

Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, SEPTEMBER 14, 2024

VOLUME 18 NO. 37



Are you contemplating selling your long-time home?



You might be wondering...



- "How will I clean out my house?"
- "What does the process look like?"
- "How will I get the help and support that I need to move?"

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FIRE RISK AND INSURANCE!
Are the fires in the local mountains making you nervous? Is your homeowner's insurance strangling your finances? This month we have a special meeting on the Science of Wildfire Risk and how to mitigate it through the Wildfire Prepared Home. Learn what you can do to maintain your homeowner's insurance.

Hear what fire and insurance specialists Rich Snyder and O. P. Almarez from Allied Disaster Defense have to say. We will also discuss how you can be involved in the new Sierra Madre Fire Safe Council and get grants for brush clearance.

The public is always welcome to join us!

Sierra Madre CERT General Meeting
Thursday, September 26th, 7:00 PM
Hart Park House - Memorial Park
222 W Sierra Madre Blvd, Sierra Madre

SIERRA MADRE PUBLIC LIBRARY GROUND BREAKING CEREMONY
SEPTEMBER 17, 2024,
11:00 AM
SIERRA MADRE, CA.

You're invited to embark on a new chapter with the Sierra Madre Public Library!

The Sierra Madre Public Library is turning a new page, and you can do more than read about it by attending the Ground Breaking Ceremony. Enjoy speeches, conversation, and refreshments as we say goodbye to the old and embrace the new! This event is happening Tuesday, September 17 at 11:00 AM in the parking lot of the soon-to-be renovated Library at 440 W Sierra Madre Blvd. Meet local dignitaries, the architecture firm TSK Architects, the construction management firm Vertex Engineering and share stories and conversations about this building's 69 years of history. The Library Meaningful Improvement Project is funded by \$10.6M in state and federal grants. All funds must be expended by March 31, 2026. The renovation of the Library at 440 W Sierra Madre Blvd. includes a 5,000 square foot expansion, an additional south facing entrance, updating the building for seismic and ADA, and updating the Library grounds. For more information on the Library Meaningful Improvement Project, please look at our transparency page: https://www.cityofsierramadre.com/cityhall/city_manager_s_office/transparency/library_survey We'll see you at the Library!



SMPL Transparency Page

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CITY AMENDS PARKING CODE TO INCLUDE TRAILERS

By Kevin McGuire

The City Council returned from summer break on Tuesday, September 10, and returned to business. Among the topics tackled during their three-hour, 30-minute meeting was the first reading of Ordinance No. 1474, which regulates the parking of recreational and commercial vehicles and trailers in residential districts.

Sierra Madre Police Captain Henry Amos gave a brief presentation on this item based on a report by City Attorney Aleks Giragosian. Here are the highlights.

The new Ordinance would introduce amendments to the Sierra Madre Municipal Code (SMMC) in Chapter 10.04 (Definitions) and Chapter 10.24 (Stopping, Standing, and Parking) of Title 10 (Vehicles and Traffic).

Residents' main concerns are that trailers and commercial and recreational vehicles reduce roadway space for motorists. The city has many smaller streets in which larger vehicles occupy multiple parking spaces. This can also affect drivers' vision as they approach intersections and driveways, temporarily making them blind to traffic ahead. According to Captain Amos, many complaints concerned the addition of trailers and campers.

This isn't the first attempt to address these issues. In 2020, the City Council adopted Ordinance No. 1426, regulating the parking of recreational and commercial vehicles in residential districts. However, the city continued to receive code enforcement complaints regarding unlawfully parked commercial and recreational vehicles.

According to a city staff report, when contacted by the City's Code Enforcement Officer, the owners of unlawfully parked vehicles often cite ambiguities in the SMMC for their failure to abide.

City Staff has recommended that SMMC be amended to clarify the definition of a "recreational vehicle," to add a definition for a "trailer, commercial vehicle, and an oversized commercial and recreational vehicle," and to regulate the parking of such trailers and vehicles.

According to the SMMC, a "Recreational vehicle" means a wheeled vehicle built on a chassis that can be towed, hauled, or driven and is primarily designed for hauling, recreation, vacation, and travel use. This includes, but is not limited to, utility trailers, travel trailers, truck campers, tent trailers, pick-up campers, camping trailers, and self-propelled motor homes with or without state vehicular registration.

This amendment to Ordinance No. 1474 clarifies that an oversized commercial or recreational vehicle and trailer may only be parked on a city street for loading or unloading property or performing a service to a property within 100 feet. This would mean vehicles such as buses or delivery vehicles that park temporarily to unload, not those with the 72-hour permit parking.

The term "commercial" doesn't refer to all vehicles with a commercial license. For example, Councilmember Edward Garcia pointed out that he has a pickup truck with a commercial license, but he doesn't drive it as part of his job.

Violations and Code Enforcement

According to Code Enforcement Officer Greg Silva, the city receives four to six monthly complaints about oversized recreation vehicles taking up multiple parking spaces in the community. Many of these vehicles include a trailer hitched to the back. Officer Silva stated that trailers include campers, utility trailers, boat trailers, and "any other type of trailer."

Officer Silva cited a particular incident on Auburn Avenue in which a resident with a motorcycle trailer challenged a code violation because "motorcycle trailer" was not included in the Chapter's definition as it was not connected to a recreation vehicle.

Most violations occur on smaller streets in the city, not on main roads such as Sierra Madre Blvd., where overnight parking for large commercial and recreational vehicles is available and will not be affected by these amended changes.



Time to sell... and go?

Considering Selling Your Property in 2024?

Your next chapter awaits. *Call us!* We can help.

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FOR LEASE

SIERRA MADRE \$2,700 / Mo
2 Beds, 1 Bath, 700 sf Back House
Charming home with hardwood floors, updated kitchen, in-unit laundry, pet-friendly, water/trash included. Near amenities.



FOR SALE

BIG BEAR CITY \$449,000
3 Beds, 2 Bath, 1,301 sf Home
Tranquil Big Bear home with central heat, fireplace, balcony, fenced yard, and wraparound deck. Perfect mountain retreat!



FOR SALE

DUARTE \$449,000
2 Beds, 2 Bath, 993 sf, TownHouse
Duarte gem on quiet ground floor corner lot with patio, pool, hot tub, modern kitchen, and 2-car garage.

PUBLIC SAFETY - SIERRA MADRE NEWS

For the next several months Sierra Madre's Police and Fire Departments will be running a weekly segment titled, "Get to Know Your Public Safety Officer" in the Mountain View News. The purpose of this special segment will focus on our police and fire department employees and all of us to learn a little bit more about the men and women who serve our community.

OFFICER DYLAN FISHER

Officer Fisher has worked with the Sierra Madre Police Department since June 2022. He was hired as a Police Officer Trainee and for the first six months of his career, attended the L.A. County Sheriff's Police Academy. Although he is no longer considered a "rookie" officer, he is one of Sierra Madre PD's least tenured officers at just over two years police experience. Dylan is passionate about his service as a police officer and the community he serves, and is a huge asset to the police department. He has a bright future and his career at Sierra Madre PD will be one worth monitoring. Let's learn a little more about Dylan.



1. What made you want to become a Police Officer?
My family, and my strong desire to help others.

My dad was an L.A. County Sheriff's Deputy and I always wanted to follow in his footsteps of public service. He has always been my role model, and when my son was born I knew I wanted him to see me the same way I see my dad. Growing up, my dad instilled in me a strong sense of right and wrong, and taught me to help those in need, and I hope to teach my son the same values.

I always look for ways to help those in need, and for me being a Police Officer was the way to do just that. I wanted to be part of something bigger, with others who also have the desire to help others. And with my upbringing, being a Police Officer was the perfect fit for me.

2. Why did you choose to work for the Sierra Madre Police Department?

I grew up in La Verne, another small town, and have always loved the "small town community". When I discovered Sierra Madre, it made perfect sense for me to join the Sierra Madre Police Department. The department is very family oriented, embodies the values I was raised with, and we all treat each other like one big family.

3. What do you like best about your job and role as a Police Officer?

Being able to engage with the community. I love going to Kersting Court and meeting people who live in Sierra Madre, and meeting others who are visiting the community. The highlight of my day is meeting younger kids, giving them stickers and coloring pages, and letting them see the police car. I love teaching younger kids that police officers are just normal people. If you're a parent and your kid wants to get a tour of a police car, flag me down, I'd be happy to meet you!

4. We understand your path to become a Sierra Madre Police Officer was unique to how our police officers are typically hired. Traditionally, the department has a history of hiring laterals with prior police experience; however, in your case you were hired prior to completing the police academy and would be considered a "rookie" in the truest sense. Tell us about that experience.

I was hired as a recruit and sent to the police academy. My academy was about 22 weeks of extremely intense training, both mental and physical. Every day in the academy was a different lesson that built on what we previously learned, and taught us the basics of what we needed to know to be police officers.

However, my academy experience was much different than any other. I was part of LASD Academy class 463 at the STARS Center in Whittier. We were at the academy alongside our junior class, class 464. For those who don't know, in late 2022 class 464 was struck by a wrong way driver while they were on a road run. My class had just gotten back to the academy from our own road run, which was the same route class 464 was running. That day changed the lives of everyone in both classes, but helped to mold us into the officers and deputies we all became. Besides that tragic day, the police academy was a great experience. I learned a lot and I feel it made me a better person. I encourage anyone who is considering a career in law enforcement to go for it.

5. What do you think the department and community gain by hiring an officer through a circumstance like yours?

The department gains an officer that starts with a clean slate. That officer can be trained in a way that molds them to the needs and culture of the community, and the department, without any previous "training scars" or bad habits. Ultimately, even with all the officer's diverse backgrounds, we all share the common goal of serving our community.

6. We know you are no longer considered a "rookie" officer, but can you share any kind of "rookie" moment you experienced on the job?

One time I conducted a traffic stop, wrote someone a ticket, and forgot to give them their driver's license back. Thankfully they were still where I stopped them when I noticed I still had their driver's license so I was able to return it to them.

7. What are your future career goals?

My goal is to eventually become a Sergeant, and hopefully one day I'll have the privilege of serving as the Chief of Police for this city and this community. I plan on serving Sierra Madre for my entire career.

8. What is the favorite place you frequent in Sierra Madre?

I love getting breakfast at The Only Place in Town. They have the best corned beef hash.

9. What can you tell us about your family? Are you married? Do you have kids?

I have been married to my amazing wife Katie for almost 5 years and we have a son, Wyatt, who is 2 years old.

10. Do you have any hobbies? What activities do you like to do when you are not serving our city as a Police Officer?

When I'm not serving the community, I try to spend as much time as possible with my family. My wife and I try to plan weekly activities and fun things to do with our son.

I also love playing Dungeons and Dragons, and I play that with a group of my friends from high school every other week.

11. What is one thing unique about you that some people may not know?

I sang in my school's classical choir from elementary school through high school, 8 years in total, and have sung on the stage of Symphony Hall in Chicago.

12. What is your motto in life?
"Family first"



SIERRA MADRE POLICE BLOTTER

September 1 – September 7, 2024

Calls for Service	323	Formal Investigations	15
Total Year to Date for 2024		Formal Investigations	
Calls for Service	7,750	Formal Investigations	357

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Sunday, September 1

General Incident
At approximately 8:00 AM, officers responded to the 300 block of West Orange Grove Ave. regarding a suspicious subject in the area. A citizen reported they saw a male looking into the windows of a home. During the officer's investigation, it was determined the suspicious male in question was at his parent's home. Officers spoke to the home owners and determined no crime occurred. A report was taken for documentation purposes.

Residential Burglary
At approximately 10:00 AM, officers responded to the 100 block of San Gabriel Ct. regarding a burglary investigation. Officers met with the reporting party, canvassed the area for the suspects and cameras in the surrounding area with negative results. Based on the officer's investigation, it appeared unknown suspects forced entry into the home, stole property, and fled the location in an unknown direction. The case has been forwarded to the Detective's Bureau for a follow up.

Monday, September 2

Stolen Vehicle
At approximately 3:30 PM, officers responded to the 300 block of North Sunnyside Ave. regarding a trailer that was stolen from the driveway of a residence. The citizen stated that the unknown suspect also stole property from inside the residence. Based on the officer's investigation, it appeared unidentified suspect(s) forced entry onto the property, stole property from the interior of the home, and stole the trailer from the driveway, and fled the location in an unknown direction. The case has been forwarded to the Detective's Bureau for a follow up.

Injured Person

At approximately 7:30 PM, officers responded to the intersection of West Grandview Ave. and Adams St. to meet with a citizen who fell and suffered an injury on city property. Sierra Madre Fire Department (S.M.F.D.) went on scene to treat the female. The female stated she lost her balance while stepping up on the curb causing her to fall backwards. Officers took a report and checked the location.

Tuesday, September 3

Court Order Violation
At approximately 12:00 AM, officers responded to the 200 block of North Baldwin Ave on report of a domestic violence restraining order violation. The restrained male was at the above location with the protected female, and was refusing to leave. Officer's arrested the male and transported him to L.A. County Jail. This case was forwarded to the District Attorney's office for filing considerations for the violation of Restraining Order.

