



# Mountain Views News

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SATURDAY, JUNE 26, 2021

VOLUME 15 NO. 26

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## OUTDOOR DINING IN SIERRA MADRE TO CONTINUE

By Kevin McGuire

Back in May of 2020, heading into the uncertain summer plagued by the COVID-19 pandemic, Sierra Madre, along with many other cities, approved a plan to allow restaurants to add outdoor seating options which helped businesses stay afloat during trying times.

Though it may have subtracted some parking spaces in town, the outdoor seating plan worked in the favor of eateries and locals yearning to get out, maybe introducing some of them to the joys of al fresco dining for the first time.

As uncertain as the times seemed at the beginning of this health crisis, there is still much concern and confusion about how we all go about getting back to some feeling of normalcy as the pandemic seems to be winding down.

During the past year, residents and business owners alike have grown to like having the option of outdoor dining, despite most eateries welcoming mask-less diners back inside their establishments.

At the June 22 city council meeting, which could be one of the last meetings to take place outdoors in Memorial Park, the council discussed plans to make outdoor dining a permanent fixture in Sierra Madre. Their first step was to approve updated outdoor dining program guidelines, develop new application and permit procedures and publicize and administer to all qualifying food establishments in the city.

A presentation was given by Analyst Alondra Reynoso. In May 2020, Resolution 20-33 was approved under the Sierra Madre Cares Initiative and gave temporary outdoor dining opportunities throughout Downtown, waiving many of the permit fees, during the "Safer at Home Initiative." This allowed businesses serving food to add seating to parking lots, sidewalks and street parking stalls.

The new expansion plan would call for the present permit system to be dissolved and for business owners to have to reapply with an updated application.

Permits

The following would be required for businesses applying for an outdoor dining permit.

- Submission of a new application complete with appropriate insurance requirements, proposed dining area plan and application fee. Applications are subject to review by building inspection.
- The permit will be issued for the calendar year January-December with prorated fees effective July 1<sup>st</sup> of each calendar year.
- Businesses will be charged a dollar amount per square foot of their dining area to compensate for the use of public space.
- Staff recommends that fees are waived for the remainder of 2021 and collection of permit fees will begin in January 2022.

Tier System

The city encourages restaurants to utilize a tier system when considering the use of outdoor and sidewalk dining space.

- Private parking lots or other private space.
- Public sidewalks.
- Enhanced public sidewalks (requires written permission from other business owners to allow for seating to be placed outside their establishment).
- Patio spaces or available public spaces that meets the needs of business and does restrict or remove parking.

Who is Eligible?

For patio seating, restaurants must provide table service, meaning food is customarily delivered by a server and items are bussed, removed and cleaned by waiter during and after the meal is complete.

For sidewalk dining, restaurants will be eligible if they serve food at a counter and food is not customarily delivered to a table. Food is carried out by customer.

At least one business owner felt the current eligibility outdoor seating standards shunned their business. "I strongly believe the proposed seating guidelines...[are] very short sighted," said Karen Klemens, owner of Mother Moo Creamery. "The rules are based on what restaurants who have paper menus and a server. If you don't utilize these two items, you're designated for the enhanced dining program which greatly reduces a restaurant's ability to do business. As an establishment that appeals to everyone, why can't I have adequate seating in front of my store?" Klemens inquired. The enhanced dining Klemens mentions requires business owners to get written permission from next door businesses to allow for seating to be placed outside their establishments.

Other owners are very happy and praised the city for this plan. "This new outdoor space has brought in our regulars in surprising record numbers and record numbers of new guests," said William Kefalas, one of the owners of The Only Place In Town. "The new patio spaces that have been created have been a great addition to our businesses, but also to our quaint community as a whole."

The parking concerns are something the City Council will address as they look at this plan, as well as how to address issues that Mother Moo Creamery and similar businesses are facing with adequate seating. Pricing for permit fees will also be discussed.

City Council is scheduled to meet two more times in July before going on Summer hiatus in the month of August.

## A FOND FAREWELL AND THANKS FOR 36 YEARS OF SERVING OUR COMMUNITY - FRANK RUBIO



U.S. Postal Service carrier Frank Rubio is retiring after 36 years on the job, all in Sierra Madre. If you don't know him, he is the nicest guy you'd ever want to meet.

He always has a smile, and a kind word for everyone. He was that mailman who would check on you if he noticed your mail was piling up.

In one case, after noticing a resident's mail that was accumulating, he knocked at the door. No answer. He and a neighbor then called the police. That call saved the woman's life. She had suffered a stroke and first responders were able to get her to the hospital where she survived.

Frank was the mailman that dogs did not chase - they loved him, perhaps because he was known for helping find forever homes for stray dogs along his route.

On Tuesday, approximately 50 residents came to the council meeting to honor and thank Frank along with the Mayor and City Council. So many tributes and stories, "He said a few words, and choked up when he spoke to us", said resident Deb Sheridan.

Thank you Frank for your service to our community. We will miss you.



## WE CONGRATULATE OUR PRESIDENTS PAST AND PRESENT



KAREN SWISHER  
2020 - 2021



MARC GARLETT  
2021-2022

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Jeremy Teoh, DDS (UCSF), GPR (VA Sepulveda), MPH and BS (UCLA), former Clinical Faculty at USC Ostrow School of Dentistry, member of ADA, CDA, San Gabriel Valley Dental Society, Invisalign-certified (as of 2009).







## SIERRA MADRE 4TH OF JULY EVENTS 2021

All programs are subject to the guidelines as established by the LA County Department of Public Health and additional restrictions and/or cancellations may apply.

### SATURDAY, JULY 3RD

#### MADRE STARS & STRIPES BLOCK PARTY ▶ 5:00 - 9:00 pm

Come celebrate Sierra Madre! Join us in downtown Sierra Madre for a family friendly event walking along the Blvd. and BYOC (bring your own chair). Featuring food and beverages from all of our local restaurants and bars.

**Live Entertainment! GROOVY LEMON PIE**

Kick-off ceremony starts at 5:15 pm in the newly remodeled Kersting Court followed by a live musical performance by Groovy Lemon Pie.

Shops & Restaurants	Non-Profit Booths	Kids Activities	Bubble Wrap Fireworks 7:00 pm	Movie in the Street: American Tail 7:45 pm
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### MONDAY, JULY 5TH

Sierra Madre Community Foundation 5K Fun Run 7:30 am	Woman's Club Pre-Parade Open House 8:00 am	Live Music The Wabash Wallers at The Woman's Club 8 am - 10 am	Independence Day Parade 10:00 am
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For more information visit [www.sierramadrefourthofjuly.com](http://www.sierramadrefourthofjuly.com)

## EXTREME HEAT WARNING HIGH TEMPERATURES FORECAST FOR PARTS OF LOS ANGELES COUNTY

LOS ANGELES – The Los Angeles County Health Officer has issued an Extreme Heat Warning as high temperatures have been forecast for the following areas:

- Santa Clarita Valley – Saturday, June 26 through Tuesday, June 29
- Antelope Valley – Saturday, June 26 through Tuesday, June 29
- West San Fernando Valley – Sunday, June 27 through Tuesday, June 29

Additionally, a Heat Alert has been issued for the following areas:

- East San Fernando Valley – Sunday, June 27 through Tuesday, June 29
- East San Gabriel Valley – Sunday, June 27 through Tuesday, June 29
- Los Angeles Basin – Monday, June 28 through Tuesday, June 29

Public Health reminds everyone to take precautions to avoid heat-related illness, especially older adults, young children, outdoor workers, athletes, and people with a chronic medical condition who are especially sensitive to negative health impacts from extreme heat. Public Health offers the following recommendations during high temperature days:

- Drink plenty of water and keep hydrated throughout the day.
- If you must go out, plan your day to avoid going out during the hottest hours, and wear sunscreen. Wear lightweight, light-colored clothes, and wear a hat or use an umbrella.
- Cars get very hot. Never leave children or pets in cars and call 911 if you see a child or pet in a car alone.
- Beware of heat-related illness, like heat stroke and call 911 if you see these symptoms: *high body temperature, vomiting, and pale and clammy skin.*
- Check on those at risk, like those who are sick, older adults, pregnant women, and children, and those who live alone.
- If you are wearing a mask, avoid strenuous workouts wearing face coverings or masks not intended for athletic purposes.
- Visit your power company's website or contact them by phone to determine if you are scheduled for a rolling power outage.

“While it is very important that everyone take special care of themselves, it is equally important that we reach out and check on others, in particular those who are especially vulnerable to the harmful effects of high temperatures, including children, the elderly, and their pets,” said Muntu Davis, MD, MPH, Los Angeles County Health Officer. “High temperatures are not just an inconvenience, they can be dangerous and even deadly. But we can protect ourselves, our families, and our neighbors if we take steps to remain cool and hydrated. It is critically important to never leave children, elderly people, or pets unattended in homes with no air conditioning and particularly in vehicles, even if the windows are ‘cracked’ or open, as temperatures inside can quickly rise to life-threatening levels. If you have an elderly or infirm neighbor who is without air conditioning, check on them throughout the day.”

County and City partners have planned ways to safely operate cooling centers during times of high heat. Residents who do not have access to air conditioning are encouraged to take advantage of these free cooling centers. To find a location near you, visit <https://ready.lacounty.gov/heat/> or call 211.

## 10TH ANNUAL FIRECRACKER FUN RUN



SPONSORED BY THE SIERRA MADRE  
COMMUNITY FOUNDATION  
July 5, 2021, at 7:30am

To register visit:

<https://apm.activecommunities.com/sierramadre>

For more information on the 4th of July please visit:

<https://www.sierramadrefourthofjuly.com>



The Firecracker Fun Run is a 5k for the entire family to enjoy. Show your support for the STARS & STRIPES. Welcome to runners of all ages. Walkers with their dogs and strollers are welcome as well. There will be a raffle for gift cards from your local businesses!



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# SIERRA MADRE

SIERRA MADRE

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## REMEMBRANCE DARRELL D. OWER

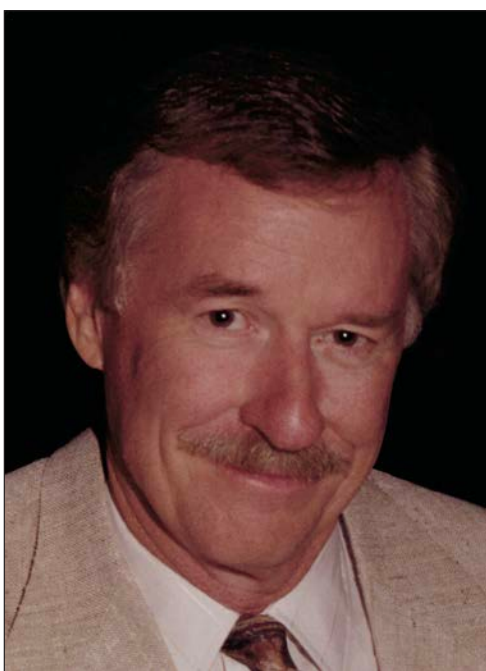
Darrell D. Ower passed away on June 7, 2021. He was born to Charles and Amy Ower on July 12, 1935. He was born in Waukegan, Illinois and was raised in Sierra Madre, CA. He was also a long time resident of Arcadia, CA.

Darrell was a successful Building Contractor in the area. He is survived by his loving wife Billie of 67 yrs. They have three children: son Darrell Ower Jr. and wife Nikki, daughter Monette Groff and husband David, son Michael Ower and wife Michelle.

There are 12 grandchildren and 17 great grandchildren. He has three siblings: Charlene Stanley, Joyce Burman (deceased) and Karen Weeks.

He was a wonderful Christian man of God and will be missed by all.

Funeral service is scheduled for 11am on July 10, 2021 in the Chapel at Lake Ave-nue Church in Pasadena, CA.



## WALKING SIERRA MADRE - The Social Side

by Deanne Davis

I'm a Turner Classic Movies junkie. I admit it. I'm not ashamed of it, I have no plans to quit starting each day by looking at the TCM guide to see what they're going to be showing and recording something now and then. For instance, Cary Grant in "I Was a Male War Bride." Not great, but made me laugh. Spencer Tracy and Elizabeth Taylor in "Father of the Bride." He was brilliant and she was gorgeous. Musicals galore, "Gigi," "Brigadoon," "Victor/Victoria," "The Music Man." Between the Food Network and Turner Classic Movies, I've always got something available. Yes, I'm reading, too, but something fun to watch while I'm on my treadmill is helpful.

Classic movies have all the best lines...here are a few you'll remember...

