

SATURDAY, OCTOBER 5, 2019

VOLUME 13 NO. 40

THE WEBB-MARTIN GROUP

Some Tips for Living a Greener Lifestyle at Home

• Plant Native Species

Native plants can adapt to your local climate and use less water.

• Buy Local or Plant a Garden

Supermarkets, even organic farmer's markets often transport produce from great distances creating large carbon emissions. Try planting your own garden or buying local produce.

• Eat Less Meat

Livestock accounts for nearly 15% of human-induced greenhouse gas emissions. Going meat-free just one day a week will make a huge difference.

• Buy Resuable Water Bottles

80% of plastic water bottles we buy end up in landfills, and account for more than 2 million tons of waste.

• Use Reusable Shopping Bags



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COMMUNITY CONCERN GROWS OVER POSSIBLE CLOSING OF SIERRA MADRE MIDDLE SCHOOL

By Susan Henderson

The Board of the Pasadena Unified School District, in its efforts to deal with devastating budget shortages and declining enrollment, will hold a meeting on Thursday, October 10, 2019 at 4:30 pm at PUSD headquarters to discuss the second phase of the report by the Master Plan/Boundary subcommittee. According to the agenda distributed on Friday evening, discussion of additional consolidations/closures of secondary schools will occur. In the presentation that will be presented, Sierra Madre Middle School is included in several of the scenarios, one of which is to close the school completely. In the report, the scenario that would close SMMS would leave open Elliott, Wilson, Washington and Blair. Children currently attending Sierra Madre would be directed to one of the remaining schools. Also closing in that scenario would be McKinley and Marshall Middle Schools.

In 2013, after years of delays, the district spent in excess of \$27 million dollars on SMMS, making it a State of the Art educational facility. It is the best performing Middle School in the district and the only school that has a Mandarin Immersion Program. Many feel that perhaps for those reasons alone, Sierra Madre may survive closure and would expand its student population from other schools.

After the first round of closures, PUSD President Larry Torres, who represents the district that includes Sierra Madre, wrote an open letter to the entire PUSD community describing the difficulty in making such tough decisions. It has been reprinted on the right. To review the full presentation go to: https://pusd.granicus.com/MetaViewer.php?view_id=15&event_id=408&meta_id=112599



OPEN LETTER BY PUSD ABOUT SCHOOL CLOSINGS

Dear Pasadena Unified community

Last night [Septmeber 26] was an important time for the entire PUSD community. With a goal of deepening equitable student access to high quality educational programs while laying a stable and sustainable foundation for the future, the Board of Education made the very difficult decision to consolidate Franklin Elementary, Jefferson Elementary, and Roosevelt Elementary at the end of the 2019-2020 school year. In October, the Board will deliberate on recommendations for secondary schools.

This comes after nearly a year of conversations with the Master Plan/Boundary Subcommittee and the Board of Education about the number and location of schools that our District should operate in the next five to ten years, given the ongoing challenges of lower birth rates, rising housing costs, and the resulting impact on enrollment and funding.

Our decision... is anchored in our goal of creating a future for PUSD as a stable, sustainable, and high quality public school system. It moves us toward actualizing our mission to deliver a caring, engaging, and challenging education for every child, every day.

Over the last decade, we have strengthened Pasadena Unified schools with excellent, rigorous, and engaging services for our students: from arts and music, dual language, magnet, and STEM to International Baccalaureate and high school academies. Our schools are igniting a curiosity for learning and producing extraordinary graduates who are poised to excel in the careers of tomorrow.

As a result of these decisions, we can preserve and enhance our students' experience with the resources they need to be successful in school and in their future.

This was a very painful decision for everyone, beginning with the students, families, and staff of Franklin, Jefferson, and Roosevelt. In the weeks ahead, we will work to ensure that the transition to new schools is as smooth as possible for everyone. We have already begun to strategically review the specific needs and requirements related to our Special Education population affected by this consolidation. We remain focused on providing a calm and stable environment so that all children continue to learn.

Sincerely,

Larry Torres

President, Board of Education

David Verdugo, Ed.D.

Interim Superintendent

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Scarecrow Festival!
September & October 2019

October 1 – Voting begins
October 4 – Kickoff Party at Creative Arts Group! (7 to 9pm)
October 15 – Voting ends at noon
October 19 – Awards announced in Mt. Views News & online CreativeArtsGroup.org and facebook.com/creativeartsgroup.sierramadre
For more information visit CreativeArtsGroup.org/scarecrow-festival

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Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi 70s	Lows 60s
Mon:	Sunny	Hi 70s	Lows 60s
Tues:	Sunny	Hi 70s	Lows 60s
Wed:	Sunny	Hi 70s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 50s
Fri:	Sunny	Hi 80s	Lows 50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

CALENDAR

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

City Council
September 24, 2019 at 6:30PM
October 8th, 2019 at 6:30PM

Planning Commission
October 3, 2019 at 7:00PM
October 17, 2019 at 7:00PM

Community Service Commission
October 21, 2019 at 6:30PM

Senior Community Commission
October 3, 2019 at 3:00PM

Library Board of Trustees
October 23, 2019 at 7:00PM

Energy, Environment, and Natural Resource Commission
October 16, 2019 at 7:00PM

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 30 the night of the meeting and your statement will be delivered to all the Council Members.

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

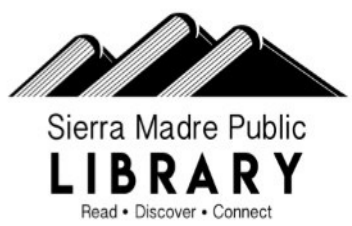
Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



This week at the Sierra Madre Public Library

September 30—October 5

Monday

Preschool Storytime 10:00—11:00 am

Tuesday

Baby Rhyme Time 10:00—11:00 am

Weekly LEGO Challenge 3:00—5:00 pm

Virtual Reality 5:30—7:30 pm

Wednesday

Parent-Child Workshop 10:00—11:30 am

Teen Advisory Board 4:00—5:00 pm

Thursday

Jonesing for Java 10:00—10:30 am

Friday

Friends of the Library BEST Used Book Sale 3:00—7:00 pm

Saturday

Friends Book Sale Continues 10:00 am—2:00 pm

Craft It! 10:00—11:00 am

Makeup Tutorial 1:00—2:00 pm

RPG 101: Kids on Bikes 2:00—5:00 pm

Read, Discover, Connect
@ Sierra Madre Public Library

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THE SHOPS ON BALDWIN IN SIERRA MADRE



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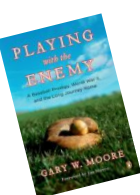
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How about them Dodgers?

LATTES & LITERATURE



Wed, Oct 9 1:00 pm

Direct from Chicago for Us

Author Gary W. Moore

"Playing with the Enemy"

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Facebook/SierraMadreWomansClub 355-4379

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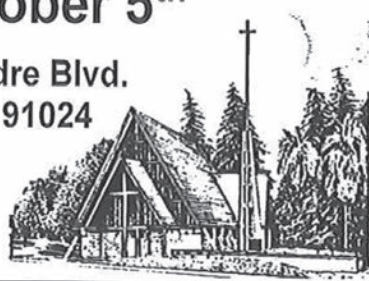
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WALKING SIERRA MADRE - The Social Side by Deanne Davis

"Bittersweet October. The mellow, messy, leaf-kicking perfect pause between the opposing miseries of summer and winter!" Carol Bishop Hips

"Listen! The wind is rising and the air is wild with leaves. We have had our summer evenings, now for October eves." Humbert Wolfe

"Welcome October! New month, new chapter, new pages, new wishes. May the month give you courage, strength, confidence, patience, self-love and inner peace. May every day in October fill your days with Hope, Love, Sunshine and Energy. Let there be Joy, Fun and Laughter!" www.beautifulquotes.com

Those quotes pretty much say it all! But I thought I'd add an October offering of my own to the mix:

O...Oh please, please, let it cool off! Oh please, let the temperatures hover around those nice high 70's and low 80's! Oh please, let the nights be cool enough to think of pulling up the covers!

C...Cider! I'd love some hot apple cider. If you buy a gallon of apple cider, but it in an old percolator type coffee maker, add five or six cinnamon sticks broken in half, an orange cut in quarters, a bunch of whole cloves and whole allspice, then turn it on so the cider perks through the spices, you will end up with a big pot of happiness. Hot apple cider on a cold day is pure joy.

T...Total change of wardrobe! Wouldn't it be nice to wear jeans, boots, socks and...oh bliss! A sweater! Wouldn't it be nice to put all the shorts you've been living in since June into a drawer and forget about them till next June!

O...Outdoors! Wouldn't it be nice to actually enjoy being outdoors! To sit out on your patio in the morning with a cup of coffee and watch the sun come up? To sit outside with dear friends and enjoy a glass of wine or two and something simple like Triscuits and Humus or some veggies and ranch dip? And watch the moon appear in the sky. Be sure to spray yourself with mosquito spray and light that romantic citronella candle.

