



# MOUNTAIN VIEWS NEWS TO HONOR 2024 GRADUATES

The June 1st edition of this paper will be dedicated to the Class of 2024! In order to be included, please send your graduates picture, full name, age and school.

The Class of 2024 - tomorrow's leaders - deserve to be honored! Send to: [editor@mtviewsnews.com](mailto:editor@mtviewsnews.com) Subject: Class of 2024

# Mountain Views News

Sierra Madre

Arcadia

Duarte

Monrovia

Pasadena

Altadena

South Pasadena

San Marino

SATURDAY, MAY 18, 2024

VOLUME 18 NO. 20



the webb-martin group

## 9 Ways to Increase Your Home Value on a Budget



- 1 Spruce up your front yard
- 2 Give your walls a fresh coat of paint
- 3 Purchase new hardware for your cabinets
- 4 Re-caulk your sinks and tubs
- 5 Buy matching front panels for appliances
- 6 Deep clean your home
- 7 Purchase new shades for old lamps
- 8 Purchase new faucets for kitchen and bath
- 9 Update your carpeting



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## MOUNT WILSON TRAIL RACE & PASTA DINNER RETURN NEXT WEEKEND

The 2024 Mt. Wilson Trail Race (MWTR) festivities are next weekend beginning with the Pre-Race Pasta Dinner on Friday, May 24, 2024, from 5:30 – 7:00 p.m., the MWTR on Saturday, May 25, 2024, starting at 7:30 a.m., and the Kids' Fun Run starting at 7:45 a.m. All events take place in Kersting Court and everyone is welcome to attend.



The public is cordially invited to the MWTR Pre-Race Stone Fire Grill Pasta Dinner on Friday, May 24, 2024, from 5:30 p.m. – 7:00 p.m., in Kersting Court. The cost is \$10.00 per person. There will also be a Pasta Dinner Beer Garden at which adults ages 21 and above can drink the "2024 Mt Wilson Trail Race Kölsch" and "Woodchopper IPA", made by RT Rogers Brewing Company of Sierra Madre. MWTR packet pickup (race number, t-shirt, and goodie bag) will also be available at the Friday night pre-race pasta dinner.

Pasta Dinner proceeds will support Sierra Madre Search & Rescue and the Pasta Dinner Beer Garden sales will support the Fletcher Trail Maintenance Fund. This is an opportunity to have great food and meet and greet your neighbors and fellow racers ahead of the race. In addition, you will be supporting Sierra Madre Search and Rescue and the Fletcher Trail Maintenance Fund.



Before the race this year, Maggie Moran of Chantry Flat's Adams Pack Station will sing the National Anthem. The MWTR Starter is Sierra Madre's former Public Works Director Chris Cimino to thank him and recognize his many years of service to the MWTR.

At the Kersting Court Race Day Expo, MWTR merchandise will be for sale. New this year will be a free photo booth available for everyone to enjoy. In addition, Sierra Madre Pizza will be for sale, with proceeds benefitting the Fletcher Trail Maintenance Fund. There will also be a Beer Garden at which adults ages 21 and above can drink the RT Rogers Brewing Company's "2024 Mt Wilson Trail Race Kölsch" and "Woodchopper IPA", with profits benefitting Sierra Madre Search & Rescue.

Race Day Vendor Booths will feature the following groups/organizations:

Arcadia Association of Realtors  
Cancer Support Group of San Gabriel Valley  
Christ Church SM – drop bag station  
Compass Realty & Strategy Asset Mgrs.  
Free Animal Doctor  
Muscle Lab – Pasadena  
Run With Us – Pasadena  
San Gabriel Valley Municipal Water District  
Sierra Madre CERT  
Sierra Madre Community Foundation  
Sierra Madre Events Committee  
Sierra Madre Historical Preservation Society  
Sierra Madre Library Foundation  
USC Arcadia Hospital  
Vision for Enrichment – Pasadena  
YMCA – Sierra Madre

MWTR – May 25, 2024 – Race Day Schedule

6:30 a.m. – 12 noon	Kersting Court Expo – Enjoy the race, vendors, pizza, & beer
6:30 a.m.	Packet pick-up & drop bag services open
6:30 a.m.	Kids' Fun Run registration opens
7:30 a.m.	MWTR starts in Kersting Ct
7:45 a.m.	Kids' Fun Run starts in Kersting Court
8:30 a.m.	Beer Garden opens
9:30 a.m.	Sierra Madre Pizza Company sales opens
9:45 a.m.	Awards Ceremony
Until 12 noon	Kersting Court Expo closes

Registration for the Kids' Fun Run (ages 3 – 13) is FREE and will take place on the morning of the MWTR. All children participating receive a t-shirt and finisher's ribbon. The Kids' Fun Run will begin in Kersting Court at 7:45 a.m. Parents may accompany their younger children during the Kids' Fun Run.

Sierra Madre's Bottle Shop and Taylor's O' Fashioned Market are currently selling four-pack cans of "2024 Mt Wilson Trail Race Kölsch", a limited release beer made especially for this year's MWTR by RT Rogers Brewing Company of Sierra Madre. The Kölsch beer is also currently being served on tap at RT Rogers Brewing Company on Montecito Ave.

The MWTR course is 8.6 miles in length, starting at Kersting Court, up Baldwin Ave., Mira Monte Ave., to Orchard Camp and back. The total elevation gain is over 2,160 feet. First run in 1908, the annual Mt. Wilson Trail Race is one of the oldest trail races in California.

## Sierra Madre News Briefs

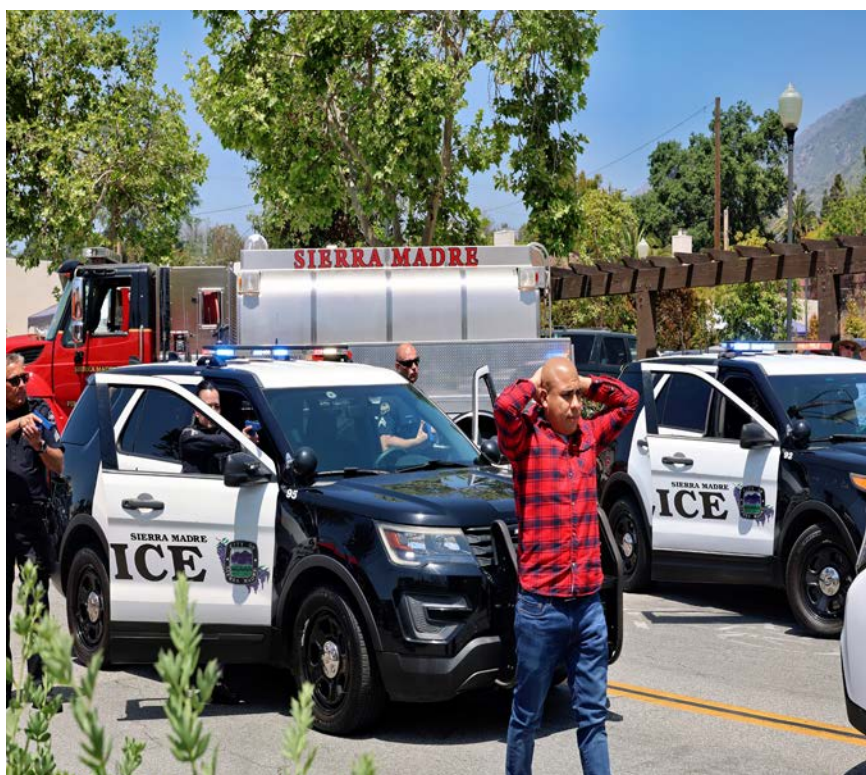
### SIGNATURES SUBMITTED FOR PUBLIC SAFETY PARCEL TAX MEASURE

On Thursday, approximately 1,000 signatures were submitted to the City Clerk's office in support of placing a parcel tax measure on the November Ballot, pending verification. Both the Sierra Madre City Clerk's Office and the LA County Registrar of Voters office have to confirm.

In the April 20th edition of this paper (<https://mtviewsnews.com/v18/htm/n16/index.htm>), Mayor Pro Tem Robert Parkhurst shared a story that gave a good example of why the city needs to preserve its Public Safety departments.....

".....As a small city, our strength is our residents. We make this city the most desirable place to live in the region. We have incredible events and fantastic services. We need to maintain those services and the most efficient way to do that is with a modest public safety tax. This tax will provide more than \$2 million a year for our police and fire departments. It ends up being about \$1.32 per household every day. This is a worthwhile investment for the lifesaving services our police and fire departments provide us." You can learn more at [www.smsafety.org](http://www.smsafety.org).

Below is a picture from the recent Public Safety Workshop presented to the public last weekend. The event shown is a demonstration. Photos by Dirk Bolle.



Time to sell... and go?



## Considering Selling Your Property in 2024?

Your next chapter awaits. *Call us!* We can help.

**Barbara Rogers**

626.484.8135

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[www.Barbara.Rogers.com](http://www.Barbara.Rogers.com)  
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CRE#01880650



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**Andy Bencosme**

626-921-5621

Lic #01323356

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# SIERRA MADRE HAPPENINGS



409 W GRANDVIEW AVE

Sierra Madre, CA 91024

List Price: \$1,300,000



**RE/MAX**  
**COLLECTION**  
Fine Homes & Luxury Properties  
**Janette Ledea**  
Cell: (626) 242-3244  
E-mail: jledea@remax.net

- Property Overview:
- Newly remodeled guest home w/ front & back yard
- Refinished original hardwood flooring throughout
- Sizable pool & lanai w/dressing room & 1/2 bath
- Den with walk-in closet can serve as 3rd bedroom
- Lot 9,627sq. ft, private, fully enclosed yard



DRE #01480942 See more information at virtualviewtours.hd.pics/1459530 All information deemed reliable but not guaranteed.



Coming Soon...

## Historic Old Mill Residence Coming to the Marketplace

Coming to the market later in May is this lovely home, one of the original residences built on Old Mill Road in San Marino. Under the personal direction of Henry E. Huntington, Oak Knoll Marino was developed to fulfill his dream of surrounding his famed estate and gardens with "the most beautiful residential park in California."

This classic Colonial Revival built in 1922 has been in the same family for three generations. The park-like grounds, spanning just under 1.4 acres with glorious gardens, has been the site of many parties over the years from family celebrations to society galas. But at its core, this beloved home has provided its owners with many wonderful, happy family memories and is ready for its next chapter.

- |                        |                          |
|------------------------|--------------------------|
| 6 Bedrooms             | Lot - 1.4 acres          |
| 5 Bathrooms            | Sprawling Lawns          |
| Main House - 4,393sf   | Swimming Pool & Spa      |
| Pool Cabana - 1,019sf  | Tennis Court with Gazebo |
| 7-Car Garage - 1,660sf | Dining Gazebo            |

Offered at \$6,460,000

Sue Cook REALTOR® | DRE# 02015404  
626.253.1323 | suecookrealtor@gmail.com

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## Sierra Madre Civic Club Calendar of EVENTS

### A Note From Club

SMCC has had an eventful month. The Annual Fundraiser, held at Methodist Church, was an amazing day! Our "Out of this World" theme was just that! With the money raised from this event, as well as all our fundraising efforts throughout the year, we will be giving out our Educational Awards to 5 local seniors at our May 9th meeting. From our Philanthropy committee, we will be donating to a number of local non-profit organizations at the May 28th City Council meeting. **This is what we do!!!** We have a fun time raising money and are very proud to be able to make a difference in these students' lives and for the organizations we donate to.

### May 4

Carnival in the Park. Sierra Vista Park from 10am to 4pm. Games, Petting Zoo, Bake Sale, Craft Fair, Plant Sale, Food and more!

### May 4 & 5

Sierra Madre Art Fair. 9:30am-5pm. Over 80 artists displaying their work, entertainment, and food vendors.

### May 9

Civic Club Membership Meeting. 7pm at Hart Park House. We will be awarding the Educational Awards.

### May 11

Boot Skootin' Chili Cook-Off. 6pm-9pm at 611 E Sierra Madre Blvd. Tickets are \$40. Buy at sierramadreckiwanis.com

### May 25

Mount Wilson Trail Race. Starts at 7:30am from Kersting Court.

### May 28

Civic Club Philanthropy Awards. 5:30pm at the City Council Meeting.



Every activity in which Civic Club participates or creates reflects our shared commitment to promote our community.

To add your organization events, please send an email to [smadreevents24@gmail.com](mailto:smadreevents24@gmail.com)

## June Faire

Saturday, June 1, 2024  
9:30 a.m. - 2:30 p.m.



FREE  
ADMISSION

### \$2,000 Grand Prize Raffle!

Victorian Tea Room ~ Arts & Crafts ~ Book Sale ~ Boutiques  
Home Baked Goods ~ Entertainment ~ Strawberries & Ice Cream  
Bangers & Buns ~ and Much More!



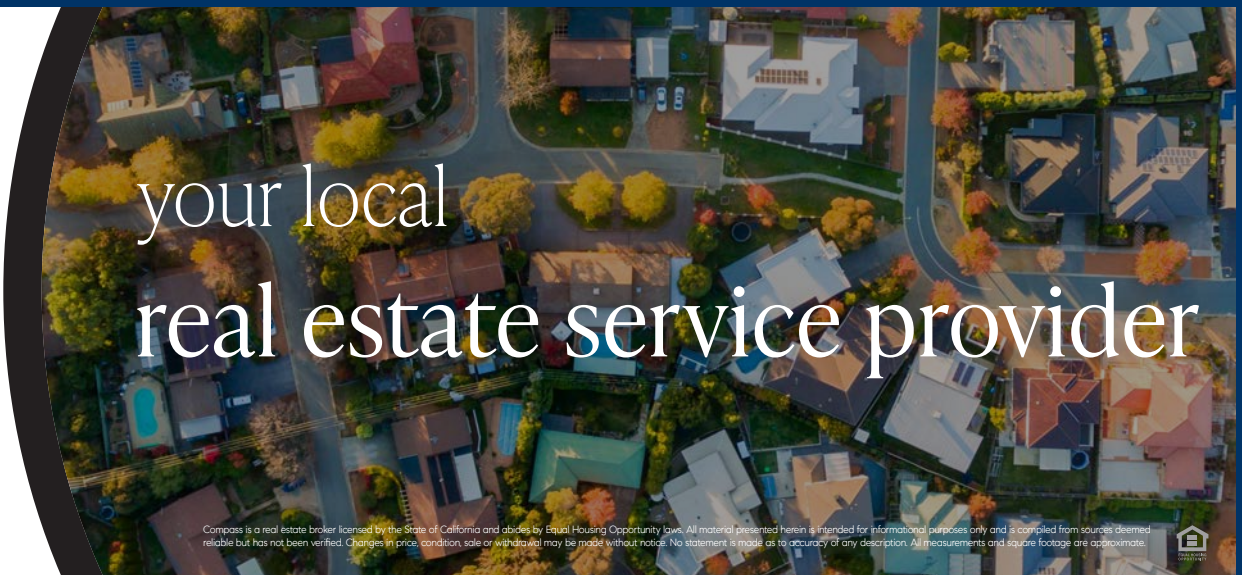
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Tsinoglou**

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# Weather Wise



**6-Day Forecast Sierra Madre, Ca.**

<b>Sun</b>	Sunny	Hi	70s	Lows 50s
<b>Mon:</b>	Sunny	Hi	70s	Lows 50s
<b>Tues:</b>	Sunny	Hi	70s	Lows 50s
<b>Wed:</b>	Sunny	Hi	70s	Lows 50s
<b>Thur:</b>	Sunny	Hi	70s	Lows 50s
<b>Fri:</b>	Sunny	Hi	70s	Lows 50s

Forecasts courtesy of the National Weather Service

## SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING MAY 31, 2024 5:30pm THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre’s COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@Cityof-SierraMadre.com](mailto:PublicComment@Cityof-SierraMadre.com) by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at [foothillsmedia.org/sierramadre](http://foothillsmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..

**1630 AM EMERGENCY RADIO & Free on-air publicity for local events**

Sierra Madre’s EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

# WALKING SIERRA MADRE - The Social Side

by Deanne Davis

## THE MT. WILSON TRAIL RACE RETURNS TO MEMORIAL DAY WEEKEND!

That, friends and neighbors, is great news. As you already know, the Mt. Wilson Trail Race is one of the oldest trail races in California. It takes you 8.6 miles from Kersting Court to Orchard Camp and back with an elevation gain of over 2160 feet on a winding course that is kept in optimum condition by the Trail volunteers.

