

# Mountain Views News

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SATURDAY, AUGUST 12, 2023

VOLUME 17 NO. 32



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## SIERRA MADRE PLAYHOUSE HONORED AT 2023 CONGRESSIONAL LEADERSHIP AWARDS CEREMONY

Rep. Judy Chu (CA-28) recently commended the Sierra Madre Playhouse as a leading "Non-Profit of the Year" in the San Gabriel Valley, as community leaders gathered at 2023 Congressional Leadership of the Year Awards. This event recognizes the diverse leadership and volunteerism in the cities making up California's 28th Congressional District. Each of the honorees were selected from nominations submitted by members of their community.

Other community groups honored included The Claremont Forum, Foothills Community Scholarship Foundation of La Canada Flintridge, and Friends in Deed.

Community leaders honored included Abel Ramirez, Dianne Lewis, Tin Tran, Nicholas Quach and Shirley Virginia Kelley Bellemeur.

"The selected groups and individuals received this honor because of the remarkable, commendable work they have accomplished in their field," said Rep. Chu. "The honorees are leaders who have stood out because of their drive and commitment to support our communities, help vulnerable populations, and carry us through difficult times. They are heroes that inspire us all."

The Sierra Madre Playhouse is in its 99th year. Beginning as a cinema during the silent film era, the Playhouse is now a cherished dramatic arts venue with a remarkable legacy of high-quality productions. The Sierra Madre Playhouse stands out as a non-profit civic organization with enduring significance in the arts community. Surviving a challenging two-year pandemic closure, the Playhouse has re-emerged with renewed vigor, presenting a diverse and ambitious performance calendar.

Among its recent achievements, the Playhouse partnered with the Pasadena Unified School District (PUSD) to provide an enriching experience for 800 sixth graders through performances of Lauren Gunderson's acclaimed drama "Silent Sky". The Playhouse's pursuit of excellence continues to exceed expectations, resonating with audiences from all walks of life.

The Sierra Madre Playhouse uplifts, educates and inspires through the performing arts. It is located at 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. For more information about its upcoming programs, go to <http://sierramadreplayhouse.org> or call (626) 355-4318.



Sierra Madre Playhouse board members Paul Scranton and Eileen Walker flank Rep. Judy Chu.

## SIERRA MADRE COMMUNITY FOUNDATION ANNOUNCES GRANTS

The Sierra Madre Community Foundation recently awarded the following two grants to local organizations:

- The Sierra Madre Public Library received a grant for its Walk This Way Adventure in Memorial Park. The beloved program provides a unique and engaging experience for the entire community, including young families, seniors, and children of all ages. The success and longevity of the program have brought about the need to replace the hardware components, including the metal frames, sandwich boards and plastic page covers, all of which were originally donated in 2020.

- Sierra Madre Search & Rescue received a grant to help modernize its mobile command infrastructure and rescue operations. This grant will be used to purchase satellite messenger services and search mapping software to enable Search & Rescue to manage searches more effectively. The services and software will help the teams find missing hikers faster and better ensure the safety of the rescue teams by providing live tracking of crew locations and allowing for secure text messaging.

"So far this year, we have provided grants totaling more than \$11,000," said Vicky Ryan, co-chair of the Sierra Madre Community Foundation. "Thanks to the generosity of our residents, we're well-positioned to provide a deeper level of support to local community organizations, events and programs."

In addition to soliciting donations to support and enhance the community, the Sierra Madre Community Foundation assists other local community groups in the collection and distribution of their funds that enable ongoing program support and continued operations.

Learn more at [sierramadrefoundation.org](http://sierramadrefoundation.org).



## INSIDE THIS WEEK

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**Are you ready to enter the Summer Housing Market?**

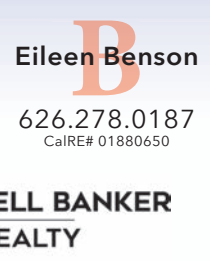
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"I was a witness to a shooting, a gunshot victim at the Mall, and a store owner being robbed, all in one day...."

## SIERRA MADRE POLICE DEPARTMENT SPONSORS AN ACTIVE SHOOTER TRAINING



I was a witness to a shooting, a gunshot victim at the Mall, and a store owner being robbed, all in one day from 11:00 a.m. to 3:30 p.m. as I volunteered for an Active Shooter Class exercise. In July, the Sierra Madre Police Department coordinated a three-day "Active Shooters Class", with a total of 37 students from different law enforcement agencies across California including local PDs, FBI, LAPD, LASD, and Riverside County Sheriff's and Dept. of Homeland Security. The class, which was run by an LSU-trained team, was conducted over three days with the last day of practical training of simulated situations at the Sierra Madre Middle School site. The team from LSU goes across the country to conduct their very specialized training.

On the third day, Wednesday, July 19th, volunteers gathered to participate in the final "shooter" drills. We were fully briefed by the coordinator of the LSU team. Following our briefing and with safety as the number one priority, both volunteers and the class members were checked to make sure no one accidentally carried a real weapon. One team member asked if I had a gun in my purse. I said, "No, do you want to look?" He said he trusted me. The 12 of us learned that the class would be divided into teams which would be given a scenario of an active shooter and to respond accordingly. There would be loud noises of guns going off, (blanks of course) and we were all issued earplugs. We were told to respond to the situation as if we were in an actual event, including shouting, crying, etc. The volunteers were divided up into two teams with one team simulating classroom situations, the other group played out various situations such as a store robbery, a mall shooting, and a revenge shooting.



My team was taken to a classroom that was a stand-in for a small shop for the first exercise. This is where the fun began. I was the store owner who was pleading for help as my "husband" was shot in the arm during an attempted robbery. Others in my group were the shooter, an undercover officer, and a witness. Gunfire went off and we heard a team of officers running up the stairs and then saw them at the door, guns

drawn. What happened after that depended on the actions of each team of officers. Each group was different, but by and large, all handled the situation well with only a few mistakes. By mistakes I mean one time a volunteer was shot even though she identified herself as undercover and showed her badge, another team shot the witness as he ran out the door. A couple of the groups forgot to search the area to see if there were any other shooters in the room.

Another group of volunteers was in a classroom setting. The volunteers acted as a shooter, students, hostages, and witnesses. One scenario was a person with a gun, who shot someone and was holding several students as hostages. The shooter was in the room and threatening those in the room. The officers reacted with the shooter, ultimately shooting him, then made sure everyone in the room was safe. Then person who was shot was attended to, and the hostages were freed from the room.

In another scenario, the shooter was exiting the room with a gun in hand and threatening the students in the room. He was taken down by the responding officer team.

In both scenarios, there was a bomb planted in the room. Most of the teams responding found and disarmed the bomb. One student team member tripped over the bomb. (oops) When he realized this, he immediately evacuated the room.

Following each event, the student officer group met with a trainer and went over the event emphasizing what they did right, and what they did wrong. I'm sure that the mistakes made at Sierra Madre Middle School will not be made again should an officer encounter an active shooting in a real situation. As the saying goes, one learns from one's mistakes.

The afternoon spent by the volunteers and by the student officers themselves was an enriching and valuable lesson. As volunteers, we can better understand the whys and hows of the actions taken by our valuable law enforcement members. As officers, of course, they can be confident that they will be able to handle a shooter situation with safety for themselves, witnesses, and victims.

Thank you to the Sierra Madre Police Department for hosting this valuable training, and for allowing members of Sierra Madre CERT and citizens of Sierra Madre for this eye-opening experience. CERT Members who participated were: De Alcorn, Pat Alcorn, Shurovi Masud, Daniel Brownell, Melanie Baker's Granddaughter Grace, Linda Denmark, Iraiz Carson, Wes Carson, and David Haggie. Community members included Todd Conrad, Geoff Woods, and Craig Kuhlman.

-Pat Alcorn, Sierra Madre Resident/CERT Member

*Editor's Note: Charles Kamchamnan, SMPD Acting Lieutenant coordinated this 3 day training in the department's ongoing effort to keep our community safe and well informed in the event the unthinkable ever happens. The workshop was conducted by LSU's NCBRT/ACE, a nationally recognized center for emergency preparedness and response training located at Louisiana State University's flagship campus in Baton Rouge, Louisiana. They provide mobile training to both the national and international emergency response community. Together with our stakeholders, we challenge ourselves each day to influence human safety, security, and resilience in a positive manner. Photos courtesy L. Shaw, SMPD*

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SIERRA MADRE POLICE DEPARTMENT WEEKLY ACTIVITY REPORT July 30th – August 5th, 2023

	Calls for Service	Formal Investigations
July 30 <sup>th</sup> to August 5 <sup>th</sup> 2023	239	17
Total Year to Date for 2023	5,002	354

The following represents a summary report of some of the major incidents handled by the Sierra Madre Police Department during this period. This list is not intended to be considered exclusive or all-inclusive.

Sunday, July 30  
Trespassing At approximately 2 PM, officers responded to the 600 block of E. Grandview Ave. for reports of a trespassing. Upon further investigation, officers discovered that an unknown female suspect was seen on surveillance footage inside of the residence. The Detectives Bureau is following up on this incident.

Monday, July 31  
Public Intoxication At approximately 10 PM, officers conducted a welfare check on a pedestrian who appeared to be intoxicated in the area of Lima St. and Sierra Madre Blvd. Upon further investigation, it was decided that the subject was intoxicated, and was unable to care for himself. The subject was cited and booked at Pasadena Jail.

Thursday, August 3  
Theft At approximately 11 AM, officers responded to the 90 block of N. Hermosa Ave. for reports of a theft. Upon further investigation, officers discovered that an unknown suspect took various items from the victims unlocked vehicle. The Detectives Bureau is following up on this incident.

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# SIERRA MADRE

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## ALYCE ROHRER, A WWII PILOT AND SIERRA MADRE GEM

By Kellie Strubinski

The Sierra Madre Rotary Club held their weekly meeting at the British Home in Sierra Madre on July 25th. The speaker was Alyce Stevens Rohrer, a 101 year old resident and WWII pilot.



Alyce shared her inspirational life story and her experience as a Woman Airforce Service Pilot (WASP) during WWII. She was born in 1922 and wanted to fly from the time she was a young girl. After high school instead of attending college, she followed her passion and got a job as a typist to pay for her flying lessons.

Due to a shortage of qualified pilots during WWII, the WASP program was created by the US Military. Women pilots were trained and used to assist in testing planes, ferrying planes and providing shuttle services to non-flying personnel. At 18 years of age, Alyce applied to the WASP program and was accepted. The program was stationed in a small town, Sweetwater, Texas. She learned to dive, roll and twirl planes as a test pilot. She became a highly valued and re-spected pilot asked to shuttle high level personnel to different destinations in the US.

All of the women in the program were considered civilians during their service. When they were recruited, they were told they would be militarized. After the war was over the women were sent home. It was not until 1975 that the women were recognized as military personnel. In 2010 they were honored in Washington D.C. with the Congressional Medal of Honor.

Alyce said that all of the women that were in the program were hard working, dedicated and very proud of their accomplishments and skills. All of the female pilots went on to have very successful careers following WWII.

A bronze statue was made in their honor and stands eight feet tall in Sweetwater, Texas. The statue is of a woman pilot standing proud in her aviator suit and helmet with her eyes to the sky. The inscription reads "We live in the wind and the sand and our eyes are on the stars".

If you would like to know more details about Alyce and her experience with the WASP program, please read her book "Girls of Avenger" which can be purchased on Amazon. In 2024, a documentary about the WASP program will be released by Red Door Films. For more information about the British Home please visit <https://britishhome-ca.us/>.

For information about Sierra Madre Rotary's Club slate of fascinating speakers, please visit us at <https://www.sierramadrerotary.org> or join us as a guest at one of our weekly meetings.

## WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"Without ice cream, there would be darkness and chaos." Don Kardong

"Sometimes the bravest and most important thing you can do is show up." Brene Brown

"A feeling of progress is an exhilarating high. The actual length of the stride forward isn't the point. That it's forward at all - that's a gift wrapped in the shiny paper of hope."



The best news I can pass along is that school is finally starting after a summer that seemed to be longer than the school year. Emily went back last Monday and Jessie starts tomorrow. Sierra Madre schools start in a few more days and several friends are so ready. One dear woman with a nine-year-old boy confided in me, "I'm trying to enjoy every day and remind myself that it is a blessing to be home with my boy...even though at times I want to lock him in his room."

I asked my son, who lives in Huntington Beach, when his boys start school and it's not till Sep-tember 7th. Another whole month? "Yep," was all he had to say.

