

SATURDAY, JULY 5, 2025

VOLUME 19 NO. 27

WHAT A CELEBRATION - WHEN A COMMUNITY COMES TOGETHER!

Editors Note: Sierra Madre, California is a town like no other - and chances are if you are reading this, you already know that. One of the largest events in Sierra Madre is the old fashioned, fun for young and old, 4th of July Parade. This year was no exception. And by some accounts, the best parade ever with approximately 100 floats, Marching Bands and organizations. The party started on July 3rd and concluded on the 4th with perfect weather. Hats off to the Sierra Madre Events Committee and the City of Sierra Madre for a job well done!

Photos by Dirk Bolle unless otherwise noted.



Above, Sierra Madre City College's 2025 Entry, "Drop Beer Not Bombs" complete with Stealth Bombers and the American Flag was a real crowd pleaser. Good news: No federal funding required for them to continue their good work!

Below: Former Mayor Rachelle Arizmendi and Village Vine Anchor Catherine Adde cover the days activities providing online coverage for those who could not attend in person.



Sierra Madre Mayor Robert Parkhurst (left) and Councilmembers Garcia, Goss, Lowe and Kriebs welcome U.S. Congresswoman Judy Chu (center) to the city.



Other Honorable Mentions:

'I Love My Library' and SMFD Chief Bartlett in a 'tight spot.'

More photos on page 2.



PARADE SPONSORS 2025

The Kensington

Patriotic Platinum \$1,000

The Gooden School
Athens Services
Lt. Kenneth Bell VFW Post 3208
Theodore Calleton Family
Clark Family
Sierra Madre Civic Club
The Comer Family

Media Sponsor
Mountain Views News

Rockin Rocketeers \$500

Eagle Restorations Group, Inc.
Sierra Madre Dance Center
David Howard
Mann Family
SGV Management, LLC

Silver Sparklers \$250

The Buccaneer Lounge, The Buc!
Riboli Family
Berkshire Hathaway Home Services - Sierra Madre
Sierra Madre Woman's Club
Western Supreme Rooter
Santa Anita Park
St. Rita School
The Priscillas
Catherine Adde - Travelstore
Doug Hayes &
Dr. Janice Nelson Hayes
Kathleen Lucas & Basil Anton
Jill & Patrick Holland
Maggie Ellis
Donna Campbell
Carbone Family
Lumen Optometric
Salember Family

Parker Family
Mayor Parkhurst and Family
Red, White & Blue Spanglers \$100

Taylor's Ol' Fashioned Market
E. Waldo Ward & Son
Leonora Moss
Ron & Jean Coleman
Hugh Von Delden & Pam Curtis
Patricia Hall
John & Jackie Oldham
Louis de la Paz Family
Barbara Watson
Tom & Kate Cook
Lynn Knoblauch
Danny Osti
Stephanie Jones
Louis Watanabe
Joellyn Siraganian

Laurie DeVault
Cancer Support Group
Casa Del Rey

Additional Sponsors & Supporters

The City of Sierra Madre
YMCA - Pasadena/Sierra Madre
Trader Joes
Jan's Towing
Code 3
Leonora Moss
Ixora Florist
The Ice Princess
Michelle Keith - Concierge
Cousins/Travelstore
The Bottle Shop

A very special thank you to Mother Moo Creamery!

HAPPY

4th of July

YOUR REFERRALS

MAKE OUR BUSINESS sparkle!



Jan Greteman 626.975.4033
lic #01943630

Judy Webb-Martin 626.688.2273
lic #00541631

COMPASS

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. Lic. #01991628. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate. If your property is currently listed for sale this is not a solicitation.

INSIDE THIS WEEK

WHAT A PARADE!	Page 2
MORE SIERRA MADRE NEWS	Page 3
Walking Sierra Madre	
CAMINO DE SANTIAGO-MY JOURNEY MY WAY	
PART II	
PASADENA NEWS	Page 4
AROUND SAN GABRIEL VALLEY	Page 5

IMPORTANT:
FIRE WEATHER PLANNING FORECAST
PAGE 5

EDUCATION & YOUTH	Page 6
FOOD-DRINK-FUN	Page 7
THE GOOD LIFE	Page 8
BEST FRIENDS	Page 9
LEGAL NOTICES	Pgs 10/11
SPORTS & FITNESS & MORE	Page 12
SHOP LOCAL	Page 13

ELI'S AUTO SERVICE

Your Trusted Auto Care Partner

CERTIFIED SMOG TESTS & REPAIRS

8:00 am - 05:00 pm

125 W. SIERRA MADRE BLVD.
SIERRA MADRE, CA. 91024

We love our customers, so feel free to visit during normal business hours.

We offer free shuttle service locally.

Phone **626-325-3173**

Email **service@ElisAutoService.com**



Are you ready to enter the 2025 Summer housing market?

The Real Estate Market has shifted. Inventory in Sierra Madre has increased, giving buyers more options and some homes are staying on the market longer than in previous months.

Sierra Madre's charm and popularity remain high, making it a sought-after community. Whether you're looking to Buy or Sell, understanding these trends is key to making your next move.

Curious why some houses sell quickly with multiple offers, while others linger on the market?

Call us today to discuss what makes certain homes stand out and how to position your property for success!

Call Us Today! We will get you where you want to be...HOME!

40+ Years of Combined Experience Representing Buyers and Sellers



Barbara Rogers

626.484.8135
CalRE# 01169115



COLDWELL BANKER REALTY

Benson

626.278.0187
CalRE# 01880650



Not intended as a solicitation if your property is already listed by another broker. Affiliated real estate agents are independent contractor sales associates, not employees. ©2023 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logos are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is comprised of company owned offices which are owned by a subsidiary of Anywhere Advisors LLC and franchised offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act.



THE

Next Chapter

OF SIERRA MADRE'S LIBRARY

The Sierra Madre Library Foundation is raising funds to furnish the City's new library with furniture and technology - and we need your help. Here are some of the exciting new changes:



5,000 sq-ft
Addition



Dedicated
Community
Meeting Space



Seismic & ADA
updates



Historical Archives
Room



Children
and Teen
Rooms



Join us by donating today, and play a vital role in shaping the future of our library!

Support the new library!
SierraMadreLibraryFoundation.org
PO Box 563 Sierra Madre, CA 91025



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	80s	Lows 60s
Mon:	Sunny	Hi	80s	Lows 60s
Tues:	Sunny	Hi	90s	Lows 60s
Wed:	Sunny	Hi	90s	Lows 60s
Thur:	Sunny	Hi	80s	Lows 60s
Fri:	Sunny	Hi	80s	Lows 60s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

July 8, 2025 5:30 pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
**Sierra Madre
Public Library**
July 7 — July 12

Monday

Baby Rhyme Time — Library at 9:00am

Preschool Storytime — Library at 10:00am

Reading Buddies — Library from 3:30pm—5:30pm

Wednesday

Knit Together (Adults)— Hart Park House at 5:30 pm.
Registration required.

Thursday

Sensory Play— Library from 9:00 am—9:30 am.
Registration required.

Reading Buddies — Library from 3:30pm—5:30pm

Shelf Stories (Rotating Genre Book Club) — Library at 6:30pm. Registration required. July Genre: Memoir

Saturday

Summer Science Workshop: Solar Bug Bots— Memorial Park Pavilion at 10:00am. Registration required.

3D Printing Basics — Library at 12:00pm

Sip & Shush (Silent Book Club) — RT Rogers at 6:30pm

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd.
(626) 355-7186

REMEMBRANCE

ROBERT “BOB” ERIKSSON

Robert McKinley Eriksson, known to all as “Bob”, passed away at the age of 100 on June 23, 2025, in Arcadia, California. Born June 15, 1925, in Cedar Rapids, Iowa, Bob's family moved to Pasadena in 1929 – a fortuitous move as his life and interests always seemed at home in Southern California.

It didn't take long for Bob to find his call in the garden. He was industrious as a teen, pulling his mower and tools behind his bike to look after Pasadena gardens. He graduated high school and served in the Army Air Corps as a flight mechanic during WW2. After the war he attended Pasadena Junior College (now PCC) where he met and married his real love, Jan, in 1949. Bob and Jan celebrated 75 years of marriage in 2024 prior to her passing last July.

With Jan's support, Bob transferred to USC and graduated with a degree in Landscape Architecture. He was fortunate to have been mentored by his professor, Garrett Eckbo and spent formative years post college working for Eckbo, Royston, and Williams. During those years, Bob built their first home...a glass post and beam house that was surrounded by gardens of his design. In the late 50's, Bob met Owen Peters while doing a design competition for Sunset Magazine demonstration gardens at the Los Angeles Arboretum and in 1962 they paired up to form the firm Eriksson and Peters Landscape Architects. They soon added a third partner, Dave Thoms, and the firm lives on to this day as EPTDESIGN. Bob deeply loved his work, his clients, the contractors who built the gardens, and the many landscape architects he mentored throughout his career. Amazingly, he handed off his last set of drawings to a longtime client just three weeks before his passing! Bob and Jan poured into their three children: Erik Eriksson, Nord Eriksson (Cynthia) and Kristin Cheney (Rich) while also being incredibly active in the community. In 1960, they moved to their home in Arcadia and set about making it grow with the family. When he wasn't planning additions or garden renovations, Bob gave of his time to Indian Guides, Little League coaching, and the Boy Scouts of America where he served as Scoutmaster for many years culminating in his receipt of the Silver Beaver Award. Bob and Jan co-founded the Creative Arts Group “Art of the Garden” Tour where Bob tirelessly worked to showcase beautiful gardens in the annual event well into his 90's. Remarkably, he also served on his neighborhood Architectural Review Board for 51 years...active all the way up to his passing.

Bob was an eternal optimist, a wonderful grandfather to Katie Roche Leuers (Mike), Meghan Roche, Noah Eriksson, and Ian Eriksson, and loving great-grandfather to Rowan Leuers. He impacted many in this life and will be remembered and missed for his humor, loyalty, and curiosity. We are excited for Bob to now have God's green garden to play in and imagine he's already busy enjoying the splendor - and making it his own.

WALKING SIERRA MADRE The Social Side

by Deanne Davis

“July makes me truly glad that air conditioning exists.”

“Every day is a fresh start; a new month is a gift. Unwrap it with joy!”

“July with its days of blue skies and time that seemingly stands still, holds a special place in my heart.”

The best day of July was yesterday. Independence Day. Sierra Madre was at her absolute best with wonderful things to do starting on Thursday with all the activities at Memorial Park and then the Parade. Our town has the key to a wonderful holiday and now it's time to relax, recover and embrace all that July has to offer.

How about the Buck Moon, at its most beautiful on July 10th. In case you are wondering, The full Moon in July is called the Buck Moon because the antlers of male deer (bucks) are in full-growth mode at this time. Bucks shed and regrow their antlers each year, producing a larger and more impressive set as the years go by. There now, something you might not know.

Don't you love how our editor, Susan Henderson, gives us copies every year of our Declaration of Independence, and the Constitution.

