

SATURDAY, SEPTEMBER 5, 2026

VOLUME 20 NO. 35

St. Rita School

NORTH
ON
BALDWIN



Sierra Madre's
Catholic School



- Catholic Fidelity
- 103 Years of Tradition
- Grades TK-8th
- CYO Team Sports
- Advanced Technology
- After-School Programs
- Low Classroom Ratio
- Average Teacher Experience: 14 years



Little Seeds to Mighty Saints.

**SCHEDULE A
TOUR TODAY!**

322 N. Baldwin Ave.
Sierra Madre
626-355-6114
www.st-ritaschool.org

SEVEN GABLES
REAL ESTATE



JUDY WEBB-MARTIN
626.688.2273
SevenGables.com
DRE #00541631
SG DRE #00745605

Open House
SUNDAY

561 SIERRA MEADOW | SIERRA MADRE

2:00 PM – 4:00 PM

WEST NILE VIRUS POSITIVE MOSQUITO DETECTIONS SURGE IN THE SAN GABRIEL VALLEY

Public health officials urge residents to take preventative measures against mosquito bites over the holiday weekend .

West Covina, Calif. (September 3, 2026) – The San Gabriel Valley Mosquito and Vector Control District (SGV Mosquito) has detected 105 West Nile virus (WNV) positive mosquito samples across cities and unincorporated areas within its service area, year-to-date. While WNV is endemic to the region, disease activity has surpassed the district's five-year average signaling a need for residents to take extra precautions while outdoors during peak mosquito activity hours.

West Nile virus is spread through the bite of an infected Culex mosquito which is most active at dusk and dawn. Vector control technicians are actively monitoring and controlling known sources and canvassing for additional sources in communities with elevated mosquito activity. Additionally, district staff are conducting enhanced surveillance and increasing awareness and education around mosquito prevention and protection.

“Although current WNV activity is higher than usual, our teams are purposely equipped to deal with this challenge,” said Director of Scientific Programs Tristan Hallum. “We strongly encourage residents to tip out any stagnant water around their homes, toss out any unused containers that can collect water, and protect themselves with mosquito repellent when outdoors during this holiday weekend.”

While WNV disease activity fluctuates year-to-year, local and state agencies are also observing higher than average activity. Visit VectorSurg Maps for a comprehensive look at this year's WNV activity throughout Los Angeles County and California.

There is no human vaccine or cure for West Nile virus; residents must be proactive at preventing mosquito-transmitted diseases through prevention and protection. Follow the tips below to reduce mosquito activity to stay healthy and bite free:

- Eliminate standing water in clogged rain gutters, rain barrels, discarded tires, buckets, watering troughs, or anything that holds water for more than a week.
- Ensure that swimming pools, spas, and ponds are properly maintained.
- Change the water in pet dishes, birdbaths, and other small containers weekly.
- Report neglected swimming pools in your neighborhood to your vector control district.
- Follow the tips below to prevent mosquito bites:
- Apply mosquito repellent to exposed skin before going outdoors and reapply as recommended on the label.
- Wear insect repellent containing CDC and EPA approved active ingredients: DEET®, Picaridin, IR3535, or Oil of Lemon Eucalyptus.
- Wear light-colored, long-sleeved shirts and long pants.

For more information about West Nile virus activity in the San Gabriel Valley, residents can contact the district at 626-814-9466, online at SGVmosquito.org, or on social media, @SGVmosquito.

About SGV Mosquito

SGV Mosquito is one of five vector control districts in Los Angeles County. Year-round, the agency monitors stagnant water sources, such as gutters, storm drains, channels and non-functional swimming pools. The agency also routinely monitors populations of adult mosquitoes using traps and tests groups of adult female mosquitoes for the presence of WNV and other mosquito-borne diseases. In addition, the agency submits samples from dead birds, such as crows, for testing, which can provide insight into the spread of WNV.

About West Nile Virus

According to the Los Angeles County Department of Public Health, West Nile virus (WNV) is spread by the bite of an infected mosquito. One in five individuals infected with the WNV, for which there is no cure, will exhibit symptoms that include fever, headache, body aches, nausea or skin rash. The symptoms can last for several days to months. One in 150 people infected with the virus will require hospitalization. Severe symptoms include high fever, muscle weakness, neck stiffness, coma, paralysis and possibly death. Those at greatest risk include seniors and individuals with compromised immune systems. People over 50 years of age and those with chronic health problems are at higher risk of severe illness. While not all mosquitoes carry this virus, the type of mosquito that spreads this virus is found throughout Los Angeles County.



Ca Lic #860445

Merry Plumbing

626-796-7383

Commercial / Residential



**\$50.00 off Total Bill
For New Customers!**



GOING TO THE TOP OF THE WORLD TRADE CENTER

It was September 3, 2001, and I was aboard Jet Blue enroute to New York, the first leg in my adventure to sail across the sea, thus moving to England to attend University and stretching beyond my comfort zone.

This meant giving up my career, leaving behind a supportive husband and caring family as well as my secure Sierra Madre home. I wasn't too scared about the move, after all, everyone spoke English there and my hubby's family would be available for me to visit in both England and Wales.

However, studying in a graduate program when I hadn't been a full-time student in more than twenty years, combined with taking a home equity line of credit to finance this wild ride of mine was scary - unnerving in fact. Little did I know our whole world was about to change forever, and my concerns would soon be overshadowed by catastrophic events.

After landing in New York, we checked in to our hotel: The Marriott, address: Number 3 World Trade Center, then we headed next door for the amazing sky-ride to the top. It was late so we squeaked by just as they were about to close. The elevator ticket man was young, handsome and friendly -he left an impression. (We wondered later, of course - did he make it? What if we'd been there the following week?)

I thought we'd feel chilly on the observation deck, it's VERY high up, but was happy that the temperature was like a balmy Indian summer. The sky was super clear, the stars above twinkling as well as the lights of Manhattan below. Lady Liberty could be seen in the dis-tance, under a bright moon, her beckoning torch lit up, creating patterns over the shimmer-ing water.

September 4, 2001, we hailed a yellow cab and headed for the pier to set sail on the leg-endary Queen Elizabeth 2. The reason both Jet Blue and QE2 were chosen as modes of transport had less to do with glamour, and more to do with luggage allowance.

After all, I was moving abroad and had my summer and winter clothes, bulky jackets and boots, and skinny and not so skinny clothes. You gals understand this. I wasn't going to buy a new wardrobe there (in pound sterling!) on my limited budget, preferring to save funds for short trips and theatre tickets.

The airline and cruise line at the time had unlimited luggage allowance and I had SEVEN pieces!

As the ship's horn blew and we sailed slowly away from one of the world's greatest cities, I stood on the deck and took endless pictures (film, not digital) of the World Trade Center - clearly the star of the show. If you haven't ever sailed in or out of New York, I cannot recom-mend it highly enough. For me, there was no greater 'goose bumps' moment than sailing past the Statue of Liberty, reminding me of our immigrant forefathers, their sacrifices, their patriotism.

