

# Mountain Views News

Sierra Madre

Arcadia

Duarte

Monrovia

Pasadena

Altadena

South Pasadena

San Marino

SATURDAY, AUGUST 6, 2022

VOLUME 16 NO. 32



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## AREA MARKET REPORT

APRIL-JUNE 2022  
SIERRA MADRE

### SINGLE-FAMILY HOMES

SFR AVERAGES	BR	BA	SF	LOT
April-June 2022	4	3	2,499	10,896
April-June 2021	3	2	1,832	9,532

LIST PRICE	SOLD PRICE	PRICE SF
\$1,676,547	\$1,832,942	\$764
\$1,194,954	\$1,271,259	\$724

### CONDOMINIUMS

SFR AVERAGES	BR	BA	SF
April-June 2022	3	3	1,736

LIST PRICE	SOLD PRICE	PRICE SF
\$942,500	\$989,500	\$574

The data indicates now is the time to sell....reach out to any of us to assist you in that process. If your home is priced right, we have consistently been able to get well over asking for our very happy sellers.



We continue to be so appreciative of all our clients whom we have been able to support. Despite everything, we are NEVER too busy to support you. Feel free to reach out to any of us with questions about the market and/or if you are interested in moving forward with selling or buying a home.

**Jan Greteman** 626.975.4033  
lic #01943630

**Judy Webb-Martin** 626.688.2273  
lic #00541631

**Katie Orth** 626.688.0418  
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## SIERRA MADRE NATIONAL NIGHT OUT -FUN FOR ALL!



On Tuesday evening, residents, city staff, community organizations and businesses gathered in Memorial Park in support of the National Night Out public safety awareness campaign. The evening was complete with displays from SMPD and SMFD, a raffle for a free police helicopter ride, free food, free ice-cream and much more. The event was sponsored by the SM Police and Fire Departments. *Photos by Dirk Bolle*



## LOCAL BUSINESS SHUT DOWN AFTER UNDERCOVER VICE OPERATION

Sierra Madre, CA. – On August 3, 2022, at about 12:30 pm, Detectives with the Sierra Madre Police Department conducted an investigation of a business at 18 W. Sierra Madre Blvd., in response to several complaints of suspected illegal conduct.

The business, operating in Sierra Madre as Sisters Spa, describes its services, "Specialties: Sisters Spa offers an array of uniquely rewarding and deeply personalized experiences in an amazing spa and wellness setting, which infuses life with a greater sense of vitality. You'll always go home enlightened, empowered and ready to live your life more playfully and healthfully. Here you will experience unparalleled service, unrivaled presence and attention to detail. We purposely decorated our spa to bring you the highest level of service and relaxing atmosphere."

After receiving complaints from the public regarding suspicious activities, SMPD opened an investigation and, along with the Pasadena PD Vice-Unit and San Gabriel PD Detectives' Bureau managed an operation involving undercover officers. During the operation, officers identified several violations of the City's Municipal Code and State Law.

A "Stop Work" Order was placed at the entrance of the business, prohibiting the Sisters Spa from re-opening until the police investigation and any legal matters are concluded. SMPD is expected to file charges with the LA County District Attorney's office.

If you have any information that may assist with this investigation, contact SMPD Detective Sergeant Charles Kamchamnan CKamchamnan@cityofsierramadre.com (626) 355-1414

## PLANNING COMMISSION REVIEWS AND REQUESTS MORE REVISIONS TO "THE MEADOWS"

By Kevin McGuire

The Planning Commission met on Thursday to sink their teeth into "The Meadows" project again as five action items sat before them for approval on a tedious and grueling process met by much push-back from the community.

The Commission did have a quorum, despite missing Chair William Pevsner and Commissioner Peggy Dallas. Vice Chair Thomas Denison led the meeting, which galloped a bit over the three-hour mark.

The following action items were on the table for approval.

1. Approval of a General Plan Land Use Map Amendment
2. Approval of a Zoning Map Amendment
3. Approval of a Specific Plan
4. Approval of a Lot Line Adjustment
5. Approval of a Development Agreement for "The Meadows" at Bailey Canyon Specific Plan Project.

In addition, staff recommended that an Environmental Impact Report and approval of a Mitigating Monitoring and Reporting Program at the Bailey Canyon Project be certified.

This public hearing was continued several times from April 7, May 5, June 2, and July 7 this year. The project is broken down into two phases of proceedings. Part I is the public hearings, and Part 2 is the consideration of a Tentative Tract Map and the Design Review Permit. The Part 2 items are limited to a five-hearing rule.

At the July 7 meeting, several revisions were requested by the Planning Commission to the Specific Plan, including floor area calculations, development agreement, design guidelines, and park design.

### Revisions

There was a healthy crowd at this meeting, though not as full as other meetings on this subject. The public hearing started with a presentation by Jonathan Frankel of New Urban West, Inc. and a few project architects to address the requested revisions. Those highlights included:

- An increase in drainage and water storage capacity to exceed the required retention volume
- Add clarification to minor

### modifications

- Eliminate parking within the proposed park design
- Provide two options for the off-site improvements to Carter Ave., and
- Establish a new third legal lot to be preserved as open space.

### Drainage & Water Quality

The retention storage gallery will provide ~129,100 cubic feet (cf.) of storage with an underground storage capacity of ~97,600 cf. A one-foot deep above-ground storage area will give an additional ~31,490 cf. in the park's retention system. The storage gallery's capacity is enough to retain and treat all onsite stormwater in a 50-year storm event.

### Park Modifications & Public Design Process

- Establishes a public design process for the future park
- Eliminates trees within the park buffer to preserve views
- Removes parking in the park with the exception of two accessible parking and loading areas, and
- The maintenance district will maintain slope areas until build-out.

### Off-Site Carter Improvements

Option 1: Straight sidewalk on the north side of Carter Ave. extending from Oak Crest Drive to the Plan area.

Option 2: Curved Sidewalk on the north side of Carter Ave. that meanders through a portion of Bailey Canyon Wilderness Park.

### Retreat Center Open Space Conservation

- Three Parcels to be preserved as open space
- A legal lot for Restricted Use Area (no habitable structures)
- Restricted Use Area to be re-zoned as open space.

Developers also highlighted that the average floor area of the 68 homes surrounding Mater Dolorosa is 2,293 square feet, and the average Meadows floor area will be 2,854 square feet.

The Planning Commission asked for additional revisions, including clarifications on the height of roofs and retaining walls, keeping bathrooms in the park, and more information about renovations for Carter Ave. The discussion is tabled until 08/18/22.

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## SIERRA MADRE SPOTLIGHT:

By Meghan Malooly

### JACKIE LAM: THE STICKER FAIRY OF SIERRA MADRE

Sorry I disappeared for a minute there, my mountain family! I have no idea what's going on, but I swear these days are going by faster than I can breathe! I know they say time flies when you're having fun, but trust me, all I do is work and time is still zipping by! Although you had to wait a couple weeks, I promise it's worth it! I'm sure most of you know, if not the actual person, then by name from facebook, Jackie Lam. Over the last couple years I have noticed her quietly, but consistently, doing some great things in our community.

Jackie is a born and bred Burbank girl who is coming up on her 4 year Sierra Madre anniversary! She currently works as "a personal finance writer and a financial educator, particularly for creatives" and received a BA in anthropology from UCLA (U...C...L...A...FIGHT, FIGHT, FIGHT! Sorry, can't help it, my sister was also an undergrad there and their school pride is contagious! I didn't even go there and I know the 8 clap, but ask me if my college had something similar and I'll bury my head in shame).

Unlike some of the other people I have spotlighted in this column Jackie does not have an "official" role in Sierra Madre. Everything she does, is solely done on her own with the only intention being to help.

What first brought her to my attention was her adorable and super sweet sticker program that she's named "Happy Mail." I mean, the name alone is promising, but just wait. If any of you are like me, I love to get mail, actually let me specify, I love to get fun mail. As a kid, I once complained to my dad about wanting to get mail and he, generously, started letting me open his, which were bills. Before I could even come up with a sassy sarcastic comeback to "thank" him and give them back he already shouted NOSE GOES, thanks dad!

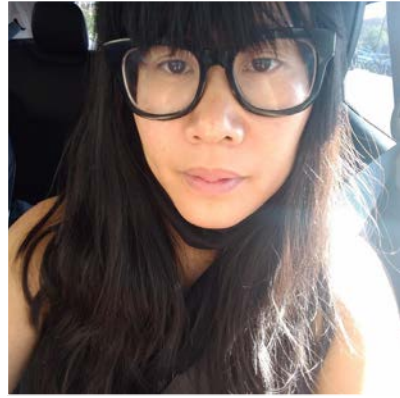
Although tricking your kids into taking your bills might be a belly full of laughs for you, your shallow breathing, ramen eating, netflix password sharing kids may not enjoy it as much, but that's where Jackie's Happy Mail comes in! She is obsessed with stickers and making people happy! She described it best when she said, "I created it because it was just a way to bring joy and spread joy, connection and community." She is quite active on the Sierra Madre Buy Nothing Facebook both requesting and giving items for this sweet program of hers.

Another event she created during the quarantine was in person buy nothing potluck boutiques. Basically she would pick a day where everyone was invited to meet up (at her home, the park, etc.) to not only bring yummy food to share but also their free items they were trying to relocate. But it wasn't just about getting rid of items you no longer needed. What I find so fascinating about it, is that she saw that people were struggling with being isolated and she found a way to not only safely bring them together for some human interaction but to bring them together for a purpose.

I am very grateful for the chance to meet Jackie and I look forward to getting to know her more and see what additional good she'll do in the future, because if there's one thing you can bet on, it's that Jackie is not done leaving her generous and heartwarming mark of the citizens of Sierra Madre.

Respectfully,

Meghan Malooly  
Owner Paper Heart Concierge Services  
Facebook/Instagram: Paper Heart Concierge Services



F.Y.I.

## City of Sierra Madre Kiwanis Friends of the Library Sierra Madre Civic Club

*Present*

## THE SKINNY TIES



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**GET VACCINATED!**

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MASK WHERE  
NECESSARY!**

## SIERRA MADRE NEWEST LENDING LIBRARY



Sierra Madre's newest Lending Library is dedicated to serve our dog community and is located on West Grandview Avenue overlooking the Sierra Madre Elementary School Field. The sign is self-explanatory. So next time you are walking your dog, feel free to stop by. You can even sit on the adjacent bench while your dog searches through the stick se-lection. Photo courtesy Sue Spears

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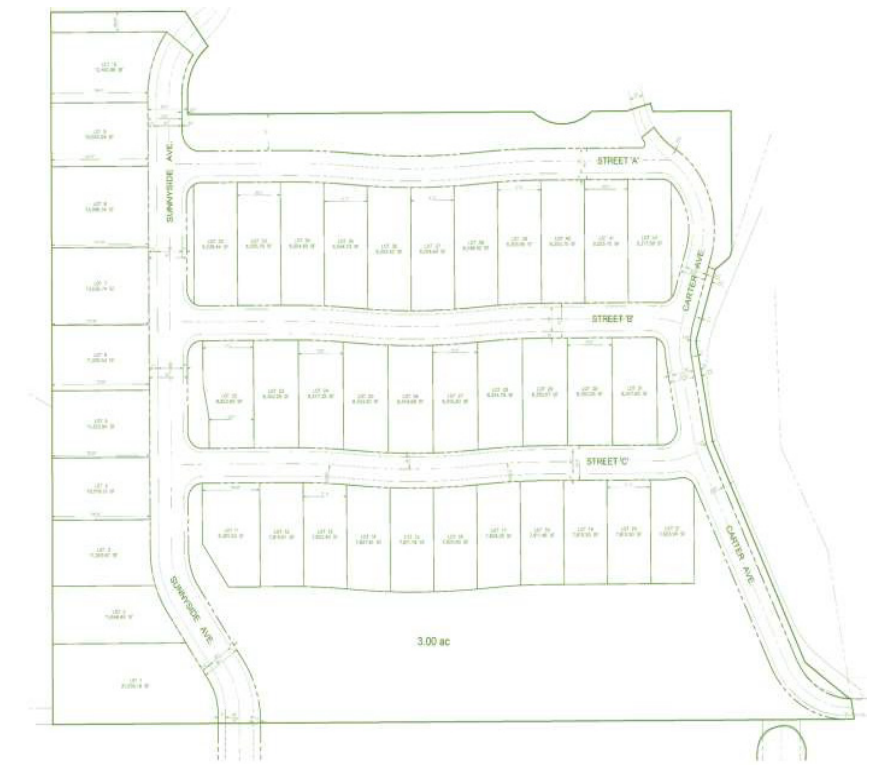


WHAT ARE THEY HIDING?

It is remarkable, that in all of the thousands of pages, hundreds of charts and drawings, and dozens of meetings, we still don't know

what the Meadows Project really looks like. The only glimpse we have had is a multi-coloured rendering of the entrance at Sunnyside looking up at an angle towards the mountains. We see the tops of three homes peeking out from overgrown shrubs, tall grasses and mature trees. And the first thought that comes to mind is: Wow, what a fire hazard!

There are no other scale, life like renderings of the project from any perspective.....walking or driving down the streets, looking north or south, east or west. No aerial shots looking down on the project. At this stage of the review, and since July 2021, we have only seen a plot plan showing 4



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The latest plot plan below shows what looks like pieces of a puzzle. This is supposed to show us what the Project looks like.



Strangely puzzling in these times of incredible technology and computer programs, that we are not seeing this project 'up close and personal'. Why are we not taking a leisurely stroll on our computers down the street through this planned development and looking to our left and right-seeing the various home designs as they are planned, seeing how close they are to each other, how tall they are, how big the front and back setbacks are, what size the yards are, what 'lot coverage' really looks like, what the proposed mix of predominately two story homes looks like, what the retaining walls look like, what the landscaping looks like, how the views are affected and much more.

We all know the saying 'A picture is worth a thousand words' and recognize how much information is conveyed visually. It begs the question why we are not 'seeing' this Project .

We know that the meadow will be heavily graded in order to fit a housing project that belongs on a flat piece of land and put it on a hillside. There are no renderings of what this will look like.

