

Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, NOVEMBER 2, 2024

VOLUME 18 NO. 44



the webb-martin group



No Tricks, Just Tips:
Navigating Market Changes



Home values are moderating.

Tip: Watch for seasonal dips, prices tend to soften in fall and winter.

Don't be haunted by missed opportunities, reach out today!

THIS SUNDAY

DAYLIGHT SAVING ENDS

NOVEMBER 3RD



Jan Greteman 626.975.4033
lic #01943630

Judy Webb-Martin 626.688.2273
lic #00541631

Katie Orth 626.688.0418
lic #00942500

COMPASS

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IN CASE YOU MISSED IT.... SIERRA MADRE CELEBRATES HALLOWEEN

Photo History & Winners Pages 15 and 17
Photos by Dirk Bolle



THE CREATIVE ARTS GROUP ANNOUNCES THE WINNERS FOR THE 2024 SCARECROW FESTIVAL!

The Creative Arts Group 2024 Scarecrow Festival is pleased to announce the winners for Most Popular Business and Most Popular Residential entries.
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CIVIC CLUB ANNOUNCES WINDOW PAINTING CONTEST WINNERS

The Creative Arts Group 2024 Scarecrow Festival is pleased to announce the winners for Most Popular Business and Most Popular Residential entries.
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WHY MEASURE PS IS IMPORTANT TO THE CITY OF SIERRA MADRE

By Robert Parkhurst, Mayor Pro Tem

At the October 22 and 29 City Council Meetings, the city was provided with copies of independent assessments of our police and fire departments. These assessments were prepared by organizations that analyze public safety departments nationwide. They are voluminous – 290 pages for the police department and 302 pages for the fire department. These assessments found that the staffing levels for both organizations were “minimally adequate.” One expert remarked that he had never seen fully staffed departments with the size of our current budget.

Even with these efficient departments, we are facing a budget deficit in the upcoming years. This deficit is forecasted to be more than \$500,000 next year and grow to almost \$3 million by 2028. On May 14, the city attorney gave the council a presentation of the five categories of revenue available to the city, which include taxes, assessments, fees, and fines. For fees and fines, we are restricted on our options. All fees must be based on the cost of providing the service and fines are not a significant source of revenue. Even if fines were a significant option, I don't believe we should be using them as a revenue source. That leaves taxes and assessments as the only legal means we can use to raise revenue to fill our deficits.

The option before us this election season to support our local public safety departments is a modest tax increase. We cannot decrease the minimally adequate staffing for our public safety departments and maintain our safety. The alternative is to transition to another model, such as LA County. The experts that prepared the assessments said that contracting out to another entity would cost more than our current funding model. This

has been supported by conversations our city has had with other cities and public safety departments in our region. These higher costs would be passed on to all of us, likely through our property taxes with less control of the budget. It is a lose-lose situation for us – we get charged more on our property bills and we lose local control.

Over the past four years I gotten to know our public safety personnel. These men and women chose to come work in Sierra Madre. They could make significantly more money by going to other departments in the region. Right now some cities are offering signing bonuses as high as \$100,000 for some positions. Our public safety personnel come to Sierra Madre because of you. The citizens of this city are welcoming and there is a sense of community that is missing in most cities.

When I meet with sister cities in California I often talk about public safety. These cities are amazed and envious of the services we are able to provide our citizens considering our size. One mayor I spoke with at a city more than twice our size lamented about the challenges dealing with the latest in a long line of county sheriff officers responsible for the safety in their city. The support they receive is inconsistent and the personnel are constantly changing. Compare that to Sierra Madre where our retention rate over the past 4 years is more than 80% for our fire department and more than 90% for our police department.

The choice on this ballot is straightforward – we can maintain the current level of support we currently have or we can risk a model where the costs are higher and the service is lower. I believe our police and fire departments are worth a modest investment of \$9.23 a week. **PLEASE JOIN ME IN VOTING YES ON MEASURE PS.**

City of Sierra Madre PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: Public Hearing: Proposal for Parking Violations Fees

Notice is hereby given that on November 12, 2024, at 5:30 PM, or soon thereafter, the Sierra Madre City Council will conduct a Public Hearing to hear testimony regarding a proposal to establish parking violations fees.

DATE AND TIME OF HEARING
City of Sierra Madre City Council meeting; Tuesday, November 12, 2024 (Hearing begins at 5:30 p.m. or soon thereafter). All interested persons may attend this meeting and the City Council will hear them with respect thereto.

PLACE OF HEARING
This meeting will be conducted at City Council Chambers and will be recorded for live streaming.

Watch the meeting on Channel 3 (Government Access Channel) or live on the City's website at www.sierramadrecal.gov Email public comments to: publiccomment@cityofsierramadre.com by 3:00 PM on the day of the meeting.

SIERRA MADRE SCHOOLS EXCEED EXPECTATIONS STATEWIDE

By Kevin McGuire

The Pasadena Unified School District (PUSD) presented its Annual Update to the City Council during its October 22, 2024 meeting. PUSD School Board Member Tina Wu Fredericks (District 6) gave an introductory presentation introducing administrators and highlighting Sierra Madre Schools' accomplishments over the past year.

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We Are Bringing Out The Big Dogs To Help Make Your 2024/25 Real Estate Dreams Come True. Fall Is The Perfect Reminder Of How Great Change Can Be. Is It Time To Sell Your Home And Make The Move You've Always Dreamed Of? CALL US! We Want To Help You Achieve Your 2024/25 Real Estate Goals

Record Low Inventory Continues To Cause A Strong Sellers Market. THIS IS A GREAT TIME TO SELL!

Barbara Rogers
626.484.8135
CalRE# 01169115

Eileen Benson
626.278.0187
CalRE# 01880650

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CENTURY 21 Village Realty

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LIC# 02119245



PASADENA \$4,000 / Mo
Spacious 3-story rental with 2 en suite bedrooms, Viking kitchen, fireplace, balcony, mountain views, and ADT security system.



BIG BEAR CITY \$425,000
3 Beds, 2 Bath, 1,301 sf Home
Tranquil Big Bear home with central heat, fireplace, balcony, fenced yard, and wraparound deck. Perfect mountain retreat!



DUARTE \$449,000
2 Beds, 2 Bath, 993 sf, TownHouse
Duarte gem on quiet ground floor corner lot with patio, pool, hot tub, modern kitchen, and 2-car garage.

VOTE AS IF YOUR FUTURE DEPENDS ON IT. IT DOES!

ELECTION DAY IS TUESDAY, NOVEMBER 5, 2024

COMPLETED VOTE-BY-MAIL BALLOTS may dropped off at the secure drop-box located at:

Sierra Madre City Hall
232 W. Sierra Madre Blvd

Or postage-free in any USPS mailbox
Or at a vote center.

SIERRA MADRE WILL HAVE ONE VOTE CENTER FOR THIS ELECTION:

Sierra Madre Christ Church
Fellowship Room
212 N Lima St, Sierra Madre 91024

Hours:
Saturday 11/02 through Monday 11/04: 10AM - 7PM
Tuesday (Election Day)
11/05: 7AM - 8PM

Contact the City Clerk's Office with questions at (626)355-7135

MOUNTAIN VIEWS NEWS ENDORSEMENTS

Informed decisions are so important. Although this endorsement list reflects the views of the Editorial Advisors of the Mountain Views News every eligible voter is encouraged to do your own research, draw your own conclusions and vote for the person who you feel best represents your point of view. Democracy doesn't work if we don't participate, but don't rely solely on the ads and flyers. Do your homework and learn who these candidates are and what the measures are about.
H. Susan Henderson, Publisher/Editor

YOUR SIERRA MADRE BALLOT (Mountain Views News Recommendations)

SIERRA MADRE CITY COUNCIL - TWO SEATS

KELLY KRIEBS Unopposed
ROBERT PARKHUST Unopposed

SIERRA MADRE CITY TREASURER:
SUE SPEARS Unopposed

MEASURE PS YES PUBLIC SAFETY

PUSD DISTRICT 5 REPRESENTATIVE
LISA KROESE

PUSD MEASURE EE \$90 PARCEL TAX YES
PUSD MEASURE R BOND MEASURE NO

PRESIDENT OF THE UNITED STATES:
KAMALA HARRIS

UNITED STATES SENATOR - FULL TERM
ADAM SCHIFF

UNITED STATES SENATOR - UNEXPIRED TERM
ADAM SCHIFF

UNITED STATES HOUSE OF REPRESENTATIVES
DISTRICT 28 JUDY CHU
DISTRICT 31 GIL CISNEROS

CALIFORNIA STATE SENATE
DISTRICT 25 SASHA RENEE PEREZ

CALIFORNIA STATE ASSEMBLY
DISTRICT 41 JOHN HARABEDIAN
DISTRICT 48 BLANCO RUBIO
DISTRICT 49 MIKE FONG

LOS ANGELES COUNTY SUPERVISOR
5TH DISTRICT CHRIS HOLDEN

LOS ANGELES COUNTY DISTRICT ATTORNEY
GEORGE GASCON

JUDGES: The Editor of this publication feels that politicizing our Judicial by subjecting them to election by the public is unconscionable since even the most astute political followers have very little information on the qualifications of the Judge. TV Ads and Commercials are limited to those who can afford it, and by the way, to run a campaign, it costs more than a Judges annual salary. Our society might be better served if we developed a process whereby Judges are selected by their peers or legal organizations who are well aware of the candidates' background and abilities. That being said, MVNews is endorsing the following candidates for Judge:

Office No. 39 George Turner
Office No. 48 Erica Wong
Office No. 97 La Shae Henderson (No Relation)
Office No. 135 Steven Yee Mac
Office No. 137 Tracey M, Blount

STATE MEASURES:

2 YES - BOND FOR SCHOOLS
3 YES - RIGHT TO MARRY
4 YES - DRINKING WATER/FIRE REVENTION
5 YES - AFFORDABLE HOUSE
6 YES - INCARCERATE LABOR
32 NO - MINIMUM WAGE
33 YES - RENT CONTROL
34 NO - PRESCRIPTION DRUGS
35 YES - MEDICAL FUNDING
36 YES - INCREASED SENTENCING

COUNTY MEASURES:

MEASURE A YES

A "yes" vote supports repealing the Measure H tax and replacing it with a sales tax of 0.5% with revenue going to affordable housing, mental health and addiction treatment, and services to children, families, veterans, domestic violence survivors, seniors, and disabled people experiencing homelessness.

MEASURE G NO

Shall the measure amending the Los Angeles County Charter to create an elected County Executive; create an independent Ethics Commission to increase restrictions on lobbying and investigate misconduct; establish a nonpartisan Legislative Analyst to review proposed County policies; increase the Board of Supervisors from five to nine elected members; require County departments to present annual budgets in public meetings; using existing funding sources with no additional taxes to implement, as detailed in the charter amendment ordinance, be adopted?



A PUSD Mom with Congressional experience, dedicated to fiscal responsibility, safe schools, and the best student outcomes for PUSD.

LISAFORPUSD.COM

UNITED TEACHERS OF PASADENA

Endorse

UTP

TINA WU
FREDERICKS



for re-election Nov. 5

Pasadena teachers know that we need a school board that represents both **parents and teachers**, that is committed to **working together** to support crucial decisions about our schools and to **prioritize classrooms!**

Tina Wu Fredericks shares our values and commitment to:

- Promoting strong fundamental skills in reading, math and science
- Expanding literacy and reading programs for struggling students
- Reducing class sizes to allow more individualized instruction and attention



Because our students are worth it!

Ad Paid for by United Teachers of Pasadena Public Education Improvement Fund. Not authorized by a candidate or a committee controlled by a candidate.



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA



VOTE YES ON PS BY NOVEMBER 5

KEEP SIERRA MADRE SAFE & THRIVING!

- Maintain the FASTEST 911 response times
- Prevent reductions in services
- Attract and retain the best-trained and experienced police officers, firefighters, and paramedics

Learn more:
SierraMadreSafety.org



AD PAID FOR BY SAFETY FOR OUR CITY, SPONSORED BY PUBLIC SAFETY UNIONS

SIERRA MADRE SCARECROW WINNERS

In the Business Category, first place goes to Merry Maids, "Evil Witch"; second place goes to The Only Place in Town, "The Nightmare Before Christmas"; and third place goes to Bethany Christian School, "Scarecrows Who Serve." Congratulations to these entries. In the Residential Category, first place goes to "Scary TortElvis" (205 S Baldwin); second place goes to "Edward Scissor Hands" (41 N Mountain Trail); and third place comes in as a tie to "Micky and Mini" (430 Fairview Ave) and "Coco Crow/Day of the Dead" (286 E Montecito).

This year's Festival, coordinated by Creative Arts Group Guild Heidi Hartman and assisted by Jennifer Shamlan and Sarah Livingstone, has been especially creative. "We have been delighted by how much energy and effort went into each and every scarecrow this year," remarked Creative Arts Group Executive Director Gwen Robertson. "It is so fun to share it all with people who come from out of town. Many now

make annual trips to Sierra Madre to see these great creations. This is a special place."