Actually, back in the olden days when I went to school and probably a lot of you did, too, school got out in June and you went back after Labor Day. Now they're out at the beginning of May and, for Emily, she will now have a four-day week! No more Friday school. Why, you might ask? Teacher shortage, friends and neighbors. Offering a four-day teaching week is bringing back enough teachers to fill the need.

A few thoughts for the start of school:

- "Respect your parents...they passed school without Google."
- "School is a building which has four walls with tomorrow inside." Lon Watters
- "If you think your teachers are tough, wait 'til you get a boss." Bill Gates
- "I like a teacher who gives you something to take home to think about besides homework." Lily Tomlin
- "A sense of curiosity is nature's original school of education." Smiley Blanton
- "School is the easiest job you'll ever have." Marty Klazmer

Yes, there is already dancing in the streets and celebratory lunches featuring a margarita or two among moms whose children are now back in the classroom with a new backpack and about \$500.00 worth of school supplies, which will be speedily lost.

As I was mentally reminiscing about my own school days, this dear old song, written in 1907 by Will D. Cobb and Gus Edwards popped into my mind:

"School days, school days  
 Dear old Golden Rule days  
 Reading and 'riting and 'rithmetic  
 Taught to the tune of the hick'ry stick  
 You were my queen in calico  
 I was your bashful, barefoot beau  
 And you wrote on my slate, "I Love You, Joe"  
 When we were a couple o' kids."

This part of "Back to School Again" from the 1978 movie, "Grease," is a little more up to date:

"You gotta go back, back, back to school again  
 It's bye bye fun, get your homework done, and better be in by ten  
 I gotta go back, back back to school again  
 Whoa whoa, I gotta go... Back to School.... Again!

Geometry and History it's just a pain  
 Biology and Chemistry destroys my brain  
 don't they know that I deserve a better fate  
 I'm really much too young to matriculate

I gotta go back, back, back to school again  
 You won't find me, till the clock strikes three  
 I'm gonna be there till then  
 I gotta go back, back, back to school again...  
 Whoa whoa, I gotta go.... Back to School.... Again!"

"The job of an educator is to teach students to see the vitality in themselves." — Joseph Campbell

We hope and pray as we send our children off in their new shoes and, hopefully, the right up-to-the-second fashion statements that that is what will happen for them in school; that they will learn to love learning. That reading will become a necessity, like breathing. That the teachers will recog-nize their potential and all their classmates will be kind people. The picture today was taken in the office at school a couple of years ago and is the best advice ever for students.

"You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives."  
Clay P. Bedford

My book page: Amazon.com: Deanne Davis  
There are treasures there! Trust me!

### Letter To The Editor:

## A PLEA TO SIERRA MADRE RESIDENTS: PLEASE STOP FEEDING THE BEARS!

My husband and I came home around 11:00pm Friday night. As we pulled into our driveway (two blocks below Sierra Madre Boulevard), we encountered a huge bear. The bear's ancestors were problem bears at Yosemite National Park that were unwisely banished to our mountains. They are not native to the area!



My husband and I frequently walk behind City Hall and Memorial Park. We are regularly seeing torn up bread, and today pieces of salmon, on the ground that is obviously placed to encourage wildlife. This picture was taken approximately a half hour ago, and you can see it is at the exit to the parking lot at the rear of City Hall and the Police Department. We reported the problem to the Police Department and the City.

Someone is intentionally feeding the bears!!!  
Sierra Madre Resident Walking Residents

Besides the obvious, here is a very good reason why NOT to feed the bears:

Nearly everyone has heard the timeless warning, "Do not feed the bears!" You may be wondering, "What's the big deal?" Well, it is a big deal, and we want to let you in on the three big reasons you should not feed bears.

Bears hunt for and eat many kinds of wild berries, honey, nuts, and a variety of plants. Eighty-five percent of a bear's diet is vegetation. The remaining fifteen percent of their food intake consists of fish, bees, insects, and other small animals. However, a bear enjoys the mouthwatering taste of our food as much as we do. Once a black bear gets a taste of human food, it wants more. They have a keen sense of smell and the aroma brings them running. Unlike people, they relish eating out of a garbage can, from an abandoned picnic table, or anywhere food is left in the open.

Yes, in Sierra Madre we have a challenge in dealing with bears who are coming deeper and deeper into town. A lot of positive steps have been taken to deal with the situation which are in the best interest of both communities, the humans and the bears. Let's not make matters worse by encouraging them to look for food in our neighborhoods. - MVNews

### City of Sierra Madre

#### PUBLIC HEARING NOTICE

From: The City of Sierra Madre  
Subject: HISTORIC LANDMARK DESIGNATION  
Applicant: City of Sierra Madre

Project Location: 165 East Mira Monte Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider a request to designate a City owned property known as Lizzies Trail Inn, located at 165 East Mira Monte Avenue, as a Historic Landmark in the City's Register of Historic Resources. Lizzies Trail Inn is operated as a museum and is associated with early settlement, residential development, and early recreational trail expedition on the Mount Wilson Trail, and is significant for local designation under Criterion A - Historic. Pursuant to Sierra Madre Municipal Code Section 17.82.050, a property may be designated a historic landmark if it meets prescribed historic or architectural criteria.

At the meeting of August 3, 2023, the Planning Commission conducted a public hearing and recommended to the City Council approval of the landmark designation.

DATE AND TIME OF HEARING  
City Council Meeting, Tuesday, August 22, 2023  
(Hearing begins at 5:30 p.m.)  
232 W. Sierra Madre Blvd., Sierra Madre, CA 91024

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The request for designation qualifies for a Categorical Exemption, pursuant to Sections 15301 and 15331 of the California Environmental Quality Act (CEQA) as it involves no expansion of an existing structure and pertains to preservation of a historic resource, and complies with the California Code of Regulations (CCR) Section 15064.5 (a)(2) (Included in local Register of Historic Resources).

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

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6-Day Forecast Sierra Madre, Ca.

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Mon	Sunny	Hi	90s	Lows	60s
Tues	Sunny	Hi	90s	Lows	60s
Wed	Sunny	Hi	90s	Lows	60s
Thur	Sunny	Hi	80s	Lows	60s
Fri	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

### SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

August 22, 2023 5:30pm

#### THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to [PublicComment@CityofSierraMadre.com](mailto:PublicComment@CityofSierraMadre.com) by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at [foothillsmedia.org/sierramadre](http://foothillsmedia.org/sierramadre) and broadcast on Government Access Channel 3 (Spectrum)..



This week at the  
Sierra Madre  
Public Library

August 16, 5:30 PM

#### Library Renovation Update

Learn about the direction of the Library Meaningful Improvement Renovation Project from TSK Architects. Join us on Wednesday, August 16 at 5:30pm in the City Hall Council Chambers located at 232 W Sierra Madre Blvd. Get a glimpse at the preliminary renovated design and provide feedback.



Regular programming will be napping for the month of August and will resume in September.

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*Porgy and Bess* by George Gerswhin

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**1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events**

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

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## Boxing Returns to Pasadena City Hall



The City of Pasadena Parks, Recreation and Community Services Department will host its 8th Annual Centennial Square Boxing Show event in front of City Hall, 100 N. Garfield Ave., on Friday, Aug. 25, from 7-10 p.m. This free, family-friendly event features 12 bouts of action-packed, Olympic-style boxing, with both male and female competitors ages eight and older. Boxing promotes physical and mental discipline, strength and well-being, and is often a good fit for youth.

The evening kicks off with the national anthem and a color guard presentation from Pasadena's 2nd Battalion, 23rd Marine Regiment. Attendees will also enjoy DJ music, classic cars on display, and food for purchase.

For more information about the Parks, Recreation and Community Services Department and its programs, visit [CityOfPasadena.net/Parks-And-Rec](http://CityOfPasadena.net/Parks-And-Rec) or call (626) 744-6530.

## The Pasadena Senior Center Free Summer Concert Series



**Dad's Band Plus One** on Mondays from Aug. 14 to Sept. 4, The Pasadena Senior Center center will be transformed into a live music venue where everyone will enjoy a variety of styles. Aug. 14 on the shady, tree-lined patio: Dad's Band Plus One (New Orleans jazz). Aug. 21 on the patio: JazzZone (classic jazz, funk and R&B). Aug. 28 on the patio: Susie Hansen Latin Band (Salsa Rhythms). Sept. 4 in the Scott Pavilion: Labor Day concert by The Great American Swing Band (Big Band). Each concert date will feature two sets by the same musical group – one at 5 p.m. and another at 6 p.m. Come for one or stay for both! Bring your own snacks, beverages and/or picnic dinner. Registration is not required for the concert series. For more information, visit: [pasadenaseniorecenter.org](http://pasadenaseniorecenter.org) or call 626-795-4331.



## City to Hold Colorado Bridge Virtual Meeting

Six years after the installation of 10-foot high fencing along the Colorado Street Bridge as a temporary measure of dissuasion for suicide attempts off the structure, the Pasadena Public Works Department is set to hold another virtual presentation of new vertical barrier concepts in development. Little other information was given, the meeting is set for Tuesday, Aug. 29 from 6 p.m.-7:30 p.m.

In June 2017, the City of Pasadena began installation of 10-foot high fencing along the Colorado Street Bridge, which remains in place today as a temporary measure of dissuasion for suicide attempts off the bridge.

According to staff, "the city is seeking a permanent and responsibly-designed enhancement to the bridge

railing to serve as an effective deterrent while preserving the national historic character and significance of the bridge. The vision of the city is to allow the community to experience and enjoy the Colorado Street Bridge and the Arroyo as a safe and beautiful environment now and in the future."

Over the past years, the city's Public Works Department, along with architect, Donald MacDonald Architects have engaged the public in developing barrier design options, taking into consideration the feedback and advisement of the city's Historic Preservation Commission, the Design Commission and the Public Safety Committee.

Last year, at the directive of the Public Safety Committee, the Public Works Department hired a contractor and installed full-

scale mock-up panels of the top three preferred vertical barrier design concepts with two mesh options. Although the mock-up panels were removed in February, the public can review the full-scale barrier mock-ups and mesh options online at: [cityofpasadena.net/public-works](http://cityofpasadena.net/public-works).

According to staff, all recommendations will be taken to the City Council for their approval of a single design as the preferred barrier enhancement for the Colorado Street Bridge. For additional information on upcoming meeting dates and times, visit: [cityofpasadena.net](http://cityofpasadena.net) (search Colorado Street Bridge).

*Pictured Mock-up panels being installed photo by D.Lee/ MVNews*

## Pasadena Rental Housing Board Enforcing Compliance

City officials reminded renters Tuesday that The Pasadena Rental Housing Board ("Rent Board") held its inaugural meeting in May and has officially commenced operations. The Rent Board's primary focus is to implement and enforce compliance with the Pasadena Fair and Equitable Housing Charter Amendment (Pasadena City Charter, Article XVIII). The Pasadena Fair and Equitable Housing Charter Amendment, commonly known as Measure H, was approved by voters in the General Election and came into effect late last year. This significant amendment has provided a comprehensive set of protections for tenants residing in qualified properties.

Under the Measure H provisions, new protections and policies include: New "Base Rent" Determination: For tenancies commencing on or before May 17, 2021, the new base rent is the rent in effect on that date. For tenancies commencing after May 17, 2021, it is the rental rate paid by the tenant upon initial occupancy. Limited Rent Increases: Rent increases are now limited to once every 12 months and capped at no more than 75 percent inflation. Currently, the maximum lawful rent increase until September 30, stands at 6 percent.

Just Cause Eviction Protections: Tenants now enjoy enhanced safeguards against unjust evictions, ensuring security and stability in their housing.

The Rental Housing Board wants to emphasize the importance of immediate compliance with the Pasadena Fair and Equitable Housing Charter Amendment and encourages landlords to accurately apply the rent

rollback to qualified tenants' new base rent, diligently adhere to the allowable annual general adjustment for rent increases, cease all evictions without just cause, and provide accurate notice as stipulated by the Pasadena Fair and Affordable Housing Charter Amendment. Doing so ensures that the rights and protections outlined in the amendment are upheld, fostering a fair and equitable housing environment.

The Rent Board has the authority to impose fines and penalties on non-compliant landlords under the Pasadena Fair and Affordable Housing Charter Amendment. However, the board remains optimistic that instances of non-compliance will be minimal. The Rent Board begins to implement the Charter Amendment it will be providing resources and tools for both landlords and tenants to assist with compliance.

The Rent Board is dedicated to effective communication and outreach, utilizing various methods such as community posters, mailers, resident workshops, and collaborations with key stakeholders. Their goal is to support compliant landlords by sharing information and resources, ensuring swift and streamlined compliance with the Pasadena Fair and Affordable Housing Charter Amendment. Ultimately, the Rent Board aims to expedite resolution of disputes between landlords and tenants to ensure that tenants are protected from unlawful evictions and illegal rent increases and landlords receive a fair return on their property.

