

Mountain Views News

Sierra Madre

Arcadia

Duarte

Monrovia

Pasadena

Altadena

South Pasadena

San Marino

SATURDAY, AUGUST 17, 2019

VOLUME 13 NO. 33

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2. Brighten Areas with Light
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4. Vary Wall Hangings
5. Bring Nature Inside
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9. Be Aware of Layout
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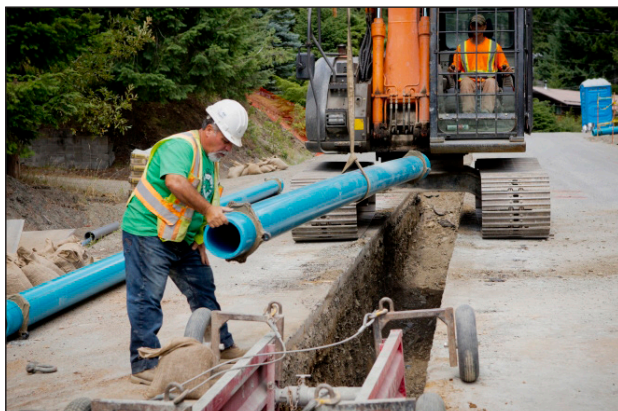
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WATER MAIN REPLACEMENT PROJECT BEGINS



The City of Sierra Madre recently awarded the above referenced contract to Big Ben Inc. for re-placement of some water mains. This work is tentatively scheduled to commence on Monday, August 26, 2019 with an anticipated completion date of November 22, 2019. Working hours will be restricted from 7:00 a.m. to 4:00 p.m., Monday through Friday.

The replacement will consist of trenching and boring water pipes, replacing the water meters, and replacing water meter boxes. The trenched pavement will be repaired; however, a complete street resurfacing will follow at a later date.

We will post "No Parking" signs at least 24 hours in advance prior to commencing work in the affected areas. Vehicles parked in construction zones will be towed.

We thank you for your cooperation. If you have any questions or concerns, please feel free to contact the City of Sierra Madre Public Works Department at (626) 355-6615.

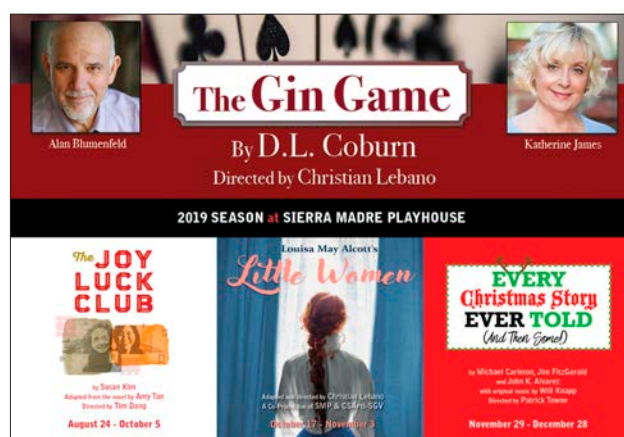
GREAT THINGS ARE HAPPENING AT THE SIERRA MADRE PLAYHOUSE -

By Christian Lebano, Artistic Director

This summer has been one of our busiest artistic periods ever at the Playhouse. Dames at Sea closed with high marks from our audiences. But there was no resting on the praise, because we immediately set to loading in The Joy Luck Club Amy Tan's uniquely American story which will open August 23 after months of preparation. Stay tuned for the announcement of films we have selected as part of our new Off the Screen film series.

I am personally ecstatic to get to steal away to Topanga with my favorite actor couple Katherine James and Alan Blumenfeld to remount last season's hit The Gin Game. We open this Saturday at Will Geer's Theatricum Botanicum for nine performances through September 29. I hope you will join us for a special picnic lunch we are planning for our audiences on Sunday, September 15 before the 1 pm matinee.

But what makes me happiest, besides the good fortune of making acclaimed theater with talented artists, is the validation that we have received this season from YOU. Our patrons have supported our appeals for financial support for Joy Luck Club, for our educational initiatives, and for our new lighting console. It tells me that you believe in what we are doing: telling good stories and creating a place where the community can gather to hear them. For that, I and all of us at SMP, THANK YOU.



THE GIN GAME Aug 17 - Sep 29, 2019

Sierra Madre Playhouse's Ovation-recommended production heads to Topanga Canyon!

SMP's critically acclaimed production of The Gin Game heads to Theatricum Botanicum! Katherine James and Alan Blumenfeld re-prise their roles in this Ovation-recommended show, an honest and passionate lens on aging and relationships that won the 1978 Pulitzer Prize.

THE JOY LUCK CLUB Aug 24 - Oct 05, 2019



Four Chinese-American mothers, four American-born daughters, and the rich complexities of family ties and history as the eight women reach across a seemingly unbridgeable divide.

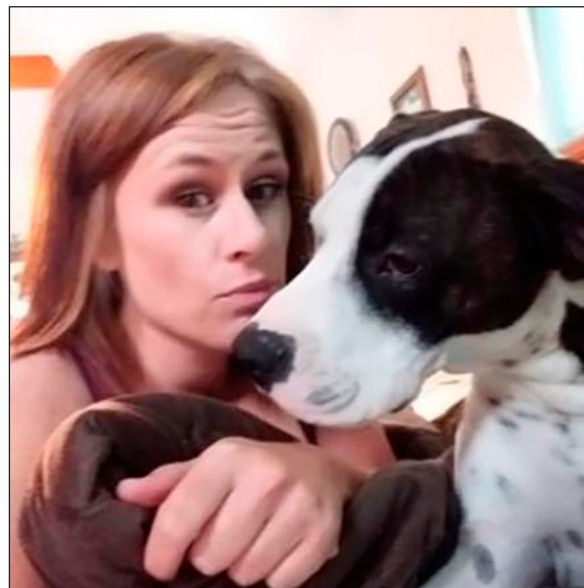
\$10,000 REWARD OFFERED IN SUSPICIOUS DISAPPEARANCE OF AMANDA CUSTER

LOS ANGELES COUNTY – The Board of Supervisors unanimously approved a motion by Supervisor Kathryn Barger offering a \$10,000 reward for information in the suspicious disappearance of Amanda Custer.

On Monday, July 29, 2019, Monrovia Police Department responded to a domestic violence call involving 31-year-old Amanda Custer at the home of her 27-year-old boyfriend Robert Camou.

Los Angeles County Sheriff's Department (LASD) investigators, who are now leading the investigation, believe victim Custer was taken against her will by Camou, and strongly believe foul play is involved. Evidence and witness statements suggest he placed her body in the back of a gray 2017 Toyota Prius.

Camou was apprehended by authorities on Tuesday, July 30, 2019, and is considered the prime suspect in the suspicious disappearance.



Supervisor Barger encourages anyone in the area of Mount Baldy Road, Glendora Ridge Road or Glendora Mountain Road on July 29, 2019 between 9:00 a.m. and 3:30 p.m. or who have any information on this disappearance to contact LASD Lieutenant Scott Hoglund (323) 890-5500 or provide information anonymously at "Crime Stoppers" by dialing (800) 222-TIPS or by visiting: lacrimestoppers.org

ROTARY HUMANITARIAN STAR AWARDS ACCEPTING NOMINATIONS IN SCIENCE AND TECHNOLOGY



SIERRA MADRE, California – Nominations are being solicited for the FOURTH annual Rotary Humanitarian Science, Technology, Aerospace, and Robotics (STAR) Awards. The public, professors and peers are encouraged to nominate individuals and teams who have made outstanding scientific or technological achievements with significant humanitarian benefit in one of more of the following areas: (1) Environmental Improvement; (2) Health and Medical; (3) Disaster Relief and Recovery; and (4) Improved Sharing of Knowledge.

The STAR Awards recognize and celebrate scientific achievements that significantly better or save human lives.

The awards will be held at a gala dinner and ceremony, with presentations by award recipients on February 6, 2020 in Pasadena. Nominations are due by OCTOBER 31.

Past recipients have included Dr. Francis Arnold awarded 2017 for Environmental Improvement and then recognized as a Nobel Laureate in 2019; Professor Chad Mirkin is redefining approaches to medicine through nanotechnology, and Larry Sanger, Co-founder of Wikipedia.

For nominations forms, sponsorship opportunities, and more information, visit the event's website, www.rhstar.org.

Pictured are the previous winners for 2018 Larry Sanger, Dr. Chad A. Mirkin, James (Jim) Marggraff, Dr. Mihri Ozkan.



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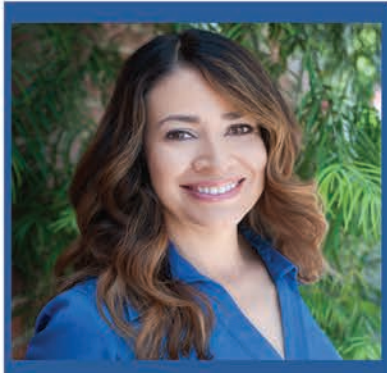
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Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows	70s
Mon:	Sunny	Hi	90s	Lows	70s
Tues:	Sunny	Hi	90s	Lows	70s
Wed:	Sunny	Hi	90s	Lows	70s
Thur:	Sunny	Hi	90s	Lows	70s
Fri:	Sunny	Hi	90s	Lows	70s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

CALENDAR

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

CITY COUNCIL

September 10, 2019 at 6:30PM
September 24, 2019 at 6:30PM

PLANNING COMMISSION

September 5, 2019 at 7:00PM
September 19, 2019 at 7:00PM

COMMUNITY SERVICE COMMISSION

August 19, 2019 at 6:30PM Cancelled
September 16, 2019 at 6:30PM

SENIOR COMMUNITY COMMISSION

September 5, 2019 at 3:00PM

LIBRARY BOARD OF TRUSTEES

August 21, 2019 at 7:00PM
September 25, 2019 at 7:00PM

ENERGY, ENVIRONMENT, AND NATURAL RESOURCE COMMISSION

August 28, 2019 at 7:00PM
September 18, 2019 at 7:00PM

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members.

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the Sierra Madre Public Library

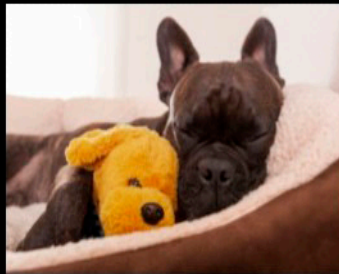
August 19-24

Saturday at 3:00 pm

Challenger Pool Party

Children who read and registered 40 hours during the Summer Reading Program are invited to a pool party celebration. Please contact the Library if you did not receive your expected invitation.

All other Library events will be napping for the rest of the month!



Regular programming at the Library will resume in September.

