Mountain Views-Obse Where Your Community News Comes First

Soon To Be Known As....JP Morgan Chase

In what appeared to be one fell swope, somewhere between the close of business Thursday and Friday morning, the bank regulators took over Washington Mutual and sold it to JP Morgan Chase Bank. In the largest bank failure in the nation's history, the FDIC decided to move quickly and avoid any further 'run' on WAMU's deposits. In recent months, more than \$16 billion dollars have been withdrawn by customers fearful of what became inevitable, WAMU's failure.

Sierra Madre-

Bank officials were very careful in their dealings with customers and the press, primarily because the change was so rapid and unexpected. Ricardo I. Siordia, Vice President/Manager of the Sierra Madre branch, was still wearing his WAMU shirt and referred all inquiries to the Chase public relations office.

WAMU, that recently reported assets in excess of \$ 307 billion, was sold by regulators for 1.9 billion. Depositors are insured by the FDIC, however, with the recent wave of bank closings, the FDIC itself is concerned about its ability to (cont. pg. 3)



Sierra Madre's Washington Mutual branch did not have customers lined up to take money out of the bank.. In fact, this picture taken around 9:30 Friday morning, shows an unusual lack of activity.

Leaf Blower Ban Blows Away

By Dean Lee

The idea of an outright ban on leaf blowers fell through the cracks at the city council meeting held Tuesday. Instead the asked the city manger and police chief to bring back a comprehensive plan that would restrict the use of leaf blowers and educate the public about the health risks associated with them.

The council also asked for more information about leaf blower exchange programs and about the city's own use of the blowers.

Most of the hour long conversation focused on either the noise factor or the heath issue although Mayor Kurt Zimmerman said he got a number of emails over the financial implications.

"I received a number of emails from residents that pointed out, I think correctly, that such a ban could take money out of the pockets of the gardeners if they're being compensated on a per job basis," Zimmerman said. "It would certainly take money out of the pockets of residents."

He also said that it was important to point out in cities that have banned leaf blowers, there is no water rationing, "so what residents and gardeners use instead is the hose, and we don't have that option."

Many agreed with longtime resident Bill Tice who said, at issue, was the heath risks associated with the blowers. "There's a lot of dust," he said. "Gardeners go into the flowerbeds and don't rake the leaves they just blow them out and creates dust... my suggestion, attack the heath

Tice said he had been a gardener for 29 years.

In some cases homeowners have had to replace nutrients in gardens because so much topsoil is blown away explained another resident who is also a gardener.

Councilmember Buchanan said blowing dust into the street or other people's yards should be stopped. "I'm trying to think at least of a decent enforceable law that says hey, whatever device you use you don't get to blow it into your neighbor's yard, or out into the street, or up into the air in such volume that it creates a heath risk."

Buchanan also said severely limiting the hours of use concentrate dust during the time they were However, most allowed. residents he spoke with called for an outright ban.

Maryann Councilmember MacGillvray suggested they restrict the use of all gardening powered gas including equipment, lawnmowers, weed wackers, trimmers and edgers. She said (cont. pg. 3)



Sierra Madre Farmer's **Market Tries Something New**

The Sierra Madre Farmer's which Market, began operation in late May of this year, is making some changes

in an attempt to better serve the needs of its customers, and to try and increase weekly attendance. Effective this week, in anticipation of daylight savings time, the Farmer's Market, located in the Mariposa parking lot behind the shops along Sierra Madre Blvd, will be open from 3 to 7pm each Wednesday.

While the change in hours is expected to help with lighting issues during the fall and winter hours, the days will continue to get shorter, and so the Market has now begun to add evening lighting, which was a concern for some

The number of vendors at the Sierra Madre Farmer's Market varies, usually in the range of 25 - 30 vendors. Vendors come from all around, including some from Sierra Madre, among them Wildflour Baking Company, SierraMadreCandyCompany, and Zia Sun Salsa. Vendors making their way here from outside the area include Bill's Bees, which was recently awarded "Best Local Honey" by Los Angeles Magazine, and Gourmet Grill Masters, which serves free range rotisserie chicken, and was recently cited by the LA Times in an article titled "Choosing the Top Rotisserie Chicken in L.A." An extensive variety of fruit and produce, as well as seafood, tamales, kettle corn, and cobbler are all available at the market. A complete list of vendors can be found at the Market's website, www. SierraMadreFarmersMarket. com, which also has an e-mail form to send suggestions or comments.

About half the vendors are "Certified Farmer's Market" vendors. According to Tanja Castle, Market Manager Scholastic Gardens* (which runs the Market with the Community Services Department), that means that "the farmers have been inspected and certified by the Department of Food and Agriculture and given permission to sell their products directly to the end users (customers) at specific venues (such as Farmer's Markets) without the usual requirements of packing and labeling their produce into standard size boxes



and packets, and without course, the produce and any middle men. Anything they sell at the market came Additionally, the marketing directly from the farm. For the customer, this is a better guarantee of freshness and change in hours, the addition nutritional value as these are of lighting, and the expansion local California farms and often the produce has been fine-tuning of the market, the picked from the fields the day before market day. In comparison, vegetables and fruit that are imported from residents leave their home on other countries could spend days or weeks in transit. Often encourage their friends and the produce must be picked unripe so it can survive the trip, and once in the U.S. it to avail themselves of the is gassed to artificially ripen certified produce available. it. This results in nice-looking produce, but the nutritional value is diminished.'

The market has suffered some from the extended stretch of hotweather, with temperatures heading upwards of 90 or even 100 degrees nearly every Wednesday this summer. Though the stands themselves are generally covered and the produce and other food items protected from the sun, and though there are shade umbrellas and chairs to sit on in the shade, that type of stifling heat is still somewhat daunting. After a brisk opening, attendance has not maintained its early promise, and it is hoped that by changing the hours and adding lighting, more people will be encouraged to come by in the cooler evening hours to

enjoy the village atmosphere,

live entertainment, and of

prepared foods available. program for the Market is being expanded. While the of marketing are all part of the critical element in determining whether the market continues in Sierra Madre is whether Wednesday afternoon, and neighbors, even those from surrounding communities,

"The Market has been popular and we'd like to run it through the fall and winter, " said Ms. Castle, "and provided we get the continued support and patronage, we'll be able to do that."

*About Scholastic Gardens - Their purpose is to improve diet and nutrition by providing sources of fresh, locally grown fruit and vegetables through certified Farmer's Their special Markets. emphasis is on working with local schools and youth activity groups to educate children about good nutrition, the concept being that good eating habits, well taught at an early age, become good eating habits for life. Scholastic Gardens donates to existing programs with profits from the Farmer's

Free Overnight Parking, Going, **Going Gone**

Volume 2 No. 36

By Dean Lee

Week Ending Friday, September 26, 2008

After a wild turn of events, the City Council Tuesday night ended a long practice of, with a simple phone call, giving free 30-day overnight parking passes to visitors of the city —instead opting to sell ticket books at \$1 a night similar to a plan now employed in parts of the city of Chicago.

"I would ask that we adopt that resolution that the police department use, if they find it feasible, to adopt the use of coupon books," Councilmember Buchanan motioned. "With coupons not to exceed the price \$1 per night.

Mayor Kurt Zimmerman seconded the motion.

The council unanimously agreed for a trial two month period after exhausting other ideas, including buying a dedicated answering machine to free up dispatchers or allow residents to get passes online.

"By making this resolution, I just want to clarify that we are eliminating all free overnight parking...," said Police Chief Marilyn Diaz. "To require anyone who wanted to park a visitor, guest car, family member's car, [to pay the fee] overnight in the city."

Councilmember Joe Mosca said he favored "low tech" ideas that did not include buying a proposed ticket dispensing machine at \$35,000 that would also need maintenance. He also suggested using volunteers to answer phones. Diaz said the cost of the machines could be lowered to \$11,000 if they purchased it through or with Glendale.

The experimental ticket book idea came after resident Hope Smith suggested, at first shouting from the back of the council chambers; how it was (cont. pg. 3)

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THE FARMERS MARKET TRIES SOMETHING NEW

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Read The Paper Online At: www.mvobserver.com

Calendar & Arts

Weather Wise

5-Day Forecast Sierra Madre, Ca.

Hi 80s Lows 60s Mon: Hi 80s Lows 60s Tues: Sunny Hi 80s Lows 60s Wed: Sunny Hi 90s Lows 60s Thur: Sunny Hi 90s Lows 60s Sunny Forecasts courtesy of the National Weather Service

SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

Sierra Madre Woman's club is again offering protection against the flu with a two-day flu clinic Saturday and Sunday, October 4-5, 9 a.m. to noon in Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd. in Sierra Madre.

year's vaccine formula is This significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick in.

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions.

To make an appointment or for more information, please call (626) 355-8586. Walk-ins are welcome.

Phyllis Chapman, Publicity (626) 355-3928

Martha Spriggs, Chair (626) 355-8586

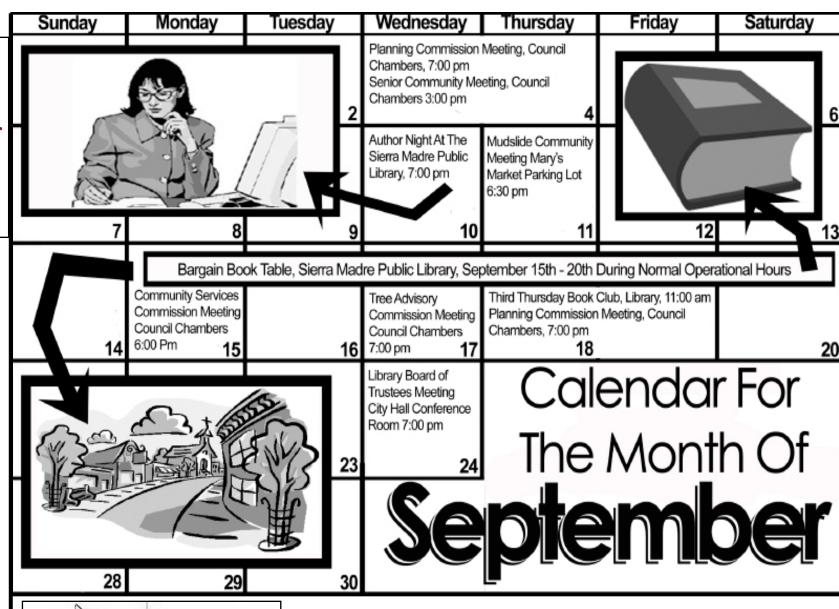
BARGAIN BOOK TABLE

The Friends of the Sierra Madre Library will have a Bargain Book Table Sale inside the Library from September 15-20 during the Library's public open hours. Featured subjects will include Fiction, Sports, Cookbooks, Gardening, Children's and Specialty books, all in good condition. All books will be sold at the bargain price of \$1.00.

For further information on programs and services please visit the Library's web site at www.sierramadre.lib.ca.us or call (626) 355-7186. These every-othermonth book sales provide funding for Library resources and programs.

SIERRA MADRE AQUATICS CENTER

The Sierra Madre Aquatics Center will be opening for Fall 2008 for lap swim. Hours will be Monday, Wednesday, Friday, Saturday, and Sunday from 12:00 pm - 2:00 pm and Tuesday and Thursday from 6:00 pm - 8:00 pm. Lap swim season passes are available for \$100.00 and there will NOT be daily admissions. You can purchase season passes at the Community Recreation Center at 611 E. Sierra Madre Blvd. The Sierra Madre Aquatics Center needs to sell 65 passes in order to stay open for the Fall Season. For more information contact 626-355-5278.



520 S. First Ave.

Arcadia CA 91006



Oktoberfest

The Oktoberfest Golf and Tennis Tournament is right around the corner. All proceeds from the event will benefit the Youth Activity Center of Sierra Madre. Registration forms are due by September 25, 2008. The Oktoberfest Golf and Tennis Tournament will be held on Saturday, October 4, 2008. Please see the attachment for event details and the registration form. For more information call 626-355-5278.

GREAT JAZZ IN TOWN **Cafe 322**

World class Jazz musicians and Sierra Madre residents, Vocalist Cheryl Barnes, and her husband Phil Cabasso, an amazing keyboardist and music arranger, will be playing at Café 322 Saturday October 4th at 8 and 11 p.m. Ms. Barnes' has toured with the likes of the great Wynton Marsalis, and Quincy Jones. She is often heard at the Los Angeles County Museum of Art Jazz Concert Series, and at the worldrenowned jazz club, The Baked Potato. This is a concert not to be missed. For reservations at call 836-5414.

Show

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GARAGE SALE SPONSORED BY HISTORICAL SOCIETY

The Sierra Madre Historical Preservation Society will run a garage sale on Saturday, September 27, from 8 a.m. to 4 p.m. This will be held at the historic home "El Retiro," 171 S. Baldwin Ave. in Sierra Madre. Skinniest prices will be offered to move merchandise quickly in this one-day sale.

The Society has been working on the major project of producing a history of Sierra Madre. Fund-raising is vital as they wrap up the project and head toward the

publisher and rising costs. Your good discards are also welcome for the sale. This is a great time to go through your home and garage and unburden your life by collecting items you no longer need and donate them to the sale. Donations are tax-deductible.

Items may be dropped of at "El Retiro," but please call first to Jim Whitson at (626) 355-0782. Janet Ten Eyck, president (626) 351-9235

Submitted by Phyllis Chapman

Author Nights

Poet and Holocaust survivor Zahava Sweet will read from her book of poetry, *The Return of Sound*, Saturday, October 11, at 3:00 p.m. at the Sierra Madre Public Library. Born in Poland, Ms. Sweet endured the terrors of Auschwitz during World War II. After the war she moved to Israel, and later emigrated to America; she currently lives in Monrovia, CA. Her book is a reflective meditation on her life, and the triumph of the human spirit despite unimaginable pain, tragedy and loss. Sponsored by the Friends of the Sierra Madre Library.

Mystery Author *Marja [sic] McGraw* will discuss and sign her latest books, Bubba's Ghost and A Well-Kept Family Secret, at the Sierra Madre Library on Tuesday, October 21 at 7:00 p.m. A Southern California native, Ms. McGraw worked in civil and criminal law for 15 years. She has appeared on various TV and radio shows, and is a member of and former newsletter editor for Sisters in Crime, a worldwide organization for women mystery writers. Sponsored by The Friends of the Sierra Madre Library. For further information on programs and services please visit the Library's web site at www. sierramadre.lib.ca.us or call (626) 355-7186.

MountainViews-Observer Friday, September 26, 2008

More Sierra Madre News Arcadia

LEAF BLOWERS (from page 1)

should at least have peace and quiet before 7a.m. She also said if people don't want leaf blowers used they should simply tell their gardeners not to use them.

Councilmember Don Watts said he had a friend now living back east that owned a leaf blower manufacturing company, and who would be willing to help the city put together an education plan on the proper use of a leaf blower. Watts focused attention on the noise.

Getting rid of older more polluting blowers was Councilmember Joe Mosca's goal although he agreed with most of what the other council members had to say. He especially wanted to see some kind of education program put it place.

"As far as having impact on this issue and trying to better the quality I think [we should be] looking at an education component," he said. "And, trying to encourage, trade out or exchange some of these leaf blowers."

Police Chief Marilyn Diaz said if a ban was implemented enforcement could not be done solely by the city's one code enforcement

officer. She said they would have to either hire a second code enforcement officer or have other officers enforce the ban.

Diaz noted that they recently did a noise study of the city comparing it with previous readings taken in 1993. The results indicated that the city is, in regard to leaf blowers, relatively quieter now then it was before. She also said it was an infraction in most cities with a ban but she was aware of one city that considers it a misdemeanor.

