

Planning Commission Set To Recommend Willis Residence An Historic Landmark At 1 Carter

At their last meeting, the Sierra Madre Planning Commission moved one step closer to recommending that the Willis Residence be designated a Sierra Madre Historical Landmark. The four commissioners present all agreed that the home met the criteria necessary and instructed staff to amend the recommendation so that it included more language that would clarify the import and historical significance of the home.

The recommendation will then be presented at the commission's September 4th meeting and sent to the City Council for approval.

Residents have been very concerned that this step had not yet been taken, as it was a condition of the agreement between the City and the developers of One Carter several years ago.

With the development of the land surrounding the residence likely to proceed, the only way to preserve the it is as an historical landmark.

In addition to the community's concern over the destruction of the natural vegetation and wildlife at 1 Carter, the project is certain to obscure the site of what has been called the 'birthplace of Sierra Madre'.

The Willis residence and the entire 1 Carter development were part of

Nathaniel Carter's estate, Carterhia. It was Carter who bought the original 1100 acres known as the Sierra Madre Tract or "The Crown Of The Valley", from Lucky Baldwin in the late 19th century. In 1939, after the death of Carter, the property became the possession of Cornelius G. Willis and his wife, Mindy, who was a niece of Herbert Hoover. Their eldest son Ted, eventually became the executor of the estate and it was Ted Willis that sold the property to Maranatha. That sale ultimately lead to the property being sold to Dorn-Platz, the current developer of 1 Carter.

For those who could not make the historic connection between the original Carter Residence and the Willis Residence, a very informative and compelling presentation was made during the meeting by Donald Thurston which cited a 1947 article in The Architectural Forum Magazine Of Building that discussed the significance of the architectural design of the Willis Residence, further bolstering the community's desire to have the historical landmark designation in place.

It is anticipated that the designation will be approved by the council before any construction begins.

Staff/MVO

Second Time Around

Courageous Julia Hibner Will Sell Lemonade In Kersting Court This Weekend To Help Others For The Second Straight Year

She's Back! After successfully raising over \$375.00 for the Los Angeles Midnight Mission from her lemonade sales last year, Julia, now 8, knows what it takes to create a winning start-up business: a box of lemons, sugar, cold water and ice cubes. Mix that all up pour it into a cup at 75 cents and you can't go wrong. Julia's father Mark Hibner said they were looking for something creative to do over the summer and stumbled on Sunkist Grower's "Take a Stand" on the website gocitykids.com. He said it was their first step in becoming active in the community.

Julia, a student at Sierra Madre School, was not shy about learning the business model, total income - total expenses = total profit. And, while they didn't quite reach their goal of \$500 last year, they are hoping to do so this weekend.



Julia believes in the lemonade she sells!

Julia is participating in a program sponsored by Sunkist, and over 10,000 lemonade stands this summer were pledged throughout the country in an effort to get kids involved with charities.

The Hibners choose the LA Midnight Mission because it is a local charity and we think homelessness is not so recognizable and local to our communities," Mark Hibner said. "If you go down to the skid row area it's quite large, almost a city within a city." Before putting up the lemonade stand they toured the shelter he said.

You can find Julia this weekend in front of Washington Mutual in Kersting Court in Sierra Madre. Stop by and support her efforts. She's setting a good example for all of us.

Photos by D. Lee



There's nothing better than ice cold lemonade on a hot day that helps support a young person and a charity.

East Pasadena Urgent Care Facility Approved Site At St. Luke's Hospital Will Be Run By Huntington Memorial

By Dean Lee

No one disagreed publicly or otherwise Monday night as the Pasadena city council unanimously approved funding to design a new "Urgent Care and Public Safety Training Facility," within the city —what they did disagree on was where to put it.

The approved \$500,000 will go to looking at 3160 East Del Mar Boulevard as the location for an Urgent Care Center operated by the Huntington Medical Foundation and the Community Health Alliance of Pasadena. The 7.2 acre site is city owned and currently used by police

Many residents wanted to see it put at the former Saint Luke Hospital site in North East

Pasadena.

After public comments, most of which supported the Saint Luke site, Councilmember Marget McAusan said she did not favor the Del Mar site.

"If I had a first choice, this site wouldn't be my first choice," she said. "But this is the most expedient choice to get an urgent care quickly."

McAusan added that she was not happy with the way the process saying it seemed confusing. "Sometimes it said the initial appropriation was for a feasibility study," she said. "Sometimes it seems it's for architecture and design for a site that's already been determined to be feasible."

Staff said the Del Mar site gave them the

opportunity to use grant money that would not be available later. McAusan said because of that she would support staff's regimentation for the urgent care at Del Mar. She also said they needed to move forward quickly.

Chief Executive Officer, Margaret Martinez, for CHAP said they supported the urgent care at Del Mar, "part of the business model we came up with for this site does include those insured and uninsured patients," she said adding that the site would be closer to other surrounding communities and people would come from as far away as downtown L.A.

Residents of West Pasadena and Sierra Madre said any urgent care should be put above the 210 freeway. (continued on page 4)

Inside The MountainViews-Observer This Week

REMEMBRANCES

Nancy Perry Mulleavy
Richard W. Quinn

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The Time Has Come For A Public Safety Commission

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Bob Eklund Says We Are Far From Average.

Also, Inside Out & More Page 10

The Birds Eye Can't Stand The Noize

Peter Dills: Table For 2 Page 11

Lady Jazz

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Karen Hernandez
Cory Hale
Nedra Wheeler
Carol Chaikin

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Co-Hosts, Jane Montreal of ABC7 and James Janisse

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Tues:	Sunny	Hi 90s	Lows 70s
Wed:	Sunny	Hi 90s	Lows 70s
Thur:	Sunny	Hi 90s	Lows 70s
Fri:	Sunny	Hi 90s	Lows 70s

Forecasts courtesy of the National Weather Service

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- Historical Designation at 1
Carter
New Emergency Care
Hospital
- Calendar & Arts
- Remebrances
The Goldilocks Bandit
Bertrand: One Of A Kind:
- Pasadena's New Manager
The Lincoln Crossing
Turmoil
- SMEAC: Did You Know?
Fire Safe Council
Police Blotters
- Mountain Clymer:
My Two Cents
- Rich Johnson
Stuart Tolchin
Glen Lambdin
Letters To The Editor
- Legal Notices
- Legal Notices
Sierra Madre Notices
- Science & Health
Eklund: Looking Up
Carney: Inside Out
- Birds Eye View
Dills: Table For Two
Senior Happenings
- Homes & Property
Tips On Recessed Lighting

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TODAY

Sierra Madre Summer Fun in the Park

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mer Fun in the Park
starting thru Thursday,
August 28.

The Community and
Personnel Services
Department is offer-
ing fun and interactive
programs all summer
long. Each Tuesday and
Thursday the fun will
begin at 9:30 - 10:30 am
at the Memorial Park
Bandshell, 222 West Si-
erra Madre Blvd.

Programs are geared to-
wards youth ages 3-10
years old but people of
all ages are welcome to
enjoy.
Tuesday activities will
consist of different pro-
grams including:
August 19 - TBA
August 26 -
Southern California
Lyric Theater

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST					7 Summer Fun in the Park Memorial Park, 9:30 am Planning Commission Meeting City Council Chambers, 7:00 pm	
10 Concerts in the Park The Grove, 70s and 80s Memorial Park, 6:00pm	 Summer Fun in the Park Memorial Park, 9:30 am, Recycling Fun	12	 Summer Fun in the Park Memorial Park, 9:30 am	14		
Bargain Books Table August 11-16 at the Library. Open during the Library's normal operational hours.						
17 Concerts in the Park The Late Bloomers Folk Acoustic Memorial Park, 6:00 pm	Author Night 18 Amalia Starr will discuss and sign her new book at the Sierra Madre Public Library. 7:00 pm	19 Summer Fun in the Park, Memorial Park, 9:30 am Mission Renaissance	 Summer Fun in the Park Memorial Park, 9:30 am Third Thursday Book Club, Sierra Madre Public Library, 11:00 am Planning Commission, Council Chambers - 7:00 pm	21	23 Get Out & Get Active - Healthy Family Fun Captura La Peolita, Sierra Vista Park, 9:00 am	
24 Concerts in the Park Fairytale and Fantasy IV Musical Theater Memorial park, 6:00 pm		26 City Council, Council Chambers 6:30 pm Summer Fun in the Park Memorial Park, 9:30 am So. California Lyric Theatre	 Summer Fun in the Park Memorial Park, 9:30 am	28	29 Hollywood Bowl Academy Award-Winner John Williams Conducting Leave from Arcadia County Park at 6:30 pm, Cost: \$27.00	

Music In the Park

The Late Bloomers will be the musical
guest this **Sunday, August 17, 2008** for the
Concert in the Park Series. One of the band
members includes our very own Gayle Blue-
mel, Principal of the Sierra Madre Upper
and Lower Campus. Join us at the Memorial
Park Bandshell at 6:00pm for this free event.

Arcadia Concerts

**August 21, Nannett & Her Hotsy Totsy
Boys, Days of the Roaring 20s**

All concerts will be presenting to their
audiences on the west-side lawn of Arcadia
City Hall, in between Huntington Drive,
from 7 p.m. to 8:30 p.m. Parking is avail-
able either in City Hall parking lot or Santa
Anita Racetrack. A lawn chair or blanket
is recommended for seating. Snacks and
drinks will be sold by Arcadia Historical
Society. Free face or hand paint also pro-
vided for children. Also available is a new
kid's craft area on the grass near the Police
Department. And best of all, all concerts
are completely free!

For more questions, please contact Ar-
cadia Recreation and Community Service
Department at (626)574 5113.

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sion features "exceptional"
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Artists' reception 6-8pm on Friday August 22

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Sierra Madre 91024
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The Friends of the Sierra Madre Library will have a
Bargain Book Table Sale inside the Library during the
Library's public open hours. Featured subjects
will include Biographies, Fiction, Children's and
Specialty books, all in good condition. All books
will be sold at the bargain price of \$1.00. The
Library is open Monday through Wednesday
from Noon to 9 p.m. , Thursday & Friday from
Noon to 6 p.m. , and Saturday from 10 a.m. to
6 p.m. For further information on programs and
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REMEMBRANCES



MULLEAVY
Nancy Perry Mulleavy, born June 23, 1925, died July 22, 2008. She was the daughter of longtime Sierra Madre residents Charles Hall and Martha Perry. Nancy married Lt. Col. William Robert Mulleavy with whom she had four children; Nan, Martha, Perry and Paula. Nancy's grandparents, Charles Hall Perry Sr., and his wife Georgine Bower Perry came to Sierra Madre from Illinois by train in 1907. They took a buggy up the dirt road which is now Baldwin Avenue. Their first night was spent at the Shirley Hotel in downtown Sierra Madre, which is still standing. Charles Sr, was elected to the positions of City Clerk, Tax Assessor, and Head of the Water Department. Georgine was the first woman to register to vote in the City of Sierra Madre. Nancy's maternal grandparents also came to Sierra Madre in the early 1900's. Her grandfather, the Right Reverend and Dean William Carson Shaw was the Rector of the Church of Ascension between 1919 and 1925. Nancy was active in community affairs, including the Sierra Madre Repertoire Theater Group, the Civic Club, and was a member of the Sierra Madre Beautification and Historical Societies. Nancy is survived by 4 children, 9 grandchildren and 5 great-grandchildren. Many of these five generations grew up, were educated, and are still Sierra Madre residents. Nancy Perry Mulleavy's memorial service will be held on Saturday, August 16, at 10:00 am at The Episcopal Church of the Ascension, with reception following. Internment will take place in the Church's Memorial Garden viewing her "beloved mountains", and with her husband of over 50 years, Bill, at Riverside National Cemetery

QUINN

Richard W. Quinn, 1930-2008. passed away on August 8, 2008 after a lengthy illness. A former Sierra Madre resident through the years he was always t happiest when he was in his beloved town. Richard learned to walk when on a family vacation in the Sierra Madre Canyon. He is survived by his sisters, Theresa Daley, Sierra Madre, Marie Sechrest, Hemet, nephews, John Daley, Sierra Madre, Tim Johnson, Sierra Madre, Mike Johnson, San Luis Obispo, neice, Kathleen Daley Dunn, Igo, Ca. and numerous other nieces and nephews. He was preceded in death by his twin sister at a very young age, parents Mary Ann & Patrick; sister, Kathleen, brother John, and last year his brother Patrick. Richard was a free lance short story writer for various publications. Most of his adult life was spent in Long Beach and L.A. Richard thrived on family reunions with all the fun and wit of his big Irish family. He was a dear, kind and caring man who will be sorely missed.

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News Around The San Gabriel Valley

Monrovia

MONTECITO FINE ARTS OPENS FULLY ACCREDITED HIGH SCHOOL

In alignment with Montecito Fine Arts College of Design 's continuous effort for quality education, students and parents alike have expressed a strong desire for MFA College of Design to start a high school. Beginning September 8, 2008, Montecito High School of Art, Science and Design will officially open its doors and begin its first school year as a fully accredited high school.

