

# HAPPY 4TH OF JULY

## Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, JULY 1, 2023

VOLUME 17 NO. 26



the webb-martin group

HAPPY  
4TH  
OF JULY



"The strength of a nation lies in the homes of its people."

-Abraham Lincoln



### ATHENS SERVICES FEE INCREASE ACCEPTED - NEW CONTRACT RATIFIED

In response to California's SB 1383 which created a complex array of mandatory requirements for cities requiring all residential and commercial premises to comply with a rigorous organic waste recycling program, the city and Athens Services entered into an agreement in which Athens would assist with implementation of the necessary elements required by the state. Those elements, however would require a fee increase and on the advice of the City Attorney, it was determined that the prudent action of doing the process for this agreement amendment and rate increase is in the best interest of the City through the Prop 218 process in which residents have the opportunity to protest any proposed fee increase.

On May 5, 2023, the city mailed ballots to 3,413 eligible voters and allowed recipients 53 days to protest the proposed increase. State law only requires a 45 day protest period, however city officials allowed additional time to give voters the opportunity to study what was being proposed and whether or not they wanted to protest it. In order for a protest to prevail, more than 50% of the eligible voters would have to protest the increase.

On Tuesday, the Sierra Madre City Council, certified the results of the Proposition 218 Ballot and subsequently formally adopted the amendments to the Athens Services contract. At the meeting, City Clerk Laura Aguilar presented the council with the final ballot tally. Of the 3,413 ballots mailed out, only 70 were returned in protest. As a result, the council ratified their earlier approval of the contract.

The contract which will become an amendment to Athens's current 'evergreen' contract with the city contains key elements that will help residents comply with the state's new organic waste disposal mandates and assist with efforts to discourage bears from foraging through trash cans.

In the amended agreement, Athens will: (partial listing)

Athens will provide all SB1383 compliance programs.

Athens will provide a new bear-resistant organic barrel to every residential account citywide.

Athens will modify from bi-monthly billing to monthly billing.

Athens will provide the City an annual \$30,000 payment to the City's Environmental Fund.

Athens will provide a one-time payment of \$200,000 upon execution of the Amendment.

Athens will provide two annual compost giveaway events.

Athens will provide an annual Household Hazardous Waste and E-Waste dropoff event.

Athens will provide a 40-yard recycle roll-off at Sierra Vista Park.

(continued on page 3)

### Happy Independence Day to All!

Fellow Sierra Madreans, family, friends, and visitors,

Greetings on this Independence Day! Let us celebrate the spirit of freedom and reflect upon the journey of our great nation. Today, as we come together as one, we are reminded of the ideals that inspired our founding members to strive for a better future.

Independence Day is not only a time for our annual 3rd of July festivities in the park and our 4th of July parade, but also a moment of profound gratitude.

We are fortunate to live in a country where dreams can be realized, where we can express ourselves freely, and where every individual has the potential to make a difference. This Independence Day, let us recommit ourselves to upholding the values that define our nation and to working together towards a future that is inclusive, prosperous, and harmonious.

So, let the stars and stripes fly high, let the celebrations bring happiness, and let our hearts be filled with gratitude for all the blessings that we have. Happy Independence Day! May our nation continue to thrive and shine as a beacon of hope for generations to come.

God bless America!

~Ed  
Edward Garcia, Mayor -  
Sierra Madre



## Sierra Madre OUR HOME

Buyers have accepted higher interest rates as the new standard and the supply of available homes is insufficient to meet the demand of buyers. This is a moment that calls for action! Instead of getting sidetracked by uncertainties, pay attention to the actual developments in our local market, stay committed to your objectives, and reach out to a knowledgeable listing agent for expert guidance.



Jan Greteman 626.975.4033  
lic #01943630

Judy Webb-Martin 626.688.2273  
lic #00541631

Katie Orth 626.688.0418  
lic #00942500

dpp real estate

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### SIERRA MADRE KIWANIS INVITES YOU TO BECOME MEMBER FOR A DAY

#### 8 Contestants To Compete In Boot Skootin' Chili-Cook Off

Peter Dills, Celebrity Judge  
Henry Duenas, DJ/Line Dance Instructor

Saturday, July 1, 2023 6:00 pm  
Sierra Madre Recreation Center  
611 E. Sierra Madre Blvd.

Get your tickets now at:  
[www.sierramadrekiwanis.com](http://www.sierramadrekiwanis.com)

Memorial Day is the unofficial start of the Summer Real Estate Market. This is a great time to sell your house!

We experienced Renewed Buyer Confidence in our Spring 2023 Real Estate Market fueled by low inventory, high demand for properties and stabilizing interest rates. The scarcity of properties for sale has created a very competitive environment where Buyers are willing to pay top dollar to secure their dream home.

Call us, we would love to meet with you to discuss how we can help you achieve your 2023 Real Estate Goals.

Now is the Time for Veterans to take advantage of special home buying financing. Call us for more details!



As America celebrates Memorial Day, we pay tribute to those who have given their lives in our nation's wars.

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 550 W. Sierra Madre Blvd. **2023: 116 Years**  
 Founded February 23, 1907 – "Living the Volunteer Life" in Friendship  
 Member of General Federation of Women's Clubs [cfwc.org](http://cfwc.org) & [gfwc.org](http://gfwc.org)

**Pre-Parade Open House**  
**Tuesday, July 4**  
**8:00 - 10:00 am**

**Enjoy Free Coffee, Juice, Pastries & the Wabash Wailers !**

[GFWCSierraMadreWomansClub.org](http://GFWCSierraMadreWomansClub.org)  
 Facebook/SierraMadreWomansClub  
 Wistaria Thrift Shop - Closed – Reopens Sept 7.  
 Clean, Gently Used Donations Accepted Weekday Mornings

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 866-906-0090



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**YOUR NEXT PURCHASE OF \$50 OR MORE**  
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\*Ace stores are independently owned & operated. This coupon is good only at Arnold's Frontier Hardware located at 297 W. Sierra Madre Blvd. 626-355-3365. Limit one coupon per customer. Additional exclusions may apply. Not good with other offers. See store for details

VALID UNTIL: 07/30/2023



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**WHAT TO LOOK FORWARD TO!**

|                         |                 |
|-------------------------|-----------------|
| 1:1 iPad Program        | Student Council |
| Leveled Math            | Scouts          |
| First Holy Communion    | Alter Servers   |
| Academic Decathlon      | Camp Raider     |
| Speech & Debate         | CYO Sports      |
| Drama Club              |                 |
| Choir Club              |                 |
| Mock Trials             |                 |
| Let's Talk Raiders News |                 |

**After School Programs Monday-Friday**

- HOMEWORK HELP
- ARTS & CRAFTS
- ENRICHMENT CLASSES
- SAFE ENVIRONMENT




**Catch breaking news at:**  
[mtnviewsnews.com](http://mtnviewsnews.com)



# SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

**ATHENS** (Continued from page 1)

Athens will provide enhanced recycling information to customers on a quarterly basis. Athens will work with the City on solutions to illegal dumping in the City. and Athens will pay for the Prop 218 process

The rate increase for the most common service levels are:

| Schedule of Rates               | Current Rates | New Monthly |
|---------------------------------|---------------|-------------|
| Residential 64/64/96 Service    | \$38.63       | \$42.11     |
| Multi-Family 3-Yard Bin Service | \$209.76      | \$233.88    |
| Commercial 3-Yard Bin Service   | \$208.84      | \$232.8     |

Color of Containers - Acceptable contents:

"Black Container" are to be used for the purpose of storage and collection of Solid Waste

"Blue Container" shall be used for the purpose of storage and collection of Source Separated Recyclable Materials.

"Green Containers" are for organic waste disposal:

LIST OF ACCEPTABLE ORGANIC WASTE MATERIALS

GREEN WASTE

- Flower and hedge trimmings
- Grass clippings
- Leaves and branches
- Weeds
- Lumber/Scrap wood not painted or treated
- Plywood\*

FOOD SCRAPS

- Bread, rice, and pasta
- Cheese and dairy
- Coffee grounds and filters
- Fruits and vegetables
- Flowers and herbs
- Meat, bones, and poultry
- Seafood and soft shells
- Pet food (nonmedicated)

FOOD-SOILED PAPER\*

- Food-stained paper
- Paper egg cartons
- Paper napkins
- kitchen paper towels
- Pizza boxes
- Plates
- To-go boxes (no coating)
- Wood and fiber-based utensils

\* Must be 100%.fiber-based No materials with plastic, wax, or bioplastic coating, liner, or lam

UNACCEPTED ITEMS

- All plastics
- Cacti, succulents, and yucca
- Compostable plastics (bioplastics)
- Coffee cups and pods
- Fats, oils, and grease
- Food stickers (please remove from items)
- Gloves
- Hard shells ( clams, mussels, oysters)
- Medication
- Palm fronds
- Paper napkins with cleaning chemicals
- Paper towels with cleaning chemicals
- Parchment and wax paper
- Pet waste
- Rocks and soil
- Rubber bands and twist ties
- Tea bags
- Textiles
- Tissues and wet wipes

For additional information and the full text of the agreement, along with enforcement procedures, please go to the city's website: <https://www.cityofsierramadre.com>

MVNews

**WALKING SIERRA MADRE - The Social Side**

by Deanne Davis



"It was a good day for a parade, sunny and unseasonably warm, the sky a Sunday School cartoon of heaven." Tom Perotta

"July is a blind date with summer." Hal Borland

"Half the people in Sierra Madre are watching the parade. The other half are in it!" Deanne Davis

Can you believe it's July already? What a weekend we have coming up! Don't make any plans to leave town, there's nothing happening anywhere else that can match what we have going on.

Saturday night, that would be July 1st, it's the Boot-Scootin' Chili Cook-off featuring food critic, Peter Dills, as the celebrity judge. Chili cook-offs are so much fun. My son won one some years ago with a chili recipe that featured whole green olives stuffed with pimentos. "Chili With Eyes" he called it and, while it was somewhat startling to look at, it was good! So, plan on going to that and doing some dancing, too.

Sunday night is the movie in the park. It's "Guardians of the Galaxy" and it's a really fun movie with a lot of explosions and silliness. Trust me, you'll love it. Speaking of movies, treat yourself to the new live version of "The Little Mermaid." It's really good and the underwater photography is fantastic. The new Indiana Jones movie comes out this week, too, and I can't wait to see that one.

Monday night is the pre-parade party and picnic from 5:30 to 10 p.m. or the Concert in the Park featuring Groovy Lemon Pie.

Then, at last, one of the Sierra Madre highlights of the year, the July 4th Parade is Tuesday starting at 10 a.m. The parade is such a great time. John and I always got up early, drove downtown, set up our chairs in front of Happy's Liquor, had coffee at dear departed Beantown and walked all over town to see who we would see. Every year it just got better. It is actually the best parade anywhere, mainly because it's stuffed with people we know. We loved seeing the kids from all the teams, the fire engines, the parents pulling wagons with little people in them looking bewildered. We admired the Search & Rescue Guys, waved at all the dignitaries smiling in the backs of open cars, trying not to sweat, wondering if they've got enough sunblock on, working hard to look responsible and re-electable. Our veterans carrying flags and please, friends and neighbors, stand when our flag goes by. Oh! And be sure you buy a rose from those nice folks in the Sierra Madre Rose Float Association to support our float, "Enchanted Music Box."

"You have to love a Nation that celebrates its independence every July 4th, not with a parade of guns, tanks and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you've overeaten, but it's really patriotism." Erma Bombeck

**JULY 4TH – BEST DAY OF SUMMER**  
Deanne Davis

I'll bring the hot dogs,  
You bring the beer,  
The Fourth of July,  
Is finally here!  
Let's walk downtown,  
And watch the parade.  
I hope we can find,  
A place in the shade.  
It's our day to celebrate,  
Our Nation's story.  
Is your hand on your heart?

Here she comes! It's Old Glory!  
Let's stand up and cheer!  
Old Glory's passing by.  
Here come our V.A. guys,  
Standing so tall and straight!  
Thank you, guys, for your service,  
We think you're just great!  
We love those old cars,  
Filled with folks that we know.  
We'll barbeque later,  
A burger...or three,  
A hot dog for you, some chicken for me.

We'll have potato salad,  
Sure! It's calorie free! (Not!)  
We'll count all our blessings,  
Be glad that we live in a land that is free.  
Free to celebrate Independence Day,  
To celebrate...Liberty!

Speaking of potato salad, I'm fond of the hard-boiled eggs, pickle relish, onions, potatoes, celery salt and seed, pepper, dill, mustard, mayonnaise, a dash of 1000 Island dressing and of making it a couple of days ahead of time so everything has a chance to get acquainted and develop flavor.

I've cut out dozens of potato salad recipes from magazines and various newspaper cooking pages but I can't bring myself to deviate from the old familiar one. I have great memories, though, of a potato salad made by a chef in Greece that featured Greek olive oil (he turned up his nose at any other kind) celery and diced scallions. Simple, but absolutely delicious.

Whatever you do this July 4th weekend, be sure you have a great time with people you love, people who enjoy food, laughter, each other, and maybe you can sit out somewhere and watch the sun set, put your feet in the water, have another hot dog and delight in every minute. Somewhere along the way, be sure to remember that freedom isn't free. It has been bought and paid for at great cost by people who gave all.

Let's Celebrate Everything!

My book page: Amazon.com:  
Deanne Davis  
Where you'll find the Emma Gainsworth Kindle novelettes,  
Along with other goodies like "A Treasure Map, A Drunken Owl  
And 47 Rattlers in A Bag" True Tales of Early California





## Weather Wise

6-Day Forecast Sierra Madre, Ca.

|      |       |    |     |          |
|------|-------|----|-----|----------|
| Sun  | Sunny | Hi | 90s | Lows 60s |
| Mon  | Sunny | Hi | 90s | Lows 60s |
| Tues | Sunny | Hi | 90s | Lows 60s |
| Wed  | Sunny | Hi | 90s | Lows 60s |
| Thur | Sunny | Hi | 80s | Lows 60s |
| Fri  | Sunny | Hi | 80s | Lows 60s |

Forecasts courtesy of the National Weather Service

### SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

JuLY 11, 2023 5:30pm

#### THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at [foothillsmmedia.org/sierramadre](http://foothillsmmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..

#### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

### WISTARIA THRIFT SHOP CLOSED FOR SUMMER

WILL REOPEN SEPT. 7, 2023

Donations accepted 8am - 12pm Mon.- Sat.  
We accept clean, gently used, & new items.  
Please no furniture or larger items.

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### Sierra Madre Woman's Club

550 W. Sierra Madre Blvd. 2023: 116 Years

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Learn More @ [SierraMadreWomansClub.org](http://SierraMadreWomansClub.org)  
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Sierra Madre Public  
**LIBRARY**  
Read • Discover • Connect

This week at the  
Sierra Madre  
Public Library

July 3—July 8

#### Monday

4th of July Craft —In-person all day

Baby Rhyme Time —In-person at 9:00am

Preschool Storytime —In-person at 10:00am

Reading Buddies —In-person from 3:30pm-5:30pm

#### Tuesday

Library Closed for Holiday —No Services

#### Wednesday

Dungeons & Dragons —In-person at 3:00pm. Call to register

#### Thursday

Reading Buddies —In-person from 3:30pm-5:30pm

#### Saturday

Digital Services Meet & Greet—In-person from 12:00pm—2:00pm

Kids Chess Club—In-person from 3:00pm—4:00pm

Beginning Stitches—In-person at 4:00pm. Call to register

Read, Discover, Connect  
@ Sierra Madre Public Library  
(626) 355-7186



COMMISSIONER  
VACANCIES

WANT TO GET INVOLVED IN THE CITY  
BUT NOT SURE HOW?  
APPLY TO JOIN A  
COMMISSION!

The City is expected to have vacancies on our commissions soon so you can get a head start by applying now.

Applications and more information can be found here: [cityofsierramadre.com/cityhall/commissions](http://cityofsierramadre.com/cityhall/commissions)

Planning Commission has one (1) expected vacancy.

Community Services Commission has one (1) expected vacancy.

Library Board of Trustees has two (2) anticipated vacancies.

Natural Resources Commission has one current vacancy and one anticipated vacancy for a total of two (2) vacancies.

Interested? Go To: <https://www.cityofsierramadre.com/cityhall/commissions>



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CLOSED SUNDAYS - JUNE THROUGH DECEMBER  
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"Summertime and the livin' is easy."

Porgy and Bess by George Gerswhin



### Crystal Cleaners Cleaning Services

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53 n Baldwin Ave  
Sierra Madre CA 91024

Monday-Friday.....9am-6pm  
Saturday.....9am-5pm  
Sunday.....Closed



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ORTHOPEDIC ADJUSTMENT

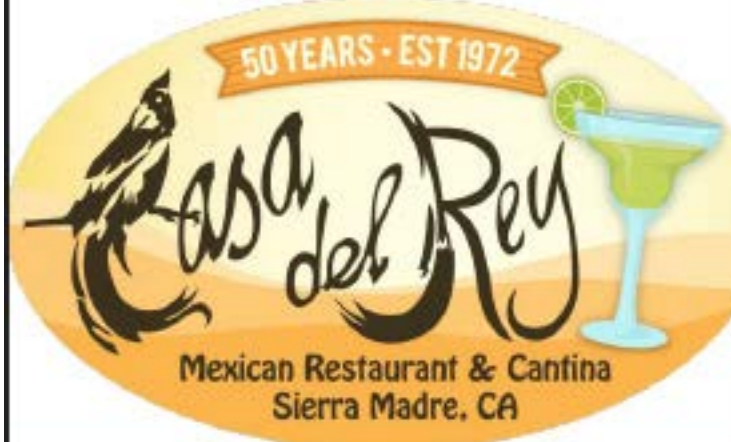
Monday-Friday.....9am-6pm  
Saturday.....9am-5pm  
Sunday.....Closed



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[www.casadelreyrestaurant.com](http://www.casadelreyrestaurant.com)



Mexican Restaurant & Cantina  
Sierra Madre, CA



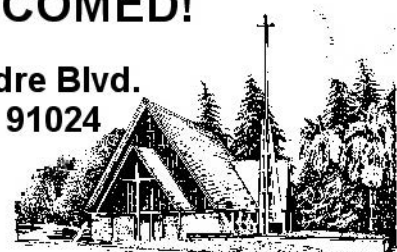
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METHODIST  
CHURCH

Sunday worship 9:30 a.m.

COME JOIN US IN  
WORSHIP! ALL ARE  
WELCOMED!

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[smumc.net](http://smumc.net)





## All Fireworks Are Illegal in Pasadena

Only those with a ticket to the sold-out soccer game will be allowed around the Rose Bowl Stadium July 4.



Officials reminded residents Wednesday that the city maintains a zero tolerance enforcement policy for fireworks, and Pasadena's municipal code holds property owners and tenants responsible for permitting the possession, sale, usage or discharge of fireworks on their property. The ordinance allows for the prosecution of fireworks-related offenses and for the demand of payment for all costs associated with the safe disposal of confiscated fireworks. Any person who violates the ordinance or any state law regarding fireworks is subject to arrest; having their vehicles impounded; serving up to one year in county jail; and being fined up to \$50,000.

Even hand-held sparklers, which many consider safe, are dangerous and can reach 1,200 degrees Fahrenheit, causing serious burns or fires. National Fire Protection Association statistics reveal that a majority of fireworks-related injuries are caused by so-called "safe and sane" fireworks, which are illegal in Pasadena.

They also reminded residents of the dangers of animals and load noises. "We don't need a 'ruff' start to our 4th of July weekend so please leave the fireworks to the professionals because the noise can be harmful to our furry friends and cause anxiety and fear," fire officials said.

Help keep our community—our children, our homes and our property—safe from illegal fireworks. If you see something, say something! Call Pasadena Police Department at (626) 744-4241 to report illegal fireworks and other suspicious activities.

Pasadena police and firefighters are teaming up for special fireworks enforcement patrols before and during the Fourth of July holiday, and officers will seize fireworks in an effort to protect the public. Parking enforcement officers will ensure that vehicles illegally parked in Pasadena's hillside areas on July 4 are impounded.

Rose Bowl Stadium will be hosting a sold-out soccer game on July 4 at 7:30 p.m. Only ticket holders will be permitted to park in the area, and parking will be strictly enforced around the stadium.



