

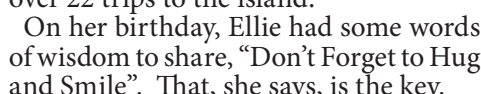
# Millions Witness President Barack Obama's Swearing-In



United States President Barack Obama, the nation's first African-American President, was sworn in before a crowd of approximately 2 million people from around the world, transcending economic, religious and racial lines. Prior to the ceremony, the Obama's share a moment with former President and First Lady Bush as they prepare to leave Washington.

Compilation by S. Henderson courtesy of the Washington Post, Associated Press and Google.

## Ellie's 104th Birthday! *Elinor Powers Says Smiles & Hugs Are The Secret To A Long, Wonderful Life*



# SALMONELLA CONTAMINATION PRODUCT RECALL GROWS

The nationwide list of peanut products recalled for salmonella contamination continues to grow quickly. The salmonella recall now involves about 31 million pounds of peanut butter and peanut paste, federal health officials said. More than 125 products have been recalled so far.

Peanut Corp. a Blakely, Georgia peanut butter plant at the center of a probe of the nationwide outbreak has laid off most of its workers. The peanut butter and peanut paste is blamed for sickening at least 486 people in more than 43 states in the last few months. At press time, seven people have died as a result.

According to reports, Peanut butter is not normally thought of as a high-risk product for salmonella. The bacteria, a frequent source of food poisoning, is supposed to be killed off in the roasting process. But in this case, the common denominator is that all of the recent salmonella-tainted products have contained peanut paste or peanut butter made at the Georgia plant. Its peanut paste is used by others to make dozens of goodies, from energy bars to cakes to dog biscuits.

Ironically, no major national brands of peanut butter itself are affected, just products that contain the suspected peanut paste.

(continued on page 8)

# Auto Crashes Into Sierra Madre Storefront

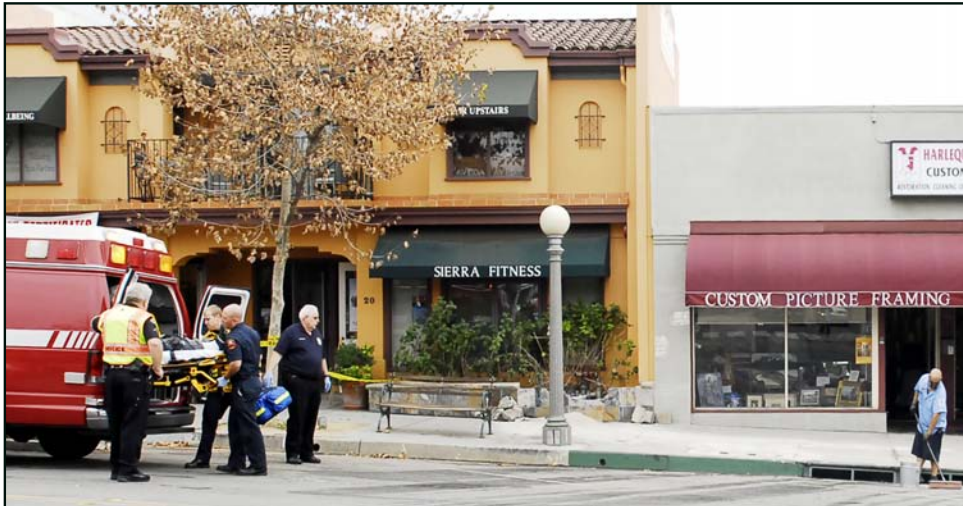
*Driver Plunges Towards Sierra Fitness - Alleged To Have Hit Accelerator Instead of Brake*



The normal buzz of Downtown Sierra Madre was disrupted on Thursday when a 79 year old Arcadia resident is alleged to have accidentally stepped on the accelerator causing her car to lunge towards the front of Sierra Fitness.

According to Officer Kamchamnan of the SMPD, “The driver was attempting to park when her car jumped the curb and ran into the wall in front of 20 N. Baldwin.” The driver was rushed to Arcadia Methodist Hospital, whose condition is unknown at press time. The car had major damage. The business, Sierra Fitness, suffered damage to the decorative wall in the front of the building only.

In what is assumed to be unrelated to the incident, the owner Harlequin Gallery, next to Sierra Fitness, also had to be taken to the hospital by ambulance.



*Paramedics take the driver to Arcadia Methodist*

Photo By Chris Bertrand

## Inside This Week

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*Life is too short to drink bad coffee!  
Come to Niko's  
for a really good cup of coffee!*

**900 Valley View Ave ☞ Pasadena/Sierra Madre's Border ☞ Corner of N. Michillinda and W. Montecito ☞ Phone: 626-510-6151**

The logo for 'Niko & friends Coffee - Deli' is located in the top left corner. It features the word 'Niko' in a large, bold, black sans-serif font. To its right is a small ampersand '&' in a lighter weight of the same font. Below 'Niko' is the text 'Coffee - Deli' in a smaller, black sans-serif font. To the right of the ampersand, the word 'friends' is written in a large, flowing, cursive script font. The entire logo is set against a white background.

***Read The Paper Online At: [www.mvobserver.com](http://www.mvobserver.com)***



## Weather Wise

5-Day Forecast  
Sierra Madre, Ca.

**Mon:** Sunny Hi 50 Lows 40s  
**Tues:** Windy Hi 60s Lows 40s  
**Wed:** Sunny Hi 70s Lows 50s  
**Thur:** Sunny Hi 60s Lows 50s  
**Fri:** Sunny Hi 60s Lows 50s

Forecasts courtesy of the National Weather Service

## Friends February Best Used Book Sale February 6 & 7

When you think of Valentine's Day 2009, think of giving your husband, wife, sweetheart or best friend a real treasure...A book or five from the Friends of the Sierra Madre Library Best Used Book Sale.

Husbands, there will be a beautiful collection of coffee table books to choose from – English Cottage Gardens, Books on Flowers and Birds (with lovely illustrations), Art Books, Cook Books from Williams Sonoma are just a few of the books that will be on sale. There will be a new selection of Children's Books.

For the collectors of old books there will be another treasure – a 30 volume set of Harvard Classics along with a fascinating collection of old books. Of course, a new selection of DVD's and Videos will be available. Outside tables will be filled with hard back fiction and non fiction titles for \$1.00 each. And the ever popular paperbacks for 25 cents will be back.

Mark your calendars for Friday, February 6<sup>th</sup> from 3:00 to 7:00 pm and Saturday, February 7<sup>th</sup> from 10:00 am to 2:00 pm to visit us at the library: 232 West Sierra Madre Blvd, Sierra Madre. Need help with directions? Call (626) 355-7186. The Friends operate the Best Used Book Store. Reasonable prices and all proceeds support the library programs. Come and shop early for the best finds



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[www.footsmarts-reflexology.com](http://www.footsmarts-reflexology.com)

### FORMER NEW YORK GIANT TO SPEAK AT SIERRA MADRE LIBRARY

Al Barry, former offensive lineman with the New York Giants, will discuss and sign his new book, *The Unknown Lineman: The Lighter Side of the NFL*, at the Sierra Madre Library on Tuesday, January 27 at 7 p.m. Barry, along with Frank Gifford, Rosy Grier, Pat Summerall and Jack Kemp, faced the Baltimore Colts in the 1958 NFL Championship in what has been called the "The Greatest Game Ever Played." Barry (No. 68) was the starting offensive left guard for the Giants that day, in what was also the

first playoff ever to go into Sudden Death Overtime. Barry was inspired to write his book after former President Richard Nixon told the team at their 1993 reunion in New York City that he believed offensive linemen were the real unsung heroes of pro football. In addition to the Giants, Barry also played with the USC Trojans, Green Bay Packers, and the Los Angeles Rams. His talk will offer a behind-the-scenes look into what it was like to play pro ball during the birth of the modern era of the NFL.

### CIVIC CLUB WELCOMES NEW MEMBERS AT EVENING MIXER

Sierra Madre Civic Club will host a "getting to know you" evening mixer for new and prospective members. This will be held January 29, 7:00 p.m., at the home of Pat Alcorn, a club past president, 741 E. Grandview Ave. in Sierra Madre. Membership Vice Presidents Jean Coleman and Coleen McKernan say the welcome mat is out for interested women in the area to attend and learn about this active group.

The club holds general meetings monthly on the second Thursday night, 7:30 p.m. in Memorial Park Hart Senior Center. Organized in 1944 at the height of World War II the group has since been an important volunteer force in the community, has given generously with philanthropy donations and has received City recognition in appreciation for the important contributions it has made. It also provides a mellow blend of making friends, caring about each other, along with good times and fun in fund raising.

Anyone interested in attending the mixer or for more information please contact Coleman at 355-9216 or McKernan, 355-1223.

### "TRAVELERS AND COLLECTORS" SEASON OPENS"

On Friday, February 13, at 7:30 p.m., Kathy and Gary Symons will open the 2009 season of Sierra Madre Public Library's popular armchair travel series, "Travelers and Collectors," with a presentation entitled, "Mongolia and the Naadam Festival." The Naadam Festival, though centuries old, now officially commemorates Mongolia's 1921 freedom revolution, and is the country's most beloved holiday. The gala celebration is marked by elaborate ceremonies featuring parades, dancers, athletes, equestrians, musicians, and three days of vigorous sporting competitions.

Travelers and Collectors is held on the second Friday of the month and runs from February through May. All programs start 7:30 p.m. and are held in the Sierra Madre City Hall Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. All programs are free and open to the public. For more information and a schedule of upcoming programs, contact The Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre, (626) 355-7186, or visit the Library's website, [www.cityofsierramadre.org](http://www.cityofsierramadre.org). Travelers and Collectors is sponsored by The Friends of the Sierra Madre Library.

### "LOVE A BOOK" PARTY FOR KIDS"

On Valentine's Day, Saturday, February 14, at 2 p.m., the Sierra Madre Public Library is having a "Love a Book" party for kids in the Children's Room. All school-age children are invited to this free program, which is one in a series of Sierra Madre's One Book One City events celebrating Ray Bradbury's novel, "Fahrenheit 451." In addition to the planned activities and refreshments, a special feature of the party will be a display of "Books We Would Choose to Save," selected by area schoolchildren. The Sierra Madre Public Library is located at 440 W. Sierra Madre Blvd., Sierra Madre, (626) 355-7186.

# MountainViews-Observer

Where Your Community News Comes First

## January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Happy New Year</b>						
4	5 <b>Fire Safe Council</b> City Hall 7:00	6	7	8 <b>COORDINATING COUNCIL</b> 12:00 YAC 3:00 <b>BARKS &amp; BOOKS FOR KIDS</b> SM Library 6:30 <b>Chamber of Commerce Annual Meeting</b> City Hall	9	
11	12	13 <b>City Council</b> 6:30 pm	14 <b>Arts Commission</b> 6:30 pm Council Chambers	15 <b>Planning Commission</b> 7:00 Council Chambers	16	17
18	19 <b>Dr. Martin Luther King, Jr, Holiday</b>	20	21 <b>Tree Commission</b> 7:00 Council Chambers	22	23	24
25	26 CHINESE NEW YEAR YEAR OF THE OX	27 <b>City Council</b> 6:30 pm	28 <b>Library Trustees</b> 7:00 City Hall Conference Room	29	30	31

**HOMEMAID**  
Cleaning Services

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Fax 626.836.8373

**Sierra Madre Little League  
Tryout Information for Spring 2009!**  
**All Tryouts at Heasley Field -Sierra Madre**  
 Bring your baseball equipment—Wear long pants and cleats and Arrive early to warm up  
 Pick up your tryout number when you arrive

*Wednesday January 7th*  
 11 year olds at 6:00 PM  
 12 year olds at 7:00 PM

*Saturday January 10th*  
 10 year olds at 8:45 AM  
 9 year olds at 10:30 AM  
 8 year olds at 1:30 PM  
 7 year olds at 3:00 PM

If you are unable to attend Tryouts you may participate in a make-up session:  
 11 and 12 year olds: Saturday, Jan 10th at 8am  
 7, 8, 9, 10 year olds: Tuesday, Jan 15th at 6pm

*If it is impossible to attend the scheduled tryout dates, contact Tim McKiernan, Player Agent, [timmckiernan@yahoo.com](mailto:timmckiernan@yahoo.com) or 836-3780 for a tryout.*

**Murder on the Bounding Main**

a Comedy-Mystery by Jack Chansler

Directed by Tom Moses

Set Design by David Calhoun

**Playing January 16 through February 21, 2009**

Sierra Madre Playhouse presents the World Premiere Of  
**"MURDER ON THE BOUNDING MAIN"**

Written by Jack Chansler -  
 Directed by Tom Moses  
**Opening Night: Friday, Jan. 16, 2009**

This comedy-mystery is set in 1953 on the luxury liner THE BOUNDING MAIN. On board, Mason Armstrong, the famous gossip columnist is shot and killed. Several passengers who had no love for the man come to the surface. Ace detective Mordecai Pierce is pressed into service to solve the case. Match wits with the detective as he wisecracks his way through mayhem and mendacity. *From the people who brought you the screwball hit, BAD HEIR DAY!*

Fridays at 8pm:

Jan. 16, 23, 30, Feb. 6, 13, 20  
 Saturdays at 8pm:  
 Jan. 17, 24, 31, Feb. 7, 14, 21  
 Sundays at 2:30pm:  
 Jan. 25, Feb. 1, 8, 15

Regular Admission Prices:

\$20 Adult \$17 Seniors 65+  
 \$17 Students under 18  
 \$12 Children 12 and under

**For reservations by phone, call 626-256-3809**

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 DRAIN AND SEWER CLEANING • WATER  
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ALL MAJOR BRANDS

**Emergency Service Available 355-3496**

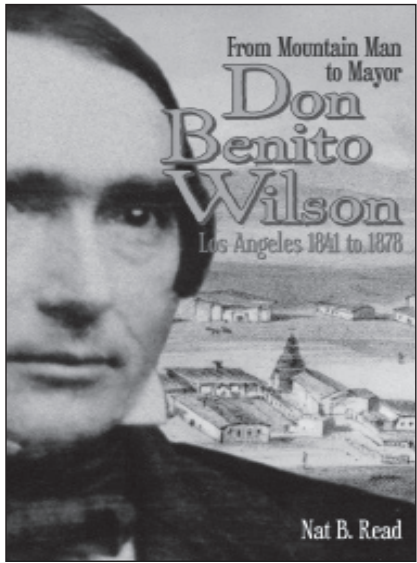


140 E. Montecito, Sierra Madre

State Contractor Lic. # 111308



Altadena



Don Benito Wilson: From Mountain Man to Mayor

Nat B. Read reveals the amazing tale of the “pioneer, beaver trapper and trader, grizzly bear hunter, Indian fighter, justice of the peace, farmer, rancher, politician, horticulturist, vintner, real estate entrepreneur, and one of the great landholders in Southern California.” He faced near death experiences with Indians, grizzlies, and a firing squad. Mount Wilson was named after him. This is a story people of all ages will want to hear!

