

Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, SEPTEMBER 21, 2024

VOLUME 18 NO. 38



the webb-martin group

New Listing



727 Meridian Avenue, #E, South Pasadena
Offered at \$1,100,000

Represented Buyer



2208 Oakhaven Drive, Duarte
Represented Buyer | Winning Out Over 22 Offers



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AND THE STATE OF SIERRA MADRE IS GOOD.....

September has been a very busy month thus far. Mayor Kelly Kriebs delivered the annual State of the City address last week giving an in depth review of Sierra Madre's progress in the last twelve months. The event, held on Thursday, September 12th, following a day for the history books, 91024, on Tuesday and the Remembrance of 911 on Wednesday. Held at the Fire Station, Scout Troop 110 (pictured left) opened the program with the presentation of the Flag. (Photo courtesy City of Sierra Madre). Kriebs proceeded to with an update on every aspect of Sierra Madre's physical, fiscal and civic well being. You can see the entire presentation by visiting the city's website at: www.linktr.ee/sierra_madre and click "2024 State of the City Presentation."

SIERRA MADRE LIBRARY BREAKS GROUND...



On September 17th, the SM Library's Meaningful Improvement project broke ground (rendering left) led by Assemblyman Chris Holden - center- who was the driving force in securing \$10 million in funding for the project. From left to right are Councilperson Kris Lowe, Mayor Pro Tem Robert Parkhurst, Assemblyman Holden, Mayor Kriebs, and Councilpersons Gene Goss and Edward Garcia. Photos by D. Bolle

WATER LEVELS ARE GOOD, BUT CONSERVATION IS KEY

By Kevin McGuire

The City's Annual Water Supply Assessment was presented before the City Council to evaluate water supply reliability for the next fiscal year 2024-25. Water Superintendent Steven McGee gave an update and spoke about recent dry conditions during the September 10th regular City Council meeting.

Stetson Engineers, who worked on the 2020 Urban Water Management Plan and Water Shortage Contingency Plan, complete the assessments annually. Other information includes an Electronic Annual Report, Water Loss Audits, and Monthly Consumption Reports (meters).

The Assessment is divided into five tables based on 2024/2025 Dry Year Conditions.

- Information on the City
- Demand (anticipated)
- Supplies (we have)
- Shortage Assessment (Do we have enough water to meet demands?) and,
- Response Actions (if demand is more significant than supply).

The two primary water sources in Sierra Madre are the Raymond Basin, to which the city has rights of 940 acre-feet, and the San Gabriel Valley Municipal Water District, which imports water at 2,500 acre-feet. This gives the city a total water supply of 3,440 acre-feet. According to McGee, Sierra Madre uses approximately 1,500 acre-feet of our supply in dry years.

Over the last seven fiscal years, we have averaged approximately 2,200 to 2,400 acre-feet of supply water. But, over the previous two fiscal years alone, this supply dropped to

2,068.6 acre-feet. As a result, water importing costs have risen.

Of course, these figures depend on the amount of rainfall we receive, and those totals are expected to drop over this coming year. In the fiscal year ending 2022/2023, Sierra Madre received historic rainfall totaling over 48 inches. That year, the city's water production dropped from 2,415.5 in the fiscal year ending 2021/2022 to 1989.1 in 2022/2023. In simple terms, sprinklers are turned off when we get more rainfall. McGee praised residents for reducing water (cont. page 3)

Sierra Madre CERT
COMMUNITY EMERGENCY RESPONSE TEAM

FIRE RISK AND INSURANCE!
Are the fires in the local mountains making you nervous? Is your homeowner's insurance strangling your finances? This month we have a special meeting on the Science of Wildfire Risk and how to mitigate it through the Wildfire Prepared Home. Learn what you can do to maintain your homeowner's insurance.

Hear what fire and insurance specialists Rich Snyder and O. P. Almaraz from Allied Disaster Defense have to say. We will also discuss how you can be involved in the new Sierra Madre Fire Safe Council and get grants for brush clearance.

The public is always welcome to join us!

Sierra Madre CERT General Meeting
Thursday, September 26th, 7:00 PM
Hart Park House - Memorial Park
222 W Sierra Madre Blvd, Sierra Madre

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We Are Bringing Out The Big Dogs To Help Make Your 2024/25 Real Estate Dreams Come True.

Fall Is The Perfect Reminder Of How Great Change Can Be.

Is It Time To Sell Your Home And Make The Move You've Always Dreamed Of?

CALL US!
We Want To Help You Achieve Your 2024/25 Real Estate Goals

Interest Rates are down. This is a GREAT time to SELL and BUY!

 Barbara Rogers 626.484.8135 <small>CalRE# 01169115</small>	 Eileen Benson 626.278.0187 <small>CalRE# 01880650</small>

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CENTURY 21
Village Realty

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<p>FOR LEASE</p> <p>HIGHLAND PARK \$2,975 / Mo Beautifully updated 2-bedroom apartment in Highland Park with new kitchen, flooring, renovated bathroom, stunning views, and dedicated parking.</p>	<p>FOR SALE</p> <p>BIG BEAR CITY \$449,000 3 Beds, 2 Bath, 1,301 sf Home Tranquil Big Bear home with central heat, fireplace, balcony, fenced yard, and wraparound deck. Perfect mountain retreat!</p>	<p>FOR SALE</p> <p>DUARTE \$449,000 2 Beds, 2 Bath, 993 sf, TownHouse Duarte gem on quiet ground floor corner lot with patio, pool, hot tub, modern kitchen, and 2-car garage.</p>
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PUBLIC SAFETY - SIERRA MADRE NEWS

VOTE YES ON PS

*** NOVEMBER 2024 ***
Yes on Public Safety for Sierra Madre

Maintain and Preserve a Safe Sierra Madre

For more information, please visit

SierraMadresafety.org




A YES VOTE ON PS WILL:

- ✓ Maintain the **FASTEST** 911 response times, every second counts!
- ✓ Prevent reductions in services vital to our town
- ✓ Attract and retain the best-trained and experienced police officers, firefighters, and paramedics
- ✓ Ensure 100% of funds stay in local Sierra Madre control
- ✓ Provide taxpayer oversight to ensure accountability and transparency

VOTE YES ON PS

PAID FOR BY SAFETY FOR OUR CITY COMMITTEES TOP FUNDER PUBLIC SAFETY UNIONS



SIERRA MADRE POLICE BLOTTER

September 1 – September 7, 2024	
Calls for Service	298
Formal Investigations	10
Total Year to Date for 2024	
Calls for Service	8048
Formal Investigations	367

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Monday, September 9 **Attempt Stolen Vehicle**
 At approximately 8:00 AM, officers responded to the 400 block of East Highland Ave regarding a stolen vehicle report. Based on the officers investigation, it appeared unidentified suspect(s) forced entry into the vehicle and attempted to steal it. The case has been forwarded to the Detective Bureau for follow-up.

Wednesday, September 11 **Traffic Accident**
 At approximately 10:00 AM, officers responded to the intersection of South Hermosa Ave and West Sierra Madre Blvd for a vehicle vs pedestrian traffic accident. Sierra Madre Fire Department was already on scene accessing the pedestrian. Officer's took a report and checked the location.

Wednesday, September 11 **Injured Person**
 At approximately 3:30 PM, officers responded to the 90 block of North Baldwin Ave regarding a theft report. Officers met with the reporting party that advised that his wallet was stolen from his car or home and he possibly knows the suspect that took the wallet. Officers took a report.

Saturday, September 14 **Theft**
 At approximately 3:00 PM, officers responded to the police station lobby to meet with a citizen regarding a theft report. Officers met with the reporting party that advised that his wallet was stolen from his car or home and he possibly knows the suspect that took the wallet. Officers took a report.




Minor Home Rehabilitation Program

This is a Community Development Block Grant (CDBG) program that offers grants for eligible low- and moderate-income senior residents (Age 55+) for minor rehabilitation projects to help improve health & safety standards and mobility. Minor housing rehabilitation grants of up-to \$17,255 are available on a first-come, first-serve basis for eligible single-family homes, based on funding availability.

(Federal program provisions and limitations will apply in accordance with the Program's guidelines)

Household Size	2024 HUD Income Limits							
	1	2	3	4	5	6	7	8+
Maximum Annual Household Income	\$77,700	\$88,800	\$99,900	\$110,950	\$119,850	\$128,750	\$137,600	\$146,500

Eligible Activities Include: (Exclusions may apply)

- ✓ Wheelchair Ramps
- ✓ Handrails
- ✓ Plumbing
- ✓ Grab Bars
- ✓ Roof Repairs
- ✓ Window Replacement
- ✓ Tub Conversions
- ✓ Electrical
- ✓ Other Protective Measures

Accepting Pre-Qualification Applications Beginning September 10, 2024

232 W. Sierra Madre Blvd., Sierra Madre, CA 91024 | (626) 355-7135 | www.sierramadrecalifornia.gov

FRIENDS OF THE SIERRA MADRE LIBRARY

50th Wine & Cuisine Tasting Golden Jubilee

SATURDAY, OCTOBER 5, 2024
 6 – 9:30 PM

LOCATION:
 BALDWIN AVENUE GALLERY (THE BAG)
 12 N. BALDWIN AVE., SIERRA MADRE

TICKETS \$100 PER PERSON



OCT 5TH SATURDAY 9AM

Wellness FAIR

Prepare for a day filled with fun, and excitement at **Sierra Madre Wellness Fair!**

- Bike Ride (8am)
- Educational Workshops
- Healthy Food
- live DJ
- Raffle Prizes
- @Memorial Park



DOWNTOWN SIERRA MADRE HALLOWEEN WINDOW PAINTING

Window Painting is Back!!

Sponsored by the Sierra Madre Civic Club

Gather your friends and paint local merchants' windows in Halloween themes.

The contest is open to youths ages 9-17. At least one member of the team must be a Sierra Madre resident.

Awards for 1st, 2nd, and 3rd place winners in each age category.

For Applications and More Info:
SierraMadreCivicClub.org
 Facebook [sierramadrecalifornia](https://www.facebook.com/sierramadrecalifornia)
 The Library
 City Hall
 Your Local School

PUT SOME SPOOKY PAINT HERE!

YOUR ARTWORK HERE

PAINTING DATES AND TIMES
 FRI, OCT 25, 2-30 P.M. – 6:00 P.M.
 SAT, OCT 26, 7:30 A.M. – 10:00 A.M.

DEADLINE TO TURN IN YOUR APPLICATION TO CITY HALL IS OCTOBER 11, BY 4:30 P.M.

QUESTIONS? INFO@SIERRAMADRECIVICCLUB.ORG



SIERRA MADRE ROSE FLOAT ASSOCIATION

LEGENDARY BINGO

\$25 ENTRY FEE

611 EAST SIERRA MADRE BLVD.
 SIERRA MADRE, 91024

SATURDAY, OCT. 19, 2024
 DOORS OPEN AT 6PM, BINGO AT 7:30PM

FIRST COME, FIRST SERVED SEATING

COSTUMES ENCOURAGED BUT NOT REQUIRED (NO MASKS)

Tickets Sold Online
SierraMadreRoseFloat.org/store

BEER- PIZZA- WINE- SODA



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	90s	Lows	60s
Mon	Sunny	Hi	90s	Lows	60s
Tues	Sunny	Hi	90s	Lows	60s
Wed	Sunny	Hi	90s	Lows	60s
Thur	Sunny	Hi	90s	Lows	60s
Fri	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

Sept. 24, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

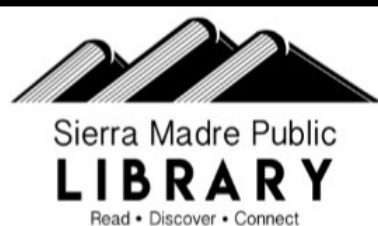
Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



This week at the
**Sierra Madre
Public Library**

September 23 — September 28

Monday

Baby Rhyme Time — Library at 9:00am

Preschool Storytime— Library at
10:00am

Wednesday

Green Teens— Library at 4:00pm

Thursday

Sensory Play— Library at 9:00am.

Registration required

Saturday

Digital Services— Library at 12:00pm—
2:00pm

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

WALKING SIERRA MADRE - The Social Side

 by Deanne Davis

"At the end of the day, if I can say I had fun, it was a good day."
Simone Biles

"By all these lovely tokens, September days are here, with summer's best of weather and Autumn's best of cheer." Helen Hunt Jackson

"Ah, September! You are the doorway to the season that awakens my soul... But I must confess that I love you only because you are a prelude to my beloved October." Peggy Toney Horton

Mornings have been cooler, and there are even places where rain has been reported! Thank you, Simone Biles, for this nifty quote about having fun. I'm trying to convince myself that I'm having fun, even though I just mailed in my property taxes.

I'm sure you all remember my problems with just trying to have an ice cube or two to put in my glass of water. Problem solved. I couldn't wait any longer for my current refrigerator to breathe its last and give up the ghost at the worst time possible, and seeing as how Costco was having an incredible Labor Day sale, a new Whirlpool refrigerator, which makes ice like crazy, is now sitting in my kitchen. I think I like it. I especially like the ice and the 5-year warranty.

Went to the movies and saw "Beetlejuice 2," with the amazing Michael Keaton and most of the cast of the first "Beetlejuice," and loved every minute. We actually laughed out loud and, happily, the theater was full! Everyone else was laughing and it's a huge success. "Beetlejuice 2" tops box office with \$51.6 million in second weekend. We loved it and, apparently, so did the rest of the world.

Speaking of movies, I was clicking through the channels (dozens of them with nothing to watch on any of them) and came across a delightful film, "Star Kid," from 1997. It's a science fiction adventure about a kid whose existence changes drastically after he befriends an alien being who permits the kid to wear its cybersuit. The thing that was great is that it was filmed in Sierra Madre and there are a number of views of stores on Baldwin and Sierra Madre Blvd. I always get so excited when I see our beautiful town immortalized in the movies.

The picture this week is of pumpkins! Bizarre, wart-covered, Halloween worthy pumpkins. These are so neat and I will be displaying them outside my house soon. Trying so hard not to put a lot of Halloween stuff out until next month. But, speaking of pumpkins, you need to make this [Pumpkin Coffee Cake](#). It is fabulous, fast and easy. Meets all my criteria for a good recipe:

Preheat oven to 350 degrees. Spray a 9 x 9 pan with nonstick cooking spray.

2 cups all-purpose flour
¾ cup granulated sugar
2 tsp. baking powder
½ tsp. salt
1 TB pumpkin pie spice

Mix all that together in a large bowl. Stir in:

1 cup pure pumpkin puree (not pumpkin pie filling)
¼ cup vegetable oil
1 tsp. vanilla
½ cup nonfat milk (eggnog works really well, too, and it's in the stores now)

Mix with dry ingredients. Don't overdo it on the stirring. Pour into prepared pan. Set aside.

Streusel Topping: Combine the following in a small bowl.

¼ cup butter, melted
¼ cup all-purpose flour
1 cup brown sugar
1 TB cinnamon
Pinch of salt

Stir with a fork and spread over coffee cake mixture. Bake 30-40 minutes till toothpick inserted 2" from side of pan comes out clean. This is so delicious. You'll have to make it today!

Last Wednesday was the 23rd anniversary of the terrorist attacks on the World Trade Center in New York, the Pentagon in Washington and a field in Pennsylvania. September 11, 2001. Another day of infamy. 2,977 lives were lost that day. John was out running and one of the ladies he saw daily on his run route told him this unbelievable news. I was home reading and when he burst in the door with this awful news, I turned on our TV in time to see the World Trade towers crash again and again. Thousands died and found themselves standing before God's throne. People who had intended to live many more years, who had plans for vacations, children to raise, homes to buy, investments to make, maybe even think about getting closer to God. So much loss, so much heroism. Todd Beamer will live on in our memories as an amazing hero. We will never forget his, "Let's Roll!" as he and others on that plane tried to save everyone on board.

