



ELECTION COVERAGE

On April 10, 2018, voters in Sierra Madre will go to the polls and select three people from a field of four to sit on the City Council. They will also vote on Measures D which attempts to abolish the city's current Utility User Tax and Measure A an Advisory Measure.

The Mountain Views News is committed to providing our readers with comprehensive coverage of this election. Each week, as we have done in the past, we will profile the candidates and give each of the candidates the opportunity to introduce themselves to our readers by answering the following questions: 1. Why are you running for City Council? 2. What are you going to do for Sierra Madre? 3. How do you plan on accomplishing your goals?

This paper will also review the pros and cons of Measure D and Measure A.

The schedule will be as follows:

March 3rd	Candidate Andy Bencosme
March 10th	Candidate Gene Goss
March 17th	Candidate Denise Delmar
March 24th	Candidate Rachelle Arizmendi
March 31st	Measure D & Advisory Measure A

Our reporting on this election will be as fair and objective as possible. It is our goal to do whatever we can to help you make an informed decision on April 10, 2018.

MOUNTAIN VIEWS NEWS ENDORSEMENTS FOR THE APRIL 10th ELECTION:

As in the past, this paper endorses those candidates that it feels will best serve the citizens and businesses in Sierra Madre. This year, there are 4 candidates for 3 seats, all of whom have displayed a sincere interest in protecting Sierra Madre. The 3 incumbent candidates, Rachelle Arizmendi, Gene Goss and Denise Delmar, have all done a remarkable job during their term in office. However, Andy Bencosme, as a Community Services Commissioner has also proven his commitment to the betterment of the city. It is a hard decision to make, but in the final analysis, this paper recommends that when you vote, vote for *Rachelle Arizmendi, Gene Goss, and Denise Delmar*. As the saying goes, "if it ain't broke, don't fix it", and based on this current council's performance, we have a good team that gets the job done.

THE MOUNTAIN VIEWS NEWS ALSO ENCOURAGES YOU TO VOTE NO ON MEASURE D! Susan Henderson, Publisher and Editor

RACHELLE ARIZMENDI

Twelve years ago, my husband Fili and I were looking for a house – not just a place to settle down, but a home to grow old in. We came across the quaint village of Sierra Madre where people still wave to their neighbors, no traffic signals exist and you can safely walk your dog at late at night.

I am currently the Vice President and Chief Operating Officer of non-profit community development organization that serves 40,000 people every year, employs over 300 people, and operates on a \$24M budget. My knowledge and experience in this work, as well as the last four years on City Council positions me best to continue enforcing fiscal discipline and to address our upcoming issues.

As your current Mayor, it has been my honor to serve you.

I have worked with my City Council colleagues to:

- Balance the city budget and reduce total annual expenses by \$1M
- Restore full Police Department staffing
- Establish a professional Fire Department
- Hire a new City Manager
- Reduce water loss by investing in water infrastructure

As a long-time Sierra Madre homeowner, I am dedicated to maintaining home values and enhancing the quality of life in our neighborhoods. That means limiting and controlling development to preserve the unique charm and character that makes Sierra Madre a special place.

Important issues remain. Once Measure D is rejected, we need to maintain fiscal discipline, protect our water system, complete the infrastructure improvement plan, work with the PUSD to maintain the quality of our neighborhood schools, and continue promoting a safe community.

I am committed to maintaining a beautiful, safe place where individuals, seniors and families can flourish.

For more information, please visit me at arizmendiforcitycouncil.com

I respectfully ask for your vote on April 10.



a

WISTARIA FESTIVAL DRAWS THOUSANDS



The weather was perfect. Cool and Dry. The world famous Vine, while not yet in full bloom, attracted over 4,000 visitors on Sunday. The lines were long but well worth the wait. Pictured above are harpist and former Sierra Madre resident Ron Longo as visitors wander through the yards of Bob and Nell Solt. The adjacent property, owned by Tony and Claire Held was the point of entry for vine viewers.

Meanwhile, back in Sierra Madre, there were

several thousand additional visitors that came to partake of Sierra Madre's unique downtown, over 100 crafters, artists and food vendors, and the Auto Show. A snapshot of the activities can be found on page B10.

The annual event is presented by the Sierra Madre Chamber of Commerce as one of many activities that supports local businesses and helps with the branding of Sierra Madre as a 'destination'.

Photo by Dave Felt

LEAGUE OF WOMEN VOTERS TO MODERATE FORUM ON MEASURE D & ADVISORY MEASURE A

The Sierra Madre Kiwanis Club is sponsoring this event on Tuesday, March 27, 2018 at 12 noon at The Lodge, 33 E. Sierra Madre Blvd., Sierra Madre. Proponents of Measure D as well as Opponents will speak to the audience and attempt to answer any questions you may have. The event is free, however, if you would like to have lunch the cost is \$10. Please call 626-355-2737 to reserve your seat!

2018 WOMAN OF DISTINCTION -

JOANNE HARABEDIAN

Joanne Harabedian, Principal of St. Rita Elementary School, was recently awarded the Women of Distinction Award, presented by 41st Assembly District Representative Chris Holden.

Mrs. Haraabedian was recognized "...for the important work that you do as the Principal of St. Rita Elementary School. Holden noted that through her leadership, the school serves a diverse group of families and students. .



ART OF THE GARDEN



A premier garden tour
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Photo by Justin Brandstater

Sunday, April 15

10:30-4:30 pm

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6-Day Forecast Sierra Madre, Ca.



Sun	Ptly Cldy	Hi 60s	Lows 40s
Mon:	Ptly Cldy	Hi 60s	Lows 40s
Tues:	Ptly Cldy	Hi 60s	Lows 40s
Wed:	Rain	Hi 50s	Lows 40s
Thur:	Rain	Hi 50s	Lows 40s
Fri:	Ptly Cldy	Hi 50s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR March 27, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2018: 111 Years

Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs cfwc.org & gfwc.org

Saturday, April 7 SMWC Scholarships'

Submission Date Extended

For Pasadena Area

High School Seniors

Questions?

SierraMadreWomansClub@gmail.com

Explore Opportunities & Membership with Us

Join us for Member-Only Yoga w/ Paul Tuesdays, 10 am

GFWCSierraMadreWomansClub.org

[Facebook/SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)

Rent the 1914 Historic **Essick House** 626-355-4379
Shop Award-Winning **Wistaria Thrift Shop** 355-7739
Donations Accepted Weekdays to 3 pm

Sierra Madre Woman's Club

Wistaria Thrift Shop



Retail Shop Hours March - May 2018

Monday, Thursday, Friday 10 am-3 pm

**Closed Saturdays
Until Further Notice**

Gladly Accepting Clean, Gently Used Donations

10 am - 2 pm Weekdays

Essick House Parking Lot donations dropoff

June 2 - Brown Bag Sale

550 W. Sierra Madre Blvd. Sierra Madre, CA 91024

626-355-7739

GFWCSierraMadreWomansClub.org

[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)



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Sierra Madre, CA 91024



SIERRA
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MEETINGS

Regular City Council Meeting

Tuesday, March 27, 2018

6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council

March 27, 2018 at 6:30 pm

April 10, 2018 NO MEETING - ELECTION DAY

April 24, 2018 at 6:30 pm

Planning Commission

April 5, 2018 at 7:00 pm

April 19, 2018 at 7:00 pm

May 3, 2018 at 7:00 pm

Community Service Commission

April 16, 2018 at 6:30 pm

May 21, 2018 at 6:30 pm

Senior Community Commission

April 5, 2018 at 3:00 pm

May 3, 2018 at 3:00 pm

Library Board of Trustees

March 28, 2018 at 7:00 pm

April 25, 2018 at 7:00 pm

Energy, Environment, and Natural Resource Commission

April 18, 2018 at 7:00 pm

May 16, 2018 at 7:00 pm

DO YOU HAVE A STORY TO TELL?

Do you have a Sierra Madre memory to tell? This is your chance to have it recorded on video and stored at state and local archives. You will be part of the state historical record! AND there will be a presentation here in town of all the Sierra Madre videos created.

Sierra Madre Historical Preservation Society members have regaled us with all kinds of wonderful memories of their lives in town - we know you have stories to tell! If you were raised here, what experiences and adventures did you have? If you moved to Sierra Madre, what was it like then compared to now? Do you have a memory connected to a place, or to a person - maybe a leading citizen of our town, or even a local character? These are just a few ideas to get you thinking what memory you'd like to tell.

Part of this memory-gathering project, California Listens, is a free 2-day workshop to create your little video (photos or memorabilia relating to your story are a big plus!). The workshop team will work with you all the way through, and you'll end up with skills that could be useful for recording memories for your family, or doing other video projects. The California Listens Digital Storytelling Workshop is set for Friday and Saturday May 11-12, 2018 from 9 am to 5 pm at City Hall, located at [232 W. Sierra Madre Blvd.](http://232.W.SierraMadreBlvd.inSierraMadre) in Sierra Madre.

In the workshop, participants will make a short video on a computer and will learn: how to make a great video story, how to write a narration script and record it, how to prepare a visual treatment for a story, and the basics of video editing in WeVideo. Powerful and fun! Anyone can contribute regardless of experience or technical level.

The deadline to apply is April 28th. To apply, visit: storycenter.org/sierramadre or submit a paper application to the Sierra Madre Public Library. You can drop your application off at the library or mail it to them (Sierra Madre Public Library, 440 W. Sierra Madre Blvd. Sierra Madre, CA 91024). Or you can apply online at the website storycenter.org/sierramadre.

The workshop is free, but pre-registration is required. Those taking part must commit to preparation time, attendance during the entire two days.

Collected video stories will be shared at a presentation during the summer and will become part of state and local archives of stories about what it means to be Californian. View collected stories at californialistens.org



The Mt. Wilson Trail Race Training Group will be meet in Kersting Ct. every Saturday at 7:00 am beginning Saturday, February 3rd through Saturday, May 19th.

It is a free program and all levels are welcome, ages 14 and up!

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March 27, 2018

MEASURE D - YES OR NO?

This Forum will be moderated by the League of Women Voters

Save The Date: Saturday May 12, 2018

Our Annual Dance The Night Away & Chili Cookoff

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

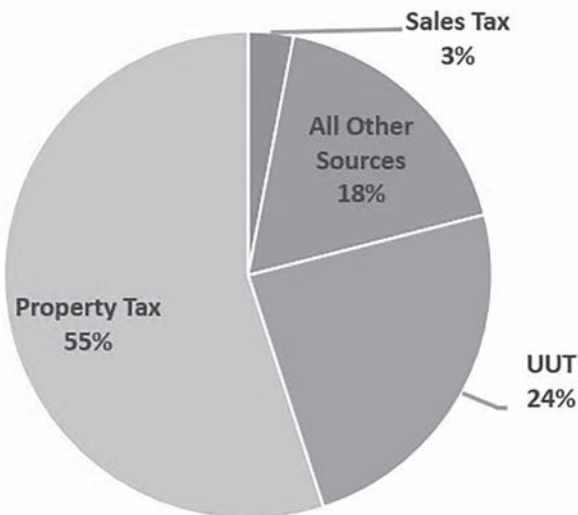
UPDATED FISCAL IMPACT ANALYSIS OF MEASURE D AVAILABLE TO THE PUBLIC

The Sierra Madre City Council asked staff to complete an updated fiscal impact analysis of Measure D: Stop the Utility Users’ Tax (UUT) which appears on the April 10, 2018 ballot. The complete report is available on the City’s website (<http://www.cityofsierramadre.com/cms/One.aspx?portalId=212393&pageId=8660947>) and can be found by clicking on the "Fiscal Impact " link located on the City’s homepage. The report includes specific reduction proposals as they relate to Police, Fire and Medic Services, Library, and Community Services, should a majority of voters choose to "Stop" (repeal) the Utility Users Tax.

The Utility User Tax (UUT) provides 24% (\$2.6M) of all General Fund revenue to the City and supports public safety (Police and Fire) and recreation programs (Library and Community Services) in addition to all other general activities of the Sierra Madre government.

The largest single area of expenditure from the General Fund is for the Sierra Madre Police Department which expends 33% of all General Fund revenues. The other large General Fund departments include the Fire Department (18% of expenditures), and the City Library (7% of expenditures). In total these departments are responsible for \$6,418,700 of the total General Fund uses of 11,035,700 or 58%. Public Safety (Police and Fire) account for more than \$5.6M or 51% of the total General Fund budget.

2017-18 Revenue Sources

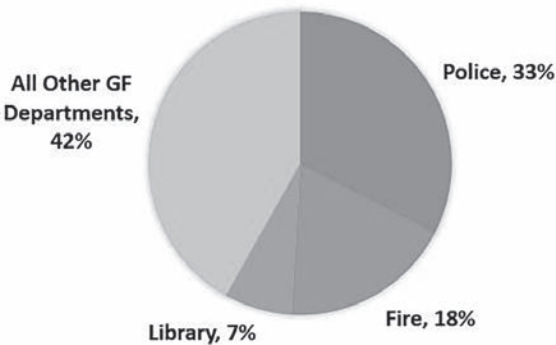


The possible financial impact if the UUT is eliminated, and the General fund is reduced by \$2.6M, could mean the entire elimination of some departments, and/or significant service level reductions, or changes to the way City services are provided, in addition to the specific proposals outlined in this analysis.

Reducing General Fund Expenditures by \$2.6 million, while preserving all Public Safety services would necessitate a 48% reduction in all General Fund expenses outside of Police and Fire. A reduction of \$2.6 million to the General Fund while keeping Public Safety intact is not possible.

If Measure D is approved, the City Council will consider:
Eliminating all 4 Police Sergeant positions and 6 of 10 Police Officer positions;
Eliminating all paramedic and ambulance response from the Sierra Madre Fire Department;
Eliminating the Community Services Department in its entirety; and
Reducing Library services to one day a week.
If expenditure reductions fail to meet the loss in UUT revenues, the inevitable result will be the eventual depletion of General Fund reserves, potentially leading to the disincorporation of Sierra Madre.

GENERAL FUND EXPENDITURES BY PERCENT



SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 3 0 5 day and night time calls for service.

Wednesday, March 14

Between the hours of 2:30 p.m. on this date and 9:30 a.m. on Thursday 3/15, several vehicles were broken into and ransacked with a few that had property missing. In most cases the vehicles were locked and parked in the driveway. These events of burglary or vandalism occurred in the 400 block of Grove St., the 300 block of E. Grandview and the 300 block of Toyon Rd. Case to Detectives

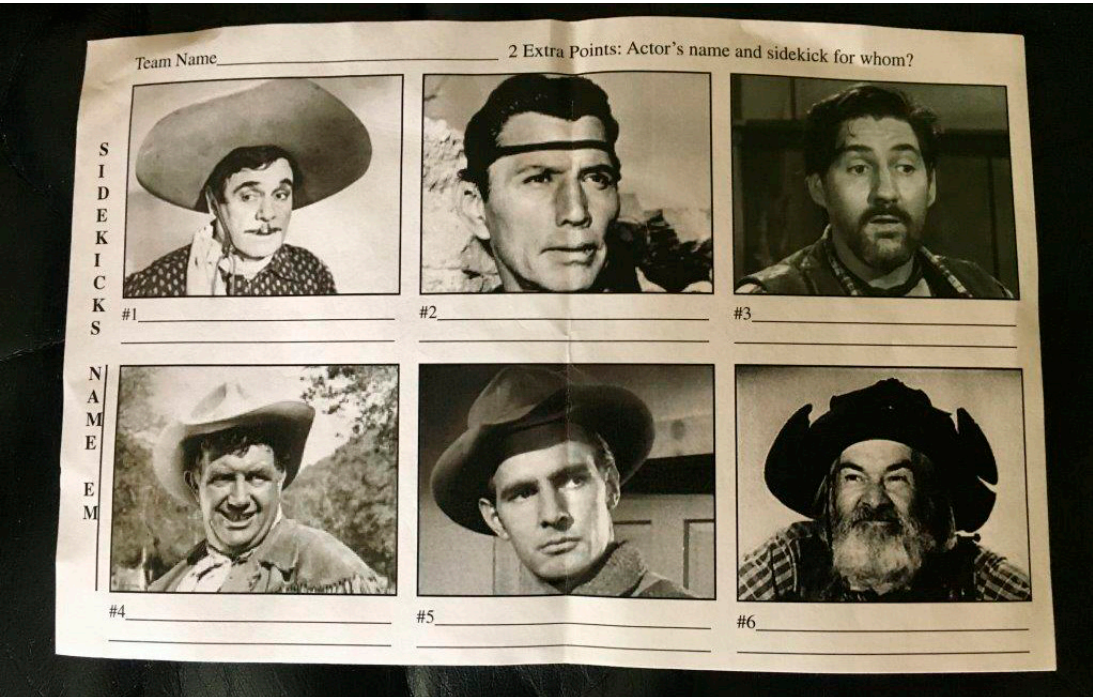
Thursday, March 15

At about 1:07 a.m. officers stopped a vehicle for a traffic violation. The driver admitted to be in possession of methamphetamine. Following an investigation, along with the methamphetamine, drug paraphernalia was also found in the vehicle. The driver was arrested and transported to the Pasadena Police jail and his vehicle was stored. Case to Pasadena DA’s office.

Saturday, March 17

Officers responded to a suspected drunk driver in the 00 block of Kersting Ct. Officers conducted a DUI investigation and arrested the man for a DUI. The subject was transported to the Pasadena Police Jail. Case to Pasadena DA’s office.

WALKING SIERRA MADRE



Bees and hummingbirds feasting on the blossoms on our lemon trees.
The flowering cherry/plum trees all over town...glorious shades of pink.
My tiny wistaria vine twining itself around the fence again.
The sunrises every day this week.

These things listed above are the most beautiful things I’ve seen this week. Today is the first day of Spring and looking around our neighborhood and all around town, the following verse pretty much says it all:

“You will live in joy and peace. The mountains and hills will burst into song, and the trees of the field will clap their hands!” Is. 55:12

Could we have asked for a more delightful weekend for the Wistaria Festival? Probably not. Once again, crowds flocked to see the world’s biggest Wistaria Vine, strolled around downtown, enjoyed Sierra Madre and probably wished they could live here, too. I’ve been keeping an eye on my own favorite Wistaria vine, on Grandview, north side of the street, almost to Santa Anita, and it has just a few blossoms on it so far but as I drive past it on my way to Physical Therapy I can check it out twice a week – yes, friends and neighbors, my newly replaced knee (January 16th) is coming along nicely but isn’t what you’d call a “normal” knee yet. Dr. Owens, my surgeon, says, rather off-handedly, “Oh, it takes about six to eight months...” Seriously? I’m past the two month mark and have no intention of taking six to eight months to get back to being able to walk around town. We called this column: “Walking Sierra Madre!” not driving Sierra Madre!