This joint presentation is sponsored by the Altadena Historical Society and the Friends of the Altadena Library. Monday, January 26th @ 7:30 pm, Altadena Community Center: 730 East Altadena Drive.

Arcadia

Local Neurologist Passionately Takes on the Anti-Alzheimer's Cause



Arcadia-based Neurologist, Dr. Vincent Fortanasce, is taking a multi-faceted approach to getting the word out to all ages that the rampant Alzheimer's epidemic can be quelled, minimizing or

preventing future cases. Alzheimer's Disease is a degenerative, fatal brain illness that destroys the brain over time, robbing the brain of cognition and personality, affecting behavior and even the simplest facets of daily living.

The eloquent, yet down-home speaker comes across as “everyman,” making his message easily received. His experience is intensely personal, as both his parents were afflicted with the disease, and he spoke candidly about his own previous lifestyle factors that predisposed him to Alzheimer's.

Dr. Fortanasce has taken extensive research on the American and “western” lifestyle, his vast expertise as a practicing neurologist who treated the likes of Pope John Paul II and Tommy La Sorda, as a Neurology professor at USC, mixing it with a liberal dose of plain common sense to create the DEAR program, approach to preventing and minimizing new Alzheimer's cases.

Story by Chris Bertrand

His method to reducing risk of the disease by up to 70% is laid out in a book, The ANTI-Alzheimer's Prescription, various CD's, frequent talks to senior groups like Sierra Madre Rotary's presentation January 21 at Sierra Madre's Hart House Senior Center, down to impassioned deliveries to Little League parents about starting Alzheimer's prevention NOW.

The American Academy of Neurology agrees there is no medical treatment to reverse Alzheimer's at this time, so the only solution for those not afflicted is to prevent or minimize this disease through science-proven, specific diet and lifestyle changes that can be started at any age.

Dr. Fortanasce has even started a local DEAR program clinic, to supervise a tailored diet, exercise and lifestyle adjustments. Diet, Exercise, Accentuating the brain's reserve plus Rest and relaxation are the four tenets of the state of the art program. It includes both simple physical exercises as well as mental brain exercises, and techniques for critically important relaxation and meditation techniques.

Dr. Fortanasce donates profits from his books toward organizations like Little League who foster physical exercise for the young, so critical to establishing an active lifestyle early on... and preventing Alzheimer's Disease.

For more information, visit [www.DEARprogram.com](http://www.DEARprogram.com), email to [Info@DEARprogram.com](mailto:Info@DEARprogram.com) or call 626-698-1662.



Fabulous Fabrications

A Jewelry Show

January 30, 7-9 pm  
January 31, 10-5 pm

Creative Arts Group

108 N. Baldwin Ave., Sierra Madre

Sarah Hart Concert at St. Rita's in Sierra Madre February 27th at 7:30 p.m.

The music and message of Nashville's Sarah Hart will delight listeners from every age and background. Teens, families, young and old alike find her spirited music uplifting. “Her stage presence is captivating as she bounces easily from piano to guitar, engaging eager audiences with her singing, her energy and her witty conversation. You'll walk away thinking you've just had a wonderful evening with an old friend.”

A gifted writer, performer and speaker, she shares her love for God with her audiences through her life affirming and thought provoking music.

St. Rita's Music Director, Steve Gunther, discovered last year that Hart would be in Los Angeles to perform at a Conference he planned to attend nearby in Anaheim. He immediately engaged his network to find funding to add a Sierra Madre concert to Hart's schedule, and is grateful for the financial support that will bring this event to all of Sierra Madre.

“The response was overwhelming. I am completely humbled and deeply moved by everyone's generosity and support for this event,” comments Gunther.

“We just had to find a way to share Sara Hart's music and message with Sierra Madre. When my wife, Jennifer, faced

very serious colon cancer in 2005, we both found Hart's music a source of strength and support in a difficult time. Her words brought us comfort and helped us draw on our reserves to face the road ahead,” says Gunther.

Admission to the Sara Hart concert is free, funded by donations. Freewill offerings to help defray costs and possibly provide additional inspirational concerts of this ilk will be gratefully received. Seating is first come, first served. The

concert is recommended for ages 10 and up.

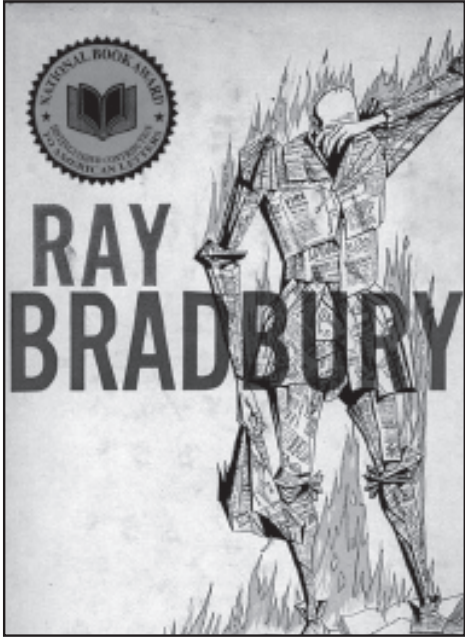
For more information, call 626-355-1292, or visit the parish website at [www.St-Rita.org](http://www.St-Rita.org). Sample Sarah Hart's music at [www.SarahHartMusic.com](http://www.SarahHartMusic.com) or [www.ocp.org/artists/3453](http://www.ocp.org/artists/3453)



“FAHRENHEIT 451” CREATIVE WRITING CONTEST

The Sierra Madre Library is sponsoring a creative writing contest based on Fahrenheit 451, the city's One Book One City selection for 2009. Writers and poets of all ages are invited to create an essay or poem up to 500 words or a short story up to 3500 words based on themes contained in Ray Bradbury's Sci-Fi classic. The First Place winner will receive a gift certificate to Sierra Madre Books and will have their piece published in The Mountain Views-Observer and The Sierra Madre Weekly. The winning work will also be displayed at the Library during the month of March, along with other top entries.

Manuscripts may be submitted electronically to [pbonnett@sierramadre.lib.ca.us](mailto:pbonnett@sierramadre.lib.ca.us) or in person at the Library, beginning January 12 and ending February 17 at 9:00 p.m. Winners will be announced the last week in February. Entries will not be returned, and winners will be published with permission of the authors. For further information, please contact the Sierra Madre Public Library, 440 W. Sierra Madre Boulevard in Sierra Madre, (626) 355-7186, [www.cityofsierramadre.org](http://www.cityofsierramadre.org).



Bradbury to Appear in Sierra Madre:

Ray Bradbury, famous author of science fiction novels for a half-century, will appear Saturday, February 7, at 6 p.m. at Sierra Madre School Auditorium for a lecture about censorship. He will also be available for an author book-signing.

“Sierra Madre Community Foundation is sponsoring this evening through a grant from its Library Field of Interest fund,” announced Rob Stockly, newly elected Foundation Chairman of the Board.

The Sierra Madre 2009 One Book, One City Committee has chosen the Bradbury classic, “Fahrenheit 451,” as this year's selection.

Along with the February 7 fete, there will be a Read-a-Thon of the book on January 31 at 6 p.m., and a discussion on the subject of censorship on Thursday, February 7. Bradbury's book centers around the possibility of censorship of reading material in the United States.

Sierra Madreans are urged to form reading and discussion groups concerning the theme of “Fahrenheit 451” or simply read or reread the book.

Sierra Madre Books (836-3200) is a sponsor of One Book, One City and has books available for sale.

COTTAGE FOR RENT

Small cottage in Sierra Madre, CA. Best for a single occupant - 520 sq. ft. A great location in Southern California! Great view - San Gabriel foothills, Lots of trees and it's a healthy community!! Available February 13th @ \$1600 / month.

SIERRA MADRE'S FARMERS MARKET!

Every Wednesday 3pm-7pm  
Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public on Mariposa.

Sierra Madre Woman's Club

Essick House, 550 W. Sierra Madre Blvd, Sierra Madre

Celebrates the Amazing Voice of Sierra Madre's Own

Miguel Perez

Saturday, January 31

11:30 - 2:00

Have you ever heard “our own” Miguel Perez sing?  
Come enjoy his wonderful voice, while enjoying a delicious luncheon in the excellent company of your friends!

Reservations : \$25 Door : \$30

By Wednesday, 1/28

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Proceeds support SMWC Charities : see list : [www.smwc.info](http://www.smwc.info)



## Mayor Gives State of the City

*"As I come to you tonight with details of serious challenges facing Pasadena this year, I believe it is important to maintain the proper perspective." —Bogaard.*



Mayor Bill Bogaard photo D. Lee/MVO

By Dean Lee

The big surprise Thursday night did not come from Mayor Bill Bogaard as he gave this year's State of the City address discussing issues from the city's budget deficit to the city's achievements in sustainability, but rather from Vice Mayor Steve Haderlein who made an off color comment about a former Pasadena resident.

Immediately after the Furious Theatre Company performed a staged preview of the play "No Good Deed," Haderlein remarked, "I always wondered what happened to Aaron Proctor."

He was referring to a character, dressed in all black, in the comedy that sardonically rips the heart out of one character and burns the eyes of another. Haderlein likened the character to Proctor.

Proctor was a well known blogger who fled town after posting a YouTube video threatening to beat up a reporter at another newspaper. Although a police report was taken, no charges were ever filed. The last entry on Proctor's now defunct blog, proctorformayor.com, states his lawyer advised him to take it down.

He is now living in Port Richmond, Pennsylvania. Proctor had phoned a number of council members apologizing for his blog before leaving.

He was also the foremost candidate running against Bogaard for Mayor in 2005.

Before Bogaard took the stage in a packed room of more than 220 people, a video presentation highlighted the accomplishments of the past year in Pasadena.

The video boasted the success of the Great Shake Out, a simulated 7.8 earthquake. The city had a number of emergency drills. Narrated by Flintridge Foundation President Jaylene Moseley, the video also showed the Arroyo Seco stream cleanup, Make Music Pasadena and other goals accomplished that year.

Bogaard also touched on some of these issues during his 20 minute speech. This year's theme was "The Momentum to Succeed."

At one point he borrowed from President Barack's Obama inauguration speech saying it applied to Pasadena.

*"That we are in the midst of a crisis is now well understood... Our economy is badly weakened, a consequence of greed and irresponsibility on the part of some, but also our collective failure to make hard choices and prepare the nation for a new age. Homes have been lost, jobs*

*shed, businesses shuttered. Our health care is too costly, our schools fail too many, and each day brings further evidence that the ways we use energy strengthen our adversaries and threaten our planet."*

Bogaard was at Tuesday's inauguration.

He also made clear that tough times were ahead, "Based on the first six months of this fiscal year, it is expected that the city's shortfall over the next 18 months will exceed \$30 million," he said.

He then called on all city employees to be creative in finding solutions or budget savings that will reduce spending this year without significantly affecting public services.

"And now the city manager has invited all of our city employees to submit their most creative ideas for cost savings and potential



"No Good Deed"

new revenues," he said. "After all, our employees are directly involved in the delivery of services, so they are in the best position to identify solutions to our budget needs."

Bogaard also talked about the city's challenge towards climate change saying the "Green Team" was continually reviewing "Green City" practices and recommending ways to make Pasadena more responsive to environmental concerns.

Before he was done Bogaard touched on, housing, open space, water, updating the General Plan, education, police and fire. He started with an overview of the Gold Line Foothill extension concerned about when it would begin. The tentative date was not until 2015 he said.

Haderlein opened the ceremony, which included a Presentation of the Colors by the Pasadena Police Explorer Post 19, followed by the Pledge of Allegiance led by Haderlein's daughter, Jenny. There was also a reception held in the lobby of the Civic Center auditorium featuring city of Pasadena programs and services.

## Locals React as Obama Takes Oath

By Dean Lee

Lora Harrington-Smith was shocked Tuesday seeing herself broadcast to the world as CNN televised local reaction at the Jackie Robinson Center, of then, President Elect Barack Obama's official swearing in as the 44<sup>th</sup> president of the United States.

Harrington-Smith's stunned look caused the already joyous crowd of over a hundred people to bust into laughter. A CNN cameraman said they picked Pasadena as one of four cities in the U.S. He also said the CNN L.A. bureau was one of their largest.

Outside of Washington D.C., Chicago and New York were two of the other cities they also broadcasted from he said.

The crowd also laughed as Chief Justice John Roberts flubbed the oath



misplacing the word "faithfully." Obama stood there with his hand up not looking amused.

As caution Obama took a second oath Wednesday night in the White House's Map Room.

Reports said Obama told Roberts that this time they were going to take it, "very slowly."

Pasadena arts commissioner, Ralph



Hundreds fill the Jackie Robinson Center Photo D. Lee/MVO

McKnight, said the event was more than historic.

"The concepts and ideals that he embraces, if achievable and I think they will be, I think it raises this to a state of nirvana." He said about Obama.

Many others had the

paved the way for these young people now," she said. "For Obama too, and I think he has the sense to realize it."

She then remarked that Michelle Obama, "an intelligent normal black woman, represents us all."

The crowd stood up cheering a number of times including one of the only reference Obama made about being African American.

"This is the meaning of our liberty and our creed, why men and women and children of every race and every faith can join in celebration across this magnificent mall," he said. "And a man who's father less than 60 years ago, might not have been served in a local restaurant, can now stand before you to take a most sacred oath."

