

# City Holds Mud Flow Info Meeting: New Campaign, Ready, Set, Go

## Department of Public Works Warns Vehicles Will Be Towed During High Danger Alerts

Photo and Story By Dean Lee

With rain in the weekend forecast, the next in a series of meetings aimed at mud flow preparedness was held Thursday night with city officials once again stressing the importance of homeowners knowing what to do in case of an emergency.

The focus of the meeting, with about 20 residents, was a new flag warning program, 'Ready Set, Go'. City Manager Elaine Aguilar explained that a series of three flags will be flown at five locations throughout the city including the fire station and Mary's Market. The flags will indicate the level of alert, green, yellow and red, with red being the most severe. "We're looking at the recommendation from the county," she said. "And also looking at what the weather forecasts are. The combination of those two factors will help us determine when two put red, green, and yellow flags out."

### New Flag Warning System

Red means evacuate, yellow means "pack your belongings, and move vehicles off the street. A Green flag means, "be ready" said Aguilar. "Know what to take with you and where you will go. Be aware of the weather reports." She also said that a green flag would only be flown when a moderate potential for rain was forecasted.

"This weekend we wouldn't have done it," she said. "Because the predictions are for only a quarter inch of rain."

Aguilar also said they could not force anyone to evacuate but warned that anyone making a decision to stay was on their own. "People can decide to stay they just need to be prepared to be self sufficient for seven days and need to be safe," she said explaining another broader plan, Ready for 7.



Public works Director, Bruce Inman explains the new plan.

Director of Public Works Bruce Inman again explained that City Works has 12 employees and could not help residents that choose

to stay. During any evacuation the city will set up evacuation centers. Pets are not allowed although the Pasadena Humane Society would be on hand.

If heavy rains do occur Aguilar said, "Those who stay will be buried in mud, it will be their responsibility to dig out afterwards."

### Barricade Placement

Also discussed was the placement of barricades throughout the canyon area included putting a 12 foot wall across the entire Stonehouse property. Another smaller structure will also be placed at One Carter, Aguilar said. Both will be rail and timber structures.

Aguilar added that the structures were necessary because of the high rate of possible mud and debris discharge. Stonehouse alone has a debris potential of 25,000 cubic yards. One Crater could produce 7,900 cubic yards.

"It just so happens that at both One Carter and Stonehouse, because it's wide open property, there is a place to construct temporary structures to contain the debris flow on the property," she said also explaining that in places like along Skyline Drive there are no places to put barricades.

Severe rains could produce almost 67,000 cubic yards of debris, Inman said, discharging from 10 different locations throughout the canyon area. Aguilar said the storms in May produced only 10 percent of the total potential.

She also strongly urged residents to visit the city's website cityofsierramadre.com and register under "AccessSierraMadre" then "CommunicationLink" to receive the latest updates by email. The site also has a list of other resources including the County mudflow forecasts Inman said.

# New Garden Dedicated at Sierra Madre Library

Photos By Bill Coburn



Donors, benefactors and library supporters gathered on October 2<sup>nd</sup> to dedicate new garden space remodeled over the past months through dedications of major patrons including California Recycling Fund, The City of Sierra Madre, Gary Beggs, Jerry Pearson and Rotary Club of Sierra Madre, with many other sponsors and supporters.

The library space is now an inviting garden the entire city can enjoy as a gathering place, shady reading location, a pleasant respite on a walk to town and beautiful location to enjoy free wifi. Off street handicapped parking was created adjacent to the garden in conjunction with the project.

A fountain created by local artist, Whalen, (left), was donated by the family of the artist from his collection. The new installation can be enjoyed both outside in the garden, and inside through the front windows. Carmen Thibault, (right) president of Rotary Club of Sierra Madre, is seen accepting a plaque in appreciation of their donations toward the project from Patricia Hall, Chair of the Library Board of Trustees.



# DNA, Faith & Joncee Troy Lenker - Part II"

By Deanne Davis

There's an old song that goes, "What a difference a day makes! Twenty-four little hours." In this case, the ongoing story of Joncee Troy Lenker, we need to sing (with great joy and gusto), "What a difference a year makes!"

When last we wrote, (September, 2007) Joncee, who was just one and a little bit, was in the clutches of Retinoblastoma and Leukemia. He and his parents, Keegan and Jayme, were trying to function in a new job, Junior & Senior High Pastors at First Church of the Nazarene in Pasadena (that's that big one that looks like a space ship with a toaster on top on Sierra Madre Blvd. right outside Sierra Madre) and living in constant fear for their baby boy, even though they had the small security of knowing that the

Retinoblastoma wasn't life-threatening at this point. But cancer is cancer and Joncee was one sick little boy.

In the September 1-7, 2007 Mountain Views-Observer article, we talked about Retinoblastoma, a cancer usually restricted to infants and, as there was a genetic link through Keegan, Joncee Troy had a 50/50 chance of eluding the disease. Unfortunately, such was not the case and Joncee started his first chemotherapy on his 21st day of life. Doctors at Kaiser Medical Center in Riverside noticed a tumor in Joncee's eye, referred him to Children's Hospital in Los Angeles and he was placed in the care of Retinoblastoma specialist, A. Linn Murphree. A sizeable tumor had already detached the retina from Joncee's eye.

Sadly, at the six month mark after chemotherapy, Joncee's eye was once again overcome with cancer cells and preparations were underway to remove the eye. Keegan and Jayme had even drawn an X in magic marker on Joncee's forehead to be sure they took the correct eye on the day of the surgery to remove it!

That's pretty much where we left Joncee, Jayme and

Keegan a year ago and, like we said, "What a difference a year makes!" As of last Monday, September 29th, Joncee's blood draws are clean and nothing new has been discovered in his eyes since being off chemotherapy for the last seven months!

Wow, you say! What happened! Well, we can only say that God happened! And He keeps on happening! Joncee has some central vision blockage in the affected eye, but he has peripheral vision there! Talk about miracles! There's a little mild hearing loss but a team of specialists is working with Joncee's eye and his vocal comprehension, tested at 18 months, showed him four months ahead of schedule. His speaking skills are about seven months behind but Joncee is catching up fast.

One of God's Joncee miracles was AML-Acute Myloid Leukemia. Doesn't sound much like a miracle, does it! But it was! The chemotherapy which was administered to Joncee to deal with AML has been documented as an additional treatment possibility for Retinoblastoma in the future.

Talk about blessings!

And Keegan and Jayme? They spend a lot of their time with families of



children who have cancer; ministering, listening, praying, caring, holding parents who weep, who are scared, and are filled with "The Feeling," which only parents of a child with cancer can understand. (cont. on page 3)



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A photograph of a horse race in progress. Several horses and jockeys are visible, racing on a track. The text "OAK TREE AT SANTA ANITA PARK" is written vertically on the left side of the image.

TIME FOR CAL CUP at SANTA ANITA

Free Cal Cup Wristwatch & Guaranteed \$500,000 Pick 4 Sunday First Race 12 noon

Two Cal Cup wristwatches are displayed. One is a silver watch with a white face and black strap. The other is a gold watch with a white face and gold strap. Both watches have "CALIFORNIA CUP" and "OAK TREE AT SANTA ANITA PARK" written on the face.

Oak Tree at Santa Anita

Special Post Time on Cal Cup Day: 12:00 noon

(626) 574-RACE

www.oaktreeracing.com

Read The Paper Online At: [www.mvobserver.com](http://www.mvobserver.com)



# Calendar & Arts

## Weather Wise



### 5-Day Forecast Sierra Madre, Ca.

**Mon:** Sunny Hi 80s Lows 60s  
**Tues:** Sunny Hi 80s Lows 60s  
**Wed:** Sunny Hi 80s Lows 60s  
**Thur:** Sunny Hi 80s Lows 60s  
**Fri:** Sunny Hi 80s Lows 60s

Forecasts courtesy of the National Weather Service

## The Harvey Hyde Show

Every Thursday 6 p.m. - 7 p.m.  
 Hard-hitting, High Impact  
 Sports talk radio  
 KSHP Las Vegas - 1400 AM  
 Live! from BURGER CONTINENTAL  
 535 South Lake Avenue Pasadena

## Author Nights

Poet and Holocaust survivor *Zahava Sweet* will read from her book of poetry, *The Return of Sound*, Saturday, October 11, at 3:00 p.m. at the Sierra Madre Public Library. Born in Poland, Ms. Sweet endured the terrors of Auschwitz during World War II. After the war she moved to Israel, and later emigrated to America; she currently lives in Monrovia, CA. Her book is a reflective meditation on her life, and the triumph of the human spirit despite unimaginable pain, tragedy and loss. Sponsored by the Friends of the Sierra Madre Library.

Mystery Author *Marja [sic] McGraw* will discuss and sign her latest books, *Bubba's Ghost* and *A Well-Kept Family Secret*, at the Sierra Madre Library on Tuesday, October 21 at 7:00 p.m. A Southern California native, Ms. McGraw worked in civil and criminal law for 15 years. She has appeared on various TV and radio shows, and is a member of and former newsletter editor for Sisters in Crime, a worldwide organization for women mystery writers. Sponsored by The Friends of the Sierra Madre Library. For further information on programs and services please visit the Library's web site at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us) or call (626) 355-7186.

### SIERRA MADRE AQUATICS CENTER

The Sierra Madre Aquatics Center will be opening for Fall 2008 for lap swim. Hours will be Monday, Wednesday, Friday, Saturday, and Sunday from 12:00 pm - 2:00 pm and Tuesday and Thursday from 6:00 pm - 8:00 pm. Lap swim season passes are available for \$100.00 and there will NOT be daily admissions. You can purchase season passes at the Community Recreation Center at 611 E. Sierra Madre Blvd. The Sierra Madre Aquatics Center needs to sell 65 passes in order to stay open for the Fall Season. For more information contact 626-355-5278.

## Adopt "Ichiro" Today




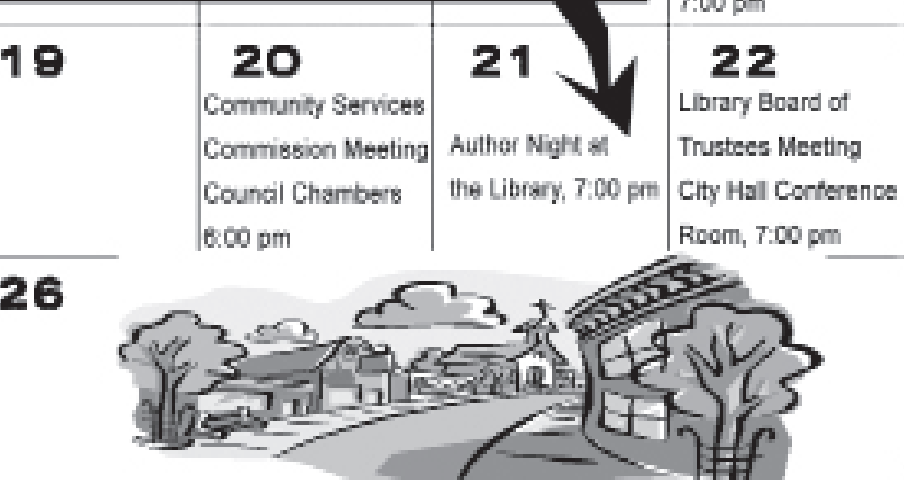


ask for A118784

An adorable little dog! Ichiro has a wonderfully spunky personality and loves to snuggle. He is used to living with another dog and gets along well with people of all ages. Ichiro has already been neutered and can go home with you today! His buddy Shinjo is also available for adoption.

The regular dog adoption fee is \$110, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Ichiro qualifies for our free Senior for Senior program in which a person over 60 can adopt a pet over 5 at no charge.

Please call 626-792-7151 and ask for A118784 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at [www.phsspc.org](http://www.phsspc.org)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>OCTOBER</h1>					<b>3</b>	<b>4</b>
					Best Used Book Sale at the Library Friday, 3-7pm, Saturday 10-2 pm	
		<b>8</b> Arts Commission Meeting, Council Chambers, 6:30 pm		<b>11</b> Poetry Reading at the Library, 3:00 pm		
		<b>15</b> Tree Advisory Commission Meeting Council Chambers 7:00 pm	<b>16</b> Third Thursday Book Club, Library, 11:00 am Planning Commission Meeting, Council Chambers, 7:00 pm	<b>18</b>		
<b>19</b>	<b>20</b> Community Services Commission Meeting Council Chambers 6:00 pm	<b>21</b> Author Night at the Library, 7:00 pm	<b>22</b> Library Board of Trustees Meeting City Hall Conference Room, 7:00 pm	<div>Halloween is on Friday the 31st! Trick-or-Treat in the Business District!</div> 		
<b>26</b>						

Halloween is on Friday  
 the 31st!

Trick-or-Treat in the  
 Business District!



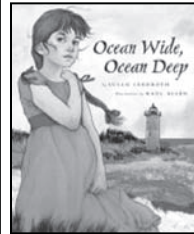
## Chili Cook Off

The Sierra Madre Chamber of Commerce will hold its annual Chili Cook-off on Thursday, Oct. 16, 2008 at the Hart Memorial Park House (Senior Center) from 6-8pm. Entry applications are now being accepted, thru Oct. 15th. Get your application by stopping by the Chamber office at 37 N. Auburn Ave. in Sierra Madre, or download it from [www.sierramadrenews.net/chilicookoff2008](http://www.sierramadrenews.net/chilicookoff2008).

All contestants must provide four quarts of homemade, ready to serve chili in a crock pot or other heating tray. Contestants must also provide a serving spoon or ladle plus condiments particular to your recipe (onions, cheese, etc.). Chili cups, spoons and napkins will be supplied. The contest is limited to twenty entries, so be sure and get your application in early. Prizes will be awarded.

All entries must be delivered to the Senior Center at 222 W. Sierra Madre Blvd no later than 5:45 p.m. on October 16th. No late entries will be accepted. Winners will be announced at 7:30 p.m. The public is invited to attend and sample the various recipes. Admission is \$10 for Chamber members, and \$15 for non-members. Contestants will receive free admission.

Sierra Madre Books presents Local Author, Susan Lendroth's release of her second children's book, *Ocean Wide, Ocean Deep!*



**Saturday, October 18 at 11 am.**  
**Sierra Madre Books 18 W. Sierra Madre Blvd.**

19th-century Cape Cod is the backdrop for this lyrical picturebook about a young girl waiting for her father to return from an ocean journey.

## Fire Prevention Festival



**Saturday, October 11, 2008**  
**11 a.m. to 2 p.m.**

Sierra Madre Fire Station  
 242 W. Sierra Madre Blvd.  
 Sierra Madre, Ca.  
 Fun For The Entire Family  
 Free Hot Dogs Balloon Maker

## DON'T THROW THAT OUT!

Lectures Explore Historic Treasures Buried in Attics and Closets of Our Homes

Tuesday, October 14, 7:30 pm

Avery Dennison Auditorium - 470 W. Walnut, Pasadena  
 Tickets & Information: 626-577-1660, ext. 10

What long-forgotten historic treasures are buried in the attics and closets, nooks and crannies of our old Pasadena homes? Pasadena Museum of History's outreach efforts have uncovered a wealth of fascinating "finds" that shed light on this community's evolution.

Tuesday, October 14, at 7:30 pm, William Deverell, USC Professor of History and Director of the Huntington-USC Institute on California and the West, will join Brad Macneil and Diane Siegel, co-curators of PMH's upcoming Family Stories exhibition, in a show-and-tell session to showcase some of these items and explore the stories they tell. Reception immediately following presentation.

*Don't Throw That Out!* is the first in a series of four programs that explore Pasadena's historic roots through the art, culture, cuisine and personal stories of individuals from the city's African-American, Armenian-American, Chinese-American, Japanese-American, and Latino communities. Subsequent programs are scheduled on:

Tuesday, October 21: Artistic Roots with artists Alexander Kritselis, Keiko Fukazawa and Gilbert "Magu" Lujan;

Tuesday, November 18: haracter, Plot, Location... with Pasadena City Library Director Jan Sanders and authors Gustavo Arellano, Gayle David-Culp and Naomi Hirahara;

Tuesday, December 2: Food Unwrapped with Pulitzer Prize-winning food writer Jonathan Gold and a panel of ethnic food experts (this program includes food and wine).

TICKETS for the October 14 event are \$20 General; \$15 Museum Members; \$10 Students with I.D. Please call 626-577-1660, ext 10 for reservations. For additional information, please visit [www.pasadenahistory.org](http://www.pasadenahistory.org) or call 626-577-1660, ext. 10.

## MountainViews-Observer



If You Dare, Bring The Kiddies By  
 The MountainViews-Observer Haunted  
 House On Halloween.....If You Dare!

## SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

Sierra Madre Woman's club is again offering protection against the flu with a two-day flu clinic Saturday and Sunday, October 4-5, 9 a.m. to noon in Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd. in Sierra Madre.

This year's vaccine formula is significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick in.

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions.

To make an appointment or for more information, please call (626) 355-8586. Walk-ins are welcome.

Phyllis Chapman, Publicity (626) 355-3928

Martha Spriggs, Chair (626) 355-8586

3rd Annual  
 Sierra Madre

## Wine Jazz Walk



PRESENTED BY  
 San Antonio Winery &  
 Riboli Family Wine Estates  
 Proceeds to benefit City of Hope  
 Downtown Sierra Madre

Saturday, October 25 • 4 - 7 p.m.

Tickets are \$35 pre-sale and  
 \$40 day of event

Tickets may be purchased at participating  
 businesses listed on the back or  
 online at the website

For Information please call 626.355.0024 or  
[sierramadrewineandjazzwalk.com](http://sierramadrewineandjazzwalk.com)



WaMu





More Sierra Madre News

Bailey Canyon Clean Up

Saturday, October 18, 8:00 am - 12:00pm

Every Spring and Fall, the Sierra Madre Environmental Action Council (SMEAC) schedules a Saturday morning cleanup of the small, rustic park. Sweeping, raking, pulling weeds, trimming small trees and removing dead wood, are some of the typical chores that need to be periodically done to keep the Park inviting to all. SMEAC will provide work gloves, tools, and refreshments. Bailey Canyon Park is located where Grove St. (1 block west of Lima St.) dead-ends at the foothills.

KIWANIS INSTALLATION OF OFFICERS

Mike Hoover To Speak On Water Conservation  
Tuesday, October 7, 2008 - Noon

The Sierra Madre Kiwanis Club will install their 2008-2009 Officers at the Masonic Temple on Sierra Madre Blvd. Outgoing Lt. Governor Mike Tanaka and new Lt. Governor Dave Wallach will attend the meeting and will perform the ceremony. The meeting will also feature a fascinating program about water conservation and municipal water use. It will be presented by Mike Hoover, a Professional Engineer in this field: Mike Hoover is a professional engineer and is presently a private consultant, Mike Hoover Consulting Engineering Services, He has owned his own business for the past 20 years and has been a water engineer for more than 40 years. Presently he is consulting on a water supply system for the Inland Empire and working with the Metropolitan Water District to safeguard against the present and upcoming drought conditions.

NEIGHBORHOOD MEETING COURTESY NOTICE  
PROPOSED CUP ALVERNO HIGH SCHOOL

Tuesday, October 21, 2008 - 6:30 PM  
Sierra Madre Council Chambers

The City of Sierra Madre gives notice that a neighborhood meeting will be conducted to discuss the proposed Master Plan and Amendment to the existing Conditional Use Permit (Resolution 86-59) for future development at Alverno High School. The Master Plan includes the following:

1. Proposal to construct a 12, 680 square feet multi-purpose education building which will be a combination gymnasium, auditorium and performing arts building.
2. Replacement of the existing softball field with a joint soccer/softball field.
3. Creation of a 2,900 square feet outdoor amphitheater for open-air instruction
4. Relocation of the tennis courts from their current location to a site by the soccer/softball field
5. Reconfiguration of the parking areas and the addition of 52 overflow tandem parking spaces at the southwest portion of the site.
6. Decrease in the enrollment from the current "approved" 500 students to 400 students and
7. The addition of amenities such as the central courtyard, flag court, upgrade of the perimeter fencing and landscaping and improvement to the overall image of the campus.

In addition, the City will be seeking input on the environmental review process for this project. No formal action is proposed at this time. These are preliminary discussions only.

All intereted persons may attend this meeting and City staff will hear them with respect thereto.

BARGAIN BOOK TABLE SALE AT  
SIERRA MADRE PUBLIC LIBRARY

- WHO: The Friends of the Sierra Madre Library will have a Bargain Book Table Sale inside the Library during the Library's public open hours.
- WHAT: Featured subjects will include Fiction, Nature, Biographies, The Old West, Children's and Specialty books, all in good condition. All books will be sold at the bargain price of \$1.00.
- WHEN: Monday October 20 through Saturday, October 25
- WHERE: The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday & Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. For further information on programs and services please visit the Library's web site at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us) or call (626) 355-7186.
- WHY: These every-other-month book sales provide funding for Library resources and programs.

“JOHN WESLEY” RIDES AGAIN

"Roger Nelson brings John Wesley to vibrant life!", exclaimed actress Ann B. Davis (Alice on TV's Brady Bunch) after seeing *The Man From Aldersgate*, a one-man play about England's 18th-century evangelist/reformer John Wesley. Singer Pat Boone calls it a "A tour de force!". The Los Angeles Times says: "*The Man From Aldersgate* is an intriguing portrait of an extraordinary man."

7:00 pm  
Saturday, October 11, 2008  
Bethany Church  
93 N. Baldwin Avenue  
Sierra Madre, Ca.

Mr. Nelson has appeared in films and television commercials. His other stage credits include roles in such plays as "Butterflies Are Free", "Chapter Two", "Plain and Fancy", "The Prime Of Miss Jean Brody", and "Three Sisters"

For more information contact: 626-355-1403

JONCEE (cont. from page 1)

Joncee, "The Legendary Miracle Baby," as they refer to him at Kaiser; is two! Boy, is he two! We had a great time sitting in Keegan's office watching Joncee destroy his Dad's collection of baseball star bobble head dolls. Amazing how much damage a two year old can do before anyone can leap to their feet to stop him! He can hit a baseball, has hand-eye coordination to hit a golf ball and loves puzzles. He's got his colors down, a lot of his letters, counting, and he's a beautiful blue-eyed, curly headed blonde with all the destruction skills of any advanced two year old. And he's in remission. That lovely rainbow word. As of last March.

If you'd like to read more about Joncee's journey, go online to: [www.carepages.com](http://www.carepages.com) and register for JonceeTroy. You'll see pictures, read Keegan's thoughts, learn about Joncee's treatment and progress,

and see what God continues to do in the lives of this young couple, who are totally dedicated to His service and their continuing ministry to families whose children are fighting their way through cancer.

Miracles do happen, friends. Joncee Troy Lenker is one of them. Love Wins! These days, Keegan and Jayme are living in Romans 5, "...we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us." (Rom. 5:3-5, NIV)

Keegan and Jayme live in a "zero expectation world." They thank God for every day of Joncee's life. As Keegan said, "We woke up this morning and he was breathing! What a gift! We don't take anything for granted."

Duarte

Duarte City Council Approves Resolution to Oppose Measure R – MTA's Proposed Half Percent Sales Tax Increase

The Duarte City Council has approved a resolution to oppose Measure R, a Los Angeles County Metropolitan Transportation Authority one-half percent sales tax increase slated for the Nov. 4, 2008 ballot. If passed by voters, the countywide sales tax increase is expected to generate approximately \$40 billion over the next 30 years in revenue for transportation projects, transit operations and maintenance.

The resolution passed unanimously by the Duarte City Council states:

- Measure R was not crafted with countywide consensus nor does it provide an acceptable standard of long-term equity for all regions of Los Angeles County which will be paying this new sales tax.
- Measure R proponents rejected provisions that would guarantee a fair distribution of transportation funds throughout the entire region.

The resolution requests that the "San Gabriel Valley Council of Government (COG) and the Los Angeles Division of the League of California Cities initiate a dialogue with a goal of developing strategies for securing necessary transportation infrastructure improvements and equitable funding for such improvements throughout Los Angeles."

Many other San Gabriel Valley cities and the San Gabriel Valley Council of Governments have either passed or are considering similar resolutions to oppose Measure R, including the cities of Monrovia, La Verne, West Covina, and San Dimas.

For more information, call Duarte Deputy City Manager Karen Herrera at Duarte City Hall, (626) 357-7931, ext. 221.

La Canada

Foothill Force Jump Rope Team will host some talented jumpers when eight members of the USA Jump Rope All Star team teach a Jump Rope Workshop on October 11 at La Canada High School North Gym. "The All Stars are some of the best jumpers in the USA. Attending this workshop and being taught by the All Stars is the equivalent of going to a basketball camp taught by Kobe Bryant, LeBron James, Shaquille O'Neal, and Lisa Leslie. Or soccer camp led by David Beckham and Mia Hamm.", said a Foothill Force spokesperson. Workshop registration forms are available to download from the Foothill Force website at [www.foothillforce.org](http://www.foothillforce.org). The deadline to register was originally October 1 but a few spaces are still open.

After the workshop the All Star Team will give a performance that will undoubtedly be amazing. Some of the All Stars have been jumping for more than ten years, have been top competitors at national and world jump rope competitions, and they can do tricks with jump ropes that require mind boggling strength, agility, and coordination. The performance at 3:30pm will be open to the public.

Foothill Force offers Saturday morning Jump Rope Classes. Participants from the ages of eight and up are encouraged to register for the classes for the workshop. A few adults are taking the class and are having a great time while getting in great condition. Registration forms are available to download from the Foothill Force website at [www.foothillforce.org](http://www.foothillforce.org).



HALLOWEEN WINDOW PICASSO CONTEST

City of Sierra Madre  
Community & Personnel Services Department  
611 E. Sierra Madre Blvd.  
Sierra Madre, CA 91024  
(626) 355-5278

**WHO CAN PARTICIPATE?** The Window Painting Contest is open to youth, ages 9 to 17. Each application requires 2 to 4 people (of the same age group) to be assigned to a window. At least one participant must be a Sierra Madre Resident. Groups will be divided by age, 9-10, 11-12, 13-14 and 15-17 years old.

**APPLICATION:** Complete the attached application and return it with a colored drawing to the Community Services Office located at 611 E. Sierra Madre Blvd. Entries will be accepted Monday through Friday, from 9:00 a.m. to 6:00 p.m. Please keep all drawings in good taste. No gory or politically motivated drawings will be accepted.

**DEADLINE:** Monday, October 20<sup>th</sup> at 5:00 p.m. at the Community & Personnel Services Office.  
**PAINT:** The Sierra Madre Civic Club will be distributing paint at Kersting Court, on the corner of Sierra Madre Boulevard and Baldwin Ave. Only the paint provided may be used.

**You Need to Bring the Following Supplies:** 10 paint containers, paint brushes, paint rags, gallon of water, bar of soap to draw on the window, pie pan or wax coated paper plates, step ladder (no more than 5ft.), and one large box for supplies.

Painting will occur at the following times (bring your supplies):  
Friday, October 24.....2:30 p.m. to 6:00 p.m.  
Saturday, October 25.....8:00 a.m. to 12:00 p.m.

**JUDGING:** The judging of the windows will take place on Saturday, October 25 from 12:00 p.m. to 1:00 p.m. All awards will be announced at 1:00 p.m. in Kersting Court. Please stay around to pick-up your award and be in our picture. Any awards not picked up on this day, will be available at the Community & Personnel Services Office at 611 E. Sierra Madre Blvd, Monday through Friday, between 9:00 a.m.-6:00 p.m.

**INFORMATION:** For more information, contact Adam Matsumoto at (626) 355-5278 x 704, 611 E. Sierra Madre Blvd., Monday through Friday, between 9:00 a.m.- 6:00 p.m.

WINDOW PAINTING CONTEST RULES

Painters must observe the following rules in order to be eligible to participate and be considered a contestant.

THIS IS A CONTEST FOR THE CHILDREN.  
PARENTS PLEASE DO NOT HELP!

1. All painters registered to the same window must be in the same age group and listed on one application.
2. The contact person for the group must be the first person listed on the application.
3. At least one member of the group must be a Sierra Madre resident.
4. No less than 2 and no more than 4 participants in the same age group can be listed on one application.
5. **Please keep all drawings in good taste. No gory or politically motivated drawings will be accepted.**
6. The picture must be on white paper, 8 ½ x 11 inches.
7. The picture must be colored with a list of the preferred colors on the back of the picture.
8. The picture should not have large areas of black or dark colors, as they absorb the heat and may crack the window.
9. You must use the paint provided by the Sierra Madre Civic Club. No other paint will be allowed. Your sketch will be given to you at the time you pick up your paint at Kersting Court: Friday, October 24 2:30 p.m.- 6:00 p.m.  
Painting: Saturday, October 25 8:00 a.m.- 12:00 p.m.
10. Check-in with the owner of the window before painting.
11. Try not to get paint on the sidewalk or building. Use the newspaper provided to cover all uncovered areas.
12. Clean up all trash and supplies after you have completed work for the day.
13. Please take your paint home on Friday, and bring it back on Saturday.
14. Remove the masking tape and newspaper around the window or on the ground when your painting is done.
15. All windows must be completed by 12:00 p.m. Saturday and the area must be cleaned.
16. All the windows have been donated by the merchants involved with this contest. Please keep the area you are assigned to as clean as possible.

Parent/Guardian Signature:\_\_\_\_\_

HALLOWEEN WINDOW PAINTING CONTEST APPLICATION

611 E. Sierra Madre Blvd.  
Sierra Madre, CA 91024  
(626) 355-5278

Application Deadline: Monday, October 20<sup>th</sup> at 5:00 p.m.  
Return to the Community & Personnel Services Office at the Community Recreation Center.  
At least one participant must be a Sierra Madre Resident.  
Please, list the **CONTACT PERSON FIRST:**

1. Name:	Phone:	Age:
Address:		
2. Name:	Phone:	Age:
Address		
3. Name:	Phone:	Age:
Address		
4. Name:	Phone:	Age:
Address		

**PLEASE DO NOT WRITE BELOW THIS LINE**

AGE GROUP: 9-10 11-12 13-14 15-17

BUSINESS: ADDRESS:\_\_\_\_\_

WINDOW #: WHICH WINDOW ON THE BUILDING:\_\_\_\_\_



# MountainViews-Observer

# Pasadena Altadena

News From Your Community For Your Community

## Old Town Hooters No Longer a Hoot

By Dean Lee

The party has ended for those that frequent old town Hooters as they quietly closed for good last Saturday night, sending those that want burgers, buffalo wings and beer—or, um, well—to either Hooters of Burbank or West Covina, according to a sign on the door of the now vacant restaurant.

Jeff Wineman, Hooters’ Vice President of Human Resources, blamed the closure on the failing economy, saying the store had always done “marginal.” He also said a recent denial for a full liquor license by the city council had nothing to do with closing, something some said is not entirely true.

“We look at each Hooters on its own merits and abilities to produce,” he said. “And this one had always been just above that marginal line of acceptance. As we got into these really tough times our providers were passing along their increased costs.”

During an August 4 city council meeting the council denied an appeal by the restaurant, after a wild turn of events, for a conditional use permit for a full bar. The city’s Board of Zoning Appeals had at first granted the CUP but later changed their finding after the community group Day One opposed the ruling. Day One is a youth advocacy group opposed to drug and alcohol use. The council also upheld the finding.

Local attorney Chris Sutton, representing Hooters, threatened at that time to sue the city on a number of issues, including the city’s opposition to the restaurant’s uniforms. The city also denied a his request to extend the hearing to allow him a chance to review police reports on alcohol use in the area.

Sutton had said his client was being singled out for a high number of police



Orange paint is the only evidence of Hooters that remains. Photo D. Lee/MVO

calls in the area. According to city staff there were 13 other establishments within a 10,000 feet of Hooters which also sold alcohol.

Sutton also argued there was a clear bias against the restaurant, citing the city’s staff report that read, “The uniforms of the waitresses are not those found in a typical restaurant and the calendar displaying

said they were notified of the closing before it happened. He also said what they were opposed to was not Hooters per se, but any bar or restaurant in the area given the OK to sell hard alcohol. He also added, contrary to Wineman’s comments, that they were told the closing was due to Hooters not being allowed them to sell hard alcohol.



By Tuesday, Hooters on Colorado was vacated

the uniformed waitresses are sold along with other merchandise.”

He said this violated the first amendment. Sutton did not immediately return phone calls seeking comment on the closure. City staff also said Wednesday they were unaware of the restaurant’s failure.

Wes Reutimann, Day One’s Director of Community Programs,

“When we called them they said it was a national policy that all Hooters now sell hard alcohol,” he said “And that’s why they closed.” He added that they thought the timing was also a little suspicious.

Wineman said they respected the council’s decision.

“We understand their concerns in this causing other areas of behavior issues,” he said. “If

you go to any of our other restaurants, we are probably the most responsible.”

He added that he personally is responsible for assuring that Hooters employees understand the repercussions of over-serving or serving to minors, “or just misrepresenting alcohol products to the general public,” he said.

The restaurant had also expanded in 2006 by taking over an existing storefront of the building. Wineman said, in the end, that part of the restaurant was not being utilized. “We were just running off the one side,” he said also adding that they thought Old Town, in general, was losing foot traffic.