Arriving in Southampton, U.K. on September 10, my hubby's cousin was at the dock, gazing at the amount of luggage that we had to smash in his car for the drive to Wales, a four-hour journey to the west. In the small village of Ammanford, we turned in our film at 'Boots the Chemist' (drugstore) to be developed and headed to the hillside cottage of my father-in-law, who asked me to call him "Dah".

September 11th, 2001 - Let's go into town and pick up our pictures of New York and the ship! I said. Ronda agreed. Off we went to shop in the village with its pedestrianized cobbled streets, pubs, 'fruit and veg' stands, and meat pie shops. We were in an old-fashioned hardware store with uneven wooden floors and handmade candies in jars when two ladies in their lilting Welsh accents mentioned something about a plane crashing into a building in New York City. That's weird, I thought. After picking up the developed pictures, we headed back home.

Poppet, there's some news on the radio about plane crashes in New York, Dah said. Forget radio, let's turn on the T.V., I replied. We, along with the rest of the planet, looked in horror at live coverage of the hijackings and attacks. Throughout the rest of the day, it felt like we were trying to swim through Jello - everything was moving in slow motion. Our brains did not want to accept what was happening and our hearts hurt unimaginably.

My very first thoughts were: I was just on top of the World Trade Center, I am away from my American people, and I want to help them. I do not want to be here. Forget the UK, Universi-ty, my dreams. I want to go home. Now!

Being in the travel business, I thought of the tangled, difficult logistics of grounded flights and stranded people. I felt helpless watching while people were trapped in the twin towers: rescue workers, civilians and tourists. Sobbing in disbelief while watching the television, it reminded me of War of the Worlds on the historic radio show - this is fake, not true - it was all a bad dream, and we would wake up soon. Ronda and I called our families in California, just to make sure they were ok, even though they were miles from the east coast. Poppet, take this sleeping pill, I'm taking one too, Dah said.

He was a World War II veteran, an officer in the Royal Navy who witnessed carnage - but watching people fling themselves from a New York skyscraper live and in technicolor was not in his repertoire of things he wanted to see in his retiring years and declining health. The images dredged up horrible memories of his war experiences, and he had nightmares from them. Later that week, we took a train ride on the Heart of Wales line to Shrewsbury, England. We visited an ancient Abbey,



lighting candles in a makeshift shrine erected to honor the fallen, the American and British flags side by side. Back in Ammanford, we shopped at a fabric store to fashion black arm bands and when we told the shopkeeper what the fabric was for, she insisted on not charging us.

Over the next few weeks, it was surreal living in London, attending university with young adults from many cultures. Most were sympathetic towards me, and as one of the few Americans, I appreciated their kindness. One snarky lad, who happened to be both Irish and Christian said to me that he thought the USA deserved this and had it coming to them. Another student was from Pakistan, a Muslim, she held me tight and said I am so very sorry that this horrible thing has happened. In the privacy of my room, I grieved. Living across the street from London's largest Mosque was disconcerting, and later when the US invaded Af-ghanistan, students demonstrated outside my window.

Tourism took a nosedive and London's West End theatres were half empty, as much of the audience came from abroad. Many shows had to close. I attended award winning productions in my free time for as little as £5.00 - about \$8.00 dollars, for a show that would cost at least \$100.00.

Throughout the year, I studied hard and worked on my thesis at the British Library. My mother Carole came to visit me twice, and I also enjoyed visits from my stepmother Mar-lene as well. Grateful to them, for their visits helped me through my feelings of isolation. In their suitcases, they brought me a little familiarity and comfort from home, authentic corn tortillas, for example. (Contrary to some beliefs, food is very good in England, but good Mexican food hadn't made it over there yet.) When my husband came to visit me, I made sure to book him on Air New Zealand instead of American or United, I just couldn't help feel-ing better that he was on a 'neutral' plane while we were 'at war'. The year passed by and suddenly it was the first anniversary of 9/11/01.

Do not go to the ceremony at the American Embassy, Poppet, please, said Dah, pleading with me by phone on September 11, 2002.

It will be the safest place in London, I must go, I replied. I continued: I haven't had the chance to be with MY fellow Americans for a year now. I want to honor the fallen. Security will be tight, you'll see. Boy was it ever.

Back then, the American Embassy in London occupied some of the most expensive real estate in Mayfair, called Grosvenor Square. Large areas were cordoned off with police barri-cades. Many dignitaries attended including the American Consul General, members of Par-liament as well as the press. A giant tent with photographs from ground zero was impres-sive and included a guest book, which

I signed. The presentations were heart wrenching, especially when New York firefighters gave to British firefighters their country's flag: a charred Union Jack salvaged from the wreckage of one of the two towers. One area of Grosvenor square was dedicated to the sixty-seven British citizens who died that day, their names engraved on bronze plaques. I thought I could hold it together and not weep - I was wrong, but not alone. A Welsh choir, all male and one hundred voices strong, from the very area that our cottage is located, broke into song: The Battle Hymn of the Republic!

I met a lot of my fellow citizens that day including former first lady Mrs. Carter, it was the second time we'd met. When I thanked her for being with us, she replied in that sweet southern accent: how naaaace to see you again. Making deep connections at the Embassy with other Americans for the first time in a year made me feel less anxious and alone; more centered.

During these past 25 years, I've listened, watched, studied and wept over the many stories of 9/11/01. While the evil of that day is unspeakable and it blows my mind to ponder man's inhumanity to mankind, I try instead to think about the many that day who were, and still are, compassionate, brave, strong, resilient. I'll echo what others have said about those who lost their lives on that day, do not dwell on the tragic way they perished, but rather hon-or the heroic way that they lived.

Oh, and my photos that I had developed from Boots the Chemist on 9/11/01? At the cottage that day, I was hesitant as I opened the package during a necessary break from the TV and its devastating news. Hopeful that I captured a decent picture of those twin towers, I was so disappointed to discover that most of my photos were of the ship, and interior shots of the public rooms.

Suddenly I remembered that it was drizzling with rain on deck and my camera was getting wet while trying to photograph New York City. I looked again at each picture - carefully.

Then I saw it. A photograph of Manhattan's skyscrapers - and - as if it were outlined in sa-cred splendor- stands the World Trade Center, framed by a rainbow overhead.

~ Catherine Enmark Addé

ARNOLD'S FRONTIER HARDWARE

297 W. Sierra Madre Blvd
Sierra Madre, CA 91024
626-355-3365
Fax 626-355-8300

www.frontierhardware.com
sales@frontierhardware.com

"Where Old-Fashioned Service is Never Out-dated"

ACE
The helpful place.
Open 7 Days a Week

"Oh, the places you'll go!"
Creating luxury travel adventures for discerning Clientele

Catherine Addé, MA, CTC
On Lake Avenue by appointment - catherine.a@travelstore.com
626-639-2614



Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun

Sunny

Hi

100s

Lows

70s

Mon:

Sunny

Hi

100s

Lows

70s

Tues:

Sunny

Hi

100s

Lows

70s

Wed:

Sunny

Hi

100s

Lows

70s

Thur:

Sunny

Hi

100s

Lows

70s

Fri:

Sunny

Hi

100s

Lows

70s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY COUNCIL MEETING

NEXT COUNCIL MEETING: SEPTEMBER

The Brown Act provides the public with an opportunity to make public comments at any public meeting. As an alternative, public comment may be submitted by e-mail to publiccomment@sierramadrecalifornia.gov by 3:00PM on the day of the meeting. Emails will be acknowledged at the City Council meeting and filed into public record.

