



MOUNTAIN VIEWS NEWS TO HONOR 2024 GRADUATES

The June 1st edition of this paper will be dedicated to the Class of 2024! In order to be included, please send your graduates picture, full name, age and school. The Class of 2024 - tomorrow's leaders - deserve to be honored! Send to: editor@mtviewsnews.com Subject: Class of 2024

Mountain Views News

Sierra Madre Arcadia Duarte Monrovia Pasadena Altadena South Pasadena San Marino

SATURDAY, MAY 11, 2024

VOLUME 18 NO. 19



the webb-martin group

9 Ways to Increase Your Home Value on a Budget



- 1 Spruce up your front yard
- 2 Give your walls a fresh coat of paint
- 3 Purchase new hardware for your cabinets
- 4 Re-caulk your sinks and tubs
- 5 Buy matching front panels for appliances
- 6 Deep clean your home
- 7 Purchase new shades for old lamps
- 8 Purchase new faucets for kitchen and bath
- 9 Update your carpeting



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BOOT SKOOTIN' CHILI COOK OFF
SATURDAY May 11, 2024
SIERRA MADRE ROOM
611 E. SIERRA MADRE BLVD.
6 TO 9 PM

"MR. FRED" D.J.
BRING YOUR APPETITE & DANCING BOOTS!

\$40
PETER DILLS
CELEBRITY JUDGE
For more information:
sierramadrekiwanis.com

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MEMBER FOR A DAY \$40 INCLUDES ADMISSION TO THE DANCE AND ALL THE CHILI YOU CAN EAT!
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THE RETURN OF THE METRO 268 SERVICE TO SIERRA MADRE

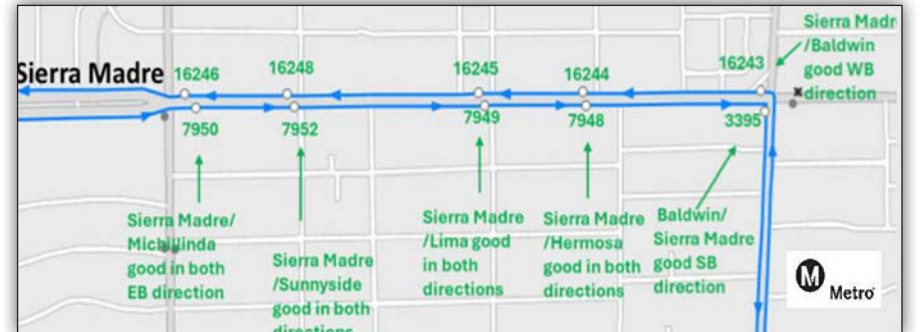
Submitted by Max Romero, Member, Sierra Madre Public Transportation Subcommittee

After nearly a year of hard work and outreach, the Sierra Madre Public Transportation Subcommittee has finally secured an arrangement with Metro to return the 268 to Sierra Madre.

The route will have five key stops along Sierra Madre Boulevard within city limits, connecting residents with the Sierra Madre Villa Metro station, The Shops At Santa Anita Mall and the El Monte Metrolink and Bus Stations.

While this achievement is monumental, this does not mark the end of the subcommittee. The next steps for the team are to reevaluate the city's local program, the Gateway Coach, determining how to move forward, alongside making general mobility improvements.

Service on the 268 is projected to return on June 23rd and the subcommittee is looking into more ways to improve both the local transportation and mobility experience.



To submit feedback or ideas, visit the transportation page on the city website or send an email to transportation@cityofsierramadre.org

2024 SIERRA MADRE 4TH OF JULY PARADE REGISTRATION MAY 1 - JUNE 7, 2024

The Sierra Madre 4th of July Parade is an annual tradition that is an integral part of the Sierra Madre community! This hometown parade features community members, organizations, classic cars, marching bands, kids on their decorated bikes and so much more.

Please join us for the 2024 City of Sierra Madre Parade on Thursday, July 4th, from 10:00am - 12:00 pm. The parade route will begin at the corner of Sierra Madre Blvd. and Sunnyside Avenue, and proceed down the boulevard to Sierra Vista Park. Parade participation is open to all; young, young-at-heart, and everything in between.

Registration will close on Friday, June 7th. For more information on the parade and all of the happenings please visit our NEW website at <https://www.sierramadreevents.org/>

For questions regarding parade registration please contact the 4th of July Parade Chair at parade@sierramadreevents.org or the Community Services Department at 626.355.5278.

City of Sierra Madre

NOTICE OF PUBLIC MEETING TO SOLICIT COMMUNITY INPUT FOR PUBLIC PARK LOCATED AT THE MEADOWS AT BAILEY CANYON

From: The City of Sierra Madre, Community Services Commission
Subject: MEETING TO DISCUSS DESIGN FOR FUTURE 3-ACRE PARK AT THE MEADOWS AT BAILEY CANYON

Notice is hereby given that on May 20, 2024, at 5:30 PM, or soon thereafter, the Sierra Madre Community Services Commission will conduct a public meeting, to receive feedback and comments from the public on amenities and design of a new 3-acre public park at 700 N. Sunnyside Avenue to be constructed and funded by the developer.

The Community Services Commission will discuss design options and alternatives for this passive public park.

On September 27, 2022, the Sierra Madre City Council unanimously approved an application to develop approximately 17 acres of vacant land at 700 N. Sunnyside Avenue, including a new 3-acre public park to be constructed and funded by the developer of the project. As part of the approval, the City Council guaranteed that the public will be provided with an opportunity to submit comments and feedback on the amenities within future park space

The Meadows project includes the construction of 42 single family residences, a 3-acre public park, permanent preservation of 35 acres of hillside open space, water conservation, and other vital City services.

LOCATION, DATE, AND TIME OF HEARING:
City of Sierra Madre Community Commission meeting: Monday, May 20, 2024 (begins at 5:30 p.m.) will take place at the City of Sierra Madre City Council Chambers located at City Hall 232 W. Sierra Madre Blvd, Sierra Madre

All interested persons may attend this meeting and the Community Services Commission will hear them with respect thereto.

The Brown Act provides the public with an opportunity to make public comments at any public meeting. As an alternative, public comment may also be made by e-mail to: PublicComment@CityofSierraMadre.com by 3:00PM on the day of the meeting. Emails will be acknowledged at the meeting and filed into public record.

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Andy Bencosme
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Lic #01323356

SIERRA MADRE HAPPENINGS



409 W GRANDVIEW AVE

Sierra Madre, CA 91024

List Price: \$1,300,000



RE/MAX COLLECTION
Fine Homes & Luxury Properties

Janette Ledea
Cell: (626) 242-3244
E-mail: jledea@remax.net

- Property Overview:
- Newly remodeled guest home w/ front & back yard
- Refinished original hardwood flooring throughout
- Sizable pool & lanai w/dressing room & 1/2 bath
- Den with walk-in closet can serve as 3rd bedroom
- Lot 9,627sq. ft, private, fully enclosed yard

DRE #01480942 See more information at virtualviewtours.hd.pics/1459530 All information deemed reliable but not guaranteed.

Sierra Madre Civic Club Calendar of EVENTS

A Note From Club

SMCC has had an eventful month. The Annual Fundraiser, held at Methodist Church, was an amazing day! Our "Out of this World" theme was just that! With the money raised from this event, as well as all our fundraising efforts throughout the year, we will be giving out our Educational Awards to 5 local seniors at our May 9th meeting. From our Philanthropy committee, we will be donating to a number of local non-profit organizations at the May 28th City Council meeting. **This is what we do!!!** We have a fun time raising money and are very proud to be able to make a difference in these students' lives and for the organizations we donate to.

May 4

Carnival in the Park. Sierra Vista Park from 10am to 4pm. Games, Petting Zoo, Bake Sale, Craft Fair, Plant Sale, Food and more!

May 11

Boot Skootin' Chili Cook-Off. 6pm-9pm at 611 E Sierra Madre Blvd. Tickets are \$40. Buy at sierramadrekiwanis.com

May 4 & 5

Sierra Madre Art Fair. 9:30am-5pm. Over 80 artists displaying their work, entertainment, and food vendors.

May 25

Mount Wilson Trail Race. Starts at 7:30am from Kersting Court.

May 28

Civic Club Philanthropy Awards. 5:30pm at the City Council Meeting.

May 9

Civic Club Membership Meeting. 7pm at Hart Park House. We will be awarding the Educational Awards.

To add your organization events, please send an email to smadreevents24@gmail.com

Every activity in which Civic Club participates or creates reflects our shared commitment to promote our community.

June Faire

Saturday, June 1, 2024
9:30 a.m. - 2:30 p.m.



FREE
ADMISSION

\$2,000 Grand Prize Raffle!

Victorian Tea Room ~ Arts & Crafts ~ Book Sale ~ Boutiques
Home Baked Goods ~ Entertainment ~ Strawberries & Ice Cream
Bangers & Buns ~ and Much More!

THE BRITISH HOME IN CALIFORNIA, LTD.
647 Manzanita Ave., Sierra Madre CA. 91024
626-355-7240
License # 191501668

IT'S BACK!!!
SAVE THE DATE



Winner, Winner!

Chicken (and Ravioli) Dinner

in Mt. Wilson Park next to the museums

Saturday, June 22, 4pm

(Vegetarian and Vegan options available)

\$35.00 per person

Tickets go on sale in May on Eventbrite,

Watch for our announcement, as tickets will be limited!

Museums will be open that day also

-This is SMHPS' only fundraiser this year for Lizzie's Trail Inn and Richardson House -

<http://www.smhps.org>

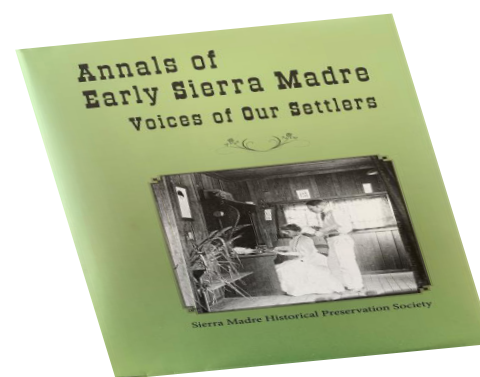
Info.at.SMHPS@gmail.org

CREATIVE ARTS GROUP
Creative Arts Group
108 N. Baldwin Ave
Open M-F 10-5 and
Saturday 10-2

**CHILDREN'S ART SHOW
IMAGINART**
May 1st - May 15

Come see the work of our 4th and 5th grade Sierra Madre Elementary students on display at Creative Arts Group!

Presented by:
ImaginArt is made possible by the support of the Creative Arts Group Alliance, Sierra Madre Civic Club, Sierra Madre Community Foundation, and The Tournament of Roses Foundation.



New!
A really fun read

Our original settlers tell in their own words what a grand adventure it was to create a new town—our town!

Lots of old photographs

This limited-edition re-print of the 1950 **Annals of Early Sierra Madre** is a perfect gift for all who love Sierra Madre

Available at:
Arnold's Hardware
Our Library
Collective Co-op (next to Monsieur Crêpe)
Pax Pharmacy
E. Waldo Ward
Savor the Flavor
Lizzie's Trail Inn Museum

\$20
Tax included



SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Sierra Madre Legal Notices

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: HISTORICAL LANDMARK DESIGNATION
 David Gordon, President,
 Sierra Madre Playhouse
Project Location: 87 West Sierra Madre Boulevard, in the City of Sierra Madre, County of Los Angeles, State of California

Purpose: The City of Sierra Madre gives notice, pursuant to §17.82.070(E) of the Sierra Madre Municipal Code, that the Planning Commission will conduct a public hearing to consider the nomination for local historical landmark to designate the Sierra Madre Playhouse located at 87 W. Sierra Madre Blvd. as the "Sierra Madre Playhouse" in the City's Register of Historic Resources. The building has existed for over one hundred years originally serving as a furniture store, soon thereafter as a theater, and has significance in its association with the early development of Sierra Madre as a central cultural hub for residents. Pursuant to Sierra Madre Municipal Code Section 17.82.050, a property may be designated a historic landmark if it meets prescribed historical criteria.

DATE AND TIME OF HEARING PLACE OF HEARING

City of Sierra Madre City of Sierra Madre
 Planning Commission meeting City Council Chambers
 Thursday, June 20, 2024 232 W. Sierra Madre Blvd.
 (Hearing begins at 7:00 p.m.) Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The request for designation qualifies for a Categorical Exemption, pursuant to Sections 15301 and 15331 of the California Environmental Quality Act (CEQA) as it involves no expansion of an existing structure and pertains to preservation of a historic resource.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing.

For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

City of Sierra Madre

NOTICE OF PUBLIC MEETING FOR CAPITAL IMPROVEMENT PROJECT FOR CITY OF SIERRA MADRE PUBLIC LIBRARY AT 440 WEST SIERRA MADRE BOULEVARD

From: The City of Sierra Madre, Planning Commission
Subject: CAPITAL IMPROVEMENT PROJECT FOR CITY OF SIERRA MADRE PUBLIC LIBRARY AND EXEMPTIONS FROM CALIFORNIA ENVIRONMENTAL QUALITY ACT GUIDELINES

Notice is hereby given that on May 16, 2024, at 7:00 PM, the Sierra Madre Planning Commission will conduct a public meeting to receive and file a presentation for the Capital Improvement Project for City of Sierra Madre Public Library at 440 West Sierra Madre Boulevard.

The meaningful improvements to the existing public library facility involves long-term building accessibility, seismic concerns, and addition of 5,808 square feet of interior space and an outdoor community area.

ENVIRONMENTAL DETERMINATION: The project is categorically exempt under Class 1 Existing Facilities, having met the qualifying criteria provided under CEQA Guidelines Section 15301.

LOCATION, DATE, AND TIME OF MEETING

City of Sierra Madre Planning Commission meeting; Thursday, May 16, 2024 (begins at 7:00 p.m.) will take place at the City of Sierra Madre City Council Chambers located at City Hall 232 W. Sierra Madre Blvd, Sierra Madre

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

The Brown Act provides the public with an opportunity to make public comments at any public meeting. As an alternative, public comment may also be made by e-mail to: PublicComment@CityofSierraMadre.com by 3:00PM on the day of the meeting. Emails will be acknowledged at the meeting and filed into public record.

For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.



Sierra Madre Playhouse Presents:
 Jason Robert Brown's

THE LAST FIVE YEARS MAY 17 - JUNE 16, 2024



Jason Robert Brown's acclaimed musical *The Last Five Years*, a captivating and emotionally charged musical journey, explores the complex dynamics of a relationship through the lens of time, with Cathy and Jamie's love story unfolding in an enthralling way.

Set against a backdrop of soaring melodies and heartfelt lyrics, the play delves into the highs and lows of love, dreams, and the passage of time. Double cast due to the length of the run, the featured actors are Bryan Mittelstadt, Jayde Mitchell, Margaret Berkowitz, Jackie Bonsignore.

Brown, hailed as "one of Broadway's smartest and most sophisticated songwriters since Stephen Sondheim" (*Philadelphia Inquirer*), garnered three Tony Awards for his work on *Parade* and *The Bridges of Madison County*.

The play is directed by Josh Shaw, the Founding Artistic Director of Pacific Opera Project who was named one of Musical America's Top 30 Innovators in Classical Music for his impressive track record of delivering groundbreaking and entertaining performances.

A film version of *The Last Five Years* was released in 2015, starring Anna Kendrick and Jeremy Jordan.

TICKETS & INFORMATION:
 TICKETS: \$12 - \$45
 (626) 355-4318
 Sierra Madre Playhouse
 87 West Sierra Madre Boulevard
 Sierra Madre, CA 91024
www.sierramadreplayhouse.org

CITY ANNOUNCES NEW COMMUNITY SERVICES SUPERVISOR

The City of Sierra Madre warmly welcomes Ted Tegart as our new Community Services Supervisor.

