



the webb-martin group

What's *Real* About the Recent Real Estate Headlines?

FICTION

Sellers can no longer offer buyer agent compensation

FACT

Sellers can continue to assist buyers in paying their agents by offering compensation as part of an overall marketing strategy to sell the property for the most money the market will bear.

FICTION

Sellers are now prohibited from offering buyer's compensation

FACT

Offering a buyer's agent commission has always been up to the seller. Sellers can continue to offer compensation to buyer's agents if they believe it will lead to the best outcome for the sale of their property.

FICTION

The settlement will change the way Americans buy and sell homes

FACT

Real estate professionals will continue to help buyers and sellers navigate one of the most costly and complex transactions of their lives.



Experts in Representing Buyers & Sellers

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COMPASS

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BURGLARY AT OUR CEMETERY



Least week two men were seen at the office of the Sierra Madre Pioneer Cemetery. One man entered the office and opened a secured cabinet. Shortly after that it was discovered that the kiosk touchscreen monitor, used by visitors to look up those who are interred at the cemetery, was stolen.

The event was captured on a security camera where the men were also seen wandering around the cemetery, possibly looking for brass or bronze markers. A number of Southern California cemeteries have recently been vandalized, where metal monuments were stolen to be scrapped. One Compton cemetery had 600 items stolen at a value of \$2 million.

Do you know these men?



The Sierra Madre Pioneer Cemetery is a nonprofit organization run by dedicated volunteers who are still active selling the limited number of plots remaining, and overseeing daily operations. It would be devastating to have similar vandalism take place at our city's cemetery. Luckily, being an older cemetery, most of the monuments and markers are granite.

Police were notified and are investigating the theft. The two men seen at the cemetery are wanted for questioning for both our cemetery theft and possibly in connection to the millions of dollars in vandalism and theft at other cemeteries. The Los Angeles County Board of Supervisors is offering a \$20,000 reward for each person captured and convicted in some of the Los Angeles County cemetery thefts.

If you have seen these two men, or see anything suspicious at the cemetery, please contact the police department at 355-1414.

NEW PLAYGROUND EQUIPMENT IN SIERRA VISTA PARK



The City of Sierra Madre is proud to announce the grand opening of the new Sierra Vista Park playground.

The playground is NOW OPEN for your kid's grand adventures! We would like to thank all involved, including our Public Works and Community Services Department.



A very special thanks to our Community Services Commission for their leadership and guidance during this project's design phase.

The new playground was partially funded with monies from the American Rescue Plan Act of 2021.

Mayor Kelly Kriebs, right and Mayor Pro Tem Robert Parkhurst test the new equipment to make certain it is 'big kid proof'.



Photos courtesy City of Sierra Madre.

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Time to sell... and go?



Considering Selling Your Property in 2024?

Your next chapter awaits. *Call us!* We can help.

R
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B
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CENTURY 21

Village Realty

626.355.1451

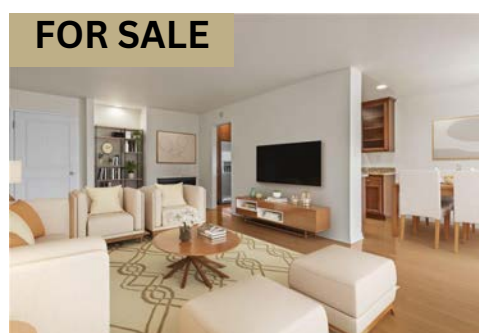
c21village.com

Serving the Community since 1980

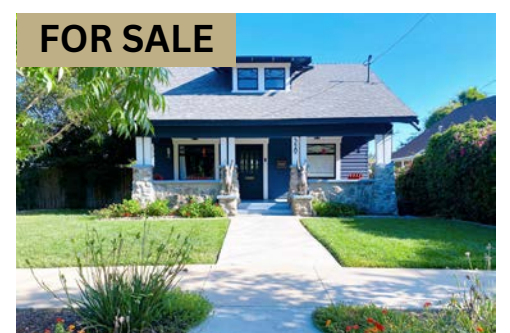
LIC# 02119245



WHITTIER \$599,000
1 Beds, 1.5 Bath, 830sf, TownHouse



PASADENA \$495,000
1 Beds, 1 Bath, 861 sf, Condo



SAN DIMAS \$799,000
3 Beds, 2 Bath, 1,240 sf, Home

PUBLIC SAFETY IN SIERRA MADRE NEWS

LARRY CHU'S 10 QUESTIONS

For the next several months Sierra Madre's Police and Fire Departments will be running a weekly segment titled, "Get to Know Your Public Safety Officer" in the Mountain View News. The purpose of this special segment will focus on our police and fire department employees for all of us to learn a little bit more about the men and women who serve our community. This week's special segment we feature Firefighter Larry Chu.



Larry Chu is a firefighter paramedic serving the community of Sierra Madre. He has been a member of the department since the end of 2020 and has proven himself as an invaluable member to the Department and agencies within the San Gabriel Valley. In addition to his regular shift duties, Larry also serves as the Department's Fire Investigator. He holds a degree in Political Science from UC Irvine and an Associate's Degree in Fire Science Technology from Santa Ana College. Larry resides in La Mirada with his wife and three children. During his free time, he enjoys spending time with his family, going to CrossFit, and working as a firefighter for Disneyland. He is also passionate about cooking and experimenting with new recipes at the fire station. Larry recently earned the prestigious People's Choice trophy at the city's Chili Cook-off tournament and is looking forward to continuing to serve Sierra Madre.

Why did you choose to work for the Sierra Madre Fire Department?

I wanted to come to Sierra Madre because of the emphasis on family the department provides. The biggest selling point for me was the fact that Chief Bartlett brought my family into the equation. The commitment my wife and kids have to make is almost as, if not more, important than the commitment I make. Almost 4 years later, Chief Bartlett has not wavered in the importance of family. Our personal family members are a part of our fire family.

What do you like best about your job?

The best part of my job is the people. Working with my closest friends and the trust we have makes every day enjoyable. I look forward to each day, aiming to improve myself and my colleagues. The incredible support from the Sierra Madre community, with their friendly waves and hellos, brings me constant joy and fulfillment in this job.

What's the biggest challenge of being a firefighter?

The biggest challenge for firefighters is finding the right balance between work and home. Often, we are fully focused on work, leaving our families behind. In reality, our families dedicate more time and effort to the home front, demonstrating the significant personal sacrifices and dedication involved in this job.

What got you interested in joining the Fire Department?

I was always involved in team sports while growing up. When I finished college, I knew I didn't want to sit in a cubicle for the rest of my career. I was drawn to the fire service because it offered the same team mentality and structure I was accustomed to.

How do you see your role in the Fire Department moving forward?

I am the dedicated Fire Investigator for the Department and the rest of the fire agencies in our region. My role involves investigating the causes of fires and collaborating with other agencies to prevent future incidents. As a part of the Verdugo Fire Investigation Task Force, I assist neighboring agencies with fire investigations, and all investigators within the Task Force can help in Sierra Madre.

What is your favorite recreational activity?

First and foremost, I love being a husband and a father. In my remaining free time, I enjoy going to CrossFit or taking the family to Disneyland.

Do you own any pets? If so, what are their names?

We have two dogs: one is a pit bull/lab mix, and the other is a complete mutt.

Favorite place you frequent in Sierra Madre:

I love having a Starbucks right next to My Friends Cafe, my favorite place in town.

Name one thing unique about you that few people know about.

I earned a Bachelor's Degree in Political Science from UC Irvine.

What is your motto in life?

My motto in life is, "Remain humble. Don't worry about who receives the credit. Never let power or authority go to your head." I strive to live by this quote from Major Richard Winters.



THE SAFETY FOR
OUR CITY TEAM
SALUTES
ALL THOSE WHO
RESPOND TO OUR
POLICE, EMS & FIRE
CALLS 24/7

Let's pledge support
for the Nov 2024
**PUBLIC SAFETY for
SIERRA MADRE**

JOIN OUR TEAM NOW TO
MAINTAIN OUR LOCAL
SIERRA MADRE FIRE &
POLICE DEPARTMENT
SERVICES!



AD PAID FOR BY SAFETY FOR OUR CITY



SIERRA MADRE POLICE BLOTTER

August 11 to August 17 2024

Calls for Service 297

Total Year to Date for 2024

Calls for Service 6,820

Formal Investigations 20

Formal Investigations 329

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Sunday, August 11

Lost Vehicle Plate

At approximately 5:00 PM, officers met with a citizen in the Police Department's lobby regarding a missing plate from the citizen's vehicle. Upon investigation it was discovered the citizen believed the plate was not stolen, but fell off due to not being secure. Officers took a report.

Monday, August 12

Injured Person

At approximately 7:00 AM, while on patrol of the 10 block of South Baldwin Ave., officers heard a tire screeching sound. Officers checked the area and noticed a male in the middle of the crosswalk on his knees. The male stated he was trying to cross the street in a hurry when he noticed a vehicle approaching at a high rate of speed and not slowing down. The driver pulled over to assist the male in getting up. Officers then made contact with the driver who advised he did not hit the male crossing the street. Medical assistance was declined, and officers took a report.

Monday, August 12

Vandalism

At approximately 5:30 PM, officers responded to the 500 block of West Highland Ave., in regards to a vandalism report. An electrical box was spray painted. Officers took a report and notified Sierra Madre Public Works.

Wednesday, August 14

Commercial Burglary

At approximately 3:00 PM, officers responded to the 500 block of East Sierra Madre Blvd., on report of a burglary. Officers conducted a search of the area for suspects who stole from the location. Officers met with the reporting party, canvassed the area checking the cameras of all surrounding residences with negative results. Per the reporting party, the subjects both left the location in an unknown direction and were in violation of a Commercial Burglary. The case has been forwarded to the Detective's Bureau for a follow up.

Wednesday, August 14

Hit & Run Collision

At approximately 6:10 PM, officers responded to the 10 block of South Baldwin Ave., to meet with a citizen reporting their vehicle struck by another vehicle. The citizen stated the other vehicle had left the scene without exchanging information. The officers took a report and determined the other vehicle was in violation of a hit and run. The case has been forwarded to the Detective's Bureau for a follow up.

Thursday, July 18

Assault

At approximately 6:30 PM, officers responded to the police station lobby to meet with a victim of an assault. The victim advised officers that he was assaulted by a known subject. The subject was physical and verbal aggression to the victim. Officers took a report and photographs. The case was forwarded to the Detective's Bureau for a follow up.

Friday, August 16

Vandalism

At approximately 6:15 PM, officers responded to the intersection of West Carter Ave., and North Lima St., for a vandalism report. The reporting party stated that a woman was seen repeatedly kicking her daughters car front bumper. The reporting party was able to provide the officers with a description of the subject. The case is still being investigated.

Saturday, August 17

DUI-Arrest

At approximately 7:00 AM, officers responded to the 500 block of West Sierra Madre Blvd., following multiple reports of a vehicle partially parked on a curb with visible collision damage with the driver appearing to be passed out behind the driver's seat. Officers conducted a welfare check on a driver who was slouched over the steering wheel. The driver was found to be impaired and under the influence of an alcohol. The driver was arrested and transported to Pasadena jail. The case was forwarded to the LA Court District Attorney's Office for filing considerations.

Saturday, August 17


Injured Person

At approximately 2:30 PM, officers responded to the police station lobby to meet with a citizen who wanted to report an injury that occurred on city property at the Hart House. The citizen had stated he slipped and fell, injuring himself, while moving tables. Officer took a report and checked the location.

Saturday, August 17


Stored/ Impounded Vehicle

At approximately 12:00 PM, officers responded to the 10 block of Baldwin Ave., on report of an abandoned vehicle. When officers conducted a vehicle inquiry for registration status, the inquiry returned for a vehicle with expired registration tabs. The vehicle was towed for having an expired registration over 6 months.




SMHPS presents

PASSAGE TO COLORADO



JOIN PHOTOGRAPHER R. D'HEUREUSE ON HIS
JOURNEY FROM LOS ANGELES'S PORT TO
THE MINES OF THE COLORADO RIVER IN 1863



a free presentation by Jeff Lapidés
HART PARK HOUSE
Thursday ~ September 5 ~ 6 p.m.

SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows	60s
Mon	Sunny	Hi	90s	Lows	60s
Tues	Sunny	Hi	90s	Lows	60s
Wed	Sunny	Hi	90s	Lows	60s
Thur	Sunny	Hi	90s	Lows	60s
Fri	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

Sept. 10, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"The month of August has turned into a griddle where the days just lay there and sizzle." The Secret Life of Bees by Sue Monk Kidd

OK, friends and neighbors, I'm coming right out and saying it: I'm sick of August! I want to be cool again. I'm tired of sweating. Sue Monk Kidd has nailed it...the days just lay there and sizzle.

School has started for almost everyone. There are still some civilized communities where they don't go back till after Labor Day. Like it used to be in the Stone Age. I've moved on mentally, and in my house, to Fall and, yes, Halloween. I'm not the only one. The stores are full of Halloween and I need to keep saying to myself, "Deanne, you already have too much Fall and Halloween. You don't need anymore!" Myself isn't so sure about that, but has not bought anything...yet.

Here's something that I saw the other day in the Home section of my newspaper: "Another spooky trend is lurking at major retailers...Orange and black decorations are being eclipsed by...pink??" Seriously? Apparently, if you visit any Home Goods store you'll see pink Halloween pillows, pink pumpkins and pink Halloween coffee mugs. Pink skulls, pink skeletons, including a 5' one and pink indoor-outdoor spider webbing are available at Target. That's not going to be happening anywhere in my world. I do love that orange and black. There are all sorts of colors of real pumpkins but I'm not counting on seeing any pink ones. The picture today is Halloween and I'm happy to share it with you! Go ahead, get out your Fall stuff. Even though August is never going to end, you can pretend it's Fall!



School is going strong for Jessie and Emily so I'm up at 5:00 to have a cup of coffee. Venturing out this morning at about 5:20, the full moon was hanging just over the horizon. It was enormous and a bright golden color. Doing a little research, I discovered that the August full moon is the Sturgeon Moon, a name derived from Native American traditions. It is also a blue moon; not because of any color but because it's a seasonal blue moon, which occurs when there are four full moons in a single astronomical season instead of the usual three. The next one won't occur until May 2027.

Remember this great song? "Blue Moon?" Written by Richard Rogers and Lorenz Hart in 1934, it's one of those songs that just about everybody recorded at one time or another. Billie Holiday's version is a classic but the one I can hear bouncing 'round in my head is Elvis. I just loved his version. You can say who didn't sing it...pick your favorite: Frankie Avalon, The Beatles, Frank Sinatra, Ella Fitzgerald, Dean Martin, Bob Dylan, Rod Stewart, Bing Crosby. Ah, but Elvis, for teen-age me, made my little heart beat faster. Get out early tomorrow and see if you can see the full August blue moon and hum a line or two of this great song.

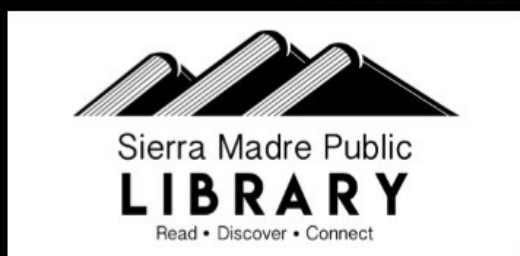
"Blue moon you saw me standing alone
Without a dream in my heart
Without a love of my own
Blue moon, you knew just what I was there for
You heard me saying a prayer for
Someone I really could care for
And then there suddenly appeared before me
The only one my arms will ever hold
I heard somebody whisper "Please adore me"
And when I looked, the moon had turned to gold!
Blue moon!
Now I'm no longer alone
Without a dream in my heart
Without a love of my own."

So grateful to Mike Gallagher and Ian Carlson for fixing the railings at the Post Office. It looks fabulous and you guys are awesome. Sierra Madre is such a cool place to live, we care about our beautiful town and everything in it.

"August dwindles, just a few more days. Summer is ending...at last!
Fall is on the way."

The refrigerator guy comes tomorrow. Let there be ice!!

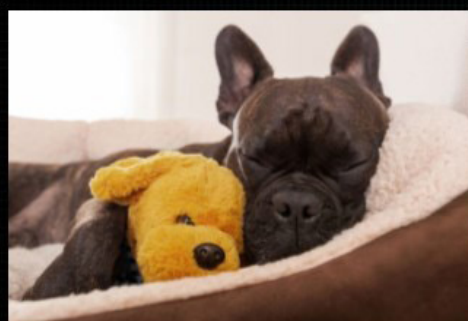
My book page: Amazon.com: Deanne Davis
So many fun books, great recipes and stories in
A Tablespoon of Love, A Tablespoon of Laughter, and
Sunrises and Sunflowers Speak Hope



This week at the
Sierra Madre
Public Library

August 26—31

All Library events will be napping for the
month of August!



In the Meantime, Check Out:

Brainfuse HelpNow

Free tutoring! Tutors and students communicate in real time or send a question and receive an expert reply within 24 hours. Access the writing lab to improve writing skills or use the SkillsSurfer to browse lessons, videos, tests, and more.

Read, Discover, Connect
@ Sierra Madre Public Library



MATER DOLOROSA'S PASSIONIST COMMUNITY WILL CELEBRATE 100 YEARS OF MINISTRY SERVICE IN SOUTHERN CALIFORNIA

The Passionist Community of Mater Dolorosa Retreat will celebrate 100 years of presence in Southern California on September 15, 2024, the feast of Our Lady of Sorrows.

For 100 years, the Passionists have lived a life of community, prayer and solitude as well as ministered to the spiritual needs of countless men, women and married couples in English and Spanish throughout Southern California. The Passionists have led thousands of parish renewal missions, assisted at parishes, and conducted retreats and days of recollection.

Mater Dolorosa's History

The Congregation of the Passion, known as the Passionists, were founded by St. Paul of the Cross in 1720 in Italy, dedicated to spreading the message of the love of Christ Crucified. The Passionist charism, or gift, is to keep alive the memory of the Passion of Jesus Christ among the faithful. Today, the Passionists serve in 61 countries around the world.

The Passionists came to Sierra Madre in 1923, at the invitation of Los Angeles-San Diego Catholic Bishop John James Cantwell. The Passionists took up residence at a farmhouse property, located in the upper foothills of Sierra Madre. Bishop Cantwell also requested that the Passionists assume the pastoral leadership of St. Rita Parish also in 1923, a responsibility they fulfilled until 1951.

In 1924, the Passionists acquired the farmhouse foothill property, an 83-acre plot at an elevation of about 1,200 feet. Here the community officially established its religious foundation. They took up residence at an abandoned two-story, white wood frame house, which originally had served as a tuberculosis sanitarium.

Almost immediately, the Passionists began conducting parish missions, retreats for clergy and religious men communities, as well as high school retreats throughout Southern California. Two years later, in 1926 the Passionists conducted their first retreat at Mater Dolorosa under the shade of the large Morton Bay Fig Tree, which still stands today.

As the ministry outreach expanded to all of Southern California and even Arizona, the Passionists built a new monastery to accommodate over 20 Passionists, as well as some rooms for laymen who wanted to make retreats, in the spring of 1932. The three-story, stucco red-tile Spanish style building, with 45 rooms, sat majestically on the upper foothill slope of the San Gabriel Mountain.



In addition, Mater Dolorosa became a launching base for hundreds of Passionist who were dispatched to serve as foreign missionaries in China, the Philippines, Korea, Japan and eventually in India. Other Passionists from Mater Dolorosa went to Baja California where they ministered to the poor.

From the beginning of their foundation, the Passionists began responding to the needs of the Church. Every weekend, Passionists would go to help parishes with their confessions and Sunday Masses. They were also known for attending the spiritual needs of the large congregations of men and women religious, celebrating daily Masses in their convents, hearing their confessions biweekly and preaching their annual retreats. Many would spend hours at the Monastery parlors receiving people in need of guidance and others would visit the sick at hospitals.

On the morning of June 28, 1991, an earthquake shook Southern California. Mater Dolorosa Monastery sustained severe foundational damage and eventually had to be razed. That setback has not discouraged the Passionist Community from living in Southern California. It only took them a month that some 12 Passionists relocated to a new location, on the grounds of Assumption parish, to continue their mission and ministry in Southern California.

Today, the Passionists continue to minister to the people from throughout Southern California. More than 10,000 people come to the retreat center and grounds annually. They include retreats for men, women, married couples and young adults, 12-step and AA recovery, Archdiocese of Los Angeles clergy, high school and college students, Mass participants, and visitors to special events. In addition, some 3,000 people visit on Good Friday to walk and pray Mater Dolorosa's beautiful outdoor Stations of the Cross.

Pasadena Altadena

News From Your Community For Your Community

Dine Out Program in Pasadena gets \$1.5M



Congresswoman Judy Chu presented a \$1.5M check to the City of Pasadena last week to fund the Dine Out Pasadena program, which boosts Pasadena's vibrant dining scene, supports local restaurants and enhances the city's commercial districts.

Engage with South Pasadena Mayor Thursday



City of South Pasadena Mayor Evelyn Zneimer invites the community to attend the next engagement opportunity for community members to connect with her and learn more about the City's initiatives and happenings.

On Thursday Mayor Zneimer will host an engagement at the Arroyo Seco Golf Course, located at 1055 Lohman Lane, from 10:00 a.m. to 11:30 a.m. The community is encouraged to attend and meet the Mayor, receive updates on the Pocket Parks and Golf Course, and learn about the Streets Program.

Additionally, Mayor Zneimer has established a dedicated email address, askevlyn@southpasadenaca.gov, to facilitate direct communication with the community.

For more information about these events and other initiatives, please visit the City of South Pasadena's website: www.southpasadenaca.gov or contact the City Manager's Office at (626) 403-7210.



Doo Dah to Invade Pasadena Nov. 24

Queen Tryouts to be held October 27.

The 45th Occasional Pasadena Doo Dah Parade, presented by Light Bringer Project and the Doo Dah Preservation Society announced this week that they are now accepting online entry forms. The parade will be held November 24, stepping off around 11 a.m. Parade organizers said they are looking for homemade conveyance, art car, mutant vehicle, living room furniture, eccentric marching band, rockin' band, performance artist, cornball, show-

stopper, hooper or crooner, pundit, anachronist, believer or nonbeliever, fantasist, surrealist, Dadaist, space traveler, time traveler, absurdist, weirdo, not weird enough, type A, type B, and type C, campy schtick, satirist, or country western hick and/or anything else in between.

They also announced that the popular Queen Tryouts will be held on October 27 at Old Towne Pub from 4-6pm. Last year, Doo Dah Queen "Mama's Sunshine," AKA Natalie Flores of Los Angeles was crowned and rode down the parade in a vintage tan convertible.

The parade begins at Raymond Ave. and Holly Street, continues south 2 blocks and takes a right onto Colorado Boulevard, then ends at Pasadena Ave.

For more information and the entry forms visit: pasadenadoodahparade.info/parade-info.

Early Video Games Exhibition Opens Today



The space gallery in Old Pasadena is set, starting today, to hold the Supercade exhibition celebrating the dawn of electronic gaming "Avoid Missing Ball: Genesis of gameplay from Tennis Programming to Pong." The showing runs weekends through September 29.

According to organizers, from the first blips of phosphorescent light this first-of-its-kind survey will explore the early history of influence that led to the development of this iconic game, from early experiments at Brookhaven National Laboratory and Sanders Associates to the start-ups of Silicon Valley, and celebrate the pioneers who created a new medium.

On view will be a comprehensive archive of first-generation home gaming systems including Odyssey, Atari's Pong, and myriad rare clones - some playable on vintage era-correct televisions - as well as the Atari VCS playing Video Olympics, Commodore Pet running Pong!, and several early Pong arcade games.

Al Alcorn, one of the pioneers of coin-op arcade games including pong, will be the opening guest today from noon to 2 p.m.

For more information or tickets visit: space.ayzenberg.com.

SPPD Reminds Drivers to Keep the Final Days of Summer Fun, Not Fatal

As the end of summer approaches and families prepare for Labor Day celebrations, the South Pasadena Police Department reminds everyone to prioritize safety on the roads. Drivers are encouraged to make responsible choices behind the wheel by never driving under the influence of alcohol and/or drugs.