Vandalism

At approximately 11:00 PM, officers responded to the police station lobby to meet with a citizen regarding a vandalism report. Unknown suspect(s) caused damage to the victim's mailbox with an unknown tool to pry it open. Officer's canvassed the area for cameras, witnesses and additional victims with negative results. Officer's took a report and provided the victim with informative pamphlets.

Warrant Arrest

At approximately 2:00 PM, while on patrol of Baldwin Ave. and Gloria Rd., officers conducted a traffic stop for a vehicle whose license plate did not display a current year registration sticker and was expired since 2022. Upon a records check, it was discovered the subject had a suspended driver's license, and an active warrant for arrest. The subject was transported to Pasadena Jail and the vehicle was towed.

Thursday, September 5

Theft
At approximately 10:00 AM, officers responded to the 500 block of Lotus Ln. regarding a theft report. Officers met with the parties involved and determined this case is an ongoing neighbor dispute between two parties that escalated to an alleged crime of theft of a mailbox. This case was forwarded to the District Attorney's office for filing considerations.

Friday, September 6

Vandalism
At approximately 12:00 PM, officers responded to the police station lobby to meet with a citizen regarding a vandalism report. The citizen reported unknown suspect(s) used an unknown tool to scribe on the victim's vehicle window. The suspect(s) fled in an unknown direction. No suspect(s) seen or heard. Officer's took a report and provided the victim with informative pamphlets.

OCT 5TH

SATURDAY

9AM

Wellness FAIR

Prepare for a day filled with fun, and excitement at **Sierra Madre Wellness Fair!**

- Bike Ride (8am)
- Educational Workshops
- Healthy Food
- live DJ
- Raffle Prizes

@Memorial Park

VOTE YES ON PS

ON PS

*** NOVEMBER 2024 ***

Yes on Public Safety for Sierra Madre

Maintain and Preserve a Safe Sierra Madre

For more information, please visit

SierraMadresafety.org

A YES VOTE ON PS WILL:

- ✓ Maintain the FASTEST 911 response times, every second counts!
- ✓ Prevent reductions in services vital to our town
- ✓ Attract and retain the best-trained and experienced police officers, firefighters, and paramedics
- ✓ Ensure 100% of funds stay in local Sierra Madre control
- ✓ Provide taxpayer oversight to ensure accountability and transparency

VOTE YES ON PS

PAID FOR BY SAFETY FOR OUR CITY
 COMMITTEES TOP FUNDER PUBLIC SAFETY UNIONS

\$25 ENTRY FEE

LEGENDARY BINGO

611 EAST SIERRA MADRE BLVD.
SIERRA MADRE, 91024

SATURDAY, OCT. 19, 2024

DOORS OPEN AT 6PM, BINGO AT 7:30PM

FIRST COME, FIRST SERVED SEATING COSTUMES ENCOURAGED BUT NOT REQUIRED (NO MASKS)

Tickets Sold Online
SierraMadreRoseFloat.org/store

BEER- PIZZA- WINE- SODA

SIERRA MADRE

SIERRA MADRE ARCADIA PASADENA ALTADENA MONROVIA

MAKING HISTORY AND REMEMBERING - CELEBRATING SIERRA MADRE FROM MORNING UNTIL NIGHT ON 9-10-24 AND REMEMBERING 911.
Photos by Dirk Bolle



Hat's Off Sierra Madre!

SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows 60s
Mon	Sunny	Hi	90s	Lows 60s
Tues	Sunny	Hi	90s	Lows 60s
Wed	Sunny	Hi	90s	Lows 60s
Thur	Sunny	Hi	90s	Lows 60s
Fri	Sunny	Hi	80s	Lows 60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

Sept. 24, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@Cityof-SierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foot-hills Media website at foothillsmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"Everyone needs to have access both to grandparents and grandchildren in order to be a full human being."
Margaret Mead

"The reason grandparents and grandchildren get along so well is that they have one common enemy...the parents!"
Rosalie Sorrels

Last Sunday was Grandparents Day and because my granddaughter, Jessie, loves banana bread with a heartfelt passion, I made some! Recipe later in the column. Fabulous related discovery:

I read an article about freezing lemons, which stated that you can do that. So I did. And I was delighted to find that, while you can't get much lemon zest off a defrosted lemon, the juice is just like you picked it off the tree ten minutes ago.

My daughter, Crissy, just brought me a Caramel Pumpkin Brulee coffee. I am wallowing in deliciousness. She is determined to try every single coffee merchant's Fall offering to see if any of them can match Starbucks' Pumpkin Spice Latte. This was Dutch Bros. and was very close.

Our 9-10-24 day was a huge celebration and our town had a blast planning and executing wonderful things to take place all day. Tours, art projects, food, book sale, ice cream social and an opportunity for a Fly Along in the Police Helicopter. What a day! It will only happen this once friends and neighbors and I hope you went to everything. We live in such a splendid place. Yes, it's hot and currently rather smoky but it's still the only place to be.

Remember my mentioning Jeff Brown's column on the Six Second Kiss? Well, he's continued this really nice way of improving relationships this past week with "20 Seconds of Hugging." Most hugs are of the quick lean-in, two or three pats on the back and separate space again. But, with longer hugs, we can reduce our blood pressure, improve our mood, relieve stress, strengthen our immune system and alleviate pain. I'm all for it. Jeff's column is on Page 9 of last week's Mountain Views News.

- "A hug is a handshake from the heart." Unknown but memorable.
- "Sometimes a hug is all you need to make you feel better." Also unknown but true.
- "Hugging is a silent way of saying...you matter to me!" Equally true.
- "A hug is two hearts wrapped in arms." So good.

I miss John's hugs. He was so good at hugging. People would line up for one of his hugs.

OK, Banana Bread...everybody likes it, even small children who hate everything will eat it. We've all had moments when we bought bananas and nobody ate them. Now they are ugly, black and about to attract fruit flies. Don't throw them away. They are perfect for banana bread.

½ cup butter, softened
1 cup sugar
Cream those two together in your electric mixer.
2 eggs added, one at a time.
3-6 incredibly overripe bananas, one at a time into your mixer along with
1 TB. Lemon, lime or orange juice

In a separate bowl, combine
2 cups flour
1 tsp. baking soda
½ tsp. salt
1 tsp. cinnamon (generous)
¼ tsp. nutmeg
1 TB grated lemon, lime or orange zest (if you've got it; be ok without)

Add those ingredients to the banana mixture and pour into greased loaf pans. This amount will give you one large loaf and one small loaf or several small loaves, depending on how many people you want to thrill and delight.

Bake at 350 for 55 minutes for large loaves, 30 minutes for small ones or till a toothpick comes out clean. These freeze beautifully and you can double this recipe with impunity. When it cools just a little, cut yourself a slice and enjoy the fruits of your labor.

Here's a great thought to start your week:

"Mountains are meant to be climbed. Wounds are meant to be healed, and problems are meant to become learning experiences. They all serve a purpose. They make us stronger mentally, emotionally and spiritually. The best way to escape your problems is to solve them." And give somebody a long, healing hug along the way.

Are you working on your scarecrow? Picture this week is another one from a past Halloween.

The banana bread recipe, btw, is in my book, "A Tablespoon of Love, A Tablespoon of Laughter," available on Amazon.

My book page: [Amazon.com](https://www.amazon.com): Deanne Davis
There are treasures there! Trust me!
Including "Just Desserts" A Fall Fantasy of Pumpkins Gone Wrong!

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**

September 16 — September 21

Monday

Baby Rhyme Time — Library at 9:00am

Preschool Storytime— Library at 10:00am

Tuesday—Library Hours 1:00pm—8:00pm

Ground Breaking Ceremony— 440 W Sierra Madre Blvd at 11:00am

Wednesday

Tails & Tales— Library at 3:30pm

Pajama Storytime— Online at 7:00pm.

Registration required

Thursday

Third Thursday Book Club— Online at 11:00am. Registration required

Saturday

Outdoor Storytime— Memorial Park at 10:00am

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

LETTER TO THE EDITOR:

Dear Editor:

I have lived in this city many years. I have supported the police dept, the library, the rose float assoc., the redevelopment project of the post office, the paramedic program, including a yearly subscriptions to this newspaper and other civic programs for many years as I am able. I am 100% in favor of supporting the measure PS.

But I probably will be voting "NO" in November. Connecting the yearly fee onto my property tax is not favorable to me.

My property tax is sacred. If I received a yearly bill I would be more than glad to write the check tomorrow but putting an additional fee onto my property tax is unacceptable to me. Having lived here and owning my home for several years, my taxes are one thing I can count on not be raised substantially.

I can imagine it is easier for bookkeeping purposes to have the county be in charge for collecting and distributing the funds but it is also being tied to my property with chance of default.

I do not have the heart to raise my tenant's rent to cover for the additional parcel charge. I believe each household in the city should be given an individual billing to support this measure.

To me it is the fairest and safest way to fund Measure PS.

Thank you, Barbara Skousen

DOWNTOWN SIERRA MADRE HALLOWEEN WINDOW PAINTING

Window Painting is Back!!

Sponsored by the
Sierra Madre Civic Club

Gather your friends and paint local merchants' windows in Halloween themes.

The contest is open to youths ages 9-17. At least one member of the team must be a Sierra Madre resident.

Awards for 1st, 2nd, and 3rd place winners in each age category.

For Applications and More Info:
SierraMadreCivicClub.org
Facebook
sierramadreciv.org
The Library
City Hall
Your Local School

PUT SOME SPOOKY PAINT HERE!

YOUR ARTWORK HERE

PAINTING DATES AND TIMES
FRI, OCT 25, 2:30 P.M. — 6:00 P.M.
SAT, OCT 26, 7:30 A.M. — 10:00 A.M.

DEADLINE TO TURN IN YOUR APPLICATION TO CITY HALL IS OCTOBER 11, BY 4:30 P.M.

QUESTIONS? INFO@SIERRAMADRECIVICCLUB.ORG

Pasadena Altadena



News From Your Community For Your Community

Participate in the Mack and Jackie Robinson Public Art Survey

Director of Planning & Community Development, Jennifer Paige and the Cultural Affairs Division announced Thursday the launch of the Robinson Community Survey and invites the public to participate by sharing their perspectives on the legacies of Mack and Jackie Robinson.

The Robinson Community Survey is a key component of the Robinson Park Recreation Center Public Art Project, designed to gather community input and ensure that the legacies of Mack and Jackie Robinson are meaningfully reflected in two new artworks planned for the Recreation Center. Community members are invited to share their perspectives on the influence of Mack and Jackie Robinson, including the impacts of their lives, accomplishments, contributions to the Pasadena community and beyond. The data and public comments collected through the Survey will play a crucial role in shaping the artistic vision of the public art project, resulting in permanent artworks that resonate with and honor the diverse perspectives of Northwest Pasadena.

The information gathered as part of the Robinson Community Survey will remain confidential and will be used for internal purposes only to better capture and understand the perspectives of the community. Participants may choose to remain anonymous.

The Robinson Park Recreation Center Public Art Project offers an exciting opportunity for the Northwest Pasadena community to contribute their unique stories and perspectives into the formation of a large-scale public art initiative.

The Public Art Project includes two complimentary public artworks, to be installed permanently at the Recreation Center, each with a dedicated artist and a budget of \$200,000. Artists Deborah Aschheim and Carla Jay Harris are working directly with Northwest Pasadena residents and stakeholders to develop research and gather source material which will serve as the basis for their public art proposals. Given the unique requirements of this project, the artists are responsible for initiating numerous opportunities for engaging with the Northwest Pasadena community, ranging from large public events to small intimate conversations. Through substantive community engagement during the public art development process, the project aims to create meaningful and inclusive artworks that bridge generations and celebrates local history.

For more information about the Robinson Community Survey and to participate, visit: bit.ly/RobComSurvey. For more information about the Robinson Park Recreation Center Public Art Project, visit: cityofpasadena.net/arts or contact Corey Dunlap, Public Art Coordinator, Planning & Community Development Department: cdunlap@cityofpasadena.net, (626) 744-7547.



City Council to Consider Adding Four more Large Concerts at the Rose Bowl

The Pasadena city council is set to discuss Monday adding four large concert events at the Rose Bowl Stadium bringing the total number of displacement events to 25 –ten over the allowed 15 per year. The council will also move forward giving new authority when adding large events to the Rose Bowl Operating Company (ROBC) Board of Directors.

According to the city council report The Rose Bowl Operating Company is asking to host two major concerts in May/June 2025 and two major concerts in August/September 2025 with Live Nation as the promoter. The attendance for each event is expected to be approximately 60,000 they said.

“The concerts would be the 22nd, 23rd, 24th and 25th displacement events in 2025,” the report reads. “The first 21

displacement events in 2025 are as follows: six scheduled UCLA football games, the Rose Bowl Game, ten Music Festival dates, three soccer matches with Federation Internationale de Football Association, and one soccer match with Soccer United Marketing.”

According to the Pasadena Municipal Code, the number of displacement events can be no more than 15 in any calendar year except with the permission of the city council. In order to exceed 15 displacement events, the city council must make certain findings that include, the event does not impose undue adverse impacts on surrounding residential areas or that the event does not create undue conflicts with other Arroyo Seco activities taking place at the same time.

Other findings include that the revenue from the additional

event justifies its consideration and that it is estimated that these events will directly generate in excess of \$500,000 per event for the ROBC. The additional event represents a unique opportunity that will enhance the stature of the Rose Bowl’s reputation as a world class venue.