Read, Discover, Connect
@ Sierra Madre Public Library

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THE SHOPS ON BALDWIN IN SIERRA MADRE



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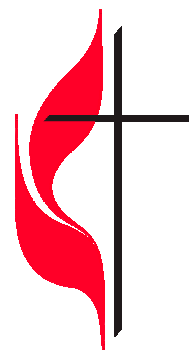
33 NORTH BALDWIN AVENUE
SIERRA MADRE, CA 91024
(626) 355-8111



Sierra Madre Woman's Club
550 W. Sierra Madre Blvd. 2019: 112 Years
Founded February 23, 1907 - "Living the Volunteer Life" in Friendship
Member of General Federation of Women's Clubs - gfwc.org & gfwc.org

Save 3rd Wednesdays for Our Evening Sessions
Starting Sept 18 - 6:30 pm
Find Out What's NEW with Us, plus Nibbles & Networking
Help Expand Our Charitable Mission!
RSVP Janette : 626 242-3244

Join us for Member - Only Yoga w/ Paul Tuesdays, 10 am
GFWCSierraMadreWomansClub.org
[Facebook/SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)
Rent our 1914 Historic Essick House 626-355-4379
Wistaria Thrift Shop - REOpens Sept 5 355-7739
Clean, Gently Used Donations Accepted Weekdays to 2 pm



SIERRA MADRE
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CHURCH

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Thurs, Sept. 5 '19 - May 2020
Monday, Thursday, Friday 10 a-3 p
1st & 3rd Saturdays 10 a-3 p

CLEAN, GENTLY USED Donations Accepted weekdays 10a - 2p
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GFWCSierraMadreWomansClub.org [Facebook/SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)
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7:00 AM - 11:00 AM
MEMORIAL PARK
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ROTARY CHANGES LIVES

Together, we see a world where people unite.
Take action to create lasting change across the globe,
In our communities, and in ourselves.

The Hart Park House,
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Tuesdays, 7-8:30 a.m.

Sierra Madre
CERT
COMMUNITY EMERGENCY RESPONSE TEAM

26 N. Baldwin Ave.
Sierra Madre, Ca. 91024
Mon-Sat 11-6 Sunday 12-5
626-351-2004

The Wildfire Problem

Are you concerned about wildfires this year? You should be!

Captain Rich Snyder, City of Sierra Madre Fire Marshall, will present important information about "The Wildfire Problem". We will learn about recent fire events and the risks we face in Sierra Madre this upcoming fire season.

As always, the public is welcome to attend

Sierra Madre CERT General Meeting
Thursday, August 22nd, 7:00 PM
Hart Park House - Memorial Park
222 W. Sierra Madre Blvd.
Sierra Madre, CA

Pasadena Altadena

News From Your Community For Your Community

Local Area News Briefs

Car Lands on Gold Line Tracks

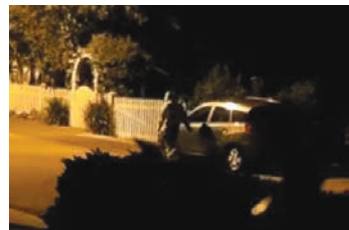
A vehicle landed on the Gold Line tracks Thursday evening after a two-car crash that propelled one of the cars over the center barrier at Sierra Madre Boulevard. The crash was reported shortly after 6 p.m.

“One vehicle is over the wall, on the Goldline tracks and involved with fire,” Pasadena Fire Department officials said at the time of the crash. “Occupants are being assessed for potential treatment and transport.”

Trains were shut down in both directions and two lanes of the westbound 210 freeway. Everything reopened hours later.

Officials said the fire was quickly put out and the driver transported to a nearby hospital with minor injuries. At press time it was unclear the cause of the crash.

Suspect Car Phishing in Altadena



The Los Angeles County Sheriff, Altadena Station, is looking for a suspect after a video surfaced of a person trying car door handles during the early morning hours Monday night in the 400-block of Athens. According to police, A video was provided by a citizen showing an unknown person car phishing. They appear to be walking down the street attempting to check car doors to see if they are unlocked.

“Please remain vigilant and secure your vehicles and belongings,” Police said.

The video shows, a possible female wearing a light gray hoodie dark pants and UGG style sheepskin boots, walking, first checking both front and back doors on an SUV and then again on another vehicle.

The video also shows a red or brown Chrysler PT Cruiser slowly pacing the suspect, possibly a getaway car.

Anyone with information is asked to call 626-798-1131.

If you wish to remain anonymous, call “LA Crime Stoppers” by dialing 800-222-TIPS (8477), using your smartphone by downloading the “P3 MOBILE APP” on Google play or the App Store, or using the website: lacrimestoppers.org.

Tonight: Space Party & Movie Night

Put on your favorite Star Wars costume and join us at the Main Library tonight, at 6 p.m. for Altadena Library’s end-of-summer bash. The evening will start inside the Main Library with a children’s movie, Nerf battle for teens, and a portable planetarium experience for all ages provided by the Carnegie Observatories. At 7:30 p.m., head outside to the parking lot for lawn games, a photo booth, treats from Kona Ice shaved ice truck, a costume contest, and a showing of “Rogue One: A Star Wars Story!” Remember to bring a comfy camping chair or blanket to sit on.

The Main Library is located 600 E. Mariposa Street. For more call 626-798-0833.



Hundreds Rally Outside Court of Appeals

By Dean Lee

Groups from as far away as Boston, rallied outside the Ninth Circuit US Court of Appeals in Pasadena Wednesday morning, as lawyers inside argued why a preliminary injunction protecting Temporary Protected Status for six countries should remain in place.

The groups started a 1.5 mile march from All Saints Church at 7 a.m., and ended at around 8:30 a.m. at the Federal Court house, where Congresswoman Judy Chu, among others spoke.

“We are fighting cruelty of the Trump administration which would end the Temporary Protected Status of immigrants from El Salvador, Haiti, Nicaragua, Sudan,” Chu said. “And his [Trump] executive order which would take them away from a country [the United States] where they built their lives.”

Chu said that Temporary Protected Status came about as a way to provide a safe home for those who are facing political instability or disaster.

“This is not just a nightmare for those of TPS, it’s a nightmare for the children and it’s a nightmare for our whole community who will loose these incredible residents,” she said.

Chu also made note that “TPS is legal immigration.”

According to U.S. Citizenship and Immigration Services, on Oct. 3, 2018, in Ramos v. Nielson, the U.S. District Court for the Northern District of California enjoined DHS from implementing and enforcing the decisions to terminate Temporary Protected Status (TPS).

Other countries spared from termination included Nepal and Honduras.

The U.S. currently provides TPS to over 300,000 foreign nationals including, 195,000 from El Salvador, 57,000 from Honduras and 46,000 from Haiti among others.

The rally was organized by Pasadena Community Job Center, The National TPS Alliance and Pasadenans Organizing for Progress among others.

“You go to El Salvador, you go to communities that suffer the consequences of civil war, you go to communities that haven’t been recovered, and we’re talking about the 1980s, said Pablo Alvarado co-director of the National Day Laborer Organizing Network. “ Entire communities where people fled because that bombardment because of the armed conflict and they haven’t come back to those places yet, simply the counties are not safe to return.”

Alvarado, who himself left El Salvador 30 years ago, said National Day Laborer Organizing Network runs Pasadena Community Job Center. He estimated about 100 workers in Pasadena are under Temporary Protected Status.

George Takei Signing Sold Out

Although George Takei will be signing his graphic memoir, “They Called Us Enemy,” Tuesday night at Vroman’s Bookstore, organizers said , as of Friday, the event sold out.

For those with a ticket, they have outlined the event guidelines:

- This is a graphic memoir signing only. Tickets for this event are available on Eventbrite.
- Everyone must have an Eventbrite ticket to join the line. All tickets include one copy of They Called Us Enemy to be picked up the day of the event at check in. Additional copies of They Called Us Enemy will be available for purchase the day of the event.
- George will NOT be personalizing books. (We previously had it listed that George would personalize. But due to the amount of people attending, we are cancelling personalizations in order to make sure George will be able to get through everyone.)
- Photos from the line are OK, posed photos are absolutely NOT okay.
- George will be signing copies of They Called Us Enemy ONLY and will NOT sign any Star Trek items or any other memorabilia.
- After check in – signing line placement will be first come, first serve.

George Takei is known around the world for his founding role as Hikaru Sulu, helmsman of the Starship Enterprise, in the acclaimed television series Star Trek. But Takei’s story goes where few stories have gone before. From a childhood spent with his family wrongfully imprisoned in Japanese American internment camps during World War II, to becoming one of the country’s leading figures in the fight for social justice, LGBTQ rights, and marriage equality, Mashable named Takei the #1 most-influential person on Facebook, with 10.4 million likes and 2.8 million followers on Twitter.

If there are any questions about the event, please call Vroman’s Bookstore at (626)449-5320 or email us at email@vromansbookstore.com.

Local Philanthropists Donate \$7 Million to Huntington Hospital



Huntington Hospital in Pasadena announced Wednesday that local philanthropists, Terri and Jerry Kohl have made a gift of \$7 million to support the expansion of its new Huntington Heart and Vascular Center.

“Terri and Jerry Kohl have been longtime supporters of Huntington Hospital,” said Jane Haderlein, Senior Vice President, Philanthropy and Public Relations, Huntington Hospital. “Through their extraordinary generosity, we are able to provide the community with state-of-the-art cardiac facilities for generations to come.”

The Kohls are particularly aware of the importance of high-quality heart care, given that three of their family members (including Jerry) have received heart-related services at Huntington Hospital. Jerry is also a participant in our cardiac rehabilitation program, which pro-vides physician-supervised exercise and other important services that support heart health. The couple have made generous contributions to Huntington Hospital over the years — including an investment in advanced robotic surgery technology.

“You hope you’re never going to need it,” says Jerry, on the subject of hospital care. “We live in this community and we want good care, so we think it’s im-portant to do our share to help support that.”

Other significant gifts to Huntington Hospital from the Kohls have made a difference to the work of our surgical suites and the Emergency & Trauma Center.

Terri and Jerry met in elementary school in Monterey Park and started dating in high school. Since then, they have remained partners both in life and in business. While their school friends were spending dates at the movies, Terri and Jerry were starting a boutique that catered to fellow classmates. Today their company, Brighton Collectibles, has grown to operate 180 stores. The com-pany’s products are also sold in more than 4,000 additional fine specialty boutiques and online stores.

For more information about philanthropy at Huntington Hospital, visit: giving.huntingtonhospital.com/where-to-give

Bio Collaborative Incubator Announces Board Member

Pasadena Bio Collaborative Incubator (PBC), a high tech incubator for early stage start-ups and a regional workforce development magnet for scientists seeking wet lab competency, announced the election of Erika A. Endrijonas, Ph.D., the current Superintendent/President of Pasadena City College to its Board of Directors.

“We are very pleased to have Dr. Endrijonas on our team and believe she will provide wise counsel to the board and to management”, said PBC Chairman and former Pasadena mayor Bill Bogaard. Bud Bishop, PBC President, remarked “We are grateful that she has accepted this responsibility and believe she will be a valuable contributor to our future. Very importantly, she will strengthen our relationship with Pasadena City College.”

Dr. Endrijonas has a strong background in administrative leadership for the California Community College System and is deeply committed to its mission.



She is recognized as a strong manager and is experienced in communicating with multiple stakeholder groups, community organizations and political leaders.

Background on PBC: PBC was established in 2004 by the City of Pasadena, Pasadena City College, and California State University Los Angeles to work collaboratively with Pasadena’s higher education institutions, entrepreneurs, investors and other stakeholders to provide high tech workforce development and incubate early stage bioscience start-ups. More information is available at: pasadenabio.org

New Air Quality Monitoring Announced for Devil’s Gate

In an effort to continuously ensure the highest level of safety on the Devil’s Gate Reservoir Restoration Project, Supervisor Kathryn Barger Friday directed the Department of Public Works to confer with the California Air Resources Board (CARB) on implementation of tail pipe emission monitoring of sediment hauling trucks. An agreement was reached between the County and CARB she said.

“In launching Phase II of our air quality strategy, I ordered this additional high level of truck emissions monitoring as an extra level of prevention to ensure trucks hauling sediment from the construction site are in full compliance with the project’s stringent standards,” Barger said. “Vital emissions data will be collected and necessary corrective actions will be taken. I want to ensure that community concerns are fully addressed and that every possible safeguard is in place to protect public safety and the environment.”

