



ELECTION DAY APRIL 10, 2018

The Mountain Views News endorses the following candidates:
For City Council: **Rachelle Arizmendi, Gene Goss and Denise Delmar.** The Mountain Views News also encourages voters to vote NO on MEASURE D.

CITY OF SIERRA MADRE ELECTION NOTICES ARE ON PAGE 4

VOTE NO ON MEASURE D

By City Councilman and Former Mayor, John Harabedian

One of the most fascinating developments in politics in recent history was the emergence of the *Rent Is Too Damn High Party* in New York city in 2005. The Party's platform was self-evident, and it gained attention because it was both humorous and undeniably true. Rent in New York city was and still is too high. But the *Rent Is Too Damn High Party* did nothing to solve the problem it was seeking to address—in fact, the problem has only become worse—because it failed to address the complex issues underlying the problem it allegedly sought to fix or, more importantly, develop any empirically tested, fact-based solutions. The Party quickly became a punchline, and remains on the fringe somewhere between reality and fantasy.

The TeaPac – which is essentially the “*Pensions Are Too Damn High Party*” – and its latest attempt through Measure D is shockingly similar, and should be similarly discarded.

No one can deny that we would all love to be taxed less. And no one knowledgeable about state and local government in California can deny that pension liabilities will continue to be a serious ongoing problem that will require innovative solutions. Sierra Madre is not immune to this – although our pension liability is largely funded (75%) and relatively small compared to other cities (\$10.7 million), we will continue to devote a material amount of our general fund to paying it and other post-employment benefits for our retired employees. This is not news: pensions are deferred compensation that employees are rightfully and contractually owed, and we as a City have and will continue to honor our obligations.

But the proponents of Measure D would have you think that Sierra Madre's pension liability is a run-away train, that the City is ill-equipped to deal with it (which is evident by the exorbitant salaries it pays its current employees), and that

the only way to solve the problem is to repeal the Utility User's Tax, stripping \$2.6 million from our General Fund. This is the synopsis of their “Taxpayer Gazette” that was strewn across our sidewalks and doorsteps and their arguments in the ballot statements. Of course, the first two assertions are patently untrue.

First, as stated above, our pension liability is managed properly and aggressively. Second, our employees are paid less than any of our peer cities and continue to receive below-market salaries. Just compare the salaries of our top managers with those in a city like La Canada Flintridge, which does not even operate its own Police and Fire Departments. What's more, nearly a third of the positions the TeaPac lists in its ballot statements and website have been eliminated or remain unfilled. In other words, the City is spending \$0 on them. Thus, the TeaPac's assertions are baseless, just like their assertion that Sierra Madre's expenditures grew by 46% from 2006 to 2016. In reality, on an absolute basis, total expenditures increased by less than 1%. When adjusted for inflation, expenditures actually decreased by more than \$2.6 million, or approximately 10%.

Putting all of that aside, if there were such a problem to fix, Measure D would not be the solution. Indeed, it would only exacerbate the supposed problem that the TeaPac is trying to cure. It is illogical to think that slashing Sierra Madre's general fund to the point where disincorporation or bankruptcy would occur would somehow resolve our supposed budget issues, including our pension liability.

At a time when Sierra Madre continues to operate fiscally responsibly, we should be endeavoring to find elegant solutions to real problems, not wasting our time debating chaotic and half-baked proposals like Measure D. If the proposition is that the pensions are too damn high, then you have a receptive audience, including me.

Let's continue crafting real solutions to that problem after Measure D comes and goes like its failed predecessors before it, both near and far.

ART OF THE GARDEN



Photo by Justin Brandstater

Sunday, April 15

10:30-4:30 pm

Self-Guided Tour

Tickets: \$30/presale | \$35/day of tour

Tickets can be purchased online, by phone or in person

Creative Arts Group

108 N. Baldwin Ave. Sierra Madre
(626) 355-8350 CreativeArtsGroup.org



SIERRA MADRE BOMBARDED WITH OUTSIDE PROPAGANDA

Sierra Madre is truly an All-American city. Safe neighborhoods, good schools, a good police and fire department, an independent, very close, tight knit community. It is also a community with diverse opinions politically united by one mission, protecting the sanctity of the city. Differences of opinion regarding methodology on exactly how to achieve that exist, but the town remains united on keeping Sierra Madre as it is.

So, when “*The Taxpayer Gazette*” appeared on the doorsteps of residents earlier in the week with a rather provocative headline, “*The Empire Strikes Back!*”, the initial response from some residents was shock, disapproval and outrage because no Sierra Madre resident's name was associated with it. Several residents wanted to see what the ‘gazette’ was all about. It became crystal clear after reading the first few lines that it was a piece written in support of Measure D, a ballot measure calling for the repeal of the city's Utility Users Tax.

When the question was asked who printed the Gazette that is supporting the measure, the answer is, not one identifiable resident or business owner in Sierra Madre. Turns out, Michael T. Alexander, is the primary author. Alexander is the President of the California Tax Limitation Committee, and according to his own statement a few years ago, he does not and never has lived in Sierra Madre. The only other ‘author’ noted in the ‘gazette’ is

anonymous, listing themselves as “Little Bird, contributor”.

One resident who contacted the Mountain Views News said, “Who are these people? Do they live here? Why are they using Sierra Madre as Guinea Pigs for their ideas? Why are we being attacked?”

Another resident who is actually an anti-tax person in general, indicated that the Gazette helped change his vote. He was inclined to vote yes but after receiving the ‘Gazette’ he said he sent in his ballot with a No vote. His reason, “.....these people need to MYOB and leave us alone”. (MYOB = Mind Your Own Business).

As referenced in John Harabedian's article, much of the information in the ‘Gazette’ is misleading and/or outdated. The city has actually performed better than expectations since 2016 streamlining staff efficiency, fully funding the city's Police and Fire Departments and much more.

One thing that became very clear, residents of Sierra Madre want to make their own decisions, fight their own battles among themselves and resent being subjected to the influence of outside entities for the sake of outside agendas. “Perhaps the Empire needs to Go Back”, piped up one upset resident. Clearly, the Empire isn't welcome here.

S. Henderson/MVNews

MEETING LOOKS AT NEIGHBORHOOD STRENGTHS AND PRIORITIES

By Dean Lee

Residents of Pasadena, Alameda and Sierra Madre got together Wednesday night for the second of a series of neighborhood summits discussing topics that ranged from public safety to sustainability to using nexdoor.com.

Collaborate PASadena event organizer, Brian Biery, said the goal, “To inspire people to action, its also to increase their knowledge of what activities are going on around them, and its also to give them ideas of how they can take action in their neighborhoods and bridge relationships...”

He said the meetings were also focused on people ingenuity and hard work.

“I was surprised at the turnout,” Biery said. “We had over 90 people here, everyone was engaged and everyone had a priority there were working on.”

Sierra Madre Energy, Environment. & Natural Resources Commissioner Carolyn Dasher said she wanted to bring

the repair café idea to Sierra Madre.

“What a wonderful way to help your community, and to do zero waste and sustainability she said. “We are such a throw-away society and it shouldn't be.”

The idea is simple, someone in a community has something broken, like a lamp, and someone else knows how to fix it. A day and place is set aside for the repair café.

“If your thinking about how to change our economy, how we pay for things, earn money, what our priorities economically, then you want somebody who has been doing it.” Biery said.

One of the moderators had done over 40 repair cafés “so it's a tested model” he said.

(Continued on page 10)



ART OF THE GARDEN

A premier garden tour featuring four unique landscape designs in the foothill communities

Photo by Justin Brandstater

Sunday, April 15
10:30-4:30 pm
Self-Guided Tour

Tickets: \$30/presale | \$35/day of tour

Tickets can be purchased online, by phone or in person

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Weather Wise

6-Day Forecast Sierra Madre, Ca.



Sun:	Sunny	Hi 70s	Lows 60s
Mon:	Sunny	Hi 90s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Ptly Cldy	Hi 70s	Lows 50s
Fri:	Ptly Cldy	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR April 24, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY

MEETINGS

Regular City Council Meeting

Tuesday, April 24, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
April 10, 2018 NO MEETING -
ELECTION DAY
April 24, 2018 at 6:30 pm

Planning Commission
April 19, 2018 at 7:00 pm
May 3, 2018 at 7:00 pm

Community Service Commission
April 16, 2018 at 6:30 pm
May 21, 2018 at 6:30 pm

Senior Community Commission
May 3, 2018 at 3:00 pm

Library Board of Trustees
April 25, 2018 at 7:00 pm

Energy, Environment, and Natural Resource
Commission
April 18, 2018 at 7:00 pm
May 16, 2018 at 7:00 pm

BAILEY CANYON CLEAN-UP EVENT

On Saturday, April 14, 2018, the Sierra Madre Environmental Action Council (SMEAC) will hold one of two Bailey Canyon clean-up events this year. The April 14th event will take place from 8:00am to noon, and volunteers are asked to wear closed-toed shoes, comfortable clothing, and bring gloves and garden tools. Bailey Canyon Wilderness Park is located at [451 W. Carter Ave.](#), at the top of Grove St.

For those not familiar with the Sierra Madre Environmental Action Council, S.M.E.A.C., by acronym, was founded in 1971 by an energetic group of environmentalists in the community to address recycling in the city of Sierra Madre long before recycling and green waste diversion was a governmental mandate and to provide a voice and tool for environmental awareness and education

Remember, Bring a friend - Saturday, April 14, 2018 between 8 am and noon!

SIERRA MADRE ROSE FLOAT ASSOCIATION SCHOLARSHIPS

Sierra Madre Rose Float Association
Scholarship Application

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship to a qualified college-bound student who meet the following qualifications:

1. Applicants must be currently a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.
2. Applicants must have been active in one or more Sierra Madre Rose Float activity such as fundraising, design, construction, flowering or as a past or present float rider.

Application Forms can be downloaded from the SMRoseFloat.org website.

All forms must be postmarked or sent by E-mail to Scholarship@SMRoseFloat.org NO LATER than May 4, 2018



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BY APPOINTMENT ONLY

Tuesday-Saturday
8:00 AM - 6:00 PM

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Call 626-355-2737 to reserve your seat!

Tuesday, April 10, 2018
THE AMAZING

This Forum will be moderated by the League of Women Voters

Save The Date: Saturday May 12, 2018
Our Annual Dance The Night Away & Chili Cookoff



Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2018: 111 Years

Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs cfwc.org & gfwc.org

Saturday, April 7 SMWC Scholarships'

Submission Date Extended
For Pasadena Area

High School Seniors

Questions?

SierraMadreWomansClub@gmail.com

Explore Opportunities & Membership with Us
Join us for Member-Only Yoga w/ Paul Tuesdays, 10 am

GFWCSierraMadreWomansClub.org

[Facebook/SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)

Rent the 1914 Historic Essick House 626-355-4379
Shop Award-Winning Wistaria Thrift Shop 355-7739
Donations Accepted Weekdays to 3 pm

Sierra Madre Woman's Club

Wistaria Thrift Shop



Retail Shop Hours March - May 2018

Monday, Thursday, Friday 10 am-3 pm



Saturdays Closed
Until Further Notice



Gladly Accepting Clean, Gently Used Donations

10 am - 2 pm Weekdays

Essick House Parking Lot donations dropoff

Sat, June 2 - Brown Bag Sale

550 W. Sierra Madre Blvd. Sierra Madre, CA 91024

626-355-7739

GFWCSierraMadreWomansClub.org

[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)



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The Hart Park House,
222 W. Sierra Madre Bl.,
Sierra Madre, CA 91024

BE
INFORMED
AND
VOTE
WISELY

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



RE-ELECT DENISE DELMAR

"My love for our 'Village of the Foothills' grows bigger with each passing year. I ran for City Council four years ago and I am running for re-election to preserve the unique charm and character of Sierra Madre. That unique charm and character is found in our residents, our community events, our neighborhoods, our civic organizations and our many volunteers."

I am a Human Resource professional and have worked for a non-profit hospital system since 2006. As the HR Director of Shared Services, I oversee the benefit and compensation programs, as well as all employee data, for 7,000 employees. I have a Sociology BA and Professional Human Resource (PHR) and SHRM –CP credentials.

My experience in Benefit Administration provides the knowledge and skills needed to establish a viable direction to face the current and continuing financial burden imposed by CalPERS.

ENDORSEMENTS (partial listing)

Susan Henderson, Editor MV News	Robert Gjerde, SM CERT
Mountain Views News	Mary Lou Caldwell
Preserve Sierra Madre	Jeff and Julie Brown
Dr. Evan and Mrs. Mary Steinberg	Doug and Jeanne Peterson
Dennis & Diane Burton	Gloria Giersback
SM CERT	Beth Smith-Kellock
"Airport Annie" Chesterman	Darlene Pappa
Gary and Kat Hood	Michael Paris
De & Pat Alcorn, COTY* 2017	Roger and Caroline Brown
Marlene Enmark, COTY* 2012	Forrest Brown
Clem & Nina Bartoli, COTY* 2015	Tommy-Ann Miller
Barry and Judith Gold	Pamela Clark
Pat and Jill Holland	Bill and Lynn-Marie Scholte
John and Diane Shear	David Darbyshire
Matt and Mahvash Bryant	Doug and Aurbyn Biery
Tim and Laura Thomas	Nancy Shollenberger
Joe Catalano, Planning Commission	Richard and Darlene Crook

**Citizen of the Year*

General Plan Update Steering Committee

Ken Anhalt and Shirley Anhalt
Teryl Willis
John Hutt, Planning Commissioner and Catherine Hutt
Debbie Sheridan
Leslee Hinton and David Hinton
Edward Miller

***Save Sierra Madre's
Charm and Character
and
VOTE FOR
DENISE DELMAR***

DEDICATION

I am dedicated to you, the citizens of Sierra Madre, to be your advocate. That means I will continue to address your concerns:

- public safety services
- fiscal responsibility
- our aging infrastructure
- water issues
- our library - as the facts & desires of the citizens dictate.

ACCOMPLISHMENTS

- Spearheaded the General Plan Update, unanimously approved by City Council, which preserved our small town quality of life and set goals for responsible development
- Strong supporter of our Sierra Madre Police Department which is now fully staffed and our newly established professional Fire Department
- Worked to improve Sierra Madre's water quality and voted in favor of a master plan to replace our aging infrastructure
- Voted for sensible regulations to prevent mansionization and protect historically significant homes
- Worked with the other City Council members to balance the budget and reduce annual expenses in keeping with the careful and judicious management of your tax dollars
- The severe drought we are experiencing inspired me to formulate a plan to stop new water meter installation for two years and cease any new construction until our well water levels rise to a sustainable level. Along with my fellow Council Members, this plan is now in place.

**YOUR VOTE
IS
YOUR VOICE**



City of Sierra Madre

OFFICE OF THE CITY MANAGER
CITY CLERK SERVICES

SECOND NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of Sierra Madre on Tuesday, April 10, 2018.

For Member of the City Council Vote for no more than three (3)
(order of names determined by Secretary of State randomized alphabet drawing)

Rachelle Arizmendi, Incumbent

Denise Delmar, Director, Human Resources

Gene Goss, College Professor

Andy Bencosme, Businessman

Measures to be Voted on:

Measure D – Stop the Utility Users' Tax

Measure A – Advisory Ballot Measure

City of Sierra Madre

PUBLIC MEETING NOTICE

From: The City of Sierra Madre
Subject: NOTICE OF POLLING PLACES AND PRECINCT BOARD MEMBERS

NOTICE IS HEREBY GIVEN that a General Municipal Election will be held in the City of Sierra Madre on Tuesday, April 10, 2018 there shall be three (3) voting precincts.