They also cheered when Obama remarked the nation must look forward in times of economic trouble.

"We must pick ourselves up, dust ourselves off, and begin again the work of remaking America," he said.

A number of local

politicians were at the event in Washington including Mayor Bill Bogaard, Council members Chris Holden, Steve Madison and Jacque Robinson.

Each of them had received tickets from Congressman Adam Schiff.

Bogaard said Thursday they had great seats.

We were in row 11," he said. "About 100 to 150 yards away, we could see everything although the people speaking, including Obama, were not that big."

He added, "It was fun to be there."

Madison did not make it in time instead he watched the inauguration on TV in a congressional office in D.C.



CNN

## Hundreds Watched First Online Doo Dah Live Stream

By Dean Lee

Doo Dah event organizer Tom Coston said Sunday that having the parade, for the first time, live streaming on their website took the event, "to a new level."

"This was very cool," he said. "I can't tell you how many people call us up and say they're bummed because they can not make it to Pasadena. This year we were able to tell them they could watch it live."

The parade was streamed online by staff at this newspaper using ustream.com. Shari Foldes a spokesperson for Ustream said the parade had 477 unique views with an average viewing time of

over an hour. The total viewing time was 521 hours she said.

The parade itself started with a large banner painted by Don Martinez, the official banner painter for Doo Dah, announcing the new online component to the parade. The official site is doodahlive.com and the parade is being rerun in its entirety. It will be up until next year's parade.

Both Coston and parade organizer Patricia Hurley said they hoped the live stream was a new long lasting tradition for the parade. They also said this was the largest parade to date with over 100 entries.

Teresa Baxter, a reporter for this paper, did the announcing interviewing



the colorful participants including, Grand Marshal Charles Phoenix, Yoda, Darth Vader, Queen Skittles, the BBQ & Hibachi Marching Grill Team, The Back to Disco Drill Drill Team and others including Dr. Demento

who was hanging out with doodahlive off and on throughout the parade.

In typical Doo Dah fashion everyone involved volunteered their time including two UC Irvine students who helped run the cameras.

## A New Breakthru On South Lake

By Teresa Baxter

Breakthru Fitness, which has long been a fixture in Old Pasadena, recently decided to expand from a studio environment to a more comprehensive and innovative fitness center by moving into a larger facility located at 345 S. Lake Ave., next to the Trader Joe's.

The official "Grand Opening" occurred last Friday with a formal reception in which donated gifts were raffled off, with proceeds benefiting Five

Acres. Located in Altadena, Five Acres is a child and family services agency that strengthens families and prevents child abuse through treatment and education in community-based and residential programs.

In business for over ten years, the husband and wife partnership of Phil and Michelle Dozois was born from what they felt was a void in their industry, due to the impersonal atmosphere of the national chain workout experience.

"We have both worked in the gym environment and we noticed that a lot of people didn't appear comfortable except when they were working with

a trainer," said Phil. "So the goal was to create an experience that was less intimidating and more focused on individual needs. We are not corporate owned and we are an active part of the Pasadena community."

By expanding the business to a more spacious location, Breakthru Fitness has been able to grow into what can be described as a training facility in a health club type of atmosphere. State-of-the-art equipment has been added for an enhanced workout session that includes personalized Pilates training and a "Parisi Speed School Sports Performance" program.

"Our new facility includes

specialized strength equipment for speed development, a turf area for change of direction classes and a 4-lane performance track for speed technique classes," said Phil.

On a national level, the Parisi Speed School has trained over 100,000 athletes ranging from recreational youth athletes to Olympic Gold and Silver medalists, as well as professionals in the NFL, MLB, NBA and WNBA.

"This new location is a dream for us because we feel South Lake is the heart of Pasadena," said Michelle. "People need to try something different and this is a place that can enhance people's lives."





## Fire Safe Council “Announcements and Observations”

February 2, 2009 7 P.M. in the City Council chambers, 232 W. Sierra Madre Blvd. will be the next Fire Safe Council monthly meeting. At this meeting we will be outlining the Curbside "Chipper Day" program that the Fire Safe Council grant will be administering to homeowners who chose to participate. The program addresses homes in the Very

High Fire Hazard Severity Zone in the foothills of Sierra Madre. This grant is the result of our volunteer board application to the California State Fire Safe Council and comes from funding from the United States Forest Service as we are adjacent to these public lands.

Please attend this very important meeting and learn how you can participate in this brush removal assistance program. Flyers announcing this program will also begin to be distributed throughout the foothill area.

For further information, call Sierra Madre Fire Safe Council: 355-0741. Or e-mail at [smfiresafecouncil@hotmail.com](mailto:smfiresafecouncil@hotmail.com)

## Sierra Madre Police Blotter

During the week of Sunday, January 11th, to Saturday January 17th, the Sierra Madre Police Department responded to approximately 315 calls for service.

Sunday, January 11th:

3:59 AM – Arrest, Trespassing 300 block West Montecito Ave. The residents were awakened by knocking at the front door and the back door. When officers arrived they found two men trespassing in the backyard. Both men were arrested and taken to the Pasadena Jail for remand.

8:49 AM – Vandalism, Memorial Park. A broken sprinkler head was found thrown in the bushes. The damage to the city's sprinkler system occurred between Sunday, 1/4/09 and Monday, 1/12/09. The sprinkler was valued at \$30.00.

Tuesday, January 13th:

4:16 PM – Arrest, Public Intoxication. A woman was reported falling from her bicycle in Memorial Park. When officers arrived they found the woman uninjured, but extremely intoxicated. Officers arrested the woman for public intoxication. After she was medically cleared at Arcadia Methodist Hospital, she was booked at the Pasadena Jail and held for remand.

## Arcadia Police Blotter

For the period of Sunday, January 11, through Saturday, January 17, the Police Department responded to 988 calls for service of which 146 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, January 11:

Around 1:19 a.m., units were called to the Chevron gas station located at 102 East Huntington regarding a male suspect who had stolen a case of beer. The suspect had fled in a black vehicle with two or three other male occupants. The car was found abandoned in the 400 block of West Duarte where bottles and cans of beer were discovered in the car. Officers established a perimeter and two men were later apprehended. A 20-year-old Hispanic was positively identified by the store clerk and arrested for petty theft.

Officers responded to the 500 block of Cornell around 9:20 p.m. regarding several 9-1-1 hang up calls at the location. Investigation revealed that during an altercation the suspect pushed his girlfriend onto the bed and grabbed her arms. His mother entered the room and stopped the fight. A 22-year-old Hispanic was taken into custody for battery.

Monday, January 12:

An injury traffic collision occurred at Second and Santa Clara around 12:28 p.m. A female driver ran a red light and hit another vehicle. She lost control of the vehicle and struck a signal pole. A male driver in the other vehicle was transported to AMH for minor injuries.

Between 12:30 p.m. and 3:10 p.m., a residential burglary occurred in the 00 block of East Las Flores. Unknown suspect(s) pried open a rear door, ransacked rooms, and stole a large amount of cash and jewelry.

Tuesday, January 13:

Units were dispatched to the 2500 block of South Third around 3:56 p.m. in reference to an identity theft report. Unknown suspect(s) used the victim's personal information to obtain a credit card and made over \$1,660 in purchases.

Loss prevention personnel from American Apparel advised that they had detained a male juvenile for theft around 5:45 p.m. The 16-year-old Caucasian entered the store with a shopping bag and a backpack, placed merchandise in the bag, and tried to leave without making payment. Additional stolen property from Zumiez and Old Navy were also recovered. A private person's arrest was made, and the juvenile was taken into custody for commercial burglary.

Wednesday, January 14:

At 4:18 p.m., units were called to the 100 block of Fano regarding a fight in progress involving around 25 male subjects. While en route, Dispatch advised that several cars were leaving the scene. Officers located one of the involved vehicles and a high risk traffic stop was made. A consent search of the car revealed a tire iron on the floorboard and a 23-year-old male Vietnamese admitted that he kept it for protection. He was arrested for possession of a dangerous weapon.

A robbery occurred at El Monte and Duarte around 9:00 p.m. A boy and girl were walking home when two cars pulled up to the curb and about six male subjects, possibly Hispanics, got out and approached them. They punched the 15-year-old male juvenile, knocked him to the ground, and took money from his wallet. The female juvenile fled on foot and was not harmed.

Thursday, January 15:

A grand theft occurred at the Arcadia Library, 20 West Duarte, between 12:40 p.m. and 1:11 p.m. The victim left his laptop computer unattended and was stolen by an unknown suspect.

A loss prevention manager from Victoria's Secret advised that a commercial burglary occurred between 1:30 p.m. and 1:56 p.m. on December 5. When reviewing surveillance videos, she discovered the crime and realized that the theft had not been reported. In the video, it showed three Hispanics, two men and a woman,

Wednesday, January 14th:

11:03 AM – Arrest, Business License required, 100 block Holdman Ave. A man was stopped for door to door solicitation. During the investigation officers learned that the man was on parole for burglary and he did not have a city business license. He was subsequently arrested for the violation and booked at the Sierra Madre Police Department.

7:15 PM – Commercial Burglary, 65 North Baldwin Ave. The suspect stole money and merchandise from the Lunch Salon. The crime occurred in December 2008, but was not reported until today. The total estimated loss has not been determined.

Saturday, January 17th:

7:45 AM – Arrest, Driving Under the Influence, Child Endangerment, 300 block West Sierra Madre Blvd. A motorist was stopped for a traffic violation. During the investigation the driver was found to be intoxicated. The driver was arrested for driving under the influence and transported to the Pasadena Jail for remand. He is also being charged with child endangerment as his 13 year old daughter was a passenger in the car.

entered the store with bags. They each grabbed merchandise from drawers and hid them in their bags. Two of the suspects were able to leave the store with the stolen goods, but an employee was able to grab the bag from the third suspect. The total reported loss was over \$3,800.

Friday, January 16:

Two female Caucasians, ages 51 and 57, were arrested at Santa Anita Inn, 130 West Huntington, around 10:16 a.m. for prostitution. They had advertised their services on Craigslist.

An auto burglary occurred between 5:00 p.m. on January 15 and 2:20 p.m. on January 16. Unknown suspect(s) smashed a car window and stole a navigation system from the glove box.

Saturday, January 17:

Around 4:44 p.m., units responded to County Park regarding a battery and indecent exposure incident. A 43-year-old male Caucasian struck a female victim in the face and then exposed himself. A private person's arrest was made, and the man was taken into custody without incident.

Between 5:00 p.m. on January 16 and 7:30 a.m. on January 17, two commercial burglaries and an attempted commercial burglary occurred at 556 Las Tunas. Unknown suspect(s) entered one business by knocking out a window in a door and stole electronic equipment. The suspect(s) then forced open the adjoining door and entered another business where the suspect(s) stole a computer and cash. Possibly the same suspect(s) removed the key lock mechanism to a third business in an attempt to gain entrance.



## A Weekly Spotlight on Sierra Madre Volunteers

### Pat Birdsall

## Pat Birdsall -- Ubiquitous Activist



Her spunk matches her red hair. And that's the characteristic that has served Pat Birdsall well.

Pat is a well-known activist in Sierra Madre, taking a number of causes seriously. She admits to leading a “sedentary life until a certain developer” came to town. Pat was one of the leaders, who fought successfully to defeat the construction of a 650-student high school on the northernmost slopes of Sierra Madre -- One Carter.

During the six-plus years of her efforts against the development, Pat met a person who was also enthusiastic for the cause and also who volunteered at Martine Collette's Wildlife Waystation in Little Tujunga Canyon. Pat joined the volunteer force there and said “it was one of the happiest experiences of my life.” Eventually, she had to cease the volunteer job because it was difficult physically.

The Sierra Madrean began volunteering with the Senior Community Commission (then, in 2003, called the Commission on Aging). She applied for and became a member, then chair of the group. Pat started what she called the “Cinderella Project” which called for refurbishment of the Senior Center (Hart Park House).

“We replaced the rotted patio cover, turned the former ‘catch-all’ room into a lovely computer/private meeting room, installed new rain gutters and replanted the flower bed on the west side of the building. I hatched the idea of an outdoor chess table, enlisting the talents of Creative Arts Group in Sierra Madre. Their tile teacher and the class designed, hand-made and installed this truly beautiful and unique piece of Sierra Madre art,” Pat explained.

How was this financed? “With volunteers and donations from organizations and individuals.”

Other accomplishments include: “A nifty little newsletter, conceived by me, that I called “Senior Moments.” Now that column runs in Mountain Views Observer newspaper and is called ‘Senior Happenings.’ Also published there is her weekly column, “Environmentally Speaking. Did You Know?” for Sierra Madre Environmental Action Council.

Pat was recently president of the Sierra Madre Senior Citizens Club and is now their treasurer as well as being treasurer of Kiwanis Club. Within the past few years Pat has also volunteered at Union Station in Pasadena.

What is Pat Birdsall's next campaign? “I would like to research the feasibility of starting a food bank for Sierra Madre seniors.”

Pat was born in Brooklyn and later traveled with her family in a ‘51 Studebaker to Altadena. She graduated from John Muir High School, worked for AT&T, then went into banking. She took retirement early “to smell the roses” when both her mother and ex-husband/best friend died within a month.

Pat has a son, Chris, who grew up in Sierra Madre and now lives in Los Angeles. Chris has a 4-year-old son, Tully, who is the light of Pat's life.

**Volunteers are needed to help in a wide range of activities in Sierra Madre. Please contact De Alcorn at 626-355-4793 or [dalcorn@cityofsierramadre.com](mailto:dalcorn@cityofsierramadre.com) for more information.**

## Current Volunteer Opportunities

Clerical  
Tutors-Middle and High School  
Youth Sports Coaches  
Senior Services Desk  
Senior Fitness Instructors  
Handyman  
Manning of Emergency Operations Center  
Landscape Maintenance  
Intern - Civil Engineering  
City Web Site  
Assemble New Library Patron Packets  
Rewind Videos  
Maintain Friend's Library Garden  
Library Interior Housekeeping

General Plan Committee  
Canyon Plan Committee  
Green Committee  
Fire Department Volunteers  
Police Administrative Assistant  
Communications Assistant  
Crime Prevention Aide  
Chaplains  
Speed Monitors  
Crosswalk Monitors  
Identity Theft Investigator  
Criminal Justice Professional for Staff Training  
Background Investigator  
Emergency Operations Special Needs



## State Senator Bob Huff Introduces Measure to Fight Gang Violence

Sacramento — Senator Bob Huff (R – Diamond Bar) today introduced a measure that will better equip prosecutors to fight gang crime.

