

SIERRA MADRE

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THE CHIEF'S CORNER May, 2020

PLEASE SLOW DOWN!



SMPD Chief Rodrick Armalin

Hello wonderful citizens of this great city! The vast majority of Californians statewide have shown that during the pandemic they are willing to do the right thing to protect one another. And that is a good thing. Likewise, we must maintain that same sense of urgency when it comes to driving.

Because of the Pandemic, vehicle traffic averages on highways has decreased to numbers not seen in decades. Sadly, some drivers have mistaken this light traffic to mean German Autobahn rules for driving are acceptable. Our partners at CHP recently reported an 87% increase in speeding tickets for violators traveling 100 miles an hour or more.

You can imagine the danger that traveling at that rate of speed can create. Take a look at the damage done in this near fatality a few years ago right here in Sierra Madre.



The faster you drive the more chances there are of something bad happening. High speeds increase a vehicle's breaking distances, and significantly decrease a driver's time to react to danger or objects in the roadway. While Covid-19 is clearly our national priority, our traffic safety laws cannot be ignored. If you must drive please buckle up, follow posted speed laws and lookout for bicyclists and pedestrians, whose numbers have increased substantially during the pandemic.

Until next time, keeping our community safe through partnerships and dedication.

Editors Note: National Police Officers Week is May 10-16, 2020. It's not too late to thank a police officer for the great job they're doing.

SUPPORT OUR LOCAL BUSINESSES MARY'S MARKET RE-OPEN AND STAY OPEN FUND



Mary's Market has been closed due to the COVID 19 Crisis since March 20th .We were unable to remain open as our most essential contribution to the community(in addition to yummy breakfast & lunch) is Providing a gathering place for neighbors .We could not be open safely or financially speaking for Take-out alone . Please donate to the:

Mary's Market Re-Open and Stay Open Fund <https://www.gofundme.com/f/mary039s-market-reopen-amp-stay-open-fund>

Thank you so very Much!
Jenny & Heather

Mary's Market & Canyon Cafe 561 Woodland Dr, Sierra Madre, CA 91024 .



Join Our VIRTUAL MEETING

The public is invited to participate in our Zoom meeting
Tuesday, May 19 at 7:00am



Meet **Dr. Linda Lam MD, MBA**
Comprehensive Ophthalmology, Retina & Vitreous Diseases
Keck USC Eye Institute Arcadia

Dr. Lam serves as the Medical Director of USC Roski Eye Institute Arcadia and is on the Board of Directors at the Braille Institute of America and the American Academy of Ophthalmology Committee on Vision Rehabilitation. She is excited to speak to us about how new technology will change patients' lives forever by not only restoring eyesight but allow for remote monitoring of the patient's condition at home.

To join in send an email requesting our ZOOM meeting link to joanriback@gmail.com

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The **Emergency Rental Assistance Program** can provide **UP TO \$1,000** towards monthly rent for up to 3 months.

Eligible Households Must:

- Not exceed the following household size and annual income, prior to COVID-19:

# of People	1	2	3	4	5	6	7	8
Income	\$63,100	\$72,100	\$81,100	\$90,100	\$97,350	\$104,550	\$111,750	\$118,950

- Reside in unincorporated areas of Los Angeles County's 5th District
- Be financially impacted due to the COVID-19 pandemic
- Not receive any form of rental assistance or subsidy
- Have a current residential lease agreement

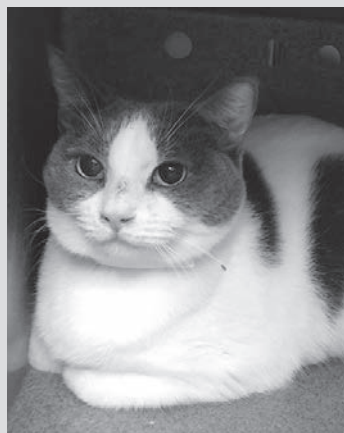
Applications are due by **May 20, 2020.**
Call 2-1-1 or visit 211LA.org to learn more.



This program is made possible using Community Development Block Grant funds provided by the County of Los Angeles Board of Supervisors in cooperation with the Los Angeles County Development Authority, as appropriated by the U.S. Department of Housing and Urban Development.

Pet of the Week

Four-year-old Rose is a demure cat who needs patience to come out of her shell, but earning her trust and affection will be well worth the wait! She loves to explore once she's comfortable, and if you want to be her friend, she can be swayed by some yummy treats (raise your hand if this describes you too). Rose doesn't ask for much, just a little time to get used to you. With stability and love, this beautiful cat will thrive!



Currently, all adoption fees are waived, made possible by the Spence Family and Capital Group. All cat adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets at pasadenahumane.org and fill out an online adoption application. Adoptions are by appointment only.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



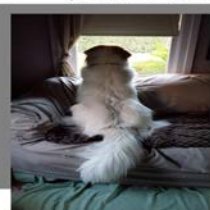
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PREVENTING THE SPREAD OF RESPIRATORY ILLNESS IN THE HOME

WASH YOUR HANDS THOROUGHLY AND OFTEN



- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Wash hands after emptying waste baskets, touching tissues and similar waste.

READ THE LABELS ON CLEANING PRODUCTS



- Follow the instructions on the product labels, including wearing gloves and having good ventilation.
- Use household cleaners and Environmental Protection Agency (EPA)-registered disinfectants that are appropriate for the surface.
- To find out if the product works against viruses, read the product label, call the 1-800 number on the label or visit <http://www.americanchemistry.com/Novel-Coronavirus-Fighting-Products-List.pdf>
- A bleach solution can also be used as a disinfectant - mix 1 tablespoon of bleach to 1 quart (4 cups) of water, or for a larger supply, add ¼ cup of bleach to 1 gallon (16 cups) of water.

CLEAN AND DISINFECT FREQUENTLY TOUCHED OBJECTS AND SURFACES OFTEN



Hard (Non-Porous) Surfaces

E.g. high-touch surfaces like counters, tabletops, doorknobs, railings, bathroom fixtures, light switches, toilets, phones, keyboards, remote controls, tablets, and bedside tables.

- Clean surfaces and items to remove visible dirt and disinfect them to kill germs. When using disinfectants, make sure the surface stays wet for at least 10 minutes and then rinse with water, especially in an area that comes into contact with food. Allow to air dry.
- Read directions carefully when using disinfecting wipes on electronics to make sure they can withstand the use of multiple wipes that are needed to keep the surface wet long enough to meet the required contact time.

Soft (Porous) Surfaces

E.g. towels, linen, clothing, and stuffed animals.

