

SATURDAY, NOVEMBER 17, 2018

VOLUME 12 NO. 46



SIERRA MADRE BECOMES A DEMENTIA FRIENDLY CITY

The City of Sierra Madre issued a Certificate of Recognition and Proclamation of Sierra Madre being a Dementia Friendly Community. The Proclamation was presented by Mayor Pro Tem, John Harabedian in front of the city council with Mayor Denise Delmar, and Council Members: Rachelle Arizmendi, John Capoccia and Gene Goss all present. This was presented on Nov 13, 2018.

The Kensington Sierra Madre will be offering free dementia classes for understanding and communicating with those with dementia. The classes will start in 2019 and be offered on the third Tuesday of every month from 1pm to 5pm.

Further, we will be offering care giver support on 2nd & 4th Monday of the month at 7pm.

SM PLAYHOUSE RECEIVES COMMUNITY GRANT

The Sierra Madre Community Foundation has awarded a \$1,600 grant to the Sierra Madre Playhouse to support its 6th Annual Theater for Young Audiences Series. The funds will help underwrite costs of its March 2019 production of E.B. White's Stuart Little. The Playhouse's Theater for Young Audiences series serves the children of Sierra Madre by providing them with an opportunity to experience live theatre at the community's historic cultural landmark.

"We believe performing arts provide immeasurable added value to an educational curriculum, and that we have an integral role to play in introducing young audiences to live theater," said Estelle Campbell, the Playhouse's managing director. "Thanks to the support of organizations like the Sierra Madre Community Foundation, our annual Spring Theater for Young Audiences series has steadily grown since 2014 to now annually serve more than 2,500 local students and teachers."

For 2018, the Sierra Madre Community Foundation has awarded more than \$11,000 in grants to the City of Sierra Madre and several local organizations to support local programs and activities, including Sierra Madre CERT, Halloween Happenings, Huck Finn Derby &

Campout, Mount Wilson Trail Race Kids Fun Run, 4th of July Fun Run, Creative Arts Group, Shakespeare Festival, The Gooden School and Alverno Heights Academy.

"We are pleased to support the City and local organizations," said Michelle Keith, SMCF president. "Through the generous giving of local residents, combined with the oversight by our local volunteer board, we will help keep Sierra Madre a unique community and valued treasure."

Sierra Madre Community Foundation is a 501(c)(3) non-profit organization singularly devoted to Sierra Madre. The Foundation solicits donations to enhance our community by making direct grants, both large and small, to worthy people and organizations that might otherwise be overlooked and also assists other community groups in collecting and distributing funds for programs. If you would like to assist the Foundation as it continues to support Sierra Madre activities and programs, please send your tax deductible donation to the Sierra Madre Community Foundation - P.O. Box 716, Sierra Madre, CA 91025. Checks can be made payable to "Sierra Madre Community Foundation."

To apply for a grant, visit sierramadrefoundation.org.

CITY SET WHEELS IN MOTION FOR KERSTING COURT REMODEL

By Kevin McGuire

After much research and discussion, City Council approved Resolution 18-58, agreeing upon the application and adoption of the Youth Employment Plan for a Kersting Court Remodel Project.

The next step is a hearing scheduled for November 20, 2018 by the Los Angeles County Board of Commissioners with the desired results to include \$300,000 in funding for Kersting Court, the main meeting place for shopping, dining and social gatherings in Sierra Madre, located where Baldwin Ave. meets Sierra Madre Blvd. The remodeling grant funds would be provided by the Los Angeles County Regional Park and Open Space District.

The community project is set to meet goals including ensuring the city is in compliance with the American Disabilities Act Report, that public

art funds are being utilized and existing characters and elements of Kersting Court are maintained. The city is budgeted for \$57,714 for fiscal year ending 2018-2019 for art components in the project design. Other principles in the project being sought include preservation of the pepper tree and bell tower, maintenance of the flag pole and establishing drought-friendly landscaping and adequate seating.

On October 9, 2018, City Council received the latest proposals on the Kersting Court remodel from the Community Service Commission. In addition, a request was submitted to Lawrence R. Moss & Associates as the lowest bidder for the project.

The target for project completion is two years. A request for extension would be needed if the project is expected to exceed past two years.

SIERRA MADRE CELEBRATES ITS VETERANS



November 11, 2018 marks one hundred years since World War I ended. The first Veteran's Day was celebrated in 1921, as a day to honor those who served and sacrificed in the United States' Military. Every year in Sierra Madre, the Knights of Columbus and the VFW Lieutenant Kenneth Bell Post 3208 hold a Veteran's Day ceremony to commemorate this day and to celebrate and recognize the many veterans in town.

This year, the Veteran's Day ceremony was held indoors at Memorial Park. Charlie Pritchard read a letter from his grandfather, Private Charles S. Pritchard, to his grandmother, Pearl Pritchard, written on October 18, 1918,

just weeks before the end of the war. After this, MaryAnn MacGillivray-a former mayor of Sierra Madre- read an open letter written by an Air Force veteran who had served in Afghanistan.

Sierra Madre is a town with many veterans, and many of the guests at the ceremony were veterans. Some came in dress uniform and some came in street clothes, but whether they had served in the Army, Marines, Navy Air Force, National Guard, or Coast Guard, they all came together to observe this day of memorial and respect. Thank you to our veterans.

WALKING SIERRA MADRE.. The Social Side

By Deanne Davis

"Freedom is never more than one generation away from extinction. We didn't pass it to our children in the bloodstream. It must be fought for, protected and handed on for them to do the same." Ronald Reagan

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." John F. Kennedy

"For the Veteran: Thank you for bravely doing what you're called to do so we can safely do what we're FREE to do."

This past weekend, featuring beautiful weather, was filled with celebrations of our veterans throughout the land. Children sang, veterans came out in full dress uniforms, and our Nation thanked them once again for their service and their sacrifice. As I watched, I was reminded that my Dad was in the Navy during World War II. He never talked much about what he did, what his job was, what happened to him. As we commemorated Veteran's Day this week, I thought I'd put up a picture of some of our Sierra Madre veterans and add the following poem. We are fortunate here in Sierra Madre, to have quite a few veterans who come out smartly and impeccably dressed in their uniforms to carry the flag, march in our July 4th parade, be on hand to kick off the Mt. Wilson Trail Race and be part of the Memorial Day observances. They stand tall and straight and we admire them. If you haven't been down to Memorial Park to look at the Veteran's Memorial Wall, take a few minutes, look at the pictures and see who you know.

"Just A Common Soldier"
A. Lawrence Vaincourt

He was getting old and paunchy and his hair was falling fast,
And he sat around the Legion, telling stories of the past

Of a war that he had fought in and the deeds that he had done,
In his exploits with his buddies; they were heroes, every one

And tho' sometimes, to his neighbors, his tales became a joke,

All his Legion buddies listened, for they knew whereof he spoke

But we'll hear his tales no longer for old Bill has passed away,

And the world's a little poorer, for a soldier died today

He will not be mourned by many, just his children and his wife,



For he lived an ordinary and quite uneventful life
Held a job and raised a family, quietly going his own way,

And the world won't note his passing, though a soldier died today

When politicians leave this earth, their bodies lie in state,

While thousands note their passing and proclaim that they were great.

Papers tell their whole life stories, from the time that they were young,

But the passing of a soldier goes unnoticed and unsung

Is the greatest contribution to the welfare of our land

A guy who breaks his promises and cons his fellow man?

Or the ordinary fellow who, in times of war and strife,

Goes off to serve his Country and offers up his life?

A politician's stipend and the style in which he lives
Are sometimes disproportionate to the service that he gives.

While the ordinary soldier, who offered up his all,
Is paid off with a medal and perhaps, a pension small

It's so easy to forget them for it was so long ago
That the old Bills of our Country went to battle, but we know

It was not the politicians, with their compromise and ploys,

Who won for us the freedom that our Country now enjoys.

Next time you see the flag go by, held in the hands of one of our veterans, stand and salute, for our flag and our veterans both deserve that honor.

My book page: Amazon.com: Deanne Davis
Blog: www.authordeanne.com

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Mon:	Sunny	Hi	70s	Lows	50s
Tues:	Sunny	Hi	70s	Lows	50s
Wed:	Chance Shwrs	Hi	70s	Lows	50s
Thur:	Chance Shwrs	Hi	60s	Lows	50s
Fri:	Sunny	Hi	60s	Lows	50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, November 27, 2018
6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members. Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

City Council
November 13th, 2018 at 6:30 pm
November 27th, 2018 at 6:30 pm

Planning Commission
November 15th, 218 at 7:00 pm

Community Service Commission
November 19, 2018 at 6:30 pm
December 17, 2018 at 6:30 pm

Senior Community Commission
December 6th, 2018 at 3:00 pm

Library Board of Trustees
November 28, 2018 at 7:00 pm

Energy, Environment, and Natural Resource Commission
November 21, 2018 at 7:00 pm
December 19, 2018 at 7:00 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



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TUESDAY, NOVEMBER 20, 2018

We're Collecting Food For Thanksgiving Baskets. Won't you come and join us? Our donations go to needy families via Foothill Unity Center.

Lunch Begins at Noon and costs \$10 - Programs begin at 12:30 and are free! FOR LUNCH RESERVATIONS PLEASE CALL: 626-688-2273

THE CITY OF SIERRA MADRE CURRENTLY HAS 3 COMMISSION VACANCIES

Senior Community Commission
Energy, Environment,

and Natural Resources Commission

Community Services

For applications go to:

www.cityofsierramadre.com

You're invited to

Assemblymember Chris Holden's

Holiday Open House & Shoe Drive

THURSDAY, DECEMBER 13, 2018

5:30 p.m. - 7:30 p.m.

41st Assembly District Office

600 N. Rosemead Blvd., Suite 117
Pasadena, CA 91107

LIGHT REFRESHMENTS WILL BE SERVED

Come discuss legislative and community issues, and learn more about services offered through the district office.



In the spirit of the holidays, we are partnering with Shoes That Fit to provide shoes and socks to local children in need. You are invited to make a difference by donating a new pair of athletic shoes or socks in kid's size 10 through adult size 12.

Please RSVP at (626) 351-1917 or email Assemblymember.Holden@assembly.ca.gov



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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



KATIE Tse.....This and That HAPPY LITTLE ACCIDENTS

for work hasn't been so bad lately because we just had the time change. (However, I would trade an extra hour of sleep for an extra hour of sunlight any day. But don't get me started on Day Light Saving, I wrote a whole article on the topic a few years ago.)

Anyway, I love sleeping in. After I finally wake up, I still don't actually get out of bed for a long time. Even though our house is in a perpetual state of squalor, and getting an earlier start on the day would be a good idea, I loll under the covers and look at pointless memes on my phone that's charging on the bed stand. (My husband showed me an article a while ago that claimed charging phones may emit some harmful energy waves, or something of that nature. That newfound knowledge did nothing to make us change our charging habits, though. So we're probably knocking a good few years off our lives at this rate. But I digress...)

For those of you who don't know what a meme is, it's essentially a picture to which someone has attached a funny caption. One of my favorite sites for these is Dumpaday, followed closely by Bored Panda. I believe it was on the latter that I saw a collection of hilarious Bob Ross memes.

You remember Bob Ross. He was the guy who had a half hour Do-It-Yourself oil painting show on PBS in the 1980's and 90's. We didn't have a TV when I was growing up (that's another article), but I recognized him from the few times I watched his show as a child at my grandma's house.

If you haven't watched "The Joy of Painting" recently, I highly recommend that you go on YouTube right now and spend a half hour with this master of landscapes and happiness! Especially in our political climate, a little peace and love is a real tonic. As a child, I didn't pay much attention to what

he was saying. But now that I'm an adult, I realized that listening to him talk as he worked was better than going to a therapist!

He talks to you in velvety tones with all the gentleness of Santa Claus on valium, and truly makes you believe that any ninny off the street can be a great artist. Often he uses a big two inch brush to capture the intricacies of a tree or cloud, but sometimes he'll just use a knife to create something miraculous. A particularly funny meme was a picture of him with a striking woodland mountain view. The caption said something to the effect of, "Bob Ross painted this with a rock and a knife in 23 minutes, using only the color orange." Captivating stuff, to say the least.

But what's more impressive than the actual art is the man's perspective on life in general. Bob's using a 24 x 36 canvases, but he tells you to use whatever is most convenient for you. It's all up to you what goes on in "your world," he says. He walks you through building the background, and although his brush strokes look difficult, he assures you that you're just making little x's.

If you worry that you've made a mistake, you haven't. According to Bob they're just "happy little accidents," and he shows you how to turn them into something beautiful. There are no lone trees, bushes, clouds, or branches in Bob's world because "Everyone needs a friend." He even has a pet squirrel that sits in his front pocket and watches him as he works in some episodes.

The closest he ever comes to negativity is when he cleans his brush in paint thinner and shakes off the excess by whacking it back and forth across the leg of a utility table. He chuckles and calls it "beating the devil out of it," which he says is the most fun part. I want to be like this man! I can't even go five minutes without launching into negativity about something.

Maybe if we all spent 30 minutes watching Bob Ross everyday the world would be a better place. For my part, I'm going to try. Think I'll close my column today with the same send off Bob used on his show. "God bless, and I look forward to seeing you next time!"



SIERRA MADRE POLICE BLOTTER

During this period, the Sierra Madre Police Department responded to approximately 254 day and night time calls for service.

Monday, November 5

At about 7:02PM a vehicle was stopped for a vehicle code violation. The driver was driving on a suspended license and was also on probation for DUI. A condition of probation is that the vehicle be equipped with an ignition interlock device, which she did not have installed. The driver was cited for the violations.

Wednesday, November 7

Officers responded to a call of an apparent suicide in the 600 block of Mt. Wilson Trail at about 2:27PM. Upon arrival officers found a male subject unresponsive in a vehicle. Sierra Madre Fire Dept. responded and pronounced the male subject deceased at the scene.