Director of Public Works, Bruce Inman said he had looked into leaf blower exchange programs.

"According to AQMD it's an extremely competitive program," Inman said. "They don't have that many leaf blowers to exchange, so they go very quickly." He also said he signed the city up on a mailing list to be notified of any upcoming program. Right now, according to Inman, the program has no funding.

The South Coast Air Quality Management District (AQMD) is the air pollution control agency for most of Southern California.



PARKING (cont. from pg. 1)

in the Chicago neighborhood she had just moved

"I'm recently new here but we lived in a very small community, predominantly Italian, and parking was a huge problem. So, because we couldn't waste police time, what that particular neighborhood decided on was, we bought ticket were to go belly up; "You don't want them to go to books," Hope said.

She explained, a ticket would be filled out by a resident giving their name, address, license plate of the visitor's car and date of the pass. The council agreed that a new pass would have to be filled out each night a guest's car was parked overnight. "If there is any problem an officer could just knock on the homeowner's door," Councilmember Maryann MacGillivray said.

What seemed the perfect solution solved a number of problems between residents, the council and police. Prior to Hope's comments, Diaz had suggested installing a parking machine and charging \$3 a night for temporary parking. She also asked that they raise the regular overnight fee from \$70 to \$120, an unpopular move with

"We have one dispatcher [per shift], the number of calls is continuing to increase, we want that dispatcher concentrating on things other than taking down names and license numbers of people who are going to be parking in front of their house overnight," MacGillivray at first said. "The remedy we have proposed is one that changes the way we have done things for a very long time, and imposes a fee that we haven't had to impose... so maybe we need to look at this in a little different way."

Diaz said police were receiving, on average, 35 calls a night for overnight parking alone,

something installing a machine could relieve. Most of the calls came in the early evening, she explained, also reporting that between 2006 and 2007 the overall number of service calls rose by

City Attorney Sandra Levin said they needed to be clear what to do with unused tickets if the program waste," she said. How many tickets would be sold in each book was also not decided as well as if a waiver would be given for low income families. Buchanan asked that they deal with those issues at a later meeting, urging to adopt the resolution immediately.

Levin added she would draft the resolution and it would take effect after being signed by Zimmerman.

All money currently made from overnight parking goes into the general fund, something Councilmember Don Watts said he disagreed with, although he voted in favor of the ticket

Watts said, "If I knew it was going towards police services or some other thing in the city that we absolutely need," then he said he would fully support it. He also said he thought the system worked fine now, without needing to be changed.

In related news, the council also approved restricting overnight parking in the Auburn Parking lot. As a temporary move, the lot will now be off limits from 12 p.m. to 6 a.m. Criticism came from a number of business, including the Sierra Madre Playhouse and Starbucks, after they first suggested closing the lot from 10p.m. to 7a.m.

If successful the restrictions could be placed on all city owned parking lots, staff said.

WAMU (from pg. 1)

cover demands made as a result of the country's current economic crisis.

According to the press office, demand depositors should notice very little change in their banking. Regular customers will have the same account numbers,;

the same Washington Mutual name on your account,; the same checks, debit cards, credit cards, deposit slips,; same online banking website and passwords; same branches & ATMs; same familiar bankers, and same great service!

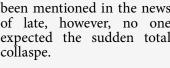
Investors in WAMU, however, face other challenges, as do those who have purchased shares in WAMU through their retirement accounts. According to news reports, "investors were wiped out". The rumor of WAMU having financial difficulties has

been mentioned in the news of late, however, no one expected the sudden total

Certain retirement accounts, involved in mortgage lending.

of the magnitude of WAMU had \$67.7 billion in today's dollars. Indymac's assets were 32 billion.

It is not clear how JP Morgan Chase will handle the WAMU staff caught in the crossfire. It is believed, however, that in less than a week, the appearance will change.



where consumers designate the allocation of funds, recently sent letters to their participants notifying them of trouble with Citibank. It too, like WAMU, was heavily sub-prime

The only other bank failure was in 1984, the Continental Illinois National Bank, which



HEALTH INSURANCE INFORMATION FAIR Friday, October 3, 2008 9:30 am – 2:00 pm **Arcadia Community Center**

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- 10:00 am Keynote speaker: Andrea Rosen, counsel from the Health Enforcement Bureau of The California Department of Insurance
- 10:30 Visit the 34 vendors information booth area
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Contact: Esther Reynoso (626) 574-5130

Duarte

Congresswomen Linda and Loretta Sanchez Join Stellar List of Authors to Speak, Sign Books at 6th Annual Duarte Festival of Authors, Oct. 4 at Westminster Gardens

authors to speak and sign will speak at 11 a.m. their books at the 6th annual Duarte. Their newly released books, guide motivational relation to serve in the history

10 a.m. to 4 p.m. Admission

Other major authors to be featured are 2007 Pulitzer Citation recipient Ray Bradbury, ("Martian Chronicles," "Fahrenheit p.m., Stephen J. Cannell,

Santo Domingo Ave. in publishing and marketing inspirational/ book -- part memoir, part personal growth, the Latino for experience, and writing for Sánchez Sisters are making Naomi Hirahara ("1001 History in Congress" as the Cranes") and Barbara Jean first sisters or women of any Hicks ("The Secret Life of Walter Kitty") on the of Congress. They will speak at 3 p.m.

The Duarte Festival

Arellano ("Ask a Mexican!," of Authors, presented by "Orange County: A Personal History") and Enrique and Library, will take place from Gilda Ochoa ("Latino Los Angeles: Transformations, of the Duarte Library. Communities and Activism") on the Latino Experience Wood, Poppy Cannonpanel at 1:30 p.m. Colleen Reese, and Debra Holladay Bates ("Hometown Pasadena"), Patricia Kokinos ("Angel Park: A Novel"), 451"), who will speak at 1 and Elizabeth Pomeroy ("Pasadena: A Natural New York Times bestselling History") will speak on children from 11 a.m. to 2 author ("At First Sight") and the 10:30 a.m. panel about creator/writer of more than exploring Los Angeles and 40 hit TV series including beyond and how to get refreshments will be available The Rockford Files, speaking published and market your for purchase. at 2 p.m. Bestselling author books. Authors Cheryl **Denise Hamilton** ("The Last Russell ("Thankyouology: ("Thankyouology: information Embrace") will speak at 12 How the Art of Saying Thank 357-4151 or visit www. noon, and D. J. MacHale You Transforms Your Life"), friendsoftheduartelibrary. ("Pendragon: Journal of an Citrus College professor com. Adventure Through Time Dale Salwak ("The Teaching and Space") whose young Life: Letters of a Life in

Congresswomen/sisters adult following of readers Literature"), and Petra Eiko Linda and Loretta Sánchez is legion for his bestselling ("Seeds of Truth") will be have joined the list of fantasy series of nine novels, among the Inspirational/ eak at 11 a.m. Personal Growth panelists
There will also be at 12:30 p.m. The 11:30 Duarte Festival of Authors author panels throughout a.m. True Stories panel will on Saturday, Oct. 4 at the day that will include feature Phyllis Gebauer Westminster Gardens, 1420 topics such as writing, ("Hot Widow"), Thome Selby (" Events in the Future, Forgotten Tense-Poetry"), and Amalia Starr "Raising Brandon" Parenting My young women everywhere children and young adults. Son to Live Successfully is "Dream in Color: How the Author panelists will include with Autism, Epilepsy, and Learning Disorders").

From 10 a.m. to 12 noon, Stewart Antiques of Beverly Hills will offer an appraisal clinic for antique books, jewelry, art and other small treasures. The public is invited to have their items appraised for a \$5 donation per item to benefit the Friends

Local artists Mark will be among fine artists who will display their work at the festival. Pasadena's Armory Center for the Arts will offer a free crafts workshop for

Food

For (626)

City Honors Employees, Volunteers at Sierra Madre Awards Dinner By Bill Coburn

The annual Sierra Madre Honors awards dinner to recognize top City employees and local volunteers was held at the Villa del Sol d'Oro on the campus at Alverno High School on Thursday, Sept. 15th. The evening was emceed by Dennis Packer, the stadium voice of the USC Trojans football team. Packer recently retired from LAPD after 35 years. Packer and his wife, Judy, recently purchased property in town and are building a new home in the lower canyon. It was a rare evening, as all five Council Members were in attendance.

The evening opened with a welcome and the Pledge of Allegiance by Mayor Kurt Zimmerman, followed by the invocation by Police Chaplain Wayne Walters. This was especially appropriate because Walters is also a member of the Rotary Club of Sierra Madre, which was the recipient of the first award given out, the Wistaria Award, which "recognizes a City/Community partnership and is presented to a local business or organization whose major contributions to the City and Community have demonstrated a true

partnership which assists in and provides programs services, and enhances the the community as a

Winner of the Public Service Award, aka Employee of the Year 19-year employee with the Water Department. During that time, he has advanced from Distribution M-Man to Lead Worker to his current position of Water Foreman. as the City's on-call person, and has done which takes on greater magnitude when one considers that he lives in Pomona, and must town for any water or

sewer emergency. Coordinator Greg Christmas received

has taken lifesaving action to protect and maintain the safety of the Community. Christmas was hired to develop Sierra Madre's new paramedic program at its inception in 2007, and has since also joined the Volunteer Fire Dept., where he was instrumental in the development of the first 18-week Volunteer Fire Academy, which has already benefited the City with the certification of sixteen new members of the Department as Shift Fire Fighters. He also created the City's Fire Explorer Program, which provides training for 15

Captain Larry Giannone received the Police Chief's special award, with SM Police Chief Marilyn Diaz stating that "I have never worked with a professional colleague who has demonstrated such integrity and extraordinary commitment to the policing profession. His competence, commitment and compassion are unparalleled." Giannone, a 26-year law enforcement veteran, has worked for SMPD since 2006, and is responsible for updating, repairing and programming all 30 police radios, computers in the police vehicles, and the car radio equipment. He specializes in arson investigation, and is credited with creating a positive, energetic work environment through general welfare of his leadership. In that work environment, the City has seen a 20% drop in crime and a 59% increase in arrests from 2007 to 2008.

Dr. Paul Neiby received the George Maurer Lifetime Service Award as an acknowledgement of significant contributions to the Community over Award, was Jun Redil, a many years. Neiby is a past-president and current member of Sierra Madre Kiwanis, a member of the City's Senior Community Commission, sits on the Board of Directors of the Sierra Madre Historical Preservation Society, contributed to the Senior Master plan, and is also a past Sierra Madre Public Library Trustee. In addition, he has been instrumental in the development of the soon-to-be published Sierra Madre History Mr. Redil also serves Book, and has been vital to the success of the City's Oral History Project. Neiby is currently recovering from two strokes he has suffered this so for fifteen years, year, and was unable to attend. Fellow Kiwanian and Award namesake George Maurer accepted the award on his behalf.

Also recognized at the event were the City Commissioners, members of the Community travel all the way to Arts Commission, the Community Service's Commission, the Library Board of Trustees, the Planning Commission, the Paramedic Community Commission and the Tree Advisory Commission. Plaques were presented to outgoing Commissioners Tom Janzen and Ilona Volkmann the Public Safety Award, of the Community Services Commission and given to a Sierra Madre Marianne Siberell of the Library Board of



Outgoing Community Services Commissioner Tom Jantzen checks out the plaque he received recognizing his service on the employee or citizen who Trustees. Commission. Photo by Bill Coburn

MountainViews-Observer Alfadena Pasade News From Your Community For Your Community

City Buys New \$2 Million 'Quiet' Helicopter



Photo MD Helicopters Incorporated

data.

report says.

response

fleet

is rated 4 db lower than the

city's current helicopters

which have a db of 84.

The ratings are based on

Federal Aviation noise

decibels (db) and small

changes in db levels

produce large changes

in noise amplitude the

will also be much faster

with a top speed of 175

mph. Currently the city's helicopters reach 120

mph. Mulhull said this

gives them an increased

"The police department's

two military surplus

helicopters manufactured

in 1969 and 1971," he says.

"The age of the current

helicopterfleetisaconcern

and these aircraft are in

constant need of repair

and routinely taken out of

service for unscheduled

500,000 miles in an

The actual cost for the helicopter is \$1,578,103.

Tax and the addition of

police equipment bring

the total cost to the city of

The funds were included

in the police department's

fiscal year 2009 operating

average car.

\$2,069,000.

budget.

He also explains that

emergency incidents.

also

time

includes

The new MD 500E

Noise is measured in

By Dean Lee

Without any discussion the city council Monday unanimously approved the purchase of a new police helicopter with improved quiet technology. The item was part of the consent calendar, a series of routine items, voted on unless removed for separate discussion.

"The new 'quiet' helicopter would be assigned to fly night patrol over Pasadena, since 95 percent of the noise complaints from residents are during evening hours," The agenda report reads drafted by Captain of Air Operations, Robert Mulhull. Pasadena police helicopters also fly over Sierra Madre and Altadena according to residents.

The cities of Glendale and Burbank also operate a similar series of MD 500 police helicopters the maintenance." report also says.

According to Mulhull department's fleet has an the city is buying the average of over 12,000 helicopter as part of a flight hours each. That purchase order partnering is equivalent to driving with the city of Huston Texas who is buying eight of the exact same model.

Mulhull explains what makes the MD 500E quite is new technology of both the main rotor and tail rotor. By incorporating a five blade main rotor and a four blade-tail rotor system, rotor noise will be cut in half.

The MD 500E helicopter

South Lake Parks It For A Day

By Teresa Baxter

Last Friday the South Lake Business Association **EPTDESIGN** and collaborated with CB Richard Ellis, a global leader in commercial real estate services and Valley Crest Landscape Maintenance, a leading horticultural national services company, to offer a different perspective regarding the use of public parking spaces in a bustling shopping district.

The PARK(ing) Day project was conceived four years ago by San Francisco-based collective, REBAR, as an event where organizations, design firms, activists and citizens could participate in a creative and unique



Students have fun with miniature golf as part PARK(ing) Day Photo T. Baxter /MVO

open spaces in a relaxing environment."

Last year students at Pasadena City College created the lone Pasadena

set up a miniature golf course at their parking spot and promptly paid the parking fee.

"This year they wanted to

when the meter expires the students will pack up in search of a new spot to set up."

This year, CB Richard Ellis and Valley Crest expanded the project by also landscaping parking spaces in Atlanta, Chicago, Charlotte, Denver, Los Angeles, Newport Beach, Orlando, San Francisco and Washington D.C., setting a record for the most park installations by any one organization or partnership since the event began, said Bill Lewis, a director at CB Richard Ellis.

"The representation of the groups here today reflects the diversity of ideas from our South Lake community," said Lewis. "We had the fun and energetic students with their miniature golf course; we had the creative EPT architects that designed something different with the tires and plants; then there was the corporate world of Valley Crest and CB, which did very structured and traditional landscaping."



Park Bench sits in a parking space as part PARK(ing) Day Photo T. Baxter /MVO

experiment to explore the dimensions of ecological sustainability, design, and creative vision in parking spaces throughout cities across the country.

The Shops on South Lake has historically been considered the tony destination of distinction when it comes to highend shopping and dining. When Gina Tleel, executive director of the SLBA, heard of a nationwide event she decided that Pasadena should participate.