We've had the best holiday celebration of the month, but here are a few more things to be happy about in July:

This weekend, be joyful because today, Saturday, is National Apple Turnover Day, International Bikini Day, International Cherry Pit Spitting Day and Work-a-holics Day. Sunday is Build a Scarecrow Day, International Kissing Day and National Fried Chicken Day.

Other highlights of this month include:

July 7:
Chocolate Day
Global Forgiveness Day
Father-Daughter Take a Walk Together Day
National Strawberry Sundae Day

It just gets better and better...Body Painting Day, Video Games Day, Cow Appreciation Day

(Which makes me think of that Chick-Fil-A commercial where all the cows are putting up signs saying, “Eat Mor Chikin.”), National Dimples Day, Pina Colada Day and Teddy Bear Picnic Day.

Speaking of bears, Robert Gjerde posted a great picture on Facebook of a bear who was visiting his property and the Mountain Views News talked about bear sightings on the rise.

I can't help myself, I have to give you the lyrics to Teddy Bear's Picnic, which I'm guaranteeing will make you smile. The Melody was written in 1907 and the lyrics added in 1932 so it's definitely an oldie but a goodie:

“If you go down in the woods today
Your sure of a big surprise



If you go down in the woods today
You better go in disguise
For every bear that ever there was
Will gather there for certain because
Today's the day the teddy bears have their picnic
Every teddy bear whose been good
Is sure of a treat today
There's lots of marvelous things to eat
And wonderful games to play
Beneath the trees where nobody sees
They'll hide and seek as long as they please
That's the way the Teddy Bears have their picnic
Picnic time for Teddy Bears
The little Teddy Bears are having a lovely time today
Watch them catch them unawares, and see them picnic on their holiday
See them gaily gadabout,
they love to play and shout, they never have any cares
At six o'clock their mommies and daddies will take them home to bed
Cause they're tired little teddy bears
If you go down in the woods today, you better not go alone
It's lovely down in the woods today, it's safer to stay at home
For every bear that ever there was,
will gather there for certain because
Today's the day the teddy bears have their picnic.”
Written by Jimmy Kennedy & John Bratton



Enjoy this first week of July, friends and neighbors. Stay cool and watch for bears! The picture this week is of fireworks granddaughter, Emily, saw a couple of years ago.

My book page: Amazon.com: Deanne Davis
Where you'll find the Emma Gainsworth Kindle novelettes,
Along with other goodies like “A Treasure Map, A Drunken Owl
And 47 Rattlers in A Bag” True Tales of Early California

Sierra Madre Kiwanis

Creating life changing experiences for our Community Youth
Please join us for lunch the 1st and 3rd Tuesdays of each month at
THE LODGE 33 E. Sierra Madre Blvd. Sierra Madre Blvd. Sierra Madre
<https://sierramadrekiwanis.com/>

South Pasadena Community Free Events

Shakespeare in the Park
The South Pasadena Community Services Department, in partnership with Shakespeare by the Sea, will host two dates of Shakespeare in the Park this summer. Admission is free and patrons are encouraged to bring their picnics, blankets, and lawn chairs with family and friends to enjoy a night of classic entertainment under the stars.

Shakespeare in the Park is held at Garfield Park, located at 1000 Park Avenue, South Pasadena. The current schedule of performances includes Julius Caesar on Saturday, July 19 at 7:00 p.m. followed by As You Like It on Sunday, July 20 at 7:00 p.m.

Concerts in the Park
The South Pasadena Community Services Department will host three remaining dates of Concerts in the Park this summer. Admission is free and patrons are encouraged to bring their picnics, blankets, and lawn chairs with family and friends to enjoy a night of music in the park.

Concerts in the Park is held at Garfield Park, located at 1000 Park Avenue, South Pasadena. The current schedule of performances includes ACME Time Machine on Sunday, July 27, Soul3Sixty on Sunday, August 3, and the series concludes with a showing of Live from Earth - Pat Benatar & Beyond on Sunday, August 17. All concerts run from 5:00 p.m. to 7:00 p.m.

Movies in the Park
The South Pasadena Community Services Department will host two remaining dates of Movies in the Park this summer. Admission is free and patrons are encouraged to bring their picnics, blankets, and lawn chairs with family and friends to enjoy a night of entertainment in the park.

Movies in the Park are held at Garfield Park, located at 1000 Park Avenue, South Pasadena. The current schedule of movies includes A Minecraft Movie on Friday, July 11, and the series concludes with a showing of The Wild Robot on Friday, August 8. All movies begin at sunset.

For more information on any of these events, contact the Recreation Division at (626) 403-7380 or by email at specialevents@southpasadenaca.gov.

National Night Out 2025 – Linda Vista Block Party

Tuesday, August 5 | 6 – 9 p.m.
| Linda Vista Branch Library - Bryant Street between Linda Vista and Ontario Avenues
Join city staff for National Night Out as they celebrate with neighbors and Pasadena City department representatives. “Let’s build a stronger community together! Everyone is welcome!” Enjoy free entertainment, magic and more. Complimentary food tickets for first 200 attendees. Food available for purchase. Sponsored by Linda Vista Branch Library, Linda Vista Library Associates and Linda Vista Annandale Association.



Altadena Bob Lucas Memorial Library set to Reopen

The Bob Lucas Memorial Library, one of two libraries in the Altadena Library District, is set to have a grand reopening celebration, scheduled for Saturday, August 16 –the reopening comes after the library closed for over a year.

Both the Bob Lucas Memorial Library and the main Altadena Library survived the Eaton Fire. According to Altadena Library documents, the project doubles the square footage of the original Bob Lucas Memorial Library and adds an Adult Literacy Center, a dedicated children’s area, and an



outdoor reading garden. Beginning in April 2024, the Library went through a major renovation and expansion. The project was made possible by the support of Altadena residents who passed Measure Z in 2020. “The \$4.5 million investment will ensure that this community branch library continues to educate, connect, and inspire future generations of Altadena,” officials said at the time. The library was named after Robert “Bob” Lucas a journalist, photographer, and writer. Lucas served as President of the Board of Trustee at the Altadena Library District.

The library is located 2659 Lincoln Ave. For more information, including, times and festivities on August 16 visit: altadenalibrary.org.

Brookside Park Stormwater Capture Project Survey



The City of Pasadena officials announced Wenesday that they are inviting the community to help shape the Brookside Park Stormwater Capture Project, which is designed to address critical water quality challenges while enhancing Parking Lot I at Brookside Park. Pasadena residents are encouraged to share their input by completing a community survey by Friday, August 1, to inform the design of above-ground improvements for the project.

The Brookside Park Stormwater Capture Project will improve water quality in the Arroyo Seco and Los Angeles River while increasing water supply by recharging Pasadena’s Raymond Basin. The project, located just south of the Rose Bowl in Lot I, adjacent to Brookside Park, will integrate both underground green infrastructure and above-ground improvements to improve stormwater and urban runoff.

This comprehensive system will divert flows from the historic Seco Street Drain through a series of below ground treatment components, including a pre-treatment unit, before reaching an 11-acre-foot subsurface infiltration gallery. Above ground nature-based solutions, including bioretention cells, shade trees,

and vegetated bioswales, will improve surface runoff pollution. Collectively, this project aims to capture, treat, and infiltrate stormwater and dry weather runoff from over 1,100 acres of the city, returning a portion of treated water to the Arroyo Seco Channel, to maintain ecosystem health and address water quality improvement goals.

The project site also offers the opportunity to improve and enhance Parking Lot I at Brookside Park. Various above-ground improvements will be considered and refined through input from the community, key stakeholders, park users, and the City during the collaborative design process.

The Department of Public Works is leading this design with funding from the Los Angeles County Safe, Clean Water Program (SCWP) Measure W regional grant program. The SCWP provides local, dedicated funding to increase local water supply, improve water quality, and protect public health. A feasibility study to develop the original concept was funded by the City’s Measure W Local Returns.

Residents interested in providing input can complete the survey at bit.ly/BrooksideParkProject or bit.ly/BrooksideParkSurvey.

Summer Master’s Series at the Senior Center

Masters Series favorite and KUSC Classical radio host Alan Chapman will share his encyclopedic knowledge of music with multimedia presentations during the six week-long ‘Alan Chapman Live’ summer Master’s Series, beginning on Thursday, July 17 and running consecutive Thursdays through August 21 at 2 p.m. to 4 p.m. onsite at the Pasadena Senior Center. Now in his 41st year as a valued contributor to the Center’s Masters Series, Chapman will kick off this year’s series with a brand-new installment of his Musical Alphabet, a potpourri of musical topics. Along the way, he’ll explore 19th-century concertos — with a special spotlight on Beethoven — and he’ll take you on musical journeys to France and Spain as well.

To attend all six lectures, tuition is \$90 for members and \$108 for non-members. Individual lecture tickets may be purchased for \$18 for members and \$20 for non-members. The lectures are in-person and will not be recorded. Reservations are suggestions and tickets will be available at the door. The six-week Masters Series features:

July 17: Musical Alphabet – Episode 11
July 24: The Concerto (Part Two)
July 31: A Few Frenchmen
August 7: A Few More Frenchmen (and Frenchwomen)
August 14: Musical Alphabet – Episode 12
August 21: Some Spaniards
To learn more visit: pasadenaseniorcenter.org or call 626-795-4331.

City of Pasadena Announces New Assistant City Manager

City Manager Miguel Márquez announced Wednesday the appointment of Matt Hawkesworth as the Pasadena’s new Assistant City Manager, effective July 14.

According to Márquez Hawkesworth brings nearly three decades of experience in municipal finance, operations, and executive leadership. Since 2015, he has served as Pasadena’s Director of Finance, where he provided steady fiscal oversight and led key initiatives such as ERP modernization, pension stabilization, Measure I ballot measure community engagement, and strategic long-term planning. He has been serving as Acting Assistant City Manager since February 2024.

Hawkesworth’s extensive career includes senior leadership roles in the cities of Rosemead, Claremont, and El Monte. Throughout his career, he has overseen finance, human resources, public works, technology, and risk management operations. He played a crucial role in responding to the recent wildfire emergency as a key leader of the City’s Emergency Operations Center.

“It’s an honor to serve the City of Pasadena in this new role,” said Hawkesworth. “I’m proud to work alongside dedicated public servants across all departments who are committed to responsible governance, operational excellence, and delivering high-quality services to the community.”

Hawkesworth earned his Bachelor of Arts in Social Science (Economics and Political Science) from the University of La Verne. He has completed advanced training through the Government Finance Officers Association,



the California Society of Municipal Finance Officers, and the Claremont Leadership Academy.

In addition to his professional accomplishments, Hawkesworth has been a mentor and leader in various civic and professional organizations, including the League of California Cities and Municipal Management Association of Southern California.

“Matt Hawkesworth is an exceptional public servant and brings a depth of knowledge, leadership, and dedication that is invaluable to our executive team,” said City Manager Miguel Márquez. “His integrity, professionalism, and vision will help lead Pasadena into its next chapter.”