Regular meetings of the Rent Board are scheduled for 6 p.m. on the 2nd and 4th Wednesdays of each month at the Robinson Park Recreation Center.

## Senior Center Free Cultural Thursday

Television Producer Barbara Meltzer is set to be in conversation onsite at the Pasadena Senior Center, 85 E. Holly St., with Annie Laskey, the center's director of events, Thursday, Aug. 24, at 2 p.m. for what Laskey anticipates will be a fun and fascinating behind-the-scenes look at television history. An audience Q&A will follow the conversation.

Meltzer was the assistant to the producer of The Tonight Show Starring Johnny Carson for 10 years – eight in New York City and two in Los Angeles – during Carson's 30-year reign as host of the iconic late-night talk show from 1962 to 1992.

Anyone 50 and older is welcome to attend. To register for this free event or for more information, visit: [pasadenaseniorecenter.org](http://pasadenaseniorecenter.org) and click on Activities & Events, then Special Events or call 626-795-4331. Neither membership with the Pasadena Senior Center nor residence in Pasadena are required to attend.

After leaving The Tonight Show with Johnny Carson, Meltzer became director of NBC-TV's Creative Services Department in Los Angeles and, several years later, executive in charge of talent for PBS's KCET-TV. In more recent years she has been the founder and president of Barbara Meltzer & Associates Public Relations & Marketing. One of the agency's divisions serves the public relations and marketing needs of clients whose services, products and programs are targeted to adults 50 and older.

## Public Art Community Meeting at the Robinson Park Recreation Center



The City of Pasadena Cultural Affairs Division invites the public to a Community Meeting on Thursday, August 31, 6-8 p.m. at the Robinson Park Recreation Center, 1081 N Fair Oaks Ave, to learn more about the Robinson Park Recreation Center Capital Improvement Public Art Project. This event is a great opportunity for residents to meet the selected artists and find out how they can participate in the public art development process.

Artists Deborah Aschheim and Carla Jay Harris will introduce themselves to the community and share their artistic background and approach to the project. Throughout the coming year, both artists will conduct extensive research and community engagement through collaboration with Northwest Pasadena residents and stakeholders to develop specific content and artistic themes which will serve as the basis for the public art concept at the Center.

The public art project for the Robinson Park Recreation Center was developed through guidance from the Robinson Park Stakeholder Group and community members and is intended to prioritize community input

and collaboration during the first phase of the artwork development process. This project serves as an exciting opportunity for the Northwest community to contribute their unique stories and perspectives into the formation of a permanent public artwork at the Center.

The renovation of the Robinson Park Recreation Center, located in Northwest Pasadena, was the second and final phase of the Robinson Park Master Plan adopted by City Council in 2002 and designated as an eligible Capital Improvement Public Art project in 2015. Per the unique requirements of this project, the artists selected to the project will be responsible for initiating numerous opportunities for engaging with the diverse Northwest Pasadena community, ranging from large public events to small intimate conversations. This community-based research will then be incorporated into the artist's Concept Art Plan, which will be presented to the City's Arts & Culture Commission for review and approval.

For more information about the public art project and Community Meeting, contact Corey Dunlap at [CDunlap@CityOfPasadena.net](mailto:CDunlap@CityOfPasadena.net) or visit [CityOfPasadena.net/Arts](http://CityOfPasadena.net/Arts).

## South Pas All Abilities Club for Adults with Disabilities

The South Pasadena Library has partnered with the South Pasadena-based Institute for the ReDesign of Learning (IRL) Transitional Adult Services (TAS) program to present a monthly program for adults with developmental disabilities. The All Abilities Club provides a welcoming and safe environment, where participants watch movies, listen to music, make crafts, and engage in other fun activities.

The All Abilities Club meets in the Library Community Room (1115 El Centro Street) on the second Friday of the month from 10:00-11:00 a.m. The Club is open to adult members of the public and adult family members, aides, caretakers, and teachers are welcome.

All Abilities Club meetings will occur on: August 11, September 8, October 13. There will be no meetings in November or December. For more information visit: [southpasadenaca.gov](http://southpasadenaca.gov).

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## San Marino Upcoming Events & Programming

### Family Storytime

Tuesday, August 15 at 10:30 AM, Children's Area  
 Storytime is back! Storytime features activities for children ages 5 and under that will promote early literacy and lifelong learning through songs, movement, fingerplays, and books. Storytime is also an opportunity for caregivers to learn ways that can incorporate learning activities into everyday routines. Storytime occurs weekly on Tuesday through October 3. Registration is not required. Please watch our social media for cancellations.

### Toastmasters Talk of the Town

Thursday, August 17 at 6:30 PM, Thornton Conference Room  
 Do you feel shy speaking in front of groups? Practice giving short speeches at this meeting. The leaders offer coaching to foster greater self-confidence and personal growth for the participants. Although Toastmasters charges a nominal fee to join their organization, visitors are welcome to the Library meetings at no charge. Registration is not required. Meetings are held every 1st and 3rd Thursday of the month.

### Summer Sunset Concerts

Friday, August 18 at 4 PM, Lacy Park  
 Grab your chairs and blankets to carve out your spot in the middle of Lacy Park and enjoy the last FREE concert this summer! Attendees are welcome to bring their own food and drink, or purchase concessions from a variety of food trucks. This multicultural concert will feature two performances, Dancing Storytellers: Indian Mythology at 4:30 PM and Sakai Flamenco at 5:30 PM, and Latin music by Suave the Band at 7 PM. Registration is not required.

### Joyful Living Happy Life

Sunday, August 20 at 2 PM, Barth Community Room  
 This workshop will discuss seven habits of self-care! Self-care is a necessary priority as individuals work to balance various responsibilities and develop healthy boundaries. Join the Unified Charity Foundation for this informational talk presented in Mandarin. Registration is not required.

### Watering Schedule - California American Water

Per the recommendations of California American Water, all customers are encouraged to follow the below watering schedule: THREE-DAYS-A-WEEK

Odd Addresses (Addresses ending in 1, 3, 5, 7, 9): Tuesday, Friday, and Sunday

Even Addresses (Addresses ending in 2, 4, 6, 8, 0): Monday, Thursday, and Saturday

No watering on Wednesday

To avoid evaporation, it is recommended that customers water outdoors before 9:00 a.m. or after sunset. Watering should be limited to a total of 10-minutes per station per allowed days.

Hand watering with a garden hose/nozzle and low-flow irrigation systems (Including drip irrigation and micro spray) that emit less than two gallons per hour are exempt from days of week and time limitations.

Please note that these measures are recommended for residents, not required. California American Water has indicated that all customers will receive billing inserts and other communications notifying them of the current recommendations. Residents can visit California American Water's website or call 888-237-1333 for more information.

### DID YOU KNOW?

The City offers transportation services for residents 60 years or older and those with disabilities.

Dial-A-Ride is a FREE curb-to-curb transportation service provided for San Marino residents who are 60 years and older, or for those with a physician-certified disability that prevents the use of regular public transit. For more information or to request an application for membership, please call Pasadena Dial-A-Ride at (626) 744-4094.

### Meetings

#### Design Review Committee

Wednesday, August 16 at 6:00 PM; Barth Room and Zoom (Public Access)

#### Back to School First Aid & Safety Preparedness Workshop

Get ready to ace this school year with essential life-saving skills! Join our Back to School First Aid and Safety Preparedness Workshop and become a hero in school and beyond. Open to all members of the community, this workshop will equip you with the knowledge and confidence to handle any emergency. To enroll contact us at fire@cityofsanmarino.org or call (626) 300-0735.

#### Workshop Highlights:

CPR and AED Training\*: Learn cardiopulmonary resuscitation techniques and how to use an automated external defibrillator (AED) to save lives.

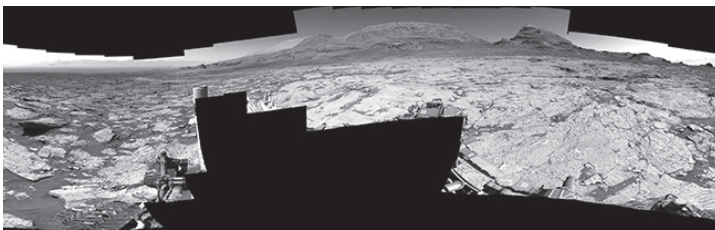
First Aid Basics\*: Understand how to assess and respond to injuries, burns, fractures, and other common emergencies through interactive, hands-on activities.

Fire Prevention: Learn fire safety measures, including fire extinguisher usage, to prevent and respond to fire incidents effectively.

Utility Management: Safely handle gas leaks, power outages, and water disruptions by knowing where and how to operate utility shutoffs and electrical panels

\*The Fire Department is not able to provide First Aid/CPR/AED certification. Visit [www.redcross.org](http://www.redcross.org) to find local certification courses.

## Hexagonal Cracks in Martian Mud Surprise Curiosity Team



A new paper suggests the same conditions that created the cracks could have been favorable to the emergence of microscopic life.

Scientists aren't entirely sure how life began on Earth, but one prevailing theory posits that persistent cycles of wet and dry conditions on land helped assemble the complex chemical building blocks necessary for microbial life. This is why a patchwork of well-preserved ancient mud cracks found by NASA's Curiosity Mars rover is so exciting to the mission's team.

A new paper in Nature details how the distinctive hexagonal pattern of these mud cracks offers the first evidence of wet-dry cycles occurring on early Mars.

"These particular mud cracks form when wet-dry conditions occur repeatedly - perhaps seasonally," said the paper's lead author, William Rapin of France's Institut de Recherche en Astrophysique et Planétologie.

Curiosity is gradually ascending the sedimentary layers of Mount Sharp, which stands 3 miles (5 kilometers) high in Gale Crater. The rover spotted the mud cracks in 2021 after drilling a sample from a rock target nicknamed "Pontours," found within a transitional zone between a clay-rich layer and one higher up that is enriched with salty minerals called sulfates. While clay minerals usually form in water, sulfates tend to form as water dries up.

The minerals prevalent in each area reflect different eras in Gale Crater's history. The transitional zone between them offers a record of a period when long dry spells became prevalent and the lakes and rivers that once filled the crater began to recede.

As mud dries out, it shrinks and fractures into T-shaped junctions - which are what Curiosity discovered previously at "Old Soaker," a collection of mud cracks lower down on Mount Sharp. Those junctions are evidence that Old Soaker's mud formed and dried out once, while the recurring exposures to water that created the Pontours mud caused the T-shaped junctions to soften and become Y-shaped, eventually forming a hexagonal pattern.

The hexagonal cracks in

the transitional zone kept forming even as new sediment was deposited, indicating that the wet-dry conditions continued over long periods of time. ChemCam, Curiosity's precision laser instrument, confirmed a hardy crust of sulfates along the cracks' edges, which isn't too surprising given the proximity of the sulfate region. The salty crust is what made the mud cracks resistant to erosion, preserving them for billions of years.

### The Right Conditions

"This is the first tangible evidence we've seen that the ancient climate of Mars had such regular, Earth-like wet-dry cycles," Rapin said. "But even more important is that wet-dry cycles are helpful - maybe even required - for the molecular evolution that could lead to life."

Although water is essential to life, a careful balance is needed - not too much water, not too little. The kinds of conditions that sustain microbial life - those that allow a long-lasting lake, for example - aren't the same as the conditions scientists think are required to promote chemical reactions that might lead to life. A key product of those chemical reactions are long chains of carbon-based molecules called polymers - including nucleic acids, molecules considered to be chemical building blocks of life as we know it.

Wet-dry cycles control the concentration of chemicals that feed the fundamental reactions leading to the formation of polymers.

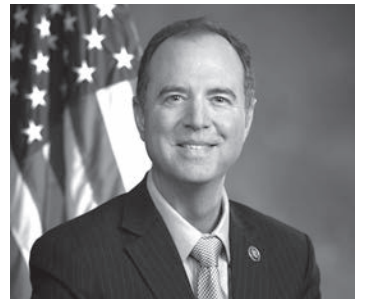
"This paper expands the kind of discoveries Curiosity has made," said the mission's project scientist, Ashwin Vasavada of NASA's Jet Propulsion Laboratory in Southern California. "Over 11 years, we've found ample evidence that ancient Mars could have supported microbial life. Now, the mission has found evidence of conditions that may have promoted the origin of life, too."

The discovery of the Pontours mud cracks may in fact have provided scientists their first opportunity to study the remains of life's cauldron. Earth's tectonic plates constantly recycle its surface, burying examples of its prebiotic history. Mars doesn't have tectonic plates, so much older periods of the planet's history have been preserved.

