

SATURDAY, NOVEMBER 10, 2018

VOLUME 12 NO. 45



URGENT FIRE WEATHER WARNING

National Weather Service
 Los Angeles/Oxnard CA

NOW IN EFFECT UNTIL 5 PM PST
 TUESDAY NOVEMBER 13, 2018

GUSTY NORTH TO NORTHEAST WINDS AND VERY LOW RELATIVE HUMIDITY FOR THE VALLEYS OF LOS ANGELES AND VENTURA COUNTIES...

A red flag warning is a forecast warning issued by the United States National Weather Service to inform area firefighting and land management agencies that conditions are ideal for wildland fire combustion, and rapid spread.[1] After drought conditions, when humidity is very low, and especially when there are high or erratic winds which may include lightning as a factor, the Red Flag Warning becomes a critical statement for firefighting agencies. These agencies often alter their staffing and equipment resources dramatically to accommodate the forecast risk. To the public, a Red Flag Warning means high fire danger with increased probability of a quickly spreading vegetation fire in the area within 24 hours.

ANNUAL VFW VETERAN'S DAY CEREMONY



Veterans of Foreign Wars of Sierra Madre, Post 3208, will celebrate its annual Veteran's Day Ceremony at Memorial Park, Sunday November 9, 2014 at 1:00 PM, with special keynote U.S. Counter Intelligence law enforcement speaker from the East Coast, to be confirmed. We will celebrate Veterans Day by remembering the living brave men and women who have risked their lives for the United States of America from WWII thru our current conflicts.

Major sponsor of the event with VFW Post 3208 is the Knights of Columbus 'SK Matthew P McDonaugh 4th (Patriotic) Degree Assembly 3784', Pasadena, CA.

Seating capacity is limited so come early. Those interested in attending, please RSVP with the names of attendees at the following email address: VFWPost3208@gmail.com

for planning purposes. The ceremony will begin promptly at 1:00 PM followed by our keynote speaker and will last about one hour.

For additional information, please send us a message at VFWPost3208@gmail.com.

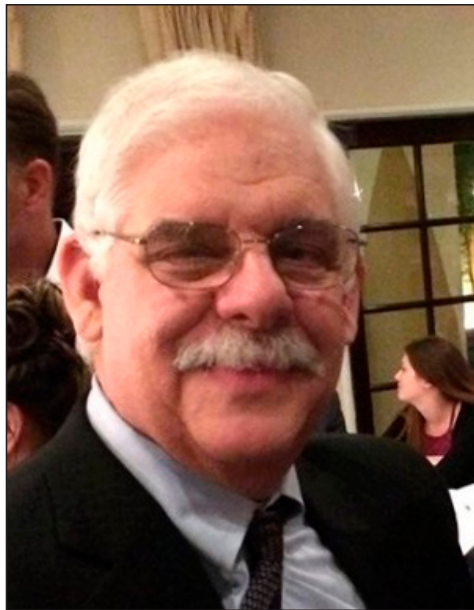
CITY HALL WILL BE CLOSED IN OBSERVANCE OF VETERANS DAY, MONDAY NOVEMBER 12, 2018.

ALL EMERGENCY SERVICES WILL REMAIN ON CALL.

CITY WELCOMES NEW FINANCE DIRECTOR

The City of Sierra Madre is pleased to announce Mr. Colby Konisek has accepted the position of Finance Director. According to City Manager Gabriel Engeland "Colby has experience in the areas where Sierra Madre needs the most expertise, including audit, accounting, and management of revenues from special funds." Engeland continued on to say "the City's interview process was very thorough, and lengthy, and Colby repeatedly demonstrated he would be an excellent fit for Sierra Madre.

Colby earned his Master of Business Administration from Pepperdine University and also holds a Bachelor's degree in Economics from the University of California, Los Angeles. Mr. Konisek's most recent position was with the Antelope Valley Transit Authority where he served as the Chief Financial Officer. Prior to this position, he was the Finance Director for the Annenberg Foundation. "Colby has had a successful career in the public and non-profit sectors and we are fortunate to have him here in Sierra Madre," said Engeland.



Mr. Konisek began as the Finance Director in Sierra Madre effective November 5th

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SIERRA MADRE HONORS AWARDEES ANNOUNCED

The City of Sierra Madre and the Sierra Madre Chamber of Commerce are pleased to announce the selection of the 2018 Honors Award winners. The Citizen of The Year and Business of the Year are selected by the Sierra Madre Chamber of Commerce and, after careful consideration, Mayor Denise Delmar all other awardees. This year's winners are:

CITIZEN OF THE YEAR:
 Michelle Keith

BUSINESS OF THE YEAR:
 GEM Plumbing

GEORGE MAURER LIFETIME ACHIEVEMENT: Bud Switzer

WISTARIA AWARD:

Kiwanis Club of Sierra Madre

MAYOR'S SPECIAL AWARD:

Sierra Madre Rose Float Association

EMPLOYEE OF THE YEAR:

Sergeant Henry Amos

EXEMPLARY EMPLOYEE AWARD:

Mr. Timmy Liang and Ms. Ruby Velasquez

PUBLIC SERVICE AWARD:

Ms. Laura Aguilar

The public is invited to the awards ceremony on Thursday, December 6, 2018. (See below)

Sierra Madre **2018**
Honors
 CITY OF SIERRA MADRE
Thursday, December 6th
 Hosted by the City of Sierra Madre Chamber of Commerce
 Please join the City of Sierra Madre & Sierra Madre Chamber of Commerce for an evening of celebration & appreciation honoring outstanding commitment to service to the Sierra Madre Community
 5:30 pm No-Host bar
 6:30 Dinner & Awards
 Sierra Madre Community Center
 611 East Sierra Madre Blvd
 Kindly Reply by December 1st to: 626.921.4279
 Community Youth Service Award - George Maurer Lifetime Service Award
 Mayor's Award - Public Safety Award - Sierra Madre Business of the Year
 Sierra Madre Citizen of the Year - Wistaria Award

NO ONE IS ABOVE THE LAW PROTEST IN SIERRA MADRE



There is a special kind of energy in the air at protests. The "No One is Above the Law" protest in Kersting Court on Thursday night drew a huge turnout. Protesters filled Kersting Court as well as the other street corners around the Baldwin and Sierra Madre Blvd intersection. There were musicians who played protest songs, someone with a baby Trump balloon, and nearly everyone came with a sign. The protest officially started at 5 pm,

but people were already showing up around 4:45 to help set up and to help makes signs. This protest was one of over 900 around the country, in protest of the firing of Jeff Sessions, the appointment of Matthew Whitaker, and the danger to Robert Mueller's investigation. Many cars driving through the intersection honked to show their support for the protesters. Sierra Madre lived up to its reputation as a town that cares.



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6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	70s	Lows	50s
Mon:	Sunny	Hi	70s	Lows	50s
Tues:	Sunny	Hi	60s	Lows	50s
Wed:	Sunny	Hi	60s	Lows	50s
Thur:	Sunny	Hi	60s	Lows	50s
Fri:	Sunny	Hi	60s	Lows	50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, November 13, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

City Council
November 13th, 2018 at 6:30 pm
November 27th, 2018 at 6:30 pm

Planning Commission
November 15th, 218 at 7:00 pm

Community Service Commission
November 19, 2018 at 6:30 pm
December 17, 2018 at 6:30 pm

Senior Community Commission
December 6th, 2018 at 3:00 pm

Library Board of Trustees
November 28, 2018 at 7:00 pm

Energy, Environment, and Natural Resource Commission
November 21, 2018 at 7:00 pm
December 19, 2018 at 7:00 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2018: 111 Years
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[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub) [GFWCSierraMadreWomansClub.org](https://www.facebook.com/GFWCSierraMadreWomansClub.org)

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Wistaria Thrift Shop Open: M, Th, F 10a-3p 355-7739

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SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 399 day and night time calls for service.

Sunday, October 28

At approximately 10:54PM officers conducted a traffic stop at N. Canon and Highland Ave. A registration check of a vehicle showed the current plate was expired for over a year but the vehicle displayed a current tab. The driver admitted the tab belonged to a different vehicle. The driver also had an open container of alcohol in the vehicle and admitted to drinking alcohol while driving. The driver was cited and released, the vehicle was impounded.
Case to DA's office

Monday, October 29

A pedestrian was contacted at about 2:36AM for a vehicle code violation and eventually arrested after the person provided officers with false identification and was in possession of narcotics paraphernalia. Subject was transported to the Pasadena PD Jail.
Case to DA's office

8:30AM

A resident in the 300 block of W. Sierra Madre Bl. contacted the Department to report that an unknown suspect(s) shattered the front passenger side window of her vehicle, sometime between 5:30PM on 10/28/18 to 8:30AM on 10/19/18. No property was taken from vehicle.

Wednesday, October 31

Around 2:30PM officers arrested a male subject for trespassing in the 100 block of N. Baldwin Ave.

Sunday, November 4

A vehicle was stopped for a vehicle code violation. The driver was found to be under the influence of marijuana and was impaired. The driver was arrested and transported to the SMPD jail for a Drug Recognition Evaluation and later transported to Pasadena Jail for booking.
Case to DA's office



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THE CITY OF SIERRA MADRE CURRENTLY HAS 3 COMMISSION VACANCIES

Senior Community Commission

Energy, Environment, and Natural Resources
Commission

Community Services

For applications go to: www.cityofsierramadre.com

You're invited to

Assemblymember Chris Holden's

Holiday Open House & Shoe Drive

THURSDAY, DECEMBER 13, 2018

5:30 p.m. - 7:30 p.m.

41st Assembly District Office

600 N. Rosemead Blvd., Suite 117
Pasadena, CA 91107

LIGHT REFRESHMENTS WILL BE SERVED

Come discuss legislative and community issues, and learn more about services offered through the district office.



In the spirit of the holidays, we are partnering with Shoes That Fit to provide shoes and socks to local children in need. You are invited to make a difference by donating a new pair of athletic shoes or socks in kid's size 10 through adult size 12.

Please RSVP at (626) 351-1917 or email
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SIERRA MADRE



KATIE Tse.....This and That

LATITUDE ZERO

statement that it's Springtime! SO EMBARRASSING! I actually updated it with a little disclaimer at the beginning, but in my haste I must not have clicked "save." Anyway, so sorry about that!

This week's offering is a movie review about a very cheesy cinematic gem my dad discovered on the Internet among other forgotten relics from Hollywood. In this case, it wasn't Hollywood, but Japan.

Akira Takarada and Masumi Okada star in this production. Joseph Cotten, Caesar Romero, and Richard Jaekel are the only recognizable American actors (at least, the only ones I knew outside of this movie). The plot in a nutshell is that an Perry Lawton (Jaekel) an American journalist and photographer, along with a Dr. Ken Tashiro, a Japanese oceanographer (Takarada), and a Dr. Jules Masson, a supposedly French geologist (Okada) meet with disaster shortly after they embark on a deep sea exploration in a tiny diving pod. They are rescued by Cotten, who introduces himself as Craig McKenzie, Captain of the Alpha, a futuristic submarine manned primarily by Kobo, a burly Japanese fellow (Kin Omae) and Dr. Barton, a scantily clad blonde (Linda Haynes), and some other crewmen.

Masson took the worst of hit of three men when their pod was violently severed from the main ship by means of an underwater volcanic eruption. Barton recommends docking at Latitude Zero so that Okada can receive advanced medical treatment. Latitude Zero is a Utopian deep ocean piece of real estate protected by an expansive selectively permeable barrier, like a big bubble enclosing acre upon acre of fertile land. Its citizens do not ascribe to any one particular nation or political ideology (Ah, how refreshing!), and live together in peaceful harmony. They're mostly made up of intellectuals and scientists on the cutting edge of technological progress.

Slowly, the three rescued men come to realize that many of Latitude Zero's inhabitants are in fact quite older than they appear, and many of them were reported to have mysteriously vanished from the outside world. Tashiro and Masson embrace this newfound paradise, but Lawton is skeptical. With Craig's permission, he pockets a small bag of diamonds to sell when the men return home. Latitude Zero's population use diamonds as common potting soil!

Masson eventually wakes up and there's the suggestion that he and Barton have some romantic involvement. But who couldn't fall for a knock out like Barton who goes around in a backless gold lame mini skirt? Only the most professional apparel for doctors aboard the Alpha.

Conflict comes in the form of Malic (Romero), an evil scientist and long time rival of McKenzie. His minion, female

Captain Kuroiga (Hikaru Kuroki), commands the Black Shark, another super submarine that constantly goads McKenzie and the Alpha. Kuroiga is in love with Malic, who already has an evil partner in crime (Patricia Medina as "Lucretia," in real life married to Joseph Cotten!), but he's just using Kuroiga's loyalty to further his own dastardly plans.

The highlight of the whole film is when Malic surgically removes Kuroiga's brain and implants it in a lion and attaches condor wings to the whole thing. He accomplishes this feat of medical ingenuity in about 5 minutes, laughing wickedly all the way. Both the lion and condor are stuffed animals with absolutely no attempt at realism. Clearly this production didn't budget anything for special effects.

The good guys win and Lawton wakes up to find himself rescued by Captain Glenn McKenzie (Cotten again) and Lt. Hastings (Romero again). In disbelief he opens his film canister to discover blank tape. His pouch of diamonds, too, turns out to be nothing but tobacco. Was it all just a dream? But then a wire comes in, informing Lawton that cache of diamonds has been deposited in a New York safety deposit box in his name. Maybe it wasn't a dream after all!