In his free time, Matt enjoys spending time with his wife and two adult daughters, cycling, running a charity that refurbishes bicycles for low-income families and attending college football games.

Hawkesworth will continue to oversee the Finance Department until a new appointment is made. The City of Pasadena congratulates Matt Hawkesworth on his new role and looks forward to his continued leadership and service.

Pasadena Bridge Party Official Art Auction is Live

Pasadena Heritage has a tradition of commissioning and showcasing extraordinary artwork for each Bridge Party. For this year’s official artwork, Kristopher Doe’s “First Light” has been selected to represent what Pasadenans love most about their iconic bridge.

Pasadena Heritage Bridge Party is set for July 19 from 6 p.m. to 11 p.m.

Doe is a Pasadena native with fond childhood memories navigating “Booty Slide” under the bridge in his dungarees. He is a prolific master artist and teaches college level drawing,

painting and art appreciation classes, and he has exhibited his paintings throughout California and beyond. Doe’s work has been featured in top galleries such as the Sullivan Goss Gallery in Santa Barbara, the Santa Paula Arts Center, and the San Luis Obispo Art Center.

To learn more about the official artwork of the 2025 Pasadena Heritage Bridge Party, and to take a shot at owning a piece of Bridge Party history yourself, learn more and participate in the Bridge Party Auction live at: pasadenaheritage.org/bridgeparty.

Leonora Moss

9 Kersting Court, Sierra Madre, CA 91024
626-355-1180 www.leonoramoss.com

Celebrate the
Red White and
Blooms

(626) 794-3383
Fax (626) 794-3395

Muccio's Nurseries

INCORPORATED
www.nucciosnurseries.com

Growers of Rare
Camellias and Azaleas
Since 1935

3555 CHANEY TRAIL
ALTADENA, CALIFORNIA 91001

HOURS: 8:00 A.M. - 4:30 P.M.
(Closed Early on Rainy Days)

CLOSED WEDNESDAY & THURSDAY (ALL YEAR)
CLOSED SUNDAYS - JUNE THROUGH DECEMBER

Need to get out of the house?
Come and see us. We're Still Open!

Sierra Madre
Woman's Club

550 W. Sierra Madre Blvd., Sierra Madre, 91024

RENT Our
1914 Essick House

Contact Anita
Event Rentals Coordinator
essickhouserentalmanager@gmail.com
626-708-2223
SierraMadreWomasClub.org

SierraMadreWomansClub

Wistaria Shop Closes 6/1 - Thurs 9/4

PASADENA CITY COLLEGE TO HOST 2025 CHINESE FLORAL ARTS SYMPOSIUM AND CULTURAL EXHIBITION

A Celebration of Heritage, Artistry, and Cross-Cultural Education

The Chinese Floral Arts Foundation–USA Charter, in partnership with Pasadena City College (PCC), the Pasadena City College Foundation, and community sponsor the Chinese American Museum, proudly announces the 2025 Chinese Floral Arts Symposium and Cultural Exhibition. This vibrant celebration of traditional Chinese aesthetics, floral artistry, and cultural learning will take place at PCC’s V Building from July 9 through July 26, 2025.

At the heart of the event is the Traditional Chinese Floral Arts Exhibition, led by Dr. Li, Li-shu, a revered master of Chinese floral arts from Taiwan. She will be joined by three of her senior disciples, who will present original works that reflect centuries-old philosophies and artistic traditions.

Public viewing of the exhibition will be open July 25–26, with a VIP Reception held on Thursday, July 24 at 5:00 PM, welcoming dignitaries, artists, and community leaders.

Symposium Highlights

Hands-On Culture – Be a Scholar for a Day
Wednesday, July 9 | 12:00 PM–3:00 PM | PCC Campus
This immersive program invites PCC students to explore the Four Daily Rituals of the Song Dynasty Literati—floral arranging, calligraphy, tea ceremony, and incense appreciation. These practices served not only as creative expression but also as a way of connecting deeply with nature. Participants will rotate through 30-minute sessions to experience each art form.
Launched originally at The Huntington Library’s Chinese Garden in 2008 and adopted for the San Marino Unified School District’s fourth-grade curriculum for over 13 years, this award-winning initiative has become an integral model for cross-cultural engagement through arts education.

Floral Arts Workshops & Excursions
In addition to on-campus events, hands-on floral design workshops will be held in San Marino. Participants will also enjoy a curated excursion to the Huntington Library’s Chinese Garden, offering deeper insight into Chinese aesthetics and philosophy.

“This program bridges centuries of heritage with today’s students in an inspiring and interactive way,” said Vivian Chan, EVP/Curator of the Chinese Floral Arts Foundation–USA Charter. “We’re honored to be hosted by PCC and to engage our community in meaningful cultural learning.”

Cultural Programming at the PCC Galleries
“Thanks to a Community Excellence Grant from the PCC Foundation, this marks our second year keeping the college galleries open during summer to expand public access to cultural exhibitions,” said Jeff Cain, Director of PCC Galleries and Assistant Professor in Visual Arts and Media Studies. “This summer, we’re thrilled to host three dynamic exhibitions: Haitian Revolution: Art of the Haitian Global South, the Chinese Floral Arts Symposium and Exhibition, and a solo photography show by Aydinaneth Ortiz as part of our regional Latinx arts focus.”

Support from the PCC Foundation
“The Community Excellence Grants program was created to support initiatives like this that deeply enrich both our student body and the broader community,” said Kris McPeak, Director of Programs and Alumni Engagement at the PCC Foundation. “Thanks to a transformational gift from philanthropist MacKenzie Scott in 2021, we’re proud to sustain cultural programs that foster equity, diversity, and creative learning.”

About the Chinese Floral Arts Foundation–USA Charter
“We are passionate about a long lost arts”
The Chinese Floral Arts Foundation–USA Charter is dedicated to preserving and promoting traditional Chinese floral arts through education, exhibitions, and community engagement. Bridging ancient wisdom with contemporary relevance, the foundation fosters a lifelong appreciation for art, nature, and cross-cultural understanding.
www.chinesefloralarts.org

A MOUNTAIN VIEWS NEWS EXCLUSIVE*:

“CAMINO DE SANTIAGO-MY JOURNEY MY WAY IN 29 DAYS
April 17-May 15, 2025”



by: Lorie Veiner-Clause
PART 2: “PILGRIM PASSPORT”

How do I get started to become a Pilgrim?
Before my Camino officially starts, there are several things I will need including a Pilgrim Passport. It’s a required document that authenticates the pilgrim’s progress. I have my American Passport so what is a Pilgrim Passport?

After several questions and researching this subject, I received the answers. The American Pilgrims on the Camino has a website. I applied for the pilgrim passport which arrived in the mail. My excitement and enthusiasm grew.

My name was printed on the inside. Very official. Excited but questions remained regarding the passport. Ink stamps and handwritten dates are acquired daily in the pilgrim passport along ‘The Way’ on the Camino. The foreign concept of this document added additional questions.

Where do I receive these stamps? Why do I need this? What’s the purpose of this pilgrim passport mystery? It appears to be a scavenger hunt. A Camino game with a real purpose.

Ink stamps are received from various places you stay at. Albergue’s. Municipals. Donavitos. Ink stamps are ready when you check in. Cafes, churches, and museums also offer stamps.

The requirements to receive the coveted Compostela in Santiago are as follows.

The start of the French Camino Saint-Jean-Pied-de-Port to Sarria is a minimum of 1 stamp per day. More stamps are available for ink art in your pilgrim passport if you wish to add additional ones.
Upon arriving in Sarria, which is 100 km from Santiago, a minimum of 2 stamps are required per day.
Upon arrival in Santiago, the pilgrim passport is presented to an official at the Pilgrim’s office where the official Compostela is presented to the pilgrim.

I carried both my American Passport and Pilgrim Passport in the same Ziplock secure baggie in my document pouch. Realizing both documents are very important and need the love of security and safety.

I received the first stamp at the Albergue I resided in at Saint-Jean-Pied-de-Port.
My pilgrim passport was requested.
I proudly presented it to the local French man with the welcoming, warm smile at his Albergue.
My naked passport received its first large art ink stamp. Beilari and a handwritten date. This was the first of many stamps.
The curiosity and purpose of my journey was beginning. Did I just officially start my Camino?

Buen Camino

#Loriescaminojourney #caminodesantiago #camino2025 #camino #caminofrances #caminodesantiagofrances #camino-pilgrim #caminoespiritual #americanpilgrims #caminodesantiagoallroutes #caminasabuddysystemforwomenonthecamino #americanpilgrimonthecamino #pilgrimsofsantiago #womenonthecamino #lamarathon #parismarathon #parismarathon2025 #pasadenapacers #AzusaPacers #whittierpacers #sierramadre #sierramadrecommunity #sierramadrecalif #sierramadrestrong #ilovesierramadre

*This is the second of a series by Sierra Madre resident Lorie-Veiner-Clause’s incredibly courageous journey. Follow her recollections of ‘Camino’ each week.. By the way, if you aren’t familiar with the Camino Santiago, you will be!

S. Henderson, Publisher/Editor

REPORT WILDLIFE ACTIVITY

Help us track wildlife in your area.

Call 9-1-1

- Animal inside a home or structure
- You feel unsafe

Call (626) 355-1414

- Animal was in structure but is now gone
- Wildlife keeps returning
- Illegal feeding of wildlife

Report All Sightings:

wildlife.ca.gov/wir – State tracking

wildlife@cityofsierramadre.com – City tracking

Your reports help keep our community safe.

CABRERA'S

MEXICAN • CUISINE

SINCE 1985

Visit Our 3 Locations!

625 E. LIVE OAK AVE
ARCADIA, CA 91006
626.445.5327

655 N. LAKE AVE
PASADENA, CA 91101
626.795.0230

1836 E HUNTINGTON DR.
DUARTE, CA 91010
626.359.3614

www.cabreras.com

CREATIVE ARTS GROUP

PLANT SALE!

For a limited time come by our gallery to purchase a ceramic planter. These were made by our students and lovingly filled with succulents by our volunteers. Planters start at only \$10 and each one is unique! They make lovely gifts!

AVAILABLE FOR PURCHASE IN THE GALLERY!

ON VIEW IN THE GALLERY

DILMIT SINGH

LIGHT AND LITERATURE

An exhibition of oil and watercolor paintings

SIERRA MADRE ART WALK

CREATIVE ARTS GROUP

108 N. Baldwin Ave.

creativeartsgroup.org

Open M-F 10-5 and Saturday 10-2

PWP ANNOUNCES WINNERS OF ACADEMIC SCHOLARSHIP



Luciana Piro



Alyssa Yepez

Pasadena Water and Power (PWP) announced Wednesday the winners of the 2025 PWP Educational Scholarship: Luciana Piro of Polytechnic School, and Alyssa Yepez of Pasadena High School.