"It fell into my lap and we hooked up with EPT. In a matter of a week I received calls about participating in PARK(ing) Day," said Tleel. "Corporate Center was already in the planning phase and it all fell into place so quickly. We all came together to raise awareness about the

tribute to PARK(ing) Day in front of a Hummer dealership. Coincidently, this year they chose South Lake for their friendly

do something in a higher profile business area and they spent a day looking around. They liked this location because of the "guerilla" take-over. Under open courtyard," said the observation of Deena Capparelli. "We didn't realize that it had gone media studies and visual through the City Council arts at PCC, the students to make it a legal thing. So,



use of public parks and Tires used as planters durring the city's first PARK(ing) Day Photo T. Baxter /MVO

Rose Bowl Loop Closed To Traffic

Walkers, runners, skaters, cyclists and others who use the Rose Bowl Loop for recreational purposes had it all to themselves Thursday night from 5 p.m. to 7 p.m.

The 3.3-mile road that encircles the Rose Bowl Stadium and a portion of the Brookside Golf Course was closed to vehicular traffic during a two-hour pilot program designed to improve the safety of recreational users.

The city of Pasadena pedestrians reminded and skaters/rollerbladers who use the loop to go counterclockwise using designated boundaries that are clearly marked on the road. Graphic arrows on the pedestrian pathway guided walkers; slashed lines along the buffer zone were used only to pass others. Police also urged bicyclists to go clockwise on the road and observe all stop signs

and right-of-way rules.

Posters and portable message boards along the roadway several days in advance helped alert everyone of the temporary closure.

The idea of closing off the area came last year during a number of meeting with peleton cyclist and residents of the area. The city had complaints received about the peleton, where cyclist ride more than two abreast, sometime five or more. The cyclist suggested blocking the street as a safety measure. The issue was again brought up during more meeting when walkers, joggers and rollerbladers also through it might be a good idea. Reports said Thursday night's pilot program was an overwhelming success. Informationwasprovided by Rose Bowl Stadium General Manager Darryl Dunn.

College Launch Welcomes Attendees to Rusnak



HGTV Host Steve Watson was the Master of Ceremonies at Rusnak Audi's "Keys to Success". The free event, sponsored by College Launch, featured a fall fashion runway show, student makeovers and a college interview panel to prepare students for future success. Rusnak's "Keys to Success" also featured a silent auction with 100 percent of the proceeds benefiting the La Cañada Flintridge Educational Foundation. College Launch is a premier academic college counseling firm in Pasadena.



Tammy Huang-Anacleto, president of College Launch welcomes attendees to Rusnak Audi's "Keys to Success". The free event, sponsored by College Launch, featured a fall fashion runway show, student makeovers and a college interview panel to prepare students for future success. Rusnak's "Keys to Success" also featured a silent auction with 100 percent of the proceeds benefiting the La Cañada Flintridge Educational Foundation. College Launch is a premier academic college counseling firm in Pasadena.

Environmentally Speaking, Did You Know?

Free Recycling Through the Mail

By Pat Birdsall

This first ran untitled a few weeks ago so I promised I would reprint it...

March 17, 2008-- Washington, DC—Free and Green Those are the goals of a pilot program launched today by the U. S. Postal Service that allows customers to recycle small electronics and inkjet cartridges by mailing them free of charge.

The "Mail Back" program helps consumers make more environmentally friendly choices, making it easier for customers to discard used or obsolete small electronics in an environmentally responsible way. Customers use free envelopes found in 1,500 Post Offices (including Sierra Madre), to mail back inkjet cartridges, PDAs, Blackberries, digital cameras, iPods and MP3 players—

Postage is paid for by Clover Technologies Group, a nationally recognized company that recycles, remanufactures and remarkets inkjet cartridges, laser cartridges and small electronics. If the electronic item or cartridges cannot be refurbished and resold, its component parts are reused to refurbish other items, or the parts are broken down further and the materials are recycled. Clover Technologies Group has a "zero waste to

There is no limit to the number of envelopes customers may take. The pilot is set for 10 areas across the country, but could become a national program this fall if the pilot program proves successful.

The Postal Service recycles 1 million tons of paper, plastic and other materials annually. Last year, USPS generated more than \$7.5million in savings through recycling and waste prevention programs. The nation's environmental watchdog, the Environmental Protection Agency (EPA) has awarded the Postal Service eight WasteWise Partner of the Year awards, the agency's top honor.

The Mail Back program is another example of the Postal Service's commitment to sustainability. More than half a billion packages and envelopes provided by the Postal Service annually are nearly 100 percent recyclable and are produced with the least harmful materials. Based on the recycled content of these envelopes and packages, more than 15,000 metric tons of carbon equivalent emissions (climate change gases) now are prevented annually.

So, stop in to get your envelopes at the Sierra Madre Post Office and say hello to Liz and the other friendly and knowledgeable employees.

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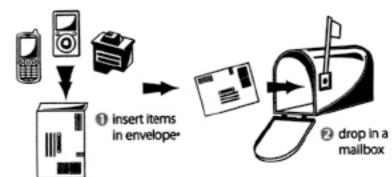
Sierra Madre, Ca. 91025-0085

* We meet on the 4th Wednesday of each month at 7:00 PM in the Park House (Senior Center) in Hart Memorial Park, 222 W. Sierra Madre Blvd. - Please join us- Your thoughts and comments are welcome... For more information call Pat Birdsall (626) 355-7290

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recycle your used small electronics

recycle cell phones, PDAs, MP3 players, digital cameras, inkjet cartridges and small electronics with this postage-paid mailer



feel good about recycling—it's easy and free

another way The Postal Service" is making more environmentally friendly choices

TODAY'S MAIL 🔎

Fire Safe Council "Announcements and Observations"

Our next Fire Safe Council meeting will be October 6, 2008 at 7 P.M. in the City Council chambers. We will be organizing our Red Flag Alert patrols for the

upcoming fire season. Please attend this meeting and become a part of our Red Flag Fire Patrol.

You may have seen in the news that Fire Watch teams are being set up in Santiago Canyon (Orange County), the scene of the devastating fires from last October and November. Neighborhood Watch programs are influential in this effort, too. Alert citizens helped in the arrest of the arson suspect in the rash of brush fires set in the Griffith Park area last month. The source of the suspicious origin of the Sierra

Madre fire started above the Chantry Flat gate in

April is still unknown. If you are interested in participating in either the Neighborhood Watch or the Community Emergency Response Team (CERT) training please call the Police Department and leave a message for Chief Diaz--355-1414.

During the county-wide earthquake drill that will take place during the Great Southern California Shake Out, November 13, 2008, at 10 a.m. local Neighborhood Watches will be called into "action" during this drill. Throughout the week there will be earthquake related seminars throughout Los Angeles County which you can access through: www.shakeout.org/drill Will you be self-sufficient for 7-10 days in the event of a disaster event?

Call Sierra Madre Fire Safe Council, 355-0741, for information.

4:23 PM - Identity Theft / 200 block of Olivera

Ln. A woman reported that on August 25th,

someone used her personal information and illegally used her debit card to purchase over

6:11 PM - Auto Burglary / 100 block of W.

Sierra Madre Blvd. A woman reported that on

Wednesday, September 17th, someone used

an unknown object to shatter the rear window to her vehicle, which was parked in the street.

7:52 AM - Hit & Run Non-Injury Traffic

Collision / A man reported that he swerved to

avoid a collision with another vehicle turning

left and collided with the curb. The other

9:39 PM – Arrest / Suspended Driver License

/ 400 block of N. Michillinda Ave. An officer

stopped a motorist for speeding. During a

check of the man's driver license, the officer

learned that the man had a suspended driver

license. The man was issued a citation for the

Saturday, September 20th: 7:04 AM – Hit and Run Injury Traffic

person did not stop and left the scene. Friday, September 19th:

\$500.00 worth of goods.

Thursday, September 18th:

violations.

Sierra Madre Police Blotter

During the week of Sunday, September 14th, through Saturday, September 20th, the Sierra Madre Police Department responded to 258 calls for service.

Sunday, September 14th:

12:37 AM – Arrest / Possession of Hashish Oil and Marijuana / 00 block of W. Sierra Madre Blvd. An officer stopped a man running a stop sign. During a lawful search of the car, the officer found hashish oil and marijuana in the car. The man was arrested and transported to Sierra Madre Police Department for booking.

1:07 PM - Vehicle Vandalism / 100 block of E. Highland Ave. A woman reported that between Saturday, September 13th, and Sunday, September 14th, someone used an unknown object to shatter the driver's window to her vehicle, which was parked in front of her house.

Monday, September 15th:

8:25 AM – Arrest / Suspended Driver License / 00 block of W. Orange Grove Ave. An officer stopped a man for speeding. During a check of the man's driver license, the officer learned that the man had a suspended driver license. The man was issued a citation for the violations.

Tuesday, September 16th:

3:16 PM - Auto Burglary / 100 block of E. Mira Monte Ave. A woman reported that on Tuesday, September 16th, someone used an unknown object to shatter the driver's window to her vehicle, which was parked in the street. The suspect took her purse from the rear driver's seat of her vehicle. Wednesday, September 17th:

Collision / 100 block of W. Orange Grove Ave. The police department received several telephone calls of a man on a bicycle that was hit by a motorist who drove away without stopping. The Sierra Madre Police & Fire Departments responded. Paramedics took the man, an Arcadia resident, to the hospital due to his head injury. He also suffered a punctured lung and fractured ribs.

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MountainViews-Observer Friday, September 26, 2008

Education & Youth

Mayfield Senior School Choir Performs with Gospel Church Choir From South Central L.A. in the 2008 World Festival of Sacred Music

"Gospel music bridges worlds—connecting worshippers to God and to one another in deep and heartfelt fellowship—and it bridges communities as well. Its irresistible spirit powers this joyous meeting of two generations of choirs, joining together for the first time in a celebration of the music of sacred praise and jubilation in the intimate Pike Auditorium on the historic campus of Pasadena's Mayfield Senior School." – World Festival of Sacred Music Program Notes

Pasadena, CA: On Friday, September 26, the Mayfield Senior School Choir, a vocal ensemble of 20 young women at a Catholic, all-girls, college preparatory high school in Pasadena, will raise their voices in harmony with the Second Mount Carmel Missionary Baptist Church Choir, a 15-member, traditional African-American gospel choir from South Central Los Angeles, as part of the 2008 World Festival of Sacred Music. The groups will sing together as one unified choir, and will be accompanied by the church's 10-piece band, which includes strings, horns, piano, organ, and guitar.

This extraordinary performance is the vision of Dan Ostermann, who heads up the music department at Mayfield Senior School and also performs regularly with the Second Mt. Carmel Missionary Baptist Church Choir band. An accomplished musician and composer, Ostermann specialized in jazz and African-American music studies at the California Institute of the Arts, and is a virtuoso trombonist.

The Second Mt. Carmel Missionary Baptist Church Choir meets each Sunday in South Central Los Angeles, and many of its members (who range in age from 40-60 years old) have been steeped in gospel music from their earliest memories.

Since Ostermann joined the Mayfield Senior School faculty in 2007, it has been his dream to bring the two hemispheres of his musical life closer together—to facilitate a collaboration between his students and his church colleagues that would foster more than just musical harmony.

Ostermann began by expanding the School's traditional choral

repertoire to include traditional and contemporary American Gospel music, which encourages students to connect in a very personal way with their faith. He then pounced on the opportunity presented by the World Festival of Sacred Music, which is run in Los Angeles every three years, to introduce his students to—as he describes the Second

Mt. Carmel singers—"a fire-breathing contemporary Gospel choir."
"The combination of these two different choirs clearly illustrates the common ground we share as spiritual beings communicating with each other and the heavens, regardless of the context or background, which is an integral concept of the World Festival of Sacred Music," explains Ostermann.

According to WFSM-LA director Judy Mitoma, "Our goal is for the events to invite seemingly unconventional partnerships between professional artists and community performers and between traditional and experimental artists to encourage community building that transcends borders."

The 2008 WFSM-LA event comprises 41 events over 16 days at venues across the greater Los Angeles area, including the Getty Center, the Armory Center for the Arts, the Pacific Asia Museum, Museum of Latin American Art, and the Skirball Cultural Center. Mayfield Senior School is the only high school in Los Angeles to host and participate in a performance for the 2008 World Festival of Sacred Music. Since its inception in 1931, Mayfield Senior School has been committed to providing instruction in music and the arts as an integral component of its mission to educate the "whole person," in mind, body, and spirit.

Tickets are \$10 each, and are available by calling Mayfield Senior School's Main Office at (626) 799-9121 ext. 0.

For more information about the World Festival of Sacred Music and to view details of this event, please visit: http://www.festivalofsacredmusic.org/0926Mayfield.html

ruti

Dare to be Different

It seems to me like more and more teenagers are striving to be like "everyone else". Acceptance within peers is a pretty important in today's youth. I see it all the time at my high school. Kids everywhere are trying their best to "fit in" and have "the look". Most of them are doing everything they can to avoid looking different, unique, "weird", and, most importantly, like themselves.

A friend of mine recently asked me, "What's so great about being different?" What's so great about being different? What's so great about being the same is the question! When you "do your own thing", people take notice and will respect you more. It takes a strong person to be able to branch out from the crowd and say, "this is who I am." How much strength do you have to have in order to be like everyone else? Not much. People admire those that carry themselves with an air of confidence.

What if others think what you're going for isn't "cool"? Things are what you make them out to be. Let's say, you're experimenting with a new wardrobe. If you slump around school acting self-con-

scious, people are going to be able to tell. Others may not react to your new clothes in a positive way if they see you don't feel good about them. On the other hand, if you walk around tall with your head held high, people will see that you don't care what others think. They'll see your confidence and admire your ability to stand out and be unique. More people will respect you by simply being you.

Ever heard the saying "well behaved women rarely make history"? If you want to be known, if you want people to remember you, you've got to stand out. This goes along with applying for colleges, also. Sure, many colleges are looking for the student with the 4.0 GPA, but the grades alone won't get you into the top ranked schools. Colleges are looking for the students that stand out, the ones that are in different clubs. They are looking for the students who are involved in extracurricular activities, sports, and their community. Students who are unique; students who have got something besides just grades going for them. They are looking for those who dare to be different.

PUSD Proposes Police Presence At Middle Schools

By Teresa Baxter

was recommended that the Governing Board consider a proposal to tion, on my part, that we take up the request by Councilmember expand School Resource Officer Services to Washington and Wilson Robinson and look at how that would affect our decision making Middle Schools, and this week the agenda called for the adoption of process."

During public comment, a representative for District 1 Councilmember Jacque Robinson spoke on behalf of Robinson, urging the board to delay adoption of the proposal until further parental and public input could be gathered and considered. It was implied that there needed to be more time to evaluate the impact of police Pasadena police," said Cooper. "But I have seen too many African presence at a middle school level.

ficer services. Generally, the purpose of an SRO to integrate into the expelled for." fabric of a school's administration to provide a link between school age children with their community, as well as provide essential ser- until further collaboration with Robinson and the community could vices and referrals to their families.

school, and explained that hopefully young middle school students notice.

matriculating into high school will have formed those positive relationships with police," said Zamora. Pasadena Acting Chief of Police Christopher Vicino commended the partnership that has grown between the school district and the City of Pasadena and spoke in favor of the proposal. He then invited the board members to spend a day with an SRO to witness their daily routines.

"I would like for you to take my invitation to spend a day with a school police officer and watch a student come up and give him a hug and invite him to lunch," said Vicino. "It doesn't have to be scheduled...we can arrange for you to ride with any of the officers on any campus you want. It would be a great experience for you."

During open discussion most of the board members seemed in favor of supporting the proposal, with a focus on student safety. Board member Esteben Lizardo said that Robinson's request for a delay in the adoption needed to be discussed.

