives

Saturday, November 25 The reporting party came to the police department lobby to report damage that was done to his vehicle by unknown suspect(s). Two tires were cut by an unknown device(s) in the Auburn lot between 3:30 p.m. and 4:45 p.m. on Friday 11/24/17.

Sunday, November 26 Officers conducted a welfare check at about 11:18 p.m. on a female subject that was slumped over the steering wheel of her vehicle. After making contact with the female, she disclosed that there was drug paraphernalia inside her vehicle. Officers located drug paraphernalia throughout the vehicle. Subject was arrested and transported to the Pasadena Jail without incident. Case forwarded to Pasadena DA's office.



**See something.  
Say something.**



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### CELEBRATE WITH US!

**December 3<sup>rd</sup>**  
**Sermon: "When the Last Moment Comes"**  
**Alternative Gift Fair 11 - 1 pm**  
**December 10<sup>th</sup>**  
**Sermon: "God of Honey and Locusts"**  
**December 17<sup>th</sup>**  
**Sermon: "Home Alone"**  
**December 24<sup>th</sup>**  
**Sermon: "Unbelievable Announcement"**  
**Christmas Eve Service 5:00 p.m.**  
**December 31<sup>st</sup>**  
**Sermon: "How Majestic His Name"**



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### Sierra Madre Honors.....

Please join the City of Sierra Madre & Sierra Madre Chamber of Commerce for an evening of celebration & appreciation honoring outstanding commitment to service to the Sierra Madre Community

Thursday, December 7, 2017

5:30 pm no-host bar  
6:30 dinner & awards

Sierra Madre Community Center  
611 East Sierra Madre Blvd

Sierra Madre Attire strongly encouraged

**Kindly Reply**

626.355.5278

[rgarcia@cityofsierramadre.com](mailto:rgarcia@cityofsierramadre.com)

Citizen of the Year

George Maurer Lifetime Service Award

Public Service Award

Business of the Year

Wistaria Award

Public Safety Award

Mayor's Special Award

Community Youth Service Award

Special Recognitions: 'Treasure of Sierra Madre' & 'Spirit of the Community'



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## Walking Sierra Madre...The Social Side

by Deanne Davis



"When it rains on your parade, look up, rather than down. Without the rain there would be no rainbow." G. K. Chesterton

I think there's a law on the books somewhere that it is forbidden to rain on the Rose Parade. Seriously! Think about it. How many times has it rained on this spectacular parade that you can think of when the queen and her court had their hair melting under their tiaras? Here's something you might not know: Pasadena's enviable record of dry Rose Parades should stand, thanks to a "Never on Sunday" rule dating back to the 19th century. The Parade has been moved to Monday 15 times in its 128 year history but it never has been, nor ever will be, delayed for rain. The custom of shifting the parade a day later when New Year's Day falls on a Sunday began in 1893 to avoid riling the horse hitched outside churches and possibly disrupting the services inside.

There now, a few little known facts leading up to my visiting the Sierra Madre Rose Float barn this past week to see how things were going. As you can see from the picture, we have another absolutely adorable float in the making. Entitled, "Chivalry," our float features a lady dragon with an injured paw. A friendly knight is bandaging said paw while she looks down fondly at the little guy. Currently a lot of welding is going on and pretty much all I could identify was the dragon's tail, but we know that come the latter part of December the call will go out for volunteers to apply the flowers which will make "Chivalry" another prize winning float for Sierra Madre. I did find out that the bandage, which is a stiff sort of substance will be sprayed with glue and then coated with rice powder to maintain the Rose Parade rule of everything having to be plant material of some sort. I hope to meet our four princesses soon and am looking forward to this as they are always exceptional young ladies.

Another Thanksgiving has come and gone, probably leaving most of us wishing we had passed up that extra piece of pumpkin pie with whipped cream. My Thanksgiving was spent with our Texas family: daughter, Crissy, her husband, Chris, his delightful parents and, of course, the Texas granddaughters Jessie – who turned 10 while I was there, and her sister, Emily, who is 7. The birthday party was a raucous affair at the local Chuck E. Cheese and a fabulous time was had by all. Being honey-baked ham aficionados, we had that in addition to a nice sized turkey breast. Our favorite parts are the side dishes, the sweet potatoes, the mashed potatoes,

the cranberry sauce and all the rest. I cooked and my fellow grandparents brought champagne. The creamed spinach was so incredibly good, based pretty closely on what Lawry's Prime Rib restaurants serves, that I'm going to make it again for Christmas, whether anybody else wants it or not. Because you're all my good friends out there, I'm going to share....

This is so good that even people who eschew (that means they wouldn't touch it with a fork) spinach will eat it! Popeye would never eat another can of spinach once he tasted this. You can double, triple or whatever this recipe and it won't mind a bit.

1 (10 oz.) package chopped spinach  
2-3 slices bacon, finely chopped (or more if it makes you happy)  
½ cup onion, finely chopped  
2 Tb. flour  
1 tsp. seasoned salt  
¼ tsp. seasoned pepper  
1 clove garlic (optional)  
1 cup milk (I use non-fat which works just fine)

Cook spinach and drain well. Combine bacon and onion in a large skillet and fry till tender and bacon is brown and crispy. Remove from heat. (As bacon is so lean anymore, it's not necessary to drain off any of the fat, unless it makes you nervous. Do leave some!)

Add flour, seasoned salt, seasoned pepper and garlic (if you're using garlic). Blend thoroughly. Return to heat and slowly add milk, stir continually until thickened. (In case you hadn't noticed, you've just made white sauce!) Add spinach, mix well. And astonish your guests and family.

This recipe is originally from Mike Roy, one of my culinary heroes, from The Mike Roy Cook Book, copyrighted in 1966, which I bought for the astonishing price of \$3.95 – hard cover!. Mike has been in heaven for some time now, but I like to think he is still cooking up there, for a very appreciative crowd.

My book page: Amazon.com: Deanne Davis

Blog: [www.authordeanne.com](http://www.authordeanne.com)

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## ALTERNATIVE GIFT FAIR & BOUTIQUE

Sierra Madre United Methodist Church is holding its annual Christmas Alternative Gift Fair & Boutique on Sunday, December 3, 2017 from 11:00 a.m. – 1:00 p.m. Celebrate the spirit of the holiday season with a gift that truly "gives back." Your donations help support the relief efforts of local organizations such as San Gabriel Valley Habitat for Humanity, Friends in Deed, and Foothill Unity Center, and global efforts such as Heifer International, Imagine No Malaria, and missionary programs in Mexico. Sales from the popular handcrafted gift boutique will benefit Family Promise of San Gabriel Valley. Enjoy free refreshments while you browse. The Church is located at 695 W. Sierra Madre Blvd. in Sierra Madre. Call 626-355-0629 for more information.

## SEASONAL CRAFT WORKSHOP FOR ADULTS

Take a break, gather with other adults, and enjoy learning how to make gifts and treats for others (or for yourself!)

Join other adults as you discover how to create festive holiday candles and decorate cookies on Saturday, Dec. 9 at 11:00 am in the Sierra Madre Public Library.

All materials are supplied.



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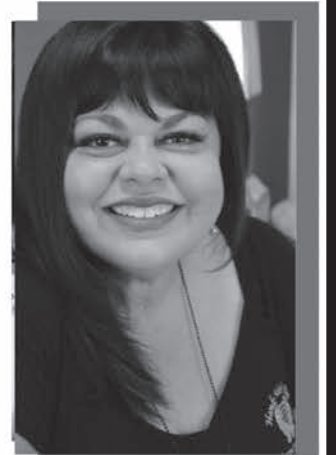
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# Pasadena Altadena

News From Your Community For Your Community

## Rose Parade Route to Close Early for Safety

The Pasadena Police Department announced this week that Colorado Blvd. — the route used for the annual Rose Parade — will close New Year's Eve, earlier than past years, to enhance public safety. The closures, effective 10 p.m., will occur along Colorado Blvd, at Orange Grove Blvd, east to Sierra Madre Blvd; and up Sierra Madre Blvd. to Paloma Street.

"Currently, we have no known credible information regarding threats to either the Rose Parade or the Rose Bowl Game," Pasadena Police Chief Phillip Sanchez said. "However, public safety at these premier events is our number one priority. We are taking these steps on a proactive basis to help provide a more secure environment as part of our on-going analysis of other large special events and activities around the world."

Key intersections will be staffed by law enforcement personnel to allow vehicles to cross Colorado Boulevard, either north or south, until 6 a.m. Monday, January 1, at which time the entire route will be closed to all public vehicles.

Chief Sanchez said the changes were done in full cooperation by the Tournament of Roses Association as well as other key stakeholders, other law enforcement agencies and security experts.

"It is important to inform the public now so that everyone can plan accordingly if they intend to be in Pasadena on New Year's Eve, whether for a private party, dinner at a local restaurant or to find a favorite parade viewing spot. Streets will close early this year," Chief Sanchez said.

More information can be found at [cityofpasadena.net](http://cityofpasadena.net).

## Pet of the Week



Carly (A442971) is a sweet and docile bunny. She's easy to handle and enjoys being petted. Carly was found as a stray in San Marino. Soon after arriving at the shelter, she gave birth to a litter of kits. Mom and babies headed to a foster home, where they were raised by one of our caring volunteers. Carly is now back at the shelter and ready to find a forever home of her own.

The adoption fee for rabbits is \$35. All rabbits are spayed or neutered and microchipped before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A442971, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at [pasadenahumane.org](http://pasadenahumane.org).



## Jackie Robinson Rose Bowl Statue Unveiled

Officials, including family members and retired Dodgers announcer Vin Scully, unveiled Wednesday a commemorative statue at the Rose Bowl honoring the great Jackie Robinson's football legacy.

"Today we honored the great Jackie Robinson, with the first commemorative statue at the Rose Bowl, and the only in the world of him in a football uniform," Officials said. "To top it all off, Vin Scully, celebrated his birthday today as the MC."

Scully, celebrating his own birthday at 90, told of the first time he met Robinson. He said he was just a 22 years old broadcaster in Brooklyn.

"I could go up and talk to him at any time of night or day," Scully said. "He would be willing to listen."

Robinson's wife, Rachel,

and daughter Sharon both attended the ceremony.

According to Rose Bowl officials, the statue depicts Robinson, one of America's greatest sports and civic icons and a Pasadena city treasure, in a football uniform. The first player to break the color barrier in Major League Baseball, Robinson was a role model for many generations. A graduate of nearby John Muir High School, he lettered in four sports at Pasadena City College and successfully competed on the Rose Bowl Stadium field as a gridiron star in 1937 and 1938. Robinson's prolific athletic career continued at UCLA, where he lettered in four varsity sports, including football. UCLA Football has called the Rose Bowl its home field since 1982.

"The legendary courage and competitiveness of Jackie

is meaningful for so many as he is a true American champion," Rose Bowl General Manager Darryl Dunn said in a statement. "This iconic venue has seen so many important moments over a near-century, and being able to appropriately honor Jackie's impact with the first commemorative statue is only fitting."

The Robinson Statue is located outside of the main gate to America's Stadium on the northern-most tip of the Parkway extension amidst a redesigned rose garden. The historic Rose Bowl marquee and the vista of the San Gabriel Mountains made for the statue's backdrop. The renovation and enhancement of the existing rose garden at the site for better public enjoyment was also part of the project.

*Photo courtesy of Rose Bowl Stadium*

## The North Lake Pole Holiday Fest

Today Altadena Chamber Hosts the North Lake Pole Holiday Fest from 1 p.m. to 6 p.m. at the Lake & Mariposa Shopping District.

Downtown Altadena will be transformed into Santa's North Pole, complete with elves, holiday music and a visit from Santa, himself! Join the fun with the merchants along Lake and Mariposa who will offer shopping values and special offers during the afternoon. Shoppers can enter a street-wide drawing for free gift baskets from participating merchants.

