Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

NOVEMBER 7, 2026

VOLUME 20 NO. 45

OPEN HOUSE

Sunday

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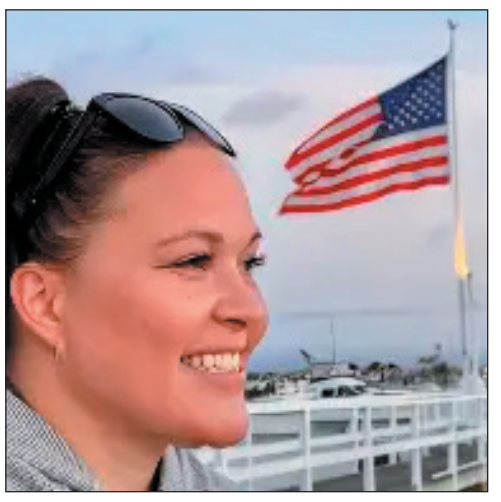
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MAYOR KRISTINE LOWE TO DELIVER 'STATE OF THE CITY" ADDRESS ON NOVEMBER 12, 2026 at 5:30 pm



Kristine “Kris” Lowe was elected Mayor of Sierra Madre in December 2025. A lifelong resident, with family in Sierra Madre for 5 generations, she is dedicated to serving and strengthening our community she proudly calls home.

Kris began her career in public service with the Sierra Madre Fire Department, where she rose to the rank of Captain. During her distinguished career, she made history as the first female fire officer in both Sierra Madre and the San Gabriel Valley. After decades of dedicated service protecting the community, she retired from the department in 2016.

In addition to her work in public safety, Kris has devoted more than 25 years to public education. She has served with the Glendale Unified School District as a Teacher Specialist for Internships and Apprenticeships in the College and Career Office, helping students connect their education with real-world career opportunities.

Kris’s deep commitment to Sierra Madre has been recognized through numerous honors, including the Woman of Distinction award from Assemblymember Chris Holden for California’s 41st Assembly District, Sierra Madre’s Woman of the Year, and the Hometown Hero award in the City’s Fourth of July Parade.

Her dedication to community service extends through active involvement with many local organizations and committees. She has served on the Sierra Madre Community Foundation Board and the Friends of the Library Wine Tasting Committee. She currently serves on the Sierra Madre Pioneer Cemetery Board, the Sierra Madre Events Committee overseeing the city’s Fourth of July festivities, and the Board of Trustees for The Gooden School.

Kris’s connection to Sierra Madre runs deep through generations of family and community ties. She shares her lifelong love of the city with her partner, Dan Bell, grandson of Mary Perkins of Mary’s Market. Her parents, Roger and Scarlett Lowe, are high school sweethearts and still live in town. Roger served the Sierra Madre Fire Department for 38 years and is credited with bringing paramedic services to the city during his tenure as Fire Chief. Kris’s two twin brothers, Tom and Matt, worked for the City of Sierra Madre, as Lifeguards where Tom started dating his wife, Melody, also a lifelong resident.

Mayor Lowe is passionate about preserving Sierra Madre’s cherished small-town character while ensuring the city continues to provide excellent services for residents and businesses. She leads with a spirit that reflects the heart of the community — neighbors caring for neighbors.

SIERRA MADRE ROSE FLOAT ASSOCIATION ANNOUNCES SCHOLARSHIP AWARD

The Sierra Madre Rose Float Association is pleased to announce that Frances Farnam *(pictured lower right with her father)* is the recipient of our 2026 SMRFA Scholarship Award.

This award recognizes one student in either their senior year of high school or first year of college who has demonstrated academic excellence, service to the community, and dedication to the work of the Sierra Madre Rose Float Association.

Frances served as a princess on our 2024 float and has been involved with both decorating and constructing our float. She started her welding “lessons” with our own crew in 2019 and has helped with dry and fresh floral prep and decorating.

Frances is a 2026 graduate of California School of the Arts – San Gabriel Valley. She is studying at Cornell University, studying Environmental Engineering in the College of Agriculture and Life Sciences. She has been a wonderful contributor to the SMRFA crew for many years, and we’ll miss seeing her at the barn.

THANK YOU FOR YOUR SERVICE & COMMITMENT

After 32 years SMPD Sgt. Charles 'Chuck' Kamchamnan Retires



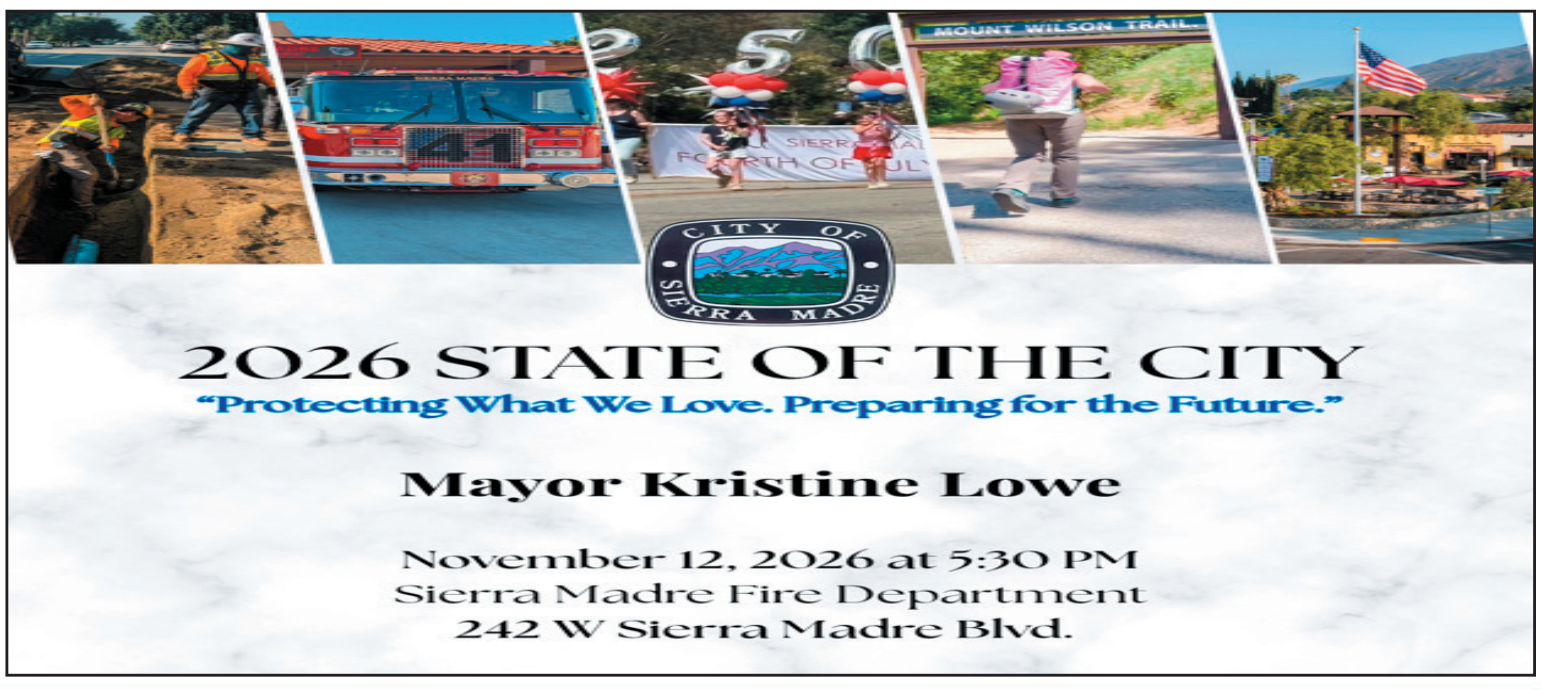
"After 32 years in law enforcement, I’m officially retiring! I’ve spent three decades telling people to stay out of trouble. Now it’s time for me to become the troublemaker at home! My wife just got promoted to Chief of Police, and I’m her new unpaid recruit".

ASSMEBLYMAN HARABEDIAN HONORS



Former Sierra Madre Mayor Rachelle Arizmendi is one of the recipients of the inaugural Harabedian Honors Award.







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ELECTION NEWS & INFO

A WORD FROM THE EDITOR:



H. Susan Henderson

On January 3, 2027, the 120th session of the United States Congress will be called to order. This Congress will mirror the United States. It will be comprised of more women than any other Congress (as of the vote count at this writing). The final number will be between 154 to 157 strong. (In the year of the woman 1992/93 the final tally was 7 senate 47 house). Among those legislators will be Native Americans, Hispanic Americans, Asian Americans, African Americans, European Americans. It will be comprised of Christians, Jews, Muslims, Hindus, Agnostic and Atheists (non religious).

This Congress should be celebrated for its composition for there will be able bodied representatives along with those with physical challenges. The common denominator is that they are all AMERICANS - of the people, by the people and for the people of the United States, ready and willing to serve! And, yes, we are a diverse nation and that diversity is front and center with our chosen representatives, as it should be.

The table has been set. Now is the time for our Congress to do its job as the second equal branch (Legislative)of our government. (Reminder: Executive and Judicial are the other two.)

As the result of last week's election, Democrats have been provided with a majority in both Houses so please use your power wisely. Republicans, the people have spoken, they do not wish for you to allow the Executive Branch to run amok. The people have spoken, they want change. They desire an America where there is hope, where they can pursue the American dream. For that is one of our constitutional rights. The right to the pursuit of happiness.

To both representative bodies you have equal power - use it. To all members of Congress, it is your job to govern not to sit and do nothing while the executive branch runs unbridled.

In order to govern, ALL members of congress must remember that their job is to act as their constituents representatives, to go to Washington and sit down with their peers and come to agreement on how to move forward in a manner that is beneficial to all. They may not all agree . Young progressives may not agree with the older more conservative members, even within their own party, but their job is to work out their differences to the benefit of the greater population.

There are those some that believe in a strong central government. Others are committed to states rights. Hopefully they all realize that this notion - Of the people, By the people and For the people was conceived and built on compromise. And, compromise we must - for that is the way such a body governs. However, compromise does not mean that you give up your values. Rather it means that you look for and establish common grounds and work towards those things.

Do not allow any one branch, including the Executive Branch to make you powerless again. The people have spoken loud and clear. They, we, want change and that change requires action on behalf of all.

Why not start with our own houses? For instance, No member of Congress should participate in the buying or selling of stock. This rule would establish confidence that you are truly working for the people and not enriching your own pockets. and would help erradicate the notion that all politicians are corrupt.

Let your elected officials know how you feel. Americans feel that their government is corrupt. So America - establish laws that will restore our faith in government. Remove the loopholes. How? We are quick to discuss what we believe are solutions among ourselves, but we have to let our representatives know how we feel. Trust me, they will respond.

Well, watch out for next week's edition where that will be discussed more.

And by the way, if you want to share your thoughts, send them to: editor@mtnviewsnews.com.
(Warning: Be sincere and serious).

STATEWIDE UNOFFICIAL ELECTION RESULTS

Results will be certified by December 11, 2026.
reporting as of November 6, 2026, 2:34 p.m.

