

THE MOSQUITO THREATS CONTINUE TO GROW

Recent emerging mosquito threats add increased mosquito-borne disease risk

Aedes mosquitoes, which can transmit Zika, yellow fever and dengue fever, recently infested San Gabriel Valley

San Gabriel Valley, Calif. – Amid year-round mosquito threats and an increase in demand for vector control protection, residents in Baldwin Park, Pasadena and South Pasadena can rest a little easier knowing their cities are protected by vector control. However, vector control officials stress that every resident must still take responsibility of mosquito control in and around their home.

The San Gabriel Valley Mosquito and Vector Control District (SGVMVCD) is providing full service to 26 San Gabriel Valley cities and parts of unincorporated L.A. County. SGVMVCD is one of five vector control districts in L.A. County.

Benefits of an Enhanced Mosquito Control Program

Programs provided throughout SGVMVCD include mosquito and disease surveillance; collection of dead birds for West Nile testing; regular inspections and control of standing water sources; and education and outreach. SGVMVCD does not provide control services for bees and rodents.

For more than 10 years, SGVMVCD staff dedicated efforts to control native Culex mosquitoes, which can spread West Nile virus and bite during dawn and dusk.

The Mosquito Threats Continue to Grow

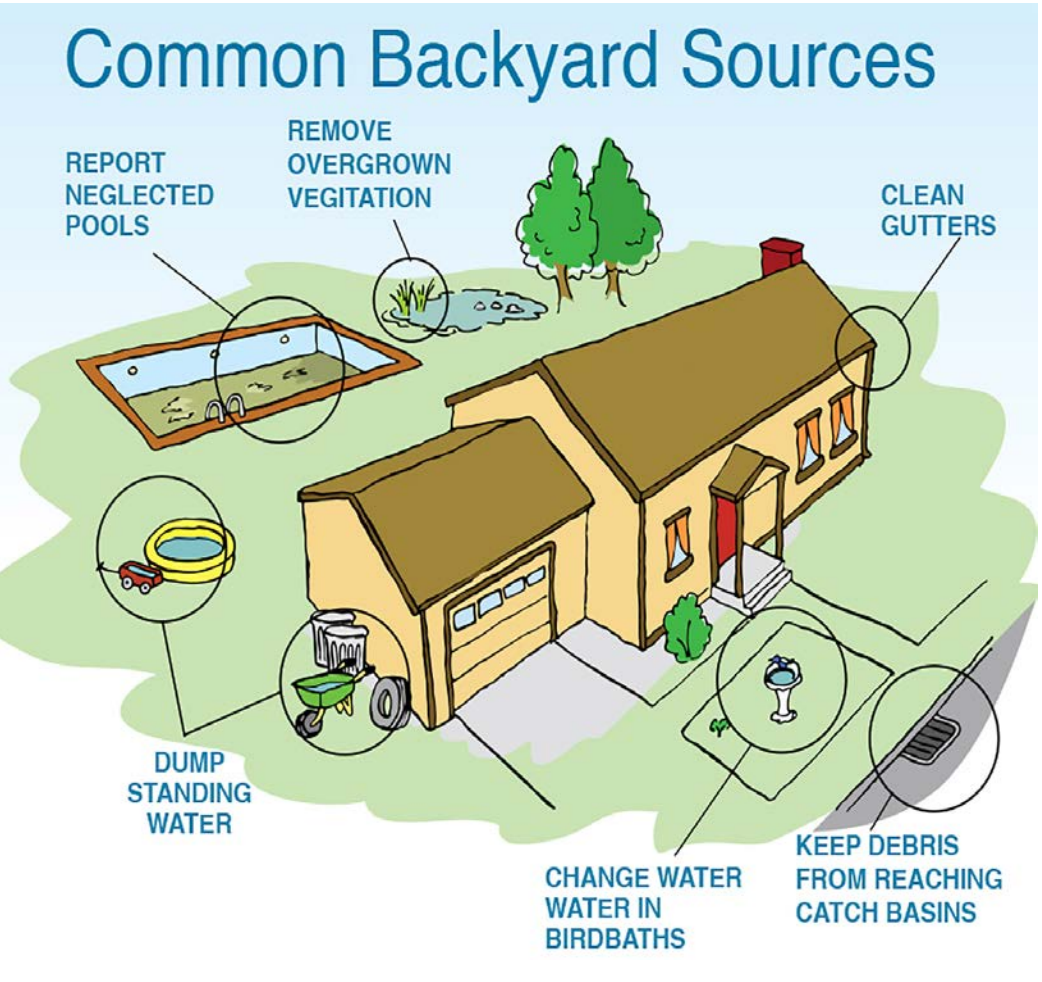
However, since 2011, vector control has been battling infestations of invasive, black-and-white striped Aedes mosquitoes. These aggressive daytime-biting mosquitoes are uniquely adapted to city environments. Presence of Aedes mosquitoes increases the outbreak risk of Zika, dengue fever, yellow fever and chikungunya viruses. Currently, there is no confirmation of a local outbreak of these viruses.

“Residents in newly added cities will benefit from a comprehensive mosquito control program,” said Levy Sun, public information officer for SGVMVCD. “However, the fight against mosquitoes is in people’s backyards and patios – places where residents must take responsibility for stagnant water sources.”

Let’s Work Together

Vector control is calling upon all residents to do their part of this shared responsibility by following these steps:

- Tip stagnant water out and toss all unused containers that may hold water. Eliminate plant saucers and unnecessary containers. Do not keep uncovered buckets of water.
- Do not transport or share plant stems rooted in water.
- Use insect repellent containing CDC-approved active ingredients, such as oil of lemon eucalyptus, DEET, Picaridin or IR3535 to avoid bites.
- If, after dumping stagnant water, residents continue to experience mosquito problems, they can submit a service request to SGVMVCD at sgvmosquito.org or call 626-814-9466.



SIERRA MADRE NEWS BRIEFS

FIRST RESPONDERS TO BE HONORED ON 9/11

Residents in Sierra Madre see them almost everyday as they go about their daily lives. The police officers, fire fighters, SM Search and Rescue members, CERT Volunteers that the village knows will always be there in case of disaster, large or small. Sometimes when we see them, they are in their civilian clothes, other times they are in their official regalia taking on one dangerous challenge after another. Without question, a great deal of the ambience of Sierra Madre is due to their presence. So the question must be asked, ‘do we say thank you enough?’ Probably not.



Often when one thinks of First Responders in a small town, they think of the cat stuck in the tree, or other every day occurrences. However, the truth is SM First Responders have been there through floods, fires, windstorms, lost hikers, and much more.

So, on Tuesday, September 11, 2018, the Sierra Madre Kiwanis Club will honor their efforts at a luncheon.

The Kiwanis Club, celebrating 71 years of existence in Sierra Madre, has a mission that is focused on helping our children, ‘one child, one community at a time’. In order to achieve that goal, supporting those who keep our community safe for all of us is also a priority.

The event will be held at The Lodge, 33 E. Sierra Madre Blvd., Sierra Madre at noon. The public is invited. Lunch is \$10. Make your reservations early as there will be limited seating available. Contact Kiwanis President, Judy Webb-Martin at 626-688-2273.

MANDATORY WATER CONSERVATION IS STILL IN EFFECT!

Efficient water use is a way of life in Sierra Madre, and it is important to remember that permanent water use restrictions remain in effect regardless of the drought status. In addition to efficient water use practices, the City has a number of resources available to help residents and businesses manage water consumption.



Are You Watering On The Right Days?
Wondering which days you can water your lawn or garden? Sierra Madre Municipal Code designates which days residents can water based on their residential address. Please refer to the following when planning your irrigation.

Even-Numbered Addresses:
Mondays and Thursdays
Before 10:00 AM and After 4:00 PM

Odd-Numbered Addresses (and those ending in fractions):
Tuesdays and Fridays
Before 10:00 AM and After 4:00 PM

Need to Report Water Waste?
Do you notice water being wasted, such as irrigation water running down the street, broken or misdirected sprinklers watering pavement or watering in the middle of the day? You can anonymously report waste through the City’s website,

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6-Day Forecast Sierra Madre, Ca.

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Mon:	Sunny	Hi	80s	Lows	70s
Tues:	Sunny	Hi	80s	Lows	70s
Wed:	Sunny	Hi	80s	Lows	70s
Thur:	Sunny	Hi	80s	Lows	70s
Fri:	Sunny	Hi	80s	Lows	70s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR September 11, 2018
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE POLICE BLOTTER

August 12 to August 19, 2018

During this period, the Sierra Madre Police Department responded to approximately 362 day and night time calls for service.

Wednesday, August 15

Between 1:45PM and 2:15PM in the 600 block of E. Grandview Ave, unknown suspect(s) cut a padlock and stole a hedge trimmer from the victim's secured work truck. The hedge trimmer was valued at about \$500.00.

Thursday, August 16

At about 9:04AM, officers responded to a call for service regarding a male sleeping in his car in the 300 block of W. Sierra Madre Bl. Upon further investigation of the male, it was determined that he had an outstanding felony warrant from an outside agency. The subject was arrested and transported to the Pasadena Jail.

This incident illustrates the importance of the Sierra Madre Police Department's campaign ...

IF YOU SEE SOMETHING, SAY SOMETHING!

Friday, August 17

In the 600 block of Edgeview Dr, between 8/16/18 at 3:30PM and 8/17/18 at 7:30AM, a case of vandalism was reported where an unknown suspect(s) in an attempt to get inside the victim's vehicle, damaged the driver's side door keyhole. 11:27PM Officers responded to 500 block of Manzanita Ave. regarding subjects talking loudly in the backyard of a residence. Upon further investigation, it was determined that several individuals present at the gathering were under age and drinking alcohol. The home owner and parent of the teenager hosting the gathering was made responsible. Case to the Pasadena DA's office for review.

Saturday, August 18

At approximately 2:28AM, officers conducted a traffic stop for a vehicle code violation. Upon further investigation it was revealed that the driver was driving on a suspended license. A search of the vehicle revealed narcotics and drug paraphernalia. A female passenger was cited and released in the field for possession of a glass smoking pipe. The driver was arrested and transported to Pasadena Jail where he was booked, cited and released for possession of a controlled substance.

SIERRA MADRE CITY MEETINGS Regular City Council Meeting

Tuesday, September 11, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

City Council
August - DARK
September 11, 2018 at 6:30 pm
September 25, 2018 at 6:30 pm

Planning Commission
September 6, 2018 at 7:00 pm
September 20, 2018 at 7:00 pm

Community Service Commission
August - DARK
September 17, 2018 at 6:30 pm

Senior Community Commission
August - DARK
September 6, 2018 3:00 pm

Library Board of Trustees
September 26, 2018 at 7:00 pm

Energy, Environment, and Natural Resource
Commission
September 19, 2018 at 7:00 pm



KIWANIS CLUB OF SIERRA MADRE Since 1927!

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TUESDAY, 9/11
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Tuesday, Sept 11th

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&
POOCH PARADE
SATURDAY, SEPT. 22nd



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Wistaria Thrift Shop - Closed for the Summer 355-7739

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Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2018: 111 Years
Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs cfwc.org & gfwc.org

Plan to Come 1st Wednesdays
to Our Evening Meetings

Sept 5, 2018 - 6:30 pm

Nibbles, Network &

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Janette : 626 242-3244

Network & Explore Membership with Us

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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



KATIE Tse.....This and That KINKAJOU!

I love writing for the paper! It's a creative outlet that challenges me to come up with two written pages and an accompanying picture every week. There are weeks when ideas spill from my mind like water from a bucket! My fingers blaze over the keyboard in a thrilling burst of enthusiasm!

But this wasn't one of those weeks. This was one of those weeks that I plied my husband and parents with the same nagging question they've grown accustomed to hearing. "Do you have any burning ideas for an article?" Sometimes they give me a great topic, but usually they pause before replying, "Nope." It's times like these when I turn to my one reliable source of unusual anecdotes -- Phil.

Phil is my dad's cousin (I've never known what that makes me in relationship to him). You've seen the "Dos Equis" commercials. But in real life, Phil is "the most interesting man in the world!" Phil never ceases to amaze me. In two deft moves, he can parallel park his whale of a Lincoln in a space barely big enough for a Mini Cooper. He's a retired engineer who paints, reproduced a Peruvian tapestry using wire mesh, and achieved proficiency in a second language in less than a month. He can join any conversation on any topic. When my family and I are pooped after four hours of eating and talking, Phil is just getting warmed up.

Of course, Phil's had 80 years to grow into the diversely talented, charismatic individual that he is. However, those two conditions are usually mutually exclusive. You can either be charismatic or 80, but rarely is anyone both at the same time.

One of my favorite Phil stories is his account of the kinkajou. (Bonus points for you if you know what a kinkajou is before reading further!) Phil and his wife lived in South Pasadena for many years. Over that time, they had many neighbors who owned exotic and unusual pets.

Some pets are technically legal, but domestically impossible. Chinchillas, wolves, and boa constrictors fall under this category. Kinkajous are right up there with them. Somewhere between a monkey, bear, and raccoon, the kinkajou is a long,

furry animal with a "prehensile tail." (Ha ha! There's a term to drop next time you want to impress someone!) This tail is used to grasp branches, gates, lamp posts, banisters, etc. One of Phil's neighbors acquired a kinkajou, but sought to get rid of it after they became more familiar with its habits.

Phil first encountered the neighborhood kinkajou one night when he felt something heavier than their cat walking on their bed. "Don't move, Honey," he said, "I think there's something here with us." It fled back out the French doors when Phil turned on the light. This went on for several nights. Once, they caught it eating cigarettes from his wife's purse. The next night, it chewed a hole through her purse to get to her pack of Marlboroughs.

Phil finally got a picture of the thing and described it to someone from the L.A. Zoo, who confirmed that it was a kinkajou. Kinkajous are the original

party animal, literally. They love tobacco and alcohol. They're only active at night, and sleep for the rest of the day. They could be in a fraternity!