"It's pretty lucky of us to have a planet like Mars nearby that still holds a memory of the natural processes which may have led to life," Rapin said. Curiosity was built by NASA's Jet Propulsion Laboratory, which is managed by Caltech. For more about Curiosity, visit: [mars.nasa.gov/msl](http://mars.nasa.gov/msl).

## Schiff Bill introduced to Tackle Affordable Housing Shortage

Rep. Adam Schiff (D-Calif.), joined by Rep. Scott Peters (D-Calif.), introduced Friday the Affordable and Homeless Housing Incentives Act to help tackle the affordable housing shortage in California and across the nation. The bill would offer a tax incentive to those who sell their property to nonprofits or public agencies for the purpose of creating affordable housing.



According to a 2021 National Association of Realtors (NAR) report, there's been a shortage of over 5.5 million homes in the past 20 years. "Too many families are forced to make impossible financial sacrifices just to keep a roof over their heads. It's critical that we address California's - and our nation's - need for affordable housing," said Rep. Schiff. "This legislation provides a meaningful tax incentive to property owners who sell to non-profits and public housing agencies, directly boosting the creation of affordable homes. Every American deserves access to a home they can afford."

"Our bill takes a commonsense approach to increasing the supply of affordable housing and supporting the countless nonprofits and government entities that operate these properties," said Rep. Peters. "This is a win for sellers who will receive favorable tax treatment and for affordable housing operators who will become more competitive in acquiring new property."

"The Affordable and Homeless Housing Incentives Act is an innovative and important new tool that we desperately need in California to address homelessness at a time when we are struggling with lack of access to suitable properties. Offering these tax incentives is also a great way to encourage a new form of private-public partnership that would bring

new resources and political support to addressing our state's most pressing need - to provide more affordable homes for the homeless and very low income," said California Housing Partnership CEO Matt Schwartz.

The Affordable and Homeless Housing Incentives Act would allow property owners to waive capital gains tax liability when they sell to qualified agencies and use the money to buy another property within three years. This bill applies the existing IRS 1033 exchange framework to property sold to affordable housing operators - the same tax treatment for seized or condemned property. In exchange, the buyer must use the property for affordable housing or a qualified shelter for at least 30 years. Eligible agencies include local governments, housing authorities, and nonprofits that have previously received Department of Housing and Urban Development (HUD) funding or have a history of being a beneficiary. Sales under this act will be overseen by HUD's Enforcement Center.

The bill is endorsed by the California Housing Partnership, City of Burbank, City of Glendale and Glendale Housing Authority, Council of Large Public Housing Authorities (CLPHA), and LA Family Housing. For more information and the full bill text visit: [schiff.house.gov/](http://schiff.house.gov/)

## Caltech Breaks Ground on Center for Quantum Science



Philanthropists Allen and Charlotte Ginsburg joined Caltech president Thomas F. Rosenbaum, Pasadena mayor Victor Gordo, Assemblymember Chris Holden, and other distinguished guests and members of the Caltech community Thursday to break ground for the Dr. Allen and Charlotte Ginsburg Center for Quantum Precision Measurement. The Ginsburg Center will accelerate the exploration of quantum phenomena across all scales as well as the invention of instruments to measure these phenomena with unprecedented sensitivity. These concepts and tools, in turn, will enable researchers to advance fundamental research across many scientific disciplines.

The placement of these facilities adjacent to one another will quicken discovery by strengthening formal partnerships as well as spontaneous interactions among Caltech's diverse community of quantum researchers, including computer scientists, engineers, biologists, chemists, and physicists.

Slated to open in fall 2025, the Ginsburg Center will be located on the north side of California Boulevard, adjacent to Caltech's physics, mathematics, astronomy, and engineering buildings. Transparent façades inflected inward on the center's south and west sides will suggest a prism or the bending of spacetime—an allusion to the research and education that will take place inside. Above ground, four stories comprising nearly 37,500 square feet will encompass research offices as well as a nucleus of collaborative spaces and seminar/meeting rooms infused with natural light.

Below ground, two basement levels will provide approximately 31,500 square feet of experimental facilities. The design will promote collaboration by putting

scientists in close proximity to one another while also ensuring the silence and stability required to accommodate leading-edge quantum measurement techniques. These facilities will include shared experimental and collaboration spaces as well as the state-of-the-art Kip Thorne Laboratories, funded and named by the Sherman Fairchild Foundation in honor of Kip Thorne (BS '62), Caltech's Richard P. Feynman Professor of Theoretical Physics, Emeritus. Thorne was one of three scientists who shared the 2017 Nobel Prize in Physics for developing the Laser Interferometer Gravitational-wave Observatory (LIGO), which made the first-ever direct observation of gravitational waves.

Maximizing the Ginsburg Center's function as a nexus for innovative research, a passageway below ground will connect the building to Downs-Lauritsen, which houses teaching and research programs in physics and high-energy physics.

The new building was made possible thanks to a naming gift from Allen and Charlotte Ginsburg of Rancho Palos Verdes, California, and a major grant from the Sherman Fairchild Foundation to create the Kip Thorne Laboratories, which will be housed in the Ginsburg Center. Additional funding from a generous anonymous donor enabled Caltech to establish the Institute for Fundamental Quantum Sciences, a research hub that will span the Ginsburg Center as well as spaces in the nearby George W. Downs Laboratory of Physics and Charles C. Lauritsen Laboratory of High Energy Physics (which houses the Walter Burke Institute for Theoretical Physics), the W. K. Kellogg Laboratory, and the Ronald and Maxine Linde Hall of Mathematics and Physics.

Written by Annette Moore (edited by MVNews staff)

## Book to Art: Something Wicked This Way Comes

In celebration of Ray Bradbury's birthday on August 22, the South Pasadena Public Library will host a Book to Art Program featuring *Something Wicked This Way Comes* by Ray Bradbury. Patrons are invited to read the book and participate in a mini paper carousel art project and book discussion on Saturday, August 26 at 2:00 PM in the Library Community Room located at 1115 El Centro Street, South Pasadena, CA.

Attendees are encouraged, but not required to read *Something Wicked This Way Comes*.

This program is intended for adult audiences. All supplies will be provided. Registration is required. Sign up for this event at: [southpasadenaca.gov/register](http://southpasadenaca.gov/register) or call us at (626) 403-7359.

Catch breaking news at: [mtnviewsnews.com](http://mtnviewsnews.com)



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# AROUND SAN GABRIEL VALLEY

*Dining with Dills*  
 EVERY SUNDAY AT 5:00 PM ON  
  
 CLICK HERE FOR MORE INFO

## THE ANSWER IS YES

In this part of the world the Smith Brothers are King, at least in the San Gabriel Valley. If you don't know them, they own and operate some very classy restaurants, and have been doing so for quite some time. Parkway Grill, Smitty's and Arroyo Chop House are on their current roster, and a few years back Parkway Grill was dubbed "the Spago of the East" in the Zagat guide.

They must be doing something right and I think I have the answer – no, not like "what's the secret of life" from the movie with Jack Palance playing Curly in City Slickers. It's the service! Now, as the name suggests, the menu at Arroyo Chop House is all about the steak. According to the menu, it's the only restaurant in the two Valleys that offers 100% Prime beef for all steaks on menu- big words with Arnie Mortons, Taylors and The Royce an earshot away.

The menu features a Tomahawk so big that even after the beef is off the bone it's still 30 ounces. In addition, you'll find traditional entrees such as filet mignon, rib eye and other steaks. Is it expensive? Yes. Is it worth it? Every time. My visit was on a Sunday night and it was a birthday celebration (yes, for me the "Chopper" is a special occasion type of joint, not too big and as of this writing you can still eat outdoors). Anyway, since I'd just had a steak at a friend's BBQ Friday night, I was pleased when our server mentioned the Chilean Sea Bass, so that's what I eagerly ordered. I felt the sea bass needed another minute on the fire, and I always hesitate ordering seafood on a weekend for the reason of storage, but rest assured you'll have no problems at a busy restaurant

What else? We started off with bread and the BBQ shrimp salad - all good!! Asparagus and broccolini filled the appetizer dance card portion of the evening.

The best part of the meal? It really was the service. Our server Christopher was absolute greatness. I believe its my second go-round with him - I never heard the word NO. Can we split a salad? Yes. No cheese? Absolutely! Sauce on the side? YES. The night was perfect! The champagne flutes were never empty, he gave us a heads up ordering dessert, and he gave us the specials of the night completely from memory. Flawless !!

What to get? Many good choices you'll be happy but make sure your server is Christopher!!

Arroyo Chop House open for Dinner at 5 PM  
 Full Bar  
 Valet Parking  
 Reservations are a must  
 Expect \$100+ per person

LOWEST PRICES OF THE YEAR!  
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 PASADENA ONLY  
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## UPDATES ABOUT WEST NILE VIRUS IN THE SAN GABRIEL VALLEY

The San Gabriel Valley Mosquito & Vector Control District has been tracking West Nile virus activity in mosquito populations since 2003. Dead bird data is stored with California Department of Public Health.

Our agency reports data related to mosquitoes. Human cases are reported by the L.A. County Department of Public Health and Pasadena Health Department.

### West Nile virus Facts

West Nile virus is the most common mosquito-borne disease that affect residents in Los Angeles County

Public health agencies detect West Nile virus every year in L.A. County. This means the virus is found naturally in our city environments, which means it's endemic.

Our agency uses routine traps to collect samples of mosquitoes. The mosquito samples are tested for a mosquito-borne diseases, such as West Nile virus. In addition, dead birds, which can carry West Nile virus, are submitted for testing.

### Year-to-Date Statistics for 2023 2023 WNV+ Mosquito Samples

A sample is a random collection of 10-50 mosquitoes from a trap. Positive mosquito samples from routine and randomized trapping provide insight into of the spread of West Nile virus.

City/Community	Date of First Detection	Positives
Alhambra	06/21/2023	1
Azusa	07/06/2023	2
Baldwin Park	08/02/23	1
Bradbury	08/01/23	1
Charter Oak	06/22/23	3
Claremont	08/01/23	2
Covina	06/08/23	42
East San Gabriel	08/01/23	1
Glendora	06/22/23	4
La Verne	08/01/23	2
Pasadena	07/25/23	1
Pomona	07/25/23	2
San Dimas	08/01/23	1
Sierra Madre	07/11/23	1
South Pasadena	07/25/23	1
Temple City	07/18/23	1
Vincent	06/20/23	2
Walnut	07/25/23	3
West Covina	07/20/23	4

Total # of Positive Mosquito Samples this Year 75

### 2023 WNV+ Dead Birds

People report dead birds they observe in their community. Positive dead birds are an indication West Nile virus is widespread in the region.

City/Community	Date of First Detection	Positives
Covina	6/2/2023	8

Total # of Positive Dead Birds This Year 8

Take a look at mosquito disease activity throughout California by utilizing the VectorSurv Map! To experience the full site, visit: VectorSurv.org

## D'AQUINO'S HONORED AS DUARTE COMMUNITY ANGELS



Members of Duarte Kiwanis Club, Assembly member Blanca Rubio, members of DART, members of Duarte Rotary Club, and the D'Aquino family

At a recent event, the Duarte Kiwanis Club celebrated their first annual Community Angel awards. This year, Gaetano and Sylvia D'Aquino – owners of D'Aquino Italian imports – were celebrated. The D'Aquino's have been long time supporters of many Duarte organizations including Santa Teresita and the City of Hope. On June 8, 2009, they donated a statue of Pope John Paul II that was installed on the grounds of City of Hope. They then personally arranged for Andrea Bocelli to sing in concert on the front lawn during the dedication ceremony. They also donated a similar statue blessed by the Vatican in donated on May 2, 2018.

Duarte Kiwanis President, Reyna Diaz, presented both Gaetano and Sylvia with Community Service Awards supporting the California/Nevada/Hawaii District's children's foundation as well as certificates and honors from Assemblywoman Blanca Rubio, State Senator, Susan Rubio, County Supervisor Kathryn Barger, and Duarte Mayor, Jody Schultz.

The crowd enjoyed the musical stylings of the Lime and Coconut Club. William Grosso sent a video message and newly composed music from Sicily. Ruben Hoyos provided the finale performance of traditional Italian songs including "O Solo Mio". A wonderful time was had by all.

. If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Car-ey at tinac51@aol.com.

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**Fall Art Classes**  
 Registration for fall classes is now open! Visit [CreativeArtsGroup.org](http://CreativeArtsGroup.org) to register.