A copy of the posted agenda and a live video stream of the meeting can be found on the City's website at sierramadrecalifornia.gov on Foothills Media website at foothillsmidia.org sierramadrecalifornia, and broadcast on Government Access Channel 3 (Spectrum).

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadrecalifornia.com.

HIGH SURF, RIP CURRENTS, AND POTENTIAL COASTAL FLOODING FORECAST FOR LABOR DAY WEEKEND COUNTY URGES RESIDENTS AND BEACHGOERS TO STAY ALERT TO POSSIBLE DANGERS

Los Angeles, CA - As Los Angeles County observes the traditional end of the summer season this Labor Day holiday weekend, County officials caution residents and visitors to be mindful of the weather forecast and associated risks when participating in outdoor recreation, especially near local beaches and coastlines.

While Southern California will not experience landfall from Hurricane Marie as it tracks well away from our coast, the National Weather Service - Los Angeles/Oxnard Office states that tropical influences will still impact the region in the form of dangerous rip currents, high surf and coastal flooding, especially along south-facing shores. Additionally, moderate risk of light rain and isolated thunderstorms over the weekend may dampen outdoor plans and create hazardous road conditions as people travel throughout the region to partake in activities.

Here are some recommendations to keep you and your families safe:

Beach safety

- Check in with the nearest lifeguard for daily ocean conditions and hazards before entering the water.
- Know your limits, swim or surf in front of an open lifeguard tower and never swim or surf alone.
- Keep a safe distance from piers and stay off of rocks and jetties.
- Never turn your back to the ocean.
- Stay out of the water near storm drains or areas identified by the Department of Public Health under Ocean Water Use Warnings.

Rain safety

- Follow all instructions from emergency responders and emergency alert notifications.
- Ensure your vehicle is safe to operate during wet weather. Make sure your tires, brakes, and windshield wipers are in proper working condition. Drive cautiously and slow down. Many roadways will be wet and slippery.
- Stay away from flood control channels, catch basins, canyons, and natural waterways vulnerable to flooding during periods of heavy rain.
- Do not attempt to cross flooded areas and never enter moving water on foot or in a vehicle. As little as 6 inches of water can knock over and carry away an adult, and 18-24 inches of water can carry away most large SUVs, vans and trucks. "Turn around, don't drown!"
- If flooding traps you in your vehicle, stay in your vehicle (if possible) and call 9-1-1.
- Keep at least 100 feet away from downed power lines and electrical wires. Call 9-1-1 to report downed lines.

Residents are encouraged to take precautions to keep themselves and others safe as they enjoy the last bit of summer in Los Angeles County. Remember to monitor radio and TV news closely for information about weather conditions and the potential for flooding in your area.

Visit ready.lacounty.gov for more preparedness and safety information. Register for emergency notifications and alerts by visiting alert.lacounty.gov and visit lacounty.gov/emergency for up-to-date emergency incident information.

SIERRA MADRE HALLOWEEN WINDOW PAINTING IS BACK!

Sierra Madre Civic Club is calling all creative kids ages 9-17 who live in Sierra Madre to participate in our annual Downtown Halloween Window Painting!

It's FREE to participate, thanks to the Sierra Madre Civic Club!

Rules & applications are attached and also available at www.sierramadrecivicclub.org

Let's fill downtown Sierra Madre with spooky, creative fun! Painting takes place during the afternoon on Friday, October 23rd and the morning of Saturday, October 24th. The awards ceremony takes place on Saturday, October 24 at 12pm in Kersting Court.

Proudly sponsored by the Sierra Madre Civic Club, a women's nonprofit organization that has been volunteering, fundraising, and supporting the Sierra Madre community since 1944.

COME SAY HELLO!

COUNCIL + COMMUNITY

Meet • Greet • Connect

Presented by the Sierra Madre Chamber of Commerce Hosted by Roe Fusion

A casual community gathering to meet Sierra Madre's incoming City Council Thomas S. Dennison • Kristine Lowe • Geoff Woods

SEPTEMBER 16, 2026 4:00 PM - 5:00 PM ROE FUSION 120 W SIERRA MADRE BLVD SIERRA MADRE, CA 91024

Stick around for dinner at Roe Fusion, continue the conversation with your community, and support local!

RSVP: smadrec@gmail.com

THIS WEEK at THE Sierra Madre Public Library

September 7— September 12

Monday Library Closed for Holiday

Wednesday VolunTEENS— Library at 4:00pm

Stitch & Share— Library from 5:30pm—7:30pm

Thursday 1, 2, 3 Baby & Me— Library at 10:00am

Saturday Sip & Shush— RT Rogers from 6:30pm—7:30pm

Read, Discover, Connect @ Sierra Madre Public Library 350 W Sierra Madre Blvd. (626) 355-7186

HELP KEEP BEARS WILD

Secure Bear-Resistant Trash Can Latches

A bear that finds food is likely to return.

- Secure bear-resistant latches
- Store trash cans securely when possible
- Put trash cans out on collection day

CITY OF SIERRA MADRE Need assistance with your container? Athens Services (888) 336-6100

Pets in need

Some pet parents cannot afford the cost of vet care right now. You can help those pets! Visit us:

www.FreeAnimalDoctor.org

Sierra Madre based non-profit

PASADENA CLOSURES AND REMINDERS FOR LABOR DAY

Pasadena residents and businesses are reminded that City Hall and many City services will be closed on Monday in observance of Labor Day. Specific closures and exceptions are noted below.

Trash and recycling services will be postponed by one day. Monday pickup will occur on Tuesday; Tuesday pickup on Wednesday; Wednesday pickup on Thursday; Thursday pickup on Friday; and Friday pickup on Saturday. There will be no bulky item pickups on Saturday or Monday. The City Service Center will be closed Monday and will resume regular hours on Tuesday.

Pasadena residents and businesses experiencing power emergencies should call Pasadena Water and Power (PWP) at (626) 744-4673. For water-related emergencies, call (626) 744-4138. PWP's regular Customer Call Center will be closed for the holiday, but customers can access their accounts and pay bills online at PWPweb.com or by calling (626) 744-4005.

The City's Municipal Services Payment Center and Parking Office will be closed on Labor Day. All parking meters not posted as "No Parking" will be free and time limits will not be enforced.

The City's Permit Center will be closed Monday, however, many services will be available via Permit Center Online, where you can obtain subdrainage permits and submit plans for new construction, tenant improvements, accessory dwelling units, and additions. The Permit Center will resume regular hours on Tuesday.

