

SATURDAY, APRIL 21, 2018

VOLUME 12 NO. 16

CITY COUNCIL REORGANIZATION AND ELECTION CERTIFICATION TO BE HELD AT APRIL 24th COUNCIL MEETING

On Tuesday, April 24, 2018, the Sierra Madre City Council will follow the established tradition and select the next Mayor who will serve for the next year. At that time the final results (below) of the April 10th election will be certified. The public is invited. A reception for the outgoing and incoming Mayors will follow. The meeting will begin at 6:00pm at City Hall.

Update: 4/18/2018
Update 11:48am

City Council	Semi Official Results				Preliminary Total
Vote for three (3)					
Arizmendi					2056
Delmar					1537
Goss					1946
Bencosme					991
Voter Turnout			34.9%		2682

Update: 4/18/2018
Update 11:48am

Semi Official Results		
	Yes	No
Measure D	481	2157
Measure A	362	1999

DARLENE CROOK SELECTED 2018 SIERRA MADRE OLDER AMERICAN OF THE YEAR

Sierra Madre, CA. – April 12, 2018 The City of Sierra Madre and the Sierra Madre Senior Community Commission are happy to announce Darlene Crook as the 2018 Sierra Madre Older American of the Year. In recognition of her dedicated volunteerism and community service, the City of Sierra Madre will honor Darlene at the Older American of the Year reception on Friday, May 11th at the Hart Park House from 4:30 P.M. to 6:00 P.M.

Every May, the Administration on Aging, part of the Administration for Community Living, leads our nation's observance of Older Americans Month. The 2018 theme, Engage at Every Age, emphasizes that you are never too old (or young) to take part in activities that can enrich your physical, mental, and emotional wellbeing. It also celebrates the many ways in which older adults make a difference in our communities. Darlene Crook and her husband Richard raised a family of 5 children and have lived in Sierra Madre for 54 years. When her children were younger she coached girls' softball and was involved with the Campfire Girls. She was also team mom for her son's baseball teams. She volunteered as an aide at Sierra Madre School and delivered Meals on Wheels to home-bound seniors for as long as the volunteer program existed.

Darlene was a docent in Eaton Canyon for over 15 years, leading school children on nature tours of the canyon. She specialized in helping handicapped youth make the nature connection. She works with 1st graders at Sierra Madre School to help them with their reading. She also does dental education for 1st graders, and helps with Reading is Fundamental (RIF) with 2nd graders.



As if that isn't enough, Darlene is also a member of the Friends of the Library and helps with their fundraising programs including the Annual Wine Tasting and the Art Fair.

She is also a very active member of the Sierra Madre Civic Club and works on the Mount Wilson Trail Race and Halloween Window Painting. And, we can't forget that she is the one that weighs the fish every year at Huck Finn!

For more information on the Older American Reception, or on how you can assist with honoring Darlene Crook, please contact the Senior Services Center Desk at (626) 355-7394.

56TH SIERRA MADRE PUBLIC LIBRARY ANNUAL ART FAIR

The Featured Artist for the 56th Annual Sierra Madre Art Fair is Lucia Friedericy. Lucia grew up in an artistic family, making dolls and puppets and various projects. She and her siblings put together a traveling marionette show known as the "Friedericy Family Puppeteers" that performed locally with their hand-made puppets while they were in junior high school. She attended college for theatre at UCI, then for fashion design at Woodbury University, and eventually began working on staff at USC, Occidental College, and Cal State Los Angeles as a costume designer for the stage.

In 1989, Lucia began to make art dolls as a full-time profession from her home studio. Initially she worked with her brother, painter and sculptor John Friedericy. They collaborated with her painting and costuming his porcelain heads and exhibited their dolls in New York. John sadly passed away in the early 1990s, and she then worked with her mother, Judith Friedericy, longtime art teacher at the Frostig Institute in Pasadena. They produced one-of-a-kind artist dolls for the next twenty-five years that have been shown and sold world-wide to collectors.

About 10 years ago, Lucia began experimenting with sculpting in paper clay instead of porcelain. This lead to her current body of work that she shows at art fairs. She likes to create and attempt to capture all manner of facial expression and life-like movement in her miniature characters that she displays in shadowboxes to

hang in the home. People often remark upon the humor and whimsy of her work, and she herself feels it is more accurate to view the figures as 3D illustrations of characters, than to think of them as dolls. She travels all over the country to attend top art shows, but Pasadena has been her home for 20 years. So, for that reason, and the charm and beauty of the show itself, she says the Sierra Madre Art Fair from the Friends of the Sierra Madre Public Library is a joy to do.

The Art Fair is being held in Memorial Park on Saturday, May 5, from 9:30 a.m. to 6:00 p.m., and Sunday, May 6, from 9:30 a.m. to 5:00 p.m. Be sure to stop by Lucia's booth (#4) to admire and purchase her inspiring creations. For more information visit our web site www.sierramadrelibraryfriends.org or call 626-355-7186.



Art on Palm @ Arlington Garden



Saturday, April 21, 2018, 10 – 5

275 Arlington Drive, Pasadena

50+ creators, the band - BULLFISH, LOCOL's food truck (L.A. Times 2017 best restaurant), \$2 admission/donation, Benefits the Creative Arts Group of Sierra Madre!

artonpalm.com

626/827-7870

SERVING YOU SINCE 1949

GEM PLUMBING
Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE & INSTALLATION

We Do It All!

COPPER RE-PIPES
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR BRANDS

Emergency Service Available

355-3496

140 E. Montecito | Sierra Madre

VISA
MasterCard
DISCOVER
AMERICAN EXPRESS

State Contractor Lic. #111308

FREE ESTIMATES

FREE ESTIMATES



Janette Ledea
Realtor/Consultant E-Pro, GRI, CDPE, and SRES®
"From beginning to end and everything in between!"
RE/MAX Tri-City Lic. # 01480942
jledea@remax.net Cell: (626) 242-3244
www.janetterealty.com



Weather Wise

6-Day Forecast Sierra Madre, Ca.



Sun	Sunny	Hi 80s	Lows 50s
Mon:	Sunny	Hi 80s	Lows 50s
Tues:	Sunny	Hi 80s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 50s
Thur:	Sunny	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR April 24, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

MT. WILSON TRAIL RACE
SIERRA MADRE CA
May 26th
2018

The Mt. Wilson Trail Race Training Group will be meet in Kersting Ct. every Saturday at 7:00 am beginning Saturday, February 3rd through Saturday, May 19th.

It is a free program and all levels are welcome, ages 14 and up!

Sierra Madre Woman's Club
550 W. Sierra Madre Blvd. **2018: 111 Years**
Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs cfwc.org & gfwc.org

Rent The 1914 Essick House
Meetings, Memorials, Seminars
Anniversaries, Parties, Weddings
Anita @ 626-355-4379

Explore Opportunities & Membership with Us
Join for Member - Only Yoga w/ Paul Hagan Tuesdays, 10 am
GFWCSierraMadreWomansClub.org
facebook/SierraMadreWomansClub 355-4379
Wistaria Thrift Shop 355-7739
Accepts Clean, Gently Used Donations Weekdays to 3 pm

Sierra Madre Woman's Club

Wistaria Thrift Shop

Retail Shop Hours March - May 2018
Monday, Thursday, Friday 10 am-3 pm
Saturdays Closed Until Further Notice

Gladly Accepting Clean, Gently Used Donations
10 am - 2 pm Weekdays
Essick House Parking Lot donations dropoff
Sat, June 2 - Brown Bag Sale

550 W. Sierra Madre Blvd. Sierra Madre, CA 91024 626-355-7739
GFWCSierraMadreWomansClub.org SierraMadreWomansClub



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, April 24, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
April 24, 2018 at 6:30 pm

Planning Commission
May 3, 2018 at 7:00 pm

Community Service Commission
May 21, 2018 at 6:30 pm

Senior Community Commission
May 3, 2018 at 3:00 pm

Library Board of Trustees
April 25, 2018 at 7:00 pm

Energy, Environment, and Natural Resource Commission
May 16, 2018 at 7:00 pm



9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTS

SIERRA MADRE ROSE FLOAT ASSOCIATION SCHOLARSHIPS

Sierra Madre Rose Float Association Scholarship Application

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship to a qualified college-bound student who meet the following qualifications:

1. Applicants must be currently a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.

2. Applicants must have been active in one or more Sierra Madre Rose Float activity such as fundraising, design, construction, flowering or as a past or present float rider.

Application Forms can be downloaded from the SMRoseFloat.org website.

All forms must be postmarked or sent by E-mail to Scholarship@SMRoseFloat.org NO LATER than May 4, 2018



DO YOU HAVE A STORY TO TELL?

Do you have a Sierra Madre memory to tell? This is your chance to have it recorded on video and stored at state and local archives. You will be part of the state historical record! AND there will be a presentation here in town of all the Sierra Madre videos created.

Sierra Madre Historical Preservation Society members have regaled us with all kinds of wonderful memories of their lives in town - we know you have stories to tell! If you were raised here, what experiences and adventures did you have? If you moved to Sierra Madre, what was it like then compared to now? Do you have a memory connected to a place, or to a person - maybe a leading citizen of our town, or even a local character? These are just a few ideas to get you thinking what memory you'd like to tell.

Part of this memory-gathering project, California Listens, is a free 2-day workshop to create your little video (photos or memorabilia relating to your story are a big plus!). The workshop team will work with you all the way through, and you'll end up with skills that could be useful for recording memories for your family, or doing other video projects. The California Listens Digital Storytelling Workshop is set for Friday and Saturday May 11-12, 2018 from 9 am to 5 pm at City Hall, located at 232 W. Sierra Madre Blvd. in Sierra Madre.

In the workshop, participants will make a short video on a computer and will learn: how to make a great video story, how to write a narration script and record it, how to prepare a visual treatment for a story, and the basics of video editing in WeVideo. Powerful and fun! Anyone can contribute regardless of experience or technical level.

The deadline to apply is April 28th. To apply, visit: storycenter.org/sierramadre or submit a paper application to the Sierra Madre Public Library. You can drop your application off at the library or mail it to them (Sierra Madre Public Library, 440 W. Sierra Madre Blvd. Sierra Madre, CA 91024). Or you can apply online at the website storycenter.org/sierramadre.

The workshop is free, but pre-registration is required. Those taking part must commit to preparation time, attendance during the entire two days.

Collected video stories will be shared at a presentation during the summer and will become part of state and local archives of stories about what it means to be Californian. View collected stories at californialistens.org

Sierra Madre Woman's Club

Wistaria Thrift Shop



Retail Shop Hours - September 2017 to June 2018

Monday, Thursday, Friday - 10am to 3pm

1st, 3rd & 4th Saturdays - 10am to 3pm

Gladly accepting new, clean, gently used donations

10am - 1pm Weekdays at our donations drop-off -

SMWC - Essick House parking lot

550 W. Sierra Madre Blvd. Sierra Madre, CA 91024 - 626-355-7739

SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 3 51 day and night time calls for service.

Sunday, April 8,

At about 11:50 AM a trespass was reported to be occurring in the 300 block of Acacia St. This incident has been ongoing. Officers arrived and detained the subject at the location. The victim signed a private person arrest form and the subject was arrested. Case to the Pasadena DA's office

3:31PM

A call of a missing person was received at about 3:31PM from the 100 block of S. Park Ave., once information was given to the officers, a search of the area was started utilizing patrol officers, Sierra Madre PD Volunteers and a flyer posted on social media. At about 6:32PM, dispatch received a call from the Pasadena Police Department that a person, matching the description was at Sears on Foot-hill Blvd. in the city of Pasadena. The female was found safe and reunited with her family.

Tuesday, April 10

At about 8:32AM a victim in the 400 block of Fairview Ave. reported unauthorized persons(s) had stolen his mail and illegally obtained his personal banking information. Case to Detectives

2:26PM

Officers responded to a non-injury traffic collision in the 00 block of W Sierra Madre Blvd. Officers conducted a DUI investigation on the party found to be at fault and subsequently arrested the man for DUI. The subject was arrested and transported to the Pasadena Jail for booking. Case to the Pasadena DA's office Wednesday, April 11 A non-injury, hit and run traffic collision occurred at about 9:30AM in the 00 block of W. Carter Ave.

Saturday, April 14

Officers responded to the 00 block of S. Baldwin Ave. at about 12:47AM regarding a subject loitering on private property and disorderly conduct. The male subject was arrested for public intoxication and possession of marijuana. The subject was transported to the Pasadena Jail. Case to Pasadena DA's office



KIWANIS CLUB OF SIERRA MADRE

**JOIN US FOR LUNCH!
EVERY TUESDAY AT NOON!**

Lunch begins at 12:00 and

is \$10.

PROGRAMS BEGIN AT 12:30 AND ARE FREE!

On Tuesday, April 24, 2018

DEBBIE TALIANCO - Design Specialist

30 DESIGN TIPS FOR YOUR HOME

Want to join us? Call: 626-688-2273

Save The Date: Saturday May 12, 2018

Our Annual Dance The Night Away & Chili Cookoff

FILE YOUR DBA HERE

Doing Business As,
Fictitious Business Name Filing



& POSTAL 80 W. Sierra Madre Blvd., Sierra Madre
626-836-6675

**Obtain Street Address - Business Stationary - Flyers
Rubber Stamps - Business Cards - Mailing Service**



Rotary Club of Sierra Madre

Please join us and bring a friend.

Tues 17 April 7 AM	Hart House	Julie Bank, CEO - Pasadena Humane Society
Tues 17 April 6 PM	San Gabriel Mission HS	Dan Stover Music Contest
Wed 18 April 2PM	Sierra Madre Playhouse	Four way speech contest
**** 24 April 6 PM	Nano Cafe	Rotary Social Indian Delegation
1 May 7 AM	Hart House	Eric Duyshart Economic Development"
8 May 7 AM	Hart House	History of Mt. Lowe - Michael Manning
15 May 7 AM	Hart House	Opal Singleton, Million Kids

Breakfast created by Chef Mario at

The Hart Park House,
222 W. Sierra Madre Bl.,
Sierra Madre, CA 91024,
Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

The Bottle Shop

Wine & Spirits

sierra madre · california · since 1963



The Bottle Shop

58 W. Sierra Madre Blvd, Sierra Madre
626-355-1262

Testing Room open Wed. Thru Sat.

"IF IT'S GLASS WE FIX IT"

SIERRA GLASS & MIRROR, INC. CROWN CITY GLASS

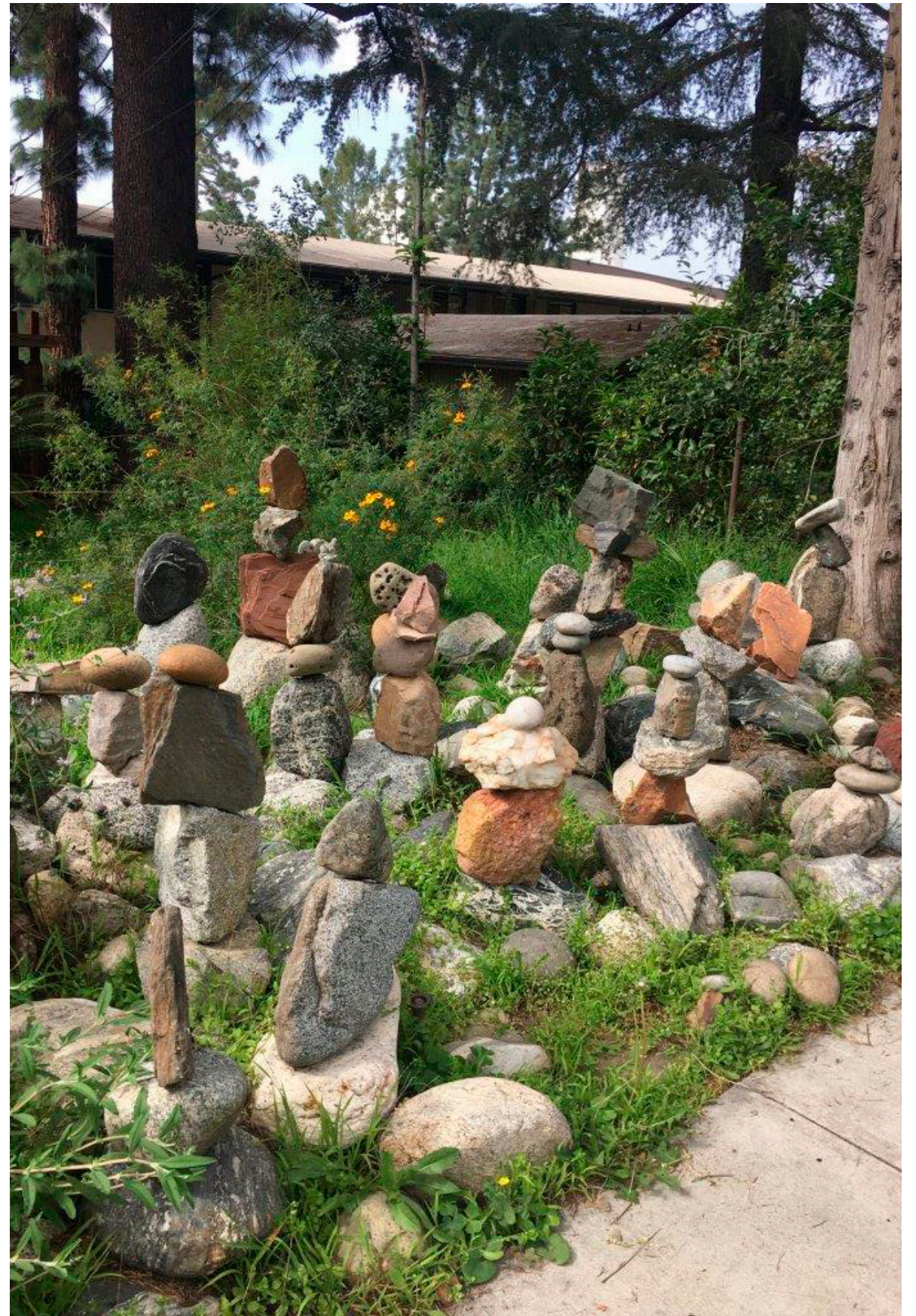
One of the Most Complete Glass Companies Anywhere
License #627218

(626) 355-3407 • (626) 795-4201 • Fax (626) 355-8396
347 W. Sierra Madre Blvd. • Sierra Madre, CA 91024

FREE ESTIMATES

- High Rise Replacement
- Store Fronts
- Windows Alum. & Wood
- Patio Doors
- Shower & Tub Enclosures
- Mirrors (All Types)
- Wardrobe Doors
- Fine Crystal Repair
- Leaded Glass Repair
- Tempered Safety Glass
- Thermal Insulated Glass
- Laminated Safety Glass
- Wire Glass
- Window & Plate Glass
- Beveled Glass
- Picture Glass
- Obscure Glass
- Table Tops 1/16" - 1"

WALKING SIERRA MADRE



"Expect to have hope rekindled. Expect your prayers to be answered in wondrous ways. The dry seasons in life do not last. The spring rains will come again." Sara Ban Breathnach

"In days of yore, Opening Day of the baseball season was special, signifying that spring had come at last. Today, however, Opening Day sort of dribbles into existence, and the spiritual start of Spring now belongs to the Masters Golf Tournament where the azaleas, magnolias and dogwood bloom." Frank Deford

According to all reliable sources, baseball season, as least as far as the Dodgers are concerned, isn't going too well so far.