Senate Bill 59 will ensure that prosecutors have adequate time to work with reluctant or fearful victims and witnesses in gang related trials, thereby obtaining vital information about criminal gang activity.

Similar to homicide and domestic violence, gang cases are a specialized area of prosecution. These cases often include sensitive victims and/or witnesses who possess an ingrained distrust of the criminal justice system. As a result, the majority of the pretrial work-up of gang prosecutions are spent establishing a relationship of trust

with victims. Gang crimes, however, are not eligible for trial extensions to address this issue like other comparable crimes. SB 59 adds gang crimes to the list of offenses eligible for trial extensions.

“While law enforcement is an essential first line of defense against gang criminals, it is imperative that California consider a systematic strategy to address the problem,” said Senator Huff. “This measure reinforces that approach by giving the prosecutors in our courts more tools to fight gang violence in California's communities.”

Senator Bob Huff represents portions of Los Angeles, Orange and San Bernardino counties.



## City Taps Coach Rodney Jefferson to Help Expand Programs to Local Youth

DUARTE, CA, January 22, 2009 – Adding to its tools and resources to build positive programs and recreational outlets for youth, the City of Duarte has enlisted the aid of a local coach highly regarded for his work and mentoring skills with at-risk youth.

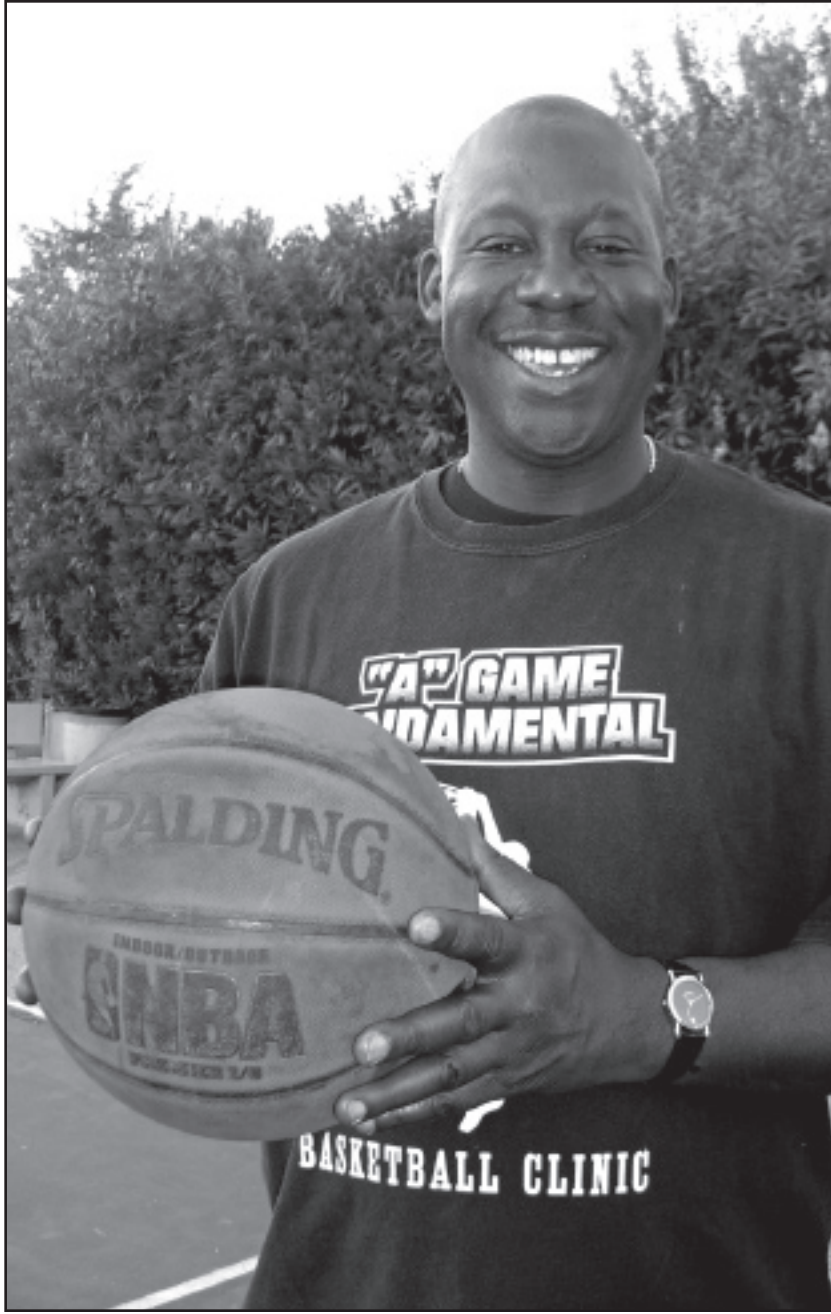
Rodney Jefferson, founder and director of “A” Game Fundamental Basketball Clinic for the past nine years, has been signed to a consulting contract to work with City staff to help develop strategies, resources or programs that the City may utilize to reduce gang-violence and increase youth employment. He is also a former recruiter of athletes for the Citrus College Men’s Basketball program and the former head Junior Varsity coach at Monrovia High School.

Jefferson, a life-long resident of the Monrovia/Duarte area has a Bachelor’s Degree in Communications from Cal State Los Angeles. With City staff direction and input, Jefferson has been asked to help create new opportunities and collaborations with existing programs targeted to both youth and young adults, ages 17-25. He will also work to explore and develop for consideration a youth discussion group facilitating open communication and connections to available youth programs and services.

“We’ve been impressed with Rodney’s track record and success in working with all youths particularly through his ‘A’ Game Fundamental Basketball Clinic,” said Deputy City Manager, Karen Herrera. “His program has served hundreds of local children over the past nine years and combines basketball skills training with life skills training, health and nutrition education and high school and college preparation with year-round follow-up. While the City has many positive programs in place for youth, we believe Rodney can help us cast our net even wider to reach more of our community’s youth,” she said.

Other new programs under consideration are a weekend evening basketball program that would take place at a local school site. Herrera said Jefferson will also bring a basketball clinic to Duarte youth over spring break between April 13th and 17th.

“Our goal is to work with local businesses, high schools and junior colleges to create an avenue for young people to learn skills that will fortify and enhance their livelihood,” said Jefferson.



### “The only thing we have to fear is...” Public Speaking

Franklin D. Roosevelt said the famous quote, “The only thing we have to fear is fear itself.” Wise words, I must say, but true? Paul L. Witt, PhD (assistant professor of communication studies at Texas Christian University) explains that “... the idea of making a presentation in public is the No. 1 fear reported by people in the U.S”. Yes, public speaking is scarier than, let’s say, being chased by a rattlesnake, or even being in a horrifying nightmare. Hard to believe, right? But when you really about it, how do you usually feel before speaking in front a large group of strangers?

Some people experience several common “symptoms” before having to speak in front a crowd. There’s the constant fidgeting, shortness of breath, and...the fear. Fear of forgetting what you have to say, people not understanding your message, and more. So what do you do? Yesterday I attended an Effective Speaking Workshop at Biola University with a Youth Program I was involved with. It was terrifying. We were split into groups. Our task was simple enough: Create a “How To” speech, explaining how to achieve something. Choosing a topic was the easy part. Choosing who was explaining the

topic was a totally different matter. No one wanted to speak, no one. I couldn’t understand it. None of the perfectly capable people in our group wanted to volunteer to do the speech.

Time ticked on and on and no one had said a word about who was to speak. I couldn’t stand it any longer. “I’ll do it!” I exclaimed after a supervisor came in with the 5-minute-warning. Everyone around me breathed a sigh of relief. I was glad that everyone else was happy, but now I had my own troubles to worry about. “Great...” I thought in my head. Luckily, before the groups performed, the supervisors gave a presentation on how to overcome the fear of public speaking. They gave some pretty good pointers: practice breathing before you speak, visualize yourself doing well, and the all-familiar “picture-your-audience-in-their-underwear”. The last one didn’t help me much; I couldn’t help snickering before I began my speech...especially since one person was rather large.

### Sibling Registration for PUSD Open Enrollment

Siblings of students who currently attend schools other than their neighborhood campuses can apply early. Parents may register the siblings of students enrolled at the school of choice, directly at the campus during this period. If siblings are not registered during this specific time period, sibling preference is forfeited.

Applications submitted for siblings during the general Open Enrollment application period will not receive preference. The general open enrollment application period is January 12 - February 10, 2009

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: agillick@alverno-hs.org

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdall

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: jml@bcsliions.org

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981  
Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

## Free program Puts Local History Back Into The Curriculum

Los Angeles, California –With funding for education in short supply, teachers are invited to participate in a free program created by Heritage Square Museum that introduces 3rd-5th grade students to regional history in a fun, interactive way. This program is an opportunity to immerse your students in the history, culture, and lifestyle of Los Angeles from the 1870s to the early 1920s through inter-disciplinary exercises, a classroom visit with a costumed museum educator, and participation in period activities during your site visit.

Heritage Square is currently accepting participants for the 2009 A Golden Vision program. The 12 lesson program may be conducted at any time during the school year and the field trip is scheduled to be mutually convenient. Participation in this program is FREE and will give your students the opportunity to truly engage with history and learn about the growth of Southern California.

The museum is also welcoming individuals who may want to work with the students as museum volunteers. Volun-

teers have the opportunity to make the participants’ learning experience fun and rewarding. Training is provided.

For more information on A Golden Vision: The Growth of Southern California or to sign up, please contact Jessica Rivas at 323-225-2700 ext.224. Sample materials can be provided upon request.

Heritage Square is a living history museum dedicated to telling the story of the development of Los Angeles. The museum houses eight structures of historic and architectural importance, saved from demolition and moved to the current site. These buildings provide the perfect backdrop to produce quality events, exhibits and programs that inspire the public about the history of Southern California.

Heritage Square is located at 3800 Homer Street, off the 110 Arroyo Seco Parkway (110/Pasadena Freeway) at Avenue 43, just North of downtown Los Angeles. For further information, the public may call 323-225-2700 or visit our website at [www.heritagesquare.org](http://www.heritagesquare.org).

### Sierra Madre School Annual Fund Presents:

## The First Annual Family Concert

*Featuring Dread Zeppelin with special appearances by DC3 and The Late Bloomers*

Friday February 6th at 7:00 p.m.

Sierra Madre School Auditorium; 141 W. Highland Avenue, Sierra Madre  
Tickets, 10.00, 25.00 and 50.00. Tickets can be purchased at the Bottle Shop in Sierra Madre, the front office of Sierra Madre School's upper and lower campus and at the door on the night of the event.  
All proceeds go to Sierra Madre School.



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**MountainViews-Observer**

**Mission Statement**

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



Gregory J. Wellborn

# President Obama's Challenge

I've argued on these pages before that a conservative can support the election, and now celebrate the inauguration, of Barack Obama. His election promises show that he may very well not return to being a man of the left, as his Illinois and national Senate episodes showed, but that he may actually govern from the center, trying, as he has said, to transcend worn out dogmas. Today, the day after the emotional high of the inauguration, the hard work begins, and it looks like it may be harder than he ever expected thanks to members of his own party.

As Barack Obama took the oath of office, I was struck by the sense of optimism that attended his installation as our 44th president. Many in our nation are looking for a fresh start and relief from the problems which confront us. While hope for a change is high, candidate – and now President – Obama has never fully and specifically defined what's going to be changed. Now he must translate the inspiring words into practical policy choices.

President Obama possesses impressive talents for this job. He is perhaps the most self-confident, newly-elected president we've seen in our lifetimes. His rhetorical gifts are formidably suited for the necessity of using the bully pulpit to motivate voters and elected officials, alike. For a young man, his temperament is exemplary and gives him a fighting chance to withstand the crises which will inevitably befall his administration. Lastly, and unquestionably most importantly, he comes across as a man of virtue, committed to his faith, his family, and his nation. He will need every one of these skills, and more, to prevent his administration from collapse and failure at the hands of his only slightly veiled opponents – the vast majority of them Democrats.

Consider a few of the opening salvos already shot across the bow of our young president. Harry Reid, the Democratic Senate Majority leader, has already publicly stated that he "doesn't work for Barack Obama". When Obama asked President Bush to request an additional \$350 billion in rescue money, Bush graciously did so, only to have the Democratic controlled congress refuse until Obama met their spending requirements. When Mr. Obama stipulated that at least \$300 million of the stimulus package go to tax cuts, Senator Feinstein disagreed, Speaker Pelosi stated that taxes should be raised, not lowered, and Ways and Means Committee Chairman, Charlie Rangel, said that the \$300 billion would be a maximum, if there were any tax cuts at all. Lastly, House Majority Whip, James Clyburn, is leading the effort to maintain earmark privileges. Even Harry Reid, who has publicly agreed to banning earmarks "from the stimulus package" has already returned on various government agencies to implement pork projects such as a Nevada city's birthday party and – believe it or

not – another bridge to nowhere in Alaska.