The original path, first used by the Gabrielino Indians, was dug out by Benjamin “Don Benito” Wilson in 1864 and every year about 300 (350 this year) intrepid runners do their best to get up there and back in two hours or less without falling down!

You guys who have been watching the Trail Race since its inception in 1908...well, probably nobody was watching that one...anyway, in case you’re a new Sierra Madrean or you’ve heard about the Race but could use a little background information, here ya go...

The Mount Wilson Trail Race is the second oldest trail race in California. In the beginning (1908) runners raced to Mt. Wilson, rested half an hour then raced back down and only a very few runners even attempted it. Joseph B. King of San Francisco was the winner of the first race. His time for the round trip was 2:11:35. The winner last year, James Timphony of Pasadena came in at an astonishing 1:02:04. Of course, he didn’t take a half hour off halfway through.

The race was held sporadically from 1908 until the late 1940s – early 1950’s when it was abandoned completely. It was revived in the Fall of 1965 and is now an extremely popular Sierra Madre event. Organized by a volunteer committee and sponsored by our fair city, the current race is 8.6 miles in length, starting at Kersting Court up to Orchard Camp and back. The exact course has been changed by erosion, fires and earthquakes but is lovingly maintained by some amazing guys who wield shovels, move boulders, avoid the occasional bear and generally keep the Trail in good shape. A badly needed new bridge was added last year.

The picture is of my favorite Trail walkers, daughter, Leah, and my dear John, who walked up the Trail to First Water hundreds of times over the years. Leah has run the race and may very well do it again one of these days. John will be watching the race from heaven, along with Bud and Kevin Switzer, who both ran the race with astonishing speed for many years. Bud and Kevin Switzer are the ones who started the Halloween happenings on Alegria years ago with their hundreds of fantastically grotesque, funny, scary carved pumpkins.

It’s a lot of fun to walk downtown early before the race, which starts at 7:30, grab some coffee, visit with everybody you know, watch all the little kids getting ready for the kid’s run and just hang out and watch for the first runners to come in. Somebody talented will deliver the National Anthem and, with any luck at all, it will be a cool and cloudy May Gray Day, nobody will fall, the special beers R.T. Rogers Brewing Company has created will be the best brew you’ve ever tasted and you’ll have a great day. Mother’s Day is a memory, the flowers are still on the kitchen counter and if you’ve been zealous about clipping the stems, they will last another few days. We had kind of a low-key day as granddaughter, Emily, was leaving for the 8<sup>th</sup> Grade trip to Catalina and needed to be driven to school by 11:30 to board the bus that would whisk her away for a few days at the sea. Flowers and an original piece of art for her mommy and for me from Emily made us both happy. The best thing about Mother’s Day is getting together with family members you might not see all the time.


If you haven’t celebrated yet, you might consider taking your mom or somebody that makes you laugh to Casa Del Rey for a margarita and some guacamole and chips. They are celebrating 50 years of serving excellent Mexican food.

Susan Henderson’s editorial about the things her mother taught her was so good. It explained a lot about how Susan came to be such an exceptional person and a really great friend. If you didn’t read it last week, hunt up the paper or take a look online.

And the last word on Mother’s Day: “Thank you for not selling me to the circus – I know it must have been tempting at times. Happy Mother’s Day!”

My book page: Amazon.com: Deanne Davis  
Where you’ll find the Emma Gainsworth Kindle novelettes,  
Along with other goodies like “A Treasure Map, A Drunken Owl  
And 47 Rattlers in A Bag” True Tales of Early California





This week at the  
Sierra Madre  
Public Library  
  
May 20—May 25

**Monday**

**Baby Rhyme Time** —In-person at 9:00am

**Preschool Storytime** —In-person at 10:00am

**Nature Walk at Bailey Canyon** —In-person at 5:30pm. Call to register

**Wednesday**

**Board Library Teens**— In-person at 4:00pm

**Thursday**

**Sensory Play** — In-person at 9:00am. Call to register

**Saturday**

**3D Printing Basics**— In-person at 12:00pm

Read, Discover, Connect  
@ Sierra Madre Public Library  
350 W Sierra Madre Blvd  
(626) 355-7186

**PUBLIC HEARING NOTICE**

From: The City of Sierra Madre  
Subject: FIRST READING OF ORDINANCE NO. 1470 AMENDING CHAPTER 17.08 (DEFINITIONS), CHAPTER 17.82 (HISTORIC PRESERVATION), CHAPTER 17.85 (HOME OCCUPATIONS), AND CHAPTER 17.88 (TEMPORARY USE PERMITS) OF TITLE 17 (ZONING) OF THE SIERRA MADRE MUNICIPAL CODE

Applicant: City of Sierra Madre

Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing for the First Reading of Ordinance no. 1470, amending Chapter 17.08 (Definitions), Chapter 17.82 (Historic Preservation), Chapter 17.85 (Home Occupations), and Chapter 17.88 (Temporary Use Permits) of Title 17 (Zoning) of the Sierra Madre Municipal Code.

The purpose of Ordinance no. 1470 is to address community concerns that Temporary Use Permits (“TUPs”) and Home Occupation Permits (“HOPs”) are being used to convert certain residential uses into commercial uses. The ordinance seeks to protect residents’ enjoyment of their property and ensure that the allowance of TUPs and HOPs do not overshadow the primary use.

On April 18, 2024, at a regularly scheduled meeting, the Planning Commission approved Municipal Code Text Amendments (MCTA 24-01, MCTA 24-02, and MCTA 24-03) recommending the City Council adopt an ordinance incorporating the amendments.

DATE AND TIME OF HEARING  
City of Sierra Madre City Council meeting; Tuesday, May 28, 2024 (meeting begins at 5:30 p.m.)

PLACE OF HEARING  
City of Sierra Madre; City Council Chambers; 232 W. Sierra Madre Blvd., Sierra Madre, CA

The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00PM on the day of the meeting. Emails will be acknowledged at the Council meeting, filed into public record and scanned onto the City website for public review. The meeting will be streamed live on the City’s website at [www.sierramadrecal.gov](http://www.sierramadrecal.gov), on Foothills Media website at <http://www.foothillsmedia.org/sierramadre> and broadcast on Government Access Channel 3 (Spectrum). Informational updates regarding the 2024 Updates to the Temporary Use Permit Ordinance are available on the City’s website at [www.sierramadrecal.gov/TUP2024](http://www.sierramadrecal.gov/TUP2024).

ENVIRONMENTAL DETERMINATION: The adoption of Ordinance no. 1470 is exempt from the California Environmental Quality Act (CEQA) pursuant to Section 15061(b)(3) of the CEQA Guidelines which provides that CEQA only applies to projects that have the potential for causing a significant effect on the environment. Here, it can be seen with certainty that there is no possibility that the proposed amendments to the Sierra Madre Municipal Code may have a significant effect on the environment. The amendments do not relate to any one physical project and will not result in any physical change to the environment. Therefore, it can be seen with certainty that there is no possibility that the municipal code text amendments may have a significant adverse effect on the environment, and thus the adoption of this Ordinance is exempt from CEQA pursuant to Section 15061(b)(3) of the CEQA Guidelines.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

## 2024 SIERRA MADRE 4TH OF JULY PARADE REGISTRATION MAY 1 - JUNE 7, 2024

The Sierra Madre 4th of July Parade is an annual tradition that is an integral part of the Sierra Madre community! This hometown parade features community members, organizations, classic cars, marching bands, kids on their decorated bikes and so much more.

Please join us for the 2024 City of Sierra Madre Parade on Thursday, July 4th, from 10:00am – 12:00 pm. The parade route will begin at the corner of Sierra Madre Blvd. and Sunnyside Avenue, and proceed down the boulevard to Sierra Vista Park. Parade participation is open to all; young, young-at-heart, and everything in between.

Registration will close on Friday, June 7th. For more information on the parade and all of the happenings please visit our NEW website at <https://www.sierramadreevents.org/>

For questions regarding parade registration please contact the 4th of July Parade Chair at [parade@sierramadreevents.org](mailto:parade@sierramadreevents.org) or the Community Services Department at 626.355.5278.

## SCOUTS NEEDED FOR 4TH OF JULY PARADE

The Sierra Madre Events Committee (formerly the 4th of July Committee) in conjunction with the City of Sierra Madre has begun planning for 2024 Sierra Madre 4th of July Celebration. The parade will take place on July 4th .

The Committee is seeking special assistance from local Girl Scouts and Boy Scouts and Scouts in general to assist with this year’s 4th of July Parade. This specific request is for any interested Scout who would like to march in the parade July carrying banners for award recipients and dignitaries. Scouts will be required to be in dress uniform and able to carry a banner during the two-mile parade route. The parade begins promptly at 10:00 am sharp with staging activities beginning at 9:00 am. This is an extraordinary opportunity for young leaders to represent themselves and the scouting community while participating in a small-town celebration representing an All American City.

Interested scouts should contact Committee Member Michelle Keith by emailing [sponsors@sierramadreevents.org](mailto:sponsors@sierramadreevents.org)



**SIERRA MADRE  
UNITED  
METHODIST  
CHURCH**

**Sunday worship 9:30 a.m.**

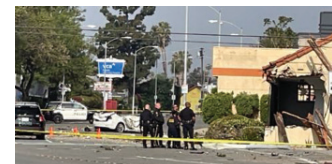
**COME JOIN US IN  
WORSHIP! ALL ARE  
WELCOMED!**

**695 W. Sierra Madre Blvd.  
Sierra Madre, CA 91024  
(626) 355-0629  
[smumc.net](http://smumc.net)**





## Pasadena Car Crash Kills Three



Three people were killed and another three people were Injured early Saturday morning in a car crash that left hundreds of residents without power and a vacant building heavily damaged after the driver lost control at speeds over 100 mph.

According to Pasadena police, on Saturday at about 2:38 a.m., Police and Fire Department personnel responded to the 2300 block of Foothill Blvd., regarding a report of a single-vehicle traffic collision.

The collision involved a white 2018 Tesla Model 3 with six occupants. Arriving personnel determined the driver Moheb Samuel and two male passengers, all from Pasadena, were killed in the crash. Three additional passengers were treated for life-threatening injuries and transported to a local hospital.

The preliminary investigation revealed the Tesla was traveling westbound on Foothill Blvd. in excess of 100 mph. The Tesla ran the red light at Sierra Madre Blvd. narrowly avoiding a collision with a northbound vehicle. As the Tesla approached Vista Ave. it struck the north curb and left the roadway. The vehicle crashed through a streetlight and was launched into the air where it collided with a power pole and into a vacant building about 130 feet away.

There were four passengers seated in the rear compartment of the vehicle. Three of those passengers who were not wearing seatbelts were ejected during the crash.

Anyone with information related to this case is encouraged to call the Pasadena Police at (626) 744-4241

## Pasadena Boys & Girls Club Trivia Night May 31

Join the Boys & Girls Club for Pasadena Loves Trivia Night Friday, May 31, at the Whimsy event space, 40 Edwin mills place, in Old Town Pasadena at 6:00 p.m. Put your knowledge to the test! While competing, enjoy taco meals from Chronic Tacos, a selection of beers from Mt. Lowe Brewing Company, and wine and soft drinks throughout the evening.

Trivia team entries and sponsorships are selling fast, so don't miss out! Prizes will be awarded to the top teams, and all trivia team players and sponsors will receive a commemorative T-shirt. And you'll have opportunities to win raffle prizes.

This event marks our first-ever CommUnity Night, to bring together local professionals and community members to connect, network, and most of all - have fun! Every sponsorship and ticket purchased for Pasadena Loves Trivia Night supports Boys & Girls Club of Pasadena and our unwavering mission to empower local youth through life-changing programming.

For more information or to RSVP visit: bgcpasadena.org.



## Pasadena to Expand Parking Meter Zone around the Playhouse

The Pasadena city council is set to discuss and vote Monday night to expand the boundaries of the Pasadena Playhouse parking meter zone up to four times the current size. The council is also expected to vote to adopt a resolution establishing a Playhouse Parking Meter Zone Parking Advisory Commission.

If approved the proposed expansion would extend the Playhouse Parking Meter Zone boundaries east (see map above); bound by Union Street to the North, Los Robles Avenue to the West, El Dorado Street to the south along Oakland Avenue, then Green Street to the South along Hudson Avenue, then Colorado Boulevard to the South, Catalina Avenue to the East until reaching Union Street.

The current zone is bounded by Union Street to the North, Los Robles Avenue to the West, El Dorado Street to the South, and Oakland Avenue to the East.

The council is expected to discuss changing the paid parking hours from Monday

through Friday 9:00 a.m. to 6:00 p.m. to Monday through Saturday 11:00 a.m. to 8:00 p.m. They will also discuss adopting an occupancy-based parking meter rate at no less than \$1.00 per hour and no greater than \$5.00 per hour.

According to Pasadena Parking Manager, Jan Hamblen, the paid parking program will enhance the availability of short-term parking for businesses and merchants throughout the Playhouse Village area, promote long-term parkers to seek off-street parking, and enable the city to improve overall parking management and simplify parking enforcement. The city will partner with the Playhouse Village area to launch a comprehensive outreach campaign in preparation for future parking initiatives.

The campaign is expected to convey the benefits of paid parking, including the reduction of circling, increased on-street parking availability, and the overall enhancement to the customers' experience Hamblen said.

The implementation of the expanded meter zone area will have an initial projected

cost of \$836,885. This includes the pay stations, tax, programming costs, software fees, and \$81,000 for meter signage installation throughout the Playhouse Village meter zone according to Hamblen.

Hamblen said that the expansion is estimated to increase revenue to the Playhouse Meter Fund in 2025 by approximately \$750,000.

If passed, the City Attorney will prepare an ordinance within 60 days to amend Pasadena Municipal Code to include the expand boundaries.

The city council meeting at 5:30 in the Council Chamber, Pasadena City Hall 100 North Garfield Avenue, Room S249.

## Central Park Playground Revamped



Pasadena Director of Public Works, Tony Olmos and Koko Panossian, Director of Parks, Recreation, and Community Services, announced Thursday the completion of construction on the Central Park Playground Improvements project on May 3. Improvements at the Central Park Playground included installation of new shade structures, ADA-compliant rubberized play surface, and additional park lighting to enhance the users' experience.

The project was implemented by the Department of Public Works in partnership with Parks, Recreation and Community Services Department.

The total cost of construction was \$512,933.

For more information visit: cityofpasadena.net.

## Dr. Elizabeth Blanco to be Next PUSD Superintendent

The Pasadena Unified School District (PUSD) Board of Education is set to finalize a contract Thursday with Dr. Elizabeth Blanco after announcing last month that they had selected her as the next Superintendent of Schools.

At a special meeting on April 27 the PUSD Board voted unanimously to approve Blanco's appointment and authorized district staff to enter negotiations to finalize a contract.

Blanco's appointment follows an extensive search, which brought an excellent field of highly qualified candidates. The Board's decision reflects input gathered from families, staff, and other educational partners in the District regarding the qualities desired in PUSD's next leader. Input for the new superintendent included sessions with administrators, staff, parents, and district partners along with an online survey.

"With her personal history, experience, and passion for social justice, Dr. Blanco is the right person to lead Pasadena Unified students, families, teachers, and staff in actualizing our district's mission to prepare our students to be successful in an ever-evolving world," said Board President Kimberly Kenne.

Blanco had served as Interim Superintendent since July.



Dr. Elizabeth Blanco

"I am honored to continue partnering with the students, staff, and families of this great district to create a culture of 'with' that supports and uplifts our students," said Dr. Blanco. "I'm thrilled and ready to work with PUSD's dedicated and talented teachers, staff, families, partners, and Board to take all our schools and programs to the next level."

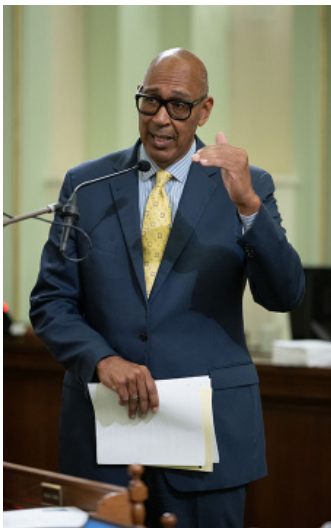
During her tenure as Interim Superintendent, Blanco has led the implementation of the district's Strategic Plan and has put operational efficiencies in place while creating a culture of collaboration between the district and its partners. Before she was appointed Interim Superintendent, Blanco served as Deputy Superintendent from 2022 and joined PUSD in 2017. She previously served in PUSD from 2009-2012.

