





# SIERRA MADRE

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## City of Sierra Madre

### NOTICE OF AVAILABILITY DRAFT SUBSEQUENT ENVIRONMENTAL IMPACT REPORT FOR THE CITY OF SIERRA MADRE 2021-2029 GENERAL PLAN HOUSING ELEMENT UPDATE

DATE: August 3, 2021

SCH NUMBER: 2021040369

TO: State Clearinghouse, Los Angeles County Clerk-Recorder, Responsible and Trustee Agencies, Organizations, Native American Heritage Commission, and Interested Parties

FROM: City of Sierra Madre Planning and Community Preservation Department  
232 W. Sierra Madre Boulevard, Sierra Madre, CA 91024

SUBJECT: Draft Subsequent Environmental Impact Report City of Sierra Madre 2021-2029 Housing Element Update

NOTICE IS HEREBY GIVEN THAT the City of Sierra Madre, as the lead agency pursuant to the California Environmental Quality Act (CEQA), completed the Draft Subsequent Environmental Impact Report (SEIR) for the Housing Element of the City of Sierra Madre General Plan for the 2021-2029 planning period (Housing Element Update). The City has prepared this Notice of Availability (NOA) to consult with and request comments from responsible agencies, trustee agencies, and other interested parties regarding the environmental analyses presented in the Draft SEIR. The Draft SEIR is being circulated for review and comment. Written comments will be accepted by the City during the public period listed below. For more information on the project, please see: <http://www.cityofsierramadre.com/housingelement>

PUBLIC REVIEW PERIOD: In accordance with Section 15105 of the State CEQA Guidelines, The City has scheduled a 49-day public review period for the Draft SEIR. The formal public review period will start on Tuesday, August 3, 2021 and end on Tuesday, September 21, 2021. Comments must be received in writing no later than 5:00 PM on Tuesday, September 21, 2021.

PUBLIC COMMENTS: Comments on the Draft SEIR may be submitted in writing during the 49-day public review period noted above. Written comments must be sent to Clare Lin, Senior Planner, 232 W. Sierra Madre Boulevard, Sierra Madre, CA 91024, or [housingelement2021@cityofsierramadre.com](mailto:housingelement2021@cityofsierramadre.com). For additional information, please contact Ms. Lin at 626-355-7135.

PROJECT SUMMARY: The City is updating the Housing Element of the General Plan for the 2021-2029 planning period. The Housing Element is one of the seven required elements of the General Plan per the California Government Code, beginning at Section 655583. Generally, State law mandates updates to the Housing Element every eight years. The Housing Element serves as a policy guide to address the comprehensive housing needs of the City of Sierra Madre. The primary focus of the Housing element is to ensure decent, safe, sanitary and affordable housing for current and future residents of the City including those with special needs. The City is required to ensure the availability of residential sites, at adequate densities and appropriate development standards, adopt land use plans and regulatory systems that provide opportunities for, and do not unduly constrain housing production in the City to accommodate its fair share of the regional housing need, also known as the Regional Housing Needs Assessment (RHNA) allocation.

PROJECT LOCATION: City of Sierra Madre

AVAILABILITY OF ENVIRONMENTAL DOCUMENTATION: The Draft Subsequent Environmental Impact Report may be viewed on the City of Sierra Madre website at: <https://www.cityofsierramadre.com/housingelement>. Hardcopies will be available for viewing at the Sierra Madre City Hall, (232 W. Sierra Madre Boulevard, Sierra Madre, CA 91024) and the Sierra Madre Public Library (440 W. Sierra Madre Boulevard, Sierra Madre, CA 91024) during regular business hours. An appointment for viewing the hardcopies may be requested by e-mail to Clare Lin [cllin@cityofsierramadre.com](mailto:cllin@cityofsierramadre.com). This Notice of Availability will also be published in the City's local newspaper, the Mountain Views News.



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## STREET RESURFACING ROAD CLOSURES

### THURSDAY 8/5/21

- North Ross - From Mariposa to end of North Ross Pl.
- Manzanita - From Michellinda to Park
- Lima - From Orange Grove to Ramona
- Hermosa - From Sierra Madre to Ramona

### FRIDAY 8/6/21

- South Ross - From Mariposa to end of South Ross Pl.
- Ramona - From Michellinda to Sunnyside
- Manzanita - From Park to Lima
- Lima - From Ramona to Bank Driveway
- Hermosa - From Ramona to Orange Grove

### MONDAY 8/9/21

- Sunnyside - From Ramona to Sierra Madre
- Mariposa - From Lima to Police Driveway
- Lima - From Sierra Madre to Bank Driveway
- Webster - From Bonita to end of Webster
- Bonita - From Hermosa to Baldwin

### TUESDAY 8/10/21

- Mariposa - From Hermosa to Police Driveway
- Manzanita - From Hermosa to Lima
- Ramona - Park to Lima



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## THE ELEPHANT IN THE ROOM

By Lynn Collman

Decisions have consequences and it's not always easy to predict their real world impact on city residents.

This is especially true of a decision made last year when the previous City Council on October 27, 2020 removed the design review process for new or remodeled houses from the Planning Commission and gave it to Staff to review and decide. Many residents were not aware of its true impact and will find out only when it's too late. "Yeah, so what?" you might ask. ....Staff is highly qualified. How true; but thanks to the real world experience shared by a Preserve Sierra Madre member, we know firsthand what happens now under this new decision: Transparency has disappeared.

I got two blue post cards from the City in May notifying me of permits applied for by my neighbors. A design review permit needs to be requested for various reasons, particularly if a remodel increases a home to over 3500 square feet. Before October 27, the applicants would go before the Planning Commission at a public meeting. I would have watched (on zoom these days) and would have been allowed to ask questions, along with anyone else who was interested in what was happening. The Planning Commissioners would have asked questions of the architect/contractor/owner. If there was a problem, the plans would need to be revised. All of this was out in the open at a duly noticed public meeting. The five Planning Commissioners (7 until a year ago) are residents appointed by the City Council, and this is an entirely voluntary position of four or eight years. Our Planning Commissioners come from all different backgrounds – a year ago we had three architects. Now we have one. We also have a lawyer/developer, businessman, doctor, former firefighter. One of our best Commissioners had a background in social issues. In other words – they truly represent us, the residents of Sierra Madre.

Now: I went to the City website after receiving the post cards, saw that I could view the general plans there, and could talk to a staff member at City Hall between 7:30-8:30 am on Monday or 7:30-9:30 on Wednesday only. I saw the same plans, at my trek to City Hall, but what could I ask? As a layperson, I always relied on the presentations from the architect or contractor to describe the project so I had a better understanding of it. Without that, I'm starting from scratch and wasting staff time. Without hearing concerns from fellow residents, I don't know how others feel about the project. If I have a question, who do I go to? I don't think my neighbors would appreciate a knock on their door when I have questions. Can I call City Hall daily? Yeah, I guess so, but don't think that would be well received either. Next problem: I can file a protest if I want, but that is after the decision is made. And we are all learning how hard it is to reverse a decision once it's been made. How can I file a protest if I don't even know what I'm protesting, and second, should I want to, it will cost me \$500.

The Preserve Sierra Madre Steering Committee met with former City Manager, Gabe Engeland, in June to discuss the issue of transparency. After discussing the issues, Gabe agreed that with staff doing the review, there is no way for this process to be open and inclusive.

This may be my issue right now, but it is also yours as well. Do you know what will be a "remodel" in your neighborhood, if it is over 300 feet away, or down the block and around the corner? Or on my street? Unless you keep tabs on our not too user friendly Sierra Madre website you won't know who has applied for a design review permit.

Welcome into the room Mr/Ms Elephant.

## SIERRA MADRE POLICE BLOTTER

July 18, 2021 to July 28, 2021:

During this period the Sierra Madre Police Department responded to 447 calls for service.

### D.U.I.

On 7-19-21 at 12:19AM, a traffic stop of a vehicle where the driver of the vehicle was found to be driving a motor vehicle while under the influence of an alcoholic beverage. The driver was taken to the hospital where she was admitted. The driver was issued a citation and released to the care of the hospital staff. Case to DA's office

### Vandalism

Sometime between 7-18-21 at 10:00PM and 7-19-21 at 2:30PM, unknown suspect(s) poured a white powdery substance onto the windshield of a vehicle at the victim's residence. No suspect(s) information were obtained. Case to Detectives

### Hit and Run

On 7-22-21 at 8:02AM a driver in the 00 block of N. Sunnyside Ave. was involved in an accident colliding into a telephone pole and a vehicle. The driver left the scene and was later found by officers. The driver admitted to leaving the scene after the accident. The driver was cited for the violation of a Hit and Run. Case to Detectives

### Arrest

On 7-25-21 at 11:28PM, a bicycle stop was conducted for a vehicle code violation on S. Baldwin Ave. The bicyclist failed to produce any form of identification to the officer that resulted his arrest. A search of the suspects back pack revealed that the suspect was found to be in possession of controlled substance. The bicyclist was transported to the hospital where he was admitted for pre-booking. Due to pre-existing medical issues, the bicyclist was issued a citation, however the suspect refused to sign the citation that is another violation. He was later released to the care of hospital staff. Case to Detectives

### Warrant

On 7-25-21 at 7:22PM a traffic stop was conducted for a vehicle code violation at Michillinda and Foot-hill. A check of the driver's information revealed that he had an arrest warrant out of San Bernardino. The driver was arrested for the warrant and taken to the Los Angeles County Jail.

### Theft

The owner of a gardening service reported a theft from his truck on 7-26-21, between 10:00 and 10:30AM. A lawn mower and a weed eater were taken from the rear of his truck that was parked in the 200 block of E. Highland Ave. while his employees were working in the back yard of a home. Case to Detectives

### Arrest

Officers responded to a report of a disturbance in the 00 block of N. Baldwin Ave. on 7-27-21 at 9:18PM. Sierra Madre FD Paramedics were on scene for the treatment of injuries to a male then was taken to a local hospital. Following medical clearance, the male was taken to the Los Angeles County Jail. Case to Pasadena DA's office

### Battery

On 7-28-21 at 7:45PM, officers took a report from a resident at the station regarding an apparent confrontation with a neighbor. Officers went to the location and interviewed the suspect. Following the interview the suspect was arrested for battery and taken to the Pasadena Jail for booking. Case to Detectives

## WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"August rain, the best of the summer gone, and the new fall not yet born.  
The odd, uneven time." Sylvia Plath

"August: New month, new motivation, keep going, don't give up!"

"I pray August is full of good news, blessings and positive vibes."

I am writing my column today, August 3<sup>rd</sup>, which is National Watermelon Day. If you haven't gotten yourself one yet, if you haven't devoured a whole lot of it, stop denying yourself and go get one. Then invite someone who is a lot of fun to be with to come share it with you.

"When one has tasted watermelon, he knows what the angels eat." Mark Twain

Daughter Crissy, and granddaughters Jessie and Emily and I spent a few days in Huntington Beach this past week. The picture is of Jessie and Emily and grandsons, Caleb and Brady at the foot of Huntington Beach Pier where, sadly, Ruby's Surf City Diner is no more. Windy that day but everyone had a splendid time. We went to see the new Disney movie, "Jungle Cruise," and loved every minute of it. Great plot, great action, The Rock and Emily Blunt were terrific. The only part of the movie that related at all to the Disneyland ride was the first few minutes and then it was one unexpected event after another. Best movie we've seen. This was our third actual theater experience and it's really nice to GO to the movies again.

We had mango margaritas, delicious food everywhere we went – maybe a little too much of it – but all good. Got together with lots of other family members and it was wonderful to get away. School starts for Jessie and Emily tomorrow, August 4<sup>th</sup>. We are hoping it will be a good learning experience for them as they didn't do well with the online-distance learning concept.

We got home yesterday and I was opening the stack of mail that had arrived while we were gone. The first thing I saw was a letter from the IRS. My blood ran cold and I experienced that moment when you forget to breathe.

"Dear Taxpayer," it started, then went on to inform me they need more information to process the return accurately, and within 20 days. Of course, I couldn't figure out exactly what information they wanted and was thankful, once again, for the wonderful folks who have been doing our taxes for years and years.

Why is it that even the mention of the IRS can fill one with sheer terror, even when one has done everything right, got it in on time, and supplied enough supporting documentation to prove beyond a shadow of a doubt where every single dollar came from and, subsequently, went!