As far as closing other restaurants, Wineman said that each Hooters was being looked at individually, based solely on their performance. He did not say how well any of them were doing, but said those who wish to eat at Hooters can go to either the Burbank or West Covina locations.

Reutimann also commented that an adjacent business had complained numerous times over Hooters “operations.” He said they thought the best thing would be for some type of retail store to move in.

## Pasadena Gets Back Into The Enterprise Zone

By Teresa Baxter

Several members of the local business community met at El Portal restaurant on Thursday to hear a presentation regarding the re-instated status of Pasadena in the Enterprise Zone program. Representatives from the Chamber of Commerce, the City of Pasadena and Community Bank were on hand to field questions from the audience.

According to documentation, the Pasadena Enterprise Zone is a State of California tax incentive program that offers tax credits to stimulate business development and employment growth. Originally, the City of Pasadena received its first 15-year designation on April 10, 1992 that expired on April 9, 2007.

“The new Pasadena Enterprise Zone is significantly larger and covers both commercial and industrial zoned land within the city of Pasadena,” said Enterprise Zone Manager Melissa Alva. In addition, the City of Pasadena will be offering local benefits to

businesses located within the Enterprise Zone boundaries. Both the state and local benefits will apply during the life of the Pasadena Enterprise Zone from April 10, 2007 until April 10, 2022.

Businesses were encouraged to take advantage of significant state tax credits savings and benefits through; hiring credits, sales and use tax credits, business expense deductions, net operation loss carryover, and net interest deductions for lenders.

“With the Enterprise Zone program the City of Pasadena also comes in with local incentives that we offer to businesses,” said Alva. “[For example], if you are in the business development area of the zone and you are on commercially zoned property you can get the business license fee waiver and the building and planning fee waivers if you are going through the permitting process with the city. We wanted to show that as an additional commitment that the city has put forth towards having the Enterprise Zone designation.”

## Council Supports Proposition TT



PUSD district headquarters

Story and Photo By Dean Lee

Mayor Bill Bogaard wished the PUSD the best of luck last week right after the city council unanimously threw their support behind Proposition TT, a \$350 bond measure to be voted on by residents of Pasadena, Altadena and Sierra Madre on November 4.

If passed it would only be the second bond measure the school district has seen in the last 40 years. The money would go to school safety, technology, and green building.

Board President Tom Selinske explained to the council that the idea for the measure came when now Superintendent Edwin Diaz, had just started. He said as Diaz toured the schools he noticed troubles.

“He relates the story of seeing the schools in great need of continued improvements,” Selinske said. “The prior measure [Measure Y] never mentioned the cafeterias, or our auditoriums, and we have areas of electrical and infrastructure needs.”

Selinske also said they had some seismic needs.

“Not that things are unsafe,” he said. “But we have some issues, we have a gymnasium close

at Washington and a gymnasium closed at McKinley that need attention.”

He also said they hope to leverage the money with state matching funds to expand career and technical education. About \$30,000 would be set aside for higher education programs such as partnering with Pasadena City College.

Councilmember Chris Holden asked if the money was going to be itemized showing how it would be allocated to schools or projects something critics say was left out of Measure Y a \$240 million bond passed by voters in 1997.

Councilmember Margaret McAustin also said a third party should oversee construction management in addition to any citizen oversight committee.

Selinske said they were working under a prop 39 initiative which authorizes bonds for repair, construction or replacement of school facilities, classrooms, if approved by 55 percent of the vote.

Diaz said the money would be implemented over a 10 year period.

## One-Of-A-Kind: Art Market Next Weekend

The Art & Design Open Market, one of the largest outdoor public art events to feature students, faculty and alumni from two highly respected Pasadena colleges, takes place on Sunday, October 12 from 10:00 A.M. to 5:00 P.M. in the One Colorado Courtyard. The Art & Design Open Market is free and open to the public.

Now in its fifth year and featuring more than 100 artists, the Art & Design Open Market is an unparalleled gathering of talented Art Center College of Design and Pasadena City College students, alumni, faculty and staff. Market-goers will have a rare opportunity to purchase exceptional contemporary art, sculpture, prints and photography by emerging artists. All work is original, one-of-a-kind and created by the artists themselves.

The Art & Design Open Market is one of the few art markets in the country to offer free space to artists participating in the event, as well as to allow artists and customers to negotiate their own transactions without any percentage fees.

“The participating artists demonstrate a wide range of conceptual, expressive and technical approaches to their work,” states Jeffrey Hoffman, Associate Dean of Students and Director of Student Life at Art Center College of Design. “As a group, they represent a snapshot of the directions that art, design and graphics are taking, from some of Art Center’s most talented student, alumni and faculty working today.”

All of proceeds from sales goes directly to the artist.

For further information call 626.564.1066 or visit [www.onecolorado.com](http://www.onecolorado.com).

## Himalayan Festival Fashion Show



Last Sunday the Pacific Asia Museum, in association with the Tibetan Association of Southern California, held a fashion show during their Himalayan Festival. Photo T. Baxter/MVO





Environmentally Speaking, Did You Know?

COMPOSTING - Part I

By Pat Birdsall

A third of all landfill waste across the United States comes from garden clippings and kitchen waste. Each American is responsible for 1,200 pounds of compostable organic waste annually, and tossing it out not only stuffs landfills unnecessarily but the process of natural decay can also lead to the production of methane, a greenhouse gas 21 times more potent than carbon dioxide.

By making and using your own compost allows you to break free of petroleum- derived synthetic fertilizers. It takes the fossil fuel equivalent of 2.5 gallons of gasoline to produce a single 40-pound bag of synthetic fertilizer. It also saves you water: Compost helps soil retain moisture, reduces evaporation and prevents water run-off.

You don't actually need a designated bin if you want to make compost; often, a well-tended, simple pile in your backyard will be sufficient. However, indoor and outdoor compost bins help conceal waste piles and the odors they may emit and keep animals from rummaging through your food scraps. If you choose to buy a composter, determine what you'll be composting—food scraps only or lawn and garden clippings as well. The more you compost, the larger the composter should be. If you plan on composting leaves and lawn clippings, composters should be a least 3 cubic feet, which will give you enough finished compost to cover 324 sq. ft. with 1 inch.

The most common material for composters and compost bins is plastic. Therefore, look for the highest percentage of recycled content you can find. Avoid those made with polyvinyl chloride (PVC), which releases carcinogenic dioxin into the atmosphere when it's manufactured and incinerated.

Next week--What to compost

Reduce, Reuse, Recycle and Rethink

Brought to you by:

Sierra Madre Environmental Action Council\* (SMEAC)  
P. O. Box 85  
Sierra Madre, Ca. 91025-0085

\* We meet on the 4th Wednesday of each month at 7:00 PM in the Park House (Senior Center) in Hart Memorial Park, 222 W. Sierra Madre Blvd. - Please join us- Your thoughts and comments are welcome... For more information call Pat Birdsall (626) 355-7290



Fire Safe Council  
“Announcements and Observations”

Our next Fire Safe Council meeting will be October 6, 2008 at 7 P.M. in the City Council chambers. We will be organizing our Red Flag Alert patrols for the upcoming fire season.

Please attend this meeting and become a part of our Red Flag Fire Patrol.

The chaparral plant community is recovering on our burnt hillsides just as nature intended. Still, the rains this upcoming season are of unknown intensity and canyon and hillside residents need to prepare. If you want to take a look at how some of the homeowners have created wooden removable barriers at the edge of their property, take a look along the west side of Woodland Drive just to the south of Yucca Trail and down towards Mary's Market. One home on the east curve of Woodland Drive just a few doors up from the bridge at Mary's Market has also developed their barrier system.

The green stump growth at the base of each burnt chaparral bush is watered by the stored moisture in

the roots that is present at the time of the fire. This information was shared by Professor Ronald Quinn, Cal Poly Pomona, co-author with Sterling Keeley of a California Natural History Guide: Introduction to California Chaparral. The presentation of this book occurred at a recent meeting of the Pasadena chapter of the California Native Plant Society.

We remind you that if you are interested in participating in either the Neighborhood Watch or the Community Emergency Response Team (CERT) training please call the Police Department and leave a message for Chief Diaz--355-1414.

Are you continuing to prepare for the Great Southern California Shake Out, November 13, 2008, at 10 a.m.? Throughout the week there will be earthquake related seminars throughout Los Angeles County which you can access through: www.shakeout.org/drill. Will you be self-sufficient for 7-10 days in the event of a disaster event? Where are your earthquake preparation supplies stored as you read this announcement?

Call Sierra Madre Fire Safe Council, 355-0741, for information.

Permaculture, and the Curse of Leaf Blowers

By Christopher Nyerges

[Nyerges is a the author of “How to Survive Anywhere,” and the editor of Wilderness Way magazine. He can be reached via this paper, or Box 41834, Eagle Rock, CA 90041, or on-line at www.ChristopherNyerges.com]

Readers of my columns should be aware of my position on “front grass lawns,” that they are a tribute largely to our vanity, that they serve no meaningful purpose, and they waste energy, water, and space. If we are to overcome both our ecological and economical crises, we need to individually implement a revolution – no, not burning down city hall, but a revolution in our very thinking.

I recently learned that the ancient methods of land management that I have believed in and practiced for decades, along with my associates at the non-profit WTI, has been given the label “permaculture.”

Permaculture is a coined term meaning “permanent agriculture,” a way to respect the land and allow it to find its natural balance. Though easier to put into practice on a larger scale, the principles of permaculture can be applied in any urban backyard or front yard. Simply put, you plant useful plants that are most appropriate for that area; you mulch heavily (ideally with the ground-up woodchips from locally pruned trees); you fertilize with the compost you make on site; you provide a fragrant, healthful environment for people, animals, and insects.

In one viewpoint, this is our little step back to the primordial paradise, back to our paleolithic roots. Despite the fact that so much of the world is in ecologic crisis, we can turn our front yards and back yards and even our neighborhoods into an pocket of ecological sanity. We must internalize Paradise, and live it within our very private thoughts, before we can re-earn it in the material world.

LEAF BLOWERS

Which leads me to one specific topic: Leaf blowers.

Yes, they are banned in many cities of Southern California, and yes the perpetrators can be fined when a police officer actually has the time to catch them.

I have long been against leaf blowers. How many of you have seen “gardeners” simply blowing dirt and dust and bits of debris into the middle of the street, or audaciously blowing it into the neighbor's yard? I can no longer count the times I have seen this. Yes, I know some of the guys doing landscape work are conscientious individuals, but at least half are not, and they view a neighbor's yard as a good place as any to dispose of leaf and dirt and dust.

I can recall when I did landscape and gardening work. We used some power tools, like a mower,

but mostly rakes and brooms. Though it was hard work most of the time, it was a silent meditation as we worked in some yard, cleaning and pruning with no adverse effects for the neighbors.

Today's mow and blow crews are not artists, just guys moving from house to house, quickly knocking off each job with their blowers and week-wackers, and when you complain you are accused, at best, of interfering with someone's ability to make a living, and at worst, you are accused of being a racist.

The racist accusation does not merit comment. As for interfering with someone's job, since when is how someone makes money not subject to regulation? If the leaf blowers were silent, that would reduce some of the criticism. And if the leaf blowing guys used the blowers only occasionally, blowing leaves into a pile and then picking it up into a container, that too might reduce some of the criticism.

When the blowers come in and do their dirty deed, asthma sufferers suffer more, as all the nasties in the dust are now in the air, things like arsenic, cadmium, chromium, dried fecal material, and more. That's what you're breathing when the knock-off gardeners pretend that the leaf blower is the only tool need for yard maintenance.

I am on the extreme that believes we should just let all the leaves lie, and let a garden grow where you once had a lawn. Weed-wackers and leaf-blowers make our urban home a nightmare, not a paradise.

What then can we do? Do everything possible. First, talk to your neighbor who employs the leaf-blowers. Some will understand that yard-work can be done without excessive noise, dust, and fumes, and they might be convinced to hire true gardeners. Other neighbors will not care until they are suffering from breathing problems, and the noise is driving them mad.

So, call the police, and call your Councilman, and talk to the neighborhood council. Speak up at your local Neighborhood Watch. You may not get the quick action you want, but if you remain silent, you can be assured that no action will occur.

Paradise is within, and it is an internal thing. We make our homes and neighborhoods a living paradise, or an excruciating hell, by all the choices we make. Let's learn to respect each other, and especially the needs of the elderly and infirm who are home all day.

Sierra Madre Police Blotter

During the week of Sunday, September 21 to Saturday, September 27, the Sierra Madre Police Department responded to approximately 244 calls for service.

Sunday, September 21st:

10:25 AM - Theft, 300 block of East Laurel Avenue. Unknown suspect(s) stole a “John McCain” sign from the victim's front lawn. The investigating officer canvassed the neighborhood and found the sign in the back of a pickup truck parked in a driveway of a home across the street from the theft. The truck owner, a 22 year old Pasadena woman, was visiting and claimed not to know how the sign came to be in the bed of her truck. The officer returned the sign to the victim.

4:16 PM - Vandalism, Santa Anita Canyon Gate. Unknown suspect(s) used black spray paint to vandalize a cement barricade.

Monday, September 22nd:

10:58 PM - Arrest, Park Ave and Sierra Madre Blvd. A motorist was stopped for a traffic violation. Investigation revealed the driver was unlicensed. The motorist was cited and released on a written promise to appear in court.

1:06 PM - Deceased person, 100 block of Lowell Ave. A 45 year old man from Glendale was working on a home construction site when he collapsed or fell in a driveway. Co-workers called 911. Paramedics and police responded. The man was pronounced dead at the hospital. OSHA officials responded to the location to investigate the work-related death. The cause of death is unknown at this time.

10:00 PM - Arrest, Orange Grove Ave. and Baldwin. A motorist was stopped for a traffic violation. Investigation revealed the driver had a warrant. The driver was cited and released on a written promise to appear in court.

Tuesday, September 23rd:

08:06 AM – Vandalism and Under the Influence of a Controlled Substance arrest, 400 block of Manzanita. A man was detained as a suspect in a vandalism of a car. Investigation revealed the man

was also under the influence of drugs. The man was arrested for vandalism and being under the influence of drugs. He was booked in Pasadena Jail for remand.

11:26 AM - Theft, 200 block of East Alegria. At an unknown time, unknown suspect(s) stole a catalytic converter from a 1999 Toyota Tacoma parked at the location. The value is about \$900.

Wednesday, September 24th:

5:59 AM - Theft, 00 block of West Sierra Madre Blvd. A Hispanic man in his 20's to 30's stopped in front of The Bottle Shop in a pick up truck. He got out and stole four stacks of newspapers from the front of the liquor store on Thursday morning. The suspect was last seen driving away eastbound on Sierra Madre Blvd. The value is unknown.

Thursday, September 25th:

2:48 AM - Arrest, 400 block of North Lima Ave. A motorist was stopped for a traffic violation. Investigation revealed the driver was under the influence of alcohol. The driver was booked into Pasadena Jail for remand.

3:58 AM - Arrest, 600 block of West Montecito. An intoxicated man was found sleeping in a front yard. The man was arrested and booked into Pasadena Jail for remand.

Friday, September 26th:

4:27 PM - Auto Burglary, 600 block of East Sierra Madre Blvd. Between 3:25 p.m. and 3:30 p.m., two men, described as Caucasian and driving a 1980's model Oldsmobile, smashed the window of a car and stole a purse from the front seat of a car parked in front of the Youth Activity Center. Officers checked possible leads in Monrovia and Arcadia, but did not find the suspects. The loss was valued about \$100.

9:13 AM - Arrest, Michillinda and Sierra Madre Blvd. A motorist was stopped for a traffic violation. Investigation revealed the driver was unlicensed. The motorist was cited and released on a written promise to appear in court.

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\*For more information, call (310) 633-3966 or (626) 355-5278.



## Mrs. York Is Flying High



Sierra Madre School third grade teacher Suzanne York, experienced zero gravity as part of Northrup Grumman's "Weightless Flights of Discovery." Mrs. York worked with scientists from Cal Tech, JPL and UC Berkeley to design in-flight experiments including how zero gravity affects density.

The Weightless Flights of Discovery program was created and developed by Northrop Grumman, in cooperation with the Zero Gravity Corporation (ZERO-G), Ft. Lauderdale, Fla., a company that specializes in bringing the exhilaration of weightlessness to the general public.

By focusing the Weightless Flights program on teachers rather than students, Northrop Grumman was able to achieve maximum "reach" for the lessons of its microgravity "high school," delivering inspiration to an

estimated 10,000 elementary, middle school and high school students in the first year alone.