Besides smokes and booze, one of the kinkajous' staples is ripe fruit. This might appeal to the owner who'd rather collect stale

bananas than furnish their pet with Jack Daniels and Dunhill Ultras. However, just like the way too much fruit can send people dashing for the bathroom, kinkajous react in much the same way. Let's just say keeping them is messy at best, and bio-hazardous at worst.

The kinkajou lived with Phil for a while. Then a 10-year-old neighborhood boy showed an interest, so they gave it to him. Surprisingly, Phil never got a call from the boy's parents. He must have been a very responsible kid.

The kinkajou lived with the same owner for many years, and died at the ripe old age of 40. I asked Phil if the owner ever gave him cigarettes or beer. He didn't know, but he said it stayed in the garage, which got hosed down every week. So we can surmise it ate plenty of bananas. I can imagine a "Dos Equis" commercial in which the most interesting man in the world says, "I don't always drink beer. But when I do, I share it with my kinkajou." Thus ends another one of Phil's unusual stories. Until next time, "Stay thirsty my friends!"



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WALKING SIERRA MADRE... The Social Side By Deanne Davis

OK, it's hot, you're tired of being hot, nothing tastes good, even chocolate, and you're sick of nothing good to watch on TV. So! How about a rip-roaring true adventure tale. This story was written by my Dad, Kim Weed, pictured here in his Navy uniform about 1943; about his brother Harold, and this really happened, friends and neighbors!

The Rattlesnake Bite

"In 1927, when my dad was just six, a farm laborer clearing brush out there in the wilds of Imperial Valley, was bitten by a diamondback rattlesnake. He was lying near death in the Holtville Hospital as staff members looked on helplessly, except for one doctor who was frantically telephoning every hospital in Imperial Valley, trying to locate some anti-venom, or Toxin-Anti-Toxin, as it was called in those days. There was none. The nearest vial was at the San Diego Zoo, more than a hundred miles away.

Obtaining a vial of anti-venom would be a piece of cake in this age of freeways, planes and helicopters, but this was 1927. No airplanes were available and the two-lane road from Holtville to San Diego was bad and downright dangerous along the fifty or so miles where it crossed the mountains, with long sections washed out, unimproved, graveled, and cut out of cliffs bottoming into canyons hundreds of feet below; little changed since stagecoaches crossed it two decades or so earlier with teams of eight and sometimes ten horses. This road was never attempted at night!

Harold Weed, my dad's big brother, was sixteen and a junior at Holtville High School. As the laborer grew weaker, it looked like just another day for Harold with late season football practice to look forward to, a string of cows to milk and the rest of his farm chores before he settled down to tackle his homework. But, plans were afoot to put another of Harold's talents to use. He was also a hotshot motorcycle rider and had the fastest, according to him, motorcycle in all of Imperial Valley. He had salvaged a World War I vintage Harley-Davidson from a junk yard, lovingly tinkered and tuned it to near perfection, mechanically, though it was described as something of an eyesore otherwise. But, hey! When your engine purrs, who needs paint!

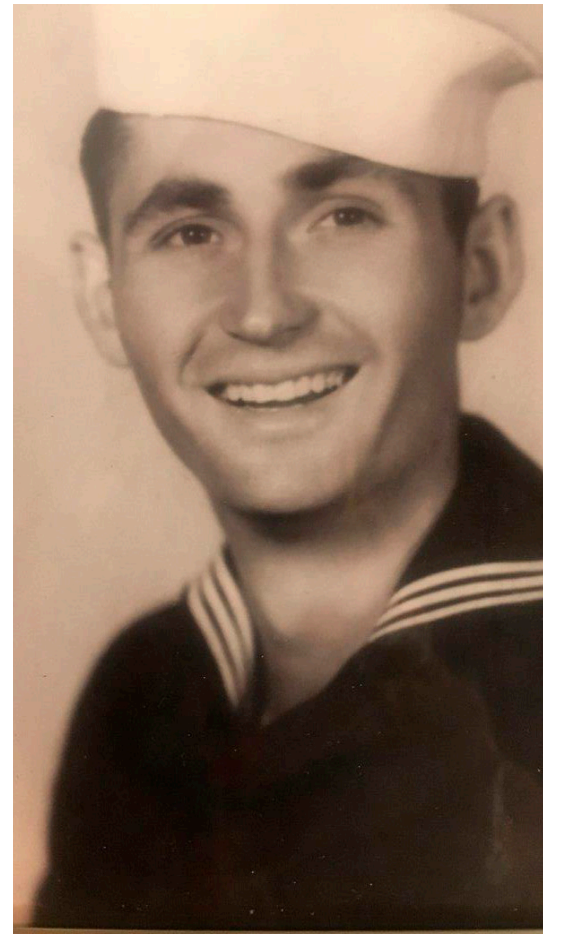
Late that afternoon, desperate hospital officials went to Holtville High, pulled Harold out of his last class, grabbed this kid by the shoulder and said, "Harold, get on that motorcycle and ride like the wind. You've got to get to San Diego and pick up the serum. A man is dying and his life is in your hands!"

Harold, burning with that thrill of high adventure ahead, and, being a true romantic, took the challenge! He listened to a few directions, after all, he hadn't been to San Diego since he was five, kicked that Harley into life, rocked forward on the clutch and took off, burning rubber out of the high school parking lot!

He stopped at the Weed Ranch for just a few minutes to tell his parents where he was going, topped off his tanks, threw a few tools and a tire pump into one saddle bag and a can of gasoline with a potato plugging the spout into the other, and took off in a cloud of dust. But in his haste, he left his leather jacket with gloves in the pocket hanging on the limb of a tree. A significant oversight.

From there, Harold was on his own, full throttle through El Centro, on into the desert, past Coyote Falls, climbing through Devil's Canyon with a red-hot exhaust pipe, on through treacherous winding grades high into the mountains, then down the long descent into San Diego where the curator of reptiles for the zoo was anxiously awaiting him, vial in hand.

Harold slowed down just long enough to secure the vial and started back, giving the smoking engine



all it could take, but more than a little frightened now as it was getting cold and he had to cross those cursed mountains again, this time in the dark as his beloved Harley, alas, had no lights.

It was deep dusk when he descended the treacherous Via Viajos Grade, but didn't become dark until he was on the desert straight-away. There was no moon, but Harold managed to stay on the ribbon of narrow road, trusting to starlight as he pushed along at eighty where the road was paved.

Bad luck struck before he reached El Centro, running over a piece of barbed wire, puncturing his rear tire. From there he had to stop every few minutes to pump up the tire but it soon became hopeless and the last few miles were run on the flat. Finally, he arrived at the hospital where everyone was anxiously awaiting him, having heard the roaring of his burnt-out muffler for miles. The tire was in shreds and Harold, in just shirtsleeves, was nearly frozen, having made the fastest trip ever recorded between the Imperial Valley and San Diego, a little under four hours!

Yes, the man was saved, Harold was the town celebrity for a day, the Holtville Tribune gave him a front page write-up and the hospital staff were most appreciative and thankful. With gratitude in their hearts, they persuaded the high school to give Harold the following day off school as a reward for his heroism, saving a man's life at considerable risk to his own. Harold later confided to his little brother, Kim, "I'll tell ya, Kim, I thought I was gonna freeze to death! And if I didn't freeze, I'd sure as hell ride right over a cliff and never get home again!"

It's going to cool off sometime, folks, I'm sure of it! If you want to read more of my Dad's adventures, look on my Amazon.com book page.

My book page: Amazon.com: Deanne Davis Kindle books of all sorts and hardcover "Tablespoon of Love" are on there, as is "Star of Wonder."

Star of Wonder the CD is now on TuneCore! Take a look!

Blog: www.authordeanne.com

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YOUR INVITATION TO AN EVENT AT THE KENSINGTON SIERRA MADRE



Wellness Clinic

Flu season is upon us, and it's always important to make sure you're taking care of yourself. That's why The Kensington Sierra Madre is hosting a Wellness Clinic brought to you by Rite Aid Pharmacy and Healthpro Heritage. We will have a flu shot clinic along with blood pressure screenings and physical therapy evaluations. Rite Aid will accept most insurances for the flu shots.



EVENT DETAILS
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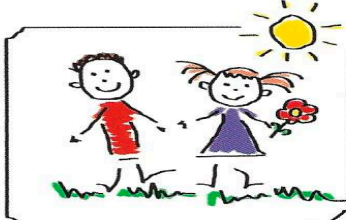
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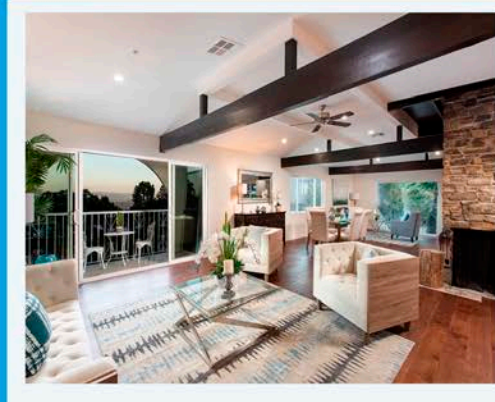


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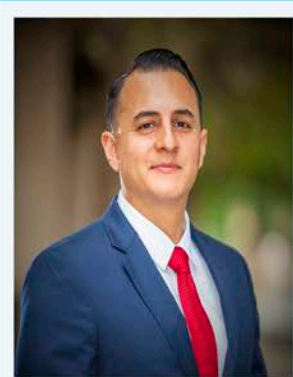


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Pasadena Altadena

News From Your Community For Your Community

Orchard Hardware to Close



In an abrupt move Wednesday, officials of Lowe's, the parent company of Orchard Supply Hardware, said they plan to close all Orchard stores, including locations in Pasadena and South Pasadena.

All 99 Orchard Supply Hardware, as well as the distribution facility that services those stores across the country are expected to close within months, "by the end of fiscal 2018," they said.

"While it was a necessary business decision to exit Orchard Supply Hardware, decisions that impact our people are never easy," said Marvin R. Ellison, Lowe's president and CEO. "We will be providing outplacement services for impacted associates, and they will be given priority status if they choose to apply for other Lowe's positions."

Company officials said it was unclear how many employees will be affected.

Ellison said the decision to exit Orchard Supply Hardware was part of Lowe's Business Outlook. The announcement was made during their "Lowe's Reports Second Quarter Sales and Earnings Results."

As of Friday the Orchard Supply Hardware website was replaced with a single banner saying, "Store Closing Sale. Prices Slashed, 10-30 percent off." Items can no longer be purchased on the website.

The Pasadena Orchard store is located 3425 E. Colorado Blvd and the South Pasadena store is at 452 Fair Oaks Ave.

Pet of the Week



Are you looking for a jogging buddy? Look no further than Felix (A463969), an athletic one-year-old terrier mix. Felix is all about fun. He loves to play with toys and enjoys a good dog treat. Felix is also a straight A student. He already knows his sit, down, stay and shake commands. If you are looking for an exuberant young dog, ask for Felix.

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

*** Grab your leashes and your best four-legged friend! The 20th Annual Wiggle Waggle Walk will take place Sunday, September 30 at Brookside Park at the Rose Bowl. Help us raise money to provide food, shelter, medical care and other services to the thousands of animals—domestic, exotic, wildlife and livestock—who come to the Pasadena Humane Society & SPCA each year. Register online at wigglegagglewalk.org.



PETA Protests AAA's SeaWorld Promotions

About two-dozen PETA (People for the Ethical Treatment of Animals) protesters took to the Pasadena office of Automobile Club of Southern California Wednesday to urge the company to end its promotions of SeaWorld.

"We're urging the company to cut ties with SeaWorld and join the ranks of dozens of other companies that have stopped supporting SeaWorld, Taco Bell, South West and Jet Blue [airlines]," Katerina Davidovich said.

Davidovich said "By promoting SeaWorld they are promoting animal abuse."

AAA listens to their members she said, "So we really hope that anyone that's a member of AAA will recognize that SeaWorld is

incredibly cruel and ask them to cut ties."

According to Davidovich over 40 Orcas have died along with 800 other marine mammals at SeaWorld. The website seaworldofhurt.com list all the Orcas in a time line starting in 1971, including the parks most famous Orca Shamu.

Davidovich said they will continue to protest AAA, "as long as there are promoting SeaWorld."

In 2016 the state put a complete ban on the breeding of killer whales in captivity, SeaWorld has also said they stop conducting theatrical shows, also part of the Orca Protection and Safety Act.

Davidovich said the act is a great first step, "Orcas and other animals are still being imprisoned at SeaWorld so we still have a long way to go."

She said there goal would be to get SeaWorld to release all the animals in their parks into seaside sanctuaries, "Where they could dive deep and swim further and have some

resemblance of a natural life, while still benefitting from human care when needed."

Police DUI Campaign Through Labor Day

The Pasadena Police Department has started participating in a high-visibility national enforcement campaign, "Drive Sober or Get Pulled Over."

Pasadena Police Department will have a special emphasis during this 18-day mobilization to enforce all traffic violations by deploying DUI Saturation Patrols.

During this extended period, Police and Sheriff's Departments statewide, along with the California Highway Patrol, will increase the number of officers on the road to stop suspected drunk or drug impaired drivers and motorcyclists.

The campaign started last night and runs through the Labor Day holiday weekend, which is one of the deadliest times of year in terms of alcohol-involved traffic deaths. One-third of all traffic deaths involve drunk drivers.

Pasadena Police Department will show zero tolerance for impaired driving or riding and joins efforts by the California Office of Traffic Safety (OTS) to educate drivers that "DUI Doesn't Just Mean Booze." If you take prescription drugs, particularly those with a driving or operating machinery warning label, you may be impaired enough to get a DUI. Marijuana can also be impairing and result in a DUI, especially in combination with alcohol or other drugs.

To avoid a DUI Pasadena Police Department has a few tips.

- Use public transportation or a ride sharing service to get home.
- Have a friend or family member who is about to drive buzzed or impaired? Take the keys away and make arrangements to get them home safely.
- Report drunk drivers – call 911.