In a separate but related agenda item the council will hear the first reading to modifications to the Pasadena Municipal Code, previously mentioned, to delegate the making of findings for displacement events to the Rose Bowl Operating Company Board of Directors until December 31, 2033.

The council meets at 6 p.m. in the Council Chamber, Pasadena City Hall 100 North Garfield Avenue, Room S249. The council will take public comment before voting on the issue of displacement events.

Tournament Announces 2025 Float Awards Judges



Bill Brzeski Drew Rios Morgan Anderson

As preparations for the 136th Rose Parade hit full stride, the Pasadena Tournament of Roses announced Thursday the selection of Morgan Anderson, Bill Brzeski and Drew Rios as the distinguished judges for the 2025 Float Awards sponsored by FTD.

Each of these esteemed judges brings a unique perspective — whether in botanical artistry and floristry education, Hollywood set design or innovative floral creations.

The 2025 Float Awards will be announced at 6 a.m. on New Year’s Day, just hours before the Rose Parade, on the steps of Tournament House in Pasadena.

Each year, the judging panel selects 24 float awards, highlighting excellence in three categories: Float Design, Floral Presentation and Entertainment Value. The judges look for innovative designs and impeccable execution that showcase floral artistry and creative brilliance, all aligned with this year’s theme, “Best Day Ever!”

The pinnacle of the awards is the coveted Sweepstakes Trophy, given to the most beautiful entry encompassing float design, floral presentation and entertainment.

As the award-winning floats

glide down the parade route, they’ll proudly be led by banners carried by Tournament of Roses Eagle Scout Troops and Gold Award Girl Scout Troops—an iconic tradition that showcases the Parade’s spirit of community and achievement.

On the morning of January 1, 2025, the world will tune in as Tournament of Roses President Ed Morales announces the winners on the steps of Tournament House. The 136th Rose Parade presented by Honda will officially begin at 8:00 a.m. PST, captivating viewers from across the globe as America’s New Year Celebration* kicks off in unforgettable style.

For complete biographies of the 2024 Float Judges visit: tournamentofroses.com/2025-float-judges.

FTD is the official floral partner of the Tournament of Roses. The iconic American company has been a valued partner of the Rose Parade for more than 70 years. FTD brings their exquisite floral vision to life on the antique cars used in the Rose Parade which carry the Rose Parade VIPs down Colorado Blvd., including the Grand Marshal, Tournament of Roses President, Mayor of Pasadena and the Rose Bowl Hall of Fame Inductees. FTD is also the sponsor of the Rose Parade Float Awards.

Special Microsoft Exhibition Opens Today

As part of the ongoing Supercade exhibition at the sp[a]ce gallery in Old Pasadena, organizers have planned a Minesweeper tournament today at noon as part of the opening of a special exhibition Microsoft Adventure: Applications for Consumer Amusement.

The special exhibition will feature vintage computers running early Microsoft game software including Olympic Decathlon, Donkey.bas, Microsoft Flight Simulator, Minesweeper and other Windows Entertainment Pack games, and Age of Empires. Many of titles led directly to the creation of Microsoft Gaming and development of Xbox.

The Microsoft exhibition is part of “Avoid Missing Ball: Genesis of gameplay from Tennis Programming to Pong” which celebrates the dawn of electronic gaming.

On view is a comprehensive archive of first-generation home gaming systems including Odyssey, Atari’s Pong, and myriad rare clones – some playable on vintage era-correct televisions – as well as the Atari VCS playing Video Olympics, Commodore Pet running Pong., and several early Pong arcade games.

The showing runs weekends from noon to 6 p.m., through September 29. sp[a]ce gallery is located 39 East Walnut Street.

For more information or tickets visit: space.ayzenberg.com.

City of Pasadena’s Tribute to Latino Heritage Month



The Latino Heritage Parade and Festival Set for October 5

City of Pasadena officials are commemorating National Latino Heritage Month by celebrating the histories, cultures and contributions of Americans whose ancestors came from Mexico, the Caribbean, and Central and South America with a wide variety of programming, including free events, crafts, storytimes, book discussions, and activities for all ages. Latino Heritage Month, also known as Hispanic Heritage Month, is celebrated annually in the United States from September 15 to October 15. This month-long observance honors the rich cultural heritage, history, and contributions of Latinos/Hispanics to the nation. September 15 is significant in much of Latin America because it marks Independence Day for several Latin American countries, including Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. México and Chile also celebrate their Independence Days in September, on September 16 and 18, respectively.

Programs and Events For all ages unless specified.

Latino Heritage Month Preschool Storytime Wednesday, Sept. 25 • 10:30 a.m. • Santa Catalina Branch Library, 999 E. Washington Blvd.

Join us for a special storytime featuring Latino authors and stories. Stay to make a colorful craft. For ages 3-5 and their caregivers.

INCA, the Peruvian Ensemble Wednesday, Sept. 25 • 4 p.m. • La Pintosca Branch Library, 1355 N. Raymond Ave.

Experience Peru’s amazing and diverse musical heritage! Listen to the music of the native Incas (Andean style), the Hispanic communities of the coastal areas (Criollo style) and the Black people from the villages south of Lima (Afro-Peruvian style). The instrumentation, unique to these areas, including woodwinds, strings, percussion and vocals are all featured during the show.

Movie Night (A Million Miles Away) Friday, Sept. 27 • 7 p.m. • Madison Elementary School, 515 E. Ashtabula St.

Join us under the stars for a special screening of “A Million Miles Away.” This inspiring movie follows José Hernandez’s incredible journey from farm worker to engineer

and astronaut. It’s a story of perseverance, community, and sacri?ce, showing how one person can achieve the impossible. Bring your blankets and snacks for a heartwarming evening celebrating dreams that reach beyond the stars!

Fiesta La Pintosca Wednesday, Oct. 2 • 4 p.m. • La Pintosca Branch Library, 1355 N. Raymond Ave.

La Pintosca invites you to celebrate Latino Heritage Month with cultural stories, crafts, music and much more. Latino Heritage Parade and Festival Saturday, Oct. 5 • 10 a.m.- 4 p.m.

• Parade Route / City Hall

Join local schools, community groups, elected o?cials, dignitaries, neighbors and friends at the 26th Annual Latino Heritage Parade and Festival. The parade begins at Los Robles Avenue and Buckeye Street and ends in front of Pasadena City Hall, 100 N. Gar?eld Ave., where the festival will take place from noon to 4 p.m. This event is sponsored by the City of Pasadena and the Pasadena Latino Heritage Committee.

De Colores: Celebrating Latino Diversity Through Music Saturday, Oct. 12 • 3 p.m. • Lamanda Park Branch Library, 140 S. Altadena Dr.

Our world is full of so many colors. Join us and enjoy music that highlights an expression of happiness and celebration. Presented by Gloria and Javier Arjona.

Community Ofrenda Monday, Oct. 21 – Monday, Nov. 4 • 10 a.m. – 6 p.m. • Santa Catalina Branch Library, 999 E. Washington Blvd.

Come place your photos, messages or other family mementos on our community ofrenda, or altar. The ofrenda will be on display at the library until Monday, Nov. 4.

Dia de los Muertos Friday, Nov. 1 • 5-9 p.m. • Villa Parke Community Center, 363 E. Villa St.

Join friends and neighbors at Villa Parke Community Center to celebrate Dia de Los Muertos (Day of the Dead). Commemorate the centuries-old holiday with dance performances, arts and crafts, food available for purchase and “ofrendas,” altars honoring the lives of the deceased.

For a full list of programs relating to Latino Heritage Month visit: CityOfPasadena.net/Library



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AROUND SAN GABRIEL VALLEY

SMOKE ADVISORY CONTINUES DUE TO MULTIPLE WILDFIRES VALID FRIDAY 10:30 A.M. UNTIL SATURDAY 11:00 P.M.

South Coast AQMD will issue an update if additional information becomes available.

If you are in an area impacted by smoke:

- Limit your exposure by remaining indoors with windows and doors closed or seeking alternate shelter.
- Avoid vigorous physical activity.
- Run your air conditioning and/or an air purifier. If possible, do not use swamp coolers or whole house fans that bring in outside air.
- Avoid burning wood in your fireplace or firepit and minimize sources of indoor air pollution such as candles, incense, pan-frying, and grilling.
- If you must be outside, a properly fit N95 or P100 respirator may provide some protection.

For more information, visit www.aqmd.gov/smokesafety.

South Coast AQMD is the regulatory agency responsible for improving air quality for large areas of Los Angeles, Orange, Riverside and San Bernardino counties, including the Coachella Valley. For news, air quality alerts, event updates and more, please visit us at www.aqmd.gov, download our award-winning app, or follow us on Facebook, X (formerly known as Twitter) and Instagram.



DURING A WILDFIRE – PROTECT YOURSELF

IF YOU SMELL SMOKE OR SEE ASH DUE TO A WILDFIRE, HERE ARE WAYS TO LIMIT YOUR EXPOSURE:



Remain indoors with windows and doors closed or seek alternate shelter.



Avoid using a whole-house fan or a swamp cooler with an outside air intake.



Avoid vigorous physical activity.



If you must be outdoors in smoky conditions, keep it brief, and use a disposable respirator (N-95 or P-100).



Run your A/C if you have one, change your filter often (MERV 13 +), or run a portable HEPA purifier.



Avoid using indoor or outdoor wood-burning appliances, including fireplaces, and combustion sources like candles and incense.



Wildfire smoke can cause unhealthy air quality in areas many miles away from the fire. Smoke conditions change quickly, so check your air quality using the South Coast AQMD app or on our interactive map at AQMD.gov. Older adults, young children, pregnant women, and people with heart diseases or lung diseases (such as asthma) may be especially sensitive to health risks from wildfire smoke.

MONROVIA COMMUNITY DEVELOPMENT DIRECTOR CRAIG JIMENEZ ANNOUNCES RETIREMENT; NEW DIRECTOR AND PLANNING MANAGER APPOINTED

City of Monrovia Community Development Director Craig Jimenez is retiring after 29 years with the City of Monrovia. City Manager Dylan Feik named Sheri Bermejo as the next Director, and John Mayer as the next Planning Division Manager. Sheri and John will assume their respective roles on November 1.

“Over the past several years, one of the priorities of the City’s management team was to focus and develop a succession plan for each department. We work very hard to proactively develop the future leaders of our organization and thereby building organizational resiliency. We are all so thankful to Craig for his years of hard work and dedication to our city including 9 as a department director. Craig always demonstrated his immense technical expertise, his passion, and above all, his dedication to the Monrovia community,” said Dylan Feik, City Manager.

Craig worked his entire public service career with the City of Monrovia, when he joined as an administrative intern. He’s held several positions throughout his 29 years with the City including Management Assistant, Management Analyst I, Assistant Planner, Associate Planner, Senior Planner, Senior Project Manager, and Planning Division Manager.

During his career, he was instrumental

in implementing Monrovia’s community vision to a town that almost 40,000 people call home. He played a part in the revitalization of Old Town Monrovia, including the development of the Krikorian Premiere Theaters (now Look Cinemas), while balancing the charm of Monrovia’s neighborhoods through the Neighborhood Compatibility Ordinance. He has also worked on the implementation of the Station Square Transit Village, a transit oriented development area surrounding the Metro A Line station. Craig’s knowledge and enthusiasm for historic preservation are also part of his legacy. Craig participated in the designation of over 150 historic landmarks and wrote the designation statements that created Monrovia’s two historic districts: Wild Rose Tract and North Encinitas.

“More than anything, I have a tremendous amount of gratitude to have landed here early on and serve my entire career in Monrovia. I’ve been able to build relationships that will last an entire lifetime and I was able to be part of something bigger than me. I am so proud to be part of this team and that’s going to be the hardest thing to give up,” said Craig. “But I know that the department is in good hands with Sheri and John at the helm. I’ve learned that if you work hard and do a good job, you’re setting up everyone on your team to succeed and that is what they will do for the department. I look forward to visiting Monrovia, especially Old Town, as a ‘civilian’ to enjoy this charming town like everyone else.”

Sheri Bermejo has over 19 years of municipal planning experience, 15 of which have been in leadership roles. She holds a Bachelor of Arts in Urban Studies and Planning from the University of California, San Diego. Sheri has proudly served the City of Monrovia’s Community

Development Department for the last eight years, initially as the Planning Division Manager and, most recently, as the Deputy Director.

Since 2015, Sheri has been pivotal in implementing the City of Monrovia’s land use plan and guiding development projects. Her approach to land use development always considers “the people” and offers a sensitive balance between preservation and economic growth. Beyond her professional accomplishments, Sheri is committed to the City’s mission of fostering a premier quality of life for all residents. Her leadership has been shaped by her professional experiences and dedication to the Monrovia community.

Sheri and her husband, Carlos, are the proud parents of two daughters, Carmen and Eva. In addition to her work in urban planning, Sheri is a passionate advocate for children with special needs. In her free time, she volunteers to support families with children with ultra-rare diseases.