Thursday, November 8

A resident in the 300 block of Toyon Road called to report that his Rolex watch and \$400 cash had been stolen off his kitchen table, the theft occurred at approximately 10:50AM while he was out for a

short period of time getting food. Subject(s) entered through a back door and removed the watch and cash, then left the house in an unknown direction. Case to Detectives

3:30PM

A report was filed at the station regarding a male missing from the residence since October 11, 2018. Case to Detectives

3:45PM

Officers responded to a call regarding vandalism to a vehicle where the passenger side mirror was broken while parked in the 00 block of N. Hermosa Ave.

Saturday, November 10

Sometime between 11:45AM and 7:28PM an unknown suspect(s) gained access to the backyard of the residence in the 200 block of S. Mountain Trail Ave. The suspect(s) then smashed the north-facing window by unknown means. It did not appear as if the suspect(s) made entry into the residence and there was no property taken. The suspect(s) fled in an unknown direction by unknown means. Case to Detectives for follow up.

Sierra Madre Chamber Presents:

2018 Winter Festival

The Holidays Begin In Sierra Madre!

Join us in this years Winter Village Festival throughout downtown November 24th between 12 p.m. to 8 p.m.

Come Join us for the festivities.

Santa & Snow!

There will be plenty of events for children and adults alike.

Holiday music will be scattered throughout

SLIDE DOWN THE SIERRA MADRE REAL SNOW HILL!!
See your children's delight when the tree is lit.
SHOP 'TIL YOU DROP!

Start your holiday off with a romantic horse and carriage ride. Shop for those special gifts at our local businesses. Don't miss the non-profit clubs and organizations booths.

Winter Village Festival is sponsored by the
Sierra Madre Chamber of Commerce
and
Kensington Senior Living Santa Anita Race Track
Athens Waste Management Mountain Views News

MAKE A BIG IMPACT SHOP SMALL
SMALL BUSINESS SATURDAY

SHOP SMALL

The holiday season is here. Halloween is over, Thanksgiving is just around the corner and that means that it is time to start your Christmas shopping. One of the best parts about living in a small town is that when Small Business Saturday comes around, there are so many stores to pick from.

Savor the Flavor is the place to go for anyone on your list who loves cooking or hosting parties. With so many ingredients, desserts, and beautiful tools to choose from, you cannot go wrong. Find Savor the Flavor at 11 Kersting Court. Just make sure that you have plenty of time to shop because you will not want to leave!

Little Koi is having a 20% off sale through the end of the year. This is the perfect store to find a gift for the people on your list who love statement jewelry or are wonderfully fashion-forward. Giftwrapping is done at no extra charge, and all of the bows are handmade! They also offer gift cards, in case there is someone on your list who prefers to shop for

SMALL BUSINESS SATURDAY

JOIN THE MOVEMENT AND HELP OUR LOCAL BUSINESSES THRIVE!

NOVEMBER 25TH

SHOP SMALL

themselves. You can find Little Koi at 26 N Baldwin Ave.

Next on your list should be Belle's Nest: a beautiful boutique located at 55 N Baldwin Ave. This shop has everything from jewelry to home goods and everything in between. Some copper earrings for your sister, candles for your brother, and some napkins for your mother to make up for all of the ones you spilled on as a child. There is something for everyone here at Belle's Nest.

*** Holiday Parking Enforcement Suspension Schedule ***

Thanksgiving Holiday:
Please be advised that beginning at 2:00AM on Wednesday, November 21, 2018, there will be a City wide exemption for parking violations relating to Permit Parking and Overnight Parking. This exemption will extend until 2:00AM on Sunday, November 25th, 2018, in observance of the Thanksgiving Holiday. Please note that safety violations related to parking will be enforced 24/7.

Christmas/New Year's Holidays:
Please be advised that beginning at 2:00AM on Saturday, December 15th, 2018 there will be a City wide exemption for parking violations relating to Permit Parking and Overnight Parking. This Exemption will extend until 2:00AM on Wednesday, January 2, 2019, in observance of the Holiday Season. Please note that safety violations related to parking will be enforced 24/7.

There will be Officers staffing the SMPD, 24/7 to handle enforceable parking issues and safety violations during these times.

SAFETY VIOLATIONS (e.g. Red Zones, White Zones, Blue Zones, parking violations obstructing egress/ingress to the roadway or sidewalk).

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Caring for Loved Ones With Dementia

Objectives for "Normal Aging / Not Normal Aging"

- Compare and contrast "normal" aging vs. "not normal" aging related to various cognitive functions.
- Learn the five sensory input and processing systems, highlighting the dominant role of vision, and the major differences between protective and discriminating sensations in each.
- Discuss the impact of changing sensory awareness and processing as dementia progresses.

About John D. Graham: With a life spent in senior services, author John D. Graham is a compassionate voice. His perspective is informed with his vast array of experience in senior advocacy and in leadership of senior living organizations. In sharing his expertise via his book, *Cheeseburgers for Seniors: Top 10 Reasons Your Parents Don't Want to Move to Senior Living*, with the burgeoning baby boomer population, he outlines pitfalls and warning signs, and offers alternative, proactive approaches. While some of these things can be uncomfortable to consider, lack of understanding and proper planning often leads to an undesirable outcome—an unpleasant lifestyle that could be avoided by making informed life choices.

EVENT DETAILS

3RD TUESDAY OF EVERY MONTH
From: 1:00pm – 5:00pm

at The Kensington
245 West Sierra Madre Blvd.
Sierra Madre, CA 91024
(626) 355-5700



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Pasadena Altadena

News From Your Community For Your Community

Humane Society Helps Woolsey Fire Evacuees

Donations Matched to Help Animals Rescued

In response to the fast-growing Woolsey wild fire, Pasadena Humane Society & SPCA officials announced Monday they have assisted LA County-Agoura Shelter in evacuating and housing its shelter animals.

Humane Society officials said they have taken in 15 dogs and 12 cats, 5 rabbits, 4 hamsters, and 2 mice over the weekend. “We anticipate more homeless pets to arrive this week,” they said.

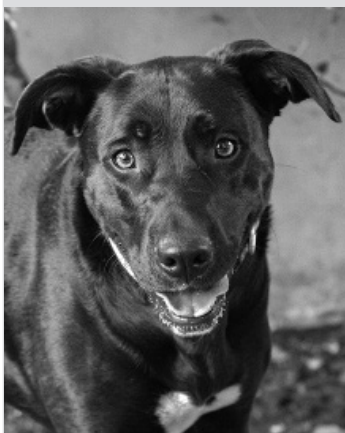
Humane Society officials also said they mobilized staff and volunteers to provide additional support at the shelter to care for the influx of animals. Animal control officers have deployed to the field to assist LA Animal Services at Taft High School and Pierce College in order to provide support for evacuated animals.

Officials are urging supporters to make a donation to assist them in providing life-saving services and support such as veterinary care, medication, food, blankets and more.

The Woolsey Fire first ignited Nov. 8 in Simi Valley then burned in Ventura and Los Angeles counties, including a mandatory evacuation of the entire city of Malibu.

As of Monday 170,000 residents had been evacuated. The fire remained under investigation.

Pet of the Week



Bear (A468293) loves the great outdoors and just can't wait to go out and sniff the world. She gets so excited when she sees the leash that her tail starts wagging and begs to go out. Treat motivated and already trained to know sit, shake, down and stay, Bear is a 3-year-old black Labrador Retriever mix who would love to be your outdoorsy partner!

The adoption fee for dogs is \$130. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



Endrijonas



Messina



Reyes

PCC Names Candidates for Next President

The Pasadena City College Board of Trustees announced last week they have named three California community college leaders as final candidates in the search for the college's next superintendent/president.

In an email to the campus Nov. 9, board president Anthony Fellow said the members of the board believed one of the candidates would be “the leader we need to continue PCC’s outstanding trajectory.”

Officials said the candidates are:

Erika A. Endrijonas, Ph.D., has been president of Los Angeles Valley College since August 2014. Previously, she was executive vice president and accreditation liaison officer at Oxnard College for five years, and prior to that, she served nine years at Santa Barbara City College as dean of educational programs. Dr. Endrijonas has served on the statewide California Community College boards of the Chief Instructional Officers, the Chief Student Services Officers, and the Association for Occupational

Education. She currently serves as the Western State Conference CEO representative to the California Community College Athletic Association board and as the co-chair of the national LGBTQ Presidents in Higher Education board.

Kimberlee S. Messina, Ed.D., served as the vice president of instruction and institutional research and interim president at Foothill College from 2011-2016 before joining the San Mateo County Community College District as the interim vice chancellor of educational services and planning. As vice chancellor, her primary focus has been on strategic planning, student equity, and the development and implementation of guided pathways. Dr. Messina’s career path includes service as an adjunct faculty member, a tenured Spanish instructor, a two-term academic senate president, and an instructional dean of science, technology, engineering, and mathematics at Santa Rosa Junior College.

J. Arturo Reyes, Ed.D., has served as superintendent/president of Mendocino College in Ukiah since 2013. His prior experience includes service as executive vice president of academic and student affairs at the Solano Community College District, interim president and vice president of academic affairs at San José City College, and dean of academic affairs, economic development, and workforce development at the Chancellor’s Office. He was a full-time tenure-track Spanish professor and athletic coach at Cosumnes River College before serving as the college’s dean of humanities and social sciences for seven years.

Each candidate will host open forums in Creveling Lounge Nov. 27–29, at noon and 5:30 each day, so that the college and community will have a chance to learn more about their experiences and hear their vision for PCC.

The board expects to publicly announce a final candidate at its Dec. 12 board meeting.

Pasadena Wins Digital City Award

Pasadena recently was named as one of the “Top Ten” digital cities in the nation by The Center for Digital Government. This is the fourth time Pasadena has been recognized as a technologically progressive and innovative city when compared to other cities of similar population size.

Pasadena ranked sixth in the 2018 survey for cities with a population between 125,000 – 249,999 residents.

“Pasadena continues to invest in many technology initiatives to improve citizen services, enhance transparency and encourage citizen engagement,” said Phillip Leclair, Chief Information Officer for the City’s Department of Information Technology.

“The survey’s focus on transparency, cyber security and enhancing digital services aligns directly with the City’s digital strategy. This award is a great honor and an outstanding achievement for the City.”

The Center for Digital Government is a national research and advisory institute on information technology policies and best practices in state and local government.

Information about the Digital City Award is at <http://govtech.com>.

Pet CPR & First Aid Workshop

You might be able to save your pet’s life in an emergency with the right training. The Pasadena Humane Society invite you to take our 5-hour Pet CPR & First-Aid certification course, co-led by certified Pet CPR, First Aid & Care Instructor. Learn how to identify and treat a variety of possible emergencies and illnesses, including rescue breathing, CPR, how to manage choking, bleeding, and shock incidents, and how to prepare a first aid kit. Upon completion, participants will be given a 2 year certificate, Pet Tech web emblem, and will be placed on the Pet Tech International database. Cost: \$85 - Proceeds of ticket sales will be donated to PHS. PHS is located 361 S. Raymond Ave. For more call 626-792-7151.

Doo Dah Parade to Crank it up Sunday



On Doo Dah day, dozens of inventive, if zany, art cars and floats will accompany a legion of revelers past the mom-n-pop shops along East Pasadena’s shady tree-lined streets with a memorable cast of local eccentrics, disruptors, pundits, mutant art cars, lone wolves, steam punks, makers and merry-makers.

The parade starts at 11 a.m. along Colorado Boulevard (between Altadena Dr. and San Gabriel Blvd.) in East Pasadena (start location: 2627 E. Colorado Blvd.

Entries are open to everyone. This year’s lineup includes the Nut Camp, Trashion Show, The Pony Baloney Express, Bildge Rat, Code Blue DeFibs, Black Sabbath, Flying Baby Homerun Border Crossing, Nordic Men, Murrugun the Sword Swallower, Kilt Brigade, Radioactive Chickenheads, D.J. Sparkle Pony, Toaster Car, The Army of Toy Soldiers, The Eye, The Billionaires, Saucers from Bakersfield, Danse Macabre, Free Thought Society, Unich Band, Aloha Oy Vey Marching Ukelele Band, Cyclops, Bearded Ladies, Count Smokula, Partying Parrotheads, Murrugun the Mystic, Unicorn Palace, Man as Giraffe, Heuristics, The Butler, Recumbent Revolution, L.A. Derby Dolls, Let’s Paint and March TV, Zucchini Patrol, and Doo Dah’s 2018 Royals, among many others. Secret Santa, Doo Dah’s take on the North Pole icon, will close the conga line and ring in the

holiday season. And... not a rose will be harmed in the making of this parade.

Plenty of street parking is available ~ Parade route is also just west of the Sierra Madre Villa Gold Line Station (at Colorado Blvd. and Sierra Madre Villa). City busses go directly to the area and Uber or Lyft. Come early! Bring a lawn chair! Visit the local eateries, popular food trucks along the parade route, and buy a new Doo Dah t-shirt. Stick around for the after parties all within close walking distance.

Known as the twisted sister of the conventional Rose Parade, the Occasional Pasadena Doo Dah Parade began as a grassroots event in 1978 to gain national attention for its eccentric and, often, irreverent satire.

Official Doo Dah After-Party: American Legion, 179 N. Vinedo St. (2 blocks from Parade at Vinedo & Walnut) immediately following the event. Bands, dancing, cheap food and drinks!! \$5 cover (supports a Legion charity).

Unofficial Doo Dah After-Parties: PooBah Records, one of Pasadena’s favorite independent music stores, will feature live in-store performance and DJ. PooBah is located at 2636 E. Colorado Blvd., right on the parade route. The famous Colorado Bar, located right next door at 2640 E. Colorado Blvd. will feature live bands, along with salty chips and drinks.

