

Mountain Views News

Sierra Madre

Arcadia

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SATURDAY, JUNE 5, 2021

VOLUME 15 NO. 23

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CA CONSERVATION CORPS CLEARS MT WILSON AND BAILEY CANYON TRAILS

The California Conservation Corps is a department within the California Natural Resources Agency. They are the oldest and largest conservation corps in the nation and they recently completed a project that cleared both the Mt. Wilson and Bailey Canyon Trails.

The group cleared at least 20 acres of overgrown brush on our trails. The project took almost 12,000 hours by individual volunteers and over \$380,000 of in-kind funding!

The program provides young adults 18 – 25 years old a year of paid service to the State of California. During their year of service, Corpsmembers work on environmental projects and respond to natural and man-made disasters. Through this work, they gain skills and experience that lead to meaningful careers. Their motto is 'Hard Work, Low Pay, Miserable Conditions and More!' We are dedicated to developing our Corpsmembers into citizens with character, credentials, and commitment.

Thank you CCC volunteers and staff for helping us keep our trails safe!



PLANNING COMMISSION TO REMAIN AT FIVE; DENIED DESIGN REVIEW

By Kevin McGuire

During a discussion which was supposed to focus on the composition, term and appointments to boards and commissions, many members of the Sierra Madre community voiced their concerns over the Planning Commission's lack of involvement in the design review process and their desire to return the Commission to seven members.

But, the Planning Commission and community fell short on convincing the City Council to budge on either issue.

This has been a hot topic in the community for about eight months now when City Council passed Resolution 20-16 back in October 2020 which put administrative authority of design review in the hands of city staff over the Planning Commission, which includes one qualified architect seated on the commission.

During the May 25th regular City Council meeting at Memorial Park, a handful of emails were read and community members took to the podium calling for more inclusion and transparency. There were calls to bring the Planning Commission back to seven members, after being reduced to five last year. Others mentioned concerning additions to houses that could possibly disrupt the small-town feel of Sierra Madre. The 42-unit project approved on the Monastery grounds is one such project causing an uproar over the potential for traffic increases and loss of the beautiful mountain views so many residents have been accustomed to.

"There is absolutely no transparency to us citizens—to the people of Sierra Madre who vote," said Carol Parker, a Sierra Madre resident. "That means when a conditional-use permit to build or remodel a home that is non-compliant with our zoning, for example over 3,500 sq. feet, [before] the Planning Commission would have this debated in a public meeting. Now that this is the purview of the staff, there is absolutely no transparency. Please restore the voice of us, your residents, your voters and it is important for the future of our town," Parker exclaimed.

As defined by the Planning Commission, a design review is the process that ensures good design principles and compatibility throughout the city. The design review shapes the quality of development in Sierra Madre to preserve the village character. Some Planning Commission members had their say as well in the outdoor forum at 4:00 p.m. on Tuesday.

"I would plead with you to make the Planning Commission as wholesome and as strong as possible. The Planning Commission is your voice and the first stop on appeals to you," stated Planning

Commissioner Bob Spears. "You want the discussions on the Planning Commission to be as in-depth and as in detailed as possible. You want to know that the complaints and concerns of the public get an in-depth review. When the Commission was cut from seven to five people, we lost a good architect. The Planning Commission has an important role and we want to do that role well and we take it very seriously," Spears said.

Planning Commission Vice Chair and architect, Joe Catalano resigned from his position at the request of former Mayor John Capoccia for an undisclosed reason. There was already one open position on the Commission before the reduction to five seats.

Mayor Pro Tem Gene Goss pointed out the difficulty in filling seats on commissions with qualified personnel. Currently, the requirement calls for three active applicants before a candidate can be considered. Most commissions don't reach that threshold of applicants. Council Member Robert Parkhurst highlighted that many surrounding cities with similar populations have 5-member Planning Commissions. He also requested a collection of email addresses from those who spoke at the meeting and encouraged them to possibly serve on a commission when terms are up. Though personally Parkhurst disagreed with the need for a 7-person commission. "I have yet to see why seven is better than five," Parkhurst said. "We have a really good commission...these are really dedicated people. I want to keep that quality up," he said.

When it comes to design concerns in Sierra Madre, the project at the Monastery seems to cause the most anxiety. And with staff now being the first voice on such projects, those concerns have certainly grown. Mayor Rachelle Arizmendi spoke on this subject briefly. "There's a misunderstanding that is out there in the community. Even if design review was reinstated to the Planning Commission, when it comes to proposed development, because our Planning Commission has subjective standards that are being utilized at this time, we are unable to have the Planning Commission make any recommendations or approvals for the proposed Monastery. The Housing Accountability Act will not allow for it. It's a state law that has been enacted," Mayor Arizmendi stated.

No further action will be taken at this time. In addition to these hot topics, discussions also took place on the topics of better training for commission members and adding youth commissioners to various boards. City Council's next meeting will take place on June 8, 2021 at 4:00 p.m.

SIERRA MADRE COMMUNITY FOUNDATION ANNOUNCES GRANTS

The Sierra Madre Community Foundation (SMCF) recently awarded the following grants to local Sierra Madre organizations:

- The Sierra Madre Public Library was awarded a grant to fund its "Walk This Way Story Adventure" in Memorial Park. The short tour highlights a new book each week and provides the community with an outdoor reading opportunity. While the initial target population was young families, many Sierra Madre seniors, including Kensington residents, make the story adventure part of their weekly schedule. The Foundation grant will fund the program through the end of July.

- The Sierra Madre Playhouse received a grant to support its return to live theater with "You're a Good Man, Charlie Brown." The outdoor program will run in Memorial Park in July and August, with the grant used for lighting equipment.

- The Creative Arts Group's ImaginArt program received a grant to fund its "Ceramic Witches/Warlocks" to support a discussion of the history, symbols, and community traditions of Halloween. The project for 3rd grade students from Sierra Madre Elementary School uses clay tools and two colors of clay to enhance students' engagement with the fundamentals of ceramics.

So far in 2021, the Sierra Madre Community Foundation has provided grants totaling \$5,900 to support local civic and community organizations.

"We're pleased to support local organization who have worked so hard during the pandemic to provide unique and engaging programs and services for our community," said Frank Moore, Community Foundation chair. "Through the generous giving of local residents, the Foundation is proud to help our unique community rebound from a very difficult period."

Sierra Madre Community Foundation is singularly devoted to Sierra Madre and solicits donations to support and enhance the community by making direct grants to civic and local organizations. In addition, the SMCF assists other Sierra Madre community groups in the collection and distribution of their funds that enables ongoing program support and continued operations.

To learn more and to donate visit sierramadrefoundation.org.

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608 Fairview Ave., Sierra Madre



This is a classic Reggie Tollefson design and build home..

This 3 level home has gorgeous hardwood floors, upstairs and downstairs.

The kitchen has beautiful oak cabinets with designer stained glass inserts. Very spacious with a breakfast nook. All the stained glass in home was designed by Susan Wallace.

The living room has a fireplace, cherry mahogany wood floors, surrounded by windows. The den family room off kitchen has a fireplace also. There is also a half bath with washer and dryer.

The master suite is upstairs with full bath. The two other bedrooms share another full bath.

The attic on 3rd floor is finished, carpeted.

The home has newer heating and central air. Water heater is on 3rd floor. The yard has mature landscaping in front and back yards. The back yard is fully fenced. There is a very large 3 car garage with a loft (garage has 220volt). Perfect for maybe an ADU or home office.

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15
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SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

EIR REVIEW PROCESS

In last month's article, Waiting For The EIR, we noted that the EIR was originally expected on October 1, 2020. Several subsequent release dates have been given in the interim. To find out more about its release date and the review process, we posed two questions to the City Manager. His responses follow:

1) Has the City seen the draft EIR and if so, when can we expect its release in order to prepare our questions and comments? The City has not reviewed the draft EIR. It is anticipated that staff will receive a copy of the EIR for review in mid May 2021, with a public release date in June 2021.

After the staff publishes the 'Notice of Availability of the Draft EIR,' public comment is accepted for 60 days. To facilitate this, Staff organizes a public hearing to receive comments on the Draft EIR. At the end of the 60 day period, staff ensures that the Final EIR includes responses to all public comments and makes revisions as needed. They then prepare the Staff Report, Resolution and Ordinance for Planning Commission Review. The Planning Commission then holds public hearing(s) to recommend whether to certify the Final EIR, amend the General Plan, amend the Zoning Code, adopt the Specific Plan and approve the Development Agreement. Their recommendations then go the City Council which will then hold Public hearing(s) on the Planning Commission's recommendations.

There is no doubt that the Planning Commission plays an important role in the review of this 42 unit housing development at the Monastery. It is unfortunate that under the guise of bureaucratic efficiency, City Council has reduced the number of planning Commission members from 7 to 5. The residents of Sierra Madre hold their Planning Commission in high regard and feel that the larger representation of seven Planning Commissioners better serves the planning needs of Sierra Madre. The Planning Commission is the resident's voice and seven members bring a more diverse level of expertise and experience, while sharing the demanding workload that the Monastery project will require in the coming months.

2) As we have read in the Los Angeles Times, Star News and various websites, there have been recent studies showing that there is the beginning of another severe drought in the Western States, particularly Arizona, Nevada and Northern California. Because Sierra Madre relies on ground water as well as the water from the MWD, and the fact that the subject of water conservation has increased in the past few months, will consideration and/or revision be made to the EIR that will address this situation? The project, if approved, would be required to be constructed with no new water demand for Sierra Madre. The NetZero requirement of constructions means the project would have to offset all of its anticipated water use by pre-purchasing all of the expected water demand on the property and providing it to the City.

Preserve Sierra Madre is a voice on behalf of our residents and continues to reach out to the City regarding the Monastery project as well as other planning projects that are being considered.



WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"Once in a while, right in the middle of an ordinary life, Love gives us a fairy tale."

"Dearly beloved, we are gathered here today in the presence of their families and friends to join Nicole and Christopher in matrimony..."

Last Sunday I got to be escorted in, as one of the two grandmas, on the arm of my red-headed grandson, David, who had flown in from his home in Germany with his 13-year-old daughter, Erin, to attend the most beautiful wedding ever. Friends and neighbors, seeing one of your grandchildren marry the absolute right person is thrilling. The setting was exquisite, outdoors surrounded by trees at Bates Nut Farm in Escondido.

Our granddaughter, Nicole, is a sea lion, Orca whale trainer at Sea World. The job she has yearned for most of her life. Christopher, her husband, is an engineer, a musician and a whole bunch of other things and they are so right for each other. My own engineer, John, now residing in heaven, was mentioned a number of times during the celebration. Mainly that he would have just loved Christopher. He would have, too!

The ceremony was God-centered, the bride and groom are God-centered and I foresee happiness ahead. Yes, there will be difficult days but they will get through them together. The bridesmaids and matron-of-honor have been Nicole's friends since high school and college and Christopher's groom's men were pretty much the same. Speaks well of people that they can hang on to friends.

I figure our family alone was about a hundred people with lots of little kids racing about tossing shoes in the bushes and barefooting it. Both sets of parents got through their toast speeches without too much breaking down...did better than I would have! There was dancing, laughter and I guess JOY pretty much described the day. How blessed they are to start this new life together.

I remember my own wedding day, April 1, 1967. It poured. I don't mean it sprinkled, folks, it poured. However, I have always maintained that the bride who has rain on her wedding day won't cry a lot during her marriage...and I didn't. We laughed together more than we cried. It was a very small wedding, John, me and his wonderful parents. We drove up the coast to Santa Barbara, and spent several days in Big Sur for our honeymoon.

Nicole and Christopher are in Jamaica for theirs. Jamaica was one of the places we visited a number of times and always just loved it. One of my favorite memories was of walking along the beach early in the morning and being approached numerous times by Jamaicans offering to sell us Ganja. "Ganja definition, marijuana, especially in the form of a potent preparation used chiefly for smoking," according to Webster.

As we weren't interested in buying any of that, John asked one of them his name. "Moses, mon!" John told Moses that he'd really appreciate it if he'd pass the word along that we weren't buyers and gave Mr. Moses \$20.00 to seal the deal. Worked like a charm. Jamaica is beautiful, the ocean is warm and fresh fish abounds, along with glorious fruit, and rum punch is available at all times.

"Love doesn't mean you will always agree, see eye to eye, or never have an argument. It means despite the bad days you still can't see yourself without that person."

"A strong marriage requires two people who choose to LOVE each other, even on those days when they struggle to like each other." Dave Willis

"Love is an unconditional commitment to an imperfect person. To love somebody isn't just a strong feeling. It's a decision, a judgement and a promise."

"Love is patient, love is kind. It does not envy, it does not boast. It is not proud. It doesn't dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always hopes, always trusts, always perseveres. Love never fails." 1 Cor. 13:4-8

Christopher's dad, in his words to the bride and groom said, "Pray for each other. Pray together. Never go to sleep angry. Trust God." Pretty good advice I have to say.

The picture is me with Nicole. She is 5'11". I am somewhat shorter. The groom is 6'2". They are gorgeous together. Bless you all this week and I hope there's a wonderful wedding or other celebration coming up for you soon. Stay safe and wear that mask just a little longer.

One last word...don't miss the Used Book Sale behind the Sierra Madre Library today from 10 a.m. to 2 p.m. There will be bargains and goodies galore. Some of the best times daughter, Leah, and I had together were at the Used Book Sale. Readers are always looking for another book or twelve!

My book page: Amazon.com: Deanne Davis
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And "A Tablespoon of Love, A Tablespoon of Laughter"
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4th of July Scavenger Hunt—June 17 through July 8
4th of July Try-It Tuesday Craft—June 29 at 4:00 pm
4th of July Pajama Storytime—June 30 at 7:00 pm
Meet the Parade Grand Marshall!
Sierra Madre Search and Rescue Present Navigation Basics—July 17 at 1:00 pm
Navigation Scavenger Hunt—July 15 through August 5
Hula Basics with Ms. Leila—Thursdays at 4:00 pm

ADULTS

Sewing Machine Basics —June 16 or 19 at 1:00 pm
Online Game Night—June 21 and July 19 at 4:00 pm
Salty Embroidery Class—July 20 and 27 at 4:00 pm
Music & Mindfulness—June 19 & 23 and July 14 & 17

TEENS

Embroidery Class—June 15 and 22 at 4:00 pm
Fortnite GameNite—June 28 and July 26 at 4:00 pm
Sewing Machine Basics —July 7 or 10 at 1:00 pm
DJ & Mixing Class with Mr. Fred—July 14 and 21 at 6:00 pm or July 12 and 19 at 1:00 pm

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The City of Sierra Madre's Paramedic Subscription Program covers emergency medical response fees that may not be covered by your primary insurance company. This annual membership is available to City of Sierra Madre residents and covers emergency services provided within city boundaries.