We now know the Project has gone from mostly single story homes that 'reflect the character of the surrounding neighbourhood' to a majority of two story homes with only twelve single story homes. There are no pictures of what this will look like.

We know that this Project was designed 'to retain the small town, eclectic character that is cherished by the community' and 'promote compatibility with the immediately adjacent neighbours'. It is creating this vision by installing 'buffers' or barriers on all four sides to physically isolate it from the community it desires to be a part of - and that is being touted as a Project benefit. All it needs is a gate at the entrance to complete the picture.

We now know that the Project will require additional water usage from construction and the addition of over 400 small trees that will require regular water during the first years of their growth. There has been no update on projected water usage.

As the vagueness and lack of detail in the developer's 'Specific Plan' is questioned during public meetings and comments, it continues to raise questions about what we are not being told and what they are hiding that remains to be uncovered.

SIERRA MADRE Neighbors for Fairness

WE CAN FOLLOW THE MONEY, TOO

There are so many problems with the "Protect Sierra Madre - STOP the Housing Project" initiative that it is hard to believe someone actually designed it thinking it would benefit the City. We now know that the initiative allows 68 mansions to be built at the Monastery with little city oversight and exposes all taxpayers to significant legal liabilities. That is probably why our City Council and Mayor unanimously voted to oppose this ill-conceived measure.

Why are these self-proclaimed "Protectors" and "Preservers" of Sierra Madre arguing so adamantly for the city to give up a free public park, lose 40 acres of hillside placed in conservancy, and do away with almost \$1 million in net-zero water offsets, all to change the zoning so it will allow a bunch of mansions to be built? They don't appear to be incompetent because all three proponents appear to have extensive legal training.

There is a deeper story here. It would be naive to think that the three people who sponsored this initiative simply didn't know what they were doing.

Most disturbingly, we recently learned that one of the most public

and vocal backers of this measure is also a senior vice president for a Beverly Hills homebuilder who refers to themselves as "the world's leading developer and operator of luxury private residential communities." They specialize in building 5,000 - 12,000 square foot mansions, exactly the size structures that can be built if their initiative passes.

Of course, the initiative proponents didn't tell their supporters that their measure was literally sponsored by a senior executive with a luxury homebuilder when they asked folks to sign. This initiative would "stop the housing project" they told voters. This is a bait and switch of epic proportions.

As we have been told many times by those supporting the initiative, "follow the money." The initiative doesn't protect the hillside environment but it does greatly increase the value of the 45 acres that the Passionist's Retreat Center sits on because it makes it possible to develop the entire property with mansions. The initiative incentivizes the Passionists to leave the city and sell out to a large luxury residential developer, just like a proponent happens to work

for, where 68 identical homes can be built and the city will not be able to stop them if the initiative passes.

It is safe to assume that these initiative boosters know exactly what they are doing. If they did their due-diligence then they also knew it was likely that the city council would come out against the initiative and possibly not defend it in a lawsuit. Why are these three legal experts willing to personally take on the risk of paying hundreds of thousands of dollars to defend the inevitable lawsuit if the city decides not to? Or possibly costing them millions of dollars in damages if the city loses a First Amendment RLUIPA case? Do the proponents have so much gambled here that they will defend the initiative themselves to protect their investment?

Are they incompetent or is this just a very carefully thought out plan? You decide. Like they keep tell-ing us... follow the money.

News | Sierra Madre Neighbors for Fairness  
news@sierramadreneighborsforfairness.org  
SierraMadreNeighborsforFairness.org

CITIZENS FOR TRUTH

THEY WHO FORGET HISTORY ARE DOOMED TO REPEAT IT

Last week's Mountain Views News was full of unintended irony. A front page article compared the fight for Measure V in 2007 to the fight to put the Mater Dolorosa property into the Hillside Management Zone. Doing this would ensure that the developer, New Urban West follow the same building codes as the rest of us, rather than making up their own codes in their Specific Plan, or as one resident called it "their Special Plan."

All kinds of dire consequences were promised if Measure V passed. Instead of approximately 175 condos in two different buildings in our downtown area, Measure V would "make just about everything worse for Sierra Madre." "Taxpayers will foot the bill for Measure V votes for tens or hundreds of thousands of dollars." "The flaws in Measure V are so severe that the proponents don't even do what it purports to do." Measure V was a simple solution to a problem made worse by the misstatements and misinformation of its opponents. Its purpose was to keep over-expansion of 175 or so condos out of downtown by limiting any building to 13 units per acre, two stories and limited to 30 feet high. That seems very clear, and it certainly worked.

Turn to page 3 of the paper, and the Neighbors for "Fairness" - oh my - state that this current initiative will

"make just about everything worse for Sierra Madre." One supporter of the monastery spoke before the Planning Commission a few months ago, stating "putting the initiative on the ballot will cost the City about \$50,000." Of course, we know that that is wildly exaggerated, the cost is closer to \$1000-\$2000. Another "Neighbor" wrote "many voters in the City have not had a chance to review or understand the ramifications of this initiative." Back to the page 1 comparison - "It is usually a safe assumption that busy residents will not take the time to track down, read, and analyze a 13-page legal document. Fortunately, opponents were wrong about that." Just as the "Neighbors" are wrong about residents not understanding the ramifications of the initiative, (parroted by our City Council Members).

The "Neighbor" also mentioned the City's lawyer's lengthy report, the same City lawyer who works with the New Urban West developer. Interestingly, the Council in 2007 hired an impartial law firm to evaluate the legality of Measure V, and they found there was no conflict. Given the acrimony this project has caused throughout our community, wouldn't it have been smart for this Council to hire an independent law firm this time around? Particularly since the City lawyer retracted part

of what he had stated to the Council about the basis for a lawsuit. In further irony - you may recall that Preserve Sierra Madre completed a lengthy rebuttal to the draft Environmental Impact Report that was one of seven public comments that were not included in the draft Environmental Impact Report. These comments included in the Preserve's report were all the errors in the DEIR, that were not specifically addressed by the lawyer's "lengthy report."

It's no wonder that currently, just like in 2006-2007, the good citizens of Sierra Madre do not trust their elected officials to actually do the will of the people who elected them. A concerned resident told the City Council at their meeting on July 26 that anyone who runs for or is elected to public office should be required to take a history course on Sierra Madre. This sounds like an excellent idea!

In another bit of irony in last week's News, an arrest warrant is being sought for the person/persons who forged the neighbors' signatures so they could obtain a filming permit at Alverno for "The Offer," about the making of "The Godfather." Ironically, wasn't the Godfather known for the famous (or infamous) line, "I'm going to give you an offer you can't refuse."

LETTERS TO THE EDITOR

CONVERSATION

I'm frankly perplexed at the front-page op-ed by Scott Hood in the July 30 issue of the MVN. In it, Mr. Hood tries to compare the 2006 Measure V Initiative with the 2022 Stop Initiative. In 2006 a group of local investors believed modernizing our downtown would vitalize the town. Others disagreed and believed the downtown area was fine the way it was and created the Measure V Initiative to limit the size and height of buildings. Measure V passed and Sierra Madre remains its charming self.

Fast forward to 2013, when the Passionists determined they could no longer be self-supporting. They decided to sell the lower 17 acres of their property to fund their religious works and provide for their aging priests. They believed a well-thought-out housing project would have the least impact on the Retreat Center, the neighborhood, and the City itself.

Mountain Views News published that news, with Mater Dolorosa stating, "no plans yet of the number of houses." Neighbors quickly formed a group in

protest. Yard signs with the slogans, "Stop the Monastery Development" and "Preserve Mater Dolorosa and our quality of life" appeared.

A Water Moratorium halted plans but when it was lifted, New Urban West (NUW) was introduced as the developer of a proposed project. No plans were presented at that time. The neighbors maintained NUW would destroy everything known to the citizens of Sierra Madre. Fire, floods, wildlife harm, and increased traffic would be the norm. There could even be a traffic signal installed.

These arguments were shown to be false by an Environmental Impact Report. As a counter to that, the neighbors conceived an initiative to convert the current zoning from Institutional to Hillside Residential. Instead of affecting only 17 acres, however, the initiative would rezone 45 acres, including the Retreat Center site.

The proponents argue that only eight 6,500 sq. ft. houses could be built. Untrue. They fail to account for the rest of the property owned by the Passionists

and California's housing laws that allow lot splits and add-ons. This could result in an additional sixty (60!) mansions.

Following existing procedures, in 2020 the Passionists filed, in good faith, for a housing development. This is in progress. Meanwhile, City Council's current analysis of the initiative has determined that the initiative will create a development contrary to the intent of the initiative, and may result in a lawsuit due to the overly restrictive downzoning of a religious institution.

The Stop/Preserve groups scream bias, saying our City Council is unworthy of making an informed decision. Those of us who have followed this process know that from 2013 to date, the Stop Group would have protested ANY development proposed. This initiative is their last-ditch effort to squelch the rights of a land owner. I trust our Council. They are addressing the Initiative, not the NUW project. There is no comparison between Measure V limits on buildings and the new initiative which violates the rights of the Passionists as land owners and allows for 68 mansions. Pat Alcorn

THE BEST SEAT IN THE HOUSE

Being an environmentalist and caring about finding ways to recharge my soul, I seek out the Best Seat in the House. By that, I mean, finding a place where I can hear the sounds of silence. I moved here last year, and, for me, I have found this special place. I can go there at the end of the day and hear nothing but the sweet sounds of nature, the wind blowing through the trees, witness animals at their best getting ready for another night in their habitat, hear the birds chattering to each other as the sun sets, and watch the bats busily at work doing their thing, so that I don't get bombarded with unwanted nightly pests.

When I find this special place, I rarely share this special place with anyone. Why? I love that I am practically there by myself.

It's sad to think, but I sometimes feel that many residents in Sierra Madre take this place for granted. We have a goldmine right in our own backyard. All of this is threatened to be destroyed. And, some residents are not even taking advantage of the gem (gym) that we have! Because this place needs to be experienced in order to understand how valuable it truly is, I will let you in on my

secret. The Best Seat in the House is on the northern edge of Sierra Madre. If you are curious, please take a walk or drive to Bailey Canyon Wilderness Park just before dusk! Follow the dirt path through the turnstile and walk up the paved path to the top of the hill. The Monastery property will be on your left. Take a seat somewhere up on that hill and just watch and listen. If you peer through the Monastery's fence, you can see the many deer that graze every night. Last count, I saw ten. You will be amazed at the wildlife habitat that is there and all of the animals and trees and fauna that coexist.

I have seen many deer, a bobcat, owls, different species of birds, squirrels, rabbits, bats, coyotes, and most recently I saw two young fox. All of these animals are obviously feeling safe and secure in this habitat. To my knowledge, the only animals that know there is a fence there are the deer. They stay on the Monastery's land. They obviously feel safe in this habitat.

The change of seasons brings amazing colors and flowers to this area. Flowers bloom everywhere and the birds and bees and the wildlife embellish it all .... again, coexisting. Why am I sharing this with you? It's because of the proposed development on

the Monastery's property. According to the Arborist Report on the EIR, New Urban West (the developer) will be removing:

- 10 protected Coast Live Oaks
- All 34 Chinese Elms on the beautiful driveway when you enter the property

All of the jacaranda trees that serve as a buffer between the Monastery property and the entrance to Bailey Canyon and park (noise and light pollution)

This development will obviously destroy this habitat/ecosystem. Sierra Madre was declared a Wildlife Sanctuary in 1972. Evidently, New Urban West (the developer) and the Monastery did not get the memo.

Please go there and experience what I experience practically every night. Just do it! Go right at dusk before the gates are closed, and just sit there. You will NOT be disappointed. This will help you understand why this area can NOT be clearcut and destroyed. This is a living, breathing ecosystem/habitat, and we can NOT be responsible for taking the lives of these trees and destroying the habitat of so many animals. Thank you -

Claire McLean Resident and Concerned Citizen





SIERRA MADRE'S 2020 BUSINESS OF THE YEAR - TAYLOR'S OLD FASHIONED MARKET TO EXPAND

By Kevin McGuire

The Planning Commission approved a modification of a Conditional Use Permit (CUP) on Thursday night to allow the sale of wine, beer, and distilled spirits at Taylor's Ol' Fashioned Market.

According to the applicant, Kevin Taylor, the underutilized floor area of the Market located at 14 E. Sierra Madre Blvd., would be used to expand services so patrons could have a sandwich, a glass of wine, or another adult beverage on-site.

Mr. Taylor is also looking to hold special events in the adjacent property parking lot. He plans an expansion of the property to include a patio area where patrons can sit, eat and drink alfresco style. There would be some renovations to the inside of Taylor's, which has been in business since 1966, but no more than a 500-square foot area, and minor alterations to the outside façade. The actual property won't be expanded, and renovations won't affect parking conditions.

Before receiving a modified CUP, the applicant had to prove several criteria, such as the site for the proposed use is adequate in size, shape, topography, and location; and that the area has sufficient access to streets that are adequate in width and pavement type to carry the quantity of traffic generated by the proposed use. In addition, the proposed use wouldn't be detrimental to public health, safety, and general welfare. The Planning Commission was satisfied that Taylor's met these criteria and others.

Some of the special events at Taylor's could include wine tasting. Taylor's Market has a 12,623 square-foot lot, which has been primarily used as a grocery store and would need to be classified as an eatery to sell alcohol for in-store consumption and at the outdoor seating.

It's unclear when Taylor's will be done with its renovations or obtain its license to sell alcohol, which could be a lengthy process. Still, the Planning Commission unanimously approved Resolution No. 22-19 and CUP 22-02.

SIERRA MADRE COMMUNITY FOUNDATION ANNOUNCES GRANTS

The Sierra Madre Community Foundation recently awarded the following grants to local organizations:

- The City of Sierra Madre received a grant to support its Halloween Happenings program. The funds will be used for Band Shell decorations at Memorial Park, logistics support for Alegria Avenue and other operational costs.
- The Creative Arts Group's ImaginArt program received a grant for its "Cubist Self-Portraits," introducing 5th graders from Sierra Madre Elementary to the fundamentals of ceramics. The students will learn creative interpretation and self-representation as they emphasize the elements of their face to tell their unique story.