## Chris Holden Set To Host Mental Health Webinar

Assemblymember Chris Holden announced Friday he is joining forces with a host of expert panelists to provide information on mental health resources from the state, local and community levels. Californians are welcome to join this free webinar and learn about what steps are available to expand mental health resources near them. The webinar titled, "Let's Talk Mental Health" will take place on May 30 at 4:30 p.m.

"None of us go untouched by mental health problems impacting our community," Holden said. "Whether it is a loved one, a neighbor, or a coworker, most people in 2024 can visibly witness the impact of mental and emotional distress in their community."

Last year, Assemblymember Holden's bill, AB 289, was signed into law. The new law includes youth or youth mental health organizations on the list of stakeholders that counties must confer with when developing their three-year expenditure plans under the Mental Health Services Act. Holden has made it a point to advocate for all Californians to have access to mental health resources despite gender, race, socio-economic status, or sexual orientation.



"This month, I want to help provide awareness and increase access to the vital resources that not only set people on the road to recovery, but often saves lives," he said.

The webinar is expected to host panelists from LA County Mental Health Department, the National Alliance on Mental Illness (NAMI) Greater Los Angeles Area, and Mental Health Services Oversight & Accountability Commission. Attendees have the opportunity to submit questions and RSVP and the link to the webinar visit: a41.asmdc.org.

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## San Marino Upcoming Events & Programming

### Public Works Open House - Vehicle & Equipment Showcase

In celebration of National Public Works Week, the Parks and Public Works Department is holding an open house, including a vehicle and equipment showcase/meet and greet with staff vendors. The event will be held on Wednesday, May 22, from 3 PM – 6 PM at Lacy Park. This is a great opportunity to learn more about the Department, including the different types of equipment it uses, such as lawnmowers, backhoes, loaders and lift trucks. Stop by to learn more and see these cool machines up close.

### Honoring Our Heroes: Memorial Day Service at Lacy Park

A Memorial Day Service will be held on Monday, May 27 at 9 AM in Lacy Park by the War Memorial. Please join us as we pay tribute to the dedication and sacrifices the men and women of our Nation's Armed Forces have made. The ceremony will include recognition of Veterans, special guest speakers, and patriotic music. This event is open to the public.

### 4th of July Parade-Palooza - Grand Marshal Nominations

We're excited to announce that the City has taken over management of the 4th of July Parade! The parade route will cover approximately 1.5 miles along Monterey Road to Virginia Road and through Lacy Park. Each year, the Parade Committee honors a community member as the Grand Marshal of the parade. Do you know someone who has significantly contributed to the betterment of San Marino? Submit your nomination by May 31 online at: [sanmarinoca.gov](http://sanmarinoca.gov).

### Public Safety Meeting on May 29

Join us for a Public Safety Meeting at the San Marino Community Center on May 29th at 6 PM, hosted by the San Marino Police Department. We'll discuss crime trends, neighborhood watch, pedestrian/bicyclist safety, and hate crime reporting. For details, call (626) 300-0720.

**Important Update to Library Hours: Starting June 3, the Library will close at 8 PM Monday through Thursday.** But don't forget! The Library has resources available online for you 24/7!

Search the full catalog of materials and place holds on items Access e-books and e-audiobooks in English, Chinese, and Spanish

Access databases and newspapers

### Coffee Connections

Weekly on Monday and Wednesday from 9 – 11 AM, San Marino Community Center, Fireside Room

Come spend your mornings with neighbors, friends, and a hot cup of coffee at the newly renovated Community Center! Free coffee will be provided. Stay for a variety of organized activities like bingo, chair volleyball, and lectures beginning at 10 AM. This program is for active adults ages 55+. Registration is required.

### Taste of San Marino: Chapresso

Monday, May 20 at 11 AM

Cost: R: \$7 / NR: \$9 (non-refundable)

Calling all active adults ages 55+! Join us as we discover what San Marino restaurants have to offer! Next in this series, we visit Chapresso located at 2142 Huntington Drive. Attendees can order any size tea with a topping and a cookie. Participants are required to meet at Chapresso; transportation is not provided. Registration is required by May 17.

### Coffee, Tea, and Chat

Friday, May 31 from 10 AM – 12 PM, Thornton Conference Room  
Connect with your neighbors to learn more about the community and its traditions. This program is presented in Mandarin by the United Charity Foundation for ages 18+. Registration is not required.

### Parks & Public Works

#### Striping on Virginia Road

Last week, Public Works maintenance staff completed refreshment of striping of street parking markings on Virginia Road just south of Huntington Drive. Staff has also recently refreshed turn arrows and other traffic striping and markings along Huntington Drive. This work is part of the City's annual signing, striping, and marking program, which helps refresh these markings to improve visibility and ensure driver and pedestrian safety.

### Fire Department

On May 10, San Marino Fire Investigators Jason Sutliff and Mike White responded to a multi-family dwelling fire on the 600 block of Foothill Boulevard in Monrovia. Monrovia and Arcadia Fire Departments responded to a fire in a residential unit at approximately 8:24 PM. San Marino investigators were dispatched at 9:19 PM to conduct an investigation into the cause and origin of the fire. Investigators determined that the fire originated from a candle left unattended in the home. San Marino investigators were assisted by the South Pasadena arson canine.

### Meetings

#### Special Library Board of Trustees Meeting

Monday, May 20 at 8:00 AM; Barth Room and Zoom.

#### Planning Commission Meeting

Wednesday, May 22 at 6:00 PM; City Hall Council Chambers and Zoom.

## Playhouse looks toward the 100th Anniversary with a New 2024/2025 Season

Pasadena Playhouse looks toward the 100th anniversary of its building in 2025 with a new season. Producing Artistic Director Danny Feldman announces the Mainstage offerings for the 2024/2025 Season including Martin Crimp's critically acclaimed new adaptation of Cyrano de Bergerac; a fresh new revival of Jerry Herman and Harvey Fierstein's Tony Award® winner for Best Musical, La Cage aux Folles; a new production of Suzan-Lori Parks' Pulitzer Prize and Tony Award®-winning classic, Topdog/Underdog; and a new play to be announced at a later date.

New for the Playhouse in the 2024/2025 Season will be a Special Theatrical Event at the Pasadena Civic Auditorium: Anything Goes in Concert, starring Jinkx Monsoon (RuPaul's Drag Race) as Reno Sweeney and Follies in Concert with two back-to-back weekends of performances.

Season packages are now on sale and include the four Mainstage productions and one concert event. Creative teams and casting will be announced at a later date.

In January 2025, the Playhouse will also present The Next Stage Immersive Summit 2025 in partnership with The Immersive Experience Institute, the main service organization for immersive theater artists. The premiere gathering of creators of immersive art & entertainment will draw international guests from the fields of performing arts, themed entertainment, XR, and gaming. This is the largest gathering of its kind in the world.

"We are thrilled to begin our celebration and honor one of the most iconic buildings in the history of the American Theater as it turns 100 years



old with a bold and thrilling season of iconic theater" said Danny Feldman. "Our historic stage will feel alive with a sizzling new adaptation of one of the greatest plays of all time, Cyrano de Bergerac, a fresh revival of the celebrated musical La Cage aux Folles, a new production of Suzan-Lori Parks' masterpiece Topdog/Underdog, and an exciting new play to be announced at a later date.

Our celebration is so big, it extends beyond the historic walls of our theater. Like the expansion in our current season of new professional children's theater productions off campus, next season we return with another musical venture to the Pasadena Civic Auditorium for two back-to-back weekends of grand concert events featuring two of the most enduring musicals of all time: Anything Goes starring the singular talent Jinkx Monsoon and Follies, an encore to our recent Sondheim Celebration. These special theatrical events will expand our initiative exploring classic American musicals with our community."

Memberships are now available at [pasadenaplayhouse.org](http://pasadenaplayhouse.org), or by calling 626-356-7529.

## City of Pasadena to Honor Fallen Heroes Memorial Day

The City of Pasadena and the Pasadena Veterans Day Committee announced Thursday that they will honor the sacrifice of fallen heroes at the Pasadena Memorial Day Commemoration on Monday, May 27 from 10:30 a.m. to 1:30 p.m. at Memorial Park, 85 E. Holly St.

The ceremony will include the reading of 320 names of the men and women from Pasadena who lost their lives during World War I, World War II, the Korean War, the Vietnam War, and other conflicts. The Condor Squadron will perform a missing man formation flyover, paying tribute to those who did not return from the battle. As a final homage to the fallen, the event will conclude with funeral honors performed by

the 2nd Battalion, 23rd Marines, symbolizing the respect and gratitude owed to those who made the ultimate sacrifice for our country.

The event is open to the public, and all community members are invited to join in remembrance and reflection during this solemn ceremony.

For more information visit: [cityofpasadena.net](http://cityofpasadena.net).

## Memorial Day Celebration at the Senior Center

*Event to include live band, dancing and tribute to USO*

Break out your stars and stripes and get ready to cut the rug at the annual Pasadena Senior Center Memorial Day concert and dance event, Monday, May 27, from 1:30 to 3:30 p.m. It will be red, white and blue all the way as we observe this national holiday that remembers and honors U.S. military personnel who died while serving in the United States Armed Forces. Light snacks will be available.

The event will include live music courtesy of the Great American Swing Band. Featuring bandleader and trumpet player Jodi Gladstone and vocalist Linda Vogel, the band will play a variety of musical — and patriotic — favorites with a salute to the USO to keep everyone dancing. Pam Kay's Tap Chicks will perform as well.

The cost is only \$8 for members of the Pasadena Senior Center and \$12 for nonmembers. To register, visit [www.pasadenaseniorcenter.org](http://www.pasadenaseniorcenter.org) and click on Activities & Events, then Special Events. Only cash payments will be accepted at the door.

As a donor-supported nonprofit, the center operates without any local, state or federal funding and provides more services to older adults in the San Gabriel Valley than any other organization. Hours of operation are Monday through Friday from 8:30 a.m. to 4:30 p.m. and Saturday from 8 a.m. to noon. To learn more, visit: [pasadenaseniorcenter.org](http://pasadenaseniorcenter.org) or call 626-795-4331. The Center is located at 85 E. Holly Street in Pasadena.

## Pasadena Ban on Gas Leaf Blower Ordinance Update

On April 25, 2022, the City Council approved a ban of gas-powered leaf blowers with an extended implementation date to allow ample time for the public to prepare. Effective April 28, 2023, Jennifer Paige, Director of Planning and Community Development, announced the use of gas-powered leaf blowers was banned throughout the City.

The Planning and Community Development Department has implemented an extensive bi-lingual outreach program to inform the public of the new regulations and available grant programs. Local landscape equipment dealers and landscapers have taken advantage of available funding, with local dealers issuing over 1,300 discount vouchers.

Upon receiving a complaint, inspections are scheduled at an approximate date and time provided by the reporting party. In many cases the landscaper (responsible party by Ordinance) is not present, requiring additional follow-up inspection attempts. Enforcement protocol entails making the resident aware of the inspection and

proactive engagement with the landscapers. Some of the barriers expressed by the landscapers include the cost of equipment, battery-life, charging availability, increased weight and blowing power.

Staff conducted a city-wide field survey on May 7, 2024, and based on a sample of 103 observations, found that 59 (57%) landscapers were utilizing an electric powered leaf-blower. It is estimated that prior to the ban, less than 10% of landscapers were utilizing electric-powered leaf blowers.

Over the past year, 1,702 code compliance cases were opened. This figure represents approximately 50% of all 3,399 code compliance cases opened over the past year, demanding significant resources, and effectively doubling average case load.

It is expected that compliance rates will continue to rise with ongoing education and enforcement efforts, technological advancements, reduced costs, and the statewide ban on the sale of gas-powered landscape equipment that took effect January 1, 2024.

For more information visit: [cityofpasadena.net](http://cityofpasadena.net).

## Asian American & Pacific Islander Heritage Month

The City of Pasadena is celebrating Asian American and Pacific Islander Heritage Month by recognizing the contributions and influence of Asian Americans and Pacific Islanders to the history, culture and achievements of the United States with a series of virtual programs, events and activities for all ages. The events, programs, classes, and more are coordinated by the Pasadena Public Library and Parks, Recreation, and Community Services Department. Library activities are sponsored by The Friends of the Pasadena Public Library.

### Events

For all ages unless specified.

#### American Mah Jongg Club

Mondays (except May 27), 12:30 – 2:30 p.m., Lamanda Park Branch Library, 140 S. Altadena Dr.

Join us for an afternoon of this wildly popular game. All levels of players are welcome. Bring your Mah Jongg set and yearly game card or use the library's. For ages 18+.

#### The Architecture of the Huntington's Chinese and Japanese Gardens

Today at 2 p.m., Lamanda Park Branch Library, 140 S. Altadena Dr.

The Huntington Library, Art Museum and Botanical Gardens' Chinese and Japanese Gardens are celebrated worldwide as outstanding examples of East Asian garden design. This program focuses on the architecture of the buildings within those gardens. These include the recently opened 17th century Japanese country magistrates' residential compound, transplanted from Japan, and the dozen classical Suzhou-style buildings and pavilions within the Chinese Garden. These buildings were constructed, in large part, by over 60 traditional Chinese craftsmen from Suzhou, who spent over a year working on the project. For ages 18+.

#### Celebrate AAPI Heritage Month & National Foster Care Month with the Asian Foster Family Initiative (AFFI)

Today, 3 p.m., Hill Avenue Branch Library, 55 S. Hill Ave. Understand the challenges faced by Asian foster children. Discover how you can help these children and families in need. Learn the process of becoming a foster/adoptive family. AFFI is an adoption and foster family agency seeking Asian bilingual and/or bicultural families to meet the needs of Asian foster children. Registration is encouraged, and walk-ins are welcome! To attend, sign up at [CityOfPasadena.net/Library/Calendar/](http://CityOfPasadena.net/Library/Calendar/). For ages 18+.

#### Gamelan Merdu Kumala

Today at 4 p.m., Linda Vista Branch Library, 1281 Bryant St. Join us to learn about and enjoy Balinese music-making tradition through Gamelan Merdu Kumala, a community gamelan ensemble. For ages 5+.

#### Chinese Tea Brewing and

#### Tasting: Gong Fu Style

Friday, May 24, 1-3 p.m. • Jackie Robinson Community Center, 1020 N. Fair Oaks Ave.

Participants will taste four Gong Fu style brewed teas, including leaves from the Ancient Tea Tree in the Yunnan Province in southwestern China. Presentations on the history, brewing techniques, and benefits of tea will be provided by Wendy Chen and Nathan Epstein, owners of the Callisto Tea House. Open on a first come, first serve basis to the first 50 participants in attendance. For more information, call (626) 744-7300.

#### Tea Tasting with Callisto Tea House • Explore the Teas of China, Korea and India

Saturday, May 25, 11 a.m., Hill Avenue Branch Library, 55 S. Hill Ave.

From China to Korea and India, the types of tea are as varied as the countries they come from. Join us and learn more about the benefits of tea, different tea growing regions of the world, tea culture and brewing styles. Presented by Callisto Tea House. To attend, sign up at [CityOfPasadena.net/Library/Calendar/](http://CityOfPasadena.net/Library/Calendar/). For ages 13+.

#### Maps & Music: AAPI Edition

Thursday, May 30, 4 p.m., Santa Catalina Branch Library, 999 E. Washington Blvd.

Travel with us as we discover some of the locations and music of Asia and the Pacific Islands.

#### Sashiko Mending

Saturday, June 1, 2:30 p.m., Santa Catalina Branch Library, 999 E. Washington Blvd.

Learn the basics of sashiko mending, a Japanese style of hand stitching, in this hands-on program. To attend, sign up at [CityOfPasadena.net/Library/Calendar/](http://CityOfPasadena.net/Library/Calendar/). For ages 18+.

#### Storytimes

##### Chinese Storytime

##### Asian American and Pacific Islander Storytime

Wednesday, May 22, 10:30 a.m., Santa Catalina Branch Library, 999 E. Washington Blvd.

Join us for a special storytime featuring Asian American and Pacific Islander stories and authors, then stay to make a craft! For ages 3-5 and their parents or caregivers.

#### Kwentuhang Pambata: A Bilingual Storytime

Saturday, May 25, 3 p.m., Lamanda Park Branch Library, 140 S. Altadena Dr.

Join us in this fun and interactive Kwentuhang Pambata: A Bilingual Storytime. We will be sharing Tagalog/English children's stories, fingerplays, songs and craft. "Samahan kami sa masayang kantahan at kwentuhan."

Read with Pasadena Public Library: Asia & the Pacific Islands

Join us for a story map tour of library literature celebrating the voices, experiences and contributions of authors of Asian and Pacific Islander Heritage - Arcg/Is/SS4Sz0.