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Wed	Sunny	Hi	80s	Lows	60s
Thur	Sunny	Hi	80s	Lows	60s
Fri	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS June 8, 2021 4:00 pm

As part of the City of Sierra Madre's COVID-19 transmission mitigation efforts, the City Council meeting will take place at the City of Sierra Madre Memorial Park Bandshell located at 222 W. Sierra Madre Blvd, Sierra Madre CA 91024. As part of the COVID-19 transmission mitigation efforts, the City recommends that all attendees bring their own chair. In the event of rain or other inclement weather, the meeting may be moved to Zoom.

The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting. Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in-person at the meeting.

The meeting will be streamed live on the City's website at cityofsierramadre.com, on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum).

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

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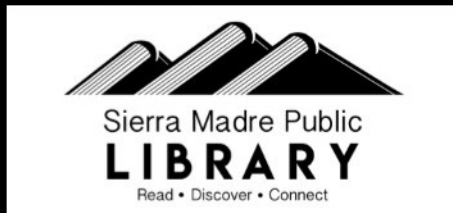
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This week at the
Sierra Madre
Public Library

June 7-12

Monday

Story Adventure at Memorial Park—A new story will be available all week!

Preschool Storytime at Memorial Park—9:00 & 10:00am. Space is limited; call the Library at 626-355-7186 to register.

Thursday

Baby Rhyme Time at Memorial Park—9:00am. Space is limited; call to register.

Tails & Tales—View online after 1:00pm

Hula Basics—In-person at the Library at 4:00pm. Space is limited; call to register.

Saturday

Family Science Workshop—Online at 11:00am; call to register.

Anime Your Way—Online at 1:00pm; call to register.

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Pasadena Altadena

News From Your Community For Your Community

City to Hold Pride Flag Raising Event



June marks the celebration of Pride Month—a time when millions of people come together in support of the LGBTQ community. Many in-person celebrations are resuming as COVID-19 restrictions are lifted and more people are vaccinated. On Monday, Mayor Victor Gordo and the city council will host a flag raising ceremony at 12:30 p.m. in front of city hall, 100 N. Garfield Ave. This ceremony is open to the public, community members and city staff, with masks and physical distancing measures in place officials said.

According to city staff, Pride Month began in June 1970, one year after police raided the Stonewall Inn, a gay club in New York City. Though the police claimed the bar was operating with an improper liquor license, the raid was about nothing more than violently harassing and arresting LGBTQ people in one of the few places where they felt safe. Similar raids on gay-friendly businesses had been occurring for decades, but Stonewall was one of the first times when the patrons fought back. A diverse crowd of lesbians, gay men and transgender women—many of whom were people of color—clashed with police, threw bottles, and refused to be intimidated. The six-day period of protests and demonstrations is now referred to as the Stonewall riots.

For more information visit: cityofpasadena.net.

Blood Drive



American Red Cross

South Pasadena Public Library will hold a Community Blood Drive Monday from 1:00 p.m. to 7:00 p.m. at Library Community Room 1115 El Centro.

To schedule your life-saving appointment, please visit RedCrossBlood.org and enter sponsor code: SOPASLIB.

On the Day of the Drive: Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions.

For more information visit: southpasadenaca.gov.



City Moves Playhouse District Park Forward

By Dean Lee

At their last meeting, the Pasadena city council voted unanimously in favor of accepting a bid from Act 1 Construction, Inc. to build a Playhouse District Park and Parking Lot with a price tag of over \$4 million. The new park, to be located at Union Street and El Molino Avenue has yet to be officially named.

At the request of Councilmember Tyrone Hampton, the motion included that General Contractors should utilize local businesses and residents as part of work allocation for subcontractors.

City manager Steve Mermell cautioned that the city is limited by their local charter and state law as to what they can do in requiring subcontractors to use local hiring.

“These are our dollars and not federal money,” Hampton said. “There is opportunity, whether it be excavating, it could be concrete work, we have nurseries. If we’re going to give them to general contractors, we can ask those contractors... to let local businesses participate in the subcontracting.”

All of the public comments were in favor of building the park saying the Playhouse District lacks open space.

“There is a serious lack of green

space in this part of Pasadena and the park will go a long way towards rectifying this situation,” said Linda Vogler, who owns a home on Union Street.

Features of the new park will include:

- Central lawn area for recreation and community gatherings;
- Shade trellis structure and platform for socializing and staging of community events;
- Parking plaza with integrated stormwater management system;
- Accessible children’s play area with natural play elements, rubberized play surface, and shade structures;
- Off-leash dog run with delineating fence for big and small dogs;
- Mature tree plantings;
- New sidewalk along Union Street to integrate the pedestrian experience with the park; and
- New two-stall restroom building with storage for park maintenance and user groups. The restroom building was presented as an additive alternate due to the project’s budgetary constraints.

City staff said construction is set to begin in August and completed in spring 2022. Staff is also expected, in the

next few months, to conduct a public outreach effort for naming of the new park. criteria will include Geographical location, Cultural or historical significance or name of an individual who has made a significant contribution to the community, country, state, or the field of parks and recreation.

Pasadena Heritage Virtual Spring Home Tours

Pasadena Heritage is proud to present a new version of our annual Spring Home Tour. Instead of a one-day event, tours of six architectural works of art will be offered as a series. Part 3, Revival-style Architecture, will premiere on the last Sunday of June and all three recordings will be available through July 4th.

Premiering June 27th, we will visit the charming Lansing Beach House, a French Norman-style home built in 1927 by David Witmer and Loyall Watson. The original owners of this house, Lansing and Katherine Beach, met in France during WWI. It is said that they had this home built in this style as a tribute to their courtship. We will also virtually visit architect Everett Phipps Babcock’s own home. This home, known locally as the “fairy tale castle” then, has the feeling of a medieval manor. Built in the English Tudor style in 1926 for the architect and his wife Clare, it served as Babcock’s residence and home office for a period. The home is a City Landmark and is part of the recently designated Arden Road Historic District.

Parts 2 and 3, April and May, recordings are now available.

Pasadena Heritage is a nonprofit organization founded in 1977 and dedicated to historic preservation in and around Pasadena, California. The organization advocates on behalf of historic resources, educates the public about local history and the benefits of preservation, provides referrals and consultations to those restoring historic buildings, and demonstrates quality restoration through its own preservation projects.

For more information visit: pasadenaheritage.org.

Tournament Celebrates 100 Birthday of 1940 Rose Queen



The Pasadena Tournament of Roses celebrated Tuesday the 100th birthday of 1940 Rose Queen Margaret Huntley Main. Queen Margaret (pictured) is the oldest living Rose Queen and treasured by the Tournament of Roses. She has the distinct honor of having met every Rose Queen; from the first in 1905 to the 2020 queen.

A 100th birthday party was held for Queen Margaret near her home in the city of Auburn last month. She was presented with 100 roses and a birthday cake by 2022 Tournament of Roses President Bob Miller on behalf of the volunteer members and staff. Queen Margaret was surprised when Miller revealed that her 1940 crown was borrowed from the archives for her to wear during the Zoom

birthday party. Joining her on the birthday Zoom were past Rose Queens and other well-wishers.

In 1939, as a young co-ed at Pasadena Junior College, Margaret walked before a Tournament of Roses’ committee not knowing her life was about to change. With her infectious personality and charm, she exemplifies what it is to be a Rose Queen.

The Tournament of Roses is a volunteer organization that hosts America’s New Year Celebration with the Rose Parade presented by Honda, the Rose Bowl Game and a variety of accompanying events. The Association’s 935 volunteer members drive the success of these annual events. For more information, visit: tournamentofroses.com.

Ancient Egyptian History is Theme of the Masters Series

The June term of The Masters Series, which embraces lifelong learning and is presented by the Pasadena Senior Center, will be virtual via Zoom for people 50 and older Tuesdays, June 8 to 29, from 2 to 4 p.m.

Dr. Timothy Doran, associate professor of ancient history at Cal State LA, will guide participants through a compelling examination of Egypt beginning in prehistoric times and continuing through the death of Cleopatra in 30 BC.

The cost for the seven-week term is only \$50 for members of the center and \$60 for nonmembers. Membership at the center and Pasadena residency are not required.

To register, visit: pasadenaseniocenter.org and click on Masters Series Lifelong Learning or call 626-795-4331. Everyone who registers will receive an email link to access each event.

Doran, a scholar of Greco-Roman culture, teaches Greek, Roman, ancient near-eastern

and Egyptian history with a focus on political, cultural and social topics. He also teaches big history – everything from the Big Bang Theory to theory on the ultimate fate of the universe, drawing on anthropology, history, political science, astronomy, geology and biology.

He is the author of “Perspectives in Ancient History: Spartan Oliganthropia” (Oliganthropia means shortage of males) and is working on his second book, “The Spartan Genos: Eugenics, Consanguinity and Hereditarianism in Ancient Sparta.”

In addition to online classes and other activities, members and nonmembers are encouraged to visit the Pasadena Senior Center website regularly for COVID-19 updates for older adults and other timely information, a weekly blog, monthly magazine, ongoing activities throughout the year and more. For more information visit: pasadenaseniocenter.org.

South Pas Virtual Author Talk with Maia Kobabe

Maia Kobabe (pictured), a nonbinary, queer author and artist, will join the South Pasadena Public Library on Wednesday at 7:00 p.m., for a virtual discussion on the importance of sharing queer stories, the value of honesty and vulnerability, and living authentically. The event, which is appropriate for high school students through adults, will be held via Crowdcast at: crowdcast.io/e/maiakobabe.

Kobabe’s first full length book, Gender Queer: A Memoir, was published in May 2019. Physical copies of Gender Queer: A Memoir are available for checkout at the Library and digital copies are available through ComicsPlus with a South Pasadena Public Library car.

Kobabe’s short comics have been published by The Nib, The New Yorker online, and in many anthologies including The Secret Loves of Geek Girls, Faster Than Light Y’all, Gothic Tales of Haunted Love, Shout Out, Advanced Death Saves and Be Gay, Do Comics. Before setting out to work freelance full-time, e worked for over ten years in libraries. Eir work is heavily influenced by fairy tales, homesickness, and the search for identity.



Prior to Kobabe’s visit, readers are welcome to join the Library’s Comic Book Club to discuss Gender Queer: A Memoir at the Thursday, June 3rd meeting at 7:00 p.m. The Comic Book Club meets online on the first Thursday of each month to discuss selected graphic novels and comics. It is intended for adult participants, as titles discussed may contain mature images and subjects. Although registration for the Comic Book Club is required, prior participation in the Comic Book Club is not required to attend Kobabe’s author talk.

This program is presented by the South Pasadena Public Library with generous support from the Friends of the South Pasadena Public Library.

LOCAL JOURNALISM CONNECTS OUR NEIGHBORHOODS.
HELP KEEP OUR NEIGHBORHOODS CONNECTED.



ARCADIA APPOINTS DEPUTY CHIEF BARRY SPRIGGS AS FIRE CHIEF

Arcadia City Manager Dominic Lazzaretto has appointed Deputy Fire Chief Barry Spriggs to the position of Arcadia Fire Chief. A 27-year veteran of the Arcadia Fire Department, he will succeed Fire Chief Michael Lang, who is departing from the Arcadia Fire Department to serve as Fire Chief for the City of Manhattan Beach.

"On behalf of the entire Arcadia community, I would like to congratulate Deputy Chief Spriggs on his selection as Arcadia's next Fire Chief," said Mayor Sho Tay. "The Arcadia Fire Department is a world class organization and the City Council is honored to have him be our next Fire Chief."

Deputy Chief Spriggs began his career with the Arcadia Fire Department in 1993 as a Fire Technician. Between 1994 and 2008, he held the positions of Firefighter, Fire Engineer, and Fire Captain.

In 2008, he was promoted to Battalion Chief where he managed the Emergency Medical Services Division, served as the City's Emergency Manager, and was the Training Officer for the Fire Department.

In 2016, Barry was promoted to Deputy Fire Chief where he managed department-wide operations, including serving as the City's liaison during the interagency response to the Bobcat Fire. Barry has a Bachelor of Arts Degree from Azusa Pacific University and is married with two grown children.

"Chief Spriggs is uniquely qualified to lead the Arcadia Fire Department. I'm confident that our Class 1 Fire Department will be in great hands under his leadership," said City Manager Dominic Lazzaretto. "I also want to thank Chief Lang for his many years of dedicated service to the City of Arcadia. Mike's focus on talent development in the past few years makes appointing Barry an obvious choice and I'm sure both men will make Arcadia very proud in the coming years," he added.

"It is a great privilege to be named the next Fire Chief for the City of Arcadia," said Deputy Chief Spriggs. "The men and women of the Arcadia Fire Department are the finest in the fire profession. I would like to thank the City Manager and the City Council for their confidence and support." With his appointment, Deputy Chief Spriggs will become Arcadia's 17th Fire Chief. He will assume command on June 21, 2021. For more information about the Arcadia Fire Department, please visit ArcadiaCA.gov/Fire.



ANNUAL REGISTRATION FEE FOR THE CITY'S UNOCCUPIED RESIDENCE REGISTRY BEGINS JULY 1, 2021

Beginning July 1, 2021, the Unoccupied Residence Registration will require an annual fee of \$1,492.

The fee will allow the City to continue efforts to ensure unoccupied properties remain secured, well maintained, and do not become a nuisance to the community. An unoccupied residence is a single-family home that has not been occupied for at least 30 days.

Houses that are actively under construction, in escrow to be sold or transferred, or being actively marketed by an identified listing agent are not considered unoccupied.

Registration of unoccupied residences is required and includes providing up-to-date contact information for the property owner, contact information for two authorized persons,

with at least one being available on a 24-hour basis, as well as the annual fee. In lieu of providing two authorized contacts, property owners may designate a property management company as their contact. The property management company should be located within 20 miles of the unoccupied residence and be available on a 24-hour basis.

Property owners of unoccupied residences, including those that are already listed on the registry, can begin paying the annual registration fee July 1, 2021, and may register at Arcadia City Hall, or online at www.ArcadiaCA.gov/UnoccupiedReg. For more information, please contact the Code Services Division at 574-5432, or email DSD-CodeServices@ArcadiaCA.gov.

Summer 2021
Now enrolling

Classes begin the week of June 14th.

Drawing
Painting
Ceramics
Mosaics
Jewelry
Enameling

Register online, by phone or in person

Creative Arts Group
108 N. Baldwin Ave. Sierra Madre
(626) 355-8350 CreativeArtsGroup.org

News & Notices

HYBRID DUARTE CITY COUNCIL MEETINGS STARTING JUNE 8

On June 8 at 7 PM, the City of Duarte will host its first hybrid in-person/virtual format City Council meeting. To remain compliant with current COVID-19 Health Orders, in-person attendance will be limited capacity with social distancing, and masks will be required. Doors will open at 6:30 PM.

"Duarte is excited to greet residents again in-person - from a distance, of course - starting with our city council meetings," said Mayor Pro Tem Margaret Finlay. "We are very appreciative of resident participation in our meetings, and believe the virtual and in-person format will maximize the opportunity for citizen input."