John and I were audited twice by the IRS. Once shortly after we were married in 1967. Two IRS agents came to our house on Canon Drive. They happily accepted coffee and banana bread, petted our dog, and asked a lot of questions about contributions. John, being the person he was, an engineer to his very core, had all the documentation they could possibly want, and more, and they took notes, ate more banana bread and bid us adieu. That was all there was to that.

The second time, he was summoned to IRS headquarters in downtown Los Angeles where he met with an agent, Ms. Black. She had a lot of questions about the radio station we were building at that time, KROR-FM – The Roar of the Desert, and John, of course, had every piece of paper connected with the project and was able to produce it all. Ms. Black said what a pleasure it was to audit engineers as they were so organized and such good record keepers. He was right on every single item and after meeting with Ms. Black a couple of times, we emerged unscathed again.

I scanned the letter and sent it off to Ashley, my tax preparer, and am hoping that I, too, will emerge unscathed.

Then I came across this book that I don't think I can live without:

"Confessions of a Tax Collector: One Man's Tour of Duty Inside The IRS" Here's the synopsis:

"Twelve years ago, Richard Yancey answered a blind ad in the newspaper offering a salary higher than what he'd made over the three previous years combined. It turned out that the job was for the Internal Revenue Service -- the most hated and feared organization in the federal government. So Yancey became the man who got in his car, drove to your house, knocked on your door, and made you pay. Never mind that his car was littered with candy wrappers, his palms were sweaty, and he couldn't remember where he stashed his own tax records. He was there on the authority of the United States government.

With a rich mix of humor, horror, and angst, Confessions of a Tax Collector contains an astonishing cast of too-strange-for-fiction characters. But the most intriguing character of all is Yancey himself who -- in detailing how the job changed him and how he managed to pull himself back from the brink of moral, ethical, and spiritual bankruptcy -- reveals what really lies beneath those dark suits and mirrored sunglasses."

Now I ask you, doesn't that sound great! More on my adventures with the IRS to come! August, September...I can almost smell the Pumpkin Spice Latte! Have a great week.

My book page: Amazon.com: Deanne Davis

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Tues	Sunny	Hi	90s	Lows	70s
Wed	Sunny	Hi	90s	Lows	70s
Thur	Sunny	Hi	90s	Lows	70s
Fri	Sunny	Hi	90s	Lows	70s

Forecasts courtesy of the National Weather Service

## SIERRA MADRE CITY COUNCIL MEETING

September 7, 2021

**THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!**

As part of the City of Sierra Madre's COVID-19 trans-The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting. Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meeting will be streamed live on Foothills Media website at [foothillsmmedia.org/sierramadre](http://foothillsmmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

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# Pasadena Altadena

News From Your Community For Your Community

## Police Dog Attacks Small Child



By Dean Lee

Two different stories describe opposite accounts of what happened after a child was bitten Tuesday night by a narcotic sniffing South Pasadena police dog during the annual National Night Out event at Orange Grove Park.

According to a statement from the city of South Pasadena, during the event a five-year-old child was bitten on the face around 8 p.m. during a demonstration, with eight-year-old Dutch Sheppard “Barry,” while the handling officer Chris Perez answered questions from the crowd.

“This is an unfortunate accident,” South Pasadena Chief Brian Solinsky said. “I can imagine how scared the family must have been, and my heart goes out to them. I am relieved to hear the child is ok,”

According to reports, South Pasadena resident Josh Forbes suffered bite wounds on the left side of his face and ear after the “un-leashed K-9” made eye contact with Josh Forbes and leaped suddenly at the boy his father, Sebastian Forbes, said. He also said that their family was at least 10 to 15 feet away. During the attack, Forbes and an officer were able to pull the dog off his son, who was bloodied and screaming.

Sebastian Forbes told reporters that the officers involved downplayed the attack stating that “accidents happen.”

According to a official statement by the city of South Pasadena, Barry sat on the grass next to the handling officer. “At this point, a five-year-old boy in the crowd [Josh Forbes] walked past the other children to pet Barry, who was spooked by the sudden movement and reacted.”

Josh Forbes, who suffered superficial injuries, was treated at the scene by paramedics and taken to a local hospital as a precaution city officials said.

“Barry has performed at dozens of community events without an incident,” they said. “Barry is not a patrol or search dog, nor has he been trained to attack. Barry is a scent dog trained to follow odors given off by narcotics. He attends monthly training, which includes obedience. Due to the circumstances, Barry will be removed from patrol until the training staff evaluates him.”



## New Annandale Canyon Trail to get Funds

The Pasadena city council is set Monday to approve funding for the Annandale Canyon Open Space Trail Access Improvements Project that, when completed will include a new parking area and lookout point above the Arroyo.

Construction is set to begin in October at 1420 Wierfield Drive on a 2,350 foot trail and parking area, with the work is expected be completed in December. If approved the bid with Bellfree Contractors, Inc is not to exceed \$247,359 for the project.

According to city staff, the new trail and parkland will incorporate the existing abandoned unpaved graded access road (pictured), with the exception of the creek crossing, where a wooden pedestrian bridge would be constructed. The trailhead will include informational signage, bench, combination trash/recycling receptacle, and perimeter boulders. An observation point will be located atop the San Rafael Hills and includes the installation of another bench, interpretive signs, perimeter railing, and boulders. A parking lot for six cars will be constructed at the end of Wierfield Drive. The parking lot will be paved with crushed aggregate base, except the for one Americans with Disabilities Act (ADA) space which will be concrete. The parking lot will also have a security gate to prevent vehicle access after hours.

Funding for original acquisition of the 23 acres of open space in 2009 was comprised of a \$2.5 million grant from Santa Monica Mountains Conservancy for acquisition of undeveloped hillside and canyons in the northwest portion of Pasadena; a \$500,000 contribution from Los Angeles County Proposition A funds and City Council appropriation of \$2 million in Residential Impact Fees staff said.

The item is on the council’s consent calendar that consists of routine items which are approved in one motion and one vote unless removed for separate discussion. The city council meets at 4:30 p.m. in the Council Chamber, Pasadena City Hall 100 North Garfield Avenue, Room S249 and online through Zoom. For more information or to submit public comment visit: cityofpasadena.net.

## Members of Altadena Street Gang Arrested

Five alleged members of street gangs based in Altadena and Duarte have been arrested on federal charges of being felons in possession of firearms or ammunition during a shootout in Ontario that investigators say was part of an ongoing dispute with a rival gang, the Justice Department announced today.

According to the affidavit in support of the criminal complaint, all five defendants used firearms during the February 17 incident, which occurred during a funeral party for a suspected member of the Altadena Bloc Crips (ABC). Investigators with the Ontario Police Department believe the shooting was the result of an attack by the Pasadena Denver Lane Bloods (PDL), which has been in a long-running gang war with ABC and its allies in the Duarte-based Duroc Crips, the affidavit states.

Surveillance video from the house where the shooting took place “showed that once the PDL members fired the initial shots, at least five subjects from the ABC funeral party ran from the home’s backyard into the front yard and began firing recklessly toward the unidentified PDL members,” according to the affidavit by an ATF special agent, which notes that bullets struck several homes and vehicles in the neighborhood.

The defendants charged in the criminal complaint, all suspected members of the ABC or Duroc Crips gangs, are:

Daniel Corey Roach, 41, of Altadena, who was arrested Wednesday on a charge of illegal possession of ammunition; Lionel Roberts, 32, of Altadena, who was arrested Wednesday on a charge of illegally possessing a small revolver; Dejon Thomas Nunley Sr., 32, of Adelanto, who was arrested Monday on a charge of illegally possessing a 9mm handgun; Tristan Jon Taylor, 32, of Ontario, who was arrested Wednesday on a charge of illegally possessing a .38 special revolver; and Shawn Terrell Lyndolph, 30, of Rialto, who was arrested Wednesday on a charge of illegally possessing a semiautomatic handgun.

The charge of felon in possession of a firearm or ammunition carries a statutory maximum sentence of 10 years in federal prison.

## Recipient Given Inaugural Robert Gorski Access Award



City officials announced Monday that Pasadena resident Donna Pomerantz (pictured) has been selected by the Accessibility and Disability Commission as the first recipient of the Robert Gorski Access Award. The award, named after long-time City employee and disability advocate Robert Gorski, is presented to a Pasadena resident with a disability who has made significant contributions towards improving accessibility and quality of life for people with disabilities. Mr. Gorski was employed as the City’s Accessibility Coordinator from 1989-2016, and continued his work as a disability rights advocate into retirement until his passing in January 2020.

As a former Chair of the Accessibility and Disability Commission, Ms. Pomerantz advocated for several initiatives that positively impacted the quality of life of Pasadena residents with disabilities including an ordinance to ensure that people who use service animals or other mobility aids receive accessible and reliable taxi service, a project to install accessible pedestrian signals, and a successful campaign resulting in Pasadena receiving the Accessible America Award from the National Organization on Disability (2004). Ms. Pomerantz has also served on several national and local boards and committees, including the Los Angeles Metro Accessibility Advisory Committee and Access Services Paratransit Community Advisory Committee to ensure that transportation is accessible to people with disabilities. Ms. Pomerantz and her husband have resided in Pasadena for nearly 20 years where she continues her efforts to improve access for Pasadena’s residents with disabilities.

“Donna and Robert are champions for the Americans with Disabilities Act (ADA). Because of their unsung work in this space, the City of Pasadena is inclusive and accessible for all abilities,” says James Farr, Chair of the Accessibility and Disability Commission. “The Accessibility and Disability Commission is honored to present Donna with the inaugural Robert Gorski Access Award. We look forward to annually recognizing advocates who are instrumental in improving accessibility and quality of life for Pasadena’s disability community.” The Robert Gorski Access Award was presented to Pomerantz at last weeks City Council meeting.

## Officials Caution Residents as Federal Eviction Freeze Expires

The city of Pasadena made the following statement Sunday night:

“The federal eviction moratorium has now expired and there are a lot of renters panicking even though they are still protected by our state and local moratoria. Pasadena renters can call the Housing Rights Center at (626) 831-9732 if they have questions about how they are protected and the steps they need to take to stay protected. stayhousedla.org is another great resource for LA County residents with information on eviction moratoriums/renter protections, rental assistance, and even connection to free legal services. Finally, we encourage renters to apply for state emergency rental assistance if they are behind on rent or struggling to make rent due to the pandemic. The state is now covering 100% off areas for eligible renters. Landlords can apply too at: housing.ca.gov.”

For more information about the city’s Department of Housing visit: cityofpasadena.net/housing.



The Boys & Girls Club of Pasadena held their second Annual Recognition Luncheon last week at Annandale Golf Club’s outdoor Pavilion. Since the Club was unable to hold the luncheon in 2020, they honored two-year’s worth of recipients as Champions for Kids, including The Helen and Will Webster Foundation, The Rose Hills Foundation, Capital Group, The Walt Disney Company, Junior League of Pasadena, Alyce Williamson, and “Big John” Matthiessen. Each Champion for Kids was recognized for their long-time support of the Club, either financially, or as volunteers, or both. Each year, the Club awards a foundation, corporation, volunteer, and individual donor.

Dr. Ying-Ying Goh, Pasadena’s Health Director, was on hand to share the latest updates about Covid-19, and urge attendees to encourage people in their networks to become vaccinated. She was also presented with a Champion for Kids award for her sound guidance and support of Boys & Girls Club of Pasadena over the past 18 months. Mayor Victor Gordo, a BGCP “Club Kid” himself, also stopped in to greet guests, sharing how much the Club meant to him as a young boy growing up in Pasadena. Award presenters included teens from the Club Anthony Moke, Kafshi Bennett, and Jonathan Lopez.

“We invited these special folks to our Champions for Kids luncheon quite simply to say thank you. We are grateful for each individual donor, each Club alum, each foundation and corporation, each community partner, and each volunteer who steps up to help us change kids’ lives each day,” said Boys & Girls Club of Pasadena Board Chair, Barry Pyle.

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## Schiff Honors Women of the Year from 28th District

On Sunday Rep. Adam Schiff honored inspiring women from communities in California’s 28th Congressional District.