- Launder with hot water, using a household laundry detergent and dry on a high heat setting

FOR MORE INFORMATION

CDC guidance on cleaning and disinfection in households with suspected or confirmed coronavirus disease 2019: <https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html#disinfect>

Public Health's guidance on the correct way to wash your hands: <http://publichealth.lacounty.gov/media/Coronavirus/> (click on the handwashing menu)

Los Angeles County Department of Public Health
<http://publichealth.lacounty.gov/media/Coronavirus/>
Revised 3/3/20



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SIERRA MADRE CIVIC CLUB EDUCATIONAL AWARDS

The Sierra Madre Civic Club invited graduating seniors to apply for Educational Awards again this year. The applicants required to live, work, or attend school in Sierra Madre. Criteria selection includes documentation of volunteer work, essay, and supporting letters. The Education Awards Committee received applications this year, from 5 high schools: Alverno Heights Academy, Flintridge Sacred Heart Academy, Pasadena High School, St. Francis High School, Harvard Westlake School. All applications were impressive and worthy of accolades. The Sierra Madre Civic Club is pleased to introduce you to the five Award recipients. The SMCC Board voted present the top 5 students an educational award. The students are Lily Cimino, Katherine Fong, Malia Teran, Nicholas Tierney and Ava Walters.



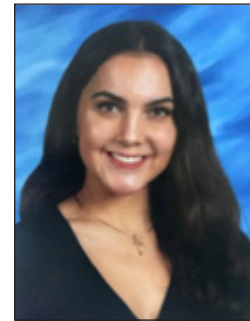
Lily Cimino from Pasadena High School has played soccer for 13 years, both on a club team and at Pasadena High School. At PHS she was named MVP for two years and was Captain of the Varsity Team. She has enjoyed volunteering in the Pasadena Educational Foundation Summer Enrichment Program as a teacher's assistant and was a lifeguard at Raging Waters Waterpark. In the fall Lily will attend San Diego State University where she will major in Kinesiology and Exercise Science. Following college, she plans to become an athletic trainer to help athletes recover and train.

Katherine Fong from Alverno Heights Academy has a deep interest in community engagement and local politics and has volunteered for the election campaigns of an Assembly Member and a Member of Congress. She was selected as a member of an elite group of high school students Pulsar Search Collaboratory at Caltech. Katherine and her partner at Caltech disproved a leading theory for the origin of lithium-rich red giants which will be published in the Astrophysical Journal in 2020. In addition to studying pulsars, she is also interested in research relating to black holes, dark energy and dark matter. Katherine plans to major in Physics (theoretical) and Math (pure) as a steppingstone to her ultimate goal of a Ph.D. in Theoretical Astrophysics.



Malia Teran from Pasadena High School has volunteered extensively in several areas, including local and state government and feeding the homeless. Malia has been enrolled in the Law and Public Service Pathway program at PHS for the past 4 years. She enjoys playing volleyball and was the Team Captain and recipient of the PHS Bulldog Award this year, as well as a Sierra Madre Rose Princess. Her career goal is to become an attorney, then a superior court judge because she believes that a fair justice system is key to a better country and a better world. She will attend California State University at Long Beach in the fall.

Nicholas Tierney from Harvard Westlake School has worked with the Sierra Madre Community Foundation for 6 years with the 3rd and 4th of July community festivities, setting up Kersting Court for the winter holidays and helping at the candlelight walk. As a Cub and Boy Scout, he has also volunteered with many charitable activities throughout the San Gabriel Valley. Nicholas stated that his love of volunteering is a pillar of his family, and his grandfather has been his role model who has shown him that "...there is a world to care about that is bigger than ourselves." His interest in water polo has taken him all over the world as a player, and for the past two Decembers he volunteered at the Olympic Training Center for USA Water Polo in Colorado Springs to coach 8th grade teams. He is enrolled in a 5-year MBA Sports Administration program at Pepperdine University.



Ava Walters from Pasadena High School has volunteered at the Sierra Madre Public Library for the past 4 summers and has worked with the Sierra Madre Historical Society for several years as a helper and docent at the Wistaria vine and Lizzy's Trail Inn. As a finalist for Sierra Madre Rose princess, Ava feels she has grown in confidence and public speaking skills as a result of the process. She enjoys volleyball, and both Junior Varsity and Varsity Captains. A participant in the Pasadena Unified School District's Mandarin Immersion Program since 2014, Ava plans to pursue studies in business, economy and language. She will be attending San Diego State University in the fall.

Due to COVID-19 restrictions the Sierra Madre Civic Club was unable to present the awards and checks to the students in person this year, but the students have been invited to the Sierra Madre Civic Club December meeting for a special reception.

SCHOOL DIRECTORY

- Alverno Heights Academy**
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org
- Arcadia High School**
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net
- Arroyo Pacific Academy**
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org
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Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org
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Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcslions.org
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PASADENA UNIFIED HIGH SCHOOL VIRTUAL GRADUATION

Dear Pasadena High School Class of 2020 Parents/Guardians,

We understand you would like to know as much as possible about how COVID-19 is affecting high school graduations. Our high school seniors are living a year that none of us ever imagined for them. You and your families have been very much in our thoughts and our hearts these past weeks. We know that you and your students are feeling the loss of special times with friends, classmates, and teachers. We feel that loss with you. We held out hope that we could hold traditional in-person graduation ceremonies as scheduled at the end of May. But based on the senior survey results and taking into account public health concerns, we have instead planned virtual live-streamed graduation ceremonies in June. We are fully committed to celebrating seniors with this online ceremony and will plan an in-person event when the Governor and public health authorities determine it is safe to do so. For our virtual graduation, PUSD has contracted with School Shine to create an event that will be live-streamed June 24-26. High schools will arrange for the distribution of caps and gowns, photos, and other arrangements for graduations. We will send you details with dates and times. We grieve with you that your child's senior year is ending this way. Please know that we would love nothing more than to see them and you in person again soon. Until then, we are wrapping our arms and hearts around you. The world will return to normal soon and we know that with their courage and indomitable spirit, our seniors will be ready to meet and embrace it and all its beautiful possibilities.

2020 SCHOLARSHIP

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship to a qualified college-bound student who meets the following qualifications:



1. Applicants must currently be a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.
2. Applicants must have been active in one or more Sierra Madre Rose Float Association activities such as fundraising, design, construction, decorating or as a past or present float rider.

The Application and Reference forms can be downloaded here:

2020 Scholarship Application

2020 Service Request Form

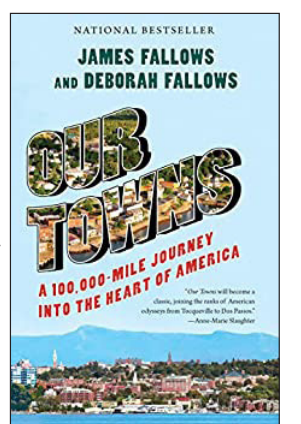
All forms must be postmarked or sent by e-mail to scholarship@sierramadroserosefloat.org NO LATER than May 20, 2020.

You may also e-mail any questions to scholarship@sierramadroserosefloat.org.