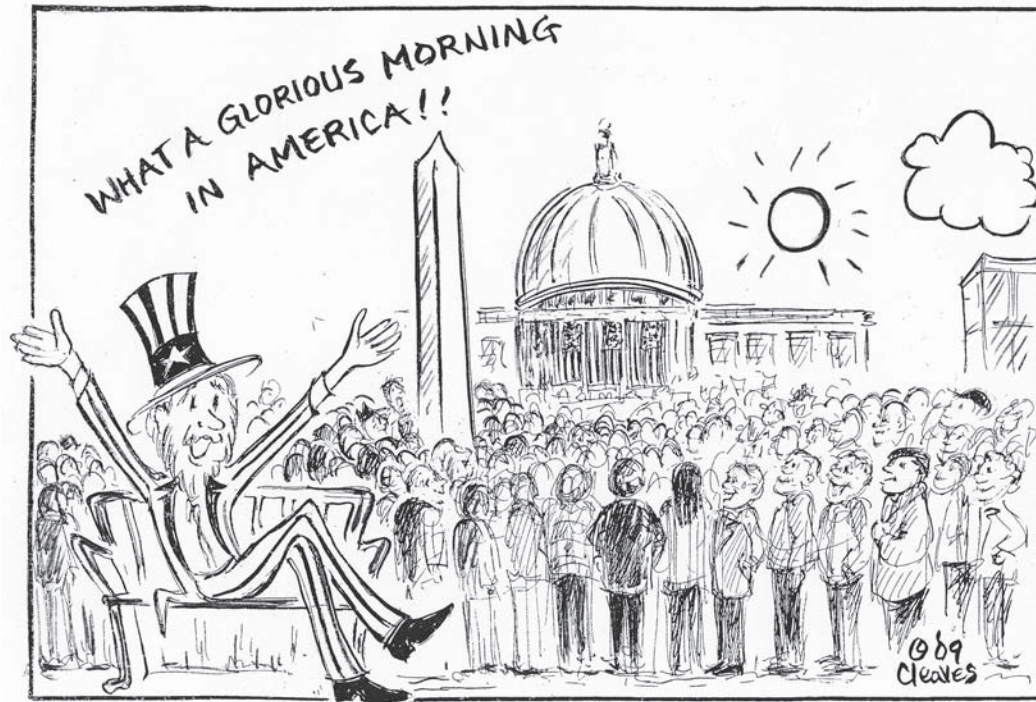
Every one of these people is a member of President Obama's own party, but they have very different agendas than does our new President. To his Credit, Obama is staffing key positions in his administration with contrasting voices, presumably in order to hear the different (right and left) views on key issues. We have free traders and protectionists, free marketers and committed regulators, easy money and hard money advocates, and entitlement advocates and opponents. While these selections may be one of President Obama's greatest strengths, they could easily become his Achilles heel. Diversity is great only when it is affectively managed. After all the opinions have been aired and the President makes his decision, he will have to have the command presence and leadership strength to make sure all members of the team work toward successful implementation. They will have to present themselves as a united front against the not-so-loyal opposition of the high spending, punitive taxation and over burdensome regulation impulses of their fellow Democrats.

To be honest, there is a grave danger that President Obama will be rolled by Congress. This is the fate which befell one of the last two Democratic presidents (Carter) and severely damaged – almost sinking – the presidency of the last Democratic president (Clinton). Both were sabotaged by their own parties.

President Obama has a wonderful opportunity to strengthen our struggling economy, tame the rancorous personal hostilities which have attended the debate about national security issues, and to call Americans of all ethnicities and incomes to a greater level of personal responsibility. Our economy must be strengthened, our security secured, and our citizens weaned away from any sense of permanence at the public trough or demeaning sense of victimhood.

President Obama's rise to the presidency is affirmation of all that is great about America, of the opportunity which is afforded every one of us. He possesses remarkable skills and has been presented incredible opportunities. But his success, and ours as a nation, hang on the question of his toughness. Will he be able to make the difficult choices demanded of all presidents, but made wisely by a precious few, and endure the pressure to capitulate when his popularity sags? It is my hope that we have the right man for the job at this time in our history. I congratulate the nation on the historic and moral achievement of Barack Obama's inauguration, and I pray that he is indeed a man of faith, character, wisdom and courage. Those are the only things in which we can really have hope.

*Gregory J. Wellborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at gwellborn@mvobserver.com.*



## Stuart Tolchin On..LIFE



celebrating the Washington arrival of our Messiah-elect and his family. It's not that I disapprove of any of this (even though it seems like an unnecessary expense in these troubled-times); it's just that I wonder whatever became of those old-white haired white-men types that used to run the country for the past couple of hundred years or so.

Have all those old neo-cons fled before they could be criminally charged as being Republicans standing in the way of change? Notwithstanding all the hoopla and celebration, the economy seems to still be going downhill and gas prices seem to be going back up. My daughter tells me that there are plans to save the country and the world through a Green New Deal, which will save the planet and create full employment. I'm all for it but I'm afraid I don't believe it. One of the few things I remember in college was the lecture explaining that it was the creation of war related civilian-employment, together with the conscription of vast numbers, that actually changed economic conditions and brought an end to the Great Depression.

I am not a fan of war! Actually, I think it is embarrassing to be a member of a species which insists on going around killing one another. I find it strange that there are no longer pleas for gun control or at least quasi-defensible demands for a War to end all wars. I'm afraid that, particularly since 9-11, such desires are unfashionable, much as is, I guess, the physical appearance that displays old age.

## IT ALMOST SEEMS UNTHINKABLE

Well, old age is still with us and the need for war is, alas, still present. What I modestly propose is to combine these two unpleasant realities and immediately begin preparations for an all-out global war in which only the aged and infirm will be required to fight. Let's face it—old people really contribute little and are very expensive to maintain. They often control assets that could be used in more effective ways and, even worse than that, they adhere to old ideals and beliefs that are no longer fashionable (As if further support for this argument is needed, please be aware that the only segment of the electorate that voted Republican was the aged). Get rid of 'em, I say!

Enough of this foolishness. It's silly to go around talking about using old people to fight wars in the hope that economic pressures would be relieved, even if it were true. There are some truths and some principles that are more important than economics. There are some things that are more important than wealth; some things that are more important than even comfort. Yes, I couldn't agree more. It is time to drop the silliness and face the fact that as supposedly modern and advanced beings it is time to stop living in such primitive ways. Let's stop killing one another right now! And if we can't do it right now, let's try and figure out how to do it soon. Let's also try and figure out how we can stop killing the planet. Really, is it so hard to understand? The Abramic Religions begin with the commandment, Thou Shalt Not Kill. For we enlightened ones, who believe we have advanced beyond simplistic religious fairy-tales, it is of the utmost importance that we revere this simple truth. So, in conclusion, while we're all so busy patting ourselves on the back for the electoral expression of our new-found enlightened attitudes, how about focusing on something really important and really basic. All together now - KILLING IS BAD AND WE SHOULDN'T DO IT!!!!

## The History and Humor of Inauguration Day

by Craig Hakola

Americans are a funny lot and our Presidents are no different. Here is a look back at our ancestors and the way they celebrated this historic day.

We speak of feuding and politics in this age, the Founding Fathers did it with an old country pugilistic style. John Adams became was so angry at Thomas Jefferson that he refused to attend the Inauguration of his successor, Thomas Jefferson. Just to prove the adage, "The apple doesn't fall far from the tree." The other Adams, John Quincy did not attend his successors, Andrew Jackson's Inaugural – "like father like son." Fortunately for America Jefferson and John Adams later made amends and corresponded cordially through the later part of their lives.

When Andrew Jackson chose to end his Inaugural celebration he had an ingenious idea. He had the staff place washtubs filled with orange juice and whiskey on the White House lawn to draw the guests outside. Happy Hour Jackson style!

When George Washington was sworn in for his second term, he delivered the shortest speech to date, a swift 135 words wrapped up the occasion. You may have not been able to locate your seat before the curtain fell in that one.

Richard Nixon's parade route was pigeon-proofed as a chemical was sprayed on Pennsylvania Avenue which the birds found foul. There was no harm to the public we are told. It does challenge the label of "Dirty Dick" though.

You can blame those blue-collar workers for the large parades we have today. At Jefferson's second Inaugural, he rode in on horseback and a group of mechanics who were working at the nearby Navy Yard became a curious and surprised crowd and thus began the parade we have today. This is disputed as some hold George Washington started the tradition.

I think we forgot someone here. At the Buchanan Inauguration it had to be delayed the space of 20 minutes when it was realized they had forgotten to pick up the outgoing President, Franklin Pierce.

Except for Theodore Roosevelt each President Elect has taken the oath on the Bible and chosen a certain passage, the same verse has never been selected twice.

The cash strapped George Washington had to borrow \$600 pounds to make it to his Inaugural, he credited low crop yields for the difficult financial strife. Maybe that is why they placed him on the One Dollar bill and not the Hundred.

Our first President? Believe it or not, it is not George Washington but the forgotten John Hanson. With the Articles of Confederation ratified in 1781, Congress chose John Hanson unanimously and he did attain George Washington's vote as well. Six additional Presidents would serve the country before Washington would take office. Washington would be the first President under our current Constitution.

## 100 Pounds Down

Your diminishing columnist would like to report that he has now lost 100 pounds. I knew I was doing well because my scale at home was strangely silent. It used to be when I stepped on it, a voice would cry out from below saying, "One at a time please."



Rich Johnson

It's funny what you might take for advantage when you are not seriously overweight. For example, I am no longer afraid of sliding into booths in restaurants (especially the ones that are fixed and can not be adjusted one way or the other). Now, I slide in with ease. Hooray!!!

Another break-through took place last week when I actually purchased clothes from Sears. For the last 25 years my clothes needed to be purchased at either the local sail maker, or a store that had the words, "Big and Tall" connected to it. I am now wearing XL, which is down considerably from size 4X. It's also a luxury to be able to cross my legs to tie my shoes. My kids have made me promise to stop trying to chew my toenails. But I say, "Look! I can do it. Whoopee!" Okay, I guess that's pretty gross.

People ask me if I feel better. I kiddingly say, "No, and I am dying to put the weight back on." Frankly, I feel wonderful. I actually got on a bicycle and biked for about a mile, that is, until a Sierra Madre cop told me at my size I needed a special permit to block the street (Just kidding.)

I remember years ago when I was very heavy and working at a 7-11 (boy, was that a good idea!). Anyway, a very old and wonderful man shuffled up to the counter across from me, looked at my sizeable midsection and uttered words that have stayed with me these many years. He said in a whispering voice, pointing to my gut, "That must have cost a lot of money." I suppose that was true. How much more do I want to lose? The doctors say I should lose about another 40 pounds and then we will see just how much muscle it actually took to haul my carcass around. I will report back then.

I would like to promote two upcoming activities here in town. The first is a special Valentines event at Corfu. My friend, jazz singer Jane Fuller, will be performing there from 6:30 to 9:30 pm. The food is wonderful complimenting Jane's wonderful voice. Call Amy at 355-5993 to make reservations. Tell them Rich and Jane told you to call. Oh, by the way, it's at 48 W. Sierra Madre Blvd. (on the south side. Good parking in back)

Also, I am excited about the upcoming Friends of the Library Wine and Cuisine Tasting event. It's February 20th up at Alverno. Tickets are \$60 each and are worth it. The wine is wonderful, the cuisine is scrumptious and it is all for a great cause. Just ask my friend the raccoon.

### Friends of the Sierra Madre Library 39th Wine and Cuisine Tasting

**Just about EVERYONE can order tickets online and join us Friday, February 20th, 7:00pm to 9:30 pm at the Alverno Villa**

Tickets are \$60.00 and available in town or at [www.SierraMadreLibraryFriends.org](http://www.SierraMadreLibraryFriends.org)





**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0066397**  
The following person(s) is (are) doing business as: **BITTERSWEET**, 24019 CAPE MAY CT., VALENCIA, CA 91355. Full name of registrant(s) is (are) DANIELLE KEENE, 24019 CAPE MAY CT., VALENCIA, CA 91355. This Business is conducted by: **AN INDIVIDUAL. Signed: DANIELLE KEENE**. This statement was filed with the County Clerk of Los Angeles County on **01/16/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0078408**  
The following person(s) is (are) doing business as: **FRESH FEAR**, 6223 FRANKLIN AVE. #308, L.A., CA 90028. Full name of registrant(s) is (are) DIE/CENTER COMMUNICATIONS, INC., 6223 FRANKLIN AVE. #308, L.A., CA 90028. This Business is conducted by: **A CORPORATION. Signed: QUENTIN LEE/PRES.** This statement was filed with the County Clerk of Los Angeles County on **01/21/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1/28/2009.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0067233**  
The following person(s) is (are) doing business as: **MELBELLAAPTS**, 1617N STANTON PL., LONG BEACH, CA 90804. Full name of registrant(s) is (are) JOVIE GONZALEZ, EREN GONZALEZ, 1911 W. CHERRY DR., ORANGE, CA 92668. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: JOVITA M. GONZALEZ**. This statement was filed with the County Clerk of Los Angeles County on **01/16/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0059958**  
The following person(s) is (are) doing business as: **L. REASON MEDIA GROUP 2, CREATIVE PLAYGROUNDS**, 20910 WOODLAND HILLS, CA #351, WOODLAND HILLS, CA 91364. Full name of registrant(s) is (are) REASON RECORDS, INC., 5311 TOPEKA DR., TARZANNA, CA 91356. This Business is conducted by: **AN INDIVIDUAL. Signed: DAVID NAWAMACEO**. This statement was filed with the County Clerk of Los Angeles County on **01/15/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0087579**  
The following person(s) is (are) doing business as: **SANTA CLARITA SOBER LIVING HOME**, 1106 AVENIDA DE SONRISA, SANTA CLARITA, CA 91350. Full name of registrant(s) is (are) D&D ENTERPRISES & ASSOCIATES, LLC, 23004 FRISCA DR., VALENCIA, CA 91354. This Business is conducted by: **A LIMITED LIABILITY COMPANY. Signed: NATALIE PATROW/PRES.** This statement was filed with the County Clerk of Los Angeles County on **01/22/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0087831**  
The following person(s) is (are) doing business as: **SHOES DR.**, 2648 E. WORKMAN AVE. #305, WEST COVINA, CA 91791. Full name of registrant(s) is (are) ARMANDO LOPEZ, 16803 LAWNWOOD ST., LA PUENTE, CA 91744. This Business is conducted by: **AN INDIVIDUAL. Signed: ARMANDO LOPEZ**. This statement was filed with the County Clerk of Los Angeles County on **01/22/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1/22/09.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0079923**  
The following person(s) is (are) doing business as: **TACOS EL NEGRO**, 5570 ROOSEVELT AVE. SOUTH GATE, CA 90280. Full name of registrant(s) is (are) CESAR CANDELAS, 5570 ROOSEVELT AVE., SOUTH GATE, CA 90280. This Business is conducted by: **AN INDIVIDUAL. Signed: CESAR CANDELAS**. This statement was filed with the County Clerk of Los Angeles County on **01/21/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0087578**  
The following person(s) is (are) doing business as: **THE LEARNING CHANGE INSTITUTE, INC.**, 14500 ROSCOE BLVD. 4<sup>th</sup> FL., PANORAMA CITY, CA 91402. Full name of registrant(s) is (are) THE LEARNING INSTITUTE, INC., 14500 ROSCOE BLVD. 4<sup>th</sup> FL., PANORAMA CITY, CA 91402. This Business is conducted by: **A CORPORATION. Signed: MARIO C. ALVAREZ**. This statement was filed with the County Clerk of Los Angeles County on **01/22/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0072781**  
The following person(s) is (are) doing business as: **1. UNIVERSAL LEGAL SERVICES 2. L'EGALS**, 6093 W. SUNSET BLVD #111, L.A., CA 90028. Full name of registrant(s) is (are) JOSHUA REISMAN, 6093 W. SUNSET BLVD #111, L.A., CA 90028. This Business is conducted by: **AN INDIVIDUAL. Signed: JOSHUA REISMAN**. This statement was filed with the County Clerk of Los Angeles County on **01/20/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FILE NO. 2009-0066398**  
**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
The following person(s) has/have abandoned the use of the fictitious business name: **BITTERSWEET, 829 LUCILE AVE., L.A., CA 90026**. The fictitious business name referred to above was filed on MAY 18, 2005, in the county of Los Angeles. The original file number of 05-1166971. The business was conducted by: **A GENERAL PARTNERSHIP**. This statement was filed with the County Clerk of Los Angeles County on 01/16/2009. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: DANIELLE KEENE/OWNER.**  
Publish: MountainViews-Observer  
Pub. 01/26, 02/02, 02/09, 02/16/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0039596**  
The following person(s) is (are) doing business as: **PURPLE VINTAGE**, 769 ST. LOUIS AVE. #302, LONG BEACH, CA 90804. Full name of registrant(s) is (are) BEVERLY DAVIS, 769 ST. LOUIS AVE. #302, LONG BEACH, CA 90804. This Business is conducted by: **AN INDIVIDUAL. Signed: BEVERLY DAVIS**. This statement was filed with the County Clerk of Los Angeles County on **01/12/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0039592**  
The following person(s) is (are) doing business as: **START TO FINISH CONST.**, 4287 HALLDALE AV., L.A., CA 90062. Full name of registrant(s) is (are) JOSUE G. CANO, 4287 HALLDALE AV., L.A., CA 90062. This Business is conducted by: **AN INDIVIDUAL. Signed: JOSUE G. CANO**. This statement was filed with the County Clerk of Los Angeles County on **01/12/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0045851**  
The following person(s) is (are) doing business as: **CALIFORNIA GLASS MASH**, 4821 LANKERSHIM BLVD. #204, N. HOLLYWOOD, CA 91601. Full name of registrant(s) is (are) JOHN KOPIN, 4821 LANKERSHIM BLVD. #204, N. HOLLYWOOD, CA 91601. This Business is conducted by: **AN INDIVIDUAL. Signed: JOHN KOPIN**. This statement was filed with the County Clerk of Los Angeles County on **01/13/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1/13/09.

