Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, NOVEMBER 14, 2026

VOLUME 20 NO. 46

561
Sierra Meadows
Sierra Madre



$1,998,000
4 BR 3 BA

667 W.
Grandview
Sierra Madre



$1,100,000
2 BR 1 BA

Seven Gables
Real Estate



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626-688-2273
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CalBRE #00745605

SIERRA MADRE MAYOR KRISTINE LOWE DELIVERS THOUGHT PROVOKING STATE OF THE CITY ADDRESS



On Thursday, Sierra Madre Mayor Lowe presented the State of the City address to residents at, ironically, the SM Fire Department, where she served as a firefighter for years. The message, "Protecting What We Love and Preparing For The Future " resonated with those in attendance as the city strives to maintain its' small town character. Photo by Dirk Bolle

A SIERRA MADRE LEGACY CONTINUES

Same office. Same agents. Same values. A new name for a Sierra Madre institution.

For more than four decades, Sierra Madre residents looking to buy or sell a home have walked through the same front door. The sign above it has changed over the years. The people inside, and the way they do business, have not.

This month, the office Judy Webb Martin opened in 1982 begins its next chapter as Seven Gables Real Estate Sierra Madre.

Where it began
Judy Webb Martin founded Webb Martin Realtors (WMR) in 1982 with a simple belief: real estate is about people first. She built her business one relationship at a time, earning the trust of Sierra Madre families who came back to her again and again, and sent their friends and neighbors her way.
The office has carried several names since then. But the principles Judy started with have never changed.

A close-knit team rooted in community
Today, as Seven Gables associates, Judy and nine original WMR Realtors, continue to share a philosophy; do the job well, treat clients with care, and stay in touch long after the sale closes.

Their commitment reaches beyond their clients to the town itself. They are neighbors, longtime supporters and familiar faces in Sierra Madre, deeply invested in the community and the people who call it home.

Fifty years of the same promise
Seven Gables Real Estate is celebrating its 50th anniversary this year. It is a family-owned company, not a national brand, and it is deeply rooted in every community it serves. The principles it was founded on still guide it today: client-centric service and professionalism, and genuine care for every client. It is a company built the same way WMR was built, on relationships that last.

"There is real power in being a 50-year-old, family-owned company," says Seven Gables CEO Mike Hickman. "We answer to our clients and our communities, not to a corporate headquarters, and we never take the relationships we've built for granted. This collective group of agents have spent more than four decades earning that same kind of trust in Sierra Madre, and we're proud to welcome them."

A partnership built on shared values
That common ground is exactly why this group of agents chose to partner with Seven Gables. Both believe in the same way of doing real estate: put the client first, treat every family with care, and earn trust over a lifetime rather than a single sale.

The legend continues
For Sierra Madre, very little will look different. The office is in the same location. The agents are the same women residents have known and trusted for years. Only the name on the sign is new.

The community is invited to celebrate the grand opening of Seven Gables Real Estate Sierra Madre on November 20th at 4PM, 30 N. Baldwin Avenue. Stop by to say hello, catch up with familiar faces and toast the next chapter of a Sierra Madre legend.

CITY COUNCIL RELUCTANTLY ADVANCES MEADOWS ADU AGREEMENT AMID FRUSTRATION, WILDFIRE CONCERNS

By Kevin McGuire

City officials secure additional restrictions on detached units as residents question developer transparency, evacuation safety, and the impact of California housing laws.

After extensive deliberations, criticism of developer Toll West Coast LLC, and emotional testimony from residents concerned about wildfire safety and increased housing density, the Sierra Madre City Council reluctantly moved forward with a controversial proposal allowing optional accessory dwelling units (ADUs) at The Meadows at Bailey Canyon development during its November 10 meeting.

Lead City Planner Joshua Wolf presented the proposal, while Toll Brothers Vice President of Land Entitlements John Reichel answered questions from Council members.

The proceedings exposed lingering resentment over the development's contentious history, frustration with the developer's handling of proposed changes, and the limitations California housing laws impose on local governments.

A Brief History
The Meadows has been a controversial topic in Sierra Madre since development discussions began between the City and New Urban West in 2020. However, the Passionists of Holy Cross Province, operators of the Mater Dolorosa Passionist Retreat Center, had contemplated options for the property for more than two decades.

In September 2022, City Council approved the original project, but opponents gathered enough signatures to force a referendum. Residents expressed concerns about losing mountain views, increased traffic, noise, and wildfire risks. *(cont. pg. 2)*

MIDDLE SCHOOL CLASSMATES BRING BAGELS TO SIERRA MADRE



Nick Schreiber and JD Rocchio

By Fred Thomas

"We've known each other for 20 years; we've been friends for about five". That's how JD Rocchio describes his relationship behind the newest restaurant and first bagel shop in Sierra Madre. Belle's Bagels had its official opening of its Kersting Court location on Wednesday, November 11th. According to JD, the partnership is a division of love with Nick as the baker and food mind and JD as the partner that operates the administration. Or in other word Nick is the prep cook and JD is the janitor.

As for Nick, he got his inspiration from two incredible women; his mother and his Great Grandmother. His mother reminded Nick that his great grandmother, a Romanian immigrant, did not go to culinary school and she didn't work in a bakery but she was an incredible baker. According to Nick "As any smart, young Jewish boy would do; I listened to my mother".

This unlikely pairing began around 2011 when Nick *(cont. pg. 3)*

A PLACE IN TIME CHILDREN'S BOUTIQUE OPENS SECOND LOCATION IN SIERRA MADRE, CELEBRATING 10 YEARS OF INDEPENDENT RETAIL

After 10 years of bringing unique, thoughtfully selected children's clothing to families in La Verne, founder Maria is expanding A Place in Time Children's Boutique to Sierra Madre, offering a whimsical collection of European and American fashion for little ones.
SIERRA MADRE, Calif. — Nov. 10, 2026 —A Place in Time Children's Boutique is expanding its footprint with the opening of its second location at 30 N. Baldwin Ave. in Sierra Madre on November 20, 2026. Founded by Maria Faura, the independent boutique marks an exciting new chapter in a business built *(cont. pg. 3)*



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MEADOWS ADU

(continued from pg. 1)

Developers subsequently threatened to increase the number of homes from 42 to 50 under Senate Bill 330 and eliminate certain community benefits, including a proposed public park.

This left Sierra Madre residents facing a difficult choice.

Measure M appeared on the May 2023 special election ballot. A "yes" vote would have upheld the original 42-home project, while a "no" vote would have risked a denser development with fewer public benefits. Voters approved Measure M.

Some residents' wildfire concerns materialized in January 2025 when the Eaton Fire swept through the Mater Dolorosa property and adjacent Bailey Canyon area. Flames threatened homes downhill from the monastery, including those on Sunnyside Avenue, Sierra Keys Drive, Sierra Meadow Drive, and Oak Crest Drive.

The 17.3-acre lower parcel designated for The Meadows remained undeveloped during the fire. Construction subsequently moved forward after the Planning Commission approved Design Review Permit 25-02 in January 2026.

Toll Brothers acquired the property from New Urban West in November 2025 and assumed responsibility for constructing the 42 homes.

That history set the stage for the November 10, 2026, Council meeting.

Developer's Proposal Raises Questions

Before a crowded assembly of concerned residents, City Council considered two related resolutions.

Resolution No. 26-104 proposed a Public Benefit Agreement that would provide Sierra Madre with $380,160 in financial benefits and additional housing restrictions. Resolution No. 26-105 addressed architectural modifications allowing optional attached ADUs within the previously approved development.

The Meadows encompasses approximately 17.3 acres near North Sunnyside and West Carter avenues, including 42 detached homes, six landscaped open-space lots, and an approximately three-acre public park.

Wolf explained that Toll submitted revised building plans in July 2026 incorporating optional ADUs. City staff initially rejected the submission because the changes exceeded the scope of the approved design review permit.

However, California law requires qualifying ADUs to be approved through a ministerial process, generally leaving cities little discretion to reject compliant applications.

The proposed attached units, marketed as "Multi-Gen Suites," would range from approximately 270 to 290 square feet and could be offered to purchasers of all 42 homes. Detached ADUs, called "casitas," could be offered on 10 lots along Sunnyside Avenue.

Both options would be voluntary, and the number of primary residences would remain unchanged.

Wolf said the developer's market research showed strong demand for multigenerational living arrangements among prospective buyers.

Council Criticizes Developer's Approach

Council members questioned why Toll introduced the ADUs through the routine building plan-check process rather than discussing the modifications directly with City officials.

Mayor Kristine Lowe expressed disappointment that the cooperative relationship established during negotiations with New Urban West had not continued under Toll Brothers. She emphasized the City's expectations for transparency and cooperation.

Council Member Edward Garcia and others expressed frustration that the proposed modifications appeared inconsistent with the spirit of the original agreement. Several characterized the developer's approach as a "bait and switch."

Deputy City Attorney Julia A. Homaechevarria clarified that the original agreement did not include ADUs but also did not explicitly prohibit them. City Manager Michael Bruckner explained that changes in California housing laws further restricted the City's authority to regulate qualifying ADUs.

Following approximately three to four months of negotiations with Toll, City staff developed the proposed Public Benefit Agreement.

Council members acknowledged that rejecting the agreement might not

prevent ADU construction but could eliminate the financial benefits and additional restrictions negotiated with the developer.

Toll Brothers Defends Multigenerational Housing

Reichel defended the proposal, citing demand for living arrangements accommodating aging parents, adult children, caregivers, and extended families.

"There is incredible buyer demand for these types of integrated enhancements to a home that can provide an additional independent living situation for an elderly family member that will allow them to still live independently but in proximity to family," Reichel said.

He emphasized that the units were primarily intended as flexible living spaces rather than rental income opportunities.

The attached suites would include interior doors connecting them to the primary residences. Reichel argued that incorporating the units during initial construction would provide greater architectural consistency than having homeowners build additions later.

The homes would retain their approved street-facing appearances, architectural styles, and exterior materials.

Although Reichel anticipated considerable buyer interest, he could not estimate how many purchasers would select the options. Responding to concerns about communication, Reichel committed to improving the company's relationship with City officials and residents.

"We can absolutely commit to providing weekly updates to the city on our construction progress," Reichel stated.

"We do know that there have been concerns, so we have a neighborhood email address and we've been responding to concerns from the residents. [We] absolutely want to be a partner with the city," he said.

Residents Raise Wildfire Evacuation Concerns

Public testimony focused heavily on wildfire safety, particularly following the devastating Eaton Fire.

Alexandra Dekansky, a longtime North Sunnyside Avenue resident, questioned whether the project's original environmental analysis adequately considered the

population increases that could result from additional housing units.

"Now, with the addition of ADUs and casitas, the actual population could potentially more than double to 250 residents or more," Dekansky said.

"This represents a substantial increase in density, traffic, evacuation demands, and cumulative environmental impacts that were not necessarily contemplated in the original environmental impact report."

The population estimate represented the resident's



concern rather than an established City finding.

Dekansky also recalled her family's experience during the Eaton Fire. "I can testify that the evacuating and getting up to safety was terrifying," she said. Her family sustained backyard fire damage and spent hours using garden hoses to prevent further destruction.

Sharil Fukazaki, whose family owns property adjacent to the development, described the fire's lasting consequences. "A portion of our property was destroyed in the Eaton fire and our home is still unhabitable," Fukazaki said. "We continue to live in a hotel, and we have no idea when we're going to get to go back home."

Fukazaki described severe congestion along Sunnyside Avenue during the fire, including spectators entering the neighborhood to photograph the flames. "Is there any consideration for prioritizing human lives and safety over financial gain?" she asked.

She also submitted neighborhood opposition materials containing signatures from concerned residents. Resident Caroline Brown similarly questioned the wisdom of increasing housing density in a high-fire-risk area. "Here we are. You overload a community with people that have to be evacuated during a fire," Brown said.

Brown also requested an agreement with Los Angeles County Public Works addressing access between The Meadows and Bailey Canyon.

Resident Deb Sheridan urged City officials to prioritize evacuation planning, infrastructure, and construction oversight. "Please think this through and protect your citizens," Sheridan said. "Getting a bathroom update and waiving a reimbursement on a water main replacement agreement is nothing compared to the danger and health risk to your residents."

Construction Impacts Draw Criticism

Residents also described ongoing construction-related disruptions, including noise,

dust, odors, damaged streets, and construction vehicles.

Monique Harding, a Sierra Keys Drive resident, questioned the condition of neighborhood infrastructure. "Where are the sidewalks? Where are the streets?" Harding asked. She also questioned why the developer was incorporating ADUs during construction rather than leaving those decisions to future homeowners.

"I feel that this is a bait and switch," Harding said.

Glenn Hickman, who identified himself as an experienced construction professional, criticized the financial terms of the Public Benefit Agreement and the absence of detailed plans for the detached casitas. "The devil's in the details," Hickman said during the first hearing.

During the second hearing, he emphasized accountability and documentation. "The record needs to be clean," Hickman said.

Hickman also questioned the Carter Avenue water reimbursement provisions.

Council Negotiates Casita Restrictions

The lack of detailed architectural plans for detached casitas became a significant issue during Council deliberations.

Although Toll submitted plans for the attached Multi-Gen Suites, it had not developed comparable plans for the detached units.

Council members sought additional protections for neighboring properties, particularly along Sunnyside Avenue. Reichel confirmed that Toll intended to construct casitas smaller than 800 square feet and outside the 20-foot setback established under the project's Good Neighbor Plan. The Good Neighbor Plan incorporates privacy, landscaping, and noise-reduction commitments intended to protect existing homes along the development's western boundary.

Council members insisted that the casita restrictions be incorporated into a written agreement rather than relying on verbal assurances.

Homaechevarria discussed language that would formalize the restrictions while minimizing conflicts with state housing laws.

Council ultimately settled on provisions requiring Toll to submit casita plans complying with the size and setback limitations, authorizing the City Attorney to finalize the wording.

Reichel agreed to the restrictions but declined to commit to additional financial penalties if they were exceeded.

Agreement Provides $380,160 in Public Benefits

Under Resolution No. 26-104, Toll West Coast LLC agreed to provide two financial benefits to Sierra Madre.