Combined with earlier grants, the Community Foundation has awarded \$17,400 in grants this year to support local civic and community organizations, including the City of Sierra Madre's Mt. Wilson Trail Kids Fun Run, Sierra Madre Search & Rescue and the Sierra Madre Public Library.

In addition to soliciting donations to support and enhance the community, the Sierra Madre Community Foundation assists other local community groups in the collection and distribution of their funds that enable ongoing program support and continued operations. Learn more at [sierramadrefoundation.org](http://sierramadrefoundation.org).



50TH ANNUAL FRIENDS OF SIERRA MADRE LIBRARY WINE AND CUISINE TASTING BENEFIT

Tickets are now on sale for the Friends of Sierra Madre Library Wine and Cuisine Tasting Benefit to be held Friday, September 23rd at the Paddock at Santa Anita Racetrack. Tickets can be purchased at the Sierra Madre Library; and for your convenience, tickets can also be purchased at Eventbrite.com. You will find tickets on Eventbrite.com when you search: 50th Annual Wine & Cuisine Tasting Benefit.

The Premier Event from 6:00 to 7:00 p.m. is limited to 100 guests. The Premier Event offers premium wines, specialty foods, door prizes and early access to the Main Event. The Main Event is from 7:00 to 10:00 p.m. and is limited to 400 guests. The Main Event will have domestic and international wines and beers, food from fine local restaurants, live music, and a Silent Auction. Tickets for the Premier Event are \$100 each and tickets for the Main Event are \$75.

Plan to come and enjoy the food from our many restaurants that participate, along with the many wineries that will be represented. Join us for our tasting, auction, music, and just plain fun!

There are opportunities to volunteer or be an event sponsor. If you are interested in helping with this event you may contact Leslie Ziff at [lbziffer@gmail.com](mailto:lbziffer@gmail.com) or 626-321-7735.

The proceeds of this event help support the programs for children and adults at Sierra Madre Library throughout the year. For more information about the event or Friends of the Sierra Madre Library visit our website at [www.sierramadrelibraryfriends.org](http://www.sierramadrelibraryfriends.org).

Don't miss this event!

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

*"This morning, the sun endures past dawn. I realize that it is August: Summer's last stand."*  
Sara Baume

*"Hello August! The first week of August hangs at the very top of summer, the top of the live-long year, like the highest seat of a Ferris wheel when it pauses in its turning. The weeks that come before are only a climb from balmy spring, and those that follow are a drop to the chill of autumn. But the first week of August is motionless, and hot. It is curiously silent, too, with blank white dawns and glaring noons and sunsets smeared with too much color."*

Natalie Babbitt - Tuck Everlasting

*"August in sub-Saharan Los Angeles is one of the great and awful tests of one's endurance, sanity and stamina."* Henry Rollins



We've been seeing way too many of those hot and miserable days when we could honestly say, "These are the times that try men's (and women's and children's and dogs and cat's) souls." Of course, when Thomas Paine said that in 1776, he wasn't talking about the weather. Now, start of August, we're ready to think about a cooler fall. I, personally, can't wait for September to decorate for fall – get out all my pumpkins, start setting them around and wishing I'd bought that beautiful blown-glass pumpkin I saw at the Art Fair. Can there really be too many pumpkins? I actually bought Pumpkin Spice creamer at the market today!

I'm writing Walking Sierra Madre on Tuesday, August 2nd, as school starts tomorrow. You know it's time to go back to school when you hear parents singing, "It's the most wonderful time of the year!" And, to quote George Washington Carver, "Education is the key to unlock the golden door of freedom."

'Twas The Night Before School Started

'Twas the night before school started and all through the town,  
Parents were cheering, it was a riotous sound.  
By eight the kids were washed and dried and tucked into their bed,  
While memories of homework filled their little hearts with dread.  
New pencils, new folders, new notebooks too,  
New teachers, new friends, their anxiety grew.  
The parents just giggled when they heard of this fright,  
And shouted upstairs...Go to Bed, darling children! It's Finally a School Night!"  
Author Unknown

That's pretty much what's happening all over the place this week and next. Up the street where granddaughters, Jessie and Emily, live, clothes have been assessed, haircuts have happened, the bus schedules have been checked and rechecked and now two schools are involved as Emily is still in Middle School, 7th grade, and, unbelievably, Jessie is starting high school in 9th grade. Where did the time go!!

We've bought new backpacks, incredibly expensive tennis shoes, shirts and shorts. Positive statements are emblazoned across the shirts: Be Brave, Be Kind. We've made sure there are plenty of socks and underwear, and will be ready to invade Target when the teachers pass out lists of more school supplies than they will ever need or use.

It seems somewhat unbelievable to me, school starting in early August, as I went to school in that prehistoric era, just shortly after the Jurassic age, when school got out in June and started up again the day after Labor Day. These girls have been out on the town since early May and go back tomorrow, August 3rd. While I'm reminiscing, and maybe you remember it this way, too, school started at 9:00 and went till 3:00. These girls are yanked rudely from sleep at 6:30 a.m., given a fast, nutritious breakfast and are out the door by 7:15 a.m. They're on their way home shortly after 2:00.

Yes, school is starting again tomorrow. It's been very pleasant to start the mornings around 8:00 when people really wanted to get up, pleasant to send the girls off to various camps, go to the movies, and out to lunch. You know, just hang out and not feel any pressure.

A PARENT'S BACK TO SCHOOL PRAYER

Dear Lord, help them find where they need to go,  
And go only where Your will leads.  
To lead boldly, even where few will follow, and follow only the path You reveal.  
Show kindness to those who yearn for a kind word.  
Yearn for excellence in all they accomplish.  
Accomplish in themselves the promise of all You've given.  
Give them a desire for truth and passion for real learning.  
Have them learn to give, to love, to forgive and encourage.  
Stay by their sides and light up their souls,  
Fill them, guide them, protect them and enliven them.  
And by all this have them become the masterful creations You formed  
And longed for them to be, even in their mother's womb.  
"For I know the plans I have for you," declares the Lord,

"Plans to prosper you and not to harm you., plans to give you a future and a hope." Jer. 29:11

Yes, school starts tomorrow and our hope above all else is that everyone they encounter will be kind. God bless them, every one, and guard their hearts and minds.

"Sunrises & Sunflowers Speak Hope"  
Supplies a little hope on every page.  
Look for it on my book page: Amazon.com: Deanne Davis  
Star of Wonder the CD is now on TuneCore! Take a look!  
"A Tablespoon of Love, A Tablespoon of Laughter"

is also available on my book page and there's an incredible apple cake recipe in there!

Catch breaking news at:  
[mtnviewsnews.com](http://mtnviewsnews.com)

FINAL SUMMER CONCERT OF 2022! 80'S Rock Band THE SKINNY TIES!  
Sunday - August 7, 2022 6-8 pm Memorial Park  
Come out and join the Sierra Madre Kiwanis Club as it celebrates its' 95th Birthday, along with the Friends of the Library and the Civic Club!

 **Sierra Madre Kiwanis**  
Creating life changing experiences for our Community Youth  
 NEW: Join us for a FREE Breakfast on Tuesday, May 31, 2022 - 8:00 am at The Lodge 33 W Sierra Madre Blvd. Sierra Madre, Ca. 91025  
<https://sierramadrekiwanis.com/>



## Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows 60s
Mon	Sunny	Hi	80s	Lows 60s
Tues	Sunny	Hi	80s	Lows 60s
Wed	Sunny	Hi	80s	Lows 60s
Thur	Sunny	Hi	80s	Lows 60s
Fri	Sunny	Hi	80s	Lows 60s

Forecasts courtesy of the National Weather Service

### SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

September 13, 2022 5:30pm

### THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at [foothillsmmedia.org/sierramadre](http://foothillsmmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

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626-355-4379

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[GFWCSierraMadreWomansClub.org](http://GFWCSierraMadreWomansClub.org)

Explore Opportunities & Membership with Us

[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub) 355-4379

### Wistaria Thrift Shop

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Opened 1957: 65 Years of Service to Our Community

### Shop Closed for Summer

So many thanks for your donations  
and support this past year!!

Enjoy your summer! See you when the

### Shop Re-Opens Thur., September 1 – 10-3

Clean, gently used donations again accepted  
after Wed., June 15!



[SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub)



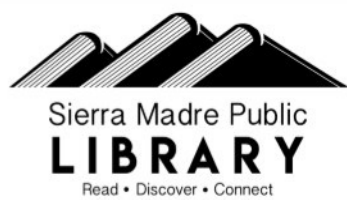
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This week at the  
Sierra Madre  
Public Library

August 8–13

All Library events will be napping for the  
month of August!



Regular programming at the Library will  
resume in September. In the meantime,  
check out Walk This Way Story Adventure  
at Memorial Park—a new picture book will  
be posted every other Monday!

Read, Discover, Connect  
@ Sierra Madre Public Library



WANT TO GET INVOLVED IN THE CITY  
BUT NOT SURE HOW?  
APPLY TO JOIN A  
COMMISSION!

The City is expected to have  
vacancies on our commissions  
soon so you can get a head start

by applying now.

Applications and more information can be found here:  
[cityofsierramadre.com/cityhall/commissions](http://cityofsierramadre.com/cityhall/commissions)

Planning Commission has one (1) expected vacancy.

Community Services Commission has one (1) expected vacancy.

Library Board of Trustees has two (2) anticipated vacancies.

Natural Resources Commission has one current vacancy  
and one anticipated vacancy for a total of two (2) vacancies.

Interested? Go To: <https://www.cityofsierramadre.com/cityhall/commissions>

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"A flower does not think of competing  
with the flower next to it.  
It just blooms."  
Zen Shin

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[smumc.net](http://smumc.net)



# Pasadena Altadena

News From Your Community For Your Community

## Pasadena Confirms First Cases of Monkeypox

The Pasadena Public Health Department (PPHD) announced Tuesday that they have received reports of the first cases of monkeypox infection in four Pasadena residents. All cases being reported have been confirmed by PPHD to meet the Centers for Disease Control and Prevention (CDC) definition for either a probable or confirmed case. Monkeypox generally spreads through prolonged skin-to-skin contact. Contact includes prolonged intimate interactions, and sharing of infected bedding or clothing. If you have sex or intimate physical contact with many people, risk of contracting monkeypox is higher.

The individuals are adults and are recovering with monitoring and support from PPHD.

“We have been coordinating with our healthcare partners who are managing cases of monkeypox infections,” said PPHD Director and Health Officer Dr. Ying-Ying Goh. “We will be recommending individual and community mitigation measures to reduce the risk of spread of the monkeypox virus, and we will continue to provide vaccination to eligible populations as quickly as we receive federally-supplied vaccine.”

Monkeypox is a viral infection that can spread through contact with body fluids, monkeypox sores, or shared items (such as clothing and bedding) that have been contaminated with fluids from sores of a person with monkeypox. Although monkeypox is not generally considered a sexually transmitted infection, it can be transmitted during sex through skin-to-skin and other intimate contact, regardless of gender or sexual orientation.

Most people with monkeypox have a mild illness that improves without treatment over 2 to 4 weeks. Treatment is supportive and focused on easing the symptoms of the illness. Monkeypox is contagious and spreads easily to others until scabs have fallen off and a new layer of skin has formed. Monkeypox is NOT spread through casual brief conversations or walking by someone (like in a grocery store).

Public Health will directly communicate to eligible individuals to provide details on how and where to access the JYNNEOS vaccine. PPHD is providing monkeypox vaccines by invitation only.

For more information visit: [cityofpasadena.net](http://cityofpasadena.net). Additional information may be found at CDC website.

## City to Look at Rent Control Measure

By Dean Lee

The Pasadena city council to set to take up three matters Monday as they relate to a Charter Amendment Rent Control Measure—which qualified for the November 8 General Election ballot.

The council is first set to discuss, without any action, finding of a report and overview of “The Pasadena Fair and Equitable Housing Charter Amendment” commissioned by Management Partners. After that, during a separate agenda item, the council will take a position in support or opposition or remain neutral on the measure. They will then, in another agenda item vote to approve language, mailing and other criteria for the measure.

The Management Partners Report included costs, potential impacts on existing and future housing stock and identified potential inconsistencies between the Amendment and existing rules, policies or regulations. Conclusions and finding for the report include:

- The regulations would affect 31,316 rental units in Pasadena, over 75,000 residents, and hundreds of landlords.
- The Amendment’s rent regulations would limit the year-to-year increases in rents to 75 percent of the regional CPI increase and the eviction regulations would prohibit evictions except in specified circumstances.
- An 11 member Rental Housing Board would be appointed by



the City Council to oversee the Amendment’s various provisions with members compensated for their service.

- It is estimated that to fully implement the Amendment would cost \$5.8 million and require hiring 26 employees as well as securing office space, equipment and software necessary for the program. The costs would be paid for through annual fees charged to landlords for each rental unit. These fees could not be passed on to tenants. The annual fee amount would be approximately \$184 per unit based upon the estimated numbers to date, but the actual fee could be higher or lower.
- Modern rent stabilization measures have no discernable effect on new housing production but may increase the conversion from rental to for sale units.
- In California, single-family home and multi-family rental units constructed after February

1995 are exempt from local rent stabilization laws.

According to the council’s staff report, the LA County Registrar reported that county officials reviewed 20,564 submitted petition signatures and validated 15,101 to be the signatures of registered voters in the city of Pasadena. The minimum number of signatures needed to qualify the initiative petition, at the required 15 percent threshold, was 13,555 signatures.

The council meets at 4:30 p.m. solely by Zoom. For more information, including public comments visit: [cityofpasadena.net/city-clerk/public-comment](http://cityofpasadena.net/city-clerk/public-comment).

## Allendale Library to Temporary Close



Pasadena officials announced late Friday that the Allendale Branch Public Library will temporarily close for seismic and roofing repairs beginning on Monday. Construction is scheduled to be completed October 7. The branch will reopen the week of October 10. These improvements will allow the Allendale Branch to better serve the community they said.

During the closure Allendale patrons are encouraged to visit their nearby branch libraries: Hill Avenue Branch, 55 S. Hill Avenue, or San Rafael Branch, 1240 Nithsdale Road. All library material requests set to be delivered to Allendale Branch will be available for pick up at the Hill Avenue Branch during the closure.

