

"The time is always right to do what is right." - Dr. Martin Luther King, Jr.

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Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, JANUARY 13, 2024

VOLUME 18 NO. 02



the webb-martin group



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MAY 2023 SPECIAL ELECTION COMES WITH AN UNEXPECTED BIG PRICE TAG FOR TAXPAYERS

Final Invoice Exceeds Estimate By \$97,000

By Kevin McGuire

A special municipal election held in May 9, 2023, will cost taxpayers almost \$100,000 over the projected estimated amount. The election resulted from a referendum process put in action to repeal Ordinance 1461 and Stop The Housing Project, "The Meadows at Bailey Canyon."

Known as "Measure M," the repeal attempt failed at the polls, and the plan to build 42 houses on the Mater Dolorosa Passionist Retreat Center (The Monastery) property is moving forward. According to Sierra Madre City Clerk Laura Aguilar, the final bill for this special election now totals \$424,218. The original estimate received in December 2023 from the County of Los Angeles which ran the election, the cost to the city was estimated to be \$325,000. Based upon the county's estimate, \$225,000 will be paid from the city's General Fund and according to City Manager Jose Reynoso, 100,000 was to be paid by New Urban West Developers. Reynoso also negotiated with NUWI to pay anything over the \$325,000 estimate. Based upon the final invoice and the negotiated agreement, NUWI is expected to pay \$197,000 of the outstanding balance.

The matter was discussed on January 9 as part of the Consent Calendar during the first City Council meeting of the year and the first with the new mayor, Kelly Kriebbs.

Background

On September 27, 2022, the City Council passed Ordinance 1461, approving a

developing agreement for "The Meadows" specific plan project. The ordinance also allowed for zoning changes and a zoning map amendment to change the project site from institutional to residential single-family.

However, an attempt was made to derail the project for the developers New Urban West, Inc., when a member of the Steering Committee successfully led the charge for a Citizen Petition to put an Initiative Measure (HR) on the next available ballot. But during the General Election in November 2022, the Measure was defeated.

A second attempt followed with a referendum summary filed to repeal Ordinance 1461. Enough signatures were gathered to get the Initiative on the ballot. This effectively tied the hands of the developers and City Council. The project was frozen and would have to wait for the special election on May 9, 2023.

Following this new roadblock, negotiations became less friendly, and threats of lawsuits against the city came into play. Though Ordinance 1461 was put on hold, no appeal of Resolution 22-58 was ever filed. This kept the developer's ability to build on the property intact.

On December 20, 2022, as a direct result of this referendum being filed, the developers submitted a preliminary application for a contemplated 50-lot subdivision at the 700 North Sunnyside Ave. property. The project would be known as SB 330. Many of the incentives proposed in the previous "Meadows" project, such as a public park and public safety building donations, were non-existent in this new proposal. The city had little wiggle room to make any changes to the

building plans.

It was a long wait for May 9 to roll around, but when it did, 54.52% voted "Yes" to keep the original "Meadows" project, with 45.48% voting "No," which would have led to the SB 330 project moving forward with more homes built and less incentives for the community and the city. And now, it's time to pay for this expensive venture.

Aguilar cited printing costs and postage rates for the \$100,000 increase due to the number of pages in the voter registration guides, which need to contain added information regarding COVID rules.

"It's tough," said Councilmember Gene Goss. "We could use those resources for more productive things in the city." Councilmember Kristine Lowe noted that all of this could have been prevented. "One member of a group could have pulled a special election and saved the city \$225,000," Lowe said, referring to the STOP the Monastery Housing Project and lone signature of a member of the Steering Committee Member, who set the repeal Ordinance 1461 process in motion, forcing the special election.

After an inquiry about a comparison cost by Mayor Pro Tem Robert Parkhurst, City Manager Reynoso stated that the Police Department requires new vehicles. Two vehicles could have been purchased with extra the money spent on this election.

The bottom line is that the funds will come out of budget reserves the city has been able to save due to an excellent budget track record and several years of surplus. As former Mayor Edward Garcia noted, "This is why it's good to have reserves."

INSIDE THIS WEEK

REMEMBER: IN OBSERVANCE OF THE MARTIN LUTHER KING HOLIDAY ALL FEDERAL, STATE AND LOCAL WILL BE CLOSED ON MONDAY, JANUARY 15, 2024

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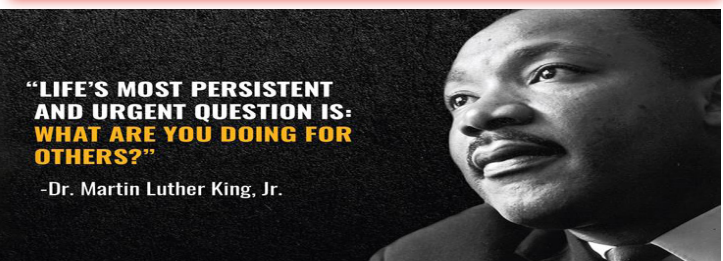
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BE A FLOAT DESIGNER . . . CONTRIBUTE A DESIGN FOR THE 2025 SIERRA MADRE ROSE FLOAT

Each year the Sierra Madre Rose Float Assoc. holds a contest to choose a design for our next float. Anyone can submit a black & white pencil or pen concept drawing on our submission form, along with a description. This year's design contest will be held until Friday, February 9th, 2024 at 5:00 p.m.

Please visit our website www.SierraMadreRoseFloat.org/get-involved/volunteer/design for additional info, rules and guidelines..



There are lots of things to Wine about....
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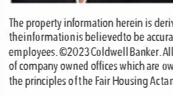
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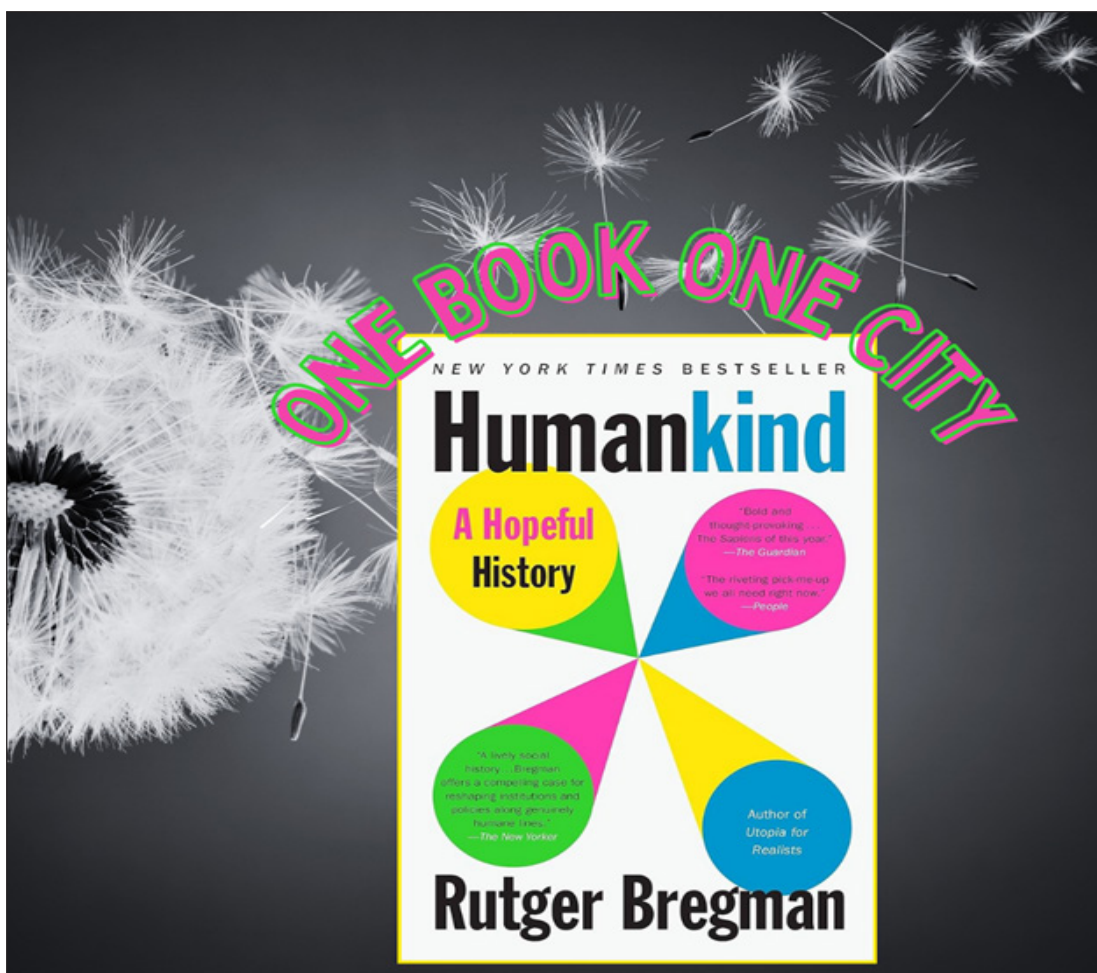
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SIERRA MADRE LIBRARY ANNOUNCES 2024 ONE BOOK ONE CITY



The Sierra Madre Public Library is honored to announce the 2024 One Book One City selection, *Humankind: A Hopeful History* by Rutger Bregman.

One Book One City is a community reading program that invites everyone in Sierra Madre to read and discuss the same book during February 2024 and participate in exciting programs and events.

This fabulous community program includes a dinner with “The Human Library,” a kindness book where you can write about the kindness you’ve received, various donation drives throughout the month, an “Off the Page” stage reading at the Sierra Madre Playhouse, Valentine’s Day card making for a local hospital, and so much more!

In the hopeful 2021 nonfiction *Humankind*, Dutch author Rutger Bregman focuses on how humans can use our inherently good nature to build a better society. Follow this journey through human history, which demonstrates that people’s belief in their generosity and collaboration isn’t just optimistic, it’s realistic.

Throughout the month of February, *Humankind* will be available for checkout at the Library. Connect all month long through engaging themed programs that are free and fun for the whole family. Call the Library at (626) 355-7186 for more information.

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

THE SIERRA MADRE CHAMBER OF COMMERCE ANNOUNCED THEIR SELECTION FOR BUSINESS OF THE YEAR:

THE MOUNTAIN VIEWS NEWS!!



I am delighted to have been a part of this wonderful newspaper almost since the beginning. Susan Henderson persuaded me to try writing a column and it became a regular thing around 2012. This is probably the best thing I get to do, to share my life and my family with you dear friends and neighbors. Sierra Madre is simply the best and most beautiful place to live. John and I came to live here in 1967. We raised our family here in the 100-year-old mansion at 86 E. Alegria, next to wonderful neighbors, celebrated Halloween and cleaned up after wind storms together. The Mountain Views News has given us the news and so many incredible, awesome pictures through the years and I am proud to be a part of this community and this newspaper.

The special section in last week’s News was so inspirational. Volunteering is not only a good and useful thing to do, but one meets really neat people wherever one volunteers. My husband, John, now volunteering in heaven, I’m sure, volunteered through our church to do Church in the Park on Sundays down in the park across from the Pasadena Library. They served chili, grits, burritos and whatever else could be gathered together to feed these hungry, mostly homeless folks. John served grits and hope. Grits and encouragement. Grits and love. He met people he wept over, people he prayed for, people he brought books for. Being a volunteer changed his life.

For several years I volunteered at the Red Cross blood collection center across from Huntington Hospital. I interviewed people at the front desk and met delightful folks ready to give a pint of their precious blood. I also got the best spinach quiche recipe from one of the nurses which I will share with you soon.

Monday is Martin Luther King Day; a school holiday and I’m hoping Monday will be a pleasant day for all the celebrations and parades that will go on to honor this remarkable man. No, he was far from perfect but he wanted all people to have good lives.

You probably already know this, but just to refresh your memory, here are a few facts from Wikipedia: Dr. King was born in 1929 and was assassinated on April 4, 1968. He was a Baptist Minister and one of the most prominent leaders in the civil rights movement. Inspired by his Christian beliefs and the nonviolent activism of Mahatma Gandhi, he led nonviolent marches for the right to vote, desegregation, labor rights and so much more. He made many unforgettable statements that are still widely quoted today:

“Never, never be afraid to do what’s right!”
 “Darkness cannot drive out darkness; only light can do that.
 Hate cannot drive out hate; only love can do that.”
 “Be the peace you wish to see in the world.”

And, of course, from the famous, “I have a dream” speech:

“I have a dream that one day this nation will rise up and live out the true meaning of its creed:

“We hold these truths to be self-evident, that all men are created equal.”

“I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character.”

The quote about “be the peace you wish to see in the world” brought to mind one of my favorite pieces of music, “Let There Be Peace on Earth.” This was written in 1955 by Jill Jackson-Miller and Sy Miller.” You’ve heard this before...

“Let there be peace on earth,
 And let it begin with me.
 Let there be peace on earth,
 The peace that was meant to be.
 With God as our Father,
 Brothers all are we.
 Let me walk with my brother
 In perfect harmony.
 Let peace begin with me
 Let this be the moment now.
 With every step I take
 Let this be my solemn vow;
 To take each moment and live
 Each moment in peace eternally.
 Let there be peace on earth.
 And let it begin with me.”

In a world where you can be anything you want to be...Be KIND!