Pasadena Transit Route 33 will operate on its Sunday schedule instead of its regular Weekday schedule on Monday. All other routes and Pasadena Dial-A-Ride will not operate on Labor Day. Normal service will resume on Tuesday.

All Pasadena Public Libraries will be closed on Sunday and Monday and will return to regular schedules on Tuesday.

All recreation and community centers operated by the City's Parks, Recreation and Community Services Department will be closed on Labor Day, but all parks will be open for picnics, fun and play. No site reservations are accepted for the holiday.

The City Council will not meet on Monday due to the Labor Day Holiday. Also, the City Council is in the process of adjusting their meeting schedule and will begin to move City Council meetings to Tuesdays starting in September. On Sept. 8, the City Council will conduct a special meeting that will be for closed session items only. Then on Tuesdays, Sept. 15 and 22., the City Council will convene open meetings to conduct regular City business. For City Council meeting schedule, agendas, and links to future meeting materials, please visit: CityOfPasadena.net/ Series/CityCouncil/.

Pasadena Police and Fire Departments will continue to be staffed for all patrol, jail, fire, paramedic, and other emergency services. For life-threatening emergencies, always dial 9-1-1. If you see something, say something. Report suspicious activity to Pasadena Police at (626) 744-4241.

The city wishes for everyone to celebrate responsibly.



COASTAL CLEANUP DAY AT THE ARROYO SECO

Pasadena Public Works Department officials announced Thursday that they are encouraging residents to participate in California Coastal Cleanup Day on Saturday, September 19, from 9 a.m. to noon at the Arroyo Seco near Brookside Park. Volunteers will help remove trash from Pasadena's waterways and prevent pollution from making its way downstream to the ocean. The Heal the Bay Volunteer Program organizes the cleanup locally.

They said this cleanup supports Pasadena's broader Stormwater Program, which works year-round to prevent pollution from entering the storm drain system and protect local waterways. Public participation is a key part of the City's Municipal Separate Storm Sewer System (MS4) Permit responsibilities and complements ongoing stormwater capture, treatment, and water quality monitoring.

California Coastal Cleanup Day is California's largest annual volunteer event, bringing communities together to clean beaches, creeks, rivers, lakes, and other waterways. Volunteers also record the types of trash they collect, providing valuable data that helps inform efforts to reduce pollution and protect California's waterways.

Volunteers will meet at 360 N. Arroyo Blvd.

For more information or to register for the event, visit Coastal.ca.gov/PublicEd/ccd/ccd.html.

PASADENA HIGH NOTES CHOIR TO HOLD AUDITIONS WEDNESDAY

The Pasadena Chorale announced that its High Notes choir of young people will hold open auditions for its fourth season on Wednesday, Sept. 9, from 6 p.m. to 8:30 p.m. at San Marino Community Church. Auditions are open to soprano and alto voices in grades 6-8. No preparation or audition materials are required, and participation in the program is free of charge.

"There's nothing quite like the joy of making music together, and High Notes gives young singers the chance to experience that joy alongside students from eight other Pasadena-area schools," said Pasadena Chorale Artistic Director Jeffrey Bernstein. "Along the way, they build confidence and musicianship through instruction in vocal technique and music theory." And a three-year High Notes parent shared: "My son loves being in the High Notes! It is insanely beautiful what they do with their voices."

Parents must sign up their child in advance to audition. All auditioning singers should arrive and be ready to sing by 6 p.m. Returning and auditioning High Notes singers will begin the evening together, vocalizing and rehearsing as a group while learning new music and practicing listening and blending. Auditioning singers will then sing individually for the conductor. Parents are welcome to stay during auditions or drop off their child and return for pickup.

Free parking is available in the lot next to San Marino Community Church and in

a second lot just south of the church. Ample unrestricted street parking is also available on Virginia Road and Roanoke Road.

Dedicated to nurturing a love of singing among young people, the High Notes have quickly become a community favorite. Since the program's launch, the choir has performed on Good Morning America, collaborated with leading local arts organizations including Pasadena Playhouse and Pasadena Dance Theatre, and sung in notable venues across Southern California such as the Aratani Theatre, Zipper Hall, San Gabriel Mission Playhouse, and the Garrison Theatre at Scripps College.

The High Notes rehearse Tuesday evenings in San Marino from September through May, receiving training in vocal technique, music theory, ensemble singing, and stage presence while exploring a diverse repertoire ranging from classical masterworks to contemporary pieces.

During the 2026-2027 season, the High Notes will perform in multiple concerts with the award-winning Pasadena Chorale and present their own solo concert on May 3, 2027.

Parents interested in having their child audition for the High Notes must sign up in advance prior to September 9.

For more information and to sign up for auditions, visit pasadenachorale.org/highnotes.

RABIES POSITIVE BAT FOUND AT BRENNER PARK

The Pasadena Public Health Department (PPHD) announced Monday that officials had received a report of a second bat infected with rabies this year. The bat was found near the baseball field at Brenner Park on August 27 around 1:30 p.m. Human rabies cases have not been reported, and the overall risk to the public remains low. PPHD urges the public to exercise caution around bats.

"Bats can carry rabies and should never be handled," said Manuel Carmona, Director of Public Health. "Community members should avoid contact with and immediately report injured, ill, or dead bats."

To help ensure public safety and reduce potential rabies exposure:

- Never handle bats with bare hands
- Report any injured, ill, or dead bats to local animal control or public health authorities

"Any contact by humans or pets with a rabid bat is a very serious health concern," said Dr. Parveen Kaur, Health Officer. "Rabies is a life-threatening disease that requires timely preventive medical treatment. To reduce risk, all contact with bats and other wild animals should be strictly avoided. Rabies can be transmitted through a bite or even a scratch from the tooth of an infected animal, posing a risk to both humans and animals. If skin contact with a bat occurs, wash the area immediately with soap and water and seek medical care."

If you see a dead or dying bat on the ground, do not handle it. Contact Pasadena Humane to collect the bat by calling (626) 792-7151. Animal bites should be discussed with your medical provider as soon as possible. If pets are affected, contact an emergency veterinarian. For more information on rabies, visit the Centers for Disease Control and Prevention (CDC) Rabies website.

A MESSAGE FROM DR. BRIDGET LAWLOR, PASADENA HERITAGE

Remembering James Marrin

"This month, Pasadena Heritage lost one of its founders and one of Pasadena's great champions of beauty, James "Jim" Marrin.

Jim understood something that remains at the heart of Pasadena Heritage's work today: the places and objects that give a community its character cannot be taken for granted. They survive because people recognize their value, speak up for them, and are willing to act.

Jim was one of those people.

A graphic designer, collector, curator, teacher, and preservationist, Jim had an extraordinary eye for things others might overlook. Long before Arts & Crafts furnishings became highly sought-after, Jim and his wife, Janeen, were finding pieces at swap meets and thrift stores and filling their Pasadena bungalow with them. Their appreciation extended beyond objects to the architecture and character of Pasadena itself.

