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SIERRA MADRE EDITION

# Mountain Views News

Where Your Community News Comes First

Sierra Madre Edition: Sierra Madre - Arcadia - Monrovia - Duarte

Pasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

SATURDAY, JUNE 30, 2018

VOLUME 12 NO. 26

## A SIERRA MADRE WINNER FOR ALL TIMES!



The Sierra Madre City Council recently honored Hometown Hero, Mike Smith, jockey who won the Triple Crown recently. Pictured above left to right are Mayor Pro Tem John Harabedian, Former Mayor Rachelle Arizmendi, Mike Smith and Mayor Denise Delmar.

Photo by K. McGuire/MVNews

## CITY COUNCIL PAVES WAY FOR PAY INCREASES FOR CITY EMPLOYEES

By Kevin McGuire/MVNews

With contract deadlines looming on the horizon, Sierra Madre City Council approved three resolutions consenting to pay increases for city employees during their regular scheduled meeting on Tuesday, June 26, 2018.

With the approval of Resolutions 18-35, 18-36 and 18-37, the City adopts the Classified Employees Association (CEA) Memorandum of Understanding (MOU); adopts the MOU between the City and the Police Officers Association; and amends the Classification Plan and Salary Matrix. Here is a breakdown of what was agreed upon.

The CEA's current contract ends on June 30, 2018. This new agreement would include:

1. A five-year contract allowing for the reopening of negotiations in years 3, 4 and 5.
2. Cost of Living increase of 1.9% to take place for Fiscal Year 2018/2019.
3. Cost of Living increase of no less than 0.5% and no more than 3.0% for Fiscal Year 2019/2020.
4. Five-percent salary increase for Water Fund employees and Sewer Fund employees who hold sewer certifications in Fiscal Year 2018/2019 and,
5. Modifications to the City's Classification Plan and Salary Matrix for Utilities Department employees in Fiscal Year 2019/2020.

The Police Officers' Association will receive the same as the CEA as noted in 1-3 of their agreement above, but in addition will receive Longevity Pay for employees reaching 10 years of service, a one-time bilingual stipend payment for eligible employees, and supplementary terms including adjustments to overtime and graveyard shift pay.

The fiscal impact on the General Fund will be an increase of \$86,000 for Fiscal Year 2018-2019, and an increase of \$74,000 for Fiscal Year 2019-2020. The Water and Sewer Fund would see an increase of \$34,500 in Fiscal Year 2018-2019, and \$30,000 in Fiscal Year 2019-2020.

Sierra Madre residents had mixed reviews of the proposed increases. "The question of whether or not to give the city employees a raise has come at a very unfortunate time," said resident Barry Gold. "I believe we are facing costs of

replacing our deteriorating water pipes at around \$30 million dollars [and] and unfunded CalPERS liability in the excess of \$10 million; repairs to our city sidewalks are going to cost several more millions of dollars," Gold pointed out. "No matter how deserving our hard-working, loyal, dedicated city employees are, how can we possibly give them money we don't have?" Resident Debbie Sheridan approached the podium to express her agreement with Gold's remarks and questioned the reason behind the 5% increase for Water and Sewer employees.

In favor of the plan was resident Pat Alcorn, "I think that our public employees are our finest asset. And I do believe that they deserve a cost of living raise. ... If we don't do it now, when will we do it?" Alcorn questioned.

After public comment, Human Resources Manager Miguel Hernandez noted that despite a 5% increase for Water and Sewer employees, the rate of pay still ranks lower than surrounding cities. He emphasized the need for this incentive to help with certification costs and to keep employees from leaving for better-paying private sector jobs. "When you come across a job that is hard to fill like this, you always need to be as competitive as you possibly can," Mayor Denise Delmar acknowledged. "... especially when we are investing so much in our infrastructure over the next few years, we want to make sure we have staff that we need."

Council was short-handed with the absence of Council Members John Capoccia, and Gene Goss, but the remaining three members, Council Member Rachelle Arizmendi, Mayor Pro Tem John Harabedian and Mayor Denise Delmar, unanimously approved the three resolutions and voiced support of their decision. "I think this is a great deal for the city; I think this is a great deal for the employees," said Mayor Pro Tem John Harabedian. "I think it's not just important for morale... but also to help employees support their families."

In addition, staff is recommending increases in pay to part-time Paramedics and Engineers from \$12.50 per hour to \$15.00 per hour and an increase in part-time Police Officer's hourly rates from \$32.66 an hour to \$34.29 per hour.

The City Council will next meet on Tuesday, July 10, 2018 at 6:30 p.m.

## FROM ONE GREAT SUPERVISOR TO ANOTHER: MIKE ANTONOVICH TO KATHRYN BARGER



Commentary by Joan Schmidt

A few years ago, "term limits" were voted for the Board of Supervisors. I am why the MAD unincorporated area for one was VERY UPSET. You see, Mike Antonovich is probably the main reason there is a Monrovia Arcadia Duarte Town Council. In late 1992, parts of the unincorporated Duarte area, including Pamela Park were dangerous. The Sheriff's Department and Supervisor Antonovich called a community meeting. Maurice Wyre, Pamela Park Director came and spoke about the Acton Town Council. That seemed like a good idea. A Town Council would be the liaison between residents, LASD, and other county agencies as needed; also the Town Council would provide a monthly venue for residents to voice their concerns.

During my first tenure on the Town Council, I called Antonovich over many issues: handicap access on buses,

traffic safety, keeping libraries and Pamela Park open, to name a few. HE is why the MAD unincorporated area has Transit Service and the beautiful gymnasium at Pamela Park. Every year there were a Veterans Fair, Beach Bus to Santa Monica, and funding for great events. Before he retired, we got great new street signs, a "Welcome" Marker on Live Oak Avenue, and new Live Oak Library Plans.

Since Kathryn Barger has entered office, she has continued many of his wonderful programs such as the Beach Bus, Veterans Fair, Adopt a Pet, Helping Foster Children, Honoring Special Women, and more. I receive her newsletter and I get dizzy trying to keep up with all Barger has done. In addition to Antonovich's programs/projects, Barger has gone a step further; her providing weekly showers for the homeless and other services such as counseling is awesome. She

and Congresswoman Napolitano are working to help those with mental illness. Not long ago, the new Burbank Airport North Station was dedicated, and it will provide the first direct Metrolink connection to the airport from the AV, SCV and SFO. Commuters will be able to take the Antelope Valley Line to the Hollywood/Burbank Airport. Barger noted her former boss Antonovich was instrumental in making this a priority and he was at the dedication placed honoring him.

Barger also honored recently honored nurses. I believe she has been a great supervisor so far not only continuing programs set in place by Antonovich, but adding to them, and initiating her own programs/projects.

such as counseling is awesome. She

## SIERRA MADRE HOLIDAY-PARKING ENFORCEMENT EXEMPTION

2018 Fourth of July Holiday Weekend-Overnight parking enforcement will be lifted starting at 2:00am on Saturday, June 30th and will resume at 2:00am on Thursday, July 5, 2018. PLEASE BE SAFE!

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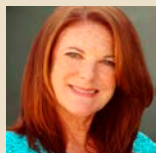
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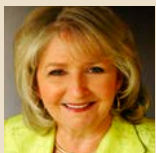
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*Happy 4th of July!*



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## Weather Wise

6-Day Forecast Sierra Madre, Ca.

<b>Sun</b>	Sunny	Hi 80s	Lows 60s
<b>Mon:</b>	Sunny	Hi 80s	Lows 60s
<b>Tues:</b>	Sunny	Hi 80s	Lows 60s
<b>Wed:</b>	Sunny	Hi 80s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR June 26, 2018  
6:30 pm

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CITY MEETINGS Regular City Council Meeting

Tuesday, June 26 2018  
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

#### City Council

June 26, 2018 at 6:30 pm  
Planning Commission  
June 7, 2018 at 7:00 pm CANCELLED  
June 21, 2018 at 7:00 pm  
July 5, 2018 at 7:00 pm  
July 19, 2018 at 7:00 pm  
Community Service Commission  
June 18, 2018 at 6:30 pm  
July 16, 2018 at 6:30 pm  
Senior Community Commission  
June 7, 2018 at 3:00 pm  
July 5, 2018 at 3:00 pm  
Library Board of Trustees  
June 27, 2018 at 7:00pm  
July 25, 2018 at 7:00 pm  
Energy, Environment, and Natural Resource Commission  
June 20, 2018 at 7:00 pm  
July 18, 2018 at 7:00 pm  
August 15, 2018 at 7:00 pm



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### SIERRA MADRE CIVIC CLUB – CONFETTI EGGS



Sierra Madre Civic Club is a not-for-profit, community service organization that was founded by a small group of women in 1944. Since that time, Civic Club has grown to over a hundred members of all ages who are committed to creating a better community. Members volunteer their time to support community events, such as the Huck Finn Fishing Derby, Halloween Window Painting, and more. Civic Club members raise money throughout the year that is re-invested in the community through philanthropic donations to local projects and organizations, as well as fund education awards to local high school seniors. One such fund raising event is Confetti Eggs sales.

Last week members filled over 300 dozen eggs with confetti. Confetti-filled eggs will be sold July 3rd in Memorial Park as part of Sierra Madre 4th of July activities. Stop by the Civic Club booth to purchase your confetti-filled eggs and support Sierra Madre Civic Club in their fundraising activities.

To learn more about Sierra Madre Civic Club, see our website at: <http://www.sierramadrecivicclub.org/home.html>

### SOMETHING FOR EVERYONE ON SUPER SUMMER TUESDAY NIGHTS IN SIERRA MADRE

#### Create with 3D Printing

Learn to use new 3D printers on Tuesday nights from 5:00 to 8:00 pm. Two new 3D printers are now installed at the Sierra Madre Public Library and are available for public use. 3D printing builds a three-dimensional object from computer-aided design by adding material layer by layer. The printers were furnished through a grant from the State of California.

#### Explore New Worlds with Virtual Reality

Step in to a different place and time with the new easy-to-use virtual reality systems at the Sierra Madre Library. Visitors, age 13 and older, can move into a realistic computer-generated virtual environment every Tuesday evening between 5:00 and 7:00 pm. Virtual reality is a computer system that uses a headset to generate realistic images simulating the operator's physical presence in an imaginary environment.

#### Relax with Tabletop Games and Coloring Books

Play board games, do word puzzles, or color from 5:00 to 8:00 pm on Tuesday nights at the Library. Bring your own or use the Library's huge collection of games, word puzzles, and coloring materials.

Pick up your Super Summer Passport and have it stamped at these Super Summer events

Read, Discover, Connect @ Sierra Madre Public Library, 440 W. Sierra Madre Blvd. Sierra Madre, CA 91024, (626) 355-7186, Text (626) 662-1254, [www.cityofsierramadre.com/services/library](http://www.cityofsierramadre.com/services/library)



### Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2018: 111 Years

Founded February 23, 1907 - "Living the Volunteer Life" in Friendship  
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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



## KATIE Tse .....This and That

### BODY SNATCHERS

Happy Fourth of July! To me, Sierra Madre's Fourth of July parade is the essence of summer! It's Mayberry from "The Andy Griffith Show," a living Norman Rockwell Americana painting, and "The Far Side" rolled into one. It's one of those things that goes in the "You know you're a Sierra Madrean if..." category along with Mary's Market, the Mount Wilson Trail race, and memories of Bean Town even before it expanded to its current size (bonus points for buying things from Robert's Market and Little Stuga!). One other experience vital for any Sierra Madrean is seeing "Invasion of the Body Snatchers" at least once. Just the name lets you know it must be great!

This 1956 cinematic gem stars Kevin McCarthy as protagonist Dr. Miles Bennel and Dana Wynter as Becky Driscoll, his love interest. It's your typical sci-fi mystery thriller with all the corny effects and acting you'd expect from a film of that era. Here's the story in a nutshell. Aliens are invading Earth by sending out "pods" containing blank prototype male and female bodies. These bodies assume your features until they resemble you completely at which point they "take over" your body when you fall asleep. Great stuff! The "pods" are sleeping bag-sized leafy shells that start foaming as they mature. (I think they used dish soap.) When ripe, the pod bursts open and the body inside flops out like a blow-up doll. Classic!

We first meet Becky as she gets off a train in the quaint Santa Mira station to meet Miles.

There'd be nothing noteworthy about this, except that it's about nine in the morning, and Becky is wearing a low - I mean LOW - cut dress with what appear to be little wads of tissue or cotton balls barely covering her bosom. What? You mean you don't wear this when traveling? The next half-hour of the film follows Becky meeting various other Santa Mira folks, the men making a conscious effort to look her straight in the eye.

Other highlights include a great scene in which Dr. Miles, Becky, and their friends Jack and Teddy (that's a woman) Belicec discover a pod at the Belicec residence. After killing the sudsy pod-man with a garden pitch fork, Jack and Miles lay him out on Jack's pool table while they all smoke and get a couple rounds of gin

and tonic. Becky is particularly distressed, so Miles gives her a couple pills to go with her drink. He is a doctor, after all. Wow, the 50's must've been something!

While "Invasion of the Body Snatchers" is a must-see in it's own right, it's unique because it was filmed in Sierra Madre! (prominent footage of Kersting Court, Sierra Madre Blvd., and the old building that is now Sierra Fitness) When the city started showing movies in the park, the first was "Invasion of the Body Snatchers" on the Fourth of July. My dad was sorely disappointed when this did not become an annual Sierra Madre Fourth of July event. But that doesn't mean that you can't start your very own Body Snatchers 7/04 tradition! Then you can brag that you're a truer Sierra Madrean, too!



## WALKING SIERRA MADRE... The Social Side By Deanne Davis

"My grandfather's clock was too large for the shelf So it stood ninety years on the floor It was taller by half than the old man himself Though it weighed not a pennyweight more It was bought on the morn of the day that he was born And was always his treasure and pride But it stopped, short never to go again When the old man died Ninety years without slumbering His life seconds numbering It stopped, short never to go again When the old man died" (Erich Doll/Henry Clay Work)

As you can see from the picture, this particular clock hasn't spent any time on the floor. It sat on our mantle for more years than I can remember and was my clock-loving husband, John's, blessing and bane. This clock was more temperamental than a cranky two year old and he loved it dearly. It would go faster than it needed to, or slower, or throw it's chimes out of sync but it was one of our rituals, that before we left for church every Sunday morning, John would wind the clock.

The clock, by the way is a Seth Thomas constructed of wood with a Bakelite veneer. It features Sonora Chimes, which were made in the early 1900's and most of our life here in this house we regulated our sleep by hearing what time it was by the chimes, which marked the quarter, the half, the three-quarter and, of course, every hour.

John's Uncle Virgil, who lived in Union Oregon until his death many years ago was the original owner of the clock and when he went to his heavenly reward, the clock went to John. I suspect Uncle Virgil bought the clock not long after it was born and it has been in our family always.