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 (626) 355-8350 [CreativeArtsGroup.org](http://CreativeArtsGroup.org)





# CalRTA Teacher Grants

Supporting our fellow educators still in the classroom



**35 grants each round.**  
**\$100 each.**  
**30-second entry form.**  
**No strings attached.**

Checks will be hand-delivered or mailed.

## 2023/24 Teacher Grant Program

**ROUND #1**  
**August 2023**  
 Launches – 8/23/23  
 Deadline – 9/13/23

**ROUND #2**  
**October 2023**  
 Launches – 10/4/23  
 Deadline – 10/25/23

**ROUND #3**  
**January 2024**  
 Launches – 1/24/24  
 Deadline – 2/14/24

**To apply:**

CalRTA's Website – [www.calrta.org/teacher-grants](http://www.calrta.org/teacher-grants)  
 CalRTA's Facebook Page – [www.facebook.com/CalRTA](http://www.facebook.com/CalRTA)



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# SCHOOL DIRECTORY

Alverno Heights Academy  
 200 N. Michillinda Sierra Madre, Ca. 91024  
 (626) 355-3463  
 Head of School: Joanne Harabedian  
 E-mail address: [jharabedian@alvernoheights.org](mailto:jharabedian@alvernoheights.org)

Arcadia Christian School  
 1900 S. Santa Anita Avenue Arcadia, CA 91006  
 Preschool - TK - 8th Grade  
 626-574-8229/626-574-0805  
 Email: [inquiry@acsliions.com](mailto:inquiry@acsliions.com)  
 Principal: Cindy Harmon  
 website: [www.acsliions.com](http://www.acsliions.com)

Arcadia High School  
 180 Campus Drive Arcadia, CA 91007  
 Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
 41 W. Santa Clara St. Arcadia, Ca,  
 (626) 294-0661 Principal: Phil Clarke  
 E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Assumption of the Blessed Virgin Mary School  
 Ms. Rose Navarro, Principal  
 2660 East Orange Grove Blvd.  
 Pasadena, Ca 91107  
 626-793-2089  
<https://school.abvmpasadena.org/>

Barnhart School  
 240 W. Colorado Blvd Arcadia, Ca. 91007  
 (626) 446-5588  
 Head of School: Tonya Beilstein  
 Kindergarten - 8th grade  
 website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
 93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 (626) 355-3527  
 Preschool-TK-8th Grade  
 Principal: Jonathon Hawes  
 website: [www.bcsliions.org](http://www.bcsliions.org)

Clairbourn School  
 8400 Huntington Drive  
 San Gabriel, CA 91775  
 Phone: 626-286-3108 ext. 172  
 FAX: 626-286-1528  
 E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
 822 E. Bradbourne Ave., Duarte, CA 91010  
 (626) 301-9809  
 Principal: Nancy Lopez  
[www.foothilloaksacademy.org](http://www.foothilloaksacademy.org)  
[office@foothilloaksacademy.org](mailto:office@foothilloaksacademy.org)

Frostig School  
 971 N. Altadena Drive Pasadena, CA 91107  
 (626) 791-1255  
 Head of School: Jenny Janetzke  
 Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
 192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 (626) 355-2410  
 Head of School, Jo-Anne Woolner  
 website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
 1720 Kinneloa Canyon Road  
 Pasadena, Ca. 91107  
 Head of School: Gary Stern 626-798-8989  
 website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle College Preparatory  
 3880 E. Sierra Madre Blvd. Pasadena, Ca.  
 (626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
 Principal Dr. Jamal Adams

Monrovia High School  
 325 East Huntington Drive, Monrovia, CA 91016  
 (626) 471-2800 Principal: Darwin Jackson  
 Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
 725 W. Altadena Dr. Altadena, Ca. 91001  
 (626) 229-0993 Head of School: Lauren O'Neill  
 website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
 2925 E. Sierra Madre Blvd. Pasadena, Ca.  
 (626) 396-5880 Principal: Mathew Kodama  
 website: <http://phs.pusd.us>

St. Rita Catholic School  
 322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 Principal: Adela Solis (626) 355-6114  
[solis@st-ritaschool.org](mailto:solis@st-ritaschool.org)  
 Website: [www.st-ritaschool.org](http://www.st-ritaschool.org)

Sierra Madre Elementary School  
 141 W. Highland Ave, Sierra Madre, Ca. 91024  
 (626) 355-1428 Principal: Lindsay LUIS  
 E-mail address: [LUIS.lindsay@pusd.us](mailto:LUIS.lindsay@pusd.us)

Sierra Madre Middle School  
 160 N. Canon Sierra Madre, Ca. 91024  
 (626) 836-2947 Principal: Garrett Newsom  
 E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
 74 S San Gabriel Blvd  
 Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
 1434 N. Altadena Dr. Pasadena, Ca. 91107  
 (626) 797-0204  
 Lisa Feldman: Head of School

Wilson Middle School  
 300 S. Madre St. Pasadena, Ca. 91107  
 (626) 449-7390 Principal: Ruth Esseln  
 E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
 351 S. Hudson Ave., Pasadena, Ca. 91109  
 (626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

Arcadia Unified School District  
 234 Campus Dr., Arcadia, Ca. 91007  
 (626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
 325 E. Huntington Dr., Monrovia, Ca. 91016  
 (626) 471-2000  
 Website: [www.monroviaschools.net](http://www.monroviaschools.net)

Duarte Unified School District  
 1620 Huntington Dr., Duarte, Ca. 91010  
 (626) 599-5000  
 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

Catch breaking news at:  
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**2023 ACS-YA YOUTH CANCER HEALTH MULTIMEDIA CONTEST**

Themes: Healthy Living, Cancer Prevention, Tobacco Prevention, Early Detection, Health Equity

Eligibility: Elementary, Middle, and High School Students. You may work individually or with a team of up to 4 people.

Format:  
 1. Flyer / Poster: max 24" x 36" (at least 300 dpi)  
 2. Video: 3-6 minutes  
 3. Social Media campaign

Registration and Submission are due August 31, 2023, at 11:59 pm PDT. All work to contests must be submitted to <https://forms.gle/gXmMolTT3Nnd9JAE7>

**Awards:**  
 1. All participating students will receive certificates from the American Cancer Society  
 2. All high school participants will receive 10 hours of community service time  
 3. First place will receive a \$50, Second place a \$40, Third place a \$30 gift card, Popular Vote, and Special Award

We really like the first day of... ...school with our new classmates!

# Newspaper Fun!

[www.readingclubfun.com](http://www.readingclubfun.com) Annimills LLC © 2023 V30 Kids: color stuff in!

## Step Up to a New School Year!

Step up to a new school year! Get ready to do your best. You can do it! Most schools supply the basic items and equipment you need to start, but may expect you to bring some supplies to help out. So, get packed and enjoy this fresh start!

Take an apple to school for a healthful snack!

Apples are red, green or yellow! Color this apple your favorite color!

Study the pictures to fill in the puzzle with names of old and new school supplies and equipment:

When you are a student, school and homework are your "job." Arrive prepared every day and you will be able to:

3 8 1 12 11 21 16  
 25 15 21 18 19 21 3 3 5 19 19  
 20 15 25 15 21 18  
 8 1 18 4  
 23 15 18 11

Little Mouse is excited about the new school year. He has a message for you. Use the alphabet code to see it:

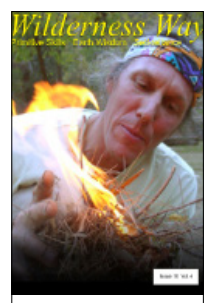
The Real Reason Mary's Lamb Followed Her to School

Puff! Mary forgot her backpack.  
 Pant! I'll get it there!

A	B	C	D	E	F	G	H	I
1	2	3	4	5	6	7	8	9
J	K	L	M	N	O	P	Q	R
10	11	12	13	14	15	16	17	18
S	T	U	V	W	X	Y	Z	
19	20	21	22	23	24	25	26	



**CHRISTOPHER Nyerges** [www.SchoolofSelf-Reliance.com]



**ON THE FORAGING PATH: LEARNING ABOUT PURSLANE**

[Nyerges is the author of over two dozen books, including "Guide to Wild Foods," "Foraging Edible Wild Plants of North America," "Extreme Simplicity," and others. Information on his classes and books is available at www.SchoolofSelf-Reliance.com]

A long time ago in a distant universe, I was still in high school and very much focused on discovering all I could about the very fascinating and exciting world of wild foods – ethno-botany. I began to realize that the lineage of using wild plants for food and medicine was still very much alive, though hidden, not so much yet out in the open.

In my Pasadena high school in 1972, I became a part of the school's journalism team and I wrote for the school newspaper. I used that opportunity to share with the world – well, with my fellow students anyway – my enthusiasm for the world of wild plants and their uses. My teacher-advisor said it would be ok to write about the uses of plants I could find growing right on the school campus – assuming there were any, she added with skepticism.

The more I looked, the more we were surprised. Besides wild mushrooms on the lawn, the campus was packed with the full spectrum of European weeds as well as the many uses of the exotic trees that were so common, such as the edible pods of the carob tree.

PURSLANE (Portulaca oleraceae)

I had just recently learned about purslane, and found it crunchy, tasty, and just a bit sour. And once I discovered it, I did just like Thoreau did, I ate it raw in salad, I boiled it, I fried it, I pick-led it. I really liked the pickles. Because purslane was my most recent discovery, I ate the plant at every opportunity, and found discreet ways to slip it into our family meals. My father wasn't fooled when he saw the little succulent paddle-shaped leaves in his salad, and wouldn't eat them. My father had informed me that he doesn't like the wild plants that I had been bringing home to eat.

"How do you know you don't like them?" I innocently asked. "Have you ever actually eaten these?"

"No, but I know I don't like them" was his Archie Bunker-like response.

But when purslane was diced and mixed with other cooked greens, he ate it without complaint. And when purslane stems were diced and mixed into a Chinese soup mix, my father barely no-ticed it. Wild foods were going main-stream in my family, even if they had to fly subrosa.

So one day, after school was out, I found an incredibly healthy patch of purslane growing near the photo lab. I collected a lot and wondered how I could create a salad. I was near the home economics class and there were about five girls and the teacher still in the kitchen-class room talking.

"Hello," I ventured. "Can I make you all a salad? Do you have any salad dressing?"

They looked at me as if I'd dropped out of Mars, and after a lot of giggles and answering a lot of questions, they were all helping me rinse the low-growing purslane plants, dicing them, and finally adding a diced tomato to the bowl, and topping it all with their oil and vinegar salad dressing. The biggest hurdle, once they realized I was serious, was that they wanted to be sure I had correctly identified the plant. They didn't want to end up vomiting or worse, dead. I had assured them that I was a top botany student under the tutelage of Mr. Muir. I further explained, that the purslane plant originated in India, and was now a fairly common wild food that had been used in this country for a few centuries.

The girls, the teacher, and I then filled our little paper bowls with purslane salad, and they all gingerly ate a few tastes.

"Oh, tastes better than I thought," one exclaimed.

"The dressing is the best part," added another. Everyone laughed.

I finished the rest of the salad, thanked them, and departed.

I have always liked purslane, an easy-to-recognize plant that grows in gardens as easily as it grows in the bottoms of washes when the water descends in early summer. It's really quite ubiquitous. And some years ago, a few Greek researchers discovered that purslane is the richest plant source of Omega 3 fatty acids, which means that it will lower cholesterol levels if you eat it.



It's gotten so popular that I now see it in the summer time at farmers markets, often under the Spanish name of "verdolago."

At one market, I asked the farmer, "Do you grow it, or do you just pick it?" Understanding my point, he just laughed.

**CLASSES AND BOOKS**

**BY CHRISTOPHER NYERGES**

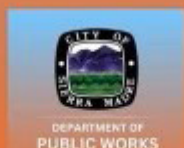
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**Downtown Water Main, Sidewalk Enhancement and Street Improvement Project Essential Facts**

- Sidewalks will be widened by 4.5 feet.
- Sidewalk widening is intended to create more space for outdoor dining and sidewalk sales.
- Restaurant patios are not included in the project.
- The project will result in a net zero parking loss/gain due to the new striping pattern.
- Angle parking on the South side of the boulevard will remain.
- A single ADA parking spot will be added at 110 W. Sierra Madre Blvd.
- Relocation of Fire Hydrant at 71 W. Sierra Madre Blvd. will result in the addition of a parking space.
- Windsor Lane will become a ONE-WAY street, northbound permanently.



**YOUR AD COULD BE HERE! CALL PATRICIA 626-818-2698 TODAY!**

**Katnip News!**

Friendly PUMPKIN!



We are calling on you wonderful cat lovers for help. Pumpkin's owner's health and financial circumstances are becoming dire, and we've been trying so hard to help her find an adopter in order to avoid returning Pumpkin



to a cage where she originally got him.