PUSD Seeks Measure TT Applicants

The Pasadena Unified School District (PUSD) Board of Education seeks applicants to fill five (5) vacant seats on its Measure TT Citizens Oversight Committee. The volunteer committee is responsible for monitoring project management and expenditures for the \$350 million local school facilities bond passed by voters in November 2008.

State law requires that the members of the Citizens Oversight Committee include parents, representatives from the business community, senior citizen groups, taxpayer organizations, and individuals experienced in finance and construction.

Applicants must complete an application and provide a resume. The application and resume must be submitted no later than 4:00 p.m. on September 6, 2018. Mail your application and resume to Nelson Cayabayab, Chief Facilities Officer, Pasadena Unified School District/DSC, 740 W. Woodbury Road, Pasadena, CA 91103 or via email to nadia.zendejas@pusd.us

Tournament President Gerald Freeny Honored



Freeny, Photo by D. Lee/MVNews

The Pasadena Tournament of Roses and community partners hosted, Wednesday night, an open house in honor of Gerald Freeny, the first African-American President of the Tournament of Roses. Over 400 community members attended the event to recognize Freeny and learn more about the 2019 Tournament of Roses.

"I am honored to be a part of this community," Freeny said. "And I'm so humbled to have the opportunity to serve as President of the Tournament of Roses. As we continue to evolve as an organization, I look forward to promoting volunteerism, diversity and community support."

Freeny is providing leadership for the 130th Rose Parade on Tuesday, January 1, 2019.

In a statement officials said Freeny has been a volunteer member of the Tournament of Roses Association since 1988. In addition to his many years of service in the Tournament of Roses, his community involvement has included; president of the San Gabriel chapter of NOBLE (National Organization of Black Law Enforcement Executives), the Pasadena Police Foundation Board, Pasadena Police Citizens Academy, Pasadena Rose Bowl Aquatics Board, University Club, Pasadena YMCA Board, Black Support Group at Cal State LA, Urban League Board of Governors,

United Way Fundraising Committee, Toast Masters and the Pasadena NAACP. Freeny has been on the Advisory Board of the Rose Bowl Legacy Foundation since 2016, and is also a member of Legacy's Museum Committee.

He attended Pasadena Christian School and John Muir High School in Pasadena, and received a bachelor's degree in business administration and finance from California State University, Los Angeles. Freeny is a member of both the Kappa Alpha Psi and Gamma Zeta Boulé of Sigma Pi Phi fraternities and First Historic Lutheran Church.

Community partners for the event included the Pasadena Community Coalition, the Armenian Community Coalition, the League of United Latin American Citizens (LULAC) and the Organization of Chinese Americans – Greater Los Angeles (OCA-GLA).

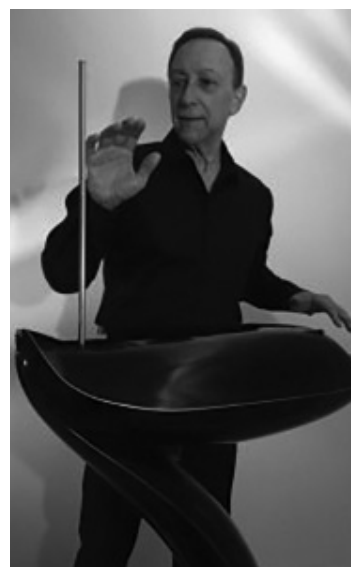
The Tournament of Roses is a volunteer organization that hosts America's New Year Celebration with the Rose Parade, the Rose Bowl Game, and a variety of accompanying events. 935 volunteer members of the association will drive the success of 130th Rose Parade themed "The Melody of Life," followed by the 105th Rose Bowl Game. For more information, visit: tournamentofroses.com.

Event: What is a Theremin?

Join The Pasadena Museum of History for a special presentation, Sept. 2 at 1 p.m., by Ed Sussman – artist, technician, and theremin musician – who will present the history of this remarkable instrument that was invented over 100 years ago. You very well might have heard the music in science fiction movie sound tracks, but now experience it live!

This unique instrument is played without touching it. See how it works and then try it yourself. This will be a fun and educational event for both kids and adults and an otherworldly musical finale on the closing day of Dreaming the Universe!

The museum is located



470 W. Walnut St. Pasadena. For more information visit: pasadenahistory.org.

Free Monthly Events at Pasadena Senior Center

There is something for everyone in August at the Pasadena Senior Center, 85 E. Holly St.

You do not have to be a member to attend. Some events require advance reservations as noted.

Free Summer Concerts for All Ages—Mondays at 6 p.m. through Sept. 3. Summer concerts sponsored by the Pasadena Senior Center have moved from Memorial Park to the air-conditioned comfort of the center's Scott Pavilion. Aug. 20: Lisa Haley and the Zydecats will play lively Cajun Zydeco music with plenty of Louisiana spice. Aug. 27: Leah Zeger will perform spirited Gypsy jazz and beloved standards. Sept. 3: The Great American Swing Band will feature the sounds of Big Band,

rhythm and blues, jazz and Dixieland.

Guide Dogs of the Desert – Thursday, Aug. 30, at 10 a.m. Since 1972, Guide Dogs of the Desert has made a difference in the lives of people who are blind or visually impaired. Come learn about the more than 1,400 client/dog teams across the nation that are enjoying richer, fuller and more productive lives.

For more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older.

ALTADENA CRIME BLOTTER

Monday, August 13th

9:00 AM – A residential burglary occurred in the 300 block of E. Las Flores Drive. Suspect(s) entered the residence via the window. Stolen: unknown.

12:00 PM – An attempt residential burglary occurred in the 700 block of E. Palm Street. Suspect(s) attempted to enter the residence by prying the door lock.

12:20 PM – A residential burglary occurred in the 2000 block of Holliston Avenue. Suspect(s) entered the residence by shattering the glass door. Stolen: currency.

Tuesday, August 14th

10:43 PM – Jan Villespin, 22 years old of Pasadena was arrested in the 1000 block of E. Palm Street for being drunk in public.

Wednesday, August 15th

No significant incidents.

Thursday, August 16th

2:50 AM – An assault with a deadly weapon occurred in the 300 block of Ventura Street. Victim was not injured.

4:00 AM – A commercial burglary occurred in the 2600 block of N. Fair Oaks Avenue. Suspect(s) entered the location by prying the metal gate links. Stolen: personal documents.

9:35 PM – Oscar Bell, 42 years old of Pasadena was arrested in the 20 block of E. Woodbury Road for being drunk in public.

Friday, August 17th

8:00 PM – A vehicle vandalism occurred in the 2100 block of Lincoln Avenue. Vehicle damage: shattered window.

Saturday, August 18th

8:14 PM – A domestic violence incident occurred in the 2100 block of Alta Pasa Drive. Suspect was taken into custody.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

TELL YOUR STORY AT ARCADIA PUBLIC LIBRARY DIGITAL STORYTELLING WORKSHOP

August 24, 2018 – Do you have a story about living in Arcadia, about the issues folks face in the community, about what it was like back in the day, about ways you have seen the community change? This is your opportunity to share your story and learn the basics of digital storytelling in order to turn your story into a 2 to 4 minute video.

Arcadia Public Library is hosting a two-day workshop on telling your stories and recording them digitally on Friday and Saturday, September 21 and 22, from 9 a.m. to 5 p.m.

This workshop is part of California Listens, a multi-year program at select public libraries throughout the state sponsored by the California State Library. The workshop will be led by Berkeley's StoryCenter, the inventors of the Digital Storytelling method now used by schools and community organizations around the world. Participants will make their own short video of their story on a computer. The stories will then be shared in a presentation in the fall at the Arcadia Public Library, and will become part of a state archive of stories about what it means to be Californian.

Space for this unique workshop is limited. Sign up at <https://www.storycenter.org/arcadia>.

For more information, please call 626.821.5570 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is

located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Facebook and Twitter.

About Arcadia

Nestled along the rolling foothills of the San Gabriel Mountains and Angeles National Forest, Arcadia is a charming, family-oriented community with a population of just over 57,000. Located only 13 miles east from downtown Los

Angeles, regional transportation networks like the Metro Gold Line connect Arcadia as a premier residential, shopping, and entertainment destination in the San Gabriel Valley. Arcadia is known for its top-rated schools, iconic landmarks, and serene neighborhoods. Arcadia is an award-winning community having been twice named as the Best City in California in which to Raise Kids and the 2017 Most Business Friendly City in Los Angeles County. With the conveniences and amenities of a full-service, mid-size city, Arcadia's "Community of Homes" provides a quality of life that will go Above & Beyond your expectations.

For more information, please visit ArcadiaCA.gov or follow us on Twitter by texting DISCOVER to 3322

WHERE IN THE WORLD IS YOUR LIBRARY CARD? PHOTO CONTEST AT ARCADIA PUBLIC LIBRARY

August 24, 2018 – September is Library Card Month and Arcadia Public Library is celebrating with a photo contest for adults and teens ages 13 and up.

Take your Arcadia Public Library card with you on a trip during September—as far away as you can! Take a picture of yourself, friends or family with your card. Tell the Library where you are and post it on social media. Tag the Library using #WhereismyAPLcard. The picture taken the farthest away from Arcadia Public Library will win a prize.

Don't have an Arcadia Public Library card? Stop by anytime the Library is open, bring two forms of ID, and get your card then and there. During the month

of September, children and adults will receive a small gift for getting a library card, while supplies last.

Entries into the "Where in the world is my Library Card?" contest are due before October 5. The winner will be announce October 10 and will have until October 30 to pick up the prize.

For more information, please call 626.821.5569 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Facebook and Twitter.

PASSPORT SERVICES AVAILABLE AT ARCADIA PUBLIC LIBRARY

AUGUST 24, 2018 – Thinking of fall and winter travel, but don't have a passport? Your children are old to enough to travel and need passports? Do you have questions or need to know about renewing your passport?

Arcadia Public Library offers Passport Services by appointment Mondays through Saturdays, including evenings. Photos, expedited service and overnight delivery are available as well. The Library's dedicated Passport Services staff can answer questions about passports, process applications, and take photos. Renewals of current passports can only be processed

online, however.

Same day appointments are available and calls are returned within 24-hours on business days. For more information or to schedule an appointment, please call 626.294.4848.

For more information, please call 626.821.5569 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Facebook and Twitter.

ARCADIA POLICE BLOTTER

For the period of Sunday, August 12th, through Saturday, August 18th, the Police Department responded to 1,101 calls for service, of which 137 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 12:

Shortly before 2:00 p.m., an officer responded to a residence in the 600 block of Fairview Avenue regarding a vandalism report. An investigation revealed an angry ex-boyfriend damaged the victim's car by scratching the side and denting the fender. The 24-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

At approximately 4:28 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a shoplifting report. Loss prevention employees discovered the suspect had concealed more than \$600.00 worth of merchandise before exiting the store, failing to make payment. The 33-year-old male from Los Angeles was arrested and cited in the field due to medical issues.

Monday, August 13:

Just after 10:21 a.m., an officer responded to a residence in the 300 block of West Palm Drive regarding a burglary report. The victim discovered unknown suspects smashed a side window, ransacked the home, and fled with an unknown amount of property. No suspects were seen and no witnesses were located.

At approximately 11:11 a.m., an officer responded to Extended Stay, 401 East Santa Clara Street, regarding a grand theft report. The officer determined an unknown suspect stole the victim's tailgate from his truck while it was parked in the hotel parking lot. No suspects were seen and no witnesses were located.

Tuesday, August 14:

Around 9:18 a.m., an officer responded to Kung Pao Restaurant, 1220 Golden West Avenue, regarding a burglary report. Surveillance footage revealed a male suspect crawled into the foot court restaurant, rummaged through the business, and fled with \$300.00 and an energy drink. The suspect returned on Wednesday, August 15th. On Saturday, the suspect burglarized the location for a third time when officers arrested him. The 33-year-old male from San Gabriel was transported to the Arcadia City Jail for booking.

Just before 12:14 p.m., an officer responded to a residence in the 00 block of Andrea Lane regarding disturbance report. An altercation ensued between family members and an acquaintance resulting in the 40-year-old female acquaintance from Simi Valley being arrested for outstanding misdemeanor and felony warrants. She was arrested and transported to the Arcadia City Jail for booking.

SENIOR HEALTH FAIR WITH HEALTH SCREENINGS

Arcadia Senior Services in partnership with Methodist Hospital is having its annual Health Fair, "Catch the Wellness Wave" on Friday, September 21, 2018. It will take place at the Arcadia Community Center, 365 Campus Drive. There will be information booths and health screenings from 9am to 12pm. Two health screenings need appointments; a \$7 carotid artery screening and a free Hearing Test. These appointments can be made by calling Arcadia Senior Services 626.574.5130.

Wednesday, August 15:

At about 7:02 a.m., an officer responded to the 100 block of Fano Street regarding a drunk in public report. The officer located the subject stumbling in the street and discovered the 28-year-old male from Arcadia was under the influence and unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

Shortly after 3:21 p.m., officers responded to the 600 block of West Duarte Road regarding an apparent suicide. An investigation revealed the 87-year-old male victim from Duarte jumped from the 8th floor of the building to the parking lot below.

Before 8:27 p.m., officers responded to the intersection of Third Avenue and Las Flores Avenue regarding a welfare check. Officers located the subject unconscious and unresponsive on the ground. The officers discovered the suspect was in possession of an open container and was under the influence of alcohol. While interacting with officers, the 23-year-old male from Arcadia spit on one of the officers. He was arrested and transported to the Arcadia City Jail for booking.

Thursday, August 16:

Around 1:40 p.m., an officer responded to the 00 block of West Santa Anita Terrace regarding a stolen vehicle report. Sometime between 12:15 p.m. and 1:30 p.m. on August 16th, an unknown suspect stole the victim's Honda Civic. The vehicle was located in El Monte a short time later. No suspects were seen and no witnesses were located.

At about 11:42 p.m., an officer responded to Sharetea, 55 East Duarte Road, regarding a burglary report. The officer determined unknown suspects smashed one of the windows, ransacked the location, and fled with \$200.00 from the register. No suspects were seen and no witnesses were located.