Each year, PWP awards an academic scholarship to two high school seniors from Pasadena. First place receives \$5,000, and second place receives \$2,500. The program is open to high school seniors residing in PWP's service area who plan to enroll as full-time students at an accredited, post-secondary institution in the following academic year. As part of the application process, students submitted a video responding to this year's prompt about how their passion and pursuit of a STEM-related field contribute to the utility industry, public sector, or sustainability initiatives, and how the scholarship would support future career goals.

Luciana Piro is the PWP Educational Scholarship first-place winner. Having experienced severe food allergies as a child, Luciana was inspired to pursue biological physics as a career and is passionate about the impact of drug treatment development on the environment and global access to healthcare. Luciana plans to study biology at Barnard College.

Alyssa Yepez is the PWP Educational Scholarship second-place winner. Alyssa developed a passion for structural engineering that was reinforced by her experience during the Eaton Fire, which deepened her resolve to create stronger, more resilient infrastructure that can withstand disasters and protect communities while minimizing environmental harm. She plans to attend the University of California Los Angeles (UCLA) in the fall majoring in civil engineering.

Next year's scholarship program will open in August 2025 and will conclude in March 2026. For more information about the annual scholarship program, visit PWPweb.com/Scholarship.



CASA DEL REY – SIERRA MADRE

31 N BALDWIN AVE
SIERRA MADRE, CA 91024
(626)355-6060

WWW.CASADELREYRESTAURANT.COM



SCHOOL DIRECTORY

Alverno Heights Academy
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org
Arcadia Christian School
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acslions.com
Principal: Cindy Harmon
website: www.acslions.com

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net
Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Assumption of the Blessed Virgin Mary School
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
<https://school.abvmpasadena.org/>

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org
La Salle College Preparatory
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Ernest Siy

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal: Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Dr. Eric Barba
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Jon McMaster (626) 355-6114
mcmaster@st-ritaschool.org
Website: www.st-ritaschool.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us

Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000
Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000
Website: www.duarte.k12.ca.us

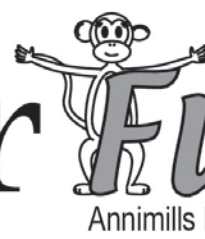
Catch breaking news at:
mtnviewsnews.com

Camping in your backyard? I'm off...



Newspaper Fun!

www.readingclubfun.com



Annimills LLC © 2025 V26

... to find a flashlight and comic books.



Kids: color stuff in!



Are you thinking about camping this summer? Many families will go to their local campgrounds and parks. Some campgrounds are in the woods like the famous Smoky Mountains and some are on flatter parcels of land oceanside. Lots of families will build a "tent" to camp in their own home or will put up a tent in their backyard at some point this year. Whatever you choose, have fun!



...and so the ghosts of the trees climbed...

Let's Camp

Camping Fun In Your Yard

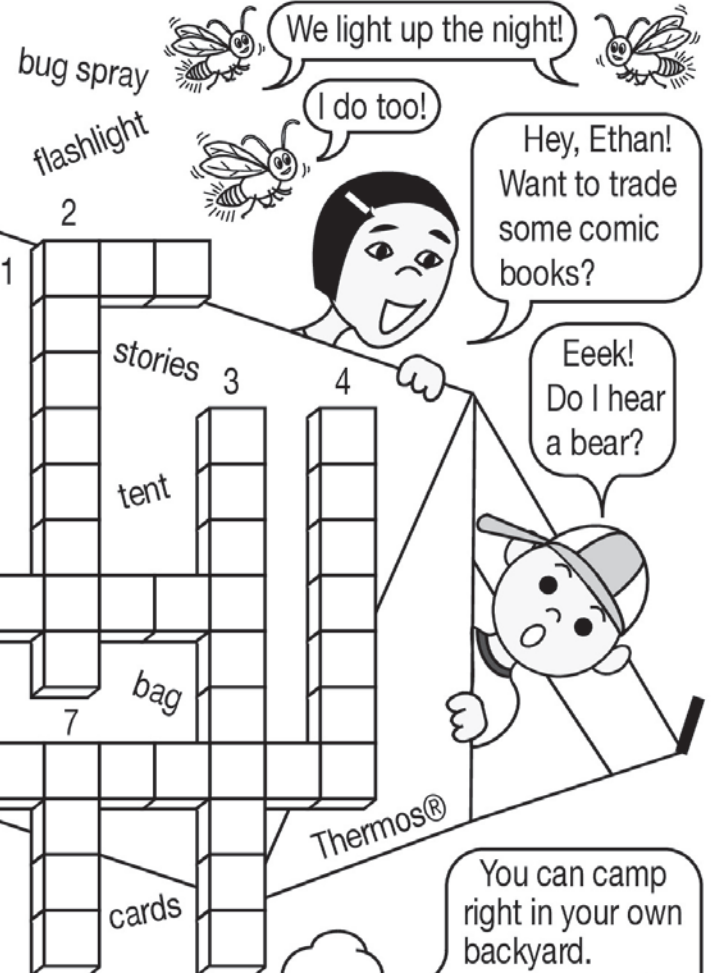
Fill in the crossword with things to bring or do for camping in your own backyard.

1. a comfy sleeping _____
2. keep from itching with this _____
3. helps you see in the dark _____
4. keeps soup warm for later _____
5. playing _____ for fun!
6. scary ghost _____ at night
7. set up a _____ for shelter

Camping Fun Inside Your Home

Fill in the puzzle with fun things to do or bring when camping indoors!

1. comfy item to rest head on
2. build a _____ fort
3. perfect drink for a hot summer night
4. _____ to watch when it gets dark
5. share _____ books
6. healthy, fun treat
7. your favorite _____ game to play with your friends



We light up the night!

I do too!

Hey, Ethan! Want to trade some comic books?

Eek! Do I hear a bear?

You can camp right in your own backyard. Find a sleeping bag, pitch a tent, plan activities and have a blast!

I love camping!

Campfire Math...Yum!





STARS, STRIPES, AND A SIDE OF MUSTARD

Let’s talk hot dogs. Yep—America’s most misunderstood meat missile. The Fourth of July isn’t just about fireworks and awkward family group photos—it’s about food that can be grilled in under 10 minutes and eaten in under two.

While hamburgers tend to hog the backyard spotlight, the humble hot dog still holds a firm grip on our collective stomachs. Every year, Americans eat an estimated 150 million hot dogs on the 4th of July alone. That’s enough to stretch from South El Molino to the moon and back. (Okay, not really—but it feels like it.)

That brings me to The Stand, located right here on South El Molino in Pasadena. A modern take on your classic burger-and-dog joint, they offer gourmet-ish comfort food that winks at nostalgia without being stuck in it.

This week, I did the patriotic thing and ordered The Hot Dog, The Stand Burger, and their Chicken Sandwich—all in one sitting(Shared). It was my own kind of taste test—call it a “Stars & Stripes Sampler.”

Here’s how it stacked up:

Gold Medal: The Chicken Sandwich

Crispy outside, tender inside, with just the right sauce ratio. I don’t say this lightly—it’s a standout. I’d come back just for this.

Silver Medal: The Stand Burger

Solid. A touch more seasoning and it might’ve grabbed gold. Still, it’s got that backyard BBQ soul we crave.

Bronze Medal: The Hot Dog

Decent snap, but missing that smoky “wow.” Let’s just say if it were a firework, it’d be more sparkler than skyrocket.

If you’re doing your own hot dog crawl this weekend, Dog Haus (various locations) always plays the hits, and Twohey’s in South Pasadena still carries the torch for classic dogs with a retro twist.

Not a fan of the new Dodger Dog? You’re not alone. But if you’re on a budget, the combo at AMPM for under \$5 isn’t the worst play—you’ll still walk away with a dog in hand and change in your pocket.

And for you sports fans?

Check out The Boat in San Gabriel. Order their hot dog smothered in that secret chili—it’s rich, messy, and totally worth the napkin pile. Now that’s a touchdown.

IN SUMMARY:

If you’re going to The Stand, skip the dog and go straight for the chicken sandwich. If you’re catching the game or lighting up the grill this weekend, give the hot dog its due. After all, it’s been carrying America since long before sliders and sushi burritos showed up on the menu.

Your favorite places for a Hot Dog ? email me thechefknows@yahoo.com please listen to my podcast streaming on itunes & Spotify



INGREDIENTS

1 lb. ground beef
1 large egg
1/2 c. crumbled feta cheese
1/3 c. panko
1/4 c. finely diced onion
3 garlic cloves, minced
1 1/2 tsp. dried oregano
1 tsp. ground cumin
2 tsp. kosher salt
1/2 tsp. black pepper
4 Tbsp. salted butter
24 oz. fresh zucchini noodles
Grated zest and juice of 1 lemon

DIRECTIONS

1 Preheat the oven to 400° and line a baking sheet with parchment paper. Combine the beef, egg, feta, panko, onion, garlic, 1 teaspoon oregano, the cumin, 1½ teaspoons salt and the pepper in a large bowl. Mix with your hands until evenly combined.

2 Shape the mixture into 16 small meatballs (about 2 tablespoons each) and arrange on the baking sheet.

3 Bake the meatballs until cooked through, about 15 minutes.

4 Meanwhile, melt the butter in a large deep skillet over medium heat. Once melted, remove from the heat and add the zucchini noodles, lemon zest and juice and remaining ½ teaspoon each oregano and salt. Toss well. Serve the meatballs with the zucchini noodles.



Elevate your celebrations with unforgettable moments and exquisite flavors! Whether it’s an intimate gathering or grand event, we bring your vision to life.

For more information contact Vic (626) 372-2681

Don’t forget to follow us on

IG @corfucateringla or FB @corfucatering

ALL THINGS

By Jeff Brown

21ST CENTURY HAS SEEN TREE COVER EXPAND IN 60% OF AMERICAN COUNTIES

In a creative use of big data, a survey has found that of the 3,119 US counties, 1,836 experienced growth and expansion of tree cover, with a high concentration among prairie and Mid-West areas.

Additionally, among counties that had thinning forests, the mean tree loss was lower than the mean increase among counties that saw expanding forests; in other words, when measured by county, the US has seen net forest growth over the last 2 decades. Tree cover in human civilization performs several functions. Woods, however small, have the effect of increasing biodiversity in the area, of retaining soil and preventing erosion and runoff into waterways, shading and reducing average air temperatures, offering the obvious recreation opportunities, and helping to calm people.

Lawn Starter published an analysis of tree cover data county by county which found that increases in tree cover weren’t limited to rural areas. For example, Lea County, New Mexico, is one of the 25 largest counties in the Lower 48 by land area, and it experienced a 1,600% increase in forest canopy—the highest registered in the analysis.

However 14 of the 25 most populated US counties also gained tree cover, including Kings County, New York, Broward County, Florida, and Wayne County, Michigan—home to Brooklyn, Fort Lauderdale, and Detroit, respectively.

Both Palm Beach County and Miami-Dade County also gained canopy—and significant amounts of it. The counties containing prairie urban centers like Boise, Omaha, Lincoln, and Wichita all gained forest cover. Denver, Indianapolis, Seattle, Columbus, Philadelphia, and Nashville also gained some forest cover.

