



Happy Thanksgiving

Mountain Views News

Sierra Madre

Arcadia

Duarte

Monrovia

Pasadena

Altadena

South Pasadena

San Marino

SATURDAY, NOVEMBER 20, 2021

VOLUME 15 NO. 47

THE WEBB-MARTIN GROUP

May your stuffing be tasty

May your turkey be plump

May your potatoes and gravy

have nary a lump

May your yams

be delicious and

pecan pie too...



...and if you need a BIGGER KITCHEN next year we're the perfect agents for you!

Happy Thanksgiving

from Judy, Katie and Jan

Webb Martin Group would like to wish you the happiness of good friends, the joy of a happy family and gratitude for being part of our lives!

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SIERRA MADRE: STRONGER TOGETHER

Earlier this month, Sierra Madre Mayor Rachelle Arizmendi delivered an inspiring State of the City address reminding those in attendance that we are 'stronger together', as evidenced in the way the city pulled through the Pandemic in 2020. Arizmendi focused not only on what the city has already accomplished but on



the future and the challenges ahead. The city's current financial status was also highlighted. Sierra Madre currently has a general

fund budget of \$25 with a surplus of \$2.5 million. For those who were not able to attend the event, you can view the entire program by going to: youtube.com/watch?v=3MukSZtSkio.



Photos Courtesy City of Sierra Madre -clockwise top left to right:: Mayor Arizmendi, Boy Scout Troop 110 opened the event after a brief introduction from Mayor Pro Tem Gene Goss; William Buckhalter sings the National Anthem and Miss Aimee's Dance Company performs.

SIERRA MADRE IS GETTING BACK TO NORMAL:



Above: The Sierra Madre Chamber of Commerce, along with the Arcadia and Monrovia Chambers of Commerce celebrated the reopening of Andy Bencosme's Century 21 Real Estate on Thursday evening.

Below: The Sierra Madre Rose Float Association was able to hold its annual Not Your Mother's Bingo fundraiser for the first time since 2019. SMRFA will be presenting their 2020 float which was sidelined by COVID 19, in the 2022 parade.



SIERRA MADRE HONORS NOMINATIONS SOUGHT

This year marks the 5th Annual City of Sierra Madre and Sierra Madre Chamber of Commerce joint event honoring those organizations and individuals that work tirelessly to make Sierra Madre a wonderful place to live, work and play!

In 2020, the event was held virtually due to the pandemic. This year, the event will once again be held in person, with all the pomp and circumstance due to the honorees.

The Awards ceremony will be held on January 19, 2022. Nominations will be accepted for the following recognitions:

SIERRA MADRE CITIZEN OF THE YEAR for residents who have benefited the city during 2019 as a volunteer.

SIERRA MADRE BUSINESS OF THE YEAR for an outstanding business existing in Sierra Madre for more than 5 years that has been an active supporter of the community.

GEORGE MAURER LIFETIME ACHIEVEMENT AWARD for a person/entity whose lifetime of service embodies the spirit of volunteerism.

THE WISTARIA AWARD recognizing a City/Community Partnership that assists with providing community wide programs and services

THE PUBLIC SAFETY AWARD for an employee/individual for protecting and maintaining safety in Sierra Madre.

COMMUNITY YOUTH SERVICE AWARD presented to youth under 18 for outstanding service and dedication to the community.

To nominate, simply email your candidates with the reasons why you feel this person or organization is deserving to by 5:00 pm December 15th, 2021 to either smadrec@gmail.com or Honors-Dinner@cityofsierramadre.com.

You can also mail your nomination to:

Honors Dinner Nomination
c/o Sierra Madre City Hall
232 W Sierra Madre Blvd., Sierra Madre, Ca. 91024.

NOMINATIONS MUST BE RECEIVED BY DECEMBER 15, 2021.

SIERRA MADRE CHAMBER'S WINTER VILLAGE PRESENTS:

WINTER VILLAGE &

SHOP SMALL BUSINESS SATURDAY

ALL DAY NOVEMBER 27, 2021

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info@bcsliions.org

93 N. Baldwin Ave. Sierra Madre

Sierra Madre Kiwanis Club's
Pancake Breakfast*Start the Sierra Madre WINTER FESTIVAL off with a breakfast to benefit our children!***SATURDAY, NOVEMBER 27, 2021****8 am to 11 am****MEMORIAL PARK****\$6****Bring**
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Sausage
Milk, Coffee or
JuiceJoin your friends
and neighbors
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for the very best
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throughout the year.
Our programs have
helped thousands of
children improve
their quality of life in
our community.Look for our Kiwanis
sponsored events
throughout the year!
Together we make a
difference.**WISTARIA THRIFT SHOP**
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EXTRAVAGANZA**DECEMBER 2, 3, 4**
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SATURDAY, NOVEMBER 27, 2021 FROM 11 - 8

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5:30 CHRISTMAS TREE LIGHTING
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SIERRA MADRE

SIERRA MADRE

ARCADIA

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ALTADENA

MONROVIA

SIERRA MADRE'S LATEST HERO: FINNIGAN



Sierra Madre resident “Finnigan” saved a family consisting of three young girls, their dog and father at nearby dog park in Pasadena.

Finn, a large white boxer rescue, on numerous occasions has played the role of diffusing attacks by bully aggressive dogs and smaller submissive ones, very skillfully without any of the parties involved getting injured. This time around was scary and the potential of escalating into serious injury or worse.

As the family was entering the park, with youngest daughter leading their dog in, a ferocious very large Doberman went on the attack with no provocation at all.

Finn and his owner, Gary, were approximately two feet away waiting to exit when Finn instinctively went into action. With lightning speed, Finn got between the Doberman and the girls attached to their dog. Finn and the Doberman, both standing up on hind legs like two bears fighting paw to paw head to head. Finn managed to dodge face bites and pushed the Doberman down while owner got control and left immediately.

All this left the rest of us literally speechless. Nobody was injured. In retrospect, I just want to say, city officials just don't make up rules and regulations for the heck of it. They are there to protect every person and dogs everywhere. Please, people, follow the rules in the dog parks, and everywhere else!

This story and photo were submitted by the dog's owner, Gary.

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

*“For each new morning with its light,
For rest and shelter of the night,
For health and food,
For love and friends,
For everything Thy goodness sends.”*

Ralph Waldo Emerson

“Count your many blessings, see what God has done.”

I guess where I am just a few days before Thanksgiving, is counting blessings, naming them one by one. Blessings are small things. They seldom arrive on a pink unicorn with glitter being tossed about. Blessings are a shared moment you didn't think would happen, like an unexpected hug or a nice phone call with someone you're missing. Even finding a penny in the parking lot at Target is pretty nice.



You're probably still planning your Thanksgiving menu and my best and favorite dish is my Aunt Helen's Lime Jell-O Salad. Everybody has some sort of Jell-O salad but my Aunt Helen's is delicious and blessedly easy to make. Everybody devours it and there's seldom even a bite left.

HELEN'S LIME JELL-O SALAD

Regular size package lime Jell-O
2 cups boiling water
24 oz. can crushed pineapple
1 Tbs. lemon juice
2 cups miniature marshmallows
1 8-oz container whipping cream, whipped till it's nice and thick,
or the equivalent amount of Cool Whip

Put the Jell-O into whatever dish you plan to serve it in. Drain the pineapple juice into the Jell-O but not the pineapple, add the marshmallows, the 2 cups boiling water, the lemon juice and stir till the Jell-O is completely dissolved. Refrigerate. Keep a close eye on it as you don't want it to jell completely, just till it's starting to get firm. Add the other ingredients, mix well to be sure all the Jell-O is off the bottom and mixed in. Refrigerate until totally firm. You can add nuts, walnuts or pecans, but only if you're sure that everyone who is going to eat this actually likes nuts. Otherwise, you have to clench your teeth and bite your tongue while the non-nut eaters carefully pick each and every nut out and set them on another plate. You can double this with complete impunity and great success.

My Aunt Helen has been gone for quite a while now but she will never be forgotten as long as her Lime Jell-O Salad is still made here and there. She was an interesting woman who never married. She was the gift and jewelry buyer for long-departed I. Magnin's Department Store. She never had children of her own but she loved me dearly and I can remember her sitting on the floor in my bedroom with a shaded lamp beside her reading Winnie the Pooh to me when I had a really serious case of measles at about age four. She sewed doll clothes for me on her treadle Singer sewing machine, helped me write and memorize a long report on Victoria Falls when I was in third grade, and was a blessing to me all her life.

She had the distinction of being a person who never said anything unpleasant about anyone, unlike Teddy Roosevelt's daughter, Alice Roosevelt Longworth who famously said, “If you haven't got anything nice to say about anybody, come sit next to me.”

This is another of our Thanksgiving favorites and, while my daughter, Leah, is a huge fan of roasted vegetables, I have to have Creamed Spinach. After you try this, you'll feel the exact same way. This is so good that even people who eschew (that means they wouldn't touch it with a fork) spinach will eat it! Popeye would never eat another can of spinach once he tasted this.

You can double, triple or whatever this recipe and it will be fantastic.

CREAMED SPINACH

1 (10 oz.) package chopped spinach
2-3 slices bacon, finely chopped (or more if it makes you happy)
½ cup onion, finely chopped
2 Tbs. flour
1 tsp. seasoned salt
¼ tsp. seasoned pepper
1 clove garlic (optional)
1 cup milk (I use non-fat which works just fine)

Cook spinach and drain well. Combine bacon and onion in a large skillet and fry till tender and bacon is brown and crispy. Remove from heat. (As bacon is so lean anymore, it's not necessary to drain off any of the fat, unless it makes you nervous. Do leave some!)

Add flour, seasoned salt, seasoned pepper and garlic (if you're using garlic). Blend thoroughly. Return to heat and slowly add milk, stir continually until thickened. (In case you hadn't noticed, you've just made white sauce!) Add spinach, mix well. Astonish your guests and family.

This recipe is originally from Mike Roy, one of my culinary heroes, from The Mike Roy Cook Book, copyrighted in 1966, which I bought at the Sierra Madre Library Used Book Sale for the astonishing price of \$3.95 – hard cover! Mike has been in heaven for some time now, but I like to think he is still cooking up there, for a very appreciative crowd.

Happy Thanksgiving, dear friends and neighbors. May your turkey be moist and tender, your stuffing perfectly seasoned and your pumpkin pie be spectacularly delicious. May the company around your table be hungry and happy to eat all you've prepared, and may no one want to discuss politics!

“Give thanks to the Lord, for he is good; his love endures forever.” Ps. 107:1

At long last, the new Emma Gainsworth novelette is out!

“Hurricane: An Emma Gainsworth Adventure

Look for it on my book page: Amazon.com: Deanne Davis

Here's the link: <https://www.amazon.com/dp/B09K5YVTCF>

Emma is up to her elbows in disaster...you'll love it! Best \$2.99 purchase ever!

VOLUNTEER FOR SMRFA DECO WEEK



The Sierra Madre Rose Float Association has opened the online sign up program for decorating the Sierra Madre Rose Float during Deco Week (December 26th to December 31st).

Please sign up for this year's float entitled “Nature's Classroom” and join us preparing our beautiful Amazon rainforest.

Sign up through our website at <https://sierramadrerosefloat.org/getinvolved/volunteer/decorate/> to get involved, then volunteer, then decorate!

Our Volunteer Guidelines have changed this year, and we have some new restrictions and Covid-19 protocols, so it is important to read our guidelines BEFORE you sign up through iVolunteer. If you have difficulty signing up or have questions, please email us at info2021@sierramadrerosefloat.org.

If you have a group of 8 or more, you need to schedule a time that would be convenient for your group to work. Please complete the Application for Group of Volunteers form and return it to volunteer@sierramadrerosefloat.org.

We may be able to open up more spots when it gets closer to Deco Week, so if you don't find your preferred shift or the shifts are full, please check back in December.

Thank you for participating and we'll see you at the barn!

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Thur:	Sunny	Hi	60s	Lows	40s
Fri:	Sunny	Hi	60s	Lows	40s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

December 14, 2021

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's CO-VID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



GFWC

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Sierra Madre Woman's Club

Visit Us at Sierra Madre's

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Saturday, November 27

2 pm - 8 pm

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[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)

Wistaria Thrift Shop



550 W. Sierra Madre Blvd.

Sierra Madre Woman's Club

1907-2022: 115 Years

Holiday Extravaganza

Dec 2, 3, 4

9 am - 2 pm

Everything Wonderful for Making Your Holiday Bright
Masks, Social Distancing Please

Clean Donations Accepted Saturdays: 8:00-11:00 am
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This week at the
Sierra Madre
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November 22-27

Monday

Story Adventure at Memorial Park—Available all week!

Preschool Storytime at Memorial Park—In-person at 9:00 & 10:00am. Call the Library at 355-7186 to register

Minecraft Monday: Survival—In-person or online at 4:00pm

Thursday

Thanksgiving Holiday—No Library Services

Friday

Thanksgiving Holiday—No Library Services

Saturday

Thanksgiving Holiday—No Library Services

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NOVEMBER 27, 2021**

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Pasadena Altadena

News From Your Community For Your Community

Local Man Sentenced for Online Threats to Kill

A Federal judge on Monday sentenced a Pasadena man, and British national, to 37 months in federal prison for making a series of graphic online threats to harm, rape and kill.

Samuel Trelawney Hughes, 33, of Pasadena, was sentenced by United States District Judge Dale S. Fischer, who described his conduct as “horrendous.” Hughes pleaded guilty in October 2020 to one count of stalking, one count of witness tampering and one count of making threats by interstate communication.

“[Hughes] used his computer skills to terrorize these victims and their families with harassment and death threats from anonymized accounts,” prosecutors argued in a sentencing memorandum. “His use of anonymizing techniques and planning allowed him to avoid identification – and punishment – for months while he continued his online harassment campaigns. [Hughes]’ conduct traumatized the victims, putting many in fear for their lives and the lives of family members. Some feared going to work or even leaving their homes.”

According to prosecutors from May 2019 to June 2020, Hughes stalked and sent anonymous threatening communications to multiple victims, according to court documents.

Hughes’ conduct often followed a pattern. He would meet a victim – usually a woman – at a networking event or through his employment. After the event or after having been employed for a period, he would seek further social interaction with the victim or inviting the victim to meet him at a future date in a one-on-one setting. When the victim would indicate that she or he no longer wished to interact with him, he would then send anonymous threats to the victim, often from anonymous online accounts he used and created to disguise his identity.

He sent the threatening communications via numerous email and social media accounts, as well as through the U.S. mail. The messages sent to the victims were direct, graphic and disturbing in nature, and they contained threats to injure, rape and kill victims.

Assistant United States Attorney Lauren Restrepo of the Cyber and Intellectual Property Crime Section prosecuted this case.

Giving Tuesday Pasadena Humane

Giving Tuesday is an opportunity for the Pasadena Humane community to stand together in unity for the animals. Join them on Tuesday, November 30 for a global day of giving. Each gift will help to provide second chances to animals in need.

For more information or how to give visit: pasadenahumane.org.

Symphony Holiday Candlelight Returns to All Saints Church

The Pasadena Symphony’s annual Holiday Candlelight concert returns to All Saints Church on Saturday, December 18, with two performances at 4:00 p.m. and 7:00 p.m. Pasadena’s most sought-after concert of the season has become a cherished community holiday tradition and sells out quickly. The architecturally exquisite and acoustically sonorous All Saints Church, Pasadena’s equivalent of a European cathedral, provides the perfect setting to immerse yourself in a Holiday wonderland among an array of hand bells and choruses, with Pasadena’s premiere orchestra.