Friday, August 17:

Just before 2:31 p.m., an officer responded to Victoria's Secret, 400 South Baldwin Avenue, regarding a grand theft report. Surveillance footage revealed the suspect concealed more than \$1,100.00 worth of track pants in a shopping bag and fled without paying.

The suspect is described as a black male with dark hair in a bun, and was seen wearing a floral shirt. The investigation is ongoing.

Saturday, August 18:

Shortly after 9:29 a.m., an officer responded to a residence in the 1600 block of Elevado Avenue regarding a burglary report. An investigation revealed unknown suspects entered an unlocked vehicle, used the garage opener to enter the home, searched through the garage, and fled with the garage opener. No suspects were seen and no witnesses were located.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 390 service events, resulting in 88 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping.

For Police Department news and information, visit our website and follow us on Facebook, Twitter, Instagram or Nextdoor.

Possession of a Controlled Substance / Possession of Drug Paraphernalia / Warrants – Suspect Arrested

August 16 at 4:02 p.m., an officer observed a bicyclist commit a traffic violation in the 300 block of W. Duarte and stopped her. A computer check of the subject showed she had two warrants for her arrest. A search of the subject revealed drug paraphernalia and methamphetamine in her purse. She was arrested and taken into custody.

Possession of a Controlled Substance / Warrants – Suspect Arrested

August 16 at 4:24 p.m., police dispatch received a call reporting a suspicious person loitering in the 700 block of E. Olive. Officers located the subject, who admitted having bench warrants and being in possession of drugs. The suspect was arrested on the charges.

Possession of Fireworks / Curfew – Suspects Arrested

August 17 at 1:27 a.m., officers responded to a call reporting shots fired in the 300 block of Hill Street. While responding, an officer saw a vehicle leaving the area with no headlights on, that was occupied by four subjects. He stopped the vehicle in the 400 block of S. Ivy, and the driver was found to be unlicensed. The vehicle was searched and numerous mortar type fireworks and a launcher were found in the vehicle. The subjects admitted to setting off a firework in the area of Hill Street. Three of the subjects were juveniles and the driver was an adult. The driver was arrested for possession of dangerous fireworks and unlicensed driver. The juveniles were arrested and released on a citation to appear in court for the curfew violation and possession of dangerous fireworks.

Driving Under the Influence – Suspect Arrested

August 17 at 5:44 a.m., police dispatch received a call reporting a drunk driver in the 1400 block of S. California. Officers responded and located the vehicle. Through investigation, the driver was determined to be intoxicated and was arrested for driving under the influence.

Vehicle Burglary / Vandalism

August 17 at 7:22 a.m., an officer responded to the 1300 block of S. Alta Vista regarding a vehicle burglary. The victim parked the vehicle in the carport and in the morning discovered the left rear window was smashed. No loss could be confirmed at the time. The investigation is continuing.

Grand Theft – Suspect Arrested

August 17 at 12:31 p.m., a grand theft incident that occurred in the 500 block of E. Foothill was reported

to police. The victim met with the suspect to sell a cell phone through the OfferUp app. During the meeting, the suspect grabbed the victim's phone and fled in a waiting vehicle, dropping his own cell phone out of his pocket as he was fleeing. The victim collected it and gave it to police. The investigation revealed the suspect's name, and the officer contacted one of his friends on the cell phone. A short time later, the suspect came into the lobby with the victim's cell phone. He admitted to the theft and was arrested for the crime.

Shoplifting – Suspect Arrested

August 17 at 8:56 p.m., a shoplifting incident was reported at a business in the 500 block of W. Huntington. A female suspect concealed jewelry and accessories inside her purse and exited the store without paying. She was detained by loss prevention and police were notified. The property was recovered and the suspect was arrested.

Driving Under the Influence / Traffic Collision – Suspect Arrested

August 18 at 9:51 a.m., police responded to a traffic collision in the 500 Block E. Lemon. A female adult driver hit a parked car and ended up on the lawn of a residence. Officers arrived, and after investigation, they arrested the driver for suspicion of driving under the influence of alcohol and drugs.

Shoplifting / Possession of Drug Paraphernalia / Warrant – Suspect Arrested

August 18 at 7:23 p.m., a business in the 100 block of W. Foothill reported a shoplifting incident. A female subject stole merchandise from the store without paying and was apprehended by store loss prevention. She was arrested for shoplifting and found to be in possession of drug paraphernalia. She also had a warrant for her arrest, which was added to her charges.

Warrant / Receiving Stolen Property / Possession of Drug Paraphernalia – Suspect Arrested

August 19 at 7:38 p.m., two suspicious subjects were stopped in the area of Primrose and Maple. One was found to have a warrant and the other was in possession of stolen merchandise from a nearby business and drug paraphernalia. Both subjects were arrested.

Possession of Drug Paraphernalia – Suspect Arrested

August 19 at 11:35 p.m., an officer stopped a vehicle near the intersection of Mayflower and Huntington for vehicle code violations. A consent search revealed drug paraphernalia on his person. The subject was arrested and released in the field with a citation to appear in court on the charges.

Driving Under the Influence – Suspect Arrested

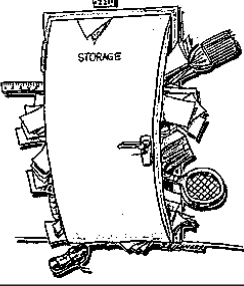
August 20 at 1:20 a.m., an officer was on patrol in the 600 block of W. Duarte when he saw a subject passed out behind the wheel of his vehicle with the vehicle engine still running. The subject was contacted, and after further investigation, was arrested for driving under the influence of alcohol and drugs.

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ALONG CAME A SPIDER

My home was built in the 1950's, and even though it is old, to me it is a refuge from the rest of the world where change and replacement is an ongoing, never-ending process. I adore my home. My husband Rick and I bought it 26 years ago, and to be perfectly honest, at first I was not that excited about it. I instantly loved the property it sits on, and the neighborhood surrounding it, but the structure itself had to grow on me over time.

Rick knew better. He understood that the house had "good bones". He felt sure that the heavy-duty core construction would sustain over time and he had a vision for how we could make an older house or home, the way we wanted it. Thanks to his vision, we've managed to create a beautiful living space through hard work, creativity, patience and tenacity. But, as much as I appreciate my home, I must admit that it is somewhat of a spider magnet.

Fortunately, I don't suffer from arachnophobia, so having spiders reside alongside me in my private space has never been any sort of a fear factor to me. Although I do like to keep a tidy home, and having spider webs constructed in all four corners of the indoors does tend to pose somewhat of a challenge for keeping things clean.

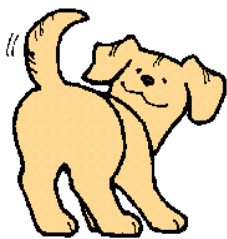
I do what I can to capture those elusive arachnids without harming them and I take them to the yard where I think they will have the best chance of continuing on their path of life without disruption. There is no need to kill a harmless spider. They are just doing what they were created to do, which often means they are eating those annoying flying bugs that will either bite or drive a person crazy.

So now that the cat is out of the bag, it is no secret that I like spiders, a lot! I find them fascinating, both physically and socially, and I'm impressed with their work ethic. They never quit! When the practical, yet remarkably artistic web structure they worked on for countless hours - using silk that came from its own glands - is destroyed, they immediately climb back up and begin the project all over again. It's a repeat performance that puts my house-cleaning skills to shame!

At the same time, I also realize that some types of spiders can be dangerous or deadly, so it is important to know the difference between the good guys and the bad guys. At

Happy Tails

by Chris Leclerc



least when it comes to spiders, we can count on natural markings to know a friendly spider from a potentially dangerous one, which is more than can be said for humans a lot of the time.

I was inspired to write about spiders when I saw a fact sheet showing images of the ones likely to be found in the United States. I was reminded of how important it is to know which ones are harmful and which ones should actually be protected. And in my opinion, letting the harmless ones live is equally important as avoiding contact with the lethal ones.

There is a wide variety of spiders found in the Pacific Northwest US, but only a couple among them are considered to be potentially dangerous or deadly. The Black Widow and the Brown Recluse

are dangerous, potentially deadly spiders that should be avoided and if found in your home or yard, destroyed. As much as I hate to kill any living thing, there are times when it is necessary to use common sense to protect oneself from harm, and this would definitely be one of those times.

The Hobo Spider used to be among those considered dangerous, but after more in-depth research, scientists have removed it from the list. The Hobo Spider will bite if forced to do so and its bite is painful but its venom is not considered remarkably harmful, definitely not deadly. All three - the Black Widow, the Brown Recluse and the Hobo Spider can be identified by their tubular web construction.

Be aware that any spider would rather run than have to defend itself and for this reason, it is always best to let them go on their way. This is actually true of any wild living thing you may come across in the foothills where we live. Animals just want to be left alone and allowed to survive. Because we humans have infringed on much of the wild open space where lots of animals live, many have been forced to learn to survive by adapting to cohabitation with us and it's about time we humans learn to do the same.

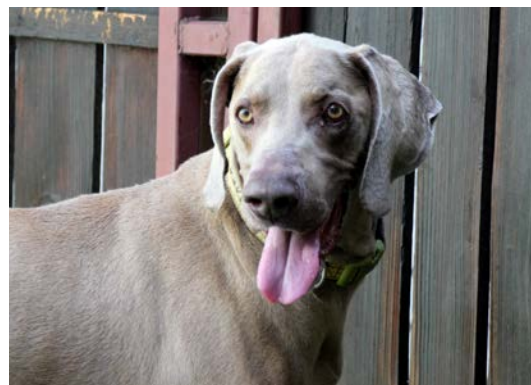


Black Widow



BEST FRIEND

Wegman is a beautiful Weimaraner mix about 8-years-old, weighing in at a healthy and hefty 90 pounds. He was found as a stray dog in Rosemead with no identification to trace his owner. Since no one has come to claim him, he is now available for adoption. Wegman is a lovely senior boy with a very affectionate disposition and the energy of a youngster. Wegman loves people and is not shy to show everyone affection. He is a stunning, confident and loving big boy with the most beautiful doggie smile. Wegman loves spending time with his human friends preferably cuddling cheek-to-cheek. He is still quite energetic and needs his daily exercise. He loves walks to the park or some playtime in our dog runs. Wegman is looking for a secure home with an active family who can give him the exercise, training and love he needs to thrive and live his best life. His adoption fee is \$145 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information.



He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel which is located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet', please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org.

TWO'S COMPANY!

Katnip News!



Might you be looking for the sweetest, cutest twosome ever? Look no further than our brother/sister duo, PARKER & CHARLOTTE, age about 1 yr. They were first adopted several

months ago, but were recently returned to us due to on-going travel plans of the owner. They are almost identical tabbies, with snow white paws, and sweet little faces, all wrapped up in a cuddly, friendly, and loving package of double trouble! They will live up your home and bring you endless joy and cuddles! Of course, they will come



healthy, current on vaccines, spayed/neutered, and microchipped. See more pictures, adoption info at www.lifelineforpets.org.

GOOD NEWS: Dogs Baxter and TJ have been adopted.

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THE WORLD AROUND US



CHRISTOPHER Nyerges OLD SCHOOL KNIFE SHARPENING MEET PERIPATETIC KNIFE SHARPENER JULIO TORUNO

[For information about Nyerges' classes and books, he can be reached at www.SchoolofSelf-Reliance.com.]

Julio Toruno is intimately involved with knives everyday. But he's not a survivalist, a knife collector, nor a cutlery dealer. He doesn't live in a remote compound, and he's never heard of all the TV survivor actors.

Toruno is a quiet man who's found his peace through the art of knife-sharpening. Many times a week, he sets up temporary shop from the back of his truck, mostly at farmer's markets, and not far from Sierra Madre. "Have stone, will sharpen," seems to be his motto. Toruno got started with knife-sharpening

neat system, so that the water he continually adds to the stone drips right into the pan. I gave Toruno one of my carbon steel sheath knives so I could watch the process from start to finish. He mounted the coarsest wet stone onto his vice, which had a grit of 120. (The smaller the number, the coarser the grit of the stone). He tells me that he first examines my knife to see how many strokes it needs, and to see if there are any particularly bad spots on the knife. He decides to take my little Russel skinning knife through his five stages of sharpening. He lays the knife onto the wet stone, matching the angle the cutting edge to the stone. He then gives it about 70 even strokes. "The number of strokes changes as I move from stone to



because of his background in cooking. He's worked as a prep cook, and as a cook at a private school. He knew that a sharp knife was a necessity in getting the job done. For the last four years, Toruno has been a peripatetic knife-sharpener, driving to various locations where he sets up shop and does his trade. When I recently approached him as he was sharpening a large kitchen knife, I could see that he was very focused, and I didn't know at the time that he was counting his strokes. His concentration was completely on each stroke of the knife on his wet stone. I watched him evenly stroke the knife back and forth, and occasionally put some water onto the stone. I waited until he finished, after he wiped the knife clean, and set it to the side, before I began to ask questions.

The stones are mounted in a vice that Toruno made, which allows the stone to sit atop a large stainless steel rectangular pan filled with water. This makes a very

stone, and depending on the knife," he explains. "The further along the process, I use less strokes, but on average it's about 160 strokes total per side, from the coarse to the fine stone." When he was done with the 120 grit stone, he moved to finer grits of stones. He proceeded to stroke my knife with a 220 grit stone, then 320, then 1000, and finally the finest work was done on an 8000 grit stone. Toruno looked at my knife's edge carefully, and sliced through a piece of glossy paper to show how sharp he'd made it.

For a beginner just getting started in knife-sharpening, he suggests going to any woodworking store and buying a stone with a different grit on each side, such as a 500 and 1000 grit stone. Locally, Toruno can be seen Tuesdays at the Highland Park Farmers market at Avenue 58 at Figueroa, and at the Altadena Farmers Market at Loma Alta and Lincoln. He can be reached at (626) 466-6278.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

LAUGHTER IN ANY OTHER LANGUAGE IS JUST NOT FUNNY

When I was in high school, I played on the volleyball team. During one practice session, I forgot to bring my sneakers. Not thinking much of it, I just played anyway.