For more information go to: pasadenadoodahparade.info.

WCC Thanksgiving Dinner

Each year the Women’s City Club gather at one large WCC family table to pause and give thanks for the many wonderful blessings in all of our lives.

In gratitude, we also bring nonperishable food items to donate to women and families in need in our local community and are partnering with the Pasadena Jaycees for their Operation Gobbler, which will assemble baskets to distribute at Friends in Deed.

This year’s dinner will feature a delectable Thanksgiving dinner by our very own Chef Pedro Simental paired with a wine tasting by Villa Maria Estate, New Zealand’s most awarded wine. In addition, we will feature the peaceful music by Jeff Gold.

The dinner event is \$60 Members / \$75 Non Members and starts at 6:30pm - Cocktails - 7pm Dinner
RSVP to: Women’s City Club of Pasadena (626) 796-0560 or email: events@womenscityclubofpasadena.com

Free Monthly Events at Pasadena Senior Center

There is something for everyone in September at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

A Matter of Balance – Tuesdays, to Nov. 20, from 1 to 3 p.m. Are you concerned about falling? Learn how to reduce the fear of falling and increase balance, activity levels, confidence and independence during this eight-week, interactive workshop that combines discussion, video and exercise. Reservations are required: 626-685-6732.

Health Insurance Counseling and Advocacy – Wednesdays, Nov. 28, at 10 a.m. Receive counseling and advocacy on issues related to Medicare, Medigap, Medicare Part D and Cal MediConnect. Appointments are required by calling 626-795-4331. Presented by HICAP.

Live Longer and Stronger – Thursday, Nov. 29, at 10 a.m. Explore the challenges to living fully as you age. Dr. Bonnie Olsen, a clinical psychologist at Keck Medicine of USC, will help participants identify the key ingredients that lead to productive, engaging and well-balanced lives. She will share examples that will inspire participants to develop goals for achieving more satisfying balance in physical health, cognitive stimulation and social engagement.

SINGING/STORIES – Friday, Nov. 30, at 3:30 p.m. Guest performing artists from MUSE/IQUE will explore how music, when paired with words, can evoke deep wells of memory and unite a crowd of people in a single, shared emotion. Participants who register in advance at the Welcome Desk and attend this event will be eligible for a limited number of tickets for the Dec. 2 MUSE/IQUE concert.

Improvisation for Lifeskills PLAYshop – Fridays, Dec. 14 and Jan. 11, from 10 a.m. to noon. Tap into your natural, creative talents while enhancing your health and well-being. This series will focus on improv techniques, theater games and creative drama to increase your spontaneity, memory, focus and interactive social and communication skills in a fun, playful and creative environment. Sign up at the Welcome Desk or by calling 626-795-4331. Presented by Trisha Jauchler, founder and director of On Bright Wings and Theatre on the Threshold.

For more information visit www.pasadenaseniorcenter.org or call 626-795-4331. Founded in 1960, the Pasadena Senior Center is an independent, donor-supported nonprofit organization that offers recreational, educational, wellness and social services to people ages 50 and older in a welcoming environment.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

CITY OF ARCADIA KICKS OFF HOLIDAY SEASON WITH CHRISTMAS TREE LIGHTING CELEBRATION



November 15, 2018 – The City of Arcadia celebrates the start of the holiday season with the fourth annual Christmas Tree Lighting Celebration on Thursday, December 6 from 6 p.m. to 8 p.m. The event takes place at the Arcadia Transit Plaza on the corner of Santa Clara Street and North First Avenue, and will feature the lighting of the official Christmas Tree in Arcadia by the Mayor, City Council, and Santa Claus. Santa will arrive on an Arcadia Fire Truck and help the Mayor “flip the switch,” bringing the festive tree to life with lights and decorations. The celebration includes free cocoa and cookies, strolling carolers, a kids’ craft table where youngsters can decorate their own ornaments, face painting, and holiday photos. One of the highlights of this event is the holiday craft market featuring a variety of local, handcrafted items, gifts, and foods. Bring a little joy to the children in need in our community by donating a new, unwrapped toy. The City will deliver the donated toys to the Foothill Unity Center in time for their annual toy distribution. Don’t forget to join us for our other fun holiday festivities. The merriment starts at the beginning of December with two holiday events. The always popular Breakfast with Santa is on December 1 at the Community Center with two options for breakfast: 8:30 a.m. – 9:30 a.m. or 10:30 a.m. – 11:30 a.m. The

Holiday Snow Festival is also on December 1 at the Community Center from 9 a.m. – 2 p.m. For additional information, please contact Laena Shakarian at lshakarian@ArcadiaCA.gov or 574-5434. **About Arcadia** Nestled along the rolling foothills of the San Gabriel Mountains and Angeles National Forest, Arcadia is a charming, family-oriented community with a population of just over 57,000. Located only 13 miles east from downtown Los Angeles, regional transportation networks like the Metro Gold Line connect Arcadia as a premier residential, shopping, and entertainment destination in the San Gabriel Valley. Arcadia is known for its top-rated schools, iconic landmarks, and serene neighborhoods. Arcadia is an award-winning community having been twice named as the Best City in California in which to Raise Kids and the 2017 Most Business Friendly City in Los Angeles County. With the conveniences and amenities of a full-service, mid-size city, Arcadia’s “Community of Homes” provides a quality of life that will go [Above & Beyond](#) your expectations. For more information, please visit [ArcadiaCA.gov](#) or follow us on Twitter by texting DISCOVER to 33222.

ARCADIA POLICE BLOTTER

For the period of Sunday, November 4th, through Saturday, November 10th, the Police Department responded to 945 calls for service, of which 113 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, November 4:
At approximately 1:30 a.m., officers responded to the parking lot of Westfield Santa Anita, 400 South Baldwin Avenue, regarding a physical altercation in progress. A male and female were seen arguing when the female slapped the male across his face pulling his earring from his ear. The 22-year-old female from Los Angeles was arrested and transported to the Arcadia City Jail for booking.
Just before 5:00 p.m., officers responded to Citibank, 660 West Duarte Road, regarding the report of a strong-arm robbery that had just occurred. The suspect pried a cellphone from the female victim’s hands as she was walking down the street. The suspect was described as a male wearing a gray hooded sweatshirt. He fled the scene in a dark SUV with paper plates.

Monday, November 5:
At about 7:30 a.m., officers were dispatched to Westfield Santa Anita, 400 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles containing tracking devices to combat the increase in bicycle thefts around the city. An investigation revealed a 25-year-old male from Pasadena took the bicycle and fled the scene. He was located with the bicycle and drug paraphernalia in his possession. He was arrested and transported to the Arcadia City Jail for booking.
Just before 7:30 p.m., officers responded to Residence Inn, 321 East Huntington Drive, regarding a fight in progress. Officers contacted the two male subjects and determined through a series of tests that both subjects were under the influence of a controlled substance. The 38-year-old male from Pasadena and the 48-year-old male from Inglewood were arrested and transported to the Arcadia City Jail for booking.

Tuesday, November 6:
Just after midnight, officers were dispatched to the 200 block of West Duarte Road regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 46-year-old male from San Gabriel had the stolen package and property in his vehicle. He was arrested and transported to the Arcadia City Jail for booking.
At approximately 8:00 p.m., an officer responded to the parking lot of 24 Hour Fitness, 125 North First Avenue, regarding a vehicle burglary report. The officer discovered an unknown suspect smashed the front passenger window of the vehicle and stole a backpack containing a MacBook Pro and a book. No suspects were seen and no witnesses were located.

Wednesday, November 7:
Just after 7:30 a.m., an officer attempted to conduct a

traffic stop on a vehicle for an equipment violation near Live Oak Avenue and Peck Road. The vehicle failed to yield and a pursuit was initiated. The pursuit terminated in the City of Baldwin Park, when the vehicle collided with an electrical utility box. The suspect ran from the vehicle, but was subsequently detained by officers. An investigation revealed the 35-year-old male from Baldwin Park had an outstanding warrant. He was arrested and transported to the Arcadia City Jail for booking.
At approximately 3:37 p.m., officers conducted a traffic stop on a vehicle for an equipment violation at the intersection of Baldwin Avenue and Naomi Avenue. Upon contact, it was determined the driver had a suspended driver’s license and was a convicted felon in possession of pepper spray. The 34-year-old male from El Monte was subsequently arrested and transported to the Arcadia City Jail for booking.

Thursday, November 8:
Just after 1:45 p.m., officers were dispatched to the 1200 block of Oakwood Drive regarding a vehicle burglary report. The officer discovered that an unknown suspect had smashed the victim’s front passenger side window and stole a purse and wallet. No suspects were seen and no witnesses were located.
At approximately 4:30 p.m., officers were dispatched to the Santa Anita Race Track, 285 West Huntington Drive, regarding a man found in a vehicle showing symptoms of alcohol intoxication. The 29-year-old male from Arcadia was subsequently arrested for disorderly conduct and was transported to the Arcadia City Jail for booking.

Friday, November 9:
At about 7:40 a.m., an officer responded to the 900 block of La Cadena Avenue regarding a burglary investigation. The investigation revealed an unknown suspect had pried open the coin operated laundry machines and stole an unknown amount of coins overnight. No suspects were seen and no witnesses were located.
Just before 9:30 p.m., an officer was dispatched to the 400 block of East Santa Clara Street regarding an arson investigation. The Arcadia Fire Department was on scene and had extinguished a fire at the bottom of the freeway embankment. The fire department had previously extinguished a fire in the area of First Avenue and Colorado Boulevard earlier in the day at 8:00 a.m. Arson investigators identified a person of interest during the investigation that possessed a cigarette lighter. The subject ultimately confessed to starting both fires. The 28-year-old male transient was subsequently arrested and transported to the Arcadia City Jail for booking.

Saturday, November 10:
At approximately 6:09 p.m., officers responded to the 200 block of Colorado Boulevard regarding a grand theft investigation. An investigation revealed an unknown suspect stole a backpack full of camera equipment from a photographer who was hired to photograph a wedding reception. The investigation is on-going.
Just after 8:30 p.m., an officer responded to a residence in the 300 block of Sharon Road regarding a residential burglary investigation. The investigation revealed an unknown suspect(s) smashed the rear glass sliding door to the residence, ransacked the interior of the home and stole property. The investigation is on-going.

MONROVIA - DUARTE

Sierra Madre

Arcadia

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Monrovia

MONROVIA HONORS OUR VETERANS



By Joan Schmidt
A very special Veterans Day Observance was held on November 12 at Monrovia’s Library Park. Master of Ceremony Scott Sinclair, President, Allied Veterans Council welcomed us. He thanked us for attending and noted the poignant poem, “In Flanders’ Field” printed on one side of the program. Since it was the 100th Anniversary of Armistice Day, Scott felt this was very appropriate. Floyd Henderson, Willie Williams, Craig Switzer, Ed Barlow and Brian Neumann from VFW 2070 posted Colors, followed by Monrovia HS Band’s beautiful rendition of the National Anthem. The Band also performed “America the Beautiful”, “God Bless America”, a “Veterans Salute” (The “theme” song for each branch of service) and Taps. The beautiful Invocation and Benediction were done by Chaplain Lionel Moreno, 18th District American Legion. Presenters included Congresswoman Judy Chu, Monrovia Council Member Larry Spicer (Army Veteran), Arcadia City Clerk Gene Glasco, (Navy Veteran), Duarte Mayor John Fasana, Kristy Lopez for Senator Anthony Portantino and Hector Rodriguez for Assemblyman Holden. All thanked the Veterans not only for their service, but the sacrifices made by them and their families.
Guest speaker, Major General Mark MacCarley, Deputy Commanding General Support, First Army Rock Island Arsenal was phenomenal. As a military wife for twenty-two years, who lived in Germany and South Korea, I experienced firsthand difficult times-Korean President Park was assassinated and the wives and children were prepared to leave on short

notice. What was so heartwarming to me and all attendees about the General was he acknowledged ALL MILITARY. It didn’t matter what their rank, position, or assignment location was. All military men and women risk all and give all for our country. They make sacrifices leaving their families behind and going into harm’s way. The General had great praise for lower ranks and non-commissioned officers; he spoke of all their hard work and how much officers needed and depended on them. Everyone in the audience was so blown away and appreciative of General MacCarley. I have heard many wonderful speakers over the years, but no one has ever come close to what he said. Whether you worked in a motor pool or an office, no matter what your MOS was, you made the sacrifice and commitment to serve our country.
Besides the Willie Williams and Ron Handy from VFW 2070, I was thrilled to see Chuck Keen and Earle Sweeney from American Legion Post 44. Other highlights included the Placement of the Wreath by Lt. Col. Charles West, Civil Air Patrol Vice President, and Flag Folding by G. Willie Williams, VFW Post #2070, (It is folded thirteen times and Janine Coyne read the significance of each fold.) There also was recognition of the Blue Star Families and a World War II Veteran was presented the medals he had lost. All attendees were given a small flag.
THANK YOU to all who played a role in this AWESOME OBSERVANCE. It meant so much to my daughter and me, and I am sure to all the Veterans and their families.



Honoring veterans, the Duarte Woman’s Club served 24 dozen freshly baked goodies for the City of Duarte Veteran’s Day Celebration held on November 12 at Thorson Park.