She loves Pumpkin so much, has had him from a kitten. He loves getting attention, so needs to be an only pet. Born 2014, Pumpkin is active, playful, sweet, and easily handled. He's been lovingly raised. He loves humans and will be by your side! Pumpkin loves his toys and his cat trees, too.

Pumpkin is healthy, and up to date on his vaccines. Can someone please give this wonderful boy a fresh start as an only pet? See more pictures of him on our web-site's "More Cats" page. Submit the Lifeline for Pets adoption application on our website, at [www.lifelineforpets.org](http://www.lifelineforpets.org). Please help!

**Pet of the Week**

John is a fun-loving shepherd/husky mix looking for his forever home. He is about three years old and built for adventure!

John loves playing with toys and sometimes needs to be reminded that there is more to life than just his trusty tennis ball. Once his memory is jogged, he remembers that going for walks and doing some training can also be fun!

One of John's favorite things to do is go out on field trips with Pasadena Humane volunteers. He enjoys going on hikes and other outings but is also quite content to hang out and play fetch.

Come meet this good boy today!



Pasadena Humane is hosting a free adoption day on Saturday, August 19th, 10 a.m. – 2 p.m. All dogs, cats and critters can be adopted at no charge. No appointments necessary. Dog licensing fee may apply.

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines. New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at [pasadenahumane.org](http://pasadenahumane.org). Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

**RED FLAG PARKING RESTRICTIONS**

**RED FLAG PARKING RESTRICTIONS ARE IN EFFECT IMMEDIATELY UNTIL FURTHER NOTICE**

**WHAT IS A RED FLAG DAY?**

DAYS WHEN WEATHER CONDITIONS CAN CAUSE EXTREME FIRE DUE TO TEMPERATURE, HUMIDITY, AND WIND.

THE PROGRAM PLACES RESTRICTIONS ON PARKING TO ENSURE THAT EMERGENCY VEHICLES CAN SAFELY NAVIGATE NARROW STREETS TO RESPOND TO FIRES AND RESIDENTS

**DURING A RED FLAG DAY, WHEN AUTHORIZED SIGNS ARE IN PLACE GIVING NOTICE, ANY VEHICLE PARKED ON ANY OF THE FOLLOWING STREETS WILL BE TOWED AT OWNER'S EXPENSE**

MOUNT WILSON TRAIL ROAD	PLEASANT HILL LANE
CHURCHILL ROAD	OLD RANCH ROAD
SKYLAND DRIVE	FOREST LANE
FERN GLEN	CASEY STREET
FERN DRIVE	MADRE LANE
IDLE HOUR LANE	HERMOSA AVE., NORTH OF CARTER AVE
CANYON CREST DRIVE	AUBURN AVE., NORTH OF GRAND VIEW AVE
ORANGE DRIVE	CAÑON DRIVE
WOODLAND DRIVE	OAKCREST DRIVE
BROOKSIDE LANE	CARTER AVE
SUNNYSIDE LANE	ALTA VISTA DRIVE
YUCCA TRAIL	VISTA CIRCLE DRIVE
HOLLY TRAIL PATH	STURTEVANT DRIVE
ELM STREET	

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**SAFE PATH FOR SENIORS**

Steve Sciorba, Senior Placement Specialist

There are many reasons in working with Safe Path for Seniors, we will assess your loved ones and make recommendations depending on care needs and budget.

With our many years of experience, we will make an informed recommendation.

We work with large communities to the small 6-bed, board & care residential homes.

You will tour with an experienced consultant who will work with you through the entire process, from selecting the right living environment to all of the necessary paperwork involved.



The good news is that there is no cost for this service.

If you have any questions about placing a loved one, visit our web site:

www.safepathforseniors.com  
or call Steve at 626-999-6913

**SENIOR HAPPENINGS**

**HAPPY BIRTHDAY! ...AUGUST Birthdays\***



Nancy Beckham, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, Jacquie Pergola, Pat Miranda, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Joy Barry, Marcia Bent, Joan Spears, Ruth Torres, Jane Zamanzadeh, Helen Stapenhorst, Chandy Shair, Heidi Hartman, Erma Gutierrez, Margaret Switzer

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

**SENIOR CLUB Every Saturday at Noon Hart Park House**  
Open to all seniors 50+ Fun - Games - And More! Call Mark at 626-355-3951

**TEA AND TALK BOOK CLUB**  
Wednesday, 7/12 and 7/26 9:00 am Hart Park House

Tea and Talk, meets twice a month to discuss the fun, suspense, intrigue, love and so much more that each selection will have in store! Call Lawren 626-355-5278 for current selection and feel free to join at any time.

**HULA AND POLYNESIAN DANCE**  
BEGINNERS - Every Thursday 10-11:00 am  
INTERMEDIATE Every Friday 10-11:00 am

Bring a lei, your flower skirt or just your desire to dance! Hula in the Park is back and waiting for you to join in on all the fun! Memorial Park Covered Pavilion.

**CHAIR YOGA**  
Every Monday and Wednesday 10-10:45 am  
Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in the Memorial Park Covered Pavilion or the Hart Park House.

**BEST MEDICAL ALERT SYSTEMS YOU DON'T HAVE TO WEAR**

Dear Savvy Senior:

Are there any monitored medical alert devices that you know of that don't require pushing a wearable help button? My 82-year-old father, who lives alone, has fallen twice during the past year but doesn't like wearing an SOS pendant button. Searching Daughter

Dear Searching:

Yes, there are actually several monitored medical alert systems and other technologies on the market today that have voice-activated capabilities that let seniors call for help using voice commands, without pushing a wearable help button.

These new technologies are very helpful for elderly seniors that live alone who forget, or prefer not to wear a help button, as well as for those who have physical challenges that makes using a help button difficult.

By simply speaking the "wake words" these devices will connect your dad to a trained dispatcher at a 24/7 monitoring center who will find out what the problem is, and get him the help he needs, whether it's calling emergency services, or contacting a family member, friend or neighbor to come and help him.

All of these technologies also offer family/caregiver smartphone apps that will help you keep tabs on your dad from afar and notify you know if a problem occurs.

Hands-Free Medical Alerts

Some of the best voice-focused medical alert systems available today are GetSafe, Aloe Care Health and HandsFree Health.

Rated by U.S. News & World Report as their No. 1 medical alert system for 2023, GetSafe (GetSafe.com) comes with a cellular base console, voice-activated and push wall buttons, an optional personal help button and fall detection sensors. To call for help your dad would simply say "Call 911" twice and he would be connected to GetSafe's 24/7 monitoring service. Prices for GetSafe start at \$79 plus a \$30 monthly monitoring fee.

Another highly rated system is Aloe Care Health (AloeCare.com), which comes with a voice-activated Smart Hub and optional wearable help button with fall detection capabilities. This system would connect your dad to the Aloe Care 24/7 monitoring



center by simply saying "Emergency" repeatedly until connected. It can also make voice command nonemergency calls to preassigned contacts. Prices start at \$150 plus a monthly fee of \$30.

The WellBe by HandsFree Health (HandsFreeHealth.com) is a nice third option to consider. This comes with the WellBe Medical Alert Speaker that would let your dad call for help by saying "OK WellBe Call Emergency."

WellBe also offers hands-free calling and messaging to contacts, will answer health questions, and provide reminders for medications and doctor appointments. It also offers a medical alert watch and pendant (sold separately) with fall detection capabilities. WellBe starts at \$100 plus \$20/month.

Smart Home Solution

Instead of a traditional medical alert system, another terrific hands-free way to call for help is to get your dad an Amazon Echo device (prices range from \$50 to \$250) and sign him up for Alexa Together (Amazon.com/AlexaTogether). This is remote caregiving service that will turn his Echo into a medical alert system. To get help your dad would say "Alexa, call for help" to be connected to their 24/7 Urgent Response center.

Alexa Together, which costs \$20/month, also works with compatible third-party fall detection devices like Vayyar and AltumView. If a fall is detected, Alexa can ask your dad if he needs help, then connect him to the Urgent Response line and alert his emergency contacts.

Amazon Echo devices also provide a bevy of other features your dad may find useful. For example, Echo's will let your dad make hands-free calls, receive reminders, set timers and alarms, control smart home devices, check the weather, play his favorite music and much more.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

**DONATE BLOOD. HELP SAVE LIVES.**

**Blood Drive**  
**City of Sierra Madre**  
Location: Main Room  
222 W Sierra Madre Blvd  
Sierra Madre, CA 91024  
Monday, August 14, 2023  
9:30 a.m. to 3:30 p.m.

Please visit RedCrossBlood.org and enter sponsor code: COSM to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App



**FAMILY MATTERS**

By Marc Garlett

**DON'T SEND YOUR KIDS BACK TO SCHOOL WITHOUT THESE DOCUMENTS**

As summer comes to a close, and back-to-school excitement fills the air, there is one crucial task that is often overlooked: designating legal guardians for your minor children. Legal guardians are the individuals you entrust with the care of your children if, for any reason, you are unable to do so yourself. In the hustle of back-to-school shopping and end-of-season summer fun, it might seem like naming legal guardians for your kids is a low priority, but nothing could be farther from the truth.

As kids return to school, they'll spend most of their day in the care of other people - their teachers, coaches, and babysitters. That means your children will spend most of their time with people who do not have any legal authority to take care of them for more than a brief time in the event you are in an accident or can't be reached for any reason.

And, if your kids are going off to college, you'll no longer be able to make decisions for them or have access to their medical records in an emergency unless your now-adult kids create Powers of Attorney and Health Care Directives.

Don't Rely on Informal Agreements

They say it takes a village to raise a child, and as parents, you usually have a network of friends or family you can rely on to step in and care for your child if needed. But it's essential not to rely solely on informal arrangements with relatives or friends to care for your kids if you can't.

Whether you are unconscious in the hospital or have passed away, there's a chance your child could be taken into protective custody by social services until you recover or until a permanent arrangement can be made.

But here's the thing, the person who ends up taking your child may not be someone your child knows or loves, but a complete stranger in the foster care system. Or, maybe even worse, that person could be someone you never want to raise your kids but who is appointed anyway by a well-meaning court system that doesn't know what you would want or how you would want your children to be raised.

In addition, if you don't name legal guardians for your kids, you risk creating conflict among family members who want to care for your children and may subject your loved ones to a lengthy and costly court process—an unnecessary burden that can easily be avoided. In fact, not naming backup guardians is a common mistake people make when choosing a guardian for their kids. You know your child and your family better than

anyone else, and you know who would be the best fit for raising your child if something happened to you. But unfortunately, unless you document your choice of guardian in advance, the decision of who would raise your child if you can't is ultimately left to a judge who doesn't know you or your family dynamics.

Instead, naming short-term and long-term guardians for your kids ensures they are always cared for by people you know and trust.

And, if your kids are off at college, you cannot rely on the fact that you know they'd want you to have access to their medical records and financial accounts if something happened to them. The hospital or banks require official legal documents for you to get access if needed.

Comprehensive Protection for Your Child(ren)

To make sure your kids are always protected and cared for by people you trust, it's essential to create a comprehensive Kids Protection Plan. A Kids Protection Plan - legal planning for your minor kid(s) - enables you to name short-term temporary guardians who have immediate authority to care for your children in an emergency and long-term permanent guardians who can raise your children if you are no longer able.

A Kids Protection Plan also equips you with emergency ID cards which contain instructions for first responders to contact your child's guardian if you're in an accident so they can travel to be with your child right away. Plus, all caregivers, like babysitters and nannies, are provided with precise instructions on how to reach your guardians, and that everyone involved in your plan has the necessary legal documents on hand to ensure a smooth process if the need for a guardian arises. In this way, not only have you legally named guardians for your kids, but you've created an entire safety plan to ensure they are always cared for in the way you'd want in any situation.

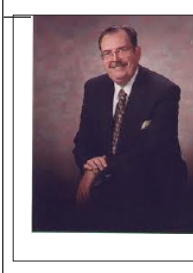
And for your college-bound kids, it means having young adult planning documents in place like Powers of Attorney and Health Care Directives that allow you to access your kids' accounts or make medical decisions for them if they become incapacitated by illness or injury.

To your health, wealth, and family legacy,

MARC

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**OUT TO PASTOR**

A Weekly Religion Column by Rev. James Snyder

**ONE MORE SCAM CALL AND I'M GOING TO SCREAM!**

Upon retirement, my life changed in few ways. I'm still as busy as before; I just don't get a paycheck for being busy. Nothing has changed that much.