The Weightless Flights of Discovery program includes teacher workshops and parabolic flights in locations throughout the country. In each workshop, teachers learn about the physics of weightlessness and what to expect on the zero gravity flight. They also design microgravity experiments that applied science, technology, engineering or mathematics principles to human activities in a weightless environment. During the weightless flight one or two weeks later, they conduct their experiments under the watchful eye of a video camera. Teachers then use their videotaped flight experience and the results of the experiments to help shape math, science, technology or engineering curricula at their home schools. Photo courtesy PUSD

## Halloween In Sierra Madre



The storefront windows at Charcuterie, Lunch Salon, Curves, Prudential California Realty, Iris Intrigue, Bean Town, Best Buy Drugs, Pantorium Cleaners, Tropical Nail Salon, Neil Vance Photography, Haynes and Oakley Architects, Village Pizzeria, Sierra Madre Books, and Casa Del Rey will soon take on a spooky appearance, as local youth compete in the town's annual Halloween window-decorating contest. Decorating will take place Friday afternoon and Saturday morning, Oct. 24th and 25th. Judging will be from noon till one on Saturday, with prizes being awarded at 1:15pm. Applications are due by October 20 at the Community Recreation Office, and can be picked up at the Recreation Center, or downloaded from [www.sierramadrenews.net/halloweenwindows2008](http://www.sierramadrenews.net/halloweenwindows2008). Age categories are 9-10, 11-12, 13-14, 15-17.

As is the custom, Sierra Madre School (lower campus) is scheduled to take a break from their school day so students can parade downtown in their costumes. The route usually heads east on Highland, south on Baldwin, west on Sierra Madre Blvd., and then back up Auburn to the school. The time has not yet been determined.

Later that afternoon, downtown merchants open their doors to trick or treaters. Participating merchants will have a poster in their window, and this event has grown over the last few years. Time for this activity is 3:30pm to 5pm.

While the kids are downtown, the offices of the Mountain Views Observer will be converted into an eery "Haunted House" for the kids enjoyment and entertainment.

At 5pm, the costume parade, led by the Sierra Madre Fire Department, will leave Kersting Court and head to Memorial Park. At Memorial Park, the annual Costume Contest, judged by Sierra Madre Kiwanis Club will take place after the parade has arrived. Prizes, donated by the Kiwanis, will be awarded in each age group, walking - 2, 3-4, 5-7, 8-10, 11 and up.

Sponsors of this year's Halloween Happenings (city events) are Lucky Baldwin Delirium Pub, Buccaneer Lounge, Only Place in Town, Casa Del Rey, Lunch Salon, Curves, Prudential California Realty, Iris Intrigue, Best Buy Drugs, Bean Town, Pantorium Cleaners and Village Pizzeria.

On the evening of Halloween, folks who live in the neighborhood of Alegria Ave. between Baldwin Ave. and Mt. Trail will find their streets blocked off as thousands descend upon the neighborhood to view the decorated homes, the carved pumpkins, and to trick or treat. The annual tradition has grown to a point that SMPD is now on hand each year to direct traffic and oversee the holiday revelers.

Photo and Story By Bill Coburn

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdall

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981  
Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)



## Foothill Computer Services

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## If You Don't Vote, Don't Complain: Why YOU(th) Must Vote

We matter. We have the power to change history. The 2008 elections might as well lie in our hands because, as of this year, there are 45 million millennials (people born from the mid-eighties to mid-nineties) and counting. CBS suggests that "nearly eight in ten younger Americans think their generation will have a lot or some impact on who the next president will be". CBS is exactly right. In past elections, most youth haven't really been involved in the voting process, probably because there was no relevance directly to their lives. The outcome of this election will impact all of our lives and our voices count.

I don't think there is any reason why people 18 and older shouldn't be registered to vote. There's just no excuse. There are plenty of websites out there waiting to assist you in registration (for websites, check end of article). This generation is pretty advanced when it comes to computer technology and there's a computer in almost every home. No computer at home? Don't fret. There are over 35 libraries in Los Angeles that provide internet service for free. Not to mention, registering to vote doesn't take up much time. It's estimated that it takes about 15 minutes to complete your registration forms. Besides, what's 15 minutes compared to the hours most of us spend on MySpace and Facebook?

If for some reason you cannot register to vote online, they have registration forms at libraries and post offices where you can fill out the forms by hand.

Why vote? First off, voting is a right and a privilege. We are lucky to live in a democracy where the people have a say in the government. Everyone should exercise this right by voting in elections that are held. Secondly, every vote really does count. Isn't it amazing that if 269 people in Florida had voted for Al Gore instead of Bush (in the 2000 election), he would have gotten 25 more electoral votes and won the election? How different would our country be today if only 300 more people in Florida voted against Bush? Imagine the outcome if more people all over the country had voted! It's the unfortunate truth, but people don't expect us to vote. According to statistics, only a few percentages of young people actually vote. Prove the doubters and non-believers wrong by putting in your ballot November 4th. Remember: If you don't vote, don't complain!

Get registered to vote and let your voice be heard!

-[www.rockthevote.com](http://www.rockthevote.com)

-[www.registertovote.org](http://www.registertovote.org)

-[www.justvote.org](http://www.justvote.org)



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Please join us at California Pizza Kitchen for a flavorful fundraising event. All you need to do is bring in this flyer on our scheduled date and present it to your server when ordering. 20% of your check will benefit our organization. So come out and enjoy something delicious from the CPK menu. Your taste buds will thank you, and so will we.

Pasadena High School  
Marching Band

California Pizza Kitchen  
99 Los Robles, Pasadena

Thursday, October, 9, 2008

Thanks for your support.  
We can't wait to see you.

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**MountainViews-Observer**

**Publisher/ Editor**  
Susan Henderson

**City Editor**  
Dean Lee

**Director Of Sales & Marketing**

Ann Luke  
(626) 325-3111

**Art Director**

Allison Kirkham

**Photography**

Jacqueline Truong  
Lina Johnson

**Contributors**

Pat Birdsall  
Bob Eklund  
Jeff Brown  
Stuart Tolchin  
Kim Clymer-Kelley  
Christopher Nyerger  
Peter Dills  
Hail Hamilton  
Rich Johnson  
Chris Bertrand  
Virginia Hoge  
Mary Carney  
La Quetta Shamblee  
Teresa Baxter  
Bill Coburn  
Glenn Lambdin  
Trish Collins

**Editorial Cartoonist**

Ann Cleaves

**Web Master**

John Avery

*Advertising Inquiries  
Contact:*

**ANN LUKE**  
**626-325-3111 or**  
**JULIE PUTERBAUGH**  
**626-836-6524**

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All letters to the editor and correspondence should be sent to:

MountainViews - Observer  
280 W. Sierra Madre Bl. #327  
Sierra Madre, Ca. 91024  
Phone: 626-355-2737  
Fax: 626-609-3285  
*email: mvobserver@aol.com*

**MountainViews-Observer**  
**Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



**Member**

**Something To Think About**

*Commentary from Susan Henderson*

**The Light Of Day**

**Light** (n): *something that makes vision possible;*  
**Day** (n): *as in tomorrow*

*One thing I know for certain, the Light of Day is coming.*

Two years ago this week, I began publishing a weekly newspaper in Sierra Madre and surrounding cities. For a brief period I operated with a business partner, but for the majority of that time, a year and a half, I have operated as the sole publisher and editor, providing news and information to our communities. To be exact – over 102 editions and that's a lot of work. This would not be possible of course, without the help of a wonderful team of people including – the old timers who have been with me from the beginning, (randomly listed): *Dean, Mary, Julie, Jeff, Rich, Hail, Pat, Bob, Chris, Peter, Ann C. and Caroline ( plus Joe, Jackie, Paul C., Enid, Deanne, Patricia C. and Stanley* who all remain on 'standby' just in case I need them), and those who joined us along the way: *Teresa, Allison, Ann L., Patricia P, Allison, Ralph, Vivianne, Greg, Lina, Stuart, Kim, Mark, Christopher, Virginia, La Quetta, Bill, Glen, Trish, Lupe and John.* Included in the mechanism that makes this engine tick is my entire family, because if they were living and breathing, at some point they helped with this paper, from delivery to finances. And, they have suffered in almost silence, my absence from family events and gatherings, and the loss of their private consultant.

I also could not have made this journey without our subscribers and friends of the paper who shall remain anonymous. They have kept me going both financially and spiritually. Many of them, at one point, absolutely despised the previous publication. Over the years, however, we, self included, have learned to respect our differences.

Last, but certainly not least, there is *you*, the community. Whether we have agreed or disagreed, you have let me know how important this paper is to you. Just about every day at least one person that I don't know comes up to me and thanks me for the paper (or fusses that they can't find one). That is important, because it let's me know that the vision is real and worthwhile. Thanks a buzzazillion times (that's a million times more than the national debt or more than a brazillion!). You helped me to see the Light of Day.

Having said all that, I also want to reflect a moment on recent history that should make us all look for that vision to keep us going. I was reading my very first column as a publisher that was titled, *"Manufactured Chaos"* which discussed the mess that had been created on a local, state and national level. That was in 2006 and today the question is, has anything changed? Well, the good news first. At that time the PUSD was in turmoil with a mean spirited battle between the Board and the superintendent. Our children weren't even a

part of the discussion. Since that time, we have some new board members and a new superintendent. Between them, children have become a priority again and we can see improvement throughout the district.

Locally, Sierra Madre's government was not in much better shape than the old PUSD. However, it is good to be able to say today that at least we have a City Manager and City Attorney who appear to be committed to transparency in government and things run much more smoothly. While we still have on our council one member who allows politics to take priority over everything, 1 out of 5 is not too bad.

Nationally, well, that's another story. In my 2006 column it was noted that over 2,700 soldiers had died in Iraq and Afghanistan. Today that figure is over 4,700 with no end in sight.

Now, we are just days away from one of the most important elections in this nation's history. No matter how we describe it, we have millions of Americans who have no jobs or health care. Our system of free public education is a mess. We have hundreds of thousands (1 out of every 194 households) who have lost or are losing their homes. We no longer feel safe depositing our money in any bank. In fact, things are so bad, that we aren't nearly as concerned about the ever growing crime in our neighborhoods as we should be. When is the last time you heard anyone complain about the crime rate? Economic troubles dominate the news and our minds. Even with a Presidential Election at hand, crime has barely been mentioned. i

No matter what we call it, we are no longer comfortable with the state of this union and for far too many, we are fearful of what tomorrow will bring. We cannot see the light of day and worry if either of the presidential candidates can either.

Having a clear vision of how we go forward is an absolute requirement of success. A vision in the dark isn't possible.

It means a lot to be able to see the light and have a vision for the future. Whether it is seeing the Light of Day regarding the publication of a community newspaper or seeing the Light Of Day when it comes to figuring out how to fix this country, seeing your way through crisis and having a vision for the future is necessary for progress.

Well, as far as the paper is concerned, the vision is clear, so full speed ahead. We've learned what works and what doesn't and how to get from point A to point B.

As for the next President, only Obama begins to come close to seeing a way out of this mess in my opinion. I also believe that if the right candidate is not elected, we shall all be sitting in the Darkness of Night.



**Rich Johnson**

Wow! My prognosticating skills have proven to be finely tuned. Remember back in 2006 when the Democrats captured

both houses of Congress? Conservative friends were in a panic. One would have thought the Russians had taken over Congress. It fell upon this columnist to try and calm everybody down. Try to bring a little sanity to what seemed to Republicans to be the Armageddon meltdown of Western civilization.

My take on the transfer of power was completely opposite. Conservatives should

**What Else ... Politics!**

rejoice, said I, that the Democrats were now in control. Why? Because America just handed the car keys to the Democrats giving them two years to really jump in and contribute to the chaos. And look what happened! "Bush's approval rating, is currently hovering around 30 percent. But, as unpopular as President Bush is, his ratings are as much as three times higher than the Congress. Rasmussen pollsters reported at the end of August that 9 percent of Americans give Congress positive approval ratings. And their numbers haven't been above 15 percent all year.

I suspect if the Republicans had been left alone and in charge of Congress over the last two years, Senator Obama would be 20-30 points ahead of McCain right now.

By the way, President Bush's approval rating is, "still better than the lowest number for his father, George H.W. Bush, who bottomed out at 29 percent in July 1992; Jimmy Carter, who fell to 28 percent in June 1979; Richard Nixon, at 24 percent in July and August 1974; and Harry Truman, who dipped to 22 percent in 1952." *CNNPolitics.com.*

Finally, I don't know about you but I'm starting to feel beat up by the media and their never-ending political coverage tonnage. Who isn't a bit of a cable news addict? But like the eventual fate of most addicts I am now close to overdosing. It has nothing to do with who I'm for and who I'm against. It's just that the politics has been dominating television for well over a year. And it's not just cable news. You can't watch any channel without having them constantly breaking in with teasers about the political topic de jour. It's become mind-numbing. I, for one, will be thankful when the election is behind us.

And conservatives, look at the bright side. If Senator Obama wins, you can take at least a four year break from always being on the defensive. Fire up your offense weaponry and have at it.



**Hail Hamilton**

**No-Knock Out, But Obama's Debate Wins Points**

The recent encounter between Barrack Obama and John McCain reminded me of the then-Cassius Clay taunting Sonny Liston prior to their historic 1964 world heavyweight championship rematch in Miami. "I am the prettiest," Clay-cum-Muhammad Ali brashly declared. "I am the fastest heavyweight that you ever did see. Next to me, Liston will look like a dump truck." And so he did.

I had hoped their first debate would have gone just like that evening in Miami, with Obama delivering a knockout punch assuring his victory in November—but it did not happen. Obama won on points, but there were no knockdowns. If it were decided by rounds, I had it 8-to-7 Obama over McCain.

John McCain is indeed a worn and tainted warrior, but more like the legendary Archie Moore than Liston—he can take a punch. And Obama is more like the young Ali (then Cassius Clay), fresh out of the Olympics with little experience in professional boxing, swift and quick, and pretty, yes, but yet to develop a knockout punch. Nor has Obama learned to cut off his opponent in the ring, something at which Ali was masterful. Once he had his opponent on the ropes, he pounced.

Time and time again in the early rounds of questioning about the American economy, Obama had the opportunity to deliver a knockout blow—he could have asked McCain how many homes or automobiles he owned, or raised the specter of the Keating Five Scandal whenever McCain branded himself a political maverick. He could have brought up McCain's campaign manager, Rick Davis, being on the payroll for lobbying Fannie May and Freddie Mac. At the very least, he could have attacked McCain for his 25-year record of blind adherence to the trickledown economics of Ronald Reagan.

And he should have made a joke about being sorry that McCain had missed David Letterman but glad he had decided to show up in Mississippi. Obama needs to lighten up and quit being so serious. A little levity would have gone a long way in removing the wind from McCain's sails.

There were a host of other openings, but Obama did not use them to his advantage. He still appears uncertain and a bit too painful to be in the ring. He was far too often on his heels, peddling backwards. It is one thing to bob-and-weave, and quite another to tie yourself up on the ropes. He seemed to lack the killer instinct of a Hillary Clinton. He needed a knockout-combination of blows delivered with lightening speed al-la-Ali.

It might have gone the other way. At the beginning of the debate, McCain did, indeed, look like a dump truck. He stumbled. He was ill prepared. He appeared tired and unsure of himself. Early on, he was on the ropes, when trying to defend his overly optimistic comments about the economy. But as the night wore on and the latter rounds turned to matters of foreign policy, McCain began to take the offensive.

He took the battle to Obama. And he never gave an inch of ground. By the end of the night, Obama looked more like George Forman than Muhammad Ali. An Angelo Dundee would never allow this kind of turn around to happen.

McCain had already taken a good pummeling by the time he got into the ring that Friday night. But Obama never went on the offensive. Yes, he was sharper, tighter, more precise, a little less professorial, and perhaps a bit more workingman than he was in his primary debates. But time and time again he felt compelled to say "John is right," while McCain consistently said, "Obama is wrong."

Obama has two more rumbles in the jungle with McCain. However, someone in Obama's camp needs to get him into the gym and work on the interlocution heavy bag. He needs to find the fire in his belly. He needs to float like a butterfly and sting like a bee. Most importantly, he needs to be told that the presidency will not be won on points. It will be won by votes, and he needs a knockout to win.

**Stuart Tolchin On...LIFE AMERICA'S DAY OF ATONEMENT**

We are approaching Yom Kippur, the Day of Atonement, and this particular one promises to be a beauty. As I write, it is Rosh Hashanah, the first day of the Hebrew New Year and the morning after the 777 point free-fall decline in the stock-market. The nine-day interim period between Rosh Hashanah and Yom Kippur are called the Days of Awe. As a secular Jew, like so many of my contemporaries, I know little more than the names of these holidays, which every year remind me that I was born something other than a Christian. Growing up in a non-Jewish neighborhood in Chicago my parents forced me to stay home on these High Holy Days and then go to school on the day after the holiday and explain to the vice-principal why I stayed home. This required explanation was always very hard for me because all I knew was that Jews stayed home on the High Holidays and walked to Schul (Synagogue). Actually, only my father walked to Schul while the rest of the family stayed home. The only rules enforced were that my sister and I weren't allowed to go outside and were discouraged from pursuing our regular daily activities; believe it or not, we were not even allowed to turn on the lights.