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Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0039684**  
The following person(s) is (are) doing business as: **EAST WEST DISTRIBUTORS**, 6006 SAN FERNANDO RD. #B, GLENDALE, CA 91202. Full name of registrant(s) is (are) JAKLIN KOJASARVAN, 810 W. DRYDEN #4, GLENDALE, CA 91202. This Business is conducted by: **AN INDIVIDUAL. Signed: JAKLIN KOJASARVAN**. This statement was filed with the County Clerk of Los Angeles County on **01/12/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/12/04.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0058715**  
The following person(s) is (are) doing business as: **FABILA'S PUENTE AUTO BODY**, 137 TURNBULL CYN. RD., CITY OF INDUSTRY, CA 91744. Full name of registrant(s) is (are) VICTOR M. FABILA, 1824 N. WALNUT AVE., VALINDA, CA 91744. This Business is conducted by: **AN INDIVIDUAL. Signed: VICTOR M. FABILA**. This statement was filed with the County Clerk of Los Angeles County on **01/15/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/15/09.

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Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0047089**  
The following person(s) is (are) doing business as: **1. ICEBERG LUNAR BAR 2. JEFF GARCIA'S PRIVATE CHEF**, 272 ROBINCKROFT DR. #1, PASADENA, CA 91104. Full name of registrant(s) is (are) JEFFREY GARCIA, 272 ROBINCKROFT DR. #1, PASADENA, CA 91104. This Business is conducted by: **AN INDIVIDUAL. Signed: JEFFREY GARCIA**. This statement was filed with the County Clerk of Los Angeles County on **01/13/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1/13/2009.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0039258**  
The following person(s) is (are) doing business as: **LA ROSA DE SAKON FLOWERS**, 9645 CALIFORNIA AVE., SOUTH GATE, CA 90280. Full name of registrant(s) is (are) FEDERICO CERESO SANCHEZ, 5939 LANTO ST., BELL GARDENS, CA 90201. This Business is conducted by: **AN INDIVIDUAL. Signed: FEDERICO CERESO SANCHEZ**. This statement was filed with the County Clerk of Los Angeles County on **01/12/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/12/09.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0052988**  
The following person(s) is (are) doing business as: **MEJISA TRANSPORT**, 1791 CRESTHAVEN AVE., POMONA, CA 91766. Full name of registrant(s) is (are) GLADIS MEJIA, 1791 CRESTHAVEN AVE., POMONA, CA 91766. This Business is conducted by: **AN INDIVIDUAL. Signed: GLADIS MEJIA**. This statement was filed with the County Clerk of Los Angeles County on **01/14/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
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Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0039596**  
The following person(s) is (are) doing business as: **PURPLE VINTAGE**, 769 ST. LOUIS AVE. #302, LONG BEACH, CA 90804. Full name of registrant(s) is (are) BEVERLY DAVIS, 769 ST. LOUIS AVE. #302, LONG BEACH, CA 90804. This Business is conducted by: **AN INDIVIDUAL. Signed: BEVERLY DAVIS**. This statement was filed with the County Clerk of Los Angeles County on **01/12/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/19, 01/26, 02/02, 02/09/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0021808**  
The following person(s) is (are) doing business as: **HOOVER PROFESSIONAL SERVICES**, 2216 S. HOOVER ST., L.A., CA 90007. Full name of registrant(s) is (are) LOUIS S. CORNEJO, 3671 S. NORMADIE AVE., L.A., CA 90007. This Business is conducted by: **AN INDIVIDUAL. Signed: LOUIS S. CORNEJO**. This statement was filed with the County Clerk of Los Angeles County on **01/07/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 3/1/96.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0021196**  
The following person(s) is (are) doing business as: **LA CONFIDENTIAL**, 13700 MARINA POINTE DR. #1006, MARINA DEL REY, CA 90292. Full name of registrant(s) is (are) THEANA VASDEKIS, 13700 MARINA POINTE DR. #1006, MARINA DEL REY, CA 90292. This Business is conducted by: **AN INDIVIDUAL. Signed: THEANA VASDEKIS**. This statement was filed with the County Clerk of Los Angeles County on **01/07/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/10/08.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0017514**  
The following person(s) is (are) doing business as: **ROYALTY EVENTS**, 13700 MARINA POINTE DR. #1006, MARINA DEL REY, CA 90292. Full name of registrant(s) is (are) BARRY JACKSON, RENITA JACKSON, 2443 CAMERON AVE., COVINA, CA 91724. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: BARRY JACKSON**. This statement was filed with the County Clerk of Los Angeles County on **01/06/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 12/10/08.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0023615**  
The following person(s) is (are) doing business as: **POETRYLA**, 1440 23<sup>rd</sup> ST. APT. 208, SANTA MONICA, CA 90404. Full name of registrant(s) is (are) HILDA VASS, 1440 23<sup>rd</sup> ST. APT. 208, SANTA MONICA, CA 90404. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: HILDA VASS**. This statement was filed with the County Clerk of Los Angeles County on **12/29/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0022193**  
The following person(s) is (are) doing business as: **ROYALTY EVENTS**, 13700 MARINA POINTE DR. #1006, MARINA DEL REY, CA 90292. Full name of registrant(s) is (are) BARRY JACKSON, RENITA JACKSON, 2443 CAMERON AVE., COVINA, CA 91724. This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: HILDA VASS**. This statement was filed with the County Clerk of Los Angeles County on **01/07/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-0010666**  
The following person(s) is (are) doing business as: **TOUCH ENTERPRISES**, 1115 N. GARDEN AVE., COVINA, CA 91724. Full name of registrant(s) is (are) STEVEN J. BARR, 1116 N. GARDEN AVE., COVINA, CA 91724. AARON MISQUEZ, 2016 BOLLING AVE., LA VERNE, CA 91791. This Business is conducted by: **JOINT VENTURE. Signed: STEVEN J. BARR**. This statement was filed with the County Clerk of Los Angeles County on **01/05/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FILE NO. 2009-0016394**  
**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**  
The following person(s) has/have abandoned the use of the fictitious business name: **AMG MACHINE CO., 14037 GARFIELD AVE. #G, PARAMOUNT, CA 90737**. The fictitious business name referred to above was filed on 3/15/01, in the county of Los Angeles. The original file number of 0409728. The business was conducted by: **AN INDIVIDUAL**. This statement was filed with the County Clerk of Los Angeles County on 01/06/2009. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: HECTOR GUALOTUNA/OWNER.**  
Publish: MountainViews-Observer  
Pub. 01/12, 01/19, 01/26, 02/02/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 08-2277006**  
The following person(s) is (are) doing business as: **BISTRO LA PROVINCIA CATERING 2, BISTRO LA PROVINCIA RESTAURANT**, 1247 SUNFLOWERAVE., GLENDORA, CA91740. Full name of registrant(s) is (are) JESUS-MANUEL DIAZ, VERONICA TOVALIN-DIAZ, 1247 SUNFLOWER AVE., GLENDORA, CA 91740. This Business is conducted by: **HUSBAND AND WIFE. Signed: VERONICA TOVALIN- DIAZ**. This statement was filed with the County Clerk of Los Angeles County on **12/31/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/05, 01/12, 01/19, 01/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 08-2277432**  
The following person(s) is (are) doing business as: **BOCA DEL RIO, INC.**, 3706 WHITTIER BLVD., L.A., CA 90023. Full name of registrant(s) is (are) JULIEN PETIT, 3706 WHITTIER BLVD., L.A., CA 90023. This Business is conducted by: **A CORPORATION. Signed: DAVID MACIAS CABRAL/PRES.** This statement was filed with the County Clerk of Los Angeles County on **01/23/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on MAY 15, 2007.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/05, 01/12, 01/19, 01/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 08-2274646**  
The following person(s) is (are) doing business as: **JUST GLASS FUSING**, 14930 GOODHUE, WHITTIER, CA 90604. Full name of registrant(s) is (are) JESSICA WEINER, 80 WEST SIERRA MADRE BLVD., NO. 275, SIERRA MADRE, CA. 91024. This Business is conducted by: **AN INDIVIDUAL. Signed: TRONNIE VAN WINKLE**. This statement was filed with the County Clerk of Los Angeles County on **12/31/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: MountainViews-Observer  
Pub. 01/05, 01/12, 01/19, 01/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 08-2276486**  
The following person(s) is (are) doing business as: **MAKE-UP BY LALA**, 22898 HILTON HEAD DR. #323, DIAMOND BAR, CA91765. Full name of registrant(s) is (are) LAURA ARGOMANIZ, 22898 HILTON HEAD DR. #323, DIAMOND BAR, CA 91765. This Business is conducted by: **AN INDIVIDUAL. Signed: LAURA ARGOMANIZ**. This statement was filed with the County Clerk of Los Angeles County on **12/31/08**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

**NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
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**SALMONELLA (cont. from page 1)**  
This outbreak comes at the time when Girl Scouts are beginning their annual cookie sales. Spokespersons for the organization say that Peanut Corp. is not their supplier.  
According to the Mayo Clinic, *“In general, salmonella symptoms begin with nausea and vomiting and progress to abdominal pains and diarrhea. Additional signs and symptoms include fever, chills and muscle pains, and can last anywhere from several days to two weeks.”*  
If you suspect that you have those symptoms, you should contact your physician at once.