Last March I took it in to our very own Berj DerMovsesian, owner of Baldwin Jewelers right here in Kersting Court, as it had not been running for quite a while and I wanted to see if Berj could whip it back into shape as I wanted to pass it along to our oldest daughter, Leah. Berj's eyes lit up like he'd just won the lottery and I was thrilled that he would be able to work on it.

Months later, earlier this week in fact, I went in and asked whatever happened to my clock. Berj said he had just gotten all the parts, was fine tuning it and it would be ready any time this week. So, Tuesday morning at 9:00, Leah, her husband, Chuck, and I met at Baldwin Jewelers so Berj could explain to all of us exactly how to care for the Davis Family Seth Thomas Clock. Let me just say that it was complicated and I am glad Leah and Chuck will be in charge of this precious heirloom. Berj confided that he liked the clock so much that he kept it on his workstation so he could hear it chime while he worked as it has such a beautiful sound. It didn't surprise me. Waking



at night and hearing the clock chime was comforting, reassuring and gave a feeling of permanence and peace. I want Leah to have those same feelings now that she had when she was a child and always knew what time it was when the clock chimed.

Wanting to know just a little bit more about our clock, I googled it (I love you, Google!) and found Seth Thomas was born in Wolcott, Connecticut in 1785, went to work for clockmaker Eli Terry in 1807, bought out Mr. Terry's factory together with Silas Hoadley in 1810 and in December 1813, bought out Heman Clark's clock-making business in Plymouth Hollow. Seth Thomas Clock Company began producing clocks in 1813. According to Berj, this particular Seth Thomas clock is a gem and, even though incompetent hands have invaded it, it is still in splendid shape...now that Berj has performed his magic on it. Hearing the Sonora Chimes again was just plain awesome! Thank you Berj!

Have you noticed the new sign at Taylor's Market? Very nice! And we're having streets resurfaced! And July 4th is next week! Summer is definitely here. All the gardenias are blooming and smell delicious and the jacarandas! Oh, dear friends and neighbors, the jacarandas are beyond gorgeous this year! Look up! My book page: Amazon.com: Deanne Davis Kindle books of all sorts and hardcover "Tablespoon of Love" are on there, as is "Star of Wonder." Star of Wonder the CD is now on TuneCore! Take a look!

Blog: [www.authordeanne.com](http://www.authordeanne.com)  
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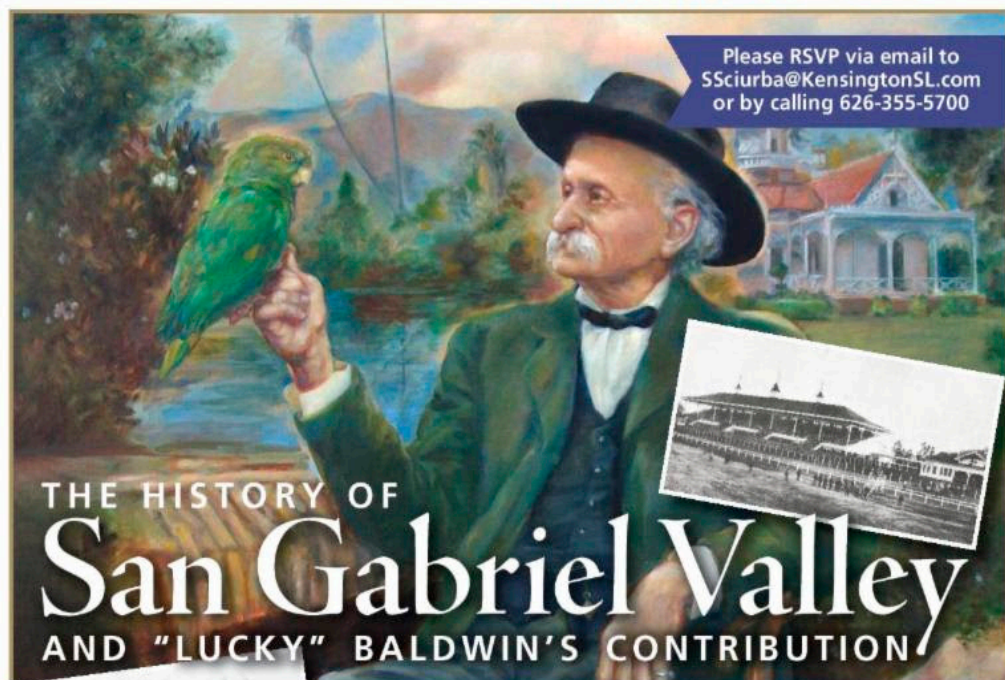
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Elias Jackson "Lucky"  
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an investor, and real estate

speculator during the second half of the 19th century.  
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extraordinary good fortune in a number of business deals.  
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Francisco and bought vast tracts of  
land in Southern California, where a  
number of places and neighborhoods  
are named after him.

Speaker: Lee Shimmin  
Historian, Arcadia Historical Society

#### EVENT DETAILS

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## SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 379 day and night time calls for service.

#### Thursday, June 21

Sometime between the hours of 10:00PM on 6/18 and 10:00AM on 6/19, an unknown suspect(s) removed the vehicle registration card and the 2019 registration tab from an unlocked vehicle parked in a driveway in

the 500 block of Sierra Meadow Ln.

#### Friday, June 22

At about 6:43PM, officers responded to a single car, non-injury accident in the 400 block of Theresa lane.

#### NOTE:

Call to register for your block party visit by the SMPD on National Night Out, 8/7/18!

CONTACT: CSO Lou Oronoz @ 626/355-4596

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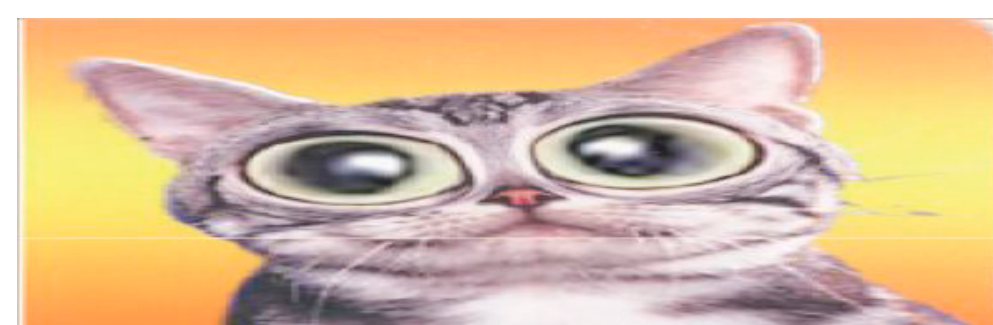
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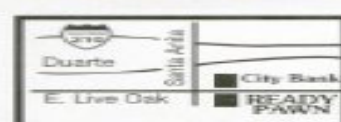
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# Pasadena Altadena

News From Your Community For Your Community

## Local Area News Briefs

### *Men arrested after shooting in Old Pasadena*

Police arrested two men early Thursday morning for alleged assault with a deadly weapon after one of them shot into a group, during a fight, in a parking lot behind the 100 block of East Colorado Boulevard.

According to police, at around 1:40 a.m., officers saw a man pull a gun from the trunk of a car and fire towards people fighting. The suspect ran, ditching the gun, but was caught by other officers on Colorado Boulevard. Officers also arrested another man as the fight broke up. Police said they also recovered a gun.

### *Pasadena Residents may have experienced discolored water*

City officials form the Pasadena Water and Power said that as part of routine adjustments to the city's water supply, that involved calibrating disinfectants, as part of balancing imported and local water supplies, water could be discolored.

Officials said that running the faucet for five to 10 seconds would flush out any discoloration. They said the water is safe and exceeds drinking water standards set by the Federal EPA and state regulations.

According to city records, about 41 percent of the water supply is groundwater from the Raymond Groundwater Basin and is pumped out of 16 deep wells located throughout Pasadena, 58 percent of the water is imported from the Metropolitan Water District of Southern California (MWD) and consists of a blend of water from Northern California and the Colorado River. The remaining one percent is purchased from neighboring water agencies.

For more information visit: [cityofpasadena.net/water-and-power](http://cityofpasadena.net/water-and-power).

## Pet of the Week



Max (A460360) is a friendly, 4-year-old Chihuahua who'd love a new home. Max enjoys going for walks in the park and hanging out with volunteers. He's very treat motivated and eager to learn. Sadly, Max came to the Pasadena Humane Society & SPCA, along with his 14-year-old doggie sister, Nana (A460359), because his owner could no longer care for him. Max is ready and waiting for his second chance. Could it be with you?

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at [pasadenahumane.org](http://pasadenahumane.org). Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



## Thousands to Attend Americafest

*More than a ton of explosives make for the largest pyrotechnics event ever held in Rose Bowl History*

Recognized as one of the country's largest and longest running Fourth of July fireworks shows, the Rose Bowl will host its 92nd annual AmericaFest celebration on Wednesday, with a spectacular nighttime display of more than a ton of fireworks.

Thousands of special effects fireworks will be launched from the stadium as part of the Rose Bowl daylong family-friendly entertainment.

"As always, the Rose Bowl AmericaFest celebration will feature the largest fireworks display in the western United States, but this year's show will be even more entertaining with a new musical act as well as time-tested fan favorites," said Darryl Dunn, Rose Bowl general

manager. "This year will be the biggest and most exciting show in all of Southern California."

This year's audience will see a special performance by the world's premiere Michael Jackson tribute artist, Michael Knight. Knight's years of meticulous focus and study of every Michael Jackson nuance showcases how polished his tribute is to his childhood hero. Knight sings every lyric, dances every iconic step and holds an amazing resemblance to the original king of pop. Also featured will be thrilling motorcycle stunts by TNT Freestyle Motocross and live music from Ocean Park Standoff.

Schedule:  
12:00 PM – Parking Lots Open  
2:00 PM – Family Fun Zone-Area H Opens  
5:00PM – Field Viewing Experience Reception Doors Open  
5:30 PM – Doors Open  
7:00 PM – Performances Begin  
9:00 PM – Fireworks Begin

The Rialto-California based company Pyro Spectaculars by Souza will once again produce the Southland's largest fireworks show at the Rose Bowl.

Pyro Spectaculars by Souza has been family operated for five generations and has provided fireworks entertainment at the Rose Bowl Stadium for more than 35 years. Known worldwide for extraordinary firework displays, Pyro Spectaculars produces shows for NFL Super Bowls, the Olympic Games and major events throughout the world.

For more information visit: [rosebowlamericafest.com](http://rosebowlamericafest.com).

## Pasadena Transit to Start Sunday Service

Service changes affecting most Pasadena Transit routes will go into effect on July 1, 2018.

Specific changes include:  
Sunday service will operate from 8:00 a.m. to 5:00 p.m. on Routes 10, 20, 31/32, 40 & 5

Weekday service is being added on Route 20 from 1:00 p.m. to 5:00 p.m., with a bus operating about every 18 minutes

Minor schedule adjustments are being made on Routes 10, 20, 31/32, 40 & 51/52

After 10 years, Sunday service is returning to Pasadena Transit as part of a three-year, \$772,507 Federal Transit Administration, Job Access Reverse Commute grant. This new Sunday service will help close a mobility gap in this popular local service on Routes 10, 20, 31/32, 40 and 51. Also, additional service will be provided during the weekdays on the very popular Route 20; the added service is funded by Measure M funds. Measure M was passed in November 2016 and is a half-cent sales tax to fund transportation project in Los Angeles County in perpetuity.

Riders on most routes will notice schedule adjustments to improve on-time arrival performance. Adjustments were based on customer and driver feedback and analysis of actual route travel times. Many of the scheduled "stop times" on this route have been shifted—in some cases by several minutes—so all riders are advised to check updated schedules on the City's website.

For more information on these service changes, please visit [pasadenatransit.net](http://pasadenatransit.net) or call (626) 744-4055.

## Repair Café at the Senior Center

Throw It Away? No Way! Saturday, July 14, from 10 a.m. to 1 p.m. Come to the Repair Café where tinkers, tailors and blade sharpeners will be on hand to repair your appliances, electronics, clothing, toys, tools, knives, jewelry and other items for free. There also will be a seed and seedling swap, gardening advisor, music for your enjoyment and the Reilly Free Market with 100 percent off everything—take away items and/or donate items. All are welcome! For more information or to volunteer as a repairer, email [contact@repair-cafe-pasadena.org](mailto:contact@repair-cafe-pasadena.org). This is a Zero Waste event hosted by Transition Pasadena (transitionpasadena.org). Pasadena Senior Center, is located 85 E. Holly St.

## Fourth of July Festival of Balloons Schedule



The City of South Pasadena is celebrating its 37th annual Festival of Balloons.

### **Kiwanis Club Pancake Breakfast**

Location: South Pasadena Fire Station, 817 Mound Avenue (enter on Hope Street, between Fremont Avenue and Mound Avenue). Time: 7:00 a.m. to 10:00 a.m. Pancake Breakfast Tickets, Day of: \$8.00 per person, kids under 6 years old eat for free.

### **Opening Ceremony**

Location: South Pasadena Library Community Room – lawn, 1115 El Centro Street. Time: 10:30 a.m.

### **Parade**

Location: Mission Street, from Diamond Avenue to Garfield Park. Time: 11:00 a.m.

### **Celebration at Garfield Park**

Location: Garfield Park, 1750 Mission Street. Time: 12:00 p.m. to 4:00 p.m. Details: Games, food, and activities

### **Fireworks Show**

Location: South Pasadena High School, 1401 Fremont Avenue.

Time: 9:00 p.m. (Gates open at 5:30 p.m.)

Details: Food vendors will be on site at the show. Pets are not allowed

- Stadium - Alcohol and glass bottles are not allowed in the stadium.

- Field - Only water is permitted on the field, no food. Rounded bottom chairs only on the field (narrow legs/feet of camping chairs will damage the turf).

**Fireworks Tickets**, Day of (July 4, 7:00 a.m. to 3:00 p.m.): \$10.00 per person. Kids under 3 years old are free:

- At the Pancake Breakfast (7:00 a.m. to 10:00 a.m.)

- At Diamond & Mission / City Hall / Fair Oaks & Mission (11:00 a.m. to finish of Parade)

- At Garfield Park (12:00 p.m. to 3:00 p.m.)

**Fireworks Tickets**, At the Gate (July 4, 5:30 p.m. to 3:00 p.m.): \$13.00 per person. Kids under 3 years old are free.