Special Guests will include Pictures with Santa Claus; Santa's Elf, Lydee Walsh; Eliot Arts Magnet Academy, Musical Entertainment; Street-Side Food Vendors and Holiday Gift Wrapping Station by Trained Dogs for Adoption.

For More Information: Please contact the Altadena Chamber Office call 626-794-3988 or email at: [office@altadenachamber.org](mailto:office@altadenachamber.org).

## Christmas Dinner at the Senior Center

The Scott Pavilion at the Pasadena Senior Center, 85 E. Holly St., will be decked with boughs of holly and other decorations of the season for Christmas dinner Monday, Dec. 25, at noon.

Guests will feast on a delicious served meal of roast beef and roast chicken with all the trimmings. Santa will stop by with gifts for everyone! Doors will open at 11:30 a.m.

The cost is only \$10 for members of the Pasadena Senior Center and \$12 for non-members of all ages. Pre-paid reservations may be made at the Welcome Desk no later than Wednesday, Dec. 20. For more information call 626-685-6724.

## Commercial Marijuana to Stay Banned in Pasadena



Although the legal sale of marijuana for recreational use begins in the state Jan. 1, the commercial sale or commercial cultivation of marijuana will stay illegal in Pasadena as officals cite "many unknowns about the impacts that marijuana shops will have on local neighborhoods."

In November, the Pasadena city council unanimously adopted changes to Pasadena's local laws, banning all commercial retail sales or commercial cultivation of marijuana in Pasadena. Delivery of medical marijuana or medical marijuana products from legally licensed dispensaries in other jurisdictions will be allowed into, or pass through, Pasadena officials said.

Personal outdoor cultivation of marijuana also will be prohibited, but personal indoor cultivation of up to six plants per residence will be allowed in accordance with state law. Smoking marijuana will be locally restricted under the City's tobacco prevention provisions.

Copies of the adopted changes to Pasadena's local laws are available from the City Clerk's Office, (626) 744-4124.

Also in November, City officials approved a resolution to disqualify all current illegal marijuana operators and businesses in Pasadena from receiving any future permit if, or when, commercial sales are allowed and properly licensed.

Proposition 64, approved by voters in November 2016, allows Californians ages 21 and older to possess, transport, buy and use up to an ounce of marijuana for recreational purposes and also to grow up to six cannabis plants. Although the measure allows for retail sales of marijuana, it also specifically allows for local control to regulate or ban commercial marijuana operations.

Call Pasadena's Citizen Service Center, 7:30 a.m. to 5 p.m., Monday through Friday at (626) 744-7311 or go online at [cityofpasadena.net/Citizen-Service-Center](http://cityofpasadena.net/Citizen-Service-Center), to report suspected illegal marijuana businesses.

## Beauty for Paws at the Humane Society

Join 1202 Salon & Spa for Beauty for Paws, a benefit to promote the humane treatment of animals held at the Pasadena Humane Society on December 7. The night promises entertaining fashion, beauty, cheers and giving. Be awed as a collage of artists on stage create moving art for a great cause. Pre-show from 6:30 to 7:30 p.m. Show from 7:30 p.m. to 8:30 p.m. Tickets are available at 1202 Salon and by calling 626.765.3505. \$40 presale, \$45 at the door. the Pasadena Humane Society

is located at 361 S. Raymond Ave. Pasadena for more information call 626-792-7151 or visit: [pasadenahumane.org](http://pasadenahumane.org).



## Free Events Roundup at the Pasadena Senior Center

There is something for everyone in December at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

**Friday Movie Matinees – Fridays, Dec. 8, at 1 p.m. and Dec. 15 at 2:30 p.m.** Christmas-themed movies will captivate everyone's imagination. Dec. 8: "The Polar Express" (2004, G) starring Tom Hanks and Michael Jeter. A young boy embarks on a magical adventure to the North Pole and learns about friendship, bravery and the spirit of Christmas.

Dec. 15: "A Christmas Tale" (2008, NR) starring Catherine Deneuve and Jean-Paul Roussillon. When a troubled family's matriarch requires a bone marrow transplant, they reunite just in time for Christmas. French with English subtitles.

**Stay Connected with Social Media – Tuesdays and Thursdays, Dec. 5 to 28, from 9 to 11 a.m.** Learn how to keep in touch with family and friends via the Internet. Choose which application you would like to learn, from Skype to Facebook and other forms of social media. Bring a laptop or use of the onsite computers. If you have an email address, bring it along with your password. Sign up at the Welcome Desk or call 626-795-4331 for a 30-minute one-on-session.

**A Toast to the Joys of Music – Tuesdays, Dec. 5 to 28, from 9:30 to 11:30 a.m.** Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young,

The Grateful Dead, The Rolling Stones and many more.

**Scenic Walkers Club – Wednesdays, Dec. 6 to 27, at 10 a.m.** Enjoy a series of leisurely walks in the great outdoors at locations throughout the west San Gabriel Valley. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. For more information or to sign up, email [alancolville@charter.net](mailto:alancolville@charter.net).

History of Pasadena – Thursday, Dec. 7, at 10 a.m. Do you know the land now famous for the Rose Parade, Rose Bowl Game, JPL and Caltech was once occupied by several Native American tribes, and that the first white settlers came from Indiana? Learn all about the fascinating history of Pasadena. Presented by Pasadena Heritage.

**Festival of Talents – Saturday, Dec. 9, at 10 a.m.** If you like to sing solo, duet, trio or in a group, dance, play an instrument, tell stories of jokes, do acrobatics, magic tricks or martial arts, bring your talent, imagination, family and friends to this very special event! Light refreshments will be served. Deadline to register is Wednesday, Dec. 6. Contact Mira Mataric at [mira016@hotmail.com](mailto:mira016@hotmail.com) or 626-578-0470.

For more information visit [www.pasadenaseniorecenter.org](http://www.pasadenaseniorecenter.org) or call 626-795-4331. Founded in 1960, the Pasadena Senior Center is an independent nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## ARCADIA UNIFIED APPOINTS NEW PRINCIPAL OF BALDWIN STOCKER ELEMENTARY SCHOOL

ARCADIA-- The Arcadia Unified School District Board of Education recently appointed Kelsey Brown as Principal of Baldwin Stocker Elementary School in a unanimous decision.

After the Board's vote, Brown took to the podium and expressed heartfelt thanks for the selection before a boardroom audience filled with family, friends, and colleagues who shared in Brown's visible excitement for her new role.

"I have found that the heart of any instructional program must be what's best for kids," said Principal Brown. "I look forward to fostering a team of proactive educators, building bridges between school and the community, and continuing to honor my profession by growing and honing my craft."

Brown has served the students, families, and community of Arcadia Unified for over 20 years. Prior to her current position, Brown's work in Arcadia Unified began at Holly Avenue Elementary School where she taught 4th and 5th grade students for over 15 years until starting her role as an Instructional Coach based out of the district office. Most recently, Brown served as Assistant Principal for Arcadia Unified's Foothills Middle School, which landed top honors on Niche.com's 2018 Best Public Middle Schools lists, taking home the #5 and #13 spots for best public middle school in the Los Angeles area and California, respectively.

Brown's commitment to honing her craft is evident. She holds a Bachelor of Arts in Psychology from the University of California, Riverside, two Master of Art degrees in Education from California State University, Los Angeles, and a Master of Arts in Educational Administration from Concordia University, Irvine. Continuing to



grow her knowledge, Brown is currently working on her Doctorate in Education from the University of LaVerne.

Brown's new role comes by way of esteemed former Baldwin Stocker Principal, Jayne Nickels, filling a vacant principal role in her hometown district of Monrovia.

Through another unanimous Board vote at its Nov. 14 meeting, longtime Arcadia Unified teacher, Christina Siriani, was chosen as Brown's replacement to serve as Foothills Middle School's Assistant Principal.

For more information about the Arcadia Unified School District, please visit [www.ausd.net](http://www.ausd.net).

## ROBBERY

On Wednesday, November 29, 2017, at about 2:00 p.m., Arcadia Police Officers were dispatched to a robbery which occurred in the area of Sixth Avenue and Live Oak Avenue. The victim was sitting on a bus bench when the suspect walked up from behind and snatched her purse off her arm. The suspect then ran south on Sixth Avenue to an awaiting vehicle. The suspect entered the vehicle through the driver's side door and fled south bound on Sixth Avenue. No weapons or additional suspects were seen.

The suspect was described as a male, Hispanic, light complexion, between 20-30 years-old, thin

build, with no facial hair, approximately 6 feet tall, and was wearing a blue dress shirt. The suspect vehicle was described as a green 4 door sedan.

Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5156, Arcadia PD Case #17-5928. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), or use your smartphone by downloading the "P3 Tips" Mobile APP on Google play or the Apple App Store or by using the website <http://lacrimestoppers.org>.

## ARCADIA POLICE BLOTTER

*For the period of Sunday, November 19th, through Saturday, November 25th, the Police Department responded to 773 calls for service, of which 108 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, November 19:

Shortly before 9:40 a.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a battery report. The officer determined the altercation occurred between two juvenile males because the suspect did not appreciate the victim talking to a girl they both liked. The investigation is ongoing.

### Monday, November 20:

At approximately 1:02 a.m., officer responded to CVS, 1401 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles with tracking devices to combat the increase in bike thefts throughout the city. An investigation revealed a 30-year-old male from Thousand Oaks was in possession of the stolen bicycle and GPS tracker. The suspect was arrested and transported to the Arcadia City Jail for booking. Just after 12:31 p.m., officers responded to a residence in the 800 block of Monte Verde Drive regarding an attempted burglary report. The officer discovered unknown suspect(s) shattered a rear glass door but did not enter the residence. The investigation is ongoing.

At approximately 7:33 p.m., an officer responded to Nordstrom, 400 South Baldwin Avenue, regarding a burglary report. An investigation revealed three suspects cut the security tags to four designer handbags and fled on foot. The total reported loss is \$6,600.

The suspects are described as two black females in their twenties, and a black male suspect, also in his twenties. The investigation is ongoing.

Around 8:45 p.m., an officer responded to Holy Angels Church, 370 Campus Drive, regarding a theft from vehicle report. The officer determined an unknown suspect smashed the front passenger window and stole the victim bag sometime between 6:50 p.m. and 8:30 p.m. on today's date. No suspects were seen and no witnesses were located.

### Wednesday, November 22:

Just before 7:44 a.m., officers responded to a residence in the 200 block of East Foothill Boulevard regarding a battery report. The officer discovered an altercation ensued between a boyfriend and girlfriend resulting in the male suspect throwing a porcelain coffee mug at the victim's face. The impact chipped her tooth. The suspect, a 25-year-old male from Arcadia, was arrested and transported to the Arcadia City Jail for booking.

Shortly after 5:42 p.m., an officer responded to a traffic collision near the intersection of Duarte Road and El Monte Avenue. An investigation revealed the suspect rear ended a vehicle and injured the driver and passenger. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from his vehicle. Through a series of tests, the officer determined the suspect was

driving with a blood alcohol content of .166. The 62-year-old male from Duarte was arrested and transported to the Arcadia City Jail for booking.

At about 6:27 p.m., an officer responded to Ralphs, 211 East Huntington Drive, regarding a robbery report. The officer determined three suspects stole an unknown amount of over-the-counter heartburn medication and fled the store, failing to make payment. As they passed the cash registers, one of the suspects pushed the manager. All three suspects fled in a vehicle driven by a fourth female.

The suspects are described as four black females in a blue Toyota Camry. The investigation is ongoing.

Before 9:49 p.m., an officer responded to the 1000 block of Orange Grove Avenue regarding a traffic collision. An investigation revealed the female driver collided into a concrete mailbox before fleeing on foot. The officer contacted the 59-year-old driver from Sierra Madre and discovered she was under the influence of an alcoholic beverage. She also made threats to harm herself and was transported to Huntington Memorial Hospital for evaluation. The investigation is ongoing.

### Thursday, November 23:

Around 8:30 p.m., an officer responded to a residence in the 500 block of Workman Avenue regarding a vandalism report. The officer discovered an unknown suspect shattered a rear window to the residence with a BB gun. No suspects were seen and no witnesses were located.