The analysis was conducted between 2000 and 2020, and found a mean increase of 8.15% across all counties that gained forest cover. That’s a major positive for living in a changing climate, since reforestation gains throughout the 20th century have insulated the south-eastern region of the United States from increases in average temperatures seen in other regions.



FREE ASSISTED LIVING PLACEMENT SERVICE

Discover the perfect assisted living community with Safe Path for Seniors. Our compassionate advisors specialize in assisting individuals with unique needs. Benefit from our extensive network and affordable options. Plus, we offer personalized tours to help you explore each community firsthand. Call (626) 999-6913 or visit www.safepathforseniors.com for free assistance.



CHOOSING THE RIGHT CARE FACILITY:

Small Board and Care Homes vs Large Assisted Living Communities

When selecting a living arrangement for seniors, families often weigh the benefits and drawbacks of small board and care homes against larger assisted living communities. Here, we break down the pros and cons of each to help you make an informed decision.

Small Board and Care Homes

Small board and care homes offer personalized care with a higher staff-to-resident ratio, ensuring that residents receive more individualized attention. These homes provide a homelike environment, offering an intimate and comforting atmosphere that closely resembles a family home. With fewer caregivers, residents can form stronger, more personal relationships, and these homes can more easily accommodate specific needs and preferences. However, the limited number of residents can result in fewer social interactions and organized activities. Small board and care homes typically lack extensive facilities like fitness centers and game rooms and often have less access to specialized medical care and equipment.

Larger Assisted Living Communities

Larger assisted living communities offer a wide range of activities, providing various social, recreational, and educational options to keep residents engaged. These communities come with extensive amenities, including fitness centers, libraries, and game rooms. They also provide more comprehensive care options, such as memory care and physical therapy, and with more residents, there are increased opportunities for social interaction and forming friendships.

On the downside, the higher number of residents can lead to less individualized attention from staff. Larger facilities can sometimes feel more like an institution and less like a home. Additionally, higher staff turnover and more shift changes can result in inconsistencies in care.

Key Considerations

When making a decision, it's important to evaluate the level of care required, especially for specialized medical needs, and compare expenses to determine what fits your financial situation. Proximity to family and friends can be crucial for maintaining personal connections. Consider whether the individual is more comfortable in a larger group setting or a smaller, more intimate environment. Touring both types of facilities can provide valuable insights and help make a well-informed decision.

Ultimately, choosing between a small board and care home and a larger assisted living community depends on the specific needs, preferences, and priorities of the individual requiring care. By carefully considering the pros and cons of each option, families can ensure their loved ones receive the best possible care in a setting that feels like home.

Courtesy of Safe Path for Seniors LLC / (626) 999-6913 / <https://www.safepathforseniors.com>

BEWARE OF THE MEDICARE ADVANTAGE TRAP

Dear Savvy Senior,
I will be enrolling in Medicare in a few months and would like to know if I initially enroll in a Medicare Advantage plan, am I able to switch back to original Medicare and get a supplemental (Medigap) policy and prescription drug plan later with without paying a fine? Almost 65



Dear Almost,

You won't be subject to any fines for switching Medicare plans, but you will be subject to medical underwriting for the supplemental (Medigap) policy. That means the private insurance companies that offer these plans can deny you coverage or charge you a lot more for preexisting conditions. This is known as the Medicare Advantage trap. Here's what you should know.

Understanding MA Plans

Medicare Advantage plans (also known as Medicare Part C) are government approved health plans sold by private insurance companies that you can choose in place of original Medicare. The vast majority of Advantage plans are managed-care policies such as HMOs or PPOs that require you to get your care within a network of doctors.

If you join an Advantage plan, the plan will provide all your Part A (hospital insurance) and Part B (medical insurance) coverage like original Medicare does. But many Advantage plans also offer extra health perks like dental, hearing and vision coverage along with gym/fitness memberships, and most plans include prescription drug coverage too.

Medicare Advantage plans are also cheaper than if you got original Medicare, plus a separate Part D drug plan and a Medigap policy. This can be very attractive to new enrollees who are relatively healthy and don't require much medical care.

But the benefits and networks of Advantage plans can change from year to year. And if you get care outside the networks, you'll usually pay more – sometimes a lot more. Advantage plans are also criticized for pre-authorization requirements which can delay or deny patient access to medical care.

The rap on Medicare Advantage has always been that they're great when you're healthy and don't require much health care, but depending on the plan, may not be so great if you get sick.

With original Medicare, benefits remain the same and you can use any provider that accepts Medicare (most doctor's do). But original Medicare has coverage gaps (deductibles, coinsurance and copayments) that can be very expensive, which is why you'll need a supplemental (Medigap) plan offered by a private insurer.

If you opt for original Medicare when you're first eligible, insurers are required to issue you a Medigap policy and can't charge you more based on your health status. In most states, Medigap plans are automatically available only in the first six months after an enrollee becomes eligible for Medicare.

But if you enroll in a Medicare Advantage plan when you're first eligible, you'll miss the Medigap enrollment window, which means an insurer can refuse to write you a Medigap policy or charge you a lot more for signing up later. And in case you're wondering, you can't buy a Medigap policy while you're in a Medicare Advantage plan.

There are, however, four states — Connecticut, Massachusetts, Maine and New York — that prohibit insurers from denying a Medigap policy to eligible applicants, including people with pre-existing conditions.

For more information on how Medigap works visit Medicare.gov/health-drug-plans/medigap.

Send your questions or comments to questions@savvysenior.org, or to Savvy Senior, P.O. Box 5443, Norman, OK 73070.



You Deserve an Agent Who Will Do More *Than Just Sell* Your Home

Learn why sellers say that working with me was the difference between success and stress!

 **SUE COOK**
COMPASS
DRE#02015404

If you're thinking of making a move next year give me a call!

626.253.1323
suecookrealtor@gmail.com

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...JULY Birthdays*



Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Betty Hansen, Melinda Rogers , Christine Durfort, Shahrzad Azrani, Jeanne Borgedahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, and Betty Dos Remedios, Bonnie Diener, Jan Greteman, Linda Heller
* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



YWCA

Senior Lunch and Food Services




Mondays - Thursdays

The Hart Park House Senior Center
222 W. Sierra Madre Blvd., Sierra Madre, CA 91024.

11:30am (Participants are encouraged to arrive by 11:15am)

Seniors 60 Years of Age and Up
A suggested donation of **\$3.00** for seniors 60 and over.
\$5.00 for non-senior guest.
Daily reservations are not required.



More Info:  <https://www.sierramadrecal.org>  **626-355-5278**



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
THE OLDER I GET THE YOUNGER I FEEL

I like celebrating anything and everything. After all, who doesn't like party time? Thinking along this line it occurred to me this month I will be celebrating my birthday. I pondered this for a while and was trying to figure out which birthday I should celebrate.

After all, if it's my birthday, I should be the one to choose which birthday to celebrate. I'm thinking, for example, that this year I'll celebrate my 16th birthday.

On my 16th birthday, I was not in a state to really celebrate it to its fullest. My only concern at that time was I'm old enough to get my driver's license. That's the only thing I was even thinking about. Looking back on that day, I lost a lot of celebration.

So, this year, I might just celebrate my 16th birthday.

Then I think of my 21st birthday. I didn't do very much to celebrate that birthday then. I was just so excited to become an official adult that nothing else really mattered. I didn't have to get my parents' permission to do anything. Oh boy, that was a great day in my life. I didn't celebrate it to the fullest extent. I was too excited to become an adult, so I didn't do much celebrating.

I'm still in a quandary as to which birthday I should be celebrating this year.

The other morning, I was shaving in the bathroom. As I looked in the mirror, I gasped. Is that my grandfather in the mirror? Or, have I become my grandfather? Up to this time, I didn't realize how old I really was.

The other day I was in the shopping mall with The Gracious Mistress of the Parsonage. When we were there, she would usually go one way, and I would go to the coffee shop to get coffee.

As I was walking to the coffee shop, a bunch of young boys looked at me and started laughing. Finally, one of them said, "Hey, grandpa. Where's your cane?" And then, in hysterical laughter, they ran away from me.

They can be very thankful I didn't have a cane at that time or I would have put it to good use, if you get my drift.

Being a little agitated, I walked, got my coffee and then sat down to drink it. As I was drinking it, I began to realize that at one time in my life, I was like those kids who were making fun of me. I thought my grandfather was just an old geezer. I never knew how he had become so old, but at the time, I wasn't asking him any questions.

A few years ago, I retired, which sent me off on a new direction in life. Certainly I continue much of my ministries but I don't have a schedule to follow. I can do whatever I want, whenever I want, for as long as I want.

The only catch to that was The Gracious Mistress of the Parsonage. She never lets me get away with anything that's rather stupid or crazy. The fact that I'm not that crazy today is a tribute to her oversight. If it wasn't for her I would be the craziest person in town.

Thinking about that, what would be wrong with that?

Several years ago we celebrated our birthdays at a restaurant. Our birthdays are two days apart and also two years apart. I won't go any further than that.

When the waitress approached our table, The Gracious Mistress of the Parsonage mentioned we were celebrating our birthdays.

The waitress, trying to be funny, looked at me and said, "So, what does it feel like to be older?"

I smiled at her. Then, I reached across the table and gently squeezed my wife's arm. I looked at the waitress and said, "It feels rather good."

Both the waitress and I were laughing, but the other person at the table was not laughing at all. It concerned me a little because I wouldn't know what was going to happen until we got home.

Being old has many advantages. I may stumble around and get confused, and people will say, "That's okay. He's just old."

Maybe this year for my birthday I should celebrate the fact that I've lived this long. Both of my grandfathers died when they were 70. This month I will turn 74. So, I've outlived my grandparents. My father, however, lived to be 78. So, I've got four years ahead of me to catch up with my father.

The only thing that really concerns me about getting old is on top of my head. Every year a significant number of hairs retire and go on vacation never to be seen again. I have more hair today than I did when I was born, if that means anything.

Another thing is, the older I get the more my brown hair has been replaced with grey hair. Where do these grey hairs come from?

I then read a verse that gave me some comfort. "The hoary (grey) head is a crown of glory, if it be found in the way of righteousness" (Proverbs 16:31).

If this is true, and it is, my grey hair is my "crown of glory" I never thought of that way, but now I'm going to. The older I get the bigger my "crown of glory." I'm going to use it to the best of my personal advantage.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnsnyder51@gmail.com, website www.jamesnsnyderministries.com



CHRISTOPHER Nyerges
[Nyerges is an educator and the author of over two dozen books including "Urban Survival Guide," "Extreme Simplicity," "Foraging Californai," and other books. More information at www.SchoolofSelf-Reliance.com.]

PROFILE OF THE FIRE: MIGUEL GUTIERREZ AND FAMILY

For the last seven years, Miguel Gutierrez has lived with his wife and children on North Lincoln Avenue, just south of Altadena Drive. He's lived in this area for about 25 years. He is an educator at Cal State Dominguez Hills. He enjoyed his life with his family living close to the mountains, raising bees in the backyard, and growing fruits and vegetables in his yard. All this changed on January 7.



