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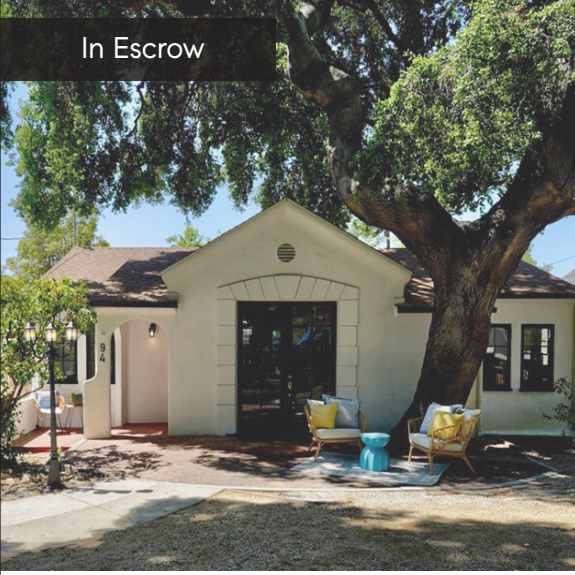


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Contact Judy or Jan of the WMG to get access to all the MLS listings and to answer any questions you may have.





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Fitness For Life.....Michele Kidd

Unlock Your Life.....Lori Harris

A MEMORABLE DAY: *The Sierra Madre and Pasadena No King Day Protests*

A First Hand Report By Stuart Tolchin

On Saturday June 14, 2025, protests were scheduled throughout the United States of America to show their opposition to the Trump administration's policies and in rejection of authoritarianism and militarization. Early estimates indicate that more than 5 million people attended the events, and that number includes the hundreds in Sierra Madre and an even larger crowd in Pasadena.

Clearly this was going to be a historical day, and I was ready to be among the protesters. I had been going to protests since I was nine years old and my grandmother and I had been part of a protest at a Van de Kamps in 1953. Actually, we had walked to the store to purchase fish sticks but a protest over racially discriminatory hiring practices was taking place, and we observed the commotion and energy.

Now, seventy-two years later other protests were occurring, and I did not want to miss them. I am very proud to say I have been present at many protests in Northern and Southern California and Mississippi over the years, but I am getting pretty old these days and how many more chances will I have? I notified the editor of my desire to report on the events, and she invited me to give it a try.



In the morning, I put on orange tennis shoes, my Ruth Bader Ginsburg socks and my Sierra Madre hat and started my journey. My wife left to go to the Pasadena protest and I became desperate to attend both demonstrations but did not feel able to walk all the way down the hill to the center of town, so I called my neighbor, and he gave me a ride down the hill.

The demonstration itself was a wonderful experience. No violence or evidence of aggression. People carried American Flags which were distributed right there at Kersting Court. This was surprising to me as I now associate the flag with Donald Trump and wrongful, harmful, and unlawful activities. I asked someone about the flags, and it was explained that this very Saturday was also Flag Day and we all considered ourselves as true patriots and had every right to carry the flag and display our patriotism. Damn right we did! There were also all sorts of signs criticizing Trump and proclaiming the day No Kings Day.

From Kersting Court, after getting a little rest back at home, I got a ride to the Pasadena protest. There were large numbers of people there also and the vibe was also completely peaceful. People were dancing and I danced on corners for a few moments with strangers. It was amazing how orderly and controlled crowds at both events were. In Pasadena, protestors filled both sides of Colorado Boulevard and both sides of Lake Street. The protestors were multi generational.

I am so gratified to have had this experience. Hooray for Americans, patriotic Americans who will do what is necessary to reestablish and protect our democracy. I don't know how or when it will happen, but I am optimistic. Saturday, June 14, 2025, was a very special day and I am proud to have participated in that portion of our country's history.

Editor's Note: Sierra Madre Police Chief Gus Barrientos confirmed that the protest was without incident, 'calm and peaceful'.



Kelly Taffer Photo

HOW LONG? NOT MUCH LONGER!



This procession of trucks on their way to remove debris from the fire and rain that accumulated earlier this year has many residents wondering if the 'calvacade' will ever stop. Neighbors on major streets such as Michillinda, Lima, and Mountain Trail recognize that the trucks are helping to keep them safe by removing debris, will still be glad to know that they won't be traversing the streets forever.

The photo on the right was submitted to show the amount of 'truck trash' that is too often left behind and also of concern to the community.

According to the Director of Public Works, Arnulfo Yanez, the final phase of their task is underway. The preparation of the area in anticipation of future rains has begun.

Photo Courtesy of SM Resident DAT



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REMEMBRANCE



DARLENE MARIE CROOK
OCTOBER 2, 1939 - NOVEMBER 8, 2024

Darlene Marie Crook, 85, of Sierra Madre, passed away on November 8, 2024, as a result of complications from her esophageal cancer. Darlene was born at Huntington Hospital in Pasadena on October 2, 1939, to Lucille and Stanley Dixon. She was later adopted by her stepfather, Tom Scholl, who helped raise her along with her two much younger brothers, Tom and Rick. She learned early on how she could make money by singing and dancing in a neighborhood barber shop for the patrons. Out of necessity, she also learned to cook, helping support the household while her parents worked. She was a loving and supportive older sister, always there for her brothers throughout their upbringing.

Darlene grew up in Duarte and graduated Summa Cum Laude from Monrovia High School.

She continued her education at Pasadena City College, where she met her future husband, Richard Crook, in geology class. They married on December 4, 1959, a simple ceremony with family. They lived in Monterey Park, with their first two children, Rich and Cathy. It was there they also met their lifelong best friends, Linda and Larry Beckstead, by inviting them over for a spaghetti dinner. After having their third child, Shawna, they moved to Sierra Madre, settling on Sunnyside Avenue in the home that remains the heart of the family. There, they welcomed their two youngest daughters, Marnie and Lisa.

Darlene was an incredible, hands-on mother to her five children—and to many of their friends who were lucky enough to experience her care. She volunteered in classrooms, led Camp Fire Girls, coached softball teams, and was the beloved team mom to many of the baseball and soccer teams. She even led singalongs for team parties at Shakey's Pizza. Singing and performing were part of her essence. She performed in Sierra Madre School's annual "Extravaganza" productions and later joined the Sweet Adelines chorus, performing in competitions with a radiant smile that lit up every stage. Many of her closest friendships were formed and sustained through these shared passions. Her friendships were a vital part of her life. An annual Carpinteria Beach moms and kids camping trip included a long list of fun in the sun adventures with those friends.

She was always smiling, believing that a simple smile could brighten someone's day. That philosophy guided how she moved through the world—with warmth, generosity, and an open heart.

Once her children were grown, Darlene launched her own catering company. Known for her delicious, creative meals, she catered weddings and events throughout the area. Her culinary talents continued to delight friends and family for the rest of her life.

She also had a deep love of the outdoors, a passion she shared with Richard and passed down to their children. Each year, they traveled to the Eastern Sierra Mountains and camped along the banks of Green Creek, spending days fishing, hiking, and enjoying nature. Even in the wilderness, Darlene brought her gourmet cooking skills, creating campfire meals that drew amazed and grateful guests. A highlight to these trips were the evenings spent sitting around the campfire with Darlene leading the campfire songs.

Her passion for nature led her to become a docent at Eaton Canyon Nature Center, where she educated Los Angeles County inner-city children about local plants and animals and the importance of the native habitats. Darlene also gave her time to many community organizations, including Reading Is Fundamental, Meals on Wheels, Friends of Sierra Madre Library, the Civic Club, and more.

She had a love for sports and the arts. She was a true blue Dodgers fan, attending many games, and she also thoroughly enjoyed going to plays and musical productions whenever she could.

Family was everything to her. Richard was the love of her life. She knew from the beginning of their relationship that she was going to spend the rest of her life with him—and she did. Sixty-five years together, through thick and thin, as they say. She and Richard agreed that they wanted a large family and they successfully accomplished this wish by having five children within eight years. Her children have always been close, choosing to spend their vacations together, as well as holidays and birthdays. All of her grandchildren and great-grandchildren enjoyed the same closeness and joy in spending time with her fun-loving spirit. To all her family she was a constant source of love and support, and made each of them feel uniquely cherished.

Darlene built strong, lasting relationships with everyone she met. She had a magnetic energy, an infectious laugh, and a kindness that made everyone feel welcome. She didn't take herself too seriously—often the first to poke fun at herself—but she carried herself with quiet confidence and deep conviction. She lived by simple yet profound mantras: "Treat others as you want to be treated," and "Give others the benefit of the doubt."

Her positivity was contagious, her perseverance effortless, her loyalty unwavering, and her love unconditional.

She leaves behind a legacy of joy, service, and deep connection. Her memory lives on in all who knew her and were fortunate enough to be loved by her.



MANAGEMENT OF INCONTINENCE AFTER PROSTATE TREATMENT



DR. HUMBERTO VILLARREAL, M.D., M.S.C.I.
City of Hope Urologic Surgeon

State of the Art Lecture on the Surgical Management of urinary incontinence after prostate treatment.

June 30, 2025

1:00 - 2:00 PM

331 W. Sierra Madre Blvd

Sierra Madre, CA 91024

REGISTER HERE



Attendance is Free. Register Today!
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CREATIVE ARTS GROUP

Summer classes begin Monday, June 23rd!

Looking for a fun art class this summer? There are still a few spots open in some of our classes and workshops:

ADULTS

Studio Time and Oil Painting
Fold Forming Workshop
Indigo Shibori Dyeing Workshop

YOUTH

Youth Wheel Throwing and Handbuilding Ceramics
on Monday, Friday or Sunday

REGISTER: CREATIVEARTSGROUP.ORG/CLASSES

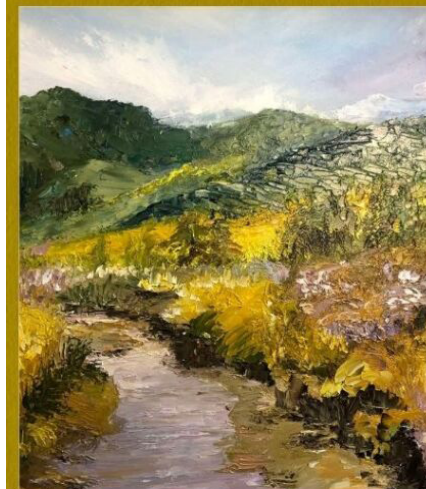


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3087 Casitas, Altadena **18,744 Square Feet**

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These three individually titled residences (each with its own APN) share a single private driveway easement, giving buyers complete flexibility—purchase any one home on its own or assemble all three into a singular compound.

Ideal for multigenerational living, rental income strategies, or crafting your own private retreat, this rare multi-property offering lets you customize your real-estate vision. Scroll through the images below to see each home's character, then contact us to arrange tours of one, two—or all three—properties.



Janette Ledeo
Realtor/Consultant, ePro, GRI, CDPE, SRES
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6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	80s	Lows 60s
Mon:	Sunny	Hi	80s	Lows 60s
Tues:	Sunny	Hi	80s	Lows 60s
Wed:	Sunny	Hi	80s	Lows 60s
Thur:	Sunny	Hi	80s	Lows 60s
Fri:	Sunny	Hi	80s	Lows 60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

June 24, 2025 5:30 pm
**THIS MEETING WILL BE HELD
IN THE COUNCIL CHAMBERS!**

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@Cityof-SierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**

June 23 — June 28

Monday

Baby Rhyme Time — Library at 9:00am

Preschool Storytime — Library at 10:00am

Reading Buddies — Library from 3:30pm—5:30pm

Tuesday

Knit Together (Teens)— Hart Park House at 4:30pm.

Registration required.

Thursday

Sensory Play — Library at 9:00am. Registration required.

Reading Buddies — Library from 3:30pm—5:30pm

Saturday

Summer Science Workshop: Reptile Bots— Memorial Park Pavilion at 10:00am. Registration required.

Digital Services Meet & Greet — Library from 1:00pm—2:00 pm

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

WALKING SIERRA MADRE The Social Side

by Deanne Davis

I'm writing this week's Walking Sierra Madre well in advance of Editor, Susan Henderson's deadline date because two totally unrelated events are happening today and you all need to know about them.