The picture this week is simply of flowers. I can’t think of anything that can bring more peace than flowers. Just looking at them calms the heart and mind. Flowers are one of God’s best gifts.

My book page: Amazon.com: Deanne Davis
 Take a look! There are interesting goodies galore for
 You Kindle readers and even an actual book or two for you
 “I need to hold it in my hands” readers.

COMMUNITY COMMISSION ARE SEEKING YOUR COLLABORATION TO FIND THE 20 24 OLDER 'SIERRA MADRE' AMERICAN OF THE YEAR.



Nominations are now being accepted for this renowned honor. Note that although worthy, Senior Community Commissioners are not eligible. Additionally, nominations will only be accepted for new candidates who have not been honored in years prior.

The nomination form is available on the city’s website at: <https://www.cityofsierramadre.com/cms/one.aspx?portalId=212393&pageId=241945> and return it to the Hart Park House Senior Center, or mail/walk in to City Hall, Community Services Department, 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024 prior to, or no later than, Wednesday, March 13th, 2024.

The Commission will review nominations and select an honoree at their regularly scheduled meeting on Thursday, April 4th, 2024 at 3:00 p.m. in the City Hall Council Chambers.

The individual selected by you or your organization must live in Sierra Madre, while demonstrating outstanding community service and be at least the age of, or older than 60. The honoree will be recognized at a reception held in their honor on Wednesday, May 8th, 2024.

Previous Honorees: Dick Johnson, Joan Crow, Jerry & Nan Carlton, Pat Alcorn, Fran Garbaccio, Ken Anhalt, Eph Konigsberg, Russ Anderson, George Throop, Loyal Camacho, John Grijalva, Joylouis Harte-Smith, James Heasley, Midge Morash, James Tyler, Isabella Paegal, Bonnie Garner, Rose Fafach, Ed Wellman, Celeste McCleary, Dorothy Tillquist, Doris Webster, Elsie Dammeyer, George Mauer, Karl Teigler, Laurie Cooper, Lucille Flanders, Ann Tyler, Jay Whitcraft, Darlene Crook, Paul Hagen and Clem and Nina Bartolai.

Thank You in advance for your support and assistance with this spirited community event. Should you have any additional questions, feel free to contact Lawren Heinz, Administrative Analyst at (626) 355-5278 x704.

Winter Art Classes!

New Year, New Classes!

Classes begin on January 16th.

Registration for winter classes is still open.

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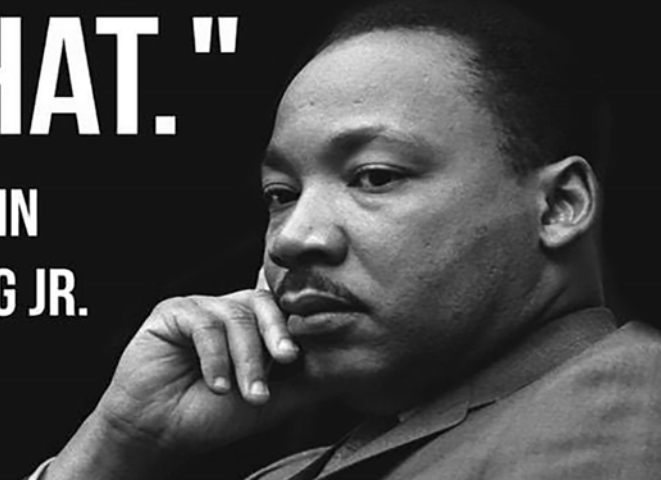
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Weather Wise



6-Day Forecast Sierra Madre, Ca.

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Mon	Sunny	Hi	60s	Lows 40s
Tues	Ptly Cldy	Hi	70s	Lows 50s
Wed	Ptly Cldy	Hi	70s	Lows 50s
Thur	Ptly Cldy	Hi	70s	Lows 50s
Fri	Ptly Cldy	Hi	70s	Lows 50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

JANUARY 23, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmmedia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



This week at the Sierra Madre Public Library

January 15—January 20

Monday

Library Closed for Holiday —No services

Tuesday

Astronomy in the Park —In-person at Memorial Park from 6:00pm-8:00pm

Wednesday

Pajama Storytime —Online at 7:00pm. Call to register

Thursday

Third Thursday Book Club —Online at 11:00am. Call to register

Saturday

Digital Services —In-person from 12:00pm-2:00pm

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Pasadena Altadena

News From Your Community For Your Community

Martin Luther King Jr. Day Closures and Reminders

Pasadena residents and businesses are reminded that City Hall and many City services will be closed Monday in observance of Martin Luther King Jr. Day.

City Council will not meet on Martin Luther King Jr. Day. City Council is scheduled to meet the following Monday, Jan. 22.

Pasadena residents and businesses with power emergencies should call Pasadena Water and Power (PWP) at (626) 744-4673. For water-related emergencies, call (626) 744-4138. PWP's Customer Service Call Center will be closed, but customers can access their accounts and make payments by phone at (626) 744-4005 or online at PWPweb.com.

The Municipal Services Payment Center, Citizen Service Center, and Parking Office will be closed. The City of Pasadena WILL collect trash, recycling and yard waste on Monday. Collection will occur on customers' regular pickup day the entire week.

All parking meters will be free, and parking time limits will not be enforced; however, violations for overnight parking, red curb parking, "No Parking" zones, and blocking fire hydrants will be enforced. All regular enforcement resumes Tuesday.

The Permit Center will also be closed; however, some services will be available via Permit Center Online, where subtrade permits can be obtained and plans for commercial tenant improvements (new submittals) and accessory dwelling units can be submitted. In-person operations will resume Tuesday.

Pasadena Transit and Dial-A-Ride buses will operate on regular weekday schedules on Monday.

Pasadena Public Library sites will be closed Sunday and Monday and will reopen Tuesday.

All parks will be open for picnics, fun and play; however, no site reservations are being accepted for the holiday. Community and recreation centers will also be closed to the public.

The Pasadena Public Health Department (PPHD) will be closed Monday and will resume operations on Tuesday. PPHD reminds you to take measures to protect yourself from respiratory viruses, including masking indoors, getting vaccinated, and staying home when sick.

Pasadena Fire and Police Departments will continue to provide patrol, jail, fire, paramedic, and all other emergency services. Residents are advised to always call 9-1-1 for life-threatening emergencies. For all other non-emergencies, call (626) 744-4241.



County to Help City Fight Copper Wire Theft

The Los Angeles County Board of Supervisors unanimously approved a motion Tuesday read-in by Supervisor Kathryn Barger that will now offer a \$10,000 reward to help Pasadena city officials identify individuals stealing copper from street lights, city stock yards and other public sites.

According to the City of Pasadena a surge has occurred since November and there have been approximately 34 copper theft incidents. The losses have resulted in a total of 25,900 feet of stolen wire – the equivalent of 4.9 miles of copper wire – and damage to 280 city lights.

"I am a strong supporter of local cities' efforts to combat crime," Barger said. "I introduced this

motion to send a clear message to thieves who are vandalizing public property: you will be held accountable. I'm hopeful these reward funds will encourage anyone with information about the thefts and destruction of public property to step forward."

In December Pasadena Police officers responded to a citizen report of two male subjects tampering with a city-owned underground electrical box in the 1800 block of E. Corson St. Officers located the two males, as well as a female accomplice, next to an underground electrical box. The subjects had removed the box cover and cut wires inside the box. A search of their vehicle revealed additional copper wire, tools, and other evidence related to the crime.

The two male suspects admitted they intended to steal the copper wire.

The City of Pasadena is also planning to offer reward funds in coordination with the County and will share that information next week.

Anyone with information can contact the Pasadena Police Department at (626) 744-4501. Anonymous tips can also be submitted by dialing the Los Angeles Regional Crime Stoppers Hotline at (800) 222-TIPS (8477) or online at lacrimestoppers.org.

Pasadena Looks for New Director of Transportation



City Manager Miguel Márquez announced Monday the recruitment process for the next Pasadena Director of Transportation. Applications for the position are being accepted now with screening and interviews taking place in February.

The public is encouraged to attend a virtual meeting to provide input about the most important qualities that potential candidates should have. The executive search firm of WBPC, Inc. will facilitate the executive search and the public meeting.

"Community input is incredibly valuable in appointing the best individual to lead the Department," Márquez said. "I encourage all members of the community to attend the upcoming forum and share their thoughts on the characteristics and professional background they feel would be most important in the new director."

The community forum will take place on Zoom Wednesday, January 24 at 5:30 p.m.

Anyone who would like to offer input but cannot attend the meeting can do so online at: [CityOfPasadena.net/Human-Resources/ DOTdirector](https://www.CityOfPasadena.net/Human-Resources/DOTdirector) for more information.

Ave. 64 Complete Streets Project Starts Construction



The construction of the City's Avenue 64 Complete Street project, located at the intersections of Avenue 64 and Burleigh Drive and Avenue 64 and Cheviotdale Drive, will begin on Monday, with anticipated completion in Summer. This project will construct a traffic roundabout at the Burleigh Drive intersection and curb extensions at the Cheviotdale Drive intersection. These improvements are intended to mitigate speeding along the Avenue 64 corridor. Additionally, the project will provide pedestrian safety features such as crosswalk curb extensions, to reduce pedestrian crossing times, landscape beautification, street lighting, and storm water capture elements.

Tony Olmos, Director of Public Works, stated the department is managing the construction phase of the project and intends to minimize traffic and construction-related impacts to the public. Construction will be phased to ensure one travel lane always remains open in each direction along Avenue 64. The construction contractor, Axiom Group will set up the initial traffic control phase today, which will temporary close off access between Burleigh Drive and Avenue 64. This temporary closure is expected to last approximately 2 months, through early March

2024 and has been coordinated with the City's emergency services, the surrounding neighborhoods, and affected residents. Additional notices will be provided to the public and affected residents prior to each new construction phase and/or change in traffic pattern. Also, changeable message boards have been placed in advance of the project to notify motorists of anticipated new traffic patterns.

The proposed project passed through the Neighborhood Traffic Management Program process in 2013. A community workgroup led by the Department of Transportation staff and a group of San Rafael area residents was formed for the purpose of providing qualitative feedback on the existing environment and input on proposed improvements. Staff from the departments of Public Works and Transportation held multiple public meetings with residents to review the developed conceptual and design plans, and to receive community input regarding the proposed traffic calming elements. The project received strong support from the residents who are hopeful that the proposed improvements will reduce speeds along the Avenue 64 corridor. For additional project information, project contacts, and construction updates, please visit: <https://www.cityofpasadena.net/public-works>

Restaurants to Celebrate the Centennial of Cheeseburgers



Pasadena restaurants are set to celebrate the 100 anniversary invention of the cheeseburger in 1924 during Cheeseburger Week. Forty restaurants, burger joints and more take part in the citywide celebration Sunday, January 21 to Saturday January 27.

According to organizers, for the centennial celebration, the Pasadena Chamber of Commerce has added a Cheeseburger Passport. Participants can download the passport, go to passport participating restaurants and get a stamp upon purchase. Those accumulating stamps will win prizes depending on the number of stamps collected. Stamps can only be collected during Cheeseburger Week.

Cheeseburger Challenge Participants can also vote for their favorites in several categories at: pasadenarestaurantweek.com. In addition to Favorite Cheeseburger, participants can vote for their favorites in categories such as Favorite White Table Cloth Cheeseburger, Favorite Sliders, Favorite Lunch Counter Burger, Favorite Cocktail with a Burger and more.

In 1924, as legend has it, teenaged Lionel Sternberger burned one side of a hamburger patty at The Rite Spot, his father's roadside stand along Colorado Boulevard (then Colorado Street) in west Pasadena. Rather than throw away the spoiled burger, he masked his mistake with a piece of

cheese and served it to a very appreciative customer. Word soon spread and customers flocked to The Rite Spot for The Aristocratic Burger, A Hamburger with Cheese. Sternberger's achievement is the first verified instance of someone serving a hamburger with cheese to a customer.

Over the years, Sternberger perfected his Aristocratic Burger, much to the delight of customers at The Rite Spot. Sternberger's culinary achievement has been documented by Hamburger America, the Los Angeles Times and even Time magazine in its obituary of Sternberger.

To celebrate Sternberger's culinary masterpiece, Pasadena restaurants are offering specials, unique creations and the tried and true.

Among the culinary creations being offered is the Royal Royce Burger at the Langham Huntington Hotel Pasadena. Made with a prime beef mix of 60 percent short rib and 40 percent brisket topped with a butter-poached lobster tail, smoked chanterelle mushrooms, raclette fondue and black truffles in a charcoal broche sprinkled with gold leaf. The Royal Royce burger is priced at \$100 but can be had complimentary for those who book special rooms at the hotel during January.

For other special offerings, visit the website at: pasadenarestaurantweek.com.

Caltech Entrepreneurs Forum

The Future of Gaming: Opportunities in Connected Ecosystems
Saturday, January 20 at 9 a.m.

In person: Cahill Center for Astronomy and Astrophysics

With more than three billion active global players and advancements in cloud computing, player content creation, and the evolution of distribution channels, the gaming industry is at an inflection point. Our speakers will focus on three foundations shaping the next phase of gaming technology: game transactions; privacy and security; authorship; generative artificial intelligence and new IP models; and decentralization, distribution, and extended gameplay. After the panel there will be audience Q&A along with networking. For more visit: caltech.edu.