Artistic Partner Jenny Wong, Associate Director of the Los Angeles Master Chorale, will take the podium to lead the orchestra and returning favorites L.A. Bronze Handbell Ensemble, the Los Angeles Children’s Chorus, the Donald Brinegar Singers and JPL Chorus. Special guest vocalist Allie Feder, heard on movie and TV soundtracks from Frozen 2 and Mulan to Modern Family, will charm audiences on holiday classics including Silent Night, Let it Snow, Have Yourself a Merry Little Christmas, Hallelujah! and many more favorites sprinkled throughout the performance.

Seating is available to

Pasadena Thanksgiving Closures and Reminders

Pasadena residents and businesses are reminded that City Hall and most City services will be closed on Thursday and Friday, in observance of the Thanksgiving holiday. Specific closures, exceptions and reminders are noted below.

The City’s Citizen Service Center (CSC) will be closed Thanksgiving Day and will reopen Friday from 8 a.m. until noon. You can contact the CSC via the web or by calling (626) 744-7311. Regular trash and recycling collection for Thursday (Thanksgiving Day) will occur on Friday and Friday’s collection will occur on Saturday, Nov. 27.

Pasadena Transit and Dial-A-Ride transportation programs will not operate on Thursday but will resume regular service on Friday.

All parking meters are free and parking time limits will not be enforced on Thanksgiving Day, but shoppers are advised that all regular meter enforcement will resume on Friday. Violations for overnight parking restrictions, red curb parking and blocking fire hydrants will continue to be issued on both days.

All Pasadena Public Library sites will close at 5 p.m. on Wednesday and will remain closed the following two days.

The City’s Permit Center and Payment Centers will also be closed Thursday and



purchase throughout the lavish All Saints Church, specially fitted with festive floral and decorations, all under the glow of candlelight. Tickets to Holiday Candlelight are limited and will sell out. Tickets start at \$25 and may be purchased either at pasadenasympphony-pops.org or by calling the box office at 626.793.7172.

In order to provide the safest possible experience for all concertgoers, entry to all Pasadena Symphony concerts

will require proof of full Covid-19 vaccination. For a list of accepted forms of proof and the most up to date venue safety protocols, please visit: pasadenasympphony-pops.org/symphony-covid-safety/.

Celebrate Thanksgiving this Year with Union Station

Much like last year, these are the ways Union Station will celebrate Thanksgiving this November:

Thanksgiving “All the Fixings” Meal Boxes – Wednesday, November 17

For clients who have access to a kitchen and want to cook their own meal at home, you can help us create Thanksgiving “All the Fixings” Meal Supply Boxes, filled with all the ingredients needed for a delicious meal. Boxes come complete with great tips and tricks from our amazing Food Services staff!

Thanksgiving Prepared Dinners – Wednesday, November 24

For clients who want to enjoy a delicious Thanksgiving meal but don’t have access to a kitchen or don’t wish to cook, we’ll have scrumptious portioned and prepared Thanksgiving Dinners. Chef Marissa and her team will be sharing some of her most sought after dishes for the holidays!

Thanksgiving Day Community Events – Thursday, November 25

A large scale community dinner in the park isn’t possible this year, due to COVID-19, but we can still give thanks and celebrate together! We will be serving private, festive sit-down dinners for our residents at the Adult Center, Family Center, Centennial Place, Huntington Villas and Casa Luna.

Dinner in the Park

Continuing the tradition that began in 2020, everyone at Union Station Homeless Services will safely celebrate Thanksgiving with a holiday meal. Dinner in the Park is a beloved holiday tradition and we will feed those in need while adhering to COVID-19 safety standards. For more Visit: unionstationhs.org.

Friday. Online permitting services are available 24/7 at: cityofpasadena.net/PermitCenterOnline.

All recreation and community centers operated by the city’s Parks, Recreation and Community Services Department will be closed on Thursday and Friday but all parks will be open for picnics, fun and play. No site reservations are accepted for the holiday.

Pasadena residents and businesses with any power emergencies should call Pasadena’s Water and Power (PWP) Department at (626) 744-4673. For water-related emergencies, call (626) 744-4138. PWP’s Customer Service Call Center will be closed for the holiday, but customers can access their accounts and make payments through the automated phone system at (626) 744-4005 or online at: PWPweb.com.

Pasadena Fire and Police Departments will continue to be staffed for all patrol, jail, fire, paramedic and other emergency services. Always call 9-1-1 for life-threatening emergencies. For non-emergencies, call (626) 744-4241. If you “See Something, Say Something.” Report suspicious activity to Pasadena Police Department at (626) 744-4241.

Celebrate responsibly and always designate a sober driver. For more information Visit: cityofpasadena.net.

Pasadena Holiday Shop Local Campaign

The City of Pasadena and Visit Pasadena are launching the “From Pasadena, with Love” campaign to put a spotlight on the city’s independent businesses and encourage the public to shop and dine local this holiday season. The 2021 campaign will run from Small Business Saturday (Nov. 27) through Friday, Dec. 24, and will feature welcome stations across the city, Pasadena-branded swag, and experiential gifts unique to Pasadena.

Aimed at encouraging the community to shop small and dine local, the “From Pasadena, with Love” theme shows local love for the city while highlighting feelings of gratitude for the public’s ongoing support of the local business community. “As we focus on recovery efforts, the importance of supporting our local business community is crucial,” says Eric Duyshart, economic development manager for the City of Pasadena. “Shopping and dining local helps to keep dollars in our local economy and people employed, not to mention helps to fund vital community services, schools and parks.”

To thank the public, campaign welcome stations will be located across the city. Beginning on Small Business Saturday (Nov. 27), customers who visit a campaign welcome station will get a chance to win Pasadena-branded swag and experiences. Gifts will range from custom enamel pins and totes to museum admissions, music festival passes and Rose Parade tickets.

The “From Pasadena, with Love” prizes will be distributed first-come, first-serve at the welcome stations listed below: Civic Center Area Buttercup, 300 E. Colorado Blvd., Suite 157 Frenchifornia, 247 E. Colorado Blvd. College Commercial Area Dot & Dough, 1731 E. Colorado Blvd. Lucky Baldwins, 1770 E. Colorado Blvd. East Washington Commercial Area Sidecca, 1389 E. Colorado Blvd.



Southern Roots, 1387 E. Washington Blvd.

Fair Grove Commercial Area Blvd Nursery, 170 E. Orange Grove Blvd.

El Dorado, 140 E. Orange Grove Blvd.

Hastings Commercial Area Pasadena Sandwich Company, 259 Sierra Madre Villa Ave., Suite 102

Vromans Bookstore, 3729 E. Foothill Blvd.

HeArt (South Fair Oaks Health & Arts Commercial Area) Cerveceria de Pueblo, 141 W. Bellevue Dr., Suite 100

Jones Coffee Roasters, 693 S. Raymond Ave.

Lamanda Commercial Area Plate 38, 2361 E. Colorado Blvd. Rosebud Café, 2302 E. Colorado Blvd.

Lincoln Commercial Area Highlight Coffee, 2071 Lincoln Ave.

North Lake Commercial Area Kathleen’s Restaurant, 595 N. Lake Ave.

Polkatots Cupcakes, 720 N. Lake Ave.

Old Pasadena Hömage, 100 N. Fair Oaks Ave. Lather, 17 E. Colorado Blvd.

Neon Retro Arcade, 28 S. Raymond Ave.

Playhouse Village Lèberry Bakert & Donut, 445 E. Colorado Blvd.

Mercadito Monarca Cultural Arts Gift Shop, 696 E. Colorado Blvd., Suite 19

Vroman’s Bookstore, 695 E. Colorado Blvd.

South Lake Avenue Float Coffee Shop, 380 S. Lake Ave., Suite 106

Ten Thousand Villages, 567 S. Lake Ave.

Walnut Commercial Area Pasadena Cyclery, 1670 E. Walnut St.

For more information about the “From Pasadena, With Love” holiday shop local campaign, visit: visitpasadena.com/shopsmall.

Friends of the Pasadena Library Book Sale Dec. 4

The Friends of the Pasadena Public Library will offer another segment of its great bookstore inventory sale on Saturday, Dec. 4 in the Central Library parking lot. “The Friends’ sales are more fun—and a better bargain—than shopping online.”

While you browse, you will likely have the post-pandemic pleasure of greeting book-loving acquaintances again. Fill a grocery bag for just \$5, or

make individual purchases at a table featuring premium books. Among the latter: titles donated to The Friends’ Bookstore by the USC Pacific Museum.

The event runs from 11 a.m. 10 2 p.m. Cash or checks only. All proceeds help The Friends finance programs in all of the city’s library branches.

The Central Library is located 285 E. Walnut St.

For more information visit: <https://friendsppl.org>.

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SAN MARINO CRIME BLOTTER

For the period of Sunday, November 7, 2021 through Saturday, November 13, 2021, the Police Department responded to 341 calls for service. Zero residential burglaries, zero commercial burglaries, and zero attempt commercial burglaries occurred during the reporting week. The following is a summary report of the key incidents handled by the Department during this reporting period.

Sunday, November 7

2:35 P.M. / 415 PC – Disturbance of the Peace

Chaucer Road & Chester Avenue Caller reported stating that there was a person laying in the middle of the road. Officers responded and handled the call. No arrests were made.

Monday, November 8

8:32 A.M. / 532 PC – Theft by False Pretense

1600 Block of Las Flores Avenue

Unknown male suspect fraudulently represented himself as a government official to mislead a victim to wire funds out of the victim's bank account.

1:45 P.M. / 532 PC – Theft by False Pretense

600 Block of Chester Avenue

Suspect attempts to fraudulently purchase concert tickets through PayPal. Victim's bank recognizes the transaction to be fraudulent and freezes the funds.

3:36 P.M. / 487 PC – Grand Theft of Property

1700 Block of Huntington Drive

Victim reported that their cellphone was stolen.

7:30 P.M. / 978.5 – Bench Warrant

San Marino Avenue & Lorain Road

The suspect, Ray Anthony Munoz (DOB 08/07/1992, Pasadena), was driving a vehicle without any functioning brake lights and was in violation of VC 24252(a). A traffic stop was conducted and Munoz was found to have a misdemeanor warrant. Munoz was cited and released for the warrant.

Tuesday, November 9

12:18 A.M. / 23152 – Driving Under the Influence

Monterey Road and Pasadena Avenue

Officers were dispatched to assist South Pasadena officers in regards to a DUI investigation. The suspect at the scene, Marta Higinia Cardoza (DOB 06/18/1962, Los Angeles) was placed under arrest for the suspicion of driving under the influence of alcohol (CVC 23152).

Wednesday, November 10

12:08 P.M. / 530.5 – False Impersonation

1300 Block San Marino Avenue

Unknown suspect(s) obtained victim's personal information and opened up an account.

5:37 P.M. / 530.5 – False Impersonation

2000 Lorain Road

Victim reported that unknown suspect(s) used personal bankcards to purchase items fraudulently at an undisclosed location.

Thursday, November 11

1:12 A.M. / 978.5 – Bench Warrant

San Marino Avenue & Leslie Drive

Officers conducted a traffic stop on a vehicle that was wanted in connection for a grand theft crime. The driver Maravilla, Edward (DOB 007/01/1998, Los Angeles) and passenger, Alejandro Mora (02/02/1995, Los Angeles) was found to have multiple outstanding misdemeanor warrants. The suspect was arrested and transported to Pasadena City Jail, and the passenger was cited and released out in the field.

10:20 A.M. / Municipal Code Violation – Tree Trimming

900 Block of San Marino Avenue

Officers were dispatched to a municipal code violation investigation due to a tree being trimmed on the holidays. The San Marino Code Enforcement will further investigate the report.

4:38 P.M. / 5150 – Mental Health Evaluation/Treatment

Huntington Drive & Bradbury Road

A caller reported that there was an individual walking in the middle of the road. The individual was transported to the hospital for further evaluation.

6:49 P.M. / Municipal Code Violation – Dogs Defecating on Public or Private Property

800 Block of Oxford Road

Officers were dispatched to a municipal code violation investigation in regards to dog(s) defecating on a private property. The San Marino Code Enforcement will further investigate the report.

8:07 P.M. / 487 PC – Grand Theft of Property

1300 Block of Lorain Road

Victim reported that their bicycle was stolen.

Friday, November 12

9:31 A.M. / 594 – Vandalism

2500 Block of Huntington Drive

Victim reported that their car was vandalized.

10:15 P.M. / 979 – Bench Warrant (Failure to Appear on Misdemeanor Charge) 11357 – Possession of Marijuana over 1 Ounce

11350 – Possession of Narcotics (Controlled Substance)

Courtland Avenue and Monterey Road

Officers observed a vehicle with the passenger's side headlight being out, in violation of VC 24252(a). Officers conducted a traffic stop on the vehicle. The passenger, Saucedo, Dominic Anthony (DOB 04/08/2002, Colton) was cited and released for the above listed charges. The juvenile driver was cited for being unlicensed.

Saturday, November 13

9:36 P.M. / 902 – Non-injury Traffic Collision

Huntington Drive and San Marino Avenue

Officers responded to a non-injury traffic collision.

Caltech Mourns the Passing of General Manager Ed Brown



Ed Brown, general manager of event productions in the Office of Strategic Communications, passed away on November 9. He was 59 years old.

Brown joined Caltech in 2012 as a lighting designer and stage technician in Campus Programs, bringing to the Institute extensive expertise in theatre arts, television scriptwriting, and live event production. During his time at Caltech, he worked behind the scenes as a stage technician, event manager, and, ultimately, as manager of both the Beckman and Ramo auditoriums and the ticket office, to produce hundreds of campus events and lectures that highlighted faculty research; celebrated the performing arts, theater, and chamber music; and cultivated community among members of the campus and beyond. Brown and the event productions group were central to the success of the Institute's annual commencement and convocation ceremonies, including the two virtual commencements and recent in-person celebrations the Institute hosted during the pandemic for students and their families.

"Ed was a remarkable person on a remarkable campus," says Diana Jergovic, vice president for strategy implementation. "He had an effortless command of his craft, a tireless work ethic, an unlimited reserve of kindness, and a vast capacity for friendship. Those who worked closely with Ed will miss him always."

A cross-campus collaborator, Brown will be remembered for his affable personality,

sense of humor, hardworking nature, and ability to make friends out of coworkers. He was vocal about his personal commitment to diversity, representation, and accessibility, values he displayed in his life as an ally and participant in Black Lives Matter protests and that he brought to his work on campus in his approach to facilities and team management.

Brian Brophy, director of Theater Arts at the California Institute of Technology (TACIT), noted that Brown served as the lighting designer for nearly all of TACIT's shows since 2010. "Through the colorful blend of lights, Ed transported people to other worlds and heightened our imagination with the tools of his trade: light and shadow," Brophy says. "People trusted Ed and knew they could get straight answers with a sweet, sly side of snark. He had a big heart and a quick wit and always found ways to resolve conflicts in a gentle way." Prior to coming to Caltech, Brown worked for nearly a decade at the University of Arizona, supporting its UApresents program. He also worked for several years as a staff writer for various ABC and CBS studios television programs.

Brown is survived by his adult son, Noah, who he described as his "greatest accomplishment in life"; his father, Phil Brown; his sister, Mary Brown; and his former spouse, Tamera Brown.

A celebration of life is planned for Sunday, November 21, from 10:30 a.m. to 11:30 a.m. at the Athenaeum.

Pasadena Humane Events

Puppy Playschool

Saturdays in November

9:30 - 10:15 a.m.