For more information visit: [facebook.com](http://facebook.com/SouthPasadenaFestivalofBalloons) (South Pasadena Festival of Balloons)

## Free Monthly Events at Pasadena Senior Center

There is something for everyone in May at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

### **Screening Mimis Film Club**

- **Tuesdays, July 3 and 17, at 3 p.m.** What used to require a monthly fee is now free! Classics, film noir, cult films, documentaries, shorts, foreign films, animated films and more are selected democratically by club members. Each screening is researched and its hidden history presented prior to each viewing. Lively discussions and Q&A follow each screening. Popcorn and other refreshments are provided. The film club is scheduled the first and third Tuesdays of every month. Email [mmeovary@aol.com](mailto:mmeovary@aol.com) for more information.

### **A Toast to the Joys of Music**

- **Tuesdays, July 3 to 31, from 9:30 to 11:30 a.m.** Tom Campbell returns to play his guitar and sing covers of traditional country, country rock, blues, folk, gospel and classic rock music made famous by The Grateful Dead, Vince Gill, Merle Haggard, B.B. King, Willie Nelson, Elvis Presley, The Rolling Stones and others.

### **Domino Club**

- **Thursdays, July 5 to 26, at 1 p.m.** Rollicking games of chicken foot dominoes will have you laughing as the tiles cascade! This game is easy enough for beginners yet challenging enough for seasoned players. For more information call Vicki Leigh at (928) 478-4654.

### **Friday Movie Matinees**

- **Fridays, July 6, 13 and 20, at 1 p.m.** Everyone enjoys the experience of watching movies and the pleasures they bring. July 6: "The Great Debaters" (2007, PG) starring Denzel Washington and Kimberly Elise. At a small African American college in the 1930s, a professor forms a student debate team that goes on to beat Harvard University in the national debate championships. The film is based on true events. July 13: "An Ordinary Man" (2017, R) starring Ben Kingsley and Hera Hilmar. An infamous Bosnian Serb war criminal who has spent years on the run, blending in to one new surrounding after another, discovers his new maid in a new location is a secret agent hired to protect him. July 20: "Chicago"

(2002, PG) starring Richard Gere and Catherine Zeta-Jones. Two female murderers, one a small-time chorus girl and the other a major Vaudeville star, find themselves on death row together and fight for the fame inside that will keep them from the gallows in 1920s Chicago with the help of a hotshot attorney and a scheming prison matron.

### **Sample Classes for Summer**

- **Monday and Tuesday, July 9 and 10, from 8:30 a.m. to noon.** Whether you're interested in taking a fitness course, learning a new language or pursuing a new hobby, come to Class Tasting events, meet the instructors and sit in on free mini-versions of fee-based summer courses. Each sample class lasts 30 minutes; regular classes begin July 16.

### **Case Management**

- **Wednesday, July 11, from 9:30 to 11:30 a.m.** Get assistance from YWCA Intervale with referrals for advocacy, counseling, food banks, home-delivered meals, homemaking and personal care, medical equipment, Social Security, supplemental income, Medi-Cal, CalFresh, transportation, and utility payments. Appointments are required: call (626) 795-4331. This service is offered in English and Spanish.

### **Scenic Walkers Club**

- **Wednesdays, July 11 to 25, at 10 a.m.** Join members of the Pasadena Senior Center's Scenic Walkers Club for walks to scenic local places to enjoy the great outdoors and get some exercise. For more information, including where to meet up each week, contact Scenic Walkers Club coordinator Alan Colville at [alancolville@charter.net](mailto:alancolville@charter.net).

### **Hypertension: The Silent Killer**

- **Thursdays, July 12, at 10 a.m.** Kathy Eastwood RN, a Huntington Hospital community outreach nurse, will explain the many ways to prevent or manage high blood pressure.

For more information visit [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.



## In Related News: Fireworks are Illegal in Pasadena

Due to the potential for fire hazards and injuries, Pasadena police and fire personnel will staff checkpoints around the stadium to search for and seize any fireworks. Parking enforcement officers will ensure that vehicles illegally parked in Pasadena's hillside areas on July 4th are impounded.

The Pasadena Fire Department will be applying Phos-Chek, on Monday, to brush areas around the Arroyo area. The main ingredients of this fire retardant are phosphates and fertilizers to help prevent plants from burning and to re-vegetate burned wildland areas.

Pasadena's Fire Chief Bertral Washington, Interim Police Chief John Perez and Public Health Officer Dr. Ying-Ying Goh urge everyone to make safety their top priority and offer the following reminders:

- Celebrate responsibly and always designate a driver.
- Stay hydrated, drink water or other nutritious fluids before becoming thirsty; limit alcohol & sugary drinks.
- If outdoors, remember to use sunscreen, wear a brimmed hat and seek shade, if needed.
- Fight the Bite, use bug spray/repellent to protect against mosquitoes.
- Many areas of the City, including outdoor areas, are designated as "No Smoking" zones. Smoking anything in "No Smoking" areas is strictly prohibited. Always make sure that whatever you smoke in an official smoking area is fully extinguished before disposing in an appropriate trash container.
- Always have someone tending the barbecue and watching the swimming pool when in use.
- Call 9-1-1 for all life-threatening emergencies.
- Call (626) 744-4241 for all other public safety needs.
- When calling for help, speak calmly, give accurate location information.

## Holden Honors Local Nonprofits

### *Nonprofit Flintridge Center recognized.*

This month, Assemblymember Chris Holden recognize the important role nonprofits play in the state. Holden said for over 100 years, nonprofit organizations have been at the forefront of important social movements including women's suffrage, the free speech and black liberation of the 1960's, and the need for better environmental protections across the country. Today, nonprofits include world-class hospitals and universities, arts and cultural organizations that manage meaningful programs

for children and families, and outdoor-focused groups that share a special appreciation for our parks and beaches.

There are currently over 80,000 nonprofits that help drive our economy, lead innovation, and champion hope and opportunity in California.

In commemoration of non-profit month, he recognized Pasadena's Flintridge Center from the 41st Assembly District. Established in 1986, the Flintridge Center works with formerly incarcerated adults and at risk youth to break the cycle of poverty and violence so they can find pathways to employment. Working with a network of service providers and public agencies to change lives and create healthy and safe communities, I believe Flintridge Center's successful reintegration services should be modeled throughout the state.



# ARCADIA

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Arcadia

Pasadena

Altadena

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## ARCADIA WOMAN'S CLUB INSTALLS OFFICERS



Arcadia Woman's Club President Cheryl Alberg (left) receives roses and a watering can from Installing Officer Marilyn Daleo during the Club's "flower garden" installation ceremony.

The Arcadia Woman's Club recently held its installation ceremony and luncheon in its historic Clubhouse on First Avenue. Members and guests enjoyed a delicious luncheon served by Cindy Aguilar and beautiful floral teapot centerpieces created by Ann Carlton, Doris Kading and Peggy Ulbrich.

Marilyn Daleo served as Installing Officer using a flower garden theme where each officer received a potted plant and a reference to a garden flower symbolizing the characteristics of their board responsibility. Repeating president Cheryl Alberg received beautiful roses and a watering can to symbolize nurturing the "club garden." Officers installed for the 2018-2020 term are president Cheryl Alberg, First Vice President Marilyn Daleo, Second Vice President Linda Mokler, Third Vice President Cindy Aguilar, Recording Secretary Barbara Lampman, Corresponding Secretary Joyce Platt, Financial Advisor Dianne Chapman, Senior Trustee Carol Anne Donahey and Junior Trustee Julia Fendrick.

The Arcadia Woman's Club has been providing service to the community for over 100 years in a variety of areas, many of which in the early years were significant to Arcadia's growth and history. This past year the organization focused

on domestic violence issues, orphaned children, books for Braille conversion and recently held a layette shower benefiting the San Gabriel Valley Pregnancy Help Center. The club also contributed to the initial construction of Arcadia's Vietnam War Memorial Monument in Arcadia Park and dedicated an adjacent bench. Last fall the club paid tribute to Veterans with a dinner and program with proceeds going for the installation of nighttime lighting on the monument. In May, Club members were on hand when the red, white and blue lighting illuminated the monument for the first time.

The Arcadia Woman's Club is open to women of any age with regular meetings held at 11 a.m. on the first Wednesday of the month, October to June. Summer activities include a Beach Bingo Blast on August 1 at 5 p.m. and a mid-day Open House on Wednesday, September 5, both at the Clubhouse at 324 South First Avenue, Arcadia. For information on membership or any of the club activities, contact Linda Mokler at 626-818-7779 or [llmokler@yahoo.com](mailto:llmokler@yahoo.com) or Cheryl Alberg at 626-287-2831 or [caja2@aol.com](mailto:caja2@aol.com).

## ARCADIA POLICE BLOTTER

*For the period of Sunday, June 17th, through Saturday, June 23th, the Police Department responded to 894 calls for service, of which 124 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Monday, June 18:

Shortly before 9:34 a.m., an officer responded to a residence in the 2400 block of Doolittle Avenue regarding a burglary report. The officer discovered unknown suspect(s) smashed a rear sliding glass door and entered the residence sometime between June 14 and June 18th. The loss is unknown. The investigation is ongoing.

At approximately 9:49 a.m., an officer responded to a business in the 100 block of North Santa Anita Avenue regarding a fraud investigation. The business owner discovered two fraudulent checks had been cashed resulting in a loss of \$1,865.00. The owner was in possession of the checks. The victim does not know how the suspect obtained their business's information or the identity of the suspect. The investigation is ongoing.

Just after 2:20 p.m., an officer responded to the 1000 block of East Camino Real Avenue regarding the activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed bait packages to combat the increase in property thefts throughout the city. The officer determined the 58-year-old male from Duarte was in possession of the stolen property. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 2:31 p.m., officers responded to a residence in the 700 block of North First Avenue regarding a possible transient sleeping in the vacant, for-sale location. An investigation revealed the suspect, a 28-year-old male from Hacienda Heights, damaged a rear window and screen in an effort to enter the residence and sleep. The suspect was arrested and transported to the Arcadia City Jail for booking.

Around 4:37 p.m., officers responded to the intersection of Live Oak Avenue and Sixth Avenue regarding a hit and run traffic collision. Based on witness statements, the officers located the black Camaro near Lynrose Street and Farner Avenue. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver's breath. The 48-year-old male from Rancho Cucamonga was arrested and transported to the Arcadia City Jail for booking.

### Tuesday, June 19:

Just before 12:10 p.m., an officer responded to the City of Arcadia Public Works Services Facility, 11800 Goldring Road, regarding a theft report. Surveillance footage revealed an unidentified suspect stole five tires and four steel wheels.

The suspect is described as a white or Hispanic male, approximately 25-years-old with short dark colored hair. He was driving a dark colored mid-size SUV. The investigation is ongoing.

At about 2:28 p.m., an officer responded to LensCrafters, 400 South Baldwin Avenue, regarding a theft report. A store employee witnessed two suspects enter the store and conceal nine pairs of sunglasses before fleeing. The reported loss is \$1,350.00.

The suspects are described as a Hispanic male, about

20-years-old, thin build, black hair, and wearing a black shirt with a "Nike" logo. The female suspect is described as Hispanic in her late teens or early twenties, wearing a white sleeveless shirt. The investigation is ongoing.

### Wednesday, June 20:

Shortly after 6:20 p.m., an officer responded to Chevron Gas Station, 11 East Live Oak Avenue, regarding theft report. An investigation revealed a female suspect was in possession of various stolen snacks from the gas station and was located a short time later by an assisting officer. The 27-year-old from Pico Rivera was arrested and transported to the Arcadia City Jail for booking.

Before 5:23 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a theft report. A loss prevention employee witnessed the suspect, a 15-year-old female from Duarte, conceal \$382.00 worth of merchandise in her purse before exiting the store, failing to make payment. She was apprehended, arrested, and transported to the Arcadia City Jail for booking.

### Thursday, June 21:

Around 1:52 a.m., an officer conducted an enforcement stop on a vehicle in the 100 block of East Huntington Drive for speeding. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from his person. Through a series of tests, the officer determined the suspect was driving with a blood alcohol content of .16%. The 29-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

At about 10:39 a.m., an officer responded to a residence in the 100 block of Diamond Avenue regarding an assault report. An investigation revealed an altercation between roommates escalated and resulted in the suspect threatening to kill the victim while holding a kitchen knife. The 48-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

### Friday, June 22:

Just before 2:16 a.m., an officer responded to a residence in the 1000 block of Mayflower Avenue regarding a burglary report. The officer discovered unknown suspect(s) smashed a front window, activated the alarm, and stole jewelry and cash before fleeing. The investigation is ongoing.

Shortly after 11:08 p.m., an officer responded to Hartfield Construction, 11908 Clark Street, regarding an alarm activation. An investigation revealed an unknown suspect used a rock to smash a front window and likely fled once the alarm activated. No suspects were seen, no witnesses were located, and no loss was reported.

### Saturday, June 23:

At approximately 9:01 a.m., an officer responded to Waxology, 709 South First Avenue, regarding a burglary report. The owner discovered an unknown suspect attempted to open one of the windows in an effort to enter the business. The suspect was not successful and no loss was reported. The investigation is ongoing.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## ATHENS SOLID WASTE SERVICE RATES SET TO INCREASE BY 5% BEGINNING JULY 1, 2018

– The Typical Residential Customer Will See an Increase of \$1.50 / Month

Pursuant to the City's current contract with Athens Services (Athens), the company is allowed annual rate increases, pursuant to an agreed upon schedule which factors in mandated State of California minimum wage adjustments, along with CPI related cost increases.

Late last week, representatives from Athens notified the City of their formal request to institute a 5% increase for solid waste services effective July 1, 2018. This particular adjustment takes into account both CPI and State minimum wage cost increases, and is actually less than what Athens could have contractually requested as a rate increase. Based on CIP increases and mandated minimum wage increases in California (\$11 / hour in 2018, \$12 / hour in 2019), Athens was eligible for an increase of 5.51%. After discussions with staff, Athens agreed to cap their increase request at 5% effective July 1, 2018.

Based on this cost adjustment request, the cost for trash / recycling services will be increasing by 5% beginning July 1, 2018. The actual dollar cost impact of the rate adjustment is projected to be as follows: For the typical residential customer (who is enrolled in the 90-gallon trash / recycling barrel program), solid waste services will increase by \$1.50 / month, from \$30.03 / month to \$31.53 /

month.

For the typical commercial / multi-family customer (who is enrolled in the one 3-yard bin which is serviced once per week), solid waste services will increase by \$11.70 / month, from \$172.24 / month to \$183.94 / month.

As City staff analyzed the proposed adjustments, we have also developed a unique program for Athens customers. There are times when adjusting solid waste service levels can end up saving a customer money, without impacting their trash service needs. To that end, if any Athens Services customer would like to have a 1-on-1 Solid Waste Services Optimization Meeting to explore possible ways of saving money for on your trash / recycling services bill, please contact Alex Tachiki, Senior Management Analyst, at (626) 932-5553, or via e-mail at [atachiki@ci.monrovia.ca.us](mailto:atachiki@ci.monrovia.ca.us). Alex will review each individual situation and work with each customer to determine the feasibility of making service changes that save money but don't impact trash / recycling needs.