For more information visit: [cityofpasadena.net](http://cityofpasadena.net).

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CITY OF ARCADIA FREE HEALTH EDUCATION

Adolescent mental health is of critical importance for several reasons:

- 1. Developmental stage: Adolescence is a crucial period of development marked by significant physical, cognitive, emotional, and social changes. Mental health issues during this period can have long-lasting effects on an individual's overall well-being and development.
- 2. Academic performance: Mental health can impact academic performance and learning abilities. Adolescents struggling with mental health issues may have difficulty concentrating, retaining information, and performing well in school.
- 3. Social relationships: Healthy mental well-being is essential for building and maintaining positive relationships with peers, family, and other social connections. Mental health problems can lead to social isolation, conflicts, and difficulties in forming healthy relationships.
- 4. Physical health: Mental health is closely linked to physical health. Adolescents with mental health issues are more likely to engage in risky behaviors such as substance abuse, have poor self-care habits, and neglect their physical health needs.
- 5. Long-term outcomes: Mental health problems in adolescence can have long-term consequences, impacting an individual's quality of life, relationships, career prospects, and overall functioning in adulthood. Early intervention and support for adolescent mental health can help prevent these negative outcomes.
- 6. Mental health stigma: Addressing mental health issues during adolescence can help reduce stigma and increase awareness about the importance of mental health care. By promoting open discussions and seeking support when needed, adolescents can learn to prioritize their mental well-being and seek help without fear of judgment.

Overall, promoting positive mental health during adolescence is crucial for ensuring the well-being and success of young people both in the present and in the future. It is essential to provide support, resources, and education to help adolescents navigate the challenges they may face and develop resilience and coping strategies for maintaining good mental health.



City of Arcadia CITY-WIDE HEALTH EDUCATION SERIES Hosted by the Arcadia City Health Committee

Free and open to all Pre-registration recommended

Arrive at 5:45pm for refreshments & onsite registration

May Seminar Adolescent Mental Health Wednesday, May 22 at 6pm Arcadia Public Library 20 W Duarte Rd Robert Holloway, M.D. Clinical Associate Professor of Psychiatry & the Behavioral Sciences, Pediatrics, and Anesthesiology, USC Arcadia, Keck Medicine of USC



To register, scan the QR code or visit ArcadiaCA.gov/HealthSeries

For more information, please call the Recreation & Community Services Department at 626.574.5113

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A CONVERSATION WITH AUTHOR KATIE GEE SALISBURY

ARCADIA PUBLIC LIBRARY & FRIENDS OF THE LIBRARY AUTHOR TALK: KATIE GEE SALISBURY FRIDAY MAY 24, 2024 10 AM AUDITORIUM ENTER A RAFFLE TO WIN A FREE COPY OF THE BOOK! NOT YOUR CHINA DOLL THE WILD AND SHIMMERING LIFE OF ANNA MAY WONG KATIE GEE SALISBURY

Arcadia, CA – Calling all enthusiasts of Hollywood's behind-the-scenes, glamorous tales and Asian American representation in film! The Arcadia Public Library is thrilled to announce the upcoming visit of author and Arcadia native, Katie Gee Salisbury, as part of her book tour for her latest work, "Not Your China Doll: The Wild and Shimmering Life of Anna May Wong."

Come and be part of an enriching conversation with the author on Friday, May 24, at 10 a.m., moderated by Paul Childs, an educator from the Arcadia Unified School District and Katie Gee Salisbury's former middle school teacher.

Katie Gee Salisbury is the author of Not Your China Doll, a new biography of Anna May Wong, the first Asian American movie star. Her work has appeared in the New York Times, Vanity Fair, The Believer, the Asian American Writers' Workshop and elsewhere. She was a finalist for the Jerome Hill Artist Fellowship in 2021 and gave the TED Talk "As American as Chop Suey." She also writes the newsletter Half-Caste Woman. A fifth-generation Chinese American who hails from Arcadia, California, she now

lives in Brooklyn, New York.

Learn more about the book at NotYourChinaDoll.com, and access a reader's guide at NotYourChinaDoll.com/readers-guide.

For more information, please call (626) 574-5440 or visit ArcadiaCA.gov/Library. The Arcadia Public Library is located at 20 W. Duarte Rd.

IT'S BACK!!! SAVE THE DATE SIERRA MADRE HISTORICAL PRESERVATION SOCIETY Winner, Winner! Chicken (and Ravioli) Dinner in Mt. Wilson Park next to the museums Saturday, June 22, 4pm (Vegetarian and Vegan options available) \$35.00 per person Tickets go on sale in May on Eventbrite, Watch for our announcement, as tickets will be limited! Museums will be open that day also -This is SMHPS' only fundraiser this year for Lizzie's Trail Inn and Richardson House-- http://www.smhps.org Info.at.SMHPS@gmail.org

Annals of Early Sierra Madre Voices of Our Settlers New! A really fun read Our original settlers tell in their own words what a grand adventure it was to create a new town—our town! Lots of old photographs This limited-edition re-print of the 1950 Annals of Early Sierra Madre is a perfect gift for all who love Sierra Madre Available at: Arnold's Hardware Our Library Collective Co-op (next to Monsieur Crepe) Pax Pharmacy E. Waldo Ward Savor the Flavor Lizzie's Trail Inn Museum \$20 Tax included

Catch breaking news at: mtnviewsnews.com

Portantino Joins Newsom in Meeting with Armenia President Khachaturyan



State Senator Anthony Portantino joined Governor Gavin Newsom last week for a meeting with His Excellency Vahagn Khachaturyan, the President of Armenia (pictured right), to discuss continued economic collaboration on trade and investment.

"California has always had a strong partnership with the Republic of Armenia and we look forward to further strengthening our collaboration on trade and investment," Portantino said. "As the Chair of the Select Committee on California, Armenia, and Artsakh Mutual Trade, Art, and Cultural Exchange, I was honored to be included in a meeting with President Khachaturyan and Governor Newsom to discuss the California-Armenia Trade Desk and explore ways to expand our historic ties. In the past, California and the Select Committee has also affirmed their commitment to Artsakh's sovereignty. On this Shushi Liberation Day, I also want to take a moment to remember the heroic efforts of those who led Artsakh to independence, as we look forward to the days when it will be free again."

At the request of Senator Portantino, the California State Senate Rules Committee first established the historic Senate Select Committee on California, Armenia, and Artsakh Mutual Trade, Art, and Cultural Exchange in 2017 to expand business opportunities through

trade, economic development, cultural awareness, and education between California, Armenia, and Artsakh. Senator Portantino also helped negotiate the historic Memorandum of Understanding between California and Armenia and joined Governor Newsom in New York for its historic, official signing - formally establishing the California Trade and Service Desk in Armenia.

The California Trade and Services Desk was established to strengthen the economic partnership between Armenian and California, support efforts for mutual economic benefit, and encourage trade and investment by California and Armenia businesses. Yerevan is the first California International Trade and Services Desk to be established by the Newsom administration.

Both California and Armenia benefit from collaboration and cooperation. Armenia has a flourishing high-tech industry, robust arts community, and a digital business corridor that is underutilized. California is at the forefront of these sectors and continues to be a leader in these areas. Tourism is also a place where California would benefit from direct marketing of our modern Golden State, while also highlighting the amazing and vast historical sites and landmarks of Armenia.

California has the largest population of Armenian Americans in the country, with the 25th Senate District having the largest concentration.



# AROUND SAN GABRIEL VALLEY

## ASSEMBLYMEMBER CHRIS HOLDEN SET TO HOST A MENTAL HEALTH WEBINAR CLOSING OUT MENTAL HEALTH AWARENESS MONTH

Pasadena, CA – Assemblymember Chris Holden is joining forces with a host of expert panelists to provide information on mental health resources from the state, local and community levels. Californians are welcome to join this free webinar and learn about what steps are available to expand mental health resources near them. The webinar titled, “Let’s Talk Mental Health” will take place on Thursday, May 30, 2024 at 4:30pm PST.

“None of us go untouched by mental health problems impacting our community,” said Assemblymember Holden. “Whether it is a loved one, a neighbor, or a coworker, most people in 2024 can visibly witness the impact of mental and emotional distress in their community.”

Last year, Assemblymember Holden’s bill, AB 289, was signed into law. The new law includes youth or youth mental health organizations on the list of stakeholders that counties must confer with when developing their three-year expenditure plans under the Mental Health Services Act. Holden has made it a point to advocate for all Californians to have access to mental health resources despite gender, race, socio-economic status, or sexual orientation.

“This month, I want to help provide awareness and increase access to the vital resources that not only set people on the road to recovery, but often saves lives,” said Holden.

The webinar is expected to host panelists from LA County Mental Health Department, the National Alliance on Mental Illness (NAMI) Greater Los Angeles Area, and Mental Health Services Oversight & Accountability Commission. Attendees have the opportunity to submit questions and RSVP in the link below: [https://caasm.zoom.us/webinar/register/WN\\_InTR-yqoQGKix-Mik\\_QAGQ](https://caasm.zoom.us/webinar/register/WN_InTR-yqoQGKix-Mik_QAGQ).

## ALTA ARTS OPEN STUDIOS 2024 CELEBRATES LOCAL ARTISTRY IN PASADENA AND ALTADENA

Altadena, CA – May 17, 2024 – ALTA Arts Open Studios returns for its annual celebration of creativity, community, and artistic exploration on Saturday, June 1st and Sunday, June 2nd from 11am to 5pm. This eagerly anticipated event invites art enthusiasts and the local community to experience the vibrant and diverse talents of Altadena and Pasadena's artistic community.

ALTA Arts Open Studios 2024 offers visitors a unique opportunity to step inside the studios of talented local artists, providing an intimate glimpse into their creative processes and the spaces where inspiration comes to life. From paintings to sculptures, ceramics to photography, and beyond, the tour showcases a wide array of artistic disciplines and mediums.

"This event is not just about showcasing art; it's about connecting artists with the community and fostering a deeper appreciation for the creative process," said SukiMoonPie, chairperson of the ALTA Arts Collective. "We're thrilled to once again open the doors to our studios and invite visitors to engage with our artists, ask questions, and experience the magic of art firsthand."

With 17 studio locations and 48 artists participating, ALTA Arts Open Studios encourages visitors to plan their artistic journey using the provided brochure and artist directory. Whether exploring for one day or embarking on a two-day art adventure, attendees can tailor their experience to discover the artists and mediums that resonate most with them.

"We've designed the tour to be accessible and enjoyable for everyone, whether you're a seasoned art collector or simply curious about the creative process," added SukiMoonPie. "We encourage attendees to take their time, explore each studio, and immerse themselves in the rich tapestry of artistic expression that our community has to offer."

In addition to studio visits, attendees are invited to indulge in delectable bites at eateries throughout upper Pasadena and Altadena. Some studio locations will also offer light refreshments, providing nourishment and fuel for the artistic journey ahead.

ALTA Arts Open Studios 2024 takes place on Saturday, June 1st and Sunday, June 2nd from 11am to 5pm, with nearly all locations open both days. Please note that Renata O'Neill's studio will be open on Sunday only. For more information, including studio locations and participating artists, visit <https://altaartscollective.com/tour-map-2024>

**About ALTA Arts Open Studios:**  
ALTA Arts Open Studios is an annual event that celebrates and showcases the diverse talents of local artists in Pasadena and Altadena. Through studio visits, interactive experiences, and community engagement, ALTA Arts Open Studios aims to foster connections between artists and the public while promoting the transformative power of art.

## RETIRED TEACHERS TO HEAR FROM AARP'S FRAUD FINDERS SPECIALISTS

At their June meeting, members of the California Retired Teachers' Association Div. 171 (CalRTA) will learn about AARP's Fraud Watch Network from the network's Fraud Finders specialists. The agency has a Scam-Tracking Map to help people find and report scams in their area. The Retired Teachers will hear stories about how scams often happen and how to protect themselves from identity theft. Seniors are especially vulnerable. The Fraud Watch Network can be reached at 1-877-908-3360.

The Retired Teachers luncheon meeting will take place on Friday, June 14 at Our Savior Lutheran Church in Fellowship Hall, 512 W. Duarte Rd., Arcadia 91007. The hall is located behind the church sanctuary, and ample parking is available. At 11:00 am, doors open and guests arrive, with the business meeting at 11:30, lunch to follow at 12:00 pm, and at 12:45 pm the Fraud Finders presentation to take place.

A box lunch will be provided by Panera with a choice of sandwiches. Choose one: Deli Turkey, Tuna Salad, or Mediterranean Veggie. Each sandwich is accompanied by potato chips and a chocolate chip cookie. Coffee and water will be provided. Guests are welcome. The cost of the luncheon for members and guests is \$17. Please mail your check payable to CalRTA Div. 171 by Friday, June 7 to John Gera, P.O. Box 1133, Temple City, CA 91780. For information regarding reservations, you may call John Gera at (626) 286-0714.

Membership in the California Retired Teachers' Association is open to all retired educators, as well as to current classroom teachers and to any others interested in joining this active group. For membership information, please call Karen Frey at (562) 693-1495. The motto of CalRTA is "Your Partner in Pension Protection."



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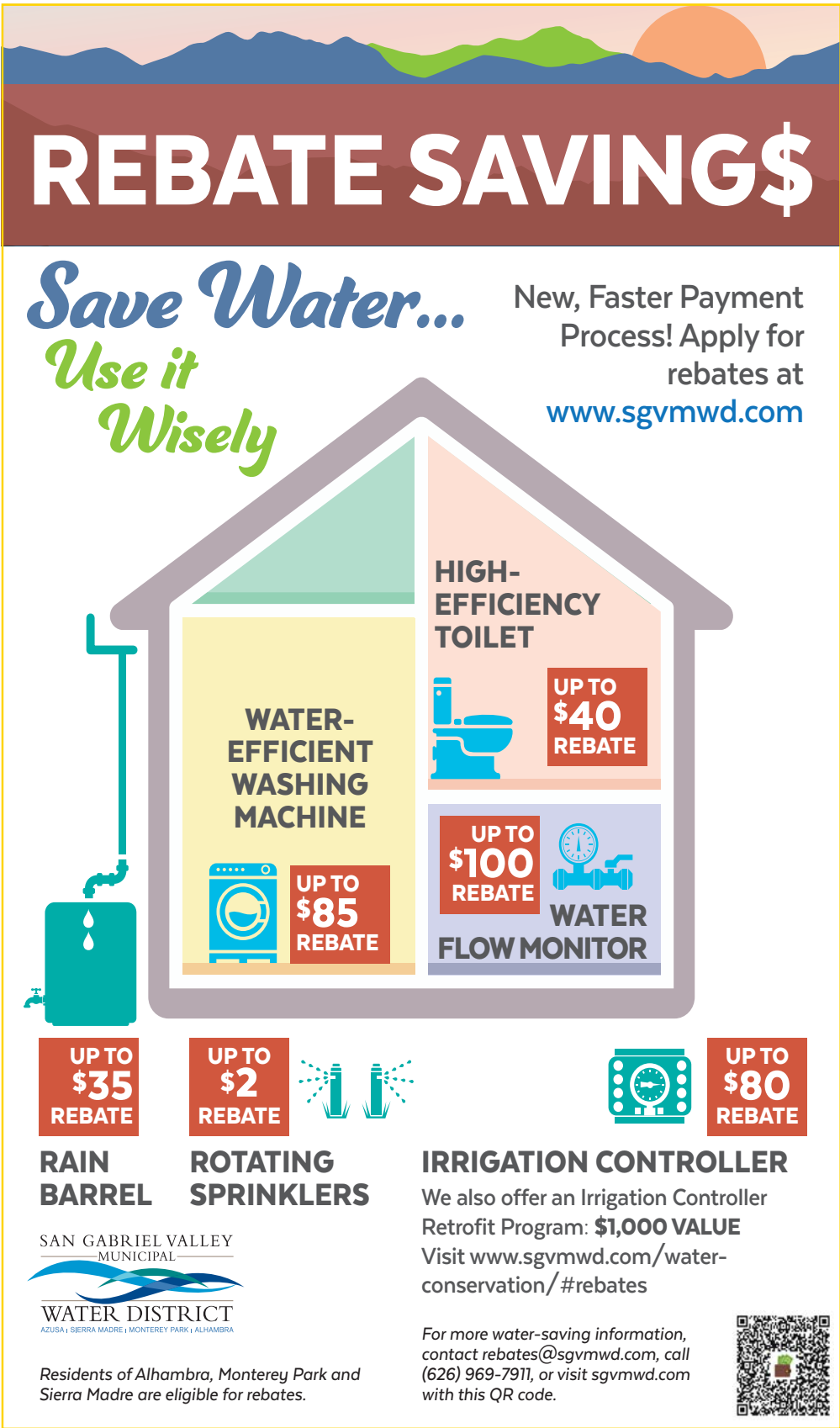
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Accompanied by Coleen Thatcher*

*Friday, May 31, 7:30 and Sunday, June 2, 5:00*

*St. James Methodist Church  
2033 E. Washington Blvd., Pasadena*

*\$15 at [www.sierramadrechorale.org](http://www.sierramadrechorale.org) \$18 at the door*



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## MOUNTAIN VIEWS NEWS TO HONOR 2024 GRADUATES

The June 1st edition of this paper will be dedicated to the Class of 2024! In order to be included, please send your graduates picture, full name, age and school. he Class of 2024 - tomorrow's leaders - deserve to be honored!  
Send to: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com) Subject: Class of 2024



### DR. ERIC BARBA TO SERVE AS NEW PASADENA HIGH SCHOOL PRINCIPAL

It was announced this week that Eric Barba, Ed.D., has been selected as principal of Pasadena High School, pending approval by the Board of Education. His appointment is effective July 1, 2024.