All winners were selected by the community through votes entered on Facebook and submitted paper ballots. Each will receive a commemorative award from Creative Arts Group. To see the full gallery, visit the Creative Arts Group website at creativeartsgroup.org.

The Creative Arts Group Scarecrow Festival is made possible through the support of its sponsors: Arnold's Frontier Hardware and The Mountain Views News.



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	70s	Lows	50s
Mon	Sunny	Hi	70s	Lows	50s
Tues	Sunny	Hi	70s	Lows	50s
Wed	Sunny	Hi	70s	Lows	50s
Thur	Sunny	Hi	70s	Lows	50s
Fri	Sunny	Hi	70s	Lows	50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS

SIERRA MADRE CITY COUNCIL MEETING

November 12, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@Cityof-SierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmidia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

Advice to Start Your November...

Do not seize the day. This will startle the day and may cause it to become aggressive and give you a nasty bite. Instead, approach the day calmly without making eye contact, pet it gently, and slowly enfold it in a careful embrace. If the day shows any signs of resistance to being engaged with, it is likely to turn on you. Therefore, you need to back off and return to bed!

Best Halloween ever! If you didn't have a good time, you have no one to blame but yourself!

We had it all...window painting, costume contests, scarecrows and flying witches all over town and the absolutely awesome happenings on Alegria where the Parkers outdid themselves with giant pumpkins, pumpkin carving and creations that could only happen here in Sierra Madre where we take our Halloween seriously. The Parkers grow all those huge pumpkins themselves. I was privileged to visit the Parker farm one year and was in a state of jaw-dropping the whole time. Some years ago, the Parkers would start their pumpkins growing in a little plot right next to the sidewalk. John and I enjoyed observing their growth from tiny little globes to really big ones. Now they really need a forklift to move them from the back up to the front where all the creative carving takes place. Spiders and Dodgers and spooky scenes of horror, oh my! Everyone else on Alegria pitches in, too, and our blocked off street is a madhouse of folks ooohhhing and aaahhhing and collecting a little candy, too. You just had to be there.

The picture this week is of the best pumpkin carving of the year, as far as I am concerned. This pumpkin was lovingly hollowed out to hold the newest little treasure in our family. This is great grandchild #12. Meet Miss Olivia Lee Cleland, who arrived on the planet on September 30th. Her mommy is my granddaughter, Nicole; she's the whale wrangler at SeaWorld, and her daddy is the handsome and talented Chris Cleland. Her very first outing at just three weeks old was to SeaWorld to meet the Beluga whales! Needless to say, we are overjoyed to welcome this beautiful little girl to our ever-growing family. Her grand-grandpa is smiling from heaven.

In other Sierra Madre happenings, our Rose princesses are beautiful and talented and will look simply fabulous on our float, "Fiesta!"

More wonderful news: We are so proud of our own Susan Henderson, Editor of the Mountain Views News, one of seven honored by the Society of Professional Journalists. Susan has been my friend for more years than I can remember and I am so proud to be allowed to contribute my thoughts to the Mountain Views News each week. You are an amazing woman, my friend. Congratulations!

Have you visited the Bottle Shop and seen the absolutely gorgeous room they have for their wine tasting events? I had occasion to be in there recently and got to take a look. Just fabulous. If you haven't been in to do a little tasting, I highly recommend it. I was planning to buy a bottle of astonishingly expensive Veuve Clicquot champagne to give to a friend but the neat guys in there said, "No, don't get that! We got a buy on 75 cases of Pommery Champagne and it's better and half as much. Now I ask you...how often does that happen? They were right! It was delicious and I wish I'd bought myself more of it. I love it when people want to help me. Don't you?"

"Enjoy November's potpourri...a mixture of leaves falling, Yummy holiday smells, the anticipation of something new... May you fill your cup with gratitude." Here's something to be grateful about...

APPLE PUMPKIN MUFFINS

2-1/2 cups all-purpose flour
2 cups sugar
1 tsp. baking soda
1 tsp. ground cinnamon
1/2 tsp. ground ginger
1/2 tsp. salt
1/4 tsp. ground nutmeg
2 eggs
1 cup canned pumpkin
1/2 cup vegetable oil
2 cups chopped, peeled tart apples

In a large bowl, combine first 7 ingredients. In a small bowl, combine eggs, pumpkin and oil; stir into dry ingredients just until moistened. Fold in apples. Bake in greased muffin cups at 350 for 30-35 minutes. Cool for 10 minutes in pan. Makes 1-1/2 dozen delicious muffins.

"November has arrived, bringing cozy vibes and moments of gratitude."

My book page: Amazon.com: Deanne Davis
There are treasures there! Trust me!
Including "Just Desserts"
A Fall Fantasy of Pumpkins Gone Wrong!
And all the Emma Gainsworth Adventures.
Pumpkins are so much more than mere squash.



1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**

November 4 — November 9

Monday

Baby Rhyme Time — Library at

9:00am

Preschool Storytime — Library at

10:00am

Writer's Workshop — Hart Park

House from 6:00pm - 8:00pm

Saturday

Brunch with the Human Library —

Hart Park House at 10:00am.

Registration required.

3D Printing Basics — Library at

12:00pm

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

ART THAT INVITES YOU TO JOURNEY INWARD

Open the door to Baldwin Avenue Gallery in Sierra Madre and you face a 7-ft. X 5-ft. oil painting in a bold gilt frame. The Sun Eye mandala, created by painter/sculptor Thom Cooney Crawford, invites you into its center. As if it had been expecting you, there's a simple wooden chair centered on an Oriental carpet in front of it. Sit down, and you're about at eye level with the center. The journey inwards begins.

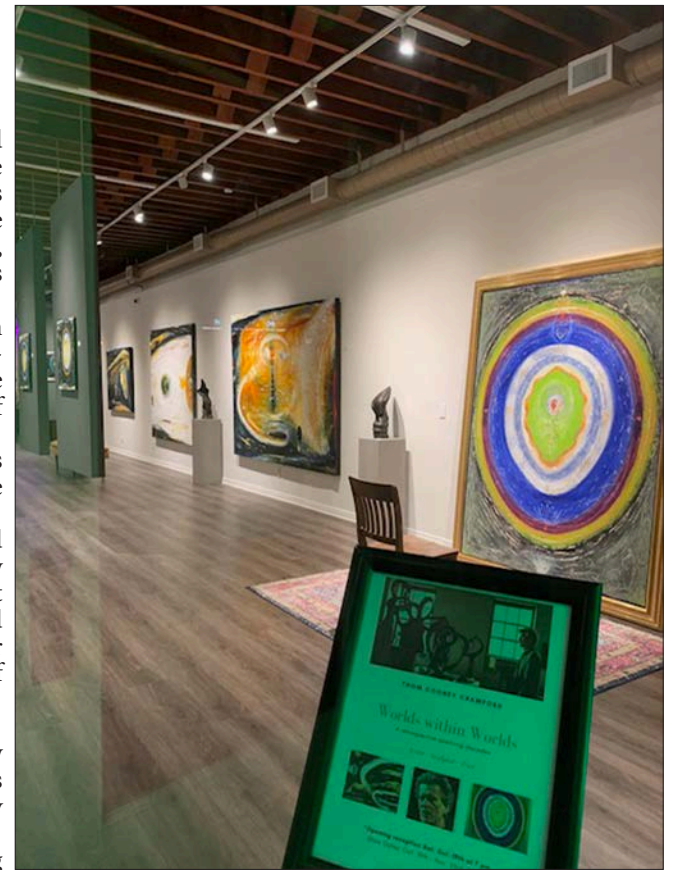
It isn't often that viewers can experience full immersion in this way. Curator and gallery owner Mary Hoffman-Serr and co-owner Michael Serr dreamed this into existence as they tried to figure out how to hang the massive painting. Michael sat down in front of the painting to study it. "Suddenly, I was time traveling," he said.

At last week's opening reception, Mary described the chair as an invitation. Many people accepted—the chair was rarely empty. The carpet provided an aspect of privacy conducive to contemplation. Thom Cooney Crawford's paintings and sculptures have been exhibited nationally and internationally for over forty years, beginning in New York City. Of over 35 solo shows, 16 were in NYC, including a show at The Sculpture Center. Winner of an NEA Grant, his sculpture, scaled for public art, was exhibited at St Peter's, Citicorp, NYC among other venues. His Homage to Georgia O'Keefe is installed on the campus of the University of Pennsylvania.

Art historian and critic Robert Mattison writes of this artist, "... it takes an act of faith to believe in universal values. There are few contemporary artists even willing to search for the common forms that connect us as members of the human race. Thom Cooney Crawford seeks such archetypal symbols."

Cooney Crawford relocated to the West Coast in 2020, finding both a home and a studio in Sierra Madre. Baldwin Avenue Gallery hosts his first solo West Coast show, "Worlds Within Worlds," paintings and sculpture beautifully curated by Mary Hoffman-Serr. The well-designed gallery is in its fourth year in Sierra Madre at 12 North Baldwin, at the intersection with Sierra Madre Blvd.

"Worlds Within Worlds" runs through November 23. Gallery hours are Fridays 5-9 PM, Saturdays and Sundays 12 - 5 PM. Learn more at www.baldwinavenuegallery.com and www.thomcooneycrawford.com



SIERRA MADRE POLICE BLOTTER

October 20 -26, 2024
Calls for Service 351
Formal Investigations 18
Total Year to Date for 2024
Calls for Service 9,944
Formal Investigations 442

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Sunday, October 20
Injured Person
At approximately 9:00 AM, officers responded to the intersection of West Sierra Madre Blvd and Park Ave to meet with a citizen who fell and suffered an injury. Sierra Madre Fire Department (S.M.F.D.) went on scene to treat the citizen. The male stated he felt dizzy, lost his balance and fell. Officers took a report and checked the location.

Battery
At approximately 6:00 PM, officers responded to the 50 block of Esperanza Ave regarding a domestic battery report. Officers met with both involved parties. Based on the lack of evidence against one of the parties, there was no arrest made for Battery. One of the parties involved received 2 citations for outstanding warrants and was released in the field. This case has been forwarded to the Los Angeles County District Attorney's office for review.

Monday, October 21
Missing Person
At approximately 9:00 AM, officers received a report from LAPD for a missing person out of Sierra Madre. A follow up was conducted in the 600 block of West Sierra Madre Blvd. Officers

discovered the missing person no longer living at that residence. Law enforcement resources were used to attempt to locate the missing individual but was met with negative results at this time.

Wednesday, October 23
Vehicle Violation
At approximately 7:00 AM, while on patrol, officers conducted a traffic stop on North Santa Anita Ave. The vehicle was stopped for expired registration tabs. A records check of the vehicle showed the registration had been expired since 2023, and the vehicle was displaying 2024 registration tabs. Officers removed the 2024 registration tab from the vehicle and booked the registration tab into evidence. The driver was cited and released into the field.

Friday, October 25
Theft
At approximately 5:30 PM, officers responded to the 70 block of East Montecito Ave for a theft report. A landlord hired a locksmith to assist him in entering the reporting party's residence while she was not home. The landlord stole 2 security cameras from the residence. This case has been forwarded to the Los Angeles County District Attorney's office for review.

Friday, October 25
Battery
At approximately 6:45 PM, officers responded to the 70 block of East Montecito Ave for a battery report. The suspect and victim got into a physical altercation during a landlord and tenant dispute. The suspect pushed the victim. The victim is desirous of prosecution. This case has been forwarded to the Los Angeles County District Attorney's office for review.

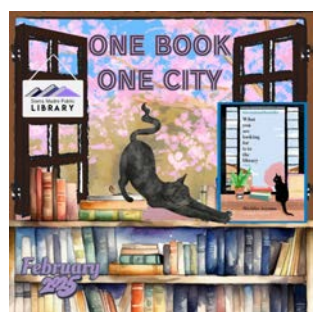
ONE BOOK ONE CITY EVENT - FEBRUARY 2025

Join Us for a Month of Programs and Events!
The Sierra Madre Public Library is honored to announce the 2025 One Book One City selection, What You Are Looking for is in the Library by Michiko Aoyama. One Book One City is a community reading program that invites everyone in Sierra Madre to read and discuss the same book during February 2025 and participate in exciting programs and events.

In Michiko Aoyama's novel, What You Are Looking for is in the Library, different people of Tokyo come to the library at different crossroads in their lives. It is the conversations they have and the books librarian, Sayuri Komachi gives them that has lasting and life-changing effects.

Get inspired and submit a creative non-fiction essay or poem about a big or small way the library has changed or influenced your life in the "What You Are Looking for is in Our Library" publication opportunity. Learn how to feel like a pro with felting classes at all age levels. Listen and learn about the culture of Japan with various programs throughout the month of February.

Throughout the month of February 2025, What You Are Looking for is in the Library will be available for checkout at the Library. Connect all month long through engaging themed programs that are free and fun for the whole family. Call the Library at (626) 355-7186 for more information.



Pasadena Altadena



News From Your Community For Your Community

City to Pay Tribute at Veterans Day Event



The City of Pasadena's annual Veterans Day Celebration will take place on Monday, November 11, from 10 a.m. - 12:30 p.m. at Pasadena City Hall, 100 N. Garfield Ave. Hosted by the Parks, Recreation and Community Services (PRCS) Department and the Pasadena Veterans Committee, this is a morning to remember and honor the service and sacrifice of our military Veterans.