B...Blessed! Yes, we are blessed to see another fall season come around. To see the scarecrows all over town, to know that kids are going to paint all the downtown windows with wonderfully creepy designs, to know there will be a costume parade and that your own personal children are going to have a wonderful time trick or treating in a safe environment.

E...Excitement! The air is filled with excitement. Fall is a new beginning. October is the opal month of the year. It is the month of glory, of ripeness. It is the picture-month. It's the month when we buy pumpkins and put them out on our front porch. The month when we decorate inside with fall leaves and yellow chrysanthemums. The month when I put out my spider-adorned sign that says, "The Witch Is In!" The month when we start thinking of pumpkin goodies, like pumpkin cookies and pumpkin cheesecake.

R...Rejoice! Your electric bill is going to be less! Rain might be on the way! October is red and golden and brown. Carve a pumpkin, donate candy to one of the churches doing Trunk or Treat, and rejoice because you are alive! You are loved and this could very well be your best month of the year.

"I'm so glad I live in a world where there are Octobers!"
Anne of Green Gables, L.M. Montgomery

Watch for scarecrows! They're everywhere and so clever. They are where you least expect them to be! Have a great week, dear friends and neighbors and treat yourself to a Pumpkin Spice Latte. And don't think about the calories. They are one more reason to Rejoice!

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is also available on my Amazon book page.



What's the Name of the Game?

Saturday, October 12th, 2019

Doors open at 6:30 - Bingo starts at 7:30

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At The Sierra Madre Recreation Center

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KATIE Tse....This and That



HALLOWEEN --AGAIN

It's that time of year again. Time for me to recycle my Halloween article. But I updated it, so I don't feel like a total slacker. Just a moderate slacker.

Halloween, the longest holiday of the year, is upon us again. Why is Halloween the longest holiday, you ask. Primarily because of its position in the calendar. We haven't had a decent celebration since the

Fourth of July, and even that might not have been a big deal.

Before that was Easter. And depending on what your family's like, that might not have been big, either. Going back farther takes us to St. Patrick's. Again, generally not huge.

Which brings us to Valentine's, a holiday you either love or hate. I'm convinced that more people are in the latter category. Even those with a significant other often stress over the perfect dinner reservations and making sure they live up to the other's expectations. (My husband and I usually stay home and fix something indulgent like ribs.)

All this is to say that by the time we come around to Halloween we haven't had a good party since New Year's. And that was so long ago! We're starved for festivity. We've been looking forward to it since the middle of summer when stores packed away their Fourth of July decorations. By the time October 1st rolls around we've been marinating in Halloween decor for a good month. We're primed.

Why else is Halloween so big? Namely because it's not sentimental. People who despise the holiday season for their own reasons still love Halloween, or at least tolerate it. Halloween doesn't come with baggage. There are no tender songs like "I'll be home for Halloween," or "Have Yourself a Merry Little Halloween" to tug at the old heart strings.

Yes, Halloween is emotionally safe. Besides that, there's the whole aspect of dressing up that people get jazzed about. Personally, I don't go in for that, but a lot of people do. I work at a school, so arriving in character is kind of expected. But I'm not a classroom teacher, so I usually pass on it.

The kids always ask what I'll be. I tell them, "A speech teacher."

"But that's what you are everyday!"

Nodding, "Exactly."

Maybe this year I'll give in and do something. But more likely not. That's why I have my trusty tee-shirt that's worn but once a year. It says, "This IS my Halloween costume." I know, such a humbug. But if you're not a humbug, more power to you. I hope you have a fun Halloween. Not for a few weeks, but who's counting?

"Have you checked out my novel, 'A Year at Apex?'" It's got humor, romance, the human condition, and public education. Just the thing to get you through the holiday season in one piece. Find it in paperback and ebook on Amazon and Barnes & Noble.



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Costume Swap at the Library



The Altadena Library is set to hold a free Halloween costume swap. Bring a costume, take a costume, in Community Room at the Main Library Saturday Oct. 12 from 2 p.m. to 4 p.m.

It's almost that spooky time of year – Halloween is right around the corner. Are you tired of paying for overpriced Halloween costumes that your kids grow out of the second Halloween is over? Join us for our family-friendly, super affordable Halloween Costume Swap! Bring in your old costumes (only clean and in good repair), and take home a costume.

Halloween fun included. All-Ages Welcome, Preschool (Infants - 5 Years Old), Elementary (Kindergarten - 5th Grade), Adults

A costume donation is highly suggested. Bring a costume, get a costume. We strongly encourage bringing in your donated costume(s) before the event.

Interested in volunteering for this fun, family event? Email our Volunteer Coordinator at volunteer@altadenalibrary.org to sign up.

The main Altadena Library is located 600 E. Mariposa Street.

Suspects Caught in DUI Warrant Operation

Some think if they don't show up for a court hearing, the police won't have the manpower to go find them. If your violation is a DUI, don't count on it. On Thursday, Sept. 26, Pasadena Police Department officers fanned out across the city in search of high-risk DUI offenders. Four people with outstanding misdemeanor DUI warrants were located and arrested without incident during this program.

"Anyone with a missed DUI court date should contact the court on their own and work to set a new appearance date," said Pasadena Police Department Lieutenant Mark Goodman. "If you don't, that warrant is not going to disappear, and you could end up in jail."

Special DUI warrant service operations, along with regularly scheduled high-visibility DUI enforcement, such as DUI checkpoints, have a deterrent effect on those who disregard driving safety and abuse alcohol and drugs. Pasadena Police Department places a high priority on lowering deaths and injury with the goal of removing impaired drivers and increasing awareness of the dangers of driving under the influence of drugs and alcohol.

Tournament of Roses Picks Royal Court



The Tournament of Roses announced Monday the seven members of the 2020 Royal Court. They will serve as ambassadors of the Tournament of Roses, the Pasadena community, and the greater Los Angeles area and will each receive a \$7,500 educational scholarship.

Applicants from 45 Pasadena area schools participated in the interview process and volunteer members of the Tournament

of Roses' Queen and Court Committee selected the Royal Court based on a number of criteria including public speaking ability, academic achievement, youth leadership, and community and school involvement.

The grand finale for the 2020 Royal Court will be riding on a float in the 131st Rose Parade and attending the 106th Rose Bowl Game, both on Wednesday, January 1, 2020.

The seven members of the 2020 Royal Court are: Pictured from left to right: Rukan Saif, Mia Thorsen, Emilie Risha, Reese Rosental Saporito, Michael Wilkins, Camille Kennedy, and Cole Fox.

The Announcement and Coronation of the 102nd Rose Queen and Presentation of the 2020 Royal Court is on Tuesday, October 22 at the Pasadena Playhouse.

Photo by D. Lee /MVNews

Historic Memorandum of Understanding Between California and Armenia



Pictured, Portantino back row middle

State Senator Anthony Portantino accompanied Governor Gavin Newsom (Pictured signing left) and Prime Minister Nikol Pashinyan (Pictured right) last week as the Governor and Armenian Foreign Minister Zohrab Mnatsakanyan signed a historic Memorandum of Understanding (MOU) between California and Armenia. Included in the comprehensive MOU is the formal establishment of the first California International Trade Desk in Yerevan. Senator Portantino is proud to have introduced legislation to establish a California Trade Office in Armenia's Capital City and to have worked with the Governor's office on the MOU in preparation of the historic New York meeting between the Prime Minister and the Governor. Former Glendale Mayor and current Commissioner for Diaspora Affairs, Zareh Sinanyan was also in New York for the historic MOU signing. Sinanyan had joined Portantino earlier in the year in the Trade Office effort. Following the signing of the MOU, Senator Portantino and Governor Newsom met privately for forty minutes with Prime Minister Pashinyan to discuss increased cooperation between California and Armenia.

From Governor Newsom:

Through today's agreement, California will establish a Trade and Services Desk in Armenia to be utilized by trade and tourism delegations and California's trade representative for Europe and Eurasia to encourage trade and investment by Californian and Armenian businesses. The Trade and Services Desk will foster economic cooperation and development by assisting

entrepreneurs in connecting with their counterparts to engage in various trade and commercial activities.

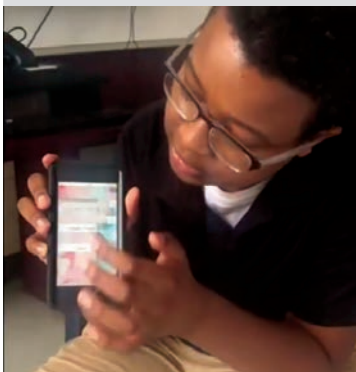
The Yerevan Desk is the first proposed Desk in the Governor's international trade strategy to further economic ties between California and the world's economies. The Yerevan desk will be the central trade office for all of California's trade efforts in Europe. It firmly establishes Armenia as an important partner for California.