Spring starts for me when the lemon trees outside our kitchen window are covered with blossoms and bees and hummingbirds in record numbers feast at this table set before them. Have you noticed the Hawthorne blooming all over town? Those pink flowers are another bee and hummingbird buffet and, if you sit quietly, you can enjoy these little guys flitting from blossom to blossom. We need them, too. Of course you already know that bees perform a task that is vital to the survival of agriculture: pollination. One third of our global food supply is pollinated by bees. Simply put, bees keep plants and crops alive. Here are just a few of the things we love best pollinated by bees: Almonds, apples, apricots, avocados, blueberries, cantaloupes, cashews, coffee, cranberries, cucumbers, eggplants, grapes, kiwis, mangoes, okra, peaches, pears, peppers, strawberries, tangerines, walnuts and watermelons.

Life without avocados? Seriously? Coffee?? Eek! I make it a practice to help bees out of the water when they fall in and have planted milkweed, which they like, and try to stay out of their way so we don't have an encounter of the most unpleasant kind. My son and I are both highly allergic to bee stings and have to have medical help if we fall afoul of one of them. So, needless to say, I am a bee's most distant admirer!

Since my best friend and roommate, John, changed his address to heaven, I've been in the "let's clear some of this stuff outta here" business. I don't know if you've noticed, but there's a move afoot, mostly in decorator magazines I think, lauding people who are moving out of their big comfortable houses into tiny places which any self-respecting dog would reject as being too small. Having occupied the same house since 1970, which was perfect at that time for my adorable, very handy-

can fix anything, husband, our four children, a series of German Shepherd dogs, the occasional unhappy cat and me, it is now way too big for just me. All the children have grown up, have their own homes and I've been out of the pet business for years. The house sits on 2/3 of an acre featuring what used to be beautiful lawns, roses, gardenias, azaleas, fruit trees and now that we've had a little rain, even the back lawn which I thought was a goner has shown signs of coming back to life.

When I think of "The Joys of Less," what comes to mind is that I really should give my bread machine to the Salvation Army as I haven't made bread with it in probably ten years. So I did, along with a lot of mismatched mugs, plastic wine glasses, towel sets in a color I don't simply adore anymore, a bunch of really nice cookbooks that I never cooked a single thing out of, salad bowl sets, chip and dip sets, 15 decorative pillows, 3 gravy boats - who needs 3 gravy boats! And I've passed along a lot of John's outdated stuff to our daughter, Patti, who is having a yard sale soon.

Cleaning out my closet is a great idea. There are sweaters I haven't worn in years, some even have shoulder pads! T-shirts with stains, pants that never did fit well but every time I open the door to do that, I close it again and go do something else. The moment is going to hit me, though, when I'm ready to tackle that. Ugh!

Tuesday Trivia at Corfu last Tuesday was a lot of fun. I think the next Trivia night will be April 24th. I'm really enjoying this a lot and you guys need to come out and try it. It starts at 6:30 and they have wine, beer and great food. Here's a question for you: Which five of the eight listed sports will be included in the next Olympic Games: Baseball, Golf, Surfing, LaCrosse, Karate, Sportclimbing, Cricket, Skateboarding. Answer: Baseball, Surfing, Karate, Sportclimbing and Skateboarding.

Spring is a great time to walk Sierra Madre... flowers abound and bees and hummingbirds. And you might even see a splendid rock garden like the one my neighbor, Javier has put together.

My book page: Amazon.com: Deanne Davis Kindle books of all sorts and hardcover Tablespoon of Love are on there!

Star of Wonder the CD is now on TuneCore! Take a look!

Blog: www.authordeanne.com

Follow me on Twitter, too! <https://twitter.com/playwrightdd>



GROOMING FOR DOGS AND CATS

SPA PACKAGES

626-836-0701

187 West Sierra Madre Blvd.
Sierra Madre, CA 91024

BY APPOINTMENT ONLY

Tuesday-Saturday
8:00 AM - 6:00 PM



FRONTIER HARDWARE CO., INC.



www.frontierhardware.com

ACE.

7 Days a Week



Arnold's Frontier Hardware & Gifts
297 W. Sierra Madre Blvd.
Sierra Madre, CA 91024
626-355-3365 Fax 626-355-8300

"Where Old-Fashioned Service Is Never Out-dated"

Brown's Classic Interiors

Designs For Your Taste

For That Very Special Ornament or Hostess Gift!

64 W. Sierra Madre Blvd.
Sierra Madre, CA 91024
Fax (626) 836-1258



Dee Walker
(626) 355-2712



38 W Sierra Madre Bl, Sierra Madre
www.c21village.com
626.355.1451

Serving the Community since 1986

www.facebook.com/c21village

Century 21 Real Estate LLC is an Equal Opportunity Company. Each Office Independently Owned and Operated

Hands With Heart



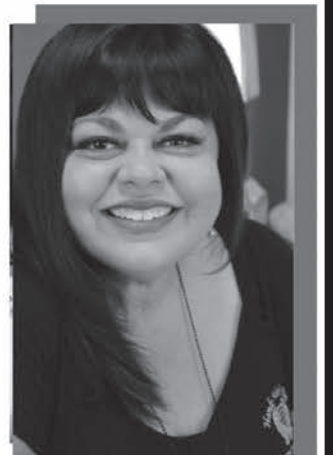
- Massage / Bodywork
- Reiki Energy
- Chakra Healing
- Transformational Coaching
- Workshops
- Spiritual / Intuitive Readings
- Cupping
- Quantum Touch
- Skincare
- Personal Development classes
- Meditation
- Shamanic Healing Work

MIND ~ BODY ~ SPIRIT

HANDS WITH HEART HOLISTIC HEALING CENTER

38 W. Sierra Madre Blvd. Suite J Sierra Madre, CA. 91024
(626)355-1033 Text or Call for Appointment

"Your Body Will Thank You"



THE SHOPS ON BALDWIN IN SIERRA MADRE



CAPELLI COURT SALON
51 N Baldwin Ave,
Sierra Madre CA 91024

Ester Goren
Stylist- Owner
capellicourt@yahoo.com
626-836-1242

facebook.com/capelli.court



Sheila Vietro, Agent, Lic. #0569790

19 Suffolk Avenue, Sierra Madre, CA 91024
Bus 626 355 1485 Toll Free 800 585 5662
Fax 626 355 3308

sheila.vietro.bt56@statefarm.com

The greatest compliment you can give is a referral.



Fine Furniture, Art, & Apparel
Karen Byrne
Proprietor

26 N Baldwin Ave, Sierra Madre, CA 91025 Tel. 626-488-2226



COFFEE HOUSE & BAKERY

Now Offering Gourmet Burgers

• Coffee • Conversation • Community

45 N. Baldwin Ave. Sierra Madre, CA 91024 / T: (626) 355-1598



GYM (626)836-1236
PILATES (626)836-2000

PRO PILATES
PERSONAL TRAINING
FULL FITNESS FACILITY



www.SierraFit.com



Mexican Restaurant & Cantina
Sierra Madre, CA

CASA DEL REY - SIERRA MADRE

Family Owned Since 1972 - Originally located in Temple City

31 N. Baldwin Ave.
Sierra Madre, CA 91024

626-355-6060

www.casadelreyrestaurant.com



HAND SELECTED &
UNIQUELY HANDMADE GIFTS

55 N. Baldwin Ave.
Sierra Madre, CA 91024
626-355-0200 info@bellesnest.com

RUIZ SHOE REPAIR
EST 1954



COMPLETE LEATHER, SHOE,
PURSE, LUGGAGE, SADDLE
REPAIR & RESTORATION

51 NORTH BALDWIN AVENUE
SIERRA MADRE, CA 91024
(626) 355-8111

Zippers
Heels
Orthopedic
Adjustment
Dyeing
Re-Styling
Luggage
Repair
Purse
Repair &
Saddle
Services



Extended Family Child Care

Maria Thompson - License #198017322

Full Time / Part Time
Drop-Ins / After School Care
Evening & Weekend Drop-Ins

- * Fun Daily Activities
- * Arts & Crafts
- * Music & Movement
- * Nutritious Snacks
- * After School Pick Up
- * Homework Help



City of Sierra Madre
Quality Child Care

626-483-8028

East Montecito Avenue Design District

Sierra Madre, CA

Julia Rocks
Skin Care Studio
(626) 836-6522
www.juliarocks.net

Botox® • Juvéderm® • Kybella® • Latisse®
Medical Grade Peels/Facials
Full Face & Body Waxing
Permanent Makeup: Eyebrows, Eyeliner, Lip Color
61 East Montecito Avenue, Sierra Madre, CA 91024

See Our Website for Details & Specials:
www.juliarocks.net



SIERRA FITNESS PILATES

51 East Montecito Avenue Sierra Madre, CA 91024
(626) 836-2000 (Pilates) (626) 836-1236 (Gym)

www.sierrafit.com

AKA Fotografix LLC
Custom Framing, Fine Art, Photography,
& Portraiture.

Gallery & Studio: 39-41 East Montecito
Sierra Madre CA 91024
Andrew Kasiske, Photographer
626.862.8946

Designers, makers, restorers & teachers of fine stained glass windows



Susan Wallis
Custom stained and leaded glass

38 E. Montecito Ave. #7
Sierra Madre CA 91024
Madre 910 91

Est. 1946



PET BOUTIQUE

PET GROOMING

DOGGIE
DAYCARE & BOARDING



THE SHABBY DOG



www.TheShabbyDog.com

31 E. Montecito Avenue, Sierra Madre (626) 836-5452

WoodHill
Designs
Michael Hill

Fine furniture: Original
designs and reproductions
of the Arts & Crafts and
Greene & Greene era

38 E Montecito #6
Sierra Madre, CA 91024
(626) 423-2639

woodhilldesigns@yahoo.com

YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE



Please RSVP via email to
ssciurba@KensingtonSL.com
or by calling 626-355-5700

The Kensington Sierra Madre
**Parkinson's
Support Group**

Join us at The Kensington Sierra
Madre on the 3rd Thursday of
every month and be part of this
informative group.

Half of the meetings will be informative,
but you'll also get a chance to connect with
other people and engage in fun activities like
dance or art.

Amy Carlson, diagnosed with Parkinson's Disease in 2012
at age 44, will be facilitating this new group. Amy is a big
advocate of being a self advocate. She believes that an "Always
Now" attitude is the way to tackle every day. She also knows
that exercise is the cornerstone to living well with PD. She
wants to be a resource for people in the San Gabriel Valley
who have Parkinson's Disease as
much as possible and has authored
the Meetup Group People with
Parkinson's Pursuing Wellness to help
do that.



Facilitator: Amy Carlson
People with Parkinson's Pursuing Wellness

EVENT DETAILS

MEETS 3RD THURSDAY OF EVERY MONTH
From: 6:30pm - 8:00pm
at The Kensington
245 West Sierra Madre Blvd.
Sierra Madre, CA 91024
(626) 355-5700



THE KENSINGTON
An Assisted Living Residence
SIERRA MADRE

www.TheKensingtonSierraMadre.com



RCFE License
198601953

Barbers at 38 West

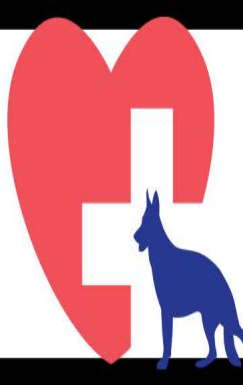
38 West Sierra Madre Blvd • Suite N • Sierra Madre, Ca 91024

626-355-1368

Your local Sierra Madre non-profit!

Free Animal Doctor provides free help fundraising
for those who need assistance paying for their pet's care

626 325 6296 or email: info@freeanimaldoctor.org



Local Area News Briefs

Residents Displaces after House Fire



Three people were left without a place to live after a fire Thursday caused major damage to a home in the Hastings Ranch neighborhood of Pasadena. According to fire officials, the fire near Hastings Ranch Drive and Alegria Ave, first reported around 4:30 p.m. was quickly extinguished but not before causing significant damage. NO one was injured. The cause of the fire is still under investigation.

Police Arrest 13-year-old for Attack

Police arrested a young student at Blair High School Thursday morning after he went on a rampage throwing office equipment around a room and punching an employee at the school according to news reports.

The teen was arrested for assault with a deadly weapon and taken to a detention center.

According to police, at about 10:30 a.m. the boy was being disciplined for an unrelated incident, of making threats, when he lashed out. The employee was taken to a local hospital with minor injuries.



Union Street Protected Bike Lane Workshop

Pasadena city officials announced this week that they will be hosting a community workshop May 9 to reintroduce the Union Street Protected Bike Lane project, share initial concept designs, and solicit community input.

The meeting will be from 6:30 p.m. to 8:30 p.m. at the Gamble Room, Pasadena Presbyterian Church, 585 E Colorado Blvd, in Pasadena. A brief presentation will begin at 6:45PM.

A protected bike lane is an exclusive bikeway facility, physically separated from motor vehicle traffic with barriers such as raised islands, flexible posts, or on-street parking. The protected bike lane is separate and distinct

from the sidewalk they said.

In the City's 2015 Bicycle Transportation Action Plan, the Union Street corridor was identified as an important east-west connection and a candidate for a two-way protected bike lane. The council voted in August last year to enter into a \$999,714 contract with DKS Associates for consultant services for the Union Street Bikeway. The project is currently in the early phases of concept design city staff said.

At the August meeting residents in the area expressed concerns over removing lanes and parking on Union Street; currently Union is a one way street. Pasadena Department of Transportation Director Fred Dock said that parking would

be evaluated block by block.

According to a staff report in November the project would remove 21 parking spaces, most, 14, of which are in the Central Playhouse District.

The designated bikeway from Wilson Ave to Arroyo Parkway would be located on the south side of the street according to a city staff report.

Officials said more community workshops will be held as part of the design progresses. The final design is anticipated to be complete by late 2019, and construction is anticipated to begin in 2020 they said.

For more information, visit: safeststreets.cityofpasadena.net.

Photo by D. Lee MVNews.

Cinco De Mayo Fiesta

The Cinco de Mayo fiesta at Pasadena Senior Center, 85 E. Holly St., will be a fun affair with plenty of Mexican flair Saturday, May 5, from noon to

2 p.m. Doors will open at 11:30 a.m.

Vibrant decorations will adorn the Scott Pavilion as guests enjoy delicious Mexican cuisine, entertainment by Ballet Folklórico Xotziquetzalli and more.

The cost is only \$10 for members and \$12 for non-members of all ages. Prepaid reservations are due at the Welcome Desk or the Pasadena Senior Center website no later than Thursday, May 3. For more visit www.pasadenaseniorecenter.org or call (626) 795-4331.

Volunteers Needed - Taste of 'Dena Planning Committee

The annual Taste of 'Dena fundraiser for the Altadena Library Foundation needs a committed team of volunteers to be a success! Do you enjoy event planning, having fun, and raising money for a good cause? Learn more about our open committee roles. For more information or to sign up call (626) 798-0833.

Altadena to Hold Repair Café Volunteers



In partnership with Pasadena Repair Café, Altadena Library is hosting a Repair Café, and they need volunteers to help. Do you have special skills you want to share with the community, visit: altadenalibrary.org for more information or to sign up.

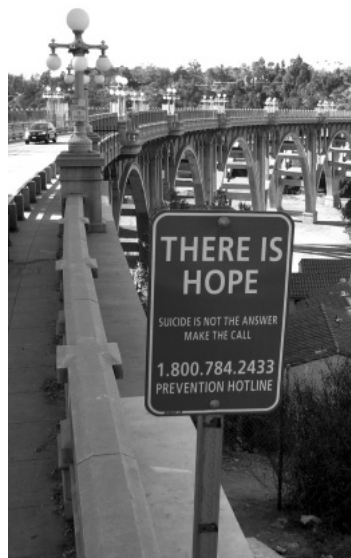
Repair Cafe is set for May 26 at the Altadena Library, 600 East Mariposa St./ Santa Rosa Ave. From 10 a.m. to 1 p.m. The library staff will be collaborating with Repair Cafe crew to bring about a welcoming event for everyone from Altadena and Pasadena and beyond.

Council to Vote on Colorado Bridge Vertical Barriers

Almost a year after the city installed metal mesh fencing along the alcoves of the Colorado Street Bridge as a temporary deterrent to suicides, the city council is set Monday night to accept recommendations of the Colorado Street Bridge Task Force to install vertical barriers and end treatments to the iconic structure.

