

Where Your Community News Comes First

Mountain Views News

Pasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

VOLUME 12 NO. 03

FOUR CANDIDATES FOR APRIL COUNCIL RACE



a structure response strike team to provide water shuttle support. Due to the recent mudslides, many fire hydrants in the affected area are out of service; as part of their daily operations, Water Tender 41 is testing hydrants for operational capability. Captain Mike Goth and Firefighter Mark Duson are currently assigned to Water Tender 41. A shift exchange will occur on Saturday, January 20th, if necessary.

Tuesday, January 16, 2018, was the filing deadline for candidates interested in running for one of the three open Sierra Madre city council seats in the April 10, 2018 Municipal Election. At the end of the filing period, four contenders emerged, three incumbent councilpersons Mayor Rachelle Arizmendi, Mayor Pro Tem Denise Delmar and Former Mayor and Councilmember Gene Goss. The fourth candidate, Andy Bencosme is a local realtor and the current chair of the city's Community Services Commission.

The election will also include two ballot measures, Measure D - Stop The Utility Users Tax and Measure A - An advisory ballot measure. (See related notice below).

On Martin Luther King Day, there were special happenings at the Great Race Place. Sierra Madre Resident and Santa Anita's iconic Paddock Captain John Shear celebrated his 97th birthday, in the Winner's Circle, surrounded by his wife Diane, family members, many jockeys and staff from the Park with a beautiful cake and many well wishes for a special day and great year ahead. (Thanks to Benoit Photography for AWESOME photos!) John is greatly loved by many and has worked for nearly six decades at Santa Anita! Joan Schmidt/MVNews

The Webb-Martin Group is proud to announce the expansion of their team with the addition of Jan Greteman!



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Sierra Madre Rose Float Association 2019 Float Design Contest:



This year's design contest will be held until Friday, February 9th 2018. The 2019 theme, as announced by TOR Chair Gerald Freeny, "The 2019 theme celebrates music - the universal language. "Music has the power to not only bring us together but take us back to memories and moments as nothing else can. Music is woven into identity, family, friendship and love. Music heals us, defines us, reminds us, & saves. All color all come together to create the soundtrack that defines our lives." music, the universal language,"

Design Guidelines:

1. Designs must be received no later than Friday, February 9th 2018, by 5 PM at P.O. Box 603, Sierra Madre, CA 91025.
2. Design submissions need to take into consideration the Pasadena Tournament of Roses 2019 theme as outlined above. *(Continued on page 2)*

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Weather Wise

6-Day Forecast Sierra Madre, Ca.

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Mon:	Sunny	Hi 50s	Lows 30s
Tues:	Sunny	Hi 50s	Lows 30s
Wed:	Sunny	Hi 60s	Lows 30s
Thur:	Sunny	Hi 40s	Lows 30s
Fri:	Sunny	Hi 50s	Lows 30s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR January 23, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, January 23, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council

January 23, 2018 at 6:30 pm
February 13, 2018 at 6:30 pm
February 27, 2018 at 6:30 pm

Planning Commission

February 1, 2018 at 7:00 pm
February 15, 2018 at 7:00 pm

Community Service Commission

February 26, 2018 at 6:30 pm

Senior Community Commission

February 1, 2018 at 3:00 pm

Library Board of Trustees

February 28, 2018 at 7:00 pm

Energy, Environment, and Natural Resource Commission

February 21, 2018 at 7:00 pm

SIERRA MADRE POLICE BLOTTER

January 7, to January 14, 2018

During this time period, the Sierra Madre Police Department responded to approximately 374 day and night time calls for service.

Tuesday, January 9

A non-injury traffic collision occurred in the 300 Blk. of Sturtevant Dr. During the investigation the driver was found to be unlicensed. The vehicle was towed per the owner's request, and the driver was cited for an unlicensed driver and released.

Thursday, January 11

At about 12:22 p.m., an officer reported to the station's lobby for a report from a resident regarding possible vandalism to her vehicle in the 300 block of Grove St. Case to Detectives

Sunday, January 14

Officers responded to a suspected drunk driver in the 00 block of W. Sierra Madre Blvd. at about 6:11 p.m. The officers conducted an investigation and arrested the man for a DUI violation, he was then transported to the Pasadena Police jail. Case to the DA's office

Unlicensed/Suspended License

During this time period citations were issued to 5 individuals that were operating their vehicles without a license or driving with a suspended license. Their vehicles were impounded or turned over to someone with a valid driver's license. Always be aware of the status of your license.

ROSE FLOAT (cont. from page 1)

3. Designers should consider the appropriate use of float riders, Sierra Madre Rose Princesses/Escorts (2-4) and animation. Float designs should represent a float no longer than 55 feet and 18 feet wide.

4. The design contest is open to all ages (need not be a Sierra Madre resident nor a Sierra Madre Rose Float Association member). Designs developed by Groups, Art Classes or other organizations are gladly received. Designers are encouraged also to submit more than one design.

5. Please provide a title to the float design. Submission should include a written description (no more than 100 words) of the concept and possible animations.

6. While only a very simple sketch is required to illustrate the concept, more detail can help in the selection process.

Design Rules:

1. Designs must be submitted on an 8 ½ X 11 "Theme Draft Form" in black & white pencil. No color drawings or oversized drawings will be accepted. Do not include the title of the float within the design drawing.

2. Designs submitted to the Sierra Madre Rose Float Association will become the property of the Association and may be modified by the Association to achieve construction and floral requirements.

3. Designers will be required to sign a Design Release form certifying the originality of their design and assigning those design rights to the Sierra Madre Rose Float Association.

4. The designer(s) may be asked for consultation.

5. The designer understands that he/she will receive no compensation, monetary or otherwise, for the use of the design and that the Sierra Madre Rose Float Association, City of Sierra Madre and/or the Pasadena Tournament of Roses have no obligation of any kind towards designer(s).

6. Submitted designs are not returnable.

7. Mail all designs to: Sierra Madre Rose Float Association P.O. Box 603 Sierra Madre, California 91025

Submission forms available at www.smrosefloat.org



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ARE YOU LOOKING FOR A WAY TO SERVE YOUR COMMUNITY?

The City of Sierra Madre currently has 2 commission vacancies:

Senior Community Commission
Energy, Environment, and Natural Resources Commission

Applications - The City of Sierra Madre encourages residents to apply for positions on City commissions that have vacancies. This is a great opportunity for Sierra Madre residents to get involved in the community.

If you are interested in filling any one of these vacancies go to the city's website, www.cityofsierramadre.com to download an application.



See something.
Say something.

Sierra Madre Woman's Club

550 W. Sierra Madre Blvd.

Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
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Games Tea

Sat, Jan 27 @ 1:00 - 4:00 p.m.

Scrabble? Rummy? Bunco? Mahjong? Other?

Lavish Tea Buffet Prizes,
at Wistaria Thrift Shop thru 1/22; OR

Admit One \$15

RSVP 355-6225 by 5 p.m., Wed, Jan 24

\$20 Thurs/Fri, Jan. 25/26 @ Thrift Shop & at Door on Sat

Explore Opportunities & Membership with Us
Become a Member - Enjoy Yoga w/ Paul Tuesdays, 10 am

GFWCSierraMadreWomansClub.org

Facebook/SierraMadreWomansClub 355-4379

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Sierra Madre Woman's Club

Wistaria Thrift Shop



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Monday, Thursday, Friday 10am - 3 pm

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10 am - 1 pm Weekdays at our donations drop-off
SMWC - Essick House Parking Lot

Coming Up: Spring Fling - March 1, 2 & 3

550 W. Sierra Madre Blvd. Sierra Madre, CA 91024

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GFWCSierraMadreWomansClub.org

Facebook/SierraMadreWomansClub



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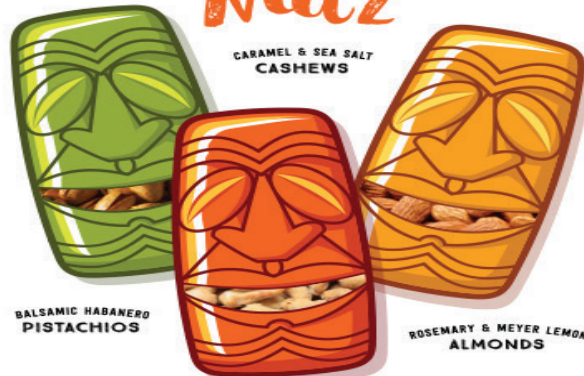
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City of Sierra Madre

OFFICE OF THE CITY MANAGER
CITY CLERK SERVICES

NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of Sierra Madre on Tuesday, April 10, 2018.

For Member of the City Council Vote for no more than three (3)
(order of names determined by Secretary of State randomized alphabet drawing)

Rachelle Arizmendi, Incumbent, COO/Mayor

Denise Delmar, Incumbent, Human Resources Director

Gene Goss, Incumbent, College Professor

Andy Bencosme, Businessman/Community Services Commissioner

Measures to be Voted on:

Measure D - Stop the Utility Users Tax

Measure A - Advisory Ballot Measure

For more information please call Laura Aguilar, Elections Official, Acting City Clerk, at (626) 355-7135, ext. 202

Laura aguilar
Acting City Clerk, Elections Official

posted: January 19, 2018

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Walking Sierra Madre...The Social Side

by Deanne Davis



"This year I just want to go on more adventures, be around good energy, connect with people, learn new things and grow."

"Its pages are blank. We are going to put words on them ourselves."

The book is called 'Opportunity' and its first chapter is New Year's Day."

"What if you simply devoted this year to loving yourself more!"

"Do more of what makes you happy!"

We're three weeks into the New Year and I'm actually keeping the resolution I made. It's one of those above. How are you doing with yours? What's at the top of most people's resolution list? Lose weight. Yep, year after year, we all want to lose weight. What else do we want to change about ourselves? More exercise? Less TV? More reading? Tackle the World's Great Books? Clean out our desk? Meditate? There are so many things we can do to make ourselves crazy trying to remake ourselves.

Exercise. Sigh... I don't do enough of it and I know it. You probably don't either. I've been giving myself the excuse of the bum knee, which will be replaced January 16th. Then I'll have no excuse at all. I'm also fond of It's too cold! It's too hot! But those are really lame and I admit it. For years John and I talked about taking a walk in the evening but there's something about it getting to be the end of the day when all one really wants to do is get into one's jammies and not doing anything more difficult than walk into the kitchen for... wait for it... not ice cream...not cookies...no, another glass of Trader Joe's lemon flavored sparkling water and maybe an apple.

The world of serious exercise folks tell us that we need just as much resistance training as we do cardio. Weight training makes for stronger bones and all sorts of good stuff. But you can't go to the gym till you do something with the bed-head hair, put some concealer on the bags under the eyes and, for pity's sake, just a little blush so one doesn't look like a zombie. Unfortunately, a very dear friend just sent me a cute little tin full of fudge. I love fudge. My favorite treat in this world? A McDonald's hot fudge

sundae. Yes, friends, I'm admitting that in print. I've already eaten 3 pieces of this fudge and have to figure out a way to store it out of my sight till Super Bowl Sunday so I can bring it out and leave it with other people.

This is getting way too close to home. I'm actually going to have to act on this as I've written it down. OK, the world is my witness, I'm going to start walking just as soon as I recover from my knee replacement. Even if it's freezing? Yep, even then.

I made a few more resolutions after reading an editorial Susan Henderson wrote a while back. Here are a few of her thoughts that really struck me: If we want to make society better, we must start with ourselves. How about not making generalizations that disparage people who are different. Consider making a concentrated effort to see people as individuals instead of lumping them in with whatever group is making bad news currently. If we start with ourselves, we can diminish the amount of hatred that permeates the air. Here is her resolution, with which I wholeheartedly agree: Let's all do better! Let's start with ourselves, one person at a time. Let's see if we can make love and respect spread that way. Let's make 2018 the year when we passionately, as individuals work on real change. Oh, if you're wondering which resolution I picked for myself? It's actually all of those up there at the top. Well, yeah, I'd like to lose a little weight, too. And maybe go through my closet and take out all the clothes I haven't worn in five years or longer. Maybe get my car washed more than three times a year. And, as Aaron Burr says to Alexander Hamilton in Hamilton: "Smile more, talk less!"

"Let there be peace on earth and let it begin with me." Jill Jackson Miller and Sy Miller - 1955.

My book page: Amazon.com: Deanne Davis - check out

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Sierra Madre CERT

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WHAT HAPPENS AFTER YOU SURVIVE A DISASTER?

Surviving a disaster like a flood, fire, hurricane or earthquake can deprive you of all the comforts you own. But that's only half of it, even with supplies of food and water, there will be psychological effects we will all experience. Loss of loved ones, home, and possessions will take their toll. Learning how to be prepared psychologically before a disaster is often overlooked.

Pat Alcorn, LCSW Retired, presents "Trauma and How to Cope After a Disaster." She is certified to work with Disaster Response Teams and has led groups following child abuse cases, drownings, workplace accidents, and the Whittier Earthquake.