During the practice, I stepped forward to protect the player on the front line and when he jumped, he came down on my right foot. The consequence was he smashed my big toe.

That little incident put me out of the volleyball team for the rest of the season. I had to go to the doctor and have him fix my toe. I had to go several times for him to fix it. Consequently, my toenail on my right foot grew in crooked. It has been a painful thing ever since.

For years, I took care of it, but not too long ago I was doing more damage than help and I did not know what to do about it.

The Gracious Mistress of the Parsonage suggested that I go have a pedicure.

Looking at her, I said rather sarcastically, "A pedicure is for girls."

"Well," she said rather slowly, "if you go to the doctor it will be about \$300. A pedicure is around \$25. Now," she continued, "you do the math."

I must say it took me a long time to do the math on that one. I knew I had to have some kind of professional help with that toe. I was doing so much damage that it hurt just to walk. And, I'm not old enough to hobble around.

After a long evaluation I thought that I did not have anything to lose except, \$275.

Not far from us was some kind of a Nail Salon. I went to it at least five times before I finally went in. It was a very humiliating experience for me. After all, I'm not a "girl."

When I went in, finally, I noticed they were not speaking English. It turned out to be some Vietnamese family running this nail salon. When I walked in nobody was smiling, but as soon as the door shut behind me, everybody looked at me and started smiling. What's that all about?

Somebody started speaking in Vietnamese and then everybody looked at me and started to laugh. I too laughed.

I had a moment of hesitation and I was about to turn around and go outside as fast as I could. It must have been the owner or manager of the nail salon who come up to me, greeted me very graciously and took me back to a chair where I was to have my pedicure.

A very nice young lady came and said something to me that I could not understand. Then she pointed to my shoes and said something else I could not understand. I believe she wanted me to take off my shoes and socks.

I did so and while I was doing it, she got the hot water in the pan in front of the chair I was to sit in. As soon as I took off my shoes and socks, she pointed to my feet and said something and everybody looked at me and started laughing.

She said something in English that sounded like, "Too long." Then everybody in the salon began to chuckle.

I honestly did not know what she meant. I did not know if my toenails were too long or if I waited too long to come and get a pedicure.

Then she started the process of a pedicure. I started feeling like a "girl."

She was rather gracious, and knew exactly what she was doing and did a wonderful job with the pedicure. She cut my toenails like they have never been cut before. And, there was no blood!

I never had a pedicure before and really was not sure what to expect. Not only did she cut my toenails, but also she massaged my foot and my toes and they never felt better.

Every once in a while, she would say something in Vietnamese and everybody in the salon would look at me and then laugh. At first, I was laughing along with them. I do not know what I was laughing at. I do suspicion that I was laughing at myself.

It began slowly to dawn on me that perhaps she was making fun of my foot. Could it be she's never seen a "non-girl foot?"

I was feeling a little strange and thought to myself that this will be the last time I ever come here. Then when they were laughing at one point, I thought of the money involved. By coming here to this nail salon, I was saving \$275. It was then that I began to laugh, and laugh very loud.

When I went to the check out to pay for the pedicure the manager said to me, "Come back soon?" I just nodded my head thinking of the \$275 I was saving. Going out the door, I found myself still laughing.

I was reminded of what David said. "Then was our mouth filled with laughter, and our tongue with singing; then said they among the heathen, 'The Lord hath done great things for them'" (Psalm 126:2).

When I refuse to do something because of my pride, I discover that when I face up to my pride and not allow it to define me that I can discover joy.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with the Gracious Mistress of the Parsonage, in Ocala, Florida. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

****BREAKING NEWS ****

My favorite Sahara has been sold , so here is my good bye !!!!

No Cheeseburger Cheeseburger But Great Middle Eastern Food

Writing reviews on restaurants is subjective, as is drinking and wine . I love mom-and-pop restaurants that you've probably driven past 100 times. I always go to the restaurant at least three times before ink hits paper in the form of a review (I do take recommendations). I love Parkway Grill, Panda Inn and Houston's, but you know those already!

Sahara Restaurant in central Pasadena is one of my go-to spots for both takeout and sit-down dining. I probably eat at Sahara at least three times a month. I was born in Athens, Greece, and though Sahara leans towards Lebanese cuisine, Middle Eastern foods are universal in menu selections. They don't have Lebanese beer (the owner's son said they don't have their home brew because they'd drink it all!), so I have my meals with Heineken. The interior is somewhat plain with pictures of Lebanon, and the tables and chairs could be from any diner in the area. But, the food is the highlight of this show. The kitchen is open so you can watch your food being cooking on mesquite, and it's ably run by two brothers and their sons - it's a family affair.

They offer plenty of standard Middle Eastern dishes like kebabs, shawerma, and falafels. I love the lulu kebabs (ground seasoned lamb and beef (\$11.25), and for those of you who can't decide, get the combination (\$14.75) which has a little of everything. For you vegetarians the falafel is a crowd pleaser (\$8.25). Order a side of babaghanouj (eggplant) (\$4.50) - they tell me it's the real deal. My buddy Mike Bingley from the tv show Straight off the Menu swears by the by the chicken kebab. I like it but others seem to be juicer. All dishes come with feta cheese, a remarkable starter of pita bread, cucumber and your choice of lentil or cabbage salad. The cabbage is salad is great, and often I'll put it aside for my next days lunch. Two enthusiastic thumbs up for Sahara! Get here early - it's posted close time 8:30, but many times Sebestain says bro "we were busy we sold out on the food, just like a BBQ joint in Texas" - when it's gone, it's gone. If you were a fan of Burger Continental 20 years ago, you will love Sahara.

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Looking Up with Bob Eklund



SPOOKY ACTION AT A DISTANCE?

Last year, physicists at MIT, the University of Vienna, and elsewhere provided strong support for quantum entanglement, the seemingly far-out idea that two particles, no matter how distant from each other in space and time, can be inextricably linked, in a way that defies the rules of classical physics.

Take, for instance, two particles sitting on opposite edges of the universe. If they are truly entangled, then according to the theory of quantum mechanics their physical properties should be related in such a way that any measurement made on one particle should instantly convey information about any future measurement outcome of the other particle—correlations that Einstein skeptically saw as “spooky action at a distance.”

In the 1960s, the physicist John Bell calculated a theoretical limit beyond which such correlations must have a quantum, rather than a classical, explanation.

But what if such correlations were the result not of quantum entanglement, but of some other hidden, classical explanation? Such “what-ifs” are known to physicists as loopholes to tests of Bell’s inequality, the most stubborn of which is the “freedom-of-choice” loophole: the possibility that some hidden, classical variable may influence the measurement that an experimenter chooses to perform on an entangled particle, making the outcome look quantumly correlated when in fact it isn’t.

On Jan. 11, 2018, in a new experiment to test quantum entanglement, MIT’s David Kaiser and other team members gathered on a mountaintop in the Canary Islands and began collecting data from two large, 4-meter-wide telescopes: the William Herschel Telescope and the Telescopio Nazionale Galileo, both situated on the same mountain and separated by about a kilometer.

One telescope focused on a particular quasar, while the other telescope looked at another quasar in a different patch of the night sky. Meanwhile, researchers at a station located between the two telescopes created pairs of entangled photons and beamed particles from each pair in opposite directions toward each telescope.

In the fraction of a second before each entangled



photon reached its detector, the instrumentation determined whether a single photon arriving from the quasar was more red or blue, a measurement that then automatically adjusted the angle of a polarizer that ultimately received and detected the incoming entangled photon.

“The timing is very tricky,” Kaiser says. “Everything has to happen within very tight windows, updating every microsecond or so.”

The researchers ran their experiment twice, each for around 15 minutes and with two different pairs

of quasars. For each run, they measured 17,663 and 12,420 pairs of entangled photons, respectively. Within hours of closing the telescope domes and looking through preliminary data, the team could tell there were strong correlations among the photon pairs, indicating that the photons were correlated in a quantum-mechanical manner.

The team performed a more detailed analysis to calculate the chance, however slight, that a classical mechanism might have produced the correlations the team observed.

They calculated that, for the best of the two runs, the probability that a mechanism based on classical physics could have achieved the observed correlation was about 10 to the minus 20—that is, about one part in one hundred billion billion—outrageously small.

Sorry, Professor Einstein—it looks like “spooky action at a distance” is proving to be a reality.

You can contact Bob Eklund at: beklund@MtnViewsNews.com.

SCHOLARSHIPS AVAILABLE FOR BEST STUDENT VIDEOS FEATURING SPECIAL DISTRICTS

Sacramento, Calif. – What is a special district? You tell us! Better yet, show us, and perhaps win a scholarship. The Districts Make the Difference 2018 Student Video Contest for high school and college students challenges would-be filmmakers to produce a 60-second video that tells the story of a special district or districts in their community. The goal of each video is to increase public awareness and understanding of California's special districts and the services they provide to residents.

Entries may be submitted between August 27 and September 30. Finalists will be announced November 1, and winners announced in December.

The competition gives entrants an opportunity to practice film-making with the potential to win a \$2,000 scholarship while learning about perhaps the most enigmatic arm of local government – often unsung special districts that provide a wide range of specialized, focused services throughout California. Contestants may choose to tell the story of a local sewer and sanitation district, fire or public safety district, water district, or even a cemetery or park district. Contestants may work alone or in a team effort. Some may zoom their cameras in on something as specific as a mosquito abatement, airport, or healthcare districts. Others may choose to explore a

complement of special districts that work together and provide a network of essential, specialized services to their community.

The video contest is organized by Districts Make the Difference, the public outreach campaign launched by the California Special Districts Association (CSDA) to highlight the important work of the almost 2,000 special districts in California. “This contest is one of our favorite programs each year,” noted Neil McCormick, CEO of CSDA. “It provides students with the opportunity to learn about districts, show off their artistic talents, and express those talents in a way that helps educate the public – and perhaps win a scholarship in the process.”

Entries will be judged using four criteria: accuracy and effectiveness, creativity and originality, production quality and entertainment value. Last year, videos were submitted from all over the state. Once submitted, a panel of CSDA officials will select five finalist videos, which will go through a month-long period of public voting to determine the winners. First, second and third-place scholarships will be awarded.

For more information about the contest and review the application and rules, visit: <http://districtsmakethedifference.org/video-contest>.

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HOW OLDER PEOPLE CAN FIND CLINICAL TRIALS

Dear Savvy Senior,
What can you tell me about clinical trials and how to go about finding one?

Old and Ill

Dear Old,
Each year, hundreds of thousands of Americans participate in clinical trials in hopes of gaining access to the latest, and possibly greatest, but not yet on the market treatments for all types of illnesses. But, you need to be aware that clinical trials can vary greatly in what they're designed to do, so be careful to choose one that can actually benefit you. Here's what you should know along with some tips for locating one.

Clinical Trials

A clinical trial is the scientific term for a test or research study of a drug, device or medical procedure using people. These trials – sponsored by drug companies, doctors, hospitals and the federal government – are conducted to learn whether a new treatment is safe and if it works. But, keep in mind that these new treatments are also unproven, so there may be risks too.

Also be aware that all clinical trials have certain eligibility criteria (age, gender, health status, etc.) that you must meet in order to be accepted. And before taking part in a trial, you'll be asked to sign an informed consent agreement. You can also leave a study at any time.

Find a Trial

Every year, there are more than 100,000 clinical trials conducted in the U.S. You can find them by asking your doctor who may be monitoring trials in his or her specialty. Or, you can look for them on your own at ClinicalTrials.gov. This website, sponsored by the National Institutes of Health, contains a comprehensive database of federally and privately supported clinical studies in the U.S. and abroad on a wide range of diseases and conditions, including information about each trial's purpose, who may participate, locations, and phone numbers for more details.

If you want some help finding the right trial, try ResearchMatch.org, a web-based resource



created by Vanderbilt University that connects willing patients with researchers of clinical trial. Or, use the Center for Information and Study on Clinical Research Participation at CISCRP.org. This is a nonprofit organization that will take your information online or over the phone and do a thorough clinical trials search for you, and mail or email you the results within a week or two. Call 877-633-4376 for assistance.

Those with dementia and their caregivers can also locate clinical trials at the Alzheimer's Association TrialMatch at TrialMatch.alz.org.

Things to Know

Before deciding to participate in a trial, you need to first discuss it with your doctor to make sure it is appropriate for you. Then, schedule an appointment with the study's medical team and ask lots of questions, such as:

- What's the purpose of the study and can it improve my condition?
- What are the risks?
- What kinds of tests and treatments does the study involve, and how often and where they are performed?
- Is the experimental treatment in the study being compared with a standard treatment or a placebo?
- Who's paying for the study? Will I have any costs, and if so, will my insurance plan or Medicare cover the rest?
- What if something goes wrong during or after the trial and I need extra medical care? Who pays?

For more information on clinical trials for older adults visit the National Institute on Aging (nia.nih.gov/health/clinical-trials), which has many informative articles including one on “questions to ask before participating in a clinical trial.”

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.

SENIOR HAPPENINGS

HAPPY BIRTHDAY!August Birthdays

Bill Nelson, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Maury Whitaker, Pat Miranda, Phyllis Chapman, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Dorothy Quentmeyer, Genevieve Stubbs, Miep Tulleners, Joy Barry, Ellie Baudino, Marcia Bent, Daryls Brechwald, Joan Spears, Ruth Torres, Jane Zamanzadeh.

* To add your name to this distinguished list, please call the paper at YEAR of

birth not required



AUGUST ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Hawaiian & Polynesian Dance Class: Every Tuesday morning from 10a.m. to 11a.m. Join the class with Instructor Barbara Dempsey as she leads you in

the art of Hula.

Bingo Time: Every Tuesday beginning at 1:00p.m. Cards are only \$0.25 each! Everyone is welcome to join. Activity may be canceled if less than five people. Free Blood Pressure Testing: 2nd Tuesdays of the month from 11a.m. to 12p.m. No appt. is necessary.