This year is especially poignant because our own 2D Battalion 23D Marine Corps Regiment, adopted by the City of Pasadena on November 25, 2013, has been deployed for a year-long term of duty. We will pay tribute to these local heroes with a special Yellow Ribbon Ceremony, with music by the Pasadena Scottish Pipes and Drums.

The event will feature special guest speaker Colonel Juan M. Mora, Chief of Staff of the decorated and historic 40th Infantry Division, known as the "Sunburst Division". We are also honored to have invited remarks from Army Veteran James Zenner, Director of Los Angeles County Military and Veteran Affairs. At 11:11 a.m., the spectacular Condor Squadron will fly over City Hall.

In addition to the program, there will be activities and exhibits of interest for both adults and children, including free hot dogs served by Pasadena Fire Fighters Local 809. The California State Guard, Military Museum, and Martin Severance Chapter, NSDAR, will have booths featuring historic artifacts and local Veteran stories. The U.S. Naval Sea Cadet Corps and Veteran and Military Affairs will have information booths, and the Pasadena Police Department will have a recruitment booth.

This event is supported by the Office of LA County Supervisor Barger, The Rose Bowl Stadium and Pasadena Management Association.

For more information visit: CityOfPasadena.net.

Free Transit on Election Day

Pasadena Director of Transportation, Joaquin Siques, and the department in collaboration with the City Clerk's office, announced Thursday that both Pasadena Transit and Dial-A-Ride are offering FREE rides on Tuesday, Election Day. The majority of polling places and drop boxes for mail in ballots in Pasadena fall within .25 mile of a Pasadena Transit bus stop.

"Pasadena Transit is proud to do its part in providing convenient, accessible, and free transportation to voting polls on November 5," Siques said.

For more information visit: pasadenatransit.net or call (626) 744-4055 and press 2.

Lindsay Charles of San Marino Picked 106th Rose Queen

Pasadena Tournament of Roses President Ed Morales announced Tuesday, Westridge School senior, Lindsay Charles as the 106th Rose Queen during an announcement and Coronation ceremony on the front steps of Tournament House in front of friends and family.

The seven young women that make up the Rose Court highlight the mosaic of backgrounds and cultures that define the Pasadena community and exemplify character, service and leadership modeled through their commitment to family, school and community Morales said.

Charles lives in San Marino. She is the jumps captain of the school track and field team, co-president of Food Chain LA, co-lead of Green Guerrillas club, co-lead of Multicultural/Multiracial Affinity, a member of Stemology for Kids and a previous volunteer at Huntington Hospital. She plans to study environmental science or neuroscience at New York University, University of Michigan, Barnard College, Santa Clara University, or the University of Washington, among others. Lindsay is the daughter of Mark and Martha Charles.

The Rose Queen and Rose Court are long time traditions of the Pasadena Tournament of Roses, dating back to 1905, when Hallie Woods was selected as the first Rose Queen to ride in a horse-drawn carriage down Colorado



Bld in the Rose Parade. From designing and making their own dresses in the early years, wearing pillbox hats in the '60s, to today's gorgeous gowns, we take pride in the celebrated history. The Queen and Court have flourished over the years, becoming an iconic symbol of the Rose Parade.

During the coronation ceremony Morales presented Charles with a Mikimoto crown featuring more than 600 cultured pearls and six carats of diamonds.

Charles and the 2025 Rose Court will attend numerous community and media functions, serving as ambassadors of the Tournament of Roses, the Pasadena community, and the greater Los Angeles area. Each Rose Court member will receive a \$7,500 educational scholarship from the Tournament.

Caption: TofR President Ed Morales crowns queen Lindsay Charles. Photo by D.Lee/MVNews

Native American Heritage Month at Altadena Library

Gabrielino Tongva: Creation Story & Sage Wrapping

Today at 11:00am-1:00pm, Main Library Community Room

Chairwoman Goad will share knowledge of the Tongva people and where they came from. During this story, you will wrap sage bundles, after a discussion about white sage and its medicinal properties. Learn how to germinate to grow your own, and take seeds home.

Native American Dance with Ben Hale

Friday, Nov. 15, 4:00-5:00pm, Main Library Community Room

In brilliant, authentic regalia, Ben Hale introduces a variety of dances and stories from tribes across North America. A few of the several dances presented include: the Eagle Dance, Horse Dance, Grass Dance, and the ever popular Hoop Dance.

Gabrielino Tongva: Tobacco Prayer Ties

Saturday, Nov. 16, 11:00am-1:00pm, Main Library Community Room

Council Woman Neminski will teach us the significance of tobacco to the Tongva people, its usage, and how to gather and grow our own. She will then show us how to create a prayer tie and why we make these ties.

Gabrielino Tongva: Pictograph Rock Painting

Saturday, Nov. 30, 11:00am-1:00pm, Main Library Community Room

Council Woman Murillo will teach us the significance of pictographs in Tongva culture, and what the Tongva use to paint and create art. Rocks will be gathered from natural resources. Each participant will paint their rock art that describes an important event in their lives.

The Main Library is located 600 E. Mariposa Street, Altadena. For more information visit: altadenalibrary.org or call (626) 798-0833.

Pasadena Doo Dah Votes Sparrow Dena as Queen



After a historic number of contenders Sunday, Pasadena Doo Dah officials, former members of the royal court and others voted Sparrow Dena, a Pasadena native, as the next Doo Dah Parade Queen.

Tom Coston, Light Bringer Project spokesperson said "this year's event may consist of the largest number of entries ever [15]. The energy at the Queen Tryouts was so positive and energetic we cannot wait to bring the Parade to the public in just a few weeks."

Dena stunned the royal judges at the Doo Dah Parade Queen tryouts with a lively and pitch-perfect ukulele performance of an original song titled "infinite smoking." Third time was the charm for the newest queen. When remarking on their previous attempts to be crowned Queen of the Doo Dah Parade, Dena mentioned feeling that they had stiffer competition than ever before. After being crowned, Dena exclaimed "How did I get here?"

Fourteen contestants vied for a chance at the crown, including rainbow-scaled mermaid Kittylicious, the devilish Christine Mascott, Leelu the miniature-crowned-

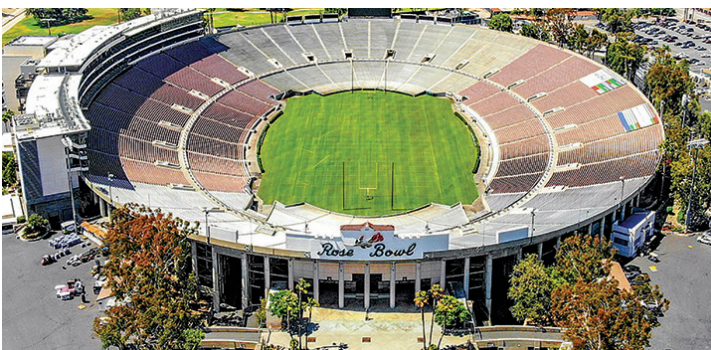
Lizard, punk-rocker Jenni O., "One Night Only," The Pantyhose Queen, The Fun Monitor, Ultimate Hippie Peace Guy From the 60's, Beachy the Celebirdy, The Hanna & Ann Show, and Count Smokula. The crowd was entertained by dramatic readings, impassioned speeches, dance parties, singing, and even an accordion performance. While the former queens caucused and the public took to their own ballots, 2010 Doo Dah Queen Erica Valentine rocked the house on their guitar until the magic moment.

Dena will be joined on parade day by newly decreed members of the court, the Royal Night, awarded to Romo the Robo (Rome Romanne), and the Royal Light, awarded to a youthful Helen Roper look-alike (LoriLee King-Beckman). These two new royal titles bringing the spirit of Doo Dah-boisterous, sardonic, and all-inclusive Coston said.

This year's elaborate and bedazzled Queen crown was handcrafted by Doo Dah Preservation Society's co-founder Veronica Andrade.

This year's Parade steps off at 11 a.m. on Sunday, November 24 in Old Pasadena.

Pasadena Moves Closer to Signing 2028 Olympic Games RBOC Agreement



The Pasadena City Council voted Monday to authorized the city manager to enter into an agreement with the Los Angeles Organizing Committee for the 2028 Olympic and Paralympic Games.

The city and Rose Bowl Operating Company have been negotiating a Games Agreement with LA28 for the Rose Bowl Stadium to host Olympic soccer. There is now a tiered framework that will take shape over the course of four agreements to be negotiated between now and October 2027.

According to Pasadena city Manager Miguel Márquez the Games Agreement provides the framework for how Pasadena and the Organising Committees for the Olympic Games (OCOG) will work together to deliver a successful Games. Key elements of the Games Agreement include defining the city's role, the process for delivery of standard and enhanced public services in connection with the Games, and the reimbursement of certain city expenses and lost revenue through supplemental agreements that will be negotiated in the future between the city and the OCOG. The Games Agreement also addresses various foundational administrative and legal obligations respective to the Games. The nature of negotiating Olympic agreements at this relatively early stage in the process means that the fiscal impact to the City of Pasadena of hosting the Games is unknown at this time but will be negotiated and developed in supplemental agreements. While the city is reasonably confident that it will recover its costs related directly to the provision of Enhanced City Resources, there are no guarantees in this will occur. The city's ability to recover its costs are dependent on several factors,

including the ability to secure favorable reimbursement terms in supplemental agreements, the financial success of the Games, and ultimately, the solvency of the OCOG. Despite the financial uncertainties, the city is well-positioned to enter into this Games Agreement Márquez said in a statement.

The venue and surrounding infrastructure to support the games already exist, and the city has a long history of successfully hosting major events at the Rose Bowl, including international and Olympic soccer events, Super Bowls, and the College Football Playoff. As such, in contrast with some other venues in the region, there is not an anticipation for the need to fund and to construct capital improvements to support the Games. The primary cost drivers to the city are those to enhance the level of services that will be required to support the Games and related events. These may include costs for enhancements to public safety, sanitation, streets and roadways maintenance, code enforcement, traffic control, and other services that will be defined in supplemental agreements to be negotiated in the coming years. It is anticipated that the economic impact from hosting the Games at the Rose Bowl Stadium will be substantial to the city, the Rose Bowl, and the local and regional community. Hosting the Games will once again elevate the city's profile on a world-stage and position the city and the Rose Bowl to host future large-scale events Márquez said.

The city of Pasadena has been an Olympic Games venue host city on two prior occasions. The first, in 1932, when track cycling was held at the Rose Bowl, and again in 1984, when the Rose Bowl hosted Olympic soccer, including the gold medal match between France and Brazil, played in front of 101,799 spectators.

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AROUND SAN GABRIEL VALLEY

CHECK BEFORE YOU BURN

*Pollution Prevention Program Begins November 1
Program aims to reduce air pollution in the cooler months ahead*

Friday, November 1st marks the start of South Coast Air Quality Management District's (South Coast AQMD) 13th Annual Check Before You Burn season where residents are asked to check whether a No-Burn Day has been declared before burning wood in their fireplaces.

Under the Check Before You Burn program, residents are educated about the hazards of wood smoke and prohibited from burning firewood in a fireplace, stove, or outdoor fire pit for 24-hours on No-Burn Days. South Coast AQMD forecasters call for residential No-Burn Days when PM2.5 is expected to reach elevated levels due to air emissions and stagnant weather conditions.

Short-term exposure to PM2.5 can cause throat and eye irritation, aggravate asthma, and trigger other respiratory or cardiovascular health problems. Prolonged exposure to high levels of PM2.5 may increase the risk of strokes, heart attacks and cancers. Young children, older adults, people with lung or heart diseases, people who are pregnant, and those who spend a lot of time outdoors are especially vulnerable to the health effects of PM2.5. Burning wood contributes to poor indoor air quality and poor air quality in surrounding neighborhoods. Eight No-Burn Days were called last winter.

South Coast AQMD has a related program to help reduce the cost to purchase and install cleaner products (stoves, inserts, gas logs and retrofit kits). Under the Wood Stove and Fireplace Change-Out Voucher Incentive Program, residents in eligible zip codes can apply for a voucher that can be taken to a participating retailer that will discount the price to purchase and install a qualifying device. Households that meet low-income qualifications are eligible for higher incentive amounts.

South Coast AQMD is providing several resources to the public to make following No-Burn Days as convenient as possible:

- E-Mail Notifications: Sign up to receive Air Alerts on air quality and be notified when a mandatory No-Burn Day has been issued for your neighborhood.
- Check Before You Burn Map: Visit the Check Before You Burn map on our website for daily forecast information.
- Toll-Free Phone Number: Call 866-966-3293 for daily Check Before You Burn information.
- Web Resources: Visit South Coast AQMD's Check Before You Burn Program webpage at www.aqmd.gov/cbyb for more information.
- Mobile App: Download the South Coast AQMD app to check local air quality.
- Social Media: Follow South Coast AQMD's social media accounts on Facebook, X (formerly known as Twitter) and Instagram.