Jeff's Book Pics By Jeff Brown

Our Towns: A 100,000-Mile Journey into the Heart of America by James Fallows, Deborah Fallows

A vivid, surprising portrait of the civic and economic reinvention taking place in America, town by town and generally out of view of the national media. A realistically positive and provocative view of the country between its coasts. For the last five years, James and Deborah Fallows have been traveling across America in a single-engine prop airplane. Visiting dozens of towns, they have met hundreds of civic leaders, workers, immigrants, educators, environmentalists, artists, public servants, librarians, business people, city planners, students, and entrepreneurs to take the pulse and understand the prospects of places that usually draw notice only after a disaster or during a political campaign. The America they saw is acutely conscious of its problems—from economic dislocation to the opioid scourge—but it is also crafting solutions, with a practical-minded determination at dramatic odds with the bitter paralysis of national politics. At times of dysfunction on a national level, reform possibilities have often arisen from the local level. The Fallowses describe America in the middle of one of these creative waves. Their view of the country is as complex and contradictory as America itself, but it also reflects the energy, the generosity and compassion, the dreams, and the determination of many who are in the midst of making things better. Our Towns is the story of their journey—and an account of a country busy remaking itself. PIC 517Z19GFYL



ROADMAP TO RECOVERY COVID-19

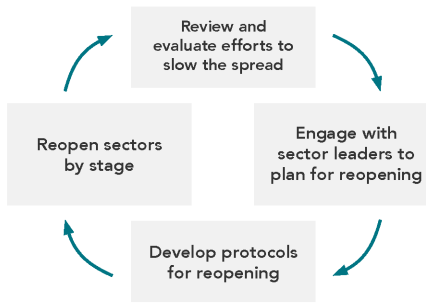
A PHASED APPROACH TO REOPENING SAFELY IN LOS ANGELES COUNTY

Los Angeles County has worked together to slow the spread of COVID-19 by following the Safer at Home order. As we plan for recovery and the gradual relaxing of Safer at Home, we are sharing the Department of Public Health's Roadmap to Recovery. This provides goalposts for reopening as safely as possible.

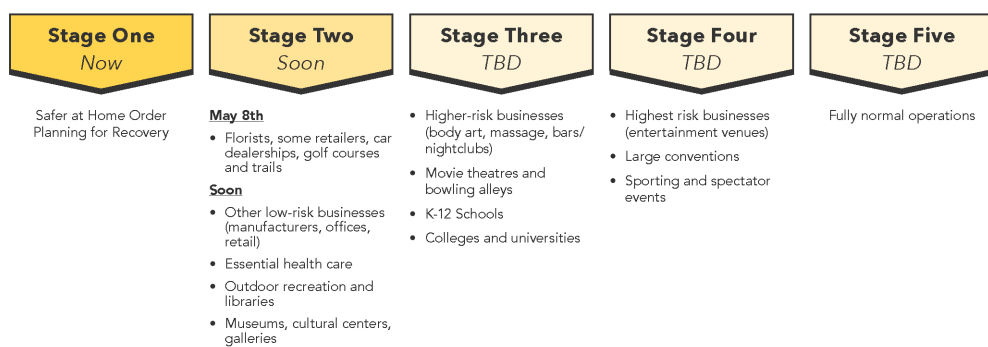
Safeguards In Place Before Opening



Process for Staged Reopening



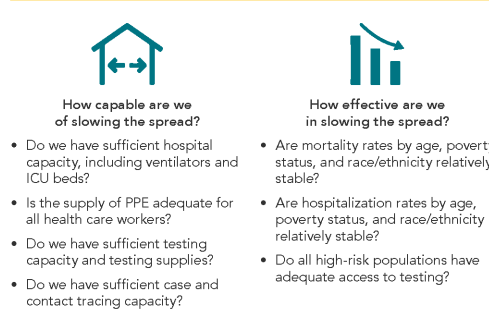
Five-Stage Reopening Process Based On Risk



Planning For Safe Reopening



Are We Slowing The Spread?



ph.lacounty.gov/coronavirus



We'd like to hear from you! What's on YOUR Mind?

Contact us at: editor@mtnews.com or www.facebook.com/mountainviewsnews AND Twitter: @mtnews



GROCERY AND MEAL SERVICE DELIVERY OPTIONS FOR SENIORS SHELTERING IN PLACE



Dear Savvy Senior:

Can you recommend some good grocery and/or meal service delivery options for seniors? My 78-year-old mother has always shopped for herself, but since the coronavirus pandemic hit the grocery store shelves are always half empty, and she's getting more fearful of leaving the house. Parent Helper

Dear Helper:

There are numerous grocery and meal service delivery options available to help seniors stay safe at home during this pandemic, but what's available to your mom will depend on her location and budget. You should also be aware that because of demand, many grocery and meal delivery services are overwhelmed right now, so some services in your mom's area may be greatly delayed or temporarily unavailable. That said, here are some good options to look into.

Grocery Delivery Services

Today, there are a variety of websites and apps that allow you or your mom to shop for groceries and other household goods without having to step foot inside a store.

Most of these services offer memberships (fees usually run around \$100/year), which will get you or your mom free deliveries on orders over \$30 or \$35. Or, they'll charge a flat delivery fee, which typically cost around \$8 to \$10.

Depending on where your mom lives there are numerous grocery delivery services like Instacart (instacart.com) and Shipt (shipt.com), which work with a wide variety of grocery retailers, including national and local chains and are widely available throughout the U.S. They use independent-contractor shopper/drivers to pick up orders in stores and deliver them to you.

You should also check into Walmart's online grocery delivery or pick-up service (grocery.walmart.com), which is available in hundreds of locations across the U.S.; Amazon Prime Now (prime-now.amazon.com), which is offered in many U.S. cities; Peapod (peapod.com) that's available in 24 metro markets; and FreshDirect (freshdirect.com) which serves the New York, Philadelphia and Washington D.C. areas and a few other select cities in the northeast.

Meal Delivery Services

If your mom still enjoys cooking, another convenient option to consider is meal kit delivery services like Home Chef (homechef.com), Sun Basket (sunbasket.com) or HelloFresh (hellofresh.com).

Meal kits are subscription-based services that will send your mom a box containing fresh, pre-portioned ingredient items for that kit's recipe. All she'll need to do is combine the ingredients (some chopping, and slicing may be required) and cook it. Most meal kit services run between \$8 and \$12 per meal.

Or, if your mom wants a break from cooking, a great alternative is to set her up with a ready-made meal delivery service like Mom's Meals (momsmeals.com) or Silver Cuisine (silvercuisine.com). Both of these companies, which cater to older adults, offer a wide variety of healthy, fully prepared meal choices (just heat and eat), that accommodate a host of dietary needs for those managing diabetes or needing heart-friendly and/or lower-sodium meal options.

Mom's Meals, which run \$7 per meal plus delivery, arrive fresh and will last up to 14 days in the refrigerator. Silver Cuisine meals are delivered frozen and cost \$12 or \$13 per meal.

You should also find out if there's a senior home delivery meal program in your mom's area. Meals on Wheels is the largest program that most people are familiar with, but many communities offer similar programs sponsored by other organizations that go by different names.

To find services available in your mom's area, visit MealsOnWheelsAmerica.org, which offers a comprehensive directory on their website.

Most home delivered meal programs across the U.S. deliver hot meals daily or several times a week, usually around the lunch hour, to seniors over age 60. Weekend meals, usually frozen, may also be available, along with special diets (diabetic, low-sodium, kosher, etc.). Most of these programs typically charge a small fee (usually between \$2 and \$6) or request a donation, while some may be free to low-income seniors.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

FAMILY MATTERS

By Marc Garlett



GETTING LEGAL DOCUMENTS SIGNED DURING COVID -- ANOTHER REASON TO NOT GO IT ALONE

Wills, trusts, health care directives, powers of attorney, and legal guardian nominations are on many of our hearts and minds as COVID-19 compels us to face our own fragility and mortality.