DUARTE ANNUAL MAYOR’S PRAYER BREAKFAST NOV. 21 AT CITY OF HOPE COOPER AUDITORIUM

Pastor Michael Lee to Deliver Keynote

DUARTE, CA - Duarte will kick off the holiday season at the 33rd annual Mayor’s Prayer Breakfast. The event will be held Wednesday, Nov. 21 from 7:30 a.m. to 9 a.m. at the City of Hope Cooper Auditorium, 1500 E. Duarte Road and feature Discipleship Pastor at Fellowship Monrovia and adjunct professor at APU, Michael Lee.
The event also launches the 15th annual “Holiday of Promise” project to collect food, personal items and gift donations to be distributed by the Duarte Community Service Council and Foothill Unity Center to needy families the week before Christmas. The project is sponsored by Duarte’s Promise – The Alliance for Youth, Duarte Church and Clergy Association, and numerous area businesses. Gift donations can be dropped off from November to mid December at various locations including Duarte City Hall, Chamber of Commerce and Public Safety Offices.
The breakfast is co-sponsored by Burrtec Waste Industries, City of Duarte, Duarte Church and Clergy Association, City of Hope, Cabrera’s of Duarte, the Duarte Kiwanis Club, and the Duarte Woman’s Club.
A limited amount of tickets will also be available at the door. Tickets are \$10 for adults, \$8 for children/seniors or \$80 per table. For more information on the event, call Duarte City Hall, (626) 357-7931, ext. 267 or purchase tickets on line by clicking here.

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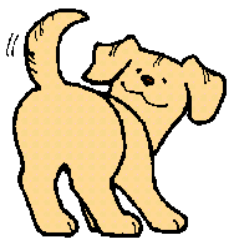
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YOTE & RUEDE

A True Story Of Brotherly Love

Happy Tails

by Chris Leclerc



Just when I think I've met the sweetest, most loveable canine I could ever hope to meet, yet another furry four-legger comes along and proves me wrong! I'm specifically referring to a dog named Yote (pronounced "Yotee") whom I befriended a few years ago, along with his human mom, Debra Herzog. The quaint canyon cottage Debra and Yote lived in at the time is tucked into the top of the lower canyon, just below the Woodland water basin, with an enormous evergreen tree shading a front yard that is just perfect for pups to play in.

Debra rescued Yote, a gorgeous and gregarious golden corgi chow mix, from an LA animal shelter when he was just a puppy. He had been abandoned along with his siblings in an apartment and when the authorities came to take the puppies to the shelter, he was left behind yet again. It seemed that little dog was destined to be alone without a loving home, but thanks to a remarkable stroke of luck (I actually like to think of it as a miracle) someone heard him crying in the apartment next door and called animal control.

The little, left-behind pup was finally rescued and brought to the shelter where he was found to have distemper. Because he was so sick, he stood less chance of being adopted, but Debra knew when she met Yote, that they were meant to be together, so she readily accepted the challenge of getting him healthy and giving him a happy life. Well, let me just say, Debra did a beautiful job meeting that challenge on Yote's behalf.

Soon after Yote's adoption, Debra's employment status changed and her new, more demanding work schedule began taking up much of the time she had hoped to spend working at home with Yote. She didn't want to leave him all alone during the day, so she enrolled him at a local doggy daycare where he could interact with other dogs. In fact, being the good dog-mom that she is, Debra tried out a few different doggy daycares in search of the perfect place, and everywhere she took him, Yote became known as the official "activities director"!

Yote is such a social guy, he refuses to leave anyone out of the fun. He showed affection to everyone at the daycare center. He made a point of engaging all his canine classmates, even the less social ones, and encouraged them to participate with the rest of the pack. At every daycare Yote visited, Debra was told the same thing; "That is one special dog with a very big heart. He makes it his mission to help other dogs get involved and come out of their shells."

When she moved to Sierra Madre, Debra called me for dog walking services and soon embarked on a quest to seek out a brother or sister for Yote so he could have a constant companion at home. Having looked at 10 or 15 different dogs without finding a good match, on the Friday just before Christmas, Debra heard about a chow mix at Devore, a high-kill shelter in San Bernardino County. This particular dog was scheduled to be euthanized that Sunday morning, so with no time to spare Debra called the shelter and begged them to hold out long enough for her to come with Yote to see if it was a good match.

The next day, Debra took Yote with her to the shelter where they met a very broken, sickly and desperate dog who looked so much like Yote, he really could be his brother! Debra told Yote, "Do your thing, little buddy, go and show some of that good love you've got in your heart to this guy because he really needs it." Within moments, in his typical prime form, Yote managed to brighten that would-be death-row doggie's spirits and had him wagging his tail in no time. Instantly, Debra and Yote both knew this was the right dog for them.

Next, Debra needed to pick a good name for their new-found friend. She chose the French name RueDe (pronounced "Rudy"), partly because Yote's favorite toy is "Rudy the Reindeer" and partly because of the significance of the French word "rue", as it is used when referring to a road or street. Debra thought this best fit because he was found carousing the streets near Perris (Get it? Perris - Paris) before he was rounded up and brought to the shelter. Remarkably, RueDe responded immediately to his new name and the three of them are living a happy and full life together, to this day.

Debra's experience with Yote and RueDe touched me to the core. The out-pouring of kindness on Debra's part truly warmed my heart, but it was the intense bond of brotherly love between two grateful dogs that really got me. Every time I hear a story about a successful shelter-pet adoption, I find it hard to hold back the tears that come from knowing animals that would have otherwise been euthanized were given a second chance and have brought immense joy to their new human companions. There is nothing like love to heal a broken heart, and I think brotherly love between two grateful dogs is the best medicine there is. I hope Yote & RueDe's story will inspire you as much as it has me. Love and let live.

BEST FRIEND

Lisa Leslie is a beautiful Italian Greyhound mix lady approximately 8-years-old. She has dainty long legs and was named for the basketball star, also known for her long legs. Lisa is very sweet and friendly and will greet you with a beautiful smile, wagging tail and graceful bows. She is very inquisitive and observant of her environment and loves to explore. Lisa is very easy to handle on a leash and enjoys going for walks. Lisa is an active girl who will go into "play pose" inviting some fun with other dogs or with people, and she especially enjoys playing with toys. Lisa Leslie is an active girl who is looking for her new best friend and forever



from 10:30am to 4:30pm Tuesday through Sunday.
Website: www.sgvhumane.org

Katnip News!



TABBY TUCKER

Friendly, lively, & active, that's our TUCKER, age 1+.

Gorgeous tabby boy, kinda looks like a Bengal. Tucker needs an active home & space to zoom around. He sometimes can get a bit too excited and rambunctious, playfully trying to wrestle or bounce on other cats, so if you have other cats they'd have to be able to gently put him in his place & not let him get away with his shenanigans! LOL! Makes for fun entertainment! He's like a typical active teenage boy! Loving & sweet, too. Would probably do well with children & other pets. Come & meet him by calling 626-676-9505. He will come current on vaccines and health exam, neutered, and microchipped.

See more pictures of him—and don't miss his entertaining video on our website, at <http://www.lifelineforpets.org/young-cats.html>, where you will also find our adoption info.

Good news: Cinnamon and Juliet have been adopted.



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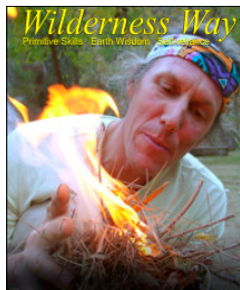
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THE WORLD AROUND US



CHRISTOPHER Nyerges

THANKSGIVING DAY: IT'S ROOTS, AND OTHER COMMENTARY

[Nyerges is the author of "How to Survive Anywhere," "Foraging California," "Enter the Forest" and other books. He

leads courses in the native uses of plants. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

Thanksgiving is our uniquely American holiday where the family gathers, where we remember our roots, we share a meal, and we hopefully "give thanks."

But look how quickly such simple and profound holidays get perverted. Today, we hardly know what "giving thanks" even means, and so the act of giving thanks is lost on most of us. Newscasters talk about "turkey day," as if all there was to the day was eating turkey. Interestingly, most folks would not know whether or not they were eating turkey, or eating crow, and most of the time we're doing the latter, figuratively speaking. Then, when we have barely taken the time to consider the notion of "giving thanks," we get up early on the following "black Friday" to rush around with the mobs "looking for a good deal" to help us celebrate the consumer-driven commercial craze into which we've morphed "Christmas."

Wow! How did we get here? What can we do about it? Let's take a moment to look at the roots of Thanksgiving.

In the history of North America, we are told that the first historic Thanksgiving Day was in October of 1621. After a successful harvest that year at the Plymouth colony, there was about a week or so of celebrations. The local Indians and the colonists joined together, with the Indians generally showing the colonists (mostly city folks) how to hunt for the meal which consisted of fowl, deer, duck, goose, and fish. Corn bread, wild greens, plums, leeks, and many other vegetables (wild and domestic) were shared in this celebration. Interestingly, there is no recorded evidence that wild turkey or wild cranberries were part of the menu. And we tell and re-tell this particular American story as if it is all about food!

In fact, some (but not all) historians question whether or not there were any religious overtones at all on this "first Thanksgiving," citing such

evidence as the archery and firearms games, and the running and jumping competitions, which they say would never be done at religious ceremonies by the Puritans. The "competition" was more likely the men on each side doing their shows of bravado with weapons and physical feats before sitting down to eat.

Not widely known—or remembered—is that this "first thanksgiving" feast had mostly political overtones, which seem to have largely backfired. Tisquantum ("Squanto") was the interpreter for Massasoit, who was the political-military leader of the local Wampanoag tribe. Massasoit was worried that his weakened tribe would be taken advantage of by the stronger Narragansett, because his own group had been so reduced from disease. Massasoit would permit the European newcomers to stay as long as they liked, as long as they aligned with Massasoit against the Narragansett. (Read all about it in your history books). Tisquantum spoke English because he'd been to England and back, and had his own plan to re-establish his home-town village near what became the Plymouth colony.

Though Tisquantum successfully helped Massasoit broker a pact with the newcomers from across the ocean, Tisquantum died about a year later. The truce that Massasoit hoped to cement lasted perhaps another 50 years until there were too many Europeans flooding into Massachusetts and all of what was to become the eastern United States.

Despite the varied history of this day, Americans have chosen to see this as day set aside so that we do not lose sight of our spiritual blessings.

But we should not confuse "giving thanks" with "eating a lot of really good food." "Giving Thanks" is an enlightened attitude which accompanies specific actions. Perhaps sharing our bounty with the needy would be a better Thanksgiving activity than eating large volumes of food. More to the point, perhaps we should use Thanksgiving to give thanks where it is due—to the indigenous peoples who have become the "forgotten minorities." Rather than "eat a lot," perhaps we could send blankets, food, or money to any of the American Indian families or nations who today live in Third World conditions.

"Giving thanks" begins with the attitude of gratitude, and extends into the practical actions of assisting others less fortunate than yourself.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

KITTY ON THE OUTSIDE OR A TREE FROG ON THE INSIDE

I thought, which is a dangerous activity for me, that I had pulled one over on the Gracious Mistress of the Parsonage. It is a rare occasion when I actually do something like this.

At my age, I assume I could get away with something. I guess I am just not old enough.

Several weeks ago, I happened to look out the back window and saw a kitty walking across our back yard. A little idea sneaked into my head. Maybe I could get some kitty treats and feed the kitty.

It is not that my wife does not like kitties; she just does not like them on our property. No way she would ever, and I mean ever, condone some kitty living on our property. However, my thought was, what if she does not know?

I have always heard that what your wife doesn't know can't hurt you. So, I put together a very sneaky plan.

I went and got a dish for the kitty as well as a bag of kitty food. I really thought I could pull this off.

On the back porch, I put the dish and filled it with kitty food. I pushed it to the side so that you could not see it from the window. I am not an expert when it comes to sneaky, I'm still an amateur.

Later that evening I happened to look out the window and there it was. A tiger like kitty had found the dish and was feasting upon the food. I knew I had to take things slow. I did not want to scare off the kitty.

I kept this up for several days, quite proud of myself that I was not caught yet. I thought there was a chance I wouldn't get caught and I was living on that chance.

It was on a Thursday evening and I was looking out the porch door, watching the kitty eat when I heard somebody say, "What are you staring at?"

Immediately I recognized the voice and had to be very careful so that I did not trip up on anything. "I'm just enjoying the backyard scenery. It looks so lovely in the evening shadows."

I sighed very deeply hoping I had escaped being found out.

Eventually I was getting to the point where I could open the door very carefully and the kitty would not get scared and run away. I was not able to pet it yet, but that was in my plans.

Then one night something else happened that pleased me deeply. A second kitty joined the back porch kitty diner. I really was ecstatic, but I had to keep myself calm because I did not want to give my secret away.

Around our house, keeping secrets does not really last long.

Everything was going fine until one night the kitty

came to the porch glass door and started meowing. The knucklehead that I am, I meowed back.

At that precise moment, my wife happened to walk into the kitchen area where the glass porch door was. She heard me meow and said, "There better not be a kitty on our porch!"

Before I could respond, she came up to the door and there was the kitty meowing at her.

"I don't want any old cat on our back porch."

I wanted to reply, but I didn't.

"I hope you're not feeding it!"

Do I need to call a lawyer?

At that moment, she went up to the door to open it so that she could shoo the cat away and there on the inside of the door was the biggest tree frog I have ever seen. When she saw that, she screamed, the kitty ran and the frog jumped inside our house.

It has been a long time since I have seen the Gracious Mistress of the Parsonage dancing.

It was all I could do from laughing hysterically. I tried to control it, but you know how that works. The more I tried to restrain my laughter the louder it got.

Where is my cell phone when I need it?

She ran, got a broom, came back and swept the frog outside. I haven't seen that frog since.

So, being in a sense of hilarious insanity, I said, and I almost regret saying it, "Which do you want? The kitty or the frog?"

She looked at me holding her broom in a very dangerous way and finally she broke down laughing. Life is full of choices. Some of our choices are not of our choosing. Sometimes it is choosing the better of the worse.

Since then we have had two kitties come to our back porch every evening to enjoy the kitty food that I put out there in the kitty dish. I have not seen the frog, but I sure have been thinking about that frog ever since.

"What are you smiling at?"

"Nothing, I'm just having a happy moment."

"It better not have anything to do with that tree frog."