The developer would contribute $86,090 toward Memorial Park restroom renovations and waive $294,070 in reimbursements otherwise due under the Carter Avenue Water Main Replacement Agreement. Together, those provisions represent $380,160 in financial benefits. The agreement also establishes affordability restrictions on qualifying ADUs.

Homeowners could use the units for family members or other permitted residential purposes. However, units offered for rent would be restricted to qualifying very-low-income households at affordable rental rates for 55 years.

Wolf estimated that, under June 2026 income guidelines, the maximum monthly rent for a qualifying one-bedroom ADU would be $728.75, subject to annual adjustments.

Short-term rentals would be prohibited, and ADUs could not be sold separately from their primary residences. Homeowners would also provide annual occupancy and rental information. The deed-restricted units could help Sierra Madre satisfy its state-mandated affordable housing obligations.

Wolf noted that these financial concessions would supplement approximately $2.1 million in development impact fees and an estimated $312,000 in school district fees associated with the original project.

Environmental Review and Evacuation Planning

Residents questioned whether the additional units should trigger a new environmental review.

City legal counsel explained that the modifications did not require additional review under the California Environmental Quality Act. Qualifying ADU permits are generally ministerial approvals exempt from CEQA review.

Reichel maintained that the relatively small attached units were unlikely to produce substantial population increases, particularly because some homeowners might use them as offices or accommodations for individual relatives.

However, Council did not establish a definitive estimate of potential additional residents.

Responding to wildfire concerns, Council members discussed improvements to Sierra Madre's emergency evacuation procedures.

Officials acknowledged shortcomings in the City's

preparedness during the Eaton Fire and emphasized the need for comprehensive evacuation planning and practice.

Discussions included geographic information systems technology, coordination through the Verdugo emergency communications system, and restricting incoming traffic along Sunnyside Avenue during emergencies.

Although the resolutions did not directly address evacuation planning, the discussion underscored residents' ongoing concerns about public safety.

Council Reluctantly Moves Forward

Following the public hearings, Council members remained visibly frustrated with the developer's handling of the ADU proposal. They appeared depleted and defeated, as if they just went 12 rounds without boxing gloves.

Several members recalled the difficult negotiations surrounding the original 42-home development and the divisions the project created within Sierra Madre. Council Member Edward Garcia acknowledged the strain the controversy had placed on longtime residents and

community relationships. "Lifelong friendships ended," Mayor Lowe said.

Nevertheless, Council members recognized the legal and financial consequences of rejecting the agreement.

Council Member Kelly Kriebs expressed frustration with how the modifications were introduced.

"Not only does it feel like a bait and switch, not only because of the history of negotiations with the previous developer, but as I highlighted in my questions, the way that it was presented was certainly not in a transparent, upfront way to slide in plans in a normal development process," she said.

Council Member Robert Parkhurst was equally critical.

"I'm lost for words," Parkhurst said. "I think that the words 'bait and switch' are really accurate. I think dishonest is another word for it. But it's what we're faced with, and I think we're trying to get, at least get something out of the public benefit agreement."

Mayor Pro Tem Gene Goss, who initially expressed reluctance, ultimately indicated support for the agreement, citing City staff's extensive work and the potential consequences of further delays.

But he minced no words about his frustration.

"I'm just pissed. That's all I can say, I'm pissed off," Goss stated.

"We worked closely with [New Urban West], and we took a lot of arrows for that, but we really did it because we believed that what we were doing was good for the city," he said.

"This is not the way a small community like this can be governed. I mean, I think this leaves a bad taste in everybody's mouth," Goss said.

Council moved to approve Resolution No. 26-104, amended to incorporate the casita size and setback restrictions. Mayor Lowe seconded the motion, and Council proceeded to a vote.

Council then considered Resolution No. 26-105, addressing architectural modifications for the attached ADUs, and introduced a motion to approve it.

The November 10 proceedings highlighted the increasingly difficult balance between local development expectations and California housing laws that limit municipal discretion.

For neighboring residents, concerns persist about wildfire evacuation, construction impacts, and the potential increase in population.

For City officials, the compromise offered an opportunity to secure financial benefits, affordability requirements, and additional development restrictions while navigating state laws that could allow many of the same units without those concessions.

Despite the negotiations and reluctant movement toward approval, the controversy surrounding The Meadows appears far from over.

The saga continues.

SIERRA MADRE
SIERRA MADRE ARCADIA PASADENA ALTADENA MONROVIA

Weather Wise

6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	70s	Lows 50s
Mon:	Sunny	Hi	70s	Lows 50s
Tues:	Sunny	Hi	70s	Lows 50s
Wed:	Sunny	Hi	70s	Lows 50s
Thur:	Sunny	Hi	70s	Lows 50s
Fri:	Sunny	Hi	70s	Lows 50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY COUNCIL MEETING

November 10, 2026

The Brown Act provides the public with an opportunity to make public comments at any public meeting. As an alternative, public comment may be submitted by e-mail to publiccomment@sierramadreca.gov by 3:00PM on the day of the meeting. Emails will be acknowledged at the City Council meeting and filed into public record.

A copy of the posted agenda and a live video stream of the meeting can be found on the City's website at sierramadreca.gov on Foothills Media website at *foothillsmedia.org* sierramadre, and broadcast on Government Access Channel 3 (Spectrum).

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

Sierra Madre Public LIBRARY
Read • Discover • Connect

This week at the
Sierra Madre
Public Library
November 16 – November 21

Monday

Baby Rhyme Time – Library at 9:00am

Preschool Storytime – Library at 10:00am

Wednesday

Tails & Tales – Library from 3:30pm-4:30pm

Pajama Storytime – Online at 7:00pm.

Registration required.

Thursday

Third Thursday Book Club – Library at 11:00am

Saturday

Memory Cafe – Brain Healthy Cooking – Kensington at 10:00am

Read, Discover, Connect
@ Sierra Madre Public Library
440 W Sierra Madre Blvd.
(626) 355-7186

WALKING SIERRA MADRE: *The Social Side* by Deanne Davis

"Freedom is never more than one generation away from extinction.
We didn't pass it to our children in the bloodstream. It must be fought for,
protected and handed on for them to do the same." Ronald Reagan"

"As we express our gratitude, we must never forget that the highest appreciation
is not to utter words, but to live by them." John F. Kennedy

"For the Veteran: Thank you for bravely doing what you're called to do so we can
safely do what we're FREE to do."

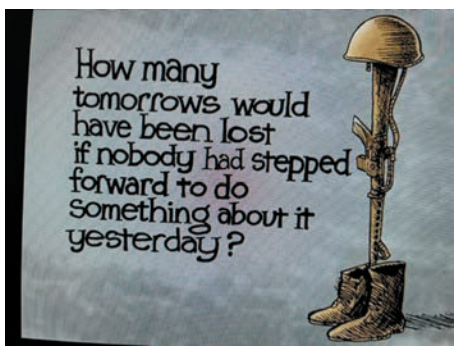
Last Wednesday was Veteran's Day. My Dad was in the Navy during WWII. He never talked much about what he did, what his job was, but I am so proud of him for his service. My grandson, David, served in Afghanistan where he never slept through the night and lived in terror the whole time he was there. I expect most of the service men and women who were there felt pretty much the same way.

I've put this poem up before, but it's so good I wanted to share it again:

"Just a Common Soldier"
By A. Lawrence Vaincourt

"He was getting old and paunchy and his hair was falling fast,
And he sat around the Legion Hall, telling stories of the past,
Of a war that he had fought in and the deeds that he had done,
In his exploits with his buddies; they were heroes, every one.
And though sometimes, to his neighbors, his tales became a joke,
All his legion buddies listened, for they knew whereof he spoke.
But we'll hear his tales no longer, for old Bill has passed away.
And the world's a little poorer, for a soldier died today.
He won't be mourned by many, just his children and his wife,
For he lived an ordinary and quite uneventful life.
He held a job, raised his family, quietly going his own way.
And the world won't note his passing, though a soldier died today.
When politicians leave this earth, their bodies lie in state,

While thousands note their passing and proclaim that they were great.
Papers tell their whole life stories from the time that they were young.
But the passing of a soldier goes unnoticed and unsung.
Is the greatest contribution to the welfare of our land,
A guy who breaks his promises and cons his fellow man?
Or the ordinary fellow who, in times of war and strife,
Goes off to serve his Country and offers up his life?
A politician's stipend and the style in which he lives,
Are sometimes disproportionate to the service that he gives.
While the ordinary soldier, who offered up and many times gave his all,
Is paid off with a medal and perhaps, a pension small.
It's so easy to forget them for it was so long ago,
That the 'old Bills' of our Country went to battle, but we know,
It was not the politicians with their compromises, lies and ploys,
Who won for us the freedom that our Country now enjoys.



Next time you see the flag go by, held in the hands of a veteran,
Stand, salute! Our flag and our veterans both deserve that honor."

Some years ago, John and I visited Arlington Cemetery in Washington DC and were stunned by
the crosses that went in orderly rows as far as the eye could see. We wept to see the losses from
so many families there before us. Nearly 400,000 people are buried there. We watched the
soldiers doing their solemn march before the Tomb of the Unknown Soldier and could barely
speak for some hours after going there.

There's a sign someone posted on one of our community mailboxes:

"The land of the free…because of the brave."

My book page: Amazon.com: Deanne Davis
There are treasures there! Trust me!
And, in case you hadn't noticed, Christmas is coming! For you Kindle readers, I've got the best book to Make your Advent and Christmas season bright:
"Star of Wonder – A Christmas Story"

CLASSMATES

was getting into bagel baking and JD agreed to apply for a Farmer's Market Booth and find a mixer. From there the team started catering trade shows and hosting small parties/brunches at their house. A few years later they opened Belle's Delicatessen and Bar on York Ave. in Highland Park.

Finding the Sierra Madre location was a dream come true for these valley-born and raised friends that have always had a special affection for the LA area foothills. In December of 2025, they were shown the space and instantly fell in love with the city, and its hometown feel. What they weren't expecting was the ease of access with city officials to help them navigate the challenges with launching a new location. From the mayor personally helping them resolve an issue with Southern California Edison (SCE), to Greg and Jaime in the city's planning department taking the time to walk down to the site and provide necessary guidance on what is required and prepare for opening. According to the owners, the city staff was simply amazing.

What the pair has found in Sierra Madre, extends beyond their business venture as they have both stated their next move will be to become Sierra Madre residents. Coincidentally, they are both married with one kid each (Nick a girl, and JD a boy), born months apart. Additionally, the couples were married literally weeks apart (again unplanned).

Belle's Bagels are open 7 days a week from 7:00 am – 3:00pm. With plans to expand its hours on Friday and perhaps an earlier opening time. For now, the team is just excited to bring their passion of bagels to Sierra Madre.

Wistaria Thrift Shop
50 W Sierra Madre Blvd, Sierra Madre
Holiday Extravaganza
December 3, 4, & 5
Thursday, Friday, 9 am – 2 pm
Saturday 9 am – 1 pm
626-355-7739
SierraMadreWomansClub.org
SierraMadreWomansClub
Wistaria Shop proceeds Help Support
Sierra Madre Woman's Club's Charities and Scholarships



RESTORATION OF FIRE-DAMAGED FARNSWORTH PARK BEGINS IN ALTADENA

- Los Angeles County officials and donors broke ground today on a multi-phase restoration of fire-damaged Charles S. Farnsworth Park, marking the start of recovery efforts at the closed Altadena landmark. Supervisor Kathryn Barger committed $1.2 million toward a new Reflection Garden, while the Los Angeles Dodgers Foundation is contributing $1.4 million for two Dodgers Dreamfields and a STEM Trail, according to the county. ``Restoring Farnsworth Park is about renewing a beloved cornerstone of Altadena,'' Barger said in a statement.

The county Parks Department, Barger, the Rivers and Mountains Conservancy, the Dodgers Foundation and other donors participated in the groundbreaking. More than 200 community members, county leaders and elected officials attended, county officials said.

The project will restore power and water infrastructure and include an accessible entrance and walkway, a replacement restroom, restored amphitheater seating, the Reflection Garden and other improvements. The Dodgers Dreamfields and STEM Trail are intended to create new opportunities for youth and families to play, learn and connect, officials said.

The nearly 15-acre park lost its historic 1934 William D. Davies Building, a utility building, offices, a playground, a picnic area and otheramenities in the 2025 Eaton Fire.

Mark Stanley, executive officer of the San Gabriel and Lower Los Angeles Rivers and Mountains Conservancy, which is supporting the restoration, said the park's natural beauty provides families an entry point to the adjacent forest.

``Farnsworth Park is one of our special places, where Altadena's suburbs bump up against the foothills wildness,'' Stanley said. ``Families are embraced by stately pine trees, deodars and oaks. And it's here that the majestic San Gabriel Mountains meet us, reminding us of our responsibility to
protect, restore and preserve this precious park and its outdoor recreational opportunities.''

Farnsworth Park opened as Altadena Park in 1934. The original 8.8-acre park, including the Davies Building, was listed as a historic district on the National Register of Historic Places in 1997.

Only the Davies Building's rock walls and chimneys remain, and restoration plans for the historic structure could take years, county officials said. Other donors include the Santa Monica Mountains Conservancy, Los Angeles County Regional Park and Open Space District, Warner Bros. Discovery, the Rotary Club of Pasadena, the Los Angeles Philharmonic, Dick's Sporting Goods Foundation, the Los Angeles County Parks Foundation and the Los Angeles Clippers Foundation.

One Spirit
Many Paths
The Santa Anita Church
Holiday Concert
Theatre Americana
Presents
Christmas All The Way
Saturday, December 12th
2 shows (2:00 pm and 7:30 pm)
Tickets: $15.00 (general admission)
$10.00 (members + 1 guest)
Go to theatreamericana.com to purchase tickets
226 W. Colorado Blvd. • Arcadia • 626-446-8206
www.santaanitachurch.org

Pasadena Altadena

News From Your Community For Your Community

Ride, Roll, or Walk CicLAvia Pasadena this Sunday

Pasadena officials announced they are inviting everyone to join CicLAvia Pasadena on Sunday from 9 a.m. to 3 p.m. The event, in partnership with the nonprofit CicLAvia and funded in part by Metro. CicLAvia Pasadena will temporarily convert sections of our city streets into vibrant, car-free zones for community enjoyment, walking, biking, rolling, and gathering.