The polling places for the respective precincts shall be the places designated below. The persons named have been appointed officers of election for their respective voting precincts as of 15 days prior to the election; and the persons named actually served as officers of election for their respective precincts.

Voting Precinct 640002A
Episcopal Church of Ascension
25 E. Laurel Avenue, Sierra Madre, CA 91024
Accessible to Handicapped: Yes
Inspector Patricia Alcorn
Clerk Dorothy Jerneycic
Clerk Barry Ziff
Clerk Leslie Ziff

Voting Precinct 6400006A
Sierra Madre United Methodist Church
Hartzell Hall
695 W. Sierra Madre Blvd., Sierra Madre, CA 91024
Accessible to Handicapped: Yes
Inspector Mary Lou Caldwell
Clerk Darlene Crook
Clerk Julianna "Julie" Jenkins
Clerk Valerie "Simmie" Salembier

Voting Precinct 640010A
Sierra Madre Congregational Church
160 W. Sierra Madre Blvd., Sierra Madre, CA 91024
Accessible to Handicapped: Yes
Inspector Richard Mays
Clerk Caroline Brown
Clerk Alexandra Potter-Watts
Clerk Debora "Debbie" Sheridan

The polls will be open between 7:00 am and 8:00 pm on April 10, 2018.

Laura Aguilar
Election Official / Assistant City Clerk
(626) 836-6756

FIRST NOTICE OF MANUAL TALLY AND SELECTION OF THE PRECINCTS TO BE TALLIED

NOTICE IS HEREBY GIVEN that the Election Official / Assistant City Clerk of the City of Sierra Madre has designated Sierra Madre City Hall, Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024 as the place to manual tally the ballots for 1 percent of the precincts of the General Municipal Election to be held in the City of Sierra Madre on April 10, 2018. This manual tally will be held on Wednesday, April 18, 2018 at 10:30 am.

Prior to the conduct of the manual tally, the election official will randomly select one (1) precinct to be tallied.

NOTICE THAT ALL BALLOTS FOR THE GENERAL MUNICIPAL ELECTION TO BE HELD TUESDAY, APRIL 10, 2018 WILL BE COUNTED AT A CENTRAL COUNTING PLACE

NOTICE IS HEREBY GIVEN that the Election Official / Assistant City Clerk of the City of Sierra Madre has authorized that Sierra Madre City Hall, Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024 is designated as the central place to count ballots for the General Municipal Election to be held in the City of Sierra Madre on April 10, 2018.

Vote-by-mail ballots will begin to be counted once the voting polls close at 8:00 pm.

SIERRA MADRE POLICE BLOTTER

March 25 to March 31, 2018

During this period, the Sierra Madre Police Department responded to approximately 327 day and night time calls for service.

Tuesday, March 26

At about 5:54 p.m. officers responded to a call in the 300 block of W. Sierra Madre Blvd. regarding an unknown male loitering in front of the apartment. Officers contacted the subject, who gave a false name and date of birth. The subject was arrested, transported and booked at Pasadena Police Jail. Case to Pasadena DA's office

Thursday, March 29

Officers responded to a suspicious person call in the 400 block of Acacia St, at about 11:30 a.m., the person reporting the call stated that she witnessed two suspects run out of her back yard into the front yard then leave in an older black sedan.

12:00 p.m.

Adult Protective Services (APS) sent a report disclosing that an elderly female was possibly a victim of financial abuse. Per the report, there was large amounts of money being withdrawn from the victims account in a short period of time, which is unusual for the victim's account activity.

2:30 p.m.

Officers responded to the 400 block of W. Highland Ave regarding a theft of three chainsaws. An unknown suspect(s) stole the chainsaws from the sidewalk where the victim had placed them. The theft occurred between 2:00 p.m. and 2:30 p.m. The total loss was estimated to be about \$2,800.00.

3:30 p.m.

A report was taken of a non-injury, hit and run traffic collision that occurred in the 00 block of W. Sierra Madre Blvd.

Friday March 30

At about 9:17 a.m., a person came into the lobby to report his vehicle was stolen from his assigned carport at his apartment complex located in the 500 block of W. Sierra Madre Bl. The victim stated his vehicle was stolen on March 24, 2018 between the hours of 4:00 p.m. and 7:00 p.m. The vehicle was taken without the reporting parties' permission. Further investigation revealed that the vehicle was towed by CHP West Valley around the area of Sherman Way in the City of Van Nuys. The vehicle was later released to the reporting party. Case to Detectives

Friday, March 30

Officers conducted an extra patrol in the rear parking lot in the 400 block of W. Sierra Madre Blvd., regarding a report of a transient setting up camp in the area. A male subject was contacted and found to be in possession of drug paraphernalia and burglary tools. He was arrested and transported to Pasadena jail for booking.

Saturday, March 31

At approximately 2:30 p.m. officers responded to the 00 block of Rancho Rd. for a burglary investigation. Suspect(s) entered the residence through a rear door and attempted to pry open a steel safe located in the residence. There was no force entry or signs of tampering on the residence windows and doors.

WALKING SIERRA MADRE

"Pluviophile – A lover of rain, someone who finds joy and peace of mind during rainy days."
"When life gives you rain days, wear cute boots and jump in the puddles."

Still being thankful for all the rain we had a couple of weeks ago. Clever planning made it possible for me to stay in my jammies all day, never go outside at all, and watch the rain slide down the windows, which is exactly how rain should be enjoyed. Don't you love the sound rain makes as it trickles down the rain gutters.

"Crafting is the answer. Who cares what the question is!"

"I'm in a good place right now. No, not emotionally, I'm at the craft store!"

Have you been in to Craft yet? It's at 49 W. Sierra Madre Blvd and it's full of inspiration and all the ingredients you need to start something new in your life. For instance: Calligraphy – have you ever wished you could create your own awesome style of modern calligraphy? There's a class on April 15th to teach you all you need to know to get started. Three hours will teach you how to use that strange pen to create beautiful letters. You'll get an introduction to the tools, the basic practice strokes and next thing you know you'll be putting it all together to form letters and then develop your own personal style. Think of the exquisite cards you could create!

Craft opened their doors during the Wistaria Festival just a couple of weeks ago and owner, Arianna Reel, could not be happier. With her art background and years of being a restaurant consultant, she was ready to jump back into the world of crafts, creating and teaching others how to make the things which feed the soul. Arianna has been hosting pop-ups, many specializing in skin care, participating in street fairs throughout the Los Angeles area, and she was here for our Christmas Winter Village Festival; all of which helped her to realize the time was right to set her dream in motion. Craft is Arianna's 40th birthday present to herself. She and husband, Mike Cook – he's involved in TV and film – live here in Sierra Madre with their son, Ian, who is a student at Sierra Madre Elementary. Their desire with Craft is to bring something to the community to share and if you haven't stopped in, do it today!

In the front window are colorful skeins of oversized merino wool. With the right sized knitting needles or crochet hook, you could create a king-sized afghan in no time at all! Arianna is ready to help you in just about any craft you can imagine: yarn work, printing, embroidery. She also has a consignment area for local artists and artisans to display and sell their work. The day I stopped in there were some excellent pottery pieces, paintings, purses, baby products and some really charming little glass hanging terrariums for succulents and air ferns. Mother's Day was mentioned, friends and

SIERRA MADRE LIBRARY PRESENTS REVIEW AND PREVIEW

By Kevin McGuire

Read. Discover. Connect. This is the motto of the Sierra Madre Library, which has served the community since 1887, making it the fourth oldest city library in Los Angeles County and the 10th oldest in Southern California. Jill Schofield, Acting Library Services Manager, met before the City Council on March 27 to showcase the latest services of this library and reiterate what many in this great, little town already know. This library is more than just a building full of books.

Schofield calls them "very lofty goals," but strives to reach the objectives as described in the State Education Code: "A public library is a supplement to the formal system of free public education, and a source of information and inspiration to persons of all ages, and a resource for continuing education and re-education beyond the years of formal education..." With Baby Rhyme Time, Teen Advisory Boards, and Adult Reading Programs, there is certainly something for all ages at Sierra Madre Library.

The library staffs 11 part-time and four full-time persons and is blessed with many volunteers including Friends of the Library, which raises money through art fairs, wine tastings and book sales, and of course, the Library Board of Trustees, responsible for establishing policies and maintaining the budget, among other tasks.

There have been more visitors and rentals recorded at the library in 2017 compared to 2016, with circulation numbers reaching 104,800 (93,320 in 2016) and 84,255 visits last year (79,981 in 2016). Though over 6,000 items (books and videos) have been added to the collection, but Schofield noted that over 7,700 items have been part of a "weeding" out process. "This is part of a plan to remove older items and to get the collection more modern and to get rid of...shelf sitters," said Schofield, who will retire this year. You can also access a growing amount of titles through the libraries online service.

New Programs and Tech

The 2017 Master Plan was presented before the City Council in March of last year, and included discussions of major upgrades needed for the aging



neighbors, and these terrariums would be easy to do and be a lovely gift for any mothers or grandmas you happen to know. There's a large space in the back for workshops and Arianna has a number of these planned; like the calligraphy mentioned above, or leather work, think hand-sewn sandals.

Children's products? Yes, indeed. Science Fair season is coming and there is poster board and supplies for all sorts of science experiments. Birthday parties will be available soon and if you've always liked macramé but thought it was totally outta style...good news... it's back, more fun and easier than ever. If you'd like to try candle making, everything you need to create soy candles is on hand. There are graphic art supplies, natural earth non-toxic oil paints, acrylic supplies. All these things are so much fun to do and you'll be giving yourself a gift of time and creativity; something we all need.

There's a Friday Night Knit at 6:00 p.m. which is a drop-in, make something, talk to other craft lovers sort of social gathering and, as mentioned above, in addition to everything else she can do and teach you to do, Arianna has been involved in skincare for quite some time.

Check out the Craft Sierra Madre website to see what's coming up. There just might be that secret skill you've always wanted to learn. Craft is Sierra Madre's next big success story!

Seen on a window downtown: Straightedge Coffee LLC... more to come!

My book page: Amazon.com: Deanne Davis

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Star of Wonder the CD is now on TuneCore! Take a look!

Blog: www.authordeanne.com

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library, and whether the facility should be relocated to a new building. In July 2017, Council approved use of funds, raised by Friends of the Library, to be used for repairs and the additional of much needed upgrades to meet the standards of the American with Disabilities Act. Also in July, to the delight of patrons and staff, there was an elimination of late fees and DVD rental fees.

Some of the items added include a Mandarin collection of books in Chinese; Launch Pad tablets loaded with educational programs for kids, and an increased "classics" collection, including Shakespeare. "People still read the classics and don't want to read them on Gutenberg," Schofield said referring to the program featuring a collection of e-books. "They want a physical item," she said.

Some of the new participation programs available this year included a Bookmark Contest, where kids created their own bookmarks; a Reading Buddies program where high school seniors assisted elementary school students with their reading, keeping them fresh during the summer; Lego Play Day, encouraging kids to think outside the box, and Teen Scene, bringing teens together for board games and other fun activities. Other popular programs include: Stuffed Animal Sleepover, Miniature Golf, and Teen Candyland Party.

Sierra Madre Library has been fortunate enough to be able to keep up with the latest technology trends. In 2018, you'll be able to access virtual reality headsets, use the new book scanning center, enjoy the upgraded CalRen 1 Gigabit per second Internet access, and coming soon you'll be able to experience 3-D printing! The library has also been awarded a grant for STEAM for Adults program, bringing the latest in science and technology education including collecting DNA, coding, fractals and building robots.

But, History Matters Too

One of the important tasks that the Sierra Madre Library staff is responsible for is maintaining the city's archives. This year they have joined the Pasadena Digital History Collaboration which is part of the Digital Public Library of America and a great way for Sierra Madre Library to share its historic photograph collection with the world.

In addition to all the great things the Sierra Madre Library offers, you can also expect new library card designs featuring the artwork of Kazu Kibuishi, Bill Peet and images from the Sierra Madre Historical Archives. For more information about Sierra Madre Library services, call 626-355-7186.



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The Kensington Sierra Madre
Parkinson's
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Madre on the 3rd Thursday of
every month and be part of this
informative group.

Half of the meetings will be informative,
but you'll also get a chance to connect with
other people and engage in fun activities like
dance or art.

Amy Carlson, diagnosed with Parkinson's Disease in 2012
at age 44, will be facilitating this new group. Amy is a big
advocate of being a self advocate. She believes that an "Always
Now" attitude is the way to tackle every day. She also knows
that exercise is the cornerstone to living well with PD. She
wants to be a resource for people in the San Gabriel Valley
who have Parkinson's Disease as
much as possible and has authored
the Meetup Group People with
Parkinson's Pursuing Wellness to help
do that.



Facilitator: Amy Carlson
People with Parkinson's Pursuing Wellness

EVENT DETAILS

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Police Still Looking for Bomber



The Federal Bureau of Investigation is still looking for the individual, over a year later, believed to be responsible for an explosion at The Cheesecake Factory on Colorado Blvd., in Pasadena

Agents turned to twitter Thursday releasing photos of the 6 foot tall man with dark hair with a beard waking down an aisle at a nearby Ralph's. Police said he discarded a jacket in a trash can outside the market.

Reports of newly released surveillance video shows the suspect walking blocks away into the Parson's parking lot and then walking back towards The Cheesecake Factory.

Authorities say they want the man caught so he does not try and do the same thing, possibly at a larger, more crowded, event.

According to Police Lt. Art Chute, at the time last year, officers responded shortly after 6 p.m. February 2, 2017 to the Cheesecake Factory located at 2 West Colorado Blvd. Witnesses said a man opened the front doors, lit and threw a round object inside landing near the bar area. Some witness said the object landed under a table, exploded, and then poured heavy smoke.

Police Lt. Vasken Gourdikian, Friday called the object a "glorified firecracker" saying the situation was most likely a prank. Pasadena Mayor Terry Tornek also told reporters the object was more like a firecracker than a bomb.

Anyone with information should call Pasadena Police at 626- 744-4241 or you may report information anonymously at lacrimestoppers.com (insert key word Pasadena).

Pet of the Week



Puppy alert! Say hello to Chief (A452766), a fun 8-month-old shepherd puppy. Playful Chief is an enthusiastic young pup who already knows his sit command. He loves to run around and chase squeaky toys. If you are looking for an active dog to add to your family, stop by and ask for Chief.