Sierra Madre CERT General Meeting
Thursday, January 25th, 7:00 PM
Hart Park House - Memorial Park
222 W. Sierra Madre Blvd.
Sierra Madre, CA

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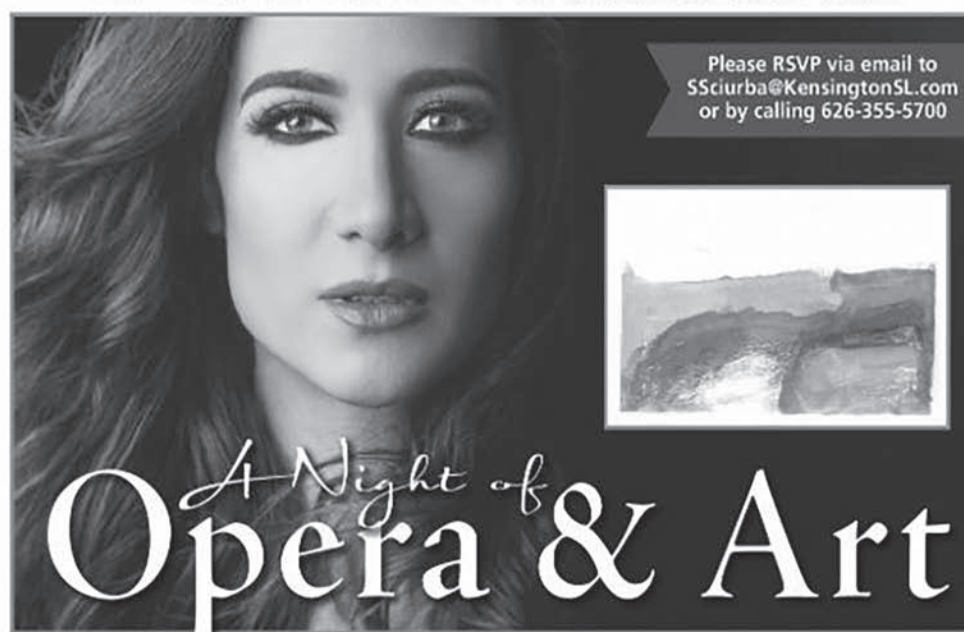
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Francesca Sola is an American performing and recording
artist based in Los Angeles. She is a classically-trained
operatic soprano with a background in musical theater.
Although she has performed professionally in both opera
and musical, her true passion is performing as a solo
artist in the Classical-Crossover genre. Francesca sings
for private events at venues around the United States and
the world. You can find her on Facebook as well as her
website, www.FrancescaOfficial.com

EVENT DETAILS

TUESDAY, JANUARY 23, 2018
From: 6:30pm - 8:00pm

at The Kensington
245 West Sierra Madre Blvd.
Sierra Madre, CA 91024
(626) 355-5700



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Pasadena Altadena

News From Your Community For Your Community

Police Looking for Burglary Suspect



Pasadena police are asking for the public's help locating a hot prowler burglary suspect who entered a home earlier this month.

According to police, on Wednesday, January 10, at approximately 7:45 a.m., a resident returned home and interrupted the depicted suspect during a burglary in the 200 block of South Catalina Avenue. The resident heard additional voices upstairs, which led him to believe there was more than one suspect.

The suspect appears to have entered the residence through an unlocked window. The resident was not injured during the burglary. The investigation is ongoing and no additional information is being released at this time.

The suspect is described as Black male, 6'-1"/athletic build, short black "buzz" cut hair and brown eyes. The suspect had a clean appearance. Approximately 20 to 30 years old.

Anyone with information should call Detective Chris Burchett at (626) 744-7088 or Pasadena Police at (626) 744-4241. To provide information anonymously, you may call "Crime Stoppers" at (800) 222-TIPS (8477).

Pet of the Week



Snowball (A448097) is a lovable bunny. Our volunteers love spending time with him because he is very inquisitive and not shy at all. When you open his kennel door he hops right up to you and sniffs you. He enjoys being petted, especially between the ears. If you give him attention for a few minutes he will show you how happy he is and do a few binkies in a row. Snowball and his pals are available for adoption at the Pasadena Humane Society.

The adoption fee for rabbits is \$35. All rabbits are spayed or neutered and microchipped before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A448097, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

Parade Theme, New President Revealed

Celebrating music new president picks 'The Melody of Life,' as parade theme.

The Pasadena Tournament of Roses Board of Directors announced Friday Gerald Freeny as President for the 2018-2019 Tournament year.

According to officials, Freeny will provide leadership for the 130th Rose Parade and the Rose Bowl Game on Tuesday, January 1.

Annually, the parade is presented by Honda and the football game by Northwestern Mutual.

Also announced was "The Melody of Life" as the Pasadena Tournament of Roses theme to encourage creativity in float entries, marching bands and equestrian participants.

"The 2019 theme, 'The Melody of Life,' celebrates music, the universal language," shared Freeny. "Music has the power to not only bring us together but take us back to memories and moments as nothing else can. Rhythm, melody, harmony and color all come together to create the soundtrack that defines our lives."

In an announcement, officials said, Freeny has been a volunteer member of the Tournament of Roses Association since 1988. In addition to his many years of service in the Tournament of Roses, his community involvement has included; president of the San Gabriel chapter of NOBLE (National Organization of Black Law Enforcement Executives), the Pasadena Police Foundation Board, Pasadena Police Citizens Academy, Pasadena Rose Bowl Aquatics Board, University Club, Pasadena YMCA Board, Black Support Group at Cal State LA, Urban League Board of Governors, United Way Fundraising Committee,



TOR President Gerald Freeny

Toast Masters and the Pasadena NAACP. Freeny has been on the Advisory Board of the Rose Bowl Legacy Foundation since 2016, and is also a member of Legacy's Museum Committee.

He attended Pasadena Christian School and John Muir High School in Pasadena, and received a bachelor's degree in business administration and finance from California State University, Los Angeles. Freeny is a member of both the Kappa Alpha Psi and Gamma Zeta Boulé of Sigma Pi Phi fraternities. Gerald resides in Altadena with his wife, Trina, and their daughter, Erica.

For more information about the game and parade visit: tournamentofroses.com.

Pasadena Man Charged with Conspiring to Illegally Obtain Technology Sent to China

Federal authorities this morning arrested two men, one from Pasadena on federal charges that allege a scheme to illegally obtain technology and integrated circuits with military applications that were exported to a Chinese company without the required export license.

Kiet Ahn Mai, 63, of Pasadena, and Yi-Chi Shih, 62, an electrical engineer who is a part-time Los Angeles resident, were arrested this morning without incident by federal agents.

Shih and Mai, who previously worked together at two different companies, are named in a criminal complaint unsealed this morning that charges them with conspiracy.

The complaint alleges that the men conspired to illegally provide Shih with unauthorized access to a protected computer of a United States company that manufactured specialized, high-speed computer chips known as monolithic microwave integrated circuits (MMICs). The conspiracy count also alleges that the two men engaged in mail fraud, wire fraud and international money laundering to further the scheme.

"This case outlines a scheme to secure proprietary technology, some of which was allegedly sent to China, where it could be used to provide companies there with significant advantages that would compromise U.S. business interests," said United States Attorney Nicola T. Hanna. "The very sensitive information would also benefit foreign adversaries who could use the technology to further

or develop military applications that would be detrimental to our national security."

The victim company's proprietary semiconductor technology has a number of commercial and military applications, and its customers include the Air Force, Navy and the Defense Advanced Research Projects Agency. MMICs are used in electronic warfare, electronic warfare countermeasures and radar applications.

"The FBI, working jointly with our law enforcement partners, remains committed to bringing to justice those who seek to illegally export some of our nation's most sensitive technologies to the detriment of our national security and hard-working United States companies," said Paul Delacort, Assistant Director in Charge of the FBI's Los Angeles Field Office. "Rest assured, the FBI will continue to diligently pursue any and all leads that involve the illegal exportation of U.S. technology which will cause harm to our long-term national security interests."

If convicted of the charges in the criminal complaint, Mai would face a statutory maximum sentence of five years in federal prison, and Shih could be sentenced to as much as 25 years in prison.

This case is being investigated by the Federal Bureau of Investigation; the U.S. Department of Commerce, Bureau of Industry and Security, Office of Export Enforcement; and IRS Criminal Investigation.

ALTADENA POLICE BLOTTER

Sunday, January 7th

8:18 AM – A grand theft occurred in the 1900 block of Meadowbrook Road. Stolen: currency.

2:00 PM – A vehicle vandalism occurred in the 2200 block of N. Lincoln Avenue. Vehicle damage: scratch driver's side door.

Monday, January 8th

7:20 PM – A vehicle was reported stolen from the 300 block of E. Woodbury Road. Vehicle described as a black 1998 Nissan Frontier. Vehicle was recovered approximately 20 minutes later in the same area.

5:50 PM – An assault with a deadly weapon and domestic incident occurred in the 1600 block of Morada Place. Suspect was taken into custody.

6:00 PM – A burglary from a garage occurred in the 3100 block of Fair Oaks Avenue. Suspect(s) entered the garage by prying the door. Stolen: LG stainless steel stackable washer/dryer, Bosch power tool, and miscellaneous construction tools.

Tuesday, January 9th

12:00 PM – A residential burglary occurred in the 2600 block of Glen Avenue. Suspect(s) entered the residence by shattering the window. Stolen: unknown.

12:00 PM – A package theft

occurred in the 1900 block of Garfias Drive. Stolen: package containing electric saw and other hardware.

12:30 PM – A residential burglary occurred in the 3100 block of Rubio Road. Suspect(s) entered the residence by prying the door. Stolen: unknown.

Wednesday, January 10th

11:00 AM – A petty theft from an unlocked vehicle occurred in the 1000 block of W. Palm Street. Stolen: red Coach wallet containing credit cards, currency, and keys.

5:55 PM – A residential burglary occurred in the 1200 block of Rubio Canyon Drive. Suspect(s) entered the residence by shattering the glass door. Stolen: green jewelry box, black and brown jewelry pouch, and miscellaneous costume jewelry.

Thursday, January 11th

8:00 PM – A theft from an unlocked vehicle occurred in the 2000 block of Lewis Avenue. Stolen: white and red canvas bag, black stethoscope, pink stethoscope, and purple leather purse.

Friday, January 12th

1:25 PM – An assault with a deadly weapon occurred in the 100 block of W. Harriet Street. Suspect was taken into custody.

11:00 PM – A domestic violence incident occurred in the 2000 block of Beverly Road. Suspect not in custody.

Recent Thefts of Gardening Equipment



The Pasadena Police Department is alerting residents of recent thefts of gardening equipment from the back of pick-up trucks. While you and your workers are maintaining the yards of our community, some of your equipment is left unattended.

This creates the opportunity for thieves to steal your tools from the unattended work trucks. In some isolated cases the thieves are stealing the entire work truck with the equipment.

Safety tips to deter thieves from stealing your equipment

1. Secure your equipment in the back of your work trucks through some kind of locking device and or heavy duty cables which are not easily cut.

2. Have a person with your work truck at all times.

3. Carry a list of serial numbers for large items such as lawn mowers, leaf blowers, trimmers...etc.

4. Take a picture of your equipment, if it is stolen you may be able to identify equipment through photographs.

5. Etch your name and an identifying symbol on your equipment.

Tuesday Musicale Free Concert

The Tuesday Musicale of Pasadena will present a free concert on Tuesday, Feb. 6, at 12:30pm in the Pasadena Central Library, 285 E. Walnut.

On the program will be a trio by Menotti played by Linda Tajima, violin, Emily Denney, Clarinet, and Louise Earhart, piano; Diana Briscoe, soprano, will sing arias by Richard Rogers and Richard Warner; Joyce Pan, violinist, will play violin solos for unaccompanied violin by Bach, Paganini, and Ysaye; and then Nancy Sensenbach and Nancy Chen will play Preludes by Gershwin and Randall Compton for piano Four-Hands.

The concert is handicapped accessible. For more information visit: 5.cityofpasadena.net/library/.

Embattled Board to Discuss Bylaws, Brown Act Training



By Dean Lee

After numerous open meeting violation allegations and the issue being discussed at their last meeting, the Altadena Library Board of Trustees is set Monday night to again discuss Brown Act board training as it applies to their meetings. The board last met Nov. 27.

At issue, was a previous Oct. 28 board meeting where Trustees publicly said that Altadena residency was required to speak during public comment, going so far as to put, "Citizens of Altadena may address the Board regarding any item of Library business on or not on the agenda."

The Brown Act states that any member of the "public" can address the legislative body and to deny comment is unconstitutional. The privilege is protected by law.

"I'm glad to see I didn't need to provide my passport, prove my citizenship, nor was a required to demonstrate that I live in Altadena," said local activist Rene Amy at the Nov. 27 meeting. "I think that's good, and I'm glad to see that foolishness, is gone."

Members of the public have also expressed concern over secretive and serial meetings, as the entire board has been witnessed, and recorded, openly discussing library business before and after public meetings. People also familiar with the situation have said, and received, emails circulated between all board members, a violation of the Brown Act known as "daisy-chain" meetings.

Monaca Hubbard a founding member of Neighbors Building a Better Altadena said, at the Nov. 27 meeting, their group (NBBA) was appalled at the rude and disrespectful tone exhibited, at the Oct.28 and Oct. 23 meetings, towards the public and library staff, she also alleged they tried to change previous meeting minutes," without the legislative process."

Free January Events at Pasadena Senior Center

There is something for everyone in January at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

A Toast to the Joys of Music – Tuesdays to Jan. 30, from 9:30 to 11:30 a.m. Tom Campbell will play guitar and sing songs in the Senior Center Lounge. Stop by and enjoy his covers of traditional country, country rock, blues, folk, gospel and classic rock originally made famous by Willie Nelson, Merle Haggard, Vince Gill, Elvis Presley, B.B. King, Neil Young, The Grateful Dead, The Rolling Stones and many more.