Per current Los Angeles County Department of Public Health (DPH) orders, up to 30 people, which includes City Council members and staff, can participate in the meeting from the Council Chambers. Up to 12 additional people can participate from an onsite overflow room. All in-person guests must have their temperature checked upon arrival. Eating and drinking is prohibited. In-person attendees that wish to make a public comment(s) on agenda items, including oral communications and hearings, will need to fill out a speaker card(s) with staff and wait until their name is called to step up to the mic.

Residents who prefer to participate in the meeting virtually can still do so via Zoom. Register to participate virtually here. The City will also post the Zoom registration link for the meeting on the first page of the agenda packet, located on the City's website.

All speakers, both in-person and virtual, will have three minutes.

Procedures may continue to evolve for future City Council meetings as Health Orders change.

MONROVIA CITY COUNCIL PROCLAIMS JUNE AS PRIDE MONTH

The Monrovia City Council is proud to proclaim June as Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ+) Pride Month.

Nationwide, this month-long celebration demonstrates how LGBTQ+ individuals have strengthened our community, by using their talent and creativity to help create awareness and goodwill.

The first Pride March in New York City was held on June 28, 1970, on the one year anniversary of the Stonewall Uprising.

Catch breaking news at:
mtnviewsnews.com

ALTADENA-SO. PASADENA-SAN MARINO

REOPENING OF SOUTH PASADENA CITY FACILITIES

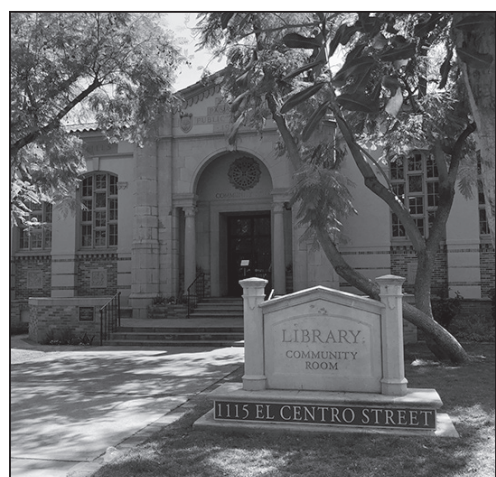
The city of South Pasadena last week reopened certain city facilities in accordance with public health guidelines. The public may visit facilities to conduct business during specified business hours beginning that date, in accordance with established safety protocols. Face coverings and social distancing will be required. Virtual services will continue to be offered for convenience and appointments are still recommended to reduce wait times and ensure social distancing.

The City has implemented all possible steps to ensure a safe environment for both our employees and visitors. This includes workplace modifications to provide for appropriate social distancing, plexy glass barriers at public counters, and increased cleaning and disinfecting of facilities. In addition, employees have completed training on how to clean and disinfect their workspace before and after each shift, or as necessary, for the protection of employee and visitor health.

"We are very excited to open the doors to your facilities so that we can serve you in-person whenever possible," said Interim City Manager Sean Joyce. Over the last few weeks, employees have phased back to the workplace as necessary to deliver services to the community, while maintaining safe operations. As we transition to full reopening between May 17 and June 1, employees will be on site during regular business hours. We encourage the public to continue to make appointments when visiting city facilities and follow protocols posted prominently at each city facility per Los Angeles County Health Orders. Face masks and social distancing will be required at all times when inside the facility and sneeze guards have been installed where necessary for the safety of visitors and employees. Visitors may be asked to have their temperatures checked prior entering city facilities and be required to schedule appointments for in-person meetings with department staff to ensure that office capacity reductions are maintained in accordance with LA County Health requirements.

For your convenience, virtual services, such as online payments and meetings, will continue to be offered.

Also last week, the South Pasadena Public Library began welcoming customers back into the library building with its "Library Abridged" modified in-person



services. The popular Library Takeout no-contact borrowing service and Materials Matchmaker offering will continue during this transition as services are reintroduced. For more information about in-library services visit the library's website at:

southpasadenaca.gov/libraryabridged or call 626-403-7350.

The Planning, Building and Public Works public counters will start in-person scheduled appointments beginning the week of May 31, but will continue to offer virtual appointments as well. Signs posted online at www.southpasadenaca.gov/government/departments/planning-and-building and in the City Hall courtyard will provide information on how to schedule meetings with staff.

The Senior Center will re-open on June 7 as it completes minor interior renovations. The limited reopening will allow for certain activities to resume at 25 to 50% capacity, depending on the activity. Staff anticipates additional guidance from the health department to be released shortly. The Senior Meals Program will continue to deliver meals through the end of June and begin in-person meal service on July 6.

The City is also taking measures to again conduct in-person City Council and Commission/committee meetings. Protocols are being developed and physical barriers are planned for installation for the safety of all. Live in-person council and commission meetings are expected to resume mid-June or early July.

For more information visit: southpasadenaca.gov.

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Now enrolling

Classes begin the week of June 14th.

Drawing
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Ceramics
Mosaics
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Register online, by phone or in person

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AROUND SAN GABRIEL VALLEY

FOOTHILL UNITY CENTER, EXECUTIVE DIRECTOR BETTY MCWILLIAMS TO RETIRE

After 22 years of service, Foothill Unity Center Executive Director, Betty McWilliams is retiring. Betty faithfully led Foothill Unity Center through many exciting and challenging growth periods including the expansion of the Food and Health Services Departments and the creation of the Workforce Development Department. She also guided the organization during its historic purchase of and relocation to its 28,000-square-foot Monrovia Center.

Betty, who plans to remain actively involved at the center, looks forward to spending time traveling and having quality time with her family during her retirement.

Congratulations on your retirement and thank you for all that you have done for the Monrovia community and beyond, Betty!



L.A. COUNTY UNDERSCORES BUSINESS COMPLIANCE AFTER JUNE 15 REOPENING

While case numbers and other metrics continue to remain low and stable, there is still potential for transmission of COVID-19 at worksites among unvaccinated workers. It will continue to be important for all businesses to comply with infection control requirements and all Cal/OSHA requirements at worksites past the June 15 reopening.

Yesterday, the Cal/OSHA standards board recommended relaxing physical distancing and masking requirements for fully vaccinated workers, and other adjustments to align with the June 15 reopening. If the standards are approved by the Office of Administrative Law in the next 10 calendar days, the standards are expected to go into effect no later than June 15. The revised standards include the following:

Face Coverings: Fully vaccinated workers without COVID-19 symptoms do not need to wear face coverings in a room where everyone else is fully vaccinated and not showing symptoms. In rooms where everyone is not vaccinated, face coverings continue to be required for everyone regardless of vaccination status. Both fully vaccinated and unvaccinated workers without symptoms do not need to wear face coverings outdoors except when working at "outdoor mega events" with over 10,000 attendees, which may include events or theme parks.

Physical Distancing: When the revised standards take effect, employers can eliminate physical distancing and partitions/barriers for employees working indoors and at outdoor mega events if an employer provides respirators, such as N95s, to unvaccinated employees for voluntary use. After July 31, physical distancing and barriers are no longer required (except during outbreaks) provided all unvaccinated employees are offered respirators for voluntary use.

Exclusion from the Workplace: Fully vaccinated workers who do not have COVID-19 symptoms no longer need to be excluded from the workplace after a close contact.

Special Protections for Housing and Transportation: Special COVID-19 prevention measures that apply to employer-provided housing and transportation no longer apply if all occupants are fully vaccinated.

Employers will still be required to maintain a written COVID-19 Prevention Program with the following changes:

Employers must review the California Department of Public Health's Interim guidance for Ventilation, Filtration, and Air Quality in Indoor Environments.

COVID-19 prevention training must now include information on how the vaccine is effective at preventing COVID-19 and protecting against both transmission and serious illness or death.

"We extend our deepest condolences to the many people across L.A. County who have lost a loved one or friend to COVID-19," said Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "Businesses following required safety modifications at worksites remains an important strategy to keep COVID-19 transmission low as we increase the number of people vaccinated. A fully vaccinated workplace is the safest worksite to prevent COVID-19 infection and will allow for the fewest worksite requirements. We urge employers to make it easy for all workers to get vaccinated by bringing vaccines to the worksite or offering paid time off for staff to get vaccinated. Ensuring worker safety is essential."

Public Health is connecting businesses and workplaces needing vaccinations to County mobile units and vaccination partners throughout the community. If there is a workplace where people need to get vaccinated, Public Health encourages you to visit the Find a Vaccination Provider page to request an on-site clinic at your workplace, business, or special event from one of the mobile vaccination units or other vaccination partners in the community to provide vaccines.

Beginning today, Friday, June 4 to next Thursday, June 10 at County-run vaccination sites, participating LA city and St. John's Well Child and Family Center sites, everyone 18 and older coming to get their first vaccine or who brings a first-time vaccine recipient with them to their second dose appointment, will have an opportunity to win a pair of tickets to the 2021-2022 home season of either the LA Football Club soccer team or the LA Dodgers. Official rules and participating site locations will be posted on the Los Angeles County Vaccination Sweepstakes page online this Friday.

Anyone 12 and older living or working in L.A. County can get vaccinated. To find a vaccination site near you, to make an appointment at vaccination sites, and much more, visit: www.VaccinateLACounty.com (English) and www.VacunateloSanAngeles.com (Spanish). If you don't have internet access, can't use a computer, or you're over 65, you can call 1-833-540-0473 for help finding an appointment, connecting to free transportation to and from a vaccination site, or scheduling a home-visit if you are homebound. Vaccinations are always free and open to eligible residents and workers regardless of immigration status.

L.A. COUNTY COVID-19 VACCINE: AFTER YOU ARE FULLY VACCINATED

These are new public health recommendations for fully vaccinated people. They are based on guidance issued by the Centers for Disease Control and Prevention (CDC). They will be updated over time as we learn more about the impact of vaccination on the spread of COVID-19.

What does it mean to be fully vaccinated?

You are considered fully vaccinated when:

- Two weeks or more have passed since you received your second dose in a 2-dose vaccine series (PfizerBioNTech or Moderna); or
- Two weeks or more have passed since you received your dose of a single-dose vaccine (Johnson & Johnson/Janssen)

People Who Are Fully Vaccinated Can:

- Visit indoors with a small number of other fully vaccinated people without wearing a mask or physically distancing;
- Visit indoors with unvaccinated people from one other household without wearing masks or physical distancing, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19;
- Travel, provided they take precautions described in the LA County travel advisory;
- Refrain from quarantine and testing if they have been exposed to a person with COVID-19 and they do not have symptoms.

People Who Are Fully Vaccinated Should Continue to:

- Take steps to protect themselves and others by wearing a mask, staying at least 6 feet apart from others, and avoiding crowds and poorly ventilated spaces. These precautions should be taken whenever they are:

- o In public
- o Gathering with unvaccinated people from more than one other household
- o Visiting with an unvaccinated person who is at increased risk for severe COVID-19 disease or who lives with a person at increased risk.

- Avoid medium- and large-sized in-person gatherings
- Watch out for symptoms of COVID-19, especially if after contact with someone who is sick. If they have symptoms of COVID-19, they should get tested and stay home and away from others.

For more information

- Visit the "After you get a vaccine" webpage on VaccinateLACounty.com (scan the QR code to view)
- Visit CDC's webpages [Interim Public Health Recommendations for Fully Vaccinated People](https://www.cdc.gov/media/releases/2021/s0604-covid-19-vaccine.html) (detailed) or [When You've Been Fully Vaccinated](https://www.cdc.gov/media/releases/2021/s0604-covid-19-vaccine.html) (basic)

LOCAL STATISTICS AS OF 06/04/2021

TOTAL LA COUNTY CASES

Cases: 1,244,662
Deaths: 24,378

CITY	POPULATION	CASES	DEATHS
Altadena	43,260	3,350	75
Arcadia	57,754	2,732	137
Bradbury	1,069	37	0
Duarte	22,016	2,319	98
Monrovia	38,800	3,190	78
Pasadena	141,371	11,287	346
Sierra Madre	10,989	470	13

TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

100 DAYS OF GRILLING

Just picked up the Quintessential book on one of my favorite subjects and the book is titled "Meat". It's a coffee table book full of pictures and recipes on the art of making anything and everything to do with meat - pork, chicken, lamb, you name it! Author Pat LaFrieda's award winning book is truly everything you'll ever want to know with plenty of full diagrams and explanations of each part of your favorite protein!!

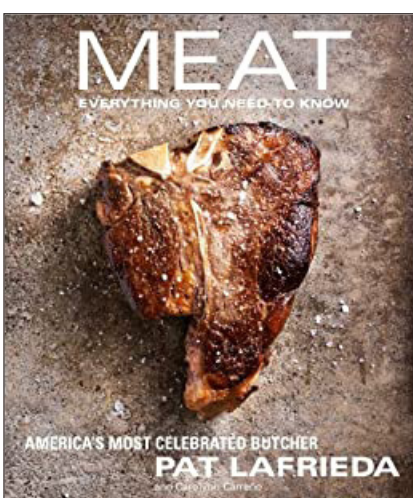
Here are a few excerpts from the book.

It is ok to refreeze most seafood. Seafood is mostly frozen on the boats so that the fisherman can stay out longer, so go ahead and refreeze your seafood.

Why is it bad to defrost meat and then freeze it again? There's an old wives tale that says you'll get sick from eating refrozen meat. That's not entirely true, that will only happen if you leave your meat out overnight and it has time to attract bacteria. The truth is, many restaurants will thaw steaks and chickens and cut them up and wrap the portions for later use.

Buying Beef

This might be a bit of a challenge when going your local market, but I love going to a butcher. We have a few in town, ask them for Angus cuts of meat and the cattle should be under 2 years of age. The dry age term that you've probably heard refers to once the cattle has been cut into quarters. Dry aged could have a smell of corn, but steak should be odorless. The visual test is the steak evenly colored? Dark purple would indicate the cattle itself was older.



Cooking the Steak

This is where the controversy begins, charcoal or gas, though I suggest using the 165 degree rule, that way you know that any bacteria has been killed off. I personally enjoy cooking steaks at home opposed to going out, so that I can watch and make sure the steak is perfect. When using coals never put the meat on till the coals are almost white and you can no longer put your hand over the BBQ. Pro Tip If you must use sauce, wait till you are ready to take your meat off the grill, you'll avoid burning the skin.

Well, that's a wrap I have learned a lot from this book and will continue to use it as my holy grail of cooking tips.

For additional tips tune into my radio show Sundays at 5PM on AM 830 KLAA, I'm usually on right after the baseball game.



Directors Anthony Fellow and Jennifer Santana of the Upper San Gabriel Valley Municipal Water District present

FIRESCAPING THE FOOTHILLS TOWNHALL MEETING

**Thursday, June 24, 2021
5:00 PM - 6:00 PM**

Guest Speaker:

DOUGLAS KENT, MS, MLA

AUTHOR OF "FIRESCAPING THE FOOTHILLS"

Partners:



Register Here:

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GOLF GADGETS THAT CAN HELP OLDER GOLFERS

Dear Savvy Senior:

Do you know of any golfing equipment that can help older golfers? My dad, who's 76, loves to play golf, but arthritis in his hands has made gripping the club challenging, and his fragile lower back makes stooping over to tee-up or retrieve the ball a problem too. Is there anything out there that can help? Golfing Buddy

Dear Buddy:

There are actually a wide variety of adaptive golf equipment that can help older golfers who struggle with injuries, arthritis or loss of mobility. Here are several golfing products that may help with different needs.