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SIERRA MADRE

SIERRA MADRE ARCADIA PASADENA ALTADENA MONROVIA

REMEMBRANCE

BARBARA JEAN TERMATH June 28, 1923-August 1, 2019

Barbara Jean Termath died peacefully in her sleep August 1, 2019, after celebrating her 96th birthday on June 28. Born to Maxine Rogers and Chesterfield Wyvell, at Huntington Hospital in Pasadena California, Barbara was a California girl through and through. Her first years were happily spent with her mother in the Sierra Madre home of her maternal grandparents, surrounded by the canaries, cats and dogs her grandmother raised. Along with the family's fur and feathered friends, the beauty of the flora and fauna at the foothills, instilled in Barbara a love for, "All things wise and wonderful, all creatures great and small," which she carried throughout her life, and passed on to her daughters.

When she was four years old, her mother Maxine, married Philip Eugene Memoli, who served as first chair oboist with the Los Angeles Philharmonic and later the MGM Studio Orchestra. Soon, Barbara's sister Shirley was born and the girls enjoyed a happy home filled with family and friends that nurtured in them a lifelong love of music.

Barbara met her future husband, Donald Henry Termath, at Dorsey High School in Los Angeles. It was the height of the big band era. They loved to dance, and fell in love to the tunes of Tommy Dorsey, Benny Goodman, and Frank Sinatra. Don served in the Coast Guard during WWII, on a troop carrier in the Pacific. They wed in 1945, during a leave from service before Don was honorably discharged that same year.

Returning to her early childhood home on Sturtevant Dr. in Sierra Madre, Barbara and her new groom lovingly cared for her grandfather during the last years of his life and celebrated the

arrival of their two daughters. Later, the family moved across town to a new Fairview Avenue home they cherished. Throughout this time, they remained active at St. Rita's Catholic Church parish and the Mater de la Rosa monastery nestled in the Sierra Madre foothills.

Barbara enjoyed serving the public as receptionist in a local dental practice and during her years at Arnold's Hardware and Gifts. Her ability to guide her loyal customers to the choice of just the right gift for their friend or loved one was legendary. Her artistic arrangements adorned the store and home with treasures and mementos she held dear.

Barbara loved her family and enjoyed watching it grow as her three grandchildren came along. They loved their visits to Sierra Madre, where they squeezed lemons from grandpa's trees into grandma's famous homemade lemonade. Barbara took great pleasure in her garden, especially , chatting over the fence at the end of a hot California day. Her door was always open and she made time to stop and listen with her heart to friends and neighbors. Everyone felt like they were her best friend even the checker at the supermarket.

After Don passed away in 2005, Barbara moved to Carmel to be near her daughter and "son in love", as she would say. There she made many new friends and welcomed old ones. Barbara marveled at her good fortune to live near the ocean, never tiring of a ride around Scenic Drive, ending with the viewing of the sheep at Mission Ranch.

She is deeply missed by her family and friends and is survived by her daughter Pamela and husband Jerry Takigawa, daughter Kathleen and husband Jeff Brown and their children Ryan, Sean and wife Megan, granddaughter Noelle, Lauren and husband Peter Clinkenbeard and niece Denise Bratton. Barbara was preceded in



death by her parents, her husband, and her sister, Shirley McCarthy.

The family extends heartfelt thanks to Elder Care Consultant Shirley Kiata RN CMC, DR. Susan Kubicka MD, John O'Brian and the Central Coast Senior Services – especially Alta, Christian, Dylan, Heidi, Lillus, Reyna, Sonia, Vanessa , the nurses and staff of VNA Hospice Care, also Francia and Chrissy and all who gave superb care and attention to our Barbara. Donations may be made in Barbara Termath's name to:

VNA Hospice Care, PO Box 2480, Monterey, California 93940, or to a charity of your choice. Condolences may be sent to the family at www.bermudezfamlyfunerals.com

WALKING SIERRA MADRE - The Social Side by Deanne Davis

"Hello August! The first week of August hangs at the very top of summer, the top of the live-long year, like the highest seat of a Ferris wheel when it pauses in its turning. The weeks that come before are only a climb from balmy spring, and those that follow are a drop to the chill of autumn. But the first week of August is motionless, and hot. It is curiously silent, too, with blank white dawns and glaring noons and sunsets smeared with too much color."

Natalie Babbitt - Tuck Everlasting

"August in sub-Saharan Los Angeles is one of the great and awful tests of one's endurance, sanity and stamina." Henry Rollins

The beginning of last week was really pleasant. Then came the really too hot and miserable days when we could honestly say, "These are the times that try men's (and women's and children's and dogs and cat's) souls." Of course, when Thomas Paine said that in 1776, he wasn't talking about the weather. Now, mid-August, we're ready to think a little bit about a cooler fall. I, personally, can't wait for September to decorate for fall – get out all my pumpkins, start setting them around and wishing I'd bought that beautiful blown-glass pumpkin I saw at the Art Fair last May. Can there really be too many pumpkins?

I was so happy to see Christopher Nyerges column about painting the kitchen in the farmhouse with flat paint instead of glossy and being ridiculed was reprinted in the News last week. This was such a good and thoughtful observation. Here's what he said:

"I began to think about how Uncle Joe responded and how he could have responded. I realized then, the great truth in the phrase that WHAT we do is of little or no importance, but HOW we do it is everything.... I realized how important such 'little things' can be, and I wondered how well I would do when my next opportunity arose. It is especially important with impressionable youth to do the very best we can to be a good example."

Go back and look up last week's paper online if you can't find it in town and read Christopher's excellent column on Page 5. This is so true, that the way

we treat young people can affect them for life.

Speaking of young people, I came across this nifty page (pictured) at my doctor's office. It's so neat to see that kindness is being promoted these days among the younger set and bullying is simply not tolerated. It's a shame that doesn't extend to all areas of life...social media, for instance. Anyway, here's what I think I'd say:

K – Keep silent if it's not kind
I – Interested – be interested in what others are doing
N – Never be mean
D – Demonstrate God's love to everyone you meet
N – Notice something nice about those around you
E – Express gratitude for life itself
S – Speak encouragingly
S – See if you can help someone who is struggling

There's my poem. What would you write? If you haven't been to the movies lately, go see "Dora And The Lost City of Gold" featuring a bunch of splendid young actors in an exciting tale of tracking down kidnapped parents, finding a lost city in the jungle, beating bad guys and repeatedly escaping death! We enjoyed every single minute of adventure and there were great humorous moments, too. I don't think I'd take anybody much under 9 or 10 as it's a little long for the really little people. Not just a kid movie. Trust me!

Stay cool, dear friends and neighbors and hydrate, hydrate, hydrate!

"Sunrises & Sunflowers Speak Hope" is a great gift for yourself or someone you love! Look for it on my book page: [Amazon.com](https://www.amazon.com): Deanne Davis Star of Wonder the CD is now on TuneCore! Take a look! Blog: www.authordeanne.com Follow me on Twitter, too! <https://twitter.com/playwrightdd> "A Tablespoon of Love, A Tablespoon of Laughter" is also available on my Amazon book page.

KATIE Tse....This and That



Who can resist a title like that! Wish I could take credit for it, but this is another gem from the Detroit Free Press, 1952. Other possibilities included: "The Hotdog Thief," "Gone Missing Between the Aisles," "And Then There were None."

In summary, a "store detective" caught a lady consuming a package of wieners without paying for them. The article even listed her home address, so the community can shame her I suppose. And they printed her photo, too.

I tried to capture her likeness, but couldn't do justice to the poetic blend of shame and anxiety. All I can say is that the woman in question looks exactly like

what you'd expect a 46 year-old woman caught eating a package of hotdogs without paying for them would look like.

The store pursued this misdemeanor all the way to court. Poor Mrs. [X] explained that she'd had a snack before going shopping. Apparently she thought convincing the judge of being satiated before entering the store would help her case. But even this admission only digs her deeper into guilt, when you analyze the details.

Mrs. X reported that before embarking on her grocery trip, she had a vegetable plate at the five and dime. Okay, so from this, in addition to her pudgy photo (sorry, you must use your imagination), we can deduce that Mrs. X was trying a diet.

But it was short lived, because she then reported ordering a sundae. Clearly she'd abandoned any diet plans for the day and thrown weight loss caution to the wind. No doubt her next thought was, "Well, I've blown it today. Might as well start this diet nonsense tomorrow. Yes, tomorrow will be a clean slate. But today's fair game!"

Those were the thoughts running through her head when she entered the market and laid eyes on a package of hotdogs beckoning her with the irresistible siren song of pork and nitrates. Who could withstand temptation like that?

CASE OF THE VANISHED WIENERS

So she tore into them, cold and clammy as they were. In defense of Mrs. X however, the woman had 11 children at home, so you've got to cut her some slack for stress eating. She was doing well in that it was hotdogs and not heroin.

All the while Mrs. X was tucking into her wieners, the female store detective stalked her like a lion waiting to nab a water buffalo. I wonder what specifically Mrs. X did that made the detective conclude a crime had been committed.

Did she hide the wrapper somewhere?

If she'd just showed the checker the empty package and offered to pay, would all have been forgiven? Could this incident have been resolved without the messiness of a trial?

But at least Mrs. X's husband was on her side. I quote, "She likes to eat, judge. But she's a good wife." Love means never having to say you're sorry --for stealing hotdogs.

I shall quote the end of the article for you:

"Judge Krause looked at the rotund figure and weighed the evidence (author's note: 'weighed,' get it! Ha! They sure knew how to slip in a clever pun at the Detroit Free Press!). 'I'll find you guilty,' he said. 'But I'll give you a suspended sentence. Go home.'"

Reminds me of Jesus' words to the woman caught in adultery, "Go and sin no more." Sobering.

*School's back! Check out my novel, "A Year at Apex," in paperback and ebook on Amazon and Barnes & Noble! A classic love story between a school teacher and a one-handed plumber, Apex has it all --humor, romance, the human condition, and public education. Perfect for you and the educator in your life!



SIERRA MADRE POLICE BLOTTER

August 5 to August 11 2019 - During this period the Sierra Madre Police Department responded to 311 calls for service.

Vandalism of vehicles

On Monday, 8/5/19, officers responded at 4:05PM to the 700 block of W. Sierra Madre Bl for a report that a resident's vehicle was vandalized. Sometime between 8:30AM and 4:00PM the same day, unknown person(s) used some type of object to smash the front passenger window and leave the property.

Wednesday, 8/7/19, a resident parked and locked her vehicle on the street in the 300 block of N. Mountain Trail at 4:45PM and returned at 7:50PM to find her rear window smashed. A search of the area for evidence or a suspect was unsuccessful. These cases forwarded to Detectives for further investigation

Vandalism of a residence

On Sunday, 8/11/19 at 12:44AM, a resident reported that an unknown person(s) threw eggs at the front door of his residence on Saturday, 8/10/19 sometime between 7:00PM and midnight.