The Pasadena Public Library is an information center for the Pasadena community in order to preserve and encourage the free expression of ideas essential to an informed citizenry. A variety of highly vetted programs are presented for children and adults and they represent the research and opinions of the presenter and do not reflect an endorsement by the City of Pasadena nor the Pasadena Public Library.

For more information and a list of events visit: [cityofpasadena.net/library/](http://cityofpasadena.net/library/) or call (626) 744-4066.

## Applications Now Open For the 2023 Royal Court



Photo: 2022 Tournament of Roses Royal Court

Applications for the 2023 Pasadena Tournament of Roses Royal Court are now available on the Tournament of Roses website. Members of the 2023 Royal Court will each receive a \$7,500 educational scholarship and serve as ambassadors of the Pasadena community and the greater Los Angeles area.

All are encouraged to apply and participate in one of the initial interview sessions at Tournament House on Saturday, September 10 or Monday, September 12. Participants are selected based upon a combination of qualities, including public speaking ability, youth leadership, academic achievement, and community and school involvement. Information about what to expect during the interview process and frequently asked questions can be found on the Tournament of Roses website.

Royal Court members

experience countless benefits; becoming part of an organization dedicated to hands-on volunteerism, discovering opportunities to connect with and give back to the local community, developing public speaking skills and growing self-confidence. The Rose Queen® and Royal Court are iconic traditions, steeped in the Pasadena Tournament of Roses’ history and will continue as a treasured legacy.

Members of the 2023 Royal Court must be fully vaccinated and provide proof of full COVID-19 vaccination. Royal Court eligibility requirements and additional information can be found at [tournamentofroses.com/about/royal-court/](http://tournamentofroses.com/about/royal-court/)

The 2023 Royal Court will ride down Colorado Blvd. on the Royal Court float in the 134th Rose Parade presented by Honda and attend the 109th Rose Bowl Game, both on Monday, January 2, 2023.

## Dine Aug. 24 to Support Pasadena Senior Center

Leave the dinner preparation to Edwin Mills by Equator, 22 Mills Alley in Old Pasadena on Wednesday, Aug. 24, from 3 to 11 p.m. and support the Pasadena Senior Center at the same time.

Featuring New American cuisine such as potato-wrapped snapper, sweet chicken, short rib tacos and more, the restaurant will donate 15 percent of that evening’s profits to the Pasadena Senior Center on behalf of everyone who prints out the flyer from the PSC website and hands it to a server or cashier. Diners can eat at the restaurant or order takeout. The menu can be found at [www.edwinmills.com](http://www.edwinmills.com).

To download the flyer, visit: [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) and click on Dine Out & Benefit PSC.

“Teddy, the owner of Edwin Mills, has been a generous supporter of the Pasadena Senior Center, from making sizable donations to personally delivering meals to our staff during the pandemic,” said Akila Gibbs, executive director of the center. “I really encourage the people of Pasadena to show some support of Edwin Mills by Equator on Aug. 24, which also will help support the Pasadena Senior Center.”

Anyone who cannot dine at Edwin Mills by Equator on Aug. 24 will still have an opportunity to support the center by visiting the Pasadena Senior Center website and clicking on Donation & Membership.

For more information visit the PSC website or call 626-795-4331.

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# Pets in need

Some pet parents cannot afford the cost of vet care right now. You can help those pets! Visit us:

[www.FreeAnimalDoctor.org](http://www.FreeAnimalDoctor.org)



Sierra Madre based non-profit






# San Marino House Fire



San Marino Fire, Engine 91, along with units from Alhambra, Pasadena, South Pasadena, and San Gabriel responded to a residential structure fire, on July 28, at a vacant home under construction at 1212 Roanoke Road. Engine 91 arrived on scene and reported an approximately 3000 square foot home involved with a significant fire in the walls and attic spaces. With the assistance of our neighboring agencies, San Marino firefighters were successful in confining the fire to the structure of origin. Residents on either side of the home and to the rear were initially evacuated in an abundance of caution, but were quickly allowed to return to their homes. Due to the fire in the attic and walls, extinguishing the fire took well over an hour. There was no damage to any adjacent homes, and no injuries. Cause of the fire appears to be the result of construction taking place.



# Altadena Main Library

## 55th Anniversary Celebration

**Sunday • August 28**  
**11:00am — 2:00pm**  
**Main Library Parking Lot**  
**600 E. Mariposa St.**

**with a special presentation at  
12pm & a live performance at  
1pm by INCA  
The Peruvian Ensemble**

**FREE ICE CREAM**  
**MUSIC**  
**CRAFTS**  
**OUTDOOR GAMES**  
**BALLOON ARTIST**  
**&**  
**TACOS DON PILLO**  
(AVAILABLE FOR PURCHASE)

**Altadena  
Libraries**

## SENATOR PORTANTINO RECEIVES AWARD FOR MENTAL HEALTH POLICIES

Senator Anthony Portantino received the 2022 Bebe Moore Campbell National Minority Mental Health Award on July 24, from the Urban Los Angeles National Alliance on Mental Illness (NAMI). The award was presented to Portantino during a celebration of National Minority Mental Health Awareness Month. Portantino was honored for championing policies that remove the stigma associated with issues of mental health and for authoring SB 224, which is health instruction in schools.



Portantino was honored with the Youth Mental Health Champion Leadership Award by California Mental Health Advocacy for Children and Youth.

Portantino has authored multiple bills aimed at improving mental health outcomes. SB 224 requires local educational agencies, which currently offer one or more courses in health education to middle or high school students, to include content in those courses. It also directs the California Department of Education to develop a plan to expand mental health services in California public schools by January 1, 2024.

SB 14 requires the California Department of Education to recommend best practices and identify training programs to address youth behavioral health, including but not limited to, staff and pupil training. Additionally, the bill ensures that youth absences from school for mental health issues will be treated as an excused absence in the same way any other health issues are treated. Both SB 224 and SB 14 have been signed into law.

This year, Portantino introduced SB 1302 to establish or improve wellness and mental health support centers on campuses and SB 387 to require evidence based mental health training for 75 percent of classified and certificated employees on school campuses.

“We were impressed by Senator Anthony Portantino’s record of prolific legislation, namely his initiation of SB 224 in January, 2021 and signed into law in October, 2021. This legislation is crucial in having matters of mental health be a part of the curriculum of instruction for students in California. Thus, we honored Senator Portantino for ‘Leading Through Innovative Legislation,’” said Ann Shough, Secretary of the Board of Directors for NAMI Urban Los Angeles

For his past work, Portantino received the Children's Hero Award from the California Academy of Child and Adolescent Psychiatry and has been recognized by Family Services Agency in Burbank. Last year, the California Council of Community Behavioral Health Agencies (CBHA) honored Portantino as a Behavioral Health Champion. Earlier this year,

## MONROVIA NEWS BRIEFS

## JOB OPPORTUNITIES WITH THE CITY OF MONROVIA

The City of Monrovia is now recruiting for the following positions:

Police Officer (Recruit) - This position is responsible for:

- Patrolling, either in a vehicle, bicycle or on foot, during an assigned shift and looks for indicators of possible criminal activity or threats to life and property;
- Conducting investigations of disturbances, prowlers, burglaries, thefts, vehicle accidents, and other criminal incidents;
- Interviewing victims, complaints, witnesses, and interrogates suspects; and
- Establish and maintain good relationships within the community to promote crime prevention and enhance public understanding.

Librarian - This position is responsible for:

- Building and maintaining an innovative and up-to-date collection of books, music, and movies
- Fostering programming for people of all walks of life;
- Developing and implementing program improvements;
- Engaging in outreach by developing and maintaining effective partnerships with service groups, community groups, agencies and non-profit organizations to promote services;
- Contributing innovative ideas to enrich the library's tech and social service presence; and
- Supervising part-time staff and volunteers.

The City of Monrovia offers interested individuals a chance to keep themselves notified on our job openings through the job interest card. This card will help interested individuals receive notifications about positions that open within the city without having to continuously log on to view our employment opportunities page.

## MAP LEADERSHIP ACADEMIES

Monrovia Area Partnership's Youth & Adult Leadership Academies are open for registration! MAP Leadership Academy participants benefit from a broad-based education about the community while developing a valuable communications network among civic, business, and educational leaders. Many of our MAP graduates have and/or are currently serving in the community in various roles in their neighborhoods, in various organizations, on boards and commissions, and on City Council. Class capacity for both youth & adults is limited to 25 people and is first come first serve so please register as soon as possible.

## DUARTE NEWS BRIEFS

**DUARTE FARMER'S MARKET CELEBRATES NATIONAL FARMERS MARKET WEEK ON WEDNESDAY, AUGUST 10TH**

**WHAT:** The Duarte Farmer's Market, a weekly open-air market where residents and visitors in the Duarte area can find the very best just-picked seasonal produce as well as food trucks and local bakeries selling breads and sweets, is celebrating National Farmers Market Week on Wednesday, August 10th, from 4:00 p.m. – 7:30 p.m. (rain or shine). The Duarte Farmer's Market will host several free family fun activities on that day. National Farmers Market Week honors the farmers and vendors who support healthy communities, food systems and local economies. The Duarte Farmer's Market accepts cash, debit and credit cards, and SNAP/EBT cards, providing those with limited incomes access to fresh, healthy foods. This event is free and open to the public; no pre-registration is necessary. To learn more, visit: <https://www.duartechamber.com/duarte-farmers-market>.

## National Farmers Market Week Festivities

The Duarte Farmer's Market will host a local celebration in honor of National Farmers Market Week on Wednesday, August 10th, including:

- A scavenger hunt offering a chance to win a basket of fresh fruit and vegetables. Children who participate in the scavenger hunt will receive a free bubble machine (while supplies last).
- Free food samples.
- Thank a Farmer. At the market, visitors can thank the farmers who provide healthy food. Simply fill out a Thank You card and drop it in the box at the customer service booth.
- Live Music.
- Social Media fun, including:
  - o Temporary Tattoo Photo Contest. Stop by the Duarte Farmers Market and get a free temporary tattoo. Post a photo featuring the tattoo to Instagram with the hashtag #LoveMyMarket and tag @DuarteFarmersMarket by August 13 for a chance to win \$25 in Market Bucks redeemable for produce and products at the Duarte Farmer's Market.
  - o Market Haul Photo Contest. Post a photo of your fruits and vegetables "haul" from the Duarte Farmers Market on Instagram with the hashtag #myDFMhaul and tag @DuarteFarmersMarket by August 13th. The Duarte Chamber of Commerce staff will pick two photos to win some awesome prizes including Market Bucks and Route 66 T-shirts.
  - o Trivia Contest. During National Farmers Market Week (Aug. 7-13, 2022) we are holding a trivia contest on Facebook @DuarteChamber. One winner will be randomly selected per day to receive \$5 in Market Bucks redeemable for produce and products at the Duarte Farmer's Market.
  - o Selfie Photo Backdrop. A colorful backdrop will be available for selfies and social contest photos.
  - o More Contests and Prizes. Follow along for chances to win random prizes throughout the week, including free food from market vendors for a family picnic.
  - o Visit <https://www.duartechamber.com/duarte-farmers-market> for contest rules and details.

**WHEN:** Wednesday, August 10th: 4:00 p.m. – 7:30 p.m. (rain or shine)

WHO: About the Duarte Farmer's Market: The Duarte Farmer's Market is a weekly open-air market where residents and visitors in the Duarte area can find the very best just-picked seasonal produce as well as food trucks and local bakeries selling breads and sweets. Hosted by the Duarte Chamber of Commerce and supported by local businesses, the Duarte Farmer's Market will provide convenient weekly access to thousands of pounds of local farm-fresh and seasonal fruits and vegetables all grown by more than 30 California farmers, many of whom will be on hand each week to offer recipes and other information that will help shoppers prepare delicious meals using their fresh-grown produce. To learn more, visit: <https://www.duartechamber.com/duarte-farmers-market>.

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## SIERRA MADRE POLICE BLOTTER

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Tuesday, July 26                      Medical Emergency  
At approximately 12PM, officers with the Sierra Madre Police Department responded to a call from the north-eastside of Sierra Madre, bordering the City of Arcadia, concerning a drowning incident involving two children. Sierra Madre Fire Department and Arcadia Fire Department were also on scene, actively providing life-saving measures. Both children were transported to a local hospital for further medical treatment and their current condition is not known. Officers investigating the incident believe that this appears to have been a tragic accident.

The Sierra Madre Police Department wants to remind everyone of the importance of pool safety, especially during the summer months. We urge adults to maintain constant supervision of children and to ensure that pool access areas are thoroughly secured.

For more information on pool and water safety please visit <https://www.ymca.org/blog/four-tipswill-save-kids-lives-summer>.

Thursday, July 28                      Felony Warrant Arrest  
At approximately 6 PM, officers responded to the 600 block of Manzanita Ave for reports of a suspicious vehicle. Officers made consensual contact with a male occupant inside the vehicle. After an investigation, it was discovered that the male had an outstanding felony warrant from a neighboring county. The male was arrested and booked for the warrant.

Friday, July 29                      Theft from Motor Vehicle  
Officers responded to the 100 block of N. Mountain Trail Ave for reports of a theft from motor vehicle. Upon arrival, the reporting party stated that the catalytic converter was stolen from her vehicle. There is no suspect information at this time. The Detectives' Bureau is following up on this incident.

Saturday, July 30                      Theft from Motor Vehicle  
Officers responded to the 100 block of E.Sierra Madre Blvd. for reports of a theft from motor vehicle. Upon arrival, the reporting party stated that the catalytic converter was stolen from his vehicle. There is no suspect information at this time. The Detectives' Bureau is following up on this incident.



## ARCADIA POLICE BLOTTER

For the period of Sunday, July 24th through Saturday, July 30th, the Police Department responded to 865 calls for service, of which 108 required formal investigations. The following is a summary report of some of the major incidents handled by the Department during this period.

Sunday, July 24:  
1.        At 7:31 a.m., an officer responded to the 100 block of East Foothill Boulevard regarding a vandalism report. The victim discovered the suspect, a female from a former relationship, vandalized his business and he stated he received threatening text messages and emails after an altercation with her. The female suspect is outstanding as of August 2nd.