"If we learn nothing else from this tragedy, we learn that life is short and there is no time for hate." Sandy Dahl, wife of Flight 93 pilot Jason Dahl

In a world where you can be anything you want to be... be kind.

My book page: [Amazon.com: Deanne Davis](https://www.amazon.com/Deanne-Davis/e/B000APR004)
There are treasures there! Trust me!

Including "Just Desserts" A Fall Fantasy of Pumpkins Gone Wrong!

WATER - continued from page 1

usage over the last two years. In the 2023/2024 budgetary year, we totaled approximately 27 inches, which is still considered significant. McGee considers any rainfall below 20 inches to be a dry year. Due to excessive rain, our water levels have risen over 100 feet. 2018, the city dipped 333 feet into our basins to reach water. In 2024, water access was established at 206 feet. McGee said he has never seen water levels as high as they are now in Sierra Madre in the last 15 years.

Superintendent McGee and City Manager Jose Reynoso praised the City Staff for collaborating with the Cities of Los Angeles and Arcadia to import water from the San Gabriel Valley Municipal Water District. These efforts help keep Sierra Madre's groundwater at acceptable levels.

The 500' Rule

In 2017, City Staff presented a new Water Rate Model. This model highlighted that adjudicated groundwater rights vary depending on water levels in the aquifer. When water levels are below 500' MSL (Mean Sea Level), Sierra Madre's pumping rights are reduced from 1,764 acre-feet/

year to 940 acre-feet/year. As a result, the city had to import water from the San Gabriel Valley Municipal Water District.

The imported water is placed in our spreading grounds, which can penetrate the earth and blend with current water in the groundwater aquifer. The wells then pump this water, treat it, and send it through the distribution system. Importing water is expensive; as Reynoso pointed out, the city pays \$440 per acre-foot for this luxury.

As of April 2024, when Stetson measured levels from two wells, Sierra Madre was still under the 500' mark. However, Reynoso said the water is at its highest level since levels were first recorded in the 1980s.

The Future and Drought Conditions

The 2024/2025 fiscal year is expected to be dry. Stetson predicts water production rates of about 2,441 acre-feet. The city is expected to be able to meet those demands.

Governor Newsom declared an emergency drought on June 10th, 2022, but rescinded that executive order in

March 2023. Despite no water restrictions on a state level, Sierra Madre has its water conservation guidelines as laid out in Municipal Code Ordinance 1441. They include:

- Prohibit the use of potable water for washing hard surfaces
- Restrict water use for decorative water features such as fountains
- Restaurants may only serve water upon request
- Customers must repair leaks, breaks, and malfunctions promptly
- No landscape irrigation between the hours of 6 a.m. and 6 p.m.
- Restrict or prohibit runoff from landscape irrigation
- Require automatic shut-off hoses (nozzles)
- Prohibit landscape irrigation within 48 hours after measurable precipitation
- Prohibit irrigation or ornamental turf on public street medians.

Reynoso believes these are "common sense" steps to conserve water in the city. For more information on how to conserve water, visit www.cityofsierramadre.com/conservation.

SIERRA MADRE ROSE FLOAT ASSOCIATION SEEKS APPLICATIONS FOR ROYAL COURT

The Sierra Madre Rose Float Association is once again seeking applications for members of our Royal Court to represent the City at local functions and activities and to ride on our float on January 1, 2025 in the Rose Parade* presented by Honda.

This year we are searching for up to three (3) Royal Court members.

Duties will include:

- SPEAKING TO LOCAL SERVICE ORGANIZATIONS AND CLUBS
- PRESENTING TO THE SIERRA MADRE CITY COUNCIL
- DECORATING OUR FLOAT AND WORKING IN OUR SALES BOOTH
- REPRESENTING US IN PUBLICITY OPPORTUNITIES
- RIDING ON THE FLOAT IN THE 2025 ROSE PARADE* PRESENTED BY HONDA
- WORKING AT FLOATFEST ON JAN. 2ND, 2025, INTERACTING WITH VISITORS

- VARIOUS EVENTS THROUGHOUT THE 2025 CALENDAR YEAR

Princesses/Ambassadors will have a very exciting and educational year!

Application Guidelines and Process:

1) Applicants must be 15 to 18 years old, have a 3.0 grade average, and be a resident of Sierra Madre. Royal Court members must be available to participate in the speaking engagements (November & December) and during our Deco Week (December 26 - 31).

2) Applications are available on our website at: www.sierramadrerosefloat.org

3) Applications must be emailed to info@sierramadrerosefloat.org by Wednesday, October 2, 2024. Applications submitted later than October 2nd will not be considered.

4) Applicants must be able to attend judging interviews on the afternoon of Sunday, October 6th. The Sierra Madre Rose Float Association Royal Court will be presented to the membership on Sunday, October 20, 2024 at 5:00 p.m. at the SMRFA Barn, located at 587 E. Sierra Madre Blvd., Sierra Madre.

For more information or questions, please contact info@sierramadrerosefloat.org.

Pasadena Altadena



News From Your Community For Your Community

Pasadena Loves YA Festival 2024 Cancelled

Pasadena Public Library staff announced Thursday that the annual Pasadena Loves YA Festival set for today has been cancelled.

The region's premiere book festival celebrating young adult literature will not be held this year due to the closure of Pasadena's Central Library, pending a necessary seismic retrofit.

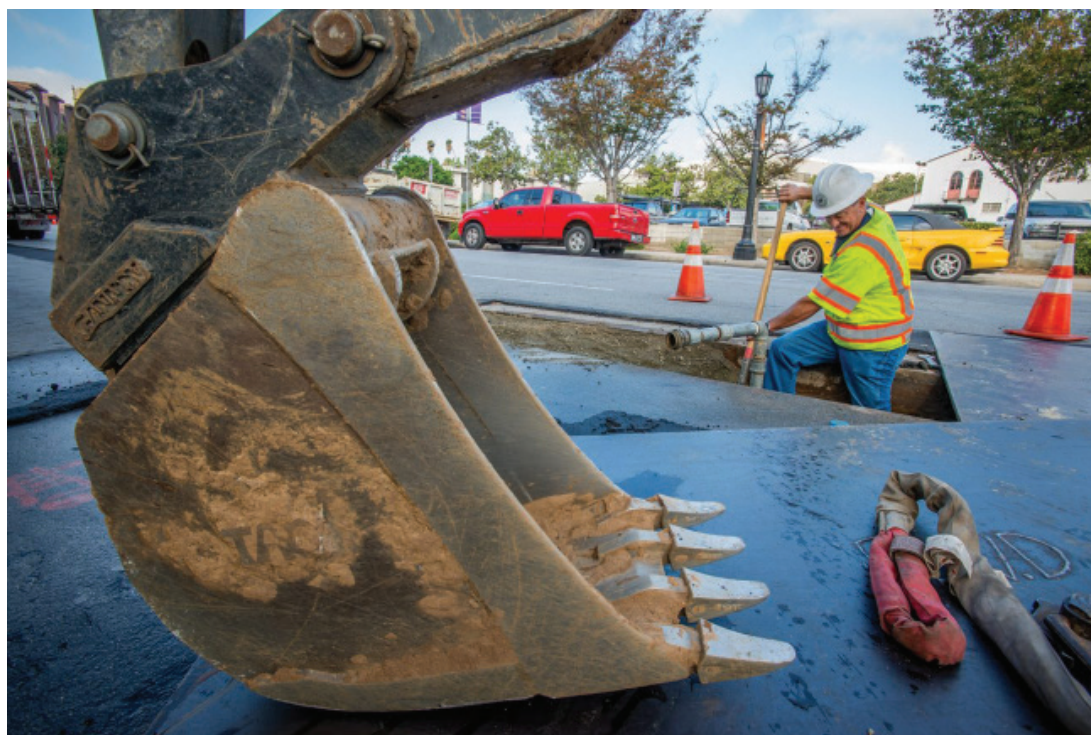
Young Adult (YA) Fiction is one of the most popular literary genres and the basis for one of Pasadena Central Library's much anticipated fall programs, Pasadena Loves YA. This Teen Book Festival attracted lovers of YA Fiction who traveled from San Diego, Santa Barbara, San Francisco, Sacramento, and as far away as Utah and Arizona to attend the event. YA literature, while advertised by publishers for ages 12-18, has traditionally attracted many young adults up to senior citizens. These tweens, teens and adults consistently showed up every year to hear from their favorite authors, purchase their books and have them signed as well and enjoy a "Book Blitz" giveaway at the end of the festival. Event attendance grew each year as more and more YA fans heard about the festival. Past attendees have reported discovering new reading materials and enjoying the event when they were teens at Central Library and have contacted the library staff years later to ask about the event and recall how much they enjoyed it and want to attend again.

The closure of the Library in May 2021 for necessary earthquake retrofitting and building repairs significantly impacted this program. The festival used the majority of space in Central Library for the event, taking over the Donald Wright Auditorium, Children's Wing, Story Room, Teen Central, Studio on 4th, the library's courtyard and all other meeting space in the building. With Central Library temporarily closed, it is not possible to replicate the festival in the City's much smaller branch libraries. The festival will remain cancelled until further notice.

Senior Librarian and Festival Organizer Jane Gov said, "I often hear from authors who are participating that they really like the intimacy of our event (and also the organization). We do have a reputation of being very organized and thorough."

The closure of Central Library has had a detrimental impact on library programs and events, especially teen events like Pasadena Loves YA.

To learn more visit CityOfPasadena.net/Library/Central-Library-Earthquake-Retrofit/.



Major Water Main Upgrade Completed

City officials announced Tuesday that Pasadena Water and Power (PWP) successfully completed a critical upgrade to a 110-year-old 10-inch cast iron water main along Bellefontaine Street.

"The new 12-inch ductile iron water main spans approximately 1,400 feet from Pasadena Avenue to Fair Oaks Avenue. This upgrade enhances water service reliability for the city, including three medical office plazas, two nursing facilities, and one hospital," they said. The Bellefontaine Street Water Main Replacement Project presented several challenges. The main serves numerous critical facilities that require uninterrupted water service and vehicle access. The area also contains many existing underground utilities,

including gas, electrical, and telecommunication lines.

Through interdepartmental collaboration within the City of Pasadena, including key support from the Pasadena Fire Department, the Department of Public Works, and the Department of Transportation, PWP successfully completed the project on schedule. It exemplifies PWP's commitment to proactively improving the city's water infrastructure and ensuring reliable water service.

"Infrastructure projects like this are vital to our mission of continuing to deliver reliable, high-quality water to the community," says Chief Assistant General Manager, Stacie Takeguchi. "Thanks to the support of the local community, City partners, and our dedicated PWP team,

we were able to complete this project efficiently and effectively. We are proud that this water main will serve the City of Pasadena for generations to come."

For complete details on active and recently completed projects, visit: PWPweb.com/Construction.

PWP provides electricity to more than 65,000 customers within Pasadena. PWP delivers water to nearly 38,000 households and businesses in Pasadena and adjacent communities in the San Gabriel Valley. As a community-owned utility, PWP is a not-for-profit public service owned and operated by the City of Pasadena for the benefit of its customers and the community.

City Seeks Police Auditor

City of Pasadena officials announced Wednesday that they are seeking to contract with an independent police auditor to advise the city's 11-member Community Police Oversight Commission.

They said that eligible firms or individuals are encouraged to review the request for proposals for independent police auditor, which can be found on the city's website at cityofpasadena.net, at the Community Police Oversight Commission's website, City Attorney's website, and at the link for the City's online procurement website (OpenGov). The deadline for posing questions about the request for proposals is September 27 and the deadline for submitting proposals is October 11.

The independent police auditor will be expected to perform the following duties, among others, as set forth by the ordinance adopted by the City Council in

October 2020:

- Serve as a best-practices advisor to the Community Police Oversight Commission;
 - Review categorical uses of force by Pasadena Police Department personnel to assess whether the police department's investigation was complete, thorough, objective, and fair;
 - Review investigations of personnel complaints of bias-based policing;
 - Where directed by or in conjunction with the commission, recommend changes to police department policies; and
 - Issue public reports.
- Proposals must be submitted no later than 5 p.m. on Friday, Oct. 11. Details relating to the scope of work and online submission instructions can be found in the request for proposals. - Local Pasadena businesses, small and micro-businesses, and women and minority-owned businesses are encouraged to propose.

City set to Hold First Clean Energy Meeting Thursday

Interim General Manager of Pasadena Water and Power David Reyes, announced this week that they are set to hold the first virtual meeting, Thursday, September 26 from 6:00 p.m. to 7:30 p.m., on Pasadena's pathway to carbon-free electricity charted through a comprehensive Optimized Strategic Plan ("OSP").

The OSP is a roadmap that will define the key actions and future decision points to help best position PWP to achieve the city's goal to source all electricity from carbon-free sources by the end of 2030 while maintaining reliability and limiting cost impacts to customers. The OSP will consider how new generation resources, infrastructure investments and customer programs can facilitate the transition to Pasadena's carbon-free goal.

Community members can attend the meeting by going to PWPweb.com/OSP or calling (669)-444-9171 and using the webinar ID 878 4401 2192 at the designated meeting time.

Pasadena Fire older adults Falls Prevention Awareness

The first day of fall, Monday, marks Falls Prevention Awareness Day and the Pasadena Fire Department is encouraging people to learn more about how to prevent fall-related injuries that affect older adults.

"We have seen a significant increase in falls and many of the situations are avoidable. We are hoping our outreach and education will help bring down these numbers and keep our community safer long-term. Often when physicians recommend that a patient use assisted devices such as a cane or a walker, they should continue to use them at home as well, but many don't because they have a false sense of security in their own home," states Fire Chief Chad Augustin.

According to the National Council on Aging, falls are the leading cause of both fatal and nonfatal injuries for people aged 65+. Falls can result in hip fractures, broken bones, and head injuries. And even falls without a major injury can cause an older adult to become fearful or depressed, making it difficult for them to stay active.

The fear of falling can make it difficult for an older adult to stay active, which can take a serious toll on their quality of life and independence. But falls are not an inevitable part of aging and there are proven ways to prevent them. Exercising, managing medications correctly, and making the living environment safer are just a few tips.

Here are some common factors that can lead to a fall:

- Balance and flexibility: As we age, most of us lose coordination, flexibility and balance primarily through inactivity, making it easier to fall.

- Vision: In the aging eye, less light reaches the retina making contrasting edges, tripping hazards, and obstacles harder to see. New research suggests hearing loss can also contribute to the risk of falling.

- Medications: Some prescriptions and over-the-counter medications can cause dizziness, dehydration, or



interactions with each other that can lead to a fall.

- Environment: Most seniors have lived in their homes for a long time and have never thought about simple modifications that might keep it safer as they age.

- Chronic conditions: More than 90% of older adults have at least one chronic condition like diabetes, stroke, or arthritis. Often, these increase the risk of falling because they result in lost function, inactivity, depression, pain or multiple medications.

- The good news about falls is that most of them can be prevented. Here are six easy steps to reduce the risk of falls:

- Find a good balance and exercise program: Look to build balance, strength, and flexibility. Find a program you like and take a friend.

- Talk to your healthcare provider: Ask for an assessment of your risk of falling. Share your history of recent falls.

- Regularly review your medications with your doctor or pharmacist: Make sure side effects aren't increasing your risk of falling. Take medications only as prescribed.

- Get your vision and hearing checked annually and update your eyeglasses: Your eyes and ears are key to keeping you on your feet.

- Keep your home safe: Remove tripping hazards such as throw rugs, increase lighting, make stairs safe, and install grab bars in key areas.

- Talk to family members: Enlist their support in taking simple steps to stay safe. Falls are not just a seniors' issue.

For more information visit: cityofpasadena.net/fire.