It's not as if we didn't already know we are all mortal, but within our current reality, that mortality becomes all the more real. And one way to feel some control over what's happening out there is to make sure we all have our legal affairs in order at home. That way, if something does happen to us, our families aren't left with a big legal mess to clean up while they are grieving.

If you are trying to get your financial house in order right now, you may be just getting some basic documents in place. You may even be doing it yourself.

If that's the case, it's very important for you to know that the cost of a failed plan can be very high for the people you love. Plus, if your documents are not properly signed, they will not work—period. End of story. And if your documents don't work, your family could be stuck in court or conflict, which is probably the exact thing you want to avoid by handling your estate planning now.

There are many ways plans fail, but one of the worst ways we see is when someone starts a plan and doesn't get it signed properly. You do not want this to happen to your family, trust me. If you care enough about estate planning, you will want to make sure your plan will work when your family needs it.

That means you need to make sure your legal documents are actually signed and signed in the right way. Some legal documents require two witnesses, and some require notarization; however, in today's social-distancing reality, these signatures could be difficult to come by. Some states have allowed remote notarization, California for some reason, has not.

While we understand you likely have a desire to get documents in place now, we also believe there is going to be a significant increase in conflict and litigation because of DIY estate planning documents for the future. Don't let that happen to the people you love.

MARC

Dedicated to empowering your family, building your wealth and defining your legacy,

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most.

His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024.

Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.CaliLaw.com for more information.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...May Birthdays*



Beth Copti, Marilyn Diaz, Anne Schryver, Jo Ann Williams, Paul Hagan, Lenore Crilly Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathieson, Luciana Rosenzweig, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck, Jane Thomas, Ray Burley.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

SIERRA MADRE SENIOR COMMUNICATIONS PLAN

1. Community Services Department will continue email communication with Senior residents and aging community members. If you know of family members or neighbors who may benefit from accessing information electronically, and to receive the department's Senior Moments Newsletter via email but may not otherwise have been included on the email group, please send your request with email address to the following team members: Lawren Heinz at heinz@cityofsierramadre.com or Clarissa Lowe at clowe@cityofsierramadre.com

2. Community Services Department will continue Electronic Seniors Newsletter on a weekly-basis distribution.

3. Community Services Department will continue with mail drop-off of newsletters at the Sierra Madre U.S. Post Office Box (unless otherwise advised).

4. City Social Media will continue via Facebook as well as Instagram, and information sharing will include updates as details becomes available.

5. Mater Dolorosa - Sierra Madre Meal Pick-Up Program provides seal-packaged frozen meals, 5-per person every

Thursday, 12:00 – 1:00 p.m. at Hart Park House Senior Center 222 W. Sierra Madre Blvd. Donations are accepted.

Call (626) 355-7394.

6. YWCA Intervale Meal Program - Effective Wednesday, April 1, 2020

YWCA has transitioned their distribution of take home meals at the Sierra Madre Hart Park House Senior Center to a home-delivery meal program.

Participants previously reserved for meal pick-up as of Wednesday, 3/25/20 were informed that they would begin to have their meals delivered to their homes, beginning Wednesday, April 1, 2020 until further notice.

For any additional participants calling in that are at a high risk and need meals delivered to, please provide us their name, date of birth (they must be 60+), address and phone number and Community Services Department will forward this information to our County Contact.

NIXLE Alerts which send messages through public safety agencies via cell phones and social media networks will be issued through the Sierra Madre Police Department. This enables local response agencies to get that information into the community as quickly as possible. VOICE TO TEXT messages from Police Department will further offer automatic pre-recorded voice messages that reach approximately 4,000 phones within our community. Social Media platforms will include direct phone numbers provided by PD to the pre-recorded messages for accessibility.

Anyone interested in receiving the NIXLE alerts may do so from their mobile phone:

hit 888-777 and follow the prompts. OR go to Nixle.com and do the same. For non-emergency help or guidance on Nixle, please call 626-355-1414.

Sierra Madre Channel 3 will provide information and what the city is doing for the Senior Community, including transportation and food services.

Currently, Sierra Madre transit support has been operating in accordance with our regular schedule and will continue as such. Extra precautions are being taken with the sanitization and cleaning of buses due to the recent circumstances.

Pasadena Senior Center, has also provided a resource, Telephone Reassurance Program, which offers daily calls to home bound seniors to provide support and contact with others on a regular basis. If any senior, in this time of emergency, finds themselves home bound and needs to talk with someone, please refer them to

(626) 685-6732 and they are available Monday – Friday from 9:00 – 11:00 a.m.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder



LOVE BUGS ARE REALLY NOT THAT LOVING!

Here in Florida, we have what people call "Love Bugs." I know exactly why they are called "Love Bugs," but I am not fond of these little critters. Why don't they just get a motel room?

Being shut down at home for quite a while it is not that exciting. You can only be shut down for so long. On Tuesday, I needed to go across town for some quick business and office supplies. It would not take me long, and I would get back home in a short time. "Anything you want me to pick up while I'm out?" I queried the Gracious Mistress of the Parsonage. I always like to try to help whenever I can. She is a great shopper, particularly a great thrift store shopper. She knows every thrift shop within a 100-mile radius, but more than that, they know her by her first name. I, on the other side of the room, am not a very good shopper.

Quite a few times, my wife has sent me to the store with a list, and I could never get everything on that list. I do not know why, but I would miss two or three items on her list. I am not saying because the list was too long, that is probably the reason, but I am not saying it. Knowing this, my wife shot back to me, "No, I can't think of anything I'd like you to pick up. Drive carefully." I sighed a deep sigh of relief, knowing that now I was not going to get into any kind of trouble.

Not many places are open this time because of the shutdown, so I did not have many choices. Therefore, I just did what I was supposed to do as quickly as possible and headed back home. Please, do not let this get out to, you-know-who, but I did go through a drive-through and picked up some very delicious ice cream. I enjoyed it all the way home. For me, ice cream is much more delicious when nobody knows you're eating it. I almost got home when out of nowhere came a big dark cloud that hit my truck in the front as I have never been hit before. At first, I thought it was the apocalypse.

When I got through it, I realized I had hit, or rather, they hit me, a group of "Love Bugs" and were smeared all over my window and the front part of my truck. I used to have a silver truck, now it was just about all black, at least in the front. I know they are "Love Bugs," but at that time, I did not feel any kind of love toward them. I was feeling the exact opposite, but I will not mention it.