Gripping Solutions

Gripping a golf club is a very common problem for seniors with hand arthritis or those who have hand or elbow injuries. To help alleviate this problem there are specially designed golf gloves and grips that can make a big difference.

Two of my favorite gloves are the Bionic Golf Gloves (BionicGloves.com) that have extra padding in the palm and finger joints to improve grip. And the Power Glove (PowerGlove.com) that has a small strap attached to the glove that loops around the club grip to secure it in your hand. These run between \$20 and \$30.

Another option is to get oversized grips installed on your dad's clubs. These can make gripping the club easier and more comfortable and are also very good at absorbing shock. Oversized grips are usually either one-sixteenth-inch or one-eighth-inch larger in diameter than a standard grip, and cost around \$10 per grip. You can find these grips and have them installed at your local golf store or pro shop.

Or, for a grip-and-glove combination fix, check out Quantum Grip (QuantumGrip.com), which incorporates Velcro material recessed in the golf club grip and a companion golf glove that has mating Velcro material in the palm. Cost: \$25 per grip, and \$40 a glove.

Upright Tools

For golfers with back, hip or knee problems, there are a number of different tools that can eliminate the repetitive bending and stooping that comes with playing golf. For example, for teeing up the ball without bending over, consider the Tee-Up Foldaway by Zero Bend Golf. This is a 34-inch long-handled tool that has a trigger-style handgrip and a jaw that holds the ball and tee for easy placement. It costs \$70 at ZeroBendGolf.com.

For other stoop-proof tee-up solutions, see the Tee Pal Pro (\$70, TeePalLLC.com) and Joe's Original Backtee (\$25, UprightGolf.com).

ZeroBendGolf.com and UprightGolf.com also offer ball pickup tools and magnetic ball marker products that cost under \$15.

Or, if you just want a great all-around golf picker-upper, consider the Graball GrabAll Jaw – sold through Amazon.com for \$10 for a package of two. It attaches to the handle end of your putter and chipper and is designed to pick up golf balls, flagsticks, putters and green side chippers.

Reflective Golf Balls

If diminished vision makes locating the ball challenging, Chromax golf balls (ChromaxGolf.com) can help. These are reflective colored golf balls that make them appear larger and brighter. Cost: \$10 for a three-pack.

Easy Carts

There are also ergonomically designed golf carts that can help older golfers tote their clubs around the course. If you like to walk, CaddyTek (CaddyTek.com) and Clicgear (Clicgearusa.com) has a variety of three and four-wheeled push/pull carts that are highly rated for function and foldability. Costs typically range between \$150 and \$300.

Or, for severe mobility loss, the SoloRider specialized electric golf cart (SoloRider.com) provides the ability to play from a seated or standing-but-supported position. Retailing for \$10,500, plus a \$600 shipping fee, this cart is lightweight and precisely balanced so it can be driven on tee boxes and greens without causing any damage. Federal ADA laws require that all public golf courses allow them.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...June Birthdays*

Joanne Thrane, Nellie Haynes, Dorothy McKay, Diane Hatfield, Georgette Dunlay, Elizabeth Shul Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Jacque Persing, Jeanne Peterson and Grace Sanders. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

SENIOR ACTIVITIES IN SIERRA MADRE

CHAIR YOGA

Every Monday and Wednesday, 10-10:45 am

Chair yoga with Paul is coming back! Class be held in the Covered Pavilion in Memorial Park in front of the Senior Center. Please join us for some gentle stretching, yoga, balance exercise and overall relaxation. Classes will maintain a distance of 6 ft between participants. ALL participants must be wearing masks for the duration of the class. All equipment used will be sanitized after each use before it is stored. Each participant is responsible for providing their own water, masks and needed equipment or supplies for each class. Class size is limited so please call 264-8923 to reserve your spot.

TAX ASSISTANCE

If you are in need of assistance with your 2020 taxes please know that help is a phone call away. Don Brunner, Tax Saver, is not accepting in person consultations at the moment but available for a phone or email consult. Please call him at 626-447-8829 or email TAXSAVERD@gmail.com

CREATIVE WRITING WORKSHOP

Have you ever thought about trying your hand at writing? Do you have an idea for a book and no idea how to begin? This program may be for you! Katy Nishimoto, Senior Editor with Random House, has graciously volunteered her time to lead this incredible writers workshop for seniors. Program participants will be given a prompt, a 10 minute writing task and a group reading. Discussions, readings and feedback to help guide your creative thinking into creative writing. If you have interest in writing nonfiction, a memoir, fiction or poetry then please call or email today to reserve your spot. Class will be limited to 10 participants. No writing skills or experience is required. Call Lawren Heinz at 626-355-7394 to reserve your spot and receive class information.

MUG CRAFT

Tuesday, May 18 at 11:00 am Join Lawren in making a delightful, colorful and artistic nail polish marbled mug! All supplies will be provided for you and we will meet in the Hart Park House patio. Please wear clothes you don't mind getting nail polish on. To reserve your spot or ask questions please call Lawren Heinz at (626) 355-7394 or send an email to lhein@cityofsierramadre.com

IDEAS

Do you have any ideas for programming? Is there a class or club you would like to see in our Senior Community? Please call or email Lawren Heinz with ideas or questions. 626-355-5278 x 704 lhein@cityofsierramadre.com

City staff are monitoring email communication daily, and although employees are minimizing direct engagement and interfacing less with the community, please note that voice messages, emails, and social media responses are being addressed in the most efficient and timely manner. If at any time additional information is needed, please contact City Hall Administrative Services at (626) 355-7135, Monday-Thursday from 7:30a – 5:30p, as they are taking messages and e-mailing the appropriate person. For messages that may trickle in otherwise, please note our team is remotely checking voicemail daily at the Community Services Department, (626) 355-5278 x702.

SIERRA MADRE SENIOR COMMUNICATIONS PLAN

The City of Sierra Madre is following these procedures to provide current communication in light of COVID-19 and keep the Senior Community and families informed of essential information and resources. City staff are monitoring email communication daily, and although employees are minimizing direct engagement and practicing social distancing in the community, please note that voice messages, emails, and social media responses are being addressed in the most efficient and timely manner.

If at any moment additional information is needed, please contact City Hall Administrative Services at (626) 355-7135, Monday-Thursday from 7:30a – 5:30p, as they are taking messages and e-mailing the appropriate person.

For messages that may trickle in otherwise, please note our team is remotely checking voicemail daily at the Community Services Department, (626) 355-5278 x702.

Community Services Department will continue email communication with Senior residents and aging community members.

If you know of family members or neighbors who may benefit from accessing information electronically, and to receive the department's Seniors Newsletter via email but may not otherwise have been included on an email group list, please send your request with email address to the following team members: Lawren Heinz lhein@cityofsierramadre.com and Clarissa Lowe Clowe@cityofsierramadre.com.

City Social Media will continue via Facebook as well as Instagram, and information sharing will include updates as details becomes available.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WILL WE BE SERVED COFFEE IN HEAVEN?



The last several weeks have truly been hectic in every sense of the word. Trying to catch up can be a never-ending job. When I think I'm caught up, I see another thing I need to do.

I have learned that kicking the can down the street only hurts your big toe.

With so much to do lately, it's hard to prioritize what should come first. The one thought rattling through my brain is, will anybody know if I don't do this job?

It doesn't have to rattle too long before I come to the answer to that inquiry.

If I don't do a certain job, the one who will know would be the Gracious Mistress of the Parsonage. When it comes to activities, she is the queen of priority and completion.

I don't have that kind of initiative, but I certainly try.

I have discovered that one day a certain activity will have priority; the next day, something else will have priority. Life can be very confusing, especially to someone like me trying to sort out priorities every day.

This week I reached a three-week milestone. I was delighted.

That milestone was, I had accomplished every job that I needed to do. I don't have to tell you that that doesn't happen very often; in fact, this may be the first time it has ever happened to me.

Reaching this milestone, I was utterly exhausted. I came home and sat in my easy chair, hoping I'll never have to get up again.

As I got comfortable, the Gracious Mistress of the Parsonage asked, "Would you like a cup of coffee?"

I can't think of any time or place I would say no to that offer.

She got herself a cup of coffee and joined me in the living room to sit back and relax after all of this work.

Nothing calms my mind more than a delicious cup of coffee. My wife makes coffee in the morning and then fills a thermos to make coffee available all day.

As I'm sipping that first sip, I just feel the weight of the world lifting off my shoulders. What would my life be without coffee?

As we were sitting there, she asked a question, "Do you think they will serve us coffee in heaven?"

I was not in the mood for any serious thinking because my brain was somewhat wavering in sobriety. Why did she have to ask me a question at this time? Especially one as serious as this?

However, I couldn't get this question out of my mind.

All the good my coffee does for me would cause me to hope there is coffee in heaven.

No matter what my day is like or how stressed I am, a nice hot cup of coffee takes my focus off of the problems I'm having.

I have no idea who invented coffee, but I like to meet him sometime and shake his hand. No other invention in the world has as much value to me as coffee.

Some people don't like coffee, and that's okay with me. They'll have to have something else to calm them down. Some people want decaffeinated coffee, and that's okay with me, but that's not what I'm going to drink.

I want my coffee strong. It doesn't have to be hot necessarily, but it does have to be strong. It has to be the kind of coffee that could take my attention away from the outside world. And, nobody makes my coffee better than the Gracious Mistress of the Parsonage.

Quite often, when I'm out doing things, I try to find a little place where they serve coffee so that I can sit down and relax.

In one little café I visit, I have a strict rule, "Refill my coffee every five minutes." That takes care of my anxiety.

Back to my wife's question, "Do you think they will serve us coffee in heaven?"

For one, there is no stress in heaven like we have in our world today. Just when you think our world can't get any more stressful, surprise! It does.

Just when you think you have seen the worst, surprise! You haven't.

Without stress in heaven, it would not be necessary to have coffee. However, I would be delighted to sit down somewhere with the apostle Paul and have a cup of coffee together. You learn things over a cup of coffee that you can't learn anywhere else.

There's a whole list of people I would like to sit down with and have coffee in heaven.

The coffee there would not be for taking care of stress but rather enjoying fellowship together. That is another aspect of a hot cup of coffee.

Imagine if you would, a bunch of us in heaven sitting around the table enjoying a cup of coffee when at the head of the table is none other than Jesus Christ.

Drinking coffee with friends releases a spirit of fellowship like none other.

"That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ" (1 John 1:3).

I'm not sure about the coffee in heaven, but I do know we will have a stress-free time of fellowship with other believers as well as with Christ himself. I'm looking forward to that.

FAMILY MATTERS

By Marc Garlett

JUST MARRIED? 6 ESTATE PLANNING ESSENTIALS FOR NEWLYWEDS



As we head into the peak of wedding season, if you are a newlywed or are about to tie the knot, add "estate planning" to your do list. And yes, I imagine that at this happiest time of your life, planning for your potential incapacity and eventual death is probably the farthest thing from your mind, but making it part of your wedding planning is the greatest gift you can give your soon-to-be spouse.

First, be aware of the impact of doing nothing. If you were to become hospitalized for any reason, the person you love most in the world would not have the legal authority to make your medical decisions and if you're not yet married, may not even have the authority to see you in the hospital. Your beloved would have no access to your bank accounts and could even be put into a position of having to move out of your shared home abruptly in the event of your death.

Indeed, marriage transforms your relationship into something entirely different from both a legal and financial perspective. As such, if you've recently said "I do" or have plans to do so in the near future, here are six essential items you need to address in your plan.

1. Beneficiary Designations

One of the easiest—and often overlooked—estate planning tasks for newlyweds is updating your beneficiary designations. Some of your most valuable assets, such as life insurance policies, 401(k)s, and IRAs, do not transfer via a will or trust. Instead, they have beneficiary designations that allow you to name the person (or persons) you'd like to inherit the asset upon your death.

You should name your spouse as your primary beneficiary (if that's your wish), and then name at least one contingent beneficiary in case your spouse dies before you. And if you have kids, remember to never name a minor child as a beneficiary of your life insurance or retirement accounts, even as a contingent beneficiary. If you want your child to inherit your life insurance or retirement account, you should set up a trust to receive those assets instead.

2. A Will

A last will and testament allows you to designate who should receive

your assets upon your death. If you are newly married, you likely want your spouse to receive most, if not all, of your assets, and if so, you should name him or her as the primary beneficiary in your will. Additionally, although a will is an essential part of nearly every estate plan, as you'll see below, having a will alone is rarely enough to ensure your spouse and other loved ones stay out of court and out of conflict when something happens to you.

3. A Trust

Upon your death, assets included in a will must first pass through the court process known as probate before they can be transferred to your spouse or any other beneficiary. Probate is expensive, can take years to complete, and may lead to ugly conflicts between your spouse and other family members.

Furthermore, a will only governs the distribution of your assets upon your death. It offers you zero protection if you become incapacitated and are unable to make decisions about your own medical, financial, and legal needs. Here's the bottom line: If your estate plan consists of a will alone, you are guaranteeing your spouse and family will have to go to court if you become incapacitated or when you die.

To avoid the time, cost, and conflict inherent to an estate plan consisting solely of a will, you should consider creating a revocable living trust, along with your will. If your assets are properly titled in the name of your living trust, they would pass directly to your spouse upon your incapacity or death, without the need for any court intervention.

4. Durable Financial Power of Attorney

Again, estate planning is not just about planning for what happens when you die. It is equally important—if not even more so—to plan for your potential incapacity due to a serious accident or illness. If you become incapacitated and have not legally named someone to handle your financial and legal interests, your spouse would have to petition the court to be appointed as your conservator to handle your affairs.

Though your spouse would typically be appointed as your conservator by a judge, this is not always the case, and the court could choose someone else. So, to ensure your spouse can make these decisions, you should create a power of attorney to give him or her this legal authority. A durable financial power of attorney would grant your spouse the immediate authority to manage all your personal

financial, legal, and business affairs in the event of your incapacity.

5. Medical Power of Attorney and Living Will

In addition to the durable financial power of attorney, you will also need to create a medical power of attorney. A medical power of attorney is a document that would give your spouse (or someone else) the immediate legal authority to make decisions about your healthcare and medical treatment should you become incapacitated and unable to make those decisions for yourself. Without a medical power of attorney in place, your spouse would have to petition the court to become your legal guardian before he or she could make medical decisions for you.

While a medical power of attorney allows your spouse to make healthcare decisions on your behalf during your incapacity, a living will is an advance directive that explains how you would want your medical care handled, particularly at the end of life – such as if and when you would want life support removed should you ever require it. A medical power of attorney and a living will work closely together, and for this reason, they are sometimes combined into a single document.