City Testing Shade Amenity at Three Pasadena Bus Stops

Director of Transportation, Joaquin Siques and the department are (DOT) seeking input from transit riders and the general public on transit infrastructure options and the benefit of shade creation at bus stops. As part of this effort, the department is temporarily testing the ShadeBlade at bus stops through mid-October. The ShadeBlade is a solution that has been developed by the city's shelter contractor, Outfront/Decaux. The ShadeBlade aims to provide shade at a bus stop with a rotating design that can block the sun at any time of day. This amenity is temporarily

being tested to determine if in the future a bus stop amenity such as this one could be an additional shade option, especially where bus shelters cannot fit.

The ShadeBlade will first be installed at the bus stop at westbound Colorado Boulevard and Hill Street from Monday to Monday September 30. The ShadeBlade will move to two additional locations in Pasadena in October, with location information to be shared later this month.

Feedback can be provided via a survey at bit.ly/ShadeBlade.

Pasadena Awarded 1.5M Safe Streets Grant

Director of Transportation, Joaquin Siques announced Thursday that the department was successful in its grant application for the U.S. Department of Transportation Safe Streets and Roads for All fiscal year 2024 demonstration program. The grant will provide \$1,556,520 to install a demonstration project, built with temporary 'quick-build' materials, to evaluate traffic calming safety improvements on El Molino Avenue from Atchison Street to Bonita Drive, connecting the entire City from north to south limits. El Molino Avenue is one of four planned Greenways, traffic-calmed streets prioritizing people walking and biking. These grant funds will allow the City to work with the community to identify preferred Greenway traffic calming safety treatments before committing funds to build permanent improvements as part of the larger twelve-million-dollar Greenways Project funded by Measure R. Outreach and public engagement for the El Molino Avenue Greenway project would begin in summer 2025, with the quick-build elements installed and evaluated through 2026, which will inform the final design effort for permanent greenway improvements. For more information visit: cityofpasadena.net.



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The Great Gala, celebrating 20 Years of Serving Families in Pasadena - Community Leaders Marchelle Sellers and LA Financial Credit Union to be Honored

PASADENA, CA – Get ready for an evening of glitz and glamour! On Saturday, October 12, 2024, supporters of Ronald McDonald House Pasadena will gather to mark an exceptional milestone—20 years of providing a home-away-from-home for families seeking life-changing medical care for their child. SHINE: The Great Gala, Celebrating Our Roaring 20th Anniversary will take place under the stars at a private golf club in Pasadena. Community leaders, advocates, and passionate supporters will pay homage to the past while looking ahead to the exciting future.

The evening will recognize this year's community and corporate honorees: Marchelle Sellers and LA Financial Credit Union. Twenty years ago, Marchelle Sellers and a community of other parents were inspired by their personal experiences to open a Ronald McDonald House in Pasadena. LA Financial Credit Union has been a legacy partner across the decades, providing meaningful financial support, leadership, and volunteer power.

Mara Leong-Maguinez, Executive Director, shares, "Ronald McDonald House Pasadena is a place built of love. A home-away-from-home created by people who understood the need for a community of support when facing a child's critical illness or injury. Since opening our doors in 2004, thousands of children and their families have found comfort and care within the iconic craftsman homes on Pasadena Avenue, and we can't wait to see what the future holds for the House."

Funds raised through SHINE: The Great Gala will support the Ronald McDonald House Pasadena mission of providing comfort and care to families with critically ill or injured children, keeping them close to one another, their doctors, and needed medical care.

The gala committee is co-chaired by Yvonne Ballesteros and Stefanie Aguilar Iacobucci. Sponsors for the event include Reliance, Inc. LA Financial Credit Union, 88 International, Bank of America, Charity on Top, The Felton Family, Riboli Family Wine Estates, and Sharp Seating Company.

Space is limited at the exclusive venue, so do not hesitate! To reserve your space and support children and families, tickets and sponsorship opportunities are available at www.rmhcsc.org/shinegala.

About Pasadena Ronald McDonald House

Ronald McDonald House Pasadena celebrates 20 years of providing a home-away-from-home that removes barriers, strengthens families, and promotes healing when children need healthcare. The House was built on the simple idea that nothing else should matter when a family is focused on the health of their child—not where they can afford to stay, where they will get their next meal, or where they will lay their head at night to rest. Ronald McDonald House Pasadena occupies three historic homes in Pasadena, just steps away from Huntington Health and Shriners Children's, and offers 17 guest bedrooms. Families staying at the House have access to a fully stocked pantry, meals prepared by volunteer groups, a large yard with outdoor seating, and therapeutic family support services. Ronald McDonald House Pasadena is a program of the Ronald McDonald House Charities of Southern California. For more information, please visit our website at www.rmhcsc.org/Pasadena.

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FORMER SIERRA MADRE STUDENT WINS INTERNATIONAL STUDENT FILM AWARD

Aaron Johnson, a product of Sierra Madre Elementary, Sierra Madre Middle School and Lasalle High School, won the Student Academy Award for documentary film.

The Academy of Motion Picture Arts and Sciences has voted 15 students as winners of the 51st Student Academy Awards® competition. This year, the Student Academy Awards competition received 2,683 entries from 738 colleges and universities worldwide. The 2024 winners join the ranks of such past Student Academy Award® winners as Patricia Cardoso, Pete Docter, Spike Lee, Patricia Riggen and Robert Zemeckis.

The Academy announced last month that the presentation ceremony for its annual international student film competition will be held in London this year in partnership with Rolex. Traditionally held at the Academy's Samuel Goldwyn Theater in Beverly Hills since its inception, the 51st Student Academy Awards will take place at the ODEON Luxe Leicester Square in London on Monday, October 14, at 7:00 p.m. BST. The ceremony is free and open to the public, but advance tickets are required and are available online here.

The winners are (listed alphabetically by category):

Alternative/Experimental

Akshit Kumar, "bonVoyage pour monVoyage," National Institute of Design, India
 Birdy Wei-Ting Hung, "A Brighter Summer Day for the Lady Avengers," San Francisco State University
 Dori Walker, "In Living Memory," Brown University

Animation

Florian Maurice, Maxime Foltzer & Estelle Bonnardel, "Au Revoir Mon Monde," MoPA 3D Animation School, France
 Kei Kanamori, "Origami," Digital Hollywood University, Japan
 Spencer Baird, "Student Accomplice," Brigham Young University

Documentary

Rishabh Raj Jain, "A Dream Called Khushi (Happiness)," New York University
 Hannah Rafkin, "Keeper," School of Visual Arts
 Aaron Johnson, "The 17%," Chapman University

Narrative

Pavel Sýkora & Viktor Horák, "The Compatriot," Filmová Akademie Miro-slava Ondříčka v Písku, Czech Republic
 Jens Kevin Georg, "Crust," Film University Babelsberg KONRAD WOLF, Germany
 Robin Wang, "Neither Donkey nor Horse," University of Southern California

First-time honors go to National Institute of Design, Digital Hollywood University and Filmová Akademie Miroslava Ondříčka v Písku.

Gold, silver and bronze placements in the four award categories will be announced at the ceremony. In partnership with the BFI London Film Festival, Student Academy Award winners will have access to panels and networking opportunities. In addition, winners will have exclusive access to Academy members to support their career advancement.

All Student Academy Award-winning films are eligible to compete for 2024 Oscars® in the Animated Short Film, Live Action Short Film or Documentary Short Film category. Past winners have gone on to receive 67 Oscar® nominations and have won or shared 15 awards.

The Student Academy Awards were established in 1972 to provide a platform for emerging global talent by creating opportunities within the industry to showcase their work.

SCHOOL DIRECTORY

Alverno Heights Academy
 200 N. Michillinda Sierra Madre, Ca. 91024
 (626) 355-3463
 Head of School: Joanne Harabedian
 E-mail address: jharabedian@alvernoheights.org

Arcadia Christian School
 1900 S. Santa Anita Avenue Arcadia, CA 91006
 Preschool - TK - 8th Grade
 626-574-8229/626-574-0805
 Email: inquiry@acsions.com
 Principal: Cindy Harmon
 website: www.acslions.com

Arcadia High School
 180 Campus Drive Arcadia, CA 91007
 Phone: (626) 821-8370, Principal: Brent Forsee
 bforsee@ausd.net

Arroyo Pacific Academy
 41 W. Santa Clara St. Arcadia, Ca.
 (626) 294-0661 Principal: Phil Clarke
 E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
 Ms. Rose Navarro, Principal
 2660 East Orange Grove Blvd.
 Pasadena, Ca 91107
 626-793-2089
 https://school.abvmpasadena.org/

Barnhart School
 240 W. Colorado Blvd Arcadia, Ca. 91007
 (626) 446-5588
 Head of School: Tonya Beilstein
 Kindergarten - 8th grade
 website: www.barnhartschool.org

Bethany Christian School
 93 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-3527
 Preschool-TK-8th Grade
 Principal: Jonathon Hawes
 website: www.bcsions.org

Clairbourn School
 8400 Huntington Drive
 San Gabriel, CA 91775
 Phone: 626-286-3108 ext. 172
 FAX: 626-286-1528
 E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
 822 E. Bradbourne Ave., Duarte, CA 91010
 (626) 301-9809
 Principal: Nancy Lopez
 www.foothilloaksacademy.org
 office@foothilloaksacademy.org

Frostig School
 971 N. Altadena Drive Pasadena, CA 91107
 (626) 791-1255
 Head of School: Jenny Janetzke
 Email: jenny@frostig.org

The Gooden School
 192 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-2410
 Head of School, Jo-Anne Woolner
 website: www.goodenschool.org

High Point Academy
 1720 Kinneloa Canyon Road
 Pasadena, Ca. 91107
 Head of School: Gary Stern 626-798-8989
 website: www.highpointacademy.org

La Salle College Preparatory
 3880 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 351-8951 website: www.lasallehs.org
 Interim Principal Ernest Siy

Monrovia High School
 325 East Huntington Drive, Monrovia, CA 91016
 (626) 471-2800 Principal Darwin Jackson
 Email: schools@monrovia.k12.ca.us

Odyssey Charter School
 725 W. Altadena Dr. Altadena, Ca. 91001
 (626) 229-0993 Head of School: Lauren O'Neill
 website: www.odysseycharterschool.org

Pasadena High School
 2925 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 396-5880 Principal: Mathew Kodama
 website: http://pchs.pusd.us

St. Rita Catholic School
 322 N. Baldwin Ave. Sierra Madre, Ca. 91024
 Principal: Jon McMaster (626) 355-6114
 mcmaster@st-ritaschool.org
 Website: www.st-ritaschool.org

Sierra Madre Elementary School
 141 W. Highland Ave, Sierra Madre, Ca. 91024
 (626) 355-1428
 Principal: Dr. Jodi Marchesso
 E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
 160 N. Canon Sierra Madre, Ca. 91024
 (626) 836-2947 Principal: Garrett Newsom
 E-mail address: newsom.garrett@pusd.us

Walden School
 74 S San Gabriel Blvd
 Pasadena, CA 91107 (626) 792-6166
 www.waldenschool.net

Weizmann Day School
 1434 N. Altadena Dr. Pasadena, Ca. 91107
 (626) 797-0204
 Lisa Feldman: Head of School

Wilson Middle School
 300 S. Madre St. Pasadena, Ca. 91107
 (626) 449-7390 Principal: Ruth Esseln
 E-mail address: resselln@pusd.us

Pasadena Unified School District
 351 S. Hudson Ave., Pasadena, Ca. 91109
 (626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
 234 Campus Dr., Arcadia, Ca. 91007
 (626) 821-8300 Website: www.ausd.net

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Fighting Fires!

Fire Prevention and Safety

Let's all help to prevent fires. You can start by talking with grownups in your family about fire safety and prevention. Check at your school to see if firefighters can come to talk to your class. **Cut out this checklist and hang it on your refrigerator or bulletin board.**


Read these clues to fill in the puzzle with people and the things they use to fight fires:

Family Fire Safety Checklist

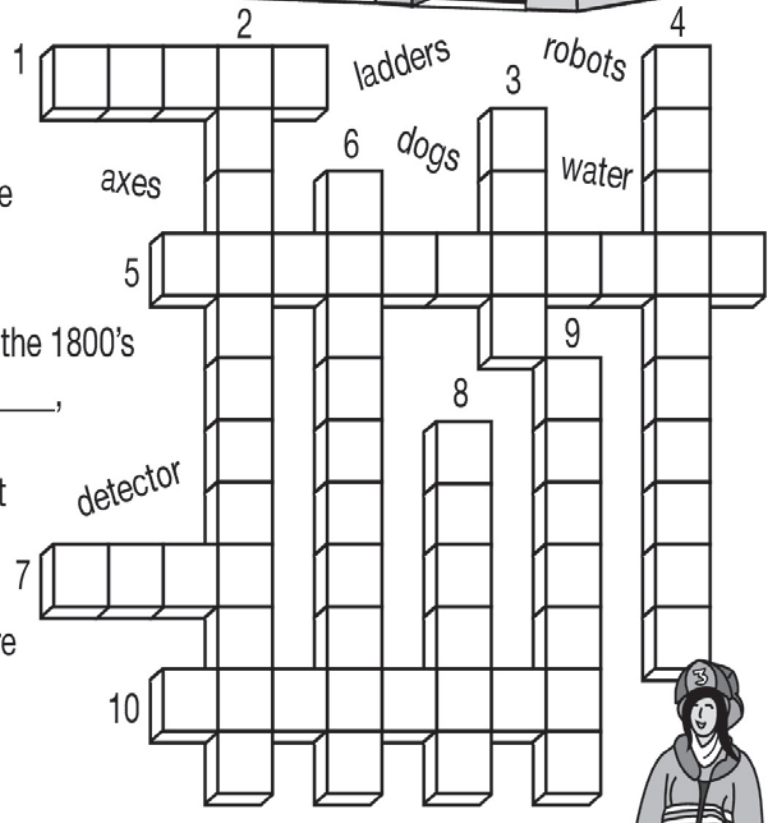
Do you know that some dogs live in fire stations?

- Cook in the kitchen only when an adult is helping you.
- Don't touch matches, lighters or candles. They are only for adults to use.
- Do you have smoke detectors on every level of your home? Test them monthly. Change the batteries at least once a year.
- Do you know two or more ways out of the house?
- Never use elevators if there is a fire (stairs are much safer).
- Smoke rises. If there is a fire, stay low: crawl under the smoke.
- Have you picked a place to meet the rest of your family once you are all out of the house?
- Once you are out of the house, stay out of the house.


- hydrants pump hundreds of gallons of _____ each minute
- a fire _____ should be in every kitchen
- horses of fire carriages in the 1800's were protected by _____, especially dalmatians
- firefighters and equipment are brought by a _____ to the scene
- person who teaches us fire safety and protects us
- a _____ can be used to pick up water from a lake and drop it onto a fire
- _____ are used to chop down locked doors or walls
- _____ extinguish fires without endangering any firefighters



firefighter
fire engine
extinguisher
helicopter



1. hydrants pump hundreds of gallons of _____ each minute
 2. a fire _____ should be in every kitchen
 3. horses of fire carriages in the 1800's were protected by _____, especially dalmatians
 4. firefighters and equipment are brought by a _____ to the scene
 5. person who teaches us fire safety and protects us
 6. a _____ can be used to pick up water from a lake and drop it onto a fire
 7. _____ are used to chop down locked doors or walls
 8. _____ extinguish fires without endangering any firefighters
 9. a special fire truck carries long _____ to reach high spots (skyscraper)
 10. a smoke _____ gives warning of fire



PUZZLES FOR YOU

Mountain View News Saturday, September 21, 2024

- NBA**
- ACROSS**
- Port city in Japan
 - *Team ride
 - Nordic native
 - Equipped with feathers
 - Cigarette deposit
 - *Arena, e.g.
 - Not odds
 - Hawaiian welcome wreath
 - Bone hollows
 - *NBA headquarters location
 - *Bill _____ NBA Finals Most Valuable Player award
 - "Roses _____ red ..."
 - *NBA centers typically have long ones
 - Tarzan the _____ Man
 - Cry like a baby _____
 - 3.26 light-years
 - *"Off The Wall" shoe
 - Living quarters
 - Shop _____ slogan
 - "I'm _____ you!"
 - Got some shuteye
 - Comme ci, comme ça
 - Brandish
 - Ski hill ride
 - Contractor's work order
 - *Basketball blocking move
 - Swedish shag rugs
 - Member of a "benevolent and protective order"
 - Kind of cola
 - Thrice-repeated dance step
 - *Power _____ position
 - *NBA team with most championships
 - Deprive of armor
 - Genetic acronym
 - Plural of ostium
 - Junk yard stuff
 - Geisha's sash
 - *Nickname for 61 Across
 - Ooze
 - *NBA Sixth _____ of the Year Award
 - Type of leaf cabbage, pl.