Puppy guardians! Looking for a safe and fun venue to socialize your new best

friend? Join the behavior team and other new puppy parents at Pasadena Humane's Puppy Playschool. This ongoing workshop welcomes vaccinated puppies who are at least 9 weeks old or under 19 weeks of age. Our playgroups are designed to help build your puppy's confidence at their own pace. Skilled trainers and volunteers educated in dog body language will be on hand to guide you and your pup to learn about healthy play & positive training building blocks.

Giving Tuesday

Tuesday November 30

Giving Tuesday is an opportunity for our community to stand together in unity for the animals. Join us on Tuesday, November 30 for a global day of giving. Each gift will help to provide second chances to animals in need.

Wiggle Waggle Wagon Appearances

Multiple Dates in November The Wiggle Waggle Wagon (The Waggin') is back out and around town bringing adoptable pets, services and information about Pasadena Humane to the community. Check out the Waggin' schedule to see where its next appearance will be! View The Waggin' Schedule

Careers in Animal Welfare: Barks and Arts

Pasadena Humane is located 361 S Raymond Ave. For more information visit: pasadenahumane.org.

Curiosity Rover Is Making Mars Safer for Astronauts

A radiation sensor aboard the spacecraft is providing new data on the health risks humans would face on the surface of Mars.

Could lava tubes, caves, or subsurface habitats offer safe refuge for future astronauts on Mars? Scientists with NASA's Curiosity Mars rover team are helping explore questions like that with the Radiation Assessment Detector, or RAD. Unlike Earth, Mars doesn't have a magnetic field to shield it from the high-energy particles whizzing around in space. That radiation can wreak havoc on human health, and it can seriously compromise the life support systems that Mars astronauts will depend on, as well.

Based on data from Curiosity's RAD, researchers are finding that using natural materials such as the rock and sediment on Mars could offer some protection from this ever-present space radiation. In a paper published this summer in JGR Planets, they detailed how Curiosity remained parked against a cliff at a location called "Murray Buttes" from Sept. 9 to 21, 2016.

While there, RAD measured a 4% decrease in overall radiation. More significantly, the instrument detected a 7.5% decrease in neutral particle radiation, including neutrons that can penetrate rock and are especially harmful to human health. These numbers are statistically high enough to show it was due to Curiosity's location at the foot of the cliff rather than normal changes in the background radiation.

"We've been waiting a long time for the right conditions to get these results, which are critical to ensure the accuracy of our computer models," said Bent Ehresmann of the Southwest Research Institute, lead author of the recent paper. "At Murray Buttes, we finally had these conditions and the data to analyze this effect. We're now looking for other locations where RAD can repeat these kinds of measurements."

A Space Weather Outpost on Mars

Most of the radiation measured by RAD comes from galactic cosmic rays – particles cast out by exploding stars and sent pinballing throughout the universe. This forms a carpet of "background radiation" that can pose health risks for humans.

Far more intense radiation sporadically comes from the Sun in the form of solar storms that throw massive arcs of ionized gas into interplanetary space.

"These structures twist in space, sometimes forming complex croissant-shaped flux tubes larger than Earth, driving shock waves that can efficiently energize particles," said Jingnan Guo, who led a study, published in September in The Astronomy and Astrophysics Review, analyzing nine years of RAD data while she was at Germany's Christian Albrecht University.

"Cosmic rays, solar radiation, solar storms – they are all

components of space weather, and RAD is effectively a space weather outpost on the surface of Mars," says Don Hassler of the Southwest Research Institute, principal investigator of the RAD instrument.

Solar storms occur with varying frequency based on 11-year cycles, with certain cycles bearing more frequent and energetic storms than others. Counterintuitively, the periods when solar activity is at its highest may be the safest time for future astronauts on Mars: The increased solar activity shields the Red Planet from cosmic rays by as much as 30 to 50%, compared to periods when solar activity is lower.

"It's a trade-off," Guo said. "These high-intensity periods reduce one source of radiation: the omnipresent, high-energy cosmic ray background radiation around Mars. But at the same time, astronauts will have to contend with intermittent, more intense radiation from solar storms."

"The observations from RAD are key to developing the ability to predict and measure space weather, the Sun's influence on Earth and other solar system bodies," said Jim Spann, space weather lead for NASA's Heliophysics Division. "As NASA plans for eventual human journeys to Mars, RAD serves as an outpost and part of the Heliophysics System Observatory – a fleet of 27 missions that investigates the Sun and its influence on space – whose research supports our understanding of and exploration of space."

RAD has measured the impact of more than a dozen solar storms to date (five while traveling to Mars in 2012), although these past nine years have marked an especially weak period of solar activity.

Scientists are just now starting to see activity pick up as the Sun comes out of its slumber and becomes more active. In fact, RAD observed evidence of the first X-class flare of the new solar cycle on Oct. 28, 2021. X-class flares are the most intense category of solar flares, the largest of which can lead to power outages and communications blackouts on Earth.

"This is an exciting time for us, because one of the important objectives of RAD is to characterize the extremes of space weather. Events such as solar flares and storms are one type of space weather that happens most frequently during increased solar activity – the time we are approaching now," Ehresmann said. More observations are needed to assess just how dangerous a really powerful solar storm would be to humans on the Martian surface.

RAD's findings will feed into a much larger body of data being compiled for future crewed missions. In fact, NASA even equipped Curiosity's counterpart, the Perseverance rover, with samples of spacesuit materials to assess how they hold up to radiation over time.

For more information visit: mars.nasa.gov/msl/home and visit: nasa.gov/mission_pages/msl/index.html.

Senior Center to Give 250 Free Thanksgiving Meals

During this continuing period of COVID-19 and the Delta variant, many older adults will be alone for the holidays. Many with compromised immune systems will not want to put themselves in harm's way by attending large family gatherings, some may not have family members who live nearby and others may not want to travel.

Staff and volunteers from the Pasadena Senior Center will deliver more than 250 free, traditional Thanksgiving meals with all the trimmings to people 50 and older in Pasadena and Altadena on a first-requested, first-served basis Wednesday, Nov. 24, between 10 a.m. and 1 p.m. Recipients will be instructed to refrigerate the meals and then reheat the food Thursday, Nov. 25 -- Thanksgiving Day.

There is no income criteria. Recipients do not have to be members of the Pasadena Senior Center, and there is a limit of two meals per household.

To request a meal, visit: pasadenaseniorcenter.org and click on Thanksgiving Meal or call (626) 795-4331.

In addition to providing meals, Pasadena Senior Center staff and volunteers will call 2,000 older adults in the Pasadena area to wish them a happy Thanksgiving and assess their physical and emotional well-being.

"The pandemic has disproportionately affected older adults and has created an epidemic of loneliness and isolation, especially for people 65 and older," said Akila Gibbs, executive director of the Pasadena Senior Center. "We want to help ease that loneliness and make Thanksgiving as special as possible this year."

The CDC is not discouraging family gatherings completely this year and yet has special advice for older adults and others who have medical conditions or medications that weaken their immune systems. For more information Visit: cdc.gov.

Catch breaking news at: mtnviewsnews.com

ARCADIA POLICE BLOTTER

For the period of Sunday, November 7th through Saturday, November 13th, the Police Department responded to 917 calls for service, of which 91 required formal investigations. The following is a summary report of some of the major incidents handled by the Department during this period.

Sunday, November 7:

1. At 3:37 p.m., an officer responded to the 00 block of Cabrillo Road regarding a theft from a vehicle report. Sometime between 9:00 p.m. on November 6th and 3:37 p.m. on November 7th, someone entered the victim's unlocked vehicle and fled with stolen credit cards. The victim was able to cancel the cards before they were fraudulently used.

2. At 7:14 p.m., officers responded to a residential burglary in progress in the 1400 block of Oaklawn Drive. The victim was home when she observed a suspect entering her backyard on her surveillance cameras and then heard a window shatter. The suspect was gone by the time officers arrived. The lone suspect may have fled in a mid-2000's white Mercedes-Benz sedan. The investigation is ongoing.

Monday, November 8:

3. At 7:00 a.m., officers were clearing out a homeless encampment in the area of Colorado Boulevard and Second Avenue, after properly notifying the individuals of the Arcadia Municipal Code violation, when they witnessed a methamphetamine pipe located in the suspect's property. The 38-year-old local male transient was arrested and issued a citation.

The officers also noticed thick, white smoke coming from the wash area, adjacent to the encampment. Arcadia Fire responded to help, however, due to the amount of trash and personal property blocking the roadway, the fire engine was limited in its ability to access the area. A 48-year-old transient from Baltimore, Maryland admitted to recently extinguishing the fire. The suspect was arrested and cited for trespassing.

4. At 4:20 p.m., an officer responded to the 11700 block of Clark Street regarding a package theft report. Surveillance footage captured the suspect, a Hispanic male, approximately 25-years-old, steal a package from the business' front porch. The suspect fled in a black Mercedes-Benz Metris van. The suspect was seen wearing a grey sweatshirt, black pants, and had his hair in a ponytail.

Tuesday, November 9:

5. At 9:46 p.m., an officer responded to Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a grand theft report. The victim discovered his catalytic converters had been stolen from his truck sometime between 12:00 p.m. and 9:15 p.m. on November 9th.

Wednesday, November 10:

6. At 4:00 a.m., an officer was flagged down by a resident who just had his kitchen window shattered. The incident occurred in the 100 block of Santa Cruz Road. The victim heard his glass breaking and believes the suspect threw hardened mud at his window. The officer was unable to locate the suspect.

7. At 11:36 a.m., an officer responded to the Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a stolen vehicle report. Surveillance footage captured the suspect hotwire a Yamaha golf cart and drive it away. The suspect is described as a Hispanic male wearing blue polo shirt, blue jeans, and a black baseball hat.

8. At 4:13 p.m., an officer responded to the dental office, located at 611 South First Avenue, regarding a theft from vehicle report. The victim reported that her catalytic converter had been stolen from her Toyota Sequoia between 12:30 p.m. and 1:30 p.m. on November 10th.

Thursday, November 11:

9. At 7:01 a.m., an officer contacted a subject in the area of Huntington Drive and Gateway Drive. A records check revealed the suspect had an outstanding misdemeanor warrant. The 40-year-old male transient was arrested and transported to the Arcadia City Jail for booking.

10. At 2:11 p.m., an officer responded to the Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a theft from vehicle incident. The officer discovered an unknown suspect entered the victim's parked and unlocked vehicle, stole a wallet, and then made fraudulent purchases using the victim's credit card at various stores inside the mall. The investigation is pending a review of the available surveillance footage.

11. At 3:37 p.m., an officer responded to Westfield Santa Anita Mall, located at 400 South Baldwin Avenue, regarding a robbery investigation. An investigation revealed two suspects stole approximately \$950.00 worth of merchandise from Forever 21. As they were exiting, an employee held onto the bags with stolen merchandise when one of the suspects forcefully attempted to retrieve the bag from the store employee, causing the bag to tear. The suspects fled to four-door sedan.

Suspect 1 is described as a Black female, approximately 25-years-old, about 5'7" tall, 130 pounds, with black hair, brown eyes, dark complexion, wearing a black T-shirt, black sweatpants, white socks, and black shoes. The second suspect is described as a Black female, also approximately 25-years-old, 5'7" tall, 130 pounds, wearing a black jacket, black Nike leggings, and white shoes. The investigation is ongoing.

Friday, November 12:

12. At 9:07 a.m., officers responded to the front counter of the Arcadia Police Department regarding a fraud incident. An investigation revealed the victim was befriended by someone claiming to want to help him with investments and market trading. The victim then transferred a large sum of money into banks under the name of the suspect. The victim later discovered the funds had been transferred out of the accounts and realized he had been a victim of fraud. The suspect used WhatsApp to communicate with the victim under the name of "Kit". The investigation is ongoing.

Saturday, November 13:

13. At 9:54 a.m., an officer responded to a residence in the 100 block of West Palm Drive regarding a burglary report. The officer determined someone kicked in a side door in an attempt to enter the home but was unsuccessful as the doorway was blocked by furniture. The officer determined the suspect did not enter the home. The garage door, however, appeared to have been forced open and there were signs of ransacking. The loss is unknown as of the date of this report.

14. At 7:02 p.m., officers responded to the area of East Huntington Drive and Fifth Avenue regarding a notification for the Automated License Plate Reader System (ALPRS) of a stolen vehicle in the area. Officers located the vehicle parked in front of Olive Garden, located at 430 East Huntington Drive, and determined the known suspect had loaned the vehicle to two unsuspecting acquaintances. The two subjects who were driving the vehicle were released and the vehicle was towed.

CITY OF ARCADIA SENIOR SERVICES NOMINATIONS FOR 2021 SENIOR CITIZEN OF THE YEAR

Nomination forms are available at the Arcadia Community Center, 365 Campus Drive and the Recreation Department office, 375 Campus Drive for the 2021 Senior Citizen of the Year!

Do you know someone who is:

- 55+ years of age or older
- A current resident of Arcadia for a minimum of one year
- Contributed to better the Arcadia Community
- Not previously a recipient of the award

If so, please stop by to pick up a nomination form or log onto the City's website at www.arcadiaca.gov and download the nomination criteria and form. Recipient of the award will be honored at the Arcadia Rotary Club Salute to Seniors Luncheon on Tuesday, May 10, 2022 at the Arcadia Community Center. Nomination forms must be submitted to Gina Hernandez, Recreation Supervisor, by Friday, February 18, 2022 by 5:30pm. For more information, please contact Gina Hernandez at 626.821.4328.

FREE FLU VACCINE CLINIC

Arcadia Senior Services in partnership with Methodist Hospital is offering free flu vaccines on Thursday, December 2, 2021 from 9:30am to 11:30am. The flu vaccine being offered to individuals age 50 and over. The flu vaccine will be administered at the Arcadia Community Center, located at 365 Campus Drive, Arcadia 91007. Appointments are required as there are limited number of vaccines. To book an appointment call Arcadia Senior Services at 626.574.5130.

DUARTE POLICE BLOTTER

The following is a synopsis of crimes reported for the week of November 07, 2021 - November 13, 2021.

November 07, 2021

Attempted robbery:
1802 Huntington Drive (7-Eleven). On November 7 at approximately 11:23 pm a male Hispanic adult wearing a blue "Dodgers" hat, blue jeans, and a blue mask was observed brandishing a firearm towards a store clerk at the location. A customer, who did not observe the handgun, but observed the clerk placing cash from the register onto the counter, asked the clerk if he wanted him to call the police, and was told "yes". Deputies responded to the location and detained the suspect outside of the business. Suspect arrested.

November 08, 2021

Burglary (Commercial):
1306 Duarte Road (Don Reyes Restaurant). The victim reported between 11/07/21 at 8:00pm and 11/07/21 8:00am suspect(s) unknown shattered the front glass door to the location and stole the register and its contents and a "Lenovo" tablet. Loss was approximately \$650 and damages at \$500. Video surveillance available.

Burglary (Commercial):

1434 Buena Vista Street (Nissan of Duarte). The victim reported on 11/08/21 between 12:00am and 8:00am suspect(s) unknown gained access to the location through a skylight to the location and stole 28 sets of car keys along with a 2015 2 door blue "Lexus RCF" License #7JLG086. Loss was approximately \$60,000 and damages at \$2,500. Video surveillance available.

Petty theft (unlocked vehicle):

1325 Huntington Drive (Big Lots). The victim reported on 11/08/21 at 3:45 pm a male black adult in his 20's wearing a black sweater and a baseball hat stole unknown items from his unlocked vehicle. Suspect entered a possible tan Buick sedan and fled the area. Unknown loss at this time, no video surveillance available.