They’re making a movie in town and the former Petunias is now attractively decorated as “The Seaside Coffee Shop” and with the blue gingham curtains, looks charming. Not sure what the movie is, but somebody will know and enlighten us all.

We have a new business in town where Goody Bags was on Sierra Madre Blvd. “Craft” I’m planning to stop in and will have the details for you next week. I think a craft shop is a great idea for us as we don’t have anything like that and we’re kinda too far from Michael’s to be able to stop in and pick up a couple more of whatever we need for our current project.

OK, you’ve looked at the picture and are wondering... what in the world!! Well, here’s the scoop: The amazingly talented Rich Johnson of JJ Jukebox fame, hosted the inaugural night of Trivia at Corfu, right here in town. Incidentally, if you haven’t dined at Corfu, you’re not being good to yourself. I find I am craving their

chicken breast kebab, a boneless, skinless chicken breast barbequed and served with grilled veggies, hummus, tabbouleh and pita bread. This chicken is so tender and tasty, and the hummus! All the teams ordered big bowls of hummus and pita to keep their strength up. Soooo good!

OK, back to Trivia. There were sixteen Trivia fans in attendance, broken up into four teams. Categories were General Knowledge/Geography; U.S. Presidents/History; Oxymorons; Movie Sidekicks and, lastly, Iconic Movies Named After Women. Our team got all the Iconic Movies right... here are a few of the ladies; Audrey Hepburn, Joan Crawford, Sally Fields Bette Davis and their movies... you guys would all get these right: Funny Face for Audrey; Mildred Pierce for Joan; Sybil for Sally, Jezebel for Bette.

A couple of the oxymorons – you know what those are – a figure of speech in which apparently contradictory terms appear in conjunction: Jumbo shrimp, good grief, crash landing.. you get the idea. Our team did fairly well with that one. I won’t get into the general knowledge/history stuff but we excelled there, too, mostly due to daughter, Leah, son-in-law, Chuck and the rest of our team. Now then, The Movie Sidekicks... How many did you get? And did you recognize #5 as devastatingly handsome Dennis Weaver, playing Chester on Gunsmoke? You got Tonto, I’m sure (#2) whose real name was not Jay Silverheels, but something else altogether and he was originally from Canada! Whose sidekick was Andy Divine? Gene Autrey. Gabby Hayes? Roy Rogers. And #1, the Cisco Kid’s sidekick, Pancho.

This was so much fun and we’re all hoping Rich does it again. You’d be amazed at how much you know. We certainly were.

A little unfinished business, Robert Gjerde corrected a couple of items in the interview we did a couple of weeks ago: “The fire department is staffed by three firefighters, not CERT members. The “Internet” probably won’t be working after a major disaster, but the emergency data network we are building, will.” Thanks, Robert!

It’s been a good week in Sierra Madre and our own personal mountains have never been more spectacular!.

My book page: Amazon.com: Deanne Davis Check out “The Crown” now that we are heading for Easter...

If you’ve ever wondered what happened to that crown of thorns,

“The Crown” is perfect for you! Star of Wonder the CD is now on TuneCore! Take a look! Blog: www.authordeanne.com

Follow me on Twitter, too! <https://twitter.com/playwrightdd>

FRIENDS OF THE SIERRA MADRE LIBRARY BEST USED BOOK SALE

The Friends of the Sierra Madre Public Library are looking forward to the April Best Used Book Sale. The sale will be held on Friday, April 6 from 3:00 – 7:00 p.m. and Saturday, April 7 from 10:00 a.m. – 2:00 p.m. behind the library.

Featured in the BASEMENT this time will be a BUY ONE – GET ONE FREE sale on our popular Cookbooks, Gardening, Decorating and Craft sections. This sale will also apply to a recent, very large donation of new Quilting books. We also have many NEW boxed CD sets and a large number of single nearly new CDs and DVDs in the basement. As always, the Table will be filled with “coffee-table” type books on Art, History, Sports and Contemporary Culture as well as great prices on our shelves of fiction and non-fiction.

The PARKING LOT will feature boxes of DC and Marvel comic books at only \$.25 or 5/\$1.00. They are in great condition and protected with Mylar covers. There is also a large number of Children’s and Teen books this time which are priced from \$.25 - \$1.00 each. Small paperbacks and Bargain Books go fast at our always low prices, so come early for the best selection.

We hope to see you at the April Book Sale, where you will find wonderful books in great condition.

The sale will be held behind the Sierra Madre Library, 440 West Sierra Madre Blvd. in Sierra Madre. All proceeds are used for services, acquisitions and programs of the Sierra Madre Library. We look forward to talking about books with you at the Best Used Book Sale!



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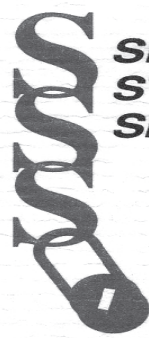
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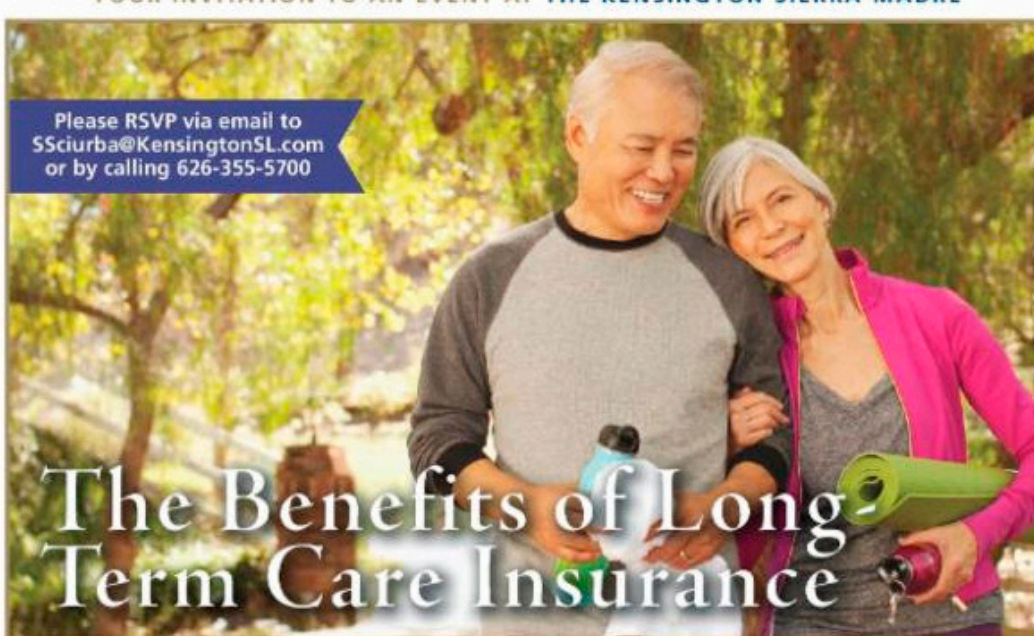
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The Benefits of Long
Term Care Insurance

More people will one day need long-term care (LTC)
services at home, in residential care or in a nursing
facility — and the cost for care is rising.

Seven common myths of LTC
Yet many common myths surround LTC products and services.
Perhaps you've heard (and even believed) these and others:

1. "A government program will take care of me."
2. "I can save the money I'll need for LTC services."
3. "Only old people need LTC services."
4. "I don't need separate LTC protection because I have health insurance."
5. "LTC protection pays for nursing home care only."
6. "I can't afford LTC insurance."
7. "We don't need LTC protection because we have each other."

Speaker, Beth Morrill, RICP®



Beth has been a Financial Services Professional since 1989. Her passion is building personal relationships with her clients that mirror her financial strategies, with the long-term in mind. She enjoys the relationships that she has built and continues to foster with her clients over the past 28 years.

EVENT DETAILS

WEDNESDAY, MARCH 14, 2018
From: 6:30pm – 8:00pm

at The Kensington
245 West Sierra Madre Blvd.
Sierra Madre, CA 91024
(626) 355-5700



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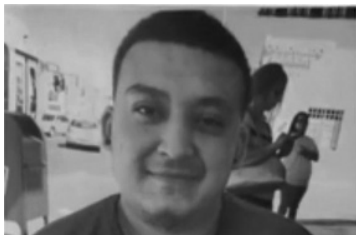
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Pasadena Altadena

News From Your Community For Your Community

\$20,000 Reward In Murder Of Motorist



Supervisor Kathryn Barger introduced a motion before the Board of Supervisors Tuesday, asking for a \$20,000 reward for the person(s) responsible for dropping a boulder from the overpass at Orange Grove Boulevard in Pasadena onto the 134 freeway resulting in the death of Cristopher Lopez.

On Tuesday, March 13, at approximately 8:55 p.m., Guadalupe Gutierrez was driving with her husband, Christopher Lopez, their 4 year-old daughter and Mrs. Gutierrez' mother westbound in the HOV lane, at approximately 70 miles per hour.

When the car passed under Orange Grove Boulevard in Pasadena, a 30-pound boulder crashed through the windshield hitting Mr. Lopez who was seated in the passenger seat. Mrs. Gutierrez drove her husband directly to Glendale Adventist Medical Center. Despite the efforts of emergency personnel, Mr. Lopez succumbed to his injuries and was pronounced deceased at the hospital. Mr. Lopez is survived by his expectant wife Guadalupe and their daughter.

CHP investigators are seeking witnesses who may have noticed any suspicious person(s) or activities around the area of Orange Grove Boulevard and State Route 134 freeway on the evening of the incident.

Anyone with any information should call Crime Stoppers Hotline 1-800-222-8477.

Pet of the Week



Cody (A411530) is an 11-year-old lab mix seeking a home. Cody is a friendly boy who loves meeting new people. Once outside of his kennel, he is calm, loves to go for walks, and will show off his "sit," "down" and "stay" commands. Over the past couple of years, Cody has bounced from home to home after his original owner died. His previous adopter reports that he now suffers from separation anxiety. Sweet Cody is looking for an understanding new owner and a stable home to call his own.

Cody's adoption fee is reduced to \$100 because he has earned his blue ribbon (he knows his "sit," "down," and "stay" commands.) The regular adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home. Cody also qualifies for our Seniors for Seniors program, waiving his adoption fee for adopters age 60 and over.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



Residents Call for Transparency for New Power Plant Above Pasadena

The city of Glendale's Planning Commission voted 2 to 1 Wednesday night against adopting a Mitigated Negative Declaration that would have allowed the construction of a 12-megawatt power generation facility southeast of Pasadena above the Arroyo Seco. They also voted 2 to 1 in favor of a full Environmental Impact Report for the project after many in the audience demanded it.

Of the 34 speakers only one was a resident of Pasadena although the project is less than a mile from Pasadena's Linda Vista neighborhood and the Rose Bowl.

"I only found out about this whole situation a few days ago," said, Nina Chomsky, President of the Linda Vista~Annandale Association. "I discovered in my research that the city didn't bother to notify me or Council member Steve Madison of this proposed project or the Linda Vista~Annandale Association."

She went on, "It looks like there is a whole plan to redo Glendale's power operations, we know about the expansion idea [of the landfill] then we have this proposal and we have two more projects and they're all related? how could they not be?"

Chomsky noted that she was not speaking on behalf of

the Linda Vista~Annandale Association. She alleged the projects secrecy was illegal.

"To breakdown these four projects and have them all float around in different universes and somehow they'll come back together someday. That is not permitted under CEQA [California Environmental Quality Act]."

Other speakers made note of the projects proximity to Art Center in Pasadena, Kids Space and the Aquatic Center in Brookside Park.

At issue was the projects Proposed Mitigated Negative Declaration. Many of the public were concerned about fire, earthquakes, noise and air quality.

"We are always concerned about fire in the Linda Vista~Annandale area," Chomsky said. "We have open canyons, we have the narrow streets... and add 90,000 people at the Rose Bowl for an event panicked to get out."

One resident were so far as to relate the project and air pollution to adding more than 1000 cars on the freeway every hour every day of the year.

According to a Glendale city staff report they are proposing a 12 megawatt power generation facility (utility and transmission facility) that will utilize landfill

gas to generate renewable energy at 2.2 acre area located at southern portion of a 535 acre site (Scholl Canyon Landfill) that is located in the SR (Special Recreation) Zone. The Project includes the construction of two 1,000 square foot modular office buildings, a 60,000 gallon fire water tank, a 10,000 gallon water storage tank, a two-thirds of mile natural gas pipeline system, four 840 square-foot engine generator enclosures with 40-foot tall exhaust stacks that are three-feet in diameter, 40-foot tall flare stack, retaining walls (up to 23-feet tall) and a 384 square-foot power distribution center.

Pasadena Conference on Healthy Aging

Seniors 50 and older will fine-tune their lives, health, safety, relationships and more at the free Pasadena Conference on Healthy Aging scheduled Saturday, April 28, from 8 a.m. to 1:30 p.m. on the campus of First Church of the Nazarene of Pasadena, 3700 E. Sierra Madre Blvd.

The conference will begin with a keynote address by Dr. Laura Mosqueda, interim dean and professor of family medicine and geriatrics at USC's Keck School of Medicine. The title of her presentation will be "Aging with Purpose: Grace, Meaning and Joy."

Workshop topics will range from medical marijuana to senior cyber safety. There also will be workshops on the latest updates on Medicare, financial security, caregiver support and more, plus demonstrations, health screenings and an exhibitor hall.

While there is no cost to attend the conference, registration is required. Visit pasadenaseniorcenter.org or call 626-685-6730 to register or for more information. Free lunch will be provided to registered participants.

Arts and Sciences Talk and Tour

Explore some of the stories behind Pasadena's inspiring and multifaceted history and learn about several of the improbable people who propelled Pasadena into the 21st century and beyond Friday, April 20, at 11 a.m. when a talk at the Pasadena Senior Center, 85 E. Holly St., will be followed by a tour of the Pasadena Museum of History's new exhibition "Dreaming the Universe: The Intersection of Science, Fiction and Southern California." The event will be presented by Julia Long, founder of Pasadena Walking Tours.

The cost for members of the Pasadena Senior Center is only \$10. Transportation to the museum is not included, and there will be an additional cost to enter the museum (\$9 general admission and \$8 students and senior citizens).

Sign up for the talk only, the museum visit only or the combined talk and museum tour by stopping by the Welcome Desk at the Pasadena Senior Center or calling 626-795-4331. For more information visit pasadenaseniorcenter.org.

Orange Grove Project Meeting Canceled

Hundreds of Pasadena residents joined Mayor Terry Tornek, Councilmembers Gene Masuda and Margaret McAustin, and City staff, Thursday, to discuss the proposed Orange Grove Boulevard. "Road Diet" project. Over 100 of the attendees provided public comment. There will be time for additional public comment before any decisions are made; however, for the reasons set forth below, the second community meeting that was scheduled for March 28 has been postponed until further notice.

As was discussed at the meeting, the proposed timing for the resurfacing of Orange Grove Boulevard, which would necessarily precede any restriping of the street to implement a "Road Diet", is expected to be postponed for approximately twelve months to allow time for the Water and Power Department to install a proposed 3.5 mile water transmission line from Sunset Avenue to Sierra Madre Boulevard. In other words, any decision on the "Road Diet" is likewise being postponed.

While the intent of the proposed "Road Diet" is to enhance safety, it is clear that there are many concerns regarding the potential



impacts of the project as it has been proposed. These concerns have been taken to heart by the City representatives.

Given delays caused by the water transmission line project, City staff has an opportunity to develop greater community dialog and to work toward an approach that is more likely to be accepted by the community. Additional information will be shared as it becomes available.

"We are grateful to all those who participated at the meeting, or made their thoughts known previously. Pasadena's engaged and informed citizenry is one of things that makes our community so special," stated City Manager Steve Mermell.

A copy of the presentation provided at yesterday's meeting and project updates can be found at the project website located at <http://saferstreets.cityofpasadena.net>

Free Monthly Events at Pasadena Senior Center

There is something for everyone at the Pasadena Senior Center, 85 E. Holly St.

You do not have to be a member to attend. Some events require advance reservations as noted.

Understanding the Bill of Rights – Monday, March 26, at 1 p.m. The U.S. Constitution has 27 amendments. Learn about the Bill of Rights, the first 10 amendments that were ratified in 1791 and outline the basic rights and freedoms of American citizens. Presented by Carol Cheadle. Please RSVP at the Welcome Desk.

Five Wishes/Advance Directives – Thursday, March 29, at 10 a.m. Do you know what kind of care you want if you become seriously ill? By filling out a simple form, you can tell your family and friends about your healthcare wishes ahead of time and spare them the uncertainty and confusion that can be associated with trying to make decisions without such a directive. Learn how a healthcare power of attorney is used in California and how to communicate your wishes with a concise yet comprehensive document. This class will highlight Five Wishes, the advance directive used by most physicians and health plans. Attendees will receive forms at no cost. Presented by Vitas Innovative Hospice Care.

A Toast to the Joys of Music – Tuesdays, April 3 to 24, from 9:30 to 11:30 a.m. Tom Campbell returns to play his guitar and sing covers of traditional country, country rock, blues, folk, gospel and classic rock music made famous by The Grateful Dead, Vince Gill, Merle Haggard, B.B. King, Willie Nelson, Elvis Presley, The Rolling Stones and others.

Scenic Walkers Club – Wednesdays, April 4 to 25, at 10 a.m. Join members of the Pasadena Senior Center's Scenic Walkers Club for walks to scenic local places to enjoy the great outdoors and get some exercise. For more information, including where to meet up each week, contact Scenic Walkers Club coordinator Alan Colville at

alancolville@charter.net.

Rental Scams – Thursday, April 5, at 10 a.m. The stress of finding an apartment or granny flat to rent is almost inevitable due to the search, competition, upfront money. Sometimes the rental process goes from aggravating to illegal. While the majority of rental listings are legitimate, rental scams are widespread. Come learn about the most recent scams and how to avoid them. Presented by Coldwell Banker.

Domino Club – Thursdays, April 5 to 26, at 1 p.m. If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for seasoned players. The accompanying laughter is contagious! For more information call Vicki Leigh at 928-478-4654.

Friday Movie Matinees – Fridays at 1 p.m. Everyone enjoys the experience of watching movies and the pleasures they bring. April 6: "Murder on the Orient Express" (2017, PG-13) starring Kenneth Branagh and Penélope Cruz. Thirteen strangers are stranded on a lavish European train where everyone is a suspect as the celebrated detective Hercule Poirot races against time to solve the mystery before the murderer strikes again.