"I don't see any issue with trying to expand some of the discussion...at each of the middle schools," he said. "I strongly suspect that the program might be better received and it doesn't necessarily create a

At the previous Pasadena Unified School District board meeting it conflict for someone like me who's an avid supporter. It's a sugges-

Board member Renatta Cooper chose to issue a statement, rather than participate in the discussion. Cooper was concerned that the board would proceed without honoring Robinson's request.

"What the rush is, I'm not really clear. It is your prerogative to ignore my argument based on my experience with PUSD and the American young men come into meetings pending expulsions A presentation was given to the board by John Zamora, PUSD di- wearing bracelets which indicate they are on probation for their inrector of child welfare, in support of expanding School Resource Of-volvement in activities that when I was in school they would not be

By the end of the meeting Lizardo motioned to table the proposal be completed, which was seconded by board member Scott Phelps. "We've talked about building relationships early on in the middle The board then voted in favor of tabling the proposal until further



SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024 (626) 355-3463 Head of School: Ann M. Gillick E-mail address: agillick@alverno-hs.org

Arcadia High School 180 Campus Drive Arcadia, CA 91007 Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy 41 W. Santa Clara St. Arcadia, Ca,

(626) 294-0661 Principal: Phil Clarke E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007 (626) 446-5588 Head of School: Joanne Testa Cross Kindergarten - 8th grade website: www.barnhartschool.com

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-3527 Principal: James Lugenbuehl E-mail address: jml@bcslions.org

Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414 626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-2410 Head of School: Patty Patano website: www.goodenschool.org

LaSalle High School 3880 E. Sierra Madre Blvd. Pasadena, Ca. (626) 351-8951 Principal: Patrick Bonacci

website: www.lasallehs.org **Monrovia High School** 325 East Huntington Drive, Monrovia, CA 91016 (626) 471-2000, email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School 2600 Paloma St. Pasadena, Ca. 91107 (626) 798-0759 Principal: Dr. Vanessa Watkins E-mail address: watkins12@pusd.us

Odyssey Charter School 725 W. Altadena Dr. Altadena, Ca. 91001

(626) 229-0993 Head of School: Lauren O'Neill website: www.odysseycharterschool.org Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca. (626) 798-8901 Principal: Dr. Derick Evans website: www.pasadenahigh.org

Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109 (626) 795-6981 website: www.pusd@pusd.us

St. Rita Catholic School 322 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-9028 Principal: Joanne Harabedian website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024 (626) 355-1428 Principal: Gayle Bluemel E-mail address:gbluemel220@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024 (626) 836-2947 Principal: Gayle Bluemel Contact person: Garrett Newsom, Asst. Principal E-mail address: gbluemel220@pusd.us

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107 (626) 797-0204 Lisa Feldman: Head of School

Wilson Middle School

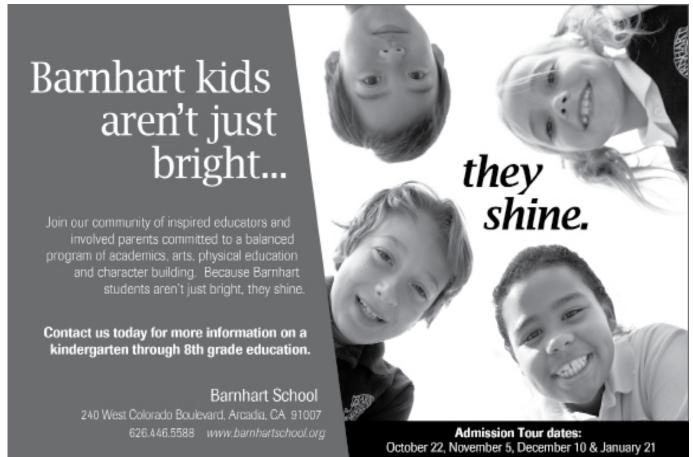
300 S. Madre St. Pasadena, Ca. 91107 (626) 449-7390 Principal: Ruth Esseln E-mail address: resseln@pusd.us

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MountainViews-Observer

Mission Statement The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources.



Integrity will be our

guide.

Wall Street Crisis: The Role of the **Federal Reserve** By Hail Hamilton

One of the problems with the financial world is that the average American does not understand it. Take for example the popular

wisdom about the Wall Street crisis. According to this view: No cog in the federal government's machine of financial regulation let down the country by failing to prevent the latest—and largest—shakeout on Wall Street; the entire system did. In short, most people think the current financial meltdown is the culmination of 28 years of deregulation and lack of oversight. Although true, this view misses an important point.

Nowhere in the avalanche of bad news is the Federal Reserve called to account. Blaming the entire system or the Republicans or the Democrats or lax regulation conveniently ignores the Fed's role in creating excess liquidity out of thin air trillions of paper dollars backed by nothing in particular. Without the flood of cheap cash the Fed ginned up, credit would have retained a higher cost and been less available. When banks are awash in cheap paper, they seek to lend it. If there is so much paper that all the credit worthy borrowers have drunk their fill, then banks begin turning over rocks to expose the sub-prime and sub-prime borrowers.

Debt instruments have always been a source of interest revenue, but if the creation of these instruments is based on loans that have little chance of repayment, failure is inevitable in the long run. At this point, the holders of the paper look to the entity that "guarantees" the debt. In the end, it is the "full faith and credit" of the US government to whom they turn. Of course, that government has plenty of "faith," but their "credit" is insufficient to make good the tsunami of bad paper and worthless debt obligations that are coming due.

What to do about the issue of the Fed's illegitimate and self-destructive role in the debasement of our currency? There truly is nothing much that can be done to stem the tide of default. Certainly printing up even more "money" to bail out the hapless banks and shareholders, as the Bush administration proposes, will only exacerbate the problem and further debase the already anemic US dollar. And what is enough---\$700 billion—\$1 trillion—or MORE? Neither of the anointed candidates seems to have a clue as to the severity of the crisis, let alone any sort of real plan of action. At this point, the US economy is truly a lurching zombie, mindlessly stumbling from one disaster to another.

The future is not rosy. We look to history to get a peek at the future, and it does not look good. Think depression, or perhaps hyperinflation, or maybe massive deflation, or even stagflation. Without true leadership that faces the problem and pulls the country together to survive the debacle, it will even get worse. But, hey, this is all too depressing. Let's concern ourselves instead with abortion rights, gun control or the phony "war on terror." Let's blow whatever capital we have left on brainless wars of occupation, military weaponry and desperate "bail-outs" of doomed banking entities. Better still, let's ignore the whole mess and hope for the best. Sounds like a plan to



Their Children

"How could Sarah Palin possibly take on the duties of the Vice President of the United States with 5 children to care for. She obviously hasn't done a snap job as one of

Rich Johnson them is even pregnant out of wed-lock. The shame of it all."

Have you heard that one? I have. Does that register on the sexism meter? I mean, Robert Kennedy had 10 children and one on the way when he was a candidate for president, a considerably tougher job than veep. Yet, I don't remember any mention of him abandoning the supervision of that healthy size clan to Ethel.

Well, you know me. I am going to dig deep in my trivia library and count the number of children other presidents have ignored when taking on the duties and obligations of president. Let's charge right in.

George Washington had no children of his own, but he did have 2 stepchildren when he married the Widow Martha Custis. John Adams had 5 children, so he has met the Palin threshold. If it was okay for him to have 5 children and be president, is it sexist to think Palin should stay home with ĥer 5 children? You tell me.

Tom Jefferson had 11 children, 5 of them maybe, with Sally Hemmings. That hits the Bobby Kennedy quotient of 11. Hmmm.

Madison had 1 and Monroe had 3. Manageable. Quincy Adams had 4 and Andrew Jackson had one. Van Buren had 4. Harrison had 10 and Tyler had 15 children. 15. Wow! I guess there was no television in those households. Polk kept it to one and Taylor had 6. Fillmore had 2 and Pierce had

Buchanan had 0. We should check to see whether his presidency was the best run administration. Lincoln had 4 kids. Johnson had 5 and Grant had 4. Haves had 6 and Garfield had 7. Arthur had 2 and Cleveland had 6. Harrison had 3 and McKinley had 2.

Moving into the twentieth century, Teddy Roosevelt fathered 6 and Taft had 3 swinging in the backyard of the White House. Wilson had 3 and Harding had 2. Coolidge and Hoover had parity, having 2 each, and FDR had 6. All that and the Depression too, not to mention a minor World War. Truman had 1, Eisenhower had 2. Kennedy had 2 as did LBJ. Nixon had 2 and Ford had 4. That makes sense as the Fords slept in the same bed ,or so I have heard.

Carter had 4, as did Reagan. Bush Sr. had 6 and Clinton had 1 (well, that we know of). And George Bush had 2 twin daughters.

So let's tally. We had 42 presidents (remember Cleveland was president twice) and we count 156 children. So the average number of children per president was 3.71 which does put Palin on the high side of the average. However, 19 presidents (more than half) have had more than 4 children. Oh, and I forgot, Ms. Palin is running for Vice President.

I just can't help but think how the Democrats would have responded to the Republicans challenging a Democrat female Vice Presidential candidate on how she could run for office with 5 children? The outrage would be on the front page of everywhere. Then again, that's just my opinion. I could be wrong.

LOOKING FOR OUR PAPER?

(Partial Listing)

Websters Pharmacy

The Coffee Gallery

Sheriff's Department

Chamber of Commerce

Faschings Car Wash

Post Office

Post Office

Post Office

Libraries

Trader Joe's

Post Offices

City Hall Rotunda

Fresco's Newstand

Metro Gold Line

Senior Center

Albertson's

Bottle Shop

Ralph's

Happy's Highlander

City Hall

Library

Library

Presidents And

The News Before It Happens

Events race by so quickly that by the time this weekly newspaper hits the stands my week-old articles seem like they are talking about ancient history. For this reason, combined with the fact that I now have a poster proclaiming HOPE hanging in my window, plus the fact that I have just obtained new glasses which allow me to see into the future, it is now possible for me to give you the news before it happens.

Stuart Tolchin On...LIFE

OBAMA RUNAWAY VICTORY IN NATIONAL ELECTION

Barak Obama is the overwhelming choice of All Americans as is demonstrated by his landslide victory on November 4, 2008. Rather than go out of existence the Republican Party has stated that, in the future, the GOP candidate will be selected through a series of American Idol elimination programs. Republican Party spokespeople explain that in this manner a candidate can be selected who will be popular with the American Public and by competing in several programs the candidate will have demonstrated the toughness necessary to rule the nation. The only qualification for selection is that the winning candidate be willing to say whatever he or she is told to say with no requirement of comprehension.. Citing their success with winning candidates like Ronald Regan, Dan Quayle, and George W. Bush, a high placed spokesman said off the record, "It's always better that way. When we have a candidate like Nixon, who actually wants to understand things, he wants to run things and look at all the trouble that caused. Give me incurious, arrogant indifference every time."

COLLEGE TUITION FREE

In the future college tuition will be free to all attending students who shall agree to participate in specific work programs during summer and vacation programs, which will be rotated throughout the year. A substantial part of these academic curricula will focus on participation in these programs and grades and recommendations will be based on the actual utility of these projects.

INTERNAL REVENUE SYSTEM ABOLISHED

Recognizing that the present tax system based on income places as an unconscionable burden upon almost all but the very rich, it was announced that all income tax is abolished. In its place there shall be a 30% sales tax collected by all sellers. It is hoped that such a tax, based upon consumption, shall close all tax loopholes to actually tax the wealthy, and provide incentives designed to encourage saving.

FAST FOOD RESTAURANTS TO BE ELIMINATED

Recognizing that Fast Food restaurants invariably provide high caloric, nutrition-less starchy foods, all fast food restaurants are hereby abolished. An additional reason for the closures is that "Fast Food Restaurants" have been recognized as the root of all evil in that they cause the breakdown of the family as adolescents need not go home to be fed. It is hoped that families will now get together at mealtimes and actually get to know one another.

RESTRUCTURING OF EDUCATION CURRICULA

Recognizing that the present educational system is misguided in its attempt to teach through an archaic and ineffective reading and passive lecture system, it was announced today that a new hands-on learning system will be established. Restless teenagers will no longer be forced to sit indoors; but instead, a new system of learning through doing will be utilized. Students will design, build, create and learn much the way apprentices learned in earlier times.

Okay, there it is the hoped for news of the future. One great benefit has already been realized. I did not explode trying to describe the present plight of our beloved country.

Live well and prosper.

Very Short Comment From The Editor

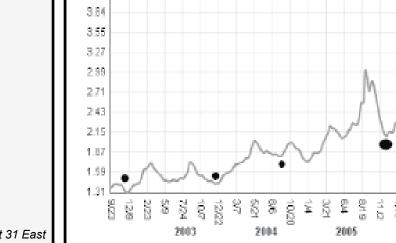
Election Coming Up? Watch Gas Prices Go Down!

Did you ever notice how every year for at least the last six years (and maybe before - but the chart only goes back to 2002), that in late September gas prices start to go down until after the election? I'm not kidding. Just look at the chart below.

The black dots indicate the period between September and December. This is not coincidental. Just after we complete our summer travel with prices through the roof, the cost of petro goes down so we will forget about the other 10 months of the year while we cast our votes. I say that for the 2012 Presidential Elections, that we serve notice on every candidate that if the price of gasoline goes up and down in order to manipulate voters, we will get rid of all of them. By the way, notice how much gas has increased overall since 2002. Absolutely shameful. S. Henderson/MVO







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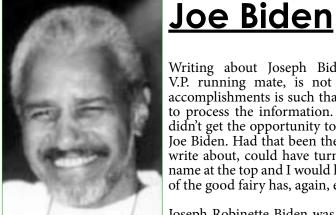
Pasadena

THE BALLOT BOX

MountainViews-Observer Friday, September 26, 2008

Vice Presidential Choices: Biden or Palin?

His Killhild Our-Delp



Ralph McKnight

Writing about Joseph Biden, Barack Obama's choice for V.P. running mate, is not an easy chore. His long list of accomplishments is such that the mind is boggled when trying to process the information. I am sorry, in some sense, that I didn't get the opportunity to write about Sarah Palin instead of Joe Biden. Had that been the case I would have had nothing to write about, could have turned in a blank sheet with only her name at the top and I would have been done. But, alas, the touch of the good fairy has, again, eluded me.

Joseph Robinette Biden was born November 20, 1942. He was born to Joseph Robinette Sr. and Catherine Eugenia Finnegan in Scranton Pennsylvania. Joseph Biden Jr. was the first of four siblings. Joe Biden Jr. earned his B.A. form the University of

Delaware in Newark and his Juris Doctor from Syracuse University School of Law. Biden subsequently went on to defeat a republican incumbent for the U.S. Senate on November 7, 1972. Biden is now the longest serving Senator in Delaware history. These successes were dashed in importance by the tragic loss of his wife and daughter to an automobile accident that occurred just a few weeks after the election. Biden later married Jill Tracy Jacobs who later became a teacher in Delaware. Biden later suffered a brain aneurysm from which he recovered following an operation and recuperative hospitalization.

During his tenure Joe Biden has cast hundreds of votes on an array of issues some of which include abortion, The Budget and the Economy, Civil Rights, Corporations, Crime, Drugs, Education, Energy and Oil, The Environment, Families and Children, Foreign Policies, Free Trade, Government Reform and on and on. His deep and passionate involvement in these issues could, by many standards, qualify him as an expert in much of the legislation he engaged. His knowledge of issues was achieved through hard work, research, conviction and dedication to his legislative responsibilities. Unlike his opponent who thinks, in a sort of primordial fashion, that one need only view another country from a distance to qualify as versant in foreign relations. A sort of "The earth is flat" disposition that prevails among a number of other thorned vagaries of the cognitive dissonance the Republican Party suffers as regards Sarah Palin.