November 09, 2021

Burglary (Commercial):
1212 Huntington Drive (El Pollo Loco). The victim reported between 11/08/21 11:45 pm and 11/09/21 7:00 am suspect(s) unknown shattered the drive-thru window to the location and attempted to take money from the empty register, as the register drawer was on the floor and the register knocked over. Approximately \$300 in damages, with nothing reported stolen. Video surveillance available.

November 11, 2021

Aggravated assault:
Duarte Road and Hope Drive. The victim, an employee for City of Hope was working in the area on 11/11/21 at 10:00am when he was struck in the head with an unknown object. The victim observed a female white adult with short blond hair, hazel eyes, wearing a blue and white checkered jacket, black hooded sweater, navy pants, white shoes, and a camouflage backpack running away from him north on Buena Vista Street. Victim was hospitalized at Methodist Hospital. Suspect outstanding.

Grand theft (catalytic converter):

2100 block of Maynard Drive. The victim reported between 11/04/21 12:00am and 11/11/21 10:00am suspect(s) unknown stole the catalytic converter to his 2005 Toyota Sequoia. Loss was approximately \$1,500. No video surveillance available.

ARCADIA ELDER ABUSE ARREST

Report From Arcadia PD

On Thursday November 18, 2021, at approximately 9:41 AM, Arcadia Police Officers responded to a battery call in the 400 block of East Camino Real Avenue. The 71-yearold victim was repeatedly punched on her head and face by her adult son.

The victim was transported to a local hospital, and later released, for treatment of non-life-threatening injuries.

Officers attempted to contact the suspect when he was outside the residence, but he refused to comply with the officer's commands and went inside. The suspect eventually exited the residence, and he was taken into custody without incident. At approximately 2:51 PM, the evacuated residents returned to their homes and normal vehicle traffic resumed on Camino Real Avenue.

The suspect is 31-year-old Michael Jonathan Price, who recently returned to the United States from an extended stay in Switzerland. Price was arrested for violation of PC 368(b) (1) – Elder Abuse. Price is being held in the Arcadia Police Department's jail with a bail of \$250,000.

This case is currently under investigation. Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5151, case number 2104614.

If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), use your smartphone by downloading the "P3 Tips" Mobile APP on Google play or the Apple App Store, or by using the website <http://lacrimestoppers.org>.

STARTING A NEW BUSINESS ?

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MONROVIA ROUTE 66 MARKINGS

Our street maintenance department has begun painting roadway markings along the City stretch of the historic U.S. Route 66! Staff began their work on Fifth Avenue and will work their way west to Mountain Avenue over the next couple of days.

The route was established November of 1926 as the first all-weather highway linking Chicago to Los Angeles! Unlike other highways, Route 66 was the shortest highway that reduced the distance between the Midwest and the Pacific Coast. Many of our Foothill cities are part of the historical route including our very own Monrovia!

CITY OF MONROVIA

Holiday Parade

The City's Holiday Parade is set to begin at 7:00 p.m.
The parade travels north on Myrtle Avenue from Chestnut Avenue to Palm Avenue.
If you're interested in submitting an entry to the Parade, please contact the Monrovia Community Center for more information.

We also thank our partners, the Monrovia Old Town Merchants, who have sponsored the Holiday Parade for many years. Come out and join us for this fantastic community event! If you have any questions, please contact the Community Center at (626) 256-8246.

SAVE THE DATE • DECEMBER 2ND

SCHOOL DIRECTORY



BETHANY CHRISTIAN SCHOOL HONORS VETERANS WITH VETERANS DAY CHAPEL

On Thursday, November 11 Bethany Christian school students, faculty, staff and guests joined together to honor and celebrate our veterans. Six veterans with grandchildren at Bethany participated as honored guests. The chapel program featured a presentation of the colors by Blair High School's ROTC led by First Sergeant Benaiah Hicks. The color guard was followed by a dramatic reading by the 8th grade class of John McCrae's In Flanders Fields. Next the Bethany Lions Choir sang a host of patriotic songs. Bethany Christian School principal, Dr. Bill Walner, shared from his heart about the meaning of the day, and what incredible privileges we have as a nation because of those that serve to protect our freedoms. The chapel was followed by a receiving line in which students were able to greet and salute our veterans. For more information on Bethany Christian School visit www.bcsclions.org or call (626)355-3527.



Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Julia V. Fanara
E-mail address: jfanara@alvernoheights.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Dr. William Walner
website: www.bcsclions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
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(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
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(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
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(626) 351-8951 website: www.lasallehs.org
Principal Dr. Jamal Adams

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson

Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
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(626) 396-5880 Principal: Roberto Hernandez
website: <http://phs.pusd.us>

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Principal: Adela Solis (626) 355-6114
solis@st-ritaschool.org
Website: www.st-ritaschool.org

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(626) 355-1428 Principal: Lindsay LUIS
E-mail address: LUIS.lindsay@pusd.us

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160 N. Canon Sierra Madre, Ca. 91024
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(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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(626) 396-3600 Website: www.pusd@pusd.us

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(626) 821-8300 Website: www.ausd.net

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(626) 471-2000
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(626)599-5000
Website: www.duarte.k12.ca.us

Arcadia Christian School
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626-574-8229/626-574-0805
Email: inquiry@acsclions.com
Principal: Cindy Harmon
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PUSD Vaccination clinics for 5-11 year olds only are planned for November 22, 23, and 24 from 9:00am - 11:00am at the McKinley School Gym, right across the street from the PUSD Education Center.

Appointments for these dates are limited and can be made through myturn.ca.gov. Please use the same site to find a community vaccination clinic for students who are 12 and older.

We plan to offer opportunities for the first dose before Thanksgiving and the second dose three weeks later which will allow our students to be fully vaccinated before they return from winter break. www.pusd.us/vaccine



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I love all of the different foods that make up our family feast on Thanksgiving. The Pilgrims, however, had few choices for foods when they sailed to America on the Mayflower. There was salted beef, pork, fish and hardtack (a dry biscuit). It is thought that they had dried peas, beans, cheese and some butter, too. They had some fresh water when they started out, but it didn't take long for it to spoil.

Whew! That makes me extra thankful for Mom's and Dad's great cooking.

Grandma helped me to bake this pie!

Thanksgiving at Forest's home is a big event that his family, friends and neighbors look forward to all year. Read the clues below to see how they get ready and the things they do. Fill in the puzzle to see the secret word.

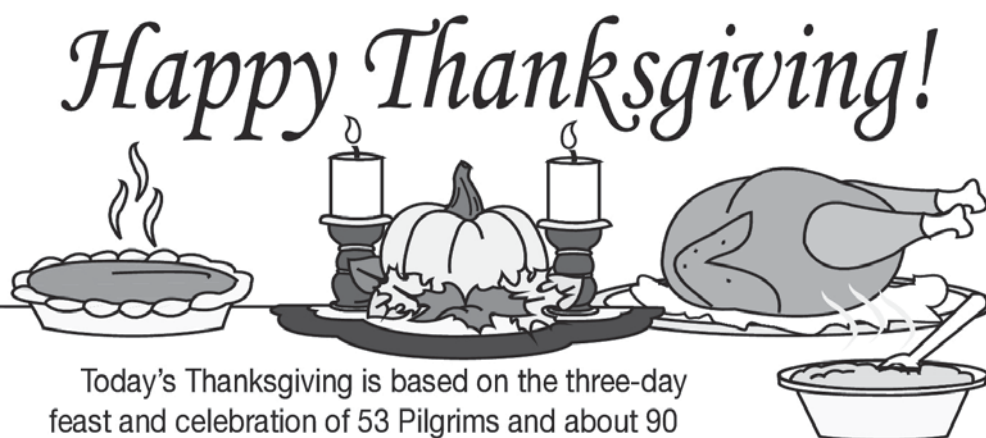
- _____ with our family and friends
- _____ our homes
- _____ football
- _____ loved ones across many miles
- _____ a centerpiece for your table
- _____ a large dinner at a shelter
- _____ thanks for all we have
- _____ and helping an elderly person
- _____ food to the birds
- _____ and drawing your family tree
- _____ of people who have helped us
- _____ canned goods for the hungry



Psssst!

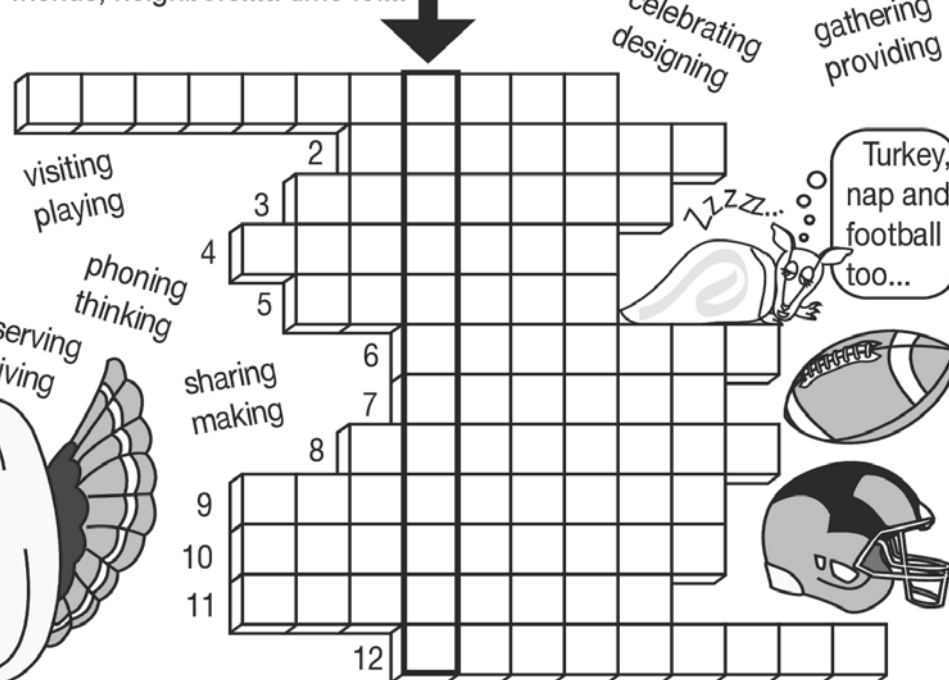
Hey, you! Let me know when the Thanksgiving feast is done.

Find a piece of paper and a pencil. How many words can you make using the letters from the word Thanksgiving?



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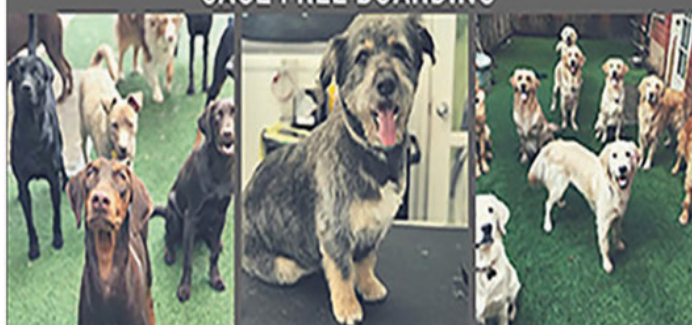
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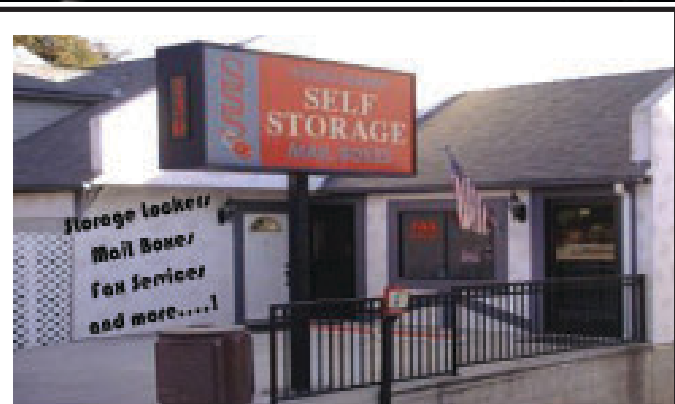


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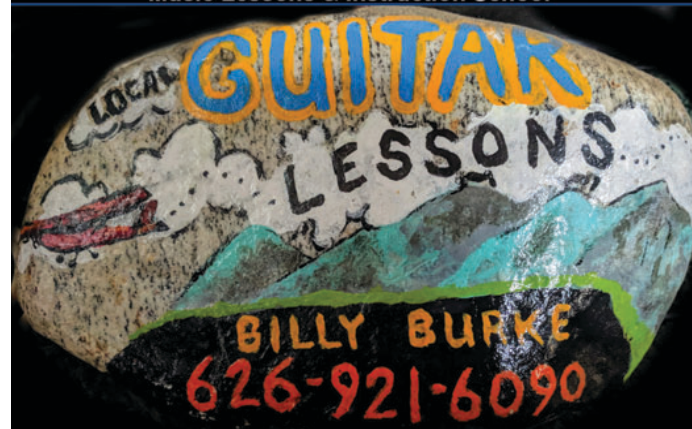
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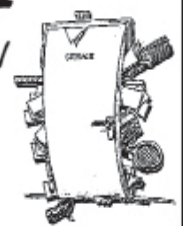
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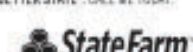
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THANK YOU FOR SUPPORTING YOUR LOCAL NEWS!

As we approach the beginning of our 16th year, the challenges remain. Tariffs continue, costs are escalating and the economic impact of the Pandemic is not over - things are not 'back to normal'.

We hope that you we can look forward to your help in the future.

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HOW TO HELP YOUR OVERMEDICATED PARENT

Dear Savvy Senior:
My 75-year-old mother is currently taking 16 different prescription and OTC medications and I'm worried she's taking way too many drugs. Can you suggest any resources that can help us?
Worried Daughter

Dear Worried:
Unfortunately, millions of older Americans are taking way too many medications day, which raises their risk of dangerous side effects and drug interactions.

According to the American Society of Consultant Pharmacists, people aged 65 to 69 take an average of 15 prescriptions a year, and those aged 80 to 84 take 18 prescriptions a year. And that's in addition to the myriad of over-the-counter drugs, herbal remedies, vitamins and minerals they may take, any of which – alone or in combination – could cause more problems than they cure.

Even when older patients are taking only necessary and effective drugs, the dosages need a second look. As patients age, they tend to metabolize drugs more slowly, meaning the dose that was perfect five years ago may now be too high, perhaps causing dizziness and falls. Doses need to be continually adjusted with age, and most of the time that doesn't happen.

Get a Drug Review

If you have concerns or questions about the medications your mother is taking, gather up all her pill bottles, including her prescription and over-the-counter drugs as well as vitamins and supplements, put them in a bag, and take them to her primary physician or pharmacist for a comprehensive drug review.

Medicare provides free drug reviews with a doctor during annual “wellness visits,” and many Medicare Part D prescription-drug beneficiaries can get free reviews from pharmacists, too.

At the drug review, go through each medication and find out if there are any duplicate meds or dangerous combinations your mom is taking, and if there are any drugs she could stop taking or reduce the dosage. Then, make a medication master list and keep it updated so it can be easily be shared whenever your mom sees a doctor.

To help with this, AARP offers a free “my personal medication record” form that you can download and print at AARP-medical-record-form.pdfFiller.com. Or, if your mom uses a smartphone, she can use a pill tracking app like Medisafe - Pill & Med Reminder (MyMedisafe.com).

Other Tips

If possible, your mom should also use a single pharmacy to fill all her prescriptions. The software that pharmacies use to manage patient prescriptions is designed to cross reference all medications a patient is taking to ensure that there are no drug interactions that could cause harm.

Also, the next time your mom's doctor prescribes a new medication, she should ask about nondrug treatment options that might be safer. If the drug is indeed necessary, she needs to find out how long she's supposed to take it and the side-effects it can cause.