HUMAN/INSTRUMENT – Friday, April 6, at 3:30 p.m. Guest artists will explore the human body – the original musical instrument, harnessing heart rhythms through listening and seeing harmonies, body percussion and movement. RSVP at the Welcome Desk or by calling 626-795-4331. All class participants will receive complimentary tickets to the HUMAN/INSTRUMENT concert led by MUSE/IQUE artistic director Rachael Worby Sunday, April 8, at 5 p.m.

The Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people 50 and older.

ARCADIA

Sierra Madre

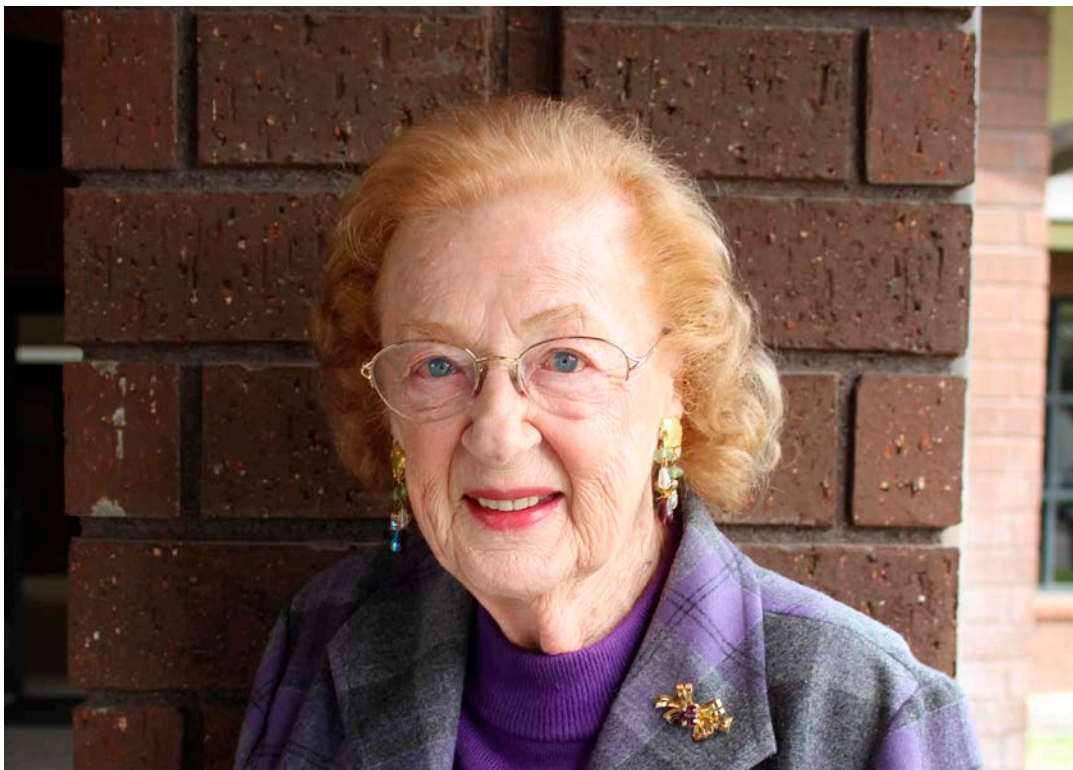
Arcadia

Pasadena

Altadena

Monrovia

ARCADIA ROTARY CLUB'S SALUTE TO SENIORS LUNCHEON



The annual Salute to Seniors Luncheon sponsored by the Arcadia Rotary Club will be held on Tuesday, May 8, 2018 from 11:30am-1:30pm at the Arcadia Community Center, 365 Campus Drive. At this special event, the Arcadia Rotary Club along with the City Council, Senior Commissioners, and other guests will honor Mary Hansen, the City of Arcadia 2018 Senior of the Year! Tickets will be distributed beginning Tuesday, March 27, 2018 at 7:30am, limit two (2) tickets per person.

ABOUT THE HONOREE

Congratulations to the 2018 Senior of the Year, Mary Hansen. Mary is the 2018 Senior of the Year because of her 46 plus years of volunteer work and dedication throughout the City of Arcadia. Over the past 46 years, Mary has volunteered in many capacities ranging from board member to President for the following organizations: Arcadia Beautiful Commission, Methodist Hospital, American Heart Association, Centennial Celebration, Lutheran Church of the Cross, Meals on Wheels at the Red Cross, Women's Club, American Cancer Society, Breeder's Cup, Arcadia Tournament of Roses, ALTRUSA, Arcadia Republican Women, Chamber of

Commerce, Friends of the Arcadia Historical Society, and Arcadia Coordinating Council. Mary has not only volunteered countless hours to the Arcadia Community but she has also made generous contributions to the Arcadia Rotary Veterans Memorial and also to the Arcadia Police foundation to purchase K-9 Officer Zoli. The City would like to congratulate Mary for her service, dedication, and contributions to the community.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

ARCADIA POLICE BLOTTER

For the period of Sunday, March 11th, through Saturday, March 17th, the Police Department responded to 922 calls for service, of which 117 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, March 11:

Just after 3:00 a.m., an officer was dispatched to Springhill Suites by Marriott, 99 North Second Avenue, regarding a subject seen loitering to the front of the location. The officer contacted the subject and a consensual search of his backpack revealed he was in possession of methamphetamine. The 22-year-old male from Downey was arrested and transported to the Arcadia City Jail for booking.

Just before 4:00 a.m., an officer conducted a traffic stop on a vehicle in the area of Baldwin Avenue and Duarte Road for speeding. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 30-year-old female from Temple City was driving under the influence of an alcoholic beverage. She was arrested and transported to the Arcadia City Jail for booking.

Monday, March 12:

Just before 1:00 a.m., an officer responded to the front counter of the Arcadia Police Department, 250 West Huntington Drive, regarding the report of a robbery. The victim stated he was inside his vehicle parked on Arcadia Avenue with his driver side window down when he was approached by two male suspects. One suspect demanded his property and told the victim that he had a knife. The second suspect opened his passenger door and removed the victim's backpack. The suspects are described as two male Asians wearing dark hooded sweatshirts. The investigation is ongoing.

At approximately 3:40 p.m., officers were dispatched to the 400 block of West Naomi Avenue regarding a suspicious vehicle with subjects seen looking into mailboxes. Officers located the vehicle and its three occupants. An investigation revealed they were in possession of stolen property, burglary tools, and methamphetamine. One subject had outstanding warrants for his arrest and was also charged with resisting arrest. The 32-year-old male from Fontana, 35-year-old male from Alhambra, and 29-year-old male from Whittier were arrested and transported to the Arcadia City Jail for booking.

Tuesday, March 13:

Just after 10:00 a.m., officers responded to the 200 block of Hacienda Drive regarding an auto burglary investigation. The victim told officers he saw an unknown suspect cut the lock securing the roll up door to his truck. The suspect then stole his gardening equipment and fled the scene in a white truck. The suspect was described as a male Black wearing a black hat, a black shirt, a yellow reflective vest and green pants.

Just before midnight, officers were dispatched to a residence in the 400 block of West Le Roy Avenue regarding a residential burglary. An investigation revealed unknown suspect(s) made entry by unknown means, stole jewelry, and fled the scene in an unknown direction. The investigation is ongoing.

Wednesday, March 14:

Just after 8:00 p.m., officers were dispatched to a residence in the 400 block of Le Roy Avenue regarding a residential

burglary. Unknown suspects forced entry into the home by breaking a bedroom window. Three suspects, described as Caucasian males with dark hair, were seen fleeing the residence. They entered an awaiting vehicle, described as a white late model sedan, and fled the scene eastbound on Le Roy Avenue.

Just before 11:00 p.m., an officer responded to the 800 block of West Naomi Avenue regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed an unknown suspect stole the package and fled the scene on a bicycle. The package was found abandoned along with a bicycle near a residence in the 9000 block of East Naomi Avenue.

Thursday, March 15:

At approximately 7:30 p.m., officers responded to the parking lot of Nordstrom, 400 South Baldwin Avenue, regarding the report of an attempted robbery. The victim told officers she was retrieving items from the backseat of her car when the suspect, described as a male Hispanic wearing a red shirt and blue jeans, grabbed her purse. The victim clutched her purse tightly and the suspect eventually let her purse go and fled the scene by entering the passenger side of an awaiting red four door sedan.

At approximately 9:30 p.m., an officer responded to a residence in the 1300 block of Oakwood Avenue regarding a burglary. The officer determined unidentified suspect(s) entered the residence by smashing a window to the master bedroom. The suspect(s) then ransacked the residence before fleeing. The loss was undetermined due to the fact that the residents were out of the country at the time of the burglary. No suspects were seen and no witnesses were located. The investigation is ongoing.

Friday, March 16:

Just after 11:30 a.m., an officer was dispatched to H Mart, 1101 West Huntington Drive, regarding a subject being detained for theft. An investigation revealed the subject stole a can of soda and hid it in his coat. Employees contacted the subject and asked him to return the can of soda. The subject then raised his skateboard over his head and threatened to hit the employees with it. The employees followed the subject outside, rushed him, and a struggle ensued. The subject bit one of the employees during the struggle. The 23-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Just after 12:00 p.m., officers responded to a hotel room at Motel 6, 225 Colorado Place, regarding a domestic disturbance. Officers contacted the victim in the room and noticed she had visible injury to her face. She stated her boyfriend had pushed her to the ground causing her to hit her eye on a piece of luggage. The suspect then fled the scene. The investigation is ongoing.

Saturday, March 17:

At around 4:15 a.m., officers were dispatched to Walgreens, 253 East Foothill Boulevard, regarding a commercial burglary that had just occurred. Three unknown suspects made entry by prying open the front door of the location. They attempted to access the pharmacy department and fled the scene when they were unsuccessful. The suspects are described as males wearing hooded sweatshirts and black gloves. The investigation is ongoing.

MONROVIA - DUARTE

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ASSEMBLY MEMBER BLANCA RUBIO BRINGS DUARTE COMMUNITY TO SACRAMENTO



The Duarte Chamber provided the opportunity for local businesses, residents and officials to have lunch with Assembly Member Blanca Rubio and to hear how she is representing our area. Assembly Member Rubio was elected in 2016 and is considered a "Moderate Democrat" since she does have a commitment to represent business issues along with those of the community.

Blanca has worked tirelessly to give her constituents a voice in the Capitol, placing advocacy for children, women, families, students, and immigrants at the forefront of her work. Since her election in 2016, Blanca has authored bills that support victims of domestic violence, create opportunities for children within the foster care system, ensure our youngest students are given proper support to succeed in school, and support for immigrant communities. Through her work as Chairwoman of the Human Service Committee, Blanca has raised awareness of women's rights by authoring resolutions that declare August Breast Feeding Awareness Month and October Domestic Violence Awareness Month.

Blanca made it clear to everyone in attendance that she is an advocate for issues in her district, and her staff is always available to assist constituents, including cities, businesses and organizations with state related concerns. In one case during a meeting of the Joint Legislative Audit Committee where discussion of the state and regional water boards was being considered, she recalled the multiple concerns relayed from the foothill cities in her district regarding the burdensome cost of the MS4 Sotrm Water Permit. The impact to Duarte would be multiple times their annual budget. During this committee discussion, Blanca asked that the audit include the cities in our district to shed light on the process and outcome. The audit was released earlier in March and the CA Auditor's report validated

the many concerns by the foothill cities. Had it not been for the advocacy of cities like Duarte, she would never have had the opportunity to speak on their behalf when the chance was presented.

After her update, the Assembly Member responded to several questions from the attendees including what she sees as the biggest issue for businesses over the next two years. Her biggest concern is workforce development and the need for businesses, public entities and schools to partner and ensure young people are getting the skills and training needed for the workplace. One example the anticipated number of employees retiring in the next few years from the Gas Company – leading to a shortage of trained welders. Bob Cruz, past Chair of the Duarte Chamber, was able to share information regarding a partnership between Delafied (a Duarte Chamber member business) the Duarte Chamber, Duarte Unified School District and Mt SAC. Collectively, a welding "Boot Camp" was created for Juniors and Seniors in High School for training through Mt. SAC. Mr. Cruz continued, "The first camp was held last summer and was so successful that the group wants to expand it in the future. Assembly Member Rubio eagerly responded, "Let us know how we can help you grow that. I will use that as an example of how they [chamber, education and businesses] are working to develop their workforce."

Attendees at the luncheon included members of the Duarte Chamber Board, Duarte Unified School District Board members Doug Edwards and Reyna Diaz, DUSD Superintendent, Allan Mucerino, Duarte Mayor, John Fasana, Duarte Mayor Pro-Tem Liz Reilly, Duarte City Council Member, Tzeitel Paras-Caracci as well as representatives from the offices of State Senator Anthony Portantino, and County Supervisor, Katherine Barger.

ARCADIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 480 service events, resulting in 99 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter, Instagram or Nextdoor.

Commercial Burglary / Grand Theft Auto March 15 at 6:32 a.m., employees of a business in the 1900 block of S. Myrtle arrived at work to discover someone had removed the weather stripping on a glass window to gain access into the business. The suspects took several power tools and a whitepaneled van belonging to the business. This investigation is continuing.

Possession of a Controlled Substance / Parole violation – Suspect Arrested March 15 at 3:34 p.m., a caller reported a male subject using drugs in the parking lot of a business in the 500 block of S. Mountain. Officers arrived and located the subject. He was found to be in possession of heroin and a syringe. A computer check revealed he was on active parole. The subject was arrested for possession of drugs and violation of his parole.

Warrant – Suspect Arrested March 15 at 10:38 p.m., an officer was patrolling the 1600 block of S. Myrtle when he saw a subject he recognized from previous contacts. A computer check revealed the subject had a warrant for his arrest, so he was arrested and taken into custody.

Warrant – Suspect Arrested March 16 at 12:46 a.m., a sergeant was patrolling the 1600 block of S. Myrtle when he saw a subject he recognized from previous contacts. A computer check revealed the subject had a warrant for his arrest, so he was arrested and taken into custody.

Drug Activity – Suspect Arrested March 16 at 4:30 p.m., a caller reported a homeless subject trespassing in the parking lot of a business in the 900 block of S. Fifth. Officers arrived and found the subject to be in possession of a pipe used to smoke methamphetamine. He was arrested and later released with a citation to appear in court on the charges.

Injury/Traffic Collision March 16 at 4:48 p.m., two vehicles were traveling east in the 900 block of W. Duarte. One vehicle swerved into the other's lane, causing a collision. One of the vehicles then hit an Edison pole. The driver of the vehicle that hit the pole sustained non-life-threatening injuries and was transported to a nearby hospital for treatment.

Warrant – Suspect Arrested March 16 at 7:51 p.m., an officer was patrolling the 1600 block of S. Myrtle when he saw a subject he recognized from previous contacts. A computer check revealed the subject had a warrant for his arrest, so he was arrested and taken into custody.

Public Intoxication – Suspect Arrested March 16 at 10:20 p.m., a caller reported a female subject was intoxicated and yelling inside a hotel in the 900 block of S. Fifth. Officers arrived and located the subject. She was found to be too intoxicated to care for her own safety, so she was taken into custody.

Residential Burglary March 17 at 12:04 a.m., a resident arrived at her home in the 200 block of E. Pomona and discovered her home was burglarized and one of the rooms had been ransacked while she was away from the home. It is unknown what was taken. This investigation is continuing.

Warrant – Suspect Arrested March 17 at 12:53 a.m., an officer stopped a vehicle in the 100 block of E. Evergreen for a traffic violation. A computer check revealed the driver had a warrant for his arrest, so he was arrested and taken into custody.

Grand Theft Auto March 17 at 3:02 p.m., the customer of a business in the 3300 block of S. Peck parked his white Toyota truck in the parking lot, then went inside to shop. Fifteen minutes later he returned to his truck and discovered it had been stolen. This investigation is continuing.

Petty Theft / Fraud March 17 at 4:24 p.m., a customer was shopping inside a store in the 600 block of W. Huntington, when she noticed someone had stolen her wallet from her purse when she was not looking. She immediately called her bank to cancel her credit cards and was told the suspect had used her cards in nearby stores. This investigation is continuing.

Petty Theft March 17 at 5:13 p.m., a customer at a store in the 3300 block of S. Peck returned to his vehicle in the parking lot and noticed someone had entered his unlocked car and took several of his work tools. This investigation is continuing.

Warrant – Suspect Arrested March 17 at 7:13 p.m., a sergeant was patrolling the 400 block of W. Foothill when he saw a male subject he recognized from previous contacts. A computer check revealed he had a warrant for his arrest, so he was arrested and taken into custody.

Fraud / Warrants – Suspect Arrested March 18 at 12:38 a.m., a sergeant was patrolling the 900 block of W. Huntington when he saw a suspicious occupied vehicle parked at a gas station parking lot. A computer check of the license plate revealed the driver of the vehicle had a warrant for his arrest. The officer contacted the occupants and took both into custody for warrants. A vehicle search incident to arrest revealed numerous documents and other people's personal information used to commit fraud.

Battery March 18 at 1:25 a.m., a male subject reported he had been in a fist fight with another male subject earlier that night at a bar in the 500 block of S. Myrtle. He admitted he was intoxicated as well as the subject he was fighting. Officers were able to identify the second subject and this investigation is continuing.

Warrant – Suspect Arrested March 18 at 1:43 a.m., an officer was patrolling the 1500 block of S. Myrtle when he saw a subject he recognized from previous contacts. A computer check revealed that the subject had a warrant, so he was arrested and taken into custody.

Public Intoxication – Suspect Arrested March 18 at 3:04 a.m., an officer was patrolling the 100 block of E. Huntington when he saw a male subject stumbling across Huntington. It appeared the subject could not maintain his balance and was possibly going to be struck by a vehicle in the road. The officer contacted the subject and found him to be heavily intoxicated and unable to care for his own safety. The officer took the subject into custody for being drunk in public.

Shoplifting / Warrant – Suspect Arrested March 18 at 4:10 p.m., a male subject entered a store in the 1600 block of S. Mountain and removed merchandise from a shelf, then concealed it inside his backpack. The subject left the store without paying for the merchandise. He was stopped by store security and the police were called. A computer check revealed the subject had a warrant for his arrest. Officers took the subject into custody.

Shoplifting March 18 at 6:41 p.m., two female subjects entered a grocery store in the 100 block of W. Foothill and removed merchandise from a shelf, then left the store without paying. They were stopped outside the store by security and returned the stolen merchandise. They fled prior to the police arriving. This investigation is continuing.

THE FROSTIG CENTER TO HOST BREWS & BITES A FUNDRAISER FOR FROSTIG SCHOOL

Pasadena, CA – Good times are on the menu at The Frostig Center's Brews & Bites beer and food pairing on April 7.