Governor Newsom and Foreign Minister signed the Trade Desk Memorandum of Understanding at the Armenian Mission to the United Nations in New York City. The historic MOU agreement was consummated on September 24th. The successful establishment of the Trade Desk caps a year-long effort by Portantino to formalize trade between California and Armenia. The fact that Yerevan is the first California International Trade Desk to be established is a recognition of the impact of the Velvet Revolution, the importance of the California/Armenia relationship and the significant presence Diaspora Armenians have in California. The MOU signing follows on the heels of the Prime Minister's successful visit to Los Angeles and Glendale.

"I am ecstatic to have helped launch this historic trade opportunity between California, Armenia and Europe," Portantino said. "To have it set up in Yerevan is of particular importance to me and proud Armenian American constitutes in the 25th Senate District. I am very grateful to Governor Newsom for his bold vision and for making it happen."

Congressional App Challenge Open Sign-ups

Deadline to register and submit app online is November 1



Congressmember Judy Chu is taking part in the annual Congressional App Challenge for middle and high school students living in the 27th Congressional District. This event has been established to encourage students across the country to explore STEM, coding and computer science through hands on experience. The winning apps are eligible to be displayed in the US Capitol Building and featured on the House of Representatives Website. The winning students are also invited to the #HouseofCode Capitol Hill Reception in Washington, D.C. Additionally, each winner will get \$250 in Amazon Web Services credits. Students can participate by registering as an individual or with a team of four students on the Congressional App Challenge Portal. The deadline for students to register and submit their app online is November 1. The app students create can be used with any programming language and any platform. The judging of the submissions will then take place in November and the winning app will be announced in December. More information on the Congressional App Challenge, or to sign up, can be found at: congressionalappchallenge.us.

City's Free Fall ArtNight



Enjoy an evening in beautiful Pasadena exploring 20 prestigious arts and cultural institutions showcasing diverse works of art, music and dance by the best the city's creative community has to offer Friday, from 6 p.m. to 10 p.m. This free event will delight those of all ages and interests. Experience memorable visual and performing arts and participate in hands-on, interactive activities—all free.

The theme at City Hall for this fall's ArtNight is Rocky Horror Picture Show. Attendees are encouraged to dress as their favorite

character and sing alongside Theatre Americana performers on the steps of City Hall. Those stopping by City Hall will also enjoy face painting, live music, and a photo booth.

Other ArtNight offerings include an 80s dance party complete with Keith Haring-inspired interactive artwork at Day One celebrating the 30th anniversary of Coming Out Day; Broadway music, music trivia, and Drag Queen Story Time and Bingo at Pasadena Public Library; open mic and an opportunity for kids to design their own book at Red Hen Press; (Cont. Page 3)

Attorneys to Offer Free Mandatory Sexual Harassment Training

Employee Training and Manager Training limited to 50 people each

California law newly requires an employer who employs five or more employees, including temporary or seasonal employees, to provide at least two hours of sexual harassment training to all supervisory employees and at least one hour of sexual harassment training to all nonsupervisory employees by January 1, 2020, and once every two years thereafter. location for the event: Women's City Club.

Time: Employee Training at 1:30pm; Manager Training 3:00pm

Pasadena Chamber of Commerce member Hunt Ortmann Palffy Nieves Darling & Mah, Inc. provides interactive, in-person training to satisfy the requirements under California law in an informative and informal format for all employers. We have training sessions for both supervisory and non-supervisory employees.

Hunt Ortmann will provide free sexual harassment training one session each for both supervisory and non-supervisory employees to Pasadena Chamber of Commerce members on a first come, first-served basis on October 15. Attendance is

limited to the first fifty people who register for each session. Registration must be by each employee of a Chamber member and not by Chamber member only.

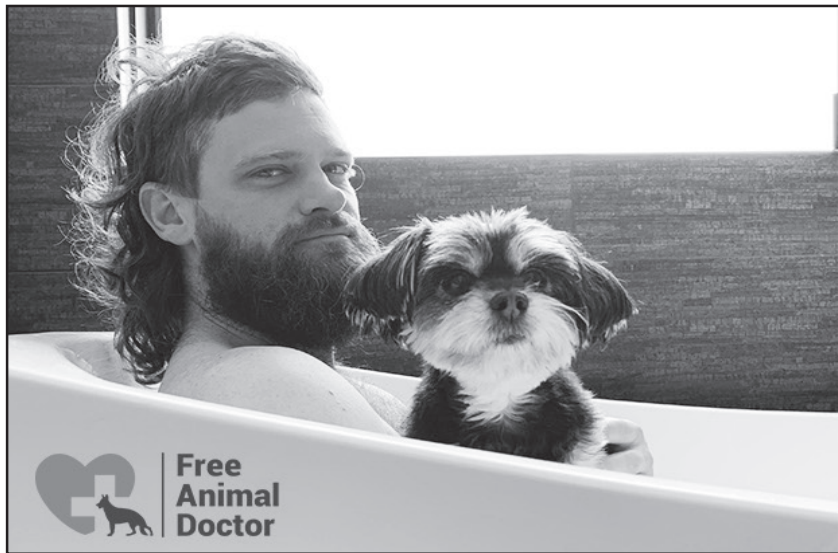
The training will include an introduction to Federal and California law concerning sexual harassment, discrimination, retaliation and bullying. We include humorous examples designed to break up and balance the serious nature of the presentation. We will also focus on elements of those claims, handling complaints, investigations, and legal liability. We conclude the training with a series of hypotheticals designed to inspire animated discussion.

Hunt Ortmann's Employment Law Group provides a full range of services to clients including drafting and revision of employee handbooks, employment contracts, independent contractor agreements, and separation agreements; advice and counseling on personnel issues; handling of wage and hour issues including representation in class actions, DIR and DLSE matters.

This training satisfies the California requirement.

Women's City Club is located 160 N Oakland Ave.

For more information or to sign up visit: pasadena-chamber.org



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Free Animal Doctor, a 501c3 organization: 70 E. Montecito Ave., Sierra Madre, CA 91024

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

SAN ANTONIO WINERY OFFERS WINE TASTING, TOURS, AND DELICIOUS CUISINE IN THE HEART OF LOS ANGELES

Pasadena is home to many of my friends in the restaurant business. One family that has made their home here for many years is the Riboli family. Does the name sound familiar to you? If not, I bet you know their wines. The San Antonio Winery is just a few miles away from where you are reading this right now - no long drive to Napa or Temecula. Los Angeles is home to the longest and largest producing winery in Southern California. San Antonio Winery, located just east of downtown Los Angeles in Lincoln Heights, offers the ultimate romantic experience, or the ideal spot to celebrate love and good times with friends. Step into the vast tasting room and up to the counter, and one of the friendly, learned staff will guide you on your wine tasting adventure. You can choose from a selection of award-winning dry wines from San Antonio Winery's Maddalena and San Simeon collections, or semi-sweet, semi-sparkling wines from their popular Stella Rosa line, like Stella Rosa Red, and sparkling Stella Rosa Moscato Rosé, perfect for "stellabrating" romance. On my recent visit I took a tour of the entire winery, where I learned about the original urban winery's history. I even got to see where the wines are fermented, aged, and bottled. Once I worked up an appetite, I indulged in homestyle Italian cuisine at Maddalena restaurant. Named after the winery's matriarch, Maddalena was the first restaurant inside a winery in California. It was opened in the 1970s after Maddalena Riboli's sandwiches became so popular, a long line would form outside the winery. Today, you can still enjoy some of Maddalena's delicious recipes, like her outstanding lasagna and handmade ravioli. You can listen to live music in the restaurant all weekend long. San Antonio Winery is located at 737 Lamar Street. There is also an ample parking lot with complimentary parking. Visit sanantoniowinery.com for more information.

For more reviews please check out my website www.diningwithdills.com listen to Dining with Dills every Sunday Morning on Go Country 105 at 8 AM . Save the Date !! Very special wine tasting at the Santa Anita Race Track featuring Cake Bread Wines on Saturday, October 19th full menu and I'll be there check out www.santaanita.com/evvents for details !!



CHRISTOPHER Nyerger ENRIQUE VILLASENOR: PRICKLY PEAR'S AMBASSADOR



[Nyerger is the author of "Guide to Wild Foods," "Foraging California," "How to Survive Anywhere," and other books. He leads regular field trips, and can be reached at www.SchoolofSelf-Reliance.com]

Enrique Villaseñor is at the head of the classroom, extolling the many unsung virtues of the prickly pear cactus. "It's often referred to as poor people's food," he explains, "but did you know that it contains all the essential amino acids, and some non-essential amino acids as well?"

Villaseñor is the defacto ambassador of the humble prickly pear cactus, a plant that has been used for food and medicine for millennia.

After 35 years as a school teacher, Villaseñor recently retired and now actively works as an assistant to pharmacologist Dr. James Adams, who shares traditional Chumash healing methods.

In the two hour presentation, Villaseñor takes his audience through the fascinating history, and the vast healthful benefits, of the prickly pear cactus, beginning with the fact that cacti remnants were found in jars in Mexico dating back 10,000 years. He explains that archaeologists have found old jars that contained not only cactus, but teostine (the forerunner to corn), chili, amaranth, sapote, and mesquite, some of the earliest foods from this continent.