Monday, July 25:  
2.        At 3:40 a.m., an officer responded to 1919 Lanzhou Beef Noodle, located at 148 East Duarte Road, regarding a commercial burglary investigation. The officer determined unknown suspects smashed the windows of three adjacent businesses. The suspects fled with cash and a register.  
3.        At 3:56 a.m., an officer responded to Ci Tea, located at 1108 South Baldwin Avenue, regarding a commercial burglary report. Surveillance footage revealed four unidentified suspects smashed the front door of the business and stole the cash drawer. It is unknown if this burglary is related to the incidents that occurred earlier in the morning.  
  
4.        At 8:16 a.m., an officer responded to a residence in the 400 block of West Norman Avenue regarding a theft from vehicle incident. Sometime between July 21st at 7:00 p.m. and 8:00 a.m. on July 22nd, someone entered the victim's unlocked vehicle and stole the victim's wallet.  
5.        At 10:36 a.m., an officer responded to a residence in the 200 block of Colorado Boulevard regarding a battery incident. The officer discovered the female suspect spit at and struck the male victim. The 47-year-old female from Covina was arrested and transported to the Arcadia City Jail for booking.  
6.        At 1:14 p.m., an officer responded to 7-Eleven, located at 102 East Huntington Drive, regarding a trespassing report. After multiple attempts to get the suspect to leave the business, officers arrested the suspect and transported the 31-year-old male from Temple City to the Arcadia City Jail for booking. A records check revealed he had an outstanding misdemeanor warrant.

Tuesday, July 26:  
7.        At 12:54 a.m., an officer responded to Le Méridien, located at 130 West Huntington Drive, regarding a grand theft incident. The victim discovered a large sum of money had been stolen from his wallet while having a small gathering in his hotel room.  
8.        At 12:42 p.m., an officer responded to Sunglass Hut, located at 400 South Baldwin Avenue, regarding a shoplifting report. An investigation revealed a lone suspect stole 26 pairs of Chanel sunglasses. APD Detectives discovered the suspect, a 28-year-old male from San Francisco, is a known retail thief and had committed a similar theft from the Brea Mall. The investigation is ongoing.

Wednesday, July 27:  
9.        At 10:51 a.m., an officer responded to an apartment complex in the 1100 block of West Duarte Road regarding a battery report. The officer determined the suspect, the victim's boyfriend, had been physically abusive for three years. The 20-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.  
10.      7:21 p.m., an officer responded to the 500 block of East Live Oak Avenue regarding a package theft. Surveillance footage captured the suspect, a bald Hispanic or White male, steal the victim's package at approximately 3:15 p.m. The suspect fled on foot.

Thursday, July 28:  
11.      At 9:09 a.m., an officer responded to the 200 block of East Floral Avenue regarding a theft from vehicle report. Sometime during the previous night, someone entered the victim's unlocked sedan and stole battery chargers.

## CALTRANS ANNOUNCES FIVE-DAY CLOSURE OF EASTBOUND I-210 AT SAN GABRIEL RIVER BRIDGE

IRWINDALE – The California Department of Transportation (Caltrans) announces a five-day closure of westbound Interstate 210 (I-210) at the San Gabriel River Bridge in Irwindale for a bridge upgrade project partially funded by Senate Bill 1 (SB 1). Crews will divert traffic from eastbound I-210 to westbound I-210, which will be converted to three-lanes in both directions between Interstate 605 (I-605) and Irwindale Ave. during the closure.

The following closures will be taking place Wednesday, August 17, at 10:00 p.m. through Tuesday, August 23, at 5 a.m.:

- Eastbound I-210 from I-605 to Irwindale Ave.
- Westbound I-210 Irwindale Ave. on-ramps
- I-605 to eastbound I-210 connector
- Eastbound I-210 Mt. Olive Dr. on-ramps

Trucks over seven tons are prohibited on Huntington Dr. in the city of Duarte and will be subject to traffic enforcement. Message signs on the highway will be alerting trucks to use designated alternate routes.

Caltrans advises motorists to expect major delays, use I-10 or SR-60 as alternate routes, use public transportation on the Metro L Line (Gold) or Metrolink during the closures and if possible, work from home.

The closure schedule is subject to change due to weather, availability of equipment and materials, and construction-related issues. Motorists are encouraged to plan ahead and check the Caltrans QuickMap for up-to-the-minute traffic conditions. More information and updates on this project can be found on the District 7 website or on Twitter.

## COMMUNITY: WILDLIFE ALERT: MOUNTAIN LION SIGHTING

A mountain lion has been spotted in the 2700 Block of Starpine Drive in Duarte. As temperatures rise, more wild animals will come into residential are-as. The Department of Public Safety suggests the following guidelines to as-sist in coexisting with wildlife:

- Do not leave small children and or small pets (even if pets are caged) unattended outdoors.
- Should you have to maintain your pet outdoors and have room to do so, consider the placement of an enclosed dog or cat run adequate in size to allow your pet to exercise. The run should contain a 6-sided shelter and potable water and have some shade to protect your pet from direct sunlight.
- Do not encourage, entice, approach, or feed mammalian wildlife such as coyotes or bears. It is a violation of the law.
- Please remove your pet's food dish or bowl when your pet has finished eating, and do not leave any unattended food outdoors.
- Pick up all fallen fruit & berries from your yard. If possible, do not leave ripened fruit on branches. For assistance in removing ripened fruit, con-tact Duarte's Local Harvest at (626) 359-5671, ext. 316, to schedule a harvest time and date.
- Enclose or remove woodpiles.
- Do not compost human food items.
- Enclose vegetable gardens with sturdy welded wire mesh or green-house. Clear dense vegetation to reduce wildlife hiding places.
- Clean all grills or barbecues after use.
- Secure or store trash containers in enclosed structures or securely strap down the lids. Do not place refuse containers out until the day of ser-vice. Spray ammonia occasionally in the trash to cut down on food odors.
- Report abandoned or severely neglected unkempt properties to the Public Safety Department at (626) 357-7938 and overgrown brush to the Fire Department as wildlife may often take up living at such locations.
- Carry a walking stick or large colorful umbrella when out on walks so that you can use it to fend off an animal. An open umbrella, for example, presents you as much larger than the animal and may frighten it away.
- Please report suspicious activity to your Public Safety Department at (626) 357-7938 in regards to people who feed wild animals.

## CRIME PREVENTION TIPS

From The Duarte Police Department

We recommend you take the following steps in protecting your property and to discourage would-be criminals from committing auto burglaries or theft from unlocked vehicles:




- Do not leave valuable items visible in your car. Car Burglary and theft from unlocked vehicles is a crime of opportunity, be sure to keep your car clean from any clutter.
- Don't think your dark tinted windows will hide your valuables. Thieves often use flashlights to see through tint.
- Close all windows and lock all doors before leaving your vehicle.
- Park in well-lit, heavily populated areas.
- Make a copy of your registration and insurance, and keep them in your wallet or purse. Then remove all forms of identification from your vehi-cle. Anyone with permission to drive your vehicle should also have a copy of the registration and insurance with them to furnish to the law en-forcement if necessary.
- Do not leave garage door openers in parked vehicles.
- If you are parking your vehicle for several days check on it periodically.
- Inspect your vehicle regularly, thieves often times will remove license plates or replace them with stolen plates from stolen vehicles or take vehicle registration tabs.
- Secure truck tail gates- tail gates are stolen due to the ease of removal.
- Catalytic converter theft is on the rise, get your converter engraved with some sort of identifying number on it.

It is also important to follow these basic safety tips to keep your property safe. Most importantly, ALWAYS Call Temple Sheriff's Station for any suspicious activity at (626) 285-7171.

### NATIONAL 988 SUICIDE & CRISIS LIFELINE

Nationwide, people who are experiencing a mental health crisis and in need of immediate help are now able to dial or text 988 and receive assistance through the new Suicide and Crisis Lifeline number.

A new 988 Call Center, operated by Didi Hirsch, is now taking calls coming into the 988 hotline in Los Angeles County. Trained operators are available to triage callers to receive the appropriate services, including suicide crisis counseling over the phone and mental health de-escalation counseling over the phone. In addition, they will also triage callers to determine when dispatching a mobile crisis team is appropriate and, in rare cases, connection to law enforcement when safety is of concern.



## Brazilian Jiu-Jitsu for Veterans and First Responders

Are you interested in learning Brazilian Jiu Jitsu (BJJ) .....for **FREE** Starting May 29, 2022

Join us **Sundays** at 12 noon at **G3 Academy**, 303 W. Sierra Madre Blvd, Sierra Madre, CA. (next to Arnold's Hardware)

**Free** classes for veterans and first responders that are interested in learning and training in Brazilian Jiu Jitsu are being offered to all men and women who have served our country and communities. Whether you have zero experience or are a seasoned practitioner, all are welcome. No equipment is necessary.

Classes will be held at the G3 Academy in Sierra Madre and are being taught by BJJ blackbelt, Glenn Lambdin, a Vietnam Era Veteran.

If you are interested in learning, training, working on fitness and staying healthy, networking with other vets and first responders, and building a sense of camaraderie, please contact

Glenn Lambdin at (626) 825-0715.  
Or: [glenn\\_lambdin@hotmail.com](mailto:glenn_lambdin@hotmail.com)



**THE BOTTLE SHOP**  
58 W. Sierra Madre Blvd, Sierra Madre  
626-355-1262  
**WINE TASTING - Wednesday-Friday 5pm to 10pm**



# PASADENA UNIFIED SCHOOL DISTRICT COVID-19 UPDATE

Since the early days of COVID, PUSD has had to pivot and adapt to rapidly changing circumstances. At last week's meeting, the Pasadena Unified Board of Education approved revisions to COVID safety protocols.

The following revisions are now in place at all PUSD schools.

Outdoor in-person meetings/activities with parents/guardians, community members, staff, and students are now allowed with masking strongly recommended.

Indoor in-person meetings/group activities with parents/guardians, community members, staff, students are allowed with masking required for all.

- Masks are strongly recommended for students and staff indoors in classrooms and other shared spaces.
- Parent group meetings such as (PTA, SSC, ELAC, AAPC) are allowed in person and may be held outdoors or remotely if the respective parent leadership agree.
- IEP meetings with parents/guardians may be held in-person or remotely, whichever supports greater parent/guardian participation.
- Back to School nights will proceed as planned with masks required for all.

Visitors and volunteers are allowed on campus if they self-attest to being fully vaccinated or to having a negative COVID test within the past 48 hours. They must also conduct a symptom screening prior to entering campus and masking is required. All visitors and volunteers must abide by Board policies, regulations, and school rules. Board Policy - Visitors BP 1250.

Back-to-School Nights will be allowed in-person with mandatory masking.

The following protocols remain in place:

Masks are strongly recommended for students and employees in classrooms and indoors.

Masks are required in larger group activities such as assemblies.

Masks are required:

- on PUSD buses (with accommodations for students)
- at testing and vaccination clinics
- during field trips when required by the venue
- for 10 days after exposure to COVID-19 and after a positive test result

Reentry Testing Before arriving for the first day of school, PUSD is asking every student and employee to take an at-home rapid antigen test on August 10 or 11. Parents/guardians can pick up rapid antigen test kits (containing 2 tests) at their child's school/children's center August 8-10. More information <https://www.pusd.us/Page/9801>

Rapid Antigen Tests The California Department of Public Health has endorsed the emergency use of over-the-counter COVID-19 tests beyond their FDA authorized expiration. Please follow instructions carefully. If a distinct line in the color specified in the instructions does not appear in the "C" control window, the test may be invalid.

Vaccine Clinics Getting vaccinated and boosted is still the best way to slow the spread of COVID-19 to prevent serious illness, hospitalization, and death. PUSD is holding vaccination clinics for ages 3 and older at the PUSD Primary Clinic (351 S. Hudson Ave., Pasadena)

- Tuesday, August 9, 2022, 1:00-2:45 pm
- Wednesday, August 10, 2022, 1:00-2:45 pm

Pre-register at [MyTurn.CA.gov](https://MyTurn.CA.gov) or register on site. Pfizer and Moderna COVID-19 vaccines available. We also accept limited walk-ins.

Ventilation Air purifiers are in place in classrooms and indoor common areas. Filters were changed over the summer, and all lead custodians were trained on how to change both carbon and HEPA fil-ters.

Personal Protective Equipment Masks and hand sanitizers are in stock and available to students and staff.

Thank you for your continued cooperation and flexibility as we strive to keep our students and staff safe and healthy.

# SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Julia V. Fanara  
E-mail address: [jfanara@alvernoheights.org](mailto:jfanara@alvernoheights.org)  
Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)  
Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)  
Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Tonya Beilstein  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Jonathon Hawes  
website: [www.bcsllions.org](http://www.bcsllions.org)  
Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)  
Foothill Oaks Academy  
822 E. Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)  
Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)  
The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Head of School, Jo-Anne Woolner  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)  
La Salle College Preparatory  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Dr. Jamal Adams  
Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson

Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Mathew Kodama  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal: Adela Solis (626) 355-6114  
[solis@st-ritaschool.org](mailto:solis@st-ritaschool.org)  
Website: [www.st-ritaschool.org](http://www.st-ritaschool.org)

Sierra Madre Elementary School  
141 W. Highland Ave. Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay LUIS  
E-mail address: [LUIS.lindsay@pusd.us](mailto:LUIS.lindsay@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626)599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

Arcadia Christian School  
1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - and TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acsllions.com](mailto:inquiry@acsllions.com)  
Principal: Cindy Harmon  
website: [www.acsllions.com](http://www.acsllions.com)



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# Newspaper Fun!

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## A New School Year!