“Every year, we honor women across the 28th Congressional District who make a positive impact on the lives of their neighbors and improve and enrich our community,” said Rep. Schiff. “Throughout the COVID-19 pandemic, we have witnessed the unimaginable burden shouldered by women as essential and frontline workers, health care personnel, caregivers, scientists and teachers. I am proud to recognize these heroic individuals and their contributions, sacrifices, and selfless service as recipients of the 2021 Women of the Year award.”

At a luncheon Sunday in La Cañada Flintridge, Rep. Schiff celebrated with the 2021 honorees, as well as 2020 honorees whose celebration last year was postponed due to the COVID-19 pandemic. See photos from Sunday’s luncheon here.

“The 2020 Women of the Year honorees are also remarkable women who have all worked tirelessly for the common good, and to make our District a better place. They are pillars of our communities, and I thank them for their invaluable service,” added Rep. Schiff.

A full list of the 2021 honorees can be found at: [schiff.house.gov/news](https://schiff.house.gov/news)

MiMi Aung (La Cañada Flintridge), Lori Rosales (Atwater Village), Nareh Manooki (Burbank), Dr. Barbara Ferrer (Echo Park), Daisy De La Torre (Elysian Valley), Rebecca Berberian (Glendale), Alycia Belle (Hollywood), Dr. Wint Hun (La Cañada Flintridge), Susan Sung Hee Lee (La Crescenta), Catherine Y. Kim (Los Feliz), Mara Leong-Maguineez (Pasadena), Dr. Rebecca Crane (Silver Lake), Pattee Colvin (Sunland), Lynn LeMay (West Hollywood).

**Mara Leong-Maguineez, (pictured) Pasadena**

Mara is a native Pasadenan. In January of 2020, shortly before the coronavirus

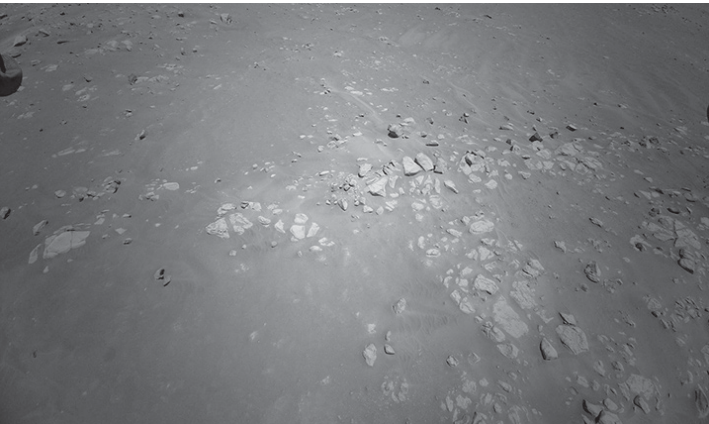


pandemic began, Mara began serving as Executive Director of the Ronald McDonald House Pasadena. The Ronald McDonald House Pasadena, is a home-away-from-home for families with critically ill children who are receiving medical treatment, providing families with a place to stay, meals and family support services at little or no cost to the families. When the pandemic hit, Mara worked to implement comprehensive safety and cleaning protocols and adjust the physical spaces within the House, while simultaneously obtaining funding and gathering support to keep the House open during this crucial time.

**MiMi Aung, La Cañada Flintridge – Special Districtwide Recognition**

MiMi is receiving Special Districtwide Recognition for her trailblazing work on the Ingenuity Mars Helicopter. Ms. Aung moved to Southern California in 1990 and began working at the National Aeronautics and Space Administration’s (NASA) Jet Propulsion Laboratory (JPL), fulfilling her childhood dream of space exploration. She began her career by working on mathematical algorithms for deep space communication with spacecraft hundreds of millions of miles away from Earth, and during her 30 year career at JPL, was selected for various positions with increasing degrees of responsibility specifically in Deep Space Network projects, organizational line management, technology development, and space flight projects. With Ms. Aung as the Project Manager, worldwide history was made on April 19, 2021, when the Ingenuity Mars Helicopter took its first flight and was the first powered, controlled flight in the planet Mars’ atmosphere, and the first such flight anywhere outside of Earth.

## My Favorite Martian Image: Helicopter Scouts Ridge Area for Perseverance



Ask any space explorer, and they’ll have a favorite photo or two from their mission. For Kevin Hand, a scientist at NASA’s Jet Propulsion Laboratory in Southern California and co-lead of the Perseverance rover’s first science campaign, his latest favorite is a 3D image of low-lying wrinkles in the surface of Jezero Crater. The science team calls this area “Raised Ridges.” NASA’s Ingenuity Mars Helicopter captured the two shots for this stereo image on July 24 during its 10th flight.

“Ingenuity is allowing the Perseverance science team to be in two places at once,” said Hand. “Right now, we are at the ‘Crater Floor Fractured Rough,’ where the rover is preparing for the mission’s first sample acquisition on Mars. Yet at the same time, Ingenuity is providing a detailed preview of a potentially intriguing geologic features hundreds of meters away from us.”

The Raised Ridges intrigue Hand and his colleagues because they consist of three distinct surface fractures that converge at a central point. On Earth, similar fractures in desert environments might be a clue to past liquid water activity and thus past habitability. The Perseverance science team wants to know if what is good for the third rock from the Sun is good for Mars – and if so, whether the Raised Ridges tell them something significant about Mars’ watery past.

Ingenuity captured the images during its most complex flight yet. After taking off from its seventh airfield, it climbed to a new record altitude of 40 feet (12 meters). The helicopter then made four heading changes and took 10 images with the rotorcraft’s color camera before landing at a new airfield. The 3D image was created by combining two of those images, offering the rover team a richer perspective as they plan the next steps in their science campaign.

“In 3D it almost feels like you can reach out and touch the Raised Ridges,” said Hand. “But along with its immersive beauty, the image provides great detail. If you look closely, you can see some curious lines across the surfaces of several rocks.

Are these just made by eons of wind and dust blowing over the rocks, or might those features tell the story of water? We just don’t know yet.”

Those details are important. In their search for signs of ancient life on Mars, the team is considering drilling a rock or sediment sample in the Raised Ridges, which would take several Martian days, or sols, of driving to reach. With Ingenuity’s images, the rover team now has a much better idea of what to expect if they were to go there and the science value of doing so. In the weeks to come, the science team will pour over this and other 3D images from Ingenuity and debate the merits of such a visit.

“Since landing at Jezero Crater, it’s clear to all of us that there is an abundance of geologic riches for us to explore. It’s a good problem to have,” said Ken Williford, deputy project scientist for Perseverance at JPL. “These aerial previews from Ingenuity provide the kind of actionable data that allow us to whittle down our options and get on with the business of exploring our corner of Mars.”

A key objective for Perseverance’s mission on Mars is astrobiology, including the search for signs of ancient microbial life. The rover will characterize the planet’s geology and past climate, pave the way for human exploration of the Red Planet, and be the first mission to collect and cache Martian rock and regolith (broken rock and dust).

Subsequent NASA missions, in cooperation with ESA (European Space Agency), would send spacecraft to Mars to collect these sealed samples from the surface and return them to Earth for in-depth analysis.

The Mars 2020 Perseverance mission is part of NASA’s Moon to Mars exploration approach, which includes Artemis missions to the Moon that will help prepare for human exploration of the Red Planet.

JPL, which is managed for NASA by Caltech in Pasadena, California, built and manages operations of the Perseverance rover.

For more about Perseverance: [mars.nasa.gov/mars2020](https://mars.nasa.gov/mars2020) and or: [nasa.gov/perseverance](https://nasa.gov/perseverance).

## Three Sessions Remain in Summer Masters Series

*Alan Chapman’s Musical Alphabet A-Z*

The summer term of The Masters Series presented by the Pasadena Senior Center is virtual via Zoom Tuesdays, Aug. 10 and 17, from 2 to 4 p.m. with the title Alan’s Musical Alphabet.

Alan Chapman, producer and on-air host at KUSC Classical Radio and a faculty member at the Colburn Conservatory of Music, will guide participants on a virtual tour through a multitude of musical topics from A to Z with vibrant visuals and delightful stories.

The cost for the remaining three sessions is only \$45 for members as well as nonmembers of the Pasadena Senior Center.

To register or for more information, visit:

[pasadenaseniorcenter.org](https://pasadenaseniorcenter.org) and click on The Masters Series Lifelong Learning, call 626-795-4331 or email [AnnieL@pasadenaseniorcenter.org](mailto:AnnieL@pasadenaseniorcenter.org). Everyone who registers will receive email instructions for

joining each week’s Zoom class online.

In addition to online classes, onsite events and other activities, members and nonmembers of the Pasadena Senior Center are encouraged to visit the website regularly for COVID-19 updates for older adults and other timely information, a weekly blog, monthly magazine, ongoing activities throughout the year and more.

The center, at 85 E. Holly St., is an independent, donor-supported nonprofit organization that has served older adults for more than 60 years. During the pandemic, doors are open Mondays through Fridays from 8 a.m. to 4:30 p.m. for social services and other critical services for older adults in need as well as limited occupancy for events, the library, fitness center and computer lab. Masks and social distancing are required. All who enter are subject to temperature screening, must sanitize their hands upon entry and answer a simple screening questionnaire. Rooms are sanitized after each use.

## The Friends of the Pasadena Public Library Book Sale

The Friends of the Pasadena Public Library will host a book sale in the Central Library Parking Lot. They will be selling gently used donated books. Fill a grocery bag with books for just \$5.00! Cash or check only.

Saturday, August 14, 2021  
11:00 AM - 2:00 PM  
Pasadena Central Library  
Outside

The Friends of the Pasadena Public Library bookstore at Central Library has been closed since March 2020 due to COVID-19 precautions; it remains closed with the building’s closure due to seismic safety concerns. The Friends are hosting a book sale to move some of the inventory (donations of gently-used books received and processed prior to closure). Don’t worry—the bookstore will be back, and the Library is keeping



that space in mind as we investigate the best ways to continue providing Central Library’s essential services and collection until Central Library can reopen safely.

More information about the Friends of the Pasadena Public Library: [friendsppl.org/](https://friendsppl.org/)

## Foothill Intermediate School Gets New Exercise Equipment



As part of the City’s 2021-22 Budget, the La Cañada Flintridge City Council approved funding for the installation of state-of-the-art exercise equipment at Foothill Intermediate School (FIS) Lower Field, promoting a healthy and active lifestyle. The first pieces of exercise equipment were installed on Wednesday, August 4. Cardio and weightlifting machines are available,

including a rowing machine, elliptical, pull-up bars and an arm press machine. Located at the southwest corner of the field, the new outdoor exercise facility is open to the public. Visit the City’s website to learn more about athletic facilities and recreational opportunities in LCF. For updates on exercise equipment at FIS Lower Field, follow the City on Facebook and Twitter.

## Tournament Royal Court Applications Now Open

Applications for the 2022 Pasadena Tournament of Roses Royal Court are now available on the Tournament of Roses website. The 2022 Royal Court members will each receive a \$7,500 educational scholarship and serve as ambassadors of the Tournament of Roses, the Pasadena community and the greater Los Angeles area.

Officials said all are encouraged to apply and participate in one of the initial interview sessions at Tournament House on Saturday, September 11 or Monday, September 13. Participants are selected based upon a combination of qualities, including public speaking ability, youth leadership, academic achievement, and community and school involvement. Eligibility requirements are on the Tournament of Roses website.

With the cancellation of the 2021 Rose Parade, those who were looking forward to applying for the 2021 Royal Court, are encouraged to apply for the 2022 Royal Court. Eligibility requirements have been extended to include applicants who would have been eligible for the 2021 Royal Court.

Royal Court members experience countless benefits; becoming part of an organization dedicated to hands-on volunteerism, discovering opportunities to connect with and give back to the local community, developing public speaking

skills, and growing self-confidence. The Rose Queen and Royal Court are iconic traditions, steeped in the Pasadena Tournament of Roses’ history and will continue as a treasured legacy.

All individuals who participate in the initial interview sessions will receive two tickets to attend the Royal Ball, a semi-formal dance hosted by the Tournament of Roses.

Officials said that all Royal Court interview participants, and those who are selected for the Royal Court, are required to be fully vaccinated and provide proof of vaccination during the application process. A person is considered fully vaccinated two weeks after having all doses of a CDC approved COVID-19 vaccine; two doses for Pfizer or Moderna and one dose for Johnson & Johnson.