Chefs Lalo Sanchez and Claude Beltran have created an eclectic menu of small plates and selected the perfect craft beer to pair with each dish. Guests will enjoy a total of five courses during the evening.

Between sips and bites guests will enjoy a Western band and dancing during this special evening at the Saddle & Sirloin Club, a rustic riding club in Atwater Village. NBC4 Southern California Weathercaster and stand-up comedian Fritz Coleman will serve as Master of Ceremonies.

The pairings will begin with appetizers accompanied by Firestone PIVO, a pilsner, and conclude with a dessert that is complemented by a

stout from Sierra Madre's own RT Brewing.

Each course will have a vegetarian option. Wine, water and soft drinks will also be available.

Funds raised at the event will support Frostig School, which serves students in grades 1-12 who have learning differences such as dyslexia, ADHD and autism spectrum disorder. Frostig School offers a transformative experience to children and teens who have struggled in school due to their learning challenges. To learn more about Frostig School, or to purchase tickets to Brews & Bites, please call 626-791-1255.

The Saddle and Sirloin Club is located at 3933 Rigali Avenue in Atwater Village. Festivities begin at 5:30 p.m.

Editor's Note: A photograph of Fritz Coleman was included with this news release.



ARCADIA HIGH SCHOOL RECEIVES NATIONAL RECOGNITION FOR COMMITMENT TO EMPOWERING STUDENTS

-Named a distinguished school for its STEM and career learning program-

ARCADIA-- Arcadia High School has been recognized as a Project Lead The Way (PLTW) Distinguished School for providing broad access to transformative learning opportunities to students through PLTW engineering courses. Arcadia High is one of only 10 schools in California and one of only 133 high schools across the U.S. to receive this honor.

"Our purpose in Arcadia Unified is to inspire students to have a positive and profound impact on their world," shared Arcadia Unified Superintendent Dr. David Vannasdall. "Receiving this honor helps us know we are staying true to our purpose by providing our students with important access to STEM [science, technology, engineering, and math] programs that will prepare them for the world and for the economy they will enter after high school."

The 2017-18 PLTW Distinguished School recognition honors schools committed to increasing student access, engagement, and achievement in their PLTW programs. To be eligible for the designation, Arcadia High had to meet the following criteria:

Offer at least three PLTW courses;

Have 25 percent of students or more participate in PLTW courses, or of those who participated in PLTW, at least 33 percent took two or more PLTW courses;

Have 70 percent of students or more earn a Proficient or higher on PLTW End-of-Course Assessments, or 10 percent of students earn the [AP + PLTW Student Achievement](#).

"It is a great honor to recognize Arcadia High School for its commitment to students," said Vince Bertram, President and CEO of PLTW. "This school is a model for what school should look like, and Arcadia High should be very proud of ensuring students have the knowledge and skills to be career ready and successful on any career path they might choose."

"It is a great honor to recognize Arcadia High School for its commitment to students," said Vince Bertram, President and CEO of PLTW. "This school

is a model for what school should look like, and Arcadia High should be very proud of ensuring students have the knowledge and skills to be career ready and successful on any career path they might choose."

"Students in this program design, build, fabricate parts, program, test their designs, and justify their work before a design review board. In other words, they practice being an engineer," said Chapman.

Arcadia High's PLTW program includes three courses: Introduction to Engineering Design, Principles of Engineering, and, the capstone course, Engineering Design and Development. The program also provides students the opportunity to work with and receive work critiques from professional engineers from the renowned Jet Propulsion Laboratory (JPL).

"Our students work with professional engineers through their capstone course, solving real-world engineering problems and developing and building designs that they take to both JPL's Invention Challenge and the Los Angeles Regional of the FIRST Robotics Competition," said Chapman. "Another positive evolution of this program is that many of these students have continued their education in some of the finest STEM colleges in the country, with alumni coming back to help out our current students as mentors."

Arcadia High School has also been distinguished a U.S. News and World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Similarly, Newsweek named Arcadia High on its Top Public High Schools in America list. Arcadia High was also recently identified by Niche.com as being in the top 2 percent of the best public high schools in California. For the second consecutive year, Arcadia High's 2017 graduating class had at least one student accepted into every Ivy League school in the country. Likewise, for the second consecutive year, Arcadia Unified School District was named on the College Board's 8th Annual AP® District Honor Roll.

For more information about the Arcadia Unified School District, please visit www.ausd.net.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave. Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, CA. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
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ODE TO THE TREE

Shelter and protection for birds and numerous other wild creatures. Shade on a sunny day and, by way of an amazing photosynthetic process, oxygen for the air we breathe. Leaves that fall and provide (given a chance) fresh soil, fruits and nuts that give us food to eat. Endless is the list of what trees do to sustain us.

The tremendous tree is one of the most remarkable living things we are blessed to cohabitate with, and in many ways, the giver of life on this planet. Yet, so often we humans can forget. We go from day to day, taking their presence very much for granted.

During a walk in Arcadia, I saw a woman standing in her front yard and I overheard her say to her husband, "This tree is making too much of a mess on our driveway...we should cut it down."

In this week's column, I felt compelled to take the opportunity to celebrate the beautiful and life-giving attributes of the trees we get to benefit from on planet earth. I used to be one of those people who'd fail to acknowledge and appreciate them from one day to the next, but that changed when I quit my corporate job and started my daily endeavor of dog walking.

On any given summer afternoon, I become what one might call a "shade hopper". With leashed dog in tow, I run from one tree-covered spot to the next, doing my best to avoid the burning pavement for my furry friend's feet and prevent the harmful rays of the sun from bearing down brutally on our backs. I've memorized the routes where there are tree canopies to protect us as we walk. And every time I see that a tree has gone missing, I sincerely mourn its loss.

The birds that dwell among us rely heavily on the local trees, particularly the tall strong ones. Those delicate yet determined little creatures seek refuge in the branches where their predators cannot see them. They work hard to build their nests and foster their families in the safety of the limbs. Without our local trees, the birds would be forced to leave or perish.

The aesthetic beauty that can be seen in a grove of trees cannot be emulated through any work performed by the hands of man. Only the Creator can bring about such wonder. Wireless service providers have made brave attempts to recreate the greatness. They've tried and failed tremendously to mimic this Maker's miracle with their camouflage technology. Let me just say - not even close!

When the wind blows, the trees dance to it's rhythm as if to remind us that life is a party to be participated in. "Lighten up and stop taking yourselves so seriously", they seem to scream. When the heavy wind bends them to a point where we fear they may fall, even then they remain flexible and allow their branches to be blown and cleansed by the passing storm. What a lesson we can learn from the trees' ability to bear up under pressure.

From the delicate mimosa with its pastel pink poms to the stately cedar with its blue-green needles and egg-shaped cones, few views can compare to these breathtaking life forms. Then

there's the odiferous eucalyptus and the fruit-bearing fig, the evergreen ash and the ever-healing ginkgo. But let us not forget the prayerful palm with fronds that seem to humbly bow down to the Creator.

Many of the trees we get to see as we venture out or our four walls and into our small town are not indigenous to this region (but who among us is?), yet they have willingly acclimated and evolved as they have found to be necessary in order to survive and thrive in their new surroundings. We should all be so tenacious in our own endeavor to bend, mend and blend in.

There are jubilant jacaranda with showy purple flowers lining the sidewalks of our streets and donning the backdrops of our blocks. How breathtaking is the plethora of autumn color that comes from the sweet gum liquidambar, bringing warmth to our hearts during that one time of year we have designated to be thankful.

From the incredible crepe myrtle to the tireless tentative tulip, the magnificent magnolia to the medicinal mulberry, so many are the talents of our dear friends, the trees. There's the luscious laurel and the bountiful bottlebrush, the stately stone pine and the purple-leaf plum with pink buds so divine. The list goes on and on.

With complete abandon, they display their wares in such stunning presentation no man-made design can begin to compare. Trees come in all sizes, shapes and colors. Their grandeur shouts strength into the sky and instills hope in the darkest, coldest heart. I could rave for days about the wonders of trees, indeed their majestic presence brings me to my knees.

Instead I'll bring this anthem to an end with a few of my favorite woody friends, which I hope will continue to grow strong and tall in our small town. The grandiose oak with meandering branches, the savvy, scenic sycamore grows swift, strong and dandy. And last but not least is the apt avocado holding fast and determined through the driest of droughts, still bearing fruit for those here and abouts.

And so this ends my ode of praise to the trees, for the glorious gifts they bestow upon me. Be sure to appreciate the ambience they bring to what may otherwise be quite a stark surrounding. Water and care for them, tell them you love them, for they, too, are living beings, not so different at all from you and me.



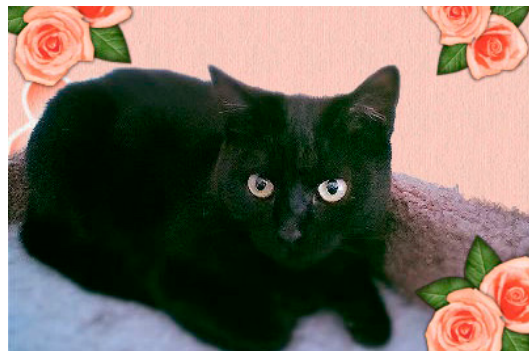
FOSTERS URGENTLY NEEDED FOR SHY CATS & KITTENS!

Katnip News!



Lifeline for Pets is in urgent need of foster homes for our shy cats. YOU can make the difference for one, like Gigi, and others, who are too shy to take to adoptions but who can blossom in a loving foster

home. Gigi is a beautiful all black girl, age 3. She does love treats, and that would be how a patient foster could win her over. You can see and meet Gigi at our cat pad. There is no fee to foster, just provide food, litter, safety, and love. We take care of any vet expense, if needed.



We really need you!! Call 626-676-9505. See more of our shy kitties at <http://www.lifelineforpets.org/shy-cats-need-homes-too.html>

Happy Tails

by Chris Leclerc



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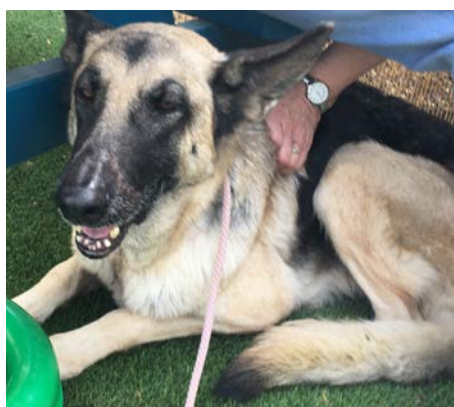
Namaste,
Keely Totten, E-RYT 500, Yoga & Meditation Teacher

Yoga is asana.
Yoga is action.
Yoga is meditation.
Yoga is learning.
Yoga is studying.
Yoga is chanting.
Yoga is awareness.
Yoga is seeking.
Yoga is finding yourself.
Yoga is being yourself.
Yoga is self-reflective.
Yoga is self-love.
Yoga is a state of being.
Yoga is calming the mind.
Yoga is balancing energy.
Yoga is compassion.
Yoga is service.
Yoga is union with highest self.
Yoga is a practice and a state of being. It encompasses all the practices that lead us to a state of deeper within, mastering the mind and living with purpose.

BEST FRIEND

Tammi is a tender six-year-old German Shepherd pup with a soft black and tan coat, lively auburn eyes and perky signature German Shepherd ears. Tammi sports the classic gorgeous German Shepherd looks and has the loyal and regal personality to match!

Tammi is a survivor who is feels better about the world around her and herself every day. She is initially shy but with a little patience and some tender loving care, she warms up to others. She does excellent on the leash and does not require much exercise other than daily walks. She does not know how to play with toys but she does enjoy treats and strolls around the park. This lovely girl is a very special dog with a forgiving heart and a resilient spirit who deserves a second chance in life with a caring,



loving and forever family that can show her all the good things in life. If you are looking for a quiet, tender girl to share your home and your heart with forever, then Tammi is the girl for you! Her adoption fee is \$145 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual
DO WHAT YOU NEED TO DO

Ida Keeling is 102 years old. Often we honor people for reaching the century mark. That's not what makes Ms. Keeling special. She just published her first book and what makes her noteworthy is at age 67 she crawled out of a depression after her two sons were murdered and became a cross-country runner. Now she's a world record holder for her age group. She didn't allow herself waste her life, wallowing in the past and regret. Now she inspires people all over the world. This thing called life, how do you do it? How can you live a productive, fulfilling life? Don't you want to make sure you squeeze all of the juice out of it? Link the bowl. Empty the tube. Leave nothing to waste. GET IT ALL.

Make sure that you get that good to the last drop, drop? Life is so good when you're awake and living it. You have to continue to pay attention. Every day we are making choices. Some are unimportant, but some decisions, when we are attentive, can change the trajectory of our

life. You will not always know the importance at first. You will only realize the consequences in hindsight. As Steve Jobs said, "you can't connect the dots going forward."

Don't expect to feel sure all of the time, but once you get started, there is some excitement in the unknown. Rather than feeling afraid, you may feel the excitement of having made a decision and taken the first step in support of the decision. You might next experience a rush from the momentum going toward your dream. Taking action feels good, thinking about doing something ...not so much. "Take every chance that comes your way." "Do what you need to do, not what you want to do." Ida Keeling--

Lori A. Harris
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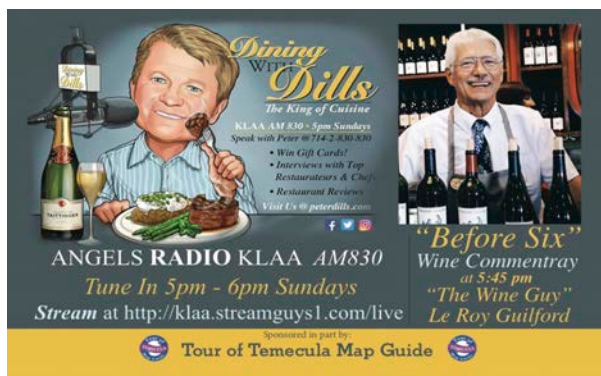
TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

If it's new, it must be ready for a review, right? Well, I can pat myself on the back for waiting a few weeks. Actually, the credit goes to the owners of the new new kid on South Lake Ave., "The Arbour". Before Smitty's, Del Frisco's, Crocodile Café and Paul Martin's, there was Burger Continental and The Chronicle, and that was pretty much it for food fare on South Lake. I was aware of The Arbour opening, but it was a bit of a cat and mouse game with owner/chef Ian Gresik - I was ready to come in, but he wasn't ready for me to stop by just yet. His stint at the Drago in DTLA did him right; he knows that a soft opening and limited reservations would be the foundation of something spectacular, and if my first time sitting at the bar was any indication of things to come The Arbour is not only a welcome addition to South Lake, but the entire San Gabriel Valley restaurant scene.

Before I get into the menu, the scene is typical of any modern built-from-the-ground-up restaurant with a beautiful bar area, open kitchen, and a nouvelle feel. Certainly, this not say that the other restaurants on Lake don't have their spaces looking sharp, but there is a feel to The Arbour that might make you think that you were dining in Napa if you didn't know any better, so much similar but so much different. Are you ready for this, sports fans? There is no television - no big screens anywhere at The Arbour, and I get it!! This place has a real focus on the food - imagine that! I mentioned Drago in DTLA - Ian was the youngest pastry chef in the US with a Michelin Star while at Patina (those are hard to come by). I know Ian and his wife aren't going to like this, but do yourself a favor, call first and make sure he is there. It makes the night so special with the owner/chef comes by and says hello, and his charm is the signature of the restaurant. And if you hold your breath and say M-I-S-S-I-S-S-I-P-P-I, you might get him to make his signature dessert, the California, right at your table. Looking to score points with the one you love? This a deal closer.

But wait, Johnny, there's more! We haven't even talked about the food yet.

My dad used to say pictures tell a thousand stories, and I am glad this article includes the dishes that I tried. I started off with a couple of cold appetizers (appetizer: defined as a small portion to stimulate the desire to eat) beginning with the Seafood Salad of crab, shrimp and shellfish with parsnips and Meyer lemon vinaigrette [side note: if you like lemonade, Meyer lemons are the best]. Next was the Bison steak tartare and Fresno chili stamp served with puffed bread. I mentioned that just before I was born that parents lived in Germany and tartare was very common. Chef Ian, of course, is familiar with European eating habits. Next from the hot appetizers was the Tagliatelle, crumbled pork



sausage, rapini light chili flakes, and san Joaquin gold cheese. From the entrees menu I had the Butternut Squash Agnolotti, and then a taste of the Sea Bass. My assessment was two thumbs up; the only problem was there were dishes that I didn't get to, and so badly want to return for, namely the Beef Chili and the Heritage Pork Chop. It's amusing to me that the menu doesn't offer descriptions, but what I had was so good that I can't wait for my return.

527 South Lake Ave. Pasadena
Notable Notes: valet parking/street parking, full bar, reservations suggested. The menu changes frequently, so go to their website at www.thearbour.com.

OLD-FASHIONED FRUIT CRUMBLE

Ingredients 4 servings

2½ cups fresh or frozen fruit, such as blueberries, peaches, strawberries, etc
1 tablespoon granulated sugar
3 tablespoons whole-wheat or all-purpose flour, divided
1 tablespoon orange juice
½ cup rolled oats
¼ cup chopped almonds, or pecans
3 tablespoons brown sugar
¼ teaspoon ground cinnamon
2 tablespoons canola oil

Preparation

Preheat oven to 400°F. Combine fruit with granulated sugar, 1 tablespoon flour and orange juice. Divide among four 6-ounce ovenproof ramekins. Combine oats, nuts, brown sugar, the remaining 2 tablespoons flour and cinnamon. Drizzle with oil and stir to combine. Sprinkle over the fruit mixture. Place the ramekins on a baking sheet. Bake until the fruit is bubbling and the topping is golden, 20 to 25 minutes. Let stand for at least 10 minutes before serving.

FREE EVENT! DINNER WITH FRIENDS AT SIERRA MADRE PLAYHOUSE ON MARCH 26

Sierra Madre Playhouse continues its Off the Page series of free staged readings with Pulitzer Prize-winning Dinner with Friends on Monday, March 26, 2018 at 7:00 p.m. Scott Alan Smith will direct.

Two married couples have been best friends for years. Karen and Gabe, international food writers, are giving a dinner for Beth and Tom, which he doesn't attend. It emerges from the heartbroken Beth that he has left her for another woman. Gabe and Karen are almost as crushed, having expected "to grow old and fat together; the four of us" and the shock causes them to take a long, hard look at their own marriage.