"We want everyone to enjoy their end of summer travels and Labor Day festivities, but it's imperative to do so responsibly," Lieutenant Shannon Robledo of the South Pasadena Police Department said. "Driving under the influence not only puts your life at risk but also endangers everyone else on the road. Our goal is to reduce preventable crashes and save lives."

The South Pasadena Police Department offers the following tips to Go Safely:

Plan Ahead: If you know you'll be drinking, arrange for a designated driver, use a ride-sharing service, taxi or public transportation.

Buckle Up: Wearing a seatbelt is one of the simplest ways to protect yourself in the event of a crash.

Stay Alert: Avoid distractions such as texting or eating while driving. Keep your focus on the road.

Follow Speed Limits: Speeding reduces your reaction time and increases the severity of crashes. Watch for Pedestrians and Bicyclists: With more people enjoying outdoor activities, be extra vigilant and share the road responsibly.

Take Breaks: If you're traveling long distances, take regular breaks to rest and avoid fatigue. To help keep our community safe, the South Pasadena Police Department will have additional



officers on patrol August 16 through Labor Day, September 2, looking for drivers suspected of driving under the influence of alcohol and/or drugs. The additional efforts to prevent impaired driving are part of a national enforcement campaign, Driver Sober or Get Pulled Over.

The South Pasadena Police will hold a DUI Checkpoint Saturday, August 17, 2024, from 6:00 p.m. - 3:00 a.m. at an undisclosed location within the City of South Pasadena.

According to the National Highway Traffic Safety Administration, 13,524 people were killed in drunk-driving crashes in 2022 - that's one person every 39 minutes.

While drunk driving is a significant traffic safety problem, driving while impaired is not just from alcohol. Prescription drugs, over-the-counter medications and cannabis products may also impair. If you plan on drinking or taking medications with a driving warning label, let someone who is sober drive. If you see someone who appears to be driving while impaired, call 9-1-1.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

San Marino Motor Classic Returns to Lacy Park Sunday



The city of San Marino is getting ready for the 13th annual San Marino Motor Classic where 7,500 attendees are expected Sunday at Lacy Park to see everything from a 1929 Cord L29 Cabriolet to a 2006 Ford GT 40, and hundreds of other classics.

"The San Marino Motor Classic is a cherished tradition in our city, said Steven Huang Mayor of San Marino. "This event brings together all generations to our beloved Lacy Park and raises funds for causes near and dear to all our residents. The city appreciates Aaron Weiss and the whole Motor Classic planning committee for their dedication to raising funds that help beautify and secure our park for all to enjoy."

The San Marino Motor Classic is a prestigious Concours d'Elegance where many of the world's finest classic cars are on display and are judged. Cars are entered into forty-one car classes. This year there are classes for super cars and European motorcycles. Spectators can vote for their favorite to win a special award. Food trucks, vendors and the Automotive Fine Arts Society exhibit will enhance the event.

According to event organizers, over the past twelve years the San Marino Motor Classic has generated over \$3,700,000 for its charitable beneficiaries. The

2023 event generated a record \$443,000 in net proceeds.

"Every dollar from Sponsors and donations goes to charity," they said. "The San Marino Motor Classic has no paid employees, no rented office space and the costs of producing the event are paid from Entry Fees, Ticket Sales, Program Advertisements and Vendor Tents."

This year's beneficiaries include: Pasadena Humane Society, San Marino Rotary Foundation, Cancer Support Community of the Greater San Gabriel Valley, Give Mentor Love Foundation, Rose Bowl Aquatic Center, Shriners Hospital for Children of Southern California.

"The San Marino Motor Classic is a highlight of the year for 150 of Pasadena Humane's staff and volunteers who look forward to helping facilitate the premier automobile showcase," said Dia DuVernet, President & CEO, Pasadena Humane Society and SPCA. "We are so thankful for our partnership with the San Marino Motor Classic over the past 13 years. The event has raised over \$1.2 million to help save the lives of more than 100,000 animals in our community."

For more information and tickets visit: sanmarinomotorclassic.com.

GoPass lets Students Ride Free on Pasadena Transit

Pasadena Unified School District (PUSD) students returned to school this week and Pasadena Transit will be entering into its fourth school year providing all PUSD students free rides with the GoPass. Students can enjoy the freedom of going anywhere, anytime for FREE with this pass. The GoPass is also accepted on Metro Bus, Metro Rail, Foothill Transit and over 12 other public transit agencies serving Los Angeles County. The GoPass program is administered by PUSD and interested students are encouraged to work with their school to enroll in the free program to obtain a TAP card and information to activate their pass.

More information is available at metro.net/riding/fares/gopass/ including a list of participating agencies and how to activate the GoPass.

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626-355-1180 www.leonoramoss.com
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Sierra Madre Woman's Club
Wistaria Thrift Shop
At the rear of the Essick House
550 West Sierra Madre Boulevard
One block East of Michillinda
Thursday, September 5, 2024
Grand Re-Opening
10 a.m. - 3 p.m.
Quality clothing for all the family, jewelry; kitchenware, glassware, linens; toys; art, bric-a-brac, books, media, stationery; fabric remnants, craft supplies, decorations; workshop & garden items and More!
For Information call 626-355-7739
SierraMadreWomansClub
SierraMadreWomansClub.org
Shop proceeds support local charities

San Marino Upcoming Events & Programming

2024 Advisory Body Applications: Deadline Extended
The City of San Marino is seeking passionate volunteers for the Recreation Commission and the Library Board of Trustees. Applications for the 2024 Advisory Body Recruitment are now due by 4:00 PM, September 16, 2024.
- Recreation Commission: 3 full member term vacancies
- Library Board of Trustees: 1 alternate member term vacancy

For questions or more information, please contact City Clerk Walker at CityClerk@SanMarinoCA.gov or call (626) 300-0705. More information can be found on our website.

Draft Housing Element To Be Available for Public Review

The City's Community Development Department is providing notice that the seven (7) day public review period for the City's updated Fourth Draft of the 6th cycle the Housing Element (2021-2029) will begin on Friday, August 23, 2024 and conclude on Friday, August 30, 2024 at 8AM. The draft can be found tomorrow by visiting: www.SanMarinoCA.gov/HousingElement

City Treasurer Application: Deadline Extended

The City of San Marino seeks to fill an opening for City Treasurer. The City Treasurer, in collaboration with the Finance Director, oversees the City's investments and advises the City Council. Knowledge of the collection and accounting of municipal funds is essential. San Marino residency is required. Interested persons should visit the City's website or contact the City Clerk for additional information and application materials. The deadline to submit an application has been extended to Monday, October 7, at 4 p.m.

Annual Palm Tree Trimming

The City's annual trimming of all City-owned palm trees began earlier this week. This work is performed by Mariposa, the City's tree maintenance contractor, and will help maintain the City's vibrant urban forest while also prioritizing safety. Drivers should be aware of temporary lane closures on City streets with palm trees while the work is being performed.

Street Sweeping Schedule

In keeping with the City Council's priority of well-maintained infrastructure, the Parks and Public Works Department works with Athens Services to ensure that the City receives comprehensive street sweeping services. Athens is currently operating on a bi-weekly street sweeping schedule, which will continue through October (November-April sweeping is weekly). Residents can visit the Street Sweeping page on the City's website for more information on their neighborhood street sweeping schedule and the yearly street sweeping calendar.

Coffee, Tea, and Chat

Friday, August 30 from 10 AM – 12 PM, Thornton Conference Room

Connect with your neighbors to learn more about the community and its traditions. This program is presented in Mandarin by the United Charity Foundation for ages 18+. Registration is not required.

DIY Mini Piñatas

Tuesday, September 10 at 3 PM, Barth Community Room
Teens in grades 6-12 are invited to join us as we celebrate Hispanic Heritage Month by making a mini piñata. Materials and goodies for making and filling the mini piñatas will be provided while supplies last. Registration is not required.

Chinese Club Workshop

Thursday, September 12 at 10:30 AM, Barth Community Room

In the spirit of cultural exchange and appreciation of diversity, educational development, and community service, the Chinese Club of San Marino holds monthly lectures and workshops. Registration is not required.

Puppy Love Dog PAW-ty

Saturday, September 14 at 9 AM, Lacy Park
Cost: R: FREE / NR: \$4

Attention all dogs and their humans! You're invited to a bark-tastic party at the Park! Watch your pup socialize and meet new furry pals while you chat with other dog enthusiasts. Enjoy doggy snacks, grab some goodie bags, participate in our exciting doggy costume contest, groove to music, and much more! Registration is not required.

Planning Commission Meeting

Wednesday, August 28 at 6:00 PM; City Hall Council Chambers and Zoom

Pasadena Water & Power Educational Scholarships



Every year, Pasadena Water and Power (PWP) honors two outstanding high school seniors in Pasadena with a first-place scholarship of \$5,000 and a second-place scholarship of \$2,500 to a two- or four-year accredited, post-secondary institution for the upcoming academic year. To apply, students submitted a minimum 500-word essay about a topic related to the utility. This year, the prompt asked students to consider the benefits and challenges to electrification as the world continues to become more electrified.

PWP received applications from six high schools across the City. The first-place winner was Emmeline Clougherty, a student from John Muir High School, who plans to study environmental policy at UC Berkeley. The second-place winner was Londyn Sewell, also from John Muir High School, who plans to study communications at Michigan State University. PWP will launch the 2025 scholarship in August 2024. For more information, visit: PWPweb.com/Scholarship.

Assemblymember Holden's Solitary Confinement Bill Stalls

Assemblymember Holden's legislation, Assembly Bill 280, Segregated Confinement, is currently in the Assembly and will not move forward. AB 280 would have allowed California to join other states including New York and Colorado in ending solitary confinement for specific populations, and join the international community in recognizing that solitary confinement constitutes torture and put a limit on how long any individual can be held in isolation.

"Last year, we decided to leave the bill on the Assembly Floor to allow more time for all of the stakeholders involved to work toward a solution and during that time, new regulations were put forth to address some of the issues related to solitary confinement. Without a doubt, more change is needed and I believe holding the bill on the Assembly Floor will allow the Legislature and advocates to review the results of these regulations and use new data to implement the most effective plan of action," said Assemblymember Holden.

Due to the State and local support for AB 280, the California Department



of Corrections and Rehabilitation (CDCR) released new solitary confinement guidelines last fall. Assemblymember Holden's AB 280 brought heightened awareness to a critical issue in our prisons and effectively inspired the first steps to correcting California's solitary confinement problems. "The legislation is there. The language is written. I believe that it is important to move on this with urgency once the new information has been considered. My hope is that AB 280 is the seed that will sprout into actionable change next session and that with a new fiscal year, this bill can make it to the finish line," said Holden.

South Pasadena Drive Smart for Back to School Month

Drive slow and look for children

As summer draws to a close and students prepare to return to school, the South Pasadena Police Department reminds all drivers to prioritize safety during the upcoming Back to School Month by slowing down, following the speed limit and being extra careful driving through school zones.

"During Back to School Month, let's prioritize safety behind the wheel to protect our children," South Pasadena Police Department, Lieutenant Shannon Robledo said. "We urge every driver to slow down, remain alert, and take extra precautions when navigating through school zones. By doing so, we can create a safer environment for everyone and foster a community where safety is a shared responsibility."

The South Pasadena Police Department offers the following tips to stay safe around schools:

Slow down and follow the speed limit.

Adhere to school policies and procedures for dropping off and picking up students. Stop for school buses. Watch for children rushing to catch the bus or exiting. Whenever possible, avoid blocking the crosswalk while waiting to make a right-hand turn.

For parents with children walking or biking to school, teach them safe walking and riding behaviors, such as looking both ways before crossing the street, using sidewalks when permissible and available, and crossing at marked crosswalks with stop signs or signals.

If you are behind a school bus with a stop sign and flashing red lights, drivers need to stop so students can safely get on and off the bus. Drivers must remain stopped while the red lights are on. Drivers in both directions must stop on any two-lane road without a median or a center turn lane.