Event #1: My great grandson, William Davis (grandson of Sierra Madrean, Leah Davis) is graduating today from UC Irvine. The picture is William and his parents, Alexandra and Michael who are, as you can see, bursting with pride. Much to the relief of all the attendees, it is inside and air conditioned. The family were in their seats shortly after 8 a.m. and I'm hoping the speaker will be inspirational, uplifting, understand how much humor helps any speech and, best of all, brief!

There are many milestones in life, but none quite as monumental as a graduation. It represents the end of an era, an accomplishment, and a transition from one life stage to the next. For the graduate, it's an emotional day. One that's hard-earned. For friends and loved ones, it's a time to recognize and celebrate the achievements of someone dear.

My very favorite graduation address was by Mary Schmich. Entitled the "Wear Sunscreen" speech, officially titled "Advice, like youth, probably just wasted on the young," was never actually delivered as a speech at a graduation ceremony. It was written as a hypothetical commencement address by Chicago Tribune columnist Mary Schmich and published in her column on June 1, 1997.

"Ladies and gentlemen of the class of '97:

Wear Sunscreen. If I could offer you only one tip for the future, sunscreen would be it. The long-term benefits of sunscreen have been proved by scientists, whereas the rest of my advice has no basis more reliable than my own meandering experience. I will dispense this advice now:

Enjoy the power and beauty of your youth. Oh, never mind. You will not understand the power and beauty of your youth until they've faded. But trust me, in 20 years, you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked. You are not as fat as you imagine.

Don't worry about the future, or worry, but know that worry is as effective as trying to solve an algebra equation by chewing bubble gum. The real troubles in your life are apt to be things that never crossed your worried mind. The kind that blindsides you at 4 p.m. on some idle Tuesday.

Do one thing every day that scares you. Sing. Don't be reckless with other people's hearts. Don't put up with people who are reckless with yours. Floss.

Don't waste your time on jealousy. Sometimes you're ahead, sometimes you're behind. The race is long and, in the end, it's only with yourself.

Remember compliments you receive. Forget the insults. If you succeed in doing this, tell me how. Keep your old love letters. Throw away your old bank statements. Stretch.

Don't feel guilty if you don't know what you want to do with your life. The most interesting people I know didn't know at 22 what they wanted to do with their lives. Some of the most interesting 40-year-olds I know still don't.

Get plenty of calcium. Be kind to your knees. You'll miss them when they're gone.

Enjoy your body. Use it every way you can. Don't be afraid of it or of what other people think of it. It's the greatest instrument you'll ever own.

Dance, even if you have nowhere to do it but your living room.



Read the directions, even if you don't follow them.
Do not read beauty magazines. They will only make you feel ugly."

There have been so many great graduation addresses...and so many really long, dull, boring ones, but I want to pass along some really great graduation comments:

"Shoot for the moon. Even if you miss, you'll land among the stars." — Norman Vincent Peale

"Live as if you were to die tomorrow. Learn as if you were to live forever." — Mahatma Gandhi

Books are being created out of graduation addresses. YouTube memorializes the best and the worst. Steve Jobs' address at Stanford in 2005 has been viewed millions of times. "The people who are crazy enough to think they can change the world are the ones who do." Steve Jobs

Brevity is encouraged, beseeched, begged for and I heartily agree. We all want to get on to the party and the presents. Congratulations, William! We all love you and are so proud of you!

Event #2: Today is my beloved John's heavenly birthday. I hope there's champagne and some really good cake!

My book page: Amazon.com: Deanne Davis
Where you'll find "Sunrises and Sunflowers Speak Hope"
And "A Tablespoon of Love, A Tablespoon of Laughter"
Take a look at both of these books, stuffed with hope and some really good recipes.
And there are Kindle treasures galore you can send straight to your Kindle,
Including the best adventure story ever about my Father and Grandfather:
"A Treasure Map, A Drunken Owl And 47 Rattlers in a Bag"

SIERRA MADRE

4TH OF JULY EVENTS

INDEPENDENCE DAY PARADE!

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PARADE 10AM TO 12PM

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JULY 4TH
THE
PARADE

THURSDAY
JULY 3RD
COMMUNITY
PICNIC
MEMORIAL
PARK

- 7:30 AM YMCA FIRECRACKER 5K FAMILY FUN RUN!
- 8 AM WOMAN'S CLUB PRE-PARADE OPEN HOUSE W/CONT BREAKFAST (LIVE MUSIC BY THE WABASH WAILERS, 550 WEST SIERRA MADRE BLVD)
- 12-2 PM FREE FAMILY SWIM @ SIERRA MADRE POOL SPONSORED BY YMCA!
- 5-10 PM FRIENDS OF HEASLEY FIELD BEER GARDEN!
- 6-9:30 PM LIVE MUSIC WITH GROOVY LEMON PIE!
- 7:45 PM COMMUNITY PHOTO AT BAND SHELL!
- 8 PM BUBBLE WRAP FIREWORKS!
- NON-PROFIT BOOTHS-KIDS ACTIVITIES 5-9 PM
- FOOD TRUCKS, CIVIC CLUB CONFETTI EGGS, ROTARY TRI-TIP

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Local Area News Briefs

Pasadena 2021 Shooting Police Update



Pasadena police are asking for the public's help solve the murder of a 13-year-old boy after new evidence of a partial license plate, description of the shooter and clothing.

According to police, on November 20, 2021, a gray Ford Fusion stopped in a parking lot across from a 13-year-old Iran Moreno's residence located on the 900 block of North Raymond Avenue.

The front passenger exited the vehicle and fired two gunshots eastward. One of the bullets struck Iran Moreno as he played video games in his bedroom, causing a fatal injury.

Newly enhanced surveillance video revealed a partial license plate number QJ117 from the Ford Fusion.

The video enhancement also provided a clearer description of the shooter and identified the distinct hooded sweatshirt worn by the shooter as a red and black North Face brand.

The shooter can be described as a Black male, approximately 33 to 37 years old, 6'0" to 6'1" tall, and 185 to 195 lbs.

Investigators are asking anyone with information to contact police at 626-744-4241 24/7 or Homicide Investigators at 626-744-4583. To report information anonymously call "Crime Stoppers" at (800) 222-TIPS (8477).

Broker Pleads Guilty to Obstructing IRS

A Pasadena man and commercial real estate broker has pleaded guilty to a years-long pattern of obstructing the IRS from collecting taxes he owed, leading that agency to collect \$770 in tax liabilities when he earned approximately \$1 million from his employment during that time, the Justice Department announced earlier this month.

Gabriel David Guerrero, of Pasadena, pleaded guilty June 10 to one count of corruptly obstructing or impeding, or endeavoring to obstruct or impede, the due administration of the Internal Revenue Code. Guerrero is free on \$50,000 bond.

According to his plea agreement, Guerrero did not file timely federal individual income tax returns, specifically for the years 1998, 1999, and 2001 through 2005. He later owed tax liabilities for the years 2012 and 2013.

After the IRS assessed taxes against Guerrero he took steps to conceal his income and assets from the IRS. For example, he made extensive use of cash and cashier's checks; submitted a false form to the IRS that significantly understated his income; and used a nominee bank account to deposit income.

United States District Judge Percy Anderson set a Sept. 15 sentencing hearing. Guerrero will face a statutory maximum sentence of three years in federal prison.

Public Asking for Answers After ICE Raid



A number of local leaders made statements, including Pasadena city officials, after a video captured footage of U.S. Immigration and Customs Enforcement officers arresting six people Wednesday morning at the intersection of Los Robles and Orange Grove Avenue. Hundreds of protesters took to the same intersection later that night opposing the action of ICE.

"We want to be clear: Neither the City of Pasadena nor the Pasadena Police Department is involved in the enforcement of federal civil immigration laws," Pasadena city officials said in a statement. "We do not inquire about a person's immigration status when responding to service calls or providing city services."

Pasadena Mayor Victor Gordo along with Congresswoman Judy Chu and State Senator Sasha Renée Pérez tried later Wednesday to visit the Metropolitan Detention Center in downtown Los Angeles, where the people were reportedly being held. Federal officials denied their entry according to Chu.

"These raids aren't targeting criminals, they're indiscriminately targeting workplaces, community institutions, and family homes," Chu said. "They're rounding up people who contribute to our communities and keep our economy running. I've heard from countless constituents who are sick with worry. I will not stop fighting for our immigrant communities and their right to due process."

An Afternoon of Japanese Culture at Pasadena Library

Experience Japanese culture and learn about traditional Noh theatre and its accoutrements on Wednesday, June 25 from 3 to 5 p.m. at Lamanda Park Branch Library. Dr. Join us for a Mask Carving Demonstration for all ages from 3 to 3:45 p.m. followed by a Dyeing Workshop for ages 7 - 16 from 4 to 5 p.m. Registration is required. To sign up call (626) 744-7266.

Noh theater is a traditional Japanese performing art that is characterized by stylized movements and a distinct form of singing. While the performers wear carefully-carved masks to depict certain character types, they emote by adjusting the angle from which the audience can see their mask. The clothing, too, impacts how the audience perceives specific characters as the patterning in Noh costumes convey identity and meaning.

This program is presented in partnership with the Japan Foundation, Los Angeles (JFLA), and features two accomplished artisans who will demonstrate their crafts to attendees.

Artist Hideta Kitazawa, a second-generation woodcarving artist from Tokyo will present a

Chu said that she has the legal right, as a Member of Congress, to conduct oversight at the Detention Center.

Pérez said that the immigrant community deserves due process and access to legal counsel.

"The Trump administration's immigration enforcement actions this morning in Pasadena paint another troubling picture of unidentifiable federal agents terrorizing and snatching vulnerable people off the street," Pérez said. "All indications show these raids targeted decent, hard-working community members at a bus stop who are simply trying to make a living and support their families..." "I have reached out to federal agencies to get answers. I want to know the status of the people detained this morning."

According to news reports, Gordo said he saw "a stark and deeply troubling contrast" between the armored National Guard response in January and now. Gordo said that they were first in Pasadena and Altadena to help mobilize a rapid response to the Eton Fire, working alongside firefighters, police officers community leaders and day laborers. He said that today, while the region is still healing from the fire, "President Donald Trump decided to turn the National Guard and other federal officers against the people."

In related news a federal law enforcement officer jumped out of his unmarked vehicle with his gun drawn Wednesday morning on Orange Grove Avenue after a man ducked behind his car to take a photo of his license plate.

In a video, from inside a vehicle,



the driver follows the unmarked vehicle until it stops at a red light and then the man runs over behind the unmarked car. The officer uses his gun to chase the person away.

"We are actively investigating social media posts, photos, and videos to gain a better understanding of the situation," Pasadena city officials said.

Fourth of July Celebration at Pasadena Senior Center

Amber waves of grain and purple mountain majesties will be on everyone's minds Friday, July 4, from 1 to 3 p.m. when the Pasadena Senior Center presents the annual Fourth of July luncheon.

The Scott Pavilion will be adorned with red, white and blue décor as everyone celebrates America's independence with a sumptuous lunch prepared by Neighborhood Survents, a local nonprofit organization that offers youths and community leaders empowerment workshops and other services.

Live music will be provided by JJ Jukebox, a local band performing music from the 60's and 70's.

The cost is \$15 for members and \$20 for nonmembers of all ages. To register or for more information, visit www.pasadenaseniorecenter.org and click on Activities & Events, then Special Events or call 626-795-4331. Be sure to register early because tickets will not be available at the door.

The Pasadena Senior Center is located 85 E. Holly St.

As a donor-supported nonprofit, the center operates without any local, state or federal funding and provides more services to older adults in the San Gabriel Valley than any other organization. To learn more, visit www.pasadenaseniorecenter.org or call 626-795-4331.

Back in Business Walkabout June 22 June 29 in Altadena



The Altadena Chamber of Commerce announced that Back in Business, its volunteer-powered initiative, has launched a second phase of its successful outreach effort with a Walkabout from June 22 to June 29 along Pasadena's northern commercial corridors. The week-long event is central to the program aimed at helping Altadena businesses recover after the Eaton Fire through needs assessment and space reconnaissance for relocation.