- "Frankly, my dear, I don't give a damn." Gone with the Wind (1939)
- "I'm gonna make him an offer he can't refuse." The Godfather (1972)
- "You don't understand! I coulda had class." On The Waterfront (1954)
- "Toto, I've a feeling we're not in Kansas anymore." The Wizard of Oz (1939)
- "Here's looking at you, kid." Casablanca (1942)
- "May the Force be with you." Star Wars (1977)
- "There's no place like home." The Wizard of Oz (1939)
- "I'm the king of the world!" Titanic (1997)
- "Carpe diem." Dead Poets Society (1989)
- "Elementary, my dear Watson." Every Sherlock Holmes movie ever made
- "It's alive!" Frankenstein (1931)
- "My mama always said life was like a box of chocolates." Forrest Gump (1994)
- "I'll be back." Terminator (1984)

Recently TCM showed "Chaplin" starring Robert Downey, Jr., filmed in 1992. The film is structured around flashbacks as the elderly Charlie Chaplin (now living in Switzerland) recollects moments from his life during a conversation with fictional character George Hayden, the editor of his autobiography. If you don't know, Chaplin started his life in extreme poverty, frequently being placed in what we would now call orphanages. He lived 88 years and left behind a collection of thoughts and observations that seem timeless so I thought I'd share them with you dear friends and neighbors.

"A day without laughter is a day wasted.  
We think too much and feel too little.

The hate of men will pass, and dictators die, and the power they took from the people will return to the people. And so long as men die, liberty will never perish.  
Life is a tragedy when seen in close-up, but a comedy in long-shot.  
We all want to help one another. Human beings are like that. We want to live by each other's happiness, not by each other's misery.  
Nothing is permanent in this wicked world - not even our troubles.  
I always like walking in the rain, so no one can see me crying.  
You'll never find a rainbow if you're looking down  
Imagination means nothing without doing.  
In the end, everything is a gag."

"Six best doctors in the world...:

1. The sun,
2. Rest,
3. Exercise,
4. Diet,
5. Self-respect
6. Friends.

Stick to them at all stages of your life and enjoy a healthy life...

If you see the moon, you will see the beauty of God...

If you see the sun, you will see the power of God...

If you see a mirror, you will see God's best creation. Believe it.

We are all tourists, God is our travel agent who has already identified our routes, bookings and destinations... trust him and enjoy life.

Life is just a journey! Therefore, live today, tomorrow may not be."

Next week, we'll be looking forward with much anticipation to the July 4<sup>th</sup> Parade. Something new, the Home Decorating Contest. This will be absolutely fabulous, I'm sure. Actually, everything about next weekend is going to be fabulous, as we have missed our delightful parade and all the fun things that go on around it. Gratefully, happily, it will happen again this year.

Thanks to Ryan Huling for this great photo celebrating the return of Beantown. John and I spent so many happy hours there having coffee and oatmeal and visiting with friends. Welcome back, Beantown!! You have been missed!

I'm sure you'll have family and friends over for a BBQ sometime next weekend and if you don't happen to have a really good potato salad recipe, I'll give you mine:

There are many ways to wind up with a big bowl of potato salad. I do the old fashioned, hard boiled eggs, pickle relish, onions, potatoes, celery salt and seed, pepper, dill, mustard, mayonnaise, a dash of 1000 Island dressing and refrigerate for a couple of days before the event so everything gets a chance to get acquainted and develop flavor. Yes, I realize I haven't said how many of anything, but you'll want to be creative and make it your own. Whatever you do, it will be delicious!



My book page: Amazon.com: Deanne Davis  
Where you'll find "Sunrises and Sunflowers Speak Hope"  
And "A Tablespoon of Love, A Tablespoon of Laughter"  
Take a look at both of these books, stuffed with hope and the occasional good recipe. For you Emma Gainsworth fans, there's a new Emma story in the works!

City of Sierra Madre

### PRELIMINARY DRAFT HOUSING ELEMENT UPDATE NOTICE

From: The City of Sierra Madre  
Subject: Preliminary Draft Housing Element Update for 2021-2029  
Applicant: City of Sierra Madre  
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

California's Housing Element law requires that each city and county develop local housing programs to meet its "fair share" of existing and future housing needs for all income groups. The Southern California Association of Governments (SCAG) is responsible for developing and assigning these regional needs, or "RHNA", to southern California jurisdictions. Pursuant to the RHNA planning period, the Sierra Madre Housing Element is an eight-year plan extending from 2021-2029.

On February 23, 2021, the City Council of the City of Sierra Madre directed staff to prepare a Draft Housing Element Update for the Year 2021-2029 on selected rezone sites, and to plan for the Regional Housing Allocation assigned to the City of Sierra Madre.

On June 14, 2021, The preliminary Draft Housing Element Update for the City of Sierra Madre was submitted to the Department of Housing and Community Development (HCD) for a mandatory 60-day review period. The Draft Housing Element may be updated subsequent to the comments provided by HCD. The document is available on the City's website at: [www.cityofsierramadre.com/housingelement](http://www.cityofsierramadre.com/housingelement).

ENVIRONMENTAL DETERMINATION: Subsequent Environmental Impact Report analysis and documentation will be completed, in accordance with state law, prior to public hearings required for consideration of the final General Plan Housing Element Update.

PUBLIC COMMENTS: Public comment may be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com). Those persons desiring to provide testimony will be given an opportunity to do so at the future public meetings scheduled prior to the release of the Final Housing Element Update. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

City of Sierra Madre

### PUBLIC HEARING NOTICE

From: The City of Sierra Madre  
Subject: PUBLIC HEARING: Adopting the 2020 Sierra Madre Urban Water Management Plan and Water Shortage Contingency Plan

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing regarding the adoption of the 2020 Urban Water Management Plan and its Water Shortage Contingency Plan. The City of Sierra Madre's 2020 Urban Water Management Plan incorporates the City of Sierra Madre's Water Shortage Contingency Plan.

The 2020 Urban Water Management Plan and Water Shortage Contingency Plan were prepared pursuant to the "Urban Water Management Planning Act" and the California Water Code. The California Department of Water Resources requires every urban water supplier to prepare and adopt an Urban Water Management Plan, including the Water Shortage Contingency Plan, and periodically update the Urban Water Management Plan at least once every five years, in years ending in six and one. The City of Sierra Madre invites all interested entities to attend and present their comments. A copy of the draft 2020 Urban Water Management Plan and Water Shortage Contingency Plan is available at the City of Sierra Madre's website. Please provide written comments by 3:00 p.m. on June 14, 2021 to the City of Sierra Madre, City Clerk's Office at [PublicComment@cityofsierramadre.com](mailto:PublicComment@cityofsierramadre.com)

#### DATE AND TIME OF HEARING

City of Sierra Madre City Council meeting; Tuesday, July 13, 2021 (Hearing begins at 4:00 p.m.)

#### PLACE OF HEARING

The Hearing will take place at the City of Sierra Madre City Council Chambers located at 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024.

The meeting will be streamed live on the City's website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com), on Foothills Media website at <http://www.foothillsmmedia.org/sierramadre> and broadcast on Government Access Channel 3 (Spectrum).

The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 PM on the day of the meeting.

For further information on this subject, please contact the Water Department at (626) 355-7135

## Paramedic Subscription Program

The City of Sierra Madre's Paramedic Subscription Program covers emergency medical response fees that may not be covered by your primary insurance company. This annual membership is available to City of Sierra Madre residents and covers emergency services provided within city boundaries.

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## Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows	70s
Mon	Sunny	Hi	90s	Lows	70s
Tues	Sunny	Hi	90s	Lows	70s
Wed	Sunny	Hi	90s	Lows	70s
Thur	Sunny	Hi	90s	Lows	70s
Fri	Sunny	Hi	90s	Lows	70s

Forecasts courtesy of the National Weather Service

### SIERRA MADRE CITY MEETINGS July 13, 2021 4:00 pm

As part of the City of Sierra Madre's COVID-19 transmission mitigation efforts, the City Council meeting will take place at the City of Sierra Madre Memorial Park Bandshell located at 222 W. Sierra Madre Blvd, Sierra Madre CA 91024. As part of the COVID-19 transmission mitigation efforts, the City recommends that all attendees bring their own chair. In the event of rain or other inclement weather, the meeting may be moved to Zoom.

The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting. Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in-person at the meeting.

The meeting will be streamed live on the City's website at [cityofsierramadre.com](http://cityofsierramadre.com), on Foothills Media website at [foothillsmmedia.org/sierramadre](http://foothillsmmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum).

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

### SIERRA MADRE WOMAN'S CLUB



Our 1914 Essick House  
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For rental information contact

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or see rental page on our website



Proud member of the Federation of Womens Clubs

<https://www.gfwcsierramadrewomansclub.org/essick-house-rentals.html>

550 W. SIERRA MADRE BLVD SIERRA MADRE, CA 91024

### SIERRA MADRE WOMAN'S CLUB



Pre-Parade Event

Monday, July 5

8-10am

On the lawn

Music by the Wabash Wailers

We'll have Porta Potties



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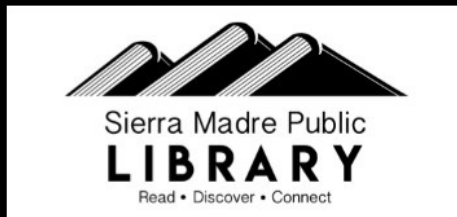
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[mtnviewsnews.com](http://mtnviewsnews.com)



June 28-July 3 at the

Sierra Madre  
Public Library

#### Monday

Story Adventure at Memorial Park—Available all week!

Preschool Storytime at Memorial Park—9:00 & 10:00am. Space is limited; call the Library at 355-7186 to register

4th of July Pre-K Craft—View online and pickup a kit at the Library after 11:00am

Fortnite for Teens—Online at 4:00pm

#### Tuesday

Dungeons & Dragons for Kids—Online at 2:00pm

4th of July Try It Tuesday—View online and pickup a kit at the Library after 4:00pm

#### Wednesday

4th of July Pajama Storytime—Online at 7:00pm

#### Thursday

Baby Rhyme Time at Memorial Park—9:00am.

Space is limited; call the Library to register

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# Pasadena Altadena

News From Your Community For Your Community

## Boys and Girls Club to be Renovated



The Los Angeles County Board of Supervisors unanimously approved a motion Friday, by Supervisor Kathryn Barger, to allocate \$135,000 to renovate the Mackenzie-Scott Clubhouse at the Boys and Girls Club of Pasadena.

"I welcome any opportunity to support the heartfelt work of the Boys and Girls Club of Pasadena, which inspires children and youth and provides quality programs to promote academic success, healthy living, leadership development and character growth," said Supervisor Kathryn Barger.

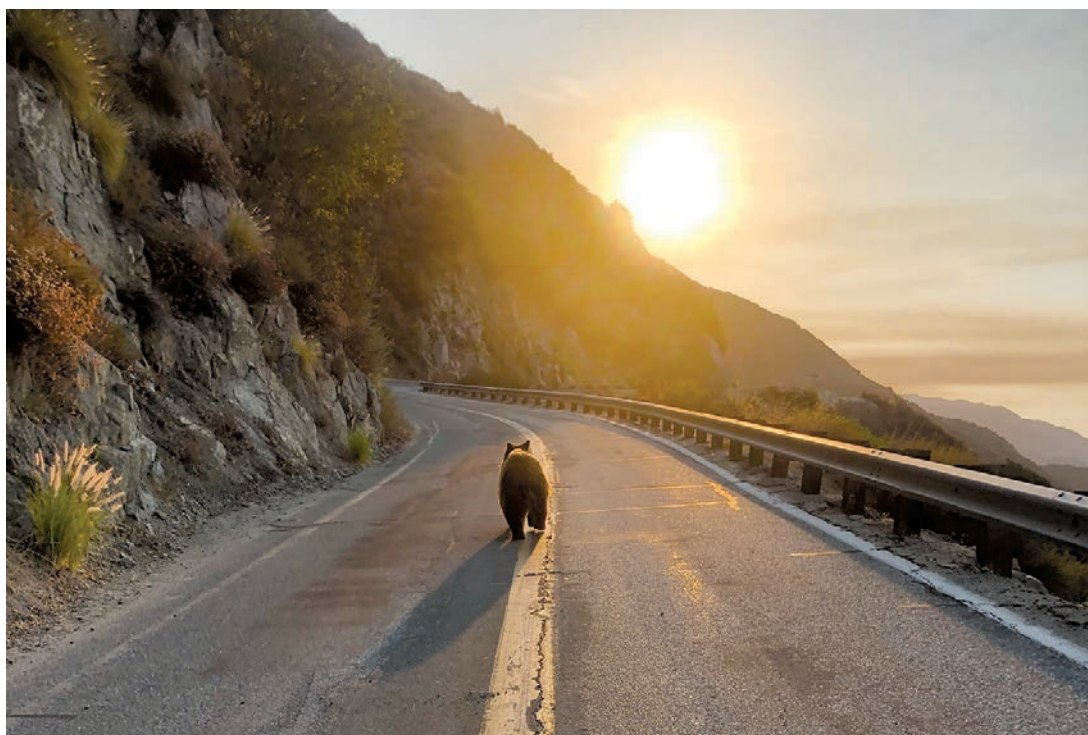
The Boys and Girls Club of Pasadena serves more than 2,000 kids and teens in the Pasadena area each year. The Mackenzie-Scott Clubhouse, located in Northwest Pasadena, has been in continuous operation for nearly 50 years and provides children and youth with a safe and fun place to call their own. The proposed renovations will enhance the existing clubhouse with replaced flooring, resurfaced gym walls, ceiling repairs, and upgraded electrical systems. This funding was allocated through excess funds available through Proposition A to the Fifth Supervisorial District.