In addition, if anyone else has any questions / concerns regarding this matter, please feel free to contact Alex Tachiki, Senior Management Analyst, at (626) 932-5553, or via e-mail at [atachiki@ci.monrovia.ca.us](mailto:atachiki@ci.monrovia.ca.us).

## MONROVIA POLICE BLOTTER

### Grand Theft Auto

June 21 at 9:08 a.m., a vehicle was reported stolen from the 400 block of E. Duarte Road. The reporting party arrived at work and noticed a U-Haul was missing from the street. The street was checked where the vehicle had been parked and broken glass was found on the ground. The incident was captured on video footage. The investigation is continuing.

### Shoplifting / Resisting & Delaying a Peace Officer / Felony Vandalism – Suspect Arrested

June 21 at 9:19 a.m., a business in the 1600 block of S. Mountain called to report a male subject had concealed a hammer underneath his jeans and walked out without paying for the merchandise. Officers arrived and searched for the subject, but he was not located. One of the officers viewed video footage and confirmed a crime had occurred.

A couple hours later, police dispatch received calls reporting a suspicious male subject walking onto several residents' property. Officers arrived, located the subject and took him into custody. The officer identified the subject as the shoplifting suspect from the video footage. The suspect was holding a black plastic bag, which contained the stolen hammer. The suspect would not provide officers with his personal information and he did not have identification in his possession. He was arrested and taken into custody.

At 3:42 p.m., the suspect was released with a citation to appear in court on the charges. As he was leaving the area, he walked by a citizen patrol unit that was parked along the curb on Lime. He stopped and used a lighter to vandalize the rear quarter panel of the vehicle. Two police employees witnessed the suspect committing this crime. Officers responded and the subject ran north through the public parking lot. The suspect was detained in the 100 block of E. Palm and was arrested.

### Vehicle Burglary

June 22 at 7:04 a.m., a vehicle burglary was reported in the 100 block of S. Fifth Avenue. The victim came out to his vehicle in the morning and discovered that the window he'd left slightly ajar was now completely broken and his wallet had been stolen out of the glove compartment. The investigation is continuing.

### Stolen Motorcycle Recovered

June 22 at 4:21 p.m., an officer was dispatched regarding a motorcycle that had been parked on the street for more than 72 hours. He ran a computer check on the identifying number and found the motorcycle had been reported stolen. The registered owner was not able to respond immediately, so the motorcycle was recovered and stored.

### Warrant / In Park After Closing Hours – Suspect Arrested

June 22 at 11:42 p.m., an officer was conducting extra patrol at Library Park in the 300 block of S. Myrtle and found a subject loitering in the park after closing hours. A computer check revealed he had an outstanding warrant.

He was arrested for the warrant and also charged with the municipal code violation for being in the park after closing hours.

### Warrant / In Park After Closing Hours – Suspect Arrested

June 23 at 12:16 a.m., an officer was conducting extra patrol at Recreation Park in the 700 block of E. Lemon when he found a subject loitering after the park was closed. A warrant check revealed he had an outstanding warrant. He was arrested for the warrant and also charged with the municipal code violation for being in the park after closing hours.

### Public Intoxication – Suspect Arrested

June 23 at 4:09 a.m., while on patrol in the 1600 block of S. Myrtle, an officer saw a male subject at a gas station who appeared intoxicated. He stopped to check on the subject and determined he was too intoxicated to care for himself or others. The subject was arrested for being drunk in public.

### Public Intoxication – Suspect Arrested

June 24 at 3:14 a.m., officers were on patrol in the area of California and Fig, when they saw a male subject asleep along the east curb of California. The subject was too intoxicated to care for his own well-being and was arrested for public intoxication.

### Violation of Temporary Restraining Order – Suspect Arrested

June 25 at 12:57 a.m., officers responded to a residence in the 200 block of E. Lime regarding a subject pounding on the back door. Officers arrived and contacted a subject who was recently served with a restraining order prohibiting him from being at the location. He was arrested for violation of the restraining order.

### Residential Burglary

June 25 at 3:51 p.m., a residential burglary was reported in the 1400 block of Alamitas. The residents were gone overnight, and when they returned home the next day, they found a television and clothing had been taken from the residence. There were no signs of forced entry. The investigation is continuing.

### Traffic Collision

June 25 at 5:46 p.m., a traffic collision was reported at Eighth and Duarte. A bicyclist was traveling in the opposite direction of vehicle traffic and was hit by a vehicle traveling at a slow speed. The bicyclist suffered minor injuries.

### Commercial Burglary

June 26 at 5:34 a.m., dispatch received a call reporting that a window to a business in the 600 block of S. Myrtle had been smashed. Officers arrived and cleared the business. No suspects were located inside, but the business had been burglarized. The investigation is continuing.

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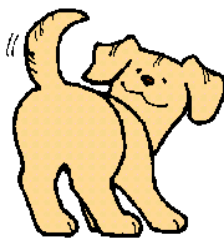
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## STING OF THE BOTHERED BEE

## Happy Tails

by Chris Leclerc



As a young child, I was terrified of any bug or insect I came into contact with, particularly those that I knew could bite or sting me. I'll never forget the first time I was stung by a bee. Or, to put it in more specific terms, the first time I was stung by an entire swarm of bees. I was five years old, and I knew very little about how nature works. I had yet to understand the creeping, crawling, flying creatures that lived outside the four walls of my comfortable home.

The angry bee attack was my own fault. I had spent the morning obnoxiously tapping on my parents' bedroom window, knowing there was a bee hive beneath the sill outside. I had been aggravating them as they flew to and from their nest, so I'm unsure why it came as a shock to me when I stepped out the front door a little later, to find myself covered with angry bees. Several found their way into my t-shirt and proceeded to plant their tiny, needle-like stingers deeply into the delicate skin of my neck and shoulders.

I immediately panicked and began yelling for someone to come and rescue me. Within moments my mother yanked my t-shirt off and took me back into the house where she applied a mixture of baking soda, peroxide and milk to the welts where the bees had stung. Meanwhile my temperature rose and I became quite queasy. I don't know which was more swollen by the end of that fiasco; my face, from crying so hard, or my back, from the numerous bee stings I'd sustained.

Eventually the raised, rosy-red marks went down and my fever subsided. I remember being amazed that my mother knew enough to use a homemade concoction to draw out the poison those bothered bees had injected into my skin. As it turns out, my loving mother had all kinds of alternative health care remedies up her sleeve. Good thing, too, since she had seven kids to keep up with.

To this day, I'm unsure why I felt the need to pester those poor bees. Maybe I got some sense of satisfaction annoying them from within the safety of my home. What I didn't know was that those bees had no desire to terrorize me, they were simply going about the business God created them for; to work hard, breed freely and protect their nest. It wasn't until later in life that I learned about the purpose of bees and the important role they play in nature, and I was finally able to let go of my fear.

Bees only attack as a response to aggravation. It is not in their nature to do so at random. So many aspects of life depend on the bee's persistent activity, so it is important that we humans leave them alone and allow them to go about their business. Another thing I didn't know back then is that a bee can feel the vibration of fear being emitted from a human, much in the same way

a dog can smell fear or danger.

The best thing to do if you happen to come into contact with a swarm of bees is to remain calm and back away slowly. If you handle the situation in this manner, bees are far more likely to ignore you and continue their work than to become aggravated and attack. If you become fearful and react with loud noises or sudden movements, they are likely to respond with aggression and give chase. For bees, it's all about being left alone to complete the task at hand.

Now that I know a little bit about bees, I'm able to relax and enjoy watching them do their work with no anxiety or fear. It is a fabulous feeling to sit calmly, feel their vibration, hear their buzzing and observe them as they fly about doing what they were created to do. This lesson in nature came with an additional bonus, above and beyond the fact that bees no longer sting me.

Somehow, understanding what makes bees "tick," and learning to trust them not to attack, has helped me come to a higher level of understanding about life, in general. Getting to know what bees are about has taught me to relax and let all of nature do it's thing. Every creature has a purpose, even the ones that seem scary. A little knowledge can go a long way. Certainly this approach to life beats living in fear and causing a disruptive ripple in nature's process.

There are so many lessons to be learned from the many creatures we share our lives on earth with. If we are willing students, all the other creatures can teach us how to be better human beings. Perhaps the proverbial "birds and the bees" story that we've historically attempted to tell our children during adolescence has more substance than we might have expected.

I believe that to achieve a true understanding of one's own purpose, one must learn to tolerate and be respectful of all other life forms. As I like to say, "love and let live". Relax, and enjoy your surroundings, fear-free. Even if this ideology doesn't resonate with you as it does with me, you might find yourself way less likely to get stung by a buzzing, bothered bee if you give it a try.



## LETTER TO HAPPY TAILS

I loved Chris Leclerc's quotes about animals! Some I'd heard but some I hadn't! All good to hear again. May I add a couple more?

- "Time spent with cats is never wasted" by Colette (Sidonie Gabrielle Colette)
  - "If you touch me you'll understand what happiness is," song, "Memory," from Cats musical by Andrew Lloyd Webber
- So true!  
Darlene Papa  
Lifeline for Pets

## BEST FRIEND

Gumdrop is a friendly and athletic two-year-old American Staffordshire terrier. She is a young lady with light brown and affectionate eyes, a chocolate coat with a creamy white chest and bouncy floppy ears. Weighing 50 pounds, this sporty girl has plenty of puppy energy for playtime and outdoor activities, yet she also does well on a leash. Gumdrop will need a safe enclosed home and may be best suited for a one dog family. She will be the perfect addition to a fun loving and active family. If you are looking for a spirited, sweet dog to join your family either at home or in long hikes up in the hills then please stop by and meet Gumdrop! Her adoption fee is \$145 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: [www.sgvhumane.org](http://www.sgvhumane.org).

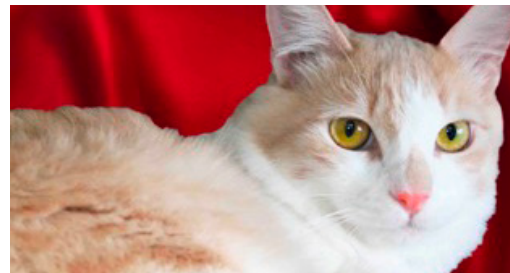


## HE PURRS! HE CUDDLES! HE NEEDS A HOME!

### Katnip News!



Lifeline for Pets presents for adoption: CHEETOS, a sweet, loving, beautiful male feline, born 9/2017. What a fun name for a fun boy! So friendly and



sweet & loves loves loves to cuddle with you. Call 626-676-9505 or email to arrange a Meet & Greet. Adoption info is on our website. Please SHARE! He really needs a HOME! Cheetos will come current on vaccines, neutered, and chipped. \$100.

Call 626-676-9505 or email us at [info@lifelineforpets.org](mailto:info@lifelineforpets.org) for more information. See more pictures and adoption information on our website, [www.lifelineforpets.org](http://www.lifelineforpets.org). DON'T MISS his adorable video: <http://www.lifelineforpets.org/young-cats.html>  
Good news: Baby Krissy is adopted.

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# THE WORLD AROUND US



## CHRISTOPHER Nyerges

### WHERE DOES ONE SEEK PARADISE?

[Nyerges is the author of such books as "Self-Sufficient Home," "Extreme Simplicity," "How to Survive Anywhere," and "Guide to Wild Foods." He has been teaching self-reliance skills

since 1974. He can be reached at Box 41834, Eagle Rock, CA 90041, or [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com).]

At one time, life stretched out like eternity, like the last scene from "The Good, The Bad, The Ugly," where you knew there were winners and losers and fools, and you hoped desperately that you'd be a winner. Well, at least a good guy. That's the perspective of a child, seeing the world through simplistic eyes, black and white, good and bad, right and wrong. That's good, really, but as Mark Twain once noted, there is enough good in the worst of us, and enough bad in the best of us, that we should quit pretending and start working together. At least Twain said something like that, and what he meant was that only in movies and childhood dreams do we ever get to see absolute clarity which doesn't exist in the real world.

In childhood, I assumed that the older bodies also contained minds that were more developed, and advanced, and therefore more objective and mature. I assumed that parents were the fair arbiters of disputes and that elected officials took those positions because they cared about the good of the people they represented. I believed in the Jimmy Stewart world of "It's a Wonderful Life," even though I never found it.

I believed that there must be a sanctuary of sanity somewhere where people practiced lives of sanity and non-prejudice, and where fraud and cheating were unheard of. I lived on a farm for awhile right after high school, and I felt that perhaps there, in the rough existence where your work resulted in a very tangible result that supported your existence, it was hard to cheat and defraud, and the folks had pride in their skills, their sense of community, and their honesty.

Could the urbanization of the world be part of the culprit in our fall from grace? Perhaps.

But it's still no excuse. Even if I never found Shangra-la on earth, I have not stopped believing in the principles by which such a place must exist. For example, you must keep your word. Yes, printed papers are OK for poor memories, and for those who are inclined to twist the words later to mean something else from the original intent. But when you twist your word, and bend your word, you bend your very soul, and you dis-integrate your very integrity. That's why my father always said to keep your word, that a person is only as good as their word. Even in middle-class Pasadena, my father knew that there was an ineffable something about the giving and keeping of your word. In Shangri-la, you would always keep your word.

In my vision of Paradise, there would be work, but the god that we all trusted wouldn't be money. Money, or some version of it, seems inescapable for daily commerce and for converting your work and time into a medium of useful, recognizable exchange.

But in Paradise, money would naturally be a tool to assist others to get their own enterprises going, and to provide for the common good. People would not be obsessed by money and would not be driven by the desire for money. Killing for money would be unheard of.

Work must have a tangible result, within the framework of a goal. A person must naturally feel uplifted by doing one's work, and when one knowingly works at a menial and pointless job to fulfill someone else's desires and goals, it's hard to feel uplifted.

Of course, bits and pieces of this Shangra-la exist right now, everywhere, in most people. I believe that everyone has an innate desire to find rightness, and even fairness, and everyone ultimately recognizes the objective reality of the Law of Thought, that what you think and what you do has ramifications that are scientific result of those specific thoughts and actions.

If you inwardly believe in the possibility of a Paradise on earth, you must start to grasp those principles of living and thinking that lead to Shangri-La. And though you must do so personally, on your own, it is fortunate that there are others, if you can find them, who are also seeking a higher road.

Shangri-La is not a place that you find, but rather, a place that you earn the right to be a part of, by the evolution of your thought and actions. What does that mean? What must someone do? Again, the answers are everywhere, hidden in plain view. They go by such names as learning to think, separating feeling from emotions, distinguishing empathy from sympathy, learning to use words precisely, working hard to see world events objectively, and not subjectively based on your personal cultural bias. It means learning the practical value and living the precepts taught by all the great Way-showers of history, from all cultures. Ever heard of the Golden Rule? That's a good place to start. How about the 10 Commandments? Another good starting point.