Thinking about this I was reminded of what David said. "Blessed is the man whom thou chooseth, and causet to approach unto thee, that he may dwell in thy courts: we shall be satisfied with the goodness of thy house, even of thy holy temple" (Psalm 65:4).

It is not important if you are a kitty or a frog only that God has chosen you. Live in that glory every day.

Rev. James L. Snyder is pastor of the Family of God Fellowship. He lives with the Gracious Mistress of the Parsonage in Ocala. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net. His web site is www.jamesnyderministries.com.

For breaking news go to
www.mtnviewsnews.com

TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

THANKSGIVING PART 2

I meant no disrespect with last week's column, excluding chardonnay from my Thanksgiving selections for top picks. So, here is my make-good with three go-to chardonnays

First, a brief history of chardonnay. Most good coastal chardonnay comes from a few areas that you might be familiar with: Anderson Valley, Santa Maria Valley, and Santa Rita Hills, and the coolest section of the Russian River Valley. Carneros is also ocean-influenced, though it's warmer there, since it's a bit inland. Chardonnays from vineyards on the mountain ridges at the edge of the Sonoma Coast AVA are some of the best in the state. Here are three chardonnays that I found "reliable" and all under \$20:

Francis Ford Coppola's Diamond Collection Chardonnay - awarded Best in Class in 2015, it is bright and balanced. If you like your wine with a bit of fruity apple/pear flavor, this would be a good choice. This chardonnay hails from the Monterey region.

Dills Score 89

Retail \$16; you can find it if you shop around for \$12 Vons /Albertson's

Wild Horse Chardonnay - wine maker Chrissy Whittmann's chardonnay from the Central Coast, Paso Robles region. I found this to be crisp and delightful, and it goes well with the other white meat, pork.

Dills Score 89

Retail \$17; easily available in So Cal for \$14 Vons

Our friends in France enjoy a 2013 Jadot Pouilly Fuisse made with 100% chardonnay grapes. While we tend to label California wines as "buttery", I'd go with "crisp". Interesting wine maker notes, one part of the wine is fermented in stainless steel vats and in oak barrels, this combination delivers a silky smooth finish. Pouilly Fuisse is a great representation of old world wine making. \$21.99 average price

Ralphs

Serve a reliable cheese such as gouda, and you will be the hit of your next wine party with any of the above selections. Listen Live every Sunday at 12 Noon on AM 830 KLAA



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Looking Up with Bob Eklund



A COLD SUPER-EARTH IN OUR NEIGHBORHOOD

An international group of astronomers, involving the Max Planck Institute for Astronomy (MPIA) in Heidelberg, has succeeded in detecting a planet around Barnard's star, which is only six light-years away. The planet has just over three times the mass of Earth and is slightly colder than Saturn. The discovery was made by measuring the periodic change in the radial velocity of the parent star. The spectrograph CARMENES, developed to a large part by the MPIA, played an important role in this discovery.

Barnard's star (GJ 699) is the single star closest to Earth, located at a distance of about 6 light-years. When viewed from Earth, it appears to move across the sky faster than any other star except Alpha Centauri. For a long time, the search for planets orbiting Barnard's star has been unsuccessful. But now astronomers have extracted a signal from 771 individual measurements they have collected over the recent 20 years, which points to a planet that travels around its host star once within 233 days. The planet has been named Barnard's star b.

"For the analysis we used observations from seven different instruments, spanning 20 years, making this one of the largest and most extensive datasets ever used for precise radial velocity studies," explains Ignasi Ribas of the Institut de Ciències de l'Espai (ICE, CSIC), Spain, the first author of the underlying research published in Nature.

Since Barnard's star, a red dwarf star, only emits 0.4% of the Sun's radiant power, the planet Barnard's star b only receives about 2% of the intensity the Earth collects from the Sun. From this, the scientists conclude that the planet with an average temperature of about -170°C is probably a hostile, icy desert, in which there is no liquid water. With a mass of at least 3.3 Earth masses, it belongs to the class of super-Earths, i.e., exoplanets that fill the mass scale between Earth and Neptune.

The discovery is based on the radial velocity method. Here a sensitive spectrograph registers small periodic shifts of the spectral lines in the spectrum of a star due to its movement along the line of sight caused by the planet. From this the mass of the planet can be calculated.



The data collected up to 2015 already contained indications of a planet. MPIA astronomer Martin Kürster alone contributed 76 data sets from the UVES spectrograph. However, certainty was only obtained with additional measurements. Therefore, an international collaboration called "Red Dots" was formed to examine red dwarf stars such as Barnard's star in more detail employing state-of-the-art spectrographs.

Martin Kürster comments: "Until the 1980s, almost all professional and popular astronomy books stated that two Jupiter-like planets had been found near Barnard's star. This was found to be incorrect due to recent measurements in which I was partly involved. That is why it is all the more fascinating that we are now able to detect this planet with a much smaller mass."

In 2016, a planet was detected orbiting the star

that is closest to the Sun, Proxima Centauri. With Barnard's star b, we now know four planetary systems at a distance of up to 10 light-years from the solar system. Within a radius of 15 light-years we know of 14. Thus, the current discovery contributes to the perception that the formation of planets is apparently a very frequent cosmic phenomenon.

You can contact Bob Eklund at:
beklund@MtnViewsNews.com.

MONROVIA UNIFIED DISPLAYS STUDENT CODING PROJECTS DURING EPIC BUILD SHOWCASE



Parents watch as a student demonstrates his coding project during a Code to the Future Epic Build Showcase on Nov. 7 at Mayflower Elementary.

MONROVIA, CA – Parents, administrators, and other community members observed Mayflower Elementary students as they showed off characters they built for stories and video games during an Epic Build Showcase on Nov. 7.

During the showcase, parents toured classrooms and watched students solve problems with commands and specific coding directions while demonstrating their coding accomplishments.

Epic Build showcases teach parents and the community the importance of Code to the Future, a computer language immersion program that incorporates coding across all subjects. During the showcase, students became the instructors, explaining how the projects were completed.

Visitors celebrated the coding accomplishments that students in kindergarten – through fifth grade had completed so far this school year with high-fives.

“I have been in coding since I was in first grade,” third-grader Alyson Carroll said. “I have gained confidence in coding and now feel comfortable coming up on stage to present my projects.”

Plymouth Elementary, which also has a Code to the Future curriculum, will host a similar Epic Build Showcase on Nov. 16.

“The Epic Build showcases are a way for our students to engage not only with one another, but with parents and community members, as well,” Board President Terrence Williams said. “Through Code to the Future, our students

will gain the confidence they need to pursue science and technology career paths in the future.”

Mayflower Elementary added coding to its lesson plans three years ago to prepare students for technology-oriented education and career paths. Writing code develops learning skills such as creativity, collaboration, and critical thinking.

Students work with block-based coding and JavaScript, and engage in hands-on programming, robotics, and analog activities.

“One of our priorities at Mayflower Elementary is to ensure our students are being prepared for the future,” Principal Michele Costarella said. “The Code to the Future curriculum includes assignments and projects that make students critical thinkers and problem solvers.”

Through learning code, students hone their ability to communicate with one another. Beginning in kindergarten, students apply the logic of computer science by creating loops, sequences and animations. By second grade, students begin building video games; by fifth grade, students skillfully combine coding concepts with an integrated story.

“The Code to the Future curriculum engages students in problem solving and persistence,” Superintendent Katherine Thorossian said. “Through experience, students learn that the problems they face can be solved in a methodical manner. We are honing life skills, not just in preparing for future careers, but also for navigating life.”

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Lisa Feldman: Head of School

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Email: inquiry@acsllions.com
Principal: Cindy Harmon
website: www.acsllions.com

THE GOOD LIFE

WHEN YOU NEED HELP CARING FOR AN AGING PARENT

Dear Savvy Senior,
Where can I turn for caregiving help? I help take care of my 78-year-old mother and work too, and it's wearing me to a frazzle.

Exhausted Daughter



Dear Exhausted,
Taking care of an aging parent over a period of time – especially when juggling work and other family obligations – can be physically and mentally exhausting. But help and resources are available.

To help you determine and prioritize the kinds of help you need, a good first step is to make a list of everything you do as a caregiver, big and small. Note the amount of time each one takes every day, week or month. Identify the times when you need help the most and which tasks others might be able to do for you, like making lunch for your mother when you're at work.

Then list the types of care needed, such as simple companionship or doing active chores, like food shopping. Once you determine this, here are some tips and places you can reach out to for help.

Caregiving Help

If you have siblings or other loved ones close by, schedule a family meeting, in person or by phone, to discuss specific tasks they could provide. See if friends, neighbors or faith group members could help too.

You should also investigate resources in your mom's town. Many communities offer a range of free or subsidized services that help seniors and caregivers with basic needs such as home delivered meals, transportation, senior companion services and respite services, which offers short-term care so you can take an occasional break. Call your Area Agency on Aging (call 800-677-1116 for contact information) for referrals to services available in your community, or for respite services see ARCHrespite.org/respitelocator.

If you can afford it, you may want to hire someone part-time to help with things like preparing meals, housekeeping or even personal care. Costs can run anywhere from \$12 up to \$25 per hour. To find someone, ask for referrals through your mom's doctor or area hospital discharge planners, or try websites like Care.com, CareLinx.com, CareFamily.com or CareSpotter.com.

Financial Aids

If your handling your mom's financial chores, make

things easier by arranging for direct deposit for her income sources, and set up automatic payments for her utilities and other routine bills. You may also want to set up your mom's online banking service, so you can pay bills and monitor her account anytime. Or, if you need help, hire a daily money manager (AADMM.com) to do it for you. They charge between \$25 and \$100 per hour.

BenefitsCheckup.org is another excellent resource to look for financial assistance programs that may help your mom, particularly if she's lower-income.

Technology Assistance

To help you keep tabs on your mom when you are away at work or if she lives alone, there are affordable technologies that can help.

For example, there are medical alert systems (like Bay Alarm Medical, BayAlarmMedical.com), which provide a wearable "help button" that would allow your mom to call for help anytime she needed it.

Or, you could install a video-monitoring camera (like Lighthouse AI, Light.house/elderly-care) that lets you check in on her anytime via your smartphone or computer. These cameras have built-in motion and sound detection that will let you know when something is detected, and two-way audio that will let you talk and listen to her.

There are even websites (like LotsaHelpingHands.com) that can help you more easily coordinate care with other family members.

Insurance Questions?

If you have questions about Medicare, Medicaid or long-term care, your State Health Insurance Assistance Program (SHIP) offers free counseling and advice on these issues. Call 877-839-2675 or visit ShiptaCenter.org to locate a nearby counselor. You can also get help through the Medicare Rights Center, which staffs a help-line at 800-333-4114.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY!November Birthdays

Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, "Mike" Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



HART PARK HOUSE MONTHLY PROGRAMS:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre
Hawaiian & Polynesian Dance Class: Every Tuesday Morning from 10:00 a.m. - 11:00 a.m.
Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!

Bingo Time: Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

Free Blood Pressure Testing: 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

Brain Games: Thursday, November 15th 10:30 - 11:30 a.m. Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers.

Free Legal Consultation: Wednesday, November 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

Senior Club: Meets Saturdays Monthly at Hart Park House... Brown Bag Lunch and great company at 11:30 a.m.

Chair Yoga: Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed! * Voluntary Donations of \$5.00 per week per participant are suggested but not required.

Birthday Celebration: Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream kindly provided by the Senior Community Commission!

Game Day: Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

Free Strength Training Class: Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley. This energetic class utilizes light weights, low impact resistance training and body conditioning. Class equipment provided.

Save the Date: Senior Excursion, Wednesday, Dec. 19th to Rogers Gardens in Corona Del Mar.

SENIOR MOVIE: 1st and 3rd Wednesdays Monthly 1:00 p.m.

November 7th The Greatest Showman PG Rated - PG 1hr 45 min

Inspired by the imagination of P.T. Barnum, the Greatest Showman is an original musical that celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.



November 21st Pirates of the Caribbean - Dead Men Tell No Tales Rated - PG-13 1hr 59 min

When deadly ghost pirates led by his old nemesis, the terrifying Captain Salazar escape from the Devil's Triangle, determined to kill every pirate at sea, Captain Jack Sparrow's only hope for survival lies in seeking out the legendary Trident of Poseidon, the powerful artifact bestows upon its possessor total control over the sea.



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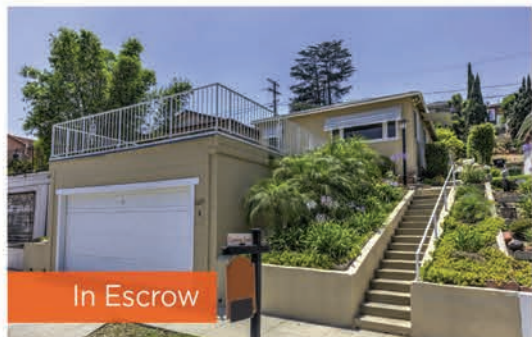


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Give Thanks

For the trade and the skill and the wealth in our land,
For the cunning and strength of the workingman's hand
For the good that our artists and poets have taught
For the friendship that hope and affection have brought,
For the homes filled with love and affection are blessed,
For the season of plenty and well-deserved rest,
For our country extending sea unto sea,
This Land that is known as "The Home of the Free",
Happy Thanksgiving To ALL



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SATURDAY, NOVEMBER 17, 2018

AROUND SAN GABRIEL VALLEY

EAT, DRINK, AND BE MERRY AT THE NEW PASADENA TOURNAMENT OF ROSES® SIP & SAVOR, DEC. 28, 29 & 30, 2018, AT JACKIE ROBINSON MEMORIAL FIELD, ADJACENT TO THE ROSE BOWL STADIUM IN PASADENA

Showcasing Southern California's food scene, along with fine wines, craft brews, and an array of entertainment for the whole family.