A very brief history of Joe Biden's positions will reveal that he voted yes on expanding research to more embryonic stem cell lines, voted yes on \$100M to reduce teen pregnancy by education & contraceptives, voted yes on prohibiting job discrimination by sexual orientation, voted yes on repealing tax subsidies for companies which move U.S. Jobs offshore, Authored the Clinton Crime Bill & 100,000 cops on the street, opposes teacher led prayer in public schools, favors more federal funding for health coverage, opposes privatization of Social Security, **opposes** Free Trade, **wants** the U.S. out of Iraq,

Biden is also a long-time member and current chairman of the U.S. Senate Committee on Foreign Relations. In 1997, he became the ranking minority member and chaired the committee from June 2001 through 2003. When Democrats re-assumed control of the Senate following the 2006 elections Biden again assumed the top spot on the committee in 2007. Biden is a long-time member of the U.S. Senate Committee on The Judiciary, which he chaired from 1987 until 1995 and on which he served as ranking minority member from 1981 until 1987 and again from 1995 until 1997. In this capacity, he dealt with issues related to drug policy, crime prevention, and civil liberties.

Joe Biden is the most remarkable and capable V.P. candidate in this country's history and was, in his selection, Barack Obama's most important decision. Unlike his opponent Joe Biden is imminently qualified and prepared to lead this country and give significant counsel to his president if asked.



BALLOT MEASURES MADE EASY Free Forums Oct. 2 and Oct. 18

If the array of initiatives on the November ballot make your eyes glaze over, two free public forums sponsored by the League of Women Voters Pasadena Area can help.

Ballot Measures Made Easy will be presented Thursday, Oct. 2, from 9:30 a.m. to 2:30 p.m., with lunch at 1 p.m., at the Women's City Club, 160 N. Oakland Ave., Pasadena.

In an effort to reach younger voters and underrepresented community members, a second forum will be on Saturday, Oct. 18, 9:30 a.m. to 12:30 p.m., at the Jackie Robinson Center, 1020 N. Fair Oaks Ave., Pasadena. Free, light snacks will be served.

Lunch on Oct. 2, is \$20, including tax, tip and parking. Snacks on Oct. 18 are free. Further information and luncheon reservations are available by calling 626-798-0965.

LWVPA is a nonpartisan political organization that encourages informed and active participation in government. It works to increase understanding of major public policy issues and influence public policy through education and advocacy.

REMEMBER TO REGISTER TO VOTE:

Your registration must be postmarked by October 20, 2008 You can also register online. Go to: www.ss.ca.gov

The Case For Palin

The selection of Alaska Governor Sarah Palin as McCain's running mate is not an insignificant political decision where tokenism and cynical electoral calculation are of little threat. It's about selecting a person who is qualified to serve as President should the principal candidate not survive his (or her) term in office. That's not to say that political calculation hasn't significantly influenced veep selections, but historically those choices have inflicted on us disappointing (at best) and disastrous (at worst) successor presidents. No, this is an important decision, and John McCain has chosen well!



Gregory J. Welborn

 $The primary pseudo-analytical \, reason for \, questioning \, Palin's \, selection \, is \, her \, in experience.$ What a laugh that is. Governor Palin could not have stated the contrast better when

she explained that the role of Governor was essentially that of a community activist, but with actual responsibility. If "inexperience" disqualifies Governor Palin, then still wet-behind-the-ears Senator Obama should move Biden to the head of the ticket and simply apologize for wasting our time thus far in the campaign by focusing the attention on himself.

Mayor/Governor Palin has managed, in the true leadership sense of that word, the third largest state in our union, which is essential to both our energy independence and our defense (yes! Adventurous Russia's proximity does matter!), and she has done so by successfully taking on the corrupt and insulated community of her own party in Alaska. She didn't just talk a good game – that may have gotten her elected – she had to walk that talk when lots of career politicians were throwing more than darts at her backside. She earned her accolades as an experienced leader with good political instincts and the tenacity to stick to her principles. She is an agent of change. Contrast that with Senator Obama who couldn't even distance himself from the most toxic members of Chicago's corrupt political culture.

The second reason for questioning Palin's selection is actually the more important to those who oppose her and should be more appalling to the average voter in this country. Simply put, Sarah Palin isn't one of the elites who think they have the right to run this country, doesn't pretend to be one of them, and

doesn't want to be one of them. I recently received a chain e-mail from a liberal friend of mine (who hasn't figured out yet that I'm conservative) asking who would I rather hire. It chronicles Obama's and Biden's journey through the elite colleges, and of course law schools, implying great accomplishment by virtue of their very presence there, and then contrasts those with McCain's relatively low rank at the U.S. Naval Academy and Sarah Palin's multiple stops at seemingly no-name colleges.

The problem here is that I don't think graduating from an Ivy League institution or practicing law breeds leadership competence as much as it does arrogant condescension. I'll take the common sense wisdom which comes from hard work in the farms and on the main streets of Middle America over the foolishness which comes from the pompous posturing in the salons of Harvard, Yale or other points east. Give me the Milwaukie housewife Golda Meir or the store-owner's daughter Margaret Thatcher over the super-educated Hilary Clinton. They accomplished real things for their countries. Give me the common-man Harry Truman, who resisted the Russian communists, over the aristocratic Franklin Roosevelt, who was snookered by them at Yalta. Give me the sportscaster Ronald Reagan over the nuclear scientist Jimmy Carter in order to actually confront and defeat the Soviet Union, their generation's purveyor of evil in the world. Education is fine, but it doesn't guarantee competence or character. I'll take the latter two in a leader any day of the week.

Governor Sarah Palin is quite frankly one of the most refreshing and honest political leaders to come along in quite some time. She is accomplished in her own right, and she is a committed agent of change. She walks the talk. But the strongest reason for supporting her is the measure she possesses of that all-too-rare quality, wisdom. Degrees, recollection of mountains of data points and self assurance in front of a camera do not give one wisdom. Wisdom is the ability to understand human nature, see the world as it is, not as you want it to be, discern what action needs to be taken and communicate that vision to a nation and its public servants so as to actually accomplish positive and significant change. These are the qualities which years as a mayor, a governor, a wife and mother, and a member of the common class in this great country have instilled in Sarah Palin. They are the reasons that I support her candidacy for the Vice Presidency and, just possibly, for her ascension to the Presidency.

Gregory J. Welborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at gwelborn@mvobserver.com.

Other Vice Presidential Candidates:

American Independent Party: Keyes/Drale
Wiley S. Drake - is a California-based pastor who first attracted national attention in the 1990s for protesting Disneyland's first "Gay Day" and for protesting a 2 Live Crew concert as obscene. He also tangled with Buena Park city officials over sheltering the homeless on his church's property. Rev. Drake is also a radio announcer. He was vice president of the national Southern Baptist Convention in 2006. In 2008, former diplomat Alan Keyes, after mounting unsuccessful campaigns for the nominations of the Republican Party and Constitution Party, formed a new third party, called America's Independent Party. In July 2008, the party met in Sacramento, California and selected Rev. Drake as his vice presidential nominee. Source: Wikipedia

Green Party: McKinney/Clemente

Rosa Clémente is a community organizer, journalist and Hip-Hop activist. Born and raised in the South Bronx she is a graduate of the University of Albany and Cornell University. A much sought after commentator, political activist, community organize and independent reporter, Rosa has been delivering workshops, presentations and commentary for over ten years. Rosa's academic work has been dedicated to researching national liberation struggles inside the United States, with a specific focus on the Young Lords Party and the Black Liberation Army. While a student at SUNY Albany, she was President of the Albany State University Black Alliance (ASUBA) and Director of Multicultural Affairs for the Student Association. At Cornell she was a founding member of La Voz Boriken, a social/political organization dedicated to supporting Puerto Rican political prisoners and the independence of Puerto Rico. She is the running mate of Presidential Candidate Cynthia McKinney. Source: www.gp.org

Libertarian Party: Barr/RootWayne Allyn Root is the 2008 Libertarian Party Vice Presidential nominee. He is one half of the high-profile Presidential ticket of BARR/ROOT. Wayne is telegenic, dynamic, charismatic, enthusiastic, fiery, passionate, opinionated, and OUTSPOKEN in his Libertarian beliefs for limited government, lower taxes, dramatically reduced spending and more freedom for the American people.

Wayne is proud of his Las Vegas, Nevada roots. Nevada is a state known for independence, self-reliance, personal responsibility, rugged individualism, more freedom for the individual, smaller government, and anti-tax fervor. Nevada has no state income taxes, no business income taxes, no inheritance taxes and property taxes that are limited by law. Wayne believes the biggest (and best) difference between Las Vegas and D.C. is that in Vegas, the people gamble with their own money- as opposed to Washington D.C. where the politicians

gamble with the taxpayers' money.
_Wayne's resume is a throwback to our Founding Fathers. He is the quintessential "ANTI-Politician." Source: http://www.rootforamerica.com

Peace & Freedom Party: Nader/Gonzalez

Matt Gonzalez was born in McAllen, Texas in 1965. He received a BA degree from Columbia College, Columbia University, 1987, and a JD from Stanford Law School in 1990. He worked as a deputy public defender in San Francisco from 1991-2000. In 2000 he was elected to the 11-member San Francisco Board of Supervisors, which supervises a city with a budget of \$6 billion.

He is best known for having led the effort to implement Instant Run-off Voting, also known as Rank Choice Voting, in San Francisco, where it has been successfully implemented to obtain a majority outcome without the need for costly run-off elections. (It is often promoted In 2003 Gonzalez was elected president of the San as a solution to the "spoiler" claim.) Francisco Board of Supervisors. This was particularly noteworthy as he was the sole Green Party member. Since leaving office, Gonzalez has been practicing law in San Francisco focused mostly on defending civil rights. Source: www.votenader.org

Legal Notices

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1720111

The following person(s) is (are) doing business as: NONNA PINA BAKERY. 505 N. FIGUEROA ST. #623, L.A.. is (are) ALESSANDRA MAZZEO, 505 N. FIGUEROA ST. #623, L.A., CA 90012. This Business is conducted AN INDIVIDUAL. Signed: ALESSANDRA MAZZEO. This statement was filed with the County Clerk of Los Angeles County on 09/24/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1711730 The following person(s) is (are) doing business as: UTM INVESTMENTS. 1874 S. PACIFIC COAST HWY. #372 REDONDO BEACH, CA 90277. Full name of registrant(s) is (are) JESSICA L. WALKER, JUSTIN P. CILEO, 120-B PALOS VERDES BLVD., REDÓNDO BEACH, CA 90277. This Business is conducted by: CO-PARTNERS. Signed: JESSICA WALKER. This statement was filed with the County Clerk of Los Angeles County on 09/23/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk, Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

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FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1694877

The following person(s) is (are) doing business as: ALBERT J. HARRIS TRUCKING, 13423 CURTIS & KING RD., NORWALK, CA 90650. Full name of registrant(s) is (are) ALBERT J. HARRIS, 13423 CURTIS & KING RD., NORWALK, CA 90650. This Business is conducted by: AN INDIVIDUAL. Signed: ALBERT **J. HARRIS.** This statement was filed with the County Clerk of Los Angeles County on 09/19/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name

Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008 FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1701918 The following person(s) is (are) doing business as: CASTRO'S FASHION 13963 ALONDRA ST., SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) ANTHONY CASTRO, 2535 COLE PL., HUNTINGTON PARK, CA 90255. This Business is conducted by: AN INDIVIDUAL. Signed: ANTHONY CASTRO. This statement was filed with the County Clerk of Los Angeles County on 09/22/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1695147 The following person(s) doing business as: 1. DISTRICT 8
BOUTIQUE 2. DISTRICT 8, 4240 ATLANTIC AVE., LONG BÉACH, CA 90807. Full name of registrant(s) is (are) F.T.H.C ENTERTAINMENT L.L.C., 3242 N. PARK LANE, LONG BEACH, CA 90807. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: FELIX BABAUTA / OWNER. This statement was filed with the County Clerk of Los Angeles County on 09/19/08. The registrant(s) has (have) commenced to transact business under

listed above on SEPT. 19, 2008. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

the fictitious business name or names

Professions Code) Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME

STATEMENT File No. 08-1694136 The following person(s) is (are) doing business as: JC KITCHENS,

1346 MAIN AVE., BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) CHRISTIAN M. EGURVIDE. 3960 HORNBROOK AVE., BALDWIN PARK, CA 91706. This Business is conducted by: AN INDIVIDUAL. Signed: CHRISTAN M. EGURVIDE. This statement was filed with the County Clerk of Los Angeles County on 09/19/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME File No. 08-1703918

The following person(s) is (are) doing business as: **LZ MOTORS CO.**, 612 N. LINCOLN AVE. #C, MONTEREY PARK, CA 91755. Full name of registrant(s) is (are) WEITAO LI, 612 N. LINCOLN AVE. #C, MONTEREY PARK, CA 91755. This Business is conducted by: AN INDIVIDUAL.
Signed: WEITAO LI. This statement was filed with the County Clerk of Los Angeles County on 09/22/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME File No. 08-1693982

The following person(s) is (are) doing business as: **NICEDAY INN**, 8463 GARVEY AVE., ROSEMEAD, CA 91770. Full name of registrant(s) is (are) VINCENT TONG, PI-O JAN, 3853 É. COLORADO BL., PASADENA, CA 91107. This Business is conducted by: CO-PARTNERS. Signed: VINCENT **TONG.** This statement was filed with the County Clerk of Los Angeles County on 09/19/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name

Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1703826 The following person(s) is (are) doing business as: **NUVO SIGNS**, 354 S. LEMON AVE., WALNUT, CA 91789. Full name of registrant(s) is (are) 5 DIAMOND PROMOTIONS, LLC., 354 S. LEMON AVE., WALŃUT, CÁ 91789. This Business is conducted by: **A LIMITED LIABILITY** COMPANY. Signed: U. AWAN/ **CEO.** This statement was filed with the County Clerk of Los Angeles County on 09/22/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on SEPT 22, 08. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1694540 The following person(s) is (are) doing business as: **T&S MAINTENANCE**, 21321 E. VENTON ST., COVINA, CA 91724. Full name of registrant(s) is (are) TOMAS RODDA, SONIA RODDA, 21321 E. VENTON ST., COVINA, CA 91724. This Business is conducted by: HUSBAND and WIFE. Signed: TOMAS RODDA. This statement was filed with the County Clerk of Los Angeles County on 09/19/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/29, 10/06, 10/13, 10/20/2008 FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1633745

The following person(s) is (are) doing business as: **CLASSIC EVENTS**, 1004 WEST COVINA PKWY. STE. 232, WEST COVINA, CA 91790. Full name of registrant(s) is (are) SIXTO NAVARRETE, JR., 2413 LEAFDALE EL MONTE, CA 91732. This Business is conducted by: AN INDIVIDUAL. Signed: SIXTO NAVARRETE JR. This statement was filed with the County Clerk of Los Angeles County on 09/10/08. The registrant(s) has (have) commenced transact business under the fictitious business name or names

listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer 09/15, 09/22, 10/06/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1632311

The following person(s) is (are) doing business as: COASTAL FINANCIAL, 761 E. GREEN ST. STE. 10, PASADENA, CA 91101. Full name

of registrant(s) is (are) S.N.S. INC., 761 E. GREEN ST., PASADENA, CA 91101. This Business is conducted by: A CORPORATION. Signed: L.H. / CEO. This statement was filed with the County Clerk of Los Angeles County on 09/10/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names

listed above on 5/24/2002. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer 09/15, 09/22, 09/29, 10/06/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1624369 The following person(s) is (are) doing business as: **HEAT PHYSICAL THERAPY**, 838 CYPRESS AVE. #9, HERMOSA BEACH, CA 90254 Full name of registrant(s) is (are) HEATHER PETERSEN, 838 CYPRESS AVE. #9, HERMOSA BEACH, CA 90254. This Business is conducted by: AN INDIVIDUAL. **Signed: HEATHER PETERSEN.** This statement was filed with the County Clerk of Los Angeles County on 09/09/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: MountainViews-Observer