- DOWN**
- Bun baker
 - "_____ me a seat"
 - From square one
 - Tanzania's northern neighbor
 - Not absorb, nor repel
 - Refuse to comply
 - Wear and tear
 - Bake an egg
 - Sunglasses "glass"
 - Cassino chip
 - Not knit
 - Church sound
 - Lord's subordinate
 - Good _____, book lovers' app
 - Strike caller
 - High school math class
 - Declares to be true
 - Sweat-inducing attack
 - Come in!
 - *The Stilt's first name
 - David Schwimmer on "Friends"
 - Breadth
 - Art support
 - *Shot _____, NBA countdown timer
 - Cobbler's concern
 - Fix a dog
 - Vanish without this?
 - Abscond
 - Conjunction that joins alternatives and negatives
 - Inferior goods
 - Read-only disc
 - Away from port
 - Much ado
 - One time
 - Like pink steak
 - Sandwich alternative
 - Abel's big brother
 - It will
 - Give a ticket
 - Fresh talk
 - *Commissioned by Adam Silver

CROSSWORD

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Blue & Gold Tea

September 25th, 1pm

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Entertainment by Katti Z
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Sept. 14, 2024 Solutions

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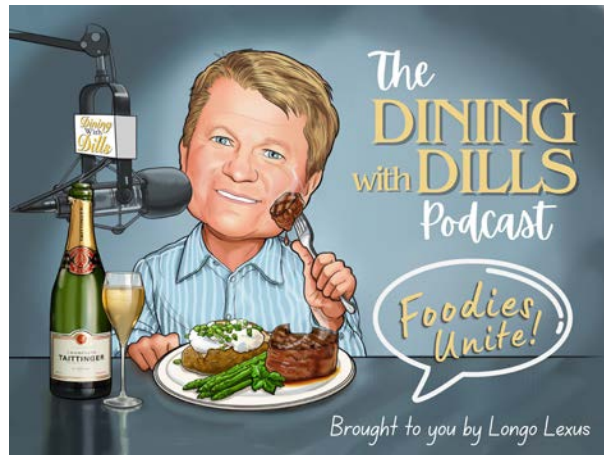
SOUR GRAPES

by Tim Jones

WE'VE BEEN THROUGH A LOT TOGETHER AND YOU'VE ALWAYS BEEN THERE FOR ME, OMINOUS.

THROUGH THE GOOD TIMES AND BAD, YOU'VE BEEN THE BEST PET A DOG COULD EVER WANT. IT'S HARD FOR ME TO SAY, BUT SOMEHOW, I FEEL LIKE YOU'RE SOMEONE I CAN LOOK UP TO...

FIGURATIVELY SPEAKING, OF COURSE.



COLOMBO'S ITALIAN RESTAURANT: Old-School Charm in Eagle Rock

Yes, I know what you're thinking—another Italian restaurant? Didn't I just write about one last week? Guilty! But when the food's this good, why not stick with the Italian theme? Last week, it was Stoney Point in Pasadena, and this week, I visited the old-school charm of Colombo's Italian Restaurant in Eagle Rock. Now, I'll admit, they're taking a break from the live jazz (which is usually a staple), but that didn't stop me from enjoying one of my favorite places.

I'm a creature of habit when it comes to Colombo's, and 9 times out of 10, it's all about the pasta. This time was no different—though let me just remind everyone, Colombo's also serves the best \$30 Porterhouse steak in all of Los Angeles (I've said it many times on my radio show, and I'll say it again!). But back to the pasta...

This time, the dish that really stood out was the Linguine with Bolognese sauce, with an extra meatball for good measure. And not just any meatball—it's the same one they use for their delicious meatball sandwich. Rich, hearty, and packed with flavor, the Bolognese sauce clung perfectly to the linguine, while the meatball added that extra touch of indulgence. It's comfort food at its finest, and it's what keeps me coming back to Colombo's time and time again.

And let's not forget the salad. Colombo's serves a winner with their crisp salad topped with Green Goddess dressing—a rarity these days in Los Angeles. Hard to find on most menus, this creamy, herb-packed dressing adds a fresh, tangy punch that perfectly complements the hearty Italian fare. No visit to Colombo's would be complete without a stop at the bar, where Julie Bransky reigns supreme. A huge Dodgers fan, she holds her own in any baseball conversation. Try to throw her a slider when it comes to drinks, and you'll be met with a fastball right down the middle—she knows them all! Julie can make a mean martini, whether you like it shaken or stirred, and she's a real star at the bar, keeping the drinks flowing with a smile and a story.

As for the service, it's nothing short of impeccable. The staff here make you feel like family, offering a perfect balance of attentiveness without being overbearing. Friendly and warm, they remember your preferences, offer thoughtful recommendations, and ensure everything runs smoothly. Even on a busy night, they maintain that old-school hospitality that's becoming harder to find.

And really, who wouldn't want to dine at "the neighborhood restaurant that you wish was just down the street from you"? Colombo's lives up to that tagline by delivering comfort, flavor, and charm every time you walk through the door.

So, yes, another Italian review two weeks in a row. But when the food is this good, can you really blame me? Colombo's continues to hold its place as a classic, old-school gem in the heart of Eagle Rock.

Colombo's Italian Restaurant 1833 Colorado Blvd, Eagle Rock, CA 90041

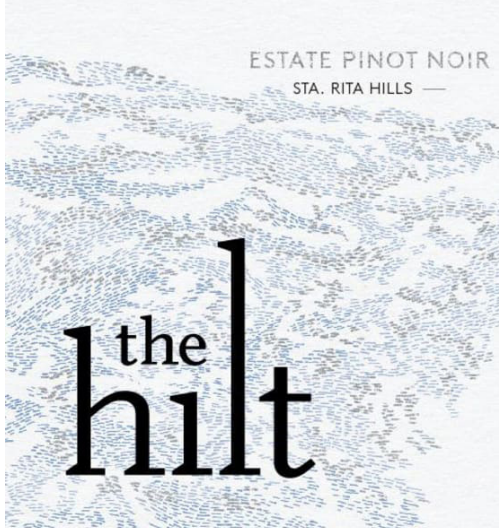
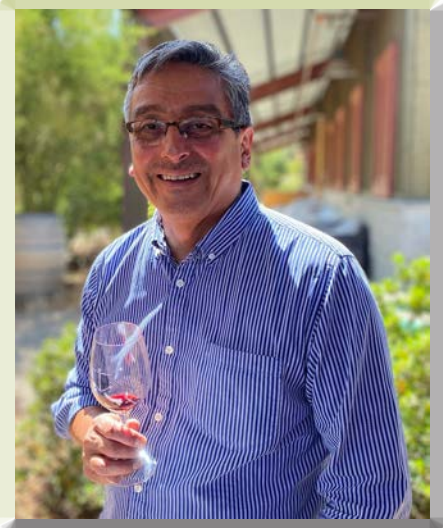
THE TASTING ROOM

MY STA. RITA HARVEST FEST

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

Sierra Madre has their St Rita Harvest Fest and I have mine. I'm talking about Sta Rita Hills, one of my favorite wine regions in all of California.

Sta Rita Hills is located between the towns of Buellton and Lompoc. It's primarily



known for Chardonnay and Pinot Noir but has 18 other varieties growing in the region too. The prominent geographical feature of Sta Rita Hills is the "funnel effect" produced by the Purisima Hills and the Santa Rosa Hills which run west to east. This lets the cool Pacific Ocean breeze flow inland over the vineyards and allows the grapes to mature over a longer period.

The Hilt Estate is owned by Stan Kroenke who also owns Screaming Eagle and Jonata wineries. In addition to those wineries, he also owns the LA Rams, the Denver Nuggets, Colorado Avalanche, Colorado Rapids and the U.K.'s Arsenal football club. The winemaker at The Hilt is Matt Dees who I consider one of the best winemakers in California.

The 2021 Hilt Estate Pinot Noir is sourced from the Radian and Bentrack Vineyards. These vineyards are sustainably farmed. The wine spent 11 months in French oak. The wine is nuanced and complex. Notes of dried herbs, cherry, and subtle pepper. On the palate, rose, violet, dried cherry, and savory herbs. Wonderful acidity flows throughout the finish. This wine is balanced, complex, and has structure and depth.

A lot of people look to Sea Smoke for Pinot Noir from Sta. Rita Hills, for my money, I prefer The Hilt. With Matt Dees making the wines, and Ruben Solorzano as the vineyard manager, you have a great team in place that outperforms that other more famous winery. Get this wine and have your own Sta Rita Harvest Fest this weekend! Have it with a grilled Tri-Tip!

The 2021 Hilt Estate Pinot Noir is available at The Bottle Shop for \$49.99. Say you saw it in the Mountain Views News and get it for \$46.99 through Monday, September 21st.

Scan the QRCode to sign up for our newsletter.

Until next time – Salud!



ALL THINGS By Jeff Brown A FEW NON-DUALITY QUOTES

Non-duality means 'not two'. Non-duality is a philosophy where the distinctions between self and others dissolve into oneness.

"Let come what comes, let go what goes. See what remains."
- Ramana Maharshi

"Happiness is your nature. It is not wrong to desire it. What is wrong is seeking it outside when it is inside."
- Ramana Maharshi

"Realization is not the acquisition of anything new nor is it a new faculty. It is only removal of all camouflage."
- Ramana Maharshi

"Once you know with absolute certainty that nothing can trouble you but your own imagination, you come to disregard your desires and fears, concepts and ideas and live by truth alone."
- Nisargadatta Maharaj

"You are the universe experiencing itself" - Alan Watts

"The meaning of life is just to be alive. It is so plain and so obvious and so simple. And yet, everybody rushes around in a great panic as if it were necessary to achieve something beyond themselves" - Alan Watts

"Know with assurance that you are not a limited person bound up in thought. You are the sky-like presence-awareness in which the whole universe is appearing."
- John Wheeler

"For I am already that which I seek. Whatever I seek or think I want, however long the shopping list may be, all of my desires are only a reflection of my longing to come home. And home is oneness, home is my original nature. It is right here, simply in what is. There is nowhere else I have to go, and nothing else I have to become" - Tony Parsons

I rest in that which never comes and never goes away." - Tony Parsons

"You don't have to 'do' anything to be enlightened! You don't have to eat like a vegetarian. You don't have to worship a guru. You do not have to clean your chakras."
- Paul Smit

"The known always changes; knowing/awareness never changes."
Rupert Spira,

"What is wrong with right now if you don't think about it" - Sailor Bob Adamson

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[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

GROWING YOUR OWN VITAMINS

Vitamins. Everyone needs them. We should take some every day. And they come in bottles, right? Well, yes and no.

The original sources of many common vitamins and minerals are plants, and several of these are quite easy to cultivate in our own yards. That means we are getting our vitamins and minerals fresh, pure, and in a balanced form. Grow your own vitamins in your yard, and eat them in your food. This is not a particularly unusual idea. For millennia, people obtained their needed nutrition from the food they ate. In fact, the only reason we've all become so dependent on bottled vitamins is that our normal supermarket foods have steadily become poorer sources of our needed vitamins and minerals. The reasons for this are complex, but can be summarized by the fact that too many commercial food producers focus more on profit when it comes to our food, and less on the nutritional aspects.

Roses are great to grow in any garden because they provide beauty and fragrance. Also, if you let the fruits mature (referred to as the "hips"), you'll have a rich source of vitamin C. The only known source of vitamin C that is richer is the acerola. Rosehips contain about 7,000 mg. of vitamin C per pound, a remarkable amount. By contrast, a pound of oranges (depending on the type of oranges) contains anywhere between 100 to 250 mg. of vitamin C.

To use rose hips, you snip off the orange-red mature fruit. Once you cut it in half and remove the fibrous seeds, you could just eat it raw. However, most people find it more enjoyable to simmer it into tea, or to make it into jams, jellies, or blended nutritional drinks.

In your garden, seriously consider raising carrots. They require loamy soil, but otherwise they are somewhat easy to raise. A pound of carrots (depending how they are analyzed) contains anywhere from 29,000 to 40,000 I.U. of vitamin A. Hey, even on the low end, that's a lot! Carrots also provide at least 1,000 mg. of potassium per pound, and they contain significant amounts of calcium, phosphorus, and magnesium.

Another good food group for your garden is the tomato and pepper group. A pound of whole tomatoes, for example, contains large amounts of potassium (1,107 mg.) and vitamin A (4,080 I.U.). That's a lot! Tomatoes also are good sources of vitamin C, phosphorus, calcium, and lycopene (which may prevent certain cancers). Fortunately, tomatoes are easy to grow, and we're all accustomed to using them in every-thing from juice to salad, soups, pasta sauce, and pizza. If you grow more tomatoes than you can use, dry or can them for later.

Garden lettuce, unfortunately, is not a good source of vitamins and minerals. Loose-leaf varieties test higher in vitamin A, but generally, store-bought, farm-grown lettuce is a poor source of nutrients. Consider, instead, the humble lamb's quarter. It will probably grow in your garden even if you don't plant it. Seeds can be purchased from some seed catalogs, but this is usually not necessary. Used raw in salad, 100 grams of lamb's quarter (about a cup) contains about 80 mg. of vitamin C, 11,600 I.U. of vitamin A, 72 mg. of phosphorus, 309 mg. of calcium, small amounts of thiamine, riboflavin, niacin, and iron. These figures are slightly lower when you cook the lamb's quarter as a spinach-replacement, or in soups, egg dishes, or vegetable dishes.

Since we're talking about the garden "volunteers," don't overlook the dandelions, normally scorned and poisoned out of existence in most gardens, they are probably better for you than most of what you're intentionally growing in the garden. An analysis of 100 grams of dandelion greens by the U.S. Department of Agriculture shows 14,000 I.U. of vitamin A, 35 mg. of vitamin C, 397 mg. of potassium, 66 mg. of phosphorus, 187 mg. of calcium, and 36 mg. of magnesium. Dandelion greens are also the richest source of beta-carotene, with 8.4 mg. per cup. By contrast, carrots -- considered an excellent source of beta-carotene -- contain 6.6 mg. per cup. Only young dandelion greens are good in salads, and the older, bitter leaves can be cooked like spinach or added to mixed-vegetable dishes.

Citrus trees can be called "vitamin trees," since the fruits are not only a source of vitamin C, but a good source of most other vitamins and minerals, as well as the albuminoids and bioflavonoids.

If you have the space to grow a carob tree, or if one grows near you, be sure to take advantage of the long, brown leathery pods. One hundred grams of the edible portion of the carob pod (which is about a cup of the entire pod, minus the seeds) contains 352 mg. of calcium. That makes carob one of the very richest non-meat calcium sources. Even when that same volume is compared to milk -- generally considered a good calcium source -- carob is nearly three times richer in calcium. Carob is also a good source of B vitamins. Though not a complete protein, it is said that this is the food that sustained John the Baptist in the desert for 40 days (hence the name, Saint John's bread). You can simply eat the pods and spit out the seeds. Also, you can crack the pods, remove the seeds, and grind the pods into a flour which you add to bread and pasty products, or blend into liquids like rice or soy milk.