On Yom Kippur I remember lying on the living room carpet and wondering what was meant by the day of "atonement". I remember feeling a kind of guilt that I didn't know what I was supposed to be doing and yet having the feeling that it was important to figure it out for myself. I also somehow knew that this "atonement" had to do with thinking about myself and the whole world--- how to make myself a better person and how to make the whole world a better world. The other important thing that I knew was that this High Holiday was extremely important—that people for thousands of years had suffered and even been killed because they would not give up this right to think for themselves.

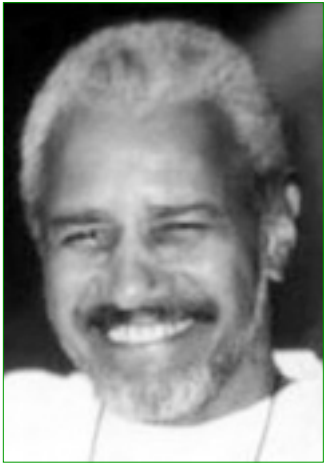
This Rosh Hashanah feels much like the Rosh Hashanahs of my childhood. The economic crisis is a great peril that is threatening all of us and I am at a loss to understand it or to know what to do. It is all a mystery and there really is no one to ask about it because it is clear that everyone is confused as I am. All I can do is look around me and see with my own eyes what appears to be wrong and hope that in the next few days between now and Yom Kippur I can come up with some answers.

The first thing that comes to mind is economic disparity; there is too much wealth and there is too much poverty. Everyone wants to have more and more--to be rich. It is the great game we play; whoever has the most toys wins. I hate having to vote for political leaders who own multiple cars, homes, jets, yachts with heli-ports, and \$350,000 ballgowns. I really don't think anyone should have much more than what they need. This whole credit crisis is crazy. If you can't afford something—if you don't have the money to pay for it—then you shouldn't buy it. Simple enough!

I know that the Wall Street self-styled "Masters of the Universe" have created some of these problems by following questionable practices for the purpose of creating more and more wealth for themselves; but it's not only them, it's all of us and WE ALL HAVE TO STOP. If within a few weeks we can figure out how we can all better live within our means and how we can share our wealth with those who need it more than we do then, I think, we are doing all that we can do right now. By doing this I think we will all be better Americans and better Jews. We will then be ready to face our collective DAY OF ATONEMENT.



# It's All About The Benjamins: The Economy



**Ralph McKnight**

## OBAMA'S ECONOMIC PLAN

"The man who famously admitted that economics is not his strong suit wants to fundamentally alter the government's role in the economy by deeply cutting non-defense spending, from discretionary programs to entitlements" Jared Bernstein, On John McCain.

For myself, I won't even begin to pretend to understand economics enough to try to explain the guts of the most recent developments regarding the current state of Wall Street, the USA and our money! However, in this enfeebling economic mess, we wear the clown's suit of many colors inasmuch as we are now, at once, a capitalist and socialist nation with a number of newly baptized populists and political changelings at the helm. At the top of the republican heap we have one of

the most notorious greed merchants in U.S. history. Namely, John McCain, who was identified as one of most aggressive of that pernicious passel of predators and thieves known as the "Keating Five". McCain avoided going to jail only because he testified against his co-conspirators.. In his most recent attempt to promote himself as an agent of change he is not unlike the Scarlet Pimpernel from the novel by Baroness Emuska Orczy in that "He's here, he's there, he's everywhere"!

Personally, I just want to know if and when I'll begin to receive my stock certificates for this 700 billion dollar investment. Otherwise, like most of us, I doubt I'll ever see a return on my investment. Wall St. has gotten into the protection racket. 'If you don't pay up you'll never be able to work in this town again, your homes will go up in smoke and we'll eat your pets'!

*A snapshot of a portion of the Barack Obama and Joe Biden plan:*

Provide Middle Class Americans Tax Relief  
Trade  
Amend the North American Free Trade Agreement  
End Tax Breaks for Companies that Send Jobs Overseas  
Invest in the Manufacturing Sector and Create 5 Million New Green Jobs  
Create new jobs through national infrastructure investment  
Technology, Innovation and Creating Jobs  
Make the Research and Development Tax Credit Permanent  
Deploy Next-Generation Broadband  
Invest in the Sciences  
Support Small Business  
Provide Tax Relief for Small Businesses and Start Up Companies

Create a National Network of Public-Private Business Incubators  
Labor  
Ensure Freedom to Unionize  
Fight Attacks on Workers' Right to Organize  
Protect Striking Workers  
Raise the Minimum Wage  
Protect Homeownership and Crack Down on Mortgage Fraud  
Address Predatory Credit Card Practices  
Reform Bankruptcy Laws  
Reform Bankruptcy Laws to Protect Families Facing a Medical Crisis  
Work/Family Balance

Obama and Biden will double funding for after-school programs, expand the Family Medical Leave Act, provide low-income families with a refundable tax credit to help with their child-care expenses, and encourage flexible work schedules and much, much more. Funding for these plans are explained in detail online at <http://www.barackobama.com/issues/economy/> and also will no doubt benefit from the \$180 billion per year that will no longer be needed for the war in Iraq once Obama and Biden are in office.

An Obama-Biden White House can be summed up as follows:

$8y (o+b) + r^2 + t^2 \div I^2 + L = fs \rightarrow \infty$

Where y is years, o is Obama, b is Biden, r is regulation, t is transparent government, I is intelligent and literate leadership, L is liberal agenda and  $fs \rightarrow \infty$  is functional and sane leadership for the future.

*What In The World Is McCain's Economic Agenda???*

Here's the gist of it: Despite McCain's earlier opposition, he now wants to make the Bush tax cuts permanent. The price tag is more than \$2 trillion over 10 years. He wants to repeal the alternative minimum tax. The price tag is "up to \$2 trillion" according to the Center on Budget and Policy Priorities. He wants to keep the war going ad infinitum, at a cost of between \$100 billion and \$150 billion per year, according to CBO estimates. More of the same! Then there is his health-care plan, which says in a nutshell 'we are going to let you figure it out' More of the same! Then there is his plan for Social Security which, again, says 'we are going to let you figure it out' More of the same! If for some gnostic reason or another Palin becomes president I sincerely doubt her economic plan will include anything more than 'Tithing' and / or an occasional fish fry fundraiser.

The McCain-Palin economic agenda is best illustrated by:  $dr + (8y) b + mc = d$

Where: dr=deregulation, Y=years, b=Bush, mc =McCain-Palin and d=disaster

*Ralph McKnight is President of The Pasadena Collection, Member, Executive Board, California Democratic Party, Arts & Culture Commissioner for the City of Pasadena, Board Member United National Association, Jazz Musician, Former member, Revolutionary Action Movement, Producer Jazz & Blues Series for the Levitt Pavilion for the Performing Arts and writer. Ralph can be reached at [r.mcknight@mobserver.com](mailto:r.mcknight@mobserver.com).*

## NOVEMBER CONGRESSIONAL RACES

(Excerpts of Public Information From Candidate Websites)

### Congressional District 26: Sierra Madre/Arcadia/ Monrovia

**David Drier - Republican**  
(Incumbent) [www.daviddreier.org](http://www.daviddreier.org)

David Dreier has represented the Foothills of California since his election in 1980. Born on July 5, 1952 in Kansas City, Missouri, Dreier moved to California for college (Claremont McKenna College '75) and worked in corporate development until his election to Congress.

**Russ Warner - Democrat**  
[www.warnerforcongress.com](http://www.warnerforcongress.com)

Russ Warner is a dedicated husband, father and has lived in the district for nearly 27 years with his wife, Kris, and their three sons. and believes we need new leadership in Washington that will work to represent the true values of the 26th District.

**Ted Brown - Libertarian**  
[www.tedbrown.org](http://www.tedbrown.org)

Brown, a small business owner, ran unsuccessfully for Insurance Commissioner in 1990 and 1994. Ted and his wife Laura, have been married since 1984. They have a 15-year-old daughter Katie, and are homeowners in an unincorporated area of San Gabriel. The family has lived in the 26th Congressional District for 11 years.

### Congressional District 29: Pasadena/Altadena

**Adam Schiff - Democrat**  
(Incumbent)  
<http://www.schiff4congress.com/>

Elected To Congress in 2000. Formerly State Senator and U.S. Attorney. During his tenure in Congress, Schiff has focused on bolstering national security, strengthening our communities, and introducing a "Kids First" agenda of initiatives to improve education, safety, and health care for our kids.

**Charles Hahn - Republican**  
[www.charleshahnforcongress.com](http://www.charleshahnforcongress.com)

Charles Hahn, financial advisor, is a husband and father, who is very active in Los Angeles County Community Issues. He is on the Board of Equalization, 3rd district, Tax Advisory Committee, where he promotes responsible government.

**Alan Pyeatt- Libertarian**  
[pyeattforcongress.com/](http://pyeattforcongress.com/)

Pyeatt, a civil engineer, won the Libertarian Party Nomination in the primary 2008 and pledges to support and defend the Constitution of the United States.

## McCAIN'S ECONOMIC PLAN

In order to comment on McCain's or Obama's tax & spending plans, we first have to make sure we understand basic economic principals. Communicating in a 600-word article what normally takes me several seminar days will be a little difficult, so bear with me for a while. Even though I studied for a Masters in economics at USC, I think I can muddle through and make the imponderable a bit more understandable.

Let's start with the fact that money isn't real wealth. It is only a piece of paper which is olive in color with green and black ink on it. You can't eat it, it won't keep you warm and it won't protect you from the elements. But you can use it to buy those things so long as someone else who owns them is willing to trade them to you in exchange for your pieces of green and black paper. Real wealth is the real goods and services which meet your needs. Money facilitates the trading, but it isn't real wealth. So long as someone is willing to accept it, money is only a claim on real wealth.

So how does somebody obtain this colored paper that they hope to trade for things they need? Simply put, they must produce something of value themselves. We all go to work to make a product or provide a service which someone else values. We accept money for this because we believe that we will be able to use the money with someone else to get the food, clothing and shelter we need. The bottom line, though, is that each of us must produce something of value (real wealth) in order to trade it for the colored paper which we then use to buy something we in turn value (real wealth).

The only way the economy moves forward is through the net production of wealth, and this leads us to our second principal. We can't improve the economy by taking one person's wealth and giving it to another. All that does is change the ownership of the wealth, but it doesn't increase it. Think about it. If a store owner has \$1,000 which the government taxes and then spends itself to buy a tank or pay welfare, we are all conditioned to think that the economy will improve because GM or the welfare recipient has \$1,000 more to spend. We lose sight of the fact that the store owner now has \$1,000 less to spend. Someone does gain, but someone else loses. There is no net inherent production of wealth in this.

The only way that government spending (which means taxing someone now or taxing someone later) improves our economy is if the government uses the money to have something made which is of greater value than the thing that would have been made for the store owner who had the \$1,000 in the first place. Overwhelmingly, the government does not spend as wisely as the original owner of the money would have – think bridge to nowhere or \$100 hammers.

Our third principal should seem intuitive. Business owners and workers both respond to rewards and punishments. If you tax investment too much, business will invest less in creating new jobs. If you tax work too much, workers will quit and take the welfare check instead. In each case, taxing too much reduces the production of real wealth – whether that's taking risks, managing the business or working on the assembly line.

So where do the candidates stand. Both claim they will reduce taxes. McCain will do so across the board, while Obama will do so "only" for families earning less than \$250,000. Since those who make more than \$250,000 pay about 65% of all taxes, Obama's plan will increase taxes overall and thus reduce wealth and job creation overall. McCain will also reduce capital gains taxes and corporate taxes, which will lead to greater business investment and more job creation. Lastly, McCain plans on reducing government spending to put more money back in the hands of Americans who know how to create wealth much better than any government bureaucrat ever could.

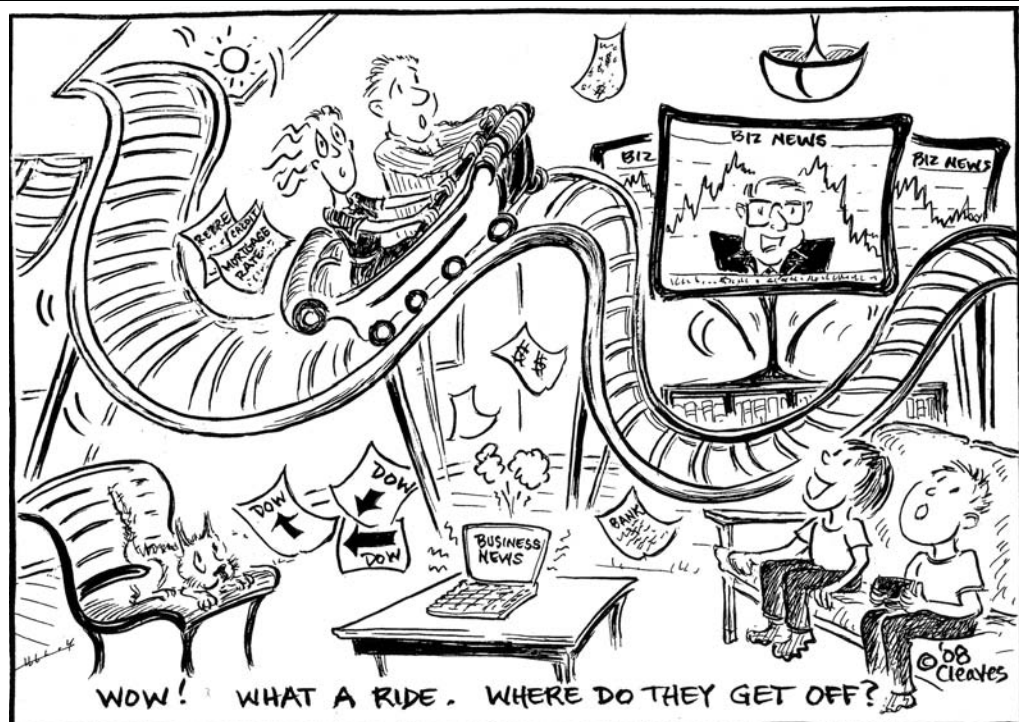
Now I can hear the complaints about how this will only make the rich richer and the poor poorer. Part of that is correct; the rich will get richer, but so will the poor, and typically by more than the rich. The latest World Bank data shows that with the tax cuts we've already had in this country, the following are all true: the poor have a larger share of total income than before, GDP per capita is higher than any other major country's and the economy is 19% larger than it was in 2000.

The McCain economic plan will increase our real wealth, improve employment, lift the poor faster and put money back into the hands of people who really know how to spend it well – those who earned it in the first place.

*Gregory J. Welborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at [gwelborn@mobserver.com](mailto:gwelborn@mobserver.com).*

## REMEMBER TO REGISTER TO VOTE:

**Your registration must be postmarked by October 20, 2008**  
**You can also register online. Go to: [www.ss.ca.gov](http://www.ss.ca.gov)**



## BALLOT MEASURES MADE EASY

### Free Forum - Oct. 18

If the array of initiatives on the November ballot make your eyes glaze over, two free public forums sponsored by the League of Women Voters Pasadena Area can help.

The second Ballot Measures Made Easy forum will be presented in an effort to reach younger voters and underrepresented community members, on Saturday, Oct. 18, 9:30 a.m. to 12:30 p.m., at the Jackie Robinson Center, 1020 N. Fair Oaks Ave., Pasadena. Free, light snacks will be served.

Snacks are free. Further information and luncheon reservations are available by calling 626-798-0965.

LWVPA is a nonpartisan political organization that encourages informed and active participation in government. It works to increase understanding of major public policy issues and influence public policy through education and advocacy.



## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1721556**  
The following person(s) is (are) doing business as: **MORTGAGE SOLUTIONS GROUP**, 126 ZAMARA ST., AZUSA, CA 91702. Full name of registrant(s) is (are) **ROCHELLE FLORES**, 126 ZAMARA ST., AZUSA, CA 91702. This Business is conducted by: **AN INDIVIDUAL. Signed: ROCHELLE FLORES**. This statement was filed with the County Clerk of Los Angeles County on **09/24/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 10/06, 10/13, 10/20, 10/27/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1676262**  
The following person(s) is (are) doing business as: **OSMART GENERAL CONSTRUCTION**, 5536 WELLAND AVE. #9, TEMPLE CITY, CA 91780. Full name of registrant(s) is (are) **OSCAR DAVID CHAVEZ**, 5536 WELLAND AVE. #9, TEMPLE CITY, CA 91780. This Business is conducted by: **AN INDIVIDUAL. Signed: OSCAR DAVID CHAVEZ**. This statement was filed with the County Clerk of Los Angeles County on **09/17/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 10/06, 10/13, 10/20, 10/27/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1772121**  
The following person(s) is (are) doing business as: **POP MARKET**, 842 E. MISSION RD. STE. D, SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) **PREM KUMARI BAHL**, 129 S. WESTMORELAND AVE. #102, L.A., CA 90004. This Business is conducted by: **AN INDIVIDUAL. Signed: PREM KUMARI BAHL**. This statement was filed with the County Clerk of Los Angeles County on **10/02/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 10/06, 10/13, 10/20, 10/27/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1772188**  
The following person(s) is (are) doing business as: **ROBERT and SONS READY MIX**, 2758 MARTIN LUTHER KING JR. BLVD., LYNWOOD, CA 90262. Full name of registrant(s) is (are) **JOSE RIVERA**, 3920 ALONDRA, COMPTON, CA 90222. This Business is conducted by: **AN INDIVIDUAL. Signed: JOSE RIVERA**. This statement was filed with the County Clerk of Los Angeles County on **10/02/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 10/06, 10/13, 10/20, 10/27/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1720111**  
The following person(s) is (are) doing business as: **NONNA PINA BAKERY**, 505 N. FIGUEROA ST. #623, L.A., CA 90012. Full name of registrant(s) is (are) **ALESSANDRA MAZZEO**, 505 N. FIGUEROA ST. #623, L.A., CA 90012. This Business is conducted by: **AN INDIVIDUAL. Signed: ALESSANDRA MAZZEO**. This statement was filed with the County Clerk of Los Angeles County on **09/24/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business

Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1711730**  
The following person(s) is (are) doing business as: **UTM INVESTMENTS**, 1874 S. PACIFIC COAST HWY. #372, REDONDO BEACH, CA 90277. Full name of registrant(s) is (are) **JESSICA L. WALKER**, JUSTIN P. CILEO, 120-B PALOS VERDES BLVD, REDONDO BEACH, CA 90277. This Business is conducted by: **CO-PARTNERS. Signed: JESSICA WALKER**. This statement was filed with the County Clerk of Los Angeles County on **09/23/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1694877**  
The following person(s) is (are) doing business as: **ALBERT J. HARRIS TRUCKING**, 13423 CURTIS & KING RD., NORWALK, CA 90650. Full name of registrant(s) is (are) **ALBERT J. HARRIS**, 13423 CURTIS & KING RD., NORWALK, CA 90650. This Business is conducted by: **AN INDIVIDUAL. Signed: ALBERT J. HARRIS**. This statement was filed with the County Clerk of Los Angeles County on **09/19/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1701918**  
The following person(s) is (are) doing business as: **CASTRO'S FASHION**, 13963 ALONDRA ST., SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) **ANTHONY CASTRO**, 2535 COLE PL., HUNTINGTON PARK, CA 90255. This Business is conducted by: **AN INDIVIDUAL. Signed: ANTHONY CASTRO**. This statement was filed with the County Clerk of Los Angeles County on **09/22/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1695147**  
The following person(s) is (are) doing business as: **1. DISTRICT 8 BOUTIQUE 2. DISTRICT 8**, 4240 ATLANTIC AVE., LONG BEACH, CA 90807. Full name of registrant(s) is (are) **F.T.H.C ENTERTAINMENT L.L.C.**, 3242 N. PARK LANE, LONG BEACH, CA 90807. This Business is conducted by: **A LIMITED LIABILITY COMPANY. Signed: FELIX BABAUTA / OWNER**. This statement was filed with the County Clerk of Los Angeles County on **09/19/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on SEPT. 19, 2008.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1694136**  
The following person(s) is (are) doing business as: **JC KITCHENS**, 1346 MAIN AVE., BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) **CHRISTIAN M. EGURVIDE**, 3960 HORN BROOK AVE., BALDWIN PARK, CA 91706. This Business is conducted by: **AN**

**INDIVIDUAL. Signed: CHRISTAN M. EGURVIDE**. This statement was filed with the County Clerk of Los Angeles County on **09/19/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1703918**  
The following person(s) is (are) doing business as: **LZ MOTORS CO.**, 612 N. LINCOLN AVE. #C, MONTEREY PARK, CA 91755. Full name of registrant(s) is (are) **WEITAO LI**, 612 N. LINCOLN AVE. #C, MONTEREY PARK, CA 91755. This Business is conducted by: **AN INDIVIDUAL. Signed: WEITAO LI**. This statement was filed with the County Clerk of Los Angeles County on **09/22/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1693982**  
The following person(s) is (are) doing business as: **NICEDAY INN**, 8463 GARVEY AVE., ROSEMEAD, CA 91770. Full name of registrant(s) is (are) **VINCENT TONG**, PI-O JAN, 3853 E. COLORADO BL., PASADENA, CA 91107. This Business is conducted by: **CO-PARTNERS. Signed: VINCENT TONG**. This statement was filed with the County Clerk of Los Angeles County on **09/19/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1703826**  
The following person(s) is (are) doing business as: **NUVO SIGNS**, 354 S. LEMON AVE., WALNUT, CA 91789. Full name of registrant(s) is (are) **5 DIAMOND PROMOTIONS, LLC.**, 354 S. LEMON AVE., WALNUT, CA 91789. This Business is conducted by: **A LIMITED LIABILITY COMPANY. Signed: U. AWAN/ CEO**. This statement was filed with the County Clerk of Los Angeles County on **09/22/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on SEPT 22, 08.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1694540**  
The following person(s) is (are) doing business as: **T&S MAINTENANCE**, 21321 E. VENTON ST., COVINA, CA 91724. Full name of registrant(s) is (are) **TOMAS RODDA**, SONIA RODDA, 21321 E. VENTON ST., COVINA, CA 91724. This Business is conducted by: **HUSBAND and WIFE. Signed: TOMAS RODDA**. This statement was filed with the County Clerk of Los Angeles County on **09/19/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/29, 10/06, 10/13, 10/20/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1633745**  
The following person(s) is (are) doing business as: **CLASSIC EVENTS**, 1004 WEST COVINA PKWY. STE. 232, WEST COVINA, CA 91790. Full name of registrant(s) is (are) **SIXTO NAVARRETE, JR.**, 2413 LEAFDALE AVE., EL MONTE, CA 91732. This Business is conducted by: **AN INDIVIDUAL. Signed: SIXTO NAVARRETE JR.** This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

The following person(s) is (are) doing business as: **CLASSIC EVENTS**, 1004 WEST COVINA PKWY. STE. 232, WEST COVINA, CA 91790. Full name of registrant(s) is (are) **SIXTO NAVARRETE, JR.**, 2413 LEAFDALE AVE., EL MONTE, CA 91732. This Business is conducted by: **AN INDIVIDUAL. Signed: SIXTO NAVARRETE JR.** This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1632311**  
The following person(s) is (are) doing business as: **COASTAL FINANCIAL**, 761 E. GREEN ST. STE. 10, PASADENA, CA 91101. Full name of registrant(s) is (are) **S.N.S. INC.**, 761 E. GREEN ST., PASADENA, CA 91101. This Business is conducted by: **A CORPORATION. Signed: L.H. / CEO**. This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 5/24/2002.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1624369**  
The following person(s) is (are) doing business as: **HEAT PHYSICAL THERAPY**, 838 CYPRESS AVE. #9, HERMOSA BEACH, CA 90254. Full name of registrant(s) is (are) **HEATHER PETERSEN**, 838 CYPRESS AVE. #9, HERMOSA BEACH, CA 90254. This Business is conducted by: **AN INDIVIDUAL. Signed: HEATHER PETERSEN**. This statement was filed with the County Clerk of Los Angeles County on **09/09/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1633930**  
The following person(s) is (are) doing business as: **1. LONG BEACH PLUMBING and HEATING 2. LONG BEACH PLUMBING, HEATING and AIR CONDITIONING 3. CERRITOS PLUMBING 4. CERRITOS PLUMBING and HEATING 5. CERRITOS PLUMBING HEATING and AIR CONDITIONING 6. ARTESIA PLUMBING 7. ARTESIA PLUMBING and HEATING 8. ARTESIA PLUMBING HEATING and AIR CONDITIONING 9. WHITTIER PLUMBING 10. WHITTIER PLUMBING and HEATING 11. WHITTIER PLUMBING HEATING and AIR CONDITIONING 12. LA HABRA PLUMBING 13. LA HABRA PLUMBING and HEATING SERVICES 14. LA HABRA PLUMBING and HEATING 15. LA HABRA PLUMBING HEATING and AIR CONDITIONING** 13212 EDWARDS RD., LA MIRADA, CA 90638. Full name of registrant(s) is (are) **BELLFLOWER PLUMBING and HEATING, INC.**, 13212 EDWARDS RD., LA MIRADA, CA 90638. This Business is conducted by: **A CORPORATION. Signed:**

**RODOLFO PERALES / PRES**. This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1640417**  
The following person(s) is (are) doing business as: **P and S CLOTHING LOGO PRINTING**, 1302 4<sup>th</sup> AVE., L.A., CA 90019. Full name of registrant(s) is (are) **PLACIDO PONCE**, SABINA ALVILLAR, 1406 6<sup>th</sup> AVE., L.A., CA 90019. This Business is conducted by: **HUSBAND and WIFE. Signed: PLACIDO PONCE**. This statement was filed with the County Clerk of Los Angeles County on **09/11/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1639774**  
The following person(s) is (are) doing business as: **SQUARE ONE GROUP**, 10119 JERSEY AVE., SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) **ANTHONY MICHAEL ROMO**, 10119 JERSEY AVE., SANTA FE SPRINGS, CA 90670. This Business is conducted by: **AN INDIVIDUAL. Signed: ANTHONY ROMO**. This statement was filed with the County Clerk of Los Angeles County on **09/11/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1639902**  
The following person(s) is (are) doing business as: **1. SUNLIGHT INVESTMENTS 2. SUNLIGHT ESTATES**, 760 W. REDONDO BEACH BLVD., GARDENA, CA 90247. Full name of registrant(s) is (are) **DARWOOD CHUNG**, SUSAN CHUNG, 800 W. 1<sup>st</sup> ST. #805, L.A., CA 90012. This Business is conducted by: **HUSBAND and WIFE. Signed: DARWOOD CHUNG**. This statement was filed with the County Clerk of Los Angeles County on **09/11/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on JANUARY 6, 2003.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1632579**  
The following person(s) is (are) doing business as: **VIDEO**

**SURVEILLANCE 4 LESS**, 1171 S. ROBERTSON BLVD. #290, L.A., CA 90035. Full name of registrant(s) is (are) **STEPHANE BENHAMOU**, 1214 S. BEDFORD ST. #3, L.A., CA 90035. This Business is conducted by: **AN INDIVIDUAL. Signed: STEPHANE BENHAMOU**. This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1606352**  
The following person(s) is (are) doing business as: **WEST COAST CREDIT SERVICES**, 761 E. GREEN ST., STE 10, PASADENA, CA 91101. Full name of registrant(s) is (are) **S.N.S., INC.**, 761 E. GREEN ST., PASADENA, CA 91101. This Business is conducted by: **A CORPORATION. Signed: NAZO HOVAKIMIAN / CEO**. This statement was filed with the County Clerk of Los Angeles County on **09/05/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 5/24/2002.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 08-1630509**  
The following person(s) is (are) doing business as: **WILL TRAIN U**, 5503 WOODRUFF AVE., LAKEWOOD, CA 90713. Full name of registrant(s) is (are) **REGINAL GARY**, 1900 E. OCEAN BLVD., LONG BEACH, CA 90802. This Business is conducted by: **AN INDIVIDUAL. Signed: REGINAL GARY**. This statement was filed with the County Clerk of Los Angeles County on **09/10/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 7/07.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/15, 09/22, 09/29, 10/06/2008

## FICTITIOUS BUSINESS NAME STATEMENT

**File No. 20080025476**  
The following person(s) is (are) doing business as: **STRIKE FORCE SECURITY**, 16140 SATICOY ST. VAN NUYS, CA 91406. Full name of registrant(s) is (are) **DAVID WALKER & ASSOC., INC.**, 5678 ORCHARD PARK DR., SAN JOSE, CA. 95123. This Business is conducted by: **AN INDIVIDUAL. Signed: DAVID WALKER & ASSOC., INC.** This statement was filed with the County Clerk of Los Angeles County on **08/26/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.  
**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)  
Publish: MountainViews-Observer  
Pub. 09/12, 09/19, 09/26, 10/3/2008  
MBP

### City of Sierra Madre

## Public Hearing Notice

**To:** Property Owners within a 300 ft. radius  
**Subject:** Variance 08-01 - 679 Brookside Lane  
**Applicant:** Irene Carrouche

*The City of Sierra Madre gives notice, pursuant to State of California Law, that the Planning Commission will conduct a public hearing to consider the request of a Variance for the property at 679 Brookside Lane. The applicant is proposing the construction of a new 1,571-square-foot, two-story residence and is requesting a Variance to allow an encroachment of thirteen (13) feet into the minimum 25-foot front yard setback as established by Municipal Code Section 17.20.050(A)(1).*

*Place, Date and Time of Meeting  
Sierra Madre City Council Chambers  
232 W. Sierra Madre Blvd.  
Sierra Madre, CA 91024  
Thursday, October 16, 2008  
Meeting begins at 7:00 pm*

*All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.*

*PROJECT LOCATION: 679 Brookside Lane, in the City of Sierra Madre, County of Los Angeles, State of California*

*APPEAL: The decision of the Planning Commission is subject to a 10-day-appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning commission in court, one may be limited to raising issues that were raised or presented in written correspondence delivered to the Planning Commission at or before the scheduled public haring. For further*



# Jeff's Pics Read All About It

By Jeff Brown

## Headlines You May Have Missed:

### Mom's Diet Can Alter Genes to Raise Babies' Asthma Risk

HealthDay News -- Increasing use of folic acid and other dietary supplements by women may be one reason why the prevalence of asthma has nearly doubled in the past 25 years, U.S. researchers are suggesting.

[http://news.yahoo.com/s/hsn/20080919/hl\\_hsn/momdietcanaltergenestoraisebabiesasthmarisk](http://news.yahoo.com/s/hsn/20080919/hl_hsn/momdietcanaltergenestoraisebabiesasthmarisk)

### 12-Year-Old May Hold Key to Solar Energy

PC Magazine - William Yuan is a seventh grader in Oregon whose project may change the energy industry and make solar energy far easier to harness and distribute. He's already won a scholarship and funding based on the idea alone.

[http://news.yahoo.com/s/zd/20080919/tc\\_zd/232218](http://news.yahoo.com/s/zd/20080919/tc_zd/232218)

### New Zealand's Election Campaign Goes To The Dogs

WELLINGTON (Reuters) - A pet food company has come up with a novel way of gauging the public mood ahead of the New Zealand's general election -- which political leader would you like to see fed to the dogs?

[http://news.yahoo.com/s/nm/20080923/od\\_uk\\_nm/oukoe\\_uk\\_newzealand\\_election\\_dog;\\_ylt=ApXaLZSvO8JeH5VemK.jSVTtiBIF](http://news.yahoo.com/s/nm/20080923/od_uk_nm/oukoe_uk_newzealand_election_dog;_ylt=ApXaLZSvO8JeH5VemK.jSVTtiBIF)

### CIA, FBI Embrace Secret Web Site

CNN-U.S. intelligence agencies are encouraging staffers to use a new social-networking site designed for the secret world of spying. Called A-Space, it's for analysts within the nation's 16 intelligence agencies to share information about al Qaeda, & other issues

### City Aims To Make Money From Poo Power

SAN ANTONIO, Texas (AP) -- The city plans to turn the stench of its residents' waste into sweet green cash (\$250,000 a year) and renewable energy. The San Antonio Water System will sell captured methane gas generated from the utility's treatment of 140,000 tons of biosolids, or sewage, from customers each year.

<http://www.cnn.com/2008/TECH/science/09/11/sewage.energy.ap/>

### Naples Hails Miracle As Saint's Blood Liquefies

NAPLES, Italy (Reuters) - Thousands of Neapolitans crowded into the city's cathedral on Friday to witness the miracle of Saint Gennaro -- whose dried blood is said to liquefy twice a year, 17 centuries after his death. Sure it does!!!