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San Marino Upcoming Events & Programming

The 2024 State of the City Address!

Join Mayor Steven Huang, DDS and the rest of City Council to reflect on the accomplishments and challenges of the last year, while looking ahead to the coming year's opportunities. The annual State of the City will be held on Tuesday, January 16 at 7 PM via Zoom.

Coffee Connections

Weekly on Monday and Wednesday starting January 15 from 8 - 9 AM, San Marino Community Center, MPR 3

Come spend your mornings with neighbors, friends, and a hot cup of coffee at the newly renovated Community Center! Free coffee will be provided. Stay for a variety of organized activities like bingo, chair volleyball, and lectures beginning at 9 AM. This program is for active adults ages 55+. Registration is required.

Story, Stomp, & Sing

Thursday, January 18 at 10:30 AM, Children's Area

In partnership with the San Marino Music Center, we are proud to present an all new music and movement Storytime for children ages 0-5! This early literacy program will feature instrument exploration, songs, fingerplays, dances, and books. Please watch our social media for cancellations. Registration is not required.

Planting the Seeds for a Happy New Year

Thursday, January 18 at 3 PM, Schow Patio

New Year is a great time to set new goals! Teens in grades 6-12 are invited to drop by the Library to set a goal for the year while planting a seed; remember, like seeds, goals need lots of care to grow and flourish! All materials will be provided. Registration is not required.

Valentine's Day Grams

Calling all kids in grades K-8! Help us share some neighborly love with a local senior citizen. All it takes is a little creativity! Register for a kit online, pick up your kit at the Community Center (1800 Huntington Drive) between January 22 - February 2, decorate the gigantic Valentine's Day Gram, and return your Gram by February 5. We'll deliver it to a local senior citizen to brighten their day. In exchange, participants will receive a free and cool activity kit for their random act of kindness. Know a senior citizen in town who'd love to receive a Valentine's Day Gram? Let us know by calling (626) 403-2200 or emailing recreation@cityofsanmarino.org.

Senior Trip to Paramount Studios Tour

Monday, February 26 from 10:15 AM - 5:30 PM

Cost per person: R \$88 / NR \$111

Start your day at Eataly to experience the wonders of Italian biodiversity at the many restaurants, counters, and cafes providing a taste of foods prepared with the very best ingredients. Shop the market and browse a fine selection of Italian wines and bring home everything you need to make your own feast. From there, you'll be whisked to historic Paramount Studios. You'll have the opportunity to explore 100 years of movie and television history and get an intimate behind-the-scenes look at Hollywood's first studio. Registration is required by January 26.

Fire Department Recent Happenings

On Tuesday, January 9, and Wednesday, January 10, San Marino Fire Department personnel assisted the Montebello and South Pasadena Fire Departments with proctoring their Engineer examinations. The Fire Engineer is responsible for driving, operating, and maintaining fire department apparatus. The Engineer is also responsible for operating pumps on fire apparatus to deliver water during fire suppression operations. Engineer examinations consist of both written and manipulative exercises to assess the candidate's ability to perform the duties of an Engineer.

San Marino Fire Department personnel met with representatives from Atlas Planning Solutions to discuss the update to the City's Local Hazard Mitigation Plan. A kickoff meeting with the project team will be held in the first week of February. Opportunities for public input on the project will be announced in the coming months.

The Fire Department currently has three personnel off duty due to COVID-19. As new COVID cases continue to rise, the Fire Department would like to remind residents of San Marino to stay current with COVID vaccine boosters and flu vaccines. For information on FDA-approved vaccines for Respiratory Syncytial Virus (RSV) visit the CDC's website.

Meetings

Design Review Committee

Wednesday, January 17 at 6:00 PM; Barth Room and Zoom (Public Access)

Public Safety Commission

Monday, January 22 at 6:00 PM; City Hall Council Chambers and Zoom (Public Access)

Library Board of Trustees

Monday, January 22 at 8:00 AM; Barth Room and Zoom (Public Access)

Writing Workshops with South Pasadena's Poet Laureate



The South Pasadena Public Library will present a series of free interactive poetry writing workshops led by award-winning author and South Pasadena Poet Laureate Ron Koertge, to take place on January 24, April 24, August 14, and October 16, 2024, from 6:00-7:30 p.m. in the South Pasadena Public Library Community Room (1115 El Centro Street). Each session is unique, and participants may register for the whole series or single sessions online at www.southpasadenaca.gov/register, or by calling the Library at 626-403-7350.

Koertge will guide participants through the creative writing process, focusing on poetry fundamentals like meter, rhyme, form, narrator, and metaphor. Koertge, who is both an author and an inspiring teacher, explains that "knowing a little about the nuts and bolts of poetry will launch us into writing. We meet as writers in a workshop, so most of the time is devoted to writing. I have lots of interesting prompts and some peculiar forms that are fun to work with."

The Poet Laureate of the City of South Pasadena is an honorary position given to a South Pasadena resident poet who serves as the City's official ambassador for the literary arts. The position was established on July 6, 2018 by the City Council. The Poet Laureate seeks to raise awareness of poetry and literature in the community and to help inspire residents of all ages to appreciate the joy and power

to be found in reading and writing. South Pasadena Poet Laureate Ronald Koertge is a three-time finalist and two-time winner of the PEN Literary Award for Children's Literature and the author of 10 acclaimed poetry collections, including *Yellow Moving Van* and *Olympusville*, and 12 novels. His honors include a fellowship from the National Endowment for the Arts, a California Arts Council grant, and inclusion in numerous anthologies such as *Best American Poetry*, *Poetry 180*, and *Ted Kooser's "American Life in Poetry"* column. His prose poem "Negative Space" was the basis of the 2018 Academy Award-nominated animated short film directed by Ru Kuwahata and Max Porter. Koertge has also inspired students over many decades as a distinguished college writing instructor.

The workshop series is offered as part of the Library's "Sowing South Pasadena" initiative and is supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. "Sowing South Pasadena" will include the launch of a Seed Library and a series of sustainability-focused programs and activities offered by the Library from January through May 2024.

The South Pasadena Public Library is located at 1100 Oxley Street in South Pasadena. Visit the Library website: southpasadenaca.gov/library for information about services and programs.

Playhouse World Premiere of Grumpy Monkey, The Musical

Pasadena Playhouse announced Tuesday the casting for the world premiere of *Grumpy Monkey, The Musical* from February 3 through March 3, commissioned by the Playhouse, and based on the

book *Grumpy Monkey* by Suzanne and Max Lang. This is the first full production of the Playhouse's newly announced you and family programming initiative. The production will feature Hao Feng (Lifetime's *Twisted Little Lies*) as Jim Panzee, Marc Ginsburg (Ragtime at Pasadena Playhouse) as Norman, Kay Sibal (Spring Awakening at East West Players) as Snake, Ciarra Stroud (Grease at Drury Lane Theatre) as Marabou, Frankie Zabilka (Newsies at 5-Star Theatricals) as Lemur, and Danny Holmberg (She Loves Me at Conundrum Theatre Company) as Understudy.

Grumpy Monkey, The Musical is adapted and directed by Nina Meehan, with music and lyrics by Daniel Mertzlufft and Jacob Ryan Smith.

Suzanne Lang is the author of the New York Times bestselling *Grumpy Monkey*, as well as several other titles. When Suzanne is not working on books, she writes and produces children's television.

Max Lang is an animation director, storyboard artist, character designer, and illustrator. He co-directed the film adaptation of the picture book *The Gruffalo*, which was nominated for an Oscar Award and a BAFTA Award, as well as the Oscar-nominated adaptation of the picture book *Room on the Broom*, which has won numerous awards, including the Cristal for Best TV Production at the Annecy International Animation Film Festival.

This production will be presented at Porticos Art Space, located at 2033 E. Washington Blvd. Tickets are available at pasadenaplayhouse.org, by phone at 626-356-7529, and at the box office at 39 South El Molino Avenue,

Firearm Bill Passes Senate Public Safety Committee

Senate Bill 53, authored by Senator Anthony Portantino, passed the Senate Public Safety Committee Tuesday. The bill expands existing firearm safe storage laws by creating barriers to suicide, unintentional shootings, and theft. Senator Portantino was the author of California's landmark safe storage law in 2019.

"Safely storing your firearm is commonsense public safety policy and should not be partisan. Safe storage is proven to reduce firearm injuries and I'm pleased to be tightening California's existing law," stated Senator Portantino. "SB 53 does not infringe upon an individual's Second Amendment right to keep and bear arms in the home. Rather, it ensures that a firearm is stored in a manner that will prevent unintentional firearm injuries and protect Californians in the home and deter violence in public. It will unequivocally save lives."

Death by firearm is the number one cause of death for children in the United States. States that have safe storage laws have seen a 78 percent drop in unintentional shootings committed by children compared to states that do not have safe storage laws in place. Additionally, firearms are the most lethal method used in suicide deaths, with a fatality rate of approximately 90%. As mentioned above, Senator Portantino authored SB 172 - California's original safe storage law in 2019. SB 53 builds on that effort and will make Californians even more safe. President Biden has called for a national safe storage law as well.

SB 53 prohibits a person from keeping or storing a firearm in a residence unless the firearm is stored in a DOJ-approved locked box or safe. Under this bill, a violation results in an infraction for the first offense and a misdemeanor for a second and subsequent offense and subjects the violator to a one-year ban on the purchase and possession of a firearm.

"When guns end up in the wrong hands - whether it be by a child, a person in crisis, or a thief - tragedy is on the horizon. All too often



unsecured firearms are to blame for mass shootings, homicides, unintentional shootings, and firearm suicides," stated Kris Brown, President of Brady. "Safe storage can prevent these tragedies before they strike. California has long been a leader in gun violence prevention, and SB 53 will take the Golden State one step further by ensuring that all gun owners safely store their firearms. Brady is grateful to Senator Portantino for his unwavering commitment to freeing California from gun violence."

Senator Portantino has long been a champion of common-sense gun reform policies. During his time in the Assembly, he successfully authorized local governments to prohibit the open carry of handguns and rifles in certain areas and as Senator, he raised the firearm purchase age in California to twenty-one. The Senator has authored legislation related to firearms storage and gun purchase safeguards, as well as a legislation that reduces the number of firearms an unlicensed individual is annually able to sell and the frequency with which they are able to sell. Most recently, he authored legislation aimed at preventing tragic school shootings and a major gun reform measure that offers a new tool to combat the rise in gun violence and save lives - a private right of action. Last year, he partnered with Governor Newsom and Attorney General Bonta to enact SB 2, which implements significant improvements to strengthen California's existing concealed-carry weapon (CCW) laws.

Related Gun Safety News

Statement on SB 2 Gun Safety Bill Court Ruling

Senator Anthony J released the following statement Wednesday on SB 2 and sensitive places: "It is unfortunate that some sensitive places outlined in SB 2 are being challenged. However, many of them remain in effect - including schools and child-care facilities, executive and legislative branch buildings, courthouses, local government buildings, jails, higher education facilities, airport and passenger

vessel facilities, nuclear facilities, law enforcement facilities, and polling places. The age limit, permit criteria, and training requirements are also in effect.

I strongly support Attorney General Bonta's appeal of the court decision, as the purpose of SB 2 is to enhance the public safety of Californians under the guidelines of the Supreme Court Bruen decision. I am optimistic that California will prevail in upholding this responsible and necessary law."

For more information visit: sd25.senate.ca.gov/news.

PWP Town Hall Virtual Meeting

The community is invited to join Pasadena Water and Power (PWP) for a Water Town Hall virtual community meeting on Thursday, January 18 from 6-8 p.m. on Zoom.

Learn about your water: where it comes from, what it takes to deliver it, how costs are recovered, and how we ensure sustainable and reliable delivery of safe, high-quality water services into the future. Assistant General Managers Lynne Chaimowitz, Finance and Administration, and Stacie Takeguchi, Water, will lead a presentation followed by questions and answers.

Residential and commercial customers are invited to attend the meeting, ask questions, and join the discussion. For

accessibility information, or to request an accommodation, please contact (626) 744-7311 or CSC@cityofpasadena.net. Providing at least 72 hours advance notice will help ensure availability.

For Virtual Meeting Credentials visit: cityofpasadena.net/city-manager/news.

To join by telephone, dial (669) 444-9171, and use the code 886 6696 1478 when prompted.

Pasadena Water and Power (PWP) provides electricity to more than 65,000 customers within Pasadena. PWP delivers water to almost 38,000 households and businesses in Pasadena and adjacent communities in the San Gabriel Valley. As a community-owned utility, PWP is a not-for-profit public service owned and operated by the City of Pasadena for the benefit of its customers and the community. Its priorities are reliability, responsiveness to customers, reasonable rates and environmental stewardship.

Catch breaking news at:
mtnviewsnews.com

Alumni & Friends

Breakfast and Games

Saturday, January 27, 2024
10:00 am - 12:00 pm

Mackenzie - Scott Clubhouse
2020 N. Fair Oaks Ave
Pasadena, Ca 91103

FREE Event

Contact: Alumni Coordinator
STEVEN.SNEED@BGCPASADENA.ORG

Scan QR Code To RSVP






JANUARY EVENTS AROUND TOWN

Brought to you by Sue Cook

January 1
Tournament of Roses "Celebrating a World of Music: The Universal Language"
Experience the beauty of floral floats along with spirited marching bands and high-stepping equestrian units. The parade begins at 8:00 a.m. at the corner of Green St. and Orange Grove Blvd.