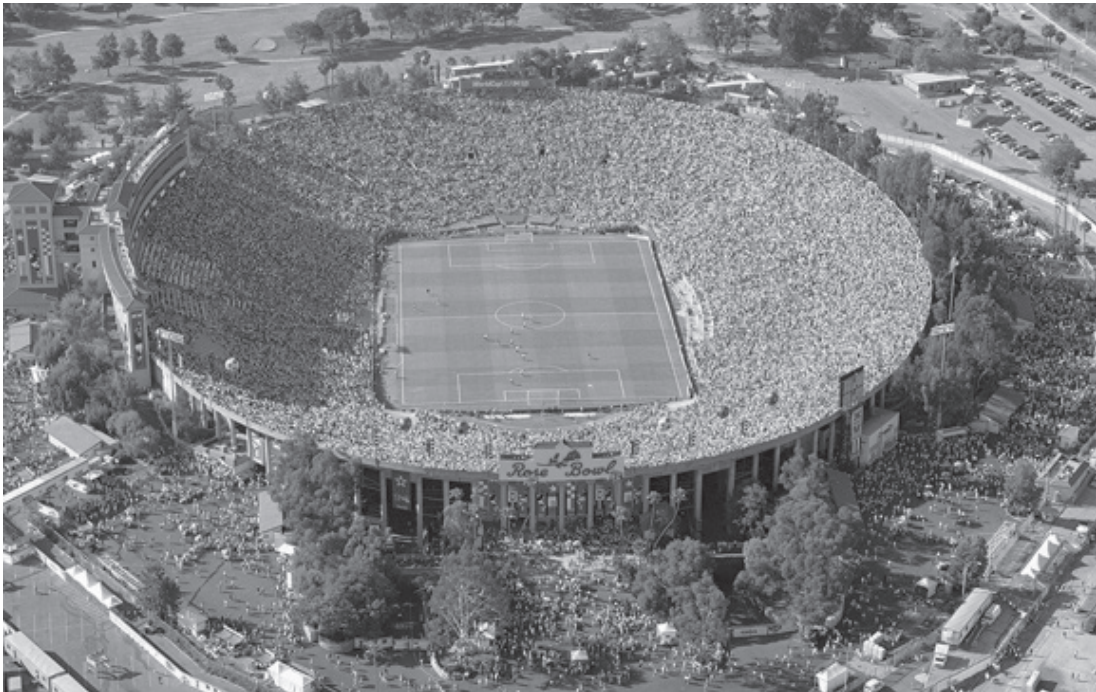
The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

** The Pasadena Humane Society is launching "Kitten Week," a week-long awareness and action campaign held April 23-29, to encourage community members to spay/neuter, adopt, and get involved. You can find more information at pasadenahumane.org/kittenweek.



Council to Discuss 10 Year Soccer Deal

The Pasadena city council is set Monday night to vote on a 10 year exclusive partnership with AEG for international soccer matches held at the Rose Bowl. The council will also vote on holding two international soccer matches this year on July 25, and July 28,

According to the city staff report the city council must approve of any proposed contracts involving the use of the Rose Bowl which anticipate an attendance of over 20,000 and which is of a duration of more than 5 years. As this deal would involve such attendance and is for 10 years, it requires Council approval. It is recommended that the Council approve the framework of this deal that would require AEG to present matches they are involved with in the greater Los Angeles market at the Rose Bowl Stadium (as it relates to stadiums that have a capacity over 35,000), and authorize

the General Manager to finalize negotiations in substantially the same manner, recognizing that the revenue streams for the RBOC will be:

License Fee
- Admission Tax
Concessions
Parking
Premium Seating
Per ticket fee to the RBOC
In return for this exclusivity, and additional marketing and operational support, the RBOC will incentivize AEG with a portion of net revenues from said events. It is anticipated that this portion of net revenues will for the most part be offset by higher license fees charged to event organizers based on the additional services that AEG will offer (marketing, match management, etc.) to the group promoting the event. Based on the deal points it is anticipated that in excess of \$300,000 will be retained by

the RBOC (net) per match.

It is anticipated there will be 1-2 matches annually as a result of this relationship.

These events are intended to fall within the cap of 15 events allowed by the Pasadena Municipal Code. If AEG is able to offer a third match opportunity, and the number of displacement events exceeds 15 in a given year, then the RBOC and City Council will need to vote on the event in question and AEG is not guaranteed the event.

The matches July 25, and July 28 would be the 17 and 18 displacement events for this year and if okayed this year's Americafest, also on the agenda, would be displacement event number 19.

The city council meets at 6:30 p.m. in Pasadena City Hall 100 North Garfield Avenue, Room S249.

PWP Offers \$5,000 Scholarship

PWP is accepting applications for its annual Educational Scholarship. One high school senior from Pasadena will be chosen to receive a \$5,000 scholarship toward college expenses. The program is open to students from both public and private schools.

To apply, students must submit an application, academic transcripts, and write an essay on the topic of sustainability.

Applicants must live within PWP's service territory, be currently enrolled as a high school senior in the City of Pasadena, and provide proof of acceptance for the 2018-19 school year at an accredited two-year or four-year post-secondary institution. The deadline to submit an application is May 11, 2018. To learn more, visit PWPweb.com/Scholarship.

Mayor's Interfaith Prayer Breakfast

Join community members, Pasadena residents, civic, business, student and educational leaders, and the interfaith community for the 45th annual Pasadena Mayor's Interfaith Prayer Breakfast, "Mending the Hearts and Minds of Our Youth."

Hosted by Friends In Deed, the breakfast will be held Thursday, May 3

from 7:30 to 9 a.m. at the Pasadena Convention Center, 300 E. Green Street. Niki Elliott, Ph.D., Co-Director, Center for Neurodiversity, Learning and Wellness, University of La Verne will be the keynote speaker. Tickets are available at FriendsIndeedPas.org.

Police Officers Cleared in Death of Reginald Thomas

The Justice System Integrity Division of the Los Angeles County District Attorney's Office (LACDAO) has completed its review of the September 30, 2016 in-custody death of Reginald Thomas and has concluded that Pasadena Police Department Officers used reasonable force in subduing Thomas. No further action will be taken by the District Attorney's Office.

"We want to thank the Los Angeles County District Attorney's Office for their comprehensive work and for their commitment to finding the truth in this matter," said City Manager Steve Mermell. "The loss of Reginald Thomas' life is tragic but the District Attorney's review concludes that the responding Pasadena Police Officers acted within reason and their use of force was lawful."

The LACDAO conclusions were based on investigative reports, witness statements, audio recordings, photographs, video, 9-1-1 recordings and the autopsy report generated by the Los Angeles County Coroner. It also included a review of the compelled witness statements of all of the Pasadena Police Officers who were a part of the incident.

The memorandum issued to the City by the District Attorney's Office, reveals "that the officers began by simply asking Thomas to drop his weapons and allow them to enter the residence.



Thomas refused and began actively and physically resisting the officers' lawful efforts. The officers resorted to more forcible measures only after other means, including the Taser, proved ineffective. Their escalation of force was in direct response to Thomas' escalating combative resistance. Further, the Taser deployments and baton strikes, manual strikes, kicks and restraint methods were a reasonable response to Thomas' escalating and continued resistance."

The Coroner's examination of Thomas concluded that the manner of death was undetermined, but the District Attorney's Office concluded that "all the force used by the officers appears to have been reasonable under the circumstances. Thus, even if the officers' use of force contributed to Thomas' death, their use of force was not unlawful."

The District Attorney's office will be making a public version of their memo available on their website at a later date.

Mosquitos Love Springtime

Pasadena reminds residents to "Fight the Bite" and protect themselves and their families against mosquitoes, at home, at work and on vacation.

- Empty, scrub clean, turn over, cover or just throw out unused items outdoors that hold water, such as tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers.
- Keep swimming pool water clean, sanitized, and filtered.
- Wear long-sleeved shirts and long pants when outdoors if weather permits, especially at dawn, dusk or anytime you are where mosquitoes might be present.
- Check window and door screens for holes, repair or replace.
- When traveling choose lodging that has air conditioning and screens.

The City of Pasadena joins the San Gabriel Valley Mosquito and Vector Control District in mosquito awareness. For more information, visit sgvmosquito.org/.

Free Monthly Events at Pasadena Senior Center

There is something for everyone at the Pasadena Senior Center, 85 E. Holly St

You do not have to be a member to attend. Some events require advance reservations as noted.

A Toast to the Joys of Music - Tuesdays to April 24, from 9:30 to 11:30 a.m. Tom Campbell returns to play his guitar and sing covers of traditional country, country rock, blues, folk, gospel and classic rock music made famous by The Grateful Dead, Vince Gill, Merle Haggard, B.B. King, Willie Nelson, Elvis Presley, The Rolling Stones and others.

Scenic Walkers Club - Wednesdays, to April 25, at 10 a.m. Join members of the Pasadena Senior Center's Scenic Walkers Club for walks to scenic local places to enjoy the great outdoors and get some exercise. For more information, including where to meet up each week, contact Scenic Walkers Club coordinator Alan Colville at alancolville@charter.net.

Domino Club - Thursdays to April 26, at 1 p.m. If you've never played Chicken Foot dominoes before, or even if you have, come join the fun as Vicki Leigh leads participants in a rollicking version of the game that is easy enough for beginners yet challenging enough for seasoned players. The accompanying laughter is contagious! For more information call Vicki Leigh at 928-478-4654.

Friday Movie Matinees - Fridays at 1 p.m. Everyone enjoys the experience of watching movies and the pleasures they bring. April 20: "Ladybird" (2017, R) starring Saoirse Ronan and Laurie Metcalf. A young woman comes of age in Sacramento while her strong-willed mother works to keep her family afloat after Lady Bird's father loses his job.

Understanding Parkinson's Disease - Thursday, April 12, at 10 a.m. Nearly 1 million Americans live with Parkinson's disease, a chronic and progressive movement disorder with symptoms that worsen over time. The cause is unknown and there currently is no cure, although treatment options such as medication and surgery can help manage symptoms. Presented by Huntington Hospital.

LA Opera Talk: "Rigoletto" - Monday, April 16, at 1 p.m. An LA Opera community educator will lead participants through Giuseppe Verdi's tragic masterpiece "Rigoletto," the story of a lustful and immoral duke who ravishes the court jester's daughter, only to have the jester's revenge goes heartbreakingly awry.

The Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people 50 and older.

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ARCADIA ELECTIONS HEAD FOR HOME STRETCH

The City of Arcadia will hold elections on Tuesday, April 10, 2018 to elect four-year term Council Members for both Districts 2 and 5; while District 3 already has its winner.

Those voting in District 2 and 5 can mail in or drop off ballots in person at Arcadia City Hall City Clerk's Office located at 240 W. Huntington Dr. The deadline for ballot drop-off is 8:00 p.m. Tuesday, April 10, 2018. No hand-delivered ballots will be accepted after the deadline. Ballots postmarked on or before Tuesday, April 10, and received via postal service on or before, Friday, April 13, will be part of the second ballot count process.

Here's the candidate rundown:

For District 2, there are two candidates for one seat on City Council: Bob Harbicht, a retired president of a marketing research consulting firm, who previously served as Mayor and Council Member for Arcadia, and Tom Beck, a current Arcadia City Council Member.

For District 5, there are three candidates for one seat on City Council: Jolly Wu, a retired pharmacist, retired police chief and former three-term mayor, Roger Chandler, and Joyce Platt, a retired teacher in the Arcadia School District.

City Council elections initially were to include District 3 as well, but there was no opposing candidate to challenge Mayor Pro Tem Sho Tay. The deadline to enter into the race was January 12, 2018. As a result, during a Special Meeting on Thursday, January 25, 2018, Arcadia City Council passed Resolution No. 7201 which canceled the April 10th election and appointed Sho Tay to City Council for four more years.

Questions related to the April 10, 2018, Election should be directed to the City Clerk's office at (626) 574-5455 or e-mail at CityClerkGeneralMailbox@ArcadiaCA.gov.

ARCADIA HIGH SENIOR RYAN LEUNG EARNS PERFECT AP EXAM SCORE

ARCADIA-- Arcadia High School senior Ryan Leung can now add the word "perfect" to his resume. 60,519 students across the world took the College Board's Advanced Placement (AP) Computer Science A Exam in 2017. Leung, and only 111 other students on Earth, earned every possible point on this exam.

"I felt pretty confident going into the test, but also a bit nervous," shared Arcadia High senior Ryan Leung. "It was pretty exhilarating to get my test results back. I definitely had not been expecting to get a perfect score on the exam, and I never imagined that I'd be able to pull off something like this."

According to the College Board's AP Exam Program Summary Report, over 4.9 million AP exams were taken in 2017, and of those exams, only 511 students worldwide earned perfect scores.

"Based on these numbers, achieving a perfect AP Exam score is approximately one in 10,000," explained Leung's Arcadia High AP Computer Science A teacher Brent Reiske during Arcadia Unified's March 13 Board of Education meeting where Leung was recognized by the Board for this rare achievement.

"I am unbelievably proud of Ryan," expressed Arcadia High School Principal Dr. Brent Forsee. "Achievements like this also highlight the amazing work our teachers, counselors, and staff do to support our students' pursuit of studying and

excelling in what they are passionate about."

What's next for Leung? "I'm definitely planning on pursuing a career in computer science in the future," confirmed Leung. "I'm still deciding on whether or not I want to focus on a particular sub-field of the industry. I'm leaning towards software engineering at the moment, although I have also considered working on artificial intelligence due to its recent rising popularity."

For the second consecutive year, Arcadia High School's expansive AP and Honors program, which offers students 20 different AP and eight Honors courses to choose from, earned the Arcadia Unified School District a place on the College Board's 8th Annual AP® District Honor Roll. Likewise, Arcadia High School has been a distinguished U.S. News and World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Similarly, Newsweek named Arcadia High on its Top Public High Schools in America list. Arcadia High was also recently identified by Niche.com as being in the top 2 percent of the best public high schools in California, and for the second consecutive year, Arcadia High's 2017 graduating class had at least one student accepted into every Ivy League school in the country.

For more information about the Arcadia Unified School District, please visit www.ausd.net.

ARCADIA POLICE BLOTTER

For the period of Sunday, March 18th, through Saturday, March 24th, the Police Department responded to 935 calls for service, of which 117 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, March 18:
Just after 2:00 a.m., an officer conducted a traffic stop on a vehicle in the area of El Monte Avenue and Camino Real Avenue for an equipment violation. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 29-year-old male from El Monte was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

Just before 6:00 p.m., an officer was dispatched to a residence in the 300 block of East Forest Avenue regarding the report of a burglary. An investigation revealed unidentified suspect(s) entered the residence by damaging the lock of a rear door. The suspect(s) ransacked the residence and fled the scene. No suspects were seen and no witnesses were located.

Monday, March 19:
At approximately 7:00 a.m., officers responded to Dave and Buster's, 400 South Baldwin Avenue, regarding the report of a commercial burglary. An investigation revealed the suspect entered an office inside the business and stole a large sum of money from the vault. The investigation is ongoing.

Just after 11:00 p.m., an officer responded to the parking lot of Burlington Coat Factory, 1201 South Baldwin Avenue, regarding the report of a stolen vehicle. The victim parked her car in the underground parking lot just before 7:00 p.m. and returned just before 11:00 p.m. to find her vehicle missing. No suspects were seen and no witnesses were located.

Tuesday, March 20:
At around 7:30 a.m., officers responded to McDonald's, 143 East Foothill Boulevard, regarding the report of a male lying on the ground bleeding. An investigation revealed a suspect approached an elderly man in the parking lot and punched him several times causing severe injury. The suspect, a 24-year-old male from West Covina, was located and found to be in possession of drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking.

Just before 10:00 p.m., an officer was dispatched to a residence in the 200 block of West Camino Real Avenue regarding a burglary report. The victims returned to their home to find that it had been ransacked. The unknown suspect(s) entered the home by smashing a master bedroom window. The suspect(s) stole several pieces of jewelry before fleeing the scene in an unknown direction.