Donald Margulies is the playwright. His Broadway credits include The Country House, Sight Unseen, Collected Stories, Time Stands Still, Brooklyn Boy and What's Wrong with This Picture? He teaches at the Yale School of Drama.

Director Scott Alan Smith is the Associate Artistic Director of The Road Theatre. His directing credits include Melissa Arctic, Sovereign Body, That Good Night, Lady, New York Mets, So Nice to See You and The Petoskey Stones. He is also an actor. He received an MFA from the American Conservatory Theatre.

"Monday, March 26, 2018 at 7:00 p.m. At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind the venue. Reservations are not necessary. Admission is free. Donations are accepted. Website: www.sierramadrepayhouse.org

"Margulies writes about relationships with such intelligence and spiky humor that his comedy-drama... becomes something quite wonderful"—Time Magazine.

...full of life, warmth, laughs and wisdom..." —N.Y. Daily News



Stress, Resilience, & Positivity: Finding Balance

What is resilience, and why is it important when coping with stress? How do we build resilient family caregivers who can cope and manage stress in positive ways? Please join us for a 4-week class designed to help family caregivers find positive ways to cope with stress, build resilience, and embrace positive thinking.

WHO:	Family caregivers of a loved one with a chronic condition
WHAT:	Four-week education series about stress management
WHEN:	April 17th - "Stress, Coping, & Gratitude" April 24th - "Exploring Family Dynamics" May 1st - "Making Family Decisions" May 8th - "Embracing Positivity"
TIME:	2:00-4:00 PM
WHERE:	The Kensington Sierra Madre 245 W Sierra Madre Blvd, Sierra Madre, CA 91024
FEE:	Generously sponsored by The Kensington Sierra Madre
REGISTER:	Please call the Yvonne Kuo 213-821-6919 or Jenny Peterson 213-821-6908 at the USC Family Caregiver Support Center for more information or to register.



This program is funded, in part, by the Department of California Health Care Services, LA County Workforce Development, Aging & Community Services, and the USC Leonard Davis School of Gerontology.

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HOW TO CHOOSE A MEMORY CARE UNIT

Dear Savvy Senior,
My mom has Alzheimer's disease and has gotten to the point that she can't live at home any longer. I need to find a good memory care residential unit for her but could use some help. Any suggestions?
Exhausted Daughter

Dear Exhausted,
Choosing a good memory care residential unit for a loved one with Alzheimer's disease is a very important decision that requires careful evaluation and some homework.

Most memory care units, sometimes called special care units, are housed within assisted living or nursing home facilities. At their best, they offer staff extensively trained in caring for people with dementia, individualized care that minimizes the use of dangerous psychotropic drugs, a home-like environment and activities that improve residents' quality of life. But at their worst, they can offer little more than a locked door. Here are some steps that can help you find a good facility and avoid a bad one.

Make a list: To identify some good memory care residential units in your area ask your mom's doctor for a referral, and use the Alzheimer's Association online tool at CommunityResourceFinder.org. Make sure the facilities on your list are close to family members and friends who can visit often, because residents with frequent visitors usually get better care.

Research your options: Once you've made a list, contact your local long-term care ombudsman (see LTCombudsman.org). This is a government official who investigates assisted living and nursing home complaints and can tell you which facilities have had problems in the past.

If you're looking at a memory care unit within a nursing home facility, use Medicare's nursing home compare tool (Medicare.gov/nursinghomecompare), which provides a 5-star rating system.

Call the facilities: Once you've identified a few facilities, call them to find out if they have any vacancies, if they provide the types of services your mother needs, what they charge and if they accept Medicaid.

Tour your top choices: During your tour, notice the cleanliness and smell of the facility. Is it homey and inviting? Does the staff seem responsive and kind to its residents? Also be sure to taste the food, and talk to the current



resident's family members, if available.

Also, find out about staff screening and training procedures, their turnover rate, and the staff-to-resident ratio. They should have at least one staff member for every five residents.

Make sure the facility offers quality activities that can keep your mom engaged, even at night when she may be awake. Ask how they respond to residents who may wander or become aggressive. If the answer is locked doors and antipsychotic drugs, that's a red flag.

Because transitions can be unsettling for dementia suffers, make sure that your mom will be able to remain at the facility for the foreseeable future. And find out what, if any, health conditions might require your mom to leave the facility or move to a higher and more expensive level of care.

It's also a good idea to make multiple visits to the facility including an unscheduled visit at night or on weekends when the staff is more likely to be stretched thin.

To help you evaluate your visit, the Alzheimer's Association offers a checklist that you can access at ALZ.org/residentialfacilities.

Paying for care: The national average costs for memory care within an assisted living facility is over \$5,000 per month, and over \$7,500/month for nursing home care, but costs can vary widely depending on your location. Since Medicare does not cover long-term care, most residents pay for care from either personal savings, a long-term care insurance policy, or through Medicaid (if available) once their savings are depleted.

To help you research your financial options, visit the National Clearinghouse for Long-Term Care Information website at LongTermCare.gov.

Send your senior questions to: *Savvy Senior*, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...March Birthdays*

Clare Marquardt, Karen Blachly, Carla Duplex, Ella Guttman, Viky Tchatlian, Mary Cooper, Sun Liu, Helen Wallis, Joan Crow, Nancy Fox, Martha Cassara, Rita Johnson, Mercedes Campos, Dorothy Webster, Terri Elder, Carol Cerrina, Amy Putnam, Sally Contreras

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! to join. Activity may be canceled if less than five people.

Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games - *New Activity*: Join us on Thursday November 16th, at 10:30a.m. to 11:30a.m. for

Scattergories. A creative thinking game by naming objects within a set of categories. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Activities are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 15th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Appointments are required by calling 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes

include yoga and balance exercises. All ability levels are encouraged and welcomed! * A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game. Other games are offered to all.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance and training conditioning. Class equipment is provided.



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EASTER SUNRISE – 4/1 – 6:00 a.m.

EASTER WORSHIP – 9:30 a.m.

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Looking Up
with Bob Eklund

A PASSING STAR DISTURBED THE COMETS OF OUR SOLAR SYSTEM 70,000 YEARS AGO

At a time when modern humans were beginning to leave Africa and the Neanderthals were living on our planet, Scholz's star—named after the German astronomer who discovered it—approached less than a light-year from the Sun. Nowadays it is almost 20 light-years away, but 70,000 years ago it entered the Oort cloud, a reservoir of trans-Neptunian objects (potential comets) located at the confines of the solar system.

This discovery was made public in 2015 by a team of astronomers led by Professor Eric Mamajek of the University of Rochester (USA). The details of that stellar flyby, the closest documented so far, were presented in The Astrophysical Journal Letters.

Now two astronomers from the Complutense University of Madrid, the brothers Carlos and Raúl de la Fuente Marcos, together with the researcher Sverre J. Aarseth of the University of Cambridge (United Kingdom), have analyzed for the first time the nearly 340 objects of the solar system with hyperbolic orbits (very open V-shaped, not the typical elliptical), and in doing so they have detected that the trajectory of some of them is influenced by the passage of Scholz's star.

"Using numerical simulations we have calculated the radiants or positions in the sky from which all these hyperbolic objects seem to come," explains Carlos de la Fuente Marcos.

"In principle," he adds, "one would expect those positions to be evenly distributed in the sky, particularly if these objects come from the Oort cloud; however, what we find is very different: a statistically significant accumulation of radiants. The pronounced over-density appears projected in the direction of the constellation of Gemini (the Twins), which fits the close encounter with Scholz's star."

The moment in which this star passed close to us and its position during prehistory coincide with the data of the new investigation and with those of Mamajek and his team. "It could be a coincidence, but it is unlikely that both location and time are compatible," says De la Fuente Marcos, who points out that their simulations suggest that Scholz's star approached even closer than the 0.6 light-



years pointed out in the 2015 study as the lower limit.

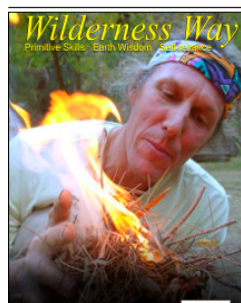
The close fly-by of this star 70,000 years ago did not disturb all the hyperbolic objects of the solar system, only those that were closest to it at that time. "For example, the radiant of the famous interstellar asteroid Oumuamua is in the constellation of Lyra

(the Harp), very far from Gemini; therefore it is not part of the detected over-density," says De la Fuente Marcos. He is confident that new studies and observations will confirm the idea that a star passed close to us in a relatively recent period.

Scholz's star is actually a binary system formed by a small red dwarf, with about 9% of the mass

of the Sun, around which a smaller and much less bright brown dwarf orbits. It is likely that our ancestors saw its faint reddish light in the nights of prehistory.

You can contact Bob Eklund at: b eklund@ MtnViewsNews.com.



CHRISTOPHER Nyerges

WILD FOOD MAN PETER GAIL: GOODBYE!

by Christopher Nyerges

[Nyerges is the author of "Extreme Simplicity," "Self-Sufficient Home," "How to Survive Anywhere," and other books. Nyerges has known Gail for over 30 years. Information about Nyerges' books and classes is available at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com.]

Wildfood Man Peter Gail died on Valentine's Day, 2018, in Cleveland.

Peter grew up nearby in the San Gabriel Valley, and eventually moved to Ohio where he earned his PhD. In botany. Peter was a giant in promoting wild foods, and was a backup speaker to Euell Gibbons. Among other things, he created a database for the United States so anyone could find a wild food educator close to their home. This is my story about Peter and the Amish.

It was a grey winter day driving eastbound on US 422 in northeast Ohio with Peter Gail. The clouds made it difficult to see very far into the rural countryside. The sound of the windshield wipers provided a steady background tempo to our conversation.

The temperature was in the high 30s, and it was about the same temperature inside Peter's van. I was tense from the cold, hunched a bit, trying to stay warm. I'm from California. Peter was relaxed, smiling, pointing out each feature as we drove along. He's a Cleveland resident and used to the cold. On this day he was my tourguide to the Amish countryside of Ohio.

Peter Gail's most famous business associate was Euell Gibbons, who authored Stalking the Wild Asparagus and starred in Grape Nuts cereal commercials in the 1970s, making him the butt of comedians jokes about eating everything from old tires to freeway overpasses.

That was a long time ago. During those years, Gail edited Gibbons' articles for Boys Life magazine, and worked with him and others to develop the National Wilderness Survival Training Camp for the Boy Scouts. Together they developed and taught a foraging course at Rutgers University in New Jersey. When Gibbons had become nationally famous from the commercials and Johnny Carson's jokes, and was overbooked, Gail occasionally substituted for him on the lecture circuit.

Gibbons died way back in 1975 -- no, not from eating a poisonous plant! -- and Peter Gail has tirelessly carried the torch for wild food enthusiasts. Though Gail has made no cereal commercials, he has appeared on such national TV shows as Good Morning America, Lifetime TV's "Our Home Show," Food TV Networks "Extreme Cuisine," has authored numerous books on the subject of wild foods and related topics, and he continued to lecture about the virtues of the ubiquitous wild plants and those people who still use them as a part of daily life.

While Gail was best known on the national circuit for his "Dinner Underfoot" and "Healing with Weeds" lectures and workshops, locally he was even better known for his work among the Northeastern Ohio Amish community, the 4th largest in the world. As a Ph.D. ethnobotanist and anthropologist, Gail studied the Amish for over 50 years to discover the lessons their simple life style has to teach us. He interpreted that knowledge in

books, articles, and his tours for those interested in learning more about these people who seem firmly rooted in the technology of a century ago.

Perhaps Gail's most popular book is his "Dandelion Celebration," a book which tells you everything you'd ever want to know about dandelions. He's also authored the "Delightful Delicious Daylily," "Violets in Your Kitchen," "The Messy Mulberry and What to do with it", and "The Volunteer Vegetable Sampler", which profiles the culinary and medicinal values of 41 of the most common backyard weeds.

The least known of Gail's pursuits outside of Northern Ohio were the educational field experiences he provided for people curious about the Amish and what they have to teach us. Several times a month in spring, summer and fall, he would load up a bus or van, and take people into the heart of the Northeastern Ohio Amish community. These were day-long affairs, where his people were treated to a lunch at an Amish home, told the history and beliefs of the Amish, and then taken to their stores to look at and buy Amish goods.

I had the good fortune to spend time with Peter Gail here in Southern California and in Ohio, where he gave me a tour of the Amish countryside, and introduced me to his Amish friends nearly 20 years ago.

If you're unfamiliar with the Amish, they use no electricity and shun most modern so-called conveniences. This means no electric lights, no electric refrigerators, no television, no CDs--very few of the modern devices that most folks take for granted. They have managed to live their lives, and produce most of their needed items, by simple old-fashioned ingenuity. Wood stoves, oil lamps, use of ice, horse-drawn tractors, building houses in such a way to take advantage of the heat of summer, and be protected from the cold of winter, large windows near the work areas, hand tools, and the use of diesel and small gasoline engines to generate power.

On one of our tours, we were driving on a country road and noted a farm house with lots of junk and rusty tools and cars piled about.

"That's not Amish," Peter said matter-of-factly, nodding towards the rust and the tallish weeds that nearly obscure them.

"One of the major contrasts between the neat, clean Amish places and the 'Yankees,' as they call all us non-Amish in this region -- is that the Yankees live in that kind of trash -- old rusty cars, junk all around their houses. You won't see that around the Amish homes. We, by the way, are called "English" in most other Amish settlements -- it all depends who the non-Amish settlers were who the Amish encountered when they got to different regions. Here, they encountered Connecticut Yankees."

While we drove, Peter explained that he got interested in wild foods at an early age in San Gabriel, California after his father died. Peter collected "goosefoot" -- the common lamb's quarter -- to help feed the family. Lamb's quarter is arguably one of the most tasty and nutritious greens in the world. This is why he named his company Goosefoot Acres. Goosefoot Acres is still operated by family members, selling his books and selling a top quality dandelion coffee-substitute.

PETER GAIL'S books on wild plants can be purchased from www.dandyblend.com



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

SPRING HAS SPRUNG A LEAK THIS YEAR

It was in the middle of February during a very shivering cold time that the Gracious Mistress of the Parsonage said most dramatically, "I can't wait for Spring. When in the world is Spring going to get here?"

As a veteran husband, I knew this was not a question for me to ponder or even to answer. Rather, it was something I needed to ignore completely. I learned these things down the years, which is why I have survived so many years. If silence is golden then I have reached those golden years of life.

I wouldn't say this to her, but I was thinking the same thing myself. When is Spring ever going to get here?

I was counting the days when it would be Spring and we could enjoy some graciously warm weather for a change. This weather has been stinking chilly for a long time and I was getting tired of it. I could tell my wife was getting tired of it too, but I didn't want to go in that direction with any kind of conversation. Sometimes the best thing to do is not do or say anything.

It was unusually cold here in Florida and I was tired of it. Personally, I was looking forward to Spring when things would automatically change and I could put away my sweater.

That magical day arrived. The day before my wife said, "Well, tomorrow is Spring and all this nasty, rainy, chilly weather will be over."

If only my wife was in charge of the weather. That would be a wonderful thing because the weather would be perfect every day. At least according to her calculation.

I remember when I tried to explain to her that we needed change in the weather and we needed rain in order for crops to grow, trees to grow and so forth. After my explanation she put both hands on her hips and stared at me one of those stares that I'm so familiar with. She didn't say anything, she didn't have to.

My wife has relatives up in the state of New York. Not New York City, thankfully. One of the things she enjoys doing during the winter time is to text them and tell them how wonderfully warm and sunny it is down here. This year, however, she wasn't able to do that.

When Spring did arrive, there was no magical change in the weather. In fact, it was the worst rainy weather we had all year. It was rainy and thundering and even in some places there were tornadoes. It didn't look or feel like Spring.

I didn't say anything all morning. I knew no matter what I would say it would get me in trouble. She wasn't in the mood for any joking or jesting on my part.

She didn't say much, but she sighed very deeply all morning long. Fortunately for me, I had work to do and so occupied myself with that work.

Isn't it strange that man, being who he thinks he is has no control of the weather? It rains when it rains and it snows when it snows and there's not a thing man can do about it.

The weatherman is a very strange individual. It doesn't matter if he gets the whether right or wrong, he still has a job. Nobody thinks badly of him because he miscalculated the weather.

Then my wife made a very interesting comment, "Why can't Mother Nature keep to the schedule at hand. Spring is supposed to be nice weather."

It was a good point. We have a date for Spring and Mother Nature should keep that date. We have all year long for rain and tornadoes and lightning and thundering why can't she organize her schedule a little better.

I might recommend that my wife take over the duties of Mother Nature. If anybody can organize anything, it's her. Well, she hasn't quite organized me, but that's a different story. But she can organize everything right down to the second.

If there was an opening for a new Mother Nature, I think I would recommend my wife. I'm not sure she would have much competition there, and she would win hands down. Then we would have weather organized on a very strict schedule.

Under her supervision, we would have rain when it's scheduled and snow when it's scheduled. The sun would shine, without clouds, at least 90% of the time. I wanted to say 100%, but I'll give her a little leeway in this.

Thinking about this I have come to the conclusion that there are a lot of things in this world and also in my life that I cannot control. The frustration of life is when I try to control things that I can't control. Even though I know I can't control everything, at least I try. And I try to my own failure.

One of my favorite passages of Scripture is, "Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5-6).

One of the hardest things in my life to do is to simply trust God for everything in my life. When I try to control things in my life, I always make a mess. Just ask the Gracious Mistress of the Parsonage.