Another good resource that can help keep your mom safe is the American Geriatrics Society, which has identified 10 different types of medications that people 65 and older should almost always avoid because of the risk of serious side effects. They include the anti-anxiety drugs diazepam (Valium) and alprazolam (Xanax), and sleep drugs such as zolpidem (Ambien) and eszopiclone (Lunesta). To see the complete list, visit HealthInAging.org and search “10 medications older adults should avoid.”

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.

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FAMILY MATTERS

By Marc Garlett

ESTATE PLANNING MUST HAVES FOR PARENTS – MORE THAN BASIC DOCUMENTS

A comprehensive estate plan can protect what matters most to you -- everything you own and everyone you love.

Obviously, this includes providing for the care of your children as an essential part of your plan and peace of mind. But many parents struggle with provisions such as naming a legal guardian for their child in their plan. Even the fictional parents in the popular television sitcom Modern Family struggled with this issue in one episode. While Jay and his new and much younger wife Gloria agonized and argued about who they should name as a legal guardian for their children, their children were left at risk of a judge – a stranger – ultimately making that decision for the family. Not ideal, under any circumstances.

So if you are the parent of a minor child, stop what you're doing and take a few minutes to consider: if both you and your child's other parent were to become incapacitated or die right now, who would step forward to care for your child? Would that be who you would want to raise your child if you could not? Is that the same person you would want to take care of the financial assets you are leaving behind?

And, what about the short-term? Have you named first responders and granted them legal authority to take immediate custody of your child if something happens to you? If not, even if you have named legal guardians, your child could be taken into foster care if something happens to you, while the legal guardians go through the court process to secure custody.

Unfortunately, even if you have made those hard decisions and named legal guardians in a Will, your kids could still be at risk, because Wills do not go into effect when you become incapacitated, or if your named guardians all live far from your home, and it wouldn't protect against anyone who may challenge your decisions. You want to ensure your kids are raised by the people you want, in the way you want, never taken into the care of strangers (even temporarily).

Don't settle for rudimentary estate planning documents. They won't specifically address the needs of a family with young children. A comprehensive plan which protects young kids should not only name a legal guardian for your child outside of your Will so it works even during incapacity, but it should also ensure your child's care is fully provided for, in the short-term and the long-term, financially, physically, and emotionally, no matter what.

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 55 Auburn Avenue, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...November Birthdays* Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, Lois Stueck, Jean Wood, Shirley Yergeau, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg, Mary Bowser, Susan Clifton, Mary Higgins, Kim Buchanan, Leigh Thach and Sue Quinn, Jill Girod, Pat Krok, Jeanne Martin.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

SENIOR ACTIVITIES IN SIERRA MADRE

City Hall and the Hart Park House will be closed Thursday, November 11, 2021 in observance of Veterans Day and Wednesday, November 24– Friday, November 26, 2021 in observance of the Thanksgiving holiday.

THE HART PARK HOUSE SENIOR CENTER IS OPEN!!!!

In house lunch dining service will not resume at this time. Access to the computer/classroom is temporarily unavailable. All Classes and programs will maintain a distance of 6 ft between participants. All equipment used will be sanitized after each use before it is stored. Each participant is responsible for providing their own water, masks and additionally needed supplies for each class. Please call the Community Services Department at 355-7394 with any questions or concerns.

DOMINOES TRAIN GAME

Wednesday, 11/17, 11:00 am— 12:30 pm Hart Park House The object of the game is for a player to play all the tiles from their hand onto one or more trains, emanating from a central hub or “station”. Call Lawren with questions that you may have. Led by volunteer Loni.

PAINT PALS

Tuesday, 11/16, 10:00 am—Hart Park House If you enjoy painting, sketching, water color, or making some other form of artistic creation please join our new program, PAINT PALS!!! Bring a project that you are working on to the HPH and enjoy some quality art time with other artists looking to paint with a new pal.

TEA AND TALK SENIOR BOOK CLUB

Wednesday, 11/10 & 11/23— 9:00 am Staff has launched a new book club series, Tea and Talk, which meets twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection will have in store!

FIBER FRIENDS

Tuesday, 11/9 & 11/23—10:00 am If you enjoy knitting, crocheting, embroidery, needlepoint, bunka, huck, tatting or cross stitch then we have a group for you! Bring your current project, a nonalcoholic beverage, then sit and chat with like-minded fiber friends. We meet in the Hart Park House

CHAIR YOGA

Every Monday and Wednesday, 10-10:45 am Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in the Memorial Park Covered Pavilion.

HULA AND POLYNESIAN DANCE

Every Friday, 10-10:45 am Bring a lei, your flower skirt or just your desire to dance! Hula in the Park is back and waiting for you to join in on all the fun! Memorial Park Pavilion.

Please call Lawren Heinz with any Hart Park House Senior Center program questions or to reserve your spot in classes that have limit space. (626) 355-7394 or send an email to lhein@cityofsierramadre.com

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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

THANKSGIVING QUANDRY: Roast Turkey or Lame Duck?

My father used to tell me anything worth doing was worth doing right the first time. If you have time to do it the second time, you have time to do it right the first time.

As fathers go, he was right. It seems most people have not learned this lesson, least of all politicians who are supposedly serving the interests of their constituency. I know there are good politicians in America today. Nobody seems to know who they are, though.

The reason I have been thinking about this is I'm sitting here indulging in the delicate aroma floating in from the kitchen where the Gracious Mistress of the Parsonage has begun her ritual of roasting the Thanksgiving turkey. I say turkey, but really, she is roasting three turkeys. One is for our family Thanksgiving dinner and the other two are for the church Thanksgiving dinner.

Somewhere along the line, probably years before she met me, she learned the magnificent secret of doing things right the first time. Not like some people we hear about these days who don't have time to do it right the first time, but seem to have plenty of time to do it over and over again, sometimes four times.

Anything worth doing right the first time demands planning. If anyone knows planning, it certainly is my wife. If things were left up to me, nothing would ever get done. I plan to learn how to plan someday, but my plans seem to have fallen apart.

In our home, it begins about the middle of October when my wife says rather pensively, "Let's see. Thanksgiving is about five weeks away. Should we have a turkey this year?"

I can never tell if this is a real question, a rhetorical question or if she is trying to set me up for something. Believe me; I've been set up so many times I have a hard time lying down. For the first hundred years of our marriage, I always said, turkey. After all, what else do you have at Thanksgiving time?

However, this year was a little different. When I responded with my usual answer she said, "But we've had turkey for years. Aren't you growing bored of turkey?"

If there's one thing I don't ever get tired of it's turkey. You can do so many things with turkey. There is roast turkey, sliced turkey sandwiches, turkey salad and turkey soup just to name a few.

The only problem at our house is, the turkey rarely survives the first day, which is a tribute, not so much to our consumption as a family as to the genius of the family chef. I have often wondered what turkey soup really tastes like.

This expertise in the direction of the Thanksgiving roast turkey did not come without cost. It took years for my wife to master the

art of roasting a turkey. Unfortunately, much of this practice was on Yours Truly. She has been roasting me for years and still complains that I'm not quite done yet. That really burns me up.

Only last week she complained I was a little hard on the outside and rather soft on the inside. I was tempted to shift the blame on her but when it comes to this area; I am more of a lame duck than a finely roasted turkey. My philosophy is along these lines; I'd rather let things happen and then try to adjust to the consequences.

My good wife is of the opinion that you create your own consequences. Moreover, when she says this she is usually looking at me a little askew.

"Don't you know that the Thanksgiving Turkey does not roast itself?"

Being the lame duck I am, that thought never played with my mind. I have always enjoyed the results of the roasted turkey without a thought about how it got to my table.

While I was enjoying the aroma of the turkey roasting in the kitchen, I came up with several suggestions along these lines.

First, I need to find things that are worth doing in the first place. How much time I have wasted on things not really worth my time or effort is beyond my computation. Like my wife, I need to be a little more picky about the things I choose to do. Not everything is worth my time.

Second, those things worth doing certainly deserve my best efforts. If I have to redo something, it means I'm not putting my best effort into the project. And at my age, I don't have time to waste on things that are not worth my best effort.

Third, there is no finer satisfaction than a job well done.

I never understood that until recently. In the middle of our Thanksgiving dinner when everybody is enjoying the food and complementing the chef, my wife is sitting in her chair smiling. I never really knew why until now.

This must be how our heavenly Father felt with Jesus at his baptism. "And the Holy Ghost descended in a bodily shape like a dove upon him, and a voice came from heaven, which said, Thou art my beloved Son; in thee I am well pleased." (Luke 3:22).

The best way to celebrate Thanksgiving is to recognize the wonderful work God has done for our salvation, which did not come without the ultimate cost, the sacrifice of His Son. This was done once and for all.

Dr. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL 34483

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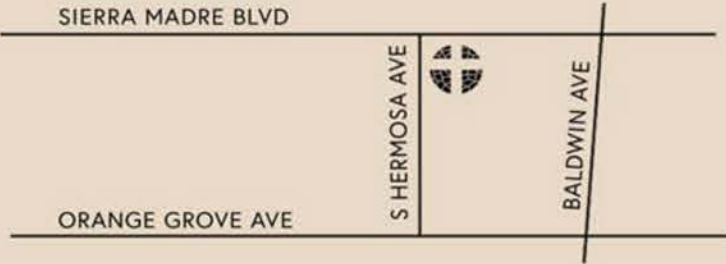


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SECTION B

CALTECH SET TO REPLACE CONTROVERSIAL NAMES TIED TO EUGENICS MOVEMENT

The Caltech Board of Trustees, in accord with recommendations from President Thomas Rosenbaum, the Committee on Naming and Recognition (CNR), and the Ruddock House Renaming Committee, approved last week new names to replace those on campus assets and honors that previously memorialized individuals affiliated with the eugenics movement: Caltech Hall (formerly the Robert A. Millikan Memorial Library) The Lee F. Browne Dining Hall (formerly the Harry Chandler Dining Hall) The Judge Shirley Hufstедler Professorship (formerly the Robert A. Millikan Professorship) The Edward B. Lewis Professorships of Biology (formerly the Albert Billings Ruddock Professorships of Biology) Grant D. Venerable House (formerly Ruddock House)

In a message to the community, November 8, Rosenbaum, holder of the Sonja and William Davidow Presidential Chair and professor of physics, said that the changes "underscore our continuing commitment to cultivate a thriving, supportive, and inclusive community of scholars."

This move follows the previously authorized renaming of what was the Linde + Robinson Laboratory as the Ronald and Maxine Linde Laboratory for Global Environmental Science. It also comes after the completion of a series of legal and procedural steps. This included efforts by Institute leadership to connect with at least one descendant, sometimes multiple descendants, of the donors who were previously memorialized through established gift agreements and actions taken in the courts of California to remove any such naming requirements. On April 9, Caltech filed with the Los Angeles Superior Court petitions seeking to remove naming restrictions and, on August 27, the court granted Caltech's petitions, allowing the Institute to proceed with renaming.

The new names reflect the recommendations put forth by the Committee on Naming and Recognition in its December 2020 report as well as with the more recently convened Ruddock House Renaming Committee,



which was established to advise on renaming the undergraduate residence. All assets that will carry the name of a new individual honor someone who both reflects the institute's values and aspirations and had a direct connection to and impact on the Caltech community.

The institute is updating the names of all relevant assets online, and, as Rosenbaum noted to the community, will commence the process to replace all physical building signage while at the same time "continuing to record Caltech's history in all its dimensions and tell its story fully."

"I am grateful to the many members of the Caltech community who have come together to exchange ideas, deliberate about Caltech's past, and seek a future that reflects our highest ideals," Rosenbaum said.

The new name "Caltech Hall," given to the most prominent building on campus (pictured above), recognizes "generations (past, present, and future) of faculty, postdoctoral scholars, researchers, alumni, students, and staff who contribute to the institute and to society," Rosenbaum explained in his message.

This designation was recommended by the CNR in its report and described as "a manner of signaling Caltech's aspiration to be an inclusive community."

Millikan was Caltech's first Nobel laureate, winning the prize for physics in 1923, during his tenure as Caltech's first president.

Millikan was long affiliated with the Human Betterment Foundation, a eugenics organization established in Pasadena in 1928. The archives of the foundation are stored at Caltech.

FROM LA COUNTY HEALTH:

UNVACCINATED ADULTS AT SIGNIFICANTLY HIGHER RISK FOR HOSPITALIZATION THAN THOSE VACCINATED

As of October 29, unvaccinated adults 50 and over were more than 12 times more likely to be hospitalized than vaccinated adults over 50, with a rate of 162 hospitalizations per 100,000 unvaccinated people compared to 12.7 hospitalizations per 100,000 vaccinated people. The hospitalization rate among younger unvaccinated adults between 18 to 49 years old is 20 times higher than among vaccinated residents in the same age group (39 hospitalizations/100,000 unvaccinated people vs. 2 hospitalizations/100,000 vaccinated people).

Among those who are fully vaccinated and hospitalized, the median age is 66 and 54% of those hospitalized had three or more comorbidities. Unvaccinated individuals that are hospitalized are younger (median age is 54) and in better health (28% had 3 or more comorbidities) than those hospitalized who are fully vaccinated.

"To the many families who are experiencing the profound sorrow of losing a loved one to COVID-19, we wish you peace and send you our love and prayers," said Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "As Thanksgiving approaches, those still not fully vaccinated need to take extra precautions. With relatively high rates of community transmission, unvaccinated young people are vulnerable to becoming infected and spreading infection to others creating additional risk for holiday gatherings. Don't inadvertently host COVID this Thanksgiving. If you aren't vaccinated, get tested and stay masked if you are around non-household people this Thanksgiving."

Anyone five years and older living or working in L.A. County can get vaccinated. Vaccinations are always free and open to eligible residents and workers regardless of immigration status. Appointments are not needed at all Public Health vaccination sites where first, second, and third doses are available.

To find a vaccination site near you, make an appointment at vaccination sites, and much more, visit: www.VaccinateLACounty.com (English) and www.VacunateLosAngeles.com (Spanish). If you don't have internet access, can't use a computer, or you're over 65, you can call 1-833-540-0473 for help finding an appointment, connecting to free transportation to and from a vaccination site, or scheduling a home-visit if you are homebound.

COVID-19 Sector Protocols, Best Practices, COVID-19 Vaccine Dashboard, COVID-19 Surveillance Interactive Dashboard, Recovery Dashboard, and additional actions you can take to protect yourself, your family and your community are on the Public Health website, www.publichealth.lacounty.gov.

COVID 19 ONE YEAR LATER: WHERE WE ARE NOW 11/19/21 VERSUS (THEN) Cases/Deaths are still occurring especially among the unvaccinated.

Location	Cases 2021 (2020)	Deaths	% Vaccinations
LA County	1,515,3246 (N/A)	26,949 (N/A)	81.3% Seniors 95.1%
Arcadia	3,489 (595)	149 (39)	85.3%
Altadena	4,188 (796)	81 (18)	81.2%
Bradbury	42 (19)	0 (0)	68.6%
Duarte	2,829 (626)	100 (31)	82.5%
Monrovia	4,143 (848)	85 (42)	80.4%
Pasadena	13,763 (2,819)	364 (129)	84.8%
Sierra Madre	677 (87)	13 (3)	85.5%
So.Pasadena	1,765 (319)	48 (26)	89.1%





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The Chef Knows *By Peter Dills*

My dear ol' departed father told me time and time again "Don't argue sex, politics or religion, you'll never win". Well, the holidays are here and we will be spending time with loved ones... and the loved ones who get on our nerves. My politics are simple: I don't share my views at social events, and I'm not going to change my 85-year-old uncle who swears by Fox News so bottom line keep your lip tight if you must ask questions learn and don't react.