Montecito High School of Art, Science and Design will offer all of the same attributes as other high schools but will emphasize and excel in the following areas: immersion of study programs, conducting homework on campus, critical thinking, high academic standards, and specialize in areas of science, art and design. Classes will be held on MFA College of Design campus in Monrovia at 121 East Huntington Dr., Monrovia, CA 91016. For more information on the high school, please visit our Web site:http://www.montecitofinearts.com/high_school



Arcadia

SPECIAL BULLETIN: ARCADIA POLICE DEPARTMENT

Arcadia Police are seeking the public's assistance in identifying the suspect in two recent bank robberies. The man has been nicknamed the "Goldilocks Bandit". These photos taken by bank cameras



Wachovia Bank, 1200 S. Baldwin Ave, Arcadia, 7/18/06, 1120 hrs, 08-3680



Bank of the West, 1155 W. Huntington Dr, Arcadia, 8/08/08, 1000 hrs, 08-4054

Suspect- M/W, bro/ bro, 6-00, wearing a blonde wig with a blue baseball cap, plain gray t-shirt with unknown logo on back, blue jeans, no further information. Exposed a black, semi-auto handgun. Fled to a waiting older, 4 dr, Chevrolet, Red in color.

Be on the lookout the next two Fridays between the hours of 1000 and 1200 around our financial institutions.

Any information, call
Detective Turner, Arcadia Police Department, 626-574-5165.



One Of A Kind: Featuring unique homes & gardens and the people who create them

By Chris Bertrand

The Fruits Of Their Labors

Chris Bertrand

The Sierra Madre Community Organic Garden is stronger than ever! As you look around, you can tell there is pride in this small bit of heaven. Some come every day. Some even come twice a day to water and muse over their garden treasures. This verdant, veggie, herb and fruit-filled plot is divided into about twenty parcels located immediately south of the tennis courts behind city hall. Community gardeners come from all walks of life. A lawyer, a retired ER doc, a Sierra Madre firefighter. Yet gardening is the great salve, as we put our "other" lives aside to watch our gardens grow. Brandy Campos and her daughter Artemisa Penya garden here together. So do mother and daughter Maria and Tanya Zendejas. The four know have known each other for over twenty five years, gardening here for two years. Campos poured on the praise for the gardening tutelage Maria Zendejas gladly shares with fellow gardeners, sharing ideas and experience with organic measures to combat pests and boost her crops. Zendejas' proof is definitely in the pudding, or rather the squash, lettuce, cabbage, several types of beans, tomatoes and



Tanya Zendajas shows off part of the day's picks.

peppers, peppers and more peppers. She rattled off more varieties than I can begin to remember, and enthusiastically shares her triumphs and occasional woes in the garden. Her "day job" as a residential gardener plus her upbringing on a farm in Mexico combine to bring a lot of hands on experience and gardening zeal. Zendejas wastes nothing. When a cabbage or lettuce head is cut, she replants the heel to start a new plant. Garden clippings get composted then tilled back into the soil. She proudly opened several of the large compost bins, and exclaimed "Look at all the life in there after just a few short weeks! So many people throw out their garden clippings in the green waste containers, then go to the store to buy Miracle Grow fertilizer. It doesn't make sense." To prove her point, she pulled out her pick and turned over the soil in her plot. Delighted, she displayed the health of her soil, as measured by the abundant earthworm population. She feeds her family from the plot and has now improved her own health, by eating organically from the abundance of her garden.

A few short years ago, the garden was in disrepair, tall with six foot weeds. A group of volunteers coalesced forces to make the garden usable and beautiful again, with the aid of local Cub Scouts. Fencing for two sides was installed with grant funds. The community garden has a long waiting list, so if you're considering it, put your name in the queue with Leigh Talmo, the garden's volunteer "chaperone" and mentor. Renters are responsible for maintaining their plots, bringing and using their own tools. They must agree to use only organic gardening methods, and to plant no trees. The price depends on the size of the plot. A small one like ours is currently \$60 a year, which can be paid at \$15 quarterly. I applied and eventually ascended the list when someone moved back East. My neighbor and I share the plot and responsibilities, as well as the veggies. We recently celebrated our first anniversary at our plot here, which affords escape from the voracious deer that populate our foothill



Maria Zendejas picks foot-long beans

neighborhood. After a late, heat-seared start last July, we laughed that each tomato gleaned cost us about \$10. This year has been much better, and we actually have a plethora of delicious tomatoes right now, though the eggplant that flourished last year matured very small this year.



Brandy Campos helps water a neighboring plot, covering for a traveling gardener.

A project on the horizon is building steam. The west border of the garden is overgrown with sad looking yews and wild vines, abutting the parking lot. Zendejas and Campos hope to find funding and help to remove the eyesore plants and get fencing installed between the garden and the city hall parking lot. Any funding source ideas would be appreciated. They can be emailed to me at

C.Bertrand@MVObserver.com

Know of a unique home, garden or person who helps create them, that might be of interest to our readers? Contact Chris at C.Bertrand@MVObserver.com.

MountainViews-Observer



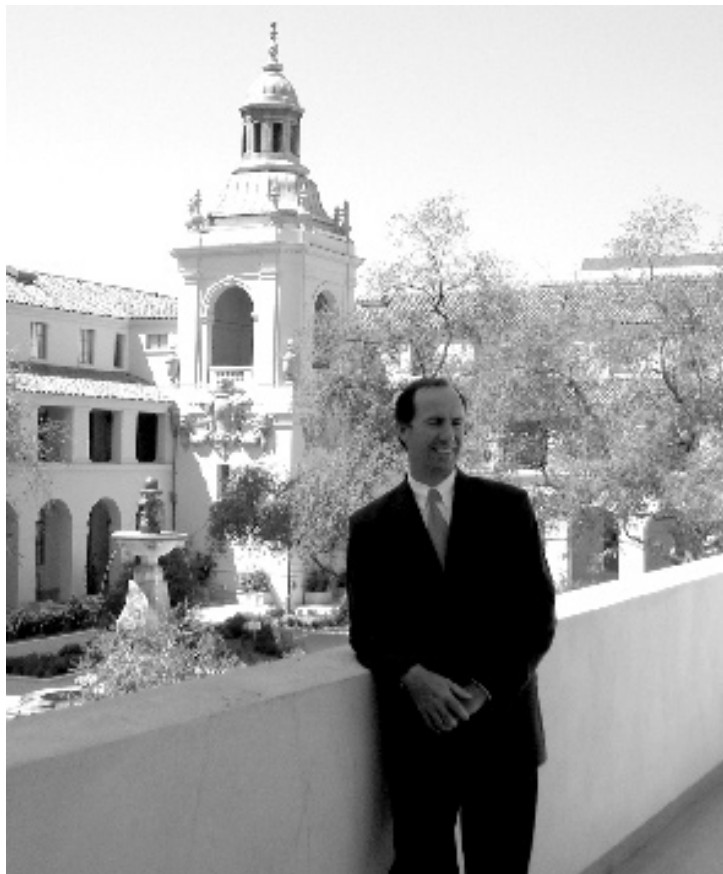
Pasadena

News From Your Community

Altadena

For Your Community

Beck New City Manager



Michael Beck

Photo D.Lee/MVO

By Dean Lee

Although the city council had not yet voted fully to give frontrunner Michael Beck the city manager position, Mayor Bill Bogaard said Monday they had unanimously agreed, "he was the right person for the job."

Beck's acceptance is still pending agreement on contractual terms and conditions, according to staff. He is set to assume the position Oct. 1, then taking over for Interim City Manager Bernard Melekian. Beck is the assistant city manager for Riverside.

"From my point of view, the announcement that's being made today is not legally mandated by the Brown Act, but is done in light of the enormous public interest," Bogaard said. "The council's decision, as I have noted, is not final."

The meeting will take place in September, he

and the departments of community development, development, public works, public utilities, and parks, recreation and community services. Riverside has a population of 300,000 and a nearly \$1 billion operating budget, according to city staff.

Tyler said they interviewed him thoroughly and found him, "a good fit for Pasadena."

"Looking at Pasadena in the future, as someone said, 'taking us to the next level'" Tyler said, to the unease of some.

"Is that what Pasadena is going to become, a city with 300,000 people?" someone said. Many, after the announcement, also questioned the lack of discussion on crime, a hot topic in Riverside.

Prior to joining the city of Riverside in 2001, Beck was director of economic development and real estate services for the University of California-Riverside.

He earned a bachelor's degree in business economics and a master's degree in business administration from UC Riverside.

The city council also recognized Melekian for the work he had done. They said in nine months he had transformed the style and effectiveness of the office. Melekian is set resume his position as Chief of Police for the city. Melekian will work with Beck during the transition period, staff said.

Melekian withdrew his name for the position after being selected president of California Police Chiefs Association earlier this year.

He takes office in March. Melekian is also an active member of the United States Coast Guard Reserve.

added. Beck thanked the city.

"Pasadena is clearly recognized throughout the United States, and to the county, for all of its remarkable civic accomplishments," Beck said. "I'm excited to be a part of that."

Bogaard said Beck was selected from a pool of 60 candidates. He explained they narrowed that down to eight, then three. None of the names of the other candidates were given.

Council members, Jacque Robinson, Margaret McAustin and Sid Tyler became known as the "Riverside caucus" having the "task" of interviewing Beck's peers in Riverside, Bogaard joked.

Robinson said he was extremely well liked. "We couldn't find an enemy of Michael's in Riverside." She said adding that she also got positive responses from "people of color."

As assistant city manager in Riverside, Beck oversaw the airport

Letters Surface Outlining Lincoln Crossing Turmoil

Farm Fresh Ranch Market owner calls for boycott of shopping center owned by developer Dorn Platz.

By Dean Lee

No one needs to ask Par Aria, owner of Farm Fresh Ranch Market in Altadena, if he's mad — after what he said was a wrongful termination of their lease, giving his store to Super King Market for next to nothing.

Developer Dorn Platz was said to make a public announcement this week on new tenants for the Lincoln Crossing Project, although no announcement has been made.

The Lincoln Crossing Project, a publicly subsidized venture seen to revitalize the area, is at Lincoln Avenue and Woodbury Drive. The County Board of Supervisors sold the property to Dorn Platz years ago. A groundbreaking ceremony took place in 2005.

In a letter, Aria said the lock to his store was changed Aug. 5, without any notice having been given. He also said the change was done even though they "filed for bankruptcy for reorganization in order to stop the landlord's eviction notice." The court is scheduled to hear the appeal Aug. 20.

"By the time I arrived at the store approx. 2 p.m. that day [Aug. 5], trustee has arranged some organizations and their people were hauling out of the store all the merchandise," Aria said. "All these merchandise were given away for free. I tried to convince the trustee to sell the produce items to a supermarket operator I know and this would bring some cash to use for our creditors."

The next day he said the keys were given to Super King, before another hearing last Wednesday when the court was to decide whether to authorize the trustee to sell assets to a new operator and at what price. The

outcome of that hearing was not known at press time.

Aria alleged, "This simply demonstrates that the trustee acted on his own, improperly, and distributed my merchandise and equipments before receiving the approval from the court."

According to Aria's letter, John Shack, an attorney for Dorn Platz, obtained an Unlawful Detainer, suing Farm Fresh over "tenant improvements." Aria said they settled at \$1.5 million so he could keep the store.

The letter alludes that Farm Fresh was being sued as a way for Dorn Platz to pay off a series of recent judgments against Dorn Platz by contractors and tenants of Lincoln Crossing. Others have said Dorn Platz was just trying to get rid of pesky tenants in the wake of a number of county investigations.

According to Aria, since the project's start, six judgments against Dorn Platz have been successfully awarded, including \$300,000 to a cement contractor, \$600,000 to one builder and \$1.5 million to another, \$50,000 to tenant Mat's Pharmacy and an undisclosed amount to a contractor. Aria also said Panda Express was given free rent as part of a settlement.

He also said every promise in their contract was broken, including where Farm Fresh was to be located. The store was to be on the corner Woodbury and Lincoln, which is now occupied by 24 Hour Fitness Center which Aria says blocks the view of the store.

Dorn Platz also demanded they pay a large portion of the \$800,000 plus tenant improvements, he said. They were also asked to pay \$110,000 for Security Guards that never existed.

"There have been many building problems, such as foundation leaks, that have not been cured yet," he said in the letter. "Too, too many problems to mention"

Aria is not the only one who is angry.

Most tenants were told the first phase of

the project would be completed by now. Greg Galletly, president of Dorn Platz, did not return phone calls to this paper, although the Pasadena Star News reported Aug. 4 that Galletly said "Phase I" would be completed within 90 days.

The Star News also reports that Galletly said any new tenants will be better than the ones they started with, including Bessie's Daughter's Soulful Tacos, which closed in May. They also reported that Galletly said they had no trouble finding new tenants, "We got better tenants for more money."

The family owed eatery was plagued with problems related to the project's construction, including being forced to close due to sewer leaks that were investigated by the county, said Helga Kuhn, owner of Bessie's Daughter's Soulful Tacos, in a previous interview.

Aria also said his store was hurt right when it first opened after Acacia Street was closed for construction. The street was closed again two months ago for six weeks, something Kuhn also said was a major problem for her.

Aria also suspected that Dorn Platz had been looking for new tenants since January. He said they offered Super King a contract at that time.