6. Name Legal Guardians for Your Minor Children

If either you or your spouse has minor children from a prior relationship, or if you are planning to have kids of your own soon, it is imperative that you select and legally document guardians, both long-term and short-term, for your children. Guardians are people legally named to care for your children in the event something should happen to you and your spouse.

A Legacy for Your New Family

Getting married is an exciting first step for your new family, and you should start things off right by getting your estate plan properly prepared. But here is the thing about estate planning—it is not just about creating a set of documents and then filing them away in a drawer and never looking at them again until something happens. It's an important piece of the larger legacy you will be building together.

Like your family, your planning needs are constantly evolving, so you must ensure your plan is regularly updated as your assets grow, your family flourishes, and the laws change. And that is a solid foundation upon which to build your legacy.

At first, Dad and I didn't see eye to eye about moving to The Kensington, but since he did, we're both thrilled

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



PUT THE LIGHTS ON THE WORLD KEEPS SPINNING

here.

In order to soften the blow, my daughter arranged for all of us to go to the Zoo tomorrow. For me this is a major event and I have set aside my Tee Shirt with the large cartoon picture of Bernie Sanders displayed on the front. I do this because I get a tremendous kick out of asking my 22 month old granddaughter “who is this” and waiting for her reply. With a little help she says “Bernie.” At a campaign rally where I bought the shirt I resembled Bernie so much that people took pictures of me thinking I was Bernie and some reporter stopped to interview me. I noticed at that time that there were very few oldsters at the rally and that Bernie’s popularity was limited. Still, so far, hooray for Biden.

There clearly are generational disparities and I believe there is an actual need for conversations. Unfortunately, today’s active younger people are so busy playing video games and displaying their pictures by text that they have no time or interest in actually hearing what anybody else has to say. I am now a non-working retiree I have felt the loss of personal, actual in the moment, contact. Down with texting!

As an example of my uncomfortable isolation, I have given a name to a decorative coffee mug that my wife gave me as a birthday present a couple of months ago. I call him Timmy and look forward to our early morning shared pleasures including watching television. Actually I never know if what I view on television is being presented live or is a taped representation of what had already been broadcast previously. This time warping is particularly annoying when I watch MSNBC programs that seem disturbingly familiar until I realize that I viewed the same programs earlier in the day.

One final comment about the enforced isolation and confusion of older people. I wish that technological devices would be made in specific versions simpler to be operated by older people. We old folk have trouble keeping up with the technology present in new cars, iPhone, apple watches and everything else. This is not a good feeling. The fact that old folk are still around was very obvious yesterday as I played golf and then went to the market which is now opened. Finishing my 9 holes, which I walked carrying my bag on my shoulder which I do as demonstrating to myself that I am getting exercise no matter how terribly I play, I confronted another older and said “It’s pretty hot out there, be careful.” I replied, “You young kids like to take chances. I’m 77 and am old enough to know better.”

The interaction was reversed as I walked from the parking lot to a market. As I struggled to disengage my feet from the car an older looking man said to me, “need any help old timer?” I said something like, “Things get tougher when you’re 77.” His response, which I really got a kick out of, was “I’m 88 and I think I can remember that far back.” If no one else is around we oldsters will talk with our coffee mugs, babies and Tee shirts, but actually conversing with someone else in present time is the most fun. So let me know how you are doing?
Stuarttolchin@gmail.com

DINAH CHONG WATKINS

CLOSE ENCOUNTERS OF THE WRONG KIND



ANIMAL CRACKERS

The big, blonde bouffant haired waitresses in their Oktoberfest frocks sang “Happy Birthday” to me as the lit candles dripped wax on the 6 inch, non-personalized, white buttercream cake. I asked my mom why there were only three candles when I was obviously six years old. She shushed and gave me that “You’re lucky to be here” look. Swiss Chalet as the restaurant was known back then, was the 60’s WASP version of El Pollo Loco but with cloth napkins and table service. It was my first introduction to food as entertainment and I was hooked. All my birthdays after that had to be accompanied with a chorus of singing wait staff parading a flaming non personalized cake to my table. They were sophisticated events for a shortie - crayons, coloring pads, cardboard party hats emblazoned with Buddy’s Pancake House and logo. “Good enough for an 8 year old!” my father would exclaim.

Nolan Bushnell, founder of Chuck E. Cheese and Rocky Aoki, founder of Benihana knew what I intrinsically discovered, the food didn’t matter if the entertainment was good. Since the 70’s, millions of kids have run riot in their neighborhood Chuck E. Cheese, their pockets bulging with tokens and prize tickets. The owners bet on the incessant buzzing, clanging, whoop-whoop, and colored strobe lights to switch off our high functioning brain cells, how else can we explain happily exchanging \$18 in prize tickets for a miniature Troll Doll keychain? And the food there? Pizza like my mom made, out of the freezer and into the oven. But nobody cared because at the end of the 2 hour party package, we went home with our pink rubber Fart Cushions and rainbow-hued Slap! wristbands.

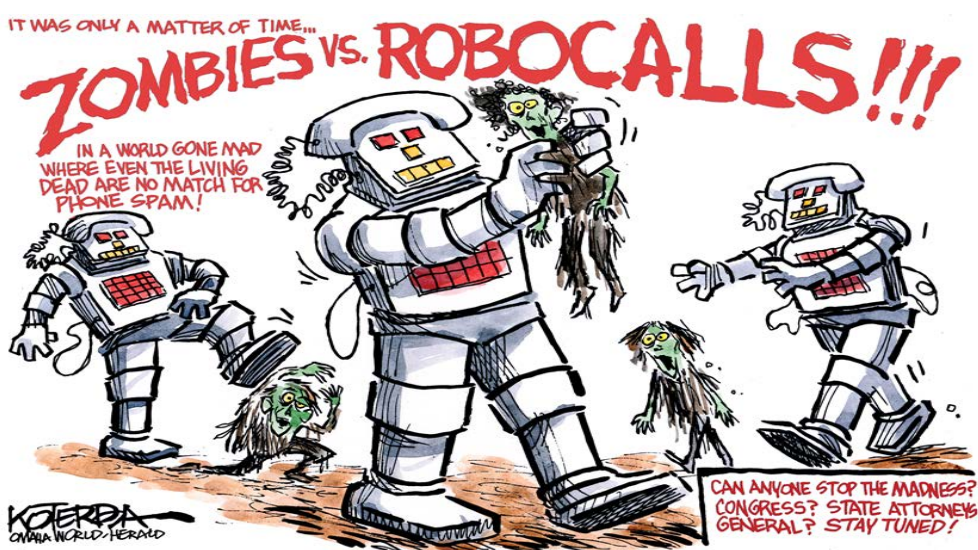
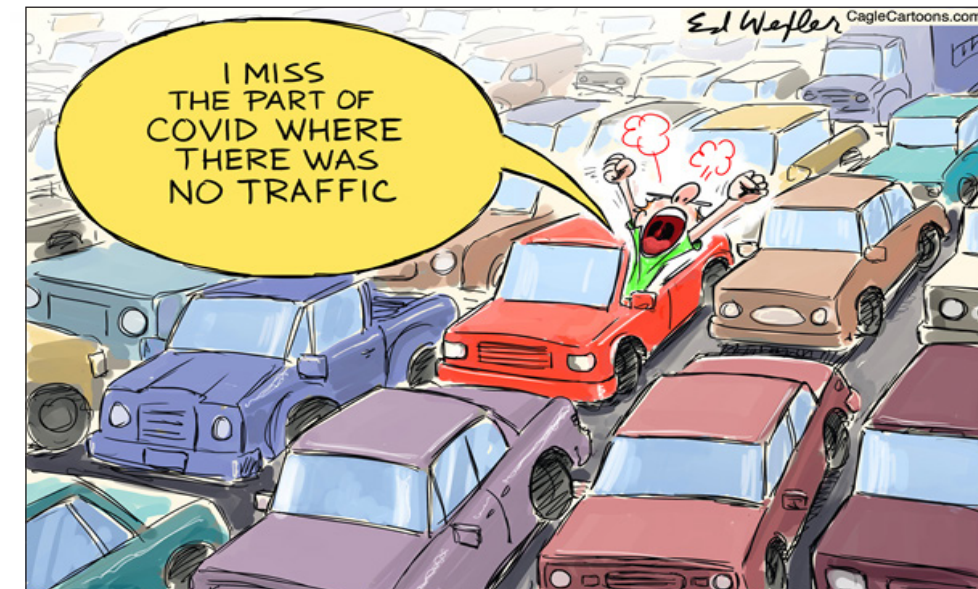
Rocky Aoki knew a thing or two about shrimp. Shrimp tasted better when it flew from the Teppanyaki’s chef spatula into your shirt pocket - dry cleaning bills notwithstanding. Blazing onion volcanos, spinning eggs and razor sharp knives were twirled, flipped and fried by this league of acrobatic chefs. We applauded at the table, unaware of the MSG migraine that awaited us an hour after the meal. But a couple of Tylenols was a reasonable price for a front seat ticket to That’s Entertainment! Benihana Style!

How do you gauge the health of your marriage? If it’s your date night and you find yourselves at a Murder Mystery dinner, it’s on the downswing. Seated at a round dining table with three other anonymous couples, each of us studiously avoided small talk, focusing instead on the canteen quality house salad with French dressing. We grew comfortably into the awkward silence and just as the plates of roasted chicken arrived - a dark figure, velvet cape flung over his shoulder, grabbed an empty chair and with an exaggerated flourish sat down. His crumpled thrift shop fedora had seen its best days back in 1954. He waved his arm expansively over the function room, “Tonight, one of you will murdered and the murderer is one of you!” the scent of Two Buck Chuck washed over the table, and at that moment I wished I had my can of Febreeze. Throughout the entree he tried to engage the stoic suburbanites at our table, the dead air made it clear to him we just wanted to be spectators and would make dull murder patsies. As if that was his cue, he stopped the waitress to refill his wine glass, “To the brim, my lady!” and with the expertise of a frat boy he chugged it down, bade us farewell and swooped towards the exit. There was a communal sigh of relief at our table as we tucked into our apple pie a la modes.

As for my Swiss Chalet celebrations - the manager eventually blackballed my family. It turned out the birthday cakes were complementary and in two years time, I had so many birthdays I was “old enough”, as the manager mentioned, to join the AARP.

Email me at dinah@letterfromabroad.com

Read more at: <https://aletterfromabroad.wordpress.com>



LEFT, RIGHT OR CENTER!

TOM PURCELL SAVING OUR ELDERLY FROM THE DIRTY ROTTEN SCAMMERS



I just got another scam phone call from someone pretending to be from the Social Security Administration, and my blood is boiling.

When I answered my phone — from the 480 Area Code in Arizona far away from Pittsburgh — a recording said, “Your Social Security number has been compromised. Stay on the line and an agent will be right with you.”

When the agent, speaking in broken English, asked for my name and address, I got even madder. Why?

First, having done cybersecurity assessment and communications work the past few years, I knew that the Social Security Administration will never call me or anyone — unless you’re having an ongoing discussion with a legitimate government employee.

Second, another telltale sign that it was a scam was that the scammers had no idea what my name or address was.

Third, I knew that elderly Americans are more likely to fall for such an obvious phone scam.

For example, my heart broke recently when I read about a 79-year-old Pittsburgh woman who got taken in by scammers.

According to this Triblive article, she received a phone call in June 2019 from a person who identified himself as an agent with the U.S. Drug Enforcement Agency.

The “agent” told her that her identity had been stolen and that she was inadvertently involved in an international drug trafficking and money laundering scheme.

The dirty rat then persuaded her to wire massive sums of her life savings to a second fake DEA agent or “she would be investigated by the DEA and would lose her Social Security number.”

According to the lawsuit that the victim has filed against her bank for not questioning her about her huge transfers, she was taken for \$4.3 million.

Look, we all have to step up our understanding of the growing risk of cyber-scammers — and we need to help our elders learn how to protect themselves from rapidly increasing threats.

The FBI reports that since many older Americans have large nest eggs and homes that are paid off, they are ripe targets.

Many elderly persons who are friendly and trusting — and wary of being rude to anyone who calls on the phone — are especially at risk in our era of smartphones, email and social media.

They are victims of identity theft, charity fraud, health care scams, “You’ve won” scams and government-imposter scams of every kind.

Scammers use fraudulent smartphone texts, spoofed emails that appear to be from people you trust, or robocalls and other phone scams using spoofed phone numbers.

I called back the 480-area-code number that had called me with the Social Security scam. It was the number for a construction firm in Arizona.

The scammers were able to spoof that legitimate phone number, as they do millions of other numbers, to fool their victims.

Helpful resources are available to help all of us learn to better identify scams and, most important, to help us protect our vulnerable elderly family members and friends:

The U.S. Federal Bureau of Investigations offers useful tips on how to stop scammers who prey on the elderly dead in their tracks.

So does the Cybersecurity Information and Security Agency.

This brochure offers useful cybersecurity information to older Americans.

And the U.S. Federal Trade Commission’s Pass It On Campaign enlists people 65 and older in an effort to recognize and report fraud and other scams.

All these Websites can help us make sure our elders are alert to the dirty tricks of the rotten scammers and know how to avoid them.

Tom Purcell is an author and humor columnist for the Pittsburgh Tribune-Review.

LETTER TO THE EDITOR

With Sacramento passing laws that uncomfortably increases the density of Sierra Madre's population and then the District Attorney's office not booking all violations that are brought to them really makes a person think. I started to wonder how our infrastructure was going to handle these changes and went on SM's web site and found only one request to fill a vacancy and that was for a police officer. What is going to become of our town?

On another note, having missed "Coffee With The Chief" I booked an appointment to meet with him. I had met Police Chief Armalin at some city functions before and heard him speak a number of times but never really had a chance to have a one on one meeting with him. I was always impressed when reading about his accomplishments with the Sheriffs Department and felt lucky to have someone of his experience running our Department. Chief Armalin was easy to talk to and explained his efforts in dealing with the Quality Of Life in our small town. I learned from a previous edition of this paper, that last year the SMPD only had 16 DA rejections on booking law breakers. DA Rejects are when the District Attorney's office refuses to prosecute the cases brought before them. This year so far they have had 57, 57 arrests made by the SMPD to protect our community that the DA's office rejected. It was discovered that the DA's office is rejecting the very types of offenses that, if left unaddressed, will definitely change the character of our city. They include arrests for narcotic possession, theft, trespassing, etc. Many of those arrested were repeat offenders. You could see where this would not only increase the work load, threaten public safety but also be disappointing for the officers making the arrest. Armalin mentioned several times his commitment in working on maintaining and protecting the quality of life in SM and ways to improve the efficiency and safety of his officers while they worked. As we said our good buys I somehow felt safer with him in charge. We were so busy talking about Sierra Madre that we never spoke about the black ribbon across his badge. That black ribbon represents respect for a Sheriff Deputy who recently lost his life serving his community.

So the question still needs to be answered, 'what is to become of our fair city? Are outside authorities (State of California/DA's office) going to radically change who we are?