These are just a few examples of how we can obtain many of our needed vitamins from plants growing all around us. One good source for nutritional information is Composition of Foods, published by the United States Department of Agriculture.

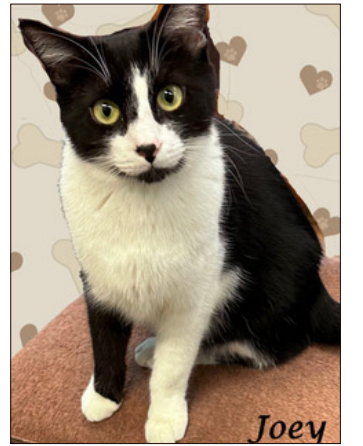
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Katnip News!



JOEY

- Tuxedo, age two, born September 5, 2022
- neutered, vaxxed, chipped, healthy



This handsome boy just celebrated his second birthday! He didn't even have to rent a tuxedo for the formal affair because he has his own! He also boasts a cute black mark around his nose, accentuating his charming good looks.

You'll often find him lounging in his cat tree surveying his kingdom, zooming across the room, or taking a nap from all that playing. Joey will be shy at first, but once he trusts you he will show his affectionate side—he loves to be petted and scratched and won't hesitate to plop down in front of you to get some extra attention.

He gets along great with other cats and can be won over with treats!

Learn and see more of Joey at Lifeline for Pets, <https://www.lifelineforpets.org/joey--julius.html>.

Pet of the Week

Gentle Lilac is ready to become someone's BFF. Lilac is a four-year-old pit bull mix who is as sweet as they come! She has a calm energy and likes to take it easy.



Lilac has been out for a number of outings, and she has been a model citizen. She has represented the shelter at a mobile event where she met tons of people and showed off her training. She's also been on a field trip and had a wonderful time- nothing seems to faze this sweet girl.

Lilac the social butterfly is always excited to meet people to get pets, and she likes it even more when they want to give her a belly rub. She is a world-class snuggler and is very happy to let you give her attention until she blissfully falls asleep. Lilac and all other animals at Pasadena Humane can be adopted at no charge on Saturday, September 16th from 10:00 a.m. - 2:00 p.m. at the shelter's Free Adoption Day!

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet. View photos of adoptable pets and schedule an adoption appointment at pasadenahumane.org. Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m. Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



HOT TEMPERATURES CAN MAKE CONCRETE AND ASPHALT TOO HOT FOR YOUR DOG'S PAWS.

Asphalt and concrete temperatures can usually be 20-40 degrees hotter than the ambient temperature. If the back of your hand can't stand the heat on the concrete or asphalt for 7 seconds, it's too hot for a walk.

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From The Desk of Steve Scirba, Safe Path For Senior

PETS AND SENIORS: A PERFECT MATCH



Pets can be a source of great comfort and joy for seniors, offering companionship, reducing stress, and improving both mental and physical well-being. As people age, they often experience loneliness and social isolation. Pets, whether dogs, cats, or even smaller animals, can help fill this void by providing consistent companionship and a sense of purpose.

Owning a pet has been shown to reduce stress, lower blood pressure, and alleviate anxiety. For seniors, this can have significant health benefits. Dogs, for example, encourage physical activity by requiring regular walks, while smaller pets like cats or fish offer comfort without demanding much physical exertion.

Choosing the right pet is important. Seniors should consider their health, mobility, and energy levels. Low-maintenance pets like older dogs, cats, or even birds may be more suitable than younger, high-energy animals. It's also important to consider the financial commitment involved, such as veterinary care and food costs.

For those unable to care for a pet full-time, alternatives like volunteering at animal shelters or participating in pet therapy programs can still offer the joy of interacting with animals without the long-term responsibility.

Overall, pets can provide seniors with emotional support, a sense of purpose, and a daily routine that enhances their quality of life, making them ideal companions in later years.

HOW TO ARRANGE YOUR OWN CREMATION SERVICE

Dear Savvy Senior:

I would like to arrange a simple cremation that doesn't cost me, or my family, a lot of money. Can you offer any tips that can help me with this?
Still Kicking



Dear Kicking:

If you're looking for a simple and affordable way to go, cremation is an excellent choice, and one that's become exceedingly popular in the United States. About 60 percent of Americans are now choosing cremation over a traditional burial, versus only around 20 percent in the mid-1990s.

Why the big shift? Price is a key reason. A basic cremation can cost as little as \$700 to \$1,200, depending on your location and provider, versus \$7,500 or more for a traditional funeral and cemetery burial. Geography is another factor, as many families are spread across the country, making future gravesite visits less common.

Here are a few tips to help you arrange your cremation and ensure you get a good deal.

Shop Around

You can arrange a cremation through a funeral home or a cremation-only business, but it's wise to shop around because prices vary widely. It's not unusual for one funeral home to charge \$1,000, while another charges \$4,000 or more for the same service.

Call five or six funeral homes or cremation-only businesses in your area and ask them how much they charge for a "direct cremation," which is the most affordable option there is. With direct cremation, there's no embalming, viewing or memorial service. It only includes the essentials: transportation of the body; re-quired paperwork such as death certificates; the cremation itself; and return of the ashes to the family, usually within a week.

If you want a viewing, memorial service or anything beyond what a direct cremation provides, ask the funeral home for an itemized price list so you know exactly what you're paying for. All funeral providers are required by law to provide this.

To locate nearby funeral homes, Google "cremation" or "funeral" followed by your city and state. You can also shop and compare prices from funeral homes in your area at Funeralocity.com.

Cheaper Urns

The urn is another item that can drive up your cremation costs. Funeral home urns usually cost around \$100 to \$350, but you aren't required to get one.

After cremation, your family will receive your ashes in a thick plastic bag inside a cardboard box. This is all they need if you intend to have your ashes scattered, but if your family wants something to display, Amazon.com and Walmart.com both sell a wide variety of urns for under \$50.

Green Cremation

If you're an environmentally conscious person, there's also a green cremation option you should know about called "alkaline hydrolysis" that chemically dissolve the body. This is a gentler, more eco-friendly process than traditional cremation, which uses combustion. It's legal in more than 20 states, and costs around \$2,000 to \$3,500. Google search "alkaline hydrolysis" followed by your city or state to find for a provider.

Free Cremation

If you're interested in a free final farewell, you may want to consider donating your body to a university medical facility. After using your body for medical research or surgical practice they will cremate your remains for free, and either bury or scatter your ashes in a local cemetery or return them to your family, usually within a year.

To find a medical school near you that accepts body donations, the University of Florida offers an online directory at Anatbd.acb.med.ufl.edu/usprograms.

Whatever arrangements you end up making, make sure you tell your family your wishes so they will know what to do and who to call after your death. Also, if you have a written agreement with any funeral/cremation provider, give them a copy to let them know if you've prepaid or not.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

OH, FOR THE LIFE OF AN OLD GEEZER

I am not given to complaining, except when I'm awake. That's according to The Gracious Mistress of the Parsonage.

Lately, I've been leaning towards a complaining attitude. I've reached the point of being an old geezer. I'm older than both of my grandfathers, and in three years, I'll be up to where my father was when he passed away. I don't think of myself as old, just older. There are some benefits to getting older, but I've discovered just as many negative aspects. I'm not as energetic as I used to be. I can't walk as fast as I used to. When someone talks to me, I have to think a bit about their name.

Don't let me get on about my health issues. When I was young, I didn't have all of these health issues, but now, I'm at that point in life where I do have health issues. Seeing my doctors is second only to seeing The Gracious Mistress of the Parsonage. All the nurses in the various medical places I go know me by my first name. I don't know if that's good or if it's bad. I'm going to lean in the direction of good. After all, at my age I'm leaning in some direction. When I was younger, I never thought about getting old. Every time I celebrated a birthday, it never occurred to me that this would continue until I became an old geezer. At the time, I used to make fun of my old grandfathers. Now, much to my disgust, I have become my old grandfathers.

I'm glad they're not alive to see that I have become just like them. They would've died laughing. My father passed away when he was five years older than I am right now. So, in five years, I will be at my father's level. I'm unsure what level that is, and I do not even want to know. I remember that, as kids, my siblings and I would sit around and laugh at our grandparents. I'm wondering if my grandchildren are sitting around laughing at me! I wouldn't blame them if they were.

The Gracious Mistress of the Parsonage and I recently ate lunch together. I suppose we were celebrating something, but for the life of me, I can't remember what it was. We were at a restaurant enjoying ourselves. When the waitress came to our table to take our order, she asked how we were, and I responded, "Well, for an old geezer, we were doing fine." She smiled at me and said, "Does that mean that you both are senior citizens?" I usually take offense at that classification. But under the circumstances I nodded my head and said, "Yes, we are senior citizens but I prefer old geezers." Looking at me, the waitress smiled and said, "You are in luck today. We have a senior citizen discount on everything on the menu."

I looked up at her and said, "Why, yes. We're both senior citizens." "In that case, you can get a 20% discount on everything you order today." She took our coffee order and then went to get it for us. As she was gone, The Gracious Mistress of the Parsonage said, "Are we old geezers or senior citizens?" I smiled and said, "Today we are senior citizens and tomorrow will go back to being old geezers." "I guess it's only about the money for you," she smiled.

After thinking for a moment, I finally responded, "I've never heard of an old geezer discount. Have you?" She shook her head and said, "I'll let you be a senior citizen today and will see what tomorrow might bring."

That next week, whenever we went out to a restaurant and, the waitress would say, "How are you doing today?" I would always respond by saying, "Do you have any senior citizen's discounts today?"

If they said "no," I would always respond by saying, "I'm just an old geezer today."

If they said "yes," I would respond by saying, "I'm a senior citizen today."

I'm trying to determine the differences between an old geezer and a senior citizen. Apart from the discount, I can't find any difference between the two. I'm an old geezer one day, and the next day, I have a senior citizen. Maybe I have the case of dementia.

At one restaurant this past week, the waiter came up and greeted me. I was having a rather crazy day, to put it mildly, so I told him, "I'm just an old geezer today."

"Well," said the waiter, "this is my last day here at this restaurant and so I'm going to give you an old geezer discount. You sorta remind me of my grandfather."

I was so sorry that The Gracious Mistress of the Parsonage wasn't with me. We could have enjoyed a two-way ticket for the old geezer discount. She would have been happy, I think. If I keep from calling her an old geezer, my day is happy.

In thinking about this I remembered a verse in the Bible that addresses old age. "They shall still bring forth fruit in old age; they shall be fat and flourishing" (Psalm 92:14).

God still has work for me even as an old geezer. Finding that work is the joy of my life each day. This is not based on what I use to do, but what God has for me today.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnyder51@gmail.com, website www.jamesnyderministries.com

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole. Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.

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A member of the California Newspaper Publishers Association

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



PUT THE LIGHTS ON OFTEN MORE LEADS TO LESS

No, I'm not just talking about golf although we all know that the more strokes you take the worse you have done. No, I'm not talking about weight, although we all know that as we age the heavier we get, the less healthy we probably are. Speaking of health in terms of diabetes and blood pressure, the higher the number the more worrisome it is. No, I am not even talking about age although it is horrible to imagine that if the ex-President is re-elected, he will be serving as President in his eighties. If for some reason he is unable to carry out his duties for whatever reason as determined by a two-thirds vote by both the House and the Senate then the Vice-President will continue as acting president.

Now, this is really scary. If for some reason the vice-president is also unable to discharge his duties the next person in line to assume the office pursuant to the Succession Act of 1792 as modified by the 25th Amendment is the Speaker of the House of Representatives and then next in line is the President Pro Tempore of the Senate. Now, you may ask, who will be the President Pro Temp of the Senate? Assuming, which I do not want to do, that the Republicans prevail, the President Pro Tem of the Senate will be the longest serving Senator belonging to the same party as the former President. All right so who is this Republican Senator? It is none other than the Republican Senior Senator (and I do mean "Senior") Charles E. Grassley who is presently 91 years of age.

Can you imagine the chaos in the Country if some tragedy, natural or otherwise, eliminated the President, Vice-President, and Speaker of the House and in the midst of this confusion a man in his early nineties has the responsibility of running the country? I believe there should be age limits applying to elected office and Supreme Court sitting Judges. The absence of these restrictions is so frightening that I don't want to talk about that either. The actual subject of this article entitled OFTEN MORE LEADS TO LESS is the recently released Book entitled NEXUS written by Yuval Noah Harari. After seeing the author interviewed I prevailed on my wife to drive me to the almost only bookstore still remaining in the area, and I bought the book. The full title of the book is A Brief History of Information Networks from the Stone Age to AI.

The major point of the book is that information has led to the accumulation of power, but POWER IS NOT WISDOM. In fact, too much information has led to an existential crisis facing our species which we humans named Homo Sapiens ---(the wise human) are now on the verge of being annihilated by the misuse of our own power which has busily created technologies that have the potential to escape our control and enslave us. The author asks why are we so good at accumulating more information and power, but far less successful at acquiring wisdom? He does not believe this result stems from some fatal flaw in our nature which tempts us to pursue power for its own sake even though as a species we do not know how to handle that power. The main argument of the book is that "humankind gains enormous power by building large networks of cooperation, but the way these networks are built predisposes us to use that power unwisely."

The remedy suggested is to be wary of the controlling networks not by acquiring more information but by recognizing our own inner feelings and the feelings of others. It is hard work to talk and care about other people, but this work must be done. We have the choice to be wise humans which requires awareness and compassion rather than more information. The concluding sentence of the book emphasizes that the decisions we all make in the coming years may be the beginning of a hopeful new chapter in the evolution of life.

We need to be brave enough not to conform but to be a wise human and to strive for wisdom rather than control. Time will tell.

HOWARD Hays As I See It



As president, Donald Trump was "not a fan" of crypto, saying it was "based on thin air". Shortly after leaving office, he called it a "scam" and a "disaster waiting to happen". But fast-forward to last July and candidate Trump calls for creation of a "strategic national bitcoin stockpile" and the United States becoming "crypto capital of the world".

Now comes World Liberty Financial - renamed from "Trump DeFi (decentralized finance) Project" - under the leadership of Don Jr., Eric and Barron Trump (about whom his father boasted, "knows this stuff inside out"). Also behind the project are individuals with considerable digital marketing backgrounds in products like colon cleanses and "Date Hotter Girls LLC". (The colon cleanse guy, Chris Herro, described himself as "dirtbag of the internet". He's handling "data & strategies" for the new firm.)

Trump's running mate J.D. Vance recently said you "have to create stories so that the American media actually pays attention". But this is stuff you can't just make up.

One can see advantages in the project, though. For an oligarch seeking favors from a new administration, laundering funds through crypto can be done more discreetly than through Trump hotels, golf courses - or funneling assets from a sovereign wealth fund into Jared Kushner's projects.

Trump's campaign would rather we focus instead on issues of more serious concern; like immigrants eating pets, students having gender-altering surgeries at school and whether or not Kamala Harris has ever actually worked at McDonald's. (As I'm writing this, candidate Harris is speaking on affordable childcare for working families - as if that might be a more widespread concern than pet-eating immigrants.)

As for Stu's column, he commented on L.A. Clippers owner Steve Ballmer's observations on the precarious balance between capitalism and democracy. I was reminded of an interview some years ago between a conservative radio host and one of Germany's wealthiest industrialists. The host asked his guest if he resented his country's onerous taxes - taking such a big chunk of his income to pay for social programs (healthcare, education, family leave, housing, anti-poverty, etc.) - compared to what those taxes would be here in the U.S.

The host was surprised by his guest's answer that no, he didn't mind paying those taxes - "Because I wouldn't want to be a rich man in a poor country."