As part of his presentation, Villaseñor shares details from the historical book, "Relacion de Cabeza de Vaca," the account of Alvar Nunez Cabeza de Vaca's journey in the unknown interior of America. He was one of four survivors of the 1527 Narvaez expedition. From 1527 to 1536, he wandered across the U.S. Southwest, learning from the natives about the local foods. Though he was a slave for the first two years, he became both a trader and a healer to the various tribes. He learned of the value of the nopal (aka the prickly pear cactus) from the natives and used it for scurvy, treating arrow wounds, and for stomach issues. After returning to Spain in 1537, he wrote his account of the journey, first published in 1542. Cabeza de Vaca is sometimes considered a proto-anthropologist for his detailed accounts of the many tribes of Native Americans that he encountered.

"The prickly pear cactus is one of the best immune system boosters," says Villaseñor, quoting Hippocrates, who said "Let food be thy medicine, and let medicine be thy food."

Historically, the prickly pear cactus pads have been used for lowering cholesterol levels, digestive issues, edema, wounds, bronchitis, fevers, vitiligo, inflammation, type II diabetes, muscle pain, urinary problems, burns, and liver problems. Students of Villaseñor listen in awe, wondering why they have always considered the prickly pear just a food to eat when you're next to starving, rather than the superfood it is.

Villaseñor explains that because prickly pear was always available in good times and bad, in times of drought and plenty, it was always something that poor people could and did use, but then it came to be regarded as simply a food of last resort.

Today, however, that view is changing. Villaseñor points out that one can find hundreds of products made from the prickly pear on Amazon. This includes food and food supplements, pills for diabetes, as well as various products from the cochineal bug that is often found on the prickly pear plants. The cochineal has historically been dried and crushed to get carminic acid, and a very good red dye for clothing and even food products.

The highlight of Villaseñor's presentation is when he turns on a food processor and makes a prickly pear drink for everyone to try.

First, he scrapes the young pads to remove the spines and the tiny hair-like glochids. He puts one large pad into the blender, and adds one apple and one orange, and blends it all. The resultant drink is thick, and so it can be thinned further with water if one prefers. Everyone enjoyed the tartness and sweetness of the drink. No sugar is ever added.

THE RECIPE:

"Agua de Nopales" -- Prickly Pear Cactus Water, by Enrique Villaseñor:

Ingredients

- 1 - Prickly Pear Cactus pad (cleaned and rinsed)
- 1 - Peeled Orange
- 1 - Green Apple
- 2 - Cups of chilled water
- 1 - Ice
- 1 - Lime

Dice 1 Prickly Pear pad. Place in blender with 2 cups of water. Blend. Dice 1 green apple. Blend. Dice 1 peeled orange. Blend. Add additional water to taste if the smoothie is too thick for you. Serve chilled with ice. Use lime to taste. Do not add sugar. Suggested serving is 1.5 cups 2X a day. Enjoy!

According to Villaseñor, this is one of the best ways to get your daily intake of the prickly pear, in a form



that is tasty and easy to prepare. The benefits are that it strengthens your immune system, helps you to lose weight, and lowers your cholesterol.

Villaseñor adds that complete health is really about complete balance, and by "balance" he explains that each of us need to find balance physically, spiritually, socially, and financially within our community and family. "You should work at this every day," he explains.

Additionally, Villaseñor points out that the natural immune boosters include sleep, plant-based diet, exercise, not-smoking, having minimal stress in your life, maintaining a healthy weight, minimal alcohol consumption, maintaining healthy relationships, and avoiding infections. Consuming prickly pear cactus daily is just one part of this overall balance.

Villaseñor shares a little about his background during his presentation. His mother is still alive at 101 years old, and she taught him Balance in all things. "I was outside all day, always doing things outdoors," he explains. "And when we had a problem, my mother healed us!"

Villaseñor also shares testimonials from students of his and Dr. Adams, students who have experienced lower glucose levels, improved bowel movements, weight loss, and lower cholesterol levels by consuming the prickly pear cactus drink, and other herbal remedies they teach.

Regarding the many additives to foods today, Villaseñor advises, "If you cannot pronounce it, do not eat it!"

Villaseñor smiles as he shares an old idiom, which underscores how Mexico's identity is tied to the nopal, or prickly pear cactus. "Soy mas Mexicano que el nopal," he says, which translates as "I am more Mexican than the cactus." The expression is asking, between the lines, what came first, the Mexican or the cactus, affirming the person's pride in being Mexican.

Enrique Villaseñor can be contacted at Senornopales@gmail.com.

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Jeff's Book Pics By Jeff Brown

LIFE UNDERCOVER: COMING OF AGE IN THE CIA HARDCOVER

BY AMARYLLIS FOX

Amaryllis Fox's riveting memoir tells the story of her ten years in the most elite clandestine ops unit of the CIA, hunting the world's most dangerous terrorists in sixteen countries while marrying and giving birth to a daughter. Fox was in her last year as an undergraduate at Oxford studying theology and international law when her writing mentor Daniel Pearl was captured and killed.

Galvanized by this brutality, Fox applied to a master's program in conflict and terrorism at Georgetown's School of Foreign Service, where she created an algorithm that predicted, with uncanny certainty, the likelihood of a terrorist cell arising in any village around the world. At 21, she was recruited by the CIA. Her first assignment was reading and analyzing hundreds of classified cables a day from foreign governments and synthesizing them into daily briefs for the president. Her next assignment was at the Iraq desk in the Counterterrorism center. At 22, she was fast-tracked into advanced operations training, sent from Langley to "the Farm," where she lived for six months in a simulated world learning how to use a Glock, how to get out of flexicuffs while locked in the trunk of a car, how to withstand torture, and the best ways to commit suicide in case of captivity. At the end of this training she was deployed as a spy under non-official cover--the most difficult and coveted job in the field as an art dealer specializing in tribal and indigenous art and sent to infiltrate terrorist networks in remote areas of the Middle East and Asia.

Life Undercover is exhilarating, intimate, fiercely intelligent--an impossible to put down record of an extraordinary life, and of her astonishing courage and passion

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MACARONI KID ACT OF KINDNESS WEEK

Books for children to be hidden throughout community

September 28 through October 5, 2019, Macaroni Kid Publishers across the country are hosting events that give back to their communities. Macaroni Kid Arcadia, Monrovia, Temple City & Sierra Madre is participating this year by leaving books at parks, businesses, and events for children to find and enjoy.

Celebrating literacy and paying it forward, books will be 'hidden' throughout the Foothill Communities for children to find. Young readers can enjoy the book as long as they would like, keep it, or rehide it when they are done with it for another child to enjoy. The parents of the book finders are encouraged to share the story of how they found the book on social media and use the hashtags #mkaok #mackidarcadia.

"I am thrilled to use our local Macaroni Kid platform to spread the love of literacy and kindness throughout our communities, while also being part of a larger national movement. It's amazing and encouraging to see hundreds of publishers throughout the country positively impacting their communities during the same week," says Kathy E., Macaroni Kid Publisher for Arcadia, Monrovia, Temple City & Sierra Madre.

Macaroni Kid Act of Kindness Week is an annual nationwide celebration which occurs on the third week in September. Over the past years, Macaroni Kid Publishers raised \$50,000 for local charities, donated more than 35,000 diapers to families in need, encouraged hundreds of kids to sign anti-bullying pledges, cleaned dozens of parks and trails and delivered more than 3,000 handwritten cards to first responders.

For more information, contact Kathy E. with Macaroni Kid Arcadia at kathye@macaronikid.com.

MONEY TIP FOR STUDENTS, OCTOBER 2019

Time to start repaying student loans

If you finished college in May and have federal student loans, it's almost time to start repaying them. These tips from KHEAA may help.

One of the smartest things you can do is pay more than your scheduled amount. If you ask your lender to apply the extra to the principal, you'll pay less interest over the life of your loan.

Several plans are available. The standard repayment plan calls for equal monthly payments over 10 years. The minimum monthly payment is usually \$50. Other options include:

- Graduated repayment, with lower amounts that get higher over the 10-year period.
- Income-driven repayment plans, with monthly amounts based on income and family size. Some plans forgive the balance if you make on-time payments for a certain time.
- Pay As You Earn, if you received no loans before Oct. 1, 2007, and at least one loan after Sept. 30, 2011.

You'll probably pay more interest over the life of the loan if you use any option other than standard repayment. Also, you may have to pay taxes on any amount that is forgiven.

Remember that the federal government can change repayment programs at any time.