Former Altadena Town Councilman, Steve Lamb, said he was interviewed by the Star News saying, "that Mr. Galletley was famous for his 'mis-statements' and that I wouldn't believe a thing he had to say."

Lamb also said he, "attempted to discuss the history of Dorn Platz's misdeeds," although they did not want to hear it.

He explained, "The intention of the project [is] to provide economic opportunity for minorities in Altadena."

Lamb's name does not appear in the Star News' Aug. 5 story.

Aria ended his letter saying, "The community of Altadena is supporting our store and they are promising to boycott this shopping center, especially the new operator of the supermarket, until such time as the landlord returns the store possession to Farm Fresh again and as well as return Bessie's Taco back to its operator."

The Altadena Town Council has asked for a grand jury investigation into how the county has handled the project.

Urgent Care

(from page 1)

Councilmember Chris Holden asked if they could do both something Wada said was only limited by a need. Holden then asked that other sites be studied.

Councilmember Sid Tyler agreed.

Holden said he wanted to see a parallel process.

Interim City Manager Bernard Melekian had said what the owner of the Saint Luke site built was to them and not the city although residents disagreed. The council also asked about renting office space somewhere around Saint Luke's.

Wada also said an urgent care could be used by ambulances



Former Saint Luke Hospital

Photo D.Lee/MVO

for nonlife threatening emergency calls freeing up overcrowding at Huntington Hospital. "There is a formal process with the county that the city would go through," he said. He later explained that other sites could do the same including Sierra Madre.

The total cost of putting an Urgent Care at Del Mar would be \$3.6 million, any other location would cost

at least twice that city staff said. They also said the urgent care was phase one of the project. The second would be an \$11.1 million police and fire training facility at the Del Mar site.

Mayor Bill Bogaard asked staff to bring back a feasibility study September 8. Councilmember Victor Gordo also asked that the city's Finance Committee look over the study.

Democratic Headquarters to Host Historic Moment

PASADENA — On Aug. 28, 2008, the Pasadena Area United Democratic Headquarters of Pasadena will host a public celebration which will include televised coverage of Senator Barack Obama's acceptance of the Democratic Party's nomination for presidential office.

The event will be held at Blair High School, located at 1201 S. Marengo Ave. in Pasadena, starting at 6 p.m. The outdoor amphitheater seats 1,200 people and is expected to reach capacity.

The UDH will broadcast Sen. Obama's acceptance speech during the free rally, which is open to the entire community. The festivities will also include guest



speakers, musical performances and a recitation of Martin Luther King, Jr.'s "I Have a Dream" speech, in commemoration of its 45th anniversary.

In the days leading up to the rally, UDH will air live television coverage of the National Democratic Convention. This will take place on Aug. 25, 26 and 27, beginning at 7 p.m. at UDH's office, 414 S. Lake Ave.

The Pasadena Area United Democratic Headquarters welcomes you to be a part of this historic movement. Join us for what promises to be an extraordinary convention week. We encourage all members of the community to join us as democratic supporters and activists for change throughout the campaign.

For more information, call 626-449-2008, or visit their office at 414 S. Lake Ave.

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*For more information, call (310) 633-3966 or (626) 355-5278.

Public Health & Safety



Environmentally Speaking, Did You Know? Remodeling in the Shade of Green

By Pat Birdsall

“Green” remodeling is an all-encompassing approach that emphasizes making a home healthy, comfortable, and efficient. Consideration is given to indoor air quality, energy conservation, resource conservation, reduced material waste, and the use of products that are better for people and the environment. Homeowners who choose to remodel green not only have a healthier home but can lower their energy consumption by 30-50%.

Green remodeling can be done in small ways and doesn't necessarily have to encompass the entire home. It's easy to pick and choose elements that fit each particular home owner. * Non-toxic paints and sealants* Programmable thermostats* Energy efficient appliances *Natural flooring* Local building materials *Natural fiber rugs and fabrics *Recycled material roof shingles and tiles *Energy efficient lighting *Insulated hot water pipes *Tankless water heaters *Quality insulation *Native plants for landscaping.

If a kitchen remodel is in your future, perhaps some resources listed by Nancy Yoshihara in the June 19th edition of the L.A. Times can be of help-- For kitchen counter tops, recycled glass is a beautiful option. Vetrazzo's has recycled glass in 16 colors with prices starting at \$110 to \$150 per square foot installed; www.vetrazzo.com .IceStone also offers recycled glass counters; www.icestone.biz/new . A company called PaperStone offers countertops made from recycled consumer cardboard-- office paper and natural fiber versions are also available. Like granite slabs, the paper panels must be cut to fit. Prices start at \$40 a square foot; www.paperstone.com . Aluminum tiles made of recycled industrial metal, can add sparkle to a custom look. They are available as squares and subway tiles, starting at \$35 per square foot. Eco-Friendly Flooring, (866) 250-3273, www.ecofriendlyflooring.com .Finally, spare a landfill, feed a garden. With the look and shape of a PC tower, NatureMill is a compostor that automatically mixes food scraps and paper, regulates the temperature and drops the compost into a bottom drawer. The company says the unit uses less energy than a night light. Prices start at \$299; www.naturemill.com .

“Green” materials are being utilized more frequently and there are many that are being perfected for future use, such as bamboo. Bamboo is a hardy renewable grass that will be used more often in different capacities-- to make kitchen cabinets, for example. The future looks promising...

Brought to you by:

Reduce, Reuse, Recycle, Rethink
Sierra Madre Environmental Action Council (SMEAC)*
P. O. Box 85
Sierra Madre, Ca. 91025-0085

* We meet on the 4th Wednesday of each month at 7:00 PM in the Park House (Senior Center) in Hart Memorial Park, 222 W. Sierra Madre Blvd. - Please join us- Your thoughts and comments are welcome... For more information call Pat Birdsall (626) 355-7290



Fire Safe Council “Announcements and Observations”

As you move around your property doing brush clearance remember a previous warning to watch your step and where you put your hands-- rattlesnakes are on the move in their natural habitats, which include your back yards.

In late June, a week later on July 1st and then a third time in early August, three rattlesnakes were disposed of in one area of the canyon by homeowners who luckily found the snakes before any accidental happening between the homeowner or pets.

Now, it is never a pleasant experience to have to kill a snake, they have a rightful place in the environment, but they are territorial and relocation is not successful. Years ago a canyon neighbor's dog got bit and it spent a long time being very sick, even with all the anti-venom treatments.

The Sierra Madre Search and Rescue Team has a series of slides they used to show school groups about one member's long ordeal after being bitten while on a mountain rescue for a lost boy. It is very sobering and nothing to fool with.

It had been a long number of years since we had a rattlesnake on our property and our cat alerted us to a snake near where we park our car. Our dog alerted us to this last one. Our main aim was to get the dog safely away from the snake.

The dog started barking and stirring up the dust outside the back door. We heard hissing and at first thought it was the gas bottle on the

bar-b-que grill springing a leak. The dog was frantic and we got him corralled away from the area and traced the very loud sound of the rattle to the coiled snake between the bar-b-que and an inner fence.

Do not put your hands down where you cannot see what is in the area. Rattlesnakes are pit vipers and the pits under their eyes are sensors for heat given off by a potential meal. Don't make your hand appear to be a snake's next meal. Your whole body gives off more heat than this represents. The snake is programmed to strike with just enough venom to kill the prey and not let it get too far off so it can be found before it goes cold. Baby snakes don't have this program down very well and often give more venom than necessary and can make the bite far worse.

Years ago, another canyon neighbor found a rattlesnake in their house, between an inner wall and a layer of drywall they were getting ready to install. We put a Dutch door in the kitchen when our son was young after this neighbor's incident.

Hikers' stories abound with tales of a group of hikers all passing a rattlesnake that was silent and only spotted by the last in a long line of people too big for a meal. If you pass one on the trail, move around to the rear of it and just let it get out of your way. Sometimes they don't want to get going and you can throw a handful of sand at their rear and they will take the hint and move forward giving you the trail.

The next Fire Safe Council meeting will be September 8, at 7 p.m. in the City Council chambers. Call 355-0741 for information.



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Alcoholic Beverage Control Training

Where: City Hall Council Chambers
When: 8/20/2008
10:45 AM until 3:15 PM

The Sierra Madre Police Department has partnered with the Department of Alcoholic Beverage Control to provide free training for area business owners holding liquor licenses and their employees.

The material will cover how to avoid sales of alcoholic beverages to minors, detecting fraudulent driver's licenses, and other laws that licenses and their employee must follow.

This training is free, informative, and humorous.

For more information contact: Captain Giannone, SMPD
626-355-1414

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Sierra Madre Police Blotter

During the week of Sunday, August 3 to Saturday, August 9, the Sierra Madre Police Department responded to about 273 calls for service.

Sunday, August 3rd:

1:57 AM- Missing Person, 00 block of East Montecito Ave. A mother reported her adult daughter missing. Officers looked for the woman but they were unable to find her. The woman was entered into the Missing Persons System. The investigation continues.

2:09 AM- Arrest, Walnut Ave. and Colorado Ave., Pasadena. A motorist was stopped for traffic violation. Investigation revealed the driver was under the influence of alcohol. The Pasadena resident was transported to Pasadena Jail for remand.

12:10 PM- Criminal threats, 00 block of West Montecito Ave. A woman reported her ex-boyfriend physically threatened her after she broke up with him. The suspect left the location before police arrived. Officers obtained an emergency protective restraining order for the woman and her child.

12:22 PM- Deceased person, 600 block of Skyland Drive. Officers responded to a medical assistance call. An adult man had passed away in his home. The Los Angeles County Coroner's Office responded for an investigation to determine the cause of death.

Monday, August 4th:

7:47 PM- Stored vehicle, 700 block of Mariposa Ave. A woman was contacted after causing a noise disturbance. A DMV check revealed her vehicle registration was expired and she had several unpaid tickets. The woman's vehicle was towed and stored.

Tuesday, August 5th:

4:52 PM- Theft, 100 block of East Sierra Madre Blvd. A man reported that on an unknown date and time, someone stole his bicycle from his house.

5:18 PM- Arrest, 600 block of Oak Crest Drive.

Officers investigated a report of a disturbance. It was determined a man used physical force against his girlfriend after an argument. The man was arrested for battery and booked into Pasadena Jail for remand.

Thursday, August 7th:

4:45 PM- Arrest, 400 block of West Orange Grove Ave. An officer stopped a motorist for a traffic violation. A records check revealed that her driver's license was suspended/revoked. The driver also had an outstanding warrant from Glendora Police Department. The woman was arrested, booked and transported to Glendora's station.

Friday, August 8th:

1:37 PM- Residential burglary, 600 block of West Alegria Ave. The victim reported between July 8th, 2008 and August 8th, 2008, unknown suspect(s) entered her house and stole a book and a piece of jewelry. The total amount lost was \$3,000.00.

9:48 PM- Arrest, 00 block of Esperanza Ave. Officers contacted a man staggering in a parking lot. Investigation revealed the man was under the influence of alcohol to the point he could not care for himself. The man was arrested for public intoxication and booked into Pasadena Jail for remand.

Saturday, August 9th:

1:37 AM- Arrest, 00 block of Kersting Court. A woman reported that a patron at Lucky Baldwin's committed a sexual battery upon her. Officers follow up investigation led to the identification and arrest of the suspect in Pasadena.

10:26 PM- Arrest, 100 block of South Michillinda. A motorist was stopped for a traffic violation. Investigation revealed the driver was under the influence of alcohol. The Pasadena resident was transported to Pasadena Jail for remand.

Arcadia Police Blotter

For the period of Sunday, August 3, through Saturday, August 9, the Police Department responded to 938 calls for service of which 127 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 3:

Officers were in the 900 block of South Mayflower when they saw a known male subject sitting on a front porch. A record check of the 30-year-old male Caucasian revealed that he had 2 misdemeanor warrants totaling \$60,000, so he was arrested at the scene.

Between 8:10 p.m. on August 2 and 12:35 a.m. on August 3, an auto burglary occurred at 24-Hour Fitness, 125 North First. Unknown suspect(s) broke the victim's car window and stole a purse that was stored underneath a seat.

Monday, August 4:

Units responded to the 300 block of Sharon around 6:25 a.m. in reference to a suspicious occupied vehicle. A welfare check was conducted and a man and a woman were apparently sleeping in the car. Record checks revealed that the 22-year-old male Asian had an outstanding misdemeanor warrant. A consent search of the vehicle was made, and officers found three baggies containing a white crystalline substance resembling methamphetamine and a glass tube with a white residue. The man was taken into custody for possession of a controlled substance, possession of drug paraphernalia, and an outstanding warrant.

Tuesday, August 5:

Around 7:59 a.m., units were dispatched to the 2200 block of South Baldwin regarding an auto burglary. The victim advised that between 7:30 p.m. on August 4 and 7:40 a.m. on August 5, unknown suspect(s) entered her vehicle and stole credit cards, a checkbook, gift cards, and cash from bags left in the car. Several hours later, she informed police that her credit card was recently used at a liquor store in Arcadia. Officers responded to the liquor store and learned that the suspects were just in the store making additional purchases. An area check was conducted and a 26-year-old male Caucasian and a 19-year-old male Hispanic were both apprehended at Golden West and Las Tunas. The stolen property was recovered on their persons and they were charged with grand theft, commercial

burglary, and receiving stolen property.