Something to think about. But for now, I'm wondering if they'll get to the bottom of V.P. Harris' employment history at McDonalds. And why Trump thinks less than two months before an election is a great time for his family to launch a crypto firm.



RICH JOHNSON NOW THAT'S RICH



MAJOR MISTAKES AND BLUNDERS

No, this is not the new name of my column. Even though I am certifiably an expert at both mistakes and blunders! What's the difference between a mistake and a blender? (Oh my bad, not a blender, a blunder.) Mistakes and blunders refer to actions or decisions that are incorrect. Is there a significant difference? If you're not sure read on!

Well, a mistake is, most often, an unintentional error or incorrect action. A blunder is a gross error or mistake resulting usually from stupidity, ignorance and/or carelessness (my specialty). A blunder is also characterized by its potential for significant negative consequences.

Example Number One:

Here's a demonstration of the difference between a mistake, a blunder and the results of the actions. Right before the Titanic steamed out of Southampton on its fateful voyage, management replaced its second officer with a more experienced officer.

The original second officer forgot to hand over to his replacement, the keys to the locker that contained the ship's binoculars. For your consideration... therein lies the mistake. The replacement second officer determined the safety of the ship was not worth breaking the lock to get at the binoculars to distribute to the lookouts. After all, this was the unsinkable Titanic.

Historians tell us the reason the Titanic sank was the iceberg wasn't noticed in time to avoid a collision. A pair of binoculars might most certainly have saved the ship from sinking. That qualifies as a blunder.

Example Number Two:

In 1173, construction began on adding a white marble bell tower to the cathedral complex in Tuscany, Italy. After 5 years efforts the builders finished only three stories of the eight-story structure because the building project was interrupted by an ill-timed mistake: A war between two neighboring Italian cities. (Think of Pasadena declaring war on Burbank).

Well, the war between the two cities halted construction for almost 100 years. In a way it was a good thing construction was delayed because the marble tower started to tilt. And the chief engineer, Giovanni di Simone attempts to fix the tilting edifice backfired and caused it to tilt even further. And tilt and tilt and on it went.

And according to writer Sarah Pruitt, the Leaning Tower of Pisa is still tilting and tilting to this day.

Example Number Three:

Now, most historians believe Columbus actually knew the earth was round. The ancient Greeks knew the earth was round as did educators and sailors in Columbus time. Christopher's big mistake was twofold: One, he was way off on the size of the ocean he was about to cross. And two, that there existed a landmass between Spain and Asia (That would be us).

When Columbus hit the Caribbean he thought the islands were off of the Asian continent and so named the islands the West Indies. To his dying day, Columbus insisted he had reached Asia. If he had realized his mistake, our continent might be called "Columbia" and we would all be Columbians. Nope, that honor goes to another Italian explorer who mapped much of the new world. That sailor's name was Amerigo Vesputci...where we get the name America from. (I really wish we were named Vespuccians).

Mistake Number Four

Pilot Clyde Corrigan earned the nickname "Wrong Way Corrigan". In 1938 Wrong Way flew his plane from California to New York. He applied to fly across the Atlantic but was turned down and told to fly back to California. His story about what then took place? He says he took off in cloudy weather and insists he got mixed up and ended up in Ireland. His punishment? In addition of pejorative nickname, he was also suspended for two weeks.

Mistake Number Five: (I've saved the best for last!)

The Wicked Bible. In 1631 Royal Printers Robert Barker and Martin Lucas printed a new edition of the recently translated King James Version of the Bible. They missed a one little word typo in Exodus 20:14. (They left out the word "not".)

No big deal you say? You be the judge. The 1631 updated version of Exodus 20:14 read: "Thou shalt commit adultery".

I'm certain it's not a good idea to commit adultery. Tomfoolery yes, adultery no.

DICK POLMAN THE ELECTORAL COLLEGE SUCKS



Half a century ago, the famed presidential biographer James MacGregor Burns voiced this warning about the Electoral College: "It's a game of Russian roulette, and one of these days we are going to blow our brains out."

We've since done that twice. Popular vote loser George W. Bush marched us into a disastrous war in Iraq, based on lies about non-existent weapons of mass destruction. But he was just the appetizer. The execrable entree was popular vote loser Donald Trump, who's still wreaking havoc and plotting an authoritarian restoration.

I'm well aware it's a waste of time to rail against the insipid way we pick our presidents - we're obviously stuck with a process that was rightly denounced by the American Bar Association decades ago as "archaic, undemocratic, complex, ambiguous, indirect, and dangerous" - but this is my quadrennial complaint. And it's been stoked anew by all the re-minders that the Harris-Trump contest will be decided by a mere seven of the 50 states.

If life was fair and democracy was real, all votes would be created equal. That's how it works in most western nations, where the candidate with the most votes wins. What a simple concept.

Instead we have this ridiculous contrivance, a remnant of the racist powdered-wig era, which currently gives the voters of Pennsylvania, Michigan, Wisconsin, Georgia, Arizona, Nevada, and North Carolina more clout than all other voters everywhere else.

At last check, 65 percent of Americans feel the way I do (according to the pollsters at Pew), and it's easy to see why. The injustices are endless - more so than ever, thanks to our deep red/blue divide. If you're a Democrat living in, say, Alabama or Texas or Oklahoma, your presidential vote is worthless. If you're a Republican living in, say, California or New York or Illinois, your presidential vote is worthless. A blue voter in red Indiana said it well this week in a tweet: "It's pretty pathetic that I know ahead of Nov 5th my vote won't count because of the Electoral College. Oh, I will

definitely vote but the Electoral College will make me silent. I hate our system!"

The system was concocted by the founders. They had to cut a deal with the southerner slaveholders who feared domination by the more populous North. James Madison, the chief architect of the Constitution, later wrote that many of the founding fathers liked the popular-vote concept, but the slaveholding states did not - because they had fewer voters than the slave-free states. The deal, which gave us the Electoral College, ensured that smaller rural states would have disproportionate clout. They get the same number of U.S. senators (two apiece) as the big states, and that inflates their electoral votes.

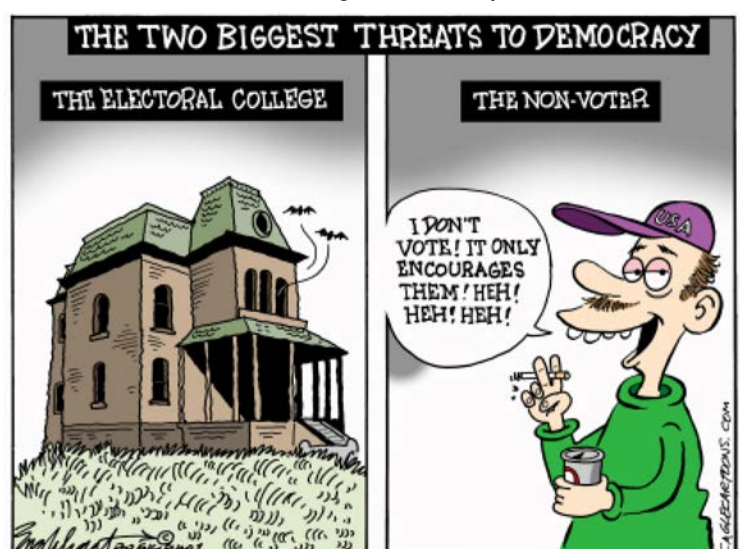
Madison himself wasn't happy with the Electoral College rules; he blamed "the hurrying influence produced by fatigue and impatience." They left us massive disparities all over the map. One random example tells the tale: Wyoming, with 581,381 people, gets three electoral votes (two senators and one House member), while Pennsylvania, with 13 million people, gets 19 electoral votes (two senators and 17 House members). Do the math. In Wyoming that's 193,000 people for each elector; in Pennsylvania that's 684,210 people for each elector. These injustices, replicated nationwide, violate the principle that all votes should count the same.

It was outrageous in 2020 that Joe Biden defeated Trump by a decisive seven million votes - but still would've lost if only 44,000 votes in three swing states had swung the other way. It was outrageous in 2016 that Hillary Clinton outpaced Trump by three million votes - but lost only because 77,000 votes in 3 swing states went the other way. And this kind of injustice goes both ways: Lest we forget, way back in 2004, a switch of just 59,388 votes in Ohio would've handed the presidency to Democrat John Kerry - even though President Bush beat him in the national popular vote tally by 3.5 million.

Here in 2024, it's the same old shell game. Conditioned as I am to our system's absurdities, I assume that Kamala Harris could bury Trump in the national vote and still flunk the Electoral College. I assume that unless she wins by at least four percent nationwide, she's toast.

The will of the people should determine who gets the nuclear codes. That's fairer than the Electoral College, which was fervently denounced back in 2012 as "a disaster for democracy."

That surfaced in a tweet. The guy who typed it was Donald Trump.



City of Sierra Madre

SUMMARY NOTICE

From: The City of Sierra Madre
Subject: ORDINANCE NO. 1471 AMENDING CHAPTER 5.36 (COMMERCIAL PHOTOGRAPHY AND MOTION PICTURE FILMING) OF TITLE 5 (BUSINESS LICENSES AND REGULATIONS) AND CHAPTER 17.88 (TEMPORARY USE PERMITS) OF TITLE 17 (ZONING) OF THE SIERRA MADRE MUNICIPAL CODE
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

On September 10, 2024, the City Council of the City of Sierra Madre conducted the second reading of Ordinance 1471, amending Chapter 5.36 (Commercial Photography and Motion Picture Filming) of Title 5 (Business Licenses and Regulations) and Chapter 17.88 (Temporary Use Permits) of Title 17 (Zoning) of the Sierra Madre Municipal Code.

The purpose of Ordinance No. 1471 is to regulate the frequency of temporary uses and filming and photography activity. On May 28, 2024, at a regularly scheduled meeting, the City Council directed City Staff to draft an ordinance for this purpose. This summary is published pursuant to Government Code Section 36933(c)(1) and a full and complete certified copy of the text of Ordinance 1471 is available online at www.sierramadrecga.gov and at the Sierra Madre City Manager's Office located at City of Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA. Ordinance 1471 becomes effective on October 10, 2024. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