KHEAA is a public, non-profit agency established in 1966 to improve students' access to college. It provides information about financial aid and financial literacy at no cost to students and parents. KHEAA also helps colleges manage their student loan default rates and verify information submitted on the Free Application for Federal Student Aid (FAFSA). To learn more about those services, visit www.kheaa.com.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
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Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

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FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
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Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
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(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
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Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
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Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016

(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://pchs.pusd.us>

St. Rita Catholic School
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Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay Lewis
E-mail address: lewis.lindsay@pusd.us

Sierra Madre Middle School
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Lisa Feldman: Head of School

Wilson Middle School
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Pasadena Unified School District
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(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
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Monrovia Unified School District
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(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000
Website: www.duarte.k12.ca.us

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PUBLIC FORUM

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look over site plans and most importantly

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CAT OF THE WEEK

SNOW WHITE TWINS



A beautiful set of all white twins—we call them, “The Buggsies!” Since their all white mother was named June Bug, we continued with the cute buggy names. The gorgeous male is Hopper, all white, while Lady Bug, female, is a Hopper look-alike. Lady Bug is so sweet & delicate, sometimes a little shy but she does like to play. Sweet Hopper is just simply a loving playful boy, who often likes to give you lick kisses. Adopt both & use our “Twofur” offer! Born 5/1/2017. They will come spayed/neutered, current on vaccines, and microchipped. See more pictures of them, their videos, and adoption info at <https://www.lifelineforpets.org/teens--adult-cats.html>, then call 626-676-9505 for a meet & greet.



Pet of the Week

Raven’s not a regular mom, she’s a cool mom! Raven came into the shelter as a nursing mom with five kittens, and now she’s looking for a home of her own. When you visit her, she’ll immediately grab your attention with a dulcet meow. And she has so many things to tell you. She’ll talk your ear off! Sometimes, it’s that she wants you to pet her. Other times, she wants you to pet her with your eyes! But either way, we doubt you’ve seen a cat as gorgeous as her. If you’ve been wanting a house panther, Raven’s ready to be yours. The adoption fee for cats is \$90. All cats are spayed or neutered, microchipped, and vaccinated before being adopted. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet. View photos of adoptable pets at pasadenahumane.org. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday. Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



LOOKING FOR A BEST FRIEND?

BUBBA

Bubba makes a show stopping fashion first impression in his orange tuxedo with white bib and spats. That silky coat is a pleasure to see and softly stroke. He is a young cat who can appear shy at first meeting. But he is a good guy and just needs a little extra care to gain his confidence. While inside his cubby, Bubba acts quirky, slinky and silly but can be lured out with a string, a mouse tail or anything snake like. As he gets to know his guest, he enjoys coming out into the “catio”, melts into petting hands and will snuggle into a lap purring his appreciation being brushed. Treats are another path to his heart. Bubba is looking for a forever home that will appreciate his charm. The adoption fee is \$99, which includes neuter surgery, microchip, first vaccinations and a free wellness check-up at a participating veterinarian.



MY TAKE ON THE SNIFF BREAK

In my on-going pursuit of learning the best techniques for humane dog-handling, I read books and articles, I view tutorials and I try to tune into related programs that might enhance my skills. I go through phases of learning followed by the purposeful application of what I’ve learned and I think this system serves me well. Having worked with a wide variety of dogs over the course of many years, I’ve come to believe that a little goes a long way when it comes to the humans’ attempt to ‘control’ the dog.

Happy Tails

by Chris Leclerc



We two-legged, upright walkers have a tendency to think we know it all, therefore we need to teach our pets how to think and behave the way we want them to. I personally tend to maintain the mind set that I am the one learning from them, more often than the other way around. There are important lessons to be learned on both our parts, but I am very aware of my own need to look, listen and anticipate the interesting and enlightening messages the dog has to offer.

I realize that dogs do benefit from the structure and consistent patterns we set forth for them, and basic behavioral training is an important aspect of helping a puppy mature into adulthood. But I also think it is important to achieve a healthy balance in the relationships we have with our canine companions. First and foremost, we humans must give our pets mutual respect and allow them the freedom of being themselves. There’s a reason why we call them our best friends, and to miss out on what a dog is capable of sharing would be a travesty of opportunity.

One common challenge is the concept of training a dog to walk on leash. Of course, every pet owner wants to be able to walk their dog without the stress of excess pulling or over-excitement, and fortunately there are some basic tips that can help with teaching a dog to walk obediently on-leash. But what about allowing a dog to stop and sniff during a walk? Should that be allowed? Or, does it mean you are being a lazy owner, allowing the dog to take charge? There are various schools of thought on this issue, and for some trainers the bottom-line question is; “Who’s walking who?” I guess my question is; “How important is it to control every moment of the dog’s attention during a walk around the block?”

I vacillated from one side of the fence to the other regarding this specific dog-handling technique for quite some time, but I now know for sure where I stand. My personal take on allowing the dog to stop and have a sniff break during a walk is based on what I’ve learned about the physical characteristics of the canine’s olfactory system, along with what I understand about the dog’s way of thinking. First of all, I accept that a dog does, indeed, think and that his thoughts do matter.

I won’t go into the specific ‘rules of the road’ I have heard told by the many trainers I’ve come across over the years, because it is such a wide variety of opinion to consider, and because I am not a professional trainer myself. I am just a person who spends a lot of time around different dogs on a daily basis, and I’ve come to realize that each one is an individual, just as my human friends are. I don’t assume any particular behavior or response from one human that I might expect to get from another, and the same goes for my four-legged friends. However, there are a few predictable traits I can anticipate from every dog I know, not the least of which is the desire to take a sniff break during a walk.

The dogs’ way of “reading” or “seeing” the world is a major factor in considering whether or not random sniff breaks should be allowed on leash, and you can be sure that any healthy dog will want to pause and enjoy those precious moments. Why? Because their noses work over time, and they are viewing the world through their nostrils much in the way we view the world through our eyes. How would you feel if you were forced to wear a blind-fold every time you went out for a walk? I imagine it would be very frustrating, and I have no doubt that is how a dog feels when he or she is not allowed to use their nose to sniff or “view” the world during an on-leash outing.

Inasmuch as we humans want to believe dogs should think and experience the world the same way we do, that philosophy could not be further from the truth. In her book, Inside of a Dog (Simon & Schuster, 2009), psychologist Alexandra Horowitz shares her wealth of knowledge about why dogs do what they do, and what they are likely thinking when they do it. In one chapter she makes the point that humans place an immense amount of value on inanimate objects, whereas dogs don’t give them a second thought. They don’t assign meaning to, say a chair or a couch unless we’ve been sitting there, leaving our personal scent for them to investigate with their overactive olfactory’s when we walk away. Then, and only then does that sitting spot become of interest to the dog.

The same goes for a tree or flower you may come across during a walk with your dog. I assure you that the dog won’t think, “What a beautiful tree or flower.” He or she will only choose to pay attention to that object if there happened to have been a previous visitor who passed by and sprinkled a urinary “calling card” on that spot for the next passing pet to take a whiff of.

There’s a lot more to know about the benefits for a dog being allowed to take a sniff break, but I hope the few thoughts I shared in this column might inspire others to pay attention and try to understand why their dog behaves the way they do. Understanding their wants and needs can help us give them with a fuller, happier life and after all, isn’t that the whole point of having a pet? To enjoy their company and give them a good life? Get out with your animals often and explore the outdoors together. Try not to obsess on being the boss of your dog, rather work toward achieving a respectful, balanced friendship with them. Love and let live!

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FLU VACCINES FOR SENIORS THAT PROVIDE BETTER PROTECTION

Dear Savvy Senior:

What can you tell me about the flu shots designed for older adults? I got sick last winter after getting a standard flu shot and would like to find out if the senior-specific flu vaccine is worth getting.
Approaching 80

Dear Approaching:

There are actually two different types of flu shots available to people age 65 and older. These FDA-approved vaccines are designed to offer extra protection beyond what a standard flu shot provides, which is important for older adults who have weaker immune defenses and have a great risk of developing dangerous flu complications.

The Center for Disease Control and Prevention (CDC) estimates that during the 2018-2019 flu season, up to 647,000 people were hospitalized and 61,200 died because of the flu – most of whom were seniors.

You also need to be aware that these senior-specific flu shots cannot guarantee that you won't get the flu this season, but they will lower your risk. And if you do happen to get sick, you probably won't get as sick as you would without it. Here's more information on the two vaccines:

Fluzone High-Dose: Approved for U.S. use in 2009, the Fluzone High-Dose is a high-potency vaccine that contains four times the amount of antigen as a regular flu shot does, which creates a stronger immune response for better protection. This vaccine, according to a 2013 clinical trial, was 24 percent more effective than the regular-dose shot at preventing flu in seniors.

FLUAD: Available in the U.S. since 2016, the FLUAD vaccine contains an added ingredient called adjuvant MF59 that also helps create a stronger immune response. In a 2012 Canadian observational study, FLUAD was 63 percent more effective than a regular flu shot. The CDC does not recommend one vaccination over the other, and to date, there have been no studies comparing the two vaccines.

You should also know that both the Fluzone High-Dose and FLUAD can cause more of the mild side effects that can occur with a standard-dose flu shot, like pain or tenderness where you got the shot, muscle aches, headache or fatigue. And neither vaccine is recommended for seniors who are allergic to chicken eggs, or those who have had a severe reaction to a flu vaccine in the past.