110th Rose Bowl Game
Watch as No.4 Alabama takes on No.1 Michigan. Enjoy tailgating, Rose Court appearances and more. A free and open to the public fan fest begins at 8:00 a.m. Kickoff is at 2:10 p.m.

January 6
Kids' Cupcake Wars at Saute Culinary Academy
Bring the kids in for Saute's own version of Cupcake Wars!
9:30 a.m. - 11:00 a.m.

Goat Yoga at The Arboretum with Hello Critter
Enjoy communing with gentle goats as you engage in yoga. Bring your love for animals and a sense of humor.
10:00 a.m. - 11:00 a.m. and 11:30 a.m. - 12:30 a.m.

The Art Deco Architecture of the Playhouse District
Explore Art Deco in this historic district in the heart of Pasadena. Notable landmarks include the Scottish Rite Temple, United Artist Theatre, and the Warner building.
10:00 a.m. - 11:30 a.m.

January 11
2nd Thursday Bare Root Rose Talk and Sale at the Huntington
Join Tom Carruth, Rose Collections curator, as he discusses rose varieties available at this year's sale. 2:30 p.m. - 5:00 p.m.

January 13
Flower Arranging: Tropical Winter White Flowers at The Huntington
Join Flower Duet for a hands-on flower arranging class inspired by The Huntington's Jungle Garden. Two sessions are offered: 10:00 a.m. - 12:00 p.m., and "Bring a Buddy" 1:00 p.m. - 3:00 p.m.

La Verne Heritage Foundation Orange Picking
A great family outing! Pick your own oranges. The Country Store and Weber House will be open from 9:00 a.m. - 3:00 p.m. for your shopping and touring enjoyment.

January 15
Kingdom Day Parade 2024. "Can't Stop, Won't Stop, Going to the Promised Land"
The world's largest and longest running life celebration of Dr. Martin Luther King steps off at the corner of Martin Luther King Blvd. and S. Western Avenue. 10:00 a.m. - 2:00 p.m.

January 20
Camellia Tour at Descanso Gardens
Learn about Descanso's historic camellia collections and hear stories about the varieties in bloom. 11:00 a.m. - 12:00 p.m.

January 27
Pasadena Symphony and Pops at Ambassador Auditorium
Kensho Watanabe conducts the orchestra in performances of Beethoven's Piano Concerto No. 5 "Emperor", Kolály's "Dances of Galánta", and Jessica Hunt's "Climb". 2:00 p.m. and 8:00 p.m.

Big Bad Voodoo Daddy at The Arcadia Performing Arts Center
Big Bad Voodoo Daddy brings their lively jazz and swing music to the beautiful Arcadia Performing Arts Center. 8:00 p.m.

January 28
Pasadena Comic Con at the Pasadena Convention Center
This pop culture event for all ages features panels, celebrity guests and more.

Ongoing Events

January 1, 2
Floatfest: A Rose Parade Showcase
Head to Sierra Madre and Washington Boulevards in Pasadena and enjoy a walk within a few feet of the magnificent Rose Parade Floats.

January 17 - February 11
The Pasadena Playhouse presents "Kate"
In this widely celebrated one-woman show, comedian Kate Berlant explores events of her life.

January 21 - 27
Cheeseburger Week
Pasadena celebrates the 100th anniversary of the invention of the cheeseburger in Pasadena. Use your Cheeseburger Passport to win your prizes, take the Cheeseburger Challenge, and go on a Cheeseburger Crawl.

Real Estate Cooked to Perfection!



BATTLE OF THE BADGES Respond to the call. Give blood.

Blood Drive
Community Center
119 W. Palm Ave.
Monrovia, CA 91016

The Monrovia Police Department will host this year's Battle of the Badges Blood Drive on Thursday, January 25, from 9:30 a.m. to 3:30 p.m. at the Community Center (119 W Palm Avenue).

There is a dire need for blood and if you are able, we encourage you all to participate. We would like to beat last year's record of 38 units! Those who donate blood in the month of January will be automatically be entered to win a trip for two to Super Bowl LVIII in Las Vegas!

The winner will get to enjoy access to day-of in-stadium pre-game activities, tickets to the official Super Bowl Experience, round-trip airfare to Las Vegas, three-night accommodations, plus a \$1,000 gift card for expenses!

To schedule an appointment, please go to RedCrossBlood.org and enter sponsor code "BOB24" or call (800) 733-2767.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment. All donors get a Battle of the Badges T-shirt!

ARCADIA POLICE BLOTTER

For the period of Sunday, December 31st, through Saturday, January 6th, the Police Department responded to 796 calls for service of which 89 required formal investigations. The following is a summary report of some of the incidents handled by the Department during this period.

Sunday, December 31:

- At 6:08 a.m., officers responded to the intersection of El Monte Avenue and Las Tunas Drive regarding a male subject who started a fire at a bus stop bench. Arcadia Fire Fighters arrived to put the fire out when the subject became uncooperative and verbally aggressive. Officers discovered the subject had outstanding warrants for his arrest. The 40-year-old male transient was arrested and transported to the Arcadia City Jail for booking.
- At 11:55 a.m., officers responded to Royal Oaks Liquor Store, 511 North First Avenue, regarding the report of a robbery that had just occurred. The victim took refuge inside the store after being robbed in the alley behind in N Out located at 420 North Santa Anita Avenue. The victim was approached by three male suspects who struck him in the face with an axe and a metal pipe. The suspects stole the victim's wallet and cellphone before fleeing the scene in a black sedan.

Monday, January 1:

- At 12:30 a.m., officers responded to the area of Baldwin Avenue and Huntington Drive regarding a suspect vehicle that was involved in the commission of a felony. The driver was contacted as well as the driver of an associated vehicle nearby. A loaded firearm was discovered in the glove compartment. The 36-year-old male from Rosemead was arrested and transported to the Arcadia City Jail for booking.
- At 3:36 p.m., officers responded to the parking lot of The Hilton Garden Inn, 199 North First Avenue, regarding the report of an unresponsive female inside of a vehicle. Officers determined the 55-year-old woman was deceased. She had been homeless, living in her vehicle.

Tuesday, January 2:

- At 1:36 p.m., officers responded to a residence in the 1700 block of Holly Avenue regarding a burglary alarm. The resident saw two masked men inside of his house while watching footage from his security cameras. An investigation revealed the suspects had gained entry by smashing the rear sliding glass door.

Wednesday, January 3:

- At 7:24 p.m., officers responded to a residence in the 1000 block of Fairview Avenue regarding a burglary report. The victim saw two suspects leaving his residence as he returned home. The suspects ransacked his bedroom and stole cash and a watch. The victim saw a newer model white four-door sedan leaving the area.
- At 11:02 p.m., officers responded to an additional residence in the 1000 block of Fairview Avenue regarding a burglary report. Pry marks were found on the back door and glass panels and a window screen had been removed from the kitchen window. Shoe prints were found inside of the home, but nothing appeared to be missing from the residence.

Thursday, January 4:

- At 3:24 a.m., an officer was patrolling the 100 block of East Huntington Drive when he discovered graffiti on the rear wall of More Gain Capitol, 117 East Huntington Drive. The unknown suspect(s) spray painted graffiti block lettering that was approximately six-feet tall and twenty-five feet in width. No suspects were located.

Friday, January 5:

- At 3:00 a.m., officers responded to a residence in the 900 block of West Huntington Drive regarding the report of a male subject stealing mail from the community mailbox at the location. The subject was seen fleeing the scene in a small silver sport utility vehicle at a high rate of speed.
- At 9:25 a.m., officers responded to a residence in the 00 block of Alta Street regarding the report of a stolen vehicle. The victim left his car parked in front of the location the evening prior. He returned to his car in the morning to find it had been stolen.
- At 6:13 p.m., officers responded to a residence in the 800 block of Arcadia Avenue regarding the report of a burglary. The unknown suspect(s) entered the home through a bedroom window. The suspect(s) stole watches and perfume before fleeing the scene.

Saturday, January 6:

- At 3:13 a.m., officers responded to Santa Anita Cleaners, 1001 North Santa Anita Avenue, regarding a burglary that had just occurred. An investigation revealed the suspect used a rock to smash the front glass door of the business. Once inside, the suspect stole cash. The suspect also burglarized a neighboring business, The Nail Bar, at 1007 North Santa Anita Avenue. A cat statue was stolen. The suspect was described as male, approximately six feet tall, with a thin build, wearing a light-colored hooded sweatshirt and black pants.
- At 5:18 a.m., officers responded to Le Meridien, 130 West Huntington Drive, regarding a male subject who brandished a knife at a hotel employee. The employee asked the man to leave the location when he pulled out a knife, held it over his head, and charged towards the employee. Officers located the 48-year-old male transient near USC Arcadia Medical Center where he was arrested and transported to the Arcadia City Jail for booking.
- At 12:53 p.m., officers responded to The Shops at Santa Anita, 400 South Baldwin Avenue, regarding the report of a vehicle burglary. An investigation revealed the suspect parked next to the victim's vehicle and smashed the front passenger side window before stealing her purse and fleeing the scene in a white sport utility vehicle.

Catch breaking news at: mtnviewsnews.com

HOMELESS COUNT 2024

EVERYONE COUNTS.



NO MATTER
WHERE THEY LIVE.



POINT IN TIME HOMELESS COUNT

January 9, 2024 - Save the date for the 2024 Greater Los Angeles Point in Time Homeless Count (PIT Count). The PIT Count is the annual census that counts our neighbors experiencing unsheltered homelessness. The PIT Count helps communities plan services and programs to appropriately address local needs, measure progress in decreasing homelessness, and identify strengths and gaps in a community's current homelessness assistance system. Arcadia's PIT Count will take place on Tuesday, January 23, 2024, starting at 8pm and will deploy from the Arcadia Community Center - 365 Campus Drive. For more information and to register to volunteer, please visit theycountwillyou.org.

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SIR THERE IS A TWIST OFF ON MY BOTTLE OF WINE

There was a wonderful eatery in Old Pasadena called “Pop”, and they’d specialize in (drum roll) sparkling wines and champagnes. They seemed to do quite well with “mouse+” crowd. The story here was: sometime back, under different ownership, they were open Wednesday through Sunday. I asked the then bartender/sommelier Raphael what they did with the opened bottles of sparkling wine after closing on Sunday? He said they poured it all out in the sink. Having grown up in a waste-not-want-not household, I shook and quivered at such a thought. We made a deal on the spot that I could come in on any Sunday night and for \$15 (friends included) drink what otherwise would be thrown away.

As mentioned, Pop has long out of business, but it got me to think about the wine that is sitting in your favorite restaurant’s refrigerator: how long has it been sitting there? As far as sparkling wines go (remember, it can only be called champagne if the grapes were grown in the region of Champagne, France), there should still be a “pop” when your server takes off the stopper. If you aren’t sure, simply grab a utensil and see if you can stir up some bubbles. White wines and red will stay fresh a day or two longer, but here is my tried and true suggestion (and not once have I had a “no” or a roll of the eyes). Simply ask the server when the bottle was opened, and if they aren’t sure, ask for a fresh bottle. The mark-up on wines by the glass is in the restaurants favor; all you are doing is evening the odds. There are a handful of restaurants that sell splits of sparkling wines which gives you about a glass and a half from a split. I don’t recommend splits of sparkling wine, though, as they come with screw tops instead of corks. Sparkling wine with a screw top? Dom Perignon would turn over in his grave. If you’re looking for wine by the glass, check out the Plate 38 on Colorado or Taylor’s up in La Canada. I promise that there will be no eye rolling and they do rotate their wines by the glass program often. Check out my latest video reel on Youtube I talk about the difference between corks and screw tops!!

Peter Dills has his own podcast, subscribe to it!!

NEW CALIFORNIA LAWS IN 2024 (partial listing)

Workers

New protections for those who use or have used cannabis off the clock: SB 700 prohibits an employer from requesting information from an applicant’s prior cannabis use. AB 2188 prohibits employers from discriminating against a worker or applicant based on their use of cannabis off the job and away from the workplace.

Minimum wage increases: California’s minimum wage overall will increase to \$16 dollars an hour when the new year begins because of a state law that requires the minimum wage to adjust for inflation. Later this year, other job sectors will see even bigger bumps. In April, AB 1228 will go into effect to raise the minimum wage of fast-food workers to \$20 an hour. In June, because of SB 525, some health care workers will begin seeing increases to their minimum wage depending on the type of facility they work in, to eventually reach a \$25 minimum wage for the entire industry by 2033.

New limits for gun buyers and carriers: Lawmakers and the governor this year passed two laws in response to mass shootings nationwide. SB 2 places new limits on concealed carry firearm permit holders, while AB 28 imposes an 11% tax on firearms and ammunition to help fund violence prevention programs.

SB 14 - Defines child sex trafficking as a serious felony under California law, meaning repeat offenders of this crime and other serious offenses could face up to life in prison
AB 701 - Enhances jail time for those trafficking more than a kilo of fentanyl.
AB 452 - Eliminates the statute of limitations, or time limit for the recovery of damages, for victims of childhood sexual assault that occurs on or after January 1.