•	*GOVERNOR*	*XAVIER BECERRA*	*5,754,374*	*64.7%*
•	*LT GOVERNOR*	*FIONA MA*	*5,666,800*	*64.5%*
•	*SECR OF STATE*	*SHIRLEY N. WEBER*	*5,743,491*	*65.5%*
•	*CONTROLLER*	*MALIA M. COHEN*	*5,634,060*	*64.5%*
•	*TREASURER*	*ELENI KOUNALAKIS*	*5,649,054*	*64.7%*
•	*ATTY GENERAL*	*ROB BONTA*	*5,657,158*	*64.5%*
•	*INS. COMMISS.*	*JANE KIM*	*4,009,884*	*52.7%*
•	*SUPT. OF PUBLIC INSTRUCTION*	*RICHARD BARRERA*	*4,390,672*	*57.9%*

DISTRICT 28 *JUDY CHU*
DISTRICT 38 HOUSE *HILDA SOLIS*

PROPOSITION 01 *AUTHORIZES BONDS FOR HOUSING AFFORDABILITY PROGRAMS. LEGISLATIVE STATUTE.*
YES 5,199,593 VOTES 60.1%

PROPOSITION 02 *INCREASES STATE'S RAINY DAY FUND. LEGISLATIVE CONSTITUTIONAL AMENDMENT.*
YES 5,215,926 VOTES 60.3%

PROPOSITION 03 *PROVIDES PERMANENT FUNDING FOR SCHOOLS AND HEALTH CARE BY EXTENDING EXISTING TAX ON HIGH INCOMES. INITIATIVE CONSTITUTIONAL AMENDMENT.*
YES 5,179,290 VOTES 59.4%

PROPOSITION 04 *REPEALS PROHIBITION AGAINST PUBLIC FUNDING OF ELECTION CAMPAIGNS. LEGISLATIVE STATUTE.*
NO 4,378,254 VOTES 51.3%

PROPOSITION 05 *CHANGES RECALL ELECTION PROCESS FOR STATEWIDE OFFICERS. LEGISLATIVE CONSTITUTIONAL AMENDMENT.*
YES 4,287,185 VOTES 51.1%

PROPOSITION 37 *CREATES LOAN PROGRAM FOR MIDDLE-INCOME BUYERS OF QUALIFIED NEW HOMES. INITIATIVE STATUTE.*
YES 5,296,136 VOTES 61.5%

PROPOSITION 38 *AUTHORIZES BONDS FOR IMMUNOLOGY MEDICAL RESEARCH. INITIATIVE STATUTE.*
YES 4,755,085 VOTES 55.1%

PROPOSITION 39 *PROHIBITS CITIZENS FROM VOTING UNLESS THEY PRESENT GOVERNMENT-ISSUED IDENTIFICATION. INITIATIVE CONSTITUTIONAL AMENDMENT.*
NO 5,208,969 VOTES 59.4%

PROPOSITION 40 *IMPOSES ONE-TIME TAX ON CERTAIN TAXPAYERS. INITIATIVE CONSTITUTIONAL AMENDMENT AND STATUTE.*
NO 4,777,593 VOTES 54.5%

PROPOSITION 41 *PROHIBITS NEW STATE TAXES THAT EXCLUDE REVENUES FROM STATE SPENDING LIMIT. REQUIRES AUDITS FOR NEW STATE SPECIAL TAXES. INITIATIVE CONSTITUTIONAL AMENDMENT.*
NO 4,606,259 VOTES 53.4%

PROPOSITION 42 *PROHIBITS NEW STATE PERSONAL PROPERTY TAXES AND CERTAIN RETROACTIVE STATE TAXES. INITIATIVE CONSTITUTIONAL AMENDMENT.*
YES 4,641,248 VOTES 53.3%

PROPOSITION 43 *LIMITS VOTERS' ABILITY TO RAISE REVENUES FOR LOCAL GOVERNMENT SERVICES. LEGISLATIVE CONSTITUTIONAL AMENDMENT.*
NO 4,786,966 VOTES 55.8%

PROPOSITION 44 *REQUIRES COMMUNITY HEALTH CLINICS SPEND 90% OF REVENUE ON PROGRAM SERVICES. INITIATIVE STATUTE.*
NO 7,017,462 VOTES 82.0%

PROPOSITION 45 *MODIFIES ENVIRONMENTAL REVIEW FOR CERTAIN PROJECTS. INITIATIVE STATUTE.*
NO 4,684,061 VOTES 54.9%

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TUESDAY, NOVEMBER 10TH

SCAN FOR MORE INFO

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SIERRA MADRE
SIERRA MADRE ARCADIA PASADENA ALTADENA MONROVIA

Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	70s	Lows 50s
Mon:	Sunny	Hi	70s	Lows 50s
Tues:	Sunny	Hi	70s	Lows 50s
Wed:	Sunny	Hi	70s	Lows 50s
Thur:	Sunny	Hi	70s	Lows 50s
Fri:	Sunny	Hi	70s	Lows 50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY COUNCIL MEETING

November 10, 2026

The Brown Act provides the public with an opportunity to make public comments at any public meeting. As an alternative, public comment may be submitted by e-mail to publiccomment@sierramadreca.gov by 3:00PM on the day of the meeting. Emails will be acknowledged at the City Council meeting and filed into public record.

A copy of the posted agenda and a live video stream of the meeting can be found on the City's website at sierramadreca.gov on Foothills Media website at *foothillsmedia.org* sierramadre, and broadcast on Government Access Channel 3 (Spectrum).

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

Sierra Madre Public LIBRARY
Read • Discover • Connect

This week at the
Sierra Madre
Public Library
October 26 – October 31

Monday

Baby Rhyme Time – Library at
9:00am

Preschool Storytime – Library at
10:00am

Tuesday

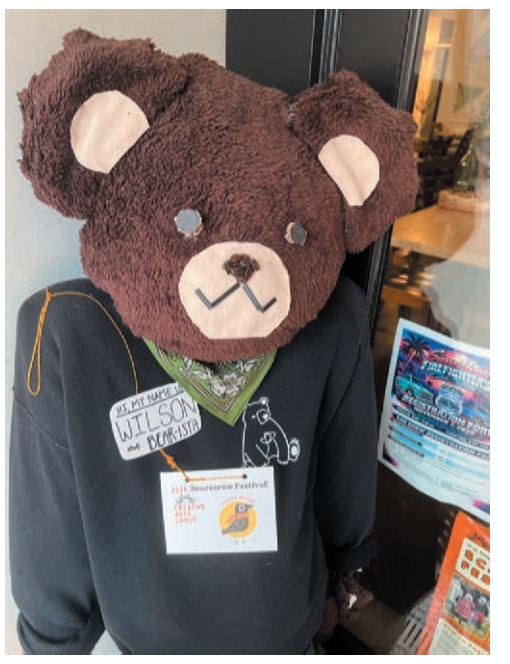
Adults at Play – Tabletop Game
Night - Library at 6:00pm

Wednesday

VolunTEENS – Library at 4:00pm

Read, Discover, Connect
@ Sierra Madre Public Library
440 W Sierra Madre Blvd.
(626) 355-7186

WALKING SIERRA MADRE: *The Social Side* by Deanne Davis



"We've gotten through it once again,
The ghouliest, ghostiest time of year,
When creatures large, and creatures small,
Prowl the highways, infest the byways,
And give us plenty of reason, in this fear-filled season,
To quiver and shiver and shake in our shoes!"

Yes, we've survived another one, friends and neighbors, another Halloween! This year made more exciting by adding rain to the mix. In spite of being soggy, a splendid time was had by all and, judging from the number of candy wrappers still decorating the town, our local dentists will soon be filling cavities by the score. Hope you got lots of Milk Duds, Dots and Three Musketeers. I managed to give away almost all my candy and had some really adorable little trick-or-treaters. Each Halloween I have such a vivid picture in my mind of my beloved John on his knees in our doorway asking little people who they were. I don't know if they trick or treat in heaven, but he had the best time talking to all the little monsters who came to our door.

The scarecrows all around town were so creative and the winners were awesome. My personal favorite, the picture today, is the Bear-ista in front of Emmi's. Judging so many unique creations was a job I would definitely not want to have. Thanks so much Creative Arts Group for all you do to make this annual event such a success.

We're now in the throes of Daylight Savings Time, or as John always called it, "Daylight Shifting Time," which is an unpleasant start to the new month. Yes, friends and neighbors, November is here.

Advice to Start Your November…

Do not seize the day. This will startle the day and may cause it to become aggressive
and give you a nasty bite.
Instead, approach the day calmly without making eye contact, pet it gently, and
slowly enfold it in a careful embrace.
If the day shows any signs of resistance to being engaged with,
it is likely to turn on you. Therefore, you need to back off and return to bed!

Thanksgiving is just around the corner, November 26th to be exact, and Christmas is just a month after that. You might take a few minutes this week to drop in to the Creative Arts Group Arts building at 108 No. Baldwin. With the specter of Christmas ahead of us, you might find a few absolutely perfect gifts…maybe even for people other than yourself!

In case you were wondering, it's perfectly OK to hang your Christmas lights while pumpkins are still sitting on your front porch. Eggnog is in the stores and it's such a delightful substance when you throw some in your blender with a lot of ice cubes, as much rum or brandy you are in the mood for, blend it till the ice is mixed in, pour into a beautiful glass and top it with some freshly grated nutmeg. Very refreshing. Also relaxing.

Speaking of Eggnog, I've been making Eggnog Muffins for breakfast and two batches of twelve vanished almost as soon as I set them down. These are fast and easy to make and simply delicious.

EGGNOG MUFFINS

Preheat oven to 400 degrees. Grease 12 cup muffin pan.
2 cups flour
2/3 cup granulated sugar
1 TB baking powder
½ tsp salt
½ tsp. grated nutmeg
Mix dry ingredients together in a large bowl.

¾ cup prepared eggnog
½ cup Kahlua, Rum, Brandy or Bailey's liqueur (pick one, not all of them!)
5 TB butter melted
1 egg beaten
Mix wet ingredients in a medium bowl till thoroughly blended. Add to dry ingredients and stir together only until mixed. Mix as little as possible or your muffins will not be light and airy. Spoon into muffin cups, top with a little grated nutmeg and bake about 20 minutes or until tester comes out clean. With coffee, these are simply as my granddaughter, Jessie, puts it:
"Eggnog-alicious!"

The weather is spectacular! Take yourself for a walk this week. Buy yourself some chrysanthemums. They are also spectacular this time of year.

"Welcome sweet November, the season of senses and my favorite month of all."
Gregory F. Lenz
"Autumn is a second spring when every leaf is a flower." Albert Camus
"Gratitude and attitude are not challenges, they are choices." Robert Braathe

My book page: Amazon.com: Deanne Davis
There are treasures there! Trust me!
Including "Just Desserts" A Fall Fantasy of Pumpkins Gone Wrong!



Pasadena Altadena

News From Your Community For Your Community

PPHD Urges Community to Get Flu Vaccine

Free flu vaccine Nov. 19

The Pasadena Public Health Department (PPHD) is urging everyone 6 months and older who has not yet received this season's flu shot to get vaccinated as flu activity increases in California and Los Angeles County.

As of October 24, California recorded 22,869 positive influenza tests, a 211.2% increase compared to the 7,348 positive influenza tests in September. Los Angeles County, including Pasadena, is also experiencing an earlier increase in flu activity at a greater rate than last year. No flu deaths have been reported to PPHD for this seasonal year.

Flu vaccination helps reduce the risk of serious illness, particularly for older adults and people with underlying medical conditions. Everyone ages 6 months and older can get their free flu vaccine offered by the Pasadena Public Health Department Thursday, Nov. 19, 1:30 – 4 p.m. at the Hill Avenue Branch Library 55 S. Hill Ave.

"This year's flu season is starting early. Getting a flu shot can help you avoid serious illness and hospital visits," said Dr. Parveen Kaur, Health Officer.

If you are sick:

- Get tested as soon as possible if you have flu-like symptoms.
- If you are at high risk of serious illness, consult your healthcare provider and start an antiviral drug right away. Do not wait for test results.
- If you feel sick, stay home until you have been fever-free for at least 24 hours, without using fever-reducing medication to prevent spread of influenza viruses.

About flu antiviral drugs:

Flu antiviral drugs are prescription medicines that can be used to treat flu illness by lessening symptoms and shortening the time you are sick. Antiviral drugs work best when started within one to two days after flu symptoms begin. The Centers for Disease Control and Prevention (CDC) recommends prompt treatment for people who have flu or suspected flu, and who are at increased risk of serious flu complications, such as pregnant women, people with asthma and chronic lung disease, diabetes (including gestational diabetes), or heart disease.

For more information, visit the Treating Flu with Antiviral Drugs CDC website.

You can check flu activity in California by visiting the California Department of Public Health Respiratory Virus Dashboard.

To get your flu shot, contact your doctor, local pharmacy, or visit MyTurn.ca.gov.