Great stuff! Highly recommend you watch it for yourself. Just fast forward to the lion-condor bit at least, that's the best part.



WALKING SIERRA MADRE.. The Social Side

By Deanne Davis



"New England Clam Chowder, made as it should be, is a dish to preach about, to chant praises and sing hymns and burn incense before...it is as American as the Stars & Stripes, as patriotic as the National Anthem. It is Yankee Doodle in a kettle!" Joseph C. Lincoln

"You can't escape the taste of the food you had as a child. In times of stress, what do you dream about? Your mother's clam chowder. It's security, comfort. It brings you home." Jacques Pepin

Now that Halloween is behind us, we can start thinking about something other than whether we'll have enough candy for the trick or treaters or if we should buy another bag of baby Milky Ways. It's still pumpkin pancake season and my survey says that the best ones this year are to be found at MiMi's Café. They are thin, very pumpkin-y and simply delicious, served with an apple topping you can have on the side if you want your pancakes unsullied... Just saying...

Thanksgiving is coming and we might be wondering if we could possibly serve a new dish this year. Maybe, but all the old favorites have to make their appearance or there will be unhappiness, i.e., but where are the sweet potatoes? Ok, add, but don't subtract.

We've still got a couple of weeks before we have to start getting serious about Thanksgiving, ordering the festive bird from Taylor's and so forth, and I've been thinking about clam chowder. I don't think anybody in my family has ever turned to my clam chowder as their 'go to' comfort food when the chips are down and life has been yucky. I think cheese toasties would win that contest and I've put them in this column before, I think. Scrambled egg sandwiches would be high on my list. Couple of eggs scrambled, toasted bread with a little mayo and mustard. Easy, warm and very comforting. Pizza is big in the comfort food department as you can order it no matter where you are and someone will bring it in no time at all. Right now, though, clam chowder sounds good. My husband, the adorable John, now residing in heaven and welcoming old friend, Charlie Kissinger, was very fond of peanut butter sandwiches. That was his favorite snack, lunch, occasional dinner and it had to be Laura Scudder's Nutty. My mother was also partial to peanut butter sandwiches, but with mayo and lettuce. To each his own, right? I like peanut butter and jam or apple butter.

Back to clam chowder... I like the white (New England) kind as opposed to the red (Manhattan) kind. Actually, I like that kind, too. But today we're talking New England. Anyway, I really do love it, especially when I can find a few clams in it and it's not made totally of something resembling wallpaper paste. This version is not so thick you have to eat it with a fork, and I, personally, think it's awesome. It's easy to make, doesn't take all day to do and you'll like it. Trust me.

- 8 slices bacon, chopped
- ½ cup diced celery (the heart part with the leaves still on the stalk – more flavor)
- 1 cup thinly sliced green onions
- *30 oz., more or less, chopped clams
- 1 cup regular strength chicken broth
- 3 medium size red potatoes (about a lb.) peeled and diced
- 2 cups half & half
- Pepper
- Chopped Parsley

*(I buy Bumble Bee fancy whole baby clams, which shows a net weight of 10 oz. and a drained weight of 5 oz. – these cost \$2-something apiece and 4 cans gives me plenty of clams. There's probably a better bargain but I haven't looked for one.)

Cook the bacon in a 5 to 6 quart pan over medium heat until crisp. Stir occasionally. Discard all but about 3 Tb. of the drippings then add the celery and green onions. Cook, stirring often, until onions are limp. Stir in the clams and their liquid, broth and potatoes. Bring to a boil over high heat, then cover, reduce heat, and simmer till potatoes are tender to bite, about 10 minutes. Stir in the half & half and season to taste with pepper. Heat till steaming but not boiling. This smells incredible, by the way. Garnish with parsley and serve with some garlic bread. Notice, flour was not involved in any way. Enjoy!

My book page: Amazon.com: Deanne Davis
Blog: www.authordeanne.com

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News From Your Community For Your Community

Local Area News Briefs

Voters Pass Pasadena Tax Measures

Voters in Pasadena overwhelmingly passed two ballot measures during Tuesday's election, Measure I enacting a new three-quarter cent sales tax and Measure J which gives part of the revenue generated to the school system.

Measure I, passed with 68 percent of the vote, is projected to generate \$21 million annually, of that, Measure J allows \$7 million to go to the PUSD. Measure J passed with over 70 percent of the vote.

On Thursday, the school board was told, by the county, they are not allowed to calculate the Measure J revenue into the current budget shortfall. PUSD officials have until Nov. 15 to cut \$10 million from the next two years, a decision that includes the closing of schools. Any new Measure J funds will be used to stabilized their budget in the long-term, including innovation and enhancements to academic programs. PUSD Superintendent Brian McDonald said (see "Thank You Letter" page 3).

The PUSD has a mandated Dec. 17 deadline by the L.A. County Office of Education to make the cuts or face a takeover of the district by them.

Pasadena Mayor Terry Tornek had said the city could have faced a \$3 million shortfall had Measure I not passed.

In related news, both State Assemblyman Chris Holden and Congresswoman Judy Chu won during the election. Chu received 78 percent of the vote and Holden receiving 64 percent of the vote. Congressman Adam Schiff also won getting 76 percent of the votes, wining his district that includes a small part of Pasadena that includes JPL.

Pet of the Week



Are you looking for a loving, attentive cat? Look no further than Chester (A467514). This 3-year-old loves to have company and will greet you at the kennel door to lick your hands and head bump you. He loves attention and with a few pets will start purring. Chester is not laying around all day; he's actively looking for a home.

Come walk in to the Pasadena Humane Society's Neely Cat Center and we're sure he'll grab your attention.

The adoption fee for cats is \$75. All cats are spayed or neutered, microchipped, and vaccinated before being adopted.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



Property Owners Pack Retrofit Meeting

By Dean Lee

City officials were caught off guard Thursday night as residents, mostly longtime property owners jam-packed the city hall council chambers during a meeting to provide general information about a proposed ordinance requiring retrofitting of wood soft-story apartments and condominium buildings.

"We never expected this outcome," Pasadena Building Official Sarkis Nazerian said. "I think I would have gotten a bigger room."

Many of those that attended stood outside a hallway watching the meeting on a television provided by city staff. Inside people stood along every wall and cramped doorways trying to see. The meeting was led by Nazerian and Daniel Zepeda of Degenkolb Engineers, a city consultant helping draft the proposed ordinance. With the exception of a few city employees, no other officials were at the meeting.

"It's a simple process, we have a gentleman here to take all the notes, compile it all together and percent that to the city manager and public safety committee members," Nazerian said about a lack of officials at the meeting.

Assistance League's Featured Artist Program

Assistance League of Pasadena has operated its Craft Fair Gift Shop featuring senior artists and crafters for over 64 years. Assistance League (through its Craft Fair Gift Shop) assists over 150 senior exhibitors who excel in many artistic mediums, and this year Craft Fair Gift Shop has initiated a "Featured Artists of the Month" program to highlight local talents.

November's two featured artists are Mary Holley and Soly Diaz. Mary's critically acclaimed bead weaving and ethnically inspired jewelry has won her fans through the United States. A local resident for over 25 years, Ms. Holley has dabbled in many art mediums but loves the fluidity of the bead weaving and creating art that can be worn. Soly Diaz specializes in fused glass work.

He simply said the goal of the meeting was "to communication with property owners."

Most of the questions asked during the two hour meeting dealt with what exactly a wood soft-story building is? Many of the property owners held copies of a letter from the city saying their property had been placed on a list as "soft-story"

According to city staff, wood soft-story buildings are wood-framed buildings with more than one story that typically have extensive ground story windows, garage doors, or open-air spaces (such as parking) with little or no solid walls.

Zepeda said a survey was done in 2007. They estimated around 500 soft-story buildings citywide with approximately 4,500 units. Many owners asked about cost. Nazerian said Pasadena did not have a cost estimates although Zepeda and Nazerian both said in Los Angeles retrofit cost ranged from \$5,000 to \$10,000 per unit.

Nazerian said city officials had also looked into a "404 hazard Mitigation Grant Program" through the Governor's Office that covers 75 percent though FEMA and 25 percent shared by the city. He said the funds were not a guaranteed.

Some asked about making the

ordinance voluntary something Nazerian said they could look into. Any voluntary retrofitting program would not qualify for grant funding they both cautioned.

Nazerian said, if the ordinance passed, the only way for a property owner to be removed from the list is having an engineer writeoff that the retrofitting had been done. He did say that if someone though they are on the list by mistake, to call city hall and a city building inspector would look at the property.

Nazerian said the proposed ordinance would be discussed by the Public Safety Committee in December and then finalized in January. The ordinance would then go the city council sometime in January or February.

"If adopted, it is estimated to go into effect in the spring of 2019," he said.

Rose Bowl Ticket Sales for Residents

Ticket Sale for Pasadena Residents

Residents of Pasadena are given an opportunity to purchase tickets in advance by lottery system on December 1, 2018 at the Pasadena Civic Auditorium's Box Office located at 300 E. Green Street. There is a maximum limit of two tickets per person, the person buying the tickets must be 18 or older, and show proof of Pasadena residency with a valid California driver's license or California identification card.

Cost: \$173.00 per ticket (\$160 face value + \$13 box office fees)

Methods of Payment: Cash and credit cards (Visa, Mastercard, and American Express) are accepted, but checks are not. Sale Timeline: 7:00 AM: Line-up will be allowed. No line-ups will be allowed prior to 7:00 AM 8:00 AM – 9:00 AM: Random numbered wristbands will be distributed to all in attendance. 9:00 AM: Wristbands will no longer be issued and random starting number will be called. 9:30 AM: Line-up for purchase may begin. 10:00 AM: Residents may purchase Venue: Pasadena Civic Auditorium

Pet CPR & First Aid Workshop

You might be able to save your pet's life in an emergency with the right training. The Pasadena Humane Society invite you to take our 5-hour Pet CPR & First-Aid certification course, co-led by certified Pet CPR, First Aid & Care Instructor. Learn how to identify and treat a variety of possible emergencies and illnesses, including rescue breathing, CPR, how to manage choking, bleeding, and shock incidents, and how to prepare a first aid kit. Upon completion, participants will be given a 2 year certificate, Pet Tech web emblem, and will be placed on the Pet Tech International database. Cost: \$85 - Proceeds of ticket sales will be donated to PHS. PHS is located 361 S. Raymond Ave. For more call 626-792-7151.

High Tea with 2019 Rose Queen and Royal Court



Pasadena Senior Center November 19

The Scott Pavilion at Pasadena Senior Center will be transformed into an elegant, beautifully decorated tea room Monday, Nov. 19, from 3 to 5 p.m. when members of the Pasadena Senior Center enjoy high tea with newly crowned 2019 Rose Queen Louise Siskel and her Royal Court consisting of Laura

Baydaline, Ashley Hackett, Rucha Kadam, Sherry Ma, Michaela McElrath and Helen Rossi.

Seating is limited. Prepaid \$15 reservations must be received at the Welcome Desk or at pasadenaseniorcenter.org no later than Tuesday, Nov. 13.

The event is sponsored by Chado Tea Room, Right at Home and The Kensington. For more information call 626-795-4311.

Holiday Look In Home Tour and Boutique



Celebrating Fifty-One Years of Elegant Homes

The Women's Committee of the Pasadena Symphony Association will present the Fifty-First Annual Holiday Look In Home Tour and free Boutique on December 1 and 2. The self-guided Home Tour will include four historic and architecturally significant homes and gardens in Pasadena and will be open from 9:30 a.m. to 4:00 p.m. The Boutique will be open from 9:00 a.m. to 5:00 p.m. at the Scottish Rite Cathedral, 150 N. Madison Avenue, Pasadena.

This highly anticipated Pasadena tradition offers an opportunity to view the artistry of four of the City's most prominent floral designers; this year including Seasonal Décor by Margit Holakoui, Contemporary Creations by Jacob Maarse, Yuletide Creations by Ixora Floral Studio and Festive Floral Designs by Drew Domenghini with Patterson's Topiaries, Pots and Teas. As you tour the homes and gardens, you will enjoy the elegant music of talented Pasadena-area musicians.

The Holiday Boutique

showcases seasonal and year-round home décor items, delicious gourmet foods, unique jewelry, and other personal and gift items. No ticket is required for the Boutique and ample parking is available in the lots on either side of the Scottish Rite Cathedral.

Since 1957, the volunteers of the Women's Committee of the Pasadena Symphony Association have worked tirelessly to present the Holiday Look In Home Tour and Boutique in support and celebration of the world-class Pasadena Symphony and POPS. And, through the years, this event has evolved into one of Pasadena's most cherished and highly anticipated holiday traditions.

Tickets for the Home Tour can be purchased online at: pasadenaholidaylookin.org/ or at French Hand Laundry, 606 S. Lake Ave., Pasadena for \$35 each. They can also be purchased during the event at the Scottish Rite Cathedral, 150 N. Madison Ave., Pasadena, for \$40 each. If you have questions, please call 626-793-7272. All proceeds benefit the Pasadena Symphony and POPS and music education programs throughout the San Gabriel Valley.

Free Monthly Events at Pasadena Senior Center

There is something for everyone in September at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

A Matter of Balance – Tuesdays, to Nov. 20, from 1 to 3 p.m. Are you concerned about falling? Learn how to reduce the fear of falling and increase balance, activity levels, confidence and independence during this eight-week, interactive workshop that combines discussion, video and exercise. Reservations are required: 626-685-6732.