## City to Document 710 Freeway Displacement

The city of Pasadena announced Tuesday that they have extended the Request for Proposals for the 710 Freeway Displacement Report, a project to document the impact to the established community formerly located within the 710 Freeway relinquished area.

According to city staff, the project also seeks documentation regarding freeway expansion at the national and regional level as well as background on the impacts of construction of the SR 210 Freeway. "The city seeks to understand the impacts that freeway expansion has had on all sectors of our community."

The project shall incorporate a rigorous data collection and analysis of the SR 710, including but not necessarily limited to, the demographic make-up of the people who were displaced, as well as the number and types of buildings that were removed (commercial, institutional, multi-family residential, single-family residential, etc.). The report shall document the laws,

practices, cultural environment, and other influences that existed at the time that may have resulted in racial discrimination and segregation in Pasadena. The project also seeks to include an oral history of this time as may be told from many vantage points: people who were displaced or family members of displaced residents; people who lost community connections as businesses they patronized, schools they attended and/or places they worshipped were displaced.

The bidding is open to professionals experienced in historical research.

The city council has created the Reconnecting Communities 710 Advisory Group (RC 710 Advisory Group) to provide input on the vision, land use, transportation network, infrastructure, economics, and restorative justice lens through which these key policy topics may be evaluated against.

The displacement area of the SR-710 North was constructed

over several years in the early 1970s and displaced at least 4,000 residents and destroyed 1,500 homes. A majority of the homes were owned or rented by low income residents and people of color. According to the city's website.

For more information visit: [cityofpasadena.net](http://cityofpasadena.net).

## Pasadena Parks Make Life Better Month

The City of Pasadena Parks, Recreation and Community Services Department (PRCS) announces the arrival of Parks Make Life Better Month in July. This national observance is aimed at promoting the benefits of parks and recreational spaces that enhance the quality of life for residents and visitors.

Pasadena is home to 26 parks, each offering unique amenities and recreational. Throughout July, residents and visitors can enjoy a wide array of fun-filled activities and events designed to engage the community and showcase all that Pasadena parks have to offer. Highlights include:

**Parks After Dark** - Families are invited to Pasadena parks on Thursdays, Fridays and Saturdays, July 6 - Aug. 5, to enjoy FREE recreation and fitness activities, including glow sports, basketball, soccer, boxing, swimming, outdoor movies, and more! View the Parks After Dark details.

**Community Volunteer Day** - Join fellow residents Saturday, July 22, in various Pasadena parks for a day of cleaning park areas and trails. Help by organizing your own cleanup event at your local park. Gloves, trash bags, and trash bag drop-off locations will be provided. Contact [ParksAndRec@CityOfPasadena.net](mailto:ParksAndRec@CityOfPasadena.net) to submit a request.

**Parks Make Life Better Month** - During July, PRCS staff will wear "Parks Make Life Better" t-shirts to promote the month. Say hello and share why parks make life better for you!

**Nature Walks and Activities** - Explore the wonders and tranquility of Pasadena's parks by exploring the Arroyo Seco. Discover trails, the casting pond, and the archery range while learning about the rich history of the Arroyo area.

All are encouraged to participate in Parks Make Life Better Month and take full advantage of the fantastic opportunities available in Pasadena's parks.

For more information, call (626) 744-7300 or email [ParksAndRec@CityOfPasadena.net](mailto:ParksAndRec@CityOfPasadena.net).

## Federal Lawsuit Against LA County Alleges ADA Violations at Vote Centers



The United States Attorney's Office announced that they filed a lawsuit Thursday alleging the County of Los Angeles had failed to comply with the Americans with Disabilities Act (ADA) at vote centers, that include Pasadena, during recent elections.

The complaint filed in United States District Court seeks a court order directing the county to comply with the ADA, promptly develop a plan to completely remedy the alleged violations, and not further discriminate against individuals with disabilities.

The lawsuit identifies specific vote centers in Pasadena, North Hollywood, Downey and Watts that are still in use, even though the federal government first alerted the county about accessibility deficiencies at the first three facilities in September 2016 and the Watts location in July 2020.

Other accessibility problems were identified with ballot drop boxes used during the November 2020 and November 2022 general elections.

"Voting is the bedrock of our democracy, and all voters, including those with disabilities, should have an equal opportunity to participate in the voting process. This lawsuit should send a strong message to officials across the country regarding the Justice Department's firm commitment to ensuring polling place accessibility," said Assistant Attorney General Kristen Clarke of the Justice Department's Civil Rights Division.

During the November 2022 general election, the United States surveyed 52 Los Angeles County vote centers to determine if they were compliant with the ADA and applicable standards for accessibility. "Each of the surveyed vote centers had non-compliant elements or features, including, for example, a lack of van

accessible parking; wide gaps, abrupt level changes, and excessive cross slopes on designated accessible routes; ramps with steep running slopes and without the required handrails; entrances and/or exits that were obstructed or too narrow, lacked level landings, or had high thresholds; interior routes that had protruding objects; and voting areas with narrow routes," the complaint alleges.

The lawsuit discusses difficulties experienced during the August 2019 special election by a voter who uses a wheelchair. This voter "reported feeling dismayed and frustrated by her treatment at the polling place and that she felt as if she had lost her freedom to vote privately and independently like everyone else," the lawsuit states.

The lawsuit is part of the Justice Department's ADA Voting Initiative, which seeks to increase accessibility for voters with disabilities across the country. A hallmark of the ADA Voting Initiative is its collaboration with jurisdictions to increase accessibility at vote centers or polling places. Through this initiative, the Department of Justice's Civil Rights Division and U.S. Attorney's Offices across the country have surveyed more than 2,700 polling places and increased polling place accessibility in more than 50 jurisdictions, including Kenton County, Kentucky; Travis County, Texas; and Lycoming County, Pennsylvania.

Assistant United States Attorney Katherine M. Hikida of the Civil Division's Civil Rights Section is handling this case.

Information about the Civil Rights Section in the Civil Division of the United States Attorney's Office is available on our website. Members of the public may report possible civil rights violations to our office via email to [USACAC.CV-CivilRights@usdoj.gov](mailto:USACAC.CV-CivilRights@usdoj.gov).

## City Announces 4th of July Closures and Reminders

Pasadena residents and businesses are reminded that City Hall and many city services and administrative offices will be closed Tuesday, July 4, in observance of the Independence Day holiday. Specific closures and exceptions are noted below.

Pasadena residents and businesses experiencing power emergencies should call the Pasadena Water and Power Department (PWP) at (626) 744-4673. For water-related emergencies, call (626) 744-4138. PWP's regular Customer Call Center will be closed for the holiday, but customers can access their accounts and pay bills online at [PWPweb.com](http://PWPweb.com) or by calling (626) 744-4005.

City trash collection will occur on Tuesday, July 4. There will be no delay in trash, recycling and yard waste collection.

The City's Citizen Service Center (CSC) will be closed Tuesday, July 4. During this time, CSC requests can be submitted via the web and by calling (626) 744-7311. All CSC requests, voicemails and emails will be monitored. The CSC will return to normal business hours on Wednesday, July 5, opening at 8 a.m.

The City's Municipal Services Payment Center and Parking Office at City Hall will be closed. All parking meters not posted as a "No Parking" zone will be free on Tuesday, July 4, and time limits will not be enforced. Violations for overnight parking, red curb parking, "No Parking" zones, and blocking fire hydrants will be enforced. Motorists are especially cautioned about parking restrictions in the Arroyo Seco area near Rose Bowl Stadium.



All regular enforcement resumes Wednesday.

Pasadena Transit and Dial-A-Ride buses will not operate on Tuesday, July 4.

All Pasadena Public Libraries will be closed on Tuesday, July 4. Community centers operated by the Parks, Recreation and Community Services Department will also be closed on July 4; however, all parks will be open for picnics, fun and play. No site reservations will be accepted for the holiday.

The Permit Center will be closed on Tuesday, July 4, although some services will still be available via the Permit Center Online website. Online services include: subtrade permits and plan submittals for new construction, tenant improvements, accessory dwelling units and additions. In-person operations will resume on Wednesday. To access our online services, please visit: [CityOfPasadena.net/PermitCenterOnline](http://CityOfPasadena.net/PermitCenterOnline).

Pasadena Police and Fire Departments will be staffed for all patrol, jail, fire, paramedic and other emergency services, but administrative offices will be closed. If you see something, say something; report suspicious activity to Pasadena Police at (626) 744-4241. For life-threatening emergencies, dial 9-1-1.

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## San Marino Upcoming Events & Programming

### 4th of July: Buy Pre-sale Wristbands

Celebrate 4th of July this year at Lacy Park! Pre-sale wristbands are available until this Monday, July 3. Wristbands are \$5 for residents and \$15 for non-residents; wristbands are required for adults and youth over 2 years old. Wristbands may be purchased at two locations with cash, check, or credit card.

Stoneman Building (1560 Pasqualito Drive):

Monday from 7 AM – 5 PM

Crowell Public Library (1890 Huntington Drive):

Monday from 10 AM – 9 PM

Saturday from 10 AM – 5 PM

Sunday from 1 – 5 PM

Visit [CityofSanMarino.org/Fireworks](http://CityofSanMarino.org/Fireworks) or call (626) 943-2627 for more information.

### Lacy Park Closure on July 3 and July 5

Lacy Park will be closed on Monday, July 3, starting at noon in preparation for the 4th of July Celebration. Following the event, the park will be closed until noon on Wednesday, July 5, for park clean up.

### Stay Cool on 4th of July

Here are some tips to stay cool outside while enjoying 4th of July festivities:

Bring plenty of water and stay hydrated.

Wear lots of sunscreen.

Bring shade or portable fans, wear light-colored, loose, lightweight clothing.

Take breaks in cooler areas.

Know the signs and symptoms of heat exhaustion.

### Sticker-Palooza

Thursday, July 6 at 1 PM, Barth Community Room

Raise your hand if you love stickers! This sticker party will give kids ages 2-11 an opportunity to practice their fine-motor skills while relaxing at the Library. All materials will be provided, but you are welcome to bring in your own stickers to swap or donate. Registration is not required.

### David Cousin: The Amazing Juggler

Saturday, July 8 at 2 PM, Children's Area

David Cousin isn't just any juggler; he has five world records! You will be amazed by the amazing feats and mind-blowing tricks! This performance is not to be missed! Registration is not required.

### Summer Sunset Concerts

Friday, July 21, August 4, 18, Lacy Park

Grab your chairs and blankets to carve out your spot in the middle of Lacy Park and enjoy 3 free concerts this summer! Attendees are welcome to bring their own food and drink, or purchase concessions from a variety of food trucks. Join us on July 21 at 6 PM for The Remotes, August 4 at 6 PM for Kelly Boyz Band, and August 18 for a multicultural concert! Registration is not required.

### Bulky Item Pickup on Saturday, July 15

On Saturday July 15, Athens Services will be conducting its Annual Bulky Item Pickup event in the City. Residents who have bulky items such as mattresses, furniture, or appliances that they would like to dispose of should call (855) 557-1007 or schedule online ahead of time. Please make sure the items have been set out at the curb or designated pickup location by 5 AM on Saturday, July 15. No e-waste or household hazardous waste is allowed. For a full list of eligible items, please visit the Athens website. Should you have any questions, please call 888-336-6100.

### Fire Response

In the early morning hours of June 28, San Marino Fire Department Engine 91, RA 91 and Battalion 9 assisted the South Pasadena Fire Department in responding to a home well involved with fire. The home was under renovation and nearly complete. Mutual aid units from Alhambra and Pasadena were also on scene. Battalion 9 was assigned Incident Command while Engine 91 performed an initial fire attack. San Marino Fire Investigator Jeff Tsay conducted a fire investigation in coordination with investigators from Pasadena, Arcadia and a Compton K9 Arson investigator. The cause of the fire remains under investigation.

### Meetings

Design Review Committee Meeting - Canceled

Wednesday, July 5; Barth Room and Zoom (Public Access)

## Los Angeles Police Museum Ghost Walk

The museum is located 6045 York Blvd. Across the Arroyo Seco from South Pasadena (take Pasadena Ave. West). For more information and tickets visit: [laphs.org](http://laphs.org).

## PASADENA 100 Summer Solstice Call to Action



At the June 21 Summer Solstice Celebration on the City Hall plaza, representatives of the PASADENA 100 Coalition, concerned citizens, elected officials, climate justice advocates, physicians and scientists gathered to celebrate the power of the sun and to bring attention to the Pasadena Water and Power (PWP) journey to source electricity from 100% carbon-free energy by 2030. It was an opportunity to acknowledge the enormous benefit of solar energy in the elimination of fossil fuel generated electricity.

The event opened with the beautiful voices of the Towne Singers directed by Lance Merrill, and included a fabulous dance performance by the Lineage Dancers. Piano accompaniment throughout the evening was provided by David Cutter, and Sylvia Holmes of Compassionate Arts in Action led a rousing sing-along of "Let the Sun Shine In" to close the program. Visits to a solar telescope, solar panel, solar battery and "Lady Climate Justice" were enjoyed by children and adults. Members of the PASADENA 100 Coalition organizations delivered short "sunburst talks": Dale Zapata - Active SGV, Cheryl Auger - Ban SUP, Erin Walsh - Citizens Climate Lobby, Peter Eisenhardt - Neighborhood Church, Anita Ghazarian - Indivisible AltaPasadena, Tom Brady - All Saints EDEN, Allen Edson - NAACP, Carl Matthies - Pasadena Audubon, Jonah Kanner - Complete Streets, Kathy Kunysz - League of Women Voters Pasadena Area, Carl Selkin - Social Justice Committee of the Pasadena Jewish Temple, Rob Haw - Transition Pasadena, Meredith Rose - Extinction Rebellion. These speakers all affirmed the importance of reaching the 100% carbon-free energy goal as directed by the Pasadena City Council

in its Climate Emergency Resolution of January 30, 2023.

Other featured speakers were Cynthia Cannady - PASADENA 100, Dr. Marc Futernick - Physicians for PASADENA 100, Rick Cole - former Mayor of Pasadena, Enrique Robles - representing Congresswoman Judy Chu, Ann Marie Hickambottom - representing Assemblyman Chris Holden, Commissioners Daniel Sheehan, Jonathan Levy, and David Cutter - Environmental Advisory Commission, Morgan Goodwin - Angeles Chapter Sierra Club, Megan Anderson -CHERP Solar Works, and Reverend Tera Landers - Troop Unitarian Universalist Church. Presentations by these speakers included facts about the devastating effects of climate on health conditions, current legislation to address the climate crisis, the need to increase renewable energy and reduce electricity demand, the request for citizen involvement, monitoring and advocating for PWP and City Council action to meet climate justice requirements.

The City of Pasadena is currently developing a state mandated long range electric power plan called the Integrated Resource Plan (IRP). The IRP is being prepared with the assistance of a consultancy firm based in Indiana. On January 30, 2023, the Pasadena City Council unanimously passed a resolution declaring a climate emergency.

Visit: [pasadena100.org](http://pasadena100.org) to learn more about PASADENA 100 climate emergency advocacy and actions and join in the effort to make a difference.

## Celebrate Fourth of July at the Senior Center



Enjoy life, liberty and the pursuit of patriotic fun Tuesday, July 4, from noon to 2 p.m. at the Pasadena Senior Center, 85 E. Holly St.

Bring friends and family of all ages to this concert and dance that will feature music from the Big Band era and beyond.

The cost is only \$7 for members (\$13 with box lunch) and \$10 for nonmembers of all ages (\$16 with box lunch). Optional box lunch reservations must be made no later than Saturday, July 1.

To register or for more information, visit [www.pasadenaseniorcenter.org](http://www.pasadenaseniorcenter.org) and click on Activities & Events, then Special Events or call 626-795-4331.

In addition to online classes, onsite events and other activities, members and nonmembers of the Pasadena Senior Center are encouraged to visit the website regularly for a quarterly online magazine, free food delivery for older adults in need, COVID updates specifically for older adults and more.

## Parks After Dark Returns July 6 through August 5

The City of Pasadena Parks, Recreation and Community Services Department (PRCS) invites the community to the 12th annual Parks After Dark (PAD). PAD takes advantage of Pasadena's beautiful summer evenings by activating park spaces to provide youth and their families opportunities to experience healthy, safe recreation programming. Activities include sports leagues and tournaments, recreation activities, movies, and swimming.

### Parks After Dark Activities

For all ages to enjoy and participate in, unless otherwise specified.

### Parks After Dark Kickoff Festival | Thursday, July 6, 6-9 p.m., All Ages

Robinson Park Baseball Diamond, 1081 N. Fair Oaks Ave.

Join us for the Parks After Dark kickoff on Thursday, July 6, 6-9 p.m., at Robinson Park featuring FREE food, inflatable games, arts and crafts, a live DJ and more! Show your team spirit during the two exhibition softball games: Pasadena Parks, Recreation and Community Services will play the City Manager's office and community members will play Pasadena Police.

### Movies in the Park | Thursday and Fridays, July 7 - Aug. 4, Dusk, All Ages

Various Pasadena Parks Our popular Movies in the Park series is back! Come early to find a great viewing spot and participate in pre-movie activities, including arts & crafts and games.

The Super Mario Bros., Fri., July 7, Dusk, Villa Parke, 363 E. Villa St.

Lightyear, Fri., July 14, Dusk, Victory Park, 2575 Paloma St.

Shazam! Fury of the Gods, Thurs., July 20, Dusk, La Pintoresca Park, 45 E. Washington Blvd.

Space Jam, Fri., July 21, Dusk, Robinson Park, 1081 N. Fair Oaks Ave.

Super Pets, Fri., July 28, Dusk, Grant Park, 232 S. Michigan Ave.

Minions the Rise of Gru, Fri. Aug. 4, Dusk, Washington Park, 700 E. Washington Blvd.

Recreational Swim | Fri., July 7 - Fri., Aug. 4, 6-9 p.m., All Ages

Villa Parke Pool, 363 E. Villa St. Cool off, have fun, practice your swimming skills, and enjoy the pool and hangout area.

Proper swim attire is required; Participants are encouraged to come dressed and ready to swim. Lifeguards on duty. Children must be accompanied by an adult.

5 vs. 5 Indoor Soccer | Fri., July 7 - Fri., Aug. 4, 6-8 p.m., Ages 25+

Villa Parke, 363 E. Villa St. Join us for a fast-paced pick up soccer games inside the Villa Parke basketball court. Each game will be 25 minutes.

Glow Sports Festival | Thursdays, July 13 and July 27, 8-9:30 p.m., All Ages

Thursday, July 13, Villa Parke Softball Field, 363 E. Villa St. and Thursday, July 27, Victory Park, 2575 Paloma St.

Join us as we light up the night with fun interactive carnival-style games. Invite family, friends and neighbors to this friendly, nontraditional setting that will delight everyone.

5 vs. 5 Adult Basketball | Thursdays, July 13 - Aug. 3, 6-10 p.m., Ages 18+

Robinson Park Recreation Center Gym, 1081 N. Fair Oaks Ave.

Pasadena is well-known for having skilled basketball players! Register your team to compete

and demonstrate your game. All levels are welcome. Teams are guaranteed one 20-minute game per week for four weeks in Robinson Park's gym.

5 vs. 5 High School Basketball | Saturdays, July 15 - Aug. 5, 6-9 p.m., Ages 14-18

Robinson Park Recreation Center Gym, 1081 N. Fair Oaks Ave.

Pasadena is well-known for having skilled basketball players! Register your team to compete and demonstrate your game. All levels are welcome. Teams are guaranteed one 20-minute game per week for four weeks in Robinson Park's gym.

7 vs. 7 Adult Soccer | Thursdays, July 13 - Aug. 3, 6-10 p.m., Ages 35+

Villa Parke Turf Field, 363 E. Villa St.

7 vs. 7 soccer games are fast-paced, high-scoring, and big fun! Two games will be played simultaneously. All teams are guaranteed one game per week for five weeks.

Music and Movement | Thursday, July 13, 6-8 p.m., All Ages

La Pintoresca Park, 45 E. Washington Blvd.

Groove in the name of boxing! Enjoy fitness exercises with our experienced boxing instructors while listening to a live DJ. Workout will consist of stretches, foot work, punching and self-controlled movement.

This would be a non-contact workout full of fun, fitness and wellness.