One winter night during high school, my friend Nathaniel and I bicycled into a little side canyon of the Angeles National Forest, and we made a safe little fire in our campground and talked about the meaning of life and how we thought that civilization might fail. It had never occurred to us that we are barely civilized now, and we only believe we are "civilized" because of our material wealth and technological toys. We bemoaned the fact that society is on the fast road to uncivil barbarousness, and wondered what could be done, and what should be done.

We always toyed with the idea of becoming hermits and hiding out in a cave somewhere, but both of us were way too social to live out our lives in a cave. By whatever choices we made, we felt that everyone should be a good example, and no one should assume that there is no hope for the future. Our civility, our culture, our sense of civilization, after all, is an internal concept that we first keep alive inside our thinking. Once that flame is bright within, it is proper to share with others, and attempt to be a part of the solution to the many problems we see all around.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### "WHAT DO YOU MEAN IT'S TIME TO GO HOME?"

We had just started our vacation, or so I thought, when the Gracious Mistress of the Parsonage said, "Hurry up; it's time to go home."

I have been married to my wife for almost 46 years and during that time, she has always teased me and tried to get my goat. My goat has long been gotten. So, I thought she was trying to tease me about our vacation time.

As she said that, I noticed she was packing her suitcase. That was just strange. She is really going all out to fool me into thinking it is time to go home. I, however, know better and cannot be fooled even by her.

I laughed most heartily and said, "That's a good one, but you can't fool me. We're on vacation."

When she was planning the vacation, it took her quite a while to convince me we were going on vacation. I got so caught up in "life," that I often do not realize I need to take a break every once in a while. However, when I take a break, I Take a Break. Looking at me rather strangely, she said, "Our vacation is over and we need to go home."

"But, I thought we were supposed to be on vacation for a week. Why do you want to go home early?"

"Oh, silly boy, we have been here for a week and our time is up and we must go home."

All I could do was just stare at her. I honestly thought we were only halfway through our vacation. Where does time go when you are trying to relax? I started the vacation with only one plan and that was to do nothing. I was just beginning to enjoy this "Nothing Plan" and needed a few more days to perfect it.

I guess I do have some of an obsessive aspect to my nature. When I start something, I don't want to stop until I have finished it. That's just a philosophy that I have had since I was a young boy. Why start something if you are not going to finish it? And, why start something new until you have finished what you had been doing?

That is why planning a vacation is so difficult. Whatever I am doing at the time I am obsessive about finishing it before going on to the next project. If I am working on a book, I cannot stop until it is finished and sent to the publisher. That is just my nature.

"Well," my wife said in a more joyful mood, "we did have a wonderful time here on our vacation. Don't you agree?"

I had to stop and process that thought. Certainly, I agreed with her on that level. Where I disagreed was that it was over. "Yes, we sure did have a good time, but I have a hard time believing it's over already."

She just laughed at me and finished packing her suitcase.

When on vacation, I usually do not take my watch. I do not want to know what time it is. Lunchtime is when I'm hungry and close to some restaurant. Nap time, is when I'm tired. No schedule. Just enjoying the moment I'm in at the time.

For my wife, vacation time gets her best planning schedule. Most of that schedule has to do with thrift stores. Every day in our vacation, she visited several thrift stores and brought back what she thought were "goodies."

I have learned long ago that when she is excited about one of her "goodies," I join in her excitement. Most of the time I have no idea what it is, but what does that have to do with anything?

"Look what I got," she says as she burst into the hotel room, "and I only paid \$3 for it. Wasn't that a bargain?"

I once made a mistake along this line. She came back with one of her purchases and I quickly pulled out my wallet that had \$26 in it and said, "Look what I saved today, \$26." Trust me, I never did that again. She responded by saying, "Great, you can buy supper tonight."

Vacation time means different things to different people. Years ago when I discovered what it meant to her, it made my vacation time all that much better.

I was begrudging the fact that our vacation time was over and slowly started packing my suitcase. I hope I got enough rest during this vacation. I am not sure you can get enough rest on any vacation, but at least I tried.

Driving home from our vacation, I could not help but think of that wonderful verse in the Old Testament. "Can two walk together, except they be agreed?" (Amos 3:3).

Working together doesn't mean you are dressed alike or you have the same likes and dislikes. Walking together means, you're going in the same direction.

Her likes happened to be thrift stores. She knows everything there is to be known about a thrift store. She knows every thrift store within a 100-mile radius.

Me, I know relatively little about a thrift store. If they have a shelf with some books on it, I will take some interest.

Driving home, she gave a detailed description of all the wonderful purchases she made at those thrift stores. It made her happy and therefore I was happy. That is what it means to "walk together."

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage, in Ocala, Florida. Call him at 352-687-4240 or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). The church web site is [www.whatafellowship.com](http://www.whatafellowship.com).



## TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

### SCANDINAVIA AND BEYOND

Any great food reporter who turns his attention to writing a travel piece should have a fork in one hand and a travel map in the other. Little did I know I would also need to up the credit line on my card and bring a wallet of kronor. I planned a trip to Oslo, Norway to compete in their Rock N' Roll Half Marathon, intending to run and fill the idle moments with foreign beer. My scouts told me that Norway and Sweden swam in cold suds, and the most popular was lager, or liquid gold as I call it.

The most popular routes of escape consist of a layover on the east coast and a possible stop in Frankfurt (another excuse to have another half liter of beer). Air Lufthansa, part of the Star Alliance, has plenty of flights which are easily booked through a travel agent, or you can keep an eye on Orbitz and Priceline. Plan to budget \$1300 to \$1600 for a roundtrip ticket. Most major hotel chains including Sheraton and Days Inn have locations in Oslo, but my friend Brad Turner, beat writer for the LA Clippers, suggested renting an apartment or flat in the city. I followed that advice in Bergen, Norway and cut our lodging expense in half compared to the major hotels, plus it came with a refrigerator so we could stock up on supplies and save additional cash. Norway, while rich in oil reserves, gets richer on a 25% alcohol tax whether you drink in a restaurant or buy from a state run liquor store.

National Geographic called the Fjords one of the top ten beautiful places in the world and I agree! Make sure you take a boat cruise -- two-hour, half-day and full-day trips are available. We spent the night in Flam and took the boat through the Fjords with the bookend cliffs and ribbons of water that wrap the imagination. If you're a museum junkie or history buff the Viking museum contains the explorer's age of small boats. In Sweden, I suggest the ABBA Museum - yes, the pop group has their own shrine - there is a small fee, but you get two hours of music and memories that will enchant your life. To get around Stockholm I took the Hop On/Hop Off bus. I like this way of seeing an entire city in one day at your own pace. If you are lucky enough to be in Sweden in late June there are plenty of city and country mid-summer celebrations where you'll discover it's their spirit that gets them through those icy winters.

For food, as you can imagine, salmon is plentiful, but an adventure of this magnitude calls for whale, elk, and reindeer, which are on many restaurant menus. I am happy to report they don't taste like chicken. The whale is a little salty, and cured as a beef jerky. Reindeer can be bought at many restaurants or outside markets, often sold like a pastrami roll. I had a fantastic elk burger at the Ardbeg Embassy in Stockholm. If you get frustrated in paying the high prices, look for a bakery and have some of the best sweet rolls in the world. The restaurants are expensive so look for Thai, Indian or Vietnamese if you hope to save a krona.

The best time to go is late June through September. In some parts of Norway there are year round blankets of snow to excite the desert creatures. Stockholm has more favorable weather conditions with temps reaching 75 degrees on a good day, but come November prepare for winter-like conditions. During the summer the sun is out most of the day, and while that makes it difficult to sleep, the 10 PM sunsets are spectacular.

For a more in-depth article check out [peterdills.com](http://peterdills.com) Listen to Dining With Dills on Sundays at 5 PM on AM 830 KLAA



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# Looking Up

with Bob Eklund



## NASA ASKS: WILL WE KNOW LIFE WHEN WE SEE IT?



In the last decade, we have discovered thousands of planets outside our solar system and have learned that rocky, temperate worlds are numerous in our galaxy. The next step will involve asking even bigger questions. Could some of these planets host life? And if so, will we be able to recognize life elsewhere if we see it?

A group of leading researchers in astronomy, biology and geology has come together under NASA's Nexus for Exoplanet System Science, or NExSS, to take stock of our knowledge in the search for life on distant planets and to lay the groundwork for moving the related sciences forward.

"We're moving from theorizing about life elsewhere in our galaxy to a robust science that will eventually give us the answer we seek to that profound question: Are we alone?" said Martin Still, an exoplanet scientist at NASA Headquarters, Washington.

In a set of five review papers published last week in

the scientific journal *Astrobiology*, NExSS scientists took an inventory of the most promising signs of life, called biosignatures. The paper authors include four scientists from NASA's Jet Propulsion Laboratory in Pasadena, California. They considered how to interpret the presence of biosignatures, should we detect them on distant worlds.

The assessment comes as a new generation of space and ground-based telescopes are in development. NASA's James Webb Space Telescope will characterize the atmospheres of some of the first small, rocky planets. There are plans for other observatories—such as the Giant Magellan Telescope and the Extremely Large Telescope, both in Chile—to carry sophisticated instruments capable of detecting the first biosignatures on faraway worlds.

Through their work with NExSS, scientists aim to identify the instruments needed to detect

potential life for future NASA flagship missions. The detection of atmospheric signatures of a few potentially habitable planets may possibly come before 2030, although determining whether the planets are truly habitable or have life will require more in-depth study.

Since we won't be able to visit distant planets and collect samples anytime soon, the light that a telescope observes will be all we have in the search for life outside our solar system. Telescopes can examine the light reflecting off a distant world to show us the kinds of gases in the atmosphere and their "seasonal" variations, as well as colors like green that could indicate life.

These kinds of biosignatures can all be seen on our fertile Earth from space, but the new worlds we examine will differ significantly. For example, many of the promising planets we have found are around cooler stars, which emit light in the infrared

spectrum, unlike our Sun's high emissions of visible light.

"What does a living planet look like?" said Mary Parenteau, an astrobiologist and microbiologist at NASA's Ames Research Center in Silicon Valley and a co-author. "We have to be open to the possibility that life may arise in many contexts in a galaxy with so many diverse worlds—perhaps with purple-colored life instead of the familiar green-dominated life forms on Earth, for example."

The NExSS scientists will create a framework that can quantify how likely it is that a planet has life, based on all the available evidence. With the observation of many planets, scientists may begin to more broadly classify the "living worlds" that show common characteristics of life, versus the "non-living worlds."

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).



## GOLDENWORDS

Dr. Dan's College Corner

## DON'T GET ALL "STEAMED" UP!"

Complement your high-analytic major with Humanities courses

In the past 20 years, American higher educational institutions have seen a large majority of students seeking to major in practical and pragmatic subject areas that, on the surface, seem to provide a workplace-ready profile upon graduation. Even our greatest liberal arts and sciences colleges, long resistant to 'vocational' areas of study, have begun to craft their own versions of such in-demand majors as Communications and Business Studies, and have designed dual-degree paths for students to get a second, more "practical" degree in these areas, as well as Engineering disciplines.

We have in recent years also put a lot of K-12 focus on the STEAM disciplines (acronym for Science, Technology, Engineering, Arts and Mathematics) as we try to close mathematical/scientific/technology gaps compared to many other nations, and seek to prepare our children for all kinds of jobs that are constantly intensifying in analytical components.

"Study programming and you'll get a job as a programmer; study programming but major in History and you'll own the company!" So spoke one of my Wheaton college alumni about her path into creating and owning her own software company in Boulder, CO. Her point is a simple and important one to consider.

When you counterbalance the analytical demands of majors in Engineering or Finance or Biochemistry and similar fields with more extensive studies in English and the Social Sciences (more than the puny requirements of many analytically-focused majors), it turns out you are developing core skills that will allow you to advance more quickly and creatively in your professional life path.

Your friend who majors, say, in Finance has tons of knowledge about mathematical models in business environments, has mastered the mysteries of regression analysis, LIFO-FIFO, Hog Belly Futures and more. But this narrow and intense expertise sometimes has come at the expense of developing subtle life and human relationship skills that come from studying literature, philosophy, politics, history.

This hypothetical friend may get a job more easily thanks to his course content relevance (and we hope thanks to some related internships he's done during summers, too), but he might find himself lagging in his organizational advancement. Turns out he needed more of the strengths that come from the nuanced and imprecise and elusive fields on the other side of his campus.

If you are really good at a precise core of knowledge, you get ahead up to a certain point, and then your reward is being asked to lead a team of other precision-focused employees. You quickly discover that you have tons of memo and report writing and employee evaluations to perform, you are on the spot every Tuesday when you have to give a 90 second verbal update in the presence of other managers and your Vice President, you have

make a case to your boss for more resources at budget time--all these and related situations turn out to need qualities and strengths you may have been neglecting since your last writing or speech class in college!

Thirty years ago, I hosted a Humanities and the Professions conference at the JFK Library in Boston. One of our keynoters was the CEO of the Hanes corporation (think pantyhose, underwear, sweatclothes). Gordon Hanes was a garrulous storytelling North Carolinian, but he was wise far beyond his drawl. He said: "I love hiring English Majors, because they make far more rapacious businesspeople. I can teach anyone my business in a summer except a Business Major, and I can't teach them how to read people, how to speak another language, how to sit at a dinner party among powerful foreign professionals and know what fork to use, and talk intelligently about politics, movies, everything but the admittedly boring details of my product lines. I need educated employees as my raw material, my uncombed cotton."

Not interested in being the next pantyhose CEO? Well, how about being marked for success at Google? The mega-tech company conducted a study, cited by professor Cathy Davidson of the CUNY Graduate Center, who writes the results "shocked everyone by concluding that, among the eight most important qualities of Google's top employees, STEM expertise comes in dead last.

The seven top characteristics of success at Google are all soft skills: being a good coach; communicating and listening well; possessing insights into others [including others' different values and points of view]; having empathy toward and being supportive of one's colleagues; being a good critical thinker and problem solver; and being able to make connections across complex ideas..."

Hmm, as professor Davidson reminds us, these traits are often byproducts of the study of literature, theatre, human history and more. So for students solely focused on their initial employability, the STEAM fields can give you an edge, but the stuff that gets taught in those other buildings on your campus will give you the edge for promotion and advancement in your workplace and in your life, too.

Save time for some academic cross-training in the Humanities and Social Sciences, study the imprecise and ambiguous and nuanced arenas of life--for they will teach you a whole other code beyond computation.