Scenic Walkers Club – Wednesdays to Jan. 31, at 10 a.m. Join this new group for a series of leisurely walks to enjoy the great outdoors and get some exercise. Alan Colville will give you a list of items to bring, let you know what to expect, provide detailed itineraries and arrange transportation. Destinations this month will include Descanso Gardens, Lower Arroyo Seco, Los Angeles County Arboretum and Botanic Garden and Eaton Canyon Natural Area. For more information or to sign up, email alancolville@charter.net.

Domino Club – Thursdays to Jan. 25, at 1 p.m. If you've never

Hubbard also complained about restricted public comment and the requirement of stating a current address of residency in Altadena to speak.

Former trustee Mark Mariscal along with Amy, also expressed concern over the lack of documentation at meetings associated with action items, including the hire of an independent auditor focused on forensic accounting and fraud investigation. When asked, current board President John McDonald, said he had a few "unanswered questions" about the library's finances. Although McDonald said they would further discuss the issue, it had not been included in Monday's agenda. The board is set to discuss Final Draft of the Annual Financial Report.

On Tuesday, less than a week before the next meeting, board members also requested that they evaluate, in closed session, the performance of District Director Mindy Kittay something Kittay said she was unaware they planned.

Trustee Armando Zambrano had criticized Kittay and library staff for the rundown condition of the Bob Lucas Branch library. He said all the attention, through recent renovations, was being given to the Main Library. He expressed concern over not painting the outside of the Bob Lucas Branch.

Kittay said Friday that she was going to request any evaluation of her job performance be done open to the public, "I don't know what they are going to do?"

The Board of Library Trustees regular meeting will be held Monday at 5 p.m. starting with closed session. Kittay said she expects the board to recess back into open session around 5:45 p.m. advising members of the public, wishing to addend, to show up then. The meetings are held in the community room of the main library, 600 East Mariposa Street.

played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for more seasoned players. Oh, and please excuse the laughter every Thursday...it's contagious! For more information call Vicki at 928-478-4654.

How to Read Your Lab Reports – Thursday, Jan. 25, at 10 a.m. Many times your doctor will run blood tests and not bother to tell you what they mean. Dr. DeLu will explain how to read your results. Some of the tests he will cover include: CBC, Chem 7, Chem 13, thyroid, vitamin D, urinalysis (blood, sugar, proteins), fasting blood sugar; and both good and bad cholesterol. Also, he will explain what a compounding pharmacy is and what services they provide. Presented by Dr. Henry DeLu of Farma Pharmaceuticals.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA UNIFIED NAMED TO THE COLLEGE BOARD'S PRESTIGIOUS AP® DISTRICT HONOR ROLL FOR SECOND CONSECUTIVE YEAR



For the second consecutive year, the Arcadia Unified School District has earned a spot on the College Board's prestigious AP® District Honor Roll. Of the thousands of school districts across the nation, Arcadia Unified is one of only 106 school districts to receive this honor for back-to-back years.

“It is very uncommon for districts to win this award in consecutive years,” shared the College Board. “The requirements to win are the same each year, with recipients defying the expectation that expanding access to students of all backgrounds automatically results in a decline in the percentage of exam scores.”

Arcadia High School's expansive advanced placement (AP) and Honors program offers students 20 AP courses and eight Honors courses. Beginning its “open access” format in the 2014-2015 school year, which allows all students to enroll in AP and Honors courses without having to meet additional prerequisites, Arcadia High has seen a steady increase in the number of students enrolling in AP and Honors courses. The pass rate on AP Exams has also remained exceptional. In 2017, 2,420 AP Exams were taken, which is over 150 more than the total number of tests taken in 2016. These exams were taken by 1,212 students with a remarkable 87.5% pass rate. In 2017, more than 4,000 colleges and universities around the world received AP scores for college credit, advanced placement, or both, and/or consideration in the admissions process.

“Our goal in Arcadia Unified is to empower students to take command of their learning experiences,” expressed Arcadia Unified Superintendent Dr. David Vannasdall. “Having made this list for multiple years validates the work our teachers and staff do to inspire our students to elevate their educational journeys through access to AP and honors courses.”

To be included on the 8th Annual AP® District Honor Roll, Arcadia Unified had to increase the number of students participating in AP, while also increasing or maintaining the percentage of students earning AP exam scores of 3 or higher. Specifically, the College Board analyzed AP data from 2015-2017 for the following criteria:

Increased participation/access to AP by at least 4% in large districts, at least 6% in medium districts, and at least 11% in small districts; Increased or maintained the percentage of American Indian/Alaska Native, Black/African American, Hispanic/Latino, and Native Hawaiian/Other Pacific Islander students taking exams and increased or maintained the percentage of American Indian/Alaska Native, Black/African American, Hispanic/Latino, and Native Hawaiian/Other Pacific Islander students scoring 3+ on at least one AP Exam; and Improved or maintained performance levels when comparing the 2017 percentage of students scoring a 3 or higher to the 2015 percentage, unless the district has already attained a performance level at which more than 70% of its AP students earn a 3 or higher.

“Congratulations to all the educators and administrators in this district who have worked to clear a path for more students of all backgrounds to participate and succeed in AP,” said Trevor Packer, head of AP and Instruction. “These educators and administrators are fostering a culture in their schools and classrooms that allows students to face new challenges and build the confidence to succeed.”

Arcadia Unified is one of only five districts in Los Angeles County to be named to the prestigious 2018 AP® District Honor Roll and was also awarded this distinction in 2010 and 2017. Arcadia High School has been distinguished as a U.S. News and World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Newsweek named Arcadia High on its Top Public High Schools in America list. The Home of the Apaches was also recently identified by Niche.com as being in the top 2 percent of the best public high schools in California. For the second consecutive year, Arcadia High's 2017 graduating class had at least one student accepted into every Ivy League school in the country.

For more information about the Arcadia Unified School District, please visit www.ausd.net.

ARCADIA POLICE BLOTTER

For the period of Sunday, January 7th, through Saturday, January 13th, the Police Department responded to 827 calls for service, of which 107 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, January 7:

At about 9:29 a.m., an officer conducted a traffic stop on a vehicle in the area of Baldwin Avenue and Arboretum Way for expired registration. Upon contacting the driver, the officer discovered the 29-year-old male from Long Beach was driving without a license. He was cited and released in the field. The vehicle was left legally parked.

Just after 3:45 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a theft report. A loss prevention specialist witnessed and detained a suspect who concealed over \$450 worth of items in her purse before exiting the store, failing to make payment. The 31-year-old female from Alhambra was cited and released at the scene.

Monday, January 8:

At approximately 10:10 a.m., an officer was dispatched to Licha Construction, 124 North First Avenue, regarding a theft report. A suspect was seen entering a janitor's closet and exiting with 20 rolls of bathroom tissue. Further investigation revealed the suspect had two outstanding warrants for his arrest. The 66-year-old male from Pasadena was arrested and transported to the Arcadia City Jail for booking.

Around 8:00 p.m., an officer conducted a traffic stop on a vehicle for an equipment violation while patrolling the area of Foothill Boulevard and Michillinda Avenue. An investigation revealed the driver was in possession of drug paraphernalia and methamphetamine. He also had an outstanding warrant for his arrest. The 43-year-old male from Pasadena was arrested and transported to the Arcadia City Jail for booking.

Tuesday, January 9:

At approximately 5:24 p.m., officers responded to a residence on the 2300 block of South Second Avenue regarding suspicious circumstances. Two suspects disguised as law enforcement officers knocked on the victim's door. When the victim answered, she noticed a vehicle that resembled a law enforcement vehicle. The suspects claimed to be DEA agents with a search warrant to seize weapons. One suspect detained the victim while the other suspect stole over \$100,000 worth of jewelry and cash along with several handguns. The investigation is ongoing.

Just before 10:23 p.m., officers were dispatched to a residence on the 700 block of West Sharon Road regarding a home invasion robbery that had just occurred. An investigation revealed a female suspect knocked on the door and asked to use a phone. When the victim opened the garage door, two suspects entered and held the victim at gunpoint while they attempted to kick in the door leading into the home. The suspects fled when they were unsuccessful, into a dark colored sedan where the third suspect was waiting. The suspects are described as two black females, approximately 5'4", 17 to 19-years-old, with thin builds and a black male approximately 19 to 20-years old, 6'01" or 6' 02" with a goatee.

Around 11:24 p.m., officers responded to the 700 block of Estrella Avenue regarding the report of a home invasion robbery that had just occurred. An investigation revealed

that a female suspect knocked on the door and asked to use their phone. When one of the victims opened the door, three suspects entered the home and held the family at gunpoint while they ransacked the home. The suspects fled with the victims' cash, cellphones, tablets and jewelry. The suspects are described as two black females, approximately 5'7", 20-years-old, with thin builds and a black male, approximately 6'04", thin build, with a goatee.

Wednesday, January 10:

At about 1:48 p.m., an officer conducted a traffic stop on a vehicle in the area of Camino Real Avenue and Tenth Avenue for an equipment violation. Upon contacting the driver, the officer discovered the 29-year-old male from Monrovia was in possession of drug paraphernalia, driving with expired registration and no proof of insurance. He was cited and released in the field.

Thursday, January 11:

Around 7:45 p.m., an officer responded to a residence on the 1100 block of West Duarte Road regarding a theft report. The victim stated that he ordered a vacuum cleaner online worth approximately \$500. He tracked the package and confirmed it had been delivered to his home. An unknown suspect stole the package from his front porch and fled the scene in an unknown direction.

At approximately 9:27 p.m., officers responded to a residence on the 100 block of West Norman Avenue regarding a burglary in progress. The victim heard the sound of glass breaking from a front window. An investigation revealed the window had been damaged but did not fully break. No suspects were seen, and no witnesses were located.

Friday, January 12:

Just after 2:43 p.m., an officer patrolling the area of South First Avenue and California Street stopped two bicyclists for a municipal code violation. An investigation revealed one subject, a 43-year-old female from Pomona, had four outstanding warrants for her arrest. The second subject, a 29-year-old male from Pomona, had one outstanding warrant for his arrest and he was in possession of a stolen driver's license. Both subjects were arrested and transported to the Arcadia City Jail for booking.

Just before 4:04 p.m., an officer was dispatched to Abercrombie and Fitch, 400 South Baldwin Avenue, regarding an embezzlement report. A female employee was detained by Loss Prevention officers for stealing almost \$1,200 over the period of one month. The 18-year-old female from San Gabriel was arrested and transported to the Arcadia City Jail for booking.

Saturday, January 13:

At approximately 10:36 a.m., an officer responded to the 400 block of East Santa Clara Avenue regarding a vehicle burglary report. The officer discovered an unknown suspect cut chains connected to the bed of the victim's truck and stole his gardening equipment. The investigation is ongoing.

At around 10:37 p.m., an officer conducted a traffic stop on a vehicle on the 600 block of Duarte Road for an equipment violation. Further investigation revealed that the driver, a 19-year-old male from Arcadia, had an outstanding warrant for his arrest. He was arrested and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

HAVE AN ISSUE OR QUESTION?

Come to the Monrovia Arcadia Duarte Town Council



By Joan Schmidt

January's Monrovia Arcadia Duarte Town Council was well attended-40+ and many stayed past the meeting to obtain more information or just visit.

There were two great guest speakers: Arcadia PD Community Services Officer Mike Vercillo and Sheree Johnson, Adventist Health Glendale Foundation. Mike gave his excellent presentation on Proposition 64 which legalizes recreational use of cannabis. He explained it is permitted in your home, backyard, but not public places. Visit <http://cannabis.lacounty.gov> for further info. Ms. Johnson, Health Liaison works tirelessly to prevent children from smoking. She gave a staggering statistic in the US, 1200 die daily as a result of smoking and spoke of various cities' regulations such as Monrovia-no smoking in any City park. She mentioned a "Sting operation." Of 26 licensed to sell tobacco stores, 11 were willing to sell to underage youths! Ms. Johnson visits classrooms- as young as 2nd grade to educate children. Visit ahglendalefoundation.org.

Debra Mendelsohn, Senior Field Deputy for Supervisor Barger noted that one year ago, the Supervisor took office. Since then, the Supervisor has sponsored "Station Square Concerts" with the City of Monrovia, "MAD Communities Day" at the Fair, "Winter Wonderland" at Pamela Park; she had supported renovations at Pamela Park and a new Live Oak Library. Mrs. Mendelsohn has attended EVERY Town Council Meeting, and addresses residents' concerns. Traffic issue at Mayflower/Longden, Arcadia-now there's a 4 way Stop Sign. Drainage issues at Plymouth School-after FOUR years, Terrence Williams alerted Mrs. Mendelsohn

and it was resolved, Residents question Mrs. Mendelsohn about various issues and she contacts appropriate county agencies.

Next was Deputy April Nelson, our Liaison as well as seven OTHER unincorporated areas. Dep. Nelson attends EVERY meeting and gives crime trends. She suggests methods of crime prevention and encourages Neighborhood Watch. She has dealt with code violations and answered traffic questions. She also had a hand in the new 4-way stop sign. At Pamela Park, she is greatly concerned with children walking from Maxwell School to the great afterschool programs at the Park. They NEED sidewalks. She also is alarmed about the exit from the Park to Pamela Rd. and is working tirelessly to get a 3-way stop sign.