According to a city staff report, the task force is recommending primary suicide deterrent measures for further study and design. Including, "the design and installation of vertical barriers on both sides of the bridge for its entire length, including the existing weak points along the benched alcoves. Vertical barriers shall have a minimum height of 7'-6" above highest toe-hold in order to deter attempts effectively. The design and installation of end treatments on both ends of the bridge to deter a person's ability to easily access and walk along the outside ledge of the bridge." According to the report.

If approved, City staff will create a new Capital Improvement Program (CIP) project and



seek funding appropriation for the Environmental and Design Phase of the project as part of the adoption of the Fiscal Year 2019 CIP Budget, the report says.

Staff expects the Environmental and Design Phase of the project to begin in July.

The council meets 6:30 p.m. in the Council Chamber, Pasadena City Hall 100 North Garfield Avenue, room S249.

Rotary Club to Hold Annual Grants Awards Luncheon



Rotary Club Pasadena announced Thursday they will be distributing grants, this year totaling \$43,627 during a Grants Award Luncheon held at the University Club Pasadena Wednesday.

The Rotary Club of Pasadena Foundation primarily receives donations from the members of the Pasadena Rotary Club. Each year the Rotary Club of Pasadena Foundation distributes funds to 501c3 non-profit organizations serving the Pasadena community through the Club's Grants Committee. The Grants Committees' 13 members seek applicants, review grant applications, conduct site visits, select grant recipients, gain approval from the Rotary Club of Pasadena Foundation, and awards grants at a luncheon honoring the recipients.

Since 2004 and to include this year, this Foundation has issued more than 340 grants totaling close to \$600,000 to over 130 organizations. This year the grants were awarded to 20 organizations providing direct impact to Pasadena residents or the homeless served in Pasadena in either of these two

areas:

- Projects for the homeless through food and nutrition, employment or training
 - Projects for community engagement in arts and culture or music education
- This year's grant recipients: Boys & Girls Club of Pasadena Eastern Sierra Symphony Elizabeth House Five Acres Flintridge Center Foothill Unity Center Friends In Deed Hillsides Kidspace Children's Museum Leadership Pasadena Los Angeles Children's Chorus Pasadena Conservatory of Music Pasadena Dance Theatre Pasadena Master Chorale Pasadena Playhouse Pasadena Senior Center Pasadena Symphony and POPS Pasadena Child Development Associates The Salvation Army Union Station Homeless Services
- The University Club is located 175 N. Oakland Ave. Pasadena. For more information call 626-440-0908.

Kitten Week Premieres at the Humane Society

Miniature tiger sharks are expected to make landfall in Pasadena this April as Kitten Season 2018 washes ashore. Every year, animal shelters around the country are flooded with young, homeless kittens during the spring and summer months. To help prepare for the arrival of thousands of young, orphaned kittens, the Pasadena Humane Society is launching "Kitten Week," a week-long awareness and action campaign held April 23-29, to encourage community members to spay/neuter adopt and get involved. "Kitten Week" events include:

- Free Feline Spay/Neuter: From April 23-April 28, the Pasadena Humane Society is offering free spay & neuter for cats and kittens.* Appointments available at pasadenahumane.org/snip.
- 2 for 1 Cat Adoptions: During the week of April 23-April 29, adopt one cat, take a second one home with no additional adoption fee (kittens may be limited). View pets at pasadenahumane.org/cats.

- Foster a Kitten: Join us on Wednesday, April 25 from 6 to 8pm for a special "foster only" volunteer orientation. RSVP at pasadenahumane.org/volunteer.
- Donation Drive: With thousands of young kittens about to pour through the doors, we need supplies to help care for them. Donate an item off the shelter's Amazon wishlist the entire month of April: <http://a.co/iMftNx>
- Kitten Experience Giveaway: Donate an item off the shelter's wishlist and be entered to win a kitten communal experience or a kitten nursery tour for you and three guests. Two grand prizes awarded.

- Kids Program: On April 28, kids 8-12 can attend a special kitten-themed Animal Adventurers workshop from 1:00 p.m. to 2:30 p.m. Register at pasadenahumane.org/kids.

Many of the kittens that arrive at the Pasadena Humane Society have not yet reached the two pound minimum weight required for adoption. These small, orphaned kittens spend time in the kitten nursery or live with volunteer foster parents until they are able to be safely spayed/neutered and put up for adoption.

In addition to the hundreds of kittens taken in from the local community each year, the Pasadena Humane Society has committed to take in 1,000 underage kittens from LA County Animal Services in partnership with the ASPCA in 2018.

"The arrival of thousands of kittens, many of which will need extra care before they are placed for adoption, puts a considerable drain on the shelter's resources," said Julie Bank, President/CEO of the Pasadena Humane Society & SPCA. "We are asking the community to step up by donating, adopting, fostering and, most importantly, spaying/neutering their pet cats."

If you are unable to participate in Kitten Week, the Pasadena Humane Society offers public spay/neuter services, volunteer opportunities, pet adoptions, and children's programs throughout the year.

To learn more about "Kitten Week" and get involved, visit pasdeneahumane.org/kittenweek.

*Free spay/neuter is offered for healthy cats living in the Pasadena Humane Society's animal control contract cities: Altadena, Arcadia, Bradbury, Glendale, La Cañada-Flintridge, La Crescenta-Montrose, Monrovia, Pasadena, San Marino, Sierra Madre, and South Pasadena. Additional fees may apply at the discretion of the veterinarian.

Concorso Ferrari 2018

Experience, this Sunday, three blocks of Colorado Boulevard in Old Town Pasadena as it transforms into an amazing Ferrari extravaganza. Over 150 Ferraris ranging from mid-century purpose built racers to modern day exotic supercars of unmatched speed and style, will line Colorado Blvd for all to enjoy. In addition to Ferraris, there will be vendors and sponsors specializing in exotic automotive styling, accessories, detailing, apparel, travel, and local food to complement the star of the show - Ferrari.

The concours is limited to 150 of the finest vintage and contemporary Ferraris, to be judged and for Non-Judged display.

Ferraris entered from 2007 and earlier are eligible for judging that will follow Ferrari Club of America National guidelines IAC/PFA (International Advisory Council for the Preservation of Ferrari Automobiles).

Awards will be presented in 10 classes by a panel of 30 Ferrari experts at the conclusion of the event. Maximum of 70 judged cars. Each judged class will

be limited to 7 Ferraris maximum, based on first come, first served. Get your entries in early!

Registration deadline was April 13 for judged cars. Entries after that date will be on display only pending available space. Two lunches are provided for the exhibitor and a guest with registration.

Owners of the newest models of Ferraris are welcome to display their prancing horses and spend a fun day among friends in beautiful Pasadena. Space is limited to 150 Ferraris, so register early for an opportunity to be part of this traditional FCA Southwest Region event.

Concorso Ferrari Guidelines

- Registration Deadline - April 13
- Cars Entered After This Date Will Be Display Only
- Entries Limited to 150 Ferraris
- Only 70 Judged Cars, the First 7 in Each Class
- No For Sale or Advertising Signs
- No Easy-up Tents or Canopies
- No Leaving Show Early Prior to 3 p.m.

For more information visit: fca-sw.org.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

CITY OF ARCADIA OFFICIAL ELECTION RESULTS

April 20, 2018 – The City of Arcadia completed its second and final counting of the All Mail Ballot General Municipal Election held on April 10, 2018. In District 2, incumbent Tom Beck led Bob Harbicht, 1,080 votes to 982 votes, with an overall voter turnout of 2,090. In District 5, incumbent Roger Chandler, 804 votes, led challengers Joyce Platt, 727 votes and Jolly Wu, 303 votes, with an overall voter turnout of 1,848. The certified official election results will be confirmed at the Special City Council meeting on April 24, 2018, at 7:00 p.m. in the City Council Chambers. The City Council will be reorganizing to select a new Mayor and Mayor Pro Tem at this special meeting.

For more information, please contact the City Clerk's Office at (626) 574-5410 or visit the City's website at www.ArcadiaCA.gov.

RESIDENTIAL BURGLARY ARREST

On Thursday, April 19, 2018, at approximately 11:43 a.m., Arcadia Police Officers were dispatched to the 1800 block of Anita Crest, on a report of possible residential burglary in progress. Two male black subjects were reported exiting a vehicle and entering the backyard of a residence. After the two subjects exited the vehicle, the driver drove away from the location. Officers located the vehicle parked in the area and detained the driver. The two male black subjects were observed jumping fences and were ultimately located and detained. A residential burglary was located in the area and all three suspects were arrested.

Arrested Suspect #1: Jemia Kirk, 18 years old out of Lancaster
Arrested Suspect #2: Justin Taylor, 19 years old out of Palmdale
Arrested Suspect #3: Male juvenile out of Pasadena
Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5156, case #18-1716. Or if you wish to remain Anonymous, call "LA Crime Stoppers" by dialing 800-222-TIPS (8477), use your smartphone by downloading the "P3 MOBILE APP" on Google play or the App Store, or by using the website <http://lacrimestoppers.org>

ARCADIA POLICE BLOTTER

For the period of Sunday, April 8st, through Saturday, April 14th, the Police Department responded to 1,006 calls for service, of which 119 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 8:

At approximately 2:30 p.m., officers responded to a residence in the 1600 block of Elevado Avenue regarding a burglary alarm activation. An investigation revealed unknown suspect(s) attempted to enter the home by breaking the windows to a rear door. Officers determined that the suspect(s) were unable to make entry due to a small tube that had been placed at the bottom of the door frame. No suspects were seen and no witnesses were located.

At around 4:30 p.m., officers responded to a residence in the 000 block of El Dorado Street regarding a domestic disturbance. Officers contacted and detained the suspect who refused to comply with officers' commands. An investigation revealed he had grabbed his mother by her neck and arms and caused damage to her property. An emergency protective order was issued and the 22-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Monday, April 9:

At about 4:30 p.m., officers were dispatched to the 500 block of West Longden Avenue regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. Officers tracked the package to a moving vehicle in the area. A pursuit ensued and the driver began throwing packages and items from the vehicle. The suspect began driving recklessly, speeding and failed to stop at red lights. The suspect ultimately evaded police. The stolen property was recovered and the investigation is ongoing. Just before 9:00 p.m., an officer responded to a residence in the 1300 block of South Sixth Avenue regarding a burglary alarm. The officer determined unidentified suspect(s) entered the residence by breaking a rear glass window. The suspect(s) pulled a motion sensor and alarm speaker from the wall and ransacked the residence before fleeing. The property loss was not determined due to the victim being out of town at the time. No suspects were seen and no witnesses were located.

Tuesday, April 10:

At approximately 1:30 a.m., an officer contacted two subjects seen under a blanket next to the pharmacy drive-thru window of CVS located at 9952 Las Tunas Drive. A consensual search of the subjects led to the discovery of methamphetamine. The subject who was in possession of the drug, a 47-year-old male from Temple City, was issued a citation. Just before 10:00 a.m., officers were dispatched to Verizon Wireless, 655 West Duarte Road, regarding a report of a robbery that had just occurred. The suspect walked into the store and pointed a black handgun at an employee. The suspect warned the employee "not to try anything" and instructed him to fill his blue Dodge's backpack with Apple iPhones. He then took the backpack and fled the scene on a Suzuki GSXR motorcycle that was said to be black and red or copper in color. The suspect was described as a male adult, approximately five feet eight inches tall, with an athletic build, wearing a black motorcycle helmet, a black jacket, dark pants and gloves with grey or white athletic shoes.

Wednesday, April 11:

At around 1:30 p.m., an officer patrolling Eisenhower Park, 601 North Second Avenue, contacted a male adult sleeping on a bench with an opened beer can. A consensual search of the subject led to the discovery that he was in possession of methamphetamine. The 32-year-old male from Monrovia was issued a citation. At approximately 2:30 p.m., officers contacted the victims of a theft that had just occurred in the 400 block of Drake Avenue. The victims were gardeners working in the rear yard of a residence. One victim ran to the front yard when he heard the sound of items being moved. He saw the suspect loading their gardening equipment into the back of a truck and fleeing the scene. The suspect was described as a male Hispanic adult approximately 30 to 35-years-old, wearing a hat and an orange shirt. The suspect vehicle was described as a newer model silver Dodge truck with paper plates.

Thursday, April 12:

Just before 2:00 a.m., an officer was dispatched to 400 block of East Live Oak Avenue regarding a suspicious person. The officer contacted the subject who was standing next to an opened commercial building utility closet. The subject was charging her cellphone in the closet and was found to be in possession of several Xanax pills. The 35-year-old female from Stanton was issued a citation. Just after 11:00 a.m., officers responded to the intersection of Live Oak Avenue and Welland Avenue regarding the report of a traffic collision involving a vehicle and a pedestrian. The driver of the vehicle was making a left turn from Welland Avenue onto Live Oak Avenue when he struck the victim in the crosswalk.

Friday, April 13:

Just before 3:00 a.m., an officer conducted a traffic stop on a vehicle in the area of Kardashian Avenue and Clark Street for speeding. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 38-year-old male from Baldwin Park was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

Just after 10:00 a.m., officers responded to Holy Angels Church, 370 Campus Drive, regarding a felony theft suspect. The suspect had previously stolen an unattended purse during a church service. The suspect had returned to the location and stole a rosary necklace from a statue and money from a collection box. Officers contacted the suspect and discovered she was also in possession of stolen checks and drug paraphernalia. The 41-year-old female from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Saturday, April 7:

At approximately 5:30 a.m., officers responded to a residence in the 800 block of West Huntington Drive regarding a medical assist. An investigation revealed the subject was a victim of an assault. The victim's cohabitating fiancé became angered when he suspected infidelity so he struck her in the head with a baseball bat. An emergency protective order was issued.

Just before 8:00 p.m., officers were dispatched to 7-Eleven, 102 East Huntington Drive, regarding a robbery. The suspect had entered the store and grabbed two beers after previously being warned for theft of beer and trespassing earlier in the day. He became angry after being told to leave and began knocking items off of shelves and tipping over fixtures. The suspect then consumed cans of beer and smoked a cigarette inside the store until officers arrived. The 50-year-old male adult from Arcadia was arrested and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

FOOTHILL GOLD LINE UPDATE: UTILITY WORK HAS BEGUN



In just over a month, the Request for Proposals (RFP) will be sent out to the final four short-listed design-build teams vying for the Glendora to Montclair project. As you know, an Industry Review draft of the procurement and engineering documents were distributed to the teams and project partners earlier this year for review and comment. As the Construction Authority finalizes the RFP, which provides the competing teams all information necessary to bid the job, the Construction Authority continues to refine the information and add details that reduce unknowns that lead to risk money being added to the bids. An example of that effort (photo below, right) is work underway this week at Indian Hill Boulevard in Claremont. Geotechnical experts are out in the field documenting the soil characteristics in the

area where a grade-separation will be built in the coming years.

Also in advance of the design-build contract, W.A. Rasic Construction last week began construction for the strategic utility relocation effort. After several months of preparation, including pulling permits from several corridor cities and third parties, the first site to be worked on was in the City of La Verne (photo above, left). Crews re-routed a water line, eliminating use of the portion of the line that crossed the railroad corridor.

Over the next few months, as the Construction Authority completes the procurement for the design-build contract, ten other similar utilities sites will be relocated or protected in place to prepare for major construction to begin.



MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 445 service events, resulting in 86 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter, Instagram or Nextdoor.

Petty Theft April 12 at 1:10 p.m., a resident in the 300 block of W. Walnut found their mailbox open and discovered that a package was missing. The package had been delivered, and it contained clothing that had been ordered online. It was taken sometime during the day. This investigation is continuing.

Traffic Collision April 12 at 1:30 p.m., officers were called to the intersection of Mayflower and Huntington, where a traffic collision had just occurred. One vehicle had been traveling south on Mayflower and attempted a left turn directly in front of another vehicle that was traveling north on Mayflower. The vehicles collided in the intersection. One of the drivers was taken to a nearby hospital for treatment.

Hit & Run Traffic Collision April 12 at 1:57 p.m., the owner of a parked vehicle in the 100 block of W. Palm returned to her car and discovered it had collision damage on the driver's side. There was no note left on the vehicle letting the owner know who collided into her car. This investigation is continuing.

Counterfeit Money April 12 at 3:39 p.m., an employee of a restaurant in the 900 block of W. Huntington discovered a customer had used counterfeit U.S. currency to purchase a meal. The employee called the police. This investigation is continuing.

Residential Burglary April 12 at 5:45 p.m., the owner of a house in the 1800 block of S. Mayflower returned home after work and discovered the glass in a side door had been shattered and the door was left open. She went inside her house and found it had been ransacked. All her jewelry was stolen. This investigation is continuing.

Robbery April 12 at 6:46 p.m., several suspects entered a store in the 600 block of W. Huntington and removed new cellphones from the shelves, then ran out of the store without paying for the merchandise. One of the store's employees was outside with a cellphone in his hand. He yelled at the suspects, who had just ran out of the store. One of the suspects forced the employee's phone out of his hand, then ran. The employee chased after the suspects, yelling at them, but the suspects fled the area. Officers arrived, but were unable to locate the

suspects. This investigation is continuing.

Under the Influence of Narcotics – Suspect Arrested April 12 at 7:20 p.m., Special Enforcement Team officers saw a female subject approaching customers and vehicles in front of a liquor store in the 400 block of W. Duarte. They stopped to find out if she needed help. They found that she appeared to be under the influence of a controlled substance. Field tests were conducted, and she was arrested for being under the influence.

Domestic Violence – Suspect Arrested April 13 at 2:27 a.m., officers were called to a house in the 700 block of W. Foothill because neighbors heard yelling coming from inside the house. They arrived and found a male and female living in the house had been in an argument. The argument had become physical, and the female subject had caused injuries to her boyfriend. She was arrested and taken into custody.

Wanted Person – Suspect Arrested April 13 at 7:15 a.m., an officer was patrolling the 200 block of E. Foothill, when he saw a male subject he recognized as being wanted by the Monrovia Police for a weapons offense. The subject was stopped, his identity was confirmed and he was arrested.