The City of Pasadena has a schedule of COVID-19 Vaccine clinics through Friday, July 30. Please visit [HERE](https://www.pasadenacalifornia.gov/location) for location information. Anyone under the age of 18 must be accompanied by an adult parent or caregiver.

Royal Court eligibility requirements and additional information can be found at: [tournamentofroses.com/about/royal-court](https://tournamentofroses.com/about/royal-court).

The 2022 Royal Court will ride down Colorado Blvd. on the Royal Court float in the 133rd Rose Parade presented by Honda and attend the 108th Rose Bowl Game®, both on Saturday, January 1, 2022.

Catch breaking news  
at:  
[mtnviewsnews.com](https://mtnviewsnews.com)



ARCADIA POLICE BLOTTER

For the period of Sunday, July 25th through Saturday, July 31st, the Police Department responded to 1,016 calls for service, of which 113 required formal investigations. The following is a summary report of some of the major incidents handled by the Department during this period.

Sunday, July 25:

1. At 9:47 a.m., an officer responded to a residence in the 1400 block of Rancho Road regarding a burglary report. The officer determined the unknown suspect entered the home by smashing a bedroom window and fled with the victim's jewelry.

2. At 5:21 p.m., an officer responded to the Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a theft from vehicle report. The victim stated someone stole the rear passenger side wheel from his Honda Accord sometime between 3:45 p.m. and 4:00 p.m.

Monday, July 26:

3. At 8:36 a.m., an officer responded to 24 Hour Fitness, located at 125 North First Avenue, regarding a commercial burglary report. The officer discovered someone broke into the victim's locker, between 7:00 a.m. and 8:30 a.m., and stole a set of keys. The suspect then used the keys to enter the victim's vehicle, where the suspect stole cash and left the victim's keys.

4. At 3:58 p.m., an officer responded to a residence in the 1200 block of Mayflower Street regarding a burglary in progress. A victim encountered the suspect inside the home and witnessed him throwing items. Responding officers located the suspect inside a bathroom where he had caused damage to the sink. The 29-year-old male transient was arrested and transported to the Arcadia City Jail for booking.

Tuesday, July 27:

5. At 12:22 p.m., an officer responded to the front counter of the Arcadia Police Department to document a battery that occurred in the 400 block of West Camino Real Avenue. The victim stated an altercation between her and her husband resulted in the husband choking the victim. The victim did not require medical treatment.

6. At 4:06 p.m., an officer responded to JCPenney, located at 400 South Baldwin Avenue, regarding a robbery report. The officer discovered that while the suspect was exiting the store with stolen merchandise, the suspect pepper-sprayed the loss prevention employee and fled in a black Audi sedan. The reported loss was \$185.00. The suspect is described as a bald Hispanic male with an average build and he was seen wearing a black button down shirt and white camouflage pants. Arcadia Fire responded to provide medical treatment to the store employee.

7. At 4:30 p.m., an officer responded to the Hale Medical Building, located at 289 West Huntington Drive, regarding a theft from vehicle report. The victim stated his catalytic converter was stolen from his Toyota Prius sometime between 2:55 p.m. and 5:20 p.m.

Wednesday, July 28:

8. At 12:16 p.m., an officer responded to Foothill Federal Credit Union, located at 30 South First Avenue, regarding an attempted vehicle burglary report. Witnesses reported seeing the suspect tamper with two vehicles. Officers located the 24-year-old male transient and found he was in possession of burglary tools commonly used to commit vehicle burglaries. The suspect was arrested and transported to the Arcadia City Jail for booking.

9. At 11:36 p.m., officers responded to a residence in the 500 block of West Lemon Avenue regarding a residential burglary report. Upon investigating a call of loud noises coming from the residence, officer discovered a shattered window and marijuana plants growing inside the home.

Thursday, July 29:

10. At 12:46 p.m., an officer responded to a residence in the 700 block of East Winnie Way regarding a package theft report. Surveillance footage captured the suspect, described as a Hispanic male with a black mustache, stealing the victim's package and returning to a black car. The suspect was wearing a black t-shirt and blue jeans.

11. At 8:25 p.m., an officer responded to Tridocs Medical Plaza, located at 900 South First Avenue, regarding a theft from a vehicle. The victim discovered her catalytic converter had been stolen from her Toyota Sequoia sometime between 8:00 a.m. and 7:42 p.m.

12. At 10:19 p.m., an officer responded to the 00 block of West Camino Real Avenue regarding a traffic collision between a moving vehicle and a parked vehicle. Upon contacting the driver, the 31-year-old male, from Arcadia, admitted to consuming alcohol before driving home. Through a series of tests, the officer determined the suspect was driving with a blood alcohol content over the legal limit. The suspect was arrested and transported to the Arcadia City Jail for booking. He was also charged with driving without a license.

Friday, July 30:

13. At 8:33 a.m., an officer responded to Korean Market, located at 171 Live Oak Avenue, regarding a burglary report. An investigation revealed an unknown suspect smashed the front glass door and stole cash from the register.

Saturday, July 31:

14. At 4:46 p.m., an officer responded to the Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a stolen vehicle report. Sometime between 2:30 p.m. and 3:30 p.m. on July 31, someone stole the victim's 2000 Chevrolet Prizm from the parking lot.

News & Notices

ARCADIA ANNOUNCES AUGUST 17 PUBLIC HEARING ON CITY COUNCIL REDISTRICTING

August 4, 2021 – The Arcadia City Council is seeking public input on the redistricting of City Council districts. Every 10 years the United States issues a census to count the population. Upon the completion of the United States Census, the City Council District Map is realigned to reflect Arcadia's current population.

The Arcadia City Council will hold a series of public hearings to best understand Arcadia's communities of interest. At the public hearings, Arcadia residents are also given the opportunity to help shape the future of City Council Districts. With public input and professional demographers, the City Council will evaluate City maps drawn and submitted.

On August 17, 2021, the Arcadia City Council will hold its first public hearing to provide an overview of the redistricting process and legal requirements. The public is encouraged to attend this meeting to learn more about the redistricting process and understand their impact on helping shape the City's new districts. Public meetings will be conducted throughout the year and the public is welcomed to comment on issues discussed during meetings.

For more information regarding the City's redistricting process, please visit the City's website at [ArcadiaCA.gov/redistricting](https://ArcadiaCA.gov/redistricting).

DUARTE CITY COUNCIL ADOPTS ORDINANCE REQUIRING SOLID AND ORGANIC WASTE RECYCLING

The Duarte City Council recently adopted an ordinance requiring Duarte businesses and multi-family residential households to meet California State recycling requirements for solid and organic waste. The ordinance, adopted at its second reading on Tuesday, July 27, updates Duarte's Municipal Code to conform with current State standards.

Assembly Bill (AB) 341 set forth mandatory statewide commercial recycling requirements that became effective on July 1, 2012. Under the law, businesses generating more than four cubic yards of solid waste per week must arrange for recycling services for the following materials: plastic containers, cardboard products, paper products, metal products, glass, and other recyclable items.

AB 1826 set forth mandatory statewide commercial organics recycling requirements that became effective in October 2016. Businesses generating more than two cubic yards of solid waste per week are required to establish and maintain commercial organics recycling services. Organic waste (also referred to as organics or "green waste") includes food waste, landscape waste, pruning waste, and non-hazardous wood.

Of Duarte's 164 businesses and multi-family complexes that are subject to AB 341 Mandatory Commercial Recycling, 130 are in compliance. Out of Duarte's 222 businesses and multi-family complexes that are subject to AB 1826 Mandatory Organics Recycling, only 116 are in compliance.

To increase participation, the California Department of Resources Recycling and Recovery (CalRecycle) placed Duarte on an Informal Mandatory Commercial Recycling Compliance Plan in October 2020 that mandated the passage of a City ordinance to require businesses subject to AB 341 and AB 1826 to participate in the state recycling efforts. CalRe-

cycle oversees all state-managed, non-hazardous waste and recycling programs, including auditing Duarte's compliance through the plan. CalRecycle could consider levying a penalty and imposing administrative civil penalties of up to \$10,000 per day for the City's non-compliance.

"This ordinance does not subject Duarte businesses and multi-family housing units to new requirements—the State has already had these measures in place and are now just requiring cities to update our municipal codes to be in line with State law," Victoria Rocha, Assistant to the City Manager, commented. "The City adopted this ordinance to ensure we, as a City, are in compliance with State waste diversion goals."

By recycling and composting organics, organizations and individuals alike prevent materials from making their way to landfills where it would decompose and release greenhouse gas (GHG) emissions. GHG traps heat and radiation in our atmosphere, a leading contributor of global warming and climate change. Decomposing organic materials are proven to release significant emission levels.

While the ordinance takes effect on August 27, 2021, but Burrtec and the City will take all efforts to educate subject businesses and multi-family housing units on the ordinance requirements, compliance options, and program sign-up, prior to the City issuing any non-compliance fees to businesses.

If you believe your business or property may be required to implement organics recycling and/or solid waste recycling services, contact Burrtec for a free waste assessment or to sign up for services at 1-800-325-9417 or by visiting [burrtec.com](https://burrtec.com).

FREE COVID-19 TESTING AT FOOTHILL UNITY CENTER

Foothill Unity Center is partnering with the Community Organized Relief Effort (CORE) to provide free COVID-19 testing. The test site is open to the public, every Friday, 10 a.m. - 4 p.m., at 790 W. Chestnut Ave., Monrovia, 91790. Appointments are not required, and test results are available in 24 to 48 hours. For more details, please contact [gaby@foothillunitycenter.org](mailto:gaby@foothillunitycenter.org).

Monrovia:

ETCH & CATCH, A CATALYTIC CONVERTER THEFT PREVENTION EVENT

Ward's Service Auto Repair and the Monrovia Police Department will host a free catalytic converter etching event on August 28, 9 a.m. - 12 p.m., at Ward Service Auto Repair (130 Railroad Ave., Monrovia, CA 91016). This is a free event, open to Monrovia residents only. Reservations are required and space is limited.

E-WASTE RECYCLING SELF-SERVICE DROP OFF

ACCEPTED ITEMS:

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- DVD PLAYERS • FAX MACHINES
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- HARD DRIVES • MICROWAVES • MONITORS
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PLEASE PLACE ALL ITEMS IN DESIGNATED BINS.  
PLEASE DO NOT DUMP GENERAL TRASH ITEMS  
NO SCAVENGING

Pursuant to the Monrovia Municipal Code (MMC), no person other than the commercial/industrial customer where a solid waste or recyclables container is placed for collection, or the authorized collector, or an owner or employee of either, shall tamper with or remove materials from such container. Nothing in this section shall prevent a permitted recycler from collecting recyclables only from his or her container placed for collection as authorized by the commercial/industrial customer.



QUESTIONS?  
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# AROUND SAN GABRIEL VALLEY

## TABLE FOR TWO by Peter Dills thechefknows@yahoo.com

### DOG HAUS

What is the fascination with our love of the hot dog? I know that food trends are cyclical but hot dogs I found have been a staple of our diets since the first Ferris wheel went up in Coney Island years ago. The setting at Dog Haus is industrial, with picnic tables and self-service fountain drinks. The menu boasts a lengthy list of selections, including the Sooo Cali (\$8.95) signature pound.all beef skinless hot dog with avocado and crsipy onions on a grilled King's Hawaiian Bread bun. Let me tell you I love the bread, it is a great touch. I suggest to you that you get the bread untoasted so that you may savor the true taste of the bread. The manager told me that the customers like the grill mark on the bread, but trust me fellow foodies, do it my way.

The manager could sense my frantic devotion to downing enough dogs to make this story credible; I mean what kind of critic would I be if I just had one dog! So here comes the Chili Idol (\$7.95), Serrano chili, with chili and cheddar cheese. I am in dog heaven!