The Boys and Girls Club of Pasadena has been an essential part of the Pasadena community for decades, fulfilling their mission to enable all young people, especially those most in need, to reach their full potential as productive, caring and responsible citizens.

## Legislation to Expand Outreach to Businesses Passes Senate

Assemblymember Chris Holden's legislation, AB 349, which would require the Department of General Services (DGS) and other state agencies and departments, to expand outreach to small businesses, particularly those owned by individuals that identify as LGBTQ, racial minorities, or women, passed the Senate Governmental Organization Committee.

"This bill is about ensuring equity and a just COVID-19 recovery," said Assemblymember Chris Holden. "We know communities of color continue to be disproportionately impacted by COVID-19 with higher rates of unemployment, reduced access to healthcare, and ultimately higher death rates. This bill will bring economic opportunities to these communities who are also hit the hardest."



## Male Bear Dies after being Hit by SUV

A Sierra Madre woman in her 70s suffered minor injuries after hitting a 500-pound bear crossing the road near Eaton Canyon Wednesday night.

Pasadena Public Information Officer Lisa Derderian said hitting a bear that weighs a quarter ton is like hitting a tree. There was major damage to the vehicle she said.

The male bear died from injuries after being struck

around 8:30 p.m. crossing Altadena Drive. The bear was moved out of the roadway by a Pasadena Humane officer. Pasadena public works later removed the bear Thursday morning.

Derderian said that the incident was sad and that bears, in the area, are known as part of the environment.

Officials from Pasadena Humane cautioned that bears will start to roam more as the weather starts

to warmup although said it is uncommon for bears to be hit by cars.

Derderian also said that the area around Eaton Canyon and Altadena Drive has frequent wildlife sightings, being near the San Gabriel Mountains.

According to news reports, in early June, two other bears were hit and killed near Castaic.

*Photo: Bear casually strolling up Chantry Road, by Max Leonov.*

## Wiggle Waggle Walk Returns to Brookside Park



Registration for Pasadena Humane's 2021 Wiggle Waggle Walk & Run is now open. Join fellow animal lovers at Brookside Park on Sunday, September 19 for our biggest fundraiser of the year.

This year participants can choose to walk or run around the iconic Rose Bowl Stadium—with or without their dog—and all finishers will receive a medal along with t-shirt, bib, and bandana. Walkers and runners alike can also enjoy a festival in the park with vendor booths, food trucks, demonstrations, agility course, costume contest, and more. For a limited time, we're offering Early Bird Registration pricing.

Don't forget to share your personal fundraising page with your family, co-workers, and friends as there are some paw-some prizes available for those who participate. If you can't make it in person, sign up to walk or run virtually and join in on the fun from home.

For more information about, or to sign up, Wiggle Waggle Walk & Run visit: [pasadenahumane.org](http://pasadenahumane.org).

## Senior Center Director Named To National Senior Games Association Board

Annie Laskey, director of events for the Pasadena Senior Center and manager of the Pasadena Senior Games, has been named to the National Senior Games Association Board of Directors as Pacific region representative.

The region encompasses Alaska, Arizona, California, Hawaii, Idaho, Montana, Nevada, Oregon, Utah and Washington, and is a way for all regional coordinators to share ideas and concerns. Other board delegates represent the Great Lakes, northeast, southeast and west regions.

The nonprofit NSGA motivates active adults to lead healthy lifestyles through the senior games movement that has become popular throughout the U.S. Since 1987 the organization has produced the National Senior Games, a 20-sport competition held every other year for men and women 50 and older. It is the largest multisport event in the world for older adults.

Due to COVID-19, senior games throughout the country, including Pasadena, were canceled in 2020 and 2021. It is anticipated they will resume in 2022. Athletes in annual state games compete to advance to NSGA competitions every other year. The next National Senior Games is scheduled for May 2022 in Fort Lauderdale, Florida.

A relative newcomer to the senior games movement, Laskey was a quick learner when she joined the Pasadena

Senior Center staff in 2017. She assumed management of the Pasadena Senior Games and has been active on the board of the California Senior Games Association for four years.

"I am not an athlete myself and hadn't participated in sports since I was a kid," said Laskey. "The camaraderie, focus, generosity, talent and grit shown by Pasadena Senior Games athletes was instantly apparent to me, and I have been a strong and enthusiastic supporter ever since."

Laskey has been involved with nonprofits as an employee, board member and volunteer all her adult life. She earned her bachelor's degree in theater from the University of California, Santa Barbara with an emphasis on directing and ran a summer theater in Culver City in the 1990s. Before being hired by the Pasadena Senior Center, she managed the Los Angeles Conservancy's award-winning Walking Tour programs. She also is active in the vintage dance community.

The Pasadena Senior Games, with competitive athletic events held in Los Angeles, Ventura and San Diego counties, was founded in 1994 by the late Cynthia Rosedale who was director of events and volunteers at the center.

For more information about the National Senior Games Association, visit: [nsga.com](http://nsga.com). For more information about the Pasadena Senior Games, visit: [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) or call 626-795-4331.

## Library Receives Grant Award from California Humanities

California Humanities has announced the recent round of Humanities For All Quick Grant awards. The Altadena Library District has been awarded \$3,412 for its project entitled "Shared Landscapes: Mapping Teen Altadena."

The Humanities For All Quick Grant is a competitive grant program of California Humanities that supports locally-initiated public humanities projects that respond to the needs and interests of Californians, encourage greater public participation in humanities programming, particularly by new and/or underserved audiences, and promotes understanding and empathy among all our state's peoples in order to cultivate a thriving democracy.

The "Shared Landscapes" project is a teen-generated digital and print story map that documents the human geography young people create and inhabit in Altadena and the greater San Gabriel Valley. In the first phase of the project, teens will use technology to create audio, visual, and written records of specific locations

associated with meaningful experiences. In the second phase, a teen editorial board will create digital and print maps that plot the submitted locations and integrate the accompanying documentation. Project Director Isabelle Briggs says, "I hope the public will use these maps in exploring a new emotional and memorial geography, and I hope they serve as a reminder that our inhabited landscapes share rich overlapping meanings." The project will officially begin in August 2021 and run through into 2022. Teens interested in participating in any phase of the project are encouraged to reach out to the Project Director or any member of the Altadena Library District.

"These projects will bring the complexity and diversity of California to light in new ways that will engage Californians from every part of our state, and, will help us all understand each other better," said Julie Fry, President & CEO of California Humanities.

A complete list of all Humanities For All Quick Grants can be found at: [calhum.org](http://calhum.org).

## Holden Names ChapCare 2021 Nonprofit of the Year



For the 41st Assembly District's 2021 Nonprofit of the Year, Assemblymember Chris Holden has chosen to honor ChapCare, a nonprofit organization that provides primary healthcare services to countless under-insured and uninsured residents of the San Gabriel Valley.

"ChapCare plays an integral part in making healthcare services accessible to low-income community members," said Assemblymember Chris Holden. "ChapCare is now a national model that has successfully demonstrated how a public-private municipal partnership can help transform the healthcare landscape of local communities."

ChapCare provides comprehensive primary healthcare services including medical, dental, and behavioral health services to almost 16,000 patients per year. ChapCare also offers free health

insurance enrollment assistance through its Covered California Navigator Grant. Their Certified Enrollment Counselors assist community members to enroll in health insurance plans available under the Affordable Care Act (ACA).

"For over 23 years, ChapCare has strategically responded to meet the changing needs of the communities we serve," said Margaret Martinez, MPH, ChapCare's Chief Executive Officer. "Most recently, ChapCare quickly transformed its service delivery model during the COVID pandemic to safely provide healthcare services via telehealth, and initiated COVID testing and vaccine services in the communities we serve. We would like to thank Assemblymember Holden for this great honor, which not only recognizes our organization, but also our dedicated employees who allow us to serve the community each day."

## Library Dollar Book Sale Today

Buy used books for a dollar or less at the Dollar Book Sale starting at 10 a.m. Today. The book sale is sponsored by the Friends of the South Pasadena Public Library.

Books, DVDs and CDs for children and adults will be sold between 10 a.m. and 3 p.m. in the Library Community Room.

Hardcovers will be two for a dollar, and paperbacks four for a dollar. Oversize books are

priced at a dollar. No book is priced at more than a dollar.

Proceeds from the sale of books benefit the South Pasadena Public Library. Funds raised by the nonprofit Friends group enable the library to purchase enriching items and online services and to sponsor programs for kids and adults.

The event will be at the Library Community Room, 1115 El Centro St. Masks required for entry.

**LOCAL JOURNALISM CONNECTS OUR NEIGHBORHOODS.**  
**HELP KEEP OUR NEIGHBORHOODS CONNECTED.**





## ARCADIA POLICE BLOTTER

For the period of Sunday, June 13th through Saturday, June 19th, the Police Department responded to 1,038 calls for service, of which 99 required formal investigations. The following is a summary report of some of the major incidents handled by the Department during this period.

Sunday, June 13:

1. At 4:06 a.m., officers and Arcadia Fire responded to Arcadia Congregational Church, located at 2607 South Santa Anita Avenue, regarding a vacant building on fire. An investigation revealed an accelerant was located at the scene and the fire is being investigated as an arson.

Monday, June 14:

2. At 2:55 a.m., officers and Arcadia Fire responded to Richter Construction, located at 2 La Porte Street, regarding a fire. The investigation revealed miscellaneous construction materials in the parking lot were on fire. The investigation is pending a review of the surveillance footage.

3. At 8:01 a.m., an officer responded to Master Systems, located at 117 East Duarte Road, regarding a commercial burglary report. The officer discovered an unknown suspect forced open a rear window and ransacked the business. No loss was reported.

Tuesday, June 15:

4. At 6:46 a.m., an officer responded to Springhill Suites, located at 99 North Second Avenue, regarding a robbery report. The officer determined the suspect, a hotel patron, used a butane torch to simu-

late a gun and robbed another hotel patron. The victim fled but dropped his keys, and the suspect then stole the victim's car. The suspect was located and the 39-year-old male from Pasadena was arrested and transported to the Arcadia City Jail for booking.

5. At 8:53 a.m., an officer responded to a residence in the 1000 block of Hampton Road regarding a residential burglary. An investigation revealed unknown suspect(s) entered the home by unknown means and were unlawfully living in the residence, which was for sale.

Wednesday, June 16:

6. At 11:38 p.m., officers and Arcadia Fire responded to a fire in the 200 block of Foothill Boulevard. They located an 8' x 8' vegetation fire located near an abandoned transient camp. The fire consisted of burning wooden pallets, tree branches, and a small amount of brush.

Thursday, June 17:

7. At 1:49 a.m., an officer responded to the area of 1400 South Sixth Avenue regarding the activation of a tracking device. An investigation revealed the suspect, a 37-year-old male from San Gabriel, was in possession of the stolen tracker, methamphetamine, and stolen mail belonging to 32 different victims. He was also charged with false identification and false personation for providing the officer with another person's information. The suspect was arrested and transported to the Arcadia City Jail for booking.



**WIN**

# SUMMER INTERNSHIP

Join the "Work Investment Network" (WIN) Benefitting Duarte Youth/ Adults Ages 13-19

IN NEED OF CREDIT RECOVERY

**\* \$500 stipend for 6-week program  
15 hours per week**

**\* Program requirement - Complete a weekly life skills building 1- hour workshop every Monday via Zoom.**

UNEMPLOYED

TRUANCY/PROBATION/ARREST RECORD OK

**\* Applications available at Duarte Teen Center**  
**Submittal deadline: Tuesday, June 15th at 6 PM**

**Kathryn BARGER**  
DUARTE TEEN CENTER

**LOW INCOME PROGRAM PARTICIPATION**

**City of Duarte**

**Questions: Contact Duarte Teen Center**  
**Gabbie Perkins (626) 303 - 0863**  
**gperkins@accessduarte.com**

# 4th of July

**CITY OF MONROVIA**

## CONCERT & FIREWORKS SHOW

**SUNDAY, JULY 4, 2021**  
**LIBRARY PARK**  
**CONCERT AT 7:00 P.M.**  
**FIREWORKS AT 9:00 P.M.**



All programs are subject to the guidelines as established by the LA County Department of Public Health including things such as maintaining physical distancing and wearing a face covering. Additional restrictions and / or cancellations may apply.