Deputy Nelson introduced the OSS (Operation Safe Streets) Team currently at Temple Station. Because they are under Headquarters, they are able to attain additional funds. They include Sergeant Brian Richardson, and Detectives Carlos Millan and Sal Picarella, who explained the Gang Injunction and how it expedites gang members leaving our areas. When questioned about preventing youths entering gangs, we were told of the Sheriff's Department's VIDA Program, Afterschool Sports and other YAL activities.

Sam Estrada gave an update on Pamela Park's activities, (See Dec.30 issue) and wonderful Library programs were explained.

Please come to the February 21 Town Council Meeting at Pamela Park, 2236 Goodall Ave., Duarte at 7pm. You won't be disappointed!

Studio Movie Grill in Old Town, at 7:00 p.m. Additional details will be provided in the coming weeks, but we did want to let everyone know about the event in hopes that you will save the date and join us as we take a look back at 2017 in Monrovia!

Save the Date - Monrovia's State of the City Address set to Take Place on Monday, January 29, 2018, at Studio Movie Grill at 7 p.m. We wanted to let everyone know that our annual State of the City Address is scheduled to take place on Monday, January 29, 2018, at

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 425 service events, resulting in 76 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Alcohol Offense / Suspended License January 11 at 8:17 a.m., a caller reported a suspicious vehicle with two males inside parked in the area of Alta Vista and Concord. The subjects left the area but officers were able to locate the vehicle which had expired registration. Further investigation revealed there was an open container of alcohol in the vehicle and the driver had a suspended license. The driver was cited and the vehicle was stored.

Possession of Methamphetamine / Parole Violation – Suspect Arrested January 11 at 1:31 p.m., an officer was on patrol in the 1600 block of S. Myrtle when he noticed a suspicious subject standing by the men's bathroom at Station Square. The officer made contact with the subject and during the search of the subject, officers found he was in possession of methamphetamine. The subject was also on active parole. The suspect was detained and taken into custody.

Apprehension of Wanted Felon January 11 at 7:11 p.m., detectives were conducting surveillance in an attempt to apprehend a wanted felon in the 800 block of S. Magnolia. The subject was eventually seen and as officers moved in to arrest him, he fled. A short foot pursuit ensued until the subject hid in a fenced area in the 200 block of W. Huntington. A containment was set up, outside agencies including K9 Units responded to assist as well as a Police Helicopter. Once secured, a K9 announcement from the helicopter was made and the suspect surrendered. The suspect was arrested and taken

into custody without incident.

Domestic Violence – Suspect Arrested January 12 at 5:42 a.m., officers were dispatched to a business in the 900 block of S. Fifth on the report of a disturbance. The female was visiting her ex-boyfriend, they drank and began to argue. The male subject hit the female, she sustained several visible injuries due to the altercation. The male was arrested for domestic violence.

Non-Injury Traffic Collision / Driving Under the Influence of Alcohol – Suspects Arrested January 13 at 3:23 a.m., an officer was on patrol in the 100 block of W. Central and noticed a traffic collision that had just occurred. The vehicles had pulled to the side of the road. The officer made contact with them and further investigation revealed both drivers were under the influence of alcohol. Both drivers were arrested and taken into custody.

Theft / Evading a Peace Officer – Suspect Arrested January 13 at 7:12 p.m., officers were dispatched to a business in the 500 block of W. Huntington regarding a subject stealing merchandise. While the officers were enroute, the suspect fled in a vehicle. Officers caught up to the vehicle after a short pursuit on the 210 freeway eastbound when the suspect exited at Myrtle. The suspect was arrested and taken into custody. Outside Assist (Lost Hiker) January 14 at 3:47 p.m., a caller reported he was lost in Canyon Park. The hiker left the trail and became disoriented. An air unit checked the area but was unable to locate him. The dispatchers called his cell phone numerous times before they were able to reach him. When they reached him, they explained to the caller step by step how to send his location over the phone. The phone died shortly thereafter. Search & Rescue were contacted for assistance and shortly after the lost hiker was located.

WE WANT TO KNOW... WHAT DO YOU THINK ABOUT THE POSSIBILITY OF ALLOWING TATTOO SERVICES AS AN INCIDENTAL USE IN OLD TOWN?

Recently, the City received a request to allow businesses in Old Town Monrovia to include tattoos as a service they provide. Currently, tattoo businesses are not allowed in Old Town, and to facilitate the request, an amendment to the Monrovia Municipal Code will be required. However, before moving further in the process, the City Council asked staff to reach out to Old Town stakeholders to get the community's thoughts about the proposed change. As proposed, the change in the City's regulations would allow tattooing as an incidental use.

Specifically, the use would be secondary to a primary business type and the amount of floor area it could occupy would be limited to a small portion of the overall business. This is similar to the way

Monrovia regulates massage businesses, where in Old Town, massage can be offered as one of the services provided by a business as long as it does not occupy more than 20% of the floor area of the business. The City is interested in your thoughts regarding tattooing in Old Town, and in order to gather as much feedback as possible, an online survey has been created. The survey will be available through January 25, 2018, and take only a few moments to complete. To access the questionnaire, please click here to start the survey. City staff will report on the feedback we receive in February 2018, and if you have any additional comments / questions, please contact Craig Jimenez in the Community Development Department at cjimenez@ci.monrovia.ca.us. Thanks in advance for your time and assistance!

MONROVIA SCOUTS DIVE INTO SUBMERSIBLES



Upland, California: Sunday January 14th, 2018 Monrovia Pack 66 & Monrovia Troop 66 Scouts had a rare opportunity not afforded to many to see and learn about submersibles at SEAmagine Hydrospace Corporation. Off a small road near Cable Airport sits a warehouse, where 10 engineers build the most amazing privately owned submersibles in the industry, let alone the world. Granted if you have a few million lying around you too can be the proud owner of one of these beauties, I foresee a lot of fundraisers for our scouts.

President and owner Charles Kohnen of SEAmagine gave our Scouts a behind the scenes tour and presentation of the operation that has transformed the world of undersea exploration. Our Scouts were treated to a demonstration of the submersibles robotic arms, an up-close and personal view of two submersibles on display in the warehouse and an in-depth presentation and videos of how they work.

Our Scouts learned about the long history of producing the personal submarines and private submersibles. The company's private submersibles have performed thousands of dives around the world from many types of superyachts and in

a wide range of sea conditions. These personal submarines and private submersibles have been used in scientific, commercial, and superyachts and have also been used in National Geographic, BBC, and other numerous film projects. SEAmagine has a perfect safety record and a solid track record in reliability and practicality in both the professional and superyachts markets.

Many of Pack 66 Cub Scouts are working on their STEM NOVA awards and this adventure will almost complete Cub Scout Bear Max Riley's requirements. The Scouts were engaged and asking many questions about depth, pressure, breathing, time under water, and types of submersibles as well as the difference between a submarine and a submersible. The answer given by Mr. Kohnen will never be forgotten...a submarine has a toilet and a submersible does not.

If you would like your children, boys and girls to have adventures like this please contact Monrovia Pack 66 ages 5-10 and Troop 66 ages 11-18 at monroviatrop66@gmail.com or call Mr. Peters at 626-485-1032 for more questions. Our meetings are on Mondays from 7-8:30pm at Monrovia Vineyard Church 1307 S. Myrtle Ave., Monrovia.

LA SALLE LAUNCHES SEARCH FOR NEW HEAD FOOTBALL COACH

Pasadena, CA -- La Salle High School has initiated a search for a new head football coach. Russ Gordon has left La Salle in order to take a position as Head of Football Operations at the collegiate level.

Gordon, who was hired in 2012, was an instant success as the Lancers won the first 10 regular season games with him as the head coach after taking over a team that went a combined 1-19 in 2010 and 2011. Gordon's program won 36 games in his tenure, including the school's first playoff win in 10 years.

"Although we are disappointed to lose Coach

Gordon, we know this change is a great opportunity for him and his family," said La Salle's President, Dr. Richard Gray.

"Finding the next great coach who will lead La Salle into a new era of Lancer Football is our priority and we are excited to move forward in that process," commented Courtney Kassakhian, Principal. La Salle will be accepting applications for the Lancers Head Football Coach beginning today.

Please contact La Salle's Athletic Director, Anthony Harris, at aharris@lasallehs.org for details.

SCHOOL DIRECTORY

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200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
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(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave. Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
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(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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(626) 821-8300 Website: www.ausd.net

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RAPTOR'S RAPTURE

One weekend my husband and I decided it had been far too long since the last time we'd gone "out to country", so we put everything else aside and drove to Lake Matthews in Perris, CA to spend the day at the Animazonia Wildlife Foundation's big cat refuge.

Animazonia opens the gates to their gorgeous sanctuary for public visitation & site tours on the first Saturday of each month. If you have never visited the Animazonia Wildlife Refuge or the Lake Matthews area for that matter, I highly recommend it. Steep, rounded rolling hills with huge boulders & dramatic outcroppings add remarkable beauty to the wide open country as you wind your way up passed the lake and you'll enjoy the fabulous view of Mount Baldy in the distance, to the north.

You'll see herds of sheep on the hillsides and small farms along the way with horses, chickens and goats. But to me, the best part of the drive was seeing numerous big birds soaring in the sky around the lake and over the meadows. If you do decide to take that drive, be sure to stop by and say hello to the ladies who work so hard at Animazonia Wildlife Foundation.

That month's feature event at Animazonia, entitled "Raptor Release" was sponsored by the Orange County Bird of Prey Center (OCBPC) and presented by veterinarian Dr. Scott Weldy, director of the organization and owner of Serrano Animal & Bird Hospital in Lake Forrest, CA.

Raptors, or birds of prey include owls, eagles, falcons, condors, hawks, ospreys, kites, and vultures. They have strong grasping feet with sharp talons for catching and holding prey. Their hooked upper beak tears and kills their catch, and their binocular vision allows them depth perception for hunting.

Raptors are very important to our environment because they help maintain the balance of nature by controlling the population of rodents, reptiles, insects and other small wild life. Because of the important role they play in the balance of nature, raptors are now protected by state and federal laws, but if you ask me, their beauty and elegance alone is enough reason to protect them.

Well-known for his sincere heart-felt dedication to rescuing and rehabilitating orphaned, injured or ill birds of prey, Dr. Weldy brought with him 5 raptors, 3 of which had been rehabilitated and were ready for re-introduction to the wild. The other 2 were "Hank", a gorgeous red tail hawk and "Gus", a sweet petite screech owl. Both had been rescued as youngsters and had spent their formative weeks as babies being cared for by humans, so they came to know the humans as their parents.

This phenomenon of nature is called "imprinting" and it can be the reason why some wild birds in captivity will never have a chance to be released and fly free again. Dr. Weldy and the Animazonia staff volunteers gave a very interesting and educational presentation which was quite a treat, but the best part of the event was

when the 3 raptors were released.

It was an emotional experience to watch them take to the sky, after being in captivity for the treatment & care that allowed them to become healthy enough to fly again. As each bird flew away, I couldn't help thinking they were being lifted up to the heavens and given a second chance at life, much like the rapture we read about in the Bible.

All 3 birds had their own story to tell, from being pushed out of the nest too early by a larger sibling, to falling from the sky after coming into contact with an electrical wire or some other man-made obstruction. All 3 had been rescued at a crucial time, when it was touch and go, life or death. They were the lucky ones who were found by someone who cared enough to rescue them.

As I watched each raptor flying up into the heavens, it gave me new hope that wild creatures are way more tenacious than I sometimes think they are. It is true that they appear quite delicate when they fly high in the sky and they can be rendered vulnerable due to habitat encroachment or various other causes of injury or illness, but the raptor is one tough bird that will not give up without a fight, and that is yet another lesson learned from nature's wild creatures that I can live by.

If you should happen to come across an injured or orphaned bird of prey, please call the local Animal Control Department, or contact OCBPC @ 949-837-0786 to report it. Do not attempt to care for an injured or orphaned raptor yourself. Not only is it against the law to do so, but it may result in serious injury to you or the bird.

If it is necessary to handle the injured bird before the pros arrive for the rescue, use heavy gloves and a towel or blanket for easier handling. Grasp the bird on the sides, over properly folded wings and place it in a cardboard box just slightly larger than the bird itself. It is important to keep a record of the time, date and location of the capture.

Some raptors have been "banded", meaning they were in captivity at some point, and are now wearing an ID bracelet that will provide important information and a phone number to call. Be certain that any baby bird you might find is truly orphaned before removing it from the area. It may have fled it's nest, but still being cared for by it's parents that are not visible but nearby, in which case it is much better off being left alone. Show respect to all wildlife, and as always, love and let live!



FOSTERS NEEDED!

Katnip News!



We are in urgent need of fosters homes for our shy cats! You can make the difference for one, like GIGI and others who are too shy to take to adoptions but who can blossom in a loving foster home! Gigi is almost age 3, and is a gorgeous, sleek, all black beauty! Although very shy, she is making slow but good progress with the help of treats. She will need stability, gentleness, and patience, but as we always say: Even skittish cats deserve a forever home! We've seen amazing things happen when "scaredy cats" finally feel love and security! We pay for any needed vet care, fosters provide food, litter, safety, and love. We have a whole



page devoted to our shy cats at <http://www.lifelineforpets.org/shy-cats-need-homes-too.html>. Call for for info or a foster application: 626-676-9505 or 626-797-1753.