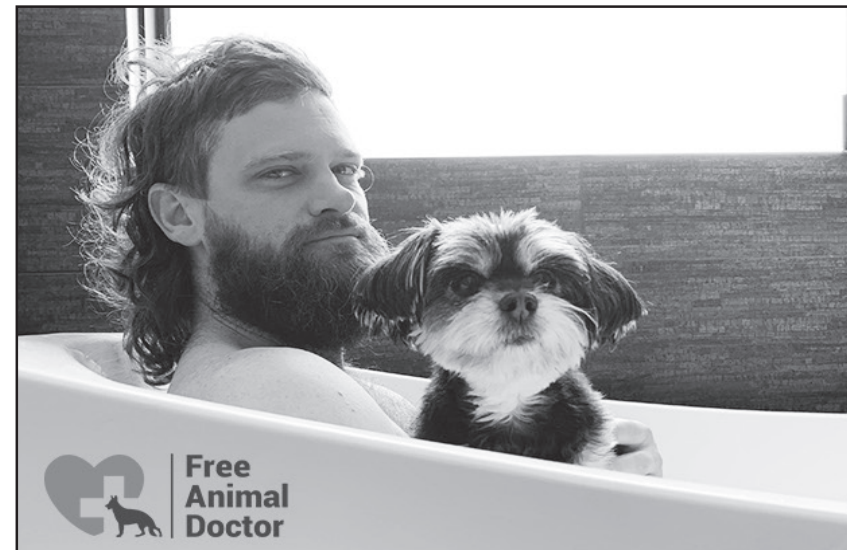
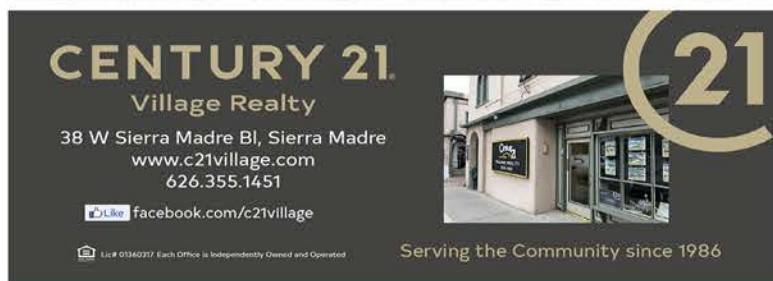
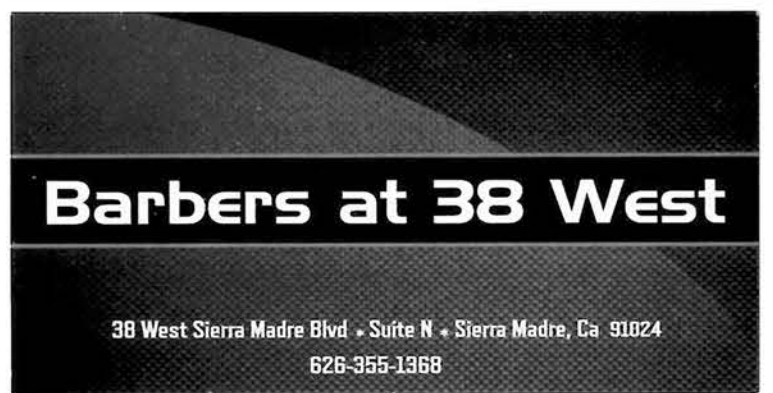


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AROUND SAN GABRIEL VALLEY

SENATOR ANTHONY PORTANTINO'S “PROTECTING OUR SENIORS”

By Joan Schmidt

Recently Senator Portantino's held an outstanding and most informative “Panel and Mixer” for Seniors at Westminster Gardens, Duarte.

Panelists were Renee Rose, Deputy-in-Charge of the Elder/Dependent Adult Abuse Section, LA County DA's Office; Joseph Nicchitta, Director, LA County Department of Consumer and Business Affairs, David Kochen, LA County, Adult

Protective Services; and LA County Sheriff's Department. After the Panelists, the Senator held a question-and answer session. They were many booklets with so much information. I will try to share some.

AARP FRAUD NETWORK: GUIDE TO STOPPING ROBO-SCAMMERS

1. Warrant from the Internal Revenue Service: “This is final notice, the IRS is filing a legal warrant, Call 830-220-2074, Ext, 7. The IRS will NEVER contact by phone without writing you first. If concerned, contact IRS independently.
2. THE TECH SUPPORT SCAM: “Someone is trying to hijack your computer and steal your information...call 201-299-4315 or press 1.” When you press 1, you are connected to a boiler room; a scammer poses as a Microsoft technician and will fix your computer for \$299-\$999. Never allow a phone caller to take over your computer!
3. “Relief” From the Pain Management Center: “I am from Pain Management Center, work with your health insurance: “ PlasmaFlow...a device you attach to pain area” Medicare enrollees and their personal info (Medicare #). They send cheap version of neck/ knee brace, bill Medicare 1000's of dollars! Avoid strangers' calls re: your medical issues. Consult your doctor!
4. AMAZON BUSINESS OPPORTUNITY SCAM: “You can make money from home, up to \$750 a day as Amazon affiliate”. Amazon NEVER robo-calls people to offer jobs. You spend thousands to set up a website!
5. Social Security Trouble. They call and say they're from the Fraud Department. Contact the Social Security Administration directly.
6. THE JURY DUTY SCAM: “This is Ms. Rogers from the Courthouse. Our records indicate you were summoned three weeks ago. Unless you agree to pay \$989, there will be a warrant for your arrest.” Hang up, alert police.
7. FACEBOOK COMPROMISE: They try to get your personal info.
8. GOVERNMENT GRANTS SCAM: “You're qualified to receive \$14, 750.” This scam asks for “Taxes”.
9. PUBLISHERS CLEARING HOUSE. This happened to me! Call from Jamaica. I came in second, was going to receive \$2000 a week for life, cash and a Mercedes, but had to wire \$2998 for the shipping/ taxes on the car!
10. One-Ring Call. Don't call back! It's an international number, will appear as a charge on your phone bill and most of the money goes to scammers!

More Help: aarp.org/fraudwatchnetwork

WISE & HEALTHY AGING: Non-profit, social services organization...Mission is to advance the dignity and quality of life of older adults through leadership, advocacy and high-quality innovative services, PLEASE VISIT THEIR WEBSITE!
www.wiseandhealthyaging.org

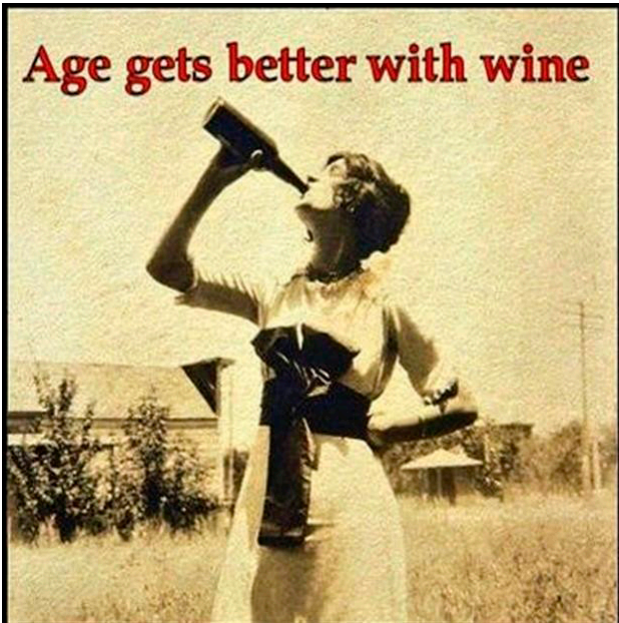


TABLE FOR TWO by Peter Dills

thechefknows@yahoo.com

OPEN IT NOW SAYS PETER DILLS

“Time in a Bottle” was a hit song by singer/songwriter Jim Croce. A question I am asked almost weekly basis is “does wine get better as it spends more time in a bottle?” Answer is “yes... and no”. Philippe Jeandet is a professor at University of Reims Champagne-Ardenne in France, and was lucky enough to discover a shipwreck that had quite a cargo. Gold? No, champagne. Jeandet and his crew brought all 168 bottles to the surface, and actually opened one on the spot. First tastes were fantastic. Given his knowledge of bubbles, his first guess was that they were at least 100 years old. The bottles had no boxes or labels, so after a few years of inspecting the corks and bottle engravings his group decided that the champagne was over 200 years old. It's home at the bottom of the Baltic Sea provided total darkness and a temperature of 35 degrees, aided by the compression of depth for the discovery, perfect for storing wine.



Your home wine cellar provides somewhat different conditions than the bottom of the Baltic Sea, so getting back to the question above, does wine get better with age? Yes, wines that are expensive or rare will get better. No, most wine is produced to drink now. In fact, up to 90% of wines don't actually get any better with ageing. Many of us will let our wines breathe, especially the reds, and that's fine. I suggest using a large wine glass with enough room to swirl your wine around, watch the legs on the glass, and drink. Many of my class “A” sommelier friends contend that if it's not ready drink, it isn't ready to buy. I agree!!

As for champagne, my storage procedure (for a single bottle or case) is to simply leave it on the floor of my closet, laying each bottle sideways. Champagne, for many, is only for special occasions, whereas for me it is a weekly toast. You should only put champagne in the refrigerator when you are ready to serve it. Once opened it will only last a few hours, so make sure you have plenty of help to drink it. My bottom line on the subject is to let the supermarkets and wine shops take care of the storage for you. They have the right equipment, and it is a heck of job (and a lot of money) to build your own wine cellar.

Wine of the Week: Check out the Cobblestone Sparking Wine at The Bottle Shop Wine store. I bought a bottle last week and really enjoyed it !! The Bottle Shop is located in Sierra Madre Ask Jay or Gustavo where it is on the shelf

Dining with Dills Sundays at 8 AM GO Country 105 FM

CHRISTOPHER Nyerges

BE HERE NOW



[Nyerges is the author of such books as “Extreme Simplicity,” “Enter the Forest,” “Self-Sufficient Home,” and others. He can be reached at www.SchoolofSelf-Reliance.com.]

“Be here now.” Remember that mantra from one of the 60's gurus? Though the slogan was widely used and spouted by weekend philosophers, Ram Dass' simple quote was perhaps the most profound thing anyone could have said.

It can also be said as “Now is now,” or “Now is the only reality.”

I recall waking up early one Saturday morning, I was still in my early teens, and though I woke up in the early morning, it was also a time of simply waking up to my own awareness, waking up to the larger reality all around me, still largely not understood.

In my earliest years of childhood, I was always living in the moment. There was no oth-er option. I think, based on my own experiences, the perspective of reality of the child is probably very much like a dog, a cat, a wild animal, in the sense that the animal has no choice but to be very intensely in the moment. Survival requires that. The animal does not think about things like getting older, planning for the future, what will I wear tomor-row, how I look to my friends, how can I get more people to like me, what costume I will wear for Halloween, how can I make money during summer vacation, why does time go so slow, what will I be when I grow up, etc.

In other words, once I became aware of how the “adult world” operates, I lost my inno-cence of my own self as an autonomous and pure being in the universe.

Somehow, I was no longer like the dogs and cats and deer and wild animals, focusing solely and intently on the moment. I was no longer focusing on “being here now.” I learned though my osmotic study of adults that it was important to think about the fu-ture, even the distant future, even the unlikely future.

And slowly but surely, like the grown-up adults of the “real world,” I found that I was more and more thinking about, and worrying about, and planning for, the distant fu-ture. I was not in the moment. This is not to imply that adults in the adult world should not plan and prepare for the future. That would be silly to suggest. However, somehow, we need to do both. We need to think about the future, while living and being in the moment. We need bal-ance because we have become obsessively and dangerously imbalanced. Why else would so many people have found meaning in Ram Dass' quote?