### Friday, November 24:

At about 7:44 a.m., an officer responded to the 100 block of California Street regarding a theft from vehicle report. The victim stated an unknown suspect entered his unlocked vehicle sometime during the previous evening and stole his computer bag and check book. No suspects were seen and no witnesses were located.

Shortly after 3:34 p.m., an officer contacted the driver of a vehicle parked in a handicapped stall at the Santa Anita Mall, 400 South Baldwin Avenue. An investigation revealed the driver unlawfully parked in the handicapped stall as the handicapped placard was not issued to him, but rather to his father. The 18-year-old male from San Gabriel was cited and released in the field.

Just before 4:46 p.m., an officer responded to a residence in the 1000 block of Fallen Leaf Road regarding a package theft report. Surveillance footage revealed the suspect stole the victim's package from his front porch.

The suspect is described as a Hispanic male, 5'11" tall, bald, with a full goatee, and was driving a black Honda Fit. The investigation is ongoing.

### Saturday, November 25:

At approximately 4:05 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a fight in progress. The officer discovered an altercation occurred between the suspect and the victim over a parking stall resulting in the suspect pulling a knife on the victim.

The suspect is described as an Asian male, 20 to 30-years-old, and 6' tall. The suspect was driving a white four-door Acura. The investigation is ongoing.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## CITY MANAGER'S REPORT: TERRIFIC NEWS – S&P ASSIGNED CITY'S CALPERS RESPONSE PLAN REFINANCING BOND “AA-” RATING, AND THE CITY WAS PROVIDED WITH AN OVERALL CREDIT RATING OF “AA”

As you may recall, staff participated in a bond rating call with Standard & Poor (S&P) two weeks ago to discuss the issuance of a pension obligation bond in an effort to refinance the City's existing pension liability debt. There had been some concern expressed by our financing team that given the size of our proposed bond issuance (+/- \$115 million), S&P might rate our bonds as an Upper Medium Grade (A- / A / A+) investment. Such a factor could have potentially changed the overall dynamics of the transaction, given that our investment team has not been able to secure insurance for the proposed POB issuance.

Fortunately, after a thorough review, S&P this past week provided our proposed POB issuance with a AA- rating, and also assigned an overall credit rating of AA for the City! This is terrific news and makes Monrovia a High Grade (AA- / AA / AA+) investment opportunity! In their summary report, S&P indicated that, "the stable outlook reflects our view of management's proactive approach to its pension liabilities." Furthermore, S&P outlined that their rating of the City and our POB issuance reflected the following:

- Very strong economy, with access to a broad and diverse metropolitan statistical area (MSA);
- Very strong management, with strong financial policies and practices under our Financial Management Assessment (FMA) methodology;
- Strong budgetary performance, with operating surpluses in the general fund and at the total governmental fund level in fiscal 2016;
- Strong budgetary flexibility, with an available fund balance that we expect will decrease in the near term from its fiscal 2016 level of 18% of operating expenditures;
- Very strong liquidity, with total government available cash at 82.6% of total governmental fund expenditures and 16.5x governmental debt service, and access to external liquidity we consider strong;

- Very weak debt and contingent liability position, with debt service carrying charges at 5.0% of expenditures and net direct debt that is 307.0% of total governmental fund revenue; and
- Strong institutional framework score.

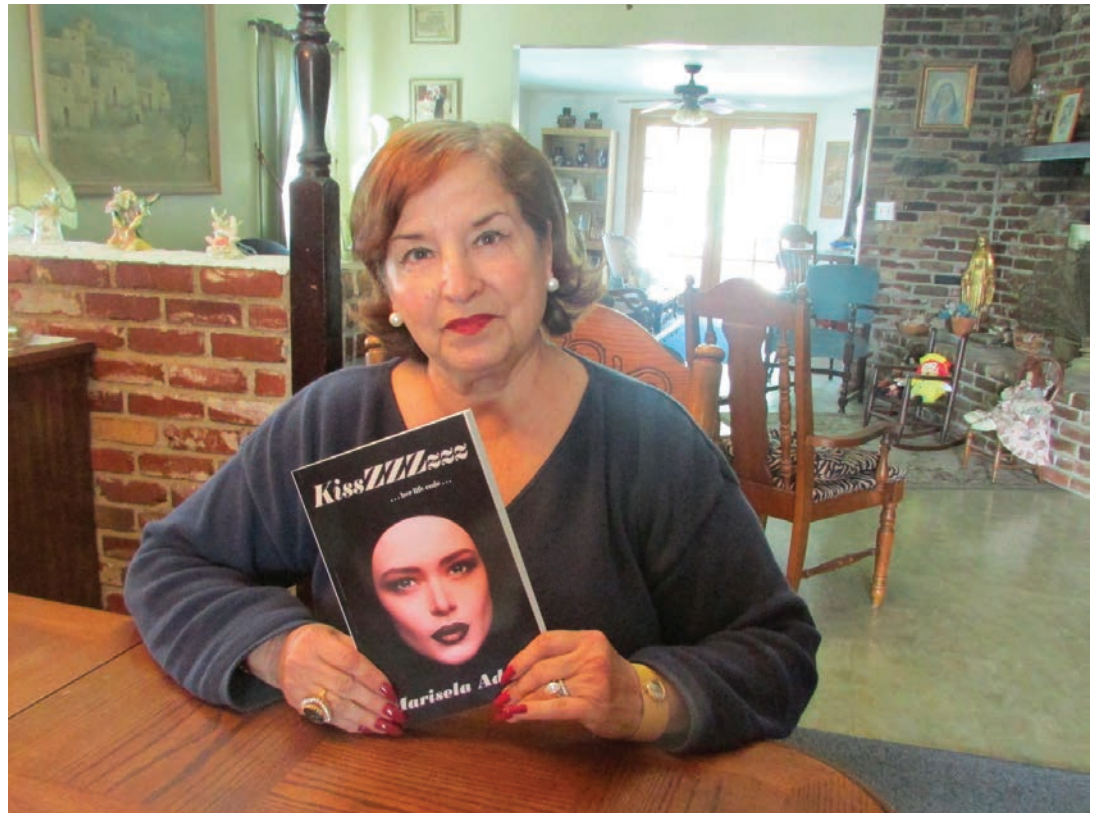
View the copies of the rating reports issued by S&P.

Also, by way of background, for every refinance or bond deal conducted, financial rating agencies – like S&P – will review the overall fiscal health of the City, along with explicit details related to the proposed transaction, to provide an overall bond rating for each deal. The better the bond rating received by the City, the better the interest rates that we will receive from the financial markets. And the better the interest rates we receive, the more money that we ultimately save.

After conducting their most recent financial review with City staff and our underwriters, S&P this past week notified us that the City's bond rating for our CalPERS Response Plan pension debt refinance transaction was assigned a High-Grade Investment rating of AA-! Furthermore, S&P affirmed that the City's overall credit rating was AA / stable!

This is a terrific accomplishment for the City, and our entire community should be proud of the achievement! It wasn't that long ago that securities from the City were considered lower medium grade investments in the BBB- to BBB+ range... kudos to all those involved – from the City Council, to the finance team in our Administrative Services Department, to each department's prudent fiscal management – for managing Monrovia's finances in such a superb manner!

Also, for further insight and clarification regarding bond ratings, a ratings overview chart which explains the different credit rating as determined by S&P has been developed by staff for your review and consideration below:



## MARISELA'S SPY THRILLER, KISSZZZZZZ AND A MUST-ATTEND CRAFT BOOK FAIR IN DUARTE

By Joan Schmidt

Yesterday I had lunch with my multi-talented friend, author Marisela Adams. A retired teacher and counselor, Marisela currently is pursuing her great love-writing. (She's been writing since the age of eight.) Raised in Texas, the family relocated to California for education opportunities, and at college, she met the love of her life, Jim. Marisela quips, "It was HATE at first sight", but they are true soul mates, with two fine children and four bright adored grandsons.

Jim is a recently retired financial planner; but has played a role in her books. Also a pilot, he flew her to New Orleans and they traveled outside of town to a perfect setting- it's the cover of her mystery novel, Breaking Faith. Before Marisela wrote this trilogy, she had watched a real court case about the murder of a young wife by her husband who had another woman. The host of the program said a study was done about hundreds of husbands who murdered their wives rather than split community property.

Marisela's latest book, KissZZZZzzz is a thrilling spy thriller. A double agent from the US has acquired a dangerous micro-chip with vital information for the US, and she is seeking a portal to come in. All the portals are closed so a double agent is sent out to create one and bring in double agent KissZZZZzzz. Throughout the story these two double agents have to fight their way across four continents to finally bring in the dangerous time sensitive micro chip. From the moment you pick up the book, you can't put it down-there is so much

excitement and danger. Soon after her arrival in Russia, KissZZZZzzz has to kill a Russian double agent to complete her mission; almost immediately the Kremlin finds out and KissZZZZzzz and the other US double agent begin their long journey home.

Marisela's husband does the covers for all her books. As a pilot, Jim, is an expert on many planes and their maneuver capacity, so he was a great resource for KissZZZZzzz.

Marisela's other current books include Black Nebula, the real story of revenge and Captive, a love story. You can see Marisela in person at the Winter Solstice Craft Fair, Flea Market and Book Signing by Local Authors!

Saturday, December 9, 9am-4pm  
Andres Duarte Statue Plaza and adjacent Grace Fellowship Church  
1551 Huntington Drive, Duarte

Handcrafts, vintage items, antiques, entertainment and holiday fun! In addition local authors will sign and sell their books at this great event, including Richard Singer, The Renaissance Years: the History of Monrovia, Elizabeth Pomeroy, author of many books on local history, Abe Hoffman, California's Deadliest Earthquakes: A History, Randy King, gunfihgers' books and Marisela Adams, Breaking Faith Trilogy, KissZZZZzzz. Marisela, who loves talking to her fans, also writes children's books; her pseudonym is "Nubie" and soon the much-awaited "Kiki the Bear" will be available!

See you at the Fair on December 9th!

## MEET AND GREET: ASSEMBLYWOMAN BLANCA RUBIO, 48TH DISTRICT TUESDAY, DECEMBER 12, 2017 PAMELA PARK 2236 GOODALL AVE. DUARTE, CA

Please join the Monrovia Arcadia Duarte Town Council at a "Meet and Greet Assemblywoman Blanca Rubio, 48th District" event at Pamela Park, 2236 Goodall Ave. Duarte, Tuesday evening, December 12 at 6:30 pm. The Assemblywoman

is in her first year of office and has supported and introduced various bills. This energetic woman will talk about her background, education, and teaching career before entering public office. She also will explain various bills/propositions. All are welcome.



## GOLDENWORDS:

Dr. Dan's College Corner

### MAKING THE MOST OF BEING A COMMUTING COLLEGE STUDENT

Most of my columns have focused on the life of students who live away, either in dorms or off-campus. But what of the many thousands of students who commute to their campus, both full and part-time? These students often continue to live in their family homes, frequently continue with all kinds of family obligations and part-time jobs, and need a few strategies to make the most of their commuting college experience.

You look like your high school self, but you are changing every day.

If you live at home and continue to be around family and friends, most people mightn't notice your growth in intellectual power, focus and social development. But you know it's happening, and will want your perspectives and behaviors to reflect your journey to young adulthood.

Smarter isn't smarty-pants, of course. So don't be too quick to flaunt your new knowledges and perspectives, especially if they fly in the face of your familial or cultural traditions. You are redefining your relationship with this family, and with your old friends, too. Watch more, listen more, talk less.

And in terms of those friends, don't be surprised if your interests have changed and high school bonds and times seem kind of dated to you, or at least up for redefinition. If you have a significant other already, or if you strike up a college romance, one thing you'll need to figure out is how to get the privacy you need to let that romance grow.

Stick around your campus as long as possible every day, and take advantage of its resources.