Wednesday, August 6:

A commercial burglary occurred between 7:00 p.m. on August 5 and 6:54 a.m. on August 6 at All Star Liquor, 8 East Duarte. Unknown suspect(s) pried open a door to the business and stole bottles of alcohol, cartons of cigarettes, and a gun. While investigating the burglary, an illegal slot machine was found at the location. The owner was issued a citation and a field release booking order, and the slot machine was seized.

Thursday, August 7:

Shortly after 1:40 a.m., officers were dispatched to the 1020 Lounge, 1020 South Baldwin, regarding a fight in progress involving 30 or more subjects. While en route, officers learned that all the subjects were dispersing and they were leaving in various vehicles. A bouncer at the location said that a male victim was struck with several beer bottles, kicked several times while on the ground, and was possibly stabbed with a knife. Officers found a butterfly knife with some possible blood residue at the scene; however, no victims or suspects were located during an area check.

Around 7:36 a.m., a victim came to the station to file a forgery report. She indicated that while she was out of the country, her ex-husband deposited a non-sufficient fund check into her checking account, took two checks from her checkbook, and then made out the checks to himself for \$7,500 by forging her signatures on the checks.

Friday, August 8:

An armed bank robbery occurred around 10:00 a.m. at Bank of the West, 1155 West Huntington. A male Caucasian, in his 30's, wearing a blonde wig and blue cap, displayed a semi-automatic handgun at the bank teller and demanded money. Fearing for her safety, the teller gave the suspect money from her cash drawer. The suspect then fled in a red four-door Chevrolet. An area check was conducted, but the suspect was not found.

Saturday, August 9:

During a routine patrol, officers found a man sleeping in a vehicle parked at Foothill Middle School around 4:53 p.m. A record check revealed that the 47-year-old male Hispanic had 3 outstanding misdemeanor warrants totaling \$135,000. The man was taken into custody without incident.

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Kim Clymer Kelley

A Lesson From The Mountain Clymer My Two Cents (for what it's worth)

Since other columnists have jumped in with their opinion on Glen Lambdin's "Losing My Religion" column, I figure I might as well too. I do, after all, have a third and completely different perspective than either of the other two writers. While Glen and Richard both started out as Christians and Glen lost his faith and Richard strongly maintains his, I was a lifelong atheist and in my adult years became a believer in a higher power and have developed a close and deeply meaningful connection with that power. (I will not argue the "him" or "her" thing...to me that is assigning that power with human attributes...a naturally human thing to do, but pretty presumptuous, in my humble opinion.) This was quite a journey for me and changed me dramatically...for the better I like to think. It has made me a more understanding, patient, accepting, and introspective person. It was a tremendous growing experience. I think that Glen went through the same process at some point and, though he came to a different conclusion, I am sure that the process was just as life altering and that he is a better person for having gone through it...he found his place in the spiritual world...his own view of the universe. This process, I feel, is an important one for everyone to go through, and because of strict religious indoctrination, many choose not to or do not dare do it.

Often those who have been so indoctrinated, fail to see the difference between "religion" and "spirituality". Religion by definition on Dictionary.com is "a set of beliefs concerning the cause, nature, and purpose of the universe, esp. when considered as the creation of a superhuman agency or agencies, usually involving devotional and ritual observances, and often containing a moral code governing

the conduct of human affairs. Religion is a totally man-made institution. It happens when those of like spiritual beliefs come together and organize themselves into a group. A set of rules, rituals, and restrictions becomes adopted and gradually a hierarchy is established and the leadership controls the masses. Over time both the people and the leadership begin to twist the original teachings and rules to best serve their agendas. Religion is a control device. While most religions have humble and noble beginnings, the power that is given the leadership corrupts them, just as it does in all governmental bodies...religion is just that...it is the human-created governing body of the spiritual world. It not only serves to unite those of like spiritual beliefs, it is also a way of uniting those with similar social beliefs who then use their faith to justify their prejudices

and hate of others of different faiths, race, or lifestyles. Father John Weston said of this phenomenon, "You know that you have created God in your image when God hates the same people that you do." This is how something that should ideally be a way of meeting others with similar beliefs, sharing ideas, and worshiping together is perverted into a dangerous force that is instead used to inflict pain, suffering and condemnation on others. On some level we all know that it is wrong to hate, judge one another, or to treat others badly or we would not be searching for some-

one or something to validate such behavior.

As a former devout atheist (from early childhood until I was about 40 or so), I know well how I was made to feel by those of faith...how they looked down upon me and kept me at arms length...out of the fear and superstitions of their religion. I also saw how others of different faiths were treated by "religious" people. I learned

quickly to keep my beliefs to myself. One thing that those with spiritual beliefs seem to forget is that a "belief" by definition is "confidence in the truth or existence of something not immediately susceptible to rigorous proof." Since each of us has had very individual life experiences, not one has the same emotional or psychological make-up, and therefore we each need to find our own spiritual path. What one person has no trouble accepting as truth, another, because of their experiences, education or way of thinking, may have to question and might disbelieve. Often, someone raised in a specific religious tradition, may be afraid to question that tradition and consequently never have the opportunity to find a spiritual path that is suited for him. I feel that it is all too common for people to go through their entire lives without taking that personal journey to find their own personal belief system...and I feel sad for those who do not. It is important for each of us to go deep inside ourselves and find out if we do, in fact, believe in a higher

power and if we do, find a way to connect and communicate with that power. Sitting in a church, temple or mosque, reciting by rote traditional prayers, singing and chanting, and going through ancient rituals does not necessarily connect you with what is really out there, and is meaningless if it does not allow you to or help you do not make that connection. It might, in fact, prevent one from ever taking the journey that each individual needs to take to do so.

Religion has become a matter of who is right and who is wrong...everyone wants to prove themselves right, that is human nature. Everyone wants to have all others believe as they do. Spirituality should be a very individual and private thing. Each person needs to develop their own personal understanding of the higher power and their own individual way of connecting to it. Religion has hindered that development in people. It has turned many into sheep who follow their religious leadership blindly and unquestioningly...religion can actually deprive its followers of discovering their own path to their Creator. The world would be a much more peaceful and kind place if we all hold our beliefs close to our hearts in a very special place and keep our personal relationship with our Creator a private one, as it should be. While there is much wisdom to be gained and many important moral lessons that can be learned from the words of religious leaders and texts of the varied faiths, no one needs to be told how to talk to God or what God is...that information comes from within each of us as individuals.

If I have offended anyone here, please forgive me. This is just my opinion...my belief. I whole-heartedly respect your right to believe whatever you choose to believe.

Bosnian Genocide Chronicled By Local Playwright

By Teresa Baxter

Vroman's Bookstore recently hosted a touching and poignant re-enactment of a Bosnian war crimes play written by Kitty Felde entitled "A Patch of Earth". The play is featured in the recently released anthology "The Theatre of Genocide", compiled by Robert Skloot. Felde is best known as an award-winning journalist for NPR, based at KPCC on the campus of Pasadena City College.

The release of the anthology is timely due to the capture of former Bosnian Serb leader, Radovan Karadzic, who was recently arrested on charges related to genocide and war crimes during the Bosnian war. Karadzic had been living as a fugitive for more than a decade and the former Bosnian Serb leader has long been one of the most wanted men in the world. Serbia announced on July 21 that Karadzic had been apprehended. Serbian officials said he had been living for several years under an assumed name in Belgrade, posing as an alternative healer, and showed photographs of him unrecognizable behind long hair, thick glasses and a beard. He had been on the run since 1997, two years after NATO intervention ended the war, when he lost power and went underground.

Felde became intrigued by the Bosnian genocide during the 1990's, which she described as a time of significant trials taking place in the United States. It was during her coverage of the Rodney King trial, the subsequent Reginald Denny court case, and the decade which culminated with the infamous O.J. Simpson murder acquittal that she learned that her colleagues from Court TV were anticipating cover-



Playwright Kitty Felde

age that had significant global impact.

"The war crimes tribunal was really becoming the trial of my century," said Felde. "This was something that was setting legal precedence and I felt I had to find some way to get there."

"A Patch of Earth" is based on the true story of Drazen Erdemovic, a reluctant soldier in the Bosnian war. He refused an order to shoot hundreds of men and boys, and was told to either kill or be killed. Haunted by guilt, he later confessed to killing "no more than seventy" people - and he became the first person to tell the outside world about the slaughter at Srebrenica.

During a re-enactment of the play—performed by the Ark Theatre Company—it was established that after the massacre, Drazen returned home to his wife and child, but felt guilt-ridden over the crimes he had committed.

Fellow soldiers of the 10th Sabotage put pressure on him not to say anything, including one Serb soldier named Stanko Savanovic. It was shared by Felde that one evening, while meeting in an undisclosed bar, Savanovic shot Erdemovic, wounding him badly in the torso, but not fatally.

Erdemovic went on to testify at the tribunal and was sentenced to ten years in prison for genocide and the acting along with mass killing. His sentence was later commuted to five years.

"He's out now and is in witness protection. I think they will bring him back to the tribunal if we get to the point that there's actually going to be a trial for Radovan Karadzic," said Felde. "I think we'll probably see him again, but as of now he has disappeared off the face of the earth."

The Sierra Madre Playhouse Presents

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Directed by Roxanne Barker

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through
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Directed by Roxanne Barker

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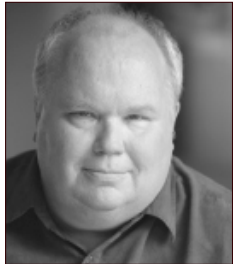
MountainViews-Observer

Mission Statement

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



Member



Rich Johnson

Your intrepid columnist must confess to often being motivated by a intense desire to spark debate and discussion on topics that have managed to avoid public discourse. Last week, while seeking the deeper truths preparing my response to the heretical Glenn Lambdin, this reporter had a sudden and profound burst of enlightenment. Or, it might have been that bowl of Ernesto's new chili at Fresco's.

Irregardless, mankind has tolerated a series of inconsistencies far too long and it is time to correct things. I would like to address the names of the months. Flat out, they are just wrong. Let's set things straight and rename the months, correcting the blaring errors and simultaneously honoring more contemporary contributors to the world community.

Errors you ask. Does anyone know what the month September means? Seventh month. Interesting definition for the ninth month of the year. And October, the tenth month, means eighth month, November means ninth month and December means tenth month.

How can we expect to have a quality of life on our medium size planet if we live with such inaccuracies? It's no wonder the aliens don't seek us out. We've been living this skewed existence since B.C. That's Before Christ. That's right, the Romans are having the last laugh. Come on people, time to right these wrongs. Let it start in our little Burg of Sierra Madre, the oft-disputed center of the universe. Since the Romans named the months back then, I think it's only appropriate to let us Americans name



Stuart Tolchin On...LIFE Does It Work For You?

In order to resolve the current raging debate between believers in Creator-Gods and adherents to secular belief systems I offer the words of Ludwig Wittgenstein, "Ask not the meaning but the use." I think Voltaire intended a similar meaning when he said, over two hundred years ago, that if there was no God we would have to invent one.

I believe that rationalism and religion are inventions by man designed for the specific purpose of coping with the terrifying experience of life in which the end result, DEATH, is known in advance. (It's scary even to write it down). Man uses whatever tools are at hand in order to face the fear of existence. Think of it this way. Imagine living in your cave and being afraid to go to sleep because the sky might fall while you were asleep and crush you to death. Eventually, I suspect some ingenious cave-guy would circulate the story that there was a sky-god of some sort that would hold the sky up as long as you did what this guy wanted you to do. The creator of this myth dealt with his own fears by gaining some power over other people as he helped them calm their fears by promising that the sky would not fall down.

At certain times in history men of Science began to supplant Religious Leaders with their explanations of why the world worked as it did. What is not so easy to understand is that our belief in the power of objective reason and logic is simply the acceptance of other myths for the purpose of coping with our same age-old fears. In the same way that it was explained that the sky-Gods held up the sky it was later explained



Hail Hamilton

investigation of the SMVFD; nor are they aware of any allegations of wrongdoing on the part of the fire department.

City Council Member Don Watts, when asked about the rumors, said: "I am not aware of any investigations of any city employees... If this is happening, it has not been initiated by the C.C., and if a criminal investigation is going on by the police, I am unaware of any other investigation of the fire department."

Nevertheless, the fact that such rumors can be circulated with impunity is evidence that some sort of civilian oversight is in order. If for no other reason, a Public Safety Commission could nip such rumors in the bud.

A Public Safety Commission is not a new idea. Council Member Watts proposed one just after being elected: "Two years ago, I had proposed a PSC, bu....., it went nowhere.,, but if an indication of impropriety is going on, I would pick it up, and push for it."

What might a PSC look like and what role would it play in city government? A PSC would have five members appointed by the City Council as a whole. A simple majority would be required for each appointment. Each member would serve a two year term commencing June 1st following a general municipal election, and could serve more than one term. Members would be Sierra Madre residents and not be officers or employees of the City. A Commission would also have the assistance of City Staff and the City Attorney in making its decisions. Its decisions would be final unless overturned by a majority vote of the full Council.