Friday Movie Matinees – Fridays at 1 p.m. Everyone enjoys watching movies and the pleasures they bring. Nov. 16: On Golden Pond (1981, PG-13) starring Henry Fonda and Katharine Hepburn. On summer vacation at their cabin on a lake in New England, a cranky retired professor with memory problems and his understanding wife agree to look after the 13-year-old son of their daughter's (Jane Fonda) fiancé.

Health Insurance Counseling and Advocacy – Wednesdays, Nov. 28, at 10 a.m. Receive counseling and advocacy on issues related to Medicare, Medigap, Medicare Part D and Cal MediConnect. Appointments are required by calling 626-795-4331. Presented by HICAP.

One Knot at a Time: Blankets for a Purpose – Friday, Nov.

16, at 11 a.m. Calling all creative hands and hearts! Help create no-sew fleece blankets for young residents of an orphanage in Mexico. Making the blankets is simple, and each step is suited to different levels of motor skills: cutting, tying a single knot and folding. Prior experience is not required; all materials will be provided. Sign up at the Welcome Desk or by calling 626-795-4331. Instructor Tracy Weirick, director of a local in-home care agency, has been making no-sew fleece blankets for years and sending them to Rancho de Sus Niños, an orphanage in Tecate, Mexico.

Veterans Day Treats at the Coffee Bar – Monday, Nov. 12, from 8:30 to 11 a.m. In honor of military veterans, come to the Pasadena Senior Center coffee bar for free coffee and patriotic-themed treats. DJ Joe will entertain in the lounge area with patriotic melodies, nostalgic tunes and requests. All are welcome. For more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent, donor-supported nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment. Services are also provided for frail, low-income and homebound seniors.

ARCADIA

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FALL KID’S CAMP & WINTER CLASS AND PROGRAM REGISTRATION

The Recreation and Community Services Department is offering a Fall Kid’s Camp at Highland Oaks Elementary School, 10 Virginia Road, Arcadia starting Monday, November 19 to Wednesday, November 21 from 8am-6pm. Each day is filled with fun group activities including crafts, board games, movies, and snacks for youth ages 5-12. Parents are able to sign their children up for one day or all three. Fall camp is \$27 per child per day. To register in person come by our office or you can go to the city’s website at www.arcadiaCA.gov under the Recreation and Community Services Department.

The winter “Buzz” is on line now and displays programs and classes for the 2018 winter season. Do you want to know what the “Buzz” is about in Arcadia? A copy of “The Peacock Buzz” will be mailed to Arcadia residents next week and will be in our office soon! Registration for the winter season begins November 19 on-line for residents only and walk-in begins November 26 for everyone. For more questions, please contact the Recreation Department at 626.574.5113.



Foothill Oaks Academy

PRESCHOOL - 8TH GRADE

CAMPUS TOUR

THURSDAY, NOVEMBER 15TH @ 9AM

CALL TODAY TO RSVP 626.301.9809

822 Bradbourne Ave. Duarte, CA 91010 office@foothilloaksacademy.org

ARCADIA POLICE BLOTTER

For the period of Sunday, October 28th, through Saturday, November 3rd, the Police Department responded to 1,007 calls for service, of which 122 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, October 28:

Shortly before 12:32 a.m., officers responded to a residence in the 1200 block of Oakglen Avenue regarding a burglary report. An investigation revealed unknown suspect(s) pried open a rear sliding door, ransacked the home, and fled with \$9,000.00 in cash from a small safe. The investigation is ongoing.

At approximately 9:04 a.m., officers responded to the intersection of Duarte Road and Holly Avenue regarding a suspect seen taking mail from multiple mail boxes. Officers located the suspect and determined he was in possession of the stolen mail, a blank check, fraudulent cash, and stolen debit and credit cards. The 37-year-old male from San Gabriel was arrested and transported to the Arcadia City Jail for booking.

Monday, October 29:

Just after 12:02 a.m., officers responded to the intersection of Temple City Boulevard and Duarte Road regarding a vehicle blocking the roadway. They located the parked vehicle and discovered the driver had fallen asleep at the wheel. Through a series of tests, the officer determined the suspect was driving under the influence of marijuana and alcohol. The 28-year-old male from Temple City was arrested and transported to the Arcadia City Jail for booking.

At approximately 8:09 a.m., an officer conducted an enforcement stop on a vehicle in the area of Longden Avenue and Second Avenue for driving with expired registration. The driver, a 19-year-old female from Arcadia, was previous cited by Arcadia Police Department for driving with expired registration and she failed to renew her registration by the deadline. She was cited and released in the field. Her car was impounded for having eight outstanding parking citations.

Around 10:53 a.m., an officer responded to Arcadia Market Place, 288 East Live Oak Avenue, regarding a grand theft report. An investigation revealed unknown suspect(s) opened an unsecured electrical panel door and stole approximately \$3,000.00 worth of circuit breakers. No suspects were seen and no witnesses were located.

Just before 3:14 p.m., an officer responded to a residence in the 1100 block of Encanto Drive, regarding a burglary report. The officer discovered the suspect(s) broke a window panel from a rear door, they ransacked the home, and fled with coins, a check book, and a silver container. No suspects were seen and no witnesses were located.

Tuesday, October 30:

At about 11:04 p.m., an officer responded to the 1000 block of South Baldwin Drive regarding a grand theft report. Sometime between 10:30 a.m. and 11:00 p.m. on October 30th, an unknown suspect cut and stole the victim's catalytic converter from his Ford F-250. No suspects were seen and no witnesses were located.

Wednesday, October 31:

Shortly after 8:28 a.m., an officer responded to the area of 100 East La Sierra Drive regarding the activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed bait packages to combat the increase in package thefts from residential areas. An

investigation revealed two suspects had the stolen bait package in their vehicle. The suspects also had 9-year-old in the car at the time of the crime. The 41-year-old female from Glendora and a 39-year-old male from South El Monte were arrested and transported to the Arcadia City Jail for booking. The male driver was also driving with a suspended license. The Department of Child and Family Services (DCFS) was contacted.

Before 9:33 p.m., an officer responded to a residence in the 100 block of West Longden Avenue regarding a fraud report. The victim discovered an unknown suspect made a fraudulent purchase on their credit card at a gas station in Garden Grove. The victim does not know how the suspect obtained her personal information or the identity of the suspect. The victim was in possession of her card at the time the crime was committed.

Thursday, November 1:

Around 8:09 a.m., an officer responded to Q Gifts, 11746 Clark Street, Unit A, regarding a commercial burglary report. The officer determined unknown suspect(s) forced entry through the main door, stole backpacks and a box of t-shirts, and punctured a hole in the wall in an attempt to enter the adjoining office. No suspects were seen and no witnesses were located.

Friday, November 2:

At about 12:13 a.m., officers initiated an enforcement stop on a vehicle near the intersection of Baldwin Avenue and Gate 8 of the Santa Anita Race Track for driving without license plates on the vehicle. Upon contacting the driver, the 61-year-old male transient from Arcadia was seen with a meth pipe in the vehicle. During a search of the vehicle, the officer located nine fraudulent \$100 bills. A records check revealed the suspect also had an outstanding felony warrant. He was arrested and transported to the Arcadia City Jail for booking.

Just before 1:26 p.m., an officer responded to the 200 block of West Foothill Boulevard regarding a fraud report. The victim reported receiving a letter from PayPal stating he had opened a credit card with them. The victim didn't authorize a new card be issued to him. The victim does not know how the suspect obtained his personal information or the identity of the suspect.

Saturday, November 3:

Shortly after 12:24 a.m., officers responded to the 12300 block of Lower Azusa Road regarding a burglary in progress. Surveillance footage revealed the suspect likely entered the business through an unlocked front door and fled with a charging cord. The suspect was gone by the time officers arrived.

The suspect is described as a white or Hispanic male with a goatee and seen wearing a grey baseball hat, a Puma backpack, and dark pants. The investigation is ongoing.

At approximately 7:49 a.m., officers responded to a residence in the 00 block of Genoa Street regarding a battery report. An investigation revealed the female victim was choked by the suspect after she declined his advances. The suspect, a 55-year-old male from Covina, was arrested and transported to the Arcadia City Jail for booking. A records check revealed the victim, a 34-year-old from Huntington Park, had an outstanding misdemeanor warrant. She too was arrested and transported to the Arcadia City Jail for booking.

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POLICE LIEUTENANT TOM LOY RETIRING AFTER 32 YEARS OF SERVICE TO MONROVIA, Celebration Scheduled For November 29th



I hope that everyone will join me in congratulating our very own Police Lieutenant Tom Loy as he prepares to retire after 32 years of dedicated service to Monrovia and its residents! Having started working for our community in 1986 as a Reserve Police Officer, Tom has dedicated over 3 decades of his life to ensuring that our community could be the safest place possible. Among his notable career accomplishments, Tom was instrumental in administering our gang injunction program, and he also served for 14 years as the Sergeant in charge of our Special Enforcement Team.

A celebration of Tom's career is scheduled to take place on November 29, 2018, at the Marriott Hotel, and we do hope you will be able to join us that evening so that we can all collectively thank Tom for his tremendous service. To RSVP for the event, please contact Lori Le Veque, Office Administrator at the Monrovia Police Department, at (626) 256-8098, or via email at lleveque@monrovia.laceln.org.

For additional information, please see the event flyer below, and on behalf of everyone here at the City... many thanks Tom for all that you have given to our organization and community.

DUARTE VOTERS ELECT TWO NEW COUNCILMEMBERS, RETURN LONG-TIME INCUMBENTS AND PASS MEASURE F BANNING LEGAL FIREWORKS IN TUESDAY’S ELECTION

DUARTE, CA, November 7, 2018– Duarte residents set the course for the community's future November 6th by electing its first, seven member, by District City Council and by deciding to ban the sale and discharge of legal fireworks in the City.

Twelve candidates vied for four District based seats with residents returning long-time incumbents Margaret Finlay and Tzeitel Paras Caracci to their new District seats. Specifically, in District No. 1, Paras Caracci, local business owner of “See Jack Play” defeated Dolores Ortiz, a Production Manager and in District No. 4, Margaret Finlay, a six-term Mayor and immediate Past President of the Southern California Association of Governments defeated David Van de Wetering, a Management Assistant. The race also featured two new Districts Nos. 6 and 7 that each had four candidates. In District No. 6, Bryan Urias, a Director from the Upper San Gabriel Municipal Water District came out on top against his other three opponents: Art Rodriguez Jr., a Business Consultant, Cesar Andres Garcia, a Business Person/Entertainer, and Evangelina Sanchez, an Educator. In District No. 7, with close to 50% of the vote, Jocelyn Nunez, a Healthcare Professional defeated Jarrett Stoltzfus, a Transportation Management Professional, Mike Sharble, a Service Director, and Jack Corson Chang, a Business Owner. No candidate filed against incumbent Samuel Kang in District No. 5 allowing

the Council to re-appoint him to another four-year term earlier this year in a special meeting.

By a little over 1 percent, the Duarte community closely voted to ban the sale and discharge of safe and sane fireworks in the City by approving Measure F, 50.83% to 49.17%. Note: mail in and provisional ballots have not been counted which could effect the final official outcome of the measure. Earlier this year, the Duarte City Council had voted to put the measure prohibiting the sale of and discharge of legal fireworks starting in 2019 before the voters on the upcoming November 2018 ballot. Prior to that vote and over the last few years, a growing number of residents had begun to express significant concern regarding the sale and discharge of both legal and illegal fireworks in the City. Safe and sane fireworks sales and usage had been legal in the City since incorporation in 1957.

The Los Angeles County Registrar Recorder's Office does not officially certify election results until December 4, 2018. Per City ordinance, the newly elected Councilmembers and the annual City Council reorganization meeting where a new Mayor will be selected occurs at the first meeting in December or December 11th. For additional information on the election or ballot measure results, please call Duarte City Hall at 626 357-7931.

MONROVIA RECOMMENDED TO RECEIVE \$4 MILLION TRANSPORTATION IMPROVEMENT GRANT FROM MEASURE M SUB-REGIONAL FUNDS THROUGH THE SGVCOG, FUNDING WOULD BE USED TO MAKE TRAFFIC & MOBILITY IMPROVEMENTS AT I-210 UNDERPASSES AND AT STATION SQUARE

In November 2016, LA County voters approved Measure M, which is a ½-cent sales tax increase, which is expected to generate around \$120 billion over the next 40 years for transportation enhancements across the region. As part of the authorized funding formula, a certain portion of Measure M funds have been set aside for different regions within LA County, and in mid-2017, Metro approved a process through which those funds would be distributed to sub-regional areas.

For the San Gabriel Valley, the San Gabriel Valley Council of Governments (SGVCOG) was the entity selected to distribute the Measure M Subregional Funds, and during the current 5-year funding cycle, there is an estimated ~\$31.7 million in available funding for local transportation projects. As the SGVCOG has worked to distribute those funds, Monrovia submitted a grant request asking for \$4 million to make various active transportation enhancements at our I-210 Freeway underpasses, and in the area around Station Square.

Based on the current review process engaged by the SGVCOG, we are so pleased to share that after review by 4 different SGVCOG committees, Monrovia's \$4 million grant request has been recommended for formal approval! The full SGVCOG Board is scheduled to consider the approval at their meeting in November 2018.

We are hopeful that these funds will be awarded to the City here in the near future, as staff has engaged project delivery efforts to ensure that we will be able to make the underpass and Station Square traffic improvements identified in our grant request.

YOUR AD COULD BE HERE! CALL PATRICIA 626-818-2698 TODAY!