Tegart comes to Sierra Madre after over a decade with the Los Angeles County Department of Parks and Recreation at the Los Angeles County Arboretum in Arcadia, Calif. Tegart is a native of western New York and moved to California in 1997 to study at California State University, Northridge. While at CSUN, Tegart began working for the City of Moorpark in their recreation department. He developed a passion for public programming and community service, which led him to Pasadena in the early 2000s.

He currently lives in Pasadena's historic Bungalow Heaven with his wife and three elementary school-aged boys. In his free time, he leads Cub Scout Pack 1 in Altadena and is a coach on various sporting teams.

Ted enjoys being outdoors and exploring all the Southland has to offer.



MOUNT WILSON TRAIL RACE FESTIVITIES RETURN ON MEMORIAL DAY WEEKEND

The Mt. Wilson Trail Race (MWTR) returns to Memorial Day weekend beginning with the Pre-Race Pasta Dinner on Friday, May 24, 2024, from 5:30 - 7:00 p.m. and the MWTR on Saturday, May 25, 2024, starting at 7:30 a.m., followed by the Kids' Fun Run at 7:45 a.m. All events take place in Kersting Court and everyone is welcome to attend.

The MWTR Pre-Race Stone Fire Grill Pasta Dinner on Friday, May 24, 2024, from 5:30 p.m. - 7:00 p.m., in Kersting Court.

The cost is \$10.00 per person.

Pasta Dinner proceeds will support Sierra Madre Search & Rescue and the Pasta Dinner Beer Garden sales will support the Fletcher Trail Maintenance Fund. This is an opportunity to have great food and meet and greet your neighbors and fellow racers ahead of the race. In addition, you will be supporting Sierra Madre Search and Rescue and the Fletcher Trail Maintenance Fund.

MWTR packet pickup (race number, t-shirt, and goodie bag) will also be available at the Friday night pre-race pasta dinner.

SIERRA MADRE MWTR BEER



There will also be a Pasta Dinner Beer Garden at which adults ages 21 and above can drink the "2024 Mt Wilson Trail Race Kölsch" and "Woodchopper IPA", made by RT Rogers Brewing Company of Sierra Madre. (See below) Sierra Madre's Bottle Shop and Taylor's Old Fashioned Market are currently

selling four-pack cans of "2024 Mt Wilson Trail Race Kölsch", a limited release beer made especially for this year's MWTR by RT Rogers Brewing Company of Sierra Madre. The Kölsch beer is also currently being served on tap at RT Rogers Brewing Company on Montecito Ave.

The Kersting Court Vendor Booth Expo on 5/25/24 will feature the following groups/organizations:

Arcadia Association of Realtors
 Cancer Support Group of San Gabriel Valley
 Compass Realty & Strategy Asset Mgrs.
 Drop Bag Station - SM Christ Church
 Free Animal Doctor - adopt a dog opportunity
 Massage - Vision for Enrichment - Pasadena
 Muscle Lab - Pasadena - runner recovery

MWTR Merchandise for sale

Photo Booth - new this year and free for all

RT Rogers Brewing Company
 Run With Us - Pasadena
 San Gabriel Valley Municipal Water District
 Sierra Madre CERT
 Sierra Madre Community Foundation
 Sierra Madre Events Committee
 Sierra Madre Historical Preservation Society
 Sierra Madre Library Foundation
 Sierra Madre Pizza Company
 USC Arcadia Hospital
 YMCA - Sierra Madre

MWTR - May 25, 2024 - Race Day Schedule

6:30 a.m. - 12 noon
 Kersting Court Expo - check out the sponsors, vendors, & food

6:30 a.m. Packet pick-up opens and drop bag services are available as well

6:30 a.m. Kids' Fun Run registration opens

7:30 a.m. MWTR starts in Kersting Court

7:45 a.m. Kids' Fun Run starts in Kersting Court

8:30 a.m. Beer Garden opens - proceeds support Sierra Madre Search&



Rescue
 9:30 a.m. Sierra Madre Pizza Company sales opens - proceeds support the Fletcher Trail Maintenance Fund Awards Ceremony Until 12 noon

9:45 a.m.

Enjoy sponsors, vendors, pizza, & beer

This year's race will feature an expanded High School Challenge that includes teams from Marshall Fundamental High School (Pasadena), Monrovia High School (Monrovia), Pasadena High School (Pasadena), and St. Anthony College Preparatory High School (Long Beach). Participating students are eligible for individual MWTR awards, as well as High School Challenge team awards.

KIDS FUN RUN

Registration for the Kids' Fun Run (ages 3 - 13) is FREE and will take place on the morning of the MWTR. All children participating receive a t-shirt and finisher's ribbon. The Kids' Fun Run will begin in Kersting Court at 7:45 a.m. Parents may accompany their younger children during the Kids' Fun Run.

Registration for the 2024 Mt. Wilson Trail Race is currently full at 350 runners. However, people can sign-up for the waiting list by going to the Mount Wilson Trail Race website. For questions regarding MWTR registration, please contact the City of Sierra Madre Community Services Department at (626) 355-5278, open Mondays - Thursdays from 7:30 am. - 5:30 p.m.

The MWTR course is 8.6 miles in length, starting at Kersting Court, up Baldwin Ave., Mira Monte Ave., to Orchard Camp and back. The total elevation gain is over 2,160 feet. First run in 1908, the annual Mt. Wilson Trail Race is one of the oldest trail races in California.



SIERRA MADRE UNITED METHODIST CHURCH

Sunday worship 9:30 a.m.

COME JOIN US IN WORSHIP! ALL ARE WELCOMED!

**695 W. Sierra Madre Blvd.
 Sierra Madre, CA 91024
 (626) 355-0629**

smumc.net



Catch breaking news at:
mtnviewsnews.com

SIERRA MADRE

SIERRA MADRE

ARCADIA

PASADENA

ALTADENA

MONROVIA

Weather Wise



6-Day Forecast Sierra Madre, Ca.

Sun	Sunny	Hi	70s	Lows	50s
Mon	Sunny	Hi	70s	Lows	50s
Tues	Sunny	Hi	70s	Lows	50s
Wed	Sunny	Hi	70s	Lows	50s
Thur	Sunny	Hi	70s	Lows	50s
Fri	Sunny	Hi	70s	Lows	50s

Forecasts courtesy of the National Weather Service

SIERRA MADRE CITY MEETINGS SIERRA MADRE CITY COUNCIL MEETING

MAY 14, 2024 5:30pm

THIS MEETING WILL BE HELD IN THE COUNCIL CHAMBERS!

As part of the City of Sierra Madre's COVID-19 transparency efforts and The Brown Act provides the public with an opportunity to make public comments at any public meeting. Public comment may also be made by e-mail to PublicComment@CityofSierraMadre.com by 3:00 p.m. on the day of the meeting.

Emails will be acknowledged at the Council meeting and filed into public record. The public may also comment in person at the meeting.

The meetings will be streamed live on Foothills Media website at foothillsmidia.org/sierramadre and broadcast on Government Access Channel 3 (Spectrum)..

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



Sierra Madre Public
LIBRARY
Read • Discover • Connect

This week at the
Sierra Madre
Public Library

May 13—May 18

Monday

Baby Rhyme Time —In-person at 9:00am

Preschool Storytime —In-person at 10:00am

Wednesday

Teen Reading Buddies Orientation— In-person at 5:00pm

Teen Summer Volunteer Orientation— In-person at 6:00pm

Pajama Storytime — Online at 7:00pm. Call to register

Thursday

Third Thursday Book Club — Online at 11:00am. Call to register

Saturday

Teen Summer Volunteer Orientation— In-person at 11:00am

Read, Discover, Connect
@ Sierra Madre Public Library
350 W Sierra Madre Blvd
(626) 355-7186

WALKING SIERRA MADRE - The Social Side

by Deanne Davis

"They carry us beneath their hearts,
That's how every new life starts.
The beating of our mother's heart,
The first sound that we hear.
Love and peace surround us...
And God...is very near.
Your mother, my mother,
And Mary...the mother of...God." *

*Lyrics from "Your Mother, My Mother" – Star of Wonder –
A Christmas Musical
Book & Lyrics by Deanne Davis, Music by David Wheatley.

Tomorrow is Mother's Day. I'm thinking champagne, Eggs Benedict and how blessed our family is. So many great mothers. Last year at this time we were meeting the newest member of our family, Brannan Johnson, whose mother is my delightful granddaughter, Ashley. The picture is of Brannan, who is just days short of one. He was having the best time ever at Costco. This time next year, we will add granddaughter, Nicole, the whale wrangler at Sea World, to the list of mothers as she and her husband, Chris, are expecting a baby at the end of September.

I'm doing Blue Mountain cards to all the moms in our family. I have kept some of my Mother's Day cards from previous years. The words on these are so encouraging, so loving, so worth repeating...

"To my mother. We all need someone to believe in us...in who we are and in all we can become. Someone to cheer, encourage, comfort and guide us...to give us the confidence we need to believe in ourselves and in our potential to reach our dreams. Thank you for being my someone. May you know how much your love and support mean to me and always will."

I will miss being with all the mothers in my family, who are numerous, probably just like your family. But, dear friends and neighbors, our hearts are always connected. We are never truly apart as the ties of love are very strong. God made us that way. And, speaking of God, I think the best essay ever about mothers was written by Erma Bombeck around 1974. I share this with you each year as I think it's just the perfect thing to say on Mother's Day.

"When the Good Lord was creating mothers, He was into His sixth day of "overtime" when one of His angels appeared and said, "You're doing a lot of fiddling around on this one." And God said, "Have you read the specs on this order?" She has to be completely washable, but not plastic. Have 180 moveable parts...all replaceable. Run on black coffee and leftovers. Have a lap that disappears when she stands up. A kiss that can cure anything from a broken leg to a disappointed love affair. And six pairs of hands."

The angel shook her head slowly and said, "Six pairs of hands... no way." "It's not the hands that are causing me problems," God remarked, "it's the three pairs of eyes that mothers have to have." "That's on the standard model?" asked the angel. God nodded. "One pair that sees through closed doors when she asks, 'What are you kids doing in there?' when she already knows. Another here in the back of her head that sees what she shouldn't but what she has to know, and, of course, the ones here in front that can look at a child when he goofs up and say, 'I understand and I love you' without so much as uttering a word."

"God," said the angel touching his sleeve gently, "Get some



rest and look at it again tomorrow..." "I can't," said God, "I'm so close to creating something so close to myself. Already I have one who heals herself when she is sick...can feed a family of six on one pound of hamburger...and can get a nine-year-old to stand under a shower."

The angel circled the model of a mother very slowly. "It's too soft," she sighed. "But tough!" said God excitedly. "You can't imagine what this mother can do or endure."

"Can it think?"

"Not only can it think, but it can reason and compromise," said the Creator.

Finally, the angel bent over and ran her finger across the cheek.

"There's a leak," she pronounced. "I told You that You were trying to put too much into this model."

"It's not a leak," said the Lord, "It's a tear."

"What's it for?"

"It's for joy, sadness, disappointment, pain, loneliness, and pride."

"You are a genius," said the angel.

Somberly, God said, "I didn't put it there."

Erma Bombeck, When God Created Mothers.

I'm wishing each of you a Happy Mother's Day. Make phone calls, send a beautiful bouquet, send texts, and say I love you! Say it a lot! May God bless all the mothers we know.

"A mother is a person who, seeing there are only four pieces of pie for five people, promptly announces she never did care for pie." Tenneva Jordan

My book page: Amazon.com: Deanne Davis
Where you'll find the Emma Gainsworth Kindle novelettes,
Along with other goodies like
"A Treasure Map, A Drunken Owl
And 47 Rattlers in A Bag" True Tales of Early California

concerts in the park

6:00 p.m. to 8:00 p.m.
sundays at memorial park

- 6/2 sierra madre music co.
- 6/8 pasadena community orchestra
- 6/9 the kelly rae band
- 6/16 pat o'brien and the priests of love
- 6/23 4 lads from liverpool
- 7/14 the tokens
- 7/21 the platinum beat
- 7/28 harry shahoian as ELVIS
- 8/4 the element blues
- 8/11 the skinny ties



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Pasadena Altadena

News From Your Community For Your Community

City to Honor Fallen Heroes Memorial Day

The City of Pasadena and the Pasadena Veterans Day Committee announced Thursday that they will honor the sacrifice of fallen heroes at the Pasadena Memorial Day Commemoration on Monday, May 27 from 10:30 a.m. to 1:30 p.m. at Memorial Park, 85 E. Holly St.

The ceremony will include the reading of 320 names of the men and women from Pasadena who lost their lives during World War I, World War II, the Korean War, the Vietnam War, and other conflicts. The Condor Squadron will perform a missing man formation flyover, paying tribute to those who did not return from the battle. As a final homage to the fallen, the event will conclude with funeral honors performed by the 2nd Battalion, 23rd Marines, symbolizing the respect and gratitude owed to those who made the ultimate sacrifice for our country.

The event is open to the public, and all community members are invited to join in remembrance and reflection during this solemn ceremony.

This event is sponsored by the City of Pasadena Parks, Recreation and Community Services (PRCS) Department, The Rose Bowl Stadium, and the Pasadena Management Association.

For more information visit: cityofpasadena.net.

Memorial Day Celebration at the Senior Center

Event to include live band, dancing and tribute to USO

Break out your stars and stripes and get ready to cut the rug at the annual Pasadena Senior Center Memorial Day concert and dance event, Monday, May 27, from 1:30 to 3:30 p.m. It will be red, white and blue all the way as we observe this national holiday that remembers and honors U.S. military personnel who died while serving in the United States Armed Forces. Light snacks will be available.

The event will include live music courtesy of the Great American Swing Band. Featuring bandleader and trumpet player Jodi Gladstone and vocalist Linda Vogel, the band will play a variety of musical — and patriotic — favorites with a salute to the USO to keep everyone dancing. Pam Kay's Tap Chicks will perform as well.

The cost is only \$8 for members of the Pasadena Senior Center and \$12 for nonmembers. To register, visit www.pasadenaseniorecenter.org and click on Activities & Events, then Special Events. Only cash payments will be accepted at the door.

As a donor-supported nonprofit, the center operates without any local, state or federal funding and provides more services to older adults in the San Gabriel Valley than any other organization. Hours of operation are Monday through Friday from 8:30 a.m. to 4:30 p.m. and Saturday from 8 a.m. to noon. To learn more, visit: pasadenaseniorecenter.org or call 626-795-4331. The Center is located at 85 E. Holly Street in Pasadena.



Pasadena city officials announced Tuesday that the third construction phase of the Avenue 64 Complete Street construction, located at the intersection of Avenue 64 and Burleigh Drive will begin today with a temporary full road closure at the intersection of Burleigh Drive and Avenue 64 which will allow for the transition to a new traffic control pattern. This closure will occur from 9 a.m. to 3 p.m., as needed. Once the traffic control transition is complete, the third and final construction phase will have a new traffic pattern where the newly constructed roundabout separates northbound and

southbound traffic through the intersection. One lane in each direction will remain open to traffic at all times. Access to Burleigh Drive from Avenue 64 will also be available. Signing and changeable message boards will be provided in advance of the work to warn motorists of the new traffic pattern.

The second phase of construction was completed Friday May 10. Phase I was completed on March 15. The second phase of construction included installation of new pavement, two splitter islands, preparation of landscape amenities, and storm drain system improvements including two drywells that

will capture, treat and infiltrate stormwater runoff from the surrounding area. Additionally, a curb extension on Avenue 64 at Cheviotdale Drive was completed.

During the final construction phase, the contractor will complete the curb and gutter on the west side of Ave. 64, install new sidewalk, curb ramps, streetlights, storm drain catch basins, and complete landscape and irrigation work. The construction of the final phase at Avenue 64 and Burleigh Drive is anticipated to be completed by end of June.

For construction updates visit: cityofpasadena.net/public-works.

Portantino Joins Newsom in Meeting with Armenia President Khachatryan



State Senator Anthony Portantino joined Governor Gavin Newsom this week for a meeting with His Excellency Vahagn Khachatryan, the President of Armenia (pictured right), to discuss continued economic collaboration on trade and investment.