Wednesday, March 21:
Just after 1:00 a.m., an officer patrolling the area of Live Oak Avenue and Spruce Court conducted a vehicle stop on a vehicle for blocking a private driveway entrance to a gated community. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 24-year-old male from Marina was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 2:30 p.m., officers received the report of a male subject causing a disturbance at Denny's, 7 East Huntington Drive. Officers contacted the subject, a 40-year-old male from Arcadia, and noticed symptoms of alcohol intoxication. Officers determined that the suspect was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

Thursday, March 22:
Just after 4:00 a.m., an officer was dispatched to the 900 block of North Santa Anita Avenue regarding the report of a traffic collision. The reporting party witnessed the driver of a white sedan collide with a parked vehicle. Officers contacted the driver of the white sedan and noticed a strong odor of alcohol emitting from him. Through a series of tests, the officer determined the 41-year-old male from Pasadena was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 6:30 p.m., an officer responded to Westfield Santa Anita, 400 South Baldwin Avenue, regarding a male and female involved in a verbal dispute. An investigation revealed the male grabbed the female by her wrist and pulled her hair. A restraining order was served to the subject, a 28-year-old male from Temple City. He was arrested and transported to the Arcadia City Jail for booking.

Friday, March 23:
Just after 10:00 a.m., an officer was dispatched to 7-Eleven, 102 East Huntington Drive, regarding the report of a theft. A male suspect entered the store, selected a bag of chips and a drink, then fled the scene without paying for the items. Officers located the suspect nearby. The 21-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

Just before 7:00 p.m., an officer responded to the 300 block of West Palm Drive regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 41-year-old male from Pasadena had the stolen package, property, and tracking device in his vehicle. He was arrested and transported to the Arcadia City Jail for booking.

Saturday, March 24:
At approximately 1:00 p.m., an officer responded to an apartment complex in the 1100 block of West Duarte Road regarding found property. The reporting party located a black BB-gun and wallet in the courtyard of the complex. Further investigation revealed the owner of the wallet was a victim of a robbery that had occurred around 2:30 a.m. The victim and his girlfriend were seated in his car when he was approached by the suspect armed with a black handgun. The suspect opened the unlocked door of the victim's vehicle and demanded cash. The victim handed his wallet to the suspect and the suspect fled into a blue vehicle. The suspect was described as a male Black, approximately 5 feet 9 inches tall and 140 pounds, wearing a black hooded sweatshirt with dark colored pants.

Just before 5:00 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a female being detained for shoplifting. A loss prevention specialist witnessed the suspect conceal 15 items (over \$400.00 in value) in her purse before exiting the store, failing to make payment. The 22-year-old female from Los Angeles was cited and released in the field.

MONROVIA - DUARTE

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SUPERHERO FAMILY FUN RUN & 2ND ANNUAL PANCAKE BREAKFAST HIGHLIGHT NATIONAL YMCA HEALTHY KIDS DAY - SATURDAY, APRIL 21, 2018



The Santa Anita Family YMCA invites families from all communities along the 210 Fwy corridor to join in the fun at their inaugural Superhero Family Fun Run and 2nd Annual YMCA "Kids to Camp Pancake Breakfast", all of which is part of the 27th Annual National YMCA Healthy Kids Day celebration. The two events happen simultaneously on Saturday, April 21, 2018 from 8:00am until 12:00pm at the YMCA, 501 S. Mountain Avenue, at the northeast corner of Lemon & Mountain Avenues in Monrovia's Recreation Park.

The Superhero Fun Run features kids and their parents, dressed in their favorite Superhero garb and participating in a friendly, but competitive run in the park to celebrate wholesome, healthy habits. Check in for the Superhero Fun Run is 8 – 8:45am, with the First Wave (kids 5 & under with their parents) starting at 9:00am.

Meanwhile, the Pancakes start flippin' onto plates at 8:29am, along with a number of prize opportunity games, information booths from various vendors promoting healthy habits and/or services for kids and families, plus special deals on early sign up for YMCA-Summer programs. "Saturday April 21st will be – as the kids would say – 'crazy busy' here at the YMCA", said Eric Boyd, YMCA Executive Director. On that same action packed Saturday the Y will host its regular

Y-Jr. Clippers youth basketball league games (over 200 participants ages 3-15 and their families), YMCA Swim lessons and Santa Anita Y Piranhas Swim Team practice (about 180 participants), and the usual fitness activities for adults and senior citizens.

Student volunteers from Azusa Pacific University and the Duarte Kiwanis Club's high school key club will join YMCA Board members in flipping and serving Pancakes from 8:29 – 11:59am. Pancake breakfast proceeds will help to provide financial assistance/scholarships for Santa Anita Family YMCA summer camps, swim lessons, and the Y's "Get Summer Initiative", which offers FREE Y-Summer Memberships for teens ages 12-17. "The 27th Annual National YMCA Healthy Kids Day celebration is happening at over 200 Y's across the country on April 21", Boyd added. "This is the official Y-Healthy Kids Day event for the area of the San Gabriel Valley that includes Arcadia, Azusa, Bradbury, Duarte, El Monte, Irwindale, Monrovia, and Temple City."

For information on becoming a booth vendor, volunteer help, Superhero Fun Run and/or Pancake Breakfast tickets, call the YMCA at (626) 359-9244, or email YMCA Office Manager Gabby Galvez at gabrielagalvez@ymcala.org.

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 488 service events, resulting in 92 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter, Instagram or Nextdoor.

Petty Theft / Possession of Methamphetamine - Suspects Arrested March 29 at 9:38 a.m., employees of a store in the 800 block of W. Foothill reported a male and female subject had just taken the employee tip jar full of cash, then fled the area. Officers responded and located the two subjects. The Subjects were also in possession of methamphetamine and a syringe. Both suspects were arrested and the money was returned to the store.

Battery / Violation of Restraining Order March 29 at 12:11 p.m., a resident in the 1400 block of S. Magolia called the police to report her adult daughter was physically fighting her. When officers arrived, the suspect had fled the area. The suspect was also in violation of a restraining order that the family had obtained against the suspect. This investigation is continuing.

Possession of Methamphetamine - Suspect Arrested March 29 at 9:11 p.m., a sergeant was on patrol in the 900 block of S. Myrtle when he saw a bicyclist commit a riding violation. He stopped the subject and further investigation revealed he was in possession of methamphetamine. The subject was arrested and taken into custody.

Warrants - Suspect Arrested March 29 at 11:55 p.m., an officer stopped a bicyclist in the 1600 block of S. Mayflower for a riding violation. Further investigation revealed the subject had multiple warrants for his arrest. The subject was arrested and taken into custody.

Vehicle Burglary March 30 at 10:10 a.m., a vehicle burglary was reported in the 800 block of S. Mayflower. The resident parked the vehicle outside of their home and discovered it had been burglarized sometime during the night. The suspects took a drill and the vehicle's stereo. The investigation is continuing.

Residential Burglary - Suspect Arrested March 30 at 11:03 a.m., officers were dispatched to a residence in the 300 block of W. Foothill. The caller reported a male subject kicked the back door open and entered the home. The suspect was holding a knife and when he saw the resident inside the home the suspect ran outside. Officers located suspect and arrested him.

Indecent Exposure - Suspect Arrested March 30 at 3:11 p.m., a customer at a business in the 300 block of W. Huntington was angry at not being able to schedule an appointment. The subject began yelling at staff then lowered her pants and exposed herself.

Public Intoxication - Suspect Arrested March 30 at 9:26 p.m., an officer was patrolling the 800 block of S. Mayflower when he saw a male and female subject yelling at one another. He stopped and contacted both subjects. One of the subjects was found to be heavily intoxicated and unable to care for her own safety. She was taken into custody.

Driving Under the Influence - Suspect Arrested March 30 at 9:57 p.m., a caller reported an intoxicated driver. Officers located the vehicle in the 100 block of Montana and found the driver to be asleep at the wheel and heavily intoxicated. After an investigation was conducted, the driver was arrested for Driving Under the Influence of Alcohol.

Vehicle Burglary March 30 at 11:29 p.m., an employee of a store in the 900 block of W. Huntington called to report her vehicle had been burglarized. Her

backpack and laptop computer were stolen. The suspect entered the vehicle by breaking one of the car windows. This investigation is continuing.

Driving Under the Influence - Suspect Arrested March 31 at 2:25 a.m., an officer on patrol in the 100 block of N. Mountain stopped a bicyclist for a vehicle code violation. The investigation revealed the bicyclist was found to be under the influence of marijuana. The subject was arrested and taken into custody.

Petty Theft from a Vehicle March 31 at 3:02 a.m., a resident in the 500 block of King was awoken to the sound of his car alarm activated. He went outside and found the driver's door open and his backpack missing. Later that morning another resident in the same block reported a theft from their unlocked vehicle as well and money missing. This investigation is continuing.

Grand Theft Auto March 31 at 10:25 a.m., a resident in the 800 block of W. Duarte reported his vehicle stolen. He walked outside his home and found his 2001 Chrysler Town & Country had been stolen from his apartment complex's parking lot sometime during the night. This investigation is continuing.

Residential Burglary March 31 at 3:41 p.m., the caretaker of an estate in the 100 block of N. Garfield arrived at the home to water the lawn and discovered the rear sliding glass door had been shattered. The interior of the home was ransacked. It is unknown what was stolen. This investigation is continuing.

Possession of Methamphetamine - Suspect Arrested March 31 at 6:51 p.m., officers were on patrol in the 400 block of S. California when they saw a male subject they recognized from previous contacts. They contacted him and found he was in possession of methamphetamine. The subject was arrested.

Warrants - Suspect Arrested April 1 at 1:30 a.m., an officer was patrolling the 1800 block of S. Myrtle when he saw a male subject he recognized from previous contacts. Further investigation revealed the subject had multiple warrants for his arrest. He was arrested and taken into custody.

Warrant - Suspect Arrested April 1 at 1:44 p.m., employees of a store in the 600 block of W. Huntington reported two suspicious subjects in their store. Officers arrived and contacted the subjects. One of the subjects had multiple warrants for her arrest, she was taken into custody.

Grand Theft April 1 at 3:41 p.m., a resident in the 800 block of W. Walnut called to report a theft. The victim reported her wedding ring had been stolen from a dresser drawer in her bedroom. This investigation is continuing.

Grand Theft Auto / Fraud / Possession of Drugs - Suspects Arrested April 1 at 4:20 p.m., the employees of a store in the 1600 block of S. Mountain called to report two suspicious subjects. Officers located the subjects next to a vehicle that did not belong to them and had been reported stolen by the owner. The subjects were found to be in possession of methamphetamine, false identification and personal identifying information belonging to other people. The suspects were both arrested and taken into custody.

Recovered Stolen Property April 1 at 6:55 p.m., an officer was patrolling the north alley of the 500 block of E. Huntington when he saw a backpack in the roadway. He was able to identify the backpack and contents as belonging to a resident in the 500 block of King. They had previously reported the items as stolen from their vehicle. The officer returned the stolen property to the owner.

ARE WE LOVING OUR PETS TO DEATH?

My husband and I love our dog and we're happy when we know she is happy. We give her lots of love and attention, we take her out for a daily walk, we play with her around the house and yard and we make sure she gets to the vet for her annual check ups. It gives us much pleasure to know that our Molly is happy and healthy.

Our pets give us so much in terms of entertainment, fur therapy and relentless love. I just want to give back to them at least as much as they give to us. I also believe it is my responsibility to be a good steward of God's creatures, particularly those I invite into my life, whether it be my own pet or those whom my clients entrust me with.

There is nothing at all wrong with wanting to please our pets, however I do wonder if it is possible to - well - kill them with kindness. By this I mean do we sometimes allow them to have more than they actually need? For example, we have a cookie jar in our home, decorated with dog bones all over the outside. It sits atop our kitchen counter. That's where we keep all the canine cookies and other tasty treats for Molly to enjoy, now and then. The problem is, the times we are tempted to give her treats is more often NOW than THEN!

Pet obesity in America is on the rise and has been for several years. Did you know that there is actually an organization focused specifically on researching the blight of pet obesity in America? The Association for Pet Obesity Prevention conducts an annual survey to analyze the percentage of pets that are considered clinically obese in America, and the most recent study showed that a whopping 54% of dogs and cats in the US are overweight.

I'm sure most pet owners don't intentionally fatten up their furry friends, and I totally understand how tempting it is to hand out goodies to our darling dogs and kitties when the notion arises, but let's face it folks, food is not the only way to show our pets how much we love them. It's time we start reigning it in when it comes to feeding our pets as a way of showing them our affection. In fact, it seems we are on the verge of loving our pets nearly to death.

Animals are a lot like humans in terms of how obesity affects their health. The difference is, we humans are the ones in charge of what goes on the plate or in the bowl. Our pets have to rely on us to do the right thing by making healthy choices for their daily diet and regulating their rations.

I realized how important it is to be careful in selecting the quality and quantity of food I feed my dog while reading an article in the waiting room at my vet's office. The article compared the affects of certain foods on animals versus human beings. It listed cookies, cheese, hot dogs, hamburgers - items that one might be tempted to share with their pet during a casual summer meal. It showed the caloric equivalent for a dog eating those items compared to the human. The results were mind-boggling and devastating to the health of a dog or cat.

For example, a chocolate chip cookie falls to the floor and gets gobbled up within seconds by your beloved beastly buddy, right? Well, if an average healthy human had eaten that cookie it would have

rendered a reasonable amount of calories that could be easily burned. However, the caloric value and physical affect of a single cookie consumed by a canine, for him translates to the relative equivalent of eating an entire hamburger.

The article also showed the compared caloric value of a one ounce chunk of cheddar cheese, which to the human is a bit much but not a real big deal. But to a dog that chunk of cheese becomes equivalent to the caloric value of 1 ½ hamburgers. For a cat, a single potato chip is equal to the calories of half a hamburger, and one cup of whole milk equals three entire burgers for your beloved feline friend.

When we think about it this way, we begin to see how important it is to limit the types and amounts of foods we feed our pets. Their little bodies are simply not designed to process the variety and the amount of food we are accustomed to consuming. And if you don't mind me saying, it wouldn't hurt us to back off a bit on the binging ourselves!

The "Treat Translator" article I read was meant to encourage us modern day animal lovers to resist feeding our pets fattening "people food", which is definitely a valuable message, but we should also be careful about how much pet food we give them. Some animals are pretty good about not eating more than they need, while others will devour every bit you put out for them. It is up to us to control their daily caloric intake.

In addition to a dog's diet, exercise also plays a very important role in keeping him or her happy and healthy. It goes without saying that physical activity is essential, and dogs are not much different from us when it comes to maintaining our cardio-vascular systems and burning access calories. For this reason, a daily walk is very important for our canine companions.

Another reason why it is important for a dog to get regular walks, is so they can sniff around outdoors. The dog's olfactory system is a key stimulator for their mental and metabolic systems, so by allowing them to sniff about the neighborhood you are helping them "take care of business". There are other factors involved with keeping your dog in good health, but a daily walk is definitely a major factor.

We all like to think we are perfect pet owners, but let's not forget that food should not be the way we show love and affection to our furry four-legged friends. We should focus more on giving them positive verbal reinforcement, grooming & massage therapy, loads of cuddling, daily walks & play time, and less on giving them treats, if we want them to live long, happy, healthy lives.



