



Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

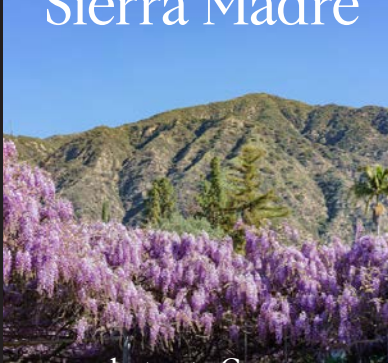
SATURDAY, OCTOBER 26, 2024

VOLUME 18 NO. 43



the webb-martin group

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SIERRA MADRE ROSE PRINCESSES CHOSEN



The Sierra Madre Rose Float Association is pleased to announce the selection of the 2025 Sierra Madre Rose Float Association Royal Court. Please help us welcome left to right, Julietta Hutt, Polytechnic School, Kendra Buchok, La Cañada High School, and Milania Thomas, Pasadena High School, who will represent SMRFA and the City of Sierra Madre over the coming year

IGNORING THE CITY'S CODES

By Glenn Lambdin, Former Mayor

When the editor of this paper asked if I would write an article sharing position on Measure PS (<https://mtviewsnews.com/v18/htm/n42/p02.htm>), the answer was an easy, "yes". So, the first thing last Thursday morning, I decided to go for my pre-dawn stroll to Starbucks to purchase a 20 oz. cup of ambition and to contemplate what I wanted to write.

Arriving at Starbucks, and sitting outside to enjoy my coffee and the morning

sunrise, the first thing I noticed was a "Yes on PS" sign strategically placed in the City-owned bow-out in front of Starbucks. Considering this is a violation of Chapter 17 of Sierra Madre's Municipal Code, I was curious as to why the code enforcement officer has allowed it to remain. Now that I think about it, I also noticed "Yes on PS" signs in the City owned bow-out on North Baldwin, again violations of the City's Municipal Code that the Code Enforcement Officer has ignored. And, as I

was sitting there, one of the two sponsors of Measure PS happened to walk by. After trading our "good mornings", I asked how is it that they were allowed to place a sign on City-owned property, in violation of the municipal code. He informed me that, "Starbucks put it there", and, "to file a complaint" if I don't like it. If I remember correctly, I responded somewhat humorously, "Oh, I'll do better than that, you know me.".....(Incidentally, the manager at Starbucks denies (continued on page 4)

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FOR SALE

BIG BEAR CITY \$449,000
3 Beds, 2 Bath, 1,301 sf Home
Tranquil Big Bear home with central heat, fireplace, balcony, fenced yard, and wraparound deck. Perfect mountain retreat!



FOR SALE

DUARTE \$449,000
2 Beds, 2 Bath, 993 sf, TownHouse
Duarte gem on quiet ground floor corner lot with patio, pool, hot tub, modern kitchen, and 2-car garage.

SIERRA MADRE NEWS & PUBLIC SAFETY

CONGRATULATIONS TO SPJ/LA'S 2024 DISTINGUISHED JOURNALIST HONOREES!

H. Susan Henderson, Publisher/Editor of Mountain Views News was one of 7 journalists honored recently by the Society of Professional Journalists/LA Chapter. According to the SPJ's recap of the event, "It was a wonderful evening as journalists throughout Southern California gathered at Castaway Restaurant in Burbank to honor and celebrate the remarkable careers of seven local journalists, a journalism educator and two student journalists."

Family, friends and supporters from Sierra Madre filled three tables at the dinner and the City of Sierra Madre also presented a Proclamation presented by City Clerk Laura Aguilar thanking Henderson for her commitment to community news. In addition, local residents unable to attend purchased the back cover of the program journal to the surprise to Henderson, also in support of her work.

Popular veteran radio anchor Frank Mottek served as MC and the Keynote speaker, was none other than CBS 60 Minutes correspondent Bill Whitaker. Each honoree was introduced by a colleague or loved one who shared stories of their careers:

Univision correspondent Salvador Duran, who won in the broadcast category was introduced by SPJ/LA member Eleanore Vega.

In the audio category, honoree Margaret Carrero was introduced by Pete Demetriou.

In the category of print 90,000+ circulation, honoree Louis Sahagun was introduced by Steve Padilla.

In the print category for a publication with less than 90,000, Toni Sciacqua was introduced by Frank Pine, executive editor of the Southern California Newspaper Group.

For the first time the category of print mirco/community news was recognized and Henderson, the publisher and editor of Mountain Views News was introduced by her youngest granddaughter, Sierra Madrean, Milania Thomas.

In the category of digital media, honoree Ashley Alvarado was introduced by LAist chief content officer Kristen Muller.

Francine Orr, our honoree in the visual media category was unable to attend the banquet due to participating in a Knight fellowship at Ohio University. Orr submitted a video to say thank you and showcase her work.

Journalism teacher at Daniel Pearl Magnet High School, Adriana Chavira, was the recipient of the Freedom of Information award. She was introduced on stage by her friend and former co-worker Glenda Hurtado.

The two student honorees, Cebelihle Hlatshwayo, who recently graduated from Santa Monica College. Student honoree Anne To was unable to attend due currently working in Berkeley.

Editor's Note: THANK YOU SO MUCH SPJ/LA, SIERRA MADRE AND FAMILY!



Honorees in attendance, l to r, Salvador Duran, Louis Sahagun, H. Susan Henderson, Adriana Chavira, Toni Sciacqua, Ashley Alvarado, Margaret Carrero and Cebelihle Hlatshwayo Photo Courtesy SPJ



Left: 60 Minutes Correspondent and Keynote Speaker Bill Whitaker left to right: Kiwanis President Judy Webb-Martin, Sierra Madrean Mary Lou Caldwell, Former Mayor Rachelle Arizmendi, H. Susan Henderson and Granddaughter Milania Thomas. Photo by Laura Aguilar.

Above: Family and Friends photo by SPJ.

Right: The Sierra Madre Community and Family Members who could not attend congratulated Henderson with Congratulations on the programs back cover. Designed by E. Caldwell.

H. SUSAN HENDERSON
CONSISTENTLY DEDICATED TO MAKING OUR COMMUNITIES BETTER

CONGRATULATIONS!

WITH LOVE, YOUR FANS

"The way to right wrongs is to turn the light of truth upon them."
-Ida B. Wells

A WORD ABOUT MEASURE PS

YES ON PS LETTER

As Sierra Madre residents, and as a 34-year veteran of the Sierra Madre Volunteer Fire Department, my wife and I feel a "YES" vote is essential to our community. Measure PS will specifically sustain and enhance our first responders. Although the city is in a better financial situation now than it was when the UUT was passed, Measure PS will support and keep our public safety departments up to date and operating at top efficiency levels, that our citizens and our mutual aid partners require and deserve. This is a small price to pay to maintain the highest level of response times. Prior research has shown that contracting out these services would double response times and not provide the savings expected. Emergency services are an essential priority for any city, large or small. Measure PS allows the funds to remain within our borders and be directed to maintaining and enhancing our police and fire departments. We encourage everyone in town to vote "YES" on Measure PS.

Bob (Retired Battalion Chief, SMVFD) and Rosemary Burnett

City of Sierra Madre
OFFICE OF THE CITY CLERK

NOTICE OF NOMINEES FOR PUBLIC OFFICE

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the offices designated to be filled at the General Municipal Election to be held in the City of Sierra Madre on Tuesday, November 5, 2024.

For Member of the City Council – 4 Years Vote for no more than two (2)
(Names listed in Alphabetical Order)

- Kelly Kriebs – Incumbent / Attorney
- Robert Parkhurst – Incumbent / Environmental Management Consultant

For City Treasurer – 4 Years Vote for no more than one (1)
(Names listed in Alphabetical Order)

- Sue Spears – Retired School Administrator
(Write-In Candidate - A write-in candidate's name will not appear on a printed ballot. The candidate's name will need to be written in by the voter.)

Measures to be Voted on:

Shall this measure to fund police, fire, and paramedic personnel costs by imposing a public safety special tax from July 1, 2025 to July 1, 2032, to raise approximately \$2,037,000 yearly, with annual audits and citizen oversight provided, at the following rates (subject to increases in CPI and certain exclusions):	Yes
<ul style="list-style-type: none"> • Single-family residential parcels – \$480 per parcel per year, • Multi-family residential parcels – \$576 per parcel per year, and • Non-residential parcels – \$660 per parcel per year; be adopted? 	No

For more information, please call Laura Aguilar, City Clerk, Elections Official, at (626) 355-7135 or via e-mail at LAguilar@cityofsierramadre.com

Laura Aguilar
City Clerk, Elections Official
Posted October 25, 2024

SIERRA MADRE POLICE BLOTTER

October 13 - October 19, 2024

Calls for Service 349	Formal Investigations	13
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Total Year to Date for 2024

Calls for Service 9,593	Formal Investigations	424
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The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Sunday, October 13 Drug Violation

At approximately 7:30 AM, officers responded to the 200 block of North Grove Street regarding a traffic collision. Based on officers investigation, the person who claimed possession of the involved vehicle was determined to be in possession of drug paraphernalia. Officers took a report, photographed the scene, and the driver was cited for the violation.

Sunday, October 13 Auto Burglary

At approximately 9:30 PM, officers responded to the 50 block of East Grandview Avenue regarding a call of a suspicious person on the property. The citizen had footage of a male walking around her vehicle and pulling the door handles. The male was also seen looking around the residence and knocking on the door. Officers were able to locate the suspicious male and place him under arrest for attempted vehicle burglary. He was then transported to Pasadena Jail. This case has been forwarded to the District Attorney's Office for filing considerations.

Wednesday, October 16 Mail Theft/ Tampering

At approximately 7:00 AM, officers responded to the 600 block of Manzanita Avenue regarding a mail theft report. The reporting party stated they check on their mail on a weekly basis, when they checked on that day, they found the mail box opened, with no mail inside. The reporting party is desirous of prosecution. This case is still an open and active investigation.

Wednesday, October 16 Burglary

At approximately 4:00 PM, officers received an online report of a burglary. Officers responded to the 400 block of West Sierra Madre Blvd to follow up on the report. The locks on several storage units appeared to be cut. The storage units appeared to be opened, but no items were taken. A resident was able to provide the color of the vehicle, and no further descriptions of the suspect(s). The case has been forwarded to the Detective's Bureau for a follow up.

Friday, October 18 Missing Person

At approximately 2:00 PM, officers responded to the 80 block of West Sierra Madre Blvd. in regards to a missing persons report. An elderly couple was at a business when the husband turned away from his wife for a moment, he looked back and noticed she was gone. He searched for his wife and was unable to locate her. He contacted Sierra Madre Police to report his wife missing. A few hours later, officers were able to locate his wife and return her safely to her husband. Officers took a report and the case was closed.

SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA



VOTE YES ON PS BY NOVEMBER 5

KEEP SIERRA MADRE SAFE & THRIVING!

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- Prevent reductions in services
- Attract and retain the best-trained and experienced police officers, firefighters, and paramedics

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SierraMadreSafety.org



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Night

Beer, Brats, BINGO & Baseball! We've got it all!

Get ready to shout "BINGO" & enjoy an evening with friends! Big price bingo games, delicious food, beer stein holding competition, music, beer & wine bar, raffle to win 99 cans of beer and the **DODGER** game will be showing during the event!

**St. Rita School- East Campus
322 N. Baldwin Ave. Sierra Madre, Ca. 91024**

**OCT.
26TH**

6:00-9:00 PM



BUY YOUR TICKETS TODAY!



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Day	Weather	Hi	80s	Lows	50s
Sun	Sunny	Hi	80s	Lows	50s
Mon	Sunny	Hi	70s	Lows	50s
Tues	Sunny	Hi	70s	Lows	50s
Wed	Sunny	Hi	70s	Lows	50s
Thur	Sunny	Hi	70s	Lows	50s
Fri	Sunny	Hi	70s	Lows	50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

October 29, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@Cityof-SierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmidia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**

October 28 — November 2

Monday

Baby Rhyme Time — Library at 9:00am

Preschool Storytime— Library at
10:00am

Saturday

Sensory Play— Library at 9:00am.