South Coast AQMD's No-Burn Day alerts do not apply to mountain communities above 3,000 feet in elevation, the Coachella Valley or High Desert, homes that rely on wood as a sole source of heat, low-income households, and those without natural gas service. Gas and other non-wood burning fireplaces are also exempt.

South Coast AQMD is the regulatory agency responsible for improving air quality for large areas of Los Angeles, Orange, Riverside and San Bernardino counties, including the Coachella Valley. For news, air quality alerts, event updates and more, please visit us at www.aqmd.gov, download our award-winning app, or follow us on Facebook, X (formerly known as Twitter) and Instagram.

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USC TROJAN AFFILIATES HOLIDAY BOUTIQUE

THURSDAY, NOVEMBER 14th

Enjoy a festive evening of shopping and celebration on Thursday, November 14, in the Blue Betting Room at Santa Anita Park. The Boutique features 18 unique vendors so you can get a head start on your holiday gifts. Admission is free, there is complimentary valet parking (enter at Gate 5) and there will be a no-host bar. While shopping, purchase tickets for a chance to win one of our beautiful Holiday Gift Card Trees! Trees feature a variety of themes: Restaurant, Self Care, Kids and Family, Around Town, and Surprise, with values between \$400 - \$600.

USC Trojan Affiliates is a philanthropic women's group of the University of Southern California. "All the vendors generously donate 20% of their sales to Trojan Affiliates Scholarship Fund," says Ayuko Siegel, President of Trojan Affiliates. "Every year Trojan Affiliates awards scholarships to USC students from the San Gabriel Valley to continue their studies."

Boutique vendors include: Beachhouse by Mikalia, Designs by Ronnell, Dry Divas, Hazelsbagz, Herban, Just Janes, Lavender Blue, Mexichic Crafts, Murano Glass Jewelry, Pampered Chef, Pam's Cookies & Cakes, Pelham Paperie, Talula's Kitchen, Traveler, USC Mascot, Merchandise, Trojan Affiliates, Trojan Guild of Los Angeles, and Truffles 'N Toffee

Following the boutique, join us for a special dinner in The Chandelier Room where you'll meet our Trojan Affiliates Scholarship recipients. Hear their inspiring stories as USC students. Cost for the dinner is \$125. To RSVP, please contact Kandi Wopschall at kandiwopschall@gmail.com.
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SIERRA MADRE SCHOOLS EXCEED EXPECTATIONS STATEWIDE

(Continued from page 1)

Looking back over the past school year, Fredericks praised Sierra Madre Elementary (SME) and Middle School (SMMS) for winning The California Distinguished School Awards, which Superintendent Tony Thurmond presented. "Our Sierra Madre Schools are a model for our state," said Fredericks. Individual students also received awards from The Rotary Club. Fredericks also highlighted the successful and expanding volleyball program, the Immersive Mandarin program, and the recent class trip to the Bowers Museum in Santa Ana, which focuses on artifacts and culture worldwide.

Sierra Madre Elementary

The principal of Sierra Madre Elementary, Dr. Jodi Marchesso, noted the growth in attendance from 618 students enrolled in the 2023-24 school year to 256 in the 2024-25 school year. According to Marchesso, Sierra Madre Elementary serves a variety of learners of different ethnicities, emergent multilingual students, socio-economically disadvantaged students, and students with an individualized education plan.

SME added Transitional Kindergarten for the 2024-25 school year, making them a PreK-5th grade school, serving children as young as three up through 12. In addition, they increased programs for students with disabilities by opening a fifth kindergarten class. They also continued visual and performing arts programs, physical education, and gardening, where kids built and set up planter beds, hauled the dirt, and grew various vegetables, which they also cooked, ate, and enjoyed...maybe.

They also learned some of the histories of harvest during the Renaissance, grew pumpkins, and learned how to take advantage of getting the most out of the fruit, from eating the seeds to making pumpkin pancakes. It's all part of SME's Seed to Table Program. Students will also be participating in a "hopefully bear-proof" compost-making program, according to Marchesso.

SME has an annual food drive to help less fortunate families during the holiday season. If they reach their goal this year, Principal Marchesso is expected to dress up like a turkey and do the 'Chicken Dance.' Much of the food will be donated to Madison Elementary for families there.

SME added a new playground this year and a much-needed HVAC chiller after having no air conditioning all summer. Marchesso noted that SME received an increase in voltage, new transformers, and power lines to help resolve HVAC issues that the school had dealt with for a decade.

Principal Marchesso said that SME's mission is "to nurture learners as they grow into brilliant, creative, strong, and true-hearted leaders within a safe and supportive community."

SME students had a chance to engage with the community last year during their 'Playday Thriving' when they had an opportunity to meet local heroes by hanging out with Sierra Madre police and fire department. They got to have a fire truck right on school grounds, sit in police vehicles, and even had a tug of war with firefighters, to which Marchesso joked

that considering the result, maybe they should "increase strength training for the firefighters."

In English and Language Arts (ELA), 71.51% of SME students met or exceeded the standard. In fact, 45.45% of the group exceeded the standard in ELA, and only 11.21% did not meet ELA goals. In math, 71.82% met or exceeded the standard, with 44.55% surpassing the standard and only 7.88% not meeting the standard for math. Similar goals were met in science as well, according to Marchesso.

Compared to PUSD and the State of California, SMEs surpass both by over 50%, exceeding standard expectations, compared to less than 25% for the district and state.

Sierra Madre Middle School

Principal Garrett Newsom presented SMMS's accomplishments. Enrollment at SMMS jumped from 574 in the 2022-23 school year to 597 in the 2024-25 school year. Forty-six percent of the students who attend SMMS are considered socio-economically disadvantaged. As a result, the middle school qualified for Title 1 funding from the state. Schools with a 40% or higher population in the socio-economically disadvantaged category qualify for Title 1, which helps students from low-income families meet state and federal academic standards and close achievement gaps.

SMMS is a reasonably new school entering its 21st year. It was a K-8 school until 2013 and is the largest standalone middle school in the PUSD. A new campus opened in 2015, and in 2024, SMMS was recognized with a California Distinguished School award. Its signature programs include Mandarin Dual-Language Immersion, Math Academy, Special Education, and Peer Mediation.

Some SMMS accomplishments feature:

- 2024 Rotary Teacher of Excellence: Amanda Leja (7 Total Teachers)
- Largest growth in Math for all PUSD schools in 2023-24
- Science Olympiad and History Day Teams to State-Level
- Marching Band participated in Sierra Madre's 4th of July Parade & Pasadena's Latino Heritage & Black History Parades.

Within the ELA programs, 67.60% of students met or exceeded standard expectations, with 29.97% exceeding expectations and 15.51% not meeting Level 1 standards. In math, 58.52% met or exceeded standards, with 38.66% exceeding expectations and 22.85% not meeting Level 1 standard expectations.

Along with SME, SMMS exceeded goals overall compared to PUSD and the State of California.

"Joining the communities of the schools of Sierra Madre has really given (the kids) friendships that extend beyond the walls of the schools," Dr. Helen Chan Hill, the Chief Academic Officer of PUSD, said. "I do love the safe and wholesome community spaces that you all foster." Hill praised the City Council as even though she doesn't live in Sierra Madre, her children attend schools in the community and participate in programs around the city.

Hill mentioned one of her goals is to have the elementary school interact more with the area PUSD High Schools to help students feel comfortable and transition easily to their future schools.

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
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Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org

Arcadia Christian School
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Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com

Arcadia High School
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Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca.
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
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Pasadena, Ca 91107
626-793-2089
https://school.abvmpasadena.org/

Barnhart School
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Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
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Foothill Oaks Academy
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www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
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Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
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(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org

La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Dr. Eric Barba
website: http://phs.pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
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Weizmann Day School
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Lisa Feldman: Head of School

Wilson Middle School
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Pasadena Unified School District
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Jamestown!

Let's visit America's first permanent English colony.

Jamestown, Virginia was settled over 400 years ago. It was the first permanent English colony in North America. Here is some of its history.

Read the clues to fill in this puzzle about Jamestown.

- Three ships of adventurers sailed from _____ in 1606.
- King James I of England hoped they would find a shorter _____ to the Orient.
- Men on the ships settled on Jamestown and built a _____.
- The native people and colonists had periods of fighting and _____.
- Captain John Smith, a leader of Jamestown, was captured by Chief Powhatan while seeking _____. According to Smith's diary, the chief's 11 year old daughter, Pocahontas, helped to save his life.
- _____ tried to return to England for help after his powder bag exploded.
- Ships from England, expected to bring _____, did not come.
- During the winter of 1609-1610, almost all settlers died of _____.
- In the spring, the settlers decided to _____ the colony and return to England, but a ship with a new governor arrived and forced them to turn back.
- John Rolfe helped settlers grow a type of _____ which was a hit in England.
- _____ married Rolfe and went to England, where she met the King and Queen.
- Pocahontas died of an _____ before she was able to go home again.
- The first black Africans were brought to America in 1619 as "indentured _____." This was the beginning of an era of slavery.
- The same year, the first _____ from Europe also arrived in Jamestown.
- A new Indian Chief did not like settlers taking Indian _____. He attacked and killed many colonists.
- The English made a _____ with the Indians, but then poisoned many to death.

peaceful supplies route 17
11
3
2
13
1
burned 20
truce 16
10
Virginia
Richmond
Smith
Jamestown
England
starvation
illness
servants
Pocahontas tobacco
leave 15
lands 9
18
17. The Chief attacked again, but he was killed. A new Chief sought _____ times.
19. In 1699, the capital was moved to the place we know today as _____.
20. _____ slowly disappeared over the following years.

PUZZLES FOR YOU

FAMOUS ACTORS

ACROSS

1. QA's focus, pl.
5. "Swan Lake" steps
8. Evite request, acr.
12. Long stories
14. Final, abbr.
15. Opposite of neo-
16. Synagogue scroll
17. Poseidon's domain
18. One-eighty
19. *Mary Poppins and Maria von Trapp
21. *Vivian Ward and Erin Brockovich
23. Kum Ba follower
24. Cry out loud
25. Stolen, slangily
28. Greek salad cheese
30. Popular clubs of the 1970s
35. Chimpanzees, e.g.
37. Porcine fat
39. Great divide
40. Cat o'how many tails?
41. Podium, pl.
43. Dead against
44. Work the dough
46. Urban haze
47. Manner of walk
48. Parlor piece
50. Riyadh native, e.g.
52. Sixth note
53. Common fairway club
55. Brewed beverage
57. *Red Redding and Nelson Mandela
61. *Ricky Bobby and Buddy
65. Beat the Joneses
66. Outrage
68. Adjust, as laces
69. Tears violently
70. Anointment liquid
71. Talks and talks and talks
72. a.k.a. Operation Neptune
73. "Just kidding!"
74. Billy Joel's "_____ Always a Woman"

DOWN

1. Between Phi and Kappa
2. Second word in a fairytale
3. Encircle
4. Like Freddy Krueger, e.g.
5. Boot-wearing feline
6. Draft pick
7. Impolite look
8. Miles per hour, e.g.
9. Insult
10. Between bleu and jaune
11. Connection between brain and spinal cord
13. Bundle of wheat
15. Like certain libraries
20. Pup
22. Hemingway's "The ____ Man and the Sea"
24. Railyard worker
25. *Forrest Gump and Jimmy Dugan
26. Offer two cents
27. Doctrine
29. New Mexico town
31. Deep pile carpet
32. Atlantic Ocean/Pacific Ocean waterway, e.g.
33. Ostium, pl.
34. *Violet Crawley and Minerva McGonagall
36. Center of authority
38. "The New Look" main character
42. September stone
45. Phobos' brother, Greek mythology
49. Time period
51. *Catwoman and "Jinx" Johnson
54. Vidalia one
56. Regions
57. *Han Solo and Indiana Jones
58. Wished undone
59. Europe's highest volcano
60. *Nelson, star of 8 films with Jeanette MacDonald
61. Matted wool
62. Write on tombstone, e.g.
63. Facebook button
64. More is _____?
67. Duran Duran's 1982 album

CROSSWORD

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OCT. 26, 2024 Solutions

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A YES VOTE ON PS WILL:

- ✓ Maintain the FASTEST 911 response times, every second counts!
- ✓ Prevent reductions in services vital to our town
- ✓ Attract and retain the best-trained and experienced police officers, firefighters, and paramedics
- ✓ Ensure 100% of funds stay in local Sierra Madre control
- ✓ Provide taxpayer oversight to ensure accountability and transparency

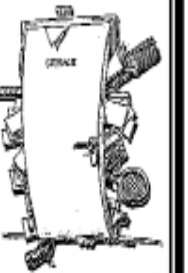
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TRUMPSTER OR HARRIS BIDEN? THE ELECTION SEASON CHRONICLES

Here we are, folks, staring down the barrel of election week, and you know what that means: political posts are flooding your feeds like an overzealous cat meme. My wise father always said to keep politics out of polite conversation—preferably while sharing a pie or watching the game.

Remember when Facebook was filled with nothing but puppy pics and our kids' graduation photos? Ah, simpler times! Now, it feels like we've all joined a social media version of the Hunger Games, where

disagreement leads to the ultimate showdown: "Unfriend!"