Boxing Clinic | Thursday, July 20, 5-8 p.m., Ages 8+

July 13 at Robinson Park, 1081 N. Fair Oaks Ave.

Geared towards non-experienced participants who are interested in learning the basic fundamentals of Olympic-style boxing. Workout will consist of stretches, foot work, punching and self-controlled movement. This would be a non-contact workout full of fun, fitness and wellness.

Aqua Boogie Nights | Saturdays, July 15 - Aug. 5, 6-9 p.m., All Ages

Villa Parke Pool, 363 E. Villa St. Get ready to boogie Saturday nights! Join us for swimming, music, dancing and a light show. Proper swim attire is required; Participants are encouraged to come dressed and ready to swim. Lifeguards on duty. Children must be accompanied by an adult.

Teen Glow Party | Thursday, July 27, 6-9:30 p.m., Ages 12-17

La Pintoresca Teen Education Center, 1415 N. Raymond Ave. Calling all Teens! Have fun with us at a glow dance party with glow sticks and high-energy dance music. Make new friends and enjoy a fun night at our teen center.

Aztec Dance Yankuititl | Saturday, July 29, 6-9 p.m., All Ages

Villa Parke Softball Diamond, 363 E. Villa St. Open for all ages, Aztec Dance is an opportunity to learn traditional Aztec dance steps, movement, and drum rhythms. Lessons start with basic movements and then progress to choreographed dance steps. This activity is accompanied by live Aztec drumming. Activities are subject to change without notice. For more information, visit [CityOfPasadena.net/Parks-And-Rec](http://CityOfPasadena.net/Parks-And-Rec) or call (626) 744-6530. Stay connected to the City of Pasadena! Visit us online at [CityOfPasadena.net](http://CityOfPasadena.net); follow us on Twitter, Instagram and Facebook; or call the Citizen Service Center Monday through Friday during business hours at (626) 744-7311.

Movies That Matter: Techne

Thursday, August 17, at 7 p.m.

In Person: Caltech Beckman Auditorium

The public is invited to the premiere screening of Techne: Evidence in the Anthropocene, directed by Daniel R. Small and produced in partnership with the Art + Technology Lab at the Los Angeles County Museum of Art (LACMA). Techne telescopes between galactic and planetary evidence presented by scientists and artist-investigators who contemplate both deep time and the fate of the human species. Following the premiere, stay for a panel discussion about revising

the Voyager Golden Record, featuring Small, scientist Jonathan Jiang of JPL, which Caltech manages for NASA, Ann Druyan, creative director of the Golden Record and collaborator and wife of Carl Sagan, and moderator Daniel Oberhaus, author of the book Extraterrestrial Languages. Beckman Auditorium is located at 332 S Michigan Ave

Catch breaking news at: [mtnviewsnews.com](http://mtnviewsnews.com)



## 2023 FOREST BATHING-FULL MOON

Forest bathing under the full moon offers a unique experience of nature immersion in the quiet after hours of the Arboretum. Feel at peace and join us for some moon watching. Inspired by the Japanese practice of shinrin yoku, Full Moon Forest Bathing has been scientifically proven to boost immune strength, reduce stress, and improve cognitive functioning. But beyond these physiological changes,

Full Moon Forest Bathing also offers us the opportunity to deepen our relationship with the natural world.

By slowing down and carefully observing with all our senses, we may begin to notice incredible things that may have eluded us for our whole lives. In escaping the rapid pace of our daily routines, we may find unparalleled beauty in the moment and in doing so, relax into the beauty all around us.

On your walk, a certified guide will offer a series of guided invitations to assist you in finding your own authentic way of interacting with the land at the Los Angeles Arboretum. There's no right or wrong way to do it; just come and be yourself. It's all welcome in the forest.

Advance online registration is required for Full Moon Forest Bathing. We do not allow any drop-ins or walk-ups. Because of the meditative nature of this class, we strongly recommend



that participants be 12 years old and older. Please arrive 10 minutes before class to ensure you are not left behind! Refunds will not be granted to registered guests who miss the walk due to tardiness.

If you are interested in requesting a specific guide, please contact the Education Department at [education@arboretum.org](mailto:education@arboretum.org).

Cost:  
\$25 for Arboretum members  
\$35 for non-members

## Call for Artists

MONROVIA, CA –Artists are encouraged to submit proposals for the Issac Epperson Neighborhood Treasure Program.

The Neighborhood Treasure program celebrates Monrovia's unsung heroes for their contributions to the community through public art. The art is unique to the specific person being honored, will enrich the lives of those who view it, and improve neighborhoods just by its presence. The City of Monrovia will honor the life of Issac Epperson.

Issac Epperson was the first President of Monrovia's National Association for the Advancement of Colored People (NAACP) – a position he held for over 20 years. Under his leadership, the Monrovia NAACP broke barriers with the integration of Monrovia's swimming pool, stores and restaurants. His leadership also helped black women acquire jobs in retail stores, banks, the school district and utility companies. Visit Monrovia's Change Makers for additional information on Issac Epperson.

Established in 2004, Art in Public Places supports the creation of public art through a variety of programs and projects. The program extends the reach of public art into the community by sponsoring artists to paint utility boxes, murals, Samson the Bear statues and Neighborhood Treasures.

The deadline for artwork submittal is July 12, 2023.

For questions regarding the Neighborhood Treasure Call for Artist, contact Kerri Zessau at 626-932-5564 or emailing at [kzessau@ci.monrovia.ca.us](mailto:kzessau@ci.monrovia.ca.us).

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## The Spirit of July 4th

Over seven billion hot dogs will be eaten by Americans between Memorial Day and Labor Day. During the July 4th weekend alone (the biggest hot-dog holiday of the year), 155 million will be downed.

Every year, Americans eat an average of 60 hot dogs each. They are clearly one of the country's most loved, but most misunderstood, comfort foods.

Like most great events in history, there are varying accounts of how it all began and who started it. The history of the Hot Dog is no different. You will find many references throughout history to the origins of a Hot Dog-like thing called a sausage. Here are some stories of how the Hot Dog was born.

The invention of the Hot Dog, is often attributed to the 1904 Louisiana Purchase Exposition. However, similar sausages were made and consumed in Europe, particularly in Germany, as early as 1864, and the earliest example of a hot dog bun dates to New York City in the 1860s. German immigrants appear to have sold hot dogs, along with milk rolls and sauerkraut, from pushcarts in New York City's Bowery during the 1860s. The Hot Dog's association with baseball also predates the 1904 World's Fair. Chris von der Ahe, owner of the St Louis Browns, sold Hot Dogs at his ballpark in the 1880s.

Who's Served the First Hot Dog? Also in doubt is who first served the first Hot Dog. Wieners and frankfurters don't become Hot Dogs until someone puts them in a roll or a bun. There are several stories or legends as to how this first happened. Specific people were have been credited for for supposedly inventing the Hot Dog. Charles Feltman and Antoinette Feuchtwanger were among the few.

In 1867, Charles Feltman, a German butcher, opened up the first Coney Island hot dog stand in Brooklyn, New York and sold 3,684 dachshund sausages in a roll during his first year in business. He is also credited with the idea of the warm bun.

Although the exact origins of the Chicago Dog are not documented, Vienna Beef of Chicago claims the "Chicago-style" Hot Dog was invented by two European immigrants at the Chicago World's Fair and Columbian Exhibition in 1893.

- I know this may be very difficult for some Dodger fans but the love of the hotdog and baseball did not start with the Dodgers.

Program Note This Sunday Radio Show will be on at 5pm Angels Radio AM 830

## PUBLIC HEALTH URGES RESIDENTS TO STAY INFORMED AND PROTECT THEMSELVES AND OTHERS DURING FOURTH OF JULY WEEKEND HEAT WAVE

The Los Angeles County Department of Public Health (Public Health) reminds everyone to take pre-cautions to avoid heat-related illness this holiday weekend. The National Weather Service is predicting hot and dry weather with elevated fire weather conditions across the desert, lower mountains, and interior valleys. Daytime high temperatures are expected to peak in the 90s to 109 degrees with hot-test temperatures on Saturday.

Extreme heat poses a substantial health risk, especially for young children, the elderly, people with chronic diseases, pregnant individuals, people with disabilities, and people who are socially isolated who may be especially sensitive to negative health impacts from extreme heat. Never leave infants, children, pets, or those with impairments alone in a parked car for any amount of time. Cars get very hot inside, even if the windows are 'cracked' or open - it can take only a few minutes for the temperatures inside a car to rise to levels that can kill. Call 911 if you see a child or pet in a car alone.

If you are at substantial health risk, have a friend or relative call to check on you twice a day during a heat wave. If you know someone who has a substantial health risk to heat - including those who are sick or have chronic conditions, older adults, pregnant women, children, and those who live alone- check on them at least twice a day. Infants and young children, of course, need much more frequent monitoring.

Here are simple but important steps to stay safe:

### Stay Cool:

- Those lacking air conditioning should go to a cooling center, library or public place such as a shopping mall to cool off for a few hours each day.
- Electric fans may provide comfort, but when the temperature is in the high 90s, they will not prevent heat-related illnesses.
- o Taking a cool shower or bath or moving to an air-conditioned place is a much better way to cool off. Additionally cool compresses may provide relief.
- o Use your stove and oven less to maintain a cooler temperature in your home.
- If spending time outdoors, avoid physical exertion or exercising outdoors during the hottest parts of the day to avoid overheating. Get medical attention if you experience a rapid, strong pulse, feel delirious, or have a body temperature above 102 degrees Fahrenheit.
- o Reduce exposure to the sun from 10 a.m. to 4 p.m. when UV rays are strongest and keep physical activities to a minimum during that time.
- o Use cool compresses or misting.
- o When working outside, drink plenty of fluids even if you are not thirsty and take rest breaks in the shade.
- o Wear lightweight, loose fitting, light-colored clothing to reflect heat and sunlight.
- o Wear a wide-brimmed hat to cover the face and neck and wear loose-fitting clothing to keep cool and to protect your skin from the sun and mosquitoes.
- o Wear sunglasses that provide 100 percent UVA and UVB protection. Chronic exposure to the sun can cause cataracts, which left untreated, can lead to blindness.
- o Liberally apply sunscreen (at least SPF 15) 15 minutes before venturing outdoors and re-apply at least every two hours - sunscreen may reduce the risk of skin cancer, the number one cancer affecting Californians. Sunscreen may also prevent premature aging.

### Stay Hydrated:

- Drink plenty of water or fluids and keep hydrated throughout the day. Drink more fluids, regardless of how active you are. Don't wait until you're thirsty to drink.
- o Warning: If your doctor limits the amount you drink or has you on water pills, ask how much you should drink while the weather is hot.
- o Stay away from very sugary, caffeinated, or alcoholic drinks—these cause you to lose more body fluid. Also avoid very cold drinks because they can cause stomach cramps.
- Replace salt and minerals: heavy sweating removes salt and minerals from the body that need to be replaced. A sports drink can replace the salt and minerals you lose in sweat.
- o If you are on a low-salt diet, have diabetes, high blood pressure, or other chronic conditions, talk with your doctor before drinking a sports beverage or taking salt tablets.
- Keep your pets hydrated: provide plenty of fresh water for your pets and leave the water in a shady area.

### Know the Signs of Heat-related illnesses and What to do:

Heat-related illness can be one or more of the following medical conditions including: heat rash, heat cramps, fainting, heat exhaustion, and heat stroke, which can lead to death. Warning signs of heat-related illness vary and may include heavy sweating, muscle cramps, weakness, headache, nausea or vomiting, paleness, tiredness, dizziness, or disorientation or confusion.

- Heat Cramps. Signs of heat cramps include muscle pains and spasms triggered by heavy activity. They usually involve the stomach muscles or the legs. If a person has heat cramps:
  - o Stop physical activity and move to a cool place.
  - o Drink water or a sports drink.
  - o Do not resume strenuous physical activities for several hours after heat cramps go away.
  - o Get medical help right away if: cramps last longer than 1 hour; someone is on a low-sodium diet; or someone has heart problems.
- Heat Exhaustion. Warning signs include heavy sweating, cramps, headache, nausea or vomiting, tiredness, weakness, dizziness, and fainting. If a person has heat exhaustion:
  - o Move to a cool place.
  - o Rest, lying down.
  - o Loosen clothes.
  - o Put cool, wet cloths on the body (head, neck, armpits, and groin) or take a cool shower or bath.
  - o Sip cool, nonalcoholic beverages water.
  - o Get medical help right away if someone is throwing up; symptoms get worse; or symptoms last longer than one hour.
- Heat Stroke. Heat stroke is a medical emergency. Warning signs of heat stroke include red, hot, dry skin; very high body temperature; dizziness; nausea; confusion, strange behavior, or unconsciousness; rapid pulse or throbbing headache. If a person has heat stroke:
  - o Call 9-1-1 right away.
  - o Move the person to a cooler or shady place.
  - o Help lower the person's temperature with cool wet cloths on head, neck, armpits and groin or a cool bath.
  - o Do not give the person anything to drink.
- Public Health offers the additional recommendations during high temperature days:
  - o Take care with possible fire ignition sources such as fireworks and lawn care equipment.
  - o Keep children safe in and around cars. NEVER leave an infant or child alone in a car. Touch a child's safety seat and safety belt before using it to ensure it's not too hot before securing a child.
    - o Teach children not to play in, on, or around cars. They could accidentally trap themselves in a hot vehicle.
    - o Always lock car doors and trunks - even at home - and keep keys out of children's reach.
    - o Always make sure children have left the car when you reach your destination.
  - Check on family, friends and neighbors who are at risk for heat-related illness, like those who are sick or have chronic conditions, older adults, pregnant women, children, those who live alone, pets, and outdoor workers and athletes. Call 911 right away if you see these symptoms: high body temperature (103°F or higher), vomiting, dizziness, confusion, and hot, red, dry, or damp skin. Heat stroke is a medical emergency.
  - Eat light, cool, easy-to-digest foods such as fruit or salads. If you pack food, put it in a cooler or carry an ice pack. Don't leave it sitting in the sun. Meats and dairy products can spoil quickly in hot weather.
  - If you are wearing a mask, avoid strenuous workouts wearing face coverings or masks not intended for athletic purposes.
  - Visit your power company's website or contact them by phone to determine if you are scheduled for a rolling power outage.

### Stay Informed:

**Check for updates:** Check your local news for weather forecasts, extreme heat alerts, and safety tips, and to learn about any cooling centers in your area.

County and City partners have planned ways to safely operate cooling centers during times of high heat. Residents who do not have access to air conditioning are encouraged to take advantage of these free cooling centers. To find a location near you, visit <https://ready.lacounty.gov/heat/> or call 211.

Los Angeles County residents and business owners, including people with disabilities and others with access and functional needs can call 2-1-1 for emergency preparedness information and other referral services. The toll-free 2-1-1 number is available 24 hours a day, seven days a week. 211 LA County services can also be accessed by visiting 211la.org.

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**PUSD VOTES TO APPOINT ELIZABETH BLANCO INTERIM SUPERINTENDENT**



By a vote of 7-0, the Pasadena Unified Board of Education, Thursday night, appointed Deputy Superintendent Elizabeth Blanco, Ed.D., as Interim Superintendent. Dr. Blanco has been with PUSD for a total of nine years and has served as Deputy Superintendent since 2022.

She succeeds Dr. Brian McDonald, who is leaving PUSD on June 30, after 12 years in PUSD, nine of them as Superintendent.

"We are fortunate to have Dr. Blanco's leadership as Interim Superintendent during this transition," said Board President Michelle Richardson Bailey. "She has been a key leader in developing our district's Strategic Plan, budget, and initiatives. With her breadth of knowledge and experience, her proven track record in working collaboratively with district partners, and her focus on equity, inclusive practices, and continuous improvement, Dr. Blanco will be pivotal in bringing PUSD to the next level."

An accomplished executive and servant leader with more than 30 years of experience in public education, Dr. Blanco is passionate about creating dynamic learning environments that are engaging and inclusive of all learners.

"I am honored to serve as the Interim Superintendent and I look forward to actualizing the District's visionary Strategic Plan," Dr. Blanco said. "The Strategic Plan is unique in that it intentionally includes the voices and dreams of the PUSD community. I am excited to walk with our students, colleagues, and educational partners as we put the district's new vision and mission into action."

Dr. Blanco led the District's visioning for the future through the design and development of the District's Educational Master Plan that

creates pathways for the realization of the District's Facilities Master Plan and new Strategic Plan. Dr. Blanco also leads the design and implementation of the District's Local Control Accountability Plan (LCAP). Her work includes the expansion of magnet schools and the establishment of community schools and educational equity access initiatives.

Dr. Blanco has served as Deputy Superintendent, the District's second-highest role, since 2022; as Chief Academic Officer from 2018-2021; and Chief of Specialized Instructional Services from 2017-2018. She was previously the District's Executive Director of SELPA, Special Education and Early Childhood from 2009-2012. Dr. Blanco was Chief of Special Education Services and the Division of Instruction, Innovation, and Social Justice in the San Francisco Unified School District from 2012- 2017. She began her career in education as a classroom teacher in the Rowland Unified School District.

Dr. Blanco holds a Doctor of Education in Urban Educational Leadership from the University of Southern California, two Master of Arts degrees in Educational Administration and Special Education, and a Bachelor of Arts in Child Development from California State University, Los Angeles.

**SCHOOL DIRECTORY**

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E-mail address: jfanara@alvernoheights.org

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Preschool - TK - 8th Grade  
626-574-8229/626-574-0805  
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Principal: Cindy Harmon  
website: www.acsliions.com

**Arcadia High School**  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

**Arroyo Pacific Academy**  
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(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

**Assumption of the Blessed Virgin Mary School**  
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https://school.abvmpasadena.org/

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Principal: Jonathon Hawes  
website: www.bcsliions.org

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website: www.goodenschool.org

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(626) 471-2800 Principal Darwin Jackson  
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(626) 229-0993 Head of School: Lauren O'Neill  
website: www.odysseycharterschool.org

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**Sierra Madre Elementary School**  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Lindsay LUIS  
E-mail address: LUIS.lindsay@pusd.us

**Sierra Madre Middle School**  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
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Lisa Feldman: Head of School

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**Pasadena Unified School District**  
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**Arcadia Unified School District**  
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**Monrovia Unified School District**  
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TK-8th grade campers are immersed in the abundance of activities offered in the program. Campers begin their day with academic exercises including Reading, Writing and Mathematics.

They have especially been enjoying writing stories in our technology lab, all while enhancing their typing skills! Camp Raider enrichment programs include Scratch Coding, Music, Sports, Art and Spanish, giving students endless opportunities to learn something new!

Field trips are all part of the experience! On June 29th, campers enjoyed time outdoors and walked to the Sierra Madre Police and Fire Departments. They walked through the facilities, learned about safety, explored the ambulance & fire trucks and counted how many seconds it takes for a firefighter to put on their safety equipment in an emergency!

Campers have more fun field trips to look forward to including trips to the Aquarium of the Pacific, California Science Center, Rockin' Jump, and Knotts Berry Farm! When students are not on field trips, they are going on scavenger hunts, making home-made ice cream, splashing around on water days, and enjoying learning something new from their special guest visitors!

They are really excited to cook with Chef Gresik from The Arbour and tie-dye shirts with our very own, Coach Tavera!

Camp Raider provides an emotionally safe learning environment where students thrive.

For more information, contact St. Rita School at 626-355-6114 or visit our website at www.st-ritaschool.org.

Happy Summer from all of us at St. Rita School

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**\* Celebrating the \*Fourth of July!**

My family and I are lucky that we can simply fly to the seashore. We plan to play all day on the beach and the rocks of the jetty.

**At the Beach!**

How are Americans celebrating the Fourth of July? What are you doing?