Dr. Dan Golden was the founding director of Life Planning at the Vistamar School in El Segundo. He was a professor, program director and Dean for Work & Service-Learning at Wheaton College (MA), and now consults with individuals, schools and educational districts on college access, post-graduate study and career planning issues. He can be reached at [dangolden0@gmail.com](mailto:dangolden0@gmail.com).

# SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255

Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410

Head of School, Carl Parke  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Mrs. Courtney Kassakhian

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson

Email: [schools@monroviak12.ca.us](mailto:schools@monroviak12.ca.us)  
Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay Lewis  
E-mail address: [lewis.lindsay@pusd.us](mailto:lewis.lindsay@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626)599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

Arcadia Christian School  
1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - and TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acsllions.com](mailto:inquiry@acsllions.com)  
Principal: Cindy Harmon  
website: [www.acsllions.com](http://www.acsllions.com)

# THE GOOD LIFE

## SIMPLE GADGETS THAT CAN HELP OLDER DRIVERS

Dear Savvy Senior,

Are there any specific auto gadgets you can recommend that can help senior drivers? Both of my parents are in their eighties and still pretty good drivers, but due to arthritis and age they're very stiff, which causes them some driving problems.

Researching Daughter

Dear Researching,

To help keep senior drivers safe and prolong their driving years, there's a plethora of inexpensive, aftermarket vehicle adaptations you can purchase that can easily be added to your parent's vehicles to help with many different needs. Here are some good options.

### Entry and Exit Aids

To help arthritic/mobility challenged seniors with getting into and out of their vehicle, there are a variety of portable support handles you can buy, like the "Emson Car Cane Portable Handle" (\$12), which inserts into the U-shaped striker plate on the doorframe. And the "Standers CarCaddie" (\$13) nylon support handle that hooks around the top of the door window frame.

Another useful product is the "DMI Deluxe Swivel Seat Cushion" (\$22), which is a round portable cushion that turns 360 degrees to help drivers and passengers rotate their body into and out of their vehicle.

### Enhanced Rear Vision

To help seniors with limited upper body range of motion, which makes looking over their shoulder to back-up or merge into traffic difficult, there are special mirrors you can add as well as back-up cameras.

For starters, to widen rear visibility, eliminate blind spots and even help with parallel parking, get an oversized rear view mirror like the "Allview Rearview Mirror" (\$50) that clips on to the existing mirror. You should also purchase some "Ampper Blind Spot Mirrors" (\$7.50), which are 2-inch adjustable convex mirrors that stick to the corner of the side view mirrors.

Another helpful device is the "Auto-vox MIW Wireless Backup Camera Kit" (\$110). This comes with a night vision camera that attaches to the rear license plate, and a small monitor that mounts to the dash or windshield. When the vehicle is in reverse, it sends live images wirelessly to the monitor so you can see what's behind you.



### Seat Belt Extenders

To make buckling up a little easier, there are a variety of seat belt extension products offered by Seat Belt Extender Pros like the "Seat Belt Grabber Handle" (\$8), which is a rubber extension handle that attaches to the seat belt strap to make it easier to reach. And the "7-inch Rigid Seat Belt Extender" (\$20) that fit into the seat belt buckle receiver to add a few inches of length, making them easier to fasten.

### Gripping Devices

If your parents have hand arthritis that makes gripping the steering wheel, turning the ignition key or twisting open the gas cap difficult or painful, consider these products.

The "SEG Direct Steering Wheel Cover" (\$15) that fits over the steering wheel to make it larger and easier to grip. The "Ableware Hole-In-One Key Holder" (\$9), which is a small plastic handle that attaches to the car key to provide additional leverage to turn the key in the ignition or door. And for help at the pump, the "Gas Cap & Oil Cap Opener by Gascapoff" (\$12) is a long handled device that works like a wrench to loosen and tighten the gas cap.

All of these products can be found online at Amazon.com. Just type the product name in the search bar to find them.

### Safety and Security

To help ensure your parents safety, and provide you and them peace of mind, they should also consider an in-car medical alert system like "splitsecnd." Offered through Bay Alarm Medical (BayAlarmMedical.com, \$30/month), his small device plugs into the vehicle's cigarette lighter to provide 24/7 roadside and emergency assistance at the push of a button, automatic crash detection and response, and GPS vehicle location and monitoring capabilities.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

# SENIOR HAPPENINGS

## HAPPY BIRTHDAY! ...June Birthdays\*

Joanne Thrane, Nellie Haynes, Dorothy McKay, Theresa Daley, Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Jacque Persing, Jeanne Peterson and Grace Sanders

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



art of Hula.

**Bingo Time:** Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people.

**Free Blood Pressure Testing:** 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

**Brain Games:** Join us on Thursday, April 19th at 10:30a.m. to 11:30a.m for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Games facilitated by Senior Volunteers.

**Free Legal Consultation:** Wednesday, April 18th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Please call Hart Park House for an appointment, 626-355-7394.

**Senior Club:** Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

**Chair Yoga:** Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

\* A voluntary donation of \$5.00 per week is suggested but not required.

**Birthday Celebrations:** Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Sierra Madre Civic Club!

**Free Strength Training Class:** Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment is provided.

**Tax Assistance:** Every Wednesday beginning on February 7th through April 11th from 1:00p.m. to 2:00p.m ...Don Brunner is available for income tax consultation...

\*\*Appointments are required by calling the Hart Park House Office 626-355-7394\*\*

\*\* Call Community Services Department for details about the "Ear to Ear Program" returning in 2018\*\* 626 - 355 - 5278



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Home: 2,067 sq. ft. + Lot: 7,356 sq. ft.



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Offered at: **\$729,000**

[2908Allenton.com](http://2908Allenton.com)

4BR/3BA. True entertainer's two-level home on a lovely tree-lined street. Features a living room with fireplace

Home: 2,226 sq. ft. + Lot: 10,860 sq. ft.

2329 Warwick Avenue  
Los Angeles

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[2329Warwick.com](http://2329Warwick.com)

2BR/1BA. Features a large enclosed patio with fireplace, large deck, 2-car garage and more in an up & coming area.

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Sierra Madre

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2503 Crary Street  
Pasadena

3BR/2BA. Detached 2-car garage, eat-in kitchen, formal living room, dining room, E. facing deck/patio adjacent to kitchen, completely finished attic space, gated yard.

# Happy 4<sup>th</sup> of July!

Let the 4<sup>th</sup> of July remind us of this  
Great Country we live in,  
It is the Spirit & Glory of this Great Nation  
That gives us Freedom & Joy,  
It is a day of Sacrifice & Pride,

It is a day of Struggle & Strive,  
Let us celebrate this day in a grand way,  
And together we should say  
I Love my Country!  
Happy Independence Day!



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Where Your  
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# Mountain Views News

Sierra Madre Edition: Sierra Madre - Arcadia - Monrovia - Duarte

Pasadena Edition: Pasadena - South Pasadena - Altadena - San Marino

SATURDAY, JUNE 30, 2018

SECTION B

IN CONGRESS, JULY 4, 1776.

## The unanimous Declaration of the thirteen united States of America.

When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation. — We hold these truths to be self-evident, that all men are created equal; that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. — That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, — That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government; and to provide new Guards for their future security. — Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world. — He has refused his Assent to Laws, the most wholesome and necessary for the public good. — He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them. — He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only. — He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their Public Records, for the sole purpose of fatiguing them into compliance with his measures. — He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the People. — He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within. — He has endeavoured to prevent the population of these States; for that purpose obstructing the Law for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands. — He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers. — He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries. — He has erected a multitude of New Offices, and sent hither swarms of Officers to harass our people, and eat out their substance. — He has kept among us, in times of peace, Standing Armies without the Consent of our Legislature. — He has affected to render the Military independent of and superior to the Civil power. — He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation: — For quartering large bodies of armed troops among us: — For protecting them, by a mock Trial, from punishment for any Murders which they should commit on the Inhabitants of these States: — For cutting off our Trade with all parts of the world: — For imposing Taxes on us without our Consent: — For depriving us in many cases, of the benefits of Trial by jury: — For transporting us beyond Seas to be tried for pretended offences: — For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies: — For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments: — For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever. — He has abdicated Government here, by declaring us out of his Protection and waging War against us. — He has plundered our seas, ravaged our coasts, burnt our towns, and destroyed the lives of our people. — He is at this time transporting large Armies of foreign Mercenaries to complete the works of death, desolation and tyranny, already begun with circumstances of cruelty, perfidy, and savage parallelism in the most barbarous ages, and totally unworthy the Head of a civilized nation. — He has constrained our fellow Citizens taken Captive on the high seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands. — He has incited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions. In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered by repeated injury. A Prince, whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people. Nor have We been wanting in attentions to our British brethren. We have warned them from time to time of attempts by their Legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be, Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. — And for the support of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

Button Gwinnett  
Lyman Hall  
Geo. Walton.

John Hooper  
Joseph Hewes  
John Penn

Edward Rutledge

Thos. Mays  
Thomas Lynch  
Arthur Middleton

Lamont Chase  
Wm. Paine  
Thos. Stone

George Wythe  
Richard Henry Lee  
Th. Jefferson  
Wm. Harrison  
Th. Nelson Jr.  
Francis Lightfoot Lee  
Carver Braaten

John Hancock

Robt Morris  
Benjamin Rush  
Benj. Franklin  
John Morton

Geo. Taylor  
James Wilson  
Gt. W. Ross  
Cesar Rodney  
G. Mifflin  
Thos. McKean

Edw. Mifflin  
Phil. Livingston  
Sam'l Lewis  
Lewis Morris

Richd. Stockton  
Jos. Wickham  
Thos. Fitzgibbon  
John Kent  
Abra. Clark

Joshua Bartlett  
Wm. Whipple  
Sam'l Adams

John Adams  
Robt. R. Rains  
Elbridge Gerry  
Step. Hopkins

William Ellery  
Roger Sherman  
Sam'l Huntington  
Wm. Williams  
Oliver Wolcott  
Matthew Thornton



## The Declaration of Independence:

A TRANSCRIPTION

IN CONGRESS, July 4, 1776.

The unanimous Declaration of the thirteen united States of America,

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.--Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the public good.  
He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.  
He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.  
He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their public Records, for the sole purpose of fatiguing them into compliance with his measures.  
He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the people.  
He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.  
He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.  
He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers.  
He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.  
He has erected a multitude of New Offices, and sent hither swarms of Officers to harrass our people, and eat out their substance.  
He has kept among us, in times of peace, Standing Armies without the Consent of our legislatures.  
He has affected to render the Military independent of and superior to the Civil power.  
He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:  
For Quartering large bodies of armed troops among us:  
For protecting them, by a mock Trial, from punishment for any Murders which they should commit on the Inhabitants of these States:  
For cutting off our Trade with all parts of the world:  
For imposing Taxes on us without our Consent:  
For depriving us in many cases, of the benefits of Trial by Jury:  
For transporting us beyond Seas to be tried for pretended offences  
For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies:  
For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments:  
For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.  
He has abdicated Government here, by declaring us out of his Protection and waging War against us.  
He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our people.  
He is at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.  
He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands.  
He has excited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions.

In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. A Prince whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people.

Nor have We been wanting in attentions to our Brittish brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

*Note: The 56 signatures on the Declaration appear in the positions indicated.*

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Georgia: Button Gwinnett Lyman Hall George Walton	North Carolina: William Hooper Joseph Hewes John Penn South Carolina: Edward Rutledge Thomas Heyward, Jr. Thomas Lynch, Jr. Arthur Middleton	Massachusetts: John Hancock Maryland: Samuel Chase William Paca Thomas Stone Charles Carroll of Carrollton Virginia: George Wythe Richard Henry Lee Thomas Jefferson Benjamin Harrison Thomas Nelson, Jr. Francis Lightfoot Lee Carter Braxton	Pennsylvania: Robert Morris Benjamin Rush Benjamin Franklin John Morton George Clymer James Smith George Taylor James Wilson George Ross Delaware: Caesar Rodney George Read Thomas McKean	New York: William Floyd Philip Livingston Francis Lewis Lewis Morris New Jersey: Richard Stockton John Witherspoon Francis Hopkinson John Hart Abraham Clark	New Hampshire: Josiah Bartlett William Whipple Massachusetts: Samuel Adams John Adams Robert Treat Paine Elbridge Gerry Rhode Island: Stephen Hopkins William Ellery Connecticut: Roger Sherman Samuel Huntington William Williams Oliver Wolcott New Hampshire: Matthew Thornton



### Inside This Section:

WHAT THE DECLARATION OF INDEPENDENCE ACTUALLY SAYS  
SIERRA MADRE JULY 3RD & 4th ACTIVITIES  
PASADENA'S



## SIERRA MADRE FOURTH OF JULY

For over 50 years the Sierra Madre Community has joined together in celebration of the great American tradition with music, picnics, games and the ever popular 4th of July Parade. Residents and guests crowd Sierra Madre Boulevard to watch youngsters on their patriotic bikes stroll down the route along side hometown heroes like the Sierra Madre Search and Rescue Team and Sierra Madre Fire Department. The Official Sponsor of the 2018 Parade is The Kensington. The Kensington-Sierra Madre is an assisted living and memory care residence in the heart of Sierra Madre, along the parade route.

The Sierra Madre 4th of July Committee is pleased to honor retired Fire Chief Stephen Heydorff as the 2018 Fourth of July Parade Grand Marshal. "The Grand Marshal is a person or persons whose efforts over a long period of time has been beneficial to the community of Sierra Madre. The title of Grand Marshal is intended to honor a person or persons' volume of work, dedication and overall enhancements to our community." Steve's 30 plus years on the Fire Department are shining examples of this.

Pre-parade Party - before the parade on the 4th, the town will be rockin' in Memorial Park for the Pre-Parade Party & Picnic on July 3rd from 5:30 - 10:30 pm featuring the outstanding local rock music of Groovy Lemon Pie and for the not to be missed Bubblewrap fireworks at 8:00 pm. Kids and grown-up alike stopping on hundreds of square feet of bubble wrap making the sounds of shooting fireworks. Other park activities include the Friends of SMLL Beer Garden (sales benefit youth sports), Civic Clubs famous confetti eggs, Sierra Madre Community Foundation Dunk Tank (where you might be able to dunk a local celebrity) and tons of food for purchase.