For more information on the summer programs, please call the Monrovia Community Center at (626) 256-8246, visit [www.cityofmonrovia.org](http://www.cityofmonrovia.org), "Like" City of Monrovia on Facebook and follow the City on Instagram @cityofmonrovia.

## HOME DECORATING CONTEST

The City of Monrovia will also host a 4th of July Home Decorating Contest for those looking to show their community pride. All Monrovia residents are encouraged to break out their bunting, American flags, banners and balloons and show they are Monrovia Strong! To register for the competition, please visit the City of Monrovia's website. Judging for the competition will take place on June 30 and July 1, with the winners announced and maps made available on July 2.

### AWARD CATEGORIES:

- Best Decorated K-Rail
- Best Patriotic Display
- Judges Award
- Most Spectacular
- Salute to Our Military Display
- Small Town USA Display



REVERSE



# PATRIOTIC PARADE & FOOD DRIVE

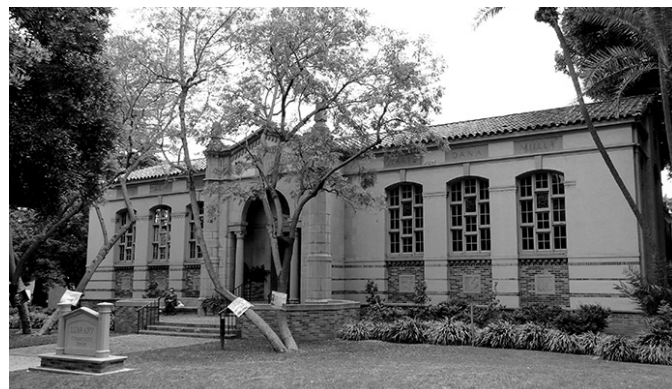





**SATURDAY JULY 3 9AM - 11AM**

# ALTADENA-SO. PASADENA-SAN MARINO

## Library Moves to Third Phase of Reintroduction of Services



The South Pasadena Public Library is pleased to expand in-person services to include seating beginning Monday, June 28. Masks will continue to be required regardless of vaccination status, in accordance with the June 15, 2021 County of Los Angeles Department of Public Health Order which requires masks in all youth settings and Cooling Centers. Physical distancing will no longer be required, with the exception of the Children's Room where our unvaccinated youth are concentrated. To protect the health of these members of our community who are still vulnerable to COVID-19, occupancy limits will remain in place in the Children's Room but will increase to 20 customers

on Tuesday, July 6. Also on July 6, Library Takeout, the no-contact borrowing service that has been in place for over a year, will be discontinued. Held items will be available for pick up inside the library. The South Pasadena Public Library is located at 1100 Oxley Street. The library's current hours are Monday through Thursday 1:00 p.m.-7:00 p.m., Friday and Saturday 1:00 p.m.-5:00 p.m., and closed Sunday. Free parking is available after 12:00 p.m. in the Mission-Meridian Parking Garage at 805 Meridian Avenue, adjacent to the Gold Line Station. Library information can be found on the Library's website, on social media (Facebook and Instagram), or by phone (626-403-7350) and email ([library@southpasadenaca.gov](mailto:library@southpasadenaca.gov)).

## PASADENA POPS KICK-OFF THE SUMMER SEASON WITH MOTOWN'S GREATEST HITS

Principal Pops Conductor Michael Feinstein kicks off the Pasadena POPS 2021 Sierra Summer Concert series on Saturday, July 10 with The Road to Motown.

The POPS season opener will take a ride through the evolution of jazz and boogie-woogie from Duke Ellington and Louis Armstrong to the soulful sound of the Temptations and Supremes. Hear Motown favorites "Ain't Too Proud to Beg," "Can't Help Myself," "My Girl" and many more, all in symphonic sound by Pasadena's premiere orchestra.

The Road to Motown program will also honor the Supremes' Mary Wilson, who was originally slated to perform before her recent passing. Feinstein will be using some of Wilson's own charts for songs including "Someday We'll Be Together" and "Reflections," sung by Wilson's close friend and "Mississippi Sister" Thelma Houston. The Fifth Dimension's Grammy Award-winning duo Marilyn McCoo and Billy Davis Jr., and the premiere Motown singing sensation, Spectrum will also be performing the greatest hits of the Motown era.

In order to provide the safest possible experience for all concertgoers, entry to all Pasadena POPS concerts will require proof of receiving a fully completed Covid-19 vaccine at least two weeks prior to the concert date. All concerts are held at the Los Angeles County Arboretum and Botanic Gardens. Grounds open for picnicking and dining at 5:30pm and performances begin at 7:30pm. Don't miss the best outdoor dinner party in town with spacious circular table seating with fine linens, or lawn seating for those who want to bring a blanket - each option carries on the tradition of picnic-dining with your family and friends with Michael Feinstein and the San Gabriel Valley's premier orchestra!

The Arboretum is located at 301 North Baldwin Ave., Arcadia, CA. Subscribers may purchase pre-paid onsite parking at the Arboretum, and all concertgoers can purchase guaranteed and convenient parking at Santa Anita Park, with complimentary non-stop shuttle service to the Arboretum's main entrance.

Single tickets start at \$25. Season subscriptions and single tickets are now on sale, and are available by calling the box office at (626)-793-7172, online at [PasadenaSymphony-Pops.org](http://PasadenaSymphony-Pops.org) or at the Arboretum on concert days.



Stephen Sorokoff

## Celebrate National Pollinator Week Watch The Pollinators

National Pollinator Week is a time to celebrate pollinators and spread the word about what you can do to protect them.

Thirteen years ago the U.S. Senate's unanimous approval and designation of a week in June as "National Pollinator Week" marked a necessary step toward addressing the urgent issue of declining pollinator populations. Pollinator Week has now grown into an international celebration of the valuable ecosystem services provided by bees, birds, butterflies, bats and beetles.

Pollinators positively affect all our lives, supporting wildlife, healthy watershed and more - let's SAVE and CELEBRATE them!

WATCH: THE POLLINATORS!

Learn more by streaming the documentary The Pollinators on Kanopy, a film streaming service provided for FREE with your South Pasadena Public Library card!

Simply visit: [southpasadenaca.gov/kanopy](http://southpasadenaca.gov/kanopy) and create a free account with your library card number, an email address, and name.

Don't have a library card? No problem! Visit [www.southpasadenaca.gov/library](http://www.southpasadenaca.gov/library) or call (626) 403-7340 to find out how to apply for a library card online or in-person.

Please note that older library cards with a "PSPA" prefix will not work with Kanopy. Visit the Library to get a new card for free, or email [library@southpasadenaca.gov](mailto:library@southpasadenaca.gov) for library card assistance.

## Forth of July Fireworks Returns To Lacy Park

The ever-changing restrictions and capacity limited the city to originally cancel San Marino's beloved 4th of July celebration at Lacy Park. However, with the reopening of the State and strong support from City Council, staff has been working tirelessly to bring San Marino a much-needed community event, and to announce that the 4th of July celebration at Lacy Park is officially back on. City staff will have more details on the day's events next week, but can guarantee an amazing fireworks show, great music, delicious food, and most importantly, a time to celebrate and gather with friends and neighbors. Tickets will go on sale starting on Monday, June

21st and will be available at Stoneman, Crowell Public Library, and City Hall. Presale tickets for residents are \$5 per person and \$15 for non-residents. Day-of tickets are \$20 for everyone. For more information about the day's activities, keep checking [www.cityofsanmarino.org/fireworks](http://www.cityofsanmarino.org/fireworks).

The previously announced pop-up events and giveaways in the days leading up to the 4th will still be happening, as will our second annual home decorating contest. You can find out more information about the pop-up events at: [cityofsanmarino.org/popups](http://cityofsanmarino.org/popups) and learn how to enter the home decorating contest at: [cityofsanmarino.org/fourth](http://cityofsanmarino.org/fourth).



# AROUND SAN GABRIEL VALLEY

## TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

### JUNE FOOD MONTH

Recently I picked up some cherries at Vons, and, boy, were they ready to eat! You see, I have a secret love affair with the cherry -- it is my all time favorite fruit. When they are good they are oh soooo good; when they aren't they just well... aren't worth it. I got to thinking there must be a food day for most every day, and... I was right.

June is National Fruit and Vegetable Month. Yes, I know, there are a million of these designated titles for the month of June (and every other month, too!) Half of them hold about as much weight as your doctor telling you that you should go to bed at the same time every night (like that's possible...). There's "National Rocky Road Day," "I drink too much day" and of course "I'll have another day".

Instead of letting the label slip your mind like all those other futile holiday labels, use this one as an excuse to mindfully "healthify" your diet. The upcoming months are filled with fresh, seasonal produce, which makes the process of eating your fruits and veggies a whole lot cheaper, easier, and tastier.

Fruits and Veggies in June

• Arugula \* Broccoli \* Blueberries \* Cabbage \* Cauliflower \* Cherries \* Dandelion Greens \* Kale \* Leaf Lettuce \* Okra \* Peas \* Rhubarb \* Raspberries \* Spinach \* Spring Onions \* Strawberries \* Swiss Chard.

• What does July hold for us? Listen to my show on Sunday afternoon at 5PM on AM 830 AKA Angels Baseball Station

• *Fun cherry facts:* Its name comes originally from the Greek, and in Latin means of or for the birds, due to the birds' obvious love of the fruit. The English word cherry originates from the Assyrian karsu and Greek kerasos. The tree was beloved by the Egyptians, Greeks and Romans both for its beautiful flowers and its versatile fruit.

• Although a different species of cherry was already strongly established in America by the time the first colonists arrived, the new settlers brought along their favorite European variety and eventually cross-bred the two. Today, 90 percent of the commercial cherry crop is grown in the U.S., mostly in Michigan, California, Oregon and Washington.



## PORTANTINO'S ACCESS TO AUTISM TREATMENT EFFORT PASSED THE ASSEMBLY HEALTH COMMITTEE

Senate Bill 562, authored by Senator Anthony J. Portantino (D – La Canada Flintridge), passed the Assembly Health Committee this week. The measure seeks to eliminate barriers to help patients with Autism Spectrum Disorder (ASD) access Behavior Health Treatment (BHT) in California.

"Children need treatment tailored to their individual needs, prescribed by their physician or psychologist who knows them best," stated Senator Portantino. "SB 562 will allow families to have a choice of intervention approaches in a timely manner. Early intervention is the key to helping children live up to their potential and health insurance coverage for behavioral health treatment is critical."

Current law requires that health insurance companies cover all physician or psychologist prescribed medically necessary, evidence-based BHT for ASD. Due to a loophole in the law, patients with ASD are being denied coverage for physician and psychologist prescribed evidence-based BHT. In some cases, coverage is only being offered for one form of BHT. A shortage of network providers has also created a six to twelve month wait list for BHT services.

Additionally, all BHT providers are constrained by other statutory provisions that serve to allow insurance denials. These include the requirement for parental participation and restraints on the location. Children of working parents can be denied coverage for medically necessary treatment simply because the parent has to work and cannot attend every treatment session. Similarly, if a child must receive treatment at an after-school daycare location, they can be denied coverage simply because the setting is at a school.

If signed into law, SB 562 will eliminate the existing statutory obstacles and require health insurance coverage for all forms of medically necessary, evidence-based BHT for Californians

with ASD without diminishing consumer protections. The measure expands the number of qualified professionals by authorizing already State certified professionals to administer BHT within their professional competence, thereby reducing or eliminating the waiting list for services.

SB 562 also details the requirements for a Qualified Autism Service Paraprofessional to insure health insurance coverage, including background checks to protect California children. The measure will protect the interests of California consumers and the state by closing the loopholes in the law and ensuring that every Californian is covered.

"It is great to see that SB 562 is successfully moving toward adoption," stated Dr. Diane Cullinane, Co-Founder and Executive Director Emerita of Professional Child Development Associates, a non-profit organization located in Pasadena. "This legislation will be a tremendous benefit for children with autism and their families. By ensuring that insurance will cover all effective treatments, families will finally have a choice of types of intervention, and broader access to service providers. We appreciate Senator Anthony Portantino for his tireless advocacy for people with disabilities."

SB 562 is sponsored by the DIR/Floortime Coalition of California, Professional Child Development Associates, and Cherry Crisp Entertainment and Productions. Supporters of the bill include: Center for Developmental Play and Learning, Child Development Institute, Dr. Barbara Stroud, Clinical Psychologist, Fresno City College, Greenhouse Therapy Center, Holding Hands Pediatric Therapy and Adult Services, NeuroRelational Framework Institute, Positive Development, the Washington Elks Therapy Programs for Children, INC., and Touchstone Family Development Center.

## JUDY CHU'S STATEMENT ON 9TH ANNIVERSARY OF DACA

Last week marked the ninth anniversary of the creation of the Deferred Action for Childhood Arrivals (DACA) program by then-President Barack Obama on June 15, 2012. Since its inception, DACA has helped over 800,000 undocumented youth who were brought to this country as children, many of whom have been serving on the front lines of the COVID-19 pandemic as essential workers. By making clear that these immigrants are not a deportation priority, DACA has allowed them to stay and work in the United States without fear of being deported.