John Mayer joined the City of Monrovia in July 2018. Prior to Monrovia, John worked in land use and historic preservation planning for the Cities of South Pasadena and West Hollywood. John is certified through the American Institute of Certified Planners and holds Degrees in Public Administration from Cal State Northridge and Urban and Regional Planning from Cal Poly Pomona. During his career in Monrovia, he was the lead planner on some of the City’s most complex development projects including the Alexan Marmont apartment complex and Adept mixed-use project. John is also responsible for preparing historic landmark nominations that are presented to the Monrovia Historic Preservation Commission and City Council.

PASADENA VS. HATE RESOURCE FAIR

Join the City of Pasadena Parks, Recreation and Community Services (PRCS) Department, Pasadena Human Relations Commission, Western Justice Center, and Pasadena Unified School District (PUSD) for the Pasadena vs. Hate Resource Fair on Sunday, Sept. 22 from 2-5 p.m. at The Maxwell House, 55 S. Grand Ave.

This free, family-friendly event will include light refreshments, arts & crafts, community resources, and restorative justice circles led by Pasadena youth and special guest speakers. Collaborating organizations include 211LA, The Boys & Girls Club of Pasadena, Reminders Creative Reuse, and more.

The event is held as part of United Against Hate Week 2024. Civic leaders created United Against Hate in direct response to the sharp rise in expressions of hate in communities. The campaign wants to empower local residents to take action in their local communities and alter the course of this growing intolerance. When cities and their residents work together against hate, respect and civil discourse, embrace the strength of diversity and build inclusive and equitable communities for all.

To join the movement, residents are encouraged to post signs, host events, share stories, attend rallies, and connect with schools and neighborhood civic institutions. For more visit: UnitedAgainstHateWeek.org.

RETIRED TEACHERS TO HEAR FROM CEO OF CONVALESCENT AID SOCIETY

At their October meeting, members of the California Retired Teachers’ Association Div. 171 (CalRTA) will hear from the CEO of the Pasadena Convalescent Aid Society, Mark Waterson. The Retired Teachers will learn more about this nonprofit and its generous policy of providing free loan of medical equipment since 1923 to people in need of wheelchairs, walkers, and other durable equipment.

The Retired Teachers luncheon meeting will take place on Friday, October 11 at Our Savior Lutheran Church in Fellowship Hall, 512 W. Duarte Rd., Arcadia 91007. The hall is located behind the church sanctuary, and ample parking is available. At 11:00 am, doors open and guests arrive, with the business meeting at 11:30, lunch to follow at 12:00 pm, and at 12:45 pm speaker Mark Waterson will bring the Retired Teachers up to date on what the Convalescent Aid Society can provide people in need of durable equipment.

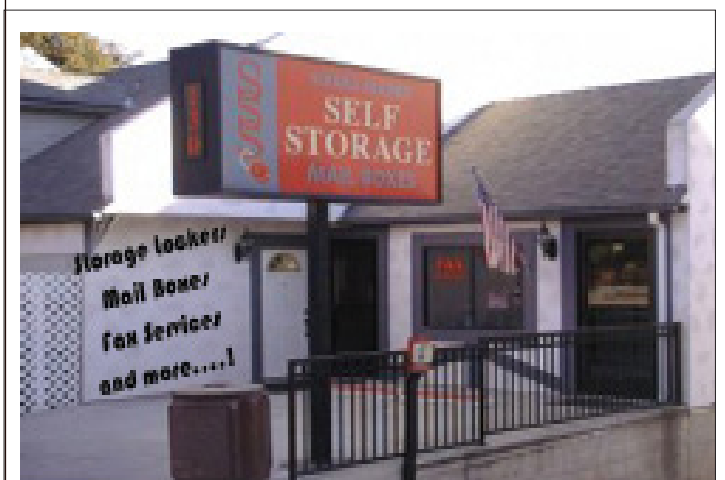
A box lunch will be provided by Panera with a choice of sandwiches or salad. Choose one or the other.

If you prefer a sandwich, choose Deli Turkey or Tuna. If you prefer a salad, there is a Mediterranean salad with dressing. Each sandwich or salad is accompanied by potato chips and a chocolate chip cookie. Coffee and water will be provided. Guests are welcome.

The cost of the luncheon for members and guests is \$20. Please mail your check payable to CalRTA Div. 171 by Friday, October 4 to John Gera, P.O. Box 1133, Temple City, CA 91780. For information regarding reservations, you may call John Gera at (626) 286-0714.

Membership in the California Retired Teachers’ Association is open to all retired educators, as well as to current classroom teachers and to any others interested in joining this active group.

For membership information, please call Karen Frey at (562) 693-1495. The motto of CalRTA is “Your Partner in Pension Protection.”



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September 25th, 1pm

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18 ARCADIA HIGH STUDENTS RECOGNIZED IN NATIONAL MERIT SCHOLAR PROGRAM



Arcadia High has 18 Semifinalists (photographed above with their school counselors and Arcadia High Principal Dr. Angie Dillman) in the prestigious National Merit Scholarship Program.

18 Arcadia High students have been recognized as Semifinalists in the 70th annual National Merit Scholarship Program. Arcadia High's 2025 National Merit Scholarship Semifinalists join an elite group of students that represent the top 1% of high school seniors across the nation. Over the past 30 years, Arcadia High School has had at least 11 or more students earn this celebrated distinction. A total of over 700 students from Arcadia High have been named Semifinalists in the last three decades.

Arcadia High's 2025 National Merit Scholarship Semifinalists: (Alphabetical order by last name) Avani A. Athavale, Minjun Cha, Lewis Cheng, Hei Yin Choi, Syed S. Hussain, Dhruvi G. Kulkarni, Avik Kumar, Annette L. Lin, Mia Y. Liu, Don C. Luc, Max M. Ma, Zuni Ng, Atharv A. Prabhutendolkar, Anas, S. G. Yousuf Mohammed, Catherine Z. Wang, Herrick X. Wang, Zejin Xu, and Evan S. Yen

Students begin their National Merit Scholarship Program journey during their junior year of high school when they take the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT). Over 1.3 million juniors from about 21,000 high schools across the country took the 2023 PSAT/NMSQT, which operated as the initial screening tool for entry into the National Merit Scholarship Program. The nationwide cohort of this year's Semifinalists represent the highest-scoring entrants from each state.

Of the approximately 16,000 National Merit Scholarship semifinalists selected, more than 15,000 are expected to advance to the Finalist level and will be notified of this designation in February 2025. To be considered for a finalist spot in the National Merit Scholarship Program, Arcadia High's 18 semifinalists will work closely with their school counselors to submit a detailed scholarship application, which will include information about their academic records, participation in school and community activities, demonstrated leadership abilities, employment, and honors and rewards received. Each Semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay, and earn SAT or ACT scores that confirm the student's earlier performance on the qualifying test to be considered for advancement in the program.

National Merit Scholarship finalists will be eligible to compete for nearly 7,000 National Merit Scholarships worth nearly \$26 million, which will be announced next spring.

In addition to Arcadia High's consistently notable National Merit Scholarship Program participation, the Arcadia Unified School District was recently ranked in the top 1% of the best school districts nationally, according to Niche. Arcadia High graduates are represented in every Ivy League school and in top universities across the country, with Arcadia High's Class of 2024 earning an impressive 99% graduation rate. For additional details on the National Merit Scholarship program, visit <http://nationalmerit.org>, and for information about Arcadia High School, visit <https://ahs.ausd.net/>.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org

Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
<https://school.abvmpasadena.org/>

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloakscademy.org
office@foothilloakscademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Mathew Kodama
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000
Website: www.duarte.k12.ca.us

I like to see what new tech ideas...



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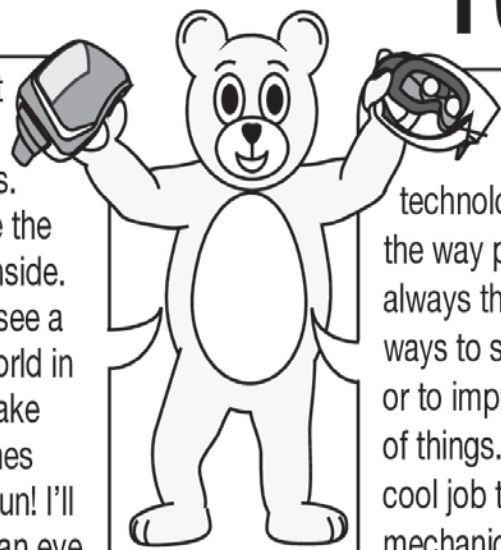


Kids: color stuff in!



Technology is Cool!

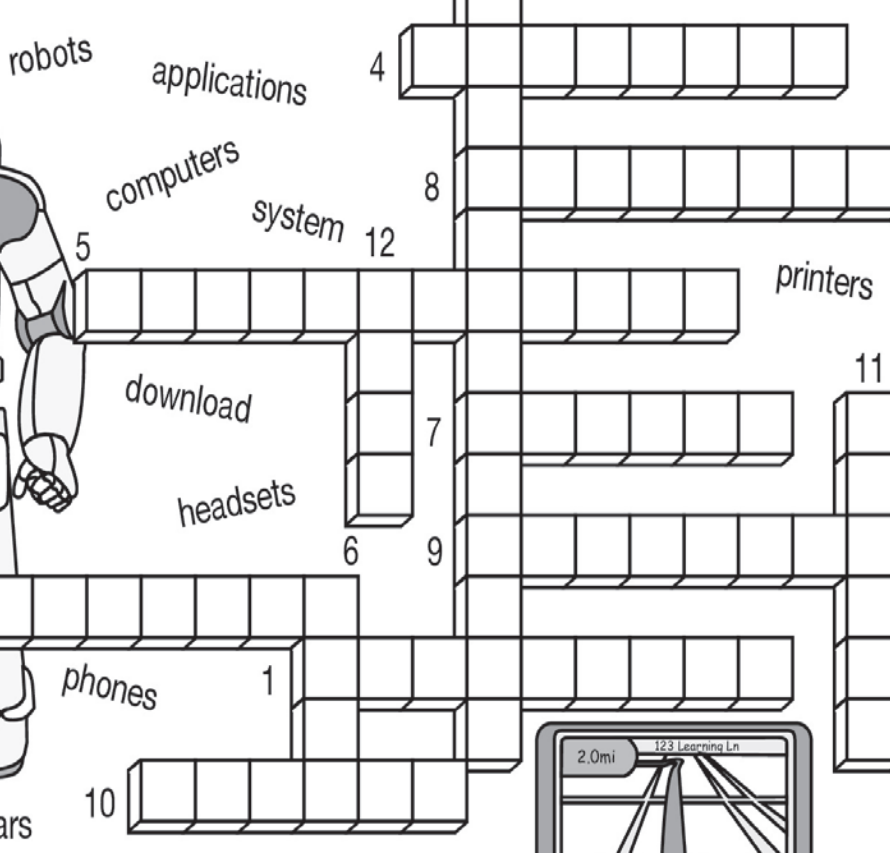
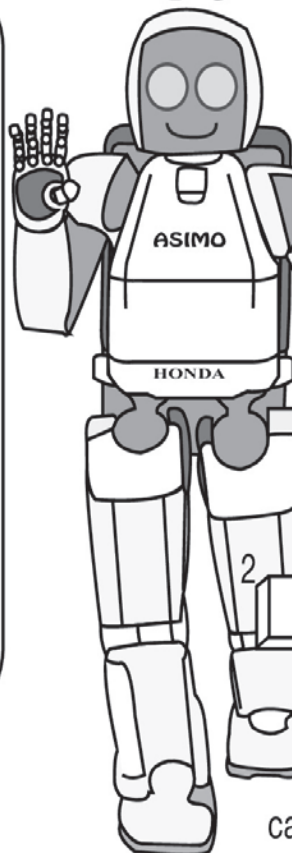
Check out these new VR headsets. You can see the eyelenses inside. They let us see a made-up world in 3D. They make playing games even more fun! I'll be keeping an eye on this invention.



I'm crazy about technology. I admire the way people are always thinking up new ways to solve problems or to improve designs of things. It must be a cool job to build mechanical devices or electronic equipment that everyone can use. What would you like to see invented?

Read the clues to fill in the crossword:

1. programs allow these to store and process data
2. smaller, mobile computers, usually with large touch screens
3. small parts of a computer that process information
4. to copy and transfer information such as an application or program from a source like the internet onto your computer
5. programs that tell your computer the steps to do something
6. computers read and understand special codes to track information
7. machines that can do tasks like tighten screws or put caps on bottles
8. 3D _____ read designs and make them into real objects you can use
9. virtual reality or VR _____ show you what it's like to look into another world and perhaps play a game while wearing these special goggles
10. smart _____ - a technology updated to include a tablet computer, a camera and more - small enough that you can carry them



11. a global positioning _____ (GPS) uses satellites to guide you
12. self-driving _____ make use of almost every piece of technology in this puzzle - may be the future of transportation

Have you ever seen a 3D printer? You can draw cool 3D designs, then use a 3D printer to make the design into a real item that you can use. I can hardly believe I made this toy.