Brain Games: Join us on Thursday, August 16th at 10:30a.m. to 11:30a.m. for Scattergories, a creativethinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. What a great way to strengthen your brain and make new friends. Games facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, August 15th from 10:30a.m. to Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates, and Injury. Please call Hart Park House for an appointment, 626-355-7394.

Senior Club: Meets every Saturday at the Hart Park House Senior Center. Brown Bag Lunch at 11:30a.m.

Chair Yoga: Mondays & Wednesdays from 11:00a.m. to 11:45a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed! * Voluntary Donations of \$5.00 per week per participant are suggested but not required.

Birthday Celebrations: Every 2nd Thursday monthly at the Hart Park House, share some free birthday cake provided by the Senior Community Commission!

Game Day: Every Thursday starting at 12:00p.m. Come join this group of Seniors in their poker game.

Free Strength Training Class: Fridays from 12:45p.m. to 1:30p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment is provided.

SENIOR MOVIE: August 15th at 1:00 p.m. RACE (2016)

Young Jesse Owens becomes a track and field sensation while attending Ohio State University in the early 1930's. After heated debates, the United States decides not to boycott the Olympics in Nazi Germany. Overcoming racism at home and abroad, Owens seizes the opportunity to show Berlin and the world he is the fastest man alive! Rated PG-13. Run Time: 2h 14m.

ICE CREAM SOCIAL Thursday, August 23rd, 12:30p.m. - 1:30p.m.

Hart Park House Representative from Anthem BlueCross will have free information on Medicare Benefits and Medicare extras. Come learn about their programs, ask questions, and enjoy ice cream with syrup and toppings! Call 626-355-7394 at the Hart Park House if you plan on attending.



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SATURDAY, AUGUST 25, 2018

AROUND SAN GABRIEL VALLEY

FIRST CONTRACT FOR FOOTHILL GOLD LINE LIGHT RAIL EXTENSION IS COMPLETED UNDER BUDGET AND AHEAD OF SCHEDULE AN EARLY SUCCESS FOR MEASURE M AND SB1 FUNDING

Monrovia, CA – Today, the Foothill Gold Line Construction Authority (Construction Authority) announced completion of the \$2.6 million Utility Relocation design-bid-build contract, awarded to W.A. Rasic Construction Company, Inc. (Rasic) in September 2017. Over the last 11 months, Rasic crews successfully relocated and/or protected a dozen strategically-located sewer and water lines that cross the railroad corridor where the Foothill Gold Line is being built. Today's announcement marks the successful completion of the first of three contracts to be awarded over the life of the \$1.5 billion, six-station Foothill Gold Line light rail extension from Glendora to Montclair. The project will add new Metro Gold Line stations in the cities of Glendora, San Dimas, La Verne, Pomona, Claremont and Montclair.

"The utility work went very smoothly and was completed two months ahead of schedule," stated Construction Authority CEO, Habib F. Balian. "We were very pleased with Rasic's work, which helps pave the way for the main design-build contractor to begin work as soon as they are ready."

Procurement for the Alignment design-build contract began in November 2017 and will include all work on the 12.3-mile light rail extension with the exception of parking. Proposals are due on September 12, and the Construction Authority anticipates awarding the contract later this year. Major construction is expected to begin in early 2020 and consist of two construction phases. First, the Alignment contractor will rebuild and relocate the freight and Metrolink systems that currently operate in the middle of the rail corridor. Once the relocation is done, crews will build the light rail system. Completion is expected in 2026.

"This is an early success for the project and for our

funding partners," added Balian. "Getting this work done ahead of the main design-build team being hired reduces risk for the four shortlisted bidding teams and hopefully reduces their final bid prices and keeps the project within our current estimates."

The Foothill Gold Line light rail project is being funded by local county sales tax measures and the State of California. The portion of the project within Los Angeles County (Glendora to Claremont) is being mostly funded by LA Metro's Measure M, with just under \$100 million in Measure R funding designated for the project. The portion from Claremont to Montclair is being funded by San Bernardino County's Measure I. In April 2018, the project received nearly \$300 million from the State of California's Transit and Intercity Rail Capital Program, a grant program funded by SB1 and the State's Cap and Trade Auction. State funds will be used to fill the estimated funding gap needed to complete the project in both counties.

About the Foothill Gold Line - The Foothill Gold Line Construction Authority is an independent transportation planning and construction agency created in 1998 by the California State Legislature to plan, design and build the Metro Gold Line light rail system from Union Station to Montclair. The agency completed the first segment from Union Station to Pasadena in 2003 and the Pasadena to Azusa segment in 2015; both on time and under budget. The agency began work on the Foothill Gold Line from Glendora to Montclair in 2003. The Glendora to Montclair project was environmentally cleared under CEQA in March 2013 and completed advanced conceptual engineering in 2016. The project was the first Measure M-funded project to break ground.

2019 BREEDERS' CUP RETURNS TO SANTA ANITA PARK AND DRAYDEN VAN DYKE SETS RECORD AT DEL MAR



Drayden Van Dyke and Gary Stevens at Cocker's Corner, Santa Anita Park

By Joan Schmidt

WOW! What a week this has been for racing fans! First last Friday, the Media was invited to Santa Anita's Chandelier Room, for a special announcement-the Breeders' Cup is returning to Santa Anita, next year, Nov. 1 and Nov. 2. In 2016, the Breeders' Cup established a two-day attendance record of 118,484 at Santa Anita, the only track who hosted it, three consecutive years. (2012-2014)

It was a pleasure to meet Craig Fravel, Breeders' Cup President and CEO, who said, "We look forward to another outstanding Breeders Cup World Championships at Santa Anita...one of the world's greatest racing venues." Tim Ritvo, CEO, The Stonach Group told us, "We are thrilled to have the Breeders Cup back here at Santa Anita for a record 10th time in 2019."

With the San Gabriel Mountains as a backdrop, Santa Anita has one of the most beautiful racing venues. Previously, over \$35 million has been invested towards improved premium seating areas, racing surfaces and enhanced wagering product. Additionally, the Park plans to invest \$5 million to add new premium seating, and renovations to the 4th and 5th floor restaurants prior to the Breeders' Cup.

Also attending were Mayor Sho Tay, Mayor Pro Tem April Verlatto and Council Member Roger Chandler, who has been a racing fan for years, and told us that he was at the 1986 event-first time Breeders' Cup was at Santa Anita!

On Sunday, August 19, the unthinkable happened at Del Mar. Twenty-three year old Drayden Van Dyke won SEVEN of the 10 races on the program. Not the first time a jockey won 7. Drayden tied Victor's record of 7 wins on Sept. 4, 2006! They included NeighborhoodBully, Quebec, Triple Shot, Tantara, Catapult, Policy, and Ohio. Drayden was in 8 races that

day. Besides the seven wins, he came in 2nd in Race 6 on Allaboutaction.

A few years ago, I saw a young seventeen-year-old apprentice at the annual Jockeys VS Holy Angels Benefit game; what an outstanding basketball player he was! One morning at Cocker's, I told Drayden I didn't realize he had two great talents-racing horses and playing basketball! Drayden's father had passed away, but he won the Eclipse Apprentice Award and everyone was so happy for him.

As of August 23, 2018, Drayden leads the Jockeys with 29 wins; Flavien Pratt is close behind with 26, Tyler Baze and Apprentice Heriberto Figueroa are tied with 19 wins and Assael Espinosa has 17.

The Pacific Stakes were BEYOND exciting and Accelerate really showed his great talent. A media email revealed that Accelerate had surpassed Justify in weekly standings. Congrats to Jockey Joel Rosario, John Sadler and all connections. At Santa Anita, racing expert Linda always praised Rosario's abilities.

Victor Espinosa is in Rehab at Scripts in Orange County. On Saturday between races, they televised an interview with Victor. We saw him workout and he explained the accident and how grateful he was to be alive. Victor is truly one of the kindest, most compassionate people I know. When he speaks of young cancer patients, he gets misty-eyed. We wish Victor a complete, speedy recovery.

Important upcoming dates: Del Mar racing ends on Labor Day; Los Alamitos opens on Sept.6. (Racing is Thursdays-Sundays, Closing Day-September 23.)

The GREAT RACE PLACE opens on September 27- November 4. Racing is Thurs.-Sun. except Thurs., Oct. 11. Columbus Day, Oct. 8 will feature racing.

See you at the Races!

NEWCOMERS AND FRIENDS OF SAN GABRIEL VALLEY INVITES LOCAL RESIDENTS TO SEPTEMBER EVENT

August 22, 2018 – San Gabriel Valley, California. Are you interested in meeting new people, making new friends, exploring well-known landmarks, and enjoying new activities? Newcomers and Friends of San Gabriel Valley, a social club, invites local women to attend their September general meeting.

On September 5, at 10:00 am, Newcomers and Friends of SGV's "meet-and-greet" coffee will be held in Jordan Hall at Church of the Good Shepherd, 400 West Duarte Road, in Arcadia. FREE tickets are available from Eventbrite, www.eventbrite.com/e/womens-social-club-meet-and-greet-coffee-and-meeting-in-san-gabriel-valley-tickets-49409815087

This general meeting is a great way to meet the members of Newcomers and Friends and learn about the club's wide variety of daytime, weekday, fun activities. Anyone interested in joining is welcome to attend.

Additional Newcomers and Friends' mostly-daytime, weekday activities include a Book Club, Bridge, Crafters, Day Trips, Games (Bunco, Rummikub, etc.), Golf, Hiking, Happy Hour, Lunch Bunch, Mah Jongg, Movies, Pinochle, and Wine Tasting.

This group currently has 130 members of various ages and backgrounds and has existed since 1965.

To learn more about Newcomers and Friends of San Gabriel Valley, contact them via email at sgvnewcomers@gmail.com or visit them online at www.sgvnewcomers.com

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Jeff's Book Pics

By Jeff Brown

The Unfindable Inquiry: One Simple Tool to Overcome Feelings of Unworthiness and Find Inner Peace

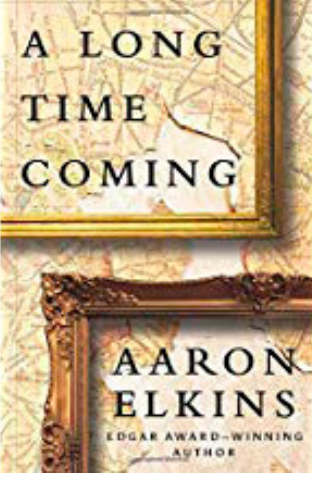
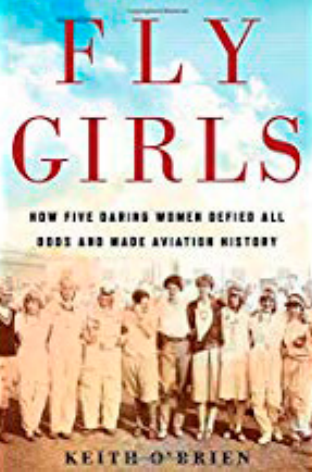
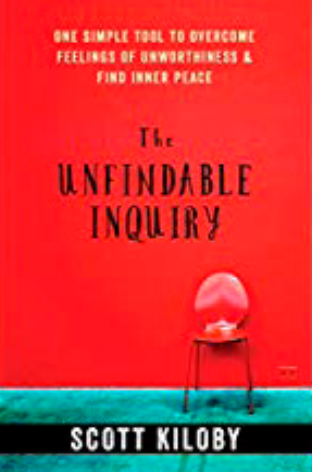
by Scott Kiloby

This book presents the Unfindable Inquiry, the central tool of the Living Inquiries approach to non-dual self-inquiry—a process author Scott Kiloby developed to help you overcome your false sense of separation and the all-too-common, deep-seated belief that you're not good enough. With this powerful blend of psychology and spirituality, you'll come to understand that the separate, deficient self cannot be found. What you'll find instead is a profound sense of peace. Many of us carry an ingrained belief that we're somehow inadequate and that we're separate and alone, which can lead to a general dissatisfaction with life, conflicts with others, and an estrangement from ourselves that causes us to look outward for what we feel is lacking. When we look outside rather than looking within, it's easy to find ways to confirm our false beliefs about ourselves. With the Living Inquiries, you'll be able to see your mistaken belief in the “core deficient self” and realize the essential oneness that exists in the here and now. Starting with the Boomerang Inquiry and the Panorama Inquiry, two self-inquisitive processes of the Living Inquiries, you'll learn to identify and explore the stories you tell yourself that underlie the challenges and disharmony you experience. Then, once you've cracked the foundation of the false deficient self, you'll use the Unfindable Inquiry and one simple question—Is that you?—to reveal that you are not who or what you've taken yourself to be. No matter what it is you struggle with—anxiety, depression, relationships, trauma, addiction—it's likely that painful self-judgments, and the belief that you're separate from the world around you, are at the root of your suffering. With The Unfindable Inquiry, you'll discover how to finally break free from your false sense of self and separation, and experience a more fulfilling life.

Fly Girls: How Five Daring Women Defied All Odds and Made Aviation History

by Keith O'Brien

The untold story of five women who fought to compete against men in the high-stakes national air races of the 1920s and 1930s — and won. Between the world wars, no sport was more popular, or more dangerous, than airplane racing. Thousands



of fans flocked to multi-day events, and cities vied with one another to host them. The pilots themselves were hailed as dashing heroes who cheerfully stared death in the face. Well, the men were hailed. Female pilots were more often ridiculed than praised for what the press portrayed as silly efforts to horn in on a manly, and deadly, pursuit. Fly Girls recounts how a cadre of women banded together to break the original glass ceiling: the entrenched prejudice that conspired to keep them out of the sky. O'Brien weaves together the stories of five remarkable women: Florence Klingensmith, a high-school dropout who worked for a dry cleaner in Fargo, North Dakota; Ruth Elder, an Alabama divorcee; Amelia Earhart, the most famous, but not necessarily the most skilled; Ruth Nichols, who chafed at the constraints of her blue-blood family's expectations; and Louise Thaden, the mother of two young kids who got her start selling coal in Wichita. Together, they fought for the chance to race against the men — and in 1936 one of them would triumph in the toughest race of all. Girls celebrates a little-known slice of history in which tenacious, trail-blazing women braved all obstacles to achieve greatness.