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NED & PRINCE

My aunt Evelyn Swallow-Leake was born the eldest of three children in Worcester, Massachusetts in November, 1913. She, my mother and my uncle grew up during the Great Depression. It was a difficult time in American history, but to hear my aunt Evelyn talk about it, you'd think those days were purely ethereal. She'd get pretty excited when she shared her childhood memories and I truly enjoyed hearing them. I did my best to document her stories as she told them, to help keep her memories alive.

In one of my conversations with Aunt Evelyn, she recounted a very vivid recollection of having accompanied her uncle (my great uncle) on lumber deliveries from one part of town to the other, in a horse-drawn cart. She was about 10-years-old at the time, and she remembered waiting by the road side after school for uncle Carl to pass by, towing a load of lumber. She remembered riding along with him as he finished his deliveries, then helping him to take the horses back to the barn.

Aunt Evelyn's face lit up every time she reflected on her memory of the two horses that pulled uncle Carl's lumber cart. She delighted in relaying her memories of giving each one a carrot and a friendly pat on the nose before being hoisted up and assuming her position in the seat next to Carl, and off they'd go. I was surprised she remembered the name of the company Carl worked for; Stone & Berg Lumber Company in Worcester, Massachusetts. But even more amazing was the fact that she remembered the names of the horses that pulled the cart! She was certain they were Ned & Prince.

Soon after aunt Evelyn told me this fascinating story, I decided to do a little research on Stone & Berg Lumber Company just to see if there was any history I could connect to her childhood memory, and I'm happy to say my Google search rendered far more than I'd expected to find.

Much to my surprise, I learned that Stone & Berg is still in business. Of course, they no longer deliver lumber via horse-drawn cart, but they are still operating as a building supply company in Worcester. I

Happy Tails

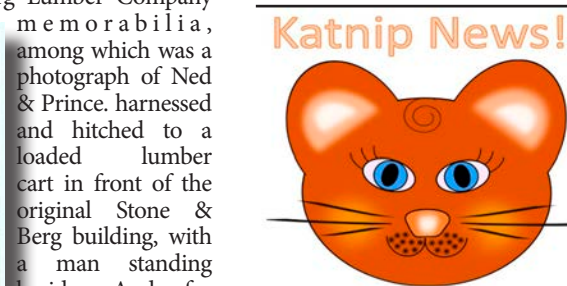
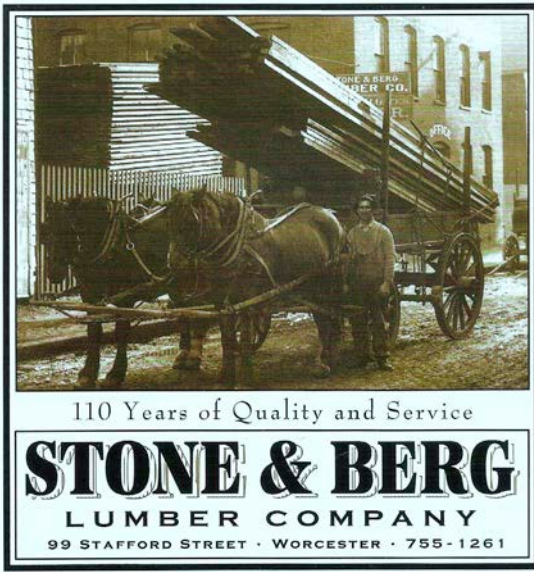
by Chris Leclerc



called the number on their website and was directed to the current owner, Jennie Berg who was kind enough to listen as I told her about Evelyn's memories of being on Stone & Berg delivery excursions with her uncle Carl in the 1920's. Jennie was pleased that someone remembered the early days when her family's business was still in the hands of her grandfather. Then came the bombshell when Jennie confirmed that the horses' names were, indeed, Ned & Prince!

Soon after our phone conversation, Jennie sent me a package of Stone & Berg Lumber Company memorabilia, among which was a photograph of Ned & Prince, harnessed and hitched to a loaded lumber cart in front of the original Stone & Berg building, with a man standing beside. And for the final icing on the cake, upon comparing the face of the man in the picture Jennie sent, to a family photo of my great uncle Carl Woods, it became clear that they were one and the same!

It did my heart good to bring my aunt Evelyn's remarkable childhood memory full circle and back to life. All it took was a listening ear and a little research on my part, along with a bit of random kindness on the part of a friendly stranger who appreciated that someone remembered a moment in time from her family history. Teamwork - that's what it took - but we couldn't have done it without the help of that awesome team of two eloquent equines, Ned & Prince! Rest in peace, Auntie Evelyn. I miss you immensely.



Katnip News!

TWO'S COMPANY! SUPERBOY!

Meet JOEY, age 3. Joey is mellow and mild-mannered on the surface, like "Clark Kent," which is why he's

been passed over so many times, but get to know how amazing he is and you'll know he's a "Superboy!" Joey is such a handsome tabby, with white under his chin. He is so comfortable that you can rub him anywhere. Have a cuddlefest! Joey gets along well with other cats, too, so if you have another pal for him that would be fine (or we can suggest a friend for our "Twofur" discount). He is playful, and also loves to tell you about his day. Joey is highly adoptable. Call to arrange a Meet & Greet soon! He will come current on vaccines and health exam, neutered, and microchipped. See more pictures of Joey—and don't miss his two, yes, two, entertaining

videos of him, and adoption info at <http://www.lifelineforpets.org/teens--adult-cats.html>. PLEASE adopt this sweet, deserving boy for a truly meaningful Thanksgiving.



WALK'N THE DOGS & MORE

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\$15.00 First Hour (Includes Feeding) \$12.50 Medications \$5 extra

626-590-4689

email: walknthedog9@gmail.com

THE WORLD AROUND US



CHRISTOPHER Nyerges

HOW TO DEAL WITH A SORE THROAT AND COUGHING USING NATURE'S MEDICINE CHEST

Nyerges is the author of *Guide to Wild Foods*, *How to Survive Anywhere*, and other books. For more information about Nyerges' books, or the classes he teaches, contact him at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com.

It seems that sore throats and coughs have afflicted people everywhere, even here in Sierra Madre, from the proximate causes of pollen, dust, woodsmoke, yelling, or "catching" something from another person.

Fortunately, there are quite a few natural remedies which help relieve the pain and discomfort of coughs and sore throats, and many of these have been used for at least centuries. The herbal remedies are sugar-free, and contain nothing that might overwhelm your immune system.

Each of the plants described are commonly available in the wild, and typically can be purchased in the dried form in herb shops.

MALLOW

The various mallows have been used to soothe a sore throat for centuries. In fact, even the ancient Egyptians used one of the mallows for this purpose.

In the United States, the common mallow (*Malva parviflora*) is a widespread "weed" of vacant lots and fields. It is sometimes referred to as poverty weed or cheeseweed. In fact, the tender leaves of mallow are tasty in salads, added to soup, and can be cooked with other vegetables or like spinach. They are high in vitamin C.

In Mexico, mallow leaves (known as malva) have long been chewed so that the slightly mucilaginous quality can soothe a sore throat. Herbalists consider the mallow leaves an emollient and a demulcent. Whether the leaves are eaten, or made into a tea, this plant helps to relieve inflammation, especially to the throat.

HOREHOUND

The horehound (*Marrubium vulgare*) is a bitter mint, native to Europe, which has now naturalized throughout the entire United States. It is called marrubio in Mexico, where it also grows in the wild. When you see it in the wild, it is an obvious mint, yet it lacks any strong aroma so typical of most mints. However, you'll see the square stem, the opposite leaves, and the wrinkled leaves on horehound which makes it easy to recognize.

Do any of you remember horehound candy?

This was a popular "old-fashioned" cough drop, made by boiling the horehound leaves, straining out the leaves, and adding sugar or honey to the liquid. It is then cooked until it is thick enough to harden. (Recipes for horehound candy can be found in most candy-making books).

Horehound is made into a tea, which is very bitter and unpleasant. No one would ever drink it if it weren't so effective. Besides soothing a sore throat and a cough, horehound is an expectorant, which means it can help clear your throat when it is congested.

To make horehound tea, I collect the young leaves in the spring. They can be used fresh or dried. I place about one teaspoon of the herb into my cup, pour boiling water over it, cover it, and let it sit until it is cool enough to drink. The flavor? Terrible! Its bitterness must be experienced to understand. So add honey and lemon juice to your horehound tea to make it more palatable. The honey and lemon are also good for your sore throat.

MULLEIN

Mullein (*Verbascum thapsus*) is another European native that has now naturalized throughout the entire United States. It is particularly common in dry waste areas throughout the Southwest. I can recall driving to the Grand Canyon once, and the dominant roadside plant was mullein.

Mullein leaves feel like flannel or chamois cloth. The plant produces large basal leaves the first year, and then in the second year it sends up a seed spike that can reach up to four and five feet.

To make a tea, use the first year leaves of mullein, and infuse them. There is not much flavor, so I typically add mint to mullein tea. Mullein acts like a mild sedative on the lungs, and it helps to relieve the roughness in the throat common with coughs and some fevers.

No doubt there are many, many other remedies for coughs and sore throats. Included here were just a few of the common wild plants which are safe and easy to use.

[Note: None of the above should be construed to take the place of competent medical advice in a face-to-face setting. Chronic coughing or chronic sore throat may be an indication of a more serious disorder. Use your common sense, and consult a medical authority if you are experiencing any sort of chronic disorder.]



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

NOT EVERYTHING IN LIFE IS AUTOMATIC

Two days in the year I don't like. Somebody is thinking it is my wife's birthday and our wedding anniversary.

I worked that out a long time ago. My birthday is two days before the Gracious Mistress of the Parsonage and our anniversary is three weeks after our birthday. No way can I forget that.

When my wife gives me a birthday card with some gift it reminds me that I have two days to reciprocate. And reciprocate, I do very well. I love it when a plan comes together.

I remember my wife's birthday and I remember our wedding anniversary, but more often than not, I cannot remember the years. I do not know how old my wife is. At least, that's my story. And, I am not sure how long we've been married.

I know we have been married long enough to work out many things.

The two days I'm not very happy with are the days when we turn the clock forward an hour and then turn the clock backward an hour. I still do not know why in the world we do that. We gain an hour in the spring, but then we lose an hour in the fall. What's the sense in all that?

I finally figured out what the sense of all that is. It is to confuse me, in particular. It is not that I am easily confused, but rather, I confuse easily. If that makes sense, I have a bridge I want to sell you.

Why would you want to gain something and then give it back a couple months later?

I grew up in the non-technical age. I had to wind my watch every day to make sure it had the right time. It was not like it is today worth the time is set automatically.

I look at my cell phone and the time is updated automatically. I look at our TV set and see that the time is updated automatically. I like that.

My problem is that I like it too much. I have become accustomed to things being adjusted automatically.

Now they have cars that part automatically and you can be sure I'm not going to buy one. I am satisfied with the automatic setting of my clock and TV.

When I was in high school, I worked part-time for a woman. I mowed the grass and cleaned inside the house. One big thing she had in the house was about 25 clocks. I'm serious. Twenty-five clocks that all had to be set manually.

The first time I did it, I did not realize that each clock was set differently. You go upstairs and the clocks were 15 minutes faster than the clocks on the first floor so she would not be late for an appointment.

Being my employer, it would have been nice for her to explain that to me. But, as most employers

do, they do not explain everything to their employees.

I was the kind of employee that liked to impress my employer with how good I was.

It was in the fall and we were to set the clocks back one hour. I thought she would appreciate the fact that I went around and reset all 25 of her clocks. After all, I was doing something on my own that needed done.

The thing I did not know of course, the clocks were all set different on different levels of the house. I went around and set all 25 clocks to the same time. I was so happy.

I did not tell her because I wanted her to be surprised.

I was anxious to hear her commend me for a "job well done." I was not prepared for what she was going to do.

When I arrived on her property, she comes out yelling and screaming at me at the top of her lungs. Trust me, she had lungs. At first, I could not understand what she was so upset about.

"Did you," she said hysterically, "reset all the clocks in my house?"

I smiled back at her and said quite cheerfully, "Yes, ma'am, I did."

Courtesy keeps me from quoting her right here. It was more than French she was yelling back at me.

I have never been yelled at so much in my life and I did not really understand why.

I stayed away from her for a couple of days and then I was working for her husband at his store. When I walked in, he looked at me and laughed hysterically.

I was not sure what he was laughing at that he motioned me to come over. So, I did.

"My wife," he said between laughs, "told me what you did the other day." Then he broke into some more hysterical laughter.

Why he was so cheerful about the incident was beyond me at the time.

Then he sat me down and explained the whole situation to me. I must confess when he finished telling me the whole story, I joined him in some hysterical laughter. We kept this to ourselves for as long as I worked there.

I thought of what Paul said, "Let's not get tired of doing what is good, for at the right time we will reap a harvest—if we do not give up" (Galatians 6:9).

Not everything is automatic, some things you have to work for.

Rev. James L. Snyder is pastor of the Family of God Fellowship. He lives with the Gracious Mistress of the Parsonage in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net. His web site is www.jamesnyderministries.com.

TABLE FOR TWO by Peter Dills *thechefknows@yahoo.com*

DILLS WINE PICKS FOR YOUR TURKEY PART 1

Thanksgiving is upon us and it is my sworn duty to come up with a handful of wines that will go with a traditional oven baked turkey /smoked turkey, even the duck substitution will go well with my list. First, sorry in advance for all my chardonnay loving readers (see blow for my apology) A high-acid, low-tannin Pinot, with bright cherry and cranberry flavors over rich spices, can do right by almost all the exuberant side dishes any turkey might require. B Side out of Sonoma makes a marvelous Pinot Noir under \$20 it is a winner.