A Grassroots Effort Built on Collaboration

Formed in January 2025, Back in Business was designed to streamline and coordinate relocation efforts, rebuild the local business community, and foster long-term economic sustainability—all driven by an army of dedicated volunteers that now number close to one hundred.

Led by Pasadena Planning Commissioner Julianna Delgado, a grassroots Task Force launched Back in Business with the Altadena Chamber of Commerce as a direct response to the mass disruption caused by the Eaton Fire. The initiative relies on a select, collaborative working group of professionals—including local attorneys, planners, architects, and real estate experts with close ties to Altadena. "Businesses are an essential part of a community," says Delgado, an urban planner with disaster recovery experience. "Their return—through

compassion, commitment, and cooperation--- is at the very core of successful rebuilding."

At the heart of Back in Business is its volunteer outreach program, where trained local volunteers have reached out to connect directly with all impacted businesses—both for-profit and non-profit-- and provide personalized support. Volunteers:

Offer free one-on-one assistance to assess the needs of business owners who have lost their facilities or customers, or both, and, in some cases, also their homes.

Listen and respond to needs of business owners coping with disaster-related trauma.

Build lasting relationships among neighbors aimed at reconnecting businesses with their client base.

Identify potential workspaces and match displaced businesses with relocation opportunities.

Provide businesses with guidance on permits, tenant improvements, and funding resources.

Join the Effort to Rebuild Altadena

Back in Business thrives on community support. Residents are encouraged to volunteer, offer relocation assistance, participate in the space reconnaissance effort, and share resources to help Altadena businesses return stronger than ever.

For more, or get involved, or to offer available space contact: altadenachamber.org,

Pasadena Water & Power New Educational Storybook

General Manager of Water & Power, David Reyes, and the department announced Thursday the release of a new children's storybook titled "Kate's Career Date," the latest addition to the award-winning Outtawatta Family educational series that focuses on an intergalactic space family who recently moved to Pasadena. Follow Kate as she tours Pasadena Water & Power ("PWP") and meets various employees including a line worker, water treatment operator, engineer, electrical tester, water chemist, and customer service representative. The story is also accompanied by a short, animated video.

The materials are part of an

ongoing campaign to raise awareness and highlight the diverse career opportunities available in water quality, power delivery, and customer service. The Outtawatta Family suite features a wide range of materials including books and videos aimed at teaching children and families about water conservation, energy efficiency, and utility operations. Existing material covers topics such as conserving water, where Pasadena's water comes from, energy efficiency, renewable energy, and safety around electricity.

More information and free downloadable resources are available at PWPweb.com/OuttawattaFamily.



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NEWS BRIEFS

MONROVIA HISTORY

Two New Books Published by Monrovia Historian Richard Singer



Monrovia Richard Singer has published two new books about Monrovia: "Monrovia Confidential: Larceny, Bribery, Drugs, Scandal and Murder in a great little American town!" and "Tales of the Gem City: Stories, Sketches, and Vignettes - 1912-1950."

Each book is a collection of stories from Monrovia's past; 13 in "Monrovia Confidential" and 31 in "Tales of the Gem City."

From "Monrovia Confidential": "In the corridor outside her room, a balding, somewhat paunchy man stumbled toward the elevator, blood streaming from a gunshot wound in his left temple. He carried a still-smoking revolver."

And from "Tales of the Gem City," Two-Gun Huddleston, "had been staking out the melon patch for nearly a week. Night after night he waited patiently and unseen in his patrol car, tucked inconspicuously behind a stand of trees at the edge of Butler's Field. The county lawman was determined to catch the thieves who had been making regular raids on the large crop of watermelons..."

These are Singer's fourth and fifth Monrovia history books. His previous books were "1887" (about Monrovia's founding), "Renaissance Years" (the city's decline and its renaissance starting in 1974), and "People Like You and Me" (Monrovia during World War II).

Both books are available for purchase for \$20 each at Charlie's House, 430 S. Myrtle Ave. in Old Town. All proceeds from the sales go to support Monrovia's historical heritage.

OCEAN WATER USE WARNING FOR LOS ANGELES COUNTY BEACHES

The Los Angeles County Department of Public Health cautions residents who are planning to visit the below Los Angeles County beaches to avoid swimming, surfing, and playing in ocean waters:

BEACH AREA WARNINGS:

- Windward storm drain at Venice Beach
100 yards up and down the coast from the storm drain.
- Ramirez Creek at Paradise Cove
100 yards up and down the coast from the pier.
- Castlerock Storm Drain at Topanga County Beach
100 yards up and down the coast from the storm drain.
- Santa Monica Pier in Santa Monica
100 yards up and down the coast from the pier.
- Mothers Beach in Marina Del Rey
Entire swim area.
- Inner Cabrillo Beach in San Pedro
Entire swim area.

These warnings have been issued due to bacterial levels exceeding health standards when last tested.

BEACH AREAS NOW CLEARED:

Warnings have been lifted for the following beach areas where recent sample results identified water quality levels within State standards:

- The Bel Air Bay Club at Will Rogers State Beach

Recorded information on beach conditions is available 24-hours a day on the County's beach closure hotline: 1-800- 525-5662. To view map of impacted locations and for more information please visit: PublicHealth.LACounty.gov/Beach/. If you have any questions, please contact us at (626) 430-5360.



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550 W. Sierra Madre Blvd. 2025: 118 Years
Founded February 23, 1907 - "Living the Volunteer Life" in Friendship

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SierraMadreWomansClub.org  SierraMadreWomansClub
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Sierra Madre Woman's Club

550 W. Sierra Madre Blvd., Sierra Madre, 91024

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Contact Anita
Event Rentals Coordinator
essickhouserentalmanager@gmail.com
626-708-2223
SierraMadreWomansClub.org

 SierraMadreWomansClub
Wistaria Shop Closes 6/1 - Thurs 9/4

ALTADENA BUILDS BACK FOUNDATION AWARDS \$4.55 MILLION TO SAN GABRIEL VALLEY HABITAT FOR REBUILDING EFFORTS AFTER EATON FIRE

Funding will support rebuilding 22 homes over 3 years for underinsured and uninsured households affected by the Eaton Fire in Altadena

The Altadena Builds Back Foundation (ABBF), an initiative of Pasadena Community Foundation (PCF), has announced its first grant: \$4.55 million to San Gabriel Valley Habitat for Humanity (SGV Habitat). This milestone investment marks the largest grant ever distributed from a PCF fund and represents an important step in long-term recovery efforts for Altadena residents impacted by the devastating Eaton Fire.

"This is not just about rebuilding homes—it's about restoring hope, stability, and a future," said Bryan Wong, CEO of SGV Habitat. "These homes represented generations of resilience and legacy. With this support, families can begin to rebuild more than walls—they will rebuild lives."

The devastating Eaton Fire, which disproportionately impacted Altadena, left thousands displaced, many of whom have yet to return to their homes and are now grappling with the emotional and financial challenges of rebuilding their lives.



Three generations of the Wood family - all affected by the Eaton Fire through the loss of their homes. They stand here on their cleared lot with hope for rebuilding through SGV Habitat's program.

The ABBF grant will fund the rebuilding of 22 homes in West Altadena for low-income, underinsured, and uninsured homeowners who lost their residences in the fire. Many of the applicants—whose average age is 72 and who have lived in their homes for more than three decades—represent multigenerational families or seniors on fixed incomes. Through its outreach in the community after the fire, San Gabriel Valley Habitat for Humanity heard from homeowners that they have a desire to rebuild their homes and stay in Altadena. Unfortunately, they also need significant additional funding to supplement their payout from insurance to be able to cover the high cost to rebuild.

"Pasadena Community Foundation and its supporting organization Altadena Builds Back Foundation believe that recovery must begin with—and be led by—our community," said Candice Kim, ABBF Project Director. "This inaugural grant is a powerful first step for ABBF. It embodies our deep, decades-long commitment to Altadena and our trust in SGV Habitat to deliver community-rooted solutions."

"Due to our diligent efforts we received the first rebuilding permit in Altadena earlier this year," said Wong. Now with the first grant from ABBF we can provide hope to 22 households over the next 3 years. Many residents are reaching out to us trying to find

options to affordably rebuild. With partners like ABBF this is possible."

SGV Habitat has been focused on long-term recovery needs and finding solutions to helping impacted residents rebuild. Their plans include offering comprehensive case management and financial support while ensuring survivors are able to rebuild without taking on new debt.

In collaboration with Los Angeles County and The Foothill Catalog Foundation, SGV Habitat has already submitted pre-approved home and Accessory Dwelling Unit (ADU) designs to accelerate construction timelines. Last week it was announced The Foothill Catalog designs were the first to go through the county pre-approval process.

Fire survivors looking to receive rebuilding, repair and recovery support from SGV Habitat can fill out the interest form at www.sgvhabitat.org/eatonfirerelief

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After **Eaton Fire**
What Can I Do to Help?



FIRE SAFE COUNCIL

Get Involved, contact Gavin Lee at gavinsmfsc@icloud.com

and Make Sierra Madre a ***FIREWISE** Community
for more information, please visit <https://cafiresafecouncil.org>

JOIN NOW

DEADLINE EXTENDED: DISASTER RELIEF LOAN PROGRAM FOR ALTADENA BUSINESSES NOW OPEN THROUGH JUNE 30

Loan Program Offers Up to \$75,000 in Capital to Aid Recovery and Resilience

In continued response to the economic impact of the January 2025 Eaton Fire, Los Angeles County Board of Supervisors Chair Kathryn Barger and the Los Angeles County Development Authority (LACDA) announced today that the application deadline for the Altadena Disaster Relief Small Business Loan Program has been extended to June 30, 2025.

The program offers loans of up to \$75,000 to eligible small businesses in Altadena seeking to recover, rebuild, and retain local jobs. In addition, enhanced technical assistance resources will be made available on the program’s website (altadenabizrelief.lacda.org) to help applicants navigate the process and strengthen their submissions.

“Small businesses are essential to Altadena’s identity and economic vitality, so I want to ensure they have every opportunity to bounce back,” said Supervisor Kathryn Barger. “Extending the application deadline and expanding support tools will give more business owners the time and guidance they need to access this vital relief. I encourage every eligible business to apply and take advantage of this opportunity.”

To be eligible, businesses must operate a public-facing storefront in unincorporated ZIP codes 91001 or 91104, and have been in operation for at least six months prior to applying. FEMA assistance recipients are also eligible. Applications are reviewed on a first-come, first-served basis. For full program guidelines, webinar information, and application resources, visit altadenabizrelief.lacda.org.

EATON FIRE COLLABORATIVE LAUNCHES LONG TERM RECOVERY GROUP TO SUPPORT FIRE SURVIVORS

Altadena, CA – June 3, 2025 – In response to the ongoing needs of individuals and families impacted by the Eaton Fire, the Eaton Fire Collaborative is proud to announce the formation of a Long-Term Recovery Group (LTRG). Valerie Nash & Associates has been selected as a consultant to help with the formation of the LTRG board and has begun working with the collaborative.

This coordinated eDort will bring together local nonprofits, government agencies, faith-based organizations, and community leaders to support survivors on their path to recovery.

The LTRG’s mission is to ensure that all those affected by the Eaton Fire receive equitable access to the resources, services, and support they need to rebuild their lives. By fostering collaboration and streamlining recovery eDorts, the group aims to address unmet needs and promote long-term community resilience.

Key objectives of the LTRG include:

- Identifying and addressing gaps in services and support.
- Coordinating case management and resource distribution.
- Advocating for survivors’ needs with public and private partners.
- Promoting trauma-informed and culturally competent approaches to recovery.

“The aftermath of a disaster like the Eaton Fire goes far beyond the initial emergency response,” said Jill Hawkins, a founding member of the Eaton Fire Collaborative. “Recovery can take months or even years, and it requires a unified, compassionate eDort.

The Long-Term Recovery Group is here to walk with our neighbors through that journey.”

“We want to thank the Pasadena Community Foundation for its generous support in funding the work to help establish an LTRG board—your contribution is instrumental to our progress. We also invite organizations and community groups supporting individuals and families affected by the fire to join this collaborative eDort,” said Christy Zamani, Executive Director of Day One and member of the Eaton Fire Collaborative. Learn more about partnering with the Eaton Fire Collaborative at EatonFireCollaborative.org, or email us at EatonFireCollaborative@gmail.com. You can also follow us on Facebook and Instagram. For immediate assistance, contact Leigh Gluck at 626-644-6956.