A PSC would assist the City Council, the Police, and Fire Departments in identifying the public safety needs of the City. The Commission would cooperate with other agencies in assessing these needs, identifying solutions, and making policy

Fixing the World

the months now. Who agrees? Let's see a show of hands?

This idea is not new. The French actually changed the names of the months during their Revolution. On October 5, 1793 French law imposed new names created by a French poet. Examples: October became Messidor, which means harvest, November became thermidor, which means heat. And December became fructidor, which means fruit. Napoleon pulled the pin on this little bit of social engineering on January, or should I say Vendemiaire 1st, 1806. Good call, shorty.

How should we select the new names? Whom should we honor? Politicians? Philanthropists? Entertainers? Sports Heroes? Rap Stars? Forget American statesmen. We've done enough for them. If they are on our money they should be nixed for the new names of months. Here's an idea: We could sell the names to major corporations like we've done with baseball stadiums. For one hundred billion dollars February could be renamed Exxonix; brought to you by the fine folks at Exxon. And November and December could be renamed for some mega retailer getting in on the Christmas action. Maybe November could be renamed Sears and December Roebuck. Why not?

People, get involved! This daunting task demands your input. Who shall we choose? Albert Einstein? Ladybird Johnson? Brad Pitt? Bill Gates? Snoop Dog? Yogi Berra?

Let's let the Mountain Views-Observer help lead the way to repairing society. Email your suggestions for candidates AND how you would name the month after them to me at: Rich@versatape.com. I'll be standing by ready to report any suggestions in next week's column.

that scientific principles, the Laws of Science ruled the world and the sky would not fall on us because the sky itself was only an illusion.

Guess what? To pretend that Science and reason and logic can begin to explain the existence of the Cosmos is as much a delusion as believing in any other creation-myth. Science has no understanding of when the cosmos began, or if it began, or where it starts or where it ends or anything specific about anything. Current scientific speculation centers around "dark energy" which has a non-material existence and cannot be understood within current scientific frameworks. Yes, I probably don't know what I am talking about; but the point is that everyone else is similarly without a clue. NOBODY KNOWS NOTHING FOR SURE. Man's agreed upon rules for logic and consistency make sense in closed created systems like mathematics, where man creates the rules, but as to the real actual universe? Our old rules have no applicability and must be understood as outmoded conventions. Really, the only just way to evaluate a person's individual belief-system is to see whether it works for them while doing little harm to the rest of us

In conclusion, I am a fan of awareness. I think the practice that frightens me most today is the daily ingestion of mind-altering anti-depressant drug cocktails that numb individuals, reduce their awareness, and leave them susceptible to unknown damaging long-term effects. Frankly, I'd rather we leave the chemical nature of man alone, whether he is God-created or not, and hope that his own awareness will continue to be enough to face whatever problems arise. You know what I MEAN. Oh, what's the USE!

The time has come for a Public Safety Commission

recommendations to the CC.

A Commission would also promote activities to broaden opportunities for citizen participation in public safety awareness and program development.

Most importantly, a PSC would be the agency of city government responsible for recommending the hiring and firing of the Police chief, Fire Chief, and Fire Marshall. The City Council would, of course, have the final word on the matter.

In addition, a PSC would collaborate with the Los Angeles County Sheriff's and Fire Departments on disaster preparedness, sensitivity, community outreach, Neighborhood Watch, and Community Emergency Response Team (CERT), and develop such as programs as Volunteers on Patrol (VOP), and crime prevention training and education in the areas of domestic violence, partner abuse, elderly abuse, identity theft, homelessness, and misuse of public property to name a few.

Finally, a PSC would also serve as a conduit for individuals and organizations to be heard and addressed on matters of ongoing concern with public safety and neighborhood livability issues. A Commission would also be responsible for hearing citizen complaints, investigating their merit, and deciding what action, if any, should be pursued.

In short, a PSC would act as an independent ombudsman and liaison for residents on all things pertaining to the common wellbeing and safety of our community.

Although I wholeheartedly agree with Council Member Watts on the need for a PSC, I do not believe we need to wait for an incident or scandal to have one. Now is the time for public oversight of the Police and Fire Departments. The time has come for a Public Safety Commission!



Letters To The Editor

YOU WANT TO DO WHAT!!!!?

Dear Editor:

When the original reservoir project plan was presented to the public at a City meeting, the restroom facility located in Mt. Wilson Trail park was to remain in the park. At some point, the scheme changed and now the City has plans to move the public restroom out of the park and into our front yards!

The restroom would be located at the corner of Mira Monte and Mt. Wilson Trail Avenues in full view of many of our homes.

When applying to the City for a variance to build and/or alter a structure, the City is required to notify people who live within 300 feet of the project by mail and give the public an opportunity to voice their concerns or support for said project before the Planning Commission. Shouldn't the City be required to do the same?

Our neighborhood is already significantly impacted by hikers and a restroom at this location would only make the impact that much more pronounced with increased foot traffic, light and noise (toilets flushing, electric hand driers). This bathroom could even affect home values.

We have the opportunity NOW to voice our opposition to this project. Please take a moment to voice your concerns in the space provided and return to my mailbox. A private meeting with the heads of Public Works and the Community Services Commission will take place on Tuesday, August 19th at 7:30 a.m. at City Hall. The more people that can come to this meeting,

the greater the possibility of success. Thank you for your involvement.

Canyon Resident, Sierra Madre

To The Editor,

David Dreier agreed with Bush that offshore drilling should come to an end. Although sounding wonderful to most people's ears, stopping the drilling would not even reduce cost for ten years, and the reduction would be extremely minimal – pennies at best. If Dreier voted for "The Drill Responsibly in Leased Lands Act", that would have promised more domestic oil from the 68 million acres oil companies have not even touched. Dreier did not even insist that Bush release oil from the Strategic Petroleum Reserve. Time after time Dreier has been voting against lowering the ridiculously high gas prices that we have to deal with. It is clear Dreier has no concern for those struggling to pay for gas. All he cares about is counting the \$129,400 the gas and oil industry has generously given him.

Shanna Salvador. West Covina

Dear Ms. Henderson:

Thank you for the wonderful article you wrote in last weeks paper.

We appreciate all the time you put in preparing the article. Its a great newspaper and you do a wonderful job. Again, thanks for supporting our cause. Jennifer has already recieved a few donations!!!

The Robi Family

From The Desk Of..Glenn Lambdin Losing My Religion: Conclusion

The last two weeks I have shared how I have lost my religion. I have stated how I can no longer believe that there are any writings that are truly the inerrant and infallible works of God. I have stated that I believe there is no legitimate evidence that proves that God authored any holy writing and that the practice of fundamentalist religions, as defined, has been a plague on mankind as evidenced by millenniums of heinous acts inspired by religious beliefs. Frankly, I believe there is far more legitimate evidence that shows that these holy works were written by the hands of man and selectively compiled, manipulated, and packaged by political and religious leaders in an attempt to control the masses.

I certainly don't want to take anything away from or minimize the loving acts of faithful worshipers. If fact, if it wasn't for the generous believers of St. Rita's Church in Sierra Madre, my mother and her family would never have made it to America from Nazi Germany some 60 years ago as displaced citizens. And I don't believe an endless supply of good deeds by believers can atone for a single atrocity performed in the name of religion. I also believe it is important to recognize that great deeds of sacrifice and loving acts of kindness are and have been routinely given to the world by non-believers for no other reason than their love for humanity. Kindness is universal and is



experienced equally outside of religious belief.

As I mentioned two weeks ago, I am now a heretic because I can no longer logically believe in the historical doctrines of a faith that I followed for twenty years. What I am not, though, is an atheist. I now believe that God is far greater than the god these ancient holy scriptures created. I believe the real heresy is found in the text of these scriptures that try to humanize and define the Almighty. I believe these textual attempts to define God has minimized and reduced him to little more than a tyrannical war-monger ready to send the majority of mankind to a place of eternal suffering for nothing more than being perfectly human. God, I believe, is far greater than that.

A few years ago, I heard a comedian, John Fernandez, at the Ice House in Pasadena. During his routine, he threw out the statement, "If there is a God, then God is God." For me, this was profound and still resonates in my ears. It said everything that we can possibly ever or fully understand about God. It said it all.

"If there is a God, then God is God."

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1467710
The following person(s) is (are) doing business as: **54th ST. MEAT MARKET**, 2201 W. 54th ST., L.A., CA 90043. Full name of registrant(s) is (are) **FLORINDA BOCEL**, 143 E. GAGE AVE., L.A., CA 90003. This Business is conducted by: **AN INDIVIDUAL. Signed: FLORINDA BOCEL**. This statement was filed with the County Clerk of Los Angeles County on **08/14/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1460684
The following person(s) is (are) doing business as: **CASH CORE CURRENCY EXCHANGE**, 6600 TOPANGA CANYON BLVD. STE. #9222, CANOGA PARK, CA 91303. Full name of registrant(s) is (are) **AIDA SAMSON**, 3233 WASHINGTON PALCE, GLENDALE, CA 91214. This Business is conducted by: **AN INDIVIDUAL. Signed: AIDA SAMSON**. This statement was filed with the County Clerk of Los Angeles County on **08/13/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1431150
The following person(s) is (are) doing business as: **1. ESPERANZA NOTARY SERVICES 2. ESPERANZA PROPERTY MANAGEMENT**, 7339 NADA ST., DOWNEY, CA 90242. Full name of registrant(s) is (are) **ESPERANZA LÓPEZ**, 7339 NADA ST., DOWNEY, CA 90242. This Business is conducted by: **AN INDIVIDUAL. Signed: ESPERANZA LÓPEZ**. This statement was filed with the County Clerk of Los Angeles County on **08/08/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1449774
The following person(s) is (are) doing business as: **PUPUSERIA LAS CHAMPAS**, 7508 COMPTON, L.A., CA 90001. Full name of registrant(s) is (are) **FELIX A. ROMERO**, 1400 E. FLORENCE AV., L.A., CA 90001. This Business is conducted by: **AN INDIVIDUAL. Signed: FELIX A. ROMERO**. This statement was filed with the County Clerk of Los Angeles County on **08/12/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/01/07.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1441019
The following person(s) is (are) doing business as: **TRINITY COPY SERVICES**, 13218 BARBARA AVE., N. HOLLYWOOD, CA 91605. Full name of registrant(s) is (are) **LESTHER DE LEON**, 5806 DIAMOND ST., PALMDALE, CA 93552, **DIANA ALVAREZ**, 13218 BARBARA AVE., N. HOLLYWOOD, CA 91605. This Business is conducted by: **COPARTNERS. Signed: LESTHER DE LEON**. This statement was filed with the County Clerk of Los Angeles County on **08/11/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 20080145554
The following person(s) is (are) doing business as: **STUDIO 3**, 66 EAST MONTECITO AVE., SIERRA MADRE, CA 91024. Full name of registrant(s) is (are) **ELENA RODRIGUEZ-ALONZO** 400 W. MONTECITO AVE., SIERRA MADRE, CA. 91024; **GLORIA PRINS** 853 OAKLADE DRIVE, MONROVIA, CA. 91016 and **MOIRA ANN LOVE**, 201 MONTE VISTA LANE, SIERRA MADRE, CA. 91024. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: ELENA RODRIGUEZ-ALONZO, GLORIA PRINS, and MOIRA LOVE**. This statement was filed with the County Clerk

of Los Angeles County on **06/12/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1393953
The following person(s) is (are) doing business as: **CRACK OF DAWN**, 418 N. EDINBURGH AVE., L.A., CA 90048. Full name of registrant(s) is (are) **ALAN TRAYNOR**, 418 N. EDINBURGH AVE., L.A. CA 90048. This Business is conducted by: **AN INDIVIDUAL. Signed: ALAN TRAYNOR**. This statement was filed with the County Clerk of Los Angeles County on **08/04/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1412499
The following person(s) is (are) doing business as: **CRUISERS BOAT LINE**, 5318 E. 2nd ST. #725, L.B., CA 90803. Full name of registrant(s) is (are) **EDWARD VANDERHIDER**, 5318 E. 2nd ST. #725, L.B., CA 90803. This Business is conducted by: **AN INDIVIDUAL. Signed: EDWARD VANDERHIDER**. This statement was filed with the County Clerk of Los Angeles County on **08/06/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1393577
The following person(s) is (are) doing business as: **CRYSTAL NAILS SALON**, 2891 E. COLORADO BLVD., PASADENA, CA 91107. Full name of registrant(s) is (are) **NHI HUA**, 2233 CATHRYN DR., ROSEMEAD, CA 91770. This Business is conducted by: **AN INDIVIDUAL. Signed: NHI HUA**. This statement was filed with the County Clerk of Los Angeles County on **08/04/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1404378
The following person(s) is (are) doing business as: **J.I.T. CONTRACTING**, 17360 COLIMA RD., UNIT #312, of INDUSTRY, CA 91748. Full name of registrant(s) is (are) **ALL CASH DEAL NÖW, INC.**, 17360 COLIMA RD., UNIT #312, CITY of INDUSTRY, CA 91748 This Business is conducted by: **A CORPORATION. Signed: FELIX LU**. This statement was filed with the County Clerk of Los Angeles County on **08/05/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 7/1/2008.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1401817
The following person(s) is (are) doing business as: **KEEP IT CLEAN OFFICE SERVICES**, 8912 LA ROSA DR., SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) **LARRY SNOW**, PATRICIA SNOW, 8912 LA ROSA DR., SAN GABRIEL, CA 91776. This Business is conducted by: **HUSBAND and WIFE. Signed: LARRY SNOW**. This statement was filed with the County Clerk of Los Angeles County on **08/05/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on JULY 2008.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1394524
The following person(s) is (are) doing business as: **KETTLESTONES MEDITERRANEAN CAFE**, 630 MYRTLE AVE., MONROVIA, CA 91016. Full name of registrant(s) is (are) **KETTLESTONES, INC.**, 21315 SATICOYST, UNITH, CANOGAPARK, CA 91304. This Business is conducted by:

A CORPORATION. Signed: ANUSH VARTANIAN. This statement was filed with the County Clerk of Los Angeles County on **08/04/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1383715
The following person(s) is (are) doing business as: **MIMI'S SHOP**, 936-950 S. MAPLE AVE. #6, L.A., CA 90015. Full name of registrant(s) is (are) **MARIE-MICHELLE CRAYTON**, 1236 W. 96th ST., L.A., CA 90044. This Business is conducted by: **AN INDIVIDUAL. Signed: MARIE-MICHELLE CRAYTON**. This statement was filed with the County Clerk of Los Angeles County on **08/01/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1421719
The following person(s) is (are) doing business as: **MONEY SCHOLAR**, 2631 BROOKDALE LANE, DUARTE, CA 91010. Full name of registrant(s) is (are) **CHRISTINE D. GOSDANIAN**, 2613 BROOKDALE LANE, DUARTE, CA 91010. This Business is conducted by: **AN INDIVIDUAL. Signed: CHRISTINE D. GOSDANIAN**. This statement was filed with the County Clerk of Los Angeles County on **08/07/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 8/6/2008.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1396386
The following person(s) is (are) doing business as: **PRO JIN MARKETING SERVICES**, 302 E. MARSHALL ST., SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) **YUHUA JIN**, 302 E. MARSHALL ST., SAN GABRIEL, CA 91776. This Business is conducted by: **AN INDIVIDUAL. Signed: YUHUA JIN**. This statement was filed with the County Clerk of Los Angeles County on **08/05/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on MAY 15, 2007.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
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FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1421453
The following person(s) is (are) doing business as: **STEP**, 1604 N. STANLEY AV., L.A., CA 90046. Full name of registrant(s) is (are) **JUDY ATIA**, 1604 N. STANLEY AV., L.A., CA 90046. This Business is conducted by: **AN INDIVIDUAL. Signed: JUDY ATIA**. This statement was filed with the County Clerk of Los Angeles County on **08/07/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 8/7/08.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/11, 08/18, 08/25, 09/01/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1401924
The following person(s) is (are) doing business as: **THERESA A. SARNO, O.D.**, 11920 BOS ST., CERRITOS, CA 90703. Full name of registrant(s) is (are) **THERESA SARNO CENIDOZA**, 11920 BOS ST., CERRITOS, CA 90703. This Business is conducted by: **AN INDIVIDUAL. Signed: THERESA SARNO CENIDOZA**. This statement was filed with the County Clerk of Los Angeles County on **08/05/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/11, 08/18, 08/25, 09/01/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1421616
The following person(s) is (are) doing business as: **1. UOYI SCOOTERS OF AMERICA 2. YOYI SCOOTERS**, 6170 TELEGRAPH RD., COMMERCE, CA 90040. Full name of registrant(s) is (are) **YOYI, INC.**, 12550 WHITTIER BLVD., WHITTIER, CA 90602. This Business is conducted by: **A CORPORATION.**

Signed: LEEDY YING / V.P. This statement was filed with the County Clerk of Los Angeles County on **08/07/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on AUG. 1, 2008.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/11, 08/18, 08/25, 09/01/2008

FILE NO. 2008-1393085 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

The following person(s) has/have abandoned the use of the fictitious business name: **L.A. MOTORS LLC, 8700 LONG BEACH BLVD., SOUTH GATE, CA 90280**. The fictitious business name referred to above was filed on 11-08-2005, in the county of Los Angeles. The original file number of 05-2703788. The business was conducted by: **A LIMITED LIABILITY COMPANY**. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **Signed: PACIFIC COAST SERVICES, LLC / TRES**.
Publish: MountainViews-Observer
Pub. 08/11, 08/18, 08/25, 09/01/2008

310801MU File No. 20081182465 FICTITIOUS BUSINESS NAME STATEMENT

The following person (s) is (are) doing business as: **ROYAL CLASS 12445** Kittridge St North Hollywood, CA 91606 Full name of registrant (s) is (are) **Hakob Khachatryan 12445** Kittridge St North Hollywood, CA 91606. The Business is conducted by: **AN INDIVIDUAL**. I declare that all information in this statement is true and correct. (A registrant who declares as true information, which he or she knows to be false, is guilty of a crime.) This statement was filed with the County Clerk of Los Angeles County on July 02, 2008. The registrant (s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/24/2008. **NOTICE-** The Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 at seq. Business and Profession Code) First filing: 08/02; 08/09; 08/16 and 08/23, 2008 310801MU

310802AN File No. 20081353295 FICTITIOUS BUSINESS NAME STATEMENT

The following person (s) is (are) doing business as: **WEAR TO BUY 8006** Cabernet Ct Sun Valley, CA 91352 Full name of registrant (s) is (are) **Renay Adame and Laurette Adame-Martin 8006** Cabernet Ct Sun Valley, CA 91352. The business is conducted by: **A GENERAL PARTNERSHIP**. I declare that all information in this statement is true and correct. (A registrant who declares as true information, which he or she knows to be false, is guilty of a crime.) This statement was filed with the County Clerk of Los Angeles County on July 29, 2008. The registrant (s) has (have) not commenced to transact business under the fictitious business name or names listed above. **NOTICE-** The Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 at seq. Business and Profession Code) First filing: 08/02; 08/09; 08/16 and 08/23, 2008 310802AN

310803AN File No. 20081355132 FICTITIOUS BUSINESS NAME STATEMENT

The following person (s) is (are) doing business as: **THE GIRLS 6140** Atlantic Ave Maywood, CA 90210 Full name of registrant (s) is (are) **Vanessa Sanchez 6140** Atlantic Ave Maywood, CA 90210. The business is conducted by: **AN INDIVIDUAL**. I declare that all information in this statement is true and correct. (A registrant who declares as true information, which he or she knows to be false, is guilty of a crime.) This statement was filed with the County Clerk of Los Angeles County on July 29, 2008. The registrant (s) has (have) not commenced to transact business under the fictitious business name or names listed above. **NOTICE-** The Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 at seq. Business and Profession Code) First filing: 08/02; 08/09; 08/16 and 08/23, 2008 310803AN

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1317907
The following person(s) is (are) doing business as: **COMFORT TIME HEATING and COOLING**, 704 NEWMARK MALL, MONTEBELLO, CA 90640. Full name of registrant(s) is (are) **MURO, ANGEL**, 15116 MOTTLEY DR., LA MIRADA, CA 90638. This Business is conducted by: **AN INDIVIDUAL. Signed: ANGEL MURO**. This statement was filed with the County Clerk of Los Angeles County on **07/23/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1337189
The following person(s) is (are) doing business as: **1. EMBR 2. OVRLK**, 13107 BACH WAY, CERRITOS, CA 90703. Full name of registrant(s) is (are) **VINAY DEO**, 13107 BACH WAY,

CERRITOS, CA 90703. This Business is conducted by: **AN INDIVIDUAL. Signed: VINAY DEO**. This statement was filed with the County Clerk of Los Angeles County on **07/25/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1364218
The following person(s) is (are) doing business as: **1. ESSENTIAL EQUITY BUILDERS 2. E.B.B.**, 785 WINONA, PASADENA, CA 91103. Full name of registrant(s) is (are) **STACY CALLUM**, 1475 NAVARRO AVE., PASADENA, CA 91103. This Business is conducted by: **AN INDIVIDUAL. Signed: STACY CALLUM**. This statement was filed with the County Clerk of Los Angeles County on **07/30/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1317109
The following person(s) is (are) doing business as: **EVERYTHING 420**, 18953 GAULT ST. #3, RESEDA, CA 91335. Full name of registrant(s) is (are) **KENARD DURR**, 18953 GAULT ST., #3, RESEDA, CA 91335. This Business is conducted by: **AN INDIVIDUAL. Signed: KENARD DURR**. This statement was filed with the County Clerk of Los Angeles County on **07/23/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1318394
The following person(s) is (are) doing business as: **FIVE STARS RIMS and TIRES**, 11318 GARVEY AV., EL MONTE, CA 91732. Full name of registrant(s) is (are) **JAVIER LARIOS**, 14905 ROSCOE V.L. #102, PANORAMA CITY, CA 91402. This Business is conducted by: **AN INDIVIDUAL. Signed: JAVIER LARIOS**. This statement was filed with the County Clerk of Los Angeles County on **07/23/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1336303
The following person(s) is (are) doing business as: **GLOW 555**, 22448 QUITE BAY DR., CORONA, CA 92883. Full name of registrant(s) is (are) **APRIL M. SMITH**, 22448 QUITE BAY DR., CORONA, CA 92883. This Business is conducted by: **AN INDIVIDUAL. Signed: APRIL M. SMITH**. This statement was filed with the County Clerk of Los Angeles County on **07/25/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 08/04, 08/11, 08/18, 08/25/2008

FICTITIOUS BUSINESS NAME STATEMENT

LEGAL NOTICES (cont.)

Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1297759
The following person(s) is (are) doing business as: **LAW OFFICE of SALOMON ZAVALA**, 1253 S. OGDEN DR. #4, L.A., CA 90019. Full name of registrant(s) is (are) SALOMON ZAVALA, 1253 S. OGDEN DR. #4, L.A., CA 90019. This Business is conducted by: **AN INDIVIDUAL. Signed: SALOMON ZAVALA / GEN. COUNSEL.** This statement was filed with the County Clerk of Los Angeles County on **07/21/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/1/08.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1298148
The following person(s) is (are) doing business as: **SA. MGT. MULT**, 9366 TELEGRAPH RD., DOWNEY, CA 90240. Full name of registrant(s) is (are) SANDRA AHRNS, 12912 DALEWOOD ST., BALDWIN PARK, CA 91706. This Business is conducted by: **AN INDIVIDUAL. Signed: SANDRA AHRNS.** This statement was filed with the County Clerk of Los Angeles County on **07/21/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 7/21/08.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law

(See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1297920
The following person(s) is (are) doing business as: **1. SEMILLAS COMMUNITY SCHOOLS 2. ESCUELAS COMUNITARIAS SEMILLAS**, 4736 HUNTINGTON DR. SOUTH, L.A., CA 90032. Full name of registrant(s) is (are) SEMILLAS SOCIEDAD CIVIL, 4736 HUNTINGTON DR. SOUTH, L.A., CA 90032. This Business is conducted by: **A CORPORATION. Signed: SALOMON ZAVALA / GEN. COUNSEL.** This statement was filed with the County Clerk of Los Angeles County on **07/21/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/01/08.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1288334
The following person(s) is (are) doing business as: **THE WIEDER GROUP**, 4254 MARWICK AVE., LAKEWOOD, CA 90713. Full name of registrant(s) is (are) CATHELEN FOX WIEDER, 4254 MARWICK AVE., LAKEWOOD, CA 90713. This Business is conducted by: **AN INDIVIDUAL. Signed: CATHELEN FOX WIEDER.** This statement was filed with the County Clerk of Los Angeles County on **07/18/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1297075
The following person(s) is (are) doing business as: **WE INSTALL IT**, 4263 LA JUNTA DR., CLAREMONT, CA 91711. Full name of registrant(s) is (are) FRANCISCO LUIS MEJIA, 4263 LA JUNTA DR., CLAREMONT, CA 91711. This Business is conducted by: **AN INDIVIDUAL. Signed: FRANCISCO L. MEJIA.** This statement was filed with the County Clerk of Los Angeles County on **07/21/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 7/9/08.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT
File No. 08-1296836
The following person(s) is (are) doing business as: **WESTSIDE CHIROPRACTOR**, 3020 WILSHIRE BL., SANTA MONICA, CA 90403. Full name of registrant(s) is (are) TRUNG QUOC NGUYEN, 11536 CEDAR AVE., HAWTHORNE, CA 90250. This Business is conducted by: **AN INDIVIDUAL. Signed: TRUNG QUOC NGUYEN.** This statement was filed with the County Clerk of Los Angeles County on **07/21/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1288463
The following person(s) is (are) doing business as: **WRAPSODY.ORG**, 2199 E. WILLOW ST., SIGNAL HILL, CA 90755. Full name of registrant(s) is (are) MAUREEN A. MOAK, CARRIE L. CRISSELL, 6727 BELICE ST., LONG BEACH, CA 90815. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: MAUREEN A. MOAK.** This statement was filed with the County Clerk of Los Angeles County on **07/18/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.
NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FILE NO. 2008-1307949
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

NAME
The following person(s) has/have abandoned the use of the fictitious business name: **KARIZMA, 1332 SANTEE ST., L.A., CA 90015.** The fictitious business name referred to above was filed on 02/05/07, in the county of Los Angeles. The original file number of 20070251400. The business was conducted by: **AN INDIVIDUAL.** The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: LUIS ESCOBAR / OWNER.**
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

FILE NO. 2008-1297314
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) has/have abandoned the use of the fictitious business name: **WE INSTALL IT, 4263 LA JUNTA DR., CLAREMONT, CA 91711.** The fictitious business name referred to above was filed on 7/2/08, in the county of Los Angeles. The original file number of 20081180388. The business was conducted by: **CO-PARTNERS.** The business information in this statement is true and correct.