Miguel Gutierrez shows a fuerte avocado in his backyard, pre-Fire.

JANUARY 7
For him, the wind-drama began at 3 a.m. in the morning of January 7. He woke up to loud rumbling noises of the wind that was forecast and anticipated. "But it really got my attention," said Gutierrez, "since I have all these plants and bees, and I wanted to make sure nothing got knocked over." "We've had forecasts before," he adds, "but they were duds, we regarded those forecasts as calling wolf, but my wife told me this one was going to be a big deal, with 100 mile winds forecast." The day of the 7th was very stressful, and he was looking out the window all that day, thinking about the plants and trees. He didn't send his children to school that day, because of the high wind. They lost electricity early in the day, though once on a while, the electricity came back. "I was expecting just to ride out the storm," he explains, but around 6 p.m., after he learned that Eaton Canyon was on fire, "we got tense, and nervous." They had learned already that the Pallisades were on fire. "There was an incredible harsh howling wind, with the windows hissing, and I thought my Fuerte avocado tree would snap," he explained. However, he felt confident that there was no way a fire would move to his home on Lincoln. An hour later, Gutierrez could see the glow of the fire near Eaton Canyon just by looking out his window, and he was emotional when he considered that the Eaton Canyon Nature Center was burning. Gutierrez and his wife began discussing the possibility of evacuating, but Gutierrez still felt confident that this would not apply to them. In the short times he had phone use, he tried to find out details about the situation but found no new news. Gutierrez looked out his window about 3a.m., and noticed that the fire was now very close to his home, to the northeast. "I saw columns of smoke in the distance, which should be moving up but were going sideways because the wind was so intense. It took me a while to figure out that the city was already burning," he explains. They evacuated their home about 3 a.m. They brought some things for their children, and clothes. "We figured we'd only be gone for a day, and never did I consider as a possibility what actually happened," he explains. "I didn't want to expose the kids to the smoke, which was our main reason for leaving." As they drove down Lincoln Ave., there was no smell of smoke, and no smoke near their house. But by the time they got south to Woodbury and Lincoln, there was thick smoke that smelled bad and the wind was whipping things up, with smoke everywhere down by Muir High School. "We just kept driving to get away from the smoke, not really sure where we were going," he explained. They finally drove to Costa Mesa, and then went to Laguna Beach, went to the beach and had breakfast," explains an exasperated Gutierrez. From the beach, Gutierrez called a friend who lived near him on Lioncoln, who said "done deal." "What do you mean?" asked Gutierrez. The friend said that Altadena is a mess, raining fire and embers, with tons of places are on fire. Places all the way south to Super King were on fire. "That was my first shock I had, realizing that the fire got all the way down to Woodbury Road. When he said it was raining fire, and he said he passed on Lin-

coln, I asked him if my house was still standing. He said he didn't know, and I thought he was lying, but he said it was dark and couldn't see. And then we got other texts and calls who saw and heard lots of houses on fire," explained Gutierrez. "Shocking! A lot of houses on fire! Altadena was getting destroyed." Gutierrez told his wife that he was going to drive back to Altadena to check on the house. He dropped off the family at friends in Long Beach and drove to Altadena. "I felt I would never forgive myself If I didn't at least come back and try to do something." He envisioned that he'd go to the house, and assuming it was there, and he would hose his roof and the neighbors' roofs. He got to his house, and it was still there, even though there was smoke everywhere and open flames where other houses were burning. "I saw houses completely destroyed, some were all done burning, and I saw zero fire fighters, which added to the disturbing image. If I think of an urban fire, and a house on fire, that image needs to have fire fighters battling fire. But we had not two or three houses burning, but dozens, and it was almost serene, burning, and no firefighters within sight." At his house, Gutierrez found that there was no water available, which was another shock to him. And part of his backyard was on fire. "I just went on with checking the rest of house and maybe taking some things away with me," he explains. He adds grimly, "When I saw my house still standing, I didn't feel relief, or joy, because I knew good chunk of Altadena gone. Relief was not the feeling." While he was in the house, he looked around for things to take. He did take some things, mostly personal mementos to him and wife, but he realized in that moment that "I don't have much of value in this house. I have a lot of junk, only valuable to me. My family is what's valuable," he added. "After I left, it painfully struck me what had happened. I saw several houses in open flames in my backyard, but that was nothing compared to what happened to whole city. I had no idea so much of the city gone. South by Super King market, there were wires downed everywhere, a lot of houses still on fire, and dozens and dozens of people standing on streets looking at places burning. Presumably they were looking at their places in ashes. Whole blocks had vanished." "The view of Altadena reminded me of Hiroshima, with ash, fire, smoke, demolished buildings, standing chimneys, charred trees. It looked like a cemetery, not symbolically but literally." Miguel and family stayed at an Arbnb in Norwalk for a month, and for various reasons, they decided to temporarily move to Omaha, Nebraska, where his parents live. He's been back to California for work, and to take care of things I could take care of at house and wind damage, but feels it will be some time before they return for good. Gutierrez said the future for him and his family is uncertain. No one knows what the new Altadena will look like. He's concerned that the very diversity that attracted him to Altadena will be lost as lots are sold and new places are built.

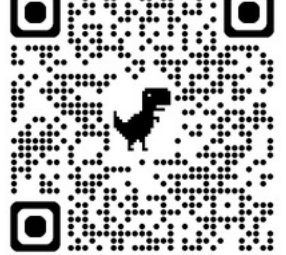
Katnip News!



Last week we featured baby Jack, one of 3 adorable siblings. This week is his brother, CINCO, named for his rescue on Cinco de Mayo. Cinco is very sweet, loving, and curious.

He is talented at hunting the toy mouse, sleeping belly up, and play-wrestling with his sibs. We prefer that you adopt 2 together or have another young kitten at home.

These cuties are a hoot, and will cheer anyone up! This age is also fine to be introduced to a nice doggie.



We take care of vaccines, spay & neuter, testing, micro-chips, and more!

Please go to our website to submit your application to meet them, <https://www.lifelineforpets.org/babies.html>. Hurry and don't miss out on their kitten cuteness! Born 4/1/25



Cinco

Pet of the Week

Meet Shrub, a one-year-old French Bulldog at Pasadena Humane with a big personality and a stout, little body. He's goofy, affectionate and loves greeting everyone with his signature wiggly enthusiasm.



He enjoys car rides, walks in the park, and sniffing everything in sight. He knows a few basic commands like "sit" and "stay," loves treats, and is as playful as he is energetic. Shrub would do best in a home with low foot traffic, no other pets, and older children.

He's a lively, loving pup who needs a little guidance, consistency, and someone who understands how to manage his excitement.

If you're ready to give Shrub the structure, fun, and affection he craves, he'll reward you with loyalty, laughter, and a whole lot of love. Come meet this strong, silly sweetheart and consider making Shrub your new bestie

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 10:00 – 5:00. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

GROOMING FOR DOGS AND CATS

SPA PACKAGES * MOBILE WASH

626-836-0701



**187 West Sierra Madre Blvd.
Sierra Madre, Ca. 91024**

BY APPOINTMENT ONLY

**Tuesday - Saturday
8:00 AM - 6:00 PM**



CASA DEL REY — SIERRA MADRE

**31 N BALDWIN AVE
SIERRA MADRE, CA 91024
(626)355-6060**

WWW.CASADELREYRESTAURANT.COM



Dogs & Heat



HOT TEMPERATURES CAN MAKE CONCRETE AND ASPHALT TOO HOT FOR YOUR DOG'S PAWS.

Asphalt and concrete temperatures can usually be 20-40 degrees hotter than the ambient temperature. If the back of your hand can't stand the heat on the concrete or asphalt for 7 seconds, it's too hot for a walk.

When it's above 90 degrees outside, bring dogs and cats indoors.



Pets in need

Some pet parents cannot afford the cost of vet care right now. You can help those pets! Visit us:

www.FreeAnimalDoctor.org



Sierra Madre based non-profit



LEGAL NOTICES

ness under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 21, 28, July 5, 12, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025121639
The following person(s) is (are) doing business as: RL CONSTRUCTIONS 4125 VANETTA PLACE STUDIO CITY, CA. 91604. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) VICTOR ALI WESTIN 4125 VANETTA PLACE STUDIO CITY, CA. 91604. This Business is conducted by: AN INDIVIDUAL. Signed: VICTOR ALI WESTIN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/16/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 21, 28, July 5, 12, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025117968
The following person(s) is (are) doing business as: SAGEBRUSH TECHNOLOGIES 20300 VAN OWEN STREET UNIT 18 WINNETKA, CA. 91306. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) SONNY DATTA 20300 VAN OWEN STREET UNIT 18 WINNETKA, CA. 91306; ADIT RANJAN DATTA 216-20 27TH AVENUE BAYSIDE, NY 11360. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: SONNY DATTA/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 06/10/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025117063
The following person(s) is (are) doing business as: HEALTH PRODUCTS NUTRILITE 14481 FILMORE ST PACOIMA, CA. 91331. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) RUTH LORENA GUTIERREZ 14481 FILMORE ST PACOIMA, CA. 91331; GUILLERMO GUTIERREZ REYES 14481 FILMORE ST PACOIMA, CA. 91331. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: RUTH LORENA GUTIERREZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 06/09/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118754
The following person(s) is (are) doing business as: LA 503 COMIDA Y ANTOITOS SALVADORENOS 12045 KESWICK ST APT 203 NORTH HOLLYWOOD, CA. 91605. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) GABRIELA YAMILETH AYALA DOMINGUEZ 12045 KESWICK ST APT 203 NORTH HOLLYWOOD, CA. 91605. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: GABRIELA YAMILETH AYALA DOMINGUEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 06/11/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025120639
The following person(s) is (are) doing business as: MADOS FARM 13654 VICTORY BLVD #551 VAN NUYS, CA. 91401; MADOS SERVICES 13654 VICTORY BLVD #551 VAN NUYS, CA. 91401. AKA: 2025671412. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) MADOS LLC 13654 VICTORY BLVD #551 VAN NUYS, CA. 91401. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MADOS LLC, ARUTYUN ESTKHYAN, MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 06/13/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025120860
The following person(s) is (are) doing business as: EL MOLCAJETE RESTAURANT BAR 8440 SUNLAND BLVD SUN VALLEY, CA. 91352. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) BANDIDA ENTERPRISES, INC. 23762 NEWHALL AVE NEWHALL, CA. 91321. This Business is conducted by: A CORPORATION. Signed: BANDIDA ENTERPRISES, INC. ELIDA BANDA, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 06/13/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025120947
The following person(s) is (are) doing business as: 80NE8 TOWING 26918 FLO LN. 427 CANYON COUNTRY, CA. 91351. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) CAFE TEHROON 26918 FLO LN. 427 CANYON COUNTRY, CA. 91351. This Business is conducted by: A CORPORATION. Signed: CAFE TEHROON, ARASH HOSSEINI, CEO. This statement was filed with the County Clerk of Los Angeles County on 06/13/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025114081
The following person(s) is (are) doing business as: BESPOKE BY ROJAS 9051 EAST FLORENCE AVE APT E DOWNEY, CA. 90240. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) VICTOR RONY ROJAS CHACLAN 9051 EAST FLORENCE AVE APT E DOWNEY, CA. 90240. This Business is conducted by: AN INDIVIDUAL. Signed: VICTOR RONY ROJAS CHACLAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/04/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/2019. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118593
The following person(s) is (are) doing business as: VALLEY AUTO COLLISION CENTERS, INC. 12030 SHERMAN WAY UNIT A NORTH HOLLYWOOD, CA. 90240. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) VALLEY AUTO COLLISION CENTERS, INC. 12030 SHERMAN WAY UNIT A NORTH HOLLYWOOD, CA. 91605. This Business is conducted by: A CORPORATION. Signed: VALLEY AUTO COLLISION CENTERS, INC. ARTUR PAHLEVANYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 06/11/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/2020. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118939
The following person(s) is (are) doing business as: JESH CONSTRUCTION 25555 NOVELA WAY VALENCIA, CA. 91355. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) JESH CONSTRUCTION 25555 NOVELA WAY VALENCIA, CA. 91355. This Business is conducted by: AN INDIVIDUAL. Signed: EDVIN HAGHVERDIAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/09/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118754
The following person(s) is (are) doing business as: 5 STAR SERVICES 6625 RESEDA BLVD UNIT 242 RESEDA, CA. 91335. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) DANILO JAVIER CALISPA 6625 RESEDA BLVD UNIT 242 RESEDA, CA. 91335. This Business is conducted by: AN INDIVIDUAL. Signed: JAVIER CALISPA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/12/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025120131
The following person(s) is (are) doing business as: MELTBERRY CUPS 6644 GLADE AVE APT 307 CANOGA PARK, CA. 91303. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) SUCCESSERIES LLC 6644 GLADE AVE APT 307 CANOGA PARK, CA. 91303. This Business is conducted by: AN LLC. Signed: SUCCESSERIES LLC, NAZ DELL, MANAGER. This statement was filed with the County Clerk of Los Angeles County on 06/12/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118063
The following person(s) is (are) doing business as: DESIGN & FURNITURE 11545 MOORPARK ST APT 207 STUDIO CITY, CA. 91602. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) HAYK GASPARYAN 11545 MOORPARK ST APT 207 STUDIO CITY, CA. 91602. This Business is conducted by: AN INDIVIDUAL. Signed: HAYK GASPARYAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/10/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025116869
The following person(s) is (are) doing business as: DHZ GROUP INC. 23221 WELBY WAY WEST HILLS, CA. 91307. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) DHZ GROUP INC. 23221 WELBY WAY WEST HILLS, CA. 91307. This Business is conducted by: A CORPORATION. Signed: DHZ GROUP INC, DANIEL HIRAHOKA ZEGARRA, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 06/09/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2019. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025117439
The following person(s) is (are) doing business as: M JEWELRY 12727B SHERMAN WAY NORTH

HOLLYWOOD, CA. 91605. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) MD MURAD HOSSAIN 12727B SHERMAN WAY NORTH HOLLYWOOD, CA. 91605. This Business is conducted by: AN INDIVIDUAL. Signed: MD MURAD HOSSAIN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/10/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025117808
The following person(s) is (are) doing business as: DIAMANTE BUILDER 14520 PLUMMER ST UNIT 13 PANORAMA CITY, CA. 91402. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) RODOLFO SIDON 14520 PLUMMER ST UNIT 13 PANORAMA CITY, CA. 91402. This Business is conducted by: AN INDIVIDUAL. Signed: RODOLFO SIDON/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/10/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025118893
The following person(s) is (are) doing business as: TEZA DOORS AND WINDOWS 8210 HASKELL AVE VAN NUYS, CA. 91406. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) TDZ GROUP LLC 8210 HASKELL AVE VAN NUYS, CA. 91406. This Business is conducted by: AN LLC. Signed: TDZ GROUP LLC, ARLEN BILLOUL, CEO. This statement was filed with the County Clerk of Los Angeles County on 06/11/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025120810
The following person(s) is (are) doing business as: ENK EVENTS 12111 CHANDLER BLVD 351 VALLEY GLEN, CA. 91406. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) EVELINA NELLY KODJOGIAN 12111 CHANDLER BLVD 351 VALLEY GLEN, CA. 91407. This Business is conducted by: AN INDIVIDUAL. Signed: EVELINA NELLY KODJOGIAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/13/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/2017. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025116849
The following person(s) is (are) doing business as: DEFENCE AVE CANOGA PARK, CA. 91304. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) SAVIS ENTEGHAMI 8510 INDEPENDENCE AVE CANOGA PARK, CA. 91304. This Business is conducted by: AN INDIVIDUAL. Signed: SAVIS ENTEGHAMI/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/12/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025116949
The following person(s) is (are) doing business as: EASY PEASY REMODELING 631 EAST AVENUE J-4 LANCASTER, CA. 93536. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) ANTHONY NOE PEREZ EASY PEASY REMODELING 631 EAST AVENUE J-4 LANCASTER, CA. 93536. This Business is conducted by: AN INDIVIDUAL. Signed: ANTHONY NOE PEREZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/09/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2025116762
The following person(s) is (are) doing business as: SCOTT FERRARA SOUND 17235 HATTERAS ST ENCINO, CA. 91316. CALIFORNIA LOS ANGELES COUNTY. Full name of registrant(s) is (are) SCOTT FERRARA 17235 HATTERAS ST ENCINO, CA. 91316. This Business is conducted by: AN INDIVIDUAL. Signed: SCOTT FERRARA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 06/09/2025. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/2024. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
ES Dates Pub: June 14, 21, 28, July 5, 2025

SUPERIOR COURT OF CALIFORNIA
COUNTY OF LOS ANGELES
SANTA MONICA COURTHOUSE
1725 MAIN STREET
SANTA MONICA, CA. 90401

SUMMONS

NOTICE TO DEFENDANT:
DAVID GAETA, an individual, MICHAEL GAETA, an individual, THE ESTATE OF JOEY GAETA, and DOES 1 to 10, inclusive
YOU ARE BEING SUED BY PLAINTIFF:

STEVEN GAETA, an individual

CASE NUMBER: 24SMCV05995

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below:

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al de mandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desearchar el caso.

CASE NUMBER:

(Número del Caso):

24SMCV05995

The name and address of the court is: (El nombre y dirección de la corte es):

SUPERIOR COURT OF CALIFORNIA,
COUNTY OF LOS ANGELES,
SANTA MONICA COURTHOUSE
1725 MAIN STREET
SANTA MONICA, CA. 90401

The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):

NOAH GREEN, ESQ.
THE GREEN FIRM, P.C.
301 E. COLORADO BLVD. STE. 708
PASADENA, CA. 91101
(626) 432-1699
Published: Mountain Views News
June 28, July 5, 12, and 19, 2025

Mountain View News Saturday, July 5, 2025

FITNESS FOR LIFE



Michele Silence, M.A., is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness. Visit her Facebook page at: michelesfitness.

MY DOG AND I: RECOVERY BUDDIES

It seems like injuries are becoming a regular part of life at my house. First it was me—hip replacement, then shoulder surgery. And now, just when I thought I was done with crutches and ice packs, my dog Poppy has joined the “injured and recovering” club. At just three years old, Poppy is facing a major surgery on her hind leg called TPLO, short for tibial-plateau-leveling osteotomy. It's basically the dog version of an ACL repair.

Poppy is a young, active black lab who lives for daily walks and roughhousing with her best dog friend. She's one of those dogs that's always moving. A ball of energy, curiosity, and wagging joy. So when she suddenly started limping, I figured she just twisted something during play. But within a few days, she couldn't put her leg down at all.

I tried the usual things like rest, shorter walks and anti-inflammatory meds. Nothing worked. Her vet confirmed

what I was starting to suspect: a torn ligament in her knee, and surgery was the only option. That's when it hit me, my healthy, strong, constantly moving dog was now facing the same kind of setback I've been dealing with.

The timing is a little eerie. I've spent the last year recovering from two surgeries. I've talked openly about my frustration, the pain that sometimes doesn't respond to medication, and the slow, boring days of rest when you feel like you're losing all the progress you made. Now I'm wondering how much of that my dog is about to experience too.

It's easy to forget that dogs feel pain, too. They don't always show it the way we do. Poppy still wags her tail. She still acts like she wants to run and play, even though her leg says otherwise. That resilience is inspiring but also scary. Because unlike us, dogs don't know how to be careful. They don't understand why they have to stay still or walk slowly. And that's going to be one of the biggest challenges of her recovery.

After TPLO surgery, dogs have to stay very inactive for the first couple of weeks. No running, jumping, or playing. That's hard for any dog, but especially one who's used to moving nonstop. It reminds me of the days after my hip surgery when taking a few steps felt like climbing a mountain. You're not only hurting but you're also bored, frustrated, and desperate to move again.

I know what it's like when pain medication doesn't seem to touch the discomfort. I know the mental game of recovery. Specifically the doubts, the fear that something's wrong, and the endless waiting for progress. And even though Poppy can't tell me how she's feeling, I know she'll go through her own version of that.

The good news is dogs tend to heal faster than humans. And Poppy is strong. She's also lucky. She'll have someone by her side who knows exactly what she's going through. Someone who can relate to the little setbacks, the restlessness, and the deep need to move again.

This experience also reminds me how easy it is to take movement for granted. Until it's gone. Whether you're two-legged or four, younger or older, regular activity is a gift. Walking without pain. Jumping for joy. Even climbing stairs. It's not until those things are taken away that we realize how much they mean.

Poppy's surgery is just two days away, and I'll admit, I'm nervous. I don't know exactly what to expect, but I do know this: healing takes time, and it's not always smooth. I'll be here to help her through it. We'll both be doing some quiet bonding while she rests, maybe more than either of us would like. But we'll get through it. Together.

So, if you're out there recovering from your own injury, or helping someone else through theirs, remember movement is something we all crave, and healing is something we all deserve. Whether it's a person, a dog, or anyone else who depends on a healthy body to enjoy life. Injuries remind us just how connected fitness and freedom really are.

We'll see how Poppy's recovery goes. In the meantime, I'll be lifting her in and out of the car, trying to stop her from jumping off my bed, and preparing for a few weeks of carefully managed boredom. All with my non-surgical arm. I'm still not supposed to move my recovering arm overhead, out in front or lift anything heavier than a coffee mug. Wish us luck. We'll need it. Thankfully, pet insurance (Embrace) is covering most of her \$5,500 bill—something I'm incredibly grateful for.

UNLOCK YOUR LIFE



Lori A. Harris

CONNECTING THE DOTS OF GRATITUDE

Steve Jobs once said, "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future." His words remind me that life's most meaningful moments often begin with the smallest questions.