Dr. Barba is an experienced secondary school principal with 26 years of experience as an educator. He has been the principal of Monache High School in the Porterville Unified School District (San Joaquin Valley) since 2015. Under his leadership, Monache was named a California Distinguished School in 2024, in part because of improvements in the school's climate, a schoolwide decrease in suspensions, improved attendance, and effective campus security and safety programs. Dr. Barba

led the transformation of the school's culture through transparent leadership, trust-building, and accountability; supervised four career academies; and was the lead site administrator during three major construction projects.

"I am honored to have been selected to join the Pasadena High School team," said Dr. Barba. "I look forward to working with the staff, students, and families to create amazing opportunities for all students. Go Bulldogs!"

Dr. Barba brings a wealth of experience in secondary education: professional learning communities, career academies, career-technical education, and dual enrollment. He has served as senior director of college and career partnerships for Roll Global (now known as The Wonderful Company, LLC), senior high school instructional director in L.A. Unified, principal of Duarte High School and Northview Intermediate School, and assistant principal in the Baldwin Park and South San Francisco unified school districts. Dr. Barba has an Ed.D. in K12 Education Leadership from the University of Southern California, two Master's degrees from Azusa Pacific University, and a Bachelor's degree from Carleton College.

Ms. Vivian Huang, who has served as assistant principal of PHS since 2021, has accepted a promotion as interim Executive Director of Special Education, effective July 1, 2024, and pending approval by the Board of Education. We are launching recruitment for a new assistant principal for PHS. Ms. Noemi Orduña, who has served as principal of Octavia E. Butler Magnet School since 2022, will serve as one of the assistant principal of PHS effective July 1, 2024.

## SCHOOL DIRECTORY

Alverno Heights Academy  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463  
Head of School: Joanne Harabedian  
E-mail address: [jharabedian@alvernoheights.org](mailto:jharabedian@alvernoheights.org)  
Arcadia Christian School  
1900 S. Santa Anita Avenue Arcadia, CA 91006  
Preschool - TK - 8th Grade  
626-574-8229/626-574-0805  
Email: [inquiry@acsliions.com](mailto:inquiry@acsliions.com)  
Principal: Cindy Harmon  
website: [www.acsliions.com](http://www.acsliions.com)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)  
Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Assumption of the Blessed Virgin Mary School  
Ms. Rose Navarro, Principal  
2660 East Orange Grove Blvd.  
Pasadena, Ca 91107  
626-793-2089  
<https://school.abvmpasadena.org/>

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588  
Head of School: Tonya Beilstein  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Preschool-TK-8th Grade  
Principal: Jonathon Hawes  
website: [www.bcsliions.org](http://www.bcsliions.org)  
Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 E. Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Head of School, Jo-Anne Woolner  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
Head of School: Gary Stern 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)  
La Salle College Preparatory  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Interim Principal Ernest Siy

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal: Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Mathew Kodama  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal: Adela Solis (626) 355-6114  
[solis@st-ritaschool.org](mailto:solis@st-ritaschool.org)  
Website: [www.st-ritaschool.org](http://www.st-ritaschool.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428  
Principal: Dr. Jodi Marchesso  
E-mail address: [marchesso.jodi@pusd.us](mailto:marchesso.jodi@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000  
Website: [www.monroviaschools.net](http://www.monroviaschools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000  
Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

### FIVE PASADENA UNIFIED SCHOOL DISTRICT (PUSD) TEACHERS ARE RECIPIENTS OF THE 2024 TEACHERS OF EXCELLENCE AWARD PRESENTED ANNUALLY BY THE ROTARY CLUB OF PASADENA.

The 2024 Teachers of Excellence are: (pictured l to r)

- Kristina Andrews, Don Benito Fundamental Elementary School
- Stephanie Elliot, Alexander Hamilton Elementary School
- Melanie Gray, Willard Elementary School
- Amanda Leja, Sierra Madre Middle School
- Robyn Wehrly, Octavia E. Butler Magnet Dual Language STEAM Middle School

"Every day, these outstanding educators exemplify excellence," said PUSD Superintendent Elizabeth Blanco, Ed.D. "Through their work and dedication, they are helping transform education so that our students have opportunities to succeed. Congratulations to the Teachers of Excellence."

The Teachers of Excellence is a collaborative program of the Rotary Club of Pasadena and PUSD. The Rotary Club invites all schools to nominate teachers. The selection process includes entries from each principal and teacher, classroom observations, and evaluations of the top ten finalists by committee members. The five teachers are awarded \$1500, and \$500 is presented to each recipient's school.

The Teachers of Excellence demonstrates the Pasadena Rotary's commitment to public schools and to exceptional teachers who deserve special recognition.

The 2024 honorees are:

Stephanie Elliott (Alexander Hamilton Elementary) is a passionate special education teacher with over 13 years of experience working with children from pre-kindergarten through middle school. Honored with the Inspiring Teacher Award in 2015, she secured grants for classroom resources and mentored future educators. Before becoming a K-5 resource specialist teacher, Ms. Elliott earned a Bachelor's degree in liberal studies and a multiple subject teaching credential from California Polytechnic University, San Luis Obispo, a master's degree in special education, and a mild/moderate education specialist credential from the University of San Francisco.



Kristina Andrews (Don Benito Fundamental) - Ms. Andrews is a first-generation college graduate and began her career as a teacher's assistant after being inspired by her own teachers. Kristina is driven by a deep desire to uplift her students and has been doing so for the past 21 years. After completing her student teaching at Don Benito Elementary, she joined their second-grade team and has cherished every moment with the hundreds of children she has taught over the years. She continuously learns from her students and is inspired by all students on campus. She is a graduate of the University of La Verne.

Melanie Gray (Willard Elementary School) - A 5th-grade teacher with more than 20 years of experience, Melanie is deeply committed to the International Baccalaureate program, anti-racism, and enhancing literacy, math, history, and science instruction. She earned her teaching credential from Point Loma Nazarene University and holds a master's degree in curriculum and instruction from Grand Canyon University. Ms. Gray has secured grants for resources that support culturally responsive education and she enjoys fostering a positive learning environment, emphasizing collaboration and high student achievement.



Amanda Leja (Sierra Madre Middle School) - Ms. Leja's teaching career began 15 years ago and she has worked across the United States in six different school districts. After working for several years in general education, special education became her passion. At Sierra Madre Middle School, she earned a leadership role on the special education team and helped to develop a full inclusion program. She is determined to help all students find their full potential.

Robyn Wehrly (Octavia E. Butler Magnet Dual Language STEAM Middle School) - Ms. Wehrly loved learning at a very young age and was the first person in her family to attend college. She graduated from the University of Michigan with degrees in psychology and English. After working in residential care, she went on to obtain her master's degree in special education from George Washington University. For the past five years, she has inspired the joy of learning while teaching math and science at Octavia E. Butler Magnet.





THEME: AT THE THEATER

ACROSS

1. Bottomless pit
6. Paper or plastic one
9. Mercantile establishment
13. \*Ticket agent’s cubicle
14. Kimono sash
15. Cautious gambler
16. Tidal bore
17. \_\_\_\_-been
18. Get together
19. \*Movie preview
21. \*Daytime attraction
23. Rubber substitute
24. 1960s \_\_\_\_ boots
25. Good times
28. No problem
30. \*Box \_\_\_\_
35. Deli side
37. Jerk, in Yiddish
39. Cell dweller
40. \*Common theater admonition
41. Blows a horn
43. Be inclined
44. Community spirit
46. Stuff for sale, sing.
47. Not manual
48. \*Traveling entertainer’s helper
50. Cutting tools
52. “Reap what you \_\_\_\_”
53. Sail holder
55. Ostrich-like bird
57. \*Snack in a tub
61. \*Blast from the past venue
65. Bulb in produce aisle
66. Zoo’s Primate House inhabitant
68. Telephone company portmanteau
69. Like an uncomfortable mattress
70. Not in good health
71. Alleviated
72. Law school prerequisite, acr.
73. Sodium hydroxide
74. Musher’s ride, pl.

DOWN

1. Drive a getaway car, e.g.
2. Wild swine
3. Vinyasa workout
4. Landing road
5. Put on hold
6. Physicist Niels
7. Lawyers’ grp.
8. Contraption
9. Adjective for #9 Across
10. Blood-related
11. Network of nerves
12. Standing pose in #3 Down
15. Postpone (2 words)
20. E-wallet content
22. Don McLean: “A long, long time \_\_\_\_”
24. Simone Biles, e.g.
25. \*Theater guide
26. Mickey Mouse’s pet
27. Alexander, for short
29. \*Opera or movie
31. Sheep’s milk cheese
32. Intestinal obstruction
33. What contortion and contour have in common
34. Furnish with a fund
36. Who would
38. Creole cuisine staple
42. Waste conduit
45. Bribery, to a church official
49. ENT’s first concern?
51. Afflicts with a blow
54. Symbol of slowness
56. Relating to uvea
57. Gallup’s inquiry
58. Burden
59. Type of cotton
60. Native Egyptian, in Roman times
61. Expunge
62. \*At concession stand: “Anything \_\_\_\_?”
63. Not hot, at a coffee shop
64. Nonverbal OKs
67. Layer

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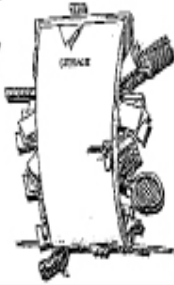
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CHRISTOPHER Nyerges



[Nyerges is an educator and author. He authored “Extreme Simplicity” which tells his story about attempting to live self-reliantly in the city. More information about his books and classes at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]

SPEAKING IN TONGUES

When I was very young, my brother took me to a church where people were more often standing, rather than sitting. And they often had their hands up in the air. It was a very lively place. Then, one woman began to take center stage, shouting out some sort of message. Her hands were in the air and she appeared almost to be in a trance. “What is she saying?” I asked my brother. He said that the spirit is moving through her. “Yes, but what is she saying?” I again asked. He shrugged.

Years later, I was in Little Tokyo walking around with some family members. We noticed a very large gathering and we approached. A woman was gyrating up in the front, hands in the air, and was saying something in a very excited voice. As we approached, I asked a woman closest to me, “What is she saying?” “She’s speaking in tongues,” I was told. “Oh! But what is she saying? I cannot understand.” “It’s the Holy Spirit speaking through her,” she responded. “What language is she speaking?” I asked. Everyone was very serious about whatever was occurring, and I could tell my questions were not welcome. I didn’t understand how everyone could be so aroused by hearing someone shouting in an unintelligible language, if indeed it was a language at all. I made a few more inquiries, until someone came over and said that the service was for members of a particular church, and that it might be best if I leave. We then departed.

I never forgot these experiences. What exactly is “speaking in tongues” and where does it come from? I began to think back on my Bible studies, and recalled that, according to some versions, the “holy spirit” descended upon the apostles, and they had the ability to speak to people who spoke different languages, and they were understood. In other words, “speaking in tongues” as I understood it, meant that the apostle could speak in their own language, and people who spoke other languages would understand them. In other words, “speaking in tongues” meant that everyone understood you. So how did we get to a situation today where no one understands what the practitioners of “speaking in tongues” are saying? It’s very puzzling. Did I miss something?

I pulled out one of my Bibles to read again the story about “speaking in tongues.” I am not a great Bible scholar, but I have a concordance where I looked up the various references to “tongues.”

There are many references, but here are some significant ones I found. In Acts, second chapter, it describes the “coming of the Holy Spirit.” By the 6th verse, it says that “there were dwelling in Jerusalem Jews, devout men, from every nation under heaven. And when... the multitude came together, and were confused because everyone heard them speak in his own language. Then they were all amazed and marveled, saying to one another, “Look, are not all these who speak Galileans? And how is it that we hear each in our language in which we were born? Parthians and Medes and Elamites, those dwelling in Mesopotamia, Judea, and Cappadocia, Pontus, and Asia, Phrygia and Pamphylia, Egypt, and parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, Cretans and Arabs, we hear them speaking in our own tongues the wonderful works of God.” So they were all amazed and perplexed, saying to one another, “Whatever could this mean?”

Indeed, whatever could that mean? I know that I struggle to learn new languages, and it’s not easy. Yet, somehow, only described as “the coming of the Holy Spirit,” everyone understood what a speaker was saying! This is a very important point. When “speaking in tongues,” everyone – even if they spoke another language – understood what the speaker was saying.

For the record, the above quote comes from the MacArthur Study Bible, which also has extensive glosses on each topic.

Later, in 1 Corinthians, 13: 27, it says “If anyone speaks in a tongue, let there be two or at the most three, each in turn, and let one interpret. But if there is no interpreter, let him keep silent in church, and let him speak to himself and to God.

Also, in 1 Corinthians 14:9, it says, “So, likewise you, unless you utter by the tongue words easy to understand, how will it be known what is spoken? For you will be speaking into the air. .... Therefore, let him who speaks in a tongue pray that he may interpret.”

There’s a lot more about tongues, and how the result of speaking in tongues means that the listener understands. It’s as if these early followers were given an early spiritual version of the Rosetta Stone, so that everyone listening understood. My opinion is that something special indeed was happening, and that everyone present also worked together to translate so that everyone listening understood. That is the key: In the original “speaking in tongues”, all the listeners understood what was being said.

Thinking back to my early experiences in “speaking in tongues,” if the members of those congregations had no idea what the speaker was saying, then I have to wonder what they were doing, and why they continue to call it “speaking in tongues.”

CLASSES AND BOOKS

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Katnip News!



FEMALE TORTOISESHELL  
BORN 2022  
SHE'S A TRIPOD!

Meet Ella, a brave and resilient kitty with a story as enchanting as her namesake. Ella's journey began in a colony where she charmed everyone with her friendly demeanor. Always the first to greet the feeders and eager for affection, Ella was the heart of the colony.



However, fate took a cruel turn one fateful night when Ella disappeared, only to return days later badly injured. Her leg was fractured beyond repair, leading to the need for amputation. Because of the trauma, Ella's spirit became fragile.

But then came a stint at the Humane facility that changed everything. Placed in a room with barking dogs, Ella was terrified and withdrawn. The once sociable cat became skittish and unapproachable, a shell of her former self, with a broken spirit.

Thankfully, a compassionate rescuer turned foster mom intervened. Recognizing Ella's distress, she brought her home, removed the cone, and showered her with love and understanding. Though Ella still bears the scars of her ordeal, her resili-ence shines through.

Now, Ella spends her days hopping around on three legs, a silent testament to her strength. She may be hesitant at first, but once she feels safe, she'll curl up on the bed beside you, silently asking for the love and TLC she craves.

Ella's journey is far from over, but with the right person by her side, she's sure to rediscover the sweet purr-sonality that captivated hearts before. Born in 2022, El-la is ready to embark on her next chapter, filled with love, comfort, and the promise of a brighter tomorrow. Will you be the one to give her the happy end-ing she deserves?

See more of Ella and how to adopt at <https://www.lifelineforpets.org/ella-enchanted.html>.

Pet of the Week

Simba is so handsome and sweet! He's four years old, his tail wags a mile a minute and he can't wait to meet you!



This handsome guy has become a volunteer and staff favorite at Pasadena Humane. One of his adoring fans has even sponsored his adoption fee! He's quiet, mellow, but also ready to have fun.

Simba has been spending time in a foster home, and the foster family has given us a lot of information about him. They've described him as a playful, mellow and gentle giant. He has been wary of new dogs, but he has been playing happily with some who he has gotten to know.