A Long Time Coming

by Aaron Elkins

It takes a real artist to solve a crime this big—in a brilliant, engrossing mystery by Edgar Award winner Aaron Elkins...Art curator Val Caruso is not a happy camper. His promotion has just been nixed, his divorce has become final, and he's dug himself into a nice little rut for his fortieth birthday. The uplift? A trip to Milan to help Holocaust survivor Sol Bezzecca recover a pair of cherished sketches by Renoir. They'd once been given to Sol's family by the then-unknown artist,

looted by the Italian Fascist militia, and now after decades in hiding have turned up for auction. It's Val's job to get them back. Unfortunately, his Italian adventure takes a dangerous turn when he becomes trapped in an intricate web that reaches back to World War II—and is still very sticky with art thieves, forgers, and somebody who wants Val out of the picture permanently. When the lost Renoirs are stolen yet again, Val is more determined than ever to hunt them down. The reward for reuniting an old man with his rightful past? Priceless. But doing it is going to be murder.

All Things

By Jeff Brown

OF THE PEOPLE, BY THE PEOPLE, AND FOR THE PEOPLE

Governments are instituted among Men, deriving their just Powers from the Consent of the Governed, that whenever any Form of Government becomes destructive of these Ends, it is thy Right of the People to alter or to abolish it, and to institute new Government...it is their Right, it is their Duty, to throw off such Government, and to provide new Guards for their future Security. Thomas Jefferson, 'The Declaration of Independence

FAMILY MATTERS

By Marc Garlett



6 KEY STEPS FOR CONSCIOUS CO-PARENTING—PART ONE

Committing to an amicable divorce means protecting your children from end-of-marriage related trauma. When the marriage ends in a cooperative manner, divorce can be transformed from a contentious event into one that can inspire growth and healing. But getting the divorce finalized is only the first step. Where the rubber really meets the road is how you navigate your new relationship as a co-parent. And co-parenting means both parents must put aside any negativity they may have toward one another, so they can place their children's needs first.

While this may sound simple, it can be challenging. To help you get started, I've outlined six steps that are crucial to a collaborative approach to co-parenting.

1. Establish a “professional” relationship with your co-parent

Your marriage with your ex may done, but your relationship as co-parents will last a lifetime. Think of your new co-parenting relationship as a business partnership, where your business is raising successful, well-adjusted children. This professional approach can not only help you become a more effective parent, but it also helps prevent unnecessary conflict over personal boundaries and past problems. For example, if you schedule a time to pick up the kids, treat it like an appointment with a colleague; don't blow it off or be late. Be as courteous to your co-parent as you would with any business colleague.

2. Communicate clearly, cordially, and consciously with your co-parent

Effective communication is paramount to successful co-parenting. This can present a

challenge if poor communication was a primary cause of the divorce. By setting a professional tone, however, you may find communication becomes easier, since it's free from emotional baggage. When communicating, make your kids and their healthy adjustment the focal point. Tailor everything you say in terms of shared responsibility, using terms like “we” and “us,” instead of “you” or “me.” Avoid anything judgmental: stick to the facts and how they affect your children's well-being.

Never talk down about your ex in front of the kids, and don't allow your children to be disrespectful toward your co-parent, either. You never want them to feel like they must choose a side. Finally, don't use your children as messengers. Speak directly to the co-parent yourself.

3. Create a comprehensive parenting plan

Every successful partnership requires planning, so sit down together and come up with a set of mutually agreed-upon guidelines and routines. This is essential for fostering security and predictability to help the children quickly and comfortably adapt to their new situation. The more details the plan includes, the better. Try to anticipate potential problems ahead of time. How will holidays, birthdays, and vacations be shared? How will you resolve major disagreements between co-parents? How will new romantic relationships be handled? Be sure to revisit and update the plan regularly as the kids mature.

Developing such a comprehensive plan with an ex is challenging, so it's often helpful to have a third-party present for advice and dispute mediation. As your Personal Family Lawyer, we can bring in trusted colleagues in the community who can help you to develop and maintain conscious co-parenting arrangements while we make sure your estate planning reflects your custody wishes.

Next week, I'll continue with part two in this series, discussing the other 3 key steps to conscious co-parenting.

Dedicated to empowering your family, building your wealth and defining your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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Our immune system is comprised of many parts working together -- glands, immune organs, hormones and other biochemicals plus one underlying, more subtle, vital energy reserve called Ojas. Ojas is like the glue that holds everything together and one of the three vital essences -- immunity, vitality, and positive stability. Besides the risk of actual diseases of the immune system, the amount of stress that we are under also greatly affects and depletes this vital energy reserve and the physical body. It leaves us subject to overeating and, without time to unwind or when in worry or fear, it disconnects us spiritually. Physically, the adrenal glands become overtaxed by continuous stress, as they overwork to

respond. Yoga offers some real help when it comes to boosting the immune system and staying healthy. On a basic note, yogic movement with conscious, intentional breathing reduces stress. In most classes, (not all!) the student gets to have an experience of calm or feeling “ok.” The more often we can have this experience of being in a calm and balanced state of mind, the better. It activates the parasympathetic nervous system and helps to combat the stress response state. Yoga practiced in silence and other practices that facilitate withdrawal of the senses (or pratyahara) are essential for building our vital energy reserve. Along with a healthy, easily digestible diet, this has an impact on the immune system as a whole. A strong body and mind mean that we are protected from illness while allowing room for us to weather the ups and downs of life with greater ease. Make yoga a regular part of your life and watch your health improve! Reach out and find out more: www.keelytotten.com.

Namaste,
Keely Totten, E-RYT 500, Yoga & Meditation Teacher, Staying Healthy Advocate

THE MISSING PAGE

Real Life Tips from Llife's Instruction Manual

ABOUT HALF

What does it take to create change in our physical health? How can we practice making healthy choices? We have all heard our medical advisors tell us to get our cancer screenings, eat more fiber and reduce our weight. Somehow their advice doesn't always result in changed behavior. Sometimes we are slow to schedule our appointments. We make our food choices based on flavor and not nutrition, yet we still have a desire for improved physical health.

What to do?
I'm experimenting with half. I have committed to walking at least 30 minutes per day a distance of at least two miles as quickly as possible. That leaves me with 23.5 hours left to use in any manner I want. I am more aware as I eat. I take time to chew slowly so that my food becomes liquified before I swallow. I am eating half portions.

Our worth is not connected to our weight, but our health could be impacted. So I am making different choices. What are you doing to be more connected to your body? Walking, for most people, is an accessible gateway to increased physical activity. It doesn't require a membership or special equipment. Walking can be done alone, with a partner or a pet. Walking is also an excellent way to practice mindfulness with a moving meditation.

It feels so good to enjoy our bodies and all that they are capable of doing. This week celebrate your life with a brisk walk. You will be amazed at how good it will feel.



Lori A. Harris

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

JOE GUZZARDI



VISA OVERSTAYS PROBLEMATIC FOR U.S. TECH WORKERS

The Department of Homeland Security's recently released Entry/Exit Overstay Report on visa overstays found that more than 700,000 foreign nationals didn't honor the terms of their temporary authorization to work or visit in the United States. Analyzed in depth, DHS found that among the overstays, India had 21,000, the largest number. Some of the 21,000 eventually returned home, but after their assigned departure date.

In 2017, DHS said 127,435 Indian students and researchers entered the U.S. on F, J and M visas. Of these, 4,400 Indians overstayed. Figures indicated that 1,567 Indians left the U.S. later on, while 2,833 remain in the U.S.

For nonimmigrants who entered on a student or exchange visitor visa, DHS determined that there were 1,662,369 total F, J or M visa holders scheduled to complete their U.S. study programs. However, 4.15 percent stayed beyond the authorized departure date when their program ended. For India, the rate was 3.4 percent, below the national average.

The DHS data raises troubling questions about the number of student visas issued and the disregard some have for adhering to their visas' terms. Visas routinely morph into jobs, specifically in the tech industry, that often displace American workers. Foreign nationals currently enrolled in U.S. higher education institutions with F or M visas total more than 1 million. India ranks second behind China in enrollment from overseas, 211,703 versus 377,070.

Significantly, 48 percent of international students were in science, technology, engineering and math, the STEM fields, and eligible for the Optional Practical Training after their graduation. Now available for STEM graduates for up to 36 months, OPT originally had timeframes of 12, and then 17, months.

Employers use the F-1/OPT program to circumvent the congressionally established 85,000 H-1B visa cap. The Pew Research Center confirms that OPT is an employer bonanza. Between 2008 and 2016, OPT grew 400 percent, and either displaced American workers or forced them to compete for new jobs with overseas workers.

Little wonder that OPT is so popular with overseas students and domestic employers. Students look for an employer willing to offer an OPT job, gain a STEM extension, then an H-1B sponsorship which in turn creates a green card opportunity, and ultimately U.S. citizenship. Citizenship is a long way from the original temporary F visa with the understanding that students will return home upon coursework completion, and apply what was learned in the U.S. to improve their native countries. Employers, for their part, benefit from cheaper labor.

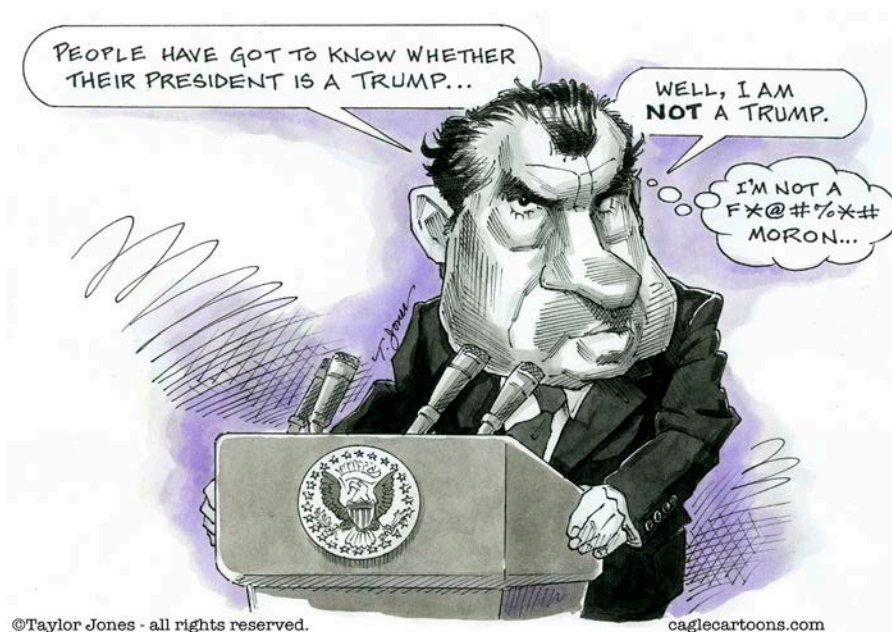
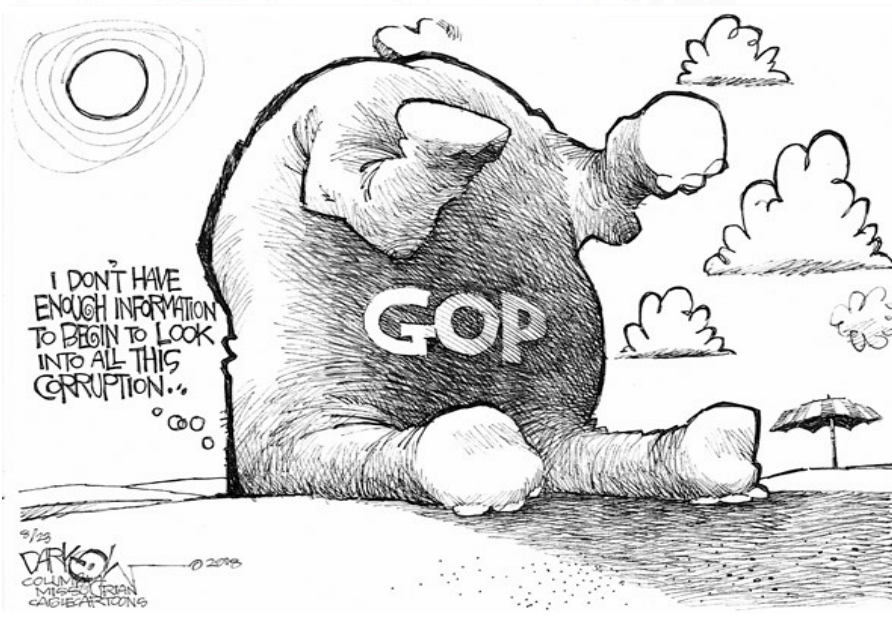
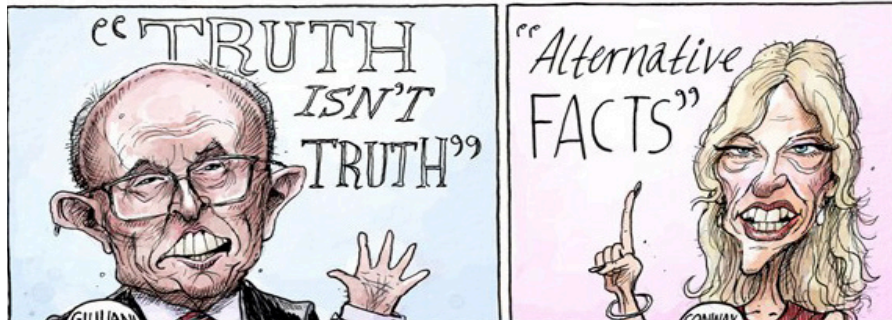
H-1B, M and F visas are harmful to U.S. students, workers and prospective employees. Overseas students compete with Americans for a fixed number of college enrollment slots; the employment-based H-1B visa creates head-to-head job competition of foreign nationals versus Americans, and OPT, never congressionally approved, extends visa holders' work permission stays in the U.S.

Congress should view tech issues through the American workers' eyes. The annual inflow of guest workers is equal to about half of all tech hires each year at a time when U.S. colleges are graduating plenty of STEM workers.