09/15, 09/22, 09/29, 10/06/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1633930

The following person(s) is (are) doing business as: 1. LONG BEACH **PLUMBING and HEATING 2. LONG** BEACH PLUMBING, HEATING and AIR CONDITIONING 3. CERRITOS 4. CERRI and HEATING **PLUMBING** CERRITOS PLUMBING HEATING CONDITIONING ARTESIA PLUMBING 7. ARTESIA PLUMBING and HEATING 8. ARTESIAPLUMBING HEATING and AIR CONDITIONING 9. WHITTIER PLUMBING 10. WHITTIER 10. WHITTIER and HEATING 11. WHITTIER PLUMBING HEATING and AIR CONDITIONING 12. LA HABRA PLUMBING 13. LA HABRA PLUMBING and HEATING SERVICES 14. LA HABRA PLUMBING and HEATING 15. LA HABRA PLUMBING HEATING and AIR CONDITIONING 13212 EDWARDS RD., LA MIRADA, CA 90638. Full name of registrant(s) is (are) BELLFLOWER PLUMBING and HEATING, INC., 13212 EDWARDS RD., LA MIRADA, CA 90638 This Business is conducted **CORPORATION** Signed: RODOLFO PERALES / PRES. This statement was filed with the County Clerk of Los Angeles County on 09/10/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/ 10/06/2008 09/15, 09/22,

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1640417

The following person(s) is (are) doing business as: P and S CLOTHING LOGO PRINTING, 1302 4th AVE., L.A., CA 90019. Full name of registrant(s) is (are) PLACIDO PONČE, SABIŃAALVILLAR, 1406 6th AVE., L.A., CA 90019. This Business is conducted by: HUSBAND and WIFE. Signed: PLACIDO PONCE. This statement was filed with the County Clerk of Los Angeles County on 09/11/08. The registrant(s) has commenced ` business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: MountainViews-Observer 09/15, 09/22. 10/06/2008

FICTITIOUS BUSINESS NAME **STATEMENT**

File No. 08-1639774 The following person(s) is (are) doing business as: **SQUARE ONE GROUP,** 10119 JERSEY AVE., SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) ANTHONY MICHAEL ROMO, 10119 JERSEY AVE., SANTA FE SPRINGS, CA 90670. This Business is conducted by: AN INDIVIDUAL. Signed: ANTHONY ROMO. This statement was filed with the County Clerk of Los Angeles County on 09/11/08. The registrant(s) has (have) commenced transact business under the fictitious business name or names

listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Publish: MountainViews-Observer Pub. 09/15, 09/22, 09/29, 10/06/2008

FICTITIOUS BUSINESS NAME **STATEMENT**

File No. 08-1639902

The following person(s) is (are) doing business as: 1. SUNLIGHT INVESTMENTS 2. SUNLIGHT ESTATES, 760 W. REDONDO ESTATES, 760 W. REDONDU BEACH BLVD., GARDENA, CA 90247. Full name of registrant(s) is (are) DARWOOD CHUNG, SUSAN CHÚNG, 800 W. 1st ST. #805, L.A., CA 90012. This Business is conducted by: HUSBAND and WIFE. Signed: **DARWOOD CHUNG.** This statement was filed with the County Clerk of Los Angeles County on 09/11/08. The registrant(s) has (have) commenced transact business under the fictitious business name or names listed above on JANUARY 6, 2003. **NOTICE-** This Fictitious Name Statement expires five years from NOTICEthe date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: MountainViews-Observer

09/15, 09/22, 10/06/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1632579

The following person(s) VIDEÓ doing business as: VIDEO SURVEILLANCE 4 LESS, 1171 S. ROBERTSON BLVD. #290, L.A., CA 90035. Full name of registrant(s) is (are) STEPHANE BENHAMOU, 1214 BEDFORD ST. #3, L.A., CA 90035. This Business is conducted by: AN INDIVIDUAL. Signed: STEPHANE BENHAMOU. This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer 09/15, 09/22. 10/06/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1606352

The following person(s) is (are) doing business as: **WEST COAST CREDIT SERVICES**, 761 E. GREEN ST., STE 10, PASADENA, CA91101. Full name of registrant(s) is (are) S.N.S., INC., 761 E. GREEN ST., PASADENA, CA 91101. This Business is conducted by: A CORPORATION. Signed: NAZO HOVAKIMIAN / CEO. This statement was filed with the County Clerk of Los Angeles County on 09/05/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 5/24/2002. NOTICE- This Fictitious Name

Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/15. 09/22. 10/06/2008

FICTITIOUS BUSINESS NAME **STATEMENT**

File No. 08-1630509 The following person(s) is (are) doing business as: **WILL TRAIN U**, 5503 WOODRUFF AVE., LAKEWOOD, WOODRUFF AVE., LAKEWOOD, CA 90713. Full name of registrant(s) is (are) REGINAL GARY, 1900 E. OCEAN BLVD., LONG BEACH, CA 90802. This Business is conducted AN INDIVIDUAL. Signed: REGINAL GARY. This statement was filed with the County Clerk of Los Angeles County on 09/10/08. The registrant(s) has (have) commenced to transact business under the

fictitious business name or names listed above on 7/07 NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/15, 09/22, 10/06/2008

FICTITIOUS BUSINESS NAME

STATEMENT File No. 20080025476

The following person(s) is (are) doing business as: **STRIKE FORCE** SECURITY 16140 SATICOY ST. VAN NUYS, CA. 91406. Full name o registrant(s) is (are) DAVID WALKER & ASSOC., INC. 5678 ORCHARD PARK DR., SAN JOSE, CA. 95123 This Business is conducted by: AN INDIVIDUAL. Signed: DAVID WALKER & ASSOC., INC.. This statement was filed with the County Clerk of Los Angeles County on 08/26/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names

listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/12, 09/19, 09/26, 10/3/2008 MBP

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1550216 section 14411 et seq. Business and The following person(s) is (are) doing

business as: NELLIE'S NURSING & HOME HEALTH SERVICES, 6203 REDFORD AVE., N. HOLLYWOOD, CA 91606. Full name of registrant(s) is (are) NVARD KHATCHIKIAN. 6203 REDFORD AVE., N. HOLLYWOOD, CA 91606. This Business is conducted

by: AN INDIVIDUAL. Signed: NVARD KHATCHIKIAN. This statement was filed with the County Clerk of Los Angeles County on 08/27/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names

listed above on 9/5/03. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1551358

The following person(s) is (are) doing business as: **ADVISORY GROUP WEST**, 700 N. CENTRAL AVE. STE 570, GLENDALE, CA 91203-4235 Full name of registrant(s) is (are) OSWALD ROBERT DONALDSON, 10054 JANETTA WAY, SUNLAND, CA 91040-1371. This Business is conducted by: AN INDIVIDUAL. Signed: OSWALD ROBERT **DONALDSON.** This statement was filed with the County Clerk of Los Angeles County on 08/27/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

on AUGUST 27, 2003. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1550132

The following person(s) is (are) doing business as: **CLIX PRO**, 10½ HALSTED CIR., ALHAMBRA, CA 91801. Full name of registrant(s) is (are) WALTER ALARCON, 10½ HALSTED CIR., ALHAMBRA, CA 91801. This Business is conducted INDIVIDUAL. Signed: WALTER ALARCON. This statement was filed with the County Clerk of Los Angeles County on 08/27/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/18/2008.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008

FILE NO. 2008-1531983 STATEMENT OF ABANDONMENT FICTITIOUS OF USE OF BUSINESS NAME

The following person(s) has/have abandoned the use of the fictitious business name: LBS, 9063 IMPERIAL HWY., DOWNEY, CA 90242-2711. The fictitious business name referred to above was filed on 9/8/03, in the county of Los Angeles. The original file number of 032616734. The conducted by: AN INDIVIDUAL. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: PAUL S. UNG / OWNEŔ.

Publish: MountainViews-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008

FILE NO. 2008-1531984 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS

BUSINESS NAME The following person(s) has/have abandoned the use of the fictitious business name: L B SALES, 9063 IMPERIAL HWY, DOWNEY, CA 90242-2711 . The fictitious business name referred to above was filed on 9/8/03, in the county of Los Angeles. The original file number of 032616734. business was conducted by: **HUSBAND and WIFE.** The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: PAUL S. UNG / OWNER. Publish: MountainViews-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1579213 The following person(s) is (are) doing business as: **EVEREST SOLUTIONS**, 14111 FREEWAY DR. #315, SANTA FE SPRINGS, CA 90670, Full name of registrant(s) is (are) MINI SUDHIR, 17730 ALBURTIS AVE. #7, ARTESIA. CA 90701 This Business is conducted by: AN INDIVIDUAL. Signed: MINI SUDHIR. This statement was filed with the County Clerk of Los Angeles County on 09/02/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1596740

The following person(s) is (are) doing business as: **THE CRACK OF DAWN**, 418 N. EDINBURGH AVE., L.A., CA 90048. Full name of registrant(s) is (are) ALAN TRAYNOR, BOYDE ÉVENS 418 N. EDINBURGH AVE., L.A., CA 90048. This Business is conducted by: CO-PARTNERS. Signed: ALAN TRAYNOR. This statement was filed County on 09/04/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1588932

The following person(s) is (are) doing business as: **LIZIS FASHION**, 6917 PACIFIC BLVD., HUNTINGTON PARK, CA 90255. Full name of registrant(s) is (are) LLIZEETH ANDRADE, 1365 W. 152nd ST., COMPTON, CA 90220. This Business is conducted by: AN INDIVIDUAL. Signed: LLIZEETH ANDRADE. This statement was filed with the County Clerk of Los Angeles County on 09/03/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME

STATEMENT File No. 08-1541258

The following person(s) is (are) doing business as: THE SMOKING ASTERIX, 230 N. MARKET ST. #109, INGLEWOOD, CA 90301. Full name of registrant(s) is (are) LAON K. CHU, 508 S. ORANGE ÁVE. #B, MONTEREY PARK, CA 91755. This Business is conducted by: AN INDIVIDUAL. Signed: LOÁN K. CHU. This statement was filed with the County Clerk of Los Angeles County on 08/26/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 08-1588823 The following person(s) is (are) doing business as: ANGELS HAIR DESIGN, 12252 S. PARAMOUNT BLVD., DOWNEY, CA 90242. Full name of registrant(s) is (are) SHAUN RAMOS, 5762 WESTERN AVE., BUENA PARK, CA 90621. This Business is conducted by: AN INDIVIDUAL. Signed: SHAUN **RAMOS.** This statement was filed with the County Clerk of Los Angeles County on 09/03/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1533445

The following person(s) is (are) doing business as: **PACIFIC COAST** FREIGHT SERVICE, FOSTORIA ST., BELL GARDENS, CA 90201. Full name of registrant(s) (are) ANGEL TORRES, FOSTORIA ST., BELL GARDENS, CA 90201. This Business is conducted AN INDIVIDUAL. Signed: ANGEL TORRES. This statement was filed with the County Clerk of Los Angeles County on 08/25/08. The

registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another

(See section 14411 et seq. Business and Professions Code) Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

under Federal, State, or common law

FICTITIOUS BUSINESS NAME STATEMENT File No. 08-1589384

The following person(s) is (are) doing business as: COSMETICOS y PRODUCTOS NATURALES JARDIN DEL EDEN, 600 S. ALVARADO ST. STE. 101 A4, L.A., CA 90057. Full name of registrant(s) is (are) MATILDE ESTELA VALLE, 153 36th ST. APT. A, L.A., CA 90011 This Business is conducted by: AN INDIVIDUAL. Signed: MATILDE ESTELA VALLE. This statement was filed with the County Clerk of Los Angeles County on 09/03/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. Anew Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

with the County Clerk of Los Angeles MountainViews-Observer 280 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.2737 Fax: 626.609.3285 Email: editor@mvobserver.com Website: www.mvobserver.com

Legal Notices (continued)

FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is (are) doing business as: 1. RIDERS OF THE PURPLE SAGE PUBLISHING
2. CODY BRYANT MUSIC 3.
WINDSOR MUSIC ARCHIVES
PUBLISHING 4. CODY BRYANT
PUBLISHING 5. WAGONWHEEL
DECORDS RECORDS 6. WINDSOR RECORDS, 10061 RIVERSIDE DR. #731, TOLUCA LAKE, CA 91602. Full name of registrant(s) is (are) JEFFREY RUFF, 10061 RIVERSIDE DR. #731, TOLUCA LAKE, CA 91602. This Business is conducted by: AN INDIVIDUAL. Signed: JEFFREY RUFF. This statement was filed with the County Clerk of Los Angeles County on 08/29/08. The registrant(s) has (have) commenced to transact business under the fictitious

business name or names listed above on JAN. 15, 2005.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FILE NO. 2008-1541257 STATEMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) has/have abandoned the use of the fictitious business name: THE SMOKING ASTERIX, 230 N. MARKET ST. #109, INGLEWOOD, CA 90301 to above was filed on 07/01/08. in the county of Los Angeles. The original file number of 20081170663. The business was conducted by: A GENERAL PARTNERSHIP. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: LOAN K. CHU**

Publish: MountainViews-Observer Pub. 09/08, 09/15, 09/22, 09/29/2008

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2008-1541724

The following person(s) is (are) doing business as: STRÌKE FORCÉ SECURITY SERVICES 16140 SATICOY ST., VAN NUYS, CA. 91406. Full name of registrant(s) is (are) CRESTLINE MEDIA CORP 92 WEST LAUREL AVE. SIERRA MADRE, CA. 91024 . This Business is conducted by: A CORPORATION. Signed: NORA BETH CREST This statement was filed with the County Clerk of Los Angeles County on 08/18/08. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on AUGUST 26, 2008. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views-Observer Pub. 09/01, 09/08, 09/15, 09/22/2008 MBP

TABLE FOR TWO

By Peter Dills

TT's Seafood

Over the past few weeks we have patronized some of the more expensive neighborhood establishments and I am feeling like Arnold Schwarzenegger balancing a budget. Can you spare a buck, Brother? You just may recognize my voice next time I call? Necessity calls, as I am offered

no alternative but to return home to my roots - I am coming home, Ma. I am returning to the mom and pop restaurant, where mercifully, you only need to spend a single hour's labor for a lunch. Yes, they are still out there, lurking on street corners, back alleys and strip malls, all of which I await to discover. Guess what? I found one that is pretty good, and just

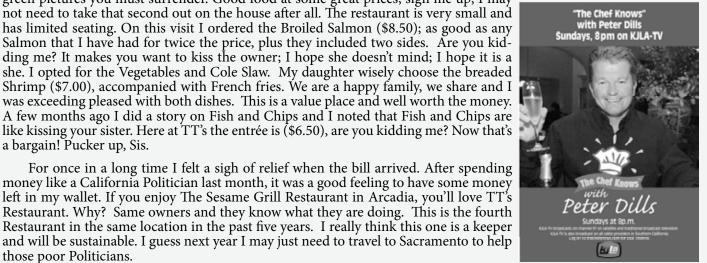
It is located in a strip mall directly across the street from PCC. TT's Seafood is its name and saving you some money

is definitely their game. Well, not all of it because let's face it, who cares if you save some money if the meal is a nightmare. For the price of the meals here, which are absurdly economical, the food is superior and far surpasses those few green pictures you must surrender. Good food at some great prices, sign me up; I may not need to take that second out on the house after all. The restaurant is very small and has limited seating. On this visit I ordered the Broiled Salmon (\$8.50); as good as any Salmon that I have had for twice the price, plus they included two sides. Are you kidding me? It makes you want to kiss the owner; I hope she doesn't mind; I hope it is a she. I opted for the Vegetables and Cole Slaw. My daughter wisely choose the breaded Shrimp (\$7.00), accompanied with French fries. We are a happy family, we share and I was exceeding pleased with both dishes. This is a value place and well worth the money.