He's also done very well with training. He loves treats, so that's great motivation for him to learn new things. He's also super cuddly and is quick to hop up on the couch for some snuggling. Bonus- he's already housetrained!  
Simba is ready to be your very own king of the jungle!  
Pasadena Humane will have a Free Adoption Day on Saturday, May 25th from 10:00 a.m. - 2:00 p.m. All dogs, cats and critters are eligible. Pet licensing fees may apply.  
The normal adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.  
Walk-in adoptions are available every day from 2:00 – 5:00. For those who prefer, adoption appointments are available daily from 10:30 – 1:30, and can be scheduled online. View photos of adoptable pets at [pasadenahumane.org](http://pasadenahumane.org).  
New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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Sierra Madre based non-profit





## CHILI ACCORDING TO PETER!

by Susan Henderson, Immediate Past President Sierra Madre Kiwanis Club

We're doing something different this week. I am taking a point of privilege to thank our favorite food critic for sharing his time and talents at the Kiwanis Club of Sierra Madre's Boot Skootin' Chili Cook-Off fundraiser last week!

Since the inception of this event about 10 years ago, Peter has volunteered to be our "Celebrity Judge". He has tasted countless pots of chili, from the very mild to the flaming hot. And



each year, he comes up with a winner based upon his vast knowledge of ....food! The amateur and sometimes professional chefs all compete for the coveted title of "Critics Choice" that Peter crowns. This year, the winner of this honor was Sierra Madre's own James Carlson, with a delicious melt in your mouth, steak chili. AND....*this was Carlson's 3rd Critic's Choice.*

But Peter wasn't the only one to take home a prize. There is another award chosen by the attendees, the "People's Choice Award" and somehow, by hook and ladder, oops, I mean crook, the Sierra Madre Fire Department brought in two 'ringer' firehouse chef's, Captain Gacad and Firefighter Chu.

Picture celebrating his victory are left to right, Former Mayor Rachelle Arizmendi, Chef James Carlson, Kiwanis President Judy Webb-Martin, Councilwoman Kris Lowe and in the back, Dan Bell.

The was an even greater award given that night to Joe Pergola who is the creator of the event some 10 years ago. Because of all of his hard work, this annual event that raises the majority of the funds that we use to support our community and youth, the name has been changed to: **JOE PERGOLA'S BOOT SKOOTIN' CHILI COOKOFF.** Mark your calendar for the Saturday before Mother's Day, May 10, 2025. Thanks again to everyone and hope to see you next year.



## INGREDIENTS

### Sponge Cake

7 eggs, separated  
8 oz. sugar  
1 cup flour  
1 oz. melted butter

### Pastry Cream

1 tbsp. butter  
2 cups milk  
2 cups light cream  
1/2 cup sugar  
3 1/2 tbsp. cornstarch  
6 eggs  
1 tsp. dark rum

### Icing

5 oz. fondant for white icing  
6 oz. fondant for chocolate icing  
3 oz. semi-sweet chocolate, melted

### Substitution for Fondant Icing:

#### Chocolate Icing

6 oz semi-sweet chocolate, melted  
2 oz. warm water

### White Icing

1 cup sugar (confectioner's sugar recommended)  
1 tsp. corn syrup  
1 tsp. water

## INSTRUCTIONS

### Sponge Cake Preparation:

Separate egg yolks and whites into two separate bowls. Add ½ of the sugar to each bowl and beat both until peaked. Once stiff, fold the whites into the yolk mixture. Gradually add flour, mixing with a wooden spatula. Incorporate the melted butter. Pour this batter into a 10-inch greased cake pan. Bake at 350°F for about 20 minutes or until spongy and golden. Remove from the oven and let it cool completely.

### Pastry Cream Preparation:

In a saucepan, bring butter, milk, and light cream to a boil. In a separate bowl, combine sugar, cornstarch, and eggs, whipping until ribbons form. Once the cream mixture reaches boiling, whisk in the egg mixture. Cook until boiling and continue for an additional minute. Transfer to a bowl, covering the surface with plastic wrap. Chill preferably overnight. When ready to use, whisk to smooth and add dark rum.

### Assembling the Cake:

Level the top of the sponge cake using a slicing knife, then slice it into two layers. Spread the flavored pastry cream on one layer. Place the second layer on top. Use a small amount of pastry cream to coat the sides of the cake for almond adhesion.

### Preparing Chocolate and White Fondant Icing:

**Chocolate Fondant:** Warm 6 oz. of white fondant over boiling water to about 105°F. Mix in the melted chocolate. Thin it with water to achieve a spreadable consistency.

**White Fondant:** Warm 5 oz. of white fondant over boiling water to about 105°F. If necessary, thin with water. Transfer to a piping bag fitted with a 1/8-inch tip.

**Alternate Chocolate Icing:** Melt the chocolate and combine it with warm water. Warm the mixture to 105°F, adjusting consistency with water for easy piping.

### Decorating the Cake:

Apply a thin layer of chocolate fondant or icing on top of the cake. Immediately create spiral patterns using the white fondant or icing, starting from the center. Using a paring knife, score the white lines, pulling from the center outward to the edge. Spread the cake's sides with reserved pastry cream and press toasted almonds onto the sides.



## THE TASTING ROOM

*Justin? Daou? Fuhgeddaboutit! Keola is my Paso Robles pick!*

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

George Wallace is one of my favorite comedians of all time. One of his taglines is "cuz I be thinking." So, let me tell you what I be thinking. For quite a while now I be thinking – are there better wines from Paso Robles than the usual same ol' same ol' suspects? The answer is a resounding YES.



Keola Red Wine 2022 from Paso Robles is an outstanding red blend made by Aaron Jackson. I've known Aaron for several years, and he is one of the premier winemakers in Paso Robles. Anyone who can make a variety of wines –

Chardonnay, Viognier, Pinot Noir, Petite Sirah – and make all of them superbly, is a genius in my book. His Petite Sirah is stunning and still my favorite Petite Sirah to this day.



The Keola Red is a blend of Petite Sirah, Syrah, and Mourvèdre. It was aged for 18 months in French oak. This wine is drinking gorgeously. You get notes of dark red cherry, blueberry, cocoa, and bramble. It is not overripe or super

jammy like some Paso Robles wines I've tasted. This is a vibrant, juicy, and balanced red wine that beats the heck out of those more famous (and overpriced) Paso Robles wines.

Aaron makes about 17 wines, and I have never come across a single one that wasn't exceptional. It's very small production and he keeps his pricing very reasonable. His tasting room in Tin City is managed by Katie Lewis and is a place you should not miss when you are up in Paso Robles.

Don't keep drinking the same ol' same ol' wines that you see EVERYWHERE. Next time you be thinking which Paso Robles wine you should reach for – you know it should be Aaron Jackson's Keola Red Wine!

This wine is available at The Bottle Shop for \$29.99. Mention you saw the wine in the Mountain Views News and get it for \$27.99! We also have in stock his Petite Sirah, Pinot Noir, and Viognier.

Coming up at The Tasting Room – 5/18 Slurp & Sip! Oysters & Wine Tasting (SOLD OUT); 5/23 & 5/24 "Los Olivos in Sierra Madre" Reservations are recommended, walk-ins welcome based upon availability. Scan the QRCode to sign up for our newsletter with more details.

Until next time – Salud!



## ALL THINGS By Jeff Brown

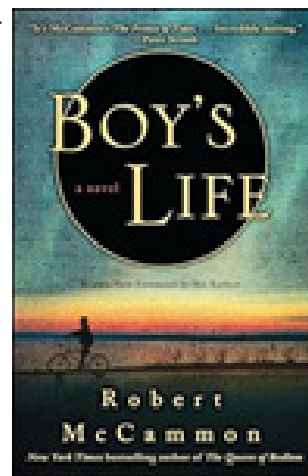
### BOY'S LIFE BY ROBERT MCCAMMON

Robert McCammon delivers "a tour de force of storytelling" (BookPage) in this award-winning masterpiece, a novel of Southern boyhood, growing up in the 1960s, that reaches far beyond that evocative landscape to touch readers universally.

Boy's Life is a richly imagined, spellbinding portrait of the magical worldview of the young—and of innocence lost.

Zephyr, Alabama, is an idyllic hometown for eleven-year-old Cory Mackenson—a place where monsters swim the river deep and friends are forever. Then, one cold spring morning, Cory and his father witness a car plunge into a lake—and a desperate rescue attempt brings his father face-to-face with a terrible, haunting vision of death. As Cory struggles to understand his father's pain, his eyes are slowly opened to the forces of good and evil that surround him. From an ancient mystic who can hear the dead and bewitch the living, to a violent clan of moonshiners, Cory must confront the secrets that hide in the shadows of his hometown—for his father's sanity and his own life hang in the balance.

Robert McCammon is the New York Times bestselling author of Boy's Life and Gone South, among many critically acclaimed works of fiction. He is a recipient of the Bram Stoker Lifetime Achievement Award, the Grand Master Award from the World Horror Convention, and is a World Fantasy Award winner. He lives in Alabama



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Courtesy Safe Path For Seniors

## THE TYPICAL BOARD AND CARE HOME FOR THE ELDERLY

Unlike large assisted living facilities, board and care homes provide more of a home like environment. These homes are in regular residential neighborhoods and do not look any different from any other house.



They are licensed by the Department of Social Services and are in compliance with the laws and regulations for RCFE (Residential Care Facilities for the Elderly) under title 22.

Most of these board and care homes have a 6 resident capacity although some can be larger. Being that said, one of the advantages of a board and care is their care ratio being in most cases 1 to 2 caregivers to 6 residents. Because of this many of these homes take care of residents with high care needs. One should be aware that not all board and care are alike. One needs to be aware of reputation of the home and any citations that were given in recent months. Citations are published by the department of social services.

For more information on finding board and cares in your area, contact Steve Scieurba at 626-999-6913.

## FINANCIAL AND LEGAL RESOURCES FOR GRANDPARENTS RAISING GRANDCHILDREN

Dear Savvy Senior:

Are there any programs that you can refer me to that financially help grandparents who are raising their grandkids? I'm raising two of my grandchildren and could use some help.  
Tapped Out Tonya,



Dear Tonya:

Money is a common problem for the nearly 2.4 million U.S. grandparents who are raising their grandchildren today. To help with the day-to-day expenses, there are a wide variety of programs and tax benefits that can make a big difference in stretching your budget. Here's where to look for help.

## Financial Assistance

For starters, find out whether your family qualifies for your state's Temporary Assistance for Needy Families (TANF) program, which may include cash assistance, food benefits, utility bill assistance and free or low-cost daycare. Or, if your household income is too high to qualify as a family, ask about the "child-only grant" for just the grandkids support alone.

Also, check to see if you're eligible for foster care payments as a relative caregiver, or if your state offers any additional programs like guardianship subsidies, non-parent grants or kinship care. Adoption assistance payments are also available to adopted grandchildren with special needs.

To inquire about these programs, contact your state's TANF program and/or state Department of Human Services. See [ACF.hhs.gov/ofa/map/about/help-families](http://ACF.hhs.gov/ofa/map/about/help-families) for contact information.

You also need to see if your grandkids are eligible for Social Security, including benefits for dependent children, survivor benefits or SSI – visit [SSA.gov](http://SSA.gov) or call 800-772-1213. And find out if they're eligible for free/low-cost health or dental coverage through your state's Medicaid and the Children's Health Insurance Program – [InsureKidsNow.gov](http://InsureKidsNow.gov) or 877-543-7669.

You can also use [Benefits.gov](http://Benefits.gov), the official benefits website of the U.S. government that has a screening tool to help you identify the programs that you and your grandchildren may be eligible for and will direct you to the appropriate agency to apply.

## Tax Benefits

In addition to the financial assistance programs, there are also a range of tax benefits that you may qualify for too like the Earned Income Tax Credit or EITC which is available to those with moderate to low incomes, and the Child Tax Credit which is worth \$2,000 per dependent child under age 17.

If you're working, and are incurring childcare expenses in order to work, there's a Child and Dependent Care Credit that can help. And, if you've legally adopted your grandkids, there's an Adoption Tax Credit that provides a federal tax credit of up to \$16,810 in 2024.

You can also deduct medical and dental expenses if you and your dependent grandchildren's healthcare cost exceed 7.5 percent of your adjusted gross income for the year. And there's even education-related tax credits that can help your grandkids go to college, like the American Opportunity Tax Credit and the Lifetime Learning Tax Credit.

In addition to the tax credits and deductions, if you're unmarried you may qualify for "head of household" status when you file your tax return, which has a higher standard deduction and a lower tax rate than you would filing as a single.

## Legal Help

If you haven't already done so, you should also talk to an attorney to discuss the pros and cons of obtaining legal guardianship, custody or adoption. Without some sort of legal custody, you may not be eligible for many of the previously listed financial assistance programs, and there can be problems with basic things like enrolling your grandkids in school or giving a doctor permission to treat them.

For help locating affordable or free legal assistance, visit [FindLegalHelp.org](http://FindLegalHelp.org), or call the Eldercare Locator at 800-677-1116 for referrals. Also see [GrandFamilies.org](http://GrandFamilies.org), a clearinghouse resource that offers information on financial assistance, adoption, foster care and more.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

**Wednesday, May 8 & 22, 2024**  
9:00am-9:45am in the Hart Park House

**Tea and Talk meets twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection has in store!**

**Call 626-355-5278 for more information.**

**BOOK CLUB**

## SENIOR HAPPENINGS

## HAPPY BIRTHDAY! ...MAY BIRTHDAYS\*



Beth Copti, Marilyn Diaz, Anne Schryver, Jo Ann Williams, Paul Hagan, Lenore Crilly Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Luciana Rosenzweig, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Janet Ten Eyck, Jane Thomas, Ray Burley, Bridget Flanagan, Donna Mathisen, Vicky Ryan,

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

**Chair Yoga** ✨

Every Monday and Wednesday  
Hart Park House 10-10:45 am

Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in in the Hart Park House Senior Center.

**Call 626-355-5278 for more information**

**Beginner**  
Every Tuesday  
10:00am-11:00am

**Intermediate**  
Every Friday  
10:00am-11:00am

Bring your lei, flower skirt and your desire to dance! Join in on the fun in the Memorial Park Covered Pavilion on Thursday and the Hart Park House on Friday.

**Call 626-355-5278 for more information.**

**Hula and Polynesian Dance**

**Senior Cinema** *Movies begin at 1:00pm*

**May 15 The Proposal PG-13**  
A pushy boss forces her young assistant to marry her in order to keep her visa status in the U.S. and avoid deportation to Canada

**May 29 Taken PG-13**  
A retired CIA agent travels across Europe and relies on his old skills to save his estranged daughter, who has been kidnapped while on a trip to Paris.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## WHATEVER HAPPENED TO REALITY?

During my health hiatus I did things I never had time to do before. One of them was to check out some Reality TV Shows.

I never had much interest in these TV shows, but I thought now would be a good time to check some of them just to see what their idea of reality really was. Of course, my health probably affected my mental capacity, so I wasn't going to take much seriously. I checked them out all the more and discovered that if what I saw on TV was their idea of reality, I had a good deal on a Brooklyn Bridge for one of them. I thought, and it's just me speaking, that reality had something to do with, what's that word? Oh yes, "truth." I watched several, and if there was any truth in what they were doing or even saying, I could not find it.

I found one show called Naked and Afraid, and I must tell you I didn't come anywhere near that because I was afraid. I was afraid that their idea of naked reality was nowhere near the truth. Who in their right mind, and there are plenty who aren't in their right mind, would spend their time watching such nonsense? I checked out a few of these reality shows but could never find any reality in anything they showed.

After watching some of these, I got to thinking about the reality in my life. Is my life a "Reality Show", or is it for real?

That's what I got out of looking at some of those shows. I don't want to blame somebody else for doing things I might be doing myself. After all, reality is reality. During my health hiatus, I was beginning to think that health was not a reality for me. The only thing real about me during that time was sickness, which was characterized by coughing and sneezing.

I must admit that the sickness was a reality at the time. But, it wasn't a reality forever.

Coming out of that health hiatus, I realized that there are more important things in life than just feeling sorry for yourself because you're sick.

During my sickness The Gracious Mistress of the Parsonage was a reality to me. She brought me pill after pill after pill after pill. At the time, I referred to her as my drug Lord. I got so tired of taking pills that I just did not know what to do.

Looking back on that, I realize that wasn't reality. Oh yes, I was sick for a short period of time, but the key is that it was a short period of time.

The Gracious Mistress of the Parsonage told me time after time that I would get better. At the time, I didn't care if I got better or not. But, eventually, I realized that she was right. After all, isn't she right all the time?