Here are a few more of my "get along during the Holidays" tips...

- Ask for help, but don't expect it. Families are never fair. Work is never equally divided. That's just the way it is. I am always prepared to do everything, but very happy not to. Wasting time being mad because one person tends to just sit around ruins the whole experience for everyone.

- Don't try to be right about everything. Getting the family together can be a toxic experience when someone insists on being the winner in an argument or thinks he or she is right about everything....of course, I am right about everything, but that doesn't mean I have to rub it in their faces.

- Try not to criticize. Nothing is more hurtful or hard to watch than someone criticizing someone else in front of others. Whether it's your kids or your spouse or your sister, holidays are a time to suspend critical thinking and just surrender to holiday spirit. If you need to discipline a child, please take the child to a quiet corner or another room and speak respectfully.

- Enjoy yourself. If you are doing all the work, make sure you sit down and take breaks and talk to people...so what if dinner is a little late? I like to spend a little one-on-one time with each person present—to take the conversation at least a tiny step further than just "How are you?"

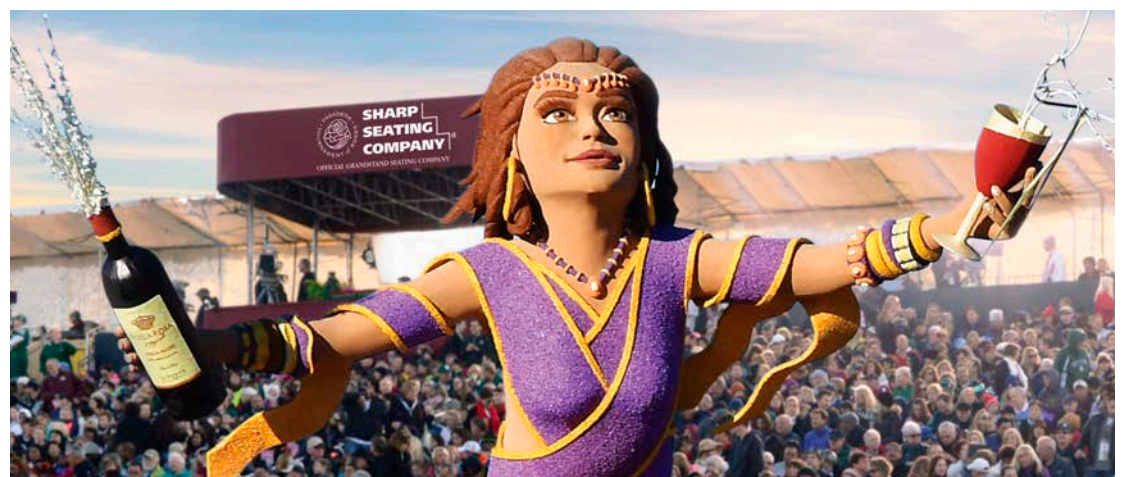
- Lay off the liquor. I haven't had a drink in 10 years. And I don't serve alcohol in my house. It's amazing how much happier my family dinners turn out when no one's crying or acting out after drinking too much. I don't get upset when people bring their own wine to a dinner at my house—but the fact that they might be the only ones drinking seems to help them stay in control.

- Remember, we are all going to turn into our mothers/fathers one day. The very things that drive us crazy about our parents and relatives are probably hard wired into us, too. It's just harder for us to see it in ourselves, since we are looking at the world from inside of ourselves.

You probably have your own game plan, so if you have holiday survival tips of your own, feel free to share with me, and tune in this Sunday Night at 5 PM for my Foodie Talk Show AM 830 KLAA - the Angels Radio Station

One last thing: please bring something to the party. Even if the host says they have things covered, there never is enough ice or plates. Pro Tip: don't bring an entrée unless asked - I learned the hard way on that one

Happy Thanksgiving!



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EDITOR'S NOTE: Over the years, we have shared with you favorite recipes submitted by contributors, their families, supporters and well wishers. Some of our friends are no longer with us, but their culinary legacy still stands! We hope you will try at least one recipe. They are are really, really good!

Mary Lee's (Dean Lee's Mother)

Sausage Appetizers

Also makes great sandwiches the next day !

Ingredients

Refrigerated dinner rolls (10 in a tube)
Farmer John sausage links (cut in half or thirds)
butter on top

Directions:

Take rolls and flatten separately with hand or rolling pin
Put link in half of flat dinner roll
(if using thirds spread sausage to cover roll)
Fold over and seal edges by pinching
Put 10 in ungreased cake pan
Bake 350 degrees/20 minutes until top is golden brown

Enjoy

Richard Garcia's

Cranberry-Pomegranate Sauce

1 1/2 pounds fresh or frozen cranberries (6 cups)
2 cups sugar
1 cup pomegranate juice
2 cups fresh pomegranate seeds

Directions

In a medium saucepan, combine the cranberries with the sugar and pomegranate juice. Bring to a simmer and cook over moderate heat, stirring occasionally, until most of the cranberries have burst, about 10 minutes. Scrape the cranberry sauce into a medium bowl and let stand until cool, about 2 hours. Fold in the pomegranate seeds and serve the sauce chilled or at room temperature.

Pat Ostrye's Non-Recipe Turkey(The Best)

My recipe would be that my husband always fixed the turkey. I really don't know how it began but, even when we had turkey a lot through the years, he always fixed it. So when he died 21 years ago, the men in the family thought I didn't know how to do it, which was fine with me. So, for this Thanksgiving, the family is going to Martin's in Arcadia. He is the youngest who was 27 when his dad died in October of '88. A few days before Thanksgiving that year he called to say he had the turkey but where should he fix it since he had a small apt in Arcadia at that time. Two of his sisters helped him do it and they brought it all to my sister-in-law's because I was living in Escondido yet, moving back to the area the first of that year. That Christmas, the oldest son took care of it, buying and fixing 2 turkeys. As long as the family doesn't run out of men, we have it made.

Dixie Countant's Easy Anti-marshmallow Yams

For those of us who don't like marshmallow on our yams, here's the family recipe for Candied Yams.

Ingredients:

Yams or sweet potatoes Butter Light Brown Sugar

Buy as many yams as you need depending on how many people are coming to dinner. I plan two medallions per person if I'm doing a full-blown dinner with all the trimmings.

Wash and slice yams (or sweet potatoes) into one-inch medallions. Steam medallions until barely done. (Not too soft) Skin the medallions by gently cutting the skin and lifting - it will almost fall off.

Arrange medallions in baking dish. (They can touch, but don't stack them) Put a small pat (aprox 1/4 tsp of butter on top of each medallion. Sprinkle light brown sugar over medallions. Cover and bake in 350 oven for 1/2 to 1 hour.

Mary Carney's Confetti Stuffed Mushrooms

Thanksgiving Potluck Vegan-style Mushrooms

1-1/2	#	Mushrooms, Brown or Cremini: Separate into caps & stems.
1/3	cup	Celery, 1/8" dice
1/3	cup	Carrots, 1/8" dice
1/3	cup	Baby Bell Peppers - Yellow, Orange, Red - 1/8"
1-1/2	Tbsp	Extra Virgin Olive Oil
3/4	cup	Vegetable Broth, divided
1/4	cup	Apricot, Peach, Orange or Blackberry Brandy
3/4	tsp	Lindberg Porterhouse & Roast Seasoning (from Taylor's)
1	cup	Parsley, Finely Chopped
2	Tbsp	Lemon juice (fresh)
1	cup	Bread Crumbs - slightly dry
1/4	cup	Pecorino-Romano Crumbled Cheese

Clean Mushrooms. Remove Stems, set caps in lightly greased baking pan with holes up.

Dice mushroom stems into 1/8" bits.. You should have 2 cups diced mushroom stems. If not enough, add more mushrooms (if you have them) to make 2 cups.

Put olive oil & 1/2 cup broth in sauté pan, turn heat to medium. Add Seasoning. Add celery and carrots. Layer with diced mushrooms, then diced peppers. Cover and cook slowly about 5 minutes, stirring once to ensure mushrooms and peppers get mixed with broth.

Add Parsley. Simmer another 5 minutes. Taste and add more seasoning if needed. Remember - adding breadcrumbs will soften flavor intensity.

Drain broth from sauté pan into cup.

Add remaining broth with brandy and lemon juice to mushrooms, and return to heat until broth boils. Drain this liquid also into the cup. Reserve.

Add breadcrumbs and grated cheese to drained mushrooms. Mix well. If very dry, add 1 - 2 tablespoons of reserved broth.

Stuff mushroom caps. Place neatly in greased table-ready stove top / baking dish. Carefully spoon some of the reserved broth into the dish;

Simmer gently for 5 minutes ... Add more mushrooms as the others shrink. Simmer another 5 minutes & repeat. When adding the last mushrooms, drizzle any remaining broth lightly over all the mushrooms' stuffing for the final cooking.

Remove from heat and let cool. Serve room temperature. Or chill, and reheat just before serving. More fun to stuff the mushrooms with someone else - for sociability - after all, thanksgiving and social are what it's all about.

Paul Neiby's* CORN BREAD DRESSING

Ingredients:

2 - 6 oz. bags Mrs. Cubbison's Seasoned Cornbread Stuffing Mix
1 cup chopped, raw white onions
1 cup chopped raw celery
10 dried apricots cut into pieces
4 oz. Walnuts (they can be bought in a bag of about that size

6-8 oz. Sausage, sauteed brown, defatted & crumbled. (Jimmy

Dean brand sage flavored is good
2 cups heated Chicken Broth
4 tbsp. butter melted in with 1 cup of the chicken broth

Directions:

Toss the vegetables and stuffing mix in a bowl. Add 1 cup of the heated broth with the melted butter and toss again. Load lightly in a greased covered casserole and bake for 45 minutes in a 350 degree oven. Half way through, pour the additional cup of chicken broth over the dressing.

This recipe is modified from the one that appears on the Cubbison pack by the addition of the sausage, apricot, and walnuts. The additional broth added half-way through the baking, makes the dressing moist enough but still light and discreet.

Also from Paul Neiby:

CREAMED PEARL ONIONS

Ingredients:

Onions, small pearl as needed
Milk, butter,flour, Worchestshire Sauce, Cayenne , Salt & Pepper

Directions:

Trim the bottoms of the onions but otherwise leave them unpeeled. Drop into boiling water for 3-5 minutes. Drain and peel when cool. Reserve the onion water.

Make a medium white sauce (2/2/1) using half milkd and half onion water. You may make a Mornay Sauce by adding shredded cheddar if desired. Flavor with Worchestshire, Cayenne and salt and pepper. The sauce should be fairly thick as the cooking onions will add liquor.

Pour the sauce over the onions in a casserole and bake covered in a medium oven for 30-40 minutes.

*The Mountain Views News exists in part because of the support of Paul and Louise Neiby. Paul is no longer with us and I miss him greatly, especially this time of year when we would argue about whether he was the better cook. These were two of his favorite Thanksgiving recipes.

From the Pen & Kitchen of Deanne Davis:

Thanksgiving Day Breakfast

The festive bird is stuffed and in the stove, the potatoes are boiling for mashed potatoes, you've said the gravy prayer (please, Gravy Deity, let it be smooth this year). And people are saying, "we're hungry!"

This is not a problem, put down that ladle and in just minutes, you can hand everybody an Eggnog-Brandy Muffin!

If you're truly feeling like Wonder Woman, whack up some bacon and an onion into small chunks, sauté them together, throw in some eggs, scramble it altogether, and serve the Thanksgiving breakfast they'll remember with delight all year long.

Eggnog-Brandy Muffins

2 cups flour
2/3 cup granulated sugar
1 TB. Baking powder
1/2 tsp. Salt
3/4 cup prepared eggnog
1/2 cup brandy
5 TB butter, (unsalted if you've got it...use a little less salt if you don't) melted
1 egg, beaten
1/2 tsp. Grated nutmeg plus a little more for sprinkling on top

Preheat oven to 400 degrees. Grease 12 muffin pan.
In a large bowl mix flour, sugar, baking powder and salt. Add eggnog, brandy, butter, beaten egg and 1/2 tsp nutmeg. Stir only till mixed. DO NOT OVERBEAT or muffins will be rubbery and tough.

Spoon batter into greased muffin cups and sprinkle tops of muffins with nutmeg. Bake about 20 minutes or until tester inserted into center of muffin comes out clean. Remove from tin, butter and enjoy.

They freeze nicely and are probably about 200 calories per muffin.

Happy Thanksgiving!
May your turkey be tender, succulent and juicy, and may somebody who really knows how.. offer to carve it.



GOOD EATS ROAST TURKEY

Recipe courtesy Alton Brown

Prep Time: 15 min

Inactive Prep Time: 7 hr 0 min

Cook Time: 2 hr 30 min

Level: Easy

Serves: 10 to 12 servings

INGREDIENTS

1 (14 to 16 pound) frozen young turkey

For the brine:

1 cup kosher salt

1/2 cup light brown sugar

1 gallon vegetable stock

1 tablespoon black peppercorns

1 1/2 teaspoons allspice berries

1 1/2 teaspoons chopped candied ginger

1 gallon heavily iced water

For the aromatics:

1 red apple, sliced

1/2 onion, sliced

1 cinnamon stick

1 cup water

4 sprigs rosemary

6 leaves sage

Canola oil

DIRECTIONS

2 to 3 days before roasting:

Begin thawing the turkey in the refrigerator or in a cooler kept at 38 degrees F. Combine the vegetable stock, salt, brown sugar, peppercorns, allspice berries, and candied ginger in a large stockpot over medium-high heat. Stir occasionally to dissolve solids and bring to a boil. Then remove the brine from the heat, cool to room temperature, and refrigerate.

Early on the day or the night before you'd like to eat:

Combine the brine, water and ice in the 5-gallon bucket. Place the thawed turkey (with innards removed) breast side down in brine. If necessary, weigh down the bird to ensure it is fully immersed, cover, and refrigerate or set in cool area for 8 to 16 hours, turning the bird once half way through brining. Preheat the oven to 500 degrees F. Remove the bird from brine and rinse inside and out with cold water. Discard the brine.

Place the bird on roasting rack inside a half sheet pan and pat dry with paper towels.

Combine the apple, onion, cinnamon stick, and 1 cup of water in a microwave safe dish and microwave on high for 5 minutes. Add steeped aromatics to the turkey's cavity along with the rosemary and sage. Tuck the wings underneath the bird and coat the skin liberally with canola oil.

Roast the turkey on lowest level of the oven at 500 degrees F for 30 minutes. Insert a probe thermometer into thickest part of the breast and reduce the oven temperature to 350 degrees F. Set the thermometer alarm (if available) to 161 degrees F. A 14 to 16 pound bird should require a total of 2 to 2 1/2 hours of roasting. Let the turkey rest, loosely covered with foil or a large mixing bowl for 15 minutes before carving.

Tips For Preparing a Thanksgiving Turkey

For home cooks, preparing a Thanksgiving turkey is a rite of passage. Not only do snafu opportunities abound, but there is added pressure on the holiday to prepare and serve a perfect meal for family and guests.

Whether you're a seasoned Thanksgiving chef, or a newbie in the kitchen, these tips can help eliminate the stress associated with prepping your meal's centerpiece:

Prepare Ahead

It's hard to perfect a turkey when you've got endless side dishes to worry over simultaneously, so accept guests' offers to bring some favorites. Assemble accompaniments to your meal in advance, especially sauces and dips, which actually improve in flavor over time.

Remember, you only have so much space in an oven, so schedule cooking accordingly to ensure everything is ready at mealtime.