So, I know if you are on the same page as I am for all these years blabbing Angels Radio AM 830, you ask, ok... Peter... what's the hook, there are several Hot Dog spots around, heck even Sam Club has a Hot Dog. Well, my answer is that any true foodie has to stay clear of being a creature of habit, The Dog Haus delivers some great Dogs and they make their own French Fries, and that alone makes me a fan. I have been very critical of certain "Gastropubs" shelling out frozen fries and rings and wings. They get it here at the Dog Haus. I haven't had one, but the manager tells me that burgers are good as well! All 100% Angus beef. Beer and wine available

Tip: Get there at 11 AM and have them put a fried egg on your dog, it's only a couple bucks extra

Dog Haus  
105 N Hill Ave  
Pasadena, CA 91106

Join me this Sunday at 5 PM for my radio show on AM 830 KLAA



## AS COVID-19 SPREAD CONTINUES, L.A. COUNTY METRICS BEGIN TO SHOW PROGRESS; SCHOOL REOPENING PROTOCOL REVISED

Public Health recently revised the K-12 school reopening protocol so that changes will be in place when L.A. County's children return to school. Face coverings will continue to be required indoors for everyone regardless of vaccination status, including during indoor PE classes, unless a person is alone in a room. Students who are exempt from mask wearing because of a documented disability or other condition should not be excluded from in-person education, and appropriate accommodations should be made on a case-by-case basis. Students who are excluded from campus because they elect not to wear a face covering should be offered alternative educational opportunities.

Public Health continues to recommend physical distancing as long as it does not interfere with full-time attendance for all students, and infection control remains essential.

Many schools have established routine testing programs to provide an additional layer of protection. All unvaccinated students and staff should be included in routine testing and where resources are sufficient, fully vaccinated individuals can also be included.

Every school will have a plan on how to manage cases and outbreaks and will notify Public Health whenever there are cases. All positive cases are required to isolate, and all close contacts of each case should be tested and are required to quarantine unless they are fully vaccinated and without any symptoms.

As a reminder, teens between 12 and 17 years old are eligible for the Pfizer vaccine, a regimen of two doses given three weeks apart, and they are considered fully protected two weeks after their last dose. In addition to the 135 vaccine events that high schools and middle schools are planning countywide in August that the County is supporting, we continue to offer Pfizer vaccines to children at all County and City sites, and these vaccines are available at many other sites throughout the county.

As of August 1, more than 11,158,934 doses of COVID-19 vaccine have been administered to people across Los Angeles County. Of these, 6,190,247 were first doses and 4,968,687 were second doses. Ninety percent of L.A. County seniors 65 and over, 72% of residents 16 and over, 71% of residents 12 and over have received one dose of vaccine and 53% of L.A. County teens between the ages of 12 and 17. Of the nearly 10.3 million L.A. County residents, including those who are not yet eligible for the vaccine, 53% are fully vaccinated and 61% have received at least one dose.

Among the more than 5 million fully vaccinated people in L.A. County, Public Health identified 15,628 people fully vaccinated who tested positive for COVID-19 as of August 3; this is less than 1% of all vaccinated individuals. Of those who tested positive, 446 were hospitalized, up from 410 the week prior. This translates to a rate of 0.009% of all fully vaccinated people ending up hospitalized. Deaths in this group is also very low at 0.0008%, representing 41 people fully vaccinated that passed away. These small increases, while indicative that fully vaccinated people do become infected, and that more have become infected during this summer surge than before, still provide compelling evidence that fully vaccinated people remain at low risk for becoming infected and even lower risk for having a bad outcome if they are infected.

Anyone 12 and older living or working in L.A. County can get vaccinated against COVID-19. Vis-it: [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) (English) and [www.VacunateLosAngeles.com](http://www.VacunateLosAngeles.com) (Spanish) to find a vac-cination site near you, make an appointment and much more. Vaccinations are widely available throughout L.A. County and many sites are open on weekends and have evening hours. Vaccinations are always free and open to eligible residents and workers regardless of immigration status. If you don't have internet access, can't use a computer, or you're over 65, you can call 1-833-540-0473 for help finding an appointment, connecting to free transportation to and from a vaccination site, or scheduling a home-visit if you are homebound.

COVID-19 Sector Protocols, Best Practices, COVID-19 Vaccine Dashboard, COVID-19 Surveillance Interactive Dashboard, Recovery Dashboard, and additional actions you can take to protect yourself, your family and your community are on the Public Health website, [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov).

### LOCAL STATISTICS 07/30/2021 vs. 08/6/2021

#### TOTAL LA COUNTY CASES AS OF 07/30/2021

Cases: 1,297,032  
Deaths: 24,676

CITY	POPULATION	CASES	DEATHS
Altadena	43,260	3,528	78
Arcadia	57,754	2,909	141
Bradbury	1,069	39	0
Duarte	22,016	2,405	98
Monrovia	38,800	3,334	80
Pasadena	141,371	11,822	352
Sierra Madre	10,989	512	13

#### TOTAL LA COUNTY CASES AS OF 08/06/2021

Cases: 1,315,313  
Deaths: 24,739

CITY	POPULATION	CASES	DEATHS
Altadena	43,260	3,590	78
Arcadia	57,754	2,967	141
Bradbury	1,069	39	0
Duarte	22,016	2,442	98
Monrovia	38,800	3,398	80
Pasadena	141,371	13,004	353
Sierra Madre	10,989	523	13





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- Wear mosquito repellent when you're outdoors. Use spray, wipes or lotion.
- Cover, clear, clean and throw away items that can hold water and breed mosquitoes.

LEARN MORE AT [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov) or call 2-1-1

**EVERYONE\*, regardless of vaccination status, must wear a mask:**

- In all indoor public settings, venues, gatherings, and public and private businesses in Los Angeles County
- On planes, trains, buses, ferries, taxis and ride-shares, and all other forms of public transport
- In transportation hubs like airports, bus terminals, train stations, marinas, seaports or other ports, subway stations, or any other area that provides transportation
- Healthcare settings (including long-term care facilities)
- State and local correctional facilities and detention centers.
- Shelters and cooling centers
- Indoors at any youth-serving facility (such as K-12 schools, childcare, day camps, etc.)
- In any outdoor location where it is the policy of the business or venue

**Recommendations**

- It is strongly recommended that you wear a mask at private indoor social gatherings with people outside your household, unless everyone at the gathering is fully vaccinated.
- It is strongly recommended that you wear a mask at large outdoor ticketed events when you are not in your seat. For example, while in line to enter, exit, use the bathroom, or buy food, or drinks.
- If you are not fully vaccinated, it is strongly recommended that you wear a mask in crowded outdoor settings.
- If you are in a setting where you are in sustained close contact with other people who may not be fully vaccinated, consider wearing a higher level of protection, such as wearing two masks (double masking) or a respirator (e.g., N95 or KN95). This is especially important if you are not fully vaccinated and are in an indoor or crowded outdoor setting.

**Note:** You are allowed to take off your mask while you:

- Actively eating or drinking as long as you are sitting or standing in a specific place such as a table or counter.
- Alone in a separate room or office.
- Showering or swimming.
- Performing or receiving personal hygiene or personal care services (like a facial or shave) that cannot be done without removing your mask.







IT'S BACK TO SCHOOL FOR SIERRA MADRE MIDDLE SCHOOL STUDENTS!

The beginning of the 2021-22 school year is only a week away, and we are excited to be returning in-person. The following is some important information to support a successful start to the year.

Welcome Back to School Event: Wednesday, August 11  
We will be hosting a modified Welcome Back to School Event on Wednesday, August 11th from 5:00-6:45pm. Students and Parents will have the opportunity to practice entering campus via their grade level specific gate and visit information tables to receive their class schedule (available online as well) and learn more about SMMS programs and events. It will also be an excellent opportunity to tour the campus and locations of the classrooms in your daily schedule.

COVID-19 SAFETY PLAN

While we are reopening at full capacity this fall, we will also be following strict protocols to ensure the ongoing safety of our students and staff. This will include the requirement to wear a mask indoors at all times, and outdoors when social distancing is not a possibility. Our District's COVID-19 Safety Plan is attached for your review.

NEW START TIME

In accordance with California Senate Bill 328, all PUSD middle schools will now have the same daily bell schedule.

- Monday 8:15am – 1:25pm
- Tuesday-Friday 8:15am – 3:05pm

LCFF HOUSEHOLD INCOME FORM

Please make certain to complete the LCFF Household Income Form to help ensure that our school receives all of the state and federal funds for which it qualifies. Parents may submit this form one of two ways.

- Complete the household income form as part of the data confirmation in parent portal at the start of the current school year.
- Visit <https://www.pusd.us/IncomeForm> to complete the form.

PASADENALEARNS AFTER SCHOOL PROGRAM

PasadenaLEARNS After School Program is the perfect place for students to have fun, make new friends, and learn new things! Students connect with caring, supportive staff who believe every child has the potential to do amazing things! Conveniently located on PUSD campuses, PasadenaLEARNS offers a variety of great activities such as sewing, cooking, hands-on science, visual/performing arts, computer coding, graphic design, tennis, karate, homework help, sports, and more! Applications are available in the main office or LEARNs office at your school and on the LEARNs website at <http://www.pusd.us/learn>

SMMS PARENTS & SMMS STUDENTS CANVAS PAGES

For additional information and updates to support a successful middle school experience please be certain to visit our SMMS Parents and SMMS Students page. Please email [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us) if it requires your permission to access.

SCHOOL DIRECTORY

- Alverno Heights Academy**  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)

**Arcadia Christian School**  
1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - and TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acsllions.com](mailto:inquiry@acsllions.com)  
Principal: Cindy Harmon  
website: [www.acsllions.com](http://www.acsllions.com)

**Arcadia High School**  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

**Arroyo Pacific Academy**  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

**Barnhart School**  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Tonya Beilstein  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

**Bethany Christian School**  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

**Clairbourn School**  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

**Holy Family Catholic School**  
1301 Rollin Street South Pasadena Ca 91030  
(626) 799-4354 •  
Transitional Kindergarten - 8th Grade  
Principal: Mrs. Jennifer Garzia  
Website: [www.school.holyfamily.org](http://www.school.holyfamily.org)  
Email: [info@holyschool.org](mailto:info@holyschool.org)  
Facebook & Instagram @HFSKnights

**Foothill Oaks Academy**  
822 E. Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)

**Frostig School**  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

**The Gooden School**  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Head of School, Jo-Anne Woolner  
website: [www.goodenschool.org](http://www.goodenschool.org)
- High Point Academy**  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

**La Salle College Preparatory**  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Mrs. Courtney Kassakhian

**Monrovia High School**  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

**Odyssey Charter School**  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

**Pasadena High School**  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Roberto Hernandez  
website: <http://phs.pusd.us>

**St. Rita Catholic School**  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal: Adela Solis (626) 355-6114  
[solis@st-ritaschool.org](mailto:solis@st-ritaschool.org)  
Website: [www.st-ritaschool.org](http://www.st-ritaschool.org)

**Sierra Madre Elementary School**  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay LUIS  
E-mail address: [LUIS.lindsay@pusd.us](mailto:LUIS.lindsay@pusd.us)

**Sierra Madre Middle School**  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

**Walden School**  
74 S. San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

**Weizmann Day School**  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

**Wilson Middle School**  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

**Pasadena Unified School District**  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

**Arcadia Unified School District**  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

**Monrovia Unified School District**  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviaschools.net](http://www.monroviaschools.net)

**Duarte Unified School District**  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

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# Newspaper Fun!

## School Then and Now!

Long ago it was hard to get a good education. People had to work long days just to survive. Some taught their children at home or sent them to craftsmen to learn a skill. Then Americans realized that the country needed people who could lead and do many kinds of jobs. Laws were passed that required all children to go to school so they would have the chance for a good education.

**Did you know that years ago:**

- housewives taught children their alphabet, and about religion, in their kitchens for a small fee? These were called "\_\_\_\_\_ Schools."
- teachers in schoolhouses were almost always men and were called \_\_\_\_\_?
- \_\_\_\_\_ working hard just to survive had to teach their children at home?
- \_\_\_\_\_ was very expensive and scarce?
- students used a flat, wooden board with a handle called a \_\_\_\_\_. A paper with a lesson was placed on it.
- wealthy families hired \_\_\_\_\_ to teach in their homes?
- some students had to \_\_\_\_\_ many miles in all kinds of weather to get to school?
- \_\_\_\_\_ often stayed home to learn skills for running a household: sewing, cooking, the alphabet, etc?
- students were lucky to have charcoal or \_\_\_\_\_ pens to write with?
- one way to teach reading was by using pictures in stories, called \_\_\_\_\_?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

paper tutors

girls walk

hornbook

parents

rebus

Dame quill

schoolmasters

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

Today:

- \_\_\_\_\_ like painting, dancing, music are taught in all schools
- students may have handheld \_\_\_\_\_ computers
- \_\_\_\_\_ education helps kids learn about keeping fit
- classes go on \_\_\_\_\_ trips to visit places: museums, zoos
- classrooms are \_\_\_\_\_: students, teachers of many cultures
- \_\_\_\_\_, as a child, has to attend school
- many students ride on a \_\_\_\_\_
- \_\_\_\_\_ schools teach useful trades for work
- \_\_\_\_\_ gives students access to information from all over the world
- after school \_\_\_\_\_ teach teamwork

A comparison of colonial days and modern times.

sports

arts

tablet

internet

physical

everyone

field

technical

I love it when kids...leave things at school!