Now that I'm up and getting back to a somewhat normal schedule, I've been thinking a lot about reality. There are things in my life that just are not reality.

My challenge is to find what is real in my life and what is artificial.

My wife and I agree on many things except for one. I'm a firm believer that the strongest aspect of reality is an Apple Fritter. She thinks that broccoli is a reality.

The reality is that both of us are right, and both of us are wrong. I'm not going to try to explain that because if I do, I'm not going to understand it myself.

The one thing that got me through all that health nonsense was thinking about an Apple Fritter when I was healthy.

The danger is that if I got an Apple Fritter and The Gracious Mistress of the Parsonage found out, it might be a challenge to my health at that time.

Every day, my wife asks me how I'm feeling, and I always reply, "I'm fine."

She responds, "No, you're not fine."

And then reality sets in.

At my last doctor's visit, the doctor examined me quite thoroughly and went over all of the forms. Finally, the doctor looked at me and said, "I have good news for you. You're fine."

Sitting right next to me was The Gracious Mistress of the Parsonage, and so I said, "I'm sorry Dr., what did you say?"

"I said, you're fine."

Looking at my wife with a giggly smile, I said, "My dear, did you hear that? Doctors don't lie."

All the way home from the doctor's visit, I kept chuckling and saying under my breath, "I'm fine."

I did not want to say it out loud because The Gracious Mistress of the Parsonage was driving, and that's all I'll say about it.

It's a beautiful day when you find reality in your life.

Thinking about this I was reminded what the Apostle Paul said. "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things" (Philippians 4:8).

This is a challenge for everyone. Personally, my reality starts in the Bible. I work on adjusting my life to the reality presented in the Bible. Each day I search for that reality that applies to me.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail [jamesnyder51@gmail.com](mailto:jamesnyder51@gmail.com), website [www.jamesnyderministries.com](http://www.jamesnyderministries.com)



## MOUNTAIN VIEWS NEWS

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN

## PUT THE LIGHTS ON

### MODERATION



Let's begin talking just about diet. After seeing my primary doctor who advised me to just eat healthily, I asked for a referral to a nutritionist. I had already been diagnosed with a liver condition that really worries me. Currently, I am proud to have reached the age of 80 last week and talk about it all the time. We were eating at a restaurant which had the televised basketball game on and my four-year-old granddaughter saw the score on the screen which was tied at 80, my granddaughter announced, "grandpa is eighty too!" She then announced that when she turns five, she will start to eat vegetables. Right now, she wants only pizza, pasta, and ice cream.

Speaking of diet, my nutritionist has emphasized that, above all, NO RESTAURANTS, as restaurant food has been modified for selfish purposes. I should also avoid sugar and salt, fats and dairy products except for plain Greek yogurt. Fried foods are not acceptable, and neither are all fruit juices, and red meats. I should follow a Mediterranean diet, whatever that means. I wrote about this advice last week and I have become obsessed with thinking about what or where I can or should eat.

Certainly, I want to live a long time, at least long enough to see what happens in this Country after the next Presidential election. By this I mean that thinking about things is about all I do. I have discerned that there are three very separate ways of eating or of living. These are abstinence, moderation, and indulgence. I have learned that the complete abstinence from unrecommended foods is for me, at least, an impossibility. The next possibility is moderation. My wife frequently comments that I have no boundaries and do not practice moderation. Certainly, in terms of smoking tobacco she is completely correct. For thirty years I happily smoked about three packs of cigarettes a day, but when morning coughing combined with medical advice made it clear that smoking was evil, I completely stopped. Instead I began chewing on celery whenever I had the urge to smoke and have completely abstained since. Actually, that's not completely true. Thirty-five years ago, when I was travelling in Europe with my son and daughter in France, a dawning son was blocked by a rapidly closing subway door and could not be relocated until four in the morning. You don't have to hear the full story but in the in-between seven hours of worrying I borrowed unfiltered French cigarettes from strangers, and it took me six months to break the habit.

Perhaps now you understand the problem. For years, my way of eating and in a sense, living, could be described by the third category "indulgence". I ate whatever I wanted whenever I wanted even times when I was not hungry but saw something I might like. Thank goodness, for my heritage or something, but I never became a fan of alcohol and have never been even a moderate drinker. Today, like the rest of the world, I am faced with a conflict. I want to stay alive and reclaim my mind, but I seem unwilling or unable to do what is best for me. This also seems true for the rest of the world. I have written about free will and determinism and about the existence and importance of choices like whether to make financial contributions and such. How much am I in control of my own life? I guess the choice I am making is to just worry about my diet and exercise "moderation" and hope the rest of the world is doing the same thing such that the pleasant life a great many of us have been fortunate to have will continue as long as it can.

If I see you in the produce section somewhere maybe then we can talk about things and figure out ways to solve problems and moderate difficulties. Hopefully, in ten years or so we will still be around so that my granddaughter can join us in a discussion, but, hopefully not, in a restaurant.

## DINAH CHONG WATKINS

### CLOSE ENCOUNTERS OF THE WRONG KIND FOREVER FOODS



*Breaking News!* A magnitude 6.2 Earthquake struck LA County, the epicenter erupting at the original McDonalds drive-thru in San Bernardino, no injuries reported but massive losses of Squishmallow Happy Meals said to have slid into the yawning abyss beneath. Power is down across the county, officials in the Gas, Water and Electricity departments estimate an outage for at least 10 days.

As most Californians know, there are trade-offs for our dreamy, surfing, sunny and temperate climate. Double digit taxes, astronomical housing rates, traffic gridlock, too much rainfall, not enough rainfall, inescapable "CallJacob.com" commercials and the Big One.

Along with the ferocious Santa Anna winds and subsequent wildfires, power outages are as common as a trash-bin-tossing bear on garbage day. South California Edison and other utilities periodically remind customers of preparing a "shelter in place" emergency plan with tools and supplies. The most important of which (SCE also lists a landline phone with a cord, forsooth - Great Auntie Mae!) is the manual can opener.

Now in the aforementioned earthquake scenario, and the county's population in survival mode, you'd have to rely on what was in your cupboards and rapidly warming refrigerators for vittles and grits. After we'd barbecued all the proteins in the freezer (yes, chicken's feet do get more tender with each step), lurking in the back of the pantry are cans, jars and heat-treated packs of one dish entrees and sides. And in an emergency situation, the food's expiry date is inconsequential, we are at a literal fork between hunger pains and a random day on the calendar.

Covid-19 made hoarders out of many of us. Costco's industrial quantity packaging seemed pretty reasonable at the time, even for single person households. Who wouldn't want a year's supply of Teriyaki flavored Spam and a half gallon of yellow mustard to go with it? But 4 years hence, we have the onus of the expiry date. In my kitchen everything's fair game for the table, regardless of the "expiry date" - unless it belches upon opening, I can turn it into flaming hot Buffalo wings. Side note: Don't order the "Spicy Tuna Special" on a Monday.

It wasn't until the 80's that expiry dates appeared on food packaging. We all knew back then an unwrapped Twinkle would last until graduation, even if your mom packed it in grade 3. Government mandated only for infant formulas, expiry dates are just a suggestion and marketing ploy for other food manufacturers. With triple-hyphenated preservatives, flash heat and freeze treatments, a Hostess Ho-Ho can be passed down throughout the generations like the family bible.

Of course, not everyone shares my view of forever foods. Many a hand has tossed aged-like-a-fine-wine foods and condiments into the trash, leaving the only enthusiasts of such - me and the bears, wailing in despair (actually the bears applaud it).

I hear the dinner bell a-ringing and reach for the last can of Bush's Best Original baked beans, manufacturer's best by date Mar 2018, Yum! A very good year indeed!

Dinah Chong Watkins column appears every 1st and 3rd Saturday of the month. For more Close Encounters Of The Wrong Kind go to [www.ceotwk.com](http://www.ceotwk.com)



## RICH JOHNSON

## NOW THAT'S RICH

### ODD FACTS, RICH JOHN & TRIVIA



"Trivia" derives from the Latin word "trivium". A trivium, during the Roman Empire, was the location where three roads meet or converge. Parsing the word tells us "tri" means "three" and "via" means "way".

These crossroads (coming from different directions), became known as places where you could find out what was going on in the Empire. Hence, the term "trivia" became synonymous with inconsequential, fun or "trivial" facts. By 1965 trivia became a fun and informal game played on college campuses. In 1982, "Trivial Pursuit" the game was released. And in 1984, Jeopardy, the TV game show of the mid 1960s, was revived. And it is still going on. Leaving you with bite sized bits of interesting (hopefully) and shareable bits of trivia has been the benchmark of my columns. As you might imagine, I have accumulated a rather comprehensive trivia library. I cherish and keep the library even though, in this age, jumping on the "world wide web" aka "internet" aka "information superhighway" is a speedier method of accessing information. Ironic in that even after 2000 years we still use the metaphor of the road to describe the flow of trivia. So, let's take a trip down the "information superhighway" shall we? And focus on useless knowledge.

Animal experts tell us a cat is more inclined to watch television than a dog. Cats rely more on their vision, while dogs rely on their sense of smell. (In fact, my daughter turns the television on when she leaves for work every morning so Mabel, our cat, can watch the shows made for cats on YouTube). They really do have programming for cats to watch.

While we're on the topic of television, do you remember the show, "Candid Camera"? The show's creator, Allen Funt, during World War 2, had the military job of concealing soldiers and their weapons, and cameras and microphones. The war ended and he kept on going first on radio with just a microphone, and then on to television where "Candid Camera" lasted from 1948 through 2014.

If you average 50 m.p.h. on a car trip for 10 hours, you can figure you'll drive 42 miles with your eyes closed. Why? Blinking is why.

In case you didn't know, the average thundercloud contains 100,000 tons of water. Your tax dollars at work: The U.S. Department of Agriculture spent \$113,417 researching determining your mothers preferred children's clothing that needed no ironing...duh!

Psychologists tell us you've reached middle age when the little voice in your head that says "Why not?", is joined by another voice saying "Why bother?"

Experts tell us the first of the five senses to develop is our sense of smell.

Speaking of our bodies, experts tell us our blood completes a circuit of our whole body every 23 seconds.

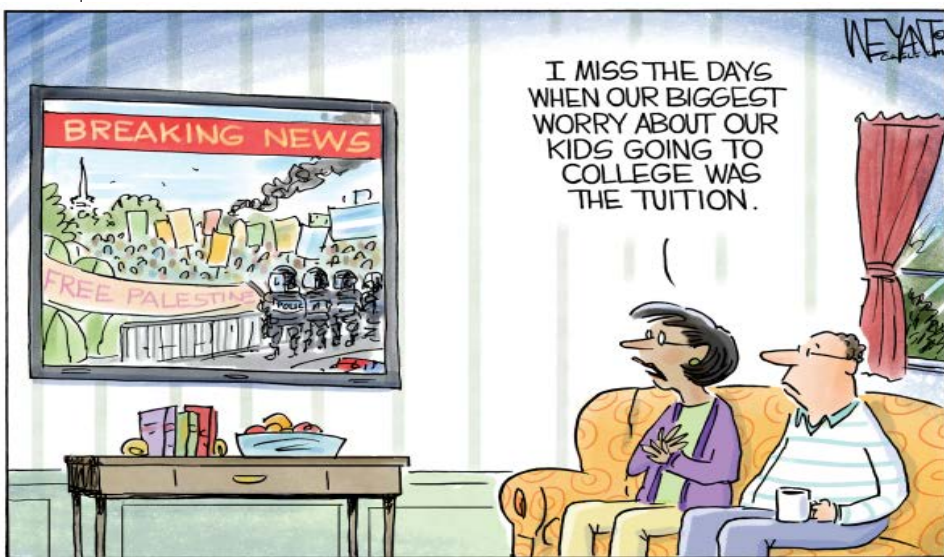
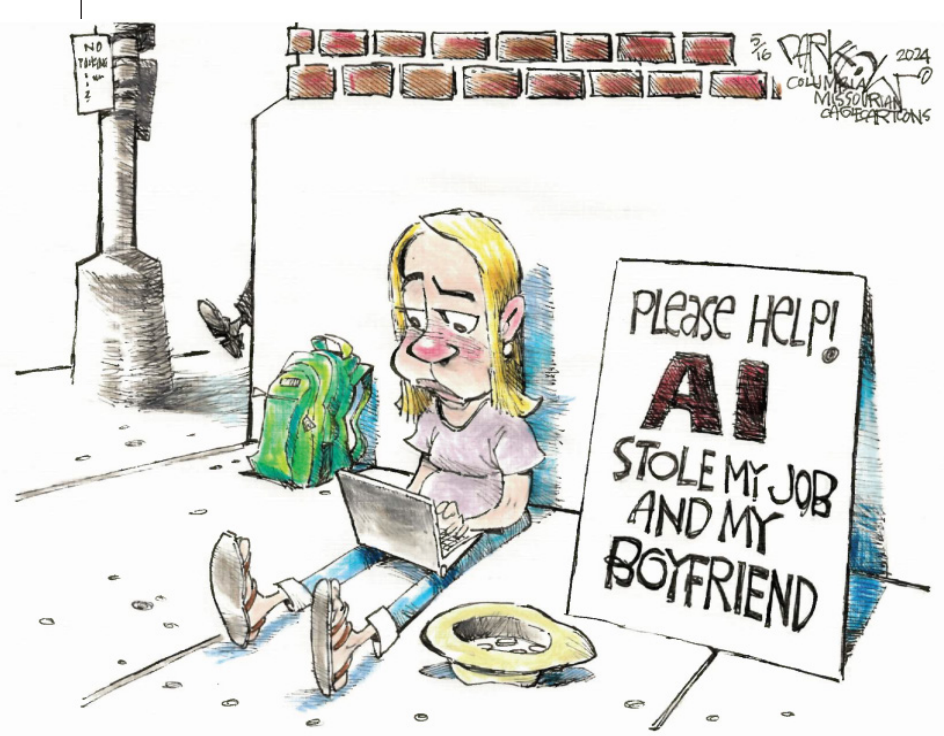
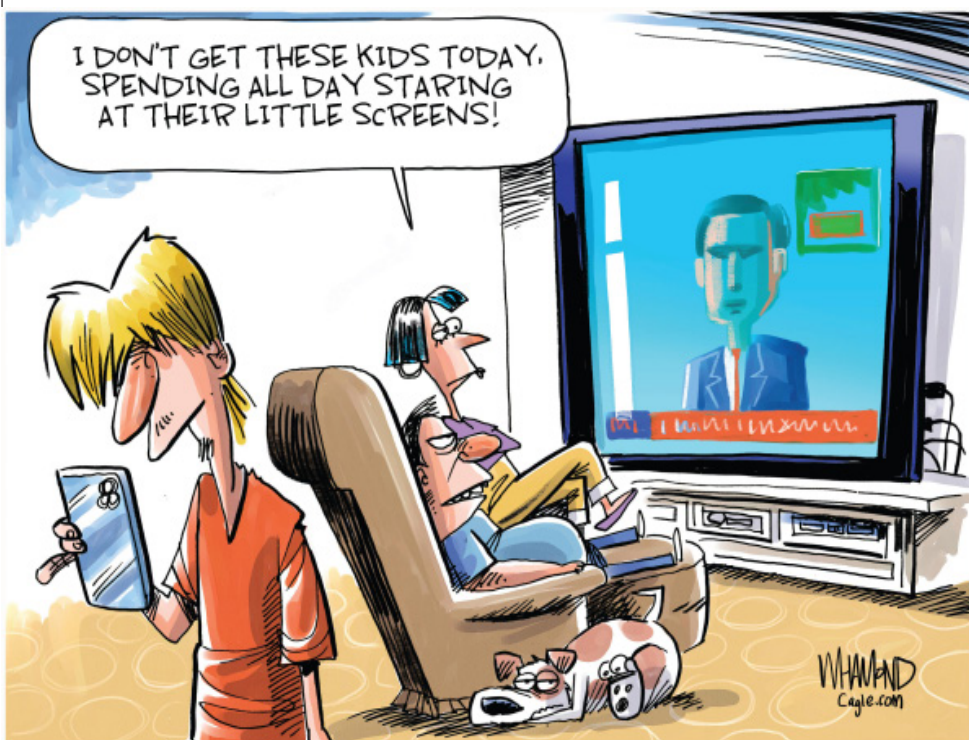
And if you are keeping track, you will speak approximately 4,800 words today. And tomorrow and the next day. Experts tell us it is the average daily word count.

"In God We Trust" was not the motto on the very first U.S. coin ever issued. Nope, the motto on that coin, a penny, minted in 1787, was "Mind Your Own Business".