Hit & Run Traffic Collision / Warrant – Suspect Arrested April 13 at 7:42 a.m., an officer was patrolling the 200 block of E. Palm, when he saw a vehicle that matched the suspect vehicle description from a hit & run collision the day before. The vehicle had fresh collision damage. The officer stopped the vehicle and approached the driver. The driver immediately confessed to colliding into the victim's parked vehicle and not stopping. A computer check revealed the driver also had a warrant for her arrest. She was arrested and taken into custody.

Hit & Run Traffic Collision April 13 at 3:22 p.m., two vehicles collided into each other in the intersection of Shamrock and Huntington. One of the vehicles fled the scene as the other pulled to the curb out of the intersection. Officers were called and they searched for the fleeing vehicle, but were unable to locate it. This investigation is continuing.

Warrant – Suspect Arrested April 13 at 10:35 p.m., an officer was patrolling the 700 block of W. Duarte, when he saw five homeless persons in the wash area. He stopped to see if they needed services, however, they refused. A computer check revealed one of the subjects had a warrant for his arrest, so he was taken into custody. After investigation, the female driver was arrested for grand theft auto without incident.



MIDWEEK SPECIAL

Large 16" Pizza with 2 Toppings
1 qt. of Salad
(substitute Antipasto add \$1.00)
\$23.95 + tax 2 liter of Coke

TO GO ONLY
ONE COUPON PER ORDER

Cannot be combined with any other offers
Subject to cancellation without notice

2411 E. Washington Blvd., Pasadena, CA 91004
(626) 797-6459

THE MYTHICAL, MYSTICAL, MAGICAL OWL

I so enjoy observing the wildlife that resides in and around Sierra Madre, and I adore hearing the musical sounds of birds echoing through the air. I especially love hearing the audacious calls that come from the enormous birds of prey living among us. In fact, when I hear the unique, low-tone hooting of an owl, I feel a sense of inner warmth that is hard to describe. Just knowing that owls nest in the trees close to where I live brings comfort to me. We are truly blessed with nature's goodness in our hillside village!

I once read an article entitled Homeless Owls Need Homes, Too, about a project that provides alternative habitation for owls rendered homeless due to development in the San Gabriel Valley. I contacted the author, Steve Scauzillo to ask him a few questions about our local owls, and he was quick to admit that he is not an owl expert. His column covers a variety of issues and concerns regarding the environment, and this particular article happened to be about owls. He suggested that I call Kimball Garrett at the LA Museum of Natural History, who really is an expert on owls, so I reached out to Kimball.

Kimball Garrett was more than willing to share what he knows about the owls that inhabit our foothills. Apparently there are a few types that might be seen nesting in the local forest and in our village, but the ones we typically hear exuding resonant hooting back and forth to one another are Great Horned Owls (*Bubo virginianus pacificus*). He explained that this particular owl is more prominent in our parts because they are adaptable to changes in the environment, so they are able to find alternative nesting spots when preferred locations are no longer available.

Great Horned Owls prefer nesting in very tall trees, but when the tall trees go missing - which seems to be more of a trend now than ever in our town - the Great Horned Owl is wise enough to take up residence in lower lying canopies. Some will even nest in man-made boxes built on stilts where they are protected from predators, high winds and hard rains. Thus the importance of the alternative owl habitation project Steve Scauzillo wrote about.

Like all living things, owls play a very important part in keeping nature in balance. With this in mind, the next time you are tempted to complain about having too many rats running around on your property, let it be a reminder of how important the elder trees are. Big, tall trees provide a place where owls and other birds of prey can stay and help keep that rat population in check. That's why we should make it a priority to keep the trees on our property healthy and well-watered.

I had a remarkable experience with a couple of owls on the morning my dad passed away. I slept in a little later than usual that Saturday morning, so I was still lying in bed around 8am when I heard two owls calling out in unison, one slightly higher pitched than the other. They were so loud that the huge picture window on the north wall of the room seemed to vibrate. My husband was there to witness the experience, so I can rely on his confirmation when I share this story.

We both sat still, listening and amazed at how loud those owls were. They had to be very close,

Happy Tails



perhaps perched in the avocado tree in our yard. To me, having owls visit my property is a blessing, like nature's reward for being a good steward on behalf of the earth. I'm not a saint, but I do try my best to treat our planet with kindness by recycling, re-using, cleaning up trash and abstaining from the use of toxic chemicals. I also allow fallen leaves to remain where they lie, so they can return to the soil and nourish the trees and fauna they fell from. And when I am out walking, I tell the trees how much I appreciate them because I believe that respect toward every living thing is my duty as a human being.

When I heard those owls hooting so loudly near my window, I thought is sounded like some sort of heavenly choir singing a sacred hymn. About an hour passed and I was having coffee with my husband when we got the call from my family, telling us that my father had passed away earlier that morning. When I hung up, I sat for a while crying, trying to take it in. With such shocking news, the owls had left my thoughts until later that day when it dawned on me; my dad died at the same time I was lying in bed listening to the amazing sound of two owls hooting by my window, louder than I'd ever heard before.

There are many mysterious myths associated with the owl, passed down through the traditions of ancient peoples. One says that the owl is an omen of death soon-to-come. Another regards the owl as the bearer of the deceased soul as it passes from this world into the next. I'd never subscribed to mythical theories about animals before, but I must say that the experience I had on the morning my dad passed away made me think twice about whether those ancient legends might hold some truth.

One thing I know for sure is that I love the amazing birds of prey. I love them because of their beauty and elegance, their tenacity and their symbiotic relationship with nature. And I love the fact that they provide an excellent example to us humans through their loyal, familial way of living. They work very hard to overcome life's hurdles, just to survive in today's world where fast-paced development is so quickly stealing away the places where they used to stay. I thank God every day for this beautiful earth and all the creatures he placed on it, particularly the mythical, mystical, magical owl.

Canyon Canine
Dog Walking & Sitting Services
Sierra Madre, California

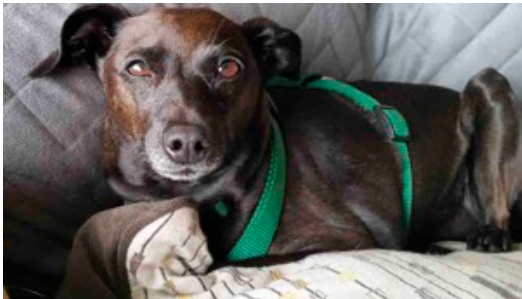
Chris Leclerc
www.canyoncanine.com
chris@canyoncanine.com
626-355-8333 626-533-9536

YOUR NEW BEST FRIEND

Katnip News!



ARF, ARF! Meet BAXTER! Cute Baxter is a 15 pound neutered male, Miniature Pinscher mix, age about 7. He's a little shy a first, but is a very loving, happy dog who loves to give kisses and cuddles. He loves to go for walks and is learning to use his inside voice when seeing other dogs and people. He's a quick learner and has improved greatly since he's lived with his foster mom. Baxter would love a home with a fur sister or brother, but



because he can be a bit shy, he would do better in a home with older children. To learn more contact (818) 398-6951 or kmbrowne@roadrunner.com. See his post and video at <http://www.lifelineforpets.org/pooch-place.html>. Good news: Kitten Thomas is adopted!

HEALTHY LIFESTYLES

CONSCIOUS BREATHING



One of the most impactful yogic practices by far is pranayama. Yogi Master, TKV Desikachar remarked "if you can breathe, you can do yoga." The

breath not only sustains life, but it shapes energy and is responsible for the mind-body connection. There is no asana (yoga poses) needed to consciously breathe.

The very first pranayama to learn is called sama vritti, or equal wave breath. This means making inhale and exhale even, smooth and equal length. While this sounds simple enough, this can be challenging because people establish patterns in their breathing, favoring one over the other. The highly motivated, driven person typically has a stronger inhale. Healers, teachers and meditators find exhale to be easier. In this pure breathing (sama vritti) technique, it allows the scales to balance and both sides of the breath are addressed. The inhale brings power and vitality, while exhale facilitates a calming, restful, releasing response. Further tuning into the subtleties, refining the

rate of respiration and eliminating unconscious pauses is key. The breath is deepened, lengthened and smoothed out. This application is what changes vital life force energy (Prana). Present moment awareness is established and the mind is calmed and nourished. The impact of the breath is not just physiological, it is psychological. We are changing underlying patterns and creating a new, positive response to stress. I caution though, it is advised, to begin a breath practice under the guidance of a qualified teacher. As you progress, help and guidance are necessary to maintain stability.

How often do you find yourself holding your breath in a moment of fear or stress? Think of this occurring during the course of a day. How would life change with conscious, smooth and even breath? Asana poses will help you breathe better and gain access, but the power of pranayama is where it's at.

Contact me to learn more about yogic breath techniques, the practice will change your life! keely@keelytotten.com.

Namaste, and Love,
Keely Totten,
Yoga & Meditation Teacher, Consciously Breathing One Day at a Time

BEST FRIEND

Munchies is a darling 12- year-old American Staffordshire mix with lively brown eyes and a black and white coat resembling a delicious mocha cream treat! Although considered a senior dog, Munchies has plenty of pep to her step and lots of puppy energy to chase tennis balls and go for jogs around the park. Though not big in height, this lovely girl is a strapping ball of 54 pounds of love, wet kisses, and doggie hugs. She just loves to love her people! Munchies enjoys hanging out with her human friends and playing with squeaky toys. She especially likes toys with stuffing in them because she is an expert toy-destuffer! She is a great example of a dog's ability to learn new tricks at any age as she has learned her sit command and how to catch treats through Sunday. Website: www.sgvhumane.org



while sitting. This lovely girl came to the shelter when she was surrendered by her previous owners because they moved to a place where dogs are not allowed. Her adoption fee is \$145 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Munchies also qualifies for the "Senior for Senior" discount program. Feel free to call us at (626) 286-1159 for more information. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

Sierra Madre

CERT

COMMUNITY EMERGENCY RESPONSE TEAM

LEARN HOW THE PROFESSIONALS DO SEARCH AND RESCUE!

This month's Sierra Madre CERT Meeting will feature a guest speaker from Sierra Madre Search & Rescue.

You will hear about their hands-on training, how they organize, deploy assets, the equipment they use, how to size up a situation, and perform real-life rescues. There will be plenty of great information to keep in mind for when a disaster hits Sierra Madre.

Sierra Madre CERT General Meeting
Thursday, April 26th, 7:00 PM
Hart Park House - Memorial Park
222 W. Sierra Madre Blvd.
Sierra Madre, CA

Déjà Vu Med Spa & Salon

Facials • Microdermabrasion • Chemical Peels • Microneedling
Acne Treatments (Most PPO Insurances Accepted)

Body Treatments: Scrubs • Wraps
Cellulite Reduction & Skin Tightening w/ Vacuum Shaping
Hair Salon: Cut • Color • Balayage • Blow Outs Perms
Brazilian Straightening

Permanent Make-Up: Lips • Brows • Eyeliner • Tattoo Vanish
Beauty Treatments: Make-Up • Waxing • Foot Detox • Spray Tanning

Eyelash: Extensions • Perming • Tinting
Laser Treatments: Hair & Skin Tag Removal
Skin Rejuvenation • Pigmentation & Vascular Therapy
Non-surgical Facelifts: Perfector • Radio Frequency • Botox®
Juvéderm™ • Voluma • Vollure • Latisse®

Look Good in Your Skin!

(626)574-7452
38 E. Huntington Dr., Ste. A & B | Arcadia, CA 91006
Mention this Ad to receive 20% off. May not be combined w/any other offer or discounts.
www.TheDejaVuMedSpaAndSalon.com

WALK'N THE DOGS & MORE

PET SITTING OF ALL KINDS
DOG WALKS
15 Min.-\$10 (small dogs} 30 Min.-\$15 45 Min.-\$20

MORNING & EVENING DOG VISIT & WALK
\$20 per visit \$35 day * without a walk -\$15 per visit

PET VISIT
Feeding & Belly Rubs - \$15

PET TRANSPORT
3 mile radius of Sierra Madre- \$10
* \$5 for each additional mile

Call/Text Lois: 626-590-4689
Email - walknthedog9@gmail.com

Sierra Madre ANIMAL HOSPITAL

Walter Cailleateau, DVM

927 N. Michillinda Ave.
Pasadena, CA 91107
(626) 351-8863

Free Exam!
For New Clients
Bring this coupon to save!

TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

THE COUNTER, REVISITED PART 4

Over the last year there are two restaurants which I reviewed that I left scratching my head. It was my initial visit to each, and maybe it is intuition or too many Twilight Zone episodes, but I could not escape a feeling that something more was going on at these restaurants. I hate to admit it, but sometimes I may just concentrate on enjoying my meal too much and only give a cursory once over to the restaurant. Even when I am at the height of awareness it is often necessary to make a second visit to fully appreciate a restaurant. One of the restaurants that has haunted me is Malbec, on Green Street. The other is the topic of today's conversation, The Counter, on Shoppers Lane, in Pasadena. It's has been a year since my last visit to The Counter. So, when my race track buddy Jon Davenport asked if I wanted to go to The Counter for lunch, I accepted with a sharpened pencil in hand.

I enjoyed my last experience at The Counter, but I don't think that after my initial review the owners would be booking a limo for this return trip. The Counter Restaurant has been open for over eight years in Pasadena. The Pasadena located is in the Old Indian Restaurant, Raddika's. You will not be confused in the slightest because the layout of The Counter is entirely different. Guess what, you may be surprised, but there really is no counter, Jon, bravely offered that the bar was the counter, but I thought it looked like, you guessed it,... a bar. We sat at the counter and were treated to some real stellar service from Steve (I think) an aspiring student at PCC.

We started off our meal with the French fries, shoestrings fries for \$7, I have had worse. Jon was pleased with them and thought they were good. These fries are cooked in a French fry style. Ok, let's move past the appetizers and on to the main course. The Counter gives you the option of build your own burger, or you can create your own from the menu. I determined to fly the coop on this trip and go with the Bison Burger, a 1/3 lb for (\$16). I doctored it up with mustard and green Ortega chilies. I thought it was well prepared. Jon had the Old School (\$10.50). This is an All-Natural ground beef burger, cover in a rich slice of Tillamook Cheese that warmly ripples over the top. It is completed with a leaf of lettuce, an onion, a pickle and a splendid red radish sauce.

Now, I partook of a less daring adventure at The Counter, but I recommend you try the burger. Grab a sheet and start checking off what you'd like from the menu, begin with step #1 and finish with step #4. A convenient way to engineer your own beautiful burger, it is a little more expensive but you get it your way.

Jon and I give the experience two forks up. It was nice to get another opinion, just to make certain that I have not lost the old character of palate. The Counter 140 S. Shoppers Ln., Pasadena. www.thecounterburger.com

Join me at 3 PM on KLAA Radio AM 830 this Saturday at 3 PM



DANCE THE NIGHT AWAY
and
CHILI COOK OFF

Henry Duenas DJ
60s-70s Music
& Line Dancing

May 12, 2018

6 p.m. to 10 p.m. No Host Bar – Silent Auction
Be a Kiwanis Member for a Day! \$30.00

The Sierra Madre Room
611 E. Sierra Madre Blvd., Sierra Madre, CA
Judging done by Food Critic: Peter Dills
For more information please call 626.627.3363
or Visit sierramadrekiwanis.com

*Proceeds will help fund the Creative Arts Group "Imagine Art Program" benefitting the students of Sierra Madre Elementary School and other youth activities.

Cook Off Chefs & 1 Assistant FREE

Meet and Greet with Peter Dills



200 E Foothill Arcadia

April 29th

Right after races

Join us for a Race Track Mixer

with local radio hosts from the Morning Line Team

REDUCED!

1850 Anita Crest Dr, Arcadia



Lovely 3 bed 2 bath pool home on very large corner lot!!
You are in the award winning Arcadia School District - Highland Oaks Elementary and Foothills Middle School.

CAROL CANTERBURY
Berkshire Hathaway Home Services



Office: 626-355-1600
Cell: 626-252-6322
Fax: 626-355-5494

carolcantebury@hotmail.com

CalBRE: 01243298

**BERKSHIRE
HATHAWAY**
HomeServices

COME TO ALTADENA!



- LIFETIME BRAKES
- WHEEL ALIGNMENT
- LUBE & OIL CHANGE
- GENERAL AUTO REPAIR

Javier Vega
Service Manager

(626) 345-9777
Fax: (626) 345-9218

www.brakemasters.com

2095 N. Lake Ave., Altadena, CA 91001

An Honest Brake® Since 1983

Growers of Rare Camellias and Azaleas since 1935

Nuccio's Nurseries

3555 Chaney trail
Altadena, California 91001
(626)794-3383



We are open daily except
Wednesdays and Thursdays
Business hours are from 8:00 to 4:30.
Closed Sundays - June 1 through December

On rainy days we normally close early, so please call first.



Catfish Pot Boy



Meatloaf Plate



Wedge Salad

PARK BENCH GRILL

626.797.2740

2470 N. Lake Ave

Call in your order or just stop by.

8am - 4pm

Tuesday-Thursday

8am - 7:30 pm

Friday & Saturday

PATTICAKES DESSERTS

-Full Service Bakery-

Birthdays - Anniversaries- Weddings

Mention Ad for 10% off any cake

1900 N Allen, Altadena CA 91001

626-794-1128



John T Diehl, Agent
Insurance Lic#: 0075608
835 E. Mariposa St.
Altadena, CA 91001
Bus: 626-791-9915

Get a discount up to 50%.

I can help lower your premium through Drive Safe & Save®.

Get to a better State®. Get State Farm.

CALL ME TODAY.