When that character increasingly came under threat, Jim helped do something about it. In 1977, he joined with fellow preservationists to found Pasadena Heritage. Nearly fifty years later, the organization they created continues the work they believed was so important: protecting the historic places that tell Pasadena's story and advocating for thoughtful change that respects what makes this city special.

Jim's influence reached far beyond Pasadena Heritage. He lent his talents to exhibitions, historic house tours, graphic design, teaching, the Friends of the Castle Green, and countless other projects. Through it all,

SOUTH PASADENA TO HOST SEPTEMBER 11 CEREMONY

The public is invited to join the City of South Pasadena and the South Pasadena Police and Fire Departments for a brief ceremony honoring the memory of those lost on September 11, 2001, marking the 25th anniversary of the attacks, the Remembrance Ceremony will be held on Friday, September 11 in front of the South Pasadena City Hall Courtyard.

The ceremony will begin promptly at 6:45 a.m. with public safety personnel and City officials gathering in front of City Hall and lowering the American Flag to half-staff. At 7:00 a.m., the regional emergency communications system, Verdugo, will announce a tribute over a shared radio channel, then a moment of silence will simultaneously be



he remained a collector in the truest sense—not simply accumulating beautiful things, but understanding them, caring for them, and sharing his enthusiasm with others.

I feel especially grateful that this summer we had the opportunity to honor Jim alongside Claire Bogaard, William W. Ellinger III, and Katie Harp McLane at our 50th Anniversary kickoff at Castle Green. To celebrate Jim in a place he loved, surrounded by a preservation community he helped create, now feels particularly meaningful.

The best way we can honor Jim is to continue the work he helped begin. Every time we recognize beauty worth protecting, advocate for a threatened historic place, introduce someone to Pasadena's architectural legacy, or help ensure that something meaningful survives for another generation, we carry a piece of that legacy forward.

Pasadena is a more beautiful and more deeply understood place because Jim Marrin cared enough to protect it.

We will miss him, and we will always be grateful that he did."



observed by all 49 Verdugo fire stations. Dignitary remarks will follow.

The ceremony is free and open to the public, and no registration is required. The community is encouraged to attend as the City honors the lives lost and recognizes the courage, sacrifice, and service of first responders.

South Pasadena City Hall Courtyard is located at 1414 Mission Street.

For more information visit: southpasadenaca.gov,



RENT our
1914 Essick House
550 W. Sierra Madre Blvd., Sierra Madre, 91024

Contact Anita
Event Rentals Coordinator
EssickHouseRentalManager@gmail.com

626-708-2223

Photos at
 **SierraMadreWomansClub.org**

Sierra Madre Woman's Club since 1907
Wistaria Shop Re-Opens 10 am, Thurs., 9/3/26



9 Kersting Court, Sierra Madre, CA 91024
626-355-1180 www.leonoramoss.com

Celebrate the
Red White and
Blooms



100% Volunteer Run
Wistaria Thrift Shop
550 W. Sierra Madre Blvd., Sierra Madre
(Enter Parking Lot via Sunnyside)

Grand Re-Opening!
Thursday, Sept. 3
10 am - 3 pm
Donations Welcomed B4 Noon



SIERRA MADRE UNITED METHODIST CHURCH
Sunday, August 30th
9:30 a.m.

Blessing of the Backpacks & End of Summer Celebration!
ALL ARE WELCOME!

695 W. S.M. Blvd.
Sierra Madre, CA
(626) 355-0629



AROUND SAN GABRIEL VALLEY



CHRISTOPHER NYERGES

[Nyerges is the author of “Urban Survival Guide,” “Extreme Simplicity,” and other books. Information about his books and classes is available at www.SchoolofSelf-Reliance.com]

WILD FOODS

NYERGES TEACHING SCOUTS ABOUT WILD FOODS

Once most people go out into the fields and woods and discover a few wild foods, and learn that they are both tasty and nutritious, they invariably think about growing some of these wild foods right in their own backyard gardens. Guess what? Many of the wild foods are probably already in your yard. Unfortunately, if you hire a landscape gardener, they typically pull out and discard all the “weeds” that grow in your yard. Your job is to discover the identity of those weeds, and find a way to keep the edible ones. You can often take samples of weeds to a local nursery, where the trained workers will be able to tell you the identity of the plant.

YOUR YARD

Once you’ve taken stock of what you already have, and don’t have, growing in your yard, you might want to introduce some common wild edibles into your yard. Begin with the plants that you already know and like! There are many ways to introduce “edible weeds” into your yard, and though you’d assume that this is a very easy task, it isn’t always. In general, you’ll be introducing specific wild foods into your yard by planting the seeds, transplanting roots, or by vegetative cuttings.

NEW ZEALAND SPINACH

New Zealand spinach grows wild along the beaches of South America all the way up to Oregon or so. When I learned about this perennial spinach, I would collect young tips and cook them when I got home. They were delicious. In time, I transplanted a young plant from the upper edges of the beach and grew it in a large sunny hillside. That was about 30 years ago! The plant not only grew, but it spread. It’s a perennial, but it does die back as it produces lots of seeds each fall. Then when the rains come again, it comes back strong, with many of the seeds sprouting. That same patch has continued to grow and be productive after all these years. Yes, this is a wild plant, but it’s easy to find the seeds from seed catalogs, and get it growing in your yard, assuming you live far from the beaches.

LAMBS QUARTER

Lambs quarter (*Chenopodium album*) is a spinach relative, and a European native that is found worldwide. This is one of the easiest wild foods to bring into your backyard, assuming you don’t already have it growing there.

This one is easiest to grow from the seed. Collect the seed in the fall and then scatter in the late winter or spring. It will grow in most soils, and under most conditions, but it really does like rich soil and full sun.

The lamb’s quarter plant is used fresh or cooked in any of the ways you might use spinach. It is considered one of the most nutritious plants in the world.

NETTLES

If it weren’t for stinging nettles, Europeans during WWII would have starved even more than they did! Once the tender tops of nettles are cooked, they make a delicious spinach. The greens can be added to soups, stews, egg dishes, and stir fries.

Because I collect gallons of the tops and mature plants every year for soup and tea, the seeds have accidentally scattered in my back yard. Without even trying, nettles grows all over my yard. The easiest way to introduce this plant into your yard is to collect the seed in the fall by shaking the tops of the plants into a bag, and later scattering the seeds in your yard. We’ve tried transplanting the roots, but this never seems to work.

These are easy to grow, they are tasty, and very nutritious.

PURSLANE

Purslane is a low growing plant that originated in India. Even Thoreau, when he was hanging out in the wood with the Indians, wrote about making meals from purslane, which was a free edible weed. Purslane consists of a round succulent stem, and paddle-shaped leaves.

Though we have seen seed companies selling these seeds, we discovered that the easiest way to propagate lots of purslane is to simply transplant a few roots into good soil. Then, we also take the long stems and simply place them into good potting soil. At least 80% of the grow, and we have a season’s worth of purslane. The plant is fairly widespread, and you probably already have some growing near you. In the wild, you find it in a somewhat sandy and well-drained soil, ideally full-sun.