SHY & GENTLE BOY NEEDS NEW FOSTER HOME OR ADOPTION:

Katnip News!



own. He just needs confidence and love. Please view his videos and share. If you can open your heart and home to this sweetheart, let us know.

Video 1: https://www.youtube.com/watch?time_continue=5&v=ggIKMJ_zYO0 and Video 2: <https://www.youtube.com/watch?v=g-tPfeSDo70> These videos are from before he went into foster.

Meet SCOUT, born 2010. This handsome, sleek boy has been in a foster home for several months, but the senior resident kitty just won't accept him. Scout has been passed up for adoption through no fault of his



There's no fee to foster and we provide vet care if needed. Adoption fee is \$100, which includes neuter, microchip, exam & vaccines. See more pictures, adoption info & application on our website, www.lifelineforpets.org. Call or text 626-676-9505 or email us at info@lifelineforpets.org for more information.

Happy Tails

by Chris Leclerc



HEALTHY LIFESTYLES



Yogic Wisdom for Everyday Life CHILD'S POSE

Child's pose, or balasana, is one of the best poses in

yoga. It's a forward fold that stretches the lower back, improves digestion, and encourages withdrawal of the senses (Pratyahara).

Because it is such a useful pose, it's important to know how to get comfortable in it. To begin, come onto all fours -- hands and knees. Inhale deeply and, as you exhale, lie your forearms down as you bring your bum back toward your heels. Your chest moves on top of thighs. This action requires deep flexion in the hips, knee flexion, and plantar flexion of the ankle and foot. It's common for the upper back to be tight and rounded. Arms can stay outstretched in front or you can bring them alongside your body, resting on the top of the forearms and flipping the palms face up. Ideally, the forehead is resting on the floor. It is meant to be relaxing. To assist with comfort in this pose, here are a few modifications that can make ALL the difference:

1. If your seat does not rest comfortably on your heels, place a folded blanket on the tops of your calves as an extra cushion between backs of thighs and calves.
2. To provide more space and comfort for the belly, bring big toes together in the back and spread the knees wide.
3. If your forehead does not rest completely on

the floor, place a blanket or block underneath your forehead in an effort raise the floor up to meet your head.

4. Try a variation. An alternate to the classic forward fold is reverse child's pose—apanasana, or knees to chest. Come to lie on your back and simply bring knees to chest. Hug the arms around the knees. You still get all the great benefits of the pose: improved digestion, grounding, and nice, safe stretch for the lower back.

5. Supported child's pose is lovely. Place a bolster underneath the chest and belly. Come to sit on your heels and lay your chest onto the bolster. Look left and rest on the right side of your face, after several breaths, change sides.

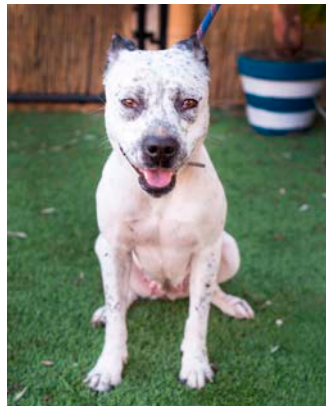
Enjoy child's pose as a restful, calming forward fold. It's a pose of letting go, surrender, and conscious resting. It's the GO-TO for resting in a yoga class. Breathe steadily and freely in whatever modification you choose. Make sure to find comfort and what works for your individual body.

Contact me to learn more "go-to" yoga poses to decompress and find relaxation: keely@keelytotten.com.

Namaste,
Keely Totten, E-RYT 500,
Yoga & Meditation Teacher

BEST FRIEND

Dotts is a 2-year-old Staffordshire terrier mix girl with a striking black and white speckled coat, black bouncy ears, beautiful brown eyes, and the cutest girly whiskers a pup can have! This petite 2-year-old girl only weighs about 40 pounds and is the perfect size for cuddling. Dotts is healthy, and is making the most out of her stay at the shelter. She does well on her walks, loves to play fetch and tug-a-war and most of all she loves to spend time with people. This dazzling young puppy deserves a loving and forever home that can give her a second chance at the puppyhood she is meant to have. If you are that special person or family that is ready



to welcome Dotts into your family, please come meet her and prepare to fall head over heels in love with her! Her adoption fee is \$145 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

SPEAK THE TRUTH WITH LOVE

What would it take for you to speak the truth with love? As one of the 7 billion people living on this planet, we are forced to interact with each other. Our day to day interactions could be minefields; we can never know what another person is thinking or feeling. As a result, we judge people by their actions. Sometimes an incident will occur, and we have an immediate reaction. Most often that reaction is not caused by the event, but rather our perception of it and the meaning we've attached to it.

Our minds receive and interpret data so quickly. Sometimes we make these judgments with limited, inaccurate information and it can lead to conflict. There are times when a situation escalates so rapidly that harm is inflicted unintentionally. What to do?

Sometimes the person jumping to conclusions is you and other times you will be the person that's misunderstood. This is the time to reach for your pause button. Take a breath. Stop and reflect on the moment. Think, "is it possible to see the situation a different way?" What would it look like to offer the benefit of the doubt? If you assumed the best about the other person, what would that look like?

Gather your thoughts and reflect on what you want to communicate? Is this person a service provider that is assisting you? How can you describe your requirements with

respect? Is there someone else that might help you? Do you need to have this conversation right now?

When it's someone that you love the stakes are higher. Stop and reflect on the purpose of your communication, and you could stake that purpose to your loved one. You could set the stage by stating your intention. "The reason for my call is ... fill in the blank." If you want to request some corrective action, you might try the sandwich method. Remind the person of something good that they do well. Then advise them of the improvement you seek. Then end on a positive note.

It is essential that we learn how to have a difficult conversation. When we don't, contrary emotions fester, and relationships are destroyed. We need to learn how to communicate our needs whether it is with a waiter, repair person or our beloved. We need to speak the truth with love because it will help us to feel better.

Lori Harris is a lawyer and coach. She's hosting a webinar April 24th, 2020, to learn more sign up for her newsletter at www.LoriAHarris.com



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TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

NO CHEESEBURGER CHEESEBURGER BUT GREAT MIDDLE EASTERN FOOD

Writing reviews on restaurants is subjective, as is drinking and wine. I love mom-and-pop restaurants that you've probably driven past 100 times. I always go to the restaurant at least three times before ink hits paper in the form of a review (I do take recommendations). I love Parkway Grill, Panda Inn and Houston's, but you know those already!

Sahara Restaurant in central Pasadena is one of my go-to spots for both takeout and sit-down dining. I probably eat at Sahara at least three times a month. I was born in Athens, Greece, and though Sahara leans towards Lebanese cuisine, Middle Eastern foods are universal in menu selections. They don't have Lebanese beer (the owner's son said they don't have their home brew because they'd drink it all!), so I have my meals with Heineken. The interior is somewhat plain with pictures of Lebanon, and the tables and chairs could be from any diner in the area. But, the food is the highlight of this show. The kitchen is open so you can watch your food being cooking on mesquite, and it's ably run by two brothers and their sons - it's a family affair.

They offer plenty of standard Middle Eastern dishes like kebabs, shawerma, and falafels. I love the lulu kebabs (ground seasoned lamb and beef (\$11.25), and for those of you who can't decide, get the combination (\$14.75) which has a little of everything. For you vegetarians the falafel is a crowd pleaser (\$8.25). Order a side of babaghanouj (eggplant) (\$4.50) - they tell me it's the real deal. My buddy Mike Bingley from the tv show Straight off the Menu swears by the by the chicken kebab. I like it but others seem to be juicer. All dishes come with feta cheese, a remarkable starter of pita bread, cucumber and your choice of lentil or cabbage salad. The cabbage is salad is great, and often I'll put it aside for my next days lunch. Two enthusiastic thumbs up for Sahara! Get here early - it's posted close time 8:30, but many times Sebastain says bro "we were busy we sold out on the food, just like a BBQ joint in Texas" - when it's gone, it's gone. If you were a fan



of Burger Continental 20 years ago, you will love Sahara.

Sahara 2226 E. Colorado Blvd Pasadena Closed on Sundays (626) 795-6900

Join me on Charter Cable Channel 188 every Sat & Sun at 3 PM. Plus check out my updated website www.peterdills.com

Peter Dills local food and wine writer. Host of Dining with Dills Radio Show on Sunday at 5 PM KLA 830

COOKING FOR THE KIDS!

By Judy Gold

Did you know that the primary purpose of a Kiwanis Club is to benefit children? This ideology is at the heart of the Kiwanis Club of Sierra Madre, and one of the reasons that the club has their annual Chili Cook Off Event. The money raised goes to support the ImaginArt program at the Creative Arts Group right here in Sierra Madre. If your child attends Sierra Madre Elementary School he/she partakes in this outstanding program.

For a first hand look at the ImaginArt program. I spent some time with Kristin Naran, Executive Director of the Creative Arts Group. The program really acts like a field trip with each class walking a few blocks to Creative Arts on Baldwin. Grades 1-5 are given a project to complete. My observation of a Fourth Grade Class that was putting the final touches on their project: Crocagator.

Certain skills are taught to all grades in order to build for future years. Projects are tied into things they study in school. One of the teacher's, Cathy, gave the fourth graders information on American History as well as a history of the America's regarding the meaning of their project. The children learned the importance of animal spirits among Native Americans as well as cultures in Latin America.

The children were given the term "whimsy" as the focal point of their project. Each child was given a slab of clay to work and roll into a vessel. They choose a "whimsical" animal that they attach to the vessel. The skill of waxing the bottom of the vessel is taught. This keeps the bottom of the vessel from absorbing the paint. The object is then "fired". When I observed the class they were being taught

how to mix colors with which to glaze their effigy. It is then fired for the last time. All the children get to display their projects at a children's art show in May.

The teachers of these classes are remarkable. Cathy is also a public school teacher and Suzie is a local artist who works with ceramics.

I was also able to see the First Grade project which was a cut out by hand, attached to a slab, textured in the background, and painted and some of the finished projects from the third grade. They, too, started with a slab of clay that they learned to roll to shape the body, add pieces to make each witch unique, glaze and fire. I was amazed at how original and well done these witches were. Truly remarkable.

Kiwanis is one of the sponsors of this program raising money from the annual Chili Cook Off Event. Peter Dills, a well-known local food critic, judges the chili offered by the participants. Every person that attends also gets to vote for their favorite chili and awards are given for both the Celebrity Choice and the People's Choice later in the evening. This year, Henry Duenas will be the DJ. There will be wonderful music for dancing as well as people to teach line dancing. You know you've always wanted to learn that, right? Not only is there chili tasting but there will be great food, great music, a no-host bar, a Silent Auction and FUN! Lots of it!

Why not become a Kiwanis Member For A Day and attend our Dance The Night Away Chili Cook Off? Tickets can be bought at Savor the Flavor as well as by calling 626-627-3363. Each ticket is \$30.00. The event will held at the Sierra Madre Recreational Center, May 12, 2018 from 6:00PM to 10:00PM.

Remember, without donor support the ImaginArt program would not exist. For more information please go to: sierramadreckiwanis.com/the-dance-the-night-away-chili-cook-off

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
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822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
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www.waldenschool.net

Weizmann Day School
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(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

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325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
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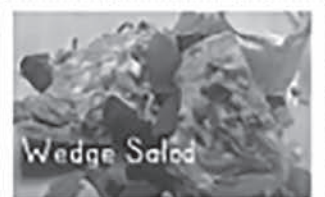
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SIMPLE VIDEO CALLING DEVICES FOR TECH-CHALLENGED SENIORS

Dear Savvy Senior,

Are there any senior-friendly devices that you can recommend for video calling? I live about a day's drive from my 83-year-old father and would like to see him more often but he doesn't use a computer, tablet or a smartphone.

Searching Susan

Dear Susan,

Video chatting is a great way to stay connected and keep tabs on an elder parent when you can't be there. To help you and your dad achieve this, there are various products on the market today that offer simple video calling for seniors who are unfamiliar or uncomfortable with technology. Here are three unique devices to consider.

ViewClix

If you're interested in a device that requires no input from your dad, check out the ViewClix Smart Frame. This is a 15-inch digital picture frame with video calling capabilities designed specifically for seniors.

Ready to use right out of the box, this device lets family and friends make video calls and send photos (displayed as a slideshow) directly to your dad's ViewClix Smart Frame anytime from their smartphone, tablet or computer. To do this, you simply download the free ViewClix app to your devices.

All photos sent and video calls made to your dad's ViewClix are received automatically. But, it is worth noting that this is a receiving device only. Your dad cannot initiate video calls from his ViewClix.

This device is available at ViewClix.com or 800-304-4281 for \$299 (Wi-Fi is required), or you can purchase their 4G Broadband model that works with T-Mobile if Wi-Fi is not available for \$299, plus a \$20 monthly broadband fee.

GrandPad

Another nifty product that offers simple video calling, and much more, is the grandPad. This is an 8-inch touchscreen custom tablet designed for seniors, ages 75 and older. It comes with a stylus, charging stand and Verizon 4G LTE built-in so it works anywhere within the Verizon network – home Wi-Fi is not necessary.

This unique tablet provides a simplified menu of



big colorful icons and large text to only essential features, giving your dad clutter-free, one-touch access to make and receive video calls and phone calls, send voice emails, view photos and videos, listen to personalized music, check the weather, play games and more. But, to simplify usage and avoid confusion, it does not offer Web browsing.

GrandPad also has a "Help" button that offers 24/7 phone/tablet remote assistance to help your dad with any facet of his tablet, and it provides damage and theft insurance so if your dad breaks or loses his tablet it will be replaced at no additional cost. Available at grandPad.net or call 800-704-9412, a grandPad leases for \$66 per month, or \$49/month if you pay one year in advance.

Echo Show

If you don't think your dad would mind talking to a machine, the voice activated Amazon Echo Show is another senior-friendly device for video chatting (Wi-Fi is required).

Available at Amazon.com for \$230, the Echo Show has a 7-inch color touchscreen that would let your dad make and receive video calls to those who have their own device, or who have the free Amazon Alexa app installed on their smartphone or tablet.

Once you set up his contacts, to make a call your dad would simply say, "Alexa, call Susan." And when a call comes in, he would ask Alexa to answer or ignore the call. There's also a feature called "drop-in," which could allow you and other preselected relatives or friends to video in to your dad's device at any time without his input.

The Echo Show also offers a bevy of other features your dad might enjoy like voice-activated access to news, weather, his favorite music and more.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...APRIL Birthdays*

Howard Rubin, Anita Hardy, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandevlede * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Join us on Thursday, April 19th at 10:30a.m. to 11:30a.m for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Games facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, April 18th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Please call Hart Park House for an appointment, 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

* A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club!

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment is provided.

Tax Assistance: Every Wednesday beginning on February 7th through April 11th from 1:00p.m. to 2:00p.m. Don Brunner is available for income tax consultation...

Appointments are required by calling the Hart Park House Office 626-355-7394

** Call Community Services Department for details about the "Ear to Ear Program" returning in 2018**
626 - 355 - 5278

March Excursion



The Living Desert Zoo & Gardens (Palm Desert)

Date: Friday, April 13, 2018

Time: 8:30a.m. - 4:30p.m.