State Farm

1301900

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL

Catch breaking news at:
mtnviewsnews.com

BOSCO TECH OFFERS SUMMER PROGRAMS FOR SIXTH THROUGH TWELFTH GRADERS

ROSEMEAD, CA. – April 19, 2018 - Don Bosco Technical Institute (Bosco Tech) will offer academic enrichment and review courses, as well as sports camps, to boys and girls in sixth to twelfth grade. Six-week high school courses begin on Monday, June 18, while five-week middle school courses begin on Monday, June 25.

High school students can earn a full year's course credit over the summer by successfully completing accelerated classes in Geometry, Algebra II and Pre-Calculus, while students who wish to recover academic credit can choose from a wide range of offerings. Also offered are enrichment classes such as Android Apps Design, Beginning Guitar and Drawing/Illustration classes.

Middle school students can enroll in enrichment classes like Fun with Electronics & Computers or build and program their own robot in the Robotics class. Students can also participate in a hands-on laboratory science workshop, or attend cheerleading camp. Additionally, the Bosco Tech Summer Scholars program offers boys entering grades 7 and 8 a sampling of the high school's unique project-based STEM curriculum. Tech Scholar candidates must have a grade point average at or above 3.0.

The deadline for summer school pre-registration is June 8. Walk-in registration, on a space-available basis, will be conducted on Thursday, June 14, in the school library from 8 a.m. to 4 p.m. Prices vary by class level and number of classes selected. For further information about Bosco Tech's high school and middle school summer programs, and for registration



forms and fees for classes or sports camps, visit www.boscotech.edu/summer-programs or call the school at (626) 940-2000. Information about the Bosco Tech Scholars program is available by contacting admissions@boscotech.edu.

Bosco Tech is an all-male Catholic high school that combines a rigorous college-preparatory program with a technology-focused education. The innovative curriculum allows students to exceed university admissions requirements while completing extensive integrated coursework in one of several applied science and engineering fields. The school boasts a four-year college acceptance rate of 100 percent and approximately 75 percent of Bosco Tech graduates have careers in STEM-related fields. Visit www.boscotech.edu or call 626-940-2000 for more information.

ALVERNO HEIGHTS ACADEMY'S PERFORMING ARTS DEPARTMENT PRESENTS THE DROWSY CHAPERONE

The show will run April 26, 27, and 28 at the Sierra Madre Elementary School Auditorium

Sierra Madre, CA (April 19, 2018) – Alverno Heights Academy is proud to present The Drowsy Chaperone on Thursday, April 26, Friday, April 27, and Saturday, April 28 at 7:00 p.m. at Sierra Madre Elementary School Auditorium.

The Drowsy Chaperone is a musical with book by Bob Martin and Don McKellar and music and lyrics by Lisa Lambert and Greg Morrison. It is a parody of the American musical comedies of the 1920s. The story concerns a middle-aged, asocial musical theatre fan, as she plays the record of her favorite musical, the (fictional) 1928 hit The Drowsy Chaperone. The show comes to life onstage as she wryly comments on the music, story, and actors.

A montage of songs from The Drowsy Chaperone was performed by the Alverno cast at the Fullerton College High School Theatre Festival in March 2018, where Alverno's production was ranked #18 out of 56 productions in the musical theatre competition.

The main cast of The Drowsy Chaperone includes junior Julia Vallen as Woman in Chair, senior Leila Moreno as Mrs. Tottendale, junior Xander Penzato (St. Francis High School) as Underling, senior Riley Luna (St. Francis High School) as Robert Martin, senior Carson Christ (St. Francis High School) as George, freshman Chris Johnson (St. Francis High School) as Feldzig, sophomore McKenna Lindheimer as Kitty, sophomore Madison Ramirez as Gangster 1, senior Skylar Robinson as Gangster 2, junior Ethan Qua (St. Francis High School) as Adolpho, senior Sierra Curren as Janet Van De Graf, senior Sarah Lopez as the Drowsy Chaperone, freshman Afton Okwu as Trix, and freshman Anisa Lopez as the Superintendent.

Members of the ensemble and dance casts include: freshmen Alexis Alvarado, Claire Cook, Vivian Gonzalez, and Allie Salinas; sophomores Vianni Barzallo, Josie Beltran, Maddie Petersen, and Denisse Recinos; juniors Klarissa Barriga, Elisia Bendy, Kathleen Cramer, Caroline

Dragos, Maritza DiRito, Amanda Hill, Precious Perlas, and Beatriz Rivas; seniors Vanessa Prata, Matilda Prole, Anica Quizon, and Valerie Sanchez.

Alverno's production of The Drowsy Chaperone is being directed by Ms. Cynthia Cales P'12, Drama Director, with musical direction by Ms. Mary Ekler.

Presale tickets to The Drowsy Chaperone may be purchased from the Alverno office for \$15 or on BrownPaperTickets.com. Tickets will also be available at the door on the nights of the productions for \$20.

Alverno Heights Academy is located at 200 North Michillinda Avenue in Sierra Madre and the Sierra Madre Elementary School Auditorium is located at 141 West Highland Avenue in Sierra Madre.

About Alverno Heights Academy

Alverno Heights Academy is an all-girls, independent, progressive Catholic, college preparatory school dedicated to its mission of empowering each young woman to be exactly the person she wants to be. Located on the property of the former Barlow Estate in Sierra Madre, California, Alverno Heights Academy was founded in 1960 by the Sisters of St. Francis who sought to create an environment in the San Gabriel Valley where young women could become informed and knowledgeable persons. Later renamed Alverno High School and sponsored by the Immaculate Heart Community, Alverno's program—academic, spiritual, aesthetic, social, and physical—has been shaped by the staff, trustees, and students. As Alverno Heights Academy once again, the school remains committed to its mission by encouraging each of their young women to be who they imagine. For more information about Alverno Heights Academy, please visit www.alvernoheightsacademy.org.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Carl Parke
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000
Website: www.duarte.k12.ca.us

CALIFORNIA SCHOOL OF THE ARTS – SAN GABRIEL VALLEY STUDENTS PERFORM WITH BROADWAY ACTRESS SUSAN EGAN FOR INAUGURAL FUNDRAISER AT PASADENA CONSERVATORY OF MUSIC'S BARRETT HALL

“Unplugged with Susan Egan” features a cabaret-style show, cocktail reception and silent auction benefiting CSArts-SGV's 10 arts conservatories

Pasadena, Calif. – April 19, 2018 – A night of Broadway awaits as California School of the Arts – San Gabriel Valley's (CSArts-SGV) bright and talented students collaborate with musical theater, television and film star Susan Egan for the school's inaugural fundraising celebration. “Unplugged with Susan Egan” is a cabaret-style show featuring the musical talents of Egan alongside 17 CSArts-SGV students as they perform songs from popular musicals and films including “Little Shop of Horrors,” “Wicked” and more.

Egan has headlined on Broadway in the title role of “Thoroughly Modern Millie,” won critical acclaim as Sally Bowles in “Cabaret,” and received the Tony Award and Drama Desk nomination for Best Actress as the original Belle in Disney's “Beauty and the Beast.” Egan is a seasoned voice actress who has starred as Megara in “Hercules,” Lin in “Spirited Away” and recently, Rose Quartz in the hit Disney cartoon “Steven Universe.”

An expansion of the award-winning Orange County School of the Arts (OCSA), CSArts-SGV offers an exceptional arts and academic education to middle and high school students preparing them to reach their highest potential. An alumna of OCSA, Egan returns to serve as a mentor to this new generation of artist scholars.

This special evening is not only a unique performance opportunity for CSArts-SGV students, but is also a great way for families and guests to contribute to the arts programs at the school. “Supporting CSArts-SGV demonstrates an individual's belief in the powerful combination of arts and academics as a catalyst for students' growth and development, and their continued understanding of the importance of the arts in our society,” said Associate Dean of Arts Stephen Cook. “Unplugged with Susan Egan” takes place in the gorgeous, state-of-the-art Barrett Hall at the Pasadena Conservatory of Music on Saturday,

May 12, 2018, for two performances: at 5 p.m. and 7:30 p.m. A silent auction and cocktail reception for all guests begins at 6:15 p.m. Casual cocktail attire is requested. Tickets are \$125 and can be purchased at sgv.csarts.net/boxoffice. Seating is limited. The venue is located at 100 N Hill Ave #105, Pasadena, CA 91106.

About California School of the Arts – San Gabriel Valley

California School of the Arts – San Gabriel Valley (CSArts-SGV) provides a creative, challenging and nurturing environment that offers bright and talented students unparalleled preparation for higher education and a profession in the arts. CSArts-SGV is the first satellite school to open in a network of public charter schools being established by the California School of the Arts Foundation, an organization created to replicate the award-winning, 30-year model established by Orange County School of the Arts (OCSA).

CSArts-SGV opened on Aug. 14, 2017 in a unique public-private partnership with the Duarte Unified School District, and is a tuition-free, donation dependent program for seventh through 12th grade students. CSArts-SGV students study in one of the 10 arts conservatories offered including acting, classical & contemporary dance, commercial dance, creative writing, instrumental music, integrated arts, musical theatre, production & design, visual arts and vocal arts. Students receive opportunities to participate in master classes, guest artist presentations, field trips and performances, as well as a variety of campus clubs and activities. Small student/teacher ratios in academic and arts classes allow for personalized attention to students.

CSArts-SGV is located at 1401 Highland Avenue, Duarte, Calif. For more information, visit sgv.csarts.net.



Enroll now to join us in Sierra Madre this summer!

Monday - Friday 7:30 AM - 6 PM

Session I

June 18 - July 6

Session II

July 9 - July 27

www.goodensummerschool.org

An Independent Episcopal School K - 8

192 North Baldwin Avenue • Sierra Madre, CA 91024 • 626.355.2410 • Visit us online @ www.goodenschool.org

CLAIRBOURN

PRESCHOOL TO 8TH GRADE

NOW TOURING

Clairbourn School provides excellent educational opportunities for developing academic ability, creative thinking, problem solving, and leadership skills. Learn more at www.clairbourn.org. For a private tour, call admissions at:

626-286-3108

ACCREDITED BY CAIS & WASC
8400 Huntington Dr., San Gabriel, CA 91775
www.clairbourn.org

STARTING A NEW BUSINESS ?

FILE YOUR DBA HERE

**Doing Business As,
Fictitious Business Name Filing**



**& POSTAL 80 W. Sierra Madre Blvd., Sierra Madre
626-836-6675**

**Obtain Street Address - Business Stationary - Flyers
Rubber Stamps - Business Cards - Mailing Service**

IS YOUR BLOOD PRESSURE TOO HIGH?

Dear Savvy Senior,
What numbers constitute high blood pressure? I use to be pre-hypertensive, but they keep changing the guidelines, so I'm not sure where I fit in now.

Approaching 60

Dear Approaching,
If you're unsure what your blood pressure levels should be, you're not alone. Recent changes in the hypertension guidelines made by the American Heart Association and the American College Cardiology mean that roughly 30 million more Americans than previously thought are now considered to have high blood pressure (hypertension).

According to the new guidelines, anyone with a blood pressure reading above 130/80 is considered to have high blood pressure.

Previously, those with a blood pressure reading between 120/80 and 139/89 would have been put in the prehypertension category and wouldn't have been considered hypertensive until they got to 140/90.

But the new guidelines eliminate the prehypertension category, putting everyone with systolic pressure readings (top number) between 120 and 129 and a diastolic reading (bottom number) below 80 in a new "elevated" category. And those with a reading of 130/80 or higher fall in some stage of hypertension. Here's a complete rundown of the new five category blood pressure ranges:

- Normal: A top number less than 120 and a bottom number less than 80.
- Elevated: A top number between 120 and 129, and a bottom number less than 80.
- Stage 1: A top number between 130 and 139, or a bottom number between 80 and 89.
- Stage 2: A top number of 140 or higher, or a bottom number of 90 or higher.
- Hypertensive crisis: A top number over 180 or a bottom number over 120.

Get Checked

Millions of Americans with high blood pressure don't know they have it because it usually has no outward signs or symptoms. But high blood pressure, over time, can damage your arteries and increase your risk for heart disease, stroke, kidney damage and even dementia. To guard against this, everyone over the age of 40, as well as those



younger with risk factors for hypertension should get their blood pressure checked at least once a year.

If you find that your blood pressure numbers fall in the "elevated" category, you should take steps now to get it under control. Lifestyle changes like eating a healthy diet, losing weight, exercising, watching your salt intake, quitting smoking, and cutting back on alcohol is often all you need to get it back to normal.

Even if your blood pressure numbers are in the "stage 1" category, lifestyle changes are recommended first, unless you've had a heart attack or stroke, or you're at high risk for cardiovascular problems because you smoke, have high cholesterol or type 2 diabetes. Then medications may be prescribed.

But if your blood pressure falls in the "stage 2" or higher category, the new guidelines suggest medication, regardless of age, plus lifestyle changes.

There are several different kinds of drugs used to lower blood pressure. It usually makes sense to start with the oldest, safest, and least expensive drug: diuretics, or water pills, such as chlorthalidone or hydrochlorothiazide. But these meds can drive up blood sugar levels, so if you have type 2 diabetes or are at risk of it, your doctor may prescribe another drug, such as an ACE inhibitor, ARB or calcium channel blocker.

You should also be aware that blood pressure drugs could cause side effects including dizziness, gastrointestinal problems, fatigue and headaches. They can also cause a decline in kidney function so make sure your doctor periodically monitors your potassium levels.

For more information, see the American Heart Association comprehensive Web page on high blood pressure at Heart.org/HBP.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE TseThis and That



TINY BUBBLES

This is an article that I wrote several years ago, before we were thrust into the brave new world of Common Core and computerized "smart" tests. I hope you enjoy this quaint look at what standardized state testing used to be like.

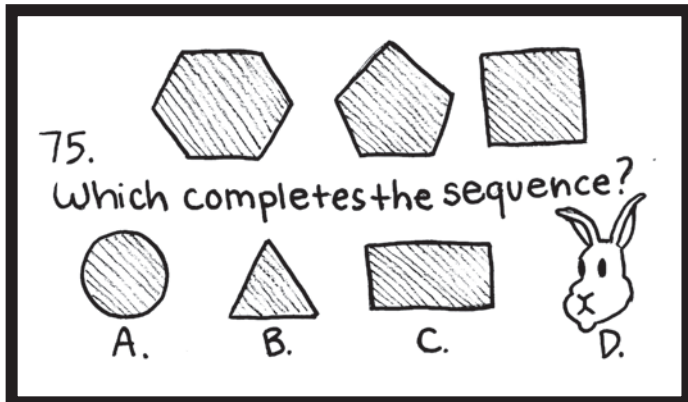
Spring is here! Blossoms perfume the air as I walk through our beautiful town. While this season is a time for celebrating nature's rebirth, it comes with the ominous raincloud of Standardized Testing! I feel sorry for high school students facing this academic adversary; it seems like the competition grows fiercer every year. When I was in high school I had a healthy concern about the test, but I didn't give myself an ulcer signing up for tutoring or pouring over SAT study guides (okay, I bought one, but I didn't pour over it). What did strike fear in my heart was the dreaded GRE (Graduate Record Examination) which I had to pass in order to enter grad school. If you haven't had the pleasure, the GRE is sort of like the SAT on steroids.

I've tried to repress memories of this daunting experience, but I still recall the practice CD Rom with its algebraic equations and writing prompts such as "defend or refute the use of trade embargoes." I frantically typed while watching a red time clock tick down (because a test is always scarier if it's timed!). I wondered what any of this had to do with my future in Health and Human Services. All's well that ends well, I think that CD eventually found its way into a celebratory bonfire.

If you have elementary school kids you've probably received newsletters alerting you to the upcoming crucial week(s) of standardized state testing. Make sure they're well rested, fed, and at school on time! When I was a student my teachers always stressed having a good breakfast on testing days, but I never felt any smarter for it. The truth is, however, that it's the teachers who are really stressed out over these fateful booklets (Ha! Booklets! How 20th century!). One careless kid can swing the school's whole API (Academic Performance Index), which in turn can taint the district's AYP (Adequate Yearly Progress) report. Next thing you know,

home values drop because the neighboring city's kids did better on this one test, taken one week, targeting what is sometimes a very narrow range of skills. Since this test is of supreme importance, it used to require teachers to sign a statement testifying that they'd been trained in the handling of test booklets. Every day after school, the booklets were collected and locked in bins in a secure location (I kid you not!). Of course these days it's all online, so schools don't need to reinvent Fort Knox on their campuses. Children's work was stowed away with the same level of protection given to documents of national security.

Considering the magnitude of this exam, it is understandable that teachers were tempted to become irate when students casually flipped over reading sections, filled in random bubbles,



and turned in a seven-page exam after three minutes. While we all hope our kiddos will put their best effort into this ordeal, you can't help but understand why some kids burn out after hours of math, science, writing, and reading about gripping topics such as mural artists and memoirs of a childhood in England during the Industrial Revolution.

One of my Mom's teacher friends is fond of telling about one of her students (nearing middle age by now) who spent a considerable amount of time on his test before turning in an answer sheet with all the "B's" bubbled in except the last item, which was blank. When she asked why he didn't fill in that one he said, "I didn't know the answer." Seriously, you can't make this stuff up! Moral of the story: sleep well, eat a good breakfast, and color in a variety of letters (or, these days, click on a variety of answers).

Read us online at:
www.mtnviewsnews.com

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...APRIL Birthdays*

Howard Rubin, Anita Hardy, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandevle * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Join us on Thursday, April 19th at 10:30a.m. to 11:30a.m for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Games facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, April 18th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Please call Hart Park House for an appointment, 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

* A voluntary donation of \$5.00 per week is suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club!

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment is provided.

Tax Assistance: Every Wednesday beginning on February 7th through April 11th from 1:00p.m. to 2:00p.m. ...Don Brunner is available for income tax consultation...

Appointments are required by calling the Hart Park House Office 626-355-7394

** Call Community Services Department for details about the "Ear to Ear Program" returning in 2018** 626 - 355 - 5278

Stress, Resilience, & Positivity: Finding Balance

What is resilience, and why is it important when coping with stress? How do we build resilient family caregivers who can cope and manage stress in positive ways? Please join us for a 4-week class designed to help family caregivers find positive ways to cope with stress, build resilience, and embrace positive thinking.