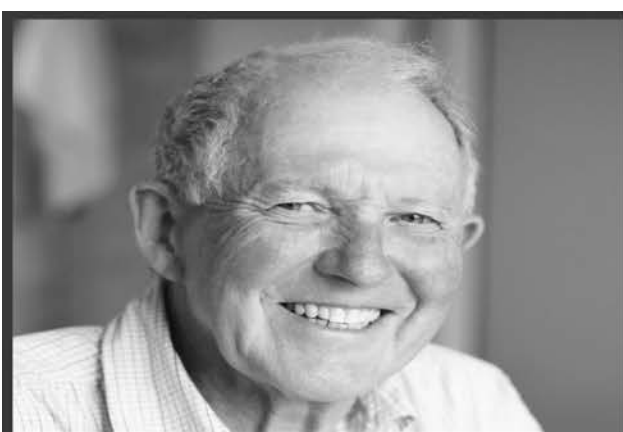
When I walked in through the front door at home, my wife saw I was more agitated than ever. I even slammed the door behind me, which indicated how aggravated I was. "What happened?" I just looked at my wife and then said, "Those lousy Love Bugs attacked me as I was driving, and they're all over my truck. I'm never going to get them off." With that, I went, got a bucket of water, and tried to clean them off my truck.

I noticed my wife was smiling as I left and said to me, "You should drive more carefully." Then she snickered. I hate it when she snickers. No matter how hard I worked to get those bugs off my truck, I could not get them all off. It was a dark reminder of bug love. When I walked in, my wife said, "Well, did you get them all off your truck?" Then she gave me one of her infamous snickers. Throughout the day, when she looked at me, she was snickering.

The next morning my wife had to go down to the store to get a few groceries. As she shut the door behind her, she said to me, "I guess I'm going to have to drive carefully." Then she snickered again. A little over an hour later, she returned, and when she came in the door, I noticed something was wrong. I asked her if anything was wrong, and all she said, "No, nothing's wrong. I'll take care of it." I knew by her demeanor, something was wrong, and something she really did not want me to know. That perked my curiosity. In a few minutes, I looked out the window and there she was with a bucket of water washing the front of her van. I had my suspicions, which proved correct.

When she came in the front door, I was waiting for her and said, "Any Love Bug problem?" With that, I not only snickered, but I laughed out loud hilariously. "Maybe," I said between laughing, "you should drive a little more carefully." Her stare informed me that she did not think it was funny, which made it even funnier for me. Thinking about that, I remembered what the prophet Amos once said. "Can two walk together, except they be agreed?" (Amos 3:3).

Walking together on the same pathway, we experience the same thing. Sometimes we forget that, I know I do. I am learning not to criticize other people for what they're going through at the time because I may go through that same experience tomorrow.



At first, Dad and I didn't see eye to eye about moving to The Kensington, but since he did, we're both thrilled

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PUBLISHER/ EDITOR Susan Henderson

PASADENA CITY EDITOR Dean Lee

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SALES Patricia Colonello 626-355-2737 626-818-2698

WEBMASTER John Avery

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CONTRIBUTORS

- Stuart Tolchin, Audrey Swanson, Mary Lou Caldwell, Kevin McGuire, Chris Leclerc, Bob Eklund, Howard Hays, Paul Carpenter, Kim Clymer-Kelley, Christopher Nyerges, Peter Dills, Rich Johnson, Lori Ann Harris, Rev. James Snyder, Katie Hopkins, Deanne Davis, Despina Arouzman, Jeff Brown, Marc Garlett, Keely Toten, Dan Golden, Rebecca Wright, Hail Hamilton, Joan Schmidt, LaQuetta Shamblee

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Mountain Views News 80 W. Sierra Madre Bl. #327 Sierra Madre, Ca. 91024

Phone: 626-355-2737 Fax: 626-609-3285 email: mtnviewsnews@aol.com

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



ADAPTING-EASY FOR SOME NOT SO FOR OTHERS

I wish it could be denied that the future looks very bleak for all of us. There are predictions that we are entering what amounts to a world-wide depression. Expert prognosticators tell us that things will never be normal again. Frankly I never thought that what we call normal was ever so great in the first place. Prior to our awareness of the presence of the coronavirus (by that I mean that prior to any substantial human awareness of the virus the virus was well aware of us) there were substantial inequities within the world. Just in the United States there were terrible inequalities of opportunity affecting African American, Hispanic, and Indigenous populations. Gender discrimination and the glass ceiling still restricted advancement opportunities for women and LGBT individuals faced discrimination in many aspects of their lives. The problems with our Education System were vast and many individuals were not educated sufficiently to allow for retraining into an increasingly technological workplace. Increased longevity left many retired individuals (like me) with a feeling of redundancy and a huge percentage of seemingly comfortable Americans classified themselves as miserable. Beneath all of this was the feeling that humanities days on the planet were numbered as the global-warming, climate change emergency dominated the news while the ongoing threat of nuclear war remained an almost forgotten but still frightening possibility.

That was the way it was and indisputably it's much worse now. I don't worry much about myself and my wife, I guess because we are old-folks with not that many years left to worry about. That's not really an accurate description of my feelings. Although I am 76 years old, which I mention in every article probably because I don't believe it myself, I don't worry much about myself. If I didn't think it would make my wife angry I think I would be among those ignoring all rules and regulations driving along uncrowded roadways on my way to the beach or golf course or whatever National Parks were open and having a splendid retirement. I don't do any of those things because not making my wife angry and allowing us to live lovingly and happily together is just about my highest value. So until we are assured that it's safe to go out into the world my friends will have to enjoy their recreation and our pleasant weekly lunches without me.

Other than living harmoniously with my wife my other major concern is to be of service to my children and granddaughter. It is hard to explain but I really feel a restriction, a deprivation, because I cannot be of much service to my son. This desire or perhaps need has been present within me for over 45 years. As I have written before, when the Doctors at Children's Hospital explained that my son was afflicted with cerebral palsy my world changed and hasn't changed back. I became a single parent of my son and later my daughter within a few years and life has continued. I wish I could have made his life easier and I have done what I could but still his life his hard. I remember once asking him what he wanted from life when he was about 4 or 5 and he said he did not want ever to be a "birdy", by that he meant he didn't want to be a "burden". He has managed not to be a burden but to be one of the great joys of my life. He is still disabled and receives great assistance from social workers and still can't read and is now restricted physically but never complains and focuses on being of help to his friends and long-time girlfriend. As far as I can tell he's as happy as anyone else.

That is the point of this whole article. People who have adjusted to a certain kind of reality often, almost invariably, have great difficulty in adjusting to new conditions. I thought of this reality as I walked through our garage this morning and noticed that the floor was covered with chalk drawings. For a moment I was confused (or even more confused than usual) until I remembered an amazing incident from a few days ago. One of my neighbors from up the street came pounding on our front door. My wife beat me to the door and saw our frightened neighbor with her dog and four year old twins. I was too late to hear what she said but I could see that she was terrified. My wife ran from our living room to the door connected to the garage and opened the electric garage door whereupon the neighbor, children and dog raced into the garage. I finally learned from my wife that a large bear and a cub were out on the street in front of the house and that the little dog had barked at the bear cub and the mother bear had seemingly charged at the neighbor and kids. As you can understand the mother asked for shelter and my wife, ever mindful of the coronavirus dangers told them that the garage would immediately be opened and they should stay there until everything was safe. Probably if I was the first to the door I would have directed them all into the house which might have been problematic for everyone.