PASADENA, Calif. (Nov. 15, 2018) – A new end-of-year celebration debuts with the Pasadena Tournament of Roses SIP & SAVOR. On the event menu is an impressive array of offerings for all ages from many of Southern California's favorite eateries and culinary brands, along with wines and craft brews from throughout the Golden State, plus an exciting line-up of entertainment and up-close viewing of Rose Parade® float decorating.

The event takes over the Rosemont Pavilion/Jackie Robinson Memorial Field near the Rose Bowl Stadium in Pasadena from December 28-30 (Hours: 11:00 a.m. to 8:00 p.m.). Various ticket prices and packages are available, ranging from general admission of \$15 to a deluxe VIP package of \$150, and can be purchased in-person at the event or online at sipandsavorpasadena.com.

As part of the Pasadena Tournament of Roses SIP & SAVOR experience, guests can visit the Rosemont Pavilion, a workshop of color, imagination, and ingenuity. Inside guests will see hundreds of skilled volunteers painstakingly hand-applying millions of florals to incredibly designed Rose Parade floats. With wide-eyed wonder, guests can personally witness the parade floats slowly taking shape.

"Our entire team is immensely proud to partner with the Tournament of Roses to take the Rose Parade experience to a whole new level," states Craig Bugajski, CEO of Artistic Entertainment Services (AES) "As the producers of SIP & SAVOR, it's a terrific opportunity for us to take an iconic event like the Rose Parade and build upon the success of this historic brand with this new and exciting event."

One of the main attractions of the event is the Sports Bar hosted by Firestone-Walker Brewing Company from Paso Robles, CA. Here adult sports fans won't miss any action via six large screen TV monitors, while they enjoy a great line-up of finely crafted beers from the Firestone-Walker Brewery.

The Pasadena Tournament of Roses SIP & SAVOR is also a destination for guests seeking great music and entertainment. The event boasts a great line-up of entertainment options for the whole family. The main stage will play host to a variety of bands ranging from classic 80s, hip-swinging rockabilly, top hits of today, plus daytime performances by

the GRAMMY® Award-winning, Mariachi Divas.

"We're very enthusiastic about this new way of extending the fun, excitement, and anticipation of the Rose Parade for locals and out-of-town guests alike," states David Eads, Executive Director and CEO of the Pasadena Tournament of Roses. "Guests will get the best of both worlds as they get an up-close and intimate look at our beautiful Rose Parade floats and then enjoy the great food, family fun, and entertainment of our new event offering."

About the Pasadena Tournament of Roses®

The Tournament of Roses is a volunteer organization that annually hosts America's New Year Celebration® with the Rose Parade® presented by Honda, the Rose Bowl Game® presented by Northwestern Mutual and a variety of accompanying events. 935 volunteer members of the association will drive the success of 130th Rose Parade themed "The Melody of Life," on Tuesday, January 1, 2019, followed by the 105th Rose Bowl Game. For more information, visit www.tournamentofroses.com. Like us on Facebook and follow us on Twitter, Instagram and YouTube.

About Artistic Entertainment Services, LLC

For more than 30 years, Artistic Entertainment Services has been the premiere innovator of creativity and craftsmanship; transforming the entertainment industry by producing world class events, live entertainment, and the highest caliber theme park environments. With a dedicated team of over 200 creatives, engineers, and event professionals, AES has been a leader in the entertainment industry for three decades; building and designing innovative and entertaining floats for the Pasadena Tournament of Roses® along with creating custom themed environments internationally. AES Events Group, a division of Artistic Entertainment Services is committed to creating innovative and engaging custom events that unite people, products and lifestyle.

For more event information please visit sipandsavorpasadena.com or the Tournament of Roses SIP & SAVOR pages on Facebook, Twitter, Instagram.

THE SPIRIT OF GIVING THIS HOLIDAY SEASON!

Foothill Unity Center, Inc. invites you to help us bring some holiday cheer to low income families in our local communities! Volunteer registration is mandatory in order to volunteer. If interested, please visit our website at www.foothillunitycenter.org. Go to GET INVOLVED from the menu bar on the Home Page, select "Volunteer - Thanksgiving & Holiday Event" from the menu to sign in and register to volunteer for the Holiday Event Packing Day and/or Family Distribution Events. A Login Name and Password will be required when registering. If you have forgotten your Login Name and/or Password or need to create a new Login Name and Password instructions are provided in the registration login window. Organizations must "Register as an Organization" and enter the quantity of volunteers

for your group. There will be a limited number of volunteers needed for each shift.

IMPORTANT: All volunteers under the age of 14 must have parental supervision.

Refer to the following dates listed below for Holiday Event volunteer opportunities: (Check website for shift times)

* Friday, December 14 - Packing Day @ LA County Arboretum in Arcadia (ADULT & YOUTH VOLUNTEERS)

* Saturday, December 15 - Large Family Distribution Day @ LA County Arboretum in Arcadia (ADULT VOLUNTEERS)

* Monday, December 17- Adult Distribution Day @ Centers in Monrovia and Pasadena (ADULT & YOUTH VOLUNTEERS)

SAN GABRIEL ROTARY 9TH ANNUAL FUNDRAISER LUNCHEON TREES OF GIVING



Join us on November 28, 2018 from 11:00 am to 1:30 pm at the San Gabriel Mission Playhouse Courtyard, 324 S. Mission Dr., San Gabriel, CA 91776.

The event will feature a delicious holiday lunch prepared by Autunno, holiday music performance, Holiday Boutique Vendors and ever popular Christmas Tree Raffles. Plus an extra special merchant sponsored raffle for \$20 – valued at over \$600.00!

To RSVP and purchase tickets call Miles at 714-381-7274. \$25 per person, limited seats - RSVP early. Makes checks payable to San Gabriel Rotary Foundation, a 501(c)3.

Proceeds to benefit: Family Promise of San Gabriel Valley.

SIERRA MADRE PLAYHOUSE



Ugly Lamp Contest

WHAT: Second year of Sierra Madre Playhouse's Ugly Lamp Contest

WHEN: Submissions November 9th - 18th
Voting at SMP and on social media November 19th through midnight November 30th

6 winners announced on December 1st before 2:30 pm matinee of "A Christmas Story"

HOW: Find or make an ugly lamp and enter the contest by filling out an entry form and then bringing the lamp in on one of three days:

1. at the Ugly Lamp Kick-Off Party at Vroman's Bookstore Hastings Ranch on Friday, November 9th 6 pm - 7:30 pm

2. at Sierra Madre Playhouse on Thursday, November 15th
Time: 12:30 – 6:00 pm or

3. Saturday, November 18th Time: 10:00 am to 2:00 pm at Playhouse

PRIZES: Given out in two categories – "Made" and "Found"

Grand Prize 4 tickets to A Christmas Story at The Sierra Madre Playhouse

Second Prize 2 tickets to A Christmas Story at the Sierra Madre Playhouse

Third prize A Christmas Story Christmas ornament

Complete information and entry form on the Sierra Madre Playhouse website (www.sierramadreplayhouse.org)

Temple Beth David Sisterhood

Holiday Boutique And Bagel Brunch

Sunday, November 18, 2018
9:30 am to 1:00 pm

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NOVEMBER 24, 2018

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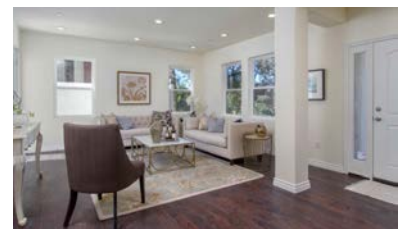
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2018 Winter Festival

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Join us in this years Winter Village Festival throughout
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Santa & Snow!



There will be plenty of events for
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Holiday music will be scattered throughout

SLIDE DOWN THE SIERRA MADRE REAL SNOW HILL!!
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Winter Village Festival is sponsored by the
Sierra Madre Chamber of Commerce

Kensington Senior Living Santa Anita Race Track
Athens Waste Management Mountain Views News



MAKE A
BIG IMPACT
SHOP SMALL
SMALL BUSINESS SATURDAY

SHOP
SMALL



A NEW PLACE TO SHOP IN SIERRA MADRE: KOI

Koi may be new to Sierra Madre, but Linda Davis has owned this store for over 18 years. She started in a 6000 square foot location in South Pasadena and is now located at 26 N Baldwin in Sierra Madre. As this location is smaller-800 square feet-, Linda is looking to add a second, larger location in Pasadena in the near future. The Sierra Madre location is affectionately dubbed 'Little Koi'.

Linda started off as a top-notch vintage buyer. She has an excellent eye for products and can see how to put pieces together to create an artsy and unique outfit. All of her merchandise at Koi fits this category. She views getting dressed as, "a kind of art," and so do her customers. Women flock to Koi, and Linda comments that Koi has become a clubhouse of sorts, where "Koi Women" meet up to talk to each other and Linda while they shop. She comments that "Hairdressers are described as therapists, and that's what we are too."

Koi is, "a little bit like a museum... plenty of people come in to look," and it is easy to see why. The store is filled with colorful and textured clothing items, as well and handmade jewelry. Brenda Henriques makes most of the jewelry sold in Koi, and just like the clothing it is textured, artsy, and unique. You would be hard pressed to find pieces as beautiful as Brenda's at a department store.

Linda is, and always has been, the single buyer for Koi. She shops with an eye for what more mature women might want to wear.

"We're not dead; we're still cool," she says, and she knows how to find pieces that are beautiful and comfortable, while also making a statement. She is more focused on helping her customers to look good than on making sales, and this approach to the fashion business is precisely why she has been so successful. Her customers trust her. They know that she is not trying to sell them something merely to make a profit, but rather to give them items that make them feel beautiful. She says that "dressing is personal," and she wants to help women express themselves with their clothes. This attention to detail and to customer relations is an embodiment of the name of the store: "koi" literally translates to "love".

Linda also designed the interior, picking colors that would make the space feel happy and using vintage pieces because of the comfort that they bring. From the moment you walk in, there are so many interesting things that it is hard to know where to look first. From purses and scarves to statement skirts, to the jewelry, to fantastic coats. It is not unusual for popular items to move quickly, because Linda has an excellent sense of what her customers want. Next time you are on Baldwin, make sure to stop in and take a look!

R. Wright/MVNews



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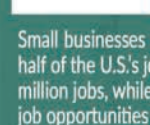
Small businesses **give back to their community**. The sales tax you pay goes to support public schools, playgrounds, parks, libraries, roads and sidewalks, as well as fund public service workers, like firefighters. When you shop within our community, your tax dollars stay within the local economy, helping to improve our community as a result. Win-win! We also donate products and services to over 100 local school, hospitals, churches and nonprofits annually.



Small businesses **provide better customer service**. Here at Savor the Flavor we strive to make all our customers happy. One of the biggest advantages we have over large retailers is the ability to provide more personal, hands-on customer service and a memorable experience - plus complimentary gift wrap.



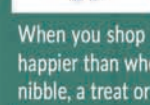
Small businesses **provide greater access to product diversity**. We have the same access to vendors that big box businesses do. If we don't have the products you want or need, ask us - we are very receptive and willing to order them for you if we can.



Small businesses **make a major economic impact**. According to the Small Business Administration, more than half of the U.S.'s jobs since 1995 were created by small businesses. And since 1990, big businesses eliminated 4 million jobs, while small businesses added 8 million jobs. The more you shop at a local store, the more potential job opportunities you make.



Small businesses **create a sense of community**. We know most of our customers by first name and have created such wonderful personal relationships over the years.



When you shop small, **you're going to feel good**. Our mission is to have each and every customer leave happier than when they arrived. Think you can't get any happier...we accept your challenge! Stop in for a nibble, a treat or just a friendly chat.



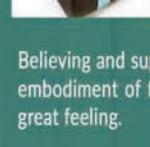
Small businesses **help other small businesses**. We find locally made and artisan crafted foods and gifts and order in small batches to give you the freshest and most unique items out there.



Small businesses are **run by hard working people**...not boards, executives and stockholders. Our business reflects who we are and it shows through our mission and passion for what we do every day.



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Jeff's Book Pics

By Jeff Brown

Dark Sacred Night (A Ballard and Bosch Novel) by Michael Connelly
Harry Bosch teams up with LAPD detective Renée Ballard to solve the murder of a young girl in the new thriller from #1 New York Times bestselling author Michael Connelly. Detective Renée Ballard is working the night beat -- known in LAPD slang as "the late show" -- and returns to Hollywood Station in the early hours to find a stranger rifling through old file cabinets. The intruder is retired detective Bosch, working a cold case that has gotten under his skin. Ballard can't let him go through department records, but when he leaves, she looks into the case herself and feels a deep tug of empathy and anger. She has never been the kind of cop who leaves the job behind at the end of her shift -- and she wants in. The murder, unsolved, was of fifteen-year-old Daisy Clayton, a runaway on the streets of Hollywood who was brutally killed, her body left in a dumpster like so much trash. Now Ballard joins forces with Bosch to find out what happened to Daisy, and to finally bring her killer to justice. Along the way, the two detectives forge a fragile trust, but this new partnership is put to the test when the case takes an unexpected and dangerous turn. *Dark Sacred Night* for the first time brings together these two powerhouse detectives in a riveting story that unfolds with furious momentum. And it shows once more why "there's no doubt Connelly is a master of crime fiction" (Associated Press).



be touched and loved. When two young men from town become intrigued by her wild beauty, Kya opens herself to a new life--until the unthinkable happens. Perfect for fans of Barbara Kingsolver and Karen Russell, *Where the Crawdads Sing* is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keep."Painfully beautiful."--The New York Times Book Review.