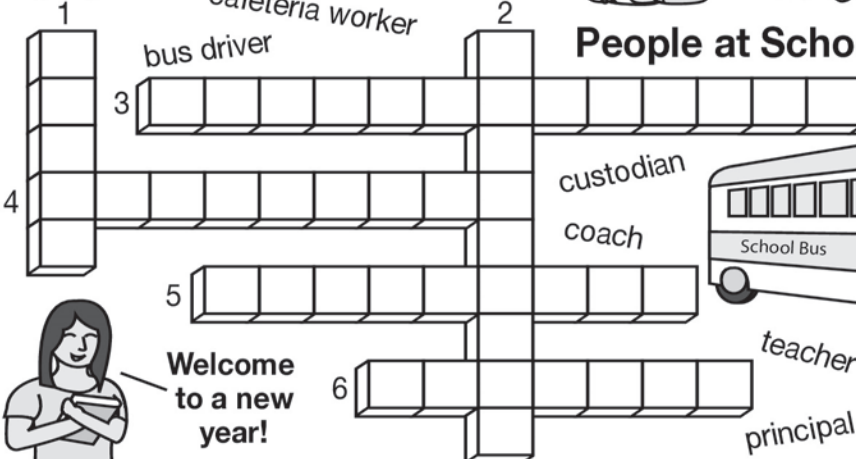


I'm so excited about going back to school. Each time classes start it's a new beginning for everyone. I'm going to study a little extra and finish all of my work.



I'm packing ahead to make sure that I have everything ready. I'm going to try something new this year – maybe join the swim team.

### People at School

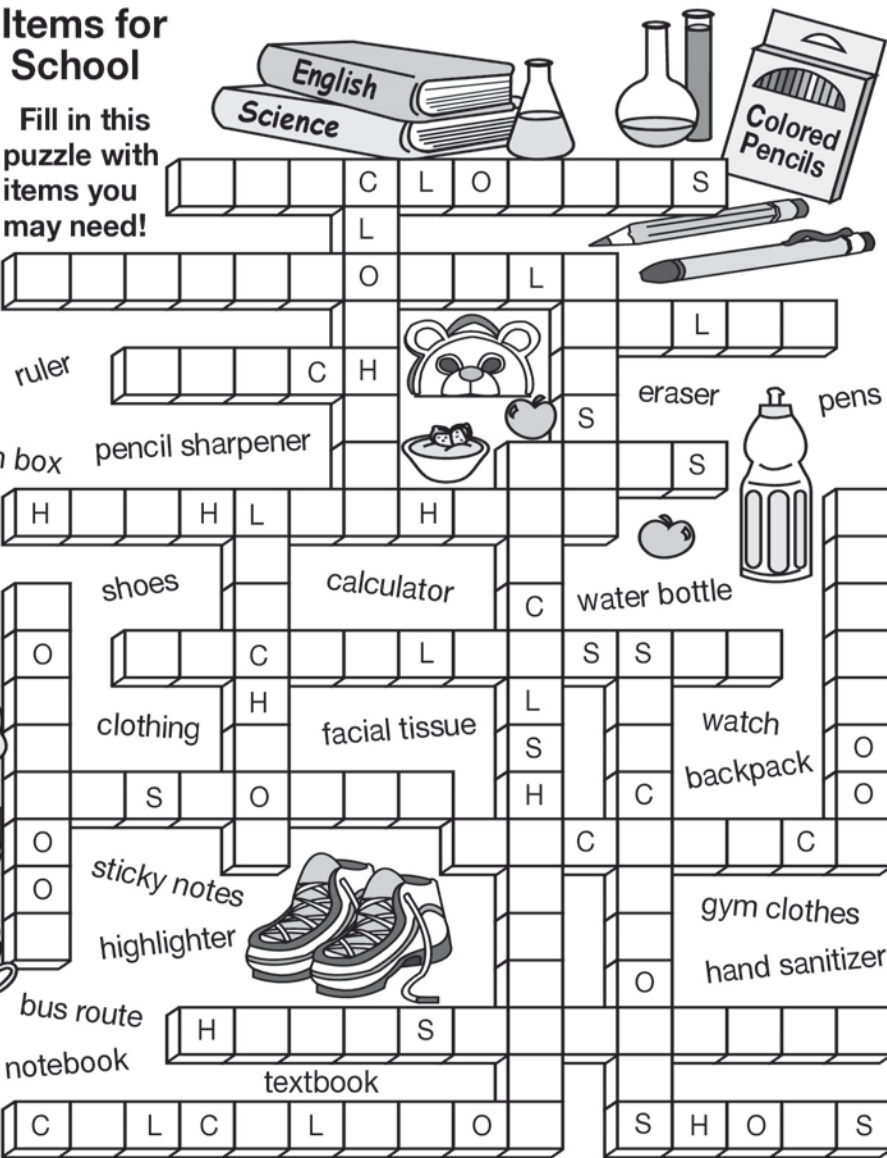


Read the clues to fill in this puzzle with 6 people who help to keep a school running smoothly:

1. challenges us to play our very best as a team
2. keeps the whole school running smoothly
3. serves us nutritious meals
4. keeps everything sparkling and in working condition
5. gets us to school on time
6. challenges us to learn more and more

### Items for School

Fill in this puzzle with items you may need!





## Happy Tails

by Chris Leclerc



### STING OF THE BOTHERED BEE

As a young child, I was terrified of every insect I came into contact with, particularly those that I knew could bite or sting me. I'll never forget the first time I was stung by a bee. Or, more specifically, the first time I was stung by a swarm of angry bees. I was about four years old, and had not yet learned about how nature works. I didn't understand the important role those creeping,

crawling, flying creatures played in the big scheme of things.

The angry bee attack was my own fault. I had been teasing them as they came and went to and from the hive they had built just outside the window of my parents' bedroom. Being the baby of seven, and with not a lot to do around the house whilst my siblings attending school, I had spent most of that morning obnoxiously tapping on the window, aggravating those bees to a point of frenzy. I guess I thought it was fun to tease them from a safe place where they could not retaliate.

Well, I must say it came as quite a surprise to me when I stepped out the front door later that day and was suddenly under siege of those buzzing, bothered bees. The moment I closed the door behind me, they launched their attack and found their way inside the back of my t-shirt. They then proceeded to plant their needle-like stingers deeply into the delicate skin of my neck and shoulders. I immediately panicked and began yelling for someone to come and rescue me.

Suddenly my mother was there yanking my t-shirt off and dragging me inside where she prepared a home remedy, which I believe was made of baking soda and milk. She spread that cool paste heavily over the bee stings as they were starting to rise up all over my neck and back. I don't know which was more swollen by the end of that fiasco; my face, from crying so hard, or the numerous stings I'd sustained. For that first hour, my temperature rose to about 102, and I was feeling quite queasy. But thanks to my mother's TLC, eventually the raised, rosy-red marks shrank down and my fever subsided.

Years later, when I reflected on this painstaking experience, I remember being amazed that my mother knew enough to use a homemade baking soda remedy to draw out the venom those bees had injected into me. As it turns out, I benefited from all kinds of awesome alternative health care tricks my mother had up her sleeve, and I now know how very fortunate I was to have had her for a mom.

To this day, I am unsure why I felt the need to pester those poor bees. I guess I was just a dumb kid finding satisfaction in annoying them from within the safety of my home. What I didn't realize, was that bees have no desire to terrorize humans, they are simply going about the business they are designed to do. To work hard transporting pollen, to breed freely and to make delicious honey. When I learned about the important part bees play in nature, I was finally able to let go of my childish fear.

In general, bees only attack in response to aggravation. It is not in their nature to do so at random. Because so many aspects of life on earth depend on the bees' persistent activities, it is important that the human understand this and allow them to go about their business. By becoming fearful and causing a raucous, we humans can often get in the way of nature's harmonious symbiosis.

There've been numerous scientific studies on the bee's olfactory capabilities. Though results have varied from species to species, the aggregate results strongly suggest that they have an excellent sense of smell, and are capable of sensing pheromones, a chemical factor that is secreted or excreted by mammals in response to social stimulation - ie: fear. Though some results are scrutinized, and it is an on-going, fluid research project, I'm inclined to believe it is true, due to my own personal experience. In my opinion, those bees smelled my fear and made it clear, they were not happy with me!

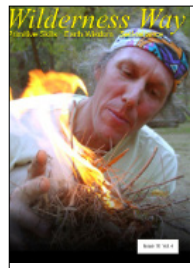
With this in mind, I think the best thing to do, if you happen to come across a swarm of bees, is remain calm. That way they will be much more likely to ignore you and continue their work, than to become aggravated and attack. Conversely, if you become fearful and make loud noises or sudden movements, they may respond with aggression and give chase. For bees, it's all about completing the task at hand, protecting their hives, and surviving.

When I finally figured this out for myself as a young adult, I learned to relax and enjoy watching bees do their work and fly about with no anxiety or fear. It is a fabulous feeling to sit and listen to them buzz as they do what they were created to do. Somehow, understanding what makes bees "tick", and learning to trust them not to attack, has helped me see a bigger picture in life. Getting to know what bees are about has taught me to stay out of the way of every form of wild life and just let them "do their thing".

There are so many lessons to be learned from all creatures, great and small. They teach us how to be better human beings if we let them. Perhaps the proverbial "birds and the bees" story that people used to tell their children during adolescence has been underrated. It's not just a metaphoric means of explaining sex and reproduction, more importantly it is a true story about how best to navigate life on earth. Relax and enjoy your surroundings, fear-free. Indeed, you'll be less likely to get stung by a bothered bee!

## CHRISTOPHER Nyerges

### DEALING WITH DEATH of A PET



[Nyerges is the author of "Til Death Do Us Part?" a book about death and the many ways to deal with the death of a pet or loved one. The book is available as a Kindle download, or from the Store at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]

When a loved one dies, the close survivors often express regret that they didn't spend more time with the departed, or tell them that they loved them. Time flies, of course, and life always presents us with so many things to do.

It's easy to put off what's important in life.

I also deeply love and value my pets, and have always considered them very much a part of the family. As a child, I remember when our family dog Pariah was old and sick. I could no longer walk him, but I would go into the back yard to pet him and feed him. Then one day when I came home from school, my father told me that he "took care of" Pariah. "What? Where is he?" I exclaimed. My father calmly told me that the local pet hospital "euthanized" Pariah. "What does that mean?" my teenage-self replied. "Does that mean he'll be home soon?" "No," my mother chimed in with a somber tone. "The doctor put him to sleep. He was dying." My mother tried to hide her tears. I was shocked, and ran to my room.

I was stunned! How could they do that.

Later, after my father was asleep, my mother – who grew up on a farm – explained that she used to see animals die all the time. "We just tried to make them comfortable," she told me. "Animals know they are dying. They usually want to be around their people to feel safe, and not in a cold hospital where they don't know anyone."

That was her way of telling me that she didn't agree with my father's decision. I was sad for a long time, and vowed that I would never again do that to any pet of mine – and I've kept that vow life-long, despite the inconveniences that come with assisting a person or pet in death. I've watched pets – cats, dogs, one pig – get old, stiff, and slow, and then they find a spot to go and die. I've learned to accept this as part of The Way.

I was saddened by what an Eagle Rock friend recently told me. His father, who lives alone, has had a cat for over 10 years. The cat became sick and old and was on its deathbed. The father – in his 80s – now seemed indifferent to this animal that once was a close friend. He wanted the cat to be taken to a vet and "put to sleep." Fortunately, the cat died in peace on its bed in its home. But I was saddened that a person could be such a fair-weather friend because the dear pet was now dying.

All of life is precious, and we need not push the death process. It comes quick enough. Nor should we fear death.

I'm reminded of the time – precisely 10 years ago – when I was taking care of my wife of 22 years on her deathbed, 24/7. She died with me by her side, at home. I think the reason that so many people fear death, and want dying people out of sight-out of mind, is because they cannot get into the shoes of the dying person. The dying person usually wants to be around the people who they were close to in life and not in a sterile hospital. (Yes, I know all situations are different, and sometimes the family simply cannot deal with the demands and pressures of the dying person).

The fact that we have grown so far from this very basic tenet shows how far we have strayed from our most fundamental roots.

**STAY SAFE!**

**GET VACCINATED!**

**WEAR A MASK WHERE NECESSARY!**

### Katnip News!



Our lovable girl Cricket..., with the big personality !!

She is very affectionate, friendly, full of spunk, and quite playful. Cricket is a little smarty-

pants, too, being a very alert and intelligent kitty. She loves to talk to you, and tell you what's on her mind! She enjoys chasing little bouncy balls, and then will jump into a cat tree and play a game, "Catch me if you can, come pet me, while I squirm around happy as a clam, just soaking up your love & attention." She can be a little rascal at times, but in a cute way. Cricket has a sleek, athletic body, like a mini panther, with her shiny & silky black fur. She does fine with other cats, but she loves to be No. 1. However, she will settle in, just as she has with her fellow felines at our rescue. Cricket is spayed, healthy, current on vaccines, and microchipped.



Find the adoption application on our website where you'll also find more adorable pix and video of Cricket. [www.lifelineforpets.org](http://www.lifelineforpets.org).

## Pet of the Week

Scooter is a fun and confident little dog with a big personality! Scooter is five years old and has hind leg paralysis, but he doesn't let that slow him down. He loves zooming around the play yard in his wheelchair and being excited about everything. Scooter also loves being scratched all over his body, neck, and ears.

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at [pasadenahumane.org](http://pasadenahumane.org). Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.





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SIERRA MADRE PLAYHOUSE PRESENTS

# SILENT SKY

BY LAUREN GUNDERSON  
DIRECTED BY BARBARA SCHOFIELD

"Because wonder will always get us there"

—HENRIETTA LEAVITT, PIONEER ASTRONOMER



### SILENT SKY OPENS SEPTEMBER 9 AT SIERRA MADRE PLAYHOUSE

WHAT: Silent Sky. A play.

WHO: Written by Lauren Gunderson. Directed by Barbara Schofield. Presented by Sierra Madre Playhouse.

WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Boulevard, , Sierra Madre, CA 91024. This is just east of Pasadena. Ample free parking is available in adjacent streets and lots.

WHEN: September 9- October 9, 2022. Fridays and Saturdays at 8 p.m., Sundays. At 2 p.m. Also, Saturday matinees at 2 p.m. on September 17, 24, October 1 and 8.

ADMISSION: \$45. Seniors (65+) \$40. Youth (21 and under) \$25.

DISCOUNTS: Teen tickets (age 13-19) are available at \$5 through the TeenTix Pass program. Go to our website to learn more.