Invest in an insulated backpack and a good thermos, put together food and snacks to save time and money, and try to be on campus both before and after classes.

If you are a full-time commuter to local CSU, UC and most private colleges, inquire at the Office of the Dean about Day Student Lounges, where you can crash and recharge yourself through the day. Consider staying late at campus at least one night a week, perhaps keying your decision to stay to an event or club group you want to attend. If you are eligible, get a campus job--another excellent way to bond with your school.

Go to Advisement Offices and visit your Professors during their Office Hours

If you are a commuter who plans on possible transfer to another institution after two years, accurate and wise advisement is crucial (double this advice if you're at a Junior College and hope to

take credits with you to a final two years at a UC or other 4-year institution). And, if you're planning on staying at this same school, you need to build a portfolio of grownups, your "adult influencers" as we call them--to help you extract the best experience from the school and plan for life after graduating.

Cultivate an "influencer" or two by going to the office hours your professors post in their syllabi. Almost nobody ever visits, I can tell you from my own years as a professor.

Come with questions about your class, advice about courses for future terms, about a possible major in their discipline. Ask them if they ever take on student workers to help with their scholarship, term-time and during summers.

#### Save Money. Lots.

You may be commuting because the live-away costs of residential college seem too staggering. You may be commuting because you need a more reasonable price for general coursework to explore and experiment with areas of study and careers. You may be a first-gen student and the only primary English-speaker in your household. You're the one who takes your Aunt for her Chemo, you're the one who goes to teacher conferences for your kid sister, and you're the one who also has to do well in classes and plan your future. Protect that future as jealously as you protect the health and lives of your loved ones.

It's hard being a commuter student, but easier if you find ways to spend more time on your campus, avail yourself of the enrichments and facilities you're paying for anyhow, and build alliances with helpful grownups. And if you can salt away some of those thousands of dollars you'll be saving, you'll have a small financial nest egg for your subsequent years in college.

*Dr. Dan Golden was the founding director of Life Planning at the Vistamar School in El Segundo. He was a professor, program director and Dean for Work & Service-Learning at Wheaton College (MA), and now consults with individuals, schools and educational districts on college access, post-graduate study and career planning issues.*



Dan Golden, PhD

## SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: jfanara@alvernoheights.org

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: www.barnhartschool.org

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: www.bcsllions.org

Clairbourn School  
8400 Huntington Drive  
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Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
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website: www.goodenschool.org

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(626) 355-1428 Principal: Lindsay Lewis  
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## PLAY NICE, KITTY!

Happy Tails

by Chris Leclerc



I have a new furry, four-legged feline friend named Kingsley. When I first met Kingsley, he was a mere 5 months old and undoubtedly one of the most adorable kittens I have ever met. Kingsley is a young adult now, but from early kitten-hood, he loved to spend time with his humans, Jeff and Meagan and ate more like a full grown lion than the tiny kitten that he was; and oh boy, did he love to play - and still does!

After spending a few days taking care of Kingsley the kitten while his people were away, they asked if I had any ideas on how to get him to stop biting while playing and I had to admit I didn't. Later, I looked up techniques on training a kitten not to bite during play and I found an article by the Humane Society of the United States.

The tips they offered seemed to make practical sense, so I decided to share them with my readers. Credit goes to the HSUS website for this insightful, hopefully helpful information. Happy training and best of luck!

## Learning to Play Nice

A kitten's first playmates are his mother and siblings, and from them he learns how to inhibit his bite. A kitten who is separated from his family too early may not have learned that lesson well enough and doesn't know when to stop. Acceptable behavior can quickly escalate. If you use your hands and/or feet instead of toys to play with a young kitten, he may learn that rough play is okay. In most cases, it's not too difficult to teach your kitten that rough play isn't acceptable.

If playing with your kitten evolves from peek-a-boo to professional wrestling in a matter of seconds, follow these tips to keep playtime interesting and reduce the number of trips to the first-aid kit. Don't let your kitten play with your hands or feet (or any other body part). This sends the wrong message.

Use a toy when playing. Drag a toy, preferably a fishing pole-type toy that keeps your hands from kitty's mouth and claws, along the floor to encourage your kitten to pounce on it, or throw a toy for him to chase. Some kittens will even bring the tow back to be thrown again.

Give your kitten something to wrestle with, like a soft stuffed animal that's about his size, so he can grab it with both front feet, bit it, and kick it with his back feet. This is one of the ways kittens play with each other, especially when they're young. It's also one of the ways they try to play with human feet and hands, so it's important to provide this type of alternative play target.

Encourage play with a "wrestling toy" by rubbing it against your kitten's belly when he wants to play roughly-and be sure to get your hand out of the way as soon as he accepts the toy.

Don't hit or yell at your kitten when he nips or pounces. This will only make him fearful of you and he may start to avoid you. The idea is to train him, not punish him.

## Discouraging "Bad" Behavior

Playing is not bad behavior, but you do have to set the rules for your kitten; no biting. Everyone in the household has to be on the same page, too; your kitten can't be expected to learn that it's okay to play rough with dad but not with the baby. First equip yourself with the right training tools: toys, toys, toys, and a water pistol.

A Gnawing Problem: You shouldn't let your kitten play with your body parts, but if you're petting him and he starts gnawing on you, immediately say "uh-uh" and carefully take your hands away. Give him a toy to play with instead, but be sure he's not gnawing on you when you give it to him or he'll think he's being rewarded for gnawing. Don't try to pet him again until he's tucked out and no longer tempted to "kill" your hand. You can also make your hands unattractive by putting a bad-tasting, harmless substance on them such as Bitter Apple or Tabasco sauce. Most kittens catch on quickly.

Gimmie That!: Kittens also seem to want to play with whatever you're using-knitting needles, pencil, telephone, remote control. If yours starts "attacking" your utensils, sharply say "uh-uh" to disrupt his behavior. Then give him one of his own toys. Be sure he's not attacking when you give him a toy or he'll think he's being rewarded.

On the Hunt: Kittens also like to "hunt" you while you're walking around. They'll jump out from behind a door or under a chair and pounce on your ankles. If he doesn't pounce, praise him with "Good kitty". If he does pounce, use your sharp "uh-uh" to distract him and interrupt his behavior, and offer an acceptable toy. Be sure he's not pouncing when you provide the toy or he'll think he's being rewarded.

Pay no Attention: Withdraw attention when your kitten doesn't get the message. If the distraction and redirection techniques don't work, the most drastic thing you can do to discourage rough play is withdraw all attention. The best way to do this is walk to another room and close the door long enough for him to calm down. If you pick him up to put him in another room, then you're rewarding him by touching him, so you should be the one to leave the room.

Remember, your kitten wants to play with you, not just with toys, so be sure to set aside time for regular, serious and safe play sessions.

## HEALTHY LIFESTYLES

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## WHY STUDY MORE?



## Top 5 Reasons to Take a Yoga Teacher Training

Whether you are a long time practitioner of yoga or new to the practice, I'm guessing that there is

some part of you that is in awe of yoga's vast wisdom and advanced practices. In group yoga classes, there is a limit to what we can practice and what the teacher can explain. However, each time the student attends, they get snippets of information and experiences of the concepts in practice. This is just enough to spark curiosity and the physical, mental, emotional benefits are just profound enough to have an impact on one's life. If the student practices yoga or studies ancient texts on their own, there may be a missing ingredient - the guidance and shakti (power) received from a teacher. Here is where the experience of a yoga teacher training comes into play. Yes, you do learn to teach yoga in a teacher training, but the content is a compilation of material which includes everything from philosophy and in-depth breakdowns of the postures to powerful practices that spark personal transformation. The whole process has a powerful way of re-shaping perception of the world around us and empowering the deeper parts of our being. On that premise, here are my top 5 reasons to take a yoga teacher training. This forum for experiential learning may be right for you if:

1. You want to know where the ancient wisdom comes from and how to apply it to your life. Theory and Application... what is the backdrop to this beautiful practice?

2. You want to revolutionize your physical practice of yoga. Discover correct alignment in poses, integrate impactful pranayama (breath practices), prevent injury, and change the way you carry yourself in the world.

3. You are seeking change and transformation in your life. Personal or professional transformation, yoga, meditation, and self-study provide established tools for living.

4. You are longing for new friendships, community, and support. Students from all walks of life connect through yoga and self-discovery in profound ways. This connection fosters lifelong friendships as each person grows.

5. You want to deepen your spiritual growth and practices through ancient lineage and a teacher-student relationship. It takes an experienced, insightful teacher to illuminate and pass down the deeper teachings of yoga. This teacher-student relationship is a wonderful dynamic and the way the teachings were handed down originally.

Keep practicing and consider bringing the ancient wisdom of yoga into your everyday life. There's no time like the present! The next 200 Hour Foundational Teacher Training at Yoga Madre begins January 26, 2018. Registration is open. Satisfy your curiosity and check out the details at [www.yogamadre.com](http://www.yogamadre.com). Please email me personally with questions or if you want to sign up: [keely@yogamadre.com](mailto:keely@yogamadre.com).

Thank you and Namaste, Keely Totten, E-RYT 500, Teacher Trainer @ Yoga Madre

## THE MISSING PAGE

## Real Life Tips from Life's Instruction Manual

## IT'S THE HOLIDAYS LEAN TOWARD KINDNESS

We are nearing the end of another year and it is a time for reflection. Our growth and development require that we pause and take stock.

We are here for the lessons. Every life experience comes to us packed with information for our growth and development. When we have the feeling that life is happening to us and that we are repeating an unpleasant experience, it is wise to re-examine the event for the lesson. We are here to live mindfully, joyfully and with awareness. That doesn't mean that we won't have difficulties, but we can learn to modulate our responses.

I awakened this morning with an insight: I want to be the person whose default is kindness, and I am welcoming that type of person to my life. I am not here dish out unpleasantness or to be ready with the cutting payback. I have put them all in cold storage. I'm not interested, and I have retired from sarcasm. I am working not to have to apologize for my speech or explain that I was just kidding. I want to be kind and to surround myself with loving people. There is a Maya Angelou quote: "When people show you who they are, believe them." It's repeated because it's true.

I once met a man that said something very unpleasant

within the first few hours of our first date. I confronted him immediately, and we both laughed it off; however, that was a pivotal moment that I failed to recognize. I later learned that this person's default is to be mean. He has to concentrate and work hard to be kind; it doesn't come naturally to him.

I would not trade my friendship or experiences with that person for anything, but I can work on being more cognizant and recognizing the clues before me.

We are responsible for the energy that we bring and our responses to circumstance. Never give away your power and exercise your respond-ability wisely.

People are always waving their flag; it's our job to pay attention.

During this holiday season, remember to take your time. Slow down and offer a bit of kindness to your neighbor. You have no idea what they may be experiencing at this moment. is is a lawyer and coach. You can schedule a discovery session with her at her website [www.LoriAHarris.com/chat](http://www.LoriAHarris.com/chat) if you're contemplating making 2018 your best year ever sign up there for a session.



Lori A. Harris

## SUPER SIBLINGS!

## Katnip News!



Are these cuties or what? BUDDY & VIOLET, age 4 months, are tuxedo twins! Violet has the pointed white blaze, and Buddy's blaze is more squared. They are both social and being

fostered together, so would be nice if they were adopted together. Adoption fee is \$100 for both, which includes spay, microchip, exam & vaccines. A great savings! Our cats are negative FELV/FIV unless otherwise indicated. See more pictures, videos, adoption info &



application on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org). Call 626-676-9505 for a Meet & Greet. Can't adopt? Visit our website for our easy ways to support our rescue. GOOD NEWS: Orion has been adopted.