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K J S K R O W E R I F B O N F I R E S J H O  
G N I M M I W S D F E I C I N C I P J A S T

**Can you find and circle all the words that describe the fun at the beach?**

swimming flags cheers picnic  
pinwheels concert bonfires games  
Uncle Sam hot dogs fireworks rides

**Can you fill in the crossword puzzle with the first word of each clue below to find out some ways in which we are celebrating?**

- \_\_\_\_\_ to speeches of freedom
- \_\_\_\_\_ to cool off
- \_\_\_\_\_ red, white and blue bunting from buildings
- \_\_\_\_\_ the Declaration of Independence
- \_\_\_\_\_ a pie eating contest
- \_\_\_\_\_ decorated bicycles
- \_\_\_\_\_ places, battlefields and buildings where people fought for liberty
- \_\_\_\_\_ in the parade
- \_\_\_\_\_ fireworks light up the sky
- \_\_\_\_\_ patriotic songs
- \_\_\_\_\_ our country's flag
- \_\_\_\_\_ with our family and friends (and a few ants)

**At Home! and at the Fireworks!**

1. \_\_\_\_\_ marching

2. \_\_\_\_\_ swimming

3. \_\_\_\_\_ listening

4. \_\_\_\_\_ riding

5. \_\_\_\_\_ visiting

6. \_\_\_\_\_ hanging

7. \_\_\_\_\_ singing

8. \_\_\_\_\_ entering

9. \_\_\_\_\_ reading

10. \_\_\_\_\_ watching

11. \_\_\_\_\_ picnicking

12. \_\_\_\_\_ raising

**Can you find and circle at least 8 words that end with the letter "y"?**

**Happy Independence Day**



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The good news is that there is no cost for this service.

If you have any questions about placing a loved one, visit our web site:

[www.safepathforseniors.com](http://www.safepathforseniors.com)  
or call Steve at 626-999-6913

**HOW TO HANDLE SOCIAL SECURITY BENEFITS WHEN A LOVED ONE DIES**

*Dear Savvy Senior: How are Social Security benefits handled when someone dies? After a long illness, my 68-year-old father has only weeks left to live. I am helping my mom figure out her financial situation going forward, including what to do about my dad's Social Security after he passes away but could use some help. Only Son*

Dear Only:  
I'm very sorry about the impending loss of your father. To help you and your mom understand what Social Security provides and what needs to be done when a family member dies, here are some key points you should know.

Your first order of business will be to make sure the Social Security Administration is notified when your father dies, so his monthly benefits will be stopped. In most cases, the funeral home providing his burial or cremation services will do it. You'll need to provide your dad's Social Security number to the funeral director so they can make the report. But, if they don't offer that service or you're not using a funeral home, you'll need to do it yourself by calling Social Security at 800-772-1213.

**When Benefits Stop**  
There are a couple of things to be aware of regarding your dad's Social Security benefits. For starters, you need to know that a person is due no Social Security benefits in the month of their death.

With Social Security, each payment received represents the previous month's benefits. So, if your dad were to pass away in August, the check for that month - which would be paid in September - would need to be returned if received. If the payment is made by direct deposit, you would need to contact the bank or other financial institution and ask them to return any benefits sent after your dad's death.

**Survivor Benefits**  
When your father passes away, your mother may be eligible for survivor benefits on his record if she's at least age 60 (50 if disabled). Here's how that works depending on her situation.

If your mom is currently receiving Social Security benefits based on your father's work record, her spousal benefit will automatically convert to sur-



vivors benefits when the government gets notice of your dad's death. She cannot receive both spousal and survivor benefits at the same time.

Widows are due between 71 percent (at age 60) and 100 percent (at full retirement age) of what the husband was getting before he died.

If, however, your mom is eligible for retirement benefits (but hasn't applied yet), she can apply for retirement or survivors benefits when her husband passes away and switch to the other (higher) benefit later. Or, if your mom is already receiving her retirement benefits on her own work record, she could switch to survivors benefits if it offers a higher payment. She cannot, however, receive both benefits.

To apply for survivors' benefits, your mom will need to call Social Security at 800-772-1213 and schedule an appointment. She can't do it online.

You should also know that survivor benefits are available to former spouses and dependents who meet SSA qualifications - see [SSA.gov/benefits/survivors](http://SSA.gov/benefits/survivors).

Also note that if your mom collects a survivor benefit while working, and she's under full retirement age, her benefits may be reduced depending on her earnings. See [SSA.gov/pubs/EN-05-10069.pdf](http://SSA.gov/pubs/EN-05-10069.pdf) for details.

**Death Benefit**  
In addition to survivor benefits, Social Security will also pay a one-time payment of \$255 to your mom (the surviving spouse) if she was living with your dad at the time of his death. If they were living apart, she may still receive this one-time payment if she's collecting spousal benefits on his work record. In the absence of a surviving spouse, the lump-sum payment can go to a son or daughter who is eligible for benefits on the deceased's work record.

*Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.*

**SENIOR HAPPENINGS**



**HAPPY BIRTHDAY! ...JULY Birthdays\***

Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Betty Hansen, Melinda Rogers, Christine Durfort, Shahrzad Azrani, Jeanne Borgedahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, and Betty Dos Remedios, Bonnie Diener, Jan Greteman, Linda Heller

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

**SENIOR CLUB Every Saturday at Noon Hart Park House**  
Open to all seniors 50+ Fun - Games - And More! Call Mark at 626-355-3951

**TEA AND TALK BOOK CLUB**  
Wednesday, 7/12 and 7/26 9:00 am Hart Park House

Tea and Talk, meets twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection will have in store! Call Lauren 626-355-5278 for current selection and feel free to join at any time.

**HULA AND POLYNESIAN DANCE**  
BEGINNERS - Every Thursday 10-11:00 am  
INTERMEDIATE Every Friday 10-11:00 am

Bring a lei, your flower skirt or just your desire to dance! Hula in the Park is back and waiting for you to join in on all the fun! Memorial Park Covered Pavilion.

**CHAIR YOGA**  
Every Monday and Wednesday 10-10:45 am  
Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in the Memorial Park Covered Pavilion or the Hart Park House.

**Senior Cinema**  
1:pm in the Hart Park House Senior Center

**Wednesday 7/12 Guillermo del Toro's Pinocchio**  
A father's wish magically brings a wooden boy to life in Italy, giving him the chance to care for the child.

**Wednesday 7/26 I Wanna Dance with Somebody**  
A joyous, emotional, heartbreaking celebration of the life and music of Whitney Houston, one of the greatest R&B pop vocalists of all time. Tracking her journey to stardom.

**OUT TO PASTOR**  
A Weekly Religion Column by Rev. James Snyder

**WE WEREN'T EXPECTING THAT**



Sometimes things happen that you never expected.

When those unexpected things happen, if they are good, that is a blessing, if they are bad, that's a different story.

I learned this expectation of good from my good old Uncle Ted. He was a truck driver, and boy, did he have the stories to tell.

The one story I never believed was about him having lunch at a restaurant. According to his story, he would order a nice lunch, and when almost done, he would take out a hair he had brought along, put it on his plate, and called the waitress.

"Look at this hair on my plate," he said to the waitress.

Of course, she was surprised because that doesn't happen much in a restaurant. She was so frustrated that she called the manager and introduced him to my uncle. He didn't know what he was in for.

"There's a hair on my plate, which disgusts me."

The manager looked at it and did not know what to say, but finally, he said to my uncle, "I'm so sorry for this and to compensate your lunch is on the house today."

He had somewhat of a scow on his face. He looked at the manager and then looked back at the waitress and finally said, "Okay, I'll let it go this time, and I thank you for taking care of this for me. I appreciate that very much."

For many years I thought this was just one of his stories, but he, my father, and I went to a restaurant together once. I'm not sure of the occasion, but it was always fun to get together for lunch.

When Uncle Ted was just about done with his lunch, I saw him pull from his inside pocket an envelope, and when he opened it, there was a variety of hairs inside. He pulled a rather large one out and laid it on his dish. He didn't say anything but just called for the waitress. "Look at this hair on my plate! Can you explain it?"

Of course, she couldn't, so she called for the manager to come to our table.

When he arrived, he said, "Is there anything I can do to help you men?"

"There sure is," my uncle said. "Look at this hair on my plate. Can you explain it?"

The manager was stunned when he saw the hair and, at first, did not know what to say.

"I'm so sorry for this. Please accept my apology and lunch is on the house today."

With his familiar scow, my uncle looked at the manager, then looked back at the waitress, and then back at the manager and said, "Okay, I accept your apology and thank you for your understanding." As my dad and I sat at that table, we did not know what to do. Was this a joke or what?

The waitress returned and told us that everything was taken care of and we didn't have to worry, and she apologized again.

When we got into our car to go home, my uncle gave a little snicker and said, "You know, that works all the time." And then he laughed.

I had forgotten about that until last week. Some of our family had gotten together to celebrate Father's Day at a very nice pizza restaurant. There were five of us plus the Princess of the Family, our six-month-old great-granddaughter. Of course, she was the center of our lunchtime, even though it was a Father's Day lunch.

We had a wonderful time, and the pizza was just delicious. It's one of our favorite pizza restaurants in town.

As we finished, The Gracious Mistress of the Parsonage sighed deeply and said, "Oh no. It can't be?"

We did not know what she was talking about, and then she called the waiter over and showed him that in the crust of her pizza was a human hair. It was baked into the crust, and only The Gracious Mistress of the Parsonage would ever be able to see that.

The waiter came, and she showed him the hair, and he was rather stunned and said, "I'll go get the manager."

The manager came out, and we could tell the hair did not belong to him because he was bald. Not even facial hair. He looked at the hair to ensure it was what she said it was. She turned out to be right, as usual.

"I don't know how that happened, and I'm very sorry. Could I bring you a free pizza?"

We told him we were full and could not eat any more pizza. Then he surprised us.

"I'm so sorry for this, and let me say right now that your lunch is on me today. This will not cost you anything." He wouldn't take no for an answer, so we accepted his generosity.

I know The Gracious Mistress of the Parsonage can do anything and everything, but I never realized that she also could clone my uncle.

On the way home I couldn't help but think of Ecclesiastes 2:15, "Then said I in my heart, As it happeneth to the fool, so it happeneth even to me; and why was I then more wise? Then I said in my heart, that this also is vanity."

Instead of judging other people for what they do, I need to pay close attention to what I'm doing daily.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail [jamesnsnyder51@gmail.com](mailto:jamesnsnyder51@gmail.com), website [www.jamesnsnyderministries.com](http://www.jamesnsnyderministries.com).



**FAMILY MATTERS**

By Marc Garlett

**ESTATE PLANNING FOR A CHILD WITH SPECIAL NEEDS - WHAT PARENTS NEED TO KNOW**

Estate planning is an obvious concern for all parents, but if you have a child with special needs, it's crucial that you're aware of the unique considerations that go into planning for a child who may be dependent on you at some level for their entire lifetime. If your child has special needs, you must plan to provide for the emotional, physical, and financial needs of your child, in the event of your own eventual death or potential incapacity.

When creating your estate plan, there are two major considerations to focus on: 1) Who would care for your child if you cannot (also known as guardianship), and 2) How will your child's financial needs be met when you are not there to meet them.

**Naming Legal Guardians for a Lifetime of Care**

The first and most critical step in ensuring the future well-being of your child with special needs is to name both short and long-term legal guardians to take custody of and care for your child in the event of your death or incapacity. And as you well know, if your child will never become fully capable of independently caring for him or herself, your parenting responsibilities will continue long after your child reaches adulthood.

Although this lifetime responsibility likely feels overwhelming, we've been told repeatedly by our clients who have a child with special needs that naming legal guardians and knowing their child will be cared for in the way they want, by the people they want, creates an immense sense of relief. Not only that, but you may want to build in unique directives through which the named guardians are carefully instructed—and even incentivized—to give your child the same level of attention and care you provide.

**Providing for Your Child's Financial Future: Special Needs Trusts**

Beyond naming legal guardians for your child with special needs, you'll also need to provide financial resources to allow your child to live out his or her life in the manner you desire. And this is where things can get tricky for children with special needs.

In fact, it may seem like a "Catch-22" situation—you want to leave your child enough money to afford the care and support he or she needs to live a comfortable life, yet if you leave money directly to a person with special needs, you risk disqualifying that individual for much-needed government benefits like Medi-Cal and Supplemental Social Security Income (SSI).

Fortunately, the government allows assets to be held in what's known as a "special needs trust" to provide supplemental financial resources for a physically, mentally, or developmentally disabled

child, without affecting his or her eligibility for public healthcare and income assistance benefits. However, the rules for such trusts are complicated so you should always work with a trusted lawyer to create a comprehensive special needs trust that's properly structured and appropriate for your child's specific situation.

**Setting Up the Trust**

Funds from a special needs trust cannot be distributed directly to your child, and instead must be disbursed to a third party who's responsible for managing the trust. Given this, when you initially set up the trust, you will likely be both the Grantor (trust creator) and Trustee (the person responsible for managing the trust), and your child with special needs is the trust's Beneficiary.

You'll then name the person you want responsible for administering the trust's funds upon your death or incapacity as the Successor Trustee. To avoid conflicts of interest, overburdening the legal guardian with too much responsibility, and providing a system of checks and balances, it may be a wise decision to name someone other than your child's legal guardian as a Trustee.

As the parent, you serve as the Trustee until you die or become incapacitated, at which time the Successor Trustee takes over. Each person who serves as Trustee is legally required to follow the trust's terms and use its funds and property for the benefit of your special needs child.

There are two ways to set up a special needs trust. In the first option, it is built into your revocable living trust, and it will arise, or spring up, upon your death. From there, assets that are held in your living trust will be used to fund your child's special needs trust.

In the other option, a special needs trust acts as a vehicle for receiving and holding assets for your child right now. This option makes sense if your child's grandparents or other relatives want to give him or her gifts sooner rather than later.

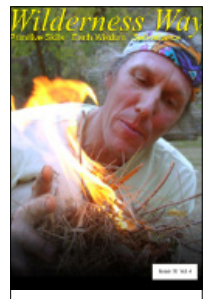
Finally, it is important to ensure that the trust will have sufficient funds to last throughout the life of your child. One common method to provide funding is for you (or another loved one) to name the special needs trust as the beneficiary of your life insurance policy. Another way is for family members and friends to make donations or gifts to the trust and/or include it as a beneficiary in their will.

MARC

Marc Garlett, Esq.  
Cali Law Family Legacy Matters  
[www.caliLaw.com](http://www.caliLaw.com)  
626.355.4000



**CHRISTOPHER Nyerges** [www.SchoolofSelf-Reliance.com]



## THE EUCALYPTUS TREE: AUSTRALIA'S MOST DOMINANT TREE HAS NOW NATURALIZED IN PARTS OF THE UNITED STATES

Nyerges is the author of "How to Survive Anywhere," and an outdoor instructor. For more information, contact him at www.SchoolofSelf-Reliance.com or at Box 41834, Eagle Rock, CA 90041

The Eucalypti are the most dominant tree of the Australian landscape, with approximately 550 species known as ironwoods, gumwoods, and mallees. They are also one of the most common introduced trees in Southern California and Arizona.

They were originally brought into Southern California about 150 years ago, in the belief that this quick-growing tree would be a good timber tree for railroads and other building applications. This proved not to be the case, as the twisting grain of eucalyptus made it unsuitable for most building projects. Nevertheless, this beautiful, fragrant, and largely pest-resistant tree caught on as a garden, park, and street tree in California, Arizona, and throughout the southern U.S. all the way to Florida where the climate is moderate.

Eucalyptus is generally thought of as a medicinal tree rather than a food-source, though there are a few foods available from the plant. Perhaps the most interesting is

a common bug that is seen on the leaves, appearing as small white bumps. This is actually a psyllid, a small scale-like creature that Aboriginal children in Australia would scrape off the leaves with their teeth to get a good sugar source.

At my field trips, we have participants pick off the leaves and chew the white sweet bugs. A few people refuse to do so, but this is really one of the most pleasant ways to "eat bugs." You can also

put a psyllid-infested eucalyptus leaf into a cup of hot water, and end up with sweetened eucalyptus tea.

In fact, a tea from the leaves of any eucalyptus species (with or without the psyllids) can be infused and used as a pleasant beverage.

The roots of several Eucalyptus species were dried, powdered, and used as food in Australia. The best are said to be E. caesia, E. dumosa, and E. gracilis. The finely powdered seeds of one mallee, E. microtheca, have been reportedly used for food.

In Australia, the eucalyptus provides nectar and pollen to bees, who in turn provide honey and bees-wax. Beehives that I've kept near a Eucalyptus grove in my Los Angeles back yard have produced a honey as dark as molasses and extremely fragrant. I use this honey as a medicine as much as a sweetener, and find that if I have a cold or sore throat, I feel much better after using this honey in my drinks.

The young fruits can be sucked for sore throats. According to Alma R. Hutchens, author of Indian Herbolgy of North America, "Among the diseases in which it is employed are croup, diphtheria, bronchitis, asthma, piles, neuralgia, malarial diseases, catarrh, in subacute or chronic inflammation of the urinary organs, ulcers and sores. It has proven an effective remedy in some cases of rheumatism. For some, the mode of using it in asthma is to smoke the dried leaves." (I've never tried this last use).

The tea of eucalyptus leaves, well known for its efficacy in dealing with sinus congestion, also has sufficient antiseptic properties that it can be used to clean wounds. In fact, though there are many species of eucalyptus with many distinct uses throughout Australia, the two primary uses for eucalyptus are the tea from the leaves for all breathing-related problems, and a tea from the bark used to wash and disinfect wounds.

I have boiled eucalyptus leaves on many occasions and inhaled the steam to help with sinus congestion. I usually drink a little of the strong broth as well.

Eucalyptus oil (obtained from the leaves by distillation) is rich in the therapeutic agent cineole. Cineole is used as an active ingredient in inhalants, gargles, lozenges, etc., because it has a pleasant odor and is efficient in killing bacteria. Rutin, used medicinally for diabetes and high blood pressure, occurs in the leaves of some eucalyptus. You have consumed this anytime you've had eucalyptus cough drops (by whatever name).

We have taken the caps off some of the smaller capsules, and used the powdered insides (which consist-ed mostly of stamens) as a first aid remedy for cuts. In all cases,



this resulted in rapid healing and very little scarring. We suggest that the smaller, unopened capsules be included in first aid kits. The variously scented eucalyptus leaves (peppermint, lemon, medicinal, etc.) tend to repel insects. A necklace of young fruits is used as a safe flea repellent for cats and dogs.

Whole books have been written on the many uses of this valuable plant. We've only scratched the surface here. One good book for further information is Bush Food: Aboriginal Food and Herbal Medicine by Jennifer Isaacs Lansdowne Publishing Pty. Ltd., Sydney, 1987).

It is also more difficult to garden or farm under the areas where eucalypti are growing. Your garden plants will produce smaller fruit or tubers, and the plants will require more fertilizer. This is the result of the dispersion of the various eucalyptus oils into the soil.

Native to Australia, there are about 90 varieties which have naturalized in California and Arizona, and beyond those areas.

SOURCE OF LEAVES FOR TEA: Urban farmer Julie Balaa of WTI Farms sells packages of the dried eucalyptus leaves which can be used for tea. It comes with instructions. One package is \$10, from WTI, 5835 Burwood Ave., Los Angeles, CA 90042. Or email Balaa at juliebalaa@gmail.com.

## Katnip News!



Terrific "TESSIE"

Are you looking for a furry companion to keep you company and love you unconditionally? Look no further

than Tessie, a black & white longhair girl, born 2013!

This sweet and affectionate kitty has been patiently waiting for her forever home. With her soft fur and gentle purr, she will make the purrfect addition to any family. Don't wait, apply for Tessie today and give her the loving home she deserves! PLEASE submit our adoption application and come and meet her. As the song from Cats says, "If you touch me, you'll understand what happiness is." Don't



you just want to run your fingers through that beautiful fur? Find her at www.lifeline-forpets.org, on the Adult Cats page.

## Pet of the Week

Lovely Alice is an incredibly shy 3-year-old Siberian Husky mix. Her heartbreaking shyness often results in her being too nervous to even go up a staircase, and sometimes meeting new people is just too much.

It's a very different story when she sees the many people with whom she has become comfortable at Pasadena Humane. They make her shyness just disappear as she turns into a wiggly girl who is ready for almost anything (just not the stairs...yet!). She likes going on walks, playing in the yard with toys and just a little bit of snuggling.

Alice has lived with another dog, so having a confident but gentle buddy might help thaw the ice even more for her.

She will do best in a patient home that will allow her some time and space to blossom into the wonderful dog we have seen in glimpses. Alice is truly a diamond in the rough and will make a lovely addition to someone's home!

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at pasadenahumane.org. Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m.