PUZZLES FOR YOU

GREEKS AND ROMANS


ACROSS

1. Fountain order
5. Christian minister, abbr.
8. Betelgeuse or Deneb
12. Isaac's firstborn
13. Senegal's neighbor
14. Nobody (2 words)
15. Bangladeshi currency
16. Chopin's creation, e.g.
17. Like thick smoke
18. *Greek goddess in 1995 Woody Allen movie title
20. *Mars, to the Greeks
21. Ooze out
22. Edible tuber
23. *Poet of "Aeneid" fame
26. *Pair of writing tablets"
30. Outrage
31. A small part
34. European currency
35. Jousting pole
37. B & B
38. Sunni religion
39. Et alibi, abbr.
40. Newspaper VIP
42. _____ First woman, Biblically-speaking
43. Return of disease
45. Washer, during a certain cycle
47. Last month
48. Belittle
50. Taro plant
52. *Athenian Acropolis tourist attraction
56. Anticipate
57. Black-and-white cookie
58. Small European freshwater fish
59. *#18 Across, to Romans
60. Big cat sound
61. Future atty.'s exam
62. Work units
63. Tight one, in football
64. Sunrise direction

DOWN

1. Facebook owner
2. Quickly, acr.
3. Hundred thousand, in India
4. Sahara's Berber people
5. R in R.E.M.
6. Wash out with solvent
7. Workbench holding device
8. *Plato's famous teacher
9. Ripped
10. Black tropical cuckoo
11. *Not black-figure, but _____figure
13. Spacecraft's detachable unit
14. W.E.B Du Bois's org.
19. Oxygen-containing compound
22. *Olive derivative
23. More reprehensible
24. About to explode
25. Kidney-related
26. Exertion
27. Christmastides
28. Have a hankering
29. *Poet of "Iliad" fame
32. Ocean motion
33. "Wheel of Fortune" request (2 words)
36. *I, _____"
38. Like Bushmills whiskey
40. Boston time
41. *Demosthenes of Cicero
44. Land parcels
46. Conifer's leaf
48. New York Jets' quarterback
49. Bakery offering
50. Pitcher
51. "Shoot!"
52. Minute opening
53. Civil space org.
54. #22 Across, pl.
55. Left after deductions
56. Map abbr.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Sept. 7, 2024 Solutions

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Sierra Madre Woman's Club Blue & Gold Tea

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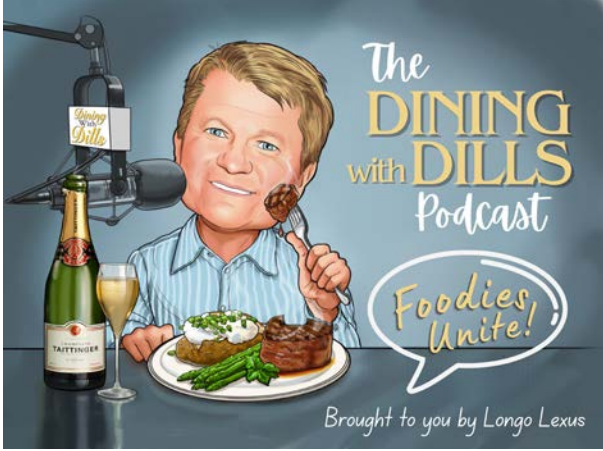


9.10.24 DAY

It's Sierra Madre's zip code day!
Stop by CAG to purchase a t-shirt while supplies last.

**FALL CLASSES START
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We still have a few spots open in youth and adult
classes. If you have been thinking of taking an art
class there is still a week to register.



THE STONEY POINT RESTAURANT

Location: West Pasadena, CA

As the son of the renowned restaurant critic Elmer Dills, I've been lucky enough to experience some of the finest dining spots in Southern California. My father used to say of The Stoney Point Restaurant, "The food is so good, they built a bridge to it." After my most recent visit, I can see exactly why he held this place in such high regard.

Stoney Point is a testament to old-world Italian dining, nestled quietly in West Pasadena. Though it's now run by three brothers, (Adolpho is Marvelous) they've been with the restaurant so long that I remember one of them from when Amedeo

Constantino—the original owner—ran the Italian Fisherman. Amedeo still visits weekly to make sure the high standards are maintained, and trust me, they are.



Elmer loved Stoney Point

My father was a connoisseur of the Caesar Salad, and he had a rule: he'd only order it when Amedeo was in the house. I followed in his footsteps and was not disappointed. Crisp romaine, perfectly dressed, with just the right touch of Parmesan—it's a classic done right.

The service was equally impressive, striking that perfect balance between attentiveness and giving diners space to enjoy their meals. With the heat wave finally behind us, patio dining is available, but I prefer to sit inside. There's something about the restaurant's cozy interior that adds to the experience, especially with soft piano music filling the room on many nights.

For the main course, I opted for the Gnocchi Bolognese, and let me say, it was exceptional. The gnocchi were soft, pillowy, and covered in a rich, flavorful sauce. My companion chose the lamb chops, and they were equally impressive—perfectly cooked, with a light Dijon mustard glaze adding just the right touch. Stoney Point's menu has a little something for everyone, and everything is done with care.

On weekends, Kelly holds court behind the bar, serving up drinks with a smile, and the piano player adds an extra layer of charm to the evening. Whether you're in the mood for something hearty or light, Stoney Point has you covered.

As my father often said, "Why go anywhere else when the food is this good?" The Stoney Point Restaurant continues to deliver, and it's a must-visit for anyone craving old-world Italian flavors right here in Pasadena.

Note: I paid my own meal, and I didn't include prices because restaurants are always juggling the menu. Price range for two: \$110 to \$140

THE TASTING ROOM

CHIANTI FROM THE BIRTHPLACE OF LEONARDO DA VINCI.

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

I've got a wonderful Chianti from Italy that is ridiculously good, Certified Organic, under \$19, and from the birthplace of Leonard da Vinci. You're not going to find this at Ralph's, Von's, Target, or BevMo cuz this is damn good wine made in very small amounts.



Fattoria Dianella is owned by Francesco & Veronica Passerin d'Entrèves. The winemaker is Franco Bernabei. Fattoria Dianella is located on the hills of Vinci - birthplace of Leonardo da Vinci - in the region of Tuscany. The Dianella wine tradition dates over 300 years. The villa at Dianella originally belonged to the Medici family—it was one of their hunting lodges, named for Diana, the goddess of the hunt.

Veronica Passerin d'Entrèves took over from her father in 2003 and soon began the conversion to organic farming. There are about 26 hectares (65 acres) across ten plots, all estate owned. Fattoria Dianella has been practicing organic since 2006 and has been CERTIFIED ORGANIC since 2015. The soils are sand and clay with a high mineral

content.

The Dianella Chianti DOCG 2022 is mostly Sangiovese, with some Colorino. It was fermented in stainless steel and aged in cement tanks to retain freshness. There's violet, subtle earth, and red cherry on the nose. On the palate, notes of red fruit, berry, slight tobacco leaf, and savory herbs are present. The mouthfeel is bright and light. The alcohol is restrained as are the tannins. The acidity is balanced and produces a juicy finish. This is an outstanding Chianti that warrants your attention. Not much is produced as the winery's total production is around 11,000 cases. Get some for this weekend and have it with a grilled steak, pasta with tomato-based sauce, or pizza.

The 2022 Dianella Chianti DOCG is available at The Bottle Shop for \$18.99.

Say you saw it in the Mountain Views News and get it for \$17.99 through Monday, September 16th.

Scan the QRCode to sign up for our newsletter.

Until next time – Salud!



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ALL THINGS By Jeff Brown

BIOLOGICALLY YOUNGER PEOPLE: The Blue Zones Phenomenon from Dan Buettner's book "The Blue Zones Secrets for Living Longer"

In regions like Loma Linda, California; Ikaria, Greece; Okinawa, Japan; Sardinia, Italy; and Nicoya, Costa Rica, people consistently live longer, healthier lives. Dan Buettner attributes this to a unique set of shared characteristics. "It is this interconnected web of characteristics that keep people doing the right things for long enough, and avoiding the wrong things," Buettner said. Central to their lifestyle is a largely plant-based diet rich in beans, nuts, and cruciferous vegetables.

The Role of Diet in Longevity

Residents of the Blue Zones consume very little meat, instead opting for diets that resemble the healthy Mediterranean diet. Buettner believes this diet is only about 50% of the longevity equation. The focus on plant-based nutrition provides essential nutrients and reduces the risk of chronic diseases, contributing significantly to their extended lifespans.

The Power of Regular Movement

Unlike conventional exercise routines, biologically younger people in Blue Zones integrate physical activity naturally into their daily lives. They don't exercise, they engage in movement through daily activities like gardening, walking, shoveling snow, etc. This approach aligns with research showing that short bursts of activity throughout the day can significantly improve overall fitness.

Living with Purpose

A sense of purpose is another critical factor in the lives. In Japan, it's called "ikigai," and in Costa Rica, it's "plan de vida." Both terms reflect a reason to live and a life plan that gives individuals motivation to rise each morning. Studies suggest that having a purpose is associated with fewer strokes and heart attacks, as well as improved physical function among older adults.

Social Connections and Community Support

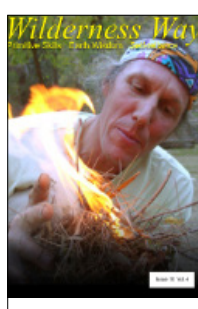
In Blue Zones, strong social ties play a pivotal role in health and happiness. In Okinawa, Japan, people form "moai" groups to support each other throughout life. "Parents cluster their children in groups of five, and send them through life together," Buettner explained. These supportive relationships help individuals share life's ups and downs. Similarly, in Loma Linda, California, the community frequently gathers for home-cooked, vegetarian meals, reinforcing bonds and promoting healthier eating habits.

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CHRISTOPHER Nyerges



[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

LOCAL BACKYARD "FARMER" PUBLISHES HER FIRST BOOK

Urban farmer Julie Balaa sells unique plants at the local farmers market



Urban farmer Julie Balaa produced her first book, an in-depth guide to being prepared for emergencies and life's crises without breaking the budget. Her book, "Low Cost Emergency Planning: A Do-it-Yourself Guide to Family Disaster Planning," (Skyhorse, 2023), covers the basics of water and food storage, home food production, making things, and how to live a more self-reliant life without spending an arm and a leg. The book is fully illustrated with color photos. The actor and environmentalist Ed Begley Jr. wrote the optimistic foreword.

She is scheduling book readings, lectures, and classes based around her book.

Balaa lives in Highland Park, where she does urban farming. Besides growing things in the greenhouse she built, she farms the one acre urban sanctuary of the non-profit where she works. At the Tuesday Highland Park Farmers Market, Julie Balaa has been teaching her customers how to create sustainable gardens in their own yards for several years now. Balaa's booth at the market caught my attention because she was selling less-common foods, and instructing people how to grow their own.

At her farmers market booth, she sells New Zealand spinach, lamb's quarter, California pepper seeds, cactus pads, as well as a variety of potted foods, such as purple tree collard, sapote, and ficus trees.

Balaa is always engaged in conversations with customers, explaining that these are all the plants she grows and sells can be used to create sustainable gardens. Her book will be one extra tool that her customers can use as a guideline to creating their own self-sufficient home.

Her book addresses all the basic needs of any urban or suburban dweller who doesn't have a lot of land, but wants to still be prepared for emergencies and wants to be a bit more self-reliant.

Balaa begins with a chapter on water, and since she's in the Los Angeles area, she lets readers know that only 26% of the water that Los Angeles use is local – all the rest comes to the city via 3 aqueducts from sources about 300 miles away. Thus, Balaa encourages her readers to do as she does: conserve water, don't waste water, and lots of grey water recycling. She describes what it takes to collect rain water, and how to store water in plastic buckets in case of emergencies.

Next, she explains how to store food, and that you can have some food in your yard if you grow food producing trees and vegetables. She discusses even the common wild foods – such as prickly pear cactus, lambs quarter, and purslane – which are common and have great nutritional value.

How do you cook when the power goes out? Balas shares some simple methods, including how to make a low-cost solar oven. She also addresses the basics of first aid in emergencies, how to create a simple backyard "survival camp," and all the very important economic considerations that are all too often ignored in "survival" books.

The book is a pleasure to read, with lots of common sense coming from someone who had to work with a limited budget.

When she is selling her products at the local farmers market, one of her popular foods is the prickly pear cactus pad, or nopales, which have been used in Mexican cuisine for centuries. She sells the pads ready to be cleaned and eaten, as well as the potted pads which can be grown as a border plant. The prickly pear cactus has been demonstrated to be effective for treating high cholesterol and type 2 diabetes, as documented in such books as "Prickly Pear Cactus Medicine" by Ran Knishinsky.

At her table at the Farmers Market, Balaa had a list of all the plants that her clients could grow in their yards to create a perennial, sustainable garden for the least amount of work. The list included trees, of course, like olives, citrus, and figs, and grape vines, asparagus, onions, Jerusalem artichoke, potatoes, tree collards, and, of course, prickly pear cactus.

As part of the permaculture philosophy which is embodied in Balaa's new book, she and her family also recycle all of their kitchen and yard scraps by composting them into soil, rather than just tossing it all into the trash can. "It's very rewarding to do these techniques," said Balaa, "because I feel it's what we should all be doing. Sometimes it's hard, but it makes you feel good for doing it." She also practices safe grey-water recycling, where she sends all her kitchen and bath water into the garden.

[Her book is available from Amazon. Balaa can be reached for consultations, and the hours of her nursery, at juliebalaa@gmail.com.