In the midst of all this, I stumbled upon a post by the general manager of a high-end restaurant (let's just say it's a place where the entrees cost more than my college textbooks). He declared, "If you can't afford a good tip, stay at home." And while my first reaction was a resounding "YES!", I couldn't help but ponder the ripple effects of such a statement. After all, when you drop a Benjamin at your favorite diner, you're not just feeding your own belly—you're also feeding the cooks, the host/hostess, the dishwasher, the purveyors, and let's not forget the restaurant owner, who might be one soufflé away from a meltdown.

So here's where I stand: I can't support the boycott, but I will enthusiastically advocate for tipping like your server just performed a magic trick. Here's my foolproof tipping guide, so you can navigate these waters with grace:

- Dining In: For service that makes you feel like royalty, aim for 18% to 22%. Trust me, your server will be grateful, and you'll leave with a little extra joy in your heart (and a slightly lighter wallet).
- To-Go Orders: Feeling like a couch potato? No problem! Just slip in \$2 to \$4 when picking up your takeout. Your barista and takeout server will appreciate it, and who knows? You might just inspire them to throw in a free cookie next time!

So, while the political landscape might resemble a chaotic buffet line, let's remember that we're all in this together—whether you're Team Trumpster or Team Harris Biden. And as we dive into this election season, let's raise a toast (and a tip) to our hardworking service folks. After all, they keep us fed, caffeinated, and ready to tackle whatever debates come our way. Cheers to democracy, good food, and hopefully fewer social media meltdowns

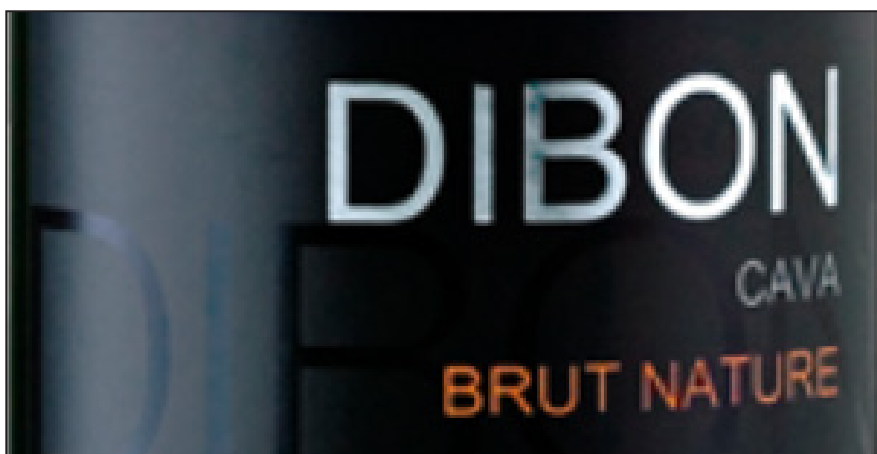
I endorse this message. Peter Dills Podcast !!

THE TASTING ROOM

WORLD CHAMPS DESERVE BUBBLES... AND SO DO YOU!

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

The DOYERS did it! They beat the damn Yankees and are WORLD CHAMPS! Vin, Fernando, and Tommy were the Dodger angeles in the outfield. They were pulling strings and got the Dodgers the trophy they deserved. Of course, Mookie, Freddie, Teoscar and the whole team had a hand in this championship!



Let's keep celebrating our WORLD CHAMPION DODGERS with some bubbles! We just got this sparkling wine in the shop and it's not only an excellent Cava from Spain, but also an incredible deal too. The Dibon Brut Nature Cava is lovely, crisp, dry, bubbly, and delicious. It's from the Bodegas Pinord people who have been producing outstanding Cava under the Marrugat label since 1959.

The wine is organic, vegan, and dry. It contains 7.7 grams of sugar per liter, which is a lot less than the 18 grams per liter of sugar found in La Marca Prosecco. If you want an inexpensive sparkling wine that drinks very well by itself and makes a great mimosa, and is a steal at this price, I highly recommend the Dibon Brut Nature over La Marca any day!

Cava is made in the same manner as Champagne with secondary fermentation taking place in the bottle. Instead of Chardonnay, Pinot Noir, or Pinot Muniere, the Spaniards use Macabeo, Parellada, Xarel-lo. These three varietals in the Dibon Brut Nature are fermented separately. The secondary fermentation takes place in the bottle for over twelve months. No corners are cut with this wine.

This wine is fresh and lively with long lasting bubbles. I get notes of white peach, Asian pear, herbal, and floral notes. It's clean, dry, and crisp at the finish. It is wonderful by itself, great in a mimosa, and it hits all the right buttons for a festive celebration.

The Dibon Brut Nature Cava is available at The Bottle Shop for \$11.99. Say you saw it in the Mountain Views News and get it for \$10.99 through Monday, November 4th.

Come see me next week at The Tasting Room for a brand-new lineup of excellent wines that you won't find or taste anywhere else!

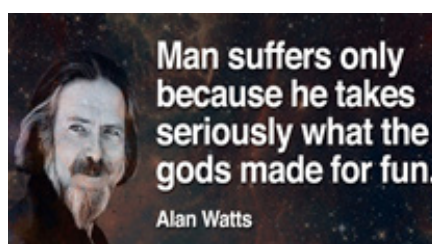
Until next time - Salud!

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ALL THINGS By Jeff Brown

ALAN WATTS'S THOUGHTS ON THE MEANING OF LIFE



Alan Watts, a British philosopher known for popularizing Eastern philosophy in the West, approached the "meaning of life" with a perspective that blended Zen Buddhism, Taoism, and other Eastern philosophies with Western existential thought.

Key Themes in Watts' Views on the Meaning of Life:

1. Life as Play, Not Work: Watts argued that life shouldn't be seen as a means to an end (like a task to accomplish or a goal to reach) but as a play or dance. He frequently used metaphors of music and dance, where the purpose isn't to reach the end but to enjoy every note and step. Watts saw this as a fundamental mistake in Western society: focusing on "getting somewhere" rather than "being here."
2. The Illusion of the Separate Self: In his talks, Watts often said that people feel separated from the world and each other, which he considered an illusion. From his perspective, this sense of separateness leads to anxiety, isolation, and the quest for meaning. He believed we are all manifestations of a larger reality (often called the "Universal Self" or simply "the Universe") and that our individual existence is like a wave on the ocean—part of a larger whole, not separate from it.
3. Life as a Spontaneous Process: Drawing from Zen and Taoist ideas, Watts described life as something that should be accepted as it is—a spontaneous unfolding process. Trying to control or "figure out" life can lead to frustration and dissatisfaction. Instead, he advocated for what he called "wu wei" (from Taoism), meaning "non-action" or "effortless action." This doesn't imply passivity but encourages going with the natural flow of life rather than resisting it.
4. Existence is Enough: Watts proposed that the question "What is the meaning of life?" might be irrelevant because life itself is enough. For him, simply being alive and experiencing existence—feeling, thinking, sensing, and relating—is a profound experience in itself. The quest for meaning can distract us from appreciating the present, which is the only real moment we ever have.
5. Beyond Dualities: In Watts' view, reality exists beyond dualistic distinctions like good vs. bad, right vs. wrong, or meaningful vs. meaningless. He saw these dualities as constructs of the human mind that can lead us to feel life is either "worth it" or "pointless." But life, he suggested, is neither—it simply is. "Man suffers only because he takes seriously what the gods made for fun"

In Summary: For Alan Watts, the "meaning of life" wasn't something to be achieved or discovered outside ourselves. Instead, it lay in embracing the present moment, seeing through the illusion of separateness, and engaging with life as a dance to be enjoyed. Watts encouraged people to shift their focus from "what is the purpose?" to "how fully can I live and experience this?" This shift from seeking meaning to experiencing being could, in his eyes, unlock a deeper sense of fulfillment and joy.

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The Sierra Madre Historical Preservation Society presents

Building a Goodwill Garden Japanese Americans in Sierra Madre

Monday, November 18, 6pm
Hart Park House, Memorial Park

Presented by Josh Perlman, Sierra Madre resident and high school teacher, and chair of the History Department at Flintridge Preparatory School.

Josh will share insights into the unique landscape traditions of the Japanese, discuss strident anti-immigrant backlash, and cross-cultural curiosity and connections.

He will examine the effects of World War II, Japanese Internment, the Civil Rights Movement, and share how a group of sixth graders rediscovered a small local treasure.

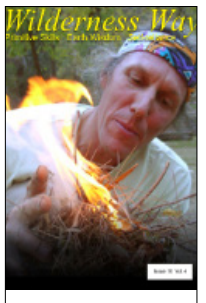


Gift of Ray and Helen Obazawa, Sierra Madre Historical Archives



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CHRISTOPHER Nyerges



[Nyerges is the author of several books including "Self-Sufficient Home" and "How to Survive Anywhere." He also leads wilderness classes every weekend. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com]

THE ROOTS OF HALLOWE'EN (AND DAY OF THE DEAD): What's it all about?

Why has the day of All Hallows Eve - Hallowe'en -- devolved into a day of fun and fear? How was this once- Holy Day commemorated before it was all commercialized into a scary night? Is it possible to discover the roots of this day, and observe it in its original fashion today?

My circle of friends attempted to answer these questions. We determined that we'd need to dig up whatever historical facts we could find that show how this day was commemorated before 1700, more or less. Though we couldn't be 100% certain, we at least assumed that "commercialization" didn't really exist in 1700, and all the European and some American commemorations before that year probably retained some semblance of what the day was all about, originally.

So, first, let's begin with the day.

It is believed that the ancient Celts observed something called a "Samhain festival" towards the end of October. Says the World Book Encyclopedia. "The Celts believed that the dead could walk among the living at this time. During Samhain, the living could visit with the dead. Elements of the customs can be traced to a Druid ceremony in pre-Christian times. The Celts had festivals for two major gods—a sun god and a god of the dead (called Samhain), whose festival was held on November 1, the beginning of the Celtic New Year.

This day, or period, was to mark the end of the harvest and the beginning of winter.

Samhain pronounced "sow-in," which means "summer's end," or the name of a god, or both) is seen by some Wiccans as a time to celebrate the lives of those who have died, and it often involves paying respect to ancestors, family members, elders of the faith, friends, pets and other loved ones who have died. In some rituals the spirits of the dead are invited to attend the festivities.

Various sorts of activities done on Samhain have been described over the centuries. In Ireland, Samhain was a time to take stock of the herds and food supplies. Cattle were brought to the winter pastures after six months in the higher summer pastures. Then, the people chose which animals to slaughter before the winter. After the slaughter of the animals, there would be feasting. And obviously, if you aren't an animal-raising farmer, how would you celebrate this aspect, except for the feasting?

The Catholic Church was aware of all the so-called "pagan" observances, and had their own day to commemorate the dead, May 13. This began in 609 or 610 A.D., when Pope Boniface the 4th dedicated the Pantheon—the Roman temple of all the gods—to Mary and all the martyrs. Later that date was changed by Pope Gregory III (731-741 A.D.), who dedicated a chapel in Rome to all the saints and ordered that they be honored on November 1. This was done, in part, to overshadow the pre-existing Samhain commemorations.

In the 11th century, November 2nd was assigned as "All Souls' Day" in commemoration of the dead. So this began the use of the term Hallow's Eve, or Hallowe'en for October 31.

Hallowe'en customs are similar to the observance of Dia de los Muertos or Day of the Dead, commonly practiced in Mexico and which can be traced to early Aztec times. Apparently, this "day of the dead" was originally commemorated in Mexico in May, and was changed to November 2 sometime after Spanish contact, possibly to correspond with the "Christian" tradition.

FOOD and GIFTING

Trick or treating in modern times goes back to leaving food and wine for roaming dead spirits and ghosts. The custom was referred to as "going a-souling" and was eventually practiced only by the children who would visit the houses in their neighborhoods and be given gifts of ale, food and money. It was believed the spirits of the dead returned to visit their old homes during this time, so in ancient times, people left food out for them and arranged chairs so that the dead would be able to rest.

Treats called "soul cakes" were given out in memory of the departed. The Middle Age practice of souling — going door to door begging for food in return for prayers — became popular and is even referenced by William Shakespeare in 1593. This is obviously the root of the modern "trick or treating" for mini Snickers bars, a practice no doubt loved by every dentist.

Seasonal foods such as apples and nuts were often used in the Samhain rituals. Apples were peeled, the peel tossed over the shoulder, and its shape examined to see if it formed the first letter of the future spouse's name. Nuts were roasted on the hearth and then interpreted — if the nuts stayed together, so would the couple. Egg whites were dropped in water, and the shapes foretold the number of future children. Children would also chase crows and divine some of these things from the number of birds or the direction they flew.

COSTUMES

Celts would wear masks when they left their homes during the night hours during Samhain days, because they hoped they would avoid being recognized by the ghosts and be mistaken merely for fellow ghosts.