Registration required

Coming in November

Community Colors— During November, color on our Community coloring pages at the Library.

Candy Drop Off— Donate leftover candy for future Library programs.

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"The dead rise again, bats fly, terror strikes and screams echo, For tonight it's Halloween!"

Halloween is Thursday! Window painting downtown is still going on today so take a walk, take a look and enjoy the creativity of Sierra Madre young people. The scarecrows have been awesome this year and I've tried to give you some of the best. But the picture this week, while not exactly a scarecrow, is one scary skeleton. She is the most fashionable skeleton I've ever come across. Notice her designer skirt, her pearls, her hat, beautifully done hair, and diamond studded shoes. She is the creation of my friend Celia and I think I've saved the best for last.

"Shadows of a thousand years rise again unseen, voices whisper in the trees. "Tonight is Halloween!"

"When witches go riding and black cats are seen, the moon laughs and whispers, 'tis near Halloween."

All Hallows Eve...Be Afraid...Be Very Afraid!

All Hallows Eve.... is coming, A deadly...dreadly night...

When ghouls and ghosts and creepies, And other awful blights, Are free to roam and wander, Anywhere they might.

Creating scary terror everywhere they can, And scream inducing, faint-producing, hair-raising, bone-melting,

What's that right there behind me... Quivery, shivery...Fright!!

They creep out of their crypts and graves, These creatures of the night. They haunt the roads and byways, Run rampant through the park. They hide between the bushes, And everywhere it's dark.

All Hallows Eve.... is coming, A deadly...dreadly night....

When ghouls and ghosts and creepies, And other awful blights, Are free to roam and wander, Anywhere they might.

Up and down the streets of town, They race in search of plunder, These ghouls and ghosts and monsters, About three feet tall or under! They shriek for treats and threaten tricks, But are satisfied with candy. These creatures rule the darkness, As long as Mom and Dad are handy.

All Hallows Eve.... is coming, A deadly...dreadly night....

With ghouls and ghosts and monsters, And other awful sights, Dancing through the shadows, Into circles of street lights.

Beware...take care, Who knows what's waiting, Just around the bend.

Could be Jack the Ripper, come to call again, Or Dracula or Frankenstein, the undead walk tonight. Maybe just stay safe inside...and turn off that porch light.



I've had Pumpkin Spice Lattes galore, a slice of Pumpkin Cheesecake, my Halloween candy is in a basket by the door and Thursday will be delightfully scary. Happy Halloween, my friends. And in case you didn't know, Tootsie Rolls go great with Chardonnay.

My book page: Amazon.com: Deanne Davis
There are treasures there! Trust me! Including "Just Desserts" A Fall Fantasy of Pumpkins Gone Wrong! And all the Emma Gainsworth Adventures. Pumpkins are much more than a squash.

PARKERS PUMPKINS ON E. ALEGRIA - SIERRA MADRE

For the past 25 years now, Doug has been planting and growing (with the help and support of his wife Heather), Atlantic Giant and Big Max pumpkins in his Sierra Madre backyard all for Halloween Week, during which he carves and builds unique, beautiful pumpkin structures for the Sierra Madre community to come enjoy on Halloween night, structures such as his Snake/Dragon called the Snagon, his 3-tier Water Fountain, his Giant Fireplace, and his Giant Spider to name a few of the structures Parker's built each year.

This year, we are fortunate to have another healthy crop of a 600+lb pumpkin, two 500+lb pumpkins, a 400+lb pumpkin, and many between 150 and 300 pounds! Kicking off Halloween Week is our Pumpkin Moving Day, when family and community friends, including our dear neighbors, join us in moving the giant pumpkins off the hill to the "pumpkin cart" and wheelbarrow, and down the driveway to the front lawns at Parker's direction, to be built and carved in place by Parker and brother-in-law, Chris Roberts.

Each year, thousands (yes, thousands), of Sierra Madre residents and visitors to the ENTIRE closed street (except during Covid, when the street had a few hundred visitors) have been so supportive and complimentary of Parker's work. Their comments have deeply touched his heart every year, and it is for the Sierra Madre community that he has done and continues to do this, beginning in May of each year, when he plants his pumpkin seeds, then carefully nurtures the plants through September, until harvesting the pumpkins in October.

The community also has been welcome each year to come and watch as Parker carves and builds during Halloween Week, and the pumpkins are always lit for visitors the night after Halloween as well.

It's been a long, wonderful, happy adventure with Parker's Pumpkins and his beloved hometown, and because this is his Silver Jubilee year of growing giant pumpkins, let's not miss the opportunity to see these remarkable works of art and say Happy 25th Birthday Parker's Pumpkins!



IGNORING (cont. from page 1)

putting the sign there stating that she is aware of the codes. Even a week after I complained, the Code Enforcement officer has allowed the sign to remain in violation of the code.)

Being that it was around 6:30 AM Thursday morning, I forgot that this is the time that the City's contract street-maintenance worker arrives to use his leaf-blower to blow leaves and dust all over Kersting Court. The curious thing was that he was using a gas-powered leaf-blower; the very same leaf-blower that private citizens and gardeners are now forbidden to use, not only by State Law but also by a City Ordinance. The irony of the timing was that as he was blowing the leaves and dust, in the background at the electronic kiosk in Kersting Court read the City's poster that gave notice to the public that gas-powered leaf-blowers were banned effective on September 1, of this year.

Being that I like to verify my concerns before addressing them to authorities, I went home to review the City's website and pull up the codes that regulate both political signs and gas-leaf blowers. One thing is for certain, the codes tend to be very clear and specific with little room, if any, for confusion or misunderstanding.

First off, regarding political signs, Chapter 17.72.030 (K) (4) Election Sign Regulations reads, "Signs shall not be nailed to trees, fences, public utility poles and shall not be located on CITY FACILITIES. (The code also defines and includes "facilities" as "real estate". As such, not only would the bow-outs fall under this prohibition, but so does public parkways.

As far as gas powered leaf-blowers are concerned, they are all banned. In Section 8.40.040 of the municipal code, it only allows an exception for emergencies. The code also restricts the use of even electric leaf-blowers before 8 AM if the use is within "500 feet of a residentially zoned area". I found Mapped Kersting Court and it falls within this 500 foot restriction. The City's contract worker was

not only in violation of using a gas leaf-blower, but he was violating the allowable time restriction. Two bites of a toxic apple.

I decided to address these two issues, political sign violations and leaf-blowers with the City's Code Enforcement officer so at 7:45 AM that morning, I went to City Hall and as I walked in, there was another contract worker blowing leaves at the entrance to City Hall, well within the forbidden 500 foot consideration in all directions and before 8 AM. Oddly too, as I walked in, I met the Code Enforcement Officer at the front door.

My first question to the Code Enforcement Officer was, "Are there any exceptions to the time and use of gas powered leaf-blowers other than emergencies?" He informed me that there are not but that he intentionally does not enforce the code against the tree trimmers or the City's contract workers. He stated that he will enforce the code against gardeners and residents. I was a bit taken back that he admitted this. Knowing the answer, I still asked him, "If he could show me where in the code it gives him the authority to selectively enforce or give special privileges to a select group of people?" Of course he admitted that he couldn't. I explained to him how I find this very concerning. What was even more concerning was that he told me he was operating under the direction of his boss, the Director of Public Works. I asked him, "So what you are telling me is that they are requiring you to break the law?" I suppose what else is concerning is that the Code Enforcement Officer is under the direction of the Planning Department, not Public Works.

My next question was his lack of enforcement regarding the placement of political signs on City owned property, a violation of the Municipal Code and what he is being paid to enforce. He explained that he does not enforce the code if the proper deposit has been paid.

Again this selective enforcement is a concern for me. Staff is not authorized to violate or ignore those laws that were adopted through legislative action. Their

job is to execute the directions by legislative resolutions adopted by our elected City Council.

But let's dive deeper into the political sign issue. Measure PS, with numerous signs in violation of the code, was put on the ballot with the endorsement of all five of our City Council members. Four of the five Councilmembers currently have "Yes on PS" signs, and others, in the City-owned parkways in front of their homes in violation of the City's Municipal Code. Enforcing the code and removing them certainly could put the Code Enforcement Officer in an uncomfortable situation and one I would bet he doesn't want to deal with. The question also has to be asked. "Does the city have a possible interest in Measure PS passing?" The answer is "yes". If Measure PS passes, it will free general fund money that could be used for increased staff salaries, benefits, perks, and special projects. It will put over \$14,000,000 into the City's coffers,

Perhaps it's just me, but I believe in equality for all people, all the time, and without exception. I find it extremely concerning when government officials ignore and willfully violate the laws that the taxpaying citizenship must obey, and for whatever reason, they determine they can exalt themselves above the law. I find it concerning that government officials will penalize residents for the very laws they themselves violate. I find it concerning that government officials discriminate against a certain class of people and give special privileges to others. These inequalities are everything I stand against. It's shameful.

Selectively enforcing the leaf-blower code gives an unfair business advantage to the businesses that the Code Enforcement officer has selected to give a "free pass."

When my conversation with the code enforcement officer was over, I remember saying to the Code Enforcement Officer, "If a regular citizen like myself can recognize this abuse of power so easily, I have to ask myself, just how deep and broad does this go?"

Pasadena Altadena

News From Your Community For Your Community

Report on Pasadena Dengue Fever Cases

Pasadena Public Health Department (PPHD) announced Thursday that officials have published a report in the Centers for Disease Control and Prevention (CDC) Morbidity and Mortality Weekly Report (MMWR), sharing findings from last year's investigation of California's first locally acquired dengue case.

In October 2023, PPHD identified the first locally acquired case of dengue in California in a Pasadena resident who did not travel outside the United States. In collaboration with the San Gabriel Valley Mosquito and Vector Control District (SGVMVCD), the Department took immediate action, increased surveillance, and deployed resources. Enhanced epidemiologic neighborhood investigations identified a second infection of dengue not associated with travel in a Pasadena resident who did not have symptoms.

"As a result of our investigation last year, PPHD found that dengue may be more prevalent in our region than expected," said Acting Director of Public Health, Manuel Carmona. "Recently identified dengue cases confirm our findings, demonstrating the importance of taking steps to prevent mosquito breeding in our community."

In 2024 thus far, Los Angeles County Department of Public Health identified nine cases of locally acquired dengue in the cities of Baldwin Park, El Monte, and Panorama City. An additional case in Escondido was also identified by the San Diego County Health and Human Services Agency.

The best way to prevent getting dengue is by avoiding mosquito bites. PPHD recommends residents and those who travel to areas where dengue is present:

- Wear insect repellent containing the approved active ingredients: DEET*, picaridin, IR3535, or oil of lemon eucalyptus
- Wear loosely fitted, light-colored, long-sleeved shirts, and long pants
- Repair holes in window screens to keep mosquitos outdoors
- To reduce mosquito breeding, PPHD recommends residents:
 - Eliminate standing water in buckets, saucers, toys, clogged rain gutters, discarded tires, and other items that hold water
 - Cover rain barrels and screen all openings with fine mesh
 - Filter and chlorinate swimming pools and spas, and report neglected pools to the vector control district
 - Use a pump to circulate water in fountains and ponds
 - Change the water in pet dishes, birdbaths, and troughs weekly

About one in four persons develop symptoms including fever, nausea, vomiting, rash, and body aches. Symptoms are typically mild and last two to seven days, but severe and even life-threatening illness can occur.

The San Gabriel Valley Mosquito and Vector Control District conducts routine mosquito control activities in the Pasadena region. For tips on mosquito prevention and approved mosquito repellents, visit SoCalMosquito.org.



Police to Get Mounted Enforcement Unit

The Pasadena city council is set Monday to approve an agreement between the City of Pasadena and the Pasadena Police Officers Association to establish a Mounted Enforcement Unit. This will be the first time since 2005 that officers would patrol on horseback in Pasadena to perform various law enforcement duties.