My second choice, though, isn't a surprise, at least if you love bubbles like I do. Two California Sparklers that I enjoy, Domaine Carneros Brut (\$30) from the house of Taittinger, I have said that this wine from California comes as close to a 'real' champagne that I've had, I picked up a bottle recently at Pavilions and it will also go great with Prime Rib. Newsweek Magazine selected the Roederer Estate their value for the New millennium and I agree, when I am shopping for that \$20 wine it is my go to choice.

How about a Rose, my friend Jason Valenzuela, wine steward par excellence recommends the Virage Rose it hails from Napa Valley and if you can find it for less than \$20 buy it!! Last but not least do consider a Cabernet, a favorite side kick of Prime Rib for years, our own Maddelena has an outstanding one and the price of \$15 is perfect for the holidays, who does Prime Rib on Thanksgiving? I must admit the Dills household has been doing it for years.

My Chardonnay apology, all that sauce, butter, gravy will absolutely kill any hope of your favorite buttery Oaky Chardonnay, though I defend your right to drink what you like to drink at any holiday party!

B Side Pinot Noir
Maddelena Cabernet
Domaine Carneros Brut
Virage Rose
Roederer Estate

Join me every Sunday at 12 Noon PM for Dining with Dills Plus coming soon to Spectrum Channel 1, follow me on twitter thekingofcuisine



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Looking Up with Bob Eklund



Peering through thick walls of gas and dust surrounding the messy cores of merging galaxies, astronomers are getting their best view yet of close pairs of supermassive black holes as they march toward coalescence into mega black holes.

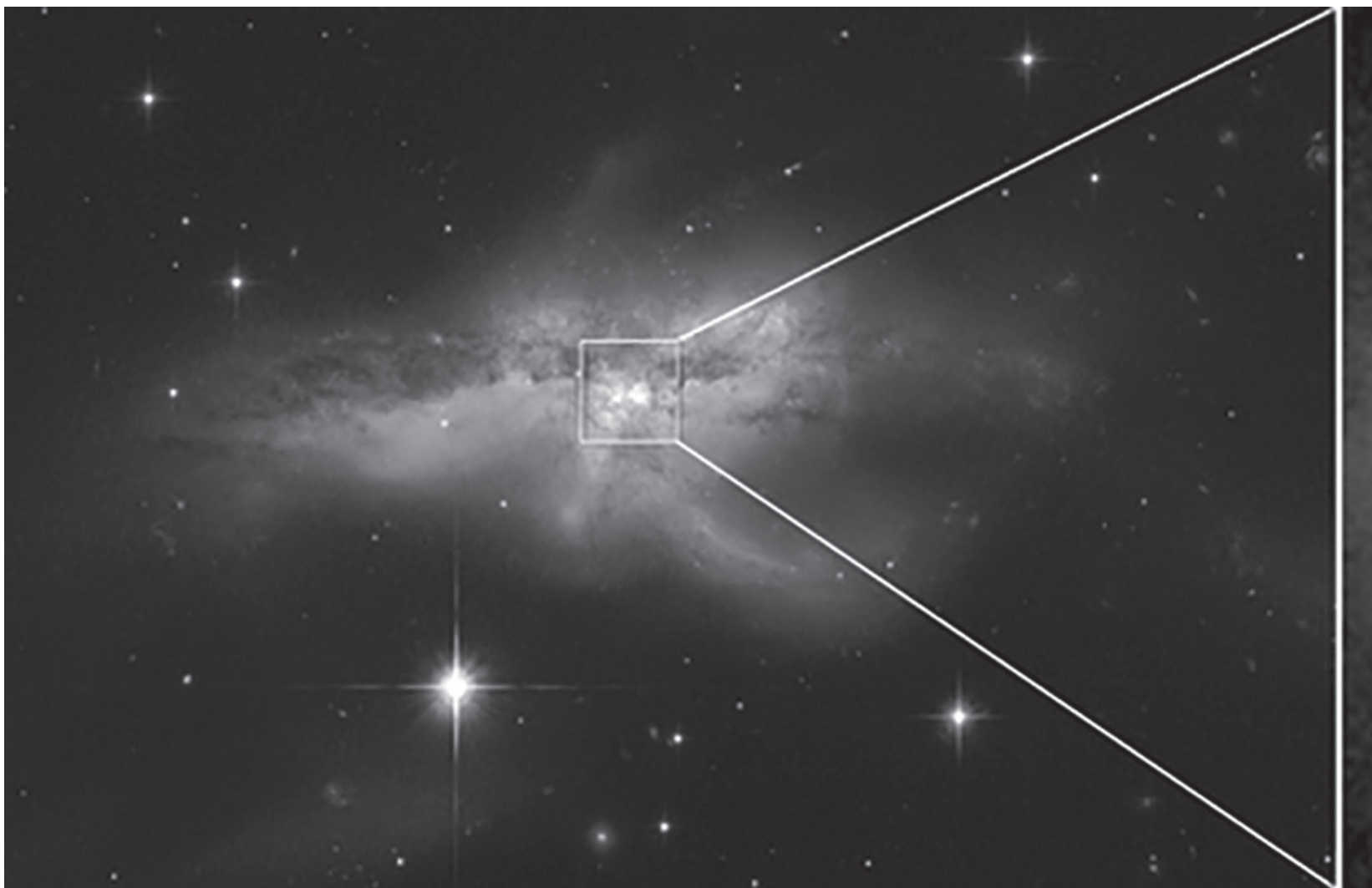
A team of researchers led by Michael Koss of Eureka Scientific Inc., in Kirkland, Washington, performed the largest survey of the cores of nearby galaxies in near-infrared light, using high-resolution images taken by NASA's Hubble Space Telescope (<http://www.nasa.gov/hubble>) and the W. M. Keck Observatory (<http://keckobservatory.org>) in Hawaii. The Hubble observations represent over 20 years' worth of snapshots from its vast archive.

"Seeing the pairs of merging galaxy nuclei associated with these huge black holes so close together was pretty amazing," Koss said. "In our study, we see two galaxy nuclei right when the images were taken. You can't argue with it; it's a very 'clean' result, which doesn't rely on interpretation."

The images also provide a close-up preview of a phenomenon that must have been more common in the early universe, when galaxy mergers were more frequent. When galaxies collide, their monster black holes can unleash powerful energy in the form of gravitational waves, the kind of ripples in space-time that were just recently detected by ground-breaking experiments.

The new study also offers a preview of what will likely happen in our own cosmic backyard, in several billion years, when our Milky Way combines with the neighboring Andromeda galaxy and their respective central black holes smash together.

"Computer simulations of galaxy smashups show us that black holes grow fastest during the final stages of mergers, near the time when the black holes interact, and that's what we have found in our survey," said study team member Laura Blecha of the University of Florida, in Gainesville. "The fact that black holes grow faster and faster as mergers progress tells us galaxy encounters are really important for our understanding of how these objects got to be so monstrously big."



A galaxy merger is a slow process lasting more than a billion years as two galaxies, under the inexorable pull of gravity, dance toward each other before finally joining together. Simulations reveal that galaxies kick up plenty of gas and dust as they undergo this slow-motion train wreck.

The ejected material often forms a thick curtain around the centers of the coalescing galaxies, shielding them from view in visible light. Some of the material also falls onto the black holes at

the cores of the merging galaxies. The black holes grow at a fast clip as they engorge themselves with their cosmic food, and, being messy eaters, they cause the infalling gas to blaze brightly. This speedy growth occurs during the last 10 million to 20 million years of the union. The Hubble and Keck Observatory images captured close-up views of this final stage, when the bulked-up black holes are only about 3,000 light-years apart—a near-embrace in cosmic terms.

The team first searched for visually obscured, active black holes by sifting through 10 years' worth of X-ray data from the Burst Alert Telescope (BAT) aboard NASA's Neil Gehrels Swift Telescope, a high-energy space observatory. "Gas falling onto the black holes emits X-rays, and the brightness of the X-rays tells you how quickly the black hole is growing," Koss explained.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

PATRICK BONACCI 2018 SFNO DISTINGUISHED LASALLIAN EDUCATOR

The District of San Francisco New Orleans has announced that Patrick Bonacci, AFSC, of La Salle High School, Pasadena, California, is its recipient of the Distinguished Lasallian Educator Award for 2018. The announcement was made by District Office of Education Director Michael Daniels, Ed.D.

The annual Distinguished Lasallian Educator Award is sponsored by Christian Brothers Conference and is presented in the name of all Lasallians of the Lasallian Region of North America (RELAN) to honorees from each of the RELAN Districts. It recognizes educators who exemplify the ideals of Saint John Baptist de La Salle, Patron of Christian Teachers of Youth.

"I am honored," Bonacci says, "to receive this award and humbled to be in the company of so many distinguished Lasallian Educators. As I enter my 47th year of being a Catholic School Educator, I know without a doubt that God is directing my journey. I am so grateful that the journey brought me to Lasallian education – first as a student at Saint Mary's College of California and for the last 33 years as an educator at the sacred community that exists at La Salle, Pasadena."

Bonacci is in 33rd year at La Salle High School, where he currently is Vice-President for Mission. At La Salle, he has served in numerous other capacities, including dean of



students, admission director, dean of studies, assistant principal, and principal. Bonacci introduced the school's service learning program, expanded its service immersion program, and established its Founder's Week of Service activity. In 2006, he was made an affiliated member of the Institute of the Brothers of the Christian Schools.

In his letter nominating Bonacci for the Award, La Salle president Richard Gray wrote of Bonacci's "involvement in the local community, his commitment to faith and justice education, and his deep involvement in service to others which demonstrates his limitless potential for transforming Lasallian communities...Pat has constantly focused his attention to the students entrusted to his care, their parents, and teachers."

Brother Donald Johanson, Visitor of the San Francisco New Orleans District, offered his congratulations, saying, "We are blessed to have Pat as a member of our Lasallian family, and we are pleased to be able to publicly honor and thank him for his many contributions and years of dedicated service."

Bonacci, together with the recipients from the Midwest District and the District of Eastern North America, will be presented with the Award at the closing banquet of the Huether Lasallian Conference, which will take place November 15-17, 2018 in Minneapolis, Minnesota.

FRED KAMPHUES CLINCHES 3RD PLACE IN THE LO206 SENIOR CLASS IN THE 2018 LOS ANGELES KARTING CHAMPIONSHIP



Sierra Madre resident Fred Kamphues competed this year in the popular LO206 4-stroke category in the Los Angeles Karting Championship.

With two wins and two second places, Fred Kamphues managed to secure 3rd overall in the championship.

"I discovered this type of motorsport in April and immediately got hooked," says Fred. LO206 is a relatively inexpensive form of karting. "The engines are factory sealed and last all season without a rebuild. A set of tires can be used for 2-3 races. This very much levels the playing field between amateurs and pros. Races are usually extremely close. It's not uncommon for the first 10 drivers to finish a race within 2 seconds of each other and lap times are only fractions of a second apart. One small mistake can make the difference between a podium and

finishing at the back of the pack.' The LO206 championships look to become even stronger in 2019, as several classes are likely to merge in grids with 20-30 drivers.

Fred is currently supported by local Sierra Madre realtor Reni Rose and Eurol Lubricants from the Netherlands.

He is determined to further step up his game with a rigorous winter testing schedule and is aiming for more podiums in 2019.

More information on kart racing in the Los Angeles area can be found at <http://lalc.org/> and www.tri-ckarters.org/. For sponsorship enquiries, please contact Fred at fred.kamphues@millhouse.nl

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(626) 351-8951 website: www.lasallehs.org
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(626) 471-2800 Principal Darvin Jackson
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website: www.acslions.com

THE GOOD LIFE

WHEN YOU NEED HELP CARING FOR AN AGING PARENT

Dear Savvy Senior,
Where can I turn for caregiving help? I help take care of my 78-year-old mother and work too, and it's wearing me to a frazzle.

Exhausted Daughter

Dear Exhausted,
Taking care of an aging parent over a period of time – especially when juggling work and other family obligations – can be physically and mentally exhausting. But help and resources are available.

To help you determine and prioritize the kinds of help you need, a good first step is to make a list of everything you do as a caregiver, big and small. Note the amount of time each one takes every day, week or month. Identify the times when you need help the most and which tasks others might be able to do for you, like making lunch for your mother when you're at work.

Then list the types of care needed, such as simple companionship or doing active chores, like food shopping. Once you determine this, here are some tips and places you can reach out to for help.

Caregiving Help

If you have siblings or other loved ones close by, schedule a family meeting, in person or by phone, to discuss specific tasks they could provide. See if friends, neighbors or faith group members could help too.

You should also investigate resources in your mom's town. Many communities offer a range of free or subsidized services that help seniors and caregivers with basic needs such as home delivered meals, transportation, senior companion services and respite services, which offers short-term care so you can take an occasional break. Call your Area Agency on Aging (call 800-677-1116 for contact information) for referrals to services available in your community, or for respite services see ARCHrespite.org/respitelocator.

If you can afford it, you may want to hire someone part-time to help with things like preparing meals, housekeeping or even personal care. Costs can run anywhere from \$12 up to \$25 per hour. To find someone, ask for referrals through your mom's doctor or area hospital discharge planners, or try websites like Care.com, CareLinx.com, CareFamily.com or CareSpotter.com.