"California has always had a strong partnership with the Republic of Armenia and we look forward to further strengthening our collaboration on trade and investment," Portantino said. "As the Chair of the Select Committee on California, Armenia, and Artsakh Mutual Trade, Art, and Cultural Exchange, I was honored to be included in a meeting with President Khachatryan and Governor Newsom to discuss the California-Armenia Trade Desk and explore ways to expand our historic ties. In the past, California and the Select Committee has also affirmed their commitment to Artsakh's sovereignty. On this Shushi Liberation Day, I also want to take a moment to remember the heroic efforts of those who led Artsakh to independence, as we look forward to the days when it will be free again."

At the request of Senator Portantino, the California State Senate Rules Committee first established the historic Senate Select Committee on California, Armenia, and Artsakh Mutual Trade, Art, and Cultural Exchange in 2017 to expand business opportunities through trade, economic development, cultural awareness, and education between California,

Armenia, and Artsakh. Senator Portantino also helped negotiate the historic Memorandum of Understanding between California and Armenia and joined Governor Newsom in New York for its historic, official signing - formally establishing the California Trade and Service Desk in Armenia.

The California Trade and Services Desk was established to strengthen the economic partnership between Armenian and California, support efforts for mutual economic benefit, and encourage trade and investment by California and Armenia businesses. Yerevan is the first California International Trade and Services Desk to be established by the Newsom administration.

Both California and Armenia benefit from collaboration and cooperation. Armenia has a flourishing high-tech industry, robust arts community, and a digital business corridor that is underutilized. California is at the forefront of these sectors and continues to be a leader in these areas. Tourism is also a place where California would benefit from direct marketing of our modern Golden State, while also highlighting the amazing and vast historical sites and landmarks of Armenia.

California has the largest population of Armenian Americans in the country, with the 25th Senate District having the largest concentration. The continued work of the Senate Select Committee has a direct role in building stronger economic and cultural ties between California, Armenia, and Artsakh.

Blanca Araceli Soto to Share Vision for Cultural Awareness

Blanca Araceli Soto, founder and executive director of the Tierra Blanca Arts Center in Los Angeles, will share her passion for broadening awareness of the arts and folklore of Mexico on Thursday, May 30, at 2 p.m. at the Pasadena Senior Center, 85 E. Holly St.

Blanca will share stories from her life and career, and her passion for cultural awareness, especially the arts and folklore of Mexico. She founded Tierra Blanca Arts Center with the firm conviction that arts and culture have the power to break down the invisible barriers that often keep our multicultural community from truly living in harmony. The organization's mission is to instill a sense of pride, identity and unity into the community and they do this through the arts of dance, music and theater.

Born and raised in Mexico, Soto's love of performing arts led her to study theater and dance at the University of Guadalajara. She has 40 years of experience working with Ballet Folklorico del Instituto Cultural Cabañas, Ballet Folklorico de Mexico de Amalia Hernandez, Floricanto USA and Los Angeles Mexican Dance Company. She has been featured in more than 200 Mexican and American films and television programs, including Coco, Real Women Have Curves, The Conners, SWAT and many more. In 2023 she was awarded the Jury Prize for Best Supporting Actress by the Global Film Festival for the Spanish-language film Mi Niña.

This Cultural Thursday presentation is free for PSC members and only \$5 for nonmembers. To register, visit PasadenaSeniorCenter.org, then click on Activities & Events. Reservations are suggested.

Farmers' Market Celebrates Over 40 Years in Pasadena



The Pasadena Farmers' Market is celebrating more than four decades of providing fresh and local products, connecting farmers with consumers, and giving back to the community.

The Pasadena Farmers' Market operates at two locations: Villa Parke, 363 E. Villa St., on Tuesday mornings and Victory Park, 2575 Paloma St., on Saturday mornings. The first location at Villa Parke opened in 1980, offering a variety of local goods to the greater Pasadena community. In response to its success, a second location opened in 1984 at Victory Park to include weekend shopping.

"Farmers' markets introduce us to the hardworking farmers who grow food for our families," said Gretchen Sterling, manager of the Pasadena Certified Farmers' Markets. "Farmers work long days, deal with changing weather conditions, and travel a long way to be at our markets weekly."

In addition to boosting the local economy, Pasadena Farmers' Market has contributed to a wide range

of community needs. Some of the organization's charitable donations include clothing and school supplies for students, summer camp and swim lesson fees, and transportation to special events. Through this assistance, generations of youth in Pasadena are given access to educational and extracurricular opportunities.

In 1995, the City of Pasadena Parks, Recreation and Community Services (PRCS) Department took over sole operations of the farmers' markets. The success of this program has resulted in surplus funding which provides support to recreation programs within the City's four community centers.

"PRCS is proud to support such a meaningful and long-standing program," said PRCS Director Koko Panossian. "The Pasadena Farmers' Market aligns with our mission to offer affordable resources, encourage healthy choices, and foster connections within the community."

For more information, visit PasadenaFarmersMarket.org.

Homeless Pasadena Seniors to be Permanently Housed

Pasadena Department of Housing Director William Huang, announced Thursday that sixty-nine senior citizens who are experiencing homelessness in Pasadena will soon be permanently housed as Heritage Square South begins leasing its newly constructed apartments.

Heritage Square South is a Permanent Supportive Housing ("PSH") project developed by BRIDGE Housing for chronically homeless senior citizens aged 55 plus, located at 710 N. Fair Oaks Ave.

According to Huang Lease-up for Heritage Square South began on April 29 and the project is expected to be fully occupied by the end of June. The City of Pasadena contributed 69 project-based vouchers, development financing in the amount of \$6,992,683 and a below-market rate ground lease.

This is a mixed-use building

with retail space available on the first floor fronting Fair Oaks and Orange Grove. Marketing of the retail lease spaces is underway. PSH projects provide both permanent housing and supportive services for the residents. Union Station Homeless Services will provide the on-site supportive services he said.

Prospective tenants are matched to Heritage Square South through the county-wide Coordinated Entry System ("CES"), which prioritizes permanent housing placement for the homeless community. The City requires that CES apply the Pasadena preference to PSH projects located in Pasadena that are matched through CES. The Pasadena preference gives priority to those who became homeless in Pasadena or are experiencing homelessness now.

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San Marino Upcoming Events & Programming

Maker Mondays

Monday, May 13 at 3:30 PM, Barth Community Room

Is your child a budding engineer or LEGO fanatic? Then join us for this new monthly STEM program where kids ages 4-11 will build unique and open-ended creations with a surprise material each time. Will it be LEGOs or KEVA planks? Straw builders or a marble run? Only one way to find out! Registration is not required.

Story, Stomp, & Sing

Thursday, May 16 at 10:30 AM, Children's Area

In partnership with the San Marino Music Center, we are proud to present an all new music and movement Storytime for children ages 0-5! This early literacy program will feature instrument exploration, songs, fingerplays, dances, and books. Please watch our social media for cancellations. Registration is not required.

Taste of San Marino: Chappreso

Monday, May 20 at 11 AM

Cost: R: \$7 / NR: \$9 (non-refundable)

Calling all active adults ages 55+! Join us as we discover what San Marino restaurants have to offer! Next in this series, we visit Chappreso located at 2142 Huntington Drive. Attendees can order any size tea with a topping and a cookie. Participants are required to meet at Chappreso; transportation is not provided. Registration is required by May 15.

Spring Kick-Off Happy Hour on May 17

Come celebrate spring at the Old Mill at our kick-off happy hour event on May 17 from 5-7 PM! We will have live music by Willow Stephens, food, a "spritz" bar, beer, wine and fun. We hope to see you at the Mill! \$10 suggested donation.

Public Works Open House - Vehicle & Equipment Showcase

In celebration of National Public Works Week, the Parks and Public Works Department is holding an open house, including a vehicle and equipment showcase/meet and greet with staff vendors. The event will be held on Wednesday, May 22, from 3 PM - 6 PM at Lacy Park. This is a great opportunity to learn more about the Department, including the different types of equipment it uses, such as lawnmowers, backhoes, loaders and lift trucks. Stop by to learn more and see these cool machines up close.

Honoring Our Heroes: Memorial Day Service at Lacy Park

A Memorial Day Service will be held on Monday, May 27 at 9 AM in Lacy Park by the War Memorial. Please join us as we pay tribute to the dedication and sacrifices the men and women of our Nation's Armed Forces have made. The ceremony will include recognition of Veterans, special guest speakers, and patriotic music. This event is open to the public.

Public Safety Meeting on May 29

Join us for a Public Safety Meeting at the San Marino Community Center on May 29th at 6 PM, hosted by the San Marino Police Department. We'll discuss crime trends, neighborhood watch, pedestrian/bicyclist safety, and hate crime reporting. For details, call (626) 300-0720.

Important Update to Library Hours: Starting June 3, the Library will close at 8 PM Monday through Thursday.

But don't forget! The Library has resources available online for you 24/7!

Search the full catalog of materials and place holds on items. Access e-books and e-audiobooks in English, Chinese, and Spanish.

Access databases and newspapers

NEW - 4th of July Parade - Palooza - Come Make Some Noise!

We're pleased to announce that the City has assumed management of the 4th of July Parade. The parade route, travels approximately 1.5 miles along Monterey Road to Virginia Road and ends inside Lacy Park! We'll provide the application for entries in the parade by the week of May 13, but in the meantime, we're looking for our Grand Marshal! Each year, the Parade Committee recognizes an individual in our community to serve as the Grand Marshal of the 4th of July Parade. Do you know someone who has made a significant contribution to the betterment of San Marino? We encourage you to submit a nomination by May 31. The nomination form can be found online.

Fire Department Recent Happenings

The Fire Department continues to conduct fire prevention business inspections for properties located in the City's commercial districts as well as properties identified by the department as target hazards. In addition to commercial properties, the department has recently begun conducting pre-plan walkthroughs of significant historical properties, such as the Thornton Gardens, to familiarize firefighters with the estate prior to any potential fire incidents. In June, the department will begin conducting annual inspections of residential properties located in the City's Very High Fire Hazard Severity Zone. The Fire Department will begin sending compliance information and notices to residents in the pre-determined area during the month of May. For information on how to prepare your home for wildfire visit www.sanmarinoca.gov/brushclearance.

The Fire Department continues to focus training efforts on the department's three probationary firefighter/paramedics. Recent training included annual refresher training for RT-130 Wildland Fire Safety. The 2023 refresher was a multi-agency drill hosted by the Pasadena Fire Department at the Eaton Canyon recreation area for departments in the foothill community. Agencies that participated in the 2024 drill included Monrovia, Pasadena, Sierra Madre, and South Pasadena.

Caltech Professors, Hou and Peters, Elected to National Academy of Sciences



Two Caltech professors, Thomas Y. Hou (pictured left) and Jonas C. Peters (pictured right), have been elected amongst the newest members of the National Academy of Sciences (NAS) this year. Membership in the academy is considered one of the highest honors a scientist can receive.

Thomas Hou is the Charles Lee Powell Professor of Applied and Computational Mathematics. Hou's work focuses on multiscale problems arising from geophysical applications and fluid dynamics. He has made significant progress on the 3D Euler singularity problem, which is closely related to the Navier-Stokes Equation Millennium Problem, which questions whether the equation, regularly used to define the motion of fluids, always remains valid. Hou is also interested in problems that deal with multivariable datasets as well as data analysis in settings where the model and data underlying the analysis continually update.

Jonas Peters is the Bren Professor of Chemistry and director of the Resnick Sustainability Institute (RSI). His research is focused on chemical transformations relevant to feeding and fueling the planet. Specifically, his group works on the development of catalysts and photocatalysts with applications in renewable solar fuel technologies, distributed nitrogen fixation for fertilizers and fuels, and new bond constructions for organic chemists developing pharmaceuticals. At the core of his lab's work is the development of fundamentally new concepts for such catalysis and elucidation of their underlying reaction mechanisms, along with the characterization of associated intermediates exhibiting unusual electronic structures and bonding. As director of the RSI, Peters leverages Caltech's unique strengths to innovate solutions for a more sustainable planet.

Hou earned his bachelor's degree from the South China University of Technology

in 1982 and a doctorate in mathematics from UCLA in 1987. He joined Caltech as an associate professor of applied mathematics in 1993, became a professor in 1998, and the Charles Lee Powell Professor of Applied and Computational Mathematics in 2004. He served as the executive officer for applied and computational mathematics from 2000 until 2006.

Peters received his bachelor's degree from the University of Chicago in 1993 and a doctorate from MIT in 1998. He joined the Caltech faculty as an assistant professor of chemistry in 1999, became an associate professor in 2004, a professor in 2006, and the Bren Professor of Chemistry in 2010. He served as the executive officer for chemistry from 2013 until 2015 and was named RSI director in 2015.

The academy announced the election of Hou and Peters along with 118 other new members and 24 international members on April 30. Six Caltech alumni were among the new members. They are David N. Beratan (PhD '86), the R.J. Reynolds Professor of Chemistry, professor of biochemistry, and professor of physics at Duke University; Geoffrey Blewitt (PhD '86), professor of geosciences and professor of physics at the University of Nevada, Reno's Nevada Bureau of Mines and Geology; James M. Mayer (PhD '83), the Charlotte Fitch Roberts Professor of Chemistry at Yale University; Richard Mooney (PhD '91), the George Barth Geller Distinguished Professor for Research in Neurobiology and professor at Duke University; Kenneth S. Suslick (BS '74), the Marvin T. Schmidt Professor of Chemistry, Emeritus at University of Illinois at Urbana-Champaign; and Peter T. Wolczanski (PhD '81), the George W. and Grace L. Todd Professor of Chemistry at Cornell University. Richard Ellis, a visiting associate in astronomy at Caltech from University College London, was also elected as an international member.

City of Pasadena Bike Month Free Activities

Rediscover the glee and excitement of riding a bike! Leave the car at home and see the city on two wheels during Pasadena Bike Month, now through May 26. Pasadena Bike Month is organized by the City of Pasadena with community partners Day One and Pasadena Complete Streets Coalition. This fun annual event returns to celebrate bicycling as a safe, healthy, and sustainable way to get around town.

Organizers have planned free activities all month long for riders of all ages and abilities. Helmets (required for youth under 18), bikes in good working order, and bike lights (for night events) are strongly encouraged.

"The City is pleased to once again support Bike Month and we encourage Pasadena residents and visitors to enjoy all that Pasadena has to offer while pedaling a bicycle," says Pasadena Department of Transportation Director Joaquin Siques. He adds, "Bike to Work Day occurring May 16th is a great way to try commuting to work by bicycle and we hope to see people at our rest-stop at City Hall that morning."

Highlights of Bike Month events include but are not limited to:

Women of Pasadena Ride on Sunday, 2-4 p.m., Pasadena City Hall, 100 Garfield Ave.: Starting at Pasadena City Hall explore significant sites in women's history, discover the impactful Pasadena women who made a difference, and support women-owned businesses!

Bike to Work Day on Thursday, May 16, 7-10 a.m.: Visit the Bike to Work Day rest-stop at Pasadena City Hall to say hello and enjoy free refreshments to help fuel your ride, pick up some biking information, and enjoy other free goodies. Remember, if you need to travel far, go multimodal. Metro buses and trains, Metrolink trains, and Pasadena Transit buses are free for bicyclists on Bike to Work Day.

E-bike Expo on Sunday,



May 19, 10 a.m.-2 p.m., Jefferson Park, 1501 E. Villa Street: Learn about, see, and test ride electric bikes from six local bike shops, all in one convenient location!

Bike-in movie screening of "The Engine Inside" on Wednesday, May 22, 6:30-9:30 p.m., Throop Church, 300 S. Los Robles Avenue: Stories of six everyday people from all over the globe who reveal the unique power of the bicycle to change lives and build a better world.