"Mumming" and "Guising" were a part of Samhain from at least the 16th century and was recorded in parts of Ireland, Scotland, Mann and Wales. It involved people going from house to house in costume (or in disguise), usually reciting songs or verses in exchange for food. It is suggested that it evolved from a tradition whereby people impersonated the aos sí, or the souls of the dead, and received offerings on their behalf. Impersonating these spirits or souls was also believed to protect oneself from them. One researcher suggests that the ancient festival included people in masks or costumes representing these spirits, and that the modern custom came from this.

PARADES

Pagan Celtic priestesses and their followers would roam the countryside, chanting songs in order to frighten away the evil spirits thought to be out on Halloween night. I wonder how that could be practiced in your neighborhood?

FIRES

Bonfires were a big part of the festival in many areas of western Europe. Bonfires were typically lit on hilltops at Samhain where everyone could see them, and there were rituals involving them. We concluded that a small, safe backyard fire might be a good addition to celebrating the day, though we were pretty sure that local fire departments would take a very dim view if fires were built on local hilltops!

Bonfires comes from the root, "bone-fires" because the priests sacrificed animals and supposedly even people in an attempt to appease the sun god, while also looking for future omens. The fire was said to be a type of sympathetic magic, where the fire mimicked the sun, which has the power to hold back the darkness of winter. Burning the fires was also believed to be a way of banishing evil, at least symbolically.

DIVINATION

Divination has likely been a part of the festival since ancient times, and it has survived in some rural areas. In part, this meant that the spirits could enter your world. Many of the food offerings and fires were directed to these spirits. Or perhaps, some of the crops might also be left in the ground for them. These spirits were addressed in various ways, with food offerings, with walks into the ocean, with the idea to hold off any mischief, and perhaps to learn the future.

The belief that the souls of the dead return home on one night of the year seems to have ancient origins and is found in many cultures throughout the world.

CONCLUSION

So what do you conclude from all this? Is there an ideal way to commemorate this ancient day, and still avoid the trappings of commercialization? Is it even possible?

I like the way that the Day of the Dead is commemorated. There are altars with pictures of the dearly departed, and plates of good food. Candles are lit, rather than a big bonfire which the local fire department would frown upon. Families gather, and talk in respectful tones about their departed relatives. Yes, of course, even the Day of the Dead has turned into wild partying in some quarters, but if you seek a return to roots of the ancient commemoration of the dead, perhaps begin here.

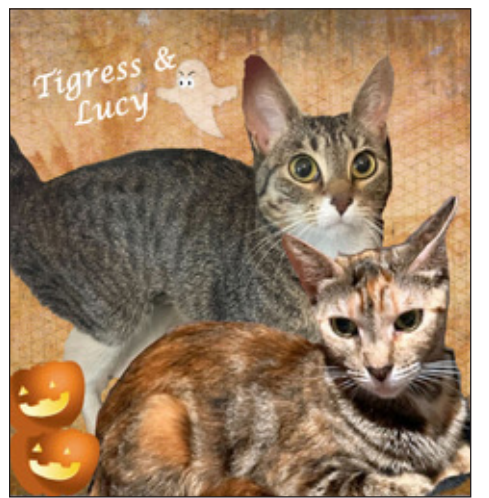
Begin with family or neighborhood gatherings. Prepare a good meal, and keep in the mind the foods that your beloved departed enjoyed. This is not necessarily because you think their spirits will come to eat (last I checked, ghosts don't need to eat), but because having, for example, your mother's favorite dish will give you another reason to talk about your mother, and to remember all the good things she did. This is at least a start, and it elevates our day of ghoulish and pointless fear-mongering into one that reconnects us with our roots.

Katnip News!

TIGRESS & LUCY



These bonded sisters, age 3, are looking for a loving home together. Tigress is tabby/white, and Lucy is a tortie/tabby. They are both spayed, vaxxed, and negative for FELV/FIV. They were sadly abandoned when their owner moved away and left them behind. Both girls will be shy at first due to the trauma they've experienced; however, they do love attention, and long for the safety and security of a forever home where they will be treated with patience and understanding, and be cherished. Please apply at <https://www.lifelineforpets.org/tigress-lucy.html>.



Pet of the Week

Touchdown is a beautiful, playful and outgoing tortie. She's three years old and cannot wait to watch football games with you! This sweet girl plays like a linebacker- not a lot of finesse, but a ton of enthusiasm! She happily kicks and bats her toys around, chasing after them to pounce on like she's tackling the quarterback. Touchdown is an independent big personality. She's not particularly cuddly or a lap cat. She prefers initiating contact and will tell you when she's had enough. She's happy enough to climb into your lap when she wants a nap, but only when it's convenient for her.



She loves treats, and that is one of the best ways to win her over. She loves crunchy treats and will show off all her football skills to get one!

If an athletic, smart, and food motivated girl will help complete your family's roster, come meet Touchdown today!

The adoption fee for cats is \$100. All cat adoptions include spay or neuter, microchip, and age-appropriate vaccines. Walk-in adoptions are available every day from 2:00 - 5:00. For those who prefer, adoption appointments are available daily from 10:30 - 1:30 and can be scheduled online. View photos of adoptable pets at pasadenahumane.org. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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From The Desk of Steve Sciorba, Safe Path For Senior

PROTECTING SENIORS FROM FINANCIAL ABUSE

It's no secret that financial predatory acts are on the rise. With methods ranging anywhere from AI-created phone calls and email scams, to identity theft and tax fraud, or even a known and trusted person taking advantage, seniors have become prime targets and victims of this horrible criminal activity.

So, what exactly IS Financial Exploitation? *The fraudulent or otherwise illegal, unauthorized, or improper act or process of an individual, including a caregiver or fiduciary that:*

- A. uses the resources of a senior citizen for monetary or personal benefit, profit, or gain
- OR
- B. results in depriving a senior citizen of rightful access to or use of benefits, resources, belongings, or assets."

We, at Arktos Wealth Management, can help educate seniors on how to protect themselves from the despicable and cowardly act of Financial Abuse/Exploitation.

- People in a position of trust who breach that trust by misusing your funds to serve their own needs.
- Strangers or "new friends" encouraging you to contribute to fake charities, bogus lotteries, gift cards, etc.
- Feeling pressured to update or sign important documents without reviewing them (i.e.; will, living trust, account beneficiaries, etc.).
- Difficulty speaking directly and openly with your bank or financial advisor without interference from others.
- Report suspicion of financial elder abuse exploitation to the authorities.
- Involve your adult children as an "extra set of eyes" providing a system of checks and balances that keep you from being misled.

Let us perform a quick review of your financial statements, documents, or insurance policies to determine if something looks out of place. Above all...Don't let shame or embarrassment keep you silent, as it only perpetuates the cycle of thievery and deceit. Elder Financial exploitation isn't just amoral, it's criminal! Visit <https://arktoswealth.com/> or call 818-249-4984.

IMPORTANT LINKS:

Older Americans Act (OAA) <https://acl.gov/about-acl/authorizing-statutes/older-americans-act>

National Center on Elder Abuse <https://ncea.acl.gov/>

Fake Prize, Sweepstakes, and Lottery Scams <https://consumer.ftc.gov/articles/fake-prize-sweepstakes-and-lottery-scams>

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HOW TO WRITE A LIVING WILL

Dear Savvy Senior:
What's the best way to go about writing a living will? I'm approaching age 73 and in poor health and would like to get this done without spending a lot of money. Need Help



Dear Need:
Preparing a living will now is a smart decision that gives you say in how you want to be treated at the end of your life. Here's what you should know, along with some resources to help you write one.

What to Prepare
To adequately spell out your wishes regarding your end-of-life medical treatment you need two legal documents: A "living will" which tells your doctor what kind of care you want to receive if you become incapacitated, and a "health care power of attorney" (or health care proxy), which names a person you authorize to make medical decisions on your behalf if you become unable to.

These two documents are known as an "advance directive," and will only be utilized if you are too ill to make medical decisions yourself. You can also change or update it whenever you please.

It isn't necessary to hire a lawyer to prepare an advance directive. There are a number of free or low-cost do-it-yourself resources available today to help you create one, and it takes only a few minutes from start to finish. Some top options include:

CaringInfo.org: This is a program created by the National Hospice and Palliative Care Organization that provides free state-specific living will forms that you can download, print and fill out. Or you can call 800-658-8898 and they will mail them to you and answer any questions you may have.

MyDirectives.com: If you'd rather create a digital (online only) advance directive, MyDirectives is an online tool and mobile app that will help you create, store and share a detailed, customized digital advance directive.

FiveWishes.org: This is another top-rated resource for creating a comprehensive paper or digital advance directive. They charge \$5 for the paper form and \$15 for the digital version, which is stored on the website that you or your family can access anytime.

VA Advance Directive: If you're a veteran, the VA also provides a free advance directive form specifically for you at VA.gov/find-forms/about-form-10-0137.

Other Options
If you're interested in making an entire estate plan that will include your will and/or trust, power of attorney and advance directive, there are many do-it-yourself online services that typically run between \$100 and \$250. Some top services include Quicken WillMaker & Trust software (WillMaker.com), Trust & Will (TrustandWill.com), and Legal Zoom (LegalZoom.com), which also makes basic living wills for only \$39.

Or, if you'd rather have a professional do it for you, contact an estate planning attorney. See NAELA.org or NAEPC.org to help you locate someone in your area. Costs will vary depending on where you live, but you can expect to pay somewhere between \$500 and \$2,000 for a basic estate plan.

Add-ons
You should also consider getting a do-not-resuscitate order (DNR) as part of your advance directive, since advanced directives do little to protect you from unwanted emergency care like CPR. To create a DNR, ask your doctor to fill out a state appropriate form and sign it.

Another tool you should know about that will complement your advance directive is the Physician Orders for Life-Sustaining Treatment, or POLST (sometimes called Medical Orders for Life-Sustaining Treatment, or MOLST). A POLST form translates your end-of-life wishes into medical orders to be honored by your doctors. To learn more about your state's program or set one up, see POLST.org.

Tell Your Family
To ensure your final wishes are followed, make sure to tell your family members, health care proxy and doctors so they all know what you want. You should also provide them copies of your advance directive or if you create a digital version, make sure you share it electronically.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



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SENIOR HAPPENINGS

HAPPY BIRTHDAY! ... NOVEMBER Birthdays*



Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, Lois Stueck, Jean Wood, Shirley Yergeau, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg, Mary Bowser, Susan Clifton, Mary Higgins, Kim Buchanan, Leigh Thach, Sue Quinn, Jill Girod, Jeanne Martin.*

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Chair Yoga
10am - 10:45 am
Monday's and Wednesday's
at the
Hart Park Senior Center

Only 100% Sure
...ENING
...PLACE AT THE
SENIOR CENTER
...ESDAY OF EVERY
...MONTH
...12:30PM

SENIOR CINEMA
Movies at the Hart Park House will be held every Wednesday at 1pm after our senior lunch program.
Free popcorn, sweet snacks, and refreshing beverages will be available for all participants. Registration is not required.



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
I THOUGHT SHE SAID, "DOUGHNUT"

As hard as I try, and believe me I try, I don't always hear correctly, especially regarding The Gracious Mistress of the Parsonage. I don't always hear every word she says.

I know God gave me two ears and only one mouth, but I must confess I use my mouth a lot more than I use my ears, which has created problems.

I have worked on this problem for a very long time, and it just seems to be getting worse. Maybe I should quit working. You would think that as long as I've been married, I would have somehow adjusted to this hearing situation.

The Gracious Mistress of the Parsonage once set me up and said, "Did you hear what I just said?" "Oh, yes, my dear, I heard you clearly." Then she said, "Well then, what do you think I should do?"

At this point, I knew she was trying to set me up because she knew I wasn't listening, but I had to respond. Believe me, I was nervous. "Oh, my dear, I think your idea is splendid. Go with it."

Then she got up, walked to the kitchen, and says, "Okay, then it's broccoli for supper." Now I'm in a pickle, and I'm not quite sure what to do. Why didn't I hear the word "Broccoli"? I was very suspicious.

The other day, she asked if I would go to the grocery store and pick up a few items. She rarely asked me to go and get some groceries, so I wasn't quite sure what to do, but I said yes. What else could I say?

I went to the store, checked off every item on the list, and went to the checkout line when I remembered she told me something after giving me the list. I tried to think of what it was, and then it came to me. She mentioned something about doughnuts. I think she wants me to get her some doughnuts. That made me smile.

I pushed the cart to where the doughnuts were and looked at all those wonderfully delicious donuts. How can anyone pick just one? I spent an awful lot of time going through every donut, I couldn't find one I didn't like, and I didn't know what exactly to do.

Finally, I picked one, went to the checkout counter, paid for the items, and then got in my truck to go home.

I was very happy as I drove home because I usually don't get things done exactly the way she likes them. I drove into the driveway, parked my truck, and went inside with the bag of groceries.

Walking through the door, I shouted, "Honey, I'm home." I placed the bag on the kitchen counter, and with a huge smile, and went to my easy chair, waiting to be congratulated by The Gracious Mistress of the Parsonage for a job well done.

It wasn't long until she entered the kitchen, and I heard her say, "What is this?" I had no idea what she was talking about, but as she walked over to me, she was holding the box of donuts. "What is this?" Looking at her with a big smile, I said, "Oh, my dear, those are the donuts you asked me to get. Remember?"