[http://news.yahoo.com/s/nm/20080923/od\\_uk\\_nm/oukoe\\_uk\\_italy\\_miracle;\\_ylt=AvEuS4bgkx3toB7kgOkHolvtiBIF](http://news.yahoo.com/s/nm/20080923/od_uk_nm/oukoe_uk_italy_miracle;_ylt=AvEuS4bgkx3toB7kgOkHolvtiBIF)

### Wind Farm To Be Built Off Delaware Shore

CNN - A contract to build what is being called the nation's first offshore field of wind turbines was announced Monday by a Delaware firm that will build the generators off the Atlantic coast. Using electricity generated by the wind, Delmarva Power will be able to light about 50,000 homes a year, every year with the first power expected by 2012.

[www.cnn.com/2008/TECH/06/23/wind.turbines/index.html](http://www.cnn.com/2008/TECH/06/23/wind.turbines/index.html)

### EPA Won't Limit Toxic Pollutant In Drinking Water

AP - WASHINGTON - The Environmental Protection Agency has decided there's no need to rid drinking water of a toxic rocket fuel ingredient that has fouled public water supplies around the country. The ingredient, perchlorate, has been found in at least 395 sites in 35 states at levels some scientists say could interfere with thyroid function and pose developmental health risks, particularly for babies and fetuses.

[http://news.yahoo.com/s/ap/rocket\\_fuel\\_pollution;\\_ylt=AuLwC\\_JM6W7AyDKAEm\\_fdcDW7oF](http://news.yahoo.com/s/ap/rocket_fuel_pollution;_ylt=AuLwC_JM6W7AyDKAEm_fdcDW7oF)



## TABLE FOR TWO

By Peter Dills

## Response and Tip

"Don't Sweat The Small Stuff," is the title of a book, and it seems to me it is a lot easier to pontificate than live it. Some

of these people in the book, I believe, must be related to me, because the sure know how to push my buttons. I want to be the Michael Jordan of restaurant critics and I abide by the highest ethical standards in the business, and I would never accept more than \$100 under the table for a great review. Just kidding, my palate challenged detractors!

Recently I received a letter that went something like this...

Dear Peter,

*My wife and I try to read your Column in The Observer every weekend. How is that you don't try every single dish on the menu? You mention two or three that you have tasted and then list the prices for others. Your reviews are usually favorable. What's the scoop?*

Craig - East Pasadena

Dear Craig,

Thanks for picking up the paper. Susan (the Editor) and I appreciate your readership. You may notice that the Los Angeles Times readership is sagging so you can be certain The Observer is absorbing many of those readers; maybe you are one? Numerous papers call in advance to setup a tasting for their reviewer. We decided two years ago that I would come in anonymously, thus all I can manage, which is a euphemism for "all I can afford", is two or three dishes. I talked to Susan about increasing my restaurant stipend but she keeps telling me she is busy and will get back to me. I have a feeling I won't be getting that eight-course meal you are hoping to hear about anytime soon. My response to the favorable review is this; no one wants to hear about a bad relative or a terrible restaurant! I eat at enough of them for the two of us. Good tip to follow, if I haven't reviewed it, don't eat there. Thanks, Craig, I will rule this contest a draw.

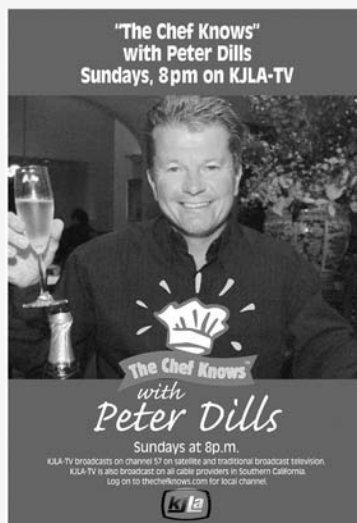
### My Week's Rant

I have mentioned in the past few weeks about David v. Goliath ... The chain vs. the mom-and-pop restaurants. Only these Davids don't have God on their side. I love my Chai Tea Latte; I get it almost everyday at Starbucks. If you haven't had it, it's like a little cloud outside of Heaven. I had a morning meeting and decided that Starbucks was too busy and noisy, so we went over to The Zephyr Coffee house on Colorado. I was glad to see that they offered a Chai Tea; I ordered it the exact same way that I do at the other place. Two very delightful young ladies were taking orders and making the drinks. I explained my drink order and the first go around it was woefully wrong, so at the urging of my meeting partner I took it back. I explained that I wanted it foamy and with lots of chai... I even tipped a dollar in advance. The power of the dollar isn't what it used to be though. You know what TIPS stands for? To Insure Proper Service. So one of the baristas said, "I can sit here all day and make it." I told them if done right the drink is Heaven and to do their best! Nope, zero for two! The milk was flat, meaning no foam = no Heaven for Peter. Fool me once shame on you, fool me twice... Well you know the rest. It's back to Starbucks and Goliath!

So my suggestion is stick up for yourself, especially now, it's your money!!

Agree?  
Disagree?

Send me an email to the [chefknows@yahoo.com](mailto:chefknows@yahoo.com).



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7:00 PM - 10 - Opera to Broadway with Darryl  
Guerrero & the Cafe 322 Singers

Wednesday 17th

- 8:00 PM The Jon Mayer Trio

Thursday 18th

- 8:00 PM Jazz Vocalist Dana Donatelli

Friday 19th

The Donovan Muradian Quartet

Saturday 20th

- 10:00 PM Mercy and the Markets

Sunday 21st

- 1:30 PM - 4:30 New Astro Turf  
7:00 PM - 10 - Opera to Broadway with Darryl  
Guerrero & the Cafe 322 Singers

Thursday 25th

The Fuzzy Logic Boplet

Friday 26th

8:00 PM Flat Top Tom Swing Party


Saturday 27th

8:00 PM The Superstitions

Sunday 28th

- 1:30 PM - 4:30 The Mercy Powell Quartet Jazz Lunch,  
7:00 PM - 10 - Opera to Broadway with Darryl  
Guerrero & the Cafe 322 Singers





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RIBOLI FAMILY



## Looking Up Reaching Out—to the Moon and Beyond the Observable Universe

With Bob Eklund



Photo by Aaron Dominguez

MANKIND IS PREPARING FOR A NEW OUTREACH to lunar space, but this time it's India that is carrying the ball. Europe, by providing three scientific instruments, is also participating in a big way in the Indian Space Agency's Chandrayaan-1 mission to the Moon. All these instruments have been delivered, tested and integrated with the spacecraft, and validation tests are underway.

The Chandrayaan-1 spacecraft, now at the Indian Space Research Organization (ISRO) facilities in Bangalore, India, will be placed in a low lunar orbit, bringing it very close to the Moon and thereby obtaining data of a high quality.

The first of the craft's major instruments, the SIR-2 near-infrared spectrometer, was delivered to India in the first week of November last year. The second, the Sub-kilo electron volt Atom Reflecting Analyzer (SARA), was delivered in April 2008. Europe's contribution is now complete as the Chandrayaan-1 X-ray Spectrometer (CIXS), the third instrument, was tested and integrated with the spacecraft this August.

SIR-2 will survey the Moon's geological composition and the effect of space weathering on its surface. Data from the instrument will be used to study the formation of the structures that exist on the Moon. SARA will measure the atomic emissions that result from interactions of the solar wind with the Moon's surface. The CIXS instrument, performing X-ray Spectroscopy, will yield information on the Moon's origin and evolution.

MEANWHILE, BILLIONS OF TIMES FARTHER AWAY THAN THE MOON, distant galaxy clusters

appear to be affected by the gravitational attraction of matter that lies beyond the observable universe.

That is the conclusion of scientists studying data from NASA's Wilkinson Microwave Anisotropy Probe (WMAP). "The clusters show a small but measurable velocity that is independent of the universe's expansion and does not change as distances increase," says lead researcher Alexander Kashlinsky at NASA's Goddard Space Flight Center in Greenbelt, Md. "We never expected to find anything like this."

Kashlinsky calls this new-found collective motion a "dark flow," in the vein of more familiar cosmological mysteries: dark energy and dark matter. "The distribution of matter in the observed universe cannot account for this motion," he says.

The astronomers teamed up with Dale Kocevski at the University of California, Davis, and Harald Ebeling from the University of Hawaii, to identify some 700 X-ray clusters that could be used to find the subtle spectral shift. This sample included objects up to 6 billion light-years—or nearly half of the observable universe—away.

Using the galaxy cluster catalog and WMAP's three-year view of the microwave

background radiation, the astronomers detected bulk cluster motions of nearly 2 million miles per hour. The clusters are heading toward a patch of sky between the constellations of Centaurus and Vela.

What's more, this motion is constant out to at least a billion light-years. "Because the dark flow already extends so far, it likely extends across the visible universe," Kashlinsky says. The finding flies in the face of predictions from standard cosmological models. If you'd like to learn more, you can contact Bob at b.eklund@mvoobserver.com

## From the Inside Out: Shrugging Off Shingles

By Mary Carney



They're real, excruciatingly painful, and caused by reactivation of the varicella-zoster virus that remains in your body if you've ever had chicken pox. For "some unknown reason" if you're older, that virus flares out of control, creating liquid-filled blisters where your nerves are screaming with pain-telling you clearly that there's a problem inside.

If you're "Older", why, would shingles become a problem? The Varicella-Zoster virus may burst from hibernation when immune systems are weak, when body systems are overloaded, and/or when we're short of specific minerals and proteins (i.e., HIV virus specifically requires selenium, glutamate, tryptophan and cysteine to stay inactive in the body - and so do many essential body functions. So you have to make sure that you have enough to shut up the virus AND take care of the rest of you.)

So, if you've ever had (or have) shingles ... let's look back a bit. Were you feeling "not up to snuff" before they occurred? Were you tired? Run down? Had the doctor given you a new medication?

Did you know your liver is in charge of cleaning out drugs once they're in your body? If your liver has not been functioning well, or is out of balance, do you really think your liver can do more of what it was already not doing well? Of course not.

So, if you've got shingles now, what can you do to stop this screaming, debilitating pain - which is creating, by the way, an even higher load of stress than you had before?

Well, keeping the shingles virus under control means looking at several systems, being honest about your answers, and being willing to take action. Has your doctor suggested any of the following four courses of action? If not, why not?

1) Immune System: What are the long term stresses that have led to your immune system being unable to keep up with its current challenges? Are you getting enough sleep-which is when your body's healing systems function best? (I can hear you say, "sleep? With this pain? Are you kidding?") Yes, well, without enough sleep and relaxation your own personal healing system isn't working well - and you were probably short there before the rampage got started.

2) Digestive System: Are you eating ONLY fresh fruits and veggies, dark green leafy greens, whole grains seeds and nuts? Are you getting enough digestible protein? Is your digestion strong enough to actually convert real food into utilizable nutrients? Do you have enough Amylase enzymes to breakdown carbohydrates into essential energy sugars? Do you have enough Lipase enzymes to break down the fats? Do you have enough Protease enzymes to make the proteins available for use? Have you taken any Cellulase to remove old fiber deposits along your colon walls? Without enzymes, NOTHING gets done in your body.

3) Liver: Because it's the liver's job to clean out

toxins (all drugs and drug byproducts are toxins), what state is your liver in? Is it in fine fettle? Or somewhat sluggish? Do you think more medications will "make it well?" now that you know that all medications and their by-products are part of the problem? Or are you willing to dedicate at least eight weeks of time and patience to help your liver get better? (www.liverdoctor.com)

4) Stress: How many deeply buried emotions have been piling up, creating serious stress? Before the Immune System got tired? Before the Liver went down? Before the Shingles burst out? And, now that you've got all these things out of whack, just how much extra rage and fear and helplessness and despair is there? Maybe you want to do something about those emotions, as well? So, where would I start if I had them? (thetah HealingBlog.typepad.com)

I'd do three or four things right away.

#1 Immediately get individualized Magnesium, Zinc, B vitamins and Vitamin C into me - I've mentioned magnesium before as something I'm short on when my teeth ache, or when I go from 4 hours to 30 seconds between realizing I should piddle, and actually doing so. Nerves low on magnesium tend to scream a lot. B vitamins are essential in handling stress; Vitamin C boosts the immune system, and Zinc is needed for both the Zinc and B's to work well.

#2 Immediately add an excellent multi-enzyme and Betaine Hydrochloride (HCl) at the start of every meal or snack (fresh foods only-no canned, frozen or processed). For sure I'd take individual Amylase and Lipase enzymes between every meal and before sleeping at night. Digestive enzymes work therapeutically when the stomach is empty, which gives them time to "clean up" what incomplete digestive processes left behind. For example, Amylase converts carbohydrates into something easily usable - helping lighten the liver's glycogen-to-energy processing load. Lipase helps digest fats, also giving the liver a break, and removing fat deposits from cell glycogen receptor sites; when the fat is there, that's when you have insulin resistance.

#3 Immediately get help in eliminating any buried rage or any other deep emotions that us folks of a certain age learned not to admit we have. Unexpressed and unresolved emotions fester and either inhibit or over-stimulate neurotransmitters production - and thus our nerves. And those, as we all know, affect everything.

#4 Immediately add more healing life force energies to help balance my immune system from the inside out, as well as give my cells the energy to do their jobs better.

True healing is from the inside out - so if you are currently dealing with shingles, may you soon find ways to feed that virus what it needs to shut up and hibernate again.

### SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

Sierra Madre Woman's club is again offering protection against the flu with a two-day flu clinic Saturday and Sunday, October 4-5, 9 a.m. to noon in Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd. in Sierra Madre.

This year's vaccine formula is significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick in.

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions.

To make an appointment or for more information, please call (626) 355-8586. Walk-ins are welcome.

Phyllis Chapman (626) 355-3928 Martha Spriggs, Chair (626) 355-8586





## The Senior Spot

By Bruce Lamarche

### "BOOMERS"- Late Saving Makes a Retiring Difference

Many baby boomers, within 10 years of retirement age, are facing the fact that they may not be able to afford the lifestyle they want later in life. If you are one of them, take heart. It is possible to make up for lost time. While specific recommendations vary, there is general consensus on the basic steps.

First, get a handle on your financial situation. Take an objective look at your current status and your long-term financial needs, and calculate the shortfall. With that information in hand, you can make a strategy that enables you to make up the difference.

#### DETERMINE YOUR STATUS

Start by knowing your retirement costs. Track your spending for a few weeks. Incorporate likely spending fluctuations and allow for adequate health insurance, including coverage for long-term care.

Next, list all your retirement assets, including your home, and the amount you will receive in pensions and Social Security payments. Ask former employers for a Pension Benefit Estimate as necessary, and contact the Social Security Administration or refer to your latest Social Security Retirement Benefit Estimate statement.

Subtract your retirement assets from the estimated goal amount; the difference is your savings goal.

#### TAKE FULL ADVANTAGE OF EXISTING OPTIONS

Contribute as much as possible to workplace retirement programs, such as 401(k) or 403(b) plans. Be sure to save enough to receive the maximum employer match.

Capitalize on tax breaks for older workers. The 2001 federal tax law, which expires in 2010, includes special catch-up provisions for people born in 1952 or earlier; changes affect Individual Retirement Accounts (IRAs) and Roth IRAs, as well as workplace programs. Allowable contributions began increasing in 2002 and continue to climb.

#### SHIFT YOUR PRIORITIES

Cut your expenses. Pay down debt and save more. Arrange for automatic deductions from your account, both to help you avoid the temptation of available cash and to ensure that money is invested at regular intervals. Each year, save an increasing percentage of your income. Diversify; spread your investments to balance risk. If you can't pay cash for something, don't buy it. Keep your automobile for a longer time. A \$100 detail job and new paint may be all you need to feel better about your wheels.

#### PRESERVE YOUR EQUITY

Avoid continually refinancing your home to preserve your growing equity. Work on additional principle reduction with that extra little bit added to each payment. It adds up. As your home increases in value and your balance drops you will be more prepared to take advantage of a Reverse Equity Mortgage at age 62. This allows you to eliminate mortgage payments altogether and possibly receive a non-taxable income from your home. More equity increases your options for retirement.

Other options can include getting a second job, moving to a more affordable home, working a few years longer than you planned or working after retirement.

Above all, begin at once. Be willing to sacrifice and stick to your plan. While you may have waited longer than you should have to begin preparing for your later years, it's never too late to start.

Got a question? Ask Bruce by phone-(626)335-3412 or e-mail: blamarche@verizon.net

This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors®, www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.LASeniorMortgage.com



By Pat Birdsall

## BIRD'S EYE VIEW

### Visa More Than A Credit Card Part II

I was hoping that the trip to the vet with Visa would fix what ailed her. Instead, it opened the proverbial can of worms involving both Visa, and my other cat Rosie.

Their plight, coupled with everything else that has "hit the fan" this week has certainly put a damper on my producing a

column.

Next week has got to be better doesn't it?