On his first day in office, President Biden signed an executive order to reinstate DACA after the Trump administration's attempts to undermine and repeal it.

Rep. Judy Chu released the following statement:

"I will never forget nine years ago today when President Barack Obama announced his intent to provide deportation relief and work permits to our undocumented youth and how much I knew that meant to so many in my district and throughout the country who had been living in the shadows. This includes over 120,000 Asian Dreamers like Jirayut "New" Lathivongskorn who met with President Biden last month to discuss the urgent need to enact legislation to protect Dreamers who have been living in limbo for too long.

"Over the years, I have gotten to know many Dreamers like Jirayut, and they have spoken about their fear of coming home one day to find their parents deported, or that they themselves might be forced back to a country they have never known, away from the friends, family, and lives they have established here in the United States. Many of

these Dreamers are valedictorians, Veterans, and people serving their communities. In fact, during the pandemic, an estimated 200,000 Dreamers worked on the front lines to protect and serve our nation as health care professionals, educators, restaurant workers, and more.

"Nonetheless, nine years after the establishment of the DACA program, Dreamers still face an uncertain future, despite their deep roots here and all they have done to give back to our communities. Tearing apart families and communities simply because someone was born in a different country is cruel and fails to reflect our values as a nation, but that is exactly what the previous administration attempted to do. That is why, I believe we need a permanent fix to ensure that Dreamers who are American in every way but on paper can stay in the only country they have ever called home. But we cannot stop there. We know there are many immigrant essential workers who have risked their lives throughout the COVID-19 pandemic to care for others, including TPS holders like Rukmani Bhattari Adhikari, a care professional who participated in a roundtable with Vice President Harris earlier today. DACA and TPS recipients deserve permanent protections like those provided through the House-passed American Dream and Promise Act. I urge my colleagues in the Senate to pass this bill. And I also ask my colleagues in both chambers to join me in calling for the passage of the U.S. Citizenship Act of 2021, a comprehensive immigration reform bill which would also provide a much needed pathway to citizenship for millions who are still living in the shadows."

## L.A. COUNTY UPDATE

### NEARLY ALL CASES, HOSPITALIZATIONS AND DEATHS IN LOS ANGELES COUNTY OCCURRING IN THOSE UN-VACCINATED; PUBLIC HEALTH MONITORS FOR VARIANTS OF CONCERN AS METRICS SLIGHTLY INCREASE

From December 7, 2020, when vaccinations first became available, to June 7, 2021, 99.6% of the County's nearly 437,000 COVID-19 cases were individuals who were unvaccinated. There were nearly 12,900 COVID-19 hospitalizations over this time period, 98.7% occurred among people who were unvaccinated. Among the 12,234 COVID-19 deaths across L.A. County during this period, 99.8% were among unvaccinated people.

After a period of persistent declines in many metrics, L.A. County is starting to see small increases in cases, hospitalizations, and daily test positivity. This is a signal that the virus is still here and that even now everyone needs to be careful to mask and maintain a distance from people outside your house-holds, if not yet vaccinated. The County's recovery is best supported by continuing to take sensible safety precautions that prevent increases in community transmission.

Although transmission rates remain relatively low, Public Health continues to track the proliferation of variants of concern, because where there are pockets of unvaccinated individuals, these variants can proliferate. In the United States, the Delta variants have become increasingly prevalent among the strains sequenced: the CDC notes that Delta variants account for almost 21% of cases across the country. Public Health is especially concerned about this variant because it appears to be highly transmissible – that is, it is more contagious even than other highly contagious COVID-19 variants.

In the week ending June 12, Delta variants comprised of nearly 48% of all variants sequenced in Los Angeles County. The 123 Delta variants collected between April 21 and June 12 are geographically clustered. Forty-nine of these cases were isolated from residents of Palmdale and Lancaster, and 14 of these cases are associated with one household. About half of the people with a Delta variant lived in a household with at least one other Delta variant case. While fully vaccinated people appear to be well protected from infections with Delta variants, people with only one vaccine are not as well-protected.

As of June 20, more than 10,222,171 doses of COVID-19 vaccine have been administered to people across Los Angeles County. Of these, 5,734,611 were first doses and 4,487,560 were second doses. Among L.A. County residents 16 and over, 67% have received one dose of vaccine and 58% have been fully vaccinated. Among L.A. County seniors 65 and over, 87% have received one dose of vaccine and 75% have been fully vaccinated.

"To those of you who have lost friends, family, neighbors, or coworkers to this virus, please know that our thoughts and hearts are with you during this difficult time," said Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "We are so glad to be able to gather for food and fun again. Although many safety measures have been lifted, we remain responsible collectively for keeping each other safe. The best way to prepare for the Fourth of July holiday is to be vaccinated. That way, keeping cook-outs safe is much simpler: When everyone at a gathering is vaccinated, you can gather outdoors or inside without wondering who would be safer wearing a mask or keeping a distance. However, if any of the guests at your gathering are unvaccinated or immunocompromised, they should wear masks except when eating and drinking and keep a distance from people in other households when indoors. Outdoors, unvaccinated guests don't need to mask unless the gathering is crowded with other unvaccinated guests."

Beginning Friday, June 25 through next Thursday, July 1 at County-run vaccination sites, LA City sites, and St. John's Well Child and Family Center sites, everyone 18 and older coming to get a vaccine will have an opportunity to win one of two packages, each containing season passes to Six Flags, the LA Zoo, the Natural History Museum and the La Brea Tar Pits, and ticket packs to the California Science Center. Official rules and participating site locations will be posted on the Los Angeles County Vaccination Sweepstakes page online tomorrow. The Pepe Aguilar at the Staples Center and Universal Studios Hollywood VIP Experience vaccination sweepstakes is currently in effect through the end of the day today.

Anyone 12 and older living or working in L.A. County can get vaccinated. To find a vaccination site near you, to make an appointment at vaccination sites, and much more, visit: [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) (English) and [www.VaccinateLosAngeles.com](http://www.VaccinateLosAngeles.com) (Spanish). If you don't have internet access, can't use a computer, or you're over 65, you can call 1-833-540-0473 for help finding an appointment, connecting to free transportation to and from a vaccination site, or scheduling a home-visit if you are homebound. Vaccinations are always free and open to eligible residents and workers regardless of immigration status.

COVID-19 Sector Protocols, Best Practices, COVID-19 Vaccine Dashboard, COVID-19 Surveillance In-teractive Dashboard, Recovery Dashboard, and additional actions you can take to protect yourself, your family and your community are on the Public Health website, [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov).

### LOCAL STATISTICS AS OF 06/25/2021

#### TOTAL LA COUNTY CASES

**Cases: 1,248,415**  
**Deaths: 24,465**

CITY	POPULATION	CASES	DEATHS
Altadena	43,260	3,356	76
Arcadia	57,754	2,747	137
Bradbury	1,069	39	0
Duarte	22,016	2,322	97
Monrovia	38,800	3,202	78
Pasadena	141,371	11,324	349
Sierra Madre	10,989	473	13

## All Things By Jeff Brown

The discovery that peace, happiness and love are ever-present within our own Being, and completely available at every moment of experience, under all conditions, is the most important discovery that anyone can make."

— Rupert Spira

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## TIPS TO KEEP KIDS LEARNING AND HAVING FUN ALL SUMMER LONG

(StatePoint) With the encouragement and support of parents, a love of learning can begin early and last a lifetime. To inspire kids to have fun while learning this summer, consider the following tips:

- **Reward Curiosity:** Children are naturally curious, and the way you respond to their questions, stories, and observations about the world around them is important. Be sure to reward their curiosity with your authentic attention.

- **Build Reading Confidence:** Literacy is the foundation of all learning, and you can help improve reading comprehension and fluency, while building spelling, vocabulary and writing skills, using tools that offer instant guidance and feedback. The interactive pages of the LeapReader Learn-to-Read 10-Book Bundle build reading and writing confidence by allowing kids to sound out letters and words, or follow along with the stories as they're read out loud. Each book includes lively character voices that spark interest, as well as activities that introduce vowel sounds, sight words, word blending, spelling skills and more. The LeapReader also helps kids build writing skills with stroke-by-stroke guidance and instant feedback using mess-free, no-ink paper.

- **Get Outdoors:** Whether it's a trip to the backyard or a vacation out of town, a change of scenery gives young minds an opportunity to absorb and process new information, while encouraging them to explore new sights and sounds. Be sure to mix things up whenever possible.

- **Introduce Learning Toys:** Games, puzzles and creative challenges are all interactive experiences that can enhance learning. Check out learning toys with these features built right in, such as the LeapStart Preschool Success interactive learning system from LeapFrog. It features touch-and-talk pages that help build math, reading, problem-solving skills and more. An expansive library of books, sold separately, cover a variety of preschool through first grade subjects, with more than 30 activities in every book. Many activities have two levels with over 50 key skills per grade level, so kids can play and learn at the right level and move up when they're ready.

- **Expand Horizons:** Exploring new places can build knowledge, as well as the natural curiosity that helps inspire kids to keep learning. Using the Magic Adventures Globe, young explorers can travel the world and experience new places, languages, cultures, animals, geography, habitats and more through high-quality BBC videos. Featuring a 2.7-inch integrated video screen, animations and live-action videos fully immerse kids in the curriculum to provide a better understanding of the world through more than five hours of videos. Kids can also play three interactive games called Around the World, Quiz Show and Where in the World to explore the globe, challenge a friend and solve mysteries.

With interactive tools, toys and strategies, it's always the right time of year to get your child excited to learn!

### COLLEGE STUDENTS:

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**PAID**



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## SCHOOL DIRECTORY

### Alverno Heights Academy

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

### Arcadia Christian School

1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - and TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acsllions.com](mailto:inquiry@acsllions.com)  
Principal: Cindy Harmon  
website: [www.acsllions.com](http://www.acsllions.com)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca.  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Tonya Beilstein  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

### Claibourn School

8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@claibourn.org](mailto:jhawes@claibourn.org)

### Holy Family Catholic School

1301 Rollin Street South Pasadena Ca 91030  
(626) 799-4354 •  
Transitional Kindergarten - 8th Grade  
Principal: Mrs. Darcie Girmus  
Website: [www.school.holyfamily.org](http://www.school.holyfamily.org)  
Email: [info@holysfamily.org](mailto:info@holysfamily.org)  
Facebook & Instagram @HFSKnights

### Foothill Oaks Academy

822 E. Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)

### Frostig School

971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Head of School, Jo-Anne Woolner  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

### La Salle College Preparatory

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Mrs. Courtney Kassakhian

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Odyssey Charter School

725 N. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://pchs.pusd.us>

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal: Adela Solis (626) 355-6114  
[solis@st-ritaschool.org](mailto:solis@st-ritaschool.org)  
Website: [www.st-ritaschool.org](http://www.st-ritaschool.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay LUIS  
E-mail address: [LUIS.lindsay@pusd.us](mailto:LUIS.lindsay@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### Arcadia Unified School District

234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

### Monrovia Unified School District

325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviaschools.net](http://www.monroviaschools.net)

### Duarte Unified School District

1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

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Summer is the season of swimming,....



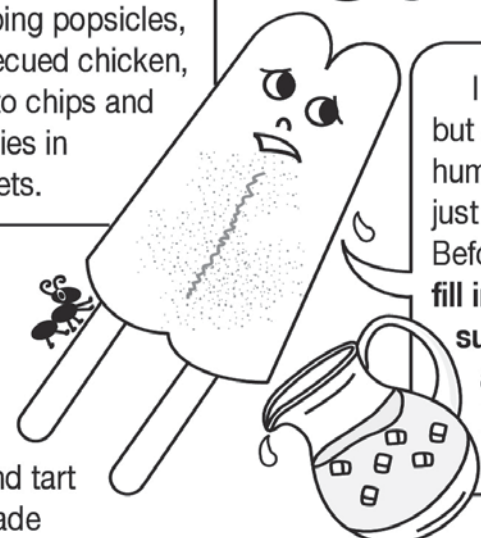
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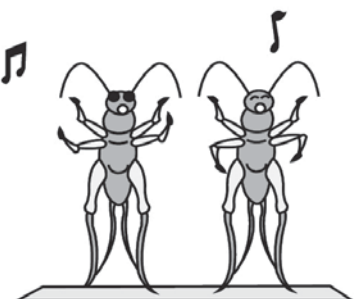
...sweating, sliding and sunning.

Kids: color stuff in!

I love summer! I enjoy cool, juicy watermelon, sticky, dripping popsicles, spicy, barbecued chicken, crispy potato chips and all the goodies in picnic baskets.