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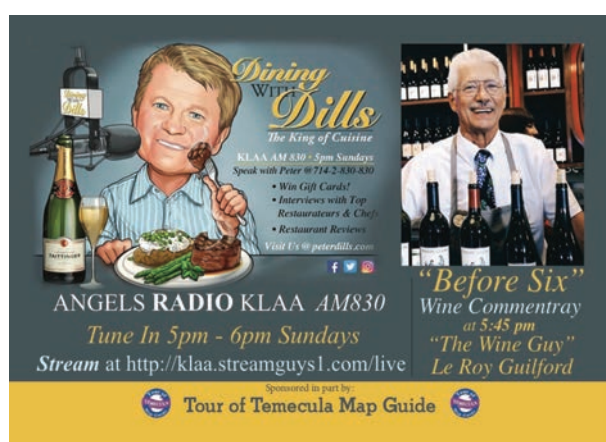


## TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

### IT'S TIME FOR DESSERT

Dessert before dinner? Why not? I have said many times in our teachings here that if you like it, buy it. Over the holidays I hosted a wine seminar at the Whole Foods in East Pasadena. Our list of wines included champagne, sangria, chardonnay, and a petite sirah, with price points ranging from \$10 to \$50 (yes, that was the Taittinger Champagne). To my pleasant surprise the hit of the tastings was a 2011 Petite Sirah from San Simeon Winery.

If you recall last weeks article on "fruit forward" and "jammy", a petite sirah is often a perfect starter wine for those just learning about wines, or those who might want an alternative to cabernet. Prices can range from \$8 to \$30 for a bottle. At \$18 for the San Simeon Sirah, this Orange County Fair gold medal winner is a great value in my book. It is indeed a bit jammy, but that is perfectly acceptable with grapes that are aged well. Petite sirah grapes were first introduced in France in the 1800's, but really never caught on partly due to the high humidity in Rhone. Here in California we have a drier climate so, much like the chardonnay grape, the petite sirah has thrived. Originally, petite sirah was paired with zinfandel grapes to tone down that "jammy" effect. Winemaker Anthony Riboli explains that they were able to capitalize on the small grapes' high skin-to-juice ratio and make an exceptional wine on it's own merit without needing to be blended. This critic agrees - I think that this San Simeon treasure is



especially appreciated during the winter and will go great with a beef stew or a spicy bowl of chili with or without beans.

This weeks wine term: Tannins. Think of tannins as how the wine lies on or grips your tongue. Smooth? Rough? Neutral? Bitter? In layman's terms, it's "pucker power". Let's hope it's not the last one, bitter, that wouldn't be good.

San Simeon Petite Sirah 2011 - Available at Mission Liquor and Vons stores throughout the San Gabriel Valley and beyond.

Dills Score: 90

Closure: Corked

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## SIMPLE HOME MODIFICATIONS THAT CAN HELP SENIORS AGE IN PLACE

Dear Savvy Senior,  
What tips can you recommend to help make a home safer for aging-in-place? My 76-year-old mother wants to stay living in her own home for as long as possible, but she doesn't have the money for any big renovations.  
Concerned Son

Dear Concerned,  
There are dozens of small adjustments and simple modifications you can do to help make your mom's home safer and more fit for aging-in-place, that won't cost her much if anything at all. Here are some suggestions to get you started.

### Eliminate Trip and Slip Hazards

Since falls are the leading cause of home injury among seniors, a good place to start is by arranging or moving your mom's furniture so there are clear pathways to walk through. Position any electrical or phone cords along the wall so they won't be a tripping hazard. If she has throw rugs, remove them or use carpet tacks or double-sided tape to secure them. And pick up items on the floor that could cause her to trip like papers, shoes or clothes.

In the bathroom, buy some non-skid rugs for the floors, and a rubber mat or adhesive nonslip strips for the floor of the tub or shower to prevent slipping, and have a carpenter install grab bars in and around the tub/shower and near the toilet for support.

### Improve Lighting

Good lighting is very important for safe aging-in-place, so check the wattage ratings on your mom's lamps and light fixtures, and install the brightest bulbs allowed. Purchase some nightlights for the bathroom and in the hallways that are used after dark. And consider adding under-cabinet task lighting in the kitchen, and motion sensor lights outside the front and back doors and in the driveway.

### Hand Helpers

If your mom has hand arthritis or problems gripping, install lever-style door handles (or doorknob lever adapters), which are easier to use than doorknobs. The same goes for twist knob kitchen or bathroom faucets, which you can replace with a single lever, touch or sensor-style faucet. And consider replacing knobs on cabinets and drawers with easier-to-grip D-shaped handles.



### Easier Living

To help make your mom's kitchen easier to use, organize her cabinets so the things she uses most often are within easy reach without a lot of stooping or using a step stool. Also, consider installing pullout shelves beneath the counter and Lazy Susans in corner cabinets for easier access. And get her a kitchen stool so she can sit down while she's working.

In the bathroom for easier and safer bathing, consider purchasing a shower chair and install a hand-held shower so your mom can bathe from a seated position if need be.

### Accessibility Solutions

If your mom uses a walker or wheelchair, you can adapt her house by installing ramps on entrance steps, and mini-ramps to go over high thresholds. You can also install "swing-away" or "swing-clear" hinges on her doors to add two inches of width for easier access.

### Safety Improvements

To keep your mom safe, set her hot water heater to 120 degrees Fahrenheit or below to prevent scalds. If she has stairs, put handrails on both sides. Also, install smoke and carbon monoxide detectors on all levels of her house, and place a lightweight, easy-to-use ABC-rated fire extinguisher in an easily accessible location in the kitchen.

For more tips, get a copy of AARP's "HomeFit Guide" that's filled with dozens of aging-in-place recommendations. You can access it at [AARPOrg/homefit](http://AARPOrg/homefit), or call 888-687-2277 and ask them to mail you a free copy.

Also note that all the previously mentioned products can be purchased either in local retail stores, home improvement stores, pharmacies or medical supply stores, or online at Amazon.com.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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### HAPPY BIRTHDAY! ...December Birthdays\*

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\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - \*New Activity\*: Join us on Thursday November 16th, at 10:30a.m. to 11:30a.m. for

Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 15th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include yoga and balance exercises. All ability levels are encouraged and welcomed! \* A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance and training conditioning. Class equipment is provided.

### UPCOMING EXCURSIONS:



### THE MISSION INN & FESTIVAL OF LIGHTS (Riverside)

Date: Friday, December 15, 2017

Time: 2:15 p.m. to 9:30 p.m.

Meeting Location: Hart Park House Senior Center

Cost: \$20 (Does not include dinner)

The day begins with a 75-minute late afternoon guided tour on the art, architecture, and history of the Mission Inn. Guests will have time for dinner, shopping, and the annual Festival of Lights with the nice Christmas Tree decor in the hotel lobby. Due to the historic nature and character of the Mission Inn, tours involve significant amounts of walking and standing; you may encounter areas of uneven ground, side-walks and flooring; stairways, steps and slopes. You will be asked to sign a waiver and release of liability by the Mission Inn. Dinner will be on your own and there are many dining options along Main Street or at the Mission Inn Hotel. Participants should bring money for dinner and souvenirs. Level of Walking: High. Please call the Hart Park House 626-355-7394.



## Looking Up with Bob Eklund



### PLUTO'S HYDROCARBON HAZE KEEPS DWARF PLANET COLDER THAN EXPECTED

New analysis of Pluto's atmosphere explains why New Horizons spacecraft measured temperatures much colder than predicted.

The gas composition of a planet's atmosphere generally determines how much heat gets trapped in the atmosphere. For the dwarf planet Pluto, however, the predicted temperature based on the composition of its atmosphere was much higher than actual measurements taken by NASA's New Horizons spacecraft in 2015.

A new study published November 16 in Nature proposes a novel cooling mechanism controlled by haze particles to account for Pluto's frigid atmosphere.

"It's been a mystery since we first got the temperature data from New Horizons," said first author Xi Zhang, assistant professor of Earth and planetary sciences at UC Santa Cruz. "Pluto is the first planetary body we know of where the atmospheric energy budget is dominated by solid-phase haze particles instead of by gases."

The cooling mechanism involves the absorption of heat by the haze particles, which then emit infrared radiation, cooling the atmosphere by radiating energy into space. The result is an atmospheric temperature of about 70 Kelvin (minus 203 degrees Celsius, or minus 333 degrees Fahrenheit), instead of the predicted 100 Kelvin (minus 173 Celsius, or minus 280 degrees Fahrenheit).

According to Zhang, the excess infrared radiation from haze particles in Pluto's atmosphere should be detectable by the James Webb Space Telescope, allowing confirmation of his team's hypothesis after the telescope's planned launch in 2019.

Extensive layers of atmospheric haze can be seen in images of Pluto taken by New Horizons. The haze results from chemical reactions in the upper atmosphere, where ultraviolet radiation from the Sun ionizes nitrogen and methane, which react to form tiny hydrocarbon particles tens of nanometers in diameter. As these tiny particles sink down through the atmosphere, they stick together to form aggregates that grow larger as they descend, eventually settling onto the surface.

"We believe these hydrocarbon particles are related to the reddish and brownish stuff seen in images of Pluto's surface," Zhang said.

The researchers are interested in studying the effects



of haze particles on the atmospheric energy balance of other planetary bodies, such as Neptune's moon Triton and Saturn's moon Titan. Their findings may also be relevant to investigations of exoplanets with hazy atmospheres.

New Horizons passed within 7,800 miles of Pluto, with this closest approach on July 14, 2015. New Horizons had a relative velocity of 30,800 mph at its closest approach, and came as close as 17,900 miles to Charon. Starting 3.2 days before the closest approach,

long-range imaging included the mapping of Pluto and Charon to 25 miles resolution. Because of Pluto's tilt, portions of the northern hemisphere were in shadow at all times.

Meanwhile, instruments on board New Horizons studied the atmosphere, both by emissions of atmospheric molecules (airglow), and by dimming of background stars as they pass behind Pluto (occultation). During and after closest approach, other instruments sampled the planet's high

atmosphere and its effects on the solar wind. They also searched for dust. A communications dish on Earth measured the disappearance and reappearance of the radio signal as the probe flew by behind Pluto. The results resolved Pluto's diameter (by their timing) and atmospheric density and composition (by their weakening and strengthening pattern).

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).



**CHRISTOPHER** Nyerges

### THE HARVEY WEINSTEIN SAGA

*[Nyerges is a teacher, and author of such books at "How to Survive Anywhere," "Til Death Do Us Part?," "Extreme Simplicity: Homesteading in the City,"*

*and others. He can be reached at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com), or Box 41834, Eagle Rock, CA 90041]*

The Harvey Weinstein saga was the opening salvo in what can be described as the latest Pandora's Box to be opened for public viewing. Why now? Who knows? The timing was right, apparently, and the pendulum has swung – in a good direction.

I've had many discussions in the past month as revelation after revelation has come forth, almost at a dizzying speed. The nature of this particular Pandora's Box is unique, and it has ignited deep-felt discussions by both men and women. I've had discussions with just men, just women, and with mixed groups. I'd like to share some of my observations.

First, by whatever divine timing occurs to allow such nasties to be revealed, it is clear that women have had enough! Women everywhere know how they have been treated for so long, almost automatically, and they want it to end. After all, let's face it -- the world is largely run by men, and many of them haven't gotten used to the idea of a woman in the work place which is his equal, and should be respected as such. Or, the men who have been running things for so long have come to expect – even demand – certain perks from the women who are part of their solar system.

Once, many years ago while having lunch with my mentor at the time, he noted that I glanced over at a very attractive woman in the next booth over. My mentor said nothing at first. Then, in a short while, he said, "Most men have no clue how hard it is to be a beautiful and attractive woman." He did not specify the woman that I had glanced at, but let's just say that she had all the assets that a man seems to not be able to not stare at. "Imagine if you were such a woman," he continued. "All day long, men would whistle at you, yell at you, taunt you, and they would interpret your every move as a flirt or an invitation to them." Honestly, I'd never quite thought about it that way before. I'd figured, as a male, that it would be quite awesome to be the most attractive woman in the room where every guy wanted to... well, you know.

My mentor continued. "The curse of being highly attractive is that it is nearly impossible for most men to see beyond your body, and get to know the person inside." I had to admit that was true. Sad, but true.