"CicLAvia is a wonderful opportunity to bring our community together, celebrate Pasadena's vibrant neighborhoods, and experience our streets in a new way," said Pasadena Mayor Victor Gordo,. "By opening our streets to people walking, biking, and rolling, we create more opportunities to connect with one another, support local businesses, and enjoy all that makes Pasadena such a special place to live, work, and visit. I look forward to welcoming everyone to this exciting celebration of community, connection, and active transportation."

The 2.7-mile CicLAvia route includes Colorado Boulevard (Pasadena Avenue to Allen Avenue) and Raymond Avenue (Pacific Alley to Dayton St), forming a seamless corridor through Old Pasadena, Playhouse Village, South Lake Avenue, and connecting Metro's Memorial Park and Del Mar Stations. Cars will be permitted to cross at six (6) key intersections across the CicLAvia route. Two (2) activity hubs with community programming, services, and activities are located at Memorial Park and at Colorado Boulevard and Allen Avenue. Hubs offer free family-friendly activities, restrooms, free water refilling stations, free basic bike repair, bike parking, places to sit and meet up with friends and family, and first aid. Free pedicab rides are available at each hub's information booth

To provide further connections to the CicLAvia route, the City is temporarily setting up dedicated 'pop-up' bike lanes, known as 'Slow Streets', with traffic cones and signage to separate bikes and wheeled devices from normal operating street traffic. A 1.0-mile western Slow Streets segment will run along Walnut Avenue between Raymond Avenue and Orange Grove Boulevard and then continue to Rosemont Avenue a few blocks from the Rose Bowl. Additionally, a 1.0-mile segment along Colorado Boulevard from Allen Avenue to San Gabriel Boulevard will connect East Colorado Boulevard to the Lamanda Park neighborhood.

Streets along the CicLAvia route will close to cars from 7 a.m. to 5 p.m. on Sunday, November 15, with no parking allowed along the route beginning at 4 a.m. Cars on the Slow Street routes will be allowed, and parking will be temporarily restricted similar to the CicLAvia route (4 a.m. to 5 p.m.). No parking signs will be posted in advance and towing will be enforced.

As a nonprofit, CicLAvia relies on the public's support to continue bringing opportunities for meaningful community connections and mindful exploration.

More details, including route maps, street closure information, and community activities, can be found on the CicLAvia website.





South Pasadena Residential Slurry Seal Project to Begin

As part of the City of South Pasadena's commitment to maintaining high-quality infrastructure, several residential streets will be treated with slurry seal between late November and December to preserve and extend the lifespan of the pavement.

The following streets will be impacted by the project:

- Adelaine Ave (Mission St to Magnolia St)
- Arroyo Vista Pl (Arroyo Dr to Forest Ave)
- Charter Oak St (Grand Ave to Orange Grove Ave)
- Forest Ave (Magnolia St to Arroyo Vista Pl)
- Grand Ave (Mission St to Columbia St)
- Hermosa St (Arroyo Dr to Grand Ave)
- Magnolia St (Arroyo Drive to Orange Grove Ave)

Parking and vehicle access on affected streets will be prohibited while crews work and until the treatment has dried. "No Parking" signage



will be posted at least 48 hours prior to construction.

Slurry seal treatment will be performed by Roy Allan Slurry Seal. Impacted residents will be notified by the contractor one week prior to construction on their street.

For more information about this project and other active infrastructure projects, please visit www.southpasadenaca.gov/current-projects

Pasadena Seeks Volunteers for Homeless Count

Registration is now open for the 2027 Pasadena Homeless Count, which will take place on the evening of Wednesday, January 20 and the morning of Thursday, January 21.

Hosted annually by the Pasadena Partnership to End Homelessness and the City of Pasadena, the Homeless Count sets in motion a year full of community engagement and action. Each year, dedicated volunteers count and administer a survey to individuals experiencing homelessness throughout Pasadena and distribute cold weather supplies.

Volunteers will be organized into teams of four to five people and assigned to a specific zone. Teams will head out together during two shifts:

- Evening Shift: Wednesday, January 20, from 8:00 p.m. to 10:00 p.m.
- Morning Shift: Thursday, January 21, from 6:00 a.m. to 8:00 a.m.

Volunteer Requirements & Key Dates

- Age Requirement: Volunteers must be 18 years of age or older.

Orientation: All volunteers are asked to attend a mandatory online orientation the evening of January 13, 2027.

- Two Shifts: Volunteers must participate in both shifts on January 20 and January 21.
- Registration Deadline: January 5.

Interested individuals can sign up online at: bit.ly/PasadenaHomelessCount.

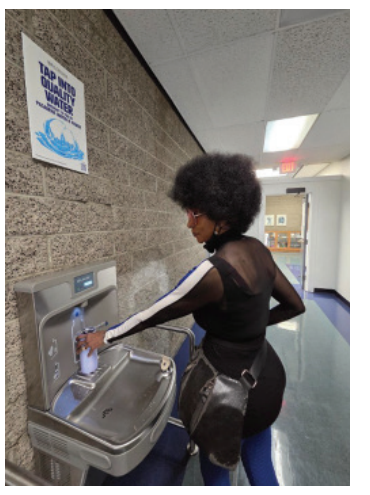
For questions or more information, please email HomelessCount@CityOfPasadena.net.

New Hydration Station at the Robinson Community Center

General Manager of Water and Power, David Reyes, ("PWP") announced Thursday a partnership with the Department of Public Works, Building Systems and Fleet Management Division ("BSFMD") to install a hydration station at the Jackie Robinson Community Center (JACC).

According to Reyes the JRCC works with community-based organizations and agencies to provide health and social services to residents of all ages. During periods of extreme heat, the city utilizes the JRCC as a designated cooling center offering an air-conditioned public space.

PWP introduced the Hydration Station Program in 2019 to give the community greater access to high-quality tap water. The program supports PWP's broader mission to raise awareness about the safety, quality, and cost-effectiveness of Pasadena's drinking water. Additional installations are



planned throughout the city he said.

Jackie Robinson Community Center is located at 1020 N. Fair Oaks Avenue.

Local businesses and organizations can receive a rebate of up to $1,500 for installing a hydration station in a public location. For more information, visit PWPweb.com/HydrationStations.



South Pasadena Announces Annual Breakfast with Santa

South Pasadena to Host Holiday Lighting Ceremony

The City of South Pasadena Community Services Department announced the return of its annual Breakfast with Santa event and South Pasadena to Host Holiday Lighting Ceremony.

Breakfast with Santa

The City's beloved Breakfast with Santa event will take place on Saturday, December 12 from 9:00 a.m. to 11:00 a.m. at the War Memorial Building, located at 435 Fair Oaks Avenue in South Pasadena.

This popular holiday tradition brings families together for a festive morning filled with holiday cheer, breakfast, and a special visit with Santa. The event continues to be a community favorite, selling out each year.

Tickets are $25 per person, with children ages 2 and under admitted free. Ticket are on sale now. All sales are final.

Due to the event's popularity and limited availability, members of the community are encouraged to purchase tickets early at: southpasadenaca.gov/events.

South Pasadena to Host Holiday Lighting Ceremony

The City of South Pasadena Community Services Department invites residents and visitors of all ages to the Holiday Lighting Ceremony on Saturday, December 5, from 4:00 p.m. to 7:00 p.m. at Library Park, located at 1115 El Centro St., South Pasadena.

Join us for an evening of holiday cheer with activities including:

Tree and menorah lighting
Festive performances
Family-friendly activities
and much more.

Attendees are welcome to bring a new, unwrapped toy to support the South Pasadena Firefighters Association's seasonal toy drive. Toy donations are appreciated but not required.

For more information about this year's Holiday Lighting Ceremony, visit: southpasadenaca.gov/events or call (626) 403-7380.

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AROUND SAN GABRIEL VALLEY

SUPERVISOR BARGER TO BRING FIRST-OF-ITS-KIND PUBLIC ART PROJECT TO ALTADENA

Ten utility boxes will become canvases for local artists as part of Eaton Fire recovery efforts



These painted utility boxes in Glendale are among more than 150 murals created through the city's Beyond the Box public art program. The motion passed today launches the first utility box artwork created by the County of Los Angeles. (Photo courtesy of Glendale Arts & Culture)

Los Angeles County Supervisor Kathryn Barger today secured unanimous Board of Supervisors approval of her motion launching the County's first utility box artwork program in Altadena. The initiative will transform 10 utility boxes into vibrant works of public art that will create paid opportunities for local artists while helping cultivate pride and a sense of community in neighborhoods recovering from the Eaton Fire.

"Rebuilding Altadena includes restoring the spirit of a community that suffered and lost a lot," said Supervisor Kathryn Barger. "Altadena has a rich artistic history and I believe its local artists deserve to be part of shaping what comes next. This project will put their talents on display and create meaningful opportunities for creative expression. It will also bring a little more beauty to Altadena's streets as families return home. It's a small investment that will make a lasting impression."

The Board's action authorizes a $59,000 agreement with Altadena resident and artist Austin Scott, who will lead community engagement, select and contract with 10 local artists, and oversee the project's implementation.
The funding will come from the Fifth District's civic art pooled funds. The Los Angeles County Department of Arts and Culture and Department of Public Works will partner to deliver the project.

Mr. Scott has emerged as a driving force in Altadena's artistic recovery since the Eaton Fire, completing nine murals since March 2025. His work includes an 85-foot-long mural along the Altadena Crest Trail, created with more than 80 community volunteers, and a 900-square-foot mural at George's Corner Store that brought together more than 100 residents of all ages.
For Mr. Scott, the project represents an opportunity to help fellow artists reclaim their place in the community's recovery.

"A utility box might seem like a small canvas, but when you're rebuilding a community, these little investments in beauty and identity really matter," said Austin Scott. "What's equally

important is that we're putting local artists to work, many of whom lost their homes or studios in the Eaton Fire. These are incredibly talented people who deserve a meaningful role in Altadena's recovery. We're not just bringing color back to our streets. We're creating opportunities for the very people who give this community its character."

The Department of Public Works has identified 10 planned utility box locations throughout Altadena, selected to maximize visibility and spread the artwork across the community. The artwork will be digitized and adhered to the boxes using graffiti and weather resistant vinyl wrap to ensure the art is long lasting and can be easily replaced if needed.

Five are located along Altadena Drive, at its intersections with New York Drive, Washington Boulevard, Lake Avenue, Lincoln Avenue and Fair Oaks Avenue. Additional locations include Lake Avenue at New York Drive and Mendocino Street, Lincoln Avenue at Woodbury Road, Woodbury Road at Fair Oaks Avenue, and New York Drive at Allen Avenue. Each box will feature the work of a different local artist, bringing colorful expressions of Altadena's identity to familiar neighborhood intersections.

SAN GABRIEL VALLEY MOSQUITO & VECTOR CONTROL DISTRICT HONORED WITH STATEWIDE AWARD FOR EATON FIRE RESPONSE

SGV Mosquito was recognized for exceptional public outreach, advocacy, and collaboration to protect public health following historic wildfire



West Covina, Calif. (November 13, 2026) - The California Special Districts Association (CSDA) has recognized the San Gabriel Valley Mosquito & Vector Control District (SGV Mosquito/ District) with the 2026 Exceptional Public Outreach & Advocacy Award – Small District for its leadership in protecting public health following the devastating 2025 Eaton Fire. The award was presented during the 2026 CSDA Annual Conference & Exhibitor Showcase in Palm Desert.
The Eaton Fire left more than 1,400 damaged and nonfunctional swimming pools throughout the burn area, creating an unprecedented mosquito control challenge and potential public health threat for fire survivors, recovery workers, and surrounding communities. Recognizing the risk of mosquito-borne diseases such as West Nile virus and dengue, the District mobilized a comprehensive response that combined mosquito control operations, crisis communications, interagency coordination, and advocacy for sustained resources.

"The Eaton Fire demonstrated the important role special districts play in meeting the unique needs of their communities," said SGV Mosquito District Manager Jason Farned. "Our specialized expertise and local knowledge allowed us to recognize an emerging public health threat and take action. I'm incredibly proud of how our team rose to the challenge. Our response demonstrates what special districts can accomplish when they combine their expertise with strong partnership and a shared commitment to protecting the communities they serve."
Working alongside local, regional, state, and federal agencies, legislative leaders, neighboring vector control districts, and industry partners, the District helped integrate mosquito control into the broader wildfire recovery framework and secured critical support to expand operations.

"This award reflects what we can accomplish when we work together toward a shared commitment to public health," said SGV Mosquito Communications Director Anais Medina Diaz.
The District's outreach and advocacy efforts generated more than 35 media stories, reached more than 385,000 people through social media, and provided critical updates to displaced residents through a dedicated response webpage, community town halls, the Disaster Recovery Center, text messaging, and direct survivor support. Through sustained engagement with regional and state leaders, the District also helped build a coalition that generated more than 25 letters of support and secured $500,000 in the 2025–26 state budget to support continued mosquito control in the burn area.

These coordinated efforts supported the continuous treatment of 1,475 nonfunctional swimming pools and helped keep mosquito abundance and disease activity within expected ranges compared to the five-year average. The response also established a model for incorporating mosquito and vector control into future wildfire recovery efforts.
"Disaster recovery doesn't end when the immediate emergency is over," said CSDA Chief Executive Officer Neil McCormick. "The San Gabriel Valley Mosquito and Vector Control District recognized an emerging public health risk and acted quickly to bring mosquito control into the broader recovery effort. Their combination of communication, collaboration and advocacy demonstrates the critical role special districts can play in helping communities recover safely."
The statewide recognition highlights the essential role special districts play in protecting communities, particularly during emergencies when specialized services, strong partnerships, and local leadership are needed most.

About SGV Mosquito
SGV Mosquito is one of five vector control districts in Los Angeles County. Year-round, the agency monitors stagnant water sources, such as gutters, storm drains, channels and non-functional swimming pools. The agency also routinely monitors populations of adult mosquitoes using traps and tests groups of adult female mosquitoes for the presence of WNV and other mosquito-borne diseases. In addition, the agency submits samples from dead birds, such as crows, for testing, which can provide insight into the spread of WNV..