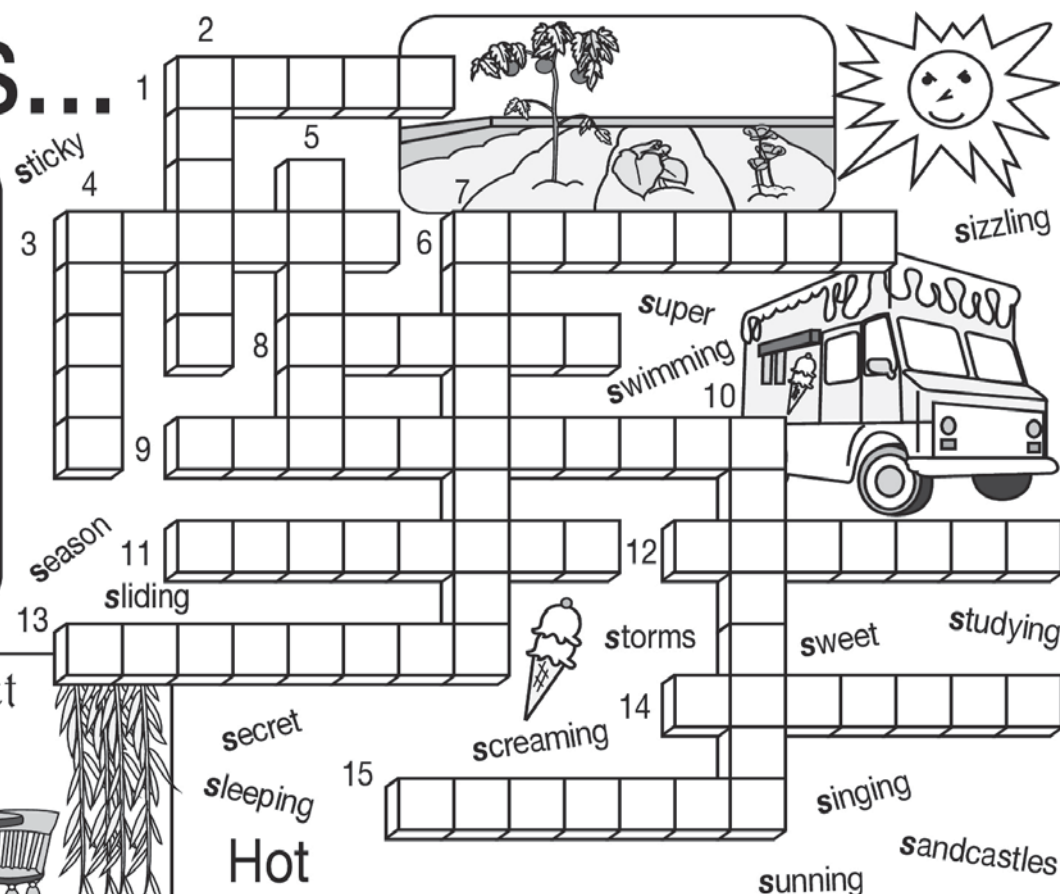


I really like the summertime, but sometimes it is too hot and humid for me! On some days I just feel like I'm melting away. Before I do, read the clues to fill in my puzzle about summer. Notice that the answers all begin with the letter "s"! Even in the heat I think I'm pretty clever!



## Summer Is...

- \_\_\_\_\_ and tart pink lemonade
- \_\_\_\_\_ popsicle juice streaking down your arm
- \_\_\_\_\_ hideaways under drooping tree branches
- \_\_\_\_\_ reading clubs and programs at libraries
- \_\_\_\_\_ for growing flowers, apples, pumpkins
- \_\_\_\_\_ and splashing in the lakes
- \_\_\_\_\_ at the top of a roller coaster
- \_\_\_\_\_ suddenly springing up
- \_\_\_\_\_ built at the beach
- \_\_\_\_\_ stars and constellations in the night sky
- \_\_\_\_\_ under the stars while camping
- \_\_\_\_\_ turtles and snakes on rocks and logs
- \_\_\_\_\_ grills cooking favorite foods
- \_\_\_\_\_ crickets (rubbing their front wings together)
- \_\_\_\_\_, spinning and swinging on playground equipment





CHRISTOPHER Nyerges



“THE LORD OF THE FLIES”

by Christopher Nyerges

[Nyerges has led wilderness and wild food field trips for over 40 years. He is the author of numerous books, including “How to Survive Anywhere,” “Extreme Simplicity,” “Guide to Wild Foods,” and others. Questions about his classes and books can be directed to [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com) or Box 41834, Eagle Rock, CA 90041.]

A plane crashes on some remote island, and only the British school children survive. A classic story of survival begins. The boys –after having attended not a single “survival school” -- learn to hunt, make shelters, make fire (using Piggy’s spectacles, or eye glasses), and to enjoy themselves. After all, with all the adults gone, there’s no one to enforce rules, so we do what we want, right? Then the battle for power begins. One side is for some sort of orderly life, and the other side wants to live by rule of might.

“Lord of the Flies” has been widely viewed and widely discussed. What does it mean? What does it tell us about our basic human nature? Is our desire to do good and cooperate with others a skill that must be learned and maintained? Are we essentially animals who need to learn to control our animal natures?

The movie (and book) begins with the boys experiencing a sort of innocent paradise, as they swim and cavort and learn about foods in their adult-free world. The obvious need for leadership results in a vote between Ralph, who represents order and the rule of law, and Jack, who represents immediate fulfillment of desires, power, and even savagery. Ralph wins the election.

In the beginning, Ralph and Jack are not depicted as being all that different. Indeed, they are friends. Ralph is set on doing the best for all, helping the weak, making sure that everyone is fed. Jack seems more intent on his own power ambitions.

A conch shell is chosen as a sign of leadership, and an indication of who has the “floor” during meetings. But Jack forms his own band and moves away from Ralph. Jack chooses to disregard the blowing of the conch. That choice leads to further division and animosity. Eventually, the conch is destroyed when a boulder rolls onto it, symbolizing the loss of one of the symbols of their chosen civility, somewhat akin to someone in a board meeting tossing the gavel out the window.

Jack’s group steals Piggy’s specs to make fire, another strike at cooperation and civility. Jack’s group also lets the signal fire go out, showing that Jack has lost his focus of trying to get off the island.

In analyzing The Lord of the Flies, countless analogies have been used to describe the social dichotomy that it depicts, such as users vs. takers, or producers vs. consumers, or urban vs. rural, or primitive vs. civilized, etc. Perhaps it is the same old story of Cain vs. Abel, or the farmers vs. the ranchers. The story has even been used to illustrate political parties in various countries. But is it that simplistic?

Jack and his group finally devolved to the point where murder was justified. Jack and his group started to hunt Ralph. Jack’s desire for total power would be solidified with the elimination of Ralph (the last opposing force). As Jack’s group chases Ralph along the beach, they all confront a force they all have to reckon with – the rescuing sailors. The sailors are tall, dressed in white, somber. It’s as if the children butted up against the gods of the universe, and now the day of reckoning comes.

A group of men landed on the island and watch in amazement at the behavior of the “children”. The look on the children’s faces express their thoughts. Jack realizes his reign as a petty tyrant in his island empire is over; Ralph is relieved his life is saved, and now he’ll be going back to his real home.

We see something in the childrens’ faces: now they have to account for their actions to a higher power. The choices that each of us make in life have ramification that ripple through our lives. “Ralph” and “Jack” represent the choices we make. What legacy will we leave? What actions will we ultimately be accountable for when the sailors get to shore?

The amateur film-makers who created the original “Lord of the Flies” did so during the boys’ summer vacation. They tracked the lives of the boys who acted in this movie, and the boy-actors were all high achievers in their personal lives. The boys later related that making the movie deeply affected them. Even though it was described as “just a movie,” many of the boys realized in their personal adult lives that it was far better to work hard to choose the upward, inclusive way of Ralph, rather than to ever find oneself descending into Jack-ness.

SUMMER SAFETY TIPS FOR YOUR PET

(StatePoint) From heat waves to fireworks, summer can take a toll on pets’ emotional and physical well-ness. According to some pet experts, the heart of relief for a number of common seasonal pet woes is CBD. Here are some insights into how to use it, plus additional measures you can take for a safe, healthy summer with pets.

• Fireworks and Thunder: Unexpected noises can be extremely frightening for pets, causing what’s known as situational stress. If possible, try administering Calming CBD-infused Edibites, which contains soothing and relaxing properties, about an hour before you expect fireworks or thunderstorms to occur. (Helpful hint: it can also be used to relieve situational stress associated with travel, guests, etc.)

Exercise also helps. Whether you take an extra long walk or play fetch, wearing your pet out earlier in the day might help them stay calm or even sleep through noise disruptions. Additionally, you can prepare by setting up a quiet space for your pet, full of their favorite blankets and toys. Finally, be mindful that pets often react to loud noises by running away. According to the ASPCA, one-in-five pets that go missing run off after hearing loud noises like fireworks. Bring cats indoors during storms and fireworks. If you must take a dog outside, keep them securely leashed. Microchips and up-to-date ID tags can help you safely reunite with your pet should they go missing.

• Heat: If you’re sweating, there’s a good chance your pet is too. Keep pets hydrated by constantly refilling their bowls with fresh, clean water. Choose mornings or evenings for exercising with dogs to avoid the hottest part of the day. On scorchers, avoid paw-to-pavement contact, letting your dog walk in the grass instead. If your pup’s paws do get affected by the hot pavement, applying a topical CBD solution such as Canna Care from Pet Releaf can help relieve the burn. Finally, beat the heat with regular grooming -- however, don’t shave your pet’s fur -- their coat protects them from sunburn.

• Allergies: Allergies can wear pets down in numerous ways, including weakening their immune system. CBD hemp oil however can offer an immunity boost by activating the body’s two-way communication system between the brain and the immune system.

A common allergy symptom is rash, which can cause pets to scratch and bite their skin, only worsening irritation. To treat rash, consider using CBD hemp oil to support a healthy inflammatory response and ease stress, along with a topical CBD product to soothe skin irritations.

• Hip and Joint Discomfort: Summer may mean an uptick in nature hikes and long days at the dog park. As a result, your dog may experience hip or joint discomfort. Consider adding a beneficial supplement to their everyday regimen, like Hip & Joint Edibites, which contains full-spectrum hemp extract with naturally occurring CBD, along with glucosamine and chondroitin, a combination known to help maintain normal healthy cartilage and joint function, as well as support joint flexibility and mobility. Depending on your pet’s health needs, you may want to upgrade to a higher potency pet CBD product like a hemp oil that you can massage onto their joints.

Unsure which CBD solution will work best for your pet? Check out Pet Releaf’s Product Finder tool at [petreleaf.com/product-finder](http://petreleaf.com/product-finder), which factors in age, weight, level of discomfort and wellness needs. Use the code RELEAF25 through July 31, 2021 to receive 25% off and free shipping.

With the right tools and knowledge, you can support your pet’s wellness this summer and protect them from common seasonal health and safety hazards.

Katnip News!



MAGGIE May Be Yours!

Little Maggie is ready for her fur-ever home! She’s a pretty tortie (tortoiseshell) with the beautiful colors of autumn. She’s a sweetie and excels at cuddling, playing, and eating.



We are looking for a home that can adopt two, or who has one youngish cat at home already. Maggie is on the Babies page of our website. She will come vetted, spayed, tested negative, and micro-chipped.

See the Adoption Procedures page to apply. Submit your application now at [www.lifelineforpets.org](http://www.lifelineforpets.org).

Pet of the Week

Sweet Sally is looking for someone to float through life with her! Sally is three years old and loves her favorite people. She’s very loyal and affectionate once she gets to know you. And don’t tell her she’s too big to be a lap dog, she won’t hear of it! Sally knows her “sit” command and loves playing with her ball. She’s looking for a home where she can be the only pet and get lots of love and attention.



The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet. View photos of adoptable pets and schedule an adoption appointment at [pasadenahumane.org](http://pasadenahumane.org). Adoptions are by appointment only, and new adoption appointments are available every Sunday at 5:00 p.m. for the following week. Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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**Chris Leclerc**  
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[chris@canyoncanine.com](mailto:chris@canyoncanine.com)  
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## HOW TO PICK THE BEST PLACE TO RETIRE

Dear Savvy Senior:

My husband and I will both be retiring in a few years and are interested in relocating to a warmer climate but could use some help. What resources can you recommend for locating and researching good places to retire in the U.S.? Retiring at 65



Dear Retiring:

If you're interested in relocating when you retire, like millions of other baby boomers, there are a wide variety of books and online resources that can help you find and research a new location that meet your wants, needs and budget. Here are several to help you get started.

Where to Retire?

If you're at the beginning of your search, a good starting point is to take the "Find Your Best Place" retirement quiz at Sperling's Best Places (BestPlaces.net/fybp). This free quiz asks 10-questions on your preferences such as climate, recreation, community size and more, and suggests possible destinations that match your answers. MarketWatch also has a new matchmaking tool called, "Where's the best place for me to retire?" at MarketWatch.com/graphics/best-place-to-retire/.