Ice Cream Ride on Sunday, May 26, 1-4 p.m., Memorial Park - 85 E Holly St.: What's better than riding bikes on a beautiful day in May? Riding bikes and eating ice cream! We'll visit local purveyors of America's favorite frozen treat and sample their offerings.

Additional events include Pasadena Public Art Ride, Family Bike Safety Ride, and The Remnants Ride: Retracing the Forgotten Cycleway from Pasadena to Los Angeles. For a full list of events and registration details, visit Bit.ly/PasadenaBikeMonth

Bike Month Pasadena is being organized by the City of Pasadena Department of Transportation, Day One and Pasadena Complete Streets Coalition. Day One and partners Pasadena Complete Streets Coalition are working towards advocating for safe, inclusive, and healthy streets for all road users, regardless of mode and ability.

For more information, contact Scott Johnson at ScJohnson@CityOfPasadena.net

Join The Ripple Effect and Celebrate Water Awareness

During the month of May, Pasadena Water and Power (PWP) joins utilities across the nation in celebrating Water Awareness Month, an annual outreach campaign to raise awareness about the value of one of Southern California's most precious natural resources: water. Throughout the month, PWP is highlighting water sustainability and resilience in the community with educational events, tours, and workshops.

Water Awareness Month is also part of PWP's The Ripple Effect campaign, which includes inviting the community to become local water stewards for Pasadena and the region. All events are free and open to the public.

Garden Show and Tell

Now - Friday, May 31

Members of the community are encouraged to share photos and information on their garden's transformations from thirsty turf to drought-tolerant beauty. Every week, a garden will be selected and featured on PWP's website and social media channels as the Garden of the Week. Must be a PWP customer to enter. Participants will receive a free native plant while supplies last. To participate, please visit PWPweb.com/TheRippleEffect and click on the Garden Show and Tell tile.

Landscape Transformation Workshop (Virtual)

Wednesday, May 22, 6-8 p.m.

PWP will be hosting workshops, both virtual and in person, throughout the month of May. Topics covered will include turf replacement, native plants, and efficient irrigation. For workshop dates and information, please visit PWPweb.com/TheRippleEffect.

"Water is Life" Art Contest

Submissions due Friday, May 31

All K-12 students attending school in Pasadena are encouraged to submit artwork for the annual "Water is Life" contest, sponsored by PWP and the Metropolitan Water District of Southern California. Each year, participating students submit artwork portraying a water-wise theme, along with a short message about water conservation. All entries must be submitted by May 31, 2024, via email or mail. Visit PWPweb.com/ArtContest to learn more.

Self-Guided Walking Tour of PWP-Sponsored Community Demonstration Gardens

Follow a self-guided tour map of unique gardens that demonstrate the beauty and diversity of drought-tolerant, native plant landscapes. Learn about water efficient landscaping and water capture features like hügel beds, berms and swales, dry streams, and rain barrels. A digital map is available online at PWPweb.com/TheRippleEffect.

For more information about these events, Pasadena's water supply, infrastructure, conservation resources and programs, visit: PWPweb.com/TheRippleEffect.

Catch breaking news at: mtnviewsnews.com

TOO TOXIC TO TRASH

FREE Household Hazardous and Electronic Waste Drive-Thru Collection Event

Saturday, June 29 • 9 A.M. - 3 P.M.
Brookside Park, Parking Lot "I"
(south of the Rose Bowl)
360 North Arroyo Boulevard
Pasadena, CA 91103

- CHEMICALS**
 - Carefully secure items in your trunk/pick-up bed. Hazardous waste must be in your trunk/pick-up bed with no other items.
- PAINTS & SOLVENTS**
 - Waste should be in a sturdy box, preferably in their original containers. Be prepared to leave containers.
- SHARPS**
 - No explosives, ammunition, radioactive materials, controlled substances, trash, tires, or large appliances (like refrigerators, stoves and washing machines).
 - Sharps disposal will require exiting your vehicle in a designated location to deposit them in a bin.
- E-WASTE**
 - Open to Los Angeles County residents. No business waste accepted.
 - Limit of 15 gallons or 125 pounds of hazardous waste per trip.

Pasadena to Celebrate Older Americans

The City of Pasadena Parks, Recreation and Community Services Department, Senior Commission, and Pasadena Village will host the City's third annual celebration of Older Americans Month on Wednesday, May 22 from 10 a.m.-1 p.m. at Victory Park, 2575 Paloma St. The free event will highlight Pasadena's array of resources for older adults and offer giveaways, food, presentations and much more! The event will begin with remarks from several public officials. Registration, more information, and a list of exhibitors is available here.

Older Americans Month is celebrated nationwide in May and led by the Federal Administration for Community Living. The 2024 theme is Powered By Connection, which recognizes the profound impact that meaningful relationships and social connections have on our health and well-being.

For more information call (626) 744-7300.

RENAISSANCE YEARS: A HISTORY OF MODERN MONROVIA by Dick Singer Re-released

In commemoration of the 50th Anniversary of the election that changed Monrovia, a revised and updated re-printing of Renaissance Years: A History of Modern Monrovia is now available for purchase from the Monrovia Historical Society and the Monrovia Historical Museum.

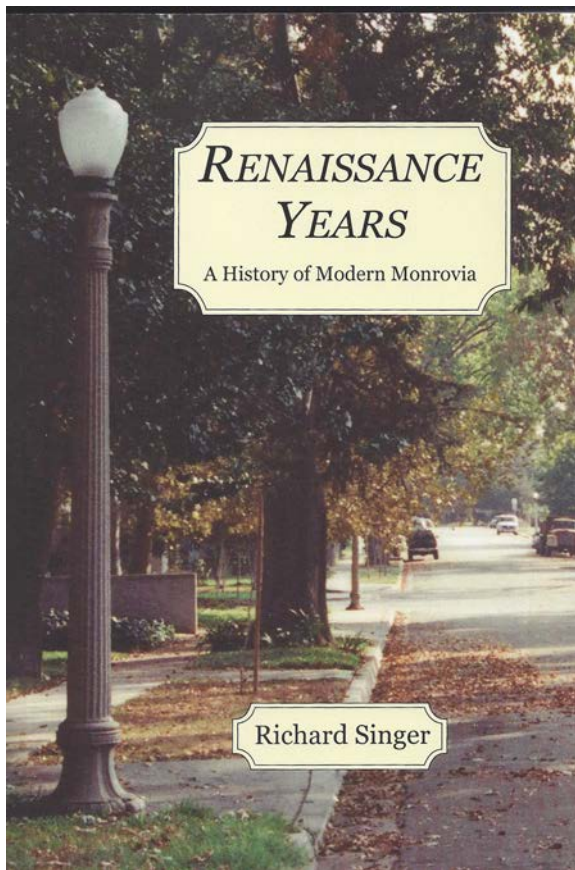
At nearly 400-pages, the book by local author Dick Singer is a detailed account of the community's decline after World War II and its subsequent rebirth under the leadership of Bob Bartlett, Pat Ostrye and Eric Faith, elected to the City Council in 1974.

Bartlett was the first African American on the council and served as the city's mayor for twelve years. Ostrye, the city's first elected mayor, was also the first woman to serve on the council and went on to also hold the City Clerk and City Treasurer posts. Their election in 1974 began a program civic renewal that eliminated blight and gave us today's Old Town, two freeway-adjacent hotels and an auto dealership row, developed affordable housing for hundreds of families, diversified the city's economic base, built the Community Center and formed a mutually-beneficial partnership with the Monrovia Unified School District and the Chamber of Commerce. Their efforts eventually led to the community winning its coveted All America City honor in 1995.

Though focused primarily on the community's renaissance, the book encapsulated the city's entire history, from its founding in 1886 to events in 2017 when the work was first published. This re-printing of the original book has been updated to incorporate significant events since 2017, up to and including the just-completed March 2024 municipal election.

Renaissance Years was the first of three local histories by Singer, the others being 1887: A History of Early Monrovia, published in 2020, and People Like You and Me: A History of Monrovia in World War II, published in 2023. The first printing of Renaissance Years sold out. All proceeds from the three books go to support local history projects.

Renaissance Years and its companion books are available at Charlie's House, 430 S Myrtle Ave., from the Monrovia Historical Museum in Recreation Park, open Thursday and Sunday afternoons, or by contacting the Monrovia Historical Society at monroviahistoricalsociety1896@gmail.com.



CALLING ALL LOCAL ARTISTS: SUBMIT YOUR ARTWORK FOR THE DUARTE UTILITY BOX ART PROGRAM

Are you interested in having your artwork displayed in the Duarte communi-ty? The City is now looking for original designs by local artists to cover four utility boxes in Duarte!

Los Angeles County-based artists aged 18 or older are encouraged to show-case their talents while promoting eye-catching public art throughout the City. This application is open to all artists: professional, amateur, and stu-dents. All approved designs will be printed on vinyl and installed on City-owned utility boxes by a third-party vendor.

The original artwork can be designed or created in any 2D medium such as graphic art, photos, or similar materials. We encourage applicants to develop designs in digital format, however, the City will also accept photographs or scans of physical art for the application.

This call for artists is part of the Utility Box Art Program, which aims to trans-form these metal cabinets into works of art in order to contribute to the unique character of each site location and create a more vibrant and wel-coming cityscape.

Utility Box #1

- Located at the Southeast corner of Huntington Drive and Moun-tain Avenue.
- The theme chosen for this location is "Route 66."
- This location is the westerly gateway of the City and will be one of the first things motorists and pedestrians see as they enter the community. The utility box does not have a meter pedestal and is located within the public sidewalk.

Utility Box #2

- Located at the Southwest corner of Duarte Road and Circle Road.
- The theme chosen for this location is "Medical Health."
- This location is at the easterly entrance to the City of Hope Cam-pus, across the street from the light rail station, and adjacent to the City's Duarte Road bike lane. The utility box will be very visible for the many staff and visitors who use light rail to commute to City of Hope, in addition to the general public. A meter pedestal accompanies the utility box and a public sidewalk surrounds them.

Utility Box #3

- Located at the Northeast corner of Fasana Road and Highland Avenue.
- The theme chosen for this location is "Transportation."
- This location is adjacent to the City's light rail station, and across the street from the Duarte Station Specific Plan – the communi-ty's transit-oriented neighborhood. A 344-unit apartment building was completed in 2023, and a second, 292-unit, apartment building is slated to be completed by the end of 2024. Future uses ad-jacent to this box location may include additional mid-rise apart-ment buildings, mixed-use, and/or hospitality. This location is lo-cated at a "T" intersection and will be very visible to eastbound Fasana Road traffic. There is a meter pedestal with this utility box, but there is no sidewalk abutting them. A bike "sharrow" lane is located on both sides of Highland Avenue.

Utility Box #4

- Located at the Southeast corner of Huntington Drive and Crest-field Drive.
- The theme for this chosen location is "Childhood."
- This utility box is located on the public sidewalk, in front of the Maryvale Early Education Center along with the easterly segment of Huntington Drive. This location will be most visible to pedestri-ans and many of the commuters who take Huntington Drive for their evening commute. The utility box does not have a meter pedestal and is located within the public sidewalk.

All submissions must include a Utility Box Art Program application, original artwork, and both a 200-word maximum artist statement and artwork state-ment. In addition to these requirements, artists can also submit a resume and one to three examples of previous artwork. Submissions for locations with both a utility box and a meter pedestal must include designs for both boxes.

Artists can submit up to two design proposals, but an artist can only have one submission chosen by the City. Artwork will be evaluated by the Arts Ad Hoc Committee and will recommend submissions to the City Council for final approval. If their work is selected, artists will be notified within one week of City Council approval.

Selected artists will be paid a \$750 stipend per each approved design chosen for those utility box locations that contain only a utility box. Selected artists will be provided an additional \$200 stipend per each approved chosen design for locations that have both a utility box and a meter pedestal. The artist will not be responsible for installing vinyl wraps.

All submissions must be emailed, hand-delivered or mailed to the Communi-ty Development Department (1600 Huntington Drive) no later than July 8, 2024 at 6 PM. For more information on artwork requirements, artist eligibil-ity, project details, and application guidelines, please vis-it AccessDuarte.com/Utility-Box-Art-Program.

For more information on the Utility Box Art Program, please contact Jason Golding, Planning Manager at (626) 357-7931 ext. 231 or jgolding@accessduarte.com.



ARCADIA POLICE BLOTTER

For the period of Sunday, April 28th, through Saturday, May 4th, the Police Department responded to 979 calls for service of which 105 required formal investigations. The following is a summary report of some of the incidents handled by the Department during this period.

Sunday, April 28:

1. At 1:35 a.m., an officer responded to the area of Colorado Boulevard and Old Ranch Road regarding a vehicle in lanes of traffic with hazard lights on. The vehicle was missing both front tires and had severe collision damage. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 34-year-old female from Monrovia was driving under the influence of alcohol. She was arrested and transported to the Arcadia City Jail for booking.

Monday, April 29:

- At 12:55 a.m., officers responded to a residence in the 400 block of Walnut Avenue regarding the report of a burglary. An investigation revealed several suspects stacked patio furniture and entered the home through a second story window. The suspects ransacked the home stealing a watch and the surveillance system. The suspects were seen leaving the scene in a white U-Haul cargo van.
- At 9:10 a.m., an officer responded to a residence in the 100 block of East Arthur Avenue regarding a vehicle vandalism report. The victim left his vehicle parked in the driveway of the residence overnight. He returned to his car in the morning and discovered that an unknown suspect smashed the front passenger side window.

Tuesday, April 30:

- At 3:52 p.m., officers responded to Arcadia High School, 180 Campus Drive, regarding an assault on two juveniles. The suspect exited his vehicle and began punching two teenage boys. After others intervened to stop the fight, the suspect got into his car and drove into one of the boys, striking him with the car. Both boys sustained minor injuries. The suspect fled the scene in a dark colored Toyota Highlander. An investigation by Arcadia Police Detectives led to the apprehension and arrest of the 42-year-old suspect from Arcadia.
- At 3:37 p.m., officers responded to the area of Live Oak Avenue and Second Avenue regarding the notification of a stolen vehicle in the area. Officers located the vehicle, occupied by a female driver with her small child in the rear seat, in the 600 block of Duarte Road. The driver was found to be in possession of methamphetamine. The driver called her girlfriend to take custody of her child and an investigation revealed the girlfriend had an outstanding warrant for her arrest. The child was released to a grandparent. The 30-year-old female from South El Monte and her 34-year-old girlfriend from El Monte were arrested and transported to the Arcadia City Jail for booking.

Wednesday, May 1:

- At 7:46 a.m., an officer responded to a residence in the 700 block of Fairview Avenue regarding a vandalism report. An unknown suspect used a pellet gun to shoot the victim's sliding glass door. Three additional reports were taken. Employees at Rusnak, 101 North Santa Anita Avenue, reported the windows of three vehicles had been shattered by a pellet gun. Reports were taken at Starbucks, 300 East Huntington Drive, and O2 Karaoke, 1220 South Baldwin Avenue, where a pellet gun was used to shatter the front glass doors of the locations during nighttime hours.
- At 8:41 a.m., officers responded to a residence in the 1400 block of Carmelita Place regarding an audible alarm activation. Surveillance footage revealed three suspects walking onto the property. The suspects turned off power to the house and used a ladder to climb up to the second story where they broke the window to the master bedroom causing the alarm to sound. The suspects fled the scene in an unknown direction. They were described as male suspects with thin builds. Suspect One was wearing a black sweatshirt, black pants, a black baseball cap, black and white shoes, a black mask, and black gloves. Suspect Two was wearing a black sweatshirt, gray pants, a black and gray baseball cap, a black mask, and black shoes. Suspect Three was wearing a light blue shirt, black pants, a gray baseball cap, a black mask, black gloves, and tan shoes.