MALE FORMER MONROVIA PD OFFICER ALLEGES SEXUAL HARASSMENT BY MALE BOSS

LOS ANGELES (CNS) - A former Monrovia police officer is asking a judge to order the release of internal department records he contends will support his lawsuit alleging that a supervising lieutenant sexually harassed him and ordered him to perform a private act in the lieutenant's presence.

Former MPD Officer Matthew Concepcion says in his Los Angeles Superior Court lawsuit that he agreed to urinate in front of the lieutenant because he felt compelled to obey his boss. Concepcion also alleges retaliation and failure to take steps to prevent harassment and retaliation. He contends he was terminated in November 2025 as part of a department backlash for speaking out against the lieutenant.

In their previous court papers, attorneys for the city denied Concepcion's allegations and said they are barred by, among other things, the plaintiff's failure to first pursue internal grievance steps.

In court papers filed Nov. 5 with Judge Christopher K. Lui, Concepcion's attorneys are asking for the release of various internal MPD records, including those involving sexual harassment complaints against the lieutenant as well as any investigations taken as a result of Concepcion filing his lawsuit. A hearing is scheduled March 4, 2027.

Concepcion was hired in September 2023. The alleged sexual harassment by the lieutenant began in May 2024 when the supervisor fixated on the plaintiff and his behavior became intrusive and sexual in nature, the suit states. In addition, the lieutenant ordered Concepcion to transport him places even though that was not part of the plaintiff's work, the suit further contends.

The lieutenant's directive to Concepcion to urinate in front of him rather than go to the restroom left the officer feeling humiliated and uncomfortable, according to the suit.

In the MPD locker room, the lieutenant looked at Concepcion from head to toe and made sexually suggestive comments, the suit states. The lieutenant also sent Concepcion a prurient text message, according to the complaint.

The lieutenant was put on leave after Concepcion reported his alleged misconduct to human resources and the plaintiff also cooperated with an ensuing investigation, the suit further states. Concepcion was pressured to provide unrestricted access to his personal cell phone, despite his offering to produce all communications relevant to the investigation, causing him growing concern that he was the one being scrutinized, the suit further states.

Concepcion was denied overtime opportunities previously given him and he received a reprimand for minor issues, according to the suit. Concepcion was targeted in additional investigations which he believes were in retaliation for his having spoken out against the lieutenant, according to the suit filed in December 2024.
Although the department contends the response to Concepcion's complaints were proper, the officer was fired in November 2025, the suit states.







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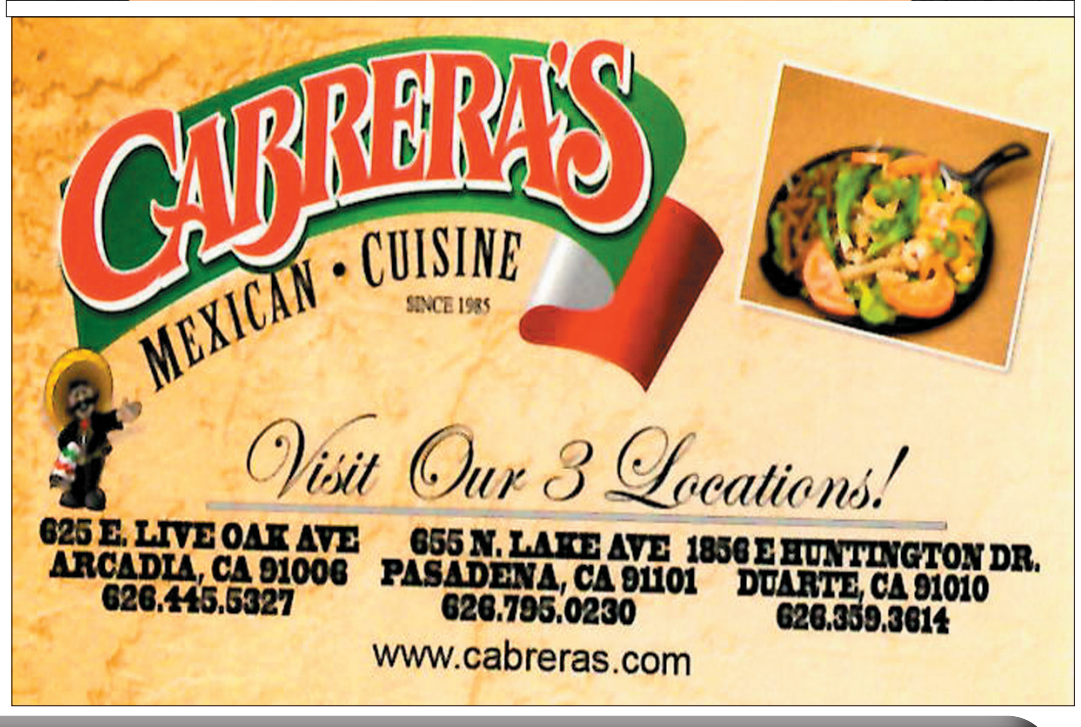
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DEPRESSION IN SENIORS: RECOGNIZING THE SIGNS AND FINDING WAYS TO HELP



Depression is not a normal part of aging, yet it is a challenge many older adults quietly face. As seniors grow older, life changes such as the loss of a spouse, declining health, reduced independence, financial concerns, or social isolation can take an emotional toll. Unfortunately, depression in seniors is sometimes mistaken for simply getting older.

Recognizing the warning signs is the first step toward helping. Symptoms may include persistent sadness, loss of interest in favorite activities, changes in appetite or sleep, fatigue, irritability, difficulty concentrating, or withdrawing from family and friends. Some seniors may not express sadness directly but instead complain about aches, pains, or feeling unwell.
So, what can families do?

Start with a conversation. Take time to listen without judgment. Let your loved one know their feelings matter and that they are not alone.

Encourage social connections. Regular family visits, phone calls, senior center activities, religious gatherings, or community programs can help reduce loneliness and provide a renewed sense of purpose.

Promote healthy routines. Gentle exercise, nutritious meals, adequate sleep, and enjoyable daily activities can make a meaningful difference.

Seek professional help. Depression is treatable. A healthcare provider can evaluate symptoms, rule out other medical conditions, and discuss counseling, medication, or other treatment options. Never assume that depression will simply go away on its own.

Families should also pay attention to changes in an older adult's ability to manage everyday activities. Sometimes additional support at home or a more socially engaging living environment can improve quality of life.



Most importantly, remember that a simple visit, a listening ear, or a caring conversation can make a difference. Seniors deserve to feel valued, connected, and supported at every stage of life. Asking for help is not a sign of weakness; it is a step toward feeling better.

At Safe Path for Seniors, we believe every older adult deserves compassionate care, meaningful connections, and the opportunity to enjoy life with dignity. Call us at (626) 999-6913.



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THE SAVVY SENIOR — HOW TO SAVE ON MEDICARE IN 2027

Medicare's 2027 changes could mean higher drug costs, shrinking benefits and tough choices. Here's what to watch for during open enrollment and how to find the best coverage for your money.

Dear Savvy Senior:
I'm on Medicare. What changes are coming in 2027, and how can I make sure I'm not paying too much for my coverage? –Careful Shopper

Dear Careful:
If you have Medicare, now's a good time to make sure you're getting the best coverage for your money. Open enrollment runs through Dec. 7, giving you a chance to switch Medicare Advantage or prescription drug plans for 2027. Since costs, drug coverage and extra benefits can change from year to year, comparing plans now could save you money and headaches later.

Even if you're happy with your current plan, don't assume next year's coverage will be the same. Here's what to look for.

Prescription drug changes
Medicare Part D prescription drug plans are changing, and some enrollees could pay more. In 2027, the maximum annual deductible will rise from $615 to $700, while the annual out-of-pocket limit for covered Part D medications will increase from $2,100 to $2,400.

That limit helps protect people who take expensive medications. Average premiums for stand-alone Part D plans are projected to rise by less than $1 a month, but individual plans can differ considerably. A temporary federal program that helped stabilize premiums is also ending, making it especially important to compare your options.

Your insurer may change its list of covered drugs, called a formulary, or move your medication to a more expensive cost tier. Check that your prescriptions are still covered and what you'll pay for them.

Medicare Advantage changes
If you have Medicare Advantage, the private-insurance alternative to Original Medicare, review your plan carefully. Some insurers are dropping plans or leaving certain markets, while others may change costs or trim extra benefits, such as dental, vision and hearing coverage.

Doctor, specialist and hospital networks can change, too. If your plan is being discontinued, you'll need to choose new coverage. Even if it continues, compare next year's costs, benefits and provider networks before automatically renewing.

Help with weight-loss drugs
A new Medicare GLP-1 Bridge program offers eligible beneficiaries certain medications for weight management for $50 a month through Dec. 31, 2027. Covered drugs include Wegovy, Zepbound (KwikPen only) and Foundayo.

Eligibility is limited. For example, you generally need Medicare drug coverage and must meet specific body mass index and health requirements. The program operates separately from regular Part D coverage, so the $50 monthly payment doesn't count toward your Part D deductible or annual out-of-pocket limit.

Learn more and check eligibility at Medicare.gov/coverage/weight-loss-drugs.

How to shop smart
Here are four ways to find coverage that fits your needs without overpaying.

Read your plan notice: Your insurer should send an Annual Notice of Change explaining next year's premiums, deductibles, copayments and coverage changes. Medicare Advantage members should also check provider networks and extra benefits.

Compare total costs: Visit Medicare.gov/plan-compare. Enter your medications and preferred pharmacies to compare plans and estimate annual costs. Don't focus on premiums alone; include deductibles and what you'll pay for prescriptions.

Check your doctors: If you're considering Medicare Advantage, contact your doctors and hospitals directly to confirm they'll accept the specific plan in 2027. Online directories can be outdated.

Get free help: Your State Health Insurance Assistance Program (SHIP) provides free, unbiased Medicare counseling. Find a local counselor at ShipHelp.org or call 877-839-2675.

One important caution: If you're thinking of switching from Medicare Advantage to Original Medicare, check your Medigap options first. In most states, insurers can deny you a Medigap policy or charge higher premiums based on your health history if you don't qualify for guaranteed-issue protections. Make sure you understand your options before dropping your current plan.

Take time to compare plans before Dec. 7. A little homework now could save you money and help you start 2027 with better coverage.

KNEE OSTEOARTHRITIS: SYMPTOMS, DIAGNOSIS AND TREATMENT

BY: DR. JEAN LIEW, MD

(HealthDay News) — Knee osteoarthritis (OA) is the most common type of arthritis, affecting about 528 million adults worldwide.
It is more than "old age" or "wear and tear." OA affects the entire joint, not just the cartilage and bone, and includes the soft tissue structures around the knee (ligaments and tendons), and the muscles around the knee.

In my work as a rheumatologist, patients often ask me about how to manage their knee arthritis. It's an important question because this is the most common type of arthritis in adults worldwide, and here's what I tell them based on my clinical experience and the latest medical evidence.

Symptoms And Diagnosis
Symptoms start with pain or discomfort with activities, like climbing the stairs. Over time, the pain can become more constant with episodes of more intense pain, described as "flares." Pain, interference with activities and limitations in physical function are common reasons for people to seek medical care.

The diagnosis of knee OA can be made by a primary care provider, though they may also refer to specialists in sports medicine, rheumatology and orthopedic surgery. For patients who see a rheumatologist, the discussion may include the need for additional testing for conditions other than OA.

Some people confuse rheumatoid arthritis (RA) with OA. The main difference is that RA belongs to a group of conditions in which a dysfunctional immune system is the main driver of pain and swelling in the joints. These types of inflammatory arthritis often need to be treated with medicines that directly target those parts of the immune system that aren't working normally.

Imaging like X-rays and MRIs may be done to help with the diagnosis, but they are not needed to make it. Some people may have been told they have "bone-on-bone" disease based on what is seen on the knee X-ray, meaning that the cartilage has worn away within the joint. But what the X-ray shows does not translate directly to the same severity of symptoms for everyone. Some people can have X-rays that look "bone on bone" but live without having a lot of knee pain and or limitations on their daily life.

Treatment – General Overview
No medication cures OA, and there is no one-size-fits-all treatment approach. When patients see a rheumatologist for knee OA, the conversation may start with education about the disease and the different treatment options. Your physician will go over what you've tried, whether those things helped and what else could be tried. Treatment is often comprehensive, using more than one treatment at a time, while understanding what is important to each patient and working to set goals. Physical activity and exercise are important cornerstones of maintaining function and mobility. The recommended 150 minutes a week of moderate intensity exercise applies to all adults, though this goal is difficult to meet for some people who have OA.

A good recommendation is starting slowly and working your way up. Walking is very important. You don't have to start in the gym or with very intense exercise. Start with what you can do. Monitoring your progress may help — with digital health apps or devices to track your steps.

Most people with knee OA would benefit from a referral to physical therapy (PT) at least once. A physical therapist can work with you directly on different types of exercise. This should include strength training (to strengthen weak muscles, which can make knee pain worse); aerobic exercise (to improve heart and lung health, which can also improve general health); range of motion/flexibility exercises; and balance exercises.

Biomechanical aids, like taping, bracing and canes can be offered and discussed with your PT therapist. These all help address joint loading, or how stresses act on the knee joint.

For those who are overweight or obese, weight loss is recommended to reduce the mechanical load on the knee joint. Excess body weight is a known risk factor for developing knee OA. Newer clinical trial data suggest added benefits on knee pain and function with weight loss medications like semaglutide. However, the long-term benefits versus safety of these medications is not known.

Treatment – Non-Surgical
Current clinical guidelines strongly recommend using nonsteroidal anti-inflammatory drugs (NSAIDs) like ibuprofen and naproxen. Many people will not be able to use NSAIDs either due to side effects like gastritis, or other medical conditions like heart or kidney disease. If this is the case, a topical NSAID (diclofenac) can be rubbed on the skin up to four times a day, as needed. Little of it is absorbed into the rest of the body, which makes it safer than taking an NSAID by mouth.