For once in a long time I felt a sigh of relief when the bill arrived. After spending money like a California Politician last month, it was a good feeling to have some money left in my wallet. If you enjoy The Sesame Grill Restaurant in Arcadia, you'll love TT's Restaurant. Why? Same owners and they know what they are doing. This is the fourth Restaurant in the same location in the past five years. I really think this one is a keeper and will be sustainable. I guess next year I may just need to travel to Sacramento to help those poor Politicians.

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CARL STRUYCKEN: Leaning Towards the Paleolithic

By Christopher Nyerges

Nyerges is the author of "How to Survive Anywhere," editor of Wilderness Way magazine, and a proponent of self-reliance in the wilderness and urban environments. He can be contacted at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com]

Carel Struycken has long been interested in the principles in Permaculture not only as it relates to growing fruits and vegetables but also in the perspective he takes on most human activities.

Struycken, who has lived in Pasadena for the past 25 years, is an actor who played Lurch in the Addam's Family, as well as roles in Star Trek, Men in Black, Witches of Eastwick, and others. He was born in Holland, and grew up in Curacao in the Caribbean, and moved back to Holland at age 15. We meet on the eve of move to Catalina

Island, to discuss his efforts at home food production

permaculture. He shows me the Bible of Permaculture, Bill Mollison's "Permaculture: Designers Manual" which details a way in which we can grow food and live with the land in accord with nature's principles. ("Permaculture" is a coined term meaning "permanent agriculture.")

"The whole idea of permaculture is to put in as little work as possible, and allow nature to find its balance," says Strucken, who produced all the

vegetables for a family of 5 for many years using these principles.

"I'm also a big fan of Fukuoka, author of 'The One Straw Revolution.' If I had the time, I'd love to go to Japan and work on his natural farm, and work there and learn about his methods," says Struycken.

Both Mollison and Fukuoka are advocates of natural farming, which means planting what is appropriate for the area, tilling as little as possible, letting all the leaves and old plants serve as fertilizer for the new plants, and using natural methods for bug control.

Using permaculture methods, Struycken grew lots of Asian greens, mostly those members of the mustard family that had the highest nutritional value. He grew herbs, tomatoes, yard-long beans, and 14 fruit trees.

His yard is terraced with cement rubble, pieces of old cement walkways that have been neatly stacked to form impressive and long-lasting wall's using a material that is normally discarded. He also experimented with raised beds because the soil in his garden area was so bad.

The smaller the plot, the harder it is to practice permaculture methods. Still, Struycken never raked up and discarded leaves. Under his avocado tree, he allowed the leaves to accumulate into a thick layer of mulch. "The layer of avocado leaves is well over a foot thick, and when you look into the bottom of the pile, it is all naturally producing rich soil," he explains.

All the kitchen scraps are recycled in many compost heaps, and he worked at cultivating the earthworms that naturally occurred in his yard so that they would do the tilling that farmer's ordi-

He purchased ladybugs years ago since they eat the "bad" insects, and he found that the ladybugs like the fennel plants. So the secret to keeping ladybugs around is to grow fennel, explained

Permaculture does not involve raking away leaves or garden scraps, but using them for the

next generation of fertilizer. Although Struycken has tried to produce all of his needed fertilizer from his own back yard, he has found the need to occasionally bring in chicken and horse manure for his crops. "I stopped using the horse manure, though," he says, "since I found that it produced too many weeds."

a bargain! Pucker up, Sis.

"I was always amazed that I never had to do anything to my lettuce, and it was always perfect. The ecosystem took care of itself," explained Struycken. He said that though there were many spiders and bugs in the garden, whatever bugs that ate his lettuce got eaten by some other bug. This is one of the basic principles of permaculture - that nature, largely left alone, will find its own

Struycken, who has been in the movie business for about

30 years, wants do a series to of documentaries where he shows sustainable communities throughout the world so that the principles can be preserved for others to learn

from. The Amish are the most successful sustainable farmers and they are using early 18th Century technologies," he says with a smile.

pauses to explain the difference between paleolithic and neolithic in order to make a point.

"Humanoids have been around for at least a million years," he explains, "and modern humans have been here maybe 500,000 years. The paleolithics were the hunter/gatherers, and the neolithics were those who were settled in one place and who began agriculture," says Struycken.

When we settled, we had to make the effort to force ourselves into the new mindset, but our true nature is paleolithic," Struycken explains. He then shares a few comparisons to make his point.

The paleolithics lived in the here and now, they were more primitive by our standards, but they controlled their populations, had fewer taboos and laws, had less possessions, and managed to live on what the forest provided. He cites the Bushmen of the Kalahari as an example.

"Now, when you had agricultural and cowraising people who lived adjacent to the primitive people, the Bushmen would rarely die of hunger, though the agricultural people would die of hunger. This is because the agricultural people learned to rely on, and expect, much more. When cattle died, due to drought, for example, the agricultural people suffered far more than the Bushmen. The farmers also had to work a lot harder, usually 7 days a week, whereas hunter/gatherers worked maybe 3 days a week."

Struycken cites the Bushmen and many others to illustrate that one of our "problems" is that we are so advanced that we have lost our primal paleolithic nature. Today, systems for gardening, farming, commerce, building, etc., are all essentially neolithic and therefore unsustainable into the future, according to Struycken.

In this sense, Struycken believes that the details of our very survival can be gleaned by looking to the past at the details of sustainable societies. Struycken is optimistic, idealistic, and believes that the solution to our problems is to properly understand the living principles of (so-called) primitive peoples.







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What you should know about online scams

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One of the most popular ways by which thieves steal personal information is potential victims that appears to come deposit money into it. from a legitimate business, such as a bank or software company. The message asks • The scammer offers to send you copies of Social Security numbers, bank account information or other personal data under a false pretense. This pretense is often a moneymaking opportunity, but it might also be a seemingly routine request to verify personal information. The scammer's e-mail may even include a link to a legitimate-looking Web site to capture this information.

According to the Federal Trade Commission, an estimated 9 million

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As many as 9 million Americans have their identities stolen each year, according to the Federal Trade Commission.

SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

Sierra Madre Woman's club is again offering protection against the flu with a two-day flu clinic Saturday and Sunday, October 4-5, 9 a.m. to noon in Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd. in Sierra Madre.

This year's vaccine formula is significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions. To make an appointment or for more information, please call (626) 355-8586.

Walk-ins are welcome. Phyllis Chapman (626) 355-3928 Martha Spriggs, Chair (626) 355-8586



Looking Up With Bob Eklund

SOLAR WIND AT 50-YEAR LOW Data from the Ulysses spacecraft, a joint NASA/ sunspots. European Space Agency mission, show that the sun spots at all has reduced its output of solar wind to the lowest levels since accurate readings became available. The visually at the

sun's current state could reduce the natural shielding that envelops our solar system.

The sun's million-mile-per-hour solar wind inflates a protective bubble, or heliosphere, around the solar system. It influences how things work here on Earth and even out at the boundary of our solar system where it meets the galaxy," said Dave McComas, Ulysses' solar wind instrument principal investigator and senior executive director at the Southwest Research Institute in San Antonio, Texas. "Ulysses data indicate the solar wind's global pressure is the lowest we have seen since the beginning of the space

The solar-wind plasma is a stream of charged particles ejected from the sun's upper atmosphere. The solar wind interacts with every planet in our solar system. It also defines the border between our the "Little Ice Age." solar system and interstellar space.

This border, called the heliopause, is a bubble-shaped Small gaps between leaves boundary surrounding our solar system where the Project perfect images solar wind's strength is no longer great enough to push back the wind of other stars. It marks the outer limit of the heliosphere, acting as a shield for our solar system and warding off a significant portion of the cosmic rays outside the galaxy.

"Galactic cosmic rays carry with them radiation from other parts of our galaxy," says Ed Smith, NASA's Ulysses project scientist at JPL. "With the solar wind at an all-time low, there is an excellent chance the heliosphere will diminish in size and strength. If that occurs, more galactic cosmic rays will make it into the inner part of our solar system."

"The sun cycles between periods of great activity and lesser activity," Smith adds. "Right now, we are in a period of minimal activity that has stretched on longer than anyone anticipated."

MEANWHILE, THE MOUNT WILSON OBSERVATORY is reporting an unusual lack of



150-foot solar tower from July 19 to September 22, when a very small sunspot group finally showed up. The new spot-group has a magnetic polarity opposite to that of the spots seen previously, indicating that a new -year activity cycle has begun.

Sunspots—dark areas on the sun that are cooler than the rest of the solar surface and contain intense magnetic fields—have been observed ever since Galileo first looked at them with a telescope in 1611. Spots continued to be noted by 17th-century astronomers until 1645, after which practically no spots were seen until normal solar activity finally returned in 1715. This 70-year period is known as the "Maunder Minimum," and it coincides with a period of reduced temperatures on Earth known as

Of a quiet sun.

"ALIEN VOLCANOES" is the title of a free public lecture being presented by the Mount Wilson Observatory Association at the Altadena Public Library, 600 E. Mariposa St. in Altadena, this Sunday, September 28, at 2:30 p.m. Dr. Rosaly Lopes, a principal scientist at JPL, will speak on volcanism as observed in various parts of the Solar System, especially on Jupiter's moon Io. All are welcome, and refreshments will be served before the talk beginning at 2:00 p.m.

If you'd like to learn more, you can contact Bob at b.eklund@mvobserver.com

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From the Inside Out: Lightening Your Liver's Load

By Mary Carney

To Live: (verb) To be alive, to maintain oneself, to The liver winds up storing be located or stored; to pass through or spend the duration of; to be absorbed by or involved with.

Liver: (noun) from live. One who lives. The liver, our central processor of fats, the central body filterer of all blood, the storage location of glycogen (sugars) that are converted into certain kinds of energies when required; a determiner of an individual's temper, grayish reddish-brown color.

To Live: to engage in living with zest and enthusiasm, or maybe to just "get by" energetically. Some of us think we "live" with our hearts - considered by some to be the storage place of the spirit. Yet sometimes our zest for living, our spirit, just doesn't have any "oomph", and we'd prefer to hide under the covers and make the world go away.

That "gotta hibernate" feeling may be because our liver is "out of sorts". Since the liver is also considered, by some, to be the "Seat of Self", the center of our 'Self Identity" and even the "General of the Army", an out-of-balance liver can indeed result in us feeling really "down"!

When I look at liver health from an energetic point of view, I begin by knowing I'm one of those energetically designed to be "self-directed", and who gets impacted by others who just have to tell me what to do. It's a life lesson for me to learn how to keep gracefully on track when my nearest and dearest decides that I (we) need to do my project "his" way .. So, when I'm feeling out of sorts, I check to see how much resentment and anger have I built up from not figuring out yet how to do things the way I "know" they need to be done.

But that's not the only source of liver imbalance. One of the biggest is overdoing something in our diets. We all know the pancreas and sugar have a relationship, and when things are long-term out of balance we can develop diabetes.
Well, one of the liver's special tasks is dealing with

fats. Specifically, it produces bile, which is stored in the gall bladder, which gets added to digestive process as foods move from the stomach towards the small intestine through the duodenum. In that short 6" tunnel, the bile begins breaking up the fats and oils from globules into tiny particles for future conversion into glycogen for storage in the liver.

So, what happens if there's more fat than bile? she offers is an excellent place to start.

fats, as well as glycogen, in its storage areas. This extra burden of fat slows down the liver's ability to do its

iob. When there's a "fatty liver", things really begin getting out of whack. The slower the liver goes, the more fat gets deposited into the liver until it "can't move", which is called cirrhosis. Too much cirrhosis and boom - a dead liver, which means we don't live much longer, either.

Me? While I never did much dairy, I've very much enjoyed cheeses - especially fresh baked Philadelphia Cream Cheesecake, mmm. Since arriving in California 26 years ago, I began using butter because I worked for an environmental nutritionist who was adamantly against all forms of hydrogenated fats and oils. Of course I also used olive oil, as well as other healthy oils. But since last winter, after some blood tests showed some unsettling liver enzyme levels, and then when I found out I was allergic to both gluten and bovine dairy, my consumption of all dairy, as well as gluten grains, chocolate and sugars pretty much dropped off the charts. I know our livers can regenerate, rebuild and repair themselves, almost faster than any other organ in the body. All we have to do is nutritionally support them to do

Since I eliminated most of the fats and glutens, I thought I'd share that most of my aches and pains are totally gone, and, during the recent "sister" gettogether to honor my one sister's "big" birthday, we went zip-lining, rock wall climbing, and finished up with playing some Wii exercise games. I'm happy to report that according to Wii, I'm only 37 years old ... to go from being the "matriarch" (ugh!) to the youngest is pretty great! I keep telling you, it's all a ob from the inside out.

So, let's hope your blood tests all come back showing your liver enzyme levels totally balanced, if they're "out of whack", it may be time to look at a liver cleansing diet. One of my favorites is The Liver Cleansing Diet, by Sandra Cabot, M.D., website www.liverdoctor.com. If you're willing to dedicate a couple months to supporting your liver in regaining its ability to take care of you, the detailed information

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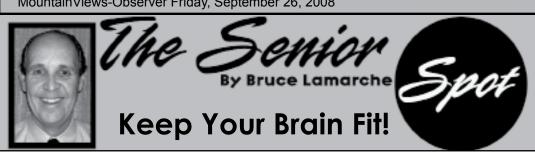


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The Good Life



swims laps at the fitness club three times a problems may have a protective effect. week and studies a foreign language online in But it might take more than that. the comfort of his own home. Charles has a Dr. Lawrence Katz, Professor daily ritual of reading the morning paper as ology at Duke University Medical School, and well as favorite books and magazines. He also co-author of the book, Keep Your Brain Alive, works out in his small home gym.

by physical fitness. Good blood circulation is of these 'neurobics' include: needed for brain function!

Most of us are aware that good health teeth, comb your hair, or get dressed. practices can make a difference in our general health and longevity. Research over the years down. has shown that eating right, maintaining appropriate weight, exercising regularly, and useful phrases. avoiding tobacco can enhance our physical fitness. Spending time with family and friends, pending on a written one. reducing stress, and seeing the doctor regularly, also add to one's sense of well-being.

Did you know that your exercise routine been before. Explore. If you have not been to can also boost your brain health?

Researchers at the University of Illinois last few years, go! found a significant relationship between physical activity and maintenance of brain function Community College. For \$30, or so, you can as we age. One finding was that persons over stimulate your brain on something that you've age 65 were less likely to develop Alzheimer's always been curious about. times a week. The same researchers found bet- sities. Check out Cal-Tech for some very inter performance on cognitive tests and higher teresting topics. levels of cerebral blood flow in those over-62year-olds who exercised or continued work- healthy. ing as compared to less active retirees. The maximized and actually enhanced.

Mental exercises?

the brain going strong. Some studies suggest verizon.net.