WILD WINGS OF HOPE

Few things bring as much joy to my heart as hearing a story about a successful animal rescue. I’ve always felt this way, but it has become more and more important to me over time. With such unpredictability and ever-increasing absence of compassion in the world today, I find much comfort knowing there are still people out there who care and are willing to take the time to help a vulnerable injured animal find its way back to safety and good health.

I am on a constant quest to surround myself with those kind of people. The kind of people who recognize that we humans are connected - in one way or another - to all living things, great and small. The ones who embrace their personal responsibility to be stewards of the animals we share this planet with. They are the people who realize it behooves us humans to be aware and care about every living thing that sustains us on this planet, because no man is an island unto himself. (Thank you, John Donne).

These preponderant thoughts came rushing into my mind this past week, after a pet-sitting client & friend in the canyon shared a recent experience he had with a fledgling in distress near its nest in the shrubs surrounding his yard. For what must have seemed like forever, he kept hearing loud, persistent chirps just outside his window. It went on so long that he simply could not ignore it nor resist the urge to investigate exactly what was happening out there. When he did go out and take a closer look, it was instantly obvious that a young bird was in trouble, and the parents were frantic, so he decided to do whatever he could to help. I love people like that.

First he conducted a Google search for bird rescues near-by. Smart! Did you know that there is a rescue for just about every species of wildlife in the San Gabriel Foothills? Mainly due to the over-development of all things human, countless caring and conscientious people have responded to the call to be kind, and have chosen to offer their professional pro-bono skills, knowledge, time and energy, to help rescue, rehabilitate and release wild animals back into the wild.

I love how the acts of humane, selfless people can often off-set other humans’ ignorant squandering of nature. Therein lies some semblance of balance, as I understand it. For each insatiable over-consumer and for each developer who is busy turning California’s quaint villages into mere extensions of the cancerous concrete jungle, it seems there is a healthy hand-full of global-minded, kind and compassionate people doing what they can to combat the tragic fallout.

So getting back to the rescue story, (I do regress), as a result of my friend’s on-line search he was able to connect with a true-blue, Ave-loving angel. Indeed, he found a human being with a pair of his own proverbial wings, Bob Everett, who dispenses unconditional love and critical care to distressed birds who’ve been injured or abandoned and are in desperate need of help. I am told Everett treats each bird that comes to him as if it were the only one on earth. An apparently natural-born lover of nature, Everett has been taking it upon himself to be a rescuer/protector of Aves since as early as 1973.

At some point in his journey of loving and caring for injured, abandoned or distressed wild birds, Bob Everett, along with his wife Judy and their team of supporters founded Wild Wings of California, a non-profit 501(c)3 all-volunteer rescue organization located in San Dimas, CA. It was Everett who answered the call and was willing to help that delicate, distressed little fledgling found by my friend in the canyon, which by the way turned out to be a young Scrub Jay. Although most of the birds that Everett and his team at Wild Wings help are large birds - mostly birds of prey - they try to assist with any wild bird - big or small - that needs kind human intervention.

To me, this exemplifies the point I attempt to make in this short, hopefully inspiring story. EVERY living thing matters. All forms of life. We are all connected, we all depend on one another to some degree. Whether it be an American Bald Eagle, a Screech Owl, a Red Tail Hawk, a Dove or a Scrub Jay. They are all an integral part in the system that sustains us. For this reason, I hope we humans will learn to be better respecters of life and become more willing to play a part in maintaining the well-being of all species that live on earth, for the greater good.

As he was leaving the rescue facility in San Dimas last week, my friend asked Everett if there might be a chance the little fledgling, when ready to fly again, might be released in the Sierra Madre canyon where it came from. He was hesitant to leave the little creature. He already felt an emotional bond and a tug in his heart, that natural tendency for compassion that we humans should all feel when we have a connection to the wild animals we cohabitate with. If he could have his way, that baby bird would ultimately be reunited with its parent Aves who chirped so adamantly, so loudly and long enough to get the attention of a kind and compassionate human who was willing to help their youngster have a chance at life.

The end of the story for this baby bird is still yet to be known, but chances are he or she will be just fine. However, as Bob Everett honestly admitted, due to the high volume of rescued birds they take in, they are rarely able to return them back to their specific points of origin. But don’t be dismayed. I believe that little bird knows exactly where home is. Nature takes its course and (in my opinion ) would do so much more efficiently in the absence of human obstruction. I encourage everyone to be stewards on behalf of the animals. Do your best to enhance the well-being of nature and the wonderful wildlife we share our space with. Love and let live.

For more information about Wild Wings of California, visit [www.wildwings.org](http://www.wildwings.org) and follow them on Facebook.

CHRISTOPHER Nyerges



DEALING WITH THE DEATH OF A PET

[Nyerges is the author of “Til Death Do Us Part?” a book about death and the many ways to deal with the death of a pet or loved one. The book is available as a Kindle download, or from the Store at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]

When a loved one dies, the close survivors often express regret that they didn’t spend more time with the departed, or tell them that they loved them. Time flies, of course, and life always presents us with so many things to do. It’s easy to put off what’s important in life.

I also deeply love and value my pets, and have always considered them very much a part of the family. As a child, I remember when our family dog Pariah was old and sick. I could no longer walk him, but I would go into the back yard to pet him and feed him. Then one day when I came home from school, my father told me that he “took care of” Pariah. “What? Where is he?” I exclaimed. My father calmly told me that the local pet hospital “eu-thanized” Pariah. “What does that mean?” my teenage-self replied. “Does that mean he’ll be home soon?”

“No,” my mother chimed in with a somber tone. “The doctor put him to sleep. He was dy-ing.” My mother tried to hide her tears. I was shocked, and ran to my room.

I was stunned! How could they do that.

Later, after my father was asleep, my mother – who grew up on a farm – explained that she used to see animals die all the time. “We just tried to make them comfortable,” she told me. “Animals know they are dying. They usually want to be around their people to feel safe, and not in a cold hospital where they don’t know anyone.”

That was her way of telling me that she didn’t agree with my father’s decision. I was sad for a long time, and vowed that I would never again do that to any pet of mine – and I’ve kept that vow life-long, despite the inconveniences that come with assisting a person or pet in death. I’ve watched pets – cats, dogs, one pig – get old, stiff, and slow, and then they find a spot to go and die. I’ve learned to accept this as part of The Way.

I was saddened by what an Eagle Rock friend recently told me. His father, who lives alone, has had a cat for over 10 years. The cat became sick and old and was on its death-bed. The father – in his 80s – now seemed indifferent to this animal that once was a close friend. He wanted the cat to be taken to a vet and “put to sleep.” Fortunately, the cat died in peace on its bed in its home. But I was saddened that a person could be such a fair-weather friend because the dear pet was now dying.

All of life is precious, and we need not push the death process. It comes quick enough. Nor should we fear death.

I’m reminded of the time – precisely 10 years ago – when I was taking care of my wife of 22 years on her deathbed, 24/7. She died with me by her side, at home. I think the reason that so many people fear death, and want dying people out of sight-out of mind, is because they cannot get into the shoes of the dying person. The dying person usually wants to be around the people who they were close to in life and not in a sterile hospital. (Yes, I know all situations are different, and sometimes the family simply cannot deal with the demands and pressures of the dying person).

The fact that we have grown so far from this very basic tenet shows how far we have strayed from out most fundamental roots.

Katnip News!



TOO SWEET!

TOO SWEET! Yes, this beauty is too cute, too pretty, too loving and too friendly to be a street cat! That’s why she is named, “Too Sweet.” Too Sweet appeared in the neighborhood of Pasadena after Easter weekend of



April 4th. She may have been left behind/abandoned. There has not been anyone look-ing for her since she was found astray. Too Sweet is a very sweet, affectionate lap cat and is quite vocal when she wants your attention. She enjoys relaxing on her cat tower while you are sitting close by. Too Sweet loves people. Too Sweet is fine being the only cat and appears to be okay with respectful dogs. She will need time and proper introduction to another cat companion. Too Sweet is up to date with her vaccination, spayed, and microchipped. Let this sweetie pie “sweeten” up your life! Age about 7. More pix on our website. See our Adoption Procedures page to apply. Submit your application now at [www.lifelineforpets.org](http://www.lifelineforpets.org).

Pet of the Week

Chip is an adorable 10-year-old dog who’s looking for a forever home to spend his golden years! This senior pup has a calm demeanor and will sit next to you sweetly (especially if you have some tasty treats). Chip loves attention and would do best as the only pet in the home. A quiet and calm environment with a similar person to match would be a great fit for Chip!



The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at [pasadenahumane.org](http://pasadenahumane.org). Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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SENIOR HAPPENINGS



**HAPPY BIRTHDAY! ...August Birthdays\***  
Nancy Beckham, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Pat Miranda, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh. Helen Stapenhorst, Chandy Shair, Heidi Hartman, Erma Gutierrez, Margaret Switzer  
\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

SENIOR ACTIVITIES IN SIERRA MADRE

**CHAIR YOGA**  
Every Monday and Wednesday, 10-10:45 am  
Chair yoga with Paul is coming back! Class be held in the Covered Pavilion in Memorial Park in front of the Senior Center. Please join us for some gentle stretching, yoga, balance exercise and overall relaxation. Classes will maintain a distance of 6 ft between participants. ALL participants must be wearing masks for the duration of the class. All equipment used will be sanitized after each use before it is stored. Each participant is responsible for providing their own water, masks and needed equipment or supplies for each class. Class size is limited so please call 264-8923 to reserve your spot.

**TEA AND TALK, SENIOR BOOK CLUB**—2nd and 4th Wednesday at 9:00 am Staff has launched a new book club series, Tea and Talk, that will meet twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection will have in store! This month we will be reading I Was Anastasia, Ariel Lawhon's historical novel, Anna Anderson defends her attempt to prove herself to be Anastasia Romanov, a member of the last imperial family to rule in Russia. If you are interested in participating please call Lawren Heinz at 626-355-7394 or send an email to lhein@cityofsierramadre.com.

**TISSUE PAPER HANGING ART**— Tuesday 8/17 at 10:00 am

**Fiber Friends**— Tuesday 8/ 24 at 10:00 am  
If you enjoy knitting, crocheting, embroidery, needlepoint, bunka, huck, tatting or cross stitch then we have a group for you! Bring your current project, a nonalcoholic beverage, then sit and chat with like-minded fiber friends. We will meet in the Hart Park House patio and chairs will be provided. Please call Lawren with any questions at 626-355-5278.

**IDEAS**  
Do you have any ideas for programming? Is there a class or club you would like to see in our Senior Community? Please call or email Lawren Heinz with ideas or questions. 626-355-5278 x 704 lhein@cityofsierramadre.com  
City staff are monitoring email communication daily, and although employees are minimizing direct engagement and interfacing less with the community, please note that voice messages, emails, and social media responses are being addressed in the most efficient and timely manner. If at any time additional information is needed, please contact City Hall Administrative Services at (626) 355-7135, Monday-Thursday from 7:30a – 5:30p, as they are taking messages and e-mailing the appropriate per-son. For messages that may trickle in otherwise, please note our team is remotely checking voicemail daily at the Community Services Department, (626) 355-5278 x702.

HOW TO BUY THE BEST BLOOD PRESSURE MONITOR FOR YOU

*Dear Savvy Senior:*  
*I just found out I have stage 1 hypertension and my doctor recommended I get a home blood pressure monitor to keep an eye on it. Can you offer me any tips on choosing a good one? Hypertensive Helen*

Dear Helen:  
It's a smart idea! Everyone with elevated or high blood pressure (stage 1 and higher) should consider getting a home blood pressure monitor. Home monitoring can help you keep tabs on your blood pressure in a comfortable setting. Plus, if you're taking medication it will make certain it's working, and alert you to a health problem if it arises. Here are some tips to help you choose a good monitor.