In our recent Weinstein-related discussions, most of the women were a bit surprised when I declared that nearly all men are natural predators, and that they have to work hard to overcome their animal nature. Women are not that way, and so they are too often surprised when a man's animal nature strikes. That's no excuse for the man, of course – it's just a fact.

I found it interesting that not a single man challenged my assertion that nearly all men are predators. Why? Because they are men! They know what it is like to be inside a man's body.

I was asked if I thought any of these women were lying with their sexual allegations. I said no, I didn't think so. I mean, maybe there are one or two exaggerations, but I didn't see any reason for deceit

in this matter. One man asked me, "Well, don't you think it's odd that some of them waited 30 years to speak up?" No, I didn't find that unusual at all. After all, if you lived in an environment where you had to prove something happened, you would end up in the so-called he-said-she-said situation, where it could not be decided by a court who was lying or telling the truth. So why would any woman under such difficult situations bother to again put herself through the wringer of the courts? I believe most of the women. The timing was right and they are speaking up, saying, I didn't like what you did to me. I did not consent. What you did was wrong.

And men should really sit up and listen. A woman does not like a man to push himself on her. A woman who rejects a man (for whatever reason) is not playing "hard to get." Guys, get over it. If the woman does not care for you, keep your hands to yourself and move along smartly. The world is a very big place. Remember, it is always the woman who chooses in a relationship. Get that into your head.

The Weinstein saga has brought up a lot of touchy issues, some of which will probably not be resolved any time soon. For example, there are some who want to revisit some of Bill Clinton's sexual allegations. But, they aren't interested in Bill's extramarital affairs – something that occurred between two consenting adults and therefore their own business – but only in cases where Clinton forced himself on a woman, and used his power to influence her to do something she did not want to do.

As since the beginning of time, men like women, women like men, and we all need each other, as friends, partners, and associates. Learn to give the respect that you want and expect others to give of you.

These are some of the things that my friends and I discussed. I think it's good that the cat came out of the bag, and I hope that we might see positive changes in the male-female relationships of our society as a result.



### OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### NICE IS A MATTER OF PERSPECTIVE

Sitting in the living room the Gracious Mistress of the Parsonage and me were enjoying some hot apple cider tea and listening to some Christmas music. The song came that referred to Santa's nice list and naughty list. I was not paying too much of attention, but somebody else in the room was.

"Do you think you are on," my wife said rather sarcastically, "Santa's nice list or naughty list?"

I always get trapped by such questions. I have been married long enough to know that questions are not posed to get an answer, but rather to get someone in trouble, mainly me.

I did not want to answer that question and I didn't know how to get away from it. Suddenly the answer came to me.

The telephone rang and I jumped up to answer it. It was some Robo call trying to sell me something I did not want. I took advantage of the situation and carried on a one-way conversation, hoping someone would forget the question they had asked previously.

Finally, I hung up the phone and resumed drinking my hot apple cider tea in the living room. Then it came back again. "Well, are you on the nice list or the naughty list?"

This only points out the difference between us. Nice is really a matter of perspective. Some people think something is nice while other people think the same thing is naughty.

For instance. My wife thinks eating too many apple fritters is very naughty. I think you cannot eat too many apple fritters and it is really nice to eat one. Or two. Or three, or four.

I cannot see what naughty has to do with eating an apple fritter.

If eating an apple fritter puts me on Santa's naughty list, then I gladly apply for that position. My problem is, looking at Santa and the dimensions of his waist, I do not think he believes eating an apple fritter is naughty. I am not sure my wife considered that aspect.

After all, everybody sets out cookies for Santa to eat when he brings the presents. What is the

difference between a cookie and an apple fritter? I think my wife will be surprised when at the Marriage Supper of the Lamb in heaven there will be apple fritters for dessert.

Then there is the idea of organizing your mess. According to the other resident in our home, organizing and cleaning up after yourself is nice. If you do not do that, it is naughty.

I sure would like to know who set those rules. I think if your mess is comfortable and you are happy with it, it should be nice.

If she thinks organizing her space is nice, then why can't she allow me the same privilege to think that my messy space is also nice?

It is all just a matter of perspective. Then it is Christmas time and people should be able to indulge in certain activities that at another time may be naughty.

One of my holiday indulgences is eating. A bunch of us gathered to have a Christmas dinner before the actual Christmas holiday and we had a merry time. I was enjoying myself and indulging in the luxury of eating everything set before me.

Someone was passing a pumpkin pie and asked if I wanted another piece of pie. I've already had three pieces of pie, but this is the time of the year to indulge. Before I could even process the word "yes," my better half jumped in and said, "No, he's had enough pie for tonight."

Her definition of "enough pie" is a little different from mine. My definition is, "Yes, I'll take one more piece." It does not matter how many pieces I have had up to that point, one more is always on my plate. That is what makes eating pie nice for me.

The most disturbing part of that conversation was when she looked at me and said, "Remember, you're on a diet!"

Her idea of being on a diet is to watch what you eat. That's nice in her regard.

My idea of being on a diet is to watch what I put in my mouth. That's nice in my regard.

"So," my wife said after a long pause, "are you on Santa's nice list or naughty list?"

"That all depends," I said rather slowly, "on your definition of nice and naughty."

What I think is nice for me may not be nice for someone else. And what someone else thinks is naughty I may not consider to be naughty at all. It is all just a matter of perspective.

Then a thought popped into my head. "Are you referring to Santa's list or to your list?" For once, she had nothing to say. She just looked at me and could not come up with a comeback. Now that's nice.

I believe Paul had this in mind when he writes, "Furthermore then we beseech you, brethren, and exhort you by the Lord Jesus, that as ye have received of us how ye ought to walk and to please God, so ye would abound more and more" (1 Thessalonians 4:1).

The question needs to be restated; are we on God's nice list or God's naughty list?

To please God in everything I do is the great ambition of my life. I know that I cannot please God and other people at the same time.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). The church web site is [www.whatafellowship.com](http://www.whatafellowship.com).

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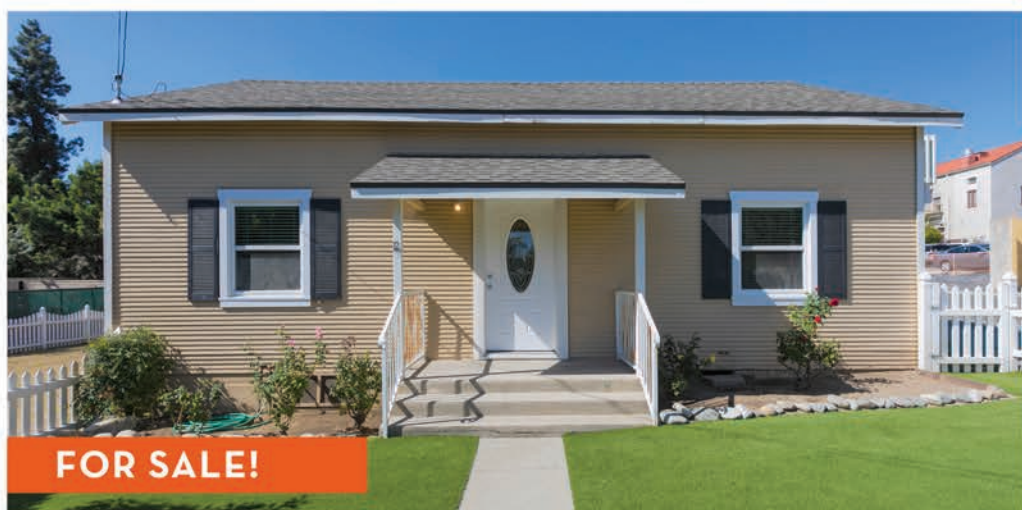
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**SATURDAY, DECEMBER 2, 2017**

**SECTION B**

## AROUND SAN GABRIEL VALLEY

### ANOTHER YEAR...ANOTHER PHENOMENAL DRIVE: THANK YOU, CONGRESSWOMEN CHU AND NAPOLITANO, AND KAISER PERMANENTE



**By Joan Schmidt**

October is Domestic Violence Awareness Month. For the last fourteen years, Congresswoman Judy Chu has been doing something really wonderful—a clothing drive—for victims of domestic violence. A few years ago, after she was elected to Congress, Grace Napolitano joined Chu in this outstanding effort.

I have been attending the Kickoff for this campaign for several years. I have listened to a victim recount her story and had to fight back tears. Yet I leave on a positive note, knowing something wonderful is being done to help these victims—not only women, but children. Kaiser Permanente has joined with the Congresswomen and has made large donations to each of the facilities that receive the clothing. Verizon also collects used phones, erases data, repairs them and gives them to women at Shelters.

This year's phenomenal results: a whopping 420 30-gallon bags filled with clothing, toiletries and school supplies.

Congresswoman Napolitano said, "We are so grateful to all who dedicated time and resources to raise awareness, or donated items for women and children in need. These acts of compassion and generosity are so meaningful for many who are still recovering. Beyond physical harm and immediate threats to health, domestic violence can cause emotional and psychological wounds. We must continue to ensure mental health services are readily available at shelters for mothers

and their children. I am proud to continue fighting to end domestic violence in our communities alongside Congresswoman Chu and all the wonderful people at Kaiser."

Congresswoman Chu said, "For the past 14 years, this Domestic Violence Campaign has been one of the highlights of my year because it highlights what is best in the community. Each year during this drive, I see a community coming together for those who have been through the worst. I see compassion in the donations of clothes and supplies. And I see that, even if just for a day at a time, things can get better. I'm proud to continue hosting this drive with my friend, Congresswoman Napolitano. And I'm proud to represent a district that does so much—from donating clothes to running shelters to help survivors of domestic violence get and stay on their feet."

Maggie Pierce, from Kaiser Permanente, Baldwin Park told us that this was the fourteen year Kaiser hosted the necessities drive, that they believe in increasing awareness within our communities. She also thanked all who made donations.

Once again, victims had a wonderful day of pampering—hair styling, manicures, pedicures, gift bag and catered luncheon. THANK YOU TO ALL WHO MADE THIS HAPPEN.

If someone you know needs help, please call the SAMHSA Disaster Distress Helpline-1-800-985-5990 or Suicide Prevention Lifeline-1-800-273-8255.

### IS YOUR HOME WINTERIZED? BE PREPARED FOR CLIMATE CHANGES

Most people living in Sunny Southern California don't give frozen pipes much thought, especially with our average temperature of 75 degrees. It is easy to put insulating pipes at the bottom of the to-do list. This is precisely why Southern California residents are in more danger than those who live in climates that have regular freezing temperatures.

Southern California residents are more likely to have exposed non-insulated pipes. One night of temperatures dropping in the twenties could be the beginning of the end. The non-insulated exposed pipes may freeze, causing the ice to expand within the pipe. This puts pressure against the closed faucets in your home and could cause a plumbing or sprinkler line to burst.

If you are asleep, you could find your entire home flooded. If you are on vacation or your property is vacant, you could find yourself in the middle of a mold experiment as mold can grow within 24 hours. An ounce of preparation can prevent a disastrous flood and can save you thousands of dollars.

It is important to take proper measures to winterize your home in case there is a significant drop in temperature:

#### Insulate exposed pipes.

Purchase pre-slit and pre-glued foam insulation from your local hardware store to insulate pipes.

Look for holes where pipes enter and exit your home. Fill and repair open areas with expanding foam to fill in these spaces.

#### Disconnect garden hoses.

Hoses often hold water that could freeze, expand, and force pressure into your home's pipes.

#### Locate hidden and exterior pipes.

Insulate pipes by placing them inside cabinets and make sure the heat from the home reaches them.

Keep the thermostat set no lower than 55 degrees Fahrenheit. Your home's interior temperature will keep pipes from freezing.

#### Let your faucets drip.

If you know freezing temperatures are expected, turn on your faucets and let the faucet drip to relieve pressure and prevent freezing.

Turn water off at the main line, open and drain faucets.