WHO:	Family caregivers of a loved one with a chronic condition
WHAT:	Four-week education series about stress management
WHEN:	April 17th - "Stress, Coping, & Gratitude" April 24th - "Exploring Family Dynamics" May 1st - "Making Family Decisions" May 8th - "Embracing Positivity"
TIME:	2:00-4:00 PM
WHERE:	The Kensington Sierra Madre 245 W Sierra Madre Blvd, Sierra Madre, CA 91024
FEE:	Generously sponsored by The Kensington Sierra Madre
REGISTER:	Please call the Yvonne Kuo 213-821-6919 or Jenny Peterson 213-821-6908 at the USC Family Caregiver Support Center for more information or to register.

This program is funded, in part, by the Department of California Health Care Services, LA County Workforce Development, Aging & Community Services, and the USC Leonard Davis School of Gerontology.

DO YOU NEED HELP CARING FOR A LOVED ONE?

Right at Home offers **caregiving services** for almost any family and practically any situation. Our in-home care lets loved ones **enjoy life** in the comfort of a familiar environment. And we tailor all of our services to your unique situation through a Custom Care Plan.

WE OFFER

- Safety Supervision & Transportation
- Ambulation, Dressing & Bathing Assistance
- Daily Health Reminders, Meal Planning & Preparation
- Alzheimer's, Stroke Recovery & Hospice Support

All caregivers are highly screened, trained and insured to meet your quality standards.

Faith filled business serving the San Gabriel Valley

626.584.8130
www.righathome.net/pasadena

Right at Home
In Home Care & Assistance
The Right Care, Right at Home®

Blessed are the merciful, for they will be shown mercy - Matthew 5:7

At first, Dad and I didn't see eye to eye about moving to The Kensington, but since he did, we're both thrilled

Limited Senior Living Suites Still Available
Call or Visit to Reserve Yours Today

THE KENSINGTON
An Assisted Living Residence

SIERRA MADRE

626-355-5700
245 West Sierra Madre Blvd
Sierra Madre, CA 91024
www.TheKensingtonSierraMadre.com

RCFE License 198601953

Looking Up
with Bob Eklund

NASA'S JUNO MISSION PROVIDES INFRARED TOUR OF JUPITER'S NORTH POLE

Scientists working on NASA's Juno mission to Jupiter shared a 3-D infrared movie depicting densely packed cyclones and anticyclones that permeate the planet's polar regions, and the first detailed view of a dynamo, or engine, powering the magnetic field for any planet beyond Earth.

Juno mission scientists have taken data collected by the spacecraft's Jovian InfraRed Auroral Mapper (JIRAM) instrument and generated the 3-D fly-around of the Jovian world's north pole. Imaging in the infrared part of the spectrum, JIRAM captures light emerging from deep inside Jupiter equally well, night or day. The instrument probes the weather layer down to 30 to 45 miles below Jupiter's cloud tops. The imagery will help the team understand the forces at work in the animation—a north pole dominated by a central cyclone surrounded by eight circumpolar cyclones with diameters ranging from 2,500 to 2,900 miles.

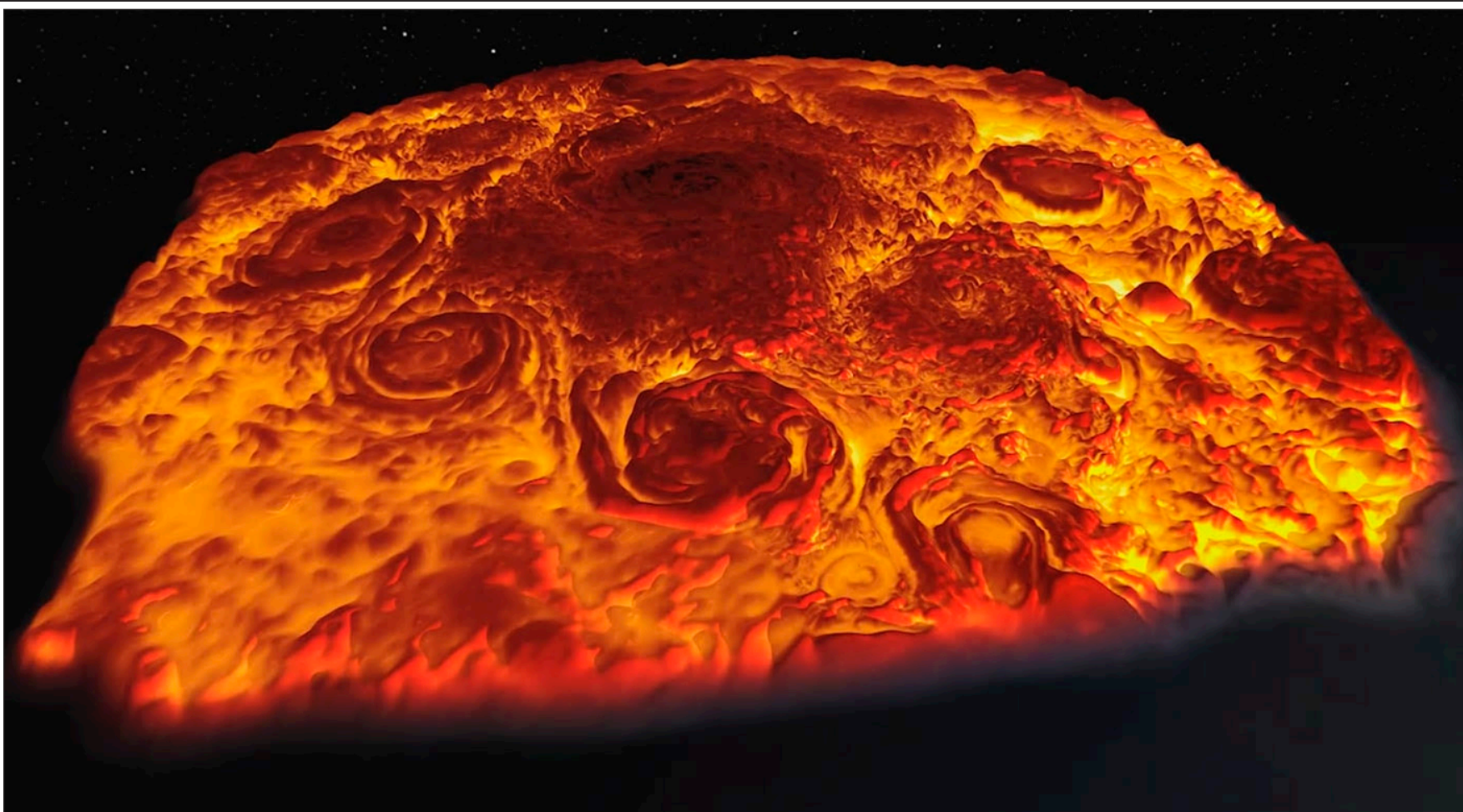
"Before Juno, we could only guess what Jupiter's poles would look like," said Alberto Adriani, Juno co-investigator from the Institute for Space Astrophysics and Planetology, Rome. "Now, with Juno flying over the poles at a close distance it permits the collection of infrared imagery on Jupiter's polar weather patterns and its massive cyclones in unprecedented spatial resolution."

Another Juno investigation was the team's latest pursuit of the interior composition of the gas giant.

"Prior to Juno, we could not distinguish between extreme models of Jupiter's interior rotation, which all fitted the data collected by Earth-based observations and other deep space missions," said Tristan Guillot, a Juno co-investigator from the Université Côte d'Azur, Nice, France. "But Juno is different—it orbits the planet from pole to pole and gets closer to Jupiter than any spacecraft ever before. Thanks to the amazing increase in accuracy brought by Juno's gravity data, we have essentially solved the issue of how Jupiter's interior rotates: The zones and belts that we see in the atmosphere rotating at different speeds extend to about 1,900 miles.

"At this point, hydrogen becomes conductive enough to be dragged into near-uniform rotation by the planet's powerful magnetic field."

The same data used to analyze Jupiter's rotation contain information on the planet's interior structure and composition. Not knowing the interior rotation was severely limiting the ability to probe the deep



NASA/JPL-Caltech/SwRI/ASI/INAF/JIRAM

interior. "Now our work can really begin in earnest—determining the interior composition of the solar system's largest planet," said Guillot.

Juno is only about one-third of the way through its planned mapping mission and already we are beginning to discover hints on how Jupiter's interior dynamo works.

Juno has logged nearly 122 million miles to complete 11 science passes since entering Jupiter's orbit on July 4, 2016. Juno's 12th science pass will be on May 24.

More information on the Juno mission:
<https://www.nasa.gov/juno>
<https://www.missionjuno.swri.edu>

Follow the mission on Facebook and Twitter:
<https://www.facebook.com/NASAJuno> <https://www.twitter.com/NASAJuno>
More information on Jupiter: <https://www.nasa.gov/jupiter>
You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

CHRISTOPHER Nyerges
PLANTS GONE WILD

[Nyerges is the author of "Nuts and Berries of California," and several other foraging books. Information about his books and classes is

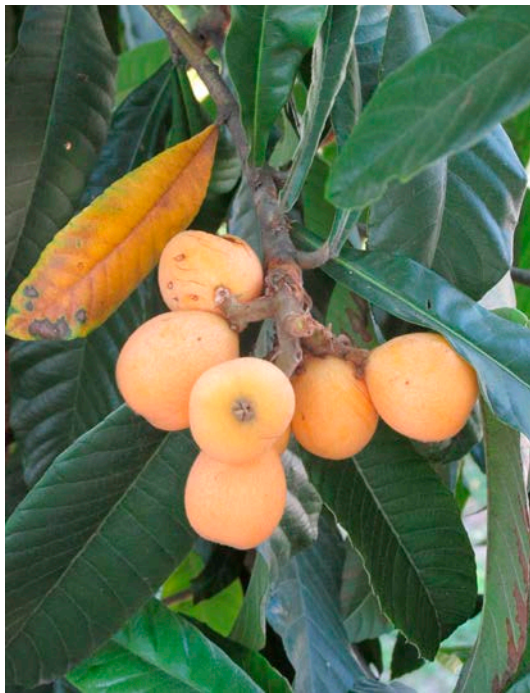
available at www.SchoolofSelf-Reliance.com, or Box 41834, Eagle Rock, CA 90041.]

In my "Nuts and Berries of California" book, I describe native nuts and berries that have long histories of use by Native Americans throughout California and North America.

Many generations of rural Americans grew up collecting nuts and berries as a family tradition: going out to collect black walnuts, hickory nuts, pine nuts, blackberries, wild strawberries, and other foods from the forest. These are some of the foods that people from just a few generations ago took for granted.

I also include many of the introduced ornamental plants in my book which seem to have firmly established themselves in California. They are not natives, but they are everywhere anyway.

I wondered, what should we call these plants? We thought of calling them FUN plants, for "Feral Urban Neighborhood" plants, but that seemed to convey a misleading message, that introducing non-natives is somehow fun or good or desirable.



hip or not, and often they expand their habitat into wild areas.

And since we're calling these plants HIP, it's worth commenting on the "rose hip," which is the common way of referring to the fruit of a rose. I am not sure how the term "hip" came to mean fruit, but one theory is that the ovary of the flower become the fruit, and the enlarged fruit might seem visually similar to a woman's hips. Hmmm. If that were the case, why isn't every fruit called a hip?

Regardless, the rose is one of the unique plants in this book since there is a native rose (and so we included it with the native plants) but there are also many HIP roses. HIP roses are probably in everyone's yard, which are the commercial hybrids with multiple petals of all hues of the rainbow. Our wild rose is not a HIP!

The plants in the HIP section of my book are not what we'd call "wild" plants. These are bushes and trees that have been widely planted for landscaping, street, or yard trees, which sometimes survive well when they are no longer tended. All of these are commonly used as ornamentals, though the fruits are typically allowed to fall to the ground and then discarded as if they were just trash.

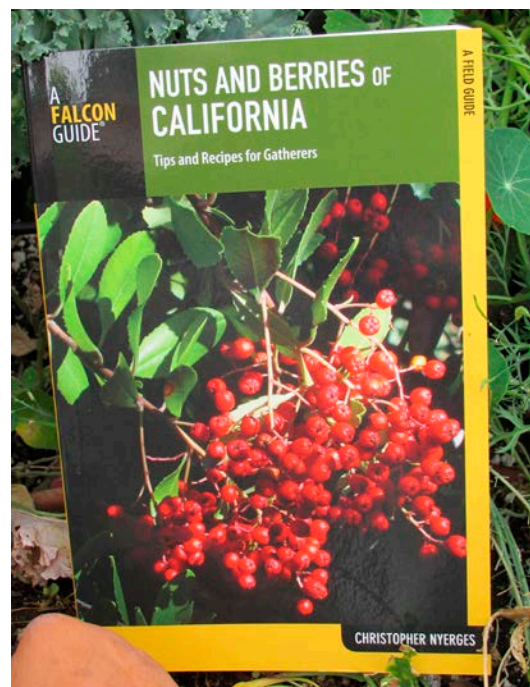
I have observed every one of these plants in wilderness areas where cabins once existed. After the cabins were destroyed by fires or floods, these plants survived for years and decades with no human intervention. These are survivors. And, that means that if we grow these plants, they can provide us with food with very little work and care. Furthermore, they are probably already growing in or near your neighborhood, just waiting for you to discover and to appreciate them.

Some cultivated plants, which can also survive on their own, are just so common that we decided not to try to include all of them. Such as citrus, for example.

Rather, we're including many of the ornamentals which are common, but are either not commonly known, and not commonly used for food. They are HIP, but not necessarily hip.....

Some of the very common HIP plants included in the book are ficus trees (figs), loquats, mulberries, pyracantha, olives, ginkgo, and others.

Watch this space in the coming weeks, and I'll talk about many of these individually.



HIP VS. "hip"

HIP seems to be the best term, for Horticulturally Introduced Plants. The thing is, when these introduced exotics were planted, it was often because the gurus of horticulture of the day were pronouncing them as the greatest new thing since sliced bread. Grow these bushes and trees and you too will be hip! Really! And lots of people fell for that idea. This is the "in" plant to grow this season, and then yards and backyards fill up with new "hip" plants with great colors and much to talk about at dinner parties. Sometimes the new hip and HIP plants are edible and useful, sometimes not – as in the case of oleanders.

And just like the idol-worshippers who adore the newest rock star of the season, when a new one comes around, the old one is forgotten. Maybe forgotten, but all the HIP "hip" plants are still here,



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

HOW TO TRICK SUMMER INTO
COMING EARLY DR. JAMES L. SNYDER

Just when you think summer has come, winter giggles and sticks her icy nose into my life.

Not being much of a fan of winter I can stand it for so long, but not as long as it's been this year. Either I'm getting old and cannot remember or this has been a very long winter. Shivering is not my favorite activity, although it's the only activity I get to do lately.

The Gracious Mistress of the Parsonage and I were talking; rather she was talking and I was listening. That is what makes us a great pair. She talks, I listen and our world goes rolling on.

What she was talking about was summer. "When," she asked, "will summer really get here?"

Of course, we can look at the calendar and pick out a date when summer is going to get here, but it is like playing the lottery, which I believe is rigged. I think picking the date of summer is rigged as well. I like to know who has rigged it because I would like to give them a piece of my wife's mind.

We talked a little bit about summer coming, when it is going to come and what we are going to do when summer actually gets here. She had a long list of activities she was anxious to jump into. Unfortunately for me, most of those activities were visiting thrift stores.

I often wonder why they are called "thrift" stores. When my wife goes, thriftiness goes out the window. She can bargain Scrooge out of his last dollar.

I know this and she was talking about the upcoming summer that her eyes were twinkling which meant only one thing. "Thrift stores, here I come."

Unfortunately, we did not solve the problem concerning the weather. If you think about it, the weatherman who is paid to predict the weather cannot predict the weather accurately. Oh, for a job like that.

Soon the wife had to get up and do something in her craft room. I do not know what is in that craft room. I do not go in for fear of my life. She is very crafty and I am not going to second-guess anything in that room.

When she left I got to thinking about the upcoming summer. What in the world can we do to hurry summer along?

If it were up to me, winter would only be one month long and the rest of the time it would be summer. That is how I would parse things out. As you know, Mrs. Winter has a domineering spirit and wants to be here all the time, even when she is not welcome.

As I was thinking about this, I thought there must be some way we can trick Mr. Summer into coming earlier. After all, everybody can be tricked

into something, whether they like it or not. I know I've been tricked into many things and it's hard to untrick yourself when you get tricked by someone like my wife.

Surely there something we can do to scam summer into coming a little earlier. I am sure Mr. Summer has its weaknesses like the rest of us. Our problem is to try to find that weakness. Once you find the weakness, then you are in control.

I thought of a few things but nothing seemed to stick in my mind. I am not used to thinking on my own and I was a little fearful of pulling in the Gracious Mistress of the Parsonage to this "Think Tank" on an early summer.

Then a thought hit me. When I got up off the ground, for I am not accustomed for a thought to hit me, I sat back in my chair and smiled very broadly. I think I know what we can do. I believe I know how to trick good old Mr. Summer.

Everybody is really invested in themselves to some degree. The same can be said for Mr. Summer. Why not convince him that he is not needed anymore in our life?

Get up in the morning when it's very cold, put on a coat, go outside and dance and sing and just enjoy the coldness of the weather. Maybe one song we could sing is, "I Don't Need Summer Anymore." Just pretend that we love the cold and the colder it is, the more we love it.

I don't think it would take long for Mr. Summer to get jealous of Mrs. Winter and want to come back as soon as he can. Nobody likes to be out flagged on anything particularly in this category.

I was sitting in my chair with a smile all over my face and my wife came in and said, "Why are you smiling?"

"I was just thinking," I said, "how nice it is on such a cold winter day to spend the time indoors with you."