## Community Picnic Dunk Tank Schedule for July 3rd - Memorial Park

5:30 PM Rachelle Arizmendi, City Councilmember  
6:00 PM Carol Canterbury, Chamber of Commerce  
6:30 PM Carl Parke, Head of Gooden School  
7:00 PM Gabe England, Sierra Madre City Manager  
7:30 PM John Harabedian, Mayor Pro Tem  
8:00 PM Lindsay Lewis, Principal Sierra Madre Elementary School

And in the morning (July 4th) folks are asked to hit the streets for the 8th Annual Spero Foundation's Fire Cracker Fun Run. Shotgun start at 8:00 - 9:30 am (check in 7:00 - 7:45 am) in Kersting Court. This unofficial 5K Fun Run is geared for the entire family to enjoy - although untimed a clock is provided. All runners and walkers of all ages welcome. Walkers with strollers and dogs on leashes are encouraged to participate as this is a true community event! Registration is available online at [www.cityofsierramadre.com/online-registration](http://www.cityofsierramadre.com/online-registration). The cost is \$28.00 per entry regardless of age and you can still register! We highly encourage everyone to dress up and show their patriotism with the most creative outfit possible RED, WHITE & BLUE- so show your support for the Stars and Stripes.

Immediately, following the 5K is the Annual 4th of July parade which kicks off at the corner of Sierra Madre Blvd. and Sunnyside Avenue at 10 am sharp! Parade travels down Sierra Madre Blvd to Sierra Vista Park where the party keeps going.

The after-parade Community picnic & Celebration starts at 11:00 am with featured Music from the Wabash Wailers. Sierra Madre Pool will be open for FREE and the highlight of the afternoon are the games with the park with the ladies of Civic Club. Wanna throw water balloons at your friends, or challenge your folks to a three-legged race or sack race. This is the place to be. There will also be a Home Run Derby and food for sale.

To assist visitors in getting around there is a FREE SHUTTLE on the 4th from 12:00 - 2:15 pm to and from the Community Picnic at Sierra Vista Park. Stops on Sierra Madre Blvd @ Sunnyside, Memorial Park, Baldwin & Sierra Vista Park.

For more information or to donate to support the activities of the Sierra Madre 4th of July visit <http://www.sierramadrefourthofjuly.com>.

The volunteers of the Sierra Madre 4th of July Committee extends our gratitude to all the members of the Sierra Madre community for their generosity, support and donations. Every penny counts and this event could not happen without you. Thank you.

PARADE TITLE SPONSOR  
THE KENSINGTON

## PATRIOT SPONSORS

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SIERRA MADRE CIVIC CLUB  
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I live and work in Sierra Madre, throughout the San Gabriel Valley. Call me to help you with all your real estate needs 626.627.4903!

# Jacquie Pergola

Your Neighbor & Local REALTOR®



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PROPERTIES

Consistent Top Producing Agent // [jacquie@jacquiepergola.com](mailto:jacquie@jacquiepergola.com)

30 N. BALDWIN AVENUE, SIERRA MADRE

#01069687

## SIERRA MADRE 4th of July

### JULY 3RD

Pre-Parade Party & Picnic  
MEMORIAL PARK 5:30 - 10:30  
FRIENDS OF SMLL BEER GARDEN  
GROOVY LEMON PIE 6:30 - 9:30  
CIVIC CLUB - CONFETTI EGGS  
COMMUNITY FOUNDATION - DUNK TANK  
CERT - GLOW STICKS & BOTTLED WATER  
BUBBLEWRAP FIREWORKS  
KIDS FUN ZONE  
SIERRA MADRE PIZZA CO  
SERVED BY AND BENEFITTING KIWANIS  
VFW - BBQ SANDWICHES, KONA ICE  
SIERRA FUSION, SLAMMIN' SLIDERS  
TWOHEYS, GOURMET GENIE, TAINAMITE  
FOOD TRUCKS ARE SUBJECT TO CHANGE WITHOUT NOTICE

### JULY 4TH

The Spero Foundation's 8th Annual  
**FIRECRACKER FUN RUN**  
KERSTING COURT 8:00 - 9:30  
CHECK IN 7:00 - 7:45  
Adults \$ 25.00 Youth under 10 \$ 20.00  
THIS UNTIMED, 5K FUN RUN IS PERFECT FOR  
THE ENTIRE FAMILY TO ENJOY  
DRESS IN YOUR BEST RED, WHITE AND BLUES  
**REGISTER ONLINE**  
[WWW.SIERRAMADRE4THOFJULY.COM](http://WWW.SIERRAMADRE4THOFJULY.COM); FUN RUN TAB

### JULY 4TH

Sierra Madre Woman's Club  
Annual Pre-Parade Open House  
PRE-PARADE OPEN HOUSE  
**COMPLIMENTARY**  
CONTINENTAL BREAKFAST  
OPEN TO ALL 8:00 - 10:00  
550 W SIERRA MADRE BLVD  
SIERRA MADRE, CA 91024

### JULY 4TH

**SIERRA MADRE 2018 4th of July PARADE**  
10:00 - 12:00 - SIERRA MADRE BLVD  
THANK YOU TO OUR PARADE SPONSOR  
**THE KENSINGTON**

### JULY 4TH

12:00 - 2:00  
**FREE SHUTTLE**  
STOPS ON SIERRA MADRE BLVD AT SUNNYSIDE,  
MEMORIAL PARK, BALDWIN & SIERRA VISTA PARK

**THANK YOU SIERRA MADRE FOURTH OF JULY SPONSORS**

SIERRA MADRE COMMUNITY FOUNDATION  
RT ROGERS BREWING CO  
sierra madre  
CIVIC CLUB  
VFW  
ALVERNO  
VOSS  
SECURITAS  
THE KENSINGTON  
Sierra Madre  
Mountain Views News

Arcadia Association of Realtors, David Howard, Patrick & Jill Holl and Julia & David Hagie

### JULY 4TH

Community Picnic & Games  
SIERRA VISTA PARK 11:00 - 2:00  
COMMUNITY GAMES 12:00(approx)  
MUSIC FROM THE WABASH WAILERS  
FREE ADMISSION TO WATERWORKS  
@ THE SIERRA MADRE POOL  
CIVIC CLUB CONFETTI EGGS  
ALVERNO HEIGHTS ACADEMY  
**COMMUNITY GAMES**  
SLAMMIN' SLIDERS, SIERRA FUSION  
GOURMET GENIE, KONA ICE, TAINAMITE  
FOOD TRUCKS ARE SUBJECT TO CHANGE WITHOUT NOTICE



75 N. Baldwin Ave  
Sierra Madre, CA 91024  
Tuesdays - Saturdays 11am - 4ish  
626.355.0045  
[TheFourSeasonsTeaRoom.com](http://TheFourSeasonsTeaRoom.com)

## Let Us Make Our Town, Your Town.



## THE WEBB-MARTIN GROUP



Katie Orth  
626.688.0418  
[KatieO@podley.com](mailto:KatieO@podley.com)  
#00942500



Judy Webb-Martin  
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[JudyWebb-Martin@podley.com](mailto:JudyWebb-Martin@podley.com)  
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626.975.4033  
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[JanGreteman.com](http://JanGreteman.com)  
#01943630

## What Makes A Legend?

Combined Team Stats:

- 85 Years' Experience
- 1000+ Transactions
- 108 Years as Sierra Madre Residents

Kersting Court  
30 N. Baldwin Avenue  
Sierra Madre 91024



# Jeff's Book Pics

By Jeff Brown

## The American Revolution: A History

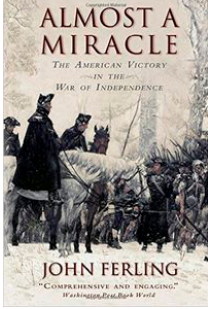
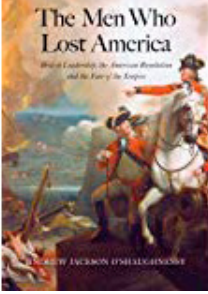
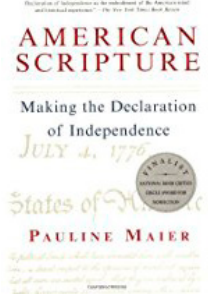
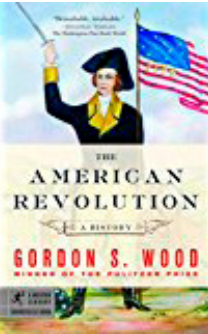
by Gordon S. Wood

A magnificent account of the revolution in arms and consciousness that gave birth to the American republic. When Lincoln sought to define the significance of the United States, he naturally looked back to the Revolution. He knew that the Revolution not only had legally created the United States, but also had produced all of the great hopes and values of the American people. Our noblest ideals and aspirations—our commitments to freedom, constitutionalism, the well-being of ordinary people, and equality—came out of the Revolutionary era. Lincoln saw as well that the Revolution had convinced Americans that they were a special people with a special destiny to lead the world toward liberty. The Revolution gave birth to whatever sense of nationhood and national purpose Americans have had. 13 insignificant colonies 3000 miles from the centers of Western civilization fought off British rule to become, in fewer than 30 years, a huge, sprawling, republic of nearly 4 million citizens.

## Almost a Miracle: The American Victory in the War of Independence

by John Ferling

In this gripping chronicle of America's struggle for independence, award-winning historian John Ferling transports readers to the grim realities of that war, capturing an eight-year conflict filled with heroism, suffering, cowardice, betrayal, and fierce dedication. It was a war that America came much closer to losing than is now usually remembered. General Washington put it best when he said that the American victory was "little short of a standing miracle." The book offers an illuminating portrait of America's triumph, offering vivid descriptions of all the major engagements, from the first shots fired on Lexington Green to the surrender of General Cornwallis at Yorktown, revealing how these battles often hinged on intangibles such as leadership under fire, heroism, good fortune, blunders, tenacity, and surprise. Ferling paints portraits of the key figures in the war, including General Washington and other American officers and civilian leaders. Some do not always measure up to their iconic reputations, including Washington himself. The book also examines the many faceless men who soldiered, often for years on end, braving untold dangers and enduring astounding miseries. The author explains why they served and sacrificed, and sees them as the forgotten heroes who won American independence.



## My Dearest Friend: Letters of Abigail and John Adams

by Abigail Adams and John Adams

John and Abigail Adams corresponded throughout the war because John was so often away from home, in Congress or serving abroad as a diplomat. Their earliest letters, from the First Continental Congress in 1774 through the Declaration of Independence, make a unique record. Both Adamses were great correspondents, observant, tart and passionate. John's prickliness and pomposity show through, subsumed by his intelligence and patriotism, while Abigail writes with the ardor of an American caught up in the cause and the anxiety of a wife and mother trying to hold it together on the home front. Her account of the Battle of Bunker Hill, which she could hear from the family house in Braintree, is a grim bulletin. "My bursting heart must find vent at my pen. . . . Almighty God, cover the heads of our countrymen, and be a shield to our dear friends. How [many have] fallen we know not — the constant roar of the cannon is so [distressing] that we cannot eat, drink or sleep."

## The Men Who Lost America: British Leadership, the American Revolution and the Fate of the Empire

by A.J.O'Shaughnessy

How did the British Empire lose the American colonies? Instead of being undermined by their leaders or military commanders, O'Shaughnessy focuses on the British side of the war to understand what ultimately undermined their campaign against the colonies. Not surprisingly, he discovers a fascinating story where internal British political and economic concerns, the doggedness of the revolutionaries, and the distance between Britain and the colonies slowly degraded the ability and the willingness of the British to continue fighting.

## American Scripture: Making the Declaration of Independence

by Pauline Maier

Maier's book does a masterful job both explaining the origins of the Declaration of Independence and how the Second Continental Congress transformed itself into a national government. Maier's book may be the best book about the Declaration of Independence. It is absolutely essential if you want to understand why the Declaration was created and what it was designed to accomplish.

# FAMILY MATTERS

By Marc Garlett



## PROTECTING THE FINANCIAL FUTURE OF YOUR CHILD WITH SPECIAL NEEDS

It always surprises me to hear parents who have a child with special needs tell me that they were not aware of what they needed to do to ensure the future well-being and care of their child is properly handled. Or sometimes, they tell me they didn't know they needed to do anything at all.

If that's you, and you have a child with special needs at home, this article is for you. And if you have friends or family who have a child with special needs, please share this article with them. Every parent who has a child with special needs MUST understand what's needed to provide for the emotional, physical, and financial needs of their child, if and when something happens to them.

### Naming Guardians

Of course, the first and most critical step in ensuring the well-being and care of your child with special needs' future is to name both short and long-term legal guardians to take custody of and care of your child, in the event of your death or incapacity. And as you well know, this responsibility doesn't end at age 18, if your child will not grow into an adult who can independently care for him or herself.

While we understand this lifetime responsibility probably feels overwhelming, we've been told repeatedly by parents that naming legal guardians in writing and knowing their child will be cared for in the way they want, by the people they want, creates immense relief.

Beyond naming a guardian, you'll also need to provide financial resources to allow your child to live out his or her life in the manner you desire. This is where things can get tricky for children with special needs. In fact, it may seem like a

"Catch-22" situation. You want to leave your child enough money to afford the support they need to live a comfortable life. Yet, if you leave money directly to a person with special needs, you risk disqualifying him or her for government benefits.

### Special Needs Trusts

Fortunately, the government allows assets to be held in what's known as a "special needs trust" to provide supplemental financial resources for a physically, mentally, or developmentally disabled child without affecting his or her eligibility for public healthcare and income assistance benefits.

However, the rules for such trusts are complicated and can vary greatly between different states, so a comprehensive special needs trust needs to be properly structured and appropriate for your child's specific situation.

There are two ways to set up a special needs trust. In certain situations, we build it into your revocable living trust, and it will arise, or spring up, upon your death. From there, assets that are held in your revocable living trust will be used to fund your child's special needs trust.

In other cases, we can set up a special needs trust that acts as a vehicle for receiving and holding assets for your child now. This makes sense if you have parents or other relatives who want to give your child with special needs gifts sooner rather than later.

Once the trust is funded, it's the trustee's job to use its funds to support the beneficiary without jeopardizing eligibility for government benefits. To handle this properly, the trustee must have a thorough understanding of how eligibility for such benefits works and stay current with the law. The trustee is also required to pay the beneficiary's taxes, keep detailed records, invest trust property, and stay current with the beneficiary's needs.

If you need help creating a special needs trust for your child, contact us. We can develop a sustainable living plan for your child with special needs that will provide her or him with the financial means they need to live a full life, while preserving their access to government benefits.

Dedicated to empowering your family, building your wealth and defining your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

# All Things

By Jeff Brown

## AWARENESS

by Nathan Gill

You are Consciousness. You are that in which all appears. World, body, thoughts – all appear in you. You are not to be found as separate from anything. You are the source and appearance of all that is. You need not go anywhere or do anything for this to be obvious. It is the most obvious thing. You are always overlooking it, taking it for granted. All appears in awareness, ordinary awareness now, which is the ground of all that is, including this present experience. Simple awareness is the common factor to all experience. Just see that you are simply present. See that all arises and falls in present awareness. People pass, clouds are going by, conversations are going on, thoughts appear. All unfolds in present awareness. Within awareness, you are appearing to yourself as everything. People, thoughts, worlds, universes, life, death – all take

place in you. Identification as an ordinary human individual takes place in you. You are the source and appearance of all. All experience appears in the real "I" which is awareness. There is only the present appearance of everything in and as awareness. Any 'enlightenment' experience is merely another modification of experience in awareness. You need not attempt any transcendence or annihilation of individuality, ego, or anything else. All of that appears in ordinary awareness. This experience now, however ordinary or extraordinary, is the content of awareness. Nothing whatsoever needs to change, there is nothing to get or realise. You are Consciousness, aware and appearing as everything. There is awareness right now – whatever the content. Awareness and content. Ocean and waves. The ebb and flow of life. This is it now. You are it.