Pasadena Greenways Project Open House

Director of Transportation, Joaquin Siques, announced Thursday that the City of Pasadena is continuing to advance the Pasadena Greenways program by inviting community members to an open house at Jefferson Branch Library Auditorium Thursday from 5:30 p.m. to 8:30 p.m.

Pasadena Greenways focuses on creating calmer, safer streets and improving connections for people walking, biking, and rolling along El Molino, Wilson, Sierra Bonita, and Craig Avenues.

According to Siques, building on community outreach conducted this past summer, the city is incorporating community feedback on street safety and traffic calming into the next phase of the program. As we advance the Pasadena Greenways program, the current focus is moving the Craig Avenue Demonstration Project into implementation. The demonstration will use temporary materials to test proposed traffic calming improvements, evaluate how they perform, and make adjustments to the design before permanent construction. Lessons learned from the Craig Avenue demonstration will also help inform the designs for the other planned Greenway corridors.

Jefferson Branch Library Auditorium is located 1200 E. Villa Street.

For more information about the Pasadena Greenways program visit: cityofpasadena.net.

Huntington Drive, Fremont Ave. Corridor Improvements

South Pasadena officials are inviting the public to attend a community meeting to update and share feedback on the Huntington Drive-Fremont Avenue Corridor Improvements Project. The meeting is set for Thursday from 6:00 p.m. to 7:30 p.m. in the South Pasadena Middle School auditorium.

Although originally bundled as one project, the Huntington Drive portion of the project will move forward as planned. However, the portion along Fremont Avenue will be delayed while the city considers technical challenges and resident feedback regarding existing right of way, prescriptive easements, parking, and landscaping. A separate meeting for the Fremont Avenue portion will be scheduled once the City has more information and an updated project timeline.

Throughout 2026, the city has hosted a series of community meetings to gather public feedback on proposed designs for Huntington Drive (from Alhambra Road to Garfield Avenue) and Fremont Avenue (from Columbia Street to Alhambra Road). As a result of these meetings, the City Council approved design concepts for both corridors in May and June, respectively, that include upgraded traffic signals, fixing sidewalks, resurfacing the streets, and introducing bike lanes.

Funded by Metro, the Project aims to close active transportation gaps by introducing bicycle facilities, improving sidewalks, and upgrading traffic signals to enhance safety, accessibility, and multimodal connectivity.

View the project page here: southpasadenaca.gov/huntington-fremont

To contact the Project Team, please email huntington-fremont@southpasadenaca.gov

Central Library 100 Art Contest

Pasadena Central Library is marking its centennial year, 2027, with an Art Contest that invites the community to capture the iconic landmark through their creative lens.

Create an image featuring Central Library, your favorite book or book character. Artwork will be displayed on the construction fence surrounding the Central Library during the seismic retrofit and renovations project.

Entry deadline: Saturday, Nov. 21.

Guidelines

Open to all, any age, who live, work or attend school in Pasadena and/or in the Pasadena Unified School District. To be eligible you must meet one of these categories.

Submittal

- Design must be a flat image related to the library, your favorite book or favorite book character.
- Image must be on only one side of the paper, not both sides. Paper size can range from 8.5" x 11" to 11" x 17". Image should be portrait orientation (short side of paper at top and bottom).
- Must use bright pens, markers or paint. We encourage you to make your picture as crisp and opaque as possible to be bright and visible.
- Digital illustrations are accepted via the online form by the deadline. (Illustrations will be reproduced for display).
- Submission must be the applicant's original work.
- Must have a completed and signed entry form (available at all libraries) attached to physical submissions or submitted using the online form.
- Original artwork will be returned to participants.

Entries

Submit your illustration in one of the following ways:

- Drop it off at any Pasadena Public Library branch during open hours with the submission form attached.
- Submit your digital illustration using the online entry form on: cityofpasadena.net/library.

South Pasadena Death Cafe

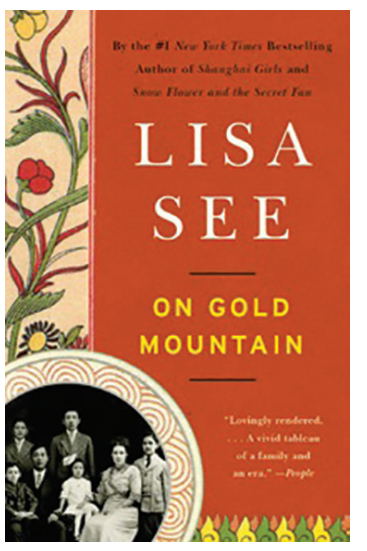
The South Pasadena Public Library is hosting a Death Café led by Kaitlyn Pietras, Grief Worker and founder/owner of (a) Wake studio.

A Death Café is a relaxed, informal space where people come together to talk openly about death. There is no agenda, no set topics, and no pressure. These events are not grief support or counseling sessions. They are a safe, respectful, and confidential place to share thoughts and questions. Light refreshments will be provided.

Death Cafés have been growing all over the world. Since 2011, more than 28,000 have taken place in 97 countries. They reflect a shared curiosity about death and a desire to have honest conversations about it.

For more information, visit: deathcafe.com.

Pasadena Announces One City, One Story Selection



Pasadena library officials announced the book selection for Pasadena's 2027 One City, One Story community reading celebration: On Gold Mountain by author Lisa See. A 20-member selection committee led by Senior Librarian Christine Reeder and made up of community volunteers worked for many months to determine this year's One City, One Story honoree.

On Gold Mountain details the 100-year odyssey of author See's Chinese-American family. When she was a girl, See spent summers in the cool, dark recesses of her family's antiques store in Los Angeles' Chinatown. There, her grandmother and great-aunt told her intriguing, colorful stories about their family's past—stories of missionaries, concubines, tong wars, glamorous nightclubs and the determined struggle to triumph over racist laws and discrimination. They spoke of how See's great-great-grandfather emigrated from his Chinese village to the United States to work on the building of the transcontinental railroad, and how his son followed him, married a white woman, and despite great odds, went on to become one of the most prominent Chinese immigrants on "Gold Mountain" (the Chinese name for the United States).

On Gold Mountain was a national bestseller and a New York Times Notable Book. It was the inspiration for an exhibition at the Autry Museum of Western Heritage, which ran from August 2000 to January 2001. See also wrote a libretto based on the book for the Los Angeles Opera, which premiered as a community opera in May 2000.

To celebrate the 25th anniversary of One City, One Story, the 2027 program will expand from a one month to a two-month celebration, allowing for deeper engagement with both the selected book and the author's broader body of work. Community programs and book discussions of On Gold Mountain, as well as the author's other titles, will be held throughout the months of March and April. This expanded approach reflects the depth of the author's career and the long-standing history of One City, One Story as a cornerstone of community engagement. While On Gold Mountain remains the centerpiece of our book discussions and the signature conversation with the author event, these companion reads offer the community a unique opportunity to discover new perspectives, connect shared themes, and experience the author's storytelling across their broader body of work.

The highlight of our 25th anniversary year will be the conversation with the author on Saturday, April 10, 2027, at 2 p.m. at the Pasadena Presbyterian Church, 585 E. Colorado Blvd. We hope that you will join us as we commemorate 25 years of One City, One Story.

For more information on One City, One Story, visit: CityOfPasadena.Libguides.com/OneCityOneStory



Lisa See

Altadena Wildfire Survivor Writing Group

Altadena library invites residents to join Saved by a Story's free, prompt-driven community writing group for survivors of the Eaton Fire. The group will meet Wednesday November 18 at the Bob Lucas Library from 1 p.m. to 2:30 p.m.

Come together in community to write about the cherished places we have been, what we have lost (and found), and how we will chart a way forward. Ignite your creativity, share your stories, and find connection in this non-judgmental and creative environment.

Please arrive 5 or 10 minutes early to get settled, as we start the group promptly at 1p.m. Bring a notebook (nothing fancy) and a pen.

Saved by a Story is a non-profit that hosts free community writing workshops for under-resourced and under-served populations to empower voices and build connection.

The Bob Lucas Library is located 2659 Lincoln Ave.

For more information visit: altadenalibrary.org/boblucas.