With much respect,
Gary Hood, resident

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122383

The following person(s) is (are) doing business as: A&A PACIFIC TRUCKING, 5565 ACKERFIELD AVE 106, LONG BEACH, CA 90805. Full name of registrant(s) is (are) LASHAWN LEE. Signed: ACKERFIELD AVE 106, LONG BEACH, CA 90805. This Business is conducted by AN INDIVIDUAL . Signed: LASHAWN LEE ANDREWS This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122279

The following person(s) is (are) doing business as: ALEJANDRA DREAM NAILS, 8025 SORESENEN AVE SPC 6, SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) ALEJANDRA DOMINGUEZ RAMIREZ, 8025 SORESENEN AVE SPC 6, SANTA FE SPRINGS, CA 90670. This Business is conducted by AN INDIVIDUAL . Signed: ALEJANDRA DOMINGUEZ RAMIREZ This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-113492

The following person(s) is (are) doing business as: ALL PURPOSE STAFFING AGENCY, 14032 CORDARY AVE APT 29, HAWTHORNE, CA 90250. Full name of registrant(s) is (are) COLLINS ONYINYE NKEMCHOR, 14032 CORDARY AVE APT 29, HAWTHORNE, CA 90250, CLEMENT NNAMEJI, 14032 CORDARY AVE APT 29, HAWTHORNE, CA 90250. This Business is conducted by A GENERAL PARTNERSHIP. Signed: COLLINS ONYINYE NKEMCHOR This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s) (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122385

The following person(s) is (are) doing business as: BUYE NIQUE, 5565 ACKERFIELD AVE APT 106, LONG BEACH, CA 90805. Full name of registrant(s) is (are) KATHLEEN N. TUTT, 5565 ACKERFIELD AVE 106, LONG BEACH, CA 90805. This Business is conducted by AN INDIVIDUAL . Signed: KATHLEEN N. TUTT This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/01/19. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122275

The following person(s) is (are) doing business as: FREYA LASHI, 6322 WINODED DR, PICO RIVERA, CA 90660. Full name of registrant(s) is (are) ALEJANDRA RODRIGUEZ, 6322 WINODED DR, PICO RIVERA, CA 90660, JUAN ANTONIO RODRIGUEZ CHAVEZ, 6322 WINODED DR, PICO RIVERA, CA 90660. This Business is conducted by A MARRIED COUPLE . Signed: ALEJANDRA RODRIGUEZ This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122381

The following person(s) is (are) doing business as: G&G TIRES AND WHEELS, 319 E. HARRY BRIDGES BLVD, WILMINGTON, CA 90744. Full name of registrant(s) is (are) MARIBEL GUERRERO NAVARRO, 2845 BALITIC AVE, LONG BEACH, CA 90810. This Business is conducted by AN INDIVIDUAL . Signed: MARIBEL GUERRERO NAVARRO This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/20/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name

NOTICE OF PETITION FOR LETTERS OF ADMINISTRATION AND AUTHORIZATION TO ADMINISTER UNDER THE INDEPENDENT ADMINISTRATION ESTATES ACT WITH LIMITED AUTHORITY FOR THE ESTATE OF MICHAEL REIBEL Case No. 21STPB04987

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of PETITION FOR PROBATE AND LETTERS OF ADMINISTRATION AND AUTHORIZATION TO ADMINISTER UNDER THE INDEPENDENT ADMINISTRATION ESTATES ACT WITH LIMITED AUTHORITY FOR THE ESTATE OF MICHAEL REIBEL has been filed by MOIRA REGELSON in the Superior Court of California, County of Los ANGELES.

PETITION FOR PROBATE AND LETTERS OF ADMINISTRATION requests that MOIRA REGELSON be appointed as the personal representative to administer the estate of the decedent. PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils, if any, are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on June 29, 2021 at 8:30 AM in Dept. No. 11 located at 111 N. Hill St., Los Angeles, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner Appearing Pro Per:
MOIRA REGELSON
43 Sierra Place
Sierra Madre, CA. 91024
626-234-0381.
Mountain Views News
May 29, June 5, June 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-114297

The following person(s) is (are) doing business as: TUS PUNTOS CLUB, 231 E 12TH ST, LOS ANGELES, CA 90005-2532. Full name of registrant(s) is (are) DIEGO VELASQUEZ, 5015 HALDDALE AVE, LOS ANGELES, CA 90062. This Business is conducted by AN INDIVIDUAL . Signed: DIEGO VELASQUEZ This statement was filed with the County Clerk of Los Angeles County on 05/19/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-113492

The following person(s) is (are) doing business as: TWO GUY'S RECYCLING, 13260 S. SANTA FE AVENUE, COMPTON, CA 90221. Full name of registrant(s) is (are) ROBERTO GARCIA, 1360 S. SANTA FE AVENUE, COMPTON, CA 90221. This Business is conducted by AN INDIVIDUAL . Signed: ROBERTO GARCIA This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/20. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-113486

The following person(s) is (are) doing business as: S.D.SWEETCRATIONS, 9431 SUNGLOW ST, PICO RIVERA, CA 90660. Full name of registrant(s) is (are) DIANA EMILY MONTOYA, 9431 SUNGLOW ST, PICO RIVERA, CA 90660, THOMAS ANTHONY COLLIER, 9431 SUNGLOW ST, PICO RIVERA, CA 90660. This Business is conducted by A GENERAL PARTNERSHIP . Signed: DIANA EMILY MONTOYA This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/20/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-122379

The following person(s) is (are) doing business as: WINDOW DRAPERIES ETC., 449 GARDENIA AVE, LONG BEACH, CA 90807. Full name of registrant(s) is (are) LUIS ALBERTO HERNANDEZ, 4449 GARDENIA AVE, LONG BEACH, CA 90807. This Business is conducted by AN INDIVIDUAL . Signed: LUIS ALBERTO HERNANDEZ This statement was filed with the County Clerk of Los Angeles County on 06/01/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: JUN 5, 12, 19, 26, 2021

FILE NO. 2021-122126 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) GABRIELA CASTILLO, 402 S. LONG BEACH BLVD., COMPTON, CA 90221, has abandoned the use of the fictitious business name: GABRIEL'S DENTAL CONSULTING, 402 S. LONG BEACH BLVD., COMPTON, CA 90221. The fictitious business name referred to above was filed on 03/09/2020, in the county of Los Angeles. The original file number of 2020058268. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/01/2021. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) GABRIELA CASTILLO/OWNER
Dates Pub: JUN 5, 12, 19, 26, 2021

FILE NO. 2021-122146 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) GWENDOLYN FIELDS-ABRAMS, 1517 E. 55TH STREET, LONG BEACH, CA 90011, VYLETT MARIE WEBB, 1307 W 42ND ST, LOS ANGELES, CA 90037, has abandoned the use of the fictitious business name: HAIR BEYOND IMAGINATION, 1517 E. 55TH STREET, LOS ANGELES, CA 90011. The fictitious business name referred to above was filed on 11/15/2017, in the county of Los Angeles. The original file number of 2017325785. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/01/2021. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) GWENDOLYN FIELDS-ABRAMS/PARTNER
Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021107449

The following person(s) is (are) doing business as: AMBIEN ORGANIC SOLUTIONS, 6746 VAJIEAN AVE VAN NUYS, CA 91406; AMBIEN ORGANIC SOLUTIONS, 5943 RHODES AVE VALLEY VILLAGE, CA 91607. . Full name of registrant(s) is (are) ALANCO, INC. 6746 VAJIEAN AVE VAN NUYS, CA 91406. This Business is conducted by A CORPORATION. Signed: ALANCO, INC. This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s)

was filed with the County Clerk of Los Angeles County on 05/11/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/08/18. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021116727

The following person(s) is (are) doing business as: FELIX CUSTOM UPHOLSTERY, 2501 W WASHINGTON BLVD, LOS ANGELES, CA., 90018. . Full name of registrant(s) is (are) FELIX GRANADOS, 2501 W WASHINGTON BLVD, LOS ANGELES, CA., 90018. This Business is conducted by AN INDIVIDUAL . Signed: FELIX GRANADOS, OWNER This statement was filed with the County Clerk of Los Angeles County on 05/21/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/21/2021. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021100727

The following person(s) is (are) doing business as: JOHNNY AUTO BODY, 322 W AVENUE 38TH APT D, HIGHLAND PARK, CA. 90605. Full name of registrant(s) is (are) LEONET MOREY, 322 W AVENUE 38TH APT D, HIGHLAND PARK, CA. 90605. This Business is conducted by AN INDIVIDUAL . Signed: LEONET MOREY REYES OWNER This statement was filed with the County Clerk of Los Angeles County on 04/29/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/01/19. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021118034

The following person(s) is (are) doing business as: WISH RECOVERY IOP, 9795 CABRINI DR #108, BURBANK, CA 91504; WISH RECOVERY OUTPATIENT PROGRAM, 9460 WISH AVE NORTHRIDGE, CA 91325. Full name of registrant(s) is (are) AMS PRO GROUP LLC, 9795 CABRINI DR #108, BURBANK, CA. 91504. This Business is conducted by AN LLC . Signed: AMS PRO GROUP LLC, 9795 CABRINI DR #108, BURBANK, CA. 91504. This statement was filed with the County Clerk of Los Angeles County on 05/25/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: JUN 5, 12, 19, 26, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021113167

The following person(s) is (are) doing business as: PERSIAN MOTORSPORTS, 21021 VANOWEN ST APT G203, CANOGA PARK, CA. 91303. Full name of registrant(s) is (are) ROSAM! 21021 VANOWEN ST APT G203, CANOGA PARK, CA. 91303. This Business is conducted by AN INDIVIDUAL . Signed: ARIA ROSTAMI, OWNER This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/08/18. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: MAY 29, JUN 5, 12, 19, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021114109

The following person(s) is (are) doing business as: ORION TRANSIT, 137 W ARBOR VITAE ST, SUITE C INGLEWOOD, CA. 90301. Full name of registrant(s) is (are) BASSA NICODEME NICHOL, 137 W ARBOR VITAE ST APT C INGLEWOOD, CA. 90301. This Business is conducted by AN INDIVIDUAL . Signed: BASSA NICODEME NICHOL, OWNER This statement was filed with the County Clerk of Los Angeles County on 05/19/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/19. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: ES Mountain Views News Dates Pub: MAY 29, JUN 5, 12, 19, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-113542

The following person(s) is (are) doing business as: 10X REMODELING GUY'S, 436 W 29TH STREET, LOS ANGELES, CA 90011. Full name of registrant(s) is (are) NICHOLAS INVESTMENT GROUP INC., 436 W 29TH STREET, LOS ANGELES, CA 90011. This Business is conducted by A CORPORATION . Signed: NICHOLAS INVESTMENT GROUP INC. This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s)

has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-112260

The following person(s) is (are) doing business as: AEA SERVICES, 2035 LERIDA PL, ROSEMEAD, CA 91770. Full name of registrant(s) is (are) ADRIAN ZEPEDA, 2035 LERIDA PL, ROSEMEAD, CA 91770. This Business is conducted by AN INDIVIDUAL . Signed: ADRIAN ZEPEDA This statement was filed with the County Clerk of Los Angeles County on 05/17/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/20/20. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-113544

The following person(s) is (are) doing business as: ADET ENTERPRISES, 1028 N ARDMORE AVE APT 11, LOS ANGELES, CA 90029. MAILING ADDRESS: P O BOX 29533, LOS ANGELES, CA 90029. Full name of registrant(s) is (are) TAJUDEEN ADEBOYUN ADEPOJU, 1028 N ARDMORE AVE APT 11, LOS ANGELES, CA 90029. This Business is conducted by AN INDIVIDUAL . Signed: TAJUDEEN ADEBOYUN ADEPOJU This statement was filed with the County Clerk of Los Angeles County on 05/18/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/08/20. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-105283

The following person(s) is (are) doing business as: POLLO RICO, 2200 E COMPTON BLVD, COMPTON, CA 90221. Full name of registrant(s) is (are) MARIA ELENA PEREZ, 2200 E COMPTON BLVD, COMPTON, CA 90221. This Business is conducted by AN INDIVIDUAL . Signed: MARIA ELENA PEREZ This statement was filed with the County Clerk of Los Angeles County on 05/20/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-107972

The following person(s) is (are) doing business as: ALL TIME FITNESS, MOVING & KILLS BARBELL, 10261 WESTERN AVE, NORWALK, CA 90650. Full name of registrant(s) is (are) ANTHONY TOVAR, 14643, 14643 GRIDLEY RD, NORWALK, CA 90650, JUAN MANUEL ELIZONDO JR, 14643 GRIDLEY RD, NORWALK, CA 90650. This Business is conducted by A GENERAL PARTNERSHIP. Signed: JUAN MANUEL ELIZONDO JR. This statement was filed with the County Clerk of Los Angeles County on 05/11/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-107974

The following person(s) is (are) doing business as: ANLUE HANDYMAN, 982 E 53RD ST, LOS ANGELES, CA 90011. Full name of registrant(s) is (are) ANLUE MAINTENANCE, INC., 982 E 53RD ST, LOS ANGELES, CA 90011. This Business is conducted by A CORPORATION. Signed: GRICELDA ANLUE MORALES. This statement was filed with the County Clerk of Los Angeles County on 05/11/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-105343

The following person(s) is (are) doing business as: A.V.G AUTO PARTS, 10261 WESTERN AVE APT A, DOWNEY, CA 90241. Full name of registrant(s) is (are) ANTONIO VERA CERROS, 10261 WESTERN AVE APT A, DOWNEY, CA 90241. This Business is conducted by AN INDIVIDUAL . Signed: ANTONIO VERA CERROS. This statement was filed with the County Clerk of Los Angeles County on 05/07/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-105296

The following person(s) is (are) doing business as: BACK CURVE BODY SCULPTING AND CONTOURING, 11000 CASSINA AVE APT B, SOUTH GATE, CA 90280. Full name of registrant(s) is (are) JAZMIN TORRES COLON, 11000 CASSINA AVE APT B, SOUTH GATE, CA 90280. This Business is conducted by AN INDIVIDUAL . Signed: JAZMIN TORRES COLON. This statement was filed with the County Clerk of Los Angeles County on 05/07/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

FICTITIOUS BUSINESS NAME STATEMENT File No. 2021-105281

The following person(s) is (are) doing business as: BEAUTY SPOT, 421 S. WARD AVE, COMPTON, CA 90221. Full name of registrant(s) is (are) ENEYDA Y AGUILAR, 421 S. WARD AVE, COMPTON, CA 90221. This Business is conducted by AN INDIVIDUAL . Signed: ENEYDA Y AGUILAR This statement was filed with the County Clerk of Los Angeles County on 05/07/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC Dates Pub: MAY 22, 29, JUN 5, 12, 2021

A circular graphic featuring a black and white illustration of a mule's head. The mule is wearing a light blue surgical mask. The background of the circle is white, and the outer ring is black. Below the circle, the text "WILSON THE MULE REMINDS YOU TO WEAR A MASK" is written in a bold, sans-serif font. "WILSON THE MULE" and "REMAINDS YOU TO" are in black, while "WEAR A MASK" is in a larger, bold, black font.