ENVIRONMENTAL DETERMINATION: The project qualifies for a California Environmental Quality Act (CEQA) Exemption pursuant to Section 15061(b)(3) (Review for Exemption) of CEQA, as there is no possibility that the amendments to the municipal code would have a significant impact on the environment.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council, at or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024197024
The following person(s) is (are) doing business as STABLE 1248 GROVE ST SIERRA MADRE, CA. 91024. Full name of registrant(s) is (are) MICHAEL D KENNY, 248 GROVE ST SIERRA MADRE, CA. 91024. This Business is conducted by: AN INDIVIDUAL. Signed: MICHAEL D KENNY, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/20/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: DIR Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024189509
The following person(s) is (are) doing business as CANO'S OFFICE CLEANING 18930 CANTARA ST RESEDA, CA. 91335. BRIGHT "NN" SHINY 18930 CANTARA ST RESEDA, CA. 91335. LOS ANGELES COUNTY, Full name of registrant(s) is (are) ANGEL CANO 18930 CANTARA ST RESEDA, CA. 91335. ELBA CANO 18930 CANTARA ST RESEDA, CA. 91335. This Business is conducted by: AN INDIVIDUAL. Signed: ANGEL CANO, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/04. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024193412
The following person(s) is (are) doing business as LA VIDA SYSTEMS 315 W VERDUGO AVE UNIT 203 BURBANK, CA. 91502. THE WYOMING LOS ANGELES COUNTY, Full name of registrant(s) is (are) SYSTEM INC, 315 W VERDUGO AVE UNIT 203 BURBANK, CA. 91502. This Business is conducted by: CORPORATION. Signed: TEMIX INC, VAHAN ELOYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 09/16/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 02/20/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024192224
The following person(s) is (are) doing business as IS PERFECT SERVICE 7662 GENESTA AVE VAN NUYS, CA. 91406. CALIFORNIA, LOS ANGELES COUNTY, Full name of registrant(s) is (are) IS PERFECT SERVICE 7662 GENESTA AVE VAN NUYS, CA. 91406. This Business is conducted by: AN INDIVIDUAL. Signed: TANI VANESSA SORTO ANTUNEZ, OWN. This statement was filed with the County Clerk of Los Angeles County on 09/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 04/20/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024196330
The following person(s) is (are) doing business as NEAT CLEAN CLEANING SERVICES 6016 FISHERN AVE S HUNTINGTON PARK, CA. 90255. LOS ANGELES COUNTY, Full name of registrant(s) is (are) TANI VANESSA SORTO ANTUNEZ, LOS ANGELES COUNTY, Full name of registrant(s) is (are) BURN AVE S HUNTINGTON PARK, CA. 90255. This Business is conducted by: AN INDIVIDUAL. Signed: TANI VANESSA SORTO ANTUNEZ, OWN. This statement was filed with the County Clerk of Los Angeles County on 09/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 04/20/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024196264
The following person(s) is (are) doing business as BLYND AND ACCESSORIES 687 LORRAINE BLVD LOS ANGELES, CA. 90005. LOS ANGELES COUNTY, Full name of registrant(s) is (are) AARON ERICARD WILLIAMS, 687 LORRAINE BLVD LOS ANGELES, CA. 90005. This Business is conducted by: AN INDIVIDUAL. Signed: AARON GERARD WILLIAMS, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024193600
The following person(s) is (are) doing business as HAKOP JACK ERZURMYAN MANAGEMENT 6640 CANTALOUPE AVE VAN NUYS, CA. 91405. LOS ANGELES COUNTY, Full name of registrant(s) is (are) HAKOP JACK ERZURMYAN, 6640 CANTALOUPE AVE VAN NUYS, CA. 91405. This Business is conducted by: AN INDIVIDUAL. Signed: HAKOP JACK ERZURMYAN, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/19/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 12/07/2007. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024193522
The following person(s) is (are) doing business as EA-LEG EQUIPMENT & RENTALS 14413 CALIFIA ST VAN NUYS, CA. 91416. LOS ANGELES COUNTY, Full name of registrant(s) is (are) MOGUEL HERNANDEZ SANCHEZ, 14413 CALIFIA ST UNIT 1 VAN NUYS, CA. 91401. This Business is conducted by: AN INDIVIDUAL. Signed: MOGUEL HERNANDEZ SANCHEZ, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/16/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 12/07/2007. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024193410
The following person(s) is (are) doing business as CALIFORNIA HOME HEALTH 16944 VENTURA BLVD ENCINITA, CA. 91916. LOS ANGELES COUNTY, Full name of registrant(s) is (are) LEGHAIEHI EIGHANI, 16944 VENTURA BLVD ENCINITA, CA. 91916. This Business is conducted by: AN INDIVIDUAL. Signed: LEGHAIEHI EIGHANI, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/16/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024190224
The following person(s) is (are) doing business as CENTRAL 108, 10715 CENTRAL AVE, LOS ANGELES, CA. 90009. Full name of registrant(s) is (are) CCV INVESTMENT GROUP INC, 10715 CENTRAL AVE, LOS ANGELES, CA. 90009. This Business is conducted by: A CORPORATION. Signed: ABDELHAMID I. HEMDA/PRESIDENT, ARTICLE # 6372012. This statement was filed with the County Clerk of Los Angeles County on 09/11/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 21, 28, Oct. 5, 12, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024172240
The following person(s) is (are) doing business as COLDWATER UNIT 1620 WHITTIER BLVD, WHITTIER, CA. 90603. Full name of registrant(s) is (are) CENDEAS REALTY GROUP, 1131 HILLSIDE ST, LA HABRA, CA. 90024. This Business is conducted by: CORPORATION. Signed: EDGAR CENDEAS/PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024192858
The following person(s) is (are) doing business as DAINTY SHINDIGS, 816 CITRUS CT, CLAREMONT, CA. 91711. Full name of registrant(s) is (are) FARIAS, 816 CITRUS CT, CLAREMONT, CA. 91711. This Business is conducted by: AN INDIVIDUAL. Signed: IVANVA G FARIA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/13/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024186249
The following person(s) is (are) doing business as DISCOUNT HYDRO TREATING MISSION, 13720 JEFFERSON AVE, HAWTHORNE, CA. 90250. Full name of registrant(s) is (are) FRANCISCO ALBERTO EQUIWA, 13720 JEFFERSON AVE, HAWTHORNE, CA. 90250. This Business is conducted by: AN INDIVIDUAL. Signed: FRANCISCO ALBERTO EQUIWA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024185397
The following person(s) is (are) doing business as FP WINDOW TINT, 820 W BLVD APT 3, GARDENA, CA. 90247. Full name of registrant(s) is (are) FAUSTINO PANCHO POLICARPO, 822 W EL SEGUNDO BLVD APT 3, GARDENA, CA. 90247. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: FAUSTINO PANCHO POLICARPO, PARTNER. This statement was filed with the County Clerk of Los Angeles County on 09/04/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024189450
The following person(s) is (are) doing business as G & G FUSION JA TONORAL SERVICES, 1535 W 23RD ST APT 4, LOS ANGELES, CA. 90007. Full name of registrant(s) is (are) JOSE GABRIEL RAMIREZ, 1535 W 23RD ST APT 4, LOS ANGELES, CA. 90007. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE GABRIEL RAMIREZ/JIMENEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024190553
The following person(s) is (are) doing business as GUILLEMERIA REYES FURNITURE, 1034 EXINGTON GALLATIN RD, S EL MONTE, CA. 91733. Full name of registrant(s) is (are) GUILLEMERIA REYES, 1034 EXINGTON GALLATIN RD, S EL MONTE, CA. 91733. This Business is conducted by: AN INDIVIDUAL. Signed: GUILLEMERIA REYES/OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/10/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 09/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024189782
The following person(s) is (are) doing business as RK COMPANIES, ECOMARKET, 355 S LOS ANGELES BLVD, LOS ANGELES, CA. 90007. Full name of registrant(s) is (are) MARTINA CHIMAL COLORADO, 2461 KANSAS AVE APT B SOUTH GATE, CA. 90280. CINDY YISED VALDEARABONA, 8225 LARSON AVE GARDEN CITY, CA. 92424. This Business is conducted by: GENERAL PARTNERSHIP. Signed: MARTINA CHIMAL COLORADO, GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 07/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024178927
The following person(s) is (are) doing business as AUTO BODY & J, 2120 SOUTHWEST AVE, LOS ANGELES, CA. 90011. Full name of registrant(s) is (are) ANGELO, 2120 SOUTHWEST AVE, LOS ANGELES, CA. 90011. This Business is conducted by: AN INDIVIDUAL. Signed: CARLOS MAURICIO ESTRADA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 08/26/2024. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: ES Mountain Views News Dates Pub: SEPT. 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024185280
The following person(s) is (are) doing business as THE BEST TRANSPO, 1784 EAST ST, LOS ANGELES, CA. 90002. Full name of registrant(s) is (are) JOSE LUIS LOPEZ JR, 1784 EAST 10TH ST, LOS ANGELES, CA. 90002. This Business is conducted by: AN INDIVIDUAL. Signed: EDWIN BANTIGUE GONZALES/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024179124
The following person(s) is (are) doing business as EBG FITNESS, EBG EXTREME FITNESS, 1347 SAN ANTONIO BLVD, NORWALK, CA. 90650. Full name of registrant(s) is (are) EDWIN BANTIGUE GONZALES, 13927 SAN ANTONIO DRIVE, NORWALK, CA. 90650. This Business is conducted by: AN INDIVIDUAL. Signed: EDWIN BANTIGUE GONZALES/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 07/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024182221
The following person(s) is (are) doing business as ERK MAINTENANCE SERVICES, EAZY MAINTENANCE SERVICES, 52141 AVE, LONG BEACH, CA. 90805. Full name of registrant(s) is (are) ESCHUILLI ROBLES, 5219 ORANGE AVE, LONG BEACH, CA. 90805. This Business is conducted by: AN INDIVIDUAL. Signed: ZION BARRERA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/29/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024180032
The following person(s) is (are) doing business as ESSENTIAL FADES BARBERSHOP, 5863 IMPERIAL BLVD, SOUTH GATE, CA. 90260. Full name of registrant(s) is (are) LUIS A RAMOS RAMOS, 5863 IMPERIAL HWY UNIT H, SOUTH GATE, CA. 90260. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS A RAMOS RAMOS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/27/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 14, 21, 28, OCT 05, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024181255
The following person(s) is (are) doing business as LULU HAIR, 1206 W ANAHEIM ST, WILMINGTON, CA. 90744. Full name of registrant(s) is (are) AYMAN A EL BASTAWESI, 1206 W ANAHEIM ST, WILMINGTON, CA. 90744. This Business is conducted by: AN INDIVIDUAL. Signed: AYMAN A EL BASTAWESI/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/28/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024181255
The following person(s) is (are) doing business as SURETY SOLUTIONS, TOO TIRRED TO COOK, 1400 INSPECTION PROJECT MANAGEMENT COMPANY, 600 S LAKE AVE SUITE 206, PASADENA, CA. 91106. Full name of registrant(s) is (are) THE SACCO GROUP, LLC, 115 W CALIFORNIA AVE, PASADENA, CA. 91105. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: EUGENE L SACCO/CEO. This statement was filed with the County Clerk of Los Angeles County on 08/05/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 03/18/21. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024177541
The following person(s) is (are) doing business as MOBILE BUPER REPAIR, 1315 W TRABUCO ST, WHITTIER BLVD, PICO RIVERA, CA. 90660. Full name of registrant(s) is (are) ALPHA ENTERPRISE SOLUTIONS, LLC, 625 EAST MOUNTAIN VIEW AVE, GLENDALE, CA. 91201. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: CLISTENES DAVILA/MANAGING MEMBERS. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 31, SEP 07, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024172664
The following person(s) is (are) doing business as CKA MOBILE BUPER REPAIR, 1315 W TRABUCO ST, BELLFLOWER, CA. 90706. Full name of registrant(s) is (are) ANGEL RIVAS, 10231 W TRABUCO ST, BELLFLOWER, CA. 90706. This Business is conducted by: AN INDIVIDUAL. Signed: ANGEL RIVAS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 31, SEP 07, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024177541
The following person(s) is (are) doing business as BELLFLOWER, CA. 90706. Full name of registrant(s) is (are) ANGEL RIVAS, 10231 W TRABUCO ST, BELLFLOWER, CA. 90706. This Business is conducted by: AN INDIVIDUAL. Signed: ANGEL RIVAS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/15/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: AUG 31, SEP 07, 14, 21, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024174020
The following person(s) is (are) doing business as CHARLETTI'S BARBAC, 314 W ST 10K, LONG BEACH, CA. 90813. Full name of registrant(s) is (are) AYMAN EL BASTAWESI, 346 W 8TH ST, LONG BEACH, CA. 90813. This Business is conducted by: AN INDIVIDUAL. Signed: AYMAN EL BASTAWESI/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024172923
The following person(s) is (are) doing business as CHEST BOUTIQUE, 2614 CEDAR AVE, LYNNWOOD, CA. 90002. Full name of registrant(s) is (are) GABRIEL JAIMES, 2146 E FLORIDA ST APT 6, LONG BEACH, CA. 90814. This Business is conducted by: AN INDIVIDUAL. Signed: GABRIEL JAIMES/OWNER. This statement was filed with the County Clerk of Los Angeles County on 08/26/2024. The registrant(s) has (have) commenced to transact business under the fictitious business name listed above on 08/20/24. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: SEP 7, 14, 21, 28, 2024

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2024179243
The following person(s) is (are) doing business as EBG FITNESS, EBG EXTREME FITNESS, 1347 SAN ANTONIO BLVD, NORWALK, CA. 90650. Full name of registrant(s) is (are) EDWIN BANTIGUE GONZALES, 13927 SAN ANTONIO DRIVE, NORWALK, CA.

VOTER INFORMATION FROM THE CALIFORNIA SECRETARY OF STATE

<https://voterguide.sos.ca.gov/propositions>



November 5, 2024, General Election

- The last day to register to vote for the November 5, 2024, General Election is October 21, 2024.
- All California active registered voters will receive a vote-by-mail ballot for the November 5, 2024, General Election.
- Your county elections office will begin mailing ballots by October 7, 2024.
- Ballot drop-off locations open on October 8, 2024.
- Vote-by-mail ballots can be returned by mail, at a drop-off location, or your county elections office.
- Vote centers open for early in-person voting in all Voter's Choice Act counties beginning on October 26, 2024.
- Vote-by-mail ballots must be postmarked on or before Election Day and received by November 12, 2024.

PROPOSITION 2 Authorizes Bonds for Public School and Community College Facilities. Legislative Statute.

Authorizes \$10 billion in general obligation bonds for repair, upgrade, and construction of facilities at K-12 public schools (including charter schools), community colleges, and career technical education programs, including for improvement of health and safety conditions and classroom upgrades. Requires annual audits. Fiscal Impact: Increased state costs of about \$500 million annually for 35 years to repay the bond. Supporters: California Teachers Association; California School Nurses Organization; Community College League of California Opponents; Howard Jarvis Taxpayers Association

WHAT YOUR VOTE MEANS

YES: A YES vote on this measure means: The state could borrow \$10 billion to build new or re-ovate existing public school and community college facilities.

NO: A NO vote on this measure means: The state could not borrow \$10 billion to build new or renovate existing public school and community college facilities.

ARGUMENTS

PRO Many schools and community colleges are outdated and need basic health and safety re-pairs and upgrades to prepare students for college and careers and to retain and attract quality teachers. Prop. 2 meets those needs and requires strict taxpayer accountability so funds are spent as promised with local control.

CON Proposition 2 will increase our bond obligations by \$10 billion, which will cost taxpayers an estimated \$18 billion when repaid with interest. A bond works like a government credit card—paying off that credit card requires the government to spend more of your tax dollars! Vote NO on Prop. 2.

PROPOSITION 3 Constitutional Right to Marriage. Legislative Constitutional Amendment.

SUMMARY - Put on the Ballot by the Legislature
Amends California Constitution to recognize fundamental right to marry, regardless of sex or race. Removes language in California Constitution stating that marriage is only between a man and a woman. Fiscal Impact: No change in revenues or costs for state and local governments. Supporters: Sierra Pacific Synod of The Evangelical Lutheran Church in America; Dolores Huerta Foundation; Equality California Opponents: Jonathan Keller, California Family Council; Rev. Tanner DiBella

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: Language in the California Constitution would be updated to match who currently can marry. There would be no change in who can marry.

NO A NO vote on this measure means: Language in the California Constitution would not be changed. There would be no change in who can marry.

ARGUMENTS

PRO Proposition 3 protects Californians' freedom to marry, regardless of their race or gender. Proposition 3 removes discriminatory language from the California Constitution stating marriage is only between a man and a woman. Proposition 3 reinforces California's commitment to civil rights and protects personal freedom. Vote YES! YessonProp3CA.com

CON Proposition 3 removes all rules for marriage, opening the door to child marriages, incest, and po-lygamy. It changes California's constitution even though same-sex marriage is already legal. By making moms and dads optional, it puts children at risk. This careless measure harms families and society. Vote No on Proposition 3.

PROPOSITION 4 Authorizes Bonds for Safe Drinking Water, Wildfire Prevention, and Protecting Communities and Natural Lands from Climate Risks. Legislative Statute.

SUMMARY Put on the Ballot by the Legislature
Authorizes \$10 billion in general obligation bonds for water, wildfire prevention, and protection of communities and lands. Requires annual audits. Fiscal Impact: Increased state costs of about \$400 million annually for 40 years to repay the bond. Supporters: Clean Water Action; CALFIRE Firefighters; National Wildlife Federation; The Nature Conservancy Opponents: Howard Jarvis Taxpayers Association

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: The state could borrow \$10 billion to fund various activities aimed at conserving natural resources, as well as responding to the causes and effects of climate change.

NO A NO vote on this measure means: The state could not borrow \$10 billion to fund various activities aimed at conserving natural resources, as well as responding to the causes and effects of climate change.

ARGUMENTS

PRO Yes on 4 for safe drinking water, wildfire prevention, clean air, and protection of natural resources. California firefighters, conservation groups, clean water advocates urge YES. Accountable, fiscally re-sponsible, with independent audits, strict transparency. Proactive approach saves money and prevents the worst impacts of devastating wildfires, smoke, droughts, and pollution.

CON Bonds are the most expensive way to fund government spending. Water and wildfire mitigation are necessities, not luxuries. They should be budgeted for, not bonded. Mismanagement led to this crisis. This \$10 billion bond will cost taxpayers almost \$2 to repay for every dollar spent. Vote NO on Prop. 4.

PROPOSITION 5 Allows Local Bonds for Affordable Housing and Public Infrastructure with 55% Voter Approval. Legislative Constitutional Amendment.

SUMMARY Put on the Ballot by the Legislature
Allows approval of local infrastructure and housing bonds for low and middle income Californians with 55% vote. Accountability requirements. Fiscal Impact: Increased local borrowing to fund affordable housing, supportive housing, and public infrastructure. The amount would depend on decisions by local governments and voters. Borrowing would be repaid with higher property taxes. Supporters: California Professional Firefighters; League of Women Voters of California; Habitat for Humanity California Opponents: California Taxpayers Association; California Hispanic Chambers of Commerce; Women Veterans Alliance

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: Certain local bonds and related property taxes could be approved with a 55 percent vote of the local electorate, rather than the current two-thirds approval requirement. These bonds would have to fund affordable housing, supportive housing, or public infrastructure.

NO A NO vote on this measure means: Certain local bonds and related property taxes would continue to need approval by a two-thirds vote of the local electorate.

PROPOSITION 6 Eliminates Constitutional Provision Allowing Involuntary Servitude for Incarcerated Persons. Legislative Constitutional Amendment.

SUMMARY Put on the Ballot by the Legislature
Amends the California Constitution to remove current provision that allows jails and prisons to impose involuntary servitude to punish crime (i.e., forcing incarcerated persons to work). Fiscal Impact: Potential increase or decrease in state and local costs, depending on how work for people in state prison and county jail changes. Any effect likely would not exceed the tens of millions of dollars annually. Supporters: Assemblymember Lori Wilson Opponents: None submitted

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: Involuntary servitude would not be allowed as punishment for crime. State prisons would not be allowed to discipline people in prison who refuse to work.

NO A NO vote on this measure means: Involuntary servitude would continue to be allowed as punishment for crime.

PROPOSITION 32 Raises Minimum Wage. Initiative Statute.

SUMMARY Put on the Ballot by Petition Signatures
Raises minimum wage as follows: For employers with 26 or more employees, to \$17 immediately, \$18 on January 1, 2025. For employers with 25 or fewer employees, to \$17 on January 1, 2025, \$18 on January 1, 2026. Fiscal Impact: State and local government costs could increase or decrease by up to hundreds of millions of dollars annually. State and local revenues likely would decrease by no more than a few hundred million dollars annually. Supporters: None submitted Opponents: California Chamber of Commerce; California Restaurant Association; California Grocers Association

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: The state minimum wage would be \$18 per hour in 2026. After that, it would go up each year based on how fast prices are going up.

NO A NO vote on this measure means: The state minimum wage likely would be about \$17 per hour in 2026. After that, it would go up each year based on how fast prices are going up.