In 2017, my sister asked me a simple question: "What was our great-grandmother's name?" That single question sent me tumbling down an ancestry rabbit hole that would change my life in ways I never imagined.

Finding the answer led me to discover GirlTrek, a remarkable organization that celebrates the power of Black women through walking and wellness. Through them, I learned about the #DaughtersOf campaign, a beautiful tradition that encourages women to connect with their matrilineal lineage by speaking the names of the women who came before them.

Standing in that truth, I can say: I am Lori Ann, daughter of Bettie Jean, daughter of Char-ity, daughter of Henrietta, daughter of Margarite, born in 1840. Speaking their names fills me with profound love and gratitude for the women whose strength flows through my veins.

That one question about my great-grandmother's name opened doors I didn't even know existed. I joined GirlTrek, forged adventures and friendships across the nation, expanded my business, and increased my revenue. Each connection traces back to that moment of curiosity about our family's story.

This is what I call connecting the dots of gratitude, looking backward to see how seemingly small moments created the path to where we stand today. Every breakthrough, every blessing, every beautiful turn in our journey has roots in something that came before.

I challenge you to try this practice: Think of one thing in your life that fills you with gratitude. Then reverse-engineer your own dots. What question was asked? What conversation happened? What small step was taken that eventually led to that blessing?

You might be surprised at how one simple question, one moment of curiosity, or one act of courage created a chain reaction of abundance in your life. Trust that the dots will connect, and when they do, let gratitude be your guide.

**RESIDENTIAL & COMMERCIAL
PLUMBING SPECIALISTS**

626.222.7954

CENTURY SEWER
DRAIN & PLUMBING

LIC. C-36 C-42 #626528

We Specialize In:

All Plumbing Repairs

Sewer & Drain Cleaning

Video Sewer Inspection

Water Heater Replacement

Backflow Testing Services

OVER 50 YEARS OF PROFESSIONAL EXPERIENCE

Where Your Community News Come First

Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

Want To Sign Up For Home Delivery? *Time To Renew?*

If you live in Sierra Madre, Arcadia or
Altadena, you can have the Mountain
Views News delivered to your doorstep
every weekend.

**SIGN UP NOW 1 Yr Home Delivery
\$100**

OR

**Become a Sustaining Supporter
(includes 12 months home delivery)
\$150**

Subscribe Today!

First Name:	
Middle Initial:	
Last Name:	
Address:	
Apartment No.:	
City/State/Zip:	
E-Mail:	
Phone Number :	()

3 Easy Ways To Pay:

1. Mail your check payable to Mountain Views News to: 80 W. Sierra Madre Blvd. # 327, Sierra Madre, Ca. 91024
2. Go online and use this link to connect to our secure site: <https://checkout.square.site/merchant/EW7PMA1X9VJ7Q/checkou/CETS2pELKTRXK7HN25GXLBT4> _ or
3. USE OUR QR CODE:

WHALES PRESSURE WASHING

Let Us Do the
Dirty Work &
Wash Away
the Grime

WhalesPressureWashing.com
Call/Text 626 -760-0715

See What a Difference Whales Can Make

Whales specializes in revitalizing residential & commercial spaces with high quality pressure washing.

From driveways & sidewalks, to building exteriors & patios, we clean it with care & precision.

No matter the surface, we will make a WHALE of a difference.

Looking a Bit Dirty?
Scan to Get Clean!

Bringing Your Surfaces Back to Life

WhalesPressureWashing.com
Call/Text 626-760-0715
Serving Los Angeles & the surrounding communities



July Events Around Town!

Brought to you by Sue Cook

Independence Day Events

July 3
Sierra Madre Community Picnic at Memorial Park
Live music, kids activities, food trucks, Rotary Tri Tip, and a beer garden. 5 pm – 10 pm

July 4
Sierra Madre 2025 Fourth of July Celebration
5K Family Fun Run 7:30 am. Woman's Club Open House at 8 am. a.m. Hometown parade 10am. Free swim time at the Sierra Madre pool from 12 – 2 pm

July 4
Fourth of July Concert & Fireworks Show in Monrovia's Library Park
Live music 7 pm. Fireworks begin at 9 pm

July 4
Fourth of July Celebration in San Marino
Parade-Palooza at 4:45 pm travels along Monterey Road to Virginia Road and through Lacy Park. Food trucks, entertainment and fireworks 7 – 9:30 pm

July 4
Alhambra Fourth of July Celebration
Food, games, live entertainment and fireworks at Almansor Park. 4 – 9 pm

July 19
2025 Pasadena Heritage Bridge Party
Live music, great food, vintage cars and family fun – on the iconic Colorado Street Bridge. 6 pm – 11 pm

July 20
Sunday Afternoon Concerts in the Dome
"Celebrating The First Walk on the Moon with Sarah Gilles, Astronaut-Violinist" Gilles is joined by a quartet of other talented musicians performing under the Mount Wilson Dome. 3 pm - 5pm

Ongoing Events

July 4 – 6
Foodieland at the Rose Bowl
Enjoy food and drink, shopping and entertainment. Friday 3 – 10 pm & Saturday/ Sunday 1 pm – 10 pm

July 4-6 and July 11-13
626 Night Market at Santa Anita Park
The festival features food, merchandise, crafts, artists, games, live concerts, and entertainment. 4 pm – 11 pm

July 12, 26
Pasadena Pops Concert at the Arboretum
Gates open 5:30 pm Concerts begin at 7:30 pm
July 12 – Moonlight Melodies
July 26 – Queens of Soul

July 13, 20, 27, August 3, 10
Sierra Madre Concerts in the Park
Concerts at Memorial Park Bandshell including covers of the Beatles and Elvis 6 pm – 8 pm

July 18, August 1
City of Sierra Madre Family Movie Fridays
Enjoy family movies at the Memorial Park Bandshell. Bring your blanket and a picnic. Movies start at dusk.

July 18, 19
Plumeria Festival at the Arboretum
Celebrate all things plumeria with guided tours, talks by experts, live music, food trucks and vendors. Friday 4 – 8 pm and Saturday 9 am – 2 pm

July 19, August 16, September 20
Musical Storytime at the Gamble House with Pasadena Conservatory of Music
Children's books focused on seasons, nature, and creativity become vehicles for musical play. 11:00 am

One Time Events

July 10
Descanso Gardens Summer Music and Dance
Uplifting performance by Vivir Brasil at the amphitheater. 5:30 pm – 6:45 pm

July 12
The Art Deco Architecture of the Playhouse Village
Enjoy a narrated, guided walking tour of the Playhouse District featuring notable landmarks. 10 am – 11:30 am

July 12
Mariposa Night at Caltech
Evening of storytelling and healing for Altadenans and the Eaton Fire Community at Beckman Auditorium 7pm. Resource fair on Beckman Lawn 5:30pm – 7:30 pm

July 18
LAAS Star Party at Mount Wilson
Evening under the stars looking through telescopes from the LA Astronomical Society. 7:30 pm – 1 am

“Oh, the places you’ll go!”
Creating luxury travel adventures for discerning Clientele



Catherine Addé, MA, CTC
On Lake Avenue by appointment - catherine.a@travelstore.com
626-639-2614



SUE COOK COMPASS

626.253.1323
suecookrealtor@gmail.com
DRE 02015404



CASA DEL REY – SIERRA MADRE

31 N BALDWIN AVE
SIERRA MADRE, CA 91024
(626)355-6060
WWW.CASADELREYRESTAURANT.COM



50 YEARS • EST 1972

Casa del Rey

Mexican Restaurant & Cantina
Sierra Madre, CA



Moffett's FAMILY RESTAURANT
“Home of the famous pot pie”

OPEN: Mon-Sat 8am to 8pm
Sun 8am to 2pm
Breakfast from 8am to 2pm
Lunch & Dinner Served All Day
Early Bird Special Mon -Fri 8am to 11am

1409 S. Baldwin Ave. Arcadia Ca 91007
We Deliver : UBER EATS & DoorDash
For Pick-up Call: 626-447-4670

SERVING YOU SINCE 1949

GEM PLUMBING
Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE & INSTALLATION

We Do It All!

COPPER RE-PIPER
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR BRANDS
Emergency Service Available
355-3496

140 E. Montecito | Sierra Madre
State Contractor Lic. #111308

Start with an Inspection • We'll Answer Your Call 24/7

GARVEY ROOFING INC.
A ROOF FOR ALL SEASONS

All Work Guaranteed
Free Estimates

WWW.GARVEYROOFING.COM
626.358.9208
State Contractors License #692839

Exterior House Painting



New Roof, Re-Roof, Roof Repair



Attic and Wall Insulation



Pre-Painted Seamless Gutters



ARNOLD'S FRONTIER HARDWARE

297 W. Sierra Madre Blvd
Sierra Madre, CA 91024
626-355-3365
Fax 626-355-8300

www.frontierhardware.com
sales@frontierhardware.com

ACE
The helpful place.
Open 7 Days a Week

"Where Old-Fashioned Service is Never Out-dated"



Sierra Madre ANIMAL HOSPITAL

Walter Cailleteau, DVM

927 N. Michillinda Ave.
Pasadena, CA 91107
(626) 351-8863

Free Exam!
For New Clients
Bring this coupon to save!



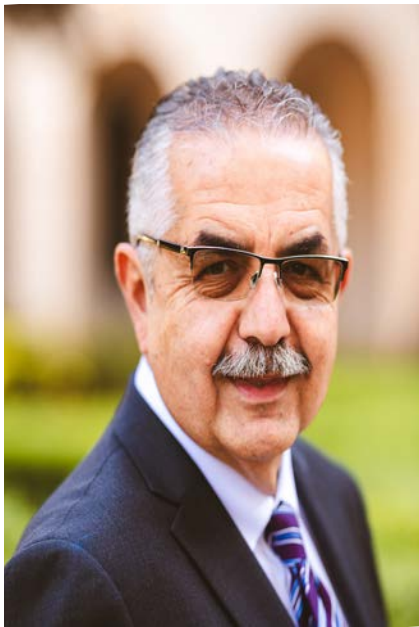
Sierra Madre ANIMAL HOSPITAL



Happy 4th of July!

Join me in honoring the spirit of independence that defines our great nation.

This Independence Day, let's reflect on the values of liberty and the pursuit of happiness. Celebrate our nation's birthday with family, friends, and a renewed sense of patriotism.

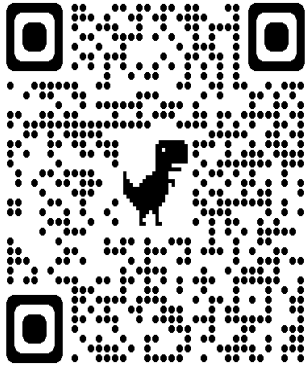


**Luther
Tsinoglou**

626.695.8650
luther@tsinoglou.com
tsinoglou.com
DRE #01135433

**Real Estate Expert
You Can Trust**

**To Learn More,
Scan QR Code**



COMPASS

Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. Lic. #01991628. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate. If your property is currently listed for sale this is not a solicitation.