AB 2282 - Enhances criminal penalties for those who use swastikas, nooses, desecrated crosses and other hate symbols on schools, cemeteries, religious institutions, businesses and other private and public spaces.

Housing

AB 12 - Starting in July, prohibits landlords from charging more than one month’s rent for a security deposit.

SB 4 - Allows places of worship or independent higher education institutions to build a housing development project on their property “by right.”

Health

Abortion and reproductive protections have been a priority for lawmakers and the governor since the Supreme Court of the United States struck down Roe v. Wade. With that, they passed SB 345, which sets legal protections for healthcare providers who mail abortion pills or gender-affirming prescriptions out of state.

SB 385 allows physician’s assistants to do surgical abortions without the direct supervision of a doctor. For those mourning a reproductive loss.

SB 848 requires employers to provide five days of time off for workers who went through the loss, including a miscarriage, stillbirth, or unsuccessful embryo transfer, insemination or adoption.

SB 43 - Makes it easier for counties to put those with severe mental illness into medical treatment or temporary psychiatric holds. The law expands who can be put into an involuntary hold to include those who are addicted to drugs or alcohol or who are unable to keep themselves safe.

Consumer

AB 1084 - Requires retailers to have a gender-neutral toy section.

SB 244 - The Right to Repair Act, which will require manufacturers of devices that cost more than \$50 to provide consumers and repair shops with parts, tools, or instructions to repair the device.

SB 478 - Hidden fees no longer. Starting in July, this will require websites to show the actual cost of a service or item upfront. This includes hotel or short-term rental stays, event tickets and food delivery services.

Miscellaneous

ONLINE PROTECTIONS: AB 587 requires social media companies to disclose how they address hate speech and disinformation. Tech companies are expected to provide reports to the state attorney general on how they address violations of user terms.

DAYLIGHTING CROSSWALKS: AB 413 prohibits stopping or parking a vehicle within 20 feet of an intersection or crosswalk clear of parked vehicles.

KEEP CRUISING: AB 436 keeps cities and counties from imposing cruising bans on city streets.

ALL THINGS By Jeff Brown

HERE ARE SOME INVENTIONS & DISCOVERIES THAT HAVE HAD PROFOUND AND LASTING EFFECTS ON HUMAN CIVILIZATION.

- The Wheel/The Printing Press
- The Plow/Aqueducts/Radar/Sonar/Plastic
- Electricity/Air Conditioning/Renewable Energy/Sextant/Calculus/Space Telescopes/Sun Centered Solar System
- DNA Structure/Human Genome Project/AI/Cameras/Currency/Credit Cards/Oblate Spheroid Earth
- Germ Theory/Anesthesia/Surgery Advances/Contraceptives
- Artificial limbs/Organ Transplants/MRI/X-RAY/Pasteurization
- Cement/Steel/Elevator/WineSatellites/Nuclear Power/Carbon Dating/City Sanitation/Cotton Gin
- Microscope/Telescope/Space Exploration/GPS/Batteries/Gunpowder
- The Steam Engine/Combustion Engine/Train/Airplane/Automobile
- The Clock/The Compass/Calendar/The Flush Toilet/Refrigeration
- Glass/Glasses/Canning/Soap/Sewing Machine/Aspirin/Surgery Advances
- Aqualung/Scotch Tape/Band Aid/The Nail/Use of Fire/Use of Crude Oil
- Penicillin/Antibiotics/Vaccines/Insulin/ mRNA/Thermometer
- Electric Light/The Transistor/Semiconductors/Fiber Optics/Sliced Bread
- Film/Video/The Radio/The Telegraph/The Telephone/TV/Good Shoes
- The Scientific Method/The Computer/The Internet/Smartphone
- United States Bill Of Rights

The list is by no means exhaustive, and the importance of inventions can vary depending on the criteria used for evaluation.



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JEWISH COMMUNITY AND THE CITY OF PASADENA TO HOLD EVERY PERSON HAS A NAME, A 25-HOUR HOLOCAUST VIGIL TO COMMEMORATE UN INTERNATIONAL HOLOCAUST REMEMBRANCE DAY

On Saturday, January 27 at 7 p.m. through Sunday, January 22 at 8 p.m., the Jewish Federation of the Greater San Gabriel and Pomona Valleys, in partnership with the City of Pasadena, will be holding its annual Every Person Has a Name, a 25-hour Holocaust vigil to commemorate UN International Holocaust Remembrance Day, on the steps of Pasadena City Hall.

“With the rise of antisemitic and hate incidents we have seen as of late, an event like this is crucial to serving both as a reminder of what can happen when hate goes unchecked and also to remember the people who were murdered because of the same hatred... the hatred for the other,” explains Jason Moss, Jewish Federation’s Executive Director. “By bringing the community together, we remember that each person killed was someone who lived and whose life was cut short. They are not just part of the six million lives lost but had their own story and their own individual experience. While our readers and those who listen may not know the people they are reading the names for, they are remembered by saying their names aloud. With every passing day, survivors are dying, and with them go their stories. My concern is that the memories will be dying as well.”

This year’s event will begin with a commemoration ceremony featuring local elected officials and other dignitaries. Then, it will continue with a 24-hour vigil of name reading. And there will also be an exhibition entitled The Righteous Among the Nations, made available to be shown by Yad Vashem, Israel’s National Holocaust Museum. The exhibition shares the stories of over 30 people who willingly sacrificed their own freedom, and sometimes their own lives, to save Jews during the Holocaust.

By participating in events like this, we help ensure that the importance of the Holocaust is not forgotten, no matter how many years pass, as memories are passed on to the next generation. We hope that community members will take this opportunity to help safeguard the memory of the Holocaust, promote tolerance, and protect the society in which we live.

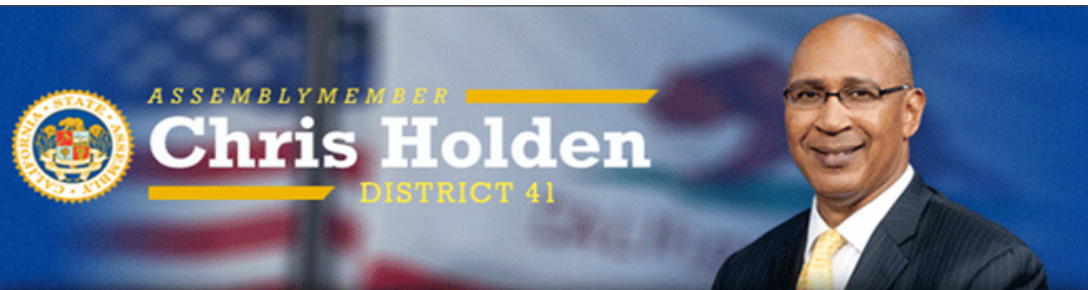
The event is open to the public. We are currently looking for volunteers to read names, in-person or virtually, during 30-minute blocks. People can sign up by visiting the Jewish Federation’s website (www.jewishsgpv.org) or calling 626.445.0810.

Those who do not feel like reading can attend the commemoration ceremony, sit and listen as the names are read, and help spread the word about the event. Being present and showing support is part of the power of the event.

For more information about this event, please get in touch with the Jewish Federation at 626.445.0810 or by sending an email to federation@jewishsgpv.org.

###

The Jewish Federation of the Greater San Gabriel and Pomona Valleys’ mission is to build community by strengthening and enhancing Jewish life. The Jewish Federation does this by providing programs and services that support the needs of the Jewish community in our region and acts as the Jewish voice on issues that affect the greater Jewish community.



ASSEMBLYMEMBER HOLDEN'S DUAL ENROLLMENT BILL PASSES COMMITTEE

Sacramento, CA – Today, Assemblymember Chris Holden's bill, AB 359 passed the Assembly Committee on Higher Education with bipartisan support. This bill would remove existing barriers for Local Education Agencies and Community Colleges by providing technical assistance to create partnerships and increase the students' ability to access necessary resources and additional courses.

Dual and concurrent enrollment provides high school students access to college-level coursework. In some cases, students earn both high school and college credit for the same course depending on approval from local school and community college governing boards. Assemblymember Holden first established the College and Career Access Pathways program in 2015 (AB 288) and has since passed numerous bills to increase and expand dual enrollment opportunities through these partnerships.

"I have spent the last nine years championing these efforts by providing aspiring students across the state, irrespective of socioeconomic status, the opportunity to excel without the heavy burden of college debt," said Assemblymember Holden.

As the quality of dual enrollment programs throughout the state widely varies, many students express that they feel disengaged from school, or that they are constantly repeating material that they have already covered. Increasing educational opportunities, such as dual enrollment, provides a turning point for students that can lead to academic success and future employment.

In 2022, Holden authored, AB 102, which was signed into law and increased access to dual enrollment opportunities for students in juvenile court schools as well as eliminated the 2027 sunset date for the College and Career Access Pathways (CCAP) partnerships, indefinitely. "Two years ago, we were able to ensure that education has no sunset, and with this new bill we hope to focus on the long-term success and sustainability of dual enrollment by providing necessary dual enrollment reform that benefits all key stakeholders," said Holden.

SCHOOL DIRECTORY

- Alverno Heights Academy**
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org
- Arcadia Christian School**
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsliions.com
Principal: Cindy Harmon
website: www.acsliions.com
- Arcadia High School**
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net
- Arroyo Pacific Academy**
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(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org
- Assumption of the Blessed Virgin Mary School**
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626-793-2089
https://school.abvmpasadena.org/
- Barnhart School**
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(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org
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Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsliions.org
- Clairbourn School**
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San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org
- Foothill Oaks Academy**
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Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org
- Frostig School**
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org
- The Gooden School**
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org
- High Point Academy**
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org
- La Salle College Preparatory**
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy
- Monrovia High School**
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us
- Odyssey Charter School**
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org
- Pasadena High School**
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Mathew Kodama
website: http://phs.pusd.us
- St. Rita Catholic School**
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Adela Solis (626) 355-6114
solis@st-ritaschool.org
Website: www.st-ritaschool.org
- Sierra Madre Elementary School**
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us
- Sierra Madre Middle School**
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us
- Walden School**
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www.waldenschool.net
- Weizmann Day School**
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(626) 797-0204
Lisa Feldman: Head of School
- Wilson Middle School**
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us
- Pasadena Unified School District**
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
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Pasadena Unified School District

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Scientists are studying animals in... ..their environments to record any changes.

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Kids: color stuff in!

Studying Earth's Climate

For many years, scientists have been charting the world's changing temperatures. It is natural for some movement of temperatures to occur, but many people wonder how the changes in climate that result will affect animals and people in their habitats and daily lives.

In the coldest northern parts of the world, scientists are studying ice and the way it freezes and melts. Some are also studying the region's polar bears, marine animals that spend most of their time at sea rather than on land. Scientists have seen that the ice that these bears live and hunt upon is starting to melt earlier in the season than it once did. The bears are swimming farther from home to hunt for food (seals) and some are not making it back. Some reports say that polar bears are getting thinner and that more of their cubs are dying. By studying such changes, scientists hope to understand how people can respond to protect themselves and wildlife around the globe.

People check the temperature of the sand at the green sea turtles' nesting area. They want to see if any changes affect the eggs.

Read the clues to fill in this puzzle about polar bears:

- A polar bear's _____ layer can grow up to 4 inches thick. It provides warmth and can keep them from going hungry.
- Polar bears live in the _____ region around the North Pole.
- Mothers care for their _____ for about 2 1/2 years.
- The "food" or prey for polar bears mostly lives in the _____.
- The foot of a polar bear is partially _____ to help it swim.
- Polar bears have been known to kill Beluga _____.
- The loss of _____ may push polar bears closer to extinction.

8. The bottoms of a polar bear's _____ have hair to keep them warm.

9. In the wild, polar bears _____ 25-30 years.

10. The skin of a polar bear is actually black, but its _____ makes it look white.

11. Polar bears do not _____ in the winter like other bears.

12. Polar bears can swim up to 60 _____!

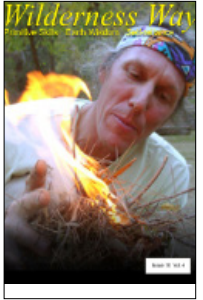
13. Polar bears don't like fruit or vegetables; they mostly eat _____.

14. Polar bears have small _____ so they don't lose too much heat.

15. Polar bears are, on average, the _____ bears in the world.

Clues for crossword puzzle:
 1. largest
 2. hibernate
 3. fat
 4. ice
 5. ears
 6. cubs
 7. live
 8. meat
 9. whales
 10. Arctic
 11. hair
 12. feet
 13. miles
 14. webbed
 15. water

CHRISTOPHER Nyergeres [www.SchoolofSelf-Reliance.com]



[Nyergeres is the author of "Urban Survival Guide," and other books. More information at www.SchoolofSelf-Reliance.com]

A LITTLE FIELD OF DREAMS

Excerpted from Nyergeres' "Squatter in L.A.," book, the true story of how he lived as squatter for a year and a half. Available from Amazon as an e-book or hard-copy.

I was living in a small cinder-block house set on one acre of wild property, located at the end of cul de sac. I often felt like I was in a universe far, far away.

While I lived there, I practiced recycling of household wastes, did composting, water recycling, animal raising, and lots of gardening.