Eventually, my wife texted the neighbor's husband to come and pick up his family and he did and everyone got into the car and went home. (There's more to the story about the bears who climbed the tree next door and then had great difficulty getting down but that will have to be for some other time.) I talked to the mother this morning and really she was still terrified by the experience (who could blame her) and I told her about the chalk pictures I had noticed on the garage floor. She said she was amazed at how easily her boys adapted to being in the garage. They found some colored chalk and drew pictures and seemingly were unaffected by the whole experience while she and the dog were still pretty hesitant about walking the street. It wasn't that the boys didn't know about the danger connected with the bears it was just that when they were safe in the garage they just adapted to the new situation and did fine.

Well, that's my point. We adult types, who want a return to normal at some point are going to have a pretty hard time. Things are not going to be the same and many of the activities that we all took for granted will no longer be possible or drastically modified. Economically changes will occur and businesses may fail and it seems inevitable that we will at least face a recession. Nevertheless, I believe that people coming of age during this period, however extended it will be, will adapt to these new conditions as the not unexpected reality in which they live. I predict this new reality will give rise to all sorts of solutions, intended and unintended such as the lessening of pollution resulting from limited use of motor vehicles and the elimination of wasted commuter time as people increasingly work from home. Additionally, I believe that new creative solutions will evolve to deal with the ongoing problems that I mentioned at the beginning of this article. Yes, the only ones with major problems will be we older-folk who complain that things are not what they were and that life is so difficult. So what else is new?

ADMITTING TO THE LIE

McConnell says he was 'wrong' to claim Obama didn't leave a pandemic playbook

Just when I thought that miracles had become a thing of the past, I heard something that extended my faith.

I can no longer stand to listen the Trump and his band of idiots who just tell bare faced lies, all the time, as if we are all damned fools. For instance, today Trump was allegedly holding a press conference to introduce his latest Task Force on the development and distribution of a vaccine for COVID-19, but he couldn't resist changing the subject to him and announcing that the truck horns that were heard in the background, were surrounding the White House because "they love me". Not true. A. They were not circling the White House and B. They weren't professing their love for him, they wanted to go back to work. Clearly Trump's words to live by were taken from the nefarious statement, "Why tell the truth when a lie will do just fine?".

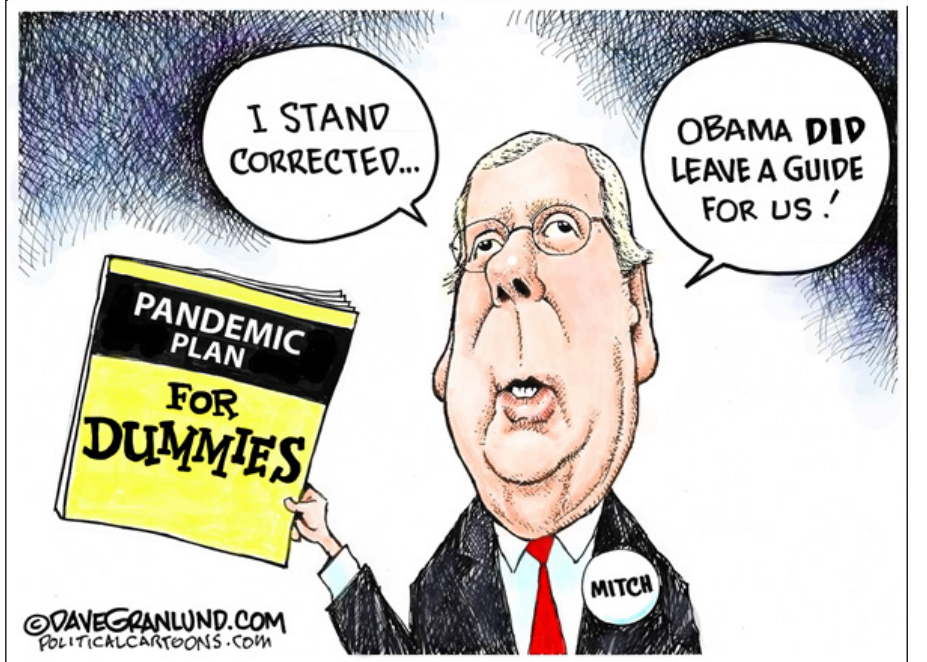
Which leads me to the real subject of this column. This is truly one for Ripley's Believe It or Not. Senate Majority Leader Mitch McConnell said Thursday that he was wrong to claim former President Barack Obama didn't leave a "game plan" to deal with a pandemic when he left the White House to President Donald Trump..

"I was wrong," McConnell told Fox News' Bret Baier. "They did leave behind a plan, so I clearly made a mistake in that regard. As to whether or not the plan was followed, or who's the critic and all the rest, I don't have any observation about that because I don't know enough about the details."

Yes he said it, 'he was wrong', which is an understatement. His original statement, which was a big fat, bigoted, hate filled lied was spewed by him earlier this week during an online interview with Lara Trump, when he went after the Obama administration's handover to Trump's team. He also lambasted our last genuine President for criticizing in a private meeting Trump's handling of the coronavirus pandemic, which has infected more than 1.4 million people in the U.S., saying Obama had been "a little bit classless" and "should've kept his mouth shut." "They claim pandemics only happen once every hundred years, but what if that's no longer true?" McConnell said during the interview. "We want to be early, ready for the next one, because clearly the Obama administration did not leave to this administration any kind of game plan for something like this." And that was a big lie and he knew it at the time. This is gaslighting at its very best. He just wanted to put that lie into the atmosphere for the uninformed to hear to give them something else to attack the Obama legacy. BUT, this time, Mitch had to turn around and publicly admit that what he said was untrue. "I was wrong," McConnell told Fox News' Bret Baier. "They did leave behind a plan, so I clearly made a mistake in that regard."

Now I don't know if it was the Good Lord that hit Mitch upside the head, or a discovered photo of Mitch actually reading President Obama's pandemic playbook, but it really is a wonderful thing to have him publicly tell the truth about his misstatement. Now, if he would only teach that trick to Trump who has told more than 16,000 similar lies. Yes, I still like to believe in miracles.

Susan Henderson, Publisher/Editor MVNews



RICH MANIERI

RESTARTING THE ECONOMY SHOULDN'T BE A LIFE OR DEATH DECISION



My mother had never texted anything to me or anyone else, ever. It was a photo of the flowers I sent her for Mother's Day. The picture was a little grainy and out of focus, but that's what a 15-year-old flip phone will get you.

"Does this mean you're going to start texting now?" I asked when I called her.

"No. I don't text."

"Why not?"

"If you want to talk to me, you call me so I can hear your voice."

My sister bought mom a smart phone for Christmas a couple of years ago. She returned it. I don't think it was ever out of the box.

"I don't need one of those."

My mother is 80 - stubborn, sassy and sharp as ever. And much like New York Gov. Andrew Cuomo's mother, she's not expendable.

In March, in response to President Trump's desire to get the economy moving again, Cuomo tweeted that elderly people are "not expendable."

I'm glad the governor reminded me. I was seriously considering calling mom and workshopping a few scenarios.

"You know what, ma, you've had a pretty good run. I mean, did you ever really think you'd make it this long? Anyhow, we really need to get this economy going so what do you say you take one for the team?"

I'm trying to figure out why not wanting to see people lose their livelihoods, homes and businesses is the equivalent of giving my mother - or anyone else's mother for that matter - the Fredo treatment.