SMFD Back to School First Aid & Emergency Preparedness

The San Marino Fire Department held a Back to School First Aid & Emergency Preparedness class on Wednesday, August 14. Attendees were taught basic first aid, bleeding control, and CPR skills, and were also able to practice live fire extinguishment. Following Monday's 4.4 magnitude earthquake, the class was also an excellent opportunity for residents to brush up on earthquake preparedness skills such as what to do in an earthquake and how to locate and shut off utilities around the home. The Fire Department



offers quarterly first aid & emergency preparedness workshops that are open to all residents of the City of San Marino. For More information visit: sanmarinoca.gov.

Pasadena Water & Power Water is Life Contest Winners



Pasadena Water and Power holds the "Water is Life" Art Contest every year in partnership with the Metropolitan Water District ("MWD") from February through June. Participating students submit artwork portraying a water-wise theme, along with a short message about water conservation. This year, PWP received 52 artwork submissions from students in 21 schools.

The first-place winner (pictured) was Keira Lam (9th grade), the second-

place winner was Olivia Hur (10th grade), and the third-place winner was Magdalena Scholze (8th grade), from Polytechnic and Westridge School. All three winning artworks were submitted to MWD for consideration in their annual Student Art Calendar.

Both the winners of the art contest and scholarship program were recognized at the July 15 City Council meeting. Next year's contest opens in Spring. For more information, visit: PWPweb.com/ArtContest.

Annual Taste of 'Dena Returns to Altadena

Get ready for an unforgettable evening of culinary delights, soulful melodies, and community spirit as the Altadena Library Foundation proudly presents the Taste of 'Dena on Saturday, Sept. 28. Back for its seventh year, Taste of 'Dena is the foundation's annual fundraising event to celebrate the Altadena Library District. And this year, the Foundation is

pleased to honor the lifetime achievements of Mr. William J. and Mrs. Brenda L. Galloway for their decades of service to the community and legacy of commitment to education.

Event guests will enjoy an unforgettable evening of delicious food, smooth wines, live music, and a silent auction in support of the Altadena Library District, a 98-year-old institution dedicated to bringing people and ideas together.

The event starts at 6 p.m. at the Altadena Main Library, 600 E. Mariposa Ave. Become an event sponsor or purchase tickets at: AltadenaLibraryFoundation.org.

South Pasadena Senior Center

End of Summer Luau Luncheon

Date: Wednesday, August 28, 2024
Time: 11:45 a.m. | Cost: \$3.00
Location: South Pasadena Senior Center

ADVANCED RESERVATIONS ARE REQUIRED.
RESIDENTS & MEMBER RESERVATIONS OPEN ON:
Monday, July 22, 2024
GENERAL RESERVATIONS OPEN ON:
Wednesday, July 24, 2024
Must be 55 years or older to attend.

Live ukulele performance by
Bruddah Vince

To make a reservation, please
contact the Senior Center at
(626) 403-7360.



New Sewer to Close Fair Oaks Ave. and California Blvd.

Acting Director of Public Works, Kris Markarian, announced Thursday full street closures to accommodate the new sewer service line installations for the USC Keck medical building currently under construction at 590 South Fair Oaks Avenue. One sewer to be installed on Fair Oaks Avenue, and one on California Boulevard.

The full street closure of Fair Oaks Avenue from Palmetto Drive to Congress Street is scheduled from Monday to Saturday, August 24 between 10:00 p.m. to 6:00 a.m. The full street closure of California Boulevard from Fair Oaks Avenue to Raymond Avenue is scheduled from Monday, August 26 to Saturday, August 31 between 10:00 p.m. to 6:00 a.m.

Flaggers will be stationed on California Boulevard to allow access to one emergency lane on the north side of the street. Access to Edmondson Alley will be maintained.

The existing bus stops on Fair Oaks from Palmetto Drive to Congress Street will be temporarily closed during the overnight work hours.

Vehicle detour routes include St John Avenue, Pasadena Avenue, Raymond Avenue, Bellefontaine Street, Fillmore Street, and Del Mar Boulevard.

Catch breaking news at: mtnviewsnews.com

AROUND SAN GABRIEL VALLEY

19 ARRESTED, \$250K SEIZED IN PROSTITUTION RAID IN ARCADIA

The Arcadia Police Department has been conducting investigations related to prostitution and brothels since March and identified several residential locations where prostitution and other il-legal activities were suspected of taking place.

On August 21st Arcadia Detectives served search warrants at 7 locations within the city of Arcadia and 1 in the city of Rosemead with the use of SWAT teams from APD and neighboring police agen-cies. Nineteen persons were taken into custody for varying charges to include prostitution, pimp-ing, possession of narcotics and possession of narcotics for sale. Evidence recovered included ecstasy, marijuana, cocaine and \$250,000 in cash and other items consistent with the activities related to prostitution.

The investigation is currently ongoing. Anyone with information on the incident is encourage to contact the APD, Case Number 2400937. Roy Nakamura, Chief of Police.

Anyone with information is asked to call police at 626-574-5151 and reference case number 2470937.

To report information anonymously, call Crime Stoppers at 800-222-TIPS (8477) or vis-it lacrimestoppers.org.

VETERANS RECOGNITION

Calling all Veterans! The City of Arcadia would like to honor and recognize all Arcadia Veterans. If you are a Veteran, please call the Arcadia Community Center at 626.574.5130 to add your name on the list or submit your information online at Arcadiaca.gov. If you have a neighbor, friend or family member who lives in Arcadia and is a Veteran of the Armed Forces, you can add them as well. If you have already signed up, don't forget to register for the Veterans Day Celebration event on Friday, November 8. The event will take place at the Arcadia Community Center at 11:30am. Veterans will receive a free meal and recognition.

DUARTE RESIDENTS INVITED TO PARTICIPATE IN RELAY FOR LIFE EVENT

The City of Duarte invites residents to participate in the American Cancer So-ciety Relay for Life of Santa Anita Park event starting on Saturday, September 7 at 11 AM and ending on Sunday, September 8 at 11 AM. The relay will take place at Santa Anita Park infield (285 W Huntington Drive, Arcadia).

The Relay For Life is more than just a fundraising walk. This event brings to-gether passionate supporters who embody the American Cancer Society (ACS) vision to end cancer for everyone. This volunteer-led experience unites communities to celebrate cancer survivors, remember loved ones lost to cancer, and raise funds to improve the lives of individuals with cancer and their families through advocacy, research, and patient support.

Participants will kick off the event by cheering for local survivors in the first lap of the day, followed by their caregivers and relayers. After the first laps, survivors will enjoy a luncheon provided by Chop Stop, Glendale, and musical accompaniment by Larry DiPeppe, and be presented with a goody bag.

Entertainment will continue throughout the day on the stage as well as booth sales and raffles, with monies donated to ACS.

At 9 PM, there will be a luminaria lighting ceremony, where homemade paper lanterns called luminarias are lit in remembrance of a life touched by cancer. Prior to the ceremony, residents will have the opportunity to dedicate lumi-narias to a lost loved one, someone currently battling, or anyone who's over-come cancer. Together, participants will take a lap of silence to honor those affected by cancer.

Throughout the night, movies will be playing on stage and card games will be available to connect donations.

The following morning at 7 AM, ACS will serve a pancake breakfast for dona-tion before the closing ceremony, with the event ending at 11 AM. All of the money raised will be donated to the American Cancer Society.

To join the relay, vis-it: https://secure.acevents.org/site/STR?pg=entry&fr_id=108635

For more information, please contact Suzy Powell-Rutherford at allsmiles65g@gmail.com or 626-353-1040.

MONROVIA 5TH ANNUAL EARTHQUAKE WORKSHOP

MOHPG and the Monrovia Fire Department will once again be hosting a workshop for Monrovia residents on how to better prepare for a devastating earthquake. This is the fifth time the two organizations have partnered to provide residents with concrete ways in which to better ready their families in the event of a serious disaster.

The 5th annual workshop will be held on Saturday, September 14, 2024, from 11 a.m. - 2 p.m. in the Community Room of the Monrovia Library.

The event is free but attendees must register as space is limited to 60 people. Our guest speaker will be Margaret Vinci from the California Institute of Technology.

What you need to know:

Date: Saturday, September 14, 2024
 Time: 11 a.m. - 2 p.m.
 Place: Community Room, Monrovia Library, 321 S. Myrtle Ave.

Light refreshments and drinks will be provided free of charge.

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 Visit us online at vcsgv.org for more information
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We've partnered with Target Circle. Vote by September 30.

MONROVIA NEWS BRIEFS

Monrovia Area Partnership
YOUTH & ADULT LEADERSHIP ACADEMIES
 NOW OPEN FOR REGISTRATION

YOUTH Grades 8-12 Every Wednesday September 4 - October 16	
ADULT 18+ Every Thursday September 5 - October 17	<p>Open & Free to the Entire Community</p> <p>SUCCESS</p>

Please visit: <https://www.monroviaareapartnership.com/leadership-academies> for more info

MAP Youth & Adult Leadership Academies

We're excited to announce the start of our Youth and Adult Leadership Academies this September! This 7-week program is a fantastic opportunity to dive into city government, develop leadership skills, and build lasting connections within our community.

- Youth Leadership Academy:
- When: Wednesdays, 3:30 p.m. - 5:00 p.m.
 - Start Date: September 4th
- Adult Leadership Academy:
- When: Thursdays, 7:00 p.m. - 9:00 p.m.
 - Start Date: September 5th

Both programs are designed to empower you and enhance your understanding of local government while fostering personal and professional growth. We encourage all interested residents to join and take advantage of these valuable opportunities! Leadership Academies | MAP Website (monroviaareapartnership.com)

Monrovia Police Citizens Academy



The Monrovia Police Department is now accepting applications to the Citizens Academy! The Citizens Academy is an exciting, dynamic and informative 8-week program designed to provide participants with an interactive and comprehensive overview of the Monrovia Police Department.

The program is free and open to all applicants who meet the requirements:

- Must reside, work, or attend college in the City of Monrovia
- Have a clean criminal background
- Open to adults 18 and over
- Be able to attend sessions on Wednesday evenings between 6 - 8 p.m.

Classes begin September 4, 2024. For more information and to apply, contact Officer Holguin with the Monrovia PD Community Policing Bureau at (626) 256-8014.

MONROVIA MEASURE K CITIZEN ADVISORY COMMITTEE

The Monrovia City Council is seeking interested residents for an appointed position on the Monrovia Measure K Citizen Advisory Committee.

The Measure K Citizen Advisory Committee is a five-member committee established by the City Council whose main responsibilities include monitoring the revenues and expenditures from the 0.75% local sales tax increase approved by voters in 2019.

Committee members are appointed for a 4-year term. All positions are volunteer and do not receive compensation. The Citizen Advisory Committee meets at least annually to:

- Receive and comment on annual reports from City staff each fiscal year on revenues and expenditures from the sales tax, and
- Review and comment on annual spending plans prepared by City staff.

If you're interested or would like more information, please contact a City Council member. Contact information for City Council members can be found on the City of Monrovia website.

Piano Instructor

Accompanist

Vocal Coach

Connie Washburn

626.355.9511

bizoupoo@earthlink.net

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SIERRA MADRE ROTARY CLUB SHOWS APPRECIATION TO LOCAL EDUCATORS WITH ITS ANNUAL BACK-TO-SCHOOL LUNCH

In keeping with one of Rotary's service to the community traditions, on August 15 club members served lunch to the Sierra Madre Elementary and Middle School educators as they worked hard to prepare for the start of the 2024-25 school year.



In addressing the over 70 teachers as they enjoyed a full tostada lunch, Rotary President Robert Stockly (pictured above) commented "Rotary supports six causes to improve people's lives and build better community and international relationships, and one of those is supporting education and literacy.

The Rotary motto is Service Above Self, so it's particularly appropriate for our members to bring lunch to show our appreciation and esteem for educators who live that same motto everyday". Sierra Madre Rotary has enjoyed a long-time relationship with both the local public schools and private schools working with administrators to support the superior academic environment they provide for the youth of our community.

We thank our local educators and wish them a successful school year.

To learn more about Rotary youth projects, including Team Leadership Camp (8th grade students), Rotary Youth Leadership Awards (high school juniors), and Interact, among others, visit our website at www.sierramadrerotaryclub.com.