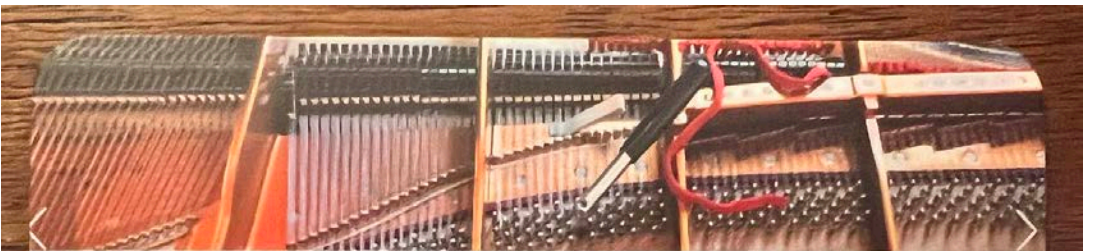
Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.



## KEEP YOUR PETS SAFE ON THE FOURTH OF JULY

Although the Fourth of July is a time of festivities for some, for our pets, it can be a huge source of stress. Many frightened pets go missing during the Fourth of July holiday, making it one of the busiest times of year for animal shelters. It's important to take extra precautions to keep your pets safe and calm on the Fourth.

As a safety precaution, make sure your pet is wearing a collar with a visible ID tag. Most pets are found very close to where they live, and your pet's ID tag will help your neighbor reunite you with your pet more quickly. It's also important that your pet is microchipped as a second form of identification. Double check that your pet's ID tag and microchip are up-to-date with your current contact information.



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BY CHRISTOPHER NYERGES

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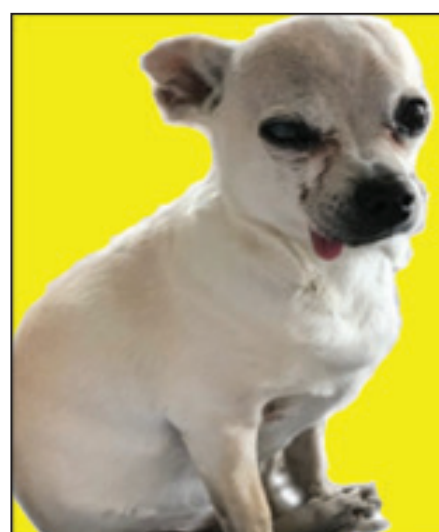
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## Pets in need

Some pet parents cannot afford the cost of vet care right now. You can help those pets! Visit us:

[www.FreeAnimalDoctor.org](http://www.FreeAnimalDoctor.org)



Sierra Madre based non-profit

Free Animal Doctor



## Free July 4th Swim

The Sierra Madre YMCA will be opening their doors for free open swim on July 4th from 12:00pm-2:00pm. If you are interested in taking a dip after your parade fun then please use the attached QR codes to fill out their waiver and secure your spot.

The Aquatic Center is located at 611 E. Sierra Madre Blvd. Please give them a call at 626-355-5261 with any questions that you may have.

Have a great weekend and we will see you on the 4th!



### CITY OF SIERRA MADRE

#### Summer Concerts in the Park

All concerts are FREE at Memorial Park Bandshell 222 W Sierra Madre Blvd. 6pm-8pm  
Seating is available on the green. Be sure to bring your blankets & lawn chairs.  
Contact Community Services for more information 626.355.5278

|  |  |
|--|--|
| <b>Saturday, June 10</b><br>PASADENA COMMUNITY ORCHESTRA         | <b>Sunday, July 9</b><br>PAT O'BRIEN & THE PRIESTS OF LOVE |
| <b>Sunday, June 11</b><br>SPECIAL GUEST                          | <b>Sunday, July 16</b><br>MAGGIE MORAN & GUEST             |
| <b>Sunday, June 18</b><br>THE BEATUNES - BEATLES TRIBUTE         | <b>Sunday, July 23</b><br>KELLY RAE BAND (COUNTRY)         |
| <b>Sunday, June 25</b><br>CASH UP FRONT                          | <b>Sunday, July 30</b><br>ALUMNI ACOUSTIC (CLASSIC ROCK)   |
| <b>Monday, July 3</b><br>4TH OF JULY CONCERT<br>GROOVY LEMON PIE | <b>Sunday, August 6</b><br>THE SKINNY TIES (80'S HITS)     |
|  | <b>Sunday, August 13</b><br>SIERRA MADRE MUSIC             |



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Mountain View News Saturday, July 1, 2023

## HUDDLE UP



With **HARVEY HYDE**

Well, it's time to huddle up and buckle up again. How time flies by. And before I run out of space, let me wish a happy, happy 4th of July to you, your families and everyone. I'm sure that we will all be at a parade somewhere and looking up to the sky for the fireworks somewhere. I have enjoyed always standing for the National Anthem before all the athletic events I have coached or attended. I remember the sacrifices that have been made for us to be able to attend these great events. So let's celebrate this very special birthday for our nation.

Now let's get down to business: *What is the most frequent question I am almost always asked now when people walk up to me on the street?* "Hey, Coach, what do you think of USC and UCLA going to the BIG TEN?"

*Answer:* I hate to see the PAC 12 and BIG TEN tradition that has been such a wonderful relationship with the Rose Bowl come to an end.

The next three years will be College Football playoff games at the Rose Bowl, which means some of the special events that have always surrounded the Rose Bowl game will disappear. There will be no more Lawry's Prime Rib dinner, no Disneyland for the visiting teams and a lot of other traditions will just disappear. Who knows what will happen after that. Locations for the play offs will alternate. Next year the quarterfinal game will be at the Rose Bowl, and the year after that, the Semi finals. The teams that play will be here exactly 2 days before the game and the winning team will fly out to a game the next week for the semi-finals.

I do think it may be great for us here to get national exposure for West Coast football. USC and UCLA players will get attention with Big Ten media. Each school (USC/UCLA) will receive \$100 million dollars per year as a result of the move. The Big 10, who extended the offer in the first place, is very happy because of all that USC and UCLA bring to the table. The PAC 12 also loses a lot which is partly their own fault. With better leadership along the way this might never have happened. With the commissioners recent television package, exposure for the PAC 12 declined.

Some of the responsibility also lies with the Presidents of the Pac 12 schools. They must have supported this television mistake since renewed the contract. The PAC 12 fell far behind the Southeastern Conference, The Big Ten, the Big 12, with television exposure and revenue period.

USC and UCLA will experience more income, bigger crowds, national exposure, better recruiting options. Games will be broadcast in more prime time slots. Odd late night TV games will not happen

In 2024 the PAC 12 may see other interesting changes. San Diego State has given notice to the Mountain West Conference that they are planning to change conferences, which will probably be the PAC 10, 12, whatever you want to call it. Washington and Oregon will probably stay. Why? Because they'll have a better opportunity of making the playoffs. With UCLA and USC gone they will be dominant in the conference.

But let's not forget there's still a 2023 football season and we've got to go ahead from here - we've got to play the 2023 season before we're even affected by the 2024 movement of UCLA at USC to the Big Ten.

The sad aspect of this is in regards the Rose Bowl New Years Day tradition. The Rose Bowl has no guarantee on what day they'll play, and maybe not even on New Year's Day. In summary, I think going to the BIG Ten is a good opportunity for USC and UCLA. But time will tell. Now you know what I think about UCLA, USC moving to the Big Ten.

Happy 4th of July. You can hear more by following me @coachharveyhyde.com.

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# Mountain Views News

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SATURDAY, JULY 1, 2023

SECTION B

## IN CONGRESS, JULY 4, 1776.

### The unanimous Declaration of the thirteen united States of America,

When in the course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation. — We hold these truths to be self-evident, that all men are created equal; that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. — That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, — That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government; and to provide new Guards for their future security. — Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world. — He has refused his Assent to Laws, the most wholesome and necessary for the public good. — He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them. — He has refused to pass other Laws for the accommodation of large districts of People, unless those People would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only. — He has called together legislative Bodies at places unusual, uncomfortable, and distant from the depository of their Public Records, for the sole purpose of fatiguing them into compliance with his measures. — He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the People. — He has refused for a long time, after such Dissolutions, to cause others to be elected; whereby the Legislative Powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of Invasion from without, and convulsions within. — He has endeavoured to prevent the Population of these States; for that purpose obstructing the Law for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands. — He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary Powers. — He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries. — He has created a multitude of New Offices, and sent hither swarms of Officers to harass our People, and eat out their Substance. — He has kept among us, in times of Peace, Standing Armies without the Consent of our Legislatures. — He has affected to render the Military independent of and superior to the Civil power. — He has combined with others to subject us to a Jurisdiction foreign to our Constitution, and unacknowledged by our Laws; giving his Assent to their Acts of pretended Legislation: — For Quartering large bodies of armed troops among us: — For protecting them, by a mock Trial, from Punishment for any Murders which they should commit on the Inhabitants of these States: — For cutting off our Trade with all parts of the world: — For imposing Taxes on us without our Consent: — For depriving us in many cases, of the benefits of Trial by Jury, — For transporting us beyond Seas to be tried for pretended offences: — For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies: — For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments: — For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever. — He has abdicated Government here, by declaring us out of his Protection and waging War against us. — He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our People. — He is at this time transporting large Armies of foreign Mercenaries to complete the works of death, desolation and tyranny, already begun with circumstances of cruelty and perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation. — He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands. — He has excited domestic insurrections amongst us, and has endeavoured to bring on the Inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions. In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered by repeated injury. A Prince, whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free People. Nor have We been wanting in attentions to our British brethren. We have warned them from time to time of attempts by their Legislature to extend an unwarrantable Jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be, Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. — And for the support of this Declaration, with a firm reliance on the Protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

|                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|
| John Hancock          | John Hancock          | John Hancock          | John Hancock          |
| Samuel Chase          | Samuel Chase          | Samuel Chase          | Samuel Chase          |
| Wm. Paca              | Wm. Paca              | Wm. Paca              | Wm. Paca              |
| Thos. Stone           | Thos. Stone           | Thos. Stone           | Thos. Stone           |
| Edw. Rutledge         | Edw. Rutledge         | Edw. Rutledge         | Edw. Rutledge         |
| George Wythe          | George Wythe          | George Wythe          | George Wythe          |
| Richard Henry Lee     | Richard Henry Lee     | Richard Henry Lee     | Richard Henry Lee     |
| Th. Jefferson         | Th. Jefferson         | Th. Jefferson         | Th. Jefferson         |
| Benjamin Harrison     | Benjamin Harrison     | Benjamin Harrison     | Benjamin Harrison     |
| Wm. Nelson Jr.        | Wm. Nelson Jr.        | Wm. Nelson Jr.        | Wm. Nelson Jr.        |
| Francis Lightfoot Lee | Francis Lightfoot Lee | Francis Lightfoot Lee | Francis Lightfoot Lee |
| Carver Braxton        | Carver Braxton        | Carver Braxton        | Carver Braxton        |
| John Adams            | John Adams            | John Adams            | John Adams            |
| Robert R. Livingston  | Robert R. Livingston  | Robert R. Livingston  | Robert R. Livingston  |
| George Clinton        | George Clinton        | George Clinton        | George Clinton        |
| John Jay              | John Jay              | John Jay              | John Jay              |
| Francis Pickens       | Francis Pickens       | Francis Pickens       | Francis Pickens       |
| John Hancock          | John Hancock          | John Hancock          | John Hancock          |



## The Declaration of Independence: A TRANSCRIPTION

IN CONGRESS, July 4, 1776.

The unanimous Declaration of the thirteen united States of America,

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.--Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

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 He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.  
 He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.  
 He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their public Records, for the sole purpose of fatiguing them into compliance with his measures.  
 He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the people.  
 He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.  
 He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.  
 He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers.  
 He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.  
 He has erected a multitude of New Offices, and sent hither swarms of Officers to harrass our people, and eat out their substance.  
 He has kept among us, in times of peace, Standing Armies without the Consent of our legislatures.  
 He has affected to render the Military independent of and superior to the Civil power.

He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:  
 For Quartering large bodies of armed troops among us;  
 For protecting them, by a mock Trial, from punishment for any Murders which they should commit on the Inhabitants of these States;  
 For cutting off our Trade with all parts of the world;  
 For imposing Taxes on us without our Consent;  
 For depriving us in many cases, of the benefits of Trial by Jury;  
 For transporting us beyond Seas to be tried for pretended offences  
 For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies;  
 For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments;  
 For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.  
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 He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our people.  
 He is at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.  
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Nor have We been wanting in attentions to our Brittish brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

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Note: The 56 signatures on the Declaration appear in the positions indicated.

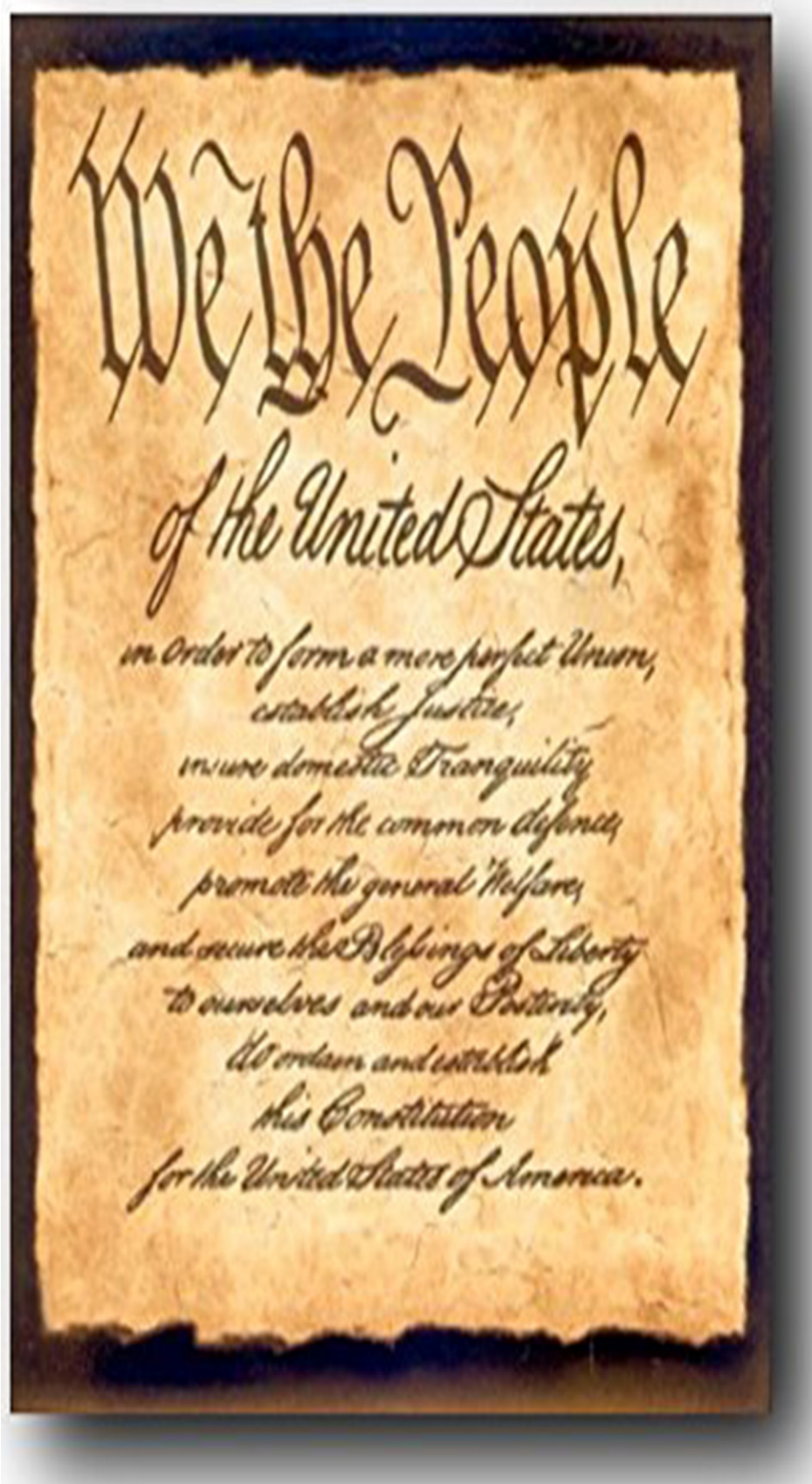
| Column 1   | Column 2   | Column 3  | Column 4  | Column 5   | Column 6   |
|--|--|---|---|--|--|
| Georgia:<br>Button Gwinnett<br>Lyman Hall<br>George Walton | North Carolina:<br>William Hooper<br>Joseph Hewes<br>John Penn<br>South Carolina:<br>Edward Rutledge<br>Thomas Heyward, Jr.<br>Thomas Lynch, Jr.<br>Arthur Middleton | Massachusetts:<br>John Hancock<br>Maryland:<br>Samuel Chase<br>William Paca<br>Thomas Stone<br>Charles Carroll of<br>Carrollton<br>Virginia:<br>George Wythe<br>Richard Henry Lee<br>Thomas Jefferson<br>Benjamin Harrison<br>Thomas Nelson, Jr.<br>Francis Lightfoot Lee<br>Carter Braxton | Pennsylvania:<br>Robert Morris<br>Benjamin Rush<br>Benjamin Franklin<br>John Morton<br>George Clymer<br>James Smith<br>George Taylor<br>James Wilson<br>George Ross<br>Delaware:<br>Caesar Rodney<br>George Read<br>Thomas McKean | New York:<br>William Floyd<br>Philip Livingston<br>Francis Lewis<br>Lewis Morris<br>New Jersey:<br>Richard Stockton<br>John Witherspoon<br>Francis Hopkinson<br>John Hart<br>Abraham Clark | New Hampshire:<br>Josiah Bartlett<br>William Whipple<br>Massachusetts:<br>Samuel Adams<br>John Adams<br>Robert Treat Paine<br>Elbridge Gerry<br>Rhode Island:<br>Stephen Hopkins<br>William Ellery<br>Connecticut:<br>Roger Sherman<br>Samuel Huntington<br>William Williams<br>Oliver Wolcott<br>New Hampshire:<br>Matthew Thornton |

### Inside This Section:



**WHAT THE DECLARATION OF INDEPENDENCE ACTUALLY SAYS**  
**WE THE PEOPLE: OUR CONSTITUTION**  
**OPINION**  
**PUBLIC HEARING/LEGAL NOTICES**  
**SIERRA MADRE JULY 4<sup>TH</sup> ACTIVITIES**





**We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.**

*Editor's Note: Just to refresh your memory here is a synopsis of what is in the U.S. Constitution. At the end of this list you will find a website where you can read the entire document.)*