**PARTIAL FOOD AND DRUG ADMINISTRATION'S LIST OF RECALLED PRODUCTS AT PRESS TIME BY CATEGORY:**

**Candy Products:**  
Blanton Peanut Butter Sticks  
HyVee People Chow Party Mix and Assorted Truffle Fudge  
Landies Milk Chocolate Peanut Butter Cups  
Rain Creek Baklava Assortment  
Rain Creek Peanut Butter Princesses  
Rain Creek Peanut Butter Shells  
Rain Creek Peanut Butter Turtles  
Rain Creek Handcrafted Baklava  
Rain Creek Michael's Baklava Assortment  
South Bend Chocolate Assorted  
South Bend Chocolate Hoosiers  
South Bend Chocolate Peanut Butter Chocolate Fudge  
South Bend Chocolate Peanut Butter Meltaway - Milk Chocolate  
South Bend Chocolate Peanut Butter Meltaways - Dark  
South Bend Chocolate Valentine Heart  
**Cookie Product Recalls**  
Kellogg's Famous Amos Peanut Butter Cookies  
Trader Joe's Sutter Formula Cookies  
WalMart's Harvest Peanut Butter Fudge No-Bake Cookies  
WalMart's Peanut Butter Cookie  
WalMart's Peanut Butter Fudge No Bake Cookies  
HyVee's Lunchbox Reese's Pieces Cookies  
HyVee's Lunchbox Peanut Butter Cookies  
HyVee's Monster Cookies  
HyVee's Peanut Butter Chocolate Chip Cookies  
HyVee's Peanut Butter Cookie  
HyVee's Peanut Butter Reese's Pieces Cookies  
**Cracker Product Recalls**  
Keebler Cheese & Peanut Butter Sandwich Crackers  
Keebler Toast & PB'n J Flavored Sandwich Crackers  
Keebler Toast & Peanut Butter Sandwich Crackers  
Little Debbie Peanut Butter Cheese Sandwich Crackers  
Little Debbie Peanut Butter Toasty Sandwich Crackers  
**Fruit and Vegetable Product**  
Ready Pac Foods (Trader Joes) Celery w/ Peanut Butter  
Ready Pac Foods (Trader Joes) Celery w/ Peanut Butter

In addition, certain Ice Cream, Packaged Foods, Packaged Meals and Pet Food Product contain peanut paste and have been recalled. For complete and up to date information on the recall, go to:  
<http://www.fda.gov/oc/opacom/hottopics/salmonellatyp.html> or [www.mvobserver.com](http://www.mvobserver.com)

City of Sierra Madre

Public Hearing Notice

**To:** Property Owners within a 300-foot radius

**From:** The City of Sierra Madre

**Subject:** CONDITIONAL USE PERMIT 08-02; CERTIFICATE OF APPROPRIATENESS 08-01

**Applicant:** Glen Hampton

**Project Location:** 331 East Alegria Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider a request for 1) a Certificate of Appropriateness to remove rock wall returns and replace them with a new forty-three (43)-foot-long, four and a half (4.5)-foot-high rock wall along the Sturtevant Drive property line, and to construct a five-hundred-twenty (520)-square-foot pool house; and 2) a Conditional Use Permit (CUP) to allow the new rock wall to exceed the three (3) feet six (6



## The Mountain Clymer

by Kim Clymer-Kelley

## SNOW BIRDS



A little over a year ago I decided that I needed to put what little money I have into something that would help it to grow a bit and to give me someplace inexpensive where I could retire, if need be. My sister had discovered the inexpensive and rapidly growing area of St. George, Utah where she had purchased a couple of condos that she had on the vacation rental market. Her investments proved to be good ones, so I followed her lead and purchased a lovely unit in a desirable complex adjacent to a spa. Until the downturn in the economy the last six months, it was paying for itself. It was usually booked for all of the vacations that I had in my schedule, so until this past weekend, I had not even spent one night in it. Since I had a three day weekend, and some long term guests coming in, I decided to make the 5 1/2 hour trek out to spend my mini-vacation, to check on the unit and to explore Utah in the winter...something that I had not done until now.

Although some of the roads were impassable because of the snow, we were able to explore some back roads and out-of-the-way areas of Zion National Park that I had never seen. The snow added a whole new dimension of beauty to the already breathtaking southern Utah scenery. The sparkle and brilliance of the virginal blanket of snow added a new dimension to the russet, saffron, and rose colored cliffs and peaks throughout the park.

After exploring some more remote parts of the outskirts of the park, we headed into the main valley for a quick spin through some of my favorite sights. The steep trail up to the Weeping Wall was a sheer sheet of ice so we opted to not try hiking up to see what winter magic had been cast upon that already enchanting locale. Likewise, we ruled out my favorite hike, the Narrows ... since most of the hike is spent somewhere between ankle and knee deep in water which, even though the weather was very mild, would surely be frigid this time of year. Instead we opted for the warmth of the car, making a few stops along the way to take in some of the more spectacular views and to snap a few photos.

After two days exploring Zion and the stunning areas in and outside of St. George, we left St. George early Monday so that we would have time to make an adventure out of our journey home. Our trek took us on a back road out of town, catching Interstate 15 just outside of Mesquite, NV. When we hit Vegas we took a bit of a detour through Pahrump, NV, from where Art Bell originally broadcasted his Coast-to-Coast radio show. From Pahrump we headed out to Death Valley. I had never been to Death Valley and was surprised by the scope of its beauty. The many subtle textures and colors of its widely varied landscapes were lovely on their own ... I could only imagine how incredible it must be when blanketed by the spring wildflowers.

A short while ago I was made aware that both southern Utah and Death Valley are threatened by recent changes in government policies. In the latter days of the Bush administration, drilling leases were sold throughout Utah's most scenic lands ... some just outside of national park boundaries ... some within view of popular landmarks. Though the courts put a stay on these leases until the effects of this atrocious action can be evaluated, it is still necessary for us to use our voices to express our anger at, and intolerance for, this blatant disregard of the environment and the value of the natural beauty of such regions. Though Death Valley National Park is not directly affected by the Bush administration's assault on our wilderness lands, the Army's Fort Irwin was recently granted a large parcel of land immediately adjacent to the valley to use as a tank-testing field. The fact that the new area is home to endangered desert tortoises was addressed by rounding up and relocating the tortoises, resulting in the death of most of them. This area also contained some riparian zones and over 100 cultural sites within its boundaries. The rape of our public lands must be stopped. Fortunately the climate in Washington changed today and your concerns should now be heeded. It is time to speak loudly and clearly. Write your representatives to make sure that your voice is heard.



## TABLE FOR TWO MORE

By Peter Dills

You may have not noticed, but we have a new President in the Oval Office and optimism appears to be soaring in for first time in 8 years. Let's just hope

that we have enough Washingtons in our wallets so we don't need an FDR relief program. With that in mind, I thought now would be an appropriate time for me to get on the phone and investigate what some area restaurants are doing to secure business and try to save you some of those Washingtons while keeping the banks liquid with assets.

Beckham Grill, 77 E. Walnut, is offering their full menu on Monday and Tuesday nights for (\$19) per entrée. This includes Prime Rib, Steak, Fish and other entrees. The food here is exceptional and the dining is an experience!! Call (626) 796-3399. For all of the details.

Il Fornaio, on Union in One Colorado, has happy hour with selected items for a pauper's sum of (\$3), plus you can get a house wine or a Bayhawk pint of beer, again for only (\$3), and for bar customers only. (That could get you into some trouble.) Call (626) 683-9797 for all the info about the offer.

El Torito, on Foothill at Halstead in East Pasadena, has Tacorito Tuesdays in the Cantina. They offer (99 cent) tacos from 4pm to

10pm, plus a Grande Size of Dos Equis for only (\$3.95). I had five tacos and a beer for less than (\$13), including tax and tip. For anyone diet-watching, I recommend a fulfilling 2-3 tacos! Anyway you put the salsa on it, you have a bargain. Call (626) 351-8995... for more information.

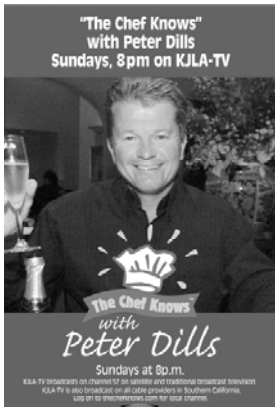
Pop Champagne Bar, on Union in Old Pasadena, offers a glass of Veuve Clicquot for the competitive price of (\$10) a glass in the bar on Wednesday Nights. Call (626) 795-1293 for the details.

Finally, how about Starbucks? Well, that one requires a little work, but you can buy (\$100) worth of gift cards for only (\$80) at Costco, plus if you register your card, you will save on the syrup or double shots. Plus the first drink is free!!!

So, Hope is alive we just need to be smart diners!!! Call in advance to confirm all stated details.

Did I miss a bargain? Email me at thechefknows@yahoo.com

Join me every Saturday afternoon at 3 PM for my TV Show the Chef Knows on KJLA TV and LATV. Cheers!!!



## Ahhhhhhhhhhhh, The Constant Wonder of the Familiar

By Liz Lambdin

One thing that has proven to be a great source of peace and fulfillment in my life is the discovery and coining of the phrase "Ahhhhhh, the Constant Wonder of the Familiar."

Before my father passed away, I spent more than 25 years of my life having lunch with him at least once a month (first at the Chronicle Restaurant then Spencer's in Old Town, Pasadena) – always on Thursday, always at 1:00. Talk about a lucky daughter and a gracious father. He was the one who taught me to "dine," try new food, learn about fine wine and experience port. Each week, like clockwork, I eagerly awaited his phone call on Thursday morning.

I first coined this phrase while I was waiting for him to join me. I sat at a window table on Green Street and kept an eye out for his car to pull up. He drove a black, convertible Chrysler Le Baron. He owned a men's clothing store in San Marino so he was always dressed to the nines. He'd exit his car, reach into the back seat and remove his sport coat from the hanger. He'd greet the valet, the hostess; then the waiter – my dad was gentleman Jack. So there I sat, waiting, watching in silent anticipation when he rolled up. I remember thinking "Ahhhhhh, the Constant Wonder of the Familiar." I realized that the things that make me the happiest, the most fulfilled, the most loved are those things that I sometimes take

for granted. I furthered that thought by reminding myself that someday my dad would no longer be in my life and that this particular "constant wonder" would be a thing of the past – which it now is. I thought how lucky I am to have been raised by real-life Ozzie and Harriets. I lived in the same house all my life – my mother still lives there at 85. I've driven the same streets and by familiar landmarks for over 50 years. I began to recognize all of the "constant wonders" and they were all over the place – Domenico's restaurant, Roma's Market, Burbank Elementary School, the Balian Mansion, Devil's Gate Damn, Peter's deodorant I used to climb, the Altadena Golf Course, Rose Parade, Rose Bowl, Eaton Canyon, Christmas Tree Lane, Baby Huey, In and Out hamburgers, my brother's house, the memory of my dogs Madera and Slim – ahhhhhhhhhhhh, are you getting my drift? There is a ton of happiness to be had if we look around ourselves and see how wonderfully fortunate we are. How about having your car start on the first try?

One year, for my New Year's Resolution, I purposed to find one constant wonder each day and acknowledge it. Here's my challenge to you. Seek out your constant wonders, recognize them and grin when you feel the joy they bring. Then pass the idea on to your loved ones – it will make for a richer life.

## DOING THE BIRTHDAY RUN How I Reviewed My Life One Year At A Time

By Christopher Nyerges

*[Nyerges, who is a manager at the Highland Park farmers market, is the author of numerous books including "How to Survive Anywhere." He also leads classes in various aspects of wilderness and urban survival. For more information, see www.ChristopherNyerges.com]*

My new year came Sunday, January 11, my date of birth. So that's my personal New Year. As has been my custom, I did a birthday run where I run one lap around a track for each year, and review that year as I run. In a sense, I run through my life, looking back at where I started, where I went, what's happened in between, and seeking whatever lessons I can.

This year, I didn't do laps around a track, but ran up and down a dirt driveway for each "lap," a distance of about a fifth of a mile.

For me, 2008 had been a year of pain – losing my dog of 17 years on Easter Sunday, and losing my wife of 22 years in early December. Christmas and New Year's burned by in the time warp I was in, not wanting another close person to be gone. I focused hard as I ran my birthday run, trying to re-live my life, trying to really feel, again, what I felt back then, and my pain came back.

My first awareness of being born was that something was very wrong, that I came from some very holy sacred place and now I was back in a human body on this Dark Age planet. I cried uncontrollably as I ran, just as I did in my first few years of incoherence and confusion. Yet, I slowly learned what it was to be human, and though I never grew out of my feeling of being in the wrong place at the wrong time, and forever out of the loop, I learned the ways of man, of deceit, of double-talk, lies, beguilement.

I'd forgotten – until I did my life-review run – that I once knew that I came from some level of purity and Innocence, then descended to human-ness, and then I worked to learn how to "fit in" to the ways of the grown up world. As I ran each lap, I tried hard to just feel it, and to find the lessons that I still needed to learn.

I remember visiting my grandfather in Ohio, and how he yelled at my mother for some petty thing. I was only a child, but I never forgot that puzzling scene. I somehow thought that getting older meant that people grew wiser, more respectful, more controlled – but this was merely one experience that taught me that was not so.

I remembered as a teen stealing cigarettes and other things at local stores, and eventually getting involved in marijuana for a short while. Both my parents were working and there was no one watching. I looked up to the neighborhood "bad boys" who smoked and swore and stole things, and were it not for getting caught and exposed, I could have stayed on that pointless, nowhere path of crime.

Fortunately, I went through some sort of internal renaissance at age 14, and began taking martial arts classes, learning music, and studying Buddhism and philosophy. I saw that I knew next to nothing, and still I looked positively to the future. At age 54 as I ran, I could see that the past is very much alive in all I we do now, and the future is already written by what I think, and do, and feel as I live each moment.

I found I could do my birthday run with mental eyes wide open, facing all my fears, and perceptions of inadequacy.

In high school, I entered into the world of ideas, and the vast potential good that was available for the world if people – if I – lived ecological lives, though I was too naive at that time to see the vast overwhelming influence of the pursuit of money in most of us.

I constantly felt the frustration of never really learning anything in school, but I learned to play the game, and learned how to play at journalism so that I could write and share ideas. I didn't learn how to think, nor did I receive any moral rudeness of any sort while in school. I simply learned about the tools I needed in order to go forward.

As I ran, I reviewed my travels, seeking something, rarely finding it. I reviewed my search for "real community," and my various successes in this regard. I felt so happy reviewing the time Dolores and I drove all the way to Oklahoma to take part in the 150th commemoration of the Trail of Tears, and Dolores spoke to the gathered audience with a Shining Bear reading. The whole trip was a magical dream.

Amazingly, I came to the realization that I wasted a vast portion of my life in the pointless pursuit of sex, or whatever I thought that meant. I was too dumb most of the time, too driven by my own animal nature, to cognize the difference between Love and Sex. Even studying Eric Fromm's classic, "Art of Loving" – though a step in the right direction – only began to reveal to me that "love" is not what we are shown on TV shows. True love fulfills, yet only sex is fleeting, a terrible waste of time, and often a destroyer of families and neighborhoods. It was sobering, as I ran, to see that dark side of sex all throughout my life, something that I have only slowly been able to deal with.

In the last 10 years, I felt both uplifted by my work, and depressed by my own weaknesses and deficiencies. My separation from Dolores was a source of great sadness, but that sadness was later replaced by the inner enlightened joy of two people, respecting each other, freely coming together for certain goals. We worked together for some of the public gatherings we conducted at our WTI non-profit, and many writings, and other projects. So when Dolores made her final transition in December of last year, I felt both devastated, and forced to review all that was good, all that would take me into the future with the world we created.

So many lessons flowed from this run that it would take a book to record them all – most very personal lessons. I remember thinking that Dolores had created a wonderful life for herself, and that I wanted to do the same, and still want that. I also took faith in a quote from Michael Savage, that "Work is the only salvation."