About the Eaton Fire Collaborative

The Eaton Fire Collaborative was formed in response to the Eaton Fire to coordinate emergency response, community support, and recovery eDorts. Comprised of local partners committed to healing and rebuilding, the Collaborative continues to lead eDorts that promote long-term recovery and community resilience.

FREE SOIL TESTING
for homes in the
Eaton fire burn area

- Representative soil sampling by Public Health suggests that some homes located downwind and just outside the Eaton Fire burn area may have higher than expected lead levels in their yards.
- Soil samples from properties located within the burn scar, downwind of, and just outside, the Eaton Fire area can be submitted for testing.
- For additional information about soil contaminants and testing, please visit ph.lacounty.gov/eaton-soil-testing.

Pruebas de tierra gratuitas para casas en áreas quemadas por el incendio de Eaton

- Muestras representativas de tierra realizadas por Salud Publica sugieren que algunas casas ubicadas a favor del viento y justo afuera del área quemada por el incendio de Eaton pueden tener niveles de plomo más altos de lo esperado en sus patios.
- Se pueden enviar muestras de tierra de propiedades ubicadas dentro de la cicatriz del incendio, a favor del viento y justo afuera del área del incendio de Eaton para analizar.
- Para obtener información adicional sobre los contaminantes de la tierra y las pruebas, visite ph.lacounty.gov/eaton-soil-testing.



For more information, including instructions on how to participate, please scan the QR code or visit: ph.lacounty.gov/eaton-soil-testing
Para obtener más información, incluyendo instrucciones para participar, escanee el código QR o visite: ph.lacounty.gov/eaton-soil-testing





HAVE A QUESTION ABOUT DEBRIS ?
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Debris Call Center
Hours of operation

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- Saturday
6:00 a.m. - 4:30 p.m.
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A LETTER FROM THE PUSD SUPERINTENDENT

Dear PUSD Community,

Earlier today, we were made aware of community reports about ICE activity near our schools. We immediately reached out to the City of Pasadena and their police department is closely monitoring the situation, including at and around school sites.

Our team continues to be present at school sites and found them calm, secure, and operating smoothly. All students and employees are safe. Our front office teams are trained and ready to follow established safety procedures, and we've assigned additional staff to support several campuses throughout the day and in the coming days.

We also reached out to all of our summer programs, including community partners on our campuses, to reinforce safety protocols. Food distribution services at school sites remain available, and after-school programs are continuing as

scheduled.

As a friendly reminder to families, if someone other than you or your emergency contact needs to pick up your child(ren) from school, please contact the school. Schools will ask for their identification for security purposes. Please also ensure that your emergency contacts are updated.

PUSD is committed to keeping schools safe. Law enforcement officials are not permitted on campus without a lawful court order, and we do not collect or share information about the immigration status of students or families.

We encourage our families to visit pusd.us/immigrationresources for helpful information and full support.

Thank you for your continued trust and partnership.

Sincerely,

Elizabeth Blanco, Ed.D.
Superintendent

SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org
Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsllions.com
Principal: Cindy Harmon
website: www.acsllions.com

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net
Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
<https://school.abvmpasadena.org/>

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsllions.org
Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org
Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org
La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Dr. Eric Barba
website: [http://pchs.pusd.us](https://pchs.pusd.us)

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso,jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000
Website: www.duarte.k12.ca.us

STUDY ABROAD GIVES CITRUS COLLEGE STUDENTS ONCE IN-A-LIFETIME OPPORTUNITY

By Cheryl Alexander, Ed.D.
Citrus College Governing Board Member



When Citrus College student Terra James looks back on the events leading up to her study abroad experience in Prague, it feels as if everything was meant to be.

First, there was the passport. Terra only had it because her family was supposed to go on a trip, which ended up not happening.

And then there was the moment when she mentioned studying abroad to her mother. After Terra expressed interest, her mother told her about a family friend who had studied in Prague. Soon after, Terra's mother connected the two.

"It felt like such a crazy coincidence or a sign," Terra, a Duarte resident, said. "From there, I heard only good things about Prague. This was when I became dead set on joining the

program." Terra is one of several dozen Citrus College students who have recently participated in study abroad experiences to destinations including Prague, Czechia; Osaka, Japan; Seville, Spain; Paris, France; London, England; and Barcelona, Spain.

To be eligible for the program, students must have completed at least 12 units and have a minimum cumulative GPA of 2.5. First-semester college students may also qualify. Additionally, all applicants must be at least 18 by the program's start date.

In addition to being able to see new parts of the world, study abroad program participants like Terra also earn transferable college credits while overseas. To help pay for the experience, students often fundraise and apply for scholarship awards.

While in Prague in summer 2024, Terra took a sociology course with Citrus College instructor Dr. Gailynn White.

"We got to speak to locals face-to-face and learn about their lives and perspectives on major events within the country," Terra said. "It was very hands-on and helped us to learn so much more about Czechia and its citizens."

Beyond shaping her view of the world, the experience also led to some personal growth for Terra.

"I had always been scared to travel or to be outside of my comfort zone," she said. "Being with others from home, even though I didn't know them,

helped a lot. It opened my eyes to traveling more in the future, which is something I had truly never thought of before."

Throughout her time in Europe, Terra also made new friends and got to experience some of the basics of life, like grocery shopping. The experience was the first time she had ever lived away from home.

"The student housing situation was far better than I could've hoped for," she said. "With the shared amenities, it helped me get used to living with my classmates, and I got to know them better."

Looking to the future, Terra hopes to attend Cal Poly Pomona and ultimately earn an MBA in marketing. She also wants to travel internationally again in the next two years.

As the Citrus Community College District Board of Trustees representative for Duarte and portions of Azusa, Monrovia, Arcadia, Covina and Irwindale, I am amazed by the incredible study abroad opportunities afforded to our students. For those looking for an affordable education with outstanding international study opportunities, I encourage you to consider Citrus College. To learn more about study abroad, visit www.citrus-college.edu/studyabroad.

After graduating from Citrus College in the next year, Terra James plans to transfer to Cal Poly Pomona and earn an MBA in marketing.

Catch breaking news at: minviewsnews.com

We're meeting today to start a club...
...that will be all about super heroes!
Kids: color stuff in!

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Super Heroes!

No need to rush too much, Glade. I can see that Pinch is inside his bubble force shield and has the insane shark situation in hand!

Zoom!

Super heroes are make-believe people who constantly help or protect others. Oh, and they have super powers that let them do it!

You can find superhero stories in books, comics, cartoons and movies.

ZIP!

Read the clues to fill in the Super Hero puzzle:

1. have super _____ like invisibility or super strength
2. use powers to _____ for what's right!
3. get to the scene of the crime using speedy _____
4. have an amazing story explaining how they _____ from regular people into heroes
5. have a secret _____ for laying low, storing their equipment
6. use high-tech _____ to give them an edge
7. dress in flashy _____ so people know who they are
8. train _____ to help them take on the bad guys
9. put themselves in harm's way to _____ people
10. watch for _____ from the police or listen for a ringing hotline
11. put a _____ on their chests so they are easy to spot
12. may be found in graphic novels, _____ books or cartoons and movies
13. fight _____
14. use a secret _____ so no one knows who they are
15. may work alone, but often are part of a _____

Heigh Ho! Heigh Ho!
Off to another day of work at the Super Hero hideaway I go!

gadgets
comic
fight
protect
signals
transportation
symbol
powers
team
identity
costumes

Ice and Fire Duo!

Whew! It's been a long night. Let's go home.



TRIED, TRUE, AND STACKED WITH FLAVOR

Four Sandwich Spots That Deserve a Place in Your Lineup

Father’s Day may be over, but that doesn’t mean we pack away our appetites—or our ball caps. With the Dodgers chasing another postseason run and the Angels playing better than the headlines suggest (at least as of this writing), summer is off to a promising start. It’s the perfect time to revisit a few of L.A.’s most reliable sandwich joints—places that, like Clayton Kershaw, may not need an introduction but still earn the standing ovation. Here are four tried-and-tested sandwich shops that continue to deliver the goods.

Pasadena Sandwich Company – No Frills, All Flavor

You don’t stumble into a sandwich this good by accident. PSC has been slinging meat-packed subs since the late ’90s, and their reputation is well-earned. The vibe? Classic deli, no gimmicks. Whether you’re ordering the “Trust the Cook” (a literal wildcard of a sandwich) or a hot pastrami with mustard, it’s all about craftsmanship here. Their hot sandwiches are worth the wait, layered thick and always fresh. The family behind the counter works with purpose—and that pride ends up between two slices of bread.

Philippe’s – Still the King of the Dip

Dodger fans know the drill. You hit Philippe’s before a home game not just because it’s tradition, but because that lamb dip, dunked in house-made jus and hit with a squirt of spicy mustard, still tastes like victory. Founded in 1908, the place doesn’t lean on nostalgia—it earns it. The sawdust floors, the cafeteria-style trays, the cranky charm of it all—it’s part of the sandwich experience. Whether you’re a tourist or a local lifer, Philippe’s delivers the same dependable bite every time.

Eastside Italian Deli – Warm It Up

A few blocks from the stadium sits Eastside Deli, the kind of place where regulars don’t need menus. It’s old-school, with no interest in reinvention—and thank goodness for that. Go for the meatball, pastrami, or sausage and peppers. Just make sure it’s warm. These are no-nonsense sandwiches, dripping with sauce and wrapped like a gift from your Italian uncle. Pro tip: eat in the car with the windows down and the game on the radio.

Little Flower – The Picnic Sandwich

On the west edge of Pasadena, this cozy café offers a different pace. Little Flower feels like a secret you tell only your favorite people. Their sandwiches lean rustic and fresh—house-roasted meats, seasonal touches, and soft bread that holds up. The ham and cheese panini is simple perfection, and the chicken pesto on ciabatta tastes like it was made for a picnic blanket under the Arroyo trees. And don’t sleep on the salted caramels at the counter.

In Summary

These aren’t trendy sandwich experiments or Instagram stunts. They’re the steady players, the ones that show up every game day and do their job right. Like Kershaw on the mound, these spots rely on consistency, heart, and a little seasoning. Baseball and sandwiches: two things that should never be overcomplicated. Listen to my podcast this week Bob Spivak from The Daily Grill fame is my guest.

By Peter Dills | Sierra Madre Mountain Views News
thechefknows@yahoo.com

THE TASTING ROOM
THIS WINE IS SO GOOD – I AM
FEATURING IT AGAIN!

I’m Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

I try not to repeat wines that I’ve featured in the past, but this wine is so delicious that I had to present it again to you. I’m talking about the 2023 Aaron “Keola” Red Wine from Paso Robles. Last year I wrote about the 2022 Aaron Keola, that wine was so good and fought above its weight class. The 2023 vintage is equally as good if not better.

The 2023 vintage is a blend of 45% Petite Sirah, 30% Cabernet Sauvignon, and 25% Syrah. Lots were pressed directly to French oak barrels and puncheons, 50% new for 18 months of élevage without racking. The wine was bottled unfined and unfiltered making this a vegan wine. About 480 cases were produced.



This wine is superb. You get notes of cherries, spices, and herbs. The fruit comes through with ripe notes, but it is always balanced. Dark fruit, cacao, and hints of anise highlight the finish. There isn’t too much of one thing over another. The mouthfeel is creamy while the tannins are soft on the lengthy finish. This is savagely delicious! You could spend \$40 on the Justin Right Angle Red Wine, but you won’t be getting the quality and heavenly savoriness that the Keola delivers. This wine overdelivers again and again! It’s one of my favorite wines in the shop.

The 2023 Aaron “Keola” Red Wine is available at The Bottle Shop for \$29.99. Get the special price of \$26.99 when you mention you saw it in The Mountain Views News. This special price is good through June 27th.

I am in the Tasting Room every Thursday night and Friday night. Join me Thursday June 26th or Friday June 27th for our Pride Month Tasting featuring Voon Wines. Voon was named one of the 15 new California wineries you need to know in 2025. Based in San Francisco, VOON is an LGBTQ+ label owned by partners Evan Anderson and Cameron Foxgrover specializing in low-intervention, small-production wines.