# HEALTHY LIFESTYLES

## WISDOM & COURAGE



There's a lovely prayer I use often, "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to the know the difference." It's such a complete picture and remedy for almost any trouble. The words courage and wisdom always have an impact. Both play a huge role in our progress as yogis on the path. There are many who practice yoga solely for the physical benefits; but most practitioners do seek the opportunity for greater development that yoga offers.

My teacher Yogarupa Rod Stryker, states, "the single hardest yoga practice is the same for everyone. It's called change." Evolving and transforming isn't easy and nor is the path always clear. Courage is an essential ingredient in not only implementing change, but sustaining the effort. Remember, courage is not fearlessness, it's taking actions

in the face of fear. You may have had to summon the courage to attend your first yoga class, or chose to take a risk that benefitted the greater good. There are many experiences of courage in life, big and small.

What we fall back upon is wisdom and resolve. Wisdom comes from many sources: pivotal texts, wise and truthful people, and straight from divinity. Often, it's the inner wisdom that provides the clarity and stamina we need to proceed forward. There's no comfort quite like knowing we're on the right path in the midst of challenging circumstances. As courage and wisdom become cornerstones of practice, self-empowerment follows.

Explore your yoga practice on the mat and through self inquiry. You'll most likely uncover courage and wisdom you did not know you possessed. Please contact me today to learn more about the sacred practice of Yoga: [keely@keelytotten.com](mailto:keely@keelytotten.com) or visit my website: [www.keelytotten.com](http://www.keelytotten.com).

Namaste,  
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## THE MISSING PAGE

### Real Life Tips from Life's Instruction Manual

## PARTNER IN BELIEVING

Solid Rocket Boosters are the primary propulsion force on a vehicle used for human spaceflight and provide the majority of a space shuttle's thrust during the first two minutes of flight. Boosters give the energy to overcome gravity and exit the earth's atmosphere. Putting a man on the moon and returning him safely to land was the dream of the 1960's American space program. Having a coach and mentor believe in you and hold your vision is your rocket fuel for transformation. When I was young, most of my friends were old, much older than myself. In college, I made friends with the Black professors at other universities near my school. I would show up out of nowhere, without warning to hang out; they were very kind and put up with my unexpected visits. I just wanted to know more about the world and life; I was hungry. I wanted more knowledge, experience, and freedom. I was curious about art, politics, and I wanted to travel, to see the world. Becoming a traveler seemed like an impossible dream until I met Jack. He was my first mentor and coach.

Throughout history artists, inventors, entrepreneurs, and dreamers have needed someone in their corner to believe in them and to keep them from becoming discouraged. When you aspire to do something that you have never done before it can be frightening. It is natural to have doubts and fears, without support, your doubts can be like quicksand. A partner in believing is the rocket booster that can bust through the forces that seem to be holding you back.

Having someone that can hold your dream when things seem impossible to you is essential. Jack was my someone. He listened to me. I told him all of my secret hopes, fears, and my biggest dreams. He saw something in me that I couldn't see myself. He believed in me; he was my partner in believing. I remember Jack saying to me with conviction, "you will see the world." I didn't know how it could happen, but I believed in his belief. Not long after his proclamation, I took my first trip outside the country and I have been traveling ever since. With Jack's encouragement, I soared and did impossible things. Now I delight in supporting people in their dreams. Do you have someone with whom you can share your truth? Is there someone that holds your vision when you feel discouraged? Is there someone that delights in your success and still believes in you when you fail? All you need is one.

Having a partner in believing is rocket fuel. If you are tired of trying to go it alone or don't know where to start, schedule a free strategy session, I would love to help you get started on your next adventure.

Lori is a lawyer and coach. You can learn more and schedule a free session at [www.LoriAHarris.com](http://www.LoriAHarris.com)



Lori A. Harris

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## Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## SUSAN HENDERSON

Publisher



## NOT A HAPPY BIRTHDAY

"We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America." Preamble to the United States Constitution

It is under above statement that we, Americans, celebrate the establishment of our country each July 4th. It is the 'birthday' that we all share in common. In a recent column I mentioned how my dad taught me that birthdays are our own 'personal' holidays! That being said, as a nation, our own personal holiday - July 4, 2018 should be a great cause of celebration. After all we will be 242 years old and formerly the beacon of a free and democratic society to the world. Instead, regardless of which side of the argument you are on, this 'birthday' is one where we are divided by hate, fear, intolerance, alienation and ignorance.

On this birthday we are being scorned and ridiculed around the world. We have withdrawn from just about every effort to be a part of the world community. We are portraying ourselves as the victims of everything and everybody by an administration that needs to read and reread our great Constitution. If they would just read the preamble, perhaps with a tutor, they might get a clue.

"We the People"...not just this administration and their business associates.

"...form a more perfect union:..." Most of us recognize that our country and its laws are not perfect and we need to strive to improve, not focus on destruction.

"establish justice".....and that means for everyone regardless of race, religion, creed or national origin.

"Insure Domestic Tranquility".....not feed the bear (my apologies to bears worldwide), not stir the pot of divisiveness and hate.

"provide for the common defence" - defense of all, not some.

"Promote the general welfare".....this country was not founded on the 'Friends and Family' plan. The rest of us matter also

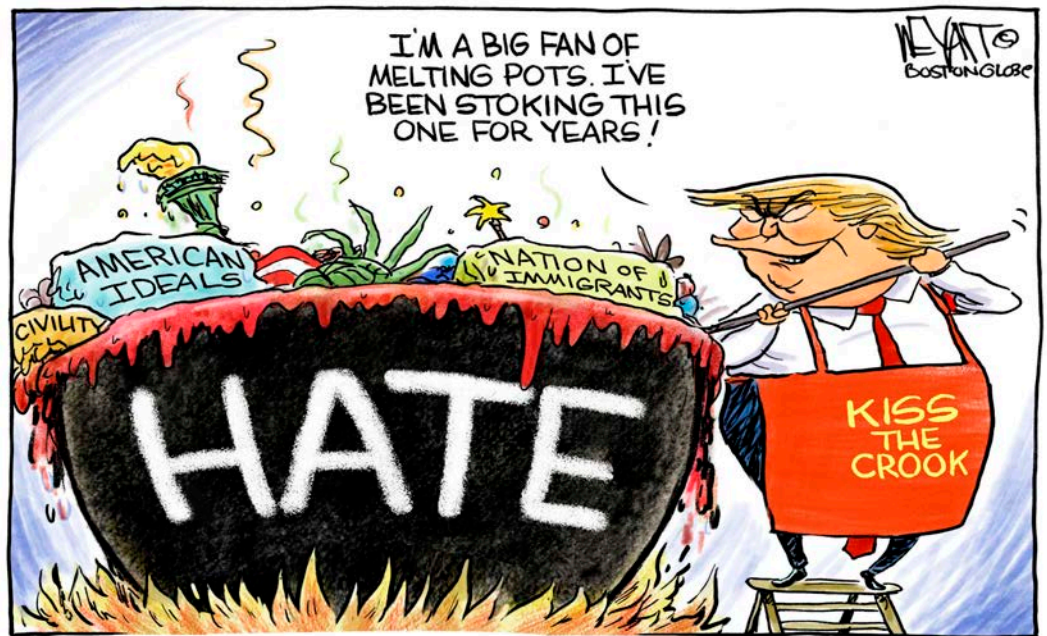
"Secure the blessings of Liberty for ourselves and our Posterity".... i.e., life, liberty and the pursuit of happiness now and for future generations.

Just this morning I heard Donald J. Trump say, "My Government..." and therein lies a major part of the problem. It isn't his government, it is OUR GOVERNMENT and we need to start acting like it. Right or Left, Independent or Green, it is OURS.... not one side or the other.

I used to be a proud American. I am not now. Nor would my father and grandfather, WWII and WWI Veterans respectively be, if they were alive today. Both risked their lives for a country that did not even respect them as men, yet they fought regardless in an effort to make things better for all. That is what we are all supposed to do, fight to make things better for all, together!

Our country has gone from a beacon of freedom and liberty to a cesspool of selfish and inhumane actions, and we have done so in just 525+ days. Ironic isn't it that this destructive administration has a leader who touts the slogan, "Make America Great Again". Clearly what he refers to as great, based upon his 525 days of action, is something we have never been before.

So as we prepare to pay homage to OUR COUNTRY on July 4th, let's all, left and right, demand of all elected officials that they focus on upholding the tenets of the Constitution and restoring America back to being a true democracy, a system of government by the whole population. If we do that, then maybe our 243rd birthday will truly be a joyous one.



## TOM PURCELL CONFUSING FACTS & OPINIONS

"The Pew Research Center quiz was harder than I expected."

"Ah, yes, you speak of the recently released survey in which Pew quizzed 5,035 adult Americans to determine their ability to distinguish between factual information and opinion statements in the news."

"That's right. The Pew website lets anyone take a quiz featuring 10 statements, five that are true-or-false factual statements and five that are opinion statements. Pew told me to ignore whether or not a statement is accurate and also to ignore whether or not I agree with it. I follow the news and figured I'd ace the quiz, but I didn't."

"Let's take a look at the quiz. Pew's first statement says, 'Abortion should be legal in most cases.' Did you classify that as a fact or an opinion?"

"I classified it as an opinion and got it right. This is a contentious issue, but the statement is still an opinion."

"Pew's second statement said, 'Immigrants who are in the U.S. illegally have some rights under the Constitution.' How did you classify that one?"

"It's factual. Look, it's true that undocumented immigrants don't have the full rights of a U.S. citizen, but, according to the ACLU, our Constitution does afford them some rights, such as freedom of speech, religion, privacy and others. I struggled with Pew's next statement, however."

"That 'Democracy is the greatest form of government?'"

"Yes. I classified it as a fact, because I strongly believe that democracy - in our case a representative republic - is the greatest, but the statement is, in truth, an opinion."

"It's not always easy to separate one's strong beliefs and opinions from facts. Pew found that each participant was more likely to classify both factual and opinion statements as factual when the statements validated his or her personal politics or beliefs."

"That's probably why Pew chose 10 statements that may get people fired up, depending on their political points of view. Such as this one that's still driving conspiracy nuts crazy: 'President Barack Obama was born in the United States.' I correctly classified that as a fact."

"Which others did you get right?"

"It's a fact that 'Health care costs per person in the U.S. are the highest in the developed world,' that

'Spending on Social Security, Medicare and Medicaid make up the largest portion of the U.S. federal budget,' and that 'ISIS lost a significant portion of its territory in Iraq and Syria in 2017.'"

"Which opinions did you classify correctly?"

"It's an opinion, not a fact, that 'Immigrants who are in the U.S. illegally are a very big problem for the country today,' and that 'A \$15 federal minimum wage is essential to the health of the U.S. Economy.'"

"That leaves us with one more statement: 'Government is almost always wasteful and inefficient.'"

"Even though I know that statement is an opinion, I couldn't resist classifying it as a fact!"

"You did better than most. Pew reports that only 26 percent of the adults surveyed correctly identified all five factual statements as factual, and just 35 percent identified all five opinion statements as opinion."

"That's worrisome."

"To be sure. Our republic depends on a well-informed populace to remain strong. If the majority of our people can't differentiate between fact and opinion - or fact and fiction, for that matter - they can be easily misled. That doesn't bode well for our future."

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## RAGING MODERATE by WILL DURST



## THE TRUMP ADMINISTRATION: ABSURDITY, NORMALIZED

People keep wondering how the hell we got here. How did America become a country that forcibly separates kids from their parents? The answer is obvious: we got Trumped.

Since the election of the 45th POTUS, everything we know is wrong. Racism is good. Health care is bad. Coal is the future. Rich people need more money. North Korea is our friend. Canada and the free press are the enemy. Judges aren't necessary, since we can tell who's guilty just by looking at them.

The very phrase "President Donald Trump" should be surreal. Like saying Pope Charlie Sheen. It's a Saturday Night Live skit. One of those not very funny SNL skits they slap on after the second appearance of the band.

The Golden Canopy drags us down to his level, and just when we think we've reached a new low, another sub-basement gets dug. In a year and a half we've sunk so low we can feel the heat on our feet from the core of the earth.

Absurdity has become normalized. We've built up a tolerance to delusions. We're constantly jonesing for another shot of narcissistic confusion. We've turned into adrenaline junkies demanding our larger daily dose of preposterousness.

On April 6th, Attorney General Jefferson Beauregard Sessions III announced the administration's zero tolerance policy. He then used the Bible to justify its policy of separating immigrant parents from their children. Citing the same passage the south used to defend slavery. Maybe the plan was to rent the kids out to corporate farms. That cotton isn't going to pick itself, you know.

Trump and other administration officials proceeded to hold a competition for the most ludicrous excuse with a veritable bevy of them. "The Democrats are responsible." "We're just upholding the law." "Using kids as hostages is not our policy." "The courts made us do it." "Only Congress can undo it." "Our hands are tied." "The Torah says it's okay." "Obama did it first." "The kids are drug mules." "They're tiny future rapists." "Crooked Hillary is to blame." "Mexico is to blame." "Bill Clinton had an affair." "911 was an inside job." "Putin should be emperor of the world." "What kids?"

The problem was the optics. Kids in cages may look good on paper, but it doesn't play so well on TV. And the rest of the Republican Party has tied their future to him with knots that would earn a boy scout merit badges. These enablers have already revealed themselves to be anti-logic, anti-environment, anti-democracy and anti-fidelity. What difference does anti-family make?

Under pressure from his own party, especially from that select group of members up for election in November, the President signed an executive order to change the policy he claimed wasn't a policy and couldn't be changed.

And both Republicans and Democrats are planning partisan political ploys to highlight evidence that the other side is using the immigration crisis as a partisan political ploy coming up in the Midterms.

Then to put the oddest of exclamation marks on the proceedings, the First Lady visited a detention center while wearing a \$39 jacket that had the words "I don't really care. Do U?" painted on the back. And the overwhelming response of seeing toddlers crying for absent parents was "Yessss." At least she didn't offer to bring the kids cake.

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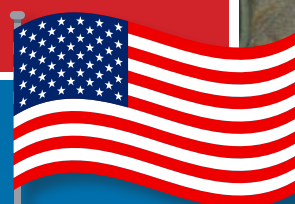


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