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WEEKEND!



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INDOOR
Sun 9a | Sanctuary
170 W Sierra Madre Blvd

ONLINE
Sun 9a & 10:45a
christchurchsm.org/live

Christ Church Sierra Madre is a community of people seeking to follow the way of Jesus together. We are excited to be providing safe, socially-distanced outdoor and indoor services where we can gather as a community to be encouraged by the word of God and to connect with each other. Join us this weekend - we'd love to get to know you! Visit christchurchsm.org for more details.



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Congratulations

CLASS OF

2021

CORAL KEITH
PASADENA HIGH

NAOMI SMORON
PASADENA HIGH



COLLEGIATE HONORABLE MENTIONS

Ryan DeVore of Sierra Madre . DeVore has received the following degree from The University of Alabama: Bachelor of Science in Commerce & Business Administration.

Darius Scott of Pasadena graduated with a Bachelor of Arts in Criminal Justice. Stanislaus State

Timothy De La Mora from Sierra Madre, CA has been named to the Spring 2021 Dean's List at Culver-Stockton College

Gracie Bell McKiernan, of Sierra Madre, CA, was recently named to the University of Mississippi's Spring 2021 Honor Roll

Taylor Tomko of Monrovia. Tomko has received the following degree from The University of Alabama: Bachelor of Science in Human Environmental Sciences.

DePauw University congratulates *Thomas Samples (Pasadena, CA)* who graduated Magna Cum Laude Graduate with a BA in Kinesiology and on May 23, 2021.

University of Utah Dean's List

Christian Kline of Monrovia, whose major is listed as Pre Electrical Eng BS
Meg Mordecai of San Marino, whose major is listed as Games BS
Cate Ziegler of Pasadena, whose major is listed as Pre Business BS

Jasmine Rocha of Pasadena has been named to Southern New Hampshire University's Winter 2021 Dean's List

Graceland University's 2021 spring term have been announced, and *Kyla Apolonio of Pasadena, CA*, has been named to the dean's list.



RACHEL LOH - ARCADIA HIGH
VALEDICTORIAN

Rachel Loh is a phenomenal student-athlete and musician who will be heading to MIT in the fall and double majoring in Computer Science and Music. She has received straight A's all through middle and high school, which equates to roughly 110 straight A's for seven consecutive years.

In addition to Rachel's impressive academics, she is a junior Olympic diver who founded the div-ing team at Arcadia High School.

She has worked for two research internships at USC with a focus on self-driving vehicles; she is the President of the Coding Club and Choir; she has per-formed with the Los Angeles Opera; she is the recipient of the Gold Award in Girls Scouts; and her accolades and accomplishments go on.

ARCADIA HIGH SCHOOL CLASS OF 2021

The Arcadia High School Class of 2021 has overcome one of the most difficult years in the his-tory of education thanks to the challenges of the pandemic, but with a remarkable 99.9% graduation rate, resilience, and resolve, the Apaches will matriculate to fulfill their dreams at some of the most prestigious universities in the country. Arcadia High students were accepted into six Ivy League schools, MIT, Stanford, Cal Tech, and many others.

AHS CLASS OF 2021 SNAPSHOT DATA

- Graduates: 774
- Graduation Rate: 99.9% (2020 California average: 84%)
- Average GPA: 3.47 (meets the minimum requirement for all UC schools)
- Average SAT: 1349 (2019 national average: 1059)
- Average ACT: 31 (2019 national average: 21)
- Different Colleges Applied to: 391
- Total College Applications Submitted: 6,748
- College Most Applied to: UC Irvine (372)
- Private College Most Applied to: USC (191)
- Percentage of seniors who qualified for a 4-year college: 90%
- Students Accepted into:
 - o Yale: 3
 - o Colombia: 1
 - o Cornell: 6
 - o U of Penn: 2
 - o Brown: 2
 - o Dartmouth: 1
 - o Stanford: 4
 - o MIT: 2
 - o Cal Tech: 2
 - o USC: 37
 - o UCLA: 38
 - o Pasadena City College: 271
- *Data is based on 689 student self-reported responses



Holy Family Catholic School

Eighth Grade
2020 - 2021



Holy Family Catholic School is proud to announce the Graduating Class of 2021.
(Names in alphabetical order):

Cassandra Nicole Bailey, Bradley Patrick Bengford, Kate Boskovich, Anabelle-Josie Prado Cotton, William Thomas Davies, Paige Alexa Di Bona
Erin Katherine Erickson, Charles Thomas Esnault, Thomas Quinn Fagan, Ryan Olivia Felix, Gabriella Daniella Gamboa, Madeline Elizabeth Gardner
William Hoshek, Ella Jackson, Caleb Andrew Kona, Olivia Marie Laguna, Isabel Catalina Moya Gutierrez, Emma Kathleen Noonan,
Tobias Kenneth Pedroza, Chloe Alexa Jaramilla Phe, Anthony Ramirez, Dane Gregory Remy, Samuel M. Riechmann, Samuel Aaron Rodriguez
Isabel C. Schmid, Conor Hughes Thompson, Griffin Ian Ulrich, Mario Ernesto Vega López, Erin Marie West, Mackenzie Nicole Younker

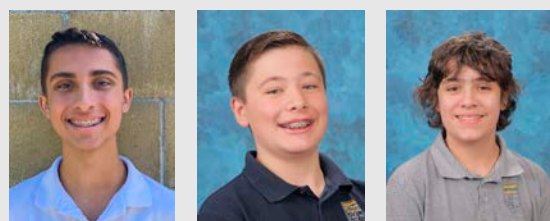
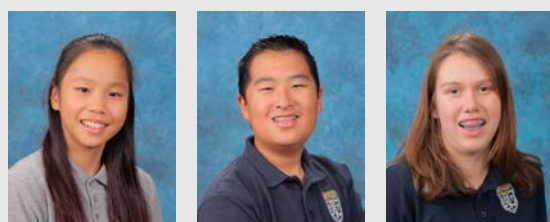
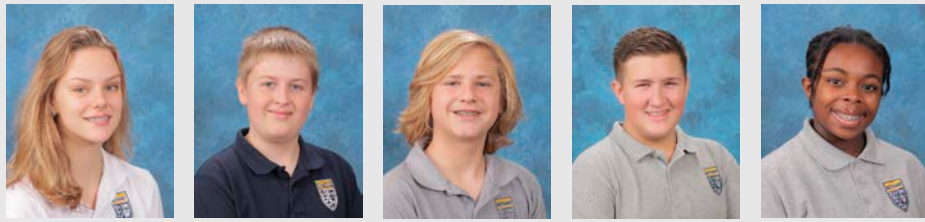
Graduates will be attending the following high schools:

Don Bosco Technical Institute, Flintridge Sacred Heart Academy, La Salle College Preparatory, Loyola High School, Maranatha High School, Mayfield Senior School, Notre Dame High School, Ramona Convent Secondary School, San Marino High School, South Pasadena High School and St Francis High School.

Congratulations!

BETHANY CHRISTIAN SCHOOL

GRADUATES of 2021!



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Azusa Pacific University
Belmont University
Beloit College
Bethany Lutheran College
Biola University
Boise State University
Boston College
Boston University
Bowdoin College
Bradley University
Brandeis University
Brown University
Bryn Mawr College
Bucknell University
California Lutheran University
California Polytechnic State University
California State Polytechnic University, Pomona
California State University, Bakersfield

California State University,
Channel Islands
California State University, Chico
California State University, Dominguez Hills
California State University, East Bay
California State University, Fresno
California State University, Fullerton
California State University, Humboldt
California State University, Long Beach
California State University, Los Angeles
California State University, Monterey Bay
California State University, Northridge
California State University, Sacramento
California State University,

San Bernardino

California State University, San Diego
California State University, San Francisco
California State University, San José
California State University, San Marcos
California State University, Stanislaus
Carleton College
Case Western University
Central State University
Central Washington University
Clark Atlanta University
Chaffey College
Citrus College
Coastal Carolina University
College of the Holy Cross
Columbia University
Columbia College, Chicago
Colgate University

Dartmouth College
DePaul University
DeSales University
Drake University
Drexel University
• East Los Angeles College
East Carolina University
Elon University
Emory University
Florida University of Technology
George Mason University
George Washington University
Glendale Community College
Gonzaga University
Grambling State University
Grand Canyon University
Hamilton College
Hampton University
Harding University
Hawaii Pacific University
Hobart and William Smith College
Houston Baptist University
Humboldt State University
Kalamazoo College
Kent State University
Lakeland University
Lehigh University
Lewis and Clark College
Life Pacific University
Los Angeles Valley College
Loyola Marymount University
Loyola University Chicago
Marist College
Merrimack College
Missouri State University
Mount Saint Mary's University
New York University
Newcastle University (UK)
Northern Arizona University
Northwestern University
Oberlin College

Occidental College
Ohio Northern University
Oregon Institute of Technology
Oregon State University
Pasadena City College
Pace University
Pacific University, Oregon
Pennsylvania State University
Pepperdine University
Point Loma Nazarene University
Purdue University
Reed College
Rice University
Saint Johns University
Saint Mary's College
San Diego State University
San Francisco State University
San José State University
• Santa Clara University
Scripps College
Seattle University
Seton Hall University
Sonoma State University
Southern University
Southern Utah University
Syracuse University
Texas State University
The Los Angeles Film School
United States Air Force
United States Marine Corps
United States Navy
University of Alabama, Birmingham
University of Arizona
University of Arkansas
University of Brighton (UK)
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, Los Angeles

University of California, Merced
University of California, Riverside
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz
University of Colorado Boulder
University of Essex (UK)
University of Kansas
University of La Verne
University of Minnesota
University of Nevada, Las Vegas
University of Northern Colorado
University of Oregon
University of Pittsburgh
University of Portland
University of Redlands
University of San Francisco
University of Scranton
University of Southern California
University of Saint Andrews
University of the Pacific
University of Washington
University of Wisconsin, Madison
University of Wisconsin, Stevens Point
University of Wyoming
University of York (UK)
Wellesley College
Wesleyan University
Westmont College
Whitman College
Whittier College
Wilberforce University
Willamette University
Woodbury University



La Salle
COLLEGE PREPARATORY

Congratulations Class of 2021!

Emma Adams
Celine Akroush
Michelle Algiers
Sophia Almaraz
Natalie Anderson
Natalie Bahou
Nicholas Basile
Katelyn Beckham
Troy Beilfuss
Arik Billings
Chloe Britton Naime
Moises Bustos
Giovanni Butteri
Madison Cahill
Lauren Calvario
Ryan Cargal
Franklin Cheng
Abigail Christopher
Samantha Ciccone
Brooke Colton
Jack Conlon
Isabella Crespo
James Curtiss
Justyne Dagdagan
Hadley Damir
Matthew Day
Caleb De Mesa
Elisa Defoe
James Desjarlais
Katryna Isabelle Dionisio

Joseph Domingo
Brenna Drabik
Grace Elia
Corey Espinoza
Nicole Fletcher
Grace Fosselman
Uriah Foster
Monet Paz Franco
Anna Gao
Sabrina Geronimo
Tracey Gibbs
Dulce Godina
Sara Godshall
Elijah Goins
William Gonzalez
Gabriel Guerrero
Jaden Guzman
Noah Halim
Zabelle Hamparian
Jacob Hansen
Ava Hart
Luke He
John Helbing
Leonardo Hernandez
Miya Hidalgo
Christine Holguin
Thurman Hou
Rhyen Hunt
Zarah Huo
Thomas Hurrell

Alexander Ibbotson
Joseph Imhoff
Dan Jian
Michael Rendón Johnston
Emily Jordan
Bianca Joseph
Rikki Kahn-Yee
Kevin Kioumejian
Cathryn Knipschild
Xiaohui (Morry) Lai
Christian Lambajian
Julia Lapid
Adam Lewczuk
Naeem Lewis
Vivie Liang
Jeslyn Lieu
Weihan (William) Liu
Stevenisiah Lozano
Zhong Wen (Aaron) Lu
Peyton McMillan
Colleen McPhillips
Shelby Melin
Christopher Miller
Julia Milton
Kashmir Mohandie
Isaac Mora
Heriberto Nunez
Anna Nuzzi
Harry Olivar
Eric Pannell

Nairi Patatanyan
Amanda Paulak
Mia Pavon
Celeste Perez
Daniel Piesik
Nathan Po
Marcus Powe
Anthony Pullara-Padilla
Sofia Ravago
Michelle Reilly
Jesse Reynolds
Angel Reynoso
Gabriela Rivera
Julia Robidoux
Todd Rodriguez
William Rosas-Liu
Gladeline Rufo
Sean Saito
Alex Samartin
Hilary Santos
Milo Sariol
Ailani Sato-Lim
Lilly Sayenga
David Scandore
Lia Shaw
Emilio Shutan
John Skipper
Evan Steinhoff
Vincent Stroup
Adrian Tam

Alyssa Trac
Gracie Turner
Leo Turner
Shane Uriarte
Cody Ventigan
Drew Waggoner
Kayla Walters
Anson Wang
Tianmei (Amy) Wang
Yanru (Vicky) Wang
Kaiwen (Kevin) Weng
Dominic Williams
Makena Wilson
Sofie Wolfe
Alison Wong
Mingyue (Camilla) Xia
Benjamin Xie
Art Xue
Sara Ybarra
Jake Young
Kirsten Yu
XuXin (Stella) Yu
Brianna Yuzefpolsky
Justin Zandi
Bradley Zanteson
JingYue (Billy) Zhang
Nangyang (Frank) Zhang
Michelle Zhao

CONGRATULATIONS!

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SIERRA MADRE ROSE FLOAT ASSOCIATION 2021 SCHOLARSHIP

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship to a qualified college-bound student or college freshman who meets the following qualifications:

1. Applicants must currently be a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.
2. Applicants must have been active in one or more Sierra Madre Rose Float Association activity such as fundraising, design, construction, decorating or as a past or present float rider.

Application and Reference Form are attached and can be downloaded from the sierramadrerosefloat.org website

All forms must be postmarked or sent by E-mail to Scholarship@sierramadrerosefloat.org NO LATER than June 18, 2021. You may email any questions to scholarship@sierramadrerosefloat.org.

DUARTE KIWANIS PRESENTS SCHOLARSHIPS TO DUARTE HIGH SENIORS



Congratulations to Kirsten Fleshman, Key Club Members, Noah Mendoza and Luis Valdez, and Alexandria Tapia - this year's Duarte Kiwanis DHS Scholarship Recipients! They were presented with certificates and congratulatory letters at the annual Senior Recognition event. Pictured with the students are three Duarte Kiwanis members, Aida Torres, Norm Anderson and School Board member, Reyna Diaz.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com. The club is currently meeting virtually through Zoom.