The one thing that has changed is I schedule a nap every day. As most people know, a NAP is simply Navigating A Position. That position is level. At my age, I tell people that having these naps is essential; every day, I schedule a NAP at a particular time known only to myself.

It's important for me to keep this a secret so nobody knows when I'm doing it. I try to keep it from The Gracious Mistress of the Parsonage for obvious reasons. Usually, right after lunch, she goes to the store and picks up groceries. As soon as she closes the front door, I'm in my lazy chair, leaning back, ready to snooze away.

There is only one problem with this scenario. My phone is next to my lazy chair, in case anybody needs to reach me. The truth being said, since my retirement, nobody needs to get a hold of me. But you never know, and I can only hope. Hab-its are hard to break.

The other day I was in the middle of sawing some very important logs when a noise next to my chair frightened me. It was my phone. It took me a while to re-align the phone was ringing, and I needed to answer. Who knows who's calling me?

Setting up, I cleared my throat and answered the phone. Wouldn't you know it was one of those phone scams? For some reason, the person on the other end knew my car warranty had just expired. For his information, that car warranty ran out 10 years ago, and it was a truck, not a car.

I wasn't too happy with this phone call, and I must confess that I let the person on the other end of the phone know how unhappy I was. It's good I don't know French.

That took me a while to settle down after that kind of phone call, but I soon drifted off into La-la-land, my favorite place.

It wasn't long before I heard the phone ring again, and without even thinking, I sat up and answered the phone.

After all, why would anybody call me the second time? Was it another scam?

This time it had something to do with my Medicare. According to the person on the other end of the phone, he had an amazing offer for me to enhance my Medi-care coverage. Being drowsy from sleeping, I didn't quite understand what he was talking about.

"According to our records," the person said most enthusiastically, "you qualify for an upgrade in your Medicare coverage."

I wasn't a happy camper because my nap time is

a fairly important part of my day, and how dare somebody interfere with that sacred time.

With a bit of anger, I asked, "Is there any extra coverage for mental insanity? I am about to go crazy."

The next thing I heard was a click on the phone.

My phone buzzed all afternoon, and I was about to lose my mind.

The Gracious Mistress of the Parsonage came home and noticed I was sitting up in my chair, fully awake. She just looked at me and then took her groceries into the kitchen.

Then, surprise, surprise, surprise, my phone rang again. I answered it, and a live person was on the other end of the phone. Just then, a thought came to me. I called my wife and said, "My dear, I think there's a thrift store owner on the phone and would like to talk to you."

She almost danced her way to me to pick up the phone. I must say I was dancing in my head when she came.

"Hello," she said enthusiastically, "I've been expecting your call. Thanks for calling."

Then there was a pause, and she said, "Who did you say you were?"

Another pause, and I heard her say, "You better never call me again." And she hung up the phone.

Looking at me with one of "her looks," I could see she wasn't very happy about it. She stood before me, staring a little bit, and then said, "Don't you ever do that again to me. Do you understand?"

What was I supposed to do? There was so much laughter within me that I didn't know if I could keep it from exploding. When she went back into the kitchen, I softly chuckled to myself. Then I heard, "You're not laughing, are you?"

"No, my dear," I said, "I was just thinking about a joke. Why was 6 afraid of 7? Because 7, 8, 9."

"No, you weren't," she said sarcastically, "and that's not even funny."

That gave me pause to think. Does it matter who is lying? Is a scammer's lie worse than my lie? I then thought about some verses of Scripture that address this.

Proverbs 12:22-23, "Lying lips are abomination to the Lord; but they that deal truly are his delight. A prudent man concealeth knowledge; but the heart of fools proclaimeth foolishness."

It's easy to think that my lying is not as bad as some scammer trying to hook me out of some money. Lying is lying, and I'm trying to process that. Lying is a serious business, no matter who does it.



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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART TOLCHIN



### PUT THE LIGHTS ON FREEDOM OF SPEECH

At one time I was a strong advocate of free speech. Today I wonder whether defense of free speech conflicts with my advocacy for a growing number of progressive causes, including voting rights, reparations, transgender rights, and defunding the police. I came across a New York Times article that discussed debates within the ACLU. The article explained that today belief in the centrality of free speech to American democracy contends with ever more forceful progressive arguments that "hate speech is a form of psychological and even physical violence".

My wife and I have been devoted members and contributors to the ACLU for years. This year one or the other of us either misplaced the membership renewal request or actually threw it out without renewing our membership or contributing. Prior to beginning of this article I discussed our reluctance to renew with my wife who simply said that with all the "fake news" and purposeful lying presented on social media she today is conflicted about whether protecting such speech is a good idea.

Let's go back to 1965 the year I graduated college from the University of California, Berkeley. My major was Political Science and I planned to attend Law School. At the time of my graduation William Shockley, a Nobel Prize winner credited with the discovery of the transistor. I knew little about him and was eager to hear him speak as I believed that the transistor was the future. At the last moment Shockley's appearance was cancelled for the reason that he was deemed to be too controversial. I was appalled. As a political science major I was well-versed at that time in the opinions of Justice Hugo Black who emphasized that freedom of speech is essential if we want to live in a society that is fair and equal for everyone. At the time I could not imagine any justification for censoring Shockley's speech. I firmly believed then that the right to freely communicate one's thoughts and ideas was a prerequisite for all other freedoms.

Today, as part of my preparation for this article which I knew would focus on free speech, I did a little research. I learned that William Shockley preached that since blacks were reproducing faster than whites, the entire white race was in danger of being eliminated. Shockley was a darling of the KKK and undoubtedly planned to use his Berkeley commencement speech as a platform to spread his completely non-scientific based theory. Not surprisingly, Shockley had absolutely no training in genetics, biology, or psychology. Today, despite my attitude toward the general importance of free speech, I applaud the Berkeley administration for censoring him. So what does that say about my attitude toward censorship?

A couple of days ago I had a heated argument with a fellow Berkeley and UCLA Law School graduate who maintains that President Biden and Mr. Trump are equally responsible for willfully allowing and contributing to the spread of misinformation. He claims that both men censored information that opposed their political positions. He claimed that President Biden censored medical information that endangered the lives of many Americans. I don't know where my long-time associate gets his information; but he is a very smart guy and adamant in his beliefs. Assuming there was actual medical information that undermined the safety of the anti-Covid vaccines was it acceptable to censor that information? Assuming, probably correctly, that the distribution of this information would have resulted in fewer people being willing to be vaccinated—and, once more probably assuming correctly, that the end result would have been thousands, perhaps hundreds of thousands, more deaths from the virus.

Alright, what does medical information have to do with the ACLU and William Shockley? All I am suggesting is that the issue is not as clear as I once thought it was. Today's conflicts in our broken society seem to be based on huge numbers of potential voters accepting as truth disseminated information which, at least to me, is clearly untrue. Freedom of Speech should not mean freedom to SPEAK knowing untruths!

Hooray for truth, but who possesses it? Please speak to me share your thoughts and opinions at stuarttolchin@gmail.com. (Thank you Mr. Shockley for pioneering the road that makes instantaneous unimaginable internet communications reality.) Ironic.

## DAN TYREE



### WHERE DO YOU FALL ON THE COFFEE SPECTRUM?

I'll never get over what the COVID-19 pandemic did to the Ollie's discount chain.

Pre-COVID, on my way to the restroom while shopping, I always sought out the coffee pot that announced sentiments to the effect of "We've had a pretty good year. Treat yourself to a free cup."

Pandemic precautions made that simple pleasure go bye-bye.

I'm sure many of you share my pain. Others won't.

Despite coffee's long history and the omnipresence of Starbucks, there is no monolithic way of viewing the coffee experience.

Spiritual descendants of the old temperance movement take a stubborn pride in their "lips that touch brew ... will get my stink-eye through and through" philosophy.

Even among drinkers, there exists an eye-opening variety of beliefs about frequency, purpose, composition, quantity and whether Juan Valdez could give Mrs. Olson the "richest, most aromatic" butt-whupper in a cage match.

My own immediate family demonstrates the spectrum of coffee attitudes. College junior Gideon has zero interest in sampling a cup of Joe. Early bird me? I savor a morning cup for the flavor and ritual more than for any stimulant effect. My bleary-eyed wife, on the other hand, simply must have a cup before leaving for work – or to surrender at the police station. ("I think I just murdered my snooze alarm. But it was self-defense!")

What shall we say about purists like my mother who insist that anything except black coffee is an abomination? Does straight coffee truly dance upon their taste buds, or are they just too prideful to admit that sugar and creamer might deserve to exist? ("What modernist heresy will come next? Will people start bringing bananas right into their homes instead of climbing the trees to eat them?")

Coffee should bring us together, but elements of class warfare or generational warfare are unavoidable. Folks who keep an economical 40-ounce canister in the cupboard (or grab the cheapest generic java that the convenience market dispenses) look askance at the elitists who spend a fortune every single day on conspicuous consumption of some froufrou gourmet concoction.

The notion is that the elitists are (a) making way too much money or (b)

## RICH JOHNSON

### NOW THAT'S RICH ODD FACTS - MOSTLY TRUE...MAYBE!



No surprise to most of you I have long been drawn to the odd. (If you regularly read my column, you undoubtedly share the same dysfunction). I remember the precise moment I became fascinated with odd: The first time I heard comedian George Carlin perform. He asked a simple question:

"If you have 12 odds and ends on a shelf, and one falls off and breaks, was it an odd or an end?"

He had no answer. And after years of seeking enlightenment regarding odds and ends, I too, have no answer. I still have the fascination though. Let's see if you do. By the way, my "odd facts" mentor is a newspaper columnist named L.M. Boyd. This column is dedicated to him. Shall we begin?

Dr. Geoffrey Bourne of the Yerkes Primate Research Center reported a chimpanzee could sort photographs of apes and humans into two separate piles. Peculiarly, every time she got to her own picture it got, you guessed it, put with the humans.

Best selling canned soup in the People's Republic of China is labeled "White Fungus." (Yum!)

The capital city of Montana, Helena, used to be known as "Last Chance Gulch". Honest!

If anyone ever asks you, William Shakespeare's three brothers were Gilbert, Richard, and Edmund.

Most popular names for girls and boys in America? Olivia and Liam. (Sorry Alex)

In case you're interested 97.137% of all the world's water is saltwater. 2.24% is ice and snow. .6129% is underground. .009% freshwater lakes. .001% is found in rivers. And .001% is in the atmosphere. And speaking of the Earth, the Pacific Ocean is 25% bigger than all of the Earth's acreage.

What U.S. President wrote the most books? Teddy Roosevelt penned 37. Speaking of books, if you asked Ernest Hemingway what's the greatest American novel ever written he'll tell you "Huckleberry Finn". The one written by Mark Twain lol.

Those of you worried should rest, the television code of the National Association of Broadcasters strictly forbids any scene wherein somebody gargles. Includes commercials. Good to know.

If you want to know how old Donald Duck is, he was born in 1934. You do the math. Also, the first 20 years of Mickey Mouse's existence the voice actor playing Mickey was a fellow named Walt Disney. (Sounds familiar)

By the way, there are about 5.5 million vending machines in Japan, 1 for every 23 people that live there. Among other items you can order spaghetti with meat sauce served hot from a vending machine in Japan.

You heard it here first! Ever offered barbecue elephant for dinner ask for the footpads. Tastiest part I'm told.

The scientists who know this stuff tell us no squirrel ever remembers where he or she buried the nut.

Scientists tell us dogs never get bored. And speaking of science, your blood travels completely through your body every 23 seconds.

And finally, podiatrists tell us the best time of day to buy a pair of shoes is late afternoon.

If you are into dining and dancing, the next three Saturday nights will be hopping at Nano Café. Tonight, August 12 "M&M" is performing danceable tunes from 6:30-9:30 at Nano's. Next Saturday night "Free Wing" a rockin' band will be performing 7:00-10:00 at Nano Café.

And Saturday night, August 26th, my band, JJ Jukebox will be rockin' and rollin' to 60's and 70's classic rock and fun songs. Come dine, drink, dance and doo-wop with us. Reservations are a good idea so call (626) 325-3334.

If you like a quieter surrounding, go to Corfu Mediterranean Restaurant in Sierra Madre at 48 West Sierra Madre Blvd. Wonderful breakfast, lunch and dinner. In addition to the best kebab dinners in the western hemisphere, they also have terrific breakfasts. Friday and Saturday nights, my friend Len performs classic acoustic tunes from the 60's and 70's. A perfect compliment to dinner. (626) 355-5993. Closed Mondays and midday Tuesday – Saturday from 3:00-5:00pm. (open all day Sundays).



skimping on other things to finance their caffeine addiction. ("I could've sprung for a nicer funeral for Mom, but I couldn't find a single casket with the Keurig seal of approval.")