According to city staff and City Manager Miguel Marquez members of the Pasadena Police Officers Association (PPOA) put together a complete proposal to reinstate the mounted unit. They said, the following are benefits that a Mounted Enforcement Unit provides:

- Promote positive communications and interactions with the community.
- Utilize proactive enforcement techniques to apprehend persons violating the law.
- Establish a highly visible police

presence to reduce crime.

- Control crowds at special events, including but not limited to sporting events, demonstrations, parades, and concerts.

- Provide police presence in natural disasters and search and rescue, especially in areas where access to vehicles is limited or denied.

- Participate in ceremonial events, such as Color Guard and parades.

- Any other event or function designated by the Chief of Police to better serve the Department and the citizens of the City of Pasadena.

The city council staff report for Monday reads, the unit will have five officers participating with their own horses. The city will enter into a lease agreement for a two-year term with mounted officers for the lease of their horse for \$1.00 per year. Mounted officers will receive compensation of \$22.50 per hour

for all off-duty time spent to care for the horse. The compensation shall be provided for one hour per day, for a total of seven days per week. In addition to regular duties, mounted officers shall be responsible for:

- Feeding and cleaning the horse.
- Attending to the horse's physical health, welfare and grooming.
- Training and medicating the horse.
- Arranging veterinary care as needed.
- Performing daily and routine maintenance of the horse's equipment and vehicle.

The new Mounted Enforcement Unit is expected to cost approximately \$65,000 in 2025 and up to \$130,000 the next year.

The city council meets at 6 p.m. in the Council Chamber, Pasadena City Hall 100 North Garfield Ave., Room S249.

South Pasadena City Manager Recruitment

The City of South Pasadena is seeking qualified applicants to serve as City Manager of this unique community. This recruitment is being managed by Ralph Andersen & Associates. The ideal candidate is an effective leader and is passionate about public service!

Candidates are encouraged to apply by Friday, November 8, 2024. This recruitment may close or be extended at any time without notice.

Electronic submittals are strongly preferred via email to apply@ralphandersen.com, and should include a compelling cover letter, comprehensive resume, and five (5) professional references.

Ralph Andersen & Associates will work in concert with the City to conduct the initial evaluation of submitted materials to determine the best overall match with the established criteria as outlined in this recruitment profile.

Confidential inquiries are welcomed to Mr. Fred Wilson, Ralph Andersen & Associates, at (916) 630-4900.

For more information or to be considered for the position visit: ralphandersen.com.

Artist Podcasts: Rotating Public Art Program, Series IV

Director of Planning & Community Development, Jennifer Paige, and the Cultural Affairs Division pleased to announce Thursday the release of a new Podcast Series featuring artworks from the City's current Rotating Public Art Program Exhibition.

This Podcast Series includes a self-guided tour of eight public artworks located throughout the City, accompanied by an interactive map and interview-style recordings from each artist or artist-team. By hearing the artists speak directly about their creative process, the community can gain a deeper appreciation and understanding of the artworks currently on view.

New for Series IV, the artist recordings have been transcribed and are available as text with each artwork description, making the content more accessible to those who prefer to read. Listeners can enjoy these podcasts at their own

convenience—whether walking, biking or viewed remotely. The immersive audio recordings were crafted through technical support from artist Alan Nakagawa.

The public is invited to explore the Artist Podcasts by visiting: bit.ly/PodRotating4. A copy of the Series IV exhibition brochure is available for download on the Cultural Affairs webpage

at: cityofpasadena.net/arts

Launched in 2011, the City's Rotating Public Art Program focuses on community engagement, aims to provide opportunities to experience public art that enlivens the urban landscape, and to produce a dynamic visual experience for residents and visitors. The Program creates more venues for public art throughout the City, increases exposure and opportunities for artists new to public art, educates the public by stimulating discussion, and provides a cultural draw for tourists.

The Program places both existing loaned works as well as new commissioned works on public view in neighborhoods representing all City Council Districts with the intention to replace the artworks every few years. A unique element of the Rotating Program engages Neighborhood Art Associates in the artwork selection process. In this way, the Rotating Program asks the public to be directly involved in the development of a city-wide temporary public art collection.

For more information about the Rotating Public Art Program, visit www.cityofpasadena.net/arts or contact Corey Dunlap, Public Art Coordinator, Planning & Community Development Department: cdunlap@cityofpasadena.net, (626) 744-7547.

Pasadena Chorale Wins The 2024 American Prize



Pasadena Chorale staff announced Friday that they have been awarded the prestigious 2024 American Prize in Choral Performance in the community division. This national award recognizes the Chorale's artistic excellence and commitment to bringing high-quality choral performances to the Pasadena community.

Founding Artistic and Executive Director Jeffrey Bernstein said "over the past 15 years, the Chorale has grown from a small group of passionate singers into a thriving, vibrant ensemble that serves our community with free concerts and music education programs. This national recognition is a testament to the dedication of our singers and the unwavering support of our audience. What started as a local dream has blossomed into a nationally award-winning choral ensemble, and I couldn't be more proud of what we've achieved together."

The American Prize National Nonprofit Competitions in the Performing Arts is the nation's most comprehensive series of contests in the classical arts. Since its founding in 2010, the American Prize has attracted thousands of qualified contestants from all fifty states and awarded nearly \$150,000 in prizes. The competition evaluates performances through submitted recordings, recognizing the best performers, ensembles, composers, and directors in the U.S. with no age limits or live competition required.

Pasadena Chorale's commitment to accessibility extends to its educational initiatives. The Listening to the Future program pairs high school composers with professional mentors, culminating in an annual performance of new student works. The High Notes treble chorus for middle school students offers instruction and performance opportunities in a supportive environment, ensuring music education remains free and accessible to all.

This national recognition further solidifies Pasadena Chorale's place as a leader in community-based choral performance. In 2017, the Chorale earned second place in the American Prize in Choral Performance. Now, with the 2024 award, the ensemble continues to inspire and enrich the lives of its audience and participants alike.

Founded in 2009 by Jeffrey Bernstein, Pasadena Chorale has grown from a passionate local group into a nationally recognized ensemble. Since its inception, the Chorale has remained committed to innovative and inclusive programming, offering free concerts to the public, prioritizing new music and works by women and BIPOC composers, and providing educational opportunities for young musicians at no cost to students and their families.

For more information about Pasadena Chorale, please visit pasadenachorale.org.

Pasadena Heritage Night Tour

Twilight Tombs: Pasadena's Funerary Architecture Tour
Sunday, October 27th | 6 PM - 8 PM
Mountain View Mortuary & Cemetery

Join Pasadena Heritage on a night-time exploration of the architecture of funerary, and the eternal resting places of Pasadena's famous and infamous residents, including Thaddeus Lowe (the first Aeronaut of the Civil War Union Army and namesake of The Mt. Lowe Railway), Octavia E. Butler (award winning science fiction author), Henry Markham (the 18th Governor of the State of California and Representative of the US House, namesake of Congress Street), architects Wallace Neff, Sylvanus Marston, and JJ Blick, Eldridge Cleaver (Black Panther turned Republican candidate for US Senate), Charles Richter (like in "The Scale"), Richard Feynman (Noble prize winner and proficient bongo player), the Scovilles, Woodburys, PM Green, DM Renton, Pancho Barnes' parents, Emma Bangs, and many more. Dress for cooler weather/night time temperatures and uneven/non-paved terrain. Bring your best directional flashlight (we will have extras for people in need). This tour will be led by Bill Ellinger and Brian Baker.

For more information visit: pasadenaheritage.org.



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AROUND SAN GABRIEL VALLEY

SAN MARINO MOTOR CLASSIC DONATES \$295,000 TO LOCAL CHARITIES

The San Marino Motor Classic was established to raise funds to improve communities throughout the San Gabriel Valley. Last week, San Marino Motor Classic presented donations totaling \$295,000 to the representatives of the following charitable organizations.

- Patricia Ostiller CEO, Cancer Support Community San Gabriel Valley
- Dia DuVernet President & CEO, Pasadena Humane
- Paul Brassard President, San Marino Rotary
- Donna Pierson Founder, GIVE - MENTOR - LOVE Foundation
- Kanayo Keri Administrator, Shriners Children's Southern California
- Melanie Sauer CFO and Interim Executive Director, Rose Bowl Aquatics Center

We thank all our volunteers, sponsors, donors, participants and attendees who made the 2024 San Marino Motor Classic a success, and extend our appreciation to Paul Rusnak, Chairman & CEO of Rusnak Auto Group for his ongoing support as Presenting Sponsor.

Planning is underway for the 14th annual San Marino Motor Classic to be held in Lacy Park on August 24, 2025.

The 2025 event will include the Automotive Fine Arts Society Art Expo & Sale, the Symphony of Cars Gala and the San Marino Motor Classic concourse. Our goal for 2025 is to realize net proceeds of \$500,000. As of September 30, 2024, \$135,000 has been pledged in support of the 2025 fundraising drive. Please consider making a donation to support our community.

If you would like to serve on our Development Committee or Car Recruitment Committee, please contact Aaron Weiss at flyinggarage@gmail.com or call 818-606-0638. Your participation would be genuinely appreciated.

The San Marino Motor Classic is a 501(c)3 not for profit corporation. For further information, see our web site. <https://sanmarinomotorclassic.com>



L-R: Melanie Sauer, Steve Russell, Dennis Kneier, Paul Brassard, Ginger Umutyuan, Donna Pierson, Aaron Weiss, Valerie Weiss, Wolfgang Kupka, Patricia Ostiller, Dia DuVernet, Alexa K. Barajas, Kanayo Keri

ARCADIA WOMAN'S CLUB HISTORIC CLUBHOUSE INTERIOR TO GET REFRESHED AND REFURBISHED

Arcadia, CA — The Arcadia Woman's Club clubhouse, a building familiar to many and the first structure to be designated as a historic landmark under the City of Arcadia's Historic Preservation Ordinance, is undergoing a significant restoration that will breathe new life into its historic interior. The Arcadia Woman's Club was founded in 1914 and has long been a cornerstone of the community, providing a space for women to gather, engage in philanthropic work, and host a variety of social and civic events. The historic clubhouse, built in 1931, stands as a testament to the rich history and enduring spirit of Arcadia. At 93-years old, the clubhouse has stood as a symbol of community and tradition, and this restoration aims to bring it back to its original grandeur while ensuring its preservation for generations to come.

The Clubhouse refresh and refurbish project is being led by Arcadia Woman's Club member Marchelle Sellers who has a background in art and design. Historic records have been researched to authenticate original features and the key elements of the interior restoration include:

- Maple Hardwood Floors: After years of use, the original maple hardwood floors are being lovingly restored to their former glory.
- Natural Wood Finishes: The painted woodwork, once covered up, is being carefully stripped and restored to reveal its original natural wood state, highlighting the original craftsmanship.
- Fresh Interior Paint: The entire interior is being repainted, enhancing the ambiance while staying true to the historic charm of the building.
- Spanish Revival Furnishings: New furnishings, inspired by a Spanish Revival color palette will reflect the iconic 1930s Spanish Revival style, blending elegance and historical authenticity.

This project is a true community effort, with members of the Arcadia Woman's Club leading the charge in fundraising. To date, of the full campaign amount of \$87,500, 70% of the necessary funds have been raised through generous member donations, and the Club is excited to continue the campaign to complete this remarkable transformation.

For those looking to support the restoration and be a permanent part of the Club's history, donors can contribute to the campaign to be included on the permanent donor plaque. Donations can be made by visiting <http://arcadiawomansclub.org>, or by sending donations to the Arcadia Woman's Club, P.O. Box 660861, Arcadia, CA 91066. Another opportunity to support is by attending the upcoming "Swing & Soirée" dinner/dance event on November 2 at the Clubhouse, where attendees will have a chance to preview some of the beautiful restoration work. Tickets are \$75 per person and available on the Club's website.

Many area residents have fond memories of being at the Clubhouse for dances, music recitals, youth activities and the like. In keeping with the on-going tradition, the Arcadia Woman's Club is excited to announce that the newly restored Clubhouse will continue to be available for event rentals such as weddings, parties, group activities and filming. To inquire about rentals, please visit <http://arcadiawomansclub.org> or call 626-574-8395.