Other topicals can be tried, including lidocaine (a numbing medicine), capsaicin (which comes from hot chili peppers) and patches. With capsaicin, avoid rubbing your face or eyes after use.

Guidelines also recommend steroid injections into the joint (commonly called cortisone shots), if NSAIDs and other options do not help pain enough. These can be done in the office, though not all primary care providers do them. There is a risk of pain, bleeding and infection, which are minimized during the procedure. Some studies have suggested a more rapid deterioration of the cartilage with these types of injections, but the amount of cartilage that is worn away does not appear to be clinically meaningful. At this time, with the current evidence, giving these injections as often as every three months, or less frequently, is still considered safe.

An antidepressant that is commonly used for chronic pain conditions, duloxetine, may be tried in some people with persistent pain. A careful review of other medications is done to ensure there is no interaction.

Treatment – Surgical
Seeing an orthopedic surgeon to discuss knee replacement may be recommended if the options above have been discussed and tried, and there is still persistent knee pain that negatively impacts quality of life. The main consideration for patients will be whether they are interested in surgery and whether they have the support needed to engage in physical therapy afterwards.

Some patients have had MRIs that show tears or other damage to the meniscus in the knee. This is often seen in conjunction with other findings of knee OA. Surgically treating the meniscus is not additionally helpful — a large clinical trial in The New England Journal of Medicine showed that one type of surgery, arthroscopic partial meniscectomy (APM), performed no better than PT with long-term outcomes. APM is not recommended for people with knee OA.

Other Treatment Options

Patients often ask about other options besides surgery and the treatments discussed above.

Mind-body modalities, which work to relax the body and mind, can complement physical and medication options described above. These include yoga, tai chi (which helps with balance), massage, acupuncture and cognitive behavioral therapy with a therapist. However, cost, access and insurance coverage may limit what is available.
Radiofrequency ablation can be offered to some patients when other treatments have not provided enough benefit and where surgery is not a desired option. An interventionalist, such as a pain management specialist, can use hot or cold to ablate (cut off) the nerves responsible for sensing pain in the knee.

Guidelines warn against several once-popular treatments because clinical trials showed they work no better than a dummy pill (placebo). These include injections of hyaluronic acid, glucosamine and chondroitin; anti-inflammatory medications used in conditions like RA; and vitamin D and fish oil supplements.

Clinical guidelines also recommend against other treatments such as platelet-rich plasma and stem cell therapy, because there is not enough data available to recommend a standard dose of this treatment.

Patients may ask about other vitamins and supplements, and about diet. Turmeric is a natural remedy recommended in some OA clinical guidelines because of its anti-inflammatory properties. The best dose is still unclear.

In terms of diet, because people with OA may often have other health conditions as well, trying a "heart healthy diet" can be helpful. A Mediterranean diet is one option that has been studied for people with, or at risk for, heart disease. Some studies show that a diet low in high-fiber foods is associated with worse knee pain and knee OA outcomes. Increasing high-fiber foods in your diet may be helpful for both your knee pain, as well as for the benefits of other chronic conditions like cardiovascular disease.

These options are typically safe to try, though if there is no benefit after several months, it may not be worth it in terms of cost and time to keep going.
More information
UCLA Health has more on knee osteoarthritis.

About the expert
Dr. Jean Liew earned her MD from the University of Texas Medical Branch. She completed her internal medicine residency at Oregon Health & Science University and her rheumatology fellowship at the University of Washington, where she also received an MS in epidemiology. She is currently an assistant professor of medicine in the Section of Rheumatology at Boston University Chobanian & Avedisian School of Medicine, with clinical research interests spanning knee osteoarthritis and axial spondyloarthritis.



A BELLE OF A BAGEL COMES TO SIERRA MADRE

I've always believed that a good breakfast doesn't have to be complicated. Give me a decent cup of coffee, a fresh bagel, and a place to sit for a few minutes. Is that asking too much?

My friend Ginny suggested we try the new Belle's Bagels on Kersting Court in Sierra Madre. Now, Belle's was already on my radar, but let's give credit where credit is due. Ginny made the suggestion, so off we went.



Belle's comes to Sierra Madre by way of Highland Park, where the business built a following for its bagels and Jewish deli specialties. Now it's bringing a little of that tradition to the foothills.

Here's this week's trivia question: Why are traditional bagels boiled before they're baked? I'll have the answer shortly.

Ginny ordered the sesame seed bagel, and I went with the plain, lightly toasted, of course. I'm something of a traditionalist when it comes to bagels. I don't need six different toppings, three kinds of cheese, or a sandwich so tall that I need a ladder to take the first bite.

Sometimes a plain bagel tells you more about a bakery than anything else on the menu. There's nowhere to hide.

Now, here's something that got me thinking. Starbucks is on the same block, and Sierra Donuts is about a three-iron shot down the street. For those of you who don't play golf, that's close enough that you could probably smell the coffee before your ball landed.

Are there too many breakfast choices in this little corner of Sierra Madre?

I don't think so.

Starbucks has its loyal customers. Sierra Donuts has its regulars. And now Belle's is offering something a little different. That's what makes a neighborhood interesting. Everybody has a favorite, and there's room for a little friendly competition.

Besides, nobody is forcing you to buy a bagel. The choice, as always, is yours.

I also like what a business like Belle's can bring to Kersting Court. Sierra Madre has managed to hold on to something that many Southern California communities have lost: a genuine small-town downtown. You can park, walk around, run into somebody you know, and perhaps spend a few dollars with a local merchant.

Eat Local. Two simple words, but they mean a lot to the people who open their doors every morning and hope you'll walk through them.

Now, I don't usually devote much space in a restaurant review to the restroom, but I'm making an exception. For reasons I haven't quite figured out, the bathroom at Belle's is decorated with pictures of Thomas the Tank Engine. Yes, the little blue train.

And get this. In my opinion, Belle's has the cleanest nonresidential bathroom in Sierra Madre. I haven't inspected every restroom in town, mind you, but this one could give a few fancy hotels a run for their money. Thomas would be proud. All aboard!

And now the answer to our trivia question. Bagels are traditionally boiled before baking because the boiling helps create that distinctive chewy crust. It's one of the things that separates a real bagel from an ordinary roll with a hole in the middle.

As for my weekly quibble? With so many breakfast choices within walking distance, deciding where to go might become the hardest part of the morning.

Then again, that's a pretty good problem to have.

Peter Dills reminds you: Hot food hot, cold food cold, and whenever possible, Eat Local. Belle's Bagels located On York Blvd. Too! www.Bellesbagels.com

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CHRISTOPHER Nyerges

[Nyerges is author of "How to Survive Anywhere" and other books. He teaches classes on survival skills at Pasadena City College and on-line. He can be reached at www.SchoolofSelf-Reliance.com.]

THANKSGIVING DAY: IT'S ROOTS, AND OTHER COMMENTARY

Thanksgiving has always been my favorite holiday of the year. Even moreso than Christmas, which seems to drive so many to rushing around almost mindlessly. But Thanksgiving is our uniquely American holiday where we try to remember our roots, we share a meal, we meet with family, and we hopefully "give thanks." At least that's the idea.

Unfortunately today, we hardly know what "giving thanks" even means, and so the act of giving thanks is lost on most of us. Newscasters talk about "turkey day," as if all there was to the day was eating turkey. Interestingly, most folks would not know whether or not they were eating turkey, or eating crow. Then, when we have barely taken the time to consider the notion of "giving thanks," we get up early on the following "black Friday" to rush around with the mobs "looking for a good deal" to help us celebrate the consumer-driven commercial craze into which we've morphed "Christmas."

Let's pause and take a moment to look at the roots of Thanksgiving.

In the history of the European colonies developing on the East Coast, finally becoming the United States, we tell ourselves that our first historic Thanksgiving Day was in October of 1621. After a successful harvest that year at the Plymouth colony, there was about a week or so of celebrations. The local Indians and the colonists joined together, with the Indians generally showing the colonists how to hunt for the meal which consisted of fowl, deer, duck, goose, and fish. Corn bread, wild greens, plums, leeks, and many other vegetables (wild and domestic) were shared in this celebration. Interestingly, there is no recorded evidence that wild turkey or wild cranberries were part of the menu. And we tell and re-tell this particular American story as if it is all about food!

In fact, some (but not all) historians question whether or not there were any religious overtones at all on this "first Thanksgiving," citing such evidence as the archery and firearms games, and the running and jumping competitions, which they say would never be done at religious ceremonies by the Puritans. The "competition" was more likely the men on each side doing their shows of bravado with weapons and physical feats before sitting down to eat.

What then is it, if anything, that sets the American (and the Canadian) Thanksgiving celebration apart from any of the other myriad of Harvest Festivals?

Not widely known is that this "first thanksgiving" feast had mostly political overtones, which seem to have largely backfired. Tisquantum ("Squanto") was the interpreter for Massasoit, who was the political-military leader of the local Wampanoag tribe. Massasoit was worried that his weakened tribe would be taken-advantage of by the stronger Narragansett, because his own group had been so reduced from disease. Massasoit would permit the European newcomers to stay as long as they liked, as long as they aligned with Massasoit against the Narraganset. (Read all about it in your history books). Tisquantum spoke English because he'd been to England and back, and had his own plan to re-establish his home-town village near what became the Plimouth colony.

Though Tisquantum successfully helped Massasoit broker a pact with the newcomers from across the ocean, Tisquantum died about a year later. The truce that Massasoit hoped to cement lasted perhaps another 50 years until the flood of Europeans flowing into Massachusetts and all of what was to become the eastern United States was too great to stop.

Despite the varied history of this day, Americans have chosen to see this as day set aside so that we do not lose sight of our spiritual blessings. We should not confuse "giving thanks" with "eating a lot of really good food." "Giving Thanks" is an enlightened attitude which accompanies specific actions. Perhaps sharing our bounty with the needy would be a better Thanksgiving activity. More to the point, perhaps we should use Thanksgiving to give thanks where it is due -- to the indigenous peoples who have become the "forgotten minorities." Rather than "eat a lot," perhaps we could send blankets, food, or money to any of the American Indian families or nations who today live in Third World conditions. And when you gather, there's really no reason to fixate on turkey unless that's what you want. Just have a great home-cooked meal of the foods that are special to you.

And let's not forget our national roots. Don't just give lip-service thanks to the Native Americans whose land was taken. Rather, find those organizations that are actually providing real assistance to Native Americans in poverty, such as many of those living in the third world conditions so prevalent on today's reservations.



FITNESS FOR LIFE

YOUR BODY REMEMBERS



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: michelesfitness Visit her Facebook page at: michelesfitness.

Have you ever stopped exercising for several months, or even years, and wondered whether all your previous hard work was wasted? Perhaps you once lifted weights, rode a bicycle, or attended exercise classes regularly. After a long break, getting started again can seem overwhelming. Fortunately, your body may remember more than you think.

Scientists call this phenomenon muscle memory, although the name is misleading. Muscles don't remember workouts the way your brain remembers a song. Instead, previous training can leave changes in your nervous system and muscle tissue that make familiar movements easier to perform and lost abilities easier to regain.

Your brain remembers how to move. Think about learning to ride a bicycle. At first, balancing, steering, and pedaling required concentration. Eventually, the movements became almost automatic. Even after years without riding, many people can get back on a bicycle and remember what to do.

Exercise skills develop in much the same way. With practice, your brain and nervous system become better at coordinating muscle activity. This helps explain why a familiar exercise may feel natural when you return to it, even if you can no longer perform as many repetitions or lift as much weight. Remembering a movement, however, doesn't mean your body is ready to perform it at its former intensity.

Muscles remember too. Muscle memory may involve more than the nervous system. Resistance training causes muscle fibers to adapt, sometimes increasing their size. Researchers are investigating whether some of those changes persist during periods of inactivity and help muscles respond when training resumes.

One possibility involves myonuclei, the numerous nuclei found within individual muscle fibers. These help regulate the production of proteins needed for muscle maintenance and growth. Animal research suggests that some nuclei gained during training may remain even after muscles shrink. Whether this happens consistently in humans, and how much it matters for retraining, remains uncertain.

Scientists are also examining lasting changes in how muscle genes are regulated. Although the mechanisms are not fully understood, studies suggest that people with previous resistance-training experience can sometimes regain muscle size and strength faster than they gained them initially.

So what happens during a break? Muscle memory doesn't prevent fitness from declining. Cardiovascular endurance can begin to decrease within weeks of stopping regular training. Strength and muscle size may also decline, although the rate depends on age, activity level, health, and the length of the break.

There is an important difference between stopping structured workouts and stopping nearly all physical activity. Someone who continues walking, gardening, or climbing stairs may maintain more of their fitness than someone who becomes largely sedentary. Either way, a decline in performance doesn't necessarily erase everything previously learned or developed.

The key is to return without overdoing it. Suppose you once exercised with 15-pound dumbbells but now find 10 pounds challenging. Trying to lift your old weights immediately may lead to excessive soreness or injury. Your muscles, tendons, joints, and cardiovascular system all need time to readjust, even when the movements feel familiar.

Start with a manageable resistance and increase it gradually. If you previously walked three miles each day, begin with a shorter distance that feels comfortable. Add time or distance as your tolerance improves. You may progress faster than you did as a beginner, but don't treat that possibility as a deadline. Recovery from illness, injury, or prolonged inactivity may require a slower approach.

Consider someone who was once an excellent tennis player but hasn't played in 30 years. Their brain may still remember the strokes, footwork, and timing, but their muscles, tendons, and joints may no longer be conditioned for those movements. Attempting to play at their former level could boost their risk of injury.

If you've never exercised consistently, muscle memory still offers an encouraging lesson. Every time you practice a movement, your nervous system learns to perform it more efficiently. Early strength gains often reflect improved coordination and muscle activation before substantial muscle growth occurs.

That means your first workouts are doing more than burning calories or tiring your muscles. They're helping you develop skills and adaptations that may serve you later, even if life occasionally interrupts your routine.

What about taking a long break? It's easy to assume that missing months of exercise means all previous effort was wasted. That belief can make returning feel harder than it needs to be. Although fitness declines without regular activity, the body may retain some benefits of earlier training.