Maria walks two miles every day and then that mental exercises such as reading, crossheads off to a class at the local college. Sam word and jigsaw puzzles, and solving numbers

Dr. Lawrence Katz, Professor of Neurobithinks we should really challenge the brain by What do all these seniors have in common? doing exercises called 'neurobics'. Because we They're concerned about maintaining have a tendency to do things the same way, their mental capabilities and keeping their some brain pathways are under-used, but if we brain circuitry in good working order. At the use one or more senses differently, or do a rousame time, they're maintaining their physi- tine activity in an out-of-the-ordinary way, we cal health. Mental health is directly affected promote new connections in the brain. Some

Use your nondominant hand to brush your

Read a paragraph of the newspaper upside

Learn another language, or at least some

Memorize your grocery list instead of de-

Drive a different route to work or the mall. Take a short trip to somewhere you've never

a museum or the Huntington Library in the Check out a non-credit course at your

disease if they exercised up to 30 minutes three Attend free lecture series at various univer-

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SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

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This year's vaccine formula is significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick in.

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions.

To make an appointment or for more information, please call (626) 355-8586. Walk-ins are welcome.

Phyllis Chapman, Publicity (626) 355-3928

Martha Spriggs, Chair (626) 355-8586

BIRD'S EYE VIEW



Visa: More Than A Credit Card

By Pat Birdsall

My cat Visa is a flame-point Siamese mix that I rescued along with a few others-- many of them feral-- from an area in Temple City that I can only describe as an armpit. Cats were discarded as readily as the trash—Visa was so tiny and so sick that she didn't have the energy to run from me. I was able to scoop her up and put her in a cat carrier. Now what do I do with her? It was 7:30 PM and my veterinarian's office was closed. The only option I had, I thought, was to take her to a local emergency pet clinic. She had tests, medication, and spent the night. The next morning I picked her up at the crack of dawn... okay, so it was 7:00 AM. The receptionist told me the amount I owed for the care and feeding of this tiny ball of white fluff-- Holy smoke! I didn't have enough cash, nor would Donald Trump, quite frankly, so I had to whip out a credit card. It was my VISA card... hence, her name.

That was in November of 2000, fast forward to today... I had noticed that Visa was acting strangely, which for a cat can sometimes be the norm. She kept trying to hide and then I noticed that she was drooling and pawing at her mouth. Not good. It was lunchtime and I knew the vet would be closed until 2:00 PM. Plenty of time to change my clothes and get her into a carrier. What on earth was I thinking? I had the sense to know not to make ANY noise, let her see, or even guess that the cat carrier was within a five mile radius of our house. Then, I committed a major faux pas. She was under my bed, so I closed the bedroom door. I never close the bedroom door-- what in the hell was I thinking? I must have moved my bed back and forth, forth and back 10 times...of course she always eluded "capture." I finally decided to be blasé...I took a shower, dressed and put on my face, acting like 'catching' her was the last thing on my mind. It worked! She entered the bathroom; I closed the door, picked her up and hung on to her for dear life until I got her into the carrier. Voila! So much for the shower-- I was in urgent need of deodorant reapplication. (I think they need to bring back the Five Day Deodorant Pads, at least I would have been covered for a few more days.) Next, I had to scrape Visa's short white fur from my lips and the rest of my face. If it was closer to Christmas I could have rented myself out as a rather effeminate Santa Claus. But I digress... "The trip to the Vet" (Next week)

SENIOR HAPPENINGS...

FYI:

Recognizing a Stroke (A reminder from Joan Spears)

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke... totally. Now doctors say a bystander can recognize a stroke by asking three simple questions that begin with the first 3 letters of the word STROKE. S - Ask the individual to SMILE. T - Ask the person to TALK and SPEAK A SIMPLE SEN-TENCE (coherently). R - Ask him or her to RAISE BOTH ARMS. If he or she has trouble with ANY ONE of these tasks call 911 immediately. Another 'sign' of a stroke is this: Ask the person to stick out his tongue. If the tongue is 'crooked,' if it goes to one side or the other, that is also an indication of a stroke.

~Helpful Hints~

Use vertical strokes when washing rindows outside and horizontal for inside windows. This way you can tell which side has the streaks.



Happy Birthday Edwina Garcia, Yvonne Osti and Helen Blanchard

Recipe Month: the

Spicy Chicken Pasta- One Pot Dinner for One

½ cup penne rigate (ridged) or other short pasta 1 boneless, skinless chicken breast half, cut into 1-inch chunks

1 plum tomato, seeded and diced 2 Tbs tomato paste

2 garlic cloves, minced 1 Tbs extra-virgin olive oil

1/4 tsp red-pepper flakes 3 cups baby spinach (3 ounces)

1 Tbs fresh lemon juice 1- In a large pot of boiling salted water, cook penne until al dente, adding chicken during last 2 minutes of

cooking. Reserve ¼ cup pasta water. Drain pasta and chicken; return to pot. 2- To pot, add tomato, tomato paste, garlic, red pepper flakes and spinach; season with salt. Cook over

medium, tossing, until spinach is barely wilted, about 1 minute. Remove pot from heat; stir in lemon juice and enough pasta water to create thin sauce that coats pasta. Season with salt if necessary, and serve immediately. Everyday Food

For Your Funny Bone

Hospital regulations require a wheelchair for patients being discharged. However, while working as a student nurse, I found an elderly gentleman already dressed and sitting on the bed with a suitcase at his feet—who insisted he didn't need my help to leave the hospital. After a chat about rules being rules, he reluctantly let me wheel him to the elevator. On the way down, I asked if his wife was meeting him. "I don't know," he said. "She's still upstairs in the bathroom changing out of her hospital gown."

Here's one way of making sure a sales promotion won't bankrupt your business. A sign in a local barber shop read "We offer senior-citizen discounts. Must be at least 80 years old and accompanied by a parent."

"It wasn't the Exxon Valdez captain's driving that caused the Alaskan oil spill. It was yours." - Greenpeace ad, NY Times, 1990

Quote:

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors

Monday: Free Strength Training Class with volunteer Lisa Brandley 1:00- 1:45 PM
Tuesday: Bingo: 1:30-3:30 PM .25c per

Yoga- 5:30 PM- 7:00PM Instructor Andrea Walsh- \$6.50 for seniors (50 and over.) Call 355-5278 for more information

Wednesday: 1st & 3rd Wednesdays-Community Lunch & Learn Program
Thursday: Game Day- 1:00- 3:30 PM
Poker, UNO, Scrabble, Cribbage, Chess, Checkers, Backgammon, Pinochle...you name it.

Yoga- 5:00 PM- 6:30PM \$6.50 for seniors (50 and over) Call 355-5278 for more information

Friday: Ping-Pong- 1:30 PM
Saturday: Senior Club for those 55 and older- Brown bag lunch at 11:30 AM. Meeting at Noon- Bingo at 12:30 PM -Only .25c per card



Can you donate one hour of your time per month? Local volunteer drivers are desperately needed for the Sierra Madre Meals-on-Wheels program. Please call Darlene Traxler at 626.355.6220. You can make a difference in someone's life.

Monthly Excursions:

*For reservations and further information call Susan Clifton at (626) 355-7394 or stop by and see her at the Hart Memorial Park House-9:00 AM-2:00 PM

September 20- Fillmore Train Trip- (10:00 AM-5:00 PM.) Take the bus from the Sierra Madre Senior Center to Fillmore and catch the train to Santa Paula. A 3-course meal will be served in one of the vintage dining cars. Enjoy a one and a half-hour layover to see the interesting sights. \$49.00 per person. For more information and reservations call (626)

October 16- Save the Date- 8:00 AM- 6:00 PM-Excursion to Julian to celebrate the apple season.

Details to follow. Fall Swim Pass- The Sierra Madre Pool is open

as of September 2nd for lap swimmers and water walkers. For more information call 355-5278. Free Blood Pressure Clinic- Second Tuesday

of each month 11:00 AM- Noon. No appointment necessary

Free Homeowners & Renters Assistance **<u>Program - Don Brunner</u>** Don Brunner is volunteering again this year from 1:00 PM- 2:00 PM every Wednesday from July 2nd to October 15th by appointment only. If you are 62 or older or disabled and have income less than \$41,000 you may be eligible for money back from the Sate of California. For reservations and more

information call (626) 355-7394.

NEW Program- Financial Consulting
Joohee Lee, MBA, an Arcadia resident, is a financial service professional with New York Life Insurance Company in Pasadena. She will assist you with repositioning your assets to maximize income, and return benefits your heirs. She will be volunteering on the 3rd Tuesday of each month at the Hart Memorial Park House from 10:00AM- Noon. Call (626) 355-7394 for an appointment.

Meals-On-Wheels:

Meals are delivered to homebound seniors through the YWCA Intervale lunch program M-F with frozen meals for the weekend. \$2.00 suggested donation per day Call Susan Garcia at (626) 858-8382

MountainViews-Observer Friday, September26, 2008

One Of A Kind:
Featuring unique homes & gardens and the people who create them

By Chris Bertrand

Hidden away in Sierra Madre: One spectacular garden, two homes

Marie Springer has poured her heart and soul into the garden at their Sierra Madre home. Last year, I did an article about the garden itself, which rose from dirt and weeds about seven years ago when Springer took on gardening as a new habit, passion and

She learned to first to improve the soil then she planted many of the fruit trees from the seeds of fruits her family deemed the most delicious, both familiar and exotic. She haunted the aisles of Home Depot regularly, availing herself of the expertise of the certified specialists at the Monrovia store, applying it fervently to create this serene haven, hidden from the street.

Beautiful golden gates open to a long driveway, leading to both homes, yet neither is visible from the street. Winding pathways lead around and through the 18,000 square feet of cool shaded landscape to a meditation area, the orchard, the pool, an arbor, RV parking and, yes, a chicken coop. Even the driveway is stamped with Springer's plant design.

Now the owners have decided to retire to Marie Springer's native Costa Rica, and hope they'll find a buyer who will treasure the garden as much as they do. The family remodeled and expanded the original 1946 home in 2005 to accommodate two separate

The single level, main home offers 1960 square foot with four bedrooms and two baths, a magnificent full wall fireplace in the living room and a formal dining room.

The second, newer 1500 square foot home includes two second floor bedrooms and a full bath. You'll find high end stainless steel appliances, Brazilian hardwood flooring, slab granite, travertine and gorgeous wrought iron work in the home. A two car garage is attached to the newer home.

Both homes open to the beautiful secluded pool, surrounded by more of Springer's garden inspiration and perspiration. Each home still retains a more private area for each family screened by trees. Pride of ownership is clear as you see Springer carefully tending her landscape nearly every morning.

380 N. Lima Street in Sierra Madre is offered by Margarita Villanueva of The Western Group. For more information, contact the agent at 909-935-7961 or at Margarita.Realtor@ yahoo.com.



Chris Bertrand



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79 W. Orange Grove, Sierra Madre...\$1,349,000

Stunning Spanish-Style Home on a peaceful and spacious lot set well back from the street. 4 BDR, 3BTH, living room with 18' ceilings, dining room w/french doors that open out onto a beautiful patio with pool and spa, wine cellar, gourmet kitchen whigh end appliances that connects to a large wood detailed family room wfireplace and built-ins. This home offers 3,512 sq. ft on a 17,772 sq. ft. lot, beautifully landscaped perfect for entertaining. Careful attention to detail completes this home. Shown by appointment only.

Call Bevin at (626) 808-7403...visit www.79orangegrove.com









Residential Brokerage Arcadia Regional Office 15 E. Foothill Blvd. Arcadia



432 Patterson Ave., Monrovia \$1,499,000 Beautiful 5br, 4.5ba, 4,450 sq. ft. home built in 2004. Features study loft, family rm. cathedral ceilings, crown molding, lots of balconies, sal water pool & spa, outdoor kitchen w/bar & Pergola, Lot 11,504 sq. ft.

Marti Moore

Open Sunday 626-255-8537 24







leasant tree-lined street and feat a newer kitchen, newer baths & A/CA. Mstr bdr & kitchen open to a wood deck which overlooks rear yard w/fruit trees. Most of the home has dwd firs in excellent condition. Marsha Fields 626-821-1276

situated to accommodate RV parking Marsha Fields 626-821-1276

626-705-0605





Brand new PUD features Travertine & porcelain tile floors, bright and airy living room wifol leading to the yrd. Gournet kitchen w/custom oak cabinets, stainless steel appliances, laundry room, breakfast area, huge master bdrw/walk-in doset.

Minoy Lee 626-574-2396

Open Sunday 24



Open Houses 9/27 & 9/28

Open Saturday & Sunday 12-4pm 480 N Catalina Ave., \$387,500 Pasadena

Open Sunday 1-4pm 1828 Cogswell Rd., \$599,000 El Monte 540 Valmont Dr. Monrovia \$659,000 602 N Willowbrook Circle, Monrovia \$799,950

Open Sunday 2-4pm 1122 W Huntington Dr #9, \$295,000 Arcadia 1827 S 10th Ave., \$585,000 Monrovia 1829 S 10th Ave. Monrovia \$790,000 432 Patterson Ave. Monrovia \$1,499,000 535 Cliff Dr. \$940,000 4124 Claudia Ave. \$510,000 Rosemead



Sports & More

NFL Stadium For Los Angeles?



Proposed LA Stadium for NFL – Hundreds of business leaders and politicos turned out for an NFL Stadium Mixer at Pacific Palms Resort in Industry Wednesday night. Sierra Madre Chamber Board members Elizabeth Booth and Bill Coburn were on hand as John Semcken, vice president of Majestic Realty Co. and lead on the stadium project, teamed with Reon Roski, managing director of Majestic Realty Co., to make a 45-minute presentation on why LA should get behind the project, the brainchild of Ed Roski, Jr., CEO of Majestic

Realty Co. According to Semcken, the "green" design of the stadium will cost nearly a billion dollars less than the Dallas Cowboys recently completed stadium, and the privately financed project is centrally located in an area that offers the NFL 15 million potential customers. will feature a 75,000 seat stadium with 175 suites, 1.5 million sq. ft. of office buildings and more than 800,000 sq. ft. of retail, a 5,000 seat live theater, a satellite NFL Hall of Fame, and 25,000 parking spaces. Semcken reported

that they anticipate having all building approvals by the end of the year, and hope to have an NFL team in place (playing in a temporary location such as the Rose Bowl or Coliseum) shortly thereafter. The project, expected to be completed in 2012, is expected to nearly 600-acre project site generate nearly 12,000 jobs during construction, and more than 6,700 jobs on a continuing basis. According to Semcken, one Super Bowl alone could benefit the area to the tune of \$300 million dollars in just one week.

B. Coburn/MVO





900 Valley View Ave #6 Pasadena, CA 91707 626.510.6151

Corner of N. Michillinda Ave. Parking in rear

- Niko and Friends Café is owned by Paul and Cristina, local Sierra Madre
- We buy our products from local companies when possible
- We encourage you to bring your family and your well behaved dogs to our dog friendly patio!
- & All Credit Cards Accepted!

Activities and Events at Niko & Friend's Café:

Sunday afternoons, Live Music with Dan Roten, from 1 to 4 pm Friday, October 10th, Scrapbooking Night, from 6 to midnight, \$30 includes equipment

usage, dinner, snacks and drinks. Reserve your spot today! Send an email with your name, phone number and credit card number to NikoandFriendsCafe@live.com or phone us at

oming So on: open mic night - inquire within or email us NikoandFriends Cafe@live.com



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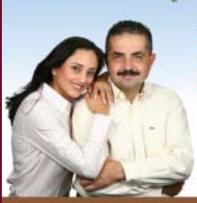
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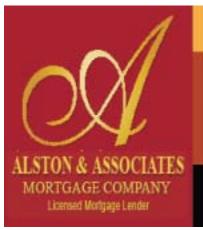
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