Until next time – Salud!

Scan the QRCode to sign up for our newsletter.



ALL THINGS

By Jeff Brown



NEW CALIFORNIA LAW PROHIBITS DRIVERS FROM USING THEIR PHONE EVEN FOR DIRECTIONS

BAKERSFIELD, Calif. (KERO) — On June 3rd an California appeals court officially declared it is 100% illegal to have a phone in your hand while behind the wheel. Distracted driving can cause lives to be injured or killed.

In 2024 Bakersfield saw close to 100 incidents surrounding distracted driving or position of their phone. According to officers, within a split second you could possibly end someone’s life. They encourage the community to "Put the phone down and just drive.a distracted driving ticket in California can range from \$170-\$300.

BROADCAST TRANSCRIPT:

Many of us, myself included, often find ourselves reaching for our phones while driving for tasks like changing music, texting, or using navigation. I’m Eric J. Dockery, your local reporter from Bakersfield. On June 3, a California Appeals Court officially made it a state law that prohibits drivers from texting, or using GPS while behind the wheel.

In addition to 3000 fatalities, distracted driving is responsible for thousands of injuries each year. Current reports show that approximately 400,000 accidents in 2024 were caused by distractions, with mobile phone usage being a primary contributor. These numbers have remained consistent over the past several years, reflecting the widespread nature of distracted driving.

Caleb Kiser BPD Sergeant Traffic Division said "When you are traveling at 30, 40, or 50 miles per hour. That one glance away for even a second your vehicle can travel several hundred feet in that time frame. The ability to control your vehicle when you look away is severely impaired."

Natasha Patricio Bakersfield Resident said "There was a young lady driving, and she literally had her head down while traffic was going. I thought she was a drunk driver, but after looking I could see her phone in her hand. Even honking at her, some people just don't care."

"Distracted driving has been an issue in our community as long as I've been here in the police department. Even before the change of law its always been illegal to drive a slower speed than speed limit. You always want to have your attention directed towards the road way not anything else in the vehicle,"said Kiser" Something as simple as looking at your phone can severally impede someone's life as far as catastrophic injuries or even death. It's just not worth it to look at social media or finish that text."

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CHRISTOPHER Nyerges

[Nyerges is an educator and the author of over two dozen books including “Urban Survival Guide,” “Extreme Simplicity,” “Foraging Californai,” and other books. More information at www.SchoolofSelf-Reliance.com.]

CONSIDERING JUNETEENTH AND ECONOMIC SECURITY

We just had the holiday called “Juneteenth,” from June 19th 1865, when slaves in Texas finally learned they were free. Remember the Emancipation Proclamation ending slavery was enacted in 1862, but it took a civil war to finally make it clear to the slave states that the U.S. was no longer going to allow slavery. Just because Lincoln declared slavery was over didn’t stop many southern slave owners from holding on to their free help as long as possible. Slaves in different places learned about the end of slavery at different times, and there were lots of twists and turns along the way.

And there were fierce efforts to suppress these once-enslaved peoples since the southern landowners resented that the government could take away what they regarded as “property.” Some slave owners were actually paid “reparations” because of their loss of “chattel.” Reparation to those enslaved was not a concept. It is not a stretch to say that even though slavery ended about 11 or 12 generations ago, its effects are still with us and are not en-tirely abolished.

Most white people don’t want to hear about this since it is regarded as ancient history, or they are afraid of being made to feel guilty for the sins of their forefathers. But when I talk with my black friends about this, the subject is so very much alive, not at all ancient history.

Case in point: We have a president who has been attempting to rename military based by their former Confederate names! The Confederates lost the war and those who understood what the war was about would have nothing to do with Confederate principles. Yet, here we have a president who is attempting to revive elements of the racist past of the South.

In a positive vein, I want to introduce you to Dr. Boyce Watkins, an economist and former professor, who has started The Black Business School. He wrote the “Ten Commandments for Black Economic Power.” He tells you right away that this is not a “how-to” book for getting rich, quick or otherwise. And because I grew up in what was then a lower middle class neighborhood, I identified and empathized with the “poor,” and still do, as long as there is a mindset towards not being “poor.” Dr. Watkins’ book should be read by everyone. I found the principles he lays out to be common sense and uni-versal. He says that “I wrote this book for black people because we have a job to do. Our job is to reverse hun-dreds of years of discrimination and exploitation and the expropriation of trillions in black wealth that continues to evade our community....My goal is to put black people first and to help us solve the economic problems that have plagued us for generations.” He points out that he is not in any way condoning hate towards any other group of people, that he is not “anti” anyone; just that he is pro-black.”

That said, anyone reading this book will benefit by putting these common sense principles into action.

Each of his “commandments” is full of examples to illustrate his points. Commandment one is to always be an asset to your family. Be the one that others can rely on, but don’t be that person that is always begging for money and having children that you cannot afford.

Another “commandment” is that learning about money should be rite of passage within the family. Parents should inform children about the necessity of money from an early age, and include the children in businesses.

His Commandment #5 is to Invest in Healthy Relationships and Maintain them. While Dr. Watkins emphasizes the need to have a positive relationship with money, and ways to grow your money within the family, he also adds that “What I’ve seen over time is that if you only focus on money, you’re going to miss at least 95% of the wealth all around you. Relationships are a huge part of your wealth-building process. Having healthy relation-ships with others and being able to pour into the right relationships can go a long way toward securing your eco-nomic future.” And then he goes on to give some insightful examples.

Commandment 7 is Capital Must be Preserved, Protected, and Efficiently Used. In this chapter, He says that “Afri-can Americans are not taught to go after wealth. We are instead taught to chase income until we grow old and die. This isn’t healthy.”

He provides what he calls the Three Pillars of Wealth. These three are owning your own business, investing in the stock market, and real estate ownership.

I’ve taken several economic classes over the years, and usually it feels like you are studying mathematics, not something that affects every part of your life. Dr. Boyce Watkin’s book provides a real world pathway to healthy economic viability, and I highly recommend it to everyone. His book can be obtained from www.BoyceWatkins.com

Katnip News!



MEET VISION, THE SWEETHEART WHO’S READY FOR A FRESH START

Such a cute face! Vision hasn’t had it easy. He once lived in a chaotic home with several roommates constantly coming and going, making it nearly impossible for him to find peace or feel secure. Now, even though he’s temporarily living in a large cage, Vision is showing his true colors. He’s an affectionate, gentle boy who lights up when people or other cats walk by, eagerly pressing up against the bars to say hello and making the cutest poses. Vision is clearly ready to love and be loved.



This charming boy has so much to offer. He’s meant to be someone’s beloved, fun companion. Are you the one who will help Vision write his happy ending? Apply to meet him at <https://www.lifelineforpets.org/vision.html>.

*Note: Vision is named after the Marvel character who had special abilities. Vision was loved by and loved the Marvel character named Wanda.

Pet of the Week

Lena is a spunky two-year-old German Shepherd at Pasadena Humane who embodies a perfect blend of sweetness, intelligence and playfulness. From the moment you meet her, it’s clear she’s a loyal and affectionate companion who quickly forms bonds with those she trusts. While Lena may be a bit cautious at first, her natural curiosity and eagerness to please allow her to warm up to people and new experiences with time.



A true adventurer at heart, Lena enjoys exploring new places, whether sniffing around on a hike, greeting strangers with a wagging tail, or enjoying her “puppacino” at Starbucks. She’s playful yet gentle, able to fetch and tug with excitement, but also knows when to dial it down for cuddles and belly rubs (her favorite!). She’s a quick learner who would thrive in a home that can offer her the attention and routine she needs – in turn, she’ll give her family endless love and companionship!

And - as part of our Pet Preparedness Week - Pasadena Humane is offering a free pet alert sticker, which helps alert rescue personnel that pets are inside the home and can be vital in case of emergency. This giveaway will be available in person at the Shelter Shop.

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 10:00 – 5:00. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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Are you the parent of a fur baby? Then you know how tough it is when your cat, dog, or other adorable pet is sick, in pain, or injured. You’d do anything for them. Scammers are using that feeling to steal your hard-earned money.

Here’s how the scam works. You get a call or text from someone who says they’re a staff member at the local SPCA or another animal shelter. They tell you that your pet was hit by a car, and you need to pay \$500 right away to save them. Conveniently, they tell you exactly how to pay.

If you’re at home with your pet, you’ll know right away that it’s a scam. If you aren’t at home and you’re worried, here are some steps to help stop the scammers in their tracks.

- Call the shelter yourself. Look up the phone number of the shelter the person says they’re calling from. Call them yourself to see if Boots, Rascal, or Thor is there.
- Listen to how they tell you to pay. Scammers will insist you can only pay with cash, a gift card, a wire transfer, cryptocurrency, or a payment app. Those are ways that get scammers the money quickly...and make it hard for you to get it back.
- Report the scam. If you encounter this, a different version of a pet scam (like fake pet ads), or any other kind of scam, fraud, or bad practice, tell the FTC at ReportFraud.ftc.gov.

And if you wound up sending money to a scammer, here’s what to do next.

If You Paid a Scammer

Did you pay with a credit card or debit card? Contact the company or bank that issued the credit card or debit card. Tell them it was a fraudulent charge. Ask them to reverse the transaction and give you your money back.

Did a scammer make an unauthorized transfer from your bank account? Contact your bank and tell them it was an unauthorized debit or withdrawal. Ask them to reverse the transaction and give you

your money back.

Did you pay with a gift card? Contact the company that issued the gift card. Tell them it was used in a scam and ask them to refund your money. Keep the gift card itself, and the gift card receipt.

Did you send a wire transfer through a company like Western Union or MoneyGram? Contact the wire transfer company. Tell them it was a fraudulent transfer. Ask them to reverse the wire transfer and give you your money back.

- MoneyGram at 1-800-926-9400
- Western Union at 1-800-448-1492
- Ria (non-Walmart transfers) at 1-877-443-1399
- Ria (Walmart2Walmart and Walmart2World transfers) at 1-855-355-2144

Did you send a wire transfer through your bank? Contact your bank and report the fraudulent transfer. Ask them to reverse the wire transfer and give you your money back.

Did you send money through a money transfer app? Report the fraudulent transaction to the company behind the money transfer app and ask them to reverse the payment. If you linked the app to a credit card or debit card, report the fraud to your credit card company or bank. Ask them to reverse the charge.

Did you pay with cryptocurrency? Cryptocurrency payments typically are not reversible. Once you pay with cryptocurrency, you can only get your money back if the person you paid sends it back. But contact the company you used to send the money and tell them it was a fraudulent transaction. Ask them to reverse the transaction, if possible.

Did you send cash? If you sent cash by U.S. mail, contact the U.S. Postal Inspection Service at 877-876-2455 and ask them to intercept the package. To learn more about this process, visit USPS Package Intercept: The Basics.



Pets in need

Some pet parents cannot afford the cost of vet care right now. You can help those pets! Visit us:

www.FreeAnimalDoctor.org



Sierra Madre based non-profit



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A JOYFUL AND SAFE SUMMER FOR SENIORS IN THE SAN GABRIEL VALLEY

As summer unfolds across the San Gabriel Valley, it’s a great time for seniors to enjoy the season while staying safe and well. With its blend of suburban charm, rich cultural life, and natural beauty, the Valley offers plenty of ways for older adults to stay active, connected, and refreshed.

Warm days call for extra care—especially for seniors. Wearing a wide-brimmed hat, staying hydrated, and avoiding the midday sun are smart ways to enjoy the out-doors. Early morning strolls through local gems like the Los Angeles County Arboretum or the Huntington Library gardens are ideal for light activity in cooler hours.

The San Gabriel Valley is also home to vibrant community centers in cities like Alhambra, Pasadena, and Temple City. Many offer free or low-cost classes for seniors, including tai chi, watercolor painting, and technology help sessions. Outdoor concerts, movie nights in the park, and cultural festivals are in full swing during the summer months—many of them senior-friendly.

For indoor relaxation, local libraries and senior centers provide cool spaces to enjoy a good book, attend educational talks, or meet up with friends. The West Covina Senior Center, for instance, offers daily lunches, exercise programs, and social events.