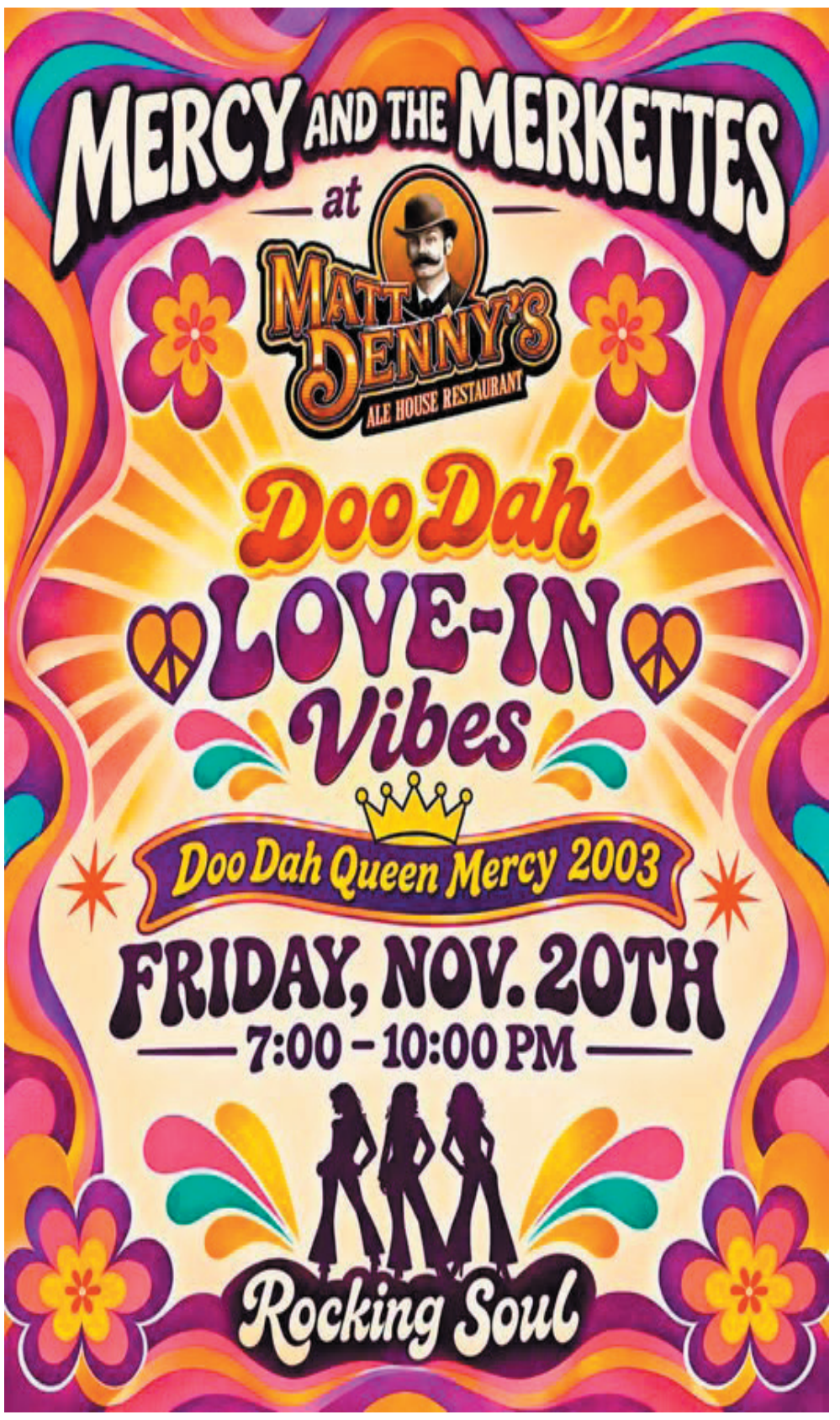
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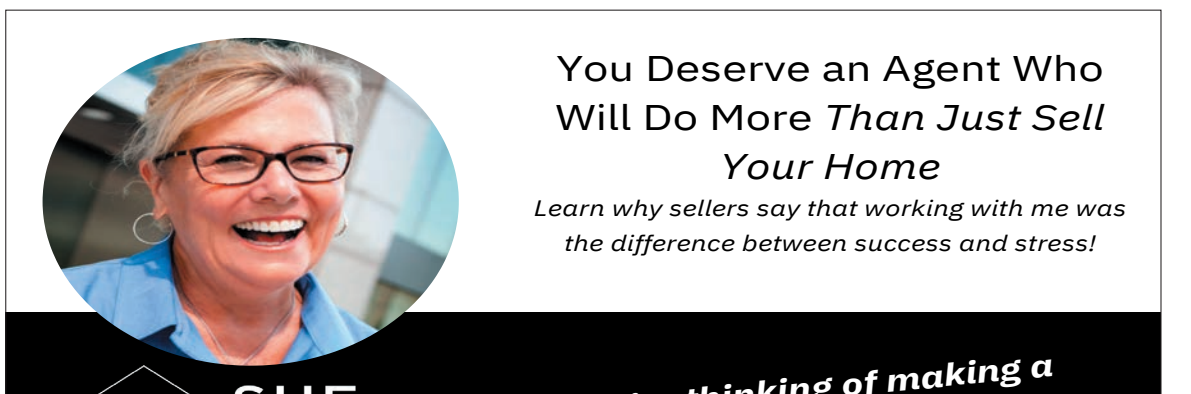
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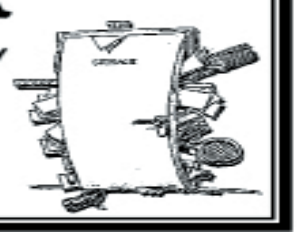
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administration@clairbourn.org
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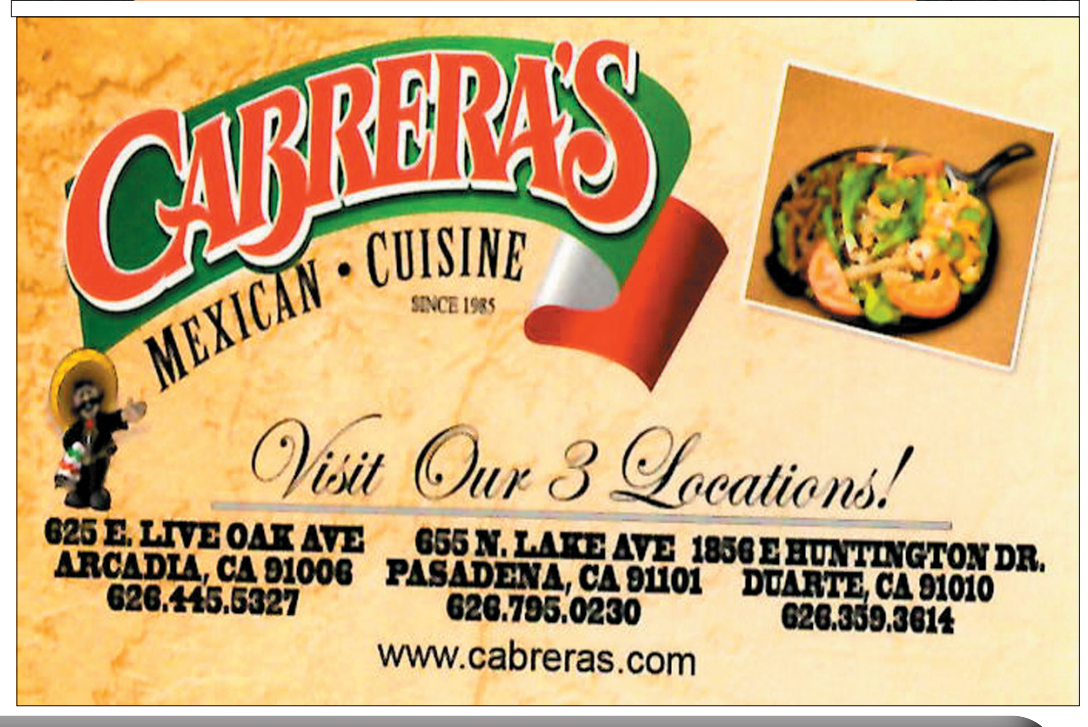
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THE HOLIDAYS ARE COMING: IS YOUR AGING PARENT REALLY DOING OKAY LIVING ALONE?



The holidays are a special time for families to come together. But for adult children visiting an aging parent, the holidays can also reveal something concerning: Mom or Dad may not be doing as well as they think.

When you see a parent regularly, gradual changes can be difficult to notice. But after several weeks or months apart, those changes may become more apparent.

Here are some warning signs worth paying attention to:

Changes in appearance: Are they wearing the same clothes, neglecting personal hygiene, or losing weight?

Changes around the house: Is the home unusually cluttered, are dishes piling up, or is housekeeping being neglected?

Memory problems: Are they repeating questions, forgetting conversations, or having difficulty managing medications?

Safety concerns: Have there been recent falls, missed appointments, or problems preparing meals?

Social isolation: Are they spending most of their time alone and withdrawing from activities they once enjoyed?

These changes don't automatically mean someone needs assisted living. However, they are reasons to have an honest conversation about whether additional support is needed.

One of the biggest mistakes families make is waiting until a crisis occurs, such as a fall or hospitalization, before exploring care options.

Assisted living can provide meals, medication assistance, social activities, and help with daily needs while allowing seniors to maintain as much independence as possible.

The holidays are an opportunity not only to reconnect with loved ones but also to make sure they are safe, comfortable, and receiving the care they deserve.

If you are concerned about an aging parent, you don't have to navigate the process alone.

Steve Sciurba, Founder of Safe Path for Seniors LLC, provides FREE senior living placement assistance, helping families find assisted living, memory care, and board-and-care homes based on individual needs and budgets.

Call Steve at (626) 999-6913. A little planning today can make a big difference tomorrow.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

THE PUMPKIN PIE CONTROVERSY: *Fruit or Vegetable?*

After over 55 years of marital bliss, The Gracious Mistress of the Parsonage and I have had very few controversial conversations. We agree on more things than we could ever disagree on.

Our biggest controversy is broccoli and Apple Fritter. We will never agree on this controversy as long as we live. I don't think broccoli is a "real vegetable," and she doesn't think an Apple Fritter is a "real fruit."

Our arrangement is that she can eat broccoli and I can eat an Apple Fritter as long as we're not at the same table together. I try to tell her the origin of broccoli, but she doesn't buy my story.

It was Thanksgiving time, which is one of the best times of the year for us as a family. We all get together for Thanksgiving dinner and enjoy our fellowship. If you could see the table filled with all kinds of food, you would be amazed.

Even though I'm on a strict diet for my health, I sneak behind The Gracious Mistress of the Parsonage's back and take things from the table to eat that she wouldn't approve of. That's what family is for, and I use it to my advantage as much as I can.

One of the things The Gracious Mistress of the Parsonage makes for Thanksgiving dinner is pumpkin pie. She usually makes at least four pumpkin pies for the family. In my opinion, her pumpkin pie is the best you can find anywhere. And believe me, I grew up in Lancaster County, Pennsylvania, which is the pumpkin pie capital of the world.

At our last Thanksgiving dinner, as we were eating dessert, which was pumpkin pie, I remarked that this pumpkin pie was the best I have ever eaten in my lifetime. I know no better fruit for a pie than a pumpkin.

That was when our controversy started. When I made that remark, she looked at me very sternly and said, "Pumpkin is not a fruit it is a vegetable."

Then she reminded me of the dishes she made from pumpkins. And it was a long list, to tell you the truth. All of those dishes had nothing to do with fruit but everything to do with vegetables. I'm not sure there is a dish made from pumpkins that she hasn't made and served in our house.

The last controversy we had was when I tried to explain to her that an apple fritter is exactly a fruit. We debated this for a long time, and nobody came out as the winner. I still believe an Apple Fritter is a fruit.

But back to the pumpkin, she wasn't going to settle for me telling everybody that a pumpkin is a fruit. She went on to explain all the different dishes she makes, and none of them had anything to do with fruit. The only thing that had to do with fruit was the pumpkin pie.

When she contradicted me, I was sitting at the table with everybody else, so I looked at her, took a bite of my pumpkin pie, and said, "This is the sweetest and most wonderful pie you have ever made." And then I said, "Don't you know that nobody makes a pie out of a vegetable?"

Of course, she wasn't going to accept my explanations. She reminded me that I did none of the cooking or baking in the kitchen and so, I was limited in my knowledge of what a pie was or wasn't. She then emphasized that she was the family expert on baking pies.

I did not disagree with that. I've eaten all the pies she's ever made in the years of our marriage, and every one was delicious beyond expectation. I knew she was an expert when it came to pies.
Everybody around the table was snickering as I continued this little banter. I looked around the table and asked, "How many here believe that pumpkin is a fruit?"

Because where we were, nobody raised their hand or even said anything. None of them had any plans to contradict The Gracious Mistress of the Parsonage. After all, she did a lot of the cooking and baking for our family get-togethers. And I, on the other hand, did nothing to add to the pie-baking for the family dinners.

They would rather please her than aggravate her. I don't disagree with them at all. There is no way that I could ever win the debate along this line. I didn't think I would, but I wanted to put it out there. I wouldn't say anything to The Gracious Mistress of the Parsonage, but I did my research on this and discovered that some believe pumpkin is actually a fruit. I didn't know, so I did that research, and after that I was very pleased to enjoy another slice of her pumpkin pie. If she wants to believe that pumpkin is a vegetable, how in the world is that hurting me? I will do nothing to compromise her baking pumpkin pies in our home.

Thinking along this line a verse of Scripture came to mind.
"Can two walk together, except they be agreed?" (Amos 3:3).
There are some things where we need to agree to disagree. However, all good relationships are built on agreeing on the right things. If we are to arrive at the same destination, it is important that we walk in the right direction.

e-mail jamessnyder51@gmail.com, website www.jamessnyderministries.com.

HAPPY BIRTHDAY! NOVEMBER Birthdays*



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* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

THE SAVVY SENIOR

REGRET SIGNING UP FOR SOCIAL SECURITY?
Here's what you can do

By Kailey Hagen, CFP®

You thought you were ready to apply for Social Security benefits, but a few months in, you're second-guessing that decision. You're worried that you've permanently short-changed yourself by signing up when you did, rather than waiting until later when you qualify for larger checks.

You're far from the only person this happens to, and the good news is that you might not be locked into your current benefit amount forever. There is a way to get a do-over if you want one, though it comes with a catch.

Worried person holding glasses and looking off into the distance.
Image source: Getty Images.

How to withdraw your Social Security application
The Social Security Administration allows you to withdraw your application within 12 months of applying if you've changed your mind. The catch is, you have to pay back all the benefits you've received from Social Security thus far to do this. If you have a spouse or children claiming on your work record, you must repay that amount as well.

If you are able to pull this off, the Social Security Administration will treat you as if you've never applied for benefits before. When you sign up again, your checks will be larger than they were the first time. But this is a one-time offer. The next time you apply for benefits, you're locked in.

Many people can't withdraw their applications because they can't repay the benefits they've already received. In that case, you're stuck with your current checks for now. But when you reach your full retirement age (FRA) -- 67 for most people today -- you can opt to suspend your benefits.

This will increase your checks by 2/3 of 1% per month, or 8% per year, until you turn 70 or request that your checks resume. It could boost your benefits by up to 24%, but again, it requires you to go without Social Security for a while, which could be tricky if you're on a tight budget.

Your checks will still grow, even if you can't undo your benefit claim
If withdrawing your Social Security application or suspending benefits at your FRA isn't an option for you, you will still see small benefit increases each year thanks to annual cost-of-living adjustments (COLAs). The size of these COLAs depends on inflation. They're not intended to help you get ahead, though. They're just supposed to help you keep up with rising living costs.