CLASSES AND BOOKS
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Katnip News!

LENNY and LANA



- Siblings, age 1.5
- spayed, vaxxed, chipped

Meet LANA and LENNY.

It is hard to believe that these two adorable teenaged Lynx Point mixes have been waiting on a home since last summer!

Lana and Lenny offer the perfect balance between the playfulness and curiosity of kittens and the calm and sense of self-preservation of seasoned house cats.

They aren't going to climb your curtains or inadvertently take a swim in your open toilet, but they also aren't going bask in the sun or lounge on the sofa all day. There is still a lot of running, chasing, and wrestling going on, just without all the mayhem and destruction.

See more of these cuties at <https://www.lifelineforpets.org/lenny--lana.html>. Can't adopt yet? Please share with anyone you recommend who can!



Pet of the Week

Meet Lobo, one of the wiggliest dogs around! This sweet guy with the always-wagging tail makes fast friends with everyone he meets!

Lobo is about 1 1/2 years old, and full of energy and fun. He loves running around the yard and playing, but he finds time for snuggling as well.

Lobo is quite a character- he has so much fun playing with his toys that he usually draws a crowd of onlookers. He runs full speed after any toy thrown his way, then grabs it, rolls onto his back and holds the toy in his front paws to give it a good chew. Then he throws it into the air and runs after it again. No one has more fun than Lobo!

As happy as he is with meeting new people friends, Lobo also seems to like doggy friends, too. He loves meeting new dogs at the shelter, so he would probably do well with a dog companion.

Lobo is sure to bring a ton of love and a lot of laughter to his forever home- maybe it's yours? The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 2:00 – 5:00. For those who prefer, adoption appointments are available daily from 10:30 – 1:30, and can be scheduled online. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



HOT TEMPERATURES CAN MAKE CONCRETE AND ASPHALT TOO HOT FOR YOUR DOG'S PAWS.

Asphalt and concrete temperatures can usually be 20-40 degrees hotter than the ambient temperature. If the back of your hand can't stand the heat on the concrete or asphalt for 7 seconds, it's too hot for a walk.

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From The Desk of Steve Sciorba, Safe Path For Senior

SENIORS AND DIABETES

Diabetes is a growing concern among seniors, affecting a significant portion of the aging population. Type 2 diabetes, in particular, is prevalent in older adults due to factors such as decreased physical activity, weight gain, and age-related changes in insulin sensitivity. Managing diabetes in seniors requires a tailored approach, as they often have multiple health conditions that complicate care, such as hypertension, heart disease, and kidney problems.

One of the key challenges for seniors with diabetes is maintaining blood sugar control. Aging affects how the body processes glucose, making it more difficult to regulate blood sugar levels. Medications, diet, and lifestyle changes can help, but seniors may face additional barriers such as cognitive decline, mobility issues, and the need for assistance with daily tasks. Additionally, the risk of hypoglycemia (low blood sugar) is higher in older adults, which can lead to serious complications like falls, confusion, and even hospitalization.

Proper management includes regular monitoring of blood sugar levels, medication adherence, and a healthy diet. Exercise, even moderate, can improve insulin sensitivity and help maintain a healthy weight. However, balancing activity and rest is important to prevent fatigue or injury.

Family members and caregivers play a crucial role in supporting seniors with diabetes. They can assist in medication management, encourage healthy lifestyle choices, and help monitor for signs of complications. Health professionals should also provide ongoing education and adjust treatment plans as necessary to accommodate the unique needs of older adults.

In summary, diabetes in seniors requires comprehensive management to prevent complications and maintain quality of life. By combining medical treatment with lifestyle interventions, older adults with diabetes can lead healthier, more independent lives.

HOW TO ASSESS WHAT YOU NEED IN A WALKER

Dear Savvy Senior: Can you give me some tips on choosing an appropriate walker for my elderly father? He has some balance issues along with arthritis in his hips and could use a little more help than a cane provides. Wobbly in Wisconsin



Dear Wobbly: When it comes to choosing a walker, there are several styles and options to consider, but selecting the best one for your father will depend on his needs, as well as where he'll be using it. Here are some tips that can help you choose.

Types of Walkers
There are three basic types of walkers on the market today. To help your dad choose, consider how much support he'll need. Then, pay a visit to a medical equipment store or pharmacy (see [Medicare.gov/medical-equipment-suppliers](http://www.Medicare.gov/medical-equipment-suppliers)) that sells walkers so he can test-walk a few. Here are the different types he'll have to choose from.

Standard walker: This is the most basic style of walker that has four legs with rubber-based feet (no wheels), is very lightweight (5 to 6 pounds) and typically costs between \$30 and \$100. This type of walker must be picked up and moved forward as you walk, so it's best suited for people who need significant weight bearing support, or who are walking very short distances.

Two-wheeled walker: This has the same four-leg style as the standard walker except it has wheels on the two front legs that allow you to easily push the walker forward without lifting, while the back legs glide across the floor providing support while you step forward. These are best for people with balance issues and are priced at around \$50 to \$150.

Rollator: This is a rolling walker that has wheels on all (three or four) legs. Four-wheel rollators typically come with a built-in seat, basket and hand-breaks and are best suited for people who need assistance with balance or endurance inside or outside the home. Some rollators even come with pushdown brakes that engage with downward pressure and will lock if you sit on the seat. Or, if you dad needs to navigate tight spaces at home, three-wheel rollators, which don't have a seat, are a nice option. Rollators typically run between \$60 and \$250.

Other Tips
After deciding on the type of walker, there a few additional things you need to know to ensure it meets your dad's needs.

First, be sure the walker's height is adjusted appropriately. To do this, have your dad stand with his arms relaxed at his sides. The handgrips of the walker should line up with the crease on the inside of his wrist.

If your dad is a large person, verify that the walker's weight capacity will support him, and if he chooses a four-wheel rollator, that his body can fit between the handgrips when sitting. Heavy duty (bariatric) rollators with higher weight capacities, bigger wheels and wider seats are also an option.

Your dad also needs to test the handgrips to make sure they're comfortable and be sure to purchase a walker that folds up (most do) for easier storage and transport.

There are also walker accessories that can be added for convenience such as food tray attachments, tote bags for carrying personal items, oxygen tank holders, and tennis ball walker glides that go over the feet of a standard walker to help it slide more easily across the floor.

For more tips on how to choose and use a walker, visit [Mayoclinic.org/healthy-lifestyle/healthy-aging/in-depth/walker/art-20546805](http://www.Mayoclinic.org/healthy-lifestyle/healthy-aging/in-depth/walker/art-20546805). It's also a smart idea to work with your dad's doctor or a physical therapist, and be sure to get a written prescription, as Medicare will cover 80 percent of the cost.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...SEPTEMBER Birthdays*



Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaura, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner, Virginia Mullaney, Gwen Robertson.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Chair Yoga
10am - 10:45 am
Monday's and Wednesday's
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Monthly BLOOD Pressure SCREENING
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HART PARK SENIOR CENTER
THE SECOND TUESDAY OF EVERY
MONTH
AT 12:30PM

SENIOR CINEMA
Movies at the Hart Park House will be held every Wednesday at 1pm after our senior lunch program. Free popcorn, sweet snacks, and refreshing beverages will be available for all participants. Registration is not required.



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder

ONE MAN'S APPLE FRITTER IS PURE DELIGHT

One thing I have learned in life is there are times when things do come together.

For the last several months, I have been struggling to keep up with my schedule, and I was getting behind in some things I do. That is always frustrating for me. I like finishing what I start, but I like finishing it on time. Just the other day, I finished my manuscript for my publisher and sent it in, and I was in great relief that that job was done. I sat back in my chair and just enjoyed the feeling of being caught up.

The Gracious Mistress of the Parsonage and some girls in the family had taken a two-day trip out of town for whatever they were going to do. I have learned not to get involved in what the girls are doing. I know from The Gracious Mistress of the Parsonage's side that it has a lot to do with thrift store shopping. If there is something I like less than thrift store shopping, I have never met it yet. Being alone for a couple of days, I enjoyed the satisfaction of being caught up. I was trying to think of some way to celebrate this achievement, and I wanted something very special because this was a special time.

My thinking sometimes is not always on schedule, and I do not always even have thoughts that I can think of. So, I was having a little trouble figuring out what I could do to celebrate this breakthrough in my work.

I've never had this kind of breakthrough, so it was new to me. I was trying to think of something special to celebrate my accomplishment.

Thinking for some time while sipping coffee, I realized I had not expected a thought to come dancing into my head. I can tell when a thought comes into my head because that's a rare occasion. But this time, this thought brought a great deal of pleasure to me.

I don't share my thoughts with too many people because I don't have that many thoughts to share. So I was leaning back in my chair, celebrating this situation and rejoicing over this thought that just came into my head.

This thought dancing in my head had to do with a fresh Apple Fritter or two. I cannot celebrate any better than with several Apple Fritters, particularly one in each hand.

The Gracious Mistress of the Parsonage is not too happy with Apple Fritters. For some reason, she thinks they are bad for me. On the other side of the table, I believe there is nothing better in the entire world than an Apple Fritter. After all, it is a fruit.

Broccoli is on the other side of the table, and The Gracious Mistress of the Parsonage thinks it is solid gold in her mouth. I can't even look at broccoli, let alone eat it. But when she wants to celebrate, that's the first thing on her mind. Believe me, it is the last thing on my mind.

But that idea of an Apple Fritter was very alluring to me. I couldn't get it out of my head. Three blocks down the road, I could get a fresh Apple Fritter. I could even walk there if I wanted to.

Since the Gracious Mistress of the Parsonage was not home, I had the freedom to do whatever I wanted. When she left the other day, she said, "You behave yourself while I'm gone. Do you hear me?"

Boy, did I hear her? I'm only thinking whether she heard what she said. If I'm going to behave myself, I will behave like myself. And one of the most important things about myself is my adoration of Apple Fritters. When I have an Apple Fritter in each hand, I behave myself better. I am more myself with an Apple Fritter than anything else.

The more I thought about this, the more I knew I needed to get one of those Apple Fritters or maybe even two.

After thinking about it, I decided to flip a coin to see what I should do. If the coin is heads, I win; if it is tails, the Apple Fritter wins. Who can lose with that?

With great delight and anticipation, I got into my truck and drove down to Publix, where I usually get my Apple Fritters. The problem was that everybody in that public store knew my wife and her thoughts about Apple Fritters.

However, across the town, about 15 minutes away, is another public store that sells Apple Fritters. The thing about this Publix is that nobody knows my wife.

That evening, I sat in my easy chair, leaned back, sipped some hot coffee, and began nibbling on my Apple Fritters. As I was nibbling, I couldn't help but think how wonderful it is to get caught up in life's projects and then celebrate with the most amazing treat: the Apple Fritter.

I thought of one of my favorite Bible verses. "A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (Proverbs 17:22).

It's very difficult to find someone with a "merry heart." There is so much pain and stress in this world that a merry heart is absent. It doesn't matter what's on the outside if my inside (heart) is focused on Christ as our Lord and Saviour.

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STUART TOLCHIN



PUT THE LIGHTS ON

WHY I AM NOW A CLIPPERS FAN

I will not bore you with my analysis of the Presidential Debate as I am sure that those of you who care have already read several post-analyses from talented commentators. I will now follow my friend Hank's advice and not write about the Debate itself but just let you know that after watching the full debate I was desirous of seeing what the TV pundits had to say. First, I switched to MSNBC and then to Fox but still wanted more. I then moved to Comedy Central to see if John Stewart had anything to say.

The first half of this program featured a repeated clip from a Monte Python movie showing a man throwing up in a restaurant. I was not particularly entertained, and as it was nearing midnight, I almost shut the TV off. I did not and fortunately saw the second half of the program which was a conversation between John Stewart and his guest Steve Ballmer, the multi-billionaire former CEO of Microsoft and the present owner of the NBA Los Angeles Clippers Basketball Team.

For me it was a compelling conversation during which Mr. Ballmer described the "twin towers" necessary for our system of government to function properly and to protect social welfare while allowing the accumulation of wealth by corporations and those in control of wealth. He explained that what is necessary is the combination of capitalism and Democracy. Capitalism will inevitably involve businesses intended to benefit their owners. These owners will generally be interested in providing for themselves and their families and may be disinterested in the overall Social Welfare. I am afraid this describes basic human nature. Nevertheless, the businesses created will provide jobs and structures and the organization necessary for the entire system to function. As a result of the efforts of the people on top the rest of us will have the opportunity to develop lives which are comfortable and satisfying and provide additional incentive for those who choose to work harder and create more for themselves. The opportunity for advancement requires access to education and medical services and related needs.

Mr. Ballmer explained that is the overseeing powers of the electorate that prevents the wealthy powerful class from keeping everything for themselves even if that is their desire. Appropriate rules and regulations must be enacted and enforced to allow the system to effectively function. The Democratic process of periodic elections is necessary to maintain the system and work to prevent the social problems created by complete inequality.

The ability to learn and to publicize is what is necessary to maintain the existence of an informed electorate. Steve Ballmer points to James Madison's warning that without reliable and non-partisan news, representative government is a farce. Repeatedly over the centuries astute political commentators have emphasized this same need for access to information and transparency. Once information is found it must be accompanied by freedom of the press and freedom of information so that the public may be kept informed. Today there is considerable discussion about what the limits of free speech and freedom of the press should be. It has been revealed that hate groups and even foreign enemy governments regularly disperse misinformation for their own demonic ends. Nevertheless, I believe that freedom of the press and the free access to information must be protected even though historically that has always been difficult. (Think Daniel Ellsberg and Julian Assange.)