Summer is also a time for family and reflection. Whether it’s a shaded picnic in Arcadia’s Eisenhower Park or simply sitting on the porch with loved ones, these moments help strengthen bonds and lift spirits.

With a thoughtful approach, seniors in the San Gabriel Valley can make this summer both safe and joyful—celebrating the season in ways that nourish body, mind, and community.

WHO IS ELIGIBLE FOR SOCIAL SECURITY DISABILITY BENEFITS?

Dear Savvy Senior,
What do I need to do to get disability benefits from Social Security? I’m 60 years old and have a medical condition that doesn’t allow me to work at my job anymore, but I’ve read that getting disability benefits is very difficult. Need Help



Dear Need,
Getting Social Security Disability Insurance benefits (SSDI) when you’re unable to work can indeed be challenging. Each year, approximately 2 million people apply for SSDI, but around two-thirds of them are denied, because most applicants fail to prove that they’re disabled and can’t work. Here are some steps you can take that can help improve your odds.

Are You Disabled?
The first thing you need to find out is if your health condition qualifies you for Social Security disability benefits.

You generally will be eligible only if you have a physical or mental impairment severe enough that it prevents you from working in your current, or past line of work, for at least a year.

There is no such thing as a partial disability benefit. If you’re fit enough to work part-time, and you’re earning more than \$1,620 (\$2,700 if you’re blind) a month on average in 2025, your application will be denied. But, if you’re not working or are working but earning below those limits, your application may be considered.

Your skills, education and work experience are factors too. Your application will be denied if your work history suggests that you could perform a less physically demanding job that your disability does not prevent you from doing.

To help you determine if you’re eligible, use the SSA Benefit Eligibility Screening Tool at SSAbest.benefits.gov.

How to Apply
If you believe you have a claim, your next step is to gather up your personal, financial and medical information so you can be prepared and organized for the application process.

You can apply either online at SSA.gov/disability or call 800-772-1213 to make an appointment to apply at your local Social Security office, or to set up an appointment for someone to take your claim over the phone.

The whole process lasts about an hour. If you schedule an appointment, a “Disability Starter Kit” that will help you get ready for your interview will be mailed to you. If you apply online, the kit is available at SSA.gov/disability/disability_starter_kits.htm.

It currently takes six to eight months from the initial application to receive either an award or denial of benefits. The only exception is if you have a chronic illness that qualifies you for a “compassionate allowance” (see SSA.gov/compassionateallowances), which fast tracks cases within weeks.

If Social Security denies your initial application, you can appeal the decision, and you’ll be happy to know that roughly half of all cases that go through a round or two of appeals end with benefits being awarded. But the bad news is, with a huge backlog of people waiting, it can take another eight to 10 months or longer to appeal the decision, and another 15 months to get a hearing if reconsideration is denied.

Get Help
You can hire a representative to help you with your Social Security disability claim. By law, representatives can charge only 25 percent of past-due benefits up to a maximum of \$9,200 if they win your case.

It’s probably worth hiring someone at the start of the application process if your disability is something difficult to prove such as chronic pain. If, however, your disability is obvious, it might be worth initially working without a representative to avoid paying the fee. You can always hire a representative later if your initial application and first appeal are denied.

To find a representative, check with the National Organization of Social Security Claimants’ Representatives (nossr.org) or National Association of Disability Representatives (nadr.org). Or, if you’re low-income, contact the Legal Services Corporation (lsc.gov/find-legal-aid) for free assistance.

Send your questions or comments to questions@savvysenior.org, or to Savvy Senior, P.O. Box 5443, Norman, OK 73070.

A photograph of the exterior of a self-storage facility. A large red sign on the building reads 'SELF STORAGE' and 'MOVERS'. To the left, a smaller sign lists services: 'Storage Lockers', 'Mail Boxes', 'Fax Services', and 'and more....!'. The building has a modern, industrial look with large windows and a paved parking area in front.

Sierra Madre Self Storage
130 E. Montecito Ave.
Sierra Madre, CA 91024
(626) 355-1837

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...JUNE BIRTHDAYS*



Joanne Thrane, Nellie Haynes, Dorothy McKay, Diane Hatfield, Georgette Dunlay, Elizabeth Shula, Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas., Pat Starkey, Kathleen Coyne, Jacque Persing, Jeanne Peterson, Roxana Dominguez, Carolyn Lanyi, Claire McLean, Suzanne Decker and Grace Sanders.

An advertisement for 'Chair Yoga'. It features a group of four people sitting on chairs in a bright room, performing yoga poses with their arms raised. The text 'Chair Yoga' is prominently displayed in a large, stylized font. Below it, the schedule is listed: '10am - 10:45 am Monday's and Wednesday's at the Hart Park Senior Center'. The background is a warm, yellowish-orange color with decorative floral patterns.

An advertisement for 'Monthly Blood Pressure Screening'. It shows a stethoscope resting on a spiral-bound notebook. A calendar page is visible, showing the date 'Tuesday' and the time '12:30 PM'. The text 'Monthly BLOOD Pressure SCREENING' is written in large, bold letters. Below it, it says 'IS NOW TAKING PLACE AT THE HART PARK SENIOR CENTER THE SECOND TUESDAY OF EVERY MONTH AT 12:30 PM'. A red heart is drawn at the bottom right.

A small, square portrait of a man in a dark suit and tie, identified as Rev. James Snyder.

OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
DID MY BODY WARRANTY EXPIRE?
Just when I recover from the latest ache in my body within a few minutes, I will get a “Boo, I’m back.”

I’m not quite sure why these Aches and Pains love my body so much. Why don’t they just get over it and move on to another circus. The problem is, after I’m through with one ache, the next ache is just a wee bit more painful. I think the previous ache is just a practice for the next ache.

Getting up from bed the other day, I complained to The Gracious Mistress of the Parsonage that my body was achy all over. I’m not sure why I thought she needed to know about all of these aches and pains, but I had to spill my beans.

After my lecture, she looked at me and said, “Maybe you need some body parts replaced.” Then she continued, “I know an antique store I could take you.” I did not find that very funny, and smiled sarcastically at her and went to my office to complain to myself.

I’ve been to the doctor quite a few times in the last few years to deal with a variety of body aches and pains. He prescribed to me so much medicine that I kind of believe I’m a drug addict at this point. I have a pill for every ache and pain in my body along with substitutes.

While in my office, the telephone rang, and it was, you guessed it, a call reminding me that my car warranty was about to expire. Of course, I have no such warranty on any of my vehicles. However, it did get me to think about something. Is my body warranty on the verge of expiring?

I’m waiting for someone to call me and offer me a renewed body warranty. That would solve a lot of my problems, I think. In the meantime, I have to settle for what I got.

I started to chuckle. I discovered The Gracious Mistress of the Parsonage is having an affair with Mr. Arthur Ritis. He’s in her hand, fingers, and knee. No matter where she goes, Arthur goes along with her. I will never know why she puts up with Arthur.

Some of my worst pain is a pain in the neck. I get this so often as I get older. When I was younger, I had no pain of this nature. But getting older, I’ve had this pain in the neck. Personally, I want to be a pain in the neck to somebody, like The Gracious Mistress of the Parsonage. I know what would happen if I were a pain in her neck. She would say something very nice at my funeral.

I was having a little trouble with my hip, and was tempted to ask her to take me to her favorite antique store. After all, what did I have to lose in that regard? When I told her, she smiled at me and said, “I don’t think I can. I’m afraid they will want to keep you.” Talk about a pain in the neck?

As I get older, I am trying to learn how to deal with all the aches and pains that come daily. As soon as I get used to one pain, a new one shows up and I have to start all over again. Why isn’t there one pain pill to deal with all the pain in my body? I tried several things to deal with my pain. First of course is the doctor. Every time the doctor sees me he smiles and greets me very heartily. I used to think he was happy to see me, but then I realized when I went to him, he was getting money out of my insurance, Medicare, and whatever else I have. Realizing this, I began to understand that to all those doctors I am an ATM machine. I guess I’m glad that my pain benefits somebody in this world.

Another thing I try to deal with is ignoring my pain. Pretending it doesn’t exist. That doesn’t always work.

When I wake up in the morning, the first thing The Gracious Mistress of the Parsonage asks is, “How are your aches and pains today?”

It’s hard to ignore them when somebody is always talking about them.

Then there’s another aspect of this. I am learning that although these aches and pains are a curse, they are also a blessing. I never knew that before.

When The Gracious Mistress of the Parsonage asks me to do something I don’t want to do, I start complaining. “Oh, dear, I’d love to, but my shoulder hurts so much. I just can’t do it.”

I’m not sure she believes me or not, but it works most of the time, and I’m happy with anything I can get.

I might never get used to my aches and pains. But if I can turn them into an advantage, that will be a very happy day for me.

I then thought of one of my favorite verses in the Bible. James 1:2-4, “My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.”

A pain sometimes helps me to be patient and learn a new lesson of patience in life.

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Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON JUST LOOK AROUND



It was so hot today that my golfing partner asked me to meet him extra early so that we could beat the heat. As I drove to the course before 8 am it was already hot, and I felt a kinship with the older people I saw already walking their dogs. As we played rather than complaining my mind jumped back 53 years to a time when I was the director of Greater Bakersfield Legal Assistance. I had this grandiose idea of merging several independent legal aid programs that existed in the rural towns in the Central Valley into a large effective program.

Pursuing this idea, I was driving north on Route 99 to meet with a representative of the Nixon Administration in Sacramento. I was driving with one of my staff members, a young non-Attorney, a Hispanic young man from Boyle Heights who I believe might have been volunteering with the program to build his resume to obtain acceptance in college. Look, it was a long time ago and I have forgotten a lot, but what I do remember is driving in my non-airconditioned car and complaining about the heat. As I continued to complain the young man said, "Just look around!" I stopped complaining for a moment and did look around. What I saw was many Hispanic people, both men and women, bent over in the blistering heat picking cotton.

That shut me up for a while, but it was still hot, and I never forgot that lesson. It is so easy to forget, not even notice, the privileged life "we" lead. Who is this "we" I am talking to -those of you I imagine that take the time to read my weekly articles. I believe many of us our College Graduates, many with advanced degrees, who followed an almost pre-ordained path to go to college and get a degree which later led to a position in the work force. The positions we attained resulted in financial security, allowed many of us to purchase homes, and develop families, and all in all feel pretty satisfied with life. Until now!

Coming home from the golf course, a recollection of the 1973 film Soylent Green which came out at about the same time I was driving up Route 99. Perhaps you remember the film which starred Charlton Heston and Edward G. Robinson. Soyilent Green is terrifyingly relevant today. It is set in the year 2022 imagining a future world in which pollution and overpopulation have caused severe shortages in food, housing, and other resources. This prediction seems frighteningly accurate. Within the film there is the story of a large corporation which provides Soyilent-Green, an artificial nourishment whose actual ingredients are not known by the public. The food is advertised as a "high-energy concentrate". Perhaps you remember that Heston is a detective who overcomes the lies and obfuscations and learns a horrible truth that "Soylent Green is PEOPLE! OK, THINK ABOUT THAT FOR AWHILE!

Look around and wonder what are possible future solutions to the world's problems? Tomorrow I'm meeting with a friend who gave me a book The Dawn of Everything by David Graeber and David Wengrow, which I just started re-reading. In the first sentence on the first page, I came across the Greek word" Kairos" meaning the "right or critical moment". Google explains that "Kairos" describes a specific opportune moment or the right time for action.

Just look around. This might be that time, and a great portion of the public is ready to take action. On Saturday it was reported that five million people were in the streets protesting the actions of the Trump administration which appear to bring about disaster. The time is right, the energy is there, the only question is "What are we to do?" Must we wait for a leader or simply take action on our own. Perhaps we should take Bob Dylan's advice and realize that the "Answer is Blowin in the Wind" Gee, I hope so, let us connect with others, act and consider collectively and individually, and I optimistically believe we will find the right path. It's probably there in front of us. We must just keep our eyes open and not be blinded by our own complaints. Just keep looking around and who knows what lessons you will learn?