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USC TROJAN AFFILIATES HOLIDAY BOUTIQUE THURSDAY, NOVEMBER 14th

Enjoy a festive evening of shopping and celebration on Thursday, November 14, in the Blue Betting Room at Santa Anita Park. The Boutique features 18 unique vendors so you can get a head start on your holiday gifts. Admission is free, there is complimentary valet parking (enter at Gate 5) and there will be a no-host bar. While shopping, purchase tickets for a chance to win one of our beautiful Holiday Gift Card Trees! Trees feature a variety of themes: Restaurant, Self Care, Kids and Family, Around Town, and Surprise, with values between \$400 - \$600.

USC Trojan Affiliates is a philanthropic women's group of the University of Southern California. "All the vendors generously donate 20% of their sales to Trojan Affiliates Scholarship Fund," says Ayuko Siegel, President of Trojan Affiliates. "Every year Trojan Affiliates awards scholarships to USC students from the San Gabriel Valley to continue their studies."

Boutique vendors include: Beachhouse by Mikalia, Designs by Ronnell, Dry Divas, Hazelsbagz, Herban, Just Janes, Lavender Blue, Mexichic Crafts, Murano Glass Jewelry, Pampered Chef, Pam's Cookies & Cakes, Pelham Paperie, Talula's Kitchen, Traveler, USC Mascot, Merchandise, Trojan Affiliates, Trojan Guild of Los Angeles, and Truffles 'N Toffee

Following the boutique, join us for a special dinner in The Chandelier Room where you'll meet our Trojan Affiliates Scholarship recipients. Hear their inspiring stories as USC students. Cost for the dinner is \$125. To RSVP, please contact Kandi Wopschall at kandiwopschall@gmail.com. Come celebrate the season and support our students!

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ARCADIA SCHOOLS GO DODGER BLUE!



FUN FACT:

Did you know that the Arcadia High School Marching Band performed at Game 4 of the 1981 World Series on Oct 24, 1981?

The Apaches proved to be good luck at Dodger Stadium that day as the Boys in Blue beat the Yankees 8-7 to tie the series at 2. L.A. won the next two games and won that historic Fall Classic.

Besides being historic for our Apaches, it's still the only World Series in which three players, Ron Cey, Pedro Guerrero, and Steve Yager, all won the Most Valuable Player (MVP) Award

GO DODGERS!

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org

Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca.
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
https://school.abvmpasadena.org/

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Dr. Eric Barba
website: http://phs.pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
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Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: ressell@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviashools.net

Duarte Unified School District
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Spooky, Creepy Halloween!

I'm batty about Halloween!

This tradition may have begun in Ireland, England and France.

At the end of **summer** it was **harvest** time. The sunlight hours were waning and people were getting ready for a long, cold winter. Some people felt that the line between the living and the dead was very thin at that time of year.

People built **bonfires** for their harvest celebration. Some wore **costumes** and **masks** so **spirits** wouldn't recognize

them, damage their crops or cause illness. Some people would go door to door asking for money, cheese, apples or bread for the festival night. This is thought to be the beginning of kids **Trick-or-Treating** for **candy** in neighborhoods.

Today, on **October 31st**, many people carve **pumpkins** into Jack-O'-Lanterns and light them to greet children. They have costume parties and may bob for **apples**.

Whoooooo put this sticky web in my way?

Have Fun!

and

Keep Safe!

Find and circle all the words that begin with the letter "S" as in "spider."

Mmm... I want fish for my Halloween treat.

What are you doing for Halloween?

Just hanging around.

There are **12** words in bold print in the bat's speech balloon above. Can you find them and fit them into this puzzle?

C A N D Y

Strawberry

Crispy

Peanut Butter

Pumpkin Seeds

Spinner Spider's Safety Tips!

Here are Spinner's spider web tips for a fun, safe Halloween!

1. Make-up will let you see better than wearing a mask.
2. Use light-colored clothing or bright, glowing paints!
3. Have a flashlight so you can see and be seen.
4. Walk with friends and have an adult you know nearby.
5. Only visit well-lighted houses of known neighbors.
6. Have Mom or Dad check all goodies before eating.

PUZZLES FOR YOU

FAMOUS BUILDINGS

ACROSS

1. Performer's time to shine
5. Selfie, e.g.
8. One of five Ws
11. Très _____, or very stylish
12. Mandolin's cousin
13. Knitter's unit
15. Aren't, colloquially
16. Mimicked
17. *Like House with Oval Office
18. *The Hunchback's home (2 words)
20. Listening devices
21. Flirtatious stares
22. Salt, in Spanish
23. *_____ State Building
26. TV shows, e.g.
30. Will Ferrell's "Funny or _____"
31. Steve McQueen's "The Great _____" (1963)
34. Toss a coin
35. _____ & Young financial services company
37. Kimono tie
38. Sweating room
39. Short skirt
40. Batter (2 words)
42. Lake, in French
43. Anise seed (1 word)
45. *_____ of Versailles or Buckingham _____
47. _____ of war
48. Sinbad the Sailor's home
50. Not good
52. *St. Basil's in Moscow or St. Paul's in London
56. *The Parthenon in Athens is made of this
57. Capital of Norway
58. Aeneas' lover
59. More slippery
60. Animal protein
61. Independent chieftain
62. High degree
63. TV program interruptions

DOWN

1. CAT or PET, e.g.
2. *Key Tower, tallest building in this Buckeye state
3. Laundry room fire hazard
4. Type of local tax
5. Pupa, pl.
6. Things
7. Give up a state
8. Dam-like structure
9. Not misses
10. Football's extra point
12. Soup scoopers
13. Make a solemn promise
14. *Burj _____, tallest building in the world
19. Wading bird
22. "Monkey _____, monkey do"
23. Bodily swelling
24. Rice wine
25. 1/100th of Finnish markka
26. Rotisserie skewer
27. Spurious wing
28. Cancer-treating machine, acr.
29. *_____ Needle, Seattle
32. For boys and girls
33. Lawyers' org.
36. *_____ Chapel, Vatican City
38. Flat replacement
40. "_____, borrow or steal"
41. Eventual outcome
44. Leonhard _____, Swiss mathematician (1707-1783)
46. Portable stairs
48. Headquartered
49. Road-tripping guide
50. Carve in stone
51. Emptiness
52. Vegetative state
53. Ice crystals
54. Passage in a coal mine
55. Voldemort's title
56. Small amount of drink

CROSSWORD

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OCTET	FAA	DASH
FLORA	RIB	DRUPE
TULES	ERA	AURAL
BUCKET	COMMAND	
TED	KILN	
DAB	DELI	DERMAS
ARAB	MILS	DEATH
NISI	AFOOT	ASEA
CAIRN	ETUI	LAIR
ESCROW	OPTS	INK
WEAN	AUK	
BARKING	INFAMY	
OREOS	INN	FRIAR
AGATE	LEO	EMERY
TODO	EON	RANEE

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GAS OR WINE?

A TALE OF HIGH PRICES GO DODGERS

Recently, a question from Cruz Trevino of Sierra Madre crossed my desk. Cruz, having enjoyed a glass of Taittinger Champagne at the Langham Hotel (\$27 per glass), prompted me to investigate how restaurants set their prices for wines by the glass. It seems Beverly Hills' Cannon Drive wine pricing may have migrated closer to home. Like many of us, Cruz appreciates a good glass of wine but hopes to find value without emptying his wallet. As I am writing this with the Dodgers playing the Yankees I should have included the \$20 beer at Dodger Stadium, we'll leave for another article.

I confess, I, too, would love to soothe my nerves with a high-quality pour without needing a small fortune. A glass of wine overlooking the Tap Room's 50 acres of lush greenery sounds appealing, but what's behind these elevated prices?

To get to the bottom of it, I reached out to some of my industry contacts. Ian Blackburn, founder of LearnAboutWine.com, shed some light: "That (\$27) is fairly common for a good glass of wine, and the math works out to about \$135 for the full bottle at that price per glass." For upscale restaurants, the quality of the glassware can also impact the price, a consideration rarely factored into casual dining.

Next, I called Donnie, who owns Domenico's on Washington in Pasadena. He shared a standard practice: "Wine purveyors suggest tripling the cost of the bottle. So, if you see a bottle priced at \$30 in your favorite restaurant, they likely paid \$10 for it." This formula generally applies, although unique establishments and high-end wines may vary in markup.

Now, about those corkage fees—typically \$10 to 25 per bottle. Even if you bring your own wine, restaurants still need to open it and provide glassware. A friendly reminder: it's best not to bring in a bottle they already offer on the menu. And if it's a smaller, owner-run spot, sharing a taste of your wine with the owner can be a nice gesture.

Who should pick the wine? Erudite wine broker Eddie Ramirez advises, "Always have the wine list in hand, and don't rely too heavily on the server unless you're comfortable with the price." This tip is particularly handy to avoid unexpected sticker shock from that elusive "house wine."

So, Cruz, my suggestion is simple: avoid blindly letting the server choose your wine. And when in doubt, always check the wine list carefully. I once stayed at a resort in South Laguna where a "house" glass of wine set me back \$110! Lesson learned.

Hope this helps, Cruz—and for anyone thirsty for more insights, follow me on TikTok and Instagram!

THE TASTING ROOM

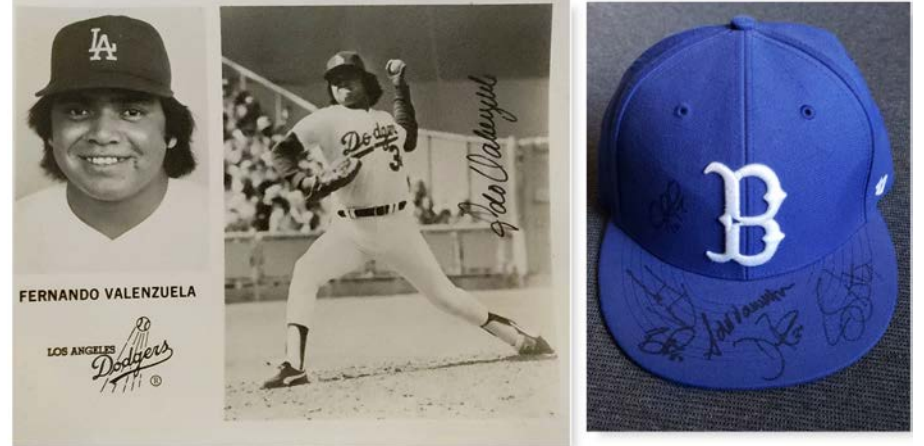
VAYA CON DIOS FERNANDO

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre.

My son texted my family Tuesday night. The message simply said - Fernando passed. I cried. The tears hadn't completely vanished while writing this late that night. My son and his mom always say that I am the emotional one of the three of us. I don't deny it, hell, I get emotional over a great glass of wine at times. But this affected me in a different manner. Hearing the news took me back to an August evening in 1981 when my dad and I went to see the Dodgers play. It was the last baseball game my dad and I ever attended together, and Fernando was pitching.



had a great game. He pitched a complete game shutout and had two hits. The place was sold out. Chavez Ravine was rocking. It was the height of Fernandomania, and my dad and I were there enjoying every



I wrote an article two years ago when Vin Scully died. In the article, I mentioned that August 1981 game. When Vin passed away it reminded me of how listening to Vin with the Dodgers or Harry Caray with the White Sox throughout the years brought back good memories of time spent with my dad. Baseball is my favorite sport bar none, it is the greatest sport ever. It brings back good memories. It brings back memories of my childhood, and memories of my son's childhood.

minute. My dad was from Mexico and was so proud of this young man from Mexico who enthralled a whole new legion of fans. Mexicans, Mexican Americans, Latinos, were all so proud of Fernando and what he was accomplishing. There wouldn't be any Doyers today if not for Fernando. How ironic that my dad was dying of ALS - Lou Gehrig's Disease - and we were at a baseball game enjoying the game we loved so much for one last time together. Life can be cruel, but for that one night, it was magical, it was miraculous, it was sublime, it was Fernandomania, it was baseball. It was a dad and his son together.