Visit us online at: www.mtnviewsnews.com

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org

Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
<https://school.abvmpasadena.org/>

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Mathew Kodama
website: http://phs.pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000
Website: www.duarte.k12.ca.us

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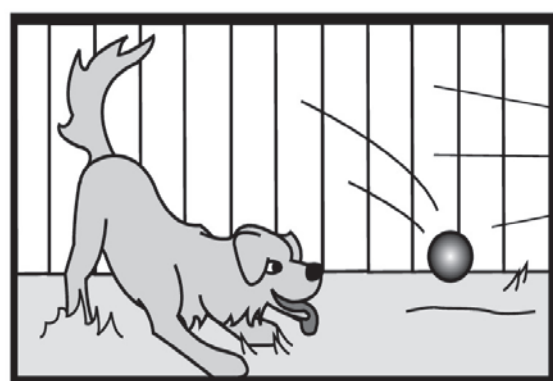
...together to make a movie.



Kids: color stuff in!



People Making Movies!



Don't you love to watch a good movie? The best place for me to see one is at a drive-in theater. I like the big screen and spilled popcorn!
Read my clues to learn about the work of making movies:

- used to highlight areas of the scene, and create a mood
- used to capture sound of actors and effects
- person who chooses camera lenses and angles for shots
- all music and sound effects used in a film
- make-up _____ works on actors' faces, bodies
- _____ designer chooses actors' clothing
- writes the scripts - dialogue and movements
- used to film scenes from very high in the air
- raises funds, hires staff, makes things run smoothly
- combination of a script and shooting directions
- production _____ runs all sorts of errands for directors
- single recorded try at a scene; done on "first _____"
- metal rigs that hold a camera above the actors



close-up

cinematographer

1 soundtrack



helicopters

lighting

3 screenwriter



7 screenplay

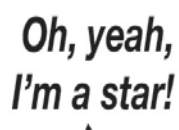
6 microphones

8 producer

11 carpenter

14

12



Oh, yeah, I'm a star!

cranes

artist

assistant

13 composer

director

computer

take

18

storyboard

actor

costume

19

14. used to make special effects and 3-D animated movies

15. row of drawings to show how the movie will flow

16. person who has complete control of filming

17. shot taken a short distance from the actor's face

18. performer who plays a character

19. writes the music for the soundtrack of a film

20. person responsible for building the set



PUZZLES FOR YOU

THEME: THE 1930S

ACROSS

1. Doorframe part
5. *The Swing Era or ____ Band Era
8. T-cell killer, acr.
11. Arabian chieftain
12. Actress Sorvino
13. Excessively fat
15. Chore list
16. Second word in fairytale?
17. Doled out cards
18. *1933 movie monster (2 words)
20. Eyeball
21. Golf aid
22. French vineyard
23. *Larry or Curly or Moe
26. Between delta and zeta
30. ____ B vaccine
31. Cipherring machine
34. Kind
35. Black and white cookies
37. ____ chi
38. Fender bender consequences
39. Light beige
40. *First white chocolate manufacturer
42. Grasp
43. Elbow room, to a ship (2 words)
45. Teenagers' emotions
47. Belly
48. East Indian pepper
50. Buzzing pest
52. *Prairie crisis (2 words)
55. Change, as in U.S. Constitution
56. "If all ____ fails..."
57. Solomon-like
59. Boatload
60. Lab gel
61. Enthusiasm
62. Finale
63. Grazing land
64. Blood vessel network

DOWN

1. Blue Angel
2. In a frenzy
3. Calf-length skirt
4. Ford option
5. Two-footed mortar support
6. Shoemaker without shoes, e.g.
7. *Al Capone's Chicago Outfit, e.g.
8. Mend, healthwise
9. Small island
10. Doctor Dolittle, e.g.
12. *Shenyang (China) in 1931
13. O in B.O., pl.
14. *Cole Porter's "Begin the ____"
19. Dashboard windows
22. Accounting title
23. Oxfords and loafers
24. 9 a.m. prayer
25. *George Gershwin's "Porgy and Bess"
26. Discharge
27. Ding-a-____, pl.
28. Eightsome
29. Egg holders
32. Big-ticket ____
33. Tank filler
36. *a.k.a. The Little Rascals (2 words)
38. Brightest star in Cygnus
40. 1990s negation
41. Second of two
44. Beat the Joneses
46. Angry stare
48. Battle of the ____, a.k.a. Ardennes Offensive
49. Test format
50. *Bureau of Investigation agent, to "Machine Gun" Kelly
51. Smart but awkward one
52. *FDR's New ____
53. ____ E. Coyote
54. Law school test acronym
55. Expert
58. Compass point between NE and E

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Aug 10, 2024 Solutions

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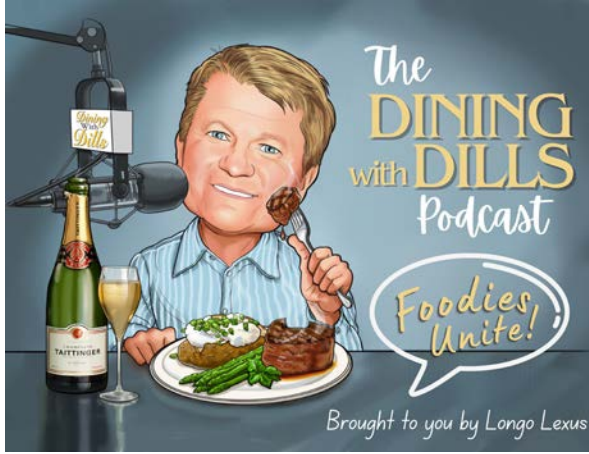
by Tim Jones

OK, OMINOUS. I KNOW YOU HATE THE WAY THESE THINGS TASTE, BUT YOU NEED TO TAKE YOUR MEDICINE.

THIS ONE IS DIFFERENT. IT TASTES JUST LIKE A CHOCOLATE CHIP COOKIE, I PROMISE.

RUMBLE RUMBLE RUMBLE

YEAH, YEAH, I KNOW. YOU WEREN'T FORMED YESTERDAY.



FIRST IMPRESSION: 355 BURGER

Located at 85 W Sierra Madre in the heart of Sierra Madre, 355 Burger is a brand-new spot that's already making waves.

My first impression? This small, yet spotless, restaurant is off to a promising start. It's so fresh that owner Armen hasn't even had time to put up pictures or print out to-go menus—but with a focused menu of just burgers and fries, who needs one?



The ambiance is clean and straightforward, with a no-frills approach that keeps the focus where it should be: on the food. The staff, though still getting into the groove, were friendly and eager to make a good impression. Armen, a veteran of the Sierra Madre food scene, previously owned and operated the pizza place just next door, bringing a wealth of experience to this new venture.

I dined with my companion, Hansalicious, and we both agreed that the burger was delicious. In a world where In-N-Out reigns supreme, we couldn't help but wonder: Why wait in line at In N Out when you can enjoy a burger that, in my opinion, rivals the top dog? Armen shared that the beef is ground daily, and it shows in the burger's flavor and juiciness. Whether you prefer your onions grilled or raw, the choice is yours, but I opted for grilled, the burger was perfectly cooked, juicy patty that was satisfying and well-seasoned.

The fries, while acceptable, do add to the calorie count, so if you're watching your intake, you might want to skip them. They were crispy and seasoned, but the star of the show is definitely the burger.

Feeling a bit peckish? Go for the double patty—I did, and now I'll need to run a couple of laps at the Rose Bowl to get back to my girlish figure! But honestly, it's worth every bite. A great burger at a reasonable price is hard to beat, and 355 Burger delivers. Like I mentioned this is a work in progress, though the soda fountain is up and running.

Keep in mind, they've just opened, and they're still working on the staff and the menu, but I'd say they're off to a strong start. Check out 355 Burger and see for yourself!

Hours for now are limited
85 W Sierra Madre Blvd - Sierra Madre, Ca.

THE TASTING ROOM

A BOLD ROSÉ

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

For those who think Rosés are weak and wimpy, I have a BOLD Rosé for you! The Prieure de Montezargues, Tavel 2020 is a revelation. It is a Rosé that will age beautifully and will pair with a variety of foods.



This wine is from Chateau L'Herthe – one of the oldest estates in Chateaufort-du-Pape. The Prieuré de Montezargues was originally a monastery dating back to 1199. There are original stone buildings still standing on the property. The vineyards are composed of sandy soils covered by a layer of 'galets' – large, round, well-worn stones carried down from the Alps (about 250 miles to the northeast) by glaciers during the last ice age. The combination of the unique soils and Mediterranean climate give the wines freshness and vibrancy. Tavel is an ancient village in this area and was famous for its Rosés long before Rosés became popular.

The wines from Tavel undergo an extended maceration (contact with the grape skins) which give Tavel Rosés more texture, flavor, and color.

The color is like a gorgeous dark hued salmon. This wine is aged in stainless steel, and the vineyard is certified organic. This vintage is composed of 55% Grenache, 20% Cinsault, 10% Clairette, 10% Syrah, 5% Mourvèdre.

On the nose, I get aromas of blood orange, stone fruits, fennel, spice, and bitter cherry. On the palate, I get notes of crushed stone, citrus pith, bitter cherry, salinity, peach, and savory herbs. There is a grip to the long finish. It's elegant, quaffable, bold, and perfect to drink by itself or paired with food. Drink this now and for another year or two. It's coming into its prime.

According to Janic Robinson – noted wine reviewer from England – Tavel Rosé pairs very well with artichokes, duck, tuna steak, and Middle Eastern foods. Her best pairing though is Tavel Rosé with Nicoise Salad. It sounds like this is a great match when you are with friends and need a wine that goes well with everything that everyone is ordering! Don't pass this up, you can surprise your friends with a Rosé that isn't as famous or popular as the Rosés from Provence, but you will get a heck of a wine that is exciting, delicious, and priced to enjoy!

The Prieure de Montezargues 2020 is available at The Bottle Shop for \$14.99. I've seen it online for \$18 to \$30. Say you saw it in the Mountain Views News and get it for \$13.99 through Monday, August 26th.

Upcoming at The Tasting Room: Sunday August 25th at 3pm – The Great Pizza Challenge & Wine Tasting (Reservations essential); Thursday & Friday August 29 & 30 – Osh Gosh Grenache!

Scan the QRCode to sign up for our newsletter. *Until next time – Salud!*



INGREDIENTS

- 1 1/2 cups boneless and skinless salmon, drained if water-packed (about 10 oz.)
- 1 cup finely crushed saltines (about 24 crackers)
- 1/4 cup mayonnaise
- 1 large egg
- 1/2 tsp. Old Bay seasoning (optional)
- 1/4 tsp. ground black pepper
- A generous pat of butter and splash of oil, for pan frying

DIRECTIONS

Step 1 Make patty mixture:

Stir together the salmon, cracker crumbs, mayonnaise, egg, Old Bay (if using), and pepper in a medium-size bowl. Let stand a couple of minutes, and then stir until the mixture comes together and holds its shape on a spoon.

Step 2 Make patties:

Divide the mixture into 8 patties that are about 1/2-inch thick.

Step 3 Cook salmon patties:

Warm the butter and oil in a large skillet over medium-high heat. When the butter bubbles, add the patties in a single layer, spacing them evenly. (Work in batches if need be, and add more fat to the pan as needed.) Cook until the patties are nicely browned and sizzling, flipping once, about 3 minutes per side. Serve warm, although refrigerated leftovers are good, too.

TASTE OF 'DENA RETURNS TO THE ALTADENA LIBRARIES



Get ready for an unforgettable evening of culinary delights, soulful melodies, and community spirit as the Altadena Library Foundation proudly presents the Taste of 'Dena on Saturday, Sept. 28.

Back for its seventh year, Taste of 'Dena is the foundation's annual fundraising event to celebrate the Altadena Library District. Guests will enjoy delicious regional fare, wine tasting, live music from local jazz band Kira & The Major 3, and a silent auction while supporting the district and its continuing efforts to bring people and ideas together.

This year, the foundation also honors the lifetime achievements of William "Bill" J. and Brenda L. Galloway for their service to the community.