Howard Hays As I See It
"It was basically a \$50 million version of when a 5-year-old shows you every car in his Hot Wheels collection" – Jimmy Kimmel on President Trump's military parade

Talking with an organizer at last Saturday's "No Kings" rally in Kersting Court, we figured there must be 500 there that turned out (along with Congresswoman Judy Chu) – but probably more. Five million turned out at 2,000 rallies across the country, while President Trump's parade drew far less than the 200,000 expected. According to Trump biographer Michael Wolff, the president later "reamed out" Defense Secretary Pete Hegseth, because the smiling and waving soldiers didn't appear "menacing" enough.

The "TACO" signs were there at the rallies, too - for "Trump Always Chickens Out". That acronym originated with Wall Street, as Trump chickened out on threats to impose tariffs on our trading partners. The S&P 500 has mostly recovered from its 20% drop following his "Liberation Day" tariff announcement, now showing only a 1% loss in value in the five months since the inauguration – compared to its 8% gain in the five months prior under President Biden.

Trump was committed to going after those millions of migrants "invading" our country, with no exceptions. Then, according to commentator Charlie Sykes (in a piece titled "The Mother of All TACOS"), "After making mass deportation and ICE raids on workplaces a centerpiece of his presidency, Donald J. Trump chickened out. . . . It was a flip-flop so gobsmacking that it left some of his closest aides stunned."

Trump posted, "Our farmers . . . have very good workers . . . worked for them for 20 years. They're not citizens, but they've turned out to be great." Not just those on farms and in meatpacking plants, but workers in "leisure too, and hotels" and restaurants. He attempted to rationalize this chickening out on his no exceptions policy by warning that if these workers were gone, their jobs would be filled instead by the "criminals" let in under Biden.

Advisor Stephen Miller and DHS Secretary Kristi Noem didn't agree. So, despite pressure from lobbyists and Agriculture Secretary Brooke Rollins, Trump chickened out again and within days was back to the no-exceptions policy on immigrant round-ups. Governor Newsom concluded, "Looks like Stephen Miller is the boss after all".

At the G7 summit up in Alberta, Canada, the story wasn't the president chickening out on commitments but rather an apparent cluelessness. Early on, he posed with British PM Kier Starmer having just signed a trade agreement and then spoke about "our trade agreement with the EU". Commenters wondered whether Trump was aware of Brexit

RICH JOHNSON



LITTLE KNOWN (BUT IMPORTANT) LAWS

California, for better or worse, is known for being a bit wacky particularly when it comes to weird laws. Some of these laws are close to home. I believe it to be in the public's best interests to cover a few of the important unknown laws both here and around the state. At last count, I counted 395,608 regulations and restrictions in California (Do your own count and get back to me). As a citizen of this State, you should acquaint yourself with all of them. Ignorance is no defense.

For example, real close to the world headquarters of our own Mountain Views News, if you drive through or live in Arcadia, California, you should know peacocks have the right of way on streets and driveways morning, noon or night.

If you bicycle down to Baldwin Park, you are strictly forbidden to ride your bike in any swimming pool once you get to Baldwin Park. In Glendale you are not permitted to jump in or out of a moving vehicle. Apart from the fact it is illegal, it's really dumb. If you are behind the wheel driving in Glendale, know it's not legal to drive in reverse. And in Los Angeles, it is illegal to wash a neighbor's car if they don't give you permission. Speaking of driving, it is illegal to put anything other than your cars into a garage. The same holds true in San Francisco if the garage is part of a apartment or hotel complex.

If someone tells you to "go fly a kite" know the law, particularly if you live in Walnut. Flying a kite higher than 10 feet off the ground is strictly prohibited.

Have any pets? Remind them it is strictly forbidden for animals to publicly mate near schools, churches or bars. Bars? I have to think walking into four legged critters mating behind a bar may sober up a few of the regular bar patrons.

For you shepherds in Los Angeles, be aware you are limited to a max of 2,000 sheep if you want to drive them down Hollywood Boulevard. No exceptions. While we're talking about 4-legged critters if you find yourself in Fresno, disturbing lizards is strictly prohibited in Fresno's City Parks. And while you are visiting Fresno parks don't forget it's illegal to injure, or even disturb...rocks.

Crying in Los Angeles Courts is banned if you are on the witness stand. In San Francisco, if you have been classified as "ugly" you aren't allowed to walk on any street. Not sure whether crawling, running, hopping, skipping and jumping is permitted. If this happens to you, let me know.

In Blythe California you are permitted to wear cowboy boots if you show that you own at least two cows. No cows? No cowboy boots pardner!

Visiting the idyllic town of Carmel? Picturesque, lovely, upscale! Have a great time. One thing: If you go out in public wearing pants and a jacket that don't match you are a scofflaw.... breaking the law. You could do hard time.

Chico, California is known for several "creative" laws. Here are a few of the more egregious violations of public decency. As long as you obtain a permit you are permitted to throw hay in a cesspool. But if you have a herd of cattle, you can't drive them down any street in Chico. And get this...kids are not permitted to play on the sidewalk.

And for the icing on the cake in Chico? You will be fined \$500 (no exceptions) if you detonate a nuclear device within Chico city limits.

Statewide, if you leave your outdoor Christmas lights up past February 2nd, you may be fined \$250.00. If you are in Berkeley, California and your canary is lost, it is illegal to whistle for your lost canary before 7:00am.

In closing, I've checked, and it is not illegal for my band JJ Jukebox to perform in Sierra Madre City limits. Our full rock and roll band is performing July 19 at Nano Café. Come for a wonderful dinner, full bar and maybe even some dancing to rock and roll hits by the Doobie Brothers, Eagles, Beatles, Neil Diamond, Steppenwolf, Queen and other rockin' groups from the 60's, 70's and 80's! 6:30 to 9:30pm. Nano Café is located at 322 W. Sierra Madre Blvd in Sierra Madre. Parties of 6 or more call (626) 325-3334 afternoons Tuesday through Saturday to make reservations.

DICK POLMAN



GEE. WHO COULD EVER HAVE SEEN THIS COMING?

Every once in a while, way back when I was in high school, two meatheads would agree to fight when classes let out.

They were brainless lummoxes, the kind who liked to snap kids' jockstraps in the gym locker room, and sometimes, when they had a beef with each other, they'd head to a patch of grass just beyond school property and go wild. One guy would pull the other guy's windbreaker over his head, the guy blinded by his windbreaker would kick the oth-er guy's shin, the two of them would crash to the grass as they aimed for each others' balls, and we onlookers would laugh with delight at their expense, not knowing whom to root for because both were idiots.

I've unearthed that blessedly buried memory while watching Musk and Trump do their worst to humiliate themselves and this once-great nation. I see no need to recap their play-by-play. And who are we supposed to root for, anyway? This is like Hitler versus Stalin in 1941, mass murderer versus mass murderer. This is like Iran versus Iraq, trench war versus chemical war, during the 1980s. This is like the courtroom clown show in 2016 when Johnny Depp sued ex-wife Amber Heard and Amber sued Johnny back.

Look, we all knew there would be room in the Oval Office (or, as Trump says, "the oval desk") for only one raging narcissist. We all knew this liaison would have less ballast than Ben Affleck and Jennifer Lopez. But, speaking for myself, I didn't think it would crash and burn over the Big Beautiful Bill just because the detestable duo apparently disagreed on how many people should lose their health care and how many poor kids should go hungry.

On the one hand, I'm on Team Trump because his flunkies want to deport Musk. On the other hand, I'm on Team Musk because he's calling for Trump's impeachment and sug-gesting (without evidence) that Trump is one of Jeffrey Epstein's sex pervs. So tough to choose – while guzzling popcorn! Perhaps the simplest solution is for Linda McMahon to put these two malignant degenerates in a wrestling ring and stream it live until someone cries uncle.

I have no idea how this Musk-Trump mudfest will play out politically or financially, nor does anyone else. I suppose it's sufficient in the short run for us to just laugh at the spec-tacle of rich pricks behaving badly (we love shows like Succession, Sirens, White Lotus, and Your Friends and Neighbors), and to keep tabs on all the clowns who've already weighed in. (Font of depravity Alex Jones is fighting with the Trump flunky known as Cat-turd! But Kanye West – Kanye West of all people! – is urging Musk and Trump to cool it.)

Personally, whenever Musk or Trump ups the ante with another brainless remark, I'm reminded of lyrics from jazz pianist Mose Allison:

*"Y'know if silence was golden
You couldn't raise a dime
Because your mind is on vacation and your mouth is
Working overtime."*

But here is what bothers me most: Last week was the 81st anniversary of the death of 4,427 Allied soldiers, who gave their lives during the first-wave assault on fascism. Did they die for what we have now – a fascist circus infested with felons, drunks, druggies, dopes, and all manner of incompetent lickspittles? This is supposed to be a serious country. A serious country needs to be governed seriously.

Instead what we're seeing now is the most vivid evidence yet that MAGA is nothing more than a toxic stew of unbridled ego, tawdry self-interest, and serial trolling. Did our boys storm the beaches...for this cesspool?

The peak travel season is here, but our friends abroad have gotten the message. A new report projects travel to America will be 22 percent lower than last year – an economic loss of \$12 billion.

It's no mystery why. Shakespeare got it right in "The Tempest" when a character said, "Hell is empty and all the devils are here."



FITNESS FOR LIFE



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CAN'T EXERCISE? NEW HOPE IS COMING!

For many people, getting outside for a walk or joining a fitness class sounds simple. But for those with health problems like Parkinson's disease, poor eyesight, or limb loss, just moving around can feel nearly impossible. Now, scientists are finding new ways to help. Thanks to exciting advances in medicine and technology, more people may soon be able to exercise—even if their bodies once said no.

Start with Parkinson's disease. This condition affects the brain and causes shaking, stiff muscles, and slow movement. For years, people with Parkinson's had limited options. But now there's something called adaptive deep brain stimulation (aDBS). Doctors at the Cleveland Clinic used this "brain pacemaker" to help a former orchestra conductor who couldn't even lift his baton. After surgery, he was able to conduct music again without tremors (Cleveland Clinic, 2024). Unlike older versions of brain stimulation that run all the time, this new version turns on only when needed—like a smart assistant for your brain.

There's more. Intense exercise, even for people with Parkinson's, can slow down the disease. In one study, people who rode a stationary bike at 80–85% of their top heart rate had fewer symptoms and better brain health over time (University of Colorado, 2022). Doctors say that exercise may help the brain make more dopamine, a chemical that people with Parkinson's are missing. This means that even without a brain implant, working out could still protect the brain.

Poor vision? Having poor eyesight can stop someone from enjoying simple things like a walk in the park or joining a fitness class. But science is stepping in here, too. At Massachusetts Eye and Ear Hospital, doctors grew new corneas from stem cells taken from a patient's healthy eye. In early tests, 92% of the patients saw their vision improve (Nature Biotechnology, 2023). That could make a big difference for people who are afraid to go outside because they can't see where they're going.

Another group of researchers in South Korea found a drug that helps eye nerves grow back, giving sight to mice with eye injuries (Science Advances, 2024). Though it's still being tested, this kind of treatment might someday help people with damaged eyes regain enough vision to safely move around again.

Some of the most exciting discoveries involve the brain. In 2023, scientists in Switzerland created a "brain-spine bridge." They connected a man's brain to his spinal cord using special implants. This man, who was paralyzed, was able to walk and climb stairs again after years of being in a wheelchair (Nature, 2023). Even more amazing—his brain learned to reroute signals, so he could still move even when the device was turned off.

These implants work by targeting new parts of the brain that control movement. One patient said he felt like his legs were "part of him" again, not just machines responding to commands. That's a big deal because it brings back a natural feeling of motion, not just robotic steps.

Finally, for people who have lost an arm or a leg, new bionic limbs are opening the door to exercise again. At MIT, researchers created a special kind of prosthetic leg that connects directly to nerves and muscles. One man, who had his leg amputated above the knee, used this new limb to climb stairs, walk faster, and even feel the ground beneath him (MIT Media Lab, 2023). These legs send messages to the brain, helping the user stay balanced and safe. So far, over 100 people have tested them with great results. One woman even returned to hiking trails she hadn't been able to enjoy in years.