**Types of Monitors**  
The two most popular types of home blood pressure monitors sold today are automatic arm monitors, and automatic wrist monitors that are electric and/or battery powered.  
With an automatic arm monitor, you simply wrap the cuff around your bicep and with the push of one button the cuff inflates and deflates automatically giving you your blood pressure reading on the display window in a matter of seconds.  
Wrist monitors work similarly, except they attach to the wrist. Wrist monitors are also smaller in weight and size, which makes them more portable, and a bit more comfortable to use than the arm monitors, but they tend to be a little less accurate. To help you choose the best monitor for you, here are several things to check into:  
Make sure it fits: Be sure the cuff fits the circumference of your upper arm. Using a cuff that's the wrong size can result in an inaccurate reading. Most arm models have two sizes or an adjustable cuff that fits most people. Wrist models also fit most people.  
Choose one that's easy to use: Be sure the display on the monitor is easy to read, and that the buttons are large. The directions for applying the cuff and operating the monitor should be clear.  
Consider what extra features you want: Many automatic monitors come with additional features such as irregular heartbeat detection that checks for arrhythmias and other abnormalities; a risk category indicator that tells you whether your blood pressure is in the



high range; a data-averaging function that allows you to take multiple readings and get an overall average; multiple user memory that allows two or more users to save their readings; and downloadable memory that lets you transmit your data to your computer or smartphone.

**Where to Buy**  
You can find blood pressure monitors at pharmacies, medical supply stores or online, and you don't need a prescription to buy one. Prices typically range between \$40 and \$100.  
In most cases, original Medicare will not cover a home blood pressure monitor, but if you have a Medicare Advantage plan or a private health insurance policy it's worth checking into, because some plans may provide coverage.  
The best automatic arm monitors as recommended by Consumer Reports include the Omron Platinum BP5450 (\$75), Omron Silver BP5250 (\$50) and the Omron 10 Series BP7450 (\$100); A&D Medical UA767F (\$45); and Rite Aid Deluxe Automatic BP3AR1-4DRITE (\$37). And the top wrist monitors are the Omron 7 Series BP6350 (\$80); and the Equate (Walmart) 4500 Series (\$40).  
After you buy a monitor, it's a good idea to take it to your doctor's office so they can check its accuracy and teach you the proper techniques of how and when to use it.  
You can also get more detailed information on how to accurately measure your blood pressure at home at Heart.org/HBP – click on “Learn How to Monitor Your Blood Pressure at Home.”  
*Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.*

FAMILY MATTERS

By Marc Garlett



**EVERYTHING YOU NEED TO KNOW ABOUT INCLUDING DIGITAL ASSETS IN YOUR ESTATE PLAN**

Recent advances in digital technology have made many aspects of our lives exponentially easier and more convenient. But at the same time, digital technology has also created some serious complications when it comes to estate planning. In fact, if you haven't properly addressed your digital assets in your estate plan, there's a good chance those assets will be lost forever when you die.  
Without the proper estate planning, just locating and accessing your digital assets can be a major headache—or even impossible—for your loved ones following your incapacity or death. And even if your loved ones can access your digital assets, in some cases, doing so may violate privacy laws or the terms of service governing your accounts. Plus, you may also have certain digital assets that you don't want your loved ones to inherit, so you'll need to take steps to restrict or limit access to those assets.  
Indeed, there are several special considerations you should be aware of when including digital assets in your estate plan to ensure your digital property is properly accounted for, managed, and passed on in the event of your incapacity or death.

**Types of Digital Assets**  
Digital assets include a wide array of digital files and records stored in the cloud, on smartphones and mobile devices, or on your computer. When it comes to estate planning, your digital assets will generally fall into two categories: those with financial value and those with sentimental value, which could mean far more to the people you love (and your future generations) than the assets with financial value.  
Digital assets with financial value include cryptocurrency like Bitcoin or Ethereum, online payment accounts like PayPal or Venmo, loyalty program benefits like frequent flyer miles or credit card reward points, domain names, websites and blogs generating revenue, as well as other intellectual property like photos, videos, music, and writing that generate royalties. Such assets have real financial worth for your loved ones, not only in the immediate aftermath of your death or incapacity, but potentially for years to come.  
Digital assets with sentimental value include email accounts, photos, video, music, publications, social

media accounts, apps, and websites or blogs with no revenue potential. This type of property typically won't be of any monetary value, but it can offer real sentimental value and comfort for your family following your death and inform future generations in ways you may not have considered.  
Do You Own or License the Asset?  
Although you might not realize it, you don't own many of your digital assets at all. For example, you do own assets like cryptocurrency and PayPal accounts, so you can transfer ownership of these items in a will or trust. But when you purchase some digital property, such as Kindle e-books and iTunes music files, all you really own is a license to use it. And in many cases, that license is only for your personal use and is non-transferable.

**The Law of the Digital Land**  
Until very recently, there were no laws governing who could access your digital assets in the event of your incapacity or death. The federal government stepped in to find a solution for this problem and the Revised Uniform Fiduciary Access to Digital Assets Act (RUFADAA) was passed in 2015 and adopted by California in 2016. The Act lays out specific guidelines under which fiduciaries, such as executors and trustees, can access your digital assets and allows you to grant a fiduciary access to your digital accounts upon your death or incapacity, either by opting them in with an online tool furnished by the service provider or through your estate plan.

**Make a Plan for Your Digital Assets**  
Given that leaving detailed instructions is the best way to ensure your any assets are managed in exactly the way you want when you die or if you become incapacitated, you'll want to add your digital assets to your estate plan. As with any other asset you own, you'll typically pass your digital assets to your loved ones through either a will or a revocable living trust. Within your estate plan, specify the person, or persons, you want to inherit each asset and include detailed instructions for how you'd like the asset to be managed in the future -- do NOT provide the specific account info, logins, or passwords in your estate planning documents, which can be easily read by others. This is especially true for wills, which become public records upon your death. Instead, keep this information stored in a secure place, and let your fiduciary know how to find and use it.

*A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.CaliLaw.com for more information.*

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OUT TO PASTOR  
A Weekly Religion Column by Rev. James Snyder  
TEMPTATION IS OH SO TEMPTING

At the beginning of the week, the Gracious Mistress of the Parsonage informed me that she and some of her friends would be going thrift store shopping on Thursday.

I nodded my head and smiled, not knowing where she was going with this.

“Now,” she said, “you will have to take care of your lunch. You think you can do that?”

I was smiling so hard on the inside I could hardly keep it from my face.

“Well,” I said as calmly as possible, “I think I can take care of it. No problem.”

That meant I could eat my lunch when I wanted to eat it. My wife is very strict with rules and regulations. Everything has to be done at a certain time and in a certain way.

Thursday morning, the Gracious Mistress of the Parsonage said, “Do you remember what’s going to happen today?”

Did I remember? How in the world could I ever forget?

I soberly looked at her and said, “If I remember, you and some of your friends are going thrift store shopping.”

She smiled and then said, “Are you sure you can get your own lunch?”

“I’ll be able to manage,” I said, still trying to hide the giggly smile inside.

I walked her to the door, waved very happily as she drove out of the driveway and disappeared into the sunset.

In my mind, I had prepared for this moment. I planned to go to McDonald’s and get a bunch of double cheeseburgers, French fries, and milkshakes to help me through the day.

Ah yes, McDonald’s has one of my favorite desserts, Apple Fritters. Although I’m not permitted to bring them home, today was different so I decided to get two Apple Fritters.

Just before lunch, I went to McDonald’s and purchased my luxurious lunch, including the Apple Fritters.

I was very excited to get home and indulge in a lunch which would not make my wife very happy. But since she isn’t here, and I’m not telling her, I’m going to have the time of my life for lunch. Especially those delicious Apple Fritters.

I got home and set up the table for my lunch, and began the process of enjoying.

I got to most of my lunch and approached that wonderful point of delving into a delicious Apple Fritter.

Laying those two Apple Fritters on my plate, I just enjoyed looking at the beauty of a perfect dessert.

Just as I went to pick one up, the telephone rang. That’s all I needed.

Answering the phone, the person on the other end

introduced themselves and began their sales pitch on my auto warranty. My auto warranty, according to them, had run out, and this was their “last” call for me to renew this warranty.

I jumped in and politely said, “No, thank you. I don’t need your warranty.” Then I hung up the phone.

I took a deep breath and went back to the table and looked at my Apple Fritters, and reveled in the delightful experience of eating them. Then, just as I was ready to pick up the first one, the telephone rang again.

Very hesitantly, I got up and went to answer the phone. This time it was a recorded message about a warrant that has been issued for my arrest somewhere in Texas. So all I needed to do was push number 1.

I hung up very angrily and went back to the table, sat down and took a deep breath, and once again looked at those wonderful Apple Fritters.

Before I could even clear my mind, the telephone rang again. By this time, there was a swirl of anger bubbling up in my mind.

I answered the phone, someone introduced themselves and said they are sending me a diabetic machine according to my doctor. And, it was FREE.

Is it wrong to give someone a piece of your mind? And, which piece am I going to give this person?

Not dwelling on this very long, I just opened up and gave this person a piece of my mind that I have never used before. I was so tempted to say things that would be very inappropriate. I was expressing my anger as I have never expressed it before.

For someone to come between my Apple Fritter and me is a very dangerous place to be. So I explained to the person on the phone what a stupid idiot they were, as if they didn’t know already, and how I did not appreciate them calling me, particularly at this time of the day.

Then I heard the magical sound of “click.” He was no longer on the phone.

Sitting back at the table, I looked at my Apple Fritters, and as I took my first bite, I thought of a verse of Scripture that means a lot to me.

“There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it” (1 Corinthians 10:13).

There is a hymn that says, “Yield not to temptation, for yielding is sin.” Temptations are there all the time, but God can give me the strength not to yield to them. I can’t control the temptation but I can the yielding part.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34472, where he lives with his wife. Call him at 352-216-3025 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.



# MOUNTAIN VIEWS NEWS

**PUBLISHER/ EDITOR**  
Susan Henderson

**PASADENA CITY EDITOR**  
Dean Lee

## PRODUCTION

**SALES**  
Patricia Colonello  
626-355-2737  
626-818-2698

**WEBMASTER**  
John Avery

## DISTRIBUTION

## CONTRIBUTORS

Stuart Tolchin  
Dinah Chong Watkins  
Audrey Swanson  
Mary Lou Caldwell  
Kevin McGuire  
Chris Leclerc  
Bob Eklund  
Howard Hays  
Paul Carpenter  
Kim Clymer-Kelley  
Christopher Nyerges  
Peter Dills  
Rich Johnson  
Lori Ann Harris  
Rev. James Snyder  
Katie Hopkins  
Deanne Davis  
Despina Arouzman  
Jeff Brown  
Marc Garlett  
Keely Toten  
Dan Golden  
Rebecca Wright  
Hail Hamilton  
Joan Schmidt

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Letters to the editor and correspondence should be sent to:

Mountain Views News  
80 W. Sierra Madre Bl.  
#327  
Sierra Madre, Ca.  
91024

Phone: 626-355-2737  
Fax: 626-609-3285  
email:

mtnviewsnews@aol.com



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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN

## PUT THE LIGHTS ON YOU ARE HERE



In the early years of television, which were also my own early years, one of my favorite programs was YOU ARE THERE. The program presented an historical event as if it was happening in the present. On hand were real news reporters questioning the participants about what was going on. I imagine Walter Cronkite asking General Washington why he was standing up in the boat during his crossing of the Delaware River.

Maybe that particular incident never was dramatized but I do remember real reporters being on the scene. Not only Walter Cronkite but also Bill Stout and Grant Holcomb and maybe Eric Sevaride and Charles Collingwood and perhaps even Edward R. Murrow. My point is that these were the real news men making history real and made watching something other than cartoons and Howdy Dowdy important to a 7 year old.

70 years late I realize I really wanted to know what was happening THEN but I am very fearful (I want to say PETRIFIED but that is too extreme) of learning what is happening NOW. As you obviously know there is so much going on, so much to talk about but I have so little of relevance to say. Yes there is global warming and connected horrendous heat waves, there are fires raging, people out of work living in the streets, the pandemic continues and new variants appear that threaten even our children. There is so much confusion that leaving the house venturing to an indoor restaurant requires an act of bravery. There are water shortages in some places, food shortages in others and Iran is building up its nuclear arsenal.