Working seniors may find that their paychecks increase over the years. This is especially true if you're earning more now than you did in years past. If you've lost money due to the earnings test in years past, you could also see a sizable benefit boost when you reach your FRA. Contact the Social Security Administration if you have any questions about this.

The $23,760 Social Security bonus most retirees completely overlook (plus 7 other costly retirement mistakes)
If you're like most Americans, you may feel a bit behind on retirement savings. But a few little-known strategies — including a Social Security "secret" — could boost your income and help protect your nest egg.

One easy trick could pay you as much as $23,760 more... each year! Learn more in our brand-new free report: 8 Costly Retirement Mistakes – and How To Avoid Them. (Note: we may receive compensation from products appearing here).



Pet of the Week



Meet Nova, a girl who knows how to make the most of a day out!

This 5-year-old pittie at Pasadena Humane recently explored Pasadena on a foster field trip, where she charmed everyone she met, enjoyed a stroll around town, and made very important stops for a bakery treat and a coffee shop pup cup (which she loved very much!). Nova is a happy, playful girl whose smile lights up every space she enters.

She loves attention, knows her way around a good game of fetch, and makes an excellent walking companion. Looking for someone to brighten your days and take up a little space in your heart? Nova might just be your girl!

In honor of Adopt a Senior Pet Month, her adoption fee is waived all November long. Come meet her today and see what makes her so out of this world!The adoption fee for dogs is $150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.Walk-in adoptions are available every day from 9:30 a.m.-5:30 p.m.

View photos of adoptable pets at pasadenahumane.org.New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



SOMETIMES YOU JUST GOTTA LOOK A LITTLE HARDER

I've been reviewing restaurants around Pasadena and the San Gabriel Valley for more than 20 years, and every once in a while, I surprise myself.

Sometimes the best places to eat aren't really restaurants at all. At least not the kind where you can walk in off the street, grab a menu and order lunch.

Recently, I discovered three places worth talking about. A terrific pastrami sandwich at the VFW (Thanks Logan O'Brien) in Pasadena, a very good hamburger at the Elks Lodge and a martini at Annandale Golf Club.

I know, I know. Before you start looking for your car keys, there's a catch. These are private clubs, and you generally need to be a member or the guest of one to get inside.

But I'll bet you know somebody.

In my case, I was fortunate enough to be invited to all three. And here's something that really caught my attention. Not only was the food and drink good, but the prices were roughly two-third of what I've come to expect at many restaurants and bars.

Now you've got my attention!

Let's start with the pastrami sandwich at the VFW. When someone asks me where to find good pastrami in Pasadena, a veterans' organization isn't usually the first place that comes to mind. But that's the fun of doing what I do. You never know where your next good sandwich is going to turn up.

Then there's the Elks Lodge. I've eaten enough hamburgers over the years to know a good one when I find it. And sometimes a burger served in a lodge can be just as satisfying as one served in a restaurant with a fancy sign out front.

And finally, Annandale Golf Club. I'm not going to pretend that I discovered some little neighborhood watering hole. Annandale is a private country club with a long history in Pasadena. But a good martini is a good martini, whether it's served at a neighborhood bar or overlooking a golf course.

Here's what I find interesting about these three places. They're not necessarily trying to compete with the restaurants along Colorado Boulevard. They're serving their members and guests, and apparently doing a pretty good job of it.

Organizations like the VFW and Elks also have something else going for them. They're places where people gather, socialize, support charitable causes and enjoy a sense of community.

In fact, I'm seriously considering joining one or two of these organizations myself. Sure, there are membership fees and requirements, but when you find good food, good company and prices that make you look twice at the bill, it's worth investigating.

My father used to say, "Feed the masses and you'll eat with the classes."

Well, Dad, sometimes you have to join the club first!

I'm not suggesting you rush out and join three organizations just to get a sandwich, a hamburger and a cocktail. But perhaps you have a friend who's a veteran, a neighbor who belongs to the Elks or somebody fortunate enough to belong to Annandale.

Ask them about the food. Better yet, see if they'll invite you along.

After all these years of writing about restaurants, I've learned that good food doesn't always come with a reservation, a celebrity chef or a fancy menu.

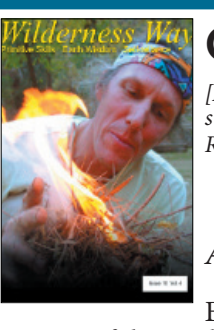
Sometimes you just gotta look a little harder.

And sometimes you just gotta know somebody.

If I missed your favorite, send me an email. I'm always looking for my next good meal.







CHRISTOPHER Nyerges

[Nyerges is author of "How to Survive Anywhere" and other books. He teaches classes on survival skills at Pasadena City College and on-line. He can be reached at www.SchoolofSelf-Reliance.com.]

MEET ENRIQUE VILLASENOR:

Ambassador of the Super Food, Survival Food: Prickly Pear Cactus

Enrique Villaseñor is at the head of the classroom, extolling the many unsung virtues of the prickly pear cactus. "It's often referred to as poor people's food," he explains, "but did you know that it contains all the essential amino acids, and some non-essential amino acids as well?"

Villaseñor is the defacto ambassador of the humble prickly pear cactus, a plant that has been used for food and medicine for millenia.



After 35 years as a school teacher, Villaseñor recently retired and now actively works as an assistant to pharmacologist Dr. James Adams, who shares traditional Chumash healing methods.

Besides assisting Dr. Adams in teaching how to practice traditional healing with herbs and lifestyle, he has become a walking encyclopedia on what he called the "superfood" of the prickly pear cactus. He doesn't want people to think of this food as simply as food of poor people who can't afford "real food." Rather, he points to all the current products (food, medicine, fabric, etc.) that are currently on the market which as manufactured from the prickly pear cactus.

PRICKLY PEAR USE GOES BACK 10,000 YEARS

In his two hour dynamic presentation, Villaseñor takes his audience through the fascinating history, and the vast healthful benefits, of the prickly pear cactus, beginning with the fact that cacti remnants were found in jars in Mexico dating back 10,000 years. He explains that archaeologists have found old jars that contained not only cactus, but teosinte (the forerunner to corn), chili, amaranth, sapote, and mesquite, some of the earliest foods from this continent.

As part of his presentation, Villaseñor shares details from the historical book, "Relacion de Cabeza deVaca," the account of Alvar Nunez Cabeza de Vaca's journey in the unknown interior of America. He was one of four survivors of the 1527 Narvaez expedition. From 1527 to 1536, he wandered across the U.S. Southwest, learning from the natives about the local foods. Though he was a slave for the first two years, he became both a trader and a healer to the various tribes. He learned of the value of the nopal (aka the prickly pear cactus) from the natives and used it for scurvy, treating arrow wounds, and for stomach issues.

GOOD FOR THE IMMUNE SYSTEM

"The prickly pear cactus is one of the best immune system boosters," says Villaseñor, quoting Hippocrates, who said "Let food be thy medicine, and let medicine be thy food."

Historically, the prickly pear cactus pads have been used for lowering cholesterol levels, digestive issues, edema, wounds, bronchitis, fevers, vitiligo, inflammation, type II diabetes, muscle pain, urinary problems, burns, and liver problems. Students of Villaseñor listen in awe, wondering why they have always considered the prickly pear just a food to eat when you're next to starving, rather than the superfood it is.

Villaseñor explains that because prickly pear was always available in good times and bad, in times of drought and plenty, it was always something that poor people could and did use, but then it came to be regarded as simply a food of last resort.

Today, however, that view is changing. Villaseñor pulls up a screen image from Amazon, showing literally hundreds of products made from the prickly pear on Amazon.

The highlight of Villaseñor's presentation is when he turns on a food processor and makes a prickly pear drink for everyone to try.

First, he carefully scrapes the young pads to remove all the spines and the tiny hair-like glochids. He puts one large pad into the blender, and adds one apple and one peeled orange, and blends it all. The resultant drink is thick, and so it can be thinned further with water if one prefers. Everyone enjoyed the tartness and sweetness of the drink. No sugar is ever added.

THE RECIPE:

"Agua de Nopales" -- Prickly Pear Cactus Water, by Enrique Villaseñor:

Ingredients
1 - Prickly Pear Cactus pad (cleaned and rinsed)
1 - Peeled Orange
1 - Green Apple
2 - Cups of chilled water
1 - Ice
1 - Lime

Dice 1 Prickly Pear pad. Place in blender with 2 cups of water. Blend. Dice 1 green apple. Blend. Dice 1 peeled orange. Blend. Add additional water to taste if the smoothie is too thick for you. Serve chilled with ice. Use lime to taste. Do not add sugar. Suggested serving is 1.5 cups 2X a day. Enjoy!

He does not advocate cooking the cactus if you want it for its medicinal benefits.

Villaseñor adds that complete health is really about complete balance, and by "balance" he explains that each of us need to find balance physically, spiritually, socially, and financially within our community and family. "You should work at each of these every day," he explains.

Enrique Villaseñor can be contacted at Senornopales@gmail.com.

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Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

WE'RE THE SAME AGE?

We all do it. We meet someone, find out how old they are and immediately compare them to ourselves. "She's my age? Wow she looks great!" Or sometimes we have the opposite reaction and think, "Really? We're the same age?" Then comes the inevitable question: "Which one of us looks younger?"

The older we get, the more striking those differences can be. Look at photos of your high school graduating class then and now. Everyone was the same age back then, but decades later, some classmates definitely look younger than others. Some of that is genetics, but genetics isn't the whole story. What we see in the mirror also reflects what we've done for decades.

One big one is sun exposure. Ultraviolet radiation damages skin and is a major cause of photoaging, including wrinkles, spots, changes in skin texture and loss of elasticity. In a randomized study, people who used sunscreen every day showed 24 percent less skin aging over 4½ years than those who used sunscreen whenever they chose. Some of what we call "getting old" is actually accumulated sun damage. So if you aren't using sunscreen now, start.

Smoking is another major factor. Research has repeatedly linked smoking with premature skin aging and wrinkles. Tobacco smoke damages collagen and other structures that help keep skin firm. After decades, that can make a noticeable difference in appearance. If you smoke, now might be a good time to quit.

Then there is exercise. Exercise isn't going to erase wrinkles, but it can affect many of the other things we notice when we decide someone "looks young." Muscle mass, body composition, posture and the way we move all contribute to the impression we make. Someone who stands upright, walks briskly and moves easily may appear younger than someone the same age who has difficulty moving or walks slumped over. It's never too late to reap these benefits either, so if you aren't exercising, get started.

Maintaining muscle becomes especially important as we get older because we gradually lose muscle mass and strength, particularly if we are inactive. Resistance exercise can slow that loss and help older adults maintain or gain strength and muscle. It won't change the date on your driver's license, but it can change how your body looks, moves and feels.

Weight affects appearance too, although thinner does not automatically mean younger. Where and how much fat we carry changes with age, and losing a large amount of weight can even make some people look older in the face. A better goal is maintaining a healthy body composition, including enough muscle.

Sleep can also affect how we look. Most of us have looked in the mirror after a terrible night's sleep and seen the evidence. Research has found an association between poor sleep quality and signs of skin aging. That doesn't mean eight hours of sleep will prevent wrinkles, but adequate sleep is one part of taking care of ourselves as we age.

There is no food that will keep your face young and no "anti-aging" supplement that can stop the clock. Good nutrition provides the nutrients our skin and bodies need. Heavy alcohol use can also affect sleep, hydration and overall health and can cause visible physical changes over time.

Then there is something we can't see in the mirror: biological age. Scientists use health measures and biological markers to estimate how quickly our bodies are aging internally. Two people who are both 70 can have very different cardiovascular health, blood pressure, blood sugar, fitness and physical ability.

But appearance and biological age aren't the same thing. Someone who spent a lifetime in the sun may have lots of wrinkles yet be extremely fit and healthy. Another person may have beautiful skin and look 10 years younger while having high blood pressure, poor cardiovascular fitness and very little muscle. We can't judge how well someone's body is aging simply by looking at their face.