If you are going out of town or your home is vacant, this can prevent flooding.

If pipes do freeze, do not defrost them with fire.

If there is a leak, turn off the water to the property, open the faucets. You can use a hair dryer to thaw the frozen pipe but should never use electrical devices in or around water.

### CALIFORNIA SCHOOL OF THE ARTS - SAN GABRIEL VALLEY ANNOUNCES MATCHING GIFT CHALLENGE TO SUPPORT DUARTE HIGH SCHOOL'S CHORAL DEPARTMENT



*The partnership between CSArts-SGV and Duarte Unified is helping to make Duarte students' dreams come true!*

DUARTE, DECEMBER 1, 2017 - SMG Property, LLC, the real estate holding entity for California School of the Arts - San Gabriel Valley (CSArts-SGV), is pleased to announce a matching gift challenge in support of the Duarte High School (DHS) Choral Department, and we are asking for the community's help too!

In February 2018, 22 talented choir students from Cantabile Show Choir, Duarte High School's advanced choir ensemble, will travel to New York City to participate in a five-day Broadway Residency with Manhattan Concert Productions. They will perform with professional Broadway actors on stage at the prestigious Carnegie Hall, accompanied by the New York City Chamber Orchestra. It will cost approximately \$44,000 (\$2,000 per student) to make this once-in-a-lifetime trip a reality for the DHS Cantabile Show Choir.

In support of this incredible student performance opportunity, SMG Property, LLC will be matching, dollar for dollar, up to \$10,000 of funds donated towards the trip. SMG Property, LLC hopes this matching gift challenge will encourage others in the community to contribute to this important cause. With this challenge, donors

have a chance to double their impact and do twice the good!

SMG Property, LLC and CSArts-SGV are honored to continue in their partnership with Duarte Unified School District and thrilled to be able to support the arts through this matching gift challenge for the DHS Choral Department. Together, we are making it possible for aspiring young artists to live their dreams!

You can also send donations to:  
Duarte High ASB-Choir  
1565 Central Avenue  
Duarte, CA 91010  
(Attention: Claire Hsu)

*About California School of the Arts - San Gabriel Valley*  
California School of the Arts - San Gabriel Valley (CSArts-SGV) is a public charter school that provides a creative, challenging, and nurturing environment, offering bright and talented students a rigorous college-preparatory academic program and pre-professional arts conservatory training. Based on the innovative and award-winning curriculum of Orange County School of the Arts (OCSA), CSArts-SGV offers the same high caliber academic and arts education. Opened in August 2017, the school serves students in grades seven through 11 for the 2017 - 2018 school year. In 2018 - 2019, CSArts-SGV will expand to serve students in grades seven through 12.

CSArts-SGV is a tuition-free, donation dependent program. For more information, visit [sgv.csarts.net](http://sgv.csarts.net).



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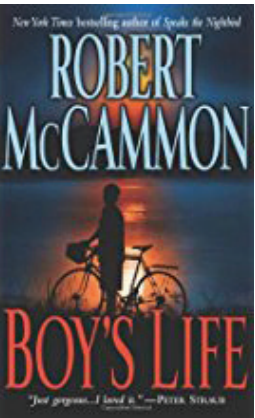
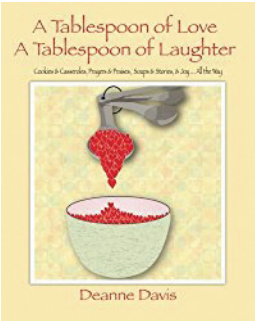
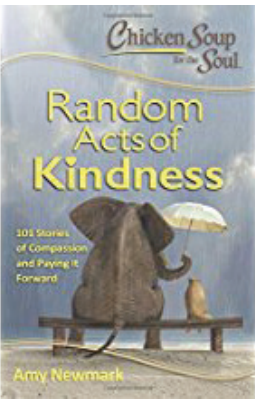


## Jeff's Book Pics

By Jeff Brown

**A Tablespoon of Love, A Tablespoon of Laughter: Cookies & Casseroles, Prayers & Praises, Soups & Stories, & Joy ... All the Way** by Deanne Davis  
A Tablespoon of Love, A Tablespoon of Laughter is a collection of short stories, favorite recipes, psalms, prayers and a dash of humor. Oh dear friends, what is a book without humor! Tablespoon will make you smile, with every turn of the page, and frequently cause you to laugh right out loud. Enjoy our family pictures which will remind you, in the gentlest way, of your own family; or maybe the family you plan to have. This is one woman's journey through many wonderful years with the same sweet man, and the children who grew up and had children of their own; proving that the parents' curse does work and nothing is funnier than watching your children produce children that are just like them! Each of the recipes in Tablespoon is a favorite and, hopefully, will become one of your favorites too. But, like the book says: "This is not really a cookbook, or maybe it's not merely a cookbook. It's a lot about life too. Life really is like a potluck supper. The best part is what others bring to the table." And I always like to bring a Tablespoon of Love and a Tablespoon of Laughter. Bon Appétit! By the way the author lives in Sierra Madre!

**Chicken Soup for the Soul: Random Acts of Kindness: 101 Stories of Compassion and Paying It Forward** by Amy Newmark  
Small gestures can make a big difference in someone's day, even someone's life. This collection of 101 uplifting, true stories will help you see the beauty in small, meaningful gestures and how such acts can make a difference in someone else's life. From random



acts of kindness to doing what's right, this book shows how positive attitudes and good deeds can change the world. This book shines a bright light on the widespread goodwill in our world as everyday heroes demonstrate acts of kindness, compassion and commitment to others. The stories in Chicken Soup for the Soul: Random Acts of Kindness will uplift you, inspire you, and brighten your day.

**Boy's Life Mass Market** by Robert McCammon

In me are the memories of a boy's life, spent in that realm of enchantments. These are the things I want to tell you.... Robert McCammon delivers "a tour de force of storytelling" (BookPage) in his award-winning masterpiece, a novel of Southern boyhood, growing up in the 1960s, that reaches far beyond that evocative landscape to touch readers universally. Boy's Life is a richly imagined, spellbinding portrait of the magical worldview of the young -- and of innocence lost. Zephyr, Alabama, is an idyllic hometown for eleven-year-old Cory Mackenson -- a place where monsters swim the river deep and friends are forever. Then, one cold spring morning, Cory and his father witness a car plunge into a lake -- and a desperate rescue attempt brings his father face-to-face with a terrible, haunting vision of death. As Cory struggles to understand his father's pain, his eyes are slowly opened to the forces of good and evil that surround him. From an ancient mystic who can hear the dead and bewitch the living, to a violent clan of moonshiners, Cory must confront the secrets that hide in the shadows of his hometown -- for his father's sanity and his own life hang in the balance. One of my favorite books!

## All Things

By Jeff Brown

## PREHISTORIC WOMEN WORKED SO MUCH THEIR ARMS WERE STRONGER THAN TODAY'S FEMALE ROWERS

If you're a hard-working lady, you probably already suspected what scientists have confirmed today: prehistoric women worked their butts off. The bones of 94 women who lived in farming communities in Central Europe from 5300 BCE to around 850 AD reveal that prehistoric women had stronger arms than living women, including semi-elite female rowers. That's likely because these farming women from the past worked incredibly hard — tilling soil, harvesting, and grinding grain by hand. And they probably started at a very young age, according to a study published today in Science Advances. The findings show that prehistoric ladies didn't leave the physical labor to the men. In fact, they toiled long hours and were a key "driving force" behind the social and cultural development of

agricultural communities over almost 6,000 years, says lead author Alison Macintosh, an anthropologist at Cambridge University. "Now we can kind of see, actually there's these thousands of years of rigorous manual labor that had been completely underestimated," she tells The Verge. "It's really important to be able to understand the contribution of women." The study has some limitations: the researchers couldn't take into account genetic factors, for instance, which can influence whether a person has stronger bones than another. All the women in the study were also from Cambridge, so results could be different for women living elsewhere. Still, it's an "excellent study," that finally confirms what scientists have long suspected: that prehistoric women were hard workers — and we all have to thank them for that.

## FREE EVENT: BUS STOP AT SIERRA MADRE PLAYHOUSE ON DECEMBER 11

Sierra Madre Playhouse continues its series of free monthly staged readings of American plays on December 11 at 7:30 p.m. with Bus Stop by William Inge, directed by Barbara Schofield.

In the middle of a howling snowstorm, a bus out of Kansas City pulls up at a cheerful roadside diner. All roads are blocked, and four or five weary travelers are going to have to hole up until morning. Cherie, a nightclub chanteuse in a sparkling gown and a seedy fur-trimmed jacket, is the passenger with most to worry about. She's been pursued, made love to and finally kidnapped by a twenty-one-year-old cowboy with a ranch of his own and the romantic methods of an unusually headstrong bull. The belligerent cowhand is right behind her, ready to sling her over his shoulder and carry her, alive and kicking, all the way to Montana. Even as she's ducking out from under his clumsy but confident embraces, and screeching at him fiercely to shut him up, she pauses to furrow her forehead and muse, "Somehow deep inside of me I got a funny feeling I'm gonna end up in Montana ..." As a counterpoint to the main romance, the proprietor of the cafe and the bus driver at last find time to develop a friendship of their own; a middle-age scholar comes to terms with himself;

and a young girl who works in the cafe also gets her first taste of romance.

William Inge is the playwright. His other works include Picnic (Pulitzer Prize winner), The Dark at the Top of the Stairs, Come Back Little Sheba, A Loss of Roses, Where's Daddy?, Natural Affection, Summer Brave.

Barbara Schofield directs. She returns to Sierra Madre Playhouse, where she has previously served as a resident director and board member. She has also directed locally at Open Fist Theatre Company, and in New York, Boston and Kansas City, for a broad range of classical and contemporary works.

"Mr. Inge has put together an uproarious comedy that never strays from the truth."---New York Times

Monday, December 11, 2017 at 7:30 P.M. At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. This is just east of Pasadena. There is ample free parking behind the Playhouse. Admission: Free. Donations accepted. Reservations are not necessary. Phone: (626) 355-4318. Website: <http://sierramadreplayhouse.org/free-reading-series.php>

## FAMILY MATTERS

By Marc Garlett



## FOUR GOOD REASONS WHY ESTATE PLANNING ISN'T JUST FOR THE RICH

There is a common misconception that estate plans are only for the ultra-wealthy - the top 1 percent, 10%, or some other arbitrary determination of "enough" money. In reality, nothing could be further from the truth. People at all income and wealth levels can benefit from a comprehensive estate plan. Yet sadly, many will never sit down to get their legal house in order.

According to a 2016 Gallup News Poll more than half of all Americans do not even have a will, let alone a comprehensive estate plan. Gallup noted that 44 percent of people surveyed in 2016 had a will place, compared to 51 percent in 2005 and 48 percent in 1990. Also, over the years, there appears to be a trend of fewer people even thinking about estate planning.

When it comes to estate planning, the sooner you start the better. Below are four reasons why everyone - no matter what income or wealth level - can benefit from a comprehensive estate plan:

1. Forward Thinking Family Goals: Proper estate planning can accomplish many things. The first step is to ask what your goals are. They may include caring for a minor child, an elderly parent, a disabled relative, or distributing real and personal property to individuals who will appreciate and maintain these assets prudently. Understanding your family wants and needs is a great starting point for any estate plan. If you can sit down and spend time planning your vacation, you should do the same for your estate. Your future self, and your loved ones, will thank you.
2. Financial Confidence Now and After You Are Gone: One immediate benefit of having a finished estate plan in place is that you will be in total control of your finances, possibly for the first time ever. Many people

experience a new sense of discipline in maintaining their finances which can help with saving for retirement, a big purchase, or other goal. In addition to the personal benefit of financial control, an estate plan allows you to dictate exactly how and when your heirs receive an inheritance. This is particularly important for minor heirs or those who need additional guidance to manage an inheritance, like a disabled child.