The best approach isn't to prove you can still do everything you once did. It's to begin at your current ability, practice consistently, and allow improvement to follow. Your body might surprise you.

UNLOCK YOUR LIFE



YOU CAN'T COUNT THE APPLES IN A SEED

"You can count the seeds in an apple, but you can't count the apples in a seed."

I've always loved that saying. It reminds me that we can never fully know how far the influence of our efforts might travel, or how many lives might be touched when we decide to pursue a dream.

My father dropped out of school at fifteen, following the death of his mother. Two years later, he returned to his education, earning his GED and then his high school diploma. Eventually, he pursued a college degree while serving full-time in the United States Air Force.

It wasn't a straight path. Sometimes, just as he was making progress, the Air Force would transfer him to another duty station, and he would have to begin again at a new school. But he kept going.

I was nine years old when my father earned his bachelor's degree.

Even as a child, I understood that what he was doing was remarkable. He worked all day and attended classes at night. I watched him study, persevere, and make sacrifices for something that mattered to him. I remember thinking that since my only responsibilities were going to school and growing up, the least I could do as a member of the family was give school my very best effort.

Watching my father graduate remains one of my favorite memories. My father knew I was watching. I believe that was part of what inspired him to keep going. He understood that his example mattered, and he took the responsibility of being a positive influence. But his influence didn't stop with his family.

Eventually, my father became an education counselor in the Air Force, helping other service members figure out how to pursue their educational goals. He helped people who wanted to continue their education but didn't necessarily know where or how to begin. His dream of earning a college degree became a doorway through which other people could pursue their own dreams.

We often measure our efforts by what we accomplish. Did we graduate? Did we succeed? Did we reach the goal?

Those things matter, of course. But I've come to appreciate that something else happens along the way. We grow. We discover what we're capable of. We learn to begin again when things don't go according to plan. And whether we realize it or not, other people are watching.

One of my cousins, now in his fifties, is learning to play the electric bass. I love that. He doesn't need to become a professional musician or perform before an audience to justify the experience. Wanting to make music is reason enough to begin.

And then there's our publisher, who started this newspaper in her fifties because publishing a newspaper had been her lifelong dream.

Think about that. At a time when newspapers across the country are closing, and print journalism faces enormous challenges, she decided to create one. And here we are. You're reading it. Her dream created a place for writers to share their ideas, for neighbors to learn about one another, and for a community to see itself reflected in print. One woman's decision to pursue something she loved opened opportunities for countless others.

I believe our personal desires are sufficient reason to pursue our dreams. We don't have to justify them by promising to change the world. We can learn to play an instrument because we love music. We can return to school because we want to learn. We can begin something new at fifty, sixty, or eighty simply because the idea delights us.

But something wonderful happens when we permit ourselves to try.

Our courage can encourage someone else. Our persistence can help another person keep going. Our willingness to be a beginner can remind someone that they haven't missed their chance. Sometimes we know exactly who's watching. My father certainly knew I was. Sometimes our influence travels around corners, across communities, and through generations to people we'll never meet.

I know people are watching my life, just as I continue to watch and learn from others' lives. That awareness doesn't make me responsible for living a perfect life. It reminds me that how I live matters. My father wanted an education. He earned his degree, helped others pursue theirs, and set an example for his daughter that still guides her more than half a century later. We can never know how many other lives his willingness to keep going changed. And that's part of the beauty of it.

You can count the seeds in an apple, but you can't count the apples in a seed.

Lori Harris is a coach, author, and podcast host. You can learn more at her website loriaharris.com

FRIENDS OF THE LIBRARY DECEMBER BEST USED BOOK SALE

The Friends of the Sierra Madre Library will hold their December Best Used Book Sale at the library on Friday, December 4 (3:00-7:00 p.m.) and Saturday, December 5 (10:00 a.m.-2:00 p.m.). The library is located at 440 W. Sierra Madre Blvd. in Sierra Madre.

The Book Sale will be held in the Mary Tumilty Community Room on the parking lot level at the library. Featured will be our usual $1.00 Bargain Books, Children's and Teen books from $.50 -$1.00, and small paperbacks $.50 each or 3/$1.00. A Mark Twain set will be for sale and jigsaw puzzles, including a puzzle with 2,000 pieces, will also be available. And SATURDAY only will be the $5.00 BAG SALE—everything you can cram into our large grocery bags for only $5.00 a bag!

Our Friends' Bookstore will be open for your visit as well. Also on the parking lot level, and a short walk from the Community Room, you will find books from every genre, including Fiction and Non-Fiction best-sellers, Children's and Teen books, "Coffee-Table" books and

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024.
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Letters to the editor and correspondence should be sent to:

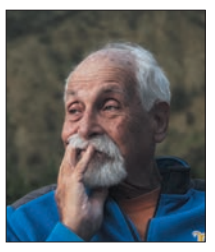
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A member of the California Newspaper Publishers Association

Mountain Views News
Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



I AM JUST LIKE YOU....EXCEPT FOR A FEW THINGS!

First of all, you are imaginary and in all probability I am not. Nevertheless, we have some things in common. None of us asked to be born. We gave no prior consent. It just happened. We did not negotiate the terms of our arrival or our individual genetic makeup, or our particular historical era. You and I exist here in 2026 at the conclusion of the era dominated in the United States by Donald Trump. Yes, it was inevitable that I include him in whatever it is I am trying to create.

Almost exactly a week ago I went to sleep on Tuesday November 3rd already knowing that a blue wave was rolling across our country. I expected to awaken and write an article about the new possibilities now facing us. Instead, at some time in the very early morning I awoke experiencing what is labelled as a TIA. Probably, most of you are completely unfamiliar with that term. Prior to last Wednesday I was completely unfamiliar with the term or the condition it describes. According to page 382 of the Merck Manual of Medical Information, "A Transient Ischemic Attack (TIA) is a disturbance in brain function resulting from a temporary deficiency in the brain's blood supply. Symptoms are described lower on the page and included in these symptoms are difficulty in thinking and inability to recognize parts of the body. These symptoms do not capture the gravity of what I experienced. To begin with I could not use words. I was completely paralyzed and experienced myself as something other than a human being. I was a blob with a deep awareness that something was very wrong. This awareness was not in words but in something below words that let me know something was very wrong. How long it lasted I do not know but sometime later I awoke in a chair in another room, worried but wanting to pretend that everything was okay or normal or something.

It's the subject of "pretense" that I want to talk about. At first, I just wanted to pretend that it never happened. Shortly after coming back to myself, I wrote my article for last week's column "Opportunities and Opposition." I purposely failed to mention in my article what I had just experienced and instead wrote about the Republican defeat as did many others in the paper. I do not believe I even mentioned the experience to my wife, though I told her the next day and we went to emergency. I should say that I am an 82 year old man who is completely taken care of by wife. She makes the meals, washes the clothes, and the dishes, and treats me much like a house pet.

I am no longer able to legally drive so my wife has driven us daily to the Kaiser Baldwin Park Hospital where my son has been confined for the past two months. He is suffering from an auto-immune condition that may result in a liver-transplant if he qualifies. This whole situation has contributed to continual stress within me as I pretend to maintain my sanity.

Yesterday, when we visited my son, I was unable to control emotions, and I was disrespectful to the doctors and demanded answers that they could not give. From his bed my son said, "Dad just sit down and relax." While at the hospital I did mention my TIA to somebody and waited all day for blood tests and an EKG from which I have learned nothing. Prior to beginning this article, I read somewhere that a TIA may lead to a lack of emotional control.

Who knows but right now I am a mess. This is where I refer to the first paragraphs of the article directed to my imaginary readers. Like everyone else I was born with little idea of how to behave. Certainly, there was a need to eat, excrete, move around, with confusion and continual worry as to whether I was doing the right thing. Actually, it was easier then as I was a particularly non-creative, non-rebellious kid who just did what people told me to do. Maybe you were also like that as up to now things have worked out pretty well for me and I assume that almost all of my imaginary readers have had the same experience or they would not have the time or interest to bother with my articles.

Now, after the midterm elections we face new challenges. Do we care about our professed values of liberty, equality, humanity, and democracy; or do we just want profits or distractions for our self. Frankly, for me, other than wanting to stay warm I just care about my son's welfare along with the welfare of my wife, and daughter, and of course my dog. Well, honestly and shamelessly that is who I am, and I wonder if you are very different.

Actually, I hope you are or at least are convinced by your own pretense.

PUT THE LIGHTS ON

RICH JOHNSON



SLOGANS, ADVERTISING AND OTHER WORKS OF FICTION

Believe it or not the term "slogan" was first used way back in 1513 as a slang term in Scottish Gaelic meaning "battle cry". In the foggy highlands of Scotland and Ireland, the various clans needed a vocal signal to call out so your own side didn't shoot at you.. (Today it means "battle for your money").

As history progressed through the 1700s and 1800s, feudal warfare declined, so "slogan" took on alternate meanings. One was political and the other was marketing otherwise known as "The battle for your wallet". Not only were the retailers and storekeepers after your dough, the politicians were also really after your wallet. An early political slogan during a presidential election was "Keep Cool and Keep Coolidge". A nice ring to it.

Lincoln had what is maybe the most famous slogan. Running for reelection in 1864 (amidst the Civil War) his slogan read, "Don't Swap Horses in Midstream". Coca Cola's first slogan was "The Ideal Brain Tonic". (Probably had to take it down for it not being true.) If they changed just one letter it might have survived. The letter? Change the "n" in Tonic to a "x")

The longest marketing slogan was created by the marketing department of FedEx. It read: "When it absolutely, positively has to be there overnight." At some point they deleted the last word "overnight".

The shortest marketing slogan? It was uttered by a 81-year old manicurist. The slogan: "Where's the beef." The woman who uttered those words became an instant overnight star. The company, Wendy's. The star? Clara Peller.

One of my favorites was used by several plumbers and portable restroom businesses. The slogan? "Were #1 in the #2 business. Has a ring to it. Maybe even a little fragrance.
In case you didn't know Coca-Cola was invented in 1886 in Georgia by a doctor. In 1893 a pharmacist in North Carolina named Caleb Bradham, invented Pepsi-Cola. At first he called it "Brad's Drink" (short for Bradham).

When Pepsi started marketing in China, they included the slogan "Come Alive With Pepsi". The translators who translated the English to Chinese inadvertently wrote: "Pepsi brings your ancestors back from the dead." Kentucky Fried Chicken marketing their stores in China mistranslated the line "finger-lickin' good" so that it really said, "Eat your fingers off".

Movin' on, I love clever. One of the best clever lines was by a muffler repair shop. It read: "No appointment necessary…we hear you coming."

Dumb mistake ideas. Dr. Pepper came out with a drink specifically for men. The drink? Dr. Pepper TEN. The slogan, "It's not for women". Dumb, dumb, dumb! When you alienate half the population (give or take) it hurts sales and was quickly retired as a marketing slogan.

Sometimes government agency's make stupid mistakes. In a specific anti drug campaign, South Dakota rolled this "clever" public message in response to a drug epidemic. The slogan? "Meth…we're on it."

The state-owned airline of Afghanistan had a rather dubious slogan lol. Two words: "Good Luck!"

A 1940s advertisement for Camel Cigarettes had the following ironic endorsement slogan: "More Doctors Smoke Camels Than Any Other Cigarette".

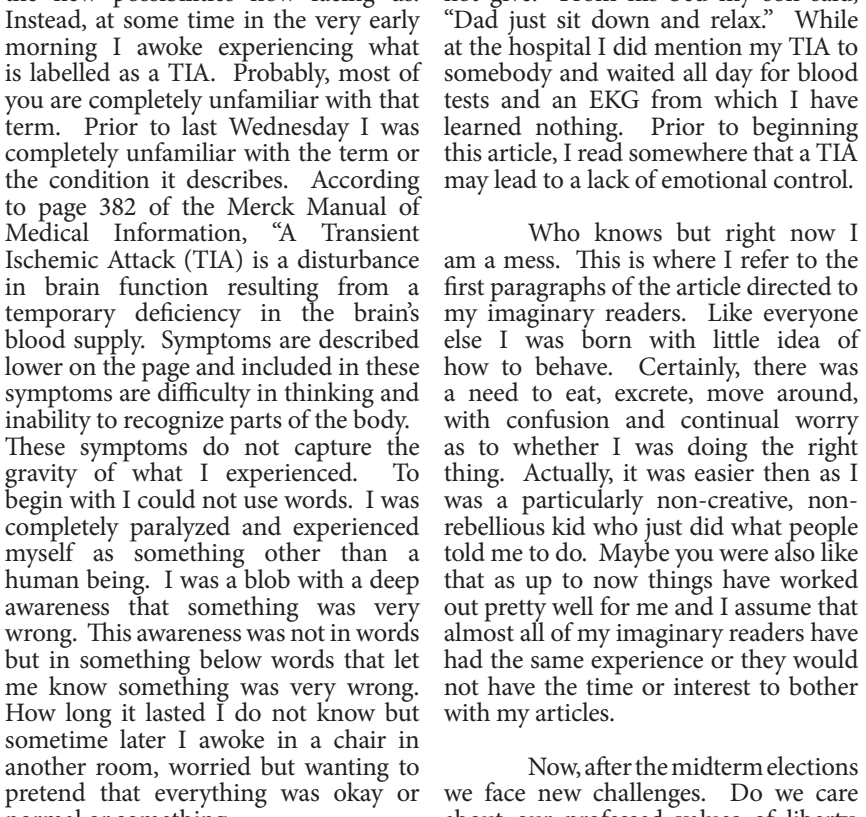
Sometimes it's not the text of a slogan that is so funny or aggravating. It's the delivery. A wonderful organization's advertising was so torturous it had the reverse effect of encouraging support. You heard a small child or two sing the following "1-877-Kars for Kids". Oh no!!!! I can't get it out of my head!!!