I'm not like Marilu Henner - I don't remember every single moment of my life. I can't recall attending my very first baseball game. What I can tell you though is that there are enough memories to fill my heart. I remember a young boy and his dad in McCuddy's Tavern across the street from the old Comiskey Park on the South Side of Chicago. My dad was having a beer before the game in the same tavern that Babe Ruth was rumored to have a beer or two along with a few hot dogs between innings of a game. I can still recall the scent of hot dogs, beer, and the old tavern smell that wafted through the air.

The memories are different now, but just as heartfelt as any. My son is away at college, but I can still remember the crack (or is it ping?) of the bat and Joaquin sending the baseball all the way to the fence in T-Ball. I remember him loving baseball so much and wanting me to play catch with him until he was plum tuckered out. I remember him hitting the ball so hard back up the middle and knocking my glasses off - it shook me up but thankfully no harm was done except to my ego in that he hit my fastball so easily. As a parent you'd take a bullet for your child, add a baseball to that list. I remember taking him to his first game at Cellular Field (it will always be Comiskey Park to me) with my lifelong friend Juan and his family, and to his first game at Wrigley Field with my lifelong friend (and brother of Juan) Miguel and his family, and to his first game at Dodger Stadium with my family. All beautiful memories. Now, when he comes home from college this summer, hopefully we'll sit and watch a ball game on television when we can. Maybe we'll catch a few games at a ballpark we haven't been to before. And maybe years from now, he too will have a few good memories when he thinks about people like Vin, Mookie Betts, Shohei Ohtani, and Fernando (he met him and got his autograph in 2017 on the field at Dodger Stadium), just as I remember Luis Aparicio, Minnie Minoso, and Dick Allen. This game can bring tears to your eyes, but mostly it brings smiles, warm memories, and joy to one's heart.

I remember sitting next to my dad in the "frontroom" (livingroom in Chicagospeak) watching the White Sox game with him. I missed the first few innings having to sit in my room as punishment for some forgotten transgression I was guilty of that day. There's nothing like the sound of your dad calling you out of your room to come watch the baseball game with him. Oh God, I can still smell the Vitalis in his hair as I sat next to him watching that game. I was happy and content, but totally unaware that these moments wouldn't last forever.

I remember a young teenager sitting with his dad in the center field bleachers at Comiskey Park. My dad called out to Chet Lemon to throw him a baseball. I, being the know-it-all teen, told my dad it was futile to ask, and he wasn't going to get a baseball. A few seconds later, a baseball is in my dad's hands, along with one of the biggest smiles I ever saw on his face.

As my mom would say - Vaya Con Dios Fernando. Thank you for the wonderful memories, and God Bless.

And I remember a young adult with his terminally ill dad going to a Dodger game. It was Thursday, August 27, 1981, Aisle 9, Box T. I only know the details because my late mom saved the ticket from the game. She wrote upon it "SAVE. Last time Dad went to a ball game with Gus." God bless her. We used to kid mom about her saving all sorts of stuff, plastic bags and little sugar packets come to mind. But I am glad she saved this ticket. I remember that Fernando

Join me on Sunday at 4pm for Wine & Halloween Candy Pairing. Next Friday, The Tasting Room is on the road at Adams Pack Station.

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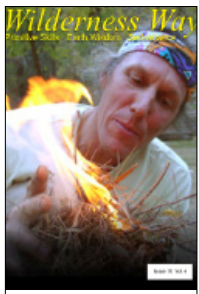
ALL THINGS By Jeff Brown

Why Do We Carve Pumpkins at Halloween?

The jack-o'-lantern has a long history with Halloween, although our favorite demonic faces haven't always been carved out of pumpkins. Their origin comes from an Irish myth about Stingy Jack, who tricked the Devil for his own monetary gain. When Jack died, God didn't allow him into heaven, and the Devil didn't let him into hell, so Jack was sentenced to roam the earth for eternity. In Ireland, people started to carve demonic faces out of turnips to frighten away Jack's wandering soul. When Irish immigrants moved to the U.S., they began carving jack-o'-lanterns from pumpkins, as these were native to the region. But how did jack-o'-lanterns become associated with Halloween? Halloween is based on the Celtic festival Samhain, a celebration in ancient Britain and Ireland that marked the end of summer and the beginning of the new year on November 1. It was believed that during Samhain the souls of those who had died that year traveled to the otherworld and that other souls would return to visit their homes.

In the 8th century CE, the Roman Catholic Church moved, All Saints Day, a day celebrating the church's saints, to November 1. This meant that All Hallow's Eve (or Halloween) fell on October 31. Traditions from Samhain remained, such as wearing disguises to hide yourself from the souls wandering around your home. The folklore about Stingy Jack was quickly incorporated into Halloween, and we've been carving pumpkins—or turnips—ever since. Have a safe fun Halloween.

CHRISTOPHER Nyerges



[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

DR. RICHARD JELUSICH'S MISSION: TO TRAIN A NEW GENERATION OF HEALERS



On a recent evening, Dr. Richard Jelusich and a few of his students filled a meeting room with massage tables, but they were not giving massages. This was a free public demonstration of Integrative Chakra Therapy* (ICT), a method of energy medicine developed by Jelusich, and which he has taught since 1999.

On the massage table are patients lying supine. Next to each table is a graduate-practitioner of Jelusich's training. The practitioner begins by asking permission to "treat" the patient. Then, the practitioner moves their hands over the body of the patient, slowly, repeatedly, attempting to feel any issues with any of the patient's chakras. There is no touching of the patient. The practitioner makes a preliminary assessment to be told to the patient later, then allows subtle energy to flow through them to the patient's chakras and body. Finally, after about 15 minutes, the practitioner has the patient sit up, and the practitioner explains what he or she "saw." Some of the insights might include mental, physical, emotional or spiritual events, pictures seen, colors seen in the chakras, and the relative health of the patient. The practitioners usually offer suggestions to the patient for further action for the purpose of helping the patient self-empower.

Dr. Jelusich is the author of "Eye of the Lotus; Psychology of the Chakras" and other books. He gradually developed his system, which he calls, Integrative Chakra Therapy* (ICT), after years of study and research. His full course for practitioners takes about 3 years from beginning to graduation, after which some of his graduates go on to become "healers."

"Keep in mind," said Jelusich, "that no healer actually ever heals. Only the patient heals themselves, or not. The healer merely facilitates (as a conduit) that very natural process and it is why a healer should not get caught up in the false pride of believing they have some special powers."

Jelusich, who teaches mostly in Southern California and Canada, began his long career by doing "flower readings" in 1992. Those who attend such readings select a flower and place it on the table before Jelusich enters. Then Jelusich takes one flower at a time and proceeds to say things about the person who held that flower, usually saying things that he could not possibly have known. "The flowers speak to me," says Jelusich, "and I am only sharing what they tell me." Even the casual observer of these flower readings concludes that Jelusich is psychic. Participants over the years have had many reactions to these readings, usually that the short reading was unique, insightful, and helpful.

Still, the main work of Dr. Jelusich are his Integrative Chakra Therapy* workshops, those which take three years to produce trained healers. His methodology is outlined in his "Eye of the Lotus" book, which provides details to understanding the human chakras, what they are, and how they work and affect the way we perceive reality. Essentially, the chakras are 7 points of energy and consciousness conduits in the body which reflect different aspects about each of us. This is the basis for Jelusich's training program, teaching the student how to understand chakras, and how to "read" them. The goal in chakra-reading is to allow the practitioner another perspective on what constitutes the "human organism," and to lead the patient to a state of health and fulfillment.

As his students advance in their training, they become able to see if a patient's chakras are strong or weak, whether certain areas are over-worked, whether they have "baggage" that should be dealt with, and other issues. "It's a very exacting work of discovery," says Jelusich, "because you never know what the practice will reveal."

As an observer, I have watched Jelusich and his practitioners do their healing practice, after which they tell the patient what they "saw."

"Amazing," said one patient. "That report was spot-on! Are you psychic?" Patients are told to maintain their spiritual practices, rest after the treatment, to drink water, and sometimes to take other actions. This can include being given chakra exercises, exercising more, listening to music, improving their diet, etc. It all depends on the individual patient.

Dr. Jelusich was born in 1953, and holds a Ph.D. in Human Science from the California Institute for Human Science (CIHS, an accredited university), where he is also lead faculty and Chair of the Board of Trustees. He has studied behavioral psycho-acoustics, bio-electromagnetics, transpersonal psychology, and Eastern-Western philosophy. His Ph.D. dissertation is "Psycho-Physiological Effects of Frequency Octave Related Light and Sound."

Dr. Jelusich's main teacher, Dr. Hiroshi Motoyama, was the first President and Founder of CIHS and was also the head priest of the Tamamitsu Jinja (a Shinto shrine and religious organization) in Tokyo, Japan.

Dr. Jelusich was recently honored this year with a lifetime achievement award by the Jinja in Tokyo, the "The 1st Hiroshi Motoyama Award" for his service in supporting CIHS and Dr. Motoyama's philosophy and research.

Dr. Jelusich can be reached at these Websites: www.lightnews.org www.bamboogardenwellness.com

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Pet of the Week

TAHOE is a calm and friendly 8-year-old white Lab mix who has an easygoing, affectionate personality. Despite his age, Tahoe has plenty of playful energy and loves his walks, plush toys, and training sessions. He's an excellent leash walker with a loose, easy gait, and he enjoys sniffing around, occasionally showing curiosity but remaining calm even when passing by other dogs or people. Tahoe is quick to settle into a routine. He's house-trained and knows basic commands like "sit," "down," "stay," and "watch me." He's also very treat-motivated—especially for hot dogs—and responds well to training sessions. He enjoys a game of fetch and engages playfully with toys, though he can get a little possessive over plushies - who can blame him- they're adorable! Tahoe thrives on attention and loves to stay close to his human companions. He's known to lean in for pets, make soft eye contact, and offer gentle tail wags.



After playing or training, he'll calmly settle next to you, perhaps hopping up for a few extra pets or licking your hand in appreciation. Tahoe is a calm, well-mannered dog who enjoys life's simple pleasures—walks, treats, and good company. If you're looking for a sweet and steady companion who enjoys attention and will stay by your side, Tahoe could be the perfect fit! The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 2:00 – 5:00. For those who prefer, adoption appointments are available daily from 10:30 – 1:30 and can be scheduled online. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

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From The Desk of Steve Sciurba, Safe Path For Senior

MAKING THE HOLIDAYS SPECIAL FOR SENIORS

The holiday season can be both joyful and challenging for seniors. Here are some key ways to ensure they feel connected and cared for during this time:

Combatting Loneliness

Many seniors face loneliness during the holidays, especially if they live alone or far from family. Encouraging regular visits, calls, or even inviting them to community events can help brighten their spirits. Organizing family gatherings or volunteer programs that involve seniors is also a great way to make them feel included.



Staying Engaged

Participating in holiday activities can be enjoyable for seniors, but it's important to consider their abilities. Simple crafts, baking, or helping with wrapping gifts are ways to keep them involved without overwhelming them physically.

Mindful Meals

Traditional holiday foods can sometimes conflict with dietary restrictions like managing blood pressure or diabetes. Planning festive meals that are lower in salt, sugar, or fat ensures seniors can enjoy the celebrations while maintaining their health.

Medication and Health Management

The holiday hustle can sometimes cause disruptions in routine. Caregivers or family members can help seniors stay on track with their medications by setting reminders or organizing their doses.

Gifting Thoughtfully

Meaningful gifts like cozy blankets, family photo albums, or simple technology for video calls can brighten their holidays. Practical gifts that enhance comfort or promote hobbies are also thoughtful options.

Involving Seniors in Traditions

Including seniors in holiday traditions, like sharing stories or helping with small tasks, fosters a sense of belonging and purpose. With a little extra care and attention, the holidays can be a joyful time for seniors, creating lasting memories for everyone.