Lady Cop Makes Trouble (A Kopp Sisters Novel) by Amy Stewart
"Stewart deftly combines the rough-and-tumble atmosphere of early twentieth-century New York City with the story of three women who want to live life on their own terms."--Library Journal, starred reviewing 1915, lady cops were not expected to chase down fugitives on the streets of New York City. But Constance Kopp never did what anyone expected. Constance and her sisters aren't living the quiet life anymore. They've made headlines fighting back against a ruthless silk factory owner and his gang of thugs. After Sheriff Heath sees Constance in action, he appoints her as one of the nation's first female deputies. But when a German-speaking con man threatens her position--and puts the honorable sheriff at risk for being thrown in his own jail--Constance will be forced to prove herself again. Based on the Kopp sisters' real-life adventures, *Girl Waits with Gun* introduced the sensational lives of Constance Kopp and her sisters to an army of enthusiastic readers. This second installment, also ripped from the headlines, takes us farther into the riveting story of a woman who defied expectations, forged her own path, and tackled crime along the way." One of the best mystery novels of the year: wonderful and very entertaining."--New York Journal of Books.The book reviews are from [Amazon.Com](#)

Where the Crawdads Sing by Delia Owens
For years, rumors of the "Marsh Girl" have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to

All Things

By Jeff Brown

GUN DEATHS!

Homicides and suicides involving guns have been increasing, according to new data from the US Centers for Disease Control and Prevention, after years of declines in gun deaths.During 2015-16, 27,394 people were killed by someone with a gun in the United States, and 44,955 used a gun to kill themselves, according to a report published Thursday in the agency's Morbidity and Mortality Weekly Report.Suicide is the 10th-leading cause of death for everyone over 10, with guns used in half of all those deaths. It's the second-leading cause of death for young people ages 10 to 19, with guns used in 42% of those cases.Nationally, researchers estimate that 4.4 per 100,000 people were killed by

someone using a gun in 2015-16. It's a higher rate for the 50 largest metropolitan areas combined, with 4.9 people per 100,000 killed by a gun. This is an increase from 2012-13, when the national rate was 3.7 per 100,000 nationwide and 4.1 per 100,000 for major metropolitan areas.Guns mean more deaths and more suicides.The US has the world's highest rate of gun ownership by civilians, according to research, and the highest rate of gun-related deaths among industrialized countries.. The NRA estimates that between 8.5 million and 15 million assault rifles are in circulation based on manufacturer data, said Baker, the group's public affairs director.

HEALTHY LIFESTYLES



YOGIC WISDOM - AUTHENTICALLY YOU

Yoga is about moving the body. Yoga is about breathing. However, yoga is bigger --it's about healing and being YOU. Many people come to yoga for healing of some kind because it works well and positively affects overall

nervous response (fight or flight), disruption of Prana (life force energy) and a disruption in digestion. But during a state of calm, muscles often stretch more deeply and more freely.

Environments where there's constant uncertainty can be tough. Thoughts may arise: Do I belong here? Am I really connected?

Sure you can survive. Of course. You survived the life experiences that brought to you to this present day. Intellectually, you might say, "It's not them, it's me. I can be neutral and not react," and that is right. However, being around this can be crazy-making, triggering something deep within. There's an expression: What price are you paying to NOT be you? The answer is that it's a high price if you are not genuinely empowered, encouraged, welcomed, and respected.

Take a loving approach with yourself. Please contact me if you'd like to learn more about this great practice of yoga: keely@keelytotten.com

Keely Totten
E-RYT 500, Yoga & Meditation Teacher
Authentically Empowered

THE MISSING PAGE

Real Life Tips from Life's Instruction Manual

BE GREAT

How do you have a great life? Decide to be great. The content of our lives is the result of each decision we make on a day to day and moment to moment basis. It is not a matter of liking every circumstance and situation or everything going according to plan; it is more about how we respond to our conditions.

Let's decide in each moment to be great. Bring your best self and rather than creating a to-do list start with making a to-be list. Our day starts the night before with adequate rest and nutrition. As you prepare for slumber, review the day. Give thanks for what went well, mentally revise the places for improvement. Finish by setting your intention for the next day. Who do you want to be? What is the spirit that you want to bring to your encounters and efforts? Envision yourself completing your tasks with ease and skill as a valuable contributor.

When you awaken, decide to rise. Be the best at your endeavors. Decide who you will be before your feet hit the floor.

Who do you want to be in every aspect of your life? If you were the best parent in the world, how would you respond? How would a loving spouse greet the day? If you were the best in the world at your job, what would you do? We build great lives by creating special moments.

I share a song from my meditation circle here:

When I rise, let me rise
Like a bird, joyfully

And when I fall, let me fall
Like a Leaf
Gracefully, without regrets

And when I stand, let me stand
Like a tree, strong and tall

And when I lay, let me lay
Like a lake, peacefully
Calm and still

And when I Walk, let me walk
Like a bee, wholeheartedly

And when I play, let me play
Like a breeze,
Light and clear

Rise -- songs from Plumvillage

Lori Harris is a lawyer and coach. She helps people enjoy more freedom with group and individual coaching programs. Learn more at www.Loriaharris.com



Lori A. Harris

FAMILY MATTERS

By Marc Garlett



HOW TO FIX ERRORS IN YOUR CREDIT REPORT

From late payments that were actually made on time to paid debts that are still listed in collections to fake accounts opened in your name by identity thieves, there are all kinds of errors that can end up in your credit report. What's more, even if the mistakes were made by the banks, lenders, and/or credit bureaus, they have no obligation to fix them--unless you report them.

Given this, it's vital to monitor your credit score regularly and take immediate action to have any errors corrected. Here, we'll discuss a few of the most common mistakes found in credit reports and how to fix them.

Finding and fixing errors

The first step to ensure your credit report stays error-free is to obtain a copy of your report from each of the three major credit-reporting agencies: Experian, TransUnion and Equifax. You can get free access to your reports and even helpful credit monitoring services from companies like CreditKarma.com.

- Check each of the reports closely for errors. Some of the most common mistakes include:
- Misspellings and other errors in your name, address, and/or Social Security number
 - Accounts that are mistakenly reported more than once
 - Loan inquiries you didn't authorize
 - Payments inadvertently applied to the wrong account or noted as unpaid, when they were in fact paid
 - Old debts that have been paid off or should've been removed from your report after seven years
 - Fake accounts and debts created by identity thieves

Filing a dispute

If anything is inaccurate on your report, file a dispute with the credit bureaus as soon as possible. In fact, notifying these agencies is a prerequisite if you eventually decide to take legal action. Note that if a mistake appears on more than one report, you'll need to file a dispute with each credit bureau involved.

To ensure your dispute has the best chances of success, follow these steps:

- Use the appropriate forms: Each credit bureau has different processes for filing a dispute--whether

via regular mail or online--so check the particular bureau's website for instructions and forms. You can find sample letters showing how to dispute credit reports on the FTC and Consumer Financial Protection Bureau (CFPB) websites.

- Be absolutely clear: Clearly identify each disputed item in your report, state the facts explaining why the information is incorrect, and request a deletion or correction. If you've found multiple errors, include an itemized list of each one.

- Provide evidence: It's not enough to just say there's a mistake; you should substantiate your claim with proof. Collect all documents related to the account, including account statements, letters, emails, and legal correspondence. Include copies (never originals) of this paperwork, and highlight or circle the relevant information.

- Contact credit providers: In addition to the credit bureaus, the CFPB recommends you also contact the credit providers that supplied the incorrect information to the bureaus. Check with the particular company to learn how to file a dispute, and then send it the same documentation to them that you sent to the bureaus.

- Review the results of the investigation: Credit bureaus typically get back to you within a month, but their response can take up to 45 days. The response will tell you if the disputed item was deleted, fixed, or remains the same. Disputes basically boil down to whether or not the creditor agrees with your claim or not, and what they say typically goes.

If you're not happy with the result of the dispute or how the dispute was handled, you can file a complaint with the CFPB, which regulates the credit bureaus. They'll forward your complaint to the credit provider and update you on the response they receive.

If the credit provider insists the information is accurate, you can provide the bureaus with a statement summarizing your dispute and request they include it in your file, in future reports, and to anyone who received a copy of the old report in the recent past.

Legal action

Finally, if the investigation isn't resolved to your satisfaction and the inaccurate information in your credit report is causing you harm, contact a trusted attorney to determine if taking legal action would be worthwhile. Your attorney can review the information, and if necessary, help you develop and litigate your case.

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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with Dawn Mendelsen

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copy-righted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Letters to the editor and correspondence should be sent to:

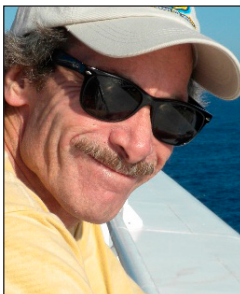
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL HAMILTON
Left of Left



while still serving as U.S. Attorney for the Southern District of Iowa, when in 2017 he was reassigned to the Justice Department in Washington, D.C., to work as an aid for Attorney General Jeff Sessions.]

A story recently reported, in the Daily Beast [11/07/18] by Michael Daly, "In May of this year, a federal judge issued a permanent injunction barring World Patent Marketing from conducting business. The judge also imposed a \$25,987,192 fine, [for defrauding investors millions of dollars] which little is expected to be paid as the company's CEO Scott Cooper pleads inability to pay... The FTC complaint notes that six members of the World Patent Marketing advisory board never gave advice, but it's not clear whether Whitaker was one of them...."] I stand by my other remarks last weekend why it is my opinion Matt Whitaker is a terrible choice as Acting AG.

The big story this week is, of course, the first arrival of Central American refugee-immigrants at the U.S.—Mexico border, just south of San Diego. NPR's Tuesday evening [11/13/18] blog report, complete with a large banner headline, said: "LGBT Splinter Group From Migrant Caravan Is The 1st To Arrive In Tijuana." The report continues: "About 80 migrants, the majority of whom identify as LGBT, splintered off from the larger group in Mexico City after weeks of what they say was discriminatory treatment by local residents and other travelers..." Estimates of immigrants coming to U.S. seeking asylum now range from 7,500 to 11,000.

Has President Trump's fear-mongering about criminal immigrants "invading" our southern border really improved the lot of republicans in Congress, state houses, or governorships? Has his non-stop motor mouthing about alien murders and rapists, complete with MS-13, roaming the America's hinterland, really justified deploying the U.S. Army to the border to defend us? Or maybe, just maybe the real purpose of the President's incessant jabbering is to create a fearful climate conducive to his kind of political drama, to cynically manipulate the results of the midterm elections?

It makes me think of a twisted version of an old Warner Brothers war movie, where "the Gipper," Ronald Reagan, and his movie star buddies instead of winning the war, loses it! Germany gets the bomb before we do, just in time to wipe out our allies great Britain, France, and the Soviet Union—ending with the world divided along the lines George Orwell described it in his dystopian novel "1984"—complete with Big brother watching—24/7!

Fear is a fundamental force in human nature. It lies deep in our collective conscience, stemming from thousands of years of internecine warfare. It goes hand-in-hand with wanting something that ISN'T yours with somebody else wanting something that IS yours. What President Trump is doing is as old as politics itself—pitting each of us against each other—making us delude ourselves into believing we are God's chosen righteous Christian soldiers fighting a holy war against everyone we consider Philistine heretics. This is the same "nativism" that welcomed my Irish, Scottish immigrant ancestors, and every other racial-religious-ethnic immigrant group since the United States was founded.

The immigrant caravans President Trump spoke about with such vitriol before the midterms are coming and justifiably so, because U.S. exceptionalism under the Monroe Doctrine has made their countries what they are today—corrupt oligarchies. Psychically, however, the caravans the President quit harping about abruptly after the elections, when they had served their purpose, are where they have always been, in the dark recesses of his bigoted, intolerant mind, where his devilish nihilism has created them to terrorize the rest of us, as they have by every other demigod throughout human history.

Concluding one of my favorite Twilight Zone episodes, "The Monsters are due on Maple Street," creator Rod Serling says these prophetic words: "The tools of conquest do not necessarily come with bombs and explosions and fallout. There are weapons that are simply thoughts, attitudes—to be found only in the minds of men. For the record, prejudices can kill and suspicions can destroy, and a thoughtless, frightened search for a scapegoat has a fallout of its own for the children... the children yet unborn... And the pity of it is... that these things cannot be confined to... The Twilight Zone!"

JOHN L. MICEK



SPENDING MY CHILDHOOD WITH STAN LEE

On Sunday afternoons in the late 1970s and early 1980s, long after 11 a.m. mass had finished, my cousin and I would head down the street to a little convenience store, hard against the Berlin Turnpike, that sold milk, bread, snacks, sundries, and, most important of all - comic books.

We'd let ourselves in, the bell hanging on top of the door jingling, the traffic still echoing in our ears in the brisk snap of a New England fall, and head for the spinning rack where four-color heroes on newsprint pulled us in with gravitational force.

Our prizes collected, we'd pay, and head back for an afternoon of heavy reading, passing the books between us until the sun hung low in the sky and our parents were beckoning from the front door, the cars warming in the driveway.

I'd read the Marvel titles and pretend I liked them. In truth, it was mostly to humor my cousin. I was a DC kid through and through.

Then one Saturday afternoon, I discovered a copy of a paperback collection called "Origins of Marvel Comics." It was pretty much what it sounded like: An omnibus reprint of the origin stories of "The Fantastic Four," "The Hulk," "Spider-Man," "Thor," and the mysterious "Dr. Strange."

I finally understood the human-level dramas of the dysfunctional "Fantastic Four." The dangers of the nuclear age, and the Cold War, then still very real, were driven home in the tragedy of "The Hulk." Thor's pseudo-Chaucerian dialogue was preposterous, but I loved it anyway. The ostracization "The X-Men" endured was a metaphor for every repressed minority, a reminder of how easy it is to hate and fear someone or something you don't understand.

A New York kid with outsized ambitions, Lee (born Stanley Liber) figured his work in comics would be a way station on the way to literary greatness. It didn't happen, but something even more profound did.

Lee became an assistant at Timely Comics in 1939, which would later evolve into Marvel Comics. After a decade or so of post-World War II artistic stagnation, Lee helped spark what's become known as "The Silver Age" of comics in the early 1960s. Lee rose to become Marvel's editor-in-chief.