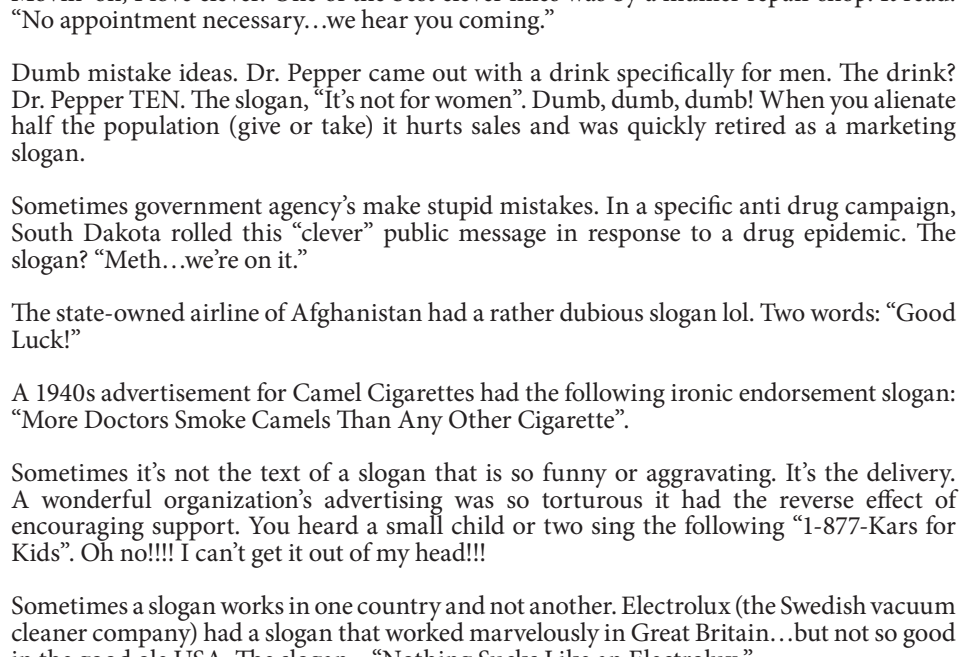
Sometimes a slogan works in one country and not another. Electrolux (the Swedish vacuum cleaner company) had a slogan that worked marvelously in Great Britain…but not so good in the good ole USA: The slogan: "Nothing Sucks Like an Electrolux."

A 1950's clothing company that specialized in clothes for the larger female had this catchy slogan: "She Can Have a Tummy…and Still Look Yummy". The fashion line company name? "Chubbettes".

A German advertising agency created an ad campaign for their client, German automobile company, Audi, to be plastered on billboards and television commercials. The slogan on the air and billboards even in England read: "Vorsprung durch Technik". The translation? "Progress Through Technology" The intent was to remind the world that Audi was a German automobile like the BMW and Mercedes. And it worked. The irony about the ad: Even in worldwide advertising Audi chose not to translate it. As Arte Johnson who played German soldier, Wolfgang on Laugh-in would say, "Interesting, very interesting!" (say it with a German accent). There was one other famous quote spoke with a German accent on "Hogan's Heroes". It was Sergeant Schultz and his famous line: "I know nothing".

I too, know nothing. And on that note, I leave you.





HOWARD Hays As I See It



"Calling dead Americans domestic terrorists before the investigation even commenced is not too much success." – Trey Gowdy on Fox News, commenting on former DHS Secretary Kristi Noem's post-election opinion that the second Trump Administration has been "too successful"

I ended last week's column mentioning that in Minnesota on election day, hundreds visited the memorials to Renee Good and Alex Pretti – Americans killed by ICE in Minneapolis last January. They came to leave their stickers saying, "I Voted". We're nearing the one-year anniversary of the killings of Renee Good and Alex Pretti. While Republicans controlled Congress, the Trump Administration seemed confident such matters (like Epstein) would eventually just simply go away, with criminals escaping accountability.

This promises to change come January. The new Congress will remind Attorney General Todd Blanche of his role – to serve the country as its chief law enforcement officer, not as personal attorney to Donald Trump. When Rep. Robert Garcia (D-CA) advised Stephen Miller, the new White House Chief of Staff, to "lawyer up", Blanche responded on Fox News: "Stephen Miller has a lawyer. It's me, it's me and the entire DOJ." Former federal prosecutor Mimi Rocah, who'd worked for Blanche, posted, "Perfectly exemplifies everything wrong with his leadership: Misstates the role of the AG and then volunteers DOJ lawyers who are trying to do their real jobs."

The Justice Department has been hemorrhaging hundreds of attorneys who'd been "trying to do their real jobs". Those still there are exploring opportunities in the private sector, with recent recruits rescinding their letters of acceptance. Expecting serious Congressional oversight next year, the heads of the Civil Division and National Security Division have resigned, along with the Assistant Attorney General for Civil Rights. A U.S. attorney for the Southern District of Florida and a special prosecutor left, apparently not wanting to waste any more of their time trying to establish some "grand conspiracy" involving Barack Obama and Hillary Clinton connected with the 2016 and 2020 elections.

As remaining resources in the DOJ are focused on defending Trump and targeting perceived enemies, prosecution of real crime has taken a backseat. Victims of those crimes are becoming more vocal. The week before the election, Michael and Susan Pretti spoke to reporters about the killing of their son Alex in Minneapolis, nine months earlier:

Michael Pretti asked us to "Imagine that your child was killed because of the actions of the federal government. Imagine learning that your child had been murdered by watching it on TV . . . we saw him being shot repeatedly in the back after helping a woman from his community . . . He was observing. He was not protesting . . . His hands were in the air before he was tackled to the ground. He was face down on the ground when he was executed by ICE agents." Pretti continued, "No one from the federal government called us on that horrible day, but they did go on TV to tell lies about Alex. No one from the federal government has called us since. The lies told about Alex immediately after his murder have been shown to be just that - lies. No one has recanted those lies".

He said that after contacting the Justice Department, specifically A.G. Blanche, attempting to obtain "even basic information the law affords us", "at every turn they have ignored us, misled us and shielded Alex's killers." Pretti concluded, "This is not normal. This is not justice. This is morally wrong".

Susan Pretti, Alex's mother, added, "The federal government went on TV and lied about Alex. They tried to slander his memory to cover up their crime . . . We want our son's killers brought to justice – once and for all. Minnesotans said no to this injustice. Americans said no to this injustice. And today we are here begging for the Department of Justice to do what is right, to hold the men who murdered our son accountable for what they did."

Stephen Miller, right after the killing, called Pretti a "domestic terrorist" who "tried to assassinate federal law enforcement". Then-DHS Secretary Kristi Noem said Pretti had "brandished" a gun and "attacked" officers. The DHS said Alex Pretti intended to "do maximum damage and massacre law enforcement." Miller, Noem and the DHS were lying. And they lied when insisting that, regardless of whatever actions, federal agents enjoyed "absolute immunity".

Last March, Minnesota investigators sued to have the federal government turn over evidence related to the Pretti killing (as well as Renee Good's). Some was turned over in July, but that was it. Since then, nothing further has been provided to Minnesota investigators or to Pretti's family – including identities and recorded statements of those who killed their son.

I don't know what "success" Kristi Noem was referring to in her post-election statement that Trey Gowdy commented on in the opening quote. Maybe it's success in shielding criminals. House Oversight Chair James Comer (R-KY) just released a "final" Epstein report – finding Trump did nothing wrong, after all. Right. But for those welcoming this new Blue Wave Congress, having criminals brought to justice – whether the killers of Alex Pretti, participants in Epstein's crimes or those grifting from the Oval Office – would be success in itself. Holding criminals accountable is something you can never be "too successful" at.

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026239221
The following person(s) is (are) doing business as: E. S EXPRESS 17642 KINGSBURY ST GRANADA HILLS, CA. 91344. Full name of registrant(s) is (are) EUGENIU SALARU 17642 KINGSBURY ST GRANADA HILLS, CA. 91344. . This Business is conducted by: AN INDIVIDUAL Signed: EUGENIU SALARU, OWNER. This statement was filed with the County Clerk of Los Angeles County on 11/12/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: November 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026236947
The following person(s) is (are) doing business as: MID-VALLEY WASTE MANAGEMENT 7244 VARNA AVENUE NORTH HOLLYWOOD, CA. 91605. Full name of registrant(s) is (are) EDWIN OSORIO GONZALEZ 7244 VARNA AVENUE NORTH HOLLYWOOD, CA. 91605; VIANEY OSORIO 7244 VARNA AVENUE NORTH HOLLYWOOD, CA. 91605. This Business is conducted by: A GENERAL PARTNERSHIP Signed: EDWIN OSORIO GONZALEZ GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 11/09/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237019
The following person(s) is (are) doing business as: INFINITE WELLNESS OF SHERMAN OAKS 15315 MAGNOLIA BLVD STE 100 SHERMAN OAKS, CA. 191403. AON B20260478024 Full name of registrant(s) is (are) SHERMAN OAKS BEAUTY AND WELLNESS CENTER 15315 MAGNOLIA BLVD STE 100 SHERMAN OAKS, CA. 191403. This Business is conducted by: A CORPORATION Signed: SHERMAN OAKS BEAUTY AND WELLNESS CENTER, ODETTE G SABIO, CEO. This statement was filed with the County Clerk of Los Angeles County on 11/09/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237623
The following person(s) is (are) doing business as: MOULIN ROUGE BUFFET 26428 NATIONAL TRAILS HWY HELENDALE, CA 92342 SAN BERNARDINO COUNTY AON C6531868. Full name of registrant(s) is (are) GAT FOOD SERVICES 26428 NATIONAL TRAILS HWY HELENDALE, CA 92342 This Business is conducted by: A CORPORATION. Signed: GAT FOOD SERVICES, GRIGOR TAGVORYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 11/10/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237621
The following person(s) is (are) doing business as: FIRST ON SIGHT RESTORATION 2055 CENTRAL AVE APT 6 HIGHLAND, CA. 92346. SAN BERNARDINO COUNTY. Full name of registrant(s) is (are) KEVIN VELAZQUEZ 2055 CENTRAL AVE APT 6 HIGHLAND, CA. 92346 This Business is conducted by: AN INDIVIDUAL Signed: KEVIN VELAZQUEZ, OWNER. This statement was filed with the County Clerk of Los Angeles County on 11/10/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237638
The following person(s) is (are) doing business as: FASTFIX JEWELRY 9301 TAMPA AVE 25 NORTHRIDGE, CA. 91324. Full name of registrant(s) is (are) LUXURY ENTERPRISES CORP. 9301 TAMPA AVE 25 NORTHRIDGE, CA. 91324.. This Business is conducted by: A CORPORATION Signed: LUXURY ENTERPRISES CORP., ANDRE MOND, TREASURER. This statement was filed with the County Clerk of Los Angeles County on 11/10/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026240163
The following person(s) is (are) doing business as: DEEDS POOLS 7456 RADFORD AVE NORTH HOLLYWOOD, CA. 91605. Full name of registrant(s) is (are) DEMESIO SOSA LOPEZ 7456 RADFORD AVE NORTH HOLLYWOOD, CA. 91605 This Business is conducted by: AN INDIVIDUAL Signed: DEMESIO SOSA LOPEZ , OWNER. This statement was filed with the County Clerk of Los Angeles County on11/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2002. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237795
The following person(s) is (are) doing business as: MODERN LIMOUSINE SERVICE 9320 VALJEAN AVE NORTH HILLS, CA. 91343. AON 201530610228. Full name of registrant(s) is (are) YAGUBYAN ENTERPRISES, LLC. 9320 VALJEAN AVE NORTH HILLS, CA. 91343. This Business is conducted by: AN LLC. Signed: YAGUBYAN ENTERPRISES, LLC., SAHAK YAGUBYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 11/10/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2015. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026237805
The following person(s) is (are) doing business as: LA BLACK CAR SERVICES 9320 VALJEAN AVE NORTH HILLS, CA. 91343. AON 201530610228. Full name of registrant(s) is (are) YAGUBYAN ENTERPRISES, LLC. 9320 VALJEAN AVE NORTH HILLS, CA. 91343. This Business is conducted by: AN LLC. Signed: YAGUBYAN ENTERPRISES, LLC. SAHAK YAGUBYAN, CEO. This statement was filed with the County Clerk of Los Angeles County on 11/10/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2015. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: 14, 21, 28, December 5, 2026