(A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: FRANCISCO L. MEJIA / OWNER.**
Publish: MountainViews-Observer
Pub. 07/28, 08/04, 08/11, 08/18/2008

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CITY OF SIERRA MADRE NOTICE OF PUBLIC HEARING

The City of Sierra Madre gives notice that the City Council will conduct a public hearing to consider adoption of resolution 08-045, approving and adopting the City's revised Natural Hazard Mitigation Plan.

The City's Natural Hazard Mitigation Plan (NHMP) was originally adopted by the City Council in October of 2004. The revised NHMP incorporates changes in format required by state and federal agencies reviewing the document. Copies of the Revised NHMP are available for review at Sierra Madre City Hall.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council Meeting
Tuesday, August 19th, 2008
(Meeting begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, Ca. 91024

At the Public Hearing, the City Council will hear and consider oral and written testimony from any person interested in the proposed Ordinance.

Posted: July 23, 2008

Director of Public Works
City of Sierra Madre



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Photo by Aaron Dominguez

Our Solar System Could Be Far From Average

IT LOOKS LIKE OUR SOLAR SYSTEM could be a pretty “special” place, after all. That, at least, is the conclusion of Northwestern University astronomers using data from the 300 exoplanets so far discovered orbiting other stars.

Prevailing theoretical models attempting to explain the formation of the solar system have assumed it to be average in every way. But the Northwestern researchers, performing large-scale computer simulations of solar system formation, have turned that view on its head. The study illustrates that if early conditions had been just slightly different, very unpleasant things could have happened—like planets being thrown into the sun or jettisoned into deep space.

The Northwestern astronomers are the first to model the formation of planetary systems from beginning to end, starting with the generic disk of gas and dust that is left behind after the formation of the central star and ending with a full planetary system. Because of computing limitations, earlier models provided only brief glimpses of the process.

The researchers ran more than a hundred simulations, and the results show that the average planetary system’s origin is full of

violence and drama but that the formation of something like our solar system requires conditions to be “just right.” The study, titled “Gas Disks to Gas Giants: Simulating the Birth of Planetary Systems,” was published in the August 8 issue of the journal Science.

Before the discovery in the early 1990s of the first planets outside the solar system, our system’s nine (now eight) planets were the only ones known to us. This limited the planetary formation models, and astronomers had no reason to think the solar system unusual.

“But we now know that these other planetary systems don’t look like the solar system at all,” says Frederic A. Rasio, a theoretical astrophysicist and professor of physics and astronomy in Northwestern’s Weinberg College of Arts and Sciences. He is senior author of the Science paper.

“The shapes of the exoplanets’ orbits are elongated, not nice and circular,” Rasio explains. “Planets are not where we expect them to be. Many giant planets similar to Jupiter, known as ‘hot Jupiters,’ are so close to the star they have orbits of mere days. Clearly we needed to start fresh in explaining planetary formation and this greater variety of planets we now see.”

Using the wealth of exoplanet data collected during the last 15 years, Rasio and his colleagues have been working to understand planet formation in a much broader sense than was possible previously. Modeling an entire planetary system—the varied physical phenomena associated with gas, gravity and grains of material, on such a variety of scales—has been a daunting challenge.

So stated the Northwestern University scientists in a recent press release. But readers should keep in mind that scientific claims like this are always tentative, and based on incomplete evidence. The present technology for finding exoplanets can only detect those planets that are massive and relatively close to their parent star. Smaller, Earth-sized planets are usually undetectable, since their gravity has too small an effect on the star. Therefore, the sample on which this study was based may not be representative of the solar systems that are actually out there.

If you’d like to learn more, you can contact Bob at b.eklund@mvoobserver.com

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From the Inside Out: Make The Pain Go Away

By Mary Carney

One of life’s biggest challenges is dealing with pain. We go to extraordinary lengths to “avoid” both physical and emotional pain. And in each case, the first instinct is to 1) avoid the pain source (stove top, person), or 2) shut the pain off by “doing something” - taking something, pay any amount of money, promise anything - as long as the pain goes away - for just this minute. Our culture and the media have deeply programmed us to believe that the only way to not feel pain is to blindly reach for drugs, surgery and radiation to “make the pain go away.”

You know my point of view - we heal from the inside out. Behind every physical manifestation is an energetic state. We are, literally, multiple levels of awareness surrounded by moving energy frequencies, eventually “condensing down” into a physical expression of “Energies in Motion”, focused by intent until they vibrate more slowly into quarks, protons, neutrons, electrons, then whirl together as atoms, which dance in “conga lines” with other atoms until they create molecules, which cluster into cells, which begin moving together in sufficient “kinds” to create organs, and voila! An inhabitable body is ours. So, we are all “Energy in Motion”, which collapses to “E-Motion”, which becomes “emotion.” Amazing to think about, isn’t it? Did you ever consciously “create” that parking place? Well, the same principle applies to creating our lives and health.

Scientific support for this point of view

comes from brilliant researchers who have now documented the actual links between changing specific emotional states, which support or inhibit the formation of specific neurochemicals, which “turn on” and “turn off” the neurotransmitters in our bodies. Either over or under production of anything over time leads to specific “disease” states. It may sound far out, but it’s real. For example, finding ways to eliminate “guilt and blame”, “grief and regret”, or “shame and humiliation” e-motion energy constrictions, removes those kinds of stresses and frees up energies, which then unblock neurotransmitter factories, which then begin producing the way they should. A useful beginning resource is Louise Hay’s book, “You Can Heal Your Life”. I’m sure Sierra Madre Books would be delighted to get it for you. And if you gag as you read it, you’ll know you’re on the right track ...

From personal experience, I can say that having someone tell me I needed to deal with getting rid of specific “negative” emotions in order to change something going on “outside” has propelled me into running as hard as I could the other way. Years have passed - increasing guilt loads - because I wasn’t “doing what I was supposed to do.” (Right this minute I know I’m powerfully resisting something I know I should do ...)

That’s what processes such as Biodecoding, Emotional Freedom Technique (EFT), Holographic Repatterning (HR) and Theta Healing have in common - they are ways to “clean out the bottom of the heart”, sweeping out griefs, regrets, buried humiliations, guilts, blames, anger, rage and more, and creating within a

clean, much less stressed space. None of these are “one shot” processes - but neither is breathing, eating, or taking medication once or three times a day. This is the kind of emotional / spiritual support that our religious theologies teach is our birthright, and it’s a life-long practice. Love heals everything, “they” say. And so it can and so it does - and I’m reminded of the man stranded on the roof during a flood, praying for God to save him - and he turns down God’s offers of help via helicopter, boat and tree limb - because they weren’t “his idea of God” ...

Love plus time heals everything. As newborns we take in specific liquids, until we develop enough to handle pabulum, then purees. The teeth come in and we get larger chunks... it takes years until we can eat healthily on our own. And so it is with emotions - finding out “what processes works for us”. I’m reminded of the years-ago song “Master Jack”, by 4 Jacks And a Jill ...

“You taught me all the things the way you’d like ‘em to be. But I’d like to see if better people agree. It’s all very interesting the way you disguise. But I’d like to see the world thru my own eyes ...”

Nutrition and exercise and special healing energies all have their places and times. They all help us reach the point where we can, and are willing to, release the original energy constriction - and the associated pain - a truly “from the inside out” job. Until then, everything, like allopathic drugs and procedures, is part of “from the outside in”. And you’re in charge ...

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EYE ON HEALTH

Feast Your Eyes On Eye Healthy Foods National Nonprofit Says That Healthy Eating Habits And A Free Eye Exam May Delay Age-Related Macular Degeneration

(NAPS0)-Approximately 10 million Americans suffer from age-related macular degeneration (AMD), a devastating eye disease and the leading cause of vision loss in people 65 years or older in the United States. Although there is no cure for AMD, recent studies show that by eating foods rich in antioxidants lutein, omega-3 fatty acids and zeaxanthin, beta-carotene, vitamin C, vitamin E and zinc, you may slow the progression of AMD.

Additionally, EyeCare America, a public service program of The Foundation of the American Academy of Ophthalmology, urges seniors to take advantage of the free eye exams available through its AMD EyeCare Program by calling (866) 324-EYES (3937) to see if they qualify. So, what type of foods should you eat? - Most fruits and vegetables contain vitamin C, including oranges, grapefruits, strawberries, papayas, green peppers and tomatoes. - Vitamin E can be found in vegetable oils (safflower and corn oil), almonds, pecans, wheat germ and sunflower seeds. - For beta-carotene, try deep orange or yellow fruits and vegetables such as cantaloupes, mangoes, apricots, peaches, sweet potatoes and carrots. - Dark green leafy vegetables such as broccoli, collard greens, asparagus and spinach are the primary sources of lutein and zeaxanthin. - Good sources of

zinc include beef, pork, lamb, oysters, eggs, shellfish, milk, peanuts, whole grains and wheat germ. In light of this, EyeCare America has teamed up with celebrity chefs from across the country to provide healthy recipes that include foods rich in vitamins and antioxidants. Celebrity chefs participating in the campaign include Devin Alexander, Janette Barber, Domenica Catelli, Jim Coleman, Jill Davie, Khai Duong, Mr. Food, Jeff Fournier, Mary Beth Lawton Johnson, David Lawrence, Maria Liberati, Kate McAloon, Jeff Moschetti, Rebecca Newell, Jyl Steinbeck and Jeff Tsao. Recipes from each of the chefs are available online at www.eyecareamerica.org. “Making the decision to get healthier with your eating choices can have such a huge effect on every aspect of your life,” said Chef Janette Barber, former host of Food Network’s “Lighten Up.” “My sister has cataracts and macular issues. The state of her eyes affects everything. Learning that something as simple and wonderful as cooking healthy food can actually help is truly empowering.” EyeCare America’s AMD EyeCare Program is a year-round program that promotes annual eye exams for people 65 and older, raises awareness of AMD, provides the latest information about treatment options and low-vision services, offers free AMD edu-

cational materials and facilitates access to care at no out-of-pocket cost for those who qualify. The eye exams will be provided by more than 7,000 volunteer ophthalmologists across the U.S. People may call the toll-free helpline at (866) 324-EYES (3937), anytime, for themselves, family members or friends to see if they qualify for a free eye exam or to request free AMD educational material. Callers who have not seen an ophthalmologist in three or more years may be eligible to receive a comprehensive medical eye exam and, in most cases, up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. The AMD EyeCare Program is designed for people at increased risk for AMD but who have NOT been diagnosed and who:

Are age 65 and older Are U.S. citizens or legal residents Have not seen an ophthalmologist in three or more years Do not belong to an HMO or the VA. Eyeglasses, medicines, hospital services and fees of other medical professionals are not included. For more information about EyeCare America’s award-winning referral program and recipes from each of the celebrity chefs, visit the Web site at www.eyecareamerica.org.

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TABLE FOR TWO Masa Sushi & Sake

By Peter Dills

I have to remind myself to “slow down, Peter”. I am off to a restaurant here, an engagement there, frantically trying to keep appointments as they race toward me on the calendar. I can’t tell you the number of times that I zip by the local restaurants as I travel off on the my next “Odyssey” to experience another restaurant that everyone is buzzing about, and wonder if that restaurant I just passed on my own corner is any good. It is a fleeting thought as I am off to make the next meeting. Every once in awhile, though, I jump off of that appointment book and slam on the brakes and stop at just a place. Inside information is useful and I had some from my pal Roberto. Hold on - I am hitting the brakes. Here I am right down the corner from my house at a restaurant named Masa Sushi & Sake. I pass by this place more times than I shave each day. Masa is a Japanese Fusion/Sushi Bar. It is newly redecorated (I am no help on what she looked like before the face lift) with a Bar area parading a giant flat screen TV and a dining area hosted by a Sushi Bar.

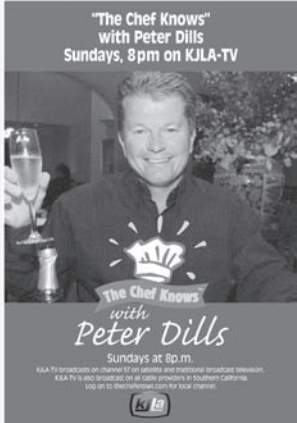
Here you will experience the skill of a Samurai warrior as the restaurant is in the very able hands of Master Sushi Chef Fuji Wara. You may remember him from Komayoshi in years past. Fuji might be a little older these days but he has not lost his comedic spirit and still retains the highest mastery of his art!!! First timers to the experienced Sushi lovers will enjoy Masa. I am told that Fuji goes down to the Fish Market every day to pick his prey, so there is no need to worry about freshness.