If you are allergic to eggs you can ask for a Flucelvax or FluBlok shot. Neither of these vaccines uses chicken eggs in their manufacturing process.

All of these vaccines are covered 100 percent by Medicare Part B as long as your doctor, health clinic or pharmacy agrees not to charge you more than Medicare pays.

Pneumonia Vaccines

Two other important vaccinations the CDC recommends to seniors, especially this time of year, are the pneumococcal vaccines for pneumonia. Around 1 million Americans are hospitalized with pneumonia each year, and about 50,000 people die from it.

The CDC recommends that all seniors, 65 or older, get two vaccinations –Prevnar 13 and Pneumovax 23. Both vaccines, which are administered just once at different times, protect against different strains of the bacteria to provide maximum protection.

If you haven't yet received any pneumococcal vaccine you should get the Prevnar 13 first, followed by Pneumovax 23 at least one year later. But if you've already been vaccinated with Pneumovax 23, wait at least one year before getting the Prevnar 13.

Medicare Part B covers both shots, if they are taken at least one year apart. To locate a vaccination site that offers any of these shots, visit VaccineFinder.org and type in your location.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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SENIOR HAPPENINGS



HAPPY BIRTHDAY! October Birthdays

Janda Ferris, Darlene Traxler, Margit Johnson, Sole Krieg, George Maurer, Dick Anderson, Eva Poet, Mary Jane Baker, Dixie Coutant, Cathleen Cremins, Adie Marshall, Darlene Crook, Susan Gallagher, Maggie Ellis, Gloria Giersbach, Elva Johnson, Ellen O'Leary, Jenny Piangenti, Gail Ann Skiles, Anita Thompson, Linda Boehm and Angela Stella.

* To add your name to this distinguished list, please call the paper at 626.355.2737.
YEAR of birth not required

HART PARK HOUSE MONTHLY PROGRAMS:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre
Hawaiian & Polynesian Dance Class: Every Tuesday Morning from 10:00 a.m. - 11:00 a.m. Join the class with Instructor Barbara Dempsey as she leads you in the art of Hula!



Bingo Time: Every Tuesday beginning at 1:00 p.m. Cards are only \$0.25 each! Everyone is welcome to play! Activity may be canceled if there are less than five people.

Free Blood Pressure Testing: 2nd Tuesdays Monthly from 11:00 a.m. - 12:00 p.m. No appointment is necessary.

Brain Games: Every third Thursday of the month at 12:45-1:45pm Join us for Scattergories, a creative thinking game by naming objects within a set of categories; or Jenga, a block-building challenge that keeps you stacking and balancing your tower. Everyone is welcome, and no experience is needed. A great way to strengthen your mind and make new friends... Games are facilitated by Senior Volunteers. **Will Resume in September 2019**

Free Legal Consultation: Wednesday, August 14th from 10:30 a.m. - Noon. Attorney Lem Makupson is available for legal consultation. Specializing in Family Law, Wills, Trusts, Estates and Injury. Please call the Hart Park House for an appointment, 626-355-5278 ext. 704.

Senior Club: Meets Saturdays, Weekly at Hart Park House Brown Bag Lunch, great company and bingo at 11:30 a.m.

Chair Yoga: Mondays & Wednesdays 11:00 - 11:45 a.m. with Paul Hagen. Classes include Yoga and balance exercises. All ability levels are encouraged and welcomed!

Birthday Celebration: Every 2nd Thursday Monthly at the Hart Park House. Share free birthday cake and ice cream kindly provided by the Senior Community Commission!

Game Day: Every Thursday Monthly 12:00 Noon come into the Hart Park House and join a lively poker game with friends!

Free Strength Training Class: Fridays 12:45 p.m. - 1:30 p.m. with Lisa Brandley, light weights, low impact resistance training and body conditioning. Class equipment provided.

Gentle Yoga for Active Seniors: Every Monday & Wednesday from 8:15 - 9:45 a.m. with Andrea Walsh at the Hart Park House. Classes include complete floor relaxation, standing and floor postures, balancing, and featuring extended meditations on the fourth Wednesdays of the month! Call (626)-355-5278 for more information.



OCTOBER EXCURSION

THE NETHERCUTT COLLECTION (SYLMAR)

October 17, 2019 \$15.00 8:30 a.m. - 4:30 p.m.

Level of Walking: High Money for lunch and souvenirs is optional.
Lunch will be at Pit BBQ. Wear comfortable shoes and bring water

The Nethercutt Collection features rare collectibles ranging from mechanical musical instruments and antique furniture to the true heart of the collection: over 250 American and European automobiles from 1898 to 1997.

Founder J.B. Nethercutt spent a lifetime establishing this collection of historic importance. Unique to automobile museums, each car on display is attentively serviced and maintained to remain as drivable as when the vehicle originally rolled off the showroom floor. On view are various Pebble Beach Concours d' Elegance winners and cars once owned by movie stars, royalty and other personalities. Following a tour of the Collection enjoy an opportunity for a self-guided tour of the museum and steam locomotive.

****Register Now** (626) 355-5278**
Final Registration Date Tuesday, October 15, 2019

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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

A MINISTER AND A DAY OFF HIS ROCKER

I was tootling along one day last week, quite focused on getting my business for the day done. In fact, I was feeling good about the progress I was making with my "to-do list."

Nothing is more satisfying to me than the sense of being in control of my schedule. I love checking off items on my "to-do list."

As the scheme of things usually develops with me, this euphoric situation was not long-lived. It was left to the Gracious Mistress of the Parsonage to bring a sense of reality into my life.

"Haven't you forgotten something?" She asked me.

This question drove me back to my daily planner. Frantically, I searched my schedule to see what appointment I had missed or what project I had overlooked this time. With all due respect to her, I could not find anywhere in my schedule, or on my calendar, where I had missed anything.

"No," I cautiously said to her. "I seem to have covered everything." With that, I flashed a confident smile in her direction.

She caught that smile and returned a menacing glance in my immediate direction. I caught her drift, which clearly undermined my previous confidence in my schedule.

"Don't you recall," my wife almost sneered, "your New Year's resolution?"

This sent me into a mild panic. New Year's resolutions, as everybody except my wife knows, are not to be taken seriously. People make such resolutions only because it's the thing to do at the time. What a person says on New Year's Eve should have no bearing whatsoever with the coming New Year.

Looking at her with all the seriousness I could muster at the time I said, "I really don't know what you mean."

At the time, I thought she mistook my seriousness for what she likes to call "my flippancy."

"I think you know exactly what I mean," she demanded.

Seeing the blank expression on my face, or more blank than usual, she began to realize I had no idea what she was talking about. Placing both hands on her hips, which is a warning sign to me of something ominous to follow, she stated her case.

"One of your New Year's resolutions was to take a day off each week. When was the last time you took a day off?" She demanded.

Then it all started coming back to me. I did remember such a resolution. But if I recall it accurately, someone, I'll mention no names, backed me into a corner forcing me into such a resolution.

At the time, the resolution was not the result of any

serious contemplation on my part. I thought I was just placating her at the time. I never imagined months later she would be calling me on the carpet for it.

"Well," I stammered, "there was that week in February when I took several days off." Then my smile returned to me along with a little bit of confidence.

"You don't mean those days you were sick in bed with a cold, do you? Tell me you're not including those in the category of days off?"

My smile along with my confidence deserted me.

No matter what anybody says, I do sometimes think of taking a day off. And people should get credit for some of their intentions.

If, for example, I can't actually take a day off, it should be enough to think about doing it. The only problem with this pitch is, my wife doesn't buy it. Believe me, if she was buying, I would give a good discount to her.

"Okay," I conceded. "I'll take a day off next week." I thought that would settle it and with any good luck by next week she will have forgotten this conversation.

This just points out one of the major differences between husbands and wives. When it comes to conversations, wives have total recall of every conversation they have ever had.

Of course, I don't know if my wife has total recall on our conversations. There have been times when I thought she was making up what I said 13 years ago. I just had no way to prove it.

"Why not take a day off this week?" she queried.

"Let me think about it," I tried stalling her, "and I'll get back with you on the day."

"How about tomorrow? It's a day," she replied.

Well, she had me there. Tomorrow was a day this week. My problem is I don't like to make snap judgments on things affecting my schedule.

Looking back on the conversation, I can see my mistake. I hesitated. In my many years as a husband, I have noted whenever I hesitated, my wife assumed it was a sign of agreeing with her proposal.

"It's settled then," she said. "Tomorrow you will be taking the day off."

This was an invitation I could not refuse. I love it when a plan comes together and I felt compelled to go along with the plan.

The Bible offers a wonderful invitation. "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30.)

My advice is to take God up on his marvelous offer, today, not tomorrow..