She went back into the kitchen. I heard her going through the grocery bag. Then she came back and handed me the grocery list she had given me and said, "Where do you see donuts on this list I asked you to get?" I was a little confused, so I said, "Don't you remember as I was leaving you told me to get doughnuts?"

"I said no such thing. What I said was, Do Not get anything that is not on this list." Oh boy, was I in trouble? All I heard was the word "doughnut," which got me into trouble.

She stood there staring at me as I looked at the list, and I did not know what was next. Looking at her, I said, "Do you want me to return the donuts?"

I never saw her look so confused as at that moment. I'm not sure you can return donuts, but I could see she was processing the whole situation, and I was in a position where I couldn't help her solve this problem. At that time, one of our daughters stopped to drop off something in The Gracious Mistress of the Parsonage and said, "Here, would you like a box of donuts to take home?"

The daughter laughingly said, "Of course I would. Thank you." When she handed the box of donuts to our daughter, my wife glanced at me with one of her smiles. I wanted to smile back but couldn't find any muscles on my face that could create a smile.

That afternoon I was reading my Bible and came across a verse that encouraged me. "To whom shall I speak, and give warning, that they may hear? behold, their ear is uncircumcised, and they cannot hearken: behold, the word of the Lord is unto them a reproach; they have no delight in it" (Jeremiah 6:10).

I believe it takes all of the Bible to make it the Word of God. I can't cherry-pick what I want to believe. If I only hear part of the Bible, I will get it wrong and bear the consequences. All heresy is built on fragments of the Bible.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnyder51@gmail.com, website www.jamesnyderministries.com

MOUNTAIN VIEWS NEWS

PUBLISHER/ EDITOR Susan Henderson

PASADENA CITY EDITOR Dean Lee

SALES Patricia Colonello 626-355-2737 626-818-2698

WEBMASTER John Avery

DISTRIBUTION Peter Lamendola

CONTRIBUTORS

- Michele Kidd, Stuart Tolchin, Harvey Hyde, Audrey Swanson, Meghan Malooley, Mary Lou Caldwell, Kevin McGuire, Chris Leclerc, Dinah Chong Watkins, Howard Hays, Paul Carpenter, Kim Clymer-Kelley, Christopher Nyerges, Peter Dills, Rich Johnson, Lori Ann Harris, Rev. James Snyder, Katie Hopkins, Deanne Davis, Despina Arouzman, Jeff Brown, Marc Garlett, Keely Toten, Dan Golden, Rebecca Wright, Hail Hamilton, Joan Schmidt, LaQuetta Shamblee

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Letters to the editor and correspondence should be sent to:

Mountain Views News 80 W. Sierra Madre Bl. #327 Sierra Madre, Ca. 91024 Phone: 626-355-2737 Fax: 626-609-3285 email: mtnviewsnews@aol.com



Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON WHAT IF ?????



It really is a question that we all should be asking ourselves? What would you or I do if Donald Trump becomes President? For the moment, let us assume that the election is determined to be fair and that questions about the counting or destruction of ballots have been resolved and Donald Trump is re-elected as President of the United States. You know it did happen once before, and we all managed to survive. I recall that on January 21, 2016, the day after Trump's inauguration, my wife and I had flown to Washington D.C. and joined in the Women's Day march. As I attempt to create this article, I look up on the wall next to my computer and view the WE THE PEOPLE framed poster we obtained at the demonstration. Looking at it now I feel a renewed sense of inspiration.

Maybe we were younger then, but I do not recall those four Trump years as being anything I don't want to remember. My wife and I did go to other protest demonstrations here in Pasadena and I believe we both felt as if we were enduring a hardship that would soon pass. Yes, I remember the January 6, 2021, attack on the U.S. Capital by a mob of Trump supporters screaming "Hang Mike Pence" that cannot and should not be forgotten; but, in a way, it seems to be. Then, I was more appalled than frightened but that was then, and this is now, and I really do feel frightened.

Seriously what can we expect if Trump becomes President? I am too old to run and do not wish to. Presently, there is a world-wide climate crisis and an American cost of living crisis. What will I do? I think of the Boy Scout motto "Be Prepared" so how do we prepare? I realize how safe and privileged I have been compared to my father's generation. As a child, my father, and his mother and three siblings feared for their lives in the Ukraine and walked with their few belongings across Poland to somehow get passage on a ship that took them to England. After a year they managed to emigrate to America and live out their lives filled with hardships that I never experienced. No one in the family ever went even to High School but they survived.

I have on my bedroom wall a framed article written by father in the Ladysmith Wisconsin News in 1933 describing the Civilian Conservation Corps that had been established by Democratic President Franklin D. Roosevelt to meet the needs of jobless young men during the Depression. Another picture on the wall depicts my father seated behind a machine gun as he served in the U.S. Army during World War II. These remembrances, as I look at them now, are inspiring to me. During my teenage years, my father lost his eyesight but continued to work as a salesman for the next fifteen years using my mother or myself as his driver. Just recounting this story amazes me. I, the privileged son, went to College and Law School and worked as a Lawyer until my mid-seventies, defending the indigent and abused. For over fifteen years I have been given the opportunity to exercise my first amendment freedom by sharing my views and principles in this published online newspaper

Certainly, my life has not been without hardships but yesterday as my wife, my 52 year-old son and I watched the Dodgers become the World Series Champion I realized that I indeed have been very fortunate. Tonight is Halloween and my wife, my son, my daughter, and my five-year-old granddaughter will go trick or treating through the decorated safe streets of beautiful Sierra Madre. It is our responsibility, yours, and mine, to do all that we can to preserve this life for ourselves and for future generations. We must stay vigilant and active to maintain the freedoms and privileges we now take for granted; and, for me at least, thinking about what previous generations have endured is an ongoing inspiration. No matter what, we still have the power to live caringly and responsibly.

Remember, there will always be future elections and choices to be made and principles to be maintained.

Please join me and casting your vote and hoping for the best.



RICH JOHNSON NOW THAT'S RICH WHAT IF AND IF ONLY



Ever been plagued by a "what if?" or a "if only?"

Ironically, these two phrases have both negative and positive connotations. First, the not so good connotation: "If only I hadn't read Rich's column this week!"

Then, the ambiguous connotation. Could go either way, lol! "What if I hadn't read Rich's column this week?"

The positive "what if" and "if only" in your lives hopefully eclipse the negative. After all, someone must have once said, "What if we could go to the moon?". (H. G. Wells rings a bell). Or "If only we could cure polio!" (Thank you, Jonas Salk). Let me give you an current example: Go on your computer and Google the name Zion Clark. You will see a "what if" and "If only" applied to a wonderful conclusion.

Zion went on "America's Got Talent" performing handstands and acrobatics on the parallel and high bars. What's the big deal you might wonder? That's all it takes to get on "America's Got Talent"? Well, Kemosabe, read on.

Yes, Zion performed his athletic prowess using his hands and his....? Wait a minute: Zion has no body below his waist! And he's doing this...rather marvelously I might add. (I hope he becomes president some day!)

Zion Clark exchanged moping "if only...I had legs." to "what if...I could perform this with just my hands and arms?" which turned into "why not?" and "let's try!" And he was magnificent!

Charles H. Duell, the Commissioner of the U.S. Government Patent Office, was quoted in 1899 as saying "Everything that can be invented has been invented". "Chuck" suggested the government close down the U.S. Patent Office. It was unnecessary.

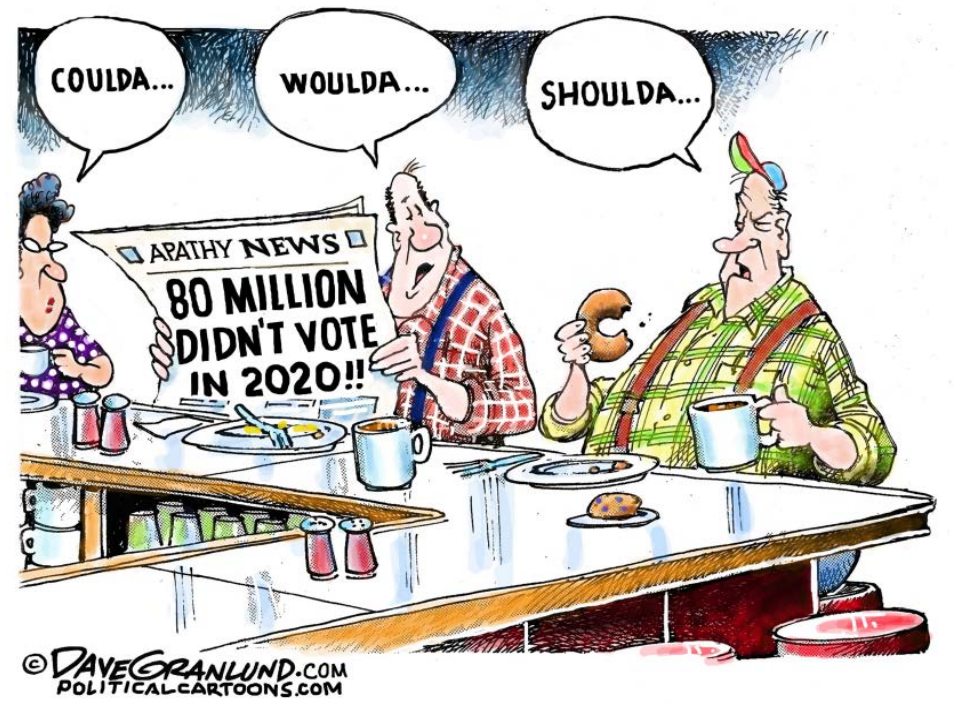
A look at the stats post 1899 confirm Mr. Duell was slightly mistaken. Between 2010 and 2020 alone the U.S. Patent Office issued over 3,111,000 patents. That's over 3 million for those of you tapping your feet.

The downside of focusing negatively on the "What ifs" and "if only's" holds millions, if not billions, of people back from all that life has to offer. Believe in God or not, He instilled in us His creative genes. Most of us are not satisfied with just the status quo. We have dreams. But we are all too timid and frozen with the possibility of failure and thereby too afraid to take risks.

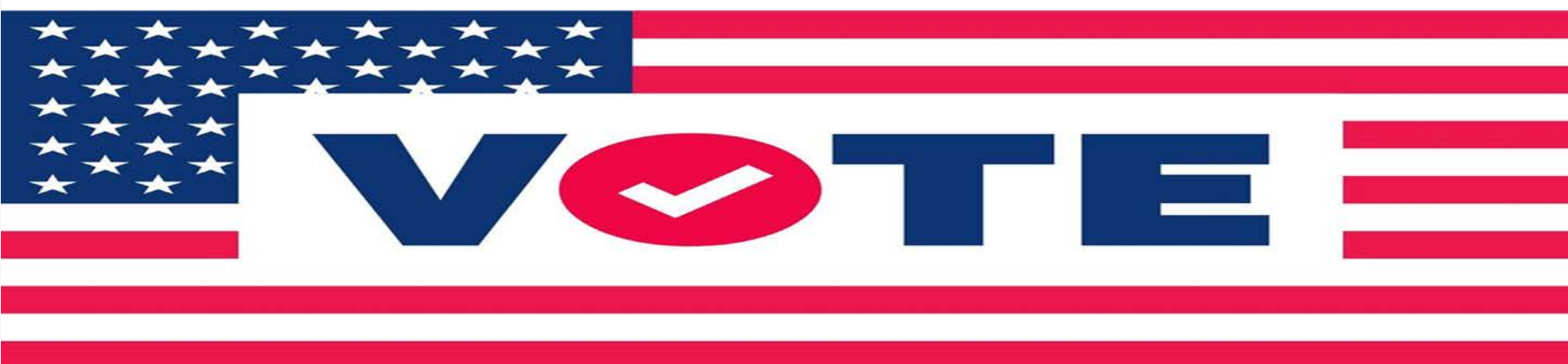
Albert Einstein brilliantly summed up looking forward with this comment: "In the middle of difficulty lies opportunity." (Take it)

I particularly love this quote from Carl Sagan. "Somewhere, something incredible is waiting to be known." (Why not you?)

Every successful person has to overcome fearful mental resistance. Risk of failure is at the genesis of all endeavours. It comes with the territory. Listen up:



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Mountain Views News Saturday, November 2, 2024

**NUTRITION FACTS:
WHAT MOST PEOPLE GET WRONG**

When it comes to nutrition, there are plenty of popular beliefs that sound true but really aren't. Many myths about food and health have been shared for so long that they're often accepted as fact. How many of these nutritional myths do you believe?

Myth #1: All Fats Are Bad

For years, people have been warned about eating fat, with the idea that it would make us gain weight or harm our hearts. But there are different types of fats, and some are actually good for you! Healthy fats found in olive oil, avocados, and nuts support brain function, hormone production, and even help the body absorb certain vitamins.

The bad fats we should be more careful about are trans fats, often found in fast food, fried foods, and many processed snacks. They increase "bad" cholesterol (LDL) and reduce "good" cholesterol (HDL), raising heart disease risk. Healthy fats, like unsaturated fats, are not only safe in moderation, but they also benefit our health.