RESERVATIONS: (626) 355-4318.

ONLINE TICKETING: <https://sierramadrepayhouse.org>

ESTIMATED RUNNING TIME: Two hours, including one intermission.

When astronomer Henrietta Leavitt begins work at the Harvard Observatory in the early 1900s, she doesn't begin by looking through a telescope. She joins a group of women "computers," charting the stars as a vital part of the world's first study of the sky done from photographs. As Henrietta, in her free time, attempts to measure the light and distance of stars, she also takes measure of her life on Earth, trying to balance her dedication to science with family obligations and the possibility of love. Based on the life of 19th-century astronomer Henrietta Leavitt, Silent Sky explores a woman's place in society during a time of immense scientific discoveries.

"Lauren Gunderson's luminously beautiful play Silent Sky is an intellectual epic told on an intimate scale. Bottom line: Heavenly." — Atlanta Journal-Constitution.

Lauren Gunderson is the playwright of 21 produced plays. The recipient of an MFA from

Tisch School of the Arts, she is a winner of the Berrilla Kerr Award. Her previous works include A Short History of Nearly Everything; The Van Gogh Café; The Happy Elf; The Amazing Adventures of Dr. Wonderful and Her Dog!; I and You (made into a film starring Game of Thrones' Maisie Williams); and many more. Silent Sky had its premiere at South Coast Repertory in 2011.

Barbara Schofield directs. At Sierra Madre Playhouse, she directed productions of Incident at Vichy (L.A. Times Critic's Pick), Proof, Arcadia and The Fantasticks. She is director-in-residence and Literary Manager at Open Fist Theatre Company. She is a board member of Sierra Madre Playhouse. She has served as a faculty member at American Musical and Dramatic Academy. Additionally, Barbara has directed or acted in productions in New York, Kansas City, London and Berlin. Dr. Schofield received her Ph.D. in Theatre from Tufts University.

The cast for Silent Sky includes Ann Marie Wilding, April Elize, Candida Celaya, Aubrey Saverino and Jack Menzies.

Production Manager: Jeanne Marie Valleroy. Stage Manager : John Dimitri. Assistant Stage Manager: Dori Jurican.. Resident Lighting Designer: Derek Jones. Costume Designer: Shon LeBlanc. Projection Designer: Fritz Davis. Technical Director: Todd McCraw. Scenic Arist: Orlando de la Paz. Interim Artistic Director: Gary Lamb. Associate Company Manager; Beryl Tsang.

Understudies: Madi Bready, Madelyne Herman, Gloria Tsai, Cristiana Barbatelli and Chris Granlund.

PLEASE NOTE: Covid-19 safety protocols in effect on performance dates will be observed. As of the writing, audience members must be masked and vaccinated. Vax card or digital record will be checked.

Silent Sky is the story of a real woman whose life and discoveries were hugely significant for the exploration of the universe.



HOW TO CHOOSE A 55-PLUS ACTIVE ADULT COMMUNITY

*Dear Savvy Senior:*  
*What tips can you recommend for choosing a good active adult housing community? My husband and I, who recently retired, are planning to relocate to an area closer to our grandkids and are interested in buying a house in an age-restricted 55-plus housing community. Active Retirees*

Dear Active:  
If you're contemplating moving into an age-restricted community, finding one that's right for you takes some legwork. While active adult communities generally offer the opportunity for a lower-maintenance lifestyle around similar aged people, they vary enormously. Here's what you should know.

Today's active adult communities come in all shapes, sizes and price ranges, ranging from small city-based apartment complexes, to single-family homes, to sprawling resort-style locations situated on a gated golf course. Most are owned by their occupants, but a growing number are rentals. Typically, at least one occupant of each property must be at least 55.

It's also important to understand that 55-plus active adult communities are not the same as retirement or independent living communities, which are primarily designed for older seniors in their 70s and 80s. Active adult communities do not typically include meals or have a central dining area, but many of them do offer a range of recreational amenities and activities.

To help you locate and research active adult communities in the areas you're interested in, the best resource is 55places.com. This is a comprehensive website that provides ratings, reviews and information on activities and amenities for thousands of communities across the country.

Once you find a few you like, here are some questions to ask yourself that can help you choose:

What's our budget? To help you choose the right active adult community you'll first need to determine what you can afford. Consider the home's purchase price, whether you'll need a mortgage, how much the property taxes and insurance are, and how much the homeowners' association or community fees are.

These fees, which typically run a few hundred dollars per month, go toward lawn care and possibly snow removal, as well as community areas like a clubhouse or pool. However, some communities may require additional memberships or fees for golf, tennis, classes, or other activities.



You also need to consider the area's cost of living for other things like food, utilities, transportation, health care and taxes. Numbeo.com and BestPlaces.net offer tools to compare the cost from your current location to where you would like to move. And Kiplinger's has a tax guide for retirees at Kiplinger.com/links/retireetaxmap that lets you find and compare taxes state-by-state.

How active is the community? Some communities provide fitness facilities, swimming pools, tennis courts and more, along with dozens of organized activities, classes and social events. Other communities are much simpler and more laid back with very limited amenities and structured activities. You'll want to choose a community that has the types of people, facilities, activities and vibe that appeals to you.

Will we like the surrounding area? Will the area around your prospective community serve your needs now and in the future? Ideally, this means having easy access to good doctors and hospitals, and a local airport if you plan to travel much. You'll also want to research how far you'll be from essential services like grocery stores, banks and pharmacies, as well as dining, shopping, and recreational attractions.

Schedule a Visit  
Once you've narrowed your choices, call to make an appointment and visit them. Be sure to allow plenty of time at each community and, if possible, go back to your favorites more than once. Also be sure to ask questions while you are visiting, particularly about the community rules.

Some developments will let you stay overnight in a model home for a few nights to get a feel of what it would be like to live there. While you are there, try the amenities and activities, and speak with as many residents as you can.

*Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.*



FAMILY MATTERS

By Marc Garlett

HOW ESTATE PLANNING CAN REDUCE THE HIGH COST OF DYING.....PART 2

Last week my column focused on the financial cost of dying as illustrated by the recently released Goldman Sachs "Cost of Dying Report". But of course, the death of a loved one comes at a much higher cost than just financial. There's the personal side of loss, too, which has many different facets.

**THE COST IN LOST TIME**  
On average, the report found that families spent 420 hours over 13 months completing all the tasks needed to settle a loved one's estate after death. However, the time commitment shot up to 20 months for estates that required the court process of probate. Additionally, most respondents underestimated how long these tasks would take: 54% said it took longer than they expected, while 31% said it took much longer.

To give you some idea of what consumed families' time most during these months, the report breaks down the responsibilities that respondents reported taking the longest as follows:

- Most Time-Consuming Tasks
- The funeral: 55%
  - Financial matters: 47%
  - The will and probate: 45%
  - Paying bills, debts, and taxes: 41%
  - Dealing with the house or other property: 25%
  - Finding service providers: 23%

**Reducing The Time Burden for Your Family**  
With proper estate planning, you dramatically reduce the time your surviving loved ones will have to spend on many of these tasks. For example, by preplanning and prepaying your own funeral, you can greatly reduce what most families reported as the most time-consuming task.

For other tasks, such as dealing with probate and paying off estates with debt, you can use estate planning to eliminate the need for your family to deal with these issues. As I write about consistently, you can save your family both the time and expense of probate by creating a revocable living trust. One other unnecessary task we see families spending a lot of time on is simply locating all of a loved one's assets when they die.

This happens when you become incapacitated or die, and your family is unable to find—or simply overlooks—all of your wealth and property. And this occurs because most people fail to properly inventory their assets or keep that inventory regularly updated throughout their lifetime. Indeed, this is why there's currently more than \$58 billion of lost and unclaimed assets held by state and federal agencies in the U.S.

Keeping an updated inventory of all your assets is of prime importance. You should not only create a comprehensive asset inventory, you should make sure your inventory stays consistently updated throughout your lifetime.

**THE TOLL ON THE MIND & BODY**  
The seemingly endless number of tasks and responsibilities grieving families must deal with can be both confusing and stressful. And since most of us have never handled such processes before, you face a surreal learning curve that only adds to your emotional burden.

To this end, more than 30% of respondents said they simply didn't know what to do during the period immediately following a loved one's death, and for those under age 45, that number rose to 43%. Not surprisingly, estates with debt typically caused more stress to those who had to manage them, and lower-income families were considerably more likely than those with higher incomes to report feeling lost during the process.

Such stress can even result in debilitating emotional and physical symptoms. As evidence of this fact, more than 57% of respondents reported suffering at least one clinical symptom of stress, while the average respondent suffered three or more. The most common symptoms induced by grief-related stress include the following:

Clinical Symptoms Experienced

- Stress headaches: 30%
- Stress-related fatigue: 42%
- Panic attacks: 17.5%
- Memory impairment: 16%

**A Lack of Communication Compounds Stress**  
Our society is so separated from the dying and grieving process that just talking about it is often considered taboo. Sadly, this only makes things that much more difficult when we finally face death's inevitable reality.

"Bereavement is emotionally and physically taxing," writes BJ Miller, MD, in the report's section on dying's mental cost. "It's hard on your body, it's hard on your mind, it's hard on your life. By not talking about it openly, we have made it much harder than it needs to be."

One positive part of this situation is that when those enduring loss are properly educated and informed about what to expect and how to best deal with these responsibilities, things do get easier for them.

"The good news is that when we give them the guidance they need, when we fill that knowledge gap, the bereaved tend to feel a lot better," says Miller.

**Don't Leave Your Family in The Dark**  
One easy way you can make dealing with your own eventual death far easier for your loved ones is by having intimate discussions about planning for death and incapacity within your family. When done right, such proactive communication and planning can put your life and relationships into a much clearer focus and offer you peace of mind, knowing that the people you love most will be protected and provided for no matter what happens to you.

Furthermore, when you take the time to include your family members in the planning process, everyone affected by your plan is well-aware of what your latest planning strategies are and why you made the choices you did, along with knowing exactly what they need to do if something happens to you. And by getting your attorney involved with these conversations over time, when something does happen, he or she will be better able to be there for the people you love, with an underlying relationship and trust already established.

**The Right Kind of Estate Planning**  
Death is unavoidable—and it can strike at any time. However, you can make your eventual death far easier for the people you love by creating a proper estate plan. Moreover, facing life's greatest fear head-on and planning for it will allow you to enjoy your current life even more. In fact, our clients often report a huge sense of relief after getting their plans in place, and they frequently say they wish they'd started their planning sooner.

The estate planning process doesn't have to be something morbid or depressing. When done right, estate planning is about far more than just planning for your death and passing on your "estate" and assets to your loved ones—it's about planning for a life you love and a legacy worth leaving by the choices you make today.

If you've been avoiding preparing for death, you could be missing out on an incredible opportunity for yourself, while leaving behind a potential nightmare for your loved ones. If you're ready to start truly living your life and make things as easy as possible for your family, take the next step and get proactive about your estate planning today.

Best,

MARC

Marc Garlett, Esq.  
Cali Law Family Legacy  
Matters  
www.caliLaw.com  
626.355.4000

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...August Birthdays\*

Nancy Beckham, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Pat Miranda, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh. Helen Stapenhorst, Chandy Shair, Heidi Hartman, Erma Gutierrez, Margaret Switzer

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

**SIERRA MADRE SENIOR CLUB** Every Saturday from 11:30am-3:30 pm in the Hart Park House Senior Center. Join us as we celebrate birthdays, holidays and pay BINGO. Must be 50+ to join. For more information call Mark at 626-355-3951.

**DOMINOES TRAIN GAME** 1st and 3rd Wednesdays, 11:00 am— 12:30 pm Hart Park House The object of the game is for a player to play all the tiles from their hand onto one or more trains, emanating from a central hub or "station". Call Lawren with questions that you may have.

**PAINT PALS**  
Tuesday, 8/4 10:30 am—Hart Park House If you enjoy painting, sketching, water color, or making some other form of artistic creation please join our new program, PAINT PALS!!! Bring a project that you are working on to the HPH and enjoy some quality art time with other artists looking to paint with a new pal.

**TEA AND TALK SENIOR BOOK CLUB** Tuesday Aug. 11 and Aug 24 — 9:00 am Staff has launched a new book club series, Tea and Talk, which meets twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection will have in store!

**FIBER FRIENDS** Tuesday, 8/16 — 10:00 am If you enjoy knitting, crocheting, embroidery, needlepoint, bunka, huck, tatting or cross stitch then we have a group for you! Bring your current project, a nonalcoholic beverage, then sit and chat with likeminded fiber friends. We meet in the Hart Park House

**CHAIR YOGA** Every Monday and Wednesday, 10-10:45 am Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in the Memorial Park Covered Pavilion or the Hart Park House..

**HULA AND POLYNESIAN DANCE** Every Friday, 10-10:45 am Bring a lei, your flower skirt or just your desire to dance! Hula in the Park is back and waiting for you to join in on all the fun! Memorial Park Pavilion.

**BLOOD PRESSURE CLINIC - Tuesday, Aug 9 11:00 am - 12:00 pm**  
Methodist Hospital will be holding a free to seniors clinic once a month in the Hart Park House. Walk in are welcome - no pre-registration required.

**BINGO: Aug 18 1:00 pm - 2:00 pm**  
Come down to the HPH (Hart Park House) for a lively round of BINGO. Prizes await!

**SENIOR CINEMA** Wednesday, 8/17— Beinning at 1:00 pm Blue Hawaii PG 1h 42m  
After arriving back in Hawaii from the Army, Chad Gates (Elvis Presley) defies his parents' wishes for himn to work at the family business and instead goes to work as a tour guide at his girlfriend's agency.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHEN IS IT OK TO BE SNARLEY?



Normally, whatever normal means, I don't get agitated by many things. I can keep my cool under the most bizarre circumstances. Nothing gets under my skin, and I can take everything with a grin. I can't remember the last time I lost my temper and got mad. I've been married for over 50 years, so I have experienced everything that I possibly can experience. After making it through these many years of marital bliss, I can handle anything.