"We are so excited to give Altadena residents an opportunity to pay tribute to the Galloway family at this year's Taste of 'Dena," says Veronica Jones, community activist and chair of the event. "We are forever grateful for Bill and Brenda, who spent decades improving educational opportunities and literacy rates in our community."

Longtime residents of Pasadena, Calif., the Galloways are widely respected for their involvement in countless organizations and their unwavering commitment to education. They endowed the beautiful Galloway Plaza at Pasadena City College (PCC) and established the Bill & Brenda Galloway Endowment for Education with the Pasadena Community Foundation. Both Galloways served on the boards of community groups, including the PCC Foundation, Pasadena Playhouse, and Pasadena YMCA, and received honors from local and national organizations. Together, they have made an indelible impact on their community and the people around them.

Since its inception 98 years ago, the Altadena Library District has provided the community with a vast array of library services, innovative resources, and engaging programs. Last year, the district hosted more than 675 events attended by 18,000 people, circulated almost 207,000 physical items, and welcomed over 123,000 visitors to its two libraries. And in April, the district started a new phase of its commitment with the expansion and renovation of the Bob Lucas Memorial Library. The project will take about a year, and once the branch reopens, the district will move forward with its renovation of the Main Library to ensure both facilities are updated, upgraded, accessible, and inspiring for future generations of Altadena residents.

"Our past events have been really fun gatherings of like-minded people who support our two local libraries," says Mark Mariscal, president of the Altadena Library Foundation Board of Directors. "Given how much our libraries partner with community businesses and nonprofits, people are amazed to find out that our district is totally independent from the L.A. County library system. We invite anyone who's been to a program or worked with our libraries to join us for this year's Taste of 'Dena."

The Altadena Library Foundation has supported and strengthened the mission and resources of the Altadena Libraries through fundraising and advocacy since 2009.

Join the Altadena Library Foundation in supporting and celebrating the Altadena Libraries on Saturday, Sept. 28, 2024, at 6 p.m. at the Altadena Main Library, 600 E. Mariposa St. Become an event sponsor or purchase tickets at www.AltadenaLibraryFoundation.org.

ALL THINGS

By Jeff Brown

TAKING AWAY THE CAR KEYS

by William Falk Editor-at-large "The Week"



When I took my mother's car keys away, she cursed at me. I'd never heard my sweet, churchgoing mom use language like that in my life, but she couldn't accept that at 85, her fading vision, hearing, and memory made her unsafe at any speed.

I was reminded of the day Mom followed me to the door, shouting "Give me those #@ \$&%! keys back," when Joe Biden spent several weeks insisting against all evidence that he was fit to serve four more years.

Giving up the most powerful and prestigious job in the world, obviously, is more painful than losing access to the Camry. But the denial and the anger are fundamentally the same. Getting old, I've found, demands a succession of surrenders. You can accept these losses with some grace and rueful resignation — or go to war with the inevitable.

Pro tip: You can't win.

I'm still more than a decade from Biden's stage of life, but if I put on my glasses, I can see the shape of it on the horizon. Behind me, the path is long and littered with losses large and small. Joints worn out from years of running, basketball, softball, and typing take turns complaining, and the mirror reveals a graying old guy I sometimes do not recognize. Too many loved ones and friends are gone.

Last year, after 22 years as editor-in-chief of this magazine, I stepped down from full-time work so I could have more time to travel, to enjoy our new home in our new community, to kayak and cycle and walk and play more, to savor the passing days and sunsets over the river. Fortunately, I still get to continue to contribute to this fine magazine. It's worked out as I hoped, but the surrenders continue.

The best strategy, it appears, is to accept them and fall back behind a new line of defense, and prepare for the next assault. I know how you feel, Mr. President. When they come for my car keys, I suspect I, too, will curse.

Editor's Note: CONFESSION: When I first glanced at the title of this article, I contemplated moving it to the Education and Youth page, flashing back on the days when taking the keys away was the most effective tool for rambunctious 16 year olds! And then I read it.....OMG, he's talking about US! S. Henderson/MVNews

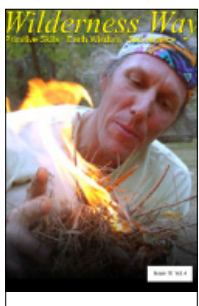
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CHRISTOPHER Nyerges



[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

BOYS AND THEIR TOYS

It does seem that some guys can never get enough toys. Like knives. Not that knives are toys – they're not – but grown men who are still children at heart want objects that are intrinsically useful, valuable, which can still be pulled out to impress a friend, or even a stranger.

I have long liked knives of all sorts. Even ancient cultures had their great diversity of broken and chipped rocks which were their knives. Those were used for money, to show tribal affiliation, and undoubtedly, the various craftsmen would compare and contrast two spear points, looking for nuances of meaning in the two points.

I find a knife indispensable. I presume that it has always been the most basic fundamental tool which distinguished mankind from the so-called lower animals who had lesser brain functions. And the idea that knives are beautiful, wonderful, and an intrinsic part of human life seems to be well accepted among the mainstream. My evidence: I saw a knife show on television, and all they did for more than an hour (before I turned it off) was to try to sell you a great deal on a special knife, but you had to hurry and buy now before the deal expired, or before they met their quota of "strictly limited to the first one million buy-ers." Of course, there were no knives on that show that I would consider buying. Those were cheap knives for the masses.

I prefer to pay more for quality, or to buy from the maker. There's something about knowing the person behind the knife, the person who has spent his (or her) life mastering the intricacies of knife-making and metallurgy who then goes on to actually produce beautiful, functional pieces of art.

Perhaps our knives are our ultimate mnemonic device, embodying all the things we did with it during last summer's survival march, or the whole history of the evolution of that particular style of blade. There is much to talk about if you're a boy with your toy. You pull out your knife, and a lot is evident immediately. Folder vs. sheath. Stainless vs. carbon. Leatherman vs. Victorinox. Big vs. small.

From the obvious, many conversations emerge. If a folder, we look at the handle. Bone, plastic, wood, some sort of polycarbonate. Is one better than the other? Some folks think so. We open the various blades, and feel how it feels in the hand. Does it "walk and talk"? The walking – how well it opens without peeling off a fingernail, and we snap it open to hear it "talk." Watch the boys as they compare their toys. This initial phase is like the opening of a sacred ceremony, and there is usually little talking, just observation and some "ahhs" and "wows."

Yes, knives are the sacred objects of the boys who go to the woods. Do you have any questions about knives? Send your questions to me.

**CLASSES AND BOOKS
BY CHRISTOPHER NYERGES**
Self-reliance – survival – sustainability
www.SchoolofSelf-Reliance.com
Box 41834, Eagle Rock, CA 90041

Katnip News!



Lifeline for Pets presents our newest lovebug:

KIMBA, age 6.

He has beautiful all white fur and big sunny eyes. He has an amazing, chill purrrsonality. He wants to be with with his human, making biscuits of love. He enjoys all his toys, and likes making cat friends.



Kimba

Kimba has a clean bill of health from our veterinarian, and is fully vetted and neutered. The vet and team told us they all loved him while there. He was such a good boy for them. While he is acclimating to a safe, comfy, happy life, he loves to be petted on his head.

If you think Kimba could be your kinda guy, please submit the application. See more pictures of Kimba and apply to adopt him at <https://www.lifelineforpets.org/kimba.html>

Pet of the Week

BAYLIE

Baylie thinks that age is just a number, and we couldn't agree more! This darling boxer may be 13, but she acts (and feels) much younger!

This spry thing loves going for walks and will even run alongside you if you let her. She is always calm and quiet and makes fast friends with everyone who stops to say hello.

Baylie has lived with other animals- she is cat-friendly and has also shared space with rabbits and birds- she's been very gentle with everyone she's met.

Baylie has been described as very demure and very mindful. She thinks that she's not like other senior dogs and can literally run circles around them. Come meet this demure diva today!

Baylie and all other pets over 5 years old can be adopted at no charge for anyone over the age of 60, thanks to Pasadena Humane's Seniors for Seniors program!

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 2:00 – 5:00. For those who prefer, adoption appointments are available daily from 10:30 – 1:30, and can be scheduled online. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



Upcoming events and classes:

FALL CLASSES START SEPTEMBER 17!
Drawing, Painting, Ceramics, Fiber Arts, Jewelry Making and much more for adults and youth. We still have some spots open!



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13TH ANNUAL SCARECROW FESTIVAL!

Free kits available starting September 3rd! for more info scan the QR code



9.10.24 DAY!

It's Sierra Madre's zip code day! Stop by CAG to purchase a t-shirt while supplies last.



Dogs & Heat

HOT TEMPERATURES CAN MAKE CONCRETE AND ASPHALT TOO HOT FOR YOUR DOG'S PAWS. Asphalt and concrete temperatures can usually be 20-40 degrees hotter than the ambient temperature. If the back of your hand can't stand the heat on the concrete or asphalt for 7 seconds, it's too hot for a walk.

When it's above 90 degrees outside, bring dogs and cats indoors.

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From The Desk of Steve Sciorba, Safe Path For Senior

RESPITE CARE OF SENIORS

Respite care is an important service for seniors and their caregivers. It provides temporary relief to primary caregivers by offering short-term care for the senior. This can be crucial for maintaining the well-being of both the senior and the caregiver.

Why Respite Care is Important:

1. Caregiver Relief: Caring for a senior can be physically and emotionally demanding. Respite care gives caregivers a much-needed break, which can help prevent burnout and reduce stress.
2. Senior Well-being: It offers seniors the chance to experience new environments and social interactions. This can be particularly beneficial if they're primarily at home and may feel isolated.
3. Flexible Options: Respite care can be provided in various settings, including in-home care, adult day care centers, or short-term stays in residential care facilities. This flexibility allows caregivers to choose the option that best suits their needs and the senior's preferences.
4. Health Management: It can provide specialized care that might not be available at home, such as medical supervision or therapy services, helping to manage chronic conditions or recover from illness or surgery.

Types of Respite Care:

1. In-Home Respite Care: A professional caregiver comes to the senior's home to provide care, allowing the primary caregiver to step away for a few hours or days.
2. Adult Day Care: Seniors spend the day at a center that provides supervision, social activities, and sometimes medical care. This allows caregivers to work or take a break during the day.
3. Short-Term Residential Care: The senior stays in a care facility for a few days or weeks. This option is useful if caregivers need an extended break or if the senior needs specialized care.
4. Emergency Respite Care: Offered on an urgent basis when an immediate break is needed due to unexpected situations.

How to Access Respite Care:

- Assess Needs: Determine the level of care the senior requires and the type of respite care that will best meet those needs.
- Research Providers: Look for reputable respite care services in your area. This can include local agencies, senior centers, or home care companies.
- Consult Healthcare Professionals: Discuss options with the senior's healthcare provider to ensure the chosen respite care will support their health needs.
- Check References and Reviews: Ensure that the provider has a good track record and that other families have had positive experiences.

Benefits of Respite Care:

- Reduces Caregiver Stress: Helps caregivers recharge, leading to better overall health and effectiveness in their caregiving role.
- Enhances Quality of Life: Provides seniors with opportunities for socialization and engagement in activities, improving their quality of life.
- Offers Peace of Mind: Knowing that the senior is in capable hands allows caregivers to be more at ease during their time away.

In summary, respite care is a valuable resource that supports both seniors and their caregivers. By providing temporary relief and ensuring that care is maintained, it helps manage the complexities of caregiving and enhances the well-being of everyone involved.

WHAT ARE THE EARLY SIGNS & SYMPTOMS OF DIABETES?

Dear Savvy Senior:

What are the early signs and symptoms of diabetes? I'm 60 years old, and in pretty good shape, but was just diagnosed with type 2 diabetes. What did I miss? Diabetic Dan



Dear Dan:

The signs and symptoms of type 2 diabetes can be so mild that many people miss them. That's why testing is so important. Here's what you should know.

According to the Centers for Disease Control and Prevention more than 38 million Americans have diabetes today, and another 97 million have prediabetes, but many of them don't even know they have it.

Type 2 diabetes is a disease that develops slowly over decades. Most people have prediabetes for a long time before the disease becomes full-blown diabetes, and even then, it progresses gradually.