# SENIOR HAPPENINGS...

By Pat Birdsall

#### FYI:

##### Charity "Hit" List

Once you give to one charity, your contact information may quickly turn up on other lists. One way to slow down the flow of calls is to tell the charity that you do not want it to rent, sell or exchange your name, address and phone number with any other group. Say you won't donate again if it doesn't follow your wishes.

It is true that charities are exempt from the National Do Not Call Registry, but many maintain their own Do Not Call lists. So tell any callers to add your name to their lists if you do not want to receive calls. If you are getting solicitations by mail, write to the source. The American Institute on Philanthropy has a sample letter you can use to tell the charity to stop or reduce mailings to you. You can find it at: [www.charitywatch.org/articles/fundraising.html](http://www.charitywatch.org/articles/fundraising.html)

AARP Bulletin

### ~Helpful Hints~

Got a tough tomato stain on your blouse or shirt? Just spray some WD-40 on it, wait a couple of minutes, then wash as usual.



#### Happy Birthday

Sole Krieg and Pat Birdsall

## Recipe of the Month:

### Chili-Roasted Sweet Potato Wedges

1 ½ pounds (2-3 medium) sweet potatoes  
2 Tbsp olive oil  
1 Tbsp sugar  
1 tsp chili powder  
Coarse salt and ground pepper



1- Pre-heat oven to 425. Cut each potato lengthwise into 8 wedges.

2- On a large rimmed baking sheet lined with parchment paper, toss potatoes with oil, sugar, chili powder, 1 tsp coarse salt and 1/4 tsp ground pepper, until coated. Arrange wedges, cut sides down.

3- Roast potatoes until browned and tender, 15 to 20 minutes. Season with additional salt if desired. Serves 4  
Everyday Food

## For Your Funny Bone

Letter from College

Dear Dad, \$chool i\$ really great. I've made lot\$ of friend\$ and am \$tudying hard. With all my Stuff I \$imply can't think of anything I need, \$o if you would like you can ju\$t \$end me a card, a\$ I would love to hear from you. - Love, your \$on

Dear Son, I kNOW that astroNOMy, ecoNOMics and oceaNography are eNOugh to keep even an hoNOr student busy. Do NOT forget that the pursuit of kNOWLEDge is a NOble task, and you can never study hard eNOugh. - Love, Dad

~~~~~

According to a recent study conducted by Harvard University, the average American walks about 900 miles a year. According to the American Medical Association, Americans drink an average of 22 gallons of alcohol a year. This means, on average, Americans get about 41 miles to the gallon. Is this a great country or what?

### Quote: "You are only young once, but you can stay immature indefinitely."

- Author Unknown

#### Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**Lunch Program:** Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors

**Monday:** Free Strength Training Class with volunteer Lisa Brandley 1:00- 1:45 PM

**Tuesday:** Bingo: 1:30-3:30 PM .25c per card. Yoga- 5:30 PM- 7:00PM Instructor Andrea Walsh- \$6.50 for seniors (50 and over.) Call 355-5278 for more information

**Wednesday:** 1st & 3rd Wednesdays-Community Lunch & Learn Program

**Thursday:** Game Day- 1:00- 3:30 PM Poker, UNO, Scrabble, Cribbage, Chess, Checkers, Backgammon, Pinochle...you name it.

Yoga- 5:00 PM- 6:30PM \$6.50 for seniors (50 and over) Call 355-5278 for more information

**Friday:** Ping-Pong- 1:30 PM

**Saturday:** Senior Club for those 55 and older- Brown bag lunch at 11:30AM. Meeting at Noon- Bingo at 12:30 PM -Only .25c per card



Can you donate one hour of your time per month? Local volunteer drivers are desperately needed for the Sierra Madre Meals-on-Wheels program. Please call Darlene Traxler at 626.355.6220. You can make a difference in someone's life.

#### Meals-On-Wheels:

Meals are delivered to homebound seniors through the YWCA Intervale lunch program M-F with frozen meals for the weekend. \$2.00 suggested donation per day  
Call Susan Garcia at (626) 858-8382

## Sierra Madre Chamber Seeks Contestants For Annual Chili Cook-Off

The Sierra Madre Chamber of Commerce will hold its annual Chili Cook-off on Thursday, Oct. 16, 2008 at the Hart Memorial Park House from 6-8pm.

Entry applications are now being accepted thru Oct. 15<sup>th</sup>. Applications are available at the Chamber office at 37 N. Auburn Ave. or download it from [www.sierramadrenews.net/chilicookoff2008](http://www.sierramadrenews.net/chilicookoff2008).

All contestants must provide four quarts of homemade, ready to serve chili in a crock pot or other heating tray. Contestants must also provide a serving spoon or ladle plus condiments particular to their recipe. The contest is limited to twenty entries, so be sure and get your application in early.

All entries must be delivered to the Senior Center at 222 W. Sierra Madre Blvd no later than 5:45 p.m. on October 16<sup>th</sup>. No late entries will be accepted.

The public is invited to attend and sample the various recipes. Admission is \$10 for Chamber members, and \$15 for non-members. Contact: Bill Coburn at (626) 355-4972

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## SIERRA MADRE WOMAN'S CLUB TO SPONSOR FLU CLINIC

Sierra Madre Woman's club is again offering protection against the flu with a two-day flu clinic Saturday and Sunday, October 4-5, 9 a.m. to noon in Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd. in Sierra Madre.

This year's vaccine formula is significantly more effective, says the Center for disease Control and Protection. October begins the flu season. The sooner people get shots the better, since it takes about two weeks for immunity to kick in.

The flu shot is \$25. Also being offered is the pneumonia vaccine at \$50, tetanus at \$50 or the combination of tetanus and pertussis (whooping cough) at \$70. A doctor and an RN will be present to answer any questions.

To make an appointment or for more information, please call (626) 355-8586. Walk-ins are welcome.

Phyllis Chapman, Publicity  
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## One Of A Kind:

*Featuring unique homes & gardens and the people who create them* By Chris Bertrand

# Spruce Up Your Garden Using Some Great Websites

Nothing gets a gardener's juices flowing like a colorful bulb catalog filled with luscious pictures of vivid tulips and daffodils. The internet now facilitates all manner of internet-assisting gardening with rare and exotic plant shopping, discount coupons, easy comparisons, gardening tips and research. Here are my thoughts on several of the sites I use regularly.

Bamboo Headquarters, based in Northern San Diego County, offers the best of both worlds to LA bamboo shoppers, internet shopping and research plus the opportunity to visit them in rural Vista, about 90 minutes south of here. I purchased some unusual variegated bamboo through their website last year. Gardeners and non-gardeners are both intrigued by the beautiful plants I've potted on my back patio. Their 42 acres of growing grounds includes 3 acres of displayed plants from 3, 5, and 15 gallon specimens to 48" boxed bamboo. A 20,000 square foot climate controlled greenhouse is used for cultivation. Tour the grounds online, or make an appointment for a visit and tour. They recommend you review the section called "Bamboo101" for the greatest success with your bamboo purchase. All the varieties they offer are clearly marked with the ability to reference their temperature and sunshine tolerances. Call them at 866-293-2925 or visit their website at [www.BambooHeadquarters.com](http://www.BambooHeadquarters.com)

Gardeners Supply is a Burlington, Vermont based company. I regularly reference their articles, which include how to articles, tips, success stories, pest identifiers, product guides and an "ask the expert" capability where employees will happily answer your gardening queries. This month features "Let worms make your compost" and "Leaf Mold: World's best mulch is free for the making." I, for one, have sworn off Miracle Gro in favor of a greener approach to gardening.

Sarah Tapauskas, at Gardeners Supply, single-handedly maintains all 3 acres of display gardens. They include a habitat garden inviting to specific birds and butterflies, etc., an alley, which is a symmetrical bowling lane shaped garden lined by trees, perennial and vegetable gardens. You can view many of their products in use through their homey, but well designed tour of the gardens in action, or they invite visitors to their two Vermont locations. The tour comments give frank discussion on what has worked and what was challenging. For instance, they started with brick edging in the alley, but it presented a nightmarish weeding job, so they switched to clean metal edging.

Will Raap, Founder and Chairman of Gardener's Supply has been on a mission since the company's inception in 1983 to educate, equip and inspire gardeners, creating a mission statement, "We are in business to spread the joys and rewards of gardening, because gardening nourishes the body, elevates the spirit, builds community, and makes the world a better place." Gardeners Supply also invites submissions of articles about how gardening has affected your life, for inclusion on the website, too. Earth-friendly gardening innovations are regularly featured, too. [www.Gardeners.com](http://www.Gardeners.com)



42 acres of bamboo plants at Bamboo Headquarters in rural Vista provides gorgeous bamboo products grown nearby, which predisposes them to an easier transition to your garden.

Best Nest was recommended to me last year by the homeowners' association manager of my former community. The HOA used this company as a source for their owl habitats to reduce the gopher population out of control in the many acres of the nearly 50 per cent open space intertwined in Danville's Blackhawk community. I've now purchased the owl habitat. Now all I need is the acrobatic manpower to get it from my garage into that tree! Supposedly, if I build it, they will come... the hungry, gopher eating owls that is! Best Nest offers a wide selection of bird feeders, weather stations, arbors, pond pumps, address plaques, bird houses, pond liner, bird baths and other backyard wildlife and outdoor decor products to both retail internet shoppers and as a wholesale distributor to birding stores, garden centers, etc. They pride themselves on real time updates of actual inventory at their Cincinnati, Ohio warehouse. Visit them at [www.BestNest.com](http://www.BestNest.com)

I've been so disappointed with the Jackson and Perkins company one too many times to recommend them for purchasing plants currently. I was a two decade loyal customer, buying roses and other plants initially for my Seattle garden in the early 1980's. I enjoyed participating in their test rose program many times, but in the past couple of years several mishaps were badly handled, and I've given up purchasing plants from them, at least for now. Their

gardening articles are still insightful, especially for roses, their specialty. My understanding is another large company recently purchased them. Hopefully their quality, delivery and customer service will improve, as there's over 130 years of history and investment that would be hard to rebuild anywhere else. Jackson and Perkins maintains 5,000 acres of rose fields and horticulturists budding, growing and harvesting over 10 million rose plants yearly in Central California. [www.JacksonAndPerkins.com](http://www.JacksonAndPerkins.com)

Park Seed sells mostly just great plants. What I appreciate here is that many unusual plants, trees and shrubs are available in a small size, often in economical seed form. Here in Southern California, with a long growing season, this can be a budget-minded alternative to buying larger and/or specimen plants. According to their website, Park Seed has always been committed to "offering only untreated, non-genetically-modified seed, and now we are proud to be a source of professionally-grown Certified Organic seed. right0Certified Organic seeds are grown under conditions mandated by the National Standard for Organic Agriculture, including rigorous soil testing and the use of only approved fertilizers and pest controls, certified by Clemson University DPI.

Home Depot offers an internet-based Garden Club. Combined with the great plants and knowledgeable service from Sharon at the retail Monrovia store, you can receive excellent coupons, weekend project plans and helpful gardening zone information with details about

our growing region. Their "connect and learn" area of the website includes FAQ (Frequently asked questions), Q and A library, and four professionals from different regions of the country available to answer your gardening questions personally within 48 hours. Home Depot hasn't planned any Gardening events yet in Southern California, so it's a bit of a disappointment to keep checking that link, then finding no So Cal events. A cool feature is downloadable gardening photos designed for use as computer wallpaper, and even set up to create your own e-cards. For the REALLY big gardening jobs, you can get \$25 off a dumpster rental through Home Depot through the link to [www.HomeDepotMoving.com](http://www.HomeDepotMoving.com). Some of the features require a login. Sign up for the Garden Club at [www.HomeDepotGardenClub.com](http://www.HomeDepotGardenClub.com)



Chris Bertrand



## Green Ribbon Cutting for Pasadena's First Green Guidelines Home

Pasadena Mayor Bill Bogaard and designer Kristina Urbanas Spencer, flanked by Pasadena ASID members, cut the green ribbon to kick off the 22nd ASID Pasadena Chapter Home & Kitchen Tour.

Photo and Story by Chris Bertrand

Amid 100+ degree heat, Pasadena Mayor, Bill Bogaard officially kicked off the American Society of Interior Designers (ASID) Home and Kitchen tour at one of the showcase homes. Green Designer and homeowner, Kristina Urbanas Spencer, completed the first home in the Pasadena area to be renovated according to new ASID national guidelines for green remodeling. The mid-century home showcases simple as well as major design and action alternatives for Pasadena area residents who want to make their homes more eco-friendly.

The Pasadena City Council has adhered to a comprehensive environmental Green City Action

Plan (GCAP) since 2006, enthusiastically embracing Spencer's project. The Spencer home features solar energy panels, dual flush toilets, green materials, an artificial turf back yard and much more.

A showpiece for energy conservation, energy efficiency, and renewable energy, Spencer's home is one of six area residences featured on the self guided, Sunday, October 5 tour will open homes in San Marino Glendale and Pasadena.

Tickets for the Home and Kitchen Tour can be purchased Anthony's Art & Frames (626) 614-8340 or online at [www.ASIDpasadena.org](http://www.ASIDpasadena.org)



432 Patterson Ave., Monrovia \$1,499,000

Beautiful 5br, 4.5ba, 4,450 sq. ft. home built in 2004. Features study, loft, family rm, cathedral ceilings, crown molding, lots of balconies, salt water pool & spa, outdoor kitchen w/bar & Pergola. Lot 11,504 sq. ft.

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Open Sunday  
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2-5



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1827 S 10th Ave., Monrovia \$585,000  
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## KEEPING SCORE

By Ray Masters

I am a fan. When I was a boy, I thought that my baseball heroes were everything. I had their pictures on my wall, spent evenings huddled with my transistor radio, listening to scratchy signals from games in cities far away. I defended my heroes to friend and foe alike on the playground. When I got the chance to be anywhere near them, I could not speak for the awe of being in their presence.

My Dad was a high school baseball and basketball star, so maybe I looked up to them like a looked up to him, but enough of the psychoanalysis.

Until the late 1970's (the mid 1990's for hockey), all but the biggest star players lived lives that were not much different from ours. They ate in the same restaurants, drove the same cars, and even worked in the same places in the offseason. Team owners were a bit more like us, too. The benevolent car dealer who just loved sports and could pay the freight. The factory owner. The restaurateur.

Today, it seems that everything is different. Players live in another world, owners are corporations, and the quaint games have become big business. While players and owners need our loyalty, they have offered much less in return.

I grew up near Boston, and to this day, I bleed for the Red Sox, Celts, Patriots, and Bruins. But what was once a 50 cent ticket to the right field bleachers is now something like fifty dollars just to get a tour of the stadium or be a member of a fan club. Like loyal fans need to pay to show loyalty. What happened to "priceless"?

What does it mean to be a fan today?

Here's what I think it should mean to be a fan and a player today.

Players, when you have a bad year, give some of the money back. If you can't give it back to the team, give it to charity. We had to suffer through your season, and we just can't get past the fact that if we had the year that you just had, we would be out of a job right now.

Players, when you move to a city, make more than a token attempt to connect with us. We are going to spend a great deal of time and money on you, and we will make you wealthy beyond your wildest dreams. Give us the

time of day, be considerate, be generous. Just as you would want from us, and just as you got from us when you were one of us.

Fans, stop crossing the line yourself. You are giving us a bad name. Players play the game, we watch (and sometimes bet, okay). Keep your damn hands off the baseball, basketball and football, unless it is deliberately hurled into your midst. Green Bay fans, of course, you get a pass, because the players are diving into YOU, and that's more than okay.

Players, If you weren't making so much money already, we would be buying you meals and drinks after a big performance or a big year. Keep that in mind, and let us in a little bit more to show our appreciation when you can. My personal politics and those of Curt Schilling couldn't be further apart, but he's got a lifetime pass to my Hall of Fame.

Owners, if you keep sending ticket prices up, you drive children away from the pro experience. You are blowing it, big time. Today's adult fans spent a great deal more time in those stadiums and arenas than our kids ever will, and you will pay the price for that.

Fans, stop writing crap on those comment sections of the sports websites. You are the internet version of those fools who wave in the background of an announcers commentary, or press your noses against the glass outside the Today show. Make a decent post, suggest a trade, give the player something to chew on. And learn how to spell. If you are going to write, try to learn the language.

The thing about fans is that we really can tell a class act from a bozo, and it doesn't take very long. We don't need ad campaigns, paid fan clubs, or fancy promotions. Players, play hard as much as you can (I will get to you another day, Manny Ramirez!), and we will appreciate it. We want to live and die with our teams, but you need to care somewhat as much as we do, and we do want to see that. We see ourselves in you, and when you let us down, you remind us of when we let ourselves down.

Inside, I am still 12. It is always Springtime, the first game of the season, the first tap-off, kickoff or face-off. I want to be young, I want to stay young. Give me that, a piece of that, and let's have some fun. In fact, let's play two!

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