Thursday, May 2:

- At 3:53 p.m., officers responded to a residence in the 2000 block of South Sixth Avenue regarding a burglary report. Surveillance footage captured the suspect entering the home by smashing a sliding glass door before ransacking the home. The property loss was unknown at the time of the report due to the homeowner being out of the country.
- At 4:56 p.m., officers responded to The Shops at Santa Anita, 400 South Baldwin Avenue, regarding a fight in progress. The fight ensued after two drivers were involved in a road rage incident. Four suspects exited one car and began hitting the victim. A 16-year-old male from Covina, a 16-year-old male from Pasadena, a 16-year-old male from Azusa, and a 19-year-old male from Azusa were arrested and transported to the Arcadia City Jail for booking.
- At 6:56 p.m., officers responded to the 1100 block of Encanto Drive regarding a burglary that had just occurred. The resident was in her bedroom when she heard a loud crashing sound. Two suspects smashed her sliding glass door. After seeing the resident, the suspects fled the scene by jumping the fence in the rear yard. The suspects were described as adult males approximately 20 to 30-years old, five feet nine inches tall, with dark hair.

Friday, May 3:

11. At 12:08 p.m., an officer recognized a burglary suspect while patrolling the area of Live Oak Avenue and Mayflower Avenue. The suspect had two outstanding warrants for his arrest. The 44-year-old male from Duarte was arrested and transported to the Arcadia City Jail for booking.

Saturday, May 4:

12. At 4:10 a.m., officers responded to Miltry Pharmacy, 145 East Duarte Road, regarding a burglary in progress. The suspect driving a stolen gray sedan, drove into the rear of the business. The suspect entered the pharmacy and stole a bottle of prescription drugs before fleeing the scene in his vehicle. An investigation by Arcadia Police Detectives led to the arrest of a 22-year-old male from Los Angeles.



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If you have any questions,
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NO ONE IS USING YOUR SOCIAL SECURITY NUMBER TO COMMIT CRIMES. IT'S A SCAM.

By Alvaro Puig
Consumer Education Specialist

The phone rings. Your caller ID says it's the Social Security Administration. You hesitate. You're not expecting a call from them, and you've heard about impersonation scams. But something inside you makes you pick up. And everything you're about to hear is designed to scare you into doing whatever the caller says.

The caller says he's a Social Security Administration agent with an urgent warning: Your name and Social Security number are linked to serious crimes like money laundering and drug trafficking.

You're panicked when he says there's an ar-rest warrant for you and the courts want to seize the money from your bank and retirement accounts. The only way to protect it, he claims, is to buy gold. The agent says he'll send someone to pick it up and will keep it safe until he can clear your name of any wrongdoing.

You're in a rush because he says you must go to the bank immediately. You're nervous, so the agent offers to stay on the line with you while you're at the bank and tells you what to say.

You're so stressed out. And terrified the po-lice are coming to arrest you. You want to take a minute to call someone, but he says you don't have time. And he insists you can't trust anyone but him.

You hesitate. It seems strange that he's tell-ing you to buy gold. What if it's a scam? You do a quick search and find that someone with the name he gave you is an employee at the Social Security Administration. But can you be sure it's him? Maybe he's just us-ing that name.

On the other hand, the caller ID did say Social Security Administration. And he does know some personal details about you. Should you go ahead?

Stop. It's a scam.

Anyone who tells you to buy gold, or with-draw cash, and give it to someone is a scammer.

Report them to the FTC at Report-Fraud.ftc.gov.

If a caller tells you someone is coming to pick up gold or cash at your house, call the police.

This is an elaborate impersonation scheme to rip you off. To learn about others, check out our blog series, Anatomy of an Imposter Scam.

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COLLEGE WOMEN'S CLUB 2024 SCHOLARSHIP RECIPIENTS



On Tuesday, May 7th, 85 people gathered at the Blinn House in Pasadena to honor the 2024 Scholarship Recipients selected by the College Women's Club. 17 girls were awarded over \$55,000 in scholarships this year, coming from six area colleges. These schools include CSULA, Pacific Oaks College, Art Center College of Design, East LA College, GCC and PCC. Our guests enjoyed tea boxes from San Marino Cafe while hearing about our incredible honorees.

The Scholarship Committee first began giving loans to women seeking higher education in 1923. Over its history the Club has distributed over \$1.3 million to 663 women. The Scholarship Foundation endowment currently stands at approximately \$1.8 million and is managed by the Pasadena Community Foundation.

SYNDICATE COFFEE SHOP LOSES TWO STAFF TO RECORD LABEL

If you have been to Syndicate Coffee Shop lately, (who hasn't), then you have probably met half of the members of the band "Return to Dust", Matty Bielawski and Graham Stanush, behind the counter, making coffee and sandwiches.

If you haven't met them, then you only have a few days left to see them as they have just signed their first record deal and will be leaving Syndicate employment soon.

Long time friends, Matty and Graham, moved to LA from Texas during covid to launch their heart-felt, modern-grunge band, Return to Dust. Matty and Graham write the music and lyrics as well as perform their songs with members Sebastian Gonzalez and London Hudson. Their music has been influenced by Deftones, Alice In Chains, Nirvana, The Cure, Metallica and Cage The Elephant to name a few bands.

Their next live local performance will be at a Danny Wimmer Festival (Welcome to Rockville & Sonic Temple). If you are interested check their website for show details.

Their first album ("Return to Dust") has just been released and can be played here <https://vyd.co/Returntodust>. Their album can be purchased here along with other merchandise, <https://return-to-dust-store.mysshopify.com/collections/all>.

Please be sure to stop by Syndicate and congratulate Matty and Graham for their hard earned success and for making their dreams come true.



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MOUNTAIN VIEWS NEWS TO HONOR 2024 GRADUATES

The June 1st edition of this paper will be dedicated to the Class of 2024! In order to be included, please send your graduates picture, full name, age and school. he Class of 2024 - tomorrow's leaders - deserve to be honored!
Send to: editor@mtnews.com Subject: Class of 2024

SCHOOL DIRECTORY

- Alverno Heights Academy**
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463
Head of School: Joanne Harabedian
E-mail address: jharabedian@alvernoheights.org
- Arcadia Christian School**
1900 S. Santa Anita Avenue Arcadia, CA 91006
Preschool - TK - 8th Grade
626-574-8229/626-574-0805
Email: inquiry@acsions.com
Principal: Cindy Harmon
website: www.acsions.com
- Arcadia High School**
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net
- Arroyo Pacific Academy**
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org
- Assumption of the Blessed Virgin Mary School**
Ms. Rose Navarro, Principal
2660 East Orange Grove Blvd.
Pasadena, Ca 91107
626-793-2089
https://school.abvmpasadena.org/
- Barnhart School**
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588
Head of School: Tonya Beilstein
Kindergarten - 8th grade
website: www.barnhartschool.org
- Bethany Christian School**
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Preschool-TK-8th Grade
Principal: Jonathon Hawes
website: www.bcsions.org
- Clairbourn School**
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org
- Foothill Oaks Academy**
822 E. Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Principal: Nancy Lopez
www.foothilloaksacademy.org
office@foothilloaksacademy.org
- Frostig School**
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org
- The Gooden School**
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Head of School, Jo-Anne Woolner
website: www.goodenschool.org
- High Point Academy**
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
Head of School: Gary Stern 626-798-8989
website: www.highpointacademy.org
- La Salle College Preparatory**
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Interim Principal Ernest Siy
- Monrovia High School**
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us
- Odyssey Charter School**
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org
- Pasadena High School**
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Mathew Kodama
website: http://pchs.pusd.us
- St. Rita Catholic School**
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal: Adela Solis (626) 355-6114
solis@st-ritaschool.org
Website: www.st-ritaschool.org
- Sierra Madre Elementary School**
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428
Principal: Dr. Jodi Marchesso
E-mail address: marchesso.jodi@pusd.us
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Lisa Feldman: Head of School
- Wilson Middle School**
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: ressell@pusd.us
- Pasadena Unified School District**
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
- Arcadia Unified School District**
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net
- Monrovia Unified School District**
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Which came first? The chicken or... ...the egg? Let's ask Mom! Kids: color stuff in!

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Honoring Mom on Mother's Day!

How can we begin to show our love and thanks to our mothers, grandmothers, special aunts and other women who do so much for us? They teach us, guide us, encourage us, comfort us and love us just because we are their children. How wonderful!

Mothers have been honored in many ways, even before they got their own holiday. Some children picked wildflowers to surprise their mothers. Some thanked or remembered their mothers by attending religious services or banquets that honored them. Mother's Day became a national holiday in the United States in 1914 when President Woodrow Wilson proclaimed the second Sunday in May to be a day of "...public expression of our love and reverence for the mothers of our country." How will you show your mother your love?

Read the clues below to fill in the crossword:

- Mother _____ - old woman in nursery rhyme
- mother _____ - the nation of a family
- Mother _____ - our planet
- mother _____ - first language learned
- Mother _____ - controlling force of life, events
- mother-of- _____ - hard, shimmery layer in shell
- Mother _____ - "author" of children's rhymes
- mother _____ - protects/services smaller vessels
- mother _____ - being a female who has children and is caring for them
- mother _____ - main vein of gold in the hills

Wow! There's a nice idea. Breakfast on a tray for Mom's special day!

Thanks for everything you do, Mom!

To see what the baby chicks are saying, look at each letter and put the letter that comes after it (in the alphabet) on the blank above.

So big! So fast! So clever! So smart!

Love you, Mommy!

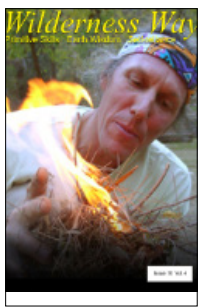
Pssst... I wish they'd stop s'mothering us!

Gram Mother Mommy
Grandma Ma Mum
tongue
country Nature Hubbard
ship Earth lode
Goose
hood
1 2 3 4 5 6 7 8 9 10

Crossword Clues:
1. Mother _____ - old woman in nursery rhyme
2. mother _____ - the nation of a family
3. Mother _____ - our planet
4. mother _____ - first language learned
5. Mother _____ - controlling force of life, events
6. mother-of- _____ - hard, shimmery layer in shell
7. Mother _____ - "author" of children's rhymes
8. mother _____ - protects/services smaller vessels
9. mother _____ - being a female who has children and is caring for them
10. mother _____ - main vein of gold in the hills

Letter Game:
O N G S G D X Q D
T T R S K N U H M F T R

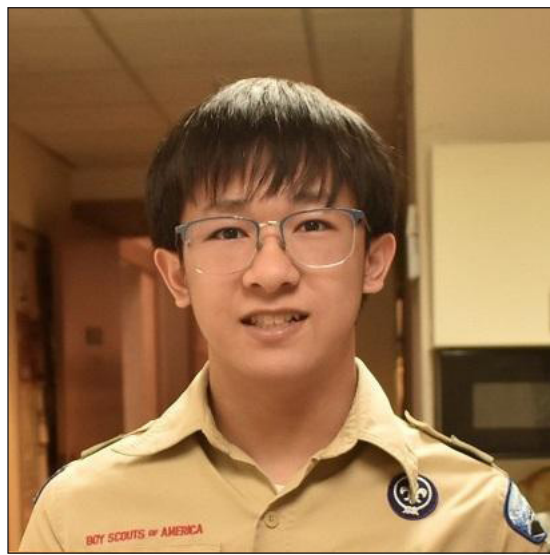
CHRISTOPHER Nyerges



[Nyerges is an educator and author. He authored "Extreme Simplicity" which tells his story about attempting to live self-reliantly in the city. More information about his books and classes at www.SchoolofSelf-Reliance.com]

AN EAGLE SCOUT'S JOURNEY

Mason Fong, age 17, of Arcadia has just achieved the rank of Eagle Scout, the pinnacle of the Boy Scout experience, a rank that only 4% of all Boy Scouts ever achieve. He officially



became Eagle on February 15, 2024; the Eagle Scout Court of Honor with his Troop will be on May 13, 2024.

Fong, age 17, first became a Cub Scout at age 6, and earned the Arrow of Light award. "I was in Cub Scouts in the first place because I was joining with other boys in my school and it became an extra-curricular activity for me and to hang out with my fellow class-mates. When I became a Boy Scout, the regular campouts were probably the most exciting part. Those outings proved to be a way to bond with others in my troop and also some-times with those in other troops," explains Fong.

Scouting took a lot of Fong's time, time that he felt was well worth it. As a Boy Scout, he earned 57 merit badges, each of which requires learning a new skill and testing. To be-come an Eagle, a Scout has to earn at least 21 merit badges (of which 13 are required) out of the 138 possible badges offered by the organization.

One merit badge that was very memorable was photography that was held at the New York Film Academy in Los Angeles. "I not only learned how to use and set up a digital SLR camera, but also cool tips and tricks that other photographers might use to frame a shot."

His earning of the Climbing merit badge was memorable for him as well. "One of my Scoutmasters was into rock climbing and he went around recruiting people to take his class. Since it was one of my friend's Dad, I signed up. I learned all about the different equipment, safety protocols, and special terminology that's used. When it came time to do some actual climbing on vertical rock walls, it was pretty scary and challenging, but a fun experience as well. If it weren't for scouting, I don't think I would have ever done this in real life."

From the beginning of his Scouting career, Fong never really planned to achieve Eagle sta-tus. "I was just going with the flow and doing what my friends did," Fong explains. "As I became more active and involved, I started to move up in rank and my interest in scouting grew as a result." Fong also gives credit to his dedicated parents. "My parents were always there for me and motivated me throughout the whole journey. They came to all my meetings and took me to my Bout Scout events," he explained. "They researched about all the merit badge clas-ses offered through the Los Angeles area that I could sign up for. Before I knew it, I was passing up all my friends since I was having the most (merit) badges on my sash," says Fong with a smile of accomplishment.

To become an Eagle, a Scout must have taken on leadership positions, and must do a fi-nal project, all before turning 18. When Fong realized he was going to attempt to achieve Eagle Scout, he had to come up with a final project.

"For my Eagle Project, I knew I wanted to do something outdoors so I contacted a lot of nature centers and gardens in the area. I connected with the wonderful Superintendent of Eaton Canyon Natural Area, Helen Wong, and we met to discuss potential opportunities for my projects. Helen was extremely helpful! For my project, I eventually decided to do a native plant habitat restoration of a 1,600 square foot area at the entrance to Eaton Canyon park." The park, a designated nature preserve, has become a highly popular hik-ing destination and affected by heavy foot traffic," said Fong.

Fong described how his first step was to put together a proposal for the project that fully describes the work to be done, the benefit to the community, a cost estimate, and a prelim-inary plan on how to execute the project. "It took about 3 months to get past this stage," says Fong, "and my project proposal was approved by the BSA. Once it was approved, I was able to begin the next step which was planning and implementation. I put together a schedule to complete the project within two months. This involved lots of coordination with the Supervisor Superintendent Helen Wong and Staff Naturalist Kenia Estrella at Eaton Canyon."

Fong had to compile a list of the tools and supplies materials to be purchased. He had to source and acquire the variety of 42 native plants from multiple nurseries. He also need-ed to fundraise for the expenses, recruit volunteers to pre-construct chicken wire fences for the plants, contact Dig Alert to check that the area was safe from any potential under-ground utilities, and coordinate everyone on the final weekend for completing the project at the site.

There were hours of invasive plants and debris removal that had to be cleared before planting could begin. "Lots of details, research, and community involvement," says Fong with an air of accomplishment. "It felt good to get it all done since I now had something I could be proud of - not just for me, but for the community to enjoy, and for the preserva-tion of the environment." The project took approximately 243 hours, including the volun-teers. The whole project took around five months. From the decision on a project in August 2022, getting it approved by the BSA, putting the plan together, and then finishing up with the final planting stage which ended January 22, 2023

Fong adds that even though he completed the Eagle Project, he did not just say thank you and goodbye to the Eaton Canyon and the staff. "I actually stuck around and continued to volunteer there as much as I could. Part of my time was spent maintaining the grounds where I did my Eagle Project to help the plants thrive and survive by pulling weeds, re-pairing the chicken wire cages, and watering the plants by hand. And for all my hard work and dedication, I was surprised when the Eaton Canyon staff and the L.A. County Parks and Recreation awarded me with a Youth Volunteer of the Year Award in 2023."