People disagree about whether to keep their coffee cravings private or shout them to the heavens. But it's probably not a good idea to quote the ad slogan "If I don't get American Ace Coffee, I'm going back to bed" on a job application – unless you plan to top it off by flooding social media with pictures of yourself sharing a bong with the HR director's underage child. Don't let my babbling threaten your heartfelt beliefs but consider the Big Picture.

All the memes, T-shirts, posters and Garfield cartoons about coffee mania are amusing, but what if they're giving aid and comfort to our adversaries?

Somewhere Chinese students are fasting for a week, performing 500 pushups and solving complex quadratic equations in their heads. Americans? We're sending the message "I can't remember which is my right house slipper and which is my left house slipper until I've had my first gallon."

Oh, it's been a pretty good 247 years. Treat yourself to a free naval base, President Xi Jinping.

Danny Tyree welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."







# LEGAL NOTICES AND MORE

## NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN WILLIAM FRENCH CASE NO. 23STPB07501

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JOHN WILLIAM FRENCH

A PETITION FOR PROBATE has been filed by ERICA L. SIMMONS in the Superior Court of California, County of Los Angeles.

THE PETITION FOR PROBATE requests that ERICA L. SIMMONS be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with full authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

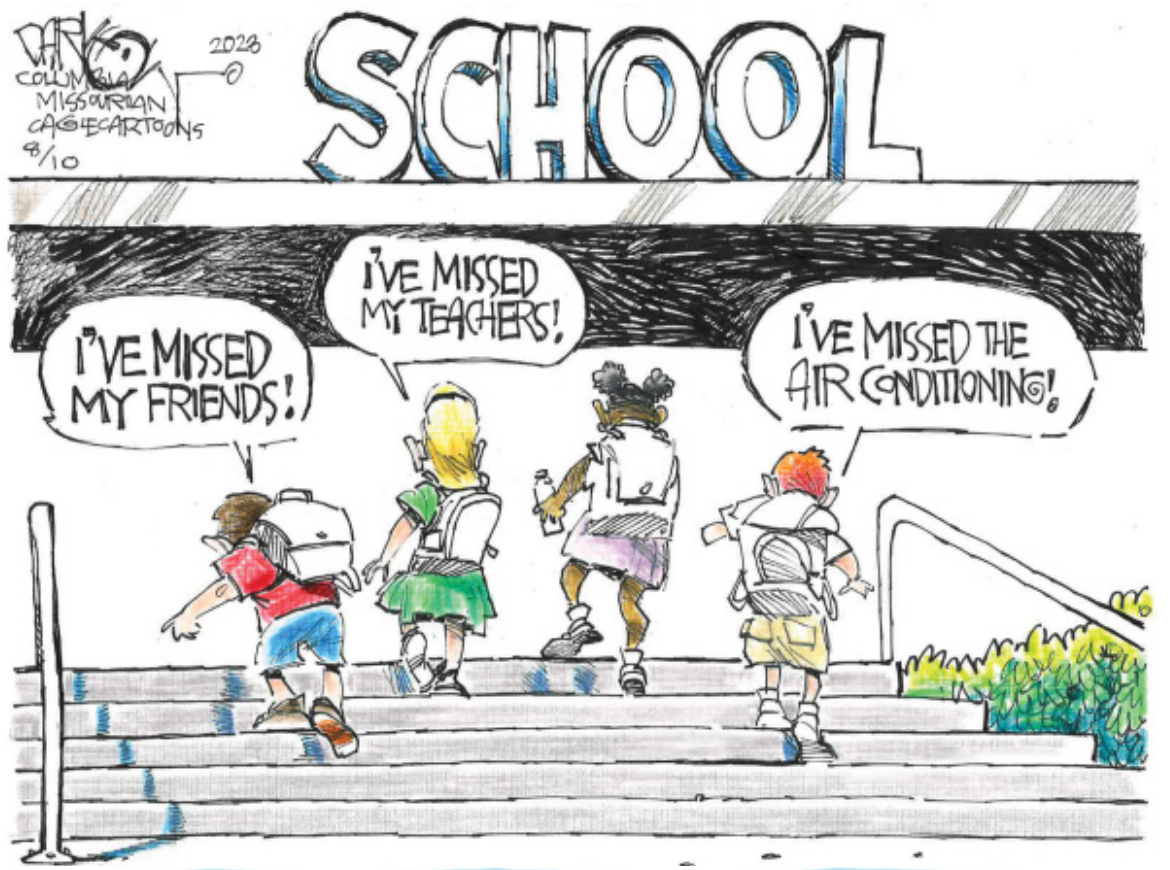
A HEARING on the petition will be held on 08/23/2023 at 8:30 .m. in Dept. 29 located at 111 N. HILL ST. LOS ANGELES CA 90012 STANLEY MOSK COURTHOUSE.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner: Richard M. Seff SBN150440  
Law Offices of Richard M. Seff  
5850 Canoga Ave., 4th Fl.  
Woodland Hills, CA 91367  
Telephone: (818)292-8160  
8/5, 8/12, 8/19/23  
CNS-3725506#



## NOTICE OF PETITION TO ADMINISTER ESTATE OF JEANETTE M. BAYER Case No. 23STPB07235

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JEANETTE M. BAYER

A PETITION FOR PROBATE has been filed by Cheryl Braffet in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Cheryl Braffet be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 7, 2023 at 8:30 AM in Dept. No. 4 located at 111 N. Hill St., Los Angeles, CA 90012.

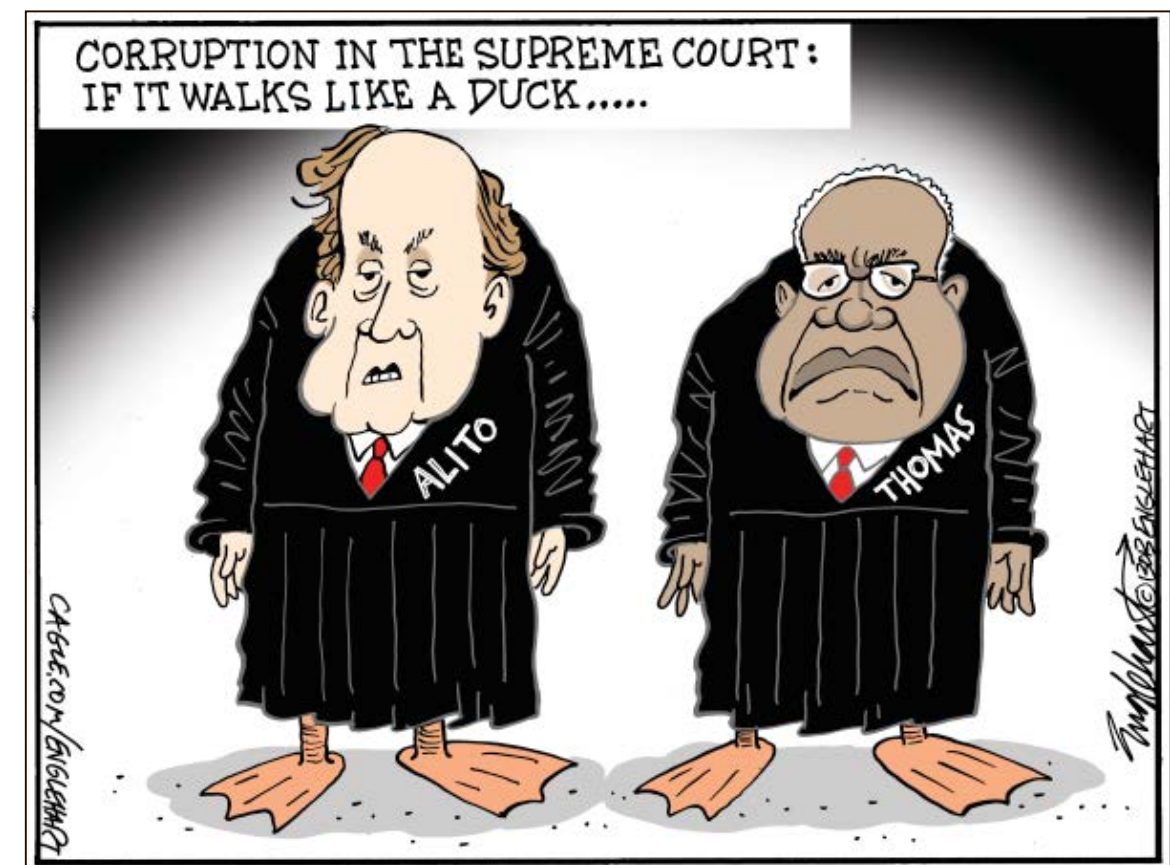
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:  
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CN998371 BAYER  
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# HUDDLE UP



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## "COLLEGE FOOTBALL CHANGES PART I ... HOW DID THIS HAPPEN?"

It all started years ago when everyone took everything for granted. Everything was great! The big football schools were winning games and getting the very best players. The NCAA had established rules about academics, practices, number of players on teams, times and hours for practices. They had committees to discuss rules and make changes when it could ---sometimes making decisions that didn't make sense----- they were very careful of certain schools. They had the Big paddle, and paddled who they wanted.

Football was the money maker for most of the other sports. Football coaches were high on the scale of Very Important People. In some instances the College football coach was more popular than the governor, and certainly more important than the college president. There came the conversations about the purpose of "college," Is it academics, getting that degree? Is it for exposure for athletes who want to become professionals? Athletes needed to be "on track" for graduation and heading toward a degree. Classes needed to be approved, grades needed to be calculated.

Rules were made so that the athletes were to be treated the "same" as any other college student. (And was that actually the way it was?). Does the college student leave town and school for three days for a game? Do they wake up at 6:00am for morning practice? Stay after classes for practices at 6:00pm? In a way, athletes were at a disadvantage in some areas. They could not make money over and above certain guidelines. They could not have favors that other kids could not. In my own experience a kid with a dental problem could not get treatment unless the issue came from playing football meanwhile, he was in pain. If he needed to travel home for a sick or dying family member, the school could not help. (NCAA rules were strict on those favors.) If you cared about a kid, this was hard to see.

Yet, the NCAA and committee members were treated to travel, trips and entertainment all over the country. Having meetings in very beautiful resorts. Playing golf and sharing fancy jet travel. Schools (and the NCAA and Leagues) were earning money from college kids playing football... Selling tickets, jerseys, posters, tee shirts and memorabilia with pictures and names and photos of those student athletes.

After a while coaches and players heard about and noticed those dollar amounts. This began a bit of resentment among the not-so famous schools and the athletes in those photos, tee shirts and merchandise. When a small not-so big-name school won a few games that were unexpected.... Hmmm. How did this happen? They must be cheating the rules. Here comes the NCAA. Are kids making money in the summer? At a part time job? They have a scholarship, food, uniforms, tuition. That's enough. But someone was making money selling all that merchandise. This was the beginning of the current "Name, Image, Likeness" (NIL) deals. This took a long time coming. It was the topic of discussion on radio and television. NIL came to pass. It is understandable that some athletes are taking advantage of this, with commercial deals, merchandise copyrights, and special services and products.... but the extent of this situation seems to have jumped way beyond the idea of "fairness" and past the idea of "amateur" status at the college level. And again for some, there is the question, "is all of this fair?"

What was illegal and not permitted is now legal and common place. What was then against the rules, resulted in the Big Paddle and probation and discipline to schools and teams. Now it is accepted and for some applauded. Is it fair to the "non-stars" on the same team who are helping those celebrity players win? Are his skills worth it? Is it okay if a better 'deal' comes along that players leave one school for another that will help the fame, the exposure, the NIL situations? This situation in colleges is now moving down in the high school level as well. It's a new world for some athletes. Next time, it's another "new world" for Universities, colleges and Conferences. Traditions, rivalries, West/ East/ Midwest divisions.. The PAC 12? The BIG TEN? The BIG Twelve? The SEC? changes, Part II Who's to blame?

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## SPOT SIGNS OF HEAT ILLNESS

Faint or dizzy	Throbbing headache
Excessive sweating	No sweat/Stopped sweating
Cool, pale, clammy skin	Temperature above 103° Red, hot, dry skin
Nausea or vomiting	Nausea or vomiting
Rapid, weak pulse	Rapid, strong pulse
Muscle cramps	May lose consciousness

**HEAT EXHAUSTION**

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cooler shower or use cold compresses

**HEAT STROKE**  
CALL 9-1-1

- Take immediate action to cool the person until help arrives

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# Market Update

Sierra Madre | Q2 2023

# \$1,618,800

median price

# \$832

average price per square foot

# 21

properties sold

# 19

average days on market



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