Talk Turkey

You may not have aced home economics when you were in school, but the folks at the Turkey Talk hotline are experts in the field. You can get most turkey conundrums solved by giving them a call at 1-800-BUTTERBALL, or by emailing them at talkline@butterball.com.

Work Smart

Maintaining your knives streamlines kitchen operations, especially the formidable task of carving your Thanksgiving turkey.

But knife sharpening doesn't need to be daunting. In fact, every home cook should get comfortable doing this regularly. With the right tools, your knives will last longer, and be safer and more efficient.

Generally, you should hone or polish knife edges after each use and sharpen knives regularly with a high-quality sharpener. Look for a sharpener that offers diversity. For example, Edgeware's adjustable knife sharpeners include coarse and fine sharpening slots for dull and damaged knives and regular maintenance respectively, and are ideal for sharpening a variety of knives from straight edge blades to serrated. For how-to videos and other tips on restoring your knives to their original factory angle, visit www.edgewareproducts.com.

When preparing the Thanksgiving meal, make sure your knives are sharp in the kitchen and to sharpen any knives that will be used to carve your bird at the table. Do this before setting the table so you won't forget.

Getting it Right

The general wisdom is to allot 1 to 1 1/2 pounds of turkey per person. Just be sure your turkey is big enough to provide you with leftovers! There's nothing more satisfying than a turkey sandwich for lunch the day after Thanksgiving.

Ready your bird for the oven by following the National Turkey Federation guideline on thawing: for every 4 1/2 pounds of frozen turkey, thaw for 24-hours in the refrigerator.

You don't need to be Julia Child to master the art of turkeys. By maintaining your kitchen

AUNT CATHERINE'S CORN PUDDING

I almost listed this as My recipe, but then I remembered that I actually got this recipe from my dad's sister and my favorite Aunt Catherine. For whatever reason, we only had this on Thanksgiving and you had to be quick if you wanted a serving. One pass around the table and that was it. (The same can be said for my household today. Susan Henderson)

INGREDIENTS

12 to 13 ears fresh corn, husks removed

1/4 cup sugar

3 tablespoons all-purpose flour

2 teaspoons baking powder

1 1/2 teaspoons salt

Pepper to taste. (You can spice it up with a little Cayenne pepper instead).

6 large eggs

2 cups evaporated milk (I use Half and Half instead but either is good)

1/2 cup butter, melted

DIRECTIONS

Preheat oven to 350°. Get a 13 x 9 baking dish and grease the sides with butter or butter flavored cooking spray - my Aunt did not tell me that!

Cut corn off the cobs into a large bowl (about 6 cups). You can substitute frozen corn if you like but canned corn really is only to be used if there is a blizzard and you cannot get to the grocery store. In a separate bowl or measuring cup, mix sugar, flour and baking powder together.

Next, whisk eggs until smooth then gradually add milk or half and half and butter in a large bowl. Pour the sugar mixture into the bowl with the eggs and continue whisking. Make certain the mixture is smooth and then stir in the corn. Abandon the whisk, use a wooden spoon and stir the mixture so that the corn is distributed evenly. Pour mixture into prepared baking dish and bake at 350° or until you can stick a cake tester in it and it comes out clean. Let it stand about 5 minutes before serving.

CHRISTOPHER Nyerges THANKSGIVING - Revisited from 2014



Thanksgiving has always been my favorite holiday of the year. Even moreso than Christmas. It is our uniquely American holiday where the family gathers, where we remember our roots, we share a meal, and we give thanks.

But look how quickly such simple and profound holidays get perverted. Today, we hardly know what “giving thanks” even means, and so the act of giving thanks is lost on most of us. Newscasters talk about “turkey day,” as if all there was to the day was eating turkey. Interestingly, most folks would not know whether or not they were eating turkey, or eating crow, and most of the time we’re doing the latter, figuratively speaking. Then, when we have barely taken the time to consider the notion of “giving thanks,” we get up early on the following “black Friday” to rush around with the mobs “looking for a good deal” to help us celebrate the consumer-driven commercial craze into which we’ve morphed “Christmas.”

Wow! How did we get here? What can we do about it? Let’s take a moment to look at the roots of Thanksgiving.

In the history of North America, we are told that the first historic Thanksgiving Day was in October of 1621. After a successful harvest that year at the Plymouth colony, there was about a week of celebrations. The local Indians and the colonists joined together, with the Indians generally showing the colonists (mostly city folks) how to hunt for the meal which consisted of fowl, deer, duck, goose, and fish. Corn bread, wild greens, plums, leeks, and many other vegetables (wild and domestic) were shared in this celebration. Interestingly, there is no evidence that wild turkey or wild cranberries (totally unpalatable without cooking and adding sweeteners) were part of the menu.

In fact, some historians question whether or not there were any religious overtones at all on this “first Thanksgiving,” citing such evidence as the archery and firearms games, and the running and jumping competitions, which they say would never be done at religious ceremonies by the Puritans.

Some say that the “first Thanksgiving” was just another Harvest Festival.

What then is it, if anything, that sets the American (and the Canadian) Thanksgiving celebration apart from any of the other myriad of Harvest Festivals?

The pilgrims experienced a severe drought in the summer of 1623. That season, they were totally dependent on wild game and wild plants, and owed their survival largely to the English-speaking Indian Squanto. In their lack, they refocussed upon their real purpose for coming to this new land. They sought to establish a time to give thanks for their spiritual bounty, in spite of the fact that they had no material bounty that year.

A harvest festival implies revelry and fun because of the material bounty; by contrast, a day of thanks is intended to remind us that there is more to life than the physical bodies and material food. The day of thanks is set apart so that we do not lose sight of our spiritual heritage, which is the real bounty.

Both Thanksgiving and the Fourth of July are



the times that Americans have traditionally set aside to reflect upon the concepts of “freedom” and “giving thanks.” The purpose of such special times of reflection is to see how well we have done during the past year, and determine what corrections we should make if we find that we are veering away from our chosen path. It should not be a time of merely “having fun.”

As long as we confuse “giving thanks” with “eating a lot of really good food,” the practical effect is that Thanksgiving today is little more than a Harvest Festival. “Giving Thanks” is a particular attitude which accompanies specific actions. Perhaps sharing our bounty with the needy would be a better Thanksgiving activity than eating large volumes of food. More to the point, perhaps we should use Thanksgiving to give thanks where it is due -- to the American Indians who have become the “forgotten minorities.” Rather than “eat a lot,” perhaps we could send blankets, food, or money to any of the American Indian families or nations who today live in Third World conditions.

To me, the essence of Thanksgiving was the coming together of two cultures, trying to work together under trying circumstances. Yes, they shared a meal. Food sustains us. But it was not about food, per se. They practiced with their bows and guns, a sign of mutual preparedness. And in their own ways, they “prayed to God,” in the ways that were appropriate to each culture. By the way, much has been said about the term “Indian,” supposedly because Columbus thought he was in India when in fact he never got beyond the Carribean islands. But not everyone agrees with that linguistic conclusion. For one, India was not called “Indian” in the late 1400s. Some have suggested that it was the phrase “en Dios” (with God) that Columbus used to describe how the native, who lived simply and were perceived to be “close to God,” was the actual root of the term “Indians.” It is still debated.

There is much to be thankful for on Thanksgiving, whether we give thanks to friends and family, thanks to God, and thanks for our relative bounty.

But we really should not forget our national roots. Don’t just give lip-service thanks to the Native Americans whose land was taken. Rather, find those organizations that are actually providing real assistance to Native Americans in poverty, such as many of those living in the third world conditions so prevalent on today’s reservations. (If you have trouble locating such organizations, contact me and I will make some suggestions).

[Nyerges is the author of “How to Survive Anywhere,” “Foraging California,” “Self-Sufficient Home” and other books. He leads courses in the native uses of plants. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance..com]

Katnip News!



FASHIONABLE “FELIX”

Do take another look at this very handsome boy. Doesn't he look dis-tinguished with his gray coat and white shirt! Felix is a gray (blue) & white shorthair, age 3.



This handsome boy was treated very poorly, when the only home he knew and loved was sold, and "his people" moved away without him! He spent a few nights crying to be let in, to no avail. Luckily, a neighbor reached out, and one of our volunteers went and scooped him up. Felix needs a calm and stable environment, where he can feel safe and loved. He might be best as an only cat or if carefully introduced to another. He's mellow, very sweet, and would love to sleep on your bed. He will become more affectionate daily and will do anything for chin scratches! He's very friendly and also loves to play! Felix will come vetted, tested negative, and flea-free.

Please put in your application for Felix and make this boy feel loved again. www.lifelineforpets.org.

Pet of the Week

BOBA

Twelve-year-old Boba, along with her cat friend Jelly, were brought to the shelter when their owner could no longer care for them. Both cats are super friendly, love being pet, and will meow for attention. Boba will even drool when she’s happy! This sweet senior girl would love a home where she, and Jelly, can get lots of love and cuddles.



The adoption fee for cats is \$100. All cat adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at pasadenahumane.org. Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



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Tyrades! DANNY TYREE

HOW WILL YOU MARK THE 400TH ANNIVERSARY OF THANKSGIVING?



Last year the media went into a frenzy over the 400th anniversary of the Mayflower's arrival in North America, but the festivities were just beginning.

This Thanksgiving marks four centuries since the 1621 harvest festival held by the half of the Plymouth Colony that survived that cruel first winter.

(“Forget corn mazes and hayrides! I’m bobbing for antibiotics!”)

What a milestone! Even though our gaiety may be muted by acknowledgment of the injustices done to indigenous peoples since that fateful shared meal, this still calls for a large-scale commemoration.

Perhaps you could ponder the 400 greatest Thanksgiving-related quotations, such as “Pumpkin spice isn’t everything; it’s the only thing” or “God must have loved the common man, because he made so many ways to re-gift fruitcake” or “Genius is one percent inspiration and 99 percent telling your mother-in-law that your daughter’s sleazy new beau loves anecdotes about bunions and varicose veins.”

Maybe you could reminisce over the 400 greatest Thanksgiving-related song lyrics, such as “Stairway to the upstairs bedroom where the dog has shed on everyone’s coats,” “You can’t always baste what you want,” “Smells like leftovers spirit,” “I still haven’t found the interstate exit I’m looking for,” and “People get ready, there’s a nap a-comin’.”

Maybe you could explore the 400 biggest historical inaccuracies in Thanksgiving pageants. The Pilgrims’ menu and the attire of the Native American guests leap to mind immediately, but I’m sure you can find other examples. (You doubtless always harbored suspicions about Great-uncle Bob’s insistence on using blackface to portray the Wampanoag Nation. And his compliments to the cooks, such as “The cranberry sauce was delectable, and the white meat is superior.”)

How about taking a stab at writing down your 400 favorite Thanksgiving memories? Maybe your fondest recollection is of eating with your cousins at the children’s table and boasting about the time when you would be all grown up and could do whatever you wanted — pending the approval of your future spouse, your employer, an assortment of restraining orders and the doctor who is strangely fixated on head-turning and coughing.

Most importantly, try verbalizing 400 things for which you’re thankful. (I’m preparing to launch a year-round thankfulness spot on my Facebook page, “Tyree’s Tyrades.” Please check it out.)

Yes, despite our problems, we have a lot to be thankful for, including electrical appliances, modern plumbing and vast online resources. I mean, sites such as ancestry.com let you trace your illustrious lineage all the way back to New England’s upper crust, all from the comfort of your parents’ basement.

Let’s not forget that the “dressing versus stuffing” holiday war hasn’t involved tactical nukes – yet.

Ah, but many of us take Mother Nature and the marvels of science for granted. Someone could make a fortune opening Ingrates R Us franchises. (“Yeah, well, what have you done for me LATELY, Jonas Salk?”)

Seriously, even those of us who still credit a Supreme Being with our comforts have gotten spoiled by The Way Things Work In the 21st Century.

“Your blessings are very important to us. All our thoughts are currently focused on other things. You’ll get your prayers of thanks when the first spare moment is available. If you’d prefer, you may self-scan our warm wishes.”

Yikes! Anybody compiling a list of the 400 species of locusts waiting to be unleashed on us?

Danny Tyree welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page “Tyree’s Tyrades.”



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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



PUT THE LIGHTS ON SURVIVAL--- HOW DO WE DO IT

It was a revelation to me when I was first presented with Theory of Evolution during some forgotten School Year. Whenever that was I remember being really bothered by questions like: How did we get here? And who are we? and How do we stay here? and probably a bunch of other Junior High School questions (and probably how come I never learned to punctuate) Maybe Siri answers all these questions nowadays but I doubt that “She” or “He” or whatever “It” or “Isn’t” really “knows” anything. I mean does Siri or any of the existing or non-existing contemporaries or coevals (see I’m actually not so dumb “contemporaries” applies only when we are describing “persons”). Isn’t everybody just repeating something that someOne even two told them; and since computers only have the information given to them from other actual “persons” aren’t they (a possibly correct collective term? similarly limited?)

What I’m trying to display with my undoubtedly irritating punctuation is that the rules we are taught in Schools about punctuation and everything else are all from some made-made up system. It’s not “TRUTH” to tell---it’s just convenience and lasts only until some other questions come up. This is what I think about most conventions like language and governments and laws and why should anyone think they should allow themselves to be inhibited by these rules? Yes I know you think that I am trying to lead into some discussion about ultimate “rights” in terms of the right to refuse vaccination versus the right to be free from exposure and infections transmitted by unvaccinated people. A similar question applies to firearms and most other questions of civil rights and civil liberties. Let’s face it! As uncomfortable as it is to tell I have experienced very intelligent people arguing both sides of any question. (I am or was a lawyer you know and lawyers are specialists in presenting “truths” as “untruths” and vice-versa.”) Let’s kill all the lawyers” Shakespeare’s Henry VI Part 2, Act IV, Scene 2. Actually, we need them to protect us from ourselves.

Still given the actual imperfections, erroneous or purposeful of individual Sapiens, who should we believe? What should we use as our own personal system of morality to show us the road to follow as we make decisions in every wakeful moment of our life? For me the most satisfying solution was to follow the “teachings” of Darwin.

He was a teacher or religious leader. In fact, I was told that because of fear of offending religious authorities he with held his theory from the world for academic and religious reasons and personal rejection. I believed that explanation for over 60 years until one moment ago when I checked with Siri and learned that the whole ‘with held’ thing was a myth and the ‘truth’ was that he was working on other things. This all goes to my insuperable difficulty: What standard do I accept as a touchstone for decision making?

Still, despite all my reservations and doubts I still go back to Darwin for an explanation of what course to follow. If you need a refresher on Darwin’s Theory it involves the isolation of the following three principles of natural selection which he does not attempt to explain: 1) variation,—the conservative force mentioned regularly today as an explanation of the continuing appearance of related but significantly different forms of life forms including viruses (why not vira?) heredity —the conservative force that transmits similar organic form from one generation to another; and 3 THE STRUGGLE FOR EXISTENCE) involving the adjusting variations that will confer advantages in a given environment. Yes. It is all about adjusting to survive and surviving right now in this environment. Remembering that your given environment is the totality of you at any given moment. Survival involves us and everything around us. Darwin explains SURVIVAL not as the survival of the FITTEST (as we are commonly mistaught) but as survival of the FITTER. There is no ultimate right only what is “Right” for you and me in any given situations and this may change from one day to the next. Darwin, I assert is a message that to avoid extinction one must adapt. Stubbornness leads nowhere and it is my hope that this realization will be recognized by all the powerful parties of the world (including each of us) that the only lasting solutions involve COOPERATION rather than stubborn competition. Discussion reaching a workable solution rather than a refusal to note what’s going on right around you.