BEST PILL BOXES AND MEDICATION MANAGEMENT TOOLS TODAY



Dear Savvy Senior:

Can you recommend some good pill boxes and medication reminding devices? I've recently started taking several new prescription medications along with some vitamins I normally take and need to get a pill box that helps me organize them. What can you tell me? Almost 70

Dear Almost:

Pill boxes (a.k.a. pill organizers) play an important role in keeping people healthy because they help you stay on top of your medication regimen. While there are many options, here are a few tips to help you choose, along with some top-rated pill boxes as recommended by expert reviewers.

Identify Your Needs?

When choosing an appropriate pill box for you, you first need to ask yourself a few questions, such as:

- How many pills do you take and how big are they? If you take only a few medications, a smaller pill box may be sufficient. But if you're taking multiple medications and large vitamin supplements, you'll want to get a large compartment pill box that can hold your daily dosage.
- Do you take your pills once a day or multiple times a day? If you take medications only once a day, a simple pill box with one compartment will do. But if you need to take medications multiple times a day, you'll want to get a pill box with either two, three or four compartments for each day of the week.
- Do you have problems remembering to take your medications? If so, there are organizers that have built-in alarms and reminding features, or you can download a free medication reminding app on your smartphone.
- Do you have a difficult time opening your medication containers? If so, there are easy-open pill boxes or automated medication dispensers that are ideal for those with dexterity problems.
- Do you need a portable pill box for when you're away from home? There are smaller portable pill boxes made for traveling, some of which have sealed-shut cases that prevent moisture and dust from entering.

Best Pill Boxes

With help from The New York Times (Wirecutter) and USA Today (Reviewed), some of the best pill boxes in 2024 are offered by Auvon and Sukuos which make a variety of single and multiple compartment pill organizers that are big, colorful and easy to open.

Their top-rated options include the "Auvon Weekly Pill Organizer" for once-a-day medication users; "Sukuos AM/PM Weekly 7 Day Pill Organizer" for twice a day use; "Auvon iMedassist Moisture-Proof Weekly Pill Organizer" for four times a day; and the "Auvon Moistureproof Monthly Pill Organizer" for those who want to organize their medications monthly.

Or, if you're interested in a travel pill box, the "MUchengbao Travel Pill Organizer" is considered an excellent choice.

All of these pill boxes cost around \$10 and are available on Amazon.com or Walmart.com.

High-Tech Pill Organizers

If you need more help keeping up with your medication regimen, there are smart pill boxes that will organize your pills, remind you to take them, track your progress and even text or email caregivers if pills are missed. A popular option to consider here is EllieGrid (elliegrid.com, \$149), which connects the pill box to the EllieGrid app (via Bluetooth) that you would install on your smartphone.

Or if you need even more help, there are automated medication dispensers like the Hero (herohealth.com, \$45 per month), which is a comprehensive, Wi-Fi connected, app-based system that will remind you when to take your pills and dispenses them to you.

Medication Reminding Apps

If you're interested in a medication reminding app, some top-rated choices include MyTherapy (mytherapyapp.com) or Medisafe (medisafeapp.com). These are free apps that you can download in the Apple or Google Play app stores that will send you timely notifications to take your pills, and reminders to refill your prescriptions.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



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* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

NOTHING IS MORE SATISFYING THAN DOING NOTHING

We were facing a very severe hurricane, and everything was being shut down. The hurricane was to hit us on a Wednesday night. Because we were in the center of where that hurricane was supposed to come, we were not allowed to get out and drive on the streets. I knew that I had to finish all my work by Tuesday. I had radio programs to record and write my syndicated newspaper column.

With due diligence, I got everything done by Tuesday afternoon. We still had electricity, so I was able to email my radio programs, and newspaper column. I was afraid that if I had waited for my normal routine, we would have lost electricity at the least, and I would not have been able to get it all done.

I've never done something like this before, but I did all my week's work on Monday and Tuesday. When I woke up Wednesday morning, I realized that I had nothing to do. All of the work for the week had already been finished, and I had nothing more to do.

Nothing like this has ever happened to me before. I'm the kind of person that likes to work every day. I go to my office every day and work and work and work. That's my MO. I like nothing better than working.

Now, I had the rest of the week with nothing to do. I suppose I could've continued working on one of my writing projects or read some books I was working on, but I had a little butterfly thought floating in my head. What would it be like if I had nothing to do?

The Gracious Mistress of the Parsonage worked in her craft room, and was busy with her projects. Even if the electricity went out, she had something to do in her room. I could've gone to my office, sat before my computer, and done some work.

Being the old geezer I am, I don't have the energy I had 10 years ago. It takes me longer to do things that I once could do with a snap of my finger. What if I just spent the next three days doing nothing? At one time, that would've been a terrible thought for me. But now I'm beginning to like that thought. At the time, doing nothing seemed to be an excellent idea.

Having never done nothing before, I couldn't figure out how to do it or how to plan my day. I'm pretty good at planning my day, but then I realized that if I'm going to do nothing, there is nothing to plan.

I did think about asking The Gracious Mistress of the Parsonage how I should plan my nothing days. As I thought about that, I realized she would tell me what to do, and then I would have something to do rather than nothing. She is the great architect of doing things. As I was planning my "Nothing Days," I realized that I couldn't think because that would be something. Oh boy, it is hard work to do nothing.

When I got up Wednesday morning, it started to rain, and there was a wind outside, so I decided to wear my pajamas all day. If I had changed into my daily pants and shirt, that would have been doing something, and I didn't want to do anything.

I walked out to the kitchen where The Gracious Mistress of the Parsonage was doing something. She was making breakfast. She asked me, "Are you going to wear your pajamas all day?" I looked back at her and said, "I have nothing to say." Thus began my first day of doing nothing.

Without even thinking about it, I ate my breakfast and wobbled my way to my easy chair to sit down and continue doing nothing. "Do you have any plans for today?" My wife asked. "I have nothing to say." She looked at me rather strangely and then walked back to her craft room to begin her projects for the day, whatever it was. I just sat on my easy chair, leaned back, and enjoyed the moment.

One thing I've learned about these "Doing Nothing Days" is that they're very easy to start. Nothing demands that I do nothing, and I am unanimous in that. I didn't even look at my watch because that would be doing something. And if I'm doing nothing, why must I know what time it is? I enjoyed three splendid days of doing nothing.

By Friday, the hurricane was out of our area, but there were still driving restrictions because of some damage. But the hurricane was over; therefore, my days of doing nothing were ending, and I would soon be back doing something. When I was in my easy chair, I tried hard not to think because that was doing something. But Friday morning, I could think a little and look back over those days with great appreciation.

I've learned that there comes a time when I should set aside a day to do nothing. Maybe we should have a national Do-Nothing Day. I would recommend one restriction: everybody would be able to pick the day they would do nothing. I think that would go a long way in benefiting our country today.

I reflected on Colossians 3:23, "And whatsoever ye do, do it heartily, as to the Lord, and not unto men." com

MOUNTAIN VIEWS NEWS

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON MALE ELIMINATION



Yesterday after attending an awards ceremony discussing the world-wide loss of any independent free press, I thought about the actual declining birth rate of all human beings. The birth rate for all human beings has declined for the first time since the Black Death of the fourteenth century. In fact, according to the internet, before the end of this century the number of people on the planet could shrink for the first time. The decline in the fourteenth century was the result of disease, the bubonic plague epidemic. Although you might want to blame the Covid Virus Pandemic for the decline the actual reasons cited are that the decline is the result of cross-cultural shifts towards having smaller families or choosing not to have families at all. Of course, the acceptance of same-sex partnerships resulting in long term relationships without the necessity of children might be a factor as well as the fact that people are simply living longer including extended periods during which they are biologically incapable of reproduction.

First, let us first talk about Vladimir Putin, perhaps the richest man in the world. Putin has managed to end the Russian theoretical prohibitions against continuing rule and apparently intends to rule in perpetuity. Of course there has been opposition to Putin, but like other tyrants, Putin has imprisoned and caused to be murdered those who have opposed him. (Donald Trump speaks of doing the same thing.) Yes, there had been a growing opposition to Putin which demonstrated weakness which Putin intended to combat by his incursion into Ukraine.

At first the World Press informed us that this would be an easy task, and the conflict would be over in less than a week. Well of course that has not happened. Already close to one million deaths are the ongoing result of that conflict. It has recently been reported that the North Korean autocracy has transferred 3,000 troops to Russia. Putin and other autocrats, such as Turkish President Erdogan have tried to counter opposition by jailing opposition and centralizing power. This is not atypical of the behavior of autocrats now in control and by his own statements Donald Trump has asserted that, once elected, he will eliminate all Constitutional limitations on the Presidents and dispense completely with further elections.

It has now become clear that Trump is now supported by another one of the world's richest men, Elon Musk. I believe that Musk, quite correctly, views Donald Trump as a doddering ageing idiot whom Musk can easily manipulate and control. I believe that Putin, Trump, Musk and other controlling autocrats or wannabe autocrats, totally disrespect women and view brute force as the only capable instrument of asserting real power. If women can be discounted and the number of men can be limited and placed within controlled military forces the powerful ones believe they will be even more secure in their power.

Do you recall Jeffrey Epstein and his island of teenaged girls who were somehow lured to the island? As I understand it, Epstein talked of impregnating all of the girls himself and thereby become the genetic father of all of the island inhabitants. I believe the thought was that other men were unnecessary in that one man was capable of being the father to all while every individual female was capable of being a birthing mother. Young men would only serve the purpose of defending the leader against opposition and would be removed if they became a threat to the leader himself. Perhaps this is a shared dream of the powerful.

I know this speculation seems crazy, but I believe that once in power autocrats do not want to share power but lust for more. Secret World-wide conspiracies might well take place intended to fend off threats to power and there may be no free independent press to report it. HELP. Really is this any crazier than the talk of a potential nuclear conflagration that could potentially cause extinction of our entire specie, or an ignored climate crisis that endangers the whole planet? Let us hope that democracies and sanity will prevail and that something like civilization we like to believe we have can be maintained. I fear that my fears about the upcoming election have led to increased fears about everything else. What about you?

RICH JOHNSON NOW THAT'S RICH FERNANDOMANIA



I learned a little bit more about love this morning. That special awareness that comes only from losing something or someone valuable and precious. Sadly, as we Angelenos are excitedly anticipating the World Series, squaring off our wonderful Dodgers against those serpents, the New York Yankees, we are experiencing the loss of our pudgy and cuddly icon of Dodger mania, Fernando Valenzuela. The creator of that wonderful malady, "Fernandomania" passed away just last Tuesday. He was 63.

Fernando had a 17-year career in major league baseball. He was an All-Star six times. And as a pitcher he had 173 regular season wins and over 2,000 strikeouts. Fernando was one of 12 children born in the Mexican town of Etchohuaquila, Sonora. With his signature chubbiness and thick black hair dangling below his Dodger cap we somehow knew this man was destined to be great. He came in with a bang before the 1981 baseball season. What was the big bang? Well, as luck would have it (for Fernando), the two Dodger pitching aces were injured. So, this rookie, who had pitched a total of only 17 relief innings in the major leagues, was surprisingly named by manager Tommy Lasorda, as the Dodger's 1981 opening day starting pitcher.

How did he do? He retired 11 of the last 12 batters he faced and finished a complete game shutout, giving up only 5 hits. He won the game 2-0 before a sold-out home crowd of over 50,000 fans.

Oh, and over his next 7 starts, he won, let me see, 7 times. He has the distinction of being the only player in major league baseball to win the Cy Young Award and the Rookie of the Year award in the same season. Hence the birth of "Fernandomania"! All of a sudden, Mexican music was being played at the stadium, the Dodgers had to hire more Spanish speaking ushers, and the number of Mexican radio stations broadcasting Dodger games went from 3 to 17. As Dodger fans starting gleefully shouting "Fernandomania", owner Peter O'Malley was heard repeatedly saying, "ca-ching, ca-ching"!