Like every other issue that profoundly impacts American life, when and how to restart the economy is being debated along partisan lines. Early in the pandemic I was naively hopeful that our elected representatives would see this crisis as too important to deal with from the comfort of ideological bunkers. Sadly, that ship left the harbor pretty early.

Instead, the question of reopening is now being demagogued into submission. The argument goes something like this: If you want to get back to work now, the illnesses and deaths of all future COVID-19 victims

are on your hands. It's a matter of "public health versus the economy," as Cuomo continues to repeat like a mantra.

It's simplistic to say, as many politicians and pundits have, that reopening sooner rather than later means that more people will get sick and more people will die. That's almost certainly true. Without a vaccine or any real treatment options in the short term, we can't keep everyone 100 percent safe. But that's not only a reality in a COVID-19 world, it's a reality of life in general. That doesn't mean I want people to needlessly perish.

The economic damage to the country is already overwhelming - 15% unemployment, the highest level since the Great Depression, with some 33.5 million Americans filing for unemployment benefits in the last seven weeks. Treasury Secretary Steve Mnuchin has already said unemployment will get worse before it gets better. Are you willing to concede to 30% unemployment? How about another depression? The physical and mental health ramifications of such a catastrophe are incalculable.

I'm not an epidemiologist or an "ologist" of any sort. But it seems to me that we can take reasonable measures to keep people safe while reopening for business. Grocery and home improvement stores have been allowed to remain open during the pandemic and I'm not aware in any spike in coronavirus cases that can be traced to a Piggly Wiggly or Home Depot. If we can keep people safe in those places by social distancing and wearing masks, why is an office or a bakery any different? The immunocompromised and the elderly - Mrs. Cuomo and my mother included - should stay home.

If the last two months are any indication, Americans are willing to cooperate provided the restrictions make sense. You want me to wear a mask, a bandana or a kerchief, no problem. I'll dress up like Yosemite Sam if it'll do any good. Social distancing? Done. There are plenty of people I don't want within six feet of me, or six miles, and vice versa.

Unless there's an underlying, sinister reason why some politicians want America's economic shutdown to drag on indefinitely - I can't imagine - we shouldn't have to choose between public health and economic ruin. Our elected officials and medical experts need to find the acceptable middle ground, for the sake of our mothers and everyone else.

Rich Manieri is a Philadelphia-born journalist and author. He is currently a professor of journalism at Asbury University in Kentucky.

SUSAN HENDERSON

Editor/Publisher



Please help us save your weekly newspaper! The National Emergency has had an immediate adverse impact on the future of the Mountain Views News. (www.mtnviewsnews.com)

Since 2006, I have been publishing a weekly newspaper in the San Gabriel Valley specifically covering the cities of Sierra Madre, Arcadia, Monrovia, Duarte, Pasadena, and also South Pasadena, Altadena and San Marino. This effort has been financially challenging primarily due to the nature of publishing and because of a 40% tariff on newsprint that was imposed in 2018 and is still in affect.

We have survived primarily on the paper's ability to publish legal notices and the support of our advertisers many of whom are also impacted by the COVID19 virus. However, that has all changed. We were informed mid-March that the County of Los Angeles closed all public access to buildings that process legal notices. Such action, while absolutely necessary means that the income generated from the publication of the notices has come to an abrupt halt. Without the ability to publish legal notices, continued publication of the Mountain Views News is not possible.

With your help, however, we can sustain the only paper where your community news comes first until such time as an alternative to the current legal notice processing is found or LA County Buildings allow public access again.

It is not an easy thing to reach out to the public for support, however, this is truly an emergency. The Mountain Views News needs your support now to weather this storm.

Remember, print media is the only source of information that CANNOT BE HACKED! What you read in the Mountain Views News is accurate and as publisher, I stand behind every word. Our sources are reliable and dependable. Our Opinions share both sides of the argument. Community events and local organization activities are also an integral part of what we provide each week. And, while we do have an online presence, each week thousands of print copies are distributed to all 8 cities. In fact, had it not been for the tariffs, in 2018 our plan was to double our distribution as the demand for more print copies is great.

So can you please help us keep the Mountain Views News in circulation? Below are 4 ways that you can help sustain your local paper. All support is greatly appreciated. Thank you in advance. Susan Henderson, Owner/ Publisher/Editor

#1 Make an IMMEDIATE CONTRIBUTION to help us recover from the Corona Virus interruption of legal notice revenue.

<https://www.gofundme.com/f/save-the-mountain-views-news>



#2 DONATE BY CHECK: If you would rather make a donation directly to the paper, you can send a check. Make it payable to the Mountain Views News and mail to: Mountain Views News 80 W Sierra Madre Blvd. #327 Sierra Madre, Ca. 91024

#3 HELP SUSTAIN PRINT DISTRIBUTION! In addition to the impact of the Corona Virus, newspapers are also adversely impacted by California Assembly Bill 5 (AB5), which eliminates the use of independent contractors and triples distribution expenses. Become a *Sustaining Supporter of the Mountain Views News* by making an annual contribution of \$120 (\$10 a month). Sign up and get home delivery for free. Cancel at anytime.

Please send check to: Mountain Views News Sustaining Supporter 80 W Sierra Madre Blvd. #327 Sierra Madre, Ca. 91024

#4 SUBSCRIBE TO HOME DELIVERY (See below)

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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2020068828
The following person(s) is (are) doing business as: JAA BUSINESS SERVICE CENTRO CHIT MARMA, INST 6564 VAN NUYS BLVD, STE 150-34 VAN NUYS, CA. 91401; JAA BUSINESS SERVICE CENTRO CHIT MARMA, INST P.O. BOX 10182 BURBANK, CA. 91510. Full name of registrant(s) is (are) MARINA CARMEN JARQUIN 6454 VAN NUYS BLVD, STE 150-34 VAN NUYS, CA. 91401. This Business is conducted by: AN INDIVIDUAL. Signed: MARINA CARMEN JARQUIN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 04/13/2020. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/2020. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: ED Mountain Views News
Dates Pub: May 9, 16, 23, 30, 2020



INGREDIENTS

- 3 quarts water
- 1 (12-ounce) package broccoli florets
- 4 (6-ounce) skinless, boneless chicken breast halves
- 1 (12-ounce) can evaporated fat-free milk
- 1/4 cup all-purpose flour (about 1 ounce)
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- Dash of nutmeg
- 1 cup fat-free mayonnaise

- 1/2 cup fat-free sour cream
- 1/4 cup dry sherry
- 1 teaspoon Worcestershire sauce
- 1 (10.75-ounce) can condensed 30% reduced-sodium 98% fat-free cream of mushroom soup, undiluted
- 1 cup (4 ounces) grated fresh Parmesan cheese, divided
- Cooking spray

DIRECTIONS

Preheat oven to 400°.

Bring water to a boil in a large Dutch oven over medium-high heat. Add broccoli, and cook 5 minutes or until crisp-tender. Transfer broccoli to a large bowl with a slotted spoon. Add chicken to boiling water; reduce heat, and simmer 15 minutes or until done. Transfer chicken to a cutting board; cool slightly. Cut chicken into bite-sized pieces, and add chicken to bowl with broccoli.