Media resources like U.S. News & World Report, Kiplinger's, Forbes and Money Magazine also publish "best places to retire" lists on their websites each year. And be sure you check out Milken's "Best Cities for Successful Aging" (SuccessfulAging.MilkenInstitute.org), which ranks 381 U.S. metropolitan areas based on factors that are important to older adults.

You should also consider getting a copy of "America's 100 Best Places to Retire" (the sixth edition book; \$25 at Amazon.com) that looks at a range of destinations, and groups some in categories like best college towns, mountain towns, undiscovered towns and main street towns.

Once you find a few areas that interest you, your next step is research them. Here are some important areas you need to investigate.

Cost of living: Can you afford to live comfortably in the location where you want to retire? Numbeo.com and BestPlaces.net offers tools to compare the cost of living from your current location to where you would like to move. They compare housing costs, food, utilities, transportation and more.

Taxes: Some states are more tax friendly than others. If you're planning to move to another state, Kiplinger's has a tax guide for retirees at Kiplinger.com/links/retireetaxmap that lets you find and compare taxes state-by-state. It covers income taxes, sales tax, taxes on retirement income, Social Security benefits taxes, property taxes, and inheritance and estate taxes.

Crime rate: To evaluate how safe a community or area is, websites like AreaVibes.com provide crime data for certain locations.

Climate: To research the climate in the areas you're interested in moving, Sperling's Best Places is again a great resource that offers a climate/weather compare tool BestPlaces.net/climate.

Healthcare: Does the area you want to relocate have easy access to good healthcare? To locate and research doctors and hospitals in a new area, use Medicare's compare tool at Medicare.gov/care-compare. Also see Healthgrades.com, which provides detailed information on U.S. hospitals and doctors.

Transportation: If you plan to travel much, or expect frequent visits from your kids or grandkids, convenient access to an airport or train station is a nice advantage. You should also investigate alternative transportation options, since most retirees give up driving in their eighties. To do this visit RidesInSight.org, a free website that provides information about senior transportation options in local communities throughout the U.S.

Once you have narrowed your choices down to two or three, spend a couple weeks in each location at different times of the year so you can get a feel for the seasonal weather changes, and so you can carefully weigh the pros and cons of living there. You may find that you like the area more as a vacation spot than as a year-round residence. It's also a good idea to rent for a year before buying a home or making a commitment to a retirement community.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## FAMILY MATTERS

By Marc Garlett



## YOUR 'BLENDED' FAMILY IS LIKELY HEADED TO COURT UNLESS YOU DO THIS!

If you have a blended family and do not plan for what happens to your assets in the event of your incapacity or death, you are almost certainly guaranteeing hurt feelings, conflict, and maybe even a long, drawn out court battle.

So let's start with clarity around what a blended family is and whether you have one. If you have stepchildren, or children from a prior marriage, or other people you consider "kin" who are not considered legal relatives in the eyes of the law, you've got a blended family.

Bottom line: if you have a blended family, you need an estate plan, and not just a will you created for yourself online, or a trust that isn't specifically and intentionally designed to keep your family out of court and out of conflict. Period. End of story. Unless you are okay with setting your loved ones up for unnecessary heartache, confusion, and pain when something happens to you.

What Will the Law Do?

"Blended Families, once considered "non-traditional" families are swiftly becoming the norm. Currently 52% of married couples (or unmarried couples who live together) have a stepkin relationship of some kind, and 4 in 10 new marriages involve remarriage. So, clearly, this is no longer "non-traditional" but quite traditional, though our laws about what happens if you become incapacitated or die are still very much based on tradition.

Every state has different provisions for what happens when you become incapacitated or die, and the laws of California may not necessarily match your wishes.

For example, in California, all community property assets would go to your surviving spouse, and separate property assets would be distributed partially to a surviving spouse and partially to children, if living, in amounts depending on the number of surviving children.

This may not result in the outcome you want for your loved ones, especially if you have a blended family situation. If you have something different in mind as to how you would want things to go, there is good news. The state of California allows you to circumvent those laws, but only if you have an alternate plan in place BEFORE your incapacity or death.

Even within "traditional" families, I want to emphasize that having a full plan is the best way to provide for your loved ones. However, with "blended" families, carefully considered estate plans are often even more vital to avoid massive misunderstanding and conflict, and having your assets tied up in court instead of going to the people you want to receive them.

Disputes Between Spouse and Children from Previous Marriage

One of the most common problems that arises in a blended family is that the deceased's children from a prior marriage and the surviving spouse end up in conflict. The courts are filled with these kinds of cases. But it doesn't have to be that way.

When you're reconsidering all of this for the people you love, it's important to have a trusted advisor who can help you look at the reality of what will happen if you become incapacitated or when you die. With the complexities of modern families, it's far better to know and plan than to leave it up to the law or a court to decide. That way, not only do the people you love get the assets that you want them to receive, but you will also be saving them from years of potential legal conflict.

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A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024.

Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

## SENIOR HAPPENINGS



## HAPPY BIRTHDAY! ...June Birthdays\*

Joanne Thrane, Nellie Haynes, Dorothy McKay, Diane Hatfield, Georgette Dunlay, Elizabeth Shul Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Jacque Persing, Jeanne Peterson and Grace Sanders. \* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

## SENIOR ACTIVITIES IN SIERRA MADRE

## CHAIR YOGA

Every Monday and Wednesday, 10-10:45 am  
Chair yoga with Paul is coming back! Class be held in the Covered Pavilion in Memorial Park in front of the Senior Center. Please join us for some gentle stretching, yoga, balance exercise and overall relaxation. Classes will maintain a distance of 6 ft between participants. ALL participants must be wearing masks for the duration of the class. All equipment used will be sanitized after each use before it is stored. Each participant is responsible for providing their own water, masks and needed equipment or supplies for each class. Class size is limited so please call 264-8923 to reserve your spot.

## TAX ASSISTANCE

If you are in need of assistance with your 2020 taxes please know that help is a phone call away. Don Brunner, Tax Saver, is not accepting in person consultations at the moment but available for a phone or email consult. Please call him at 626-447-8829 or email TAXSAVERD@gmail.com

## CREATIVE WRITING WORKSHOP

Have you ever thought about trying your hand at writing? Do you have an idea for a book and no idea how to begin? This program may be for you! Katy Nishimoto, Senior Editor with Random House, has graciously volunteered her time to lead this incredible writers workshop for seniors. Program participants will be given a prompt, a 10 minute writing task and a group reading. Discussions, readings and feedback to help guide your creative thinking into creative writing. If you have interest in writing nonfiction, a memoir, fiction or poetry then please call or email today to reserve your spot. Class will be limited to 10 participants. No writing skills or experience is required. Call Lawren Heinz at 626-355-7394 to reserve your spot and receive class information.

## MUG CRAFT

Tuesday, May 18 at 11:00 am Join Lawren in making a delightful, colorful and artistic nail polish marbled mug! All supplies will be provided for you and we will meet in the Hart Park House patio. Please wear clothes you don't mind getting nail polish on. To reserve your spot or ask questions please call Lawren Heinz at (626) 355-7394 or send an email to lhein@cityofsierramadre.com

## IDEAS

Do you have any ideas for programming? Is there a class or club you would like to see in our Senior Community? Please call or email Lawren Heinz with ideas or questions. 626-355-5278 x 704 lhein@cityofsierramadre.com

City staff are monitoring email communication daily, and although employees are minimizing direct engagement and interfacing less with the community, please note that voice messages, emails, and social media responses are being addressed in the most efficient and timely manner. If at any time additional information is needed, please contact City Hall Administrative Services at (626) 355-7135, Monday-Thursday from 7:30a - 5:30p, as they are taking messages and e-mailing the appropriate per-son. For messages that may trickle in otherwise, please note our team is remotely checking voicemail daily at the Community Services Department, (626) 355-5278 x702.

## SIERRA MADRE SENIOR COMMUNICATIONS PLAN

The City of Sierra Madre is following these procedures to provide current communication in light of COVID-19 and keep the Senior Community and families informed of essential information and resources. City staff are monitoring email communication daily, and although employees are minimizing direct engagement and practicing social distancing in the community, please note that voice messages, emails, and social media responses are being addressed in the most efficient and timely manner.

If at any moment additional information is needed, please contact City Hall Administrative Services at (626) 355-7135, Monday-Thursday from 7:30a - 5:30p, as they are taking messages and e-mailing the appropriate person.

For messages that may trickle in otherwise, please note our team is remotely checking voicemail daily at the Community Services Department, (626) 355-5278 x702.

Community Services Department will continue email communication with Senior residents and aging community members.

If you know of family members or neighbors who may benefit from accessing information electronically, and to receive the department's Seniors Newsletter via email but may not otherwise have been included on an email group list, please send your request with email address to the following team members: Lawren Heinz lhein@cityofsierramadre.com and Clarissa Lowe Clowe@cityofsierramadre.com.

City Social Media will continue via Facebook as well as Instagram, and information sharing will include updates as details becomes available.

## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## BUMP, BUMP, BUMP, WHERE'S THE SCRATCH?



Life can get crazy because there are so many crazy people in the world. I know, I'm one.

Through the years, I have come to appreciate crazy people. They make life interesting and make me look less crazy than I really am.

The interesting thing is that a crazy person shows up in your life when you least expect it. There's no way you can prepare for these crazy episodes. If only I could wear a camera on my glasses, I could make a fortune.

The other day I drove through the McDonald's drive-through to order my morning cup of coffee to take to my office. Of course, I do that every morning as a routine.

This morning was rather a stressful kind of a morning, and I had a schedule I wanted to complete for the day. So I was thinking about what I was going to do as I was driving through the drive-through. In front of me was a blue car and a lady driving it.

She finished her order and then began driving forward, I started driving forward and happened to look left at the ordering place, and unbeknownst to me, she stopped and I bumped into her bumper.

Isn't that what bumpers are for?

That was the beginning of one of the craziest episodes I've had in a long time. Oh, that my camera was in place.

As a young person, I enjoyed watching "Smile, You're on Candid Camera." I thought this was happening to me.

The lady jumped out of her car screaming at me and shaking her fist, and I thought it was a joke. You know how people like to prank other people, so I thought this was what was happening. I looked at her and started laughing, thinking that this was part of a joke.

The more I laughed, the more she yelled and screamed at me. She used language that even sailors would not use in public. She asked me to do things to myself that are physically impossible to do. Enough said on that.

Then she went to her car, got her cell phone, came back, and took pictures of my truck's license plate. I hope I don't see it on Facebook. Then she took pictures of what my truck had done to her bumper.

I got out to look, and I had to look very hard to find it, and finally, there it was. A little scratch about the size of a fingernail. I looked at the front of my truck, and I couldn't find any scratches at all comparable to her scratch.

She began yelling, "Don't you dare touch me!" I don't do a lot of things and not touching her was

at the top of that list. Then she took her cell phone and showed it to me and said, "I'm calling the police."

We were in the middle of the drive-through, and the customers behind us couldn't get through because she would not move until the police got there.

The manager of McDonald's came out and calmed her down and finally got her to move out of the line and wait for the police. I followed and parked next to her.

As we were waiting for the police to come, she was taking pictures of the tiny scratch. I did not talk to her; I just let her go and do her thing.

Finally, the police arrived. I was a little concerned because we would be wasting his time when there are more serious issues for him to deal with. But, crazy will be crazy.

He talked to us and took our information, and then he looked toward her car. He didn't go over and look at it because he said it is not worth a police investigation. I agreed with him. So did the manager of McDonald's. A scratch isn't really that much damage. It probably could be fixed with fingernail polish.

The manager said that there were cameras and that incident would have been recorded.

She finally drove off, and I had a short chat with the police officer, and then we parted ways.

That was not the end of the story.

Have you ever faced a temptation so strong that it was all you could do not to yield to it? One of my favorite hymns has this phrase, "Yield not to temptation for yielding is sin."

I wasn't able to place my order before this incident, so I drove around McDonald's to get into the drive-through. You will not guess who was in front of me in the left lane of that drive-through? Oh yeah, it was the lady with the scratch on her car.

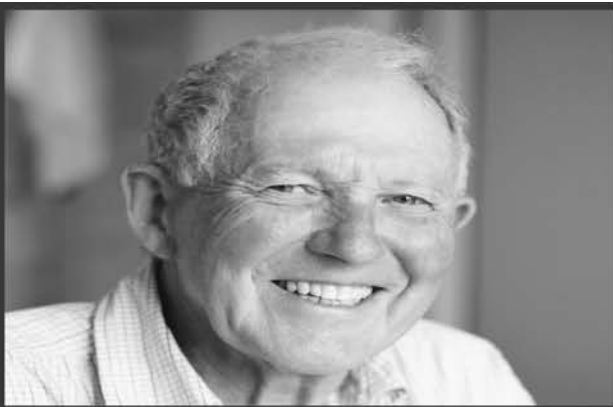
My temptation was to pull in behind her and make sure she noticed I was behind her. I wrestled with that thought for a moment or two.