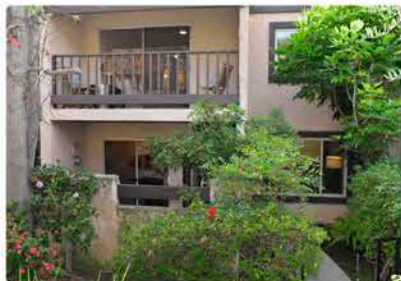
Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472. He lives with his wife in Silver Springs Shores. Phone 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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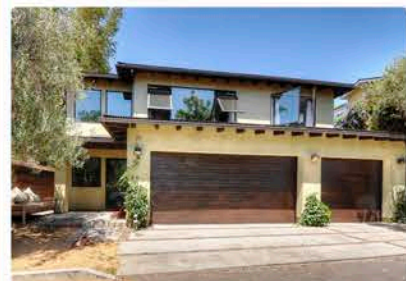
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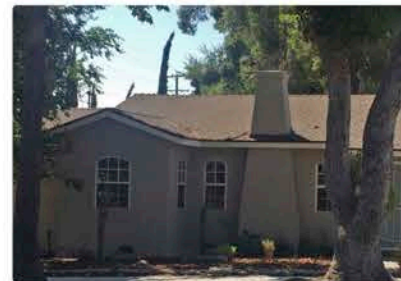
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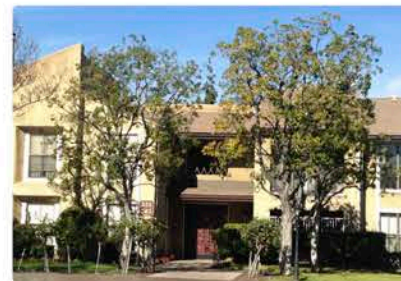
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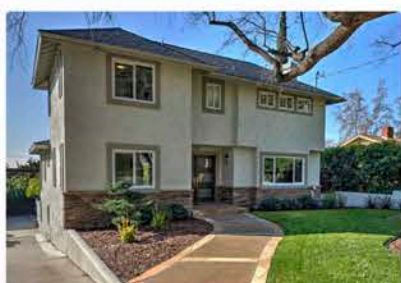
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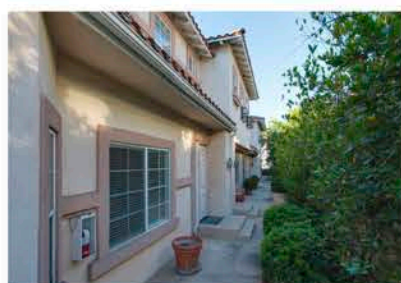
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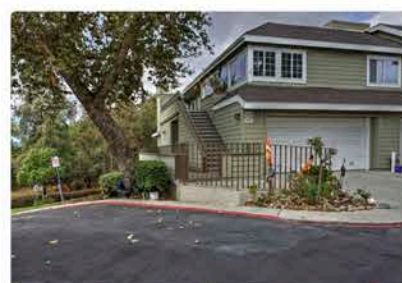
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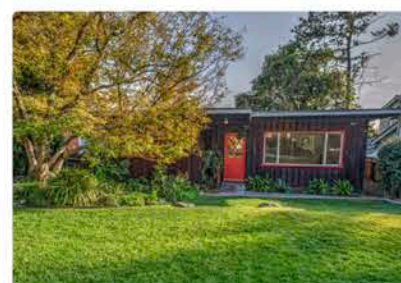
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SATURDAY, MARCH 24, 2018

SECTION B

AROUND SAN GABRIEL VALLEY

SCHIFF HELPS SECURE OVER \$20 MILLION IN FUNDING FOR EARTHQUAKE EARLY WARNING SYSTEM

FY18 Omnibus Includes \$22.9 Million for ShakeAlert Development and Limited Public Rollout

Washington, DC – Today, Rep. Adam Schiff (D-Burbank) announced that a record-level \$22.9 million in funding for a West Coast earthquake early warning system (EEW), also known as ShakeAlert, was included in the FY2018 omnibus spending bill which just passed the House. Schiff has led the Congressional effort to secure funding for EEW technology since 2014.

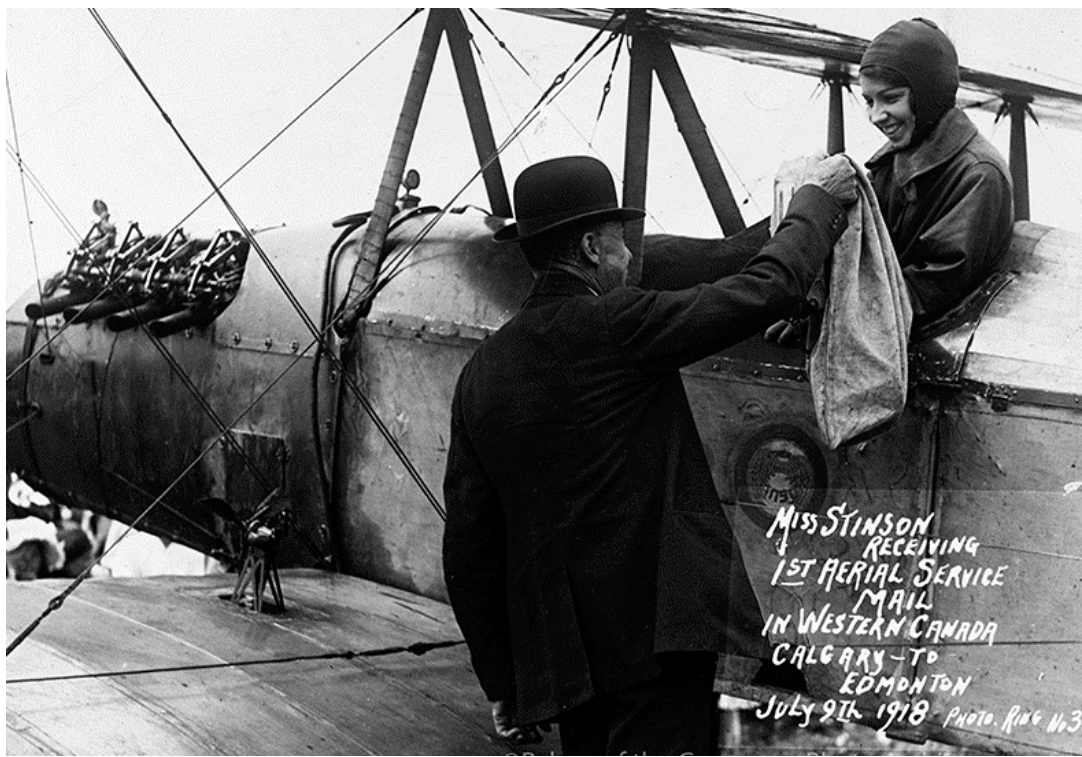
“The omnibus includes record-level funding for a West Coast earthquake early warning system. If signed into law, the additional funds will significantly build out the system, of which there will soon be a limited public roll-out this fall,” said Rep. Schiff. “The system will not only help protect infrastructure and businesses, but also prevent injuries and save lives across California, Oregon and Washington.

I am grateful to my colleague, Congressman Ken Calvert, for his continued leadership and assistance in securing this vital funding.”

The FY2018 omnibus provides \$12.9 million for continued development of EEW and for its first limited public rollout, a \$2.7 million increase from FY2017. The spending bill also provides a one-time \$10 million investment for capital costs associated with the buildout of EEW.

Schiff first secured \$5 million in funding for the system in FY15. Congress increased funding to \$8.2 million for FY2016 and then again to \$10.2 for FY2017. It is estimated that a full system of sensors will cost \$38.2 million to build out along the West Coast, with annual operating and maintenance costs of \$16.1 million.

OBSERVING WOMEN’S HISTORY MONTH: TRAILBLAZERS FROM THE PAST



By Joan Schmidt

In 1987, March became Women’s History Month. From our sixth grade reading series, I learned of two great women from the past, Katherine Stinson and Laura Bridgeman. Katherine’s story begins prior to World War I; she never dreamed she’d be a pilot or of her family’s Stinson School of Flying in Texas.

Katherine’s goal was to become a great piano teacher. First, she would have to go to Europe to study, but that cost a lot of money, and her family was not wealthy. In 1910, possible and low-paying job prospects included secretary, store clerk, and teacher. She’d be ninety years old before she could save enough! One day, she saw an ad for a stunt pilot; pay could be \$1000 a day! That was for her, but she’d have to get her parents’ permission. Mom was easy, but Dad took a lot of convincing. First hurdle passed. Now she needed a teacher and that was difficult. In 1910 there were only 200 licensed pilots worldwide and only three were women! She contacted Max Lillie of Chicago, who initially refused. (Katherine was only five feet tall and 101 pounds.) But she convinced him.

Katherine performed in shows in the US and abroad. She would travel by train and would take her plane apart and put it back together upon arriving at her destination! They loved her in Japan! Katherine broke the world long-distance record by flying the San Diego to San Francisco route over treacherous mountains in southern California and was the first woman to fly mail in the country.

During World War I, Katherine drove ambulances in Europe and developed tuberculosis, which ended her flying career. After she recuperated, she studied architecture, became an award-winning home designer and lived to be eighty-six.

The second woman was Laura Bridgeman. Our reading selection was from The Remarkable Education of Laura Bridgeman by Richard B. Lyttle. Laura was the FIRST deaf/blind person worldwide who was able to be educated. And if it weren’t for Laura, perhaps, there may have been no Helen Keller.

Laura was born in December, 1829 in Hanover, New Hampshire. She was weak in her infancy, but by twenty months, was healthy and robust. Six months later, tragedy occurred. She contracted scarlet fever, and within seven weeks, lost her hearing and sight.

Laura was such a cheerful child; a neighboring farmer would take her for walks and into the barn, where he guided her hand to collect the eggs.

At this time, all attempts to teach children both deaf and blind were unsuccessful. But Dr. Samuel Gridley Howe of the Perkins Institution for the Blind in Boston heard of Laura and went to Hanover to see her in fall, 1837. If her parents would consent, he wanted to take her to Perkins.

At Perkins, Laura learned the manual alphabet, vocabulary, and then had a formal education of



arithmetic, grammar, history and geography. Her teacher and great friend was Mary Swift. However, Mary eventually left and Laura was upset for a while. Then Sarah Wright taught Laura. Sarah permitted Laura to help others. This gave her a purpose in life.

Laura lived out her years in a cottage at Perkins. She maintained a correspondence with former students. She had deep sympathy for anyone suffering physical affliction. She heard of a boy who lost both feet in an accident and raised money among friends to send to him with a letter of encouragement. She passed away at age fifty-nine and was truly an inspiration to many.

Helen Keller was a bright, happy toddler, left blind and deaf after an illness. Her parents were going through a horrific time; she was wild and unruly. Her father and others wanted Helen committed, but her mother said, “I have heard of a girl, blind and deaf like Helen at Perkins Institution but was able to be educated. I will write to Dr. Howe and see if Helen can be helped.” Of course everyone knows Helen’s remarkable story, how she overcame her handicaps and inspired so many. What if Helen’s mother had not read about Laura Bridgeman?

Thirty years ago, when we read of these ladies, I had limited access to Internet. PLEASE go on line and type in their names. Today, the photos and information are mind-boggling. Great reading and info for our children.

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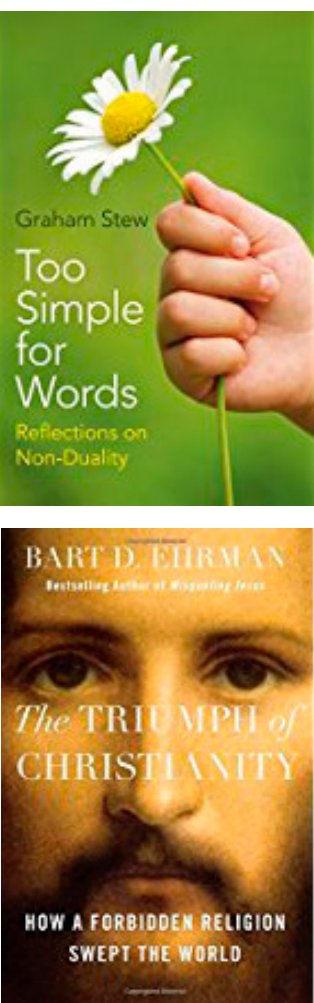
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Jeff's Book Pics

By Jeff Brown

The Triumph of Christianity: How a Forbidden Religion Swept the World by Bart D. Ehrman

From the bestselling authority on early Christianity, the story of how Christianity grew from a religion of twenty or so peasants in rural Galilee to the dominant religion in the West in less than four hundred years.Christianity didn't have to become the dominant religion in the West. It easily could have remained a sect of Judaism fated to have the historical importance of the Sadducees or the Essenes. In The Triumph of Christianity, Bart Ehrman, a master explainer of Christian history, texts, and traditions, shows how a religion whose first believers were twenty or so illiterate day laborers in a remote part of the empire became the official religion of Rome, converting some thirty million people in just four centuries. The book combines deep knowledge and meticulous research in an eye-opening, immensely readable narrative that upends the way we think about the single most important cultural transformation our world has ever seen—one that revolutionized art, music, literature, philosophy, ethics, economics, and law.



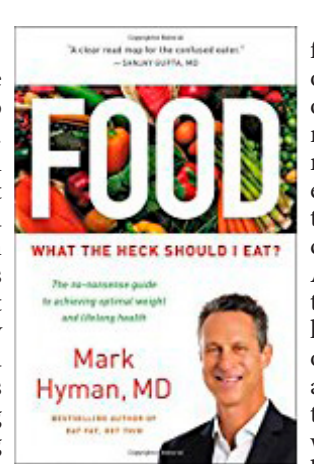
Thankfully, Dr. Hyman is here to set the record straight. In Food: What the Heck Should I Eat? -- his most comprehensive book yet -- he takes a close look at every food group and explains what we've gotten wrong, revealing which foods nurture our health and which pose a threat. From grains to legumes, meat to dairy, fats to artificial sweeteners, and beyond, Dr. Hyman debunks misconceptions and breaks down the fascinating science in his signature accessible style. He also explains food's role as powerful medicine capable of reversing chronic disease and shows how our food system and policies impact the environment, the economy, social justice, and personal health, painting a holistic picture of growing, cooking, and eating food in ways that nourish our bodies and the earth while creating a healthy society. With myth-busting insights, easy-to-understand science, and delicious, wholesome recipes, the book is a no-nonsense guide to achieving optimal weight and lifelong health.

Too Simple for Words: Reflections on Non-Duality by Graham Stewart

Are you interested in exploring who you really are? The answers are to be found in self-inquiry, the discovery of Reality that non-dual teachings offer. No prior knowledge of Eastern religion or spiritual practices is needed, as this book uses simple everyday language to investigate these issues through reflections, dialogues and poems.”Your Self, Aware Presence, knows no resistance to any appearance and, as such, is happiness itself; like the empty space of a room it cannot be disturbed and is, therefore, peace itself; like this page, it is intimately one with whatever appears on it and is thus love itself; and like water that is not affected by the shape of a wave, it is pure freedom. Causeless joy, imperturbable peace, love that knows no opposite and freedom at the heart of all experience....this is your ever-present nature under all circumstances.” Rupert Spira.The 3 book reviews are from Amazon.com

Food: What the Heck Should I Eat? by Mark Hyman M.D.

Dr. Hyman sorts through the conflicting research on food to give us the skinny on what to eat. Did you know that eating oatmeal actually isn't a healthy way to start the day? That milk doesn't build bones, and eggs aren't the devil?Even the most health conscious among us have a hard time figuring out what to eat in order to lose weight, stay fit, and improve our health. And who can blame us? When it comes to diet, there's so much changing and conflicting information flying around that it's impossible to know where to look for sound advice. And decades of misguided “common sense,” food-industry lobbying, bad science, and corrupt food polices and guidelines have only deepened our crisis of nutritional confusion, leaving us overwhelmed and anxious when we head to the grocery store.



All Things

By Jeff Brown

THE WORLD'S LARGEST COLLECTION OF OCEAN GARBAGE IS GROWING.

The Great Pacific Garbage Patch, a collection of plastic, floating trash located halfway between Hawaii and California, has grown to more than 600,000 square miles, a study published Thursday finds. That's twice the size of Texas.Winds and converging ocean currents funnel the garbage into a central location. First discovered in the early 1990s, Lebreton said the trash in the patch comes from countries around the Pacific Rim, including nations in Asia as well as North and South America.The patch is not a solid mass of plastic. It includes some 1.8 trillion pieces of plastic and weighs 88,000 tons .The new figures are as much as 16 times higher than previous estimates.Much of the garbage is rather large. “We were surprised by the amount of large plastic objects we encountered,” said Julia Reisser, also of the foundation. “We used to think most of the debris consists of small fragments, but this new analysis shines a new light on the scope of the debris.”The study was based on a three-year mapping effort conducted by an international team of scientists

affiliated with the Ocean Cleanup Foundation, six universities and an aerial sensor company.Our trash is harming the deepest fish in the ocean.Humans have produced 18.2 trillion pounds of plastic since the 50s. That's equal in size to 1 billion elephants.Sadly, the Pacific patch isn't alone. The Pacific Garbage Patch is the largest of five known such trash collections in the ocean, Lebreton said.Scientists are working with the European Space Agency to take photos of the various garbage patches from space.With no governments stepping up to clean up the trash in the world's oceans, which are in international waters, it's up to privately funded groups like the Ocean Cleanup Foundation to take the lead on getting rid of the garbage. “It's a ticking time bomb of larger material,” Dubois said. “We've got to get it before it breaks down into a size that's too small to collect and also dangerous for marine life.””How long plastic may remain in the ocean is a big unknown, but unless we begin to remove it, some would say it may remain there forever,” Lebreton said.

FAMILY MATTERS

By Marc Garlett



recipient adds the spouse as a co-owner. For parents who are concerned that a son- or daughter-in law could end up with their assets, or that a creditor could seize them, or that a child might spend irresponsibly, a lump sum distribution may not be the right choice.

Option 3: Installments

Many parents like to give their children more than one opportunity to invest or use the inheritance wisely, which doesn't always happen the first time around. Installments can be made at certain intervals (say, one-third upon the parent's death, one-third five years later, and the final third five years after that) or when the heir reaches certain ages (say, age 25, age 30 and age 35). In either case, it is important to review the instructions from time to time and make changes as needed. For example, if the parent lives a very long time, the children's life expectancy may not be long enough to receive the full inheritance--or, they may have passed the distribution ages and, by default, will receive the entire inheritance in a lump sum.

Keep in mind that pushing assets out of a trust in installments leaves those assets vulnerable to the problems mentioned above in the “lump sum” option. Assets can be lost in divorce, seized in lawsuits, or spent foolishly. Some parents are also concerned lump sum or installment gifts will fuel an addiction.

Option 4: Keep Assets in a Trust

Assets can be kept in a trust and provide for children and grandchildren, but not actually be given to them. Assets that remain in a trust are protected from a beneficiary's creditors, lawsuits, irresponsible spending, and ex- and current spouses. The trust can provide for a special needs dependent, or a child who might become incapacitated later, without jeopardizing valuable government benefits. If a child needs some incentive to earn a living, the trust can match the income he/she earns. (Be sure to allow for the possibility that this child might become unable to work or retires.) If a child is financially secure, assets can be kept in a trust for grandchildren and future generations, yet still provide a safety net should this child's financial situation change. This is our preferred method of inheritance planning as it's a win/win for all. Assets are protected yet available.

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

HOW TO LEAVE ASSETS TO ADULT CHILDREN

When considering how to leave assets to adult children, the first step is to decide how much each one should receive. Most parents want to treat their children fairly, but this doesn't necessarily mean they should receive equal shares of your estate. For example, it may be desirable to give more to a child who is a teacher than to one who is the CEO of a successful business, or to “compensate” the child who has been your primary caregiver.