Diabetes occurs when your blood glucose, also called blood sugar, is too high. This excess blood sugar damages blood vessels and affects circulation, putting you at risk for a host of ailments, from heart attack and stroke to blindness, kidney failure and nerve damage.

Signs and Symptoms

So how can you tell if you have diabetes? The earliest signs, which are usually subtle, including urinating more frequently (often at night), being thirstier and hungrier than usual, weight loss without trying, feeling very tired, having dry itchy skin and blurry vision.

And the symptoms that can indicate advanced diabetes and long-term damage has occurred includes cuts or sores that heal slowly, having more infections than usual, and pain or numbness in your feet or legs.

Who Should Get Tested?

Because prediabetes typically causes no outward symptoms, and the signs of early type 2 diabetes can easily be missed, the only way to know for sure if you have it is to get a blood test.

Everyone age 45 years or older should consider getting tested for diabetes, especially if you are overweight with a body mass index (BMI) above 25. See CDC.gov/bmi to calculate your BMI.

If you are younger than 45 but are overweight, or have high blood pressure, a family history of diabetes, or belong to an ethnic group (Latino, Asian, African or Native American) at high risk for diabetes, you should get checked too.

To help you determine your risk for diabetes, the American Diabetes Association (ADA) has a quick, online risk test you can take for free at Diabetes.org/risk-test.

Diabetes Tests

There are three different tests your doctor can give you to diagnosis diabetes. The most common is the "fasting plasma glucose test," which requires an eight-hour fast before you take it. There's also the "oral glucose tolerance test" to see how your body processes sugar, and the "hemoglobin A1C test" that measures your average blood sugar over the past three months. It can be taken anytime regardless of when you ate.

Most private health insurance plans and Medicare cover diabetes tests, however, if you're reluctant to visit your doctor to get tested, an alternative is to go to the drug store, buy a blood glucose meter and test yourself at home. They cost around \$20.

If you find that you are prediabetic or diabetic, you need to see your doctor to develop a plan to get it under control. In many cases lifestyle changes like losing weight, exercising, eating a healthy diet and cutting back on carbohydrates may be all you need to do to get your diabetes under control. For others who need more help, many medications are available.

For more information on diabetes and prediabetes or to find help, join a lifestyle change program recognized by the CDC (CDC.gov/diabetes-prevention). These programs offer in-person and online classes in more than 1,500 locations throughout the U.S.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SUMMER ON BIG BEAR LAKE AUGUST 28, 2024

Register now registrations for a trip to Big Bear Lake in the San Bernardino National Forest on Wednesday, August 28, 2024 from 8:30 a.m. to 6:00 p.m. Shopping and dining at your own pace Big Bear Village. The group will head to Pine Knot Marina to board the lovely Miss Liberty Paddle Wheeler for a scenic 1.5-hour lake cruise. The bus will depart from the Hart Park House Senior Center at 9:00 a.m. and return at 5:30 p.m. Please arrive 15 minutes before departure. Cost: \$33.00 per person (Lunch not included) Registration Deadline: Monday, August 26, 2024 Registrations may be made in-person at the Hart Park House Senior Center, or online at www.sierramadrea.gov/online-registration. For more information, call the (626) 355-5278.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...AUGUST Birthdays*



Nancy Beckham, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Pat Miranda, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh, Helen Stapenhorst, Chandy Shair, Heidi Hartman, Erma Gutierrez, Margaret Switzer
* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Chair Yoga

Every Monday and Wednesday
Hart Park House 10-10:45 am



Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in in the Hart Park House Senior Center.

Call 626-355-5278 for more information

Beginner
Every Tuesday
10:00am-11:00am

Intermediate
Every Friday
10:00am-11:00am

Bring your lei, flower skirt and your desire to dance! Join in on the fun in the Memorial Park Covered Pavilion on Thursday and the Hart Park House on Friday.

Call 626-355-5278 for more information.

Monthly BLOOD Pressure SCREENING
IS NOW TAKING PLACE AT THE HART PARK SENIOR CENTER THE SECOND TUESDAY OF EVERY MONTH AT 12:30PM

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder



I DIDN'T LOSE MY MARBLES, THEY JUST RETIRED!

For some people, getting old is a real challenge. And it probably is for many people, but it hasn't been too much of an issue for me.

Don't let this get out, but getting old has been more of a blessing than a curse for me. I thought it would be terrible and didn't know what I would do when I reached that magical retirement age. Fortunately for me, The Gracious Mistress of the Parsonage is several years ahead of me, so she is leading the way.

I like it when she is in charge like this because that means I don't have to wear out my brain by trying to figure out anything. When she acknowledges that she is old, I will accept it and look forward to getting old myself.

The other day, for example, she complained about her bones aching, and I said, "Well, my dear, you're just getting old."

Of course, that did not go well with her. She replied, "No, it has nothing to do with my age. There is a storm coming, and Mother Nature is warning me to get ready for the storm." Am I losing it, or have I heard that before? Evidently, she's in contact with Mother Nature, who messages her when a storm is coming.

Because I do not like pain, I went along with her story. When she walked out of the living room, I said, "Tell Mother Nature I said hello." She looked at me with one of her looks, and she was not laughing, although I was laughing, at least on the inside. Getting old does have its privileges. Because I'm old, for instance, I have the privilege of not remembering things.

Whenever The Gracious Mistress of the Parsonage asks me about something, I reply sadly, "Oh, I must be getting old because I don't remember that." So far, I've gotten away with that. The only problem is that I need to have a good memory to remember what I don't remember. Oh boy.

For me, the greatest pleasure of getting old has to do with my eating habits. I can complain about some food and say to The Gracious Mistress of the Parsonage, "I don't think I'm able to eat that sort of thing anymore, it stirs up my stomach."

Right here, I need to have a very good memory to know what I don't want to eat. After all, The Gracious Mistress of the Parsonage has an excellent memory, and I'm banking on that for sure. Certain vegetables are off-limits to me because I'm older now. If it's green, it can't be seen, at least on my plate.

Last week, I got caught complaining that I couldn't eat certain vegetables, and my stomach could not handle it anymore. I snuck into the kitchen and got several cookies, and as I turned around to walk out, who was standing in front of me but The Gracious Mistress of the Parsonage? "What are you eating?" She said very sternly. "I thought at dinner you said your stomach couldn't handle anything more for the day."

I looked at her, tried to smile, and said, "But, my dear, I can't resist your cookies. You make such delicious and wonderful cookies." Then, I tried to smile more broadly. "For your information," she said while staring at me, "I did not make those cookies I bought them for our great-granddaughter." I was careful what I was going to say next because anything I said, she would remember until the day of my funeral.

The game of forgetfulness can be a wonderful game. However, the Gracious Mistress of the Parsonage does not know that she's playing it. Because of that, I usually win. I'm really not as forgetful as I let on, because sometimes it is important not to remember something. Some things are not worth remembering and my problem as I get older is I remember what I should forget and forget what I should remember. How I get out of this mess will be something to treasure the rest of my life.

The other day, I had one of those forgetful issues. I was trying to find something in my office, but I just could not find it. I looked everywhere, but it didn't show up. I was a little bit frustrated. The Gracious Mistress of the Parsonage came and said, "What's wrong? Have you lost your marbles?" And she looked at me and laughed and laughed. I responded to her by saying, "No, my dear, I have not lost my marbles, they just have retired." Looking at me she grinned and said, "Well, maybe you should retire too." She has something there that I'm going to think about.

While I was thinking about my memories I was reminded of what King David said, "I remember the days of old; I meditate on all thy works; I muse on the work of thy hands" (Psalm 143:5). Even David thought remembering good things was important. His reflection was on the good things God had done. It is easy for me to forget what God has done in my life.

It's easy to think of all those bad times in my life. I do that quite often. David's focus was to meditate on the "good things God has done." Although there have been bad times in my past, it is important to recognize God's activity in my life.

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN

PUT THE LIGHTS ON



MEMORIES AT AN OLD AGE

Yesterday the DNC was probably the most entertaining four hours of television that I watched all year. It was not a boring political program where speakers talked about ignored policies and tentative future programs. It was more like a gathering together combining elements of funerals, weddings, graduations, bar mitzvahs and bat mitzvahs and the sharing of the memories of past successes and disappointments.

As you should know the parents of Kamala were both PhDs who met while students at UC Berkeley already with a commitment to Civil Rights. I was at Berkeley at the very same time also forming a lifelong interest and commitment to Civil Rights. Perhaps I was at the same meetings where they met. In any case, neither of these parents should be seen as non-accomplished working-class people and I resent the implication. They worked hard and studied hard and had big dreams which they tried to fulfill. Nevertheless, like my children, she was raised primarily by a single parent and Kamala, like 1 in 8 Americans, worked at MacDonalds.

That is the heritage of our present Vice-President and to characterize her as lower middle-class person is comical. Democrats are attempting to portray her in this way to appeal to lower middle class hesitant voters by pretending that she is one of them. There is something condescending and patronizing in this appeal; and, more importantly, I do not believe there is any need for it.

The entire convention displayed a kind of humanity, dedication, and humility that is seldom shown in politics. The Old Warrior Joe Biden was reluctantly stepping aside because of concerns about his age, not his concerns but other people's concerns. Nevertheless, he displayed remarkable energy matched by strong conflicted feelings. His wife and daughter presented him to the convention. After his speech he walked off holding the hand of his four-year-old granddaughter named for his deceased son, Bo. It was Bo who had first brought Kamala to his attention after they had worked together as States Attorneys General. This was not mentioned but I remembered.

There were many impressive speakers displaying great racial and age diversity. There was old Maxine Waters who I knew almost fifty years ago as a Deputy to Los Angeles Councilman David Cunningham. There was Georgia Senator Reverend Raphael Warnock who served as the pastor of the Ebenezer Baptist Church in Atlanta the former pulpit of Reverend Martin Luther King. I met pastor Warnock during the brief time I worked with the Southern Christian Leadership Conference in Mississippi. There was a wonderful speech by Steve Kerr, yes, the Olympic Basketball Coach, who never mentioned his connection to world conflict. I know about this because I took a class from his professor father who was an expert on Middle Eastern Conflict. He became the Dean of the American University of Beirut where he was assassinated by two shooters associated with a militant organization. Steve Kerr never mentioned this, but I knew about it.

Memories came back to me. There were several mentions of Shirley Chisholm the first Black Woman to be elected to the United States Congress. In 1972 she had rallies supporting her candidacy for President and I was there. The speech of Hilary Clinton was remarkable, and it reminded me of my disappointment in 2016 that the other person was elected, on February 21, 2017, the day after the other person's inauguration my wife and I were in Washinton attending the Women's March.

I should stop here. The presentation of the Convention evoked memories of my own life and experiences together with my awareness of the conflicted feelings of many of the speakers. I was reminded how memorable my own life has been, although on most mornings, now, I cannot even remember the day before. Today I agreed to do some volunteer work for the Democrats and am now looking forward to it. Hooray for memories and a renewed sense of purpose! I hope it lasts for a while. I hope I remember to watch the second day of the convention.

DICK POLMAN

THANKS TO THE AGING CRIMINAL AND HIS CULT, KAMALA SEIZES THE AMERICAN MAINSTREAM



Amidst all the damage Donald Trump has wreaked on the supine GOP, one political felony stands out: By narrowing and shrinking its ranks to assorted cultists, dolts, and insurrectionists, he has ceded the American mainstream to Kamala Harris.

She had only one month to get her act together, an unprecedentedly herculean task all by itself, but the aging criminal made her job easier. Thursday night, in a fervent acceptance speech that plucked at our heartstrings and sang to the better angels of our nature, she capitalized big time and captured the flag.

She laid claim to the all-American virtues that MAGA has left on the table - in her words, "freedom, opportunity, compassion, dignity, fairness and endless possibilities." Plus "optimism and faith." Plus patriotism ("I love my country with all my heart"). Plus fealty to democracy, not to foreign dictators. Plus respect for our military ("I will ensure America always has the strongest, most lethal fighting force in the world...I will always honor and never disparage their service and their sacrifice"). Plus "the rule of law." Plus "free and fair elections." Plus "the peaceful transfer of power."