ARGUMENTS

PRO YES on Proposition 32 raises the minimum wage to \$18 so more SERVICE, ESSENTIAL,

AND OTHER WORKERS, and SINGLE MOMS can AFFORD the state's COST OF LIVING. CORPORATE PROFIT MARGINS INCREASED 100% since 2000 because CORPORATIONS SPIKED the PRICES OF GOODS. YES on PROP. 32 so workers can afford life's basic needs. CON Prop. 32 was written by one multimillionaire alone, and he wrote a horribly flawed measure. Prop. 32 increases the cost of living, eliminates jobs, makes our state and local government budget deficits worse, and makes California's complex minimum wage laws even harder for businesses and workers to understand. No on 32!

PROPOSITION 33 Expands Local Governments' Authority to Enact Rent Control on Residential Property. Initiative Statute.

SUMMARY Put on the Ballot by Petition Signatures
Repeals Costa-Hawkins Rental Housing Act of 1995, which currently prohibits local ordinances limiting initial residential rental rates for new tenants or rent increases for existing tenants in certain residential properties. Fiscal Impact: Reduction in local property tax revenues of at least tens of millions of dollars annually due to likely expansion of rent control in some communities. Supporters: CA Nurses Assoc.; CA Alliance for Retired Americans; Mental Health Advocacy; Coalition for Economic Survival; TenantsTogether Opponents: California Council for Affordable Housing; Women Veterans Alliance; California Chamber of Commerce

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: State law would not limit the kinds of rent control laws cities and counties could have.

NO A NO vote on this measure means: State law would continue to limit the kinds of rent control laws cities and counties could have.

ARGUMENTS

PRO The rent is too damn high. One million people have left California. Rent control in America has worked to keep people in their homes since 1919. California's 17 million renters need relief. Homeowners and taxpayers benefit from stable communities. The California dream is dying. You can help save it.

CON Don't be fooled by the latest corporate landlord anti-housing scheme. California voters have rejected this radical proposal twice before, because it would freeze the construction of new housing and could effectively reverse dozens of new state housing laws. Vote No on 33 to protect new affordable housing and California homeowners.

PROPOSITION 34 Restricts Spending of Prescription Drug Revenues by Certain Health Care Providers. Initiative Statute.

SUMMARY Put on the Ballot by Petition Signatures
Requires certain providers to spend 98% of revenues from federal discount prescription drug program on direct patient care. Authorizes statewide negotiation of Medi-Cal drug prices. Fiscal Impact: Increased state costs, likely in the millions of dollars annually, to enforce new rules on certain health care entities. Affected entities would pay fees to cover these costs. Supporters: The ALS Association; California Chronic Care Coalition; Latino Heritage Los Angeles Opponents: National Org. for Women; Consumer Watchdog; Coalition for Economic Survival; AIDS Healthcare Foundation; Dolores Huerta

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: Certain health care entities would have to follow new rules about how they spend revenue they earn from a federal drug discount program. Breaking these rules would result in penalties (such as not being able to operate as a health care entity), generally for a ten-year period.

NO A NO vote on this measure means: These new rules would not go into effect.

ARGUMENTS

PRO Proposition 34 will protect patients and ensure public healthcare dollars actually go to patients who need it. Prop. 34 will close a loophole that allows corporations to spend this money on things like buying stadium naming rights and multi-million dollar CEO salaries. Protect Patients Now. Vote Yes on Proposition 34.

CON Prop. 34—The Revenge Initiative. California Apartment Association, representing billionaire corpo-rate landlords, doesn't care about patients. Their sole purpose is silencing AIDS Healthcare Foundation, the sponsor of the rent control initiative. 34 weaponizes the ballot, is a threat to democracy, and opens the door to attacks on any non-profit.

PROPOSITION 35 Provides Permanent Funding for Medi-Cal Health Care Services. Initiative Statute.

SUMMARY Put on the Ballot by Petition Signatures
Makes permanent the existing tax on managed health care insurance plans, which, if approved by the federal government, provides revenues to pay for Medi-Cal health care services. Fiscal Impact: Short-term state costs between roughly \$1 billion and \$2 billion annually to increase fund-ing for certain health programs. Total funding increase between roughly \$2 billion to \$5 billion annually. Unknown long-term fiscal effects. Supporters: Planned Parenthood Affiliates of CA; American College of Obstetricians & Gynecologists; American Academy of Pediatrics, CA Opponents: None submitted

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: An existing state tax on health plans that provides funding for certain health programs would become permanent. New rules would direct how the state must use the revenue.

NO A NO vote on this measure means: An existing state tax on health plans would end in 2027, unless the Legislature continues it. The new rules would not become law.

ARGUMENTS

PRO Yes on 35 addresses our urgent healthcare crisis by securing dedicated funding—without raising taxes—to protect access to primary and specialty care, community clinics, hospitals, ERs, family planning, and mental health providers. Prop. 35 prevents the state from redirecting funds for non-healthcare purposes. Supported by Planned Parenthood, pediatricians, California Medical Association. www.VoteYes35.com

CON No argument against Proposition 35 was submitted.

PROPOSITION 36 Allows Felony Charges and Increases Sentences for Certain Drug and Theft Crimes. Initiative Statute.

SUMMARY Put on the Ballot by Petition Signatures
Allows felony charges for possessing certain drugs and for thefts under \$950, if defendant has two prior drug or theft convictions. Fiscal Impact: State criminal justice costs likely ranging from several tens of millions of dollars to the low hundreds of millions of dollars annually. Local criminal justice costs likely in the tens of millions of dollars annually. Supporters: Crime Victims United of California; California District Attorneys Association; Family Business Association of California Opponents: Diana Becton, District Attorney Contra Costa County; Crime Survivors for Safety and Justice

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: People convicted of certain drug or theft crimes could receive increased punishment, such as longer prison sentences. In certain cases, people who possess illegal drugs would be required to complete treatment or serve up to three years in prison.

NO A NO vote on this measure means: Punishment for drug and theft crimes would remain the same.

ARGUMENTS

PRO Prop. 36 makes California communities safer by addressing rampant theft and drug trafficking. It toughens penalties for fentanyl and drug traffickers and "smash-and-grabs" while holding repeat offenders accountable. It targets serial thieves and encourages treatment for those addicted to drugs, using a balanced approach to fix loopholes in current laws.

CON Don't be fooled. Proposition 36 will lead to more crime, not less. It reignites the failed war on drugs, makes simple drug possession a felony, and wastes billions on prisons, while slashing crucial funding for victims, crime prevention, treatment, and rehabilitation. This puts prisons first and guts treatment. Vote No.





Mountain View News Saturday, September 21, 2024



Zhang confidently strolls toward the 14th green where she knows another winning putt awaits her.

ARCADIA BORN ROSE ZHANG LEADS USA WOMEN TO DEFEAT EUROPE IN THE 19th ANNUAL SOLHEIM CUP

Rose Zhang made professional women's golf history at the Solheim Cup by becoming the first player to never lose a match! With a perfect score of 4-0-0, she bested every top female golfer that participated in the event, including the LPGA's currently ranked No. 1 and No. 2 golfers - USA Team Members Nelly Korda and Lilia Vu.

The Solheim Cup is a biennial golf tournament for professional women golfers contested by teams representing Europe and the United States. Every two years it rotates between continents and this year was played at the Robert Trent Jones Golf Course in Gainesville, Virginia.

Zhang won the 2020 U.S. Women's Amateur, and both the 2022 and 2023 NCAA Division I Championships, becoming the first woman to win the individual title twice.

She competed in the 2019 U.S. Women's Open and was on the gold medal team at the 2019 Pan American Games.

Less than two weeks after turning pro, she became the first player to win in her professional debut on the LPGA Tour since 1951.

Zhang was born in Arcadia, California, and resides in Irvine, California.

She began playing golf at the age of 9. For high school, Zhang attended Pacific Academy where she was ranked twice as the world's top amateur female golfer. She enrolled in Stanford University after graduating.

Photo and Story by S. Henderson/MVNews

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8/25 - Angels Baseball	10/13 - 10am to 12:00noon	12/15 - 10am to 12:00noon
9/1 - 10am to 12:00noon	10/20 - 10am to 11am	12/22 - 10am to 12:00noon
9/8 - 10am to 11am	10/27 - 10am to 11am	12/29 - Raiders Football
9/15 - Raiders Football	11/3 - Raiders Football	1/5/25 - 10am to 11am
9/22 - Angels Baseball	11/10 - 10am to 12:00noon	1/12/25 - 10am to 11am
9/29 - 10am to 11am	11/17 - Raiders Football	1/19/25 - 10am to 11am
	11/24 - 10am to 12:00noon	1/26/25 - 10am to 11am

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FITNESS FOR LIFE

FITNESS ROOTS

Historical figures and civilizations have heavily influenced the development of fitness and physical culture as we know it. Here are some fitness concepts we embrace today. Do you know who/where they came from?



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

1. One of the first to emphasize the importance of physical exercise, diet, and lifestyle in maintaining health. He advocated for regular exercise, believing it to be essential for overall well-being. Often called the "Father of Medicine". Hint: From ancient Greece.

2. A Greek physician who developed a more systematic approach to exercise. He believed exercise was crucial for maintaining health and wrote extensively on the topic, emphasizing strength training, endurance, and flexibility exercises. He was the person who started the rigorous training regimen of Roman soldiers—running, jumping, wrestling, and weapon training—designed to improve strength, endurance, and agility. The Roman approach laid the groundwork for modern military physical training programs.

3. This philosopher advocated for physical activity as part of a balanced lifestyle. He believed that exercise, along with good diet and moral integrity, contributed to a harmonious life. He is famous for stressing moderation in all things. His emphasis was on personal discipline and moral integrity indirectly supported the idea of physical well-being.

4. Developed around the 13th century, Tai Chi is a martial art that emphasizes slow, deliberate movements combined with breathing techniques. It is considered one of the earliest forms of mindful movement exercises, focusing on balance, flexibility, and mental calm, principles that are still valued in modern fitness practices. What one person is recognized as a key figure in its origin?

5. Yoga has been a significant contributor to fitness by promoting a holistic approach to health that integrates the mind, body, and spirit. Yoga combines physical postures (asanas), breath control (pranayama), and meditation, providing a foundation for flexibility, balance, and mental clarity in modern fitness. Where did the practice originally start?

6. Ayurveda, an ancient system of medicine that promotes health through a combination of diet, exercise, and lifestyle. It emphasizes individualized exercise prescriptions based on one's constitution (dosha), an approach echoed in modern personalized fitness training.

7. A physician and gymnast, this person is credited with founding Swedish gymnastics, which emphasized calisthenics, strength training, and flexibility exercises. He is considered a pioneer in modern physical therapy and rehabilitation, contributing to the development of structured exercise programs.

8. An educator known as the "Grandfather of Gymnastics", published the first book on gymnastics in 1793, "Gymnastics for Youth". He created a comprehensive system of exercises, including calisthenics and gymnastics, which laid the foundation for physical education in schools. Hint: From Germany.

9. An early American advocate for women's physical education, she developed exercise programs specifically for women. She promoted calisthenics and encouraged women to participate in regular physical activity at a time when it was not considered appropriate for them.

10. An American physical educator and pioneer in developing fitness assessments, he designed gymnasiums and exercise equipment, invented various physical tests, and contributed to the foundation of modern fitness and physical education in the U.S.

11. Known as the founder of the modern Olympic Games, this educator was a French historian who believed in the importance of physical education. He aimed to revive the ancient Olympic tradition to promote international peace and personal physical excellence.

12. Known as the "Godfather of Fitness," this person was an American fitness and nutrition expert who popularized fitness in the mid-20th century. He promoted regular exercise, healthy eating, and resistance training for the general public. His television show, which began in 1951, helped to bring fitness into the mainstream. Hint: He pulled 70 boats for a mile while swimming handcuffed and shackled on his 70th birthday.

These historical figures and traditions laid the groundwork for contemporary fitness practices, including structured exercise, health education, mind-body connection, and holistic approaches to health. Makes you wonder who is living today that will become a notable fitness legend in the years to come!

Answers:


- Hippocrates (c. 460-370 BC)
- Galen (c. 460-370 BC)
- Confucius (551-479 BC)
- Chen Wangting, retired military officer (1580-1660)
- Various Indian teachers, gurus (c. 3000 BC)
- No single founder. Early authors: Charaka (c. 6th century BCE) and Sushruta (c. 7th-6th century BCE)
- Per Henrik Ling (1776-1839)
- Johann GutsMuths (1759-1839)
- Catherine Beecher (1800-1878)
- Dr. Dudley Allen Sargent (1849-1924)
- Pierre de Coubertin (1863-1937)
- Jack LaLanne (1914-2011)

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One Time Events

- September 4** 6:00 pm – 8:00 pm
Twilight Music and Cocktails at the Arboretum
Enjoy the music of Marcus Love while relaxing with mixed drinks and charcuterie.
- September 5** 4:00 pm – 7:00 pm
Taste of Art: Le Piquenique at The Huntington
Discover the history of the picnic through art, sip spritzers and prepare salads and desserts.
- September 7** 6:30 pm – 8:30 pm
South Lake Avenue Walking Tour
Learn about Pasadena's pedestrian-friendly shopper's paradise starting at Pie n' Burger.
- September 7** Gate 5:30 pm; Concert 7:30 pm
Oscar Meets Tony – Pasadena Pops at the Arboretum
Tunes from memorable composers Henry Mancini, Alan Menken and more.
- September 9** 7:30 pm
Wild Up – The L.A. Composer Series at the Sierra Madre Playhouse
Grammy-nominated ensemble Wild Up features a blend of new music, theater, and pop.
- September 13** 5:30 pm – 7:30 pm
Friday Nights at the Gamble House Lawn
Enjoy wine flights, a picnic, and music by Pasadena Conservatory of Music.
- September 13** 6:30 pm – 9:30 pm
Family Friday Movie Night: Jurassic Park at The Huntington
Fun activities and picnicking.
- September 14** 10:00 am – 12:00 pm
Flower Arranging: September Succulents at The Huntington (Adults Only)
Join Flower Duet and create a beautiful floral design.
- September 14** 5:30 pm – 7:00 pm
Family Night Hike: Gross Gardens at the Arboretum
Family-friendly hike offers the chance to touch, smell, and taste some of the nastiest plants.
Adult Night Hike: Hidden History of House Plants at the Arboretum 7:30 pm – 9:00pm

September 21 10:00 am – 12:00 pm
Chinese Floral Arts: Intellectual Style at The Huntington
Explore the practice of traditional Chinese floral arts with master artist Rosa Zee.

September 21 Dinner 5:00 pm; Concert 8:00 pm
Taylor Dayne at Arcadia Performing Arts Center
Dance and sing as Taylor Dayne performs her chart-topping hits at the APAC.

September 21 2:00 pm – 6:00 pm
Taste of Arcadia at Santa Anita Park
Enjoy entertainment and unlimited food and beverages tastings at Santa Anita Park.

September 21 4:00 am – 6:30 pm
An Evening in Focus: Plugged In at the Norton Simon Museum
Explore the galleries and interactive collaborative art-making to music

September 28 6:00 pm
Taste of 'Dena - Altadena Main Library
Enjoy an evening of culinary delights, soulful melodies, and community spirit.

Ongoing Events

September 1 – 29
The Skin of Our Teeth at A Noise Within
Pulitzer Prize-winning comedic masterpiece

September 4 – 29
Cyrano De Bergerac at Pasadena Playhouse
This romantic adventure is reborn in a modern adaptation.

September 14, 2024 – January 6, 2025
Growing and Knowing in the Gardens of China - Huntington Library
This exhibition displays 24 artworks and a participatory exercise

September 20, 21, 22 6:30 pm – 9:00 pm
Mid-autumn Moon Celebration at The Huntington
Celebrate the festival with a stroll through the Chinese Garden.

September 23, 30 1:00 pm – 3:00 pm
Music in the Rose Garden at The Huntington
Wander through the garden to live music from Pasadena Conservatory of Music artists.

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4. Vote for your favorites on Facebook beginning October 1 through October 21. Winners Announced October 26!

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