Some parents worry about leaving too much money to their children. They want their children to have enough to do whatever they wish, but not so much that they will be lazy and unproductive. So, instead of giving everything to their children, some parents leave inheritances for grandchildren and future generations through a trust, and/or make a generous charitable contribution.

Inheritance Planning: Options

When deciding how or when adult children are to receive their inheritances, consider these options:

Option 1: Give Some Now

Those who can afford to give their children or grandchildren some of their inheritance now will experience the joy of seeing the results. Money given now can help a child buy a house, start a business, be a stay-at-home parent, or send the grandchildren to college--milestones that may not have happened without this help. It also provides insight into how a child might handle a larger inheritance.

Option 2: Lump Sum

If the children are responsible adults, a lump sum distribution may seem like a good choice--especially if they are older and may not have as many years left to enjoy the inheritance. However, once a beneficiary has possession of the assets, he or she could lose them to creditors, a lawsuit, or a divorce settlement. Even a current spouse would have access to assets that are placed in a joint account or if the

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



THE LATEST FASHIONS & RELATIONSHIP MARKETING

What do the latest fashion crazes have in common with popular business jargon? As I watch reruns of television shows that were popular during my childhood, I'm amazed at how many of the hairstyles and clothing have been repeatedly introduced as one of the new looks in a plethora of magazines and blogs specializing in fashion. Loosely referred to as retro or vintage fashion, it is nothing more than a return to a look from the past that has been revamped and reintroduced as the latest and greatest thing to wear. After all, there are only so many ways to reconstruct trousers, tops, hats, dresses and undergarments.

Sometimes the remake is actually an improvement due to advances in technology, for example when fabrics that retained their colors after being washed were introduced, or when an entirely new branch of fabrics was launched with the introduction of polyester in 1951. The latter was indeed a revolution, providing clothing designers with the ability to create water-resistant raincoats and wrinkle-free fashions never before possible.

In similar fashion (pun intended), the world of business is filled with the introduction of new terms and concepts in research reports, news articles and online. Just like fashion, most of the fanfare surrounding the introduction of the latest trend serves as a distraction to the fact that the “new” item is nothing more than a remake of something that was in use more than fifty years ago.

“Relationship marketing” is a term that has received attention in business periodicals and articles since the late 1990's, and it is has now made a comeback as the new kid on the block to many readers. The term was initially defined as a type of marketing created from direct response campaigns that emphasized retaining and satisfying customers as opposed to a primary focus on generating sales transactions. A new and improved meaning has expanded beyond the original definition to encompass the adoption of a strategy that facilitates customer loyalty,

interaction and long-term engagement.

These definitions are nothing more than a superfluous reference to excellent customer service, before, during and after a transaction. Good old-fashioned business etiquette is the framework within which relationship marketing operates. It begins with good manners and the development of a personal connection with each customer, including those online. Relationship marketing must move beyond the adoption of key words in a company's mission statement and become the reality of a company's practice.

An article in the January-February 1998 issue of the Harvard Business Review noted, “Relationship marketing is powerful in theory but troubled in practice.” Consider the pervasive use of special introductory discounts that credit card companies or cable television companies offer to first-time customers, which completely ignoring customers who have spent thousands of dollars with them over many years. What does that type of business practice say about how those companies value relationships with its existing customers?

An online April 1, 2013 Forbes article by Steve Olenski about business-to-business marketing (B2B) referenced a 2012 quote by a chief marketing officer who was speaking about the upcoming year, “We will see the beginning of what I refer to as ‘the relationship’ whereby marketers will move away from an acquisition first mentality to a relationship first one. Marketers will focus more on the entire consumer experience to build and foster a long term relationship with a consumer as opposed to just that initial purchase phase.”

News alert! We've seen these characteristics on the runway before, and we're elated that the experts are touting them as the latest fashions. We can only hope that relationship marketing will take hold as more than a passing fad.

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Carolyn Wong – Carolyn is a licensed marriage and family therapist at Sync Counseling Center in Sierra Madre. She received her master degree in marriage and family therapy, and certification in premarital and marital assessment in the Prepare/Enrich program from Fuller Theological Seminary in Pasadena. Carolyn also has a master degree and credential in educational psychology from California State University, Long Beach.

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The Kensington Sierra Madre
Parkinson's Support Group

Join us at The Kensington Sierra Madre on the 3rd Thursday of every month and be part of this informative group.

Half of the meetings will be informative, but you'll also get a chance to connect with other people and engage in fun activities like dance or art.

Amy Carlson, diagnosed with Parkinson's Disease in 2012 at age 44, will be facilitating this new group. Amy is a big advocate of being a self advocate. She believes that an "Always Now" attitude is the way to tackle every day. She also knows that exercise is the cornerstone to living well with PD. She wants to be a resource for people in the San Gabriel Valley who have Parkinson's Disease as much as possible and has authored the Meetup Group *People with Parkinson's Pursuing Wellness* to help do that.

Facilitator: Amy Carlson
People with Parkinson's Pursuing Wellness

EVENT DETAILS

MEETS 3RD THURSDAY OF EVERY MONTH
From: 6:30pm – 8:00pm

at The Kensington
245 West Sierra Madre Blvd.
Sierra Madre, CA 91024
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

BLAIR BESS



IS DEVIN NUNES JUST DANGEROUS, OR IS HE DIRTY AS WELL?

Rep. Devin Nunes (R-CA), the unintelligent chair of the House Permanent Select Committee on Intelligence, continues to pose a clear and present danger to America.

Nunes babbles on, divulging delicate information and claiming there is no evidence to support a Russian plot to influence the 2016 presidential election and this American public opinion in general. This despite every intelligence agency, the Justice Department, and the FBI concluding that Russian interference occurred and is likely taking place right now with the intention of disrupting this November's election.

Nunes's ongoing leaks of private communications and top secret intel continue with the tacit approval of his patron saints in the House, Speaker Paul Ryan and Majority Leader Kevin McCarthy (R-CA). The same Kevin McCarthy who famously claimed during the 2016 campaign "There's only two people I think Putin pays: Rohrabacher and Trump." He was referring, of course, to the president; and his Republican colleague, Rep. Dana Rohrabacher (R-CA), known as "the Kremlin's favorite Congressman."

But what of Dangerous Devin? Why is he so insistent that corruption runs rampant in our intelligence, law enforcement, and justice communities? Nunes obfuscates and obstructs investigations into Russian meddling whenever possible. What's he hiding? Appearances may be deceiving, but they're not as deceptive as Nunes appears to be.

Nunes recently told Fox News, "The left controls not only the universities in this country, but they also control Hollywood in this country, and the mainstream media, so conservatives in this country are under attack... they attack people who are trying to get to the truth."

Rep. Nunes can't handle the truth. If there are a few good men in Washington, he isn't one of them.

When lambasting "universities" is the congressman referring to hotbeds of liberalism like the community college from which he received an associate's degree and upon whose board he once served?

Message to Devin regarding "leftist" news organizations: Richer-than-Midas conservative kingmaker Rupert Murdoch busted his butt to make Fox broadcasting and Fox News a part of the "mainstream media."

If anyone is attacking people who are attempting to uncover the truth, it's Nunes. His late-night sojourn to the White House to review highly-classified information without the knowledge of his committee, last year, was problematic enough that it invited a congressional ethics investigation into his behavior.

How did Nunes gain admission to view those documents? He was let in the back door by White House National Security Council staffers Michael Ellis, who once worked for Nunes, and Ezra Cohen-Watnick, who previously served alongside Michael ("Lock him up!") Flynn at the Defense Intelligence Agency.

Nunes's covert operation ultimately led to Cohen-Watnick being reassigned and eventually terminated. Cohen-Watnick then landed a cushy job, in Silicon Valley, at Oracle. After joining the company, he cruised around the executive offices and collected a little bundle of campaign contributions from five Oracle execs totaling \$35,000. Take a guess who that was for.

Devin Nunes.

The Daily Beast has reported on Nunes's influence over legislation involving government surveillance law which could conceivably have a positive impact on Oracle's cybersecurity business and government contracts. Pure coincidence.

According to multiple media outlets, Nunes's latest subterfuge is his alleged release of private text messages between Sen. Mark Warner (D-VA), the ranking member of the Senate Intelligence Committee, and a lawyer who purportedly has ties to a Russian oligarch. These messages related to setting up an interview as part of the committee's investigation into Russian meddling. To Nunes, however, they were just more evidence of a Deep State conspiracy.

While Rep. Devin Nunes may not represent your congressional district, his role as chair of the House Intelligence Committee and his questionable behavior when it comes to Russia should be of great concern to every American. If your congressional representative has been party to his shenanigans, the best you can ask for is that, henceforth, they steer clear of dangerous - possibly dirty - Devin Nunes. Send them an email, pick up the phone and call. Just do it. Your country is depending on you.

-

Blair Bess is a Los Angeles-based television writer, producer, and columnist. He edits the online blog Soaggragated.com, and can be reached at BBess.soaggragated@gmail.com.

LETTERS TO THE EDITOR

SIERRA MADRE UTILITY TAX – NO ON PROPOSITION D

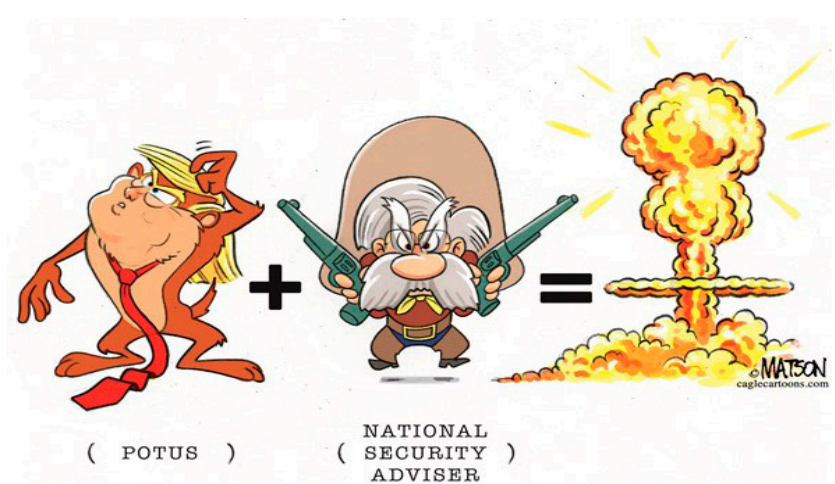
On April 10, 2018 we vote whether to preserve the Utility Tax against Proposition D which appears to have been placed on the ballot by outsiders who will not have to pay the price with only nominal local support.

I don't like paying taxes any more than anyone else, but at the same time I have read the official argument for Prop. D and I simply cannot figure out how it would leave the City able to fund the present level of modest expenditures. It is a truth we accept when we move here that we do not have the tax bases of other nearby communities and will need to do more for ourselves.

I have lived here since 1989. I can remember when Sierra Madre was so broke that when the City had to replace a police car we had to buy one used that another city was discarding. I can remember when the mechanic who serviced our fire trucks went unpaid for months and appeared before the Council begging for his bill to be paid. Things are no longer as desperate as that, but yet only a few years ago did we finally get our street resurfaced, which had needed it for years, and I look around and see that there are many other streets that equally need to be resurfaced and perhaps their water mains replaced.

Every house in the City is valued in the hundreds of thousands of dollars. In my opinion, that is an investment worth protecting. A modicum of public services, a library that we can be proud of, parks that I am happy to entertain my grandchildren at, streets that look like they are not in a slum, reasonable fire, paramedic and police protection, pay considerable dividends in the value of our property as part of being in a desirable community. The loss of these expenditures would promptly cost us dearly far beyond any alleged "savings". Think of "saving" money by firing your gardener and letting the yard go, and wondering why your property value is down.

Eric Olson
Sierra Madre



LEFT TURN/RIGHT TURN

PETER FUNT



WITH TRUMP, THE JOKE'S OVER

All kidding aside: Donald Trump is no longer funny.

Entertainers, writers, social observers - myself included - have relished taking shots at the president. And why not? Jokes about Trump are the lowest-hanging fruits in comedy.

But recently we have begun to hear politicians and pundits say, "This is different." The White House is in chaos and the jokes are falling flat. Maybe it's time to knock it off.

Throughout 2017 I included about 10 minutes of Trump material in my live stage show. As soon as I flashed a giant photo of his orange hair caught in a gust of wind, audiences burst into laughter. When I showed a clip of Trump's guest appearance on "Candid Camera" from back in the 1990s in which he ruined every scene by stumbling over his own ego, the crowd ate it up.

I've taken it all out because I no longer have the stomach for it. Moreover, jokes about Trump now seem tired, even passe.

Looking back over presidential comedy, a benchmark came in 1962 when a little-known performer named Vaughn Meader spoofed John F. Kennedy in an album titled "The First Family." It was mild stuff, kidding JFK about his "rubber ducky" and mocking his pronounced Boston accent, yet it sold an incredible 7 million copies. Every president since has been lampooned - from Chevy Chase's bumbling Gerald Ford to Will Ferrell's malaprop-prone George W. Bush.

But, except for some dark Nixon humor, notably by the comedian David Frye, modern presidents have generally been mocked with a gentle wink, not a snarl.

Trump is different and fatigue is setting in. Comedy Central is practically an all-Trump channel; "Saturday Night Live" dutifully trots out Alec Baldwin in the role, but increasingly the script isn't as funny as whatever Trump actually said that week. Stephen Colbert's nightly anti-Trump rants on CBS are becoming strained. Remember, it was Colbert's boss, Leslie Moonves, who famously said in 2016 that Trump's campaign "may not be good for America, but it's damn good for CBS."

Has it finally reached a tipping point, where Trump's presidency is too damaging to laugh at?

Comedians who fantasize that they are doing some kind of public service by going after Trump are kidding themselves. He loves it. He even tweeted that NBC should dump Baldwin and give the Trump role to Darrell Hammond. Face it: Trump relishes being the center of attention, even bad attention.

What's needed is a Trump Comedy Freeze, and a good place to begin would be the White House Correspondents' Association dinner on April 28. Trump skipped the event last year and has not said if he plans to attend this time.

This year's roastmaster is Michelle Wolf of Comedy Central, who once observed that Trump "shouldn't even be president of lunch meat" and that he's "the worst thing to happen to women since yeast." She has already pledged that she won't hold back at Nerd Prom, as the correspondents' dinner is known, whether Trump attends or not.

But why not hold back? Not out of fear but as a show of strength. Imagine Trump's surprise, whether sitting on the dais or watching from bed in the Executive Residence, if his name is never mentioned all night.

The Gridiron Club's anniversary dinner earlier this month proved conclusively that making jokes about Trump and allowing him to joke back about the media he hates has reached new heights on the cringe meter. Trump jokes are now in the same category as jokes about Bill Cosby or Harvey Weinstein - or at least they should be because Trump has jumped the shark.

At some point, even a comical president is no longer a laughing matter.

-

A list of Peter Funt's upcoming live appearances is available at www.CandidCamera.com.

Peter Funt is a writer and speaker. His book, "Cautiously Optimistic," is available at Amazon.com and CandidCamera.com.

MAKING SENSE by
MICHAEL REAGAN

FAKE STORM



So now it's collusion with Stormy Daniels?

The obsession by some in the media with the affair that Donald Trump allegedly had with a porn star 12 years ago shows how desperate his haters are to drive him from office.

For the anti-Trump forces in the media, Stormy has become the Joan of Arc that will bring down the president who was elected in large part because everyone hated Hillary.

But don't bet on it.

I have no idea - and don't really want to know - what Stormy did to become "an award winning American pornographic actress, stripper, political figure, screenwriter and director" as Wikipedia describes her.

Stormy is now 39 and not the porn star she used to be. Maybe she's launching a whole new career - going on "60 Minutes" and tattling on the famous people she had sex with.

I have no idea if she and Mr. Trump had a tempestuous affair, a one-night fling, or if they innocently shared a round of golf and split a case of Diet Coke.

I also don't care. It was 2006.

Whatever it was, the Story-Trump deal was a private and consensual relationship. The liberal media shouldn't care about Stormy's relationship with Trump, either, but they are drooling over her sex story and trying to weaponize her.

Is her story real news or fake? If it's true, so what? It was 2006. Does it disqualify Trump from being a good president or just prove he's a lousy husband?

For Republicans, does it wash away the successes he's had in office - tax reform, lower unemployment, deregulation, potential peace deals with North Korea?

I get tweets from people all the time who ask, "How can you support someone disgusting like Trump who was having all that sex and being unfaithful to his wife?"

People tell me I'm disgracing my father's name with my support for Donald Trump.

"Wait a minute," I say. "I don't approve of what Trump may or may not have done with Stormy or anyone else when he was married. But I also don't think it's anyone's business."

On that score, I agree with my father.

In 1960 he knew the Republican National Committee and Richard Nixon were in possession of photos that showed the very married John Kennedy entering and leaving various hotels with young women who were not named Jackie.

When Nancy, my sister Maureen and I asked my father at dinner if the Republicans were going to use the photos to help Nixon win, he said, "No - and they shouldn't."

"It's a private affair between a man and his wife," he said. "It's not a public affair, and it should not be made public."

My father knew that JFK's busy career as a philandering senator had nothing to do with whether he'd make a good or bad president.

Likewise, what Donald Trump did with Stormy Daniels in 2006 says nothing about his presidency. It says more about how our society has changed since the 1960s.

Back then, when it came to sex, Jack and Bobby Kennedy were as professional as Stormy Daniels - and almost everyone in Washington, Manhattan and Hollywood and the media knew it.

But back then people were allowed to have a less-than-perfect private life - even if they were from the other party.

Today it's totally different.

Because of social media, there's no such thing as privacy anymore.

Mainstream journalism has adopted the standards of the National Inquirer and when it comes to politicians, movie stars and athletes, the public has come to expect to hear the latest private dirt on them all the time.