Purslane is used in salads, for pickles, and cooked with egg dishes. It is the richest source of Omega 3 fatty acids, which means it helps to lower your cholesterol level. Eating purslane means you are eating your medicine.

These are just a few examples of wild plants that can enhance your life, and which probably already grow in your yard.



September Events Around Town!

Brought to you by Sue Cook

One Time Events

September 6
Sunday Afternoon Concerts in the Dome
Experience the music of the Western String Quartet in the Mt. Wilson Dome – an incredible acoustic space. Performances 3pm & 5pm Reception 4pm

September 11
Summer Nights Concerts at the Arboretum
Relax to the sounds of live Caribbean music and enjoy food, drinks, games, and more. 6pm – 8pm

September 13
Take a Walk Through 15 Decades of Pasadena History - Pasadena Heritage presents a tour of Pasadena’s bungalow past and the impact of the 210 Freeway had on the neighborhood. 9am – 11am; 10am -12pm; 11am -1pm

September 19
Taste of Arcadia at Santa Anita Park Paddock
Sample the region’s best food and drinks, visit the Business Showcase, and enjoy terrific entertainment. 2pm – 6pm

September 24
Caltech Campus History and Architectural Tour
Historic tour of Caltech’s original campus, begins with a visit to the Athenaeum. 10:30am -12pm

September 26
Moon Festival in Arcadia
Gather on the City Hall Lawn for this mid-autumn festival featuring live entertainment, activities, vendors, and mooncakes. 5pm – 8:30pm

September 26
Arcadia Performing Arts Foundation Presents John Waite - The “Golden Voice of Sound” comes to the beautiful state-of-the-art Arcadia Performing Arts Center. John Waite will be performing a catalogue of hits from his 40-year career. 8pm

September 26
Fall Rodeo - Boots, Bites, and Western Beats at One Colorado - This rodeo-inspired evening includes live country music, food booths, and yard-games in the courtyard. 4pm – 8pm

Ongoing Events

September 1, 2, 8, 15, 16, 22, 23
America’s Got Talent at Pasadena Civic Auditorium
Be part of a prime-time television event with celebrity judges and amazing talent. 2pm & 3pm

September 3, 4, 8, 10, 11, 13, 20, 22
Broadway Gamble Ramble at The Gamble House
Lineage Performing Arts Center explores the evolution of Broadway through dance, theatre and narrative at the historic Gamble House.

September 11, 12
The Improvised Shakespeare Company at Descanso Gardens - Watch as a new-fully-improvised Shakespearean masterpiece is created right before your eyes. 7pm – 8:15pm

September 12, 13
As You Like It at the Arboretum - The Bardfly Theatre Company brings Shakespeare to the garden with “As You Like It.” Gates open at 5pm Light bites and beverages available. Performance 6pm

September 18, 19, 20
Pasadena Greek Festival
Join in a celebration of Greek culture featuring traditional food, music and dance. Free parking will be available at Santa Anita Racetrack.

September 18 – October 31
Halloween at Kidspace - Costume parades, a trike ride through a spooky house, and adopt a monster.

September 19, 20
Pasadena ArtWalk in Playhouse Village
Jackalope Arts comes to Playhouse Village. Stroll down Green Street perusing handmade art made by over 180 artisans.

September 21, 28
Music in the Garden at The Huntington
Immerse yourself in the beauty of the garden and in enchanting music performed by Pasadena Conservatory musicians. 1pm – 3pm

September 25 – 27
Mid-Autumn Moon Celebration at the Huntington
Celebrate the season with a magical stroll through the moonlit Chinese Garden. 6:30pm – 9pm



626.253.1323

suecookrealtor@gmail.com

DRE 02015404



Serving Sierra Madre since 1960!



ART CLASSES GALLERY & EXHIBITIONS HANDMADE ART & GIFTS ARTFUL EVENTS

CAG offers a wide variety of classes in drawing, painting, ceramics, and jewelry making. Visit our website for more information on classes, seasonal workshops, events, and volunteer opportunities.

Currently on display in our gallery: The Pasadena Society of Artists, Artist’s Choice Exhibition, through July 30.

108 N Baldwin Ave., Sierra Madre
Gallery Open Monday-Friday 10am-5, Saturday 10-2

CREATIVEARTSGROUP.ORG

COLONIAL KITCHEN

— A Hidden Gem in San Marino —

CLASSIC AMERICAN DINING ★ Since 1947



STEAK & LOBSTER



FRESH SALMON



FRESH SALAD

BREAKFAST • LUNCH • DINNER

— Friendly Service • Great Food • Family Owned —



1110 Huntington Dr
San Marino, CA 91108

★ COME EXPERIENCE TRUE AMERICAN COMFORT FOOD ★

CASA DEL REY – SIERRA MADRE



31 N BALDWIN AVE
SIERRA MADRE, CA 91024
(626)355-6060
Open Daily 11am Lunch and Dinner

WWW.CASADELREYRESTAURANT.COM



Moffett's
Chicken-Pie Shoppe

Moffetts FAMILY RESTAURANT
“Home of the famous pot pie”

FULL MENU
OPEN: Mon-Sat 8am to 8pm
Sun 8am to 2pm
Breakfast from 8am to 2pm
Lunch & Dinner Served All Day
Early Bird Special Mon -Fri 8am to 11am

1409 S. Baldwin Ave. Arcadia Ca 91007
We Deliver : UBER EATS & DoorDash
For Pick-up Call: 626-447-4670

YOUR AD COULD BE HERE!
Call Patricia 626-818-2698

MOUNTAIN VIEWS NEWS

PUBLISHER/ EDITOR
Susan Henderson

PASADENA CITY EDITOR

Dean Lee

SALES

Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER

John Avery

DISTRIBUTION

Peter Lamendola

CONTRIBUTORS

Lori A. Harris
Michele Kidd
Stuart Tolchin
Harvey Hyde
Audrey Swanson
Meghan Malooley
Mary Lou Caldwell
Kevin McGuire
Chris Leclerc
Dinah Chong Watkins
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Rich Johnson
Lori Ann Harris
Rev. James Snyder
Katie Hopkins
Deanne Davis
Despina Arouzman
Jeff Brown
Marc Garlett
Keely Toten
Dan Golden
Rebecca Wright
Hail Hamilton
Joan Schmidt
LaQuetta Shamblee

Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole. Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.

Mountain Views News is wholly owned by Grace Lorraine Publications, and reserves the right to refuse publication of advertisements and other materials submitted for publication.

Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024
Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnewsnews@aol.com



A member of the
California
Newspaper
Publishers
Association

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON



BOY...ARE YOU IN LUCK! BOY ARE YOU IN LUCK

Last week if you were one of the treasured few who read my entire article you would have noticed that I said my goodbyes thinking it was all over for me. Be that as it may, by my final paragraph I explained that a doctor had diagnosed Covid and provided medication and that I should be around for a while. Okay, so today I am doing my best to cope. In the morning my wife drove me to join my golfing partner and he helped me to play nine holes using the electric cart. I can't say I played well but, with his help, I did get around the course. Hooray for younger friends.