If we're going to compare ourselves with someone else our age, remember that we don't know the history behind that face. Genetics and lifestyle play a role, while Botox, fillers, cosmetic surgery, hair coloring and other treatments can change how old someone appears without changing the body underneath.

We all want to win the "Who looks younger?" contest so the next time you meet someone your age, you'll probably still compare. I know I will. But while looking younger feels good, I'd rather look healthy, stand tall, move well and have a body that lets me keep doing the things I enjoy. That's a pretty great way to look good at any age.

Michele Silence, M.A. is a certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness

UNLOCK YOUR LIFE



I'M WITH MYSELF ALL THE TIME ON NOTICING THE DISTANCE BETWEEN MY VALUES AND MY BEHAVIOR

By Lori A. Harris

I want to be a peaceful, loving person. Someone whose friends feel safe with her, whether they are in the room or not. But sometimes, when I recall a frustrating situation and I have an audience, my behavior doesn't reflect those intentions. I've noticed that I get agitated and my voice rises. I'll start to describe the offending behavior in detail. I hear the aggravation in my own telling, but I keep going.

Like releasing steam, I feel immediate relief from the frustration. Someone hears me, perhaps understands me, perhaps agrees. For a moment, I'm not alone with what bothers me. But eventually, that relief gives way to something else. I feel bad about how I've spoken. Then I become critical of myself. It doesn't feel loving, and my body knows it.

I haven't necessarily said something untrue. But the way I've told the story, the agitation, the angry tone, the case I'm making against someone who isn't there, doesn't reflect who I want to be. And I haven't made room for understanding or repair with the person involved. I've released some pressure, but the relationship remains where I left it. Complaining only feels good for an instant.

The word I keep returning to is congruence: the alignment between what I value and how I behave.

But what interests me isn't just the idea of alignment. It's how that alignment feels. I'm with myself all the time. The conversation ends, the listener goes home, and I'm still here with the feeling of how I behaved. This matters to me because I like feeling good. Not because I expect to feel comfortable every minute. Not because I want to avoid difficult conversations. I want the internal satisfaction of knowing I've acted in a way I respect. I'm learning to notice the difference between what feels good immediately and what feels good later. For me, this is where mindfulness becomes personal: noticing the relief, noticing what follows, and giving myself an opportunity to choose differently. I can notice a behavior without berating myself. As a coach, I spend time thinking about how we live in alignment with what matters to us. So when I notice this behavior in myself, another judgment arrives: "You should know better." I catch myself believing that awareness should be enough. If I can see what I'm doing, shouldn't I be able to stop? Then a moment of recognition becomes an argument against myself.

I have two things to contend with: the behavior I want to change and the story I'm telling about what that behavior proves about me. I want to take responsibility for the first without automatically punishing myself for the second. I don't want to excuse myself. I also don't want to make self-condemnation the price of self-reflection. Instead of asking, "How can I call myself a loving person?" I want to ask, "What would love do here?" It might mean lowering my voice. Acknowledging that I'm getting worked up. Or admitting that the conversation I'm having about someone is a substitute for a conversation I've been avoiding with them.

I want to check in with myself. Am I seeking support or merely gossiping? I don't want to make a rule that I must never discuss a difficult relationship with someone I trust. Sometimes I want help understanding an experience or deciding what to do. What troubles me is the moment I stop seeking understanding and start recruiting agreement. Am I trying to see more clearly, or am I spreading a story? When I'm agitated, I can make one incident stand for the whole person. I repeat what annoyed me and leave out everything that doesn't support my complaint. What happened? What meaning have I added? Can I really be certain about the other person's intentions? I'm not asking these questions to prove that my feelings are wrong. I'm asking because I don't want my first interpretation to be the only one I consider. When I'm rehearsing a hurt, I can become absorbed in one scene: what was said, what should have happened, what it seemed to mean. However, these are my recollections. I need to remember that I could be wrong. I don't want to pretend that scene didn't happen. But is it the only scene I'm willing to remember? I never want to reduce a relationship to a singular incident. Remembering moments of kindness would not erase the hurt. Nor would it settle the question of what boundaries or conversations I might need. But perhaps I can remember something true alongside something else that is also true. "Ouch, that hurt me, but there was also love." I'm not trying to manufacture a happier story. I'm making room for a fuller one, and then deciding how I want to respond.

An invitation to write before speaking

If this feels familiar, consider writing a letter you do not intend to send. Choose a recent, manageable frustration rather than your deepest wound. Write what happened, what hurt, and what you wish the other person understood. You don't need to make the letter polished or gracious. It is private.

Keep the letter, tear it up, or shred it. You don't need to send it. Before you put it aside, finish this sentence:

"My next honest, caring step could be…"

That step might be a conversation, a boundary, an apology, or a decision not to repeat the complaint to another audience. This letter does not have to resolve the relationship. It can be a place to listen to yourself before choosing what comes next. For now, I want congruence to mean something more practical than never getting agitated. I want it to mean noticing when my behavior moves away from my values and letting that awareness interrupt me. I'm with myself all the time. I want to enjoy that company. And when I hear myself speaking in a way that doesn't feel loving, I want to remember that I still have a choice.

Lori A. Harris is an award-winning performance coach. You can learn more about her at loriaharris.com

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OPINION

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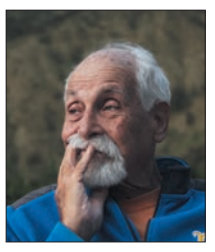
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



PUT THE LIGHTS ON

OPPORTUNITY VERSUS OPPOSITION

We are living in a very crucial historical time. The overwhelming defeat of the previous dominating ruling Republican party has provided the People of this Country with the opportunity to reform our political system into something appropriate to the present realities of the world. What do I mean? Well, although President Trump was not on the midterm ballots the election results reflect a complete rejection of his overall dominating and destructive influence.

Immediately I yearn for punishment of the man including his prompt impeachment. I personally experienced a taint upon myself realizing that I was in 2026 living in a nation wherein nonwhite students were afraid to leave their homes and go to School. The glorification of the military and weaponry I find appalling together with unnecessary wars launched by this President.

There has been continuous self-serving corruption combined with incompetence, ignorance and indifference. As I read about the President playing golf while the entire country is struggling, I think of Emperor Nero fiddling while Rome burnt. Perhaps that is only a myth, but what we have all experienced is not a myth. We here in Southern California have experienced ICE workers grabbing people off the streets as they appear at formally scheduled appointments. I am very proud to say that my daughter is a very active Immigration Attorney doing her best to defend the rights of people who have been unjustly preyed upon.

Yes, I would welcome impeachment; but, as I think about it today, one day after the midterm Trump rejection, I think it better for the entire Country to not focus on the past and resultantly be bogged down in hearings and charges and countercharges. It is best for the Country and the World to now focus on what changes are required to cope with very apparent present and future dangers. Artificial Intelligence threatens to operate beyond the controlling hand of human beings. Will mankind be dominated by machines or will the entire Species face extinction? Attention must be paid to dwindling natural resources and the continued dependence on petroleum products.

Unstable governments control nuclear weapons and partisan Wars continue. I am a Jewish man with several long- standing Jewish friends who are concerned with the status of Jews in Israel. Yes, within my own lifetime, or damn close to it, 6 million European Jews were murdered in the concentration camps of Germany. That amounted to one out- of -three Jews existing in the World at that time. Certainly, I understand the concerns of Jews and why many feel the need to maintain a safe-Jewish homeland. Nevertheless, that is not a position with which I agree. I firmly believe that to survive the Peoples of the World must learn to live peacefully together. That time must begin right now! There is a great opportunity and necessity now for the world to live harmoniously; but of course, there will be opposition. Those individuals presently in power and control will want to maintain the power and control for themselves and their families. I assert that these powerful ones are mainly White Males whose heritage includes colonizing the world. I know the recent elections have brought into office the first female non-White Governor and several non- Whites elected to equally powerful positions. Yes, I know in California we will have non-White Males as Governor and Lieutenant Governor and numerous non-White officeholders.

Still, I believe White Males presently hold most of the wealth and power and will want to hold on to it contrary to the interests of everyone else. Mr. Trump's desire for self-enrichment while in Office should not be overlooked. All right, what can we individuals do other than observe as even the overall ethic of civility of our country has evaporated? Yes, I am a life-long Democrat who luckily has lived within these past years when the ability to memorize and count and do what I was told to do has provided me with access to education and a profession and financial security.

Now, as a retired-person, with no one telling me what to do, I am facing new challenges and it ain't easy. Today it is your responsibility to foster creativity and innovation within yourself and your children. They and you and I must learn to do things for ourselves. (I am sure my wife would welcome such a change.) Of course, this is contrary to the way I was raised wherein I was repeatedly told "Don't touch anything, you'll make a mess".

I did learn the importance of making and maintaining friends and that it is unwise to be uninvolved in your community. I have kept writing these weekly articles for almost twenty years as a part of doing my best and hope that perhaps they make a difference. What happens in these next few years will be very interesting and important so stay aware as best you can. I will also keep trying my best and encourage you to continue reading my articles, especially since you got this far!

RICH JOHNSON



RELATIVELY SPEAKING WITH ALBER EINSTEIN

(Please note: All of Professor Einstein's quotes and references are historical information.)

I'm tackling this topic because I ran into Albert Einstein on a different plane of existence recently and, after much pushing and prodding, he told me his answer to a few important questions. Here is roughly how the conversation went:

Rich: *Are you ready Professor?*
Albert: *Ya Kumpel!*
Rich: *Ladies and Gentlemen, I give you Professor Einstein on the meaning of life.*
Albert: *"Well, relatively speaking Rich, we (meaning you and I) are sound and light waves, a walking bundle of frequencies tuned into the cosmos. We are souls dressed up in sacred biochemical garments and our bodies are the instruments through which our souls play their music."*
Rich: *"Thank you Professor. Now we will move..."*
Albert: *"Relatively speaking I have more quotes to enlighten your readers. May I?"*
Rich: *"Be my guest, oh, excuse me, my Mein Gast! (German for guest)"*
Albert: *"The only thing that interferes with my learning is my education."*
Albert: *"Intellectuals solve problems, geniuses prevent them."*
Rich: *"Ain't that true Professor?"*
Albert: *"Ya, Kumpel, may I keep going?"*
Albert: *"If A is a success in life, then A equals X plus Y plus Z. Work is X; Y is play; and Z is keeping your mouth shut."*
Albert: *"My dog is very smart, he feels sorry for me because I receive so much mail; that's why he tries to bite the mailman. I have more Rich, may I continue?"*
Rich: *"Jawohl"* (Yes, indeed in German)
Albert: *"If we knew what it was we were doing, it would not be called research, would it?"*
Albert: *"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."*
Albert: *"The difference between stupidity and genius is that genius has its limits."*
Albert: *Do you want to know my favorite quote on relativity?*
Rich: *"Lernen Sie die Übersetzung für"* (I can hardly wait in German)
Albert: *"Rich, here is my favorite quote on relativity." "I know not with what weapons World War III will be fought, but World War IV will be fought with sticks and stones."*
Albert: *"Like that one Richie…may I call you Richie?"*
Rich: *"Ya, and Professor, what is your favorite quote?"*
Albert: *"The quote that most effectively defines relativity is this one:"*
"Put your hand on a hot stove for a minute and it seems like an hour. Sit with a pretty girl for an hour, and it seems like a minute."
Rich: *"Any regrets Professor."*
Albert: *"Rich, please call me by my childhood nickname, 'der depperte'. Our family maid gave me that name."*
Rich: *"What does the name mean Herr Professor?"*
Albert: *"It has become an endearing name to me. And, relatively speaking I have enjoyed our conversation so much, I would like to call you 'der depperte' if you don't mind."*
Rich: *"I'd be honored to go by your childhood name? What does it mean?"*
Albert: *"I was hoping you wouldn't ask. It means 'Dopey One'."*
Rich: *"This is 'Dopey One 2" checking out."*

Crass commercial message: If you miss Corfu Restaurant and their exquisite and delicious Mediterranean cuisine, Vic Satamian, the owner of Corfu, prepares meals for pickup or delivery. Contact him at (626) 372-2681.