My week was going rather well, and I was close to completing my projects for the week. Then about halfway through the week, things began to go awry. I was getting behind on my projects, and I didn't think I would ever catch up. I like to have my work done on time, and I work very hard to do just that. But for some reason, I lost the rhythm of my work, and it wasn't going like I would like it to go. So I must say, I was get-ting agitated for the first time in a long time. It was a moment of frustration as I tried to unwind from some of the problems that had developed in my projects. In the middle of that, the telephone rang. For a moment, I thought of not answering the phone and just letting it ring. If it was something im-portant, they would leave a message, and I could get back to them. For some reason, my autopilot kicked in, and without much thought, I answered the phone. "The warranty on your car is just about to expire," the person on the phone said. Then he began the long speech about what he could do to renew my auto warranty. When I came to, I realized it was some kind of a scam, so I told him I wasn't interested and then hung up the phone. It wasn't going very well, and I couldn't straighten out the problem, but I thought I was close. It took me much longer, and I didn't know what else to do. Then the telephone rang again. I tried not to answer, but in my state of mind at the time, I wasn't in control, and I automatically answered the phone. The person on the phone was introducing me to my updated Medicare options. At first, I couldn't follow what he was talking about. Instead, my mind was focused on the projects I was working on. According to the person on the phone, all I had to do was answer a few questions, and they could sign me up for additions to my Medicare at no cost to me. I replied as calmly as possible and told him I was not the least bit interested in what he had to offer. Then I hung up the phone and went back to my job. It took me a few moments to get back into my routine and sort out some problems I was having. I still couldn't figure out what was wrong. Then the telephone rang. Again! At this point, my agitation level was beginning to rise. It's been a long time since I've experienced this kind of thing. As I answered the phone, the person on the other end asked me a whole lot of questions about my health. Do you have diabetes? Do you have arthritis? Do you have pain in your back? And he went on and on and on. I asked why he was so interested in my physical well-being, and he said that it was part of Medicare and he wanted to ensure I had all the coverage I deserved. "Why are you calling me now?" I said as angrily as I could control. "I am just responding to your inquiry online." When he said that, something flipped in my head. At that point, I let loose all my snarly attitudes at the time. I was at the point where I could not con-trol my snarlyitis. I gave him a piece of my mind that I hadn't used in a long time. I angrily hung up the phone, turned around, and there was The Gracious Mistress of the Parsonage looking at me with both hands on her hips. "You sure had a snarly attitude on that phone call. Who in the world were you talking to?" I then explained the phone calls I had been getting that had disrupted my working environment that morning. "I think they are all scams," I explained to her. That brought me to a point of wondering when it is okay to be snarly. After all, I did not call them; they called me. And they called me about something I had no interest in whatsoever. And they kept calling me. As far as I know, this situation was the perfect situation to express a snarly attitude. I don't always have such situations, so I'm an amateur when it comes to being snarly. Thinking about this it occurred to me that sometimes people need to be responded to with a snarly attitude. I then remembered what Jesus said in John 8:44, "Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it." Sometimes people just need to hear the truth.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnsnyder51@gmail.com. Website is www.james-snyderministries.com.



## MOUNTAIN VIEWS NEWS

**PUBLISHER/ EDITOR**  
Susan Henderson

**PASADENA CITY EDITOR**  
Dean Lee

### PRODUCTION

**SALES**  
Patricia Colonello  
626-355-2737  
626-818-2698

**WEBMASTER**  
John Avery

**DISTRIBUTION**  
Peter Lamendola

### CONTRIBUTORS

Stuart Tolchin  
Audrey Swanson  
Meghan Maloolley  
Mary Lou Caldwell  
Kevin McGuire  
Chris Leclerc  
Bob Eklund  
Howard Hays  
Paul Carpenter  
Kim Clymer-Kelley  
Christopher Nyerges  
Peter Dills  
Rich Johnson  
Lori Ann Harris  
Rev. James Snyder  
Katie Hopkins  
Deanne Davis  
Despina Arouzman  
Jeff Brown  
Marc Garlett  
Keely Totten  
Dan Golden  
Rebecca Wright  
Hail Hamilton  
Joan Schmidt  
LaQuetta Shamblee

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Letters to the editor and correspondence should be sent to:

Mountain Views News  
80 W. Sierra Madre Bl.  
#327  
Sierra Madre, Ca.  
91024

Phone: 626-355-2737  
Fax: 626-609-3285  
email:  
mtnviewsnews@aol.com



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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN



### PUT THE LIGHTS ON

#### THE DODGERS, VIN, MY DAD AND ME

May 7, 1959 was the date my love affair with the Los Angeles Dodgers and Vin Scully began. This was the date that I attended my first official Major League Baseball game. Actually, it was not an official game but rather was an exhibition game being played in the Los Angeles Memorial Coliseum prior to the actual opening of the season, the Dodger's first season in Los Angeles. The game was called Roy Campanella night honoring the Dodger catcher who was paralyzed in an auto accident during the off-season. Campanella was a three time Most Valuable Player, of course a future Hall of Famer, but this night wasn't just for him. Included in the record breaking crowd of 93,103 were my dad and me in one of the few games we ever "saw" together. My Dad could still see then, his diabetes caused blindness was still a few years away. We did not sit in a seat but because of the huge crowd we were placed on the field behind a wire fence in the peristyle end of the Coliseum. We sat right behind the Center fielder Duke Snider. He turned to glare at me as I screamed his name, Edwin Donald Snider. A real live famous person had acknowledged me welcoming me into the real world; at least, that's what I felt and still remember.

Another well remembered moment occurred between the fifth and sixth inning when the Public Address announcer (I wish it was Vin Scully but I don't think it was) informed the crowd that all lights were to be put out and the gigantic crowd was instructed to light matches. The sight was electrifying. The Coliseum suddenly burst into a mass of blinking stars. In my mind's eye which, unlike my actual eyes, does not need glasses, I can still see the matches burning in the darkness.

Why do I choose this particular time to tell this story? Of course it is all brought to mind by the recent passing of Vince Scully who called the Dodger games for 67 years beginning even while the Dodgers were still in Brooklyn. For my dad and me and for so many others Vince Scully was more than the voice of the Dodgers. He was the Dodgers. Already I have received 6 emails describing the importance of Vin Scully to my friends. They, like me and my Dad listened to him on transistor radios as he told humorous stories still managing to keep track of the game. He was an old friend whose voice, listened to on warm summer nights in our non-air conditioned apartments made life tolerable, even fun. Go Dodgers!

After my Dad lost his vision we listened to Vin every night of the season and believe it or not we were pretty happy. Sure we had to get up at 5:00 a.m to begin my dad's route, but it was fine as my Dad couldn't see my questionable early morning driving. It was actually a pretty wonderful time for me as my Dad and I would discuss the previous night's Dodger game and remind each other about the humorous stories that Vin had constructed during the game. Of course I also had the opportunity to hear my Dad's stories about growing up in the Ukraine and surviving life-threatening times. I want you to understand that there was sometimes humor in these stories like my dad's adventures with his constantly wandering cow. These stories were always mixed in with our discussions of Dodger games and how Vin Scully's wonderful voice and tone allowed us to feel like we were right there at the game and pretty pleased with our self as we coped with a very difficult situation. It sort of reminds me of today.

Sure we live in a capitalistic society which is all about money and I recognize that the Dodgers have been awfully good at the money game. Inadvertently or not, the Dodgers are responsible for wonderful consequences which have broken racist, ethnic, and gender barriers. Perhaps Jessica Mendoza, the female Latina super-star now calling the Dodger games from Vin Scully's old seat, or right next to it, is a harbinger indicating the potential bring down the sexist gender barrier presently preventing females from playing in the major leagues. You never know but if there is money to be made it could happen.

Meanwhile enjoy the games. The Dodgers are doing great this season.

## TOM PURCELL

### THE KEYS TO LIVING WELL



Comedian Carl Reiner was good at living well — and he lived well until the age of 98.

I recently watched his 2017 HBO documentary, "If You're Not in the Obit, Eat Breakfast."

It introduces viewers to several people who are flourishing in their 90s — running races at 100, doing yoga at 98, playing the piano professionally at 100 — and it really does inspire people of all ages to get off their duff and take life by the horns.

Average life expectancy has taken a hit in the past few years due to COVID which claimed 1 million Americans, and opioid overdoses, which claimed 100,000 in 2021, reports Fortune.

It's particularly heartbreaking that so many of the opioid deaths were young people, who had their whole lives still before them.

What a loss of human potential.

Despite recent life-expectancy setbacks, however, the truth is, technological innovation will continue to extend our lifespans.

According to the World Future Society, advances in nanotechnology and cell and gene manipulation may eventually keep humans alive for 120 to 500 years.

I have zero desire to live 500 years, but after watching Reiner's wonderful documentary, I am inspired to dive into life with more passion and gusto right now, at age 60.

Living well and living an active life has nothing to do with age, but with the decisions we make every single day.

And choosing to live with greater vitality is not so hard to do.

Reiner says the key to having vitality in your life is to do something that makes you eager to get out of bed every morning.

In his case it was writing. He wrote a book every year in his 90s. He found a way to share his legendary humor with the rest of us.

I am finally embracing such wisdom.

I wake now at 6 a.m. and once I get my lovable lab, Thurber, situated, I go to a writer's nook I created in an unused bedroom and work on a new dog-related blog and a book about my first year as a new dog dad ([www.ThurbersTail.com](http://www.ThurbersTail.com)).

Such simple writing brings me tremendous joy and gives me a burst of energy to manage the often stressful communications consulting work I do for corporate clients during the rest of my working day.

Reiner's documentary says that another key to vitality is to keep moving. Get up. Get out. Meet friends. Make eye contact.

We are social animals and eye contact, conversation and a hearty laugh shared with friends are the foundations of vitality.

If there is something you've always wanted to do, there's no time like the present, so get off your butt and do it.

Reiner explains how his wife Estelle didn't start her jazz singing career until she turned 60. She recorded seven albums and performed in jazz clubs until she passed away at the age of 94.

It's easy to let unpleasant current events — inflation, recession, political bickering — weigh our spirits down.

It's important to follow what is happening in our government and exercise our right to vote.

But what is even more important is that we choose to live fully doing something meaningful and doing something we love every single day, no matter how old we are.

We become better sons and brothers and neighbors and citizens that way — to the benefit of us all.

Tom Purcell, creator of the infotainment site [ThurbersTail.com](http://ThurbersTail.com), is a Pittsburgh Tribune-Review humor columnist. Email him at [Tom@TomPurcell.com](mailto:Tom@TomPurcell.com).



## RICH & FAMOUS



### PARAPROSDOKIANS, PART ONE REVISITED

This is a rerun of a column that ran a year ago. I choose to rerun the column as the topic, paraproisdokians are such a wonderful, unusual and clever part of our literary culture. My and Famous' personal goal with this column is achieved when we share bits of anecdotal fun that you, in turn share with friends enjoying the same good feeling we experience in improving someone's quality of life by making them chuckle. So please enjoy, and pass it along.

Paraproisdokian: A figure of speech in which the latter part of a sentence or phrase is surprising or unexpected, usually in a humorous or dramatic way. Sounds like your dubious columnist here has spent a lifetime spouting paraproisdokians without knowing exactly what they were. You might have favorites of your own. Here are some that caught my attention.

We'll start with the paraproisdokian that best defines the essence of ...Rich Johnson:

"We never really grow up; we only learn how to act in public." Unknown

"You can always count on the Americans to do the right thing — after they have tried everything else." Winston Churchill

"I've had a perfectly wonderful evening, but this wasn't it." Groucho Marx

"A modest man, who has much to be modest about." Winston Churchill

"The last thing I want to do is hurt you. But it's still on the list." Unknown

"I didn't say it was your fault; I said I was blaming you." Unknown

"You do not need a parachute to skydive. You only need a parachute to skydive twice." Unknown

"Always borrow money from a pessimist. He won't expect it back." Unknown

"You're never too old to learn something stupid." Unknown

"War does not determine who is right — only who is left." Unknown

"I used to be indecisive. Now I'm not sure." Unknown

"A Freudian slip is when you say one thing, but mean your mother." Unknown

"Light travels faster than sound. This is why some people appear bright until you hear them speak." Unknown

Next week I will regale you with part two of my two part series on "paraproisdokians".

My intrepid 60's and 70's fun rock band, JJ Jukebox, is performing at Nano Café, August 20, 6:30-9:30pm. 322 West Sierra Madre Blvd, Sierra Madre. Best time to make reservations is to call (626) 325-3334 after 4:00pm on a Wednesday through Saturday









# WHEN SCHOOL STARTS

- Arcadia Unified School District:
  - Arcadia High School: Aug. 17
  - Elementary and Middle Schools: Aug. 18
- Duarte Unified School District: August 10
- Pasadena Unified School District: August 11
- South Pasadena Unified School District: August 11
- Monrovia Unified School District: August 17
- Bethany Christian August 24
- Gooden School August 26



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Celebrating our Centennial year makes the start of school all the more exciting! Our young Raiders are preparing for the 2022-2023 school year beginning August 30th where they will step into their new classrooms as well as newly renovated restrooms on both campuses.

There is so much to look forward to in their first few weeks of school, such as the Blessing of the Backpacks, their first school mass, engaging After School Enrichment Programs, our updated Technology Program including Computer Literacy, Coding, Engineering, Digital Design, Data Handling, and Digital Citizenship, Centennial Celebrations and the planning of Harvest Festival weekend on October 21st and 22nd!

For more information about St. Rita School, please contact us in the school office (626) 355-6114. Please visit our website at [www.st-ritaschool.org](http://www.st-ritaschool.org) and schedule a private tour. We look forward to meeting you!

### WAYS WE SERVE OUR COMMUNITY

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The Sierra Madre Rotary Club is pleased to honor the teachers and staff of Sierra Madre Elementary School and Sierra Madre Middle School on Tuesday August 9 at the annual Teacher Appreciation Luncheon. Rotary recognizes the service our schools' staff provides to the community as they teach and support our children, getting them ready to be the future leaders of our City, the Country and the World.

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Mountain Views News   80 W Sierra Madre Blvd. No. 327   Sierra Madre, Ca. 91024   Office: 626.355.2737   Fax: 626.609.3285   Email: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com)   Website: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)