BEST FRIEND

Lovely Lola is a Chihuahua mix girl, a little over 5-years-old, weighing about 8 pounds. She is a good-looking girl with a short black and tan coat that shines after she has had a bath. Lola is a sweet girl who was surrendered due to a difficult family situation. Lola loves getting attention, and will easily jump into a friendly lap, sharing kisses with her human friends. Lola seems to enjoy going for walks to the park. She walks well on leash and is easy to handle. She is friendly with people and with other dogs. Lola appeared on Pet Project LA, showing what a well-behaved, calm girl she can be. Prior to her TV appearance, Lola spent the night with one of our volunteers who reports Lola was a perfect



houseguest. Lola deserves a new secure and loving home. If you can offer Lola a forever home, please come and meet her, she is eager to start her new life. Her adoption fee is \$130, which includes spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Lola. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

Happy Tails

by Chris Leclerc



HEALTHY LIFESTYLES

Yogic Wisdom for Everyday Life

YOGA AND AYURVEDA ON STRESS



Together yoga and its sister science Ayurveda, provide a well-rounded

solution to address the effects of stress. It's an interesting point of view that empowers each one of us to live the life we want each day. Stress is not always out of our control. Viewing through the lens of Ayurveda-- one of the world's oldest medicinal systems--stress has a significant impact on our vital energy reserve (Ojas) and causes a weakened immune system.

Stress is primarily associated with Vata and Pitta Doshas or Mind-Body types. Kapha Dosha, made up of earth and water, is literally "unmoved" by stress and tends not to worry, over-schedule or react quickly. So let's focus on the other two. Vata-type (air & ether): Stress occurs through anxiety, fear, excess travel, loss (relationships, jobs, etc.), physical trauma, being worn out and energy depletion. Pitta-type (fire & water): Stress occurs through anger, intensity, deadlines, physical trauma, competition and drive, and being burned out.

Stress is inevitable. However, by knowing our own tendencies, we have one of the keys to reduce stress. A plan for support and self-care can be planned in advance.

If you identify with Vata-type stress, creating stability and regularity is most important. This can be done through schedules, diet and rest. When things are always changing or "up in the air," it creates fear and uncertainty which can exacerbate stress.

If you identify with Pitta-type stress, creating calm and coolness is best. The key is lessening the intensity of tasks and thinking. Have you ever gotten a headache from thinking? That means intensity needs to go down!! Restorative practices that facilitate the practice of letting go are essential. Restorative yoga, yoga nidra, and meditation are wonderful.

A regular yoga practice does wonders for stress reduction. The body and breath receive nourishment while our overall well-being also improves. Yoga gives us skills to cope with the ups and downs of everyday life. There's a seed of self-compassion and self-love planted each time we do yoga. It teaches us that we are human and striving to do our best on this journey called life.

Ask questions and learn more about yoga, meditation and Ayurveda by emailing me at keely@keelytotten.com.

Namaste,
Keely Totten, Yoga Teacher, Mentor & Writer

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

PLEASE AND THANK YOU

I have declared 2018 to be the year for unapologetic, joyful living. It feels so good to be joyful, and it is a choice, although sometimes we don't recognize our power to choose. Aspire to live joyfully every day. When I get up in the morning, I practice gratefulness, and then I meditate. Mindfulness helps me set the tone for my day. I remind myself throughout the day that while I cannot control other people or circumstances, I have control over my responses. I can influence the conditions around with my attitude and manners. Being kind just feels good. What could you do to welcome more joy in your life? Try releasing criticism and judgment quicker. Let go of anger and blame. When a thought comes to mind that does not give you life, release it instead of pondering a contrary notion. Holding a grudge is not healthy, it does more harm to you than the other party. Set a goal to create healthy boundaries this year. Do not engage in activities out of guilt. If you don't want to participate

in a project or complete a task, be honest and decline. No is a complete sentence. No one enjoys being in the company of a resentful person. You have permission to ask for exactly what you want. When the little voice inside your head asked, "Can I go on vacation two months in a row? Answered boldly, "Yes I can!" This year ask for what you want, and then excitedly and expectantly be ready to receive it. When an opportunity comes to you, ask yourself, "would I love that?" If so, keep the door of possibility open. Don't become overwhelmed with the mechanics of how. With an open mind, good ideas will come to you to make your dream a reality. Let 2018 be the most joyful ever and be ready to receive. Lori is lawyer and coach. She's offering free clarity sessions at her website www.LoriAHarris.com/chat sign up today, and you will be on your way to joyful living for 2018.

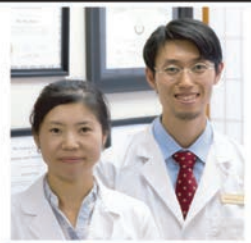


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TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

WACKY WINE NAMES

With Valentine's Day Fast approaching, I take a pause this week to find the most wacky and bizarre wine names on the market today. Have you ever pondered how the heck some of these names actually made it onto a wine label and then onto a store shelf? I pride my work here on wines that are always available on your favorite wine retailers shelves, although this week I make no guarantees. I wonder whether as much consideration has gone into the label as coming up with the perfect blend, or is it that the wine just isn't that good and with a bizarre name maybe someone will buy it. I've been told that getting your wine on a shelf is very difficult, especially for small boutique wines.

Most wines are named for their grape variety or for the place where the grapes grew. That information, plus the name of the producer, becomes the shorthand name often used when talking about the wine. For example, Lucas Lewellen of Solvang (yes, there is a Lew at the Lucas Lewellen Winery), and Wild Horse Winery which was started by two college students at San Luis Obispo who noticed wild horses roaming the fields above the college. Here are a few more

Toasted Head Chardonnay - The ends of the barrels, or "heads", are and can be ordered "toasted" for additional flavor if preferred.

Prisoner Blend - David Phinney started working at the Robert Mondavi Winery as a temporary harvest worker. He loved the job but figured if he was going to work that hard it might as well be for himself. So in 1998, he founded Orin Swift Cellars, named in honor of his parents; Orin is his father's middle name and Swift is his mother's maiden name. And the name Prisoner? When Phinney was looking for a label for his latest zinfandel blended wine, he used a painting by Spanish artist Francisco Jose de Goya (1746-1828), given to him by his parents when he was 12 years old. Years later in 2000, it became the inspiration for the label of his award winning wine, The Prisoner...named after Goya's etching, La Petite Prisonier.

Mad House Wife Chardonnay - Not mad at all, just a few ladies who wanted wine that is a value and a little free time away from the kids.

Hey Mambo - It wasn't the label that caught my attention; it was the name. Makes me want to mambo, I guess that's the point.

Plungerhead Wine - Eddie..was employed by a local winery, and according to local legend, after giving the creative department a bit of grief during

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a wine brand creative process, a mysterious bottle of wine bearing a label that was eerily familiar and quite uncanny made its way to Eddie's desk. The character on the label had his face, his signature facial hair and was wearing his favorite purple blazer. However, on the label he was also wearing a red toilet plunger hat, wine barrels for trousers and holding a sign that simply said, "Plungerhead."

Rex Goliath - The name might not be that obscure, but the story sure is, this wine being named after a 47-pound fictional rooster.

Screaming Eagle - (I haven't been there but they tell me it's nice) Don Henley Hotel California, one of the most sought after California wines. Bottles can go for as high as \$2500 to \$3000. Getting someone on the phone at the winery was like finding Howard Hughes, but once that happened I was told that founder Jean Phillips named many of her early pet projects Screaming Eagles. The name was a tribute to the Fighting Screaming Eagle Squadrons of WWII.

You have a few favorites? Visit my website peterdills.com and listen to Dining with Dills on KRLA AM 870 on Saturdays at 4:30 PM



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WHAT TO DO WHEN A LOVED ONE DIES

Dear Savvy Senior,
This may seem like a strange question, but can you tell me what steps need to be taken after a loved one dies? My 80-year-old father has a terminal illness, and I would like to find out what I will need to do when he passes.

Only Daughter

Dear Only,

I'm sorry about your father's situation but this is a great question many families inquire about when a loved one's death becomes imminent. Here's a run-down of some things you can do now, and after his death, that can help keep a sad event from becoming even more painful.

Before Death Occurs

There are several tasks you can do now while your father is still living, that will make things a lot easier and less hectic for you after he dies. For starters, find out where your dad keeps all his important papers like his will (also make sure it's updated), birth certificate, marriage and divorce certificates, Social Security information, life-insurance policies, military discharge papers, financial documents, and keys to a safe deposit box or home safe.

Also, if your dad doesn't have an advanced directive, help him make one (see CaringInfo.org for free state-specific forms and instructions). An advanced directive includes a living will that specifies his end-of-life medical treatments, and appoints a health-care proxy to make medical decisions if he becomes incapacitated.

In addition, you may also want to get a do-not-resuscitate (DNR) order, which will tell health care professionals not to perform CPR when your dad's heart or breathing stops. Your dad's doctor can help you with this.

You should also pre-arrange his funeral and burial or cremation.

Immediately After Death

Once your father dies, you'll need to get a legal pronouncement of death. If no doctor is present, you'll need to contact someone to do this. So, if your dad dies at home under hospice care, call the hospice nurse, who can declare his death and help facilitate the transport of the body.

If he dies at home without hospice care, call 911, and have in hand his DNR document. Without one,



paramedics will generally start emergency procedures and, except where permitted to pronounce death, take the person to an emergency room for a doctor to make the declaration.

If no autopsy is needed, you will need to call the funeral home, mortuary or crematorium to pick up the body. If your dad is an organ or tissue donor, contact the funeral home or the county coroner immediately.

Within a Few Days

If funeral plans were not pre-arranged, you'll need to make arrangements and prepare an obituary. If your dad was in the military or belonged to a fraternal or religious group, you should contact those organizations too, because they may have burial benefits or conduct funeral services.

Up to 10 Days After Death

To wind down your dad's financial affairs, you'll need to get multiple copies of his death certificate. These are typically provided by the funeral home.

If you're the executor of your dad's estate, take his will to the appropriate county or city office to have it accepted for probate. And open a bank account for your dad's estate to pay bills, including taxes, funeral costs, etc.

You also need to contact your dad's estate attorney if he has one; tax preparer to see if estate or final income taxes should be filed; financial advisor for information on financial holdings; life insurance agent to get claim forms; his bank to locate and close accounts; and Social Security (800-772-1213) and other agencies that provided benefits to stop payments and, if applicable, ask about survivor benefits. You should also cancel his credit cards and, if relevant, stop household services like utilities, mail, etc.

For more information on the duties of an executor, a great resource is The Executor's Guide: Settling A Loved One's Estate or Trusts available at Nolo.com for \$32.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of The Savvy Seniors book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...January Birthdays*

Gerald Day, Mary Tassop, Judy Webb-Martin, John Johnson, Mary Bickel, Marlene Enmark, Shirley Wolf, Ross Kellock, Ruth Wolter, Sue Watanabe, Sandy Thistlewaite, Bobbi Rahmanian, Fran Syverson, Shirley Wolff, Judy Zaretska and Becky Evans.
* To add your name to this distinguished list, please call the paper at 626.355.2737.
YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - *New Activity*: Join us on Thursday November 16th, at 10:30a.m. to 11:30a.m. for

Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 15th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include yoga and balance exercises. All ability levels are encouraged and welcomed! * A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance and training conditioning. Class equipment is provided.



UPCOMING EXCURSIONS:

Richard Nixon Presidential Library & Museum

Date: Friday, January 19, 2018

Time: 9:30a.m. – 3:30p.m.

Meeting Location: Hart Park House Senior Center
Cost: \$20 (Does not include lunch)

Enjoy the all new library and museum featuring nearly 70 major exhibits, 600 photographs, 8,000 square feet of wall murals and more than 300 artifacts. Through the two and a half hour tour, visitors experience history through the eyes of Richard Nixon, and discover the influential accomplishments that continue to shape our country's future. Lunch is on your own at a nearby restaurant. Level of Walking: Medium.

Registration for Sierra Madre Residents starts now through January 5th. Non-resident registration starts online January 6th; or in person on Monday, January 8, 2018. Due to scheduled street closures, please allow time for parking which will be behind City Hall and below Mariposa. Bus will be parked and located on Mariposa.

MARK YOUR CALENDARS

Explore DNA and Genealogy

Thursday, January 25th 2:00p.m. – 3:30p.m. at the Hart Park House

Explore a bit about DNA for yourself by joining this initial workshop for the Adult STEAM Program and promises all participants fun with Science! This session is geared towards beginners – no science background required. Sign-up by calling the Library to reserve your spot: 626-355-7186.

Seasonal Crafts

Thursday, January 25th 12:30 – 1:30p.m. at the Hart Park House

Join us in making Valentine Day wreaths with ribbons, tulles, and decorations. It will make a great accent for your home. All materials provided. Please call the Hart Park House for reservations 626-355-7394.

Valentine's Day Crafts with Instructor Kt Boyce

Monday, February 5th 12:30 – 1:30p.m.

Come share your poems or hear beautiful love stories in history. Kt will also demonstrate card-making with collages, drawings, stencils and calligraphy. Materials and supplies will be provided, but remember spaces are limited!

Call for reservations at 626-355-7394.

Sierra Madre Chamber of Commerce Mixer at Berkshire Hathaway!

Berkshire Hathaway is excited to welcome you for this rewarding event. Engage with your community and keep abreast on topics and issues that matter to you!

These popular mixers allow you to mingle with likeminded members of your community. We are always bringing in guest presenters to enlighten and inform. Please swing by for your own benefit and extend your own network!

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Looking Up with Bob Eklund



STEEP SLOPES ON MARS REVEAL STRUCTURE OF BURIED ICE

Researchers using NASA's Mars Reconnaissance Orbiter (MRO) have found eight sites where thick deposits of ice beneath Mars' surface are exposed in faces of eroding slopes.