Financial Aids



If your handling your mom's financial chores, make things easier by arranging for direct deposit for her income sources, and set up automatic payments for her utilities and other routine bills. You may also want to set up your mom's online banking service, so you can pay bills and monitor her account anytime. Or, if you need help, hire a daily money manager (AADMM.com) to do it for you. They charge between \$25 and \$100 per hour.

BenefitsCheckup.org is another excellent resource to look for financial assistance programs that may help your mom, particularly if she's lower-income.

Technology Assistance

To help you keep tabs on your mom when you are away at work or if she lives alone, there are affordable technologies that can help.

For example, there are medical alert systems (like Bay Alarm Medical, BayAlarmMedical.com), which provide a wearable "help button" that would allow your mom to call for help anytime she needed it.

Or, you could install a video-monitoring camera (like Lighthouse AI, Light.house/elderly-care) that lets you check in on her anytime via your smartphone or computer. These cameras have built-in motion and sound detection that will let you know when something is detected, and two-way audio that will let you talk and listen to her.

There are even websites (like LotsaHelpingHands.com) that can help you more easily coordinate care with other family members.

Insurance Questions?

If you have questions about Medicare, Medicaid or long-term care, your State Health Insurance Assistance Program (SHIP) offers free counseling and advice on these issues. Call 877-839-2675 or visit ShipCenter.org to locate a nearby counselor. You can also get help through the Medicare Rights Center, which staffs a help-line at 800-333-4114.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



HAPPY BIRTHDAY! ...November Birthdays

Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, "Mike" Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



HART PARK HOUSE MONTHLY PROGRAMS:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre
Hawaiian & Polynesian Dance Class: Every Tuesday Morning from 10:00 a.m. - 11:00 a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!

Bingo Time: Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

Free Blood Pressure Testing: 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

Brain Games: Thursday, November 15th 10:30 - 11:30 a.m. Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

Senior Club: Meets Saturdays Monthly at Hart Park House... Brown Bag Lunch and great company at 11:30 a.m.

Chair Yoga: Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed! * Voluntary Donations of \$5.00 per week per participant are suggested but not required.

Birthday Celebration: Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream kindly provided by the Senior Community Commission!

Game Day: Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

Free Strength Training Class: Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment provided.

Save the Date: Senior Excursion, Wednesday, Dec. 19th to Rogers Gardens in Corona Del Mar.

SENIOR MOVIE: 1st and 3rd Wednesdays Monthly 1:00 p.m.

November 7th The Greatest Showman PG Rated - PG 1hr 45 min

Inspired by the imagination of P.T. Barnum, the Greatest Showman is an original musical that celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.



November 21st Pirates of the Caribbean - Dead Men Tell No Tales Rated - PG-13 1hr 59 min

When deadly ghost pirates led by his old nemesis, the terrifying Captain Salazar escape from the Devil's Triangle, determined to kill every pirate at sea, Captain Jack Sparrow's only hope for survival lies in seeking out the legendary Trident of Poseidon, the powerful artifact bestows upon its possessor total control over the sea.



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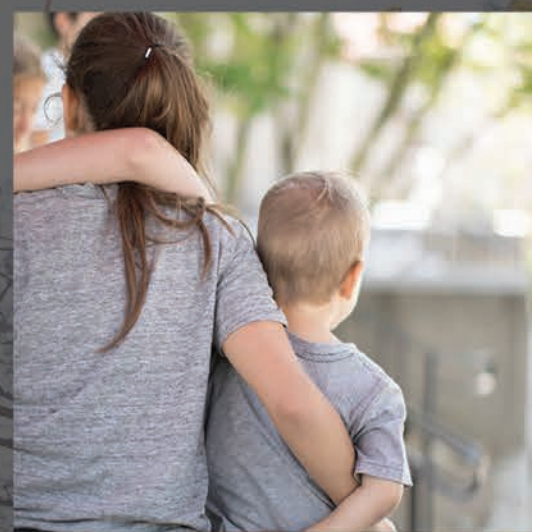
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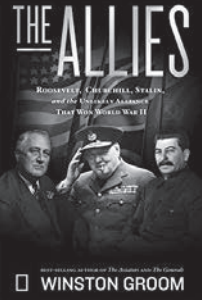
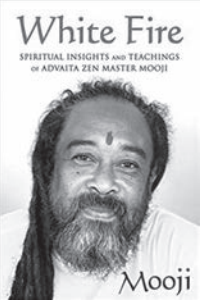
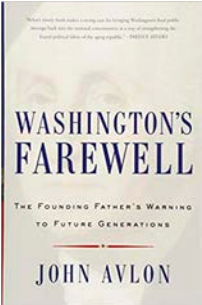
Jeff's Book Pics

By Jeff Brown

Washington's Farewell: The Founding Father's Warning to Future Generations

by John Avlon

"A vivid portrait...A thoughtful consideration of Washington's wisdom that couldn't be timelier." —Kirkus Reviews George Washington's Farewell Address was a prophetic letter from a "parting friend" to his fellow citizens about the forces he feared could destroy our democracy: hyper-partisanship, excessive debt, and foreign wars. Once celebrated as civic scripture, more widely reprinted than the Declaration of Independence, the Farewell Address is now almost forgotten. Its message remains starkly relevant. In Washington's Farewell, John Avlon offers a stunning portrait of our first president and his battle to save America from self-destruction. At the end of his second term, Washington surprised Americans by publishing his Farewell message in a newspaper. The President called for unity among "citizens by birth or choice," advocated moderation, defended religious pluralism, proposed a foreign policy of independence (not isolation), and proposed that education is essential to democracy. He established the precedent for the peaceful transfer of power. Washington's urgent message was adopted by Jefferson after years of opposition and quoted by Lincoln in defense of the Union. Woodrow Wilson invoked it for nation-building; Eisenhower for Cold War; Reagan for religion. Now the Farewell Address may inspire a new generation to re-center our politics and reunite our nation through the lessons rooted in Washington's experience. As John Avlon describes the perilous state of the new nation that Washington was preparing to leave as its leader, with enduring wisdom, he reveals him to be the indispensable Founding Father.



Mooji's essential spiritual teachings. Mooji's approach is direct and immediate, combining deep spiritual wisdom with revealing self-inquiry. Each one of the quotes and sayings in this brilliant collection has the power to ignite a burning flame within your heart, clear away confusion and doubt, and reveal your true nature as perfect and timeless Being. The book is an unsparing light for complete Self-realization. In Mooji's own words, "Only when the ego is slain by the white fire of pure seeing will the light be set free—the light that illumines the whole world."

The Allies: Roosevelt, Churchill, Stalin, and the Unlikely Alliance That Won World War II

Kindle Edition by Winston Groom

Best-selling author Winston Groom tells the complex story of how Franklin Roosevelt, Winston Churchill, and Joseph Stalin--the three iconic and vastly different Allied leaders--aligned to win World War II and created a new world order. By the end of World War II, 59 nations were arrayed against the axis powers, but three great Allied leaders--Franklin Roosevelt, Winston Churchill, and Joseph Stalin--had emerged to control the war in Europe and the Pacific. Vastly different in upbringing and political beliefs, they were not always in agreement--or even on good terms. But, often led by Churchill's enduring spirit, in the end these three men changed the course of history. Using the remarkable letters between the three world leaders, enriching narrative details of their personal lives, and riveting tales of battles won and lost, best-selling historian Winston Groom returns to share one of the biggest stories of the 20th century: The interwoven and remarkable tale, and a fascinating study of leadership styles, of three world leaders who fought the largest war in history.

A Good Man, A Great Dad and a Loving Husband

by Bradley Brown

In this book you will find common-sense approaches to help you to be a good man, a great dad and a loving husband. I have invested 55 years into researching this book. Like any good scientist, trial and error have played a major part in my findings. Wisdom is about learning from what we have done or what others before us have experienced and evolving as a result. It is my hope that the wisdom I share with you here will make your journey towards a brilliant life a straighter road, allowing you to get there faster. The reviews are from Amazon.com

vermin." Words mean things," Cohen said ."Words are leading people to do things like this." This feels like a pivotal time for our country. There are bombs in the mail, blood in the temple, and bigotry and division in the air. How many more lost, seething souls like Bowers and accused Florida bomb maker Cesar Sayoc are out there, becoming radicalized by the "noise" coming from the White House, the TV, and the internet? What happens after the election, when partisan conflict will almost surely intensify? Amid the ugliness, it is easy to forget that our country is filled with decent, principled people like Jeffrey Cohen and his staff, people who hate no one, and who struggle every day to do what is right even when it hurts. I'm not Jewish, but I am moved by the concept of Tikkun Olam- the rabbinical teaching that we each have a duty to" repair the world." Our world is badly in need of repair. Our wounds need tending. We need more healers and less.

All Things

By Jeff Brown

Letter by William Falk, Editor in Chief, The Week

When the white nationalist accused of killing 11 people in a Pittsburg synagogue last week arrived at an emergency room with several bullet wounds, he shouted, "I want to kill all the Jews!" The doctor and the nurse waiting to treat Robert Bowers at Allegheny General Hospital were Jewish; The hospitals president, Dr.Jeffrey Cohen, belongs to the Tree of Life congregation Bowers attacked. They tended to Bowers as they would any patient." We're here to take care of sick people," Cohen said." You do what you think is right." Cohen made a point of talking to Bowers, to see what kind of person could turn an AR-15 on grandfathers and grandmothers and 2 disabled men. He saw not a monster, but "a very lost guy" who'd listened to the "noise" telling him that white Christian America was being invaded by Jews, by a caravan of Central Americans, by foreign

HEALTHY LIFESTYLES



YOGIC WISDOM - AUTHENTICALLY YOU

Yoga is about moving the body. Yoga is about breathing. However, yoga is bigger —it's about healing and being YOU. Many people come to yoga for healing of some kind because it works well and positively affects overall well-being. Part of what we learn in yoga is that nurturing this well-being also occurs off the mat and here's where there's a critical point. To access nurturance, to open up, to heal —physically, psychologically, or spiritually-- the environment in which you practice has got to feel safe. To find your way and to get relief from pain, there must be a sense of ease on some level. The great abundance gifts of yoga won't unfold if you're in an environment that feels too competitive or triggers your own fear. It's not really a judgment on that environment, it's more about you. Ultimately, it alters your own authenticity. Consider what's happening in your body when you feel nervous. It affects EVERYTHING --the sympathetic

nervous response (fight or flight), disruption of Prana (life force energy) and a disruption in digestion. But during a state of calm, muscles often stretch more deeply and more freely. Environments where there's constant uncertainty can be tough. Thoughts may arise: Do I belong here? Am I really connected? Sure you can survive. Of course. You survived the life experiences that brought to you to this present day. Intellectually, you might say, "It's not them, it's me. I can be neutral and not react," and that is right. However, being around this can be crazy-making, triggering something deep within. There's an expression: What price are you paying to NOT be you? The answer is that it's a high price if you are not genuinely empowered, encouraged, welcomed, and respected. Take a loving approach with yourself. Please contact me if you'd like to learn more about this great practice of yoga: keely@keelytotten.com Keely Totten E-RYT 500, Yoga & Meditation Teacher Authentically Empowered

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

MAKE ONE CHANGE

As you look at your life, you may feel content or even proud of your accomplishments thus far. If you are experiencing a feeling of satisfaction, it's okay to want more. You can be grateful where you are and still desire more growth, more creativity, or better health. Sometimes our desires can be overwhelming; we want so much. We have an image of the completed project or an idea for transformation but not know where to begin. If you experience a feeling of frustration or feel stuck, don't be overly concerned. That's good news. It is a sign of growth, and you are ready for the next phase or chapter. If you don't know where to start, settle in on the notion of how you want to feel when you think of the outcome or final result? If you think about making changes in the area of your health, it's too general to say that you want to improve your health. Think more specifically, and try to avoid berating yourself for your perceived mistakes, it delays your progress. Rather than saying that you want to lose weight, stop and consider why you want to lose weight? Would you have more energy? Would your sleep improve? Would your self-image improve? Would your clothes feel more comfortable? Would you require fewer medications? Stop and ponder how you want to feel in and about your body. I have been encouraging my readers to make one change. Instead of trying to tackle multiple changes at

once, commit to a single shift. I recently committed to increasing my water intake and improving my hydration. The results for me have been remarkable. Some would describe that as a small change, and it is, but some days it's difficult for me to meet my goal. I have been doing it for 60 days, and it's still a challenge. I keep going because I've already seen improvements and I'm clear about how I want to feel. This one shift reminds me that we have everything we need and how simple it is. Water, a calorie-free elixir. Still not sure where to start? Grab a pen and paper and write this question: "What's one thing I need to do or stop doing to improve this area of my life?" Record everything that comes to you as an answer to the query. The next and most crucial step is to take action. Now over to you. After you do this exercise write me and share the one step you commit to taking to reveal the next best version of you. *Lori A. Harris is a lawyer and coach. You can learn more about her and her services at www.LoriAHarris.com, and your emails are welcome at lori@loriaharris.com-*



Lori A. Harris

FAMILY MATTERS

By Marc Garlett



others deal with loss, something he said he never would've done without Amy's motivation. Toward the end of his essay, Jason gave readers a bit of advice for how they can provide their loved ones with a similar gift: "Talk with your mate, your children, and other loved ones about what you want for them when you are gone," he wrote. "By doing this, you give them liberty to live a full life and eventually find meaning again."