Why does this matter? Because when more people can move, more people can exercise. Exercise helps the heart, muscles, mood, and brain. It can fight off depression, improve sleep, and keep the body working well. But if someone can't move safely or doesn't feel confident, they may stop trying altogether.

These breakthroughs aren't just for hospitals or far-off future use. Many are already in human trials or being tested in clinics. Some robotic limbs are even covered by insurance now. No, not everyone will qualify for these treatments, and some are still years away from being used widely. But they offer hope. Especially to older adults, people with long-term illnesses, or anyone who feels left out of the fitness world.

So if you or someone you know finds it hard to move, don't give up. Help is coming. With the power of science and a little sweat, more people may soon find themselves back on their feet, ready to move, play, and enjoying fitness again.

UNLOCK YOUR LIFE



Lori A. Harris

FINDING OUR WAY: TOLERANCE IN TROUBLING TIMES

There will always be difficult times, such as economic downturns, political upheavals, or social injustices. When we're in the midst of struggle, our challenges feel unique and unprecedented, but every generation faces its own hardships. History teaches us that what feels insurmountable today has been weathered before. We get to practice presence. We can draw on the lessons of the past to help us discern who we want to be in this moment, in this test of character.

As students of history, we've looked back at community behavior with judgment and moral certainty. We assume we would have done better; we tell ourselves we would have made the right choices when it mattered most.

We imagine ourselves helping Jesus carry his cross, offering shelter on the Underground Railroad, and standing with the oppressed rather than the oppressor. We hope we would have hidden Anne Frank, refused to "just follow orders," and turned away from the horror of lynching picnics. We want to believe we would have chosen courage over comfort, justice over conformity.

But history's harsh spotlight reveals how ordinary people, folks just like us, can become complicit in extraordinary cruelty. The uncomfortable truth is that most of us would have been ordinary citizens of our time, shaped by the same forces that shaped others.

The Choice Before Us

So what does this mean for us today? Each of us gets to choose who we will be and how we will respond. The questions are immediate and personal:

Do you want to join the protesters or the counter-protesters? Do you want to volunteer at your polling place or avoid civic engagement altogether? Do you want to help an immigrant family navigate the system or report someone you suspect of being undocumented? Do you want to bridge divides or retreat into your own community?

These choices define us. They reveal our values in action, not just in theory.

Navigating with Clarity

Being clear about your core values and maintaining a commitment to them is essential. But clarity requires honesty about what we're actually facing. Don't catastrophize everything, but don't minimize real challenges either. Can you notice and state the facts with precision? Can you separate what you know from what you fear? Can you decide what you want to do, and then follow through?

Don't feel guilty about experiencing joy during difficult times. You can care deeply about injustice and still find moments of happiness. Being perpetually sorrowful isn't required for moral legitimacy, nor is it particularly helpful. We can hold both grief and gratitude, concern and contentment. Being human means embracing this complexity.

Constant complaining—especially the performative kind on social media—rarely moves us forward. It can become a substitute for action, a way to signal virtue without practicing it.

The Practice of Understanding

You may seek understanding, but start right where you are. You don't have to be perfect to begin. You don't need to have all the answers to ask better questions.

Be willing to offer the benefit of the doubt, even when it's difficult. This doesn't mean naive acceptance of everything, but it does mean approaching others with curiosity rather than certainty about their motives. What would be the most generous interpretation of someone's behavior? This question can transform how we navigate disagreement and misunderstanding, offering hope for a more understanding future.

Tolerance as Strength

True tolerance isn't passive acceptance or moral relativism. It's the active practice of engaging with difference while maintaining our own integrity. It's the strength to listen without necessarily agreeing, to hold space for complexity without losing our moral center. In these times, tolerance becomes a radical act, not because it's permissive, but because it's disciplined. It requires us to resist the easy comfort of righteous anger and instead do the harder work of understanding. It asks us to extend grace while standing firm in our values.

The Long View

History will judge us, just as we judge those who came before. Future generations will look back at our choices with the same mixture of understanding and bewilderment that we bring to the past. They'll wonder how we could have been so blind to some obvious truths, so passionate about issues that seem trivial to them.

But they'll also see something else: the ordinary people who chose to act with kindness, who extended grace across divides, who practiced tolerance not as weakness but as strength. They'll see those who chose to build bridges rather than walls, who sought understanding rather than victory.

The question isn't whether we'll face difficult times; we will. The question is who we'll choose to be when those times come. Will we be the ancestors future generations look back on with pride, or will we be the ones they struggle to understand?

The choice is ours to make, one decision at a time, one interaction at a time, one moment of grace at a time.

Lori Harris is an award-winning transformational coach. You can learn more about her and events at LoriAHarris.com.

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June Events Around Town!

Brought to you by Sue Cook

One Time Events

June 6
Teddy Bear Picnic at The Arboretum
Bring your stuffy companion to picnic and enjoy music, crafts, and a photo opportunity. 5 – 8 pm

June 7
June Faire at The British Home in Sierra Madre
Experience a typical British village faire with food, dance, and vendor stalls. 9:30 am – 2:30 pm

June 7
Flower Arranging: Roses at The Huntington
Hands-on flower arranging workshop
Adults only 10 am – 12 pm Bring a Buddy 1 – 3 pm

June 8
Castle Green Tour
Explore this turn-of-the-century hotel. Enjoy historic lectures and a picnic on the hotel grounds. 12 – 4 pm.

June 14
Exploring Pasadena on Foot Walking Tour: Arroyo Terrace and Prospect Park
Learn about the fascinating people who called this area home and view their homes. 10 am – 12 pm

June 21
Pasadena POPS Summer Concert at the Arboretum
Celebrate iconic melodies from Gershwin to Sondheim. Gates Open 5:30 pm Concert 7:30 pm

June 22
Garden Party at the Norton Simon Museum
Live jazz, art-making activities for all ages, food and wine available at the Garden Café. 4 pm – 6:30 pm

June 28
The Magic Garden at The Arboretum
Evening of fun, magic, and mystery exploring the magic of the garden. 5:30 pm – 8 pm

June 28
Patriotic Festival in Downtown Arcadia
Enjoy food, drinks, vendor booths, and fun for kids. 5:00 pm – 9:30 pm.

June 29
Happy Birthday Pasadena: Cake, Paint, Party!
Celebrate Pasadena's 139th birthday at this free community event full of activities. 1:00 – 4:00 pm

Ongoing Events

Thursdays Through August
Wrigley Mansion and Garden Tours
The Pasadena Tournament of Roses Association offers behind-the-scenes access to visitors. 2pm

May 21 – September 14
100 Years 100 Images Pasadena Museum of History
Fine art exhibition features pivotal historic pieces as well as a juried display of artwork.

May 23 – September 14 - Kidspace Campout
Celebrate Summer and learn about the ecosystem thru experiences like camping, fishing, and crafts.

June 2, 9 - Music in the Rose Garden at The Huntington - Wander and enjoy live music by Pasadena Conservatory musicians. 1 – 3 pm

Sundays in June and July - Jazz in the Park at Playhouse Village Park - Bring a picnic and enjoy an evening of jazz in this free concert series. 6 – 8 pm

June 13, 27, July 11, 25, August 8, 22
Friday Nights at the Gamble House
Picnic, winelisting and live music. Explore the first floor of the historic Gamble House. 5:30 – 7:30 pm

June 14, 28, July 12, 26, August 9, 23
Movies Under the Stars at One Colorado
View screenings of musicals and movies. Check in time 7:45 pm, Film 8:30 pm

June 21, 22
Rose-stravaganza at Descanso Gardens
Learn about roses and their propagation and history at Descanso. Live music, and demos. 9 am – 3 pm

June 26, July 3, 10, 17, 24, 31
Concerts and Movies in The Park in Arcadia
Bring a picnic and enjoy live music and a movie. Concerts 6:30 pm and movies begin at dusk.

June 27 – 29
Cactus and Succulent Show and Sale at The Huntington - Discover rare and award-winning cacti and succulents, then shop for the perfect one!

June 29, July 6, 20, August 1, 10, 17
Twilight Garden Strolls at The Huntington
Explore the gardens after hours with dining and shopping. Docent-led walking tours 5 and 5:30 pm




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4 Bed 2.5 Bath 1,716 SF 6,507 SF LOT

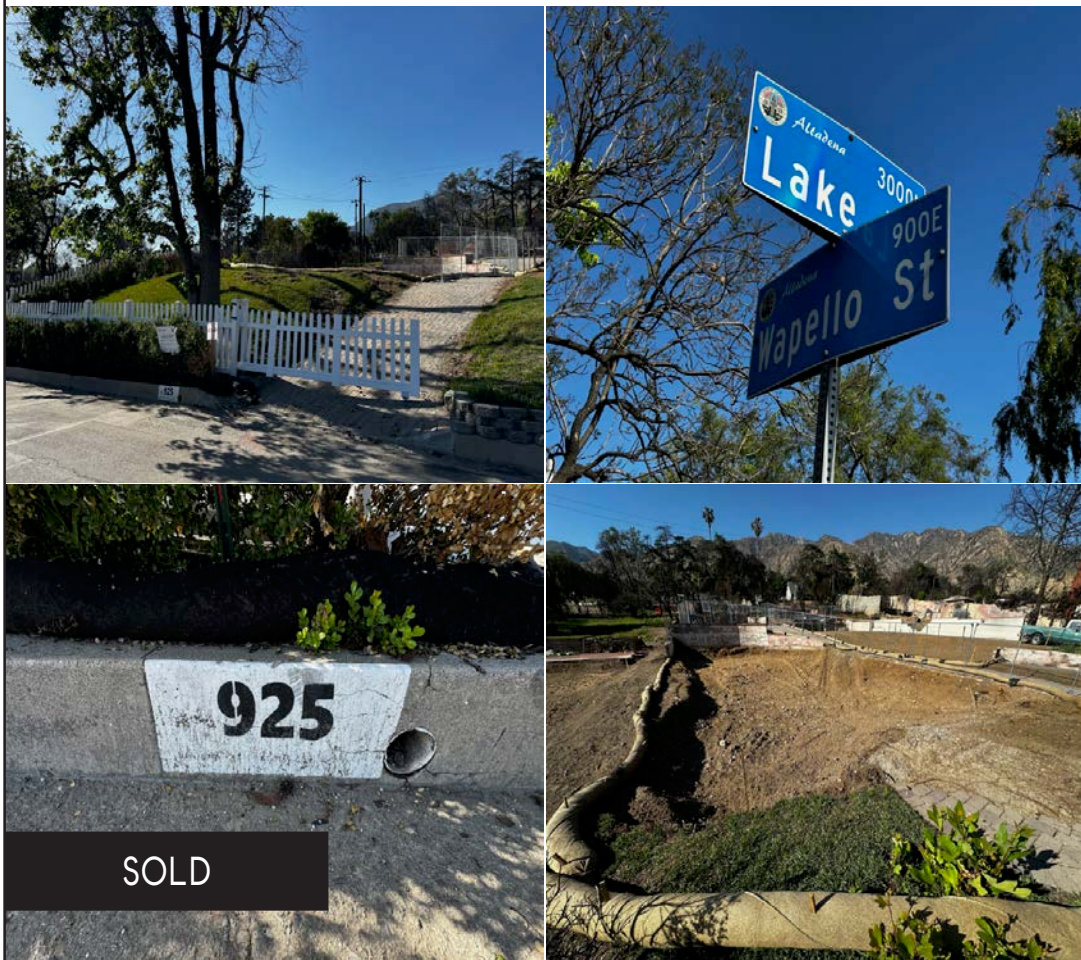
Listed for \$1,298,000



2437 Florence Avenue, Arcadia

3 Bed 2 Bath 1,930 SF 19,103 SF LOT

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925 Wapello Street, Altadena

7,826 SF Vacant Lot

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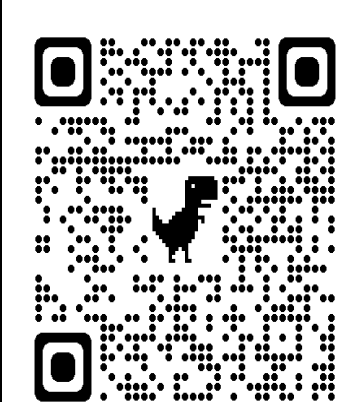
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