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN CHANGE IS NEVER EASY



The right side of the front page of the L.A. Times of October 1, 2019 is completely taken up by two stories relating to whether the State will allow college athletes to profit from endorsements. Senate Bill 206 signed by Governor Newsom prohibits the NCAA from barring a university from competition if its athletes are compensated for the use of their name, image, or likeness beginning January 1, 2023. The University of California System, California State University Schools, Stanford, and USC all opposed the bill saying that it would lead to fines or even expulsions from the NCAA. Governor Newsom refused to yield to this opposition

and publicly stated that the state needed to address the racial, gender and economic injustices ingrained in college athletics. He stated that the NCAA system has been perverted and this bill is fundamentally about rebalancing things.

A federal Court opinion was issued today in the Students for Fair Admission v. Harvard. The name of the plaintiff is misleading. It is a conservative organization that has filed other actions in an attempt to end affirmative action admission programs. The plaintiff's argument in this matter was that racial identity was considered as one of the grounds for admission which resulted in discriminatory exclusion of Asian American Students who had higher test scores and grade point averages. The Court refused to accept this argument. The court emphasized that discriminatory conditions relating to educational opportunities still were prevalent within the society and that in order to obtain the desirable diversity within each class it was necessary to consider racial identity. The Court also emphasized that diverse student bodies were a good thing. This case will be appealed perhaps all the way to the Supreme Court. If the lower court opinion is reversed and affirmative action admission programs are eliminated it would be very unfortunate.

The existence of historic discriminatory policies is directly involved with the need for the elimination of the restriction against the acceptance of financial benefit that is particularly unfair to low-income student athletes. Today's headlines describe the outrageous illegal bribes paid by wealthy individuals in order to obtain acceptance for their less than gifted children. Meanwhile African American and Hispanic students who have been accepted because of their recognized athletic accomplishments are completely uncompensated for the daily hours spent training and traveling. The universities are compensated with television rights and stadiums filled by tens of thousands of fans who cheer for these unpaid athletes

Why do the Universities and the NCAA strongly oppose the California Bill? Today I purchased the Revolt of The Black Athlete by Harry Edwards who is the San Jose State Professor who was often criticized for being involved in the 1968 protest by the gold and bronze medalists in the 1968 Mexico City Olympics. These African American sprinters dared to wear a black glove and raise their hands in protest from the victory stand. For this act they were banned from future Olympics and faced continued criticism. Harry Edwards explains that the historical conditions affecting college sports should not allow it to be called amateurism but rather should be termed "a modern day misnomer for economic tyranny. He uses the term "plantation analogy", a term that has been used for fifty years as an apt description of the circumstances of Black Athletes in College Sports. He explains that in exchange for the right to perform for free Black Athletes have had to agree to keep their mouths shut, never respond to insults, and just play ball. These were the same conditions to which Jackie Robinson agreed in order to be used to break the color line in 1947.

In conclusion, the universities and the NCAA more than resemble the plantation owners of the pre-Civil War period. The status quo provides them great financial remuneration based upon the unpaid labor of others. Hopefully, the universities and the NCAA are not willing to create a Civil War in order to avoid change which they fear might cause a loss of revenue. Right now change is coming slowly. Inadequate schools often improperly prepare students for college and once in College they, like other students, need all the help they can get. Young people like LeBron James, at the time he graduated High School, should not be forced to forego College in order to go directly into the NBA and earn enough money to assist his family. Now he earns enough money as a businessman and athlete such that money grants him power to have his voice be heard such that he can help bring about positive change. Hopefully we are on the way to creating true diversity and equality.

TOM PURCELL 'FALL BACK' TO PUTTING LIFE'S SMALL JOYS AHEAD OF POLITICS



Autumn has arrived. I can't think of a better time to put priorities back in order.

You see, a new University of Nebraska-Lincoln study finds that "the current U.S. political climate is literally making Americans physically sick, damaging friendships, and driving many people 'crazy,' according to studyfinds.org.

Among the findings: About two in five Americans are stressed out by politics, and one in five are losing sleep

over it.

Look, politics is important. An informed, engaged public is essential to our country's continued success at the local, state and federal levels.

But aren't we taking our politics - and ourselves - a bit too seriously?

To be sure, in the era of social media - and a president who tweets 24/7 - politics is in our faces more than ever. We carry politics around on our smartphones.

But that doesn't mean we shouldn't make a concerted effort to keep politics in proper perspective.

Consider: We each have little control over who becomes president - just one vote. But we have total control over how we respond to who becomes president.

A president's policies do affect our day-to-day lives - health insurance policies, taxes and regulations do impact us some. But the truth is that our politicians otherwise have minimal daily impact on our lives.

Life is largely made up of colds, bills, speeding tickets and people who sometimes grate on our nerves.

Between those experiences are mundane tasks and drudgeries.

Interrupting those drudgeries are delicious meals with friends, the occasional hearty laugh, the love of a truly special person who's supportive in times of need - and autumn, one of the most wonderful times of the year.

Spring is about new life and fresh starts. Summer is about toil, sweat and a one-week break at the beach. Autumn is about harvesting your labor's hard-earned fruits.

It's about peacefully accepting that warm weather will be gone soon - and that bitter-cold winds and snow will be back soon.

Among my favorite things to do at this time of year are driving to fall festivals in small country towns, going on hayrides after dark, and drinking hot apple cider - with a dash of Irish whiskey - around a roaring bonfire with my closest friends, while we tell each other ghost stories and tales of haunted houses, ghouls and goblins with Halloween approaching.

Autumn allows us to reflect on what is most valuable in our lives - our loved ones, our extended family. It's about spending time with each other and talking about everything and nothing at all.

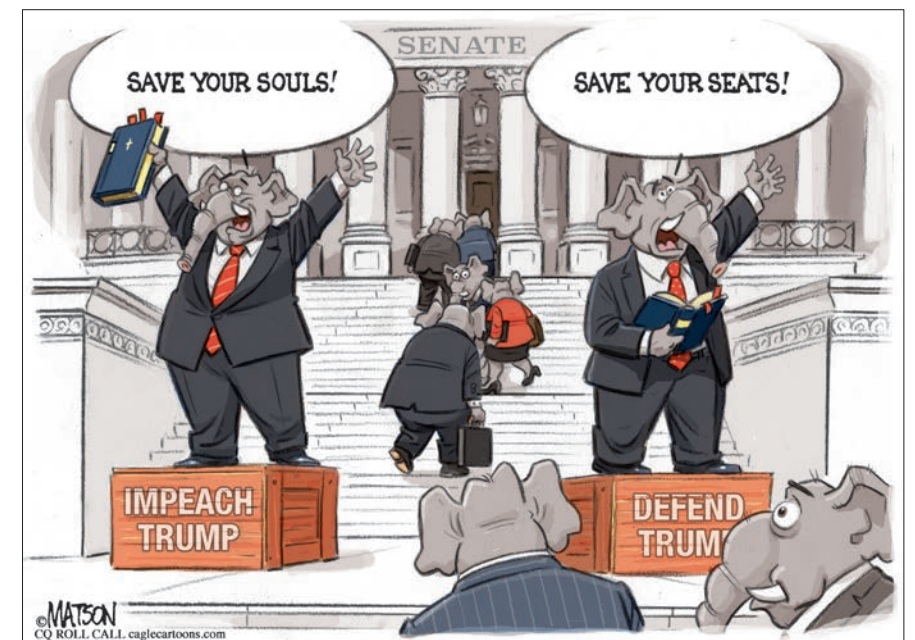
It's about taking a much-needed respite from politics - about making chili in a cast-iron dutch oven that sits for hours on fireside coals, then feasting on that chili with your parents and siblings while thanking God that all are still healthy and together after no small number of years.

We're tearing ourselves apart with our politics. Autumn offers a chance to renew friendships and reprioritize our lives.

As the leaves turn bright colors and drop from the trees, drop politics down on your list of priorities - way down to its proper place.

Autumn is too important and too enjoyable to let politics intrude.

Light a bonfire, heat up some apple cider and focus on the most important things in our lives - while taking a much-needed break from our overly heated politics.



JOHN L. MICEK

THE ONLY SHOCK ABOUT TRUMP'S ACTIONS IS THAT WE'RE SHOCKED



The explosive release of a federal whistleblower complaint alleging that President Donald Trump abused the power of his office, and that "unidentified White House officials" then attempted to cover it up, is sending shockwaves throughout Washington.

And while the underlying details of the complaint were eye-opening and alarming, its fundamental premise was not.

Given the choice between protecting and promoting his own interests, or the interests of the nation he was elected to govern and whose Constitution he swore to uphold, Trump's interests win every time.

From crassly pitching his ailing Doral resort in Miami as the site of the next G7 meeting to revelations that the Air Force essentially propped up a Trump property in Scotland to a lawsuit alleging that Trump is illegally profiting from his hotels and restaurants in Washington, D.C. and New York, the priorities of America's reality star-in-chief have been on public display for months.

But there is something so singularly offensive about Trump's utterly transparent request for dirt on former Vice President Joe Biden from Ukrainian President Volodymyr Zelensky. It makes every previous assault on our Democratic norms by the narcissistic 45th chief executive look like an amateur hour performance in comparison.