Have a good Holiday season

RICH JOHNSON NOW THAT’S RICH



THANKSGIVING: OUR DEPENDENCE DAY!

Aaah! Thanksgiving week is upon us! I wonder if the spirit of Thanksgiving has held on all these years because it is essentially illegal to ‘diet’ on Thanksgiving. Or possibly many of us are thankful on Thanksgiving because that’s the one day in a year family members travel hundreds of miles to be with other family members. And we are thankful we see those people only once a year. Who can say?

In any event here are some ponderables to consider around the Thanksgiving table.

The older you get, the tougher it is to lose weight. That’s because by then your body and your fat have gotten to be really good friends.

The easiest way to find something lost around the house is to buy a replacement.

Did you ever notice the Roman numerals for forty (40) are XL?

If you can smile when things go wrong, it’s because you have someone else in mind to blame.

The sole purpose of a child’s middle name is so he or she can tell when he or she is really in trouble (Richard Otis!!)

Did you notice when you put the two words ‘the’ and ‘IRS’ together it spells ‘theirs’?

When you are dissatisfied and want to go back to your youth, think of algebra.

One of the many realities no one tells you about aging is that it is a nice change from being young. Yeah, being young is beautiful. But being old is comfortable.

Back to Thanksgiving here are a few notable quotes on the subject:

“Thanksgiving, man! Not a good day to be my pants.” Kevin James

“On Thanksgiving Day we acknowledge our dependence.” William Jennings Bryant

“Coexistence...what the farmer does with the turkey – until Thanksgiving.” Mike Connolly

How many cooks does it take to stuff a turkey? One, but you really have to squeeze him in!

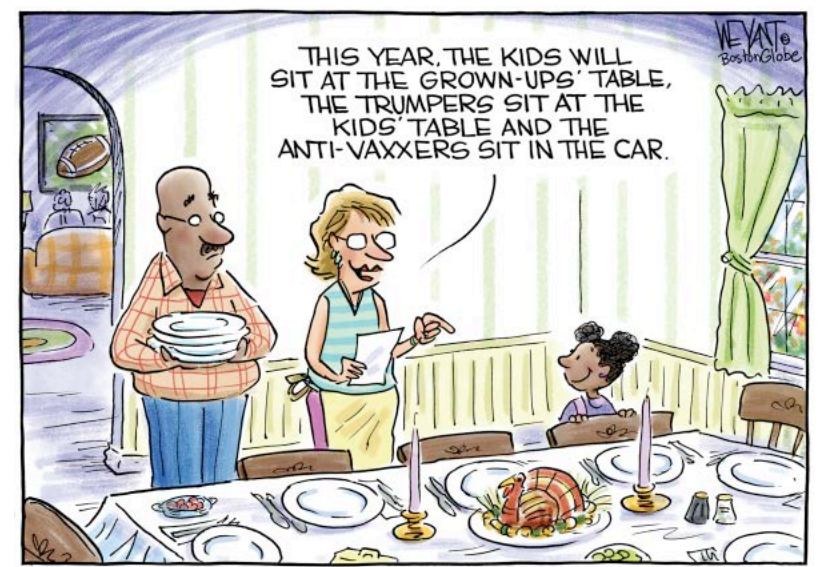
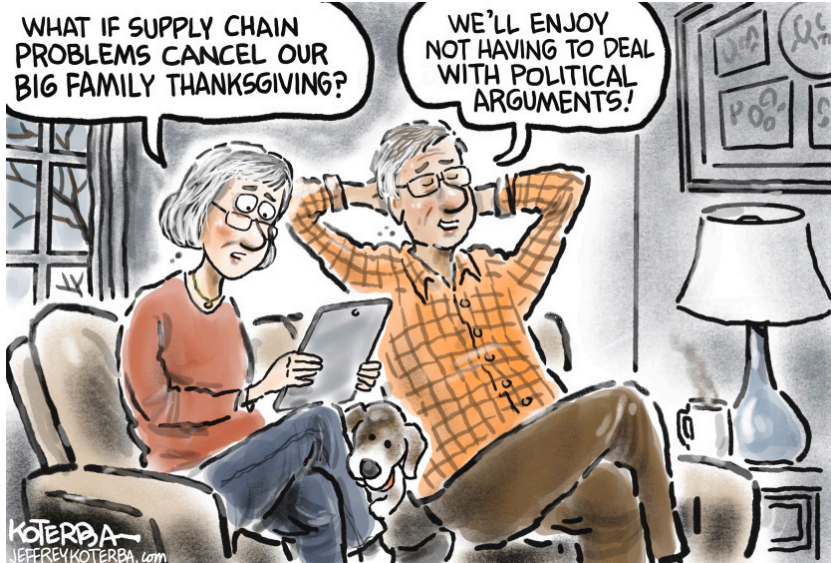
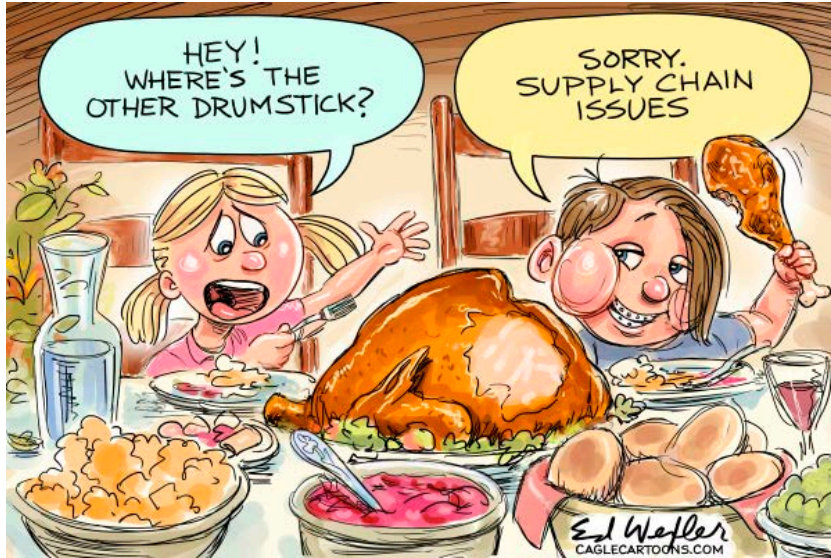
Finally, here is a poignant Thanksgiving poem to help you celebrate your holiday:

May your stuffing be tasty
May your turkey be plump.
May your potatoes and gravy
Have nary a lump.
May your yams be delicious
And your pies take the prize,
And may your Thanksgiving dinner
Stay off your thighs! Anonymous

I don’t know where you are on the whole God paradigm. I believe in Him/Her/Whatever’s lol, existence. I endeavor to communicate daily with God, usually praying for family, friends, enemies, country, hemisphere, world...you know the typical stuff. I invite you to talk to the almighty before you nod off at night. And say to God, if you are really there, reveal yourself to me. (If you say that tonight, you’ve got God on a tecSicality on Judgment Day) Just get a good lawyer.

I especially thank the Lord for the opportunity to have my particular brand of insanity printed in a classy newspaper. And I thank the 6 or 7 people who enjoy reading my “stuff”. I pray for their mental stability (which is at considerable risk of destabilization as they continue to read my column).

Happy Thanksgiving. Be blessed. You deserve it. (We won’t talk about what I deserve, thank you.)



LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-250363
The following person(s) is (are) doing business as: AM PALLETS CO., 2535 E. 125TH ST, COMPTON, CA 90222 . Full name of registrant(s) is (are) AGUSTIN MIRANDA PEREZ, 513 S BURRIS AVE, COMPTON, CA 90221, MARIA MARTINEZ DE MIRANDA, 513 S. BURRIS AVE, COMPTON, CA 90221. This Business is conducted by A MARRIED COUPLE . Signed: AGUSTIN MIRANDA PEREZ . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/2008. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
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File No. 2021-247120
The following person(s) is (are) doing business as: ALD HANDYMAN PLUS, 501 W. GLENOAKS BLVD #64, GLENDALE, CA 91202 . Full name of registrant(s) is (are) ADRIANA VARELA, 501 W. GLENOAKS BLVD, #64, GLENDALE, CA 91202. This Business is conducted by AN INDIVIDUAL. Signed: ANANIAS JENKINS . This statement was filed with the County Clerk of Los Angeles County on 11/09/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
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The following person(s) is (are) doing business as: CERVANTES FRESH, 8901 CALDEN AVE APT 241, SOUTH GATE, CA 92080 . Full name of registrant(s) is (are) RIGOBERTO CERVANTES PENA, 8901 CALDEN AVE APT 241, SOUTH GATE, CA 92080. This Business is conducted by AN INDIVIDUAL. Signed: RIGOBERTO CERVANTES PENA . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
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File No. 2021-247898
The following person(s) is (are) doing business as: JC PRINTING SERVICES, JC PRINTING AND LABELS, 50 GLENDORA AVE APT 1, LONG BEACH, CA 90803 . Full name of registrant(s) is (are) JOSE SALVADOR CASIAN, 50 GLENDORA AVE APT 1, LONG BEACH, CA 90803. This Business is conducted by AN INDIVIDUAL. Signed: JOSE SALVADOR CASIAN . This statement was filed with the County Clerk of Los Angeles County on 11/10/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-250611
The following person(s) is (are) doing business as: JR&C CLEANING SERVICE, INC., 4622 LA MIRADA AVE UNIT 34, LOS ANGELES, CA 90029 . Full name of registrant(s) is (are) JR & C CLEANING SERVICE, INC., 4622 LA MIRADA AVE UNIT 34, LOS ANGELES, CA 90029. This Business is conducted by A CORPORATION. Signed: JOSE R. LARIN . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-250356
The following person(s) is (are) doing business as: LUX BATH REMODELS, 333 W. GARVEY AVE STE 230, MONTEREY PARK, CA 91754 . Full name of registrant(s) is (are) JOSELYN YAMILETH CORNEJO, 333 W. GARVEY AVE STE 230, MONTEREY PARK, CA 91754. This Business is conducted by A GENERAL PARTNERSHIP. Signed: JOSELYN YAMILETH CORNEJO . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: NOV 20, 27, DEC 04, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-250616
The following person(s) is (are) doing business as: MNE METAL POLISHING, 22814 BANYAN PL UNIT 11, SANTA CLARITA, CA 91390 . Full name of registrant(s) is (are) JOSELYN YAMILETH CORNEJO, 333 W. GARVEY AVE STE 230, MONTEREY PARK, CA 91754. This Business is conducted by A GENERAL PARTNERSHIP. Signed: JOSELYN YAMILETH CORNEJO . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: NOV 20, 27, DEC 04, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-247894
The following person(s) is (are) doing business as: PACIFIC TRUCKING LLC, 1242 LOS PALOS ST 1242 LOS PALOS STREET, LOS ANGELES, CA 90023 . Full name of registrant(s) is (are) PACIFIC TRUCKING LLC, 1242 LOS PALOS ST, LOS ANGELES, CA 90023. This Business is conducted by A LIMITED LIABILITY COMPANY. Signed: GARY MENEDZ . This statement was filed with the County Clerk of Los Angeles County on 11/10/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: NOV 20, 27, DEC 04, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-250358
The following person(s) is (are) doing business as: THE PINOY KITCHEN, 22814 BANYAN PL UNIT 11, SANTA CLARITA, CA 91390 . Full name of registrant(s) is (are) JOHN PAUL S ALCAZAREAN, 22814 BANYAN PL UNIT 11, SANTA CLARITA, CA 91390. This Business is conducted by A GENERAL PARTNERSHIP. Signed: JOHN PAUL S ALCAZAREAN . This statement was filed with the County Clerk of Los Angeles County on 11/16/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: NOV 20, 27, DEC 04, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2021-247896
The following person(s) is (are) doing business as: TRIPLE C PRODUCTIONS, 13819 REGENTVIEW AVE, BELFLOWER, CA 90706 . Full name of registrant(s) is (are) NADEAN BRANDA CARSTROM, 13819 REGENTVIEW AVE, BELFLOWER, CA 90706. This Business is conducted by AN INDIVIDUAL. Signed: NADEAN BRANDA CARSTROM . This statement was filed with the County Clerk of Los Angeles County on 11/10/2021. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business (cont pg B6)

A cartoon illustration of a young girl with vibrant red hair styled in two pigtails, each tied with a large blue bow. She has a cheerful expression with a wide smile, rosy cheeks, and several small red freckles on her face. She is wearing a blue necklace with a large, dark blue oval pendant. The entire illustration is enclosed within a thick black oval frame.

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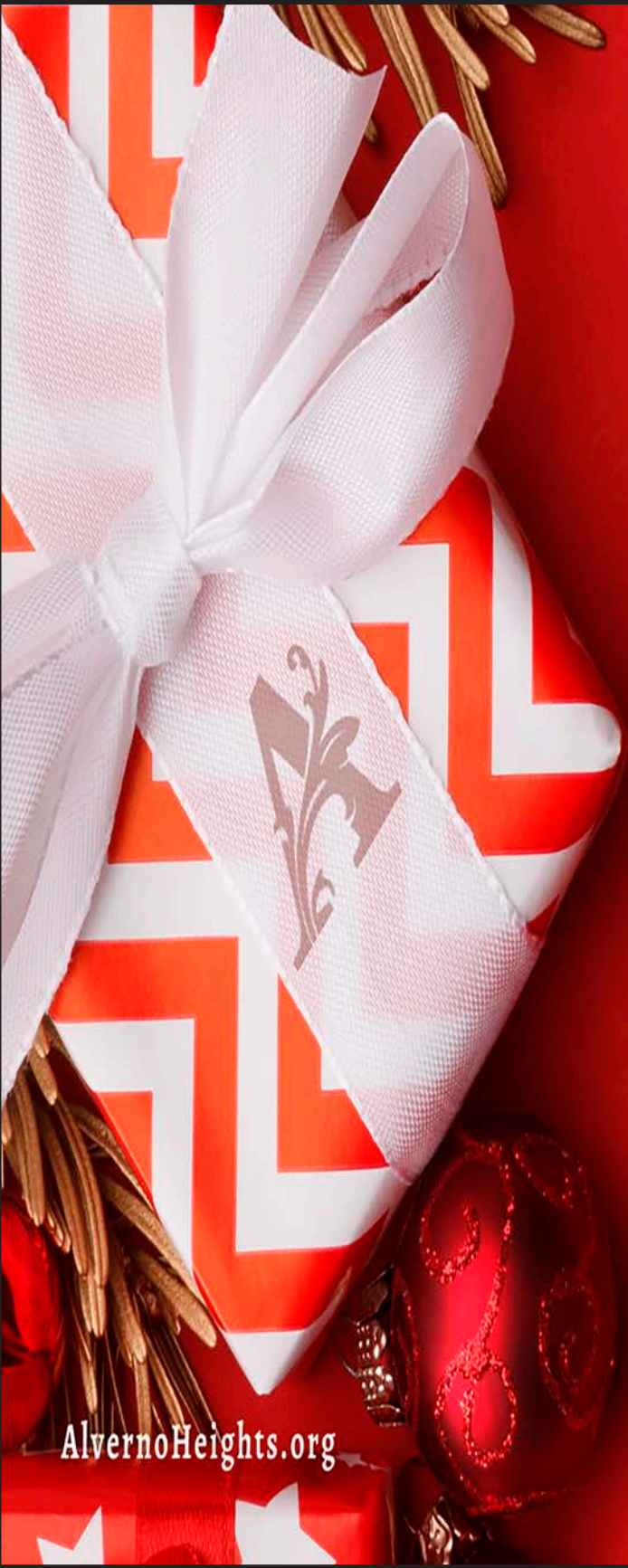
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