Preserving your intangible assets

This moving story highlights what could be the most valuable, yet often-overlooked aspect of estate planning. Planning isn't just about preserving and passing on your financial wealth and property in the event of your death or incapacity. When done right, it equates to sharing your family's stories, values, life lessons, and experiences, so your legacy carries on long after you (and your money) are gone. Indeed, as the Rosenthals demonstrate, these intangible assets can be among the most profound gifts you can give. Of course, not everyone has the talent or time to write a similarly moving essay or have it published in the New York Times, nor is that necessary.

Priceless conversations

Our Family Legacy Interview (included in all of our estate plans) guides you to create a customized video in which you share your most insightful memories and life lessons with those you love most. We've developed a series of helpful questions and prompts to make the process of sharing your life experiences not only easy, but enjoyable. And this isn't something you have to do on your own—which you know you wouldn't get around to—as we do it with you as an integral part of your planning services. In the end, your family's most precious wealth is not money, but the memories you make, the values you instill, and the lessons you hand down. And left to chance, these assets are likely to be lost forever. If you want to pass down a truly meaningful legacy, one that can provide the kind of inspiration Amy's letter did for Jason, contact us. Our customized estate planning services will preserve and pass on not only your financial wealth, but your most treasured family values as well. Start by scheduling a Family Estate Planning Session, where we'll discuss what kind of assets you have, what matters most to you, and what you want to leave behind. Dedicated to empowering your family, building your wealth and defining your legacy,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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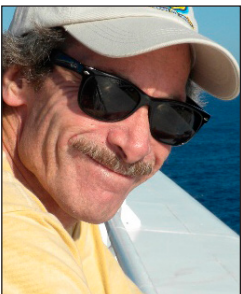
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL HAMILTON

Left of Left



IT'S YOUR TURN—SEIZE THE DAY AMERICA!

I woke up early Wednesday after only four hours of fitful sleep. The results were pretty much the same as when I dozed off on my couch. Democrats had won back the House from Republicans, by an estimated 27 seats, 225 to 197. Senate Republicans successfully fought off the Democratic Blue Wave, increasing their majority, 51 to 46, including two Independents, whom usually vote with Democrats. I hate to say this, but according to MSNBC, at least some of Congressional seats still in play, like rumored “Putin’s favorite Congressman,” Dana Rohrabacher [R-Huntington Beach], may be the result of possible fraud and vote tampering!

Checking my cell for messages, I discovered a message from my oldest friend who lives in Burbank. It was short and telling. He said, “I didn’t know there were so many racists still out there.” “Telling,” because his father was Filipino, serving in the U.S. Navy during WW II during some of the bloodiest battles in the Pacific, earning his U.S. Citizenship the hard way!

I immediately texted him back, replying jokingly, I said: “Where have you been since 2016? Trump has been bad mouthing everybody and everything most Americans cherish and set their moral compass by. Trump has done everything as president to undermine everything we learned as kids from our parents, teachers, and from a lifetime of living free in the United States of America.”

The same day, I watched with utter disgust as President Trump gave his worst press conference EVER—a two hour vitriolic, angry assault on the “fake” news media in general, and certain CNN reporters specifically, as “enemies of the people—as he tried to turn Democratic victories in the House and around the country in state and local governments—upside down with his lies, half-truths, and special hocus-pocus into a personal victory for Donald Trump..

Thursday morning I woke up to the sickening news of another mass shooting, the second in 11 days. This time it was late Wednesday evening at a popular college bar in Thousand Oaks, 40 miles north of downtown Los Angeles, leaving 13 dead, including the gunman, and 15 others with minor injuries from jumping out of windows. The alleged shooter was an ex-Marine, a veteran of the wars in Iraq and Afghanistan, known to be suffering from PTSD

Now, just as I’m trying to finish my OpEd for Saturday’s paper, I’m reading a recent text from another good friend commenting on Sarah Sander’s video about the White House revoking a CNN reporter’s press credentials: “What that LYING Sarah Sanders said to justify their [The White House] actions is disgraceful. Watch the video. The President appears to really be going off the rails against the media. Just when we thought things might get better. The midterms are over Senate and House will be okay but 45 not!”

If adding insult to injury wasn’t enough, Trump, continues his meddling and attempts to obstruct Mueller’s investigation into Russian collusion by ousting Attorney General Jeff Sessions and Deputy Attorney General Rod Rosenstein for doing their jobs according to Justice Department guidelines. Then he replaces Rosenstein [very likely illegally and unconstitutionally] with Matt Whitaker, an outspoken opponent of the Mueller’s investigation and convicted criminal for a \$25 million fraud to boot, as Mueller’s boss. Nice choice Mr. President!

If Special Counsel Robert Mueller is also ousted, ending his investigation into Russian collusion in the 2016 Presidential Election, Trump will have committed one more in his long list of obstructions of justice, further eroding confidence in our federal criminal justice system. Protecting Mueller, therefore, and his investigation must be top priority in any Democratic House agenda. His investigation is Donald Trump’s Achilles Heal and Trump knows it!

House Democrats must also do whatever it takes to defend and expand Obama Care, Social Security, Medicare, Medicaid, federal aid to education, housing, environmental protection, and pass election finance reform over stonewalling Republicans. They must take the fight over social spending to the streets, better informing the public of the real costs of Trump tax cuts on the skyrocketing deficit, and how tax cuts are paid for by taking money away from social programs and improved infrastructure. It’s your turn—seize the day America!

TOM PURCELL



SMALLER AMERICAN TOWNS CONNECT IN WAYS WASHINGTONIANS DON'T

After living in Washington, D.C., for nearly 8 years, I love being back home in Pittsburgh.

I met many interesting people in the D.C. region, but one thing was missing there that’s common in places such as Pittsburgh: a basic connection among people.

I remember visiting Pittsburgh one Saturday morning while I lived in D.C. As I walked to a downtown coffee shop to meet some friends, a short, elderly Pittsburgher shouted at me.

“Hey, pal, your wallet is about to fall out of your pocket!”

I explained that my wallet was long and designed for the vest pocket of a sport coat. It appeared to be falling out of my pants’ pocket, but wasn’t. I thanked him and began walking away.

“But, pal,” he said, “a dollar bill is showing at the top of your wallet. Flip it around.”

I continued walking, smiling at him.

“I said flip it around,” he shouted.

In Pittsburgh, you see, people are outgoing and concerned about their fellow man. The kindly old Pittsburgher didn’t want someone to swipe my wallet (though the odds of that in Pittsburgh are much lower than in D.C.).

Pittsburghers hold doors open for strangers. They politely wave your car ahead in traffic. They don’t hesitate to help in your time of need - as they demonstrated when thousands of Pittsburghers came together in response to the horrible Tree of Life synagogue shooting a few weeks ago.

I remember when a hurricane-like burst - a macroburst - hit just blocks from my mom and dad’s house one Sunday morning. It toppled large trees in a 10-block area, blocking roads. Within minutes, people in their Sunday clothes were getting soaked by rain as they directed traffic around downed trees, helped clear roads and kept others away from downed power lines.

I hate to say it, but such a response likely wouldn’t happen in the D.C. region. People connect with each other in the Pittsburghs of the world, but there’s a lack of connection among people in Washington. Walk down a D.C. street and people go out of their way to avoid eye contact. Strangers don’t often hold doors open for others. And good luck if you break down on the highway.

According to the Brookings Institution, the 53 largest U.S. metropolitan areas, with populations over 1 million, are experiencing significant growth, while smaller metro areas, with fewer than 250,000 people, are shrinking.

I wonder how this trend will affect our country’s “friendliness factor.”

As we get farther away from our roots and hometowns, will we become less friendly and less concerned for our neighbors, as I experienced in Washington?

Will people become more generic and bland and less like the many colorful characters who are common in Pittsburgh? As we move to larger areas of sprawl, will we lose our sense of place and home? Will we begin to care less?

There’s a story about a large Pittsburgher visiting D.C. He’s in a bar, watching the Steelers play. A Washingtonian shouts, “There are only two types of people in Pittsburgh - prostitutes and football players!”

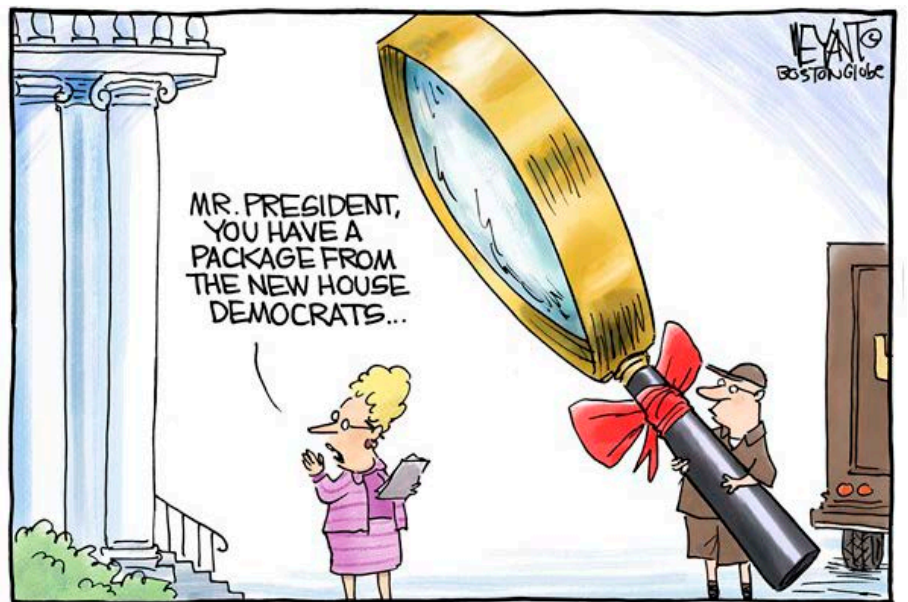
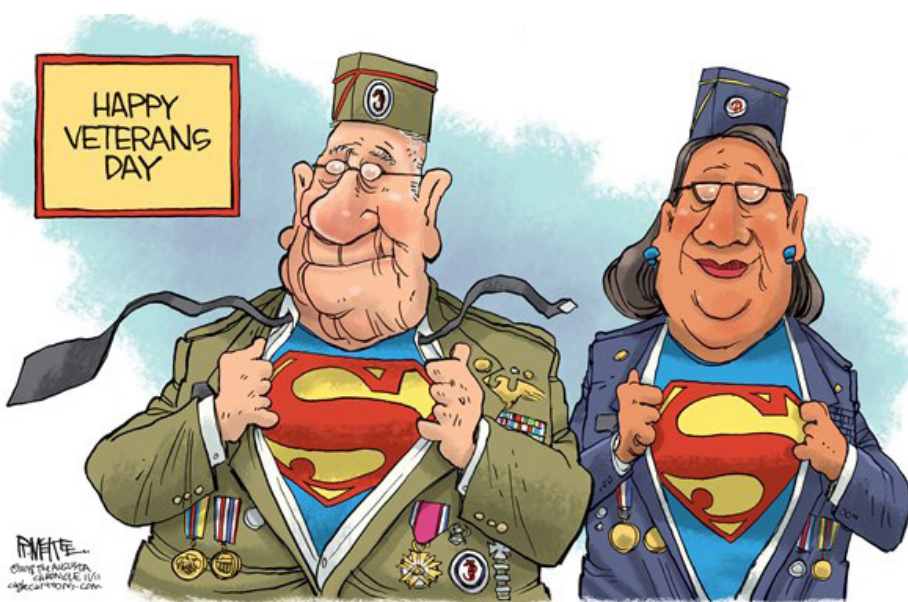
The large Pittsburgher grabs the Washingtonian by the shoulder.

“My mother is from Pittsburgh!” he says.

“What position did she play?” says the Washingtonian.

You’ve got to love a town that creates colorful characters who care so much!

Tom Purcell, author of “Misadventures of a 1970’s Childhood,” a humorous memoir available at amazon.com, is a Pittsburgh Tribune-Review humor columnist and is nationally syndicated.



LEFT TURN/RIGHT TURN

CHRISTINE FLOWERS

WHY TRUMP SHOULDN'T MESS WITH BIRTHRIGHT CITIZENSHIP



Whenever I talk about immigration matters, I try not to let people see that tattoo on my forehead, the one with the Statue of Liberty wrapped in a copy of the 14th Amendment. It’s a conversation killer.

But there’s no avoiding the fact that my day job has a strong influence on the way I view President Trump’s announced decision to get rid of birthright citizenship, something which has been fairly settled law for over a century.

That is, until the topic of illegal immigration became a useful arrow in the campaign quivers of both parties. The GOP, which used to have a healthy appreciation for the contributions of immigrants to society, has morphed into the party of “they all killed Kate Steinle.” And the Democrats have reacted by doing absolutely nothing, even when they were in the majority, to alleviate the problems caused by a broken border and ineffective laws that paralyze families and the economy.

It was inevitable that immigrants would once again become that convenient political football, raw meat for the social media masses.

I’m hip to the games people play, and I usually ignore the comments about criminal aliens, gang members, racist Republicans and the like. That’s because I’m an immigration lawyer and know a lot more about the inner workings of the laws and the real world impact on people like my clients than the Facebook scholars who keep posting links on my page about “birth tourism,” which I thought was what happened when Mary and Joseph were scouting out a room at the inn.

If that makes me sound pretentious, so be it. I tend to hide my law degree under a bushel until I hear something that twists my lower intestine into a pretzel.

And my lower intestine is ready for some mustard this week, because the drumbeat of “eliminating birthright citizenship” has gotten louder. The useful imagery of the caravan at our southern border was diminished somewhat by the intervening tragedies of the pipe bomber and the murderous anti-Semite in Pittsburgh. So the White House did a masterful pivot, and raised the specter of scary “anchor babies” and the harm they pose to good, decent Americans.