These eight scarps, with slopes as steep as 55 degrees, reveal new information about the internal layered structure of previously detected underground ice sheets in Mars' middle latitudes.

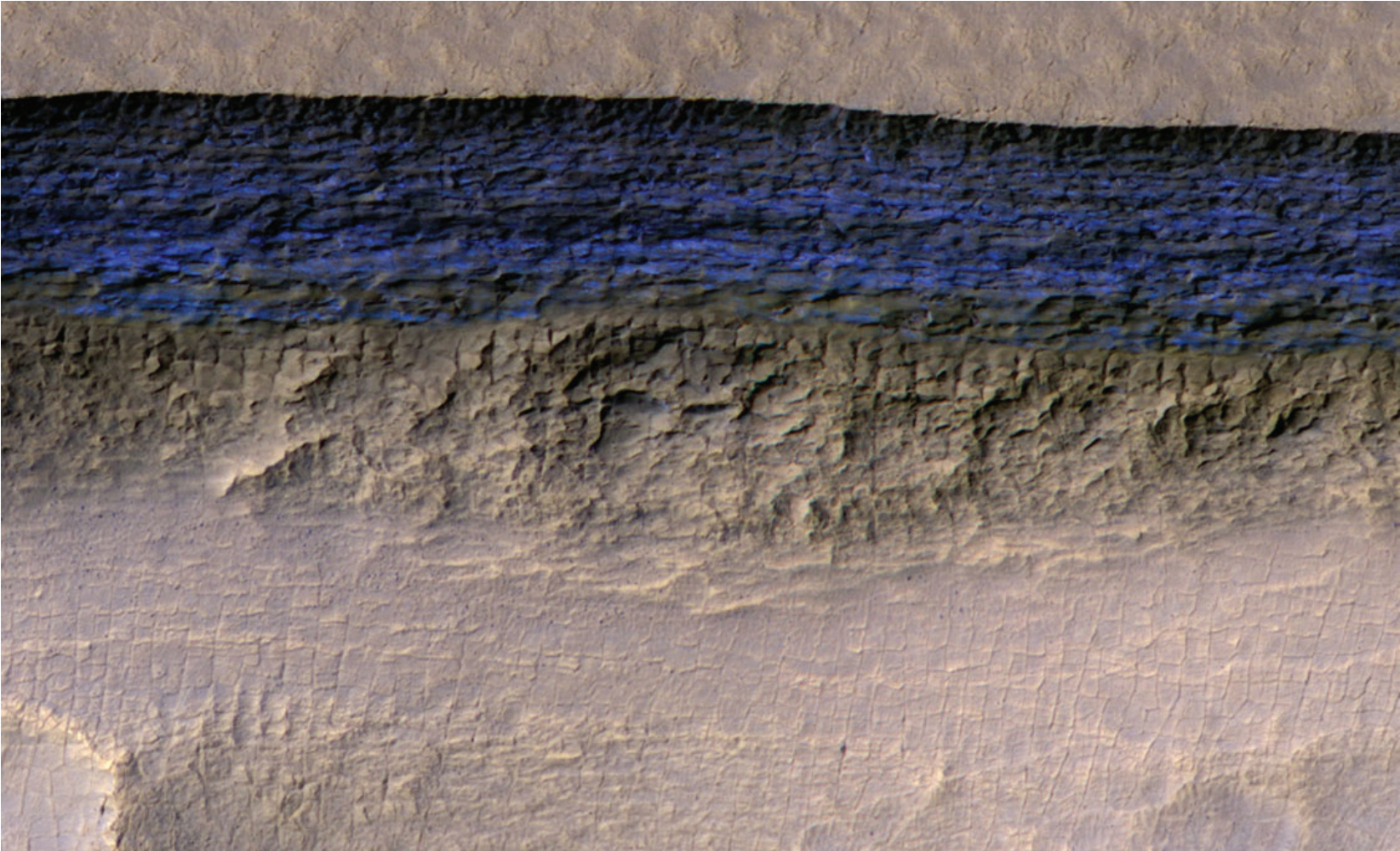
The ice was likely deposited as snow long ago. The deposits are exposed in cross section as relatively pure water ice, capped by a layer one to two yards thick of ice-cemented rock and dust. They hold clues about Mars' climate history. They also may make frozen water more accessible than previously thought to future robotic or human exploration missions.

"There is shallow ground ice under roughly a third of the Martian surface, which records the recent history of Mars," said the study's lead author, Colin Dundas of the U.S. Geological Survey's Astrogeology Science Center in Flagstaff, Arizona. "What we've seen here are cross-sections through the ice that give us a 3-D view with more detail than ever before."

The scarps directly expose bright glimpses into vast underground ice previously detected with spectrometers on NASA's Mars Odyssey (MRO) orbiter, with ground-penetrating radar instruments on MRO and on the European Space Agency's Mars Express orbiter, and with observations of fresh impact craters that uncover subsurface ice. NASA sent the Phoenix lander to Mars in response to the Odyssey findings; in 2008, the Phoenix mission confirmed and analyzed the buried water ice at 68 degrees north latitude, about one-third of the way to the pole from the northernmost of the eight scarp sites.

The discovery reported today gives us surprising windows where we can see right into these thick underground sheets of ice," said Shane Byrne of the University of Arizona Lunar and Planetary Laboratory, Tucson, a co-author on today's report. "It's like having one of those ant farms where you can see through the glass on the side to learn about what's usually hidden beneath the ground."

Scientists have not determined how these particular scarps initially form. However, once the



buried ice becomes exposed to Mars' atmosphere, a scarp likely grows wider and taller as it "retreats," due to sublimation of the ice directly from solid form into water vapor. At some of them, the exposed deposit of water ice is more than 100 yards thick. Examination of some of the scarps with MRO's Compact Reconnaissance Imaging Spectrometer for Mars (CRISM) confirmed that the bright material is frozen water. A check of the surface temperature using Odyssey's Thermal Emission Imaging System (THEMIS) camera helped researchers determine

they're not seeing just thin frost covering the ground.

Researchers previously used MRO's Shallow Radar (SHARAD) to map extensive underground water-ice sheets in middle latitudes of Mars and estimate that the top of the ice is less than about 10 yards beneath the ground surface. How much less? The radar method did not have sufficient resolution to say. The new ice-scarp studies confirm indications from fresh-crater and neutron-spectrometer observations that a layer rich in water

ice begins within just one or two yards of the surface in some areas.

The new study not only suggests that underground water ice lies under a thin covering over wide areas, it also identifies eight sites where ice is directly accessible, at latitudes with less hostile conditions than at Mars' polar ice caps. "Astronauts could essentially just go there with a bucket and a shovel and get all the water they need," Byrne said.

You can contact Bob Eklund at: beklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

HOMELESSNESS

[Nyerges is the author of "How to Survive Anywhere," "Self-Sufficient Home," and other books. He teaches self-reliance skills through the School of Self-Reliance. He can be reached at www.ChristopherNyerges.com.]

Homelessness is a large and growing problem in L.A. County. If you happen to be homeless, it's not a "problem," it's a personal crisis. Among other things, the insane cost of housing is a factor in the increase in homelessness, though not the only cause.

Perhaps I feel real empathy for the homeless because I know what it's like to be adrift in the urban sea with no house or home. I was homeless for about 6 months in 1984, an experience that I wrote about extensively at that time. I know that with determination, and with the help of loving friends, it is possible to overcome this very real threat to survival.

I was once asked during a radio interview what advice I'd give to someone who was homeless. My response: I would first take the time with the homeless person in order to determine precisely how they become homeless. We would look at each point by uncomfortable point in order to see how their thinking, their actions, their inactions, led to homelessness so we could chart a path to changing those habits. Determining the cause is of paramount importance, since each and every homeless case is unique.

It has been well-demonstrated there is no actual physical shortage of places for people to live, even in the big cities. In fact, especially in the big cities.

The problem is complex, but we can state that homelessness is the result of one or more of the following: rapidly rising cost of living, unemployment, psychological problems, drug and alcohol use, and maybe "other." If you are an alcoholic or a drug user, you need to do whatever is possible to stop those habits. Period. The alcohol and the drug use is a threat to your basic physical survival.

The solution to homelessness involves the cooperation of local community organizations, and the homeless individuals themselves. Though there is no shortage of people willing to assist, never forget that "assistance" is a two-way street. Mark Holsinger, Executive Director of the Los Angeles Mission, wrote a "Letter to the Editor" in the March 14, 1992 Los Angeles Times. He said, "As frustrating as it is that not all homeless people accept help, we should not forget that many gratefully accept the opportunity to change their lives. The problem for most of the homeless isn't a lack of services or affordable housing or jobs. Their problem is their lack of desire to change [emphasis mine] -- to get off drugs, to function in a way that is acceptable to society, to respect others and themselves." He adds that it's not easy to get off the streets, but certainly possible to become a productive citizen because he works daily with those who've made that change."

Let's assume you have lost your home, you have no job, and you aspire to get back to work and find a home. What do you do? Where do you start?

Number one: If you are taking drugs, or drinking alcohol, stop! If you know you cannot stop without help, do whatever it takes to get that help.

Number two: Do whatever it takes to change your attitude. Quit viewing yourself as a victim of circumstances. Quit blaming anyone else. Quit feeling negative towards anyone.

Next, wherever you are, improve it. Make it better. If you are with others, teach by your example. If they ask what you are doing, explain to them that you are practicing the uplifting Principle of "making every place better for my being there." This is known as true Appreciation.

Also, do not steal or take that which is not yours, regardless of your "very good justification."

Begin to give to the charity, non-profit, or church of your choice. "Giving" can also be of your time. Give without the expectation of "getting" anything back. Don't give foolishly, but give intelligently to help further the work of a charity. The principle at work is "AS ye give, so shall ye receive."

As you practice these simply principles - which some people will ridicule as "simplistic" - you can expect Miracles to occur.

This, of course, is just the very bare-bones beginning. Part of the solution also involves caring people, and the assistance of the City of Los Angeles, and local non-profits.

The solution also includes realistic employment training, and financial education, such as how to budget your money, and how to determine (Thoreau-style) how to differentiate "want" from "need." I have met SO many folks who have lost their homes, even though they continued to use a credit card to buy stuff they didn't need, and continued to use credit even as they could barely make the minimum payments.

I intend to address each of these related topics in future columns, and I welcome your comments and questions.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder



THE ONLY EXERCISE I GET IS SHIVERING IN THE COLD

I am not one to complain, at least when anybody is listening. The greatest blessing I have in life is that nobody really listens to me. Therefore, I can say whatever I want to say and nobody will hear me.

Well, I used to believe that. Certain things have happened that has caused me to upgrade this aspect of my life. Believe me when I say that upgrading any aspect of your life has a price tag to it. Oftentimes that price tag is rather extreme.

Recently, we have been experiencing some rather cold weather in our area. Every morning the Gracious Mistress of the Parsonage reminds me of how cold it is outside. As if I did not know it was cold outside.

As I'm preparing to leave the house, she will always say, "Make sure you wear a coat and keep warm."

I often chuckle, to myself of course, when she makes remarks something like this. Often she will say when I'm ready to leave, "Make sure you drive carefully." To which I always respond, "Rats, I was planning to drive recklessly today and now I have to drive carefully."

For some reason she never laughs at me, but just stares one of those stares every husband has come to recognize. Why she thinks she needs to tell me to drive carefully is beyond my pay level, I am sure. Maybe, and this is just a guess on my part, she has ridden with me while I was driving.

If that is the case I solved that a number of years ago. Whenever we go anywhere, I always allow her to drive and we use her vehicle. Now, do not let this get back to her, but I would rather use her vehicle and her gas than my vehicle and my gas.

When we go anywhere, she is the one who drives and I just sit back and enjoy the ride. So where she gets this idea that I drive carelessly, I'm not quite sure.

However, getting back to the cold weather she sometimes tells me to put on a coat before I go outside because it is "shivering cold out there."

Of course, if I put my coat on I am not going to shiver. At least that's what I think.

I don't mind one day when it's cold, but when there are several days in a row, I am quite unprepared for that. After all, I live in Florida and I expect the weather to be warm if not hot. All of this cold weather has brought me to the idea that I want to gather together a class action suit against the governor of Florida because the motto of Florida is "The Sunshine State." If he cannot provide the sunshine and the warmth, then why in the world is he Governor?

However, shivering is becoming a daily practice with me. At first, I really did not like it because my shivering was out of my control. As soon as I step outside my body begins to shiver uncontrollably. For a person my age and size that is a little humiliating. I do not want any part of my body working without my permission.

Once I got over the humiliation of my body shivering beyond my control, I began to see the positive side of it. If you look hard enough, you can see the positive side in everything. It took me a while, but I finally got to where I began to appreciate the positive side of shivering in the cold.

My wife is always suggesting that I try to lose a little bit of weight and maybe exercising a little bit will help. But I am not as young as I used to be. I think I have earned the time to goof off and do nothing. In fact, I have become quite the expert at doing nothing. If anybody can do nothing, it is me and I do it quite well.

At my age, exercise is a little more than I can handle. I have put myself on a 12-step program when it comes to exercise. Six steps from my chair to the refrigerator, and six steps back to my chair. That is the kind of exercise that I can really deal with.

Then the shivering idea came into my lackadaisical head. I do not often get a chance to pull one over on my wife, and I thought I had a wonderful plan at this point. I practiced for several days so that I could get it right.