Part of the process of “being here now,” I have slowly discovered, is the idea that the journey is more important than the destination. How often have you driven on a long car ride, or been on a back-packing trek, and someone is constantly asking, “Are we there yet?” or “How much longer?” Since that mindset has not found a way to enjoy and learn from the journey, once it reaches the destina-tion, it will begin to ask, “When are we going home?”


It took me a long time and concerted effort to enjoy the journey. I remember one men-tor, Linda Sheer, who grew up in rural Appalachia, who used to tell me that I needed to quit focusing on getting somewhere in the woods. She slowly explained the process of being in the moment, little by little, and after awhile, it no longer mattered where I was, or where I thought I was going.

My childhood growing up in Pasadena was all about trying to do something “exciting” and “not bor-ing.” I believed that other people, elsewhere, lived exciting lives and somehow I should find them and try to be like them. Gradually, as I actually met and interacted with some of the most “exciting” people in my orbit, I found their lives empty, hollow, mostly window-dressing. Not only did I fur-ther my efforts to “be here now,” but also to just “be myself” and learn to be OK to be alone, or to be comfortable with any-one, anywhere, under any circumstances.

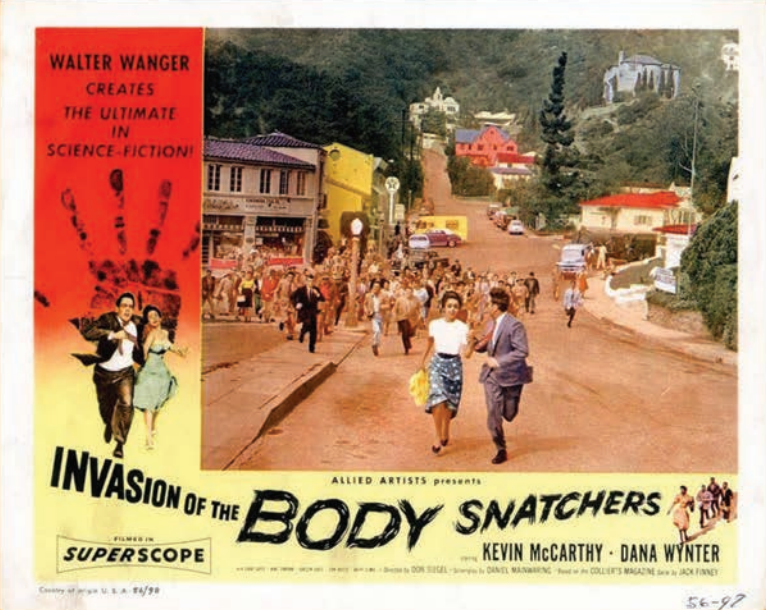
In “The Education of Little Tree,” this idea is described in a slightly different way. Little Tree's grand-mother explains that there is the body-mind and the spirit-mind. The body-mind deals with all the things of the world and the body (money, security, jobs, that sort of thing). The spirit-mind deals with trust, honesty, treating others as you would like to be treated, concern for others, and all the things we tend to think of as spiritually and morally-focused. Grandmother said that both minds should be developed in life, but some people only develop the body-mind. Then, when they die, since they can only take the spirit-mind with them, they don't have much at all to carry them through in the hereafter.

A conversation with my friend Monica made me think back on these topics of child-hood. We were discussing the concepts of “heaven” and “hell.” Sometimes, we have everything possible that we need and yet we are not happy, and want more, and want what our neighbors have. Such a person should be in a state of heaven, but their de-sire for more physical things keeps them in a state of hell. I know that's not what reli-gions mean when they speak of heaven or hell, but my point is that when we are al-ways thinking about what happens after we die, we lose sight of the fact that our countless every-day decisions are actually forming our very destiny. We do better when we focus on each moment, what is right to do, what should be avoided, how we should treat people that minute.

That is how I understood “be here now.” It may not be how Ram Dass meant it, but the idea that I should never lose sight of the fact that now is the only reality has stayed with me life-long.



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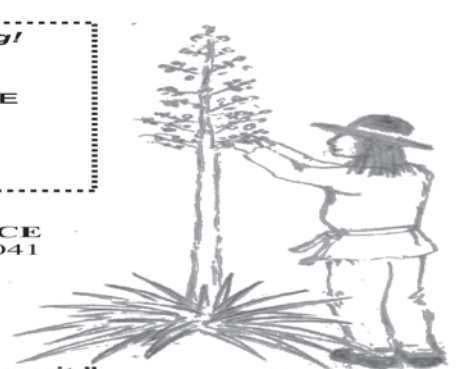
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TOURNAMENT ANNOUNCES THREE 2020 FLOAT JUDGES

The Pasadena Tournament of Roses has selected (pictured from left to right) Hitomi Gilliam AIFD, Phil Hettema and Lilit Khatchaturian as judges for the 2020 Float Awards sponsored by FTD. Each year, three judges select winners based on various criteria ranging from creative design and thematic interpretation to floral craftsmanship and artistic merit, to computerized animation and thematic interpretation. The Sweepstakes Trophy is presented to the most beautiful float entry encompassing float design, floral presentation and entertainment.



The award-winning floats will be announced the morning of January 1, 2020 on the front steps of Tournament House by the 2020 Tournament of Roses President Laura Farber. The 2020 Rose Parade presented by Honda will begin at 8:00AM/PST and will broadcast in the United States and around the world to kick off America's New Year Celebration.

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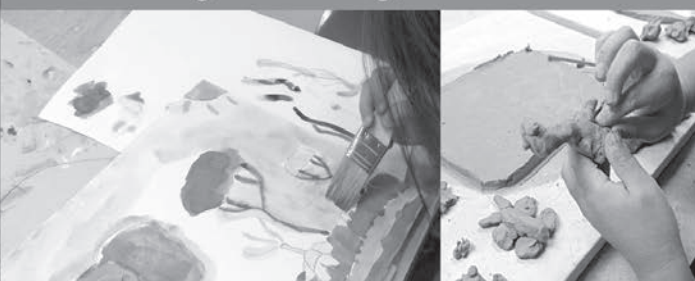
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U.S. News & World Report Names Pasadena's Huntington a Top Hospital



Huntington Hospital in Pasadena has once again been recognized as a Best Hospital for 2019-2020 Los Angeles and California by U.S. News & World Report. The annual Best Hospitals rankings, now in their 30th year, are designed to assist patients and their doctors in making informed decisions about where to receive care for challenging health conditions or for common elective procedures.

Huntington Hospital was named the fifth Best Hospital in the greater Los Angeles area and the tenth Best Hospital overall in California. The hospital was ranked among the best in the country in four adult specialties: Orthopedics (#21), Neurology and Neurosurgery (#26), Urology (#35-tie) and Gastroenterology and GI Surgery (#50-tie).

Huntington Hospital was also ranked "High Performing" in two adult specialties: geriatrics and pulmonology and lung surgery; and in seven common adult procedures and conditions: aortic valve surgery, chronic obstructive pulmonary disease (COPD), colon cancer surgery, heart bypass, heart failure, hip replacement, and knee replacement.

"I'm incredibly proud to receive these designations by U.S. News & World Report as one of the top hospitals in Los Angeles and California, particularly with national recognition in four specialties," said Lori J. Morgan, MD, MBA, president and CEO, Huntington Hospital. "I'm even

more proud of our dedicated and compassionate nurses, physicians and employees who make it their mission to provide exceptional health care to our community."

For the 2019-20 rankings and ratings, U.S. News evaluated more than 4,500 medical centers nationwide in 25 specialties, procedures and conditions. In the 16 specialty areas, 165 hospitals were ranked in at least one specialty. In rankings by state and metro area, U.S. News recognized hospitals as high performing across multiple areas of care.

"For 30 years, U.S. News has strived to make hospital quality more transparent to healthcare consumers nationwide," said Ben Harder, managing editor and chief of health analysis at U.S. News. "By providing the most comprehensive data available on nearly every hospital across the United States, we give patients, families and physicians information to support their search for the best care across a range of procedures, conditions and specialties."

The U.S. News Best Hospitals methodologies in most areas of care are based largely on objective measures such as risk-adjusted survival and discharge-to-home rates, volume, and quality of nursing, among other care-related indicators. Best Hospitals was produced by U.S. News with RTI International, a leading research organization based in Research Triangle Park, NC.

Local Sheriff's Encourages the Public to Drive Sober

As summer comes to a close, the Los Angeles County Sheriff's Department is asking drivers to not get behind the wheel after drinking or using drugs that impact your ability to drive safely.

The Los Angeles County Sheriff's Department is joining law enforcement agencies across the country in the national enforcement campaign, Drive Sober or Get Pulled Over. During this period, which started last night and runs to Sept. 2 (Labor Day), the Sheriff's Department will have additional deputies on the road looking for drivers suspected of driving under the influence of alcohol and/or drugs.

Labor Day Weekend remains one of the deadliest times of year for alcohol-involved crashes. According to the National Highway Traffic Safety Administration, there were 376 deadly crashes nationwide during the 2017 Labor Day holiday period (Sept. 1 to Sept. 5). Among those crashes, more than

one-third (36%) involved a drunk driver. Last year, two people were killed, and 31 others injured in California on Labor Day alone.

"There are so many ways to get home safely without driving," Los Angeles County Sheriff's Department, Sergeant Robert Hill, said. "Driving while drunk or high is dangerous, irresponsible and causes too many senseless tragedies. We hope that drivers get the message that driving impaired will never be tolerated."

Driving while impaired is illegal, whether it is alcohol, prescription drugs, over-the-counter medications or marijuana.

If you plan on drinking or are taking medications that can affect your driving ability, designate a sober driver or use a ride-share service. If you see someone driving impaired, call 911.

Funding for DUI enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

South Pasadena City Hall to Expand Hours, Close Fridays

City Hall will be open later on weekday evenings and closed Fridays under a new schedule set to take effect after the Labor Day holiday.

Beginning Tuesday, Sept. 3, City Hall will be open from 7:30 a.m. to 6 p.m. Monday through Thursday, adding an additional hour on weekday evenings for public access. City Hall will be closed on Fridays.

The new hours will apply to Finance, Planning, Community Services, Public Works, the City Manager's office and City Clerk's office. The Police Department, Fire Department, Library and Senior Center will maintain their current operational schedules.

Most City departments are transitioning to a compressed work schedule in which employees will work 40 hours over four days instead of five. The

changes may also help improve customer service, said City Manager Stephanie DeWolfe.

"Fridays tend to be slow in terms of foot traffic at City Hall, and we've had support from the public for expanding the weekday hours," DeWolfe said. "We'll be monitoring our front-counter activity for the next several months to see how it's working."

The compressed work schedule was adopted by the City Council last month as part of the negotiations with the City's three labor unions. The schedule is being adopted by an increasing number of government agencies in an effort to improve employee morale, reduce air pollution by cutting the number of car trips, and save energy costs during Friday building closures.

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ARCADIA - MONROVIA - DUARTE

ARCADIA POLICE BLOTTER

For the period of Sunday, August 4th, through Saturday, August 10th, the Police Department responded to 1,015 calls for service, of which 115 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 4:

1. At approximately 9:40 a.m., officers responded to the intersection of Second Avenue and Forest Avenue regarding the report of a male subject lying on the sidewalk. Officers contacted the subject and determined that he was intoxicated and unable to care for himself. The 42-year-old male, from Montrose, was arrested and transported to the Arcadia City Jail for booking.