My garden never seemed highly productive but I had a few of the tall red amaranth plants, some squash, a corn patch, some greens, and wild foods. It was probably my first successful corn patch. I didn't plant the rows of corn that you see so often in gardens and on farms. Rather, in my approximately 10 by 20 foot corn patch, I had corn more of less evenly spaced. I had wanted to try the so-called Three Sisters of the native Southwest, of corn, beans, and squash.

In the arid soil of the Southwest, the corn was planted first, and once it arose, beans were planted at the base of the each corn. The beans' roots fix nitrogen and this acts as a fertilizer to the corn. Squash was then planted as a sprawling ground cover to retain the valuable scant moisture of the desert.

I planted my corn in what had been my wood chip patch, three seeds per hole about two feet apart. Corn came up, and then I planted bean seeds. Beans are usually an easy crop to grow, but not that many came up. Who knows, maybe my ducks ate them. I planted squash too. Not a desert squash but ordinary zucchini which did a good job as a ground cover and food producer. I loved the little garden, and at night when I sat at my plywood desk with my typewriter, I'd look out my window through the several feet tall corn patch to see the lights of the city below. During the day, little birds would flock to the corn patch and eat bugs. I enjoyed the fact that this little garden that I created with my simple efforts was now teeming with wildlife. It felt good just to look at it. It provided some food for my body, food for wildlife, and food for my soul.

Not long after I started this patch – it was near Thanksgiving – my friend David Ashley came by for a visit. David had already moved into the neighborhood from wherever else he'd been living. He came up to the top of the hill where I was a squatter to pay a visit. My housing status didn't cause David to lower his regard for me.

I took David out into my garden, and we stood there talking about the mysteries and meanings of life. I pulled off a ripe ear of corn and handed it to him and picked one for myself.

"What's this for?" asked David.
 "To eat," I responded as I began to peel off the leaves and hairs on my average size ear of corn. He took a bite of the sweet kernels.
 "I didn't know you could eat corn raw," said David in a surprised voice.
 "Yep, you can," I told him as I chewed on my sweet tender kernels from my fresh-picked cob. David began to peel his and take some bites.

"Wow, that's really good!" said David, chewing on more kernels. We stood there for a few moments, eating our corn, looking at the outside world through the stalks of corn that were taller than us. It was a quiet, special moment. We didn't say a whole lot more, just stood there eating every last kernel, and looking down at the vast city of Los Angeles as if it were Emerald City.

Eventually, David left, and over the ensuing months, I would occasionally hear David excitedly telling someone about his surreal experience eating raw corn in Christopher's little corn patch, our own little "field of dreams."

CLASSES AND BOOKS
BY CHRISTOPHER NYERGERES
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 Box 41834, Eagle Rock, CA 90041

Katnip News!



Adorable ARCHIE!

Archie is just the sweetest little kitten! He needed a rescue and much help to save this little dude's leg following a femoral fracture that landed him on the euthanasia list at SEAACA.



Now we are happy to report that not only is Archie still a quadruped, but his leg is 80% healed and he has been discharged to foster care! His rescuer said, "Archie was a clinic favorite! He's full of love and purrs and will make an excellent addition to any family!"

Our thanks to the wonderful foster mom extraordinaire, who is keeping this sweet boy safe and loved while he continues to heal. Born 10/25/23. We are taking applications now for when he is ready to be adopted. See more at <https://www.lifelineforpets.org/archie.html>. Lifeline for Pets.

Pet of the Week

Five-year-old Kilo is such a good boy- and he knows it! He's sweet and affectionate with a very calm demeanor.

Kilo has become a favorite of the volunteers at Pasadena Humane who have taken him out on several field trips. He walks well on leash, enjoys car rides, and always has a fun day out on his adventures. He's quite fond of hiking, but really any excursion for him is a blast!

He has been known to sit calmly in the backseat of the car, his nose sticking out the window, serenely watching the trip unfold. He'll then lay down for a nice nap at your feet. If you're looking for a ride-along pal, Kilo would love to be it!

Kilo is eligible for the Seniors for Seniors program, so his adoption fee is waived for any adopter over 60.

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

View photos of adoptable pets and schedule an adoption appointment at pasadenahumane.org. Adoptions are by appointment only, and new adoption appointments are available every Sunday and Wednesday at 10:00 a.m. Limited same-day appointments are available during weekend Visiting Hours. Check website for times.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

Kilo was such a great boy on his adventure and was a great candidate as being my first dog taking

to a park/ hike setting. When approaching my car, he would sit in front of the door waiting for me to take the time to unlock and open it for him. He does seem to have trouble jumping (not sure if it is an age related issue). Once in the car he loves to stick his head out the window and had a specific preference on the R side. Did not bark in car nor whine. When seeing dogs passing by while having his head out the window, he would stare but never bark or seem to fixated. Our first park trip, he loved to smell the dirt and grass and did not react to runners passing by. Taking him to our second hiking location, he did good. Loves to smell the environment and mark occasionally. When children, men and loud groups passed by, his attention was focused on looking forward or other smells that caught his attention. (2) larger dogs were passing and he seem interested in staring but was redirected with treats and sit commands. Smaller dogs he seems more fixated on; headed back down a small Maltese started to engage and repeatedly bark at Kilo to where he reacted and pulled and headed towards dog until he was redirected with defensive leash handling and treats. Kilo did not bark or growl at the small dog. Treated him to a pup patty with no salt after his hike and he definitely enjoyed it!



BEAR-RESISTANT BARRELS



As part of the new program, the City of Sierra Madre has arranged for a 96-gallon bear-resistant barrel to be provided to all single-family residential customers. These barrels will be delivered to your home this fall. As part of this barrel deployment, Athens will collect your old container.

Be on the look out for additional information related to the upcoming bear barrel deployment timeline and your new organics program.

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WHAT YOU NEED TO KNOW ABOUT MEDICARE SPOUSE COVERAGE

Dear Savvy Senior:

Are spouses who have not worked outside the home eligible for Medicare benefits? I have worked most of my adult life, but my wife has been a mother and homemaker since we got married and hasn't held an income-producing job since she was in college. Will she be eligible for Medicare? Searching Spouse



Dear Searching:

There are many couples in your situation when it comes to applying for Medicare. The answer generally is yes, your spouse can qualify for Medicare on your work record. Here's how it works.

Medicare Requirements

Medicare, the government health insurance program for older adults, covers around 60 million Americans age 65 and older, as well as those younger that have a qualifying disability or have End-Stage Renal Disease.

To be eligible, you must have worked and paid Medicare taxes for at least 10 years to qualify for premium-free Medicare Part A hospital coverage when you turn 65. If you qualify, then your non-working spouse will qualify too, based on your work record when she turns 65.

Divorced spouses are also eligible if they were married at least 10 years and are single, as are surviving spouses who are single and who were married for at least nine months before their spouse died.

In addition to Part A, both you and your spouse would also qualify for Medicare Part B, which covers doctor's visits and other outpatient services, but requires a monthly premium. The premium for Part B beneficiaries in 2024 is \$174.70 per month per person. Couples filing jointly with incomes over \$206,000 per year pay even more.

There are also a number of other caveats you should know about depending on your wife's age.

Older Spouses

If your wife is older than you, she can qualify for Medicare on your work record at age 65, even if you're not getting Medicare yourself, but you must be at least 62 years old. You also must have been married for at least one year for your wife to apply for Medicare on your work record.

you are still working and your wife is covered by your employer's health insurance, she may want to enroll only in the premium-free Medicare Part A until you retire, or your employer coverage ends. Part B – along with its premium – can be added later without penalty as long as your employer's group health plan is your "primary coverage." Check with your employers' human resources department to find out about this. (Note: If your wife is funding a health savings account, she may not want to take Part A because she can't make contributions after she enrolls).

Younger Spouses

If your wife is younger than you, she will need health insurance until she turns 65 and becomes eligible for Medicare. This may be through the Health Insurance Marketplace (see [healthcare.gov](https://www.healthcare.gov)), or if you're still working, through COBRA (see [dol.gov/general/topic/health-plans/cobra](https://www.dol.gov/general/topic/health-plans/cobra)).

Other Medicare Choices

In addition to Medicare Part A and B, when you and your wife become Medicare eligible, each of you will also need to enroll in a Part D prescription drug plan if you don't have credible drug coverage from your employer or union. And, you may want to purchase a Medicare supplemental (Medigap) policy too, to help pay for things that aren't covered by Medicare like copayments, coinsurance and deductibles. Or, you may want to consider an all-in-one Medicare Advantage plan.

For more information on Medicare choices and enrollment rules visit [Medicare.gov](https://www.Medicare.gov) or call 800-633-4227. You can also get help through your State Health Insurance Assistance Program (see [shiphelp.org](https://www.shiphelp.org)), which provides free Medicare counseling.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](https://www.SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...JANUARY BIRTHDAYS*



Gerald Day, Mary Tassop, Judy Webb-Martin, John Johnson, Mary Bickel, Marlene Enmark, Shirley Wolf, Ross Kellock, Ruth Wolter, Sandy Thistlewaite, Bobbi Rahmani, Fran Syverson, Judy Zaretska and Becky Evans. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

HART PARK HOUSE SENIOR CENTER

**222 W SIERRA MADRE BLVD
626-355-5278
MONDAY-THURSDAY 7:30AM-5:30PM**
**CLOSED
MONDAY, JANUARY 15, 2024**

Monday & Wednesday 10-1045 AM

Chair Yoga

Please join us for some gentle stretching, yoga, balance exercises and overall relaxation. Classes are ongoing and held in the Hart Park House Senior Center.

WELCOME TO

Beginner Every Thursday 10:00 AM-11:00 AM

Intermediate Every Friday 10:00 AM-11:00 AM

Bring your lei, flower skirt or just your desire to dance! Join in on the fun in the Memorial Park Covered Pavilion on Thursday, the Hart Park House Senior Center on Friday.

HULA & POLYNESIAN DANCE

FITNESS FOR LIFE

YOUR FIRST 5K

You've never gotten into running. You don't even go for daily walks. Thinking about attempting a 5K this year may seem like an impossible task. But it isn't. If you start now, you can not only start and finish a 5K this year but have a lot of fun in the process. Here's what you need to know.



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes and a weight management support group. If you have questions or ideas for this column Contact Michele at michele@kid-fit.com. Visit her Facebook page at: [michelsfitness](https://www.facebook.com/michelsfitness).

First, don't think you have to run the event. Many people walk. Some walk and run. Others have worked their way up to a full run. It doesn't matter which you are able to do, what's important is to get out there and try. A 5K is often a short, family-oriented fun run that brings a lot of different people together. People of all ages, sizes, and fitness levels.

Also, don't pressure yourself into thinking it's a race. Unless you're an elite athlete, the event is meant to be enjoyable. A way to socialize with friends and family.

How do you begin? Find a trail or running path. Measure its length using your car or Google Maps. If the course has been used for a 5K before, it likely already has a marked route to achieve the 5K distance.

Preparing for Your First 5K

1. Set Your Goal: Decide whether you want to walk, jog, run, or do a combination. This decision will guide your training plan.
2. Create a Training Schedule: Start slowly. If you're a beginner, begin with walking. Gradually increase your pace and distance over time. A typical training period is 8 to 12 weeks. There are plenty of beginner 5K training plans available online.
3. Invest in Good Shoes: This is crucial. Visit a specialty running store to find shoes that support your foot type and gait.
4. Find a Buddy or Group: Training with others can increase your motivation and make your workouts more enjoyable. Look for local running groups or enlist a friend to join you on this journey. Running groups have all types of members, they aren't just hard core running aficionados. Many offer beginners a group of their own to help them get started safely without pressure to do too much.
5. Stay Consistent: Try to stick to your training schedule, but also listen to your body. It's okay to rest if you're feeling sore or fatigued.
6. Mix It Up: Incorporate cross-training to build overall fitness. Activities like cycling, swimming, or yoga can enhance your strength and flexibility, reducing the risk of injury.
7. Track Your Progress: Use a fitness app or journal to record your workouts and progress. Seeing how far you've come can be a huge motivator.
8. Plan for Race Day: Familiarize yourself with the course beforehand. Plan your transportation and arrival time to avoid any last-minute stress.
9. Dress Rehearsal: A week before the event, do a "dress rehearsal" with the outfit and gear you plan to use on race day to ensure everything is comfortable.
10. Stay Hydrated and Eat Right: Good nutrition and staying hydrated are key to your training. Focus on a balanced diet with plenty of carbs, proteins, and healthy fats.

On 5K day, begin slowly to warm up your muscles. Set a comfortable pace that you've maintained during training. With the excitement around, it's easy to start too fast so tell yourself to go especially slow. Take time to enjoy the experience: the scenery, the community spirit, and the accomplishment of each step. Crossing that finish line, regardless of your method, is a victory.

Most 5K's are created to raise funds for important causes. Find a cause you're passionate about or that has affected your life personally and start with a 5K that raises awareness for it (i.e., breast cancer, autism, childhood obesity, etc.). You'll meet other people who have the same devotion for the cause and you may even make lifelong friends. Being outdoors is also very satisfying. Many of us are stuck indoors all day and don't get to enjoy the beauty of the outdoors as much as we would like. In fact, spending time in nature has been found to help with mental health problems such as anxiety and depression (ecotherapy).