## THE CONSTITUTION OF THE UNITED STATES OF AMERICA

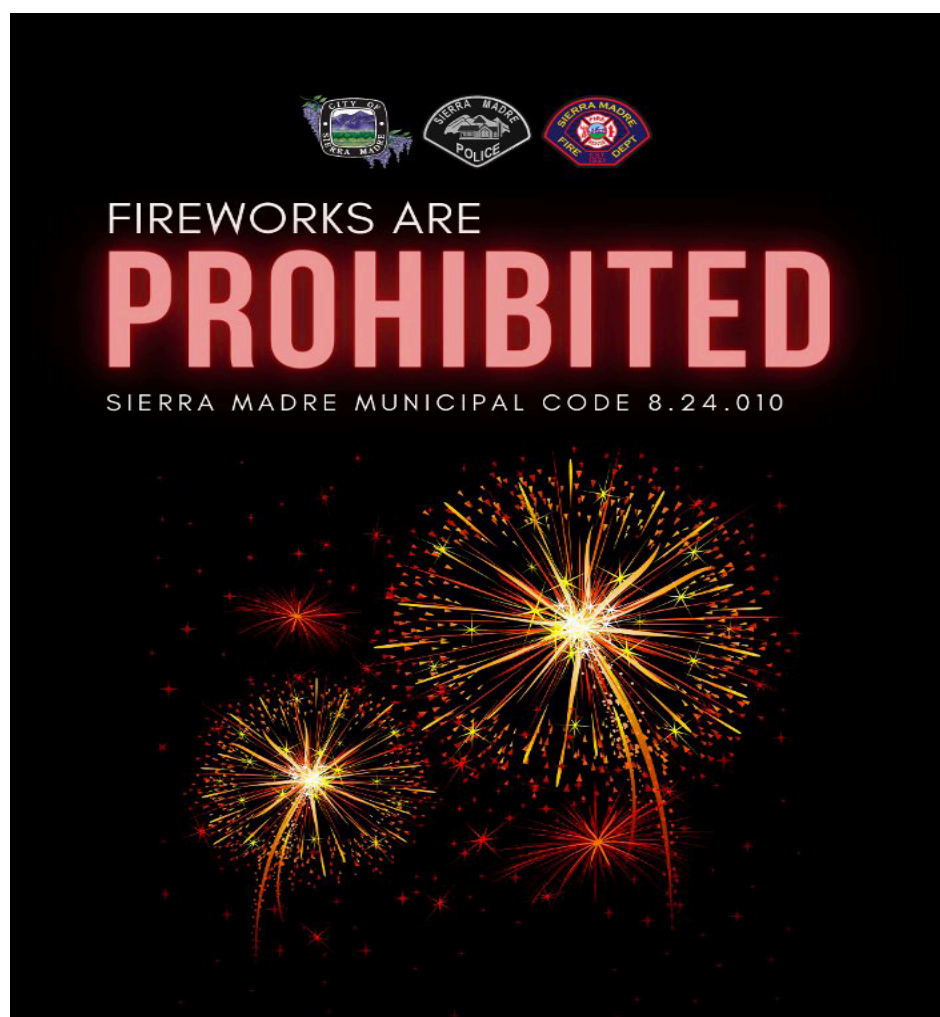
### PREAMBLE

|                 |  |
|-----------------|--|
| Article I       | [The Legislative Branch]   |
| Section 1.      | [Legislative Power Vested]   |
| Section 2.      | [House of Representatives]   |
| Section 3.      | [Senate]   |
| Section 4.      | [Elections of Senators and Representatives]  |
| Section 5.      | [Rules of House and Senate]  |
| Section 6.      | [Compensation and Privileges of Members]   |
| Section 7.      | [Passage of Bills]   |
| Section 8.      | [Scope of Legislative Power]   |
| Section 9.      | [Limits on Legislative Power]  |
| Section 10.     | [Limits on States]   |
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| Article VII     | [Ratification]   |
|                 | Signers (Listed on the left side of this page)   |
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| Amendment II    | [Right to Bear Arms (1791)]  |
| Amendment III   | [Quartering of Troops (1791)]  |
| Amendment IV    | [Search and Seizure (1791)]  |
| Amendment V     | [Grand Jury, Double Jeopardy, Self-Incrimination, Due Process (1791)]  |
| Amendment VI    | [Criminal Prosecutions - Jury Trial, Right to Confront and to Counsel (1791)]  |
| Amendment VII   | [Common Law Suits - Jury Trial (1791)]   |
| Amendment VIII  | [Excess Bail or Fines, Cruel and Unusual Punishment (1791)]  |
| Amendment IX    | [Non-Enumerated Rights (1791)]   |
| Amendment X     | [Rights Reserved to States or People (1791)]   |
| Amendment XI    | [Suits Against a State (1795)]   |
| Amendment XII   | [Election of President and Vice-President (1804)]  |
| Amendment XIII  | [Abolition of Slavery (1865)]  |
| Amendment XIV   | [Privileges and Immunities, Due Process, Equal Protection, Apportionment of Representatives, Civil War Disqualification and Debt (1868)] |
| Amendment XV    | [Rights Not to Be Denied on Account of Race (1870)]  |
| Amendment XVI   | [Income Tax (1913)]  |
| Amendment XVII  | [Election of Senators (1913)]  |
| Amendment XVIII | [Prohibition (1919)]   |
| Amendment XIX   | [Women's Right to Vote (1920)]   |
| Amendment XX    | [Presidential Term and Succession (1933)]  |
| Amendment XXI   | [Repeal of Prohibition (1933)]   |
| Amendment XXII  | [Two Term Limit on President (1951)]   |
| Amendment XXIII | [Presidential Vote in D.C. (1961)]   |
| Amendment XXIV  | [Poll Tax (1964)]  |
| Amendment XXV   | [Presidential Succession (1967)]   |
| Amendment XXVI  | [Right to Vote at Age 18 (1971)]   |
| Amendment XXVII | [Compensation of Members of Congress (1992)]   |

### FYI: WHO SIGNED THE U.S. CONSTITUTION?

The 38 signers of the U.S. Constitution were delegates from the original states who gathered several times and in several places, first drafting the Declaration of Independence, and then, after the colonists defeated the British army and won independence, writing the U.S. Constitution. The signers of the two documents have some overlap — Benjamin Franklin signed both, but John Hancock wrote large only on the Declaration of Independence. The delegates are here grouped by the states they represented:

- Connecticut:* William Samuel Johnson, Roger Sherman
- Delaware:* George Read, Gunning Bedford Jr., John Dickinson, Richard Bassett, Jacob Broom
- Georgia:* William Few, Abraham Baldwin
- Maryland:* James McHenry, Daniel of St. Thomas Jenifer, Daniel Carroll
- Massachusetts:* Nathaniel Gorham, Rufus King
- New Hampshire:* John Langdon, Nicholas Gilman
- New Jersey:* William Livingston, David Brearley, William Paterson, Jonathan Dayton
- New York:* Alexander Hamilton
- North Carolina:* William Blount, Richard Dobbs Spaight, Hugh Williamson
- Pennsylvania:* Benjamin Franklin, Thomas Mifflin, Robert Morris, George Clymer, Thomas FitzSimons, Jared Ingersoll, James Wilson, Gouverneur Morris
- South Carolina:* John Rutledge, Charles Cotesworth Pinckney, Pierce Butler
- Virginia:* George Washington (President and deputy), John Blair, James Madison Jr.





**THE PREAMBLE**

*We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.*

**ARTICLE I****Section 1**

All legislative Powers herein granted shall be vested in a Congress of the United States, which shall consist of a Senate and House of Representatives.

**Section 2**

The House of Representatives shall be composed of Members chosen every second Year by the People of the several States, and the Electors in each State shall have the Qualifications requisite for Electors of the most numerous Branch of the State Legislature.

No Person shall be a Representative who shall not have attained to the Age of twenty five Years, and been seven Years a Citizen of the United States, and who shall not, when elected, be an Inhabitant of that State in which he shall be chosen.

Representatives and direct Taxes shall be apportioned among the several States which may be included within this Union, according to their respective Numbers, which shall be determined by adding to the whole Number of free Persons, including those bound to Service for a Term of Years, and excluding Indians not taxed, three fifths of all other Persons. The actual Enumeration shall be made within three Years after the first Meeting of the Congress of the United States, and within every subsequent Term of ten Years, in such Manner as they shall by Law direct. The Number of Representatives shall not exceed one for every thirty Thousand, but each State shall have at Least one Representative; and until such enumeration shall be made, the State of New Hampshire shall be entitled to chuse three, Massachusetts eight, Rhode Island and Providence Plantations one, Connecticut five, New-York six, New Jersey four, Pennsylvania eight, Delaware one, Maryland six, Virginia ten, North Carolina five, South Carolina five, and Georgia three.

When vacancies happen in the Representation from any State, the Executive Authority thereof shall issue Writs of Election to fill such Vacancies.

The House of Representatives shall chuse their Speaker and other Officers; and shall have the sole Power of Impeachment.

**Section 3**

The Senate of the United States shall be composed of two Senators from each State, chosen by the Legislature thereof, for six Years; and each Senator shall have one Vote.

Immediately after they shall be assembled in Consequence of the first Election, they shall be divided as equally as may be into three classes. The Seats of the Senators of the first Class shall be vacated at the Expiration of the second Year, of the second Class at the Expiration of the fourth Year, and of the third Class at the Expiration of the sixth Year, so that one third may be chosen every second Year; and if Vacancies happen by Resignation or otherwise, during the Recess of the Legislature of any State, the Executive thereof may make temporary Appointments until the next Meeting of the Legislature, which shall then fill such Vacancies.

No Person shall be a Senator who shall not have attained to the Age of thirty Years, and been nine Years a Citizen of the United States, and who shall not, when elected, be an Inhabitant of that State for which he shall be chosen.

The Vice President of the United States shall be President of the Senate, but shall have no Vote, unless they be equally divided.

The Senate shall chuse their other Officers, and also a President pro tempore, in the Absence of the Vice President, or when he shall exercise the Office of President of the United States.

The Senate shall have the sole Power to try all Impeachments. When sitting for that Purpose, they shall be on Oath or Affirmation. When the President of the United States is tried, the Chief Justice shall preside: And no Person shall be convicted without the Concurrence of two thirds of the Members present.

Judgment in Cases of Impeachment shall not extend further than to removal from Office, and disqualification to hold and enjoy any Office of honor, Trust or Profit under the United States: but the Party convicted shall nevertheless be liable and subject to Indictment, Trial, Judgment and Punishment, according to Law.

**Section 4**

The Times, Places and Manner of holding Elections for Senators and Representatives, shall be prescribed in each State by the Legislature thereof; but the Congress may at any time by Law make or alter such Regulations, except as to the Places of chusing Senators.

The Congress shall assemble at least once in every Year, and such Meeting shall be on the first Monday in December, unless they shall by Law appoint a different Day.

**Section 5**

Each House shall be the Judge of the Elections, Returns and Qualifications of its own Members, and a Majority of each shall constitute a Quorum to do Business; but a smaller Number may adjourn from day to day, and may be authorized to compel the Attendance of absent Members, in such Manner, and under such Penalties as each House may provide.

Each House may determine the Rules of its Proceedings, punish its Members for disorderly Behaviour, and, with the Concurrence of two thirds, expel a Member.

Each House shall keep a Journal of its Proceedings and

from time to time publish the same, excepting such Parts as may in their Judgment require Secrecy; and the Yeas and Nays of the Members of either House on any question shall, at the Desire of one fifth of those Present, be entered on the Journal.

Neither House, during the Session of Congress, shall, without the Consent of the other, adjourn for more than three days, nor to any other Place than that in which the two Houses shall be sitting.

**Section 6**

The Senators and Representatives shall receive a Compensation for their Services, to be ascertained by Law, and paid out of the Treasury of the United States. They shall in all Cases, except Treason, Felony and Breach of the Peace, be privileged from Arrest during their Attendance at the Session of their respective Houses and in going to and returning from the same; and for any Speech or Debate in either House, they shall not be questioned in any other Place.

No Senator or Representative shall, during the Time for which he was elected, be appointed to any civil Office under the Authority of the United States, which shall have been created, or the Emoluments whereof shall have been increased during such time; and no Person holding any Office under the United States, shall be a Member of either House during his Continuance in Office.

**Section 7**

All Bills for raising Revenue shall originate in the House of Representatives; but the Senate may propose or concur with Amendments as on other Bills.

Every Bill which shall have passed the House of Representatives and the Senate, shall, before it become a Law, be presented to the President of the United States; If he approve he shall sign it, but if not he shall return it, with his Objections to that House in which it shall have originated, who shall enter the Objections at large on their Journal, and proceed to reconsider it. If after such Reconsideration two thirds of that House shall agree to pass the Bill, it shall be sent, together with the Objections, to the other House, by which it shall likewise be reconsidered, and if approved by two thirds of that House, it shall become a Law. But in all such Cases the Votes of both Houses shall be determined by yeas and Nays, and the Names of the Persons voting for and against the Bill shall be entered on the Journal of each House respectively. If any Bill shall not be returned by the President within ten Days (Sundays excepted) after it shall have been presented to him, the Same shall be a Law, in like Manner as if he had signed it, unless the Congress by their Adjournment prevent its Return, in which Case it shall not be a Law.

Every Order, Resolution, or Vote to which the Concurrence of the Senate and House of Representatives may be necessary (except on a question of Adjournment) shall be presented to the President of the United States; and before the Same shall take Effect, shall be approved by him, or being disapproved by him, shall be repassed by two thirds of the Senate and House of Representatives, according to the Rules and Limitation prescribed in the Case of a Bill.

**Section 8**

The Congress shall have Power To lay and collect Taxes, Duties, Imposts and Excises, to pay the Debts and provide for the common Defence and general Welfare of the United States; but all Duties, Imposts and Excises shall be uniform throughout the United States;

To borrow Money on the credit of the United States;

To regulate Commerce with foreign Nations, and among the several States, and with the Indian Tribes;

To establish a uniform Rule of Naturalization, and uniform Laws on the subject of Bankruptcies throughout the United States;

To coin Money, regulate the Value thereof, and of foreign Coin, and fix the Standard of Weights and Measures;

To provide for the Punishment of counterfeiting the Securities and current Coin of the United States;

To establish Post Offices and post Roads;

To promote the Progress of Science and useful Arts, by securing for limited Times to Authors and Inventors the exclusive Right to their respective Writings and Discoveries;

To constitute Tribunals inferior to the supreme Court;

To define and punish Piracies and Felonies committed on the high Seas, and Offences against the Law of Nations;

To declare War, grant Letters of Marque and Reprisal, and make Rules concerning Captures on Land and Water;

To raise and support Armies, but no Appropriation of Money to that Use shall be for a longer Term than two Years;

To provide and maintain a Navy;

To make Rules for the Government and Regulation of the land and naval Forces;

To provide for calling forth the Militia to execute the Laws of the Union, suppress Insurrections and repel Invasions;

To provide for organizing, arming, and disciplining, the Militia, and for governing such Part of them as may be employed in the Service of the United States, reserving to the States respectively, the Appointment of the Officers, and the Authority of training the Militia according to the discipline prescribed by Congress;

To exercise exclusive Legislation in all Cases whatsoever, over such District (not exceeding ten Miles square) as may, by Cession of particular States, and the Acceptance of Congress, become the Seat of Government of the

United States, and to exercise like Authority over all Places purchased by the Consent of the Legislature of the State in which the Same shall be, for the Erection of Forts, Magazines, Arsenals, dock-Yards, and other needful Buildings;—And

To make all Laws which shall be necessary and proper for carrying into Execution the foregoing Powers, and all other Powers vested by this Constitution in the Government of the United States, or in any Department or Officer thereof.

**Section 9**

The Migration or Importation of such Persons as any of the States now existing shall think proper to admit, shall not be prohibited by the Congress prior to the Year one thousand eight hundred and eight, but a Tax or duty may be imposed on such Importation, not exceeding ten dollars for each Person.

The Privilege of the Writ of Habeas Corpus shall not be suspended, unless when in Cases of Rebellion or Invasion the public Safety may require it.

No Bill of Attainder or ex post facto Law shall be passed.

No Capitation, or other direct, Tax shall be laid, unless in Proportion to the Census or enumeration herein before directed to be taken.

No Tax or Duty shall be laid on Articles exported from any State.

No Preference shall be given by any Regulation of Commerce or Revenue to the Ports of one State over those of another: nor shall Vessels bound to, or from, one State, be obliged to enter, clear, or pay duties in another.

No Money shall be drawn from the Treasury but in Consequence of Appropriations made by Law; and a regular Statement and Account of the Receipts and Expenditures of all public Money shall be published from time to time.

No Title of Nobility shall be granted by the United States: And no Person holding any Office of Profit or Trust under them, shall, without the Consent of the Congress accept of any present, Emolument, Office, or Title, of any kind whatever, from any King, Prince, or foreign State.

**Section 10**

No State shall enter into any Treaty, Alliance, or Confederation; grant Letters of Marque and Reprisal; coin Money; emit Bills of Credit; make any Thing but gold and silver Coin a Tender in Payment of Debts; pass any Bill of Attainder, ex post facto Law, or Law impairing the Obligation of Contracts, or grant any Title of Nobility.

No State shall, without the Consent of the Congress, lay any Imposts or Duties on Imports or Exports, except what may be absolutely necessary for executing it's inspection Laws: and the net Produce of all Duties and Imposts, laid by any State on Imports or Exports, shall be for the Use of the Treasury of the United States; and all such Laws shall be subject to the Revision and Controul of the Congress.

No State shall, without the Consent of Congress, lay any Duty of Tonnage, keep Troops, or Ships of War in time of Peace, enter into any Agreement or Compact with another State, or with a foreign Power, or engage in War, unless actually invaded, or in such imminent Danger as will not admit of delay.

**ARTICLE II****Section 1**

The executive Power shall be vested in a President of the United States of America. He shall hold his Office during the Term of four Years, and, together with the Vice President, chosen for the same Term, be elected, as follows

Each State shall appoint, in such Manner as the Legislature thereof may direct, a Number of Electors, equal to the whole Number of Senators and Representatives to which the State may be entitled in the Congress: but no Senator or Representative, or Person holding an Office of Trust or Profit under the United States, shall be appointed an Elector.

The Electors shall meet in their respective States, and vote by Ballot for two Persons, of whom one at least shall not be an Inhabitant of the same State with themselves. And they shall make a List of all the Persons voted for, and of the Number of Votes for each; which List they shall sign and certify, and transmit sealed to the Seat of the Government of the United States, directed to the President of the Senate. The President of the Senate shall, in the presence of the Senate and House of Representatives, open all the Certificates, and the Votes shall then be counted. The Person having the greatest Number of Votes shall be the President, if such Number be a Majority of the whole Number of Electors appointed; and if there be more than one who have such Majority, and have an equal Number of Votes, then the House of Representatives shall immediately chuse by Ballot one of them for President; and if no Person have a Majority, then from the five highest on the List the said House shall in like manner chuse the President. But in chusing the President, the Votes shall be taken by States, the Representation from each State having one Vote; A quorum for this Purpose shall consist of a Member or Members from two thirds of the States, and a Majority of all the States shall be necessary to a Choice. In every Case, after the Choice of the President, the Person having the greatest Number of Votes of the Electors shall be the Vice President. But if there should remain two or more who have equal Votes, the Senate shall chuse from them by Ballot the Vice President.

The Congress may determine the Time of chusing the Electors, and the Day on which they shall give their Votes; which Day shall be the same throughout the United States.

No Person except a natural born Citizen, or a Citizen of the United States, at the time of the Adoption of this Constitution, shall be eligible to the Office of President; neither shall any Person be eligible to that Office who shall not have attained to the Age of thirty five Years, and been fourteen Years a Resident within the United States.



In Case of the Removal of the President from Office, or of his Death, Resignation, or Inability to discharge the Powers and Duties of the said Office, the Same shall devolve on the Vice President, and the Congress may by law provide for the Case of Removal, Death, Resignation or Inability, both of the President and Vice President, declaring what Officer shall then act as President, and such Officer shall act accordingly, until the Disability be removed, or a President shall be elected.

The President shall, at stated Times, receive for his Services, a Compensation, which shall neither be encreased nor diminished during the Period for which he shall have been elected, and he shall not receive within that Period any other Emolument from the United States, or any of them.

Before he enter on the Execution of his Office, he shall take the following Oath or Affirmation:— I do solemnly swear (or affirm) that I will faithfully execute the Office of President of the United States, and will to the best of my Ability, preserve, protect and defend the Constitution of the United States.

**Section 2**  
The President shall be Commander in Chief of the Army and Navy of the United States, and of the Militia of the several States, when called into the actual Service of the United States; he may require the Opinion, in writing, of the principal Officer in each of the executive Departments, upon any Subject relating to the Duties of their respective Offices, and he shall have Power to grant Reprieves and Pardons for Offences against the United States, except in Cases of Impeachment.

He shall have Power, by and with the Advice and Consent of the Senate, to make Treaties, provided two thirds of the Senators present concur; and he shall nominate, and by and with the Advice and Consent of the Senate, shall appoint Ambassadors, other public Ministers and Consuls, Judges of the supreme Court, and all other Officers of the United States, whose Appointments are not herein otherwise provided for, and which shall be established by Law: but the Congress may by Law vest the Appointment of such inferior Officers, as they think proper, in the President alone, in the Courts of Law, or in the Heads of Departments.

The President shall have Power to fill up all Vacancies that may happen during the Recess of the Senate, by granting Commissions which shall expire at the End of their next Session.

**Section 3**  
He shall from time to time give to the Congress Information of the State of the Union, and recommend to their Consideration such Measures as he shall judge necessary and expedient; he may, on extraordinary Occasions, convene both Houses, or either of them, and in Case of Disagreement between them, with Respect to the Time of Adjournment, he may adjourn them to such Time as he shall think proper; he shall receive Ambassadors and other public Ministers; he shall take Care that the Laws be faithfully executed, and shall Commission all the Officers of the United States.