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SCHOOL DIRECTORY

Alverno Heights Academy

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia Christian School

1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - and TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsliions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Holy Family Catholic School

1301 Rollin Street South Pasadena Ca 91030
(626) 799-4354 •
Transitional Kindergarten - 8th Grade
Principal: Mrs. Darcie Girmus
Website: www.school.holyfamily.org
Email: info@holysfamily.org
Facebook & Instagram @HFSKnights

Foothill Oaks Academy

822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School

971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Mrs. Courtney Kassakhian

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Adela Solis (626) 355-6114
solis@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Lindsay LUIS
E-mail address: LUIS.lindsay@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

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Sometimes we play "leap frog."

Have you ever done the broad jump?



Kids: color stuff in!



Newspaper Fun!

www.readingclubfun.com Annimills LLC © 2021 V17-22

Dolphins leap through the air to save energy.

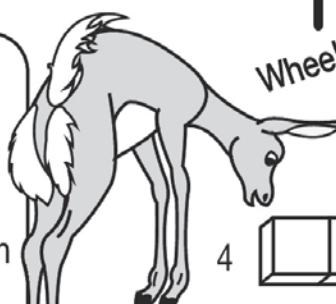
Almost every animal jumps, leaps, springs or hops. Animals *jump* to move to somewhere, to get out of danger, to catch food or to show off for others.

Read the clues and fill in the puzzle with the names of animals that *can* jump!


ACROSS:

3. can jump up to 20 feet out of the water; easier for them to move through air than water – it saves energy
4. live all around us; they jump using a silk line
6. active during the day, they blend into the grass, and jump using their "spring-loaded" legs
7. also called mountain lions; can leap up to 18 feet in the air and as far as 40 feet
9. carry their young in their pouches; they are from Australia
10. can be trained to race and jump over obstacles in a certain amount of time
11. are antelopes; most live in Africa


Jump! Leap! Hop!




Wheeee!




Spiderman Spiderman



cougars




Flies jump backward when they take off.




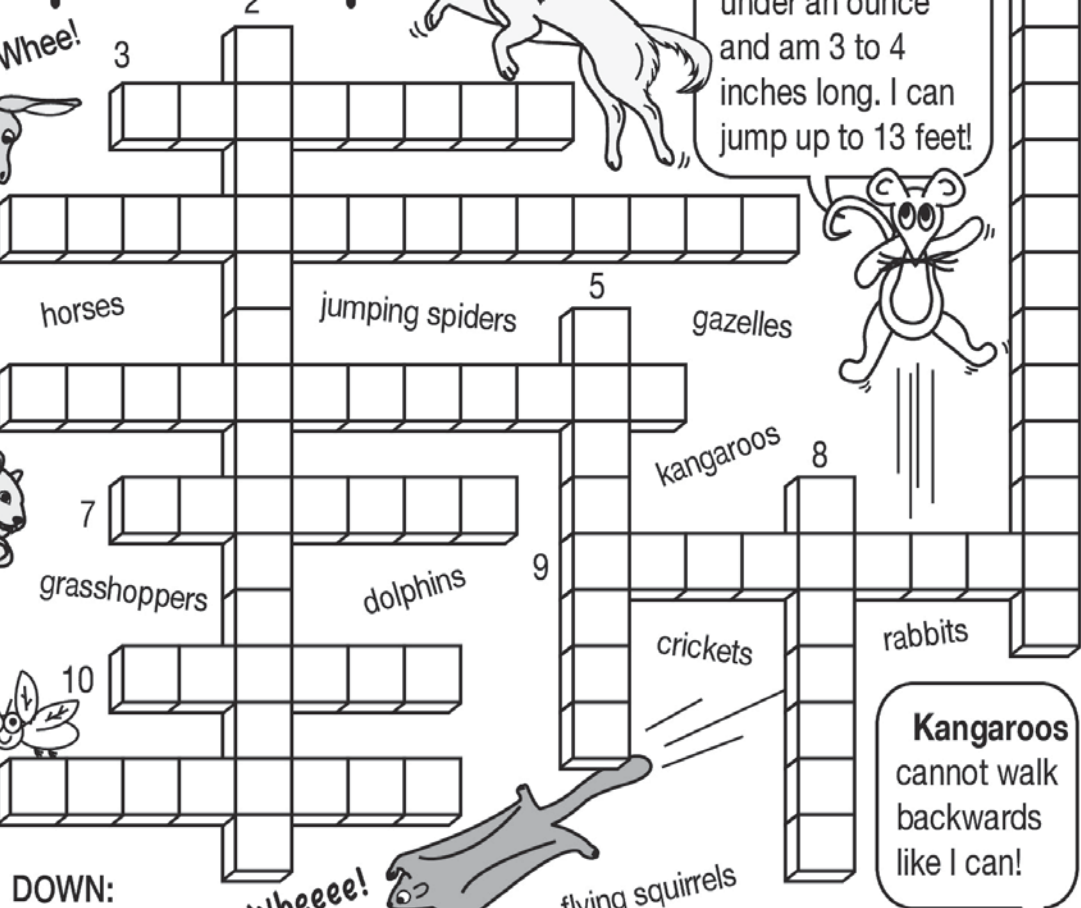
When a little worm living inside a "Mexican Jumping Bean" moves, it makes the bean look as if it is jumping.

I am a jumping mouse. I weigh under an ounce and am 3 to 4 inches long. I can jump up to 13 feet!



Kangaroos cannot walk backwards like I can!



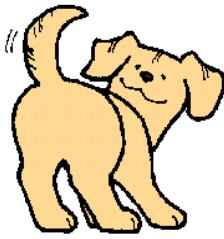


DOWN:

1. a rodent; can jump up to 12 feet; likes to eat grass seeds and fruits
2. do not really fly; a loose fold of skin between their front legs and hind legs lets them glide from tree to tree
5. are active at night; can jump up to 20-30 times their body length, or about 3 feet
8. hop along everywhere except in Antarctica; they like carrots

Happy Tails

by Chris Leclerc



CANINE MEETS COYOTE

As residents of the foothills, it is important to remember that we live very close to the forest which means we live very close to a wide variety of wildlife. Most of the time, the animals who live in our nearby forest do not pose a threat to us or our pets, but there are times when we must take particular precaution to avoid unwanted contact with a would-be predator that may venture into

our village.

Wild animals do what they must do to survive and protect their own. They act instinctively according to the way they are wired for survival. While I believe their behavior changes or evolves over time, to fit the need, I love that they stay on course - for the most part - rather than 'reinvent the wheel' that works for them. But the bottom line is, it's up to us humans to ensure that our pets are safe from harm, especially when coyotes are in close proximity.

I once read an article that provided some very practical tips on how to avoid the inherent dangers of coming into close contact with a coyote, while walking a dog, and I thought it might be helpful to share those safety tips with my fellow local dog owners in hopes that they will read and heed.

All credit for the following information goes to Jaymi Heimbuch. Many thanks go out for her awesome article posted on the urbancoyoteinitiative.com website and the helpful tips she shared, which I hope will be deemed beneficial by all who read this article.

What to do if You Encounter a Coyote While Walking Your Dog:

Leash your dog. (Of course your dog should always be leashed during a walk.) Pick up and carry small dogs. It is important to have full control over your dog so that they do not run toward, away from, or otherwise engage the coyote.

Stand tall and assertive. Coyotes are wary of humans and your presence is usually enough to drive off a coyote. Maintain eye contact. Do not turn your back on the coyote and do not run. Running away can trigger a coyote's prey drive and may cause him or her to chase you.

Haze the coyote until it leaves the area. This may come easy to some, but to others may seem abusive or unkind. But every coyote advocate will agree, the kindest thing you can do for a coyote is to scare it away, especially if he or she is overly curious about dogs. Keeping a coyote's natural fear of humans is the only way to keep urban coyotes alive, for a coyote that becomes too brazen is sure to end up euthanized.

Outside of pupping season (between the months of August and January) haze the coyote by yelling, stomping your feet, shaking a jacket or noise maker, popping an umbrella, flashing a flashlight, tossing rocks or branches at the ground near the coyote and anything else that will frighten the coyote off. If the coyote freezes, or runs a little way away and turns to watch you again, continue hazing and moving toward the coyote until he or she leaves the area entirely. Then calmly and assertively walk out of the area.

If it is breeding and pupping season (between the months of February and July) you may be near a den and considered a threat. In this case it is important not to haze coyotes as normal, because coyotes will defend the den site and you'll only be escalating a situation, causing undue stress on the coyote and potentially forcing a coyote to act out defensively. During these months, the best thing to do is to slowly and calmly walk away without ever turning your back on the coyote. Stay tall and assertive as you leave the area, even if it means walking backwards. Coyotes will sometimes follow you for a distance to escort you out of their territory, and turning your back may invite them to come in closer to watch you on your way. Maintaining eye contact and an assertive posture keeps things balanced by letting the coyote know they do not have the upper hand while still respecting the coyotes' defense of their den site.

Report overly brazen coyotes. If a coyote comes too close, follows you for too long, acts overly assertive or does not respond to hazing, report the coyote to animal control authorities. The coyote may have become habituated to humans or is being fed by someone, which can result in aggressive behavior. (Never feed the local wildlife!) If this is the case, it may be that the coyote can be hazed by trained officials to reverse its behavior or, as unfortunately is often the case, may have to be removed.

The media is rather one-sided when it comes to coyotes, reporting with sensationalistic fervor all the instances that coyotes have conflicts with pets, but ignoring the instances where an encounter is harmless or a coyote is actually defending itself or territory against an intruding dog, rather than being the aggressor. This results in myths and misconceptions about life among coyotes.

While there can be misunderstandings about what is happening during an encounter, what is readily apparent is that the best thing for humans, dogs and coyotes living in the same area is minimize the possibility of an encounter. Play your role in maintaining a coyote's fear of humans, and by extension, a distance from pets. Respect your pets and local wildlife. Cohabitate peacefully. Love and let live.

CHRISTOPHER Nyerges



TREATING UPPER RESPIRATORY ISSUES -- AND THE FLU -- WITH HERBS

Nyerges has led and organized ethnobotany walks since 1974. He is the author of *Guide to Wild Foods and Useful Plants*, *How to Survive Anywhere*, and other books. Information about his classes and books is available from School of Self-Reliance, Box 41834, Los Angeles, CA 90041, or www.SchoolofSelf-Reliance.com. The following information came interviews with Dr. James Adams, recently retired pharma-cologist at USC. Dr. Adams is the author of "Healing with Medicinal Plants."

PART ONE

It seems that sore throats, coughs, colds, and flus have afflicted people forever, whether resulting from the proximate causes of pollen, dust, woodsmoke, or from talking too much, or yelling, or even from "catching" something from another person. And of course, this year we also have Covid-19 to contend with. Fortunately, there are quite a few natural remedies which help relieve the pain and discomfort of these conditions, and many of these have been used for at least centuries.

Strong Immune System

The primary purpose of your immune system is to protect you against all pathogens. Your immune system decides what is allowed into your body and reacts to kill pathogens. It contains a myriad of cells, each with a specific purpose. When it functions correctly, all cells work in concert to attack and kill any pathogens that enter your body. These cells also work together to collect antioxidants, vitamins, and minerals and send them to the correct system (vascular, muscular, urinary, etc.). When your immune system is not working correctly, your body is wide open to any all bacteria and viruses.

You strengthen your immune system by daily exercise, eating a healthy diet, getting enough light (or taking Vitamin D), getting adequate sleep 7-8 hours, and maintaining a healthy gut. One could also take hot baths (the sweating allows toxins to leave your body), eat a healthy diet (low on meat, high in greens, rich in phyto-nutrients), and take supplements known to support a strong immune system, such as D3, and B complex.

According to Enrique Villasenor, a healer and assistant to Dr. James Adams, a common question from students is "Why do people get sick?" Dr. Adams responds that "You get sick because you are 'not living in balance.' That's one big reason people with serious medical conditions are succumbing to Covid-19 so easily. Their immune systems are already compromised. One or more systems are not functioning correctly. Covid comes in and easily attacks those systems. At the beginning of Covid-19, doctors were confused as to why some people would crash and have simultaneous, multiple organ failure. And others have had milder symptoms because they have a healthier immune system."

Equally important is having a positive attitude, and being able to laugh and cry with regularity. Science has measured an increased level of antibodies that fight off infection in the testing of individuals who are happy and determined to live. It's not just folklore to say that a good attitude keeps you healthy!

PRICKLY PEAR CACTUS (Opuntia spp).

The use of the prickly pear cactus for food and medicine goes back thousands of years, especially in Mexico. The fact that eating (or drinking) products from the pads helps to cure adult onset diabetes (type 2), and lowers cholesterol levels, and improves the immune system, has been widely documented. The best single source of clinical documentation is "Prickly Pear Cactus Medicine" by Ran Knishinsky.

The cactus pads can be juiced and used as a drink. They have long been cooked with eggs, potatoes, and made into a variety of dishes. But to maintain the health benefits, the cactus pads should be lightly cooked, if cooked at all.

NEXT TIME: SPECIFIC HERBS FOR THE UPPER RESPIRATORY SYSTEM

Katnip News!



BABY JAXSON!

Here's another of our sweet baby kittens: JAXSON is only 1.5 months old. He's all black, and will be a handsome and sleek panther kitty when he grows up.

He will be delivery-ready in June after he gets his vaccines

and neuter. See more kittens on our website's Babies page, and we would like to have two adopted together or else have another young cat at home. See the Adoption Procedures page to apply. Submit your application now. www.lifelineforpets.org.



Pet of the Week

Bernie is thirteen years young and is looking for his forever lap. Bernie is a calm, relaxed kitty, and will seek out attention with a soft meow or a gentle glance in your direction. He enjoys attention and just can't get enough love! Bernie would enjoy a quiet home where he can snuggle up with you on the couch, or take long naps in a warm sunbeam.

The adoption fee for cats is \$100. All cat adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule a virtual adoption appointment at pasadenahumane.org. Adoptions are by appointment only, and new adoption appointments are available every day at 5:00 p.m. for the following day.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



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All Things

By Jeff Brown

ONE DAY AT A TIME

"As more and more of the population is vaccinated, governments need to give Americans an off-ramp to the post-pandemic world. Ending outdoor mask mandates is a good place to start. Requiring that people always wear masks when they leave home, and especially in places with low levels of viral transmission, is over-kill. Covid-19 is basically an indoor/talking disease. The coronavirus disperses outside, posing little risk to people who are walking alone or even swiftly passing by strangers. In fact, almost all of the documented cases of outdoor transmission have involved long conversations or face to face yelling. So go outside, get vaccinated, and get your life back." Derek Thompson in TheAtlantic.com

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Register your address by sending an email to 4thofjulysierramadre@gmail.com or a DM on Facebook

Deadline to submit address is June 20th

Participants will receive a lawn sign and will be added to the map

Map found on Facebook and Website

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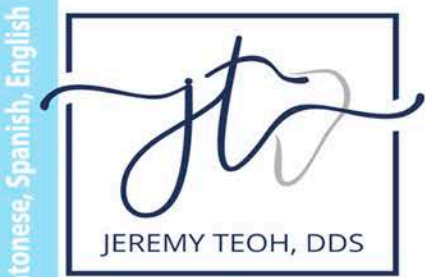
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