Then an opportunity presented itself.

"Maybe," my wife said as seriously as she has ever been, "you should do a little bit of exercise."

I get plenty of exercise," I said rather smugly.

"Oh yeah," she said with both hands firmly placed on her hips. "Where are you getting any exercise?"

"I get all the exercise I need," I said, "by shivering out in the cold."

She looked at me for a moment and finally said, "You know that you're a mess!"

Paul said it best when he said, "For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come" (1 Timothy 4:8).

The best exercise, of course is spiritual. Exercising my faith in God is the most important thing in my life.

Dr. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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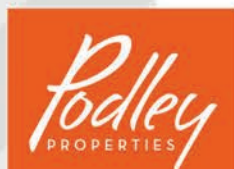
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SATURDAY, JANUARY 20, 2018

SECTION B

AROUND SAN GABRIEL VALLEY

SANTA ANITA RECAP



By Joan Schmidt

Three horses trained by Hector Palma were victorious that day. They included: Race 1-Conquist Sabre Cat, ridden by Rafael Bejarano, Race 3-Violent Ridge, jockey, Geovanni Franco, and Race 9-Gone to Town, mounted by Alonso Quinoz.

The third race was exciting to me because Faversham debuted. Faversham's full brother is California Chrome. Stewart Elliot was the jockey, and Art Sherman, trainer. Faversham placed.

In the Megahertz Stakes, Kent Desormeaux was victorious on Madame Stripes, an Argentine horse

trained by Neil Drysdale. Congratulations!

Across the country, Gary Stevens and Drayden Van Dyke were competing at Oaklawn Park. Mourinho, trained by Bob Baffert and ridden by Drayden Van Dyke was victorious in the 11th Running of the Smarty Jones!

Come on out to the Track on Saturday, January 27, Pegasus World Cup Day. There will be a Chandelier Room Pegasus Party, California Wine Festival, Pegasus World Cup Handicapping Contest, Family Fun Zone, 100 to 1 Club Brunch Buffet. And Premium Bud Light Lounge. See you there!

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Jeff's Book Pics

By Jeff Brown

The Little Book of Hygge: Danish Secrets to Happy Living by Meik Wiking
Embrace Hygge (pronounced hoo-ga) and become happier with this definitive guide to the Danish philosophy of comfort, togetherness, and well-being. Why are Danes the happiest people in the world? The answer, says Meik Wiking, CEO of the Happiness Research Institute in Copenhagen, is Hygge. Loosely translated, Hygge is a sense of comfort, togetherness, and well-being. “Hygge is about an atmosphere and an experience,” Wiking explains. “It is about being with the people we love. A feeling of home. A feeling that we are safe.” Hygge is the sensation you get when you’re cuddled up on a sofa, in cozy socks under a soft throw, during a storm. It’s that feeling when you’re sharing comfort food and easy conversation with loved ones at a candlelit table. It is the warmth of morning light shining just right on a crisp blue-sky day. The Little Book of Hygge introduces you to this cornerstone of Danish life, and offers advice and ideas on incorporating it into your own life, such as: Get comfy. Take a break. Be here now. Turn off the phones. Turn down the lights. Bring out the candles. Build relationships. Spend time with your tribe. Give yourself a break from the demands of healthy living. Cake is most definitely Hygge. Live life today, like there is no coffee tomorrow. From picking the right lighting to organizing a Hygge get-together to dressing hygge, Wiking shows you how to experience more joy and contentment the Danish way.

The Little Book of Lykke: Secrets of the World's Happiest People by Meik Wiking
Join the happiness revolution! The author of the New York Times bestseller *The Little Book of Hygge* offers more inspiration and suggestions for achieving greater happiness, by practicing Lykke (LOO-ka)—pursuing and finding the good that exists in the world

around us every day. While the Danes are the happiest people on the planet, happiness isn’t exclusively Danish; cultures around the world have their own unique approaches to leading a contented, fulfilled life. For his work at the Happiness Research Institute in Copenhagen, Meik Wiking travels the globe from Dubai to Finland, Rio de Janeiro to Bhutan, South Korea to the United States, to discover the secrets of the very happiest people. In the book, Meik identifies the six factors that explain the majority of differences in happiness across the world— togetherness, money, health, freedom, trust, and kindness— and explores what actions we can take to become happier. As he reveals, we can deepen our blissfulness and contentment with little adjustments in our behavior, whether it’s eating like the French (sitting around a table and savoring our time) or dancing the tango like Argentinians in Buenos Aires. With his trademark warmth and wit, Meik explores the happiness gap for parents, how much money you really need to buy happiness, how we can be healthier without having to go to the gym, how we can learn to build trust and collaboration, how we can help ourselves by helping others, and why our expectations often outweigh our reality. Weaving together original research and personal anecdotes, *The book* is a global roadmap for joy that offers a new approach to achieving everyday happiness that not only improve our own lives, but help us build better communities and a better world.

All There Is by Tony Parsons
Seeking is the most effective way to avoid liberation. The contents of this book are totally radical and uncompromising. This message is a rare and singular expression of absolute non-dualism. It bypasses the mind and speaks directly to the very core of a wisdom that is imminent in all of us. When there is a readiness to hear, all seeking and need for personal endeavor falls away, leaving simply the wonder of what is.

FAMILY MATTERS

By Marc Garlett



DEBT AFTER DEATH: WHY YOU SHOULD THINK ABOUT IT WHEN ESTATE PLANNING

If you carry debt, do not assume that your death or incapacity will make it automatically disappear. To the contrary, the money you owe may eat away at the assets you were planning to leave to your heirs or -- if you owe a large amount of money -- may wipe out your estate completely. Debt comes in many different forms including credit cards, student loans, car payments, mortgages, and other financial obligations.

Not Just About Assets
Estate planning lets you name people you trust to manage your affairs if you’re unable to do so and lets you indicate who will receive your property upon your death. While estate planning typically focuses on ensuring your assets will be distributed to your intended beneficiaries upon your death, the collective purpose behind financial and estate planning is to ensure that you’re building the largest nest egg possible and then protecting your family and loved ones in the event of your death or incapacity. For this reason, knowing what your debts are and implementing the proper estate planning will allow you to ensure those you leave behind are not left drowning financially. You will also be able to rest easy knowing what you’ve built will go to those you want, rather than to the creditors. There are two types of debts: secured and unsecured.

Secured debt is a loan that has been guaranteed by some form of collateral. If a borrower defaults on a secured loan, the lender can recover the collateral. House and car loans are the most common forms of secured debt. Unsecured debt, on the other hand, does not involve collateral. If the borrower defaults on an unsecured loan, the lender typically needs a court order to recover a judgment against the borrower or the borrower’s estate. The most common types of unsecured debt include credit cards, most tax debt, personal or signature loans, student loans, or payday loans. While some debt, like many federal student loans, goes away upon your death, others do not -- like mortgages and home equity loans -- leaving your family potentially on the hook. Secured debts essentially become the responsibility of the deceased’s estate because if the payments stop then the bank can retake the collateral. If you have a will-based estate plan, the process of paying off debts and distributing whatever assets are left over (if any) is a court process known as probate. If you are using a trust, then your successor trustee will follow a similar process, but it won’t necessarily involve the courts.

Benefits of Estate Planning
While the tools typically used in estate planning may appear to be interchangeable, the planning process and the resulting documents, like a will, trust, and power of attorney, are as unique as the person. While naming proper beneficiaries is key when protecting these larger assets from creditors after your death, a comprehensive estate plan is needed to protect your family against the impact your debt may have on your estate. A little bit of planning can go a long way in ensuring your family and loved ones are protected in the event of a tragedy. Dedicated to empowering your family, building your wealth and defining your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA

KNOWLEDGE + ACTION = POWER

“Knowledge is power” is a familiar saying that is only partially true. The fact is there are millions of people who have attained knowledge in certain disciplines, some to the point of being regarded as experts. For those whose goal it was to simply attain a certain level of knowledge, mission accomplished. For the others who have ideas about using the knowledge toward some greater personal or business purpose, it’s important to take action if there is any real interest in making progress. Every entrepreneur who has built a successful business venture from the ground up, has had to develop an arsenal of specialized knowledge about some aspect of the industry in which their business operates. Some people think that the mere acquisition of knowledge is all that is needed to start and operate a business. If that were the case, there should be a steady stream of new enterprises being established by individuals completing workshops and classes. Gaining knowledge is one thing, having the confidence to do something with it is another.

The thing that stands between knowledge and action is fear. When knowledge and action are combined, the outcome can be seemingly miraculous. All of us have had to go through the process of mastering a body of knowledge before moving on to apply it. From a simple task like learning the rules of the road and how to drive a car as an adolescent, to mastering the operation of a heavy piece of machinery, the process moves from knowledge to action to practice. The repetition of this cycle results in what most would refer to as experience, skill or expertise. The more times the individual completes the cycle, the easier and more effortlessly the task is to execute until it may seem automatic. Instead of gliding through life with recycled daydreams about their dreams and aspiration, entrepreneurs demonstrate that knowledge combined with action, followed by practice and repeating the process is one of the keys to success.

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CERT

COMMUNITY EMERGENCY RESPONSE TEAM

WHAT HAPPENS AFTER YOU SURVIVE A DISASTER?

Surviving a disaster like a flood, fire, hurricane or earthquake can deprive you of all the comforts you own. But that’s only half of it, even with supplies of food and water, there will be psychological effects we will all experience. Loss of loved ones, home, and possessions will take their toll. Learning how to be prepared psychologically before a disaster is often overlooked.

Pat Alcorn, LCSW Retired, presents “Trauma and How to Cope After a Disaster.” She is certified to work with Disaster Response Teams and has led groups following child abuse cases, drownings, workplace accidents, and the Whittier Earthquake.

Sierra Madre CERT General Meeting

Thursday, January 25th, 7:00 PM

Hart Park House - Memorial Park

222 W. Sierra Madre Blvd.

Sierra Madre, CA

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copy-righted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Letters to the editor and correspondence should be sent to:

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

SUSAN Henderson, Publisher



DRAMA AND CHAOS.....The New Low Standards For American Governance

Drama (n): a state, situation, or series of events involving interesting or intense conflict of forces; **Chaos** (n): a state of utter confusion; **Governance** (n): the way that a city, country is controlled by the people who run it.

"Well, if you say who gets fired it always has to be the top," Trump said. "I mean, problems start from the top and they have to get solved from the top and the president's the leader. And he's got to get everybody in a room and he's got to lead."..... "when they talk about the government shutdown, they're going to be talking about the president of the United States, who the president was at that time." Donald J. Trump

By the time you read this, Donald Trump will have been in office for a full year, and congress will have failed yet once again to do anything more than dance to the tune played by Trump, the pied piper. When I was a child I was always concerned that the little children followed the colorfully dressed, flute playing rat catcher. After all, he was a rat catcher...gross. Interesting, that tale comes to mind when I think of Donald Trump. Could it be his affinity for the swamp where real rats hang out? Some say his colorful ways are alluring and that certainly comes to mind when I see elected officials who ostensibly have taken an oath to act in the best interests of all Americans and the US Constitution, follow a man who is absolutely committed only to what is in the best interest of himself and his friends regardless of what the law says. My question remains, why are they following him, especially when know he deals in the swamp of drama and chaos?

The methodology used by Trump is designed to keep us at odds with each other by creating Drama and Chaos to take attention away from what he is or is not doing. While attention has been paid for the last two weeks to the President's foul/racist mouth and the shutdown of the government, the circus created is overshadowing what is really going on or what we should really be questioning. By the time it is over, we will all be so happy to stop the drama that the other issues will be forgotten.

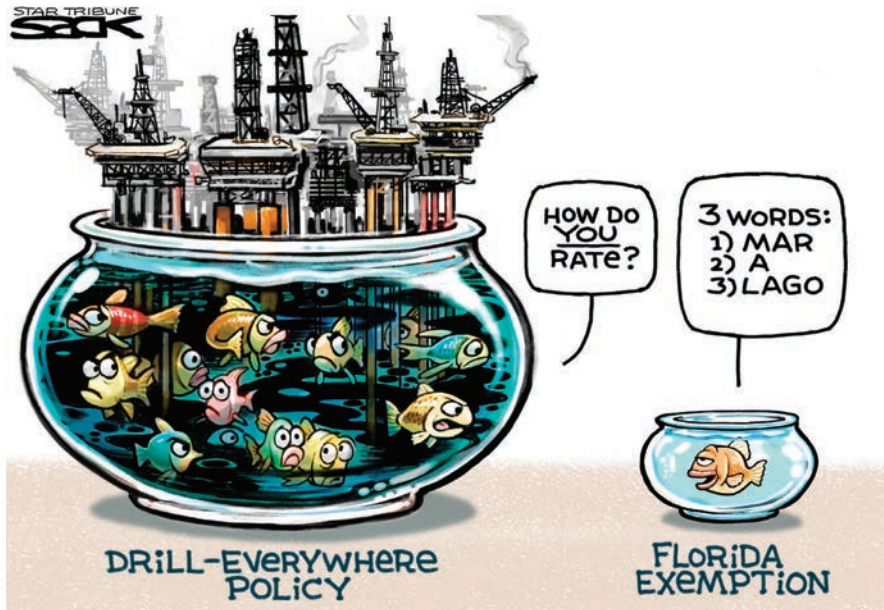
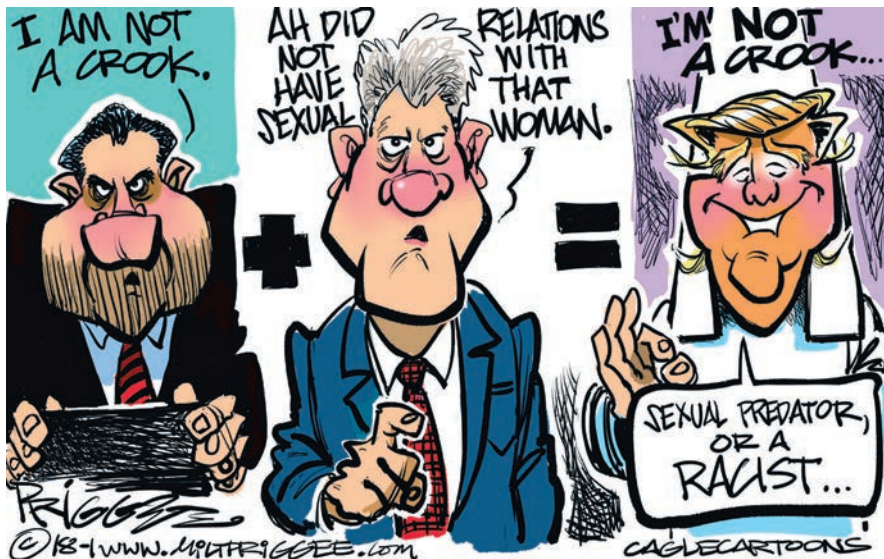
And it's been like this for the last year. The things that concern me don't have a thing to do with being Democrat or Republican, it has everything to do with Congress and the White House ignoring the people they were elected to represent and recognizing that the man that was elected to lead, is leading us right down the drain. And, FYI, don't worry about the government shutdown. It's been shutdown for several years now.