After golf he drove me to the medical facility to see my son who is suffering from pancreatitis brought on by repeated endoscopies. Tomorrow another endoscopy is scheduled which probably will not help his overall condition very much but may allow him to be more comfortable. As I have said repeatedly, I am 82 years old and have trouble understanding the medical ramifications of his condition.

One thing I can do is just be present and let my son know he is not alone. Tomorrow at 7AM my wife is scheduled to drive me to the medical facility in Duarte where I will be allowed to accompany my son in the ambulance as he is driven to Baldwin Park for the Medical Procedure. My son specifically asked me to be in the ambulance with him, and I was very happy to have a chance to be of service. I was in the midst of trying to create this article and after watching the Dodger game to be ready for tomorrow when out of the blue my wife received a call from the Medical Facility telling her that time for coverage had expired. She was told that since his condition had not improved my son was due to be released on Friday.

I am very confused and very frightened. Remember although I was a practicing Lawyer for over fifty years, I have now been retired for over six years. My daughter is presently a practicing attorney who is very involved handling a full practice of immigration cases. Nevertheless, she and my wife have taken over full responsibility for overseeing my son's status with Kaiser and the Medical facility. For me it is all crazy-making, and I wonder why I put this personal material into an article.

I guess the only answer is that I want very much to continue writing articles and believe that presenting an authentic picture of my own life will act as a service to other people. I do not want to keep secrets and desire to present as much truth as I can. I also need to share the fact that much of my own memory is disappearing. I guess this is what is called dementia or a preliminary to Alzheimer's or something horrible. I hate to think about the future as the present is already intolerable.

While coping with our own troubles it is necessary that we recognize what the future might be for our children and grandchildren. As I travel back and forth from the medical facility, I see the youngsters going back and forth to School. My granddaughter just began the second grade, and it is a big deal for her. It is a BIG DEAL. Raising our children and attempting to create a livable safe future for them is one of the major responsibilities of all adults. Today, it seems that other beings, nonhumans, do a better job than humans. Maybe humankind is on the road to extinction but perhaps I am going overboard. I hope to be able to share something positive in next week's article and I plan to keep writing for as long as I am able.

I hope you will keep reading.

QUOTES BY MOOJI By Jeff Brown



Mooji is a Jamaican-born spiritual teacher who shares teachings on self-inquiry, presence, inner freedom, and recognizing our true nature. Mooji's primary spiritual teacher was Sri Harilal Poonja, known as Papaji. Mooji met Papaji in Lucknow, India, in 1993 and spent several months with him. Mooji describes Papaji as his living Master and credits him with helping him recognize the Self as pure awareness. Mooji has many videos on youtube

"Be happy in the recognition of your own true nature."
"Nothing can trouble you except your own imagination."
"Don't try to become. Just be."
"Your true nature is peace."
"You are not the person you take yourself to be."
"Stay as you are, without trying to become anything."
"Simply be. Be still. Be here."
"Whatever comes, let it come. Whatever stays, let it stay. Whatever goes, let it go."
"Your being is already complete."
"Freedom is not something you achieve. It is what you are."
"Do not identify with what is passing."
"The mind is not your master unless you make it so."
"Stop looking for yourself in what is changing."
"Your heart knows the way. Trust it."
"Awareness is already present before every thought."
"You are the witness of all that appears."
"Let everything be as it is."
"Nothing is missing in this moment."
"Truth does not need to be created. It needs only to be recognized."
"Be empty of concepts and full of being."
"The present moment is enough."
"Do not fight the mind. Simply see it."
"When you stop seeking, what you are becomes obvious."
"You are already that which you are searching for."
"Remain in the natural state of being."
"What is wrong with right now if you don't think about it" Bob Adamson
"Be Still & know That I Am God" Psalm 46:10

RICH JOHNSON



STUPID AND SMART STUFF

World history is polka dotted with stupid lies. How many do you remember? And what happened when your lying was discovered?

Let's take George Washington's teeth for example. All school children (well in America anyway) are taught that President Washington had wooden teeth. Not true. Wooden teeth would have quickly turned to a mixture of mush from saliva and tea. Nope, George's teeth were a mix of gold, lead, hippopotamus ivory, brass, and yes, some real teeth (which he purchased from slaves). And by the way, young George Washington did not chop down his dad's prized cherry tree. Some weird writer named Rich Johns...no, it was Parson Weems invented the myth after Washington died.

The dunce cap, you know, the cone shaped one has a reputation of being a symbol for foolishness and lack of intelligence (Geeze, I've never needed that). The fact of the matter the Dunce Cap was invented in the 1200's by John Duns Scotus who encouraged his followers to wear pointed hats because he thought the hats worked like an antenna channeling divine wisdom. (What a dunce!)

The only Vikings who wore helmets were the Minnesota Vikings football team. You remember, the helmets with the big handles on either side. The Vikings would have lost every sword fight if they wore those heavy helmets during battle. I have stupid Viking ancestors so I wouldn't be here if they were that stupid.

The Catholic Church was not anti-science. In fact, the Big Bang theory was developed by a Catholic (priest) George Lemaitre.

Andrew Jackson was heckled at his funeral by his pet parrot. Somebody brought the parrot to the funeral and just before the sermon people heard a volley of cuss words. The bird was swearing so much he had to be removed from the service.

Now, most of us were children at one time or another. Some, like me, are still children. One reality we share in common is the lies parents tell their young children...often for their own good. Let's clear the air on some of the more scary lies.

- Go ahead and swallow that gum. No, its not going to stay in your stomach for 7 years. Your body digests every little wad in a few days at most.
- Go ahead and crack your knuckles. There is no scientific evidence it cause arthritis or joint disease.
- Parents with pools tell their kids not to pee in the pool. And that it will change the color of the water. Uh Uh! They just don't want you to pee in the pool.
- Don't feel bad about your doggies. They can see more than black or white. They see yellows, blues and grays or so my friend's dachshund told me. He had a German accent so I didn't quite understand him.
- Our friends at Scientific American have assured us humans do not swallow seven spiders a year. Unless you have bedbugs, spiders have no interest in your mattress. So, they are not lingering near your face.
- Kids pay attention. If you like to swim in pools right after lunch you're in luck. The Mayo Clinic has confirmed there is absolutely no scientific basis for staying out of the pool. It's a lie perpetrated by parents to get a break from having to watch you so closely.
- Cavemen did not live in caves. Neanderthal hunter-gatherers and farmers who lived 400,000 to 30,000 years ago lived in huts made of wood and covered in animal skins.
- Here's a biggie. Aristotle suggest we had five senses: Sight, sound, smell, touch, and taste. Not so fast Ari! Experts tell us we have at least 10 senses, with some experts count as high as 23. You can make it a project to find out the rest. But a few more include sense of balance, sense of pain (ouch) and the perception of time (by the way, what time is it?
- Carrots will help your vision! Actually that's true. Carrots have beta-carotene which converts to vitamin A which is the eyesight helper. So do sweet potatoes, spinach, butternut squash, apricots, cantaloupe and Romaine lettuce. Don't forget eggs and milk.