Finally, and speaking of wonderful cuisine, again I invite you to consider Nano Café in Sierra Madre and Moffett's in Arcadia to not only eat in…but if you are looking to having someone else do all the traditional Thanksgiving Dinner preparations. They are offering to

HOWARD Hays As I See It



"They want to make Ohio a state" – Donald Trump Jr., at campaign stop warning what would happen should Democrats take control. (Note to readers: Ohio has been a state for 223 years.)

I usually write on Tuesday, but this week I'm a poll monitor. It's a 12-hour (volunteer) gig, so today, Monday, I'm recalling a few last-minute campaign developments that caught my attention. Trump Jr. was in Ohio, where the battle is between Democrat Sherrod Brown, hoping to return to the Senate, and Republican Jon Husted – incumbent Senator appointed to the seat vacated by J.D. Vance becoming vice president. But whatever the issues, media coverage has been on the president's repeated comments about Husted's backside. mediumboi posted on Threads, "I'm gay and I talk about men's bodies less than Trump."

Speaking in Iowa, supporting Republican Senate candidate Rep. Ashley Hinton against Democrat Josh Turek, Trump claimed he could have "won Vietnam in a week" by "going after Ho Chi Minh and the other cities". Ho Chi Minh City is the current name for Saigon, the capital of defeated South Vietnam – the country we fought for. Reacting to the comment, some noted that our war in Afghanistan continued throughout Trump's entire first term. Towards its end, Trump negotiated a surrender to the Taliban without involvement by the Afghan government, which we'd been fighting to protect. President Biden later got flack for complying with terms Trump had negotiated. Now we're eight months into our war with Iran, meant to destroy its nuclear capabilities – which we were told had been destroyed the year before.

For his final speech of the campaign, the "closing argument", Trump spoke at the reflecting pool at the Lincoln Memorial. But for the first twenty minutes of the hour-long speech, he didn't mention the election. It was instead all about the reflecting pool. Despite Jeannine Pirro, U.S. Attorney for D.C., having confirmed to the court the problem was a contractor's shoddy work, Trump still insisted it was vandalism. Getting around to the election, Trump reminded us that Michigan Democratic Senate candidate Abdul El-Sayed has a scary name. He again promised $5,000 checks should Republicans keep control. Then more about the reflecting pool – and the triumphal arch – the new golf course – a "National Garden of American Heroes" with "250 to 500 great American heroes in statue form". The next morning, as polls were opening, Trump gave his "closing argument" to "Fox and Friends": "Inflation is solved. Everything is great." (That's a quote.)

Another story that caught my attention concerned a mural in Dubuque, Iowa. A hundred years ago, Dubuque was thick with the KKK; later branded "Selma of the North". Its population was nearly 100% white in 1990; by 2020 up to 4% Black. There were cross burnings in the 1980s and 90s – some protesting the city's first Black school principal. Cross burnings happened as recently as 2016, with racist graffiti in public parks. In 2013, the federal government found the city in violation of the 1964 Civil Rights Act for restricting Blacks in qualifying for low-income housing vouchers.

Then in 2020, with the George Floyd murder and Black Lives Matter movement, local graphic designer Shelby Fry assembled a coalition of government officials, organizations, businesses and volunteers to create a mural on the side of the city's Five Flags Center. The mural, 28 feet tall and 105 feet wide, shows ten raised fists of different colors and sizes. On each wrist is a symbol in the form of a letter – symbols representing gender equality, disability rights, mental health, a Pride rainbow, human rights, etc. The ten letters spell out "SOLIDARITY". Dubuque Mayor Roy Buol commented, "our local legacy of racism conjured painful memory, and we each have a role to play in improving quality of life and equity in our community."

On the Saturday before the election, residents found the mural covered by a tarp. It was all over social media, and then came the explanation: Trump was scheduled for a campaign rally there the next day, and his advance team felt the mural, with its message the city describes as "love, positivity, and respect for all humans", might upset the president – and intrude on his own message. The city reminded the company managing the Center, "The facility rental agreement for the Sunday, Nov. 1, event does not include any authority to modify the exterior of the facility". The company's manager added, "We value and respect what this mural means to our community and to the citizens of Dubuque." The tarp was removed. Trump went ahead, anyway. He railed against diversity, equity and inclusion - throwing in "transgender insanity" for good measure.

Now, it's Wednesday. Yesterday at 8:00pm, monitoring voting at the Arcadia Senior Center, there was still a 30-minute line of people waiting to vote. I was thinking of the folks with foreign accents who handed me their phones after they'd voted, asking me to take their picture as they proudly posed next to the American flag tacked to the door. Keeping tabs on the results starting to come in, I heard what was happening up in Minnesota. Hundreds were visiting the memorials to Renee Good and Alex Pretti – Americans killed by ICE last January in Minneapolis. They didn't come to leave flowers. They came to leave their stickers saying, "I Voted". We sure did.

LEGAL NOTICES

FILE NO. 2026230232
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JAFAR AZIMI GHADIKOLAEI 3415 S SEPULVEDA BLVD STE 1100 LOS ANGELES, CA. 90034 has/have abandoned the use of the fictitious business name: JEFF PAINTING 3415 S SEPULVEDA BLVD STE 1100 LOS ANGELES, CA. 90034. The fictitious business name referred to above was filed on 12/29/2025, in the county of Los Angeles. The original file number of 2025285984. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 10/30/2026. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JAFAR AZIMI GHADIKOLAEI/OWNER
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Dates Pub: OCT 31, NOV 07, 14, 21, 2026