The term “anchor baby” was coined about 20 years ago, but it really gained prominence in 2006 when the country was embroiled in a debate about comprehensive immigration reform. When I first heard it, I envisioned Walter Cronkite with a bib and a rattle, until I realized that this derogatory term was being used to denote a child born in the United States who would be able to confer benefits upon an illegal alien parent.

By 2006, I had been practicing immigration law for over a decade, and knew that there was no such thing as a baby who could immediately legalize mommy and daddy. In most cases, that child needed to reach the age of 21 before he or she could sponsor a parent for lawful permanent residence or “the green card,” so it appeared to me as if that anchor were about as heavy as a feather.

Then, proponents of the term started talking about all the government benefits that baby could get, which are really just the same benefits any U.S. citizen is entitled to receive.

And, kaboom!, the whole issue of birthright citizenship reared its anachronistic head. Since the time of the Civil War, the 14th Amendment has held that any person born in the United States and “subject to the jurisdiction thereof” is a native born citizen. Now, Trump and his friends who want to eliminate birthright citizenship or “ius solis” are saying that the children of illegal aliens are not “subject to the jurisdiction” of the U.S. and therefore not entitled to citizenship. I’m having a hard time trying to figure out how an illegal alien who commits a crime in the U.S. is not “subject to the jurisdiction” of our laws, and I’m sure all of those people worried about their daughters being raped by MS-13 members are equally interested.

But even if this were a legitimate argument, there are a lot of problems with the way that the White House is approaching it. First, you don’t fix a policy problem by erasing parts of the Constitution with that pen you swiped from former President Barack Obama. Second, you generally don’t ignore the clear wording of a statute unless there is compelling evidence to the contrary. And most important, you don’t dare change the thing that makes us exceptional: the fact that prince and pauper, invalid and healthy, black man and white woman, are equally entitled to the great gift of citizenship. Lay off my Constitution, Mr. President.

Christine Flowers is an attorney and a columnist for the Philadelphia Daily News, and can be reached at cflowers1961@gmail.com.

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256624
The following person(s) is (are) doing business as LAKEWOOD VIDEO AND GAMES, 17815 LAKEWOOD BLVD., LAKEWOOD, CA 90706. Full name of registrant(s) is (are) PEDRO DOMINGUEZ, 1550 261 ST. APT. P, HARBOR CITY, CA 90710. This Business is conducted by: AN INDIVIDUAL. Signed: PEDRO DOMINGUEZ. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/10/2018. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-257798
The following person(s) is (are) doing business as: LOUIE L LECOU CONSTRUCTION, 2004 SAN VINCENTE AVE, LONG BEACH, CA 90815. Full name of registrant(s) is (are) LOUIE L LECOU, 2004 SAN VINCENTE AVE, LONG BEACH, CA 90815. This Business is conducted by: AN INDIVIDUAL. Signed: LOUIE L LECOU. This statement was filed with the County Clerk of Los Angeles County on 10/11/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-257653
The following person(s) is (are) doing business as: LUCIERNAGAS ESSENCIA DE LUZ, 644 DEL ROSA PI APT. 8, POMONA, CA 91768. Full name of registrant(s) is (are) MARIBEL CASTILLO DUARTE, 644 DEL ROSA PI APT. 8, POMONA, CA 91768. This Business is conducted by: AN INDIVIDUAL. Signed: MARIBEL CASTILLO DUARTE. This statement was filed with the County Clerk of Los Angeles County on 10/11/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-241228
The following person(s) is (are) doing business as: MONTES TOTAL FLEET SERVICE, 11921 ARKANSAS ST, ARTESIA, CA 90701. Full name of registrant(s) is (are) HECTOR MONTES, 11921 ARKANSAS ST, ARTESIA, CA 90701. This Business is conducted by: AN INDIVIDUAL. Signed: HECTOR MONTES. This statement was filed with the County Clerk of Los Angeles County on 09/27/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2018. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256808
The following person(s) is (are) doing business as: MOVING MASTERS MM, 3590 HALLDALE AVE, LOS ANGELES, CA 90062. Full name of registrant(s) is (are) MOHAMED OUSSAMA BENKHALED, 844 FEDORA ST 304, LOS ANGELES, CA 90062. This Business is conducted by: COPARTNERS. Signed: MOHAMED OUSSAMA BENKHALED, 844 FEDORA ST 304, LOS ANGELES, CA 90062. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256317
The following person(s) is (are) doing business as: N & W SECURITY, 216 W. ELM AVE, LOS ANGELES, CA 90245. Full name of registrant(s) is (are) SYD SHUAUDAILA NESSARY, 216 W WALNUT AVE, EL SEGUINDO, CA 90240. Full name of registrant(s) is (are) SYD SHUAUDAILA NESSARY, 216 W WALNUT AVE, EL SEGUINDO, CA 90240. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-253967
The following person(s) is (are) doing business as: NELSON FILMZ, 9265 CEDARTREE RD, DOWNEY, CA 90240. Full name of registrant(s) is (are) NELSON ANTHONY VALLADARES, 9265 CEDARTREE RD, DOWNEY, CA 90240. This Business is conducted by: AN INDIVIDUAL. Signed: NELSON ANTHONY VALLADARES. This statement was filed with the County Clerk of Los Angeles County on 10/05/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-258079
The following person(s) is (are) doing business as: NEXTHOME GOLDEN REALTY, 2196 LAS LUNAS ST, PASADENA, CA 91107. Full name of registrant(s) is (are) ALAN HONG TA, 2196 LAS LUNAS ST, PASADENA, CA 91107. This Business is conducted by: AN INDIVIDUAL. Signed: ALAN HONG TA. This statement was filed with the County Clerk of Los Angeles County on 10/11/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-253788
The following person(s) is (are) doing business as: PORTOS & ROBERTS PIZZARIA, 1715 E VERNON AVE RM 15, LOS ANGELES, CA 90058. Full name of registrant(s) is (are) FLORENCE DELACRUZ, 1715 E VERNON AVE RM 15, LOS ANGELES, CA 90058. This Business is conducted by: AN INDIVIDUAL. Signed: FLORENCE DELACRUZ. This statement was filed with the County Clerk of Los Angeles County on 10/05/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-254127
The following person(s) is (are) doing business as: PUMP FEENZ, 5451 N PARAMOUNT BLVD 105, LONG BEACH, CA 90805. Full name of registrant(s) is (are) GREGORY EUGENE RILEY, 5451 N PARAMOUNT BLVD 105, LONG BEACH, CA 90805. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: GREGORY EUGENE RILEY. This statement was filed with the County Clerk of Los Angeles County on 10/05/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256322
The following person(s) is (are) doing business as: QUALITY PROPERTY SOLUTIONS, OPS, 15405 BARATA ST, HACIENDA HEIGHTS, CA 91745. Full name of registrant(s) is (are) MONADO PROPERTIES, LLC, 15405 BARATA ST, HACIENDA HEIGHTS, CA 91745. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: JOSEPH WILLIE ROBINSON. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018)
FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-257389
The following person(s) is (are) doing business as: R LOPEZ CONSTRUCTION, 14833 CARNELL ST, WHITTIER, CA 90603. Full name of registrant(s) is (are) REY MOJANO, 14833 CARNELL ST, WHITTIER, CA 90603. This Business is conducted by: AN INDIVIDUAL. Signed: REY MOJANO. This statement was filed with the County Clerk of Los Angeles County on 10/11/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-255361
The following person(s) is (are) doing business as: RHVELLA JEWELRY, 1629 W 147TH ST #E, GARDENA, CA 90247. Full name of registrant(s) is (are) ISABELLA JO, 1629 W 147TH ST #E, GARDENA, CA 90247. This Business is conducted by: A MARRIED COUPLE. Signed: ISABELLA JO, 1629 W 147TH ST #E, GARDENA, CA 90247. This statement was filed with the County Clerk of Los Angeles County on 10/09/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/20/2018. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-255880
The following person(s) is (are) doing business as: ROVER ENTERPRISE, 2090 DAISY AVENUE, LONG BEACH, CA 90806. Full name of registrant(s) is (are) MITHONA KENG, 2090 DAISY AVENUE, LONG BEACH, CA 90806. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: PATRICK TANG. This statement was filed with the County Clerk of Los Angeles County on 10/05/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256834
The following person(s) is (are) doing business as: SO CAL OUTLET, 1339 EAST HUNTINGTON DRIVE, DUARTE, CA 91010. Full name of registrant(s) is (are) LINDAED LIABILITY COMPANY, 1339 EAST HUNTINGTON DRIVE, DUARTE, CA 91010. This Business is conducted by: AN INDIVIDUAL. Signed: LINDAED LIABILITY COMPANY, 1339 EAST HUNTINGTON DRIVE, DUARTE, CA 91010. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-256804
The following person(s) is (are) doing business as: THE DASHAUX GROUP, 1314 E. 59TH PLACE, LOS ANGELES, CA 90062. Full name of registrant(s) is (are) DASHAUX REAL ESTATE GROUP, LLC, 1314 E. 59TH PLACE, LOS ANGELES, CA 90062. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: ROLANDO LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 10/10/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-258892
The following person(s) is (are) doing business as: FRESH BAKERY, 2074 E ARROW HWY, COVINA, CA 91724. Full name of registrant(s) is (are) ROYAL GROUP, INC, 2074 E ARROW HWY, COVINA, CA 91724. This Business is conducted by: A Corporation. Signed: Shashan Petroyan, President. This statement was filed with the County Clerk of Los Angeles County on 10/12/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/20/2013. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: OCT. 20, 27, NOV. 03, 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-258916
The following person(s) is (are) doing business as: 2V CREATIVES, 5100 W. 140TH ST, NORTH HOLLYWOOD, CA 91602. Full name of registrant(s) is (are) SURAINY ELENA JIMENEZ, 4409 ENSIGN AVE, NORTH HOLLYWOOD, CA 91602. This Business is conducted by: A Married Couple. Signed: Surainy Elena Jimenez. This statement was filed with the County Clerk of Los Angeles County on 10/12/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-259106
The following person(s) is (are) doing business as: NELLIVUE EVENTS, 15022 VANOWEN STREET APT 201, VAN NUYS, CA 91405. Full name of registrant(s) is (are) DAVID KAWOOWA, 15022 VANOWEN STREET APT 201, VAN NUYS, CA 91405. This Business is conducted by: An Individual. Signed: David Kawoowa. This statement was filed with the County Clerk of Los Angeles County on 10/16/18. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/20/18. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-261478
The following person(s) is (are) doing business as: NELLIVUE EVENTS, 15022 VANOWEN STREET APT 201, VAN NUYS, CA 91405. Full name of registrant(s) is (are) DAVID KAWOOWA, 15022 VANOWEN STREET APT 201, VAN NUYS, CA 91405. This Business is conducted by: An Individual. Signed: David Kawoowa. This statement was filed with the County Clerk of Los Angeles County on 10/16/18. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/20/18. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-261555
The following person(s) is (are) doing business as: HYDROZINE, 1028 SONORA AVE APT A, GLENDALE, CA 91201. Full name of registrant(s) is (are) SARAH KERAKOSIAN, 1028 SONORA AVE APT A, GLENDALE, CA 91201. This Business is conducted by: An Individual. Signed: Sarah Kerakosian. Owner. This statement was filed with the County Clerk of Los Angeles County on 10/16/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/20/18. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

FICTITIOUS BUSINESS NAME STATEMENT File No. 2018-257458
The following person(s) is (are) doing business as: ATMA, 6113 TEESDALE AVE, NORTH HOLLYWOOD, CA 91606. Full name of registrant(s) is (are) OREN JACOB SELAH, 6113 TEESDALE AVE, NORTH HOLLYWOOD, CA 91606. This Business is conducted by: An Individual. Signed: Oren Jacob Selah. Owner. This statement was filed with the County Clerk of Los Angeles County on 10/11/2018. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

NOTICE OF PETITION TO ADMINISTER ESTATE OF: ROSCHELLE RAYEE LU CASE NO. 18STPB09792

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ROSCHELLE RAYEE LU.

A PETITION FOR PROBATE has been filed by CARY LOWE FISHER in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CARY LOWE FISHER be appointed as personal representative to administer the estate of the decedent.

A HEARING on the petition will be held in this court as follows: 11/28/18 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
MARC G. GARLETT - SBN 266640
LAW OFFICES OF MARC G. GARLETT & ASSOCIATES
55 AUBURN AVENUE
SIERRA MADRE, CA 91024
11/10, 11/17, 11/24/18
CNS-3191664#

NOTICE OF PETITION TO ADMINISTER ESTATE OF: JOSEPH L. D'ANGELO CASE NO. 18STPB01041

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JOSEPH L. D'ANGELO. A PETITION FOR PROBATE has been filed by NOEL D'ANGELO AND ANTONY M. BRADLEY in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that NOEL D'ANGELO AND ANTONY M. BRADLEY be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. THE WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 12/04/18 at 8:30AM in Dept. 5 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

Attorney for Petitioner
DONALD E. BOSS, ESQ. - SBN 145551
LAW OFFICE OF DONALD E. BOSS
908 SOUTH VILLAGE OAKS DRIVE
COVINA, CA 91724
11/10, 11/17, 11/24/18
CNS-3191110#

Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: ES Mountain Views News Dates Pub: OCT. 20, 27, Nov. 3, and 10, 2018

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