Completing a 5K is an excellent goal, more accessible than you might think. It's about more than physical fitness; it's about setting a goal, working towards it, and enjoying the process. Whether you walk, jog, or run, the key is to have fun and celebrate your progress. Remember, every participant started somewhere, and this 5K could be the beginning of a lifelong love for an active lifestyle. Lace up those shoes, set your sights on the finish line, and get ready for an incredible journey!



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

O ENERGY, O ENERGY, WHEREFORE ART THOU O ENERGY?

Since I have reached a certain age, I cannot reveal that age; my energy seems limited. I don't have the energy I once had. Where it has gone, I have not discovered yet.

I once inquired of The Gracious Mistress of the Parsonage where my energy went, and she replied, "Silly boy, you're over the hill, and so is your energy."

I almost asked her what that meant, but I didn't have the energy, and I didn't have the energy to climb back up that hill.

Not having enough energy does have its good side. One thing is that it is an excellent excuse for not doing something. For example, when my wife asks me to do something that I really don't want to do, I say, "My Dear, I just don't have the energy or I would do it."

Of course, she scowls at me because I think she knows exactly what I'm saying. I have discovered that the word "retired" is something I didn't understand before. It means that I am tired over and over and over again. How I long for those pre-tired days of long ago. I didn't understand how tired I was until recently.

A little over a year ago, our great-granddaughter entered our lives. When that happened, the great-grandmother opened "Grandma's Playtime Center." Now, the great-granddaughter is at our home during the week while her parents are working. Seeing how much this little rascal grows within a year has been interesting. Somebody thought they were teaching her how to walk when, in reality, she learned how to run. Hardly a step goes by with her that she's not running here and there.

I open my office door, and before I fully open it, she ran inside before me. My challenge is finding the energy to get her out of my office. Watching her running all day long it is a very tiring experience. I'm not sure where she gets all her energy but she seems never to run out. If only I could borrow some of her energy, it would be great. It would serve both of us well. Since she's been staying with us throughout the week, I've realized how truly tired I was. Every day is a new level of tiredness for me. I'm beginning to believe that there is actually no end to this tiredness cycle.

I still come back to that question: where did my energy go? If I can answer that question, I might solve some of my retirement problems. Thinking back on my former years, I remember how much energy I had when I was younger. As a young kid, my parents made me go to bed early, and sleeping early

was difficult. I sought ways to convince my parents to let me stay up longer. No matter when I went to bed, I still had energy that I hadn't used that day. Oh, if only I could tap into that energy today. Now, as I am older and in that tiredness cycle, I look for excuses to go to bed earlier. It has become a game between The Gracious Mistress of the Parsonage and me. We try to find new excuses to convince us to go to bed earlier.

Sitting in my chair, I will begin to fake a yawning session. Looking at me, my wife asks, "Are you ready for bed already?" Looking at my watch and seeing that it's not even 9 o'clock, I respond by saying, "Oh, no not yet!"

"You will tell me when you're ready for bed, won't you?" I'm not too fond when she puts all the responsibility on me. If I had the energy, I would challenge her, but where do I get that kind of energy?

Occasionally, I will sneak a peek in her direction, and sometimes, I will see her eyes closed. I then say, "You're not asleep are you?" She would quickly open her eyes, looks at me, and says, "No, I was just praying." Finally, just before the clock hit 10 o'clock, she looked at me and said, "I think I'm ready for bed. I have to get up early tomorrow to take care of our great-granddaughter." Only she could come up with a legitimate excuse to go to bed early. If only I could come up with a legitimate reason but I had to get up early in the morning I might be able to cash in on that.

Usually, I'll respond by saying, "I'll join you when I find the energy to get up off of my chair." Finding energy has become a hobby of mine. Unfortunately, I'm not too successful at this hobby.

I won't give up the search for energy. Surely, there is something I can do to tap into some kind of energy. Maybe the fault lies with climate change.

Thinking about this the other day, I remembered a Bible verse. "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint" (Isaiah 40:31).

Based on this, I have learned that waiting on God is the real secret to my daily energy. Like many people, I try to find my own energy and have failed many times. Only God can renew the strength I need to live each day for His glory.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART TOLCHIN PUT THE LIGHTS ON



THE BEAR FLAG REPUBLIC OF CALIFORNIA AFTER SECESSION

That's right secession - the action of withdrawing formally from membership to a body, especially a political state. What am I talking about? You can probably guess. If Donald Trump is elected President in the 2024 election, it is my firm hope that California will secede from our union of 50 states and form a new Progressive Democratic Republic.

The reasons for this desire are obvious. To my mind, and to many like me, Donald Trump is an embarrassment. He and his MAGA adherents represent a disgusting challenge, a negation of our democracy. If a majority of Americans choose to elect that individual as President I do not want to be a part of the country any longer.

How do we secede? It takes some organization and some leadership. Perhaps it can be done by a simple telegram signed by thousands or hundreds of thousands. Maybe what is required is an aggressive attack on some facility that flies the Stars and Stripes and the subsequent lowering of that flag and the raising of the Bear Flag that represented California as an independent nation, an unrecognized breakaway state from Mexico that for 25 days in 1846 militarily controlled an area north of San Francisco, in and around what is now Sonoma County in California.

This actual secession is mere mechanics. Perhaps the remaining MAGA states would not even want to hold onto California as it would be filled with a population completely opposed to the Trumpian principles which intended to maintain inequality and arbitrary punishment.

Of course there is the question of water. Where would California get water? Perhaps Washington and Oregon or Patriot Baja California would want to join our new nation. Let's leave those niceties and discuss what is really important to me - what will be the regulations and rules defining this new nation?

I say rules and regulations rather than LAWS as I agree with Shakespeare who said that "the first thing to do is kill all the lawyers." This was written in 1591. Of course this line has been interpreted in different ways and perhaps Shakespeare meant it simply as a criticism of how lawyers maintain the privilege of the wealthy and powerful. For me, a practicing lawyer for over fifty years, the quote is significant not only as a criticism of lawyers but also a criticism of all laws.

As to matters of punishment, the system worked surprisingly well. Rather than punish culprits, the culprits' entire lineage or clan paid compensation. This made it everyone's responsibility to keep the kindred under control." It is explained that "it is not the guilty who suffer the penalty, but rather it is the public that must make amends for the offenses of the individuals.

Does that description describe what should be "civilized behavior"? The Jesuit Missionaries were scandalized by the indigenous people's relations between the sexes. It was reported that Indigenous American women were considered to have full control over their own bodies, and that therefore unmarried women had equal sexual liberty as men. Furthermore, married women could divorce at will.

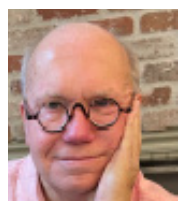
Shocking don't you think? No need for Divorce Courts or for police. The rejection of arbitrary authority worked hand in hand with reasoned debates, rational, empirical, skeptical, empirical conversational in tone that was a form of pleasurable conversation in its own right.

A society that values and enjoys intellectual debate and conversation is the kind of society in which I want to live. I would also like to see the end of private property and world love to see children raised communally. Rather than forced attendance in schools with underpaid, overworked teachers, I want to live in a society wherein children are almost individually mentored and given the opportunity to take aptitude tests which help them to discover their own abilities and interests.

I am not sure about a lot of things, and there's a lot more to say; but I am sure that I do not want to live in a nation with Donald Trump as President. Really, rather than secession, it is my hope that the present day United States will not have to face the reality of living with Donald Trump as President. Once was bad enough!



RICH JOHNSON NOW THAT'S RICH CONGRATS TO MY FEARLESS LEADER



Congratulations to my fearless leader...Susan Henderson. The Mountain Views News is the Sierra Madre Business of the Year. Because of her and despite me!

Susan has published the newspaper since 2007. Remember, that was back when George Bush was president. Also, the first iPhone came out in 2007. My understanding is Steve Jobs assembled a team of marketing and advertising wunderkinds who helped him redefine cell phones with an extraordinarily clever name. The Apple Think Tank after much deliberation decided to call Steve's masterpiece the...iPhone 1. Magnificent!

The first efficient electric car, the Tesla Roadster came out in 2007. J.K. Rowling's final book in the series "Harry Potter and the Deathly Hallows" was published worldwide. Sold 12 million copies in 24 hours.

"The Big Bang Theory" premiered. As did "Keeping Up with the...Kardashians". Dixie Chicks won the 2007 Album of the Year.

Get this...Myspace was 65 times more valuable than Facebook in 2007 (imagine that). Founder, Tom Anderson sold MySpace in 2005 and today Tom is worth a cool \$60 million dollars. Not bad. (I wonder if he qualifies for food stamps?) What about Facebook? Is it still around? Remember, the company MySpace was 65 times more valuable than Facebook in 2007? Well today, Mark Zuckerberg is worth \$130 billion dollars. Is that more than \$60 million?

And of course, 2007 was the year I actually talked someone into publishing what I was shoveling...err writing. Susan saw something in me I didn't see in myself...along with thousands of other bewildered folks. I wrote faithfully through most of 2011 until a disturbance in the force (maybe the farce) pulled me away from writing. Ten years later, Ms. Henderson graciously forgave my absence and welcomed me back into the fold (fold: a newspaper term. Ask a paperboy) I have always endeavored to inspire you, the person who reads my column and risks wasting time, effort and vital brain cells. Inspire about what? I have no idea...but thank you.

Probably the most important information I can leave you with are the key truths in Murphy's Laws of Combat. After all, whether it be confronting your parents, spouse, children, pets, even passersby, these laws are critical, vital and often necessary. (I passed this along to Tony Robbins years ago. And as of May 19, 2023 Tony is worth \$600 million dollars. You're welcome Tony.)

Back to Murphy's Laws of Combat:

1. If the enemy is in range, then so are you.
2. Try to look unimportant. The enemy may be low on ammo.
3. Teamwork is essential. It gives the enemy someone else to shoot at.
4. Never draw fire. It irritates everyone around you.
5. Never, ever forget your weapon was made by the lowest bidder.

And finally, possibly the most important law of combat: "When you've secured the area, don't forget to tell the enemy".

Again, I compliment an extraordinary lady who complements* my life. I'm not certain I complement hers. Hope so! When** I grow up, I want to be just like her.

* Complement is different than compliment...look it up

** Should read, "If I grow up...!"



TOM PURCELL MAKING THE BEST OF THE COMMON COLD



I forgot what it was like to experience a good old common cold. Prior to covid, you see, the cold-getting experience went like this: I'd wake with a stuffy nose and scratchy throat and my only thought was to curse the gods for visiting a new virus cocktail on me that was going to make me cranky for 9 days.

I remember at first denying that a cold virus was feasting on me, then, as the hacking got bad, I moved on to the anger stage before finally accepting my fate that the miserable common cold is a fact of life. But post-covid, few people respond to a common cold this way.

No sooner do our sniffles start than we are searching WebMD, calling doctors and telling family members we're certain we are suffering from another covid variant that is sure to do us in.

"Headlines warning of new covid variants; unseasonal surges of flu, RSV and human metapneumovirus; and unusual symptoms stemming from viruses that usually cause cold-like symptoms, including adenovirus and enterovirus, have made many of us hyper aware of the germs that make us sick," reports NBC News.

Experts tell NBC News that our overreaction to the cold is a bit of overkill — that unless it is an unusually strong bug (which means it may be something more serious) or unless you have a weakened immune system, just do what humans with a cold have always done: get some over-the-counter drugs and drink plenty of fluids. There's not much else we can do.

Look, back in 2018, Scientific American said scientists were getting close to curing the dreaded cold — two years before covid demonstrated that our scientists aren't much ready for prime time where preventatives for easily spread respiratory viruses are concerned.

According to Scientific American, the search for a cure dates back to the 1950s when scientists discovered that the cause of the sniffles was a group of pathogens known as rhinoviruses.

The trouble is, there are 160 different strains of these bugs and, said one immunologist, it's "incredibly difficult to create a vaccine or drug that will target all of those 160 [strains]."

Another idea is to crack the code on the structure that each of the 160 strains shares. Researchers at the Imperial College London have been working on that, which Scientific American reports would let them design a super vaccine.

But again, these reports date back to 2018 and scientists have still not found a cure for the common cold.

Which is why we might just as well enjoy a cold when it comes.

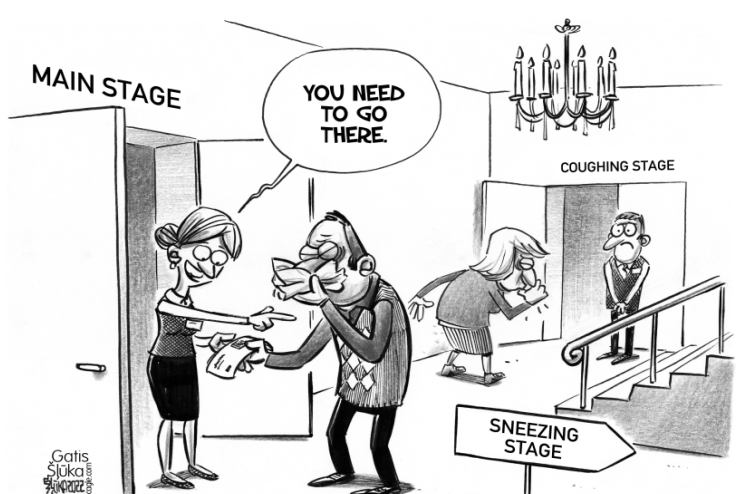
Being miserably sick, as I was last week, gives us license to shut down our most pressing adult responsibilities and completely let everything go.