**Section 4**  
The President, Vice President and all civil Officers of the United States, shall be removed from Office on Impeachment for, and Conviction of, Treason, Bribery, or other high Crimes and Misdemeanors.

**ARTICLE III**  
**Section 1**  
The judicial Power of the United States, shall be vested in one supreme Court, and in such inferior Courts as the Congress may from time to time ordain and establish. The Judges, both of the supreme and inferior Courts, shall hold their Offices during good Behaviour, and shall, at stated Times, receive for their Services, a Compensation, which shall not be diminished during their Continuance in Office.

**Section 2**  
The Judicial Power shall extend to all Cases, in Law and Equity, arising under this Constitution, the Laws of the United States, and Treaties made, or which shall be made, under their Authority;---to all Cases affecting Ambassadors, other public Ministers and Consuls;---to all Cases of admiralty and maritime Jurisdiction;---to Controversies to which the United States shall be a Party;---to Controversies between two or more States;---between a State and Citizens of another State;---between Citizens of different States,---between Citizens of the same State claiming Lands under Grants of different States, and between a State, or the Citizens thereof, and foreign States, Citizens or Subjects.

In all Cases affecting Ambassadors, other public Ministers and Consuls, and those in which a State shall be a Party, the supreme Court shall have original Jurisdiction. In all the other Cases before mentioned, the Supreme Court shall have appellate Jurisdiction, both as to Law and Fact, with such Exceptions, and under such Regulations as the Congress shall make.

The Trial of all Crimes, except in Cases of Impeachment, shall be by Jury; and such Trial shall be held in the State where the said Crimes shall have been committed; but when not committed within any State, the Trial shall be at such Place or Places as the Congress may by Law have directed.

**Section 3**  
Treason against the United States, shall consist only in levying War against them, or in adhering to their Enemies, giving them Aid and Comfort. No Person shall be convicted of Treason unless on the testimony of two Witnesses to the same overt Act, or on Confession in open court.

The Congress shall have Power to declare the Punishment of Treason, but no Attainder of Treason shall work Corruption of Blood, or Forfeiture except during the Life of the Person attainted.

**ARTICLE IV**  
**Section 1**  
Full Faith and Credit shall be given in each State to the public Acts, Records, and judicial Proceedings of every

other State. And the Congress may by general Laws prescribe the Manner in which such Acts, Records and Proceedings shall be proved, and the Effect thereof.

**Section 2**  
The Citizens of each State shall be entitled to all Privileges and Immunities of Citizens in the several States.

A Person charged in any State with Treason, Felony, or other Crime, who shall flee from Justice, and be found in another State, shall on Demand of the executive Authority of the State from which he fled, be delivered up, to be removed to the State having Jurisdiction of the Crime.

No Person held to Service or Labour in one State, under the Laws thereof, escaping into another, shall, in Consequence of any Law or Regulation therein, be discharged from such Service or Labour, but shall be delivered up on Claim of the Party to whom such Service or Labour may be due.

**Section 3**  
New States may be admitted by the Congress into this Union; but no new State shall be formed or erected within the Jurisdiction of any other State; nor any State be formed by the Junction of two or more States, or Parts of States, without the Consent of the Legislatures of the States concerned as well as of the Congress.

The Congress shall have Power to dispose of and make all needful Rules and Regulations respecting the Territory or other Property belonging to the United States; and nothing in this Constitution shall be so construed as to Prejudice any Claims of the United States, or of any particular State.

**Section 4**  
The United States shall guarantee to every State in this Union a Republican Form of Government, and shall protect each of them against Invasion; and on Application of the Legislature, or of the Executive (when the Legislature cannot be convened) against domestic Violence.

**ARTICLE V**  
The Congress, whenever two thirds of both Houses shall deem it necessary, shall propose Amendments to this Constitution, or, on the Application of the Legislatures of two thirds of the several States, shall call a Convention for proposing Amendments, which, in either Case, shall be valid to all Intents and Purposes, as Part of this Constitution, when ratified by the Legislatures of three fourths of the several States, or by Conventions in three fourths thereof, as the one or the other Mode of Ratification may be proposed by the Congress; Provided that no Amendment which may be made prior to the Year One thousand eight hundred and eight shall in any Manner affect the first and fourth Clauses in the Ninth Section of the first Article; and that no State, without its Consent, shall be deprived of its equal Suffrage in the Senate.

**ARTICLE VI**  
All Debts contracted and Engagements entered into, before the Adoption of this Constitution, shall be as valid against the United States under this Constitution, as under the Confederation.

This Constitution, and the Laws of the United States which shall be made in Pursuance thereof; and all Treaties made, or which shall be made, under the Authority of the United States, shall be the supreme Law of the Land; and the Judges in every State shall be bound thereby, any Thing in the Constitution or Laws of any State to the Contrary notwithstanding.

The Senators and Representatives before mentioned, and the Members of the several State Legislatures, and all executive and judicial Officers, both of the United States and of the several States, shall be bound by Oath or Affirmation, to support this Constitution; but no religious Test shall ever be required as a Qualification to any Office or public Trust under the United States.

**Article VII**  
The Ratification of the Conventions of nine States, shall be sufficient for the Establishment of this Constitution between the States so ratifying the Same.

**First Amendment**  
Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

**Second Amendment**  
A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed.

**Third Amendment**  
No Soldier shall, in time of peace be quartered in any house, without the consent of the Owner, nor in time of war, but in a manner to be prescribed by law.

**Fourth Amendment**  
The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

**Fifth Amendment**  
No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a Grand Jury, except in cases arising in the land or naval forces, or in the Militia, when in actual service in time of War or public danger; nor shall any person be subject for the same offence to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness against himself, nor be deprived of life, liberty, or property, without due process of law; nor shall private property be taken for public use, without just compensation.

**Sixth Amendment**  
In all criminal prosecutions, the accused shall enjoy the right

to a speedy and public trial, by an impartial jury of the State and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining witnesses in his favor, and to have the Assistance of Counsel for his defence.

**Seventh Amendment**  
In Suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury, shall be otherwise re-examined in any Court of the United States, than according to the rules of the common law.

**Eighth Amendment**  
Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

**Ninth Amendment**  
The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.

**Tenth Amendment**  
The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.

**Eleventh Amendment**  
The Judicial power of the United States shall not be construed to extend to any suit in law or equity, commenced or prosecuted against one of the United States by Citizens of another State, or by Citizens or Subjects of any Foreign State.

**Twelfth Amendment**  
The Electors shall meet in their respective states, and vote by ballot for President and Vice-President, one of whom, at least, shall not be an inhabitant of the same state with themselves; they shall name in their ballots the person voted for as President, and in distinct ballots the person voted for as Vice-President, and they shall make distinct lists of all persons voted for as President, and of all persons voted for as Vice-President, and of the number of votes for each, which lists they shall sign and certify, and transmit sealed to the seat of the government of the United States, directed to the President of the Senate;--The President of the Senate shall, in the presence of the Senate and House of Representatives, open all the certificates and the votes shall then be counted;--The person having the greatest number of votes for President, shall be the President, if such number be a majority of the whole number of Electors appointed; and if no person have such majority, then from the persons having the highest numbers not exceeding three on the list of those voted for as President, the House of Representatives shall choose immediately, by ballot, the President. But in choosing the President, the votes shall be taken by states, the representation from each state having one vote; a quorum for this purpose shall consist of a member or members from two-thirds of the states, and a majority of all the states shall be necessary to a choice. [And if the House of Representatives shall not choose a President whenever the right of choice shall devolve upon them, before the fourth day of March next following, then the Vice-President shall act as President, as in the case of the death or other constitutional disability of the President.--]The person having the greatest number of votes as Vice-President, shall be the Vice-President, if such number be a majority of the whole number of Electors appointed, and if no person have a majority, then from the two highest numbers on the list, the Senate shall choose the Vice-President; a quorum for the purpose shall consist of two-thirds of the whole number of Senators, and a majority of the whole number shall be necessary to a choice. But no person constitutionally ineligible to the office of President shall be eligible to that of Vice-President of the United States.

**Thirteenth Amendment**  
**Section 1**  
Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist within the United States, or any place subject to their jurisdiction.

**Section 2**  
Congress shall have power to enforce this article by appropriate legislation.

**Fourteenth Amendment**  
**Section 1**  
All persons born or naturalized in the United States, and subject to the jurisdiction thereof, are citizens of the United States and of the State wherein they reside. No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws.

**Section 2**  
Representatives shall be apportioned among the several States according to their respective numbers, counting the whole number of persons in each State, excluding Indians not taxed. But when the right to vote at any election for the choice of electors for President and Vice-President of the United States, Representatives in Congress, the Executive and Judicial officers of a State, or the members of the Legislature thereof, is denied to any of the male inhabitants of such State, being twenty-one years of age, and citizens of the United States, or in any way abridged, except for participation in rebellion, or other crime, the basis of representation therein shall be reduced in the proportion which the number of such male citizens shall bear to the whole number of male citizens twenty-one years of age in such State.

**Section 3**  
No Person shall be a Senator or Representative in Congress, or elector of President and Vice-President, or hold any office, civil or military, under the United States, or under any State, who, having previously taken an oath, as a



member of Congress, or as an officer of the United States, or as a member of any State legislature, or as an executive or judicial officer of any State, to support the Constitution of the United States, shall have engaged in insurrection or rebellion against the same, or given aid or comfort to the enemies thereof. But Congress may by a vote of two-thirds of each House, remove such disability.

#### Section 4

The validity of the public debt of the United States, authorized by law, including debts incurred for payment of pensions and bounties for services in suppressing insurrection or rebellion, shall not be questioned. But neither the United States nor any State shall assume or pay any debt or obligation incurred in aid of insurrection or rebellion against the United States, or any claim for the loss or emancipation of any slave; but all such debts, obligations and claims shall be held illegal and void.

#### Section 5

The Congress shall have the power to enforce, by appropriate legislation, the provisions of this article.

#### Fifteenth Amendment

##### Section 1

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of race, color, or previous condition of servitude—

##### Section 2

The Congress shall have the power to enforce this article by appropriate legislation.

#### Sixteenth Amendment

The Congress shall have power to lay and collect taxes on incomes, from whatever source derived, without apportionment among the several States, and without regard to any census or enumeration.

#### Seventeenth Amendment

The Senate of the United States shall be composed of two Senators from each State, elected by the people thereof, for six years; and each Senator shall have one vote. The electors in each State shall have the qualifications requisite for electors of the most numerous branch of the State legislatures.

When vacancies happen in the representation of any State in the Senate, the executive authority of such State shall issue writs of election to fill such vacancies: Provided, That the legislature of any State may empower the executive thereof to make temporary appointments until the people fill the vacancies by election as the legislature may direct.

This amendment shall not be so construed as to affect the election or term of any Senator chosen before it becomes valid as part of the Constitution.

#### Eighteenth Amendment

##### Section 1

After one year from the ratification of this article the manufacture, sale, or transportation of intoxicating liquors within, the importation thereof into, or the exportation thereof from the United States and all territory subject to the jurisdiction thereof for beverage purposes is hereby prohibited.

##### Section 2

The Congress and the several States shall have concurrent power to enforce this article by appropriate legislation.

##### Section 3

This article shall be inoperative unless it shall have been ratified as an amendment to the Constitution by the legislatures of the several States, as provided in the Constitution, within seven years from the date of the submission hereof to the States by the Congress.

#### Nineteenth Amendment

##### Section 1

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.

##### Section 2

Congress shall have power to enforce this article by appropriate legislation.

#### Twentieth Amendment

##### Section 1

The terms of the President and Vice President shall end at noon on the 20th day of January, and the terms of Senators and Representatives at noon on the 3d day of January, of the years in which such terms would have ended if this article had not been ratified; and the terms of their successors shall then begin.

##### Section 2

The Congress shall assemble at least once in every year, and such meeting shall begin at noon on the 3d day of January, unless they shall by law appoint a different day.

##### Section 3

If, at the time fixed for the beginning of the term of the President, the President elect shall have died, the Vice President elect shall become President. If a President shall not have been chosen before the time fixed for the beginning of his term, or if the President elect shall have failed to qualify, then the Vice President elect shall act as President until a President shall have qualified; and the Congress may by law provide for the case wherein neither a President elect nor a Vice President elect shall have qualified, declaring who shall then act as President, or the manner in which one who is to act shall be selected, and such person shall act accordingly until a President or Vice President shall have qualified.

##### Section 4

The Congress may by law provide for the case of the death of any of the persons from whom the House of Representatives may choose a President whenever the right of choice shall have devolved upon them, and for the case of the death of any of the persons from whom the Senate may choose a Vice President whenever the right of choice shall

have devolved upon them.

#### Section 5

Sections 1 and 2 shall take effect on the 15th day of October following the ratification of this article.

#### Section 6

This article shall be inoperative unless it shall have been ratified as an amendment to the Constitution by the legislatures of three-fourths of the several States within seven years from the date of its submission.

#### Twenty-First Amendment

##### Section 1

The eighteenth article of amendment to the Constitution of the United States is hereby repealed.

##### Section 2

The transportation or importation into any State, Territory, or possession of the United States for delivery or use therein of intoxicating liquors, in violation of the laws thereof, is hereby prohibited.

#### Section 3

This article shall be inoperative unless it shall have been ratified as an amendment to the Constitution by conventions in the several States, as provided in the Constitution, within seven years from the date of the submission hereof to the States by the Congress.

#### Twenty-Second Amendment

##### Section 1

No person shall be elected to the office of the President more than twice, and no person who has held the office of President, or acted as President, for more than two years of a term to which some other person was elected President shall be elected to the office of the President more than once. But this Article shall not apply to any person holding the office of President when this Article was proposed by the Congress, and shall not prevent any person who may be holding the office of President, or acting as President, during the term within which this Article becomes operative from holding the office of President or acting as President during the remainder of such term.

##### Section 2

This Article shall be inoperative unless it shall have been ratified as an amendment to the Constitution by the legislatures of three-fourths of the several States within seven years from the date of its submission to the States by the Congress.

#### Twenty-Third Amendment

##### Section 1

The District constituting the seat of Government of the United States shall appoint in such manner as the Congress may direct:

A number of electors of President and Vice President equal to the whole number of Senators and Representatives in Congress to which the District would be entitled if it were a State, but in no event more than the least populous State; they shall be in addition to those appointed by the States, but they shall be considered, for the purposes of the election of President and Vice President, to be electors appointed by a State; and they shall meet in the District and perform such duties as provided by the twelfth article of amendment.

##### Section 2

The Congress shall have power to enforce this article by appropriate legislation.

#### Twenty-Fourth Amendment

##### Section 1

The right of citizens of the United States to vote in any primary or other election for President or Vice President, for electors for President or Vice President, or for Senator or Representative in Congress, shall not be denied or abridged by the United States or any State by reason of failure to pay any poll tax or other tax.

##### Section 2

The Congress shall have power to enforce this article by appropriate legislation.

#### Twenty-Fifth Amendment

##### Section 1

In case of the removal of the President from office or of his death or resignation, the Vice President shall become President.

##### Section 2

Whenever there is a vacancy in the office of the Vice President, the President shall nominate a Vice President who shall take office upon confirmation by a majority vote of both Houses of Congress.

##### Section 3

Whenever the President transmits to the President pro tempore of the Senate and the Speaker of the House of Representatives his written declaration that he is unable to discharge the powers and duties of his office, and until he transmits to them a written declaration to the contrary, such powers and duties shall be discharged by the Vice President as Acting President.

##### Section 4

Whenever the Vice President and a majority of either the principal officers of the executive departments or of such other body as Congress may by law provide, transmit to the President pro tempore of the Senate and the Speaker of the House of Representatives their written declaration that the President is unable to discharge the powers and duties of his office, the Vice President shall immediately assume the powers and duties of the office as Acting President.

Thereafter, when the President transmits to the President pro tempore of the Senate and the Speaker of the House of Representatives his written declaration that no inability exists, he shall resume the powers and duties of his office unless the Vice President and a majority of either the principal officers of the executive department or of such other body as Congress may by law provide, transmit within four days to the President pro tempore of the Senate and the Speaker

of the House of Representatives their written declaration that the President is unable to discharge the powers and duties of his office. Thereupon Congress shall decide the issue, assembling within forty-eight hours for that purpose if not in session. If the Congress within twenty-one days after receipt of the latter written declaration, or, if Congress is not in session, within twenty-one days after Congress is required to assemble, determines by two-thirds vote of both Houses that the President is unable to discharge the powers and duties of his office, the Vice President shall continue to discharge the same as Acting President; otherwise, the President shall resume the powers and duties of his office.

#### Twenty-Sixth Amendment

##### Section 1

The right of citizens of the United States, who are eighteen years of age or older, to vote shall not be denied or abridged by the United States or by any State on account of age.

##### Section 2

The Congress shall have power to enforce this article by appropriate legislation.

#### Twenty-Seventh Amendment

No law, varying the compensation for the services of the Senators and Representatives, shall take effect, until an election of Representatives shall have intervened.

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##### Legislative Branch

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##### *Twenty-Fourth Amendment*

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##### *Twenty-Fifth Amendment*

Presidential Vacancy and Disability

##### *Twenty-Sixth Amendment*

Reduction of Voting Age

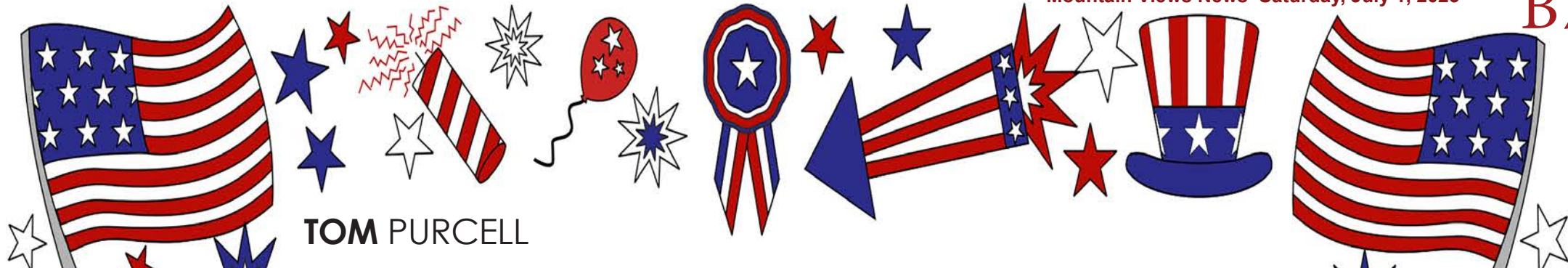
##### *Twenty-Seventh Amendment*

Congressional Compensation

#### *Congress.gov*

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TOM PURCELL



I love the hot dogs and burgers and my mother's delicious potato salad.

Mostly, though, I've always cherished the great gatherings of family and friends that culminate with spectacular fireworks displays

that light up the dark summer sky.

I knew as a kid that on July 4th we were celebrating our many freedoms, which we earned by gaining independence from the British during the Revolutionary War, and which we cemented with the creation of the U.S. Constitution.

As an adult, I know our country was imperfect then, as it is now — that the Declaration of Independence, which spoke so forcefully of individual liberty, was leaving out people who were enslaved.

But I also know that our Constitution got many things right, especially checks and balances to keep each of our three branches of government from getting too powerful, and the Bill of Rights, which guarantees the protection of the basic rights average citizens like me continue to enjoy.

Freedom of speech allows me to write this column and criticize my government when I

think it is overstepping its bounds (hello, \$32 trillion in recklessly borrowed funds).

It's for all of these reasons that I especially enjoy celebrating the Fourth of July.

According to History.com, in 1776 some Americans — fully displaying the raucous American sense of humor — celebrated the birth of independence by holding mock funerals for King George III.

But the first official Fourth of July celebration occurred in Philadelphia in 1777 when Americans fired a cannon 13 times in honor of the original 13 colonies, and also set off 13 fireworks, reports USA Today.

"The Pennsylvania Evening Post reported: 'at night there was a grand exhibition of fireworks (which began and concluded with thirteen rockets) on the Commons, and the city was beautifully illuminated,'" reports History.com.

In Boston, on the very same night, the Sons of Liberty also set off fireworks, so fireworks have been a central part of our July 4th celebrations ever since.

To me, though, the biggest element of the July 4th celebration is how we have so often come together to overcome our greatest challenges.