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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026201861
The following person(s) is (are) doing business as: MIDNIGHT SMOKE 548 WORKMAN MILL RD LA PUENTE, CA. 91746. Full name of registrant(s) is (are) BASSAM KHALIL MANSOUR 548 WORKMAN MILL RD LA PUENTE, CA. 91746. This Business is conducted by: AN INDIVIDUAL. Signed: BASSAM KHALIL MANSOUR OWNER.. This statement was filed with the County Clerk of Los Angeles County on 09/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217724
The following person(s) is (are) doing business as: AKAYA APPLIANCE LG & SAMSUNG REPAIR SERVICE 7270 FRANKLIN AVE APT #108 HOLLYWOOD, CA. 90046. Full name of registrant(s) is (are) DILMUROD JURABAEV 7270 FRANKLIN AVE APT #108 HOLLYWOOD, CA. 90046. This Business is conducted by: AN INDIVIDUAL, Signed: DILMUROD JURABAEV, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/02/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026204400
The following person(s) is (are) doing business as: ANGEL'S CRANE SERVICE 9775 GLENOAKS BLVD UNIT G SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) RENE ANGEL CORONA 9775 GLENOAKS BLVD UNIT G SUN VALLEY, CA. 91352. This Business is conducted by: AN INDIVIDUAL Signed: RENE ANGEL CORONA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/24/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026204402
The following person(s) is (are) doing business as: ANGEL IRON WORKS 8435 ORION AVE 304 NORTH HILLS, CA. 91343. Full name of registrant(s) is (are) RENE ANGEL CORONA 8435 ORION AVE 304 NORTH HILLS, CA. 91343. . This Business is conducted by: AN INDIVIDUAL. Signed: RENE ANGEL CORONA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/24/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026229071
The following person(s) is (are) doing business as: CONSIGNIFY 547 ARDEN AVE B GLENDALE, CA. 91203. Full name of registrant(s) is (are) DRIVE LEGACY INC. 547 ARDEN AVE B GLENDALE, CA. 91203. This Business is conducted by: A CORPORATION Signed: DRIVE LEGACY INC. KATRINA ADAMYAN, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/29/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026221362
The following person(s) is (are) doing business as: IN-N-OUT GARAGE DOOR SERVICES 6117 RESEDA BLVD #212 TARZANA, CA. 91335, Full name of registrant(s) is (are) LAR CONSTRUCTION AND REMODELING 6371 CANBY AVE TARZANA, CA. 91336. This Business is conducted by: A CORPORATION Signed: LAR CONSTRUCTION AND REMODELING, SHARON ROUMY, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/19/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026221392
The following person(s) is (are) doing business as: DISCIPLINE TREE SERVICE 11731 RIO HONDO PARKWAY EL MONTE, CA. 91732. Full name of registrant(s) is (are) LUIS FERNANDO GASTELUM DELGADO 11731 RIO HONDO PARKWAY EL MONTE, CA. 91732. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS FERNANDO GASTELUM DELGADO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/19/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026223407
The following person(s) is (are) doing business as: SEGOVIA REAL ESTATE ONE 13830 CUMSTON ST SHERMAN OAKS, CA. 91401. Full name of registrant(s) is (are) JENNY ELIZABETH SEGOVIA 13830 CUMSTON ST SHERMAN OAKS, CA. 91401; LUIS MANUEL SAINZ 13830 CUMSTON ST SHERMAN OAKS, CA. 91401. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JENNY ELIZABETH SEGOVIA/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026225565
The following person(s) is (are) doing business as: SAUL'S CARPET CARE 5640 KESTER AVE #4 VAN NUYS, CA. 91411. Full name of registrant(s) is (are) JOSE SAUL HERNANDEZ 5640 KESTER AVE #4 VAN NUYS, CA. 91411. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE SAUL HERNANDEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-217270
The following person(s) is (are) doing business as: BEYOND PARADISE TRAVEL, 7718 DALTON AVE, LOS ANGELES, CA 90047. Full name of registrant(s) is (are) MAJESTIC LOVE LLC, 7718 DALTON AVE, LOS ANGELES, CA 90047. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed; TONI JOHNSON- PATTERSON/MANAGER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-217138
The following person(s) is (are) doing business as: BIRGHT PATH EXPRESSIVE ARTS LLC, 13028 CURTIS AND KING RD, NORWALK, CA 90650. Full name of registrant(s) is (are) BRIGHT PATH EXPRESSIVE ARTS LLC, 13028 CURTIS AND KING RD, NORWALK, CA 90650. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed; TERESA C FLORES/MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-222432
The following person(s) is (are) doing business as: CAROL'S RECYCLING, 214 E TICHENOR ST, COMPTON, CA 90220. Full name of registrant(s) is (are) ALIZON G MEJIA TZAQUITZAL, 214 E TICHENOR ST, COMPTON, CA 90220. This Business is conducted by: AN INDIVIDUAL. Signed; ALIZON G MEJIA TZAQUITZAL/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-216907
The following person(s) is (are) doing business as: CELLFREE, 256 S ROBERTSON BLVD, BEVERLY HILL, CA 90211. Full name of registrant(s) is (are) RALPH MUNIZ, 256 S ROBERTSON BLVD, BEVERLY HILL, CA 90211. This Business is conducted by: AN INDIVIDUAL. Signed; RALPH MUNIZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-218382
The following person(s) is (are) doing business as: GIL'S PLUMBONG, 5945 SHULL ST, BELL GARDENS, CA 90201. Full name of registrant(s) is (are) GILBERTO A GOMEZ BOTELLO, 5945 SHULL ST, BELL GARDENS, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed; GILBERTO A GOMEZ BOTELLO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2021. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-211815
The following person(s) is (are) doing business as: CS-BRAND, CS-BRAND.NET, CS-BRAND.AI, 15717 WOODRUFF AVE SPC 13, BELLFLOWER, CA 90706. Full name of registrant(s) is (are) ANA SARALERTSOPHON, 15717 WOODRUFF AVE SPC 13, BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed; ANA SARALERTSOPHON/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/05/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-222880
The following person(s) is (are) doing business as: GREEN & ASSOCIATES, 3922 EAST CAMBRIA PRIVADO, ONTARIO, CA 91761. Full name of registrant(s) is (are) RONALD LEE GREEN, 3922 EAST CAMBRIA PRIVADO, ONTARIO, CA 91761. This Business is conducted by: AN INDIVIDUAL. Signed; RONALD LEE GREEN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-219457
The following person(s) is (are) doing business as: GT TRUCKING, 5892 QUINN ST., BELL GARDENS, CA 90201. Full name of registrant(s) is (are) TOLEDO'S GROUP TRANSPORTATION LLC, 5892 QUINN ST., BELL GARDENS, CA 90201. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed; GERMAN LEONEL TOLEDO JR/MANAGING MEMBER. ARTICLE # 202360210320 This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2016. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-219823
The following person(s) is (are) doing business as: KABOB MASTER, 11130 DEL AMO BLVD, LAKEWOOD, CA 90715. Full name of registrant(s) is (are) KABOB MASTER INC, 410 E CHAPMAN AVE SUITE C, FULLERTON, CA 92832. This Business is conducted by: A CORPORATION. Signed; AHMED ELKURDI/CEO. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-219718
The following person(s) is (are) doing business as: M & R MARKET, 1015 W IMPERIAL HWY, LOS ANGELES, CA 90044. Full name of registrant(s) is (are) SMH INVESTMENT GROUP INC, 11530 PARAMOUNT BLVD 111, DOWNEY, CA 90241. This Business is conducted by: A CORPORATION. Signed; ABDELHAMID I HEMDA/PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-220881
The following person(s) is (are) doing business as: MARISCOS MAR DE SINALOA, 5205 CORONA AVE, MAYWOOD, CA 90270. Full name of registrant(s) is (are) SAMANTHA ESPINOSA CORTEZ, 5205 CORONA AVE, MAYWOOD, CA 90270, ALEXIS SAMAND CARRASCO, 5205 CORONA AVE, MAYWOOD, CA 90270. This Business is conducted by: A GENERAL PARTNERSHIP. Signed; SAMANTHA ESPINOSA CORTEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/16/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-218497
The following person(s) is (are) doing business as: MARTIN & ASSOCIATES # 1, 15321 HAWTHORNE BLVD APT 1, LAWNDALE, CA 90260. Full name of registrant(s) is (are) MEHDY MARTIN AZEMOON, 15321 HAWTHORNE BLVD APT 1, LAWNDALE, CA 90260. This Business is conducted by: AN INDIVIDUAL. Signed; MEHDY MARTIN AZEMOON/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-220817
The following person(s) is (are) doing business as: QUEEN JANITORIAL SERVICE, 6631 SALT LAKE AVE SPACE 37, BELL, CA 90201. Full name of registrant(s) is (are) ADELA REYES-MEZA, 6631 SALT LAKE AVE SPACE 37, BELL, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed; ADELA REYES-MEZA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/16/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-218205
The following person(s) is (are) doing business as: SABOR GUATEMAYA, 6TH ST. BONNIE BRAE, LOS ANGELES, CA 90057. Full name of registrant(s) is (are) ALBERTO XILOJ AJANEL, 816 E 21ST ST, LOS ANGELES, CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed; ALBERTO XILOJ AJANEL/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-195948
The following person(s) is (are) doing business as: THE DUMPLING TOPS, LONG XIANG LI, 800 FAIR OAKS AVE, SOUTH PASADENA, CA 91030. Full name of registrant(s) is (are) JMC DINING INC, 4909 COPPER RD, CHINO HILLS, CA 91709. This Business is conducted by: A CORPORATION. Signed; MIAO CHEN/CEO. ARTICLE # B20260392288 This statement was filed with the County Clerk of Los Angeles County on 09/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-217017
The following person(s) is (are) doing business as: TACOS LA PULMONIA ESTILO MAZATLAN, SINALOA, 1242 LOS PALOS ST, LOS ANGELES, CA 90023. Full name of registrant(s) is (are) ROBERT MENDEZ, 1242 LOS PALOS ST, LOS ANGELES, CA 90023, RAUL ACOSTA, 1242 LOS PALOS ST, LOS ANGELES, CA 90023. This Business is conducted by: A GENERAL PARTNERSHIP. Signed; ROBERT MENDEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-195948
The following person(s) is (are) doing business as: THE DUMPLING TOPS, LONG XIANG LI, 800 FAIR OAKS AVE, SOUTH PASADENA, CA 91030. Full name of registrant(s) is (are) JMC DINING INC, 4909 COPPER RD, CHINO HILLS, CA 91709. This Business is conducted by: A CORPORATION. Signed; MIAO CHEN/CEO. ARTICLE # B20260392288 This statement was filed with the County Clerk of Los Angeles County on 09/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT File No. 2026-222955
The following person(s) is (are) doing business as: WENDYS FASHION, 14337 PIONEER BLVD UNIT 71, NORALK, CA 90650. Full name of registrant(s) is (are) WENDY ANTONIO URIOSTEGUI, 14337 PIONEER BLVD UNIT 71, NORWALK, CA 90650. This Business is conducted by: AN INDIVIDUAL. Signed; WENDY ANTONIO URIOSTEGUI/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FILE NO. 2026-220816
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JUAN ESTRADA, 1657 W 147TH ST APT #1, GARDENA, CA 90247. has/have abandoned the use of the fictitious business name: ESTRADA'S GENERAL SERVICES, 1657 W 147TH ST APT #1, GARDENA, CA 90247 The fictitious business name referred to above was filed on 01/27/2025, in the county of Los Angeles. The original file number of 2025016961. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 10/16/2026. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JUAN ESTRADA/OWNER
Publish: Mountain Views News
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026211776
The following person(s) is (are) doing business as: MARIELAS CLOTHING & LAUNDRY SERVICES 922 N ALVARADO ST STE F LOS ANGELES, CA. 90026. Full name of registrant(s) is (are) MARIELA JALCANTAR RODRIGUEZ 922 N ALVARADO ST STE F LOS ANGELES, CA. 90026. This Business is conducted by: AN INDIVIDUAL. Signed: MARIELA JALCANTAR RODRIGUEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/05/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026201628
The following person(s) is (are) doing business as: LE MARAIS 11980 LAURELWOOD DR UNIT 17 STUDIO CITY, CA. 91604. Full name of registrant(s) is (are) MARIA DEL CARMEN BARROS 11980 LAURELWOOD DR UNIT 17 STUDIO CITY, CA. 91604. This Business is conducted by: AN INDIVIDUAL. Signed: MARIA DEL CARMEN BARROS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217323
The following person(s) is (are) doing business as: IN CALL MEDICAL SUPPLY 1601 N HOBART BLVD 112 LOS ANGELES, CA. 90027. Full name of registrant(s) is (are) ARTUR GALIKYAN 1601 N HOBART BLVD 112 LOS ANGELES, CA. 90027. This Business is conducted by: AN INDIVIDUAL. Signed: ARTUR GALIKYAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2023. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026219278
The following person(s) is (are) doing business as: QUANTUM AUTO SALES 1980 S ROBERTSON BLVD LOS ANGELES, CA. 90034. Full name of registrant(s) is (are) MANANA MEREBASHVILI 1980 S ROBERTSON BLVD LOS ANGELES, CA. 90034. This Business is conducted by: AN INDIVIDUAL. Signed: MANANA MEREBASHVILI/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2021. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026219280
The following person(s) is (are) doing business as: EVERYDAY CONSULTING 1234 STANLEY AVE APT 104 GLENDALE, CA. 91206. Full name of registrant(s) is (are) ARTUR GRIGORYAN 1234 STANLEY AVE APT 104 GLENDALE, CA. 91206. This Business is conducted by: AN INDIVIDUAL. Signed: ARTUR GRIGORYAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2023. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217319
The following person(s) is (are) doing business as: LAKE SIDE PRESSURE WASHING 27636 ELKRIDGE RD CASTAIC, CA. 91384. Full name of registrant(s) is (are) BISHOI ABDELMESIH 27636 ELKRIDGE RD CASTAIC, CA. 91384.. This Business is conducted by: AN INDIVIDUAL. Signed: BISHOI ABDELMESIH/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217321
The following person(s) is (are) doing business as: HA ADVERTISING 1646 N KINGSLEY DR LOS ANGELES, CA. 90027. Full name of registrant(s) is (are) ARTUR GALIKYAN 1646 N KINGSLEY DR LOS ANGELES, CA. 90027. This Business is conducted by: AN INDIVIDUAL. Signed: JARTUR GALIKYAN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2023. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026211774
The following person(s) is (are) doing business as: GS AUTO GROUP 17620 SHERMAN WAY AVE VAN NUYS, CA. 91406. Full name of registrant(s) is (are) GIORGI SHENGELIA 17620 SHERMAN WAY AVE VAN NUYS, CA. 91406. This Business is conducted by: AN INDIVIDUAL. Signed: GIORGI SHENGELIA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/05/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2020. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217862
The following person(s) is (are) doing business as: MAKSAID 13846 SHABLOW AVE SYLMAR, CA. 91342. Full name of registrant(s) is (are) MAKSYM LUTSENKO 13846 SHABLOW AVE SYLMAR, CA. 91342. This Business is conducted by: AN INDIVIDUAL. Signed: MAKSYM LUTSENKO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026218959
The following person(s) is (are) doing business as: MICHELE'S BEAUTY SALON 10690 LAUREL CANYON BLVD PACOIMA, CA. 91331. Full name of registrant(s) is (are) BLANCA LAMAS 10690 LAUREL CANYON BLVD PACOIMA, CA. 91331. This Business is conducted by: AN INDIVIDUAL. Signed: BLANCA LAMAS/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026220045
The following person(s) is (are) doing business as: PINK CADILLAC 10258 E AVE R6 LITTLE ROCK, CA. 93543. Full name of registrant(s) is (are) VETHBIRAY PEREZ 10258 E AVE R6 LITTLE ROCK, CA. 93543.. This Business is conducted by: AN INDIVIDUAL. Signed: VETHBIRAY PEREZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/16/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026206462
The following person(s) is (are) doing business as: SUPERIOR IDEA MAINTENANCE SERVICE 1149 1/2 GENESEE AVE WEST HOLLYWOOD, CA. 90046. Full name of registrant(s) is (are) ALEXANDER VALENZUELA 1149 1/2 GENESEE AVE WEST HOLLYWOOD, CA. 90046; JAVIER VALENZUELA 1149 1/2 GENESEE AVE WEST HOLLYWOOD, CA. 90046. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: ALEXANDER VALENZUELA, GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 09/28/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026202369
The following person(s) is (are) doing business as: MAGIC DOORS 14547 ARMINTA ST UNIT M PANORAMA CITY, CA. 91402. Full name of registrant(s) is (are) VAZGEN YEREMYAN 14547 ARMINTA ST UNIT M PANORAMA CITY, CA. 91402; SARGIS MARGARYAN 14547 ARMINTA ST UNIT M PANORAMA CITY, CA. 91402. This Business is conducted by: GENERAL PARTNERSHIP. Signed: SARGIS MARGARYAN, GENERAL PARNER. This statement was filed with the County Clerk of Los Angeles County on 09/27/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/2025. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 17, 24, 31, Nov. 7, 2026

FILE NO. 2026193315
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) is (are) doing business as: GREEN WAY SUB ZERO APPLIANCE REPAIR SERVICE 1519 NORTH MARTEL AVE UNIT #104 LOS ANGELES, CA. 90046 has/have abandoned the use of the fictitious business name: GREEN WAY SUB ZERO APPLIANCE









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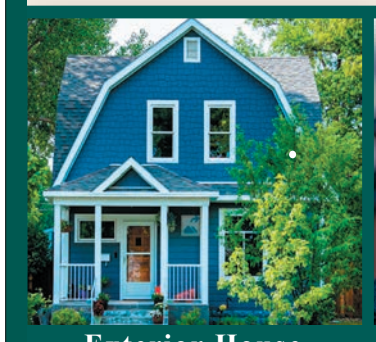
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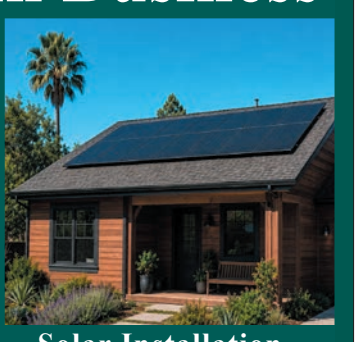
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