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## SAFYMCA New Weight Room Equipment

DUARTE, CA, January 22, 2009 – Griff Jones, 62, does some leg extensions on one of the new pieces of weight room equipment at the Santa Anita Family YMCA. The SAFYMCA has completely upgraded the weight room with 21 new pieces of ergonomically designed equipment from Matrix Fitness Systems. The public is invited to attend an open house event on Saturday, Feb. 7 to try out the new equipment and get acquainted with the many fitness programs available at the SAFYMCA, including strength training, yoga, body sculpting, and one of the newest offerings, “Dance with Elegance” classes. For more information, call (626) 359-9244 or visit the website at [www.safymca.org](http://www.safymca.org). The SAFYMCA is located at 501 S. Mountain Ave. in Monrovia.



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See the “Senior Spot” column weekly!

## From the Inside Out: Ringing in the Ears

We often hear about “ringing in the ears”, but until recently my general impression about it, from people who said they have it has been, “Oh. It happens. Nothing you can do.” Hmm.

So, well over a year ago I took advantage of an opportunity to lift a load of stress from my life. Felt wonderful. Wham! The very next day, I had a high-pitched noise in my ears. Now, from time to time during my life I’ve “heard noises” in my ears, and, when I shake my head hard, what sounds like some lovely toned bells “ring inside”. I suspect that’s cochlear liquid hitting the side walls of my inner ear - amusing, but not enough to keep shaking my head.

Also from time to time throughout my life, I’ve experienced a few seconds of hearing at what I think is well above my normal range. Again, interesting, but not something I paid much attention to, because it always went away. So, this new sound was not truly “unusual”. However - it didn’t go away. I kept an “ear” on it for about a month and finally decided to see what someone else thought. We did some work on it, and the most useful comment was, “Well, what are you not ‘hearing’?” Yeah, I know. Pretty useless info, right? So I’ve been pondering since then. Mind, when I truly focus on something, I don’t hear it. But when I relax, there it is again.

Recently I remembered (I’m slow because I’m dealing with me, you understand, not a client) that, Oriental wisdom suggests that, if something’s wrong with the ears, check the kidneys (just as if there’s something going on with the eyes - especially if you have those “floaters” - it’s a good idea to check out the health of your liver). So I decided to do a bit of research - Mayo Clinic has a great presentation.

What do you know!!! In addition to residual neck and jaw trauma - one of those things that can simply creep up from untreated physical head bumps and traumas from falls or sudden stops long, long ago - a possible cause of Tinnitus may be associated with the Adrenal Glands, which sit right on the kidneys. Hah! More specifically, this may be associated with adrenal cortex insufficiency, which reduces the production of certain hormones, which may link with the pituitary so that you get a bouncing ball hormone imbalance. Hah! Oriental wisdom provided a search link. So, in

addition to getting the neck checked for alignments (a truly good chiropractor is needed for this), exercising muscles to straighten posture and changing sleeping positions to hold us in more balanced ways, how do we take care of the adrenals? Well, #1 is reducing stress reactions, #2 is getting more energy into them, and #3 is providing more nutrition so they can rebuild their own health and strength.

Was there more? So, I guess it’s time to focus on rebuilding adrenal health and strength - from the inside out. Any suggestions? Well, here we go again: “Fresh Fruits & Veggies, Dark Green Leafy Greens, Whole Grains Seeds and Nuts.” And I go to the grocery store and look at what’s there and boring ... absolutely boring (not to mention the grumpfs when I cook kale, chard or other such greens, and ... sigh ...

This week, however, I explored the Asian market just east of Baldwin, north side of Duarte. Three counters full of totally unknown leafy greens. I want an Asian Greens tasting and cooking class! Four years ago, when visiting Xiamen, China (a small island, across from Taiwan), I so enjoyed the fresh greens served there, scarfing them up at every meal. Delicious, new, a “change”, and - someone else did the cooking!

I’ve started finding Chinese “spinach” at Saturday Farmer’s Market at the Pasadena High School, in a bunch size that two can eat ... the Asian market bags were way larger than for two. I guess, however, if I want this ringing to go away, I need to be more proactive - get more adrenal supportive foods into my system - long term - ensure more fresh enzymes, proteins, minerals - and keep an eye on “stress”. Mind, I don’t think I have as much stress as I used to have, but if, as is suggested, ear ringing is caused when the adrenals are fatigued, maybe the 80 million of hearing this us ought to pay more attention to our insides - and the other 220 million more ought to start taking care now when there’s nothing to hear - so they don’t have to “do repair work” later on ...



By Mary Carney

## SENIOR HAPPENINGS...

By Pat Birdsall

*It is with regret that I report the passing of Doug Berkshire, longtime City Treasurer; husband, father, Kiwanian and friend to so many. And, Kathleen Drueggen, the beloved mother of Patti Huber. Her sweet smile will always be remembered.*

**FYI:** From the 50+ Health Connection Bulletin – Arcadia Methodist Hospital

**January is National Glaucoma Awareness Month:** Two of the most common problems of aging eyes are glaucoma and cataracts. A cataract is a clouding of the eye’s natural lens, which lies behind the iris and the pupil and can decrease your ability to see clearly. Glaucoma is the second leading cause of adult vision impairment. Unfortunately, glaucoma often does not cause symptoms in its early stages, and many people do not know they have it.

**On Tuesday, January 27<sup>th</sup> from 1:30- 2:30 PM there will be a Glaucoma & Cataracts Seminar conducted by Kenneth Lu, M.D., Ophthalmologist** at the Arcadia Community Center-- 365 Campus Dr., Arcadia. For reservations, please call the Center at 626.574.5130.

### ~Helpful Hints~

Shoe bags aren’t just for footwear...1) In a utility closet or room, tuck sponges, scrub brushes, old toothbrushes for cleaning tight corners, spray bottles and cleaning cloths. 2) In your own closet, add an extra bag to keep all your small accessories like scarves, belts, small purses, ties, socks or stockings, even lingerie neatly stored and easy to find. 3) In your home office, hang one near your desk for scissors, staples and stapler; pens, pencils and markers. Hole punches, envelopes both large and small-- or even bills in date order.

## Recipe of the Month:



### Red-Leaf Salad with Roasted Sweet Potatoes

2 sweet potatoes, peeled and cut into 1-inch chunks  
1 medium red onion, quartered  
2 Tbs. olive oil  
Coarse salt and ground pepper  
1 package (10 ounces) frozen cut green beans, thawed  
1/3 cup walnut halves or pieces  
1 cup plain low-fat yogurt  
2 Tbs. white-wine vinegar  
1 garlic clove, crushed through a garlic press  
1 head (10 ounces) red-leaf lettuce, torn into bite-size pieces

1- Pre-heat oven to 450. On a large rimmed baking sheet, toss together sweet potatoes, onion and oil; season with salt & pepper. Roast until sweet potatoes are tender, about 20 minutes.  
2- Add green beans and walnuts to sheet; toss. Roast until green beans are tender, about 5 minutes.  
3- Meanwhile, in a small bowl, whisk together yogurt, vinegar, and garlic; season dressing with salt and pepper. Top lettuce with roasted vegetable mixture; drizzle with dressing.



## Happy Birthday!

January Birthdays: Mary Tassop and Loyal Camacho

### For Your Funny Bone

*Ralph and Edna were in love, and both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Ralph suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there. Edna promptly jumped in to save him. She swam to the bottom and pulled him out. When the head of nursing became aware of Edna’s heroic act she immediately ordered her to be discharged from the hospital, as she now considered her to be mentally stable. When she went to tell Edna the news she said, “Edna, I have good news and bad news. The good news is you’re being discharged since you were able to rationally respond to a crisis by jumping in and saving the life of the person you love. I have concluded that your act displays a sound mind. The bad news is, Ralph hung himself in the bathroom with his bathrobe belt right after you saved him. I am so sorry, but he’s dead.” Edna replied, “He didn’t hang himself, I put him there to dry. How soon can I go home?”*

**Quote:** Winter is the season in which people try to keep the house as warm as it was in the summer, when they complained about the heat. ~Author Unknown~

**Activities:** Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**Lunch Program:** Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

**Monday:** Free strength Training Class with volunteer Lisa Brandley 1:00-1:45

**Tuesday:** Bingo- 1:30PM- 3:30 PM .25c per card  
Yoga- 5:30 PM- 7:00PM Instructor Andrea Walsh- \$6.50 for seniors (50 and over.)  
Call 355-5278 for more information.

**Wednesday:** 1<sup>st</sup> & 3<sup>rd</sup> Wednesday- Community Lunch & Learn Program

**Thursday:** Game Day- 1:00PM- 3:30PM- Poker, UNO, Scrabble, Cribbage, Chess, Checkers, Backgammon, Pinochle...you name it.  
Yoga- 5:00 PM- 6:30 PM \$6.50 for seniors (50 and over) Call 355-5278 for more information

**Friday:** Ping-Pong 1:30 PM

**Saturday:** Senior Club for those 55 and older- Brown bag lunch at 11:30AM  
Meeting at Noon- Bingo at 12:30 PM- only .25c per card

### Monthly Excursions:

At press time, information on future trips was not available. Please inquire at the Senior Desk, 626.355.7394.

**Free Blood Pressure Clinic-** Second Tuesday of each month 11:00 AM- Noon No appointment necessary

**Financial Consulting-** 3<sup>rd</sup> Tuesday of each month at the Hart Memorial Park House from 10:00AM- Noon. Please call (626) 355-7394 for an appointment.



**Meals-on-Wheels:** Meals are delivered to homebound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) \$2.00 suggested donation per day. Call Susan Garcia at (626) 858-8382 for more information.

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January 13 Drink & Think Quiz Nite w/Quizmaster Midge  
January 14 Too Many Guitars w/Tom McNamara and Van Webster  
January 15 Thelonius Dub  
January 16 John Mayer Trio  
January 17 Rick Blessing  
January 20 Drink & Think Quiz Nite w/Quizmaster Midge  
January 22 Thelonius Dub  
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January 27 Drink & Think Quiz Nite w/Quizmaster Midge  
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Chris Bertrand

**One Of A Kind:**  
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By Chris Bertrand

## Time For Margie Simpson to “Do it again!”



Margie Simpson announced recently that she's ready to “do it again.” Design another beautiful Sierra Madre home and garden for her and her husband, that is. Just fifteen years ago, they moved into the half acre property at 42 E. Carter, Sierra Madre. Simpson and her husband, Rick, are now ready to downsize from this 4057 square foot home to a smaller abode, but wouldn't consider anywhere but Sierra Madre!

After Simpson put pencil to paper to sketch out this home's design ideas, she literally lived and gardened there in her mind's eye before she even found the lot. Her business, Escape to the Garden, specializes in flowers and fragrance, and invites you to “Transform your yard into a refreshing and romantic cottage garden, with room to relax and entertain.” Simpson has definitely taken her own advice here. I was totally enchanted!

Everywhere I looked, both inside and out, I could envision myself enjoying an activity or increasingly hard won relaxation in special areas in the home and garden. The garden itself boasts at least a dozen vignettes of outside “rooms” to escape or just take a breath. My favorite was two Adirondack chairs hidden way at the lowest terrace of the property. Tucked away there are magnolias ready to bloom and a host of fruit trees, including Simpson's favorite apple, used for magnificent floral arrangements at apple blossom time. An arched, vine-covered “doorway” gave a peak of the house, yet I felt completely removed from the hustle and bustle of life.

Inside, Simpson created venues for specialized activities. The kitchen includes a baking center, a planning desk with extensive recipe file, a pantry with a place for every celebration and kitchen activity you might imagine. Her small office and craft room, with a gift wrap center, is adjacent to the family room. The area can be open to feel part of family activities, or closed off with double pocket doors to quickly hide a project in process. The dog wash station in the garage includes a hot water feed and pet bathtub for doggie baths while standing. Arched and circular windows upstairs create a frame for beautiful views. A laundry chute, numerous skylights for abundant natural light,

even a closet at the bottom of the stairs called the “going up closet.” All carefully planned, measured and executed.

Some of the home's features are specifically designed to avoid things... like earthquake damage. Special drawers for stemware prevent falling glass in a shake. The cabinet doors include special catches so they won't fly open in a temblor. Another carefully planned area is the changing stall behind the garden cottage, keeping wet feet outside during big pool parties.

And that garden cottage! The generous building, constructed a few years ago during the pool construction phase, comes complete with gas fireplace and a specially designed roof venting system to keep it cool and comfortable in the summer. Simpson talked of it as a great place for an afternoon nap.

Partially due to its abundant and fertile alluvial soil, the garden appears much more mature than its scant fifteen years. Simpson says she found about five feet of this soil here. She purposely blurs the property lines with irregular landscape, to create the illusion of an even larger homesite. Her goal is to have something blooming and colorful in every season. I saw paperwhites abloom, magnolias poised for a show, patio tomatoes ripe for eating, and, and, and...even though it's the “quiet” season for Los Angeles gardening. The thousands of plants thrive under Simpson's guiding hand and a commercial irrigation system.

I've seen many a custom built home that was so rarified and “customized” in its design as to be poorly enjoyed by any subsequent owners. Simpson has done the opposite here, creating and planning a home to be enjoyed for generations.

Margie Simpson is readying herself to start all over again when the home sells, preparing to create yet another magnificent home locally. 42 East Carter is now offered for sale at \$2,295,000 by Judy Webb-Martin and Katie Orth at Webb-Martin Dickson Podley Realtors. For more information, visit [www.42EastCarter.com](http://www.42EastCarter.com) or call them at 626-355-2384.

Have an interesting home or garden that might be of interest to our readers? Contact Chris at [Chris@BertrandOnline.com](mailto:Chris@BertrandOnline.com)!



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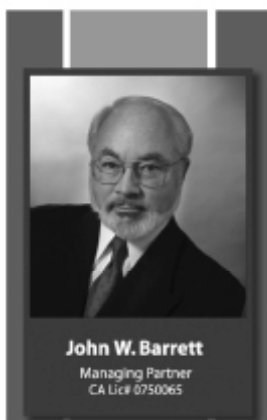
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