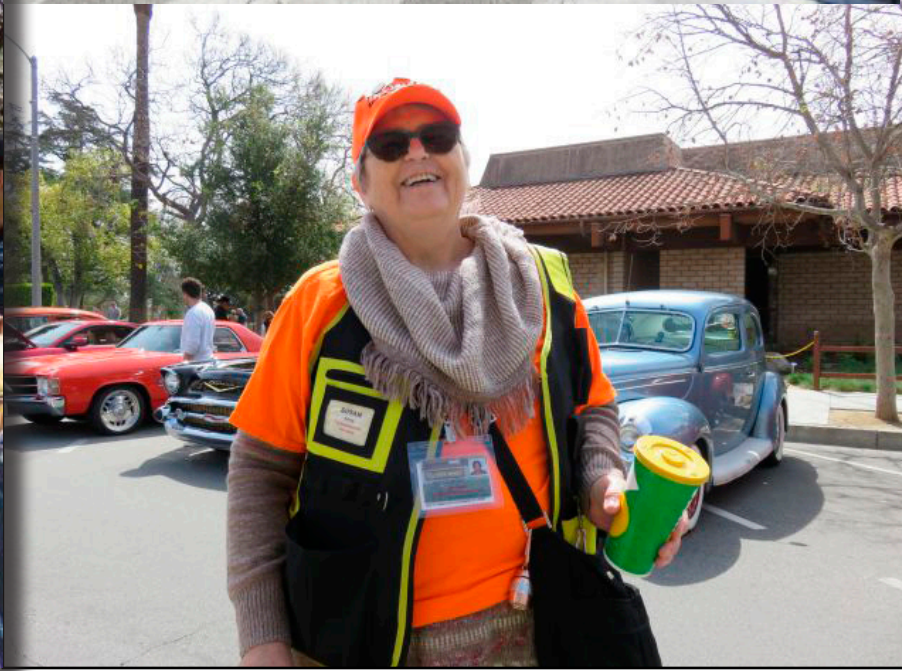
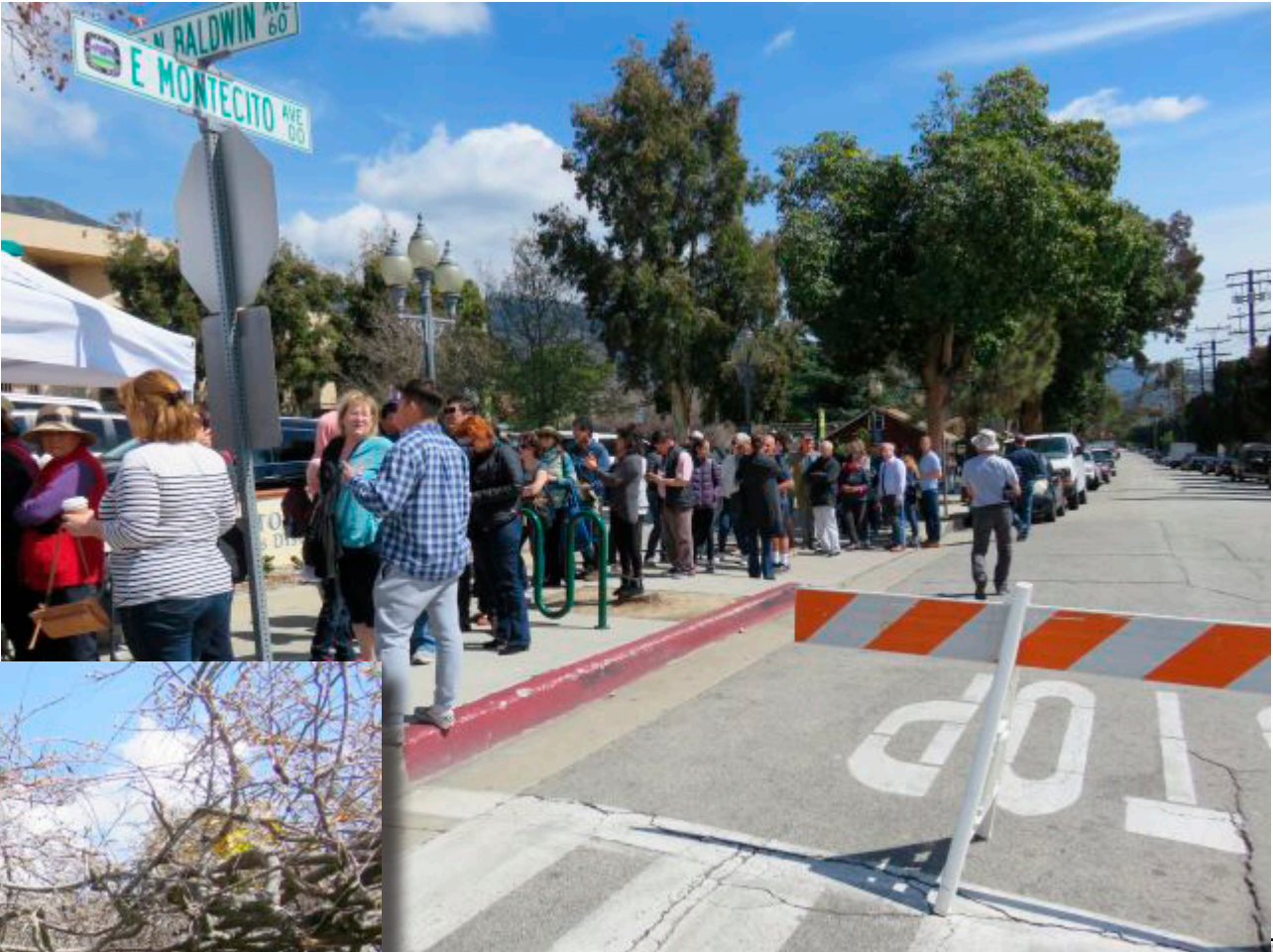
People didn't stop liking Frank Sinatra's music when they heard about the things he did in his private life.

Nobody cared about what NBA superstars Kobe Bryant or Magic Johnson did in private as long as they performed on the court.

So when it comes to President Trump, maybe we should count the scoring he's been doing in Washington - not the kind he did in private before he was elected president.

-

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelreagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.



Photos courtesy Dave Felt and SMECT



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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-040802

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The following person(s) is (are) doing business as: THE GOLDEN PATH, 9827 S LASALLE AVE, LOS ANGELES, CA 90045. Full name of registrant(s) is (are) MARILYN D. JOHNSON, 6709 LA TIJERA BLVD 317, LOS ANGELES, CA 90045. HELEN JOHNSON, 9827 S LASALLE AVE, LOS ANGELES, CA 90047. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: MARILYN D. JOHNSON. This statement was filed with the County Clerk of Los Angeles County on 02/20/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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AVE, LOS ANGELES, CA 90001. This Business is conducted by: AN INDIVIDUAL. Signed: JAIME EDUARDO AGUILAR MENJIVAR. This statement was filed with the County Clerk of Los Angeles County on 02/20/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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The following person(s) is (are) doing business as: USA CONSTRUCTION LINK, USA TRANSPORT INC., 7526 S WESTERN AVE, LOS ANGELES, CA 90047. MAILING ADDRESS: 3308 W 73RD ST #4, LOS ANGELES, CA 90043. Full name of registrant(s) is (are) EILEEN ROBINSON, 3308 W 73RD ST #4, LOS ANGELES, CA 90043. This Business is conducted by: AN INDIVIDUAL. Signed: EILEEN ROBINSON. This statement was filed with the County Clerk of Los Angeles County on 02/20/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/10/17. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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The following person(s) is (are) doing business as: YAKIN, US INC, 1501 TROPEX LANE, ENTERPRISES, MIDAZ USA, 15403 PROCTOR AV, CITY OF INDUSTRY, CA 91745. MAILING ADDRESS: PO BOX 93452, CITY OF INDUSTRY, CA 91715. Full name of registrant(s) is (are) LUCY'S ENTERPRISES INC, 15403 PROCTOR AV, CITY OF INDUSTRY, CA 91745. This Business is conducted by: A CORPORATION. Signed: MIGUEL BARAJAS DIAZ. This statement was filed with the County Clerk of Los Angeles County on 02/21/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/20/03. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: MARCH 10, 17, 24, 31, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-040933

The following person(s) is (are) doing business as: THE GOLDEN PATH, 9827 S LASALLE AVE, LOS ANGELES, CA 90045. Full name of registrant(s) is (are) NOEL JOSEPH ZABALA, 6715 VINEVALE AVE, BELL, CA 90201; HONG-CHAU TRAN ZABALA, 6715 VINEVALE AVE, BELL, CA 90201. This Business is conducted by: A MARRIED COUPLE. Signed: NOEL JOSEPH ZABALA. This statement was filed with the County Clerk of Los Angeles County on 02/16/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/18. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: MARCH 10, 17, 24, 31, 2018

FILE NO. 2018-043740

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ERICK ALDANA, 347 MEADOW CT. BRFA, CA 92821; ELIA CARDONZA CARAS, 1539 E 59TH PLACE, LOS ANGELES, CA 90001, has have abandoned the use of the fictitious business name: ETE DELIVERY SERVICE, 1358 E 59TH PLACE, LOS ANGELES, CA 90001. This statement was filed with the County Clerk of Los Angeles County on 12/08/2014, in the county of Los Angeles. The original file number of 2014345167. The business was conducted by: COPARTNERS. This statement was filed with the County Clerk of Los Angeles County on 02/21/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) ERICK ALDANA
Dates Pub: MARCH 10, 17, 24, 31, 2018

FILE NO. 2018-043079

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JOVAN PANTOJA, 8736 STEWART AND GRAY RD., DOWNEY, CA 90241, has have abandoned the use of the fictitious

business name: INDEPENDENT METALS, 1814 E ALONDRA BLVD, COMPTON, CA 90221. The fictitious business name referred to above was filed on 06/25/2014, in the county of Los Angeles. The original file number of 2014172830. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 02/21/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JOVAN PANTOJA
Publish: Mountain Views News
Dates Pub: MARCH 10, 17, 24, 31, 2018

FILE NO. 2018-043153

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) YONGZHE YIN, 238 S SERRANO AVE 215, LOS ANGELES, CA 90004, has have abandoned the use of the fictitious business name: YOON'S TRUCK TRADING COMPANY, 238 S SERRANO AVE #215, LOS ANGELES, CA 90004. The fictitious business name referred to above was filed on 12/20/2016, in the county of Los Angeles. The original file number of 2016307809. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles County on 02/21/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) YONGZHE YIN
Publish: Mountain Views News
Dates Pub: MARCH 10, 17, 24, 31, 2018

IFICTITIOUS BUSINESS NAME STATEMENT File No. 2018048031

The following person(s) is (are) doing business as: APPLIANCE REPAIR SOLUTIONS 6048 HAZELHURST PL, #25, NORTH HOLLYWOOD, CA, 91606. Full name of registrant(s) is (are) APPLIANCE GUYS, LLC, 6048 HAZELHURST PL, #25, NORTH HOLLYWOOD, CA, 91606. This Business is conducted by: LLC. Signed: APPLIANCE GUYS, LLC, ARSHLOYS MIRAKYAN, MEMBER. This statement was filed with the County Clerk of Los Angeles County on 02/27/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018048719

The following person(s) is (are) doing business as: RAYMOND BASIL, 5741 LARRYAN DR., WOODLAND HILLS, CA, 91367. Full name of registrant(s) is (are) DRAI MARKETING, INC, 5741 LARRYAN DR., WOODLAND HILLS, CA, 91367. This Business is conducted by: CORPORATION. Signed: DRAI MARKETING, INC., STEPHANE DRAI, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 02/27/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018049421

The following person(s) is (are) doing business as: MELINE'S INTERIOR DESIGN 15629 BURNARD AVE, 20922 STODDARD WELLS RD, 91405. Full name of registrant(s) is (are) MELINE NIKOLYAN 13629 WYANDOTTET ST, UNIT 116, VAN NUYS, CA 91405. This Business is conducted by: INDIVIDUAL. Signed: MELINE NIKOLYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 02/28/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018049431

The following person(s) is (are) doing business as: STEWARDSHIP CONNECTION SERVICES 20923 STODDARD WELLS RD., WALNUT, CA, 91789. Full name of registrant(s) is (are) STEWARD AGENAS, 20923 STODDARD WELLS RD., WALNUT, CA, 91789 AND ANNA ACENAS 20923 STODDARD WELLS RD., WALNUT, CA, 91789. This Business is conducted by: GENERAL PARTNERSHIP. Signed: EDWARD ACENAS, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 02/28/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018049659

The following person(s) is (are) doing business as: 4CS RANCH 19219 DUNURE PLACE, NORTHRIDGE, CA 91326; 4CS RANCH PO, BOX 7882 NORTHRIDGE, CA 91327-7882. Full name of registrant(s) is (are) SATYARTHITHA FARM, LLC, 19219 DUNURE PLACE, NORTHRIDGE, CA, 91326. This Business is conducted by: LLC. Signed: SATYARTHITHA FARM, LLC, RAMENDRA SATYARTHITHA, MEMBER. This statement was filed with the County Clerk of Los Angeles County on 02/28/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018045378

The following person(s) is (are) doing business as: BNC ENTERPRISE, 128253 WETWALL RANCH RD., VALENCIA, CA, 91355; PITA PIT VALENCIA 26830 PALACETE DR., VALENCIA, CA, 91354. Full name of registrant(s) is (are)

BEYOND ENTERPRISES, INC, 26830 PALACETE DR., VALENCIA, CA, 91354. This Business is conducted by: CORPORATION. Signed: BEYOND ENTERPRISES, INC., MARINA DAVTYAN, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 02/23/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/2012. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046003

The following person(s) is (are) doing business as: MARNELL DESIGNS, 6333 CANOGA AVE, #147, WOODLAND HILLS, CA, 91367. Full name of registrant(s) is (are) ROXANA MARTINICH 6333 CANOGA AVE, #147, WOODLAND HILLS, CA, 91367. This Business is conducted by: INDIVIDUAL. Signed: ROXANA MARTINICH, OWNER. This statement was filed with the County Clerk of Los Angeles County on 02/23/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/15/2012. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 1441 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046160

The following person(s) is (are) doing business as: PAUL PIERRE 281 E. 47TH ST, LOS ANGELES, CA, 90011. Full name of registrant(s) is (are) DANIELLE CLARK, 281 E. 47TH ST, LOS ANGELES, CA, 90011. This Business is conducted by: INDIVIDUAL. Signed: DANIELLE CLARK, OWNER. This statement was filed with the County Clerk of Los Angeles County on 02/23/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/2018. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046063

The following person(s) is (are) doing business as: NORTHE CONSULTANTS 10210 MONTAIRE AVE, #207, TULUNGA, CA, 91042. Full name of registrant(s) is (are) NIMA PAKDAMAN 10210 MOUNTAIN AVE, #207, TULUNGA, CA, 91042. This Business is conducted by: INDIVIDUAL. Signed: NIMA PAKDAMAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 02/23/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046561

The following person(s) is (are) doing business as: SAIGON SANDWICHES & COFFEE 7219 DESOTO AVE., CANOGA PARK, CA, 91303. Full name of registrant(s) is (are) LOCH HUI TRAN 20601 ROSCOE BLVD, #H, WINNETKA, CA, 91306. This Business is conducted by: INDIVIDUAL. Signed: LOC HUI TRAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 02/26/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 3/10/2015. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046623

The following person(s) is (are) doing business as: REEDS REALTY, 15221 VENTURA BLVD, SUITE 500, SHERMAN OAKS, CA, 91403. Full name of registrant(s) is (are) VETERANS OF AMERICA MORTGAGE, INC., 15233 VENTURA BLVD, SUITE 500, SHERMAN OAKS, CA, 91403. This Business is conducted by: CORPORATION. Signed: VETERANS OF AMERICA MORTGAGE, INC. KARAPET BOYADJIAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 02/26/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/2018. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046656

The following person(s) is (are) doing business as: AKIDO NOTION 12561 LORNE ST, NORTH HOLLYWOOD, CA, 91605; AKIDO RECORDS 12561 LORNE ST, NORTH HOLLYWOOD, CA, 91605. Full name of registrant(s) is (are) CHRISTIAN ZAVALA, 12561 LORNE ST, NORTH HOLLYWOOD, CA, 91605 AND KEVIN CARLOS 8904 ILEX AVE., SUN VALLEY, CA, 91352. This Business is conducted by: GENERAL PARTNERSHIP. Signed: CHRISTIAN ZAVALA, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 02/26/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046598

The following person(s) is (are) doing business as: C & C LOVING CARE SERVICES 20728 DOLOROSA ST., WOODLAND HILLS, CA, 91367. Full name of registrant(s) is (are) CONCHITA DIMACUHA 20728 DOLOROSA ST., WOODLAND HILLS, CA, 91367 AND CAROLE ANN DIMACUHA 20728 DOLOROSA ST., WOODLAND HILLS, CA, 91367. This Business is conducted by: GENERAL PARTNERSHIP. Signed: CONCHITA DIMACUHA, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 02/26/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046599

The following person(s) is (are) doing business as: ST DOMINICK HEALTHCARE MARKETING 5405 HARTWICK ST., LOS ANGELES, CA, 90041. Full name of registrant(s) is (are) IRWIN MACATULA 5405 HARTWICK ST., LOS ANGELES, CA, 90041 AND KAREN MACATULA 5405 HARTWICK ST., LOS ANGELES, CA, 90041. This Business is conducted by: GENERAL PARTNERSHIP. Signed: IRWIN MACATULA, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 02/26/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News
March 3, 10,17,24, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018046597

RE-ELECT Rachelle Arizmendi

to the Sierra Madre
City Council



As a Council Member and your current Mayor, it has been my honor to serve you for the last four years.

I have worked with my City Council colleagues to:

- Balance the city budget and reduce total annual expenses by \$1M
- Restore full Police Department staffing
- Establish a professional Fire Department
- Hire a new City Manager
- Reduce water loss by investing in water infrastructure

As a Sierra Madre homeowner, I know that overdevelopment can ruin the quality of life in a neighborhood.

Sierra Madre's unique small town character and charm brought many of us here to stay.

Let's Keep Sierra Madre Great!

"I am committed to maintaining a beautiful, safe place where individuals, seniors and families can flourish." – Rachelle Arizmendi

Rachelle Arizmendi was first elected to the Sierra Madre City Council in 2014 and currently serves as the Mayor of the City of Sierra Madre.

In 2017, Rachelle was appointed by California's Governor to serve on the State's Board of Food and Agriculture. She also serves on several Boards including the California League of Cities and Foothill Workforce Development Policy. Rachelle is a Governor Appointee to the Interagency Council on Early Intervention and is an Advisory Member of the South Coast AQMD Local Government & Small Business Advisory Group.

Rachelle is the Vice President & Chief Operating Officer of PACE (Pacific Asian Consortium in Employment). PACE is a non-profit community development organization that serves over 40,000 people every year in the areas of job training and employment, business development, early education, asset building, energy, and weatherization. She oversees a budget of \$25M and a staff of 300 employees. In her previous capacity, she held the position of Education Project Director for 16 years. She was also the Executive Director for 2-1-1- California (an affiliate of the United Ways of California).

Keep Sierra Madre Great!

Paid for by Arizmendi for City Council 2018 FPPC #1362527