Steve Ballmer's conversation with John Stewart discussed the creation of The Ballmer Group as his attempt to improve and reshape economic inequalities for families within the United States. He explained that his 2017 launch of USA Facts, a non-profit organization, whose goal is to allow people to understand actual U.S. government spending and the resultant effects. This information is intended to allow the public to be properly informed mindful of the Madisonian statement that without such information Democracy is a farce.

Put it all together and that's why I'm a Clippers fan from now on.



DICK POLMAN



KAMALA REDUCED TRUMP TO A PARODY OF HIMSELF

The showdown Tuesday night – pitting a devotee of democracy who aspires to be our next president against a groupie of autocracy who aspires to be our last-ever president – was more delicious than an ice cream sundae with cherry on top. Thanks to a shrewd performance by Kamala Harris, one that surely exceeded Democratic dreams, Donald Trump was reduced to the most imbecilic parody of himself. He was the neighborhood lunatic who wanders the street in his bathrobe screaming at trees. Perhaps men are too emotional to be president.

If there's any justice in this world – if a modicum of sanity still reigns in this country – this race should have ended once and for all when Trump was asked why he blocked a tough bill that would've put thousands of new agents and officers on the border.

Instead of answering the question, he lost his mind: "Look at what's happening to the towns all over the United States... A lot of towns don't want to talk about it because they're so embarrassed by it. In Springfield (Ohio), they're eating the dogs! The people that came in. They're eating the cats! They're eating – they're eating the pets of the people that live there!"

The guy is a poet. He is E. E. Cummings on acid:

They're eating the dogs
They're eating the cats
They're eating
They're eating the pets of the people

Given the dearth of evidence for that soliloquy, I have to wonder whether our "undecideds" would really consider putting this demented fool in charge of anything more taxing than a lemonade stand. Repeatedly, Harris put bait in the water and, repeatedly, he took it, like when she casually mentioned people leaving his rallies early out of boredom.

"People don't leave my rallies!" Trump bellowed. Then he recycled one of his August delusions: "People don't go to her rallies! There's no reason to go! And the people that do go, she's busing them in and paying them to be there!"

The terminal narcissist wasted precious time still insisting he won in 2020. When it was pointed out that he lost 60 court cases, he said they were all thrown out on "a technicality," whereas those of us who were alive at the time will remember that judge after judge (including some Trump appointees) ruled that his lawyers had presented zero evidence of stolen or fraudulent votes.

"Donald Trump was fired by 81 million people. So let's be clear about that," said Harris, who eyed his string of rants with puckish bemusement. "And clearly, he is having a very difficult time processing that."

It was also fun when Harris baited him about his global reputation, and he responded by saying Viktor Orban, the Prime Minister of Hungary said "the most respected most feared person is Donald Trump."

Yes, his character reference was an autocrat who's been systematically destroying democracy in Hungary. Harris nailed him for that too: "It is well known that he admires dictators, wants to be a dictator on day one according to himself... And it is absolutely well known that these dictators and autocrats are rooting for you to be president again because they're so clear, they can manipulate you with flattery and favors."

The old loon spilled so much blood, it's a miracle he didn't need IV fluids. Harris pounded him for repeatedly trying to sabotage Obamacare (he's still hawking his non-existent health plan: "We'll come up with something, we're working on things"). She hammered him for his long racist track record, starting with his refusal in the 1970s to rent apartment units to Black families. When he recycled his standard lie that the crime rate is "through the roof" (the FBI says it's going down), she twisted the stiletto: "This is so rich – coming from someone who has been prosecuted for national security crimes, economic crimes, election interference, has been found liable for sexual assault, and his next big court appearance is in November at his own criminal sentencing."

And when he started to obsess (yet again) about President Biden, she gently reminded him: "You're not running against Joe Biden, you're running against me." One of her tasks last night was to sell herself to voters who are still getting to know her. While Trump as always stayed focused on himself, she spoke to the voters' hopes and dreams, highlighting her plans to expand the child tax credit to \$6,000 for new children and create a \$50,000 tax deduction for start-up businesses.

Will this debate prove consequential, swing the "undecideds," and spare us a MAGA restoration? Given what happened in 2016, I'm done with predictions. But I keep

RICH JOHNSON NOW THAT'S RICH



TIMBRE! GETTING A GRIP ON THE UPCOMING ELECTION SEASON

(I recommend, for this week's column, that you have a dictionary and thesaurus sitting next to you. Also, include three crayons: red, white and blue and blank paper.)

Not sure whether this week's article is simply a continuation of my skating the proverbial thin ice between lunacy and sagacity... (time to crack open the dictionary).

Whether you are a Hatfield or McCoy, Democrat, Demagogue, Republican, Reprobate, Provocateur or simply a Prevaricator, we all tend to get drawn to the flame of a national election cycle. The word timbre refers to the quality given to a sound. Timber may also be appropriate in this column as you are probably reading this on parchment which comes from trees required to fall in the woods to transform into paper.

Humor is a universal antidote for fear...gallows humor in particular. "If we can render absurd what scares us the most we can rise above most any situation." These are not my words. Austrian neurologist Viktor Frankl referred to humor as one of the "soul's weapons" to deal with pain. Dr. Frankl learned this lesson in German Concentration Camps. He is a real hero.

Anyway, back to the pending elections. The following are a collection of political one liners, hopefully humorous and useable in these next several weeks. The only mistake you can make in this upcoming election is to not vote. So, for your consideration:

(Let me start with that paragon of virtue, Joseph Stalin) "The people who cast the votes decide nothing. The people who count the votes decide everything. (yikes)

"Politics is the art of looking for trouble, finding it, misdiagnosing it and then misapplying the wrong remedies."

"The consensus after the election is that 100% of Americans think 50% of Americans have lost their minds."

"A fine is a tax for doing wrong. A tax is a fine for doing well."

"The best description of Democracy in action is three wolves and one sheep voting on what to have for supper."

"Why do Americans choose from just two people for president and 50 people for Miss America?"

St. Patrick drove all the snakes out of Ireland. I wonder if he's busy this November?"

"Politicians and diapers have one thing in common. They should both be changed regularly, and for the same reason."

(13 year old Democrat quote): "Trump won't get re-elected if we just stop fixing our grandparents' WiFi."

"My favorite mythical creature? The honest politician."

"Stop repeat offenders. Don't re-elect them!"

"I remember when Halloween was the scariest night of the year. Now, it's election night."

"If voting made any difference they wouldn't let us do it" Mark Twain

"George Washington is the only president who didn't blame the previous administration for his troubles." He blamed the monarchy lol.

We stand today at a crossroads: One path leads to despair and utter hopelessness. The other leads to total extinction. Let us hope we have the wisdom to make the right choice. Woody Allen

"The best argument against democracy is a five-minute conversation with the average voter." Winston Churchill

And finally a profound quote:

"A politician thinks of the next election; a statesman thinks of the next generation." James Freeman Clarke

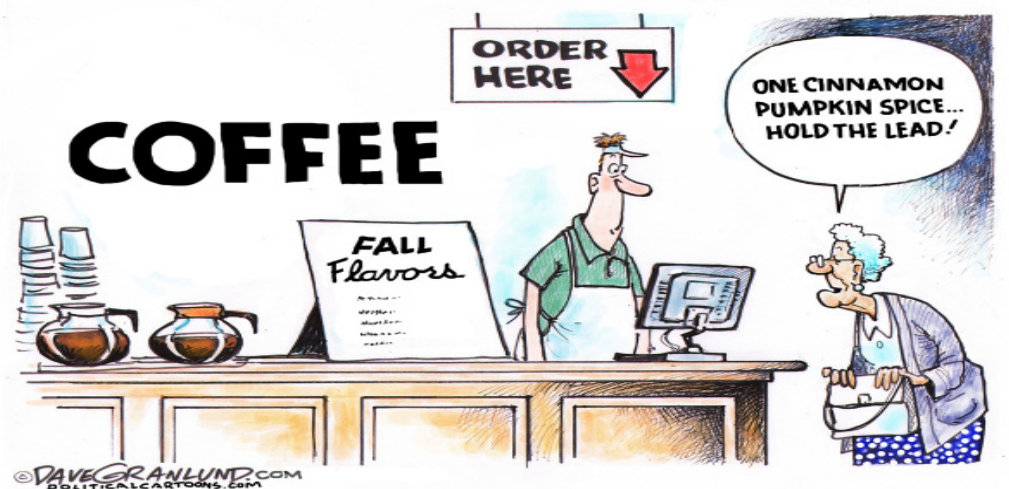
It is a gift and a blessing to be American. For all its flaws and dubious history, we have a legacy of ultimately finding our way to fair and equitable solutions to most of our problems.

I particularly want to thank my editor, Susan, for giving me this gift of communication. My sole purpose is to enhance the quality of you, the reader's, life. I start with a little bit of humor, add a dose of some smart person's rhetorical brilliance, and whisper a prayer to my benevolent Father in heaven.

The prayer? "Lord, breathe your life into this column in such a way that it touches people's hearts, let's them know how precious and valuable they are, and please, please, please try to make it a little funnier."

Have a brilliant week. Your week will be greatly enhanced if you extend unsolicited acts of kindness to the following: Your spouse, your kids, your extended family, your pets, waitresses, police officers, fellow motorists, bosses, employees...and most of all, YOURSELF! (You are worth it)

FDA ALERT ON CERTAIN CINNAMON



The following person(s) is (are) doing business as CAN DESIGN STUDIO 7760 BALCOM AVE RESEDA, CA, 91335. STATE OF CALIFORNIA, LOS ANGELES COUNTY. Full name of registrant(s) is (are) KRISTAL MOJIGUERA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 24, 31, SEPT. 7, 14, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024137834 The following person(s) is (are) doing business as TACOS EL MAY 2235 S LUCKY WAY ANAHEIM, CA. 92802. STATE OF CALIFORNIA, ORANGE COUNTY. Full name of registrant(s) is (are) NIELCIN X RAMERIZ AMAYA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/27/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/27/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 24, 31, SEPT. 7, 14, 2024

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-16K265 The following person(s) is (are) doing business as DAVID & SON'S AUTO DETAILING, 3902 BRESEE AVE APT 20, BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) DAVID BORKUNDA, 3902 BRESEE AVE APT 20, BALDWIN PARK, CA 91706. This Business is conducted by: AN INDIVIDUAL. Signed: DAVID BORKUNDA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/09/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/09/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-16R956 The following person(s) is (are) doing business as GUAPPOS TRANSPORT, 1501 S NORMANDE AVE APT 7, GARDENA, CA 90247. Full name of registrant(s) is (are) CARMELINA ALVAREZ HERRATTE, 1501 S NORMANDE AVE APT 7, GARDENA, CA 90247. This Business is conducted by: AN INDIVIDUAL. Signed: CARMELINA ALVAREZ HERRATTE/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-159371 The following person(s) is (are) doing business as KPR-FRANCA, 600 A RROAD HIGHWAY #L, IRVINDALE, CA 91706. Full name of registrant(s) is (are) KEVIN EDGARDO PACHICO RAMIREZ, 16300 ARROW HIGHWAY #L, IRVINDALE, CA 91706. This Business is conducted by: AN INDIVIDUAL. Signed: KEVIN EDGARDO PACHICO RAMIREZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-163958 The following person(s) is (are) doing business as OCHOA TRUCKING, 24358 GROVEN LANE, MORENO VALLEY, CA 92557. Full name of registrant(s) is (are) LAURA E FUENTES SANTOS, 24358 GROVEN LANE, MORENO VALLEY, CA 92557. This Business is conducted by: AN INDIVIDUAL. Signed: LAURA E FUENTES SANTOS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/05/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-163958 The following person(s) is (are) doing business as OSCAR GARDENING SERVICES, 448 W. 8TH ST APT B, LONG BEACH, CA 90801. Full name of registrant(s) is (are) OSCAR BARNENAS SOLORZANO, 448 W. 8TH ST APT B, LONG BEACH, CA 90801. This Business is conducted by: AN INDIVIDUAL. Signed: OSCAR BARNENAS SOLORZANO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/12/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