After some thoughtful consideration, I pulled over to the right lane and, in fact, got ahead of her in ordering my coffee. In the McDonald's store, that was the talk of the employees.

It's not often that I get involved in such a crazy situation.

As I was driving away from McDonald's a verse of Scripture came to my mind. "Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak" (Mark 14:38).

Temptations will come every day, but I have the strength in Christ to resist every temptation for the glory of God



At first, Dad and I didn't see eye to eye about moving to The Kensington, but since he did, we're both thrilled

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN



### PUT THE LIGHTS ON

#### HELP FINDING YOURSELF

I awoke this morning thinking I would rush out to the golf course to practice so that I would be prepared to play with my wife's nephew tomorrow morning. I am kind of thrilled that he is willing to come and play golf with me as he is 21 years old, a second team All-League football player, an aspiring actor, and a really interesting guy with his own apartment, car and a job. The fact that he is willing and even enthusiastic about spending some time with 77 year old me is surprising and gratifying. I play golf whenever I can and continue to be absolutely wretched at it. Every day I plan to go out and practice but never do. Instead, once I get out there, I surprise myself (which shouldn't be a surprise) and choose to play rather than just hit balls on the range. Not that I really know the answer, but I think that the reasons I do this are that if I choose to play and walk the course and do not rent an electric cart I know that I will be getting exercise.

I would like to be around for a while and I believe getting exercise is a really healthy thing to do. Unfortunately, I have been walking the course in this absurd one hundred degree weather and forgetting to bring water with me. As a result of the pandemic, I guess, the water fountains on the course are not functioning and each time I play it feels like I am going to perish from dehydration; but I keep playing and walking without water and wonder why I do it. In fact, I wonder why I do most of the things I do. Playing without practicing is kind of understandable. I would rather play the course, even by myself, always thinking about the next shot and feeling kind of proud of myself for walking at all.

So, getting back to the point, this article is supposed to be about my continuing search for Who I Am and what do I like to do? I read somewhere once that one can tell what you like to do by actually noticing what you do do. Anyway in filling out a questionnaire's question as to what I like to do I answered that what I do most of the time is worry and, therefore, that must be what I like to do. I really don't know if that is a truthful response but it sounds clever and surprising and I realize now that I enjoy saying clever and surprising things. I also notice that I particularly enjoy talking to strangers and just playing golf alone allows plenty of time to join with other golfers.

Recently I have played a couple of times with retired professors and doctors. I have been very surprised to observe these older, retired men bragging to each other about the home improvements they have made. They have taken pictures of concrete walls and fences and display them the way I like to display pictures of my granddaughter. Construction is not for me! As I have written many times, one of my greatest joys is just being around my soon to be two year old granddaughter while someone else does the work of diapering, feeding, and bathing. You know the real work. I really just like watching her march around and laugh and smile and communicate. We are now reading Hamlet together as I believe it is my function to help educate her. She has already learned the first sentence of the play, "Who's there?" and I hope more will follow. Actually, I think this process describes who I am. I am an observer who enjoys watching the way others live and learn without doing any real hard work myself as typified by my twice daily walk with my dog as I enjoy watching him hunt for squirrels. Writing these unpaid articles makes it all right to write them for myself and not really being forced to please anyone else. Really, I guess that is what a happy retirement is. Finding what one enjoys and learning a little bit more every day. It is my hope that you, your grandchildren, and their grandchildren will have the same opportunity! Okay, I am off to the driving range—but if I choose to play instead it will be all right.

## DINAH CHONG WATKINS

### CLOSE ENCOUNTERS OF THE WRONG KIND SHE WORKS HARD (KIND OF) FOR THE MONEY



Zero dark thirty. The soft, yellow glow from the streetlights powered down one by one as dawn broke through the crisp darkness. I stumbled towards the package, dumped there minutes or was it hours earlier? I grabbed my switchblade from my back pocket and cleanly sliced through the polyester binding, the tall stack of papers waterfalled onto the damp pavement. I cursed. After a few minutes I had loaded the papers into my mom's folding, metal shopping cart and started my route, my mission - to deliver the Toronto Star to a 20 block radius in my neighborhood.

"And make sure you deliver it before 6 am." Barbara, my 4th grade classmate told me as she handed me the coupon book.

"They get really upset if you give it to them later."

"No problem, I'm an early bird." I lied.

That summer I joined all the billions of working stiffs of the world - part-time of course. There are thousands of lousy jobs, but for a 10 year old, waking up each day before dawn is one of the worst. Actually the worst job is trying to collect the newspaper subscription fees at the end of the month. I'd ring my customers doorbells, my coupon book in hand to collect payment and no one would answer even though I could see the front window curtains being surreptitiously pulled back seconds earlier. After a summer stint on that job I became less judgmental of "loan collectors" and their baseball bat methods.

I ended up being short-changed on my salary that summer, namely because I had to pay myself out of the subscription fees I collected, and it's funny how customers don't want to pay for their morning editions when it's delivered after the six o'clock evening news. I gave the complaint-laden route back to Barbara when she returned from summer camp, fortunately for me, we went to different schools.

After being turned down by McDonalds because of my age - too young and reckless at the deep fry station rather than too old and hard of hearing at the Drive Thru booth - my older sister snagged the position. Soon, our home took on the ever-present scent of Quarterpounders and once she surprised us with her latest uniform from the Golden Arches - a prison striped, colossal-headed Hamburglar costume. I went to cheer her on at work, the promotional event coincided with one of the hottest days on record.

"Who wants to be in show business?" asked the assistant manager,

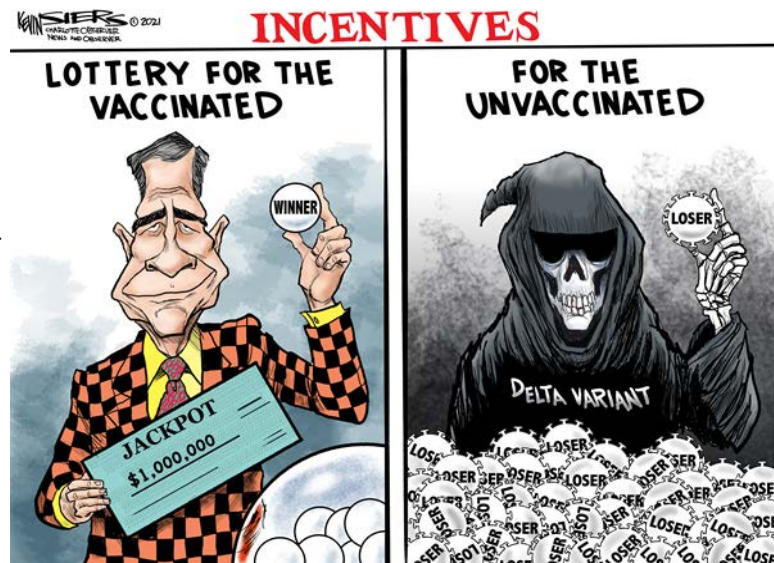
the junior employees who volunteered to be in the McDonaldland cast - Mayor McCheese, Grimace and Officer Big Mac - melted inside the chicken wire and foam constructs as they flailed outdoors to 70's disco tunes. Although my sister was bringing home the Filets O Fish, somehow I felt I dodged that corporate bullet.

There's a word for people who get their jobs by way of nepotism- Luckybuggers. After my debacle with the newspaper delivery, and the two bucks an hour babysitting gigs, my parents let me handle the coat check at their restaurant on weekends. I would pray for subzero temperatures and teeth-chattering windchill, the bigger the tip, the faster I found their coats.

I followed that up with a part-time job as a receptionist at my parent's car dealership. Other than taking calls and steering clients to the greedy jaws of our used cars salespeople, I had to register the transfer of ownerships at the DMV a few miles away. At 16 years old, I drove whatever "loaner" was on the lot - family sedans, used clunkers, trucks, and one glorious time due to the lack of common sense from the on-duty manager, got the keys to our top-of-the-line sportster. I made donut rings with the turbo chargers that didn't belong on a 40 mph straightaway. That taught me a useful lesson, you can't fire volunteers or family - although death is a possible option. And as for growing into an early riser, all I can say is "Lunch anyone?"

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## LEFT, RIGHT OR CENTER!

### JOHN MICEK THESE MOMS LOST SONS TO GUN VIOLENCE. THEY WANT HELP.



Tina Ford understands the toll of gun violence like few of us ever will. She lives with it every day.

In April 2019, her son, Armani Ford, a local high school football legend, was shot and killed in his hometown of Clairton, Pa., a steel town in the Monogahela River Valley, just south of Pittsburgh. He was just 23 years old.

In the wake of her son's death, Ford helped found a local chapter of Mothers of Murdered Sons, or MOMs. Among other women who had buried children all too soon, she found comfort and solace. To her frustration and sadness, she found its membership kept growing.

And the price of that loss, she said, extends beyond the heartache. The hole torn by premature loss of a child can mean missed work and economic hardship that leads to a bereaved person falling behind on their rent and bills.

For too many, there's no way out of that financial spiral. "We carry each other. We help each other," Ford said at a news conference on Tuesday. "I have strength from God. But this is serious. We need help."

Enter a pair of newly introduced House bills sponsored by Pennsylvania state Rep. Austin Davis, a Pittsburgh Democrat whose district includes Clairton. Davis' proposals respectively would offer debt deferral to grieving parents and create a grant program that would offer financial assistance to those families. If they're eventually approved and signed into law, the bills would give families "time to grieve without a fear of losing their homes," Davis said Tuesday.

That's not just rhetoric. Research has shown that gun violence exacts a measurable economic impact on the communities where it occurs.

Across five cities, gun violence slowed neighborhood home appreciation by about 4 percent, according to The Urban Institute's Justice Policy Center. The research also showed that surges in gun violence, defined as a sudden and sharp uptick in violence, also led to lower credit scores and home ownership rates.

All told, gun violence exacts an economic toll of a staggering \$229 billion a year, according to Brady: United Against Gun Violence. That tally "includes \$8.6 billion in direct expenses such as for emergency and medical care," according to The Washington Post. And, as the Urban Institute notes, those costs are disproportionately borne by communities of color.

"We talk about gun violence as a public health crisis and a state of emergency," said state Rep. Donna Bullock, the Philadelphia Democrat who chairs the Pennsylvania Legislative Black Caucus.

But as was the case with the COVID-19 pandemic, and the ensuing emergency declaration, families in need received services and financial assistance, Bullock pointed out.

And if policymakers are going to walk the talk about the public health toll of gun violence, then the families whose lives have been torn apart by gun violence should receive the same kind of help from the state.

Bullock, the mother of two sons, says she prays the Black mother's prayer every day that her children return home safely and, then, referring to the mothers arrayed behind her holding photos of their fallen children, that "I don't join your club — that's real." "Let's do right by these families," she said, by passing Davis' legislation. "That's the best thing we can do for these families."

State Rep. Ed Gainey, now the Democratic nominee for Pittsburgh mayor, echoed that sentiment, arguing also that the cost and trauma of gun violence cut across racial, geographic and class lines.

Policymakers, he said, needed to come up with more than band-aids, they needed to learn "why people wake up with murder on their minds ... Until we come up with a plan that addresses the root causes of crime, we're going to be back here every year."

For Ford, who deals with the post-traumatic effects of her son's death — anxiety and insomnia — that help can't come soon enough. Until it does, she said, she and her fellow MOMs will persevere. "We can't stop the violence in the streets," she said. "But we can help the mothers."

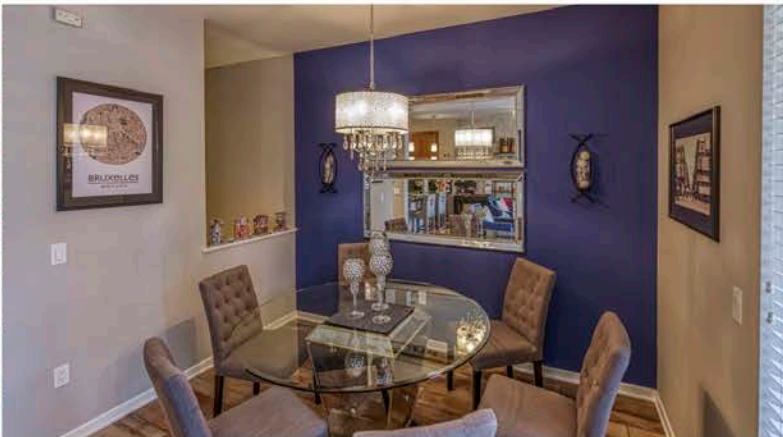
John L. Micek is Editor-in-Chief of The Pennsylvania Capital-Star in Harrisburg, Pa.







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