She smiled and went back to her craft room. I guess it really does work. I thought of one of my favorite Bible verses. "The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance" (2 Peter 3:9).

Even though I am very impatient about many things, like Mr. Summer, I am so thankful that God is patient toward me in all things.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

We'd like to hear from you!
What's on YOUR Mind?



Contact us at: editor@mtnviewsnews.com
or www.facebook.com/mountainviewsnews
AND Twitter: [@mtnviewsnews](https://twitter.com/mtnviewsnews)

Let us be a part of your Real Estate Story // 626.695.8650
Top Producing Agent...Year After Year



783 S. ORANGE GROVE BLVD., PASADENA //
Townhouse Offering 2 Bedrooms & 3 Bathrooms



2503 CRARY AVENUE, MONROVIA //
3 Bedrooms & 2 Bathrooms



155 W. GRANDVIEW AVENUE, SIERRA MADRE //
3 Bedrooms & 3 Bathrooms, Dining Room, Living Room w/Fireplace



SOUTHEAST PASADENA //
4 Spacious Units Near Pasadena City College



NORTHEAST PASADENA //
3 Spacious Units

Broker does not guarantee the accuracy of room dimensions, square footage, lot size, or other information regarding the condition or features of the property provided by the seller or obtained from public records or other sources.

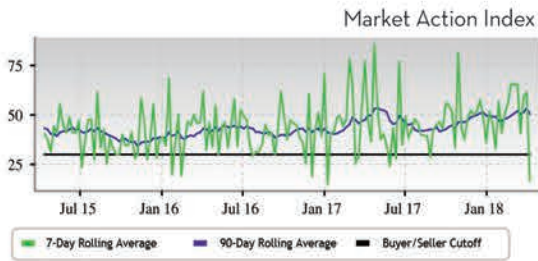
This Week in *Monrovia*

The median list price is \$839,000

The Market Action Index has been trending down lately, while inventory is climbing. These trends imply a weakening market.

Supply and Demand

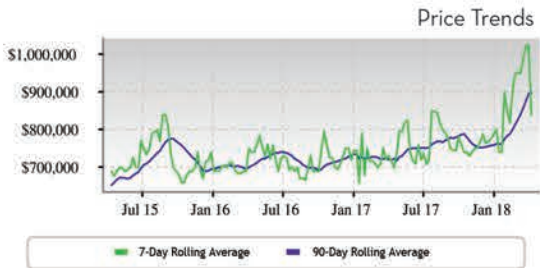
Market appears to have begun to cool. As we're still notably in the Seller's zone, prices have not yet adjusted. If the market continues to cool, then expect prices to follow lower. It may take a few more weeks of slack demand for prices to reflect and begin to fall. Expect this condition if the index falls to the Buyer's zone.



The Market Action Index answers the question "How's the Market?" by measuring the current rate of sale versus the amount of the inventory. Index above 30 implies Seller's Market conditions. Below 30, conditions favor the buyer.

Price

We are relatively close to the market's highwater mark. Watch for persistent downward shift in the Market Action Index into the Buyer's zone as a leading indicator of the price strength subsiding.



Real-Time Market Profile		Trend
Median List Price	\$839,000	▲▲
Asking Price Per Square Foot	\$514	▼▼
Average Days on Market (DOM)	81	◀▶
% with Price Decrease	26%	
% Relisted (reset DOM)	8%	
% Flip (price increased)	2%	
Median House Size (sq. ft.)	1,748	
Median Lot Size	8,001-10,000 sf	
Median # of Bedrooms	3.0	
Median # of Bathrooms	1.5	
Market Action Index - Seller's Advantage	50.6	▼

Quartiles

Characteristics per Quartile

Investigate the market in quartiles, where each quartile is 25% of homes.

Quartile	Median \$	Sq. Ft.	Lot Size	Beds	Baths	Age	Inventory	New	Absorbed	DOM	
First	\$1,884,000	3306	0.50-1.0 acres	4.0	3.5	46	12	1	0	227	Upper 25%
Second	\$1,011,500	2012	8,001-10,000 sf	3.0	1.5	68	12	1	0	59	Upper Middle 25%
Third	\$749,950	1508	6,501-8,00 sf	3.0	1.5	67	13	6	0	28	Lower-Middle 25%
Fourth	\$645,500	1390	6,501-8,00 sf	3.0	1.5	70	13	8	0	19	Lowest 25%

Spring Cleaning
Shredding Event

Sponsored by Podley Properties

Safely shred financial statements, receipts, paystubs, invoices, tax returns & any other personal statements.
Documents will be shredded on-site for FREE! Stop by, drop-off & enjoy refreshments with us!

Saturday, April 21st, 2018
8:30am-2:00pm at Podley Properties
30 N. Baldwin Ave, Sierra Madre / 626.355.2384
Enter Parking Lot off Sierra Madre Blvd.



Luther & Georgina
Tsinoglou

Real Estate Experts You Can Trust

(626) 507-3029
Luther@Tsinoglou.com
www.tsinoglou.com

#01135433 #01393982



Walter Cailleteau, DVM
927 N. Michillinda Ave.
Pasadena, CA 91107
(626) 351-8863

Free Exam!
For New Clients

Bring this coupon to save!



SATURDAY, APRIL 21, 2018

SECTION B

AROUND SAN GABRIEL VALLEY

JUSTICE FOR HOMICIDE VICTIMS' 34TH MEMORIAL AND A BRAVE MOTHER'S MISSION

By Joan Schmidt

Recently Bob and I met the bravest woman in the world, Ana Estevez, who suffered horrific pain- the death of her beloved son, Piqui at the hands of his father. What was so upsetting and mind-boggling was this tragedy DIDN'T have to happen. There were so many red flags, ignored by social services and judges.

Ana began telling us it's so difficult just to get out of bed and get started, but felt "deeply honored to be here", and had the "most heartfelt thank you to Chief Johnson, and Detectives Boisvert and Aguilera who brought my boy home".

In 2006, Ana thought she met the man of her dreams, Aramazd Andressian; they dated and were married eight years and seven months. Half of that time she was praying for a child and suffered five miscarriages. On February 19, 2012, her son Piqui was born and she had such a sense of love and joy. On April 21, 1917, her nightmare began. Her ex-husband suffocated their son who was 5 years, 2 months and 2 days old.

Ana said "Motherhood is the greatest blessing bestowed on a person. My son was my world...a gifted child. By four, he could add and subtract, recognize letters of the alphabet. He was passionate about baking; on holidays, baked and decorated cupcakes...he had a vivid imagination...liked role playing...had his own puppet show, so full of love and brought joy to all who knew him."

On Piqui's 4th birthday, Ana told her husband she wanted a divorce. She and her son had suffered. Piqui would return with bruises after weekends with his father and had been threatened. These were reported, but nothing done. Piqui described the abuse but Ana was told, "it wasn't enough to change custody". (Ana and Piqui's father had shared custody) Also in December 2016, a family judge was given evidence of horrible behavior but denied a custody change. On April 12-13, in court, a judge was told Piqui was afraid of his father, but once again, evidence ignored and his father still had joint custody. Eight days later Piqui was dead.

There was not a dry eye during Ana's story. She now is part of Justice for Homicide Victims and her mission is to help others; Piqui would want this.

Yesterday was the 34th Memorial, and it was so beautiful, but heart-wrenching. Jane Bouffard, President of Homicide Victims Memorial Foundation and husband Bill, President, Justice for Homicide Victims (JHV) welcomed us. In addition to Ana, Rose Madsen spoke about surviving her daughter's murder. Two awesome kids spoke, Joseph, 12 yrs., Nathalia, 9; they are a part of for JHV family and help at various functions. Both lost their fathers at an early age.

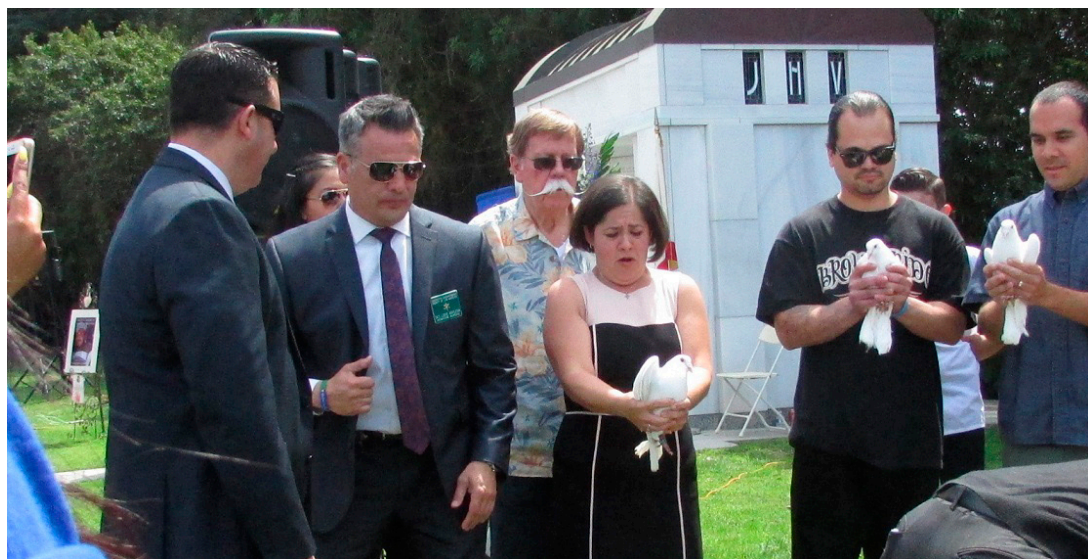
Also attending were LaWanda Hawkins, who founded Justice for Murder Children. (Her son Reginald was murdered.) Former Sheriff Lee Baca came, and many survivors sought him after the Memorial. Many



survivors will speak of his great compassion and support. Baca held the 1st Crime Victims Summit in 2013; there I met Marsella Leach, one of JHV's founders, and the late Mickey's Thompson's sister Colleen. It was a great honor to meet Alex Dunne, son of Ellen, other JHV founder. Past Monrovia Mayor Mary Ann and Corey

Lutz attended.

The Children's International Choir performed, doves and balloons with special messages were released. Survivors lit a candle for loved ones and said their name. Truly a beautiful Memorial. Please visit justiceforhomicidevictims.com



ROCKIN' ROLLERS IS SEEKING ROCKIN' MOMS FOR MOTHER'S DAY CONTEST

(Sierra Madre) - To announce the launch of it's new Rockstar Makeover Photo Sessions Rockin' Rollers is hosting a contest for local moms. Do you know a mom who is awesome? Does she volunteer in the community? Is she fighting a battle and still caring for her family? Does she put everyone before herself? Rockin' Rollers wants to know if she deserves to look like a rockstar!

Rockin' Rollers will be giving away a Rockstar Makeover Session to One Rockin' Mom. Anyone can enter - one mom will win. Nominate your mom, nominate a friend, nominate yourself. All you have to do is send 3-5 sentences to rockinmomscontest@gmail.com and tell us why this mom deserves a makeover. All entries must be received by May 7, 2018. The winner will be chosen on May, 13, 2018 and announced at Rockin' Rollers Open Mic.

One Rockin' Mom will be treated to a salon styling (including hair/makeup) and a 2 hour rockstar photo session with Paula Morris (music

instruments provided by Rockin' Rollers). (Photo session includes 2 matted 5x7 prints and respective digitals of the favorite 2 photos.) Contest winner must reside in Sierra Madre, Arcadia, Pasadena, Monrovia, Duarte, Altadena, Temple City, South Pasadena or San Marino.

About Rockin Rollers ROCKIN' ROLLERS began with the vision of married couple Joe Normal & Gigi Hutchinson to combine their two passions, MUSIC ENRICHMENT, and HAIRDRESSING in a creative atmosphere that brings together Music and Image. Whether you come for Music Lessons or for a Hair Service, you'll be pleasantly surprised how these two worlds COLLIDE to bring enjoyment, enrichment, and well-being to our clients and community.

Available to ALL AGES, we provide a creative atmosphere for music exploration and artistic discovery. CONVENIENTLY LOCATED IN SIERRA MADRE VILLAGE & ARTISTS DISTRICT

MUST SEE AT LEAST ONCE in YOUR LIFETIME



★★★★★

I've reviewed about **4,000 shows**.
None can compare to what I saw tonight."

—Richard Connerma, renowned Broadway critic

"Absolutely the No.1 show in the world.

No other company or any style can match this!"

—Kenn Wells, former lead dancer of the English National Ballet

"Poetry in motion... Priceless."

—Siegfried & Roy, Masters of the Impossible

"There is a massive power in this that can embrace the world. It brings great hope... It is truly a touch of heaven."

—Daniel Herman, Minister of Culture of the Czech Republic

**"Absolutely the greatest of the great!
It must be experienced."**

—Christine Walevska, "goddess of the cello", watched Shen Yun 5 times

"Don't wait, get your tickets now!"

—Lee Meriwether, actress

神韻晚會 2018
SHEN YUN

MAR 30-APR 28

Costa Mesa • Long Beach • Downtown LA • Northridge
Claremont • Thousand Oaks • San Luis Obispo • Palm Desert

800.880.0188 | ShenYun.com/LA

Let Us Make Our Town, Your Town.

THE WEBB-MARTIN GROUP



Katie Orth
626.688.0418
KatieO@podley.com
#00942500



Judy Webb-Martin
626.688.2273
Judy.Webb-Martin@podley.com
#00541631



Jan Greteman
626.975.4033
Jan@JanGreteman.com
JanGreteman.com
#01943630



What Makes A Legend?

Combined Team Stats:

- 85 Years' Experience
- 1000+ Transactions
- 108 Years as Sierra Madre Residents

Kersting Court

30 N. Baldwin Avenue
Sierra Madre 91024

Jeff's Book Pics

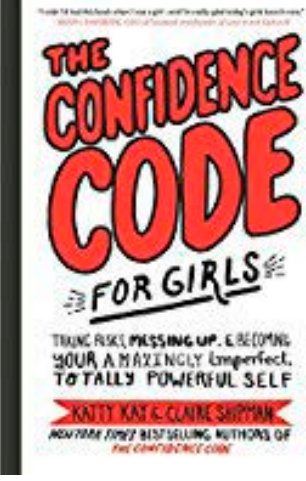
By Jeff Brown

The Confidence Code for Girls: Taking Risks, Messing Up, and Becoming Your Amazingly Imperfect, Totally Powerful Self by Katty, Claire Shipman, Jillellyn Riley, Nan Lawson

Girls can rule the world—all they need is confidence. This empowering, entertaining guide from the bestselling authors of The Confidence Code gives girls the essential yet elusive code to becoming bold, brave, and fearless. It's a paradox familiar to parents everywhere: girls are achieving like never before, yet they're consumed with doubt on the inside. Girls worry constantly about how they look, what people think, whether to try out for a sports team or school play, why they aren't getting "perfect" grades, and how many likes and followers they have online. Katty Kay and Claire Shipman use cutting-edge science and research, as well as proven methods of behavioral change, to reach girls just when they need it the most—the tween and teen years. Packed with graphic novel strips; appealing illustrations; fun lists, quizzes, and challenges; and true stories from tons of real girls. The book teaches girls to embrace risk, deal with failure, and be their most authentic selves. If you or the girl in your life loved The Gutsy Girl or Rad American Women A-Z, you'll love this.

Home Fire: A Novel by Kamila Shamsie

"Ingenious... Builds to one of the most memorable final scenes I've read in a novel this century." —The New York Times. The suspenseful and heartbreaking story of an immigrant family driven to pit love against loyalty, with devastating consequences. Isma is free. After years of watching out for her



younger siblings in the wake of their mother's death, she's accepted an invitation from a mentor in America that allows her to resume a dream long deferred. But she can't stop worrying about Aneeka, her beautiful, headstrong sister back in London, or their brother, Parvaiz, who's disappeared in pursuit of his own dream, to prove himself to the dark legacy of the jihadist father he never knew. When he resurfaces half a globe away, Isma's worst fears are confirmed. Then Eamonn enters the sisters' lives. Son of a powerful political figure, he has his own birthright to live up to—or defy. Is he to be a chance at love? The means of Parvaiz's salvation? Suddenly, two families' fates are inextricably, devastatingly entwined, in this searing novel that asks: What sacrifices will we make in the name of love?

The Blackhouse: The Lewis Trilogy by Peter May

From acclaimed author and dramatist Peter May comes the Barry Award-winning *The Blackhouse*, the first book in the Lewis Trilogy—a riveting mystery series set on the Isle of Lewis in Scotland's Outer Hebrides. When a grisly murder occurs on the Isle of Lewis that bears similarities to a brutal killing on the mainland, Edinburgh detective and native islander Fin Macleod is dispatched to the Outer Hebrides to investigate, embarking at the same time on a voyage into his own troubled past. As Fin reconnects with the people and places of his tortured childhood, the desolate but beautiful island and its ancient customs once again begin to assert their grip on his psyche. Every step toward solving the case brings Fin closer to a dangerous confrontation with the dark events of the past that shaped—and nearly destroyed—his life. The 3 book reviews are from Amazon.Com

FAMILY MATTERS

By Marc Garlett



being proactive will make sure your desires will be followed even after you can no longer run your company.

Factors to Consider

First, minimizing the risk of conflict among your children once you are gone requires a mindful weighing of your estate, your successor trustee, and other aspects of your estate plan to ensure your wishes are recorded and can be easily followed.

Second, you must consider the value of the business as well as control and management issues. This can be done by clearly identifying the roles and responsibilities of your successor in a written plan.

Third, if you have a sizeable estate, there are financial strategies that a knowledgeable estate planning professional can use to equalize distributions. This can also be done with other assets such as IRAs, 401(k)s, investment real estate, life insurance, as well as stocks, bonds, and/or mutual funds.

Finally, an estate planning professional can analyze how the business is capitalized in order to ensure your estate plan is fair when it comes to your children -- whatever you consider fair to be in your particular circumstance. Notably, how a person's business is organized has a direct effect on how it is treated, taxed, and administered upon his or her death.