Close to my heart, the word "guitar" comes from the Greek word "kithara" the national instrument of ancient Greece. I was led to the first true American rock star. In the 18th Century, who played a mean guitar, was none other than Benjamin Franklin.

I mined all of the terrific trivial information for this column from "Boyd's Book of Odd Facts". Used copies can be purchased on Amazon.com. Cost about \$8.50.

Finally, you may have heard what is considered a Chinese curse: "May you live in interesting times." No record of those words can be found anywhere. The closest Chinese expression is translated as, "Better to be a dog in times of tranquility, than a human in times of chaos." So.....until next week, "Bow Wow!"













# HUDDLE UP

With **HARVEY HYDE**  
**UCLA SPRING SCOUTING SCRIMMAGE**



It was a beautiful day in Pasadena, April 27, 2:00pm. The Spring scrimmage under new Head Coach DeShawn Foster for UCLA was underway. Led by a former outstanding running back for UCLA who probably bleeds Blue and Gold. After coaching running backs for Chip Kelly, he had just accepted a position with the Las Vegas Raiders, when he discovered that Chip was bailing.

UCLA Athletic Director Martin Jarman was on the spot to erase some of the shortcomings of Kelly in public relations and effort in recruiting. To hire someone who knew the tradition and Bruin spirit, who would commit to public appearances, and put big effort into recruiting. Winning was not at the level UCLA had achieved in the past, and alumni were looking for a change as well. There was a lot of interest in the job from many good coaches, but they were not Bruins at heart. He was looking for the Bruin /UCLA spirit.

It is thought that hiring DeShawn Foster brought back the energy and excitement of the name “Bruin.” It would bring back people (players, coaches ,students, alumni) and would return support to the program. Foster ticks all the boxes on paper. It is yet to be seen if wins and losses as they enter the BIG10 will prove this a great hire.

On to the scrimmage --- In the Rose Bowl, watching warm-ups and drills on the best turf in America where so many dream of playing. A great traditional venue. Good or bad, will those Big TEN schools be fired up to play in UCLA’s stadium?. YES! I know I was as a player in high school, and as a coach at PCC. The place is special.

On the scrimmage day, drills were organized, disciplined and players were dressed sharp, looking like a football team. Coaches were all dressed the same with the Head Coach differentiated in a different color hat.

On Offense, I. was hoping it would be a full blown scrimmage or game with down and distance and game situations. It wasn’t, it was another ‘thud” without field movements. I think it would have been beneficial for the new staff to have situational practice in Press Box, time usage, with Punt and PAT teams, kick-offs etc. You learn to play and coach by doing it! Getting it all together. This is learning time for coaches as well as players. New coach learning curve?

*Quarterbacks:* Ethan Garbers, is not a super star, but they can win with him if they have great surrounding players, and he plays in a system that suits his skills. --run the football, play action pass. He’s not a running QB to fear, but plays hard. Did not show a lot of depth at QB, but the back up has some running ability.

*Running backs:* Hard to tell without full speed plays, but I am assuming they are above average, and that UCLA has recruited well.

*Tight End:* did not utilize this except for motion?

*Offensive Line:* This wasn’t really tested with different looks and stunts. They will be well coached, but need numbers and help. (especially in the BIG!0 where games are won in the trenches.) They lost two OL in the Portal on the last day of the Portal. That’s a numbers problem.

*Defensive Line:* They played hard but it was difficult to evaluate power and quickness. They need more size and depth. This is a young team.

*Linebackers:* Again, same thing. They did not have to cover the entire field. They played hard, but I could not really evaluate skills in different situations – goal line, long yardage, short yardage, game-like situations.

*Secondary:* I thought they did a good job! Not getting great pass rush, but covered pretty well. Got to fill some holes, but could be a strength of defense.

In summary, sorry I can’t give you more on this report. It’s hard to evaluate this Spring “Game,” when it’s not really a game. I can’t agree with cancelling the last day of Spring Practice, I think they need as many snaps as they can get. Their opener is in Hawaii. Hope they don’t take it for granted. I had a tough time winning there at UNLV and I also coached at the University of Hawaii. They love their football. It’s not an easy place to play. Especially in the smaller stadium on campus. Easy to be fooled. Well, Fall practice and two-a -days are coming. There is time.

Follow me at @coachharveyhyde.. and my website harveyhyde.com

## ARCADIA HIGH BADMINTON PERFECT IN ROUTE TO THIRD CIF TITLE IN FOUR YEARS -Coach Stiles Goes Out on Top-

ARCADIA – For the third time in four years, the Arcadia High School Badminton team has won a CIF Championship. The Apaches beat Walnut High School 12-9 in the Open Division (the highest competitive level) final to take home the coveted title and complete a historic undefeated season with a perfect 22-0 record.

High school badminton is uniquely the only high school sport that is truly coed, where boys and girls compete against each other in the “mixed doubles” pairings. Even more unique to the Arcadia High School team and its quick ascent to success, is the fact that the team was formed just nine years ago in 2016 thanks to head Coach Mike Stiles.

“Our first public meeting to gauge interest in forming a badminton team took place on October 27, 2015. It was standing room only. I texted Ryan Press (Athletic Director at the time) with a photo of the packed room and said something to the effect that “this is a train you won’t be able to stop.” We were approved by the District as a sport before December 1,” Stiles recalled.

Coach Stiles will be going out on top of his game, as he is retiring at the end of this season.

“I’m so appreciative of Coach Stiles and the opportunity he brought to so many of our student-athletes,” Arcadia Unified Superintendent Dr. David Vannasdall said. “The level of success is unreal, but the platform he provided for hundreds of students to showcase their incredible athletic ability is his well-earned legacy.”

After its debut season, Arcadia High School joined the Almont League in 2017 where the Apaches won the league championship each year. Since the end of 2017, Arcadia High School has won a remarkable 116 straight regular season matches. In total, the Apaches’ overall record over the past nine seasons is 144-16. Three of those 16 losses are when Arcadia lost in the CIF Open Division Championship match, meaning the Apaches have three runner-up finishes to go along with its three championships.

Stiles knew the San Gabriel Valley was a hotbed for badminton, and he also knew a thing or two about the sport himself. He won a championship as a player at Palm Springs High School in 1985. He went on to place runner-up in the CIF Individual playoffs in boys doubles to conclude his high school career in 1987. He also attended Claremont McKenna where he competed in the 1989 Collegiate Individual Championships.

“As much as I would like to, I cannot take credit for our program’s success. Derrick Ng has been an indispensable part of the program from the beginning. James Wang joined the coaching staff in late 2017 and Leo Wong joined in late 2019. Their efforts have been instrumental in our success,” Stiles said.

The CIF champs will now host the individual CIF championships in which several Apaches will be participating and hoping to take home additional accolades.



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

them with garlic powder. Wrap in a packet of foil and put to the side of the direct heat. Turn once, after about 15 minutes and within a half hour you’ll have some flavorful crispy potato chunks. You can also make simple smashed potatoes that are a great finger good. Just microwave small potatoes until tender and smash them flat with a plate. Transfer to a cooking sheet, turn over once browned and then top with your favorite plant based parmesan cheese. Grill until crisp.

Even sweet potatoes come out great when placed on the grill before your other foods or given a few minutes in the microwave before grilling. Wrap in foil and leave them until a fork slides into them easily.

Corn on the cob is easiest. Just throw it on the top rack of the grill with the husk on. Within 15 minutes it will be tender and sweet. If you want to add seasonings, before cooking remove husks, rinse the cobs and then sprinkle with lemon pepper, chili or some other blend of herbs. Wrap in foil and toss on the top rack, turning a few times for even cooking.

If you haven’t tried a giant portobello mushroom burger yet, give it a shot. It’s meaty, low calorie and can be served up with all the same condiments that you typically use on a burger. No fat. No cholesterol.

Maybe Brussel sprouts aren’t your favorite but give them a try this way. Pick the smallest ones to make sure they’re going to be tender. Medium sized ones can be cut in half. Toss with a little olive oil, your favorite seasonings and grill on a large cookie sheet, turning them often.

There’s also cauliflower. Create a cauliflower “steak” by slicing the cauliflower horizontally into thick slabs. Marinate the steaks in your favorite sauce or dressing for added flavor. Grill the cauliflower steaks over medium heat for 5-7 minutes per side, or until tender and caramelized.

Don’t forget the green onions. Just cut both ends off and soak in your favorite dressing or marinade. They’ll grill fast so place them on the grill last, when everything else is almost done, so they don’t end up overcooked and burnt.

A key reminder when grilling any food is to minimize charring. Burning foods and eating the charred coating is dangerous because it produces harmful compounds such as HCAs, PAHs, and acrylamide.

The good news is that vegetables contain lower levels of proteins and fats, which are primarily responsible for producing these compounds. Additionally, cooking temperatures for grilling vegetables are lower than those needed for meats. Because there is no dripping of fat causing flames and flareups there isn’t any harmful smoke. Smoke and soot contain the carcinogenic compounds. Vegetables take less time to cook on the grill too so shorter cooking times minimizes the formation of harmful compounds. They are rich in antioxidants and phytochemicals, which have been shown to help counteract the effects of harmful compounds. These compounds can help neutralize free radicals and reduce inflammation in the body, potentially mitigating the negative impact of charring.

Cooking vegetables using a variety of methods as shown above (in foil, roasted on a sheet, lightly grilled, etc.) help prevent direct contact with the flames and reduce the risk of charring.

All these wonderful vegetables add color and life to your picnic table. Incorporating a variety of them into your grilling menu can provide a range of nutrients and health benefits while adding delicious flavor to your meals.

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While known as a very distinguished academic and visual and performing arts high school, Arcadia High School excels in athletics as well. All seven of its Spring sports, led by badminton, won at least a share of its league championship this year.

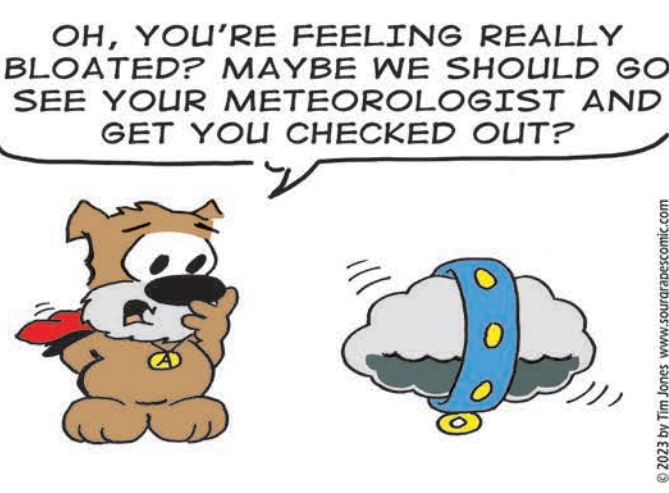
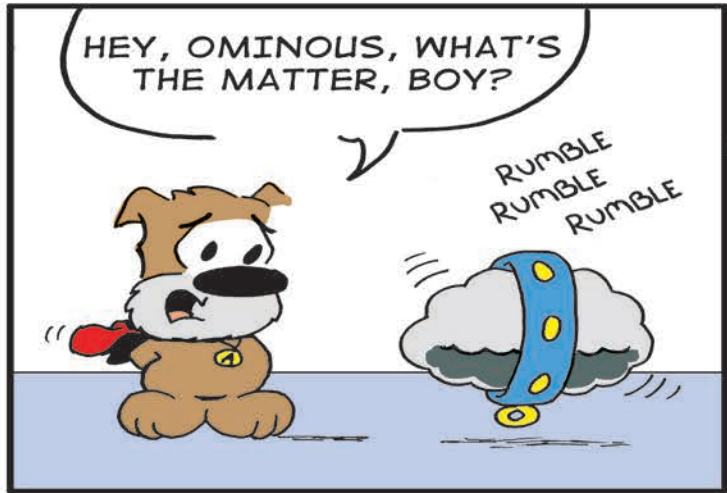
The Stiles Family: Son Jackson (left), Mike (middle), Wife Vicky (right)



“I told the administration in 2016 that I would coach for three or four years to get the program established. I never could have imagined I’d be walking away nine years later with seven league titles and three CIF championships. The winning has been nice, but it’s not what I will miss the most. It’s the opportunity to impact the lives of our exceptional student-athletes that kept me going this long. That is undeniably what I will miss the most,” Stiles said.

## SOUR GRAPES

by Tim Jones





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FREE ESTIMATES

## Here's What's Going On Around Town!

Brought to you by Sue Cook



**May 3**  
**Cinco De Mayo Mercado at the San Gabriel Mission Playhouse**  
Shop artwork from local artisans and enjoy music, food, a beer garden and more. 5:30 pm – 9:30 pm

**May 4**  
**Cinco De Mayo at the Rose Bowl**  
This family-friendly event celebrates Pasadena's rich Latino culture and traditions.

**May 5**  
**Museums of the Arroyo Day**  
Join this free celebration at five area museums for a day of family explorations, and discoveries. 12pm – 4pm

**May 5**  
**Old Pasadena Walking Tour North**  
The tour begins at Memorial Park, proceeds through historic alley ways. 10 am

**May 5**  
**Poppies on Meadowbrook Lane - Altadena Guild**  
The tour features beautiful homes and gardens, vendors, music, classic cars, a café, and more. 10 - 4

**May 5**  
**Monrovia Historic Home Tour**  
Explore Monrovia's rich architectural heritage. Tour homes in Monrovia's first historic district. 10 am – 4 pm

**May 11**  
**Cruel World Music Festival at Brookside at the Rose Bowl**  
Headliner Duran Duran, and performances by Blondie, Simple Minds, Adam Ant and many more.

**May 11**  
**Family Night Hike: The Birds & Bees at the Arboretum**  
Learn about botanic biology and the love affair between plants and their pollinators. 5:30 pm – 7 pm

**May 16**  
**Sip of History: Tiki 101 at The Huntington**  
Explore the history of libations and fantasies of faraway lands in this hands-on mixology class. 4 pm – 7:30 pm

### Ongoing Events

**Now – May 19**  
**The 59th Pasadena Showcase House of Design**  
Tour the Potter Daniels Manor. Event includes shopping, culinary offerings, and garden tours.

**May 2 – July 4**  
**Tournament House and Wrigley Gardens Tours**  
Free summer tours of the historic Wrigley Mansion and Gardens. Reservations are required. 2 pm – 4 pm

**May 4 – 5**  
**57th Annual Sierra Madre Art Fair**  
Held in Memorial Park, the art fair features over 80 fine artists and children's crafts, live music and food vendors.

**May 4, 5, 11, 12, 18, 19,**  
**Renaissance Pleasure Faire 2024**  
Embark on a rollicking romp through Elizabethan England. Enjoy games, demonstrations, food and more.

**May 6, 13, 20, 27**  
**Music in the Rose Garden at The Huntington**  
Immerse yourself in the serene beauty of the rose garden and enjoy enchanting classical music. 1 pm – 3 pm

**May 11, 12**  
**Adult Night Hike: The Language of Flowers.**  
Explore the historical gardens of the Arboretum. Discover the secret meanings of the foliage. 7:30 pm – 9 pm

**May 12 – June 9**  
**"Misalliance" at A Noise Within**  
Set in Edwardian England, George Bernard Shaw's comedy offers a clash of class, gender, and generation.

**May 16 – 19**  
**Monrovia Days Community Festival**  
The city's birthday celebration includes a parade, youth performances, beer garden, carnival, food, and games.

**May 24, 25**  
**Mount Wilson Trail Race**  
Weekend activities include a pre-race pasta. Race begins at Kersting Court at 7:30 am. Kids Fun Run at 7:45 am. Enjoy pizza, a marketplace, and a beer garden.

**May 25 – 27**  
**Fiesta Days in La Cañada Flintridge**  
Enjoy a variety of activities including car shows, live music, family films and fireworks.

**May 28 – June 23**  
**Jelly's Last Jam at The Pasadena Playhouse**  
Follows the "inventor of jazz" Jelly Roll Morton as his journey takes him from New Orleans to New York.

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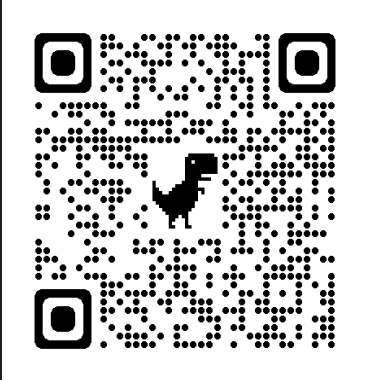



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