Meeting Location: Hart Park House Senior Center

Cost: \$30 (Does not include lunch)

For almost four decades The Living Desert has been engaged in the important work of preserving, conserving and interpreting the desert and all its varied plants and animal life. Living Desert tours is a unique way to enhance your zoo and botanical garden adventure. The shuttle will make stops which may include the Wildlife Hospital, District Commissioner's House which has a panoramic view of Amur Leopard and the Interactive Discovery Center. Lunch will be on your own at one of the cafes in the zoo. [Level of Walking: Medium]



SENIOR MOVIE

April 18th at 1:00 p.m.

Victoria & Abdul (2017)

Abdul Karim arrives from India to participate in Queen Victoria's golden jubilee. The young clerk is surprised to find favor with the queen herself. As Victoria questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance that her household and inner circle try to destroy. As their friendship deepens, the queen begins to see a changing world through new eyes, joyfully reclaiming her humanity. Rated PG-13. Run time 1h 52m.

MTA Reduced Fare TAP Card

Thursday, April 12, 11:30a.m. - 12:30p.m. at Hart Park House
A representative from Metro Transportation Authority will be accepting Reduced Fare Applications from patrons who are interested in obtaining a Reduced Fare TAP CARD. In addition to the card, patrons who are eligible will receive a temporary card on site and they will have the opportunity to load with cash value. No appointment is necessary.

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MEETING (cont. from page 1)

A meeting Sept. 18 in Pasadena at La Casita del Arroyo had a similar focus, learning and building trust.

"Our goal was always to do three of these [summits], one in Pasadena, one in Altadena and one in Sierra Madre," Biery said.

He said their next goal is to engage people in Sierra Madre. "We really want to reach out to

neighborhood watch groups."

Dasher also said she wanted to reach out to other commissioners to see how they could do a similar collaborative.

Biery said a Sierra Madre meeting would likely be in fall.

For more information visit: collaboratepasadena.org.

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Looking Up
with Bob Eklund

HERE, THERE AND EVERYWHERE: ACROSS THE UNIVERSE WITH THE BEATLES

The Beatles are one of the greatest cultural phenomena to come from the 20th century, yet many people are unaware of their impact on science.

In 'Here, There and Everywhere,' inspired by the book 'La Scienza dei Beatles' ('The Science of the Beatles'), Viviana Ambrosi shows how the Fab Four can bring the study of celestial objects and the exploration of the universe closer to a large public audience. This was set out in a presentation on April 3rd at the European Week of Astronomy and Space Science in Liverpool.

The Beatles formed at the start of the space race, and have always inspired scientists, whether they knew it or not.

The Beatles' record company (EMI) used money from the sale of the White Album to fund scientific research. Some of which went towards Godfrey Hounsfield's research into X-rays, which led to the invention of the CT scanner, for which he shared a Nobel Prize.

'Across the Universe' was transmitted into deep space in 2008, and numerous Beatles songs have been played as the wakeup call for astronauts on the International Space Station—including a live musical wakeup by Paul McCartney in 2005.

There are five asteroids named after this musical group: Beatles, Lennon, McCartney, Harrison, and Starr. There is also a crater on Mercury named 'Lennon,' and when a diamond star (a white dwarf covered in crystallised carbon) was discovered in 2004, it was nicknamed 'Lucy' after 'Lucy in the Sky with Diamonds.'

This was also the inspiration for 'Lucy,' the fossil that rewrote the story of humanity, and this in turn has inspired NASA to name their first mission to Jupiter's Trojan asteroids 'Lucy.'

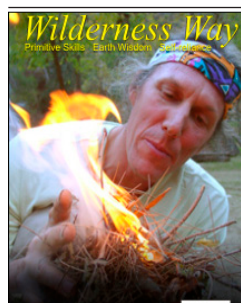
The Lucy mission will launch in 2021 and will arrive at the L4 Trojan cloud (a group of asteroids that orbit the Sun in Jupiter's orbit, about 60° ahead of Jupiter) in 2027, where the spacecraft will fly by four Trojan asteroids—3548 Eurybates, 15094 Polymele, 11351 Leucus, and 21900 Orus.

After these flybys, Lucy will return to the vicinity of the Earth, whereupon it will receive a gravity assist to take it to the L5 Trojan cloud (which trails about 60° behind Jupiter), where it will visit the binary Trojan 617 Patroclus with its satellite Menoetius. Lucy will also fly by the inner main-belt asteroid 52246 Donaldjohanson, which was named for the discoverer of the Lucy hominin fossil.

Three instruments comprise Lucy's payload: a high-resolution visible imager, an optical and near-infrared imaging spectrometer, and a thermal infrared spectrometer.

This mission is due to launch in 2021 and will take 12 years to complete its journey. It is safe to say that the Beatles will continue to be an inspiration for many years to come.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

EXTREME SIMPLICITY:

Homesteading in the City

[Nyerges is an educator and author. He can be reached at www.ChristopherNyerges.com is perhaps my favorite of the books I have written because it is like a personal

diary of how my wife and I worked towards our goal of "living lightly on the earth," even though we had a small budget and lived in a small suburban

Los Angeles home. We were doing what our Appalachian friend used to describe as "living country in the city." We pursued all aspects of self-reliance, and wrote about it. Starting as soon as we moved in to our new home in 1986, we began task by task with limited income. We used our front lawn to grow food, we recycled our wash water, collected rain water, had chickens, a duck, bees, and a pig, had solar water heating and solar electricity, a wood stove, and we planted fruit trees and food everywhere. We describe our efforts to do "integral gardening" on every bit of usable land, to produce food (for people and wildlife), medicines, fragrance, shade, and useful tools. We describe the details of what it meant to raise earthworms, chickens, rabbits, bees, a goose, a pig, and our dogs in their typical suburban back yard. We took the reader along their journey to installing a wood fireplace, solar water heating, and a solar electric system. Though there is much "how to" in this book, it is full of personal stories and rich reading of the learning they experienced along the way. There is a section on recycling, and a unique section about the economics of self-reliance. It's worth noting that this is not a book we planned on writing. In 2000, we were called by the Mother Earth News magazine to write an article about our meaning of "alternate health" methods, and we wrote about the methods that could be called "new age" and could be called Hypocratean. We were on the cover, and a book publisher contacted us to see if we could turn that health article into a book. We said yes. But when we submitted the manuscript to the publisher, they said, hmmm, not exactly what we were looking for. [That book, Integral Health, will be published eventually]. So they asked us if we could just write about how we live, which we did, and it became Extreme Simplicity.

HERE ARE SOME SELECTED EXCERPTS
WOOD FIREPLACE
Our freestanding fireplace has completely transformed our home. We would strongly encourage anyone without one already to seriously consider installing one. On very cold nights, we had been using those small electric heaters that really drive up your electric bill. The fireplace made the house really feel like a home, and we now are uncertain how we got along without it. In our case, the transition to wood heating was fairly easy, because we had plenty of firewood readily available. We were actually doing a neighbor a favor by cleaning up and carting off large amounts of dead and fallen wood from his property. Our first season of firewood came entirely from our weekly

cleaning of his yard, just for the cost of our labor. How's that for a win-win situation?

TIME AND THE QUALITY OF LIFE

Many people today believe that they're spending all their time working, yet with very little in return. Unfortunately, such realizations may come too late to be remedied. We think that the Amish people have the right idea when they keep their schools and work close to home. They don't have to go a long way to a job, thereby avoiding wasted time and energy, unnecessary expenses, and disconnection from their community. They can protect their families from undesirable influence, and there is the added bonus of having youngsters nearby where they can learn a trade from an early age. The Amish are firmly committed to valuing "quality of life" over all the stuff that our modern society deems important or indispensable - car, home entertainment system, fancy clothes, foods bought for "convenience" and prestige rather than fresh garden flavor and nutritional value.

4 MAGIC WAYS TO IMPROVE YOUR FINANCIAL SITUATION

Once, during a period of homelessness before we were married, Christopher was engulfed in thoughts of "poor me" and "I'm destitute," and he could scarcely see a way out of the darkness. Dolores provided him with a simple set of practical tools that anyone can use if only they choose to do so. Here are four "magic" ways to improve your financial situation: 1. Never waste anything. 2. Continually improve your personal honesty. 3. Leave every situation or circumstance better than you found it. 4. Tithe to the church (or organization) of your choice. We know that these are genuine practical solutions. We have heard people say that they cannot make these efforts - such as tithing, or improving an environment - because "we are poor." Our perspective is that they have their reasoning backwards. They are poor because they do not engage themselves in the world in these ways. Logical thinking leads to erroneous conclusions when the premise is false.

3 STEPS TO HOUSEHOLD ENERGY EFFICIENCY

1. You can do without some electrical devices. This will probably involve changing your behavior, for instance, thinking twice before switching on an electrical tool or appliance when a non-electric alternative will work just as well or better. 2. You can learn to use your existing devices more efficiently. This step, too, requires changes in habit, but once you've understood the extra expenses caused by inefficiency and waste, you'll feel good about it - plus you'll save money by practicing efficiency. 3. You can purchase new appliances that render your household inherently more energy efficient. This step requires initial outlays of money, and in some cases higher short-term expenses, but with certain especially wasteful appliances, the best way to save energy and money is to immediately replace the old, wasteful model.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

A HEALTHY DOSE OF MEDICINE FOR THE SOUL

A large segment of the human population takes things way too seriously for their own good. The strange anomaly is that most people laugh at the wrong thing and fail to laugh at the right thing. This serious incongruity has robbed people of a healthy attitude towards life in general.

Those who take life too seriously are in danger of missing the great joys of living in a crazy world like ours. I am not sure about the scientific research but I would guess that for every sad moment it takes one hundred laughs to balance the books. Some people are about ninety-nine laughs short of a real sane moment.

I like the old English proverb that says, "Laugh and the whole world laughs with you, cry and you cry alone."

From my perspective, if you cannot laugh with someone you will not be able to cry with him or her and have it mean anything.

According to some medical advice, it takes more facial muscles and energy to frown than it does to smile. Of course, the only exercise some people have is frowning and who am I to take that away from them.

I am determined, no matter what, to exercise my right to smile and laugh and enjoy the world around me. I must confess that I get this attitude quite honestly.

My paternal grandfather was a Past Master in the area of practical jokes. No amount of time was too much to spend preparing for one of his famous practical jokes. His favorite holiday was April 1 and began preparing for this holiday right after Christmas.

The fact that his practical jokes at times got him into trouble did not seem to affect him at all.

Once while in the hospital for an extended period he had somebody smuggle in to him a can of snuff. For some reason he liked chewing snuff. It is the most disgusting habit I know of on earth.

He no sooner received his smuggled goods then he began chewing it. If you know anything about chewing snuff, you know it is accompanied by a lot of spitting. As usual, his timing was impeccable. Just as the head nurse passed his door and looked in, he leaned over and spit in to the garbage can he had next to his bed. The nurse, not knowing about the chewing snuff, thought he was spitting blood and immediately went into emergency mode. Immediately my grandfather was rushed into the operating room and the surgeon and medical team were assembled.

My grandfather was very sick at the time. Some did not think he would get out of the hospital.

Just as they got him situated in the operating room he pulled from under his sheet his can of chewing snuff and smiled at them. The only person in the room that thought this was in any

way amusing was my grandfather. The doctors were so angry with him that they refused to see him for three days and confiscated his can of chewing snuff.

My aunt and uncle lived right next to my grandfather. My aunt was hyper clean when it came to her house. Dirt in any form was not welcome under her roof. She had a broom that was always within reach because she never knew when a piece of dirt would try to invade her domicile.

That year my grandfather found something new. I am not sure where he found it but he probably spent a lot of time looking for something like this. It was a rubber facsimile of a very nasty looking piece of vomit. To him it was a prized possession.

Most of his practical jokes were executed on April 1. Whenever we saw grandfather coming on this particular day we usually ran for cover.

He went over to visit my aunt and was sitting on the couch in the living room. They chatted for a little while and then my grandfather began to cough a little bit. He said to my aunt, "I haven't been feeling good lately. I really don't know what it is." Then he started to cough a little more seriously, to which, my aunt got up and went to the kitchen to get him a glass of water thinking that might help him.

When she got back, she was shocked to see on her new coffee table a very horrible sight. My grandfather was bent over the coffee table hacking and coughing as though he was in the process of dying. On the coffee table was a very nasty looking piece of vomit.

My aunt went into hysterics. She whirled around and within a moment had grabbed her broom and started towards my grandfather. My grandfather was laughing but not for long.

Suddenly he realized that the flailing broom in my aunt's hand was aimed at him. She chased him out of the house, down the driveway and for at least three blocks yelling obscenities at him that I dare not repeat in public society.

Laughter is the fresh air of the soul. Even the Bible thinks so.

"A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken" (Proverbs 15:13). And, my favorite, "A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (Proverbs 17:22).

I recommend a healthy dose of medicine for your soul.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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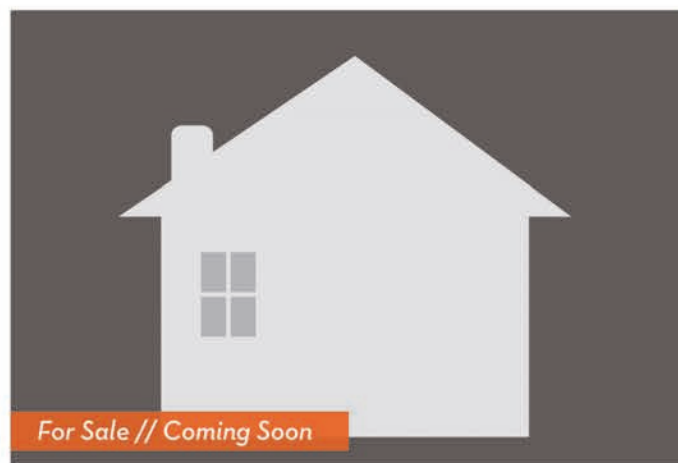
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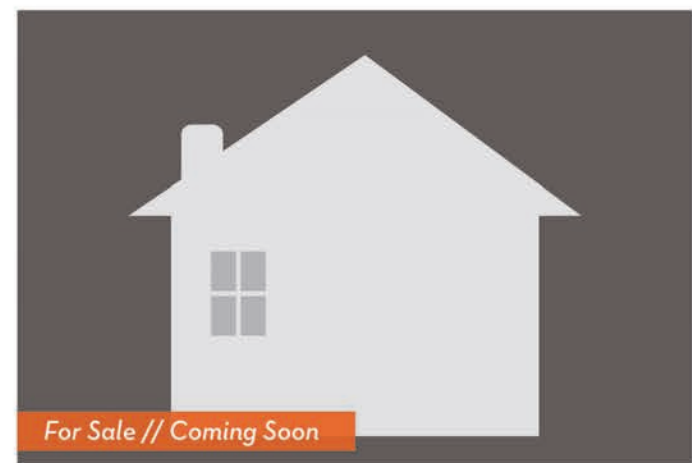
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SECTION B

AROUND SAN GABRIEL VALLEY

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Saturdays, 10:00 am - 12:00 pm, April 7th May 5th Do you know the trees of Southern California? Get to know your local trees! This class will teach you about different trees on each of three Saturdays for a total of 60 trees. Each class will have a one hour lecture that will cover 20 tree species followed by a walk in the Arboretum to see the trees that were covered during the lecture.

Dr. Jerrold Turney, plant pathologist and certified arborist, will teach you to identify trees, their growth habit, their native country, how they should be cared for, any common diseases or insect pests that attack them, and the best place in your garden to plant them.