Seriously, the continuance of human life is being threatened, probably most all of us think about it but really don't have much to say. Educated friends, of similar politics, casually say stuff like "Well human beings have been around a long time and almost all species eventually become extinct and soon it will be our turn and by then I won't be around."

I have heard childless adults say proudly that they are pleased that they have not brought children into this world who would have to face the eventual coming disaster. HELP.

What have I done? I AM HERE and I have done nothing but complain and look for someone or something to blame. Racism, Police brutality, inadequate education, continuing and increasing economic disparity, EVIL corporations and their elected puppets, a failing system of separation of powers and a money run democracy. There are too many reasons to name and too few solutions.

I applaud and was moved by the actions of Representative Corey Bush who slept for four days on the Capitol Steps that resulted in executive action that forestalled evictions for awhile. I think her action is the kind of action that must be taken by populations around the world. Nonviolent but dramatic actions that show a willingness to be uncomfortable and silently scream for change.

Meanwhile I have done nothing and have allowed myself to be concerned with life's usual trivia and much about my article not being understood or complain about the price of football tickets.

Yes, you and I are HERE right now, we are witnessing what is going on around us but keeping our eyes closed. Is there a Walter Cronkite or Edward R. Murrow around an educated, experienced person who can lead us out of this wilderness? Whatever happened to Charlie Rose – Oh, like everything else maybe it's better not to talk about it. ENJOY YOUR SUMMER!

## DINAH CHONG WATKINS

## CLOSE ENCOUNTERS OF THE WRONG KIND EVERYDAY OLYMPICS



"Citius - Altius - Fortius". Latin for "Faster, Higher, Stronger" is the inspiring motto for the Olympics. Brawny for some, lithe for others, a lifetime of training and split-second decisions will hopefully take them to the winner's podium.

But to be an Olympic-caliber athlete takes perseverance, dedication and a natural talent so few are willing to invest in. The singular focus these athletes live with day in and day out can be almost otherworldly. Unattainable for the average Joe, Jo or Zhou.

So what about an "Olympics" for the rest of us?

Precision Parking. Unless you're in the downtown core, the majority of parking spaces require a nose first maneuver, easy enough for First-Time Drivers and Seniors with glaucoma. The real test is parallel parking on a main thoroughfare with a line of impatient drivers gunning their engines on your rear bumper. After the third try and getting numerous "flipping the bird" from other drivers, you wonder is the anxiety-induced reflux worth it or should you just valet?

My husband laid down a strip of neon Hazard tape in our garage so I'd stop backing into his garden tools hanging on the rear wall. Most of the time I line up the car on the markings - most of the time.

Chauffeur Relay. Is there no better example of crystal-clear communication needed between teammates when relaying your dependents from home to school/friends/doggie daycare and back again? Woe to the competitor who forgets or is delayed on their turn. They will incur immediate and long term silent treatments from the "human-like baton". Being the last one to be picked up is eerily similar to being the last one chosen on the dodgeball team at recess. Spare yourself years of family therapy bills, and add those pick-up times on your Google calendar alerts.

Fabric Hurdles. Three and a half foot high piles of clothes intermingled with damp towels, sneakers and permission slips from last month's class trip form a constantly changing landscape, challenging even the most nimble player to navigate the rooms with speed and avoid falling into a batch of ripe, tighty-whities.

100 meter Dash. Otherwise known as Black Friday, this event combines speed, strategy and well placed elbow shots. Winning competitors will play this as a team sport with Number 1 Son tasked with fighting through the crowds to grab the deeply discounted 80" HDTV, Mom and Dad shelling out the credit card with the not-terribly useful bonus airline miles, Number 2 Daughter checking out the app ShopSavvy for the lowest price and Grandma loaning them her Handicap Parking placard for close access to the entrance.

Garden Wrestling. Digging out shrubs and hedges, pruning 12 foot tall, spiked sago palms, hauling 50 pound bags of mulch and organic fertilizer; it's the Grand MHA SmackDown - the Mixed Horticulture Arts with Nature as the mother-of-all competitors. Sub-specialties include injury-free lawn mowing, fending off neighbor's complaints about your high decibel leaf blower, anti-itch remedies for Poison Oak, and decoding wildlife droppings in your backyard.

While the Olympics roll around every fours years or so, we of the non-elites, the average, the ones who will never receive a Gold, Silver or Bronze medal but get a paper Participation Certificate instead, we may forego the Winner's podium but can lift ourselves up with this inspirational-like motto taped on our refrigerator doors - "Facilius - Tranquillus - Sapidus" (Easier - Calmer - Tastier).

Email me at [dinah@alletterfromabroad.com](mailto:dinah@alletterfromabroad.com)

Read more at: <https://alletterfromabroad.wordpress.com>

## RICH JOHNSON NOW THAT'S RICH! KID QUOTES AND WISDOM?



Jesus once said (and it was documented by His disciple Matthew): "Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven."

I have always taken those words seriously. Any of you who know me can attest to the fact I act like a child... nanner nanner! No, not child-ish (though some-times)...rather child-like. I can act like an adult when it is absolutely necessary. But I limit those adult like activities to the rare moments.

A Facebook post caught my attention and delighted me with childish wisdom and perspective. I added to the abbreviated post and hope you enjoy these jewels of rhetoric. And please, pass them along.

Teacher: Maria, go the map and find North America  
Maria: Here it is  
Teacher: Correct. Now, Class, who discovered America  
Class: Maria

Teacher: Glenn, how do you spell "crocodile"?  
Glenn: K-R-O-K-D-I-A-L  
Teacher: No, that's wrong  
Glenn: Maybe it's wrong, but you asked me how I spell it (Love it)

Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his paper?  
Clyde: No, sir; it's the same dog

Teacher: Harold, what do you call a person who keeps talking when people are no longer interested?  
Harold: A teacher

Violet: (crying hysterically)  
Mom: Violet, What's wrong? Why are you so upset?  
Violet: Because I can't get this shirt to work!  
Mom: Violet, honey...You can't get the shirt to work because they are pants

6 year old: Why am I sick?  
Mom: You have a virus.  
6 year old: No, why am I sick now? It's not a school day!

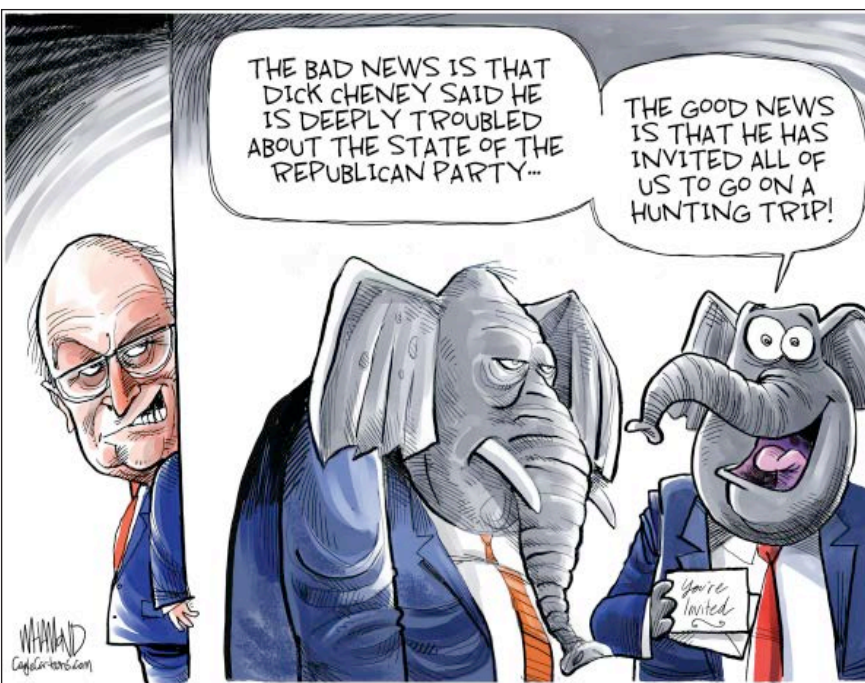
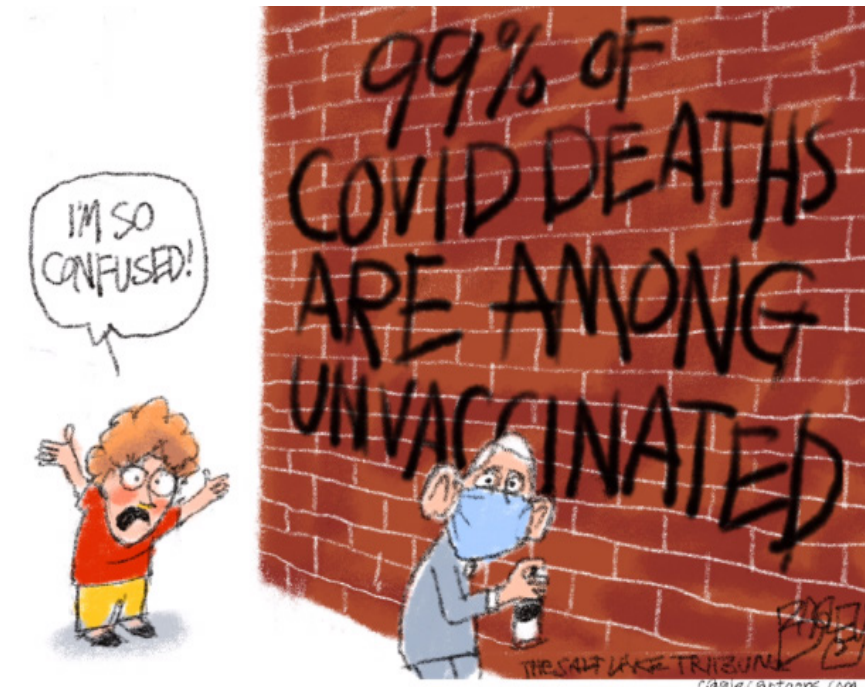
Mom: I'm so lucky to be your mom.  
6 year old: I'm so lucky to have so many LEGOs.

Are we taking the stairs or the alligator? Royal, age 4  
I pledge allegiance to the flag of Captain America Isla, age 3  
Mom, I'm getting a cold...or a flute! Clara, age 4

(With a stuffed up nose) Mommy, my nose isn't working. I need a new one please.  
Benji, age 3  
I will miss you while I'm sleeping. Bryce, age 4

Sometimes I like to listen to Taylor Swift in my room and cry about cats that have died. Hannah, age 6

Have a good week. Please support your city's local businesses: restaurants, retail shops, etc. They can use the business.













## How Can You Help the Vibrant Community of Sierra Madre?

Donate Today to the Fletcher Fund to Restore the Mt. Wilson Trailhead Gate!

Please help us with this project by sending a tax-deductible donation payable to the "Sierra Madre Community Foundation - Fletcher Fund" at P.O. Box 716, Sierra Madre, CA 91025. If you prefer to make your donation by PayPal, you can just scan the QR Code below.



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- Iconic Structure to complement historic Lizzie's Trail Inn & Richardson House Museum
- Protect Public Safety
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- Honor the Past and Look Forward to the Future



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# JOIN US THIS WEEKEND!



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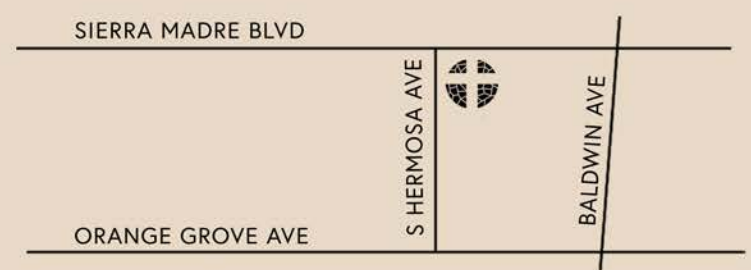


### SERVICE TIMES

*Sundays  
9a & 10:45a*

*or join us online  
[christchurchsm.org/live](https://christchurchsm.org/live)*

*Christ Church Sierra Madre is a community of people seeking to follow the way of Jesus together. We gather as a community to worship, be encouraged by the word of God, and to connect with each other. Join us this weekend - we'd love to get to know you! Visit [christchurchsm.org](https://christchurchsm.org) for more details.*



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