Fong describes the most challenging aspects that he had to overcome were the planning and setting schedules. "Planning a project requires more than simply being aware of your schedule time. You also have to consider your volunteers' availability to look for the best date and time of day to have meetings and work on the project." The Pandemic, and other issues, caused Fong to lose about a year of progress, but he was eventually able to get back on track. He had many memorable moments on his path to Eagle Scout. "One memorable moment of my project was the time I spent making the chicken wire cages for the plants with my family and extended family. The task was to roll out the chicken wire, cut it into 6 foot lengths, and tie the ends together into a cylindrical shape, each requiring their own amount of due diligence. The work was tedious and took a long time to complete (3 days), leading to it being a whirlwind of emotions including pain, frustration, as well as some-thing funny we could just joke about afterwards. Another memorable moment includes the actual planting of the plants with my crew. After every plant that was planted, I could definitely see how each person was getting better and faster each time, giving me a sense of satisfaction and as we got closer to finishing."

When Fong encounters younger boys who are considering getting into Scouting, he tells them that it can be as fun and exciting as they make it. "The more you put into it, the more you will get out," he says. "Don't feel pressured that you have to make it all the way to the end and become an Eagle Scout. If all you want to do is go camping and be outdoors, then that's really OK. You should join Scouting. If all you want to do is earn merit badge and learn those lessons, that's also OK. You should go for it."

Fong adds, with a philosophical tone in his voice, "If I had to identify one thing that scout-ing has taught me at an early age that probably wouldn't have happened until later in life, then it would be independence and self-sufficiency. Through my time in Scouting, I have learned life skills that you need to survive on your own. This includes many outdoor skills and social skills, including some very basic useful skills such as tying knots, cooking a meal, and basic first aid."

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Katnip News!



MEET CLAUDIA SCHIFFER!

Are you ready to welcome a whirlwind of energy and affection into your home? Look no further than Clawdia, the one-year-old snowshoe Siamese beauty with a heart as big as her personality and named after the real life supermodel, beautiful Claudia Schiffer!



Clawdia's journey hasn't been without its challenges, but her spirit remains unbroken. Rescued from a shelter where she clawed half her face off and bravely battled through adversity, Clawdia's scars are a testament to her re-silience. Despite some hair loss and scarring on her head and neck from a food allergy, she's healed and ready to embrace life with gusto.

This spunky feline is no wallflower; she's a dynamo of activity! Clawdia lives for playtime, whether it's chasing toys, racing around the house, or keeping watch over the backyard wildlife on her personal Cat TV. Her zest for life is infectious, and she's always ready to engage with her human companions.

If you're looking for a cat who craves attention and companionship, Clawdia fits the bill perfectly. Far from shy or demure, she's the first to greet visitors with a friendly climb onto their laps, showering them with affectionate rubs and purrs. She's a social butterfly who thrives on interaction and will always keep you entertained with her antics. Because Clawdia is a bundle of energy, she'd do best in a home with at least one other feline friend to keep her company during playtime. With her vivacious personality, she'll make sure there's never a dull moment in your household!

At just seven pounds, Clawdia may be petite in stature, but she makes up for it with her larger-than-life presence. With her first birthday behind her, she's all grown up and ready to embark on a lifetime of adventures with her forever family.

Are you ready to open your heart and home to Clawdia Schiffer? Come meet this charming little dynamo and discover the joy of having a devoted companion who'll be by your side through thick and thin. Adopt Clawdia today, and let the fun begin!

Pet of the Week

Rayne is a delightful two-year-old Pit Bull mix with a heart as big as her affectionate nature. Rayne is a bundle of energy and love, ready to shower her forever family with endless kisses and tail wags. Rayne is more than just a pretty face; she's a smart cookie too! Her eagerness to learn and please makes her a joy to train, whether it's mastering basic commands or picking up new tricks.



With a bit of patience and positive reinforcement, Rayne will quickly become your four-legged star pupil, eager to show off her skills at every opportunity.

Rayne is a soft-hearted sweetheart who thrives on love and attention. She adores snuggling up on the couch for movie nights or joining you on outdoor adventures, soaking up every moment spent with her beloved humans. Rayne may want to be the only dog in the household, but her big personality will make it seem like she's ten dogs!

The adoption fee for dogs is \$150. All dog adoptions include spay or neuter, microchip, and age-appropriate vaccines.

Walk-in adoptions are available every day from 2:00 – 5:00. For those who prefer, adoption appointments are available daily from 10:30 – 1:30, and can be scheduled online. View photos of adoptable pets at pasadenahumane.org.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email.

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PUZZLES FOR YOU

OPPOSITES

ACROSS

1. Clothing joint
5. *Opposite of good
8. *Pre-
12. Guesstimate (2 words)
13. Sudden impulse
14. Group dice game
15. Stead
16. Naive person
17. Fancy necktie
18. *Compass point opposites (2 words)
20. A pinch between the cheeks
21. Earth tremor
22. Before skip and a jump
23. Constantly worry about something
26. More infinitesimal
30. Catch a wink
31. One weber per square meter, pl.
34. *Pre-recorded
35. Deed hearings
37. Cribbage piece
38. Bread spreads
39. Plural of focus
40. Making the way, in a way
42. "I Like ___," 1952 campaign slogan
43. Of somber color
45. *Like bride's accessories (2 words)
47. 60 mins., pl.
48. Indiana ball player
50. One of Three Bears
52. *Day periods (2 words)
55. Vernacular
56. Part of church
57. Soap bubbles
59. Type of small salmon
60. Bound
61. Domingo, Pavarotti and Carreras, e.g.
62. Nicholas II of Russia, e.g.
63. Key next to spacebar
64. Where users review

DOWN

1. Fa follower
2. Between Ohio and Ontario
3. *Opposite of on land
4. Fluffy dessert
5. Hillsides in Scotland
6. Anti-seniors sentiment
7. *Opposite of awkward and clumsy
8. *Door instruction (2 words)
9. Fairy tale opener
10. Flat-bottomed boat
11. Bambino
13. Not like #26 Down
14. Popular breakfast item
19. MCAT and LSAT, e.g.
22. *Hers
23. *Switch positions (2 words)
24. Louisiana swamp
25. Glasses, for short
26. Three biblical sages
27. A logical connection (2 words)
28. Extract a memory, e.g.
29. Stitch again
32. R&R spots
33. Tolstoy's given name, in Russian
36. *Irwin Shaw's title opposites (2 words)
38. Checked out
40. Pimple fluid
41. Marked
44. Speak like Pericles
46. *Not airtight
48. Teacher's pet, e.g.
49. Balance sheet entry
50. *Cons
51. Muslim honorific
52. Facts
53. Donned
54. Nervous biter's victim
55. College assessment test, acr.
58. Janitor's tool

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Last next weeks Solutions

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HAPPY MOTHER'S DAY 2024

The phenomenon of Mother's Day goes well back to ancient Greek times, and really only in the past 100 years have we celebrated here in the United States (in Mexico it's celebrated on Thursday May 10th). I heard on a radio commercial "don't get mom a card this year, get her something she really wants." Okay, it didn't say, "get her a bottle of wine", but for the sake of this article let's get her a bottle of wine. Here are three wines that I have enjoyed with my mom.

For sparkling wine fans, I really like the Domaine Carneros - affordable and easily found in your local supermarket aisles. This wine is as close to real champagne that I ever



Brought to you by Longo Lexus

had!! Planning a backyard/Virtual BBQ for mom? This sparkler is perfect..

I see the billboards all over town, "come Stellabrate". Stella Rosa Prosecco is the perfect wine for the pre-meal toast. The wine is full of mousse (bubbles) and goes well with light appetizers such as cheese and crackers. I've lost count of how many Stella Rosa products are on the shelves, but they are all light on calories and alcohol content. The price point is about \$15 so you could afford two.

Last but not least, a chardonnay. Moms love chardonnay - they can put a little ice in the glass or drink at room temperature. The Pouilly Fuisse, Louis Jadot's white wine made with chardonnay grapes, is the pick here. It's from Burgundy, France, but not bad on the wallet, and has a crispness that makes it an exceptional wine. It retails for about \$25. There are white wines from the same region for a few dollars more, but hey - it's mom we are talking here. Don't be stingy! Whatever direction you take, have a great Mother's Day! All available at Pavilions in South Pasadena.

My mom just recently passed, but I will hoist this glass in her honor and for that matter to you as well. Next week I visit El Portal in Pasadena

THE TASTING ROOM

CHAMPAGNE SUBSTITUTE AT A FRACTION OF THE PRICE.

I'm Gustavo Lira, Tasting Room Manager and Wine Buyer at The Bottle Shop in Sierra Madre with another wine and spirits selection.

How many of you love to sip Champagne but find that the costs can add up rather quickly? There's an alternative to Champagne and it's called Cava. Cava is Spain's version of Champagne. It's made in the Méthode Traditionnelle - the same method that Champagne is made whereby the secondary fermentation takes place in the bottle which creates the bubbles. The Cava featured today is dry, delicious, and comes in under \$20.



The Naveran Brut Cava 2021 is from the Denominación de Origen (DO) Penedés region just outside Barcelona. This is a "Grower Cava" which means that the producer of the wine also owns and farms the grapes. The Naveran family has been producing Cava since 1901. The vineyards are certified organic and are planted at an elevation of over 800 feet allowing the grapes to retain more natural acidity. This leads to the wine being fresher and zestier. The estate grapes used in this Cava are unique Spanish grapes - Xarello, Macabeo, and Parellada. The wine is aged for at least 12 months.



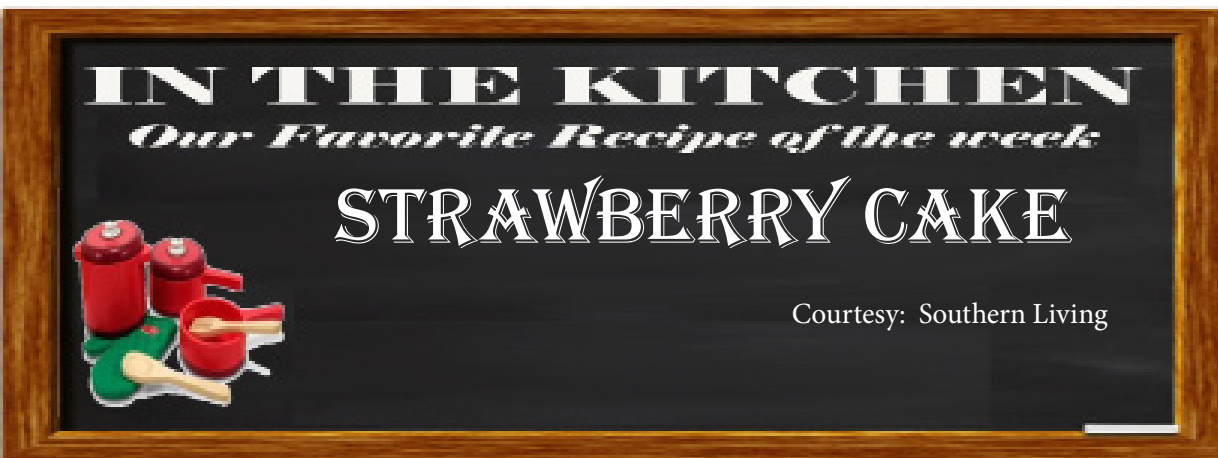
It hits all the boxes for me - Grower Cava, Estate grown, Certified Organic, Vegan, Family run, Small Production, and best of all it is friggin' delicious. You get notes of citrus, pear, green apple, and Meyer lemon. There's a subtle hint of spice along with mineral notes. The finish is smooth, vibrant, and zesty. There's no sweetness in this wine. Rather, it's a vivacious and dry wine with balanced acidity.

This Cava can be served before, during, and after a meal. It pairs well with fried foods (fried chicken, fried fish, potato chips, even corn dogs!), soft cheeses, fresh fruit, pork, chicken, and sushi.

So, if you have Champagne tastes but are on a beer budget, forget the Champagne and beer and get this excellent Cava. You can taste it with me Saturday night (April 27) at The Bottle Shop Tasting Room along with two other sparkling wines. The tasting starts at 5pm and costs \$20. Reservations are recommended, walk-ins welcome based upon availability. Scan the QRCode to reserve your spot.

This wine is available at The Bottle Shop for \$19.99. Mention you saw the wine in the Mountain Views News and get it for \$18.99

Until next time - Salud!



Courtesy: Southern Living

INGREDIENTS

2 cups trimmed fresh strawberries (from 1 qt. fresh strawberries), plus more for serving

Baking spray with flour

- 2 3/4 cups (about 11 3/4 oz.) all-purpose flour
- 2 1/2 tsp. baking powder
- 1 1/4 tsp. kosher salt, divided
- 1 2/3 cups granulated sugar
- 1 (3-oz.) pkg. strawberry flavored gelatin (such as Jell-O)
- 2 cups (1 lb.) unsalted butter, softened, divided
- 4 large eggs, at room temperature
- 3/4 tsp. vanilla extract, divided
- 1 cup whole milk, at room temperature
- 3 1/2 cups (about 13 oz.) powdered sugar, sifted (about 4 cups once sifted)



DIRECTIONS

Step 1 Make strawberry puree:
Place strawberries in a food processor or blender; process until smooth, about 30 seconds, stopping to scrape down sides of bowl as needed; set aside.

Step 2 Prepare oven and cake pans:
Preheat oven to 350°F with rack in center position. Coat 2 (9-inch) round cake pans with baking spray. Line bottoms with parchment paper, and lightly coat parchment with baking spray; set aside.

Step 3 Combine dry ingredients:
Whisk together Flour, baking powder, and 1 teaspoon of the salt in a medium bowl.

Step 4 Mix butter, sugar, and gelatin:
Beat granulated sugar, gelatin, and 1 cup of the butter in a stand mixer fitted with a paddle attachment on medium speed until light and fluffy, stopping to scrape down sides of bowl as needed, about 3 minutes.

Step 5 Add eggs and vanilla:
With mixer on low, beat in eggs, one at a time, beating well after each addition. Beat in 1/2 teaspoon of the vanilla until just combined.

Step 6 Finish cake batter:
Whisk together milk and 1/2 cup of the reserved strawberry puree in a 2-cup measuring cup. With mixer on low, alternately add flour mixture and milk mixture, beginning and ending with flour mixture, beating until just combined after each addition, about 2 minutes total.

Step 7 Add batter to pans:
Divide cake batter evenly among prepared pans, spreading batter into an even layer.

Step 8 Bake cake layers:
Bake in preheated oven until a wooden pick inserted in centers comes out clean, 25 to 28 minutes. Let cakes cool in pans 15 minutes. Remove cakes from pans, and discard parchment paper. Let cool completely on wire racks, about 1 hour.

Step 9 Make strawberry reduction:
Meanwhile, place remaining 3/4 cup strawberry puree in a small saucepan; bring to a simmer over medium, stirring occasionally. Reduce heat to medium-low; cook, stirring occasionally, until reduced to 1/4 cup, about 15 minutes. Remove from heat, and transfer to a small bowl; refrigerate, uncovered, until completely cooled, about 30 minutes.

Step 10 Cream butter for frosting:
Once cakes have cooled, beat together remaining 1 cup butter, 1/4 teaspoon salt, and 1/4 teaspoon vanilla in a stand mixer fitted with a paddle attachment on medium speed until smooth and fluffy, about 3 minutes.

Step 11 Add sugar and reduction to butter:
With mixer on low, alternately add powdered sugar and cooled strawberry reduction, beating until just combined after each addition. Increase speed to medium, and beat until fluffy, about 1 minute.

Step 12 Assemble cake:
Place 1 cooled cake layer on a serving plate or cake stand. Spread about 1 cup of the frosting in an even layer over top of cake layer.