The 13 colonies had many differences and disagreements as their delegates worked together to establish the Declaration of Independence.

According to USA Today, Barbara Clark Smith, a curator of political history at the National Museum of American History, notes

how extraordinary it was for colonists to common ground.

"They did find a way to put differences aside and join together to work for a common goal," she added. "While declaring independence, they also declared interdependence."

And that is why on July 4, 1776, the Second Continental Congress unanimously approved and adopted the Declaration of Independence.

In that collaborative spirit, I offer an idea.

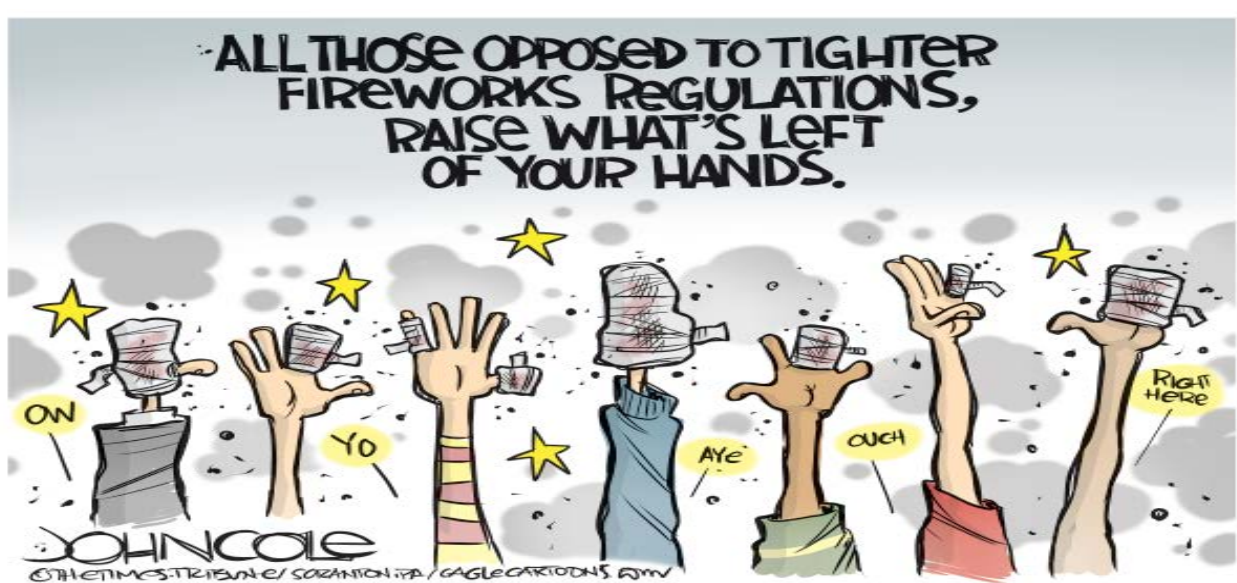
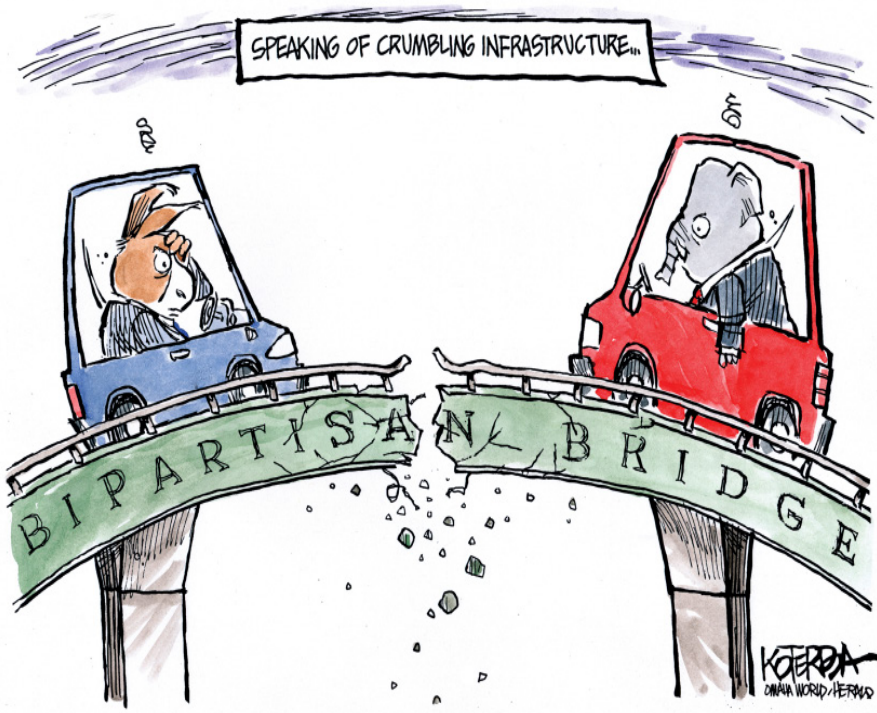
In addition to the hot dogs, burgers and our family's uniquely delicious potato salad, on this July 4th why don't we engage in a civil discussion with friends and family members with whom we may disagree?

Why don't we try a special exercise in which we identify some of the basic things we agree on?

I'm betting that as we clarify our thinking in a civil manner, we'll discover we agree far more than we disagree.

Follow this approach and the only fireworks that will go off during your July 4th gathering will be the ones that illuminate the night sky!

Purcell, creator of the infotainment site *ThurbersTail.com*, which features pet advice he's learning from his beloved Labrador, *Thurber*, is a Pittsburgh Tribune-Review humor columnist. Email him at [Tom@TomPurcell.com](mailto:Tom@TomPurcell.com).





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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN



PUT THE LIGHTS ON INTELLIGENCE

I don't think I ever believed in God, but I did believe in intelligence; or what I thought was intelligence. After all, it was, and still is for me, pretty impossible to see God; but I could see "intelligence". It was that stuff that was contained in books and for as long as I can remember I spent most of my time reading books. I'm afraid that I was so naive that I never thought about who wrote the books. I just assumed that if it was written in a book it had to be true. Lately, I have come to realize that my belief in the ultimate power contained in the written word was absolutely crazy and unfounded.

Still today I meet people who believe that teachings by some person or group of persons are so vital that all one need do is to believe. Have faith and one will have ever-lasting life in a place called Heaven. I don't mean to offend anyone and best of luck; but it all seems very unlikely to me. Why would anyone believe anything so unlikely? Of course the explanation is that from their infancy many people were infused with this belief by the very people that they trusted, their parents who at first, we all believed knew everything. For me leading life was a day to day struggle and one was sustained by loving and caring for those around you and not upsetting them.

So that is how I lived my life, never even looking at the Bible which I was sure had been created by people pretending that they had received the information from some infallible non-human source. As I got older I read about "creation myths" in books and came to believe that all cultures had their own myths and these myths functioned to control people and made it possible to face the certainty of individual death without thinking about it too much. Our particular culture is a consumer capitalist culture. We are all influenced to strive for wealth and glory and to distract ourselves with all sorts of things that we have been taught to believe will make us safe or admired or something. Everyone seems to be very busy not wanting to be a loser and yet there seems to be an epidemic of depression and despair connected with alcohol and drug abuse, prescription or not, and it all seems very regrettable.

Lately, I have been consumed with the idea of knowing myself better. In conjunction with that search I recently read Leo Tolstoy's The Death of Ivan Ilyich. If you have not read that little novella I recommend that you do not. The novella was the first fictional published work by Tolstoy after his religious crisis and conversion. Although written in 1851, the novella paints a frightening, familiar picture of a culture obsessed with status seeking only admiration from others and continually distracting itself with meaningless tasks. People busy themselves with piano playing, card games, and preparation for parties. Even a friend's death is of little interest because what is most important is chances for personal advancement. It is all very familiar and underneath it all is the fear of death which everyone tries to ignore. I guess Tolstoy's point is his inability to find an acceptable meaning of life in the face of ultimate certain death. He hints that if one is not burdened by status and position it might be possible to genuinely care for another human being or something beyond oneself. I have come to believe that the answer is not contained in books, which after all are just the construction of humans in written form. I do not think that Artificial Intelligence can provide the answer as it too is a creation of Man not free of his foibles. I have come to believe that the Search for Meaning can only be found by discovery within each individual. I think that is the only true intelligence but I am still searching around.

On a lighter note... HAPPY 4TH OF JULY and be sure to enjoy the Parade!

DINAH CHONG WATKINS



CLOSE ENCOUNTERS OF THE WRONG KIND

TAKE-OUT

I opened my mailbox and pulled out the flyer - Chung King Express. Standing there in the noon day sun memories flooded back to the days when I'd go door-to-door, stuffing mailboxes with Chinese take-out menus. This being Canada, I had no worries about being shot at - only the occasional crazed, jagged-tooth mutt and cranky seniors on their upholstered rocking chairs yelling at me from their porch,

"Hey kid! Don't put that dang thing in my mailbox, come up and give it here, you think I want to walk all the way to the curb just to throw it out later huh? And grab the other stuff in my mailbox while you're at it."

Inevitably, I'd give them their mail and the menu while they'd huff,

"And get offa my property!"

But usually not before asking,

"Hey, can I get a senior's discount?"

From a rube who couldn't crack an egg, to the Number 1 wonton wrapper, that summer working at Hoy's Chinese Restaurant taught me more than the shortcuts to Sweet & Sour sauce - by the way, it's Strawberry Jello-O.

Hoy's wasn't just a Mom and Pop shop. Like many small businesses, it was the whole clan. Spouses, siblings, cousins, grandparents, in-laws and any children that had grown out of the Pampers Pull-Up stage.

The restaurant was in what you'd call a one horse town, not one traffic light, a two pump gas station/grocery store and Hoy's was the only diner within 20 miles. By default, it was also the community center, like the tv sitcom Cheers with beer and a side of Beef with Broccoli. I manned the phone at rush hour and got to know the regulars by their orders. The Candells had their Combos A34, B22 and C6, no peppers and extra hot mustard packets, the Wokowizes were egg rolls, Moo Shu Pork, Honey Walnut Shrimp and big tippers - everyone fought over their delivery. And then there was Roger, ah Roger - always with the Family Combo, heavy on the garlic chili sauce and a single pair of chopsticks.

The owner Hoy tinkered with the menu to better appeal to the palate of rural homesteaders of the 80's. Somewhere, somehow, maybe it was a tip from his fifth cousin in that big city Windsor, Hoy offered up General Tso's Chicken. It was an instant hit with the customers. Hoy then discovered the fast food corporation mantra "Deep fry it and they'll buy it." Next up, the infamous Cream Cheese Wonton, a complete mystery meat to the canon of Chinese cuisine, but a bestseller at \$4.99 a quarter dozen.

During the slower work hours, our underage and underpaid teenage crew argued the origins of the X-men and General Tso who by the mere translation of his name was proof that he didn't come from the motherland but the island offshoot Taiwan. The political ramifications of the USA's recent recognition of China as the only legal government would have provided us with hours of heated discussion with the daily newspaper, radio commentary and Volumes II and VII of the Encyclopedia Britannica to reference from, but shift after shift, why or why not Spider-Man could beat Batman won out.

What did I learn that summer? That working in a restaurant is backbreaking (tip well, for Canadians 10% is considered extremely generous), solid friendships are made in the wok-searing heat of the kitchen, and fortune cookies, like General Tso never came from China.

Dinah Chong Watkins column appears every 1st and 3rd Saturday of the month.

RICH JOHNSON



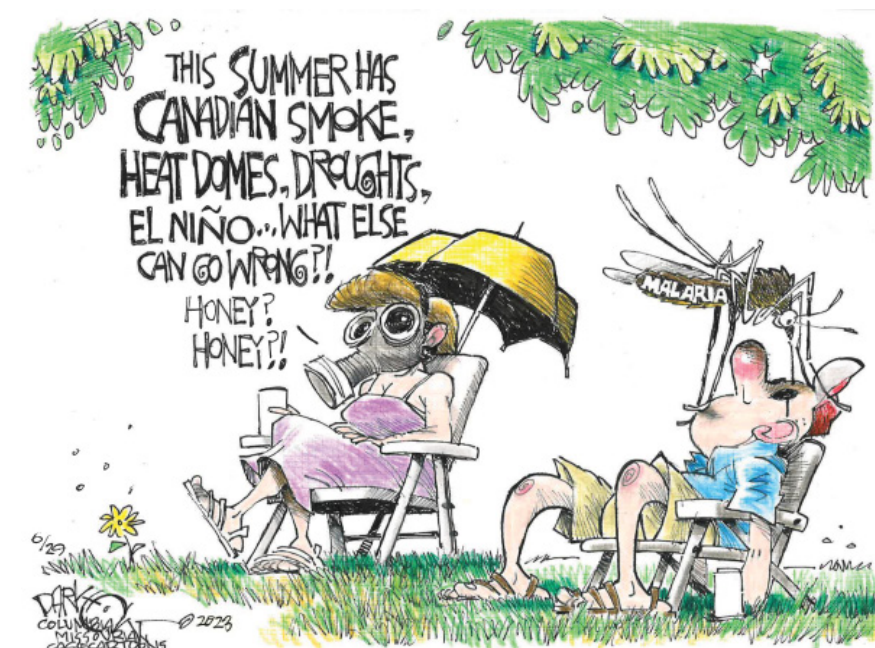
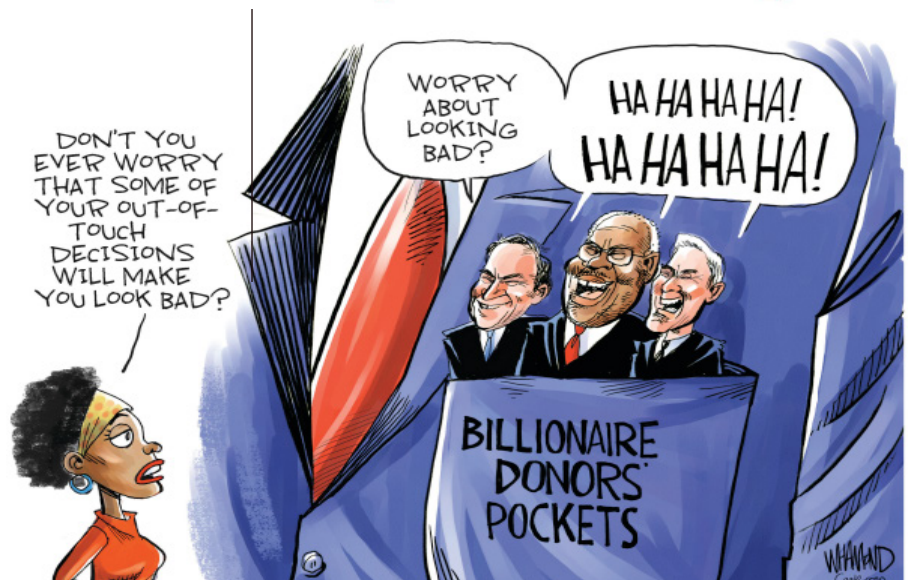
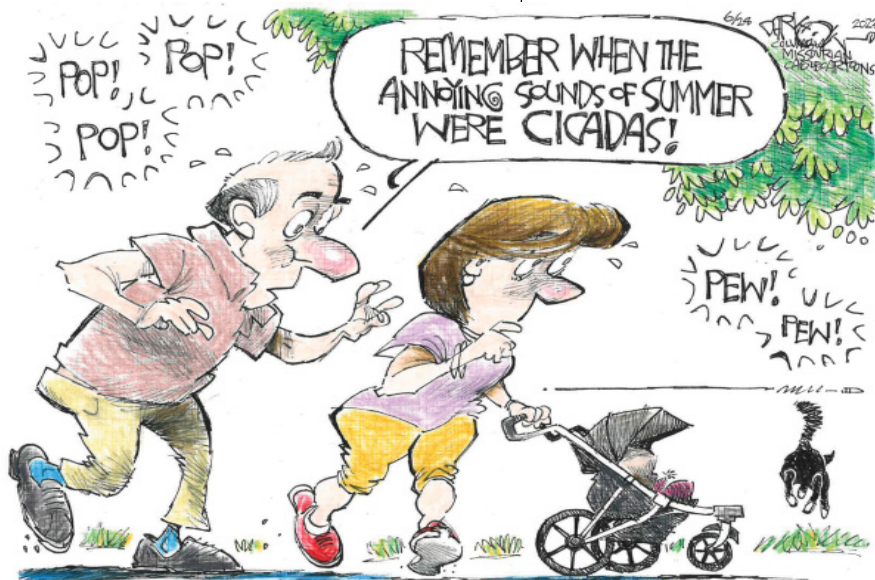
NOW THAT'S RICH AMERICANA

How much do we actually know about America? The United States in particular. Let's take a closer peek.

- 1. Question: Who designed the current U.S. flag? Answer: It was 1958 when a 17-year old Ohio high school student, Bobby Heft was instructed to design a U.S. flag as his class project. I remind you there were only 48 states at the time. Bobby had a hunch Hawaii and Alaska would soon be states so he designed a flag with 50 stars. His teacher gave him a "B-" on the project because of the "error". Young Mr. Heft submitted his design to the White House along with 1499 artists. Well, wouldn't you know it, Bobby won and received a personal call from some guy named Dwight D. Eisenhower. The President personally told Bobby his rendering was going to be the new official U.S. flag. His teacher upgraded his grade from a "B-" to an "A". Way to go Bobby!
- 2. What is the official language of the United States? Answer: Are you ready? WE DON'T HAVE ONE! (Kids, work it out right and you could make \$5 betting with mom or dad.)
- 3. What's the name of the guy who spent more time in space than any other American? Answer: Tricked you! It's not a guy! Her name is Peggy Whitson, a NASA Biochemist astronaut from a farm in Iowa. She had to stop because she hit her "radiation" limit. (I wonder if she glows in the dark.) She applied 10 times before being selected. Pssst, she was also the first woman to command the International Space Station.
- 4. Who was the first "First Lady" to hold her own press conference? Answer: Probably no surprise, it was Eleanor Roosevelt, FDR's wife. What's more only female reporters were invited to attend.
- 5. What country's constitution did our forefathers model our constitution? Answer: No, Ben and company didn't think it up all by themselves. Are you ready? The founding fathers modeled our constitution after the constitution of the Iroquois confederacy of Native American tribes.
- 6. What was the first movie made in Hollywood? Answer: You may be tempted to say 1910 when a short film called "In Old California" was filmed in Hollywood. I can give you half points. The first epic Hollywood film, The Count of Monte Cristo, began filming in Chicago and was finished in Hollywood in 1908. Directed by Francis Boggs and starring that film icon Hobart Bosworth.
- 7. Which state's name is misspelled on the Liberty Bell? Answer: Pennsylvania, or Pennsylvania. By the way, if you hit the Liberty Bell with a hammer the note you will hear is Eb. Who knows when information like that will come in handy?

Speaking of mind jarring sounds, JJ Jukebox is back at Nano Café, Saturday night, July 22. 6:30 - 9:30. If you like good food, fun rock and roll, a full bar and dancing, come join us. Nano Café is at 322 W. Sierra Madre Blvd. Phone number is (626) 325-3334. Would love to see you there!!

Happy Fourth!

















# SIERRA MADRE

## Mark Your Calendars!

### Sunday, July 2nd Family Movie in the Park

7:45 pm

Grab your lawn chairs & blankets to join your community neighbors in Memorial Park for a **Guardians of the Galaxy Vol. 1**

MEMORIAL PARK!

### Monday, July 3rd Madre Community Picnic

5:00 - 10:30 pm

Friends of Heasley Field Beer Garden (benefiting the Heasley Light Fund)

6:30 - 9:00 pm

Live Music with Groovy Lemon Pie

8:00 pm

Bubble Wrap Fireworks

Food Trucks \* Kids Activities \* Non-Profit Booths  
SMLL Dunk Tank \* Civic Club Confetti Eggs

MEMORIAL PARK!

## July 4th 2023

7:00 am

Sierra Madre Community Foundation 5K Fun Run

8:00 a.m.

Woman's Club Pre-Parade Community Open House w/ Continental breakfast & Live Music by the Wabash Wailers - 550 West Sierra Madre Blvd.

10:00 a.m.

Independence Day Parade Presented by the Kensington & Traveling from Sunnyside Ave along Sierra Madre BLVD.

MORE INFO!



★ David Howard ★ Calleton Family ★