FILE NO. 2026230232
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JAFAR AZIMI GHADIKOLAEI 3415 S SEPULVEDA BLVD STE 1100 LOS ANGELES, CA. 90034 has/have abandoned the use of the fictitious business name: JEFF PAINTING 3415 S SEPULVEDA BLVD STE 1100 LOS ANGELES, CA. 90034. The fictitious business name referred to above was filed on 12/29/2025, in the county of Los Angeles. The original file number of 2025285984. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 10/30/2026. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) JAFAR AZIMI GHADIKOLAEI/OWNER
Publish: Mountain Views News
Dates Pub: OCT 31, NOV 07, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026204718
The following person(s) is (are) doing business as: TONI 16000 SHERMAN WAY APT 223 LAKE BALBOA, CA. 91406. Full name of registrant(s) is (are) ANTON PANFILOV 16000 SHERMAN WAY APT 223 LAKE BALBOA, CA. 91406. This Business is conducted by: AN INDIVIDUAL Signed: ANTON PANFILOV, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/24/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026201863
The following person(s) is (are) doing business as: GIFT & MORE 1036 N HACIENDA BLVD LA PUENTE, CA. 91744, Full name of registrant(s) is (are) BASSAM KHALIL MANSOUR 1036 N HACIENDA BLVD LA PUENTE, CA. 91744, . This Business is conducted by: AN INDIVIDUAL Signed: BASSAM KHALIL MANSOUR OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026201865
The following person(s) is (are) doing business as: 304 MINI MART 552 N SAN ANTONIO AVE POMONA, CA. 91767. Full name of registrant(s) is (are) BASSAM KHALIL MANSOUR 552 N SAN ANTONIO AVE POMONA, CA. 91767. This Business is conducted by: AN INDIVIDUAL Signed: BASSAM KHALIL MANSOUR OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026201861
The following person(s) is (are) doing business as: MIDNIGHT SMOKE 548 WORKMAN MILL RD LA PUENTE, CA. 91746. Full name of registrant(s) is (are) BASSAM KHALIL MANSOUR 548 WORKMAN MILL RD LA PUENTE, CA. 91746. This Business is conducted by: AN INDIVIDUAL. Signed: BASSAM KHALIL MANSOUR OWNER.. This statement was filed with the County Clerk of Los Angeles County on 09/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026217724
The following person(s) is (are) doing business as: AKAYA APPLIANCE LG & SAMSUNG REPAIR SERVICE 7270 FRANKLIN AVE APT #108 HOLLYWOOD, CA. 90046. Full name of registrant(s) is (are) DILMUROD JURABAEV 7270 FRANKLIN AVE APT #108 HOLLYWOOD, CA. 90046. This Business is conducted by: AN INDIVIDUAL, Signed: DILMUROD JURABAEV, OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/02/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026204400
The following person(s) is (are) doing business as: ANGEL'S CRANE SERVICE 9775 GLENOAKS BLVD UNIT G SUN VALLEY, CA. 91352. Full name of registrant(s) is (are) RENE ANGEL CORONA 9775 GLENOAKS BLVD UNIT G SUN VALLEY, CA. 91352. This Business is conducted by: AN INDIVIDUAL Signed: RENE ANGEL CORONA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/24/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026204402
The following person(s) is (are) doing business as: ANGEL IRON WORKS 8435 ORION AVE 304 NORTH HILLS, CA. 91343. Full name of registrant(s) is (are) RENE ANGEL CORONA 8435 ORION AVE 304 NORTH HILLS, CA. 91343. . This Business is conducted by: AN INDIVIDUAL. Signed: RENE ANGEL CORONA, OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/24/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026229071
The following person(s) is (are) doing business as: CONSIGNIFY 547 ARDEN AVE B GLENDALE, CA. 91203. Full name of registrant(s) is (are) DRIVE LEGACY INC. 547 ARDEN AVE B GLENDALE, CA. 91203. This Business is conducted by: A CORPORATION Signed: DRIVE LEGACY INC. KATRINA ADAMYAN, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/29/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 31, Nov. 7, 14, 21, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026221362
The following person(s) is (are) doing business as: IN-N-OUT GARAGE DOOR SERVICES 6117 RESEDA BLVD #212 TARZANA, CA. 91335, Full name of registrant(s) is (are) LAR CONSTRUCTION AND REMODELING 6371 CANBY AVE TARZANA, CA. 91336. This Business is conducted by: A CORPORATION Signed: LAR CONSTRUCTION AND REMODELING, SHARON ROUMY, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/19/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026221392
The following person(s) is (are) doing business as: DISCIPLINE TREE SERVICE 11731 RIO HONDO PARKWAY EL MONTE, CA. 91732. Full name of registrant(s) is (are) LUIS FERNANDO GASTELUM DELGADO 11731 RIO HONDO PARKWAY EL MONTE, CA. 91732. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS FERNANDO GASTELUM DELGADO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/19/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026223407
The following person(s) is (are) doing business as: SEGOVIA REAL ESTATE ONE 13830 CUMSTON ST SHERMAN OAKS, CA. 91401. Full name of registrant(s) is (are) JENNY ELIZABETH SEGOVIA 13830 CUMSTON ST SHERMAN OAKS, CA. 91401; LUIS MANUEL SAINZ 13830 CUMSTON ST SHERMAN OAKS, CA. 91401. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JENNY ELIZABETH SEGOVIA/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026225565
The following person(s) is (are) doing business as: SAUL'S CARPET CARE 5640 KESTER AVE #4 VAN NUYS, CA. 91411. Full name of registrant(s) is (are) JOSE SAUL HERNANDEZ 5640 KESTER AVE #4 VAN NUYS, CA. 91411. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE SAUL HERNANDEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/21/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News ES
Dates Pub: OCT 24, 31, Nov. 7, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026222432
The following person(s) is (are) doing business as: CAROL'S RECYCLING, 214 E TICHENOR ST, COMPTON, CA 90220. Full name of registrant(s) is (are) ALIZON G MEJIA TZAQUITZAL, 214 E TICHENOR ST, COMPTON, CA 90220. This Business is conducted by: AN INDIVIDUAL. Signed: ALIZON G MEJIA TZAQUITZAL/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-216907
The following person(s) is (are) doing business as: CELLFREE, 256 S ROBERTSON BLVD, BEVERLY HILL, CA 90211. Full name of registrant(s) is (are) RALPH MUNIZ, 256 S ROBERTSON BLVD, BEVERLY HILL, CA 90211. This Business is conducted by: AN INDIVIDUAL. Signed; RALPH MUNIZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-211815
The following person(s) is (are) doing business as: CS-BRAND, CS-BRAND.NET, CS-BRAND.AI, 15717 WOODRUFF AVE SPC 13, BELLFLOWER, CA 90706. Full name of registrant(s) is (are) ANA SARALERTSOPHON, 15717 WOODRUFF AVE SPC 13, BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed; ANA SARALERTSOPHON/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/05/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-218382
The following person(s) is (are) doing business as: GIL'S PLUMBONG, 5945 SHULL ST, BELL GARDENS, CA 90201. Full name of registrant(s) is (are) GILBERTO A GOMEZ BOTELLO, 5945 SHULL ST, BELL GARDENS, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed; GILBERTO A GOMEZ BOTELLO/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/2021. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-222455
The following person(s) is (are) doing business as: EG SMOG CHECK, 5168 S VERMONT AVE UNIT B, LOS ANGELES, CA 90037. Full name of registrant(s) is (are) EDGAR G GARCIA HERNANDEZ, 5168 S VERMONT AVE UNIT B, LOS ANGELES, CA 90037. This Business is conducted by: AN INDIVIDUAL. Signed; EDGAR G GARCIA HERNANDEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-222880
The following person(s) is (are) doing business as: GREEN & ASSOCIATES, 3922 EAST CAMBRIA PRIVADO, ONTARIO, CA 91761. Full name of registrant(s) is (are) RONALD LEE GREEN, 3922 EAST CAMBRIA PRIVADO, ONTARIO, CA 91761. This Business is conducted by: AN INDIVIDUAL. Signed; RONALD LEE GREEN/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/20/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-219457
The following person(s) is (are) doing business as: GT TRUCKING, 5892 QUINN ST., BELL GARDENS, CA 90201. Full name of registrant(s) is (are) TOLEDO'S GROUP TRANSPORTATION LLC, 5892 QUINN ST., BELL GARDENS, CA 90201. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed; GERMAN LEONEL TOLEDO JR/MANAGING MEMBER. ARTICLE # 202360210320 This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2016. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-219718
The following person(s) is (are) doing business as: M & R MARKET, 1015 W IMPERIAL HWY, LOS ANGELES, CA 90044. Full name of registrant(s) is (are) SMH INVESTMENT GROUP INC, 11530 PARAMOUNT BLVD 111, DOWNEY, CA 90241. This Business is conducted by: A CORPORATION. Signed; ABDELHAMID I HEMDA/PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on 10/15/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-220881
The following person(s) is (are) doing business as: MARISCOS MAR DE SINALOA, 5205 CORONA AVE, MAYWOOD, CA 90270. Full name of registrant(s) is (are) SAMANTHA ESPINOSA CORTEZ, 5205 CORONA AVE, MAYWOOD, CA 90270, ALEXIS SAMAND CARRASCO, 5205 CORONA AVE, MAYWOOD, CA 90270. This Business is conducted by: A GENERAL PARTNERSHIP. Signed; SAMANTHA ESPINOSA CORTEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/16/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-218497
The following person(s) is (are) doing business as: MARTIN & ASSOCIATES # 1, 15321 HAWTHORNE BLVD APT 1, LAWNDALE, CA 90260. Full name of registrant(s) is (are) MEHDY MARTIN AZEMOON, 15321 HAWTHORNE BLVD APT 1, LAWNDALE, CA 90260. This Business is conducted by: AN INDIVIDUAL. Signed; MEHDY MARTIN AZEMOON/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-220817
The following person(s) is (are) doing business as: QUEEN JANITORIAL SERVICE, 6631 SALT LAKE AVE SPACE 37, BELL, CA 90201. Full name of registrant(s) is (are) ADELA REYES-MEZA, 6631 SALT LAKE AVE SPACE 37, BELL, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed; ADELA REYES-MEZA/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/16/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-218205
The following person(s) is (are) doing business as: SABOR GUATEMAYA, 6TH ST. BONNIE BRAE, LOS ANGELES, CA 90057. Full name of registrant(s) is (are) ALBERTO XILOJ AJANEL, 816 E 21ST ST, LOS ANGELES, CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed; ALBERTO XILOJ AJANEL/OWNER. This statement was filed with the County Clerk of Los Angeles County on 10/14/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/2026. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-217018
The following person(s) is (are) doing business as: TACOS LA PULMONIA ESTILO MAZATLAN, SINALOA, 1242 LOS PALOS ST, LOS ANGELES, CA 90023. Full name of registrant(s) is (are) ROBERT MENDEZ, 1242 LOS PALOS ST, LOS ANGELES, CA 90023, RAUL ACOSTA, 1242 LOS PALOS ST, LOS ANGELES, CA 90023. This Business is conducted by: A GENERAL PARTNERSHIP. Signed; ROBERT MENDEZ/GENERAL PARTNER. This statement was filed with the County Clerk of Los Angeles County on 10/13/2026. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News/JDC
Dates Pub: OCT 24, 31, NOV 07, 14, 2026

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2026-195948
The following person(s) is (are) doing business as: THE DUMPLING TOPS, LONG XIANG LI

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NOVEMBER EVENTS Around Town!

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One Time Events

November 1
Día de Los Muertos at Kidspace - Join in a celebration of life with festivities including music, art, dance and more. 11am & 1pm

November 7
Flower Arranging: American Art Nest Florals at The Huntington - Design a flower arrangement inspired by Still Life with Flowers and Bird's Nest. 10am - 12pm & 1pm – 3pm

November 12
Enjoy the Sounds of the Sixties at the Blinn House
The Next Doors will perform folk music from the era. 6:30 pm – 8:45 pm

November 14
Creative Workshop: Screen Printing at The Huntington - Learn screen-printing techniques and create a tote-bag. 10am – 12pm & 1pm – 3pm

November 14
Pasadena Symphony at Ambassador Auditorium
Enjoy Beethoven's Seventh Symphony, Elgar's Cello Concerto, and more. 2pm & 8pm

November 15
CicLAvia in Pasadena - 3-mile stretch of Colorado Boulevard open for walk bike & skate. 9am – 3pm

November 19
Charity Dance Show at Arcadia Performing Arts Center - The Orchesis Dance Company of Arcadia High School performs a dynamic mix of dances in an event supporting the Soles4Souls charity. 7pm

November 20
Whiskers and Watercolor at Tail Town Cats
Create your own Meowsterpiece! 6pm – 8pm

November 26
Rose Bowl Turkey Trot - All ages are welcome to run, walk, or stroll the Rose Bowl 5k loop on Thanksgiving morning. 8:30 am

Recurring Events

November 1 and First Sundays Each Month,
Pasadena City College Flea Market - Over 400 vendors attend the PCC Market, known for selling antiques and collectibles. 8am – 3pm

November 2, 9
Music in the Rose Garden at The Huntington
Wander the garden an hear live performances from the Pasadena Conservatory of Music 1pm – 3pm

November 4 – 29
Passing Strange at Pasadena Playhouse - Young artist searches for "real" on a continental journey.

November 5, 6, 7
Animal Farm at Arcadia Performing Arts Center
Arcadia Stage presents a modern, family-friendly adaptation of Orwell's timeless satire. 7pm

November 7, 8
Caltech Wind Orchestra Concert "America at 250"
Music ranging from John Williams' Liberty Fanfare to Frank Ticheli's Shenandoah. 3pm – 4:30pm

November 7, 8, 14
The Importance of Being Ernest at the Arboretum
Bardfly Theatre co-production of this beloved Oscar Wilde comedy. Snacks and drinks 2:30pm – 4:30pm

November 8 and Second Sundays Monthly
Rose Bowl Flea Market - The world's most unusual flea market.

November 20, 21
The Huntington Holiday Market - Exceptional gifts, homewares, and food at the Huntington Store. Fri 6pm – 9pm (member preview) and Sat 10am – 6pm

November 20 – December 27
Enchant Christmas LA at Santa Anita Park
Enjoy ice-skating, live entertainment, a new light maze, holiday food, and more.

November 22 and Every Fourth Sunday
The Society for the Preservation of Dixieland Jazz Show - Bring your dance shoes to the Arcadia Elks Lodge for live music from a featured band every month. 1pm – 5pm Band takes the stage at 3pm

November 22 – January 9
Enchanted Forest of Light at Descanso Gardens
Enjoy Descanso's glowing displays, seasonal bites and sips, a new laser show, and a "snowfall" finale.

November 28 – December 24
A Christmas Carol at A Noise Within
This timeless story of redemption is filled with music, merriment, and good cheer.

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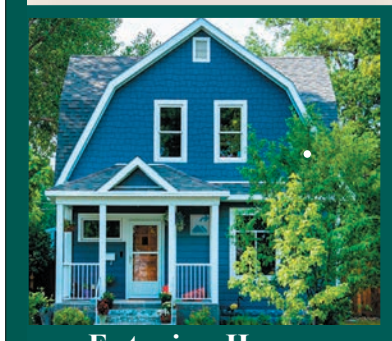
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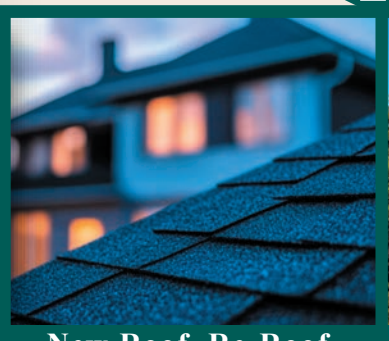
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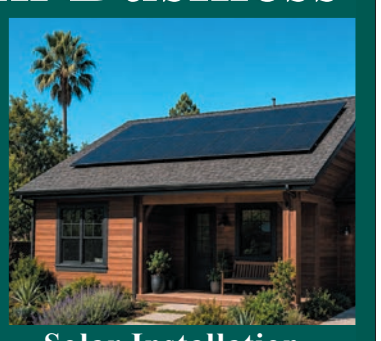
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