In his congressional testimony, Rutgers University Professor Hal Salzman summed up the reality. Said Salzman: "The U.S. supply of top performing graduates is large and far exceeds the hiring needs of the STEM industries, with only half of new STEM graduates finding jobs in a STEM occupation, and only a third of all STEM graduates in the workforce holding a STEM job."

Congress must protect Americans against job loss and displacement that unnecessary visas and irresponsible immigration programs like OPT create.

-Joe Guzzardi is a Progressives for Immigration Reform analyst who has written about immigration for more than 30 years. Contact him at jguzzardi@pfirdc.org.



LEFT TURN/RIGHT TURN

TYRADES!
by **DANNY TYREE**



WOULD YOU MOVE FOR A BETTER JOB? REALLY?

When I was in school, many of my classmates were probably descended from settlers who built the town's first log courthouse. Others, however, stood out as the proverbial new kid in town.

Most likely, these students were surrounded by strangers because of the postwar model of the American dream: dad excels at work and gets offered a juicy promotion if he will simply load up the station wagon and drag his dutiful wife, their two-point-five kids and the family dog halfway across the country so he can work his magic as a plant manager, efficiency expert or chemical engineer.

Let's not dwell on a corporation's arrogance in dispatching an ambitious "yes man" (who can't make his own coffee!) to straighten out the yokels at the company operation in Podunk. ("You still haven't got the coffee quite right, Miss Samuelson. Maybe if you wore pearls while making it, like my wife does. No, no, THAT'S the hand for holding the toilet brush while wearing pearls...")

But I digress. According to the Wall Street Journal, job relocations are becoming an increasingly harder sell for businesses. In the late 80s, one-third of workers moved to seek new opportunities elsewhere; but now the hassle of selling a home (a well as many other factors) causes the once-coveted career advancements to be turned down flat.

Today's workers have more options than the parents of the Baby Boomers did. The miraculous internet makes it easier to track down jobs closer to home, or even WORK from home - assuming you haven't signed over your home to a Nigerian widow.

With the increase of two-income families, it's difficult to get an employee to relocate unless their spouse also has a high-paying new job waiting. ("Benefits? Sure, the Lions Auxiliary will throw you a benefit CARWASH when you see your first paycheck.")

Complex divorces and joint custody make relocations impractical. ("Honest, I thought the drone could get Junior back to Jersey without running afoul of duck hunters.")

Modern parents consider how a move would disrupt the friendships and academic continuity of their children. A far cry from the old days of "Don't worry if the local girls won't invite you to their slumber party, Princess. The products we manufacture will probably make them sterile and unable to host slumber parties when they grow up, anyway. *Chuckle*"

More and more workers are tending to the needs of aging parents and would feel guilty traveling thousands of miles away just for a little more prestige. ("Yes, Mom, I know you fed me with those breasts. But the other retirement home residents don't need VISUAL AIDS when you reminisce about it. And assure Dad I'll get the Forestry Service to trim his toenails again.")

Finally, Americans are no longer as skilled at conning themselves. ("C'mon, this move is a chance to grow and learn new things. And as soon as we get settled, I'm running for the school board and city council and Rotary Club presidency, so we can remake this town JUST LIKE HOME. Bwahahahaha...")

I still live about 15 minutes from the former site of the hospital where I was born. I don't regret not climbing corporate ladders.

Chasing the Almighty Dollar isn't worth hauling two-point-five children across the country. Especially the point-five child. ("Yeah, I've needed 326 bathroom breaks, but I have only point-five of a bladder!")

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MAKING SENSE
by **MICHAEL REAGAN**

PURGING THE CHURCH'S PREDATORY PRIESTS



Am I the only Catholic who thinks the church needs to consider getting rid of the old guard - all the way up to the Pope?

That may be the only way to finally purge the predatory priests who have been allowed to exist within the bowels of the Catholic Church for so long.

The church has been rocked in recent years by sexual abuse scandals in Ireland, Australia, Chile, Boston, LA ...

Then two weeks ago we got the shocking results of the country's largest investigation ever into the sex crimes of Catholic priests.

A grand jury in Pennsylvania identified more than 300 "predator priests" in six dioceses who over the course of 70 years had molested and raped nearly 1,000 children, mostly boys.

The bombshell report named the priests who had been caught abusing kids, and in graphic and sordid detail it described what they did - again and again, even after their superiors learned of their molesting.

According to the grand jury report, the priests' serial sexual abuse was only possible because of a church-wide cover up that reached all the way to the Vatican.

The scandal in Pennsylvania is the familiar horror story: The children who were victimized were not believed while the pedophile priests were protected by the church.

The priests were not defrocked, not reported to police and were often moved to other parishes where their history of abuse was kept quiet and they were able to prey on more children.

As usual, the Vatican's PR machine said all the right things.

A spokesman expressed "shame and sorrow" and decried the pattern of abuse and coverup in Pennsylvania as "criminally and morally reprehensible." He said the abuse "robbed survivors of their dignity and their faith."

Earlier this week Pope Francis himself issued a letter in seven languages admitting the church had shamefully failed to protect or care for "the little ones," whose pain "was long ignored, kept quiet or silenced."

No kidding.

The pope also vowed to prevent further cover-ups of what he correctly called "crimes" and promised accountability for the abusers -- and those above them who permitted the abuse to continue or covered it up.

That sounded good, but at least one Cardinal, Sergio Obeso Rivera of Mexico, didn't get the message.

Obeso Rivera said this week that victims of priestly sexual abuse - i.e., children - should be "ashamed" to accuse "men of the church."

Maybe something the cardinal said was lost in translation, but if Pope Francis is serious about cleaning up the church it has to get rid of men like Obeso Rivera.

It's his generation that has been protecting pedophile priests for decades.

It's because of old men like him that the people in the pews don't believe the church is ever going to do what it should to solve its predatory priest problem.

It's because of old men like the Mexican cardinal that the church is fighting for a statute of limitations on filing child sexual abuse charges instead of fighting to have no statute of limitations on sex abuse at all.

There's no statute of limitations for murder and there shouldn't be one for child molesting.

The molesting of a child is the murdering of a soul. I know from experience that when a young boy is molested, as I was by a camp counselor in 1953, it is something that affects you for the rest of your life.

Maybe the Catholic Church needs to start with a clean slate.

It does no good for the pope to meet with kids who've been sexually abused and tell them how sorry he is when he has old cardinals in power like Obeso Rivera who believe it's the child's fault.

If the pope doesn't have the guts to take away the red cap, the mitre, from a Mexican cardinal who makes that kind of idiotic statement, then maybe the pope needs to be replaced also.

Copyright 2018 Michael Reagan. Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "Lessons My Father Taught Me: The Strength, Integrity, and Faith of Ronald Reagan." He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelereagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-182773

The following person(s) is/are doing business as:

CA DISTRO; KUSH VA; EY COLLECTIVE, 35000 CANTERBURY AVENUE, SUITE 200, VAN NUYS, CA 91411, 90001. Mailing address: 3505 CADILLAC AVENUE, BUILDING O, STE 210, COSTA MESA, CA 92626. Full name of registrant(s) is/are CA DISTRIBUTION CO., LLC, 3505 CADILLAC AVENUE, BUILDING O, STE 210, COSTA MESA, CA 92626. This business is conducted under the name of this COMPANY. Signed, ERIC J. SPITZ. This Statement was filed with the County Clerk of Los Angeles County on 07/25/2018. The registrant(s) has (have) commenced to transact business under the fictitious name of CA DISTRIBUTION CO., LLC.

NOTICE: The Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use of the name of the person or persons named as owner(s) of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

The following person(s) is (are) doing business as:
**OFFICINA LATINA MULTI SERVICIOS, 3271 W
 PICO BLVD., LOS ANGELES, CA 90019.** Full name
 of registrant(s) is (are) **SERGIO VINICIO ROBLES,
 3271 W PICO BLVD., LOS ANGELES, CA 90019,
 ALONDY MELANY ROBLES, 3271 W PICO
 BLVD., LOS ANGELES, CA 90019.** This Business
 is conducted by: **A MARRIED COUPLE.** Signed:
SERGIO VINICIO ROBLES. This statement was
 signed with the County Clerk of Los Angeles County on
 07/23/2018. The registrant(s) has (have) commenced
 to transact business under the fictitious business
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FICTITIOUS BUSINESS NAME STATEMENT
File No. C2018186066

The following person(s) is (are) doing business as STUDIO 54 REAL ID. BLVD. 2077 NORTHBRIDGE, CA. 91324. Full name of registrant(s) is (are) MARCO ENRIQUE RIGOUTOU ACEVEDO 9003 RESIDENCE BLVD. 2077 NORTHBRIDGE, CA. 91324. This Business was conducted by INDIVIDUAL. Signed: MARCO ENRIQUE RIGOUTOU ACEVEDO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 07/27/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name on 07/27/2018 or on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to the date of filing of this statement does of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).

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Join Team Kensington at The Walk to End Alzheimer's

Join Team Kensington for The Walk to End Alzheimer's. We will have a kickoff party where you can sign up to be a part of our winning team. For those who join our team, they will receive a free shirt, cap, and a River Revolution bracelet. We'll also be serving a delicious dinner from a taco wagon that will be in our courtyard.

River Revolution has designed bracelets inspired by the strong and permanent bond of the river. These beautiful works of art are intended to be worn every day by those affected by Alzheimer's to spark conversations, raise awareness and make connections.

Kickoff Party: Wednesday, Aug 29, 6:00 to 7:30pm
Walk to End Alzheimer's: Sunday, Oct. 28,
Pasadena City College



JOIN THE REVOLUTION

EVENT DETAILS

WEDNESDAY, AUGUST 29, 2018
From: 6:00pm - 7:30pm

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...of school with our new classmates!

Kids: color stuff in!

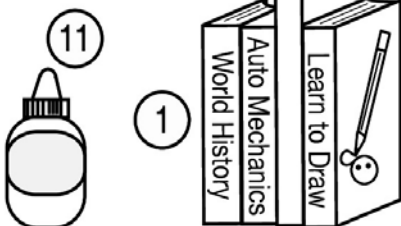


Step Up to a New School Year!

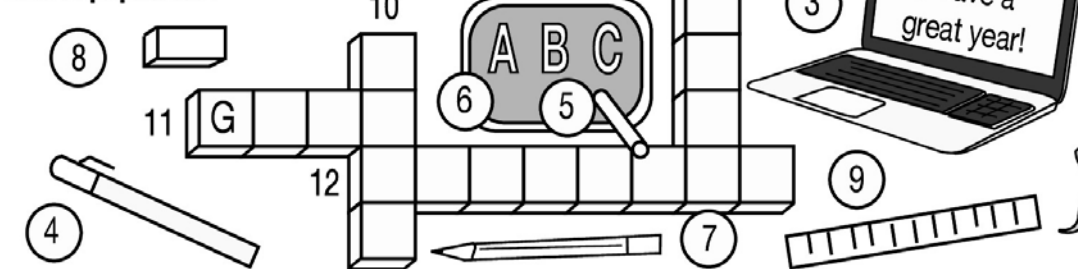


Take an apple to school for a healthful snack!

Apples are red, green or yellow!
Color this apple your favorite color!



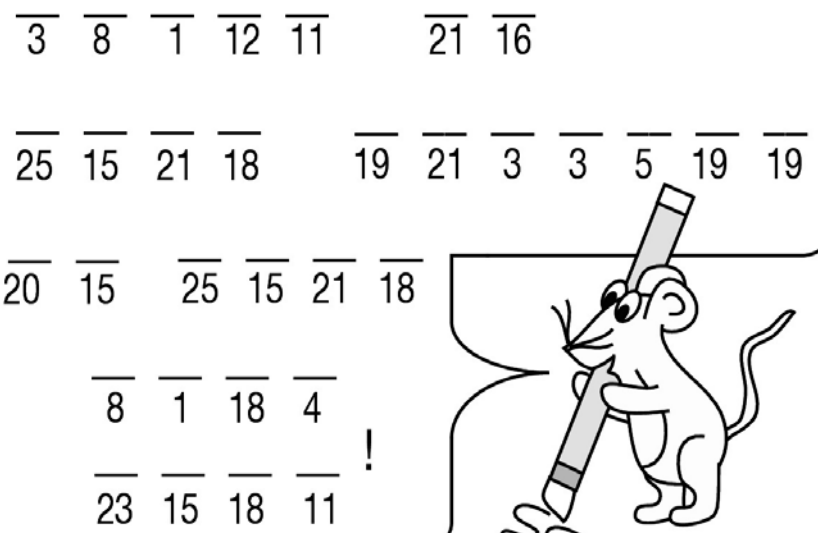
Study the pictures to fill in the puzzle with names of old and new school supplies and equipment:



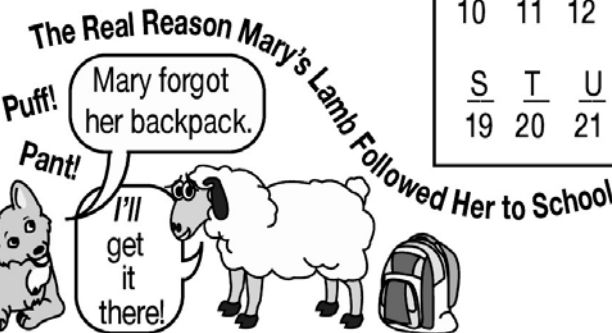
Step up to a new school year! Get ready to do your best. You can do it!
Most schools supply the basic items and equipment you need to start, but may expect you to bring some supplies to help out. So, get packed and enjoy this fresh start!

I'm so excited to swim into my new school!

When you are a student, school and homework are your "job." Arrive prepared every day and you will be able to:



Little Mouse is excited about the new school year. He has a message for you. Use the alphabet code to see it:



A	B	C	D	E	F	G	H	I
1	2	3	4	5	6	7	8	9
J	K	L	M	N	O	P	Q	R
10	11	12	13	14	15	16	17	18
S	T	U	V	W	X	Y	Z	
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