A few sips of Irish whiskey in hot tea soothe a raw throat — just as a few more make the presidential election a wee bit less frightening.

Being unable to sleep is not so painful once you latch onto a streaming TV series you can binge watch until you finally nod off.

And when you get back to good health, you will be reminded not to take it for granted.

Hey, the Center for Disease Control and Prevention reports a lot of us are suffering from various bugs right now.



FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-002694 The following person(s) is (are) doing business as: ACADEMIA LATIN BELLAS, 475 W SECOND ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-000969 The following person(s) is (are) doing business as: C AND H MACHINERY SERVICE, 6754 GAGE AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-003650 The following person(s) is (are) doing business as: NATE CAPITAL, 13418 DARVILLE STREET...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-277488 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: PASADENA LUX LIMOUSINE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-277488 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: BIO NAIL SALON 14435 SHERMAN WAY UNIT 120...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-004591 The following person(s) is (are) doing business as: PICO RIVERA, 90660. Full name of registrant(s) is (are) GERARDO GUILLEN JR...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-004605 The following person(s) is (are) doing business as: QUALITY AUTO PARTZ, 8022 EASTERN AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-005558 The following person(s) is (are) doing business as: SHELLS TIRE SERVICE, 9918 S SAN PEDRO ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024-002689 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: ESCOBEDO CASAS...

Angles on 01/04/2024. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.)...

FILE NO. 2024-000934 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: YOLO STUDIO PASADENA...

FILE NO. 2023-277488 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: PASADENA LUX LIMOUSINE 850 S ARROYO...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024003609 The following person(s) is (are) doing business as: PASADENA LUX LIMOUSINE 850 S ARROYO PARKWAY...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024002009 The following person(s) is (are) doing business as: BIONAIL SALON 14435 SHERMAN WAY UNIT 120...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024001671 The following person(s) is (are) doing business as: DON CARLOS INSURANCE INCOME TAX & TRAVEL SERVICES...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024003296 The following person(s) is (are) doing business as: SK APPLIANCE PARTS SALES 6204 MATILIA AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275131 The following person(s) is (are) doing business as: LATINA MEDSPA CENTER 9950 SANTA FE AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275131 The following person(s) is (are) doing business as: LATINA MEDSPA CENTER 9950 SANTA FE AVE...

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FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024002477 The following person(s) is (are) doing business as: VICTORY BLVD VAN NUYS, CA. 91401. LOS ANGELES COUNTY...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2024000566 The following person(s) is (are) doing business as: ARLBY KHECHADOOORIAN 16040 BAHAMA ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275325 The following person(s) is (are) doing business as: MAIL MART 9820 OWENSMOUTH CT...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275459 The following person(s) is (are) doing business as: VANITY SALON AND SPA 9140 S ARROYO PARKWAY...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275459 The following person(s) is (are) doing business as: VANITY SALON AND SPA 9140 S ARROYO PARKWAY...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023274988 The following person(s) is (are) doing business as: LATINA MEDICAL CENTER 2200 7TH ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275131 The following person(s) is (are) doing business as: LATINA MEDSPA CENTER 9950 SANTA FE AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275204 The following person(s) is (are) doing business as: HASMI TJI GRISMER AVE APT 55, BURBANK, CA...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275204 The following person(s) is (are) doing business as: EARLEE MCGILL JR 12127 MALL BLVD...

ment expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023275462 The following person(s) is (are) doing business as: BINS PLUS DEALS 1601 EAST J UNIT 105...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023262196 The following person(s) is (are) doing business as: E B FIVE STAR CLEANING SERVICES 4502 S BROADWAY APT 4...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-277488 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: A & B RESTAURANT EQUIPMENT SALES...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-275987 The following person(s) is (are) doing business as: CUSTOM 1979 HUNTINGTON PARK, CA 91207...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-277454 The following person(s) is (are) doing business as: D J A TRUCKING, 8807 BARING CROSS ST, LOS ANGELES...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-274752 The following person(s) is (are) doing business as: E M Z TRUCKING, 651 E 45TH ST, LOS ANGELES...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-277456 The following person(s) is (are) doing business as: G&M MARKETING AND MANAGEMENT, 9903 SANTA MONICA BLVD...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-271127 The following person(s) is (are) doing business as: ANA HUNTINGTON PARK, CA 91207...

FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023274273 The following person(s) is (are) doing business as: A A BOOKKEEPING AND MANAGEMENT INC, 91302...

ZNY 24007 VENTURA BLVD, #260 CALABASAS, CA. 91302. ELEANOR GALDRING 24007 VENTURA BLVD...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 202327405 The following person(s) is (are) doing business as: AZTECA INCORPORATED TAX & PROFESSIONAL SERVICE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023274271 The following person(s) is (are) doing business as: OPPORTUNITY INVESTMENTS 1163 W VENTURA ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023265286 The following person(s) is (are) doing business as: A&A ELECTRONIC ASSEMBLY 11960 BORDEN AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-229025 The following person(s) is (are) doing business as: THE BIG CONTRACTORS, 815 E 59TH ST...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-260385 The following person(s) is (are) doing business as: YEYE'S KITCHEN, 7407 FLORENCE AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-274533 The following person(s) is (are) doing business as: C AND H MACHINERY SERVICE, 2088 S ATLANTIC BLVD...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-266201 The following person(s) is (are) doing business as: EXPRESS TIRE RECYCLING, 3278 LOUISE STREET...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-265439 The following person(s) is (are) doing business as: ACQUITA FLORES, 3278 LOUISE STREET...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-265439 The following person(s) is (are) doing business as: ACQUITA FLORES, 3278 LOUISE STREET...

in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News/JDC Dates Pub: DEC 23, 30, 2023, JAN 06, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-27496 The following person(s) is (are) doing business as: KEY WEST FINANCIAL, KEY WEST REALTORS...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-253909 The following person(s) is (are) doing business as: OSPS MOTOR SPORTS, 1017 ROSECRANS AVE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-265053 The following person(s) is (are) doing business as: THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: ROYALTY RACING & PERFORMANCE...

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-229025 The following person(s) is (are) doing business as: THE BIG CONTRACTORS, 815 E 59TH ST...

FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-255487 The following person(s) is (are) doing business as: ARACELY PRECIADO, 10931 LEWIS RD...

FICTITIOUS BUSINESS NAME STATEMENT

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FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2023-268264 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) is (are) doing business as: CONVARIO WADE WILSON...



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HUDDLE UP

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in the Rose Bowl.

Pre-game activities: Disneyland; Lawry's prime rib dinners and other gatherings the teams and fans enjoyed. How about the parade? Always special throughout the world. Bands, marching squads, cheerleaders, State representatives and the January first weather in Southern California. Blue skies, a dusting of snow in the mountains, no rain. The always moving flyover. A special day all around. By the way, congratulations to Sierra Madre and the float committee for another great award!

For the real football fan, we may have witnessed two of the greatest coaches ever in this Rose Bowl game. Both may be moving on. Harbaugh to the NFL, and Saban to the couch. Both coaches make over 12 million per year. I wouldn't want to replace them.

January 1, 2024. The weather was perfect. The atmosphere was sparkling, and two of the nation's top teams were in the Rose Bowl. How could it be any better than that? For fans, players, coaches and the sports world to be a part of this college competition was (perhaps now we realize) once in a lifetime.

Build up for the game was unbelievable. The BIG 10. The SEC. Jim Harbaugh and Nick Saban. Michigan- Big Ten champs, and Alabama - South Eastern Conference champs, and an official 96,000 fans

I'm pretty sure the two best teams in the country played that day in the Rose Bowl. Two hard-nosed teams with tradition and class. Old fashioned football. Run the ball. Play great defense and play like a gladiator. No 'softies.' Live by the pass. Die by the pass. Michigan proved that running the football and playing great defense wins championships. And that game seemed more like a "championship game" than the one later. Congratulations to Washington!! They got the PAC 12 to the final game. But Michigan was just too much and too ready.

It is disappointing that the winning teams in the semi final playoff didn't really get a chance to celebrate a great win... Texas/Washington - Michigan/Alabama. The winners barely had time to rest or recover. To realize what a great season they had had. To enjoy their Rose Bowl and Sugar Bowl victories. They played the championship game just 7 days after winning the semi final game. Two days of travel. Home, then back on the road to Houston. 6 days rest? No way the body can mend and recover from that major effort or the previous game. Either physically or mentally. And realistically there was no real "rest." Win a great game and prepare for the next with one loser and one winner. And as always, in spite of their fantastic seasons, the losing team has that last memory of a loss.

For the Big National Championship, the game should have been played on Saturday, January 14th. College football is on SATURDAY... NOT MONDAY. This would have given them (remember college kids) a 10 day recovery period. Was this date just to keep the television schedule on track for a Monday?

Just for your information, the best teams were on view for the playoffs.

My final Poll: The TOP Five College teams



Michigan:	15 - 0	BIG 10
Georgia:	14-1	SEC
Alabama:	13-2	SEC
Washington:	14-1	PAC 12
Texas:	!2-2	BIG 12

Next year, the Rose Bowl hosts the quarter final game on Wednesday, January 1, 2025. There will probably only be two days of events and activities in Pasadena, and the winner will be moving on. It seems a waste of all the hoopla and events included in the Yearly Rose Bowl game and Parade. It's my opinion that the 2025 National Championship Game should return in three weeks to the Rose Bowl... a great college football venue.

We are getting ready for a lot of changes in football. I hope they don't ruin the wonderful traditions!

Follow me at Coachharveyhyde on X...or see my webpage... Harvey Hyde.com
Listen to my shows on line on KSHP, KXNT, KLAA, and KMET.

Hope your team wins....

ENTERTAINMENT

DON'T MISS ALISON ARNGRIM IN "CONFESSIONS OF A PRAIRIE B*TCH"



Opening next week: Confessions of a Prairie B*tch with Alison Arngrim (Nellie Oleson, Little House on the Prairie)

SIERRA MADRE
Playhouse

Excitement is building at Sierra Madre Playhouse! Next week marks the much-anticipated opening of Confessions of a Prairie B*tch with the inimitable Alison Arngrim. This wickedly humorous performance, as acclaimed by the Los Angeles Times, brings the unforgettable Nellie Oleson back to life for her loyal fans.

Dates: January 19 - 28, 2024

Alison Arngrim, the former child star of Little House on the Prairie, renowned activist, and TV Land Award winner, has been touring globally with her widely acclaimed one-woman show. First debuting in New York City in 2002, Confessions of a Prairie B*tch has since captivated audiences across the U.S. and internationally, including a sold-out run in France under Confessions d'une Garce de La Prairie.

From her roots in Queens, New York, to the prestigious comedy stages of Laugh Factory, The Improvisation, and Comedy Store, Alison has been perfecting her stand-up prowess since the age of 15. Her career encompasses more than just her iconic role on Little House — with appearances on Love Boat and Fantasy Island, and a powerful voice in activism, especially in the fight against AIDS and child abuse.

Tickets are selling fast, so don't miss your chance to witness this unapologetically irreverent performance. For tickets, or if you have any concerns or questions regarding the content of the show, please feel free to contact our box office.

<https://www.sierramadreplayhouse.org/>

MJ THE MUSICAL at the PANTAGES THEATRE, LOS ANGELES



The smash-hit musical, MJ will play the Hollywood Pantages Theatre for a limited six-week engagement until January 28, 2024.

Ticket prices start at \$39. Additional ticket information at www.BroadwayInHollywood.com.

Jackson is one of the greatest entertainers of all time. Now, Michael Jackson's unique and unparalleled artistry comes to Los Angeles as MJ, the multi Tony Award®-winning new musical centered around the making of the 1992 Dangerous World Tour, begins a tour of its own.

Created by Tony Award®-winning Director/Choreographer Christopher Wheeldon and two-time Pulitzer Prize winner Lynn Nottage, MJ goes beyond the singular moves and signature sound of the star, offering a rare look at the creative mind and collaborative spirit that catapulted Michael Jackson into legendary status.

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by expanding public transit options and making our downtown areas walkable.



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IMPROVE SENIOR CARE by making prescriptions more affordable and repairing the senior safety net.



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COMBAT WILDFIRES and protect our San Gabriel Mountains by investing in firefighting capacity and our energy grid.



BUILD AFFORDABLE HOUSING to reduce homelessness and make homeownership possible for young families.



INVEST IN HIGHER EDUCATION to ensure that every Californian can learn the skills they need for the workforce.

JOHN HARABEDIAN was born and raised in Sierra Madre, in the heart of the 41st Assembly District. John is a California State Commission President, attorney, father, and former City Councilmember and Mayor. He was elected to the Sierra Madre City Council in 2012, re-elected in 2016, and twice served as Mayor. As Mayor, John worked to improve city services, strengthen fire protection, and support local businesses. Professionally, John has worked as a prosecutor at the Los Angeles District Attorney's Office and as an attorney at Latham & Watkins.

A proud graduate of Loyola High School, John earned his bachelor's degree from Yale University, master's degree in comparative social policy from Oxford University, and law degree from Stanford University. John and his wife Young-Gi are the proud parents of three boys.



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