Do you like a Sushi Restaurant with an extensive Sake selection? Well, there are over 30 different selections ranging in price. Not sure what to order? Fuji will give you a taste of his secret stash and you won’t be disappointed.

Back to the food. On my recent visit I tried the Masa Sushi Snapper (\$6.50) and The Masa Sashimi Tuna (\$13.50). The premium rolls are the true Olympic champions here. Order the “Bomb”; it’s a spicy tuna with cream cheese, crab meat and topped with a Masago and sweet and sour sauce. I do recommend the “Love Roll”; spicy tuna, crab meat and avocado wrapped inside and then topped with a secret sauce. There are many different rolls. For vegetarians, Masa offers a fine selection of items to please you as well. Appetizers are colorfully named here – like the Heart Attack (fried stuffed jalapeno with cream cheese and spicy tuna — \$5.50) and Monkey Brain (deep-fried spicy tuna and crab-stuffed mushroom — \$6.95). The Yellowtail was simply prepared and unadorned and was magnificent. You already know that there are a couple of good sushi restaurants in Pasadena. Well, Masa is the leader of the pack. The restaurant is owned and managed by Peter Park, who used to run a kitchen cookware manufacturing plant. Very personable, he might even sit with you for a little sake – now that is service.

2063 E. Colorado Blvd., Pasadena, CA 91107, 626-796-9604.

Watch “The Chef Knows” every Sunday Night at 8 PM, on KJLA TV & LA TV 57



By Pat Birdsall

BIRD’S EYE VIEW Come on Hear the Noize

This past Tuesday, I felt like an unwitting participant in a scientific experiment geared to see how much noise a human brain can be subjected to before it explodes. I awoke to the sound of the wild parrots that have recently taken up lodging in a tree across the street. They are definitely not the “bill and coo” variety of avian. Beautiful birds—but voices from the bowels of Hell. It’s hard to believe that there are just two of them. Finally they left for their daily pillaging of local fruit trees.... It was quiet for a short time, when I heard the unmistakable sound of a dump truck shifting gears in front of my house as it made its way up the hill. Then I heard another, and another and another, until we had us a convoy (as the song goes). They were coming and going in a continuous stream—shifting gears going up the hill, and squealing brakes coming down.

It was fortunate for me that I had a distraction that didn’t allow me to dwell on the trucks for very long. As luck would have it, my neighbors were having their trees trimmed so, the air was filled with the sound of chain saws. I didn’t realize that the fellow wielding the saw was such a multi-talented individual. When he wasn’t sawing, he was whistling. Reading this you might think that his whistling would be a welcome relief. Not so! His whistling was so bad that I found myself shouting, “Turn the chain saw back on!”

As the day progressed, I got into the rhythm of the convoy, the chain saw and the whistling, when wouldn’t you know, my neighbor’s gardeners showed up. Cue the mower, cue the blower. My brain was several notches past simmer now, and edging up rapidly. What’s that? Of course, the only thing that was missing-- Sirens.... Brain getting dangerously close to overload. I decided to take a break and go grocery shopping. By the time I got back the tree trimming should be nearing an end and the dump trucks will be close to quitting for the day. That’s the ticket—it would get my mind off the noise. As I entered the store I was instantly transported back in time to “Saturday Night Fever,” starring John Travolta. The only thing missing was the silver ball spinning from the ceiling, everything else was going full blast. Disco isn’t dead folks! I can’t take it, I’ll just pick up a couple of things from my list before the final explosion takes place. I would rather be in the confines of my little abode when it happens.

Home at last! The dump trucks are gone, the chain saw is gone, no gardeners anywhere, I think I can finally relax. Silly me, I forgot about the parrots! The little darlings have come home for the night. Scientists of America, you came close today, really close, but my brain is reasonably intact considering what it’s been subjected to.

SENIOR HAPPENINGS...

By Pat Birdsall

FYI: Scam Alert

Crooks target cars parked at gyms, soccer fields, parks and other recreational facilities to steal credit cards from their victims. Often only select cards are stolen—not the entire wallet—in an attempt to fool victims. The crooks know that they have only one or two hours to use the cards before they are cancelled. They literally run out and buy high-end electronics that can be re-sold or store gift cards that are difficult to track. For your protection:

*Don’t keep valuables in your car * If you do, don’t be lulled into a false sense of security by throwing a jacket or towel over them.* When you get new credit cards, write “Ask for ID” instead of your signature on the back.

From Scam-Proof Your Life by Sid Kirchheimer (AARP/Sterling Books)

~Helpful Hints~

* To clean shoe scuffs off the floor, a quick rub with a tennis ball does the trick.

* To silence squeaking wood floors, dust talcum powder into the cracks.



Happy Birthday
Juanita Fernandez and Joe Kiss



Recipe of the Month:

Farmstand Gazpacho

2 cups peeled and diced (1/4 inch) cucumber
2 cups diced (1/4 inch) red bell pepper
2 cups diced (1/4 inch) ripe tomato
½ cup diced (1/4 inch) red onion
2 cups tomato juice
½ cup red-wine vinegar
1/3 cup extra-virgin olive oil
2 dashes Tabasco sauce

1. Place all of the diced vegetables in a large bowl. Add the tomato juice, vinegar, oil, and Tabasco. Season with salt and pepper and toss.
2. Transfer half of the mixture to a blender or food processor and pulse the machine on and off to coarsely puree the contents. Return the pureed mixture to the bowl and stir to combine. Refrigerate for 4 to 6 hours before serving. You can easily double this recipe for a large party.

For Your Funny Bone

At Duke University, there were four sophomores taking chemistry and all of them had an “A” so far. These four friends were so confident, that the weekend before finals, they decided to visit some friends and have a big party. They had a great time, but after all the partying they slept all day Sunday and didn’t make it back to Duke until early Monday morning. Rather than taking the final then, they decided that they would explain to their Professor why they missed it. They said that they visited friends but on the way back they had a flat tire and therefore, missed the final. The professor agreed they could make up the test the next day. The guys were so excited and relieved. They studied that night for the exam. The Professor placed them in separate rooms and gave them each a test booklet. They quickly answered the first problem worth 5 points. Cool, they thought! Each one in separate rooms, thinking this was going to be easy....then they turned the page. On the second page was written....For 95 points: Which tire?

“It’s just too hot to wear clothes today,” said Jack as he stepped out of the shower. “Honey, what do you think the neighbors would think if I mowed the lawn like this?” “Probably that I married you for your money.”

As I was admitted to the hospital prior to a procedure, the clerk asked for my wrist saying, “I’m going to give you a bracelet.” “Has it got diamonds?” I asked coyly. “No,” he said. “But it costs just as much.”

Quote: The time will come when winter will ask you what you were doing all summer. ~Henry Clay~



Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors

Monday: Free Strength Training Class with volunteer Lisa Brandley 1:00- 1:45 PM

Tuesday: Bingo: 1:30-3:30 PM .25c per card
Yoga- 5:30 PM- 7:00PM Instructor Andrea Walsh- \$6.50 for seniors (50 and over.) Call 355-5278 for more information

Wednesday: 1st & 3rd Wednesdays-Community Lunch & Learn Program

Thursday: Game Day- 1:00- 3:30 PM Poker, UNO, Scrabble, Cribbage, Chess, Checkers, Backgammon, Pinochle...you name it.
Yoga- 5:00 PM- 6:30PM \$6.50 for seniors (50 and over) Call 355-5278 for more information

Friday: Ping-Pong- 1:30 PM

Saturday: Senior Club for those 55 and older- Brown bag lunch at 11:30AM. Meeting at Noon- Bingo at 12:30 PM -Only .25c per card

Monthly Excursions:

*For reservations and further information call Susan Clifton at (626) 355-7394 or stop by and see her at the Hart Memorial Park House- 9:00 AM- 2:00 PM

August 21-

Long Beach Harbor Cruise **SOLD OUT!**

Future trips have not been finalized. For more information please Call Susan Clifton at 355-7394

Blood Pressure Clinic The SM Paramedics do blood pressure readings on the 2nd Tuesday of each month from 11-12:00 noon

Free Homeowners & Renters Assistance Program

Don Brunner is volunteering again this year from 1:00 PM- 2:00 PM every Wednesday from July 2nd to October 15th by appointment only. If you are 62 or older or disabled and have income less than \$41,000 you may be eligible for money back from the State of California. For reservations and more information call 355-7394

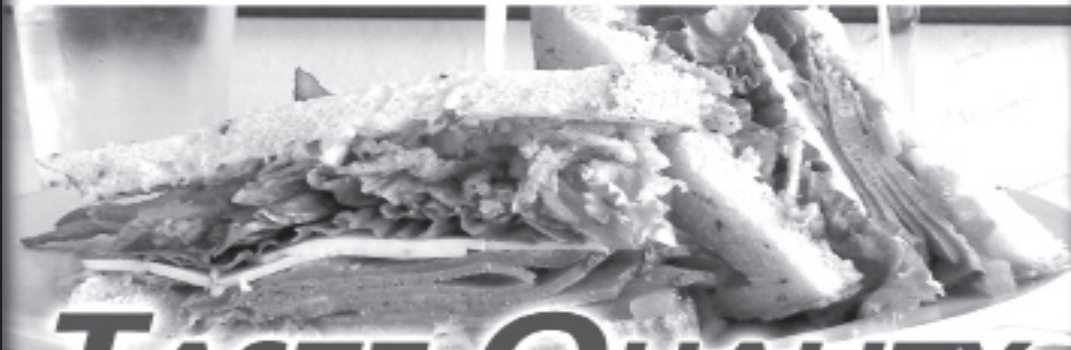
NEW Program- Financial Consulting

Joohee Lee, MBA, an Arcadia resident, is a financial service professional with New York Life Insurance Company in Pasadena. She will assist you with repositioning your assets to maximize income, and return benefits your heirs. She will be volunteering on the 3rd Tuesday of each month at the Hart Memorial Park House from 10:00AM- Noon. Call (626) 355-7394 for an appointment.

Meals-On-Wheels:

Meals are delivered to homebound seniors through the YWCA Intervale lunch program M-F with frozen meals for the weekend. \$2.00 suggested donation per day
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Helpful Hints For The Home

Recessed Fan/Lights Provide Much-Needed Ventilation



Recessed fan/lights provide inconspicuous ventilation while blending into a row of recessed lights.

(NAPS)—In many parts of the home, particularly in the kitchen and bathroom, homeowners incorporate ventilation products. However, even when there is a range hood over the cooktop or stove, there are other areas of the kitchen that require ventilation. For example, double ovens, dishwashers, steamers/boilers and warming drawers located throughout the kitchen emit moisture, heat and odors that cannot be effectively removed by the range hood.

No One Knows They're There Fortunately, there's a solution—a recessed fan/light provides inconspicuous but much-needed ventilation. Because the fan/lights disappear into the ceiling among other recessed lights, they are a great solution for adding spot ventilation to the kitchen. Those made by Broan and NuTone, for example, not only provide powerful ventilation, but are also incredibly quiet at only 1.5 sones.

Removes Odor, Heat, Humidity

Working undercover, the recessed fan/light can remove odor, heat and humidity from bathrooms, kitchens, utility rooms, closets and smoking rooms. Broan's and NuTone's recessed fan/light coordinates with major lighting manufacturers' recessed light kits and can be placed in a series of recessed lights or on its own, blending seamlessly into your décor.

The recessed fan/light is also UL listed for use over tubs and showers and is available with a fluorescent bulb, making it ENERGY STAR® qualified and California Title 24 compliant.

With this new product, homeowners can enhance their indoor air quality, as well as save time and money by installing two products at once—a light and a fan.

This product is available at major home improvement retailers nationwide. For more information, visit www.Broan.com or www.NuTone.com.

Open House Sunday 2-5



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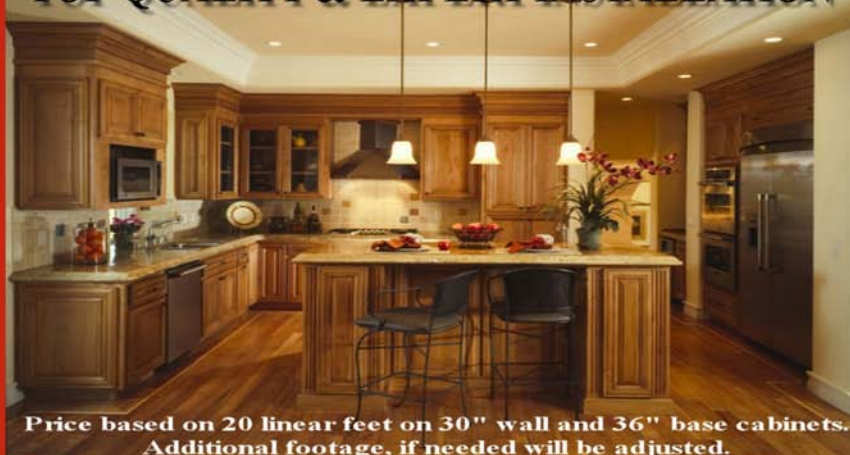
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NO PARTICLE BOARD

GRANITE COUNTERTOPS:

Choice of 7 colors on 42 Sq. Ft.

prefabricated with 6" back splash,

over mount sink cutout.

FREE STAINLESS STEEL SINK

With the installation of a new kitchen

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