Combine evaporated milk, flour, salt, pepper, and nutmeg in a saucepan, stirring with a whisk until smooth. Bring to a boil over medium-high heat; cook 1 minute, stirring constantly. Remove from heat. Add mayonnaise, next 4 ingredients (through soup), and 1/2 cup cheese, stirring until well combined. Add mayonnaise mixture to broccoli mixture; stir gently until combined.

Spoon mixture into a 13 x 9-inch baking dish coated with cooking spray. Sprinkle with remaining 1/2 cup cheese. Bake at 400° for 50 minutes or until mixture bubbles at the edges and cheese begins to brown. Remove from oven; let cool on a wire rack 5 minutes.

I'd like a robot that looks like me!

Newspaper Fun!

www.readingclubfun.com Annimills LLC © 2020 V16-19

I'd like a robot that bakes desserts!

Phew!

I'm bored, and tired of doing the same chores over and over. I want a...Robot...so I can tell it what to do!

The kind of robot I *really* want is only found in science fiction stories and movies. Most robots that exist today are used in industry to make cars or other items. Some are used to paint or pack items. Robots in movies often look like humans, while real-life factory robots usually have only one big arm to do the work they are built to do. Robots have computers for "brains." People can program them with a set of directions to "teach" them a job. If something goes wrong, robots can't teach themselves how to fix it - yet!

Can You Figure it Out? →

Check out my robot! Can you fill in the number where he has:

- cameras for eyes
- feet for moving from place to place
- computer "brain" area; panel for repairs
- bendable, flexible arms to reach and stretch
- microphones for ears to pick up sound
- a loudspeaker for "talking"

Ready for Robots?

Don't ask me to do your homework!

Are *you* ready for robots? A lot of the robots we see on TV or in movies are played by human actors. Remember C-3PO and R2-D2 from the movie *Star Wars*? Many are computer generated robots. But, more and more "real" robots - that can help humans directly - are being built and put to use.

Have you heard about NASA's Mars Exploration Program? Robots, like this one, are sent to Mars. They help scientists study the planet by sending photos and data from Mars to Earth.

robot

automatic science fiction

program

mobile

robotics

computer

industry

I was built by robots in a factory.

I'm not cleaning Chitter's room!

Fill in this puzzle to show how much you know about robots:

- working, moving or acting by itself
- machine that automatically does a job
- set of directions put into the computer to tell the robot what to do
- business, work that produces things we use, such as cars and bicycles
- field of work designing, building robots
- the "brain" of the robot
- able to move from place to place
- fun stories that show how a real or imagined scientific thing such as a robot might change our way of life

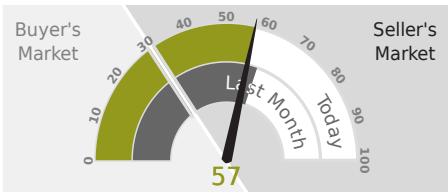
Top Producing Agent, Year After Year

Monrovia | Single Family Homes

This week the median list price for Monrovia, CA 91016 is \$737,000 with the market action index hovering around 57. This is less than last month's market action index of 61. Inventory has held steady at or around 30.

MARKET ACTION INDEX

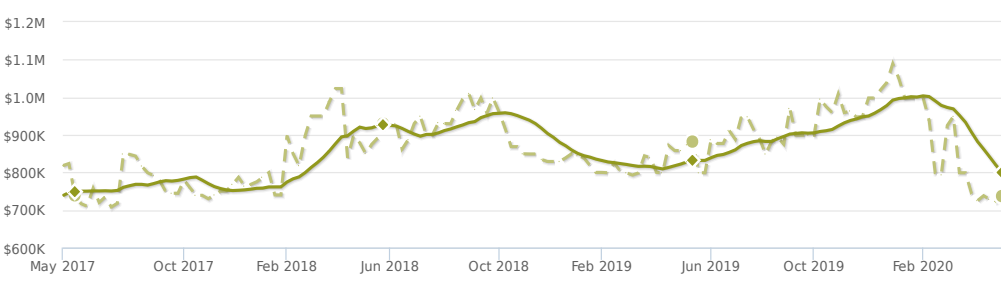
This answers "How's the Market?" by comparing rate of sales versus inventory.



Strong Seller's Market

The market has been cooling off a bit in recent weeks, as more homes are available and demand is less. We're already seeing prices move lower as a result, though the market is still in the Seller's zone. Expect this trend to continue especially if the index falls to the Buyer's zone. Watch for a persistent up-turn in Market Action to signal prices rising again.

MEDIAN LIST PRICE



REAL-TIME MARKET PROFILE

Median List Price	\$737,000
Per Square Foot	\$526
Days on Market	78
Price Decreased	13%
Price Increased	3%
Relisted	0%
Inventory	30
Median Rent	\$3,000
Most Expensive	\$2,980,000
Least Expensive	\$548,000
Market Action	57

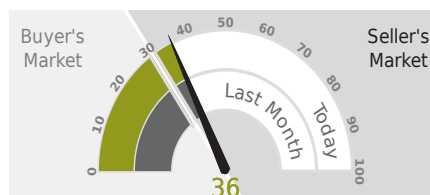
Strong Seller's Market

Sierra Madre | Single Family Homes

This week the median list price for Sierra Madre, CA is \$1,324,500 with the market action index hovering around 36. This is less than last month's market action index of 37. Inventory has held steady at or around 24.

MARKET ACTION INDEX

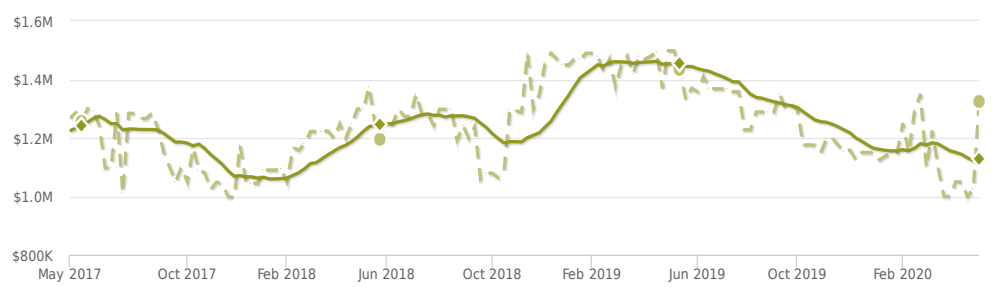
This answers "How's the Market?" by comparing rate of sales versus inventory.



Slight Seller's Advantage

The market has started cooling and prices have been flat for several weeks. Since we're in the Seller's zone, watch for changes in MAI. If the MAI resumes its climb, prices will likely follow suit. If the MAI drops consistently or falls into the Buyer's zone, watch for downward pressure on prices.

MEDIAN LIST PRICE



REAL-TIME MARKET PROFILE

Median List Price	\$1,324,500
Per Square Foot	\$606
Days on Market	204
Price Decreased	13%
Price Increased	8%
Relisted	4%
Inventory	24
Median Rent	
Most Expensive	\$3,200,000
Least Expensive	\$525,000
Market Action	36

Slight Seller's Advantage



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