Monday, August 5:

2. Just after midnight, officers responded to the scene of a solo vehicle traffic collision in the area of Sixth Avenue and Sandra Avenue. The vehicle was overturned but driver was not severely injured. The officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 25-year-old male, from El Monte, was driving under the influence of alcohol. He was arrested and transported to the Arcadia City Jail for booking.

3. Just before 1:00 p.m., officers were dispatched to Westfield Santa Anita at 400 South Baldwin Avenue, regarding the report of a grand theft person that just occurred. The victim was playing a game on her cellular phone when two unknown teenage males approached her. One male took the cellular phone from the victim's hand. Both suspects then fled the scene toward the parking lot. The first suspect was described as a Black male who was wearing a dark baseball hat and a red shirt. The second suspect was described as a Black male who was wearing a dark baseball hat and a black shirt. The suspect vehicle is possibly a silver or gray Honda Civic. A similar theft was also reported around 6:30 p.m.. The second victim was near Macy's when his cellular phone was taken from his hand. The investigation is ongoing.

4. Just before 2:00 p.m., officers responded to a residence, in the 200 block of West Camino Real Avenue, regarding the report of an attempted burglary. Two male suspects broke a rear window, but they left when they realized the resident was inside. One suspect was wearing a black hooded sweatshirt and a mask. The second suspect was wearing a gray hooded sweatshirt and mask. The suspects left in a white sedan with dark tinted windows. The investigation is ongoing.

Tuesday, August 6:

5. At approximately 2:00 p.m., an officer conducted a traffic stop on a bicyclist in the area of Longden Avenue and Holly Avenue for numerous traffic violations. The officer contacted the subject and noticed that he displayed physical symptoms of being under

the influence of a drug. Through a series of tests, the officer determined the 40-year-old male, from El Monte, was under the influence of methamphetamine. He was arrested and transported to the Arcadia City Jail for booking.

6. Just before 11:00 p.m., an officer patrolling the area of Duarte Road and Mayflower Avenue conducted a traffic stop on a vehicle. The officer contacted the driver, who had two outstanding warrants for her arrest. The 27-year-old, from Duarte, was arrested and transported to the Arcadia City Jail for booking.

Wednesday, August 7:

7. Just after 11:00 a.m., an officer was dispatched to Solstice at 400 South Baldwin Avenue, regarding a grand theft report. Four suspects entered the store and began looking at sunglasses. They were described as three females and one male, Black, and approximately 20-years-old. While the sales clerk was distracted, two of the suspects took two pairs of sunglasses each. All four suspects walked out of the store without making any purchases. The investigation is ongoing.

8. At approximately 6:30 p.m., an officer was dispatched to 99 Ranch Market at 1300 South Golden West Avenue, in reference to a grand theft that just occurred. The victim unlocked her car, sat down inside, and placed her purse on the passenger seat. The suspect opened her passenger door and stole her purse. The suspect is described as a male White, approximately 20-years-old and he was wearing a light colored shirt. The investigation is ongoing.

Thursday, August 8:

9. Just after 3:00 a.m., officers were dispatched to Arcadia Main Florist at 30 Las Tunas Drive, regarding a solo vehicle traffic collision. Witnesses saw the vehicle traveling at a high rate of speed when it hit the center divider. The vehicle ultimately came to rest partially lodged inside the closed business. Unfortunately the driver died as a result of this collision. The investigation is ongoing.

10. At approximately 5:30 p.m., an officer responded to the front counter of the Arcadia Police Department to speak with a victim of a vehicle burglary. The burglary occurred the prior evening in the parking structure near 24 Hour Fitness at 125 North First Avenue. The suspect(s) tampered with the door lock to steal the victim's purse. The suspect(s) then used her credit and debit cards to make unauthorized purchases. The investigation is ongoing.

11. Just before midnight, officers were dispatched to the front of Dana Middle School at 1401 South First Avenue, regarding the report of a suspicious subject in the area. Officers contacted the subject and discovered that he had an outstanding warrant for his arrest. The 34-year-old male, from Arcadia, was arrested and transported to the Arcadia

RARE PHOTOS FROM 1863 TO BE REVEALED AT THE DUARTE MUSEUM

A lone photographer embarked on a momentous journey in the American West traveling west from the shores of the Pacific Ocean to the banks of the Colorado River and the mines of Eldorado Canyon in today's Nevada. The year was 1863, many years before anyone else took the next photo of this desert and its travelers, crossroads, forts, soldiers, and watering holes.

On Sunday, Oct. 20 at 3:00 p.m., at the Duarte Historical Museum, 777 Encanto Parkway, Duarte, Author Jeffrey Lapiques (right) will reveal many of these rare photos and tell the story of the German photographer Rudolph d'Heureuse—a surveyor, cartographer, civil engineer, mining engineer, oenologist, photographer and inventor. The backdrop to this story is the American Civil War, relations between white settlers, Hispanics, and Native Americans, military exploits, salacious news accounts, and greed.

Lapiques is a Southern California jewelry photographer and book designer residing in Sierra Madre. His current book entitled The Mojave Road in 1863: The Pioneering Photographs of Rudolph d'Heureuse will be on display and available for purchase.

Admission is free. For more information call: 626 358-0329.



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As part of our Water Conservation efforts, the City's Sustainable Landscape Recognition Program provides Monrovia residents the opportunity to showcase their drought tolerant landscapes in an effort to promote water conservation.

In order to qualify for this program, the project area should include:

- Drought-tolerant area should be in the front yard visible from the street
- No more than 50% of your landscape should be turf
- No more than 30% of your landscape should be non-permeable, such as concrete

We encourage you to include:

- Drought-tolerant plants, such as succulents or other cacti, and plants native to Southern California
- Installation of drip irrigation or rotating nozzles
- Permeable hardscape such as decomposed granite or permeable pavers
- Inclusion of mulch areas
- Please complete the application and attach three photos of your landscape.

Recognition Program

- Qualified participants will be recognized by the City and receive a one-time \$25 credit on their water bill.

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SCHOOL TRAFFIC SAFETY REMINDER

With Sierra Madre Elementary and Middle Schools now in session and Bethany Christian School, The Gooden School and St. Rita School starting in the next few weeks, let's keep the safety of all our students in mind. Here are reminders for school traffic safety:



SCHOOL TRAFFIC SAFETY

NEVER PASS A SCHOOL BUS.

OBEY ALL TRAFFIC SIGNALS & SIGNS

DON'T BLOCK CROSSWALKS, INTERSECTIONS, OR FIRELANES

ALWAYS YIELD TO PEDESTRIANS!

BE A GOOD NEIGHBOR & DON'T BLOCK DRIVEWAYS

SHARE THE RESPONSIBILITY, DON'T MOVE OR BLOCK TRASH CANS

DON'T DOUBLE PARK!

DON'T LEAVE YOUR VEHICLE UNOCCUPIED IN THE LOADING/ UNLOADING ZONES

STAY ALERT

COURTESY OF SIERRA MADRE ELEMENTARY SCHOOL & SIERRA MADRE POLICE DEPARTMENT

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016

(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: http://phs.pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000
Website: www.duarte.k12.ca.us

Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - and TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acslions.com
Principal: Cindy Harmon
website: www.acslions.com

FAMILY MATTERS By Marc Garlett



WHY ESTATE PLANNING DOCUMENTS ALONE AREN'T ENOUGH

If you were to suddenly die today, would your loved ones know how to quickly find your estate planning documents? Would they know how to access all your financial accounts? How about your insurance policies? What about your login and password info to all of your digital assets?

One crucial part of estate planning that frequently gets overlooked is ensuring your loved ones can easily locate all your planning documents and other key assets upon your death or incapacity.

Don't cause a logistical nightmare

Beyond burdening your loved ones with needless work and expense, if your planning documents, such as wills, prenuptial agreements, and insurance policies, can't be located, it will be as if they never existed. The same goes for valuable assets like stocks, bank accounts, and other financial property no one knows about.

Given this, you should make sure someone you trust knows exactly where to find your planning documents – which should include an updated inventory of all your assets.

What to include in your planning binder or file

A little pre-planning and organization now can make things easier on your loved ones later. Ensure you have updated copies (or the originals) of the following documents in one, easily accessible location:

An inventory of all your assets and their location

An advance healthcare directive

A will

Your living trust (if you have one)

Marriage or divorce certificate(s)

Instructions for your funeral and final disposition

Letters, cards, photos, and other treasured sentimentals

If you have minor children, a Child Protection Plan naming long and short-term guardians, along with detailed care instructions

Get your affairs in order—before it's too late

Each family is unique, so this is just a baseline of what to include in your file. And because death or incapacity can happen to any of us at any time, don't wait to get your affairs in order. Take steps now to give this gift to your family in the future.

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

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CAT OF THE WEEK

Katnip News!



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Are you looking for sweet and sweeter? Then meet MURPHY & MILO, two very sweet and social boys! Both have elegant and sleek black fur, although Milo has a tinge of white under his neck. They were rescued from a semi-feral mom in Glendora, along with 2 other kittens. They are about 4 months old. Adopt one or both. They will come fully vetted, chipped, and neutered. Call 626-676-9505. See more pictures, adoption information and application at www.lifelineforpets.org.



Pet of the Week

A mellow six-year old dog, Pepper (A448661) is an affectionate lap dog. He enjoys meeting new people and will roll on his back for belly rubs once he has said hello. His favorite activity is climbing in your lap to give kisses. Pepper does enjoy walks in the park and watching the squirrels. After a little stroll, he loves nothing more than rolling in the grass and getting belly rubs. Pepper knows some commands like sit, shake and down and is working with our volunteers on learning more. If you are looking for a calm dog who likes to stroll through the park and then go home to cuddle on the couch then Pepper might be the dog for you. Stop by to meet Pepper and learn more about this affectionate dog.

The adoption fee for dogs is \$140. All dogs are spayed or neutered, microchipped, and vaccinated before going to their new home.

New adopters will receive a complimentary health-and-wellness exam from VCA



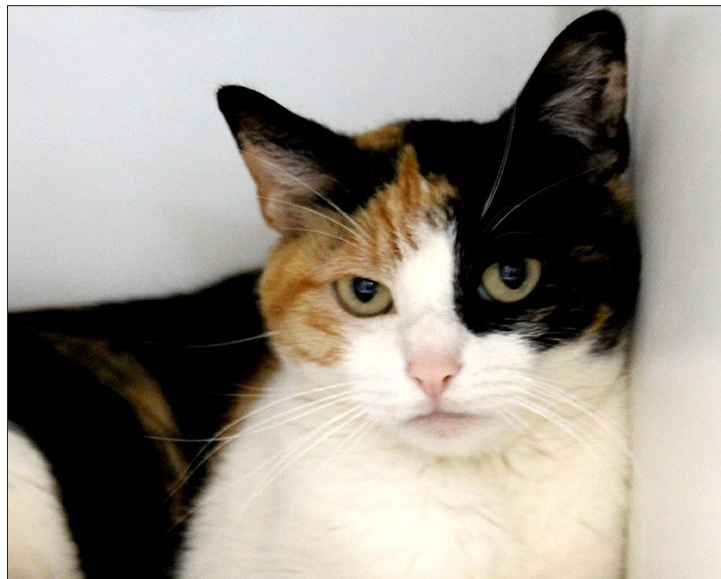
Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

LOOKING FOR A BEST FRIEND?