Plus "country over party." Let's linger on that one.

All week long, Democrats sent up signal flares to disaffected Republicans, urging them to join with Harris to save the American experiment. Harris, in her speech, buttressed that invitation, accepting her party's nomination "on behalf of every American, regardless of party." She said we should view each other "not as members of any one party or faction, but as Americans."

Granted - and I can say this, having watched and/or covered every convention since the 1980s - virtually every presidential nominee makes rhetorical overtures to the opposition. But this convention was unique. A parade of Republicans and MAGA drop-outs were given air time, typically in prime time, to prosecute the case against Trump and invite old allies into the fold.

Dems rolled out the welcome mat for Stephanie Grisham, a former Trump press secretary, who told the national audience that her ex-boss "has no empathy, no morals, no fidelity to the truth," and denigrates his own followers as "basement dwellers." Dems welcomed ex-Mike Pence aide Olivia Troye: "Being inside Trump's White House was terrifying, but what keeps me up at night is what will happen if he gets back there." Dems gave podium time to Jeff Duncan, a former Georgia Republican lieutenant governor, who addressed his "Republican friends at

home watching. If you vote for Kamala Harris in 2024, you are not a Democrat, you are a patriot."

And Dems gave a prominent speaking slot, on the climactic final night, to ex-Republican Congressman Adam Kinzinger, a lieutenant colonel in the Air National Guard: "My fellow Republicans... Democracy knows no party. It's a living, breathing ideal that defines us as a nation. It's the bedrock that separates us from tyranny...If you think those principles are worth defending, then I urge you, make the right choice."

Generations of Republicans have flocked to candidates who flex strength on the world stage. Trump, given his penchant for groveling to dictators, has ceded that ground to Harris as well. One of her tasks last night was to pass muster as a credible commander-in-chief. Republican-leaning voters (perhaps enough to swing a district or state) may well have been pleased to hear passages like this, delivered with badass fervor:

"I will never hesitate to take whatever action is necessary to defend our forces and our interests against Iran and Iran-backed terrorists. I will not cozy up to tyrants and dictators like Kim Jong-un, who are rooting for Trump. Because they know he is easy to manipulate with flattery and favors. They know Trump won't hold autocrats accountable - because he wants to be an autocrat himself. And as president, I will never waver in defense of America's security and ideals, because in the enduring struggle between democracy and tyranny, I know where I stand and I know where the United States belongs."

This race is not a slam dunk, despite all the blue exuberance of the moment. But now that Harris has cornered the market on the key American verities, she can potentially expand her electoral map - charting a victory path through the Rustbelt and the Sunbelt, and making a play for North Carolina, which has gone red for decades except for Obama in 2008. Harris has long been underestimated, but no longer.

As for Trump, he was reduced to phoning the friendly co-hosts at Newsmax and babbling this: "Caracas was a very unsafe city, and now it's safe. In fact, some day the three of us will have to go there - let's bring your husband with us also, right? - and we'll bring some of the other people that are with you because I like the people that are with you."

Great idea! To avoid being eviscerated by Harris in the impending debate, Trump has 18 days to flee to Venezuela.

Dick Polman, a veteran national political columnist based in Philadelphia and a Writer in Residence at the University of Pennsylvania,

RICH JOHNSON NOW THAT'S RICH



AFTER ALL, IT'S ONLY POLITICS

There may be no greater need for humor than in the months leading up to an election. It's hard to keep ahead of all the bloviating being bloviated. What does bloviating mean? Bloviate: To speak a lot in an annoying way as if you are very important. (I may be many things, but I don't think I'm very important.) Phew! Dodged that bullet!

Question: How are politicians like diapers? Answer: They both need to be changed regularly, and for the same reason. President Reagan, diffusing concerns about his age, often joked about it. An example, "I have left orders to be awakened at any time in case of na-tional emergency, even if I'm in a Cabinet meeting."

A robber held up a well-dressed man, pointing his gun and yelling, "Give me all your money!" The man replied, "Don't you know who I am? I'm a U.S. congressman!" The robber retorted, "In that case, give me all my money!"

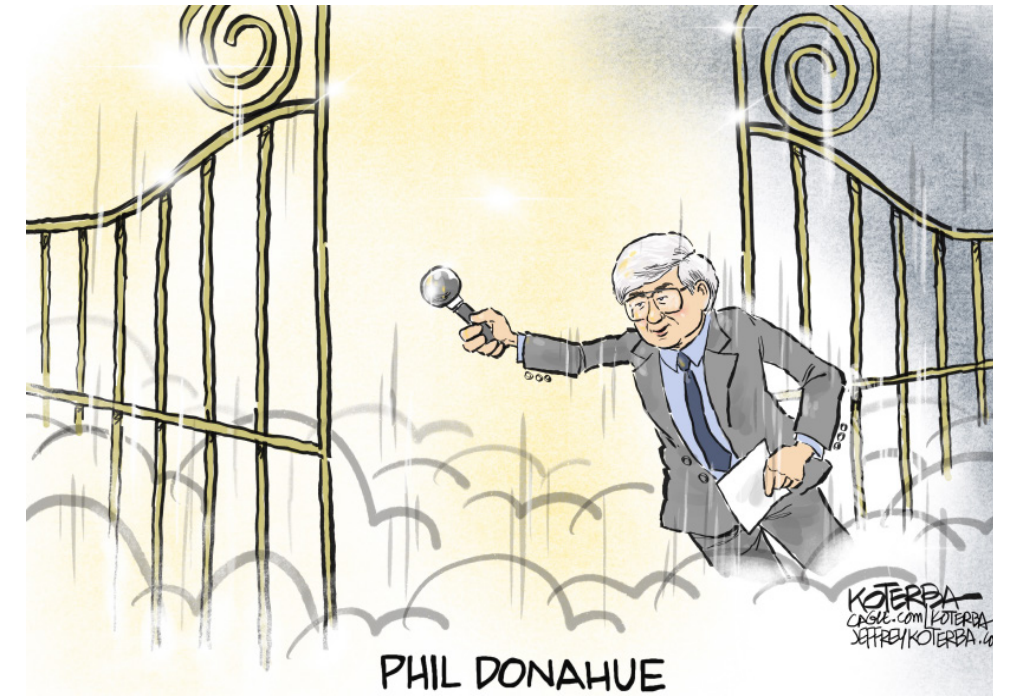
True story. One of our president's was arrested for speeding, while he was president. President Ulysses S. Grant was pulled over twice within 24 hours. A truly bold police officer arrested him. By the way, police did not ar-rest the horse Grant was riding. (Also by the way, President Grant's middle initial stood for nothing. It was a typo on his application to West Point.)

21st U.S. President Chester Arthur held a yard sale at the White House while president. He sold two dozen wagon loads of presidential merchandise and used the month to hire an interior decorator. It was the first and last White House yard sale...so far! Can you guess what Ronald Reagan, Dwight Eisenhower, Franklin Roose-velt and George W. Bush shared in common (other than being president)? They were all cheerleaders at one time or another.

We had a president who was president for just one day. His name? David Rice Atchison. He was in office for one day because Zachary Taylor, in 1849, refused to be inaugurated on a Sunday for religious reasons. So, he had Atchison stand in for him. He may go down in history as our best presi-dent ever.

Two clever presidential quotes: "If I were two-faced, would I be wearing this one?" Abraham Lincoln "You know nothing for sure...except the fact that you know nothing for sure." John Kennedy I'll end this chaotic column with comments from the masters regard-ing politics: "Politics is the art of looking for trouble, finding it everywhere, diagnosing it incorrectly and applying the wrong remedies" Groucho Marx "Mothers all want their sons to grow up to be president, but they don't want them to become politicians in the process." John F. Kennedy "Things are more like they are now than they ever were before." Dwight D. Eisenhower "Congressman should wear uniforms like NASCAR drivers so we can identi-fy their corporate sponsors." Unknown "Ninety Percent of the politicians give the other ten percent a bad reputa-tion." Henry Kissinger The difference between a politician and a statesman? "A statesman is a politician who has been dead ten or fifteen years." Harry S. Truman "Democracy is being allowed to vote for the candidate you dislike the least." Robert Byrne "Conservatives are satisfied with present evils; liberals want to replace them with new ones" Unknown

Shameless reminder. Saturday night, August 31st, my band, JJ Jukebox will be playing at Nano Café. Showtime: 6:30-9:15. Great food, great servers, great ambience, full bar, dance floor, clean bathrooms. What more could you ask for? Oh...(626) 325-3334 for reservations (or just come). 322 W. Si-erra Madre Blvd., Sierra Madre.



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Events Around Town in August!

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One Time Events

- August 8** 4:30pm & 5:30pm
Summer Music and Dance at Descanso Gardens
Vamos Para o Brasil brings a vibrant mix of samba dancing, song, storytelling for all.
- August 9** 5:30pm-7pm
Campfire Music Sunset Series at Kidspace Museum
Gather around the campfire for an evening of music, dance, and artmaking.
- August 9** 5:30pm-7:30pm
Friday Nights at The Gamble House
Enjoy live music, wine tasting and bring a picnic or purchase dinner.
- August 10** Gate 5:30pm; Concert 7:30pm
Pasadena POPS Summer Concert: Singer Songwriters at the Arboretum
Michael Cavanaugh brings the music of Paul Simon, James Taylor, and Neil Diamond. 5:30pm Gates Open; 7:30pm Concert
- August 23** 4:30pm-6:30pm
Jazz in the Garden at Norton Simon Museum
Live jazz in the beautiful Sculpture Garden.
- August 24** Gate 5:30pm; Concert 7:30pm
Pasadena POPS Summer Concert: California Dreamin' at the Arboretum
Enjoy West Coast Jazz, the sounds of Carman Miranda, Santana, the Beach Boys.
- Ongoing Events**
- August 1, 8** Concerts 6:30pm; Movies @ Dusk
Concerts & Movies in the Park - Arcadia
August 1 - Cold Duck / The Super Mario Bros. Movie
August 8 - Latin Soul Band / "Wish"
- August 2, 16** 7pm-9:30pm
Family Movie Night at The Huntington
Movies on the Huntington's Library Lawn. Bring a picnic or purchase.
August 2 - "Luca" August 16 - "Tangled"
- August 3, 4** 10am-5pm
Cat Con at The Pasadena Convention Center
Annual event celebrating cats and pop culture. Over 150 exhibitors, adoptions 10am-5pm

- August 2, 16, 30** Gate 5pm; Music 6pm
Arboretum Summer Nights 2024
Enjoy food, vendors, crafts, and more.
August 2 - The Jazz Cartel
August 16 - Susie Hanson Latin Quintet
August 30 - Janet Klein and Her Parlor Boys
- August 4, 11** 7pm-9:30pm
Monrovia Summer Concerts at Library Park
August 6 - Thunder Country Band
August 11 - Upstream Reggae Band
- August 4, 11** 6pm-8pm
Concerts Sierra Madre's Memorial Park
August 4 - The Elements Blues
August 11 - Skinny Ties
- August 8, 21** 6pm-8pm
Twilight Music and Cocktails at The Arboretum's Peacock Terrace
August 8 - Ray McNamara, (calypso)
August 21 - Down Time, (indie rock)
- August 9, 10, 24** 6:30pm-8:30pm
Pasadena Walking Tours Twilight Series
August 9, 24 - Haunted Pasadena
August 10 - The Art and Architecture of Playhouse Village
- August 11, 18** 4:30pm-7:30pm
Twilight Garden Strolls at The Huntington
Enjoy an after-hours stroll in the garden. me during the event.
- August 11, 18** 5pm & 5:30pm
Twilight Garden Estate Tours at The Huntington
Learn how Henry and Arabella Huntington turned their ranch into a world-famous cultural landmark. 90-minute tours
- August 23, 24, 25, 30, 31** 4pm-11pm
626 Night Market at Santa Anita Racetrack
Nighttime bazaar offers over 250 food, merchandise, games, and entertainment
- August 24, 25**
San Marino Motor Classic at Lacy Park
Come visit the best car show in Southern California. Friday 4-6pm - Automotive Fine Arts Society Art Show; Sat 6-10pm - Symphony of Cars Gala; Sunday 9am-3pm - San Marino Motor Classic

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