Myth #2: Carbs Cause Weight Gain

At one time or another we've all heard that carbs are the enemy. Low-carb diets have been trendy for years, but the truth is, carbohydrates are an essential part of a balanced diet. Carbs are our body's main source of energy; we just need to choose the right ones. Complex carbs, like those in whole grains, fruits, and vegetables, are full of fiber, which helps with digestion and keeps us full for longer. They can even help with weight management.

Simple carbs are found in sugary foods, white bread, and sodas. These can spike blood sugar and lead to cravings, which may eventually cause weight gain. So, instead of avoiding carbs focus on eating whole, unprocessed carbohydrates for lasting energy and better health.

Myth #3: All Calories Are Equal

Yes it's true that weight gain depends on how many calories you take in compared to how many you burn, but not all calories work the same way in your body. Calories from nutrient-dense foods, like fruits, vegetables, and lean proteins, provide energy and essential nutrients that fuel your body. In contrast, calories from sugary treats or highly processed snacks lack important nutrients and can leave you feeling tired or sluggish.

When it comes to calories, quality matters as much as quantity. A diet rich in whole foods will give you the nutrients your body needs, help you feel satisfied, and support better health.

Myth #4: Protein Is Only For Muscles

Protein is often thought of as the go-to nutrient for building muscle, and while it's true that protein is essential for muscle repair, it has other important jobs too. Protein supports our immune system, helps produce hormones, and plays a key role in repairing cells throughout our body.

A common myth is that only animal-based foods provide "complete" protein but many plants offer plenty of protein along with other health benefits. Foods like beans, lentils, and quinoa can be part of a balanced diet and are packed with fiber and other essential nutrients.

Myth #5: Sugar From Fruit Is Bad

Natural sugar in whole fruit isn't the same as the added sugars found in candy, sodas, or pastries. The fiber in whole fruits, like apples, oranges, and berries, slows down sugar absorption and prevents blood sugar spikes that processed sugars often cause.

Additionally, fruits are loaded with vitamins, minerals, and antioxidants that help protect our cells from damage and support overall health.

Myth #6: Eating At Night Causes Weight Gain

Eating late at night is often blamed for weight gain, but it's not necessarily the timing of the meal that's the problem. What matters most is the number of calories eaten in a day. If you're eating more calories than your body needs, you'll gain weight whether eating them in the morning, afternoon, or night.

Late-night eating can lead to weight gain if it's connected to snacking out of boredom or stress. Many people reach for high-calorie, low-nutrient snacks at night, which can add up quickly. If you're hungry before bed, stick with a light, nutritious snack rather than junk food.

Myth #7: 'Low-Fat' Foods Are Healthier

Just because something is labeled "low-fat" doesn't mean it's a healthier choice. To keep low-fat foods tasty, companies often add sugar and other ingredients to make up for the flavor that's lost when fat is removed. So, you might actually be getting more sugar and calories than you would from the regular version.

With so much nutrition advice out there, it's easy to see why people get confused by these myths. Don't be misled by outdated ideas. Focus on nutrition that truly supports your well-being.

**FITNESS
FOR LIFE**



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

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Coach Harvey Hyde's College Football Review & Preview



Sunday's: 10am-11am
or 10am to 12:00noon



8/18 - 10am to 12:00noon	10/6 - 10am to 11am	12/1 - 10am to 11am
8/25 - Angels Baseball	10/13 - 10am to 12:00noon	12/15 - 10am to 12:00noon
9/1 - 10am to 12:00noon	10/20 - 10am to 11am	12/22 - 10am to 12:00noon
9/8 - 10am to 11am	10/27 - 10am to 11am	12/29 - Raiders Football
9/15 - Raiders Football	11/3 - Raiders Football	1/5/25 - 10am to 11am
9/22 - Angels Baseball	11/10 - 10am to 12:00noon	1/12/25 - 10am to 11am
9/29 - 10am to 11am	11/17 - Raiders Football	1/19/25 - 10am to 11am
	11/24 - 10am to 12:00noon	1/26/25 - 10am to 11am

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Fall Pickleball Y'all!

Pasadena-Sierra Madre YMCA Pickleball Tournament

Pickleball is an inclusive sport, embracing individuals of all ages, skill levels, and abilities. Join us at the Pasadena-Sierra Madre YMCA for a fun filled tournament you won't want to miss.

All events are fixed partners.

November 17th

- 10am Women's Doubles
- 12pm Men's Doubles
- 2pm Mixed Doubles

Fees:
Single Event Members: \$30/person
Non-members: \$35/person
Two Events Members: \$40/person
Non-members: \$50/person

Event Partner: City of Sierra Madre
Location: Sierra Vista Park Tennis Courts
For more information: Email - SheenaInman@ymca.org P 626 355 5261 www.ymca.org/pas

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Mountain Views News

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6TH-8TH GRADE**

SOUR GRAPES

by Tim Jones



All photos by Dirk Bolle - Go to: <https://www.dirkbolle.com/Scenic-Sierra-Madre/2024-Sierra-Madre-Halloween> to see additional pictures.



HALLOWEEN COSTUME CONTEST WINNERS

PETS: Dakota, Ted, and Prince

INFANT TO 2 YEAR OLD
Ed McGreevy and Meru

3-4 YEAR OLD WINNERS
Olivia Moran,
Sophia Velasquez,
Catherine Elizabeth Bysse

5-7 YEAR OLD WINNER
Kim Embry,
Zuma Mellen,
Clive Nuszer

8-12 YR OLD WINNERS
Ollie Finholt,
Ariyan Mehta,
Pasha Almonte

13-17 YR OLD WINNERS
Lielah James a
Alex Gregory

GROUP:
Tangold Family,
Ghostbuster family
Beetlejuice family (





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Events Around Town in November!

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- One Time Events**
- November 2 10am - 12pm**
Old Pasadena Walking Tour North
Discover Pasadena's library ruins and more in this National Historical District.
 - November 2 4pm - 5:30pm**
Bones, Skulls, & Marigolds Workshop - Arboretum
Learn about the symbols of Day of the Dead as you paint skulls, examine bones and more as you enjoy an adult drink and pan dulce.
 - November 8 6pm - 8pm**
Meow N Paint at Tail Town Cat Café
Create your own "Meowstpiece". All art supplies are provided in this cat-themed canvas painting session.
 - November 9 10am - 3pm (Adults) & 1pm - 3pm**
Flower Arranging: Woodland Ferns + Dried Flowers at The Huntington
Join Flower Duet for a hands-on workshop and create a stunning bouquet to take home.
 - November 9 12pm - 1:30pm & 2pm - 3:30pm**
Autumn Leaf Crowns at the Arboretum
Celebrate autumn as you build enchanting leaf crowns and sip cider. (Family session & Adult Only Session)
 - November 11 11am - 12pm**
Veterans Day Ceremony in Monrovia
Celebrate Veterans Day with a ceremony in Library Park honoring those who have and are serving our country.
 - November 16 2pm & 8pm**
Pasadena Philharmonic Performs Rhapsody in Blue and More at Ambassador Auditorium
Program includes Gershwin's Rhapsody in Blue, Debussy's La Mer, and pieces by Bates and Ravel.
 - November 16 8pm**
Home Care by Tonality at Cal Tech's Beckman Auditorium
Grammy Award-winning vocal ensemble Tonality presents a concert focused on our climate.
 - November 20 7:30pm**
Distinguished Speaker Series - Malcolm Gladwell at the Pasadena Civic Auditorium
Featuring observer, thinker, podcaster, and author Malcolm Gladwell.
 - November 21 11am**
Doo Dah Parade
The wacky and weird "Twisted Sister of the Rose Parade" starts off at Raymond and Holly.
- November 28 8:30am**
Rose Bowl Turkey Trot
Start your Thanksgiving Day off with this family friendly run, walk, skip, or jump around the Rose Bowl.
- Ongoing Events**
- November 1, 2, 3 10am - 5pm**
The Huntington Fall Plant Sale
Find a wide selection of regionally hardy plants to update your garden.
 - November 2, 3**
Anime Pasadena at Pasadena Convention Center
Come dressed as your favorite character and enjoy video premieres, a fashion show, live music, and more.
 - November 3 (First Sunday of Every Month) 8am -3pm**
Pasadena City College Flea Market
Over 400 vendors attend the PCC market, known for selling antiques and collectibles.
 - November 4, 11, 18, 25 1pm - 3pm**
Music in the Rose Garden at The Huntington
Enjoy the serene beauty of the rose garden and enchanting music presented by Pasadena Conservatory.
 - November 7, 8, 9 7pm**
Treasure Island at Arcadia Performing Arts Center
Award-winning Arcadia Stage presents a modern take on Treasure Island filled with hilarious characters, swordfights, songs, and dancing for the entire family.
 - November 10 (Second Sunday of Month) 5am - 3pm**
Rose Bowl Flea Market
Experience over 2,500 vendors at the "world's most unusual" flea market.
 - November 12 - December 15**
La Cage aux Folles at Pasadena Playhouse
Experience this groundbreaking, heartfelt and hilarious musical comedy.
 - November 17 - January 5 5:30pm - 10pm**
Enchanted Forest of Light at Descanso Gardens
Enjoy a walk through a shimmering nocturnal wonderland featuring returning favorites and fresh delights.
 - November 29, 30 11am & 1pm**
Favorite Fall Trees Walking Tour at the Arboretum
Learn about the Arboretum's many trees that produce fall color on this free-with-admission tour.
 - November 29 - December 24**
Los Angeles Christmas Market at ROW DTLA
With the feel of the bustling Christmas markets of Germany, this market includes festive food, activities, holiday music and handicrafts made by local artisans.

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**2024
Halloween Window Painting
Contest Winners**

9-10
1st Place: Window #5 at Mother Moo- Reinhard, Alonzo
2nd Place: Window #11 at Lucky Clover Spa- Kopoushian, Sanchez, Yoo
3rd Place: Window # 2 at Tayter's Ol' Fashioned- Ferguson, Mann

11-12
1st Place: Window #37 at Nailholic- Prince, Desai,
2nd Place: Window #32 at Berkshire Hathaway- Chan, Chan, Zhao
3rd Place: Window # 24 at Foothill HomeCare-Cardella, Anderson

13-14
1st Place: Window #19 at Cancer Support- Denman, Kasazakal-Cao
2nd Place: Window #20 at Cancer Support- Klaassen, Kleczek, Ward, Palomares
3rd Place: Window #34 at Sierra Madre Music- Cole, Cole, Marquez, Marquez

15-17
1st Place: Window #31 at Pantorium- Pfeiffer, Pfeiffer, Pfeiffer
2nd Place: Window #28 at Sierra Madre Dance Center- Berensten, Cardella
3rd Place: Window # 25 at Arnold's Hardware- Ryan, Zambrono



DOWNTOWN SIERRA MADRE HALLOWEEN WINDOW PAINTING
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Village Pizzeria	Collective Co-op
Emmis Café*	Nailholic Nails & Spa
My Friends Café*	The Bottle Shop
Starbucks*	Sierra Madre Dance Co
Mother Moo Creamery	Foothill HomeCare Partners*
JP Morgan Chase Bank	Mail Box and Postal
Lucky Clover SPA	The Only Place in Town
The Dave Knight Real Estate Team: Keller Williams	Sierra Madre Massage Co.
Code 3 Life Inc.	The Buccaneer Lounge*
Maestro Custom Tailor	Sierra Madre Music
Berkshire Hathaway	Pantorium
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Luther has provided us with exceptional service over the years. He makes the entire process of looking for a home easy and enjoyable and all the while sharing his expertise and guidance along the way. During the house searching process, Luther was candid and provided his own perspective of different aspects of each home that he thought would be relevant to our decision making based on what he knew about us and criteria that were important for us. We truly appreciated his valuable input and relied on it heavily.

Aside from making renting and home buying a positive experience, we really appreciate all his help, whether it's been a suggestion on how to improve a feature in our home or even providing a reference for a technician when our AC unit broke down. Luther is a dedicated professional that excels in realty that we highly recommend.

– Karen R. | Sierra Madre

I had the privilege of working with an exceptional real estate agent, Luther Tsinoglou, who not only exceeded our expectations but completely transformed our experience of buying our first home. From the moment we met Luther, we knew we were in good hands, and I can't emphasize enough how grateful we are for his expertise and unwavering support.

Working with Luther has been an extraordinary experience. He is not just a real estate agent; he is a mentor, a guide, and a friend who genuinely cares about his clients' success. If you are looking for a real estate professional who will go the extra mile, educate, and empower you, look no further than Luther Tsinoglou.

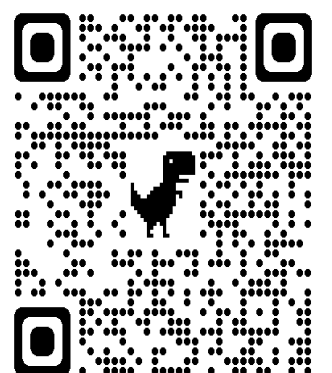
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