Camellia is a gorgeous 2-year-old calico with swirling patches of orange, black and white fur. Her facial markings are dramatically split between orange and black with a white blaze in the middle, and a mustache and goatee accenting her cute pink nose. Her expressive pale yellow eyes calmly watch the world go by. She is shy when first approached but will quickly warm up and melt into soft petting hands massaging her head and face, with long strokes down her back and sides. She appreciates being brushed and responds with soft soothing purrs. Cuddling can be on the lap or laying next to you. Camellia decides when it's time to stop.



If cuddling stops too soon, she politely pushes the hand requesting more. When enough, Camellia just walks away. Her adoption fee is \$99, which includes spay surgery, microchip, first vaccinations and a free wellness check-up at a participating veterinarian.



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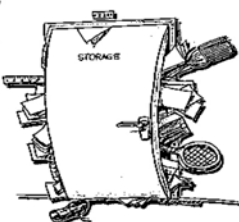
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References available upon request

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MEN GET OSTEOPO- ROSIS TOO



Dear Savvy Senior:

Can men get osteoporosis or is it primarily a problem for women? When I fell and broke my wrist last winter the doctor that treated me told me I might have osteoporosis, but I never got it checked. What can you tell me?
Bony Bill

Dear Bill:

Many people think osteoporosis is a woman's disease, but men can get it too, especially in their later years. Here's what you should know.

Osteoporosis in Men

Osteoporosis is a disease that causes the bones to become weak and brittle and more susceptible to fractures. Though women are four times more likely to acquire it, around 2 million American men have osteoporosis today, and another 12 million have "pre-osteoporosis," or osteopenia.

Unfortunately, men are much less likely than women to get the health of their bones checked even after they break a bone. That's because doctors are often unaware of the many factors that put men at risk of osteoporosis.

While menopause is a major component that accelerates bone loss in women, some of the key risk factors for men developing osteoporosis include: being over age 70; being thin or underweight; smoking; consuming more than three alcoholic drinks a day; having a parental history of osteoporosis; and having a previous fracture.

Certain health conditions – such as rheumatoid arthritis, celiac disease, testosterone deficiency, hyperthyroidism, COPD, kidney or liver disease, and mobility disorders like Parkinson's disease, multiple sclerosis or stroke – can also increase your risk. In addition, so can taking certain medications like anti-inflammatory steroids, prostate cancer drugs, proton pump inhibitors for GERDs, antidepressants, immunosuppressants, and anti-seizure drugs.

To help you determine your risk of osteoporosis, the International Osteoporosis Foundation has a quick, online quiz you can take at RiskCheck.IOFBoneHealth.org.

Prevention and Treatment

A good first step in preventing and treating osteoporosis is to get screened. All men over age 70 should have a bone density test, and those who've had a fracture or have other risk factors should be tested after age 50. Screening for osteoporosis is a simple, painless, bone density test, which takes about five minutes. Many health insurance companies will cover bone density tests, as does Medicare.

Here's what else you can do to protect your bones.

Boost your calcium: The best way to get bone-building calcium is through your diet. Dairy products (low-fat milk, cheeses and yogurt), dark green leafy vegetables (broccoli, kale, collards), sardines and salmon, cooked dried beans, soy foods, almonds and fortified cereals and juices are all good sources of calcium. Vitamin D is also important to help your body absorb calcium.

The National Osteoporosis Foundation recommends 1,000 mg of calcium daily for men under 70, and 1,200 mg for those over 71. They also recommend 800 to 1,000 international units (IU) of vitamin D if you're over 50. If you're not getting enough vitamin D through sunlight or food, consider taking a supplement. Most daily multivitamins contain at least 400 IU.

Exercise: Weight-bearing exercises like walking, and strength training with weights or resistant bands three or four times a week, can significantly improve your bone health and reduce the risk of a fall that could cause a fracture.

Control these vices: Avoid smoking, limit alcohol to no more than two or three drinks per day, and limit caffeine (coffee, tea or caffeinated soda) to three cups a day.

Consider medications: The same drugs to treat osteoporosis in women have also been approved for men. The most widely prescribed for osteoporosis are bisphosphonates, a class of drugs designed to slow or stop bone loss. Talk to your doctor about these and other medication options, as well as potential side effects.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit Savvy-Senior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Catch breaking news at:
mtnewsnews.com

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...August Birthdays*

Bill Nelson, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Maury Whitaker, Pat Miranda, Phyllis Chapman, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

HART PARK HOUSE MONTHLY PROGRAMS:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre
Hawaiian & Polynesian Dance Class: Every Tuesday Morning from 10:00 a.m. - 11:00 a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!

Bingo Time: Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

Free Blood Pressure Testing: 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

Brain Games: Every third Thursday of the month at 12:45-1:45pm Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers. *Will Resume in September 2019*

Free Legal Consultation: Wednesday, August 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

Senior Club: Meets Saturdays, Weekly at Hart Park House Brown Bag Lunch, great company and bingo at 11:30 a.m.

Chair Yoga: Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

Birthday Celebration: Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream kindly provided by the Senior Community Commission!

Game Day: Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

Free Strength Training Class: Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley, light weights, low impact resistance training and body conditioning. Class equipment provided.

Gentle Yoga for Active Seniors: Every Monday & Wednesday from 8:15 - 9:45 a.m. with Andrea Walsh at the Hart Park House. Classes include complete floor relaxation, standing and floor postures, balancing, and featuring extended meditations on the fourth Wednesdays of the month! Call (626)-355-5278 for more information.

August Craft with Lauren—August 19th 12:30 p.m.-1:30 p.m.

Come on into the Hart Park House Senior Center and create one of a kind tea cup bird feeders. Paint a design of your desire or use one of several stencils that will be available for use. Then we will glue the two sections together and attach a chain or twin to hang from your favorite tree or display at your favorite outdoor seating area.
8:30 a.m.-5:30 p.m. Senior Cinema - 1st & 3rd Wednesday Beginning at 1:00 p.m.



LAKE ARROWHEAD QUEEN (Arrowhead) \$20.00

August 15, 2019 9:00 am – 4 pm Level of Walking: Medium
Lunch will be on your own and spending money optional.

A Visit to Lake Arrowhead isn't complete without seeing the view from the water. The Lake Arrowhead Queen Paddleboat Tour lasts about an hour and takes you around the entire perimeter of Lake Arrowhead. The notoriously hilarious tour guide has a reputation for his jokes and one-liners and always has the entire boat in stitches as he points out celebrity homes and tells the fun facts of the area. Lake Arrowhead Village is the area's main commercial hot spot for both visitors and the locals, with a variety of unique fashion boutiques, outlet stores, restaurants and their excellent shopping and dining. Resident Registration Now Open and Non-Resident Registration starts August 4th. Registration closes Wednesday, August 14, 2019.



SENIOR CINEMA - 1st & 3rd Wednesday 1:00 pm

August 7th "Instant Family" PG-13; 1 hr. 57 min.

Idealistic couple Ellie and Pete find themselves overwhelmed when they open up their home to foster teenager Lizzy and her two younger siblings, Juan and Lita. With the help of fellow foster parents and agency workers they learn to navigate the joys and pitfalls of parenting to become a modern family.



Aug. 21st Fantastic Beasts and the Crimes of Grindelwald PG-13; 2 hr. 14 min.

Magizoologist Newt Scamander agrees to help Albus Dumbledore thwart the plan of Gellert Grindelwald to raise pure-blood wizards who would reign over the muggles. Together, Scamander and Dumbledore face new threats as they try to take down Grindelwald



MEALS - ON - WHEELS PROGRAM

The Home Delivered Meals Program provides healthy meals to homebound Seniors 60 and above. Seven frozen meals, milk, bread and fruit are included and delivered once a week. \$3 Donation per meal is suggested but remains completely anonymous and voluntary. Clients must be eligible and we invite you to contact YWCA Intervale Senior Services at 626-214-9467. SUBJECT TO CHANGE WITHOUT NOTICE SUGGESTED DONATION \$3.00 1% LOW FAT MILK INCLUDED



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

I SURE DO MISS ST. SANITY

The Gracious Mistress of the Parsonage and me recently celebrated our 48th wedding anniversary. It sure does not seem we have been married that long. I guess, as you get older, according to my grandmother, time goes faster. If that is true, I must be getting older. We met in September, became engaged in February of the following year and in August of that year we had our "I Do" ceremony. As a naïve young man, I did not know that that "I Do" meant that for the rest of my life I would "Do." I must say I have tried to keep up to that sacred covenant for all these years. Confession is in order here, and I must say that on the wife's side of this relationship, the "I Do" covenant has been faithfully upheld. I will admit that our marriage has not been perfect. After all, look who my wife has to deal with every day! And deal with, she has most successfully. If I were playing cards, she would have dealt a winning hand every time.

After all these years, things have changed quite a bit. I acknowledge that as normal. Nothing ever remains the same I'm sure. Some things I do not want to remain the same. In some ways, I wish my age would remain the same, but that would be a very difficult thing to maintain. How can you tell people you are 20 years old when you look like 80? I have seen some research that says that 60 are the new 40. I can only hope. We have had quite a trip down through these years. There have been children, then grandchildren, and then great-grandchildren. The Gracious Mistress of the Parsonage keeps these birthdays all up to date. My responsibility is buying the birthday card. In spite of all the wonderful things we have experienced through the years, one thing I really miss. To be honest, there are many things that I missed down through the years. This year I celebrate the 50th anniversary of my graduating from high school. I sure miss those days, but we got together and acted like fools, although some of us were not acting. Of all the things I have missed, there is only one that rings a bell with me. The thing I miss today is good old St. Sanity. I am old enough to remember the time when St. Sanity ruled the day. I must say that I sure miss him a lot today. It is not that I have not looked for him. I have but to date I have not found him. Of course, when I was younger we did not even have TV let alone Internet and cell phones. I spent a lot of time in that place quite unfamiliar today

called the library. I had wonderful memories of time in the library. For those who do not know, a library is a place where they had books. Looking around at the culture today, all I see is Ms. Insanity and boy is she popular. During a recent trip I spent time listening to the radio and particularly some of the modern music. I am not quite sure what modern music is but I tried listening.

I remember the time when you could listen to music, hear the words and phrases, understand what they were saying and it all made sense. Now, not only can't I hear the words because of the beating of the drums in the background, but none of the words make sense.

Ms. Insanity has taken over the music industry. One night the wife and I were watching a late TV show that had a contemporary comedian. I never heard of the person and as I was listening to him, I was not hearing him. I could barely make out the sentences and none of it really made sense. If that was humor, I am not laughing. I would like to share an example but I cannot remember anything that he said. People laugh at Ms. Insanity because that is the expected thing to do.

Ms. Insanity has taken over the comedy industry. I am not a big fan of politics. There was a political program on the other night my wife and I were watching. At first, I thought it was a comedy routine and my wife and I laughed and laughed.

As my wife was laughing she said, "Nobody is that stupid to say something that stupid." She laughed hysterically along with me.

Ms. Insanity has taken over politics to the point that sanity has been voted out.

As we were watching this political program, it occurred to me that this was not a comedy routine. What these people were saying was exactly what they believed. At least what they wanted me to believe they believed.

"You know," I whispered to my wife, "these people are not trying to be funny."

Looking at me rather weirdly, my wife said, "Oh, you silly boy, yes they are."

As we were laughing together, I could not help but think of what Jesus said. "Blessed are they which do hunger and thirst after righteousness: for they shall be filled" (Matthew 5:6).

There may not be many sane people in this world today, but that is not going to stop me from hungering and thirsting after the things of God.

Dr. James L. Snyder, pastor of the Family of God Fellowship, lives with the Gracious Mistress of the Parsonage in Ocala, FL. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

TOM PURCELL



SOCIAL MEDIA? MORE LIKE ANTI-SOCIAL MEDIA

"I can't take it anymore! My social media friends are driving me batty!"