Dr. Turney has served as the curator of the camellia gardens at the Huntington Library and Botanic Gardens, a research horticulturist at the Los Angeles County Arboretum, and is currently the plant pathologist for the Department of Agricultural Commissioner/Weights and Measures for the County of Los Angeles. \$25 per session Members / \$35 per session Non-Members (includes Arboretum admission)

To Register please call the Education Department at 626.821.4623 or pay at the class

KIKI THE BEAR: A TRUE STORY BY NUBIE (MARISELA ADAMS)

By Joan Schmidt



animals. The Adams feel people can live in peace with the animals if they follow the rules such as "bear proof" garbage cans and keep food trash cans in garage until trash pick-up day.

If you have young children, they surely will love the story of Kiki by Nubie! (I even read it before I wrapped them and mailed them off to New Mexico.) The pictures, illustrations, and story itself are awesome! You may find the book on line, but please go to Marisela Adams' website. There are amazing videos of Kiki!

A few years ago, I met a local author, Marisela Adams, who resides in Bradbury. At that time, her trilogy, Breaking Faith had just been published. They are not books about religion, but exciting mystery novels taking place in Louisiana where two women have been found dead. Most recently Marisela penned her spy thriller, KISSZZZZZZ. Did you know that Marisela also writes children's books; her pseudonym is "Nubie".

Marisela has quite an interesting background. She was born in Palau, Coahuila, Mexico; her family was one of the first to settle among the Kickapoo Indians. Her great-grandfather Don Marcelino and her grandfather Jesus were great friends of the Kickapoo Chieftain Papicuno who often came to their hacienda. He told many great stories, which provided Marisela with background for her book, Taste of Morgan.

The family relocated to Texas, and from the age of eight, Marisela loved writing stories. Her family later moved to California for Marisela's education. She attended Cal State LA and received her teaching degree. In addition to teaching, Marisela was also a High School Guidance Counselor. While at college, Marisela met her husband Jim, and it was, "Hate at First Sight." But he pursued her; they dated and have been married many years. They have two children, James and Danube and four grandsons. Jim, her husband encouraged Marisela to "follow" her dream; hence her writing career began.

Jim is a semi-retired, financial advisor, an avid pilot and photographer. He flew Marisela to Louisiana; they found a perfect setting-the beautiful cover for Breaking Faith. Jim does all the covers for her novels.

A few days ago, Marisela and Jim came over for a visit with copies of "Kiki the Bear: A True American Story" by Nubie for our young granddaughters. ("Nubie" is Marisela's pseudonym for her children's books and it is the nickname for her daughter, "Danube".) You may have seen "Kiki" - she was on the news several times when she appeared in Duarte and several neighborhoods.

Kiki's story began while she was still a cub. She appeared at Marisela and Jim's house, she already had been tagged, but it was obvious she was orphaned. Jim and Marisela, and their next door neighbors, the Chens, have great fruit trees which provided Kiki with food. It was so amazing to watch Kiki grow and see her bathe-first in a little fountain and eventually in the Chen's pool. Kiki was friendly; they talked to her. She lived under their deck for two years. She was not hostile, but eventually wondered down into Duarte, and Animal Control was called. They tranquilized Kiki and relocated her.

Marisela and Jim love animals. They have lived in Bradbury twenty years and have seen many bears.

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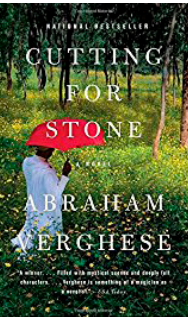
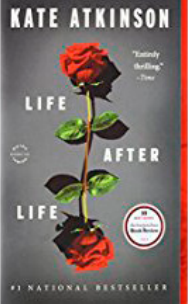
Jeff's Book Pics

By Jeff Brown

For the Love of Everything by Lisa Cairns
This book simply points to home beyond any experience. It points back to that which has always been there despite who and what you believed yourself and the world to be. It is true freedom – not one based on hope or perfection in the flow of life. This is about the perfection and love of simply being. True Love is Everything!

Boy's Life by Robert McCommon
Don't miss the little masterpiece from this #1 bestselling award-winning author. Zephyr, Alabama, is an idyllic hometown for eleven-year-old Cory Mackenson—a place where monsters swim the river deep and friends are forever. Then, one cold spring morning, Cory and his father witness a car plunge into a lake—and a desperate rescue attempt brings his father face-to-face with a terrible vision of death that will haunt him forever. As Cory struggles to understand his father's pain, his eyes are slowly opened to the forces of good and evil that are manifested in Zephyr. From an ancient, mystical woman who can hear the dead and bewitch the living, to a violent clan of moonshiners, Cory must confront the secrets that hide in the shadows of his hometown—for his father's sanity and his own life hang in the balance.

Cutting for Stone by Abraham Verghese
Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun



and a brash British surgeon. Orphaned by their mother's death and their father's disappearance, bound together by a preternatural connection and a shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, Cutting for Stone is an unforgettable story of love and betrayal, medicine and ordinary miracles--and two brothers whose fates are forever intertwined.

Life After Life: A Novel by Kate Atkinson
“One of the best novels I've read this century. Kate Atkinson is a marvel. There aren't enough breathless adjectives to describe Life After Life. Dazzling, witty, moving, joyful, mournful, profound.”-- Gillian Flynn, author of Gone Girl.What if you could live again and again, until you got it right?On a cold and snowy night in 1910, Ursula Todd is born, the third child of a wealthy English banker and his wife. She dies before she can draw her first breath. On that same cold and snowy night, Ursula Todd is born, lets out a lusty wail, and embarks upon a life that will be, to say the least, unusual. For as she grows, she also dies, repeatedly, in any number of ways. Ursula's world is in turmoil, facing the unspeakable evil of the two greatest wars in history. What power and force can one woman exert over the fate of civilization -- if only she has the chance?Wildly inventive, darkly comic, startlingly poignant. The preceding book reviews are from Amazon.com

FAMILY MATTERS

By Marc Garlett



FIVE SURPRISINGLY COMMON PLANNING MISTAKES BABY BOOMERS ARE MAKING IN DROVES

Baby boomers, which includes those born between 1946 and 1964, have entered and continue to enter into retirement. As they make this financial transition, many boomers are learning that they have made some of the most typical retirement mistakes.

But, even if you've made a financial mistake or two, there's still time to avoid these five surprisingly common estate planning mistakes baby boomers are making in droves.

Mistake #1: Believing Estate Planning is Only for the Wealthy: While baby boomers are not the only ones guilty of this mistake, the common misconception is that only the ultra-rich need to have an estate plan prepared. By some reports, about half of Americans between the ages of 55 and 64 do not even have a will. Because estate planning encompasses not only protection of your assets (regardless of how much you've accumulated), but also your healthcare choices, a lack of planning can leave you in a dire situation should any medical issues arise.

Mistake #2: Checklist Mentality: For many, estate planning is just the preparation of legal documents. Once the documents are signed, the client crosses off estate planning from his or her to-do list and moves on. And truth be told, the legal industry itself is guilty of creating this misperception. But don't be fooled! Your circumstances may (and usually will) change. And the likelihood of this happening increases as time goes by. To ensure your estate planning objectives are carried out, you should update your estate plan every time a major (or sometimes, minor) life changes happen - such as retirement.

Mistake #3: Not Completing Your Estate

Planning Homework: Just because the estate planning documents have been signed does not necessarily mean that the planning is complete. It is important that any assets which need to be retitled are done so as soon as possible, before you forget. If the ownership or designations on financial accounts and property do not align with your estate planning strategy, there can be major problems in the future. Improper titling of financial accounts or property can result in an unexpected or undesirable distribution. This can happen because you may make one plan through your will or trust, but the ultimate determination of who inherits will rely on the ownership or beneficiary designation of those assets upon your death.

Mistake #4: Leaving Out Little (And Not So Little) Things: It is important to consider all forms of property, not just the high-value assets when putting together an estate plan. Some of the most commonly overlooked assets include digital assets and family pets. If not expressly addressed in your estate plan, your family may end up fighting over valuable assets, abandoning those they deem worthless, or not even realizing certain assets existed.

Mistake #5: Not Preparing for Life Events & Emergencies: No one has a crystal ball. However, with proper estate planning, you may be able to weather the storm brought on by some of life's unexpected events or emergencies. With long term care costs increasing year after year, planning for the future possibility of that level of care can save you money and reduce worry if and when it becomes necessary.

Estate Planning Help

Although many baby boomers have made these mistakes – and unfortunately, won't realize it until it becomes too late – you do not have to be one of them. Please let me know if you have any questions about your estate planning options and how to make sure you and your family are protected from these common mistakes.

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

All Things

By Jeff Brown

PLASTIC PARTICLES FOUND IN BOTTLED WATER!

More than 90 percent of some of the most popular bottled water brands contain tiny particles of plastic. That's according to research conducted at the State University of New York by Orb Media, a nonprofit journalism group, which detected "constellations" of plastic in brands including Aqua, Aquafina, Dasani, Evian and Nestle Pure Life. Tests on more than 250 bottles from 11 brands showed contamination with plastic including polypropylene, nylon and polyethylene terephthalate. Plastic particles in the 0.10 millimeter size range were found in bottled water at an average of 10.4 per liter, while smaller particles likely to be plastic averaged 314.6 per liter. Orb's findings suggest that a person who drinks a liter of bottled water a day might be consuming tens of thousands of microplastic particles each year," it said. The health ramifications are far from clear, but

the findings are part of the impetus behind a World Health Organization plan to review the potential risks of drinking plastic in water, according to the BBC. The impact of digesting plastic on human health is not known. That said, the organization's priority remains "promoting access to safe water for 2 billion people who currently use and drink contaminated water," the spokesperson added. The concern about plastic contained in the plastic bottles is somewhat ironic considering the bottles themselves are inefficient and environmentally unsound, given that the majority are not recycled, Lovera added. Orb's findings are "pretty disturbing," said Lovera, who noted the world is still "playing catch-up" in determining the potential harm to humans from all the plastic disposed in oceans and the environment.

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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



LESS WORK, MORE PLAY

I recall reading a passage in one of many books written by the late renowned best-selling author, Steven Covey that went something like this, "I worked hard to climb up the career ladder, then when I got to the top I realized it was leaning against the wrong wall." This conveys the experience of people who are so focused on the next promotion and the next raise until they lose sight of the things in life that are most important. Created from a combination of the words "work" and "alcoholic," a workalcoholic is defined as a person who is obsessively addicted to work.

It is a general belief that the word workalcoholic was introduced into the American lexicon in the late 1960's, but it was not until the 1990's that the term began to be used widely. Initially, being a workalcoholic was viewed as a positive character trait but over the years it has come to be associated with high levels of stress, and in its most extreme form may be classified as a work-related obsessive-compulsive personality disorder.

Working to provide for one's livelihood is a fact of life, and people who are able to make a living doing something they absolutely love is the best possible scenario. However, working excessive hours on

a consistent basis, without little to no regard for balancing work to allow for personal time, has it's own set of consequences. It is understandable that an employee may put in extra hours from time to time. But when the extra hours become the rule, as opposed to the exception, it's time to take an inventory – especially when the extra hours begin to interfere with one's ability to be available for other important things in life, like family, friends and fun from time to time.

A parent has the best of intentions when they work hard to ensure that their children have everything that they need and much of what they may want. This often requires long hours at work, and when those hours are extended on a regular basis, it reduces the availability of what children want most from their parents – personal time.

In the end, making time for personal relationships and taking time to pursue life's simple pleasures are the types of time investments that add meaning to life. Though I've not been able to identify the source of this quote, I find it appropriate to provide context, "No man ever said on his deathbed, I wish I had spent more time at the office."

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QUALIFICATIONS

Incumbent City Council Member

Mayor of Sierra Madre (2016-2017)

Mayor Pro Tem (2015-2016)

Professor of Government, 26 yrs.

College Department Head, 6 yrs.

Former President, Faculty Assn.

Former Library Trustee

**Volunteer – Sierra Madre Little League
& Pony League, 10 yrs.**

Volunteer – Boy Scouts of America

Volunteer – Village Vine Online

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LA County Sanitation District Board

S.G. Valley Council of Governments

Independent Cities Rep.

City Council Liaison:

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Public Safety Committee

Community Services Commission

Library Board of Trustees

Sierra Madre Water Subcommittee

Senior Community Commission

MY PRIORITIES

- **Financial stabilization of the City's pension liability.**
- **Follow through with the implementation of the water system revitalization plan.**
- **Complete the process of converting the Fire Dept. to full professional status.**
- **Finalize and implement plans to update the Sierra Madre Public Library.**

Community Leaders and Groups Endorsing Gene

- **Anthony Portantino, State Senator**
- **United Teachers of Pasadena**
- **Mountain Views News**
- **John Harabedian, Council Member & Fmr. Mayor**
- **Mike Amerio, Sierra Madre City Treasurer**
- **Tom Love, Former President, SGVMWD**
- **Larry Torres, Board Member, PUSD**
- **John Buchanan, Former Mayor**
- **Rob Stockly, Former Mayor**
- **Josh Moran, Former Mayor**
- **Nancy Walsh, Former Mayor**
- **Glenn Lambdin, Former Mayor**
- **George Maurer, Fmr. Mayor & Citizen of the Year**
- **Doug Hayes, Fmr. Mayor & Citizen of the Year**
- **Clem Bartolai, Fmr. Mayor & Citizen of the Year**
- **Tonja Torres, Fmr. Mayor Pro Tem**
- **Mikala Rahn, Fmr. Board Member, PUSD**
- **Pete Siberell, Chair, Mount Wilson Trail Race**
- **Leslie Ziff, President, Sierra Madre Historical Preservation Society**
- **Jim Annes, Chair, Sierra Madre 4th of July Committee**
- **Carol Canterbury, Former Citizen of the Year**
- **Joe and Jacque Pergola, Fmr. Citizens of the Year**
- **Rod and Joan Spears, Fmr. Citizens of the Year**
- **Glenn and Amy Putnam, Fmr. Citizens of the Year**
- **Judy Webb-Martin, Fmr. Citizen of the Year**
- **Richard Mays, Fmr. Citizen of the Year**
- **Marlene Enmark, Fmr. Citizen of the Year**
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- **Kris Lowe, S.M. Community Foundation Board**
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- **Rich Procter, Library Trustee & Fmr. Board Chair**
- **John Hutt, Planning Commissioner**
- **Monica Moran, Community Services Commissioner**
- **Janice M Nelson MD, Fmr. Board Member, S.G. Valley Mosquito & Vector Control District**
- **Catherine Adde, Fmr. Chair, Library Trustee Board**
- **Ken Goldstein, Fmr. Chair, Planning Commission**
- **Tom Brady, Fmr. President, Rotary Club**
- **Heather Young, Fmr. Board Member, Sierra Madre Little League & Pony League**
- **Edgar Garcia, President, Sierra Madre Pony League**
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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

BLAIR BESS



ROSEANNE IS RAISING
THE BARR

Roseanne Barr has risen from the dead. After a lengthy absence from television, Roseanne and the rest of her fictional Conner family are once again gracing our living rooms. And now, as then, she's not limiting herself to once-weekly sitcom appearances to make her presence known. Her recent use of Twitter assures us of

that.