Step 13 Garnish and serve:

Top with remaining cooled cake layer.

Spread remaining 2 cups frosting evenly over top and sides of cake; swoop or smooth as desired.

Garnish with additional fresh strawberries.

ALL THINGS By Jeff Brown

E. WALDO WARD & SON - A JAM FACTORY & STORE IN SIERRA MADRE

Back in 1891, a man named Edwin Waldo Ward Sr. moved to Sierra Madre with a dream. He first purchased 10 acres of land from the town's founder, Nathaniel Carter, and planted the land with Navel oranges. He acquired 20 more acres a few years later totaling 30 acres of land. At the time, he was a salesman for James P. Smith & Co., a New York importer of luxury foods. Ward became the company's western representative. He married in 1900 and built the beautiful home and the red barn at 273 E. Highland Avenue in 1902.

Ward certainly knew the fine-food business and made important contacts over the years. His dream was to make English style marmalade. An English friend was traveling to Spain and Ward gave him money to purchase two trees of the special variety of the orange tree that was needed. These trees arrived in America and became the grafting stock for a grove that numbered over 600 trees.

Those two trees thrive today. The Ward ranch is around 2.5 acres today. Ward's big dream was to produce his own marmalade. In 1915 he retired as a salesman and for 3 years experimented with marmalade making. By 1918, satisfied he had the recipe he was seeking, he began his preserving business.

The business thrived, and for years, when dining was a fine experience on trains crossing America, Ward's marmalade was the only one served on several trains. WWI also cut off food imports from overseas and Ward was ready to supply the market here. Many products have been added since then. Behind the home, is the Ward canning factory building.

Today, about 10 to 15 people are employed. Many are long-time employees. But the company will always remain small in order to preserve the high quality which is the Ward standard. Their products are made using the best ingredients and methods possible.

For example, they use only pure cane sugar, not corn syrup as in most jams. This gives the best flavor. They sell only the finest imported olive oil, from the first pressing of the olives. And their marmalades are still made directly from fresh citrus.

Carrying on this idea of the best today is Richard Ward, the third generation, and Jeff Ward, the fourth. Their products are also sold at Taylor's market. Ward's hours on Highland are Monday-Friday 8:30 to 4:30 & Saturday 10:00 to 3:00.

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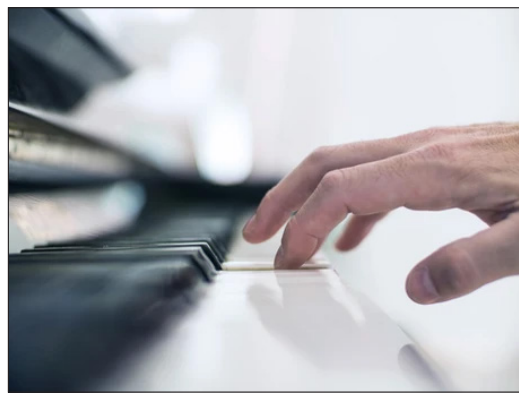
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Courtesy Safe Path For Seniors

MUSIC IS A MEMORY BOOSTER!

Researchers from Harvard-affiliated Beth Israel Deaconess Medical Center's music and neuro-imaging department discovered that singing lyrics can be especially beneficial to those recuperating from a stroke or brain injury that has affected the left-brain region responsible for speech production. Because singing ability starts in the unaffected right side of the brain, people can learn to verbalize their thoughts by singing them first and then progressively losing the melody. Former Representative Gabrielle Giffords used this procedure to improve her speaking skills sufficiently to appear before a Congressional committee two years after a gunshot trauma to her head impaired her capacity to communicate. Singing has also helped healthy adults acquire words and phrases more quickly.



Listening to and performing music reactivates brain areas responsible for memory, logic, speech, emotion, and reward. Two recent studies, one in the United States and the other in Japan, discovered that music not only helps us access stored memories, but also helps us create new ones. In all trials, healthy elderly persons performed better on memory and reasoning tests after participating in numerous weekly lessons that included moderate physical exercise and musical accompaniment.

To witness therapeutic music practices at work, go to the website of the Music Heals Minds, mhmla.org, and get involved. And if you are caring for—or care about—someone with mild cognitive impairment or dementia, I guarantee it will inspire you to see how much music helps.

Attached are two photos of our signature program Music to Remember in action. This program combines music, physical movement, and cognitive skill building.

Nandani Maria Sinha
Opera/Broadway/Session Singer
Executive Director | Music Heals Minds

Faculty | CSARTS & Citrus College
Teaching Artist | LA Opera Connects
AGMA
(818)-795-6200
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WAYS TO MAKE GARDENING EASIER AS YOU AGE

Dear Savvy Senior:

What gardening tips can you offer to older seniors? I love to putter around and work in the garden, but my back and knees have caused me to curtail my gardening activities, which I miss greatly. Older Gardner



Dear Older:

There's no doubt that gardening can be hard on an aging body. Joints stiffen up, kneeling for prolonged periods hurts, and bending and reaching can strain muscles. But that doesn't mean you have to give up your hobby. You just need to garden differently, add some special tools and know your limits. Here are some tips that may help you.

Limber Up

With gardening, good form is very important as well as not overdoing any one activity. A common problem is that gardeners often kneel or squat, putting extra pressure on their knees. Then, to spare their knees, they might stand and bend over for long stretches to weed, dig and plant, straining their back and spine.

To help protect your body, you need to warm up before beginning. Start by stretching, focusing on the legs and lower back. And keep changing positions and activities. Don't spend hours weeding a flowerbed. After 15 minutes of weeding, you should stand up, stretch, and switch to another activity like pruning the bushes or just take a break.

It's also important that you recognize your physical limitations and don't try to do too much all at once. And, when lifting heavier objects, remember to use your legs to preserve your back. You can do this by keeping the item close to your body and squatting to keep your back as vertical as possible.

Get Better Tools

The right gardening equipment can help too. Kneeling pads can protect knees, and garden seats or stools are both back and knee savers. Lightweight garden carts can make hauling bags of mulch, dirt, plants or other heavy objects much easier. And long-handled gardening and weeding tools can help ease the strain on the back by keeping you in a standing upright position versus bent over.

There are also ergonomic gardening and pruning tools with fatter handles and other design features that can make lawn and garden activities a little easier. Fiskars and Felco make a number of specialty tools that you can buy online or at local retail stores that sell lawn and garden supplies. Also check out Gardeners.com and RadiusGarden.com, two online stores that sell specialized gardening tools and equipment that are very helpful to older gardeners.

Make Watering Easier

The chore of carrying water or handling a heavy, awkward hose can also be difficult for older gardeners. Some helpful options include lightweight fabric or expandable hoses instead of heavy rubber hoses; soaker or drip hoses that can be snaked throughout the garden; thin coil hoses that can be used on the patio or small areas; a hose caddy and reel for easier hose transport around the yard; and a self-winding hose chest that puts the hose up automatically. There are also a variety of ergonomic watering wands that are lightweight, easy to grip, and reach those hard-to-get-to plants.

To find these types of watering aids check with your local lawn and garden supplies stores or visit Gardeners.com.

Bring the Garden to You

If your backyard garden has become too much to handle, you should consider elevated garden beds or container gardening – using big pots, window boxes, hanging baskets, barrels or tub planters. This is a much easier way to garden because it eliminates much of the bend and strain of gardening but still provides the pleasure of making things grow.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Fee includes BINGO games, lunch and prizes. Payment is due when reserving your spot.

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SENIOR HAPPENINGS

HAPPY BIRTHDAY! ...MAY BIRTHDAYS*



Beth Copti, Marilyn Diaz, Anne Schryver, Jo Ann Williams, Paul Hagan, Lenore Crilly Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Luciana Rosenzweig, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Janet Ten Eyck, Jane Thomas, Ray Burley, Bridget Flanagan, Donna Mathisen, Vicky Ryan,

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Chair Yoga

Every Monday and Wednesday
Hart Park House 10-10:45 am

Please join us for some gentle stretching, yoga, balance exercise and overall relaxation with Paul. Classes are ongoing and held in in the Hart Park House Senior Center.

Call 626-355-5278 for more information

Beginner
Every Tuesday
10:00am-11:00am

Intermediate
Every Friday
10:00am-11:00am

Bring your lei, flower skirt and your desire to dance! Join in on the fun in the Memorial Park Covered Pavilion on Thursday and the Hart Park House on Friday.

Call 626-355-5278 for more information.

Hula and Polynesian Dance

Senior Cinema Movies begin at 1:00pm

May 15 **The Proposal PG-13**
A pushy boss forces her young assistant to marry her in order to keep her visa status in the U.S. and avoid deportation to Canada

May 29 **Taken PG-13**
A retired CIA agent travels across Europe and relies on his old skills to save his estranged daughter, who has been kidnapped while on a trip to Paris.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

BACK IN THE SADDLE AGAIN

Finally, those five sick weeks of being are over, and my life is getting back to normal. Whatever normal is.

Five weeks is a long time to be sick, spend time in bed, and not know if it's morning or evening. There was a period when I was about ready to set up camp in the bathroom. That would've been a lot easier for me and less stressful.

But getting back to normal is a great delight. I'm unsure what I lost during those five weeks, but you can be sure I won't try to find out. What is behind me is behind me for good!

My first morning, I was in my office trying to figure out where I was and what project I was working on. Being at my desk behind my computer and working was a good feel-ing. I really didn't know how much I enjoyed it until it wasn't there anymore.

I guess being sick can have a positive as-pect. While I was sick, I wasn't able to do the work that I wanted to do. That's always a terrible place to be. But now that I'm over that, I'm sitting at my desk, looking around in my office, and looking at all the books I have on my shelves. Oh, it's a wonderful feeling. Have my books missed me as much as I missed them? But that's behind me; now, I need to press forward.

Another aspect of getting back in the saddle again are the meals that The Gracious Mistress of the Parsonage prepares. I'm not sure what she prepared while I was sick; I have very little recollection of what they were. At my first breakfast, I took a deep breath and realized how delicious my break-fasts actually were. I'm looking forward to lunch with a great deal of anticipation.

I was starting to get back into my production routine, which took me a little while. After a little time, I was back into my rou-tine. There is so much to do, and so much joy in doing it.

One afternoon I was sitting at my desk working on a project and a thought kept coming to mind. This thought just would not go away. I got up and got a cup of fresh coffee, hoping that would solve my little problem. I sat down at my desk and got back to work, and wouldn't you know it, that thought was still bouncing back and forth in my mind.

I had enough to do to occupy my entire mind for the day, but for some reason, this little thought kept working its way into whatever I was doing at the time.

Don't get me wrong, I enjoy thoughts that come to me whenever they come. I want something fresh and new to invade my mind. But this thought was a little bit of a rascal.

Finally, I had enough, so I sat back in my chair and focused on this thought: "Wouldn't an Apple Fritter be a nice reward for getting back in my saddle?"

I will never know where that thought came from, but instead of rejecting it, like I should've, I embraced it. All I could think of for the rest of the afternoon was that Apple Fritter. I couldn't remember the last time I had an Apple Fritter, but I believe when I did have one, I got into trouble. According to The Gracious Mistress of the Parsonage, Apple Fritters are not on my diet. According to her, I'm on a very strict diet.

I kept telling this thought, "You better not let The Gracious Mistress of the Parsonage hear what you're saying to me." I don't think that thought was listening to me; he was only listening to himself.

The idea of munching on a fresh, warm Apple Fritter was marinating in my mind. Nothing in the world can match that kind of deliciousness.

In a couple of hours, that thought bought me hook, line, and sinker. All I could think about was a fresh, warm Apple Fritter with a nice hot cup of coffee. That picture just glowed in my mind as I thought about it.

My problem was, how do I get an Apple Fritter? I'm sure The Gracious Mistress of the Parsonage would not be part of this kind of thing. She would rather I had a stalk of broccoli (yuck) than a nice Apple Fritter. The more I thought about this Apple Fritter, the more I yearned for it. After all, I spent almost five weeks with some kind of sickness, I should have something to reward me for getting through it all.

My project is, how do I present this to The Gracious Mistress of the Parsonage? How do I present it in such a way that she will bite into it and let me have an Apple Fritter? I hope this thought has friends who can help me think through this project. That afternoon a Bible verse came to mind.

Philippians 4:8, "Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatso-ever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things."

Some thoughts just aren't worth the time or energy. I need to control my thinking and think thoughts worthy of God.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

TOM PURCELL



My mother would have been considered eccentric had she been financially wealthy.

She would do almost anything — and wear almost any silly costume — to bring joy into the lives of others, much to the embarrassment of her six children.

But she is wealthy in the ways that really matter, and her greatest wealth is teaching the art of laughter.

She knew the benefits of laughter long before scientific studies confirmed them. When she wasn't laughing herself, she was teaching us how to.

Most nights after dinner we sat around the table relating stories about what one of us had done and laughing aloud.

While many parents in the neighborhood went to social events Saturday nights, my mother preferred to stay home.

We'd make banana splits and watch the Carol Burnett show, and as Tim Conway's old-man routine caused me to laugh so hard I'd fall off the couch, she'd sit there watching me, delighted to see me learn her craft so well.

She collected friends who were even livelier than she. One lady, Marty, had five children of her own. Both had been housewives their entire adult lives — both wanted to try their hand at writing.

In the 1970s, my mother began getting published in newspapers and magazines — Erma Bombeck humor, mocking the life of the housewife.

She and Marty wrote a play, "Betty's Attic," and it was performed by a local theater company.

They sold jokes to comedian Phyllis Diller. They were thrilled to see Diller perform their jokes at a live show — delighted to see the laughter their jokes provoked.

The writing gigs never produced much money, though, so my mother concocted a plan to generate extra cash. Did she get a part-time job at a bank or a department store, as normal moms in our neighborhood did?

No, she had



"INSTEAD OF JUST ONE DAY, DON'T YOU THINK MOMS SHOULD GET THE ENTIRE MONTH OF MAY? HAPPY MOTHER'S MONTH, MOM!"

another idea that embarrassed her children considerably: dress up like Miss Piggy, Big Bird, Raggedy Ann and Clown Clara and stage children's parties for parents eager to pay her.

It was easy for her to bring instant order to a room of 40 kids or more. She still has an amazing way with children.

She was soon staging three parties every Saturday and, to avoid costume changes, staged all of them as Clown Clara.

As fate would have it, though — I'm not making this up — a thief in the area had been robbing banks dressed as a clown.

Well, while pulling into the driveway at the home of one of her gigs, a police car came roaring in behind her. A cop jumped out and began barking orders at

her. He thought she was the bank robber!

It took some time to clear up the confusion — at one point the cop thought my mother was in cahoots with the guy who hired her to stage his kid's party — but when everyone finally figured out what was going on, she had but one response: a giant burst of laughter.

All of those incidents happened 40 years ago or more. My mom kept doing parties throughout her 60s.

In her 70s, she penned a half dozen lively children's books, which are still available on Amazon.com.

Now in her 80s, she is sharing incredible treasures with her grandchildren and great grandchildren to ensure that they, too, master the art of laughter.

Happy Mother's Day, mom!

A Word From The Editor;

Mother's Day is one of the most important celebrations of the year in my book. And as mentioned above, it would be wonderful if we celebrated our Mom's every day of the year. If you're reading this, it's probably because of the love, time and energy invested in you by your Mother, or a Surrogate Mom that God placed in your life. So please remember to take a little time and let her know how much you appreciate and love her.

I just wanted to take a moment to share the top 10 reasons why I loved my Mom so much. And, honestly, I didn't even realize most of these reasons until after I was grown, had children of my own and been through a few trials of life.