Dates Pub: AUG 17, 24, 31, SEP 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-16M095 The following person(s) is (are) doing business as PASADENA BUTTERFLYS, 1583 EAST COLO-RADO BLVD, PASADENA, CA 91106. Full name of registrant(s) is (are) JOSE RUBEN PAREDES-PACHECO, 1583 EAST COLO-RADO BLVD, PASADENA, CA 91106. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE RUBEN PAREDES-PACHECO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/12/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-16M416 The following person(s) is (are) doing business as SAN PEDRO WELDING, 650 W SANTA CRUZ ST, SAN PEDRO, CA 90731. Full name of registrant(s) is (are) CELESTINO LUQUE LUQUE, 650 W SANTA CRUZ ST, SAN PEDRO, CA 90731. This Business is conducted by: AN INDIVIDUAL. Signed: CELESTINO LUQUE LUQUE/OWNER. This statement was filed with the County Clerk of Los Angeles County on 07/30/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-16R958 The following person(s) is (are) doing business as TAPIA'S TRANSPORT, 1514 W 205TH ST APT 2, TORRANCE, CA 90501. Full name of registrant(s) is (are) SELENE BARRERA-BENITEZ, 1514 W 205TH ST APT 2, TORRANCE, CA 90501. This Business is conducted by: AN INDIVIDUAL. Signed: SELENE BARRERA-BENITEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-163704 The following person(s) is (are) doing business as VIP MARKET & TOBACCO, 146 W. 10TH ST, LONG BEACH, CA 90813. Full name of registrant(s) is (are) AYMAN A EL BASTAWSEY, 146 W. 10TH ST, LONG BEACH, CA 90813. This Business is conducted by: AN INDIVIDUAL. Signed: AYMAN A EL BASTAWSEY/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/02/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/02/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024-162151 The following person(s) is (are) doing business as WILFREDO SANCHEZ LUXURY, 1848 N GARFIELD PL APT 12, LOS ANGELES, CA 90028. Full name of registrant(s) is (are) WILFREDO SANDOVAL, 1848 N GARFIELD PL APT 12, LOS ANGELES, CA 90028. This Business is conducted by: AN INDIVIDUAL. Signed: WILFREDO SANDOVAL/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/01/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FILE NO. 2024-159948 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as IMELDA BRUNO, 373 N WESTERN AVE, SUITE 141, LOS ANGELES, CA 90004. has/has abandoned the use of the fictitious business name: ISTOPO/TOREG, 373 N WESTERN AVE, SUITE 141, LOS ANGELES, CA 90004. The fictitious business name referred to above was filed on 11/14/2019, in the county of Los Angeles. The original file number of 2019299557. The business was conducted

by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 07/30/2024. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) IMELDA BRUNO/OWNER. Publish: Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FILE NO. 2024-167881 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) ROSY GUTIERREZ MARRUQUIN, 2004 MAPLE AVE, LOS ANGELES, CA 90011, has/has abandoned the use of the fictitious business name: LA PUPUSA FELIZ SNACK SHOP, 2004 MAPLE AVE, LOS ANGELES, CA 90011. The fictitious business name referred to above was filed on 05/24/2022, in the county of Los Angeles. The original file number of 2022112365. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 08/09/2024. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) ROSY GUTIERREZ MARRUQUIN/OWNER. Publish: Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 07, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024172250 The following person(s) is (are) doing business as KATHYS SERVICE CLEANING, 7306 MACE PLACE LOS ANGELES, CA. 90001. LOS ANGELES COUNTY. Full name of registrant(s) is (are) KATHERINE CAROLINA REYES GONZALEZ, 7306 MACE PLACE LOS ANGELES, CA. 90001; WALTER MANUEL CERON 7306 MACE PLACE LOS ANGELES, CA. 90001. This Business is conducted by: GENERAL PARTNERSHIP. Signed: KATHERINE CAROLINA REYES GONZALEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 8/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024168941 The following person(s) is (are) doing business as J & I MINI MARKET, 18302 SIERRA HWY SUITE 101 CANYON COUNTRY, CA. 91351. LOS ANGELES COUNTY. Full name of registrant(s) is (are) JANET CASTILLO ARISTA 34232 RED ROVER MINE ROAD ACTON, CA. 95120; KATHERINE CAROLINA REYES GONZALEZ 34232 RED ROVER MINE ROAD ACTON, CA. 95120. This Business is conducted by: A MARRIED COUPLE. Signed: JANET CASTILLO ARISTA WIFE. This statement was filed with the County Clerk of Los Angeles County on 08/12/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/12/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 202417148 The following person(s) is (are) doing business as BEACH GARAGE DOOR REPAIR, 2447 PACIFIC COAST HIGHWAY 2ND FLOOR HERMOSA BEACH, CA. 90254. STATE OF CALIFORNIA, LOS ANGELES COUNTY. Full name of registrant(s) is (are) M B ADV INC, 6009 TOPEKA DR TARZANA, CA. 91356. This Business is conducted by: A CORPORATION. Signed: M B ADV INC, SHARON CASPARI, SECRETARY. This statement was filed with the County Clerk of Los Angeles County on 08/14/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024159991 The following person(s) is (are) doing business as JJ AUTO REPAIR & BODY SHOP, 809 W ROSECRANS AVE SUITE D, GARDENA, CA. 90247. LOS ANGELES COUNTY. Full name of registrant(s) is (are) JUAN JOSE AMBROSIO SANCHEZ, 7337 INDEPENDENCE AVE APT 12 CANOGA PARK, CA. 91303. This Business is conducted by: INDIVIDUAL. Signed: JUAN JOSE AMBROSIO SANCHEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 07/30/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024168935 The following person(s) is (are) doing business as MAZEH BARAN 26208 ALIZIA CANYON DRIVE CALABASAS, CA. 91302. AON 202250319178 CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) SOUR AND SWEET FOOD FACTORY LLC, 26208 ALIZIA CANYON DRIVE CALABASAS, CA. 91302. This Business is conducted by: AN LLC. Signed: SOUR AND SWEET FOOD FACTORY LLC, ERFAN ABBAS LAVASANI, MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 08/12/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/2023. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024168938 The following person(s) is (are) doing business as VALLEY VIEW LAUNDRY, 13714 SHERMAN WAY VAN NUYS, CA. 91405. AON 202462319768 CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) LAJ LAUNDRY LLC, 13714 SHERMAN WAY VAN NUYS, CA. 91405. This Business is conducted by: AN LLC. Signed: LAJ LAUNDRY, LLC, JAMIL DARROUJ, MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 08/14/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024160031 The following person(s) is (are) doing business as LINDISIMA FAJAS COLOMBIANAS 4323 E 58TH ST MAYWOOD, CA. 90270. LOS ANGELES COUNTY. Full name of registrant(s) is (are) MARTIZA ELIZABETH OWEN, 4323 E 58TH ST MAYWOOD, CA. 90270. This Business is conducted by: INDIVIDUAL. Signed: MARTIZA ELIZABETH OWEN DE LINDO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 07/30/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024173030 The following person(s) is (are) doing business as M R MANAGEMENT SERVICES, 5919 GLADE AVE WOODLAND HILLS, CA. 91367. LOS ANGELES COUNTY. Full name of registrant(s) is (are) MEHRAN ROJHANY, 5919 GLADE AVE WOODLAND HILLS, CA. 91367. This Business is conducted by: INDIVIDUAL. Signed: MEHRAN ROJHANY, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/16/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024168990 The following person(s) is (are) doing business as ELO CLEANING SERVICES, 1135 SOUTH WESTLAKE AVE LOS ANGELES, CA. 90006. LOS ANGELES COUNTY. Full name of registrant(s) is (are) THELMA MARISOL GOMEZ, 1135 SOUTH WESTLAKE AVE LOS ANGELES, CA. 90006. This Business is conducted by: INDIVIDUAL. Signed: THELMA MARISOL GOMEZ, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/12/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024169718 The following person(s) is (are) doing business as AMERICAN CERTIFIED COLLISION 14725 BESSER SEMER ST UNIT F VAN NUYS, CA. 91411. AON 6C334930 CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) AMERICAN CERTIFIED COLLISION 14725 BESSER SEMER ST UNIT F VAN NUYS, CA. 91411. This Business is conducted by: A CORPORATION. Signed: AMERICAN CERTIFIED COLLISION, VAHAGN SELVERYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 08/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024170026 The following person(s) is (are) doing business as COMO EN EL PUEBLO 10930 OTSEGO ST APT 102 NORTH HOLLYWOOD, CA. 91601. LOS ANGELES COUNTY. Full name of registrant(s) is (are) BRAYAM E MENDOZA ROMERO, 10930 OTSEGO ST APT 102 NORTH HOLLYWOOD, CA. 91601. This Business is conducted by: INDIVIDUAL. Signed: BRAYAM E MENDOZA ROMERO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024172337 The following person(s) is (are) doing business as EV CHARGER INSTALLS LA 927 W ORANGE GROVE AVE BURBANK, CA. 91506. LOS ANGELES COUNTY. Full name of registrant(s) is (are) ARUTYUN HARUT PATATYAN, 927 W ORANGE GROVE AVE BURBANK, CA. 91506. This Business is conducted by: INDIVIDUAL. Signed: ARUTYUN HARUT PATATYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024171039 The following person(s) is (are) doing business as B-NO-TOV 5665 W WILSHIRE BLVD #1240 LOS ANGELES, CA. 90036. LOS ANGELES COUNTY. Full name of registrant(s) is (are) JORGE HERRERA, 14827 ARCHWOOD ST VAN NUYS, CA. 91405. This Business is conducted by: INDIVIDUAL. Signed: JORGE HERRERA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/14/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024

FICTITIOUS BUSINESS NAME STATEMENT File No. 2024171039 The following person(s) is (are) doing business as B-NO-TOV 5665 W WILSHIRE BLVD #1240 LOS ANGELES, CA. 90036. LOS ANGELES COUNTY. Full name of registrant(s) is (are) JORGE HERRERA, 14827 ARCHWOOD ST VAN NUYS, CA. 91405. This Business is conducted by: INDIVIDUAL. Signed: JORGE HERRERA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/14/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: AUG 17, 24, 31, SEPT. 7, 2024




EXERCISING IN EXTREME HEAT

Exercising outdoors can be fun, but when temperatures soar, it can also be risky. No doubt you've seen someone in long sleeve attire going for a run during the hottest part of the day. Not advisable. Make sure you know how to protect yourself during the hottest days and understand the consequences of not doing so.

Heat-related illnesses occur when the body's cooling mechanisms become overwhelmed, leading to symptoms ranging from mild discomfort to life-threatening conditions. The most common heat-related illnesses are heat cramps, heat exhaustion, and heat stroke. Do you know the difference between them?

Understanding Heat-Related Illnesses

- Heat Cramps are painful muscle spas



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One Time Events

- September 4** 6:00 pm – 8:00 pm
Twilight Music and Cocktails at the Arboretum
Enjoy the music of Marcus Love while relaxing with mixed drinks and charcuterie.
- September 5** 4:00 pm – 7:00 pm
Taste of Art: Le Piquenique at The Huntington
Discover the history of the picnic through art, sip spritzers and prepare salads and desserts.
- September 7** 6:30 pm – 8:30 pm
South Lake Avenue Walking Tour
Learn about Pasadena's pedestrian-friendly shopper's paradise starting at Pie n' Burger.
- September 7** Gate 5:30 pm; Concert 7:30 pm
Oscar Meets Tony – Pasadena Pops at the Arboretum
Tunes from memorable composers Henry Mancini, Alan Menken and more.
- September 9** 7:30 pm
Wild Up – The L.A. Composer Series at the Sierra Madre Playhouse
Grammy-nominated ensemble Wild Up features a blend of new music, theater, and pop.
- September 13** 5:30 pm – 7:30 pm
Friday Nights at the Gamble House Lawn
Enjoy wine flights, a picnic, and music by Pasadena Conservatory of Music.
- September 13** 6:30 pm – 9:30 pm
Family Friday Movie Night: Jurassic Park at The Huntington
Fun activities and picnicking.
- September 14** 10:00 am – 12:00 pm
Flower Arranging: September Succulents at The Huntington (Adults Only)
Join Flower Duet and create a beautiful floral design.
- September 14** 5:30 pm – 7:00 pm
Family Night Hike: Gross Gardens at the Arboretum
Family-friendly hike offers the chance to touch, smell, and taste some of the nastiest plants.
Adult Night Hike: Hidden History of House Plants at the Arboretum 7:30 pm – 9:00pm

September 21 10:00 am – 12:00 pm
Chinese Floral Arts: Intellectual Style at The Huntington
Explore the practice of traditional Chinese floral arts with master artist Rosa Zee.

September 21 Dinner 5:00 pm; Concert 8:00 pm
Taylor Dayne at Arcadia Performing Arts Center
Dance and sing as Taylor Dayne performs her chart-topping hits at the APAC.

September 21 2:00 pm – 6:00 pm
Taste of Arcadia at Santa Anita Park
Enjoy entertainment and unlimited food and beverages tastings at Santa Anita Park.

September 21 4:00 am – 6:30 pm
An Evening in Focus: Plugged In at the Norton Simon Museum
Explore the galleries and interactive collaborative art-making to music

September 28 6:00 pm
Taste of 'Dena - Altadena Main Library
Enjoy an evening of culinary delights, soulful melodies, and community spirit.

Ongoing Events

September 1 – 29
The Skin of Our Teeth at A Noise Within
Pulitzer Prize-winning comedic masterpiece

September 4 – 29
Cyrano De Bergerac at Pasadena Playhouse
This romantic adventure is reborn in a modern adaptation.

September 14, 2024 – January 6, 2025
Growing and Knowing in the Gardens of China - Huntington Library
This exhibition displays 24 artworks and a participatory exercise

September 20, 21, 22 6:30 pm – 9:00 pm
Mid-autumn Moon Celebration at The Huntington
Celebrate the festival with a stroll through the Chinese Garden.

September 23, 30 1:00 pm – 3:00 pm
Music in the Rose Garden at The Huntington
Wander through the garden to live music from Pasadena Conservatory of Music artists.

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