3. Identify Risks: An important aspect of a good estate plan is to mitigate against future and current risks. One example is becoming disabled and unable to support your family. Another is the possibility of dying early. Through an estate plan you can choose who will be in control of your personal assets, instead of the court appointing a legal guardian - costing money and becoming a distraction for your family. While contemplating these types of risks is never fun, preparing ahead of time ensures your loved ones will be prepared if an unfortunate tragedy does occur.

4. To Maintain Your Privacy: In the absence of a fully funded, trust-based estate plan, a list of one's assets are available for public view upon death. This occurs during probate, the legal process by which a court administers the deceased person's estate. A solid estate plan will generally avoid the need for involvement by the probate court, so your family's privacy can be maintained.

### The Bottom Line: Seek Professional Advice

There are numerous benefits to working with a professional team when it comes to estate planning. Estate planning attorneys, financial advisors, insurance agents, and others have a broad and deep knowledge of money management, financial implications, and the law. When you work with a qualified team to implement an estate plan you can rest easy knowing your family will be taken care of no matter what happens in the future.

Dedicated to empowering your family, building your wealth and securing your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

By La Quetta M. Shamblee, MBA

## BUSINESS TODAY

The latest on Business News, Trends and Techniques



## HOLIDAY CHEER CAN PAY OFF ALL YEAR

Business owners, you still have time to sow seeds of generosity to customers and the community this holiday season. After all, "it's the thought that counts," and if you'll give it some thought, your expression of generosity doesn't have to cost a lot of money to make an impression that may translate into more sales in the upcoming year. Short on funds or have no budget to do something nice? Think again. Here are a number of recommendations to fit budgets (and non-budgets) of all sizes:

No budget? For businesses with physical locations, it begins with a few decorations to tap into the holiday theme that your customers are enjoying at other establishments. Hopefully you have some ornaments, tinsel or lights to add a festive accent to your store. If not, take a stroll to local parks and collect fallen pine cones and sprigs from trees to create a basket. Find red and green cloths or scarves to use as a table cover and as a sash to tie around the basket or container. Have someone with nice penmanship to write a "Happy Holidays from (Your Company Name)" or prepare and print one from your computer. Place this sign on, or near your display.

See if you have any inventory items that you have not been able to sell, and that you may have thought about discarding. Wrap each item in packing paper and tie a ribbon around it, or attach a colorful card or small decoration to each package. You may want to use see-thru wrapping to allow customers to select particular items. If you don't have room for a small Christmas tree, create a "gift area" and direct each person visiting your store to select a gift. You may wish to have a different selection of gifts as an extra thank you for customers who make purchases.

Place a small basket filled with small wrapped candies or small gifts, on the sales counter or small table. Punch a small hole through your business cards, lace a small piece of ribbon through each one and tie it to your holiday take-away. Customers are more likely to keep your business card, as opposed to a paper tag or flyer.

Small budget? A "12 Days of Christmas" theme can be used to countdown your final sales day up to December 25th. Offer a different small gift or treat each

day. It may be a "free" item, or included with a purchase. Examples: A coffee shop offers a different tasting of tea, free or with the purchase of a pastry. A restaurant offers a free mini-portion appetizer with each bar purchase.

A few extra bucks to spare? Host a holiday open house, which will serve the purpose of thanking your customers, but will also give them another reason to visit your establishment. Apple cider, cookies, fruit tray or a more elaborate spread of refreshments or hors d'ourves will add liveliness to any gathering. Your open house can be scheduled as a time-limited gathering on a specific day or evening, or you may decide to host a weeklong open house that offers refreshments to everyone who visits during certain hours. The purpose is to give you or your staff an opportunity to greet and connect with everyone who walks through your doors.

There are recommendations for home-based entrepreneurs or those who perform work at their clients' places of business as well. No budget? Make a personal phone call to thank each customer for business during the year, then follow-up with an animated e-mail holiday greeting. If possible, invest in a box of greeting cards to send the old-fashioned way, or deliver in person, with a candy cane or other sweet treat attached with a ribbon. Small budget? Purchase a bottle of sparkling apple cider and invest in an attractive wine gift bag available at your local "99c" or "Dollar" store and make your rounds in person or have the items delivered. Extra cash to spare? Hopefully you have gleaned some information about the personal tastes or hobbies of your clients, so it's time to look at how much you plan to spend and make your shopping list. Be sure to include a greeting card with a personal note from you. These gifts can be mailed in advance or delivered in person.

The celebratory nature of the holiday season presents opportunities to connect and strengthen relationships with existing customers and to provide an introduction to potential customers. So get into the holiday spirit with a little generosity toward your customers, you may find these small gestures as the "gift that will keep on giving" to your success throughout the following year.

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-305778  
The following person(s) is (are) doing business as: WORLD RESCUE: ANIMAL OF WORLD, 855 FRANCISCA DR. #206, WALNUT, CA 91789. MAILING ADDRESS: PO BOX 2234, WALNUT, CA 91788. Full name of registrant(s) is (are) CHILDREN OF WORLD, 855 FRANCISCA DR. #206, WALNUT, CA 91789. This Business is conducted by: A CORPORATION. Signed: JULIANA ISABELLA LU. This statement was filed with the County Clerk of Los Angeles County on 10/20/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common

law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: NOV 4, 11, 18, 25, 2017)

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-309119  
The following person(s) is (are) doing business as: YOGI'S RESTAURANT, 9208 1/2 ALONDRA BLVD, BELLFLOWER, CA 90706. Full name of registrant(s) is (are) MARIA G. RESENDIZ LOPEZ, 10739 CALIFORNIA AVE #B, LYNNWOOD, CA 90262. This Business is conducted by: AN INDIVIDUAL. Signed: MARIA G. RESENDIZ LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 10/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: NOV 4, 11, 18, 25, 2017)

FICTITIOUS BUSINESS NAME STATEMENT File No. 2017-305301  
The following person(s) is (are) doing business as:

YOU NEED BALLONS, 604 E ARBOR VITAE ST, INGLEWOOD, CA 90301. Full name of registrant(s) is (are) SHERRYVINE JONESCUMMINGS, 604 E ARBOR VITAE ST, INGLEWOOD, CA 90301. This Business is conducted by: AN INDIVIDUAL. Signed: SHERRYVINE JONESCUMMINGS. This statement was filed with the County Clerk of Los Angeles County on 10/23/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/20/17. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: NOV 4, 11, 18, 25, 2017)



City of Sierra Madre

PUBLIC MEETING NOTICE

From: The City of Sierra Madre  
Subject: MUNICIPAL CODE TEXT AMENDMENT 17-05 – VACANT RESIDENTIAL PROPERTY REGISTRATION REQUIREMENT  
Applicant: City of Sierra Madre  
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

On November 28, 2017 the City Council of the City of Sierra Madre introduced for second reading Ordinance No. 1390 recommending adoption of Municipal Code Text Amendment 17-05. This summary is published pursuant to Government Code Section 36933(c)(1) and a full and complete certified copy of the text of Ordinance No. 1390 is available at the Sierra Madre City Manager's office located at City of Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA. Ordinance 1390 becomes effective on December 28, 2017. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

The purpose of MCTA 17-05 is to amend Title 8 of the Health and Safety Code establishing Chapter 8.18 – Vacant Residential Property Registration Requirement. The purpose of the amendment is to establish a registration program for vacant properties in the R-1 Zone (Single Family Residential), R-2 Zone (Two Family Residential), Hillside Management Zone, and Residential Canyon Zone. The purpose of the requirement is to protect neighborhoods from the effects of vacant properties that are not adequately maintained and to address health and safety issues that may arise at the property. The registration requirement will identify three responsible parties that can respond to health and safety code violations. The ordinance includes the following provisions:

Responsible parties

Responsible parties includes, but is not limited to, every owner, owner of record, beneficiary, lienholder, trustee, servicing company, real estate agent, property management company, as well as any person acting on behalf of another responsible party that shall be responsible for the maintenance and security of the real property.

Registration

The owner of a residence vacant or intended to be vacant for sixty 60 days is subject to the registration requirement.

Property Maintenance Requirements

The property shall be maintained in a neat, clean, healthful, and sanitary condition at all times.

Property Maintenance Plan

Real property subject to the registration requirements shall submit at time of registration a property maintenance plan.

Security requirements

Structures, swimming pools and other potential hazards shall be secured within seventy two (72) hours of becoming vacant in a manner to prevent access by unauthorized persons. Responsible parties shall submit an "emergency waiver" to the City at the time of registration. The waiver allows the police department, fire department, code enforcement officer, or public safety personnel to access the property not visible from public view to respond to health and safety concerns.

Violations, penalties and appeals

Any person who causes, permits, or suffers a violation of any provision of this chapter, or who fails to comply with any obligation or requirement of this chapter, is guilty of a misdemeanor and subject to administrative citations in accordance with Chapter 1.18 Administrative Enforcement of this code. Any responsible party may request a hearing before the Planning Commission in order to challenge or appeal the imposition of any additional maintenance and/or security requirements. At the meeting on August 17, 2017, the Planning Commission conducted a public hearing and recommended to the City Council adoption of MCTA 17-05.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre  
Subject: MUNICIPAL CODE TEXT AMENDMENT 17-07 (MCTA 17-07)  
Applicant: City of Sierra Madre  
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider recommending adoption of Municipal Code Text Amendment 17-07 amending Chapter 17.56 – Nonconforming Uses Ordinance and Chapter 17.82 – Historic Preservation Ordinance. The purpose of the amendment to Chapter 17.82 is to update regulations for uses and structures that have become non-conforming over time due to changes in the City's Zoning Code and to update Section 17.56.090 "Exemptions and Exceptions" regarding nonconforming parking for residential and non-residential uses by providing greater flexibility to waive the need for a certified parking study for non-residential structures and providing an allowance to provide one parking space for small residential additions subject to the approval of a minor conditional use permit. Amendments to Chapter 17.82 include a revision to the definition of "Bed and breakfast inn" and expands the "Adaptive reuse of historic structures" to allow "Bed and breakfast inns" with up to six units in single family zones and up to 12 units in multifamily zones subject to a conditional use permit. Following a Planning Commission recommendation for approval, the proposed text amendment will be forwarded to the City Council for their consideration.

DATE AND TIME OF HEARING

City of Sierra Madre  
Planning Commission meeting  
Thursday, December 14, 2017  
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre  
City Council Chambers  
232 W. Sierra Madre Blvd.  
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The subject ordinance is exempt from the California Environmental Quality Act (CEQA) pursuant to Guidelines §15060(c)(2), §15060(c)(3), and §15061(b)(3). The Ordinance amending Chapters 17.56, 17.82, and of the Public Health and Safety Code, establishing Chapter 8.18 of this Ordinance will not result in a direct or reasonably foreseeable indirect physical change in the environment; the ordinance does not involve a "project" as defined by Section 15378; and the ordinance is covered by the general rule that CEQA applies only to projects that have the potential for causing a significant effect on the environment; Therefore, it may be seen with certainty that there is no possibility this ordinance will have a significant effect on the environment.

APPEAL: A decision by the Planning Commission is subject to a 10-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF:  
PATRICE CANTRELL  
CASE NO. 17STPB08606

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of PATRICE CANTRELL.  
AN AMENDED PETITION FOR PROBATE has been filed by MARGIE CANTRELL in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that MARGIE CANTRELL be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 12/14/17 at 8:30AM in Dept. 99 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner  
THOMAS G. STYSKAL - SBN 58416  
KINLEY AND STYSKAL LAW OFFICE  
2600 WALNUT AVENUE, SUITE E  
TUSTIN CA 92780  
11/25, 12/2, 12/9/17  
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First Church of the Nazarene of Pasadena | 3700 East Sierra Madre Boulevard | Pasadena, California 91107 | 626.351.9631 | [www.paznaz.org](http://www.paznaz.org)  
Valley Center: A Campus of PazNaz | 5119 North Valley Center Avenue | Covina, California 91724 | 909.599.2512 | [www.valleycenterchurch.org](http://www.valleycenterchurch.org)

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