Yeah, but was Fernando a flash in the pan? Oh, contraire mon amie'... He was picked to pitch in the next six straight all-star games. And get this...he earned two Silver Slugger Awards, plus a Golden Glove. And more, he was used occasionally as a pinch hitter batting .368. In addition to appearing on the pitcher's mound, the Dodgers put him in the outfield and at first base...though not at the same time.

After his major league career on the mound and swinging a 32 ounce stick was over, he was soon calling Dodger games on Spanish-language radio for the next 20 years. Fernando stopped broadcasting Dodger games just this last October 1st, and passed away last 21 days later, on Tuesday October 22. Fernando, you will be missed but never forgotten.

And thank you Homero De la Fuente, CNN sports guru for your inspiring coverage. One last point about Fernando: He was one of a handful of pitcher/sluggers. Pitchers who were as dangerous at the plate as they were on the mound. Of course, that mantle, in the Dodger world was recently passed from Fernando to Shohei Ohtani. Other famous baseball pitchers who could also wield a mighty bat include (you may have heard of this guy) Babe Ruth. Then there were the twin Dons; Don Larsen and Don Drysdale. And my favorite, Sloppy Thurston.

Fernando, I won't find out until I enter the Pearly gates, just how many young people you inspired and motivated to reach for the stars. Particularly those of us slightly chubby, pudgy and podgy!

A quick nod to one of my two favorite Sierra Madre Restaurants. Corfu. Great breakfasts, lunch and dinner. Their Mediterranean cuisine has the distinction of being yummy and healthy...a rare combination. Corfu Restaurant is 5 or so storefronts west of Baldwin Avenue on the south side of Sierra Madre Blvd. And there is plenty of parking and entrance behind the restaurant in a nice sized parking lot. They could certainly use the business. They open at 9:00am. And, if you come on a Saturday morning, we can share stories as I typically play cribbage, the card game. I would love to ditch the game to meet and hang with folks who like my column.

Before I sign off, I would like to mention my editor, Susan Henderson. She has been and continues to be an inspiration to me. I'm certain she considers me a rock in her life. Actually, more like a pebble in her shoe. If you can envision a person on the stage twirling 8 plates on tall sticks, you can envision what a week in the life of this wonderful lady must look and feel like. Congratulations dear friend and mentor, for being named an honoree for the SPJ/LA Distinguished Journalist Award.

ALEXANDRA Paskhaver AN ARGUMENT AGAINST ABOLISHING HALLOWEEN



Some people argue that we should ban Halloween. And I would raise my pitchfork and follow them, were it not for a few considerations.

Let us be clear. I am not a massive fan of Halloween. There are better holidays, like Christmas or Talk Like a Pirate Day. Even so, Halloween should stick around.

Stickiness happens to be one of the stronger arguments against it. Parents complain that all that candy gives their kids cavities. And then it gives them cavities.

Not because the adults steal the candy. My mom and dad always denied it, anyhow. Parents just get cavities by association.

The fact that high candy consumption might cause teeth to lose their points is certainly a strong point against Halloween.

But without all those cavities, how would dentists make a living? Abolishing Halloween would mean throwing nine out of 10 dental professionals out of work.

As someone who carefully follows employment statistics only when I have nothing to read in the dentist's office, I cannot justify this risk.

And let's not forget the excess of Halloween costumes stuffed in the closets of children across the nation.

Even I still have my old clown getup, though I haven't gone trick-or-treating for over a decade.

If we did away with Halloween, to whom would we give those scary costumes? To the armed forces?

According to Professor Google, the U.S. boasts about 2 million military personnel and 72 million children.

Unless each service member got 36 costumes, canceling Halloween would lead to a ton of waste. We try to be an environmentally friendly country, at least when it suits us. So we can't have that.

But Halloween doesn't just prevent waste and unemployment in the dental sector. The holiday teaches kids valuable lessons.

Sure, now they're going door to door asking strangers for treats. But how else would they learn to work in government?

The child who scoops the entire bowl you left out into a pillowcase instead of just taking one chocolate is the next billionaire businessman.

As for the teenagers who splatter eggs on your house and festoon your trees with toilet paper? They're the Jackson Pollocks of their generation.

It follows that banning Halloween would deprive our society of the salutary presence of politicians, tycoons, and modern artists.

I don't know about you, but that's definitely—I mean, definitely NOT—an America I'd want to live in.

Lastly, some folks propose scratching Halloween from our calendars would enable us to celebrate something more worthwhile.

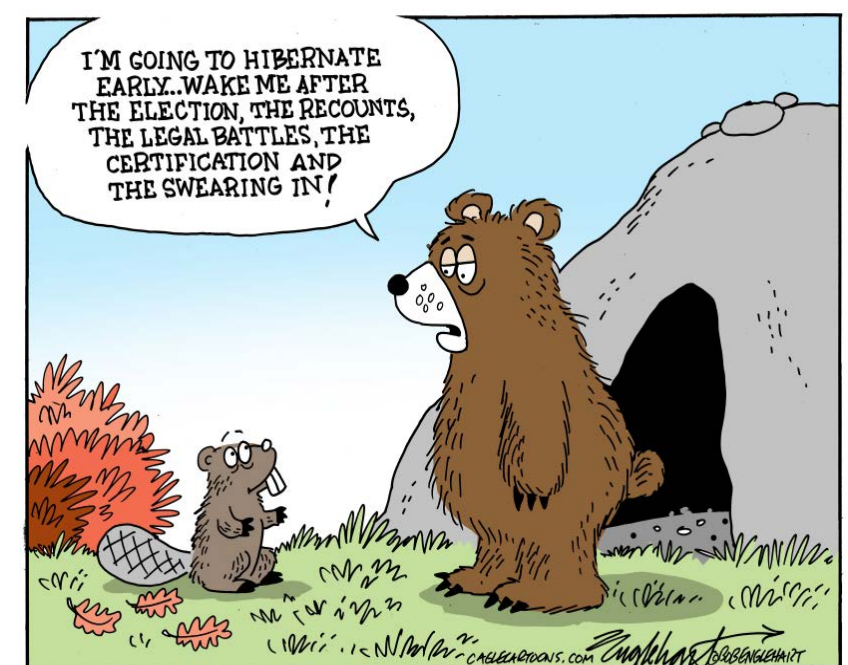
They say we could replace it with a day for commemorating medical workers. Or dogs with floppy ears. Or mothers.

Mother's Day is already a thing, but one day isn't really enough to make them feel appreciated. At least my mother gives me that impression.

But if we abolish one holiday, who knows where it will end? We could lose Christmas. Or Talk Like a Pirate Day. Worst of all, we could lose Saturdays and Sundays.

Even if it only commemorates the countless attempts by countless human beings to raise their blood sugar levels beyond anything measurable by scientific instruments, we should keep Halloween.

If for no other reason, then for this: I need something to guilt me into seeing my dentist.



HIP REPLACEMENT: MY RECOVERY TIPS

You may remember my article from three months ago about total hip replacements, a popular procedure that I was preparing to have myself.

Well, now that I am fully recovered, I thought I would share some tips with you in case a hip replacement is in your not too distant future. Even though I thought I was fully prepared there were things that surprised me. Things I wished I had known beforehand. Here are some suggestions.

- 1. Pain meds.** Get your prescription ahead of time! I asked but my doctor was on vacation until the day of my surgery so that didn't happen. What did happen was a nightmare. I was discharged from the hospital the same day but it was so late at night (10:00 pm), none of the local pharmacies were open to get the prescription filled. The hospital wouldn't send anything home with me either. My son drove all over the place to 24 hour pharmacies but most didn't even have the drug I was prescribed. The others said they were too far out of the area to fill my prescription. The next day it took all day to find the drug (oxycodone) and once I started taking it, it didn't work. At all. Another day went by because now the doctor's office is closed. Finally the third day after surgery I got a drug that worked. Let me tell you, having a 6" incision running down the side of your hip is extremely painful. Going without pain meds for 3 days is horrible. I would have rather gone through childbirth 3 days in a row instead of having that pain. Bottom line: Get your meds ahead of time. Pain is exhausting, and it's almost impossible to get it under control once it takes over.
- 2. Sleeping.** The absolute hardest part for me was sleeping. Getting into bed with that loop device they recommend was painful and awkward. I ended up sitting on the end of the bed and scooting backward until I reached the pillow, but this isn't ideal for everyone. My advice? Get a recliner and sleep in that. If you don't have one, you can rent one before surgery. It's easier, and you'll avoid the strain of getting in and out of bed. Be prepared to sleep on your back for months, and if you do want to sleep on your side, you'll need a pillow between your knees. A recliner will save you from these hassles.
- 3. Get the hip kit.** Amazon sells a "hip kit" with helpful tools like grabbers, a leg lifter, sock aid, and back scrubber. I used everything in it except the shoehorn (I bought slip-on shoes). At about \$49, it's well worth it.
- 4. Crutches not a walker.** If you were able to walk and balance relatively well before the surgery, opt for crutches instead of a bulky walker. Crutches that fit around your forearms not under your arm pits. They are much easier to maneuver, especially if your home is small. They easily fit into the bathroom, shower, wherever. I even found them helpful when I needed just one, like when I was vacuuming.
- 5. Furniture risers.** Another Amazon item that raises the height of any low furniture you have. Whether a bed, couch or anything else that you may experience a hard time getting up from, these plastic bases go under the legs of low furniture and lift it. Inexpensive and they come in heights from 1-10 inches. A real lifesaver.
- 6. Physical therapy.** Do it! You will recover faster if you do the exercises the therapist gives you and do them often. If you aren't active, do them before the surgery too. For me, I already knew what to do so I only saw the physical therapist a week or so. Remember, you can still do all your other upper body, ab exercises, walking and stationary bike. Just don't bend the affected hip joint more than 90 degrees. Be careful with that joint and take it a little easier.
- 7. Related pain:** Be aware that you may have other issues going on that contributed to your pain and decision to have surgery. In my case I had a pinched nerve that added to my discomfort before surgery. My hip pain is completely gone now. I recovered, able to walk without crutches after two weeks. But the nerve pain is a whole other issue to be addressed. If you have multiple conditions to take care of, take them one step at a time.

That's it! A hip replacement is an amazing surgery that can give you years of pain-free movement. Don't hesitate—it's worth it.



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9/1 - 10am to 12:00noon	10/20 - 10am to 11am	12/22 - 10am to 12:00noon
9/8 - 10am to 11am	10/27 - 10am to 11am	12/29 - Raiders Football
9/15 - Raiders Football	11/3 - Raiders Football	1/5/25 - 10am to 11am
9/22 - Angels Baseball	11/10 - 10am to 12:00noon	1/12/25 - 10am to 11am
9/29 - 10am to 11am	11/17 - Raiders Football	1/19/25 - 10am to 11am
	11/24 - 10am to 12:00noon	1/26/25 - 10am to 11am

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Event Partner: City of Sierra Madre

Location: Sierra Vista Park Tennis Courts
For more information: Email - sheunafnman@ymca.org P 626 355 5261 www.ymca.org/pas

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HANG ON, I'M THINKING.

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COSTUME PARADE
5 PM - 5:15 PM

SMD PERFORMANCE
5:15 PM - 5:45 PM

COSTUME CONTEST
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FOR MORE INFORMATION, PLEASE CALL THE COMMUNITY SERVICES DEPARTMENT AT 626-355-5278

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3:15 P.M.	DOG PARADE OF CHARACTERS
3:30 P.M.	WINNERS ANNOUNCED
3:35 P.M.	0-2 PARADE OF CHARACTERS
3:50 P.M.	WINNERS ANNOUNCED
3:55 P.M.	3-4 PARADE OF CHARACTERS
4:10 P.M.	WINNERS ANNOUNCED
4:15 P.M.	5-7 PARADE OF CHARACTERS
4:30 P.M.	WINNERS ANNOUNCED
4:35 P.M.	8-10 PARADE OF CHARACTERS
4:50 P.M.	WINNERS ANNOUNCED
4:55 P.M.	11-14 PARADE OF CHARACTERS
5:10 P.M.	WINNERS ANNOUNCED
5:15 P.M.	FAMILY CATEGORY PARADE OF CHARACTERS
5:30 P.M.	WINNERS ANNOUNCED
6:00 P.M.	EVENT ENDS

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CELEBRATE LIFE AND LEGACY AT DUARTE'S FIRST DÍA DE LOS MUERTOS EVENT

The City of Duarte is excited to announce its inaugural Día de los Muertos (Day of the Dead) celebration on Friday, November 1, from 6-9 PM at the City Hall Courtyard (1600 Huntington Drive). This family-friendly event invites guests of all ages to honor the memory of loved ones who have passed and celebrate with the local community through the rich traditions of this cherished Mexican holiday.