"In the course of my official duties, I have received information from multiple U.S. government officials that the President of the United States is using the power of his office to solicit interference from a foreign country in the 2020 U.S. election," the whistleblower wrote in a 7-page memo.

Finally, in plain English: Trump's avarice laid bare.

Trump, predictably, has pushed back, dismissing the Congressional impeachment inquiry as the latest iteration of the ongoing "witch hunt." He can bluster and deflect as much as he wants, but the undeniable proof of his self-dealing is vivid in the rough transcript the White House released on Wednesday. It's an extraordinary exercise in mob-style shakedowns, prefaced by only the slenderest of pleasantries.

By early Friday morning, a majority of the House's membership - at least 225 of the 435 sitting lawmakers - supported some kind of impeachment action.

The bulk of those votes were overwhelmingly Democratic, though, as NBC News reports, they are not unified in voting to impeach Trump. Some Democrats, as well as Rep. Justin Amash, I-Mich., have asked for an inquiry, while others support an investigation initiated by the House Judiciary Committee.

Some Democrats, mainly from vulnerable districts, have yet to announce their intentions.

While much work remains for Democrats who serve on the six congressional committees charged with conducting the inquiry, it's more than safe to say that impeachment will become the definitional debate of the 2020 campaign.

Trump will use it to rail against Democrats in his hockey stadium rallies, as he carpet bombs his ever-loyal base with conspiracy theory after conspiracy theory. Democrats will use it as a cudgel in their ongoing argument that Trump lacks the fitness to lead. Everyone who believes something will continue to believe it, and the needle among loyalists won't move.

Where this gets worrying for Trump, beyond the prospect of carrying the mark of impeachment with him into history (assuming he and it get that far), is his standing among the independent voters who were so critical to his election in 2016.

The Mueller affair, while damning, was difficult to quantify. Here we have, in the president's own words, an attempted shakedown of a foreign leader to secure his own re-election. And he's selling out the country to do it. Every voter who's seen an episode of "The Sopranos" can recognize that.

It's a nice presidency you got there. It'd be a shame if anything happened to it.

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Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: PANCHOS MAINTENANCE 7847 CRANER AVE, SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) FRANCISCO ESPINOZA FAVELA 7847 CRANER AVE, SUN VALLEY, CA. 91352. This Business is conducted by: INDIVIDUAL. Signed: FRANCISCO ESPINOZA FAVELA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/06/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: D&J EXPRESS SERVICES 3040 TOURMALINE LANE, PALMDALE, CA. 93350. Full name of registrant(s) is (are) DANIEL BONILLA 3040 TOURMALINE LANE, PALMDALE, CA. 93350. Signed: DANIEL BONILLA, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 09/06/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: GC AUTO CENTER 11234 TUXFORD ST UNIT G, SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) HENRIK KHUDANYAN 11234 TUXFORD ST UNIT G, SUN VALLEY, CA. 91352. This Business is conducted by: INDIVIDUAL. Signed: HENRIK KHUDANYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/09/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: RAPID AUTO REGISTRATION 21024 SHERMAN WAY UNIT C, CANOGA PARK, CA. 91303. Full name of registrant(s) is (are) KATIA BACON 8927 DE SOTO, CANOGA PARK, CA. 91304. This Business is conducted by: INDIVIDUAL. Signed: KATIA BACON, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/08/2008. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: BANDGEEKCHIC.COM 18133 TOPHAM ST, TARZANA, CA. 91355. Full name of registrant(s) is (are) ROBERT GUZMAN 18133 TOPHAM ST, TARZANA, CA. 91355. This Business is conducted by: INDIVIDUAL. Signed: ROBERT GUZMAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/05/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: CALIFORNIA EYEWEAR 11051 BALBOA BLVD., GRANADA HILLS, CA. 91344. Full name of registrant(s) is (are) HUONG THIXUAN HA 11051 BALBOA BLVD., GRANADA HILLS, CA. 91344. This Business is conducted by: INDIVIDUAL. Signed: HUONG THIXUAN HA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: 1 ON 1 IN HOME CAREGIVER 15722 VANOWEN STREET UNIT 105, VAN NUYS, CA. 91406. Full name of registrant(s) is (are) ALBERTO R. DE LA CRUZ JR. 15722 VANOWEN STREET UNIT 105, VAN NUYS, CA. 91406. This Business is conducted by: INDIVIDUAL. Signed: ALBERTO R. DE LA CRUZ JR., OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019.

The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: LUXURY VIDEO TOUR 5652 HAZELTINE AV. VAN NUYS, CA. 91401. Full name of registrant(s) is (are) LUAN MUSIC LLC 5652 HAZELTINE AV. VAN NUYS, CA. 91401. This Business is conducted by: AN LLC. Signed: LUAN MUSIC LLC, LUAN PERNA, CEO. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: ANGIES TAQUIZA 8809 CRANFORD AVE., SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) ANTONIO GAMEZ 8809 CRANFORD AVE., SUN VALLEY, CA. 91352. This Business is conducted by: INDIVIDUAL. Signed: ANTONIO GAMEZ, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: ACME ELECTRIC 851 S. KENMORE AVENUE APT. 11, LOS ANGELES, CA. 90005. Full name of registrant(s) is (are) ANTONIO CRUZ ESCAMILLA 851 S. KENMORE AVENUE APT. 11, LOS ANGELES, CA. 90005. This Business is conducted by: INDIVIDUAL. Signed: ANTONIO CRUZ ESCAMILLA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: SNATCHED AND SICKING 1121 W 3RD ST. 631, LOS ANGELES, CA. 90017. Full name of registrant(s) is (are) NICHOLAS ANTONIO TURNER 1121 W 3RD ST. 631, LOS ANGELES, CA. 90017. This Business is conducted by: INDIVIDUAL. Signed: NICHOLAS ANTONIO TURNER, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: S AND L FURNITURE 2019 LUCAS STREET, SAN FERNANDO, CA. 91340. Full name of registrant(s) is (are) STEVEN LOPEZ 2019 LUCAS STREET, SAN FERNANDO, CA. 91340. This Business is conducted by: INDIVIDUAL. Signed: STEVEN LOPEZ, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: R&P PRO SERVICES 11426 1/2 EMEILTA ST., NORTH HOLLYWOOD, CA. 91601. Full name of registrant(s) is (are) RICARDO BATANACOURT 11426 1/2 EMEILTA ST., NORTH HOLLYWOOD, CA. 91601. This Business is conducted by: INDIVIDUAL. Signed: RICARDO BATANACOURT, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/11/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: BLOOM N LOVE FLOWERS & BRIDAL 2851 MONTROSE AVE. APT. B16, GLENDALE, CA. 91214. Full name of registrant(s) is (are) ARPINE MANUKYAN 2851 MONTROSE AVE. APT. B16, GLENDALE, CA. 91214. This Business is conducted by: GENERAL PARTNERSHIP. Signed: ARPINE MANUKYAN, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 09/12/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: THE JUNK TRUCK 10151 BROOKE AVE, CHATSWORTH, CA. 91311. Full name of registrant(s) is (are) LISA SCHWARK ARAGO 10151 BROOKE AVE, CHATSWORTH, CA. 91311. This Business is conducted by: INDIVIDUAL. Signed: LISA SCHWARK ARAGO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/12/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: DE SANTIAGO LANDSCAPING 11137 CANTARA ST SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) JESUS ARMANDO DE SANTIAGO GARCIA 11137 CANTARA ST SUN VALLEY, CA. 91352. This Business is conducted by: INDIVIDUAL. Signed: JESUS ARMANDO DE SANTIAGO GARCIA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/12/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: LUSH COUTURE 101 SHELLI SCHULLER 7919 SAUSALITO AVE., CANOGA PARK, CA. 91304. Full name of registrant(s) is (are) SHELLI SCHULLER SAINT HAUTE 7919 SAUSALITO AVE., CANOGA PARK, CA. 91304. This Business is conducted by: INDIVIDUAL. Signed: SHELLI SCHULLER, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/12/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: EL AUTO 11024 BALBOA BLVD #271, LOS ANGELES, CA. 91344. Full name of registrant(s) is (are) AVIKS BUILDING CONSTRUCTION & DESIGN, INC. 11024 BALBOA BLVD #271, LOS ANGELES, CA. 91344. This Business is conducted by: A CORPORATION. Signed: AVIKS BUILDING CONSTRUCTION & DESIGN, INC., AVIK SHAHNAZARI, CEO. This statement was filed with the County Clerk of Los Angeles County on 09/12/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/2019. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ED Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: MAGIC CITY 400 S. BALDWIN AVE., STE. 7301, ARCADIA, CA. 91007. Full name of registrant(s) is (are) NUNU & MI LLC 400 S. BALDWIN AVE., STE. 7301, ARCADIA, CA. 91007. This Business is conducted by: LLC. Signed: NUNU & MI LLC, FAN ZHANG, CEO. This statement was filed with the County Clerk of Los Angeles County on 09/09/2019. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: MBP Mountain Views News Sept 14, 21, 28, and Oct. 5, 2019

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