"Ah, yes, you speak of a recent Pew Research Center survey that found '46% of adult social media users say they feel 'worn out by political posts and discussions they see on social media' - a share that 'has risen 9 percentage points since the summer of 2016, when the Center last asked this question.'"

"I sure am worn out. Half of my online friends hate one political party, half of them hate the other. Personally, I've come to dislike both parties!"

"It's becoming regrettably unusual for anyone to have online friends who hold differing views, which is an awful shame."

"You want shame? Post anything, positive or negative, about President Trump or Bernie Sanders and see what happens. Whatever happened to decorum?"

"It's being replaced by growing intolerance of differing viewpoints. The Aspen Institute explains why: Our technologies make us more connected to each other than at any time in history. We learn news as it breaks and can instantly message thousands of people at once."

"Like what I had for breakfast? Even our grub has become divisive! A little hint: Don't share your love of bacon online unless your safe house is ready!"

"Aspen rightly points out that our incredible new tools should help us build bridges and discuss new, different ideas with new people everywhere to strengthen and improve our social fabric, but the reverse is happening. These tools are encouraging us to connect with like-minded people and 'unfriend' everyone else."

"Maybe so, but there are exceptions. I 'friended' a group of

fellow beer lovers on Facebook. We get together every Friday to share homemade brews. Half are Republicans and half are Democrats, but we never argue."

"Never?"
"Not when you burp as often as we do!"

"The Pew survey has findings across major demographic groups. It says white social media users (52%) are grumpier about political posts than nonwhite users (36%)."

"I'd try to say something witty here, but half of my friends would hate it, half would like it, and I'd have to go incognito to reach my safe house."

"Further, says Pew, 'Republicans and Republican-leaning independents are somewhat more likely than Democrats and Democratic leaners to say they are worn out by the political posts they encounter on social media (51% vs. 43%).'"

"I'd try to say something witty here, too, but I'd have to go incognito to reach my safe house."

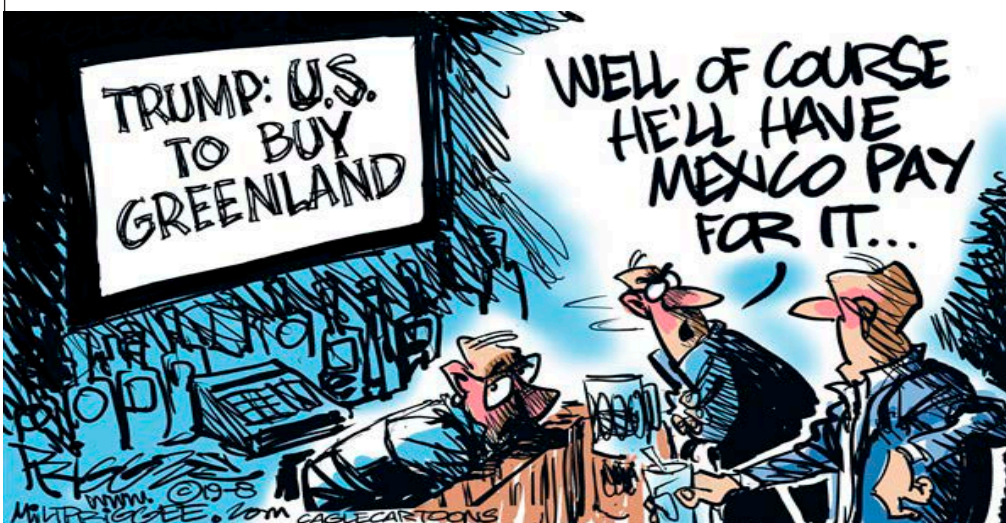
"A key takeaway from the survey is that all social media users are 'more likely today than in the past to describe the political discourse on these platforms in negative terms.'"

"Thank goodness some people still have a sense of humor online. Like whoever did that post with an elderly gentleman in a chair who says, 'Life is short. Make sure you spend it arguing politics with strangers on the internet.'"

"That's funny! Look, most reasonable people agree we are misusing our technologies, making us more tribal and insular, not less. That's why our discourse has reached a fever pitch. But we need reason and clear-headed discussions to address growing challenges. Otherwise, we will continue to shred the fabric of our civilization. We must do better."

"You're right. But everybody else is going to have to brew more beer. No way can our little group brew enough to bring the whole internet together!"

Tom Purcell, author of "Misadventures of a 1970's Childhood," a humorous memoir available at amazon.com, is a Pittsburgh Tribune-Review humor columnist.



LEFT TURN/RIGHT TURN

JOHN MICEK

32 SECONDS TO MAKE THE CASE FOR BANNING ASSAULT WEAPONS



Thirty-two seconds.

That's how long it took for the madman responsible for the carnage in Dayton, Ohio to shoot 26 people, killing nine, including his sister, and wounding 17 more before he was killed by police.

According to CNN, the Dayton shooter (he will not be identified here) was armed with a 223-caliber high-capacity rifle with 100-round drum magazines. As USA Today reports, the "AR" variants used in Dayton and the El Paso killing that claimed 22 lives barely 24 hours earlier, were legal, as were the high-capacity magazines employed in the shootings.

"Those rifles usually come with 30 or fewer rounds in a magazine. But increasingly gun manufacturers have catered to shooters looking to have 40, 60 or 100-round magazines that traditionally were shunned because they were heavy and cumbersome," USA Today noted.

These weapons of war are so far past what the Founders, who lived in an age of muskets, envisioned when they crafted the Constitution. These semi-automatic weapons, with their extended magazines, aren't intended for hunting, or self-defense, or even sport shooting. Their only purpose is to kill as many people as possible, as quickly as possible. Recognizing this, the United States banned these weapons for a decade, from 1994 to 2013.

We need a new ban. And we need it now.

As NPR reports, the old ban, formally known as the Public Safety and Recreational Firearms Use Protection Act, "prohibited the manufacture or sale for civilian use of certain semi-automatic weapons that could be converted to fire automatically. The act also banned magazines that could accommodate 10 rounds or more."

In an Aug. 11 op-ed for the New York Times, former Vice President Joe Biden, who was chairman of the U.S Senate Judiciary Committee when the original ban was enacted, summed up the argument expertly.

"We have a huge problem with guns," Biden wrote. "Assault weapons - military-style firearms designed to fire rapidly - are a threat to our national security, and we should treat them as such. Anyone who pretends there's nothing we can do is lying - and holding that view should be disqualifying for anyone seeking to lead our country."

As PolitiFact notes, "in raw numbers," researchers at New York University's medical school found that mass shootings decreased when the ban was in effect and rose afterward.

In fact, "the death toll from mass shootings went from 4.8 per year during the ban years to 23.8 per year afterwards." Still experts are split on whether there was a causal effect between the ban and a reduction in gun deaths.

But "that doesn't mean that the ban was ineffective - only that we don't know and probably cannot determine the answer given that the outcome of interest (mass shootings) is so rare," Duke University expert Philip Cook told PolitiFact.

As The Hill reports, momentum for a ban is growing in the majority-Democrat House. It will be a far harder lift in the majority-Republican Senate. But that doesn't mean the House should not act.

There is a baseline case to advance a new, and constitutional, assault weapons ban. If we had one before, we can have one again. And if the data shows even a modest reduction in deaths, that's an outcome good for society as a whole.

As lawmakers on Capitol Hill debate a potential federal ban, they can strengthen it in two very important ways: by authorizing a gun buy-back and extending any sunset provision included in the new ban. In the 1990s, backers were forced to capitulate on both fronts so they could cobble together the votes to pass it.

An assault weapons ban won't solve everything. Fighting gun violence requires a holistic approach that includes expanded background checks, extreme risk protection orders, and earlier identification and treatment for those who might be inclined to carry out horrific acts of violence.

But those are still only half-measures if the weapons of war that enable the wholesale slaughter of innocents in mere seconds are still readily and easily available.

America banned these weapons once and was safer for it. We can do it again.

MICHAEL REAGAN

SHOOTING DOWN CALIFORNIA'S AMMO LAW



Dove season opens in California and across the U.S. on Sept. 1.

For as long as I can remember, all I had to do when dove season rolled around each year was oil my 1970s-vintage shotgun, buy a case or two of shells at the nearby Big Five sports store and drive toward the Arizona border with my hunting buddies for a few happy days of shooting.

But thanks to a proposition approved by 63 percent of Californians in 2016 and the leftist Democrat lawmakers in Sacramento who've been wrecking the state for 40 years, dove season this year will be much more complicated.

A new state law aimed at reducing gun violence took effect on July 1 that requires anyone who buys ammo for any kind of gun to first pass a state background check.

If you're one of California's 4.5 million gun owners who has bought a gun recently, it's no big deal.

You are already in the state's database as a registered gun owner, so you don't need to clear another background check.

But if you're someone like me who hasn't purchased a gun since the 1970s, when you could buy a deer rifle or shotgun at Sears as easily as buying a lawn mower, you're in for some serious bureaucratic torture.

Before I can buy the shotgun shells I'll need this year, I have to go to a state-licensed vendor (a sporting goods store), give them all my information, show them my California driver's ID and then pass a background check that takes anywhere from 3 to 30 days to clear.

After I pass my \$19 background check I have 30 days to buy the shotgun shells I'll need. If after 30 days I need to buy more shells, I'll have to pay another \$19 for another background check.

The DMV-like process of buying ammo in California is bad enough, but if I'm not careful about how or where I get my shotgun shells, I could become a criminal.

Let's say I'm out in the field next month and I run out of shells after a day or two of shooting.

According to the new law, the only place I'd be allowed to buy more shells is at the same sports store where I passed my background check - which would be a hundred miles away.

What if I asked one of my hunting buddies to give me a box of his shells?

Good idea, but if he gives them to me he'll break the new ammo law because he didn't do a background check on me first.

A person from a less liberal state like Pennsylvania might ask, "Why don't you just go out of state to Arizona and buy your shells there?"

It's a perfectly sensible idea - except that if you are caught bringing more than 90 rounds of ammo into California you can go to jail.

And don't think you are free to order your ammunition online. Manufacturers aren't allowed to ship directly to individuals in the state, just to licensed ammunition vendors like Big Five.

The end result of all this anti-ammo-madness is that somehow on Sept. 1 all of us will be breaking the law at some point by sharing shotgun shells.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "Lessons My Father Taught Me: The Strength, Integrity, and Faith of Ronald Reagan." He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelereagan.com.

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Arcadia – Updated Two-Story **\$898,888**
1301 10th Avenue | 3br/2ba/1,758sqft/6,051sqft lot. Updated kitchen, upstairs covered patio, detached garage.



Pasadena – Elegant, Updated Pool Home **\$1,090,000**
2186 Las Lunas Street | 3br/3ba/2,058sqft/8,704sqft lot. (Represented Buyer)



Arcadia – 1947 Ranch **\$998,888**
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Pasadena **Call for more information**
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201 N Orange Grove Blvd #518 | 2br/2.5ba/1,664sqft (Represented Buyer)



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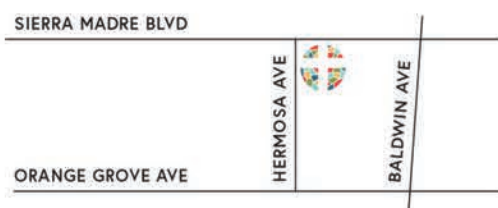
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