Día de los Muertos, rooted in both ancient Aztec culture and Catholicism, is a time to joyfully remember and honor those who have passed. Unlike traditional mourning, the day is filled with vibrant color, life and celebration. Duarte's event will feature a ceremonial altar where residents can place photos of their loved ones, as well as enjoy authentic Mexican food, live performances, and activities to experience the history and culture behind this holiday.

"Día de los Muertos holds deep meaning for many. It is a privilege to bring this celebration to Duarte," said Duarte Mayor Vinh Truong. "It is an opportunity to remember our loved ones, reflect on our shared humanity and embrace the cultural diversity that makes our City so special."

In addition to the community altar, residents can enjoy traditional art displays, hands-on activities, and a Catrina costume contest that will bring the iconic Día de los Muertos figure to life. Duarte's celebration promises to be an evening of remembrance, connection and celebration that will bring the community closer together.

For more information about these events, please contact the Duarte Parks and Recreation Department at (626) 357-7931.

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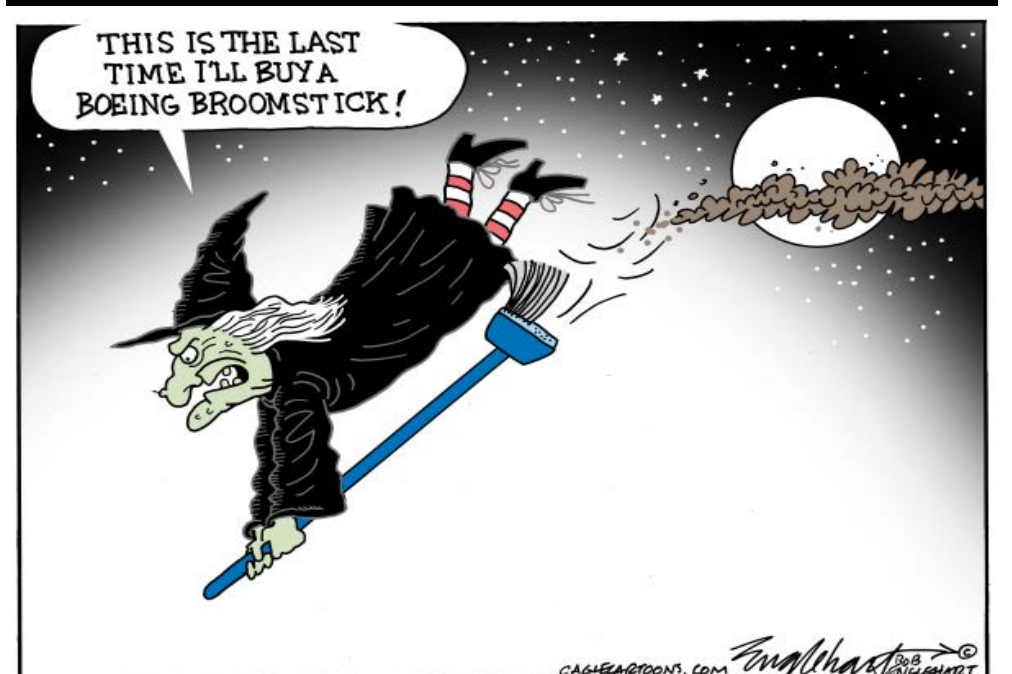
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One Time Events	Date	Time	Event
October 4	5:00 pm - 9:00pm		Monrovia Street Fair and Market Stroll through the fair and discover lively vendors, handmade crafts, live music and more.
October 4	6:00 pm - 10:00 pm		San Gabriel Dumpling and Beer Fest Mission District: Twist on Oktoberfest - craft beer garden, food, entertainment, and kids' activities.
October 5	VIP: 12:30 General: 1:30pm - 5:30pm		Craftoberfest at The Rose Bowl "Fun for the whole family" food and drink festival featuring curated craft breweries.
October 5	10:00 pm - 4:00 pm		Latino Heritage Parade and Festival Parade and festival at Pasadena City Hall- Live entertainment, booths, children's activities, food.
October 6	1:00 pm - 4:00 pm		Fall Fest at One Colorado Join in an afternoon of live music, fall treats, games, a beer garden, and more!
October 11	6:00 pm - 10:00 pm		ArtNight Pasadena An evening of art, music, and entertainment as the city's prominent museums and cultural institutions offer special programming. Free!
October 12	1:00 - 2:30 pm & 3:30 - 5:00 pm		Pumpkin Fairy Gardens at the Arboretum Kids and families can build enchanting fairy gardens in real pumpkins. Two workshops.
October 12	10:00 am - 2:00 pm		Old Town Fall Festival in Monrovia Enjoy family friendly activities including music, crafts, hay wagon rides & pet costume contest.
October 13	5:00 pm - 8:00 pm		Taste of Old Town Monrovia 2024 Experience delicious dishes from local restaurants and vendors, live music.
October 25	5:00 pm - 8:00 pm		Members Pumpkin Party 2024 at the Arboretum Enjoy live music, pumpkin crafts and outdoor games. Wear your costume and bring a picnic.
October 25	4:00 pm - 6:30 pm		Downtown Arcadia Halloween Haunting Enjoy Trunk-or-Treating and play games from the City of Arcadia.
October 26	2:00 pm - 8:00 pm		Pasadena Symphony @ the Ambassador Concert includes works by Mahler, Korngold, and Boyer, and violinist Akiko Suwanai.
October 26	11:30 am - 3:00 pm		Halloween Spooktacular/ Bob Baker Marionettes at One Colorado Create your own spooky pumpkin and enjoy the ghouls of Bob Baker Marionettes.
October 26	3:00 - 3:30 pm		Thrill The World at the Arboretum This international dance event brings people together to perform the iconic "Thriller" dance.
October 27	11:00 am - 4:00 pm		Barks and Boos at the Arboretum Dress up your canine friend and bring them along as you stroll in the garden. Pet adoptions.
October 31	3:00 pm - 6:00 pm		Halloween Spooktacular and Trick-or-Treat Bash in Monrovia Bring the family for Trick or Treating, costume contests, library activities, booths, and more.

Ongoing Events

October 4 - 6
Tesla: A Radio Play for The Stage Caltech
The story of the brilliant and controversial Tesla's relationship with Thomas Edison, American business, national security, and more.


October 4, 5, 11, 12, 18, 19, 25, 26, 31
Haunted Pasadena Walking Tour
Discover eerie alleys, hidden courtyards, and historic sites of Pasadena's past. 6:30 - 8:30pm

October 19, 20, 26, 27
Pumpkin Patch Fall Fest at Santa Anita
The infield comes alive with a pumpkin patch, a maze, rides, "Spooky Treat Hunts" and more.

October 19, 26, 31
Pasadena Halloween Bar Crawl
Put on your costume and enjoy ghostly cocktails and bewitching brews at the city's most haunted bars and taverns.

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VOTER INFORMATION FROM THE CALIFORNIA SECRETARY OF STATE

<https://voterguide.sos.ca.gov/>

November 5, 2024, General Election

- The last day to register to vote for the November 5, 2024, General Election is October 21, 2024.
- All California active registered voters will receive a vote-by-mail ballot for the November 5, 2024, General Election.
- Your county elections office will begin mailing ballots by October 7, 2024.
- Ballot drop-off locations open on October 8, 2024.
- Vote-by-mail ballots can be returned by mail, at a drop-off location, or your county elections office.
- Vote centers open for early in-person voting in all Voter's Choice Act counties beginning on October 26, 2024.
- Vote-by-mail ballots must be postmarked on or before Election Day and received by November 12, 2024.

MOUNTAIN VIEWS NEWS ENDORSEMENTS - Informed decisions are so important. Although this endorsement list reflects the views of the Editorial Advisors of the Mountain Views News Elections every eligible voter is encouraged to do your own research, draw your own conclusions and vote for the person who you feel best represents your point of view. Democracy doesn't work if we don't participate, but don't rely solely on the ads and flyers. Do your homework and learn who these candidates are.

H. Susan Henderson, Publisher/Editor

YOUR SIERRA MADRE BALLOT

(Mountain Views News Recommendations)

SIERRA MADRE CITY COUNCIL - TWO SEATS

KELLY KRIEBS Unopposed
ROBERT PARKHUST Unopposed

SIERRA MADRE CITY TREASURER:
SUE SPEARS Unopposed

MEASURE PS YES PUBLIC SAFETY

PUSD DISTRICT 5 REPRESENTATIVE
LISA KROESE

PUSD MEASURE EE \$90 PARCEL TAX YES
PUSD MEASURE R BOND MEASURE NO

PRESIDENT OF THE UNITED STATES:
KAMALA HARRIS

UNITED STATES SENATOR - FULL TERM
ADAM SCHIFF

UNITED STATES SENATOR - UNEXPIRED TERM
ADAM SCHIFF

UNITED STATES HOUSE OF REPRESENTATIVES
DISTRICT 28 JUDY CHU
DISTRICT 31 GIL CISNEROS

CALIFORNIA STATE SENATE
DISTRICT 25 SASHA RENEE PEREZ

CALIFORNIA STATE ASSEMBLY
DISTRICT 41 JOHN HARABEDIAN
DISTRICT 48 BLANCO RUBIO
DISTRICT 49 MIKE FONG

LOS ANGELES COUNTY SUPERVISOR
5TH DISTRICT CHRIS HOLDEN

LOS ANGELES COUNTY DISTRICT ATTORNEY
GEORGE GASCON

JUDGES: *The Editor of this publication feels that politicizing our Judicial by subjecting them to election by the public is unconscionable since even the most astute political followers have very little information on the qualifications of the Judge. TV Ads and Commercials are limited to those who can afford it, and by the way, to run a campaign, it costs more than a Judge's annual salary. Our society might be better served if we developed a process whereby Judges are selected by their peers or legal organizations who are well aware of the 'candidates' background and abilities. That being said, MVNews is endorsing the following candidates for Judge:*

Office No. 39	George Turner
Office No. 48	Erica Wong
Office No. 97	La Shae Henderson (No Relation)
Office No. 135	Steven Yee Mac
Office No. 137	Tracey M, Blount

STATE MEASURES:

2	YES -	BOND FOR SCHOOLS
3	YES -	RIGHT TO MARRY
4	YES	DRINKING WATER/FIRE REVENTION
5	YES	AFFORDABLE HOUSE
6	YES	INCARCERATE LABOR
32	NO	MINIMUM WAGE
33	YES	RENT CONTROL
34	NO	PRESCRIPTION DRUGS
35	YES	MEDICAL FUNDING
36	YES	INCREASED SENTENCING

COUNTY MEASURES:

MEASURE A YES
A "yes" vote supports repealing the Measure H tax and replacing it with a sales tax of 0.5% with revenue going to affordable housing, mental health and addiction treatment, and services to children, families, veterans, domestic violence survivors, seniors, and disabled people experiencing homelessness.

MEASURE G NO
Shall the measure amending the Los Angeles County Charter to create an elected County Executive; create an independent Ethics Commission to increase restrictions on lobbying and investigate misconduct; establish a nonpartisan Legislative Analyst to review proposed County policies; increase the Board of Supervisors from five to nine elected members; require County departments to present annual budgets in public meetings; using existing funding sources with no additional taxes to implement, as detailed in the charter amendment ordinance, be adopted?



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UTP

**TINA WU
FREDERICKS**



for re-election Nov. 5

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- Expanding literacy and reading programs for struggling students
- Reducing class sizes to allow more individualized instruction and attention



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