- No. 1 She was always there for me, even when I didn't have sense enough to realize it.
- No. 2 She taught me how to love unconditionally as I realize that living with us - my Dad, my brothers, my sister and I was no picnic and yet she put us first in her life regardless!
- No. 3 She taught me how to love others, even when they don't treat you so well. She taught me how to forgive.
- No. 4 She taught me how to be a Mom and Grandmother. By the way, I forgive you for spoiling my kids!
- No. 5 She taught me how to love learning and value education.
- No. 6 She taught me how to reach for the sky and that road blocks in your way were only temporary.
- No. 7 She taught my how to cultivate my God given talents and she persevered the consequences when I came home with a violin!
- No. 8 She was my biggest cheerleader. Or at least No. 2 - Daddy may have beat her out on that one.



- No. 9 She taught me how to be a lady and how to never let anyone take advantage of that. (She also taught me when to take the gloves off!)
 - No. 10 She taught me how to Cook and Sew so I'd never be hungry and always dressed appropriately.
- And that is the short list.

So to my mom, Grace Lorraine (and yes, my company was named after her), even though you are no longer with us, I want to wish you a Happy Mother's Day Above, left to right, me (Susan Henderson) Mom - (the short one) and my sister Grace. HAPPY MOTHER'S DAY TO ALL!

STUART TOLCHIN



A DISTURBING QUESTION

Yesterday I made a terrible mistake. Nine o'clock was the time of my long-awaited appointment with my primary physician. I had taken a CT contrast test after which I was directed to give multiple blood samples which would then be subject to tests. Weeks ago, I had been informed that I suffered from cirrhosis of the liver which was connected to many of the problems I was experiencing. There was a period within the last couple of months or so when I was completely dysfunctional.

For days I did not get out of bed and after that I realized that I had lost my appetite in addition to most of my senses. I could not taste or smell anything and I was very tired and kept falling asleep during the day. Additionally in the mornings I had severe bronchial problems and had great difficulty with my short-term memory and kept misplacing and losing things.

Yes I was a mess; but these conditions did not prevent me from creating and submitting my weekly articles which sometimes described my condition. After submitting the articles to my editor for publication I personally forward the article to about twenty or so long-time friends and relatives. One friend texted me that he was having the same kind of problems. Eventually he went to the doctor and learned that he had been suffering from undiagnosed Covid and pneumonia. As most of my symptoms went away — symptoms which I had believed were connected to my non-alcoholic fatty liver diagnosis I came to believe that I too had suffered from undiagnosed conditions which had now run their course.

Actually, as of yesterday, I was feeling pretty good. My appetite was back, and I enjoyed the return of my ability to taste and smell. I am still genuinely concerned about my memory loss and discussed this with the doctor. Some of the memory loss

PUT THE LIGHTS ON

and the concurrent kind of mental fog that plagues me might well be associated with the liver condition, but the doctor told me to just follow a healthy diet and walk regularly and scheduled new tests for months away. Hooray I thought I was relieved and happy but then I made a crucial mistake.

Already I was scheduled for a video visit with a nutritionist that afternoon and thought what is there to lose if I keep the appointment. Happily, I told the nutritionist that I was feeling pretty good, but she emphasized that I should absolutely follow an extremely strict diet. No more sodas sweetened or not; no more juices; no more meat except for occasional fish. No more milk, only egg white omelettes, and be very aware of salts, sugar, and fats. Of course, no cheese, my special favorite foods which I treat as a delicacy. The very worst thing for me though was — no more restaurants.

The nutritionist explained that almost all food served in restaurants is highly salted with lots of sugar and fat content. She also explained that this consumption of processed food is a major cause of the health problems Americans suffer. Look, I love going to restaurants. It allows me to feel privileged to have the servers bring me food and I love kidding around with them. Already most of us are aware that eating processed food, salty and sweet, delicious stuff that it is, is not healthy for us. How much do we care? My primary doctor, at a previous meeting, responding to my statement that I was stressed because I thought I was dying had told me not to worry about it — "everyone dies." That didn't help much.

I know that I will unhappily try to follow the nutritionist's advice and probably fail.

Frankly, I don't wish to fail. I want to live forever, or at least as long as I can but I want to do that happily and that's tough to do without restaurants and cheese.

Would it be better not to think or even know about it? A question for privileged Americans like us.

RICH JOHNSON NOW THAT'S RICH HUMOROUSNESS ON A HUMORLESS DAY



Thinking can be tough. Particularly when you are under the weather. As I

attempt to put a column together this morning, I must admit I'm under the weather. I must have gone to the lost and found, and found a cold.

Before I proceed with some semblance of a column, I wondered where the expression "under the weather" came from? What does it really mean?

My probative skills uncovered this profound explanation: Of course, it means unwell or feeling worse than usual. "Under the weather" is a nautical term from the days of the old sailing ships. Any sailor who was feeling ill would be sent below deck to protect him (or, in the very rare occasion, her) from the weather. Therefore, being below deck, the sailor would literally be under the weather.

However, my eternal quest drives me to provide, you, the reader, with at least a slightly interesting, jocular and witty (or half witty) column. Fortunately, and possibly through divine intervention, I stumbled upon a email from a good friend, Dick Dahring. (It is possible Dick may be in the witness protection program), so let's mask his true identity and refer to him as Richard Dahring.

Dick, err, Richard stumbled upon a cornucopia of entertaining rhetoric and was kind enough to forward this treasure chest of humorously in my direction... approximately 4-5 years ago. Dick, your timing was excellent. Let's jump in:

Some people are like clouds, once they disappear it's a beautiful day!

My doctor asked if anyone in my family suffered from mental illness. I said, "No, we all seem to enjoy it."

I thought the dryer made my clothes shrink. Turns out it was the

refrigerator.

My bucket list: Keep breathing.

Camping: Where you spend a small fortune to live like a homeless person.

Just once, I want a username and password prompt to say, "close enough."

Being an adult is the dumbest thing I have ever done.

I'm a multitasker. I can listen, ignore, and forget all at the same time!

Retirement to do list: Wake up. Nailed it!

I won't say I'm worn out, but I don't get near the curb on trash day.

When you can't find the sunshine ... be the sunshine.

I don't have grey hair. I have wisdom highlights.

Sometimes it takes me all day to get nothing done.

I don't trip, I do random gravity checks.

My heart says chocolate and wine, but my jeans say, please, please, please, eat a salad!

Hold on while I overthink this.

Losing weight doesn't seem to be working for me, so for now I'm going to concentrate on getting taller.

Day 12 without chocolate ... lost hearing in my left eye.

Some people you're glad to see coming; some people you're glad to see going.

Common sense is not a gift. It's a punishment because you have to deal with everyone who doesn't have it.

PLEASE KEEP YOUR DISTANCE. Nothing to do with the virus. I'm just a grouch.

I came. I saw. I forgot what I was doing. Retraced my steps. Got lost on the way back. Now I have no idea what's going on.

And again, not really knowing what's going on... thank you dear friend Dick, err Richard Dahring.



FAST WALKING VS. SLOW RUNNING



Michele Silence, M.A. is a 37-year certified fitness professional who offers semi-private/virtual fitness classes. Contact Michele at michele@kid-fit.com. Visit her Facebook page at: [michelesfitness](https://www.facebook.com/michelesfitness) Visit her Facebook page at: [michelesfitness](https://www.facebook.com/michelesfitness).

Have you ever seen someone walking fast and thought maybe they'd be better off running? Or looked at a slow runner thinking why not just walk? Both walking and running are forms of aerobic exercise that provide numerous physiological and fitness benefits, but they differ in intensity and biomechanics, which can impact the body differently. If you have often wondered which one would be best for you, it all depends on what benefits you're looking for. Here are some considerations.

Running slow generally requires a higher intensity level compared to walking fast. Running involves a flight phase where both feet are off the ground, which increases the intensity of the exercise. Walking fast, on the other hand, typically keeps at least one foot on the ground at all times, making it less intense.

Both walking and running contribute to better cardiovascular health by increasing your heart rate and enhancing blood circulation throughout your body. However, running slow tends to provide slightly greater cardiovascular benefits. This is because running at a slower pace requires more energy production compared to walking fast. As a result, your heart rate increases more significantly, and your body consumes more oxygen during running. This elevated demand for energy and oxygen leads to a more intense cardiovascular workout, ultimately contributing to improved heart health.

Strength and endurance gains differ too. Slow running, despite its seemingly relaxed tempo, triggers a cascade of muscular activation, particularly targeting the lower body. Muscles encompassing the calves, quadriceps, hamstrings, and glutes are called into action to sustain the rhythmic motion of running. This heightened recruitment of muscles during running contrasts with the comparatively lesser engagement experienced during fast walking. As your muscles get used to the regular strain of running, they grow bigger and stronger, making them better at handling tough workouts and lasting longer. On the other hand, even though fast walking is good for your heart, it doesn't make your muscles as strong or enduring as slow running does.

What about burning calories? Running slow typically burns more calories per minute compared to walking fast, mainly due to the higher intensity. However, both activities can

contribute to weight management and calorie expenditure when done regularly.

If you're concerned with your joints, running, even at a slow pace, subjects the body to greater impact forces compared to walking. This increased impact can put more stress on the joints, particularly the knees and ankles. Walking fast, with its lower impact, may be more suitable for anyone with joint issues or those looking for a lower-impact form of exercise. Both walking and running are weight-bearing exercises, which help improve bone density and reduce the risk of osteoporosis. Both are great weightbearing activities which can reduce the risk of osteoporosis but running can offer slightly greater benefits.

Running slow can be a steppingstone to faster running speeds and higher-intensity workouts, making it a valuable tool for improving overall fitness and performance. Walking fast can also contribute to fitness improvements, especially for beginners or those transitioning from a sedentary lifestyle to a more active one.

Both walking fast and running slow offer mental health benefits such as stress reduction, improved mood, and increased cognitive function. Some people may find running to be more mentally stimulating or meditative due to its rhythmic nature and higher intensity, while others may prefer the more leisurely pace of walking for relaxation and stress relief. Walking can be a more social activity, as it allows for easier conversation and interaction with others compared to running, which may require more focus and concentration, especially at higher speeds. Walking groups or partners can provide motivation and accountability, enhancing the overall experience.

When concerned about safety, running may pose a greater risk of injury because of the higher impact involved. Running ailments include shin splints, runner's knee, and stress fractures. Walking fast, with its lower impact, generally carries a lower risk of injury but can still lead to overuse problems if done excessively or with poor form. For those with limited time, running allows you to cover more ground in less time compared to walking. It might be the smarter pick if you're aiming for the quickest route to boost heart health and burn the most calories.

You can walk or run almost anywhere, so accessibility isn't really a big difference. But when it comes to staying safe, having good-quality running shoes is key. They can be quite costly and it's important to replace them regularly to make sure your feet land correctly to avoid injuries.

So what's the best choice for overall fitness? Ultimately, the one that motivates you to do it daily.

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SIERRA MADRE FIREFIGHTERS ASSOCIATION, SIERRA MADRE FIRE DEPARTMENT, AND PASADENA-SIERRA MADRE YMCA PARTNER ON SAFETY AROUND WATER SWIM LESSONS PROGRAM FOR AREA YOUTH

Program Begins Monday, May 13 at the Y in Sierra Vista Park

SIERRA MADRE, CA, Thursday, May 9, 2024 — 24 youth, ages 3-9 will begin a 6-session program focused on helping them become more water safe, while also encouraging a passion for the lifelong benefits of swimming. Starting on Monday, May 13 through Friday, May 24, 2024, the participants and their families will not only be exposed to being safe in the water, but learn about the best ways for everyone to stay water safe, while also being shown life saving skills such as CPR.

"Supported through the generosity of a Sierra Madre Firefighters' Association grant, this program is a great way to be able to positively impact the lives of children and their families," said Michael Kefalas, President of the Sierra Madre Firefighters' Association. "Our Board is fully supportive of this program and working alongside the Fire Department and Y, two community agencies that have first-hand experience of working with youth. Incorporating water safety alongside learning CPR is a great opportunity to educate and train children. We look forward to working together now, as well as in the future."

Karen Bustillos, EMS Director for the Sierra Madre Fire Department shared her views on the partnership. "We are looking forward to this program, as well as Friday, May 24 when we are on site at the Y to demonstrate Sidewalk CPR, and interact with the participants and their families.

We know how important water safety is and how it can impact individuals and families. Providing instruction, packets and handouts is important so that everyone can help keep others safe, especially as begin the busy Summer months when everyone is around water."

"We share the goal of positively changing the lives of those in our community, especially our youth," stated Kurt Knop, Executive Director of the Pasadena-Sierra Madre YMCA. "We are excited about this partnership and program and fully believe that this is one more way that we can demonstrate our belief in the importance of the Y's focus on Youth Development, Healthy Living and Social Responsibility. We hope that this Safety Around Water Swim Lesson program is the first of many."

For more information about this program or to learn about age group swim lessons, please go online at www.yמצa.org and search for swim lessons or you can call (626) 355-5261.

PASADENA SIERRA MADRE YMCA

BE WATER READY

SAFETY AROUND WATER AT THE Y

From oceans to lakes to streams to swimming pools, water is everywhere; 71% of the Earth's surface is covered in it! And while water can be an irresistible place for kids to explore, play and enjoy splashy fun, it can be risky for those who haven't yet developed their water smarts.

Did You Know?

- 9 in 10 parents see swimming as an essential life skill, yet 24% have low confidence in their kids' ability to stay safe around water.
- Parents and guardians have a critical role to play in teaching their kids water safety skills - but they don't have to do it alone! With more than 110 years' experience equipping people with the skills they need to stay safe in and around water, the Y is America's most trusted swim instructor. Each year, the Y teaches more than one million kids life-saving swimming and safety around water skills.

WHAT IS THE Y's SAFETY AROUND WATER PROGRAM?

Safety Around Water is designed to teach kids water safety skills that help reduce the risk of drowning and build their skills and confidence in and around water. A typical session includes:

- Exercises to help kids adjust to being in the water
- Instruction in two skill sets kids can use if they unexpectedly find themselves in the water: Jump, Push, Turn, Grab and Swim, Float, Swim.
- Safety topics like what to do if you see someone in the water who needs help.
- Fun activities that reinforce skills.

SIGN UP TODAY

May 13th- 24th
Mon, Wed, Fri
PASswim@ymca.org

City of Sierra Madre

PUBLIC MEETING NOTICE

From: The City of Sierra Madre
 Subject: Public Meeting: Notice of Violations of the Sports Field Access and Use Memorandum of Understanding

Notice is hereby given that on May 20, 2024, at 5:30 PM, or soon thereafter, the Sierra Madre Community Services Commission will conduct a public meeting to discuss violations to the Sports Field Access and Use Memorandum of Understanding (MOU) issued to Sierra Madre Pony League on March 26, 2024.

DATE AND TIME OF MEETING:
 Sierra Madre Community Services Commission meeting: Monday, May 20, 2024 (meeting begins at 5:30 p.m.)
 All interested persons may attend this meeting and the Commission will hear them with respect thereto.

PLACE OF MEETING:
 This meeting will be conducted at City Council Chambers, located at 232 W. Sierra Madre Blvd., Sierra Madre, California.

CODE OF CONDUCT:
 The purpose of a City Commission meeting is to conduct City business. Members of the public that behave in a manner that interrupts or obstructs the Commission's ability to conduct City business may be asked to leave the meeting. Any and all demonstrations which disrupt, interrupt, or obstruct the Commission's ability to conduct City business are prohibited. No signs, posters or other large objects shall be brought into the Council Chambers if doing so would disrupt, disturb or otherwise impede the orderly course of the meeting.

OPPORTUNITY FOR PUBLIC TO PROVIDE COMMENT:
 The Brown Act provides the public with an opportunity to make public comments at any public meeting. Comments addressed to the Commission shall occur during the appropriate time on the agenda and should not be construed as an opportunity for dialogue. Each speaker will be limited to three continuous minutes, which may not be delegated or deferred.

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SOUR GRAPES

by Tim Jones



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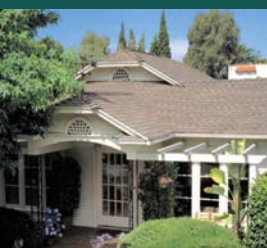


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