While he was a visionary, Lee was hardly perfect - as a unsparing 2016 profile in New York Magazine made painfully clear.

He had a nasty habit of hogging credit for his heroes. His gift for unrelenting self-promotion meant that the real talent behind the books - the great Jack "King" Kirby, Steve Ditko (who died in June at age 90) and the surrealistically stylish Jim Steranko - were unjustly overshadowed and robbed of the credit they so richly deserved.

"Stan Lee and I never collaborated on anything," Kirby told an interviewer in 1989, according to that 2016 New York Magazine profile. "It wasn't possible for a man like Stan Lee to come up with new things - or old things, for that matter. Stan Lee wasn't a guy that read or that told stories."

But Lee, as the face of Marvel, helped keep the company afloat through fallow times. And his high-stepping style drew in generations of fans. He penned a florid monthly column in those 1970s comics, signing off with a jaunty "Excelsior!" at the end of each piece.

And even though he didn't own the rights to his creations, Lee parted from Marvel in the early 1990s with a severance package so immense that the child of The Great Depression never had to worry about money ever again.

At the end of his life, Lee battled failing health and allegations that he was the subject of elder abuse, which played out in a Los Angeles courtroom over the course of this summer.

Even so, that didn't keep him from hitting the convention circuit. Lee's 2018 schedule included Silicon Valley Comic Con. At that convention, his health had deteriorated to the point where he was struggling to sign his name. He announced his exit from the convention circuit in August.

Maybe it's true that Lee didn't exactly tell stories. It's more accurate to say that he provided the architecture for greater writing talents to tell those stories, and for gifted artists to make them leap off the page.

But it's also true that Lee did something of equal, or, perhaps greater importance: His pride in those creations and his unrelenting promotion of them, now means that garishly costumed heroes, whose adventures are disposable by their very nature, have survived, and have been passed down to new generations of readers.

Yes, I know, those heroes are now multi-billion dollar properties that effectively print money for their Hollywood overlords. But that won't keep me from getting more than a tad nostalgic about it.

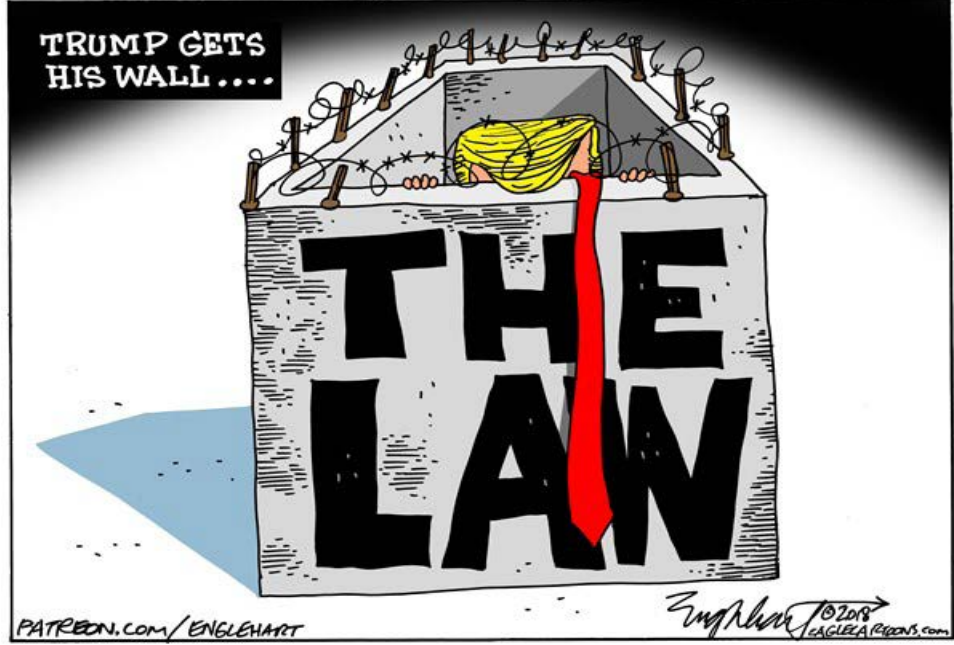
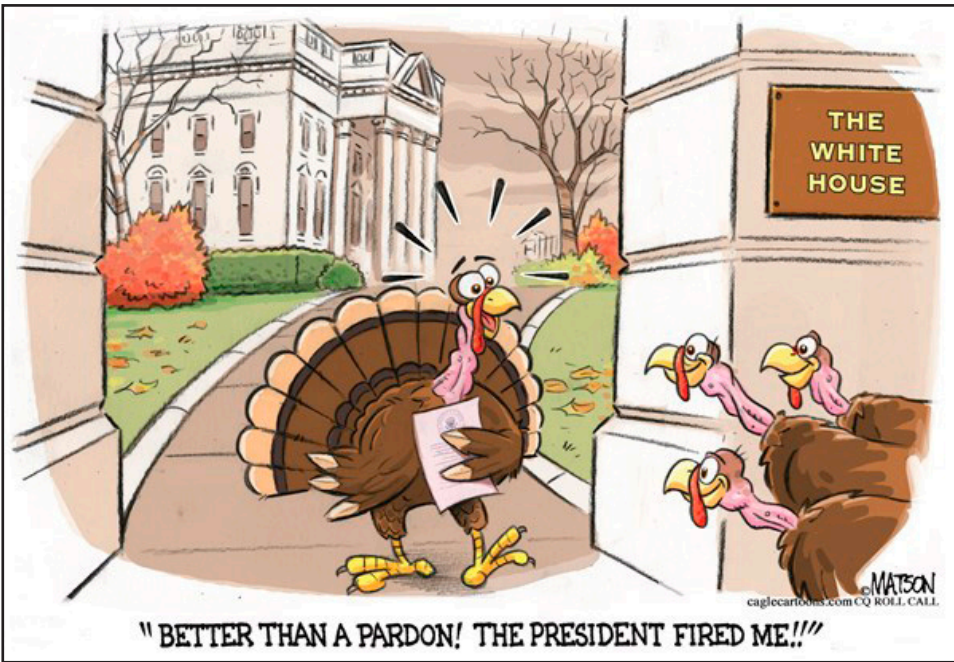
After all, myths and legends fade from memory if there's no one around to repeat them. And Lee, who helped give breath to our latter-day myths and legends, did that almost better than anyone.

So, one last time, "Excelsior!"

An award-winning political journalist, Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.

FEAR, PARANOIA, OR JUST MORE POLITICAL DRAMA?

[Correction: In my OpEd last Saturday—11/ 10/18—I stated that Trump's newly appointed Acting Attorney General Matt Whitaker is a "convicted criminal" for defrauding investors of \$25 million in a securities scam. NOT TRUE! Whitaker's legal troubles began in 2014 after he was named to the advisory board of World Patent Marketing, a patent securities firm,



The Lighter Side by KEVIN MCGUIRE

TECHNICALLY SPEAKING

While in the passenger's seat on the way to dinner with my lovely wife, I fumbled around with my smart phone. For some reason the damn thing yielded as much energy as an empty box of Wheaties. What was it? I had no apps opened. It was fully charged when I left the house not even 10 minutes ago. As the beautiful sights of the city's hustle and bustle passed me by, I pondered some more. This time the conspiracy theories ruled my train of thought. It's just their way to get me to buy a new phone. It probably has some unseen mechanism inside which self-destructs on a set date. Somewhere they are all laughing at me...I know it.

Next thing you know you've arrived at your destination with your dead phone in your hand and you wonder...how did it come to this? I spent most of my adult life without a gadget dying in my hand and now, here I am relying on it for my fix of news, weather, music, games, memes and emojis. Those last two words didn't even exist a few years ago. Now they are so common, that Oxford had to let them in.

Look, some technological advances are great! People are given the chance to walk again with amazingly futuristic, artificial legs; we are exploring the deepest reaches of space and plan to live on Mars someday, and you can figure out that you wasted hundreds of dollars on authentic Irish memorabilia only to find out through the latest DNA test that you're Hungarian, Italian and Swedish. Anybody need pajamas with four-leaf clovers on them?

Bottom line, everything doesn't need to be technologically advanced. Here's an example. Once in our restaurant, I made my way to the men's room. After the automatic urinal splashes questionable water on me (TMI?), I stick my hands under the sink faucets and nothing happens. Why? Because the sink works the way sinks worked for the first 40 years of my life...manually. We've just become so used to things just happening on command. Like the towel dispenser that is "motion activated" to promptly give you two inches of a towel after waving your hand under it anywhere from two to 143 times. You know...for convenience.

Back at the table, you can pay your bill at the video kiosk. Apps on the phone figure out your tip and split your bill 10 ways if you want, just by

simply taking a picture of your receipt. Pretty soon, you won't even need your server. But then who will be there to roll their eyes when I ask for my dressing on the side, no sour cream, and my third refill of Mr. Pibb?

All the supermarkets have self-checkout lanes now. You know, those lanes where you're not checking out by yourself because there's always that one cashier hovering over you, ready to pounce when those certain, self-checkout problems arise. Excuse me, it's asking me how many bags, when I have no bags. Excuse me, where do I insert my personal check? Excuse me, I scanned my alfalfa and it rang it as Alka Seltzer. And you can pay any way you desire; cash, checking, savings, PayPal, Apple Pay, Google Pay, pretty soon you'll just think your way into debt.

Here's something. Appliances are talking to us. That's just what we need for the advancement of our species. Sure it starts off all innocent with your refrigerator given you step-by-step instructions for veggie lasagna and next thing you know you're arguing politics with your toaster; the same toaster that started mysteriously burning your blueberry Pop-Tarts right after the 2016 election. Hmm.

On a personal note, my appliances are not that advanced yet, though my refrigerator beeps at me when I leave the door open. You know, so I don't leave the door open all night only to wake up to find my dogs licking up melted rocky road off the floor. You know how many times that happened to me in my lifetime? NEVER!

Everything beeps now; the phone, oven, fridge, washer, dryer, front door, back door, car door, fitness gadgets, tablets, robots, etc. They are all beeping and keeping us in line. Makes me wonder who's in charge?

Speaking of robots, have you ever see that commercial for the "good robot" where the drone is carrying off that baby? Are you kidding me? The scariest part is that it is probably more real than we think. Soon drones will be delivering our packages, cars will all drive themselves and we'll be controlling computers with our minds. Imagine what a wonderful world it will be. What could go wrong?

In the meantime, I'm making funeral arrangements for my phone. Go ahead, laugh now. Soon, it will be a thing...you'll see.

CHRISTINE FLOWERS

JEFF SESSIONS DESERVED BETTER



An immigration attorney coming to the defense of Jefferson Beauregard Sessions, who lost his job as U.S. attorney general on Wednesday, is akin to a Christian coming to the defense of the lions of ancient Rome: It's surprising and just plain weird.

But that is what this immigration attorney is going to do, and I understand that it won't elicit enthusiasm from the extremes on the left or the right, particularly after the midterms.

At the outset, I have to note that I abhor the immigration policies put into place under Sessions, who embraced with obvious enthusiasm his role as Deporter-in-Chief. After he took office, the following groups of people were on his hit list: refugees, mothers with children, victims of domestic abuse, victims of gang violence, and anyone who uses the word caravan. He reinterpreted longstanding administrative policy to narrow the options for asylum seekers, tried to end Deferred Action for Childhood Arrivals (DACA), severely limited the ability of immigration judges to exercise discretion, and implied that people like me are coaching our clients to lie about the persecution they suffered.

He did all of this under the guise of making America safer, which seems ironic, since the only large-scale terror attacks while Sessions was in office were conducted by U.S. citizens already in the country, including Wednesday night's shooting in Thousand Oaks, Calif., that left 12 dead; the 2017 assault on GOP congressmen in which Sen. Steve Scalise was shot; and last month's assassination of 11 worshippers at the Tree of Life synagogue in Pittsburgh.

The perpetrators of those crimes? Not a Middle Easterner, Latino gang-banger, or anchor baby in the bunch. So I am not a huge fan of Sessions' approach to keeping America safe on the backs of people who are themselves desperate to find safety. His version of immigration reform is cruel and draconian.

Nevertheless, I'm disgusted by President Trump's treatment of a man who was loyal to him, but who no longer served his purposes.

I believe that Trump demanded Sessions' resignation because he knows that come January, he will be heading into choppy waters as the opposition party takes control of the House. With images of subpoenas dancing in his head, it seems that he wanted to put a firewall between himself and some crusading Democrats. Plus, he has always seemingly resented Sessions for recusing himself from the Russian investigation.

But with that recusal, Sessions showed loyalty and integrity, two qualities that I admire and treasure. He deserves our respect for showing allegiance to the country over his boss.

I'm outraged about Trump's firing of his most loyal minion. If the president actually looked at his Justice Department, he would see that Sessions had single-handedly advanced the Trump agenda on drugs, criminal justice, and, as I noted ruefully above, immigration. Trump gets up on his high horse at those ridiculous rallies and screams about caravans and the invasion at the southern border, but Sessions was the one who actually did something about it.

Take the word of an immigration lawyer: He made my life and my clients' lives hell. I'm also nauseated by the mean-spirited, petty way that Trump dispatched Sessions. According to reports, he sent John Kelly to do his dirty work and didn't even have the guts to meet personally with the very first senator to endorse him at the start of his then-quixotic campaign.

The immigration lawyer in me is glad to see Sessions go. But the part of me that respects courage, independence, and integrity is disgusted with the shameful treatment he received.

Christine Flowers is an attorney and a columnist for the Philadelphia Daily News.



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Schedule from November 23 through December 23:
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Available for private events: Mondays, Tuesdays & Wednesdays

SANTAANITA.COM/WINTERFEST | 626-574-6400 | Santa Anita Park, Gate 6 off Colorado Place in Arcadia
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