It's been a year since we evolved from the 'Just Say No' mantra of the GOP leadership under President Obama to the even more frightening apparent blindness of the GOP to their complicity in the dismantling of American Democracy. The blindfold and the path to the demolition of our democracy are provided by the President and plays right into the hands of those who hate democracy like his BFF Putin. Has it hurt us? Well, consider this: "Global approval of US leadership at just 30%, slightly behind China on 31% and only three points ahead of Russia. Germany is now the top-rated global power in the world, with an approval rating of 41%, according to the survey. The US rating is down nearly 20 points from the 48% approval rating in the last year of President Barack Obama's administration, Gallup said. It's also four points lower than the previous low of 34%, seen in the final year of George W. Bush's presidency. By comparison, in Obama's last year in office the United States led Germany by seven points, China by 17 points and Russia by 22 points, according to Gallup."

That's tragic for Republicans, for Democrats, for every single American. We are letting our country fall victim to an overdose of Drama and Chaos dished out by a President who promised to lead but mostly he just just lies. He has an unnatural hatred of his predecessor who, by the way took Office when the stock market was under 8,000 and the country was in the worst economic decline since the great depression, and revitalized the economy and stock market to a bustling 19,000+ shares when he left office.

Trump is a disaster, an embarrassment. Isn't it funny, he is exactly all of the labels that he likes to place on other people. What's more troubling however, is that we appear to be stuck with him because our elected officials are too busy reacting to the 'trumped up' chaos and drama rather than working together and using the powers given to them by the Constitution to remove this man, who is unfit to serve, from office. Democracy does work, but not when the people do not come first.

By the way:
At the time of the 2016 election, there were 219,941,000 Americans eligible to vote. Of that number, only 62,238,425 voted for Trump, 157,702,875 Americans did not.



LEFT TURN/RIGHT TURN

DICK POLMAN



WOLFF'S BOOK RESONATES BECAUSE TRUMP KEEPS CONFIRMING IT

By Dick Polman
Nobody is more stunned about the stratospheric sales of "Fire and Fury" than the guy who wrote it.

Michael Wolff and I were talking backstage prior to his gig on Tuesday night at the Free Library of Philadelphia, and he confessed that he never saw it coming. He was convinced that he'd gotten the inside skinny about Trump's den of dysfunction, but in our info-saturated ecosystem, with Trump under scrutiny 24/7, who could have envisioned 11 printings within 12 days of release?

The best explanation is also the simplest: Trump confirms the book on a daily basis.

After hanging out in the West Wing for nine months ("I was let in without anyone weighing the meaning or consequence of what I was going to do," he said on stage last night) - Wolff concluded in his book that Trump is dangerous, incompetent, ignorant, and unfit to serve.

"Everyone, in his or her own way, struggled to express the baldly obvious fact that the president did not know enough, did not know what he didn't know, did not particularly care, and, to boot, was confident if not serene in his unquestioned certitudes," Wolff said. "I was just the guy listening, occasionally nodding my head as if in agreement, and over time, they poured their hearts out."

Wolff has taken heat for declaring that his book "rings true" despite some material that isn't true - indeed, there are errors (which he acknowledges), such as getting some names wrong and misstating the year that John Boehner quit the House - and I suggested to him on stage that it would behoove him and his publisher to correct those errors in subsequent printings. But nobody, aside from the deluded Trumpkins, can dispute his portraiture. It "rings true," because we know with our own eyes and ears that it is.

But Trump is the book's best salesman. Earlier this week, his doctor announced that his health is fabulous in every respect, and said that Trump is 6 foot 3. In previous years, Trump has often been described as 6 foot 2, but, by giving him an extra inch, Trump's reported weight no longer qualifies as obese. Sure enough, midway through Wolff's book, he writes that Trump in the past has "lied about his height to keep from having a body mass index that would label him as obese."

Ezra Klein, the journalist who founded Vox, says: "The picture painted of Trump in Wolff's book is the same picture painted of Trump by Trump's own tweets, speeches, comments, and actions." The last nine days - which have included Trump saying a vile racist remark, canceling a trip to London because he feared hostile crowds, tweeting that he was a "very stable genius," and opposing a key national security bill his administration supported after "Fox & Friends" criticized the bill - have been a classic illustration, fattening Wolff's wallet. What follows is only a partial list:

There was much more, of course - not including the reports that candidate Trump was blackmailed in 2016 by a porn star with whom he'd canoodled a year into his marriage to Melania. That kind of thing doesn't even tilt the shock meter anymore.

I asked Wolff whether he believes (based on the aggregate info he got from White House insiders) that Trump is just crazy - or crazy like a fox. He said that Trump is too stupid to be Machiavellian, too impulsive to be calculated. There is no grand master plan. There is only the present moment.

There will be many more books in this vein - conservative commentator David Frum's "Trumpocracy" is brand new, and deserves not to be buried by the Wolff avalanche - and they could help stoke a massive electoral backlash, a blue tsunami in the November midterms. The tea leaves are propitious. Tuesday night, there was a special state Senate election in a rural Wisconsin district where 59 percent of the 2016 voters supported Trump, and where the most recent Republican state Senate incumbent triumphed with 63 percent. This time, the female Democratic state Senate candidate stunned the GOP, winning the rural-red district by nine points.

Timing is everything, in journalism as well as politics. Wolff has caught the wave.

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Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Pennsylvania. Email him at dickpolman7@gmail.com.

JOHN MICEK



ONE YEAR IN, TRUMP REMAINS HIS OWN WORST ENEMY

When it came to a recent column about President Donald Trump's preference for "executive time" that includes a healthy dose of cable news viewing and unhinged Tweeting, the reader wasn't in the mood to hold back.

"This article was just a pack of lies," wrote a reader of the Mansfield News Journal in Mansfield, Ohio, where my column occasionally runs. "Please don't lie to the American people. Donald Trump runs on less sleep than anyone or any President in history. Stop this constant attack on this President."

Then, the inevitable flourish: "Your precious Hillary did not win so get over it!!!!!!" I've received plenty of letters and emails just like this in the year since Donald John Trump mounted the steps of the U.S. Capitol, took the oath of office, and embarked on the most exhausting, topsy-turvy and wildly offensive first 365 days of any president in modern memory.

Every time I've questioned the constitutionality of one of Trump's decisions, pointed out his glancing relationship with the truth, indicted his xenophobic tendencies and maddening embrace of white nationalism, or mused on the ever-expanding Russia investigation, Trump's loyalists have pounced.

Some have been polite. Others have used the kind of language that the "least racist" president you'll ever interview also reportedly used to describe immigrants from majority black- and brown-skinned nations.

All these readers have offered variations on the same argument: Trump has done more than Barack Obama did in eight years in office; he plays less golf and takes less vacation, and, anyway, at least he's not Hillary Clinton.

Obscured in these factually incorrect arguments is a nugget of actual truth: Despite an embarrassingly slender list of legislative accomplishments, Trump, as The Associated Press reports, has kept an impressive (if you're a supporter) or depressing (if you're not) number of his campaign promises.

On the judicial side, Trump pursued the ultimately successful confirmation of conservative U.S. Supreme Court Justice Neil Gorsuch, populated the federal bench with right-leaning judges and has done the same with the ranks of United States Attorneys across the country.

Trump won legislative authorization of a decidedly non-populist tax bill that will shower tax breaks on the very wealthy (like him) at the expense of the working-class voters who packed his rallies during the 2016 campaign.

He's used the power of the pen to slice and dice regulations and extract the United States from such major foreign accords as the Paris climate agreement.

And despite lambasting Obama for his executive end-runs, Trump has signed more executive orders than any president of the last 50 years.

It's almost as if there's two White Houses. There's the surprisingly orthodox one that has backburned the populism of the 2016 campaign and governs like the most mainstream conservative Republican you've ever seen.

Then there's the one that emerges from the pages of Michael Wolff's "Fire and Fury," which puts the fun in 'dysfunction' and is lorded over by a disconnected chief executive who boasts both a poor command of the most basic policy details and a 6:30 p.m. bedtime.

Trump's voters are logically aggrieved that the president's list of accomplishments don't get the praise they think they should from the political press.

Then, torpedoing that argument, they illogically follow that with the entirely incorrect claim that they are not covered at all.

"Fake news!" they bellow.

What they overlook is the inconvenient truth that, when it comes to stepping on his own message, the 45th president has no more effective nemesis than himself.

White House Chief of Staff John Kelly, we were told last summer, would professionalize the White House and impose order where once there had been chaos.

And there is some evidence to support that argument.

But we're still left with schoolyard taunts of "Little Rocket Man," "Sloppy Steve" Bannon and "Dicky" Durbin and other early morning tweetstorms that undermine our reputation abroad, damage our democratic institutions, and devour the news cycle at home.

Heading into a 2018 mid-term cycle, where Resistance-emboldened Democrats are expected to make major gains against Trump's Republican enablers in Congress, the president's voters surely wish that their fellow Americans will cast their ballots in favor of the accomplishments of that "shadow White House."

But there's a reason that White House exists in the shadows - it's Trump himself. And it's his White House on which voters will pass judgment in 2018.

"Sad!" as the man might say. But entirely justified.

Copyright 2018 John L. Micek, distributed by Cagle Cartoons newspaper syndicate. An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.



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Publish: ES Mountain Views News
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Dec. 30, 2017, Jan 6, 13, 20, 2018

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2017357700

The following person(s) is (are) doing business as: TRINITY ARTISTS INTERNATIONAL 1901 AVENUE OF THE STARS #202, LOS ANGELES, CA. 90067. Full name of registrant(s) is (are) THE HAOLE LLC. 1901 AVENUE OF THE STARS #202, LOS ANGELES, CA. 90067. This Business is conducted by: LLC. Signed: SHEILA FINEGAN, MANAGING PARTNER. This statement was filed with the County Clerk of Los Angeles County on 12/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/2017. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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CALABASAS, CA. 91302. Full name of registrant(s) is (are) ANATOLY KOLESNIK 5612 LAS VIRGENES RD. #32, CALABASAS, CA. 91302. This Business is conducted by: INDIVIDUAL. Signed: ANATOLY KOLESNIK, OWNER. This statement was filed with the County Clerk of Los Angeles County on 12/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/1999. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2017357632

The following person(s) is (are) doing business as: RUMI CATERING 4600 NOMAD DR., WOODLAND HILLS, CA. 91367. Full name of registrant(s) is (are) SEYED HASSAN NOKTEHPORKAR 4600 NOMAD DR., WOODLAND HILLS, CA. 91367 and FATEMEH SCIBTSARVESTAH 4600 NOMAD DR., WOODLAND HILLS, CA. 91367. This Business is conducted by: GENERAL PARTNERSHIP. Signed: SEYED HASSAN NOKTEHPORKAR, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 12/26/2017. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT
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NOTICE OF PETITION TO ADMINISTER ESTATE OF: JEANETTE ELIZABETH PARSON CASE NO. 18STPB00270

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JEANETTE ELIZABETH PARSON.

A PETITION FOR PROBATE has been filed by CHRISTOPHER J. PARSON & CATHERINE M. PARSON in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CHRISTOPHER J. PARSON & CATHERINE M. PARSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 02/14/18 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

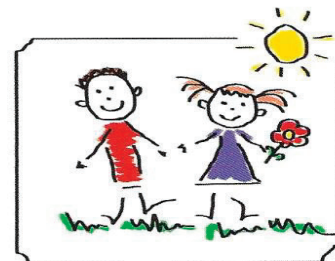
Attorney for Petitioner
JOHN L. SHAW - SBN 58283
LAW OFFICE OF JOHN L. SHAW
5816 TEMPLE CITY BLVD.
TEMPLE CITY CA 91780
1/20, 1/27, 2/3/18
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