Don't Leave It To Chance

Ignoring or delaying estate planning for your small business is not financially prudent. As a successful business owner who already has the next generation involved in the company, you must take charge of the future so that the fruit of your hard work can continue on. More important, clearly writing down your desires will help keep your family from bickering -- a likely result if you just leave the business's future to chance. Give us a call today, so we can craft an estate plan that will allow your business to continue to thrive for generations to come.

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

All Things

By Jeff Brown

2016/ONE STATISTIC

In 2016, gun homicides made up 74.5 percent of all homicides in the United States—the highest share of any year in the past century, an analysis of the federal data reveals. The share of total homicides

committed by gun was even higher than in the early 1920's, at the start of prohibition, and the early 1990s, at the peak of that decade's crack-fueled crime wave. The Washington post.

SIERRA MADRE Playhouse

The Immigrant

Written by Mark Harelik

APR 20 - MAY 26, 2018

For tickets go to:
sierramadreplayhouse.org

Directed by Simon Levy

WHAT MAKES YOU AN AMERICAN?

Photos by Gina Long

Told with humor and with important resonances to today, *The Immigrant* is based on a true story of a young Jew who fled the pogroms of Czarist Russia in 1909 and pushed his banana cart into the tiny Baptist community of Hamilton, Texas. Given shelter by a childless older couple, he sent for his wife, raised a family, and made this town his home. A moving story of parents and children, newcomers and natives, Christians and Jews, and the realization of the American Dream. Learn more and buy tickets at <http://sierramadreplayhouse.org>



What's the Name of the Game?

Saturday, April 28th, 2018

Doors open at 6:30 - Bingo starts at 7:30

Legendary Bingo

At The Sierra Madre Recreation Center

A night of bingo you won't soon forget

Wild or Mild – This Is Not Your Grandmother's BINGO!

\$20 Donation at the Door
GREAT PRIZES!
Pizza, Wine & Beer Available
Your donation includes 1 day SMRFA membership

Sierra Madre Recreation Center
611 East Sierra Madre Blvd.
Between Baldwin and Santa Anita Ave.

For more information, visit www.smrosefloat.org

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



WHO ARE THE GIVERS & TAKERS IN YOUR LIFE?

For entrepreneurs it is very helpful to identify individuals involved in your life as either a help or a hindrance to your progress and success. It is important to distinguish those who in your circle who are truly supportive, in contrast to people who are simple involved with you to benefit from what they may be able to get from you. Entrepreneurs have enough burden to bear without taking on the load of providing benefits to people lurking on the sidelines to extract what they can for themselves, without making some type of reciprocal contribution.

The ability to distinguish givers from takers is a great starting point for entrepreneurs to protect themselves from these parasites. Several years ago I was introduced to a simple exercise that has made it easy for me to identify and categorize the "givers" and "takers" in my life. These are the individuals who I have some level of personal interaction with on an ongoing or routine basis. The nature of the relationships or interactions place me in a potential position of vulnerability if I am not crystal clear about the intentions of those who may have the greatest impact on my progress and success.

I'll refer to the exercise as the "List of Givers & Takers":

Step #1: Take a hard copy or digital pad and draw two vertical lines down the middle to create three columns. Make the first column to the left the widest, and the other two need to be large enough to place a checkmark (✓).

Step #2: In the first column, list the name of everyone in your life with whom you have close contact, ongoing involvement or routine affiliation. These individuals may be spouses, family, other loved ones, friends, business associates or anyone you consider to be important in your life due to how often or how deeply they are connected to you.

Step #3: Place the following headings in columns 2 and 3, respectively: Givers, Takers

Step #4: After completing Step 1 thru 3, starting from the top of the list, go through without hesitation and being honest with yourself, place a checkmark in the "Giver" or "Taker" column next to the name of each person on your list. This checkmark must be based on the actual dynamic that individual has with you, not based on how much you love, respect or enjoy the company of the person.

Do they sometimes pick up the tab on a lunch outing? ... likely a giver. Are they the ones that show up at the family potluck with a car full of people, yet bring three liters of soda from the Dollar Store and empty containers to take leftovers home? .. probably a taker. Perhaps it's a business colleague who has benefited professionally or financially from your business referrals, but has never provided a referral that has resulted in any measurable benefit to you ... probably a taker.

Hopefully this exercise will provide a level of clarity and awakening for you as it did for me the first time I did it. This exercise is now an annual ritual with me, and not surprisingly, it helps me to identify those with whom I choose to truly have in my circle. By identifying the Givers, I am able to collaborate, partner and share ideas and resources with the relief that it will be reciprocated at some point in our dealings with each other.

Also, I continue to interact with, be cordial, and even spend time socially with some of the Takers on my list, but I've also quietly and without fanfare, eliminated them from involvement in anything that has to do with my professional or business endeavors – unless of course, it's clear there is something for me to take, up front.

REFLEXOLOGY CAN HELP!

Reduce Pain ☼ Promote healing ☼ Stress relief ☼ Improve overall well being

FootsmArts Reflexology

Bs. Lic. #21422
Despina Tsiknas-Arzuoman
Certified Reflexologist
Located in Sierra Madre
(626) 355-3414
By Appointment Only
Visit our website:
www.footsmarts-reflexology.com

Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

PASADENA CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

BUSINESS EDITOR
LaQuetta Shamblee

PRODUCTION
Richard Garcia

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

DISTRIBUTION
Kevin Barry

CONTRIBUTORS

Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Rich Johnson
Merri Jill Finstrom
Rev. James Snyder
Dr. Tina Paul
Katie Hopkins
Deanne Davis
Despina Arouzman
Renee Quenell
Marc Garlett
Keely Toten
Dan Golden

Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.

Mountain Views News is wholly owned by Grace Lorraine Publications, and reserves the right to refuse publication of advertisements and other materials submitted for publication.

Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024

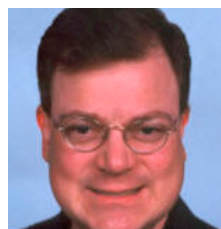
Phone: 626-355-2737
Fax: 626-609-3285
email:

mtnews@aol.com

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

TOM PURCELL



TAX-TIME Q&A

The tax season is upon us. I'm no CPA, but let me offer advice and consolation to my fellow taxpayers.

Q. Dear Tom: My CPA told me that a tax bracket is a heavy, metal object that the government uses to hit you over the head every time you succeed in pushing your income up. Can you elaborate? - Annoyed in Minnesota

A. Dear Annoyed: Your CPA is correct! There is one silver lining, however. The recent tax-reform bill includes six brackets that run between 10 percent and 37 percent, but there is no tax on the first \$9,525 in income, and the standard deduction almost doubles, from \$6,350 to \$12,000 for single filers, and from \$12,700 to \$24,000 for married couples who file jointly. If you have a middle-class income, you've likely seen a nice little bump in take-home pay. But taxes are still high, as the next question will reveal!

Q. Dear Tom: Like you, I contracted my writing services to a big technology firm last year. Well, I received my first 1099 and the taxes I owe are way more than I planned for. Why are my taxes so high? - Desperate in Des Moines

A. Dear Desperate: The short answer is FICA, the Federal Insurance Contributions Act. It requires you to make contributions to Social Security and Medicare. The 7.65-percent contribution rate combines the rates for Social Security (6.2 percent) and Medicare (1.45 percent). When you were an employee, your employer paid half of your FICA bill. As a self-employed person, you must pay both halves on your first \$127,000 in income - a whopping 15.3 percent, which is nearly \$20,000!

Q. Dear Tom: Despite the considerable taxes we pay, why the heck does the federal government spend billions more than it takes in? - Concerned in Connecticut

A. Dear Concerned: Regrettably, there continues to be a lack of seriousness about budget deficits. According to usdebtclock.org, we have \$21 trillion in debt right now. We are poised to resume trillion-dollar deficits in a few years. That's partly due to reckless spending, as demonstrated by the budget Republicans just pushed through. But as the Hoover Institution argued in a recent Washington Post op-ed, it also has to do with entitlement spending. As baby boomers retire, Medicare and Social Security are poised to explode. Hoover says we must reform and restrain the growth of entitlement spending.

Q. Dear Tom: I thought it was Republican tax cuts that are causing the deficit to worsen? - Tax the Rich

A. Dear Tax: Some argue that point. Former Federal Reserve chair Janet Yellen and four other economists penned a Washington Post op-ed in response to the Hoover Institution op-ed. They say tax cuts and unfunded wars, not entitlement spending, are the biggest culprits in our budget woes. However, the Congressional Budget Office says the tax cuts will boost economic growth and create 1.1 million jobs over the next decade, which will generate increased tax receipts. It's a complicated matter.

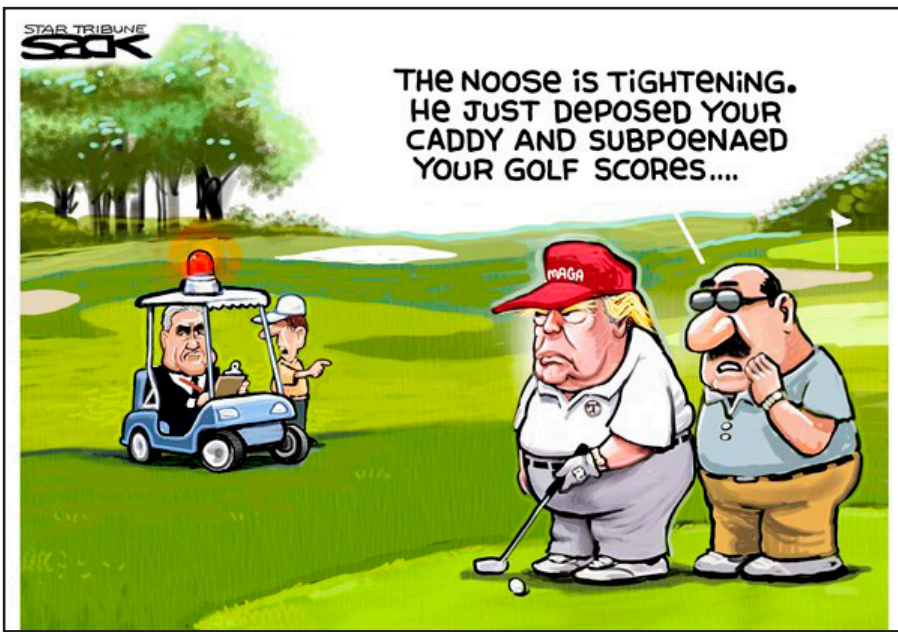
Q. Dear Tom: Let me get this right. After Republicans cut taxes and increased spending, now they are trying to push through a balanced-budget amendment? - Incredulous in Indiana

A. Dear Incredulous: As of this writing, House Republicans planned to vote on a balanced-budget amendment. The Washington Post said it has no chance of passing because it would require Democratic support in the Senate, followed by ratification by three-fourths of the states within seven years.

Q. Dear Tom: All this talk about taxes, debts and deficits is making my head hurt. Can we change the subject to something less complex? - Hurting in Houston

A. Dear Houston: Absolutely. I will now accept questions about the many conflicts in the Middle East.

Tom Purcell, author of "Misadventures of a 1970's Childhood," a humorous memoir available at amazon.com, is a Pittsburgh Tribune-Review humor columnist and is nationally syndicated exclusively by Cagle Cartoons Inc. For info on using this column in your publication or website, contact Sales@cagle.com or call (805) 969-2829. Send comments to Tom at Tom@TomPurcell.com.



LEFT TURN/RIGHT TURN

JOHN L. MICEK



NO, I DON'T HATE CONSERVATIVES. I DISAGREE WITH THEM

Not too long ago, an anonymous commenter on one of my columns concluded that I took my stance on a particular issue because I "hate conservatives."

A couple of days later, a progressive friend who wanted to warn me about a hateful tweet aimed at a Muslim lobbying day at the Pennsylvania Capitol, jokingly observed that she tried to keep her feed "a happy bubble of the like-minded" but this one had slipped through.

These two incidents speak volumes about where we are as a country these days. We're deeply entrenched in our own worldviews, taking comfort among those who agree with us, and peering cautiously over the battlements at those who believe differently from ourselves.

The schism is years in the making. But it feels more pronounced now in a time where bias confirmation is king, and whole communities of the like-minded (on the left and right) are no further than a click away.

An October 2017 Pew poll found fewer Americans, in the time of peak Trump, harbor a mix of conservative and liberal viewpoints than they did during the Bush era in 2004.

Overall, not quite a third of Americans (32 percent) now take a roughly equal number of conservative and liberal positions, that's down from 38 percent in 2015, and off the cliff from the 49 percent who did in 1994 and 2004, Pew pollsters found.

"Reflecting growing partisan gaps across most of the individual questions in the scale - even those where both parties have shifted in the same direction," Pew pollsters concluded. "Republicans and Democrats are now further apart ideologically than at any point in more than two decades."

I've written at length about the breakdown in our culture when it comes to agreement on the basic facts that underlie our political debates, and the corrosive effect that social media has on our shared dialogue.

And now that we know that foreign agents were actively working to inject misinformation into the 2016 campaign, maybe that breakdown is more easily explained. Though it's no less unsettling. Still, in the five-plus years since I made

the jump from being a political beat reporter to an opinion columnist and editorial writer, I've been struck by this notion, harbored by some (on the left and right alike) that it's no longer enough to merely disagree with someone, you have to "hate" them as well.

The premise that I hate conservatives is laughable on its face. And though it feels ridiculous to even have to say it loud, I'll say it anyway: "No, I don't hate conservatives, I disagree with them."

That's because hating someone requires you to actually know them. And I have too many friends from across the spectrum for that ever to be the case.

Yes, my conservative friends and I disagree on matters of policy. And, yes, we debate those policy points vigorously. But we're just as likely to kick back on our bar stools and talk about shared interests in film, music, books, baseball and, oh yeah, our children and families.

One of the great perks of my job as an opinion page editor is that I get to read - and publish - some of the best opinion journalism from all across the political spectrum.

Sometimes, the stances taken by the writers I publish drive me absolutely batty. Sometimes, they make smile or move me. But I always come away having learned something new, my horizons expanded.

Yet, here we are, with some of us claiming that we "hate" people we've never met simply because we disagree on politics, which, as has been observed time and again, isn't for the faint of heart.

Disagreements about politics have been with us since Pericles.

Still, they can be healthy because the right kind of disagreement results in the kind of compromise that makes for good policy and law. The my-way or the high-way that colors our politics right now isn't the way forward.

The encouraging thing is that potential solution - actual knowledge - lies no further away than the newsstand, your public library, laptop or your mobile phone.

All you have to do is reach out for it and make an honest effort to engage in ideas different from your own.

It's not further away than an earnest conversation with someone who disagrees with you. It requires you to actually listen, but the hard work is worth it. It's always worth it.

THE SAD STATE OF MY CALIFORNIA

You don't want to live in my state. Sure, it's beautiful. The weather is great. And most people who live here are nice, good, successful, talented, smart - except when it comes to politics and voting.

That's when a majority of Californians fall somewhere between crazy and suicidal.

For several decades the liberal Democrats that my fellow Californians keep electing to state and local offices have done their best to turn our paradise into Hell for conservatives.

Everyone knows about our criminally high taxes, idiotic environmental regulations, fiscal irresponsibility, unsolvable homeless problem and our Welcome Wagon policy toward illegal immigrants.

Lately we've created sanctuary cities and become a sanctuary state.

You'd think it couldn't get worse out here on the Left Coast.

But the stupidity of our liberal politicians is infinite, as the supervisors of Los Angeles County proved earlier this month when they approved a \$550,000 pilot program to deal with the local homeless crisis.

Proposing a solution that could only have been dreamed up in La-La Land, the county wants to pay homeowners like me to let homeless people live in our backyards.

Not in colorful tents and sleeping bags. In cozy new tiny houses or refurbished garden sheds and converted garages.

I think I'll pass on the idea, without trying to make a NIMBY joke.

But I'm sure all of my goodhearted, Hillary-loving, BMW-driving neighbors will be signing up to make the county's pilot program a big success.

Keeping a homeless person in your backyard like a pet is the kind of solution you get from government when you live in a one-party state run by Democrats.

Unfortunately, because of a dumb constitutional amendment approved by 53.7 percent of our voters in 2010, the future of Republicans and conservatives out here looks grim.

Most people east of the Hollywood Sign have never heard of California Proposition 14, a.k.a. the Top-Two Primaries Amendment, and have no idea how much damage it did to our state's politi-

MAKING SENSE by MICHAEL REAGAN

cal system.

Prop 14 was an amendment that established a type of primary election in which all of the candidates for a specific statewide office like governor or the U.S. Senate - whether they are Democrats, Republicans, Libertarians, Communists, etc. -- are listed together on the same primary ballot.

The top two vote-getters - even if both are Democrats or Communists - are the only candidates that advance to the general election in the fall.

Though Prop 14 sounds like it was imported from Venezuela or Cuba, it was supported by the likes of Arnold Schwarzenegger and big liberal newspapers like the LA Times.

But the major political parties, the ACLU and anyone with half a political brain saw the phony reform for the disaster it has become.

Opponents charged that Prop 14 was designed to limit voter choice, which it was.

They knew it would often result in two candidates from the same party facing off in general elections, which it has.

Given the Democrat Party's large plurality in California, in the fall that we usually have two Democrats running for U.S. Senator, two Democrats running for governor and two Democrats running for many U.S. House seats or state legislative offices.

The politics of my beautiful state today are rigged and Republicans have become an endangered species.

A Republican's vote no longer counts. The state GOP doesn't really exist.

And a conservative candidate for dog catcher has to be a billionaire because she'll get no money from the Republican National Committee or anyone else.

California's only hope for a better future is that things will get so bad there's a huge backlash that produces a political miracle in 2020 like the one that put Donald Trump in the White House.

It's a long shot, but crazy things can happen in California.