Roseanne was - and remains - a brilliant media strategist. In addition to the role she played on her show, she fostered a public persona that sometimes, quite deliberately, left her looking as though she were the sole survivor of a very bad train wreck. And the American people loved her for it.

For close to a decade, Roseanne was fine fodder for the tabloids as well. They endlessly detailed her personal foibles, multiple marriages, family crises, and fractious relationships with co-workers and network executives. Viewers and readers hung on every word, both in print and on-screen.

If the share of viewers who tuned in to her revamped show's premiere last week is any indicator, the romance continues.

Roof-raising ratings demonstrate that, 30 years later, Roseanne is still relevant. And it's not just because the character of Roseanne Conner is a lapsed Clintonite who has wholeheartedly embraced Donald Trump. To many, her evolution makes sense.

Working-class Americans like the Conners have always struggled to get by. Whereas former President Bill Clinton once stood up for working men and women and fought to make America a more equitable place for them to live (at least publicly), so, too, does President Trump today (at least publicly). Comparisons, however, end there.

When Bill Clinton left office, he left behind an economy that was healthier than it had been in decades. Rather than increase the budget deficits he inherited at the beginning of his first term, Clinton left office with the government in the black and surpluses recorded for the better part of his last term.

Moral failings aside, President Clinton did, for the most part, take care of the little guy. Moral failings aside, President Trump's ability to do so will be left for future historians to decide.

Supporters of the president point to the current state of the economy: significant reductions in taxes, a jump in the stock market, and the prospect of a resurgent pro-business environment - in part, through massive deregulation and punishing tariffs. In exchange, we've been saddled with a deficit of approximately \$1.5 trillion dollars. As for middle-class tax breaks, most of them will expire in 2025.

Roseanne and Dan Conner better start socking away any refund checks they're hoping to get as a result of recent Republican tax legislation. They're going to need all the cash they can muster when it comes time for them to enjoy retirement. If they can ever afford to have a retirement.

Not too much of a concern for Roseanne Barr, however. That same Republican tax legislation assures her of personally faring quite nicely. Realistically, she didn't have to come out of retirement for the money. She came back because she missed us. Then again, Roseanne never really went away.

There was her turn as the moderately successful host of a television talk show. Her 2012 run for the Green Party presidential nomination. Her eventual campaign as the Peace and Freedom Party candidate. The documentary about her presidential bid. Her reality show. The NBC sitcom pilot that was never picked up. And now, Roseanne: The Reboot.

Screen superstardom was never enough for Roseanne, though, nor will it ever be. And that's just fine. As is her decision - calculated or not - to embrace the man who will make America great again. And while her somewhat skewed ideology may make for good ratings, it is potentially harmful to her and those whom she has chosen to target.

Like Parkland shooting survivor David Hogg. Roseanne recently re-tweeted a doctored photo of Hogg and accused him of giving the "Nazi salute" (False). Past re-tweets have included untruths about Hillary Clinton being part of a sex trafficking ring. Then there's the interminable list of right-wing conspiracy theories she's espoused.

But, hey, let Roseanne be Roseanne. She's not the president. She's a comedian. It's all just an act. Right? She's messing with us, telling jokes funny enough to make network executives squirm in their seats; which may possibly have led to the sudden disappearance of her ill-advised tweets. Better those than a sitcom destined to rake in huge profits. Now, that's show biz.

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Blair Bess is a Los Angeles-based television writer, producer, and columnist. He edits the online blog Soaggragated.com, and can be reached at BBess.soaggragated@gmail.com.



LEFT TURN/RIGHT TURN

DICK POLMAN



TRUMP'S LATEST HEADACHE IS
IN WISCONSIN

Earlier this week in Wisconsin, a state governed by Koch Brothers subsidiary Scott Walker, one million voters cast ballots to fill a seat on the state Supreme Court. I've long argued that judicial elections are idiotic - judges should be immune to partisan politics; they shouldn't make campaign promises - but such are the rules in states like Wisconsin and Pennsylvania. And sure enough, the Wisconsin race featured two lower-court judges with overtly partisan brands: Right-wing Walker clone and NRA fave Michael Screnock, and anti-Trump progressive Rebecca Dallet.

The race was called within minutes of the polls' closing. Dallet eviscerated Screnock by 12 percentage points.

It was the first time in 23 years that a progressive (the traditional Wisconsin word for "liberal") won an open seat on the state's highest court, and it prompted Scott Walker to freak out on Twitter: "Tonight's results show we are at risk of a #BlueWave in Wisconsin ... we need conservatives to take action and stop a #BlueWave."

It's the second time this year that Walker has clanged the alarm. Back in the winter, there was a special election for a vacant state Senate seat, in a rural-red district where 59 percent of the 2016 voters had supported Trump, a district where the previous state Senate Republican candidate had won the seat by a margin of 26 points. But 10 weeks ago, in a huge switcheroo, the Democratic candidate snatched the rural-red seat by a margin of 9 points. The reasons were obvious: blue voters were stoked to turn out; red voters were too dispirited to show up. Some even switched sides.

In 2016, Trump easily won Wisconsin's Eighth Congressional District, in the state's northeastern corner; on Tuesday, Dallet won the district's voters by 5 points. Trump also won the Third Congressional District, in the state's southwestern corner; on Tuesday, Dallet the progressive swept the district's voters by a whopping 16 points. In the words of Washington Republican analyst Rich Galen, "this election was so one-sided that, taken along with Pennsylvania (a reference to last month's upset Democratic win in a special House election), it may be another precursor of things to come on Nov. 6."

Walker, fearing more losses, has even tried to cancel a pair of Wisconsin special elections. Last winter, he appointed two state legislators to fill posts in his regime. Then he refused to schedule special elections to fill their seats. I kid you not.

He claimed in various statements that the elections were "unnecessary" and a "waste of taxpayer resources," but it was obvious that he and his Republican allies were terrified that a blue wave would sweep those seats away - further confirming the national trend. Since Trump took the oath, 39 state legislative seats have flipped from red to blue (only four have flipped from blue to red), and the GOP would prefer not to suffer more humiliations.

Alas, Wisconsin law requires that legislative vacancies be promptly filled, for the self-evident reason that citizens deserve to be represented. This is called democracy, a concept that appears to flummox Republicans in the age of Trump.

Walker was speedily sued in court for his failure to follow the law. A few weeks ago, a judge - whom Walker has appointed to the bench - ruled that Walker had a "plain and positive duty" to schedule those special elections.

Walker refused to obey. He went to the state appeals court. He lost again. Last week an appeals judge ruled: "Representative government and the election of our representatives are never 'unnecessary,' never 'a waste of taxpayer resources.'" [Walker] has an obligation to the follow the law." Walker finally gave up and scheduled the two contests for June.

Could there possibly be better evidence of Republican panic than their bright idea of canceling elections? Wisconsin's judicial tally is merely their latest grim portent. As Mitch McConnell said Tuesday, "We know the wind is going to be in our face. We don't know whether it's going to be a Category 3, 4 or 5."

Show of hands, please. Who's up for a Category 5?

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Dick Polman is the national political columnist at WHYY in Philadelphia and a "Writer in Residence" at the University of Pennsylvania. Email him at HYPERLINKmailto:dickpolman7@gmail.com

MAKING SENSE by
MICHAEL REAGAN



TO OPIOID HELL AND BACK

I'm feeling human again, thanks.

After three weeks of living in opioid hell - of constantly being sick to my stomach, of throwing up, of having the shakes and feeling depressed and crying - my body and brain are back to normal.

I'm no longer high and messed up on pain killers.

I'm no longer trying to withdraw from them.

And I have a new, up-close-and-personal understanding of the country's opioid epidemic and how easy it is for a 70-something guy like me to become addicted to potent pain pills.

My opioid nightmare started on March 13 when I had my left knee replaced. The surgery went fine, but with knee replacement all the pain comes during recovery.

When I was released from the hospital on March 15 my doctor wrote me a prescription for oxycodone.

Fifty pills. Two every four hours at first, then one every 12 hours.

Hello opioid addiction.

For the first 10 days and 30 oxycodones, I was pain-free but a complete mess.

I was often nauseous. I threw up now and then.

I tried to do my knee exercises as I sat in my recliner chair and watched "The Voice" and whatever else was on.

I don't really remember much else from those first 10 days, except for feeling sick and occasionally throwing up, but my wife told me my whole personality changed.

I was angry. I was sad and depressed. The pressure I was putting on my family to take care of me made me start crying.

On Sunday, March 25, my wife took my opioids away, but I took pill No. 30 against her will.

On Monday morning I got up, felt nauseous - and threw up. I threw up every day after that for ten days, but the third day of my withdrawal was the worst.

I felt like I had been hit by an earthquake. I had the shakes all day.

When I went to have my surgery staples removed, the knee doctor took one look at me and sent me straight to my heart doctor.

The heart doctor took one look at me, ran an ultra-sound on my heart and sent me back to the ER for blood tests.

At the ER I threw up.

I sat in the ER for several hours, then went home and got lots of fluids. I was shaking so much I couldn't hold my hand steady or sign my name.

Today - April 5 - I can say I'm finally recovering from addiction.

Yesterday was the first day since March 15 that I woke up and didn't feel like I was going to be sick. For the last week I haven't thrown up once.

Last night was the first time I thought I could safely go out to dinner and order food. My wife Colleen and I split a dinner.

The worst for me is over and I've learned some lessons the hard way.

I now understand how powerful and dangerous opioids are. And how important it is to have a loving family at home to take care of you when you're taking them or trying to get off them.

During the last few days I've run into several other guys who had their knees replaced.

What they said made me feel kind of stupid.

One guy said he never touched oxycodone. He took Tylenol 3, which has codeine but is less potent.

When I ran into George Thomas, the retired foreman of my father's ranch, he told me he had had both of his knees replaced.

When I told him I was still recovering from opiates, he said, "I didn't take anything."

OK, well.

I'm not as tough as old George.

I know opioids are valuable weapons against pain, and that before they were over-prescribed to help cope the current crisis they were often under-prescribed.

But if I have to have my other knee replaced, I'm going to take Tylenol 3 and keep the oxycodone in the box.

Copyright 2018 Michael Reagan. Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation.

Visit his websites at www.reagan.com and www.michaelereagan.com. Send comments to reagan@caglecartoons.com. Follow @reaganworld on Twitter.

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-057228
The following person(s) is (are) doing business as: VIDEO OPTIMIZERS, 2117 HIGHLAND OAKS DR., ARCADIA, CA 91006. Full name of registrant(s) is (are) RONALD LEE, 2117 HIGHLAND OAKS DR., ARCADIA, CA 91006. This Business is conducted by: AN INDIVIDUAL. Signed: RONALD LEE. This statement was filed with the County Clerk of Los Angeles County on 03/07/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2008. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-053342
The following person(s) is (are) doing business as: VORAJANE CLOTHING, 164 W. SLAUSON AVE., #12, LOS ANGELES, CA 90003. Full name of registrant(s) is (are) RED MUMMY, LLC, 1356 E 47TH ST., LOS ANGELES, CA 90011. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: EXTOR SAMUEL MELENDES. This statement was filed with the County Clerk of Los Angeles County on 03/02/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-054687
The following person(s) is (are) doing business as: WE BUY HOUSES CALIFORNIA, 287 S ROBERTSON BLVD., #320, BEVERLY HILLS, CA 90211. Full name of registrant(s) is (are) FLEETWOOD PROPERTIES, LLC, 287 S. ROBERTSON BLVD., UNIT 320, BEVERLY HILLS, CA 90211. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MICHAEL O. BILGRAI. This

statement was filed with the County Clerk of Los Angeles County on 03/05/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-056923
The following person(s) is (are) doing business as: ZAVALAS AUTO SALES, 4903 S CENTRAL AVE., LOS ANGELES, CA 90011. Full name of registrant(s) is (are) WILLIAM ALEXANDER LOPEZ, 4903 S CENTRAL AVE., LOS ANGELES, CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: WILLIAM ALEXANDER LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 03/07/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2018. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: MARCH 17, 24, 31, APRIL 07, 2018

FILE NO. 2018-056761
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) RAYMUNDO RAMIREZ-ALVARADO, 11917 165 TH ST., NORWALK, CA 90650, KEVIN RAMIREZ GARCIA, 11917 165 TH ST., NORWALK, CA 90650, has/ have abandoned the use of the fictitious business name: ALVARADO RAMIREZ TRUCKING, 11917 165TH ST., NORWALK, CA 90650. The fictitious business name referred to above was filed on 10/02/2017, in the county of Los Angeles. The original file number of 2017283679. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 03/07/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) RAYMUNDO RAMIREZ-ALVARADO/OWNER
Publish: Mountain Views News
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FILE NO. 2018-053170
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) SOUTHBAY AUTO HAUSE, INC., 1601 E PACIFIC COAST HWY STE 2, LONG BEACH, CA 90806, has/ have abandoned the use of the fictitious business name: CAP MOTORSPORTS, 352 E PACIFIC COAST HWY STE 2, LONG BEACH, CA 90806. The fictitious business name referred to above was filed on 05/17/2017, in the county of Los Angeles. The original file number of 2017127817. The business was conducted by: A CORPORATION. This statement was filed with the County Clerk of Los Angeles on 03/02/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SAMPHORS CHROENG/SECRETARY
Publish: Mountain Views News
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FILE NO. 2018-053582
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JOSUE DAVID ARAUS, 220 E 70TH ST., LOS ANGELES, CA 90003, has/ have abandoned the use of the fictitious business name: J54 ELECTRIC, 220 E 70TH ST., LOS ANGELES, CA 90003. The fictitious business name referred to above was filed on 01/03/2017, in the county of Los Angeles. The original file number of 2017001178. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 03/02/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JOSUE DAVID ARAUS/OWNER
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FILE NO. 2018-053581
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JOSUE DAVID ARAUS, 220 E 70TH ST., LOS ANGELES, CA 90003, has/ have abandoned the use of the fictitious business name: BRILLIANT ELECTRICAL AND LIGHTING, 220 E 70TH ST., LOS ANGELES, CA 90003. The fictitious business name referred to above was filed on 10/18/2017, in the county of Los Angeles. The original file number of 2017300952. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 03/02/2018. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JOSUE DAVID ARAUS/OWNER
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to the Sierra Madre
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"I am committed to maintaining a beautiful, safe place where individuals, seniors and families can flourish." – Rachelle Arizmendi

Rachelle Arizmendi was first elected to the Sierra Madre City Council in 2014 and currently serves as the Mayor of the City of Sierra Madre.

In 2017, Rachelle was appointed by California's Governor to serve on the State's Board of Food and Agriculture. She also serves on several Boards including the California League of Cities and Foothill Workforce Development Policy. Rachelle is a Governor Appointee to the Interagency Council on Early Intervention and is an Advisory Member of the South Coast AQMD Local Government & Small Business Advisory Group.

Rachelle is the Vice President & Chief Operating Officer of PACE (Pacific Asian Consortium in Employment). PACE is a non-profit community development organization that serves over 40,000 people every year in the areas of job training and employment, business development, early education, asset building, energy, and weatherization. She oversees a budget of \$25M and a staff of 300 employees. In her previous capacity, she held the position of Education Project Director for 16 years. She was also the Executive Director for 2-1-1- California (an affiliate of the United Ways of California).

Keep Sierra Madre Great!

Paid for by Arizmendi for City Council 2018 FPPC #1362527