Well that's enough of all this. Have a great week. And remember, wherever you go, there you are.



7 **LEGAL NOTICES**
Mountain View News Saturday, September 5, 2026

Mountain Views News 80 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.2737 Fax: 626.609.3285 Email: editor@mtnviewsnews.com Website: www.mtnviewsnews.com

ADVERTISEMENT



FIRE
JUSTICE

EATON
FIRE

No thanks, Edison. We'll see you in court.

Schedule an Appointment

Manuel Alatorre
Eaton Fire Survivor & Client
Sierra Madre

Yuana Rambach
Eaton Fire Survivor & Client
Sierra Madre

Advertisement: Douglas Boxer, Law Office of Douglas Boxer, 221 E. Walnut St., Suite 100, Pasadena, CA 91101 is the attorney responsible for the content of this advertisement.



Arcadia | Pasadena North | Alhambra

**FROM FIRE
DAMAGE TO
FULLY RESTORED**
WE GUIDE YOU THROUGH IT

When the smoke clears, the recovery can be overwhelming. Whether it's soot or water damage, we manage the headache so you don't have to. We work directly with your insurance company, handling the documentation and details so you can focus on getting back to normal. From initial damage to rebuilding, we provide expert guidance every step of the way.



SPECIALIZED FIRE RECOVERY SERVICES

- ✓ Interior & Exterior Deep Cleaning
- ✓ Attic Cleanup & Insulation Replacement
- ✓ Contents Cleaning & Professional Pack-Out
- ✓ Detailed Inventory of Total Loss Items
- ✓ Full Guidance Through the Restoration Process

BEYOND FIRE: WE ARE YOUR FULL-SERVICE RESTORATION PARTNERS

24/7 Emergency Response | Water Damage | Mold Remediation | Full Reconstruction

CALL US AT (626) 415-0448

WWW.SERVPROARCADIA.COM

SERVPRO® OF ARCADIA | PASADENA NORTH | ALHAMBRA



WHALES PRESSURE WASHING

Let Us Do the
Dirty Work &
Wash Away
the Grime



See What a Difference Whales Can Make

Whales specializes in revitalizing
residential & commercial spaces with
high quality pressure washing.

From driveways & sidewalks, to building
exteriors & patios, we clean it with
care & precision.

No matter the surface, we will
make a WHALE of a difference.



Bringing Your Surfaces
Back to Life

WhalesPressureWashing.com
Call/Text 626-760-0715

RESIDENTIAL & COMMERCIAL PLUMBING SPECIALISTS

626.222.7954

CENTURYSEWER SERVICES.COM

We Specialize In:

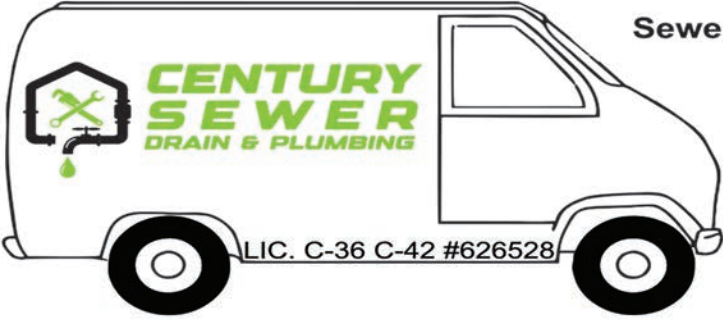
All Plumbing Repairs

Sewer & Drain Cleaning

Video Sewer
Inspection

Water Heater
Replacement

Backflow Testing
Services



OVER 50 YEARS OF PROFESSIONAL EXPERIENCE

GARVEY ROOFING INC.

garveyroofing.com



State Contractors License #692830

A ROOF FOR ALL SEASONS

"We do all of the things that you don't
know to ask us to do." - Thomas Garvey

Over
30 Years
In Business



Exterior House
Painting



Solar Installation,
Upgrade, & Repair



Pre-Painted Seamless
Rain Gutters



New Roof, Re-Roof,
& Roof Repair



Attic and Wall
Insulation



Custom Windows
Installed

\$500 OFF
Complete Roof Replacement
(totaling \$5,000 or more)

\$50 OFF
Any Roof Repair
(totaling \$500 or more)

**100%
FINANCING**
Upon Approved Credit

24/7 service
(626) 358-9208



COSTUME JEWELRY WANTED!

Give your jewelry a new purpose
and help make a difference.



Clean out your
jewelry boxes and
donate to American
Cancer Society
Relay For Life Team
"The Real Housewives"



100%
of all proceeds
from the sale of
jewelry will go directly
to the American
Cancer Society.

Jewelry of any style or condition appreciated.



Contact us for pick up

therealhousewives00@gmail.com



TOGETHER, WE CAN MAKE A DIFFERENCE.

BECAUSE CANCER SUCKS!



GROOMING FOR DOGS AND CATS

SPA PACKAGES • MOBILE WASH

626-836-0701

187 West Sierra Madre Blvd.
Sierra Madre, Ca. 91024

BY APPOINTMENT ONLY

Tuesday - Saturday
8:00 AM - 6:00 PM



SERVING YOU SINCE 1949

GEM PLUMBING

Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE &
INSTALLATION

We Do It All!

COPPER RE-PIPES
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER
HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR
BRANDS

Emergency
Service
Available

355-3496

140 E. Montecito | Sierra Madre



State Contractor Lic. #111308

FREE ESTIMATES

FREE ESTIMATES



**Sierra Madre
ANIMAL HOSPITAL**

Walter Cailleteau, DVM

927 N. Michillinda Ave.

Pasadena, CA 91107

(626) 351-8863

Free Exam!
For New Clients

Bring this coupon to save!



**Sierra Madre
ANIMAL HOSPITAL**



HAPPY LABOR DAY

*Honoring the People
Who Build America*

From the past to the present, the
strength of our nation comes from
the hard work, dedication and
perseverance of American workers.

★ **THANK YOU FOR ALL YOU DO!** ★



RELAX. ★ RECHARGE. ★ ENJOY.



*Wishing You and Your Family
a Safe and Happy Holiday!*

**Curious What Your Home Could Sell For in
Today's Market? Call me Today.**



DRE# 01135433

**LUTHER
TSINOGLOU**

626.695.8650

Luther@Tsinoglou.com
www.Tsinoglou.com

Is Now the Right Time for
You to Sell?

Contact me for a free consultation and
let's explore your best options together.



CONTACT

Serving the Community for over 25 Years



Compass is a real estate broker licensed by the State of California and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only and is compiled from sources deemed reliable but has not been verified. Changes in price, condition, sale or withdrawal may be made without notice. No statement is made as to accuracy of any description. All measurements and square footage are approximate.

COMPASS